



Saturday, April 23, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Siddhi/Vyatipata* Yoga Tailila/Gara Karana Dvitiyayam Titau

Stamford, CT

Sutra 6

Durmukha 5118

Tula Rasi: 23.04 Tithi 17

271621369

Gulika 5:01AM – 6:44AM
Yama 1:34PM – 3:17PM
Rahu 8:26AM – 10:09AM

Vishakha Until 2:35AM Sun
Siddhi Until 7:08AM
Tailila Until 4:02PM
Dvitiya Until 5:06AM Sun

Ganesha: Purple Sunrise: 5:01AM
Muruga: White Sunset: 6:42PM
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Moon 4 - Phase 2
1st Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga
Until 2:35AM Sun
Then Routine Work - Marana Yoga

Sunday, April 24, 2016

1

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Vyatipata*/Variyan Yoga Vanija Karana Tritiyayam Titau

Stamford, CT

Sun 1

Sutra 7

Durmukha 5118

Vrischika Rasi: 5.02 Tithi 18

271621369

Gulika 3:18PM – 5:00PM
Yama 11:52AM – 1:35PM
Rahu 5:00PM – 6:43PM

Anuradha Until 5:08AM Mon
Vyatipata* Until 7:53AM
Vanija Until 6:08PM
Tritiya Until 7:04AM Mon

Ganesha: Purple Sunrise: 5:00AM
Muruga: White Sunset: 6:43PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Moon 4 - Phase 2
1st Phase

Bhuloka Day

Routine Work Marana Yoga
Until 5:08AM Mon
Then Creative Work - Siddha Yoga

Monday, April 25, 2016

2

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT

Sun 2

Sutra 8

Durmukha 5118

Vrischika Rasi: 17.05 Tithi 18 – 19

271621369

Gulika 1:35PM – 3:18PM
Yama 10:08AM – 11:51AM
Rahu 6:42AM – 8:25AM

Jyeshtha* Until 7:12AM Tue
Variyan Until 8:23AM
Bava Until 7:57PM
Tritiya Until 7:04AM

Ganesha: Purple Sunrise: 4:58AM
Muruga: White Sunset: 6:45PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Moon 4 - Phase 2
1st Phase

Bhuloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 7:12AM Tue
Then Creative Work - Amrita Yoga

Tuesday, April 26, 2016

3

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT

Sun 3

Sutra 9

Durmukha 5118

Vrischika Rasi: 29.17 Tithi 19 – 20

271621369

Gulika 11:51AM – 1:35PM
Yama 8:24AM – 10:08AM
Rahu 3:18PM – 5:02PM

Jyeshtha* Until 7:12AM
Parigha* Until 8:39AM
Kaulava Until 9:23PM
Chaturthi* Until 8:42AM

Ganesha: Purple Sunrise: 4:57AM
Muruga: White Sunset: 6:46PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Moon 4 - Phase 2
1st Phase

Bhuloka Day

Routine Work Marana Yoga
Until 7:12AM
Then Creative Work - Amrita Yoga

Wednesday, April 27, 2016

4

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Stamford, CT

Sun 4

Sutra 10

Durmukha 5118

Dhanus Rasi: 11.39 Tithi 20 – 21

281621369

Gulika 10:07AM – 11:51AM
Yama 6:39AM – 8:23AM
Rahu 11:51AM – 1:35PM

Mula* Until 9:13AM
Shiva Until 8:38AM
Gara Until 10:22PM
Panchami Until 9:55AM

Ganesha: Clear Sunrise: 4:56AM
Muruga: White Sunset: 6:47PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Moon 4 - Phase 2
1st Phase

Bhuloka Day

Routine Work Marana Yoga
Until 9:13AM
Then Creative Work - Amrita Yoga

Thursday, April 28, 2016

5

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Stamford, CT

Sun 5

Sutra 11

Durmukha 5118

Dhanus Rasi: 24.14 Tithi 21 – 22

281621369

Gulika 8:23AM – 10:07AM
Yama 4:54AM – 6:38AM
Rahu 1:35PM – 3:19PM

Purvashadha* Until 10:34AM
Siddha Until 8:11AM
Visti Until 10:48PM
Shashthi* Until 10:39AM

Ganesha: Clear Sunrise: 4:54AM
Muruga: White Sunset: 6:48PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Moon 4 - Phase 2
1st Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 10:34AM
Then Routine Work - Marana Yoga

Friday, April 29, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stamford, CT

Sun 6

Sutra 12

Durmukha 5118

Makara Rasi: 7.05 Tithi 22 – 23

281621369

Gulika 6:37AM – 8:22AM
Yama 3:20PM – 5:04PM
Rahu 10:06AM – 11:51AM

Uttarashadha Until 11:12AM
Sadhya Until 7:18AM
Balava Until 10:36PM
Saptami Until 10:46AM

Ganesha: Clear Sunrise: 4:53AM
Muruga: White Sunset: 6:49PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Moon 4 - Phase 2
Ashtami

Bhuloka Day

Routine Work Marana Yoga

Saturday, April 30, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukla Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Stamford, CT

Sun 7

Sutra 13

Durmukha 5118

Makara Rasi: 20.16 Tithi 23 – 24

291621369

Gulika 4:52AM – 6:36AM
Yama 1:35PM – 3:20PM
Rahu 8:21AM – 10:06AM

Shravana Until 11:29AM
Sukla Until 3:56AM Sun
Tailila Until 9:42PM
Ashtami* Until 10:13AM

Ganesha: White Sunrise: 4:52AM
Muruga: White Sunset: 6:50PM
Nataraja: Purple
Moon – Purple
Chaitra•Chaitra

Moon 4 - Phase 2
Navami

Bhuloka Day

Creative Work Siddha Yoga

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time

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1 Sunday, May 1, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam Stamford, CT			
Kumbha Rasi: 3.5 Tithi 24 – 25		Dhanishtha/Shatabhishak Nakshatra Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau Sun 8 Sutra 14			
291621369		Gulika 3:21PM – 5:06PM	Dhanishtha Until 10:54AM	Ganesha: White <i>Sunrise:</i> 4:50AM	Durmukha 5118
Routine Work Marana Yoga		Yama 11:51AM – 1:36PM	Brahma Until 1:24AM Mon	Muruga: White <i>Sunset:</i> 6:51PM	Moon 4 - Phase 3
Until 10:54AM		Rahu 5:06PM – 6:51PM	Vanija Until 8:05PM	Nataraja: Purple	2nd Phase
Then Creative Work - Siddha Yoga			Navami* Until 8:58AM	Moon – Purple	Bhuloka Day
				Chaitra•Chaitra	

2 Monday, May 2, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam Stamford, CT			
Kumbha Rasi: 17.49 Tithi 25 – 26		Shatabhishak/Purvaproshtapada* Nakshatra Indra Yoga Visti*/Balava Karana Dashami/Ekodashyam Titau Sun 9 Sutra 15			
292621369		Gulika 1:36PM – 3:21PM	Shatabhishak Until 9:30AM	Ganesha: Yellow <i>Sunrise:</i> 4:49AM	Durmukha 5118
Family Home Evening		Yama 10:05AM – 11:50AM	Indra Until 10:22PM	Muruga: White <i>Sunset:</i> 6:52PM	Moon 4 - Phase 3
Creative Work Siddha Yoga		Rahu 6:34AM – 8:20AM	Balava Until 4:27AM Tue	Nataraja: Purple	2nd Phase
Until 9:30AM			Dashami Until 7:01AM	Moon – Purple	Bhuloka Day
Then Routine Work - Marana Yoga				Chaitra•Chaitra	Devaloka Time: 9:AM to12:PM

3 Tuesday, May 3, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam Stamford, CT			
Meena Rasi: 2.14 Tithi 27		Purvaproshtapada* Nakshatra Vaidhriti* Yoga Kaulava/Tailila Karana Dvadashyam Titau Sun 10 Sutra 16			
212621369		Gulika 11:50AM – 1:36PM	Purvaproshtapada* Until 7:47AM	Ganesha: Yellow <i>Sunrise:</i> 4:48AM	Durmukha 5118
Routine Work Marana Yoga		Yama 8:19AM – 10:05AM	Vaidhriti* Until 6:50PM	Muruga: White <i>Sunset:</i> 6:53PM	Moon 4 - Phase 3
Until 7:47AM		Rahu 3:22PM – 5:07PM	Kaulava Until 2:59PM	Nataraja: Purple	2nd Phase
Then Creative Work - Amrita Yoga			Dvadashi* Until 1:22AM Wed	Moon – Clear	Bhuloka Day
				Chaitra•Chaitra	Devaloka Time: 9:AM to12:PM

4 Wednesday, May 4, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam Stamford, CT			
Meena Rasi: 17.01 Tithi 28		Revati Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Trayodashyam Titau Sun 11 Sutra 17			
212621369		Gulika 10:04AM – 11:50AM	Revati Until 2:34AM Thu	Ganesha: Yellow <i>Sunrise:</i> 4:47AM	Durmukha 5118
Routine Work Marana Yoga		Yama 6:32AM – 8:18AM	Vishkambha* Until 2:59PM	Muruga: White <i>Sunset:</i> 6:54PM	Moon 4 - Phase 3
Until 2:34AM Thu		Rahu 11:50AM – 1:36PM	Gara Until 11:41AM	Nataraja: Purple	2nd Phase
Then Creative Work - Amrita Yoga			Trayodashi* Until 9:54PM	Moon – Clear	Bhuloka Day
			<i>Pradosha Vrata (Fasting)</i>	Chaitra•Chaitra	Devaloka Time: 9:AM to12:PM

5 Thursday, May 5, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam Stamford, CT			
Mesha Rasi: 2.04 Tithi 29		Ashvini Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau Sun 12 Sutra 18			
222621369		Gulika 8:18AM – 10:04AM	Ashvini Until 11:48PM	Ganesha: Red <i>Sunrise:</i> 4:45AM	Durmukha 5118
Creative Work Amrita Yoga		Yama 4:45AM – 6:32AM	Priti Until 10:54AM	Muruga: White <i>Sunset:</i> 6:55PM	Moon 4 - Phase 3
Until 11:48PM		Rahu 1:36PM – 3:23PM	Visti Until 8:06AM	Nataraja: Purple	2nd Phase
Then Creative Work - Siddha Yoga			Chaturdashi* Until 6:13PM	Moon – White	Bhuloka Day
				Chaitra•Chaitra	Devaloka Time: 9:AM to12:PM

Friday, May 6, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Sukra Vasara Yuktayam Stamford, CT			
Retreat Star		Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau Sun 13 Sutra 19			
Mesha Rasi: 17.15 Tithi 30 – 1		222621369			
Creative Work Siddha Yoga		Gulika 6:31AM – 8:17AM	Bharani Until 8:52PM	Ganesha: Red <i>Sunrise:</i> 4:44AM	Durmukha 5118
		Yama 3:23PM – 5:10PM	Ayushman Until 6:41AM	Muruga: White <i>Sunset:</i> 6:56PM	Moon 4 - Phase 3
		Rahu 10:04AM – 11:50AM	Kintughna Until 12:37AM Sat	Nataraja: Purple	Amavasya
			Amavasya* Until 2:27PM	Moon – White	Bhuloka Day
				Chaitra•Chaitra	Devaloka Time: 9:AM to12:PM

Saturday, May 7, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Manta Vasara Yuktayam Stamford, CT			
Retreat Star		Krittika/Rohini Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau Sun 14 Sutra 20			
Vrisabha Rasi: 2.25 Tithi 1 – 2		222621369			
Creative Work Amrita Yoga		Gulika 4:43AM – 6:30AM	Krittika Until 5:57PM	Ganesha: Red <i>Sunrise:</i> 4:43AM	Durmukha 5118
		Yama 1:37PM – 3:24PM	Sobhana Until 10:32PM	Muruga: White <i>Sunset:</i> 6:57PM	Moon 4 - Phase 3
		Rahu 8:17AM – 10:03AM	Balava Until 9:04PM	Nataraja: Purple	Prathama
			Prathama* Until 10:47AM	Moon – White	Bhuloka Day
				Vaisaka•Chaitra	Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1 Sunday, May 8, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Stamford, CT
Rohini/Mrigashira Nakshatra Athiganda* Yoga Kaulava/Gara Karana Dvitiya/Tritiyam Titau		Sun 15		Sutra 21		Durmukha 5118
Gulika 3:24PM – 5:11PM		Rohini Until 3:38PM		Ganesha: Yellow		Sunrise: 4:42AM
Yama 11:50AM – 1:37PM		Athiganda* Until 6:49PM		Muruga: White		Sunset: 6:58PM
232621369 Rahu 5:11PM – 6:58PM		Gara Until 4:26AM Mon		Nataraja: Purple		Moon 4 - Phase 4
Creative Work Siddha Yoga		Dvitiya Until 7:24AM		Moon – Yellow		3rd Phase
Mother's Day				Vaisaka-Chaitra		Bhuloka Day
				Devaloka Time: 9:AM to12:PM		

2 Monday, May 9, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Stamford, CT
Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau		Sun 16		Sutra 22		Durmukha 5118
Gulika 1:37PM – 3:25PM		Mrigashira Until 1:41PM		Ganesha: Yellow		Sunrise: 4:41AM
Yama 10:03AM – 11:50AM		Sukarma Until 3:33PM		Muruga: White		Sunset: 6:59PM
232621369 Rahu 6:28AM – 8:15AM		Vanija Until 3:11PM		Nataraja: Purple		Moon 4 - Phase 4
Creative Work Amrita Yoga		Chaturthi* Until 2:04AM Tue		Moon – Yellow		3rd Phase
Until 1:41PM				Vaisaka-Chaitra		Bhuloka Day
Then Creative Work - Siddha Yoga				Devaloka Time: 9:AM to12:PM		

3 Tuesday, May 10, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Stamford, CT
Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Sun 17		Sutra 23		Durmukha 5118
Gulika 11:50AM – 1:37PM		Ardra Until 12:15PM		Ganesha: Yellow		Sunrise: 4:40AM
Yama 8:15AM – 10:02AM		Dhriti Until 12:51PM		Muruga: White		Sunset: 7:00PM
232621369 Rahu 3:25PM – 5:13PM		Bava Until 1:10PM		Nataraja: Purple		Moon 4 - Phase 4
Routine Work Marana Yoga		Panchami Until 12:26AM Wed		Moon – Yellow		3rd Phase
Until 12:15PM				Vaisaka-Chaitra		Bhuloka Day
Then Creative Work - Siddha Yoga				Devaloka Time: 9:AM to12:PM		

4 Wednesday, May 11, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Stamford, CT
Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Sun 18		Sutra 24		Durmukha 5118
Gulika 10:02AM – 11:50AM		Punarvasu Until 11:54AM		Ganesha: White		Sunrise: 4:39AM
Yama 6:26AM – 8:14AM		Shula* Until 10:46AM		Muruga: White		Sunset: 7:01PM
242621369 Rahu 11:50AM – 1:38PM		Kaulava Until 11:56AM		Nataraja: Purple		Moon 4 - Phase 4
Creative Work Siddha Yoga		Shashthi* Until 11:37PM		Moon – Blue		3rd Phase
				Vaisaka-Chaitra		Devaloka Day

5 Thursday, May 12, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Stamford, CT
Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau		Sun 19		Sutra 25		Durmukha 5118
Gulika 8:14AM – 10:02AM		Pushya Until 12:14PM		Ganesha: White		Sunrise: 4:38AM
Yama 4:38AM – 6:26AM		Ganda* Until 9:23AM		Muruga: White		Sunset: 7:02PM
242621369 Rahu 1:38PM – 3:26PM		Gara Until 11:34AM		Nataraja: Purple		Moon 4 - Phase 4
Creative Work Amrita Yoga		Saptami Until 11:41PM		Moon – Blue		3rd Phase
Until 12:14PM				Vaisaka-Chaitra		Devaloka Day
Then Creative Work - Siddha Yoga						

Friday, May 13, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam				Stamford, CT
Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 20		Sutra 26		Durmukha 5118
Gulika 6:25AM – 8:13AM		Ashlesha* Until 1:15PM		Ganesha: White		Sunrise: 4:37AM
Yama 3:26PM – 5:15PM		Vridhhi Until 8:41AM		Muruga: White		Sunset: 7:03PM
242621369 Rahu 10:02AM – 11:50AM		Visti Until 12:04PM		Nataraja: Purple		Moon 4 - Phase 4
Routine Work Marana Yoga		Ashtami* Until 12:36AM Sat		Moon – Blue		Ashtami
				Vaisaka-Chaitra		Devaloka Day

Saturday, May 14, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Stamford, CT
Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau		Sun 21		Sutra 27		Durmukha 5118
Gulika 4:36AM – 6:24AM		Magha* Until 3:22PM		Ganesha: Clear		Sunrise: 4:36AM
Yama 1:38PM – 3:27PM		Dhruva Until 8:36AM		Muruga: White		Sunset: 7:04PM
252621369 Rahu 8:13AM – 10:01AM		Balava Until 1:21PM		Nataraja: Purple		Moon 4 - Phase 4
Creative Work Amrita Yoga		Navami* Until 2:13AM Sun		Moon – Red		Navami
Until 3:22PM				Vaisaka-Vaikasi		Bhuloka Day
Then Creative Work - Siddha Yoga				Devaloka Time: 9:AM to12:PM		

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time

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1

Sunday, May 15, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Tailila/Gara Karana Dashamyam Titau

Stamford, CT

Simha Rasi: 20.43 Tihti 10

Gulika 3:27PM – 5:16PM
Yama 11:50AM – 1:39PM
Rahu 5:16PM – 7:05PMPurvaphalguni Until 5:54PM
Vyaghata* Until 9:03AM
Tailila Until 3:16PM
Dashami Until 4:22AM MonGanesha: Purple Sunrise: 4:35AM
Muruga: White Sunset: 7:05PM
Nataraja: Purple
Moon – Red
Vaisaka-VaikasiSun 22 Sutra 28
Durmukha 5118
Moon 4 - Phase 5
4th Phase

Bhuloka Day

Creative Work Siddha Yoga
Until 5:54PM

Then Creative Work - Amrita Yoga

2

Monday, May 16, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Vishti* Karana Ekadashyam Titau

Stamford, CT

Kanya Rasi: 2.4 Tihti 11

Gulika 1:39PM – 3:28PM
Yama 10:01AM – 11:50AM
Rahu 6:23AM – 8:12AMUttaraphalguni Until 8:40PM
Harshana Until 9:52AM
Vanija Until 5:36PM
Ekadashi Until 6:51AM TueGanesha: Purple Sunrise: 4:34AM
Muruga: White Sunset: 7:06PM
Nataraja: Purple
Moon – Red
Vaisaka-VaikasiSun 23 Sutra 29
Durmukha 5118
Moon 4 - Phase 5
4th Phase

Bhuloka Day

Creative Work Siddha Yoga

Then Creative Work - Amrita Yoga

3

Tuesday, May 17, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau

Stamford, CT

Kanya Rasi: 14.3 Tihti 11 – 12

Gulika 11:50AM – 1:39PM
Yama 8:11AM – 10:01AM
Rahu 3:28PM – 5:18PMHasta Until 11:56PM
Vajra* Until 10:52AM
Bava Until 8:10PM
Ekadashi Until 6:51AMGanesha: Clear Sunrise: 4:33AM
Muruga: White Sunset: 7:07PM
Nataraja: Purple
Moon – Green
Vaisaka-VaikasiSun 24 Sutra 30
Durmukha 5118
Moon 4 - Phase 5
4th Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Then Creative Work - Amrita Yoga

4

Wednesday, May 18, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

Stamford, CT

Kanya Rasi: 26.18 Tihti 12 – 13

Gulika 10:00AM – 11:50AM
Yama 6:21AM – 8:11AM
Rahu 11:50AM – 1:39PMChitra Until 3:02AM Thu
Siddhi Until 11:57AM
Kaulava Until 10:44PM
Dvadashi Until 9:26AM
Pradosha VrataGanesha: Purple Sunrise: 4:32AM
Muruga: White Sunset: 7:08PM
Nataraja: Purple
Moon – Green
Vaisaka-VaikasiSun 25 Sutra 31
Durmukha 5118
Moon 4 - Phase 5
4th Phase

Devaloka Day

Creative Work Siddha Yoga

Until 3:02AM Thu

Then Creative Work - Amrita Yoga

5

Thursday, May 19, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vyatipata*/Variyan Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau

Stamford, CT

Tula Rasi: 8.07 Tihti 13 – 14

Gulika 8:11AM – 10:00AM
Yama 4:31AM – 6:21AM
Rahu 1:40PM – 3:29PMSvati Until 5:49AM Fri
Vyatipata* Until 12:59PM
Gara Until 1:09AM Fri
Trayodashi Until 11:57AMGanesha: Purple Sunrise: 4:31AM
Muruga: White Sunset: 7:09PM
Nataraja: Purple
Moon – Green
Vaisaka-VaikasiSun 26 Sutra 32
Durmukha 5118
Moon 4 - Phase 5
4th Phase

Devaloka Day

Creative Work Amrita Yoga

Until 5:49AM Fri

Then Creative Work - Siddha Yoga

O

Friday, May 20, 2016

Copper Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau

Stamford, CT

Tula Rasi: 20 Tihti 14 – 15

Gulika 6:20AM – 8:10AM
Yama 3:30PM – 5:20PM
Rahu 10:00AM – 11:50AMVishakha Until 8:40AM Sat
Variyan Until 1:50PM
Visti Until 3:20AM Sat
Chaturdashi* Until 2:15PMGanesha: Purple Sunrise: 4:30AM
Muruga: White Sunset: 7:10PM
Nataraja: Purple
Moon – Green
Vaisaka-VaikasiSun 27 Sutra 33
Durmukha 5118
Moon 4 - Phase 5
Purnima

Devaloka Day

Creative Work Siddha Yoga

Saturday, May 21, 2016

Silver Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau

Stamford, CT

Vrischika Rasi: 1.59 Tihti 15 – 16

Gulika 4:30AM – 6:20AM
Yama 1:40PM – 3:30PM
Rahu 8:10AM – 10:00AMVishakha Until 8:40AM
Parigha* Until 2:28PM
Balava Until 5:11AM Sun
Purnima* Until 4:17PMGanesha: Clear Sunrise: 4:30AM
Muruga: White Sunset: 7:11PM
Nataraja: Purple
Moon – Orange
Vaisaka-VaikasiSun 28 Sutra 34
Durmukha 5118
Moon 4 - Phase 5
Prathama

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Vaikasi Visakam

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Sunday, May 22, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Stamford, CT

Sutra 35

Durmukha 5118

Moon 5 - Phase 6

1st Phase

Vrischika Rasi: 14.05 Tithi 16 - 17

273721369

Gulika 3:31PM - 5:21PM
Yama 11:50AM - 1:41PM
Rahu 5:21PM - 7:12PM

Anuradha Until 11:03AM
Shiva Until 2:53PM
Taitila Until 6:42AM Mon
Prathama* Until 5:58PM

Ganesha: Clear Sunrise: 4:29AM
Muruga: White Sunset: 7:12PM
Nataraja: Purple
Moon - Orange
Vaisaka-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Monday, May 23, 2016

1

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

Stamford, CT

Sun 1 Sutra 36

Durmukha 5118

Moon 5 - Phase 6

1st Phase

Vrischika Rasi: 26.2 Tithi 17

273721369

Family Home Evening

Creative Work Siddha Yoga

Gulika 1:41PM - 3:31PM
Yama 10:00AM - 11:50AM
Rahu 6:19AM - 8:09AM

Jyeshtha* Until 12:56PM
Siddha Until 2:59PM
Taitila Until 6:42AM
Dvitiya Until 7:19PM

Ganesha: Clear Sunrise: 4:28AM
Muruga: White Sunset: 7:13PM
Nataraja: Purple
Moon - Orange
Vaisaka-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Tuesday, May 24, 2016

2

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Tritiyayam Titau

Stamford, CT

Sun 2 Sutra 37

Durmukha 5118

Moon 5 - Phase 6

1st Phase

Dhanus Rasi: 8.44 Tithi 18

283721369

Creative Work Amrita Yoga

Until 2:48PM

Then Creative Work - Siddha Yoga

Gulika 11:50AM - 1:41PM
Yama 8:09AM - 10:00AM
Rahu 3:32PM - 5:23PM

Mula* Until 2:48PM
Sadhya Until 2:50PM
Vanija Until 7:52AM
Tritiya Until 8:17PM

Ganesha: White Sunrise: 4:27AM
Muruga: White Sunset: 7:13PM
Nataraja: Purple
Moon - Light Blue
Vaisaka-Vaikasi

Devaloka Day

Wednesday, May 25, 2016

3

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Stamford, CT

Sun 3 Sutra 38

Durmukha 5118

Moon 5 - Phase 6

1st Phase

Dhanus Rasi: 21.18 Tithi 19

383721369

Creative Work Amrita Yoga

Gulika 10:00AM - 11:50AM
Yama 6:18AM - 8:09AM
Rahu 11:50AM - 1:41PM

Purvashadha* Until 4:08PM
Subha Until 2:24PM
Bava Until 8:39AM
Chaturthi* Until 8:52PM

Ganesha: Clear Sunrise: 4:27AM
Muruga: White Sunset: 7:14PM
Nataraja: Purple
Moon - Light Blue
Vaisaka-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Thursday, May 26, 2016

4

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Stamford, CT

Sun 4 Sutra 39

Durmukha 5118

Moon 5 - Phase 6

1st Phase

Makara Rasi: 4.03 Tithi 20

383721369

Routine Work Marana Yoga

Until 4:54PM

Then Creative Work - Siddha Yoga

Gulika 8:08AM - 9:59AM
Yama 4:26AM - 6:17AM
Rahu 1:42PM - 3:33PM

Uttarashadha Until 4:54PM
Sukla Until 1:37PM
Kaulava Until 9:02AM
Panchami Until 9:02PM

Ganesha: Clear Sunrise: 4:26AM
Muruga: White Sunset: 7:15PM
Nataraja: Purple
Moon - Light Blue
Vaisaka-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Friday, May 27, 2016

5

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Stamford, CT

Sun 5 Sutra 40

Durmukha 5118

Moon 5 - Phase 6

1st Phase

Makara Rasi: 17.01 Tithi 21

393731369

Routine Work Marana Yoga

Until 5:31PM

Then Creative Work - Siddha Yoga

Gulika 6:17AM - 8:08AM
Yama 3:33PM - 5:25PM
Rahu 9:59AM - 11:51AM

Shravana Until 5:31PM
Brahma Until 12:29PM
Gara Until 8:57AM
Shashthi* Until 8:43PM

Ganesha: White Sunrise: 4:25AM
Muruga: Clear Sunset: 7:16PM
Nataraja: Purple
Moon - Purple
Vaisaka-Vaikasi

Sivaloka Day

Saturday, May 28, 2016

6

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Saplamyam Titau

Stamford, CT

Sun 6 Sutra 41

Durmukha 5118

Moon 5 - Phase 6

1st Phase

Kumbha Rasi: 0.14 Tithi 22

393731369

Creative Work Siddha Yoga

Until 5:29PM

Then Creative Work - Amrita Yoga

Gulika 4:25AM - 6:16AM
Yama 1:42PM - 3:34PM
Rahu 8:08AM - 9:59AM

Dhanishtha Until 5:29PM
Indra Until 10:57AM
Visti Until 8:24AM
Saptami Until 7:54PM

Ganesha: White Sunrise: 4:25AM
Muruga: Clear Sunset: 7:17PM
Nataraja: Purple
Moon - Purple
Vaisaka-Vaikasi

Sivaloka Day

Sunday, May 29, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT

Sun 7 Sutra 42

Durmukha 5118

Moon 5 - Phase 6

Ashtami

Kumbha Rasi: 13.44 Tithi 23

394731369

Creative Work Siddha Yoga

Gulika 3:34PM - 5:26PM
Yama 11:51AM - 1:43PM
Rahu 5:26PM - 7:18PM

Shatabhishak Until 4:45PM
Vaidhriti* Until 8:59AM
Balava Until 7:18AM
Ashtami* Until 6:31PM

Ganesha: Yellow Sunrise: 4:24AM
Muruga: Clear Sunset: 7:18PM
Nataraja: Purple
Moon - Purple
Vaisaka-Vaikasi

Devaloka Day

Monday, May 30, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Stamford, CT

Sun 8 Sutra 43

Durmukha 5118

Moon 5 - Phase 6

Navami

Kumbha Rasi: 27.35 Tithi 24 - 25

314731369

Family Home Evening

Routine Work Marana Yoga

Until 3:47PM

Then Creative Work - Siddha Yoga

Gulika 1:43PM - 3:35PM
Yama 9:59AM - 11:51AM
Rahu 6:16AM - 8:07AM

Purvaproshtapada* Until 3:47PM
Vishkambha* Until 6:34AM
Vanija Until 3:27AM Tue
Navami* Until 4:36PM

Ganesha: Clear Sunrise: 4:24AM
Muruga: Clear Sunset: 7:18PM
Nataraja: Purple
Moon - Clear
Vaisaka-Vaikasi

Devaloka Day

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

All times are standard time


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1		Tuesday, May 31, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Tilau		Stamford, CT Sun 9 Sutra 44	
Meena Rasi: 11.46	Tithi 25 – 26	Gulika	11:51AM – 1:43PM	Uttaraproshtapada Until 2:09PM	Ganesha: Clear	<i>Sunrise:</i> 4:23AM	Dur mukha 5118		
		Yama	8:07AM – 9:59AM	Ayushman Until 12:29AM Wed	Muruga: Clear	<i>Sunset:</i> 7:19PM	Moon 5 - Phase 7		
		314731369 Rahu	3:35PM – 5:27PM	Bava Until 12:48AM Wed	Nataraja: Purple		2nd Phase		
Creative Work	Amrita Yoga			Dashami Until 2:10PM	Moon – Clear		Devaloka Day		
Until 2:09PM					Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga									

2		Wednesday, June 1, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Tilau		Stamford, CT Sun 10 Sutra 45	
Meena Rasi: 26.16	Tithi 26 – 27	Gulika	9:59AM – 11:51AM	Revati Until 11:57AM	Ganesha: Clear	<i>Sunrise:</i> 4:23AM	Dur mukha 5118		
		Yama	6:15AM – 8:07AM	Saubhagya Until 8:55PM	Muruga: Clear	<i>Sunset:</i> 7:20PM	Moon 5 - Phase 7		
		314731369 Rahu	11:51AM – 1:43PM	Kaulava Until 9:45PM	Nataraja: Purple		2nd Phase		
Routine Work	Marana Yoga			Ekadashi* Until 11:18AM	Moon – Clear		Devaloka Day		
					Vaisaka-Vaikasi				

3		Thursday, June 2, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Taila/Gara Karana Dvadashi/Trayodashyam Tilau		Stamford, CT Sun 11 Sutra 46	
Mesha Rasi: 11.02	Tithi 27 – 28	Gulika	8:07AM – 9:59AM	Ashvini Until 9:42AM	Ganesha: White	<i>Sunrise:</i> 4:23AM	Dur mukha 5118		
		Yama	4:23AM – 6:15AM	Sobhana Until 5:10PM	Muruga: Clear	<i>Sunset:</i> 7:20PM	Moon 5 - Phase 7		
		324731369 Rahu	1:44PM – 3:36PM	Gara Until 6:27PM	Nataraja: Purple		2nd Phase		
Creative Work	Amrita Yoga			Dvadashi* Until 8:07AM	Moon – White		Bhuloka Day		
Until 9:42AM				<i>Pradosha Vrata (Fasting)</i>	Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga									

4		Friday, June 3, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Visti/Sakuni* Karana Chaturdashyam Tilau		Stamford, CT Sun 12 Sutra 47	
Mesha Rasi: 25.57	Tithi 29	Gulika	6:15AM – 8:07AM	Bharani Until 7:08AM	Ganesha: White	<i>Sunrise:</i> 4:22AM	Dur mukha 5118		
		Yama	3:36PM – 5:29PM	Athiganda* Until 1:16PM	Muruga: Clear	<i>Sunset:</i> 7:21PM	Moon 5 - Phase 7		
		324731369 Rahu	9:59AM – 11:52AM	Visti Until 3:02PM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Chaturdashi* Until 1:18AM Sat	Moon – White		Bhuloka Day		
					Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM		

		Saturday, June 4, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Tilau		Stamford, CT Sun 13 Sutra 48	
Retreat Star		Gulika	4:22AM – 6:14AM	Rohini Until 2:04AM Sun	Ganesha: Green	<i>Sunrise:</i> 4:22AM	Dur mukha 5118		
Vrishabha Rasi: 10.54	Tithi 30	Yama	1:44PM – 3:37PM	Sukarma Until 9:24AM	Muruga: Clear	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 7		
		334731361 Rahu	8:07AM – 9:59AM	Catuspada Until 11:38AM	Nataraja: White		Amavasya		
Creative Work	Amrita Yoga			Amavasya* Until 10:00PM	Moon – Yellow		Bhuloka Day		
Until 2:04AM Sun					Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga									

Retreat Star		Sunday, June 5, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Kintughna*/Bava Karana Prathamayam Tilau		Stamford, CT Sun 14 Sutra 49	
Vrishabha Rasi: 25.44	Tithi 1	Gulika	3:37PM – 5:30PM	Mrigashira Until 11:56PM	Ganesha: Green	<i>Sunrise:</i> 4:22AM	Dur mukha 5118		
		Yama	11:52AM – 1:45PM	Shula* Until 2:14AM Mon	Muruga: Clear	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 7		
		334731361 Rahu	5:30PM – 7:22PM	Kintughna Until 8:27AM	Nataraja: White		Prathama		
Creative Work	Siddha Yoga			Prathama* Until 6:58PM	Moon – Yellow		Bhuloka Day		
					Jyeshtha-Vaikasi		Devaloka Time: 12:PM to 3:PM		

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1		Monday, June 6, 2016				Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam		Stamford, CT	
Mithuna Rasi: 10.19		Tiithi 2 – 3		Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 15		Sutra 50	
Family Home Evening		334731361		Gulika	1:45PM – 3:38PM	Ardra Until 10:08PM	Ganesha: Green	<i>Sunrise: 4:21AM</i>	Durmukha 5118
Creative Work		Siddha Yoga		Yama	9:59AM – 11:52AM	Ganda* Until 11:13PM	Muruga: Clear	<i>Sunset: 7:23PM</i>	Moon 5 - Phase 8
Until 10:08PM				Rahu	6:14AM – 8:07AM	Taitila Until 3:19AM Tue	Nataraja: White	3rd Phase	
Then Creative Work - Amrita Yoga						Dvitiya Until 4:22PM	Moon – Yellow	Bhuloka Day	
							Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM	

2		Tuesday, June 7, 2016				Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam		Stamford, CT	
Mithuna Rasi: 24.31		Tiithi 3 – 4		Punarvasu Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Sun 16		Sutra 51	
Family Home Evening		344731361		Gulika	11:52AM – 1:45PM	Punarvasu Until 9:16PM	Ganesha: White	<i>Sunrise: 4:21AM</i>	Durmukha 5118
Creative Work		Siddha Yoga		Yama	8:07AM – 10:00AM	Vriddhi Until 8:45PM	Muruga: Clear	<i>Sunset: 7:24PM</i>	Moon 5 - Phase 8
Until 10:08PM				Rahu	3:38PM – 5:31PM	Vanija Until 1:41AM Wed	Nataraja: White	3rd Phase	
Then Creative Work - Amrita Yoga						Tritiya Until 2:23PM	Moon – Blue	Bhuloka Day	
							Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM	

3		Wednesday, June 8, 2016				Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam		Stamford, CT	
Kataka Rasi: 8.17		Tiithi 4 – 5		Pushya Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 17		Sutra 52	
Family Home Evening		344731361		Gulika	10:00AM – 11:53AM	Pushya Until 9:01PM	Ganesha: White	<i>Sunrise: 4:21AM</i>	Durmukha 5118
Creative Work		Siddha Yoga		Yama	6:14AM – 8:07AM	Dhruva Until 6:52PM	Muruga: Clear	<i>Sunset: 7:24PM</i>	Moon 5 - Phase 8
Until 10:08PM				Rahu	11:53AM – 1:45PM	Bava Until 12:50AM Thu	Nataraja: White	3rd Phase	
Then Creative Work - Amrita Yoga						Chaturthi* Until 1:08PM	Moon – Blue	Bhuloka Day	
							Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM	

4		Thursday, June 9, 2016				Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam		Stamford, CT	
Kataka Rasi: 21.35		Tiithi 5 – 6		Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 18		Sutra 53	
Family Home Evening		344731361		Gulika	8:07AM – 10:00AM	Ashlesha* Until 9:27PM	Ganesha: White	<i>Sunrise: 4:21AM</i>	Durmukha 5118
Creative Work		Siddha Yoga		Yama	4:21AM – 6:14AM	Vyaghata* Until 5:41PM	Muruga: Clear	<i>Sunset: 7:25PM</i>	Moon 5 - Phase 8
Until 9:27PM				Rahu	1:46PM – 3:39PM	Kaulava Until 12:51AM Fri	Nataraja: White	3rd Phase	
Then Creative Work - Amrita Yoga						Panchami Until 12:43PM	Moon – Blue	Bhuloka Day	
							Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM	

5		Friday, June 10, 2016				Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam		Stamford, CT	
Simha Rasi: 4.26		Tiithi 6 – 7		Magha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 19		Sutra 54	
Family Home Evening		354731361		Gulika	6:14AM – 8:07AM	Magha* Until 11:01PM	Ganesha: Clear	<i>Sunrise: 4:21AM</i>	Durmukha 5118
Routine Work		Marana Yoga		Yama	3:39PM – 5:32PM	Harshana Until 5:11PM	Muruga: Clear	<i>Sunset: 7:25PM</i>	Moon 5 - Phase 8
Until 11:01PM				Rahu	10:00AM – 11:53AM	Gara Until 1:41AM Sat	Nataraja: White	3rd Phase	
Then Creative Work - Siddha Yoga						Shashthi* Until 1:09PM	Moon – Red	Devaloka Day	
							Jyeshtha-Vaikasi		

Retreat Star		Saturday, June 11, 2016				Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam		Stamford, CT	
Simha Rasi: 16.55		Tiithi 7 – 8		Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 20		Sutra 55	
Family Home Evening		355731361		Gulika	4:20AM – 6:14AM	Purvaphalguni Until 1:09AM Sun	Ganesha: Purple	<i>Sunrise: 4:20AM</i>	Durmukha 5118
Creative Work		Siddha Yoga		Yama	1:46PM – 3:39PM	Vajra* Until 5:16PM	Muruga: Clear	<i>Sunset: 7:26PM</i>	Moon 5 - Phase 8
Until 1:09AM Sun				Rahu	8:07AM – 10:00AM	Visti Until 3:16AM Sun	Nataraja: White	Ashtami	
Then Creative Work - Amrita Yoga						Saptami Until 2:22PM	Moon – Red	Sivaloka Day	
							Jyeshtha-Vaikasi		

Retreat Star		Sunday, June 12, 2016				Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Stamford, CT	
Simha Rasi: 29.06		Tiithi 8 – 9		Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 21		Sutra 56	
Family Home Evening		355831361		Gulika	3:40PM – 5:33PM	Uttaraphalguni Until 3:39AM Mon	Ganesha: Clear	<i>Sunrise: 4:20AM</i>	Durmukha 5118
Creative Work		Amrita Yoga		Yama	11:53AM – 1:47PM	Siddhi Until 5:50PM	Muruga: Clear	<i>Sunset: 7:26PM</i>	Moon 5 - Phase 8
Until 3:39AM Mon				Rahu	5:33PM – 7:26PM	Balava Until 5:22AM Mon	Nataraja: White	Navami	
Then Creative Work - Siddha Yoga						Ashtami* Until 4:14PM	Moon – Red	Devaloka Day	
							Jyeshtha-Vaikasi		

1		Monday, June 13, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Stamford, CT
				Hasta Nakshatra Vyatipata* Yoga Kaulava Karana Navamyam Titau				Sun 22 Sutra 57
Kanya Rasi: 11.04		Tithi 9		Gulika	1:47PM – 3:40PM	Hasta Until 6:48AM Tue	Ganesh: Purple <i>Sunrise:</i> 4:20AM	Durmukha 5118
Family Home Evening		365831361		Yama	10:00AM – 11:54AM	Vyatipata* Until 6:44PM	Muruga: Clear <i>Sunset:</i> 7:27PM	Moon 5 - Phase 9
Creative Work Siddha Yoga				Rahu	6:14AM – 8:07AM	Kaulava Until 6:32PM	Nataraja: White	4th Phase
								Bhuloka Day
								Devaloka Time: 12:PM to 3:PM

2		Tuesday, June 14, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Stamford, CT
				Hasta/Chitra Nakshatra Variyan Yoga Tailila/Gara Karana Dashamyam Titau				Sun 23 Sutra 58
Kanya Rasi: 22.56		Tithi 10		Gulika	11:54AM – 1:47PM	Hasta Until 6:48AM	Ganesh: Purple <i>Sunrise:</i> 4:20AM	Durmukha 5118
Creative Work Siddha Yoga		365831361		Yama	8:07AM – 10:00AM	Variyan Until 7:45PM	Muruga: Clear <i>Sunset:</i> 7:27PM	Moon 5 - Phase 9
				Rahu	3:40PM – 5:34PM	Tailila Until 7:48AM	Nataraja: White	4th Phase
								Bhuloka Day
								Devaloka Time: 12:PM to 3:PM

3		Wednesday, June 15, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Stamford, CT
				Chitra/Svati Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 59
Tula Rasi: 4.45		Tithi 11		Gulika	10:01AM – 11:54AM	Chitra Until 9:52AM	Ganesh: Purple <i>Sunrise:</i> 4:20AM	Durmukha 5118
Creative Work Siddha Yoga		365831361		Yama	6:14AM – 8:07AM	Parigha* Until 8:46PM	Muruga: Clear <i>Sunset:</i> 7:28PM	Moon 5 - Phase 9
				Rahu	11:54AM – 1:47PM	Vanija Until 10:18AM	Nataraja: White	4th Phase
								Bhuloka Day
								Devaloka Time: 12:PM to 3:PM

4		Thursday, June 16, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Stamford, CT
				Svati/Vishakha Nakshatra Shiva Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 60
Tula Rasi: 16.37		Tithi 12		Gulika	8:07AM – 10:01AM	Svati Until 12:38PM	Ganesh: Purple <i>Sunrise:</i> 4:20AM	Durmukha 5118
Creative Work Amrita Yoga		365831361		Yama	4:20AM – 6:14AM	Shiva Until 9:38PM	Muruga: Clear <i>Sunset:</i> 7:28PM	Moon 5 - Phase 9
Until 12:38PM				Rahu	1:48PM – 3:41PM	Bava Until 12:39PM	Nataraja: White	4th Phase
Then Creative Work - Siddha Yoga								Bhuloka Day
								Devaloka Time: 12:PM to 3:PM

5		Friday, June 17, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Stamford, CT
				Vishakha/Anuradha Nakshatra Siddha Yoga Kaulava/Tailila Karana Trayodashyam Titau				Sun 26 Sutra 61
Tula Rasi: 28.34		Tithi 13		Gulika	6:14AM – 8:07AM	Vishakha Until 3:27PM	Ganesh: Clear <i>Sunrise:</i> 4:21AM	Durmukha 5118
Creative Work Siddha Yoga		375831361		Yama	3:41PM – 5:35PM	Siddha Until 10:14PM	Muruga: Clear <i>Sunset:</i> 7:28PM	Moon 5 - Phase 9
				Rahu	10:01AM – 11:54AM	Kaulava Until 2:43PM	Nataraja: White	4th Phase
								Devaloka Day
								Devaloka Time: 12:PM to 3:PM

6		Saturday, June 18, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Stamford, CT
				Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 62
Vrischika Rasi: 10.41		Tithi 14		Gulika	4:21AM – 6:14AM	Anuradha Until 5:44PM	Ganesh: Clear <i>Sunrise:</i> 4:21AM	Durmukha 5118
Creative Work Siddha Yoga		375831361		Yama	1:48PM – 3:42PM	Sadhya Until 10:31PM	Muruga: Clear <i>Sunset:</i> 7:28PM	Moon 5 - Phase 9
				Rahu	8:08AM – 10:01AM	Gara Until 4:24PM	Nataraja: White	4th Phase
								Devaloka Day
								Devaloka Time: 12:PM to 3:PM

○		Sunday, June 19, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Stamford, CT
				Jyeshtha* Nakshatra Subha Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 63
Vrischika Rasi: 22.57		Tithi 15		Gulika	3:42PM – 5:35PM	Jyeshtha* Until 7:26PM	Ganesh: Clear <i>Sunrise:</i> 4:21AM	Durmukha 5118
Routine Work Marana Yoga		375831361		Yama	11:55AM – 1:48PM	Subha Until 10:29PM	Muruga: Clear <i>Sunset:</i> 7:29PM	Moon 5 - Phase 9
Until 7:26PM				Rahu	5:35PM – 7:29PM	Visti Until 5:39PM	Nataraja: White	Purnima
Then Creative Work - Amrita Yoga								Devaloka Day
								Devaloka Time: 12:PM to 3:PM

○		Monday, June 20, 2016		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Stamford, CT
				Mula* Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 64
Dhanus Rasi: 5.25		Tithi 15 – 16		Gulika	1:48PM – 3:42PM	Mula* Until 9:01PM	Ganesh: Yellow <i>Sunrise:</i> 4:21AM	Durmukha 5118
Family Home Evening		386831361		Yama	10:02AM – 11:55AM	Sukla Until 10:05PM	Muruga: Clear <i>Sunset:</i> 7:29PM	Moon 5 - Phase 9
Creative Work Siddha Yoga				Rahu	6:15AM – 8:08AM	Balava Until 6:27PM	Nataraja: White	Prathama
Until 9:01PM								Devaloka Day
Then Routine Work - Marana Yoga								Devaloka Time: 12:PM to 3:PM

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang



Tuesday, June 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Stamford, CT

Sutra 65

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Dhanus Rasi: 18.05 Tihti 16 – 17

386831361

Gulika 11:55AM – 1:49PM
Yama 8:08AM – 10:02AM
Rahu 3:42PM – 5:36PM

Purvashadha* Until 10:02PM
Brahma Until 9:21PM
Taitila Until 6:49PM
Prathama* Until 6:40AM

Ganesha: Yellow *Sunrise:* 4:21AM
Muruga: Clear *Sunset:* 7:29PM
Nataraja: White
Moon – Light Blue

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga
Until 10:02PM

Then Routine Work - Prabalarishta Yoga

Wednesday, June 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stamford, CT

Sun 1 Sutra 66

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Makara Rasi: 0.57 Tihti 17 – 18

386831361

Gulika 10:02AM – 11:55AM
Yama 6:15AM – 8:08AM
Rahu 11:55AM – 1:49PM

Uttarashadha Until 10:30PM
Indra Until 8:19PM
Vanija Until 6:48PM
Dvitiya Until 6:50AM

Ganesha: Yellow *Sunrise:* 4:22AM
Muruga: Clear *Sunset:* 7:29PM
Nataraja: White
Moon – Light Blue

Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga
Until 10:30PM

Then Creative Work - Siddha Yoga

Thursday, June 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT

Sun 2 Sutra 67

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Makara Rasi: 14 Tihti 18 – 19

396831361

Gulika 8:09AM – 10:02AM
Yama 4:22AM – 6:15AM
Rahu 1:49PM – 3:43PM

Shravana Until 10:55PM
Vaidhriti* Until 6:59PM
Bava Until 6:24PM
Tritiya Until 6:38AM

Ganesha: Blue *Sunrise:* 4:22AM
Muruga: Clear *Sunset:* 7:29PM
Nataraja: White
Moon – Purple

Jyeshtha-Ani

Sivaloka Day

Creative Work Siddha Yoga

Friday, June 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha*/Priti Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Stamford, CT

Sun 3 Sutra 68

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Makara Rasi: 27.15 Tihti 19 – 20

396831361

Gulika 6:16AM – 8:09AM
Yama 3:43PM – 5:36PM
Rahu 10:02AM – 11:56AM

Dhanishtha Until 10:51PM
Vishkambha* Until 5:22PM
Taitila Until 5:08AM Sat
Chaturthi* Until 6:03AM

Ganesha: Blue *Sunrise:* 4:22AM
Muruga: Clear *Sunset:* 7:30PM
Nataraja: White
Moon – Purple

Jyeshtha-Ani

Sivaloka Day

Creative Work Siddha Yoga

Saturday, June 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Stamford, CT

Sun 4 Sutra 69

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Kumbha Rasi: 10.41 Tihti 21

396831361

Gulika 4:22AM – 6:16AM
Yama 1:49PM – 3:43PM
Rahu 8:09AM – 10:03AM

Shatabhishak Until 10:17PM
Priti Until 3:29PM
Gara Until 4:34PM
Shashthi* Until 3:52AM Sun

Ganesha: Blue *Sunrise:* 4:22AM
Muruga: Clear *Sunset:* 7:30PM
Nataraja: White
Moon – Purple

Jyeshtha-Ani

Sivaloka Day

Creative Work Amrita Yoga

Until 10:17PM

Then Routine Work - Marana Yoga

Sunday, June 26, 2016

5

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Saptamyam Titau

Stamford, CT

Sun 5 Sutra 70

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Kumbha Rasi: 24.19 Tihti 22

316831361

Gulika 3:43PM – 5:36PM
Yama 11:56AM – 1:50PM
Rahu 5:36PM – 7:30PM

Purvaproshtapada* Until 9:40PM
Ayushman Until 1:18PM
Visti Until 3:08PM
Saptami Until 2:16AM Mon

Ganesha: Purple *Sunrise:* 4:23AM
Muruga: Clear *Sunset:* 7:30PM
Nataraja: White
Moon – Clear

Jyeshtha-Ani

Sivaloka Day

Creative Work Siddha Yoga

Until 9:40PM

Then Creative Work - Amrita Yoga

Monday, June 27, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT

Sun 6 Sutra 71

Durmukha 5118

Moon 6 - Phase 10

Ashtami

Meena Rasi: 8.1 Tihti 23

317831361

Gulika 1:50PM – 3:43PM
Yama 10:03AM – 11:56AM
Rahu 6:17AM – 8:10AM

Uttaraproshtapada Until 8:33PM
Saubhagya Until 10:51AM
Balava Until 1:21PM
Ashtami* Until 12:19AM Tue

Ganesha: Clear *Sunrise:* 4:23AM
Muruga: Clear *Sunset:* 7:30PM
Nataraja: White
Moon – Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Tuesday, June 28, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sobhana/Atihiganda* Yoga Taitila/Gara Karana Navamyam Titau

Stamford, CT

Sun 7 Sutra 72

Durmukha 5118

Moon 6 - Phase 10

Navami

Meena Rasi: 22.13 Tihti 24

317831361

Gulika 11:57AM – 1:50PM
Yama 8:10AM – 10:03AM
Rahu 3:43PM – 5:36PM

Revati Until 6:59PM
Sobhana Until 8:08AM
Taitila Until 11:14AM
Navami* Until 10:02PM

Ganesha: Clear *Sunrise:* 4:24AM
Muruga: Clear *Sunset:* 7:30PM
Nataraja: White
Moon – Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

1		Wednesday, June 29, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam			Stamford, CT	
Ashvini/Bharani Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8		Sutra 73		Durmukha 5118		
Mesha Rasi: 6.29	Tithi 25	Gulika	10:04AM – 11:57AM	Ashvini Until 5:24PM	Ganesh: Purple	<i>Sunrise:</i> 4:24AM		
		Yama	6:17AM – 8:10AM	Sukarma Until 1:57AM Thu	Muruga: Clear	<i>Sunset:</i> 7:30PM		Moon 6 - Phase 11
		327831361 Rahu	11:57AM – 1:50PM	Vanija Until 8:49AM	Nataraja: White			2nd Phase
Routine Work	Marana Yoga			Dashami Until 7:30PM	Moon – White		Bhuloka Day	
Until 5:24PM					Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga								

2		Thursday, June 30, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam			Stamford, CT	
Bharani/Krittika Nakshatra Dhriti Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9		Sutra 74		Durmukha 5118		
Mesha Rasi: 20.55	Tithi 26 – 27	Gulika	8:11AM – 10:04AM	Bharani Until 3:29PM	Ganesh: Purple	<i>Sunrise:</i> 4:25AM		
		Yama	4:25AM – 6:18AM	Dhriti Until 10:38PM	Muruga: Clear	<i>Sunset:</i> 7:29PM		Moon 6 - Phase 11
		327831361 Rahu	1:50PM – 3:43PM	Bava Until 6:09AM	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 4:45PM	Moon – White		Bhuloka Day	
Until 3:29PM					Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga								

3		Friday, July 1, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam			Stamford, CT	
Krittika/Rohini Nakshatra Shula* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10		Sutra 75		Durmukha 5118		
Vrisabha Rasi: 5.28	Tithi 27 – 28	Gulika	6:18AM – 8:11AM	Krittika Until 1:18PM	Ganesh: Purple	<i>Sunrise:</i> 4:25AM		
		Yama	3:43PM – 5:36PM	Shula* Until 7:14PM	Muruga: Clear	<i>Sunset:</i> 7:29PM		Moon 6 - Phase 11
		327831361 Rahu	10:04AM – 11:57AM	Gara Until 12:29AM Sat	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga			Dvadashi* Until 1:54PM	Moon – White		Bhuloka Day	
Until 1:18PM				<i>Pradosha Vrata (Fasting)</i>	Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga								

4		Saturday, July 2, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam			Stamford, CT	
Rohini/Mrigashira Nakshatra Ganda*Vridhhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11		Sutra 76		Durmukha 5118		
Vrisabha Rasi: 20.02	Tithi 28 – 29	Gulika	4:26AM – 6:19AM	Rohini Until 11:26AM	Ganesh: Light Blue	<i>Sunrise:</i> 4:26AM		
		Yama	1:50PM – 3:43PM	Ganda* Until 3:53PM	Muruga: Clear	<i>Sunset:</i> 7:29PM		Moon 6 - Phase 11
		327831361 Rahu	8:12AM – 10:04AM	Visti Until 9:43PM	Nataraja: White			2nd Phase
Creative Work	Amrita Yoga			Trayodashi* Until 11:04AM	Moon – Yellow		Bhuloka Day	
Until 11:26AM					Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga								

Retreat Star		Sunday, July 3, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam			Stamford, CT	
Mrigashira/Ardra Nakshatra Vridhhi/Dhruva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12		Sutra 77		Durmukha 5118		
Mithuna Rasi: 4.31	Tithi 29 – 30	Gulika	3:43PM – 5:36PM	Mrigashira Until 9:34AM	Ganesh: Light Blue	<i>Sunrise:</i> 4:26AM		
		Yama	11:58AM – 1:50PM	Vridhhi Until 12:42PM	Muruga: Clear	<i>Sunset:</i> 7:29PM		Moon 6 - Phase 11
		327831361 Rahu	5:36PM – 7:29PM	Catuspada Until 7:11PM	Nataraja: White			Amavasya
Creative Work	Siddha Yoga			Chaturdashi* Until 8:24AM	Moon – Yellow		Bhuloka Day	
					Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	

Retreat Star		Monday, July 4, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam			Stamford, CT	
Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Sun 13		Sutra 78		Durmukha 5118		
Mithuna Rasi: 18.48	Tithi 30 – 1	Gulika	1:50PM – 3:43PM	Ardra Until 7:52AM	Ganesh: Purple	<i>Sunrise:</i> 4:27AM		
Family Home Evening		Yama	10:05AM – 11:58AM	Dhruva Until 9:46AM	Muruga: Clear	<i>Sunset:</i> 7:29PM		Moon 6 - Phase 11
		327831361 Rahu	6:20AM – 8:12AM	Bava Until 4:06AM Tue	Nataraja: White			Prathama
Creative Work	Siddha Yoga			Amavasya* Until 6:01AM	Moon – Yellow		Bhuloka Day	
Until 7:52AM					Ashada-Ani		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga								

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1 Tuesday, July 5, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Harshana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stamford, CT Sun 14 Sutra 79
Kataka Rasi: 2.47	Tithi 2	Gulika 11:58AM – 1:50PM	Punarvasu Until 6:56AM	Ganesh: Light Blue <i>Sunrise:</i> 4:27AM	Durmukha 5118	
		Yama 8:13AM – 10:05AM	Vyaghata* Until 7:14AM	Muruga: Clear <i>Sunset:</i> 7:28PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	348831361 Rahu 3:43PM – 5:36PM	Balava Until 3:22PM	Nataraja: White	3rd Phase	
			Dvitiya Until 2:46AM Wed	Moon – Blue	Bhuloka Day	
				Ashada*Ani	Devaloka Time: 12:PM to 3:PM	

2 Wednesday, July 6, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Taitila/Gara Karana Tritiyayam Titau				Stamford, CT Sun 15 Sutra 80
Kataka Rasi: 16.24	Tithi 3	Gulika 10:06AM – 11:58AM	Pushya Until 6:27AM	Ganesh: Light Blue <i>Sunrise:</i> 4:28AM	Durmukha 5118	
		Yama 6:21AM – 8:13AM	Vajra* Until 3:45AM Thu	Muruga: Clear <i>Sunset:</i> 7:28PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	448931361 Rahu 11:58AM – 1:51PM	Taitila Until 2:22PM	Nataraja: White	3rd Phase	
			Tritiya Until 2:08AM Thu	Moon – Blue	Bhuloka Day	
				Ashada*Ani	Devaloka Time: 12:PM to 3:PM	

3 Thursday, July 7, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturthiyam Titau				Stamford, CT Sun 16 Sutra 81
Kataka Rasi: 29.37	Tithi 4	Gulika 8:13AM – 10:06AM	Ashlesha* Until 6:31AM	Ganesh: Light Blue <i>Sunrise:</i> 4:29AM	Durmukha 5118	
		Yama 4:29AM – 6:21AM	Siddhi Until 2:54AM Fri	Muruga: Clear <i>Sunset:</i> 7:28PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	448931361 Rahu 1:51PM – 3:43PM	Vanija Until 2:07PM	Nataraja: White	3rd Phase	
Until 6:31AM			Chaturthi* Until 2:16AM Fri	Moon – Blue	Bhuloka Day	
Then Creative Work - Amrita Yoga				Ashada*Ani	Devaloka Time: 12:PM to 3:PM	

4 Friday, July 8, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau				Stamford, CT Sun 17 Sutra 82
Simha Rasi: 12.26	Tithi 5	Gulika 6:22AM – 8:14AM	Magha* Until 7:40AM	Ganesh: Purple <i>Sunrise:</i> 4:29AM	Durmukha 5118	
		Yama 3:43PM – 5:35PM	Vyatipata* Until 2:40AM Sat	Muruga: Clear <i>Sunset:</i> 7:27PM	Moon 6 - Phase 12	
Routine Work	Marana Yoga	458931361 Rahu 10:06AM – 11:58AM	Bava Until 2:39PM	Nataraja: White	3rd Phase	
Until 7:40AM			Panchami Until 3:10AM Sat	Moon – Red	Bhuloka Day	
Then Creative Work - Siddha Yoga				Ashada*Ani	Devaloka Time: 12:PM to 3:PM	

5 Saturday, July 9, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan Yoga Kaulava/Taitila Karana Shashthiyam Titau				Stamford, CT Sun 18 Sutra 83
Simha Rasi: 24.55	Tithi 6	Gulika 4:30AM – 6:22AM	Purvaphalguni Until 9:23AM	Ganesh: Purple <i>Sunrise:</i> 4:30AM	Durmukha 5118	
		Yama 1:51PM – 3:43PM	Varyan Until 2:56AM Sun	Muruga: Clear <i>Sunset:</i> 7:27PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	458931361 Rahu 8:14AM – 10:06AM	Kaulava Until 3:54PM	Nataraja: White	3rd Phase	
Until 9:23AM			Shashthi* Until 4:45AM Sun	Moon – Red	Bhuloka Day	
Then Routine Work - Marana Yoga		Chidambaram Abhishekam		Ashada*Ani	Devaloka Time: 12:PM to 3:PM	

6 Sunday, July 10, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau				Stamford, CT Sun 19 Sutra 84
Kanya Rasi: 7.07	Tithi 7	Gulika 3:43PM – 5:34PM	Uttaraphalguni Until 11:33AM	Ganesh: Light Blue <i>Sunrise:</i> 4:31AM	Durmukha 5118	
		Yama 11:59AM – 1:51PM	Parigha* Until 3:37AM Mon	Muruga: Clear <i>Sunset:</i> 7:26PM	Moon 6 - Phase 12	
Creative Work	Amrita Yoga	459931361 Rahu 5:34PM – 7:26PM	Gara Until 5:45PM	Nataraja: White	3rd Phase	
Until 9:23AM			Saptami Until 6:49AM Mon	Moon – Red	Bhuloka Day	
Then Routine Work - Prabalarishta Yoga				Ashada*Ani	Devaloka Time: 12:PM to 3:PM	

Monday, July 11, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Stamford, CT Sun 20 Sutra 85
Retreat Star		Gulika 1:51PM – 3:42PM	Hasta Until 2:29PM	Ganesh: Orange <i>Sunrise:</i> 4:31AM	Durmukha 5118	
Kanya Rasi: 19.07	Tithi 7 – 8	Yama 10:07AM – 11:59AM	Shiva Until 4:32AM Tue	Muruga: Clear <i>Sunset:</i> 7:26PM	Moon 6 - Phase 12	
Family Home Evening		469931361 Rahu 6:23AM – 8:15AM	Visti Until 8:00PM	Nataraja: White	Ashtami	
Creative Work	Siddha Yoga		Saptami Until 6:49AM	Moon – Green	Devaloka Day	
Until 2:29PM				Ashada*Ani		
Then Routine Work - Prabalarishta Yoga						

Tuesday, July 12, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stamford, CT Sun 21 Sutra 86
Retreat Star		Gulika 11:59AM – 1:50PM	Chitra Until 5:27PM	Ganesh: Orange <i>Sunrise:</i> 4:32AM	Durmukha 5118	
Tula Rasi: 1	Tithi 8 – 9	Yama 8:16AM – 10:07AM	Siddha Until 5:29AM Wed	Muruga: Clear <i>Sunset:</i> 7:25PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	469931361 Rahu 3:42PM – 5:34PM	Balava Until 10:24PM	Nataraja: White	Navami	
			Ashtami* Until 9:10AM	Moon – Green	Devaloka Day	
				Ashada*Ani		

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Wednesday, July 13, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam	Stamford, CT
Tula Rasi: 12.52		Tithi 9 – 10		Svati Until 8:13PM		Ganesh: Orange	Sun 22 Sutra 87
Creative Work		Siddha Yoga		Sadhya Until 6:22AM Thu		Muruga: Clear	Durmukha 5118
469931361		Rahu 11:59AM – 1:50PM		Taitila Until 12:43AM Thu		Nataraja: White	Moon 6 - Phase 13
				Navami* Until 11:34AM		Moon – Green	4th Phase
						Ashada*Ani	Devaloka Day


2		Thursday, July 14, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam	Stamford, CT
Tula Rasi: 24.46		Tithi 10 – 11		Vishakha Until 11:05PM		Ganesh: Green	Sun 23 Sutra 88
Creative Work		Siddha Yoga		Sadhya Until 6:22AM		Muruga: Clear	Durmukha 5118
479931361		Rahu 1:50PM – 3:42PM		Vanija Until 2:47AM Fri		Nataraja: White	Moon 6 - Phase 13
				Dashami Until 1:47PM		Moon – Orange	4th Phase
						Ashada*Ani	Bhuloka Day
							Devaloka Time: 12:PM to 3:PM

3		Friday, July 15, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam	Stamford, CT
Vrischika Rasi: 6.48		Tithi 11 – 12		Anuradha Until 1:25AM Sat		Ganesh: Green	Sun 24 Sutra 89
Creative Work		Siddha Yoga		Subha Until 7:01AM		Muruga: Clear	Durmukha 5118
479931361		Rahu 10:08AM – 11:59AM		Bava Until 4:26AM Sat		Nataraja: White	Moon 6 - Phase 13
				Ekadashi Until 3:39PM		Moon – Orange	4th Phase
						Ashada*Adi	Bhuloka Day
							Devaloka Time: 12:PM to 3:PM

4		Saturday, July 16, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam	Stamford, CT
Vrischika Rasi: 19		Tithi 12 – 13		Jyeshtha* Until 3:05AM Sun		Ganesh: Green	Sun 25 Sutra 90
Creative Work		Siddha Yoga		Sukla Until 7:19AM		Muruga: Clear	Durmukha 5118
479931362		Rahu 8:17AM – 10:08AM		Kaulava Until 5:34AM Sun		Nataraja: Clear	Moon 6 - Phase 13
Until 3:05AM Sun				Dvadashi Until 5:03PM		Moon – Orange	4th Phase
Then Creative Work - Amrita Yoga						Ashada*Adi	Devaloka Day

5		Sunday, July 17, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam	Stamford, CT
Dhanus Rasi: 1.25		Tithi 13 – 14		Mula* Until 4:33AM Mon		Ganesh: Red	Sun 26 Sutra 91
Creative Work		Amrita Yoga		Brahma Until 7:13AM		Muruga: Clear	Durmukha 5118
489931362		Rahu 5:32PM – 7:22PM		Gara Until 6:10AM Mon		Nataraja: Clear	Moon 6 - Phase 13
Until 4:33AM Mon				Trayodashi Until 5:55PM		Moon – Light Blue	4th Phase
Then Routine Work - Marana Yoga						Ashada*Adi	Sivaloka Day

6		Monday, July 18, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam	Stamford, CT
Dhanus Rasi: 14.05		Tithi 14		Purvashadha* Until 5:20AM Tue		Ganesh: Blue	Sun 27 Sutra 92
Family Home Evening		Marana Yoga		Indra Until 6:42AM		Muruga: Clear	Durmukha 5118
481931362		Rahu 6:28AM – 8:18AM		Gara Until 6:10AM		Nataraja: Clear	Moon 6 - Phase 13
Routine Work				Chaturdashi* Until 6:14PM		Moon – Light Blue	4th Phase
Until 5:20AM Tue						Ashada*Adi	Subha Sivaloka Day
Then Routine Work - Prabalarishta Yoga							

		Tuesday, July 19, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam	Stamford, CT
Dhanus Rasi: 27.01		Tithi 15		Uttarashadha Until 5:27AM Wed		Ganesh: Blue	Sun 28 Sutra 93
Routine Work		Prabalarishta Yoga		Vishkambha* Until 4:22AM Wed		Muruga: Clear	Durmukha 5118
481931362		Rahu 3:40PM – 5:31PM		Visti Until 6:12AM		Nataraja: Clear	Moon 6 - Phase 13
Until 5:27AM Wed				Purnima* Until 6:01PM		Moon – Light Blue	Purnima
Then Creative Work - Siddha Yoga						Ashada*Adi	Subha Sivaloka Day

0		Wednesday, July 20, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam	Stamford, CT
Makara Rasi: 10.13		Tithi 16 – 17		Shravana Until 5:26AM Thu		Ganesh: Yellow	Sun 29 Sutra 94
Creative Work		Siddha Yoga		Priti Until 2:40AM Thu		Muruga: Clear	Durmukha 5118
491931362		Rahu 11:59AM – 1:50PM		Taitila Until 4:51AM Thu		Nataraja: Clear	Moon 6 - Phase 13
				Prathama* Until 5:20PM		Moon – Purple	Prathama
						Ashada*Adi	Sivaloka Day



Thursday, July 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stamford, CT
Sun 1 Sutra 95

Makara Rasi: 23.38 Tithi 17 - 18

Gulika 8:20AM - 10:10AM
Yama 4:40AM - 6:30AM
Rahu 1:49PM - 3:39PM

Dhanishtha Until 4:55AM Fri
Ayushman Until 12:38AM Fri
Vanija Until 3:35AM Fri
Dvitiya Until 4:14PM

Ganesha: Yellow Sunrise: 4:40AM
Muruga: Clear Sunset: 7:19PM
Nataraja: Clear
Moon - Purple
Ashada•Adi

Durmukha 5118
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Friday, July 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Stamford, CT
Sun 2 Sutra 96

Kumbha Rasi: 7.17 Tithi 18 - 19

Gulika 6:30AM - 8:20AM
Yama 3:39PM - 5:29PM
Rahu 10:10AM - 12:00PM

Shatabhishak Until 3:57AM Sat
Saubhagya Until 10:22PM
Bava Until 2:01AM Sat
Tritiya Until 2:49PM

Ganesha: Yellow Sunrise: 4:40AM
Muruga: Clear Sunset: 7:19PM
Nataraja: Clear
Moon - Purple
Ashada•Adi

Durmukha 5118
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Until 3:57AM Sat

Then Routine Work - Marana Yoga

Sivaloka Day

Saturday, July 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT
Sun 3 Sutra 97

Kumbha Rasi: 21.05 Tithi 19 - 20

Gulika 4:41AM - 6:31AM
Yama 1:49PM - 3:39PM
Rahu 8:20AM - 10:10AM

Purvaproshtapada* Until 3:04AM Sun
Sobhana Until 7:56PM
Kaulava Until 12:14AM Sun
Chaturthi* Until 1:08PM

Ganesha: Red Sunrise: 4:41AM
Muruga: Clear Sunset: 7:18PM
Nataraja: Clear
Moon - Clear
Ashada•Adi

Durmukha 5118
Moon 7 - Phase 14
1st Phase

Routine Work Marana Yoga

Until 3:04AM Sun

Then Creative Work - Amrita Yoga

Sivaloka Day

Sunday, July 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Stamford, CT
Sun 4 Sutra 98

Meena Rasi: 5.02 Tithi 20 - 21

Gulika 3:38PM - 5:27PM
Yama 12:00PM - 1:49PM
Rahu 5:27PM - 7:17PM

Uttaraproshtapada Until 1:52AM Mon
Athiganda* Until 5:19PM
Gara Until 10:17PM
Panchami Until 11:15AM

Ganesha: Red Sunrise: 4:42AM
Muruga: Clear Sunset: 7:17PM
Nataraja: Clear
Moon - Clear
Ashada•Adi

Durmukha 5118
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Until 1:52AM Mon

Then Creative Work - Siddha Yoga

Sivaloka Day

Monday, July 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Stamford, CT
Sun 5 Sutra 99

Meena Rasi: 19.04 Tithi 21 - 22

Gulika 1:49PM - 3:38PM
Yama 10:10AM - 12:00PM
Rahu 6:32AM - 8:21AM

Revati Until 12:25AM Tue
Sukarma Until 2:36PM
Visti Until 8:11PM
Shashthi* Until 9:14AM

Ganesha: Red Sunrise: 4:43AM
Muruga: Clear Sunset: 7:16PM
Nataraja: Clear
Moon - Clear
Ashada•Adi

Durmukha 5118
Moon 7 - Phase 14
1st Phase

Family Home Evening

Creative Work Siddha Yoga

Sivaloka Day

Tuesday, July 26, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stamford, CT
Sun 6 Sutra 100

Mesha Rasi: 3.12 Tithi 22 - 23

Gulika 12:00PM - 1:48PM
Yama 8:22AM - 10:11AM
Rahu 3:37PM - 5:26PM

Ashvini Until 11:08PM
Dhriti Until 11:48AM
Balava Until 6:00PM
Saptami Until 7:06AM

Ganesha: Green Sunrise: 4:44AM
Muruga: Clear Sunset: 7:15PM
Nataraja: Clear
Moon - White
Ashada•Adi

Durmukha 5118
Moon 7 - Phase 14
Ashtami

Creative Work Siddha Yoga

Subha Sivaloka Day

Wednesday, July 27, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Navamyam Titau

Stamford, CT
Sun 7 Sutra 101

Mesha Rasi: 17.23 Tithi 24

Gulika 10:11AM - 12:00PM
Yama 6:34AM - 8:22AM
Rahu 12:00PM - 1:48PM

Bharani Until 9:40PM
Shula* Until 8:55AM
Taitila Until 3:46PM
Navami* Until 2:36AM Thu

Ganesha: Green Sunrise: 4:45AM
Muruga: Clear Sunset: 7:14PM
Nataraja: Clear
Moon - White
Ashada•Adi

Durmukha 5118
Moon 7 - Phase 14
Navami

Creative Work Siddha Yoga

Until 9:40PM

Then Creative Work - Amrita Yoga

Subha Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang


1		Thursday, July 28, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam		Stamford, CT	
Krishabha Rasi: 1.35		Gulika 8:23AM – 10:11AM		Krittika Until 8:03PM		Ganesh: Red		Sun 8 Sutra 102	
Tihti 25		Yama 4:46AM – 6:34AM		Ganda* Until 6:02AM		Sunrise: 4:46AM		Durumkha 5118	
422931362		Rahu 1:48PM – 3:36PM		Vanija Until 1:29PM		Muruga: Clear		Moon 7 - Phase 15	
Routine Work Marana Yoga				Dashami Until 12:20AM Fri		Nataraja: Clear		2nd Phase	
						Moon – White		Sivaloka Day	
						Ashada*Adi			

2		Friday, July 29, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam		Stamford, CT	
Krishabha Rasi: 15.47		Gulika 6:35AM – 8:23AM		Rohini Until 6:45PM		Ganesh: Green		Sun 9 Sutra 103	
Tihti 26		Yama 3:36PM – 5:24PM		Dhruva Until 12:18AM Sat		Sunrise: 4:47AM		Durumkha 5118	
432931362		Rahu 10:11AM – 11:59AM		Bava Until 11:14AM		Muruga: Clear		Moon 7 - Phase 15	
Routine Work Marana Yoga				Ekadashi* Until 10:08PM		Nataraja: Clear		2nd Phase	
Until 6:45PM						Moon – Yellow		Devaloka Day	
Then Creative Work - Siddha Yoga						Ashada*Adi			

3		Saturday, July 30, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam		Stamford, CT	
Krishabha Rasi: 29.56		Gulika 4:48AM – 6:36AM		Mrigashira Until 5:27PM		Ganesh: Green		Sun 10 Sutra 104	
Tihti 27		Yama 1:47PM – 3:35PM		Vyaghata* Until 9:35PM		Sunrise: 4:48AM		Durumkha 5118	
432931362		Rahu 8:24AM – 10:12AM		Kaulava Until 9:05AM		Muruga: Clear		Moon 7 - Phase 15	
Creative Work Siddha Yoga				Dvadashi* Until 8:04PM		Nataraja: Clear		2nd Phase	
						Moon – Yellow		Devaloka Day	
						Ashada*Adi			

4		Sunday, July 31, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam		Stamford, CT	
Mithuna Rasi: 13.59		Gulika 3:35PM – 5:22PM		Ardra Until 4:13PM		Ganesh: Purple		Sun 11 Sutra 105	
Tihti 28		Yama 11:59AM – 1:47PM		Harshana Until 7:04PM		Sunrise: 4:49AM		Durumkha 5118	
432131362		Rahu 5:22PM – 7:10PM		Gara Until 7:08AM		Muruga: Clear		Moon 7 - Phase 15	
Creative Work Siddha Yoga				Trayodashi* Until 6:14PM		Nataraja: Clear		2nd Phase	
						Moon – Yellow		Devaloka Day	
						Ashada*Adi			
						Pradosha Vrata (Fasting)			

5		Monday, August 1, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam		Stamford, CT	
Mithuna Rasi: 27.5		Gulika 1:47PM – 3:34PM		Punarvasu Until 3:37PM		Ganesh: Light Blue		Sun 12 Sutra 106	
Tihti 29 – 30		Yama 10:12AM – 11:59AM		Vajra* Until 4:50PM		Sunrise: 4:50AM		Durumkha 5118	
Family Home Evening		Rahu 6:37AM – 8:25AM		Catuspada Until 4:11AM Tue		Muruga: Clear		Moon 7 - Phase 15	
Creative Work Amrita Yoga				Chaturdashi* Until 4:45PM		Nataraja: Clear		2nd Phase	
Until 3:37PM						Moon – Blue		Devaloka Day	
Then Creative Work - Siddha Yoga						Ashada*Adi			

		Tuesday, August 2, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam		Stamford, CT	
Retreat Star		Gulika 11:59AM – 1:46PM		Pushya Until 3:18PM		Ganesh: Light Blue		Sun 13 Sutra 107	
Kataka Rasi: 11.27		Yama 8:25AM – 10:12AM		Siddhi Until 2:58PM		Sunrise: 4:51AM		Durumkha 5118	
Tihti 30 – 1		Rahu 3:33PM – 5:20PM		Kintughna Until 3:25AM Wed		Muruga: Clear		Moon 7 - Phase 15	
442131362				Amavasya* Until 3:43PM		Nataraja: Clear		Amavasya	
Creative Work Siddha Yoga						Moon – Blue		Devaloka Day	
						Ashada*Adi			

Retreat Star		Wednesday, August 3, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam		Stamford, CT	
Kataka Rasi: 24.46		Gulika 10:12AM – 11:59AM		Ashlesha* Until 3:24PM		Ganesh: Light Blue		Sun 14 Sutra 108	
Tihti 1 – 2		Yama 6:39AM – 8:25AM		Vyatipata* Until 1:33PM		Sunrise: 4:52AM		Durumkha 5118	
442131362		Rahu 11:59AM – 1:46PM		Balava Until 3:15AM Thu		Muruga: Clear		Moon 7 - Phase 15	
Creative Work Siddha Yoga				Prathama* Until 3:14PM		Nataraja: Clear		Prathama	
						Moon – Blue		Devaloka Day	
						Savana*Adi			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Thursday, August 4, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Stamford, CT Sun 15 Sutra 109	
Simha Rasi: 7.47	Tithi 2 - 3	Gulika	8:26AM - 10:12AM	Magha* Until 4:25PM	Ganesha: Purple	<i>Sunrise:</i> 4:53AM		Durmukha 5118	
		Yama	4:53AM - 6:39AM	Variyan Until 12:37PM	Muruga: Clear	<i>Sunset:</i> 7:05PM	Moon 7 - Phase 16	3rd Phase	
		452131362 Rahu	1:46PM - 3:32PM	Taitila Until 3:45AM Fri	Nataraja: Clear				
Creative Work	Amrita Yoga			Dvitiya Until 3:24PM	Moon - Red		Devaloka Day		
Until 4:25PM					Sravana-Adi				
Then Creative Work - Siddha Yoga									

2		Friday, August 5, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Stamford, CT Sun 16 Sutra 110	
Simha Rasi: 20.28	Tithi 3 - 4	Gulika	6:40AM - 8:26AM	Purvaphalguni Until 5:55PM	Ganesha: Purple	<i>Sunrise:</i> 4:54AM		Durmukha 5118	
		Yama	3:31PM - 5:18PM	Parigha* Until 12:13PM	Muruga: Clear	<i>Sunset:</i> 7:04PM	Moon 7 - Phase 16	3rd Phase	
		452131362 Rahu	10:13AM - 11:59AM	Vanija Until 4:53AM Sat	Nataraja: Clear				
Creative Work	Siddha Yoga			Vanija Until 4:53AM Sat	Moon - Red		Devaloka Day		
				Tritiya Until 4:13PM	Sravana-Adi				

3		Saturday, August 6, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Stamford, CT Sun 17 Sutra 111	
Kanya Rasi: 2.52	Tithi 4 - 5	Gulika	4:55AM - 6:41AM	Uttaraphalguni Until 7:51PM	Ganesha: Purple	<i>Sunrise:</i> 4:55AM		Durmukha 5118	
		Yama	1:45PM - 3:31PM	Shiva Until 12:19PM	Muruga: Purple	<i>Sunset:</i> 7:03PM	Moon 7 - Phase 16	3rd Phase	
		452141362 Rahu	8:27AM - 10:13AM	Bava Until 6:35AM Sun	Nataraja: Clear				
Routine Work	Marana Yoga			Chaturthi* Until 5:39PM	Moon - Red		Bhuloka Day		
					Sravana-Adi		Devaloka Time: 6:PM to 9:PM		

4		Sunday, August 7, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Panchamyam Titau		Stamford, CT Sun 18 Sutra 112	
Kanya Rasi: 15.01	Tithi 5	Gulika	3:30PM - 5:16PM	Hasta Until 10:35PM	Ganesha: Clear	<i>Sunrise:</i> 4:56AM		Durmukha 5118	
		Yama	11:59AM - 1:44PM	Siddha Until 12:47PM	Muruga: Purple	<i>Sunset:</i> 7:02PM	Moon 7 - Phase 16	3rd Phase	
		462141362 Rahu	5:16PM - 7:02PM	Bava Until 6:35AM	Nataraja: Clear				
Creative Work	Amrita Yoga			Panchami Until 7:34PM	Moon - Green		Devaloka Day		
Until 10:35PM		Nag Panchami			Sravana-Adi				
Then Creative Work - Siddha Yoga									

5		Monday, August 8, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Shashthyam Titau		Stamford, CT Sun 19 Sutra 113	
Kanya Rasi: 27.01	Tithi 6	Gulika	1:44PM - 3:29PM	Chitra Until 1:26AM Tue	Ganesha: Clear	<i>Sunrise:</i> 4:57AM		Durmukha 5118	
Family Home Evening		Yama	10:13AM - 11:58AM	Sadhya Until 1:34PM	Muruga: Purple	<i>Sunset:</i> 7:00PM	Moon 7 - Phase 16	3rd Phase	
Routine Work	Prabalarishta Yoga	462141362 Rahu	6:42AM - 8:28AM	Kaulava Until 8:42AM	Nataraja: Clear				
Until 1:26AM Tue				Shashthi* Until 9:50PM	Moon - Green		Devaloka Day		
Then Creative Work - Siddha Yoga					Sravana-Adi				

6		Tuesday, August 9, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Saptamyam Titau		Stamford, CT Sun 20 Sutra 114	
Tula Rasi: 8.55	Tithi 7	Gulika	11:58AM - 1:43PM	Svati Until 4:13AM Wed	Ganesha: Clear	<i>Sunrise:</i> 4:58AM		Durmukha 5118	
		Yama	8:28AM - 10:13AM	Subha Until 2:30PM	Muruga: Purple	<i>Sunset:</i> 6:59PM	Moon 7 - Phase 16	3rd Phase	
		462141362 Rahu	3:29PM - 5:14PM	Gara Until 11:03AM	Nataraja: Clear				
Creative Work	Siddha Yoga			Saptami Until 12:13AM Wed	Moon - Green		Devaloka Day		
					Sravana-Adi				

Retreat Star		Wednesday, August 10, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ashtamyam Titau		Stamford, CT Sun 21 Sutra 115	
Tula Rasi: 20.47	Tithi 8	Gulika	10:13AM - 11:58AM	Vishakha Until 7:13AM Thu	Ganesha: White	<i>Sunrise:</i> 4:59AM		Durmukha 5118	
		Yama	6:44AM - 8:28AM	Sukla Until 3:23PM	Muruga: Purple	<i>Sunset:</i> 6:58PM	Moon 7 - Phase 16	Ashtami	
		472141362 Rahu	11:58AM - 1:43PM	Visti Until 1:25PM	Nataraja: Clear				
Creative Work	Siddha Yoga			Ashtami* Until 2:31AM Thu	Moon - Orange		Bhuloka Day		
					Sravana-Adi		Devaloka Time: 6:PM to 9:PM		

Retreat Star		Thursday, August 11, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Navamyam Titau		Stamford, CT Sun 22 Sutra 116	
Vrischika Rasi: 2.43	Tithi 9	Gulika	8:29AM - 10:13AM	Vishakha Until 7:13AM	Ganesha: Clear	<i>Sunrise:</i> 5:00AM		Durmukha 5118	
		Yama	5:00AM - 6:44AM	Brahma Until 4:08PM	Muruga: Purple	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 16	Navami	
		473141362 Rahu	1:43PM - 3:27PM	Balava Until 3:35PM	Nataraja: Clear				
Creative Work	Siddha Yoga			Navami* Until 4:31AM Fri	Moon - Orange		Devaloka Day		
					Sravana-Adi				

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1 Friday, August 12, 2016		Dur mukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Stamford, CT			
Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Dashamyam Titau Sun 23 Sutra 117		Anuradha* Until 9:44AM		Ganesh: Clear	Sunrise: 5:01AM
Vrischika Rasi: 14.46	Tithi 10	Gulika 6:45AM – 8:29AM	Yama 3:26PM – 5:11PM	Muruga: Purple	Sunset: 6:55PM
473141362	Rahu 10:14AM – 11:58AM	Indra Until 4:37PM		Nataraja: Clear	Moon 7 - Phase 17
Creative Work	Siddha Yoga	Tailila Until 5:22PM		Moon – Orange	4th Phase
Until 9:44AM		Dashami Until 6:04AM Sat		Devaloka Day	
Then Routine Work - Marana Yoga		Varalakshmi Vratam		Sravana-Adi	

2 Saturday, August 13, 2016		Dur mukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Stamford, CT			
Jyeshtha*/Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau Sun 24 Sutra 118		Jyeshtha* Until 11:37AM		Ganesh: Clear	Sunrise: 5:02AM
Vrischika Rasi: 27.01	Tithi 10 – 11	Gulika 5:02AM – 6:46AM	Yama 1:42PM – 3:26PM	Muruga: Purple	Sunset: 6:54PM
473141362	Rahu 8:30AM – 10:14AM	Vaidhriti* Until 4:39PM		Nataraja: Clear	Moon 7 - Phase 17
Creative Work	Siddha Yoga	Vanija Until 6:38PM		Moon – Orange	4th Phase
Until 9:44AM		Dashami Until 6:04AM		Devaloka Day	
Then Routine Work - Marana Yoga		Varalakshmi Vratam		Sravana-Adi	

3 Sunday, August 14, 2016		Dur mukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Stamford, CT			
Mula*/Purvashadha* Nakshatra Vishkambha*/Priti Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau Sun 25 Sutra 119		Mula* Until 1:14PM		Ganesh: White	Sunrise: 5:03AM
Dhanus Rasi: 9.3	Tithi 11 – 12	Gulika 3:25PM – 5:09PM	Yama 11:57AM – 1:41PM	Muruga: Purple	Sunset: 6:52PM
483141362	Rahu 5:09PM – 6:52PM	Vishkambha* Until 4:13PM		Nataraja: Clear	Moon 7 - Phase 17
Creative Work	Amrita Yoga	Bava Until 7:17PM		Moon – Light Blue	4th Phase
Until 1:14PM		Ekadashi Until 7:02AM		Sivaloka Day	
Then Creative Work - Siddha Yoga		Varalakshmi Vratam		Sravana-Adi	

4 Monday, August 15, 2016		Dur mukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Stamford, CT			
Purvashadha*/Uttarashadha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 120		Purvashadha* Until 2:04PM		Ganesh: White	Sunrise: 5:04AM
Dhanus Rasi: 22.17	Tithi 12 – 13	Gulika 1:41PM – 3:24PM	Yama 10:14AM – 11:57AM	Muruga: Purple	Sunset: 6:51PM
483141362	Rahu 6:47AM – 8:30AM	Priti Until 3:18PM		Nataraja: Clear	Moon 7 - Phase 17
Family Home Evening		Kaulava Until 7:16PM		Moon – Light Blue	4th Phase
Routine Work	Marana Yoga	Dvadashi Until 7:21AM		Sivaloka Day	
Until 1:14PM		Pradosha Vrata		Sravana-Adi	
Then Creative Work - Siddha Yoga		Varalakshmi Vratam		Sravana-Adi	

5 Tuesday, August 16, 2016		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Stamford, CT			
Uttarashadha*/Shravana Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 121		Uttarashadha* Until 2:06PM		Ganesh: White	Sunrise: 5:05AM
Makara Rasi: 5.24	Tithi 13 – 14	Gulika 11:57AM – 1:40PM	Yama 8:31AM – 10:14AM	Muruga: Purple	Sunset: 6:49PM
483141362	Rahu 3:23PM – 5:06PM	Ayushman Until 1:49PM		Nataraja: Clear	Moon 7 - Phase 17
Routine Work	Prabalarishta Yoga	Gara Until 6:37PM		Moon – Light Blue	4th Phase
Until 2:06PM		Trayodashi Until 7:00AM		Sivaloka Day	
Then Creative Work - Siddha Yoga		Varalakshmi Vratam		Sravana-Avani	

Wednesday, August 17, 2016		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Stamford, CT			
Shravana*/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau Sutra 122		Shravana Until 1:50PM		Ganesh: White	Sunrise: 5:06AM
Makara Rasi: 18.52	Tithi 14 – 15	Gulika 10:14AM – 11:57AM	Yama 6:48AM – 8:31AM	Muruga: Purple	Sunset: 6:48PM
593141362	Rahu 11:57AM – 1:40PM	Saubhagya Until 11:52AM		Nataraja: Clear	Moon 7 - Phase 17
Creative Work	Siddha Yoga	Bava Until 4:31AM Thu		Moon – Purple	Purnima
Until 1:50PM		Chaturdashi* Until 6:02AM		Sivaloka Day	
Then Routine Work - Prabalarishta Yoga		Raksha Bandhan		Sravana-Avani	

Thursday, August 18, 2016		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Stamford, CT			
Dhanishtha*/Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau Sutra 123		Dhanishtha Until 12:54PM		Ganesh: White	Sunrise: 5:07AM
Kumbha Rasi: 2.38	Tithi 16	Gulika 8:32AM – 10:14AM	Yama 5:07AM – 6:49AM	Muruga: Purple	Sunset: 6:46PM
593141362	Rahu 1:39PM – 3:22PM	Sobhana Until 9:30AM		Nataraja: Clear	Moon 7 - Phase 17
Creative Work	Siddha Yoga	Balava Until 3:37PM		Moon – Purple	Prathama
Until 1:50PM		Prathama* Until 2:34AM Fri		Sivaloka Day	
Then Routine Work - Prabalarishta Yoga		Raksha Bandhan		Sravana-Avani	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda



Friday, August 19, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak/Purvaprossthapada* Nakshatra Athiganda/Sukarma Yoga Taitila/Gara Karana Dvitiyayam Titau

Stamford, CT

Sutra 124

Durmukha 5118

Kumbha Rasi: 16.41 Tiithi 17

593141362

Gulika 6:50AM – 8:32AM

Yama 3:21PM – 5:03PM

Rahu 10:14AM – 11:56AM

Shatabhishak Until 11:26AM

Athiganda* Until 6:46AM

Taitila Until 1:29PM

Dvitiya Until 12:17AM Sat

Ganesha: White

Sunrise: 5:08AM

Muruga: Purple

Sunset: 6:45PM

Nataraja: Clear

Moon – Purple

Sravana-Avani

Moon 8 - Phase 18

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Saturday, August 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manla Vasara Yuktayam
Purvaprossthapada/Uttaraprossthapada Nakshatra Dhriti Yoga Vanija/Visti* Karana Trityayam Titau

Stamford, CT

Sun 1 Sutra 125

Durmukha 5118

Meena Rasi: 0.56 Tiithi 18

513141362

Gulika 5:09AM – 6:51AM

Yama 1:38PM – 3:20PM

Rahu 8:32AM – 10:14AM

Purvaprossthapada* Until 9:59AM

Dhriti Until 12:42AM Sun

Vanija Until 11:05AM

Tritiya Until 9:48PM

Ganesha: White

Sunrise: 5:09AM

Muruga: Purple

Sunset: 6:44PM

Nataraja: Clear

Moon – Clear

Sravana-Avani

Moon 8 - Phase 18

1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 9:59AM

Then Creative Work - Siddha Yoga

Sunday, August 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraprossthapada/Revati Nakshatra Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Stamford, CT

Sun 2 Sutra 126

Durmukha 5118

Meena Rasi: 15.19 Tiithi 19

513141362

Gulika 3:19PM – 5:00PM

Yama 11:56AM – 1:37PM

Rahu 5:00PM – 6:42PM

Uttaraprossthapada Until 8:13AM

Shula* Until 9:29PM

Bava Until 8:32AM

Chaturthi* Until 7:13PM

Ganesha: White

Sunrise: 5:10AM

Muruga: Purple

Sunset: 6:42PM

Nataraja: Clear

Moon – Clear

Sravana-Avani

Moon 8 - Phase 18

1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Monday, August 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stamford, CT

Sun 3 Sutra 127

Durmukha 5118

Meena Rasi: 29.44 Tiithi 20 – 21

513141362

Gulika 1:37PM – 3:18PM

Yama 10:14AM – 11:56AM

Rahu 6:52AM – 8:33AM

Revati Until 6:16AM

Ganda* Until 6:18PM

Gara Until 3:23AM Tue

Panchami Until 4:37PM

Ganesha: White

Sunrise: 5:11AM

Muruga: Purple

Sunset: 6:41PM

Nataraja: Clear

Moon – Clear

Sravana-Avani

Moon 8 - Phase 18

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, August 23, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Stamford, CT

Sun 4 Sutra 128

Durmukha 5118

Mesha Rasi: 14.08 Tiithi 21 – 22

523141362

Gulika 11:55AM – 1:36PM

Yama 8:33AM – 10:14AM

Rahu 3:17PM – 4:58PM

Bharani Until 3:01AM Wed

Vriddhi Until 3:12PM

Visti Until 12:57AM Wed

Shashthi* Until 2:07PM

Ganesha: Clear

Sunrise: 5:12AM

Muruga: Purple

Sunset: 6:39PM

Nataraja: Clear

Moon – White

Sravana-Avani

Moon 8 - Phase 18

1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 3:01AM Wed

Then Creative Work - Amrita Yoga

Wednesday, August 24, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stamford, CT

Sun 5 Sutra 129

Durmukha 5118

Mesha Rasi: 28.26 Tiithi 22 – 23

523141362

Gulika 10:14AM – 11:55AM

Yama 6:53AM – 8:34AM

Rahu 11:55AM – 1:36PM

Krittika Until 1:26AM Thu

Dhruva Until 12:13PM

Balava Until 10:42PM

Saptami Until 11:47AM

Ganesha: Clear

Sunrise: 5:13AM

Muruga: Purple

Sunset: 6:37PM

Nataraja: Clear

Moon – White

Sravana-Avani

Moon 8 - Phase 18

Ashtami

Devaloka Day

Creative Work Amrita Yoga

Until 1:26AM Thu

Then Routine Work - Marana Yoga

Thursday, August 25, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stamford, CT

Sun 6 Sutra 130

Durmukha 5118

Vrishabha Rasi: 12.35 Tiithi 23 – 24

534241362

Gulika 8:34AM – 10:14AM

Yama 5:14AM – 6:54AM

Rahu 1:35PM – 3:15PM

Rohini Until 12:22AM Fri

Vyaghata* Until 9:25AM

Taitila Until 8:42PM

Ashtami* Until 9:39AM

Ganesha: Purple

Sunrise: 5:14AM

Muruga: Purple

Sunset: 6:36PM

Nataraja: Clear

Moon – Yellow

Sravana-Avani

Moon 8 - Phase 18

Navami

Sivaloka Day

Routine Work Marana Yoga

Until 12:22AM Fri

Then Creative Work - Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Friday, August 26, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam		Stamford, CT	
Vrishabha Rasi: 26.35		Tihti 24 – 25		Mrigashira Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 7 Sutra 131	
Creative Work		Siddha Yoga		Gulika 6:55AM – 8:35AM	Mrigashira Until 11:26PM	Ganesh: Purple <i>Sunrise:</i> 5:15AM	Durmukha 5118
				Yama 3:14PM – 4:54PM	Harshana Until 6:49AM	Muruga: Purple <i>Sunset:</i> 6:34PM	Moon 8 - Phase 19
		534241363		Rahu 10:15AM – 11:54AM	Vanija Until 6:57PM	Nataraja: Clear	2nd Phase
					Navami* Until 7:46AM	Moon – Yellow	Sivaloka Day
						Sravana-Avani	

2		Saturday, August 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam		Stamford, CT	
Mithuna Rasi: 10.25		Tihti 25 – 26		Ardra Nakshatra Siddhi Visti*/Balava Karana Dashami/Ekadashyam Titau		Sun 8 Sutra 132	
Creative Work		Siddha Yoga		Gulika 5:16AM – 6:55AM	Ardra Until 10:40PM	Ganesh: Purple <i>Sunrise:</i> 5:16AM	Durmukha 5118
				Yama 1:34PM – 3:13PM	Siddhi Until 2:20AM Sun	Muruga: Purple <i>Sunset:</i> 6:33PM	Moon 8 - Phase 19
		534241363		Rahu 8:35AM – 10:15AM	Balava Until 4:55AM Sun	Nataraja: Purple	2nd Phase
					Dashami Until 6:11AM	Moon – Yellow	Devaloka Day
						Sravana-Avani	

3		Sunday, August 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Stamford, CT	
Mithuna Rasi: 24.03		Tihti 27		Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 9 Sutra 133	
Creative Work		Siddha Yoga		Gulika 3:13PM – 4:52PM	Punarvasu Until 10:33PM	Ganesh: Clear <i>Sunrise:</i> 5:17AM	Durmukha 5118
				Yama 11:54AM – 1:33PM	Vyatipata* Until 12:32AM Mon	Muruga: Purple <i>Sunset:</i> 6:31PM	Moon 8 - Phase 19
		544241363		Rahu 4:52PM – 6:31PM	Kaulava Until 4:27PM	Nataraja: Purple	2nd Phase
					Dvadashi* Until 4:02AM Mon	Moon – Blue	Bhuloka Day
						Sravana-Avani	Devaloka Time: 9:AM to12:PM

4		Monday, August 29, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam		Stamford, CT	
Kataka Rasi: 7.28		Tihti 28		Pushya Nakshatra Variyan Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 10 Sutra 134	
Family Home Evening		Creative Work		Gulika 1:33PM – 3:12PM	Pushya Until 10:41PM	Ganesh: Clear <i>Sunrise:</i> 5:18AM	Durmukha 5118
				Yama 10:15AM – 11:54AM	Variyan Until 11:02PM	Muruga: Purple <i>Sunset:</i> 6:30PM	Moon 8 - Phase 19
		544241363		Rahu 6:57AM – 8:36AM	Gara Until 3:45PM	Nataraja: Purple	2nd Phase
					Trayodashi* Until 3:33AM Tue	Moon – Blue	Bhuloka Day
					<i>Pradosha Vrata (Fasting)</i>	Sravana-Avani	Devaloka Time: 9:AM to12:PM

5		Tuesday, August 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam		Stamford, CT	
Kataka Rasi: 20.39		Tihti 29		Ashlesha* Nakshatra Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 11 Sutra 135	
Creative Work		Siddha Yoga		Gulika 11:53AM – 1:32PM	Ashlesha* Until 11:06PM	Ganesh: Clear <i>Sunrise:</i> 5:19AM	Durmukha 5118
				Yama 8:36AM – 10:15AM	Parigha* Until 9:54PM	Muruga: Purple <i>Sunset:</i> 6:28PM	Moon 8 - Phase 19
		544241363		Rahu 3:11PM – 4:49PM	Visti Until 3:30PM	Nataraja: Purple	2nd Phase
					Chaturdashi* Until 3:32AM Wed	Moon – Blue	Bhuloka Day
						Sravana-Avani	Devaloka Time: 9:AM to12:PM

●		Wednesday, August 31, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam		Stamford, CT	
Simha Rasi: 4		Tihti 30		Magha* Nakshatra Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 12 Sutra 136	
Creative Work		Siddha Yoga		Gulika 10:15AM – 11:53AM	Magha* Until 12:19AM Thu	Ganesh: Orange <i>Sunrise:</i> 5:20AM	Durmukha 5118
				Yama 6:58AM – 8:36AM	Shiva Until 9:11PM	Muruga: Purple <i>Sunset:</i> 6:26PM	Moon 8 - Phase 19
		554241363		Rahu 11:53AM – 1:31PM	Catuspada Until 3:44PM	Nataraja: Purple	Amavasya
					Amavasya* Until 4:02AM Thu	Moon – Red	Bhuloka Day
						Sravana-Avani	Devaloka Time: 9:AM to12:PM

●		Thursday, September 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam		Stamford, CT	
Simha Rasi: 16.18		Tihti 1		Purvaphalguni Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 13 Sutra 137	
Creative Work		Siddha Yoga		Gulika 8:37AM – 10:15AM	Purvaphalguni Until 1:54AM Fri	Ganesh: Orange <i>Sunrise:</i> 5:21AM	Durmukha 5118
				Yama 5:21AM – 6:59AM	Siddha Until 8:49PM	Muruga: Purple <i>Sunset:</i> 6:25PM	Moon 8 - Phase 19
		554241363		Rahu 1:31PM – 3:09PM	Kintughna Until 4:29PM	Nataraja: Purple	Prathama
					Prathama* Until 5:02AM Fri	Moon – Red	Bhuloka Day
				Annular Solar Eclipse		Bhadrapada-Avani	Devaloka Time: 9:AM to12:PM

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

1 Friday, September 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau			Stamford, CT Sun 14 Sutra 138 Durmukha 5118
Simha Rasi: 28.46	Tithi 2	Gulika 6:59AM – 8:37AM Yama 3:08PM – 4:45PM Rahu 10:15AM – 11:52AM	Uttaraphalguni Until 3:47AM Sat Sadhya Until 8:53PM Balava Until 5:45PM Dvitiya Until 6:33AM Sat	Ganesh: Orange <i>Sunrise:</i> 5:22AM Muruga: Purple <i>Sunset:</i> 6:23PM Nataraja: Purple Moon – Red	Moon 8 - Phase 20 3rd Phase
Creative Work Siddha Yoga Until 3:47AM Sat Then Routine Work - Marana Yoga		Bhuloka Day Devaloka Time: 9:AM to 12:PM			

2 Saturday, September 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Stamford, CT Sun 15 Sutra 139 Durmukha 5118
Kanya Rasi: 11.02	Tithi 2 – 3	Gulika 5:23AM – 7:00AM Yama 1:29PM – 3:07PM Rahu 8:37AM – 10:15AM	Hasta Until 6:25AM Sun Subha Until 9:18PM Taitila Until 7:29PM Dvitiya Until 6:33AM	Ganesh: Clear <i>Sunrise:</i> 5:23AM Muruga: Purple <i>Sunset:</i> 6:21PM Nataraja: Purple Moon – Green	Moon 8 - Phase 20 3rd Phase
Routine Work Marana Yoga Until 6:25AM Sun Then Creative Work - Siddha Yoga		Bhuloka Day Devaloka Time: 9:AM to 12:PM			

3 Sunday, September 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Stamford, CT Sun 16 Sutra 140 Durmukha 5118
Kanya Rasi: 23.07	Tithi 3 – 4	Gulika 3:06PM – 4:43PM Yama 11:52AM – 1:29PM Rahu 4:43PM – 6:20PM	Hasta Until 6:25AM Sukla Until 9:59PM Vanija Until 9:36PM Tritiya Until 8:29AM	Ganesh: Clear <i>Sunrise:</i> 5:24AM Muruga: Purple <i>Sunset:</i> 6:20PM Nataraja: Purple Moon – Green	Moon 8 - Phase 20 3rd Phase
Creative Work Amrita Yoga Until 6:25AM Then Creative Work - Siddha Yoga		Bhuloka Day Devaloka Time: 9:AM to 12:PM			

4 Monday, September 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Stamford, CT Sun 17 Sutra 141 Durmukha 5118
Tula Rasi: 5.04	Tithi 4 – 5	Gulika 1:28PM – 3:05PM Yama 10:15AM – 11:51AM Rahu 7:01AM – 8:38AM	Chitra Until 9:12AM Brahma Until 10:51PM Bava Until 11:58PM Chaturthi* Until 10:44AM	Ganesh: Clear <i>Sunrise:</i> 5:25AM Muruga: Purple <i>Sunset:</i> 6:18PM Nataraja: Purple Moon – Green	Moon 8 - Phase 20 3rd Phase
Family Home Evening Routine Work Prabalarishta Yoga Until 9:12AM Then Creative Work - Amrita Yoga		Bhuloka Day Devaloka Time: 9:AM to 12:PM			

5 Tuesday, September 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Stamford, CT Sun 18 Sutra 142 Durmukha 5118
Tula Rasi: 16.56	Tithi 5 – 6	Gulika 11:51AM – 1:27PM Yama 8:38AM – 10:15AM Rahu 3:04PM – 4:40PM	Svati Until 11:59AM Indra Until 11:48PM Kaulava Until 2:24AM Wed Panchami Until 1:10PM	Ganesh: White <i>Sunrise:</i> 5:26AM Muruga: Purple <i>Sunset:</i> 6:16PM Nataraja: Purple Moon – Green	Moon 8 - Phase 20 3rd Phase
Creative Work Siddha Yoga Until 11:59AM Then Routine Work - Marana Yoga		Bhuloka Day Devaloka Time: 9:AM to 12:PM			

6 Wednesday, September 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Stamford, CT Sun 19 Sutra 143 Durmukha 5118
Tula Rasi: 28.49	Tithi 6 – 7	Gulika 10:15AM – 11:51AM Yama 7:03AM – 8:39AM Rahu 11:51AM – 1:27PM	Vishakha Until 3:07PM Vaidhriti* Until 12:40AM Thu Gara Until 4:45AM Thu Shashthi* Until 3:35PM	Ganesh: Clear <i>Sunrise:</i> 5:27AM Muruga: Purple <i>Sunset:</i> 6:15PM Nataraja: Purple Moon – Orange	Moon 8 - Phase 20 3rd Phase
Creative Work Siddha Yoga		Bhuloka Day Devaloka Time: 6:AM to 9:AM			

Thursday, September 8, 2016 Retreat Star		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkamba* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Stamford, CT Sun 20 Sutra 144 Durmukha 5118
Vrischika Rasi: 10.43	Tithi 7 – 8	Gulika 8:39AM – 10:15AM Yama 5:28AM – 7:03AM Rahu 1:26PM – 3:02PM	Anuradha Until 5:53PM Vishkamba* Until 1:20AM Fri Visti Until 6:48AM Fri Saptami Until 5:48PM	Ganesh: Clear <i>Sunrise:</i> 5:28AM Muruga: Purple <i>Sunset:</i> 6:13PM Nataraja: Purple Moon – Orange	Moon 8 - Phase 20 3rd Phase
Creative Work Siddha Yoga Until 5:53PM Then Routine Work - Prabalarishta Yoga		Bhuloka Day Devaloka Time: 6:AM to 9:AM			

Friday, September 9, 2016 Retreat Star		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Visti*/Bava Karana Ashtamyam Titau			Stamford, CT Sun 21 Sutra 145 Durmukha 5118
Vrischika Rasi: 22.44	Tithi 8	Gulika 7:04AM – 8:39AM Yama 3:01PM – 4:36PM Rahu 10:15AM – 11:50AM	Jyeshtha* Until 8:08PM Priti Until 1:42AM Sat Visti Until 6:48AM Ashtami* Until 7:39PM	Ganesh: Clear <i>Sunrise:</i> 5:29AM Muruga: Purple <i>Sunset:</i> 6:11PM Nataraja: Purple Moon – Orange	Moon 8 - Phase 20 Ashtami
Routine Work Marana Yoga Until 8:08PM Then Creative Work - Amrita Yoga		Bhuloka Day Devaloka Time: 6:AM to 9:AM			

Saturday, September 10, 2016 Retreat Star		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Balava/Kaulava Karana Navamyam Titau			Stamford, CT Sun 22 Sutra 146 Durmukha 5118
Dhanus Rasi: 4.57	Tithi 9	Gulika 5:30AM – 7:05AM Yama 1:25PM – 3:00PM Rahu 8:40AM – 10:15AM	Mula* Until 10:11PM Ayushman Until 1:36AM Sun Balava Until 8:24AM Navami* Until 8:57PM	Ganesh: Purple <i>Sunrise:</i> 5:30AM Muruga: Purple <i>Sunset:</i> 6:10PM Nataraja: Purple Moon – Light Blue	Moon 8 - Phase 20 Navami
Creative Work Siddha Yoga		Bhuloka Day Devaloka Time: 6:AM to 9:AM			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1 Sunday, September 11, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Stamford, CT
Dhanus Rasi: 17.25 Tihti 10		Purvashadha* Nakshatra Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 147
Creative Work Siddha Yoga		Gulika 2:59PM – 4:33PM	Purvashadha* Until 11:24PM	Ganesha: Purple <i>Sunrise:</i> 5:31AM	Durmukha 5118	
Until 11:24PM		Yama 11:49AM – 1:24PM	Saubhagya Until 12:58AM Mon	Muruga: Purple <i>Sunset:</i> 6:08PM	Moon 8 - Phase 21	
Then Creative Work - Amrita Yoga		585241363 Rahu 4:33PM – 6:08PM	Taitila Until 9:23AM	Nataraja: Purple	4th Phase	
		Grandparent's Day	Dashami Until 9:35PM	Moon – Light Blue	Bhuloka Day	
				Bhadrapada-Avani		

2 Monday, September 12, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam				Stamford, CT
Makara Rasi: 0.12 Tihti 11		Uttarashadha Nakshatra Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 148
Family Home Evening		Gulika 1:23PM – 2:58PM	Uttarashadha Until 11:45PM	Ganesha: Purple <i>Sunrise:</i> 5:31AM	Durmukha 5118	
Routine Work Marana Yoga		Yama 10:15AM – 11:49AM	Sobhana Until 11:45PM	Muruga: Purple <i>Sunset:</i> 6:06PM	Moon 8 - Phase 21	
Until 11:45PM		585241363 Rahu 7:06AM – 8:40AM	Vanija Until 9:39AM	Nataraja: Purple	4th Phase	
Then Creative Work - Amrita Yoga			Ekadashi Until 9:29PM	Moon – Light Blue	Bhuloka Day	
				Bhadrapada-Avani		

3 Tuesday, September 13, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Stamford, CT
Makara Rasi: 13.22 Tihti 12		Shravana Nakshatra Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 149
Creative Work Siddha Yoga		Gulika 11:49AM – 1:23PM	Shravana Until 11:39PM	Ganesha: Clear <i>Sunrise:</i> 5:32AM	Durmukha 5118	
Until 11:45PM		Yama 8:41AM – 10:15AM	Athiganda* Until 9:55PM	Muruga: Purple <i>Sunset:</i> 6:05PM	Moon 8 - Phase 21	
Then Creative Work - Amrita Yoga		595241363 Rahu 2:57PM – 4:31PM	Bava Until 9:09AM	Nataraja: Purple	4th Phase	
			Dvadashi Until 8:36PM	Moon – Purple	Bhuloka Day	
				Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM	

4 Wednesday, September 14, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam				Stamford, CT
Makara Rasi: 26.58 Tihti 13		Dhanishtha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 150
Routine Work Prabalarishta Yoga		Gulika 10:14AM – 11:48AM	Dhanishtha Until 10:42PM	Ganesha: Clear <i>Sunrise:</i> 5:33AM	Durmukha 5118	
Until 10:42PM		Yama 7:07AM – 8:41AM	Sukarma Until 7:31PM	Muruga: Purple <i>Sunset:</i> 6:03PM	Moon 8 - Phase 21	
Then Creative Work - Siddha Yoga		595241363 Rahu 11:48AM – 1:22PM	Kaulava Until 7:55AM	Nataraja: Purple	4th Phase	
		Chidambaram Abhishekam	Trayodashi Until 7:01PM	Moon – Purple	Bhuloka Day	
			<i>Pradosha Vrata</i>	Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM	

5 Thursday, September 15, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Stamford, CT
Kumbha Rasi: 10.57 Tihti 14 – 15		Shatabhishak Nakshatra Dhriti/Shula* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Sun 27 Sutra 151
Creative Work Siddha Yoga		Gulika 8:41AM – 10:14AM	Shatabhishak Until 9:02PM	Ganesha: Clear <i>Sunrise:</i> 5:34AM	Durmukha 5118	
Until 10:42PM		Yama 5:34AM – 7:08AM	Dhriti Until 4:38PM	Muruga: Purple <i>Sunset:</i> 6:01PM	Moon 8 - Phase 21	
Then Creative Work - Siddha Yoga		595241363 Rahu 1:21PM – 2:54PM	Gara Until 6:00AM	Nataraja: Purple	4th Phase	
			Chaturdashi* Until 4:49PM	Moon – Purple	Bhuloka Day	
				Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM	

Friday, September 16, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam				Stamford, CT
Copper Retreat Star		Purvaprosarthapada* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 152
Kumbha Rasi: 25.19 Tihti 15 – 16		Gulika 7:08AM – 8:41AM	Purvaprosarthapada* Until 7:11PM	Ganesha: Purple <i>Sunrise:</i> 5:35AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 2:53PM – 4:26PM	Shula* Until 1:20PM	Muruga: Purple <i>Sunset:</i> 5:59PM	Moon 8 - Phase 21	
Until 4:53PM		516241363 Rahu 10:14AM – 11:47AM	Balava Until 12:41AM Sat	Nataraja: Purple	Purnima	
Then Routine Work - Prabalarishta Yoga		Penumbra Lunar Eclipse	Purnima* Until 2:08PM	Moon – Clear	Devaloka Day	
				Bhadrapada-Puratasi		

Saturday, September 17, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam				Stamford, CT
Silver Retreat Star		Uttaraprosarthapada/Revali Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Prathama/Dvilyayam Titau				Sutra 153
Meena Rasi: 9.57 Tihti 16 – 17		Gulika 5:36AM – 7:09AM	Uttaraprosarthapada Until 4:53PM	Ganesha: Purple <i>Sunrise:</i> 5:36AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 1:20PM – 2:52PM	Ganda* Until 9:45AM	Muruga: Purple <i>Sunset:</i> 5:58PM	Moon 8 - Phase 21	
Until 4:53PM		516241363 Rahu 8:42AM – 10:14AM	Taitila Until 9:33PM	Nataraja: Purple	Prathama	
Then Routine Work - Prabalarishta Yoga			Prathama* Until 11:07AM	Moon – Clear	Devaloka Day	
				Bhadrapada-Puratasi		

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 18, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam

Stamford, CT

Revati/Ashvini Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1 Sutra 154

Durmukha 5118

Meena Rasi: 24.46 Tihi 17 - 18

Gulika 2:51PM - 4:24PM

Revati Until 2:17PM

Ganesh: Purple Sunrise: 5:37AM

Yama 11:47AM - 1:19PM

Vriddhi Until 6:01AM

Muruga: Purple Sunset: 5:56PM

Moon 9 - Phase 22

516241363 Rahu 4:24PM - 5:56PM

Vanija Until 6:17PM

Nataraja: Purple

1st Phase

Creative Work Amrita Yoga

Dvitiya Until 7:54AM

Moon - Clear

Devaloka Day

Until 2:17PM

Bhadrapada-Puratasi

Then Creative Work - Siddha Yoga

1

Monday, September 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam

Stamford, CT

Ashvini/Bharani Nakshatra Vyaghata* Yoga Bava/Balava Karana Chaturthiyam Titau

Sun 2 Sutra 155

Durmukha 5118

Mesha Rasi: 9.38 Tihi 19

Gulika 1:18PM - 2:50PM

Ashvini Until 11:58AM

Ganesh: Purple Sunrise: 5:38AM

Yama 10:14AM - 11:46AM

Vyaghata* Until 10:29PM

Muruga: Purple Sunset: 5:54PM

Moon 9 - Phase 22

526341363 Rahu 7:10AM - 8:42AM

Bava Until 3:04PM

Nataraja: Purple

1st Phase

Creative Work Siddha Yoga

Chaturthi* Until 1:29AM Tue

Moon - White

Bhuloka Day

Bhadrapada-Puratasi

2

Tuesday, September 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam

Stamford, CT

Bharani/Krittika Nakshatra Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Sun 3 Sutra 156

Durmukha 5118

Mesha Rasi: 24.25 Tihi 20

Gulika 11:46AM - 1:18PM

Bharani Until 9:40AM

Ganesh: Purple Sunrise: 5:39AM

Yama 8:43AM - 10:14AM

Harshana Until 6:56PM

Muruga: Purple Sunset: 5:53PM

Moon 9 - Phase 22

526341363 Rahu 2:49PM - 4:21PM

Kaulava Until 12:00PM

Nataraja: Purple

1st Phase

Creative Work Siddha Yoga

Panchami Until 10:33PM

Moon - White

Bhuloka Day

Bhadrapada-Puratasi

3

Wednesday, September 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam

Stamford, CT

Krittika/Rohini Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Shashthiyam Titau

Sun 4 Sutra 157

Durmukha 5118

Vrishabha Rasi: 9 Tihi 21

Gulika 10:14AM - 11:46AM

Krittika Until 7:30AM

Ganesh: Purple Sunrise: 5:40AM

Yama 7:12AM - 8:43AM

Vajra* Until 3:38PM

Muruga: Purple Sunset: 5:51PM

Moon 9 - Phase 22

526341363 Rahu 11:46AM - 1:17PM

Gara Until 9:14AM

Nataraja: Purple

1st Phase

Creative Work Amrita Yoga

Shashthi* Until 7:58PM

Moon - White

Bhuloka Day

Bhadrapada-Puratasi

Until 7:30AM

Then Creative Work - Siddha Yoga

4

Thursday, September 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam

Stamford, CT

Rohini/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Visli*/Balava Karana Saptami/Ashtamyam Titau

Sun 5 Sutra 158

Durmukha 5118

Vrishabha Rasi: 23.19 Tihi 22 - 23

Gulika 8:43AM - 10:14AM

Rohini Until 6:00AM

Ganesh: Clear Sunrise: 5:41AM

Yama 5:41AM - 7:12AM

Siddhi Until 12:42PM

Muruga: Purple Sunset: 5:49PM

Moon 9 - Phase 22

536341363 Rahu 1:16PM - 2:47PM

Visti Until 6:51AM

Nataraja: Purple

1st Phase

Routine Work Marana Yoga

Saptami Until 5:49PM

Moon - Yellow

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

D

Friday, September 23, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam

Stamford, CT

Ardra Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 6 Sutra 159

Durmukha 5118

Mithuna Rasi: 7.2 Tihi 23 - 24

Gulika 7:13AM - 8:44AM

Ardra Until 4:02AM Sat

Ganesh: White Sunrise: 5:42AM

Yama 2:46PM - 4:17PM

Vyatipata* Until 10:10AM

Muruga: Purple Sunset: 5:47PM

Moon 9 - Phase 22

537341363 Rahu 10:14AM - 11:45AM

Taitila Until 3:35AM Sat

Nataraja: Purple

Ashtami

Creative Work Siddha Yoga

Ashtami* Until 4:11PM

Moon - Yellow

Devaloka Day

Bhadrapada-Puratasi

Saturday, September 24, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam

Stamford, CT

Punarvasu Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Sun 7 Sutra 160

Durmukha 5118

Mithuna Rasi: 21.01 Tihi 24 - 25

Gulika 5:43AM - 7:14AM

Punarvasu Until 4:05AM Sun

Ganesh: Yellow Sunrise: 5:43AM

Yama 1:15PM - 2:45PM

Varyan Until 8:02AM

Muruga: Purple Sunset: 5:46PM

Moon 9 - Phase 22

547341363 Rahu 8:44AM - 10:14AM

Vanija Until 2:46AM Sun

Nataraja: Purple

Navami

Creative Work Siddha Yoga

Navami* Until 3:05PM

Moon - Blue

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 9:AM to 12:PM

1		Sunday, September 25, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam		Stamford, CT	
Kataka Rasi: 4.23		Tithi 25 – 26		Pushya Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8		Sutra 161	
Creative Work		Siddha Yoga		Gulika	2:44PM – 4:14PM	Pushya Until 4:31AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:44AM	Durmukha 5118
		547341363		Yama	11:44AM – 1:14PM	Parigha* Until 6:22AM	Muruga: Purple	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 23
				Rahu	4:14PM – 5:44PM	Bava Until 2:30AM Mon	Nataraja: Purple		2nd Phase
						Dashami Until 2:33PM	Moon – Blue	Bhuloka Day	
							Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

2		Monday, September 26, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam		Stamford, CT	
Kataka Rasi: 17.28		Tithi 26 – 27		Ashlesha* Nakshatra Siddha Yoga Balava/Kaulava Karana Ekadashi/Trayodashyam Titau		Sun 9		Sutra 162	
Family Home Evening		Siddha Yoga		Gulika	1:14PM – 2:43PM	Ashlesha* Until 5:18AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:45AM	Durmukha 5118
Creative Work		Siddha Yoga		Yama	10:14AM – 11:44AM	Siddha Until 4:17AM Tue	Muruga: Purple	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 23
		547341363		Rahu	7:15AM – 8:45AM	Kaulava Until 2:45AM Tue	Nataraja: Purple		2nd Phase
						Ekadashi* Until 2:33PM	Moon – Blue	Bhuloka Day	
							Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

3		Tuesday, September 27, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam		Stamford, CT	
Simha Rasi: 0.16		Tithi 27 – 28		Magha* Nakshatra Sadhya Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10		Sutra 163	
Creative Work		Siddha Yoga		Gulika	11:44AM – 1:13PM	Magha* Until 6:52AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 5:47AM	Durmukha 5118
Until 6:52AM Wed		Siddha Yoga		Yama	8:45AM – 10:14AM	Sadhya Until 3:50AM Wed	Muruga: Purple	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 23
Then Creative Work - Amrita Yoga		Siddha Yoga		Rahu	2:42PM – 4:11PM	Gara Until 3:31AM Wed	Nataraja: Purple		2nd Phase
		547341363				Dvadashi* Until 3:03PM	Moon – Red	Bhuloka Day	
						<i>Pradosha Vrata (Fasting)</i>	Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

4		Wednesday, September 28, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam		Stamford, CT	
Simha Rasi: 12.52		Tithi 28 – 29		Magha*/Purvaphalguni Nakshatra Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11		Sutra 164	
Creative Work		Siddha Yoga		Gulika	10:14AM – 11:43AM	Magha* Until 6:52AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 5:48AM	Durmukha 5118
Until 6:52AM		Siddha Yoga		Yama	7:16AM – 8:45AM	Subha Until 3:45AM Thu	Muruga: Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 23
Then Creative Work - Amrita Yoga		Siddha Yoga		Rahu	11:43AM – 1:12PM	Visti Until 4:43AM Thu	Nataraja: Purple		2nd Phase
		547341363				Trayodashi* Until 4:02PM	Moon – Red	Bhuloka Day	
							Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

5		Thursday, September 29, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam		Stamford, CT	
Simha Rasi: 25.16		Tithi 29 – 30		Purvaphalguni Nakshatra Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12		Sutra 165	
Creative Work		Siddha Yoga		Gulika	8:46AM – 10:14AM	Purvaphalguni Until 8:43AM	Ganesha: Yellow	<i>Sunrise:</i> 5:49AM	Durmukha 5118
Until 6:52AM		Siddha Yoga		Yama	5:49AM – 7:17AM	Sukla Until 3:56AM Fri	Muruga: Purple	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 23
Then Creative Work - Amrita Yoga		Siddha Yoga		Rahu	1:12PM – 2:40PM	Catuspada Until 6:19AM Fri	Nataraja: Purple		2nd Phase
		547341363				Chaturdashi* Until 5:27PM	Moon – Red	Bhuloka Day	
							Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

●		Friday, September 30, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam		Stamford, CT	
Kanya Rasi: 7.29		Tithi 30		Uttaraphalguni/Hasta Nakshatra Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13		Sutra 166	
Creative Work		Siddha Yoga		Gulika	7:18AM – 8:46AM	Uttaraphalguni Until 10:47AM	Ganesha: Blue	<i>Sunrise:</i> 5:50AM	Durmukha 5118
Until 10:47AM		Siddha Yoga		Yama	2:39PM – 4:07PM	Brahma Until 4:23AM Sat	Muruga: Purple	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 23
Then Creative Work - Amrita Yoga		Siddha Yoga		Rahu	10:14AM – 11:43AM	Catuspada Until 6:19AM	Nataraja: Purple		Amavasya
		547341363				Amavasya* Until 7:14PM	Moon – Red	Bhuloka Day	
				Mahalaya Amavasai (Tamil Nadu)			Bhadrapada-Puratasi		

●		Saturday, October 1, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam		Stamford, CT	
Kanya Rasi: 19.35		Tithi 1		Hasta/Chitra Nakshatra Indra Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14		Sutra 167	
Routine Work		Marana Yoga		Gulika	5:51AM – 7:19AM	Hasta Until 1:29PM	Ganesha: Blue	<i>Sunrise:</i> 5:51AM	Durmukha 5118
		Siddha Yoga		Yama	1:10PM – 2:38PM	Indra Until 5:05AM Sun	Muruga: Purple	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 23
		547341363		Rahu	8:46AM – 10:14AM	Kintughna Until 8:16AM	Nataraja: Purple		Prathama
						Prathama* Until 9:20PM	Moon – Green	Bhuloka Day	
				Navaratri Begins			Ashvina-Puratasi		

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1		Sunday, October 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stamford, CT
Tula Rasi: 1.34	Tithi 2	Gulika	2:37PM – 4:05PM	Chitra Until 4:16PM	Ganesha: Blue	<i>Sunrise:</i> 5:52AM	Sun 15 Sutra 168	
		Yama	11:42AM – 1:10PM	Vaidhriti* Until 5:54AM Mon	Muruga: Purple	<i>Sunset:</i> 5:32PM	Durmukha 5118	
Creative Work	Siddha Yoga	668341363 Rahu	4:05PM – 5:32PM	Balava Until 10:29AM	Nataraja: Purple		Moon 9 - Phase 24	
				Dvitiya Until 11:39PM	Moon – Green		3rd Phase	
					Ashvina•Puratasi		Bhuloka Day	
2		Monday, October 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Tailila/Gara Karana Tritiyayam Titau				Stamford, CT
Tula Rasi: 13.28	Tithi 3	Gulika	1:09PM – 2:36PM	Svati Until 7:02PM	Ganesha: Blue	<i>Sunrise:</i> 5:53AM	Sun 16 Sutra 169	
Family Home Evening		Yama	10:14AM – 11:42AM	Vishkambha* Until 6:49AM Tue	Muruga: Purple	<i>Sunset:</i> 5:31PM	Durmukha 5118	
Creative Work	Amrita Yoga	668341363 Rahu	7:20AM – 8:47AM	Tailila Until 12:54PM	Nataraja: Purple		Moon 9 - Phase 24	
Until 7:02PM				Tritiya Until 2:07AM Tue	Moon – Green		3rd Phase	
Then Routine Work - Marana Yoga					Ashvina•Puratasi		Bhuloka Day	
3		Tuesday, October 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha* Priti Yoga Vanija/Visti* Karana Chaturthyam Titau				Stamford, CT
Tula Rasi: 25.19	Tithi 4	Gulika	11:41AM – 1:08PM	Vishakha Until 10:13PM	Ganesha: Blue	<i>Sunrise:</i> 5:54AM	Sun 17 Sutra 170	
		Yama	8:48AM – 10:14AM	Vishkambha* Until 6:49AM	Muruga: Purple	<i>Sunset:</i> 5:29PM	Durmukha 5118	
Routine Work	Marana Yoga	678341363 Rahu	2:35PM – 4:02PM	Vanija Until 3:24PM	Nataraja: Purple		Moon 9 - Phase 24	
Until 10:13PM				Chaturthi* Until 4:37AM Wed	Moon – Orange		3rd Phase	
Then Creative Work - Siddha Yoga					Ashvina•Puratasi		Bhuloka Day	
4		Wednesday, October 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau				Stamford, CT
Vrischika Rasi: 7.1	Tithi 5	Gulika	10:15AM – 11:41AM	Anuradha Until 1:09AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:55AM	Sun 18 Sutra 171	
		Yama	7:21AM – 8:48AM	Priti Until 7:45AM	Muruga: Purple	<i>Sunset:</i> 5:27PM	Durmukha 5118	
Creative Work	Siddha Yoga	678341363 Rahu	11:41AM – 1:08PM	Bava Until 5:52PM	Nataraja: Purple		Moon 9 - Phase 24	
Until 1:09AM Thu				Panchami Until 7:01AM Thu	Moon – Orange		3rd Phase	
Then Routine Work - Prabalarishta Yoga					Ashvina•Puratasi		Bhuloka Day	
5		Thursday, October 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Stamford, CT
Vrischika Rasi: 19.04	Tithi 5 – 6	Gulika	8:48AM – 10:15AM	Jyeshtha* Until 3:43AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:56AM	Sun 19 Sutra 172	
		Yama	5:56AM – 7:22AM	Ayushman Until 8:34AM	Muruga: Purple	<i>Sunset:</i> 5:26PM	Durmukha 5118	
Routine Work	Prabalarishta Yoga	679341363 Rahu	1:07PM – 2:33PM	Kaulava Until 8:10PM	Nataraja: Purple		Moon 9 - Phase 24	
Until 3:43AM Fri				Panchami Until 7:01AM	Moon – Orange		3rd Phase	
Then Creative Work - Amrita Yoga					Ashvina•Puratasi		Bhuloka Day	
							Devaloka Time: 9:AM to 12:PM	
6		Friday, October 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Stamford, CT
Dhanus Rasi: 1.03	Tithi 6 – 7	Gulika	7:23AM – 8:49AM	Mula* Until 6:14AM Sat	Ganesha: Blue	<i>Sunrise:</i> 5:57AM	Sun 20 Sutra 173	
		Yama	2:32PM – 3:58PM	Saubhagya Until 9:12AM	Muruga: Purple	<i>Sunset:</i> 5:24PM	Durmukha 5118	
Creative Work	Amrita Yoga	689341364 Rahu	10:15AM – 11:41AM	Gara Until 10:07PM	Nataraja: Clear		Moon 9 - Phase 24	
Until 6:14AM Sat				Shashthi* Until 9:10AM	Moon – Light Blue		3rd Phase	
Then Creative Work - Siddha Yoga					Ashvina•Puratasi		Sivaloka Day	
Retreat Star		Saturday, October 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Ahiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Stamford, CT
Dhanus Rasi: 13.12	Tithi 7 – 8	Gulika	5:58AM – 7:24AM	Mula* Until 6:14AM	Ganesha: Blue	<i>Sunrise:</i> 5:58AM	Sun 21 Sutra 174	
		Yama	1:06PM – 2:31PM	Sobhana Until 9:31AM	Muruga: Purple	<i>Sunset:</i> 5:23PM	Durmukha 5118	
Creative Work	Siddha Yoga	689341364 Rahu	8:49AM – 10:15AM	Visti Until 11:34PM	Nataraja: Clear		Moon 9 - Phase 24	
				Saptami Until 10:54AM	Moon – Light Blue		Ashtami	
		Durga Ashtami			Ashvina•Puratasi		Sivaloka Day	
Retreat Star		Sunday, October 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stamford, CT
Dhanus Rasi: 25.35	Tithi 8 – 9	Gulika	2:30PM – 3:56PM	Purvashadha* Until 8:03AM	Ganesha: Blue	<i>Sunrise:</i> 5:59AM	Sun 22 Sutra 175	
		Yama	11:40AM – 1:05PM	Athiganda* Until 9:22AM	Muruga: Purple	<i>Sunset:</i> 5:21PM	Durmukha 5118	
Creative Work	Siddha Yoga	689341364 Rahu	3:56PM – 5:21PM	Balava Until 12:21AM Mon	Nataraja: Clear		Moon 9 - Phase 24	
Until 8:03AM				Ashtami* Until 12:02PM	Moon – Light Blue		Navami	
Then Creative Work - Amrita Yoga		Saraswathi Puja (Tamil Nadu)			Ashvina•Puratasi		Sivaloka Day	

Monday, October 10, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Stamford, CT Sun 23 Sutra 176 Durmukha 5118
1	Makara Rasi: 8.17 Tithi 9 - 10 Family Home Evening Routine Work Marana Yoga Until 9:01AM Then Creative Work - Amrita Yoga	Gulika 1:05PM - 2:30PM Yama 10:15AM - 11:40AM Rahu 7:25AM - 8:50AM Vijaya Dasami	Uttarashadha Until 9:01AM Sukarma Until 8:40AM Taitila Until 12:21AM Tue Navami* Until 12:26PM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon - Light Blue Ashvina•Puratasi	<i>Sunrise:</i> 6:00AM <i>Sunset:</i> 5:19PM	Moon 9 - Phase 25 4th Phase Subha Sivaloka Day

Tuesday, October 11, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Stamford, CT Sun 24 Sutra 177 Durmukha 5118
2	Makara Rasi: 21.22 Tithi 10 - 11 Creative Work Siddha Yoga	Gulika 11:39AM - 1:04PM Yama 8:50AM - 10:15AM Rahu 2:29PM - 3:53PM	Shravana Until 9:30AM Dhriti Until 7:22AM Vanija Until 11:31PM Dashami Until 12:01PM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon - Purple Ashvina•Puratasi	<i>Sunrise:</i> 6:01AM <i>Sunset:</i> 5:18PM	Moon 9 - Phase 25 4th Phase Sivaloka Day

Wednesday, October 12, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Stamford, CT Sun 25 Sutra 178 Durmukha 5118
3	Kumbha Rasi: 4.55 Tithi 11 - 12 Routine Work Prabalarishta Yoga Until 9:02AM Then Creative Work - Siddha Yoga	Gulika 10:15AM - 11:39AM Yama 7:27AM - 8:51AM Rahu 11:39AM - 1:03PM Kadaitswami Mahasamadhi	Dhanishtha Until 9:02AM Ganda* Until 2:45AM Thu Bava Until 9:53PM Ekadashi Until 10:46AM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon - Purple Ashvina•Puratasi	<i>Sunrise:</i> 6:02AM <i>Sunset:</i> 5:16PM	Moon 9 - Phase 25 4th Phase Sivaloka Day

Thursday, October 13, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaprosithapada* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stamford, CT Sun 26 Sutra 179 Durmukha 5118
4	Kumbha Rasi: 18.55 Tithi 12 - 13 Creative Work Siddha Yoga	Gulika 8:51AM - 10:15AM Yama 6:03AM - 7:27AM Rahu 1:03PM - 2:27PM	Shatabhishak Until 7:40AM Vriddhi Until 11:36PM Kaulava Until 7:32PM Dvadashi Until 8:46AM <i>Pradosha Vrata</i>	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon - Purple Ashvina•Puratasi	<i>Sunrise:</i> 6:03AM <i>Sunset:</i> 5:15PM	Moon 9 - Phase 25 4th Phase Sivaloka Day

Friday, October 14, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosithapada Nakshatra Dhruva Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Stamford, CT Sun 27 Sutra 180 Durmukha 5118
5	Meena Rasi: 3.23 Tithi 13 - 14 Creative Work Siddha Yoga Until 3:30AM Sat Then Routine Work - Prabalarishta Yoga	Gulika 7:28AM - 8:52AM Yama 2:26PM - 3:49PM Rahu 10:15AM - 11:39AM Chidambaram Abhishekam	Uttaraprosithapada Until 3:30AM Sat Dhruva Until 7:57PM Vanija Until 2:56AM Sat Trayodashi Until 6:07AM	Ganesha: White Muruga: Clear Nataraja: Clear Moon - Clear Ashvina•Puratasi	<i>Sunrise:</i> 6:04AM <i>Sunset:</i> 5:13PM	Moon 9 - Phase 25 4th Phase Devaloka Day

Saturday, October 15, 2016 Copper Retreat Star		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Purnimayam Titau				Stamford, CT Sutra 181 Durmukha 5118
0	Meena Rasi: 18.13 Tithi 15 Routine Work Prabalarishta Yoga Until 12:37AM Sun Then Creative Work - Siddha Yoga	Gulika 6:06AM - 7:29AM Yama 1:02PM - 2:25PM Rahu 8:52AM - 10:15AM	Revati Until 12:37AM Sun Vyaghata* Until 3:59PM Visti Until 1:14PM Purnima* Until 11:25PM	Ganesha: White Muruga: Clear Nataraja: Clear Moon - Clear Ashvina•Puratasi	<i>Sunrise:</i> 6:06AM <i>Sunset:</i> 5:12PM	Moon 9 - Phase 25 Purnima Devaloka Day

Sunday, October 16, 2016 Silver Retreat Star		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau				Stamford, CT Sutra 182 Durmukha 5118
0	Mesha Rasi: 3.19 Tithi 16 Creative Work Siddha Yoga Until 9:48PM Then Routine Work - Prabalarishta Yoga	Gulika 2:24PM - 3:47PM Yama 11:38AM - 1:01PM Rahu 3:47PM - 5:10PM	Ashvini Until 9:48PM Harshana Until 11:49AM Balava Until 9:35AM Prathama* Until 7:42PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon - White Ashvina•Aipasi	<i>Sunrise:</i> 6:07AM <i>Sunset:</i> 5:10PM	Moon 9 - Phase 25 Prathama Sivaloka Day

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Monday, October 17, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stamford, CT

Sun 1 Sutra 183

Durmukha 5118

Mesha Rasi: 18.31 Tihi 17 - 18

Gulika 1:01PM - 2:23PM

Bharani Until 6:52PM

Ganesh: Clear Sunrise: 6:08AM

Family Home Evening

621451364

Yama 10:16AM - 11:38AM

Vajra* Until 7:33AM

Muruga: Clear Sunset: 5:09PM

Creative Work Siddha Yoga

Rahu 7:30AM - 8:53AM

Vanija Until 2:11AM Tue

Nataraja: Clear

Until 6:52PM

Dvitiya Until 3:59PM

Moon - White
Ashvina-Aipasi

Sivaloka Day

Then Routine Work - Marana Yoga

Tuesday, October 18, 2016

1

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT

Sun 2 Sutra 184

Durmukha 5118

Virshabha Rasi: 3.4 Tihi 18 - 19

Gulika 11:38AM - 1:00PM

Krittika Until 3:58PM

Ganesh: Clear Sunrise: 6:09AM

Creative Work Siddha Yoga

621451364

Yama 8:53AM - 10:16AM

Vyatipata* Until 11:24PM

Muruga: Clear Sunset: 5:07PM

Until 3:58PM

Bava Until 10:44PM

Nataraja: Clear

Then Creative Work - Amrita Yoga

Tritiya Until 12:24PM

Moon - White
Ashvina-Aipasi

Sivaloka Day

Wednesday, October 19, 2016

2

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT

Sun 3 Sutra 185

Durmukha 5118

Virshabha Rasi: 18.36 Tihi 19 - 20

Gulika 10:16AM - 11:38AM

Rohini Until 1:41PM

Ganesh: Purple Sunrise: 6:10AM

Creative Work Siddha Yoga

621451364

Yama 7:32AM - 8:54AM

Variyan Until 7:44PM

Muruga: Clear Sunset: 5:06PM

Until 3:58PM

Kaulava Until 7:41PM

Nataraja: Clear

Then Creative Work - Amrita Yoga

Chaturthi* Until 9:08AM

Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Thursday, October 20, 2016

3

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha*/Shiva Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Stamford, CT

Sun 4 Sutra 186

Durmukha 5118

Mithuna Rasi: 3.12 Tihi 20 - 21

Gulika 8:54AM - 10:16AM

Mrigashira Until 11:46AM

Ganesh: Purple Sunrise: 6:11AM

Routine Work Marana Yoga

621451364

Yama 6:11AM - 7:33AM

Parigha* Until 4:31PM

Muruga: Clear Sunset: 5:04PM

Until 3:58PM

Vanija Until 4:09AM Fri

Nataraja: Clear

Then Creative Work - Amrita Yoga

Panchami Until 6:21AM

Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Friday, October 21, 2016

4

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Stamford, CT

Sun 5 Sutra 187

Durmukha 5118

Mithuna Rasi: 17.23 Tihi 22

Gulika 7:34AM - 8:55AM

Ardra Until 10:19AM

Ganesh: Purple Sunrise: 6:12AM

Creative Work Siddha Yoga

621451364

Yama 2:20PM - 3:41PM

Shiva Until 1:51PM

Muruga: Clear Sunset: 5:03PM

Until 3:58PM

Visti Until 3:19PM

Nataraja: Clear

Then Creative Work - Amrita Yoga

Saptami Until 2:39AM Sat

Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Saturday, October 22, 2016

5

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT

Sun 6 Sutra 188

Durmukha 5118

Kataka Rasi: 1.08 Tihi 23

Gulika 6:13AM - 7:34AM

Punarvasu Until 9:53AM

Ganesh: Clear Sunrise: 6:13AM

Creative Work Siddha Yoga

621451364

Yama 12:58PM - 2:19PM

Siddha Until 11:44AM

Muruga: Clear Sunset: 5:01PM

Until 3:58PM

Balava Until 2:12PM

Nataraja: Clear

Then Creative Work - Amrita Yoga

Ashtami* Until 1:55AM Sun

Moon - Blue
Ashvina-Aipasi

Sivaloka Day

Sunday, October 23, 2016

6

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Stamford, CT

Sun 7 Sutra 189

Durmukha 5118

Kataka Rasi: 14.27 Tihi 24

Gulika 2:19PM - 3:39PM

Pushya Until 10:03AM

Ganesh: Clear Sunrise: 6:15AM

Creative Work Siddha Yoga

621451364

Yama 11:37AM - 12:58PM

Sadhya Until 10:14AM

Muruga: Clear Sunset: 5:00PM

Until 3:58PM

Taitila Until 1:51PM

Nataraja: Clear

Then Creative Work - Amrita Yoga

Navami* Until 1:56AM Mon

Moon - Blue
Ashvina-Aipasi

Sivaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Monday, October 24, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam		Stamford, CT	
Kataka Rasi: 27.22		Ashlesha* Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8		Sutra 190		Durumukha 5118	
Family Home Evening		Gulika	12:57PM – 2:18PM	Ashlesha* Until 10:47AM	Ganesha: Purple	<i>Sunrise:</i> 6:16AM			
Creative Work Siddha Yoga		Yama	10:17AM – 11:37AM	Subha Until 9:20AM	Muruga: Clear	<i>Sunset:</i> 4:58PM	Moon 10 - Phase 27		
Until 10:47AM		Rahu	7:36AM – 8:56AM	Vanija Until 2:14PM	Nataraja: Clear			2nd Phase	
Then Routine Work - Marana Yoga						Moon – Blue		Subha Sivaloka Day	
						Ashvina-Aipasi			

2		Tuesday, October 25, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam		Stamford, CT	
Simha Rasi: 9.58		Magha* Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 191		Durumukha 5118	
Creative Work Siddha Yoga		Gulika	11:37AM – 12:57PM	Magha* Until 12:28PM	Ganesha: Clear	<i>Sunrise:</i> 6:17AM			
		Yama	8:57AM – 10:17AM	Sukla Until 8:55AM	Muruga: Clear	<i>Sunset:</i> 4:57PM	Moon 10 - Phase 27		
		Rahu	2:17PM – 3:37PM	Bava Until 3:17PM	Nataraja: Clear			2nd Phase	
						Moon – Red		Sivaloka Day	
						Ashvina-Aipasi			

3		Wednesday, October 26, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam		Stamford, CT	
Simha Rasi: 22.19		Purvaphalguni Nakshatra Brahma/Indra Yoga Kaulava/Tailita Karana Dvadashyam Titau		Sun 10		Sutra 192		Durumukha 5118	
Creative Work Amrita Yoga		Gulika	10:17AM – 11:37AM	Purvaphalguni Until 2:32PM	Ganesha: Clear	<i>Sunrise:</i> 6:18AM			
		Yama	7:38AM – 8:57AM	Brahma Until 8:57AM	Muruga: Clear	<i>Sunset:</i> 4:56PM	Moon 10 - Phase 27		
		Rahu	11:37AM – 12:57PM	Kaulava Until 4:51PM	Nataraja: Clear			2nd Phase	
						Moon – Red		Sivaloka Day	
						Ashvina-Aipasi			

4		Thursday, October 27, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam		Stamford, CT	
Kanya Rasi: 4.28		Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Gara Karana Trayodashyam Titau		Sun 11		Sutra 193		Durumukha 5118	
Amrita Yoga		Gulika	8:58AM – 10:17AM	Uttaraphalguni Until 4:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM			
Until 4:49PM		Yama	6:19AM – 7:39AM	Indra Until 9:20AM	Muruga: Clear	<i>Sunset:</i> 4:54PM	Moon 10 - Phase 27		
Then Routine Work - Marana Yoga		Rahu	12:56PM – 2:16PM	Gara Until 6:49PM	Nataraja: Clear			2nd Phase	
						Moon – Red		Sivaloka Day	
						Ashvina-Aipasi			
						<i>Pradosha Vrata (Fasting)</i>			

5		Friday, October 28, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam		Stamford, CT	
Kanya Rasi: 16.3		Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 194		Durumukha 5118	
Creative Work Amrita Yoga		Gulika	7:39AM – 8:59AM	Hasta Until 7:42PM	Ganesha: Orange	<i>Sunrise:</i> 6:20AM			
Until 7:42PM		Yama	2:15PM – 3:34PM	Vaidhriti* Until 9:55AM	Muruga: Clear	<i>Sunset:</i> 4:53PM	Moon 10 - Phase 27		
Then Creative Work - Siddha Yoga		Rahu	10:18AM – 11:37AM	Visti Until 9:04PM	Nataraja: Clear			2nd Phase	
		Deepavali Hindu Solidarity Day				Moon – Green		Sivaloka Day	
						Ashvina-Aipasi			

●		Saturday, October 29, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam		Stamford, CT	
Retreat Star		Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 195		Durumukha 5118	
Kanya Rasi: 28.26		Gulika	6:22AM – 7:40AM	Chitra Until 10:34PM	Ganesha: Orange	<i>Sunrise:</i> 6:22AM			
Routine Work Marana Yoga		Yama	12:55PM – 2:14PM	Vishkambha* Until 10:40AM	Muruga: Clear	<i>Sunset:</i> 4:52PM	Moon 10 - Phase 27		
Until 10:34PM		Rahu	8:59AM – 10:18AM	Catuspada Until 11:28PM	Nataraja: Clear			Amavasya	
Then Creative Work - Siddha Yoga		Subramuniyaswami Mahasamadhi				Moon – Green		Sivaloka Day	
						Ashvina-Aipasi			

●		Sunday, October 30, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam		Stamford, CT	
Retreat Star		Svati Nakshatra Priti/Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 196		Durumukha 5118	
Tula Rasi: 10.2		Gulika	2:14PM – 3:32PM	Svati Until 1:21AM Mon	Ganesha: Orange	<i>Sunrise:</i> 6:23AM			
Creative Work Siddha Yoga		Yama	11:37AM – 12:55PM	Priti Until 11:31AM	Muruga: Clear	<i>Sunset:</i> 4:51PM	Moon 10 - Phase 27		
Until 1:21AM Mon		Rahu	3:32PM – 4:51PM	Kintughna Until 1:58AM Mon	Nataraja: Clear			Prathama	
Then Routine Work - Marana Yoga		Skanda Shasthi Begins				Moon – Green		Sivaloka Day	
						Karttika-Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Monday, October 31, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Stamford, CT Sun 15 Sutra 197 Durmukha 5118
Tula Rasi: 22.12	Titthi 1 - 2	Gulika	12:55PM - 2:13PM	Vishakha Until 4:29AM Tue	Ganesh: Clear	<i>Sunrise:</i> 6:24AM	
Family Home Evening	672451364	Rahu	7:42AM - 9:00AM	Ayushman Until 12:22PM	Muruga: Clear	<i>Sunset:</i> 4:49PM	
Routine Work	Marana Yoga			Balava Until 4:28AM Tue	Nataraja: Clear	Moon 10 - Phase 28	
Until 4:29AM Tue				Prathama* Until 3:12PM	Moon - Orange	3rd Phase	
Then Creative Work - Siddha Yoga					Karttika-Aipasi	Sivaloka Day	

2		Tuesday, November 1, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Stamford, CT Sun 16 Sutra 198 Durmukha 5118
Vrischika Rasi: 4.04	Titthi 2 - 3	Gulika	11:37AM - 12:54PM	Anuradha Until 7:25AM Wed	Ganesh: Clear	<i>Sunrise:</i> 6:25AM	
	672451364	Rahu	2:12PM - 3:30PM	Saubhagya Until 1:14PM	Muruga: Clear	<i>Sunset:</i> 4:48PM	
Creative Work	Siddha Yoga			Taitila Until 6:56AM Wed	Nataraja: Clear	Moon 10 - Phase 28	
				Dvitiya Until 5:41PM	Moon - Orange	3rd Phase	
					Karttika-Aipasi	Sivaloka Day	

3		Wednesday, November 2, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau	Stamford, CT Sun 17 Sutra 199 Durmukha 5118
Vrischika Rasi: 15.57	Titthi 3	Gulika	10:19AM - 11:37AM	Anuradha Until 7:25AM	Ganesh: Clear	<i>Sunrise:</i> 6:26AM	
	672451364	Rahu	11:37AM - 12:54PM	Sobhana Until 2:03PM	Muruga: Clear	<i>Sunset:</i> 4:47PM	
Creative Work	Siddha Yoga			Taitila Until 6:56AM	Nataraja: Clear	Moon 10 - Phase 28	
				Tritiya Until 8:06PM	Moon - Orange	3rd Phase	
					Karttika-Aipasi	Sivaloka Day	

4		Thursday, November 3, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthiyam Titau	Stamford, CT Sun 18 Sutra 200 Durmukha 5118
Vrischika Rasi: 27.53	Titthi 4	Gulika	9:02AM - 10:19AM	Jyeshtha* Until 10:03AM	Ganesh: Clear	<i>Sunrise:</i> 6:27AM	
	672451364	Rahu	12:54PM - 2:11PM	Athiganda* Until 2:44PM	Muruga: Clear	<i>Sunset:</i> 4:46PM	
Routine Work	Prabalarishta Yoga			Vanija Until 9:16AM	Nataraja: Clear	Moon 10 - Phase 28	
Until 10:03AM				Chaturthi* Until 10:20PM	Moon - Orange	3rd Phase	
Then Creative Work - Siddha Yoga					Karttika-Aipasi	Sivaloka Day	

5		Friday, November 4, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau	Stamford, CT Sun 19 Sutra 201 Durmukha 5118
Dhanus Rasi: 9.54	Titthi 5	Gulika	7:46AM - 9:03AM	Mula* Until 12:48PM	Ganesh: Purple	<i>Sunrise:</i> 6:29AM	
	682451364	Rahu	10:20AM - 11:37AM	Sukarma Until 3:15PM	Muruga: Clear	<i>Sunset:</i> 4:45PM	
Creative Work	Amrita Yoga			Bava Until 11:22AM	Nataraja: Clear	Moon 10 - Phase 28	
Until 12:48PM				Panchami Until 12:17AM Sat	Moon - Light Blue	3rd Phase	
Then Routine Work - Prabalarishta Yoga					Karttika-Aipasi	Subha Sivaloka Day	

6		Saturday, November 5, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau	Stamford, CT Sun 20 Sutra 202 Durmukha 5118
Dhanus Rasi: 22.02	Titthi 6	Gulika	6:30AM - 7:47AM	Purvashadha* Until 3:02PM	Ganesh: Purple	<i>Sunrise:</i> 6:30AM	
	682451364	Rahu	9:03AM - 10:20AM	Dhriti Until 3:29PM	Muruga: Clear	<i>Sunset:</i> 4:43PM	
Creative Work	Siddha Yoga			Kaulava Until 1:07PM	Nataraja: Clear	Moon 10 - Phase 28	
Until 3:02PM				Shashthi* Until 1:48AM Sun	Moon - Light Blue	3rd Phase	
Then Routine Work - Marana Yoga		Skanda Shasthi			Karttika-Aipasi	Subha Sivaloka Day	

Retreat Star		Sunday, November 6, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau	Stamford, CT Sun 21 Sutra 203 Durmukha 5118
Makara Rasi: 4.23	Titthi 7	Gulika	2:10PM - 3:26PM	Uttarashadha Until 4:36PM	Ganesh: Clear	<i>Sunrise:</i> 6:31AM	
	782451364	Rahu	3:26PM - 4:42PM	Shula* Until 3:17PM	Muruga: Clear	<i>Sunset:</i> 4:42PM	
Creative Work	Amrita Yoga			Gara Until 2:22PM	Nataraja: Clear	Moon 10 - Phase 28	
				Saptami Until 2:43AM Mon	Moon - Light Blue	3rd Phase	
					Karttika-Aipasi	Sivaloka Day	

Retreat Star		Monday, November 7, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Ashtamyam Titau	Stamford, CT Sun 22 Sutra 204 Durmukha 5118
Makara Rasi: 16.59	Titthi 8	Gulika	12:53PM - 2:09PM	Shravana Until 5:50PM	Ganesh: Clear	<i>Sunrise:</i> 6:32AM	
Family Home Evening	793451364	Rahu	7:48AM - 9:04AM	Ganda* Until 2:35PM	Muruga: Clear	<i>Sunset:</i> 4:41PM	
Creative Work	Amrita Yoga			Visti Until 2:56PM	Nataraja: Clear	Moon 10 - Phase 28	
Until 5:50PM				Ashtami* Until 2:55AM Tue	Moon - Purple	Ashtami	
Then Creative Work - Siddha Yoga					Karttika-Aipasi	Sivaloka Day	

Retreat Star		Tuesday, November 8, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Navamyam Titau	Stamford, CT Sun 23 Sutra 205 Durmukha 5118
Makara Rasi: 29.56	Titthi 9	Gulika	11:37AM - 12:53PM	Dhanishtha Until 6:08PM	Ganesh: Purple	<i>Sunrise:</i> 6:33AM	
	793551364	Rahu	2:09PM - 3:24PM	Vridhi Until 1:18PM	Muruga: Clear	<i>Sunset:</i> 4:40PM	
Creative Work	Siddha Yoga			Balava Until 2:44PM	Nataraja: Clear	Moon 10 - Phase 28	
Until 6:08PM				Navami* Until 2:18AM Wed	Moon - Purple	Navami	
Then Routine Work - Marana Yoga					Karttika-Aipasi	Subha Sivaloka Day	


According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1	Wednesday, November 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaprossthapada* Nakshatra Dhruva/Vyaghata* Yoga Tailila/Gara Karana Dashamyam Titau				Stamford, CT Sun 24
	Kumbha Rasi: 13.19	Tithi 10	Gulika 10:21AM – 11:37AM	Shatabhishak Until 5:30PM	Ganesha: Purple	<i>Sunrise:</i> 6:35AM	Sutra 206
			Yama 7:50AM – 9:06AM	Dhruva Until 11:21AM	Muruga: Clear	<i>Sunset:</i> 4:39PM	Durmukha 5118
			793551364 Rahu 11:37AM – 12:53PM	Tailila Until 1:42PM	Nataraja: Clear		Moon 10 - Phase 29
Creative Work Siddha Yoga			Dashami Until 12:52AM Thu	Moon – Purple		4th Phase	
Until 5:30PM				Karttika•Aipasi			
Then Creative Work - Amrita Yoga						Subha Sivaloka Day	

2	Thursday, November 10, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Ekadashyam Titau				Stamford, CT Sun 25
	Kumbha Rasi: 27.11	Tithi 11	Gulika 9:06AM – 10:22AM	Purvaprossthapada* Until 4:23PM	Ganesha: Blue	<i>Sunrise:</i> 6:36AM	Sutra 207
			Yama 6:36AM – 7:51AM	Vyaghata* Until 8:46AM	Muruga: Clear	<i>Sunset:</i> 4:38PM	Durmukha 5118
			713551364 Rahu 12:52PM – 2:08PM	Vanija Until 11:53AM	Nataraja: Clear		Moon 10 - Phase 29
Creative Work Siddha Yoga			Ekadashi Until 10:41PM	Moon – Clear		4th Phase	
				Karttika•Aipasi		Subha Sivaloka Day	

3	Friday, November 11, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Vajra* Yoga Bava/Balava Karana Dvadashyam Titau				Stamford, CT Sun 26
	Meena Rasi: 11.31	Tithi 12	Gulika 7:52AM – 9:07AM	Uttaraprossthapada Until 2:26PM	Ganesha: Blue	<i>Sunrise:</i> 6:37AM	Sutra 208
			Yama 2:07PM – 3:22PM	Vajra* Until 1:56AM Sat	Muruga: Clear	<i>Sunset:</i> 4:37PM	Durmukha 5118
			713551364 Rahu 10:22AM – 11:37AM	Bava Until 9:21AM	Nataraja: Clear		Moon 10 - Phase 29
Creative Work Siddha Yoga			Dvadashi Until 7:50PM	Moon – Clear		4th Phase	
				Karttika•Aipasi		Subha Sivaloka Day	

4	Saturday, November 12, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Stamford, CT Sun 27
	Meena Rasi: 26.17	Tithi 13 – 14	Gulika 6:38AM – 7:53AM	Revati Until 11:48AM	Ganesha: Blue	<i>Sunrise:</i> 6:38AM	Sutra 209
			Yama 12:52PM – 2:07PM	Siddhi Until 9:53PM	Muruga: Clear	<i>Sunset:</i> 4:36PM	Durmukha 5118
			713551364 Rahu 9:08AM – 10:23AM	Kaulava Until 6:14AM	Nataraja: Clear		Moon 10 - Phase 29
Routine Work Prabalarishta Yoga			Trayodashi Until 4:29PM	Moon – Clear		4th Phase	
Until 11:48AM				Karttika•Aipasi		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>				

	Sunday, November 13, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Stamford, CT Sun 28
	Copper Retreat Star		Gulika 2:07PM – 3:21PM	Ashvini Until 9:03AM	Ganesha: Yellow	<i>Sunrise:</i> 6:39AM	Sutra 210
	Mesha Rasi: 11.23	Tithi 14 – 15	Yama 11:37AM – 12:52PM	Vyatipata* Until 5:36PM	Muruga: Clear	<i>Sunset:</i> 4:36PM	Durmukha 5118
			723551364 Rahu 3:21PM – 4:36PM	Visti Until 10:52PM	Nataraja: Clear		Moon 10 - Phase 29
Creative Work Siddha Yoga			Chaturdashi* Until 12:47PM	Moon – White		Purnima	
Until 9:03AM				Karttika•Aipasi		Sivaloka Day	
Then Routine Work - Prabalarishta Yoga							

5	Monday, November 14, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stamford, CT Sun 29
	Silver Retreat Star		Gulika 12:52PM – 2:06PM	Krittika Until 2:42AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:41AM	Sutra 211
	Mesha Rasi: 26.41	Tithi 15 – 16	Yama 10:23AM – 11:38AM	Variyan Until 1:10PM	Muruga: Clear	<i>Sunset:</i> 4:35PM	Durmukha 5118
			723551364 Rahu 7:55AM – 9:09AM	Balava Until 6:58PM	Nataraja: Clear		Moon 10 - Phase 29
Family Home Evening			Purnima* Until 8:54AM	Moon – White		Prathama	
Routine Work Marana Yoga				Karttika•Aipasi		Sivaloka Day	
Until 2:42AM Tue							
Then Creative Work - Amrita Yoga							

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Tuesday, November 15, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Stamford, CT

Sutra 212

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 12 Tiithi 17

733551364

Gulika 11:38AM – 12:52PM
Yama 9:10AM – 10:24AM
Rahu 2:06PM – 3:20PM

Rohini Until 11:53PM
Parigha* Until 8:47AM
Taitila Until 3:10PM
Dvitiya Until 1:20AM Wed

Ganesha: White *Sunrise:* 6:42AM
Muruga: Clear *Sunset:* 4:34PM
Nataraja: Clear
Moon – Yellow

Karttika-Karttikai

Subha Sivaloka Day

Creative Work Amrita Yoga
Until 11:53PM

Then Creative Work - Siddha Yoga

1

Wednesday, November 16, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Vanija/Visti* Karana Tritiyayam Titau

Stamford, CT

Sun 1 Sutra 213

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 27.1 Tiithi 18

733551365

Gulika 10:24AM – 11:38AM
Yama 7:57AM – 9:10AM
Rahu 11:38AM – 12:52PM

Mrigashira Until 9:16PM
Siddha Until 12:42AM Thu
Vanija Until 11:38AM
Tritiya Until 10:00PM

Ganesha: White *Sunrise:* 6:43AM
Muruga: Clear *Sunset:* 4:33PM
Nataraja: White
Moon – Yellow

Karttika-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

2

Thursday, November 17, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra Nakshatra Sadhya Yoga Bava/Balava Karana Chaturthyam Titau

Stamford, CT

Sun 2 Sutra 214

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 12.01 Tiithi 19

733551365

Gulika 9:11AM – 10:25AM
Yama 6:44AM – 7:58AM
Rahu 12:52PM – 2:05PM

Ardra Until 7:03PM
Sadhya Until 9:16PM
Bava Until 8:32AM
Chaturthi* Until 7:12PM

Ganesha: White *Sunrise:* 6:44AM
Muruga: Clear *Sunset:* 4:32PM
Nataraja: White
Moon – Yellow

Karttika-Karttikai

Sivaloka Day

Routine Work Marana Yoga
Until 7:03PM

Then Creative Work - Amrita Yoga

3

Friday, November 18, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Stamford, CT

Sun 3 Sutra 215

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 26.25 Tiithi 20 – 21

743551365

Gulika 7:59AM – 9:12AM
Yama 2:05PM – 3:18PM
Rahu 10:25AM – 11:38AM

Punarvasu Until 5:47PM
Subha Until 6:25PM
Kaulava Until 6:04AM
Panchami Until 5:05PM

Ganesha: Clear *Sunrise:* 6:45AM
Muruga: Clear *Sunset:* 4:32PM
Nataraja: White
Moon – Blue

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 5:47PM

Then Routine Work - Marana Yoga

4

Saturday, November 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Stamford, CT

Sun 4 Sutra 216

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 10.2 Tiithi 21 – 22

743551365

Gulika 6:46AM – 7:59AM
Yama 12:52PM – 2:05PM
Rahu 9:13AM – 10:26AM

Pushya Until 5:11PM
Sukla Until 4:11PM
Visti Until 3:28AM Sun
Shashthi* Until 3:47PM

Ganesha: Clear *Sunrise:* 6:46AM
Muruga: Clear *Sunset:* 4:31PM
Nataraja: White
Moon – Blue

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 5:11PM

Then Routine Work - Marana Yoga

5

Sunday, November 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stamford, CT

Sun 5 Sutra 217

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 23.46 Tiithi 22 – 23

743551365

Gulika 2:05PM – 3:17PM
Yama 11:39AM – 12:52PM
Rahu 3:17PM – 4:30PM

Ashlesha* Until 5:17PM
Brahma Until 2:40PM
Balava Until 3:30AM Mon
Saptami Until 3:21PM

Ganesha: Clear *Sunrise:* 6:48AM
Muruga: Clear *Sunset:* 4:30PM
Nataraja: White
Moon – Blue

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 5:17PM

Then Routine Work - Marana Yoga

D

Monday, November 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stamford, CT

Sun 6 Sutra 218

Durmukha 5118

Moon 11 - Phase 30

Ashtami

Simha Rasi: 6.43 Tiithi 23 – 24

754551365

Gulika 12:52PM – 2:04PM
Yama 10:27AM – 11:39AM
Rahu 8:01AM – 9:14AM

Magha* Until 6:33PM
Indra Until 1:50PM
Taitila Until 4:22AM Tue
Ashtami* Until 3:49PM

Ganesha: Clear *Sunrise:* 6:49AM
Muruga: Clear *Sunset:* 4:30PM
Nataraja: White
Moon – Red

Karttika-Karttikai

Devaloka Day

Routine Work Marana Yoga

Until 6:33PM

Then Creative Work - Siddha Yoga

Tuesday, November 22, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Stamford, CT

Sun 7 Sutra 219

Durmukha 5118

Moon 11 - Phase 30

Navami

Simha Rasi: 19.16 Tiithi 24 – 25

754551365

Gulika 11:39AM – 12:52PM
Yama 9:15AM – 10:27AM
Rahu 2:04PM – 3:17PM

Purvaphalguni Until 8:24PM
Vaidhriti* Until 1:35PM
Vanija Until 5:57AM Wed
Navami* Until 5:04PM

Ganesha: Clear *Sunrise:* 6:50AM
Muruga: Clear *Sunset:* 4:29PM
Nataraja: White
Moon – Red

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 8:24PM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

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1		Wednesday, November 23, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam		Stamford, CT	
Kanya Rasi: 1.32		Tihti 25		Uttaraphalguni Nakshatra Vishkambha* Priti Yoga Visti* Karana Dashamyam Titau		Sun 8		Sutra 220	
		754551365		Gulika 10:28AM – 11:40AM	Uttaraphalguni Until 10:39PM	Ganesha: Clear	<i>Sunrise:</i> 6:51AM	Durmukha 5118	
				Yama 8:03AM – 9:15AM	Vishkambha* Until 1:51PM	Muruga: Clear	<i>Sunset:</i> 4:29PM	Moon 11 - Phase 31	
Creative Work		Amrita Yoga		Rahu 11:40AM – 12:52PM	Visti Until 6:56PM	Nataraja: White		2nd Phase	
Until 10:39PM					Dashami Until 6:56PM	Moon – Red		Devaloka Day	
Then Routine Work - Marana Yoga						Karttika-Karttikai			

2		Thursday, November 24, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam		Stamford, CT	
Kanya Rasi: 13.35		Tihti 26		Hasta Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 221	
		754551365		Gulika 9:16AM – 10:28AM	Hasta Until 1:36AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:52AM	Durmukha 5118	
				Yama 6:52AM – 8:04AM	Priti Until 2:28PM	Muruga: Clear	<i>Sunset:</i> 4:28PM	Moon 11 - Phase 31	
Routine Work		Marana Yoga		Rahu 12:52PM – 2:04PM	Bava Until 8:04AM	Nataraja: White		2nd Phase	
Until 1:36AM Fri					Ekadashi* Until 9:14PM	Moon – Green		Bhuloka Day	
Then Creative Work - Siddha Yoga						Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	

3		Friday, November 25, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam		Stamford, CT	
Kanya Rasi: 25.3		Tihti 27		Chitra Nakshatra Ayushman/Saubhagya Yoga Kaulava/Tailila Karana Dvadashyam Titau		Sun 10		Sutra 222	
		754551365		Gulika 8:05AM – 9:17AM	Chitra Until 4:35AM Sat	Ganesha: Purple	<i>Sunrise:</i> 6:53AM	Durmukha 5118	
				Yama 2:04PM – 3:16PM	Ayushman Until 3:15PM	Muruga: Clear	<i>Sunset:</i> 4:28PM	Moon 11 - Phase 31	
Creative Work		Siddha Yoga		Rahu 10:29AM – 11:40AM	Kaulava Until 10:29AM	Nataraja: White		2nd Phase	
Until 7:25AM					Dvadashi* Until 11:45PM	Moon – Green		Bhuloka Day	
Then Routine Work - Marana Yoga						Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	

4		Saturday, November 26, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam		Stamford, CT	
Tula Rasi: 7.21		Tihti 28		Svati Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Sutra 223	
		754551365		Gulika 6:54AM – 8:06AM	Svati Until 7:25AM Sun	Ganesha: Purple	<i>Sunrise:</i> 6:54AM	Durmukha 5118	
				Yama 12:52PM – 2:04PM	Saubhagya Until 4:08PM	Muruga: Clear	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 31	
Creative Work		Siddha Yoga		Rahu 9:18AM – 10:29AM	Gara Until 1:03PM	Nataraja: White		2nd Phase	
Until 7:25AM Sun					Trayodashi* Until 2:20AM Sun	Moon – Green		Bhuloka Day	
Then Routine Work - Marana Yoga					<i>Pradosha Vrata (Fasting)</i>	Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	

5		Sunday, November 27, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam		Stamford, CT	
Tula Rasi: 19.12		Tihti 29		Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12		Sutra 224	
		754551365		Gulika 2:04PM – 3:15PM	Svati Until 7:25AM	Ganesha: Purple	<i>Sunrise:</i> 6:55AM	Durmukha 5118	
				Yama 11:41AM – 12:52PM	Sobhana Until 5:01PM	Muruga: Clear	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 31	
Creative Work		Siddha Yoga		Rahu 3:15PM – 4:27PM	Visti Until 3:38PM	Nataraja: White		2nd Phase	
Until 7:25AM					Chaturdashi* Until 4:52AM Mon	Moon – Green		Bhuloka Day	
Then Routine Work - Marana Yoga						Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	

●		Monday, November 28, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam		Stamford, CT	
Retreat Star				Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Catuspada* Karana Amavasyayam Titau		Sun 13		Sutra 225	
Vriscika Rasi: 1.04		Tihti 30		Gulika 12:53PM – 2:04PM		Vishakha Until 10:33AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:56AM	Durmukha 5118
Family Home Evening		774551365		Yama 10:30AM – 11:41AM	Athiganda* Until 5:49PM	Muruga: Clear	<i>Sunset:</i> 4:26PM	Moon 11 - Phase 31	
Routine Work		Marana Yoga		Rahu 8:08AM – 9:19AM	Catuspada Until 6:07PM	Nataraja: White		Amavasya	
Until 10:33AM					Amavasya* Until 7:17AM Tue	Moon – Orange		Bhuloka Day	
Then Creative Work - Siddha Yoga						Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM	

●		Tuesday, November 29, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam		Stamford, CT	
Retreat Star				Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 226	
Vriscika Rasi: 12.59		Tihti 30 – 1		Gulika 11:42AM – 12:53PM		Anuradha Until 1:22PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:58AM	Durmukha 5118
		774551365		Yama 9:20AM – 10:31AM	Sukarma Until 6:31PM	Muruga: Clear	<i>Sunset:</i> 4:26PM	Moon 11 - Phase 31	
Creative Work		Siddha Yoga		Rahu 2:04PM – 3:15PM	Kintughna Until 8:27PM	Nataraja: White		Prathama	
Until 1:22PM					Amavasya* Until 7:17AM	Moon – Orange		Bhuloka Day	
Then Routine Work - Marana Yoga						Margasira-Karttikai		Devaloka Time: 12:PM to 3:PM	

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1		Wednesday, November 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam		Stamford, CT	
Vriscika Rasi: 24.58		Titthi 1 – 2		Jyeshtha* Mula* Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15 Sutra 227	
Creative Work Siddha Yoga		774551365		Gulika 10:31AM – 11:42AM	Jyeshtha* Until 3:52PM	Ganesh: Light Blue <i>Sunrise: 6:59AM</i>	Durmukha 5118
Until 3:52PM				Yama 8:09AM – 9:20AM	Dhriti Until 7:06PM	Muruga: Clear <i>Sunset: 4:26PM</i>	Moon 11 - Phase 32
Then Routine Work - Marana Yoga				Rahu 11:42AM – 12:53PM	Balava Until 10:37PM	Nataraja: White	3rd Phase
					Prathama* Until 9:33AM	Moon – Orange	Bhuloka Day
						Margasira•Karttikai	Devaloka Time: 12:PM to 3:PM

2		Thursday, December 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam		Stamford, CT	
Dhanus Rasi: 7.01		Titthi 2 – 3		Mula* Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16 Sutra 228	
Creative Work Siddha Yoga		784551365		Gulika 9:21AM – 10:32AM	Mula* Until 6:30PM	Ganesh: Purple <i>Sunrise: 7:00AM</i>	Durmukha 5118
Until 8:43PM				Yama 7:00AM – 8:10AM	Shula* Until 7:29PM	Muruga: Clear <i>Sunset: 4:25PM</i>	Moon 11 - Phase 32
Then Routine Work - Marana Yoga				Rahu 12:53PM – 2:04PM	Taitila Until 12:34AM Fri	Nataraja: White	3rd Phase
					Dvitiya Until 11:36AM	Moon – Light Blue	Bhuloka Day
						Margasira•Karttikai	Devaloka Time: 12:PM to 3:PM

3		Friday, December 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam		Stamford, CT	
Dhanus Rasi: 19.09		Titthi 3 – 4		Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturcharyam Titau		Sun 17 Sutra 229	
Routine Work Prabalarishta Yoga		784551365		Gulika 8:11AM – 9:22AM	Purvashadha* Until 8:43PM	Ganesh: Purple <i>Sunrise: 7:01AM</i>	Durmukha 5118
Until 8:43PM				Yama 2:04PM – 3:15PM	Ganda* Until 7:41PM	Muruga: Clear <i>Sunset: 4:25PM</i>	Moon 11 - Phase 32
Then Routine Work - Marana Yoga				Rahu 10:32AM – 11:43AM	Vanija Until 2:13AM Sat	Nataraja: White	3rd Phase
					Tritiya Until 1:24PM	Moon – Light Blue	Bhuloka Day
						Margasira•Karttikai	Devaloka Time: 12:PM to 3:PM

4		Saturday, December 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam		Stamford, CT	
Makara Rasi: 1.25		Titthi 4 – 5		Uttarashadha Nakshatra Vriddhi Yoga Visti*/Bava Karana Chaturcharyam Titau		Sun 18 Sutra 230	
Routine Work Marana Yoga		785651365		Gulika 7:02AM – 8:12AM	Uttarashadha Until 10:26PM	Ganesh: Purple <i>Sunrise: 7:02AM</i>	Durmukha 5118
Until 10:26PM				Yama 12:54PM – 2:04PM	Vriddhi Until 7:38PM	Muruga: Clear <i>Sunset: 4:25PM</i>	Moon 11 - Phase 32
Then Creative Work - Siddha Yoga				Rahu 9:22AM – 10:33AM	Bava Until 3:30AM Sun	Nataraja: White	3rd Phase
					Chaturchary* Until 2:54PM	Moon – Light Blue	Bhuloka Day
						Margasira•Karttikai	Devaloka Time: 12:PM to 3:PM

5		Sunday, December 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam		Stamford, CT	
Makara Rasi: 13.5		Titthi 5 – 6		Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Sun 19 Sutra 231	
Creative Work Amrita Yoga		795651365		Gulika 2:04PM – 3:15PM	Shravana Until 12:02AM Mon	Ganesh: Clear <i>Sunrise: 7:03AM</i>	Durmukha 5118
Until 12:02AM Mon				Yama 11:44AM – 12:54PM	Dhruva Until 7:14PM	Muruga: Clear <i>Sunset: 4:25PM</i>	Moon 11 - Phase 32
Then Creative Work - Siddha Yoga				Rahu 3:15PM – 4:25PM	Kaulava Until 4:19AM Mon	Nataraja: White	3rd Phase
					Panchami Until 3:58PM	Moon – Purple	Devaloka Day
						Margasira•Karttikai	

6		Monday, December 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam		Stamford, CT	
Makara Rasi: 26.29		Titthi 6 – 7		Dhanishtha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 20 Sutra 232	
Family Home Evening		795651365		Gulika 12:54PM – 2:05PM	Dhanishtha Until 12:57AM Tue	Ganesh: Clear <i>Sunrise: 7:04AM</i>	Durmukha 5118
Creative Work Siddha Yoga				Yama 10:34AM – 11:44AM	Vyaghata* Until 6:26PM	Muruga: Clear <i>Sunset: 4:25PM</i>	Moon 11 - Phase 32
Until 12:57AM Tue				Rahu 8:14AM – 9:24AM	Gara Until 4:33AM Tue	Nataraja: White	3rd Phase
Then Routine Work - Marana Yoga					Shashthi* Until 4:30PM	Moon – Purple	Devaloka Day
						Margasira•Karttikai	

Retreat Star		Tuesday, December 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam		Stamford, CT	
Kumbha Rasi: 9.24		Titthi 7 – 8		Shatabhishak Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21 Sutra 233	
Routine Work Marana Yoga		795651365		Gulika 11:45AM – 12:55PM	Shatabhishak Until 1:03AM Wed	Ganesh: Clear <i>Sunrise: 7:04AM</i>	Durmukha 5118
Until 1:03AM Wed				Yama 9:25AM – 10:35AM	Harshana Until 5:09PM	Muruga: Clear <i>Sunset: 4:25PM</i>	Moon 11 - Phase 32
Then Creative Work - Amrita Yoga				Rahu 2:05PM – 3:15PM	Visti Until 4:07AM Wed	Nataraja: White	3rd Phase
					Saptami Until 4:24PM	Moon – Purple	Devaloka Day
						Margasira•Karttikai	

Retreat Star		Wednesday, December 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam		Stamford, CT	
Kumbha Rasi: 22.4		Titthi 8 – 9		Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22 Sutra 234	
Creative Work Amrita Yoga		715651365		Gulika 10:35AM – 11:45AM	Purvaproshtapada* Until 12:47AM Thu	Ganesh: Red <i>Sunrise: 7:05AM</i>	Durmukha 5118
Until 12:47AM Thu				Yama 8:15AM – 9:25AM	Vajra* Until 3:17PM	Muruga: Clear <i>Sunset: 4:25PM</i>	Moon 11 - Phase 32
Then Creative Work - Siddha Yoga				Rahu 11:45AM – 12:55PM	Balava Until 2:58AM Thu	Nataraja: White	Ashtami
					Ashtami* Until 3:37PM	Moon – Clear	Devaloka Day
						Margasira•Karttikai	

Retreat Star		Thursday, December 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam		Stamford, CT	
Meena Rasi: 6.2		Titthi 9 – 10		Uttaraproshtapada Nakshatra Siddhi/Vyaltipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23 Sutra 235	
Creative Work Siddha Yoga		715651365		Gulika 9:26AM – 10:36AM	Uttaraproshtapada Until 11:40PM	Ganesh: Red <i>Sunrise: 7:06AM</i>	Durmukha 5118
Until 12:47AM Thu				Yama 7:06AM – 8:16AM	Siddhi Until 12:53PM	Muruga: Clear <i>Sunset: 4:25PM</i>	Moon 11 - Phase 32
Then Creative Work - Siddha Yoga				Rahu 12:55PM – 2:05PM	Taitila Until 1:07AM Fri	Nataraja: White	Navami
					Navami* Until 2:07PM	Moon – Clear	Devaloka Day
						Margasira•Karttikai	


The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Friday, December 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam		Stamford, CT	
Meena Rasi: 20.25		Titithi 10 - 11		Revati Nakshatra Vyatipata* / Variyan Yoga Gara / Vanija Karana Dashami / Ekadashyam Titau		Sun 24 Sutra 236	
Creative Work		Siddha Yoga		Ganesh: Red		Sunrise: 7:07AM	
Until 9:47PM		715651365		Rahu 10:36AM - 11:46AM		Dur mukha 5118	
Then Creative Work - Amrita Yoga		Gita Jayanthi		Revati Until 9:47PM		Moon 11 - Phase 33	
				Vyatipata* Until 9:57AM		4th Phase	
				Vanija Until 10:38PM		Devaloka Day	
				Dashami Until 11:56AM			

2		Saturday, December 10, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam		Stamford, CT	
Mesha Rasi: 4.55		Titithi 11 - 12		Ashvini Until 7:39PM		Sun 25 Sutra 237	
Creative Work		Siddha Yoga		Ganesh: Blue		Sunrise: 7:09AM	
Until 4:59PM		725651365		Rahu 9:27AM - 10:37AM		Dur mukha 5118	
Then Creative Work - Amrita Yoga				Variyan Until 6:31AM		Moon 11 - Phase 33	
				Bava Until 7:38PM		4th Phase	
				Ekadashi Until 9:11AM		Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

3		Sunday, December 11, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam		Stamford, CT	
Mesha Rasi: 19.46		Titithi 13		Bharani Until 4:59PM		Sun 26 Sutra 238	
Routine Work		Prabalarishta Yoga		Ganesh: Blue		Sunrise: 7:09AM	
Until 4:59PM		725651365		Rahu 3:16PM - 4:25PM		Dur mukha 5118	
Then Creative Work - Siddha Yoga				Shiva Until 10:38PM		Moon 11 - Phase 33	
				Kaulava Until 4:15PM		4th Phase	
				Trayodashi Until 2:27AM Mon		Bhuloka Day	
				Pradosha Vrata		Devaloka Time: 12:PM to 3:PM	

4		Monday, December 12, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam		Stamford, CT	
Vrishabha Rasi: 4.52		Titithi 14		Krittika Until 1:59PM		Sun 27 Sutra 239	
Family Home Evening		725661365		Rahu 8:19AM - 9:28AM		Dur mukha 5118	
Routine Work		Marana Yoga		Siddha Until 6:23PM		Moon 11 - Phase 33	
Until 1:59PM				Gara Until 12:38PM		4th Phase	
Then Creative Work - Amrita Yoga				Chaturdashi* Until 10:46PM		Bhuloka Day	
				Krittika Deepam		Margasira-Karttikai	

		Tuesday, December 13, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam		Stamford, CT	
Copper Retreat Star		Rohini/Mrigashira Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau		Rohini Until 11:11AM		Sun 28 Sutra 240	
Vrishabha Rasi: 20.02		Titithi 15		Ganesh: Red		Sunrise: 7:10AM	
Creative Work		Amrita Yoga		Rahu 2:07PM - 3:16PM		Dur mukha 5118	
Until 11:11AM		736661365		Sadhya Until 2:08PM		Moon 11 - Phase 33	
Then Creative Work - Siddha Yoga				Visti Until 8:57AM		Purnima	
				Purnima* Until 7:08PM		Bhuloka Day	
						Devaloka Time: 6:AM to 9:AM	

Wednesday, December 14, 2016		Silver Retreat Star		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam		Stamford, CT	
Mithuna Rasi: 5.1		Titithi 16 - 17		Mrigashira Until 8:24AM		Sun 29 Sutra 241	
Creative Work		Siddha Yoga		Ganesh: Red		Sunrise: 7:11AM	
Until 4:59PM		736661365		Rahu 11:48AM - 12:58PM		Dur mukha 5118	
Then Creative Work - Amrita Yoga				Subha Until 10:03AM		Moon 11 - Phase 33	
				Taitila Until 2:08AM Thu		Prathama	
				Prathama* Until 3:42PM		Bhuloka Day	
				Vinayaga Viratam Begins		Devaloka Time: 6:AM to 9:AM	

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Thursday, December 15, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stamford, CT
Sun 1 Sutra 242

Durmukha 5118

Mithuna Rasi: 20.02 Tihi 17 - 18

746661365 Rahu 12:58PM - 2:07PM

Gulika 9:30AM - 10:40AM
Yama 7:12AM - 8:21AM

Punarvasu Until 3:57AM Fri
Sukla Until 6:12AM

Ganesha: Green Sunrise: 7:12AM
Muruga: White Sunset: 4:26PM

Moon 12 - Phase 34

1st Phase

Creative Work Amrita Yoga

Until 3:57AM Fri

Then Routine Work - Marana Yoga

Markali Pillaiyar

Dvitiya Until 12:39PM

Moon - Blue
Margasira-Markali

Bhuloka Day

Friday, December 16, 2016

1

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya Nakshatra Indra Yoga Visti/Bava Karana Tritiya/Chatrthyam Titau

Stamford, CT
Sun 2 Sutra 243

Durmukha 5118

Kataka Rasi: 4.32 Tihi 18 - 19

846661365 Rahu 10:40AM - 11:49AM

Gulika 8:22AM - 9:31AM
Yama 2:08PM - 3:17PM

Pushya Until 2:39AM Sat
Indra Until 11:54PM

Ganesha: Red Sunrise: 7:12AM
Muruga: White Sunset: 4:26PM

Moon 12 - Phase 34

1st Phase

Routine Work Marana Yoga

Bava Until 9:11PM

Tritiya Until 10:09AM

Moon - Blue
Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Saturday, December 17, 2016

2

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT
Sun 3 Sutra 244

Durmukha 5118

Kataka Rasi: 18.35 Tihi 19 - 20

846661365 Rahu 9:31AM - 10:41AM

Gulika 7:13AM - 8:22AM
Yama 12:59PM - 2:08PM

Ashlesha* Until 1:59AM Sun
Vaidhriti* Until 9:38PM

Ganesha: Red Sunrise: 7:13AM
Muruga: White Sunset: 4:27PM

Moon 12 - Phase 34

1st Phase

Routine Work Marana Yoga

Kaulava Until 7:48PM

Chaturthi* Until 8:22AM

Moon - Blue
Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Sunday, December 18, 2016

3

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stamford, CT
Sun 4 Sutra 245

Durmukha 5118

Simha Rasi: 2.08 Tihi 20 - 21

856661365 Rahu 3:18PM - 4:27PM

Gulika 2:09PM - 3:18PM
Yama 11:50AM - 1:00PM

Magha* Until 2:29AM Mon
Vishkambha* Until 8:04PM

Ganesha: Green Sunrise: 7:14AM
Muruga: White Sunset: 4:27PM

Moon 12 - Phase 34

1st Phase

Routine Work Marana Yoga

Gara Until 7:18PM

Panchami Until 7:25AM

Moon - Red
Margasira-Markali

Bhuloka Day

Until 2:29AM Mon
Then Creative Work - Siddha Yoga

Monday, December 19, 2016

4

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Stamford, CT
Sun 5 Sutra 246

Durmukha 5118

Simha Rasi: 15.13 Tihi 21 - 22

856661365 Rahu 8:23AM - 9:33AM

Gulika 1:00PM - 2:09PM
Yama 10:42AM - 11:51AM

Purvaphalguni Until 3:42AM Tue
Priti Until 7:12PM

Ganesha: Green Sunrise: 7:14AM
Muruga: White Sunset: 4:28PM

Moon 12 - Phase 34

1st Phase

Family Home Evening

Creative Work Siddha Yoga

Until 3:42AM Tue

Then Creative Work - Amrita Yoga

Visti Until 7:43PM

Shashthi* Until 7:23AM

Moon - Red
Margasira-Markali

Bhuloka Day

Tuesday, December 20, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stamford, CT
Sun 6 Sutra 247

Durmukha 5118

Simha Rasi: 27.51 Tihi 22 - 23

857661365 Rahu 2:10PM - 3:19PM

Gulika 11:51AM - 1:01PM
Yama 9:33AM - 10:42AM

Uttaraphalguni Until 5:30AM Wed
Ayushman Until 6:57PM

Ganesha: White Sunrise: 7:15AM
Muruga: White Sunset: 4:28PM

Moon 12 - Phase 34

Ashtami

Creative Work Amrita Yoga

Until 5:30AM Wed

Then Routine Work - Marana Yoga

Balava Until 8:57PM

Saptami Until 8:13AM

Moon - Red
Margasira-Markali

Bhuloka Day

Wednesday, December 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stamford, CT
Sun 7 Sutra 248

Durmukha 5118

Kanya Rasi: 10.1 Tihi 23 - 24

867661365 Rahu 11:52AM - 1:01PM

Gulika 10:43AM - 11:52AM
Yama 8:24AM - 9:34AM

Hasta Until 8:12AM Thu
Saubhagya Until 7:14PM

Ganesha: Clear Sunrise: 7:15AM
Muruga: White Sunset: 4:29PM

Moon 12 - Phase 34

Navami

Routine Work Marana Yoga

Until 8:12AM Thu

Then Creative Work - Siddha Yoga

Day 1 of Pancha Ganapati

Taitila Until 10:51PM

Ashtami* Until 9:48AM

Moon - Green
Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1	Thursday, December 22, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam				Stamford, CT
	Kanya Rasi: 22.13 Tihi 24 – 25		Hasta/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 8 Sutra 249
Routine Work Marana Yoga		Gulika 9:34AM – 10:43AM	Hasta Until 8:12AM	Ganesha: Clear <i>Sunrise:</i> 7:16AM	Durmukha 5118		
Until 8:12AM		Yama 7:16AM – 8:25AM	Sobhana Until 7:53PM	Muruga: White <i>Sunset:</i> 4:29PM	Moon 12 - Phase 35		
Then Creative Work - Siddha Yoga		867661365 Rahu 1:02PM – 2:11PM	Vanija Until 1:12AM Fri	Nataraja: White	2nd Phase		
		Day 2 of Pancha Ganapati	Navami* Until 11:58AM	Moon – Green	Bhuloka Day		
				Margasira*Markali	Devaloka Time: 6:AM to 9:AM		


2	Friday, December 23, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam				Stamford, CT
	Tula Rasi: 4.08 Tihi 25 – 26		Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 250
Creative Work Siddha Yoga		Gulika 8:25AM – 9:35AM	Chitra Until 11:06AM	Ganesha: Clear <i>Sunrise:</i> 7:16AM	Durmukha 5118		
		Yama 2:11PM – 3:20PM	Athiganda* Until 8:42PM	Muruga: White <i>Sunset:</i> 4:30PM	Moon 12 - Phase 35		
		867661365 Rahu 10:44AM – 11:53AM	Bava Until 3:47AM Sat	Nataraja: White	2nd Phase		
		Day 3 of Pancha Ganapati	Dashami Until 2:28PM	Moon – Green	Bhuloka Day		
				Margasira*Markali	Devaloka Time: 6:AM to 9:AM		


3	Saturday, December 24, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Stamford, CT
	Tula Rasi: 15.59 Tihi 26 – 27		Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Sun 10 Sutra 251
Creative Work Siddha Yoga		Gulika 7:17AM – 8:26AM	Svati Until 1:57PM	Ganesha: Clear <i>Sunrise:</i> 7:17AM	Durmukha 5118		
		Yama 1:03PM – 2:12PM	Sukarma Until 9:35PM	Muruga: White <i>Sunset:</i> 4:30PM	Moon 12 - Phase 35		
		867661365 Rahu 9:35AM – 10:44AM	Kaulava Until 6:23AM Sun	Nataraja: White	2nd Phase		
		Day 4 of Pancha Ganapati	Ekadashi* Until 5:04PM	Moon – Green	Bhuloka Day		
				Margasira*Markali	Devaloka Time: 6:AM to 9:AM		

4	Sunday, December 25, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam				Stamford, CT
	Tula Rasi: 27.5 Tihi 27		Vishakha/Anuradha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvodashyam Titau				Sun 11 Sutra 252
Routine Work Marana Yoga		Gulika 2:12PM – 3:22PM	Vishakha Until 5:06PM	Ganesha: Purple <i>Sunrise:</i> 7:17AM	Durmukha 5118		
		Yama 11:54AM – 1:03PM	Dhriti Until 10:25PM	Muruga: White <i>Sunset:</i> 4:31PM	Moon 12 - Phase 35		
		877661366 Rahu 3:22PM – 4:31PM	Kaulava Until 6:23AM	Nataraja: Green	2nd Phase		
		Day 5 of Pancha Ganapati	Dvadashi* Until 7:37PM	Moon – Orange	Bhuloka Day		
				Margasira*Markali			

5	Monday, December 26, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam				Stamford, CT
	Vrischika Rasi: 9.44 Tihi 28		Anuradha Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 253
Family Home Evening		Gulika 1:04PM – 2:13PM	Anuradha Until 7:54PM	Ganesha: Purple <i>Sunrise:</i> 7:17AM	Durmukha 5118		
Creative Work Siddha Yoga		Yama 10:45AM – 11:54AM	Shula* Until 11:04PM	Muruga: White <i>Sunset:</i> 4:32PM	Moon 12 - Phase 35		
		877661366 Rahu 8:27AM – 9:36AM	Gara Until 8:51AM	Nataraja: Green	2nd Phase		
			Trayodashi* Until 9:59PM	Moon – Orange	Bhuloka Day		
			<i>Pradosha Vrata (Fasting)</i>	Margasira*Markali			

6	Tuesday, December 27, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam				Stamford, CT
	Vrischika Rasi: 21.43 Tihi 29		Jyeshtha* Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 254
Routine Work Marana Yoga		Gulika 11:55AM – 1:04PM	Jyeshtha* Until 10:17PM	Ganesha: Clear <i>Sunrise:</i> 7:18AM	Durmukha 5118		
Until 10:17PM		Yama 9:36AM – 10:46AM	Ganda* Until 11:32PM	Muruga: White <i>Sunset:</i> 4:32PM	Moon 12 - Phase 35		
Then Creative Work - Amrita Yoga		878661366 Rahu 2:14PM – 3:23PM	Visti Until 11:05AM	Nataraja: Green	2nd Phase		
			Chaturdashi* Until 12:04AM Wed	Moon – Orange	Bhuloka Day		
				Margasira*Markali	Devaloka Time: 9:AM to 12:PM		

	Wednesday, December 28, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Stamford, CT
	Retreat Star		Mula* Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 255
Dhanus Rasi: 3.48 Tihi 30		Gulika 10:46AM – 11:55AM	Mula* Until 12:43AM Thu	Ganesha: Light Blue <i>Sunrise:</i> 7:18AM	Durmukha 5118		
Routine Work Marana Yoga		Yama 8:27AM – 9:37AM	Vriddhi Until 11:47PM	Muruga: White <i>Sunset:</i> 4:33PM	Moon 12 - Phase 35		
Until 12:43AM Thu		888761366 Rahu 11:55AM – 1:05PM	Catuspada Until 1:01PM	Nataraja: Green	Amavasya		
Then Creative Work - Siddha Yoga		Hanumath Jayanthi (Tamil Nadu)	Amavasya* Until 1:50AM Thu	Moon – Light Blue	Bhuloka Day		
				Margasira*Markali			

	Thursday, December 29, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam				Stamford, CT
	Retreat Star		Purvashadha* Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 256
Dhanus Rasi: 16.02 Tihi 1		Gulika 9:37AM – 10:46AM	Purvashadha* Until 2:39AM Fri	Ganesha: Light Blue <i>Sunrise:</i> 7:18AM	Durmukha 5118		
Creative Work Siddha Yoga		Yama 7:18AM – 8:27AM	Dhruva Until 11:45PM	Muruga: White <i>Sunset:</i> 4:34PM	Moon 12 - Phase 35		
Until 2:39AM Fri		888761366 Rahu 1:05PM – 2:15PM	Kintughna Until 2:37PM	Nataraja: Green	Prathama		
Then Routine Work - Marana Yoga			Prathama* Until 3:16AM Fri	Moon – Light Blue	Bhuloka Day		
				Pausha*Markali			

1 Friday, December 30, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stamford, CT Sun 16 Sutra 257 Durmukha 5118
Dhanus Rasi: 28.23	Tithi 2	Gulika 8:28AM – 9:37AM	Uttarashadha Until 4:05AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 7:18AM		
		Yama 2:15PM – 3:25PM	Vyaghata* Until 11:27PM	Muruga: White <i>Sunset:</i> 4:35PM		Moon 12 - Phase 36
		888761366 Rahu 10:47AM – 11:56AM	Balava Until 3:52PM	Nataraja: Green		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 4:20AM Sat	Moon – Light Blue		Bhuloka Day
Until 4:05AM Sat				Pausha-Markali		
Then Creative Work - Siddha Yoga						

2 Saturday, December 31, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Harshana Yoga Taitila/Gara Karana Tritiyayam Titau				Stamford, CT Sun 17 Sutra 258 Durmukha 5118
Makara Rasi: 10.55	Tithi 3	Gulika 7:18AM – 8:28AM	Shravana Until 5:28AM Sun	Ganesha: Purple <i>Sunrise:</i> 7:18AM		
		Yama 1:06PM – 2:16PM	Harshana Until 10:54PM	Muruga: White <i>Sunset:</i> 4:35PM		Moon 12 - Phase 36
		898761366 Rahu 9:38AM – 10:47AM	Taitila Until 4:45PM	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 5:02AM Sun	Moon – Purple		Bhuloka Day
Until 5:28AM Sun				Pausha-Markali		
Then Routine Work - Marana Yoga						

3 Sunday, January 1, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Stamford, CT Sun 18 Sutra 259 Durmukha 5118
Makara Rasi: 23.36	Tithi 4	Gulika 2:16PM – 3:26PM	Dhanishtha Until 6:19AM Mon	Ganesha: Purple <i>Sunrise:</i> 7:18AM		
		Yama 11:57AM – 1:06PM	Vajra* Until 10:01PM	Muruga: White <i>Sunset:</i> 4:35PM		Moon 12 - Phase 36
		898761366 Rahu 3:26PM – 4:35PM	Vanija Until 5:15PM	Nataraja: Green		3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 5:20AM Mon	Moon – Purple		Bhuloka Day
Until 6:19AM Mon				Pausha-Markali		
Then Creative Work - Siddha Yoga						

4 Monday, January 2, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Stamford, CT Sun 19 Sutra 260 Durmukha 5118
Kumbha Rasi: 6.29	Tithi 5	Gulika 1:07PM – 2:17PM	Dhanishtha Until 6:19AM	Ganesha: Clear <i>Sunrise:</i> 7:18AM		
Family Home Evening		Yama 10:48AM – 11:57AM	Siddhi Until 8:49PM	Muruga: White <i>Sunset:</i> 4:36PM		Moon 12 - Phase 36
		899761366 Rahu 8:28AM – 9:38AM	Bava Until 5:21PM	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 5:12AM Tue	Moon – Purple		Bhuloka Day
				Pausha-Markali		Devaloka Time: 9:AM to 12:PM

5 Tuesday, January 3, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Stamford, CT Sun 20 Sutra 261 Durmukha 5118
Kumbha Rasi: 19.34	Tithi 6	Gulika 11:58AM – 1:08PM	Shatabhishak Until 6:36AM	Ganesha: Clear <i>Sunrise:</i> 7:19AM		
		Yama 9:38AM – 10:48AM	Vyatipata* Until 7:17PM	Muruga: White <i>Sunset:</i> 4:37PM		Moon 12 - Phase 36
		899761366 Rahu 2:17PM – 3:27PM	Kaulava Until 4:59PM	Nataraja: Green		3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 4:36AM Wed	Moon – Purple		Bhuloka Day
				Pausha-Markali		Devaloka Time: 9:AM to 12:PM

Vinayaga Viratam Ends

6 Wednesday, January 4, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau				Stamford, CT Sun 21 Sutra 262 Durmukha 5118
Meena Rasi: 2.55	Tithi 7	Gulika 10:48AM – 11:58AM	Purvaproshtapada* Until 6:44AM	Ganesha: Red <i>Sunrise:</i> 7:19AM		
		Yama 8:28AM – 9:38AM	Variyan Until 5:21PM	Muruga: White <i>Sunset:</i> 4:38PM		Moon 12 - Phase 36
		819761366 Rahu 11:58AM – 1:08PM	Gara Until 4:09PM	Nataraja: Green		3rd Phase
Creative Work	Amrita Yoga		Saptami Until 3:31AM Thu	Moon – Clear		Bhuloka Day
Until 6:44AM				Pausha-Markali		Devaloka Time: 9:AM to 12:PM
Then Creative Work - Siddha Yoga						

☾ Thursday, January 5, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revali Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau				Stamford, CT Sun 22 Sutra 263 Durmukha 5118
Retreat Star		Gulika 9:39AM – 10:49AM	Uttaraproshtapada Until 6:14AM	Ganesha: Red <i>Sunrise:</i> 7:19AM		
Meena Rasi: 16.31	Tithi 8	Yama 7:19AM – 8:29AM	Parigha* Until 3:02PM	Muruga: White <i>Sunset:</i> 4:39PM		Moon 12 - Phase 36
		819761366 Rahu 1:09PM – 2:19PM	Visti Until 2:48PM	Nataraja: Green		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 1:55AM Fri	Moon – Clear		Bhuloka Day
				Pausha-Markali		Devaloka Time: 9:AM to 12:PM

Subramuniyaswami Jayanti

Friday, January 6, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau				Stamford, CT Sun 23 Sutra 264 Durmukha 5118
Retreat Star		Gulika 8:29AM – 9:39AM	Ashvini Until 3:47AM Sat	Ganesha: Blue <i>Sunrise:</i> 7:19AM		
Mesha Rasi: 0.26	Tithi 9	Yama 2:20PM – 3:30PM	Shiva Until 12:20PM	Muruga: White <i>Sunset:</i> 4:40PM		Moon 12 - Phase 36
		829761366 Rahu 10:49AM – 11:59AM	Balava Until 12:58PM	Nataraja: Green		Navami
Creative Work	Amrita Yoga		Navami* Until 11:51PM	Moon – White		Devaloka Day
Until 3:47AM Sat				Pausha-Markali		
Then Creative Work - Siddha Yoga						


To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Saturday, January 7, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Stamford, CT	
Mesha Rasi: 14.39		Bharani Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Dashamyam Titau		Sun 24		Sutra 265	
Tihti 10		Gulika 7:18AM – 8:29AM	Bharani Until 1:55AM Sun	Ganesha: Blue	<i>Sunrise:</i> 7:18AM	Durmukha 5118	
829761366		Yama 1:10PM – 2:20PM	Siddha Until 9:15AM	Muruga: White	<i>Sunset:</i> 4:41PM	Moon 12 - Phase 37	
Creative Work	Siddha Yoga	Rahu 9:39AM – 10:49AM	Taitila Until 10:41AM	Nataraja: Green		4th Phase	
			Dashami Until 9:22PM	Moon – White		Devaloka Day	
				Pausha-Markali			

2		Sunday, January 8, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Stamford, CT	
Mesha Rasi: 29.08		Krittika Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 25		Sutra 266	
Tihti 11		Gulika 2:21PM – 3:31PM	Krittika Until 11:37PM	Ganesha: Blue	<i>Sunrise:</i> 7:18AM	Durmukha 5118	
829761366		Yama 12:00PM – 1:10PM	Subha Until 2:16AM Mon	Muruga: White	<i>Sunset:</i> 4:42PM	Moon 12 - Phase 37	
Creative Work	Siddha Yoga	Rahu 3:31PM – 4:42PM	Vanija Until 8:01AM	Nataraja: Green		4th Phase	
			Ekadashi Until 6:33PM	Moon – White		Devaloka Day	
		Vaikuntha Ekadasi		Pausha-Markali			

3		Monday, January 9, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Stamford, CT	
Vrishabha Rasi: 13.49		Rohini Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26		Sutra 267	
Tihti 12 – 13		Gulika 1:11PM – 2:22PM	Rohini Until 9:25PM	Ganesha: Yellow	<i>Sunrise:</i> 7:18AM	Durmukha 5118	
839761366		Yama 10:50AM – 12:00PM	Sukla Until 10:31PM	Muruga: White	<i>Sunset:</i> 4:43PM	Moon 12 - Phase 37	
Family Home Evening	Amrita Yoga	Rahu 8:29AM – 9:39AM	Kaulava Until 1:59AM Tue	Nataraja: Green		4th Phase	
Creative Work			Dvadashi Until 3:31PM	Moon – Yellow		Bhuloka Day	
			<i>Pradosha Vrata</i>	Pausha-Markali		Devaloka Time: 9:AM to12:PM	

4		Tuesday, January 10, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Stamford, CT	
Vrishabha Rasi: 28.37		Mrigashira Nakshatra Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 268	
Tihti 13 – 14		Gulika 12:01PM – 1:12PM	Mrigashira Until 7:02PM	Ganesha: Clear	<i>Sunrise:</i> 7:18AM	Durmukha 5118	
831761366		Yama 9:39AM – 10:50AM	Brahma Until 6:44PM	Muruga: White	<i>Sunset:</i> 4:44PM	Moon 12 - Phase 37	
Creative Work	Siddha Yoga	Rahu 2:22PM – 3:33PM	Gara Until 10:54PM	Nataraja: Green		4th Phase	
Until 7:02PM			Trayodashi Until 12:25PM	Moon – Yellow		Bhuloka Day	
Then Routine Work - Marana Yoga				Pausha-Markali		Devaloka Time: 9:AM to12:PM	

		Wednesday, January 11, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Stamford, CT	
Copper Retreat Star		Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28		Sutra 269	
Mithuna Rasi: 13.23		Gulika 10:50AM – 12:01PM	Ardra Until 4:39PM	Ganesha: Clear	<i>Sunrise:</i> 7:18AM	Durmukha 5118	
Tihti 14 – 15		Yama 8:29AM – 9:40AM	Indra Until 3:05PM	Muruga: White	<i>Sunset:</i> 4:45PM	Moon 12 - Phase 37	
831761366		Rahu 12:01PM – 1:12PM	Visti Until 7:58PM	Nataraja: Green		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 9:23AM	Moon – Yellow		Bhuloka Day	
		Ardra Darshanam		Pausha-Markali		Devaloka Time: 9:AM to12:PM	

Thursday, January 12, 2017		Silver Retreat Star				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Stamford, CT	
Mithuna Rasi: 28.01		Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Sun 29		Sutra 270	
Tihti 15 – 16		Gulika 9:40AM – 10:51AM	Punarvasu Until 2:49PM	Ganesha: White	<i>Sunrise:</i> 7:17AM	Durmukha 5118	
841761366		Yama 7:17AM – 8:28AM	Vaidhriti* Until 11:37AM	Muruga: White	<i>Sunset:</i> 4:46PM	Moon 12 - Phase 37	
Creative Work	Amrita Yoga	Rahu 1:13PM – 2:24PM	Kaulava Until 4:10AM Fri	Nataraja: Green		Prathama	
			Purnima* Until 6:35AM	Moon – Blue		Devaloka Day	
				Pausha-Markali			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada



Friday, January 13, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam

Stamford, CT

Pushya/Ashlesha* Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Dvitiyayam Titau

Sutra 271

Kataka Rasi: 12.22 Tiithi 17

Gulika 8:28AM - 9:40AM
Yama 2:25PM - 3:36PM
Rahu 10:51AM - 12:02PM

Pushya Until 1:18PM
Vishkambha* Until 8:31AM
Tailila Until 3:11PM

Ganesha: White Sunrise: 7:17AM
Muruga: White Sunset: 4:47PM
Nataraja: Green
Moon - Blue

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Routine Work Marana Yoga

Thai Pongal

Dvitiya Until 2:18AM Sat

Pausha*Thai

Devaloka Day

Saturday, January 14, 2017

1

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam

Stamford, CT

Ashlesha*/Magha* Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau

Sun 1 Sutra 272

Kataka Rasi: 26.2 Tiithi 18

Gulika 7:17AM - 8:28AM
Yama 1:14PM - 2:25PM
Rahu 9:40AM - 10:51AM

Ashlesha* Until 12:14PM
Ayushman Until 3:48AM Sun
Vanija Until 1:39PM

Ganesha: White Sunrise: 7:17AM
Muruga: White Sunset: 4:48PM
Nataraja: Green
Moon - Blue

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Routine Work Marana Yoga

Until 12:14PM

Then Creative Work - Amrita Yoga

Tritiya Until 1:08AM Sun

Pausha*Thai

Devaloka Day

Sunday, January 15, 2017

2

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam

Stamford, CT

Magha*/Purvaphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Sun 2 Sutra 273

Simha Rasi: 9.55 Tiithi 19

Gulika 2:26PM - 3:38PM
Yama 12:03PM - 1:14PM
Rahu 3:38PM - 4:49PM

Magha* Until 12:10PM
Saubhagya Until 2:20AM Mon
Bava Until 12:51PM

Ganesha: Yellow Sunrise: 7:16AM
Muruga: White Sunset: 4:49PM
Nataraja: Green
Moon - Red

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Routine Work Marana Yoga

Until 12:10PM

Then Creative Work - Siddha Yoga

Chaturthi* Until 12:44AM Mon

Pausha*Thai

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Monday, January 16, 2017

3

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam

Stamford, CT

Purvaphalguni/Uttaraphalguni Nakshatra Sobhana Yoga Kaulava/Tailila Karana Panchamyam Titau

Sun 3 Sutra 274

Simha Rasi: 23.02 Tiithi 20

Family Home Evening

Creative Work Siddha Yoga

Gulika 1:15PM - 2:27PM
Yama 10:51AM - 12:03PM
Rahu 8:28AM - 9:40AM

Purvaphalguni Until 12:45PM
Sobhana Until 1:30AM Tue
Kaulava Until 12:52PM

Ganesha: Yellow Sunrise: 7:16AM
Muruga: White Sunset: 4:50PM
Nataraja: Green
Moon - Red

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Panchami Until 1:09AM Tue

Pausha*Thai

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Tuesday, January 17, 2017

4

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam

Stamford, CT

Uttaraphalguni/Hasta Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Sun 4 Sutra 275

Kanya Rasi: 5.46 Tiithi 21

Gulika 12:04PM - 1:16PM
Yama 9:40AM - 10:52AM
Rahu 2:28PM - 3:40PM

Uttaraphalguni Until 1:57PM
Athiganda* Until 1:15AM Wed
Gara Until 1:41PM

Ganesha: Yellow Sunrise: 7:16AM
Muruga: White Sunset: 4:52PM
Nataraja: Green
Moon - Red

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Creative Work Amrita Yoga

Until 1:57PM

Then Creative Work - Siddha Yoga

Shashthi* Until 2:21AM Wed

Pausha*Thai

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Wednesday, January 18, 2017

5

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam

Stamford, CT

Hasta/Chitra Nakshatra Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Sun 5 Sutra 276

Kanya Rasi: 18.1 Tiithi 22

Gulika 10:52AM - 12:04PM
Yama 8:27AM - 9:39AM
Rahu 12:04PM - 1:16PM

Hasta Until 4:08PM
Sukarma Until 1:29AM Thu
Visti Until 3:13PM

Ganesha: Blue Sunrise: 7:15AM
Muruga: White Sunset: 4:53PM
Nataraja: Green
Moon - Green

Durmukha 5118
Moon 1 - Phase 38
1st Phase

Routine Work Marana Yoga

Until 4:08PM

Then Creative Work - Siddha Yoga

Saptami Until 4:11AM Thu

Pausha*Thai

Devaloka Day

Thursday, January 19, 2017

D

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam

Stamford, CT

Chitra Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 6 Sutra 277

Tula Rasi: 0.18 Tiithi 23

Gulika 9:39AM - 10:52AM
Yama 7:14AM - 8:27AM
Rahu 1:17PM - 2:29PM

Chitra Until 6:42PM
Dhriti Until 2:05AM Fri
Balava Until 5:18PM

Ganesha: Blue Sunrise: 7:14AM
Muruga: White Sunset: 4:54PM
Nataraja: Green
Moon - Green

Durmukha 5118
Moon 1 - Phase 38
Ashtami

Creative Work Siddha Yoga

Until 6:42PM

Then Creative Work - Amrita Yoga

Ashtami* Until 6:28AM Fri

Pausha*Thai

Devaloka Day

Friday, January 20, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam

Stamford, CT

Svati Nakshatra Shula* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Sun 7 Sutra 278

Tula Rasi: 12.17 Tiithi 23 - 24

Gulika 8:27AM - 9:39AM
Yama 2:30PM - 3:42PM
Rahu 10:52AM - 12:04PM

Svati Until 9:24PM
Shula* Until 2:52AM Sat
Tailila Until 7:43PM

Ganesha: Yellow Sunrise: 7:14AM
Muruga: White Sunset: 4:55PM
Nataraja: Green
Moon - Green

Durmukha 5118
Moon 1 - Phase 38
Navami

Creative Work Siddha Yoga

Ashtami* Until 6:28AM

Pausha*Thai

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

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1 Saturday, January 21, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam				Stamford, CT	
Tula Rasi: 24.1		Gulika 7:13AM – 8:26AM		Vishakha Until 12:31AM Sun		Sun 8 Sutra 279	
Tihi 24 – 25		Yama 1:18PM – 2:31PM		Ganda* Until 3:41AM Sun		Durmukha 5118	
872861366		Rahu 9:39AM – 10:52AM		Vanija Until 10:16PM		Moon 1 - Phase 39	
Creative Work Siddha Yoga				Navami* Until 8:58AM		2nd Phase	
Until 12:31AM Sun						Bhuloka Day	
Then Routine Work - Marana Yoga						Pausha*Thai	

2 Sunday, January 22, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam				Stamford, CT	
Vrischika Rasi: 6.02		Gulika 2:31PM – 3:44PM		Anuradha Until 3:23AM Mon		Sun 9 Sutra 280	
Tihi 25 – 26		Yama 12:05PM – 1:18PM		Vridhhi Until 4:26AM Mon		Durmukha 5118	
872861366		Rahu 3:44PM – 4:57PM		Bava Until 12:42AM Mon		Moon 1 - Phase 39	
Routine Work Marana Yoga				Dashami Until 11:29AM		2nd Phase	
Until 3:23AM Mon						Bhuloka Day	
Then Creative Work - Siddha Yoga						Devaloka Time: 9:AM to12:PM	

3 Monday, January 23, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Stamford, CT	
Vrischika Rasi: 17.58		Gulika 1:19PM – 2:32PM		Jyeshtha* Until 5:49AM Tue		Sun 10 Sutra 281	
Tihi 26 – 27		Yama 10:52AM – 12:05PM		Dhruva Until 4:57AM Tue		Durmukha 5118	
872861366		Rahu 8:25AM – 9:39AM		Kaulava Until 2:54AM Tue		Moon 1 - Phase 39	
Family Home Evening				Ekadashi* Until 1:49PM		2nd Phase	
Creative Work Siddha Yoga						Bhuloka Day	
Until 5:49AM Tue						Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga						Pausha*Thai	

4 Tuesday, January 24, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Stamford, CT	
Vrischika Rasi: 30		Gulika 12:06PM – 1:19PM		Mula* Until 8:12AM Wed		Sun 11 Sutra 282	
Tihi 27 – 28		Yama 9:38AM – 10:52AM		Vyaghata* Until 5:11AM Wed		Durmukha 5118	
972861366		Rahu 2:33PM – 3:46PM		Gara Until 4:42AM Wed		Moon 1 - Phase 39	
Creative Work Amrita Yoga				Dvadashi* Until 3:50PM		2nd Phase	
						Devaloka Day	
						Pausha*Thai	
						Pradosha Vrata (Fasting)	

5 Wednesday, January 25, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Stamford, CT	
Dhanus Rasi: 12.11		Gulika 10:52AM – 12:06PM		Mula* Until 8:12AM		Sun 12 Sutra 283	
Tihi 28 – 29		Yama 8:24AM – 9:38AM		Harshana Until 5:06AM Thu		Durmukha 5118	
982861366		Rahu 12:06PM – 1:20PM		Visti Until 6:03AM Thu		Moon 1 - Phase 39	
Routine Work Marana Yoga				Trayodashi* Until 5:25PM		2nd Phase	
Until 8:12AM						Bhuloka Day	
Then Creative Work - Amrita Yoga						Devaloka Time: 9:AM to12:PM	
						Pausha*Thai	

6 Thursday, January 26, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Stamford, CT	
Dhanus Rasi: 24.35		Gulika 9:38AM – 10:52AM		Purvashadha* Until 9:59AM		Sun 13 Sutra 284	
Tihi 29		Yama 7:10AM – 8:24AM		Vajra* Until 4:36AM Fri		Durmukha 5118	
982861366		Rahu 1:20PM – 2:34PM		Visti Until 6:03AM		Moon 1 - Phase 39	
Creative Work Siddha Yoga				Chaturdashi* Until 6:31PM		2nd Phase	
Until 9:59AM						Bhuloka Day	
Then Routine Work - Marana Yoga						Devaloka Time: 9:AM to12:PM	
						Pausha*Thai	

Friday, January 27, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Stamford, CT	
Retreat Star		Gulika 8:23AM – 9:38AM		Uttarashadha Until 11:08AM		Sun 14 Sutra 285	
Makara Rasi: 7.11		Yama 2:35PM – 3:49PM		Siddhi Until 3:44AM Sat		Durmukha 5118	
Tihi 30		Rahu 10:52AM – 12:06PM		Catuspada Until 6:54AM		Moon 1 - Phase 39	
872861366				Amavasya* Until 7:07PM		Amavasya	
Routine Work Marana Yoga						Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	
						Pausha*Thai	

Saturday, January 28, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Stamford, CT	
Retreat Star		Gulika 7:08AM – 8:23AM		Shravana Until 12:07PM		Sun 15 Sutra 286	
Makara Rasi: 20.01		Yama 1:21PM – 2:36PM		Vyatipata* Until 2:31AM Sun		Durmukha 5118	
Tihi 1		Rahu 9:37AM – 10:52AM		Kintughna Until 7:15AM		Moon 1 - Phase 39	
992861366				Prathama* Until 7:14PM		Prathama	
Creative Work Siddha Yoga						Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	
						Magha*Thai	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1 Sunday, January 29, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Stamford, CT
Kumbha Rasi: 3.04 Tithi 2		Dhanishtha/Shatabhishak Nakshatra Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 16 Sutra 287
Routine Work Marana Yoga		Gulika 2:36PM – 3:51PM	Dhanishtha Until 12:31PM	Ganesha: Yellow <i>Sunrise:</i> 7:07AM	Durmukha 5118	
Until 12:31PM		Yama 12:07PM – 1:22PM	Variyan Until 12:57AM Mon	Muruga: White <i>Sunset:</i> 5:06PM	Moon 1 - Phase 40	
Then Creative Work - Siddha Yoga		992861366 Rahu 3:51PM – 5:06PM	Balava Until 7:08AM	Nataraja: Green	3rd Phase	
			Dvitiya Until 6:54PM	Moon – Purple	Bhuloka Day	
				Magha-Thai	Devaloka Time: 9:AM to12:PM	

2 Monday, January 30, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Stamford, CT
Kumbha Rasi: 16.21 Tithi 3		Shatabhishak/Purvaproshtapada* Nakshatra Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 17 Sutra 288
Family Home Evening		Gulika 1:22PM – 2:37PM	Shatabhishak Until 12:22PM	Ganesha: Yellow <i>Sunrise:</i> 7:06AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 10:52AM – 12:07PM	Parigha* Until 11:06PM	Muruga: White <i>Sunset:</i> 5:07PM	Moon 1 - Phase 40	
Until 12:22PM		992861366 Rahu 8:22AM – 9:37AM	Taitila Until 6:36AM	Nataraja: Green	3rd Phase	
Then Routine Work - Marana Yoga			Tritiya Until 6:11PM	Moon – Purple	Bhuloka Day	
				Magha-Thai	Devaloka Time: 9:AM to12:PM	

3 Tuesday, January 31, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Stamford, CT
Kumbha Rasi: 29.5 Tithi 4 – 5		Purvaproshtapada* Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Sun 18 Sutra 289
Routine Work Marana Yoga		Gulika 12:07PM – 1:22PM	Purvaproshtapada* Until 12:10PM	Ganesha: White <i>Sunrise:</i> 7:05AM	Durmukha 5118	
Until 12:10PM		Yama 9:36AM – 10:52AM	Shiva Until 9:01PM	Muruga: White <i>Sunset:</i> 5:09PM	Moon 1 - Phase 40	
Then Creative Work - Amrita Yoga		912861366 Rahu 2:38PM – 3:53PM	Bava Until 4:30AM Wed	Nataraja: Green	3rd Phase	
			Chaturthi* Until 5:08PM	Moon – Clear	Devaloka Day	
				Magha-Thai		

4 Wednesday, February 1, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Stamford, CT
Meena Rasi: 13.29 Tithi 5 – 6		Uttaraproshtapada*/Uttaraproshtapada Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Sun 19 Sutra 290
Creative Work Siddha Yoga		Gulika 10:52AM – 12:07PM	Uttaraproshtapada Until 11:32AM	Ganesha: White <i>Sunrise:</i> 7:05AM	Durmukha 5118	
Until 11:32AM		Yama 8:21AM – 9:36AM	Siddha Until 6:40PM	Muruga: White <i>Sunset:</i> 5:09PM	Moon 1 - Phase 40	
Then Routine Work - Marana Yoga		912861366 Rahu 12:07PM – 1:22PM	Kaulava Until 3:01AM Thu	Nataraja: Green	3rd Phase	
			Panchami Until 3:46PM	Moon – Clear	Devaloka Day	
				Magha-Thai		

5 Thursday, February 2, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Stamford, CT
Meena Rasi: 27.19 Tithi 6 – 7		Revati/Ashvini Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Sun 20 Sutra 291
Creative Work Siddha Yoga		Gulika 9:36AM – 10:51AM	Revati Until 10:29AM	Ganesha: White <i>Sunrise:</i> 7:05AM	Durmukha 5118	
Until 10:29AM		Yama 7:05AM – 8:20AM	Sadhya Until 4:08PM	Muruga: White <i>Sunset:</i> 5:10PM	Moon 1 - Phase 40	
Then Creative Work - Amrita Yoga		912861366 Rahu 1:23PM – 2:38PM	Gara Until 1:17AM Fri	Nataraja: Green	3rd Phase	
			Shashthi* Until 2:10PM	Moon – Clear	Devaloka Day	
				Magha-Thai		

Friday, February 3, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Stamford, CT
Mesha Rasi: 11.17 Tithi 7 – 8		Ashvini/Bharani Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 21 Sutra 292
Creative Work Amrita Yoga		Gulika 8:19AM – 9:35AM	Ashvini Until 9:29AM	Ganesha: White <i>Sunrise:</i> 7:04AM	Durmukha 5118	
Until 9:29AM		Yama 2:39PM – 3:55PM	Subha Until 1:25PM	Muruga: White <i>Sunset:</i> 5:11PM	Moon 1 - Phase 40	
Then Creative Work - Siddha Yoga		923861367 Rahu 10:51AM – 12:07PM	Visti Until 11:20PM	Nataraja: White	Ashtami	
			Saptami Until 12:19PM	Moon – White	Bhuloka Day	
				Magha-Thai		

Saturday, February 4, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Stamford, CT
Mesha Rasi: 25.23 Tithi 8 – 9		Bharani/Krittika Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 293
Creative Work Siddha Yoga		Gulika 7:03AM – 8:19AM	Bharani Until 8:09AM	Ganesha: White <i>Sunrise:</i> 7:03AM	Durmukha 5118	
Until 8:09AM		Yama 1:24PM – 2:40PM	Sukla Until 10:32AM	Muruga: White <i>Sunset:</i> 5:12PM	Moon 1 - Phase 40	
Then Creative Work - Amrita Yoga		923861367 Rahu 9:35AM – 10:51AM	Balava Until 9:12PM	Nataraja: White	Navami	
			Ashtami* Until 10:16AM	Moon – White	Bhuloka Day	
				Magha-Thai		

1 Sunday, February 5, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Stamford, CT
Krittika/Rohini Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Sun 23 Sutra 294		Durmukha 5118		
Vrishabha Rasi: 10 Tithi 9 - 10 933861367	Gulika	2:40PM - 3:57PM	Krittika Until 6:31AM	Ganesh: White	<i>Sunrise:</i> 7:01AM	
	Yama	12:07PM - 1:24PM	Brahma Until 7:32AM	Muruga: White	<i>Sunset:</i> 5:13PM	Moon 1 - Phase 41
	Rahu	3:57PM - 5:13PM	Taitila Until 6:56PM	Nataraja: White		4th Phase
Creative Work Siddha Yoga		Navami* Until 8:04AM		Magha-Thai	Bhuloka Day	

2 Monday, February 6, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Stamford, CT
Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 295		Durmukha 5118		
Vrishabha Rasi: 23.54 Tithi 11 Family Home Evening 933861367	Gulika	1:24PM - 2:41PM	Mrigashira Until 3:23AM Tue	Ganesh: Clear	<i>Sunrise:</i> 7:00AM	
	Yama	10:51AM - 12:08PM	Vaidhriti* Until 1:18AM Tue	Muruga: White	<i>Sunset:</i> 5:15PM	Moon 1 - Phase 41
	Rahu	8:17AM - 9:34AM	Vanija Until 4:35PM	Nataraja: White		4th Phase
Creative Work Amrita Yoga		Ekadashi Until 3:23AM Tue		Magha-Thai	Bhuloka Day	
Until 3:23AM Tue					Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga						

3 Tuesday, February 7, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Stamford, CT
Ardra Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25 Sutra 296		Durmukha 5118		
Mithuna Rasi: 8.13 Tithi 12 933861367	Gulika	12:08PM - 1:25PM	Ardra Until 1:38AM Wed	Ganesh: Clear	<i>Sunrise:</i> 6:59AM	
	Yama	9:34AM - 10:51AM	Vishkambha* Until 10:11PM	Muruga: White	<i>Sunset:</i> 5:16PM	Moon 1 - Phase 41
	Rahu	2:42PM - 3:59PM	Bava Until 2:14PM	Nataraja: White		4th Phase
Routine Work Marana Yoga		Dvadashi Until 1:04AM Wed		Magha-Thai	Bhuloka Day	
Until 1:38AM Wed					Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga						

4 Wednesday, February 8, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Stamford, CT
Punarvasu Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 297		Durmukha 5118		
Mithuna Rasi: 22.3 Tithi 13 943861367	Gulika	10:50AM - 12:08PM	Punarvasu Until 12:19AM Thu	Ganesh: Purple	<i>Sunrise:</i> 6:58AM	
	Yama	8:16AM - 9:33AM	Priti Until 7:13PM	Muruga: White	<i>Sunset:</i> 5:17PM	Moon 1 - Phase 41
	Rahu	12:08PM - 1:25PM	Kaulava Until 11:59AM	Nataraja: White		4th Phase
Creative Work Siddha Yoga		Trayodashi Until 10:54PM		Magha-Thai	Bhuloka Day	
Until 12:19AM Thu		<i>Pradosha Vrata</i>				
Then Creative Work - Amrita Yoga						

5 Thursday, February 9, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Stamford, CT
Pushya Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 298		Durmukha 5118		
Kataka Rasi: 6.4 Tithi 14 943861367	Gulika	9:32AM - 10:50AM	Pushya Until 11:08PM	Ganesh: Purple	<i>Sunrise:</i> 6:57AM	
	Yama	6:57AM - 8:15AM	Ayushman Until 4:25PM	Muruga: White	<i>Sunset:</i> 5:18PM	Moon 1 - Phase 41
	Rahu	1:25PM - 2:43PM	Gara Until 9:56AM	Nataraja: White		4th Phase
Creative Work Amrita Yoga		Chaturdashi* Until 9:01PM		Magha-Thai	Bhuloka Day	
Until 11:08PM						
Then Creative Work - Siddha Yoga		Thai Pusam				

Friday, February 10, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Stamford, CT
Copper Retreat Star		Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Purnimayam Titau		Sutra 299		
Kataka Rasi: 20.37 Tithi 15 943861367	Gulika	8:14AM - 9:32AM	Ashlesha* Until 10:13PM	Ganesh: Purple	<i>Sunrise:</i> 6:56AM	Durmukha 5118
	Yama	2:44PM - 4:02PM	Saubhagya Until 1:55PM	Muruga: White	<i>Sunset:</i> 5:20PM	Moon 1 - Phase 41
	Rahu	10:50AM - 12:08PM	Visti Until 8:14AM	Nataraja: White		Purnima
Routine Work Marana Yoga		Purnima* Until 7:31PM		Magha-Thai	Bhuloka Day	

Saturday, February 11, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam				Stamford, CT
Silver Retreat Star		Magha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau		Sutra 300		
Simha Rasi: 4.19 Tithi 16 953861367	Gulika	6:55AM - 8:13AM	Magha* Until 10:06PM	Ganesh: Clear	<i>Sunrise:</i> 6:55AM	Durmukha 5118
	Yama	1:26PM - 2:44PM	Sobhana Until 11:50AM	Muruga: White	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 41
	Rahu	9:31AM - 10:50AM	Balava Until 6:59AM	Nataraja: White		Prathama
Creative Work Amrita Yoga		Prathama* Until 6:32PM		Magha-Thai	Bhuloka Day	
Until 10:06PM					Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga		Penumbra Lunar Eclipse				



Sunday, February 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Dvitiyayam Titau

Stamford, CT
Sun 1 Sutra 301

Simha Rasi: 17.41 Tiithi 17

Gulika 2:45PM – 4:04PM
Yama 12:08PM – 1:26PM
Rahu 4:04PM – 5:22PM

Purvaphalguni Until 10:26PM
Athiganda* Until 10:10AM
Tailila Until 6:17AM
Dvitiya Until 6:09PM

Ganesha: Clear Sunrise: 6:54AM
Muruga: White Sunset: 5:22PM
Nataraja: White
Moon – Red
Magha-Masi

Durmukha 5118
Moon 2 - Phase 42
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 10:26PM

Then Creative Work - Amrita Yoga

Monday, February 13, 2017

1

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Tritiyayam Titau

Stamford, CT
Sun 2 Sutra 302

Kanya Rasi: 0.44 Tiithi 18

Gulika 1:27PM – 2:46PM
Yama 10:49AM – 12:08PM
Rahu 8:11AM – 9:30AM

Uttaraphalguni Until 11:15PM
Sukarma Until 9:01AM
Vanija Until 6:14AM
Tritiya Until 6:26PM

Ganesha: Clear Sunrise: 6:52AM
Muruga: White Sunset: 5:23PM
Nataraja: White
Moon – Red
Magha-Masi

Durmukha 5118
Moon 2 - Phase 42
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Then Creative Work - Amrita Yoga

Tuesday, February 14, 2017

2

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Stamford, CT
Sun 3 Sutra 303

Kanya Rasi: 13.27 Tiithi 19

Gulika 12:08PM – 1:27PM
Yama 9:29AM – 10:49AM
Rahu 2:46PM – 4:05PM

Hasta Until 1:01AM Wed
Dhriti Until 8:24AM
Bava Until 6:51AM
Chaturthi* Until 7:23PM

Ganesha: White Sunrise: 6:51AM
Muruga: White Sunset: 5:25PM
Nataraja: White
Moon – Green
Magha-Masi

Durmukha 5118
Moon 2 - Phase 42
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Maha Sankatahara Chaturthi

Wednesday, February 15, 2017

3

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Panchamyam Titau

Stamford, CT
Sun 4 Sutra 304

Kanya Rasi: 25.53 Tiithi 20

Gulika 10:48AM – 12:08PM
Yama 8:09AM – 9:29AM
Rahu 12:08PM – 1:27PM

Chitra Until 3:12AM Thu
Shula* Until 8:15AM
Kaulava Until 8:06AM
Panchami Until 8:56PM

Ganesha: White Sunrise: 6:50AM
Muruga: White Sunset: 5:26PM
Nataraja: White
Moon – Green
Magha-Masi

Durmukha 5118
Moon 2 - Phase 42
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Until 3:12AM Thu

Then Creative Work - Amrita Yoga

Thursday, February 16, 2017

4

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Stamford, CT
Sun 5 Sutra 305

Tula Rasi: 8.04 Tiithi 21

Gulika 9:28AM – 10:48AM
Yama 6:48AM – 8:08AM
Rahu 1:28PM – 2:47PM

Svati Until 5:37AM Fri
Ganda* Until 8:31AM
Gara Until 9:55AM
Shashthi* Until 10:58PM

Ganesha: Yellow Sunrise: 6:48AM
Muruga: White Sunset: 5:27PM
Nataraja: White
Moon – Green
Magha-Masi

Durmukha 5118
Moon 2 - Phase 42
1st Phase

Bhuloka Day

Creative Work Amrita Yoga

Until 5:37AM Fri

Then Creative Work - Siddha Yoga

Friday, February 17, 2017

5

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saptamyam Titau

Stamford, CT
Sun 6 Sutra 306

Tula Rasi: 20.05 Tiithi 22

Gulika 8:07AM – 9:27AM
Yama 2:48PM – 4:08PM
Rahu 10:48AM – 12:08PM

Vishakha Until 8:38AM Sat
Vridhhi Until 9:07AM
Visti Until 12:08PM
Saptami Until 1:18AM Sat

Ganesha: Yellow Sunrise: 6:47AM
Muruga: Yellow Sunset: 5:28PM
Nataraja: White
Moon – Orange
Magha-Masi

Durmukha 5118
Moon 2 - Phase 42
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Saturday, February 18, 2017

D

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT
Sun 7 Sutra 307

Vrischika Rasi: 2.01 Tiithi 23

Gulika 6:46AM – 8:06AM
Yama 1:28PM – 2:49PM
Rahu 9:27AM – 10:47AM

Vishakha Until 8:38AM
Dhruva Until 9:52AM
Balava Until 2:33PM
Ashtami* Until 3:46AM Sun

Ganesha: Yellow Sunrise: 6:46AM
Muruga: Yellow Sunset: 5:30PM
Nataraja: White
Moon – Orange
Magha-Masi

Durmukha 5118
Moon 2 - Phase 42
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Sunday, February 19, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Tailila/Gara Karana Navamyam Titau

Stamford, CT
Sun 8 Sutra 308

Vrischika Rasi: 13.55 Tiithi 24

Gulika 2:49PM – 4:10PM
Yama 12:08PM – 1:28PM
Rahu 4:10PM – 5:31PM

Anuradha Until 11:32AM
Vyaghata* Until 10:40AM
Tailila Until 4:59PM
Navami* Until 6:07AM Mon

Ganesha: Yellow Sunrise: 6:44AM
Muruga: Yellow Sunset: 5:31PM
Nataraja: White
Moon – Orange
Magha-Masi

Durmukha 5118
Moon 2 - Phase 42
Navami

Devaloka Day

Routine Work Marana Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang

1		Monday, February 20, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Stamford, CT Sun 9 Sutra 309	
Vrischika Rasi: 25.51	Tithi 24 – 25	Gulika	1:29PM – 2:50PM	Jyeshtha* Until 2:07PM	Ganesha: Yellow	<i>Sunrise:</i> 6:43AM	Durmukha 5118
Family Home Evening	984971367	Yama	10:46AM – 12:07PM	Harshana Until 11:22AM	Muruga: Yellow	<i>Sunset:</i> 5:32PM	Moon 2 - Phase 43
Creative Work	Siddha Yoga	Rahu	8:04AM – 9:25AM	Vanija Until 7:14PM	Nataraja: White		2nd Phase
				Navami* Until 6:07AM	Moon – Orange		Devaloka Day
					Magha-Masi		
2		Tuesday, February 21, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi/Vajra*/Siddhi Yoga Vistil*/Bava Karana Dashami/Ekadashyam Titau		Stamford, CT Sun 10 Sutra 310	
Dhanus Rasi: 7.53	Tithi 25 – 26	Gulika	12:07PM – 1:29PM	Mula* Until 4:42PM	Ganesha: Blue	<i>Sunrise:</i> 6:42AM	Durmukha 5118
	984971367	Yama	9:25AM – 10:46AM	Vajra* Until 11:48AM	Muruga: Yellow	<i>Sunset:</i> 5:33PM	Moon 2 - Phase 43
Creative Work	Amrita Yoga	Rahu	2:50PM – 4:12PM	Bava Until 9:05PM	Nataraja: White		2nd Phase
Until 4:42PM				Dashami Until 8:12AM	Moon – Light Blue		Bhuloka Day
Then Creative Work - Siddha Yoga					Magha-Masi		Devaloka Time: 12:PM to 3:PM
3		Wednesday, February 22, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatiyata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Stamford, CT Sun 11 Sutra 311	
Dhanus Rasi: 20.07	Tithi 26 – 27	Gulika	10:46AM – 12:07PM	Purvashadha* Until 6:38PM	Ganesha: Blue	<i>Sunrise:</i> 6:40AM	Durmukha 5118
	984971367	Yama	8:02AM – 9:24AM	Siddhi Until 11:52AM	Muruga: Yellow	<i>Sunset:</i> 5:34PM	Moon 2 - Phase 43
Creative Work	Amrita Yoga	Rahu	12:07PM – 1:29PM	Kaulava Until 10:24PM	Nataraja: White		2nd Phase
				Ekadashi* Until 9:48AM	Moon – Light Blue		Bhuloka Day
					Magha-Masi		Devaloka Time: 12:PM to 3:PM
4		Thursday, February 23, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Stamford, CT Sun 12 Sutra 312	
Makara Rasi: 2.35	Tithi 27 – 28	Gulika	9:23AM – 10:45AM	Uttarashadha Until 7:49PM	Ganesha: Blue	<i>Sunrise:</i> 6:39AM	Durmukha 5118
	984971367	Yama	6:39AM – 8:01AM	Vyatipata* Until 11:31AM	Muruga: Yellow	<i>Sunset:</i> 5:36PM	Moon 2 - Phase 43
Routine Work	Marana Yoga	Rahu	1:29PM – 2:51PM	Gara Until 11:05PM	Nataraja: White		2nd Phase
Until 7:49PM				Dvadashi* Until 10:48AM	Moon – Light Blue		Bhuloka Day
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>	Magha-Masi		Devaloka Time: 12:PM to 3:PM
5		Friday, February 24, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan/Parigha* Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau		Stamford, CT Sun 13 Sutra 313	
Makara Rasi: 15.22	Tithi 28 – 29	Gulika	8:00AM – 9:22AM	Shravana Until 8:41PM	Ganesha: Blue	<i>Sunrise:</i> 6:37AM	Durmukha 5118
	994971367	Yama	2:52PM – 4:14PM	Variyan Until 10:38AM	Muruga: Yellow	<i>Sunset:</i> 5:37PM	Moon 2 - Phase 43
Routine Work	Marana Yoga	Rahu	10:45AM – 12:07PM	Vistil Until 11:07PM	Nataraja: White		2nd Phase
Until 8:41PM				Trayodashi* Until 11:10AM	Moon – Purple		Bhuloka Day
Then Creative Work - Siddha Yoga		Mahasivaratri (Lunar)			Magha-Masi		Devaloka Time: 12:PM to 3:PM
		Mahasivaratri (Solar)					
●		Saturday, February 25, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Stamford, CT Sun 14 Sutra 314	
Retreat Star		Gulika	6:36AM – 7:59AM	Dhanishtha Until 8:46PM	Ganesha: Blue	<i>Sunrise:</i> 6:36AM	Durmukha 5118
Makara Rasi: 28.26	Tithi 29 – 30	Yama	1:30PM – 2:52PM	Parigha* Until 9:15AM	Muruga: Yellow	<i>Sunset:</i> 5:38PM	Moon 2 - Phase 43
Creative Work	Siddha Yoga	Rahu	9:21AM – 10:44AM	Catuspada Until 10:31PM	Nataraja: White		Amavasya
Until 8:46PM				Chaturdashi* Until 10:53AM	Moon – Purple		Bhuloka Day
Then Creative Work - Amrita Yoga					Magha-Masi		Devaloka Time: 12:PM to 3:PM
Retreat Star		Sunday, February 26, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Stamford, CT Sun 15 Sutra 315	
Kumbha Rasi: 11.51	Tithi 30 – 1	Gulika	2:53PM – 4:16PM	Shatabhishak Until 8:09PM	Ganesha: Blue	<i>Sunrise:</i> 6:34AM	Durmukha 5118
	994971367	Yama	12:07PM – 1:30PM	Shiva Until 7:25AM	Muruga: Yellow	<i>Sunset:</i> 5:39PM	Moon 2 - Phase 43
Creative Work	Siddha Yoga	Rahu	4:16PM – 5:39PM	Kintughna Until 9:22PM	Nataraja: White		Prathama
				Amavasya* Until 9:59AM	Moon – Purple		Bhuloka Day
		Annular Solar Eclipse			Phalguna-Masi		Devaloka Time: 12:PM to 3:PM

1		Monday, February 27, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Stamford, CT	
Kumbha Rasi: 25.34		Tithi 1 – 2		Purvaprosarthapada* Nakshatra Sadya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 16 Sutra 316	
Family Home Evening		914971367		Gulika 1:30PM – 2:53PM	Purvaprosarthapada* Until 7:23PM	Ganesha: Yellow <i>Sunrise:</i> 6:33AM	Durmukha 5118
Routine Work		Marana Yoga		Yama 10:43AM – 12:07PM	Sadhya Until 2:34AM Tue	Muruga: Yellow <i>Sunset:</i> 5:40PM	Moon 2 - Phase 44
Until 7:23PM				Rahu 7:56AM – 9:20AM	Balava Until 7:45PM	Nataraja: White	3rd Phase
Then Creative Work - Siddha Yoga				Prathama* Until 8:35AM		Moon – Clear	Devaloka Day
						Phalguna-Masi	

2		Tuesday, February 28, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam		Stamford, CT	
Meena Rasi: 9.31		Tithi 2 – 3		Uttaraprosarthapada Nakshatra Subha Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau		Sun 17 Sutra 317	
Creative Work		Amrita Yoga		Gulika 12:06PM – 1:30PM	Uttaraprosarthapada Until 6:09PM	Ganesha: Yellow <i>Sunrise:</i> 6:31AM	Durmukha 5118
Until 6:09PM				Yama 9:19AM – 10:43AM	Subha Until 11:45PM	Muruga: Yellow <i>Sunset:</i> 5:41PM	Moon 2 - Phase 44
Then Creative Work - Siddha Yoga				Rahu 2:54PM – 4:18PM	Gara Until 4:43AM Wed	Nataraja: White	3rd Phase
				Dvitiya Until 6:48AM		Moon – Clear	Devaloka Day
						Phalguna-Masi	

3		Wednesday, March 1, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam		Stamford, CT	
Meena Rasi: 23.4		Tithi 4		Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visli* Karana Chaturthyam Titau		Sun 18 Sutra 318	
Routine Work		Marana Yoga		Gulika 10:42AM – 12:06PM	Revati Until 4:32PM	Ganesha: Blue <i>Sunrise:</i> 6:28AM	Durmukha 5118
				Yama 7:53AM – 9:17AM	Sukla Until 8:45PM	Muruga: Yellow <i>Sunset:</i> 5:44PM	Moon 2 - Phase 44
				Rahu 12:06PM – 1:30PM	Vanija Until 3:38PM	Nataraja: White	3rd Phase
				Chaturthi* Until 2:29AM Thu		Moon – Clear	Sivaloka Day
						Phalguna-Masi	
				Subramuniyaswami Siva Vision Day			

4		Thursday, March 2, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam		Stamford, CT	
Mesha Rasi: 7.54		Tithi 5		Ashvini/Bharani Nakshatra Brahma/Indra Yoga Bava/Balava Karana Panchamyam Titau		Sun 19 Sutra 319	
Creative Work		Amrita Yoga		Gulika 9:16AM – 10:41AM	Ashvini Until 3:06PM	Ganesha: Yellow <i>Sunrise:</i> 6:27AM	Durmukha 5118
Until 3:06PM				Yama 6:27AM – 7:52AM	Brahma Until 5:42PM	Muruga: Yellow <i>Sunset:</i> 5:45PM	Moon 2 - Phase 44
Then Creative Work - Siddha Yoga				Rahu 1:31PM – 2:55PM	Bava Until 1:21PM	Nataraja: White	3rd Phase
				Panchami Until 12:10AM Fri		Moon – White	Devaloka Day
						Phalguna-Masi	

5		Friday, March 3, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam		Stamford, CT	
Mesha Rasi: 22.11		Tithi 6		Bharani/Krittika Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau		Sun 20 Sutra 320	
Creative Work		Siddha Yoga		Gulika 7:50AM – 9:15AM	Bharani Until 1:30PM	Ganesha: Yellow <i>Sunrise:</i> 6:25AM	Durmukha 5118
				Yama 2:56PM – 4:21PM	Indra Until 2:39PM	Muruga: Yellow <i>Sunset:</i> 5:46PM	Moon 2 - Phase 44
				Rahu 10:41AM – 12:06PM	Kaulava Until 11:02AM	Nataraja: White	3rd Phase
				Shashthi* Until 9:52PM		Moon – White	Devaloka Day
						Phalguna-Masi	

6		Saturday, March 4, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam		Stamford, CT	
Vrisabha Rasi: 6.27		Tithi 7		Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau		Sun 21 Sutra 321	
Creative Work		Amrita Yoga		Gulika 6:24AM – 7:49AM	Krittika Until 11:50AM	Ganesha: Yellow <i>Sunrise:</i> 6:24AM	Durmukha 5118
				Yama 1:31PM – 2:56PM	Vaidhriti* Until 11:37AM	Muruga: Yellow <i>Sunset:</i> 5:47PM	Moon 2 - Phase 44
				Rahu 9:15AM – 10:40AM	Gara Until 8:46AM	Nataraja: White	3rd Phase
				Saptami Until 7:39PM		Moon – White	Devaloka Day
						Phalguna-Masi	

7		Sunday, March 5, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Stamford, CT	
Vrisabha Rasi: 20.39		Tithi 8 – 9		Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Visli*/Balava Karana Ashtami/Navamyam Titau		Sun 22 Sutra 322	
Creative Work		Siddha Yoga		Gulika 2:57PM – 4:23PM	Rohini Until 10:32AM	Ganesha: White <i>Sunrise:</i> 6:22AM	Durmukha 5118
				Yama 12:05PM – 1:31PM	Vishkambha* Until 8:42AM	Muruga: Yellow <i>Sunset:</i> 5:48PM	Moon 2 - Phase 44
				Rahu 4:23PM – 5:48PM	Visli Until 6:36AM	Nataraja: White	Ashtami
				Ashtami* Until 5:33PM		Moon – Yellow	Sivaloka Day
						Phalguna-Masi	

8		Monday, March 6, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Stamford, CT	
Mithuna Rasi: 4.45		Tithi 9 – 10		Mrigashira/Ardra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23 Sutra 323	
Family Home Evening		135971367		Gulika 1:31PM – 2:57PM	Mrigashira Until 9:16AM	Ganesha: White <i>Sunrise:</i> 6:21AM	Durmukha 5118
Creative Work		Amrita Yoga		Yama 10:39AM – 12:05PM	Ayushman Until 3:15AM Tue	Muruga: Yellow <i>Sunset:</i> 5:49PM	Moon 2 - Phase 44
Until 9:16AM				Rahu 7:47AM – 9:13AM	Taitila Until 2:45AM Tue	Nataraja: White	Navami
Then Creative Work - Siddha Yoga				Navami* Until 3:38PM		Moon – Yellow	Sivaloka Day
						Phalguna-Masi	


That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


1	Tuesday, March 7, 2017	Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Stamford, CT
	Mithuna Rasi: 18.43 Tihi 10 – 11	Gulika 12:05PM – 1:31PM Ardra Until 8:02AM Yama 9:12AM – 10:38AM Saubhagya Until 12:47AM Wed 135971367 Rahu 2:58PM – 4:24PM Vanija Until 1:09AM Wed Routine Work Marana Yoga Dashami Until 1:54PM Until 8:02AM Then Creative Work - Siddha Yoga	Sun 24 Sutra 324 Durmukha 5118 Moon 2 - Phase 45 4th Phase Sivaloka Day

2	Wednesday, March 8, 2017	Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Stamford, CT
	Kataka Rasi: 2.34 Tihi 11 – 12	Gulika 10:38AM – 12:04PM Punarvasu Until 7:20AM Yama 7:44AM – 9:11AM Sobhana Until 10:32PM 145971367 Rahu 12:04PM – 1:31PM Bava Until 11:48PM Creative Work Siddha Yoga Ekadashi Until 12:25PM Then Creative Work - Siddha Yoga	Sun 25 Sutra 325 Durmukha 5118 Moon 2 - Phase 45 4th Phase Devaloka Day

3	Thursday, March 9, 2017	Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Stamford, CT
	Kataka Rasi: 16.14 Tihi 12 – 13	Gulika 9:10AM – 10:37AM Pushya Until 6:45AM Yama 6:16AM – 7:43AM Athiganda* Until 8:30PM 145971367 Rahu 1:31PM – 2:59PM Kaulava Until 10:46PM Creative Work Amrita Yoga Dvadashi Until 11:13AM Until 6:45AM Then Creative Work - Siddha Yoga	Sun 26 Sutra 326 Durmukha 5118 Moon 2 - Phase 45 4th Phase Devaloka Day

4	Friday, March 10, 2017	Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Stamford, CT
	Kataka Rasi: 29.43 Tihi 13 – 14	Gulika 7:42AM – 9:09AM Ashlesha* Until 6:20AM Yama 2:59PM – 4:26PM Sukarma Until 6:47PM 145971367 Rahu 10:37AM – 12:04PM Gara Until 10:06PM Routine Work Marana Yoga Trayodashi Until 10:22AM Chidambaram Abhishekam	Sun 27 Sutra 327 Durmukha 5118 Moon 2 - Phase 45 4th Phase Devaloka Day

	Saturday, March 11, 2017	Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Stamford, CT
	Copper Retreat Star Simha Rasi: 12.59 Tihi 14 – 15	Gulika 6:12AM – 7:40AM Magha* Until 6:36AM Yama 1:32PM – 2:59PM Dhriti Until 5:24PM 156971367 Rahu 9:08AM – 10:36AM Visti Until 9:51PM Creative Work Amrita Yoga Chaturdashi* Until 9:54AM Until 6:36AM Then Creative Work - Siddha Yoga	Sun 28 Sutra 328 Durmukha 5118 Moon 2 - Phase 45 Purnima Devaloka Day

	Sunday, March 12, 2017	Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Stamford, CT
	Silver Retreat Star Simha Rasi: 26.02 Tihi 15 – 16	Gulika 3:00PM – 4:28PM Purvaphalguni Until 7:09AM Yama 12:03PM – 1:32PM Shula* Until 4:21PM 156971367 Rahu 4:28PM – 5:56PM Balava Until 10:05PM Creative Work Siddha Yoga Purnima* Until 9:53AM Until 7:09AM Then Creative Work - Amrita Yoga	Sun 29 Sutra 329 Durmukha 5118 Moon 2 - Phase 45 Prathama Devaloka Day



Monday, March 13, 2017

Gold Retreat Star

Kanya Rasi: 8.5 Tihi 16 - 17
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:32PM - 3:00PM
Yama 10:35AM - 12:03PM
Rahu 7:38AM - 9:06AM

Uttaraphalguni Until 8:01AM
Ganda* Until 3:42PM
Taitila Until 10:49PM
Prathama* Until 10:22AM

Ganesh: Clear Sunrise: 6:09AM
Muruga: Yellow Sunset: 5:57PM
Nataraja: White
Moon - Red
Phalgun-Masi

Stamford, CT
Sutra 330
Durmukha 5118
Moon 3 - Phase 46
1st Phase

Devaloka Day

Tuesday, March 14, 2017

1

Kanya Rasi: 21.25 Tihi 17 - 18
Creative Work Siddha Yoga

Gulika 12:03PM - 1:32PM
Yama 9:05AM - 10:34AM
Rahu 3:01PM - 4:29PM

Hasta Until 9:41AM
Vridhhi Until 3:27PM
Vanija Until 12:03AM Wed
Dvitiya Until 11:21AM

Ganesh: Purple Sunrise: 6:08AM
Muruga: Yellow Sunset: 5:58PM
Nataraja: White
Moon - Green
Phalgun-Panguni

Stamford, CT
Sun 1 Sutra 331
Durmukha 5118
Moon 3 - Phase 46
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Karadayam Nombu (Tamil Nadu)

Wednesday, March 15, 2017

2

Tula Rasi: 3.46 Tihi 18 - 19
Creative Work Siddha Yoga

Gulika 10:33AM - 12:03PM
Yama 7:35AM - 9:04AM
Rahu 12:03PM - 1:32PM

Chitra Until 11:40AM
Dhruva Until 3:33PM
Bava Until 1:44AM Thu
Tritiya Until 12:49PM

Ganesh: Purple Sunrise: 6:06AM
Muruga: Yellow Sunset: 5:59PM
Nataraja: Clear
Moon - Green
Phalgun-Panguni

Stamford, CT
Sun 2 Sutra 332
Durmukha 5118
Moon 3 - Phase 46
1st Phase

Devaloka Day

Thursday, March 16, 2017

3

Tula Rasi: 15.56 Tihi 19 - 20
Creative Work Amrita Yoga
Until 1:54PM
Then Creative Work - Siddha Yoga

Gulika 9:03AM - 10:33AM
Yama 6:04AM - 7:34AM
Rahu 1:32PM - 3:01PM

Svati Until 1:54PM
Vyaghata* Until 3:58PM
Kaulava Until 3:48AM Fri
Chaturthi* Until 2:42PM

Ganesh: Purple Sunrise: 6:04AM
Muruga: Yellow Sunset: 6:01PM
Nataraja: Clear
Moon - Green
Phalgun-Panguni

Stamford, CT
Sun 3 Sutra 333
Durmukha 5118
Moon 3 - Phase 46
1st Phase

Devaloka Day

Friday, March 17, 2017

4

Tula Rasi: 27.58 Tihi 20 - 21
Creative Work Siddha Yoga

Gulika 7:32AM - 9:02AM
Yama 3:02PM - 4:32PM
Rahu 10:32AM - 12:02PM

Vishakha Until 4:46PM
Harshana Until 4:39PM
Gara Until 6:08AM Sat
Panchami Until 4:56PM

Ganesh: Clear Sunrise: 6:03AM
Muruga: Yellow Sunset: 6:02PM
Nataraja: Clear
Moon - Orange
Phalgun-Panguni

Stamford, CT
Sun 4 Sutra 334
Durmukha 5118
Moon 3 - Phase 46
1st Phase

Sivaloka Day

Saturday, March 18, 2017

5

Vrischika Rasi: 9.53 Tihi 21
Creative Work Siddha Yoga

Gulika 6:01AM - 7:31AM
Yama 1:32PM - 3:02PM
Rahu 9:01AM - 10:32AM

Anuradha Until 7:39PM
Vajra* Until 5:27PM
Gara Until 6:08AM
Shashthi* Until 7:20PM

Ganesh: Purple Sunrise: 6:01AM
Muruga: Yellow Sunset: 6:03PM
Nataraja: Clear
Moon - Orange
Phalgun-Panguni

Stamford, CT
Sun 5 Sutra 335
Durmukha 5118
Moon 3 - Phase 46
1st Phase

Subha Sivaloka Day

Sunday, March 19, 2017

6

Vrischika Rasi: 21.47 Tihi 22
Routine Work Marana Yoga
Until 10:22PM
Then Creative Work - Amrita Yoga

Gulika 3:03PM - 4:33PM
Yama 12:01PM - 1:32PM
Rahu 4:33PM - 6:04PM

Jyeshtha* Until 10:22PM
Siddhi Until 6:16PM
Visti Until 8:34AM
Saptami Until 9:44PM

Ganesh: Purple Sunrise: 5:59AM
Muruga: Yellow Sunset: 6:04PM
Nataraja: Clear
Moon - Orange
Phalgun-Panguni

Stamford, CT
Sun 6 Sutra 336
Durmukha 5118
Moon 3 - Phase 46
1st Phase

Subha Sivaloka Day

Monday, March 20, 2017

Retreat Star

Dhanus Rasi: 3.42 Tihi 23
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:32PM - 3:03PM
Yama 10:30AM - 12:01PM
Rahu 7:28AM - 8:59AM

Mula* Until 1:14AM Tue
Vyatipata* Until 7:00PM
Balava Until 10:54AM
Ashtami* Until 11:57PM

Ganesh: Clear Sunrise: 5:58AM
Muruga: Yellow Sunset: 6:05PM
Nataraja: Clear
Moon - Light Blue
Phalgun-Panguni

Stamford, CT
Sun 7 Sutra 337
Durmukha 5118
Moon 3 - Phase 46
Ashtami

Sivaloka Day

Tuesday, March 21, 2017

Retreat Star

Dhanus Rasi: 15.43 Tihi 24
Creative Work Siddha Yoga
Until 3:32AM Wed
Then Creative Work - Amrita Yoga

Gulika 12:01PM - 1:32PM
Yama 8:58AM - 10:30AM
Rahu 3:03PM - 4:35PM

Purvashadha* Until 3:32AM Wed
Variyan Until 7:24PM
Taitila Until 12:56PM
Navami* Until 1:45AM Wed

Ganesh: Clear Sunrise: 5:56AM
Muruga: Yellow Sunset: 6:06PM
Nataraja: Clear
Moon - Light Blue
Phalgun-Panguni

Stamford, CT
Sun 8 Sutra 338
Durmukha 5118
Moon 3 - Phase 46
Navami

Sivaloka Day

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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1		Wednesday, March 22, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam		Stamford, CT	
Dhanus Rasi: 27.55		Gulika 10:29AM – 12:01PM		Uttarashadha Until 5:06AM Thu		Ganesh: Clear Sunrise: 5:54AM		Sun 9 Sutra 339	
Tihti 25		Yama 7:26AM – 8:57AM		Parigha* Until 7:25PM		Muruga: Yellow Sunset: 6:07PM		Durmukha 5118	
187171368		Rahu 12:01PM – 1:32PM		Vanija Until 2:28PM		Nataraja: Clear		Moon 3 - Phase 47	
Creative Work Amrita Yoga				Dashami Until 2:57AM Thu		Moon – Light Blue		2nd Phase	
Until 5:06AM Thu						Phalguna•Panguni		Sivaloka Day	
Then Creative Work - Siddha Yoga									

2		Thursday, March 23, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam		Stamford, CT	
Makara Rasi: 10.23		Gulika 8:56AM – 10:28AM		Shravana Until 6:15AM Fri		Ganesh: White Sunrise: 5:53AM		Sun 10 Sutra 340	
Tihti 26		Yama 5:53AM – 7:24AM		Shiva Until 6:54PM		Muruga: Yellow Sunset: 6:08PM		Durmukha 5118	
197171368		Rahu 1:32PM – 3:04PM		Bava Until 3:19PM		Nataraja: Clear		Moon 3 - Phase 47	
Creative Work Siddha Yoga				Ekadashi* Until 3:26AM Fri		Moon – Purple		2nd Phase	
						Phalguna•Panguni		Subha Sivaloka Day	

3		Friday, March 24, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam		Stamford, CT	
Makara Rasi: 23.11		Gulika 7:23AM – 8:55AM		Shravana Until 6:15AM		Ganesh: White Sunrise: 5:51AM		Sun 11 Sutra 341	
Tihti 27		Yama 3:05PM – 4:37PM		Siddha Until 5:45PM		Muruga: Yellow Sunset: 6:09PM		Durmukha 5118	
197171368		Rahu 10:28AM – 12:00PM		Kaulava Until 3:23PM		Nataraja: Clear		Moon 3 - Phase 47	
Routine Work Marana Yoga				Dvadashi* Until 3:06AM Sat		Moon – Purple		2nd Phase	
Until 6:15AM						Phalguna•Panguni		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga									

4		Saturday, March 25, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam		Stamford, CT	
Kumbha Rasi: 6.23		Gulika 5:49AM – 7:22AM		Dhanishtha Until 6:29AM		Ganesh: Clear Sunrise: 5:49AM		Sun 12 Sutra 342	
Tihti 28		Yama 1:32PM – 3:05PM		Sadhya Until 4:00PM		Muruga: Yellow Sunset: 6:10PM		Durmukha 5118	
198171368		Rahu 8:54AM – 10:27AM		Gara Until 2:40PM		Nataraja: Clear		Moon 3 - Phase 47	
Creative Work Siddha Yoga				Trayodashi* Until 2:01AM Sun		Moon – Purple		2nd Phase	
Until 6:29AM				Pradosha Vrata (Fasting)		Phalguna•Panguni		Sivaloka Day	
Then Creative Work - Amrita Yoga									

5		Sunday, March 26, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam		Stamford, CT	
Kumbha Rasi: 20.01		Gulika 3:05PM – 4:38PM		Purvaproshtapada* Until 4:48AM Mon		Ganesh: White Sunrise: 5:47AM		Sun 13 Sutra 343	
Tihti 29		Yama 11:59AM – 1:32PM		Subha Until 1:41PM		Muruga: Yellow Sunset: 6:11PM		Durmukha 5118	
118171368		Rahu 4:38PM – 6:11PM		Visti Until 1:14PM		Nataraja: Clear		Moon 3 - Phase 47	
Creative Work Siddha Yoga				Chaturdashi* Until 12:15AM Mon		Moon – Clear		2nd Phase	
						Phalguna•Panguni		Devaloka Day	

Monday, March 27, 2017		Retreat Star				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam		Stamford, CT	
Meena Rasi: 4.02		Gulika 1:32PM – 3:06PM		Uttaraproshtapada Until 3:08AM Tue		Ganesh: White Sunrise: 5:46AM		Sun 14 Sutra 344	
Tihti 30		Yama 10:26AM – 11:59AM		Sukla Until 10:51AM		Muruga: Yellow Sunset: 6:12PM		Durmukha 5118	
Family Home Evening		Rahu 7:19AM – 8:52AM		Catuspada Until 11:10AM		Nataraja: Clear		Moon 3 - Phase 47	
118171368				Amavasya* Until 9:56PM		Moon – Clear		Amavasya	
Creative Work Siddha Yoga						Phalguna•Panguni		Devaloka Day	

Tuesday, March 28, 2017		Retreat Star				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Stamford, CT	
Meena Rasi: 18.23		Gulika 11:59AM – 1:32PM		Revati Until 12:57AM Wed		Ganesh: White Sunrise: 5:44AM		Sun 15 Sutra 345	
Tihti 1		Yama 8:51AM – 10:25AM		Brahma Until 7:39AM		Muruga: Yellow Sunset: 6:13PM		Durmukha 5118	
118171368		Rahu 3:06PM – 4:40PM		Kintughna Until 8:38AM		Nataraja: Clear		Moon 3 - Phase 47	
Creative Work Siddha Yoga				Prathama* Until 7:13PM		Moon – Clear		Prathama	
Until 12:57AM Wed		Yugadhi				Chaitra•Panguni		Devaloka Day	
Then Routine Work - Marana Yoga									

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Wednesday, March 29, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam		Stamford, CT	
Mesha Rasi: 2.59		Tithi 2 - 3		Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16		Sutra 346	
		Gulika	10:24AM - 11:58AM	Ashvini Until 10:51PM	Ganesh: Green	Sunrise: 5:42AM			Durmukha 5118
		Yama	7:16AM - 8:50AM	Vaidhriti* Until 12:33AM Thu	Muruga: Yellow	Sunset: 6:14PM	Moon 3 - Phase 48		
		128171368 Rahu	11:58AM - 1:32PM	Taitila Until 2:44AM Thu	Nataraja: Clear			3rd Phase	
Routine Work Marana Yoga		Chellappaswami Mahasamadhi		Dvitiya Until 4:15PM	Moon - White			Devaloka Day	
Until 10:51PM					Chaitra-Panguni				
Then Creative Work - Siddha Yoga									

2		Thursday, March 30, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam		Stamford, CT	
Mesha Rasi: 17.43		Tithi 3 - 4		Bharani Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Sun 17		Sutra 347	
		Gulika	8:49AM - 10:24AM	Bharani Until 8:33PM	Ganesh: Green	Sunrise: 5:41AM			Durmukha 5118
		Yama	5:41AM - 7:15AM	Vishkambha* Until 8:54PM	Muruga: Yellow	Sunset: 6:16PM	Moon 3 - Phase 48		
		128171368 Rahu	1:33PM - 3:07PM	Vanija Until 11:41PM	Nataraja: Clear			3rd Phase	
Creative Work Siddha Yoga				Tritiya Until 1:11PM	Moon - White			Devaloka Day	
Until 8:33PM					Chaitra-Panguni				
Then Routine Work - Marana Yoga									

3		Friday, March 31, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam		Stamford, CT	
Vrishabha Rasi: 2.26		Tithi 4 - 5		Krittika Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 18		Sutra 348	
		Gulika	7:14AM - 8:49AM	Krittika Until 6:13PM	Ganesh: Orange	Sunrise: 5:39AM			Durmukha 5118
		Yama	3:07PM - 4:42PM	Priti Until 5:20PM	Muruga: Yellow	Sunset: 6:17PM	Moon 3 - Phase 48		
		129171368 Rahu	10:23AM - 11:58AM	Bava Until 8:45PM	Nataraja: Clear			3rd Phase	
Creative Work Siddha Yoga				Chaturthi* Until 10:11AM	Moon - White			Sivaloka Day	
Until 6:13PM					Chaitra-Panguni				
Then Routine Work - Marana Yoga									

4		Saturday, April 1, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam		Stamford, CT	
Vrishabha Rasi: 17.03		Tithi 5 - 6		Rohini Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 19		Sutra 349	
		Gulika	5:39AM - 7:14AM	Rohini Until 4:23PM	Ganesh: Green	Sunrise: 5:39AM			Durmukha 5118
		Yama	1:33PM - 3:07PM	Ayushman Until 1:56PM	Muruga: Yellow	Sunset: 6:17PM	Moon 3 - Phase 48		
		139171368 Rahu	8:49AM - 10:23AM	Kaulava Until 6:03PM	Nataraja: Clear			3rd Phase	
Creative Work Amrita Yoga				Panchami Until 7:21AM	Moon - Yellow			Subha Sivaloka Day	
Until 4:23PM					Chaitra-Panguni				
Then Creative Work - Siddha Yoga									

5		Sunday, April 2, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam		Stamford, CT	
Mithuna Rasi: 1.28		Tithi 7		Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Sun 20		Sutra 350	
		Gulika	3:08PM - 4:43PM	Mrigashira Until 2:45PM	Ganesh: Green	Sunrise: 5:37AM			Durmukha 5118
		Yama	11:58AM - 1:33PM	Saubhagya Until 10:48AM	Muruga: Yellow	Sunset: 6:18PM	Moon 3 - Phase 48		
		139171368 Rahu	4:43PM - 6:18PM	Gara Until 3:41PM	Nataraja: Clear			3rd Phase	
Creative Work Siddha Yoga				Saptami Until 2:38AM Mon	Moon - Yellow			Subha Sivaloka Day	
					Chaitra-Panguni				

Monday, April 3, 2017		Retreat Star				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam		Stamford, CT	
Mithuna Rasi: 15.37		Tithi 8		Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 21		Sutra 351	
Family Home Evening		Gulika	1:33PM - 3:08PM	Ardra Until 1:22PM	Ganesh: Green	Sunrise: 5:36AM			Durmukha 5118
Creative Work Siddha Yoga		Yama	10:22AM - 11:57AM	Sobhana Until 8:00AM	Muruga: Yellow	Sunset: 6:19PM	Moon 3 - Phase 48		
Until 1:22PM		139171368 Rahu	7:11AM - 8:47AM	Visti Until 1:43PM	Nataraja: Clear			Ashtami	
Then Creative Work - Amrita Yoga				Ashtami* Until 12:53AM Tue	Moon - Yellow			Subha Sivaloka Day	
					Chaitra-Panguni				

Tuesday, April 4, 2017		Retreat Star				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Stamford, CT	
Mithuna Rasi: 29.29		Tithi 9		Punarvasu/Pushya Nakshatra Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Sun 22		Sutra 352	
		Gulika	11:57AM - 1:33PM	Punarvasu Until 12:43PM	Ganesh: Red	Sunrise: 5:34AM			Durmukha 5118
		Yama	8:46AM - 10:21AM	Sukarma Until 3:28AM Wed	Muruga: Yellow	Sunset: 6:20PM	Moon 3 - Phase 48		
		149171368 Rahu	3:08PM - 4:44PM	Balava Until 12:13PM	Nataraja: Clear			Navami	
Creative Work Siddha Yoga				Navami* Until 11:37PM	Moon - Blue			Sivaloka Day	
		Sri Rama Navami			Chaitra-Panguni				

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1		Wednesday, April 5, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Tailila/Gara Karana Dashamyam Titau			Stamford, CT Sun 23 Sutra 353 Durmukha 5118
Kataka Rasi: 13.05	Tithi 10	Gulika	10:21AM – 11:57AM	Pushya Until 12:23PM	Ganesh: Red	<i>Sunrise:</i> 5:33AM	
		Yama	7:09AM – 8:45AM	Dhriti Until 1:47AM Thu	Muruga: Yellow	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	149171368 Rahu	11:57AM – 1:33PM	Tailila Until 11:10AM	Nataraja: Clear		4th Phase
				Yogaswami Mahasamadhi	Moon – Blue		Sivaloka Day
					Chaitra-Panguni		

2		Thursday, April 6, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau			Stamford, CT Sun 24 Sutra 354 Durmukha 5118
Kataka Rasi: 26.25	Tithi 11	Gulika	8:44AM – 10:20AM	Ashlesha* Until 12:21PM	Ganesh: Blue	<i>Sunrise:</i> 5:31AM	
		Yama	5:31AM – 7:07AM	Shula* Until 12:25AM Fri	Muruga: Yellow	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	149271368 Rahu	1:33PM – 3:09PM	Vanija Until 10:36AM	Nataraja: Clear		4th Phase
Until 12:21PM				Ekadashi Until 10:27PM	Moon – Blue		Devaloka Day
Then Creative Work - Amrita Yoga					Chaitra-Panguni		

3		Friday, April 7, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Bava/Balava Karana Dvadashyam Titau			Stamford, CT Sun 25 Sutra 355 Durmukha 5118
Simha Rasi: 9.31	Tithi 12	Gulika	7:06AM – 8:43AM	Magha* Until 1:04PM	Ganesh: Yellow	<i>Sunrise:</i> 5:29AM	
		Yama	3:10PM – 4:46PM	Ganda* Until 11:25PM	Muruga: Yellow	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	159271368 Rahu	10:19AM – 11:56AM	Bava Until 10:28AM	Nataraja: Clear		4th Phase
Until 1:04PM				Dvadashi Until 10:32PM	Moon – Red		Sivaloka Day
Then Creative Work - Siddha Yoga					Chaitra-Panguni		

4		Saturday, April 8, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Kaulava/Tailila Karana Trayodashyam Titau			Stamford, CT Sun 26 Sutra 356 Durmukha 5118
Simha Rasi: 22.23	Tithi 13	Gulika	5:28AM – 7:05AM	Purvaphalguni Until 2:02PM	Ganesh: Yellow	<i>Sunrise:</i> 5:28AM	
		Yama	1:33PM – 3:10PM	Vriddhi Until 10:46PM	Muruga: Yellow	<i>Sunset:</i> 6:24PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	151271368 Rahu	8:42AM – 10:19AM	Kaulava Until 10:45AM	Nataraja: Clear		4th Phase
Until 2:02PM				Trayodashi Until 11:02PM	Moon – Red		Sivaloka Day
Then Routine Work - Marana Yoga				<i>Pradosha Vrata</i>	Chaitra-Panguni		

5		Sunday, April 9, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau			Stamford, CT Sun 27 Sutra 357 Durmukha 5118
Kanya Rasi: 5.04	Tithi 14	Gulika	3:10PM – 4:48PM	Uttaraphalguni Until 3:14PM	Ganesh: Yellow	<i>Sunrise:</i> 5:26AM	
		Yama	11:56AM – 1:33PM	Dhruva Until 10:22PM	Muruga: Yellow	<i>Sunset:</i> 6:25PM	Moon 3 - Phase 49
Creative Work	Amrita Yoga	151271368 Rahu	4:48PM – 6:25PM	Gara Until 11:27AM	Nataraja: Clear		4th Phase
				Chaturdashi* Until 11:55PM	Moon – Red		Sivaloka Day
					Chaitra-Panguni		

Monday, April 10, 2017		Copper Retreat Star		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau			Stamford, CT Sutra 358 Durmukha 5118
Kanya Rasi: 17.35	Tithi 15	Gulika	1:33PM – 3:11PM	Hasta Until 5:08PM	Ganesh: Blue	<i>Sunrise:</i> 5:24AM	
Family Home Evening		Yama	10:18AM – 11:55AM	Vyaghata* Until 10:17PM	Muruga: Yellow	<i>Sunset:</i> 6:26PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	161271368 Rahu	7:02AM – 8:40AM	Visti Until 12:31PM	Nataraja: Clear		Purnima
Until 5:08PM				Purnima* Until 1:10AM Tue	Moon – Green		Devaloka Day
Then Routine Work - Prabalarishta Yoga		Panguni Uttiram			Chaitra-Panguni		
		Hanuman Jayanti					

Tuesday, April 11, 2017		Silver Retreat Star		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau			Stamford, CT Sutra 359 Durmukha 5118
Kanya Rasi: 29.56	Tithi 16	Gulika	11:55AM – 1:33PM	Chitra Until 7:12PM	Ganesh: Blue	<i>Sunrise:</i> 5:23AM	
		Yama	8:39AM – 10:17AM	Harshana Until 10:30PM	Muruga: Yellow	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	161271368 Rahu	3:11PM – 4:49PM	Balava Until 1:57PM	Nataraja: Clear		Prathama
				Prathama* Until 2:47AM Wed	Moon – Green		Devaloka Day
					Chaitra-Panguni		



Wednesday, April 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Svati Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Stamford, CT
Sun 1 Sutra 360

Durmukha 5118

Moon 4 - Phase 50
1st Phase

Tula Rasi: 12.08 Tihi 17

Gulika 10:16AM - 11:55AM
Yama 7:00AM - 8:38AM
Rahu 11:55AM - 1:33PM

Svati Until 9:25PM
Vajra* Until 10:55PM
Taitila Until 3:44PM

Ganesh: Blue Sunrise: 5:21AM
Muruga: Yellow Sunset: 6:28PM
Nataraja: Clear

Moon - Green
Chaitra-Panguni

Devaloka Day

Creative Work Siddha Yoga

Thursday, April 13, 2017

1

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Stamford, CT
Sun 2 Sutra 361

Hemalamba 5119

Moon 4 - Phase 50
1st Phase

Tula Rasi: 24.13 Tihi 18

Gulika 8:37AM - 10:16AM
Yama 5:20AM - 6:58AM
Rahu 1:33PM - 3:12PM

Vishakha Until 12:14AM Fri
Siddhi Until 11:34PM
Vanija Until 5:47PM

Ganesh: Red Sunrise: 5:20AM
Muruga: Yellow Sunset: 6:29PM
Nataraja: Clear

Moon - Orange
Chaitra-Chaitra

Sivaloka Day

Creative Work Siddha Yoga

Tamil New Year

Tritiya Until 6:53AM Fri

Friday, April 14, 2017

2

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Anuradha Nakshatra Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT
Sun 3 Sutra 362

Hemalamba 5119

Moon 4 - Phase 50
1st Phase

Vrischika Rasi: 6.11 Tihi 18 - 19

Gulika 6:57AM - 8:36AM
Yama 3:12PM - 4:51PM
Rahu 10:15AM - 11:54AM

Anuradha Until 3:06AM Sat
Vyatipata* Until 12:23AM Sat
Bava Until 8:04PM

Ganesh: Blue Sunrise: 5:18AM
Muruga: Yellow Sunset: 6:30PM
Nataraja: Clear

Moon - Orange
Chaitra-Chaitra

Devaloka Day

Creative Work Siddha Yoga

Saturday, April 15, 2017

3

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Jyeshtha* Nakshatra Varyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT
Sun 4 Sutra 363

Hemalamba 5119

Moon 4 - Phase 50
1st Phase

Vrischika Rasi: 18.05 Tihi 19 - 20

Gulika 5:16AM - 6:56AM
Yama 1:33PM - 3:13PM
Rahu 8:35AM - 10:15AM

Jyeshtha* Until 5:52AM Sun
Varyan Until 1:15AM Sun
Kaulava Until 10:30PM

Ganesh: Blue Sunrise: 5:16AM
Muruga: Yellow Sunset: 6:31PM
Nataraja: Clear

Moon - Orange
Chaitra-Chaitra

Devaloka Day

Creative Work Siddha Yoga

Until 5:52AM Sun

Then Creative Work - Amrita Yoga

Sunday, April 16, 2017

4

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mula* Nakshatra Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stamford, CT
Sun 5 Sutra 364

Hemalamba 5119

Moon 4 - Phase 50
1st Phase

Vrischika Rasi: 29.58 Tihi 20 - 21

Gulika 3:13PM - 4:53PM
Yama 11:54AM - 1:33PM
Rahu 4:53PM - 6:33PM

Mula* Until 8:56AM Mon
Parigha* Until 2:08AM Mon
Gara Until 12:54AM Mon

Ganesh: Blue Sunrise: 5:15AM
Muruga: Yellow Sunset: 6:33PM
Nataraja: Clear

Moon - Orange
Chaitra-Chaitra

Devaloka Day

Creative Work Amrita Yoga

Until 8:56AM Mon

Then Routine Work - Marana Yoga

Monday, April 17, 2017

5

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Stamford, CT
Sun 6 Sutra 1

Hemalamba 5119

Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 11.52 Tihi 21 - 22

Family Home Evening

Gulika 1:33PM - 3:14PM
Yama 10:13AM - 11:53AM
Rahu 6:53AM - 8:33AM

Mula* Until 8:56AM
Shiva Until 2:53AM Tue
Visti Until 3:07AM Tue

Ganesh: Red Sunrise: 5:13AM
Muruga: Yellow Sunset: 6:34PM
Nataraja: Clear

Moon - Light Blue
Chaitra-Chaitra

Sivaloka Day

Creative Work Siddha Yoga

Until 8:56AM

Then Routine Work - Marana Yoga

Tuesday, April 18, 2017

6

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stamford, CT
Sun 7 Sutra 2

Hemalamba 5119

Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 23.5 Tihi 22 - 23

Gulika 11:53AM - 1:34PM
Yama 8:33AM - 10:13AM
Rahu 3:14PM - 4:54PM

Purvashadha* Until 11:36AM
Siddha Until 3:17AM Wed
Balava Until 4:57AM Wed

Ganesh: Yellow Sunrise: 5:12AM
Muruga: Yellow Sunset: 6:35PM
Nataraja: Clear

Moon - Light Blue
Chaitra-Chaitra

Sivaloka Day

Creative Work Siddha Yoga

Until 11:36AM

Then Routine Work - Prabarishtha Yoga

Wednesday, April 19, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stamford, CT
Sun 8 Sutra 3

Hemalamba 5119

Moon 4 - Phase 50
Ashtami

Makara Rasi: 5.59 Tihi 23 - 24

Gulika 10:12AM - 11:53AM
Yama 6:51AM - 8:32AM
Rahu 11:53AM - 1:34PM

Uttarashadha Until 1:38PM
Sadhya Until 3:15AM Thu
Taitila Until 6:09AM Thu

Ganesh: Yellow Sunrise: 5:10AM
Muruga: Yellow Sunset: 6:36PM
Nataraja: Clear

Moon - Light Blue
Chaitra-Chaitra

Sivaloka Day

Creative Work Amrita Yoga

Until 1:38PM

Then Creative Work - Siddha Yoga

Thursday, April 20, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha Yoga Taitila/Gara Karana Navamyam Titau

Stamford, CT
Sun 9 Sutra 4

Hemalamba 5119

Moon 4 - Phase 50
Navami

Makara Rasi: 18.24 Tihi 24

Gulika 8:31AM - 10:12AM
Yama 5:09AM - 6:50AM
Rahu 1:34PM - 3:15PM

Shravana Until 3:21PM
Subha Until 2:39AM Fri
Taitila Until 6:09AM

Ganesh: White Sunrise: 5:09AM
Muruga: Yellow Sunset: 6:37PM
Nataraja: Clear

Moon - Purple
Chaitra-Chaitra

Devaloka Day

Creative Work Siddha Yoga

Chidambaram Abhishekam

Navami* Until 6:27PM

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1		Friday, April 21, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla Yoga Vanija/Visli* Karana Dashamyam Titau			Stamford, CT
Kumbha Rasi: 1.09	Tithi 25	Gulika	6:49AM – 8:30AM	Dhanishtha Until 4:07PM	Ganesh: White	<i>Sunrise:</i> 5:07AM	Sun 10	Sutra 5	
		Yama	3:15PM – 4:56PM	Sukla Until 1:22AM Sat	Muruga: Yellow	<i>Sunset:</i> 6:38PM		Hemalamba 5119	
Creative Work	Siddha Yoga	292271368 Rahu	10:11AM – 11:53AM	Vanija Until 6:35AM	Nataraja: Clear			Moon 4 - Phase 1	
				Dashami Until 6:28PM	Moon – Purple			2nd Phase	
					Chaitra•Chaitra			Devaloka Day	

2		Saturday, April 22, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manla Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Brahma Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau			Stamford, CT
Kumbha Rasi: 14.2	Tithi 26 – 27	Gulika	5:06AM – 6:47AM	Shatabhishak Until 3:53PM	Ganesh: White	<i>Sunrise:</i> 5:06AM	Sun 11	Sutra 6	
		Yama	1:34PM – 3:16PM	Brahma Until 11:24PM	Muruga: Yellow	<i>Sunset:</i> 6:39PM		Hemalamba 5119	
Creative Work	Amrita Yoga	292271368 Rahu	8:29AM – 10:11AM	Bava Until 6:09AM	Nataraja: Clear			Moon 4 - Phase 1	
Until 3:53PM				Ekadashi* Until 5:36PM	Moon – Purple			2nd Phase	
Then Routine Work - Marana Yoga					Chaitra•Chaitra			Devaloka Day	

3		Sunday, April 23, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Indra Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau			Stamford, CT
Kumbha Rasi: 28	Tithi 27 – 28	Gulika	3:16PM – 4:58PM	Purvaproshtapada* Until 3:08PM	Ganesh: Light Blue	<i>Sunrise:</i> 5:04AM	Sun 12	Sutra 7	
		Yama	11:52AM – 1:34PM	Indra Until 8:49PM	Muruga: Yellow	<i>Sunset:</i> 6:40PM		Hemalamba 5119	
Creative Work	Siddha Yoga	212271368 Rahu	4:58PM – 6:40PM	Gara Until 2:50AM Mon	Nataraja: Clear			Moon 4 - Phase 1	
Until 3:08PM				Dvadashi* Until 3:56PM	Moon – Clear			2nd Phase	
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>	Chaitra•Chaitra			Devaloka Day	

4		Monday, April 24, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau			Stamford, CT
Meena Rasi: 12.08	Tithi 28 – 29	Gulika	1:34PM – 3:16PM	Uttaraproshtapada Until 1:32PM	Ganesh: Light Blue	<i>Sunrise:</i> 5:03AM	Sun 13	Sutra 8	
Family Home Evening		Yama	10:10AM – 11:52AM	Vaidhriti* Until 5:39PM	Muruga: Yellow	<i>Sunset:</i> 6:41PM		Hemalamba 5119	
Creative Work	Siddha Yoga	212271369 Rahu	6:45AM – 8:27AM	Visti Until 12:09AM Tue	Nataraja: Purple			Moon 4 - Phase 1	
				Trayodashi* Until 1:33PM	Moon – Clear			2nd Phase	
					Chaitra•Chaitra			Bhuloka Day	
								Devaloka Time: 12:PM to 3:PM	

		Tuesday, April 25, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Stamford, CT
Retreat Star		Gulika	11:52AM – 1:34PM	Revati Until 11:13AM	Ganesh: Light Blue	<i>Sunrise:</i> 5:01AM	Sun 14	Sutra 9	
Meena Rasi: 26.41	Tithi 29 – 30	Yama	8:27AM – 10:09AM	Vishkambha* Until 2:03PM	Muruga: Yellow	<i>Sunset:</i> 6:42PM		Hemalamba 5119	
Creative Work	Siddha Yoga	212271369 Rahu	3:17PM – 4:59PM	Catuspada Until 8:59PM	Nataraja: Purple			Moon 4 - Phase 1	
				Chaturdashi* Until 10:36AM	Moon – Clear			Amavasya	
					Chaitra•Chaitra			Bhuloka Day	
								Devaloka Time: 12:PM to 3:PM	

Retreat Star		Wednesday, April 26, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau			Stamford, CT
Mesha Rasi: 11.35	Tithi 30 – 1	Gulika	10:09AM – 11:52AM	Ashvini Until 8:47AM	Ganesh: Purple	<i>Sunrise:</i> 5:00AM	Sun 15	Sutra 10	
		Yama	6:43AM – 8:26AM	Priti Until 10:09AM	Muruga: Yellow	<i>Sunset:</i> 6:43PM		Hemalamba 5119	
Routine Work	Marana Yoga	222271369 Rahu	11:52AM – 1:34PM	Bava Until 3:40AM Thu	Nataraja: Purple			Moon 4 - Phase 1	
Until 8:47AM				Amavasya* Until 7:15AM	Moon – White			Prathama	
Then Creative Work - Siddha Yoga					Vaisaka•Chaitra			Bhuloka Day	
								Devaloka Time: 12:PM to 3:PM	

1		Thursday, April 27, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Stamford, CT Sun 16 Sutra 11 Hemalamba 5119	
Mesha Rasi: 26.39	Tithi 2	Gulika 8:25AM – 10:08AM	Bharani Until 6:00AM	Ganesh: Purple <i>Sunrise: 4:59AM</i>			
		Yama 4:59AM – 6:42AM	Ayushman Until 6:04AM	Muruga: Yellow <i>Sunset: 6:44PM</i>			Moon 4 - Phase 2
		222271369 Rahu 1:35PM – 3:18PM	Balava Until 1:52PM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 12:02AM Fri	Moon – White		Bhuloka Day	
Until 6:00AM				Vaisaka-Chaitra		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

2		Friday, April 28, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Tailila/Gara Karana Tritiyayam Titau		Stamford, CT Sun 17 Sutra 12 Hemalamba 5119	
Vrishabha Rasi: 11.46	Tithi 3	Gulika 6:41AM – 8:24AM	Rohini Until 12:29AM Sat	Ganesh: Light Blue <i>Sunrise: 4:57AM</i>			
		Yama 3:18PM – 5:02PM	Sobhana Until 9:58PM	Muruga: Yellow <i>Sunset: 6:45PM</i>			Moon 4 - Phase 2
		232271369 Rahu 10:08AM – 11:51AM	Tailila Until 10:16AM	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Tritiya Until 8:30PM	Moon – Yellow		Bhuloka Day	
Until 12:29AM Sat		Akshaya Tritiya		Vaisaka-Chaitra		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

3		Saturday, April 29, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mantra Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau		Stamford, CT Sun 18 Sutra 13 Hemalamba 5119	
Vrishabha Rasi: 26.44	Tithi 4 – 5	Gulika 4:56AM – 6:40AM	Mrigashira Until 10:06PM	Ganesh: Light Blue <i>Sunrise: 4:56AM</i>			
		Yama 1:35PM – 3:19PM	Athiganda* Until 6:12PM	Muruga: Yellow <i>Sunset: 6:46PM</i>			Moon 4 - Phase 2
		232271369 Rahu 8:23AM – 10:07AM	Vanija Until 6:51AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 5:15PM	Moon – Yellow		Bhuloka Day	
				Vaisaka-Chaitra		Devaloka Time: 12:PM to 3:PM	

4		Sunday, April 30, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Stamford, CT Sun 19 Sutra 14 Hemalamba 5119	
Mithuna Rasi: 11.28	Tithi 5 – 6	Gulika 3:19PM – 5:03PM	Ardra Until 8:01PM	Ganesh: Light Blue <i>Sunrise: 4:54AM</i>			
		Yama 11:51AM – 1:35PM	Sukarma Until 2:46PM	Muruga: Yellow <i>Sunset: 6:47PM</i>			Moon 4 - Phase 2
		232271369 Rahu 5:03PM – 6:47PM	Kaulava Until 1:11AM Mon	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 2:24PM	Moon – Yellow		Bhuloka Day	
		Adi Sankara Jayanthi		Vaisaka-Chaitra		Devaloka Time: 12:PM to 3:PM	

5		Monday, May 1, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Stamford, CT Sun 20 Sutra 15 Hemalamba 5119	
Mithuna Rasi: 25.5	Tithi 6 – 7	Gulika 1:35PM – 3:20PM	Punarvasu Until 6:46PM	Ganesh: Clear <i>Sunrise: 4:52AM</i>			
Family Home Evening		Yama 10:06AM – 11:51AM	Dhriti Until 11:48AM	Muruga: Yellow <i>Sunset: 6:49PM</i>			Moon 4 - Phase 2
		242371369 Rahu 6:37AM – 8:21AM	Gara Until 11:10PM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 12:05PM	Moon – Blue		Devaloka Day	
Until 6:46PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

Retreat Star		Tuesday, May 2, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Stamford, CT Sun 21 Sutra 16 Hemalamba 5119	
Kataka Rasi: 9.49	Tithi 7 – 8	Gulika 11:51AM – 1:36PM	Pushya Until 6:01PM	Ganesh: Orange <i>Sunrise: 4:51AM</i>			
		Yama 8:21AM – 10:06AM	Shula* Until 9:19AM	Muruga: Yellow <i>Sunset: 6:51PM</i>			Moon 4 - Phase 2
		243371369 Rahu 3:21PM – 5:06PM	Visti Until 9:48PM	Nataraja: Purple			Ashtami
Creative Work	Siddha Yoga		Saptami Until 10:23AM	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			

Retreat Star		Wednesday, May 3, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Stamford, CT Sun 22 Sutra 17 Hemalamba 5119	
Kataka Rasi: 23.23	Tithi 8 – 9	Gulika 10:05AM – 11:50AM	Ashlesha* Until 5:47PM	Ganesh: Orange <i>Sunrise: 4:49AM</i>			
		Yama 6:35AM – 8:20AM	Ganda* Until 7:23AM	Muruga: Blue <i>Sunset: 6:52PM</i>			Moon 4 - Phase 2
		243381369 Rahu 11:50AM – 1:36PM	Balava Until 9:06PM	Nataraja: Purple			Navami
Creative Work	Siddha Yoga		Ashtami* Until 9:21AM	Moon – Blue		Bhuloka Day	
				Vaisaka-Chaitra		Devaloka Time: 6:AM to 9:AM	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Thursday, May 4, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Stamford, CT			
Magha* Nakshatra Ayushman/Dhruva Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau Sun 23 Sutra 18					
Simha Rasi: 6.35	Tithi 9 – 10	Gulika 8:19AM – 10:05AM	Magha* Until 6:30PM	Ganesha: Green <i>Sunrise:</i> 4:48AM	Hemalamba 5119
		Yama 4:48AM – 6:34AM	Ayushman Until 6:00AM	Muruga: Blue <i>Sunset:</i> 6:53PM	Moon 4 - Phase 3
		253381369 Rahu 1:36PM – 3:21PM	Tailila Until 9:03PM	Nataraja: Purple	4th Phase
Creative Work	Amrita Yoga		Navami* Until 8:59AM	Moon – Red	Bhuloka Day
Until 6:30PM				Vaisaka•Chaitra	
Then Creative Work - Siddha Yoga					

2 Friday, May 5, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Stamford, CT			
Purvaphalguni Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau Sun 24 Sutra 19					
Simha Rasi: 19.28	Tithi 10 – 11	Gulika 6:33AM – 8:19AM	Purvaphalguni Until 7:37PM	Ganesha: Green <i>Sunrise:</i> 4:47AM	Hemalamba 5119
		Yama 3:22PM – 5:08PM	Vyaghata* Until 4:36AM Sat	Muruga: Blue <i>Sunset:</i> 6:54PM	Moon 4 - Phase 3
		253381369 Rahu 10:04AM – 11:50AM	Vanija Until 9:35PM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Dashami Until 9:14AM	Moon – Red	Bhuloka Day
				Vaisaka•Chaitra	

3 Saturday, May 6, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mantra Vasara Yuktayam Stamford, CT			
Uttaraphalguni Nakshatra Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau Sun 25 Sutra 20					
Kanya Rasi: 2.05	Tithi 11 – 12	Gulika 4:46AM – 6:32AM	Uttaraphalguni Until 9:05PM	Ganesha: Green <i>Sunrise:</i> 4:46AM	Hemalamba 5119
		Yama 1:36PM – 3:22PM	Harshana Until 4:30AM Sun	Muruga: Blue <i>Sunset:</i> 6:55PM	Moon 4 - Phase 3
		253381369 Rahu 8:18AM – 10:04AM	Bava Until 10:36PM	Nataraja: Purple	4th Phase
Routine Work	Marana Yoga		Ekadashi Until 10:01AM	Moon – Red	Bhuloka Day
				Vaisaka•Chaitra	

4 Sunday, May 7, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Stamford, CT			
Hasta Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 21					
Kanya Rasi: 14.3	Tithi 12 – 13	Gulika 3:23PM – 5:09PM	Hasta Until 11:14PM	Ganesha: Red <i>Sunrise:</i> 4:44AM	Hemalamba 5119
		Yama 11:50AM – 1:36PM	Vajra* Until 4:40AM Mon	Muruga: Blue <i>Sunset:</i> 6:56PM	Moon 4 - Phase 3
		263381369 Rahu 5:09PM – 6:56PM	Kaulava Until 12:01AM Mon	Nataraja: Purple	4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 11:15AM	Moon – Green	Bhuloka Day
Until 11:14PM				Vaisaka•Chaitra	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>		

5 Monday, May 8, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Stamford, CT			
Chitra Nakshatra Siddhi Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 22					
Kanya Rasi: 26.46	Tithi 13 – 14	Gulika 1:37PM – 3:23PM	Chitra Until 1:32AM Tue	Ganesha: Red <i>Sunrise:</i> 4:43AM	Hemalamba 5119
Family Home Evening		Yama 10:03AM – 11:50AM	Siddhi Until 5:04AM Tue	Muruga: Blue <i>Sunset:</i> 6:57PM	Moon 4 - Phase 3
		263381369 Rahu 6:30AM – 8:17AM	Gara Until 1:44AM Tue	Nataraja: Purple	4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 12:49PM	Moon – Green	Bhuloka Day
Until 1:32AM Tue				Vaisaka•Chaitra	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga					

○ Tuesday, May 9, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Stamford, CT			
Copper Retreat Star		Svati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau Sun 28 Sutra 23			
Tula Rasi: 8.55	Tithi 14 – 15	Gulika 11:50AM – 1:37PM	Svati Until 3:54AM Wed	Ganesha: Red <i>Sunrise:</i> 4:42AM	Hemalamba 5119
		Yama 8:16AM – 10:03AM	Vyatipata* Until 5:40AM Wed	Muruga: Blue <i>Sunset:</i> 6:58PM	Moon 4 - Phase 3
		263381369 Rahu 3:24PM – 5:11PM	Visti Until 3:42AM Wed	Nataraja: Purple	Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 2:40PM	Moon – Green	Bhuloka Day
		Budha Purnima (Tamil Nadu)		Vaisaka•Chaitra	Devaloka Time: 6:AM to 9:AM

Wednesday, May 10, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Stamford, CT			
Silver Retreat Star		Vishakha Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 29 Sutra 24			
Tula Rasi: 20.57	Tithi 15 – 16	Gulika 10:03AM – 11:50AM	Vishakha Until 6:48AM Thu	Ganesha: Blue <i>Sunrise:</i> 4:41AM	Hemalamba 5119
		Yama 6:28AM – 8:15AM	Variyan Until 6:23AM Thu	Muruga: Blue <i>Sunset:</i> 6:59PM	Moon 4 - Phase 3
		273381369 Rahu 11:50AM – 1:37PM	Balava Until 5:51AM Thu	Nataraja: Purple	Prathama
Creative Work	Siddha Yoga		Purnima* Until 4:44PM	Moon – Orange	Bhuloka Day
				Vaisaka•Chaitra	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda