



Saturday, April 23, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam

Kingston, Jamaica

Tula Rasi: 23.04 Tihti 17

271621369

Gulika 5:44AM - 7:19AM
Yama 1:39PM - 3:15PM
Rahu 8:54AM - 10:29AM

Vishakha Until 2:35AM Sun
Siddhi Until 7:08AM
Taitila Until 4:02PM
Dvitiya Until 5:06AM Sun

Ganesha: Purple Sunrise: 5:44AM
Muruga: White Sunset: 6:25PM
Nataraja: Clear
Moon - Orange
Chaitra•Chaitra

Sutra 6
Durmukha 5118
Moon 4 - Phase 2
1st Phase

Creative Work Siddha Yoga
Until 2:35AM Sun
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

1

Sunday, April 24, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Kingston, Jamaica

Vrischika Rasi: 5.02 Tihti 18

271621369

Gulika 3:15PM - 4:50PM
Yama 12:04PM - 1:39PM
Rahu 4:50PM - 6:25PM

Anuradha Until 5:08AM Mon
Vyatipata* Until 7:53AM
Vanija Until 6:08PM
Tritiya Until 7:04AM Mon

Ganesha: Purple Sunrise: 5:43AM
Muruga: White Sunset: 6:25PM
Nataraja: Purple
Moon - Orange
Chaitra•Chaitra

Sutra 7
Durmukha 5118
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 5:08AM Mon
Then Creative Work - Siddha Yoga

Bhuloka Day

2

Monday, April 25, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam

Kingston, Jamaica

Vrischika Rasi: 17.05 Tihti 18 - 19

271621369

Gulika 1:39PM - 3:15PM
Yama 10:28AM - 12:04PM
Rahu 7:18AM - 8:53AM

Jyeshtha* Until 7:12AM Tue
Variyan Until 8:23AM
Bava Until 7:57PM
Tritiya Until 7:04AM

Ganesha: Purple Sunrise: 5:42AM
Muruga: White Sunset: 6:25PM
Nataraja: Purple
Moon - Orange
Chaitra•Chaitra

Sutra 8
Durmukha 5118
Moon 4 - Phase 2
1st Phase

Family Home Evening
Creative Work Siddha Yoga
Until 7:12AM Tue
Then Creative Work - Amrita Yoga

Bhuloka Day

3

Tuesday, April 26, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam

Kingston, Jamaica

Vrischika Rasi: 29.17 Tihti 19 - 20

271621369

Gulika 12:04PM - 1:39PM
Yama 8:53AM - 10:28AM
Rahu 3:15PM - 4:50PM

Jyeshtha* Until 7:12AM
Parigha* Until 8:39AM
Kaulava Until 9:23PM
Chaturthi* Until 8:42AM

Ganesha: Purple Sunrise: 5:42AM
Muruga: White Sunset: 6:26PM
Nataraja: Purple
Moon - Orange
Chaitra•Chaitra

Sutra 9
Durmukha 5118
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 7:12AM
Then Creative Work - Amrita Yoga

Bhuloka Day

4

Wednesday, April 27, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam

Kingston, Jamaica

Dhanus Rasi: 11.39 Tihti 20 - 21

281621369

Gulika 10:28AM - 12:04PM
Yama 7:17AM - 8:52AM
Rahu 12:04PM - 1:39PM

Mula* Until 9:13AM
Shiva Until 8:38AM
Gara Until 10:22PM
Panchami Until 9:55AM

Ganesha: Clear Sunrise: 5:41AM
Muruga: White Sunset: 6:26PM
Nataraja: Purple
Moon - Light Blue
Chaitra•Chaitra

Sutra 10
Durmukha 5118
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 9:13AM
Then Creative Work - Amrita Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

5

Thursday, April 28, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam

Kingston, Jamaica

Dhanus Rasi: 24.14 Tihti 21 - 22

281621369

Gulika 8:52AM - 10:28AM
Yama 5:40AM - 7:16AM
Rahu 1:39PM - 3:15PM

Purvashadha* Until 10:34AM
Siddha Until 8:11AM
Visti Until 10:48PM
Shashthi* Until 10:39AM

Ganesha: Clear Sunrise: 5:40AM
Muruga: White Sunset: 6:26PM
Nataraja: Purple
Moon - Light Blue
Chaitra•Chaitra

Sutra 11
Durmukha 5118
Moon 4 - Phase 2
1st Phase

Creative Work Siddha Yoga
Until 10:34AM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

6

Friday, April 29, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam

Kingston, Jamaica

Makara Rasi: 7.05 Tihti 22 - 23

281621369

Gulika 7:16AM - 8:52AM
Yama 3:15PM - 4:51PM
Rahu 10:27AM - 12:03PM

Uttarashadha Until 11:12AM
Sadhya Until 7:18AM
Balava Until 10:36PM
Saptami Until 10:46AM

Ganesha: Clear Sunrise: 5:40AM
Muruga: White Sunset: 6:27PM
Nataraja: Purple
Moon - Light Blue
Chaitra•Chaitra

Sutra 12
Durmukha 5118
Moon 4 - Phase 2
Ashtami

Routine Work Marana Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Saturday, April 30, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam

Kingston, Jamaica

Makara Rasi: 20.16 Tihti 23 - 24

291621369

Gulika 5:39AM - 7:15AM
Yama 1:39PM - 3:15PM
Rahu 8:51AM - 10:27AM

Shravana Until 11:29AM
Sukla Until 3:56AM Sun
Taitila Until 9:42PM
Ashtami* Until 10:13AM

Ganesha: White Sunrise: 5:39AM
Muruga: White Sunset: 6:27PM
Nataraja: Purple
Moon - Purple
Chaitra•Chaitra

Sutra 13
Durmukha 5118
Moon 4 - Phase 2
Navami

Creative Work Siddha Yoga

Bhuloka Day

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1 Sunday, May 1, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Kingston, Jamaica Sun 8 Sutra 14
Kumbha Rasi: 3.5	Tithi 24 – 25	Gulika 3:15PM – 4:51PM	Dhanishtha Until 10:54AM	Ganesha: White <i>Sunrise:</i> 5:39AM		Durmukha 5118
		Yama 12:03PM – 1:39PM	Brahma Until 1:24AM Mon	Muruga: White <i>Sunset:</i> 6:27PM		Moon 4 - Phase 3
		291621369 Rahu 4:51PM – 6:27PM	Vanija Until 8:05PM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Navami* Until 8:58AM	Moon – Purple		Bhuloka Day
Until 10:54AM				Chaitra•Chaitra		
Then Creative Work - Siddha Yoga						

2 Monday, May 2, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra Yoga Visti*/Balava Karana Dashami/Ekodashyam Titau				Kingston, Jamaica Sun 9 Sutra 15
Kumbha Rasi: 17.49	Tithi 25 – 26	Gulika 1:39PM – 3:15PM	Shatabhishak Until 9:30AM	Ganesha: Yellow <i>Sunrise:</i> 5:38AM		Durmukha 5118
Family Home Evening		Yama 10:27AM – 12:03PM	Indra Until 10:22PM	Muruga: White <i>Sunset:</i> 6:28PM		Moon 4 - Phase 3
		292621369 Rahu 7:14AM – 8:51AM	Balava Until 4:27AM Tue	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Balava Until 4:27AM Tue	Moon – Purple		Bhuloka Day
Until 9:30AM			Dashami Until 7:01AM	Chaitra•Chaitra		Devaloka Time: 9:AM to12:PM
Then Routine Work - Marana Yoga						

3 Tuesday, May 3, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada* Nakshatra Vaidhriti* Yoga Kaulava/Tailila Karana Dvadashyam Titau				Kingston, Jamaica Sun 10 Sutra 16
Meena Rasi: 2.14	Tithi 27	Gulika 12:03PM – 1:39PM	Purvaproshtapada* Until 7:47AM	Ganesha: Yellow <i>Sunrise:</i> 5:38AM		Durmukha 5118
		Yama 8:50AM – 10:27AM	Vaidhriti* Until 6:50PM	Muruga: White <i>Sunset:</i> 6:28PM		Moon 4 - Phase 3
		212621369 Rahu 3:15PM – 4:52PM	Kaulava Until 2:59PM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 1:22AM Wed	Moon – Clear		Bhuloka Day
Until 7:47AM				Chaitra•Chaitra		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga						

4 Wednesday, May 4, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Trayodashyam Titau				Kingston, Jamaica Sun 11 Sutra 17
Meena Rasi: 17.01	Tithi 28	Gulika 10:26AM – 12:03PM	Revati Until 2:34AM Thu	Ganesha: Yellow <i>Sunrise:</i> 5:37AM		Durmukha 5118
		Yama 7:14AM – 8:50AM	Vishkambha* Until 2:59PM	Muruga: White <i>Sunset:</i> 6:28PM		Moon 4 - Phase 3
		212621369 Rahu 12:03PM – 1:39PM	Gara Until 11:41AM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 9:54PM	Moon – Clear		Bhuloka Day
Until 2:34AM Thu			<i>Pradosha Vrata (Fasting)</i>	Chaitra•Chaitra		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga						

5 Thursday, May 5, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kingston, Jamaica Sun 12 Sutra 18
Mesha Rasi: 2.04	Tithi 29	Gulika 8:50AM – 10:26AM	Ashvini Until 11:48PM	Ganesha: Red <i>Sunrise:</i> 5:37AM		Durmukha 5118
		Yama 5:37AM – 7:13AM	Priti Until 10:54AM	Muruga: White <i>Sunset:</i> 6:29PM		Moon 4 - Phase 3
		222621369 Rahu 1:39PM – 3:16PM	Visti Until 8:06AM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 6:13PM	Moon – White		Bhuloka Day
Until 11:48PM				Chaitra•Chaitra		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

Friday, May 6, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kingston, Jamaica Sun 13 Sutra 19
Retreat Star		Gulika 7:13AM – 8:49AM	Bharani Until 8:52PM	Ganesha: Red <i>Sunrise:</i> 5:36AM		Durmukha 5118
Mesha Rasi: 17.15	Tithi 30 – 1	Yama 3:16PM – 4:52PM	Ayushman Until 6:41AM	Muruga: White <i>Sunset:</i> 6:29PM		Moon 4 - Phase 3
		222621369 Rahu 10:26AM – 12:03PM	Kintughna Until 12:37AM Sat	Nataraja: Purple		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 2:27PM	Moon – White		Bhuloka Day
				Chaitra•Chaitra		Devaloka Time: 9:AM to12:PM

Saturday, May 7, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kingston, Jamaica Sun 14 Sutra 20
Retreat Star		Gulika 5:36AM – 7:13AM	Krittika Until 5:57PM	Ganesha: Red <i>Sunrise:</i> 5:36AM		Durmukha 5118
Vrishabha Rasi: 2.25	Tithi 1 – 2	Yama 1:39PM – 3:16PM	Sobhana Until 10:32PM	Muruga: White <i>Sunset:</i> 6:29PM		Moon 4 - Phase 3
		222621369 Rahu 8:49AM – 10:26AM	Balava Until 9:04PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga		Prathama* Until 10:47AM	Moon – White		Bhuloka Day
				Vaisaka•Chaitra		Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1 Sunday, May 8, 2016

Wrishabha Rasi: 17.23 Tithi 2 - 3
 Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Rohini/Mrigashira Nakshatra Athiganda* Yoga Kaulava/Gara Karana Dvitiya/Tritiyam Titau
Gulika 3:16PM - 4:53PM
Yama 12:02PM - 1:39PM
Rahu 4:53PM - 6:30PM
 Mother's Day

Rohini Until 3:38PM
 Athiganda* Until 6:49PM
 Gara Until 4:26AM Mon
 Dvitiya Until 7:24AM

Sukla Pakshe Bhanu Vasara Yuktayam
Ganesh: Yellow *Sunrise:* 5:35AM
Muruga: White *Sunset:* 6:30PM
Nataraja: Purple
 Moon - Yellow
Vaisaka-Chaitra

Kingston, Jamaica
 Sun 15 Sutra 21
 Durmukha 5118
 Moon 4 - Phase 4
 3rd Phase
Bhuloka Day
 Devaloka Time: 9:AM to 12:PM

2 Monday, May 9, 2016

Mithuna Rasi: 2.02 Tithi 4
Family Home Evening
 Creative Work Amrita Yoga
 Until 1:41PM
 Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau
Gulika 1:39PM - 3:16PM
Yama 10:26AM - 12:02PM
Rahu 7:12AM - 8:49AM

Mrigashira Until 1:41PM
 Sukarma Until 3:33PM
 Vanija Until 3:11PM
 Chaturthi* Until 2:04AM Tue

Indu Vasara Yuktayam
Ganesh: Yellow *Sunrise:* 5:35AM
Muruga: White *Sunset:* 6:30PM
Nataraja: Purple
 Moon - Yellow
Vaisaka-Chaitra

Kingston, Jamaica
 Sun 16 Sutra 22
 Durmukha 5118
 Moon 4 - Phase 4
 3rd Phase
Bhuloka Day
 Devaloka Time: 9:AM to 12:PM

3 Tuesday, May 10, 2016

Mithuna Rasi: 16.16 Tithi 5
 Routine Work Marana Yoga
 Until 12:15PM
 Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau
Gulika 12:02PM - 1:39PM
Yama 8:48AM - 10:25AM
Rahu 3:16PM - 4:53PM

Ardra Until 12:15PM
 Dhriti Until 12:51PM
 Bava Until 1:10PM
 Panchami Until 12:26AM Wed

Mangala Vasara Yuktayam
Ganesh: Yellow *Sunrise:* 5:35AM
Muruga: White *Sunset:* 6:30PM
Nataraja: Purple
 Moon - Yellow
Vaisaka-Chaitra

Kingston, Jamaica
 Sun 17 Sutra 23
 Durmukha 5118
 Moon 4 - Phase 4
 3rd Phase
Bhuloka Day
 Devaloka Time: 9:AM to 12:PM

4 Wednesday, May 11, 2016

Kataka Rasi: 0.01 Tithi 6
 Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau
Gulika 10:25AM - 12:02PM
Yama 7:11AM - 8:48AM
Rahu 12:02PM - 1:39PM

Punarvasu Until 11:54AM
 Shula* Until 10:46AM
 Kaulava Until 11:56AM
 Shashthi* Until 11:37PM

Budha Vasara Yuktayam
Ganesh: White *Sunrise:* 5:34AM
Muruga: White *Sunset:* 6:31PM
Nataraja: Purple
 Moon - Blue
Vaisaka-Chaitra

Kingston, Jamaica
 Sun 18 Sutra 24
 Durmukha 5118
 Moon 4 - Phase 4
 3rd Phase
Devaloka Day

5 Thursday, May 12, 2016

Kataka Rasi: 13.17 Tithi 7
 Creative Work Amrita Yoga
 Until 12:14PM
 Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau
Gulika 8:48AM - 10:25AM
Yama 5:34AM - 7:11AM
Rahu 1:39PM - 3:17PM

Pushya Until 12:14PM
 Ganda* Until 9:23AM
 Gara Until 11:34AM
 Saptami Until 11:41PM

Guru Vasara Yuktayam
Ganesh: White *Sunrise:* 5:34AM
Muruga: White *Sunset:* 6:31PM
Nataraja: Purple
 Moon - Blue
Vaisaka-Chaitra

Kingston, Jamaica
 Sun 19 Sutra 25
 Durmukha 5118
 Moon 4 - Phase 4
 3rd Phase
Devaloka Day

Friday, May 13, 2016 Retreat Star

Kataka Rasi: 26.06 Tithi 8
 Routine Work Marana Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau
Gulika 7:11AM - 8:48AM
Yama 3:17PM - 4:54PM
Rahu 10:25AM - 12:02PM

Ashlesha* Until 1:15PM
 Vridhhi Until 8:41AM
 Visti Until 12:04PM
 Ashtami* Until 12:36AM Sat

Sukra Vasara Yuktayam
Ganesh: White *Sunrise:* 5:33AM
Muruga: White *Sunset:* 6:31PM
Nataraja: Purple
 Moon - Blue
Vaisaka-Chaitra

Kingston, Jamaica
 Sun 20 Sutra 26
 Durmukha 5118
 Moon 4 - Phase 4
 Ashtami
Devaloka Day

Saturday, May 14, 2016 Retreat Star

Simha Rasi: 8.33 Tithi 9
 Creative Work Amrita Yoga
 Until 3:22PM
 Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau
Gulika 5:33AM - 7:10AM
Yama 1:40PM - 3:17PM
Rahu 8:48AM - 10:25AM

Magha* Until 3:22PM
 Dhruva Until 8:36AM
 Balava Until 1:21PM
 Navami* Until 2:13AM Sun

Manta Vasara Yuktayam
Ganesh: Clear *Sunrise:* 5:33AM
Muruga: White *Sunset:* 6:32PM
Nataraja: Purple
 Moon - Red
Vaisaka-Vaikasi

Kingston, Jamaica
 Sun 21 Sutra 27
 Durmukha 5118
 Moon 4 - Phase 4
 Navami
Bhuloka Day
 Devaloka Time: 9:AM to 12:PM

1

Sunday, May 15, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Tailila/Gara Karana Dashamyam TitauKingston, Jamaica
Sun 22 Sutra 28

Simha Rasi: 20.43 Tihi 10

Gulika 3:17PM – 4:55PM
Yama 12:02PM – 1:40PM
Rahu 4:55PM – 6:32PMPurvaphalguni Until 5:54PM
Vyaghata* Until 9:03AM
Tailila Until 3:16PM
Dashami Until 4:22AM MonGanesha: Purple Sunrise: 5:33AM
Muruga: White Sunset: 6:32PM
Nataraja: Purple
Moon – Red
Vaisaka-VaikasiDurmukha 5118
Moon 4 - Phase 5
4th PhaseCreative Work Siddha Yoga
Until 5:54PM

Then Creative Work - Amrita Yoga

Bhuloka Day

2

Monday, May 16, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Ekadashyam TitauKingston, Jamaica
Sun 23 Sutra 29Kanya Rasi: 2.4 Tihi 11
Family Home EveningGulika 1:40PM – 3:17PM
Yama 10:25AM – 12:02PM
Rahu 7:10AM – 8:47AMUttaraphalguni Until 8:40PM
Harshana Until 9:52AM
Vanija Until 5:36PM
Ekadashi Until 6:51AM TueGanesha: Purple Sunrise: 5:32AM
Muruga: White Sunset: 6:32PM
Nataraja: Purple
Moon – Red
Vaisaka-VaikasiDurmukha 5118
Moon 4 - Phase 5
4th Phase

Creative Work Siddha Yoga

Bhuloka Day

3

Tuesday, May 17, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam TitauKingston, Jamaica
Sun 24 Sutra 30

Kanya Rasi: 14.3 Tihi 11 – 12

Gulika 12:02PM – 1:40PM
Yama 8:47AM – 10:25AM
Rahu 3:18PM – 4:55PMHasta Until 11:56PM
Vajra* Until 10:52AM
Bava Until 8:10PM
Ekadashi Until 6:51AMGanesha: Clear Sunrise: 5:32AM
Muruga: White Sunset: 6:33PM
Nataraja: Purple
Moon – Green
Vaisaka-VaikasiDurmukha 5118
Moon 4 - Phase 5
4th Phase

Creative Work Siddha Yoga

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

4

Wednesday, May 18, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam TitauKingston, Jamaica
Sun 25 Sutra 31

Kanya Rasi: 26.18 Tihi 12 – 13

Gulika 10:25AM – 12:02PM
Yama 7:09AM – 8:47AM
Rahu 12:02PM – 1:40PMChitra Until 3:02AM Thu
Siddhi Until 11:57AM
Kaulava Until 10:44PM
Dvadashi Until 9:26AM
Pradosha VrataGanesha: Purple Sunrise: 5:32AM
Muruga: White Sunset: 6:33PM
Nataraja: Purple
Moon – Green
Vaisaka-VaikasiDurmukha 5118
Moon 4 - Phase 5
4th Phase

Creative Work Siddha Yoga

Until 3:02AM Thu

Then Creative Work - Amrita Yoga

Devaloka Day

5

Thursday, May 19, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vyatipata*/Variyan Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam TitauKingston, Jamaica
Sun 26 Sutra 32

Tula Rasi: 8.07 Tihi 13 – 14

Gulika 8:47AM – 10:25AM
Yama 5:32AM – 7:09AM
Rahu 1:40PM – 3:18PMSvati Until 5:49AM Fri
Vyatipata* Until 12:59PM
Gara Until 1:09AM Fri
Trayodashi Until 11:57AMGanesha: Purple Sunrise: 5:32AM
Muruga: White Sunset: 6:33PM
Nataraja: Purple
Moon – Green
Vaisaka-VaikasiDurmukha 5118
Moon 4 - Phase 5
4th Phase

Creative Work Amrita Yoga

Until 5:49AM Fri

Then Creative Work - Siddha Yoga

Devaloka Day

O

Friday, May 20, 2016

Copper Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Variyan/Parigha* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam TitauKingston, Jamaica
Sun 27 Sutra 33

Tula Rasi: 20 Tihi 14 – 15

Gulika 7:09AM – 8:47AM
Yama 3:18PM – 4:56PM
Rahu 10:25AM – 12:03PMVishakha Until 8:40AM Sat
Variyan Until 1:50PM
Visti Until 3:20AM Sat
Chaturdashi* Until 2:15PMGanesha: Purple Sunrise: 5:31AM
Muruga: White Sunset: 6:34PM
Nataraja: Purple
Moon – Green
Vaisaka-VaikasiDurmukha 5118
Moon 4 - Phase 5
Purnima

Creative Work Siddha Yoga

Devaloka Day

Saturday, May 21, 2016

Silver Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam TitauKingston, Jamaica
Sutra 34

Vrischika Rasi: 1.59 Tihi 15 – 16

Gulika 5:31AM – 7:09AM
Yama 1:41PM – 3:18PM
Rahu 8:47AM – 10:25AMVishakha Until 8:40AM
Parigha* Until 2:28PM
Balava Until 5:11AM Sun
Purnima* Until 4:17PMGanesha: Clear Sunrise: 5:31AM
Muruga: White Sunset: 6:34PM
Nataraja: Purple
Moon – Orange
Vaisaka-VaikasiDurmukha 5118
Moon 4 - Phase 5
Prathama

Creative Work Siddha Yoga

Vaikasi Visakam

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Sunday, May 22, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kingston, Jamaica

Sutra 35

Vrischika Rasi: 14.05 Tihti 16 – 17

273721369

Gulika 3:19PM – 4:57PM
Yama 12:03PM – 1:41PM
Rahu 4:57PM – 6:35PMAnuradha Until 11:03AM
Shiva Until 2:53PM
Taitila Until 6:42AM Mon
Prathama* Until 5:58PMGanesha: Clear Sunrise: 5:31AM
Muruga: White Sunset: 6:35PM
Nataraja: Purple
Moon – Orange
Vaisaka-VaikasiDurmukha 5118
Moon 5 - Phase 6
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Monday, May 23, 2016

1

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

Kingston, Jamaica

Sun 1 Sutra 36

Vrischika Rasi: 26.2 Tihti 17

273721369

Gulika 1:41PM – 3:19PM
Yama 10:25AM – 12:03PM
Rahu 7:09AM – 8:47AMJyeshtha* Until 12:56PM
Siddha Until 2:59PM
Taitila Until 6:42AM
Dvitiya Until 7:19PMGanesha: Clear Sunrise: 5:31AM
Muruga: White Sunset: 6:35PM
Nataraja: Purple
Moon – Orange
Vaisaka-VaikasiDurmukha 5118
Moon 5 - Phase 6
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Family Home Evening
Creative Work Siddha Yoga

Tuesday, May 24, 2016

2

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Tritiyayam Titau

Kingston, Jamaica

Sun 2 Sutra 37

Dhanus Rasi: 8.44 Tihti 18

283721369

Gulika 12:03PM – 1:41PM
Yama 8:47AM – 10:25AM
Rahu 3:19PM – 4:57PMMula* Until 2:48PM
Sadhya Until 2:50PM
Vanija Until 7:52AM
Tritiya Until 8:17PMGanesha: White Sunrise: 5:30AM
Muruga: White Sunset: 6:35PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-VaikasiDurmukha 5118
Moon 5 - Phase 6
1st Phase

Devaloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 2:48PM

Then Creative Work - Siddha Yoga

Wednesday, May 25, 2016

3

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Kingston, Jamaica

Sun 3 Sutra 38

Dhanus Rasi: 21.18 Tihti 19

383721369

Gulika 10:25AM – 12:03PM
Yama 7:08AM – 8:47AM
Rahu 12:03PM – 1:41PMPurvashadha* Until 4:08PM
Subha Until 2:24PM
Bava Until 8:39AM
Chaturthi* Until 8:52PMGanesha: Clear Sunrise: 5:30AM
Muruga: White Sunset: 6:36PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-VaikasiDurmukha 5118
Moon 5 - Phase 6
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Thursday, May 26, 2016

4

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Kingston, Jamaica

Sun 4 Sutra 39

Makara Rasi: 4.03 Tihti 20

383721369

Gulika 8:47AM – 10:25AM
Yama 5:30AM – 7:08AM
Rahu 1:41PM – 3:20PMUttarashadha Until 4:54PM
Sukla Until 1:37PM
Kaulava Until 9:02AM
Panchami Until 9:02PMGanesha: Clear Sunrise: 5:30AM
Muruga: White Sunset: 6:36PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-VaikasiDurmukha 5118
Moon 5 - Phase 6
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 4:54PM

Then Creative Work - Siddha Yoga

Friday, May 27, 2016

5

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Kingston, Jamaica

Sun 5 Sutra 40

Makara Rasi: 17.01 Tihti 21

393731369

Gulika 7:08AM – 8:47AM
Yama 3:20PM – 4:58PM
Rahu 10:25AM – 12:03PMShravana Until 5:31PM
Brahma Until 12:29PM
Gara Until 8:57AM
Shashthi* Until 8:43PMGanesha: White Sunrise: 5:30AM
Muruga: Clear Sunset: 6:36PM
Nataraja: Purple
Moon – Purple
Vaisaka-VaikasiDurmukha 5118
Moon 5 - Phase 6
1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 5:31PM

Then Creative Work - Siddha Yoga

Saturday, May 28, 2016

6

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Saplamyam Titau

Kingston, Jamaica

Sun 6 Sutra 41

Kumbha Rasi: 0.14 Tihti 22

393731369

Gulika 5:30AM – 7:08AM
Yama 1:42PM – 3:20PM
Rahu 8:47AM – 10:25AMDhanishtha Until 5:29PM
Indra Until 10:57AM
Visti Until 8:24AM
Saptami Until 7:54PMGanesha: White Sunrise: 5:30AM
Muruga: Clear Sunset: 6:37PM
Nataraja: Purple
Moon – Purple
Vaisaka-VaikasiDurmukha 5118
Moon 5 - Phase 6
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 5:29PM

Then Creative Work - Amrita Yoga

Sunday, May 29, 2016

D

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kingston, Jamaica

Sun 7 Sutra 42

Kumbha Rasi: 13.44 Tihti 23

394731369

Gulika 3:20PM – 4:59PM
Yama 12:03PM – 1:42PM
Rahu 4:59PM – 6:37PMShatabhishak Until 4:45PM
Vaidhriti* Until 8:59AM
Balava Until 7:18AM
Ashtami* Until 6:31PMGanesha: Yellow Sunrise: 5:30AM
Muruga: Clear Sunset: 6:37PM
Nataraja: Purple
Moon – Purple
Vaisaka-VaikasiDurmukha 5118
Moon 5 - Phase 6
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Monday, May 30, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kingston, Jamaica

Sun 8 Sutra 43

Kumbha Rasi: 27.35 Tihti 24 – 25

314731369

Gulika 1:42PM – 3:21PM
Yama 10:25AM – 12:04PM
Rahu 7:08AM – 8:47AMPurvaproshtapada* Until 3:47PM
Vishkambha* Until 6:34AM
Vanija Until 3:27AM Tue
Navami* Until 4:36PMGanesha: Clear Sunrise: 5:30AM
Muruga: Clear Sunset: 6:38PM
Nataraja: Purple
Moon – Clear
Vaisaka-VaikasiDurmukha 5118
Moon 5 - Phase 6
Navami

Devaloka Day

Routine Work Marana Yoga

Until 3:47PM

Then Creative Work - Siddha Yoga

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

All times are standard time


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1		Tuesday, May 31, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Kingston, Jamaica Sun 9 Sutra 44	
Meena Rasi: 11.46	Tithi 25 – 26	Gulika	12:04PM – 1:42PM	Uttaraproshtapada Until 2:09PM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM	Dur mukha 5118		
		Yama	8:47AM – 10:25AM	Ayushman Until 12:29AM Wed	Muruga: Clear	<i>Sunset:</i> 6:38PM	Moon 5 - Phase 7		
Creative Work	Amrita Yoga	314731369 Rahu	3:21PM – 4:59PM	Bava Until 12:48AM Wed	Nataraja: Purple		2nd Phase		
Until 2:09PM				Dashami Until 2:10PM	Moon – Clear		Devaloka Day		
Then Creative Work - Siddha Yoga					Vaisaka-Vaikasi				

2		Wednesday, June 1, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Kingston, Jamaica Sun 10 Sutra 45	
Meena Rasi: 26.16	Tithi 26 – 27	Gulika	10:25AM – 12:04PM	Revati Until 11:57AM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM	Dur mukha 5118		
		Yama	7:08AM – 8:47AM	Saubhagya Until 8:55PM	Muruga: Clear	<i>Sunset:</i> 6:38PM	Moon 5 - Phase 7		
Routine Work	Marana Yoga	314731369 Rahu	12:04PM – 1:43PM	Kaulava Until 9:45PM	Nataraja: Purple		2nd Phase		
				Ekadashi* Until 11:18AM	Moon – Clear		Devaloka Day		
					Vaisaka-Vaikasi				

3		Thursday, June 2, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Kingston, Jamaica Sun 11 Sutra 46	
Mesha Rasi: 11.02	Tithi 27 – 28	Gulika	8:47AM – 10:25AM	Ashvini Until 9:42AM	Ganesha: White	<i>Sunrise:</i> 5:30AM	Dur mukha 5118		
		Yama	5:30AM – 7:08AM	Sobhana Until 5:10PM	Muruga: Clear	<i>Sunset:</i> 6:39PM	Moon 5 - Phase 7		
Creative Work	Amrita Yoga	324731369 Rahu	1:43PM – 3:21PM	Gara Until 6:27PM	Nataraja: Purple		2nd Phase		
Until 9:42AM				Dvadashi* Until 8:07AM	Moon – White		Bhuloka Day		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>	Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM		

4		Friday, June 3, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kingston, Jamaica Sun 12 Sutra 47	
Mesha Rasi: 25.57	Tithi 29	Gulika	7:08AM – 8:47AM	Bharani Until 7:08AM	Ganesha: White	<i>Sunrise:</i> 5:29AM	Dur mukha 5118		
		Yama	3:22PM – 5:00PM	Athiganda* Until 1:16PM	Muruga: Clear	<i>Sunset:</i> 6:39PM	Moon 5 - Phase 7		
Creative Work	Siddha Yoga	324731369 Rahu	10:26AM – 12:04PM	Visti Until 3:02PM	Nataraja: Purple		2nd Phase		
				Chaturdashi* Until 1:18AM Sat	Moon – White		Bhuloka Day		
					Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM		

		Saturday, June 4, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Kingston, Jamaica Sun 13 Sutra 48	
Retreat Star		Gulika	5:29AM – 7:08AM	Rohini Until 2:04AM Sun	Ganesha: Green	<i>Sunrise:</i> 5:29AM	Dur mukha 5118		
Vrishabha Rasi: 10.54	Tithi 30	Yama	1:43PM – 3:22PM	Sukarma Until 9:24AM	Muruga: Clear	<i>Sunset:</i> 6:39PM	Moon 5 - Phase 7		
Creative Work	Amrita Yoga	334731361 Rahu	8:47AM – 10:26AM	Catuspada Until 11:38AM	Nataraja: White		Amavasya		
Until 2:04AM Sun				Amavasya* Until 10:00PM	Moon – Yellow		Bhuloka Day		
Then Creative Work - Siddha Yoga					Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM		

Retreat Star		Sunday, June 5, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau		Kingston, Jamaica Sun 14 Sutra 49	
Vrishabha Rasi: 25.44	Tithi 1	Gulika	3:22PM – 5:01PM	Mrigashira Until 11:56PM	Ganesha: Green	<i>Sunrise:</i> 5:29AM	Dur mukha 5118		
		Yama	12:05PM – 1:43PM	Shula* Until 2:14AM Mon	Muruga: Clear	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 7		
Creative Work	Siddha Yoga	334731361 Rahu	5:01PM – 6:40PM	Kintughna Until 8:27AM	Nataraja: White		Prathama		
				Prathama* Until 6:58PM	Moon – Yellow		Bhuloka Day		
					Jyeshtha-Vaikasi		Devaloka Time: 12:PM to 3:PM		

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

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1		Monday, June 6, 2016				Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Kingston, Jamaica Sun 15 Sutra 50	
Mithuna Rasi: 10.19	Tithi 2 – 3	Gulika	1:44PM – 3:22PM	Ardra Until 10:08PM	Ganesha: Green	<i>Sunrise:</i> 5:30AM	Durmukha 5118		
Family Home Evening	334731361	Yama	10:26AM – 12:05PM	Ganda* Until 11:13PM	Muruga: Clear	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 8		
Creative Work	Siddha Yoga	Rahu	7:08AM – 8:47AM	Taitila Until 3:19AM Tue	Nataraja: White		3rd Phase		
Until 10:08PM				Dvitiya Until 4:22PM	Moon – Yellow		Bhuloka Day		
Then Creative Work - Amrita Yoga					Jyeshtha-Vaikasi		Devaloka Time: 12:PM to 3:PM		

2		Tuesday, June 7, 2016				Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Kingston, Jamaica Sun 16 Sutra 51	
Mithuna Rasi: 24.31	Tithi 3 – 4	Gulika	12:05PM – 1:44PM	Punarvasu Until 9:16PM	Ganesha: White	<i>Sunrise:</i> 5:30AM	Durmukha 5118		
	344731361	Yama	8:47AM – 10:26AM	Vriddhi Until 8:45PM	Muruga: Clear	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 8		
Creative Work	Siddha Yoga	Rahu	3:23PM – 5:01PM	Vanija Until 1:41AM Wed	Nataraja: White		3rd Phase		
				Tritiya Until 2:23PM	Moon – Blue		Bhuloka Day		
					Jyeshtha-Vaikasi		Devaloka Time: 12:PM to 3:PM		

3		Wednesday, June 8, 2016				Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Kingston, Jamaica Sun 17 Sutra 52	
Kataka Rasi: 8.17	Tithi 4 – 5	Gulika	10:26AM – 12:05PM	Pushya Until 9:01PM	Ganesha: White	<i>Sunrise:</i> 5:30AM	Durmukha 5118		
	344731361	Yama	7:09AM – 8:47AM	Dhruva Until 6:52PM	Muruga: Clear	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 8		
Creative Work	Siddha Yoga	Rahu	12:05PM – 1:44PM	Bava Until 12:50AM Thu	Nataraja: White		3rd Phase		
				Chaturthi* Until 1:08PM	Moon – Blue		Bhuloka Day		
					Jyeshtha-Vaikasi		Devaloka Time: 12:PM to 3:PM		

4		Thursday, June 9, 2016				Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Kingston, Jamaica Sun 18 Sutra 53	
Kataka Rasi: 21.35	Tithi 5 – 6	Gulika	8:48AM – 10:26AM	Ashlesha* Until 9:27PM	Ganesha: White	<i>Sunrise:</i> 5:30AM	Durmukha 5118		
	344731361	Yama	5:30AM – 7:09AM	Vyaghata* Until 5:41PM	Muruga: Clear	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 8		
Creative Work	Siddha Yoga	Rahu	1:44PM – 3:23PM	Kaulava Until 12:51AM Fri	Nataraja: White		3rd Phase		
Until 9:27PM				Panchami Until 12:43PM	Moon – Blue		Bhuloka Day		
Then Creative Work - Amrita Yoga					Jyeshtha-Vaikasi		Devaloka Time: 12:PM to 3:PM		

5		Friday, June 10, 2016				Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Kingston, Jamaica Sun 19 Sutra 54	
Simha Rasi: 4.26	Tithi 6 – 7	Gulika	7:09AM – 8:48AM	Magha* Until 11:01PM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM	Durmukha 5118		
	354731361	Yama	3:23PM – 5:02PM	Harshana Until 5:11PM	Muruga: Clear	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 8		
Routine Work	Marana Yoga	Rahu	10:27AM – 12:06PM	Gara Until 1:41AM Sat	Nataraja: White		3rd Phase		
Until 11:01PM				Shashthi* Until 1:09PM	Moon – Red		Devaloka Day		
Then Creative Work - Siddha Yoga					Jyeshtha-Vaikasi				

Retreat Star		Saturday, June 11, 2016				Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Kingston, Jamaica Sun 20 Sutra 55	
Simha Rasi: 16.55	Tithi 7 – 8	Gulika	5:30AM – 7:09AM	Purvaphalguni Until 1:09AM Sun	Ganesha: Purple	<i>Sunrise:</i> 5:30AM	Durmukha 5118		
	355731361	Yama	1:45PM – 3:24PM	Vajra* Until 5:16PM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 8		
Creative Work	Siddha Yoga	Rahu	8:48AM – 10:27AM	Visti Until 3:16AM Sun	Nataraja: White		Ashtami		
Until 1:09AM Sun				Saptami Until 2:22PM	Moon – Red		Sivaloka Day		
Then Creative Work - Amrita Yoga					Jyeshtha-Vaikasi				

Retreat Star		Sunday, June 12, 2016				Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi/Vyatlipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Kingston, Jamaica Sun 21 Sutra 56	
Simha Rasi: 29.06	Tithi 8 – 9	Gulika	3:24PM – 5:03PM	Uttaraphalguni Until 3:39AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:30AM	Durmukha 5118		
	355831361	Yama	12:06PM – 1:45PM	Siddhi Until 5:50PM	Muruga: Clear	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 8		
Creative Work	Amrita Yoga	Rahu	5:03PM – 6:42PM	Balava Until 5:22AM Mon	Nataraja: White		Navami		
Until 3:39AM Mon				Ashtami* Until 4:14PM	Moon – Red		Devaloka Day		
Then Creative Work - Siddha Yoga					Jyeshtha-Vaikasi				

1	Monday, June 13, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vyatipata* Yoga Kaulava Karana Navamyam Titau				Kingston, Jamaica Sun 22 Sutra 57
	Kanya Rasi: 11.04 Tithi 9 Family Home Evening Creative Work Siddha Yoga	365831361	Gulika Yama Rahu	1:45PM – 3:24PM 10:27AM – 12:06PM 7:09AM – 8:48AM	Hasta Until 6:48AM Tue Vyatipata* Until 6:44PM Kaulava Until 6:32PM Navami* Until 6:32PM	Ganesh: Purple Muruga: Clear Nataraja: White Moon – Green Jyeshtha-Vaikasi	Sunrise: 5:30AM Sunset: 6:42PM Moon 5 - Phase 9 4th Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM

2	Tuesday, June 14, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Variyan Yoga Tailila/Gara Karana Dashamyam Titau				Kingston, Jamaica Sun 23 Sutra 58
	Kanya Rasi: 22.56 Tithi 10 Creative Work Siddha Yoga	365831361	Gulika Yama Rahu	12:06PM – 1:45PM 8:48AM – 10:27AM 3:24PM – 5:03PM	Hasta Until 6:48AM Variyan Until 7:45PM Tailila Until 7:48AM Dashami Until 9:02PM	Ganesh: Purple Muruga: Clear Nataraja: White Moon – Green Jyeshtha-Ani	Sunrise: 5:30AM Sunset: 6:42PM Moon 5 - Phase 9 4th Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM

3	Wednesday, June 15, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Kingston, Jamaica Sun 24 Sutra 59
	Tula Rasi: 4.45 Tithi 11 Creative Work Siddha Yoga	365831361	Gulika Yama Rahu	10:28AM – 12:07PM 7:09AM – 8:48AM 12:07PM – 1:46PM	Chitra Until 9:52AM Parigha* Until 8:46PM Vanija Until 10:18AM Ekadashi Until 11:29PM	Ganesh: Purple Muruga: Clear Nataraja: White Moon – Green Jyeshtha-Ani	Sunrise: 5:30AM Sunset: 6:43PM Moon 5 - Phase 9 4th Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM

4	Thursday, June 16, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Bava/Balava Karana Dvadashyam Titau				Kingston, Jamaica Sun 25 Sutra 60
	Tula Rasi: 16.37 Tithi 12 Creative Work Amrita Yoga Until 12:38PM Then Creative Work - Siddha Yoga	365831361	Gulika Yama Rahu	8:49AM – 10:28AM 5:31AM – 7:10AM 1:46PM – 3:25PM	Svati Until 12:38PM Shiva Until 9:38PM Bava Until 12:39PM Dvadashi Until 1:42AM Fri	Ganesh: Purple Muruga: Clear Nataraja: White Moon – Green Jyeshtha-Ani	Sunrise: 5:31AM Sunset: 6:43PM Moon 5 - Phase 9 4th Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM

5	Friday, June 17, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Kaulava/Tailila Karana Trayodashyam Titau				Kingston, Jamaica Sun 26 Sutra 61
	Tula Rasi: 28.34 Tithi 13 Creative Work Siddha Yoga	375831361	Gulika Yama Rahu	7:10AM – 8:49AM 3:25PM – 5:04PM 10:28AM – 12:07PM	Vishakha Until 3:27PM Siddha Until 10:14PM Kaulava Until 2:43PM Trayodashi Until 3:36AM Sat <i>Pradosha Vrata</i>	Ganesh: Clear Muruga: Clear Nataraja: White Moon – Orange Jyeshtha-Ani	Sunrise: 5:31AM Sunset: 6:43PM Moon 5 - Phase 9 4th Phase Devaloka Day

6	Saturday, June 18, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Kingston, Jamaica Sun 27 Sutra 62
	Vrischika Rasi: 10.41 Tithi 14 Creative Work Siddha Yoga	375831361	Gulika Yama Rahu	5:31AM – 7:10AM 1:46PM – 3:25PM 8:49AM – 10:28AM	Anuradha Until 5:44PM Sadhya Until 10:31PM Gara Until 4:24PM Chaturdashi* Until 5:04AM Sun	Ganesh: Clear Muruga: Clear Nataraja: White Moon – Orange Jyeshtha-Ani	Sunrise: 5:31AM Sunset: 6:44PM Moon 5 - Phase 9 4th Phase Devaloka Day

	Sunday, June 19, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Visti*/Bava Karana Purnimayam Titau				Kingston, Jamaica Sutra 63
	Vrischika Rasi: 22.57 Tithi 15 Routine Work Marana Yoga Until 7:26PM Then Creative Work - Amrita Yoga	375831361	Gulika Yama Rahu	3:26PM – 5:05PM 12:07PM – 1:47PM 5:05PM – 6:44PM	Jyeshtha* Until 7:26PM Subha Until 10:29PM Visti Until 5:39PM Purnima* Until 6:05AM Mon	Ganesh: Clear Muruga: Clear Nataraja: White Moon – Orange Jyeshtha-Ani	Sunrise: 5:31AM Sunset: 6:44PM Moon 5 - Phase 9 Purnima Devaloka Day

	Monday, June 20, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kingston, Jamaica Sutra 64
	Dhanus Rasi: 5.25 Tithi 15 – 16 Family Home Evening Creative Work Siddha Yoga Until 9:01PM Then Routine Work - Marana Yoga	386831361	Gulika Yama Rahu	1:47PM – 3:26PM 10:29AM – 12:08PM 7:10AM – 8:49AM	Mula* Until 9:01PM Sukla Until 10:05PM Balava Until 6:27PM Purnima* Until 6:05AM	Ganesh: Yellow Muruga: Clear Nataraja: White Moon – Light Blue Jyeshtha-Ani	Sunrise: 5:31AM Sunset: 6:44PM Moon 5 - Phase 9 Prathama Devaloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang



Tuesday, June 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kingston, Jamaica
Sutra 65

Dhanus Rasi: 18.05 Tihi 16 - 17

386831361

Gulika 12:08PM - 1:47PM
Yama 8:50AM - 10:29AM
Rahu 3:26PM - 5:05PM

Purvashadha* Until 10:02PM
Brahma Until 9:21PM
Taitila Until 6:49PM
Prathama* Until 6:40AM

Ganesha: Yellow *Sunrise: 5:32AM*
Muruga: Clear *Sunset: 6:44PM*
Nataraja: White
Moon - Light Blue
Jyeshtha-Ani

Durmukha 5118
Moon 6 - Phase 10
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 10:02PM

Then Routine Work - Prabararishta Yoga

Wednesday, June 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kingston, Jamaica
Sun 1 Sutra 66

Makara Rasi: 0.57 Tihi 17 - 18

386831361

Gulika 10:29AM - 12:08PM
Yama 7:11AM - 8:50AM
Rahu 12:08PM - 1:47PM

Uttarashadha Until 10:30PM
Indra Until 8:19PM
Vanija Until 6:48PM
Dvitiya Until 6:50AM

Ganesha: Yellow *Sunrise: 5:32AM*
Muruga: Clear *Sunset: 6:44PM*
Nataraja: White
Moon - Light Blue
Jyeshtha-Ani

Durmukha 5118
Moon 6 - Phase 10
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 10:30PM

Then Creative Work - Siddha Yoga

Thursday, June 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kingston, Jamaica
Sun 2 Sutra 67

Makara Rasi: 14 Tihi 18 - 19

396831361

Gulika 8:50AM - 10:29AM
Yama 5:32AM - 7:11AM
Rahu 1:47PM - 3:26PM

Shravana Until 10:55PM
Vaidhriti* Until 6:59PM
Bava Until 6:24PM
Tritiya Until 6:38AM

Ganesha: Blue *Sunrise: 5:32AM*
Muruga: Clear *Sunset: 6:45PM*
Nataraja: White
Moon - Purple
Jyeshtha-Ani

Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Friday, June 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha*/Priti Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica
Sun 3 Sutra 68

Makara Rasi: 27.15 Tihi 19 - 20

396831361

Gulika 7:11AM - 8:50AM
Yama 3:27PM - 5:06PM
Rahu 10:29AM - 12:08PM

Dhanishtha Until 10:51PM
Vishkambha* Until 5:22PM
Taitila Until 5:08AM Sat
Chaturthi* Until 6:03AM

Ganesha: Blue *Sunrise: 5:32AM*
Muruga: Clear *Sunset: 6:45PM*
Nataraja: White
Moon - Purple
Jyeshtha-Ani

Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Saturday, June 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Kingston, Jamaica
Sun 4 Sutra 69

Kumbha Rasi: 10.41 Tihi 21

396831361

Gulika 5:33AM - 7:12AM
Yama 1:48PM - 3:27PM
Rahu 8:51AM - 10:30AM

Shatabhishak Until 10:17PM
Priti Until 3:29PM
Gara Until 4:34PM
Shashthi* Until 3:52AM Sun

Ganesha: Blue *Sunrise: 5:33AM*
Muruga: Clear *Sunset: 6:45PM*
Nataraja: White
Moon - Purple
Jyeshtha-Ani

Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Amrita Yoga
Until 10:17PM

Then Routine Work - Marana Yoga

Sunday, June 26, 2016

5

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Saptamyam Titau

Kingston, Jamaica
Sun 5 Sutra 70

Kumbha Rasi: 24.19 Tihi 22

316831361

Gulika 3:27PM - 5:06PM
Yama 12:09PM - 1:48PM
Rahu 5:06PM - 6:45PM

Purvaproshtapada* Until 9:40PM
Ayushman Until 1:18PM
Visti Until 3:08PM
Saptami Until 2:16AM Mon

Ganesha: Purple *Sunrise: 5:33AM*
Muruga: Clear *Sunset: 6:45PM*
Nataraja: White
Moon - Clear
Jyeshtha-Ani

Durmukha 5118
Moon 6 - Phase 10
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 9:40PM

Then Creative Work - Amrita Yoga

Monday, June 27, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Kingston, Jamaica
Sun 6 Sutra 71

Meena Rasi: 8.1 Tihi 23

317831361

Gulika 1:48PM - 3:27PM
Yama 10:30AM - 12:09PM
Rahu 7:12AM - 8:51AM

Uttaraproshtapada Until 8:33PM
Saubhagya Until 10:51AM
Balava Until 1:21PM
Ashtami* Until 12:19AM Tue

Ganesha: Clear *Sunrise: 5:33AM*
Muruga: Clear *Sunset: 6:45PM*
Nataraja: White
Moon - Clear
Jyeshtha-Ani

Durmukha 5118
Moon 6 - Phase 10
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, June 28, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sobhana/Atihiganda* Yoga Taitila/Gara Karana Navamyam Titau

Kingston, Jamaica
Sun 7 Sutra 72

Meena Rasi: 22.13 Tihi 24

317831361

Gulika 12:09PM - 1:48PM
Yama 8:51AM - 10:30AM
Rahu 3:27PM - 5:06PM

Revati Until 6:59PM
Sobhana Until 8:08AM
Taitila Until 11:14AM
Navami* Until 10:02PM

Ganesha: Clear *Sunrise: 5:33AM*
Muruga: Clear *Sunset: 6:45PM*
Nataraja: White
Moon - Clear
Jyeshtha-Ani

Durmukha 5118
Moon 6 - Phase 10
Navami

Devaloka Day


Creative Work Siddha Yoga

1		Wednesday, June 29, 2016			Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam			Kingston, Jamaica	
Mesha Rasi: 6.29		Tithi 25		Ashvini/Bharani Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8		Sutra 73	
327831361		Gulika	10:31AM – 12:10PM	Ashvini Until 5:24PM	Ganesh: Purple	<i>Sunrise:</i> 5:34AM	Durmukha 5118		
Routine Work		Yama	7:13AM – 8:52AM	Sukarma Until 1:57AM Thu	Muruga: Clear	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 11		
Until 5:24PM		Rahu	12:10PM – 1:48PM	Vanija Until 8:49AM	Nataraja: White	Moon – White			
Then Creative Work - Siddha Yoga		Dashami Until 7:30PM			Jyeshtha-Ani	Bhuloka Day			
					Devaloka Time: 12:PM to 3:PM				

2		Thursday, June 30, 2016			Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam			Kingston, Jamaica	
Mesha Rasi: 20.55		Tithi 26 – 27		Bharani/Krittika Nakshatra Dhriti Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9		Sutra 74	
327831361		Gulika	8:52AM – 10:31AM	Bharani Until 3:29PM	Ganesh: Purple	<i>Sunrise:</i> 5:34AM	Durmukha 5118		
Creative Work		Yama	5:34AM – 7:13AM	Dhriti Until 10:38PM	Muruga: Clear	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 11		
Until 3:29PM		Rahu	1:49PM – 3:28PM	Bava Until 6:09AM	Nataraja: White	Moon – White			
Then Routine Work - Marana Yoga		Ekadashi* Until 4:45PM			Jyeshtha-Ani	Bhuloka Day			
					Devaloka Time: 12:PM to 3:PM				

3		Friday, July 1, 2016			Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam			Kingston, Jamaica	
Vrisabha Rasi: 5.28		Tithi 27 – 28		Krittika/Rohini Nakshatra Shula* Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10		Sutra 75	
327831361		Gulika	7:13AM – 8:52AM	Krittika Until 1:18PM	Ganesh: Purple	<i>Sunrise:</i> 5:34AM	Durmukha 5118		
Creative Work		Yama	3:28PM – 5:07PM	Shula* Until 7:14PM	Muruga: Clear	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 11		
Until 1:18PM		Rahu	10:31AM – 12:10PM	Gara Until 12:29AM Sat	Nataraja: White	Moon – White			
Then Routine Work - Marana Yoga		Dvadashi* Until 1:54PM			Jyeshtha-Ani	Bhuloka Day			
		Pradosha Vrata (Fasting)			Devaloka Time: 12:PM to 3:PM				

4		Saturday, July 2, 2016			Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam			Kingston, Jamaica	
Vrisabha Rasi: 20.02		Tithi 28 – 29		Rohini/Mrigashira Nakshatra Ganda*Vridhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11		Sutra 76	
327831361		Gulika	5:35AM – 7:13AM	Rohini Until 11:26AM	Ganesh: Light Blue	<i>Sunrise:</i> 5:35AM	Durmukha 5118		
Creative Work		Yama	1:49PM – 3:28PM	Ganda* Until 3:53PM	Muruga: Clear	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 11		
Until 11:26AM		Rahu	8:52AM – 10:31AM	Visti Until 9:43PM	Nataraja: White	Moon – Yellow			
Then Creative Work - Siddha Yoga		Trayodashi* Until 11:04AM			Jyeshtha-Ani	Bhuloka Day			
					Devaloka Time: 12:PM to 3:PM				

		Sunday, July 3, 2016			Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam			Kingston, Jamaica	
Mithuna Rasi: 4.31		Tithi 29 – 30		Mrigashira/Ardra Nakshatra Vridhi/Dhruva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12		Sutra 77	
327831361		Gulika	3:28PM – 5:07PM	Mrigashira Until 9:34AM	Ganesh: Light Blue	<i>Sunrise:</i> 5:35AM	Durmukha 5118		
Creative Work		Yama	12:10PM – 1:49PM	Vridhi Until 12:42PM	Muruga: Clear	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 11		
Until 1:18PM		Rahu	5:07PM – 6:46PM	Catuspada Until 7:11PM	Nataraja: White	Moon – Yellow			
Then Creative Work - Siddha Yoga		Chaturdashi* Until 8:24AM			Jyeshtha-Ani	Bhuloka Day			
					Devaloka Time: 12:PM to 3:PM				

Monday, July 4, 2016		Retreat Star			Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam			Kingston, Jamaica	
Mithuna Rasi: 18.48		Tithi 30 – 1		Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Sun 13		Sutra 78	
338831361		Gulika	1:49PM – 3:28PM	Ardra Until 7:52AM	Ganesh: Purple	<i>Sunrise:</i> 5:35AM	Durmukha 5118		
Family Home Evening		Yama	10:32AM – 12:10PM	Dhruva Until 9:46AM	Muruga: Clear	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 11		
Creative Work		Rahu	7:14AM – 8:53AM	Bava Until 4:06AM Tue	Nataraja: White	Moon – Yellow			
Until 7:52AM		Amavasya* Until 6:01AM			Ashada-Ani	Bhuloka Day			
Then Creative Work - Amrita Yoga					Devaloka Time: 12:PM to 3:PM				

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1

Tuesday, July 5, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvitiyayam TitauKingston, Jamaica
Sun 14 Sutra 79Kataka Rasi: 2.47 Tithi 2
Creative Work Siddha Yoga348831361
Gulika 12:11PM – 1:49PM
Yama 8:53AM – 10:32AM
Rahu 3:28PM – 5:07PMPunarvasu Until 6:56AM
Vyaghata* Until 7:14AM
Balava Until 3:22PM
Dvitiya Until 2:46AM WedGanesh: Light Blue Sunrise: 5:35AM
Muruga: Clear Sunset: 6:46PM
Nataraja: White
Moon – Blue
Ashada*AniDurmukha 5118
Moon 6 - Phase 12
3rd PhaseBhuloka Day
Devaloka Time: 12:PM to 3:PM

2

Wednesday, July 6, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vajra* Yoga Taitila/Gara Karana Tritiyayam TitauKingston, Jamaica
Sun 15 Sutra 80Kataka Rasi: 16.24 Tithi 3
Creative Work Siddha Yoga448931361
Gulika 10:32AM – 12:11PM
Yama 7:15AM – 8:53AM
Rahu 12:11PM – 1:49PMPushya Until 6:27AM
Vajra* Until 3:45AM Thu
Taitila Until 2:22PM
Tritiya Until 2:08AM ThuGanesh: Light Blue Sunrise: 5:36AM
Muruga: Clear Sunset: 6:46PM
Nataraja: White
Moon – Blue
Ashada*AniDurmukha 5118
Moon 6 - Phase 12
3rd PhaseBhuloka Day
Devaloka Time: 12:PM to 3:PM

3

Thursday, July 7, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturthyam TitauKingston, Jamaica
Sun 16 Sutra 81Kataka Rasi: 29.37 Tithi 4
Creative Work Siddha Yoga
Until 6:31AM
Then Creative Work - Amrita Yoga448931361
Gulika 8:54AM – 10:32AM
Yama 5:36AM – 7:15AM
Rahu 1:50PM – 3:28PMAshlesha* Until 6:31AM
Siddhi Until 2:54AM Fri
Vanija Until 2:07PM
Chaturthi* Until 2:16AM FriGanesh: Light Blue Sunrise: 5:36AM
Muruga: Clear Sunset: 6:46PM
Nataraja: White
Moon – Blue
Ashada*AniDurmukha 5118
Moon 6 - Phase 12
3rd PhaseBhuloka Day
Devaloka Time: 12:PM to 3:PM

4

Friday, July 8, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vyatipata* Yoga Bava/Balava Karana Panchamyam TitauKingston, Jamaica
Sun 17 Sutra 82Simha Rasi: 12.26 Tithi 5
Routine Work Marana Yoga
Until 7:40AM
Then Creative Work - Siddha Yoga458931361
Gulika 7:15AM – 8:54AM
Yama 3:28PM – 5:07PM
Rahu 10:32AM – 12:11PMMagha* Until 7:40AM
Vyatipata* Until 2:40AM Sat
Bava Until 2:39PM
Panchami Until 3:10AM SatGanesh: Purple Sunrise: 5:36AM
Muruga: Clear Sunset: 6:46PM
Nataraja: White
Moon – Red
Ashada*AniDurmukha 5118
Moon 6 - Phase 12
3rd PhaseBhuloka Day
Devaloka Time: 12:PM to 3:PM

5

Saturday, July 9, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Variyan Yoga Kaulava/Taitila Karana Shashthyam TitauKingston, Jamaica
Sun 18 Sutra 83Simha Rasi: 24.55 Tithi 6
Creative Work Siddha Yoga
Until 9:23AM
Then Routine Work - Marana Yoga458931361
Gulika 5:37AM – 7:15AM
Yama 1:50PM – 3:28PM
Rahu 8:54AM – 10:33AMPurvaphalguni Until 9:23AM
Variyan Until 2:56AM Sun
Kaulava Until 3:54PM
Shashthi* Until 4:45AM SunGanesh: Purple Sunrise: 5:37AM
Muruga: Clear Sunset: 6:46PM
Nataraja: White
Moon – Red
Ashada*AniDurmukha 5118
Moon 6 - Phase 12
3rd PhaseBhuloka Day
Devaloka Time: 12:PM to 3:PM

6

Sunday, July 10, 2016

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam TitauKingston, Jamaica
Sun 19 Sutra 84Kanya Rasi: 7.07 Tithi 7
Creative Work Amrita Yoga459931361
Gulika 3:28PM – 5:07PM
Yama 12:11PM – 1:50PM
Rahu 5:07PM – 6:45PMUttaraphalguni Until 11:33AM
Parigha* Until 3:37AM Mon
Gara Until 5:45PM
Saptami Until 6:49AM MonGanesh: Light Blue Sunrise: 5:37AM
Muruga: Clear Sunset: 6:45PM
Nataraja: White
Moon – Red
Ashada*AniDurmukha 5118
Moon 6 - Phase 12
3rd PhaseBhuloka Day
Devaloka Time: 12:PM to 3:PM

D

Monday, July 11, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam
Hasta/Chitra Nakshatra Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam TitauKingston, Jamaica
Sun 20 Sutra 85Kanya Rasi: 19.07 Tithi 7 – 8
Family Home Evening
Creative Work Siddha Yoga
Until 2:29PM
Then Routine Work - Prabalarishta Yoga469931361
Gulika 1:50PM – 3:28PM
Yama 10:33AM – 12:11PM
Rahu 7:16AM – 8:54AMHasta Until 2:29PM
Shiva Until 4:32AM Tue
Visti Until 8:00PM
Saptami Until 6:49AMGanesh: Orange Sunrise: 5:38AM
Muruga: Clear Sunset: 6:45PM
Nataraja: White
Moon – Green
Ashada*AniDurmukha 5118
Moon 6 - Phase 12
Ashtami

Devaloka Day

Tuesday, July 12, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam
Chitra/Svati Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam TitauKingston, Jamaica
Sun 21 Sutra 86Tula Rasi: 1 Tithi 8 – 9
Creative Work Siddha Yoga469931361
Gulika 12:12PM – 1:50PM
Yama 8:55AM – 10:33AM
Rahu 3:28PM – 5:07PMChitra Until 5:27PM
Siddha Until 5:29AM Wed
Balava Until 10:24PM
Ashtami* Until 9:10AMGanesh: Orange Sunrise: 5:38AM
Muruga: Clear Sunset: 6:45PM
Nataraja: White
Moon – Green
Ashada*AniDurmukha 5118
Moon 6 - Phase 12
Navami

Devaloka Day

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

All times are standard time

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1 Wednesday, July 13, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam			Kingston, Jamaica
Svati Nakshatra Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 22 Sutra 87			Durmukha 5118
Tula Rasi: 12.52	Tithi 9 – 10	Gulika 10:33AM – 12:12PM	Svati Until 8:13PM	Ganesh: Orange <i>Sunrise: 5:38AM</i>	
		Yama 7:17AM – 8:55AM	Sadhya Until 6:22AM Thu	Muruga: Clear <i>Sunset: 6:45PM</i>	Moon 6 - Phase 13
Creative Work	Siddha Yoga	469931361 Rahu 12:12PM – 1:50PM	Taitila Until 12:43AM Thu	Nataraja: White	4th Phase
			Navami* Until 11:34AM	Moon – Green	Devaloka Day
				Ashada*Ani	

2 Thursday, July 14, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam			Kingston, Jamaica
Vishakha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 23 Sutra 88			Durmukha 5118
Tula Rasi: 24.46	Tithi 10 – 11	Gulika 8:55AM – 10:33AM	Vishakha Until 11:05PM	Ganesh: Green <i>Sunrise: 5:39AM</i>	
		Yama 5:39AM – 7:17AM	Sadhya Until 6:22AM	Muruga: Clear <i>Sunset: 6:45PM</i>	Moon 6 - Phase 13
Creative Work	Siddha Yoga	479931361 Rahu 1:50PM – 3:28PM	Vanija Until 2:47AM Fri	Nataraja: White	4th Phase
			Dashami Until 1:47PM	Moon – Orange	Bhuloka Day
				Ashada*Ani	Devaloka Time: 12:PM to 3:PM

3 Friday, July 15, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam			Kingston, Jamaica
Anuradha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 24 Sutra 89			Durmukha 5118
Vrischika Rasi: 6.48	Tithi 11 – 12	Gulika 7:17AM – 8:55AM	Anuradha Until 1:25AM Sat	Ganesh: Green <i>Sunrise: 5:39AM</i>	
		Yama 3:28PM – 5:07PM	Subha Until 7:01AM	Muruga: Clear <i>Sunset: 6:45PM</i>	Moon 6 - Phase 13
Creative Work	Siddha Yoga	479931361 Rahu 10:34AM – 12:12PM	Bava Until 4:26AM Sat	Nataraja: White	4th Phase
			Ekadashi Until 3:39PM	Moon – Orange	Bhuloka Day
				Ashada*Adi	Devaloka Time: 12:PM to 3:PM

4 Saturday, July 16, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam			Kingston, Jamaica
Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 25 Sutra 90			Durmukha 5118
Vrischika Rasi: 19	Tithi 12 – 13	Gulika 5:39AM – 7:17AM	Jyeshtha* Until 3:05AM Sun	Ganesh: Green <i>Sunrise: 5:39AM</i>	
		Yama 1:50PM – 3:28PM	Sukla Until 7:19AM	Muruga: Clear <i>Sunset: 6:45PM</i>	Moon 6 - Phase 13
Creative Work	Siddha Yoga	479931362 Rahu 8:56AM – 10:34AM	Kaulava Until 5:34AM Sun	Nataraja: Clear	4th Phase
Until 3:05AM Sun			Dvadashi Until 5:03PM	Moon – Orange	Devaloka Day
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>	Ashada*Adi	

5 Sunday, July 17, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam			Kingston, Jamaica
Mula* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 26 Sutra 91			Durmukha 5118
Dhanus Rasi: 1.25	Tithi 13 – 14	Gulika 3:28PM – 5:06PM	Mula* Until 4:33AM Mon	Ganesh: Red <i>Sunrise: 5:40AM</i>	
		Yama 12:12PM – 1:50PM	Brahma Until 7:13AM	Muruga: Clear <i>Sunset: 6:45PM</i>	Moon 6 - Phase 13
Creative Work	Amrita Yoga	489931362 Rahu 5:06PM – 6:45PM	Gara Until 6:10AM Mon	Nataraja: Clear	4th Phase
Until 4:33AM Mon			Trayodashi Until 5:55PM	Moon – Light Blue	Sivaloka Day
Then Routine Work - Marana Yoga				Ashada*Adi	

6 Monday, July 18, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam			Kingston, Jamaica
Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 92			Durmukha 5118
Dhanus Rasi: 14.05	Tithi 14	Gulika 1:50PM – 3:28PM	Purvashadha* Until 5:20AM Tue	Ganesh: Blue <i>Sunrise: 5:40AM</i>	
Family Home Evening		Yama 10:34AM – 12:12PM	Indra Until 6:42AM	Muruga: Clear <i>Sunset: 6:44PM</i>	Moon 6 - Phase 13
Routine Work	Marana Yoga	481931362 Rahu 7:18AM – 8:56AM	Gara Until 6:10AM	Nataraja: Clear	4th Phase
Until 5:20AM Tue			Chaturdashi* Until 6:14PM	Moon – Light Blue	Subha Sivaloka Day
Then Routine Work - Prabalarishta Yoga				Ashada*Adi	

○ Tuesday, July 19, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam			Kingston, Jamaica
Copper Retreat Star		Uttarashadha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau			Sutra 93
Dhanus Rasi: 27.01	Tithi 15	Gulika 12:12PM – 1:50PM	Uttarashadha Until 5:27AM Wed	Ganesh: Blue <i>Sunrise: 5:40AM</i>	Durmukha 5118
		Yama 8:56AM – 10:34AM	Vishkambha* Until 4:22AM Wed	Muruga: Clear <i>Sunset: 6:44PM</i>	Moon 6 - Phase 13
Routine Work	Prabalarishta Yoga	481931362 Rahu 3:28PM – 5:06PM	Visti Until 6:12AM	Nataraja: Clear	Purnima
Until 5:27AM Wed			Purnima* Until 6:01PM	Moon – Light Blue	Subha Sivaloka Day
Then Creative Work - Siddha Yoga		Satguru Purnima		Ashada*Adi	

Wednesday, July 20, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam			Kingston, Jamaica
Silver Retreat Star		Shravana Nakshatra Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Sutra 94
Makara Rasi: 10.13	Tithi 16 – 17	Gulika 10:34AM – 12:12PM	Shravana Until 5:26AM Thu	Ganesh: Yellow <i>Sunrise: 5:41AM</i>	Durmukha 5118
		Yama 7:19AM – 8:56AM	Priti Until 2:40AM Thu	Muruga: Clear <i>Sunset: 6:44PM</i>	Moon 6 - Phase 13
Creative Work	Siddha Yoga	491931362 Rahu 12:12PM – 1:50PM	Taitila Until 4:51AM Thu	Nataraja: Clear	Prathama
			Prathama* Until 5:20PM	Moon – Purple	Sivaloka Day
				Ashada*Adi	



Thursday, July 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kingston, Jamaica
Sun 1 Sutra 95

Durmukha 5118

Moon 7 - Phase 14
1st Phase

Makara Rasi: 23.38 Tithi 17 - 18

Gulika 8:57AM - 10:34AM
Yama 5:41AM - 7:19AM
Rahu 1:50PM - 3:28PM

Dhanishtha Until 4:55AM Fri
Ayushman Until 12:38AM Fri
Vanija Until 3:35AM Fri
Dvitiya Until 4:14PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon - Purple

Sunrise: 5:41AM
Sunset: 6:44PM

Sivaloka Day

Creative Work Siddha Yoga

Friday, July 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Kingston, Jamaica
Sun 2 Sutra 96

Durmukha 5118

Moon 7 - Phase 14
1st Phase

Kumbha Rasi: 7.17 Tithi 18 - 19

Gulika 7:19AM - 8:57AM
Yama 3:28PM - 5:06PM
Rahu 10:35AM - 12:12PM

Shatabhishak Until 3:57AM Sat
Saubhagya Until 10:22PM
Bava Until 2:01AM Sat
Tritiya Until 2:49PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon - Purple

Sunrise: 5:41AM
Sunset: 6:43PM

Sivaloka Day

Creative Work Siddha Yoga

Until 3:57AM Sat

Then Routine Work - Marana Yoga

Saturday, July 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica
Sun 3 Sutra 97

Durmukha 5118

Moon 7 - Phase 14
1st Phase

Kumbha Rasi: 21.05 Tithi 19 - 20

Gulika 5:42AM - 7:19AM
Yama 1:50PM - 3:28PM
Rahu 8:57AM - 10:35AM

Purvaproshtapada* Until 3:04AM Sun
Sobhana Until 7:56PM
Kaulava Until 12:14AM Sun
Chaturthi* Until 1:08PM

Ganesha: Red
Muruga: Clear
Nataraja: Clear
Moon - Clear

Sunrise: 5:42AM
Sunset: 6:43PM

Sivaloka Day

Routine Work Marana Yoga

Until 3:04AM Sun

Then Creative Work - Amrita Yoga

Sunday, July 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Kingston, Jamaica
Sun 4 Sutra 98

Durmukha 5118

Moon 7 - Phase 14
1st Phase

Meena Rasi: 5.02 Tithi 20 - 21

Gulika 3:28PM - 5:05PM
Yama 12:12PM - 1:50PM
Rahu 5:05PM - 6:43PM

Uttaraproshtapada Until 1:52AM Mon
Athiganda* Until 5:19PM
Gara Until 10:17PM
Panchami Until 11:15AM

Ganesha: Red
Muruga: Clear
Nataraja: Clear
Moon - Clear

Sunrise: 5:42AM
Sunset: 6:43PM

Sivaloka Day

Creative Work Amrita Yoga

Until 1:52AM Mon

Then Creative Work - Siddha Yoga

Monday, July 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kingston, Jamaica
Sun 5 Sutra 99

Durmukha 5118

Moon 7 - Phase 14
1st Phase

Meena Rasi: 19.04 Tithi 21 - 22

Gulika 1:50PM - 3:27PM
Yama 10:35AM - 12:12PM
Rahu 7:20AM - 8:57AM

Revati Until 12:25AM Tue
Sukarma Until 2:36PM
Visti Until 8:11PM
Shashthi* Until 9:14AM

Ganesha: Red
Muruga: Clear
Nataraja: Clear
Moon - Clear

Sunrise: 5:42AM
Sunset: 6:42PM

Sivaloka Day

Family Home Evening

Creative Work Siddha Yoga

Tuesday, July 26, 2016

D

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kingston, Jamaica
Sun 6 Sutra 100

Durmukha 5118

Moon 7 - Phase 14
Ashtami

Mesha Rasi: 3.12 Tithi 22 - 23

Gulika 12:12PM - 1:50PM
Yama 8:57AM - 10:35AM
Rahu 3:27PM - 5:05PM

Ashvini Until 11:08PM
Dhriti Until 11:48AM
Balava Until 6:00PM
Saptami Until 7:06AM

Ganesha: Green
Muruga: Clear
Nataraja: Clear
Moon - White

Sunrise: 5:43AM
Sunset: 6:42PM

Subha Sivaloka Day

Creative Work Siddha Yoga

Wednesday, July 27, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Navamyam Titau

Kingston, Jamaica
Sun 7 Sutra 101

Durmukha 5118

Moon 7 - Phase 14
Navami

Mesha Rasi: 17.23 Tithi 24

Gulika 10:35AM - 12:12PM
Yama 7:20AM - 8:58AM
Rahu 12:12PM - 1:50PM

Bharani Until 9:40PM
Shula* Until 8:55AM
Taitila Until 3:46PM
Navami* Until 2:36AM Thu

Ganesha: Green
Muruga: Clear
Nataraja: Clear
Moon - White

Sunrise: 5:43AM
Sunset: 6:42PM

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 9:40PM

Then Creative Work - Amrita Yoga

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

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1	Thursday, July 28, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Krittika Nakshatra Ganda*Vridhi Yoga Vanija/Visti* Karana Dashamyam Titau				Kingston, Jamaica Sun 8 Sutra 102
	Vrishabha Rasi: 1.35	Tihti 25	Gulika 8:58AM – 10:35AM	Krittika Until 8:03PM	Ganesha: Red	<i>Sunrise:</i> 5:43AM	Durmukha 5118
	422931362	Rahu 1:50PM – 3:27PM	Yama 5:43AM – 7:21AM	Ganda* Until 6:02AM	Muruga: Clear	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 15
	Routine Work	Marana Yoga		Vanija Until 1:29PM	Nataraja: Clear		2nd Phase
			Dashami Until 12:20AM Fri	Moon – White	Ashada*Adi	Sivaloka Day	

2	Friday, July 29, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau				Kingston, Jamaica Sun 9 Sutra 103
	Vrishabha Rasi: 15.47	Tihti 26	Gulika 7:21AM – 8:58AM	Rohini Until 6:45PM	Ganesha: Green	<i>Sunrise:</i> 5:44AM	Durmukha 5118
	432931362	Rahu 10:35AM – 12:12PM	Yama 3:27PM – 5:04PM	Dhruva Until 12:18AM Sat	Muruga: Clear	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 15
	Routine Work	Marana Yoga		Bava Until 11:14AM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 10:08PM	Moon – Yellow	Ashada*Adi	Devaloka Day	
						Then Creative Work - Siddha Yoga	

3	Saturday, July 30, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kingston, Jamaica Sun 10 Sutra 104
	Vrishabha Rasi: 29.56	Tihti 27	Gulika 5:44AM – 7:21AM	Mrigashira Until 5:27PM	Ganesha: Green	<i>Sunrise:</i> 5:44AM	Durmukha 5118
	432931362	Rahu 8:58AM – 10:35AM	Yama 1:49PM – 3:26PM	Vyaghata* Until 9:35PM	Muruga: Clear	<i>Sunset:</i> 6:40PM	Moon 7 - Phase 15
	Creative Work	Siddha Yoga		Kaulava Until 9:05AM	Nataraja: Clear		2nd Phase
			Dvadashi* Until 8:04PM	Moon – Yellow	Ashada*Adi	Devaloka Day	

4	Sunday, July 31, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Gara/Vanija Karana Trayodashyam Titau				Kingston, Jamaica Sun 11 Sutra 105
	Mithuna Rasi: 13.59	Tihti 28	Gulika 3:26PM – 5:03PM	Ardra Until 4:13PM	Ganesha: Purple	<i>Sunrise:</i> 5:44AM	Durmukha 5118
	432131362	Rahu 5:03PM – 6:40PM	Yama 12:12PM – 1:49PM	Harshana Until 7:04PM	Muruga: Clear	<i>Sunset:</i> 6:40PM	Moon 7 - Phase 15
	Creative Work	Siddha Yoga		Gara Until 7:08AM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 6:14PM	Moon – Yellow	Ashada*Adi	Devaloka Day	
						<i>Pradosha Vrata (Fasting)</i>	

5	Monday, August 1, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kingston, Jamaica Sun 12 Sutra 106
	Mithuna Rasi: 27.5	Tihti 29 – 30	Gulika 1:49PM – 3:26PM	Punarvasu Until 3:37PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:45AM	Durmukha 5118
	442131362	Rahu 7:21AM – 8:58AM	Yama 10:35AM – 12:12PM	Vajra* Until 4:50PM	Muruga: Clear	<i>Sunset:</i> 6:40PM	Moon 7 - Phase 15
	Family Home Evening	Creative Work	Amrita Yoga	Catuspada Until 4:11AM Tue	Nataraja: Clear		2nd Phase
			Chaturdashi* Until 4:45PM	Moon – Blue	Ashada*Adi	Devaloka Day	
						Then Creative Work - Siddha Yoga	

	Tuesday, August 2, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kingston, Jamaica Sun 13 Sutra 107
	Retreat Star		Gulika 12:12PM – 1:49PM	Pushya Until 3:18PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:45AM	Durmukha 5118
	Kataka Rasi: 11.27	Tihti 30 – 1	Yama 8:58AM – 10:35AM	Siddhi Until 2:58PM	Muruga: Clear	<i>Sunset:</i> 6:39PM	Moon 7 - Phase 15
	442131362	Rahu 3:26PM – 5:02PM	Rahu 3:26PM – 5:02PM	Kintughna Until 3:25AM Wed	Nataraja: Clear		Amavasya
			Amavasya* Until 3:43PM	Moon – Blue	Ashada*Adi	Devaloka Day	

Wednesday, August 3, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyatipata*/Vriyan Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kingston, Jamaica Sun 14 Sutra 108
Retreat Star		Gulika 10:35AM – 12:12PM	Ashlesha* Until 3:24PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:45AM	Durmukha 5118
Kataka Rasi: 24.46	Tihti 1 – 2	Yama 7:22AM – 8:59AM	Vyatipata* Until 1:33PM	Muruga: Clear	<i>Sunset:</i> 6:39PM	Moon 7 - Phase 15
442131362	Rahu 12:12PM – 1:49PM	Rahu 12:12PM – 1:49PM	Balava Until 3:15AM Thu	Nataraja: Clear		Prathama
			Prathama* Until 3:14PM	Moon – Blue	Sravana*Adi	Devaloka Day
						Creative Work Siddha Yoga

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Thursday, August 4, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Kingston, Jamaica Sun 15 Sutra 109 Durmukha 5118	
Simha Rasi: 7.47	Tithi 2 - 3	Gulika	8:59AM - 10:35AM	Magha* Until 4:25PM	Ganesha: Purple	<i>Sunrise:</i> 5:45AM			
		Yama	5:45AM - 7:22AM	Variyan Until 12:37PM	Muruga: Clear	<i>Sunset:</i> 6:38PM			Moon 7 - Phase 16
		452131362 Rahu	1:48PM - 3:25PM	Taitila Until 3:45AM Fri	Nataraja: Clear				3rd Phase
Creative Work	Amrita Yoga			Dvitiya Until 3:24PM	Moon - Red			Devaloka Day	
Until 4:25PM					Sravana-Adi				
Then Creative Work - Siddha Yoga									

2		Friday, August 5, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Kingston, Jamaica Sun 16 Sutra 110 Durmukha 5118	
Simha Rasi: 20.28	Tithi 3 - 4	Gulika	7:22AM - 8:59AM	Purvaphalguni Until 5:55PM	Ganesha: Purple	<i>Sunrise:</i> 5:46AM			
		Yama	3:25PM - 5:01PM	Parigha* Until 12:13PM	Muruga: Clear	<i>Sunset:</i> 6:38PM			Moon 7 - Phase 16
		452131362 Rahu	10:35AM - 12:12PM	Vanija Until 4:53AM Sat	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga			Vanija Until 4:53AM Sat	Moon - Red			Devaloka Day	
				Tritiya Until 4:13PM	Sravana-Adi				

3		Saturday, August 6, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Kingston, Jamaica Sun 17 Sutra 111 Durmukha 5118	
Kanya Rasi: 2.52	Tithi 4 - 5	Gulika	5:46AM - 7:22AM	Uttaraphalguni Until 7:51PM	Ganesha: Purple	<i>Sunrise:</i> 5:46AM			
		Yama	1:48PM - 3:24PM	Shiva Until 12:19PM	Muruga: Purple	<i>Sunset:</i> 6:37PM			Moon 7 - Phase 16
		452141362 Rahu	8:59AM - 10:35AM	Bava Until 6:35AM Sun	Nataraja: Clear				3rd Phase
Routine Work	Marana Yoga			Chaturthi* Until 5:39PM	Moon - Red			Bhuloka Day	
					Sravana-Adi			Devaloka Time: 6:PM to 9:PM	

4		Sunday, August 7, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Panchamyam Titau		Kingston, Jamaica Sun 18 Sutra 112 Durmukha 5118	
Kanya Rasi: 15.01	Tithi 5	Gulika	3:24PM - 5:00PM	Hasta Until 10:35PM	Ganesha: Clear	<i>Sunrise:</i> 5:46AM			
		Yama	12:11PM - 1:48PM	Siddha Until 12:47PM	Muruga: Purple	<i>Sunset:</i> 6:37PM			Moon 7 - Phase 16
		462141362 Rahu	5:00PM - 6:37PM	Bava Until 6:35AM	Nataraja: Clear				3rd Phase
Creative Work	Amrita Yoga			Panchami Until 7:34PM	Moon - Green			Devaloka Day	
Until 10:35PM		Nag Panchami			Sravana-Adi				
Then Creative Work - Siddha Yoga									

5		Monday, August 8, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Shashthiyam Titau		Kingston, Jamaica Sun 19 Sutra 113 Durmukha 5118	
Kanya Rasi: 27.01	Tithi 6	Gulika	1:47PM - 3:24PM	Chitra Until 1:26AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:47AM			
Family Home Evening		Yama	10:35AM - 12:11PM	Sadhya Until 1:34PM	Muruga: Purple	<i>Sunset:</i> 6:36PM			Moon 7 - Phase 16
Routine Work	Prabalarishta Yoga	462141362 Rahu	7:23AM - 8:59AM	Kaulava Until 8:42AM	Nataraja: Clear				3rd Phase
Until 1:26AM Tue				Shashthi* Until 9:50PM	Moon - Green			Devaloka Day	
Then Creative Work - Siddha Yoga					Sravana-Adi				

6		Tuesday, August 9, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Saptamyam Titau		Kingston, Jamaica Sun 20 Sutra 114 Durmukha 5118	
Tula Rasi: 8.55	Tithi 7	Gulika	12:11PM - 1:47PM	Svati Until 4:13AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:47AM			
		Yama	8:59AM - 10:35AM	Subha Until 2:30PM	Muruga: Purple	<i>Sunset:</i> 6:35PM			Moon 7 - Phase 16
		462141362 Rahu	3:23PM - 4:59PM	Gara Until 11:03AM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga			Saptami Until 12:13AM Wed	Moon - Green			Devaloka Day	
					Sravana-Adi				

Retreat Star		Wednesday, August 10, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ashtamyam Titau		Kingston, Jamaica Sun 21 Sutra 115 Durmukha 5118	
Tula Rasi: 20.47	Tithi 8	Gulika	10:35AM - 12:11PM	Vishakha Until 7:13AM Thu	Ganesha: White	<i>Sunrise:</i> 5:47AM			
		Yama	7:23AM - 8:59AM	Sukla Until 3:23PM	Muruga: Purple	<i>Sunset:</i> 6:35PM			Moon 7 - Phase 16
		472141362 Rahu	12:11PM - 1:47PM	Visti Until 1:25PM	Nataraja: Clear				Ashtami
Creative Work	Siddha Yoga			Ashtami* Until 2:31AM Thu	Moon - Orange			Bhuloka Day	
					Sravana-Adi			Devaloka Time: 6:PM to 9:PM	

Retreat Star		Thursday, August 11, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Navamyam Titau		Kingston, Jamaica Sun 22 Sutra 116 Durmukha 5118	
Vrischika Rasi: 2.43	Tithi 9	Gulika	8:59AM - 10:35AM	Vishakha Until 7:13AM	Ganesha: Clear	<i>Sunrise:</i> 5:47AM			
		Yama	5:47AM - 7:23AM	Brahma Until 4:08PM	Muruga: Purple	<i>Sunset:</i> 6:34PM			Moon 7 - Phase 16
		473141362 Rahu	1:47PM - 3:23PM	Balava Until 3:35PM	Nataraja: Clear				Navami
Creative Work	Siddha Yoga			Navami* Until 4:31AM Fri	Moon - Orange			Devaloka Day	
					Sravana-Adi				

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1	Friday, August 12, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Dashamyam Titau				Kingston, Jamaica Sun 23 Sutra 117
	Vrischika Rasi: 14.46	Tithi 10	Gulika 7:23AM – 8:59AM Yama 3:22PM – 4:58PM 473141362 Rahu 10:35AM – 12:11PM	Anuradha Until 9:44AM Indra Until 4:37PM Tailila Until 5:22PM Dashami Until 6:04AM Sat	Ganesha: Clear Muruga: Purple Nataraja: Clear Moon – Orange Sravana-Adi	<i>Sunrise:</i> 5:48AM <i>Sunset:</i> 6:34PM	Durmukha 5118 Moon 7 - Phase 17 4th Phase Devaloka Day
Creative Work Siddha Yoga Until 9:44AM Then Routine Work - Marana Yoga		Varalakshmi Vratam					

2	Saturday, August 13, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kingston, Jamaica Sun 24 Sutra 118
	Vrischika Rasi: 27.01	Tithi 10 – 11	Gulika 5:48AM – 7:24AM Yama 1:46PM – 3:22PM 473141362 Rahu 8:59AM – 10:35AM	Jyeshtha* Until 11:37AM Vaidhriti* Until 4:39PM Vanija Until 6:38PM Dashami Until 6:04AM	Ganesha: Clear Muruga: Purple Nataraja: Clear Moon – Orange Sravana-Adi	<i>Sunrise:</i> 5:48AM <i>Sunset:</i> 6:33PM	Durmukha 5118 Moon 7 - Phase 17 4th Phase Devaloka Day
Creative Work Siddha Yoga							

3	Sunday, August 14, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha*/Priti Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica Sun 25 Sutra 119
	Dhanus Rasi: 9.3	Tithi 11 – 12	Gulika 3:21PM – 4:57PM Yama 12:10PM – 1:46PM 483141362 Rahu 4:57PM – 6:32PM	Mula* Until 1:14PM Vishkambha* Until 4:13PM Bava Until 7:17PM Ekadashi Until 7:02AM	Ganesha: White Muruga: Purple Nataraja: Clear Moon – Light Blue Sravana-Adi	<i>Sunrise:</i> 5:48AM <i>Sunset:</i> 6:32PM	Durmukha 5118 Moon 7 - Phase 17 4th Phase Sivaloka Day
Creative Work Amrita Yoga Until 1:14PM Then Creative Work - Siddha Yoga							

4	Monday, August 15, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica Sun 26 Sutra 120
	Dhanus Rasi: 22.17	Tithi 12 – 13	Gulika 1:46PM – 3:21PM Yama 10:35AM – 12:10PM 483141362 Rahu 7:24AM – 8:59AM	Purvashadha* Until 2:04PM Priti Until 3:18PM Kaulava Until 7:16PM Dvadashi Until 7:21AM <i>Pradosha Vrata</i>	Ganesha: White Muruga: Purple Nataraja: Clear Moon – Light Blue Sravana-Adi	<i>Sunrise:</i> 5:48AM <i>Sunset:</i> 6:32PM	Durmukha 5118 Moon 7 - Phase 17 4th Phase Sivaloka Day
Family Home Evening Routine Work Marana Yoga							

5	Tuesday, August 16, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica Sun 27 Sutra 121
	Makara Rasi: 5.24	Tithi 13 – 14	Gulika 12:10PM – 1:45PM Yama 8:59AM – 10:35AM 483141362 Rahu 3:21PM – 4:56PM	Uttarashadha Until 2:06PM Ayushman Until 1:49PM Gara Until 6:37PM Trayodashi Until 7:00AM	Ganesha: White Muruga: Purple Nataraja: Clear Moon – Light Blue Sravana-Avani	<i>Sunrise:</i> 5:49AM <i>Sunset:</i> 6:31PM	Durmukha 5118 Moon 7 - Phase 17 4th Phase Sivaloka Day
Routine Work Prabalarishta Yoga Until 2:06PM Then Creative Work - Siddha Yoga							

○	Wednesday, August 17, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Kingston, Jamaica Sutra 122
	Copper Retreat Star		Gulika 10:34AM – 12:10PM Yama 7:24AM – 8:59AM 593141362 Rahu 12:10PM – 1:45PM	Shravana Until 1:50PM Saubhagya Until 11:52AM Bava Until 4:31AM Thu Chaturdashi* Until 6:02AM	Ganesha: White Muruga: Purple Nataraja: Clear Moon – Purple Sravana-Avani	<i>Sunrise:</i> 5:49AM <i>Sunset:</i> 6:30PM	Durmukha 5118 Moon 7 - Phase 17 Purnima Sivaloka Day
Creative Work Siddha Yoga Until 1:50PM Then Routine Work - Prabalarishta Yoga		Raksha Bandhan					

○	Thursday, August 18, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Kingston, Jamaica Sutra 123
	Silver Retreat Star		Gulika 8:59AM – 10:34AM Yama 5:49AM – 7:24AM 593141362 Rahu 1:45PM – 3:20PM	Dhanishtha Until 12:54PM Sobhana Until 9:30AM Balava Until 3:37PM Prathama* Until 2:34AM Fri	Ganesha: White Muruga: Purple Nataraja: Clear Moon – Purple Sravana-Avani	<i>Sunrise:</i> 5:49AM <i>Sunset:</i> 6:30PM	Durmukha 5118 Moon 7 - Phase 17 Prathama Sivaloka Day
Creative Work Siddha Yoga							



Friday, August 19, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Athiganda/Sukarma Yoga Taitila/Gara Karana Dvitiyayam Titau

Kingston, Jamaica

Sutra 124

Durmukha 5118

Moon 8 - Phase 18

1st Phase

Kumbha Rasi: 16.41 Tihti 17

593141362 Rahu 10:34AM – 12:09PM

Gulika 7:24AM – 8:59AM

Yama 3:19PM – 4:54PM

Shatabhishak Until 11:26AM

Athiganda* Until 6:46AM

Taitila Until 1:29PM

Dvitiya Until 12:17AM Sat

Ganesha: White

Sunrise: 5:49AM

Muruga: Purple

Sunset: 6:29PM

Nataraja: Clear

Moon – Purple
Sravana-Avani

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, August 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manla Vasara Yuktayam
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Dhriti Yoga Vanija/Visti* Karana Trityayam Titau

Kingston, Jamaica

Sun 1 Sutra 125

Durmukha 5118

Moon 8 - Phase 18

1st Phase

Meena Rasi: 0.56 Tihti 18

513141362 Rahu 8:59AM – 10:34AM

Gulika 5:49AM – 7:24AM

Yama 1:44PM – 3:19PM

Purvaprosarthapada* Until 9:59AM

Dhriti Until 12:42AM Sun

Vanija Until 11:05AM

Tritya Until 9:48PM

Ganesha: White

Sunrise: 5:49AM

Muruga: Purple

Sunset: 6:28PM

Nataraja: Clear

Moon – Clear
Sravana-Avani

Sivaloka Day

Routine Work Marana Yoga

Until 9:59AM

Then Creative Work - Siddha Yoga

2

Sunday, August 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraprosarthapada/Revati Nakshatra Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Kingston, Jamaica

Sun 2 Sutra 126

Durmukha 5118

Moon 8 - Phase 18

1st Phase

Meena Rasi: 15.19 Tihti 19

513141362 Rahu 4:53PM – 6:28PM

Gulika 3:18PM – 4:53PM

Yama 12:09PM – 1:43PM

Uttaraprosarthapada Until 8:13AM

Shula* Until 9:29PM

Bava Until 8:32AM

Chaturthi* Until 7:13PM

Ganesha: White

Sunrise: 5:50AM

Muruga: Purple

Sunset: 6:28PM

Nataraja: Clear

Moon – Clear
Sravana-Avani

Sivaloka Day

Creative Work Amrita Yoga

3

Monday, August 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kingston, Jamaica

Sun 3 Sutra 127

Durmukha 5118

Moon 8 - Phase 18

1st Phase

Meena Rasi: 29.44 Tihti 20 – 21

Family Home Evening

513141362 Rahu 7:25AM – 8:59AM

Gulika 1:43PM – 3:18PM

Yama 10:34AM – 12:08PM

Revati Until 6:16AM

Ganda* Until 6:18PM

Gara Until 3:23AM Tue

Panchami Until 4:37PM

Ganesha: White

Sunrise: 5:50AM

Muruga: Purple

Sunset: 6:27PM

Nataraja: Clear

Moon – Clear
Sravana-Avani

Sivaloka Day

Creative Work Siddha Yoga

4

Tuesday, August 23, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kingston, Jamaica

Sun 4 Sutra 128

Durmukha 5118

Moon 8 - Phase 18

1st Phase

Mesha Rasi: 14.08 Tihti 21 – 22

523141362 Rahu 3:17PM – 4:52PM

Gulika 12:08PM – 1:43PM

Yama 8:59AM – 10:34AM

Bharani Until 3:01AM Wed

Vriddhi Until 3:12PM

Visti Until 12:57AM Wed

Shashthi* Until 2:07PM

Ganesha: Clear

Sunrise: 5:50AM

Muruga: Purple

Sunset: 6:26PM

Nataraja: Clear

Moon – White
Sravana-Avani

Devaloka Day

Creative Work Siddha Yoga

Until 3:01AM Wed

Then Creative Work - Amrita Yoga

D

Wednesday, August 24, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kingston, Jamaica

Sun 5 Sutra 129

Durmukha 5118

Moon 8 - Phase 18

Ashtami

Mesha Rasi: 28.26 Tihti 22 – 23

523141362 Rahu 12:08PM – 1:42PM

Gulika 10:33AM – 12:08PM

Yama 7:25AM – 8:59AM

Krittika Until 1:26AM Thu

Dhruva Until 12:13PM

Balava Until 10:42PM

Saptami Until 11:47AM

Ganesha: Clear

Sunrise: 5:50AM

Muruga: Purple

Sunset: 6:25PM

Nataraja: Clear

Moon – White
Sravana-Avani

Devaloka Day

Creative Work Amrita Yoga

Until 1:26AM Thu

Then Routine Work - Marana Yoga

Thursday, August 25, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kingston, Jamaica

Sun 6 Sutra 130

Durmukha 5118

Moon 8 - Phase 18

Navami

Vrishabha Rasi: 12.35 Tihti 23 – 24

534241362 Rahu 1:42PM – 3:16PM

Gulika 8:59AM – 10:33AM

Yama 5:50AM – 7:25AM

Rohini Until 12:22AM Fri

Vyaghata* Until 9:25AM

Taitila Until 8:42PM

Ashtami* Until 9:39AM

Ganesha: Purple

Sunrise: 5:50AM

Muruga: Purple

Sunset: 6:25PM

Nataraja: Clear

Moon – Yellow
Sravana-Avani

Sivaloka Day

Routine Work Marana Yoga

Until 12:22AM Fri

Then Creative Work - Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang

1		Friday, August 26, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam		Kingston, Jamaica	
Vrishabha Rasi: 26.35		Tithi 24 – 25		534241363		Mrigashira Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 7 Sutra 131	
Creative Work		Siddha Yoga		Gulika	7:25AM – 8:59AM	Mrigashira Until 11:26PM	Ganesh: Purple	<i>Sunrise:</i> 5:51AM	Durmukha 5118
				Yama	3:16PM – 4:50PM	Harshana Until 6:49AM	Muruga: Purple	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 19
				Rahu	10:33AM – 12:07PM	Vanija Until 6:57PM	Nataraja: Clear		2nd Phase
						Navami* Until 7:46AM	Moon – Yellow		Sivaloka Day
							Sravana-Avani		

2		Saturday, August 27, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam		Kingston, Jamaica	
Mithuna Rasi: 10.25		Tithi 25 – 26		534241363		Ardra Nakshatra Siddhi Visti*/Balava Karana Dashami/Ekadashyam Titau		Sun 8 Sutra 132	
Creative Work		Siddha Yoga		Gulika	5:51AM – 7:25AM	Ardra Until 10:40PM	Ganesh: Purple	<i>Sunrise:</i> 5:51AM	Durmukha 5118
				Yama	1:41PM – 3:15PM	Siddhi Until 2:20AM Sun	Muruga: Purple	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 19
				Rahu	8:59AM – 10:33AM	Balava Until 4:55AM Sun	Nataraja: Purple		2nd Phase
						Dashami Until 6:11AM	Moon – Yellow		Devaloka Day
							Sravana-Avani		

3		Sunday, August 28, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Kingston, Jamaica	
Mithuna Rasi: 24.03		Tithi 27		544241363		Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 9 Sutra 133	
Creative Work		Siddha Yoga		Gulika	3:15PM – 4:48PM	Punarvasu Until 10:33PM	Ganesh: Clear	<i>Sunrise:</i> 5:51AM	Durmukha 5118
				Yama	12:07PM – 1:41PM	Vyatipata* Until 12:32AM Mon	Muruga: Purple	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 19
				Rahu	4:48PM – 6:22PM	Kaulava Until 4:27PM	Nataraja: Purple		2nd Phase
						Dvadashi* Until 4:02AM Mon	Moon – Blue		Bhuloka Day
							Sravana-Avani		Devaloka Time: 9:AM to12:PM

4		Monday, August 29, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam		Kingston, Jamaica	
Kataka Rasi: 7.28		Tithi 28		544241363		Pushya Nakshatra Variyan Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 10 Sutra 134	
Family Home Evening		Creative Work		Gulika	1:40PM – 3:14PM	Pushya Until 10:41PM	Ganesh: Clear	<i>Sunrise:</i> 5:51AM	Durmukha 5118
				Yama	10:33AM – 12:06PM	Variyan Until 11:02PM	Muruga: Purple	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 19
				Rahu	7:25AM – 8:59AM	Gara Until 3:45PM	Nataraja: Purple		2nd Phase
						Trayodashi* Until 3:33AM Tue	Moon – Blue		Bhuloka Day
						<i>Pradosha Vrata (Fasting)</i>	Sravana-Avani		Devaloka Time: 9:AM to12:PM

5		Tuesday, August 30, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam		Kingston, Jamaica	
Kataka Rasi: 20.39		Tithi 29		544241363		Ashlesha* Nakshatra Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 11 Sutra 135	
Creative Work		Siddha Yoga		Gulika	12:06PM – 1:40PM	Ashlesha* Until 11:06PM	Ganesh: Clear	<i>Sunrise:</i> 5:51AM	Durmukha 5118
				Yama	8:59AM – 10:32AM	Parigha* Until 9:54PM	Muruga: Purple	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 19
				Rahu	3:13PM – 4:47PM	Visti Until 3:30PM	Nataraja: Purple		2nd Phase
						Chaturdashi* Until 3:32AM Wed	Moon – Blue		Bhuloka Day
							Sravana-Avani		Devaloka Time: 9:AM to12:PM

●		Wednesday, August 31, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam		Kingston, Jamaica	
Simha Rasi: 4		Tithi 30		554241363		Magha* Nakshatra Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 12 Sutra 136	
Creative Work		Siddha Yoga		Gulika	10:32AM – 12:06PM	Magha* Until 12:19AM Thu	Ganesh: Orange	<i>Sunrise:</i> 5:52AM	Durmukha 5118
				Yama	7:25AM – 8:59AM	Shiva Until 9:11PM	Muruga: Purple	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 19
				Rahu	12:06PM – 1:39PM	Catuspada Until 3:44PM	Nataraja: Purple		Amavasya
						Amavasya* Until 4:02AM Thu	Moon – Red		Bhuloka Day
							Sravana-Avani		Devaloka Time: 9:AM to12:PM

●		Thursday, September 1, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam		Kingston, Jamaica	
Simha Rasi: 16.18		Tithi 1		554241363		Purvaphalguni Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 13 Sutra 137	
Creative Work		Siddha Yoga		Gulika	8:59AM – 10:32AM	Purvaphalguni Until 1:54AM Fri	Ganesh: Orange	<i>Sunrise:</i> 5:52AM	Durmukha 5118
				Yama	5:52AM – 7:25AM	Siddha Until 8:49PM	Muruga: Purple	<i>Sunset:</i> 6:19PM	Moon 8 - Phase 19
				Rahu	1:39PM – 3:12PM	Kintughna Until 4:29PM	Nataraja: Purple		Prathama
						Prathama* Until 5:02AM Fri	Moon – Red		Bhuloka Day
				Annular Solar Eclipse			Bhadrapada-Avani		Devaloka Time: 9:AM to12:PM

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

1		Friday, September 2, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Kingston, Jamaica Sun 14 Sutra 138	
Simha Rasi: 28.46	Tithi 2	Gulika	7:25AM – 8:59AM	Uttaraphalguni Until 3:47AM Sat	Ganesh: Orange	<i>Sunrise:</i> 5:52AM	Durmukha 5118		
		Yama	3:12PM – 4:45PM	Sadhya Until 8:53PM	Muruga: Purple	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 20		
		564241363 Rahu	10:32AM – 12:05PM	Balava Until 5:45PM	Nataraja: Purple		3rd Phase		
Creative Work	Siddha Yoga			Dvitiya Until 6:33AM Sat	Moon – Red		Bhuloka Day		
Until 3:47AM Sat					Bhadrapada-Avani		Devaloka Time: 9:AM to 12:PM		
Then Routine Work - Marana Yoga									

2		Saturday, September 3, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Kingston, Jamaica Sun 15 Sutra 139	
Kanya Rasi: 11.02	Tithi 2 – 3	Gulika	5:52AM – 7:25AM	Hasta Until 6:25AM Sun	Ganesh: Clear	<i>Sunrise:</i> 5:52AM	Durmukha 5118		
		Yama	1:38PM – 3:11PM	Subha Until 9:18PM	Muruga: Purple	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 20		
		564241363 Rahu	8:58AM – 10:32AM	Taitila Until 7:29PM	Nataraja: Purple		3rd Phase		
Routine Work	Marana Yoga			Dvitiya Until 6:33AM	Moon – Green		Bhuloka Day		
Until 6:25AM Sun					Bhadrapada-Avani		Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Siddha Yoga									

3		Sunday, September 4, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Kingston, Jamaica Sun 16 Sutra 140	
Kanya Rasi: 23.07	Tithi 3 – 4	Gulika	3:11PM – 4:44PM	Hasta Until 6:25AM	Ganesh: Clear	<i>Sunrise:</i> 5:52AM	Durmukha 5118		
		Yama	12:04PM – 1:38PM	Sukla Until 9:59PM	Muruga: Purple	<i>Sunset:</i> 6:17PM	Moon 8 - Phase 20		
		564241363 Rahu	4:44PM – 6:17PM	Vanija Until 9:36PM	Nataraja: Purple		3rd Phase		
Creative Work	Amrita Yoga			Tritiya Until 8:29AM	Moon – Green		Bhuloka Day		
Until 6:25AM		Ganesh Chaturthi			Bhadrapada-Avani		Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Siddha Yoga									

4		Monday, September 5, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Vistit/Bava Karana Chaturthi/Panchamyam Titau		Kingston, Jamaica Sun 17 Sutra 141	
Tula Rasi: 5.04	Tithi 4 – 5	Gulika	1:37PM – 3:10PM	Chitra Until 9:12AM	Ganesh: Clear	<i>Sunrise:</i> 5:52AM	Durmukha 5118		
Family Home Evening		Yama	10:31AM – 12:04PM	Brahma Until 10:51PM	Muruga: Purple	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 20		
		564241363 Rahu	7:25AM – 8:58AM	Bava Until 11:58PM	Nataraja: Purple		3rd Phase		
Routine Work	Prabalarishta Yoga			Chaturthi* Until 10:44AM	Moon – Green		Bhuloka Day		
Until 9:12AM					Bhadrapada-Avani		Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Amrita Yoga									

5		Tuesday, September 6, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Kingston, Jamaica Sun 18 Sutra 142	
Tula Rasi: 16.56	Tithi 5 – 6	Gulika	12:04PM – 1:37PM	Svati Until 11:59AM	Ganesh: White	<i>Sunrise:</i> 5:53AM	Durmukha 5118		
		Yama	8:58AM – 10:31AM	Indra Until 11:48PM	Muruga: Purple	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 20		
		565241363 Rahu	3:09PM – 4:42PM	Kaulava Until 2:24AM Wed	Nataraja: Purple		3rd Phase		
Creative Work	Siddha Yoga			Panchami Until 1:10PM	Moon – Green		Bhuloka Day		
Until 11:59AM					Bhadrapada-Avani		Devaloka Time: 9:AM to 12:PM		
Then Routine Work - Marana Yoga									

6		Wednesday, September 7, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Kingston, Jamaica Sun 19 Sutra 143	
Tula Rasi: 28.49	Tithi 6 – 7	Gulika	10:31AM – 12:03PM	Vishakha Until 3:07PM	Ganesh: Clear	<i>Sunrise:</i> 5:53AM	Durmukha 5118		
		Yama	7:25AM – 8:58AM	Vaidhriti* Until 12:40AM Thu	Muruga: Purple	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 20		
		575241363 Rahu	12:03PM – 1:36PM	Gara Until 4:45AM Thu	Nataraja: Purple		3rd Phase		
Creative Work	Siddha Yoga			Shashthi* Until 3:35PM	Moon – Orange		Bhuloka Day		
					Bhadrapada-Avani		Devaloka Time: 6:AM to 9:AM		

Retreat Star		Thursday, September 8, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkamba* Yoga Vanija/Vistit* Karana Saptami/Ashtamyam Titau		Kingston, Jamaica Sun 20 Sutra 144	
Vrischika Rasi: 10.43	Tithi 7 – 8	Gulika	8:58AM – 10:31AM	Anuradha Until 5:53PM	Ganesh: Clear	<i>Sunrise:</i> 5:53AM	Durmukha 5118		
		Yama	5:53AM – 7:25AM	Vishkamba* Until 1:20AM Fri	Muruga: Purple	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 20		
		575241363 Rahu	1:36PM – 3:08PM	Vistit Until 6:48AM Fri	Nataraja: Purple		3rd Phase		
Creative Work	Siddha Yoga			Saptami Until 5:48PM	Moon – Orange		Bhuloka Day		
Until 5:53PM					Bhadrapada-Avani		Devaloka Time: 6:AM to 9:AM		
Then Routine Work - Prabalarishta Yoga									

Retreat Star		Friday, September 9, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vistit/Bava Karana Ashtamyam Titau		Kingston, Jamaica Sun 21 Sutra 145	
Vrischika Rasi: 22.44	Tithi 8	Gulika	7:25AM – 8:58AM	Jyeshtha* Until 8:08PM	Ganesh: Clear	<i>Sunrise:</i> 5:53AM	Durmukha 5118		
		Yama	3:08PM – 4:40PM	Priti Until 1:42AM Sat	Muruga: Purple	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 20		
		575241363 Rahu	10:30AM – 12:03PM	Vistit Until 6:48AM	Nataraja: Purple		Ashtami		
Routine Work	Marana Yoga			Ashtami* Until 7:39PM	Moon – Orange		Bhuloka Day		
Until 8:08PM					Bhadrapada-Avani		Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Amrita Yoga									

Retreat Star		Saturday, September 10, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Balava/Kaulava Karana Navamyam Titau		Kingston, Jamaica Sun 22 Sutra 146	
Dhanus Rasi: 4.57	Tithi 9	Gulika	5:53AM – 7:25AM	Mula* Until 10:11PM	Ganesh: Purple	<i>Sunrise:</i> 5:53AM	Durmukha 5118		
		Yama	1:35PM – 3:07PM	Ayushman Until 1:36AM Sun	Muruga: Purple	<i>Sunset:</i> 6:12PM	Moon 8 - Phase 20		
		585241363 Rahu	8:58AM – 10:30AM	Balava Until 8:24AM	Nataraja: Purple		Navami		
Creative Work	Siddha Yoga			Navami* Until 8:57PM	Moon – Light Blue		Bhuloka Day		
					Bhadrapada-Avani				

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1 Sunday, September 11, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau			Kingston, Jamaica Sun 23 Sutra 147 Durmukha 5118
Dhanus Rasi: 17.25	Tithi 10	Gulika 3:06PM – 4:39PM	Purvashadha* Until 11:24PM	Ganesh: Purple <i>Sunrise:</i> 5:53AM	
		Yama 12:02PM – 1:34PM	Saubhagya Until 12:58AM Mon	Muruga: Purple <i>Sunset:</i> 6:11PM	Moon 8 - Phase 21
	585241363	Rahu 4:39PM – 6:11PM	Taitila Until 9:23AM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Dashami Until 9:35PM	Moon – Light Blue	Bhuloka Day
Until 11:24PM		Grandparent's Day		Bhadrapada-Avani	
Then Creative Work - Amrita Yoga					

2 Monday, September 12, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau			Kingston, Jamaica Sun 24 Sutra 148 Durmukha 5118
Makara Rasi: 0.12	Tithi 11	Gulika 1:34PM – 3:06PM	Uttarashadha Until 11:45PM	Ganesh: Purple <i>Sunrise:</i> 5:53AM	
Family Home Evening		Yama 10:30AM – 12:02PM	Sobhana Until 11:45PM	Muruga: Purple <i>Sunset:</i> 6:10PM	Moon 8 - Phase 21
	585241363	Rahu 7:26AM – 8:58AM	Vanija Until 9:39AM	Nataraja: Purple	4th Phase
Routine Work	Marana Yoga		Ekadashi Until 9:29PM	Moon – Light Blue	Bhuloka Day
Until 11:45PM				Bhadrapada-Avani	
Then Creative Work - Amrita Yoga					

3 Tuesday, September 13, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau			Kingston, Jamaica Sun 25 Sutra 149 Durmukha 5118
Makara Rasi: 13.22	Tithi 12	Gulika 12:01PM – 1:33PM	Shravana Until 11:39PM	Ganesh: Clear <i>Sunrise:</i> 5:54AM	
		Yama 8:57AM – 10:29AM	Athiganda* Until 9:55PM	Muruga: Purple <i>Sunset:</i> 6:09PM	Moon 8 - Phase 21
	595241363	Rahu 3:05PM – 4:37PM	Bava Until 9:09AM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 8:36PM	Moon – Purple	Bhuloka Day
				Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM

4 Wednesday, September 14, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Kingston, Jamaica Sun 26 Sutra 150 Durmukha 5118
Makara Rasi: 26.58	Tithi 13	Gulika 10:29AM – 12:01PM	Dhanishtha Until 10:42PM	Ganesh: Clear <i>Sunrise:</i> 5:54AM	
		Yama 7:26AM – 8:57AM	Sukarma Until 7:31PM	Muruga: Purple <i>Sunset:</i> 6:08PM	Moon 8 - Phase 21
	595241363	Rahu 12:01PM – 1:33PM	Kaulava Until 7:55AM	Nataraja: Purple	4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 7:01PM	Moon – Purple	Bhuloka Day
Until 10:42PM		Chidambaram Abhishekam	<i>Pradosha Vrata</i>	Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga					

5 Thursday, September 15, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Dhriti/Shula* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau			Kingston, Jamaica Sun 27 Sutra 151 Durmukha 5118
Kumbha Rasi: 10.57	Tithi 14 – 15	Gulika 8:57AM – 10:29AM	Shatabhishak Until 9:02PM	Ganesh: Clear <i>Sunrise:</i> 5:54AM	
		Yama 5:54AM – 7:26AM	Dhriti Until 4:38PM	Muruga: Purple <i>Sunset:</i> 6:07PM	Moon 8 - Phase 21
	595241363	Rahu 1:32PM – 3:04PM	Gara Until 6:00AM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 4:49PM	Moon – Purple	Bhuloka Day
				Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM

Friday, September 16, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprosnthapada* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Kingston, Jamaica Sun 27 Sutra 152 Durmukha 5118
Copper Retreat Star		Gulika 7:26AM – 8:57AM	Purvaprosnthapada* Until 7:11PM	Ganesh: Purple <i>Sunrise:</i> 5:54AM	
Kumbha Rasi: 25.19	Tithi 15 – 16	Yama 3:03PM – 4:35PM	Shula* Until 1:20PM	Muruga: Purple <i>Sunset:</i> 6:07PM	Moon 8 - Phase 21
	516241363	Rahu 10:29AM – 12:00PM	Balava Until 12:41AM Sat	Nataraja: Purple	Purnima
Creative Work	Siddha Yoga		Purnima* Until 2:08PM	Moon – Clear	Devaloka Day
		Penumbra Lunar Eclipse		Bhadrapada-Puratasi	

Saturday, September 17, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraprosnthapada/Revali Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Prathama/Dvilayam Titau			Kingston, Jamaica Sun 28 Sutra 153 Durmukha 5118
Silver Retreat Star		Gulika 5:54AM – 7:26AM	Uttaraprosnthapada Until 4:53PM	Ganesh: Purple <i>Sunrise:</i> 5:54AM	
Meena Rasi: 9.57	Tithi 16 – 17	Yama 1:31PM – 3:03PM	Ganda* Until 9:45AM	Muruga: Purple <i>Sunset:</i> 6:06PM	Moon 8 - Phase 21
	516241363	Rahu 8:57AM – 10:29AM	Taitila Until 9:33PM	Nataraja: Purple	Prathama
Creative Work	Siddha Yoga		Prathama* Until 11:07AM	Moon – Clear	Devaloka Day
Until 4:53PM				Bhadrapada-Puratasi	
Then Routine Work - Prabalarishta Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 18, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam

Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kingston, Jamaica

Sun 1 Sutra 154

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Meena Rasi: 24.46 Tihi 17 - 18

516241363

Gulika 3:02PM - 4:34PM
Yama 12:00PM - 1:31PM
Rahu 4:34PM - 6:05PM

Revati Until 2:17PM
Vridhhi Until 6:01AM
Vanija Until 6:17PM

Ganesh: Purple Sunrise: 5:54AM
Muruga: Purple Sunset: 6:05PM
Nataraja: Purple

Moon - Clear
Bhadrapada-Puratasi

Devaloka Day

Creative Work Amrita Yoga
Until 2:17PM

Then Creative Work - Siddha Yoga

1

Monday, September 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam

Ashvini/Bharani Nakshatra Vyaghata* Yoga Bava/Balava Karana Chaturthiyam Titau

Kingston, Jamaica

Sun 2 Sutra 155

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 9.38 Tihi 19

526341363

Gulika 1:30PM - 3:02PM
Yama 10:28AM - 11:59AM
Rahu 7:26AM - 8:57AM

Ashvini Until 11:58AM
Vyaghata* Until 10:29PM
Bava Until 3:04PM

Ganesh: Purple Sunrise: 5:54AM
Muruga: Purple Sunset: 6:04PM
Nataraja: Purple

Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

Chaturthi* Until 1:29AM Tue

2

Tuesday, September 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam

Bharani/Krittika Nakshatra Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Kingston, Jamaica

Sun 3 Sutra 156

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 24.25 Tihi 20

526341363

Gulika 11:59AM - 1:30PM
Yama 8:57AM - 10:28AM
Rahu 3:01PM - 4:32PM

Bharani Until 9:40AM
Harshana Until 6:56PM
Kaulava Until 12:00PM

Ganesh: Purple Sunrise: 5:55AM
Muruga: Purple Sunset: 6:03PM
Nataraja: Purple

Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

Panchami Until 10:33PM

3

Wednesday, September 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam

Krittika/Rohini Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Kingston, Jamaica

Sun 4 Sutra 157

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 9 Tihi 21

526341363

Gulika 10:28AM - 11:59AM
Yama 7:26AM - 8:57AM
Rahu 11:59AM - 1:29PM

Krittika Until 7:30AM
Vajra* Until 3:38PM
Gara Until 9:14AM

Ganesh: Purple Sunrise: 5:55AM
Muruga: Purple Sunset: 6:02PM
Nataraja: Purple

Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Amrita Yoga

Shashthi* Until 7:58PM

Until 7:30AM

Then Creative Work - Siddha Yoga

4

Thursday, September 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam

Rohini/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Visli*/Balava Karana Saptami/Ashtamyam Titau

Kingston, Jamaica

Sun 5 Sutra 158

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 23.19 Tihi 22 - 23

536341363

Gulika 8:57AM - 10:27AM
Yama 5:55AM - 7:26AM
Rahu 1:29PM - 3:00PM

Rohini Until 6:00AM
Siddhi Until 12:42PM
Visti Until 6:51AM

Ganesh: Clear Sunrise: 5:55AM
Muruga: Purple Sunset: 6:01PM
Nataraja: Purple

Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Routine Work Marana Yoga

Devaloka Time: 6:AM to 9:AM

Saptami Until 5:49PM

D

Friday, September 23, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam

Ardra Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kingston, Jamaica

Sun 6 Sutra 159

Durmukha 5118

Moon 9 - Phase 22

Ashtami

Mithuna Rasi: 7.2 Tihi 23 - 24

537341363

Gulika 7:26AM - 8:56AM
Yama 2:59PM - 4:30PM
Rahu 10:27AM - 11:58AM

Ardra Until 4:02AM Sat
Vyatipata* Until 10:10AM
Taitila Until 3:35AM Sat

Ganesh: White Sunrise: 5:55AM
Muruga: Purple Sunset: 6:01PM
Nataraja: Purple

Moon - Yellow
Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

Ashtami* Until 4:11PM

Saturday, September 24, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam

Punarvasu Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kingston, Jamaica

Sun 7 Sutra 160

Durmukha 5118

Moon 9 - Phase 22

Navami

Mithuna Rasi: 21.01 Tihi 24 - 25

547341363

Gulika 5:55AM - 7:26AM
Yama 1:28PM - 2:59PM
Rahu 8:56AM - 10:27AM

Punarvasu Until 4:05AM Sun
Varyan Until 8:02AM
Vanija Until 2:46AM Sun

Ganesh: Yellow Sunrise: 5:55AM
Muruga: Purple Sunset: 6:00PM
Nataraja: Purple

Moon - Blue
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

Devaloka Time: 9:AM to 12:PM

Navami* Until 3:05PM

1 Sunday, September 25, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam				Kingston, Jamaica
		Pushya Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 8 Sutra 161
Kataka Rasi: 4.23	Tithi 25 – 26	Gulika 2:58PM – 4:28PM	Pushya Until 4:31AM Mon	Ganesha: Yellow <i>Sunrise:</i> 5:55AM	Durmukha 5118	
		Yama 11:57AM – 1:28PM	Parigha* Until 6:22AM	Muruga: Purple <i>Sunset:</i> 5:59PM	Moon 9 - Phase 23	
		547341363 Rahu 4:28PM – 5:59PM	Bava Until 2:30AM Mon	Nataraja: Purple	2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 2:33PM	Moon – Blue	Bhuloka Day	
				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

2 Monday, September 26, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam				Kingston, Jamaica
		Ashlesha* Nakshatra Siddha Yoga Balava/Kaulava Karana Ekadashi/Trayodashyam Titau				Sun 9 Sutra 162
Kataka Rasi: 17.28	Tithi 26 – 27	Gulika 1:27PM – 2:57PM	Ashlesha* Until 5:18AM Tue	Ganesha: Yellow <i>Sunrise:</i> 5:56AM	Durmukha 5118	
Family Home Evening		Yama 10:26AM – 11:57AM	Siddha Until 4:17AM Tue	Muruga: Purple <i>Sunset:</i> 5:59PM	Moon 9 - Phase 23	
		547341363 Rahu 7:26AM – 8:56AM	Kaulava Until 2:45AM Tue	Nataraja: Purple	2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 2:33PM	Moon – Blue	Bhuloka Day	
				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

3 Tuesday, September 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam				Kingston, Jamaica
		Magha* Nakshatra Sadhya Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 10 Sutra 163
Simha Rasi: 0.16	Tithi 27 – 28	Gulika 11:56AM – 1:27PM	Magha* Until 6:52AM Wed	Ganesha: Yellow <i>Sunrise:</i> 5:56AM	Durmukha 5118	
		Yama 8:56AM – 10:26AM	Sadhya Until 3:50AM Wed	Muruga: Purple <i>Sunset:</i> 5:57PM	Moon 9 - Phase 23	
		657341363 Rahu 2:57PM – 4:27PM	Gara Until 3:31AM Wed	Nataraja: Purple	2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 3:03PM	Moon – Red	Bhuloka Day	
Until 6:52AM Wed			<i>Pradosha Vrata (Fasting)</i>	Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga						

4 Wednesday, September 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam				Kingston, Jamaica
		Magha*/Purvaphalguni Nakshatra Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 11 Sutra 164
Simha Rasi: 12.52	Tithi 28 – 29	Gulika 10:26AM – 11:56AM	Magha* Until 6:52AM	Ganesha: Yellow <i>Sunrise:</i> 5:56AM	Durmukha 5118	
		Yama 7:26AM – 8:56AM	Subha Until 3:45AM Thu	Muruga: Purple <i>Sunset:</i> 5:56PM	Moon 9 - Phase 23	
		657341363 Rahu 11:56AM – 1:26PM	Visti Until 4:43AM Thu	Nataraja: Purple	2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 4:02PM	Moon – Red	Bhuloka Day	
Until 6:52AM				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga						

5 Thursday, September 29, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam				Kingston, Jamaica
		Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12 Sutra 165
Simha Rasi: 25.16	Tithi 29 – 30	Gulika 8:56AM – 10:26AM	Purvaphalguni Until 8:43AM	Ganesha: Yellow <i>Sunrise:</i> 5:56AM	Durmukha 5118	
		Yama 5:56AM – 7:26AM	Sukla Until 3:56AM Fri	Muruga: Purple <i>Sunset:</i> 5:56PM	Moon 9 - Phase 23	
		657341363 Rahu 1:26PM – 2:56PM	Catuspada Until 6:19AM Fri	Nataraja: Purple	2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 5:27PM	Moon – Red	Bhuloka Day	
				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

Friday, September 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam				Kingston, Jamaica
Retreat Star		Uttaraphalguni/Hasta Nakshatra Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 166
Kanya Rasi: 7.29	Tithi 30	Gulika 7:26AM – 8:56AM	Uttaraphalguni Until 10:47AM	Ganesha: Blue <i>Sunrise:</i> 5:56AM	Durmukha 5118	
		Yama 2:55PM – 4:25PM	Brahma Until 4:23AM Sat	Muruga: Purple <i>Sunset:</i> 5:55PM	Moon 9 - Phase 23	
		658341363 Rahu 10:26AM – 11:55AM	Catuspada Until 6:19AM	Nataraja: Purple	Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 7:14PM	Moon – Red	Bhuloka Day	
Until 10:47AM				Bhadrapada-Puratasi		
Then Creative Work - Amrita Yoga		Mahalaya Amavasai (Tamil Nadu)				

Saturday, October 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam				Kingston, Jamaica
Retreat Star		Hasta/Chitra Nakshatra Indra Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 167
Kanya Rasi: 19.35	Tithi 1	Gulika 5:56AM – 7:26AM	Hasta Until 1:29PM	Ganesha: Blue <i>Sunrise:</i> 5:56AM	Durmukha 5118	
		Yama 1:25PM – 2:55PM	Indra Until 5:05AM Sun	Muruga: Purple <i>Sunset:</i> 5:54PM	Moon 9 - Phase 23	
		668341363 Rahu 8:56AM – 10:25AM	Kintughna Until 8:16AM	Nataraja: Purple	Prathama	
Routine Work	Marana Yoga		Prathama* Until 9:20PM	Moon – Green	Bhuloka Day	
		Navaratri Begins		Ashvina-Puratasi		

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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1 Sunday, October 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kingston, Jamaica Sun 15 Sutra 168 Durmukha 5118
Tula Rasi: 1.34	Tithi 2	Gulika 2:54PM – 4:23PM	Chitra Until 4:16PM	Ganesha: Blue <i>Sunrise:</i> 5:57AM		
		Yama 11:55AM – 1:24PM	Vaidhriti* Until 5:54AM Mon	Muruga: Purple <i>Sunset:</i> 5:53PM		Moon 9 - Phase 24
Creative Work	Siddha Yoga	668341363 Rahu 4:23PM – 5:53PM	Balava Until 10:29AM	Nataraja: Purple		3rd Phase
			Dvitiya Until 11:39PM	Moon – Green		
				Ashvina•Puratasi		Bhuloka Day

2 Monday, October 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Tailila/Gara Karana Tritiyayam Titau				Kingston, Jamaica Sun 16 Sutra 169 Durmukha 5118
Tula Rasi: 13.28	Tithi 3	Gulika 1:24PM – 2:53PM	Svati Until 7:02PM	Ganesha: Blue <i>Sunrise:</i> 5:57AM		
Family Home Evening		Yama 10:25AM – 11:55AM	Vishkambha* Until 6:49AM Tue	Muruga: Purple <i>Sunset:</i> 5:52PM		Moon 9 - Phase 24
Creative Work	Amrita Yoga	668341363 Rahu 7:26AM – 8:56AM	Tailila Until 12:54PM	Nataraja: Purple		3rd Phase
Until 7:02PM			Tritiya Until 2:07AM Tue	Moon – Green		
Then Routine Work - Marana Yoga				Ashvina•Puratasi		Bhuloka Day

3 Tuesday, October 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthyam Titau				Kingston, Jamaica Sun 17 Sutra 170 Durmukha 5118
Tula Rasi: 25.19	Tithi 4	Gulika 11:54AM – 1:24PM	Vishakha Until 10:13PM	Ganesha: Blue <i>Sunrise:</i> 5:57AM		
		Yama 8:56AM – 10:25AM	Vishkambha* Until 6:49AM	Muruga: Purple <i>Sunset:</i> 5:51PM		Moon 9 - Phase 24
Routine Work	Marana Yoga	678341363 Rahu 2:53PM – 4:22PM	Vanija Until 3:24PM	Nataraja: Purple		3rd Phase
Until 10:13PM			Chaturthi* Until 4:37AM Wed	Moon – Orange		
Then Creative Work - Siddha Yoga				Ashvina•Puratasi		Bhuloka Day

4 Wednesday, October 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau				Kingston, Jamaica Sun 18 Sutra 171 Durmukha 5118
Vrischika Rasi: 7.1	Tithi 5	Gulika 10:25AM – 11:54AM	Anuradha Until 1:09AM Thu	Ganesha: Blue <i>Sunrise:</i> 5:57AM		
		Yama 7:26AM – 8:56AM	Priti Until 7:45AM	Muruga: Purple <i>Sunset:</i> 5:51PM		Moon 9 - Phase 24
Creative Work	Siddha Yoga	678341363 Rahu 11:54AM – 1:23PM	Bava Until 5:52PM	Nataraja: Purple		3rd Phase
Until 1:09AM Thu			Panchami Until 7:01AM Thu	Moon – Orange		
Then Routine Work - Prabalarishta Yoga				Ashvina•Puratasi		Bhuloka Day

5 Thursday, October 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kingston, Jamaica Sun 19 Sutra 172 Durmukha 5118
Vrischika Rasi: 19.04	Tithi 5 – 6	Gulika 8:56AM – 10:25AM	Jyeshtha* Until 3:43AM Fri	Ganesha: Red <i>Sunrise:</i> 5:57AM		
		Yama 5:57AM – 7:26AM	Ayushman Until 8:34AM	Muruga: Purple <i>Sunset:</i> 5:50PM		Moon 9 - Phase 24
Routine Work	Prabalarishta Yoga	679341363 Rahu 1:23PM – 2:52PM	Kaulava Until 8:10PM	Nataraja: Purple		3rd Phase
Until 3:43AM Fri			Panchami Until 7:01AM	Moon – Orange		
Then Creative Work - Amrita Yoga				Ashvina•Puratasi		Bhuloka Day
						Devaloka Time: 9:AM to 12:PM

6 Friday, October 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Kingston, Jamaica Sun 20 Sutra 173 Durmukha 5118
Dhanus Rasi: 1.03	Tithi 6 – 7	Gulika 7:27AM – 8:56AM	Mula* Until 6:14AM Sat	Ganesha: Blue <i>Sunrise:</i> 5:58AM		
		Yama 2:51PM – 4:20PM	Saubhagya Until 9:12AM	Muruga: Purple <i>Sunset:</i> 5:49PM		Moon 9 - Phase 24
Creative Work	Amrita Yoga	689341364 Rahu 10:24AM – 11:53AM	Gara Until 10:07PM	Nataraja: Clear		3rd Phase
Until 6:14AM Sat			Shashthi* Until 9:10AM	Moon – Light Blue		
Then Creative Work - Siddha Yoga				Ashvina•Puratasi		Sivaloka Day

Retreat Star		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Ahiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kingston, Jamaica Sun 21 Sutra 174 Durmukha 5118
Dhanus Rasi: 13.12	Tithi 7 – 8	Gulika 5:58AM – 7:27AM	Mula* Until 6:14AM	Ganesha: Blue <i>Sunrise:</i> 5:58AM		
		Yama 1:22PM – 2:51PM	Sobhana Until 9:31AM	Muruga: Purple <i>Sunset:</i> 5:48PM		Moon 9 - Phase 24
Creative Work	Siddha Yoga	689341364 Rahu 8:55AM – 10:24AM	Visti Until 11:34PM	Nataraja: Clear		Ashtami
			Saptami Until 10:54AM	Moon – Light Blue		
		Durga Ashtami		Ashvina•Puratasi		Sivaloka Day

Retreat Star		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kingston, Jamaica Sun 22 Sutra 175 Durmukha 5118
Dhanus Rasi: 25.35	Tithi 8 – 9	Gulika 2:50PM – 4:19PM	Purvashadha* Until 8:03AM	Ganesha: Blue <i>Sunrise:</i> 5:58AM		
		Yama 11:53AM – 1:21PM	Athiganda* Until 9:22AM	Muruga: Purple <i>Sunset:</i> 5:48PM		Moon 9 - Phase 24
Creative Work	Siddha Yoga	689341364 Rahu 4:19PM – 5:48PM	Balava Until 12:21AM Mon	Nataraja: Clear		Navami
Until 8:03AM			Ashtami* Until 12:02PM	Moon – Light Blue		
Then Creative Work - Amrita Yoga		Saraswathi Puja (Tamil Nadu)		Ashvina•Puratasi		Sivaloka Day

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

All times are standard time

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1		Monday, October 10, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Kingston, Jamaica Sun 23 Sutra 176 Durmukha 5118
Makara Rasi: 8.17	Tithi 9 – 10	Gulika	1:21PM – 2:50PM	Uttarashadha Until 9:01AM	Ganesh: Blue	<i>Sunrise:</i> 5:58AM	
Family Home Evening	689351364	Yama	10:24AM – 11:53AM	Sukarma Until 8:40AM	Muruga: Clear	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 25
Routine Work	Marana Yoga	Rahu	7:27AM – 8:55AM	Taitila Until 12:21AM Tue	Nataraja: Clear		4th Phase
Until 9:01AM		Vijaya Dasami		Navami* Until 12:26PM	Moon – Light Blue	Subha Sivaloka Day	
Then Creative Work - Amrita Yoga							

2		Tuesday, October 11, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Kingston, Jamaica Sun 24 Sutra 177 Durmukha 5118
Makara Rasi: 21.22	Tithi 10 – 11	Gulika	11:52AM – 1:21PM	Shravana Until 9:30AM	Ganesh: Yellow	<i>Sunrise:</i> 5:59AM	
	699351364	Yama	8:55AM – 10:24AM	Dhriti Until 7:22AM	Muruga: Clear	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	Rahu	2:49PM – 4:18PM	Vanija Until 11:31PM	Nataraja: Clear		4th Phase
				Dashami Until 12:01PM	Moon – Purple	Sivaloka Day	
		Ashvina•Puratasi					

3		Wednesday, October 12, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Kingston, Jamaica Sun 25 Sutra 178 Durmukha 5118
Kumbha Rasi: 4.55	Tithi 11 – 12	Gulika	10:24AM – 11:52AM	Dhanishtha Until 9:02AM	Ganesh: Yellow	<i>Sunrise:</i> 5:59AM	
	699351364	Yama	7:27AM – 8:55AM	Ganda* Until 2:45AM Thu	Muruga: Clear	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 25
Routine Work	Prabalarishta Yoga	Rahu	11:52AM – 1:20PM	Bava Until 9:53PM	Nataraja: Clear		4th Phase
Until 9:02AM		Kadaitswami Mahasamadhi		Ekadashi Until 10:46AM	Moon – Purple	Sivaloka Day	
Then Creative Work - Siddha Yoga		Ashvina•Puratasi					

4		Thursday, October 13, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Kingston, Jamaica Sun 26 Sutra 179 Durmukha 5118
Kumbha Rasi: 18.55	Tithi 12 – 13	Gulika	8:55AM – 10:24AM	Shatabhishak Until 7:40AM	Ganesh: Yellow	<i>Sunrise:</i> 5:59AM	
	699351364	Yama	5:59AM – 7:27AM	Vriddhi Until 11:36PM	Muruga: Clear	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	Rahu	1:20PM – 2:48PM	Kaulava Until 7:32PM	Nataraja: Clear		4th Phase
				Dvadashi Until 8:46AM	Moon – Purple	Sivaloka Day	
		Ashvina•Puratasi					
		<i>Pradosha Vrata</i>					

5		Friday, October 14, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau	Kingston, Jamaica Sun 27 Sutra 180 Durmukha 5118
Meena Rasi: 3.23	Tithi 13 – 14	Gulika	7:27AM – 8:55AM	Uttaraproshtapada Until 3:30AM Sat	Ganesh: White	<i>Sunrise:</i> 5:59AM	
	611451364	Yama	2:48PM – 4:16PM	Dhruva Until 7:57PM	Muruga: Clear	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	Rahu	10:24AM – 11:52AM	Vanija Until 2:56AM Sat	Nataraja: Clear		4th Phase
Until 3:30AM Sat		Chidambaram Abhishekam		Trayodashi Until 6:07AM	Moon – Clear	Devaloka Day	
Then Routine Work - Prabalarishta Yoga		Ashvina•Puratasi					

○		Saturday, October 15, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Purnimayam Titau	Kingston, Jamaica Sun 27 Sutra 181 Durmukha 5118
Copper Retreat Star		Gulika	6:00AM – 7:28AM	Revati Until 12:37AM Sun	Ganesh: White	<i>Sunrise:</i> 6:00AM	
Meena Rasi: 18.13	Tithi 15	Yama	1:19PM – 2:47PM	Vyaghata* Until 3:59PM	Muruga: Clear	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 25
	611451364	Rahu	8:56AM – 10:23AM	Visti Until 1:14PM	Nataraja: Clear		Purnima
Routine Work	Prabalarishta Yoga			Purnima* Until 11:25PM	Moon – Clear	Devaloka Day	
Until 12:37AM Sun		Ashvina•Puratasi					
Then Creative Work - Siddha Yoga							

○		Sunday, October 16, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau	Kingston, Jamaica Sun 28 Sutra 182 Durmukha 5118
Silver Retreat Star		Gulika	2:47PM – 4:15PM	Ashvini Until 9:48PM	Ganesh: Clear	<i>Sunrise:</i> 6:00AM	
Mesha Rasi: 3.19	Tithi 16	Yama	11:51AM – 1:19PM	Harshana Until 11:49AM	Muruga: Clear	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 25
	621451364	Rahu	4:15PM – 5:42PM	Balava Until 9:35AM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga			Prathama* Until 7:42PM	Moon – White	Sivaloka Day	
Until 9:48PM		Ashvina•Aipasi					
Then Routine Work - Prabalarishta Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Monday, October 17, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Vajra/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kingston, Jamaica

Sun 1 Sutra 183

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 18.31 Tihi 17 - 18

Family Home Evening

621451364

Gulika 1:19PM - 2:46PM

Yama 10:23AM - 11:51AM

Rahu 7:28AM - 8:56AM

Bharani Until 6:52PM

Vajra* Until 7:33AM

Vanija Until 2:11AM Tue

Dvitiya Until 3:59PM

Ganesha: Clear Sunrise: 6:00AM

Muruga: Clear Sunset: 5:42PM

Nataraja: Clear

Moon - White

Ashvina-Aipasi

Sivaloka Day

Then Routine Work - Marana Yoga

1

Tuesday, October 18, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Kingston, Jamaica

Sun 2 Sutra 184

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Virshabha Rasi: 3.4 Tihi 18 - 19

Creative Work Siddha Yoga

Until 3:58PM

Then Creative Work - Amrita Yoga

621451364

Gulika 11:51AM - 1:18PM

Yama 8:56AM - 10:23AM

Rahu 2:46PM - 4:14PM

Krittika Until 3:58PM

Vyatipata* Until 11:24PM

Bava Until 10:44PM

Tritiya Until 12:24PM

Ganesha: Clear Sunrise: 6:00AM

Muruga: Clear Sunset: 5:41PM

Nataraja: Clear

Moon - White

Ashvina-Aipasi

Sivaloka Day

2

Wednesday, October 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica

Sun 3 Sutra 185

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Virshabha Rasi: 18.36 Tihi 19 - 20

Creative Work Siddha Yoga

631451364

Gulika 10:23AM - 11:51AM

Yama 7:28AM - 8:56AM

Rahu 11:51AM - 1:18PM

Rohini Until 1:41PM

Variyan Until 7:44PM

Kaulava Until 7:41PM

Chaturthi* Until 9:08AM

Ganesha: Purple Sunrise: 6:01AM

Muruga: Clear Sunset: 5:40PM

Nataraja: Clear

Moon - Yellow

Ashvina-Aipasi

Devaloka Day

3

Thursday, October 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha*/Shiva Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Kingston, Jamaica

Sun 4 Sutra 186

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 3.12 Tihi 20 - 21

Routine Work Marana Yoga

631451364

Gulika 8:56AM - 10:23AM

Yama 6:01AM - 7:28AM

Rahu 1:18PM - 2:45PM

Mrigashira Until 11:46AM

Parigha* Until 4:31PM

Vanija Until 4:09AM Fri

Panchami Until 6:21AM

Ganesha: Purple Sunrise: 6:01AM

Muruga: Clear Sunset: 5:40PM

Nataraja: Clear

Moon - Yellow

Ashvina-Aipasi

Devaloka Day

4

Friday, October 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Kingston, Jamaica

Sun 5 Sutra 187

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 17.23 Tihi 22

Creative Work Siddha Yoga

631451364

Gulika 7:29AM - 8:56AM

Yama 2:45PM - 4:12PM

Rahu 10:23AM - 11:50AM

Ardra Until 10:19AM

Shiva Until 1:51PM

Visti Until 3:19PM

Saptami Until 2:39AM Sat

Ganesha: Purple Sunrise: 6:01AM

Muruga: Clear Sunset: 5:39PM

Nataraja: Clear

Moon - Yellow

Ashvina-Aipasi

Devaloka Day

D

Saturday, October 22, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Kingston, Jamaica

Sun 6 Sutra 188

Durmukha 5118

Moon 10 - Phase 26

Ashtami

Kataka Rasi: 1.08 Tihi 23

Creative Work Siddha Yoga

641451364

Gulika 6:02AM - 7:29AM

Yama 1:17PM - 2:44PM

Rahu 8:56AM - 10:23AM

Punarvasu Until 9:53AM

Siddha Until 11:44AM

Balava Until 2:12PM

Ashtami* Until 1:55AM Sun

Ganesha: Clear Sunrise: 6:02AM

Muruga: Clear Sunset: 5:39PM

Nataraja: Clear

Moon - Blue

Ashvina-Aipasi

Sivaloka Day

Sunday, October 23, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Kingston, Jamaica

Sun 7 Sutra 189

Durmukha 5118

Moon 10 - Phase 26

Navami

Kataka Rasi: 14.27 Tihi 24

Creative Work Siddha Yoga

641451364

Gulika 2:44PM - 4:11PM

Yama 11:50AM - 1:17PM

Rahu 4:11PM - 5:38PM

Pushya Until 10:03AM

Sadhya Until 10:14AM

Taitila Until 1:51PM

Navami* Until 1:56AM Mon

Ganesha: Clear Sunrise: 6:02AM

Muruga: Clear Sunset: 5:38PM

Nataraja: Clear

Moon - Blue

Ashvina-Aipasi

Sivaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

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1		Monday, October 24, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Vistli* Karana Dashamyam Titau		Kingston, Jamaica Sun 8 Sutra 190	
Kataka Rasi: 27.22	Tithi 25	Gulika	1:17PM – 2:44PM	Ashlesha* Until 10:47AM	Ganesha: Purple	<i>Sunrise:</i> 6:02AM	Durmukha 5118		
Family Home Evening	642451364	Rahu	7:29AM – 8:56AM	Subha Until 9:20AM	Muruga: Clear	<i>Sunset:</i> 5:37PM	Moon 10 - Phase 27		
Creative Work	Siddha Yoga			Vanija Until 2:14PM	Nataraja: Clear	Moon - Blue			
Until 10:47AM			Dashami Until 2:40AM Tue		Ashvina-Aipasi		Subha Sivaloka Day		
Then Routine Work - Marana Yoga									
2		Tuesday, October 25, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau		Kingston, Jamaica Sun 9 Sutra 191	
Simha Rasi: 9.58	Tithi 26	Gulika	11:50AM – 1:17PM	Magha* Until 12:28PM	Ganesha: Clear	<i>Sunrise:</i> 6:03AM	Durmukha 5118		
642451364	Rahu	8:56AM – 10:23AM	Sukla Until 8:55AM	Bava Until 3:17PM	Muruga: Clear	<i>Sunset:</i> 5:37PM	Moon 10 - Phase 27		
Creative Work	Siddha Yoga			Ekadashi* Until 3:59AM Wed	Nataraja: Clear	Moon - Red			
				Ashvina-Aipasi		Sivaloka Day			
Then Routine Work - Marana Yoga									
3		Wednesday, October 26, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Kaulava/Tailita Karana Dvodashyam Titau		Kingston, Jamaica Sun 10 Sutra 192	
Simha Rasi: 22.19	Tithi 27	Gulika	10:23AM – 11:50AM	Purvaphalguni Until 2:32PM	Ganesha: Clear	<i>Sunrise:</i> 6:03AM	Durmukha 5118		
642451364	Rahu	7:30AM – 8:56AM	Brahma Until 8:57AM	Kaulava Until 4:51PM	Muruga: Clear	<i>Sunset:</i> 5:36PM	Moon 10 - Phase 27		
Creative Work	Amrita Yoga			Dvadashi* Until 5:47AM Thu	Nataraja: Clear	Moon - Red			
				Ashvina-Aipasi		Sivaloka Day			
Then Routine Work - Marana Yoga									
4		Thursday, October 27, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Gara Karana Trayodashyam Titau		Kingston, Jamaica Sun 11 Sutra 193	
Kanya Rasi: 4.28	Tithi 28	Gulika	8:57AM – 10:23AM	Uttaraphalguni Until 4:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:03AM	Durmukha 5118		
642451364	Rahu	6:03AM – 7:30AM	Indra Until 9:20AM	Gara Until 6:49PM	Muruga: Clear	<i>Sunset:</i> 5:36PM	Moon 10 - Phase 27		
Amrita Yoga			Trayodashi* Until 7:54AM Fri		Nataraja: Clear	Moon - Red			
Until 4:49PM			Pradosha Vrata (Fasting)		Ashvina-Aipasi		Sivaloka Day		
Then Routine Work - Marana Yoga									
5		Friday, October 28, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Vistli* Karana Trayodashi/Chaturdashyam Titau		Kingston, Jamaica Sun 12 Sutra 194	
Kanya Rasi: 16.3	Tithi 28 – 29	Gulika	7:30AM – 8:57AM	Hasta Until 7:42PM	Ganesha: Orange	<i>Sunrise:</i> 6:04AM	Durmukha 5118		
642451364	Rahu	2:42PM – 4:09PM	Vaidhriti* Until 9:55AM	Vistli Until 9:04PM	Muruga: Clear	<i>Sunset:</i> 5:35PM	Moon 10 - Phase 27		
Creative Work	Amrita Yoga			Trayodashi* Until 7:54AM	Nataraja: Clear	Moon - Green			
Until 7:42PM			Deepavali Hindu Solidarity Day		Ashvina-Aipasi		Sivaloka Day		
Then Creative Work - Siddha Yoga									
6		Saturday, October 29, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Kingston, Jamaica Sun 13 Sutra 195	
Retreat Star		Gulika	6:04AM – 7:31AM	Chitra Until 10:34PM	Ganesha: Orange	<i>Sunrise:</i> 6:04AM	Durmukha 5118		
Kanya Rasi: 28.26	Tithi 29 – 30	Yama	1:16PM – 2:42PM	Vishkambha* Until 10:40AM	Muruga: Clear	<i>Sunset:</i> 5:35PM	Moon 10 - Phase 27		
642451364	Rahu	8:57AM – 10:23AM	Catuspada Until 11:28PM	Chaturdashi* Until 10:14AM	Nataraja: Clear	Moon - Green			
Routine Work	Marana Yoga			Ashvina-Aipasi		Sivaloka Day			
Until 10:34PM			Subramuniyaswami Mahasamadhi						
Then Creative Work - Siddha Yoga									
7		Sunday, October 30, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Kingston, Jamaica Sun 14 Sutra 196	
Retreat Star		Gulika	2:42PM – 4:08PM	Svati Until 1:21AM Mon	Ganesha: Orange	<i>Sunrise:</i> 6:05AM	Durmukha 5118		
Tula Rasi: 10.2	Tithi 30 – 1	Yama	11:49AM – 1:16PM	Priti Until 11:31AM	Muruga: Clear	<i>Sunset:</i> 5:34PM	Moon 10 - Phase 27		
642451364	Rahu	4:08PM – 5:34PM	Kintughna Until 1:58AM Mon	Amavasya* Until 12:41PM	Nataraja: Clear	Moon - Green			
Creative Work	Siddha Yoga			Karttika-Aipasi		Sivaloka Day			
Until 1:21AM Mon			Skanda Shasthi Begins						
Then Routine Work - Marana Yoga									

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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1		Monday, October 31, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Kingston, Jamaica Sun 15 Sutra 197 Durmukha 5118
Tula Rasi: 22.12	Titthi 1 - 2	Gulika	1:16PM - 2:42PM	Vishakha Until 4:29AM Tue	Ganesh: Clear	<i>Sunrise:</i> 6:05AM	
Family Home Evening	672451364	Rahu	7:31AM - 8:57AM	Ayushman Until 12:22PM	Muruga: Clear	<i>Sunset:</i> 5:34PM	
Routine Work	Marana Yoga			Balava Until 4:28AM Tue	Nataraja: Clear	Moon 10 - Phase 28	
Until 4:29AM Tue				Prathama* Until 3:12PM	Moon - Orange	3rd Phase	
Then Creative Work - Siddha Yoga					Karttika-Aipasi	Sivaloka Day	

2		Tuesday, November 1, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Kingston, Jamaica Sun 16 Sutra 198 Durmukha 5118
Vrischika Rasi: 4.04	Titthi 2 - 3	Gulika	11:49AM - 1:15PM	Anuradha Until 7:25AM Wed	Ganesh: Clear	<i>Sunrise:</i> 6:05AM	
	672451364	Rahu	2:41PM - 4:07PM	Saubhagya Until 1:14PM	Muruga: Clear	<i>Sunset:</i> 5:33PM	
Creative Work	Siddha Yoga			Taitila Until 6:56AM Wed	Nataraja: Clear	Moon 10 - Phase 28	
				Dvitiya Until 5:41PM	Moon - Orange	3rd Phase	
					Karttika-Aipasi	Sivaloka Day	

3		Wednesday, November 2, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau	Kingston, Jamaica Sun 17 Sutra 199 Durmukha 5118
Vrischika Rasi: 15.57	Titthi 3	Gulika	10:24AM - 11:49AM	Anuradha Until 7:25AM	Ganesh: Clear	<i>Sunrise:</i> 6:06AM	
	672451364	Rahu	11:49AM - 1:15PM	Sobhana Until 2:03PM	Muruga: Clear	<i>Sunset:</i> 5:33PM	
Creative Work	Siddha Yoga			Taitila Until 6:56AM	Nataraja: Clear	Moon 10 - Phase 28	
				Tritiya Until 8:06PM	Moon - Orange	3rd Phase	
					Karttika-Aipasi	Sivaloka Day	

4		Thursday, November 3, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthiyam Titau	Kingston, Jamaica Sun 18 Sutra 200 Durmukha 5118
Vrischika Rasi: 27.53	Titthi 4	Gulika	8:58AM - 10:24AM	Jyeshtha* Until 10:03AM	Ganesh: Clear	<i>Sunrise:</i> 6:06AM	
	672451364	Rahu	1:15PM - 2:41PM	Athiganda* Until 2:44PM	Muruga: Clear	<i>Sunset:</i> 5:32PM	
Routine Work	Prabalarishta Yoga			Vanija Until 9:16AM	Nataraja: Clear	Moon 10 - Phase 28	
Until 10:03AM				Chaturthi* Until 10:20PM	Moon - Orange	3rd Phase	
Then Creative Work - Siddha Yoga					Karttika-Aipasi	Sivaloka Day	

5		Friday, November 4, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau	Kingston, Jamaica Sun 19 Sutra 201 Durmukha 5118
Dhanus Rasi: 9.54	Titthi 5	Gulika	7:32AM - 8:58AM	Mula* Until 12:48PM	Ganesh: Purple	<i>Sunrise:</i> 6:07AM	
	682451364	Rahu	10:24AM - 11:49AM	Sukarma Until 3:15PM	Muruga: Clear	<i>Sunset:</i> 5:32PM	
Creative Work	Amrita Yoga			Bava Until 11:22AM	Nataraja: Clear	Moon 10 - Phase 28	
Until 12:48PM				Panchami Until 12:17AM Sat	Moon - Light Blue	3rd Phase	
Then Routine Work - Prabalarishta Yoga					Karttika-Aipasi	Subha Sivaloka Day	

6		Saturday, November 5, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau	Kingston, Jamaica Sun 20 Sutra 202 Durmukha 5118
Dhanus Rasi: 22.02	Titthi 6	Gulika	6:07AM - 7:33AM	Purvashadha* Until 3:02PM	Ganesh: Purple	<i>Sunrise:</i> 6:07AM	
	682451364	Rahu	8:58AM - 10:24AM	Dhriti Until 3:29PM	Muruga: Clear	<i>Sunset:</i> 5:32PM	
Creative Work	Siddha Yoga			Kaulava Until 1:07PM	Nataraja: Clear	Moon 10 - Phase 28	
Until 3:02PM				Shashthi* Until 1:48AM Sun	Moon - Light Blue	3rd Phase	
Then Routine Work - Marana Yoga		Skanda Shasthi			Karttika-Aipasi	Subha Sivaloka Day	

Retreat Star		Sunday, November 6, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau	Kingston, Jamaica Sun 21 Sutra 203 Durmukha 5118
Makara Rasi: 4.23	Titthi 7	Gulika	2:40PM - 4:06PM	Uttarashadha Until 4:36PM	Ganesh: Clear	<i>Sunrise:</i> 6:08AM	
	782451364	Rahu	4:06PM - 5:31PM	Shula* Until 3:17PM	Muruga: Clear	<i>Sunset:</i> 5:31PM	
Creative Work	Amrita Yoga			Gara Until 2:22PM	Nataraja: Clear	Moon 10 - Phase 28	
				Saptami Until 2:43AM Mon	Moon - Light Blue	3rd Phase	
					Karttika-Aipasi	Sivaloka Day	

Retreat Star		Monday, November 7, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Ashtamyam Titau	Kingston, Jamaica Sun 22 Sutra 204 Durmukha 5118
Makara Rasi: 16.59	Titthi 8	Gulika	1:15PM - 2:40PM	Shravana Until 5:50PM	Ganesh: Clear	<i>Sunrise:</i> 6:08AM	
Family Home Evening	793451364	Rahu	7:34AM - 8:59AM	Ganda* Until 2:35PM	Muruga: Clear	<i>Sunset:</i> 5:31PM	
Creative Work	Amrita Yoga			Visti Until 2:56PM	Nataraja: Clear	Moon 10 - Phase 28	
Until 5:50PM				Ashtami* Until 2:55AM Tue	Moon - Purple	Ashtami	
Then Creative Work - Siddha Yoga					Karttika-Aipasi	Sivaloka Day	

Retreat Star		Tuesday, November 8, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Navamyam Titau	Kingston, Jamaica Sun 23 Sutra 205 Durmukha 5118
Makara Rasi: 29.56	Titthi 9	Gulika	11:50AM - 1:15PM	Dhanishtha Until 6:08PM	Ganesh: Purple	<i>Sunrise:</i> 6:09AM	
	793551364	Rahu	2:40PM - 4:05PM	Vridhi Until 1:18PM	Muruga: Clear	<i>Sunset:</i> 5:31PM	
Creative Work	Siddha Yoga			Balava Until 2:44PM	Nataraja: Clear	Moon 10 - Phase 28	
Until 6:08PM				Navami* Until 2:18AM Wed	Moon - Purple	Navami	
Then Routine Work - Marana Yoga					Karttika-Aipasi	Subha Sivaloka Day	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1	Wednesday, November 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaprossthapada* Nakshatra Dhruva/Vyaghata* Yoga Tailita/Gara Karana Dashamyam Titau				Kingston, Jamaica Sun 24 Sutra 206 Durmukha 5118
	Kumbha Rasi: 13.19	Titithi 10	Gulika 7:34AM – 8:59AM	10:25AM – 11:50AM	Shatabhishak Until 5:30PM	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 6:09AM Sunset: 5:30PM Moon 10 - Phase 29 4th Phase
	Creative Work Siddha Yoga Until 5:30PM Then Creative Work - Amrita Yoga		793551364	Rahu 11:50AM – 1:15PM	Dhruva Until 11:21AM Tailita Until 1:42PM Dashami Until 12:52AM Thu	Karttika•Aipasi	Subha Sivaloka Day

2	Thursday, November 10, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Ekadashyam Titau				Kingston, Jamaica Sun 25 Sutra 207 Durmukha 5118
	Kumbha Rasi: 27.11	Titithi 11	Gulika 6:10AM – 7:35AM	9:00AM – 10:25AM	Purvaprossthapada* Until 4:23PM	Ganesh: Blue Muruga: Clear Nataraja: Clear Moon – Clear	Sunrise: 6:10AM Sunset: 5:30PM Moon 10 - Phase 29 4th Phase
	Creative Work Siddha Yoga		713551364	Rahu 1:15PM – 2:40PM	Vyaghata* Until 8:46AM Vanija Until 11:53AM Ekadashi Until 10:41PM	Karttika•Aipasi	Subha Sivaloka Day

3	Friday, November 11, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Vajra* Yoga Bava/Balava Karana Dvadashyam Titau				Kingston, Jamaica Sun 26 Sutra 208 Durmukha 5118
	Meena Rasi: 11.31	Titithi 12	Gulika 2:40PM – 4:05PM	7:35AM – 9:00AM	Uttaraprossthapada Until 2:26PM	Ganesh: Blue Muruga: Clear Nataraja: Clear Moon – Clear	Sunrise: 6:10AM Sunset: 5:30PM Moon 10 - Phase 29 4th Phase
	Creative Work Siddha Yoga		713551364	Rahu 10:25AM – 11:50AM	Vajra* Until 1:56AM Sat Bava Until 9:21AM Dvadashi Until 7:50PM	Karttika•Aipasi	Subha Sivaloka Day

4	Saturday, November 12, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica Sun 27 Sutra 209 Durmukha 5118
	Meena Rasi: 26.17	Titithi 13 – 14	Gulika 1:15PM – 2:40PM	6:11AM – 7:36AM	Revati Until 11:48AM	Ganesh: Blue Muruga: Clear Nataraja: Clear Moon – Clear	Sunrise: 6:11AM Sunset: 5:30PM Moon 10 - Phase 29 4th Phase
	Routine Work Prabalarishta Yoga Until 11:48AM Then Creative Work - Siddha Yoga		713551364	Rahu 9:00AM – 10:25AM	Siddhi Until 9:53PM Kaulava Until 6:14AM Trayodashi Until 4:29PM <i>Pradosha Vrata</i>	Karttika•Aipasi	Subha Sivaloka Day

○	Sunday, November 13, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kingston, Jamaica Sutra 210 Durmukha 5118		
	Copper Retreat Star		Mesha Rasi: 11.23	Titithi 14 – 15	Gulika 11:50AM – 1:15PM	2:40PM – 4:05PM	Ashvini Until 9:03AM	Ganesh: Yellow Muruga: Clear Nataraja: Clear Moon – White	Sunrise: 6:11AM Sunset: 5:29PM Moon 10 - Phase 29 Purnima
	Creative Work Siddha Yoga Until 9:03AM Then Routine Work - Prabalarishta Yoga		723551364	Rahu 4:05PM – 5:29PM	Vyatipata* Until 5:36PM Visti Until 10:52PM Chaturdashi* Until 12:47PM	Karttika•Aipasi	Sivaloka Day		

○	Monday, November 14, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kingston, Jamaica Sutra 211 Durmukha 5118		
	Silver Retreat Star		Mesha Rasi: 26.41	Titithi 15 – 16	Gulika 10:26AM – 11:50AM	1:15PM – 2:40PM	Krittika Until 2:42AM Tue	Ganesh: Yellow Muruga: Clear Nataraja: Clear Moon – White	Sunrise: 6:12AM Sunset: 5:29PM Moon 10 - Phase 29 Prathama
	Family Home Evening Routine Work Marana Yoga Until 2:42AM Tue Then Creative Work - Amrita Yoga		723551364	Rahu 7:36AM – 9:01AM	Variyan Until 1:10PM Balava Until 6:58PM Purnima* Until 8:54AM	Karttika•Aipasi	Sivaloka Day		

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Tuesday, November 15, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Kingston, Jamaica

Sutra 212

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 12 Tiithi 17

733551364

Gulika 11:51AM – 1:15PM
Yama 9:01AM – 10:26AM
Rahu 2:40PM – 4:04PM

Rohini Until 11:53PM
Parigha* Until 8:47AM
Taitila Until 3:10PM
Dvitiya Until 1:20AM Wed

Ganesha: White *Sunrise:* 6:12AM
Muruga: Clear *Sunset:* 5:29PM
Nataraja: Clear
Moon – Yellow
Karttika-Karttikai

Subha Sivaloka Day

Creative Work Amrita Yoga
Until 11:53PM

Then Creative Work - Siddha Yoga

1

Wednesday, November 16, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Vanija/Visti* Karana Tritiyayam Titau

Kingston, Jamaica

Sun 1 Sutra 213

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 27.1 Tiithi 18

733551365

Gulika 10:26AM – 11:51AM
Yama 7:37AM – 9:02AM
Rahu 11:51AM – 1:15PM

Mrigashira Until 9:16PM
Siddha Until 12:42AM Thu
Vanija Until 11:38AM
Tritiya Until 10:00PM

Ganesha: White *Sunrise:* 6:13AM
Muruga: Clear *Sunset:* 5:29PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

Then Creative Work - Siddha Yoga

2

Thursday, November 17, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra Nakshatra Sadhya Yoga Bava/Balava Karana Chaturthyam Titau

Kingston, Jamaica

Sun 2 Sutra 214

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 12.01 Tiithi 19

733551365

Gulika 9:02AM – 10:27AM
Yama 6:13AM – 7:38AM
Rahu 1:15PM – 2:40PM

Ardra Until 7:03PM
Sadhya Until 9:16PM
Bava Until 8:32AM
Chaturthi* Until 7:12PM

Ganesha: White *Sunrise:* 6:13AM
Muruga: Clear *Sunset:* 5:29PM
Nataraja: White
Moon – Yellow
Karttika-Karttikai

Sivaloka Day

Routine Work Marana Yoga
Until 7:03PM

Then Creative Work - Amrita Yoga

3

Friday, November 18, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Kingston, Jamaica

Sun 3 Sutra 215

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 26.25 Tiithi 20 – 21

743551365

Gulika 7:38AM – 9:03AM
Yama 2:40PM – 4:04PM
Rahu 10:27AM – 11:51AM

Punarvasu Until 5:47PM
Subha Until 6:25PM
Kaulava Until 6:04AM
Panchami Until 5:05PM

Ganesha: Clear *Sunrise:* 6:14AM
Muruga: Clear *Sunset:* 5:29PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga
Until 5:47PM

Then Routine Work - Marana Yoga

4

Saturday, November 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kingston, Jamaica

Sun 4 Sutra 216

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 10.2 Tiithi 21 – 22

743551365

Gulika 6:14AM – 7:39AM
Yama 1:16PM – 2:40PM
Rahu 9:03AM – 10:27AM

Pushya Until 5:11PM
Sukla Until 4:11PM
Visti Until 3:28AM Sun
Shashthi* Until 3:47PM

Ganesha: Clear *Sunrise:* 6:14AM
Muruga: Clear *Sunset:* 5:29PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga
Until 5:11PM

Then Routine Work - Marana Yoga

5

Sunday, November 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kingston, Jamaica

Sun 5 Sutra 217

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 23.46 Tiithi 22 – 23

743551365

Gulika 2:40PM – 4:04PM
Yama 11:52AM – 1:16PM
Rahu 4:04PM – 5:28PM

Ashlesha* Until 5:17PM
Brahma Until 2:40PM
Balava Until 3:30AM Mon
Saptami Until 3:21PM

Ganesha: Clear *Sunrise:* 6:15AM
Muruga: Clear *Sunset:* 5:28PM
Nataraja: White
Moon – Blue
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga
Until 5:17PM

Then Routine Work - Marana Yoga

D

Monday, November 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kingston, Jamaica

Sun 6 Sutra 218

Durmukha 5118

Moon 11 - Phase 30

Ashtami

Simha Rasi: 6.43 Tiithi 23 – 24

754551365

Gulika 1:16PM – 2:40PM
Yama 10:28AM – 11:52AM
Rahu 7:40AM – 9:04AM

Magha* Until 6:33PM
Indra Until 1:50PM
Taitila Until 4:22AM Tue
Ashtami* Until 3:49PM

Ganesha: Clear *Sunrise:* 6:16AM
Muruga: Clear *Sunset:* 5:28PM
Nataraja: White
Moon – Red
Karttika-Karttikai

Devaloka Day

Routine Work Marana Yoga
Until 6:33PM

Then Creative Work - Siddha Yoga

Tuesday, November 22, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kingston, Jamaica

Sun 7 Sutra 219

Durmukha 5118

Moon 11 - Phase 30

Navami

Simha Rasi: 19.16 Tiithi 24 – 25

754551365

Gulika 11:52AM – 1:16PM
Yama 9:04AM – 10:28AM
Rahu 2:40PM – 4:04PM

Purvaphalguni Until 8:24PM
Vaidhriti* Until 1:35PM
Vanija Until 5:57AM Wed
Navami* Until 5:04PM

Ganesha: Clear *Sunrise:* 6:16AM
Muruga: Clear *Sunset:* 5:28PM
Nataraja: White
Moon – Red
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga
Until 8:24PM

Then Creative Work - Amrita Yoga


1	Wednesday, November 23, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha*/Priti Yoga Visti* Karana Dashamyam Titau				Kingston, Jamaica Sun 8 Sutra 220
	Kanya Rasi: 1.32	Tithi 25	Gulika 10:29AM – 11:53AM	Uttaraphalguni Until 10:39PM	Ganesh: Clear Muruga: Clear Nataraja: White Moon – Red	<i>Sunrise:</i> 6:17AM <i>Sunset:</i> 5:28PM	Durmukha 5118 Moon 11 - Phase 31 2nd Phase
	Creative Work Until 10:39PM Then Routine Work - Marana Yoga	Amrita Yoga	754551365	Rahu 7:41AM – 9:05AM 11:53AM – 1:16PM	Vishkambha* Until 1:51PM Visti Until 6:56PM Dashami Until 6:56PM	Devaloka Day Karttika-Karttikai	

2	Thursday, November 24, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Kingston, Jamaica Sun 9 Sutra 221
	Kanya Rasi: 13.35	Tithi 26	Gulika 9:05AM – 10:29AM	Hasta Until 1:36AM Fri	Ganesh: Purple Muruga: Clear Nataraja: White Moon – Green	<i>Sunrise:</i> 6:17AM <i>Sunset:</i> 5:28PM	Durmukha 5118 Moon 11 - Phase 31 2nd Phase
	Routine Work Until 1:36AM Fri Then Creative Work - Siddha Yoga	Marana Yoga	754551365	Rahu 6:17AM – 7:41AM 1:17PM – 2:41PM	Priti Until 2:28PM Bava Until 8:04AM Ekadashi* Until 9:14PM	Bhuloka Day Devaloka Time: 12:PM to 3:PM	

3	Friday, November 25, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Ayushman/Saubhaya Yoga Kaulava/Tailila Karana Dvadashyam Titau				Kingston, Jamaica Sun 10 Sutra 222
	Kanya Rasi: 25.3	Tithi 27	Gulika 7:42AM – 9:06AM	Chitra Until 4:35AM Sat	Ganesh: Purple Muruga: Clear Nataraja: White Moon – Green	<i>Sunrise:</i> 6:18AM <i>Sunset:</i> 5:28PM	Durmukha 5118 Moon 11 - Phase 31 2nd Phase
	Creative Work Until 7:25AM Then Routine Work - Marana Yoga	Siddha Yoga	754551365	Rahu 2:41PM – 4:05PM 10:29AM – 11:53AM	Ayushman Until 3:15PM Kaulava Until 10:29AM Dvadashi* Until 11:45PM	Bhuloka Day Devaloka Time: 12:PM to 3:PM	

4	Saturday, November 26, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Saubhaya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau				Kingston, Jamaica Sun 11 Sutra 223
	Tula Rasi: 7.21	Tithi 28	Gulika 6:19AM – 7:42AM	Svati Until 7:25AM Sun	Ganesh: Purple Muruga: Clear Nataraja: White Moon – Green	<i>Sunrise:</i> 6:19AM <i>Sunset:</i> 5:28PM	Durmukha 5118 Moon 11 - Phase 31 2nd Phase
	Creative Work Until 7:25AM Sun Then Routine Work - Marana Yoga	Siddha Yoga	754551365	Rahu 1:17PM – 2:41PM 9:06AM – 10:30AM	Saubhaya Until 4:08PM Gara Until 1:03PM Trayodashi* Until 2:20AM Sun <i>Pradosha Vrata (Fasting)</i>	Bhuloka Day Devaloka Time: 12:PM to 3:PM	

5	Sunday, November 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kingston, Jamaica Sun 12 Sutra 224
	Tula Rasi: 19.12	Tithi 29	Gulika 2:41PM – 4:05PM	Svati Until 7:25AM	Ganesh: Purple Muruga: Clear Nataraja: White Moon – Green	<i>Sunrise:</i> 6:19AM <i>Sunset:</i> 5:29PM	Durmukha 5118 Moon 11 - Phase 31 2nd Phase
	Creative Work Until 7:25AM Then Routine Work - Marana Yoga	Siddha Yoga	754551365	Rahu 11:54AM – 1:18PM 4:05PM – 5:29PM	Sobhana Until 5:01PM Visti Until 3:38PM Chaturdashi* Until 4:52AM Mon	Bhuloka Day Devaloka Time: 12:PM to 3:PM	

	Monday, November 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Catuspada* Karana Amavasyayam Titau				Kingston, Jamaica Sun 13 Sutra 225
	Vrischika Rasi: 1.04	Tithi 30	Gulika 1:18PM – 2:41PM	Vishakha Until 10:33AM	Ganesh: Light Blue Muruga: Clear Nataraja: White Moon – Orange	<i>Sunrise:</i> 6:20AM <i>Sunset:</i> 5:29PM	Durmukha 5118 Moon 11 - Phase 31 Amavasya
	Family Home Evening Routine Work Until 10:33AM Then Creative Work - Siddha Yoga	Marana Yoga	774551365	Rahu 10:31AM – 11:54AM 7:43AM – 9:07AM	Athiganda* Until 5:49PM Catuspada Until 6:07PM Amavasya* Until 7:17AM Tue	Bhuloka Day Devaloka Time: 12:PM to 3:PM	

	Tuesday, November 29, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kingston, Jamaica Sun 14 Sutra 226
	Vrischika Rasi: 12.59	Tithi 30 – 1	Gulika 11:55AM – 1:18PM	Anuradha Until 1:22PM	Ganesh: Light Blue Muruga: Clear Nataraja: White Moon – Orange	<i>Sunrise:</i> 6:20AM <i>Sunset:</i> 5:29PM	Durmukha 5118 Moon 11 - Phase 31 Prathama
	Creative Work Until 1:22PM Then Routine Work - Marana Yoga	Siddha Yoga	774551365	Rahu 9:07AM – 10:31AM 2:42PM – 4:05PM	Sukarma Until 6:31PM Kintughna Until 8:27PM Amavasya* Until 7:17AM	Bhuloka Day Devaloka Time: 12:PM to 3:PM	

1		Wednesday, November 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kingston, Jamaica Sun 15 Sutra 227	
Virchika Rasi: 24.58	Tithi 1 – 2	Gulika Yama 7:44AM – 9:08AM	10:31AM – 11:55AM Jyeshtha* Until 3:52PM	7:44AM – 9:08AM Dhriti Until 7:06PM	Ganesh: Light Blue <i>Sunrise: 6:21AM</i>	5:29PM Muruga: Clear <i>Sunset: 5:29PM</i>	Durmukha 5118 Moon 11 - Phase 32 3rd Phase
Creative Work	Siddha Yoga	774551365	Rahu 11:55AM – 1:18PM	Balava Until 10:37PM	Moon – Orange	Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Until 3:52PM				Prathama* Until 9:33AM			
Then Routine Work - Marana Yoga							

2		Thursday, December 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Kingston, Jamaica Sun 16 Sutra 228	
Dhanus Rasi: 7.01	Tithi 2 – 3	Gulika Yama 6:22AM – 7:45AM	9:08AM – 10:32AM Mula* Until 6:30PM	6:22AM – 7:45AM Shula* Until 7:29PM	Ganesh: Purple <i>Sunrise: 6:22AM</i>	5:29PM Muruga: Clear <i>Sunset: 5:29PM</i>	Durmukha 5118 Moon 11 - Phase 32 3rd Phase
Creative Work	Siddha Yoga	784551365	Rahu 1:19PM – 2:42PM	Taitila Until 12:34AM Fri	Moon – Light Blue	Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Until 8:43PM				Dvitiya Until 11:36AM			
Then Routine Work - Marana Yoga							

3		Friday, December 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Kingston, Jamaica Sun 17 Sutra 229	
Dhanus Rasi: 19.09	Tithi 3 – 4	Gulika Yama 2:42PM – 4:06PM	7:46AM – 9:09AM Purvashadha* Until 8:43PM	2:42PM – 4:06PM Ganda* Until 7:41PM	Ganesh: Purple <i>Sunrise: 6:22AM</i>	5:29PM Muruga: Clear <i>Sunset: 5:29PM</i>	Durmukha 5118 Moon 11 - Phase 32 3rd Phase
Routine Work	Prabalarishta Yoga	784551365	Rahu 10:32AM – 11:56AM	Vanija Until 2:13AM Sat	Moon – Light Blue	Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Until 8:43PM				Tritiya Until 1:24PM			
Then Routine Work - Marana Yoga							

4		Saturday, December 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Kingston, Jamaica Sun 18 Sutra 230	
Makara Rasi: 1.25	Tithi 4 – 5	Gulika Yama 1:19PM – 2:43PM	6:23AM – 7:46AM Uttarashadha Until 10:26PM	1:19PM – 2:43PM Vriddhi Until 7:38PM	Ganesh: Purple <i>Sunrise: 6:23AM</i>	5:29PM Muruga: Clear <i>Sunset: 5:29PM</i>	Durmukha 5118 Moon 11 - Phase 32 3rd Phase
Routine Work	Marana Yoga	785651365	Rahu 9:09AM – 10:33AM	Bava Until 3:30AM Sun	Moon – Light Blue	Bhuloka Day	Devaloka Time: 12:PM to 3:PM
Until 10:26PM				Chaturthi* Until 2:54PM			
Then Creative Work - Siddha Yoga							

5		Sunday, December 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Kingston, Jamaica Sun 19 Sutra 231	
Makara Rasi: 13.5	Tithi 5 – 6	Gulika Yama 11:56AM – 1:20PM	2:43PM – 4:06PM Shravana Until 12:02AM Mon	11:56AM – 1:20PM Dhruva Until 7:14PM	Ganesh: Clear <i>Sunrise: 6:23AM</i>	5:30PM Muruga: Clear <i>Sunset: 5:30PM</i>	Durmukha 5118 Moon 11 - Phase 32 3rd Phase
Creative Work	Amrita Yoga	795651365	Rahu 4:06PM – 5:30PM	Kaulava Until 4:19AM Mon	Moon – Purple	Devaloka Day	
Until 12:02AM Mon				Panchami Until 3:58PM			
Then Creative Work - Siddha Yoga							

6		Monday, December 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Kingston, Jamaica Sun 20 Sutra 232	
Makara Rasi: 26.29	Tithi 6 – 7	Gulika Yama 10:34AM – 11:57AM	1:20PM – 2:43PM Dhanishtha Until 12:57AM Tue	10:34AM – 11:57AM Vyaghata* Until 6:26PM	Ganesh: Clear <i>Sunrise: 6:24AM</i>	5:30PM Muruga: Clear <i>Sunset: 5:30PM</i>	Durmukha 5118 Moon 11 - Phase 32 3rd Phase
Family Home Evening		795651365	Rahu 7:47AM – 9:10AM	Gara Until 4:33AM Tue	Moon – Purple	Devaloka Day	
Creative Work	Siddha Yoga			Shashthi* Until 4:30PM			
Until 12:57AM Tue							
Then Routine Work - Marana Yoga							

Retreat Star		Tuesday, December 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Kingston, Jamaica Sun 21 Sutra 233	
Kumbha Rasi: 9.24	Tithi 7 – 8	Gulika Yama 9:11AM – 10:34AM	11:57AM – 1:21PM Shatabhishak Until 1:03AM Wed	9:11AM – 10:34AM Harshana Until 5:09PM	Ganesh: Clear <i>Sunrise: 6:25AM</i>	5:30PM Muruga: Clear <i>Sunset: 5:30PM</i>	Durmukha 5118 Moon 11 - Phase 32 3rd Phase
Routine Work	Marana Yoga	795651365	Rahu 2:44PM – 4:07PM	Visti Until 4:07AM Wed	Moon – Purple	Devaloka Day	
Until 1:03AM Wed				Saptami Until 4:24PM			
Then Creative Work - Amrita Yoga							

Retreat Star		Wednesday, December 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Kingston, Jamaica Sun 22 Sutra 234	
Kumbha Rasi: 22.4	Tithi 8 – 9	Gulika Yama 7:48AM – 9:11AM	10:35AM – 11:58AM Purvaproshtapada* Until 12:47AM Thu	7:48AM – 9:11AM Vajra* Until 3:17PM	Ganesh: Red <i>Sunrise: 6:25AM</i>	5:30PM Muruga: Clear <i>Sunset: 5:30PM</i>	Durmukha 5118 Moon 11 - Phase 32 Ashtami
Creative Work	Amrita Yoga	715651365	Rahu 11:58AM – 1:21PM	Balava Until 2:58AM Thu	Moon – Clear	Devaloka Day	
Until 12:47AM Thu				Ashtami* Until 3:37PM			
Then Creative Work - Siddha Yoga							

Retreat Star		Thursday, December 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatlipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Kingston, Jamaica Sun 23 Sutra 235	
Meena Rasi: 6.2	Tithi 9 – 10	Gulika Yama 6:26AM – 7:49AM	9:12AM – 10:35AM Uttaraproshtapada Until 11:40PM	6:26AM – 7:49AM Siddhi Until 12:53PM	Ganesh: Red <i>Sunrise: 6:26AM</i>	5:31PM Muruga: Clear <i>Sunset: 5:31PM</i>	Durmukha 5118 Moon 11 - Phase 32 Navami
Creative Work	Siddha Yoga	715651365	Rahu 1:21PM – 2:44PM	Taitila Until 1:07AM Fri	Moon – Clear	Devaloka Day	
Until 1:07AM Fri				Navami* Until 2:07PM			
Then Creative Work - Siddha Yoga							


The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Friday, December 9, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrīschika Mase Sukla Pakshe Sukra Vasara Yuktayam		Kingston, Jamaica	
Meena Rasi: 20.25		Tithi 10 – 11		Revati Nakshatra Vyatipata* / Variyan Yoga Gara / Vanija Karana Dashami / Ekadashyam Titau		Sun 24		Sutra 236	
Creative Work		Siddha Yoga		Gulika	7:49AM – 9:13AM	Revati Until 9:47PM	Ganesh: Red	<i>Sunrise:</i> 6:26AM	Durmukha 5118
Until 9:47PM		715651365		Yama	2:45PM – 4:08PM	Vyatipata* Until 9:57AM	Muruga: Clear	<i>Sunset:</i> 5:31PM	Moon 11 - Phase 33
Then Creative Work - Amrita Yoga				Rahu	10:36AM – 11:59AM	Vanija Until 10:38PM	Nataraja: White		4th Phase
				Gita Jayanthi		Dashami Until 11:56AM	Moon – Clear	Devaloka Day	

2		Saturday, December 10, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrīschika Mase Sukla Pakshe Manta Vasara Yuktayam		Kingston, Jamaica	
Mesha Rasi: 4.55		Tithi 11 – 12		Ashvini Nakshatra Variyan / Parigha* Yoga Visti* / Bava Karana Ekadashi / Dvadashyam Titau		Sun 25		Sutra 237	
Creative Work		Siddha Yoga		Gulika	6:27AM – 7:50AM	Ashvini Until 7:39PM	Ganesh: Blue	<i>Sunrise:</i> 6:27AM	Durmukha 5118
Until 4:59PM		725651365		Yama	1:22PM – 2:45PM	Variyan Until 6:31AM	Muruga: Clear	<i>Sunset:</i> 5:31PM	Moon 11 - Phase 33
Then Creative Work - Amrita Yoga				Rahu	9:13AM – 10:36AM	Bava Until 7:38PM	Nataraja: White		4th Phase
						Ekadashi Until 9:11AM	Moon – White	Bhuloka Day	
							Margasira-Karttikai	Devaloka Time: 12:PM to 3:PM	

3		Sunday, December 11, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrīschika Mase Sukla Pakshe Bhanu Vasara Yuktayam		Kingston, Jamaica	
Mesha Rasi: 19.46		Tithi 13		Bharani Nakshatra Shiva Yoga Kaulava / Taitila Karana Trayodashyam Titau		Sun 26		Sutra 238	
Routine Work		Prabalarishta Yoga		Gulika	2:46PM – 4:09PM	Bharani Until 4:59PM	Ganesh: Blue	<i>Sunrise:</i> 6:28AM	Durmukha 5118
Until 4:59PM		725651365		Yama	12:00PM – 1:23PM	Shiva Until 10:38PM	Muruga: Clear	<i>Sunset:</i> 5:32PM	Moon 11 - Phase 33
Then Creative Work - Siddha Yoga				Rahu	4:09PM – 5:32PM	Kaulava Until 4:15PM	Nataraja: White		4th Phase
						Trayodashi Until 2:27AM Mon	Moon – White	Bhuloka Day	
						<i>Pradosha Vrata</i>	Margasira-Karttikai	Devaloka Time: 12:PM to 3:PM	

4		Monday, December 12, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrīschika Mase Sukla Pakshe Indu Vasara Yuktayam		Kingston, Jamaica	
Vrīshabha Rasi: 4.52		Tithi 14		Krittika / Rohini Nakshatra Siddha Yoga Gara / Vanija Karana Chaturdashyam Titau		Sun 27		Sutra 239	
Family Home Evening		725661365		Gulika	1:23PM – 2:46PM	Krittika Until 1:59PM	Ganesh: Blue	<i>Sunrise:</i> 6:28AM	Durmukha 5118
Routine Work		Marana Yoga		Yama	10:37AM – 12:00PM	Siddha Until 6:23PM	Muruga: White	<i>Sunset:</i> 5:32PM	Moon 11 - Phase 33
Until 1:59PM				Rahu	7:51AM – 9:14AM	Gara Until 12:38PM	Nataraja: White		4th Phase
Then Creative Work - Amrita Yoga				Krittika Deepam		Chaturdashi* Until 10:46PM	Moon – White	Bhuloka Day	
							Margasira-Karttikai		

		Tuesday, December 13, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrīschika Mase Sukla Pakshe Mangala Vasara Yuktayam		Kingston, Jamaica	
Copper Retreat Star		736661365		Rohini / Mrigashira Nakshatra Sadhya / Subha Yoga Visti* / Bava Karana Purnimayam Titau		Sun 28		Sutra 240	
Vrīshabha Rasi: 20.02		Tithi 15		Gulika	12:01PM – 1:24PM	Rohini Until 11:11AM	Ganesh: Red	<i>Sunrise:</i> 6:29AM	Durmukha 5118
Creative Work		Amrita Yoga		Yama	9:15AM – 10:38AM	Sadhya Until 2:08PM	Muruga: White	<i>Sunset:</i> 5:32PM	Moon 11 - Phase 33
Until 11:11AM				Rahu	2:47PM – 4:09PM	Visti Until 8:57AM	Nataraja: White		Purnima
Then Creative Work - Siddha Yoga						Purnima* Until 7:08PM	Moon – Yellow	Bhuloka Day	
							Margasira-Karttikai	Devaloka Time: 6:AM to 9:AM	

○		Wednesday, December 14, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrīschika Mase Krishna Pakshe Budha Vasara Yuktayam		Kingston, Jamaica	
Silver Retreat Star		736661365		Mrigashira / Ardra Nakshatra Subha / Sukla Yoga Kaulava / Taitila Karana Prathama / Dvitiyayam Titau		Sun 29		Sutra 241	
Mithuna Rasi: 5.1		Tithi 16 – 17		Gulika	10:38AM – 12:01PM	Mrigashira Until 8:24AM	Ganesh: Red	<i>Sunrise:</i> 6:29AM	Durmukha 5118
Creative Work		Siddha Yoga		Yama	7:52AM – 9:15AM	Subha Until 10:03AM	Muruga: White	<i>Sunset:</i> 5:33PM	Moon 11 - Phase 33
Until 4:59PM				Rahu	12:01PM – 1:24PM	Taitila Until 2:08AM Thu	Nataraja: White		Prathama
Then Creative Work - Siddha Yoga						Prathama* Until 3:42PM	Moon – Yellow	Bhuloka Day	
							Margasira-Karttikai	Devaloka Time: 6:AM to 9:AM	

Vinayaga Viratam Begins

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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Thursday, December 15, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kingston, Jamaica
Sun 1 Sutra 242

Mithuna Rasi: 20.02 Tihi 17 - 18

746661365

Gulika 9:16AM - 10:39AM
Yama 6:30AM - 7:53AM
Rahu 1:24PM - 2:47PM

Punarvasu Until 3:57AM Fri
Sukla Until 6:12AM
Vanija Until 11:20PM

Ganesha: Green *Sunrise:* 6:30AM
Muruga: White *Sunset:* 5:33PM

Durmukha 5118
Moon 12 - Phase 34
1st Phase

Creative Work Amrita Yoga
Until 3:57AM Fri

Markali Pillaiyar

Dvitiya Until 12:39PM

Moon - Blue
Margasira-Markali

Bhuloka Day

Then Routine Work - Marana Yoga

Friday, December 16, 2016

1

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya Nakshatra Indra Yoga Visti/Bava Karana Tritiya/Chatrthyam Titau

Kingston, Jamaica
Sun 2 Sutra 243

Kataka Rasi: 4.32 Tihi 18 - 19

846661365

Gulika 7:53AM - 9:16AM
Yama 2:48PM - 4:11PM
Rahu 10:39AM - 12:02PM

Pushya Until 2:39AM Sat
Indra Until 11:54PM
Bava Until 9:11PM

Ganesha: Red *Sunrise:* 6:30AM
Muruga: White *Sunset:* 5:34PM

Durmukha 5118
Moon 12 - Phase 34
1st Phase

Routine Work Marana Yoga

Tritiya Until 10:09AM

Moon - Blue
Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Saturday, December 17, 2016

2

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica
Sun 3 Sutra 244

Kataka Rasi: 18.35 Tihi 19 - 20

846661365

Gulika 6:31AM - 7:54AM
Yama 1:25PM - 2:48PM
Rahu 9:17AM - 10:40AM

Ashlesha* Until 1:59AM Sun
Vaidhriti* Until 9:38PM
Kaulava Until 7:48PM

Ganesha: Red *Sunrise:* 6:31AM
Muruga: White *Sunset:* 5:34PM

Durmukha 5118
Moon 12 - Phase 34
1st Phase

Routine Work Marana Yoga

Chaturthi* Until 8:22AM

Moon - Blue
Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Sunday, December 18, 2016

3

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kingston, Jamaica
Sun 4 Sutra 245

Simha Rasi: 2.08 Tihi 20 - 21

856661365

Gulika 2:49PM - 4:12PM
Yama 12:03PM - 1:26PM
Rahu 4:12PM - 5:35PM

Magha* Until 2:29AM Mon
Vishkambha* Until 8:04PM
Gara Until 7:18PM

Ganesha: Green *Sunrise:* 6:31AM
Muruga: White *Sunset:* 5:35PM

Durmukha 5118
Moon 12 - Phase 34
1st Phase

Routine Work Marana Yoga

Panchami Until 7:25AM

Moon - Red
Margasira-Markali

Bhuloka Day

Until 2:29AM Mon
Then Creative Work - Siddha Yoga

Monday, December 19, 2016

4

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kingston, Jamaica
Sun 5 Sutra 246

Simha Rasi: 15.13 Tihi 21 - 22

856661365

Gulika 1:26PM - 2:49PM
Yama 10:41AM - 12:04PM
Rahu 7:55AM - 9:18AM

Purvaphalguni Until 3:42AM Tue
Priti Until 7:12PM
Visti Until 7:43PM

Ganesha: Green *Sunrise:* 6:32AM
Muruga: White *Sunset:* 5:35PM

Durmukha 5118
Moon 12 - Phase 34
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Shashthi* Until 7:23AM

Moon - Red
Margasira-Markali

Bhuloka Day

Until 3:42AM Tue
Then Creative Work - Amrita Yoga

Tuesday, December 20, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kingston, Jamaica
Sun 6 Sutra 247

Simha Rasi: 27.51 Tihi 22 - 23

857661365

Gulika 12:04PM - 1:27PM
Yama 9:18AM - 10:41AM
Rahu 2:50PM - 4:13PM

Uttaraphalguni Until 5:30AM Wed
Ayushman Until 6:57PM
Balava Until 8:57PM

Ganesha: White *Sunrise:* 6:32AM
Muruga: White *Sunset:* 5:36PM

Durmukha 5118
Moon 12 - Phase 34
Ashtami

Creative Work Amrita Yoga

Saptami Until 8:13AM

Moon - Red
Margasira-Markali

Bhuloka Day

Until 5:30AM Wed

Then Routine Work - Marana Yoga

Wednesday, December 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kingston, Jamaica
Sun 7 Sutra 248

Kanya Rasi: 10.1 Tihi 23 - 24

867661365

Gulika 10:42AM - 12:05PM
Yama 7:56AM - 9:19AM
Rahu 12:05PM - 1:27PM

Hasta Until 8:12AM Thu
Saubhagya Until 7:14PM
Taitila Until 10:51PM

Ganesha: Clear *Sunrise:* 6:33AM
Muruga: White *Sunset:* 5:36PM

Durmukha 5118
Moon 12 - Phase 34
Navami

Routine Work Marana Yoga

Ashtami* Until 9:48AM

Moon - Green
Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 8:12AM Thu

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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1	Thursday, December 22, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Kingston, Jamaica
	Kanya Rasi: 22.13	Tithi 24 – 25	Gulika 9:19AM – 10:42AM	Hasta Until 8:12AM	Ganesh: Clear	<i>Sunrise:</i> 6:33AM	Sun 8 Sutra 249
Until 8:12AM		Yama 6:33AM – 7:56AM	Sobhana Until 7:53PM	Muruga: White	<i>Sunset:</i> 5:37PM	Durmukha 5118	
Routine Work Marana Yoga		867661366 Rahu 1:28PM – 2:51PM	Vanija Until 1:12AM Fri	Nataraja: White		Moon 12 - Phase 35	
Then Creative Work - Siddha Yoga		Day 2 of Pancha Ganapati	Navami* Until 11:58AM	Moon – Green		2nd Phase	
				Margasira*Markali	Bhuloka Day	Devaloka Time: 6:AM to 9:AM	


2	Friday, December 23, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Kingston, Jamaica
	Tula Rasi: 4.08	Tithi 25 – 26	Gulika 7:57AM – 9:20AM	Chitra Until 11:06AM	Ganesh: Clear	<i>Sunrise:</i> 6:34AM	Sun 9 Sutra 250
Until 8:12AM		Yama 2:51PM – 4:14PM	Athiganda* Until 8:42PM	Muruga: White	<i>Sunset:</i> 5:37PM	Durmukha 5118	
Creative Work Siddha Yoga		867661366 Rahu 10:43AM – 12:06PM	Bava Until 3:47AM Sat	Nataraja: White		Moon 12 - Phase 35	
		Day 3 of Pancha Ganapati	Dashami Until 2:28PM	Moon – Green		2nd Phase	
				Margasira*Markali	Bhuloka Day	Devaloka Time: 6:AM to 9:AM	

3	Saturday, December 24, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Kingston, Jamaica
	Tula Rasi: 15.59	Tithi 26 – 27	Gulika 6:34AM – 7:57AM	Svati Until 1:57PM	Ganesh: Clear	<i>Sunrise:</i> 6:34AM	Sun 10 Sutra 251
Until 8:12AM		Yama 1:29PM – 2:52PM	Sukarma Until 9:35PM	Muruga: White	<i>Sunset:</i> 5:38PM	Durmukha 5118	
Creative Work Siddha Yoga		867661366 Rahu 9:20AM – 10:43AM	Kaulava Until 6:23AM Sun	Nataraja: White		Moon 12 - Phase 35	
		Day 4 of Pancha Ganapati	Ekadashi* Until 5:04PM	Moon – Green		2nd Phase	
				Margasira*Markali	Bhuloka Day	Devaloka Time: 6:AM to 9:AM	

4	Sunday, December 25, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvodashyam Titau				Kingston, Jamaica
	Tula Rasi: 27.5	Tithi 27	Gulika 2:52PM – 4:15PM	Vishakha Until 5:06PM	Ganesh: Purple	<i>Sunrise:</i> 6:35AM	Sun 11 Sutra 252
Until 8:12AM		Yama 12:07PM – 1:29PM	Dhriti Until 10:25PM	Muruga: White	<i>Sunset:</i> 5:38PM	Durmukha 5118	
Routine Work Marana Yoga		877661366 Rahu 4:15PM – 5:38PM	Kaulava Until 6:23AM	Nataraja: Green		Moon 12 - Phase 35	
		Day 5 of Pancha Ganapati	Dvodashi* Until 7:37PM	Moon – Orange		2nd Phase	
				Margasira*Markali	Bhuloka Day	Devaloka Time: 6:AM to 9:AM	

5	Monday, December 26, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau				Kingston, Jamaica
	Vrischika Rasi: 9.44	Tithi 28	Gulika 1:30PM – 2:53PM	Anuradha Until 7:54PM	Ganesh: Purple	<i>Sunrise:</i> 6:35AM	Sun 12 Sutra 253
Family Home Evening		Yama 10:44AM – 12:07PM	Shula* Until 11:04PM	Muruga: White	<i>Sunset:</i> 5:39PM	Durmukha 5118	
Creative Work Siddha Yoga		877661366 Rahu 7:58AM – 9:21AM	Gara Until 8:51AM	Nataraja: Green		Moon 12 - Phase 35	
			Trayodashi* Until 9:59PM	Moon – Orange		2nd Phase	
			<i>Pradosha Vrata (Fasting)</i>	Margasira*Markali	Bhuloka Day	Devaloka Time: 6:AM to 9:AM	

6	Tuesday, December 27, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kingston, Jamaica
	Vrischika Rasi: 21.43	Tithi 29	Gulika 12:08PM – 1:30PM	Jyeshtha* Until 10:17PM	Ganesh: Clear	<i>Sunrise:</i> 6:36AM	Sun 13 Sutra 254
Until 10:17PM		Yama 9:22AM – 10:45AM	Ganda* Until 11:32PM	Muruga: White	<i>Sunset:</i> 5:39PM	Durmukha 5118	
Routine Work Marana Yoga		878661366 Rahu 2:53PM – 4:16PM	Visti Until 11:05AM	Nataraja: Green		Moon 12 - Phase 35	
Then Creative Work - Amrita Yoga			Chaturdashi* Until 12:04AM Wed	Moon – Orange		2nd Phase	
				Margasira*Markali	Bhuloka Day	Devaloka Time: 9:AM to 12:PM	

	Wednesday, December 28, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kingston, Jamaica
	Retreat Star		Gulika 10:45AM – 12:08PM	Mula* Until 12:43AM Thu	Ganesh: Light Blue	<i>Sunrise:</i> 6:36AM	Sun 14 Sutra 255
Dhanus Rasi: 3.48	Tithi 30	Yama 7:59AM – 9:22AM	Vriddhi Until 11:47PM	Muruga: White	<i>Sunset:</i> 5:40PM	Durmukha 5118	
Until 12:43AM Thu		888761366 Rahu 12:08PM – 1:31PM	Catuspada Until 1:01PM	Nataraja: Green		Moon 12 - Phase 35	
Routine Work Marana Yoga		Hanumath Jayanthi (Tamil Nadu)	Amavasya* Until 1:50AM Thu	Moon – Light Blue		Amavasya	
Then Creative Work - Siddha Yoga				Margasira*Markali	Bhuloka Day	Devaloka Time: 6:AM to 9:AM	

Retreat Star	Thursday, December 29, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau				Kingston, Jamaica
	Dhanus Rasi: 16.02	Tithi 1	Gulika 9:22AM – 10:45AM	Purvashadha* Until 2:39AM Fri	Ganesh: Light Blue	<i>Sunrise:</i> 6:36AM	Sun 15 Sutra 256
Until 2:39AM Fri		Yama 6:36AM – 7:59AM	Dhruva Until 11:45PM	Muruga: White	<i>Sunset:</i> 5:40PM	Durmukha 5118	
Creative Work Siddha Yoga		888761366 Rahu 1:31PM – 2:54PM	Kintughna Until 2:37PM	Nataraja: Green		Moon 12 - Phase 35	
Then Routine Work - Marana Yoga			Prathama* Until 3:16AM Fri	Moon – Light Blue		Prathama	
				Pausha*Markali	Bhuloka Day	Devaloka Time: 6:AM to 9:AM	

In the gloom of fear, His six-fold face gleams. In perils unbouded, His vel betokens, "Fear not." Tirumurai 11

1 Friday, December 30, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Kingston, Jamaica Sun 16 Sutra 257 Durmukha 5118
Dhanus Rasi: 28.23	Tithi 2	Gulika 8:00AM – 9:23AM Yama 2:55PM – 4:18PM 888761366 Rahu 10:46AM – 12:09PM	Uttarashadha Until 4:05AM Sat Vyaghata* Until 11:27PM Balava Until 3:52PM Dvitiya Until 4:20AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 6:37AM Muruga: White <i>Sunset:</i> 5:41PM Nataraja: Green Moon – Light Blue Pausha-Markali	Moon 12 - Phase 36 3rd Phase Bhuloka Day
Routine Work Marana Yoga Until 4:05AM Sat Then Creative Work - Siddha Yoga					

2 Saturday, December 31, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Harshana Yoga Taitila/Gara Karana Tritiyayam Titau			Kingston, Jamaica Sun 17 Sutra 258 Durmukha 5118
Makara Rasi: 10.55	Tithi 3	Gulika 6:37AM – 8:00AM Yama 1:32PM – 2:56PM 898761366 Rahu 9:23AM – 10:46AM	Shravana Until 5:28AM Sun Harshana Until 10:54PM Taitila Until 4:45PM Tritiya Until 5:02AM Sun	Ganesha: Purple <i>Sunrise:</i> 6:37AM Muruga: White <i>Sunset:</i> 5:42PM Nataraja: Green Moon – Purple Pausha-Markali	Moon 12 - Phase 36 3rd Phase Bhuloka Day
Creative Work Siddha Yoga Until 5:28AM Sun Then Routine Work - Marana Yoga					

3 Sunday, January 1, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau			Kingston, Jamaica Sun 18 Sutra 259 Durmukha 5118
Makara Rasi: 23.36	Tithi 4	Gulika 2:56PM – 4:19PM Yama 12:09PM – 1:32PM 898761366 Rahu 4:19PM – 5:42PM	Dhanishtha Until 6:19AM Mon Vajra* Until 10:01PM Vanija Until 5:15PM Chaturthi* Until 5:20AM Mon	Ganesha: Purple <i>Sunrise:</i> 6:37AM Muruga: White <i>Sunset:</i> 5:42PM Nataraja: Green Moon – Purple Pausha-Markali	Moon 12 - Phase 36 3rd Phase Bhuloka Day
Routine Work Marana Yoga Until 6:19AM Mon Then Creative Work - Siddha Yoga					

4 Monday, January 2, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi Yoga Bava/Balava Karana Panchamyam Titau			Kingston, Jamaica Sun 19 Sutra 260 Durmukha 5118
Kumbha Rasi: 6.29	Tithi 5	Gulika 1:33PM – 2:56PM Yama 10:47AM – 12:10PM 899761366 Rahu 8:01AM – 9:24AM	Dhanishtha Until 6:19AM Siddhi Until 8:49PM Bava Until 5:21PM Panchami Until 5:12AM Tue	Ganesha: Clear <i>Sunrise:</i> 6:38AM Muruga: White <i>Sunset:</i> 5:42PM Nataraja: Green Moon – Purple Pausha-Markali	Moon 12 - Phase 36 3rd Phase Bhuloka Day Devaloka Time: 9:AM to 12:PM
Family Home Evening Creative Work Siddha Yoga					

5 Tuesday, January 3, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau			Kingston, Jamaica Sun 20 Sutra 261 Durmukha 5118
Kumbha Rasi: 19.34	Tithi 6	Gulika 12:10PM – 1:34PM Yama 9:24AM – 10:47AM 899761366 Rahu 2:57PM – 4:20PM	Shatabhishak Until 6:36AM Vyatipata* Until 7:17PM Kaulava Until 4:59PM Shashthi* Until 4:36AM Wed	Ganesha: Clear <i>Sunrise:</i> 6:38AM Muruga: White <i>Sunset:</i> 5:43PM Nataraja: Green Moon – Purple Pausha-Markali	Moon 12 - Phase 36 3rd Phase Bhuloka Day Devaloka Time: 9:AM to 12:PM
Routine Work Marana Yoga Vinayaga Viratam Ends					

6 Wednesday, January 4, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau			Kingston, Jamaica Sun 21 Sutra 262 Durmukha 5118
Meena Rasi: 2.55	Tithi 7	Gulika 10:48AM – 12:11PM Yama 8:01AM – 9:25AM 819761366 Rahu 12:11PM – 1:34PM	Purvaproshtapada* Until 6:44AM Variyan Until 5:21PM Gara Until 4:09PM Saptami Until 3:31AM Thu	Ganesha: Red <i>Sunrise:</i> 6:38AM Muruga: White <i>Sunset:</i> 5:43PM Nataraja: Green Moon – Clear Pausha-Markali	Moon 12 - Phase 36 3rd Phase Bhuloka Day Devaloka Time: 9:AM to 12:PM
Creative Work Amrita Yoga Until 6:44AM Then Creative Work - Siddha Yoga					

☾ Thursday, January 5, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revali Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau			Kingston, Jamaica Sun 22 Sutra 263 Durmukha 5118
Retreat Star		Gulika 9:25AM – 10:48AM Yama 6:38AM – 8:02AM 819761366 Rahu 1:34PM – 2:58PM	Uttaraproshtapada Until 6:14AM Parigha* Until 3:02PM Visti Until 2:48PM Ashtami* Until 1:55AM Fri	Ganesha: Red <i>Sunrise:</i> 6:38AM Muruga: White <i>Sunset:</i> 5:44PM Nataraja: Green Moon – Clear Pausha-Markali	Moon 12 - Phase 36 Ashtami Bhuloka Day Devaloka Time: 9:AM to 12:PM
Meena Rasi: 16.31 Tithi 8 Creative Work Siddha Yoga Subramuniyaswami Jayanti					

Friday, January 6, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau			Kingston, Jamaica Sun 23 Sutra 264 Durmukha 5118
Retreat Star		Gulika 8:02AM – 9:25AM Yama 2:58PM – 4:21PM 829761366 Rahu 10:48AM – 12:12PM	Ashvini Until 3:47AM Sat Shiva Until 12:20PM Balava Until 12:58PM Navami* Until 11:51PM	Ganesha: Blue <i>Sunrise:</i> 6:39AM Muruga: White <i>Sunset:</i> 5:45PM Nataraja: Green Moon – White Pausha-Markali	Moon 12 - Phase 36 Navami Devaloka Day
Mesha Rasi: 0.26 Tithi 9 Creative Work Amrita Yoga Until 3:47AM Sat Then Creative Work - Siddha Yoga					


To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Saturday, January 7, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam		Kingston, Jamaica	
Mesha Rasi: 14.39		Tithi 10		Bharani Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Dashamyam Titau		Sun 24		Sutra 265	
Creative Work		Siddha Yoga		Gulika 6:39AM – 8:02AM	Bharani Until 1:55AM Sun	Ganesh: Blue	<i>Sunrise:</i> 6:39AM	Durmukha 5118	
				Yama 1:35PM – 2:59PM	Siddha Until 9:15AM	Muruga: White	<i>Sunset:</i> 5:45PM	Moon 12 - Phase 37	
		829761366		Rahu 9:26AM – 10:49AM	Tailila Until 10:41AM	Nataraja: Green		4th Phase	
					Dashami Until 9:22PM	Moon – White		Devaloka Day	
						Pausha-Markali			

2		Sunday, January 8, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam		Kingston, Jamaica	
Mesha Rasi: 29.08		Tithi 11		Krittika Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 25		Sutra 266	
Creative Work		Siddha Yoga		Gulika 2:59PM – 4:23PM	Krittika Until 11:37PM	Ganesh: Blue	<i>Sunrise:</i> 6:39AM	Durmukha 5118	
				Yama 12:13PM – 1:36PM	Subha Until 2:16AM Mon	Muruga: White	<i>Sunset:</i> 5:46PM	Moon 12 - Phase 37	
		829761366		Rahu 4:23PM – 5:46PM	Vanija Until 8:01AM	Nataraja: Green		4th Phase	
					Ekadashi Until 6:33PM	Moon – White		Devaloka Day	
				Vaikuntha Ekadasi		Pausha-Markali			

3		Monday, January 9, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Kingston, Jamaica	
Vrishabha Rasi: 13.49		Tithi 12 – 13		Rohini Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26		Sutra 267	
Family Home Evening		839761366		Gulika 1:36PM – 3:00PM	Rohini Until 9:25PM	Ganesh: Yellow	<i>Sunrise:</i> 6:39AM	Durmukha 5118	
Creative Work		Amrita Yoga		Yama 10:50AM – 12:13PM	Sukla Until 10:31PM	Muruga: White	<i>Sunset:</i> 5:47PM	Moon 12 - Phase 37	
				Rahu 8:03AM – 9:26AM	Kaulava Until 1:59AM Tue	Nataraja: Green		4th Phase	
					Dvadashi Until 3:31PM	Moon – Yellow		Bhuloka Day	
					<i>Pradosha Vrata</i>	Pausha-Markali		Devaloka Time: 9:AM to12:PM	

4		Tuesday, January 10, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		Kingston, Jamaica	
Vrishabha Rasi: 28.37		Tithi 13 – 14		Mrigashira Nakshatra Brahma Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 268	
Creative Work		Siddha Yoga		Gulika 12:13PM – 1:37PM	Mrigashira Until 7:02PM	Ganesh: Clear	<i>Sunrise:</i> 6:40AM	Durmukha 5118	
Until 7:02PM				Yama 9:27AM – 10:50AM	Brahma Until 6:44PM	Muruga: White	<i>Sunset:</i> 5:47PM	Moon 12 - Phase 37	
Then Routine Work - Marana Yoga		831761366		Rahu 3:00PM – 4:24PM	Gara Until 10:54PM	Nataraja: Green		4th Phase	
					Trayodashi Until 12:25PM	Moon – Yellow		Bhuloka Day	
						Pausha-Markali		Devaloka Time: 9:AM to12:PM	

		Wednesday, January 11, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam		Kingston, Jamaica	
Copper Retreat Star				Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28		Sutra 269	
Mithuna Rasi: 13.23		Tithi 14 – 15		Gulika 10:50AM – 12:14PM	Ardra Until 4:39PM	Ganesh: Clear	<i>Sunrise:</i> 6:40AM	Durmukha 5118	
Creative Work		Siddha Yoga		Yama 8:03AM – 9:27AM	Indra Until 3:05PM	Muruga: White	<i>Sunset:</i> 5:48PM	Moon 12 - Phase 37	
		831761366		Rahu 12:14PM – 1:37PM	Visti Until 7:58PM	Nataraja: Green		Purnima	
					Chaturdashi* Until 9:23AM	Moon – Yellow		Bhuloka Day	
				Ardra Darshanam		Pausha-Markali		Devaloka Time: 9:AM to12:PM	

Thursday, January 12, 2017		Silver Retreat Star				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam		Kingston, Jamaica	
Mithuna Rasi: 28.01		Tithi 15 – 16		Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Sun 29		Sutra 270	
Creative Work		Amrita Yoga		Gulika 9:27AM – 10:51AM	Punarvasu Until 2:49PM	Ganesh: White	<i>Sunrise:</i> 6:40AM	Durmukha 5118	
		841761366		Yama 6:40AM – 8:04AM	Vaidhriti* Until 11:37AM	Muruga: White	<i>Sunset:</i> 5:48PM	Moon 12 - Phase 37	
				Rahu 1:38PM – 3:01PM	Kaulava Until 4:10AM Fri	Nataraja: Green		Prathama	
					Purnima* Until 6:35AM	Moon – Blue		Devaloka Day	
						Pausha-Markali			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada



Friday, January 13, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam

Kingston, Jamaica

Kataka Rasi: 12.22 Tiithi 17

Gulika 8:04AM – 9:27AM

Pushya Until 1:18PM

Ganesha: White Sunrise: 6:40AM

Sutra 271

Yama 3:02PM – 4:25PM

Vishkambha* Until 8:31AM

Muruga: White Sunset: 5:49PM

Durmukha 5118

841761366 Rahu 10:51AM – 12:15PM

Taitila Until 3:11PM

Nataraja: Green

Moon 1 - Phase 38

Routine Work Marana Yoga

Thai Pongal

Dvitiya Until 2:18AM Sat

Moon – Blue

Devaloka Day

Pausha*Thai

1

Saturday, January 14, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam

Kingston, Jamaica

Kataka Rasi: 26.2 Tiithi 18

Gulika 6:40AM – 8:04AM

Ashlesha* Until 12:14PM

Ganesha: White Sunrise: 6:40AM

Sun 1 Sutra 272

Yama 1:39PM – 3:02PM

Ayushman Until 3:48AM Sun

Muruga: White Sunset: 5:50PM

Durmukha 5118

841761366 Rahu 9:28AM – 10:51AM

Vanija Until 1:39PM

Nataraja: Green

Moon 1 - Phase 38

Routine Work Marana Yoga

Tritiya Until 1:08AM Sun

Moon – Blue

Devaloka Day

Pausha*Thai

Until 12:14PM

Then Creative Work - Amrita Yoga

2

Sunday, January 15, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam

Kingston, Jamaica

Simha Rasi: 9.55 Tiithi 19

Gulika 3:03PM – 4:27PM

Magha* Until 12:10PM

Ganesha: Yellow Sunrise: 6:40AM

Sun 2 Sutra 273

Yama 12:15PM – 1:39PM

Saubhagya Until 2:20AM Mon

Muruga: White Sunset: 5:50PM

Durmukha 5118

851761366 Rahu 4:27PM – 5:50PM

Bava Until 12:51PM

Nataraja: Green

Moon 1 - Phase 38

Routine Work Marana Yoga

Chaturthi* Until 12:44AM Mon

Moon – Red

Bhuloka Day

Pausha*Thai

Devaloka Time: 9:AM to 12:PM

Until 12:10PM

Then Creative Work - Siddha Yoga

3

Monday, January 16, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam

Kingston, Jamaica

Simha Rasi: 23.02 Tiithi 20

Gulika 1:40PM – 3:03PM

Purvaphalguni Until 12:45PM

Ganesha: Yellow Sunrise: 6:40AM

Sun 3 Sutra 274

Yama 10:52AM – 12:16PM

Sobhana Until 1:30AM Tue

Muruga: White Sunset: 5:51PM

Durmukha 5118

851761366 Rahu 8:04AM – 9:28AM

Kaulava Until 12:52PM

Nataraja: Green

Moon 1 - Phase 38

Family Home Evening

Panchami Until 1:09AM Tue

Moon – Red

Bhuloka Day

Pausha*Thai

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

4

Tuesday, January 17, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam

Kingston, Jamaica

Kanya Rasi: 5.46 Tiithi 21

Gulika 12:16PM – 1:40PM

Uttaraphalguni Until 1:57PM

Ganesha: Yellow Sunrise: 6:40AM

Sun 4 Sutra 275

Yama 9:28AM – 10:52AM

Athiganda* Until 1:15AM Wed

Muruga: White Sunset: 5:52PM

Durmukha 5118

851761366 Rahu 3:04PM – 4:28PM

Gara Until 1:41PM

Nataraja: Green

Moon 1 - Phase 38

Creative Work Amrita Yoga

Shashthi* Until 2:21AM Wed

Moon – Red

Bhuloka Day

Pausha*Thai

Devaloka Time: 9:AM to 12:PM

Until 1:57PM

Then Creative Work - Siddha Yoga

5

Wednesday, January 18, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam

Kingston, Jamaica

Kanya Rasi: 18.1 Tiithi 22

Gulika 10:52AM – 12:16PM

Hasta Until 4:08PM

Ganesha: Blue Sunrise: 6:41AM

Sun 5 Sutra 276

Yama 8:04AM – 9:28AM

Sukarma Until 1:29AM Thu

Muruga: White Sunset: 5:52PM

Durmukha 5118

861761366 Rahu 12:16PM – 1:40PM

Visti Until 3:13PM

Nataraja: Green

Moon 1 - Phase 38

Routine Work Marana Yoga

Saptami Until 4:11AM Thu

Moon – Green

Devaloka Day

Pausha*Thai

Until 4:08PM

Then Creative Work - Siddha Yoga

D

Thursday, January 19, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam

Kingston, Jamaica

Retreat Star

Chitra Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 6 Sutra 277

Tula Rasi: 0.18 Tiithi 23

Gulika 9:29AM – 10:53AM

Chitra Until 6:42PM

Ganesha: Blue Sunrise: 6:41AM

Durmukha 5118

Yama 6:41AM – 8:05AM

Dhriti Until 2:05AM Fri

Muruga: White Sunset: 5:53PM

Moon 1 - Phase 38

861761366 Rahu 1:41PM – 3:05PM

Balava Until 5:18PM

Nataraja: Green

Ashtami

Creative Work Siddha Yoga

Ashtami* Until 6:28AM Fri

Moon – Green

Devaloka Day

Pausha*Thai

Until 6:42PM

Then Creative Work - Amrita Yoga

Friday, January 20, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam

Kingston, Jamaica

Retreat Star

Svati Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 7 Sutra 278

Tula Rasi: 12.17 Tiithi 23 – 24

Gulika 8:05AM – 9:29AM

Svati Until 9:24PM

Ganesha: Yellow Sunrise: 6:41AM

Durmukha 5118

Yama 3:05PM – 4:29PM

Shula* Until 2:52AM Sat

Muruga: White Sunset: 5:53PM

Moon 1 - Phase 38

862761366 Rahu 10:53AM – 12:17PM

Taitila Until 7:43PM

Nataraja: Green

Navami

Creative Work Siddha Yoga

Ashtami* Until 6:28AM

Moon – Green

Bhuloka Day

Pausha*Thai

Devaloka Time: 6:AM to 9:AM

1		Saturday, January 21, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam		Kingston, Jamaica	
Tula Rasi: 24.1		Tihti 24 – 25		872861366		Vishakha Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8 Sutra 279	
		Gulika	6:41AM – 8:05AM	Vishakha Until 12:31AM Sun	Ganesh: Blue	<i>Sunrise:</i> 6:41AM	Durmukha 5118		
		Yama	1:41PM – 3:06PM	Ganda* Until 3:41AM Sun	Muruga: White	<i>Sunset:</i> 5:54PM	Moon 1 - Phase 39		
Creative Work Siddha Yoga		Rahu	9:29AM – 10:53AM	Vanija Until 10:16PM	Nataraja: Green		2nd Phase		
Until 12:31AM Sun				Navami* Until 8:58AM	Moon – Orange		Bhuloka Day		
Then Routine Work - Marana Yoga					Pausha*Thai				

2		Sunday, January 22, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam		Kingston, Jamaica	
Vrischika Rasi: 6.02		Tihti 25 – 26		872861366		Anuradha Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9 Sutra 280	
		Gulika	3:06PM – 4:30PM	Anuradha Until 3:23AM Mon	Ganesh: Red	<i>Sunrise:</i> 6:40AM	Durmukha 5118		
		Yama	12:18PM – 1:42PM	Vriddhi Until 4:26AM Mon	Muruga: White	<i>Sunset:</i> 5:55PM	Moon 1 - Phase 39		
Routine Work Marana Yoga		Rahu	4:30PM – 5:55PM	Bava Until 12:42AM Mon	Nataraja: Green		2nd Phase		
Until 3:23AM Mon				Dashami Until 11:29AM	Moon – Orange		Bhuloka Day		
Then Creative Work - Siddha Yoga					Pausha*Thai		Devaloka Time: 9:AM to 12:PM		

3		Monday, January 23, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		Kingston, Jamaica	
Vrischika Rasi: 17.58		Tihti 26 – 27		872861366		Jyeshtha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10 Sutra 281	
Family Home Evening		Gulika	1:42PM – 3:07PM	Jyeshtha* Until 5:49AM Tue	Ganesh: Red	<i>Sunrise:</i> 6:40AM	Durmukha 5118		
Creative Work Siddha Yoga		Yama	10:53AM – 12:18PM	Dhruva Until 4:57AM Tue	Muruga: White	<i>Sunset:</i> 5:55PM	Moon 1 - Phase 39		
Until 5:49AM Tue		Rahu	8:05AM – 9:29AM	Kaulava Until 2:54AM Tue	Nataraja: Green		2nd Phase		
Then Creative Work - Amrita Yoga				Ekadashi* Until 1:49PM	Moon – Orange		Bhuloka Day		
					Pausha*Thai		Devaloka Time: 9:AM to 12:PM		

4		Tuesday, January 24, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam		Kingston, Jamaica	
Vrischika Rasi: 30		Tihti 27 – 28		972861366		Mula* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11 Sutra 282	
		Gulika	12:18PM – 1:43PM	Mula* Until 8:12AM Wed	Ganesh: Blue	<i>Sunrise:</i> 6:40AM	Durmukha 5118		
		Yama	9:29AM – 10:54AM	Vyaghata* Until 5:11AM Wed	Muruga: White	<i>Sunset:</i> 5:56PM	Moon 1 - Phase 39		
Creative Work Amrita Yoga		Rahu	3:07PM – 4:31PM	Gara Until 4:42AM Wed	Nataraja: Green		2nd Phase		
				Dvadashi* Until 3:50PM	Moon – Orange		Devaloka Day		
					Pausha*Thai				
				<i>Pradosha Vrata (Fasting)</i>					

5		Wednesday, January 25, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam		Kingston, Jamaica	
Dhanus Rasi: 12.11		Tihti 28 – 29		982861366		Mula*/Purvashadha* Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 283	
		Gulika	10:54AM – 12:18PM	Mula* Until 8:12AM	Ganesh: Red	<i>Sunrise:</i> 6:40AM	Durmukha 5118		
		Yama	8:05AM – 9:29AM	Harshana Until 5:06AM Thu	Muruga: White	<i>Sunset:</i> 5:56PM	Moon 1 - Phase 39		
Routine Work Marana Yoga		Rahu	12:18PM – 1:43PM	Visti Until 6:03AM Thu	Nataraja: Green		2nd Phase		
Until 8:12AM				Trayodashi* Until 5:25PM	Moon – Light Blue		Bhuloka Day		
Then Creative Work - Amrita Yoga					Pausha*Thai		Devaloka Time: 9:AM to 12:PM		

6		Thursday, January 26, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam		Kingston, Jamaica	
Dhanus Rasi: 24.35		Tihti 29		982861366		Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13 Sutra 284	
		Gulika	9:29AM – 10:54AM	Purvashadha* Until 9:59AM	Ganesh: Red	<i>Sunrise:</i> 6:40AM	Durmukha 5118		
		Yama	6:40AM – 8:05AM	Vajra* Until 4:36AM Fri	Muruga: White	<i>Sunset:</i> 5:57PM	Moon 1 - Phase 39		
Creative Work Siddha Yoga		Rahu	1:43PM – 3:08PM	Visti Until 6:03AM	Nataraja: Green		2nd Phase		
Until 9:59AM				Chaturdashi* Until 6:31PM	Moon – Light Blue		Bhuloka Day		
Then Routine Work - Marana Yoga					Pausha*Thai		Devaloka Time: 9:AM to 12:PM		

Retreat Star		Friday, January 27, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam		Kingston, Jamaica	
Makara Rasi: 7.11		Tihti 30		982861366		Uttarashadha/Shravana Nakshatra Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 14 Sutra 285	
		Gulika	8:05AM – 9:29AM	Uttarashadha Until 11:08AM	Ganesh: Red	<i>Sunrise:</i> 6:40AM	Durmukha 5118		
		Yama	3:08PM – 4:33PM	Siddhi Until 3:44AM Sat	Muruga: White	<i>Sunset:</i> 5:58PM	Moon 1 - Phase 39		
Routine Work Marana Yoga		Rahu	10:54AM – 12:19PM	Catuspada Until 6:54AM	Nataraja: Green		Amavasya		
				Amavasya* Until 7:07PM	Moon – Light Blue		Bhuloka Day		
					Pausha*Thai		Devaloka Time: 9:AM to 12:PM		

Retreat Star		Saturday, January 28, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam		Kingston, Jamaica	
Makara Rasi: 20.01		Tihti 1		992861366		Shravana/Dhanishtha Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15 Sutra 286	
		Gulika	6:40AM – 8:05AM	Shravana Until 12:07PM	Ganesh: Yellow	<i>Sunrise:</i> 6:40AM	Durmukha 5118		
		Yama	1:44PM – 3:09PM	Vyatipata* Until 2:31AM Sun	Muruga: White	<i>Sunset:</i> 5:58PM	Moon 1 - Phase 39		
Creative Work Siddha Yoga		Rahu	9:29AM – 10:54AM	Kintughna Until 7:15AM	Nataraja: Green		Prathama		
				Prathama* Until 7:14PM	Moon – Purple		Bhuloka Day		
					Magha*Thai		Devaloka Time: 9:AM to 12:PM		

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1 Sunday, January 29, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kingston, Jamaica Sun 16 Sutra 287 Durmukha 5118
Kumbha Rasi: 3.04	Tithi 2	Gulika 3:09PM – 4:34PM	Dhanishtha Until 12:31PM	Ganesha: Yellow <i>Sunrise:</i> 6:40AM	<i>Sunset:</i> 5:59PM	Moon 1 - Phase 40 3rd Phase
Routine Work	Marana Yoga	Yama 12:19PM – 1:44PM	Variyan Until 12:57AM Mon	Muruga: White		
Until 12:31PM		992861366 Rahu 4:34PM – 5:59PM	Balava Until 7:08AM	Nataraja: Green		
Then Creative Work - Siddha Yoga			Dvitiya Until 6:54PM	Moon – Purple		Bhuloka Day Devaloka Time: 9:AM to 12:PM
				Magha-Thai		

2 Monday, January 30, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau				Kingston, Jamaica Sun 17 Sutra 288 Durmukha 5118
Kumbha Rasi: 16.21	Tithi 3	Gulika 1:44PM – 3:09PM	Shatabhishak Until 12:22PM	Ganesha: Yellow <i>Sunrise:</i> 6:39AM	<i>Sunset:</i> 5:59PM	Moon 1 - Phase 40 3rd Phase
Family Home Evening		Yama 10:54AM – 12:19PM	Parigha* Until 11:06PM	Muruga: White		
Creative Work	Siddha Yoga	992861366 Rahu 8:04AM – 9:29AM	Taitila Until 6:36AM	Nataraja: Green		
Until 12:22PM			Tritiya Until 6:11PM	Moon – Purple		Bhuloka Day Devaloka Time: 9:AM to 12:PM
Then Routine Work - Marana Yoga				Magha-Thai		

3 Tuesday, January 31, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kingston, Jamaica Sun 18 Sutra 289 Durmukha 5118
Kumbha Rasi: 29.5	Tithi 4 – 5	Gulika 12:19PM – 1:45PM	Purvaproshtapada* Until 12:10PM	Ganesha: White <i>Sunrise:</i> 6:39AM	<i>Sunset:</i> 6:00PM	Moon 1 - Phase 40 3rd Phase
Routine Work	Marana Yoga	Yama 9:29AM – 10:54AM	Shiva Until 9:01PM	Muruga: White		
Until 12:10PM		912861366 Rahu 3:10PM – 4:35PM	Bava Until 4:30AM Wed	Nataraja: Green		
Then Creative Work - Amrita Yoga			Chaturthi* Until 5:08PM	Moon – Clear		Devaloka Day
				Magha-Thai		

4 Wednesday, February 1, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Kingston, Jamaica Sun 19 Sutra 290 Durmukha 5118
Meena Rasi: 13.29	Tithi 5 – 6	Gulika 10:54AM – 12:19PM	Uttaraproshtapada Until 11:32AM	Ganesha: White <i>Sunrise:</i> 6:39AM	<i>Sunset:</i> 6:00PM	Moon 1 - Phase 40 3rd Phase
Creative Work	Siddha Yoga	Yama 8:04AM – 9:29AM	Siddha Until 6:40PM	Muruga: White		
Until 11:32AM		912861366 Rahu 12:19PM – 1:45PM	Kaulava Until 3:01AM Thu	Nataraja: Green		
Then Routine Work - Marana Yoga			Panchami Until 3:46PM	Moon – Clear		Devaloka Day
				Magha-Thai		

5 Thursday, February 2, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kingston, Jamaica Sun 20 Sutra 291 Durmukha 5118
Meena Rasi: 27.19	Tithi 6 – 7	Gulika 9:29AM – 10:54AM	Revati Until 10:29AM	Ganesha: White <i>Sunrise:</i> 6:39AM	<i>Sunset:</i> 6:00PM	Moon 1 - Phase 40 3rd Phase
Creative Work	Siddha Yoga	Yama 6:39AM – 8:04AM	Sadhya Until 4:08PM	Muruga: White		
Until 10:29AM		912861366 Rahu 1:45PM – 3:10PM	Gara Until 1:17AM Fri	Nataraja: Green		
Then Creative Work - Amrita Yoga			Shashthi* Until 2:10PM	Moon – Clear		Devaloka Day
				Magha-Thai		

Friday, February 3, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kingston, Jamaica Sun 21 Sutra 292 Durmukha 5118
Retreat Star		Gulika 8:04AM – 9:29AM	Ashvini Until 9:29AM	Ganesha: White <i>Sunrise:</i> 6:39AM	<i>Sunset:</i> 6:01PM	Moon 1 - Phase 40 Ashtami
Mesha Rasi: 11.17	Tithi 7 – 8	Yama 3:10PM – 4:36PM	Subha Until 1:25PM	Muruga: White		
Creative Work	Amrita Yoga	923861367 Rahu 10:54AM – 12:20PM	Visti Until 11:20PM	Nataraja: White		
Until 9:29AM			Saptami Until 12:19PM	Moon – White		Bhuloka Day
Then Creative Work - Siddha Yoga				Magha-Thai		

Saturday, February 4, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kingston, Jamaica Sun 22 Sutra 293 Durmukha 5118
Retreat Star		Gulika 6:38AM – 8:04AM	Bharani Until 8:09AM	Ganesha: White <i>Sunrise:</i> 6:38AM	<i>Sunset:</i> 6:01PM	Moon 1 - Phase 40 Navami
Mesha Rasi: 25.23	Tithi 8 – 9	Yama 1:45PM – 3:11PM	Sukla Until 10:32AM	Muruga: White		
Creative Work	Siddha Yoga	923861367 Rahu 9:29AM – 10:54AM	Balava Until 9:12PM	Nataraja: White		
Until 8:09AM			Ashtami* Until 10:16AM	Moon – White		Bhuloka Day
Then Creative Work - Amrita Yoga				Magha-Thai		

1 Sunday, February 5, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Kingston, Jamaica
Krittika/Rohini Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Sun 23 Sutra 294		Durmukha 5118		
Vrishabha Rasi: 10	Tithi 9 - 10	Gulika 3:11PM - 4:36PM	Krittika Until 6:31AM	Ganesh: White	<i>Sunrise:</i> 6:38AM	
		Yama 12:20PM - 1:45PM	Brahma Until 7:32AM	Muruga: White	<i>Sunset:</i> 6:02PM	Moon 1 - Phase 41
	933861367	Rahu 4:36PM - 6:02PM	Taitila Until 6:56PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Navami* Until 8:04AM	Moon - White		Bhuloka Day
				Magha-Thai		

2 Monday, February 6, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Kingston, Jamaica
Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 295		Durmukha 5118		
Vrishabha Rasi: 23.54	Tithi 11	Gulika 1:46PM - 3:11PM	Mrigashira Until 3:23AM Tue	Ganesh: Clear	<i>Sunrise:</i> 6:38AM	
Family Home Evening		Yama 10:54AM - 12:20PM	Vaidhriti* Until 1:18AM Tue	Muruga: White	<i>Sunset:</i> 6:02PM	Moon 1 - Phase 41
	933861367	Rahu 8:03AM - 9:29AM	Vanija Until 4:35PM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 3:23AM Tue	Moon - Yellow		Bhuloka Day
Until 3:23AM Tue				Magha-Thai		Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga						

3 Tuesday, February 7, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Kingston, Jamaica
Ardra Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25 Sutra 296		Durmukha 5118		
Mithuna Rasi: 8.13	Tithi 12	Gulika 12:20PM - 1:46PM	Ardra Until 1:38AM Wed	Ganesh: Clear	<i>Sunrise:</i> 6:37AM	
		Yama 9:29AM - 10:54AM	Vishkambha* Until 10:11PM	Muruga: White	<i>Sunset:</i> 6:03PM	Moon 1 - Phase 41
	933861367	Rahu 3:12PM - 4:37PM	Bava Until 2:14PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 1:04AM Wed	Moon - Yellow		Bhuloka Day
Until 1:38AM Wed				Magha-Thai		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

4 Wednesday, February 8, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Kingston, Jamaica
Punarvasu Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 297		Durmukha 5118		
Mithuna Rasi: 22.3	Tithi 13	Gulika 10:54AM - 12:20PM	Punarvasu Until 12:19AM Thu	Ganesh: Purple	<i>Sunrise:</i> 6:37AM	
		Yama 8:03AM - 9:29AM	Priti Until 7:13PM	Muruga: White	<i>Sunset:</i> 6:03PM	Moon 1 - Phase 41
	943861367	Rahu 12:20PM - 1:46PM	Kaulava Until 11:59AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 10:54PM	Moon - Blue		Bhuloka Day
Until 12:19AM Thu			<i>Pradosha Vrata</i>	Magha-Thai		
Then Creative Work - Amrita Yoga						

5 Thursday, February 9, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Kingston, Jamaica
Pushya Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 298		Durmukha 5118		
Kataka Rasi: 6.4	Tithi 14	Gulika 9:28AM - 10:54AM	Pushya Until 11:08PM	Ganesh: Purple	<i>Sunrise:</i> 6:37AM	
		Yama 6:37AM - 8:02AM	Ayushman Until 4:25PM	Muruga: White	<i>Sunset:</i> 6:04PM	Moon 1 - Phase 41
	943861367	Rahu 1:46PM - 3:12PM	Gara Until 9:56AM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 9:01PM	Moon - Blue		Bhuloka Day
Until 11:08PM		Thai Pusam		Magha-Thai		
Then Creative Work - Siddha Yoga						

Friday, February 10, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Kingston, Jamaica
Copper Retreat Star		Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Purnimayam Titau		Sutra 299		
Kataka Rasi: 20.37	Tithi 15	Gulika 8:02AM - 9:28AM	Ashlesha* Until 10:13PM	Ganesh: Purple	<i>Sunrise:</i> 6:36AM	Durmukha 5118
		Yama 3:12PM - 4:38PM	Saubhagya Until 1:55PM	Muruga: White	<i>Sunset:</i> 6:04PM	Moon 1 - Phase 41
	943861367	Rahu 10:54AM - 12:20PM	Visti Until 8:14AM	Nataraja: White		Purnima
Routine Work	Marana Yoga		Purnima* Until 7:31PM	Moon - Blue		Bhuloka Day
				Magha-Thai		

Saturday, February 11, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam				Kingston, Jamaica
Silver Retreat Star		Magha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau		Sutra 300		
Simha Rasi: 4.19	Tithi 16	Gulika 6:36AM - 8:02AM	Magha* Until 10:06PM	Ganesh: Clear	<i>Sunrise:</i> 6:36AM	Durmukha 5118
		Yama 1:46PM - 3:13PM	Sobhana Until 11:50AM	Muruga: White	<i>Sunset:</i> 6:05PM	Moon 1 - Phase 41
	953861367	Rahu 9:28AM - 10:54AM	Balava Until 6:59AM	Nataraja: White		Prathama
Creative Work	Amrita Yoga		Prathama* Until 6:32PM	Moon - Red		Bhuloka Day
Until 10:06PM		Penumbral Lunar Eclipse		Magha-Thai		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						



Sunday, February 12, 2017

Gold Retreat Star

Simha Rasi: 17.41 Tiithi 17

953861367

Gulika 3:13PM – 4:39PM
Yama 12:20PM – 1:47PM
Rahu 4:39PM – 6:05PM

Creative Work Siddha Yoga
Until 10:26PM

Then Creative Work - Amrita Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Dvitiyayam Titau

Kingston, Jamaica
Sun 1 Sutra 301

Purvaphalguni Until 10:26PM
Athiganda* Until 10:10AM
Tailila Until 6:17AM
Dvitiya Until 6:09PM

Ganesh: Clear *Sunrise:* 6:35AM
Muruga: White *Sunset:* 6:05PM
Nataraja: White
Moon – Red
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Monday, February 13, 2017

Kanya Rasi: 0.44 Tiithi 18

953861367

Gulika 1:47PM – 3:13PM
Yama 10:54AM – 12:20PM
Rahu 8:01AM – 9:28AM

Family Home Evening
Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Tritiyayam Titau

Kingston, Jamaica
Sun 2 Sutra 302

Uttaraphalguni Until 11:15PM
Sukarma Until 9:01AM
Vanija Until 6:14AM
Tritiya Until 6:26PM

Ganesh: Clear *Sunrise:* 6:35AM
Muruga: White *Sunset:* 6:06PM
Nataraja: White
Moon – Red
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

2

Tuesday, February 14, 2017

Kanya Rasi: 13.27 Tiithi 19

963861367

Gulika 12:20PM – 1:47PM
Yama 9:27AM – 10:54AM
Rahu 3:13PM – 4:40PM

Creative Work Siddha Yoga

Maha Sankatahara Chaturthi

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Kingston, Jamaica
Sun 3 Sutra 303

Hasta Until 1:01AM Wed
Dhriti Until 8:24AM
Bava Until 6:51AM
Chaturthi* Until 7:23PM

Ganesh: White *Sunrise:* 6:34AM
Muruga: White *Sunset:* 6:06PM
Nataraja: White
Moon – Green
Magha-Masi

Bhuloka Day

3

Wednesday, February 15, 2017

Kanya Rasi: 25.53 Tiithi 20

963861367

Gulika 10:54AM – 12:20PM
Yama 8:01AM – 9:27AM
Rahu 12:20PM – 1:47PM

Creative Work Siddha Yoga
Until 3:12AM Thu

Then Creative Work - Amrita Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Panchamyam Titau

Kingston, Jamaica
Sun 4 Sutra 304

Chitra Until 3:12AM Thu
Shula* Until 8:15AM
Kaulava Until 8:06AM
Panchami Until 8:56PM

Ganesh: White *Sunrise:* 6:34AM
Muruga: White *Sunset:* 6:07PM
Nataraja: White
Moon – Green
Magha-Masi

Bhuloka Day

4

Thursday, February 16, 2017

Tula Rasi: 8.04 Tiithi 21

963961367

Gulika 9:27AM – 10:54AM
Yama 6:33AM – 8:00AM
Rahu 1:47PM – 3:14PM

Creative Work Amrita Yoga
Until 5:37AM Fri

Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Kingston, Jamaica
Sun 5 Sutra 305

Svati Until 5:37AM Fri
Ganda* Until 8:31AM
Gara Until 9:55AM
Shashthi* Until 10:58PM

Ganesh: Yellow *Sunrise:* 6:33AM
Muruga: White *Sunset:* 6:07PM
Nataraja: White
Moon – Green
Magha-Masi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

5

Friday, February 17, 2017

Tula Rasi: 20.05 Tiithi 22

974971367

Gulika 8:00AM – 9:27AM
Yama 3:14PM – 4:41PM
Rahu 10:53AM – 12:20PM

Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saptamyam Titau

Kingston, Jamaica
Sun 6 Sutra 306

Vishakha Until 8:38AM Sat
Vridhhi Until 9:07AM
Visti Until 12:08PM
Saptami Until 1:18AM Sat

Ganesh: Yellow *Sunrise:* 6:33AM
Muruga: Yellow *Sunset:* 6:07PM
Nataraja: White
Moon – Orange
Magha-Masi

Devaloka Day

D

Saturday, February 18, 2017

Retreat Star

Vrischika Rasi: 2.01 Tiithi 23

974971367

Gulika 6:32AM – 7:59AM
Yama 1:47PM – 3:14PM
Rahu 9:26AM – 10:53AM

Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kingston, Jamaica
Sun 7 Sutra 307

Vishakha Until 8:38AM
Dhruva Until 9:52AM
Balava Until 2:33PM
Ashtami* Until 3:46AM Sun

Ganesh: Yellow *Sunrise:* 6:32AM
Muruga: Yellow *Sunset:* 6:08PM
Nataraja: White
Moon – Orange
Magha-Masi

Devaloka Day

Sunday, February 19, 2017

Retreat Star

Vrischika Rasi: 13.55 Tiithi 24

974971367

Gulika 3:14PM – 4:41PM
Yama 12:20PM – 1:47PM
Rahu 4:41PM – 6:08PM

Routine Work Marana Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Tailila/Gara Karana Navamyam Titau

Kingston, Jamaica
Sun 8 Sutra 308

Anuradha Until 11:32AM
Vyaghata* Until 10:40AM
Tailila Until 4:59PM
Navami* Until 6:07AM Mon

Ganesh: Yellow *Sunrise:* 6:32AM
Muruga: Yellow *Sunset:* 6:08PM
Nataraja: White
Moon – Orange
Magha-Masi

Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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1		Monday, February 20, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Kingston, Jamaica	
Vrischika Rasi: 25.51		Tihti 24 – 25		Jyeshtha* Mula* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 9		Sutra 309	
Family Home Evening		984971367		Gulika	1:47PM – 3:14PM	Jyeshtha* Until 2:07PM	Ganesh: Yellow	<i>Sunrise:</i> 6:31AM	Durmukha 5118
Creative Work		Siddha Yoga		Yama	10:53AM – 12:20PM	Harshana Until 11:22AM	Muruga: Yellow	<i>Sunset:</i> 6:09PM	Moon 2 - Phase 43
				Rahu	7:58AM – 9:26AM	Vanija Until 7:14PM	Nataraja: White		2nd Phase
						Navami* Until 6:07AM	Moon – Orange		Devaloka Day
							Magha-Masi		

2		Tuesday, February 21, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Kingston, Jamaica	
Dhanus Rasi: 7.53		Tihti 25 – 26		Mula* Purvashadha* Nakshatra Siddhi/Vajra*/Siddhi Yoga Vistil*/Bava Karana Dashami/Ekadashyam Titau		Sun 10		Sutra 310	
Creative Work		Amrita Yoga		Gulika	12:20PM – 1:47PM	Mula* Until 4:42PM	Ganesh: Blue	<i>Sunrise:</i> 6:31AM	Durmukha 5118
Until 4:42PM				Yama	9:25AM – 10:53AM	Vajra* Until 11:48AM	Muruga: Yellow	<i>Sunset:</i> 6:09PM	Moon 2 - Phase 43
Then Creative Work - Siddha Yoga				Rahu	3:14PM – 4:42PM	Bava Until 9:05PM	Nataraja: White		2nd Phase
						Dashami Until 8:12AM	Moon – Light Blue		Bhuloka Day
							Magha-Masi		Devaloka Time: 12:PM to 3:PM

3		Wednesday, February 22, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Kingston, Jamaica	
Dhanus Rasi: 20.07		Tihti 26 – 27		Purvashadha* Kaulava Nakshatra Siddhi/Vyalpata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 11		Sutra 311	
Creative Work		Amrita Yoga		Gulika	10:52AM – 12:20PM	Purvashadha* Until 6:38PM	Ganesh: Blue	<i>Sunrise:</i> 6:30AM	Durmukha 5118
				Yama	7:58AM – 9:25AM	Siddhi Until 11:52AM	Muruga: Yellow	<i>Sunset:</i> 6:09PM	Moon 2 - Phase 43
				Rahu	12:20PM – 1:47PM	Kaulava Until 10:24PM	Nataraja: White		2nd Phase
						Ekadashi* Until 9:48AM	Moon – Light Blue		Bhuloka Day
							Magha-Masi		Devaloka Time: 12:PM to 3:PM

4		Thursday, February 23, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Kingston, Jamaica	
Makara Rasi: 2.35		Tihti 27 – 28		Uttarashadha Vyalpata* Varyan Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 12		Sutra 312	
Routine Work		Marana Yoga		Gulika	9:25AM – 10:52AM	Uttarashadha Until 7:49PM	Ganesh: Blue	<i>Sunrise:</i> 6:29AM	Durmukha 5118
Until 7:49PM				Yama	6:29AM – 7:57AM	Vyalpata* Until 11:31AM	Muruga: Yellow	<i>Sunset:</i> 6:10PM	Moon 2 - Phase 43
Then Creative Work - Siddha Yoga				Rahu	1:47PM – 3:15PM	Gara Until 11:05PM	Nataraja: White		2nd Phase
						Dvadashi* Until 10:48AM	Moon – Light Blue		Bhuloka Day
							Magha-Masi		Devaloka Time: 12:PM to 3:PM
							<i>Pradosha Vrata (Fasting)</i>		

5		Friday, February 24, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Kingston, Jamaica	
Makara Rasi: 15.22		Tihti 28 – 29		Shravana Nakshatra Varyan/Parigha* Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau		Sun 13		Sutra 313	
Routine Work		Marana Yoga		Gulika	7:57AM – 9:24AM	Shravana Until 8:41PM	Ganesh: Blue	<i>Sunrise:</i> 6:29AM	Durmukha 5118
Until 8:41PM				Yama	3:15PM – 4:42PM	Varyan Until 10:38AM	Muruga: Yellow	<i>Sunset:</i> 6:10PM	Moon 2 - Phase 43
Then Creative Work - Siddha Yoga				Rahu	10:52AM – 12:19PM	Vistil Until 11:07PM	Nataraja: White		2nd Phase
						Trayodashi* Until 11:10AM	Moon – Purple		Bhuloka Day
							Magha-Masi		Devaloka Time: 12:PM to 3:PM
							Mahasivaratri (Lunar)		
							Mahasivaratri (Solar)		

		Saturday, February 25, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Kingston, Jamaica	
Retreat Star		Makara Rasi: 28.26		Dhanishtha Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 14		Sutra 314	
Creative Work		Siddha Yoga		Gulika	6:28AM – 7:56AM	Dhanishtha Until 8:46PM	Ganesh: Blue	<i>Sunrise:</i> 6:28AM	Durmukha 5118
Until 8:46PM				Yama	1:47PM – 3:15PM	Parigha* Until 9:15AM	Muruga: Yellow	<i>Sunset:</i> 6:10PM	Moon 2 - Phase 43
Then Creative Work - Amrita Yoga				Rahu	9:24AM – 10:52AM	Catuspada Until 10:31PM	Nataraja: White		Amavasya
						Chaturdashi* Until 10:53AM	Moon – Purple		Bhuloka Day
							Magha-Masi		Devaloka Time: 12:PM to 3:PM

Retreat Star		Sunday, February 26, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Kingston, Jamaica	
Kumbha Rasi: 11.51		Tihti 30 – 1		Shatabhishak Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 15		Sutra 315	
Creative Work		Siddha Yoga		Gulika	3:15PM – 4:43PM	Shatabhishak Until 8:09PM	Ganesh: Blue	<i>Sunrise:</i> 6:28AM	Durmukha 5118
				Yama	12:19PM – 1:47PM	Shiva Until 7:25AM	Muruga: Yellow	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 43
				Rahu	4:43PM – 6:11PM	Kintughna Until 9:22PM	Nataraja: White		Prathama
						Amavasya* Until 9:59AM	Moon – Purple		Bhuloka Day
							Phalguna-Masi		Devaloka Time: 12:PM to 3:PM
							Annular Solar Eclipse		

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1		Monday, February 27, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Sadya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Kingston, Jamaica Sun 16 Sutra 316 Durmukha 5118
Kumbha Rasi: 25.34	Tithi 1 – 2	Gulika	1:47PM – 3:15PM	Purvaproshtapada* Until 7:23PM	Ganesh: Yellow	<i>Sunrise:</i> 6:27AM	
Family Home Evening	914971367	Yama	10:51AM – 12:19PM	Sadhya Until 2:34AM Tue	Muruga: Yellow	<i>Sunset:</i> 6:11PM	
Routine Work	Marana Yoga	Rahu	7:55AM – 9:23AM	Balava Until 7:45PM	Nataraja: White	Moon 2 - Phase 44	
Until 7:23PM				Prathama* Until 8:35AM	Moon – Clear	3rd Phase	
Then Creative Work - Siddha Yoga					Phalguna-Masi	Devaloka Day	

2		Tuesday, February 28, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Subha Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau	Kingston, Jamaica Sun 17 Sutra 317 Durmukha 5118
Meena Rasi: 9.31	Tithi 2 – 3	Gulika	12:19PM – 1:47PM	Uttaraproshtapada Until 6:09PM	Ganesh: Yellow	<i>Sunrise:</i> 6:26AM	
	914971367	Yama	9:23AM – 10:51AM	Subha Until 11:45PM	Muruga: Yellow	<i>Sunset:</i> 6:11PM	
Creative Work	Amrita Yoga	Rahu	3:15PM – 4:43PM	Gara Until 4:43AM Wed	Nataraja: White	Moon 2 - Phase 44	
Until 6:09PM				Dvitiya Until 6:48AM	Moon – Clear	3rd Phase	
Then Creative Work - Siddha Yoga					Phalguna-Masi	Devaloka Day	

3		Wednesday, March 1, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visi* Karana Chaturthyam Titau	Kingston, Jamaica Sun 18 Sutra 318 Durmukha 5118
Meena Rasi: 23.4	Tithi 4	Gulika	10:50AM – 12:18PM	Revati Until 4:32PM	Ganesh: Blue	<i>Sunrise:</i> 6:25AM	
	915971367	Yama	7:53AM – 9:22AM	Sukla Until 8:45PM	Muruga: Yellow	<i>Sunset:</i> 6:12PM	
Routine Work	Marana Yoga	Rahu	12:18PM – 1:47PM	Vanija Until 3:38PM	Nataraja: White	Moon 2 - Phase 44	
				Chaturthi* Until 2:29AM Thu	Moon – Clear	3rd Phase	
					Phalguna-Masi	Sivaloka Day	
						Subramuniyaswami Siva Vision Day	

4		Thursday, March 2, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma/Indra Yoga Bava/Balava Karana Panchamyam Titau	Kingston, Jamaica Sun 19 Sutra 319 Durmukha 5118
Mesha Rasi: 7.54	Tithi 5	Gulika	9:21AM – 10:50AM	Ashvini Until 3:06PM	Ganesh: Yellow	<i>Sunrise:</i> 6:24AM	
	925971367	Yama	6:24AM – 7:53AM	Brahma Until 5:42PM	Muruga: Yellow	<i>Sunset:</i> 6:12PM	
Creative Work	Amrita Yoga	Rahu	1:47PM – 3:15PM	Bava Until 1:21PM	Nataraja: White	Moon 2 - Phase 44	
Until 3:06PM				Panchami Until 12:10AM Fri	Moon – White	3rd Phase	
Then Creative Work - Siddha Yoga					Phalguna-Masi	Devaloka Day	

5		Friday, March 3, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau	Kingston, Jamaica Sun 20 Sutra 320 Durmukha 5118
Mesha Rasi: 22.11	Tithi 6	Gulika	7:52AM – 9:21AM	Bharani Until 1:30PM	Ganesh: Yellow	<i>Sunrise:</i> 6:24AM	
	925971367	Yama	3:15PM – 4:44PM	Indra Until 2:39PM	Muruga: Yellow	<i>Sunset:</i> 6:13PM	
Creative Work	Siddha Yoga	Rahu	10:49AM – 12:18PM	Kaulava Until 11:02AM	Nataraja: White	Moon 2 - Phase 44	
				Shashthi* Until 9:52PM	Moon – White	3rd Phase	
					Phalguna-Masi	Devaloka Day	

6		Saturday, March 4, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau	Kingston, Jamaica Sun 21 Sutra 321 Durmukha 5118
Vrisabha Rasi: 6.27	Tithi 7	Gulika	6:23AM – 7:52AM	Krittika Until 11:50AM	Ganesh: Yellow	<i>Sunrise:</i> 6:23AM	
	925971367	Yama	1:47PM – 3:15PM	Vaidhriti* Until 11:37AM	Muruga: Yellow	<i>Sunset:</i> 6:13PM	
Creative Work	Amrita Yoga	Rahu	9:20AM – 10:49AM	Gara Until 8:46AM	Nataraja: White	Moon 2 - Phase 44	
				Saptami Until 7:39PM	Moon – White	3rd Phase	
					Phalguna-Masi	Devaloka Day	

Retreat Star		Sunday, March 5, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Visi*/Balava Karana Ashtami/Navamyam Titau	Kingston, Jamaica Sun 22 Sutra 322 Durmukha 5118
Vrisabha Rasi: 20.39	Tithi 8 – 9	Gulika	3:15PM – 4:44PM	Rohini Until 10:32AM	Ganesh: White	<i>Sunrise:</i> 6:22AM	
	135971367	Yama	12:18PM – 1:47PM	Vishkambha* Until 8:42AM	Muruga: Yellow	<i>Sunset:</i> 6:13PM	
Creative Work	Siddha Yoga	Rahu	4:44PM – 6:13PM	Visi Until 6:36AM	Nataraja: White	Moon 2 - Phase 44	
				Ashtami* Until 5:33PM	Moon – Yellow	Ashtami	
					Phalguna-Masi	Sivaloka Day	

Retreat Star		Monday, March 6, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Kingston, Jamaica Sun 23 Sutra 323 Durmukha 5118
Mithuna Rasi: 4.45	Tithi 9 – 10	Gulika	1:46PM – 3:15PM	Mrigashira Until 9:16AM	Ganesh: White	<i>Sunrise:</i> 6:21AM	
Family Home Evening	135971367	Yama	10:48AM – 12:17PM	Ayushman Until 3:15AM Tue	Muruga: Yellow	<i>Sunset:</i> 6:13PM	
Creative Work	Amrita Yoga	Rahu	7:50AM – 9:19AM	Taitila Until 2:45AM Tue	Nataraja: White	Moon 2 - Phase 44	
Until 9:16AM				Navami* Until 3:38PM	Moon – Yellow	Navami	
Then Creative Work - Siddha Yoga					Phalguna-Masi	Sivaloka Day	


That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


1	Tuesday, March 7, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kingston, Jamaica
	Mithuna Rasi: 18.43	Tithi 10 – 11	Gulika 12:17PM – 1:46PM	Ardra Until 8:02AM	Ganesha: White	<i>Sunrise:</i> 6:21AM	Sun 24 Sutra 324
			Yama 9:19AM – 10:48AM	Saubhagya Until 12:47AM Wed	Muruga: Yellow	<i>Sunset:</i> 6:14PM	Durmukha 5118
			135971367 Rahu 3:15PM – 4:45PM	Vanija Until 1:09AM Wed	Nataraja: White		Moon 2 - Phase 45
Routine Work	Marana Yoga		Dashami Until 1:54PM	Moon – Yellow		4th Phase	
Until 8:02AM				Phalguna-Masi		Sivaloka Day	
Then Creative Work - Siddha Yoga							

2	Wednesday, March 8, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica
	Kataka Rasi: 2.34	Tithi 11 – 12	Gulika 10:48AM – 12:17PM	Punarvasu Until 7:20AM	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	Sun 25 Sutra 325
			Yama 7:49AM – 9:18AM	Sobhana Until 10:32PM	Muruga: Yellow	<i>Sunset:</i> 6:14PM	Durmukha 5118
			145971367 Rahu 12:17PM – 1:46PM	Bava Until 11:48PM	Nataraja: White		Moon 2 - Phase 45
Creative Work	Siddha Yoga		Ekadashi Until 12:25PM	Moon – Blue		4th Phase	
				Phalguna-Masi		Devaloka Day	

3	Thursday, March 9, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica
	Kataka Rasi: 16.14	Tithi 12 – 13	Gulika 9:18AM – 10:47AM	Pushya Until 6:45AM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	Sun 26 Sutra 326
			Yama 6:19AM – 7:49AM	Athiganda* Until 8:30PM	Muruga: Yellow	<i>Sunset:</i> 6:14PM	Durmukha 5118
			145971367 Rahu 1:46PM – 3:15PM	Kaulava Until 10:46PM	Nataraja: White		Moon 2 - Phase 45
Creative Work	Amrita Yoga		Dvadashi Until 11:13AM	Moon – Blue		4th Phase	
Until 6:45AM			<i>Pradosha Vrata</i>	Phalguna-Masi		Devaloka Day	
Then Creative Work - Siddha Yoga							

4	Friday, March 10, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica
	Kataka Rasi: 29.43	Tithi 13 – 14	Gulika 7:48AM – 9:17AM	Ashlesha* Until 6:20AM	Ganesha: Clear	<i>Sunrise:</i> 6:18AM	Sun 27 Sutra 327
			Yama 3:15PM – 4:45PM	Sukarma Until 6:47PM	Muruga: Yellow	<i>Sunset:</i> 6:14PM	Durmukha 5118
			145971367 Rahu 10:47AM – 12:16PM	Gara Until 10:06PM	Nataraja: White		Moon 2 - Phase 45
Routine Work	Marana Yoga		Trayodashi Until 10:22AM	Moon – Blue		4th Phase	
		Chidambaram Abhishekam		Phalguna-Masi		Devaloka Day	

	Saturday, March 11, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kingston, Jamaica
	Copper Retreat Star		Gulika 6:18AM – 7:47AM	Magha* Until 6:36AM	Ganesha: Clear	<i>Sunrise:</i> 6:18AM	Sutra 328
	Simha Rasi: 12.59	Tithi 14 – 15	Yama 1:46PM – 3:15PM	Dhriti Until 5:24PM	Muruga: Yellow	<i>Sunset:</i> 6:15PM	Durmukha 5118
			156971367 Rahu 9:17AM – 10:47AM	Visti Until 9:51PM	Nataraja: White		Moon 2 - Phase 45
Creative Work	Amrita Yoga		Chaturdashi* Until 9:54AM	Moon – Red		Purnima	
Until 6:36AM		Holi		Phalguna-Masi		Devaloka Day	
Then Creative Work - Siddha Yoga							

	Sunday, March 12, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kingston, Jamaica
	Silver Retreat Star		Gulika 3:15PM – 4:45PM	Purvaphalguni Until 7:09AM	Ganesha: Clear	<i>Sunrise:</i> 6:17AM	Sutra 329
	Simha Rasi: 26.02	Tithi 15 – 16	Yama 12:16PM – 1:46PM	Shula* Until 4:21PM	Muruga: Yellow	<i>Sunset:</i> 6:15PM	Durmukha 5118
			156971367 Rahu 4:45PM – 6:15PM	Balava Until 10:05PM	Nataraja: White		Moon 2 - Phase 45
Creative Work	Siddha Yoga		Purnima* Until 9:53AM	Moon – Red		Prathama	
Until 7:09AM				Phalguna-Masi		Devaloka Day	
Then Creative Work - Amrita Yoga							



Monday, March 13, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ganda*Vridhhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kingston, Jamaica

Sutra 330

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 8.5 Tihi 16 - 17

Gulika 1:46PM - 3:15PM

Uttaraphalguni Until 8:01AM

Ganesha: Clear

Sunrise: 6:16AM

Yama 10:46AM - 12:16PM

Ganda* Until 3:42PM

Muruga: Yellow

Sunset: 6:15PM

Family Home Evening 156171367

Rahu 7:46AM - 9:16AM

Taitila Until 10:49PM

Nataraja: White

Devaloka Day

Creative Work Siddha Yoga

Prathama* Until 10:22AM

Moon - Red
Phalguna-Masi

Tuesday, March 14, 2017

1

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta/Chitra Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kingston, Jamaica

Sun 1 Sutra 331

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 21.25 Tihi 17 - 18

Gulika 12:15PM - 1:45PM

Hasta Until 9:41AM

Ganesha: Purple

Sunrise: 6:15AM

Yama 9:15AM - 10:45AM

Vridhhi Until 3:27PM

Muruga: Yellow

Sunset: 6:15PM

166171367

Rahu 3:15PM - 4:45PM

Vanija Until 12:03AM Wed

Nataraja: White

Moon - Green

Creative Work Siddha Yoga

Karadayan Nombu (Tamil Nadu)

Dvitiya Until 11:21AM

Phalguna-Panguni

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Wednesday, March 15, 2017

2

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kingston, Jamaica

Sun 2 Sutra 332

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Tula Rasi: 3.46 Tihi 18 - 19

Gulika 10:45AM - 12:15PM

Chitra Until 11:40AM

Ganesha: Purple

Sunrise: 6:14AM

Yama 7:45AM - 9:15AM

Dhruva Until 3:33PM

Muruga: Yellow

Sunset: 6:16PM

166171368

Rahu 12:15PM - 1:45PM

Bava Until 1:44AM Thu

Nataraja: Clear

Moon - Green

Creative Work Siddha Yoga

Tritiya Until 12:49PM

Phalguna-Panguni

Devaloka Day

Thursday, March 16, 2017

3

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica

Sun 3 Sutra 333

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Tula Rasi: 15.56 Tihi 19 - 20

Gulika 9:14AM - 10:45AM

Svati Until 1:54PM

Ganesha: Purple

Sunrise: 6:14AM

Yama 6:14AM - 7:44AM

Vyaghata* Until 3:58PM

Muruga: Yellow

Sunset: 6:16PM

166171368

Rahu 1:45PM - 3:15PM

Kaulava Until 3:48AM Fri

Nataraja: Clear

Moon - Green

Creative Work Amrita Yoga

Chaturthi* Until 2:42PM

Phalguna-Panguni

Devaloka Day

Until 1:54PM

Then Creative Work - Siddha Yoga

Friday, March 17, 2017

4

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kingston, Jamaica

Sun 4 Sutra 334

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Tula Rasi: 27.58 Tihi 20 - 21

Gulika 7:43AM - 9:14AM

Vishakha Until 4:46PM

Ganesha: Clear

Sunrise: 6:13AM

Yama 3:15PM - 4:46PM

Harshana Until 4:39PM

Muruga: Yellow

Sunset: 6:16PM

176171368

Rahu 10:44AM - 12:15PM

Gara Until 6:08AM Sat

Nataraja: Clear

Moon - Orange

Creative Work Siddha Yoga

Panchami Until 4:56PM

Phalguna-Panguni

Sivaloka Day

Saturday, March 18, 2017

5

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Kingston, Jamaica

Sun 5 Sutra 335

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 9.53 Tihi 21

Gulika 6:12AM - 7:43AM

Anuradha Until 7:39PM

Ganesha: Purple

Sunrise: 6:12AM

Yama 1:45PM - 3:15PM

Vajra* Until 5:27PM

Muruga: Yellow

Sunset: 6:16PM

177171368

Rahu 9:13AM - 10:44AM

Gara Until 6:08AM

Nataraja: Clear

Moon - Orange

Creative Work Siddha Yoga

Shashthi* Until 7:20PM

Phalguna-Panguni

Subha Sivaloka Day

Sunday, March 19, 2017

6

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Kingston, Jamaica

Sun 6 Sutra 336

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 21.47 Tihi 22

Gulika 3:15PM - 4:46PM

Jyeshtha* Until 10:22PM

Ganesha: Purple

Sunrise: 6:11AM

Yama 12:14PM - 1:45PM

Siddhi Until 6:16PM

Muruga: Yellow

Sunset: 6:17PM

177171368

Rahu 4:46PM - 6:17PM

Visti Until 8:34AM

Nataraja: Clear

Moon - Orange

Routine Work Marana Yoga

Saptami Until 9:44PM

Phalguna-Panguni

Subha Sivaloka Day

Until 10:22PM

Then Creative Work - Amrita Yoga

Monday, March 20, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kingston, Jamaica

Sun 7 Sutra 337

Durmukha 5118

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 3.42 Tihi 23

Gulika 1:44PM - 3:15PM

Mula* Until 1:14AM Tue

Ganesha: Clear

Sunrise: 6:10AM

Yama 10:43AM - 12:14PM

Vyatipata* Until 7:00PM

Muruga: Yellow

Sunset: 6:17PM

187171368

Rahu 7:41AM - 9:12AM

Balava Until 10:54AM

Nataraja: Clear

Moon - Light Blue

Family Home Evening

Ashtami* Until 11:57PM

Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Tuesday, March 21, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Varyan Yoga Taitila/Gara Karana Navamyam Titau

Kingston, Jamaica

Sun 8 Sutra 338

Durmukha 5118

Moon 3 - Phase 46

Navami

Dhanus Rasi: 15.43 Tihi 24

Gulika 12:13PM - 1:44PM

Purvashadha* Until 3:32AM Wed

Ganesha: Clear

Sunrise: 6:10AM

Yama 9:11AM - 10:42AM

Varyan Until 7:24PM

Muruga: Yellow

Sunset: 6:17PM

187171368

Rahu 3:15PM - 4:46PM

Taitila Until 12:56PM

Nataraja: Clear

Moon - Light Blue

Creative Work Siddha Yoga

Navami* Until 1:45AM Wed

Phalguna-Panguni

Sivaloka Day

Until 3:32AM Wed

Then Creative Work - Amrita Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, March 22, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam		Kingston, Jamaica	
Dhanus Rasi: 27.55		Gulika 10:42AM – 12:13PM		Uttarashadha Until 5:06AM Thu		Ganesh: Clear		Sun 9 Sutra 339	
Tihti 25		Yama 7:40AM – 9:11AM		Parigha* Until 7:25PM		Sunrise: 6:09AM		Dur mukha 5118	
187171368		Rahu 12:13PM – 1:44PM		Vanija Until 2:28PM		Sunset: 6:17PM		Moon 3 - Phase 47	
Creative Work Amrita Yoga				Dashami Until 2:57AM Thu		Nataraja: Clear		2nd Phase	
Until 5:06AM Thu						Moon – Light Blue		Sivaloka Day	
Then Creative Work - Siddha Yoga						Phalguna•Panguni			

2		Thursday, March 23, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam		Kingston, Jamaica	
Makara Rasi: 10.23		Gulika 9:10AM – 10:42AM		Shravana Until 6:15AM Fri		Ganesh: White		Sun 10 Sutra 340	
Tihti 26		Yama 6:08AM – 7:39AM		Shiva Until 6:54PM		Sunrise: 6:08AM		Dur mukha 5118	
197171368		Rahu 1:44PM – 3:15PM		Bava Until 3:19PM		Sunset: 6:17PM		Moon 3 - Phase 47	
Creative Work Siddha Yoga				Ekadashi* Until 3:26AM Fri		Nataraja: Clear		2nd Phase	
						Moon – Purple		Subha Sivaloka Day	
						Phalguna•Panguni			

3		Friday, March 24, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam		Kingston, Jamaica	
Makara Rasi: 23.11		Gulika 7:38AM – 9:10AM		Shravana Until 6:15AM		Ganesh: White		Sun 11 Sutra 341	
Tihti 27		Yama 3:15PM – 4:46PM		Siddha Until 5:45PM		Sunrise: 6:07AM		Dur mukha 5118	
197171368		Rahu 10:41AM – 12:12PM		Kaulava Until 3:23PM		Sunset: 6:18PM		Moon 3 - Phase 47	
Routine Work Marana Yoga				Dvadashi* Until 3:06AM Sat		Nataraja: Clear		2nd Phase	
Until 6:15AM						Moon – Purple		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga						Phalguna•Panguni			

4		Saturday, March 25, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam		Kingston, Jamaica	
Kumbha Rasi: 6.23		Gulika 6:06AM – 7:38AM		Dhanishtha Until 6:29AM		Ganesh: Clear		Sun 12 Sutra 342	
Tihti 28		Yama 1:44PM – 3:15PM		Sadhya Until 4:00PM		Sunrise: 6:06AM		Dur mukha 5118	
198171368		Rahu 9:09AM – 10:41AM		Gara Until 2:40PM		Sunset: 6:18PM		Moon 3 - Phase 47	
Creative Work Siddha Yoga				Trayodashi* Until 2:01AM Sun		Nataraja: Clear		2nd Phase	
Until 6:29AM				Pradosha Vrata (Fasting)		Moon – Purple		Sivaloka Day	
Then Creative Work - Amrita Yoga						Phalguna•Panguni			

5		Sunday, March 26, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam		Kingston, Jamaica	
Kumbha Rasi: 20.01		Gulika 3:15PM – 4:47PM		Purvaproshtapada* Until 4:48AM Mon		Ganesh: White		Sun 13 Sutra 343	
Tihti 29		Yama 12:12PM – 1:43PM		Subha Until 1:41PM		Sunrise: 6:06AM		Dur mukha 5118	
118171368		Rahu 4:47PM – 6:18PM		Visti Until 1:14PM		Sunset: 6:18PM		Moon 3 - Phase 47	
Creative Work Siddha Yoga				Chaturdashi* Until 12:15AM Mon		Nataraja: Clear		2nd Phase	
						Moon – Clear		Devaloka Day	
						Phalguna•Panguni			

Monday, March 27, 2017		Retreat Star				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam		Kingston, Jamaica	
Meena Rasi: 4.02		Gulika 1:43PM – 3:15PM		Uttaraproshtapada Until 3:08AM Tue		Ganesh: White		Sun 14 Sutra 344	
Tihti 30		Yama 10:40AM – 12:12PM		Sukla Until 10:51AM		Sunrise: 6:05AM		Dur mukha 5118	
118171368		Rahu 7:36AM – 9:08AM		Catuspada Until 11:10AM		Sunset: 6:18PM		Moon 3 - Phase 47	
Family Home Evening				Amavasya* Until 9:56PM		Nataraja: Clear		Amavasya	
Creative Work Siddha Yoga						Moon – Clear		Devaloka Day	
						Phalguna•Panguni			

Tuesday, March 28, 2017		Retreat Star				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Kingston, Jamaica	
Meena Rasi: 18.23		Gulika 12:11PM – 1:43PM		Revati Until 12:57AM Wed		Ganesh: White		Sun 15 Sutra 345	
Tihti 1		Yama 9:08AM – 10:39AM		Brahma Until 7:39AM		Sunrise: 6:04AM		Dur mukha 5118	
118171368		Rahu 3:15PM – 4:47PM		Kintughna Until 8:38AM		Sunset: 6:18PM		Moon 3 - Phase 47	
Creative Work Siddha Yoga				Prathama* Until 7:13PM		Nataraja: Clear		Prathama	
Until 12:57AM Wed		Yugadhi				Moon – Clear		Devaloka Day	
Then Routine Work - Marana Yoga						Chaitra•Panguni			

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1	Wednesday, March 29, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kingston, Jamaica
	Mesha Rasi: 2.59	Tithi 2 – 3	Gulika 10:39AM – 12:11PM	Ashvini Until 10:51PM	Ganesha: Green	<i>Sunrise:</i> 6:03AM	Sun 16 Sutra 346
			Yama 7:35AM – 9:07AM	Vaidhriti* Until 12:33AM Thu	Muruga: Yellow	<i>Sunset:</i> 6:19PM	Durmukha 5118
		128171368 Rahu 12:11PM – 1:43PM	Taitila Until 2:44AM Thu	Nataraja: Clear		Moon 3 - Phase 48	
Routine Work	Marana Yoga			Moon – White		3rd Phase	
Until 10:51PM		Chellappaswami Mahasamadhi	Dvitiya Until 4:15PM	Chaitra•Panguni		Devaloka Day	
Then Creative Work - Siddha Yoga							

2	Thursday, March 30, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Kingston, Jamaica
	Mesha Rasi: 17.43	Tithi 3 – 4	Gulika 9:06AM – 10:39AM	Bharani Until 8:33PM	Ganesha: Green	<i>Sunrise:</i> 6:02AM	Sun 17 Sutra 347
			Yama 6:02AM – 7:34AM	Vishkambha* Until 8:54PM	Muruga: Yellow	<i>Sunset:</i> 6:19PM	Durmukha 5118
		128171368 Rahu 1:43PM – 3:15PM	Vanija Until 11:41PM	Nataraja: Clear		Moon 3 - Phase 48	
Creative Work	Siddha Yoga			Moon – White		3rd Phase	
Until 8:33PM			Tritiya Until 1:11PM	Chaitra•Panguni		Devaloka Day	
Then Routine Work - Marana Yoga							

3	Friday, March 31, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kingston, Jamaica
	Vrishabha Rasi: 2.26	Tithi 4 – 5	Gulika 7:34AM – 9:06AM	Krittika Until 6:13PM	Ganesha: Orange	<i>Sunrise:</i> 6:01AM	Sun 18 Sutra 348
			Yama 3:15PM – 4:47PM	Priti Until 5:20PM	Muruga: Yellow	<i>Sunset:</i> 6:19PM	Durmukha 5118
		129171368 Rahu 10:38AM – 12:10PM	Bava Until 8:45PM	Nataraja: Clear		Moon 3 - Phase 48	
Creative Work	Siddha Yoga			Moon – White		3rd Phase	
Until 6:13PM			Chaturthi* Until 10:11AM	Chaitra•Panguni		Sivaloka Day	
Then Routine Work - Marana Yoga							

4	Saturday, April 1, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kingston, Jamaica
	Vrishabha Rasi: 17.03	Tithi 5 – 6	Gulika 6:01AM – 7:34AM	Rohini Until 4:23PM	Ganesha: Green	<i>Sunrise:</i> 6:01AM	Sun 19 Sutra 349
			Yama 1:43PM – 3:15PM	Ayushman Until 1:56PM	Muruga: Yellow	<i>Sunset:</i> 6:19PM	Durmukha 5118
		139171368 Rahu 9:06AM – 10:38AM	Kaulava Until 6:03PM	Nataraja: Clear		Moon 3 - Phase 48	
Creative Work	Amrita Yoga			Moon – Yellow		3rd Phase	
Until 4:23PM			Panchami Until 7:21AM	Chaitra•Panguni		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga							

5	Sunday, April 2, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau				Kingston, Jamaica
	Mithuna Rasi: 1.28	Tithi 7	Gulika 3:15PM – 4:47PM	Mrigashira Until 2:45PM	Ganesha: Green	<i>Sunrise:</i> 6:01AM	Sun 20 Sutra 350
			Yama 12:10PM – 1:42PM	Saubhagya Until 10:48AM	Muruga: Yellow	<i>Sunset:</i> 6:19PM	Durmukha 5118
		139171368 Rahu 4:47PM – 6:19PM	Gara Until 3:41PM	Nataraja: Clear		Moon 3 - Phase 48	
Creative Work	Siddha Yoga			Moon – Yellow		3rd Phase	
			Saptami Until 2:38AM Mon	Chaitra•Panguni		Subha Sivaloka Day	

D	Monday, April 3, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau				Kingston, Jamaica
	Retreat Star		Gulika 1:42PM – 3:15PM	Ardra Until 1:22PM	Ganesha: Green	<i>Sunrise:</i> 6:00AM	Sun 21 Sutra 351
	Mithuna Rasi: 15.37	Tithi 8	Yama 10:37AM – 12:10PM	Sobhana Until 8:00AM	Muruga: Yellow	<i>Sunset:</i> 6:20PM	Durmukha 5118
Family Home Evening		139171368 Rahu 7:32AM – 9:05AM	Visti Until 1:43PM	Nataraja: Clear		Moon 3 - Phase 48	
Creative Work	Siddha Yoga			Moon – Yellow		Ashtami	
Until 1:22PM			Ashtami* Until 12:53AM Tue	Chaitra•Panguni		Subha Sivaloka Day	
Then Creative Work - Amrita Yoga							

D	Tuesday, April 4, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Balava/Kaulava Karana Navamyam Titau				Kingston, Jamaica
	Retreat Star		Gulika 12:09PM – 1:42PM	Punarvasu Until 12:43PM	Ganesha: Red	<i>Sunrise:</i> 5:59AM	Sun 22 Sutra 352
	Mithuna Rasi: 29.29	Tithi 9	Yama 9:04AM – 10:37AM	Sukarma Until 3:28AM Wed	Muruga: Yellow	<i>Sunset:</i> 6:20PM	Durmukha 5118
		149171368 Rahu 3:15PM – 4:47PM	Balava Until 12:13PM	Nataraja: Clear		Moon 3 - Phase 48	
Creative Work	Siddha Yoga			Moon – Blue		Navami	
		Sri Rama Navami	Navami* Until 11:37PM	Chaitra•Panguni		Sivaloka Day	

1		Wednesday, April 5, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Tailila/Gara Karana Dashamyam Titau		Kingston, Jamaica Sun 23 Sutra 353 Durmukha 5118
Kataka Rasi: 13.05	Tithi 10	Gulika	10:36AM – 12:09PM	Pushya Until 12:23PM	Ganesha: Red	<i>Sunrise: 5:58AM</i>		
		Yama	7:31AM – 9:04AM	Dhriti Until 1:47AM Thu	Muruga: Yellow	<i>Sunset: 6:20PM</i>	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	149171368 Rahu	12:09PM – 1:42PM	Tailila Until 11:10AM	Nataraja: Clear		4th Phase	
			Yogaswami Mahasamadhi	Dashami Until 10:48PM	Moon – Blue			Sivaloka Day
					Chaitra-Panguni			

2		Thursday, April 6, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau		Kingston, Jamaica Sun 24 Sutra 354 Durmukha 5118
Kataka Rasi: 26.25	Tithi 11	Gulika	9:03AM – 10:36AM	Ashlesha* Until 12:21PM	Ganesha: Blue	<i>Sunrise: 5:57AM</i>		
		Yama	5:57AM – 7:30AM	Shula* Until 12:25AM Fri	Muruga: Yellow	<i>Sunset: 6:20PM</i>	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	149271368 Rahu	1:42PM – 3:14PM	Vanija Until 10:36AM	Nataraja: Clear		4th Phase	
Until 12:21PM				Ekadashi Until 10:27PM	Moon – Blue			Devaloka Day
Then Creative Work - Amrita Yoga					Chaitra-Panguni			

3		Friday, April 7, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Bava/Balava Karana Dvadashyam Titau		Kingston, Jamaica Sun 25 Sutra 355 Durmukha 5118
Simha Rasi: 9.31	Tithi 12	Gulika	7:30AM – 9:03AM	Magha* Until 1:04PM	Ganesha: Yellow	<i>Sunrise: 5:57AM</i>		
		Yama	3:14PM – 4:47PM	Ganda* Until 11:25PM	Muruga: Yellow	<i>Sunset: 6:20PM</i>	Moon 3 - Phase 49	
Routine Work	Marana Yoga	159271368 Rahu	10:36AM – 12:09PM	Bava Until 10:28AM	Nataraja: Clear		4th Phase	
Until 1:04PM				Dvadashi Until 10:32PM	Moon – Red			Sivaloka Day
Then Creative Work - Siddha Yoga					Chaitra-Panguni			

4		Saturday, April 8, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Kaulava/Tailila Karana Trayodashyam Titau		Kingston, Jamaica Sun 26 Sutra 356 Durmukha 5118
Simha Rasi: 22.23	Tithi 13	Gulika	5:56AM – 7:29AM	Purvaphalguni Until 2:02PM	Ganesha: Yellow	<i>Sunrise: 5:56AM</i>		
		Yama	1:41PM – 3:14PM	Vriddhi Until 10:46PM	Muruga: Yellow	<i>Sunset: 6:21PM</i>	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	151271368 Rahu	9:02AM – 10:35AM	Kaulava Until 10:45AM	Nataraja: Clear		4th Phase	
Until 2:02PM				Trayodashi Until 11:02PM	Moon – Red			Sivaloka Day
Then Routine Work - Marana Yoga				<i>Pradosha Vrata</i>	Chaitra-Panguni			

5		Sunday, April 9, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Kingston, Jamaica Sun 27 Sutra 357 Durmukha 5118
Kanya Rasi: 5.04	Tithi 14	Gulika	3:14PM – 4:48PM	Uttaraphalguni Until 3:14PM	Ganesha: Yellow	<i>Sunrise: 5:55AM</i>		
		Yama	12:08PM – 1:41PM	Dhruva Until 10:22PM	Muruga: Yellow	<i>Sunset: 6:21PM</i>	Moon 3 - Phase 49	
Creative Work	Amrita Yoga	151271368 Rahu	4:48PM – 6:21PM	Gara Until 11:27AM	Nataraja: Clear		4th Phase	
				Chaturdashi* Until 11:55PM	Moon – Red			Sivaloka Day
					Chaitra-Panguni			

Monday, April 10, 2017		Copper Retreat Star				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		Kingston, Jamaica Sutra 358 Durmukha 5118
Kanya Rasi: 17.35	Tithi 15	Gulika	1:41PM – 3:14PM	Hasta Until 5:08PM	Ganesha: Blue	<i>Sunrise: 5:54AM</i>		
Family Home Evening		Yama	10:34AM – 12:08PM	Vyaghata* Until 10:17PM	Muruga: Yellow	<i>Sunset: 6:21PM</i>	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	161271368 Rahu	7:28AM – 9:01AM	Visti Until 12:31PM	Nataraja: Clear		Purnima	
Until 5:08PM				Purnima* Until 1:10AM Tue	Moon – Green			Devaloka Day
Then Routine Work - Prabalarishta Yoga		Panguni Uttiram			Chaitra-Panguni			
		Hanuman Jayanti						

Tuesday, April 11, 2017		Silver Retreat Star				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau		Kingston, Jamaica Sutra 359 Durmukha 5118
Kanya Rasi: 29.56	Tithi 16	Gulika	12:07PM – 1:41PM	Chitra Until 7:12PM	Ganesha: Blue	<i>Sunrise: 5:54AM</i>		
		Yama	9:01AM – 10:34AM	Harshana Until 10:30PM	Muruga: Yellow	<i>Sunset: 6:21PM</i>	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	161271368 Rahu	3:14PM – 4:48PM	Balava Until 1:57PM	Nataraja: Clear		Prathama	
				Prathama* Until 2:47AM Wed	Moon – Green			Devaloka Day
					Chaitra-Panguni			



Wednesday, April 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Svati Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Kingston, Jamaica

Sun 1 Sutra 360

Durmukha 5118

Tula Rasi: 12.08 Tithi 17

161271368 Rahu

Gulika 10:34AM – 12:07PM
Yama 7:26AM – 9:00AM
Rahu 12:07PM – 1:41PM

Svati Until 9:25PM
Vajra* Until 10:55PM
Taitila Until 3:44PM

Ganesh: Blue Sunrise: 5:53AM
Muruga: Yellow Sunset: 6:21PM
Nataraja: Clear

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Moon – Green
Chaitra•Panguni

Devaloka Day

Thursday, April 13, 2017

1

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Kingston, Jamaica

Sun 2 Sutra 361

Hemalamba 5119

Tula Rasi: 24.13 Tithi 18

171271368 Rahu

Gulika 8:59AM – 10:33AM
Yama 5:52AM – 7:26AM
Rahu 1:41PM – 3:14PM

Vishakha Until 12:14AM Fri
Siddhi Until 11:34PM
Vanija Until 5:47PM

Ganesh: Red Sunrise: 5:52AM
Muruga: Yellow Sunset: 6:22PM
Nataraja: Clear

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Moon – Orange
Chaitra•Chaitra

Sivaloka Day

Tamil New Year

Tritiya Until 6:53AM Fri

Friday, April 14, 2017

2

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Anuradha Nakshatra Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kingston, Jamaica

Sun 3 Sutra 362

Hemalamba 5119

Vrischika Rasi: 6.11 Tithi 18 – 19

271271368 Rahu

Gulika 7:25AM – 8:59AM
Yama 3:14PM – 4:48PM
Rahu 10:33AM – 12:07PM

Anuradha Until 3:06AM Sat
Vyatipata* Until 12:23AM Sat
Bava Until 8:04PM

Ganesh: Blue Sunrise: 5:51AM
Muruga: Yellow Sunset: 6:22PM
Nataraja: Clear

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Moon – Orange
Chaitra•Chaitra

Devaloka Day

Tritiya Until 6:53AM

Saturday, April 15, 2017

3

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Jyeshtha* Nakshatra Varyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica

Sun 4 Sutra 363

Hemalamba 5119

Vrischika Rasi: 18.05 Tithi 19 – 20

271271368 Rahu

Gulika 5:51AM – 7:25AM
Yama 1:40PM – 3:14PM
Rahu 8:58AM – 10:32AM

Jyeshtha* Until 5:52AM Sun
Varyan Until 1:15AM Sun
Kaulava Until 10:30PM

Ganesh: Blue Sunrise: 5:51AM
Muruga: Yellow Sunset: 6:22PM
Nataraja: Clear

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Moon – Orange
Chaitra•Chaitra

Devaloka Day

Chaturthi* Until 9:15AM

Until 5:52AM Sun

Then Creative Work - Amrita Yoga

Sunday, April 16, 2017

4

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mula* Nakshatra Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kingston, Jamaica

Sun 5 Sutra 364

Hemalamba 5119

Vrischika Rasi: 29.58 Tithi 20 – 21

271271368 Rahu

Gulika 3:14PM – 4:48PM
Yama 12:06PM – 1:40PM
Rahu 4:48PM – 6:22PM

Mula* Until 8:56AM Mon
Parigha* Until 2:08AM Mon
Gara Until 12:54AM Mon

Ganesh: Blue Sunrise: 5:50AM
Muruga: Yellow Sunset: 6:22PM
Nataraja: Clear

Moon 4 - Phase 50
1st Phase

Creative Work Amrita Yoga

Moon – Orange
Chaitra•Chaitra

Devaloka Day

Panchami Until 11:41AM

Until 8:56AM Mon

Then Routine Work - Marana Yoga

Monday, April 17, 2017

5

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kingston, Jamaica

Sun 6 Sutra 1

Hemalamba 5119

Dhanus Rasi: 11.52 Tithi 21 – 22

281271368 Rahu

Gulika 1:40PM – 3:14PM
Yama 10:32AM – 12:06PM
Rahu 7:23AM – 8:57AM

Mula* Until 8:56AM
Shiva Until 2:53AM Tue
Visti Until 3:07AM Tue

Ganesh: Red Sunrise: 5:49AM
Muruga: Yellow Sunset: 6:23PM
Nataraja: Clear

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Shashthi* Until 2:02PM

Until 8:56AM

Then Routine Work - Marana Yoga

Tuesday, April 18, 2017

6

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kingston, Jamaica

Sun 7 Sutra 2

Hemalamba 5119

Dhanus Rasi: 23.5 Tithi 22 – 23

282271368 Rahu

Gulika 12:06PM – 1:40PM
Yama 8:57AM – 10:31AM
Rahu 3:14PM – 4:49PM

Purvashadha* Until 11:36AM
Siddha Until 3:17AM Wed
Balava Until 4:57AM Wed

Ganesh: Yellow Sunrise: 5:48AM
Muruga: Yellow Sunset: 6:23PM
Nataraja: Clear

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Saptami Until 4:05PM

Until 11:36AM

Then Routine Work - Prabarishtha Yoga

Wednesday, April 19, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kingston, Jamaica

Sun 8 Sutra 3

Hemalamba 5119

Makara Rasi: 5.59 Tithi 23 – 24

282271368 Rahu

Gulika 10:31AM – 12:05PM
Yama 7:22AM – 8:57AM
Rahu 12:05PM – 1:40PM

Uttarashadha Until 1:38PM
Sadhya Until 3:15AM Thu
Taitila Until 6:09AM Thu

Ganesh: Yellow Sunrise: 5:48AM
Muruga: Yellow Sunset: 6:23PM
Nataraja: Clear

Moon 4 - Phase 50
Ashtami

Creative Work Amrita Yoga

Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Ashtami* Until 5:37PM

Until 1:38PM

Then Creative Work - Siddha Yoga

Thursday, April 20, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha Yoga Taitila/Gara Karana Navamyam Titau

Kingston, Jamaica

Sun 9 Sutra 4

Hemalamba 5119

Makara Rasi: 18.24 Tithi 24

292271368 Rahu

Gulika 8:56AM – 10:31AM
Yama 5:47AM – 7:22AM
Rahu 1:40PM – 3:14PM

Shravana Until 3:21PM
Subha Until 2:39AM Fri
Taitila Until 6:09AM

Ganesh: White Sunrise: 5:47AM
Muruga: Yellow Sunset: 6:23PM
Nataraja: Clear

Moon 4 - Phase 50
Navami

Creative Work Siddha Yoga

Moon – Purple
Chaitra•Chaitra

Devaloka Day

Navami* Until 6:27PM

Chidambaram Abhishekam

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time


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1	Friday, April 21, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla Yoga Vanija/Visli* Karana Dashamyam Titau				Kingston, Jamaica
	Kumbha Rasi: 1.09	Tithi 25	Gulika 7:21AM – 8:56AM	Dhanishtha Until 4:07PM	Ganesh: White <i>Sunrise: 5:46AM</i>	Sun 10	Sutra 5
			Yama 3:14PM – 4:49PM	Sukla Until 1:22AM Sat	Muruga: Yellow <i>Sunset: 6:24PM</i>	Hemalamba 5119	
	Creative Work	Siddha Yoga	292271368 Rahu 10:30AM – 12:05PM	Vanija Until 6:35AM	Nataraja: Clear	Moon 4 - Phase 1	
			Dashami Until 6:28PM	Moon – Purple	2nd Phase		
				Chaitra•Chaitra	Devaloka Day		

2	Saturday, April 22, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manla Vasara Yuktayam Shatabhishak/Purvproshthapada* Nakshatra Brahma Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica
	Kumbha Rasi: 14.2	Tithi 26 – 27	Gulika 5:46AM – 7:20AM	Shatabhishak Until 3:53PM	Ganesh: White <i>Sunrise: 5:46AM</i>	Sun 11	Sutra 6
			Yama 1:40PM – 3:14PM	Brahma Until 11:24PM	Muruga: Yellow <i>Sunset: 6:24PM</i>	Hemalamba 5119	
	Creative Work	Amrita Yoga	292271368 Rahu 8:55AM – 10:30AM	Bava Until 6:09AM	Nataraja: Clear	Moon 4 - Phase 1	
			Ekadashi* Until 5:36PM	Moon – Purple	2nd Phase		
				Chaitra•Chaitra	Devaloka Day		
					Then Routine Work - Marana Yoga		

3	Sunday, April 23, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvproshthapada*/Uttarproshthapada Nakshatra Indra Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica
	Kumbha Rasi: 28	Tithi 27 – 28	Gulika 3:14PM – 4:49PM	Purvproshthapada* Until 3:08PM	Ganesh: Light Blue <i>Sunrise: 5:45AM</i>	Sun 12	Sutra 7
			Yama 12:05PM – 1:39PM	Indra Until 8:49PM	Muruga: Yellow <i>Sunset: 6:24PM</i>	Hemalamba 5119	
	Creative Work	Siddha Yoga	212271368 Rahu 4:49PM – 6:24PM	Gara Until 2:50AM Mon	Nataraja: Clear	Moon 4 - Phase 1	
			Dvadashi* Until 3:56PM	Moon – Clear	2nd Phase		
			<i>Pradosha Vrata (Fasting)</i>	Chaitra•Chaitra	Devaloka Day		
					Then Creative Work - Amrita Yoga		

4	Monday, April 24, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttarproshthapada*/Uttarproshthapada Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica
	Meena Rasi: 12.08	Tithi 28 – 29	Gulika 1:39PM – 3:14PM	Uttarproshthapada Until 1:32PM	Ganesh: Light Blue <i>Sunrise: 5:44AM</i>	Sun 13	Sutra 8
	Family Home Evening		Yama 10:29AM – 12:04PM	Vaidhriti* Until 5:39PM	Muruga: Yellow <i>Sunset: 6:24PM</i>	Hemalamba 5119	
	Creative Work	Siddha Yoga	212271369 Rahu 7:19AM – 8:54AM	Visti Until 12:09AM Tue	Nataraja: Purple	Moon 4 - Phase 1	
			Trayodashi* Until 1:33PM	Moon – Clear	2nd Phase		
				Chaitra•Chaitra	Bhuloka Day		
					Devaloka Time: 12:PM to 3:PM		

	Tuesday, April 25, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kingston, Jamaica
	Retreat Star		Gulika 12:04PM – 1:39PM	Revati Until 11:13AM	Ganesh: Light Blue <i>Sunrise: 5:44AM</i>	Sun 14	Sutra 9
	Meena Rasi: 26.41	Tithi 29 – 30	Yama 8:54AM – 10:29AM	Vishkambha* Until 2:03PM	Muruga: Yellow <i>Sunset: 6:25PM</i>	Hemalamba 5119	
	Creative Work	Siddha Yoga	212271369 Rahu 3:14PM – 4:50PM	Catuspada Until 8:59PM	Nataraja: Purple	Moon 4 - Phase 1	
			Chaturdashi* Until 10:36AM	Moon – Clear	Amavasya		
				Chaitra•Chaitra	Bhuloka Day		
					Devaloka Time: 12:PM to 3:PM		

Retreat Star	Wednesday, April 26, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau				Kingston, Jamaica
	Mesha Rasi: 11.35	Tithi 30 – 1	Gulika 10:29AM – 12:04PM	Ashvini Until 8:47AM	Ganesh: Purple <i>Sunrise: 5:43AM</i>	Sun 15	Sutra 10
			Yama 7:18AM – 8:54AM	Priti Until 10:09AM	Muruga: Yellow <i>Sunset: 6:25PM</i>	Hemalamba 5119	
	Routine Work	Marana Yoga	222271369 Rahu 12:04PM – 1:39PM	Bava Until 3:40AM Thu	Nataraja: Purple	Moon 4 - Phase 1	
			Amavasya* Until 7:15AM	Moon – White	Prathama		
				Vaisaka•Chaitra	Bhuloka Day		
					Devaloka Time: 12:PM to 3:PM		
					Then Creative Work - Siddha Yoga		

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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1		Thursday, April 27, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Kingston, Jamaica Sun 16 Sutra 11	
Mesha Rasi: 26.39	Tithi 2	Gulika 8:53AM – 10:28AM	Bharani Until 6:00AM	Ganesh: Purple <i>Sunrise:</i> 5:42AM			Hemalamba 5119
		Yama 5:42AM – 7:18AM	Ayushman Until 6:04AM	Muruga: Yellow <i>Sunset:</i> 6:25PM			Moon 4 - Phase 2
		222271369 Rahu 1:39PM – 3:15PM	Balava Until 1:52PM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 12:02AM Fri	Moon – White		Bhuloka Day	
Until 6:00AM				Vaisaka-Chaitra		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

2		Friday, April 28, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Tailila/Gara Karana Tritiyayam Titau		Kingston, Jamaica Sun 17 Sutra 12	
Vrishabha Rasi: 11.46	Tithi 3	Gulika 7:17AM – 8:53AM	Rohini Until 12:29AM Sat	Ganesh: Light Blue <i>Sunrise:</i> 5:42AM			Hemalamba 5119
		Yama 3:15PM – 4:50PM	Sobhana Until 9:58PM	Muruga: Yellow <i>Sunset:</i> 6:26PM			Moon 4 - Phase 2
		232271369 Rahu 10:28AM – 12:04PM	Tailila Until 10:16AM	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Tritiya Until 8:30PM	Moon – Yellow		Bhuloka Day	
Until 12:29AM Sat		Akshaya Tritiya		Vaisaka-Chaitra		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

3		Saturday, April 29, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mantra Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau		Kingston, Jamaica Sun 18 Sutra 13	
Vrishabha Rasi: 26.44	Tithi 4 – 5	Gulika 5:41AM – 7:17AM	Mrigashira Until 10:06PM	Ganesh: Light Blue <i>Sunrise:</i> 5:41AM			Hemalamba 5119
		Yama 1:39PM – 3:15PM	Athiganda* Until 6:12PM	Muruga: Yellow <i>Sunset:</i> 6:26PM			Moon 4 - Phase 2
		232271369 Rahu 8:52AM – 10:28AM	Vanija Until 6:51AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 5:15PM	Moon – Yellow		Bhuloka Day	
				Vaisaka-Chaitra		Devaloka Time: 12:PM to 3:PM	

4		Sunday, April 30, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Kingston, Jamaica Sun 19 Sutra 14	
Mithuna Rasi: 11.28	Tithi 5 – 6	Gulika 3:15PM – 4:50PM	Ardra Until 8:01PM	Ganesh: Light Blue <i>Sunrise:</i> 5:41AM			Hemalamba 5119
		Yama 12:03PM – 1:39PM	Sukarma Until 2:46PM	Muruga: Yellow <i>Sunset:</i> 6:26PM			Moon 4 - Phase 2
		232271369 Rahu 4:50PM – 6:26PM	Kaulava Until 1:11AM Mon	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 2:24PM	Moon – Yellow		Bhuloka Day	
		Adi Sankara Jayanthi		Vaisaka-Chaitra		Devaloka Time: 12:PM to 3:PM	

5		Monday, May 1, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Kingston, Jamaica Sun 20 Sutra 15	
Mithuna Rasi: 25.5	Tithi 6 – 7	Gulika 1:39PM – 3:15PM	Punarvasu Until 6:46PM	Ganesh: Clear <i>Sunrise:</i> 5:39AM			Hemalamba 5119
Family Home Evening		Yama 10:27AM – 12:03PM	Dhriti Until 11:48AM	Muruga: Yellow <i>Sunset:</i> 6:27PM			Moon 4 - Phase 2
		242371369 Rahu 7:15AM – 8:51AM	Gara Until 11:10PM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 12:05PM	Moon – Blue		Devaloka Day	
Until 6:46PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

Retreat Star		Tuesday, May 2, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Kingston, Jamaica Sun 21 Sutra 16	
Kataka Rasi: 9.49	Tithi 7 – 8	Gulika 12:03PM – 1:39PM	Pushya Until 6:01PM	Ganesh: Orange <i>Sunrise:</i> 5:39AM			Hemalamba 5119
		Yama 8:51AM – 10:27AM	Shula* Until 9:19AM	Muruga: Yellow <i>Sunset:</i> 6:27PM			Moon 4 - Phase 2
		243371369 Rahu 3:15PM – 4:51PM	Visti Until 9:48PM	Nataraja: Purple			Ashtami
Creative Work	Siddha Yoga		Saptami Until 10:23AM	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			

Retreat Star		Wednesday, May 3, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Kingston, Jamaica Sun 22 Sutra 17	
Kataka Rasi: 23.23	Tithi 8 – 9	Gulika 10:27AM – 12:03PM	Ashlesha* Until 5:47PM	Ganesh: Orange <i>Sunrise:</i> 5:38AM			Hemalamba 5119
		Yama 7:14AM – 8:51AM	Ganda* Until 7:23AM	Muruga: Blue <i>Sunset:</i> 6:27PM			Moon 4 - Phase 2
		243381369 Rahu 12:03PM – 1:39PM	Balava Until 9:06PM	Nataraja: Purple			Navami
Creative Work	Siddha Yoga		Ashtami* Until 9:21AM	Moon – Blue		Bhuloka Day	
				Vaisaka-Chaitra		Devaloka Time: 6:AM to 9:AM	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Thursday, May 4, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Kingston, Jamaica			
Magha* Nakshatra Ayushman/Dhruva Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau Sun 23 Sutra 18				Hemalamba 5119	
Simha Rasi: 6.35	Tithi 9 – 10	Gulika 8:50AM – 10:27AM	Magha* Until 6:30PM	Ganesha: Green <i>Sunrise:</i> 5:38AM	
		Yama 5:38AM – 7:14AM	Ayushman Until 6:00AM	Muruga: Blue <i>Sunset:</i> 6:28PM	Moon 4 - Phase 3
		253381369 Rahu 1:39PM – 3:15PM	Tailila Until 9:03PM	Nataraja: Purple	4th Phase
Creative Work	Amrita Yoga		Navami* Until 8:59AM	Moon – Red	Bhuloka Day
Until 6:30PM				Vaisaka•Chaitra	
Then Creative Work - Siddha Yoga					

2 Friday, May 5, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Kingston, Jamaica			
Purvaphalguni Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau Sun 24 Sutra 19				Hemalamba 5119	
Simha Rasi: 19.28	Tithi 10 – 11	Gulika 7:14AM – 8:50AM	Purvaphalguni Until 7:37PM	Ganesha: Green <i>Sunrise:</i> 5:37AM	
		Yama 3:15PM – 4:52PM	Vyaghata* Until 4:36AM Sat	Muruga: Blue <i>Sunset:</i> 6:28PM	Moon 4 - Phase 3
		253381369 Rahu 10:26AM – 12:03PM	Vanija Until 9:35PM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Dashami Until 9:14AM	Moon – Red	Bhuloka Day
				Vaisaka•Chaitra	

3 Saturday, May 6, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mantra Vasara Yuktayam Kingston, Jamaica			
Uttaraphalguni Nakshatra Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau Sun 25 Sutra 20				Hemalamba 5119	
Kanya Rasi: 2.05	Tithi 11 – 12	Gulika 5:37AM – 7:13AM	Uttaraphalguni Until 9:05PM	Ganesha: Green <i>Sunrise:</i> 5:37AM	
		Yama 1:39PM – 3:15PM	Harshana Until 4:30AM Sun	Muruga: Blue <i>Sunset:</i> 6:28PM	Moon 4 - Phase 3
		253381369 Rahu 8:50AM – 10:26AM	Bava Until 10:36PM	Nataraja: Purple	4th Phase
Routine Work	Marana Yoga		Ekadashi Until 10:01AM	Moon – Red	Bhuloka Day
				Vaisaka•Chaitra	

4 Sunday, May 7, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Kingston, Jamaica			
Hasta Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 21				Hemalamba 5119	
Kanya Rasi: 14.3	Tithi 12 – 13	Gulika 3:16PM – 4:52PM	Hasta Until 11:14PM	Ganesha: Red <i>Sunrise:</i> 5:36AM	
		Yama 12:03PM – 1:39PM	Vajra* Until 4:40AM Mon	Muruga: Blue <i>Sunset:</i> 6:29PM	Moon 4 - Phase 3
		263381369 Rahu 4:52PM – 6:29PM	Kaulava Until 12:01AM Mon	Nataraja: Purple	4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 11:15AM	Moon – Green	Bhuloka Day
Until 11:14PM				Vaisaka•Chaitra	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>		

5 Monday, May 8, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Kingston, Jamaica			
Chitra Nakshatra Siddhi Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 22				Hemalamba 5119	
Kanya Rasi: 26.46	Tithi 13 – 14	Gulika 1:39PM – 3:16PM	Chitra Until 1:32AM Tue	Ganesha: Red <i>Sunrise:</i> 5:36AM	
Family Home Evening		Yama 10:26AM – 12:02PM	Siddhi Until 5:04AM Tue	Muruga: Blue <i>Sunset:</i> 6:29PM	Moon 4 - Phase 3
		263381369 Rahu 7:13AM – 8:49AM	Gara Until 1:44AM Tue	Nataraja: Purple	4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 12:49PM	Moon – Green	Bhuloka Day
Until 1:32AM Tue				Vaisaka•Chaitra	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga					

○ Tuesday, May 9, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Kingston, Jamaica			
Copper Retreat Star				Sutra 23	
Svati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau Sun 28 Sutra 24				Hemalamba 5119	
Tula Rasi: 8.55	Tithi 14 – 15	Gulika 12:02PM – 1:39PM	Svati Until 3:54AM Wed	Ganesha: Red <i>Sunrise:</i> 5:35AM	
		Yama 8:49AM – 10:26AM	Vyatipata* Until 5:40AM Wed	Muruga: Blue <i>Sunset:</i> 6:29PM	Moon 4 - Phase 3
		263381369 Rahu 3:16PM – 4:53PM	Visti Until 3:42AM Wed	Nataraja: Purple	Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 2:40PM	Moon – Green	Bhuloka Day
		Budha Purnima (Tamil Nadu)		Vaisaka•Chaitra	Devaloka Time: 6:AM to 9:AM

Wednesday, May 10, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Kingston, Jamaica			
Silver Retreat Star				Sutra 24	
Vishakha Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 29 Sutra 25				Hemalamba 5119	
Tula Rasi: 20.57	Tithi 15 – 16	Gulika 10:26AM – 12:02PM	Vishakha Until 6:48AM Thu	Ganesha: Blue <i>Sunrise:</i> 5:35AM	
		Yama 7:12AM – 8:49AM	Variyan Until 6:23AM Thu	Muruga: Blue <i>Sunset:</i> 6:30PM	Moon 4 - Phase 3
		273381369 Rahu 12:02PM – 1:39PM	Balava Until 5:51AM Thu	Nataraja: Purple	Prathama
Creative Work	Siddha Yoga		Purnima* Until 4:44PM	Moon – Orange	Bhuloka Day
				Vaisaka•Chaitra	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda