



Saturday, April 23, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam

Des Moines, IA

Tula Rasi: 23.34      Tihti 17

271621369

**Gulika** 5:21AM – 7:03AM  
Yama 1:55PM – 3:38PM  
**Rahu** 8:46AM – 10:29AM

**Vishakha** Until 1:35AM Sun  
Siddhi Until 6:08AM  
Taitila Until 3:02PM  
**Dvitiya** Until 4:06AM Sun

**Ganesha:** Purple      *Sunrise:* 5:21AM  
**Muruga:** White      *Sunset:* 7:03PM  
**Nataraja:** Clear  
Moon – Orange

Sutra 6  
Durmukha 5118  
Moon 4 - Phase 2  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Creative Work    Siddha Yoga  
Until 1:35AM Sun  
Then Routine Work - Marana Yoga

Sunday, April 24, 2016

1

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Des Moines, IA

Vrischika Rasi: 5.32      Tihti 18

271621369

**Gulika** 3:38PM – 5:21PM  
Yama 12:12PM – 1:55PM  
**Rahu** 5:21PM – 7:04PM

**Anuradha** Until 4:08AM Mon  
Vyatipata\* Until 6:53AM  
Vanija Until 5:08PM  
**Tritiya** Until 6:04AM Mon

**Ganesha:** Purple      *Sunrise:* 5:19AM  
**Muruga:** White      *Sunset:* 7:04PM  
**Nataraja:** Purple  
Moon – Orange

Sun 1      Sutra 7  
Durmukha 5118  
Moon 4 - Phase 2  
1st Phase

**Bhuloka Day**

Routine Work    Marana Yoga  
Until 4:08AM Mon  
Then Creative Work - Siddha Yoga

Monday, April 25, 2016

2

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam

Des Moines, IA

Vrischika Rasi: 17.36      Tihti 18 – 19

271621369

**Gulika** 1:55PM – 3:38PM  
Yama 10:28AM – 12:12PM  
**Rahu** 7:01AM – 8:45AM

**Jyeshtha\*** Until 6:12AM Tue  
Variyan Until 7:23AM  
Bava Until 6:57PM  
**Tritiya** Until 6:04AM

**Ganesha:** Purple      *Sunrise:* 5:18AM  
**Muruga:** White      *Sunset:* 7:05PM  
**Nataraja:** Purple  
Moon – Orange

Sun 2      Sutra 8  
Durmukha 5118  
Moon 4 - Phase 2  
1st Phase

**Bhuloka Day**

Creative Work    Siddha Yoga  
Until 6:12AM Tue  
Then Creative Work - Amrita Yoga

Tuesday, April 26, 2016

3

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam

Des Moines, IA

Vrischika Rasi: 29.48      Tihti 19 – 20

271621369

**Gulika** 12:11PM – 1:55PM  
Yama 8:44AM – 10:28AM  
**Rahu** 3:39PM – 5:23PM

**Jyeshtha\*** Until 6:12AM  
Parigha\* Until 7:39AM  
Kaulava Until 8:23PM  
**Chaturthi\*** Until 7:42AM

**Ganesha:** Purple      *Sunrise:* 5:16AM  
**Muruga:** White      *Sunset:* 7:06PM  
**Nataraja:** Purple  
Moon – Orange

Sun 3      Sutra 9  
Durmukha 5118  
Moon 4 - Phase 2  
1st Phase

**Bhuloka Day**

Routine Work    Marana Yoga  
Until 6:12AM  
Then Creative Work - Amrita Yoga

Wednesday, April 27, 2016

4

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam

Des Moines, IA

Dhanus Rasi: 12.1      Tihti 20 – 21

281621369

**Gulika** 10:27AM – 12:11PM  
Yama 6:59AM – 8:43AM  
**Rahu** 12:11PM – 1:55PM

**Mula\*** Until 8:13AM  
Shiva Until 7:38AM  
Gara Until 9:22PM  
**Panchami** Until 8:55AM

**Ganesha:** Clear      *Sunrise:* 5:15AM  
**Muruga:** White      *Sunset:* 7:07PM  
**Nataraja:** Purple  
Moon – Light Blue

Sun 4      Sutra 10  
Durmukha 5118  
Moon 4 - Phase 2  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Routine Work    Marana Yoga  
Until 8:13AM  
Then Creative Work - Amrita Yoga

Thursday, April 28, 2016

5

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam

Des Moines, IA

Dhanus Rasi: 24.46      Tihti 21 – 22

281621369

**Gulika** 8:42AM – 10:27AM  
Yama 5:14AM – 6:58AM  
**Rahu** 1:55PM – 3:40PM

**Purvashadha\*** Until 9:34AM  
Siddha Until 7:11AM  
Visti Until 9:48PM  
**Shashthi\*** Until 9:39AM

**Ganesha:** Clear      *Sunrise:* 5:14AM  
**Muruga:** White      *Sunset:* 7:09PM  
**Nataraja:** Purple  
Moon – Light Blue

Sun 5      Sutra 11  
Durmukha 5118  
Moon 4 - Phase 2  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work    Siddha Yoga  
Until 9:34AM  
Then Routine Work - Marana Yoga

Friday, April 29, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam

Des Moines, IA

Makara Rasi: 7.37      Tihti 22 – 23

281621369

**Gulika** 6:57AM – 8:42AM  
Yama 3:40PM – 5:25PM  
**Rahu** 10:26AM – 12:11PM

**Uttarashadha** Until 10:12AM  
Sadhya Until 6:18AM  
Balava Until 9:36PM  
**Saptami** Until 9:46AM

**Ganesha:** Clear      *Sunrise:* 5:12AM  
**Muruga:** White      *Sunset:* 7:10PM  
**Nataraja:** Purple  
Moon – Light Blue

Sun 6      Sutra 12  
Durmukha 5118  
Moon 4 - Phase 2  
Ashtami

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Routine Work    Marana Yoga

Saturday, April 30, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam

Des Moines, IA

Makara Rasi: 20.49      Tihti 23 – 24

291621369

**Gulika** 5:11AM – 6:56AM  
Yama 1:56PM – 3:41PM  
**Rahu** 8:41AM – 10:26AM

**Shravana** Until 10:29AM  
Sukla Until 2:56AM Sun  
Taitila Until 8:42PM  
**Ashtami\*** Until 9:13AM

**Ganesha:** White      *Sunrise:* 5:11AM  
**Muruga:** White      *Sunset:* 7:11PM  
**Nataraja:** Purple  
Moon – Purple

Sun 7      Sutra 13  
Durmukha 5118  
Moon 4 - Phase 2  
Navami

**Bhuloka Day**

Creative Work    Siddha Yoga

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang

<b>1 Sunday, May 1, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Des Moines, IA
Kumbha Rasi: 4.25    Tihi 24 – 25		Dhanishtha/Shatabhishak Nakshatra Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 8    Sutra 14
Routine Work    Marana Yoga		<b>Gulika</b> 3:41PM – 5:27PM	<b>Dhanishtha</b> Until 9:54AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:10AM	Durmukha 5118	
Until 9:54AM		Yama    12:11PM – 1:56PM	Brahma    Until 12:24AM Mon	<b>Muruga:</b> White <i>Sunset:</i> 7:12PM	Moon 4 - Phase 3	
Then Creative Work - Siddha Yoga		292621369 <b>Rahu</b> 5:27PM – 7:12PM	Vanija    Until 7:05PM	<b>Nataraja:</b> Purple	2nd Phase	
		Navami*    Until 7:58AM			<b>Bhuloka Day</b>	
		Moon – Purple			Devaloka Time: 9:AM to12:PM	
		Chaitra•Chaitra				

<b>2 Monday, May 2, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam				Des Moines, IA
Kumbha Rasi: 18.25    Tihi 25 – 26		Shatabhishak/Purvproshthapada* Nakshatra Indra Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau				Sun 9    Sutra 15
Routine Work    Marana Yoga		<b>Gulika</b> 1:56PM – 3:42PM	<b>Shatabhishak</b> Until 8:30AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:08AM	Durmukha 5118	
Until 8:30AM		Yama    10:25AM – 12:11PM	Indra    Until 9:22PM	<b>Muruga:</b> White <i>Sunset:</i> 7:13PM	Moon 4 - Phase 3	
Then Routine Work - Marana Yoga		292621369 <b>Rahu</b> 6:54AM – 8:40AM	Balava    Until 3:27AM Tue	<b>Nataraja:</b> Purple	2nd Phase	
		Dashedmi    Until 6:01AM			<b>Bhuloka Day</b>	
		Moon – Purple			Devaloka Time: 9:AM to12:PM	
		Chaitra•Chaitra				

<b>3 Tuesday, May 3, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam				Des Moines, IA
Meena Rasi: 2.5    Tihi 27		Purvproshthapada*/Uttarproshthapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Tailila Karana Dvadashyam Titau				Sun 10    Sutra 16
Routine Work    Marana Yoga		<b>Gulika</b> 12:11PM – 1:56PM	<b>Purvproshthapada*</b> Until 6:47AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:07AM	Durmukha 5118	
Until 6:47AM		Yama    8:39AM – 10:25AM	Vaidhriti*    Until 5:50PM	<b>Muruga:</b> White <i>Sunset:</i> 7:14PM	Moon 4 - Phase 3	
Then Creative Work - Amrita Yoga		212621369 <b>Rahu</b> 3:42PM – 5:28PM	Kaulava    Until 1:59PM	<b>Nataraja:</b> Purple	2nd Phase	
		Dvadashi*    Until 12:22AM Wed			<b>Bhuloka Day</b>	
		Moon – Clear			Devaloka Time: 9:AM to12:PM	
		Chaitra•Chaitra				

<b>4 Wednesday, May 4, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam				Des Moines, IA
Meena Rasi: 17.38    Tihi 28		Revati Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11    Sutra 17
Routine Work    Marana Yoga		<b>Gulika</b> 10:24AM – 12:10PM	<b>Revati</b> Until 1:34AM Thu	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:06AM	Durmukha 5118	
Until 1:34AM Thu		Yama    6:52AM – 8:38AM	Vishkambha*    Until 1:59PM	<b>Muruga:</b> White <i>Sunset:</i> 7:15PM	Moon 4 - Phase 3	
Then Creative Work - Amrita Yoga		212621369 <b>Rahu</b> 12:10PM – 1:57PM	Gara    Until 10:41AM	<b>Nataraja:</b> Purple	2nd Phase	
		Trayodashi*    Until 8:54PM			<b>Bhuloka Day</b>	
		Pradosha Vrata (Fasting)			Devaloka Time: 9:AM to12:PM	
		Chaitra•Chaitra				

<b>5 Thursday, May 5, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam				Des Moines, IA
Mesha Rasi: 2.42    Tihi 29 – 30		Ashvini Nakshatra Priti/Ayushman Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12    Sutra 18
Creative Work    Amrita Yoga		<b>Gulika</b> 8:38AM – 10:24AM	<b>Ashvini</b> Until 10:48PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:05AM	Durmukha 5118	
Until 10:48PM		Yama    5:05AM – 6:51AM	Priti    Until 9:54AM	<b>Muruga:</b> White <i>Sunset:</i> 7:16PM	Moon 4 - Phase 3	
Then Creative Work - Siddha Yoga		222621369 <b>Rahu</b> 1:57PM – 3:43PM	Visti    Until 7:06AM	<b>Nataraja:</b> Purple	2nd Phase	
		Chaturdashi*    Until 5:13PM			<b>Bhuloka Day</b>	
		Moon – White			Devaloka Time: 9:AM to12:PM	
		Chaitra•Chaitra				

<b>Friday, May 6, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam				Des Moines, IA
<b>Retreat Star</b>		Bharani Nakshatra Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13    Sutra 19
Mesha Rasi: 17.53    Tihi 30 – 1		<b>Gulika</b> 6:50AM – 8:37AM	<b>Bharani</b> Until 7:52PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:03AM	Durmukha 5118	
Creative Work    Siddha Yoga		Yama    3:44PM – 5:30PM	Saubhagya    Until 1:31AM Sat	<b>Muruga:</b> White <i>Sunset:</i> 7:17PM	Moon 4 - Phase 3	
		222621369 <b>Rahu</b> 10:24AM – 12:10PM	Kintughna    Until 11:37PM	<b>Nataraja:</b> Purple	Amavasya	
		Amavasya*    Until 1:27PM			<b>Bhuloka Day</b>	
		Moon – White			Devaloka Time: 9:AM to12:PM	
		Chaitra•Chaitra				

<b>Saturday, May 7, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam				Des Moines, IA
<b>Retreat Star</b>		Krittika/Rohini Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 14    Sutra 20
Vrisabha Rasi: 3.02    Tihi 1 – 2		<b>Gulika</b> 5:02AM – 6:49AM	<b>Krittika</b> Until 4:57PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:02AM	Durmukha 5118	
Creative Work    Amrita Yoga		Yama    1:57PM – 3:44PM	Sobhana    Until 9:32PM	<b>Muruga:</b> White <i>Sunset:</i> 7:18PM	Moon 4 - Phase 3	
		222621369 <b>Rahu</b> 8:36AM – 10:23AM	Balava    Until 8:04PM	<b>Nataraja:</b> Purple	Prathama	
		Prathama*    Until 9:47AM			<b>Bhuloka Day</b>	
		Moon – White			Devaloka Time: 9:AM to12:PM	
		Vaisaka•Chaitra				

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

# 1 Sunday, May 8, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau

Des Moines, IA

232621369  
Wrishabha Rasi: 18.01 Tithi 2 - 3

**Gulika** 3:45PM - 5:32PM  
**Yama** 12:10PM - 1:57PM  
**Rahu** 5:32PM - 7:19PM

**Rohini** Until 2:38PM  
**Athiganda\*** Until 5:49PM  
**Gara** Until 3:26AM Mon  
**Dvitiya** Until 6:24AM

**Ganesha:** Yellow *Sunrise:* 5:01AM  
**Muruga:** White *Sunset:* 7:19PM  
**Nataraja:** Purple  
Moon - Yellow  
**Vaisaka-Chaitra**

Sun 15 Sutra 21  
Durmukha 5118  
Moon 4 - Phase 4  
3rd Phase

Creative Work Siddha Yoga

Mother's Day

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

# 2 Monday, May 9, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Chaturthiyam Titau

Des Moines, IA

232621369  
Mithuna Rasi: 2.39 Tithi 4  
**Family Home Evening**

**Gulika** 1:58PM - 3:45PM  
**Yama** 10:23AM - 12:10PM  
**Rahu** 6:48AM - 8:35AM

**Mrigashira** Until 12:41PM  
**Sukarma** Until 2:33PM  
**Vanija** Until 2:11PM  
**Chaturthi\*** Until 1:04AM Tue

**Ganesha:** Yellow *Sunrise:* 5:00AM  
**Muruga:** White *Sunset:* 7:20PM  
**Nataraja:** Purple  
Moon - Yellow  
**Vaisaka-Chaitra**

Sun 16 Sutra 22  
Durmukha 5118  
Moon 4 - Phase 4  
3rd Phase

Creative Work Amrita Yoga

Until 12:41PM

Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

# 3 Tuesday, May 10, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Panchamyam Titau

Des Moines, IA

232621369  
Mithuna Rasi: 16.51 Tithi 5

**Gulika** 12:10PM - 1:58PM  
**Yama** 8:35AM - 10:22AM  
**Rahu** 3:46PM - 5:33PM

**Ardra** Until 11:15AM  
**Dhriti** Until 11:51AM  
**Bava** Until 12:10PM  
**Panchami** Until 11:26PM

**Ganesha:** Yellow *Sunrise:* 4:59AM  
**Muruga:** White *Sunset:* 7:21PM  
**Nataraja:** Purple  
Moon - Yellow  
**Vaisaka-Chaitra**

Sun 17 Sutra 23  
Durmukha 5118  
Moon 4 - Phase 4  
3rd Phase

Routine Work Marana Yoga

Until 11:15AM

Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

# 4 Wednesday, May 11, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Shashthiyam Titau

Des Moines, IA

242621369  
Kataka Rasi: 0.35 Tithi 6

**Gulika** 10:22AM - 12:10PM  
**Yama** 6:46AM - 8:34AM  
**Rahu** 12:10PM - 1:58PM

**Punarvasu** Until 10:54AM  
**Shula\*** Until 9:46AM  
**Kaulava** Until 10:56AM  
**Shashthi\*** Until 10:37PM

**Ganesha:** White *Sunrise:* 4:58AM  
**Muruga:** White *Sunset:* 7:22PM  
**Nataraja:** Purple  
Moon - Blue  
**Vaisaka-Chaitra**

Sun 18 Sutra 24  
Durmukha 5118  
Moon 4 - Phase 4  
3rd Phase

Creative Work Siddha Yoga

**Devaloka Day**

# 5 Thursday, May 12, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau

Des Moines, IA

242621369  
Kataka Rasi: 13.5 Tithi 7

**Gulika** 8:33AM - 10:22AM  
**Yama** 4:57AM - 6:45AM  
**Rahu** 1:58PM - 3:47PM

**Pushya** Until 11:14AM  
**Ganda\*** Until 8:23AM  
**Gara** Until 10:34AM  
**Saptami** Until 10:41PM

**Ganesha:** White *Sunrise:* 4:57AM  
**Muruga:** White *Sunset:* 7:23PM  
**Nataraja:** Purple  
Moon - Blue  
**Vaisaka-Chaitra**

Sun 19 Sutra 25  
Durmukha 5118  
Moon 4 - Phase 4  
3rd Phase

Creative Work Amrita Yoga

Until 11:14AM

Then Creative Work - Siddha Yoga

**Devaloka Day**

# Friday, May 13, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Ashtamyam Titau

Des Moines, IA

242621369  
Kataka Rasi: 26.38 Tithi 8  
**Retreat Star**

**Gulika** 6:44AM - 8:33AM  
**Yama** 3:47PM - 5:36PM  
**Rahu** 10:21AM - 12:10PM

**Ashlesha\*** Until 12:15PM  
**Vridhhi** Until 7:41AM  
**Visti** Until 11:04AM  
**Ashtami\*** Until 11:36PM

**Ganesha:** White *Sunrise:* 4:56AM  
**Muruga:** White *Sunset:* 7:24PM  
**Nataraja:** Purple  
Moon - Blue  
**Vaisaka-Chaitra**

Sun 20 Sutra 26  
Durmukha 5118  
Moon 4 - Phase 4  
Ashtami

Routine Work Marana Yoga

**Devaloka Day**

# Saturday, May 14, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Navamyam Titau

Des Moines, IA

252621369  
Simha Rasi: 9.04 Tithi 9  
**Retreat Star**

**Gulika** 4:55AM - 6:44AM  
**Yama** 1:59PM - 3:48PM  
**Rahu** 8:32AM - 10:21AM

**Magha\*** Until 2:22PM  
**Dhruva** Until 7:36AM  
**Balava** Until 12:21PM  
**Navami\*** Until 1:13AM Sun

**Ganesha:** Clear *Sunrise:* 4:55AM  
**Muruga:** White *Sunset:* 7:25PM  
**Nataraja:** Purple  
Moon - Red  
**Vaisaka-Vaikasi**

Sun 21 Sutra 27  
Durmukha 5118  
Moon 4 - Phase 4  
Navami

Creative Work Amrita Yoga

Until 2:22PM

Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

<b>1 Sunday, May 15, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Tailila/Gara Karana Dashamyam Titau				Des Moines, IA Sun 22 Sutra 28
Simha Rasi: 21.13	Tithi 10	<b>Gulika</b> 3:48PM – 5:37PM	<b>Purvaphalguni Until 4:54PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:54AM	Durmukha 5118
		<b>Yama</b> 12:10PM – 1:59PM	<b>Vyaghata* Until 8:03AM</b>	<b>Muruga:</b> White	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 5
		253621369 <b>Rahu</b> 5:37PM – 7:26PM	<b>Tailila Until 2:16PM</b>	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 3:22AM Mon</b>	Moon – Red		<b>Bhuloka Day</b>
Until 4:54PM				<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Amrita Yoga						

<b>2 Monday, May 16, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Ekadashyam Titau				Des Moines, IA Sun 23 Sutra 29
Kanya Rasi: 3.1	Tithi 11	<b>Gulika</b> 1:59PM – 3:49PM	<b>Uttaraphalguni Until 7:40PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:53AM	Durmukha 5118
<b>Family Home Evening</b>		<b>Yama</b> 10:21AM – 12:10PM	<b>Harshana Until 8:52AM</b>	<b>Muruga:</b> White	<i>Sunset:</i> 7:27PM	Moon 4 - Phase 5
		253621369 <b>Rahu</b> 6:42AM – 8:31AM	<b>Vanija Until 4:36PM</b>	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Vanija Until 4:36PM</b>	Moon – Red		<b>Bhuloka Day</b>
			<b>Ekadashi Until 5:51AM Tue</b>	<b>Vaisaka-Vaikasi</b>		

<b>3 Tuesday, May 17, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava Karana Dvadashyam Titau				Des Moines, IA Sun 24 Sutra 30
Kanya Rasi: 14.59	Tithi 12	<b>Gulika</b> 12:10PM – 2:00PM	<b>Hasta Until 10:56PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:52AM	Durmukha 5118
		<b>Yama</b> 8:31AM – 10:21AM	<b>Vajra* Until 9:52AM</b>	<b>Muruga:</b> White	<i>Sunset:</i> 7:28PM	Moon 4 - Phase 5
		263621369 <b>Rahu</b> 3:49PM – 5:39PM	<b>Bava Until 7:10PM</b>	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 8:26AM Wed</b>	Moon – Green		<b>Bhuloka Day</b>
				<b>Vaisaka-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM

<b>4 Wednesday, May 18, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Des Moines, IA Sun 25 Sutra 31
Kanya Rasi: 26.47	Tithi 12 – 13	<b>Gulika</b> 10:20AM – 12:10PM	<b>Chitra Until 2:02AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:51AM	Durmukha 5118
		<b>Yama</b> 6:41AM – 8:31AM	<b>Siddhi Until 10:57AM</b>	<b>Muruga:</b> White	<i>Sunset:</i> 7:29PM	Moon 4 - Phase 5
		263721369 <b>Rahu</b> 12:10PM – 2:00PM	<b>Kaulava Until 9:44PM</b>	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 8:26AM</b>	Moon – Green		<b>Devaloka Day</b>
Until 2:02AM Thu			<i>Pradosha Vrata</i>	<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Amrita Yoga						

<b>5 Thursday, May 19, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA Sun 26 Sutra 32
Tula Rasi: 8.37	Tithi 13 – 14	<b>Gulika</b> 8:30AM – 10:20AM	<b>Svati Until 4:49AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:50AM	Durmukha 5118
		<b>Yama</b> 4:50AM – 6:40AM	<b>Vyatipata* Until 11:59AM</b>	<b>Muruga:</b> White	<i>Sunset:</i> 7:30PM	Moon 4 - Phase 5
		263721369 <b>Rahu</b> 2:00PM – 3:50PM	<b>Gara Until 12:09AM Fri</b>	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Trayodashi Until 10:57AM</b>	Moon – Green		<b>Devaloka Day</b>
Until 4:49AM Fri				<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Siddha Yoga						

<b>Friday, May 20, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau				Des Moines, IA Sun 27 Sutra 33
<b>Copper Retreat Star</b>		<b>Gulika</b> 6:40AM – 8:30AM	<b>Vishakha Until 7:40AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:49AM	Durmukha 5118
Tula Rasi: 20.29	Tithi 14 – 15	<b>Yama</b> 3:51PM – 5:41PM	<b>Variyan Until 12:50PM</b>	<b>Muruga:</b> White	<i>Sunset:</i> 7:31PM	Moon 4 - Phase 5
		273721369 <b>Rahu</b> 10:20AM – 12:10PM	<b>Visti Until 2:20AM Sat</b>	<b>Nataraja:</b> Purple		Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 1:15PM</b>	Moon – Orange		<b>Bhuloka Day</b>
				<b>Vaisaka-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM

<b>Saturday, May 21, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Des Moines, IA Sun 28 Sutra 34
<b>Silver Retreat Star</b>		<b>Gulika</b> 4:49AM – 6:39AM	<b>Vishakha Until 7:40AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:49AM	Durmukha 5118
Vrischika Rasi: 2.29	Tithi 15 – 16	<b>Yama</b> 2:01PM – 3:51PM	<b>Parigha* Until 1:28PM</b>	<b>Muruga:</b> White	<i>Sunset:</i> 7:32PM	Moon 4 - Phase 5
		273721369 <b>Rahu</b> 8:29AM – 10:20AM	<b>Balava Until 4:11AM Sun</b>	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Purnima* Until 3:17PM</b>	Moon – Orange		<b>Bhuloka Day</b>
		<b>Vaikasi Visakam</b>		<b>Vaisaka-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudev.org/panchang



Sunday, May 22, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha\* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Des Moines, IA

Sutra 35

Durmukha 5118

Moon 5 - Phase 6

1st Phase

Vrischika Rasi: 14.35 Tithi 16 - 17

273721369

Gulika 3:52PM - 5:42PM  
Yama 12:10PM - 2:01PM  
Rahu 5:42PM - 7:33PM

Anuradha Until 10:03AM  
Shiva Until 1:53PM  
Taitila Until 5:42AM Mon  
Prathama\* Until 4:58PM

Ganesha: Clear Sunrise: 4:48AM  
Muruga: White Sunset: 7:33PM  
Nataraja: Purple  
Moon - Orange  
Vaisaka-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Monday, May 23, 2016

1

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha\*/Mula\* Nakshatra Siddha/Sadhya Yoga Gara Karana Dvitiyayam Titau

Des Moines, IA

Sun 1 Sutra 36

Durmukha 5118

Moon 5 - Phase 6

1st Phase

Vrischika Rasi: 26.51 Tithi 17

273721369

Family Home Evening  
Creative Work Siddha Yoga

Gulika 2:01PM - 3:52PM  
Yama 10:20AM - 12:10PM  
Rahu 6:38AM - 8:29AM

Jyeshtha\* Until 11:56AM  
Siddha Until 1:59PM  
Gara Until 6:19PM  
Dvitiya Until 6:19PM

Ganesha: Clear Sunrise: 4:47AM  
Muruga: White Sunset: 7:34PM  
Nataraja: Purple  
Moon - Orange  
Vaisaka-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Tuesday, May 24, 2016

2

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula\*/Purvashadha\* Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Tritiyayam Titau

Des Moines, IA

Sun 2 Sutra 37

Durmukha 5118

Moon 5 - Phase 6

1st Phase

Dhanus Rasi: 9.15 Tithi 18

283721369

Creative Work Amrita Yoga  
Until 1:48PM  
Then Creative Work - Siddha Yoga

Gulika 12:11PM - 2:02PM  
Yama 8:29AM - 10:20AM  
Rahu 3:53PM - 5:44PM

Mula\* Until 1:48PM  
Sadhya Until 1:50PM  
Vanija Until 6:52AM  
Tritiya Until 7:17PM

Ganesha: White Sunrise: 4:46AM  
Muruga: White Sunset: 7:35PM  
Nataraja: Purple  
Moon - Light Blue  
Vaisaka-Vaikasi

Devaloka Day

Wednesday, May 25, 2016

3

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha\*/Uttarashadha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Des Moines, IA

Sun 3 Sutra 38

Durmukha 5118

Moon 5 - Phase 6

1st Phase

Dhanus Rasi: 21.5 Tithi 19

383721369

Creative Work Amrita Yoga

Gulika 10:19AM - 12:11PM  
Yama 6:37AM - 8:28AM  
Rahu 12:11PM - 2:02PM

Purvashadha\* Until 3:08PM  
Subha Until 1:24PM  
Bava Until 7:39AM  
Chaturthi\* Until 7:52PM

Ganesha: Clear Sunrise: 4:46AM  
Muruga: White Sunset: 7:35PM  
Nataraja: Purple  
Moon - Light Blue  
Vaisaka-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Thursday, May 26, 2016

4

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Des Moines, IA

Sun 4 Sutra 39

Durmukha 5118

Moon 5 - Phase 6

1st Phase

Makara Rasi: 4.35 Tithi 20

383721369

Routine Work Marana Yoga  
Until 3:54PM  
Then Creative Work - Siddha Yoga

Gulika 8:28AM - 10:19AM  
Yama 4:45AM - 6:37AM  
Rahu 2:02PM - 3:54PM

Uttarashadha Until 3:54PM  
Sukla Until 12:37PM  
Kaulava Until 8:02AM  
Panchami Until 8:02PM

Ganesha: Clear Sunrise: 4:45AM  
Muruga: White Sunset: 7:36PM  
Nataraja: Purple  
Moon - Light Blue  
Vaisaka-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Friday, May 27, 2016

5

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA

Sun 5 Sutra 40

Durmukha 5118

Moon 5 - Phase 6

1st Phase

Makara Rasi: 17.34 Tithi 21

393731369

Routine Work Marana Yoga  
Until 4:31PM  
Then Creative Work - Siddha Yoga

Gulika 6:36AM - 8:28AM  
Yama 3:54PM - 5:46PM  
Rahu 10:19AM - 12:11PM

Shravana Until 4:31PM  
Brahma Until 11:29AM  
Gara Until 7:57AM  
Shashthi\* Until 7:43PM

Ganesha: White Sunrise: 4:45AM  
Muruga: Clear Sunset: 7:37PM  
Nataraja: Purple  
Moon - Purple  
Vaisaka-Vaikasi

Sivaloka Day

Saturday, May 28, 2016

6

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Visti\*/Bava Karana Sapthamyam Titau

Des Moines, IA

Sun 6 Sutra 41

Durmukha 5118

Moon 5 - Phase 6

1st Phase

Kumbha Rasi: 0.47 Tithi 22

393731369

Creative Work Siddha Yoga  
Until 4:29PM  
Then Creative Work - Amrita Yoga

Gulika 4:44AM - 6:36AM  
Yama 2:03PM - 3:54PM  
Rahu 8:27AM - 10:19AM

Dhanishtha Until 4:29PM  
Indra Until 9:57AM  
Visti Until 7:24AM  
Saptami Until 6:54PM

Ganesha: White Sunrise: 4:44AM  
Muruga: Clear Sunset: 7:38PM  
Nataraja: Purple  
Moon - Purple  
Vaisaka-Vaikasi

Sivaloka Day

Sunday, May 29, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

Des Moines, IA

Sun 7 Sutra 42

Durmukha 5118

Moon 5 - Phase 6

Ashtami

Kumbha Rasi: 14.19 Tithi 23 - 24

394731369

Creative Work Siddha Yoga

Gulika 3:55PM - 5:47PM  
Yama 12:11PM - 2:03PM  
Rahu 5:47PM - 7:39PM

Shatabhishak Until 3:45PM  
Vaidhriti\* Until 7:59AM  
Balava Until 6:18AM  
Ashtami\* Until 5:31PM

Ganesha: Yellow Sunrise: 4:43AM  
Muruga: Clear Sunset: 7:39PM  
Nataraja: Purple  
Moon - Purple  
Vaisaka-Vaikasi

Devaloka Day

Monday, May 30, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada\*/Uttaraproshtapada Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Des Moines, IA

Sun 8 Sutra 43

Durmukha 5118

Moon 5 - Phase 6

Navami

Kumbha Rasi: 28.1 Tithi 24 - 25

314731369

Family Home Evening  
Routine Work Marana Yoga  
Until 2:47PM  
Then Creative Work - Siddha Yoga

Gulika 2:03PM - 3:55PM  
Yama 10:19AM - 12:11PM  
Rahu 6:35AM - 8:27AM

Purvaproshtapada\* Until 2:47PM  
Priti Until 2:44AM Tue  
Vanija Until 2:27AM Tue  
Navami\* Until 3:36PM

Ganesha: Clear Sunrise: 4:43AM  
Muruga: Clear Sunset: 7:40PM  
Nataraja: Purple  
Moon - Clear  
Vaisaka-Vaikasi

Devaloka Day


The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

<b>1</b>		Tuesday, May 31, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Des Moines, IA Sun 9 Sutra 44 Dur mukha 5118		
Meena Rasi: 12.22	Tithi 25 – 26	<b>Gulika</b>	12:11PM – 2:04PM	<b>Uttaraproshtapada</b> Until 1:09PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:42AM				
		Yama	8:27AM – 10:19AM	Ayushman Until 11:29PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:40PM	Moon 5 - Phase 7			
		314731369 <b>Rahu</b>	3:56PM – 5:48PM	Bava Until 11:48PM	<b>Nataraja:</b> Purple		2nd Phase			
Creative Work	Amrita Yoga					Moon – Clear	<b>Devaloka Day</b>			
Until 1:09PM						<b>Vaisaka-Vaikasi</b>				
Then Creative Work - Siddha Yoga										

<b>2</b>		Wednesday, June 1, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Des Moines, IA Sun 10 Sutra 45 Dur mukha 5118		
Meena Rasi: 26.53	Tithi 26 – 27	<b>Gulika</b>	10:19AM – 12:12PM	<b>Revati</b> Until 10:57AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:42AM				
		Yama	6:34AM – 8:27AM	Saubhagya Until 7:55PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:41PM	Moon 5 - Phase 7			
		314731369 <b>Rahu</b>	12:12PM – 2:04PM	Kaulava Until 8:45PM	<b>Nataraja:</b> Purple		2nd Phase			
Routine Work	Marana Yoga					Moon – Clear	<b>Devaloka Day</b>			
						<b>Vaisaka-Vaikasi</b>				
						<b>Ekadashi* Until 10:18AM</b>				

<b>3</b>		Thursday, June 2, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Tautila/Vanija Karana Dvadashi/Trayodashyam Titau		Des Moines, IA Sun 11 Sutra 46 Dur mukha 5118		
Mesha Rasi: 11.39	Tithi 27 – 28	<b>Gulika</b>	8:27AM – 10:19AM	<b>Ashvini</b> Until 8:42AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:42AM				
		Yama	4:42AM – 6:34AM	Sobhana Until 4:10PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:42PM	Moon 5 - Phase 7			
		324731369 <b>Rahu</b>	2:04PM – 3:57PM	Vanija Until 3:44AM Fri	<b>Nataraja:</b> Purple		2nd Phase			
Creative Work	Amrita Yoga					Moon – White	<b>Bhuloka Day</b>			
Until 8:42AM						<b>Vaisaka-Vaikasi</b>	Devaloka Time: 12:PM to 3:PM			
Then Creative Work - Siddha Yoga						<i>Pradosha Vrata (Fasting)</i>				

<b>4</b>		Friday, June 3, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Des Moines, IA Sun 12 Sutra 47 Dur mukha 5118		
Mesha Rasi: 26.34	Tithi 29	<b>Gulika</b>	6:34AM – 8:27AM	<b>Bharani</b> Until 6:08AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:41AM				
		Yama	3:57PM – 5:50PM	Athiganda* Until 12:16PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:42PM	Moon 5 - Phase 7			
		324731369 <b>Rahu</b>	10:19AM – 12:12PM	Visti Until 2:02PM	<b>Nataraja:</b> Purple		2nd Phase			
Creative Work	Siddha Yoga					Moon – White	<b>Bhuloka Day</b>			
						<b>Vaisaka-Vaikasi</b>	Devaloka Time: 12:PM to 3:PM			
						<b>Chaturdashi* Until 12:18AM Sat</b>				

		Saturday, June 4, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Des Moines, IA Sun 13 Sutra 48 Dur mukha 5118		
<b>Retreat Star</b>		<b>Gulika</b>	4:41AM – 6:34AM	<b>Rohini</b> Until 1:04AM Sun	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:41AM				
Vrishabha Rasi: 11.31	Tithi 30	Yama	2:05PM – 3:58PM	Sukarma Until 8:24AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:43PM	Moon 5 - Phase 7			
		334731361 <b>Rahu</b>	8:26AM – 10:19AM	Catuspada Until 10:38AM	<b>Nataraja:</b> White		Amavasya			
Creative Work	Amrita Yoga					Moon – Yellow	<b>Bhuloka Day</b>			
Until 1:04AM Sun						<b>Vaisaka-Vaikasi</b>	Devaloka Time: 12:PM to 3:PM			
Then Creative Work - Siddha Yoga										

<b>Retreat Star</b>		Sunday, June 5, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau		Des Moines, IA Sun 14 Sutra 49 Dur mukha 5118		
Vrishabha Rasi: 26.21	Tithi 1 – 2	<b>Gulika</b>	3:58PM – 5:51PM	<b>Mrigashira</b> Until 10:56PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:41AM				
		Yama	12:12PM – 2:05PM	Shula* Until 1:14AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:44PM	Moon 5 - Phase 7			
		334731361 <b>Rahu</b>	5:51PM – 7:44PM	Kintughna Until 7:27AM	<b>Nataraja:</b> White		Prathama			
Creative Work	Siddha Yoga					Moon – Yellow	<b>Bhuloka Day</b>			
						<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 12:PM to 3:PM			
						<b>Prathama* Until 5:58PM</b>				

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

<b>1 Monday, June 6, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Des Moines, IA
Mithuna Rasi: 10.55    Tiithi 2 – 3		Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 15    Sutra 50
<b>Family Home Evening</b>	334731361	<b>Gulika</b> 2:05PM – 3:58PM	<b>Ardra</b> Until 9:08PM	<b>Ganesh:</b> Green <i>Sunrise:</i> 4:40AM	Durmukha 5118	
Creative Work    Siddha Yoga		Yama 10:19AM – 12:12PM	Ganda* Until 10:13PM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:44PM	Moon 5 - Phase 8	
Until 9:08PM		<b>Rahu</b> 6:33AM – 8:26AM	Taitila Until 2:19AM Tue	<b>Nataraja:</b> White	3rd Phase	
Then Creative Work - Amrita Yoga			<b>Dvitiya</b> Until 3:22PM	Moon – Yellow	<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 12:PM to 3:PM	

<b>2 Tuesday, June 7, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Des Moines, IA
Mithuna Rasi: 25.05    Tiithi 3 – 4		Punarvasu Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Sun 16    Sutra 51
	344731361	<b>Gulika</b> 12:13PM – 2:06PM	<b>Punarvasu</b> Until 8:16PM	<b>Ganesh:</b> White <i>Sunrise:</i> 4:40AM	Durmukha 5118	
Creative Work    Siddha Yoga		Yama 8:26AM – 10:19AM	Vriddhi Until 7:45PM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:45PM	Moon 5 - Phase 8	
		<b>Rahu</b> 3:59PM – 5:52PM	Vanija Until 12:41AM Wed	<b>Nataraja:</b> White	3rd Phase	
			<b>Tritiya</b> Until 1:23PM	Moon – Blue	<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 12:PM to 3:PM	

<b>3 Wednesday, June 8, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Des Moines, IA
Kataka Rasi: 8.5    Tiithi 4 – 5		Pushya Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Sun 17    Sutra 52
	344731361	<b>Gulika</b> 10:20AM – 12:13PM	<b>Pushya</b> Until 8:01PM	<b>Ganesh:</b> White <i>Sunrise:</i> 4:40AM	Durmukha 5118	
Creative Work    Siddha Yoga		Yama 6:33AM – 8:26AM	Dhruva Until 5:52PM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:46PM	Moon 5 - Phase 8	
		<b>Rahu</b> 12:13PM – 2:06PM	Bava Until 11:50PM	<b>Nataraja:</b> White	3rd Phase	
			<b>Chaturthi*</b> Until 12:08PM	Moon – Blue	<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 12:PM to 3:PM	

<b>4 Thursday, June 9, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Des Moines, IA
Kataka Rasi: 22.07    Tiithi 5 – 6		Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Sun 18    Sutra 53
	344731361	<b>Gulika</b> 8:26AM – 10:20AM	<b>Ashlesha*</b> Until 8:27PM	<b>Ganesh:</b> White <i>Sunrise:</i> 4:40AM	Durmukha 5118	
Creative Work    Siddha Yoga		Yama 4:40AM – 6:33AM	Vyaghata* Until 4:41PM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:46PM	Moon 5 - Phase 8	
Until 8:27PM		<b>Rahu</b> 2:06PM – 4:00PM	Kaulava Until 11:51PM	<b>Nataraja:</b> White	3rd Phase	
Then Creative Work - Amrita Yoga			<b>Panchami</b> Until 11:43AM	Moon – Blue	<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 12:PM to 3:PM	

<b>5 Friday, June 10, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Des Moines, IA
Simha Rasi: 4.58    Tiithi 6 – 7		Magha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Sun 19    Sutra 54
	355731361	<b>Gulika</b> 6:33AM – 8:26AM	<b>Magha*</b> Until 10:01PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 4:40AM	Durmukha 5118	
Routine Work    Marana Yoga		Yama 4:00PM – 5:53PM	Harshana Until 4:11PM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:47PM	Moon 5 - Phase 8	
Until 10:01PM		<b>Rahu</b> 10:20AM – 12:13PM	Gara Until 12:41AM Sat	<b>Nataraja:</b> White	3rd Phase	
Then Creative Work - Siddha Yoga			<b>Shashthi*</b> Until 12:09PM	Moon – Red	<b>Sivaloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		

<b>Retreat Star Saturday, June 11, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Des Moines, IA
Simha Rasi: 17.26    Tiithi 7 – 8		Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 20    Sutra 55
	355731361	<b>Gulika</b> 4:40AM – 6:33AM	<b>Purvaphalguni</b> Until 12:09AM Sun	<b>Ganesh:</b> Purple <i>Sunrise:</i> 4:40AM	Durmukha 5118	
Creative Work    Siddha Yoga		Yama 2:07PM – 4:00PM	Vajra* Until 4:16PM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:47PM	Moon 5 - Phase 8	
Until 12:09AM Sun		<b>Rahu</b> 8:26AM – 10:20AM	Visti Until 2:16AM Sun	<b>Nataraja:</b> White	Ashtami	
Then Creative Work - Amrita Yoga			<b>Saptami</b> Until 1:22PM	Moon – Red	<b>Sivaloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		

<b>Retreat Star Sunday, June 12, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Des Moines, IA
Simha Rasi: 29.36    Tiithi 8 – 9		Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 21    Sutra 56
	355831361	<b>Gulika</b> 4:01PM – 5:54PM	<b>Uttaraphalguni</b> Until 2:39AM Mon	<b>Ganesh:</b> Clear <i>Sunrise:</i> 4:39AM	Durmukha 5118	
Creative Work    Amrita Yoga		Yama 12:14PM – 2:07PM	Siddhi Until 4:50PM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:48PM	Moon 5 - Phase 8	
Until 2:39AM Mon		<b>Rahu</b> 5:54PM – 7:48PM	Balava Until 4:22AM Mon	<b>Nataraja:</b> White	Navami	
Then Creative Work - Siddha Yoga			<b>Ashtami*</b> Until 3:14PM	Moon – Red	<b>Devaloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		

<b>1</b>		<b>Monday, June 13, 2016</b>				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Des Moines, IA	
		Hasta Nakshatra Vyatipata* Varyian Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 22		Sutra 57		Durumukha 5118	
Kanya Rasi: 11.34		Tithi 9 - 10		<b>Gulika</b> 2:07PM - 4:01PM		<b>Hasta</b> Until 5:48AM Tue		<b>Ganesh:</b> Purple		<i>Sunrise:</i> 4:39AM	
Family Home Evening		365831361		Yama 10:20AM - 12:14PM		Vyatipata* Until 5:44PM		<b>Muruga:</b> Clear		<i>Sunset:</i> 7:48PM	
Creative Work		Siddha Yoga		<b>Rahu</b> 6:33AM - 8:27AM		Taitila Until 6:48AM Tue		<b>Nataraja:</b> White		Moon 5 - Phase 9	
						Navami* Until 5:32PM		Moon - Green		<b>Bhuloka Day</b>	
								Jyeshtha-Vaikasi		Devaloka Time: 12:PM to 3:PM	

<b>2</b>		<b>Tuesday, June 14, 2016</b>				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Des Moines, IA	
		Chitra Nakshatra Varyian Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23		Sutra 58		Durumukha 5118	
Kanya Rasi: 23.25		Tithi 10		<b>Gulika</b> 12:14PM - 2:08PM		<b>Chitra</b> Until 8:52AM Wed		<b>Ganesh:</b> Purple		<i>Sunrise:</i> 4:39AM	
Family Home Evening		365831361		Yama 8:27AM - 10:20AM		Varyian Until 6:45PM		<b>Muruga:</b> Clear		<i>Sunset:</i> 7:48PM	
Creative Work		Siddha Yoga		<b>Rahu</b> 4:01PM - 5:55PM		Taitila Until 6:48AM		<b>Nataraja:</b> White		Moon 5 - Phase 9	
						Dashami Until 8:02PM		Moon - Green		<b>Bhuloka Day</b>	
								Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	

<b>3</b>		<b>Wednesday, June 15, 2016</b>				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Des Moines, IA	
		Chitra/Svati Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24		Sutra 59		Durumukha 5118	
Tula Rasi: 5.14		Tithi 11		<b>Gulika</b> 10:20AM - 12:14PM		<b>Chitra</b> Until 8:52AM		<b>Ganesh:</b> Purple		<i>Sunrise:</i> 4:39AM	
Family Home Evening		365831361		Yama 6:33AM - 8:27AM		Parigha* Until 7:46PM		<b>Muruga:</b> Clear		<i>Sunset:</i> 7:49PM	
Creative Work		Siddha Yoga		<b>Rahu</b> 12:14PM - 2:08PM		Vanija Until 9:18AM		<b>Nataraja:</b> White		Moon 5 - Phase 9	
						Ekadashi Until 10:29PM		Moon - Green		<b>Bhuloka Day</b>	
								Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	

<b>4</b>		<b>Thursday, June 16, 2016</b>				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Des Moines, IA	
		Svati/Vishakha Nakshatra Shiva Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25		Sutra 60		Durumukha 5118	
Tula Rasi: 17.07		Tithi 12		<b>Gulika</b> 8:27AM - 10:21AM		<b>Svati</b> Until 11:38AM		<b>Ganesh:</b> Purple		<i>Sunrise:</i> 4:40AM	
Family Home Evening		365831361		Yama 4:40AM - 6:33AM		Shiva Until 8:38PM		<b>Muruga:</b> Clear		<i>Sunset:</i> 7:49PM	
Creative Work		Amrita Yoga		<b>Rahu</b> 2:08PM - 4:02PM		Bava Until 11:39AM		<b>Nataraja:</b> White		Moon 5 - Phase 9	
Until 11:38AM						Dvadashi Until 12:42AM Fri		Moon - Green		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga								Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	

<b>5</b>		<b>Friday, June 17, 2016</b>				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Des Moines, IA	
		Vishakha/Anuradha Nakshatra Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26		Sutra 61		Durumukha 5118	
Tula Rasi: 29.04		Tithi 13		<b>Gulika</b> 6:33AM - 8:27AM		<b>Vishakha</b> Until 2:27PM		<b>Ganesh:</b> Clear		<i>Sunrise:</i> 4:40AM	
Family Home Evening		375831361		Yama 4:02PM - 5:56PM		Siddha Until 9:14PM		<b>Muruga:</b> Clear		<i>Sunset:</i> 7:49PM	
Creative Work		Siddha Yoga		<b>Rahu</b> 10:21AM - 12:15PM		Kaulava Until 1:43PM		<b>Nataraja:</b> White		Moon 5 - Phase 9	
						Trayodashi Until 2:36AM Sat		Moon - Orange		<b>Devaloka Day</b>	
						Pradosha Vrata		Jyeshtha-Ani			

<b>6</b>		<b>Saturday, June 18, 2016</b>				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Des Moines, IA	
		Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27		Sutra 62		Durumukha 5118	
Vrischika Rasi: 11.11		Tithi 14		<b>Gulika</b> 4:40AM - 6:33AM		<b>Anuradha</b> Until 4:44PM		<b>Ganesh:</b> Clear		<i>Sunrise:</i> 4:40AM	
Family Home Evening		375831361		Yama 2:09PM - 4:02PM		Sadhya Until 9:31PM		<b>Muruga:</b> Clear		<i>Sunset:</i> 7:50PM	
Creative Work		Siddha Yoga		<b>Rahu</b> 8:27AM - 10:21AM		Gara Until 3:24PM		<b>Nataraja:</b> White		Moon 5 - Phase 9	
						Chaturdashi* Until 4:04AM Sun		Moon - Orange		<b>Devaloka Day</b>	
								Jyeshtha-Ani			

<b>○</b>		<b>Sunday, June 19, 2016</b>				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Des Moines, IA	
		<b>Copper Retreat Star</b>				Jyeshtha* Nakshatra Subha Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 63	
Vrischika Rasi: 23.28		Tithi 15		<b>Gulika</b> 4:02PM - 5:56PM		<b>Jyeshtha*</b> Until 6:26PM		<b>Ganesh:</b> Clear		<i>Sunrise:</i> 4:40AM	
Family Home Evening		375831361		Yama 12:15PM - 2:09PM		Subha Until 9:29PM		<b>Muruga:</b> Clear		<i>Sunset:</i> 7:50PM	
Routine Work		Marana Yoga		<b>Rahu</b> 5:56PM - 7:50PM		Visti Until 4:39PM		<b>Nataraja:</b> White		Moon 5 - Phase 9	
Until 6:26PM						<b>Purnima*</b> Until 5:05AM Mon		Moon - Orange		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga								Jyeshtha-Ani			

<b>○</b>		<b>Monday, June 20, 2016</b>				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Des Moines, IA	
		<b>Silver Retreat Star</b>				Mula* Nakshatra Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 64	
Dhanus Rasi: 5.56		Tithi 16		<b>Gulika</b> 2:09PM - 4:03PM		<b>Mula*</b> Until 8:01PM		<b>Ganesh:</b> Yellow		<i>Sunrise:</i> 4:40AM	
Family Home Evening		386831361		Yama 10:21AM - 12:15PM		Sukla Until 9:05PM		<b>Muruga:</b> Clear		<i>Sunset:</i> 7:50PM	
Creative Work		Siddha Yoga		<b>Rahu</b> 6:34AM - 8:28AM		Balava Until 5:27PM		<b>Nataraja:</b> White		Moon 5 - Phase 9	
Until 8:01PM						<b>Prathama*</b> Until 5:40AM Tue		Moon - Light Blue		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga								Jyeshtha-Ani			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

Des Moines, IA

Sutra 65

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Dhanus Rasi: 18.37      Tiithi 17

386831361

**Gulika** 12:15PM – 2:09PM  
Yama 8:28AM – 10:22AM  
**Rahu** 4:03PM – 5:57PM

**Purvashadha\* Until 9:02PM**  
Brahma Until 8:21PM  
Tailila Until 5:49PM  
**Dvitiya Until 5:50AM Wed**

**Ganesha:** Yellow      *Sunrise:* 4:40AM  
**Muruga:** Clear      *Sunset:* 7:50PM  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

**Devaloka Day**

Creative Work      Siddha Yoga  
Until 9:02PM

Then Routine Work - Prabalarishta Yoga

Wednesday, June 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha Nakshatra Indra Yoga Vanija/Visti\* Karana Tritiyayam Titau

Des Moines, IA

Sun 1      Sutra 66

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Makara Rasi: 1.29      Tiithi 18

386831361

**Gulika** 10:22AM – 12:16PM  
Yama 6:34AM – 8:28AM  
**Rahu** 12:16PM – 2:09PM

**Uttarashadha Until 9:30PM**  
Indra Until 7:19PM  
Vanija Until 5:48PM  
**Tritiya Until 5:38AM Thu**

**Ganesha:** Yellow      *Sunrise:* 4:41AM  
**Muruga:** Clear      *Sunset:* 7:51PM  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

**Devaloka Day**

Creative Work      Amrita Yoga  
Until 9:30PM

Then Creative Work - Siddha Yoga

Thursday, June 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Chaturthyam Titau

Des Moines, IA

Sun 2      Sutra 67

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Makara Rasi: 14.33      Tiithi 19

396831361

**Gulika** 8:28AM – 10:22AM  
Yama 4:41AM – 6:35AM  
**Rahu** 2:10PM – 4:03PM

**Shravana Until 9:55PM**  
Vaidhriti\* Until 5:59PM  
Bava Until 5:24PM  
**Chaturthi\* Until 5:03AM Fri**

**Ganesha:** Blue      *Sunrise:* 4:41AM  
**Muruga:** Clear      *Sunset:* 7:51PM  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

**Sivaloka Day**

Creative Work      Siddha Yoga

Friday, June 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha Nakshatra Vishkambha\*/Priti Yoga Kaulava/Tailila Karana Panchamyam Titau

Des Moines, IA

Sun 3      Sutra 68

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Makara Rasi: 27.48      Tiithi 20

396831361

**Gulika** 6:35AM – 8:29AM  
Yama 4:03PM – 5:57PM  
**Rahu** 10:22AM – 12:16PM

**Dhanishtha Until 9:51PM**  
Vishkambha\* Until 4:22PM  
Kaulava Until 4:40PM  
**Panchami Until 4:08AM Sat**

**Ganesha:** Blue      *Sunrise:* 4:41AM  
**Muruga:** Clear      *Sunset:* 7:51PM  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

**Sivaloka Day**

Creative Work      Siddha Yoga

Saturday, June 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA

Sun 4      Sutra 69

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Kumbha Rasi: 11.14      Tiithi 21

396831361

**Gulika** 4:42AM – 6:35AM  
Yama 2:10PM – 4:04PM  
**Rahu** 8:29AM – 10:23AM

**Shatabhishak Until 9:17PM**  
Priti Until 2:29PM  
Gara Until 3:34PM  
**Shashthi\* Until 2:52AM Sun**

**Ganesha:** Blue      *Sunrise:* 4:42AM  
**Muruga:** Clear      *Sunset:* 7:51PM  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

**Sivaloka Day**

Creative Work      Amrita Yoga  
Until 9:17PM

Then Routine Work - Marana Yoga

Sunday, June 26, 2016

5

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Saptamyam Titau

Des Moines, IA

Sun 5      Sutra 70

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Kumbha Rasi: 24.53      Tiithi 22

316831361

**Gulika** 4:04PM – 5:57PM  
Yama 12:16PM – 2:10PM  
**Rahu** 5:57PM – 7:51PM

**Purvaproshtapada\* Until 8:40PM**  
Ayushman Until 12:18PM  
Visti Until 2:08PM  
**Saptami Until 1:16AM Mon**

**Ganesha:** Purple      *Sunrise:* 4:42AM  
**Muruga:** Clear      *Sunset:* 7:51PM  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

**Sivaloka Day**

Creative Work      Siddha Yoga  
Until 8:40PM

Then Creative Work - Amrita Yoga

Monday, June 27, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Des Moines, IA

Sun 6      Sutra 71

Durmukha 5118

Moon 6 - Phase 10

Ashtami

Meena Rasi: 8.44      Tiithi 23

317831361

**Gulika** 2:10PM – 4:04PM  
Yama 10:23AM – 12:17PM  
**Rahu** 6:36AM – 8:29AM

**Uttaraproshtapada Until 7:33PM**  
Saubhagya Until 9:51AM  
Balava Until 12:21PM  
**Ashtami\* Until 11:19PM**

**Ganesha:** Clear      *Sunrise:* 4:42AM  
**Muruga:** Clear      *Sunset:* 7:51PM  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

**Devaloka Day**

Creative Work      Siddha Yoga

Family Home Evening

Tuesday, June 28, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Sobhana/Alhiganda\* Yoga Tailila/Gara Karana Navamyam Titau

Des Moines, IA

Sun 7      Sutra 72

Durmukha 5118

Moon 6 - Phase 10

Navami

Meena Rasi: 22.48      Tiithi 24

317831361

**Gulika** 12:17PM – 2:10PM  
Yama 8:30AM – 10:23AM  
**Rahu** 4:04PM – 5:57PM

**Revati Until 5:59PM**  
Sobhana Until 7:08AM  
Tailila Until 10:14AM  
**Navami\* Until 9:02PM**

**Ganesha:** Clear      *Sunrise:* 4:43AM  
**Muruga:** Clear      *Sunset:* 7:51PM  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

**Devaloka Day**


Creative Work      Siddha Yoga

<b>1</b>		<b>Wednesday, June 29, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam		Des Moines, IA	
Mesha Rasi: 7.05		Tithi 25		327831361		Ashvini/Bharani Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8 Sutra 73	
Routine Work		Marana Yoga		Until 4:24PM		Then Creative Work - Siddha Yoga		Durmukha 5118	
		<b>Gulika</b> 10:24AM – 12:17PM		<b>Ashvini Until 4:24PM</b>		<b>Ganesh:</b> Purple <i>Sunrise:</i> 4:43AM		Moon 6 - Phase 11	
		Yama 6:37AM – 8:30AM		Sukarma Until 12:57AM Thu		<b>Muruga:</b> Clear <i>Sunset:</i> 7:51PM		2nd Phase	
		<b>Rahu</b> 12:17PM – 2:10PM		Vanija Until 7:49AM		Nataraja: White		Moon – White	
				<b>Dashami Until 6:30PM</b>		Jyeshtha-Ani		<b>Bhuloka Day</b>	
								Devaloka Time: 12:PM to 3:PM	

<b>2</b>		<b>Thursday, June 30, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		Des Moines, IA	
Mesha Rasi: 21.31		Tithi 26 – 27		327831361		Bharani/Krittika Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9 Sutra 74	
Creative Work		Siddha Yoga		Until 2:29PM		Then Routine Work - Marana Yoga		Durmukha 5118	
		<b>Gulika</b> 8:30AM – 10:24AM		<b>Bharani Until 2:29PM</b>		<b>Ganesh:</b> Purple <i>Sunrise:</i> 4:44AM		Moon 6 - Phase 11	
		Yama 4:44AM – 6:37AM		Dhriti Until 9:38PM		<b>Muruga:</b> Clear <i>Sunset:</i> 7:51PM		2nd Phase	
		<b>Rahu</b> 2:11PM – 4:04PM		Kaulava Until 2:21AM Fri		Nataraja: White		Moon – White	
				<b>Ekadashi* Until 3:45PM</b>		Jyeshtha-Ani		<b>Bhuloka Day</b>	
								Devaloka Time: 12:PM to 3:PM	

<b>3</b>		<b>Friday, July 1, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam		Des Moines, IA	
Vrishabha Rasi: 6.04		Tithi 27 – 28		327831361		Krittika/Rohini Nakshatra Shula* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10 Sutra 75	
Creative Work		Siddha Yoga		Until 12:18PM		Then Routine Work - Marana Yoga		Durmukha 5118	
		<b>Gulika</b> 6:37AM – 8:31AM		<b>Krittika Until 12:18PM</b>		<b>Ganesh:</b> Purple <i>Sunrise:</i> 4:44AM		Moon 6 - Phase 11	
		Yama 4:04PM – 5:57PM		Shula* Until 6:14PM		<b>Muruga:</b> Clear <i>Sunset:</i> 7:51PM		2nd Phase	
		<b>Rahu</b> 10:24AM – 12:17PM		Gara Until 11:29PM		Nataraja: White		Moon – White	
				<b>Dvadashi* Until 12:54PM</b>		Jyeshtha-Ani		<b>Bhuloka Day</b>	
				Pradosha Vrata (Fasting)				Devaloka Time: 12:PM to 3:PM	

<b>4</b>		<b>Saturday, July 2, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam		Des Moines, IA	
Vrishabha Rasi: 20.38		Tithi 28 – 29		327831361		Rohini/Mrigashira Nakshatra Ganda*Vridhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11 Sutra 76	
Creative Work		Amrita Yoga		Until 10:26AM		Then Creative Work - Siddha Yoga		Durmukha 5118	
		<b>Gulika</b> 4:45AM – 6:38AM		<b>Rohini Until 10:26AM</b>		<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 4:45AM		Moon 6 - Phase 11	
		Yama 2:11PM – 4:04PM		Ganda* Until 2:53PM		<b>Muruga:</b> Clear <i>Sunset:</i> 7:50PM		2nd Phase	
		<b>Rahu</b> 8:31AM – 10:24AM		Visti Until 8:43PM		Nataraja: White		Moon – Yellow	
				<b>Trayodashi* Until 10:04AM</b>		Jyeshtha-Ani		<b>Bhuloka Day</b>	
								Devaloka Time: 12:PM to 3:PM	

		<b>Sunday, July 3, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam		Des Moines, IA	
<b>Retreat Star</b>		Mithuna Rasi: 5.07		Tithi 29 – 30		327831361		Mrigashira/Ardra Nakshatra Vridhi/Dhruva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	
Creative Work		Siddha Yoga		Until 6:52AM		Then Creative Work - Amrita Yoga		Sun 12 Sutra 77	
		<b>Gulika</b> 4:04PM – 5:57PM		<b>Mrigashira Until 8:34AM</b>		<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 4:45AM		Durmukha 5118	
		Yama 12:18PM – 2:11PM		Vridhi Until 11:42AM		<b>Muruga:</b> Clear <i>Sunset:</i> 7:50PM		Moon 6 - Phase 11	
		<b>Rahu</b> 5:57PM – 7:50PM		Catuspada Until 6:11PM		Nataraja: White		Amavasya	
				<b>Chaturdashi* Until 7:24AM</b>		Jyeshtha-Ani		<b>Bhuloka Day</b>	
								Devaloka Time: 12:PM to 3:PM	

<b>Monday, July 4, 2016</b>		<b>Retreat Star</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam		Des Moines, IA	
Mithuna Rasi: 19.23		Tithi 1		327831361		Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 13 Sutra 78	
<b>Family Home Evening</b>		Creative Work		Siddha Yoga		Until 6:52AM		Then Creative Work - Amrita Yoga	
		<b>Gulika</b> 2:11PM – 4:04PM		<b>Ardra Until 6:52AM</b>		<b>Ganesh:</b> Purple <i>Sunrise:</i> 4:46AM		Durmukha 5118	
		Yama 10:25AM – 12:18PM		Dhruva Until 8:46AM		<b>Muruga:</b> Clear <i>Sunset:</i> 7:50PM		Moon 6 - Phase 11	
		<b>Rahu</b> 6:39AM – 8:32AM		Kintughna Until 4:01PM		Nataraja: White		Prathama	
				<b>Prathama* Until 3:06AM Tue</b>		Ashada-Ani		<b>Bhuloka Day</b>	
								Devaloka Time: 12:PM to 3:PM	

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Tuesday, July 5, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvitiyayam Titau		Des Moines, IA Sun 14 Sutra 79	
Kataka Rasi: 3.22	Tithi 2	<b>Gulika</b>	12:18PM – 2:11PM	<b>Pushya Until 5:27AM Wed</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 4:46AM	Durmukha 5118		
		Yama	8:32AM – 10:25AM	Vyaghata* Until 6:14AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 12		
Creative Work	Siddha Yoga	348831361 <b>Rahu</b>	4:04PM – 5:57PM	Balava Until 2:22PM	<b>Nataraja:</b> White		3rd Phase		
				<b>Dvitiya Until 1:46AM Wed</b>	Moon – Blue		<b>Bhuloka Day</b>		
					<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM		

<b>2</b>		<b>Wednesday, July 6, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Taitila/Gara Karana Tritiyayam Titau		Des Moines, IA Sun 15 Sutra 80	
Kataka Rasi: 16.58	Tithi 3	<b>Gulika</b>	10:25AM – 12:18PM	<b>Ashlesha* Until 5:31AM Thu</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 4:47AM	Durmukha 5118		
		Yama	6:40AM – 8:33AM	Vajra* Until 2:45AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 12		
Creative Work	Siddha Yoga	448931361 <b>Rahu</b>	12:18PM – 2:11PM	Taitila Until 1:22PM	<b>Nataraja:</b> White		3rd Phase		
Until 5:31AM Thu				<b>Tritiya Until 1:08AM Thu</b>	Moon – Blue		<b>Bhuloka Day</b>		
Then Creative Work - Amrita Yoga					<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM		

<b>3</b>		<b>Thursday, July 7, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturthyam Titau		Des Moines, IA Sun 16 Sutra 81	
Simha Rasi: 0.1	Tithi 4	<b>Gulika</b>	8:33AM – 10:26AM	<b>Magha* Until 6:40AM Fri</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:48AM	Durmukha 5118		
		Yama	4:48AM – 6:40AM	Siddhi Until 1:54AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 12		
Creative Work	Amrita Yoga	458931361 <b>Rahu</b>	2:11PM – 4:04PM	Vanija Until 1:07PM	<b>Nataraja:</b> White		3rd Phase		
Until 6:40AM Fri				<b>Chaturthi* Until 1:16AM Fri</b>	Moon – Red		<b>Bhuloka Day</b>		
Then Creative Work - Siddha Yoga					<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM		

<b>4</b>		<b>Friday, July 8, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau		Des Moines, IA Sun 17 Sutra 82	
Simha Rasi: 12.58	Tithi 5	<b>Gulika</b>	6:41AM – 8:33AM	<b>Magha* Until 6:40AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:48AM	Durmukha 5118		
		Yama	4:03PM – 5:56PM	Vyatipata* Until 1:40AM Sat	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 12		
Routine Work	Marana Yoga	458931361 <b>Rahu</b>	10:26AM – 12:18PM	Bava Until 1:39PM	<b>Nataraja:</b> White		3rd Phase		
Until 6:40AM				<b>Panchami Until 2:10AM Sat</b>	Moon – Red		<b>Bhuloka Day</b>		
Then Creative Work - Siddha Yoga					<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM		

<b>5</b>		<b>Saturday, July 9, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau		Des Moines, IA Sun 18 Sutra 83	
Simha Rasi: 25.26	Tithi 6	<b>Gulika</b>	4:49AM – 6:42AM	<b>Purvaphalguni Until 8:23AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:49AM	Durmukha 5118		
		Yama	2:11PM – 4:03PM	Varyan Until 1:56AM Sun	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:48PM	Moon 6 - Phase 12		
Creative Work	Siddha Yoga	458931361 <b>Rahu</b>	8:34AM – 10:26AM	Kaulava Until 2:54PM	<b>Nataraja:</b> White		3rd Phase		
Until 8:23AM				<b>Shashthi* Until 3:45AM Sun</b>	Moon – Red		<b>Bhuloka Day</b>		
Then Routine Work - Marana Yoga		<b>Chidambaram Abhishekam</b>			<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM		

<b>6</b>		<b>Sunday, July 10, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau		Des Moines, IA Sun 19 Sutra 84	
Kanya Rasi: 7.37	Tithi 7	<b>Gulika</b>	4:03PM – 5:55PM	<b>Uttaraphalguni Until 10:33AM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 4:50AM	Durmukha 5118		
		Yama	12:19PM – 2:11PM	Parigha* Until 2:37AM Mon	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:48PM	Moon 6 - Phase 12		
Creative Work	Amrita Yoga	459931361 <b>Rahu</b>	5:55PM – 7:48PM	Gara Until 4:45PM	<b>Nataraja:</b> White		3rd Phase		
Until 1:29PM				<b>Saptami Until 5:49AM Mon</b>	Moon – Red		<b>Bhuloka Day</b>		
					<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM		

<b>Monday, July 11, 2016</b>		<b>Retreat Star</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Visti* Karana Ashtamyam Titau		Des Moines, IA Sun 20 Sutra 85	
Kanya Rasi: 19.37	Tithi 8	<b>Gulika</b>	2:11PM – 4:03PM	<b>Hasta Until 1:29PM</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 4:51AM	Durmukha 5118		
<b>Family Home Evening</b>		Yama	10:27AM – 12:19PM	Shiva Until 3:32AM Tue	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:47PM	Moon 6 - Phase 12		
Creative Work	Siddha Yoga	469931361 <b>Rahu</b>	6:43AM – 8:35AM	Visti Until 7:00PM	<b>Nataraja:</b> White		Ashtami		
Until 1:29PM				<b>Ashtami* Until 8:10AM Tue</b>	Moon – Green		<b>Devaloka Day</b>		
Then Routine Work - Prabalarishta Yoga					<b>Ashada*Ani</b>				

<b>Tuesday, July 12, 2016</b>		<b>Retreat Star</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Des Moines, IA Sun 21 Sutra 86	
Tula Rasi: 1.29	Tithi 8 – 9	<b>Gulika</b>	12:19PM – 2:11PM	<b>Chitra Until 4:27PM</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 4:51AM	Durmukha 5118		
		Yama	8:35AM – 10:27AM	Siddha Until 4:29AM Wed	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:47PM	Moon 6 - Phase 12		
Creative Work	Siddha Yoga	469931361 <b>Rahu</b>	4:03PM – 5:55PM	Balava Until 9:24PM	<b>Nataraja:</b> White		Navami		
				<b>Ashtami* Until 8:10AM</b>	Moon – Green		<b>Devaloka Day</b>		
					<b>Ashada*Ani</b>				

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishna Yajur Veda

<b>1</b>		<b>Wednesday, July 13, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam		Des Moines, IA	
Tula Rasi: 13.21		Tithi 9 – 10		Svati Until 7:13PM		Ganesh: Orange		Sunrise: 4:52AM	
Creative Work		Siddha Yoga		Sadhya Until 5:22AM Thu		Muruga: Clear		Sunset: 7:46PM	
469931361		Rahu 12:19PM – 2:11PM		Tailila Until 11:43PM		Nataraja: White		Moon – Green	
				<b>Navami* Until 10:34AM</b>		<b>Ashada•Ani</b>		<b>Devaloka Day</b>	
								Moon 6 - Phase 13 4th Phase	


<b>2</b>		<b>Thursday, July 14, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam		Des Moines, IA	
Tula Rasi: 25.16		Tithi 10 – 11		Vishakha Until 10:05PM		Ganesh: Green		Sunrise: 4:53AM	
Creative Work		Siddha Yoga		Subha Until 6:01AM Fri		Muruga: Clear		Sunset: 7:45PM	
479931361		Rahu 2:11PM – 4:02PM		Vanija Until 1:47AM Fri		Nataraja: White		Moon – Orange	
				<b>Dashami Until 12:47PM</b>		<b>Ashada•Ani</b>		<b>Bhuloka Day</b>	
								Devaloka Time: 12:PM to 3:PM	


<b>3</b>		<b>Friday, July 15, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam		Des Moines, IA	
Vrischika Rasi: 7.18		Tithi 11 – 12		Anuradha Until 12:25AM Sat		Ganesh: Green		Sunrise: 4:54AM	
Creative Work		Siddha Yoga		Subha Until 6:01AM		Muruga: Clear		Sunset: 7:45PM	
479931361		Rahu 10:28AM – 12:19PM		Bava Until 3:26AM Sat		Nataraja: White		Moon – Orange	
				<b>Ekadashi Until 2:39PM</b>		<b>Ashada•Adi</b>		<b>Bhuloka Day</b>	
								Devaloka Time: 12:PM to 3:PM	

<b>4</b>		<b>Saturday, July 16, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam		Des Moines, IA	
Vrischika Rasi: 19.31		Tithi 12 – 13		Jyeshtha* Until 2:05AM Sun		Ganesh: Green		Sunrise: 4:55AM	
Creative Work		Siddha Yoga		Sukla Until 6:19AM		Muruga: Clear		Sunset: 7:44PM	
479931362		Rahu 8:37AM – 10:28AM		Kaulava Until 4:34AM Sun		Nataraja: Clear		Moon – Orange	
Until 2:05AM Sun				<b>Dvadashi Until 4:03PM</b>		<b>Ashada•Adi</b>		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga								Pradosha Vrata	

<b>5</b>		<b>Sunday, July 17, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam		Des Moines, IA	
Dhanus Rasi: 1.56		Tithi 13 – 14		Mula* Until 3:33AM Mon		Ganesh: Red		Sunrise: 4:55AM	
Creative Work		Amrita Yoga		Brahma Until 6:13AM		Muruga: Clear		Sunset: 7:43PM	
489931362		Rahu 5:52PM – 7:43PM		Gara Until 5:10AM Mon		Nataraja: Clear		Moon – Light Blue	
Until 3:33AM Mon				<b>Trayodashi Until 4:55PM</b>		<b>Ashada•Adi</b>		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga									

<b>6</b>		<b>Monday, July 18, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Des Moines, IA	
Dhanus Rasi: 14.37		Tithi 14 – 15		Purvashadha* Until 4:20AM Tue		Ganesh: Blue		Sunrise: 4:56AM	
Family Home Evening		Marana Yoga		Vaidhriti* Until 4:44AM Tue		Muruga: Clear		Sunset: 7:43PM	
481931362		Rahu 6:47AM – 8:38AM		Visti Until 5:12AM Tue		Nataraja: Clear		Moon – Light Blue	
Until 4:20AM Tue				<b>Chaturdashi* Until 5:14PM</b>		<b>Ashada•Adi</b>		<b>Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga									

		<b>Tuesday, July 19, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam		Des Moines, IA	
Dhanus Rasi: 27.34		Tithi 15 – 16		Uttarashadha Until 4:27AM Wed		Ganesh: Blue		Sunrise: 4:57AM	
Routine Work		Prabalarishta Yoga		Vishkambha* Until 3:22AM Wed		Muruga: Clear		Sunset: 7:42PM	
481931362		Rahu 4:01PM – 5:51PM		Balava Until 4:45AM Wed		Nataraja: Clear		Moon – Light Blue	
Until 4:27AM Wed				<b>Purnima* Until 5:01PM</b>		<b>Ashada•Adi</b>		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga									

		<b>Wednesday, July 20, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam		Des Moines, IA	
Makara Rasi: 10.46		Tithi 16 – 17		Shravana Until 4:26AM Thu		Ganesh: Yellow		Sunrise: 4:58AM	
Creative Work		Siddha Yoga		Priti Until 1:40AM Thu		Muruga: Clear		Sunset: 7:41PM	
491931362		Rahu 12:20PM – 2:10PM		Tailila Until 3:51AM Thu		Nataraja: Clear		Moon – Purple	
				<b>Prathama* Until 4:20PM</b>		<b>Ashada•Adi</b>		<b>Sivaloka Day</b>	



Thursday, July 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Des Moines, IA  
Sun 1 Sutra 95

Makara Rasi: 24.12 Tihi 17 - 18

Gulika 8:39AM - 10:29AM  
Yama 4:59AM - 6:49AM  
491931362 Rahu 2:10PM - 4:00PM

Dhanishtha Until 3:55AM Fri  
Ayushman Until 11:38PM  
Vanija Until 2:35AM Fri  
Dvitiya Until 3:14PM

Ganesha: Yellow Sunrise: 4:59AM  
Muruga: Clear Sunset: 7:40PM  
Nataraja: Clear  
Moon - Purple  
Ashada•Adi

Durmukha 5118  
Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Friday, July 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Des Moines, IA  
Sun 2 Sutra 96

Kumbha Rasi: 7.51 Tihi 18 - 19

Gulika 6:50AM - 8:40AM  
Yama 4:00PM - 5:50PM  
491931362 Rahu 10:30AM - 12:20PM

Shatabhishak Until 2:57AM Sat  
Saubhagya Until 9:22PM  
Bava Until 1:01AM Sat  
Tritiya Until 1:49PM

Ganesha: Yellow Sunrise: 5:00AM  
Muruga: Clear Sunset: 7:40PM  
Nataraja: Clear  
Moon - Purple  
Ashada•Adi

Durmukha 5118  
Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

Until 2:57AM Sat

Then Routine Work - Marana Yoga

Sivaloka Day

Saturday, July 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA  
Sun 3 Sutra 97

Kumbha Rasi: 21.4 Tihi 19 - 20

Gulika 5:01AM - 6:50AM  
Yama 2:09PM - 3:59PM  
411931362 Rahu 8:40AM - 10:30AM

Purvaproshtapada\* Until 2:04AM Sun  
Sobhana Until 6:56PM  
Kaulava Until 11:14PM  
Chaturthi\* Until 12:08PM

Ganesha: Red Sunrise: 5:01AM  
Muruga: Clear Sunset: 7:39PM  
Nataraja: Clear  
Moon - Clear  
Ashada•Adi

Durmukha 5118  
Moon 7 - Phase 14  
1st Phase

Routine Work Marana Yoga

Until 2:04AM Sun

Then Creative Work - Amrita Yoga

Sivaloka Day

Sunday, July 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Des Moines, IA  
Sun 4 Sutra 98

Meena Rasi: 5.37 Tihi 20 - 21

Gulika 3:59PM - 5:48PM  
Yama 12:20PM - 2:09PM  
411931362 Rahu 5:48PM - 7:38PM

Uttaraproshtapada Until 12:52AM Mon  
Athiganda\* Until 4:19PM  
Gara Until 9:17PM  
Panchami Until 10:15AM

Ganesha: Red Sunrise: 5:02AM  
Muruga: Clear Sunset: 7:38PM  
Nataraja: Clear  
Moon - Clear  
Ashada•Adi

Durmukha 5118  
Moon 7 - Phase 14  
1st Phase

Creative Work Amrita Yoga

Until 12:52AM Mon

Then Creative Work - Siddha Yoga

Sivaloka Day

Monday, July 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Des Moines, IA  
Sun 5 Sutra 99

Meena Rasi: 19.4 Tihi 21 - 22

Gulika 2:09PM - 3:58PM  
Yama 10:30AM - 12:20PM  
411931362 Rahu 6:52AM - 8:41AM

Revati Until 11:25PM  
Sukarma Until 1:36PM  
Visti Until 7:11PM  
Shashthi\* Until 8:14AM

Ganesha: Red Sunrise: 5:03AM  
Muruga: Clear Sunset: 7:37PM  
Nataraja: Clear  
Moon - Clear  
Ashada•Adi

Durmukha 5118  
Moon 7 - Phase 14  
1st Phase

Family Home Evening

Creative Work Siddha Yoga

Sivaloka Day

Tuesday, July 26, 2016

D

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Dhriti/Shula\* Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Des Moines, IA  
Sun 6 Sutra 100

Mesha Rasi: 3.47 Tihi 22 - 23

Gulika 12:20PM - 2:09PM  
Yama 8:42AM - 10:31AM  
421931362 Rahu 3:58PM - 5:47PM

Ashvini Until 10:08PM  
Dhriti Until 10:48AM  
Kaulava Until 3:52AM Wed  
Saptami Until 6:06AM

Ganesha: Green Sunrise: 5:03AM  
Muruga: Clear Sunset: 7:36PM  
Nataraja: Clear  
Moon - White  
Ashada•Adi

Durmukha 5118  
Moon 7 - Phase 14  
Ashtami

Creative Work Siddha Yoga

Subha Sivaloka Day

Wednesday, July 27, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Navamyam Titau

Des Moines, IA  
Sun 7 Sutra 101

Mesha Rasi: 17.58 Tihi 24

Gulika 10:31AM - 12:20PM  
Yama 6:53AM - 8:42AM  
421931362 Rahu 12:20PM - 2:08PM

Bharani Until 8:40PM  
Shula\* Until 7:55AM  
Taitila Until 2:46PM  
Navami\* Until 1:36AM Thu

Ganesha: Green Sunrise: 5:04AM  
Muruga: Clear Sunset: 7:35PM  
Nataraja: Clear  
Moon - White  
Ashada•Adi

Durmukha 5118  
Moon 7 - Phase 14  
Navami

Creative Work Siddha Yoga

Until 8:40PM

Then Creative Work - Amrita Yoga

Subha Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


<b>1</b>		<b>Thursday, July 28, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Krittika Nakshatra Vridhi Yoga Vanija/Visti* Karana Dashamyam Titau		Des Moines, IA Sun 8 Sutra 102 Durmukha 5118	
Vrishabha Rasi: 2.11		Tithi 25		<b>Gulika</b> 8:42AM – 10:31AM	<b>Krittika</b> Until 7:03PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:05AM		
Routine Work		Marana Yoga		Yama 5:05AM – 6:54AM	Vridhi Until 2:09AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:34PM	Moon 7 - Phase 15	
		422931362		<b>Rahu</b> 2:08PM – 3:57PM	Vanija Until 12:29PM	<b>Nataraja:</b> Clear		2nd Phase	
					<b>Dashami</b> Until 11:20PM	Moon – White		<b>Sivaloka Day</b>	
						<b>Ashada*Adi</b>			

<b>2</b>		<b>Friday, July 29, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau		Des Moines, IA Sun 9 Sutra 103 Durmukha 5118	
Vrishabha Rasi: 16.23		Tithi 26		<b>Gulika</b> 6:55AM – 8:43AM	<b>Rohini</b> Until 5:45PM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 5:06AM		
Routine Work		Marana Yoga		Yama 3:56PM – 5:45PM	Dhruva Until 11:18PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:33PM	Moon 7 - Phase 15	
Until 5:45PM		422931362		<b>Rahu</b> 10:31AM – 12:20PM	Bava Until 10:14AM	<b>Nataraja:</b> Clear		2nd Phase	
Then Creative Work - Siddha Yoga					<b>Ekadashi*</b> Until 9:08PM	Moon – Yellow		<b>Devaloka Day</b>	
						<b>Ashada*Adi</b>			

<b>3</b>		<b>Saturday, July 30, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvodashyam Titau		Des Moines, IA Sun 10 Sutra 104 Durmukha 5118	
Mithuna Rasi: 0.32		Tithi 27		<b>Gulika</b> 5:07AM – 6:55AM	<b>Mrigashira</b> Until 4:27PM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 5:07AM		
Creative Work		Siddha Yoga		Yama 2:08PM – 3:56PM	Vyaghata* Until 8:35PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:32PM	Moon 7 - Phase 15	
		422931362		<b>Rahu</b> 8:43AM – 10:31AM	Kaulava Until 8:05AM	<b>Nataraja:</b> Clear		2nd Phase	
					<b>Dvadashi*</b> Until 7:04PM	Moon – Yellow		<b>Devaloka Day</b>	
						<b>Ashada*Adi</b>			

<b>4</b>		<b>Sunday, July 31, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau		Des Moines, IA Sun 11 Sutra 105 Durmukha 5118	
Mithuna Rasi: 14.34		Tithi 28 – 29		<b>Gulika</b> 3:55PM – 5:43PM	<b>Ardra</b> Until 3:13PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:08AM		
Creative Work		Siddha Yoga		Yama 12:19PM – 2:07PM	Harshana Until 6:04PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:31PM	Moon 7 - Phase 15	
		422931362		<b>Rahu</b> 5:43PM – 7:31PM	Gara Until 6:08AM	<b>Nataraja:</b> Clear		2nd Phase	
					<b>Trayodashi*</b> Until 5:14PM	Moon – Yellow		<b>Devaloka Day</b>	
					<i>Pradosha Vrata (Fasting)</i>	<b>Ashada*Adi</b>			

<b>5</b>		<b>Monday, August 1, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Des Moines, IA Sun 12 Sutra 106 Durmukha 5118	
Mithuna Rasi: 28.25		Tithi 29 – 30		<b>Gulika</b> 2:07PM – 3:54PM	<b>Punarvasu</b> Until 2:37PM	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 5:09AM		
<b>Family Home Evening</b>		422931362		Yama 10:32AM – 12:19PM	Vajra* Until 3:50PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:30PM	Moon 7 - Phase 15	
Creative Work		Amrita Yoga		<b>Rahu</b> 6:57AM – 8:44AM	Catuspada Until 3:11AM Tue	<b>Nataraja:</b> Clear		2nd Phase	
Until 2:37PM					<b>Chaturdashi*</b> Until 3:45PM	Moon – Blue		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga						<b>Ashada*Adi</b>			

		<b>Tuesday, August 2, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Des Moines, IA Sun 13 Sutra 107 Durmukha 5118	
<b>Retreat Star</b>		Kataka Rasi: 12.01		<b>Gulika</b> 12:19PM – 2:07PM	<b>Pushya</b> Until 2:18PM	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 5:10AM		
		Tithi 30 – 1		Yama 8:45AM – 10:32AM	Siddhi Until 1:58PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:28PM	Moon 7 - Phase 15	
Creative Work		Siddha Yoga		<b>Rahu</b> 3:54PM – 5:41PM	Kintughna Until 2:25AM Wed	<b>Nataraja:</b> Clear		Amavasya	
		422931362			<b>Amavasya*</b> Until 2:43PM	Moon – Blue		<b>Devaloka Day</b>	
						<b>Ashada*Adi</b>			

<b>Retreat Star</b>		<b>Wednesday, August 3, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyatipata*/Vairyan Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Des Moines, IA Sun 14 Sutra 108 Durmukha 5118	
Kataka Rasi: 25.19		Tithi 1 – 2		<b>Gulika</b> 10:32AM – 12:19PM	<b>Ashlesha*</b> Until 2:24PM	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 5:11AM		
Creative Work		Siddha Yoga		Yama 6:58AM – 8:45AM	Vyatipata* Until 12:33PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:27PM	Moon 7 - Phase 15	
		422931362		<b>Rahu</b> 12:19PM – 2:06PM	Balava Until 2:15AM Thu	<b>Nataraja:</b> Clear		Prathama	
					<b>Prathama*</b> Until 2:14PM	Moon – Blue		<b>Devaloka Day</b>	
						<b>Sravana*Adi</b>			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>		<b>Thursday, August 4, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Des Moines, IA Sun 15 Sutra 109 Durmukha 5118	
Simha Rasi: 8.19	Tithi 2 - 3	<b>Gulika</b>	<b>8:46AM - 10:32AM</b>	<b>Magha* Until 3:25PM</b>	<b>Ganesha: Purple</b>	<i>Sunrise: 5:12AM</i>			
		Yama	5:12AM - 6:59AM	Variyan Until 11:37AM	<b>Muruga: Clear</b>	<i>Sunset: 7:26PM</i>		Moon 7 - Phase 16	
		452131362 <b>Rahu</b>	<b>2:06PM - 3:53PM</b>	Taitila Until 2:45AM Fri	<b>Nataraja: Clear</b>			3rd Phase	
Creative Work	Amrita Yoga			<b>Dvitiya Until 2:24PM</b>	Moon - Red			<b>Devaloka Day</b>	
Until 3:25PM					<b>Sravana-Adi</b>				
Then Creative Work - Siddha Yoga									

<b>2</b>		<b>Friday, August 5, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Des Moines, IA Sun 16 Sutra 110 Durmukha 5118	
Simha Rasi: 20.59	Tithi 3 - 4	<b>Gulika</b>	<b>7:00AM - 8:46AM</b>	<b>Purvaphalguni Until 4:55PM</b>	<b>Ganesha: Purple</b>	<i>Sunrise: 5:13AM</i>			
		Yama	3:52PM - 5:38PM	Parigha* Until 11:13AM	<b>Muruga: Clear</b>	<i>Sunset: 7:25PM</i>		Moon 7 - Phase 16	
		452131362 <b>Rahu</b>	<b>10:33AM - 12:19PM</b>	Vanija Until 3:53AM Sat	<b>Nataraja: Clear</b>			3rd Phase	
Creative Work	Siddha Yoga			Vanija Until 3:53AM Sat	Moon - Red			<b>Devaloka Day</b>	
				<b>Tritiya Until 3:13PM</b>	<b>Sravana-Adi</b>				

<b>3</b>		<b>Saturday, August 6, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Des Moines, IA Sun 17 Sutra 111 Durmukha 5118	
Kanya Rasi: 3.22	Tithi 4 - 5	<b>Gulika</b>	<b>5:14AM - 7:00AM</b>	<b>Uttaraphalguni Until 6:51PM</b>	<b>Ganesha: Purple</b>	<i>Sunrise: 5:14AM</i>			
		Yama	2:05PM - 3:51PM	Shiva Until 11:19AM	<b>Muruga: Purple</b>	<i>Sunset: 7:24PM</i>		Moon 7 - Phase 16	
		452141362 <b>Rahu</b>	<b>8:47AM - 10:33AM</b>	Bava Until 5:35AM Sun	<b>Nataraja: Clear</b>			3rd Phase	
Routine Work	Marana Yoga			<b>Chaturthi* Until 4:39PM</b>	Moon - Red			<b>Bhuloka Day</b>	
					<b>Sravana-Adi</b>			Devaloka Time: 6:PM to 9:PM	

<b>4</b>		<b>Sunday, August 7, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava Karana Panchamyam Titau		Des Moines, IA Sun 18 Sutra 112 Durmukha 5118	
Kanya Rasi: 15.32	Tithi 5	<b>Gulika</b>	<b>3:51PM - 5:36PM</b>	<b>Hasta Until 9:35PM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 5:15AM</i>			
		Yama	12:19PM - 2:05PM	Siddha Until 11:47AM	<b>Muruga: Purple</b>	<i>Sunset: 7:22PM</i>		Moon 7 - Phase 16	
		462141362 <b>Rahu</b>	<b>5:36PM - 7:22PM</b>	Balava Until 6:34PM	<b>Nataraja: Clear</b>			3rd Phase	
Creative Work	Amrita Yoga			<b>Panchami Until 6:34PM</b>	Moon - Green			<b>Devaloka Day</b>	
Until 9:35PM		<b>Nag Panchami</b>			<b>Sravana-Adi</b>				
Then Creative Work - Siddha Yoga									

<b>5</b>		<b>Monday, August 8, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Shashthyam Titau		Des Moines, IA Sun 19 Sutra 113 Durmukha 5118	
Kanya Rasi: 27.31	Tithi 6	<b>Gulika</b>	<b>2:04PM - 3:50PM</b>	<b>Chitra Until 12:26AM Tue</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 5:16AM</i>			
<b>Family Home Evening</b>		Yama	10:33AM - 12:19PM	Sadhya Until 12:34PM	<b>Muruga: Purple</b>	<i>Sunset: 7:21PM</i>		Moon 7 - Phase 16	
Routine Work	Prabalarishta Yoga	462141362 <b>Rahu</b>	<b>7:02AM - 8:47AM</b>	Kaulava Until 7:42AM	<b>Nataraja: Clear</b>			3rd Phase	
Until 12:26AM Tue				<b>Shashthi* Until 8:50PM</b>	Moon - Green			<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Sravana-Adi</b>				

<b>6</b>		<b>Tuesday, August 9, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Saptamyam Titau		Des Moines, IA Sun 20 Sutra 114 Durmukha 5118	
Tula Rasi: 9.25	Tithi 7	<b>Gulika</b>	<b>12:18PM - 2:04PM</b>	<b>Svati Until 3:13AM Wed</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 5:17AM</i>			
		Yama	8:48AM - 10:33AM	Subha Until 1:30PM	<b>Muruga: Purple</b>	<i>Sunset: 7:20PM</i>		Moon 7 - Phase 16	
		462141362 <b>Rahu</b>	<b>3:49PM - 5:34PM</b>	Gara Until 10:03AM	<b>Nataraja: Clear</b>			3rd Phase	
Creative Work	Siddha Yoga			<b>Saptami Until 11:13PM</b>	Moon - Green			<b>Devaloka Day</b>	<b>Tour Day</b>
					<b>Sravana-Adi</b>				

<b>Retreat Star</b>		<b>Wednesday, August 10, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ashtamyam Titau		Des Moines, IA Sun 21 Sutra 115 Durmukha 5118	
Tula Rasi: 21.17	Tithi 8	<b>Gulika</b>	<b>10:33AM - 12:18PM</b>	<b>Vishakha Until 6:13AM Thu</b>	<b>Ganesha: White</b>	<i>Sunrise: 5:18AM</i>			
		Yama	7:03AM - 8:48AM	Sukla Until 2:23PM	<b>Muruga: Purple</b>	<i>Sunset: 7:18PM</i>		Moon 7 - Phase 16	
		472141362 <b>Rahu</b>	<b>12:18PM - 2:03PM</b>	Visti Until 12:25PM	<b>Nataraja: Clear</b>			Ashtami	
Creative Work	Siddha Yoga			<b>Ashtami* Until 1:31AM Thu</b>	Moon - Orange			<b>Bhuloka Day</b>	
					<b>Sravana-Adi</b>			Devaloka Time: 6:PM to 9:PM	

<b>Retreat Star</b>		<b>Thursday, August 11, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Navamyam Titau		Des Moines, IA Sun 22 Sutra 116 Durmukha 5118	
Vrischika Rasi: 3.13	Tithi 9	<b>Gulika</b>	<b>8:49AM - 10:33AM</b>	<b>Vishakha Until 6:13AM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 5:19AM</i>			
		Yama	5:19AM - 7:04AM	Brahma Until 3:08PM	<b>Muruga: Purple</b>	<i>Sunset: 7:17PM</i>		Moon 7 - Phase 16	
		473141362 <b>Rahu</b>	<b>2:03PM - 3:48PM</b>	Balava Until 2:35PM	<b>Nataraja: Clear</b>			Navami	
Creative Work	Siddha Yoga			<b>Navami* Until 3:31AM Fri</b>	Moon - Orange			<b>Devaloka Day</b>	
					<b>Sravana-Adi</b>				

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

<b>1</b>	<b>Friday, August 12, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam	Des Moines, IA
		Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Dashamyam Titau	Sun 23 Sutra 117
Vrischika Rasi: 15.16	Tithi 10	<b>Gulika</b> 7:05AM – 8:49AM	<b>Anuradha</b> Until 8:44AM
		Yama 3:47PM – 5:31PM	Indra Until 3:37PM
473141362	<b>Rahu</b> 10:34AM – 12:18PM		Tailila Until 4:22PM
Creative Work Siddha Yoga			Dashami Until 5:04AM Sat
Until 8:44AM		<b>Varalakshmi Vratam</b>	<b>Ganesha:</b> Clear Sunrise: 5:20AM
Then Routine Work - Marana Yoga			<b>Muruga:</b> Purple Sunset: 7:16PM
			<b>Nataraja:</b> Clear Moon – Orange
			<b>Sravana-Adi</b>
			<b>Devaloka Day</b>

<b>2</b>	<b>Saturday, August 13, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam	Des Moines, IA
		Jyeshtha*/Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visli* Karana Ekadashyam Titau	Sun 24 Sutra 118
Vrischika Rasi: 27.31	Tithi 11	<b>Gulika</b> 5:21AM – 7:05AM	<b>Jyeshtha*</b> Until 10:37AM
		Yama 2:02PM – 3:46PM	Vaidhriti* Until 3:39PM
473141362	<b>Rahu</b> 8:50AM – 10:34AM		Vanija Until 5:38PM
Creative Work Siddha Yoga			Ekadashi Until 6:02AM Sun
			<b>Ganesha:</b> Clear Sunrise: 5:21AM
			<b>Muruga:</b> Purple Sunset: 7:14PM
			<b>Nataraja:</b> Clear Moon – Orange
			<b>Sravana-Adi</b>
			<b>Devaloka Day</b>

<b>3</b>	<b>Sunday, August 14, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam	Des Moines, IA
		Mula*/Purvashadha* Nakshatra Vishkambha*/Priti Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau	Sun 25 Sutra 119
Dhanus Rasi: 10.01	Tithi 11 – 12	<b>Gulika</b> 3:45PM – 5:29PM	<b>Mula*</b> Until 12:14PM
		Yama 12:18PM – 2:01PM	Vishkambha* Until 3:13PM
483141362	<b>Rahu</b> 5:29PM – 7:13PM		Bava Until 6:17PM
Creative Work Amrita Yoga			Ekadashi Until 6:02AM
Until 12:14PM			<b>Ganesha:</b> White Sunrise: 5:22AM
Then Creative Work - Siddha Yoga			<b>Muruga:</b> Purple Sunset: 7:13PM
			<b>Nataraja:</b> Clear Moon – Light Blue
			<b>Sravana-Adi</b>
			<b>Sivaloka Day</b>

<b>4</b>	<b>Monday, August 15, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam	Des Moines, IA
		Purvashadha*/Uttarashadha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Sun 26 Sutra 120
Dhanus Rasi: 22.49	Tithi 12 – 13	<b>Gulika</b> 2:01PM – 3:44PM	<b>Purvashadha*</b> Until 1:04PM
<b>Family Home Evening</b>		Yama 10:34AM – 12:17PM	Priti Until 2:18PM
483141362	<b>Rahu</b> 7:07AM – 8:50AM		Kaulava Until 6:16PM
Routine Work Marana Yoga			Dvadashi Until 6:21AM
			<b>Ganesha:</b> White Sunrise: 5:23AM
			<b>Muruga:</b> Purple Sunset: 7:11PM
			<b>Nataraja:</b> Clear Moon – Light Blue
			<b>Sravana-Adi</b>
			<b>Sivaloka Day</b>

*Pradosha Vrata*

<b>5</b>	<b>Tuesday, August 16, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam	Des Moines, IA
		Uttarashadha/Shravana Nakshatra Ayushman/Saubhagya Yoga Tailila/Vanija Karana Trayodashi/Chaturdashyam Titau	Sun 27 Sutra 121
Makara Rasi: 5.58	Tithi 13 – 14	<b>Gulika</b> 12:17PM – 2:00PM	<b>Uttarashadha</b> Until 1:06PM
		Yama 8:51AM – 10:34AM	Ayushman Until 12:49PM
483141362	<b>Rahu</b> 3:44PM – 5:27PM		Vanija Until 5:02AM Wed
Routine Work Prabalarishta Yoga			Trayodashi Until 6:00AM
Until 1:06PM			<b>Ganesha:</b> White Sunrise: 5:24AM
Then Creative Work - Siddha Yoga			<b>Muruga:</b> Purple Sunset: 7:10PM
			<b>Nataraja:</b> Clear Moon – Light Blue
			<b>Sravana-Avani</b>
			<b>Sivaloka Day</b>
			<b>Tour Day</b>

<b>○</b>	<b>Wednesday, August 17, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam	Des Moines, IA
	<b>Copper Retreat Star</b>	Shravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Vistil*/Bava Karana Purnimayam Titau	Sutra 122
Makara Rasi: 19.26	Tithi 15	<b>Gulika</b> 10:34AM – 12:17PM	<b>Shravana</b> Until 12:50PM
		Yama 7:08AM – 8:51AM	Saubhagya Until 10:52AM
593141362	<b>Rahu</b> 12:17PM – 2:00PM		Visti Until 4:22PM
Creative Work Siddha Yoga			Purnima* Until 3:31AM Thu
Until 12:50PM		<b>Raksha Bandhan</b>	<b>Ganesha:</b> White Sunrise: 5:25AM
Then Routine Work - Prabalarishta Yoga			<b>Muruga:</b> Purple Sunset: 7:09PM
			<b>Nataraja:</b> Clear Moon – Purple
			<b>Sravana-Avani</b>
			<b>Sivaloka Day</b>

<b>○</b>	<b>Thursday, August 18, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam	Des Moines, IA
	<b>Silver Retreat Star</b>	Dhanishtha/Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau	Sutra 123
Kumbha Rasi: 3.13	Tithi 16	<b>Gulika</b> 8:52AM – 10:34AM	<b>Dhanishtha</b> Until 11:54AM
		Yama 5:26AM – 7:09AM	Sobhana Until 8:30AM
593141362	<b>Rahu</b> 1:59PM – 3:42PM		Balava Until 2:37PM
Creative Work Siddha Yoga			Prathama* Until 1:34AM Fri
			<b>Ganesha:</b> White Sunrise: 5:26AM
			<b>Muruga:</b> Purple Sunset: 7:07PM
			<b>Nataraja:</b> Clear Moon – Purple
			<b>Sravana-Avani</b>
			<b>Sivaloka Day</b>

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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Friday, August 19, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak/Purvaprossthapada\* Nakshatra Sukarma Yoga Tailila/Gara Karana Dvitiyayam Titau

Des Moines, IA

Sutra 124

Durmukha 5118

Kumbha Rasi: 17.17    Tiithi 17

593141362

Gulika 7:10AM – 8:52AM

Yama 3:41PM – 5:23PM

Rahu 10:34AM – 12:16PM

Shatabhishak Until 10:26AM

Sukarma Until 2:48AM Sat

Tailila Until 12:29PM

Dvitiya Until 11:17PM

Ganesha: White

Sunrise: 5:27AM

Muruga: Purple

Sunset: 7:06PM

Nataraja: Clear

Moon – Purple

Sravana-Avani

Moon 8 - Phase 18

1st Phase

Sivaloka Day

Creative Work    Siddha Yoga

1

Saturday, August 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manla Vasara Yuktayam  
Uttaraprossthapada\*/Uttaraprossthapada Nakshatra Dhriti Yoga Vanija/Visti\* Karana Tritiyayam Titau

Des Moines, IA

Sun 1    Sutra 125

Durmukha 5118

Meena Rasi: 1.32    Tiithi 18

513141362

Gulika 5:28AM – 7:10AM

Yama 1:58PM – 3:40PM

Rahu 8:52AM – 10:34AM

Purvaprossthapada\* Until 8:59AM

Dhriti Until 11:42PM

Vanija Until 10:05AM

Tritiya Until 8:48PM

Ganesha: White

Sunrise: 5:28AM

Muruga: Purple

Sunset: 7:04PM

Nataraja: Clear

Moon – Clear

Sravana-Avani

Moon 8 - Phase 18

1st Phase

Sivaloka Day

Routine Work    Marana Yoga

Until 8:59AM

Then Creative Work - Siddha Yoga

2

Sunday, August 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraprossthapada\*/Revati Nakshatra Shula\* Yoga Bava/Balava Karana Chaturthyam Titau

Des Moines, IA

Sun 2    Sutra 126

Durmukha 5118

Meena Rasi: 15.55    Tiithi 19

513141362

Gulika 3:39PM – 5:21PM

Yama 12:16PM – 1:58PM

Rahu 5:21PM – 7:03PM

Uttaraprossthapada Until 7:13AM

Shula\* Until 8:29PM

Bava Until 7:32AM

Chaturthi\* Until 6:13PM

Ganesha: White

Sunrise: 5:29AM

Muruga: Purple

Sunset: 7:03PM

Nataraja: Clear

Moon – Clear

Sravana-Avani

Moon 8 - Phase 18

1st Phase

Sivaloka Day

Creative Work    Amrita Yoga

3

Monday, August 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Ganda\*/Vridhhi Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Des Moines, IA

Sun 3    Sutra 127

Durmukha 5118

Mesha Rasi: 0.2    Tiithi 20 – 21

523141362

Gulika 1:57PM – 3:38PM

Yama 10:34AM – 12:16PM

Rahu 7:12AM – 8:53AM

Ashvini Until 3:39AM Tue

Ganda\* Until 5:18PM

Gara Until 2:23AM Tue

Panchami Until 3:37PM

Ganesha: Clear

Sunrise: 5:30AM

Muruga: Purple

Sunset: 7:01PM

Nataraja: Clear

Moon – White

Sravana-Avani

Moon 8 - Phase 18

1st Phase

Devaloka Day

Creative Work    Siddha Yoga

Family Home Evening

4

Tuesday, August 23, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Des Moines, IA

Sun 4    Sutra 128

Durmukha 5118

Mesha Rasi: 14.44    Tiithi 21 – 22

523141362

Gulika 12:15PM – 1:56PM

Yama 8:53AM – 10:34AM

Rahu 3:37PM – 5:19PM

Bharani Until 2:01AM Wed

Vridhhi Until 2:12PM

Visti Until 11:57PM

Shashthi\* Until 1:07PM

Ganesha: Clear

Sunrise: 5:31AM

Muruga: Purple

Sunset: 7:00PM

Nataraja: Clear

Moon – White

Sravana-Avani

Moon 8 - Phase 18

1st Phase

Devaloka Day

Creative Work    Siddha Yoga

Until 2:01AM Wed

Then Creative Work - Amrita Yoga

D

Wednesday, August 24, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Des Moines, IA

Sun 5    Sutra 129

Durmukha 5118

Mesha Rasi: 29.01    Tiithi 22 – 23

523141362

Gulika 10:34AM – 12:15PM

Yama 7:13AM – 8:54AM

Rahu 12:15PM – 1:56PM

Krittika Until 12:26AM Thu

Dhruva Until 11:13AM

Balava Until 9:42PM

Saptami Until 10:47AM

Ganesha: Clear

Sunrise: 5:32AM

Muruga: Purple

Sunset: 6:58PM

Nataraja: Clear

Moon – White

Sravana-Avani

Moon 8 - Phase 18

Ashtami

Devaloka Day

Creative Work    Amrita Yoga

Until 12:26AM Thu

Then Routine Work - Marana Yoga

Thursday, August 25, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Des Moines, IA

Sun 6    Sutra 130

Durmukha 5118

Vrishabha Rasi: 13.11    Tiithi 23 – 24

534241362

Gulika 8:54AM – 10:35AM

Yama 5:33AM – 7:14AM

Rahu 1:55PM – 3:36PM

Rohini Until 11:22PM

Vyaghata\* Until 8:25AM

Tailila Until 7:42PM

Ashtami\* Until 8:39AM

Ganesha: Purple

Sunrise: 5:33AM

Muruga: Purple

Sunset: 6:56PM

Nataraja: Clear

Moon – Yellow

Sravana-Avani

Moon 8 - Phase 18

Navami

Sivaloka Day

Routine Work    Marana Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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<b>1 Friday, August 26, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam				Des Moines, IA
Mrigashira Nakshatra Vajra* Yoga Gara/Visti* Karana Navami/Dashamyam Titau		Sun 7 Sutra 131				Durmukha 5118
Wrishabha Rasi: 27.1	Tithi 24 – 25	<b>Gulika</b> 7:14AM – 8:55AM	<b>Mrigashira</b> Until 10:26PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:34AM	
		Yama 3:35PM – 5:15PM	Vajra* Until 3:27AM Sat	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:55PM	Moon 8 - Phase 19
	534241363	<b>Rahu</b> 10:35AM – 12:15PM	Visti Until 5:11AM Sat	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 6:46AM	Moon – Yellow		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>2 Saturday, August 27, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam				Des Moines, IA
Ardra Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau		Sun 8 Sutra 132				Durmukha 5118
Mithuna Rasi: 10.59	Tithi 26	<b>Gulika</b> 5:35AM – 7:15AM	<b>Ardra</b> Until 9:40PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:35AM	
		Yama 1:54PM – 3:34PM	Siddhi Until 1:20AM Sun	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:53PM	Moon 8 - Phase 19
	534241363	<b>Rahu</b> 8:55AM – 10:35AM	Bava Until 4:32PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 3:55AM Sun	Moon – Yellow		<b>Devaloka Day</b>
				<b>Sravana-Avani</b>		

<b>3 Sunday, August 28, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Des Moines, IA
Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Tailita Karana Dvadashyam Titau		Sun 9 Sutra 133				Durmukha 5118
Mithuna Rasi: 24.37	Tithi 27	<b>Gulika</b> 3:33PM – 5:12PM	<b>Punarvasu</b> Until 9:33PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:36AM	
		Yama 12:14PM – 1:53PM	Vyatipata* Until 11:32PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:52PM	Moon 8 - Phase 19
	544241363	<b>Rahu</b> 5:12PM – 6:52PM	Kaulava Until 3:27PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 3:02AM Mon	Moon – Blue		<b>Bhuloka Day</b>
				<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM

<b>4 Monday, August 29, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam				Des Moines, IA
Pushya Nakshatra Variyan Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 10 Sutra 134				Durmukha 5118
Kataka Rasi: 8.01	Tithi 28	<b>Gulika</b> 1:53PM – 3:32PM	<b>Pushya</b> Until 9:41PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:37AM	
<b>Family Home Evening</b>		Yama 10:35AM – 12:14PM	Variyan Until 10:02PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:50PM	Moon 8 - Phase 19
	544241363	<b>Rahu</b> 7:17AM – 8:56AM	Gara Until 2:45PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 2:33AM Tue	Moon – Blue		<b>Bhuloka Day</b>
			<i>Pradosha Vrata (Fasting)</i>	<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM

<b>5 Tuesday, August 30, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam				Des Moines, IA
Ashlesha* Nakshatra Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 11 Sutra 135				Durmukha 5118
Kataka Rasi: 21.11	Tithi 29	<b>Gulika</b> 12:13PM – 1:52PM	<b>Ashlesha*</b> Until 10:06PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:38AM	
		Yama 8:56AM – 10:35AM	Parigha* Until 8:54PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:48PM	Moon 8 - Phase 19
	544241363	<b>Rahu</b> 3:31PM – 5:10PM	Visti Until 2:30PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 2:32AM Wed	Moon – Blue		<b>Bhuloka Day</b>
				<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM

<b>Wednesday, August 31, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam				Des Moines, IA
<b>Retreat Star</b>		Magha* Nakshatra Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 12 Sutra 136		Durmukha 5118
Simha Rasi: 4.08	Tithi 30	<b>Gulika</b> 10:35AM – 12:13PM	<b>Magha*</b> Until 11:19PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:39AM	
		Yama 7:18AM – 8:56AM	Shiva Until 8:11PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:47PM	Moon 8 - Phase 19
	554241363	<b>Rahu</b> 12:13PM – 1:52PM	Catuspada Until 2:44PM	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 3:02AM Thu	Moon – Red		<b>Bhuloka Day</b>
Until 11:19PM				<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga						

<b>Thursday, September 1, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Des Moines, IA
<b>Retreat Star</b>		Purvaphalguni Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 13 Sutra 137		Durmukha 5118
Simha Rasi: 16.5	Tithi 1	<b>Gulika</b> 8:57AM – 10:35AM	<b>Purvaphalguni</b> Until 12:54AM Fri	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:40AM	
		Yama 5:40AM – 7:19AM	Siddha Until 7:49PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 19
	554241363	<b>Rahu</b> 1:51PM – 3:29PM	Kintughna Until 3:29PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 4:02AM Fri	Moon – Red		<b>Bhuloka Day</b>
		<b>Annular Solar Eclipse</b>		<b>Bhadrapada-Avani</b>		Devaloka Time: 9:AM to12:PM

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

<b>1</b>		<b>Friday, September 2, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau	Des Moines, IA Sun 14 Sutra 138 Durmukha 5118
Simha Rasi: 29.17	Tithi 2	<b>Gulika</b> 7:19AM – 8:57AM	<b>Uttaraphalguni</b> Until 2:47AM Sat	<b>Ganesh:</b> Orange <i>Sunrise:</i> 5:41AM			
		Yama 3:28PM – 5:06PM	Sadhya Until 7:53PM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:43PM		Moon 8 - Phase 20	
		564241363 <b>Rahu</b> 10:35AM – 12:12PM	Balava Until 4:45PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 5:33AM Sat	Moon – Red	<b>Bhuloka Day</b>		
Until 2:47AM Sat				<b>Bhadrapada-Avani</b>	Devaloka Time: 9:AM to 12:PM		
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Saturday, September 3, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila Karana Tritiyayam Titau	Des Moines, IA Sun 15 Sutra 139 Durmukha 5118
Kanya Rasi: 11.32	Tithi 3	<b>Gulika</b> 5:42AM – 7:20AM	<b>Hasta</b> Until 5:25AM Sun	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:42AM			
		Yama 1:50PM – 3:27PM	Subha Until 8:18PM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:42PM		Moon 8 - Phase 20	
		564241363 <b>Rahu</b> 8:57AM – 10:35AM	Taitila Until 6:29PM	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Marana Yoga		<b>Tritiya</b> Until 7:29AM Sun	Moon – Green	<b>Bhuloka Day</b>		
Until 5:25AM Sun				<b>Bhadrapada-Avani</b>	Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Sunday, September 4, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau	Des Moines, IA Sun 16 Sutra 140 Durmukha 5118
Kanya Rasi: 23.37	Tithi 3 – 4	<b>Gulika</b> 3:26PM – 5:03PM	<b>Chitra</b> Until 8:12AM Mon	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:43AM			
		Yama 12:12PM – 1:49PM	Sukla Until 8:59PM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:40PM		Moon 8 - Phase 20	
		564241363 <b>Rahu</b> 5:03PM – 6:40PM	Vanija Until 8:36PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 7:29AM	Moon – Green	<b>Bhuloka Day</b>		
Until 8:12AM Mon		<b>Ganesh Chaturthi</b>		<b>Bhadrapada-Avani</b>	Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Monday, September 5, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Vistit/Bava Karana Chaturchi/Panchamyam Titau	Des Moines, IA Sun 17 Sutra 141 Durmukha 5118
Tula Rasi: 5.34	Tithi 4 – 5	<b>Gulika</b> 1:48PM – 3:25PM	<b>Chitra</b> Until 8:12AM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:44AM			
<b>Family Home Evening</b>		Yama 10:35AM – 12:11PM	Brahma Until 9:51PM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:38PM		Moon 8 - Phase 20	
		564241363 <b>Rahu</b> 7:21AM – 8:58AM	Bava Until 10:58PM	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Prabalarishta Yoga		<b>Chaturchi*</b> Until 9:44AM	Moon – Green	<b>Bhuloka Day</b>		
Until 8:12AM				<b>Bhadrapada-Avani</b>	Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Tuesday, September 6, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Des Moines, IA Sun 18 Sutra 142 Durmukha 5118
Tula Rasi: 17.26	Tithi 5 – 6	<b>Gulika</b> 12:11PM – 1:48PM	<b>Svati</b> Until 10:59AM	<b>Ganesh:</b> White <i>Sunrise:</i> 5:46AM			
		Yama 8:58AM – 10:35AM	Indra Until 10:48PM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:37PM		Moon 8 - Phase 20	
		565241363 <b>Rahu</b> 3:24PM – 5:00PM	Kaulava Until 1:24AM Wed	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> Until 12:10PM	Moon – Green	<b>Bhuloka Day</b>		
Until 10:59AM				<b>Bhadrapada-Avani</b>	Devaloka Time: 6:AM to 9:AM		
Then Routine Work - Marana Yoga							

<b>6</b>		<b>Wednesday, September 7, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Des Moines, IA Sun 19 Sutra 143 Durmukha 5118
Tula Rasi: 29.18	Tithi 6 – 7	<b>Gulika</b> 10:35AM – 12:11PM	<b>Vishakha</b> Until 2:07PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:47AM			
		Yama 7:23AM – 8:59AM	Vaidhriti* Until 11:40PM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:35PM		Moon 8 - Phase 20	
		575241363 <b>Rahu</b> 12:11PM – 1:47PM	Gara Until 3:45AM Thu	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 2:35PM	Moon – Orange	<b>Bhuloka Day</b>		
				<b>Bhadrapada-Avani</b>	Devaloka Time: 6:AM to 9:AM		

<b>Retreat Star</b>		<b>Thursday, September 8, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Vanija/Vistit* Karana Saptami/Ashtamyam Titau	Des Moines, IA Sun 20 Sutra 144 Durmukha 5118
Vrischika Rasi: 11.13	Tithi 7 – 8	<b>Gulika</b> 8:59AM – 10:35AM	<b>Anuradha</b> Until 4:53PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:48AM			
		Yama 5:48AM – 7:23AM	Vishkambha* Until 12:20AM Fri	<b>Muruga:</b> Purple <i>Sunset:</i> 6:33PM		Moon 8 - Phase 20	
		575241363 <b>Rahu</b> 1:46PM – 3:22PM	Vistit Until 5:48AM Fri	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 4:48PM	Moon – Orange	<b>Bhuloka Day</b>		
Until 4:53PM				<b>Bhadrapada-Avani</b>	Devaloka Time: 6:AM to 9:AM		
Then Routine Work - Prabalarishta Yoga							

<b>Retreat Star</b>		<b>Friday, September 9, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Bava Karana Ashtamyam Titau	Des Moines, IA Sun 21 Sutra 145 Durmukha 5118
Vrischika Rasi: 23.15	Tithi 8	<b>Gulika</b> 7:24AM – 8:59AM	<b>Jyeshtha*</b> Until 7:08PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:49AM			
		Yama 3:21PM – 4:56PM	Priti Until 12:42AM Sat	<b>Muruga:</b> Purple <i>Sunset:</i> 6:32PM		Moon 8 - Phase 20	
		575241363 <b>Rahu</b> 10:35AM – 12:10PM	Bava Until 6:39PM	<b>Nataraja:</b> Purple		Ashtami	
Routine Work	Marana Yoga		<b>Ashtami*</b> Until 6:39PM	Moon – Orange	<b>Bhuloka Day</b>		
Until 7:08PM				<b>Bhadrapada-Avani</b>	Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Saturday, September 10, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Balava/Kaulava Karana Navamyam Titau	Des Moines, IA Sun 22 Sutra 146 Durmukha 5118
Dhanus Rasi: 5.28	Tithi 9	<b>Gulika</b> 5:50AM – 7:25AM	<b>Mula*</b> Until 9:11PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:50AM			
		Yama 1:45PM – 3:20PM	Ayushman Until 12:36AM Sun	<b>Muruga:</b> Purple <i>Sunset:</i> 6:30PM		Moon 8 - Phase 20	
		585241363 <b>Rahu</b> 9:00AM – 10:35AM	Balava Until 7:24AM	<b>Nataraja:</b> Purple		Navami	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 7:57PM	Moon – Light Blue	<b>Bhuloka Day</b>		
				<b>Bhadrapada-Avani</b>			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

<b>1 Sunday, September 11, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Des Moines, IA
Dhanus Rasi: 17.56		Purvashadha* Nakshatra Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 147
Tihti 10		<b>Gulika</b> 3:19PM – 4:54PM	<b>Purvashadha* Until 10:24PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:51AM	Durmukha 5118
585241363		Yama 12:09PM – 1:44PM	Saubhagya Until 11:58PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 21
Creative Work Siddha Yoga		<b>Rahu</b> 4:54PM – 6:28PM	Taitila Until 8:23AM	<b>Nataraja:</b> Purple		4th Phase
Until 10:24PM		<b>Grandparent's Day</b>		Moon – Light Blue	<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga		<b>Dashami Until 8:35PM</b>		<b>Bhadrapada-Avani</b>		

<b>2 Monday, September 12, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam				Des Moines, IA
Makara Rasi: 0.44		Uttarashadha Nakshatra Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 148
Tihti 11		<b>Gulika</b> 1:43PM – 3:18PM	<b>Uttarashadha Until 10:45PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:52AM	Durmukha 5118
585241363		Yama 10:35AM – 12:09PM	Sobhana Until 10:45PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 21
Creative Work Siddha Yoga		<b>Rahu</b> 7:26AM – 9:00AM	Vanija Until 8:39AM	<b>Nataraja:</b> Purple		4th Phase
Routine Work Marana Yoga		<b>Ekadashi Until 8:29PM</b>		Moon – Light Blue	<b>Bhuloka Day</b>	
Until 10:45PM		<b>Dashami Until 8:35PM</b>		<b>Bhadrapada-Avani</b>		
Then Creative Work - Amrita Yoga						

<b>3 Tuesday, September 13, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Des Moines, IA
Makara Rasi: 13.56		Shravana Nakshatra Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 149
Tihti 12		<b>Gulika</b> 12:09PM – 1:43PM	<b>Shravana Until 10:39PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:53AM	Durmukha 5118
595241363		Yama 9:01AM – 10:35AM	Athiganda* Until 8:55PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 21
Creative Work Siddha Yoga		<b>Rahu</b> 3:17PM – 4:51PM	Bava Until 8:09AM	<b>Nataraja:</b> Purple		4th Phase
		<b>Dvadashi Until 7:36PM</b>		Moon – Purple	<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>		Devaloka Time: 6:AM to 9:AM

<b>4 Wednesday, September 14, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam				Des Moines, IA
Makara Rasi: 27.32		Dhanishtha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 150
Tihti 13		<b>Gulika</b> 10:35AM – 12:08PM	<b>Dhanishtha Until 9:42PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:54AM	Durmukha 5118
595241363		Yama 7:27AM – 9:01AM	Sukarma Until 6:31PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 21
Creative Work Siddha Yoga		<b>Rahu</b> 12:08PM – 1:42PM	Kaulava Until 6:55AM	<b>Nataraja:</b> Purple		4th Phase
Routine Work Prabalarishta Yoga		<b>Trayodashi Until 6:01PM</b>		Moon – Purple	<b>Bhuloka Day</b>	
Until 9:42PM		<b>Pradosha Vrata</b>		<b>Bhadrapada-Avani</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>				

<b>5 Thursday, September 15, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Des Moines, IA
Kumbha Rasi: 11.32		Shatabhishak Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sun 27 Sutra 151
Tihti 14 – 15		<b>Gulika</b> 9:01AM – 10:35AM	<b>Shatabhishak Until 8:02PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:55AM	Durmukha 5118
595241363		Yama 5:55AM – 7:28AM	Dhriti Until 3:38PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 21
Creative Work Siddha Yoga		<b>Rahu</b> 1:41PM – 3:15PM	Visti Until 2:33AM Fri	<b>Nataraja:</b> Purple		4th Phase
		<b>Chaturdashi* Until 3:49PM</b>		Moon – Purple	<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>		Devaloka Time: 6:AM to 9:AM

<b>Friday, September 16, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam				Des Moines, IA
<b>Copper Retreat Star</b>		Purvaprosnthapada* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 152
Kumbha Rasi: 25.55		<b>Gulika</b> 7:29AM – 9:02AM	<b>Purvaprosnthapada* Until 6:11PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:56AM	Durmukha 5118
Tihti 15 – 16		Yama 3:14PM – 4:47PM	Shula* Until 12:20PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 21
516241363		<b>Rahu</b> 10:35AM – 12:08PM	Balava Until 11:41PM	<b>Nataraja:</b> Purple		Purnima
Creative Work Siddha Yoga		<b>Purnima* Until 1:08PM</b>		Moon – Clear	<b>Devaloka Day</b>	
		<b>Penumbra Lunar Eclipse</b>		<b>Bhadrapada-Puratasi</b>		

<b>Saturday, September 17, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam				Des Moines, IA
<b>Silver Retreat Star</b>		Uttaraprosnthapada*/Revali Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Prathama/Dvililyayam Titau				Sutra 153
Meena Rasi: 10.34		<b>Gulika</b> 5:57AM – 7:29AM	<b>Uttaraprosnthapada Until 3:53PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:57AM	Durmukha 5118
Tihti 16 – 17		Yama 1:40PM – 3:13PM	Ganda* Until 8:45AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 21
516241363		<b>Rahu</b> 9:02AM – 10:35AM	Taitila Until 8:33PM	<b>Nataraja:</b> Purple		Prathama
Creative Work Siddha Yoga		<b>Prathama* Until 10:07AM</b>		Moon – Clear	<b>Devaloka Day</b>	
Until 3:53PM				<b>Bhadrapada-Puratasi</b>		
Then Routine Work - Prabalarishta Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 18, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhruva Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

Des Moines, IA

Sun 1 Sutra 154

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Meena Rasi: 25.23 Tihi 17 - 18

516241363

**Gulika** 3:12PM - 4:44PM  
Yama 12:07PM - 1:39PM  
**Rahu** 4:44PM - 6:16PM

**Revati Until 1:17PM**  
Dhruva Until 1:13AM Mon  
Visti Until 3:39AM Mon  
**Dvitiya Until 6:54AM**

**Ganesha:** Purple *Sunrise:* 5:58AM  
**Muruga:** Purple *Sunset:* 6:16PM  
**Nataraja:** Purple  
Moon - Clear  
**Bhadrapada-Puratasi**

**Devaloka Day**

Creative Work Amrita Yoga  
Until 1:17PM

Then Creative Work - Siddha Yoga

1

Monday, September 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vyaghata\* Yoga Bava/Balava Karana Chaturthyam Titau

Des Moines, IA

Sun 2 Sutra 155

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 10.15 Tihi 19

526341363

**Gulika** 1:39PM - 3:10PM  
Yama 10:35AM - 12:07PM  
**Rahu** 7:31AM - 9:03AM

**Ashvini Until 10:58AM**  
Vyaghata\* Until 9:29PM  
Bava Until 2:04PM  
**Chaturthi\* Until 12:29AM Tue**

**Ganesha:** Purple *Sunrise:* 5:59AM  
**Muruga:** Purple *Sunset:* 6:14PM  
**Nataraja:** Purple  
Moon - White  
**Bhadrapada-Puratasi**

**Bhuloka Day**

Creative Work Siddha Yoga

Then Creative Work - Siddha Yoga

2

Tuesday, September 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani/Krittika Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Des Moines, IA

Sun 3 Sutra 156

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 25.01 Tihi 20

526341363

**Gulika** 12:06PM - 1:38PM  
Yama 9:03AM - 10:35AM  
**Rahu** 3:09PM - 4:41PM

**Bharani Until 8:40AM**  
Harshana Until 5:56PM  
Kaulava Until 11:00AM  
**Panchami Until 9:33PM**

**Ganesha:** Purple *Sunrise:* 6:00AM  
**Muruga:** Purple *Sunset:* 6:13PM  
**Nataraja:** Purple  
Moon - White  
**Bhadrapada-Puratasi**

**Bhuloka Day**

Creative Work Siddha Yoga

Then Creative Work - Siddha Yoga

3

Wednesday, September 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA

Sun 4 Sutra 157

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 10 Tihi 21

526341363

**Gulika** 10:35AM - 12:06PM  
Yama 7:32AM - 9:03AM  
**Rahu** 12:06PM - 1:37PM

**Krittika Until 6:30AM**  
Vajra\* Until 2:38PM  
Gara Until 8:14AM  
**Shashthi\* Until 6:58PM**

**Ganesha:** Purple *Sunrise:* 6:01AM  
**Muruga:** Purple *Sunset:* 6:11PM  
**Nataraja:** Purple  
Moon - White  
**Bhadrapada-Puratasi**

**Bhuloka Day**

Creative Work Amrita Yoga

Until 6:30AM

Then Creative Work - Siddha Yoga

4

Thursday, September 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Des Moines, IA

Sun 5 Sutra 158

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 23.55 Tihi 22 - 23

536341363

**Gulika** 9:04AM - 10:35AM  
Yama 6:02AM - 7:33AM  
**Rahu** 1:36PM - 3:07PM

**Mrigashira Until 3:50AM Fri**  
Siddhi Until 11:42AM  
Balava Until 3:57AM Fri  
**Saptami Until 4:49PM**

**Ganesha:** Clear *Sunrise:* 6:02AM  
**Muruga:** Purple *Sunset:* 6:09PM  
**Nataraja:** Purple  
Moon - Yellow  
**Bhadrapada-Puratasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 3:50AM Fri

Then Creative Work - Siddha Yoga

5

Friday, September 23, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Des Moines, IA

Sun 6 Sutra 159

Durmukha 5118

Moon 9 - Phase 22

Ashtami

Mithuna Rasi: 7.54 Tihi 23 - 24

537341363

**Gulika** 7:33AM - 9:04AM  
Yama 3:06PM - 4:37PM  
**Rahu** 10:35AM - 12:05PM

**Ardra Until 3:02AM Sat**  
Vyatipata\* Until 9:10AM  
Taitila Until 2:35AM Sat  
**Ashtami\* Until 3:11PM**

**Ganesha:** White *Sunrise:* 6:03AM  
**Muruga:** Purple *Sunset:* 6:08PM  
**Nataraja:** Purple  
Moon - Yellow  
**Bhadrapada-Puratasi**

**Devaloka Day**

Creative Work Siddha Yoga

Saturday, September 24, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Variyan/Parigraha\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Des Moines, IA

Sun 7 Sutra 160

Durmukha 5118

Moon 9 - Phase 22

Navami

Mithuna Rasi: 21.34 Tihi 24 - 25

547341363

**Gulika** 6:04AM - 7:34AM  
Yama 1:35PM - 3:05PM  
**Rahu** 9:04AM - 10:35AM

**Punarvasu Until 3:05AM Sun**  
Variyan Until 7:02AM  
Vanija Until 1:46AM Sun  
**Navami\* Until 2:05PM**

**Ganesha:** Yellow *Sunrise:* 6:04AM  
**Muruga:** Purple *Sunset:* 6:06PM  
**Nataraja:** Purple  
Moon - Blue  
**Bhadrapada-Puratasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

<b>1 Sunday, September 25, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam				Des Moines, IA
Kataka Rasi: 4.56		Pushya Nakshatra Shiva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 8 Sutra 161
Tihi 25 – 26		<b>Gulika</b> 3:04PM – 4:34PM	<b>Pushya Until 3:31AM Mon</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:05AM	Durmukha 5118	
547341363		Yama 12:04PM – 1:34PM	Shiva Until 4:08AM Mon	<b>Muruga:</b> Purple <i>Sunset:</i> 6:04PM	Moon 9 - Phase 23	
Creative Work	Siddha Yoga	<b>Rahu</b> 4:34PM – 6:04PM	Bava Until 1:30AM Mon	<b>Nataraja:</b> Purple	2nd Phase	
			<b>Dashami Until 1:33PM</b>	Moon – Blue	<b>Bhuloka Day</b>	
				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM	

<b>2 Monday, September 26, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam				Des Moines, IA
Kataka Rasi: 18		Ashlesha* Nakshatra Siddha Yoga Balava/Kaulava Karana Ekadashi/Trayodashyam Titau				Sun 9 Sutra 162
Tihi 26 – 27		<b>Gulika</b> 1:34PM – 3:03PM	<b>Ashlesha* Until 4:18AM Tue</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:06AM	Durmukha 5118	
Family Home Evening		Yama 10:35AM – 12:04PM	Siddha Until 3:17AM Tue	<b>Muruga:</b> Purple <i>Sunset:</i> 6:02PM	Moon 9 - Phase 23	
547341363		<b>Rahu</b> 7:35AM – 9:05AM	Kaulava Until 1:45AM Tue	<b>Nataraja:</b> Purple	2nd Phase	
Creative Work	Siddha Yoga				Moon – Blue	<b>Bhuloka Day</b>
			<b>Ekadashi* Until 1:33PM</b>	<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM	

<b>3 Tuesday, September 27, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam				Des Moines, IA
Simha Rasi: 0.48		Magha* Nakshatra Sadhya Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 10 Sutra 163
Tihi 27 – 28		<b>Gulika</b> 12:04PM – 1:33PM	<b>Magha* Until 5:52AM Wed</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:07AM	Durmukha 5118	
657341363		Yama 9:05AM – 10:35AM	Sadhya Until 2:50AM Wed	<b>Muruga:</b> Purple <i>Sunset:</i> 6:01PM	Moon 9 - Phase 23	
Creative Work	Siddha Yoga	<b>Rahu</b> 3:02PM – 4:31PM	Gara Until 2:31AM Wed	<b>Nataraja:</b> Purple	2nd Phase	
Until 5:52AM Wed					Moon – Red	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga					<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM
			<b>Dvadashi* Until 2:03PM</b>	<i>Pradosha Vrata (Fasting)</i>		

<b>4 Wednesday, September 28, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam				Des Moines, IA
Simha Rasi: 13.23		Purvaphalguni Nakshatra Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 11 Sutra 164
Tihi 28 – 29		<b>Gulika</b> 10:35AM – 12:03PM	<b>Purvaphalguni Until 7:43AM Thu</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:08AM	Durmukha 5118	
657341363		Yama 7:37AM – 9:06AM	Subha Until 2:45AM Thu	<b>Muruga:</b> Purple <i>Sunset:</i> 5:59PM	Moon 9 - Phase 23	
Creative Work	Amrita Yoga	<b>Rahu</b> 12:03PM – 1:32PM	Visti Until 3:43AM Thu	<b>Nataraja:</b> Purple	2nd Phase	
			<b>Trayodashi* Until 3:02PM</b>	Moon – Red	<b>Bhuloka Day</b>	
				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM	

<b>5 Thursday, September 29, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam				Des Moines, IA
Simha Rasi: 25.46		Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12 Sutra 165
Tihi 29 – 30		<b>Gulika</b> 9:06AM – 10:35AM	<b>Purvaphalguni Until 7:43AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:09AM	Durmukha 5118	
657341363		Yama 6:09AM – 7:37AM	Sukla Until 2:56AM Fri	<b>Muruga:</b> Purple <i>Sunset:</i> 5:57PM	Moon 9 - Phase 23	
Creative Work	Siddha Yoga	<b>Rahu</b> 1:32PM – 3:00PM	Catuspada Until 5:19AM Fri	<b>Nataraja:</b> Purple	2nd Phase	
			<b>Chaturdashi* Until 4:27PM</b>	Moon – Red	<b>Bhuloka Day</b>	
				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM	

<b>Friday, September 30, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam				Des Moines, IA
Kanya Rasi: 7.59		Uttaraphalguni/Hasta Nakshatra Brahma Yoga Naga* Karana Amavasyayam Titau				Sun 13 Sutra 166
Tihi 30		<b>Gulika</b> 7:38AM – 9:06AM	<b>Uttaraphalguni Until 9:47AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:10AM	Durmukha 5118	
658341363		Yama 2:59PM – 4:27PM	Brahma Until 3:23AM Sat	<b>Muruga:</b> Purple <i>Sunset:</i> 5:56PM	Moon 9 - Phase 23	
Creative Work	Siddha Yoga	<b>Rahu</b> 10:35AM – 12:03PM	Naga Until 6:14PM	<b>Nataraja:</b> Purple	Amavasya	
Until 9:47AM					Moon – Red	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga		<b>Mahalaya Amavasai (Tamil Nadu)</b>	<b>Amavasya* Until 6:14PM</b>	<b>Bhadrapada-Puratasi</b>		

<b>Saturday, October 1, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam				Des Moines, IA
Kanya Rasi: 20.05		Hasta/Chitra Nakshatra Indra Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 167
Tihi 1		<b>Gulika</b> 6:11AM – 7:39AM	<b>Hasta Until 12:29PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:11AM	Durmukha 5118	
668341363		Yama 1:30PM – 2:58PM	Indra Until 4:05AM Sun	<b>Muruga:</b> Purple <i>Sunset:</i> 5:54PM	Moon 9 - Phase 23	
Routine Work	Marana Yoga	<b>Rahu</b> 9:07AM – 10:35AM	Kintughna Until 7:16AM	<b>Nataraja:</b> Purple	Prathama	
			<b>Prathama* Until 8:20PM</b>	Moon – Green	<b>Bhuloka Day</b>	
			<b>Navaratri Begins</b>	<b>Ashvina-Puratasi</b>		

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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<b>1</b>		<b>Sunday, October 2, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Des Moines, IA Sun 15 Sutra 168	
Tula Rasi: 2.03	Tithi 2	<b>Gulika</b>	2:57PM – 4:25PM	<b>Chitra Until 3:16PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:12AM		Durmukha 5118	
		Yama	12:02PM – 1:30PM	Vaidhriti* Until 4:54AM Mon	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:52PM	Moon 9 - Phase 24		
Creative Work	Siddha Yoga	668341363 <b>Rahu</b>	4:25PM – 5:52PM	Balava Until 9:29AM	<b>Nataraja:</b> Purple		3rd Phase		
				<b>Dvitiya Until 10:39PM</b>	Moon – Green		<b>Bhuloka Day</b>		
					<b>Ashvina•Puratasi</b>				
<b>2</b>		<b>Monday, October 3, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Tailila/Gara Karana Tritiyayam Titau				Des Moines, IA Sun 16 Sutra 169	
Tula Rasi: 13.57	Tithi 3	<b>Gulika</b>	1:29PM – 2:56PM	<b>Svati Until 6:02PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:13AM		Durmukha 5118	
<b>Family Home Evening</b>		Yama	10:35AM – 12:02PM	Vishkambha* Until 5:49AM Tue	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 24		
Creative Work	Amrita Yoga	668341363 <b>Rahu</b>	7:40AM – 9:07AM	Tailila Until 11:54AM	<b>Nataraja:</b> Purple		3rd Phase		
Until 6:02PM				<b>Tritiya Until 1:07AM Tue</b>	Moon – Green		<b>Bhuloka Day</b>		
Then Routine Work - Marana Yoga					<b>Ashvina•Puratasi</b>				
<b>3</b>		<b>Tuesday, October 4, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Priti Yoga Vanija/Visti* Karana Chaturthyam Titau				Des Moines, IA Sun 17 Sutra 170	
Tula Rasi: 25.49	Tithi 4	<b>Gulika</b>	12:02PM – 1:28PM	<b>Vishakha Until 9:13PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:14AM		Durmukha 5118	
		Yama	9:08AM – 10:35AM	Priti Until 6:45AM Wed	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 24		
Routine Work	Marana Yoga	678341363 <b>Rahu</b>	2:55PM – 4:22PM	Vanija Until 2:24PM	<b>Nataraja:</b> Purple		3rd Phase		
Until 9:13PM				<b>Chaturthi* Until 3:37AM Wed</b>	Moon – Orange		<b>Bhuloka Day</b>		
Then Creative Work - Siddha Yoga					<b>Ashvina•Puratasi</b>				
<b>4</b>		<b>Wednesday, October 5, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau				Des Moines, IA Sun 18 Sutra 171	
Vrischika Rasi: 7.4	Tithi 5	<b>Gulika</b>	10:35AM – 12:01PM	<b>Anuradha Until 12:09AM Thu</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:15AM		Durmukha 5118	
		Yama	7:42AM – 9:08AM	Priti Until 6:45AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 24		
Creative Work	Siddha Yoga	678341363 <b>Rahu</b>	12:01PM – 1:28PM	Bava Until 4:52PM	<b>Nataraja:</b> Purple		3rd Phase		
Until 12:09AM Thu				<b>Panchami Until 6:01AM Thu</b>	Moon – Orange		<b>Bhuloka Day</b>		
Then Routine Work - Prabalarishta Yoga					<b>Ashvina•Puratasi</b>				
<b>5</b>		<b>Thursday, October 6, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Des Moines, IA Sun 19 Sutra 172	
Vrischika Rasi: 19.34	Tithi 5 – 6	<b>Gulika</b>	9:09AM – 10:35AM	<b>Jyeshtha* Until 2:43AM Fri</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:16AM		Durmukha 5118	
		Yama	6:16AM – 7:42AM	Ayushman Until 7:34AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 24		
Routine Work	Prabalarishta Yoga	679341363 <b>Rahu</b>	1:27PM – 2:53PM	Kaulava Until 7:10PM	<b>Nataraja:</b> Purple		3rd Phase		
Until 2:43AM Fri				<b>Panchami Until 6:01AM</b>	Moon – Orange		<b>Bhuloka Day</b>		
Then Creative Work - Amrita Yoga					<b>Ashvina•Puratasi</b>	Devaloka Time: 9:AM to 12:PM			
<b>6</b>		<b>Friday, October 7, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Des Moines, IA Sun 20 Sutra 173	
Dhanus Rasi: 1.34	Tithi 6 – 7	<b>Gulika</b>	7:43AM – 9:09AM	<b>Mula* Until 5:14AM Sat</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:17AM		Durmukha 5118	
		Yama	2:52PM – 4:18PM	Saubhagya Until 8:12AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 24		
Creative Work	Amrita Yoga	689341364 <b>Rahu</b>	10:35AM – 12:01PM	Gara Until 9:07PM	<b>Nataraja:</b> Clear		3rd Phase		
Until 5:14AM Sat				<b>Shashthi* Until 8:10AM</b>	Moon – Light Blue		<b>Sivaloka Day</b>		
Then Creative Work - Siddha Yoga					<b>Ashvina•Puratasi</b>				
<b>Retreat Star</b>		<b>Saturday, October 8, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Des Moines, IA Sun 21 Sutra 174	
Dhanus Rasi: 13.43	Tithi 7 – 8	<b>Gulika</b>	6:18AM – 7:44AM	<b>Purvashadha* Until 7:03AM Sun</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:18AM		Durmukha 5118	
		Yama	1:26PM – 2:51PM	Sobhana Until 8:31AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 24		
Creative Work	Siddha Yoga	689341364 <b>Rahu</b>	9:09AM – 10:35AM	Visti Until 10:34PM	<b>Nataraja:</b> Clear		Ashtami		
Until 7:03AM Sun				<b>Saptami Until 9:54AM</b>	Moon – Light Blue		<b>Sivaloka Day</b>		
Then Creative Work - Amrita Yoga					<b>Ashvina•Puratasi</b>				
<b>Retreat Star</b>		<b>Sunday, October 9, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Des Moines, IA Sun 22 Sutra 175	
Dhanus Rasi: 26.07	Tithi 8 – 9	<b>Gulika</b>	2:50PM – 4:16PM	<b>Purvashadha* Until 7:03AM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:20AM		Durmukha 5118	
		Yama	12:00PM – 1:25PM	Athiganda* Until 8:22AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 24		
Creative Work	Siddha Yoga	689341364 <b>Rahu</b>	4:16PM – 5:41PM	Balava Until 11:21PM	<b>Nataraja:</b> Clear		Navami		
Until 7:03AM				<b>Ashtami* Until 11:02AM</b>	Moon – Light Blue		<b>Sivaloka Day</b>		
Then Creative Work - Amrita Yoga					<b>Ashvina•Puratasi</b>				

<b>1</b>		<b>Monday, October 10, 2016</b>				Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Des Moines, IA Sun 23 Sutra 176 Dur mukha 5118	
Makara Rasi: 8.49	Tithi 9 – 10	<b>Gulika</b>	1:25PM – 2:49PM	<b>Uttarashadha</b> Until 8:01AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:21AM			
<b>Family Home Evening</b>	689351364	Yama	10:35AM – 12:00PM	Sukarma Until 7:40AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 25		
Routine Work	Marana Yoga	<b>Rahu</b>	7:45AM – 9:10AM	Taitila Until 11:21PM	<b>Nataraja:</b> Clear	Moon – Light Blue			
Until 8:01AM		<b>Vijaya Dasami</b>		<b>Navami*</b> Until 11:26AM	<b>Ashvina•Puratasi</b>		<b>Subha Sivaloka Day</b>		
Then Creative Work - Amrita Yoga									

<b>2</b>		<b>Tuesday, October 11, 2016</b>				Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Des Moines, IA Sun 24 Sutra 177 Dur mukha 5118	
Makara Rasi: 21.56	Tithi 10 – 11	<b>Gulika</b>	12:00PM – 1:24PM	<b>Shravana</b> Until 8:30AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:22AM			
	699351364	Yama	9:11AM – 10:35AM	Dhriti Until 6:22AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 25		
Creative Work	Siddha Yoga	<b>Rahu</b>	2:49PM – 4:13PM	Vanija Until 10:31PM	<b>Nataraja:</b> Clear	Moon – Purple			
				<b>Dashami</b> Until 11:01AM	<b>Ashvina•Puratasi</b>		<b>Sivaloka Day</b>		

<b>3</b>		<b>Wednesday, October 12, 2016</b>				Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Des Moines, IA Sun 25 Sutra 178 Dur mukha 5118	
Kumbha Rasi: 5.29	Tithi 11 – 12	<b>Gulika</b>	10:35AM – 11:59AM	<b>Dhanishtha</b> Until 8:02AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:23AM			
	699351364	Yama	7:47AM – 9:11AM	Ganda* Until 1:45AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 25		
Routine Work	Prabalarishta Yoga	<b>Rahu</b>	11:59AM – 1:24PM	Bava Until 8:53PM	<b>Nataraja:</b> Clear	Moon – Purple			
Until 8:02AM		<b>Kadaitswami Mahasamadhi</b>		<b>Ekadashi</b> Until 9:46AM	<b>Ashvina•Puratasi</b>		<b>Sivaloka Day</b>		
Then Creative Work - Siddha Yoga									

<b>4</b>		<b>Thursday, October 13, 2016</b>				Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Des Moines, IA Sun 26 Sutra 179 Dur mukha 5118	
Kumbha Rasi: 19.31	Tithi 12 – 13	<b>Gulika</b>	9:12AM – 10:35AM	<b>Shatabhishak</b> Until 6:40AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:24AM			
	699351364	Yama	6:24AM – 7:48AM	Vriddhi Until 10:36PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 25		
Creative Work	Siddha Yoga	<b>Rahu</b>	1:23PM – 2:47PM	Kaulava Until 6:32PM	<b>Nataraja:</b> Clear	Moon – Purple			
				<b>Dvadashi</b> Until 7:46AM	<b>Ashvina•Puratasi</b>		<b>Sivaloka Day</b>		
<i>Pradosha Vrata</i>									

<b>5</b>		<b>Friday, October 14, 2016</b>				Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Des Moines, IA Sun 27 Sutra 180 Dur mukha 5118	
Meena Rasi: 3.59	Tithi 14	<b>Gulika</b>	7:48AM – 9:12AM	<b>Uttaraproshtapada</b> Until 2:30AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:25AM			
	611451364	Yama	2:46PM – 4:09PM	Dhruva Until 6:57PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:33PM	Moon 9 - Phase 25		
Creative Work	Siddha Yoga	<b>Rahu</b>	10:35AM – 11:59AM	Gara Until 3:36PM	<b>Nataraja:</b> Clear	Moon – Clear			
Until 2:30AM Sat		<b>Chidambaram Abhishekam</b>		<b>Chaturdashi*</b> Until 1:56AM Sat	<b>Ashvina•Puratasi</b>		<b>Devaloka Day</b>		
Then Routine Work - Prabalarishta Yoga									

<b>○</b>		<b>Saturday, October 15, 2016</b>				Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Purnimayam Titau		Des Moines, IA Sutra 181 Dur mukha 5118	
<b>Copper Retreat Star</b>		<b>Gulika</b>	6:26AM – 7:49AM	<b>Revati</b> Until 11:37PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:26AM			
Meena Rasi: 18.5	Tithi 15	Yama	1:22PM – 2:45PM	Vyaghata* Until 2:59PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 25		
	611451364	<b>Rahu</b>	9:12AM – 10:36AM	Visti Until 12:14PM	<b>Nataraja:</b> Clear	Moon – Clear			
Routine Work	Prabalarishta Yoga			<b>Purnima*</b> Until 10:25PM	<b>Ashvina•Puratasi</b>		<b>Devaloka Day</b>		
Until 11:37PM									
Then Creative Work - Siddha Yoga									

<b>○</b>		<b>Sunday, October 16, 2016</b>				Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau		Des Moines, IA Sutra 182 Dur mukha 5118	
<b>Silver Retreat Star</b>		<b>Gulika</b>	2:44PM – 4:07PM	<b>Ashvini</b> Until 8:48PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:27AM			
Mesha Rasi: 3.56	Tithi 16	Yama	11:58AM – 1:21PM	Harshana Until 10:49AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:30PM	Moon 9 - Phase 25		
	621451364	<b>Rahu</b>	4:07PM – 5:30PM	Balava Until 8:35AM	<b>Nataraja:</b> Clear	Moon – White			
Creative Work	Siddha Yoga			<b>Prathama*</b> Until 6:42PM	<b>Ashvina•Aipasi</b>		<b>Sivaloka Day</b>		
Until 8:48PM									
Then Routine Work - Prabalarishta Yoga									

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





Monday, October 17, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam

Des Moines, IA

Bharani/Krittika Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1 Sutra 183

Mesha Rasi: 19.09 Tihi 17 - 18

Gulika 1:21PM - 2:43PM

Bharani Until 5:52PM

Ganesha: Clear Sunrise: 6:28AM

Durmukha 5118

Family Home Evening 621451364

Yama 10:36AM - 11:58AM

Vajra\* Until 6:33AM

Muruga: Clear Sunset: 5:28PM

Moon 10 - Phase 26

Creative Work Siddha Yoga

Rahu 7:51AM - 9:13AM

Vanija Until 1:11AM Tue

Nataraja: Clear

1st Phase

Until 5:52PM

Dvitiya Until 2:59PM

Moon - White  
Ashvina-Aipasi

Sivaloka Day

Then Routine Work - Marana Yoga

Tuesday, October 18, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam

Des Moines, IA

Krittika/Rohini Nakshatra Vyalipata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2 Sutra 184

1

Virshabha Rasi: 4.17 Tihi 18 - 19

Gulika 11:58AM - 1:20PM

Krittika Until 2:58PM

Ganesha: Clear Sunrise: 6:30AM

Durmukha 5118

621451364

Yama 9:14AM - 10:36AM

Vyalipata\* Until 10:24PM

Muruga: Clear Sunset: 5:27PM

Moon 10 - Phase 26

Creative Work Siddha Yoga

Rahu 2:42PM - 4:05PM

Bava Until 9:44PM

Nataraja: Clear

1st Phase

Until 2:58PM

Tritiya Until 11:24AM

Moon - White  
Ashvina-Aipasi

Sivaloka Day

Then Creative Work - Amrita Yoga

Wednesday, October 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam

Des Moines, IA

Rohini/Mrigashira Nakshatra Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3 Sutra 185

2

Virshabha Rasi: 19.13 Tihi 19 - 20

Gulika 10:36AM - 11:58AM

Rohini Until 12:41PM

Ganesha: Purple Sunrise: 6:31AM

Durmukha 5118

621451364

Yama 7:52AM - 9:14AM

Variyan Until 6:44PM

Muruga: Clear Sunset: 5:25PM

Moon 10 - Phase 26

Creative Work Siddha Yoga

Rahu 11:58AM - 1:20PM

Kaulava Until 6:41PM

Nataraja: Clear

1st Phase

Chaturthi\* Until 8:08AM

Moon - Yellow  
Ashvina-Aipasi

Devaloka Day

Thursday, October 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam

Des Moines, IA

Mrigashira/Ardra Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Sun 4 Sutra 186

3

Mithuna Rasi: 3.48 Tihi 21

Gulika 9:15AM - 10:36AM

Mrigashira Until 10:46AM

Ganesha: Purple Sunrise: 6:32AM

Durmukha 5118

621451364

Yama 6:32AM - 7:53AM

Parigha\* Until 3:31PM

Muruga: Clear Sunset: 5:24PM

Moon 10 - Phase 26

Routine Work Marana Yoga

Rahu 1:19PM - 2:41PM

Gara Until 4:11PM

Nataraja: Clear

1st Phase

Shashthi\* Until 3:09AM Fri

Moon - Yellow  
Ashvina-Aipasi

Devaloka Day

Friday, October 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam

Des Moines, IA

Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Saptamyam Titau

Sun 5 Sutra 187

4

Mithuna Rasi: 17.59 Tihi 22

Gulika 7:54AM - 9:15AM

Ardra Until 9:19AM

Ganesha: Purple Sunrise: 6:33AM

Durmukha 5118

621451364

Yama 2:40PM - 4:01PM

Shiva Until 12:51PM

Muruga: Clear Sunset: 5:22PM

Moon 10 - Phase 26

Creative Work Siddha Yoga

Rahu 10:36AM - 11:58AM

Visti Until 2:19PM

Nataraja: Clear

1st Phase

Saptami Until 1:39AM Sat

Moon - Yellow  
Ashvina-Aipasi

Devaloka Day

Saturday, October 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam

Des Moines, IA

Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 6 Sutra 188

Retreat Star

Kataka Rasi: 1.42 Tihi 23

Gulika 6:34AM - 7:55AM

Punarvasu Until 8:53AM

Ganesha: Clear Sunrise: 6:34AM

Durmukha 5118

621451364

Yama 1:18PM - 2:39PM

Siddha Until 10:44AM

Muruga: Clear Sunset: 5:21PM

Moon 10 - Phase 26

Creative Work Siddha Yoga

Rahu 9:16AM - 10:37AM

Balava Until 1:12PM

Nataraja: Clear

Ashtami

Ashtami\* Until 12:55AM Sun

Moon - Blue  
Ashvina-Aipasi

Sivaloka Day

Sunday, October 23, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam

Des Moines, IA

Pushya/Ashlesha\* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Sun 7 Sutra 189

Retreat Star

Kataka Rasi: 15 Tihi 24

Gulika 2:38PM - 3:59PM

Pushya Until 9:03AM

Ganesha: Clear Sunrise: 6:35AM

Durmukha 5118

621451364

Yama 11:57AM - 1:18PM

Sadhya Until 9:14AM

Muruga: Clear Sunset: 5:19PM

Moon 10 - Phase 26

Creative Work Siddha Yoga

Rahu 3:59PM - 5:19PM

Taitila Until 12:51PM

Nataraja: Clear

Navami

Navami\* Until 12:56AM Mon

Moon - Blue  
Ashvina-Aipasi

Sivaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Monday, October 24, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam		Des Moines, IA	
Kataka Rasi: 27.54		Tithi 25		Ashlesha* Magha* Nakshatra Subha/Sukla Yoga Vanija/Vistli* Karana Dashamyam Titau		Sun 8		Sutra 190	
<b>Family Home Evening</b>		642451364		<b>Gulika</b> 1:17PM – 2:38PM	<b>Ashlesha* Until 9:47AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:36AM	Durmukha 5118	
Creative Work Siddha Yoga		Rahu 7:57AM – 9:17AM		Yama 10:37AM – 11:57AM	Subha Until 8:20AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:18PM	Moon 10 - Phase 27	
Until 9:47AM				Vanija Until 1:14PM		<b>Nataraja:</b> Clear	Moon - Blue		2nd Phase
Then Routine Work - Marana Yoga				<b>Dashami Until 1:40AM Tue</b>		<b>Ashvina-Aipasi</b>		<b>Subha Sivaloka Day</b>	

<b>2</b>		<b>Tuesday, October 25, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam		Des Moines, IA	
Simha Rasi: 10.29		Tithi 26		Magha* Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 191	
642451364		<b>Gulika</b> 11:57AM – 1:17PM	<b>Magha* Until 11:28AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:38AM	Durmukha 5118			
Creative Work Siddha Yoga		Yama 9:17AM – 10:37AM	Sukla Until 7:55AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:17PM	Moon 10 - Phase 27			
		<b>Rahu</b> 2:37PM – 3:57PM	Bava Until 2:17PM	<b>Nataraja:</b> Clear	Moon - Red		<b>Sivaloka Day</b>		<b>Tour Day</b>
		<b>Ekadashi* Until 2:59AM Wed</b>		<b>Ashvina-Aipasi</b>					

<b>3</b>		<b>Wednesday, October 26, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam		Des Moines, IA	
Simha Rasi: 22.49		Tithi 27		Purvaphalguni Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvodashyam Titau		Sun 10		Sutra 192	
642451364		<b>Gulika</b> 10:37AM – 11:57AM	<b>Purvaphalguni Until 1:32PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:39AM	Durmukha 5118			
Creative Work Amrita Yoga		Yama 7:58AM – 9:18AM	Brahma Until 7:57AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:15PM	Moon 10 - Phase 27			
		<b>Rahu</b> 11:57AM – 1:17PM	Kaulava Until 3:51PM	<b>Nataraja:</b> Clear	Moon - Red		<b>Sivaloka Day</b>		
		<b>Dvadashi* Until 4:47AM Thu</b>		<b>Ashvina-Aipasi</b>					

<b>4</b>		<b>Thursday, October 27, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam		Des Moines, IA	
Kanya Rasi: 4.59		Tithi 28		Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Sutra 193	
642451364		<b>Gulika</b> 9:18AM – 10:38AM	<b>Uttaraphalguni Until 3:49PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:40AM	Durmukha 5118			
Amrita Yoga		Yama 6:40AM – 7:59AM	Indra Until 8:20AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:14PM	Moon 10 - Phase 27			
Until 3:49PM		<b>Rahu</b> 1:16PM – 2:35PM	Gara Until 5:49PM	<b>Nataraja:</b> Clear	Moon - Red		<b>Sivaloka Day</b>		
Then Routine Work - Marana Yoga		<b>Trayodashi* Until 6:54AM Fri</b>		<b>Ashvina-Aipasi</b>					
		<i>Pradosha Vrata (Fasting)</i>							

<b>5</b>		<b>Friday, October 28, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam		Des Moines, IA	
Kanya Rasi: 17		Tithi 28 – 29		Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Vistli* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 194	
642451364		<b>Gulika</b> 8:00AM – 9:19AM	<b>Hasta Until 6:42PM</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 6:41AM	Durmukha 5118			
Creative Work Amrita Yoga		Yama 2:35PM – 3:54PM	Vaidhriti* Until 8:55AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:13PM	Moon 10 - Phase 27			
Until 6:42PM		<b>Rahu</b> 10:38AM – 11:57AM	Vistli Until 8:04PM	<b>Nataraja:</b> Clear	Moon - Green		<b>Sivaloka Day</b>		
Then Creative Work - Siddha Yoga		<b>Trayodashi* Until 6:54AM</b>		<b>Ashvina-Aipasi</b>					
		<b>Deepavali Hindu Solidarity Day</b>							

<b>6</b>		<b>Saturday, October 29, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam		Des Moines, IA	
<b>Retreat Star</b>		Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 195			
Kanya Rasi: 28.56		Tithi 29 – 30		<b>Gulika</b> 6:42AM – 8:01AM	<b>Chitra Until 9:34PM</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 6:42AM	Durmukha 5118	
Routine Work Marana Yoga		Yama 1:15PM – 2:34PM	Vishkambha* Until 9:40AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:11PM	Moon 10 - Phase 27		Amavasya	
Until 9:34PM		<b>Rahu</b> 9:20AM – 10:38AM	Catuspada Until 10:28PM	<b>Nataraja:</b> Clear	Moon - Green		<b>Sivaloka Day</b>		
Then Creative Work - Siddha Yoga		<b>Subramuniyaswami Mahasamadhi</b>		<b>Chaturdashi* Until 9:14AM</b>		<b>Ashvina-Aipasi</b>			

<b>7</b>		<b>Sunday, October 30, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam		Des Moines, IA	
<b>Retreat Star</b>		Svati Nakshatra Priti/Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 196			
Tula Rasi: 10.5		Tithi 30 – 1		<b>Gulika</b> 2:33PM – 3:52PM	<b>Svati Until 12:21AM Mon</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 6:43AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 11:57AM – 1:15PM	Priti Until 10:31AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:10PM	Moon 10 - Phase 27		Prathama	
Until 12:21AM Mon		<b>Rahu</b> 3:52PM – 5:10PM	Kintughna Until 12:58AM Mon	<b>Nataraja:</b> Clear	Moon - Green		<b>Sivaloka Day</b>		
Then Routine Work - Marana Yoga		<b>Skanda Shasthi Begins</b>		<b>Amavasya* Until 11:41AM</b>		<b>Kartika-Aipasi</b>			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>		<b>Monday, October 31, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Des Moines, IA Sun 15 Sutra 197	
Tula Rasi: 22.42		Titthi 1 – 2		<b>Gulika</b>	1:15PM – 2:33PM	<b>Vishakha Until 3:29AM Tue</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:45AM	Durmukha 5118
<b>Family Home Evening</b>		672451364		<b>Rahu</b>	8:03AM – 9:21AM	<b>Ayushman Until 11:22AM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 28
Routine Work Marana Yoga						<b>Balava Until 3:28AM Tue</b>	<b>Nataraja:</b> Clear	3rd Phase	
Until 3:29AM Tue						<b>Prathama* Until 2:12PM</b>	Moon – Orange	<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga						<b>Karttika-Aipasi</b>			

<b>2</b>		<b>Tuesday, November 1, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Des Moines, IA Sun 16 Sutra 198	
Vrischika Rasi: 4.34		Titthi 2 – 3		<b>Gulika</b>	11:57AM – 1:14PM	<b>Anuradha Until 6:25AM Wed</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:46AM	Durmukha 5118
672451364				<b>Rahu</b>	2:32PM – 3:50PM	<b>Saubhagya Until 12:14PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:08PM	Moon 10 - Phase 28
Creative Work Siddha Yoga						<b>Taitila Until 5:56AM Wed</b>	<b>Nataraja:</b> Clear	3rd Phase	
						<b>Dvitiya Until 4:41PM</b>	Moon – Orange	<b>Sivaloka Day</b>	
						<b>Karttika-Aipasi</b>			

<b>3</b>		<b>Wednesday, November 2, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Gara Karana Tritiyayam Titau		Des Moines, IA Sun 17 Sutra 199	
Vrischika Rasi: 16.27		Titthi 3		<b>Gulika</b>	10:39AM – 11:57AM	<b>Anuradha Until 6:25AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:47AM	Durmukha 5118
672451364				<b>Rahu</b>	11:57AM – 1:14PM	<b>Sobhana Until 1:03PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 28
Creative Work Siddha Yoga						<b>Gara Until 7:06PM</b>	<b>Nataraja:</b> Clear	3rd Phase	
						<b>Tritiya Until 7:06PM</b>	Moon – Orange	<b>Sivaloka Day</b>	
						<b>Karttika-Aipasi</b>			

<b>4</b>		<b>Thursday, November 3, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthiyam Titau		Des Moines, IA Sun 18 Sutra 200	
Vrischika Rasi: 28.23		Titthi 4		<b>Gulika</b>	9:23AM – 10:40AM	<b>Jyeshtha* Until 9:03AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:48AM	Durmukha 5118
672451364				<b>Rahu</b>	1:14PM – 2:31PM	<b>Athiganda* Until 1:44PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 28
Routine Work Prabalarishta Yoga						<b>Vanija Until 8:16AM</b>	<b>Nataraja:</b> Clear	3rd Phase	
Until 9:03AM						<b>Chaturthi* Until 9:20PM</b>	Moon – Orange	<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga						<b>Karttika-Aipasi</b>			

<b>5</b>		<b>Friday, November 4, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau		Des Moines, IA Sun 19 Sutra 201	
Dhanus Rasi: 10.24		Titthi 5		<b>Gulika</b>	8:06AM – 9:23AM	<b>Mula* Until 11:48AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:49AM	Durmukha 5118
682451364				<b>Rahu</b>	10:40AM – 11:57AM	<b>Sukarma Until 2:15PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 28
Creative Work Amrita Yoga						<b>Bava Until 10:22AM</b>	<b>Nataraja:</b> Clear	3rd Phase	
Until 11:48AM						<b>Panchami Until 11:17PM</b>	Moon – Light Blue	<b>Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga						<b>Karttika-Aipasi</b>			

<b>6</b>		<b>Saturday, November 5, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthiyam Titau		Des Moines, IA Sun 20 Sutra 202	
Dhanus Rasi: 22.33		Titthi 6		<b>Gulika</b>	6:51AM – 8:07AM	<b>Purvashadha* Until 2:02PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:51AM	Durmukha 5118
682451364				<b>Rahu</b>	9:24AM – 10:40AM	<b>Dhriti Until 2:29PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 28
Creative Work Siddha Yoga						<b>Kaulava Until 12:07PM</b>	<b>Nataraja:</b> Clear	3rd Phase	
Until 2:02PM						<b>Shashthi* Until 12:48AM Sun</b>	Moon – Light Blue	<b>Subha Sivaloka Day</b>	
Then Routine Work - Marana Yoga						<b>Karttika-Aipasi</b>			

<b>Retreat Star</b>		<b>Sunday, November 6, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau		Des Moines, IA Sun 21 Sutra 203	
Makara Rasi: 4.54		Titthi 7		<b>Gulika</b>	2:29PM – 3:46PM	<b>Uttarashadha Until 3:36PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:52AM	Durmukha 5118
782451364				<b>Rahu</b>	3:46PM – 5:02PM	<b>Shula* Until 2:17PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 28
Creative Work Amrita Yoga						<b>Gara Until 1:22PM</b>	<b>Nataraja:</b> Clear	3rd Phase	
						<b>Saptami Until 1:43AM Mon</b>	Moon – Light Blue	<b>Sivaloka Day</b>	
						<b>Karttika-Aipasi</b>			

<b>Retreat Star</b>		<b>Monday, November 7, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Ashtamyam Titau		Des Moines, IA Sun 22 Sutra 204	
Makara Rasi: 17.31		Titthi 8		<b>Gulika</b>	1:13PM – 2:29PM	<b>Shravana Until 4:50PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:53AM	Durmukha 5118
<b>Family Home Evening</b>		793451364		<b>Rahu</b>	8:09AM – 9:25AM	<b>Ganda* Until 1:35PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 28
Creative Work Amrita Yoga						<b>Visti Until 1:56PM</b>	<b>Nataraja:</b> Clear	Ashtami	
Until 4:50PM						<b>Ashtami* Until 1:55AM Tue</b>	Moon – Purple	<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga						<b>Karttika-Aipasi</b>			

<b>Retreat Star</b>		<b>Tuesday, November 8, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Navamyam Titau		Des Moines, IA Sun 23 Sutra 205	
Kumbha Rasi: 0.29		Titthi 9		<b>Gulika</b>	11:57AM – 1:13PM	<b>Dhanishtha Until 5:08PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:54AM	Durmukha 5118
793551364				<b>Rahu</b>	2:28PM – 3:44PM	<b>Vridhi Until 12:18PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 28
Creative Work Siddha Yoga						<b>Balava Until 1:44PM</b>	<b>Nataraja:</b> Clear	Navami	
Until 5:08PM						<b>Navami* Until 1:18AM Wed</b>	Moon – Purple	<b>Subha Sivaloka Day</b>	
Then Routine Work - Marana Yoga						<b>Karttika-Aipasi</b>			


According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

<b>1</b>		<b>Wednesday, November 9, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam		Des Moines, IA	
Kumbha Rasi: 13.53		Tihti 10		793551364		Shatabhishak/Purvaprossthapada* Nakshatra Dhruva/Vyaghata* Yoga Tailila/Gara Karana Dashamyam Titau		Sun 24 Sutra 206	
Creative Work		Siddha Yoga		Until 4:30PM		Then Creative Work - Amrita Yoga		Durmukha 5118	
		Gulika		10:42AM – 11:57AM		Shatabhishak Until 4:30PM		Ganesh: Purple	
		Yama		8:11AM – 9:26AM		Dhruva Until 10:21AM		Sunrise: 6:56AM	
		Rahu		11:57AM – 1:13PM		Tailila Until 12:42PM		Sunset: 4:59PM	
						Dashami Until 11:52PM		Moon 10 - Phase 29	
								4th Phase	
								Subha Sivaloka Day	
								Karttika•Aipasi	

<b>2</b>		<b>Thursday, November 10, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam		Des Moines, IA	
Kumbha Rasi: 27.46		Tihti 11		713551364		Purvaprossthapada* Until 3:23PM		Sun 25 Sutra 207	
Creative Work		Siddha Yoga		Until 4:30PM		Then Creative Work - Amrita Yoga		Durmukha 5118	
		Gulika		9:27AM – 10:42AM		Purvaprossthapada* Until 3:23PM		Ganesh: Blue	
		Yama		6:57AM – 8:12AM		Vyaghata* Until 7:46AM		Sunrise: 6:57AM	
		Rahu		1:12PM – 2:27PM		Vanija Until 10:53AM		Sunset: 4:58PM	
						Ekadashi Until 9:41PM		Moon 10 - Phase 29	
								4th Phase	
								Subha Sivaloka Day	
								Karttika•Aipasi	

<b>3</b>		<b>Friday, November 11, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam		Des Moines, IA	
Meena Rasi: 12.07		Tihti 12		713551364		Uttaraprossthapada/Revati Nakshatra Vajra* Yoga Bava/Balava Karana Dvadashyam Titau		Sun 26 Sutra 208	
Creative Work		Siddha Yoga		Until 4:30PM		Then Creative Work - Amrita Yoga		Durmukha 5118	
		Gulika		8:13AM – 9:28AM		Uttaraprossthapada Until 1:26PM		Ganesh: Blue	
		Yama		2:27PM – 3:42PM		Vajra* Until 12:56AM Sat		Sunrise: 6:58AM	
		Rahu		10:42AM – 11:57AM		Bava Until 8:21AM		Sunset: 4:57PM	
						Dvadashi Until 6:50PM		Moon 10 - Phase 29	
								4th Phase	
								Subha Sivaloka Day	
								Karttika•Aipasi	

<b>4</b>		<b>Saturday, November 12, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam		Des Moines, IA	
Meena Rasi: 26.54		Tihti 13 – 14		713551364		Revati/Ashvini Nakshatra Siddhi Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 209	
Routine Work		Prabalarishta Yoga		Until 10:48AM		Then Creative Work - Siddha Yoga		Durmukha 5118	
		Gulika		6:59AM – 8:14AM		Revati Until 10:48AM		Ganesh: Blue	
		Yama		1:12PM – 2:27PM		Siddhi Until 8:53PM		Sunrise: 6:59AM	
		Rahu		9:28AM – 10:43AM		Gara Until 1:41AM Sun		Sunset: 4:56PM	
						Trayodashi Until 3:29PM		Moon 10 - Phase 29	
								4th Phase	
								Subha Sivaloka Day	
								Karttika•Aipasi	
								Pradosha Vrata	

		<b>Sunday, November 13, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam		Des Moines, IA	
Mesha Rasi: 12.01		Tihti 14 – 15		723551364		Ashvini/Bharani Nakshatra Vyatipata* Varyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28 Sutra 210	
Creative Work		Siddha Yoga		Until 8:03AM		Then Routine Work - Prabalarishta Yoga		Durmukha 5118	
		Gulika		2:26PM – 3:41PM		Ashvini Until 8:03AM		Ganesh: Yellow	
		Yama		11:58AM – 1:12PM		Vyatipata* Until 4:36PM		Sunrise: 7:00AM	
		Rahu		3:41PM – 4:55PM		Visti Until 9:52PM		Sunset: 4:55PM	
						Chaturdashi* Until 11:47AM		Moon 10 - Phase 29	
								Purnima	
								Sivaloka Day	
								Karttika•Aipasi	

<b>Monday, November 14, 2016</b>		<b>Silver Retreat Star</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam		Des Moines, IA	
Mesha Rasi: 27.19		Tihti 15 – 16		723551364		Krittika Nakshatra Varyan/Parigha* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Sun 29 Sutra 211	
Family Home Evening		Marana Yoga		Until 1:42AM Tue		Then Creative Work - Amrita Yoga		Durmukha 5118	
		Gulika		1:12PM – 2:26PM		Krittika Until 1:42AM Tue		Ganesh: Yellow	
		Yama		10:44AM – 11:58AM		Varyan Until 12:10PM		Sunrise: 7:02AM	
		Rahu		8:16AM – 9:30AM		Kaulava Until 4:02AM Tue		Sunset: 4:54PM	
						Purnima* Until 7:54AM		Moon 10 - Phase 29	
								Prathama	
								Sivaloka Day	
								Karttika•Aipasi	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Tuesday, November 15, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini Nakshatra Parigha/Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Des Moines, IA

Sutra 212

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 12.38    Tiithi 17

733551364

**Gulika** 11:58AM – 1:12PM  
Yama 9:30AM – 10:44AM  
**Rahu** 2:26PM – 3:39PM

**Rohini Until 10:53PM**  
Parigha\* Until 7:47AM  
Taitila Until 2:10PM  
**Dvitiya Until 12:20AM Wed**

**Ganesha:** White    *Sunrise:* 7:03AM  
**Muruga:** Clear    *Sunset:* 4:53PM  
**Nataraja:** Clear  
Moon – Yellow  
**Karttika-Karttikai**

**Subha Sivaloka Day**

Creative Work    Amrita Yoga  
Until 10:53PM

Then Creative Work - Siddha Yoga

1

Wednesday, November 16, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira Nakshatra Siddha Yoga Vanija/Visti\* Karana Tritiyayam Titau

Des Moines, IA

Sun 1    Sutra 213

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 27.47    Tiithi 18

733551365

**Gulika** 10:45AM – 11:58AM  
Yama 8:18AM – 9:31AM  
**Rahu** 11:58AM – 1:12PM

**Mrigashira Until 8:16PM**  
Siddha Until 11:42PM  
Vanija Until 10:38AM  
**Tritiya Until 9:00PM**

**Ganesha:** White    *Sunrise:* 7:04AM  
**Muruga:** Clear    *Sunset:* 4:52PM  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Sivaloka Day**

Creative Work    Siddha Yoga

Then Creative Work - Siddha Yoga

2

Thursday, November 17, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra Nakshatra Sadhya Yoga Bava/Balava Karana Chaturthyam Titau

Des Moines, IA

Sun 2    Sutra 214

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 12.37    Tiithi 19

733551365

**Gulika** 9:32AM – 10:45AM  
Yama 7:05AM – 8:18AM  
**Rahu** 1:12PM – 2:25PM

**Ardra Until 6:03PM**  
Sadhya Until 8:16PM  
Bava Until 7:32AM  
**Chaturthi\* Until 6:12PM**

**Ganesha:** White    *Sunrise:* 7:05AM  
**Muruga:** Clear    *Sunset:* 4:52PM  
**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Sivaloka Day**

Routine Work    Marana Yoga  
Until 6:03PM

Then Creative Work - Amrita Yoga

3

Friday, November 18, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Des Moines, IA

Sun 3    Sutra 215

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 27.01    Tiithi 20 – 21

743551365

**Gulika** 8:19AM – 9:32AM  
Yama 2:25PM – 3:38PM  
**Rahu** 10:46AM – 11:59AM

**Punarvasu Until 4:47PM**  
Subha Until 5:25PM  
Gara Until 3:20AM Sat  
**Panchami Until 4:05PM**

**Ganesha:** Clear    *Sunrise:* 7:06AM  
**Muruga:** Clear    *Sunset:* 4:51PM  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 4:47PM

Then Routine Work - Marana Yoga

4

Saturday, November 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla/Brahma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Des Moines, IA

Sun 4    Sutra 216

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 10.55    Tiithi 21 – 22

743551365

**Gulika** 7:07AM – 8:20AM  
Yama 1:12PM – 2:25PM  
**Rahu** 9:33AM – 10:46AM

**Pushya Until 4:11PM**  
Sukla Until 3:11PM  
Visti Until 2:28AM Sun  
**Shashthi\* Until 2:47PM**

**Ganesha:** Clear    *Sunrise:* 7:07AM  
**Muruga:** Clear    *Sunset:* 4:50PM  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 4:11PM

Then Routine Work - Marana Yoga

5

Sunday, November 20, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Des Moines, IA

Sun 5    Sutra 217

Durmukha 5118

Moon 11 - Phase 30

Ashtami

Kataka Rasi: 24.19    Tiithi 22 – 23

743551365

**Gulika** 2:24PM – 3:37PM  
Yama 11:59AM – 1:12PM  
**Rahu** 3:37PM – 4:50PM

**Ashlesha\* Until 4:17PM**  
Brahma Until 1:40PM  
Balava Until 2:30AM Mon  
**Saptami Until 2:21PM**

**Ganesha:** Clear    *Sunrise:* 7:09AM  
**Muruga:** Clear    *Sunset:* 4:50PM  
**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 4:17PM

Then Routine Work - Marana Yoga

Monday, November 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Des Moines, IA

Sun 6    Sutra 218

Durmukha 5118

Moon 11 - Phase 30

Navami

Simha Rasi: 7.14    Tiithi 23 – 24

754551365

**Gulika** 1:12PM – 2:24PM  
Yama 10:47AM – 11:59AM  
**Rahu** 8:22AM – 9:35AM

**Magha\* Until 5:33PM**  
Indra Until 12:50PM  
Taitila Until 3:22AM Tue  
**Ashtami\* Until 2:49PM**

**Ganesha:** Clear    *Sunrise:* 7:10AM  
**Muruga:** Clear    *Sunset:* 4:49PM  
**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

**Devaloka Day**

Routine Work    Marana Yoga  
Until 5:33PM

Then Creative Work - Siddha Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

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<b>1</b>		<b>Tuesday, November 22, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashyam Titau		Des Moines, IA Sun 7 Sutra 219 Durmukha 5118	
Simha Rasi: 19.47	Tithi 24 – 25	<b>Gulika</b>	12:00PM – 1:12PM	<b>Purvaphalguni Until 7:24PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:11AM			
		Yama	9:35AM – 10:47AM	Vaidhriti* Until 12:35PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:48PM			Moon 11 - Phase 31
		754551365 <b>Rahu</b>	2:24PM – 3:36PM	Vanija Until 4:57AM Wed	<b>Nataraja:</b> White				2nd Phase
Creative Work	Siddha Yoga			<b>Navami* Until 4:04PM</b>	Moon – Red			<b>Devaloka Day</b>	
Until 7:24PM					<b>Karttika-Karttikai</b>				
Then Creative Work - Amrita Yoga									

<b>2</b>		<b>Wednesday, November 23, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Des Moines, IA Sun 8 Sutra 220 Durmukha 5118	
Kanya Rasi: 2.02	Tithi 25 – 26	<b>Gulika</b>	10:48AM – 12:00PM	<b>Uttaraphalguni Until 9:39PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:12AM			
		Yama	8:24AM – 9:36AM	Vishkambha* Until 12:51PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:48PM			Moon 11 - Phase 31
		754551365 <b>Rahu</b>	12:00PM – 1:12PM	Bava Until 7:04AM Thu	<b>Nataraja:</b> White				2nd Phase
Creative Work	Amrita Yoga			<b>Dashami Until 5:56PM</b>	Moon – Red			<b>Devaloka Day</b>	
Until 9:39PM					<b>Karttika-Karttikai</b>				
Then Routine Work - Marana Yoga									

<b>3</b>		<b>Thursday, November 24, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau		Des Moines, IA Sun 9 Sutra 221 Durmukha 5118	
Kanya Rasi: 14.04	Tithi 26	<b>Gulika</b>	9:37AM – 10:49AM	<b>Hasta Until 12:36AM Fri</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 7:13AM			
		Yama	7:13AM – 8:25AM	Priti Until 1:28PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:47PM			Moon 11 - Phase 31
		754551365 <b>Rahu</b>	1:12PM – 2:24PM	Bava Until 7:04AM	<b>Nataraja:</b> White				2nd Phase
Routine Work	Marana Yoga			<b>Ekadashi* Until 8:14PM</b>	Moon – Green			<b>Bhuloka Day</b>	
Until 12:36AM Fri					<b>Karttika-Karttikai</b>			Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga									

<b>4</b>		<b>Friday, November 25, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Ayushman/Saubhagya Yoga Kaulava/Tailila Karana Dvadashyam Titau		Des Moines, IA Sun 10 Sutra 222 Durmukha 5118	
Kanya Rasi: 25.59	Tithi 27	<b>Gulika</b>	8:26AM – 9:37AM	<b>Chitra Until 3:35AM Sat</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 7:14AM			
		Yama	2:24PM – 3:35PM	Ayushman Until 2:15PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:47PM			Moon 11 - Phase 31
		754551365 <b>Rahu</b>	10:49AM – 12:01PM	Kaulava Until 9:29AM	<b>Nataraja:</b> White				2nd Phase
Creative Work	Siddha Yoga			<b>Dvadashi* Until 10:45PM</b>	Moon – Green			<b>Bhuloka Day</b>	
Until 6:25AM Sun					<b>Karttika-Karttikai</b>			Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga									

<b>5</b>		<b>Saturday, November 26, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau		Des Moines, IA Sun 11 Sutra 223 Durmukha 5118	
Tula Rasi: 7.51	Tithi 28	<b>Gulika</b>	7:15AM – 8:27AM	<b>Svati Until 6:25AM Sun</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 7:15AM			
		Yama	1:12PM – 2:24PM	Saubhagya Until 3:08PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:46PM			Moon 11 - Phase 31
		754551365 <b>Rahu</b>	9:38AM – 10:50AM	Gara Until 12:03PM	<b>Nataraja:</b> White				2nd Phase
Creative Work	Siddha Yoga			<b>Trayodashi* Until 1:20AM Sun</b>	Moon – Green			<b>Bhuloka Day</b>	
Until 6:25AM Sun				<i>Pradosha Vrata (Fasting)</i>	<b>Karttika-Karttikai</b>			Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga									

<b>6</b>		<b>Sunday, November 27, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Des Moines, IA Sun 12 Sutra 224 Durmukha 5118	
Tula Rasi: 19.41	Tithi 29	<b>Gulika</b>	2:24PM – 3:35PM	<b>Svati Until 6:25AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 7:17AM			
		Yama	12:01PM – 1:12PM	Sobhana Until 4:01PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:46PM			Moon 11 - Phase 31
		754551365 <b>Rahu</b>	3:35PM – 4:46PM	Visti Until 2:38PM	<b>Nataraja:</b> White				2nd Phase
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 3:52AM Mon</b>	Moon – Green			<b>Bhuloka Day</b>	
Until 6:25AM					<b>Karttika-Karttikai</b>			Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga									

<b>●</b>		<b>Monday, November 28, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Des Moines, IA Sun 13 Sutra 225 Durmukha 5118	
<b>Retreat Star</b>		<b>Gulika</b>	1:13PM – 2:24PM	<b>Vishakha Until 9:33AM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 7:18AM			
Vriscika Rasi: 1.34	Tithi 30	Yama	10:51AM – 12:02PM	Athiganda* Until 4:49PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:46PM			Moon 11 - Phase 31
<b>Family Home Evening</b>		774551365 <b>Rahu</b>	8:29AM – 9:40AM	Catuspada Until 5:07PM	<b>Nataraja:</b> White				Amavasya
Routine Work	Marana Yoga			<b>Amavasya* Until 6:17AM Tue</b>	Moon – Orange			<b>Bhuloka Day</b>	
Until 9:33AM					<b>Karttika-Karttikai</b>			Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga									

<b>●</b>		<b>Tuesday, November 29, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Des Moines, IA Sun 14 Sutra 226 Durmukha 5118	
<b>Retreat Star</b>		<b>Gulika</b>	12:02PM – 1:13PM	<b>Anuradha Until 12:22PM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 7:19AM			
Vriscika Rasi: 13.29	Tithi 30 – 1	Yama	9:40AM – 10:51AM	Sukarma Until 5:31PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:45PM			Moon 11 - Phase 31
		774551365 <b>Rahu</b>	2:24PM – 3:34PM	Kintughna Until 7:27PM	<b>Nataraja:</b> White				Prathama
Creative Work	Siddha Yoga			<b>Amavasya* Until 6:17AM</b>	Moon – Orange			<b>Bhuloka Day</b>	
Until 12:22PM					<b>Margasira-Karttikai</b>			Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga									

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

<b>1</b>		<b>Wednesday, November 30, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam		Des Moines, IA	
Vriscika Rasi: 25.28		Titthi 1 – 2		Jyeshtha* Mula* Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15 Sutra 227	
Creative Work		Siddha Yoga		Gulika 10:52AM – 12:02PM		Ganesh: Light Blue Sunrise: 7:20AM	
Until 2:52PM		784551365		Yama 8:30AM – 9:41AM		Muruga: Clear Sunset: 4:45PM	
Then Routine Work - Marana Yoga		Rahu 12:02PM – 1:13PM		Dhriti Until 6:06PM		Moon 11 - Phase 32	
				Balava Until 9:37PM		3rd Phase	
				Prathama* Until 8:33AM		Moon – Orange	
						Bhuloka Day	
						Margasira•Karttikai Devaloka Time: 12:PM to 3:PM	

<b>2</b>		<b>Thursday, December 1, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam		Des Moines, IA	
Dhanus Rasi: 7.31		Titthi 2 – 3		Mula*/Purvashadha* Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16 Sutra 228	
Creative Work		Siddha Yoga		Gulika 9:42AM – 10:52AM		Ganesh: Purple Sunrise: 7:21AM	
Until 7:43PM		784551365		Yama 7:21AM – 8:31AM		Muruga: Clear Sunset: 4:45PM	
Then Routine Work - Marana Yoga		Rahu 1:13PM – 2:24PM		Shula* Until 6:29PM		Moon 11 - Phase 32	
				Taitila Until 11:34PM		3rd Phase	
				Dvitiya Until 10:36AM		Moon – Light Blue	
						Bhuloka Day	
						Margasira•Karttikai Devaloka Time: 12:PM to 3:PM	

<b>3</b>		<b>Friday, December 2, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam		Des Moines, IA	
Dhanus Rasi: 19.4		Titthi 3 – 4		Purvashadha* Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Sun 17 Sutra 229	
Routine Work		Prabalarishta Yoga		Gulika 8:32AM – 9:42AM		Ganesh: Purple Sunrise: 7:22AM	
Until 7:43PM		784551365		Yama 2:24PM – 3:34PM		Muruga: Clear Sunset: 4:44PM	
Then Routine Work - Marana Yoga		Rahu 10:53AM – 12:03PM		Ganda* Until 6:41PM		Moon 11 - Phase 32	
				Vanija Until 1:13AM Sat		3rd Phase	
				Tritiya Until 12:24PM		Moon – Light Blue	
						Bhuloka Day	
						Margasira•Karttikai Devaloka Time: 12:PM to 3:PM	

<b>4</b>		<b>Saturday, December 3, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam		Des Moines, IA	
Makara Rasi: 1.56		Titthi 4 – 5		Uttarashadha Nakshatra Vriddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 18 Sutra 230	
Routine Work		Marana Yoga		Gulika 7:23AM – 8:33AM		Ganesh: Purple Sunrise: 7:23AM	
Until 9:26PM		785651365		Yama 1:14PM – 2:24PM		Muruga: Clear Sunset: 4:44PM	
Then Creative Work - Siddha Yoga		Rahu 9:43AM – 10:53AM		Vriddhi Until 6:38PM		Moon 11 - Phase 32	
				Bava Until 2:30AM Sun		3rd Phase	
				Chaturthi* Until 1:54PM		Moon – Light Blue	
						Bhuloka Day	
						Margasira•Karttikai Devaloka Time: 12:PM to 3:PM	

<b>5</b>		<b>Sunday, December 4, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam		Des Moines, IA	
Makara Rasi: 14.22		Titthi 5 – 6		Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 19 Sutra 231	
Creative Work		Amrita Yoga		Gulika 2:24PM – 3:34PM		Ganesh: Clear Sunrise: 7:24AM	
Until 11:02PM		795651365		Yama 12:04PM – 1:14PM		Muruga: Clear Sunset: 4:44PM	
Then Routine Work - Marana Yoga		Rahu 3:34PM – 4:44PM		Dhruva Until 6:14PM		Moon 11 - Phase 32	
				Kaulava Until 3:19AM Mon		3rd Phase	
				Panchami Until 2:58PM		Moon – Purple	
						Devaloka Day	
						Margasira•Karttikai	

<b>6</b>		<b>Monday, December 5, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam		Des Moines, IA	
Makara Rasi: 27.01		Titthi 6 – 7		Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 20 Sutra 232	
Family Home Evening		795651365		Gulika 1:14PM – 2:24PM		Ganesh: Clear Sunrise: 7:25AM	
Creative Work		Siddha Yoga		Yama 10:54AM – 12:04PM		Muruga: Clear Sunset: 4:44PM	
Until 11:02PM		Rahu 8:35AM – 9:45AM		Vyaghata* Until 5:26PM		Moon 11 - Phase 32	
Then Routine Work - Marana Yoga				Gara Until 3:33AM Tue		3rd Phase	
				Shashthi* Until 3:30PM		Moon – Purple	
						Devaloka Day	
						Margasira•Karttikai	

		<b>Tuesday, December 6, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam		Des Moines, IA	
		<b>Retreat Star</b>		Shatabhishak Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21 Sutra 233	
Kumbha Rasi: 9.57		Titthi 7 – 8		Gulika 12:05PM – 1:15PM		Ganesh: Clear Sunrise: 7:26AM	
Routine Work		Marana Yoga		Yama 9:45AM – 10:55AM		Muruga: Clear Sunset: 4:44PM	
Until 12:03AM Wed		795651365		Rahu 2:24PM – 3:34PM		Moon 11 - Phase 32	
Then Creative Work - Amrita Yoga				Visti Until 3:07AM Wed		3rd Phase	
				Saptami Until 3:24PM		Moon – Purple	
						Devaloka Day	
						Margasira•Karttikai	

<b>Retreat Star</b>		<b>Wednesday, December 7, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam		Des Moines, IA	
Kumbha Rasi: 23.14		Titthi 8 – 9		Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22 Sutra 234	
Creative Work		Amrita Yoga		Gulika 10:56AM – 12:05PM		Ganesh: Red Sunrise: 7:27AM	
Until 11:47PM		715651365		Yama 8:36AM – 9:46AM		Muruga: Clear Sunset: 4:44PM	
Then Creative Work - Siddha Yoga		Rahu 12:05PM – 1:15PM		Vajra* Until 2:17PM		Moon 11 - Phase 32	
				Balava Until 1:58AM Thu		Ashtami	
				Ashtami* Until 2:37PM		Moon – Clear	
						Devaloka Day	
						Margasira•Karttikai	

		<b>Thursday, December 8, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam		Des Moines, IA	
		<b>Retreat Star</b>		Uttaraproshtapada Nakshatra Siddhi/Vyailpata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23 Sutra 235	
Meena Rasi: 6.55		Titthi 9 – 10		Gulika 9:47AM – 10:56AM		Ganesh: Red Sunrise: 7:27AM	
Creative Work		Siddha Yoga		Yama 7:27AM – 8:37AM		Muruga: Clear Sunset: 4:44PM	
Until 11:47PM		715651365		Rahu 1:15PM – 2:25PM		Moon 11 - Phase 32	
Then Creative Work - Siddha Yoga				Siddhi Until 11:53AM		Navami	
				Taitila Until 12:07AM Fri		Moon – Clear	
				Navami* Until 1:07PM		Devaloka Day	
						Margasira•Karttikai	


The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Friday, December 9, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrīschika Mase Sukla Pakshe Sukra Vasara Yuktayam		Des Moines, IA	
Meena Rasi: 21.01		Tithi 10 – 11		Revati Nakshatra Vyatipata* / Vairyan Yoga Gara / Vanija Karana Dashami / Ekadashyam Titau		Sun 24		Sutra 236	
Creative Work		Siddha Yoga		<b>Gulika</b>	<b>8:38AM – 9:47AM</b>	<b>Revati Until 8:47PM</b>	<b>Ganesha: Red</b>	<i>Sunrise: 7:28AM</i>	Durmukha 5118
Until 8:47PM		715651365		<b>Yama</b>	<b>2:25PM – 3:35PM</b>	<b>Vyatipata* Until 8:57AM</b>	<b>Muruga: Clear</b>	<i>Sunset: 4:44PM</i>	Moon 11 - Phase 33
Then Creative Work - Amrita Yoga				<b>Rahu</b>	<b>10:57AM – 12:06PM</b>	<b>Vanija Until 9:38PM</b>	<b>Nataraja: White</b>	4th Phase	
				<b>Gita Jayanthi</b>		<b>Dashami Until 10:56AM</b>	<b>Moon – Clear</b>	<b>Devaloka Day</b>	
							<b>Margasira•Karttikai</b>		

<b>2</b>		<b>Saturday, December 10, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrīschika Mase Sukla Pakshe Manta Vasara Yuktayam		Des Moines, IA	
Mesha Rasi: 5.32		Tithi 11 – 12		Ashvini Nakshatra Parigha* Yoga Visti* / Bava Karana Ekadashi / Dvadashyam Titau		Sun 25		Sutra 237	
Creative Work		Siddha Yoga		<b>Gulika</b>	<b>7:29AM – 8:39AM</b>	<b>Ashvini Until 6:39PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 7:29AM</i>	Durmukha 5118
Until 3:59PM		725651365		<b>Yama</b>	<b>1:16PM – 2:25PM</b>	<b>Parigha* Until 1:42AM Sun</b>	<b>Muruga: Clear</b>	<i>Sunset: 4:44PM</i>	Moon 11 - Phase 33
Then Creative Work - Amrita Yoga				<b>Rahu</b>	<b>9:48AM – 10:57AM</b>	<b>Bava Until 6:38PM</b>	<b>Nataraja: White</b>	4th Phase	
						<b>Ekadashi Until 8:11AM</b>	<b>Moon – White</b>	<b>Bhuloka Day</b>	
							<b>Margasira•Karttikai</b>		<b>Devaloka Time: 12:PM to 3:PM</b>

<b>3</b>		<b>Sunday, December 11, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrīschika Mase Sukla Pakshe Bhanu Vasara Yuktayam		Des Moines, IA	
Mesha Rasi: 20.23		Tithi 13		Bharani/Krittika Nakshatra Shiva Yoga Kaulava / Tailila Karana Trayodashyam Titau		Sun 26		Sutra 238	
Routine Work		Prabalarishta Yoga		<b>Gulika</b>	<b>2:26PM – 3:35PM</b>	<b>Bharani Until 3:59PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 7:30AM</i>	Durmukha 5118
Until 3:59PM		725651365		<b>Yama</b>	<b>12:07PM – 1:16PM</b>	<b>Shiva Until 9:38PM</b>	<b>Muruga: Clear</b>	<i>Sunset: 4:44PM</i>	Moon 11 - Phase 33
Then Creative Work - Siddha Yoga				<b>Rahu</b>	<b>3:35PM – 4:44PM</b>	<b>Kaulava Until 3:15PM</b>	<b>Nataraja: White</b>	4th Phase	
						<b>Trayodashi Until 1:27AM Mon</b>	<b>Moon – White</b>	<b>Bhuloka Day</b>	
						<i>Pradosha Vrata</i>	<b>Margasira•Karttikai</b>		<b>Devaloka Time: 12:PM to 3:PM</b>

<b>4</b>		<b>Monday, December 12, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrīschika Mase Sukla Pakshe Indu Vasara Yuktayam		Des Moines, IA	
Vrishabha Rasi: 5.29		Tithi 14		Krittika/Rohini Nakshatra Siddha / Sadhya Yoga Gara / Vanija Karana Chaturdashyam Titau		Sun 27		Sutra 239	
<b>Family Home Evening</b>		725661365		<b>Gulika</b>	<b>1:17PM – 2:26PM</b>	<b>Krittika Until 12:59PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 7:31AM</i>	Durmukha 5118
Routine Work		Marana Yoga		<b>Yama</b>	<b>10:58AM – 12:08PM</b>	<b>Siddha Until 5:23PM</b>	<b>Muruga: White</b>	<i>Sunset: 4:44PM</i>	Moon 11 - Phase 33
Until 12:59PM				<b>Rahu</b>	<b>8:40AM – 9:49AM</b>	<b>Gara Until 11:38AM</b>	<b>Nataraja: White</b>	4th Phase	
Then Creative Work - Amrita Yoga				<b>Krittika Deepam</b>		<b>Chaturdashi* Until 9:46PM</b>	<b>Moon – White</b>	<b>Bhuloka Day</b>	
							<b>Margasira•Karttikai</b>		<b>Tour Day</b>

		<b>Tuesday, December 13, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrīschika Mase Sukla Pakshe Mangala Vasara Yuktayam		Des Moines, IA	
<b>Copper Retreat Star</b>		736661365		Rohini/Mrigashira Nakshatra Sadhya / Subha Yoga Visti* / Bava Karana Purnimayam Titau		Sun 28		Sutra 240	
Vrishabha Rasi: 20.41		Tithi 15		<b>Gulika</b>	<b>12:08PM – 1:17PM</b>	<b>Rohini Until 10:11AM</b>	<b>Ganesha: Red</b>	<i>Sunrise: 7:32AM</i>	Durmukha 5118
Creative Work		Amrita Yoga		<b>Yama</b>	<b>9:50AM – 10:59AM</b>	<b>Sadhya Until 1:08PM</b>	<b>Muruga: White</b>	<i>Sunset: 4:45PM</i>	Moon 11 - Phase 33
Until 10:11AM				<b>Rahu</b>	<b>2:26PM – 3:35PM</b>	<b>Visti Until 7:57AM</b>	<b>Nataraja: White</b>	Purnima	
Then Creative Work - Siddha Yoga						<b>Purnima* Until 6:08PM</b>	<b>Moon – Yellow</b>	<b>Bhuloka Day</b>	
							<b>Margasira•Karttikai</b>		<b>Devaloka Time: 6:AM to 9:AM</b>

<b>○</b>		<b>Wednesday, December 14, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrīschika Mase Krishna Pakshe Budha Vasara Yuktayam		Des Moines, IA	
<b>Silver Retreat Star</b>		736661365		Mrigashira/Ardra Nakshatra Subha / Sukla Yoga Kaulava / Tailila Karana Prathama / Dvitiyayam Titau		Sun 29		Sutra 241	
Mithuna Rasi: 5.47		Tithi 16 – 17		<b>Gulika</b>	<b>10:59AM – 12:09PM</b>	<b>Mrigashira Until 7:24AM</b>	<b>Ganesha: Red</b>	<i>Sunrise: 7:32AM</i>	Durmukha 5118
Creative Work		Siddha Yoga		<b>Yama</b>	<b>8:41AM – 9:50AM</b>	<b>Subha Until 9:03AM</b>	<b>Muruga: White</b>	<i>Sunset: 4:45PM</i>	Moon 11 - Phase 33
Until 3:59PM				<b>Rahu</b>	<b>12:09PM – 1:18PM</b>	<b>Taitila Until 1:08AM Thu</b>	<b>Nataraja: White</b>	Prathama	
Then Creative Work - Siddha Yoga						<b>Prathama* Until 2:42PM</b>	<b>Moon – Yellow</b>	<b>Bhuloka Day</b>	
							<b>Margasira•Karttikai</b>		<b>Devaloka Time: 6:AM to 9:AM</b>

Vinayaga Viratam Begins

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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Thursday, December 15, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam

Des Moines, IA

Punarvasu Nakshatra Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1 Sutra 242

Mithuna Rasi: 20.39 Tihi 17 - 18

Gulika 9:51AM - 11:00AM

Punarvasu Until 2:57AM Fri

Ganesha: Green Sunrise: 7:33AM

Durmukha 5118

Yama 7:33AM - 8:42AM

Brahma Until 1:46AM Fri

Muruga: White Sunset: 4:45PM

Moon 12 - Phase 34

746661365 Rahu 1:18PM - 2:27PM

Vanija Until 10:20PM

Nataraja: White

1st Phase

Creative Work Amrita Yoga

Markali Pillaiyar

Dvitiya Until 11:39AM

Moon - Blue  
Margasira-Markali

Bhuloka Day

Until 2:57AM Fri

Then Routine Work - Marana Yoga

Friday, December 16, 2016

1

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam

Des Moines, IA

Pushya Nakshatra Indra Yoga Visti/Bava Karana Tritiya/Chatrthyam Titau

Sun 2 Sutra 243

Kataka Rasi: 5.08 Tihi 18 - 19

Gulika 8:43AM - 9:52AM

Pushya Until 1:39AM Sat

Ganesha: Red Sunrise: 7:34AM

Durmukha 5118

Yama 2:27PM - 3:36PM

Indra Until 10:54PM

Muruga: White Sunset: 4:45PM

Moon 12 - Phase 34

846661365 Rahu 11:01AM - 12:10PM

Bava Until 8:11PM

Nataraja: White

1st Phase

Routine Work Marana Yoga

Tritiya Until 9:09AM

Moon - Blue  
Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Saturday, December 17, 2016

2

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam

Des Moines, IA

Ashlesha\* Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3 Sutra 244

Kataka Rasi: 19.1 Tihi 19 - 20

Gulika 7:34AM - 8:43AM

Ashlesha\* Until 12:59AM Sun

Ganesha: Red Sunrise: 7:34AM

Durmukha 5118

Yama 1:19PM - 2:28PM

Vaidhriti\* Until 8:38PM

Muruga: White Sunset: 4:46PM

Moon 12 - Phase 34

846661365 Rahu 9:52AM - 11:01AM

Kaulava Until 6:48PM

Nataraja: White

1st Phase

Routine Work Marana Yoga

Chaturthi\* Until 7:22AM

Moon - Blue  
Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Sunday, December 18, 2016

3

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam

Des Moines, IA

Magha\* Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Sun 4 Sutra 245

Simha Rasi: 2.41 Tihi 20 - 21

Gulika 2:28PM - 3:37PM

Magha\* Until 1:29AM Mon

Ganesha: Green Sunrise: 7:35AM

Durmukha 5118

Yama 12:11PM - 1:19PM

Vishkambha\* Until 7:04PM

Muruga: White Sunset: 4:46PM

Moon 12 - Phase 34

856661365 Rahu 3:37PM - 4:46PM

Gara Until 6:18PM

Nataraja: White

1st Phase

Routine Work Marana Yoga

Panchami Until 6:25AM

Moon - Red  
Margasira-Markali

Bhuloka Day

Until 1:29AM Mon

Then Creative Work - Siddha Yoga

Monday, December 19, 2016

4

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam

Des Moines, IA

Purvaphalguni Nakshatra Priti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Sun 5 Sutra 246

Simha Rasi: 15.44 Tihi 21 - 22

Gulika 1:20PM - 2:29PM

Purvaphalguni Until 2:42AM Tue

Ganesha: Green Sunrise: 7:35AM

Durmukha 5118

Yama 11:02AM - 12:11PM

Priti Until 6:12PM

Muruga: White Sunset: 4:47PM

Moon 12 - Phase 34

Family Home Evening 856661365 Rahu 8:44AM - 9:53AM

Visti Until 6:43PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Shashthi\* Until 6:23AM

Moon - Red  
Margasira-Markali

Bhuloka Day

Until 2:42AM Tue

Then Creative Work - Amrita Yoga

Tuesday, December 20, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam

Des Moines, IA

Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 6 Sutra 247

Simha Rasi: 28.22 Tihi 22 - 23

Gulika 12:12PM - 1:20PM

Uttaraphalguni Until 4:30AM Wed

Ganesha: White Sunrise: 7:36AM

Durmukha 5118

Yama 9:54AM - 11:03AM

Ayushman Until 5:57PM

Muruga: White Sunset: 4:47PM

Moon 12 - Phase 34

857661365 Rahu 2:29PM - 3:38PM

Balava Until 7:57PM

Nataraja: White

Ashtami

Creative Work Amrita Yoga

Saptami Until 7:13AM

Moon - Red  
Margasira-Markali

Bhuloka Day

Until 4:30AM Wed

Then Routine Work - Marana Yoga

Wednesday, December 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam

Des Moines, IA

Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 7 Sutra 248

Kanya Rasi: 10.4 Tihi 23 - 24

Gulika 11:03AM - 12:12PM

Hasta Until 7:12AM Thu

Ganesha: Clear Sunrise: 7:36AM

Durmukha 5118

Yama 8:45AM - 9:54AM

Saubhagya Until 6:14PM

Muruga: White Sunset: 4:48PM

Moon 12 - Phase 34

867661365 Rahu 12:12PM - 1:21PM

Taitila Until 9:51PM

Nataraja: White

Navami

Routine Work Marana Yoga

Ashtami\* Until 8:48AM

Moon - Green  
Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 7:12AM Thu

Then Creative Work - Siddha Yoga

Day 1 of Pancha Ganapati

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, December 22, 2016</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Des Moines, IA Sun 8 Sutra 249	
Kanya Rasi: 22.43	Tithi 24 – 25	<b>Gulika</b> 9:55AM – 11:04AM	<b>Hasta</b> Until 7:12AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:37AM	Durmukha 5118	
		Yama 7:37AM – 8:46AM	Sobhana Until 6:53PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:48PM	Moon 12 - Phase 35	
		867661365 <b>Rahu</b> 1:21PM – 2:30PM	Vanija Until 12:12AM Fri	<b>Nataraja:</b> White		2nd Phase	
Routine Work	Marana Yoga	<b>Day 2 of Pancha Ganapati</b>		Moon – Green	<b>Bhuloka Day</b>		
Until 7:12AM				<b>Margasira*Markali</b>	Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, December 23, 2016</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Des Moines, IA Sun 9 Sutra 250	
Tula Rasi: 4.38	Tithi 25 – 26	<b>Gulika</b> 8:46AM – 9:55AM	<b>Chitra</b> Until 10:06AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:37AM	Durmukha 5118	
		Yama 2:31PM – 3:40PM	Athiganda* Until 7:42PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:49PM	Moon 12 - Phase 35	
		867661365 <b>Rahu</b> 11:04AM – 12:13PM	Bava Until 2:47AM Sat	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga	<b>Day 3 of Pancha Ganapati</b>		Moon – Green	<b>Bhuloka Day</b>		
				<b>Margasira*Markali</b>	Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Saturday, December 24, 2016</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Des Moines, IA Sun 10 Sutra 251	
Tula Rasi: 16.29	Tithi 26 – 27	<b>Gulika</b> 7:38AM – 8:47AM	<b>Svati</b> Until 12:57PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:38AM	Durmukha 5118	
		Yama 1:23PM – 2:31PM	Sukarma Until 8:35PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:49PM	Moon 12 - Phase 35	
		867661365 <b>Rahu</b> 9:56AM – 11:05AM	Kaulava Until 5:23AM Sun	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga	<b>Day 4 of Pancha Ganapati</b>		Moon – Green	<b>Bhuloka Day</b>		
				<b>Margasira*Markali</b>	Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Sunday, December 25, 2016</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Tailita Karana Dvadashyam Titau		Des Moines, IA Sun 11 Sutra 252	
Tula Rasi: 28.2	Tithi 27	<b>Gulika</b> 2:32PM – 3:41PM	<b>Vishakha</b> Until 4:06PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:38AM	Durmukha 5118	
		Yama 12:14PM – 1:23PM	Dhriti Until 9:25PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:50PM	Moon 12 - Phase 35	
		877661366 <b>Rahu</b> 3:41PM – 4:50PM	Tailita Until 6:37PM	<b>Nataraja:</b> Green		2nd Phase	
Routine Work	Marana Yoga	<b>Day 5 of Pancha Ganapati</b>		Moon – Orange	<b>Bhuloka Day</b>		
				<b>Margasira*Markali</b>	Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Monday, December 26, 2016</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Des Moines, IA Sun 12 Sutra 253	
Vrischika Rasi: 10.13	Tithi 28	<b>Gulika</b> 1:24PM – 2:33PM	<b>Anuradha</b> Until 6:54PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:38AM	Durmukha 5118	
<b>Family Home Evening</b>		Yama 11:06AM – 12:15PM	Shula* Until 10:04PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:51PM	Moon 12 - Phase 35	
		877661366 <b>Rahu</b> 8:47AM – 9:57AM	Gara Until 7:51AM	<b>Nataraja:</b> Green		2nd Phase	
Creative Work	Siddha Yoga	<b>Trayodashi* Until 8:59PM</b>		Moon – Orange	<b>Bhuloka Day</b>		
				<b>Margasira*Markali</b>	Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Siddha Yoga							

<b>6</b>		<b>Tuesday, December 27, 2016</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Des Moines, IA Sun 13 Sutra 254	
Vrischika Rasi: 22.13	Tithi 29	<b>Gulika</b> 12:15PM – 1:24PM	<b>Jyeshtha*</b> Until 9:17PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:39AM	Durmukha 5118	
		Yama 9:57AM – 11:06AM	Ganda* Until 10:32PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:51PM	Moon 12 - Phase 35	
		878661366 <b>Rahu</b> 2:33PM – 3:42PM	Visti Until 10:05AM	<b>Nataraja:</b> Green		2nd Phase	
Routine Work	Marana Yoga	<b>Chaturdashi* Until 11:04PM</b>		Moon – Orange	<b>Bhuloka Day</b>		
Until 9:17PM				<b>Margasira*Markali</b>	Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Wednesday, December 28, 2016</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Des Moines, IA Sun 14 Sutra 255	
Dhanus Rasi: 4.19	Tithi 30	<b>Gulika</b> 11:06AM – 12:16PM	<b>Mula*</b> Until 11:43PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:39AM	Durmukha 5118	
		Yama 8:48AM – 9:57AM	Vriddhi Until 10:47PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:52PM	Moon 12 - Phase 35	
		888761366 <b>Rahu</b> 12:16PM – 1:25PM	Catuspada Until 12:01PM	<b>Nataraja:</b> Green		Amavasya	
Routine Work	Marana Yoga	<b>Amavasya* Until 12:50AM Thu</b>		Moon – Light Blue	<b>Bhuloka Day</b>		
Until 11:43PM				<b>Margasira*Markali</b>	Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Thursday, December 29, 2016</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Des Moines, IA Sun 15 Sutra 256	
Dhanus Rasi: 16.32	Tithi 1	<b>Gulika</b> 9:58AM – 11:07AM	<b>Purvashadha*</b> Until 1:39AM Fri	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:39AM	Durmukha 5118	
		Yama 7:39AM – 8:48AM	Dhruva Until 10:45PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:53PM	Moon 12 - Phase 35	
		888761366 <b>Rahu</b> 1:25PM – 2:34PM	Kintughna Until 1:37PM	<b>Nataraja:</b> Green		Prathama	
Creative Work	Siddha Yoga	<b>Prathama* Until 2:16AM Fri</b>		Moon – Light Blue	<b>Bhuloka Day</b>		
Until 1:39AM Fri				<b>Pausha*Markali</b>	Devaloka Time: 6:AM to 9:AM		
Then Routine Work - Marana Yoga							

<b>1</b>		<b>Friday, December 30, 2016</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam		Des Moines, IA	
Dhanus Rasi: 28.55		Tithi 2		Uttarashadha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 16		Sutra 257	
		<b>Gulika</b>	<b>8:49AM – 9:58AM</b>	<b>Uttarashadha Until 3:05AM Sat</b>	<b>Ganesh:</b> Light Blue	<b>Sunrise:</b> 7:39AM			Durmukha 5118
		Yama	2:35PM – 3:44PM	Vyaghata* Until 10:27PM	<b>Muruga:</b> White	<b>Sunset:</b> 4:54PM	Moon 12 - Phase 36		
		888761366	<b>Rahu</b> 11:07AM – 12:17PM	Balava Until 2:52PM	<b>Nataraja:</b> Green			3rd Phase	
Routine Work Marana Yoga				<b>Dvitiya Until 3:20AM Sat</b>	Moon – Light Blue			<b>Bhuloka Day</b>	
Until 3:05AM Sat					<b>Pausha-Markali</b>				
Then Creative Work - Siddha Yoga									

<b>2</b>		<b>Saturday, December 31, 2016</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam		Des Moines, IA	
Makara Rasi: 11.26		Tithi 3		Shravana Nakshatra Harshana Yoga Taitila/Gara Karana Tritiyayam Titau		Sun 17		Sutra 258	
		<b>Gulika</b>	<b>7:40AM – 8:49AM</b>	<b>Shravana Until 4:28AM Sun</b>	<b>Ganesh:</b> Purple	<b>Sunrise:</b> 7:40AM			Durmukha 5118
		Yama	1:26PM – 2:36PM	Harshana Until 9:54PM	<b>Muruga:</b> White	<b>Sunset:</b> 4:55PM	Moon 12 - Phase 36		
		898761366	<b>Rahu</b> 9:58AM – 11:08AM	Taitila Until 3:45PM	<b>Nataraja:</b> Green			3rd Phase	
Creative Work Siddha Yoga				<b>Tritiya Until 4:02AM Sun</b>	Moon – Purple			<b>Bhuloka Day</b>	
Until 4:28AM Sun					<b>Pausha-Markali</b>				
Then Routine Work - Marana Yoga									

<b>3</b>		<b>Sunday, January 1, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam		Des Moines, IA	
Makara Rasi: 24.08		Tithi 4		Dhanishtha Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau		Sun 18		Sutra 259	
		<b>Gulika</b>	<b>2:36PM – 3:45PM</b>	<b>Dhanishtha Until 5:19AM Mon</b>	<b>Ganesh:</b> Purple	<b>Sunrise:</b> 7:40AM			Durmukha 5118
		Yama	12:17PM – 1:26PM	Vajra* Until 9:01PM	<b>Muruga:</b> White	<b>Sunset:</b> 4:55PM	Moon 12 - Phase 36		
		898761366	<b>Rahu</b> 3:45PM – 4:55PM	Vanija Until 4:15PM	<b>Nataraja:</b> Green			3rd Phase	
Routine Work Marana Yoga				<b>Chaturthi* Until 4:20AM Mon</b>	Moon – Purple			<b>Bhuloka Day</b>	
Until 5:19AM Mon					<b>Pausha-Markali</b>				
Then Creative Work - Siddha Yoga									

<b>4</b>		<b>Monday, January 2, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Des Moines, IA	
Kumbha Rasi: 7.01		Tithi 5		Shatabhishak Nakshatra Siddhi Yoga Bava/Balava Karana Panchamyam Titau		Sun 19		Sutra 260	
<b>Family Home Evening</b>		<b>Gulika</b>	<b>1:27PM – 2:36PM</b>	<b>Shatabhishak Until 5:36AM Tue</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 7:40AM			Durmukha 5118
Creative Work Siddha Yoga		Yama	11:08AM – 12:18PM	Siddhi Until 7:49PM	<b>Muruga:</b> White	<b>Sunset:</b> 4:55PM	Moon 12 - Phase 36		
Until 5:36AM Tue		899761366	<b>Rahu</b> 8:49AM – 9:59AM	Bava Until 4:21PM	<b>Nataraja:</b> Green			3rd Phase	
Then Routine Work - Marana Yoga				<b>Panchami Until 4:12AM Tue</b>	Moon – Purple			<b>Bhuloka Day</b>	
					<b>Pausha-Markali</b>	Devaloka Time: 9:AM to 12:PM			

<b>5</b>		<b>Tuesday, January 3, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		Des Moines, IA	
Kumbha Rasi: 20.07		Tithi 6		Purvaproshtapada* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau		Sun 20		Sutra 261	
		<b>Gulika</b>	<b>12:18PM – 1:28PM</b>	<b>Purvaproshtapada* Until 5:44AM Wed</b>	<b>Ganesh:</b> Red	<b>Sunrise:</b> 7:40AM			Durmukha 5118
		Yama	9:59AM – 11:08AM	Vyatipata* Until 6:17PM	<b>Muruga:</b> White	<b>Sunset:</b> 4:56PM	Moon 12 - Phase 36		
		819761366	<b>Rahu</b> 2:37PM – 3:47PM	Kaulava Until 3:59PM	<b>Nataraja:</b> Green			3rd Phase	
Routine Work Marana Yoga				<b>Shashthi* Until 3:36AM Wed</b>	Moon – Clear			<b>Bhuloka Day</b>	
Until 5:44AM Wed					<b>Pausha-Markali</b>	Devaloka Time: 9:AM to 12:PM			
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Ends</b>							

<b>6</b>		<b>Wednesday, January 4, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam		Des Moines, IA	
Meena Rasi: 3.28		Tithi 7		Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau		Sun 21		Sutra 262	
		<b>Gulika</b>	<b>11:09AM – 12:18PM</b>	<b>Uttaraproshtapada Until 5:14AM Thu</b>	<b>Ganesh:</b> Red	<b>Sunrise:</b> 7:40AM			Durmukha 5118
		Yama	8:49AM – 9:59AM	Variyan Until 4:21PM	<b>Muruga:</b> White	<b>Sunset:</b> 4:57PM	Moon 12 - Phase 36		
		819761366	<b>Rahu</b> 12:18PM – 1:28PM	Gara Until 3:09PM	<b>Nataraja:</b> Green			3rd Phase	
Creative Work Siddha Yoga				<b>Saptami Until 2:31AM Thu</b>	Moon – Clear			<b>Bhuloka Day</b>	
					<b>Pausha-Markali</b>	Devaloka Time: 9:AM to 12:PM			

<b>Retreat Star</b>		<b>Thursday, January 5, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam		Des Moines, IA	
Meena Rasi: 17.06		Tithi 8		Revati Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 22		Sutra 263	
		<b>Gulika</b>	<b>9:59AM – 11:09AM</b>	<b>Revati Until 4:05AM Fri</b>	<b>Ganesh:</b> Red	<b>Sunrise:</b> 7:40AM			Durmukha 5118
		Yama	7:40AM – 8:50AM	Parigha* Until 2:02PM	<b>Muruga:</b> White	<b>Sunset:</b> 4:58PM	Moon 12 - Phase 36		
		819761366	<b>Rahu</b> 1:29PM – 2:39PM	Visti Until 1:48PM	<b>Nataraja:</b> Green			Ashtami	
Creative Work Siddha Yoga				<b>Ashtami* Until 12:55AM Fri</b>	Moon – Clear			<b>Bhuloka Day</b>	
Until 4:05AM Fri					<b>Pausha-Markali</b>	Devaloka Time: 9:AM to 12:PM			
Then Creative Work - Amrita Yoga		<b>Subramuniyaswami Jayanti</b>							

<b>Retreat Star</b>		<b>Friday, January 6, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam		Des Moines, IA	
Mesha Rasi: 1.01		Tithi 9		Ashvini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau		Sun 23		Sutra 264	
		<b>Gulika</b>	<b>8:50AM – 10:00AM</b>	<b>Ashvini Until 2:47AM Sat</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 7:40AM			Durmukha 5118
		Yama	2:39PM – 3:49PM	Shiva Until 11:20AM	<b>Muruga:</b> White	<b>Sunset:</b> 4:59PM	Moon 12 - Phase 36		
		829761366	<b>Rahu</b> 11:09AM – 12:19PM	Balava Until 11:58AM	<b>Nataraja:</b> Green			Navami	
Creative Work Amrita Yoga				<b>Navami* Until 10:51PM</b>	Moon – White			<b>Devaloka Day</b>	
Until 2:47AM Sat					<b>Pausha-Markali</b>				
Then Creative Work - Siddha Yoga									


To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1</b>		<b>Saturday, January 7, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam		Des Moines, IA	
Mesha Rasi: 15.15		Tithi 10		Bharani Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Dashamyam Titau		Sun 24		Sutra 265	
Creative Work		Siddha Yoga		<b>Gulika</b> 7:40AM – 8:50AM	<b>Bharani Until 12:55AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:40AM	Durmukha 5118	
				Yama 1:30PM – 2:40PM	Siddha Until 8:15AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:00PM	Moon 12 - Phase 37	
		829761366		<b>Rahu</b> 10:00AM – 11:10AM	Taitila Until 9:41AM	<b>Nataraja:</b> Green		4th Phase	
					<b>Dashami Until 8:22PM</b>	Moon – White		<b>Devaloka Day</b>	
						<b>Pausha-Markali</b>			

<b>2</b>		<b>Sunday, January 8, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam		Des Moines, IA	
Mesha Rasi: 29.44		Tithi 11 – 12		Krittika Nakshatra Subha Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25		Sutra 266	
Creative Work		Siddha Yoga		<b>Gulika</b> 2:41PM – 3:51PM	<b>Krittika Until 10:37PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:39AM	Durmukha 5118	
		829761366		Yama 12:20PM – 1:30PM	Subha Until 1:16AM Mon	<b>Muruga:</b> White	<i>Sunset:</i> 5:01PM	Moon 12 - Phase 37	
				<b>Rahu</b> 3:51PM – 5:01PM	Vanija Until 7:01AM	<b>Nataraja:</b> Green		4th Phase	
					<b>Ekadashi Until 5:33PM</b>	Moon – White		<b>Devaloka Day</b>	
				<b>Vaikuntha Ekadasi</b>		<b>Pausha-Markali</b>			

<b>3</b>		<b>Monday, January 9, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Des Moines, IA	
Vrishabha Rasi: 14.26		Tithi 12 – 13		Rohini Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26		Sutra 267	
<b>Family Home Evening</b>		839761366		<b>Gulika</b> 1:31PM – 2:41PM	<b>Rohini Until 8:25PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:39AM	Durmukha 5118	
Creative Work		Amrita Yoga		Yama 11:10AM – 12:21PM	Sukla Until 9:31PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:02PM	Moon 12 - Phase 37	
				<b>Rahu</b> 8:50AM – 10:00AM	Kaulava Until 12:59AM Tue	<b>Nataraja:</b> Green		4th Phase	
					<b>Dvadashi Until 2:31PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
					<i>Pradosha Vrata</i>	<b>Pausha-Markali</b>		Devaloka Time: 9:AM to12:PM	

<b>4</b>		<b>Tuesday, January 10, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		Des Moines, IA	
Vrishabha Rasi: 29.14		Tithi 13 – 14		Mrigashira Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 268	
Creative Work		Siddha Yoga		<b>Gulika</b> 12:21PM – 1:32PM	<b>Mrigashira Until 6:02PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:39AM	Durmukha 5118	
Until 6:02PM		831761366		Yama 10:00AM – 11:11AM	Brahma Until 5:44PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:03PM	Moon 12 - Phase 37	
Then Routine Work - Marana Yoga				<b>Rahu</b> 2:42PM – 3:53PM	Gara Until 9:54PM	<b>Nataraja:</b> Green		4th Phase	
					<b>Trayodashi Until 11:25AM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
						<b>Pausha-Markali</b>		Devaloka Time: 9:AM to12:PM	
								<b>Tour Day</b>	

		<b>Wednesday, January 11, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam		Des Moines, IA	
<b>Copper Retreat Star</b>		Mithuna Rasi: 14		Tithi 14 – 15		Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sutra 269	
Creative Work		Siddha Yoga		<b>Gulika</b> 11:11AM – 12:21PM	<b>Ardra Until 3:39PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:39AM	Durmukha 5118	
		831761366		Yama 8:49AM – 10:00AM	Indra Until 2:05PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:04PM	Moon 12 - Phase 37	
				<b>Rahu</b> 12:21PM – 1:32PM	Visti Until 6:58PM	<b>Nataraja:</b> Green		Purnima	
					<b>Chaturdashi* Until 8:23AM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Ardra Darshanam</b>		<b>Pausha-Markali</b>		Devaloka Time: 9:AM to12:PM	

<b>Thursday, January 12, 2017</b>		<b>Silver Retreat Star</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam		Des Moines, IA	
Mithuna Rasi: 28.37		Tithi 16		Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 28		Sutra 270	
Creative Work		Amrita Yoga		<b>Gulika</b> 10:00AM – 11:11AM	<b>Punarvasu Until 1:49PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:39AM	Durmukha 5118	
		841761366		Yama 7:39AM – 8:49AM	Vaidhriti* Until 10:37AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:05PM	Moon 12 - Phase 37	
				<b>Rahu</b> 1:33PM – 2:44PM	Balava Until 4:20PM	<b>Nataraja:</b> Green		Prathama	
					<b>Prathama* Until 3:10AM Fri</b>	Moon – Blue		<b>Devaloka Day</b>	
						<b>Pausha-Markali</b>			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada

All times are standard time

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Friday, January 13, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vishkambha\*/Priti Yoga Tailila/Gara Karana Dvitiyayam Titau

Des Moines, IA  
Sutra 271

Kataka Rasi: 12.57      Tiithi 17

**Gulika** 8:49AM – 10:00AM  
Yama 2:44PM – 3:55PM  
841761366 **Rahu** 11:11AM – 12:22PM

**Pushya** Until 12:18PM  
Vishkambha\* Until 7:31AM  
Tailila Until 2:11PM

**Ganesha:** White      *Sunrise:* 7:38AM  
**Muruga:** White      *Sunset:* 5:06PM

Durmukha 5118  
Moon 1 - Phase 38  
1st Phase

Routine Work      Marana Yoga

Thai Pongal

Dvitiya Until 1:18AM Sat

Moon – Blue  
Pausha\*Thai

Devaloka Day

1

Saturday, January 14, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Ayushman Yoga Vanija/Visti\* Karana Tritiyayam Titau

Des Moines, IA  
Sun 1      Sutra 272

Kataka Rasi: 26.55      Tiithi 18

**Gulika** 7:38AM – 8:49AM  
Yama 1:34PM – 2:45PM  
841761366 **Rahu** 10:00AM – 11:11AM

**Ashlesha\*** Until 11:14AM  
Ayushman Until 2:48AM Sun  
Vanija Until 12:39PM  
Tritiya Until 12:08AM Sun

**Ganesha:** White      *Sunrise:* 7:38AM  
**Muruga:** White      *Sunset:* 5:07PM

Durmukha 5118  
Moon 1 - Phase 38  
1st Phase

Routine Work      Marana Yoga

Until 11:14AM

Then Creative Work - Amrita Yoga

Tritiya Until 12:08AM Sun

Moon – Blue  
Pausha\*Thai

Devaloka Day

2

Sunday, January 15, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Des Moines, IA  
Sun 2      Sutra 273

Simha Rasi: 10.28      Tiithi 19

**Gulika** 2:46PM – 3:57PM  
Yama 12:23PM – 1:34PM  
851761366 **Rahu** 3:57PM – 5:09PM

**Magha\*** Until 11:10AM  
Saubhagya Until 1:20AM Mon  
Bava Until 11:51AM  
Chaturthi\* Until 11:44PM

**Ganesha:** Yellow      *Sunrise:* 7:37AM  
**Muruga:** White      *Sunset:* 5:09PM

Durmukha 5118  
Moon 1 - Phase 38  
1st Phase

Routine Work      Marana Yoga

Until 11:10AM

Then Creative Work - Siddha Yoga

Chaturthi\* Until 11:44PM

Moon – Red  
Pausha\*Thai

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

3

Monday, January 16, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana Yoga Kaulava/Tailila Karana Panchamyam Titau

Des Moines, IA  
Sun 3      Sutra 274

Simha Rasi: 23.34      Tiithi 20

Family Home Evening

Creative Work      Siddha Yoga

**Gulika** 1:35PM – 2:47PM  
Yama 11:12AM – 12:23PM  
851761366 **Rahu** 8:49AM – 10:00AM

**Purvaphalguni** Until 11:45AM  
Sobhana Until 12:30AM Tue  
Kaulava Until 11:52AM  
Panchami Until 12:09AM Tue

**Ganesha:** Yellow      *Sunrise:* 7:37AM  
**Muruga:** White      *Sunset:* 5:10PM

Durmukha 5118  
Moon 1 - Phase 38  
1st Phase

Nataraja: Green  
Moon – Red  
Pausha\*Thai

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

4

Tuesday, January 17, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA  
Sun 4      Sutra 275

Kanya Rasi: 6.17      Tiithi 21

**Gulika** 12:24PM – 1:36PM  
Yama 10:00AM – 11:12AM  
851761366 **Rahu** 2:47PM – 3:59PM

**Uttaraphalguni** Until 12:57PM  
Athiganda\* Until 12:15AM Wed  
Gara Until 12:41PM  
Shashthi\* Until 1:21AM Wed

**Ganesha:** Yellow      *Sunrise:* 7:37AM  
**Muruga:** White      *Sunset:* 5:11PM

Durmukha 5118  
Moon 1 - Phase 38  
1st Phase

Nataraja: Green  
Moon – Red  
Pausha\*Thai

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work      Amrita Yoga

Until 12:57PM

Then Creative Work - Siddha Yoga

5

Wednesday, January 18, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma Yoga Visti\*/Bava Karana Saptamyam Titau

Des Moines, IA  
Sun 5      Sutra 276

Kanya Rasi: 18.4      Tiithi 22

**Gulika** 11:12AM – 12:24PM  
Yama 8:48AM – 10:00AM  
861761366 **Rahu** 12:24PM – 1:36PM

**Hasta** Until 3:08PM  
Sukarma Until 12:29AM Thu  
Visti Until 2:13PM  
Saptami Until 3:11AM Thu

**Ganesha:** Blue      *Sunrise:* 7:36AM  
**Muruga:** White      *Sunset:* 5:12PM

Durmukha 5118  
Moon 1 - Phase 38  
1st Phase

Nataraja: Green  
Moon – Green  
Pausha\*Thai

Devaloka Day

Routine Work      Marana Yoga

Until 3:08PM

Then Creative Work - Siddha Yoga

D

Thursday, January 19, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Des Moines, IA  
Sun 6      Sutra 277

Tula Rasi: 0.49      Tiithi 23

**Gulika** 10:00AM – 11:12AM  
Yama 7:35AM – 8:48AM  
861761366 **Rahu** 1:37PM – 2:49PM

**Chitra** Until 5:42PM  
Dhriti Until 1:05AM Fri  
Balava Until 4:18PM  
Ashtami\* Until 5:28AM Fri

**Ganesha:** Blue      *Sunrise:* 7:35AM  
**Muruga:** White      *Sunset:* 5:13PM

Durmukha 5118  
Moon 1 - Phase 38  
Ashtami

Nataraja: Green  
Moon – Green  
Pausha\*Thai

Devaloka Day

Creative Work      Siddha Yoga

Until 5:42PM

Then Creative Work - Amrita Yoga

Friday, January 20, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Shula\* Yoga Tailila Karana Navamyam Titau

Des Moines, IA  
Sun 7      Sutra 278

Tula Rasi: 12.46      Tiithi 24

**Gulika** 8:47AM – 10:00AM  
Yama 2:50PM – 4:02PM  
862761366 **Rahu** 11:12AM – 12:25PM

**Svati** Until 8:24PM  
Shula\* Until 1:52AM Sat  
Tailila Until 6:43PM  
Navami\* Until 7:58AM Sat

**Ganesha:** Yellow      *Sunrise:* 7:35AM  
**Muruga:** White      *Sunset:* 5:14PM

Durmukha 5118  
Moon 1 - Phase 38  
Navami

Nataraja: Green  
Moon – Green  
Pausha\*Thai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work      Siddha Yoga

<b>1</b>		<b>Saturday, January 21, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam		Des Moines, IA	
Tula Rasi: 24.39		Tihti 24 – 25		Vishakha Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8		Sutra 279	
		<b>Gulika</b>	<b>7:34AM – 8:47AM</b>	<b>Vishakha Until 11:31PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 7:34AM			Durmukha 5118
		Yama	1:38PM – 2:50PM	Ganda* Until 2:41AM Sun	<b>Muruga:</b> White	<i>Sunset:</i> 5:16PM	Moon 1 - Phase 39		2nd Phase
Creative Work Siddha Yoga		872861366	<b>Rahu</b> 10:00AM – 11:12AM	Vanija Until 9:16PM	<b>Nataraja:</b> Green			<b>Bhuloka Day</b>	
				<b>Navami* Until 7:58AM</b>	Moon – Orange			Pausha*Thai	

<b>2</b>		<b>Sunday, January 22, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam		Des Moines, IA	
Vrischika Rasi: 6.32		Tihti 25 – 26		Anuradha Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9		Sutra 280	
		<b>Gulika</b>	<b>2:51PM – 4:04PM</b>	<b>Anuradha Until 2:23AM Mon</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:34AM			Durmukha 5118
		Yama	12:25PM – 1:38PM	Vriddhi Until 3:26AM Mon	<b>Muruga:</b> White	<i>Sunset:</i> 5:17PM	Moon 1 - Phase 39		2nd Phase
Routine Work Marana Yoga		872861366	<b>Rahu</b> 4:04PM – 5:17PM	Bava Until 11:42PM	<b>Nataraja:</b> Green			<b>Bhuloka Day</b>	
Until 2:23AM Mon				<b>Dashami Until 10:29AM</b>	Moon – Orange			Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga					<b>Pausha*Thai</b>				

<b>3</b>		<b>Monday, January 23, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		Des Moines, IA	
Vrischika Rasi: 18.28		Tihti 26 – 27		Jyeshtha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10		Sutra 281	
<b>Family Home Evening</b>		<b>Gulika</b>	<b>1:39PM – 2:52PM</b>	<b>Jyeshtha* Until 4:49AM Tue</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:33AM			Durmukha 5118
Creative Work Siddha Yoga		Yama	11:12AM – 12:26PM	Dhruva Until 3:57AM Tue	<b>Muruga:</b> White	<i>Sunset:</i> 5:18PM	Moon 1 - Phase 39		2nd Phase
Until 4:49AM Tue		872861366	<b>Rahu</b> 8:46AM – 9:59AM	Kaulava Until 1:54AM Tue	<b>Nataraja:</b> Green			<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Ekadashi* Until 12:49PM</b>	Moon – Orange			Devaloka Time: 9:AM to12:PM	
					<b>Pausha*Thai</b>				

<b>4</b>		<b>Tuesday, January 24, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam		Des Moines, IA	
Dhanus Rasi: 0.3		Tihti 27 – 28		Mula* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Sutra 282	
		<b>Gulika</b>	<b>12:26PM – 1:39PM</b>	<b>Mula* Until 7:12AM Wed</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:32AM			Durmukha 5118
		Yama	9:59AM – 11:12AM	Vyaghata* Until 4:11AM Wed	<b>Muruga:</b> White	<i>Sunset:</i> 5:19PM	Moon 1 - Phase 39		2nd Phase
Creative Work Amrita Yoga		982861366	<b>Rahu</b> 2:53PM – 4:06PM	Gara Until 3:42AM Wed	<b>Nataraja:</b> Green			<b>Bhuloka Day</b>	
				<b>Dvadashi* Until 2:50PM</b>	Moon – Light Blue			Devaloka Time: 9:AM to12:PM	
					<b>Pausha*Thai</b>			Pradosha Vrata (Fasting)	

<b>5</b>		<b>Wednesday, January 25, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam		Des Moines, IA	
Dhanus Rasi: 12.42		Tihti 28 – 29		Mula*/Purvashadha* Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 283	
		<b>Gulika</b>	<b>11:12AM – 12:26PM</b>	<b>Mula* Until 7:12AM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:31AM			Durmukha 5118
		Yama	8:45AM – 9:59AM	Harshana Until 4:06AM Thu	<b>Muruga:</b> White	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 39		2nd Phase
Routine Work Marana Yoga		982861366	<b>Rahu</b> 12:26PM – 1:40PM	Visti Until 5:03AM Thu	<b>Nataraja:</b> Green			<b>Bhuloka Day</b>	
Until 7:12AM				<b>Trayodashi* Until 4:25PM</b>	Moon – Light Blue			Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga					<b>Pausha*Thai</b>				

<b>6</b>		<b>Thursday, January 26, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam		Des Moines, IA	
Dhanus Rasi: 25.06		Tihti 29 – 30		Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 284	
		<b>Gulika</b>	<b>9:58AM – 11:12AM</b>	<b>Purvashadha* Until 8:59AM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:31AM			Durmukha 5118
		Yama	7:31AM – 8:45AM	Vajra* Until 3:36AM Fri	<b>Muruga:</b> White	<i>Sunset:</i> 5:22PM	Moon 1 - Phase 39		2nd Phase
Creative Work Siddha Yoga		982861366	<b>Rahu</b> 1:40PM – 2:54PM	Catuspada Until 5:54AM Fri	<b>Nataraja:</b> Green			<b>Bhuloka Day</b>	
Until 8:59AM				<b>Chaturdashi* Until 5:31PM</b>	Moon – Light Blue			Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga					<b>Pausha*Thai</b>				

<b>Retreat Star</b>		<b>Friday, January 27, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam		Des Moines, IA	
Makara Rasi: 7.43		Tihti 30		Uttarashadha/Shravana Nakshatra Siddhi Yoga Naga* Karana Amavasyayam Titau		Sun 14		Sutra 285	
		<b>Gulika</b>	<b>8:44AM – 9:58AM</b>	<b>Uttarashadha Until 10:08AM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:30AM			Durmukha 5118
		Yama	2:55PM – 4:09PM	Siddhi Until 2:44AM Sat	<b>Muruga:</b> White	<i>Sunset:</i> 5:23PM	Moon 1 - Phase 39		Amavasya
Routine Work Marana Yoga		982861366	<b>Rahu</b> 11:12AM – 12:26PM	Naga Until 6:07PM	<b>Nataraja:</b> Green			<b>Bhuloka Day</b>	
				<b>Amavasya* Until 6:07PM</b>	Moon – Light Blue			Devaloka Time: 9:AM to12:PM	
					<b>Pausha*Thai</b>				

<b>Retreat Star</b>		<b>Saturday, January 28, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam		Des Moines, IA	
Makara Rasi: 20.33		Tihti 1		Shravana/Dhanishtha Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15		Sutra 286	
		<b>Gulika</b>	<b>7:29AM – 8:43AM</b>	<b>Shravana Until 11:07AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 7:29AM			Durmukha 5118
		Yama	1:41PM – 2:55PM	Vyatipata* Until 1:31AM Sun	<b>Muruga:</b> White	<i>Sunset:</i> 5:24PM	Moon 1 - Phase 39		Prathama
Creative Work Siddha Yoga		992861366	<b>Rahu</b> 9:58AM – 11:12AM	Kintughna Until 6:15AM	<b>Nataraja:</b> Green			<b>Bhuloka Day</b>	
				<b>Prathama* Until 6:14PM</b>	Moon – Purple			Devaloka Time: 9:AM to12:PM	
					<b>Magha*Thai</b>				

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1 Sunday, January 29, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau				Des Moines, IA Sun 16 Sutra 287	
Kumbha Rasi: 3.37	Tithi 2 – 3	<b>Gulika</b> 2:56PM – 4:11PM	<b>Dhanishtha</b> Until 11:31AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:28AM	Durumukha 5118	
		Yama 12:27PM – 1:41PM	Variyan Until 11:57PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:25PM	Moon 1 - Phase 40	
		992861366 <b>Rahu</b> 4:11PM – 5:25PM	Balava Until 6:08AM	<b>Nataraja:</b> Green		3rd Phase	
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 5:54PM	Moon – Purple		<b>Bhuloka Day</b>	
Until 11:31AM				<b>Magha-Thai</b>		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga							

<b>2 Monday, January 30, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Des Moines, IA Sun 17 Sutra 288	
Kumbha Rasi: 16.55	Tithi 3 – 4	<b>Gulika</b> 1:42PM – 2:57PM	<b>Shatabhishak</b> Until 11:22AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:27AM	Durumukha 5118	
<b>Family Home Evening</b>		Yama 11:12AM – 12:27PM	Parigha* Until 10:06PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:27PM	Moon 1 - Phase 40	
Creative Work	Siddha Yoga	992861366 <b>Rahu</b> 8:42AM – 9:57AM	Vanija Until 4:43AM Tue	<b>Nataraja:</b> Green		3rd Phase	
Until 11:22AM			<b>Tritiya</b> Until 5:11PM	Moon – Purple		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Magha-Thai</b>		Devaloka Time: 9:AM to 12:PM	

<b>3 Tuesday, January 31, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Des Moines, IA Sun 18 Sutra 289	
Meena Rasi: 0.23	Tithi 4 – 5	<b>Gulika</b> 12:27PM – 1:42PM	<b>Purvaproshtapada*</b> Until 11:10AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:26AM	Durumukha 5118	
		Yama 9:57AM – 11:12AM	Shiva Until 8:01PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 40	
		912861366 <b>Rahu</b> 2:58PM – 4:13PM	Bava Until 3:30AM Wed	<b>Nataraja:</b> Green		3rd Phase	
Routine Work	Marana Yoga		<b>Chaturthi*</b> Until 4:08PM	Moon – Clear		<b>Devaloka Day</b>	
Until 11:10AM				<b>Magha-Thai</b>			
Then Creative Work - Amrita Yoga							

<b>4 Wednesday, February 1, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashtham Titau				Des Moines, IA Sun 19 Sutra 290	
Meena Rasi: 14.04	Tithi 5 – 6	<b>Gulika</b> 11:12AM – 12:27PM	<b>Uttaraproshtapada</b> Until 10:32AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:26AM	Durumukha 5118	
		Yama 8:42AM – 9:57AM	Siddha Until 5:40PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 40	
		912861366 <b>Rahu</b> 12:27PM – 1:42PM	Kaulava Until 2:01AM Thu	<b>Nataraja:</b> Green		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> Until 2:46PM	Moon – Clear		<b>Devaloka Day</b>	
Until 10:32AM				<b>Magha-Thai</b>			
Then Routine Work - Marana Yoga							

<b>5 Thursday, February 2, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Des Moines, IA Sun 20 Sutra 291	
Meena Rasi: 27.53	Tithi 6 – 7	<b>Gulika</b> 9:56AM – 11:12AM	<b>Revati</b> Until 9:29AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:25AM	Durumukha 5118	
		Yama 7:25AM – 8:41AM	Sadhya Until 3:08PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:29PM	Moon 1 - Phase 40	
		912861366 <b>Rahu</b> 1:43PM – 2:58PM	Gara Until 12:17AM Fri	<b>Nataraja:</b> Green		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 1:10PM	Moon – Clear		<b>Devaloka Day</b>	
Until 9:29AM				<b>Magha-Thai</b>			
Then Creative Work - Amrita Yoga							

<b>Friday, February 3, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Des Moines, IA Sun 21 Sutra 292	
<b>Retreat Star</b>		<b>Gulika</b> 8:40AM – 9:56AM	<b>Ashvini</b> Until 8:29AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:24AM	Durumukha 5118	
Mesha Rasi: 11.52	Tithi 7 – 8	Yama 2:59PM – 4:15PM	Subha Until 12:25PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:31PM	Moon 1 - Phase 40	
		923861367 <b>Rahu</b> 11:12AM – 12:27PM	Visti Until 10:20PM	<b>Nataraja:</b> White		Ashtami	
Creative Work	Amrita Yoga		<b>Saptami</b> Until 11:19AM	Moon – White		<b>Bhuloka Day</b>	
Until 8:29AM				<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga							

<b>Saturday, February 4, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Des Moines, IA Sun 22 Sutra 293	
<b>Retreat Star</b>		<b>Gulika</b> 7:23AM – 8:39AM	<b>Bharani</b> Until 7:09AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:23AM	Durumukha 5118	
Mesha Rasi: 25.58	Tithi 8 – 9	Yama 1:44PM – 3:00PM	Sukla Until 9:32AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:32PM	Moon 1 - Phase 40	
		923861367 <b>Rahu</b> 9:55AM – 11:12AM	Balava Until 8:12PM	<b>Nataraja:</b> White		Navami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 9:16AM	Moon – White		<b>Bhuloka Day</b>	
Until 7:09AM				<b>Magha-Thai</b>			
Then Creative Work - Amrita Yoga							

<b>1 Sunday, February 5, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Des Moines, IA
Rohini Nakshatra Brahma/Indra Yoga Kaulava/Gara Karana Navami/Dashmyam Titau				Sun 23	Sutra 294	
Vrishabha Rasi: 10.12 Tithi 9 – 10		<b>Gulika</b> 3:00PM – 4:17PM	<b>Rohini Until 4:02AM Mon</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:22AM	Durmukha 5118
933861367		Yama 12:28PM – 1:44PM	Brahma Until 6:32AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:33PM	Moon 1 - Phase 41
Creative Work Siddha Yoga		<b>Rahu</b> 4:17PM – 5:33PM	Gara Until 4:44AM Mon	<b>Nataraja:</b> White		4th Phase
Until 4:02AM Mon			<b>Navami* Until 7:04AM</b>	Moon – Yellow		
Then Creative Work - Amrita Yoga				<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM

<b>2 Monday, February 6, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Des Moines, IA
Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24	Sutra 295	
Vrishabha Rasi: 24.29 Tithi 11		<b>Gulika</b> 1:44PM – 3:01PM	<b>Mrigashira Until 2:23AM Tue</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:21AM	Durmukha 5118
933861367		Yama 11:11AM – 12:28PM	Vaidhriti* Until 12:18AM Tue	<b>Muruga:</b> White	<i>Sunset:</i> 5:34PM	Moon 1 - Phase 41
Creative Work Amrita Yoga		<b>Rahu</b> 8:38AM – 9:54AM	Vanija Until 3:35PM	<b>Nataraja:</b> White		4th Phase
Until 2:23AM Tue			<b>Ekadashi Until 2:23AM Tue</b>	Moon – Yellow		
Then Routine Work - Marana Yoga				<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM

<b>3 Tuesday, February 7, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Des Moines, IA
Ardra Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25	Sutra 296	
Mithuna Rasi: 8.49 Tithi 12		<b>Gulika</b> 12:28PM – 1:45PM	<b>Ardra Until 12:38AM Wed</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:20AM	Durmukha 5118
933861367		Yama 9:54AM – 11:11AM	Vishkambha* Until 9:11PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:36PM	Moon 1 - Phase 41
Routine Work Marana Yoga		<b>Rahu</b> 3:02PM – 4:19PM	Bava Until 1:14PM	<b>Nataraja:</b> White		4th Phase
Until 12:38AM Wed			<b>Dvadashi Until 12:04AM Wed</b>	Moon – Yellow		
Then Creative Work - Siddha Yoga				<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM

<b>4 Wednesday, February 8, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Des Moines, IA
Punarvasu Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26	Sutra 297	
Mithuna Rasi: 23.05 Tithi 13		<b>Gulika</b> 11:11AM – 12:28PM	<b>Punarvasu Until 11:19PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 7:19AM	Durmukha 5118
933861367		Yama 8:36AM – 9:53AM	Priti Until 6:13PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:37PM	Moon 1 - Phase 41
Creative Work Siddha Yoga		<b>Rahu</b> 12:28PM – 1:45PM	Kaulava Until 10:59AM	<b>Nataraja:</b> White		4th Phase
			<b>Trayodashi Until 9:54PM</b>	Moon – Blue		
			<i>Pradosha Vrata</i>	<b>Magha-Thai</b>	<b>Bhuloka Day</b>	

<b>5 Thursday, February 9, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Des Moines, IA
Pushya Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27	Sutra 298	
Kataka Rasi: 7.15 Tithi 14		<b>Gulika</b> 9:53AM – 11:10AM	<b>Pushya Until 10:08PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 7:18AM	Durmukha 5118
933861367		Yama 7:18AM – 8:35AM	Ayushman Until 3:25PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:38PM	Moon 1 - Phase 41
Creative Work Amrita Yoga		<b>Rahu</b> 1:45PM – 3:03PM	Gara Until 8:56AM	<b>Nataraja:</b> White		4th Phase
Until 10:08PM			<b>Chaturdashi* Until 8:01PM</b>	Moon – Blue		
Then Creative Work - Siddha Yoga		<b>Thai Pusam</b>		<b>Magha-Thai</b>	<b>Bhuloka Day</b>	

<b>Friday, February 10, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Des Moines, IA
<b>Copper Retreat Star</b>		Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 299
Kataka Rasi: 21.12 Tithi 15		<b>Gulika</b> 8:34AM – 9:52AM	<b>Ashlesha* Until 9:13PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 7:17AM	Durmukha 5118
933861367		Yama 3:04PM – 4:22PM	Saubhagya Until 12:55PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:39PM	Moon 1 - Phase 41
Routine Work Marana Yoga		<b>Rahu</b> 11:10AM – 12:28PM	Visti Until 7:14AM	<b>Nataraja:</b> White		Purnima
			<b>Purnima* Until 6:31PM</b>	Moon – Blue		
				<b>Magha-Thai</b>	<b>Bhuloka Day</b>	

<b>Saturday, February 11, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam				Des Moines, IA
<b>Silver Retreat Star</b>		Magha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Sutra 300
Simha Rasi: 4.53 Tithi 16 – 17		<b>Gulika</b> 7:15AM – 8:34AM	<b>Magha* Until 9:06PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:15AM	Durmukha 5118
953861367		Yama 1:46PM – 3:04PM	Sobhana Until 10:50AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:41PM	Moon 1 - Phase 41
Creative Work Amrita Yoga		<b>Rahu</b> 9:52AM – 11:10AM	Taitila Until 5:17AM Sun	<b>Nataraja:</b> White		Prathama
Until 9:06PM			<b>Prathama* Until 5:32PM</b>	Moon – Red		
Then Creative Work - Siddha Yoga		<b>Penumbra Lunar Eclipse</b>		<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM





Sunday, February 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni Nakshatra Athiganda\*/Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Des Moines, IA

Simha Rasi: 18.14    Tihi 17 – 18

953861367 **Rahu** 4:23PM – 5:42PM

**Gulika** 3:05PM – 4:23PM  
**Yama** 12:28PM – 1:46PM

**Purvaphalguni Until 9:26PM**  
**Athiganda\* Until 9:10AM**  
**Vanija Until 5:14AM Mon**  
**Dvitiya Until 5:09PM**

**Ganesha:** Clear    *Sunrise:* 7:14AM  
**Muruga:** White    *Sunset:* 5:42PM

**Nataraja:** White  
Moon – Red  
**Magha-Masi**

Sun 1    Sutra 301  
Durmukha 5118  
Moon 2 - Phase 42  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work    Siddha Yoga  
Until 9:26PM

Then Creative Work - Amrita Yoga

1

Monday, February 13, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Des Moines, IA

Kanya Rasi: 1.16    Tihi 18 – 19

953861367 **Rahu** 8:32AM – 9:50AM

**Gulika** 1:47PM – 3:06PM  
**Yama** 11:09AM – 12:28PM

**Uttaraphalguni Until 10:15PM**  
**Sukarma Until 8:01AM**  
**Bava Until 5:51AM Tue**  
**Tritiya Until 5:26PM**

**Ganesha:** Clear    *Sunrise:* 7:13AM  
**Muruga:** White    *Sunset:* 5:43PM

**Nataraja:** White  
Moon – Red  
**Magha-Masi**

Sun 2    Sutra 302  
Durmukha 5118  
Moon 2 - Phase 42  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work    Siddha Yoga

2

Tuesday, February 14, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Hasta Nakshatra Dhriti/Shula\* Yoga Balava Karana Chaturthyam Titau

Des Moines, IA

Kanya Rasi: 13.58    Tihi 19

963861367 **Rahu** 3:06PM – 4:25PM

**Gulika** 12:28PM – 1:47PM  
**Yama** 9:50AM – 11:09AM

**Hasta Until 12:01AM Wed**  
**Dhriti Until 7:24AM**  
**Balava Until 6:23PM**  
**Chaturthi\* Until 6:23PM**

**Ganesha:** White    *Sunrise:* 7:12AM  
**Muruga:** White    *Sunset:* 5:44PM

**Nataraja:** White  
Moon – Green  
**Magha-Masi**

Sun 3    Sutra 303  
Durmukha 5118  
Moon 2 - Phase 42  
1st Phase

**Bhuloka Day**

Creative Work    Siddha Yoga

Maha Sankatahara Chaturthi

3

Wednesday, February 15, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Des Moines, IA

Kanya Rasi: 26.23    Tihi 20

963861367 **Rahu** 12:28PM – 1:47PM

**Gulika** 11:09AM – 12:28PM  
**Yama** 8:30AM – 9:49AM

**Chitra Until 2:12AM Thu**  
**Shula\* Until 7:15AM**  
**Kaulava Until 7:06AM**  
**Panchami Until 7:56PM**

**Ganesha:** White    *Sunrise:* 7:10AM  
**Muruga:** White    *Sunset:* 5:46PM

**Nataraja:** White  
Moon – Green  
**Magha-Masi**

Sun 4    Sutra 304  
Durmukha 5118  
Moon 2 - Phase 42  
1st Phase

**Bhuloka Day**

Creative Work    Siddha Yoga

Until 2:12AM Thu

Then Creative Work - Amrita Yoga

4

Thursday, February 16, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA

Tula Rasi: 8.34    Tihi 21

963961367 **Rahu** 1:48PM – 3:07PM

**Gulika** 9:48AM – 11:08AM  
**Yama** 7:09AM – 8:29AM

**Svati Until 4:37AM Fri**  
**Ganda\* Until 7:31AM**  
**Gara Until 8:55AM**  
**Shashthi\* Until 9:58PM**

**Ganesha:** Yellow    *Sunrise:* 7:09AM  
**Muruga:** White    *Sunset:* 5:47PM

**Nataraja:** White  
Moon – Green  
**Magha-Masi**

Sun 5    Sutra 305  
Durmukha 5118  
Moon 2 - Phase 42  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work    Amrita Yoga

Until 4:37AM Fri

Then Creative Work - Siddha Yoga

5

Friday, February 17, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Saptamyam Titau

Des Moines, IA

Tula Rasi: 20.35    Tihi 22

974971367 **Rahu** 11:08AM – 12:28PM

**Gulika** 8:28AM – 9:48AM  
**Yama** 3:08PM – 4:28PM

**Vishakha Until 7:38AM Sat**  
**Vridhhi Until 8:07AM**  
**Visti Until 11:08AM**  
**Saptami Until 12:18AM Sat**

**Ganesha:** Yellow    *Sunrise:* 7:08AM  
**Muruga:** Yellow    *Sunset:* 5:48PM

**Nataraja:** White  
Moon – Orange  
**Magha-Masi**

Sun 6    Sutra 306  
Durmukha 5118  
Moon 2 - Phase 42  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga

D

Saturday, February 18, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Des Moines, IA

Vrischika Rasi: 2.31    Tihi 23

974971367 **Rahu** 9:47AM – 11:07AM

**Gulika** 7:06AM – 8:27AM  
**Yama** 1:48PM – 3:09PM

**Vishakha Until 7:38AM**  
**Dhruva Until 8:52AM**  
**Balava Until 1:33PM**  
**Ashtami\* Until 2:46AM Sun**

**Ganesha:** Yellow    *Sunrise:* 7:06AM  
**Muruga:** Yellow    *Sunset:* 5:49PM

**Nataraja:** White  
Moon – Orange  
**Magha-Masi**

Sun 7    Sutra 307  
Durmukha 5118  
Moon 2 - Phase 42  
Ashtami

**Devaloka Day**

Creative Work    Siddha Yoga

Sunday, February 19, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyaghata\*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

Des Moines, IA

Vrischika Rasi: 14.25    Tihi 24

974971367 **Rahu** 4:30PM – 5:51PM

**Gulika** 3:09PM – 4:30PM  
**Yama** 12:28PM – 1:48PM

**Anuradha Until 10:32AM**  
**Vyaghata\* Until 9:40AM**  
**Taitila Until 3:59PM**  
**Navami\* Until 5:07AM Mon**

**Ganesha:** Yellow    *Sunrise:* 7:05AM  
**Muruga:** Yellow    *Sunset:* 5:51PM

**Nataraja:** White  
Moon – Orange  
**Magha-Masi**

Sun 8    Sutra 308  
Durmukha 5118  
Moon 2 - Phase 42  
Navami

**Devaloka Day**

Routine Work    Marana Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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<b>1</b>		<b>Monday, February 20, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Des Moines, IA	
Vrischika Rasi: 26.2		Tihti 25		Jyeshtha*/Mula* Nakshatra Harshana/Vajra* Yoga Vanija Karana Dashamyam Titau		Sun 9		Sutra 309	
<b>Family Home Evening</b>		984971367		<b>Gulika</b>	1:49PM – 3:10PM	<b>Jyeshtha* Until 1:07PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:04AM	Durmukha 5118
Creative Work Siddha Yoga				<b>Yama</b>	11:07AM – 12:28PM	Harshana Until 10:22AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:52PM	Moon 2 - Phase 43
				<b>Rahu</b>	8:25AM – 9:46AM	Vanija Until 6:14PM	<b>Nataraja:</b> White		2nd Phase
						Dashami Until 7:12AM Tue	Moon – Orange		<b>Devaloka Day</b>
							<b>Magha-Masi</b>		

<b>2</b>		<b>Tuesday, February 21, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Des Moines, IA	
Dhanus Rasi: 8.24		Tihti 25 – 26		Mula*/Purvashadha* Nakshatra Vajra*/Siddhi/Vyati-pata* Yoga Balava/Kaulava Karana Dashami/Ekadashyam Titau		Sun 10		Sutra 310	
Creative Work Amrita Yoga		984971367		<b>Gulika</b>	12:28PM – 1:49PM	<b>Mula* Until 3:42PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:02AM	Durmukha 5118
Until 3:42PM				<b>Yama</b>	9:45AM – 11:06AM	Vajra* Until 10:48AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:53PM	Moon 2 - Phase 43
Then Creative Work - Siddha Yoga				<b>Rahu</b>	3:10PM – 4:32PM	Bava Until 8:05PM	<b>Nataraja:</b> White		2nd Phase
						Dashami Until 7:12AM	Moon – Light Blue		<b>Bhuloka Day</b>
							<b>Magha-Masi</b>		Devaloka Time: 12:PM to 3:PM

<b>3</b>		<b>Wednesday, February 22, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Des Moines, IA	
Dhanus Rasi: 20.38		Tihti 26 – 27		Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyati-pata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau		Sun 11		Sutra 311	
Creative Work Amrita Yoga		984971367		<b>Gulika</b>	11:06AM – 12:27PM	<b>Purvashadha* Until 5:38PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:01AM	Durmukha 5118
				<b>Yama</b>	8:22AM – 9:44AM	Siddhi Until 10:52AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:54PM	Moon 2 - Phase 43
				<b>Rahu</b>	12:27PM – 1:49PM	Kaulava Until 9:24PM	<b>Nataraja:</b> White		2nd Phase
						Ekadashi* Until 8:48AM	Moon – Light Blue		<b>Bhuloka Day</b>
							<b>Magha-Masi</b>		Devaloka Time: 12:PM to 3:PM

<b>4</b>		<b>Thursday, February 23, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Des Moines, IA	
Makara Rasi: 3.07		Tihti 27 – 28		Uttarashadha*/Uttarashadha Nakshatra Vyati-pata*/Variyan Yoga Tailala/Gara Karana Dvadashti/Trayodashyam Titau		Sun 12		Sutra 312	
Routine Work Marana Yoga		984971367		<b>Gulika</b>	9:43AM – 11:05AM	<b>Uttarashadha Until 6:49PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:59AM	Durmukha 5118
Until 6:49PM				<b>Yama</b>	6:59AM – 8:21AM	Vyati-pata* Until 10:31AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:55PM	Moon 2 - Phase 43
Then Creative Work - Siddha Yoga				<b>Rahu</b>	1:49PM – 3:11PM	Gara Until 10:05PM	<b>Nataraja:</b> White		2nd Phase
						Dvadashti* Until 9:48AM	Moon – Light Blue		<b>Bhuloka Day</b>
						<i>Pradosha Vrata (Fasting)</i>	<b>Magha-Masi</b>		Devaloka Time: 12:PM to 3:PM

<b>5</b>		<b>Friday, February 24, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Des Moines, IA	
Makara Rasi: 15.54		Tihti 28 – 29		Shravana*/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 13		Sutra 313	
Routine Work Marana Yoga		994971367		<b>Gulika</b>	8:20AM – 9:42AM	<b>Shravana Until 7:41PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:58AM	Durmukha 5118
Until 7:41PM				<b>Yama</b>	3:12PM – 4:34PM	Variyan Until 9:38AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:57PM	Moon 2 - Phase 43
Then Creative Work - Siddha Yoga				<b>Rahu</b>	11:05AM – 12:27PM	Visti Until 10:07PM	<b>Nataraja:</b> White		2nd Phase
						Trayodashi* Until 10:10AM	Moon – Purple		<b>Bhuloka Day</b>
							<b>Magha-Masi</b>		Devaloka Time: 12:PM to 3:PM

<b>●</b>		<b>Saturday, February 25, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Des Moines, IA	
<b>Retreat Star</b>		Dhanishtha Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 14		Sutra 314	
Makara Rasi: 28.59		Tihti 29 – 30		994971367		<b>Gulika</b>	6:56AM – 8:19AM	<b>Dhanishtha Until 7:46PM</b>	<b>Ganesha:</b> Blue
Creative Work Siddha Yoga				<b>Yama</b>	1:50PM – 3:12PM	Parigha* Until 8:15AM	<b>Muruga:</b> Yellow	<i>Sunrise:</i> 6:56AM	Durmukha 5118
Until 7:46PM				<b>Rahu</b>	9:42AM – 11:04AM	Catuspada Until 9:31PM	<b>Nataraja:</b> White	<i>Sunset:</i> 5:58PM	Moon 2 - Phase 43
Then Creative Work - Amrita Yoga						Chaturdashi* Until 9:53AM	Moon – Purple		Amavasya
							<b>Magha-Masi</b>		<b>Bhuloka Day</b>
									Devaloka Time: 12:PM to 3:PM

<b>●</b>		<b>Sunday, February 26, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Des Moines, IA	
<b>Retreat Star</b>		Shatabhishak Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 15		Sutra 315	
Kumbha Rasi: 12.25		Tihti 30 – 1		994971367		<b>Gulika</b>	3:13PM – 4:36PM	<b>Shatabhishak Until 7:09PM</b>	<b>Ganesha:</b> Blue
Creative Work Siddha Yoga				<b>Yama</b>	12:27PM – 1:50PM	Shiva Until 6:25AM	<b>Muruga:</b> Yellow	<i>Sunrise:</i> 6:55AM	Durmukha 5118
				<b>Rahu</b>	4:36PM – 5:59PM	Kintughna Until 8:22PM	<b>Nataraja:</b> White	<i>Sunset:</i> 5:59PM	Moon 2 - Phase 43
						Amavasya* Until 8:59AM	Moon – Purple		Prathama
							<b>Phalguna-Masi</b>		<b>Bhuloka Day</b>
									Devaloka Time: 12:PM to 3:PM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>1</b>		<b>Monday, February 27, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Des Moines, IA	
Kumbha Rasi: 26.08 Tithi 1 – 2		Purvaprosarthapada* Nakshatra Sadya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 16 Sutra 316		Durumukha 5118			
<b>Family Home Evening</b>		<b>Gulika</b> 1:50PM – 3:13PM	<b>Purvaprosarthapada* Until 6:23PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:53AM				
Routine Work Marana Yoga		Yama 11:03AM – 12:27PM	Sadya Until 1:34AM Tue	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:00PM	Moon 2 - Phase 44			
Until 6:23PM		<b>Rahu</b> 8:17AM – 9:40AM	Balava Until 6:45PM	<b>Nataraja:</b> White			Moon – Clear		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Prathama* Until 7:35AM</b>		<b>Phalguna-Masi</b>					

<b>2</b>		<b>Tuesday, February 28, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam		Des Moines, IA	
Meena Rasi: 10.06 Tithi 3		Uttaraprosarthapada/Revati Nakshatra Subha Yoga Tailila/Gara Karana Tritiyayam Titau		Sun 17 Sutra 317		Durumukha 5118			
Creative Work Amrita Yoga		<b>Gulika</b> 12:27PM – 1:50PM	<b>Uttaraprosarthapada Until 5:09PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:52AM				
Until 5:09PM		Yama 9:39AM – 11:03AM	Subha Until 10:45PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:01PM	Moon 2 - Phase 44			
Then Creative Work - Siddha Yoga		<b>Rahu</b> 3:14PM – 4:38PM	Tailila Until 4:48PM	<b>Nataraja:</b> White			Moon – Clear		<b>Devaloka Day</b>
		<b>Tritiya Until 3:43AM Wed</b>		<b>Phalguna-Masi</b>					

<b>3</b>		<b>Wednesday, March 1, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam		Des Moines, IA	
Meena Rasi: 24.15 Tithi 4		Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visiti* Karana Chaturthyam Titau		Sun 18 Sutra 318		Durumukha 5118			
Routine Work Marana Yoga		<b>Gulika</b> 11:02AM – 12:26PM	<b>Revati Until 3:32PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:49AM				
		Yama 8:13AM – 9:37AM	Sukla Until 7:45PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 44			
		<b>Rahu</b> 12:26PM – 1:51PM	Vanija Until 2:38PM	<b>Nataraja:</b> White			Moon – Clear		<b>Sivaloka Day</b>
		<b>Chaturthi* Until 1:29AM Thu</b>		<b>Phalguna-Masi</b>					
		<b>Subramuniyaswami Siva Vision Day</b>							

<b>4</b>		<b>Thursday, March 2, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam		Des Moines, IA	
Mesha Rasi: 8.3 Tithi 5		Ashvini/Bharani Nakshatra Brahma/Indra Yoga Bava/Balava Karana Panchamyam Titau		Sun 19 Sutra 319		Durumukha 5118			
Creative Work Amrita Yoga		<b>Gulika</b> 9:37AM – 11:01AM	<b>Ashvini Until 2:06PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:47AM				
Until 2:06PM		Yama 6:47AM – 8:12AM	Brahma Until 4:42PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 44			
Then Creative Work - Siddha Yoga		<b>Rahu</b> 1:51PM – 3:15PM	Bava Until 12:21PM	<b>Nataraja:</b> White			Moon – White		<b>Devaloka Day</b>
		<b>Panchami Until 11:10PM</b>		<b>Phalguna-Masi</b>					

<b>5</b>		<b>Friday, March 3, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam		Des Moines, IA	
Mesha Rasi: 22.47 Tithi 6		Bharani/Krittika Nakshatra Indra/Vaidhriti* Yoga Kaulava/Tailila Karana Shashthyam Titau		Sun 20 Sutra 320		Durumukha 5118			
Creative Work Siddha Yoga		<b>Gulika</b> 8:11AM – 9:36AM	<b>Bharani Until 12:30PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:46AM				
		Yama 3:16PM – 4:41PM	Indra Until 1:39PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:06PM	Moon 2 - Phase 44			
		<b>Rahu</b> 11:01AM – 12:26PM	Kaulava Until 10:02AM	<b>Nataraja:</b> White			Moon – White		<b>Devaloka Day</b>
		<b>Shashthi* Until 8:52PM</b>		<b>Phalguna-Masi</b>					

<b>6</b>		<b>Saturday, March 4, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam		Des Moines, IA	
Vrisabha Rasi: 7.02 Tithi 7		Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau		Sun 21 Sutra 321		Durumukha 5118			
Creative Work Amrita Yoga		<b>Gulika</b> 6:44AM – 8:09AM	<b>Krittika Until 10:50AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:44AM				
		Yama 1:51PM – 3:16PM	Vaidhriti* Until 10:37AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 44			
		<b>Rahu</b> 9:35AM – 11:00AM	Gara Until 7:46AM	<b>Nataraja:</b> White			Moon – White		<b>Devaloka Day</b>
		<b>Saptami Until 6:39PM</b>		<b>Phalguna-Masi</b>					

<b>Retreat Star</b>		<b>Sunday, March 5, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Des Moines, IA	
Vrisabha Rasi: 21.14 Tithi 8 – 9		Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22 Sutra 322		Durumukha 5118			
Creative Work Siddha Yoga		<b>Gulika</b> 3:17PM – 4:43PM	<b>Rohini Until 9:32AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:42AM				
		Yama 12:25PM – 1:51PM	Vishkambha* Until 7:42AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:08PM	Moon 2 - Phase 44			
		<b>Rahu</b> 4:43PM – 6:08PM	Balava Until 3:35AM Mon	<b>Nataraja:</b> White			Moon – Yellow		<b>Sivaloka Day</b>
		<b>Ashtami* Until 4:33PM</b>		<b>Phalguna-Masi</b>					

<b>Retreat Star</b>		<b>Monday, March 6, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Des Moines, IA	
Mithuna Rasi: 5.2 Tithi 9 – 10		Mrigashira/Ardra Nakshatra Ayushman Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau		Sun 23 Sutra 323		Durumukha 5118			
Family Home Evening		<b>Gulika</b> 1:51PM – 3:17PM	<b>Mrigashira Until 8:16AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:41AM				
Creative Work Amrita Yoga		Yama 10:59AM – 12:25PM	Ayushman Until 2:15AM Tue	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:09PM	Moon 2 - Phase 44			
Until 8:16AM		<b>Rahu</b> 8:07AM – 9:33AM	Tailila Until 1:45AM Tue	<b>Nataraja:</b> White			Moon – Yellow		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Navami* Until 2:38PM</b>		<b>Phalguna-Masi</b>					


That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Tuesday, March 7, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam		Des Moines, IA	
Mithuna Rasi: 19.18		Titithi 10 – 11		Ardra/Punarvasu Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24		Sutra 324	
Routine Work		Marana Yoga		Gulika 12:25PM – 1:51PM		Ardra Until 7:02AM		Ganesha: White Sunrise: 6:39AM	
Until 7:02AM		135971367		Yama 9:32AM – 10:58AM		Saubhagya Until 11:47PM		Durmukha 5118	
Then Creative Work - Siddha Yoga		Rahu 3:18PM – 4:44PM		Vanija Until 12:09AM Wed		Nataraja: White		Moon 2 - Phase 45	
				Dashami Until 12:54PM		Moon – Yellow		Sivaloka Day	
						Phalguna-Masi			

<b>2</b>		<b>Wednesday, March 8, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam		Des Moines, IA	
Kataka Rasi: 3.08		Titithi 11 – 12		Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25		Sutra 325	
Creative Work		Siddha Yoga		Gulika 10:58AM – 12:25PM		Punarvasu Until 6:20AM		Ganesha: Clear Sunrise: 6:38AM	
145971367		Rahu 12:25PM – 1:51PM		Sobhana Until 9:32PM		Muruga: Yellow Sunset: 6:12PM		Moon 2 - Phase 45	
				Bava Until 10:48PM		Nataraja: White		4th Phase	
				Ekadashi Until 11:25AM		Moon – Blue		Devaloka Day	
						Phalguna-Masi			

<b>3</b>		<b>Thursday, March 9, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam		Des Moines, IA	
Kataka Rasi: 16.48		Titithi 12 – 13		Ashlesha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26		Sutra 326	
Creative Work		Siddha Yoga		Gulika 9:30AM – 10:57AM		Ashlesha* Until 5:20AM Fri		Ganesha: Clear Sunrise: 6:36AM	
Until 5:20AM Fri		145971367		Yama 6:36AM – 8:03AM		Athiganda* Until 7:30PM		Muruga: Yellow Sunset: 6:13PM	
Then Routine Work - Marana Yoga		Rahu 1:52PM – 3:19PM		Kaulava Until 9:46PM		Nataraja: White		Moon 2 - Phase 45	
				Dvadashi Until 10:13AM		Moon – Blue		4th Phase	
				Pradosha Vrata		Phalguna-Masi		Devaloka Day	

<b>4</b>		<b>Friday, March 10, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam		Des Moines, IA	
Simha Rasi: 0.17		Titithi 13 – 14		Magha* Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 327	
Routine Work		Marana Yoga		Gulika 8:02AM – 9:29AM		Magha* Until 5:36AM Sat		Ganesha: Purple Sunrise: 6:34AM	
Until 5:36AM Sat		155971367		Yama 3:19PM – 4:47PM		Sukarma Until 5:47PM		Muruga: Yellow Sunset: 6:14PM	
Then Creative Work - Siddha Yoga		Rahu 10:57AM – 12:24PM		Gara Until 9:06PM		Nataraja: White		Moon 2 - Phase 45	
				Trayodashi Until 9:22AM		Moon – Red		4th Phase	
				Chidambaram Abhishekam		Phalguna-Masi		Sivaloka Day	

		<b>Saturday, March 11, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam		Des Moines, IA	
Simha Rasi: 13.32		Titithi 14 – 15		Purvaphalguni Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 28		Sutra 328	
Creative Work		Siddha Yoga		Gulika 6:33AM – 8:00AM		Purvaphalguni Until 6:09AM Sun		Ganesha: Clear Sunrise: 6:33AM	
Until 6:09AM Sun		156971367		Yama 1:52PM – 3:20PM		Dhriti Until 4:24PM		Muruga: Yellow Sunset: 6:15PM	
Then Creative Work - Amrita Yoga		Rahu 9:28AM – 10:56AM		Visti Until 8:51PM		Nataraja: White		Moon 2 - Phase 45	
				Chaturdashi* Until 8:54AM		Moon – Red		Purnima	
				Holi		Phalguna-Masi		Devaloka Day	

<b>5</b>		<b>Sunday, March 12, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Des Moines, IA	
Simha Rasi: 26.34		Titithi 15 – 16		Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 29		Sutra 329	
Creative Work		Siddha Yoga		Gulika 3:20PM – 4:48PM		Purvaphalguni Until 6:09AM		Ganesha: Clear Sunrise: 6:31AM	
Until 6:09AM		156971367		Yama 12:24PM – 1:52PM		Shula* Until 3:21PM		Muruga: Yellow Sunset: 6:16PM	
Then Creative Work - Amrita Yoga		Rahu 4:48PM – 6:16PM		Balava Until 9:05PM		Nataraja: White		Moon 2 - Phase 45	
				Purnima* Until 8:53AM		Moon – Red		Prathama	
						Phalguna-Masi		Devaloka Day	



Monday, March 13, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ganda\*/Vridhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Des Moines, IA

Sutra 330

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 9.22 Tihi 16 - 17

Family Home Evening

Creative Work Siddha Yoga

156171367

Gulika 1:52PM - 3:20PM

Yama 10:55AM - 12:23PM

Rahu 7:58AM - 9:26AM

Uttaraphalguni Until 7:01AM

Ganda\* Until 2:42PM

Taitila Until 9:49PM

Prathama\* Until 9:22AM

Ganesha: Clear

Muruga: Yellow

Nataraja: White

Moon - Red

Phalguna-Masi

Sunrise: 6:29AM

Sunset: 6:17PM

Devaloka Day

Tuesday, March 14, 2017

1

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Des Moines, IA

Sun 1 Sutra 331

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 21.56 Tihi 17 - 18

Creative Work Siddha Yoga

166171368

Gulika 12:23PM - 1:52PM

Yama 9:25AM - 10:54AM

Rahu 3:21PM - 4:50PM

Hasta Until 8:41AM

Vridhi Until 2:27PM

Vanija Until 11:03PM

Dvitiya Until 10:21AM

Ganesha: Purple

Muruga: Yellow

Nataraja: Clear

Moon - Green

Phalguna-Panguni

Sunrise: 6:28AM

Sunset: 6:18PM

Devaloka Day

Wednesday, March 15, 2017

2

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Chitra/Svati Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Des Moines, IA

Sun 2 Sutra 332

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Tula Rasi: 4.16 Tihi 18 - 19

Creative Work Siddha Yoga

166171368

Gulika 10:54AM - 12:23PM

Yama 7:55AM - 9:24AM

Rahu 12:23PM - 1:52PM

Chitra Until 10:40AM

Dhruva Until 2:33PM

Bava Until 12:44AM Thu

Tritiya Until 11:49AM

Ganesha: Purple

Muruga: Yellow

Nataraja: Clear

Moon - Green

Phalguna-Panguni

Sunrise: 6:26AM

Sunset: 6:20PM

Devaloka Day

Thursday, March 16, 2017

3

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati/Vishakha Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA

Sun 3 Sutra 333

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Tula Rasi: 16.26 Tihi 19 - 20

Creative Work Amrita Yoga

Until 12:54PM

Then Creative Work - Siddha Yoga

166171368

Gulika 9:23AM - 10:53AM

Yama 6:24AM - 7:54AM

Rahu 1:52PM - 3:22PM

Svati Until 12:54PM

Vyaghata\* Until 2:58PM

Kaulava Until 2:48AM Fri

Chaturthi\* Until 1:42PM

Ganesha: Purple

Muruga: Yellow

Nataraja: Clear

Moon - Green

Phalguna-Panguni

Sunrise: 6:24AM

Sunset: 6:21PM

Devaloka Day

Friday, March 17, 2017

4

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Des Moines, IA

Sun 4 Sutra 334

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Tula Rasi: 28.28 Tihi 20 - 21

Creative Work Siddha Yoga

176171368

Gulika 7:53AM - 9:22AM

Yama 3:22PM - 4:52PM

Rahu 10:52AM - 12:22PM

Vishakha Until 3:46PM

Harshana Until 3:39PM

Gara Until 5:08AM Sat

Panchami Until 3:56PM

Ganesha: Clear

Muruga: Yellow

Nataraja: Clear

Moon - Orange

Phalguna-Panguni

Sunrise: 6:23AM

Sunset: 6:22PM

Sivaloka Day

Saturday, March 18, 2017

5

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha Nakshatra Vajra\*/Siddhi Yoga Vanija Karana Shashthyam Titau

Des Moines, IA

Sun 5 Sutra 335

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 10.23 Tihi 21

Creative Work Siddha Yoga

177171368

Gulika 6:21AM - 7:51AM

Yama 1:52PM - 3:22PM

Rahu 9:21AM - 10:52AM

Anuradha Until 6:39PM

Vajra\* Until 4:27PM

Vanija Until 6:20PM

Shashthi\* Until 6:20PM

Ganesha: Purple

Muruga: Yellow

Nataraja: Clear

Moon - Orange

Phalguna-Panguni

Sunrise: 6:21AM

Sunset: 6:23PM

Subha Sivaloka Day

Sunday, March 19, 2017

6

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Visti\*/Bava Karana Saptamyam Titau

Des Moines, IA

Sun 6 Sutra 336

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 22.17 Tihi 22

Routine Work Marana Yoga

Until 9:22PM

Then Creative Work - Amrita Yoga

177171368

Gulika 3:23PM - 4:53PM

Yama 12:22PM - 1:52PM

Rahu 4:53PM - 6:24PM

Jyeshtha\* Until 9:22PM

Siddhi Until 5:16PM

Visti Until 7:34AM

Saptami Until 8:44PM

Ganesha: Purple

Muruga: Yellow

Nataraja: Clear

Moon - Orange

Phalguna-Panguni

Sunrise: 6:19AM

Sunset: 6:24PM

Subha Sivaloka Day

Monday, March 20, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\*/Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Des Moines, IA

Sun 7 Sutra 337

Durmukha 5118

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 4.12 Tihi 23

Family Home Evening

Creative Work Siddha Yoga

187171368

Gulika 1:52PM - 3:23PM

Yama 10:50AM - 12:21PM

Rahu 7:49AM - 9:19AM

Mula\* Until 12:14AM Tue

Vyatipata\* Until 6:00PM

Balava Until 9:54AM

Ashtami\* Until 10:57PM

Ganesha: Clear

Muruga: Yellow

Nataraja: Clear

Moon - Light Blue

Phalguna-Panguni

Sunrise: 6:18AM

Sunset: 6:25PM

Sivaloka Day

Tuesday, March 21, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Varyan Yoga Taitila/Gara Karana Navamyam Titau

Des Moines, IA

Sun 8 Sutra 338

Durmukha 5118

Moon 3 - Phase 46

Navami

Dhanus Rasi: 16.13 Tihi 24

Creative Work Siddha Yoga

Until 2:32AM Wed

Then Creative Work - Amrita Yoga

187171368

Gulika 12:21PM - 1:52PM

Yama 9:18AM - 10:50AM

Rahu 3:24PM - 4:55PM

Purvashadha\* Until 2:32AM Wed

Varyan Until 6:24PM

Taitila Until 11:56AM

Navami\* Until 12:45AM Wed

Ganesha: Clear

Muruga: Yellow

Nataraja: Clear

Moon - Light Blue

Phalguna-Panguni

Sunrise: 6:16AM

Sunset: 6:26PM

Sivaloka Day

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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<b>1</b>		<b>Wednesday, March 22, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam		Des Moines, IA	
Dhanus Rasi: 28.26		Gulika 10:49AM – 12:21PM		Uttarashadha Until 4:06AM Thu		Ganesh: Clear		Sun 9 Sutra 339	
Tihti 25		Yama 7:46AM – 9:17AM		Parigha* Until 6:25PM		Sunrise: 6:14AM		Durumukha 5118	
187171368		Rahu 12:21PM – 1:52PM		Vanija Until 1:28PM		Muruga: Yellow		Moon 3 - Phase 47	
Creative Work Amrita Yoga				Dashami Until 1:57AM Thu		Sunset: 6:27PM		2nd Phase	
Until 4:06AM Thu						Nataraja: Clear		Sivaloka Day	
Then Creative Work - Siddha Yoga						Moon – Light Blue		Phalguna•Panguni	

<b>2</b>		<b>Thursday, March 23, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam		Des Moines, IA	
Makara Rasi: 10.55		Gulika 9:16AM – 10:48AM		Shravana Until 5:15AM Fri		Ganesh: White		Sun 10 Sutra 340	
Tihti 26		Yama 6:13AM – 7:45AM		Shiva Until 5:54PM		Sunrise: 6:13AM		Durumukha 5118	
197171368		Rahu 1:52PM – 3:24PM		Bava Until 2:19PM		Muruga: Yellow		Moon 3 - Phase 47	
Creative Work Siddha Yoga				Ekadashi* Until 2:26AM Fri		Sunset: 6:28PM		2nd Phase	
						Nataraja: Clear		Subha Sivaloka Day	
						Moon – Purple		Phalguna•Panguni	

<b>3</b>		<b>Friday, March 24, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam		Des Moines, IA	
Makara Rasi: 23.44		Gulika 7:43AM – 9:15AM		Dhanishtha Until 5:29AM Sat		Ganesh: White		Sun 11 Sutra 341	
Tihti 27		Yama 3:25PM – 4:57PM		Siddha Until 4:45PM		Sunrise: 6:11AM		Durumukha 5118	
197171368		Rahu 10:48AM – 12:20PM		Kaulava Until 2:23PM		Muruga: Yellow		Moon 3 - Phase 47	
Creative Work Siddha Yoga				Dvadashi* Until 2:06AM Sat		Sunset: 6:29PM		2nd Phase	
Until 5:29AM Sat						Nataraja: Clear		Subha Sivaloka Day	
Then Creative Work - Amrita Yoga						Moon – Purple		Phalguna•Panguni	

<b>4</b>		<b>Saturday, March 25, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam		Des Moines, IA	
Kumbha Rasi: 6.56		Gulika 6:09AM – 7:42AM		Shatabhishak Until 4:49AM Sun		Ganesh: Clear		Sun 12 Sutra 342	
Tihti 28		Yama 1:53PM – 3:25PM		Sadhya Until 3:00PM		Sunrise: 6:09AM		Durumukha 5118	
198171368		Rahu 9:14AM – 10:47AM		Gara Until 1:40PM		Muruga: Yellow		Moon 3 - Phase 47	
Creative Work Amrita Yoga				Trayodashi* Until 1:01AM Sun		Sunset: 6:31PM		2nd Phase	
Until 4:49AM Sun				Pradosha Vrata (Fasting)		Nataraja: Clear		Sivaloka Day	
Then Creative Work - Siddha Yoga						Moon – Purple		Phalguna•Panguni	

<b>5</b>		<b>Sunday, March 26, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam		Des Moines, IA	
Kumbha Rasi: 20.35		Gulika 3:26PM – 4:59PM		Purvaproshtapada* Until 3:48AM Mon		Ganesh: White		Sun 13 Sutra 343	
Tihti 29		Yama 12:20PM – 1:53PM		Subha Until 12:41PM		Sunrise: 6:07AM		Durumukha 5118	
118171368		Rahu 4:59PM – 6:32PM		Visti Until 12:14PM		Muruga: Yellow		Moon 3 - Phase 47	
Creative Work Siddha Yoga				Chaturdashi* Until 11:15PM		Sunset: 6:32PM		2nd Phase	
						Nataraja: Clear		Devaloka Day	
						Moon – Clear		Phalguna•Panguni	

<b>Monday, March 27, 2017</b>		<b>Retreat Star</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam		Des Moines, IA	
Meena Rasi: 4.37		Gulika 1:53PM – 3:26PM		Uttaraproshtapada Until 2:08AM Tue		Ganesh: White		Sun 14 Sutra 344	
Tihti 30		Yama 10:46AM – 12:19PM		Sukla Until 9:51AM		Sunrise: 6:06AM		Durumukha 5118	
118171368		Rahu 7:39AM – 9:12AM		Catuspada Until 10:10AM		Muruga: Yellow		Moon 3 - Phase 47	
Creative Work Siddha Yoga				Amavasya* Until 8:56PM		Sunset: 6:33PM		Amavasya	
						Nataraja: Clear		Devaloka Day	
						Moon – Clear		Phalguna•Panguni	

<b>Tuesday, March 28, 2017</b>		<b>Retreat Star</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Des Moines, IA	
Meena Rasi: 18.59		Gulika 12:19PM – 1:53PM		Revati Until 11:57PM		Ganesh: White		Sun 15 Sutra 345	
Tihti 1		Yama 9:12AM – 10:45AM		Brahma Until 6:39AM		Sunrise: 6:04AM		Durumukha 5118	
118171368		Rahu 3:26PM – 5:00PM		Kintughna Until 7:38AM		Muruga: Yellow		Moon 3 - Phase 47	
Creative Work Siddha Yoga				Prathama* Until 6:13PM		Sunset: 6:34PM		Prathama	
		Yugadhi				Nataraja: Clear		Devaloka Day	
						Moon – Clear		Chaitra•Panguni	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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<b>1</b>		<b>Wednesday, March 29, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam		Des Moines, IA	
Mesha Rasi: 4		Tithi 2 - 3		Ashvini Until 9:51PM		Ganesh: Green		Sunrise: 6:02AM	
Routine Work		Marana Yoga		Vaidhriti* Until 11:33PM		Muruga: Yellow		Sunset: 6:35PM	
Until 9:51PM		128171368 Rahu		Taitila Until 1:44AM Thu		Nataraja: Clear		Moon 3 - Phase 48	
Then Creative Work - Siddha Yoga		Chellappaswami Mahasamadhi		Dvitiya Until 3:15PM		Moon - White		Devaloka Day	
						Chaitra-Panguni			

<b>2</b>		<b>Thursday, March 30, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam		Des Moines, IA	
Mesha Rasi: 18.2		Tithi 3 - 4		Bharani Until 7:33PM		Ganesh: Green		Sunrise: 6:01AM	
Creative Work		Siddha Yoga		Vishkambha* Until 7:54PM		Muruga: Yellow		Sunset: 6:36PM	
Until 7:33PM		128171368 Rahu		Vanija Until 10:41PM		Nataraja: Clear		Moon 3 - Phase 48	
Then Routine Work - Marana Yoga				Tritiya Until 12:11PM		Moon - White		Devaloka Day	
						Chaitra-Panguni			

<b>3</b>		<b>Friday, March 31, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam		Des Moines, IA	
Vrisabha Rasi: 3.03		Tithi 4 - 5		Krittika Until 5:13PM		Ganesh: Orange		Sunrise: 5:59AM	
Creative Work		Siddha Yoga		Priti Until 4:20PM		Muruga: Yellow		Sunset: 6:37PM	
Until 5:13PM		129171368 Rahu		Bava Until 7:45PM		Nataraja: Clear		Moon 3 - Phase 48	
Then Routine Work - Marana Yoga				Chaturthi* Until 9:11AM		Moon - White		Sivaloka Day	
						Chaitra-Panguni			

<b>4</b>		<b>Saturday, April 1, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam		Des Moines, IA	
Vrisabha Rasi: 17.4		Tithi 5 - 6		Rohini Until 3:23PM		Ganesh: Green		Sunrise: 5:59AM	
Creative Work		Amrita Yoga		Ayushman Until 12:56PM		Muruga: Yellow		Sunset: 6:37PM	
Until 3:23PM		139171368 Rahu		Taitila Until 3:48AM Sun		Nataraja: Clear		Moon 3 - Phase 48	
Then Creative Work - Siddha Yoga				Panchami Until 6:21AM		Moon - Yellow		Subha Sivaloka Day	
						Chaitra-Panguni			

<b>5</b>		<b>Sunday, April 2, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam		Des Moines, IA	
Mithuna Rasi: 2.04		Tithi 7		Mrigashira Until 1:45PM		Ganesh: Green		Sunrise: 5:57AM	
Creative Work		Siddha Yoga		Saubhagya Until 9:48AM		Muruga: Yellow		Sunset: 6:38PM	
Until 5:13PM		139171368 Rahu		Gara Until 2:41PM		Nataraja: Clear		Moon 3 - Phase 48	
Then Creative Work - Amrita Yoga				Saptami Until 1:38AM Mon		Moon - Yellow		Subha Sivaloka Day	
						Chaitra-Panguni			

<b>Monday, April 3, 2017</b>		<b>Retreat Star</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam		Des Moines, IA	
Mithuna Rasi: 16.12		Tithi 8		Ardra Until 12:22PM		Ganesh: Green		Sunrise: 5:56AM	
Family Home Evening		139171368 Rahu		Sobhana Until 7:00AM		Muruga: Yellow		Sunset: 6:39PM	
Creative Work		Siddha Yoga		Visti Until 12:43PM		Nataraja: Clear		Moon 3 - Phase 48	
Until 12:22PM				Ashtami* Until 11:53PM		Moon - Yellow		Subha Sivaloka Day	
Then Creative Work - Amrita Yoga						Chaitra-Panguni			

<b>Tuesday, April 4, 2017</b>		<b>Retreat Star</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Des Moines, IA	
Kataka Rasi: 0.04		Tithi 9		Punarvasu Until 11:43AM		Ganesh: Red		Sunrise: 5:54AM	
Creative Work		Siddha Yoga		Sukarma Until 2:28AM Wed		Muruga: Yellow		Sunset: 6:40PM	
Until 12:22PM		149171368 Rahu		Balava Until 11:13AM		Nataraja: Clear		Moon 3 - Phase 48	
Then Creative Work - Amrita Yoga				Navami* Until 10:37PM		Moon - Blue		Sivaloka Day	
		Sri Rama Navami				Chaitra-Panguni			

<b>1</b>		<b>Wednesday, April 5, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam		Des Moines, IA	
Kataka Rasi: 13.38		Pushya/Ashlesha* Nakshatra Dhriti Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23		Sutra 353		Durumukha 5118	
Tihti 10		<b>Gulika</b> 10:41AM - 12:17PM	<b>Pushya</b> Until 11:23AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:52AM			Moon 3 - Phase 49	
149171368		Yama 7:28AM - 9:05AM	Dhriti Until 12:47AM Thu	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:41PM			4th Phase	
Creative Work Siddha Yoga		<b>Rahu</b> 12:17PM - 1:53PM	Taitila Until 10:10AM	<b>Nataraja:</b> Clear			<b>Sivaloka Day</b>		
		Yogaswami Mahasamadhi	<b>Dashami</b> Until 9:48PM	Moon - Blue			<b>Chaitra-Panguni</b>		

<b>2</b>		<b>Thursday, April 6, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam		Des Moines, IA	
Kataka Rasi: 26.58		Ashlesha*/Magha* Nakshatra Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24		Sutra 354		Durumukha 5118	
Tihti 11		<b>Gulika</b> 9:04AM - 10:40AM	<b>Ashlesha*</b> Until 11:21AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:51AM			Moon 3 - Phase 49	
149271368		Yama 5:51AM - 7:27AM	Shula* Until 11:25PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:42PM			4th Phase	
Creative Work Siddha Yoga		<b>Rahu</b> 1:53PM - 3:29PM	Vanija Until 9:36AM	<b>Nataraja:</b> Clear			<b>Devaloka Day</b>		
Until 11:21AM			<b>Ekadashi</b> Until 9:27PM	Moon - Blue			<b>Chaitra-Panguni</b>		
Then Creative Work - Amrita Yoga									

<b>3</b>		<b>Friday, April 7, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam		Des Moines, IA	
Simha Rasi: 10.03		Magha*/Purvaphalguni Nakshatra Ganda* Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25		Sutra 355		Durumukha 5118	
Tihti 12		<b>Gulika</b> 7:26AM - 9:03AM	<b>Magha*</b> Until 12:04PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:49AM			Moon 3 - Phase 49	
159271368		Yama 3:30PM - 5:07PM	Ganda* Until 10:25PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:43PM			4th Phase	
Routine Work Marana Yoga		<b>Rahu</b> 10:39AM - 12:16PM	Bava Until 9:28AM	<b>Nataraja:</b> Clear			<b>Sivaloka Day</b>		
Until 12:04PM			<b>Dvadashi</b> Until 9:32PM	Moon - Red			<b>Chaitra-Panguni</b>		
Then Creative Work - Siddha Yoga									

<b>4</b>		<b>Saturday, April 8, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam		Des Moines, IA	
Simha Rasi: 22.55		Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26		Sutra 356		Durumukha 5118	
Tihti 13		<b>Gulika</b> 5:47AM - 7:25AM	<b>Purvaphalguni</b> Until 1:02PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:47AM			Moon 3 - Phase 49	
151271368		Yama 1:53PM - 3:30PM	Vriddhi Until 9:46PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:45PM			4th Phase	
Creative Work Siddha Yoga		<b>Rahu</b> 9:02AM - 10:39AM	Kaulava Until 9:45AM	<b>Nataraja:</b> Clear			<b>Sivaloka Day</b>		
Until 1:02PM			<b>Trayodashi</b> Until 10:02PM	Moon - Red			<b>Chaitra-Panguni</b>		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>						

<b>5</b>		<b>Sunday, April 9, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam		Des Moines, IA	
Kanya Rasi: 5.35		Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27		Sutra 357		Durumukha 5118	
Tihti 14		<b>Gulika</b> 3:31PM - 5:08PM	<b>Uttaraphalguni</b> Until 2:14PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:46AM			Moon 3 - Phase 49	
151271368		Yama 12:16PM - 1:53PM	Dhruva Until 9:22PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:46PM			4th Phase	
Creative Work Amrita Yoga		<b>Rahu</b> 5:08PM - 6:46PM	Gara Until 10:27AM	<b>Nataraja:</b> Clear			<b>Sivaloka Day</b>		
			<b>Chaturdashi*</b> Until 10:55PM	Moon - Red			<b>Chaitra-Panguni</b>		

<b>Monday, April 10, 2017</b>		<b>Copper Retreat Star</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam		Des Moines, IA	
Kanya Rasi: 18.05		Hasta/Chitra Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28		Sutra 358		Durumukha 5118	
Tihti 15		<b>Gulika</b> 1:53PM - 3:31PM	<b>Hasta</b> Until 4:08PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:44AM			Moon 3 - Phase 49	
161271368		Yama 10:38AM - 12:15PM	Vyaghata* Until 9:17PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:47PM			Purnima	
Family Home Evening		<b>Rahu</b> 7:22AM - 9:00AM	Visti Until 11:31AM	<b>Nataraja:</b> Clear			<b>Devaloka Day</b>		
Creative Work Siddha Yoga			<b>Purnima*</b> Until 12:10AM Tue	Moon - Green			<b>Chaitra-Panguni</b>		
Until 4:08PM									
Then Routine Work - Prabalarishta Yoga		<b>Panguni Uttiram</b>							
		<b>Hanuman Jayanti</b>							

<b>Tuesday, April 11, 2017</b>		<b>Silver Retreat Star</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam		Des Moines, IA	
Tula Rasi: 0.26		Chitra Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29		Sutra 359		Durumukha 5118	
Tihti 16		<b>Gulika</b> 12:15PM - 1:53PM	<b>Chitra</b> Until 6:12PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:42AM			Moon 3 - Phase 49	
161271368		Yama 8:59AM - 10:37AM	Harshana Until 9:30PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:48PM			Prathama	
Creative Work Siddha Yoga		<b>Rahu</b> 3:31PM - 5:10PM	Balava Until 12:57PM	<b>Nataraja:</b> Clear			<b>Devaloka Day</b>		
			<b>Prathama*</b> Until 1:47AM Wed	Moon - Green			<b>Chaitra-Panguni</b>		

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time

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Wednesday, April 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Svati Nakshatra Vajra\* Yoga Tailila/Gara Karana Dvitiyayam Titau

Des Moines, IA  
Sun 1 Sutra 360

Durmukha 5118

Moon 4 - Phase 50  
1st Phase

Tula Rasi: 12.38 Tihti 17

Gulika 10:36AM - 12:15PM  
Yama 7:19AM - 8:58AM  
Rahu 12:15PM - 1:53PM

Svati Until 8:25PM  
Vajra\* Until 9:55PM  
Tailila Until 2:44PM

Ganesha: Blue Sunrise: 5:41AM  
Muruga: Yellow Sunset: 6:49PM  
Nataraja: Clear  
Moon - Green

Devaloka Day

Creative Work Siddha Yoga

Chaitra-Panguni

Thursday, April 13, 2017

1

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Vishakha Nakshatra Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Des Moines, IA  
Sun 2 Sutra 361

Hemalamba 5119

Moon 4 - Phase 50  
1st Phase

Tula Rasi: 24.43 Tihti 18

Gulika 8:57AM - 10:36AM  
Yama 5:39AM - 7:18AM  
Rahu 1:53PM - 3:32PM

Vishakha Until 11:14PM  
Siddhi Until 10:34PM  
Vanija Until 4:47PM

Ganesha: Red Sunrise: 5:39AM  
Muruga: Yellow Sunset: 6:50PM  
Nataraja: Clear  
Moon - Orange

Sivaloka Day

Creative Work Siddha Yoga

Chaitra-Chaitra

Tamil New Year

Tritiya Until 5:53AM Fri

Friday, April 14, 2017

2

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Anuradha Nakshatra Vyalipata\* Yoga Bava Karana Chaturthyam Titau

Des Moines, IA  
Sun 3 Sutra 362

Hemalamba 5119

Moon 4 - Phase 50  
1st Phase

Vrischika Rasi: 6.41 Tihti 19

Gulika 7:17AM - 8:56AM  
Yama 3:33PM - 5:12PM  
Rahu 10:35AM - 12:14PM

Anuradha Until 2:06AM Sat  
Vyalipata\* Until 11:23PM  
Bava Until 7:04PM

Ganesha: Blue Sunrise: 5:38AM  
Muruga: Yellow Sunset: 6:51PM  
Nataraja: Clear  
Moon - Orange

Devaloka Day

Creative Work Siddha Yoga

Chaitra-Chaitra

Chaturthi\* Until 8:15AM Sat

Saturday, April 15, 2017

3

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Jyeshtha\* Nakshatra Varyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA  
Sun 4 Sutra 363

Hemalamba 5119

Moon 4 - Phase 50  
1st Phase

Vrischika Rasi: 18.35 Tihti 19 - 20

Gulika 5:36AM - 7:16AM  
Yama 1:54PM - 3:33PM  
Rahu 8:55AM - 10:35AM

Jyeshtha\* Until 4:52AM Sun  
Varyan Until 12:15AM Sun  
Kaulava Until 9:30PM

Ganesha: Blue Sunrise: 5:36AM  
Muruga: Yellow Sunset: 6:52PM  
Nataraja: Clear  
Moon - Orange

Devaloka Day

Creative Work Siddha Yoga

Chaitra-Chaitra

Chaturthi\* Until 8:15AM

Until 4:52AM Sun

Then Creative Work - Amrita Yoga

Sunday, April 16, 2017

4

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mula\* Nakshatra Parigha\* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Des Moines, IA  
Sun 5 Sutra 364

Hemalamba 5119

Moon 4 - Phase 50  
1st Phase

Dhanus Rasi: 0.28 Tihti 20 - 21

Gulika 3:34PM - 5:13PM  
Yama 12:14PM - 1:54PM  
Rahu 5:13PM - 6:53PM

Mula\* Until 7:56AM Mon  
Parigha\* Until 1:08AM Mon  
Gara Until 11:54PM

Ganesha: Red Sunrise: 5:35AM  
Muruga: Yellow Sunset: 6:53PM  
Nataraja: Clear  
Moon - Light Blue

Sivaloka Day

Creative Work Amrita Yoga

Chaitra-Chaitra

Panchami Until 10:41AM

Until 7:56AM Mon

Then Routine Work - Marana Yoga

Monday, April 17, 2017

5

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Shiva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Des Moines, IA  
Sun 6 Sutra 1

Hemalamba 5119

Moon 4 - Phase 50  
1st Phase

Dhanus Rasi: 12.22 Tihti 21 - 22

Gulika 1:54PM - 3:34PM  
Yama 10:33AM - 12:14PM  
Rahu 7:13AM - 8:53AM

Mula\* Until 7:56AM  
Shiva Until 1:53AM Tue  
Visti Until 2:07AM Tue

Ganesha: Red Sunrise: 5:33AM  
Muruga: Yellow Sunset: 6:54PM  
Nataraja: Clear  
Moon - Light Blue

Sivaloka Day

Creative Work Siddha Yoga

Chaitra-Chaitra

Shashthi\* Until 1:02PM

Until 7:56AM

Then Routine Work - Marana Yoga

Tuesday, April 18, 2017

6

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Des Moines, IA  
Sun 7 Sutra 2

Hemalamba 5119

Moon 4 - Phase 50  
1st Phase

Dhanus Rasi: 24.2 Tihti 22 - 23

Gulika 12:13PM - 1:54PM  
Yama 8:52AM - 10:33AM  
Rahu 3:34PM - 5:15PM

Purvashadha\* Until 10:36AM  
Siddha Until 2:17AM Wed  
Balava Until 3:57AM Wed

Ganesha: Yellow Sunrise: 5:31AM  
Muruga: Yellow Sunset: 6:55PM  
Nataraja: Clear  
Moon - Light Blue

Sivaloka Day

Creative Work Siddha Yoga

Chaitra-Chaitra

Saptami Until 3:05PM

Until 10:36AM

Then Routine Work - Prabarishtha Yoga

Wednesday, April 19, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sadhya Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Des Moines, IA  
Sun 8 Sutra 3

Hemalamba 5119

Moon 4 - Phase 50  
Ashtami

Makara Rasi: 6.3 Tihti 23 - 24

Gulika 10:32AM - 12:13PM  
Yama 7:11AM - 8:52AM  
Rahu 12:13PM - 1:54PM

Uttarashadha Until 12:38PM  
Sadhya Until 2:15AM Thu  
Tailila Until 5:09AM Thu

Ganesha: Yellow Sunrise: 5:30AM  
Muruga: Yellow Sunset: 6:56PM  
Nataraja: Clear  
Moon - Light Blue

Sivaloka Day

Creative Work Amrita Yoga

Chaitra-Chaitra

Ashtami\* Until 4:37PM

Until 12:38PM

Then Creative Work - Siddha Yoga

Thursday, April 20, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Des Moines, IA  
Sun 9 Sutra 4

Hemalamba 5119

Moon 4 - Phase 50  
Navami

Makara Rasi: 18.55 Tihti 24 - 25

Gulika 8:51AM - 10:32AM  
Yama 5:28AM - 7:09AM  
Rahu 1:54PM - 3:35PM

Shravana Until 2:21PM  
Subha Until 1:39AM Fri  
Vanija Until 5:35AM Fri

Ganesha: White Sunrise: 5:28AM  
Muruga: Yellow Sunset: 6:57PM  
Nataraja: Clear  
Moon - Purple

Devaloka Day

Creative Work Siddha Yoga

Chaitra-Chaitra

Navami\* Until 5:27PM

Chidambaram Abhishekam

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time


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<b>1</b>		<b>Friday, April 21, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Des Moines, IA
Kumbha Rasi: 1.41		Tithi 25 – 26		Dhanishtha/Shatabhishak Nakshatra Sukla Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau		Sun 10		Sutra 5
Creative Work		Siddha Yoga		<b>Gulika</b>	<b>7:08AM – 8:50AM</b>	<b>Dhanishtha Until 3:07PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:27AM
				Yama	3:36PM – 5:17PM	Sukla Until 12:22AM Sat	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:59PM
				292271368 <b>Rahu</b>	<b>10:31AM – 12:13PM</b>	Bava Until 5:09AM Sat	<b>Nataraja:</b> Clear	Moon 4 - Phase 1
						<b>Dashami Until 5:28PM</b>	Moon – Purple	2nd Phase
							<b>Chaitra•Chaitra</b>	<b>Devaloka Day</b>

<b>2</b>		<b>Saturday, April 22, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manla Vasara Yuktayam				Des Moines, IA
Kumbha Rasi: 14.54		Tithi 26 – 27		Shatabhishak/Purvproshthapada* Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 11		Sutra 6
Creative Work		Amdha Yoga		<b>Gulika</b>	<b>5:25AM – 7:07AM</b>	<b>Shatabhishak Until 2:53PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:25AM
Until 2:53PM				Yama	1:54PM – 3:36PM	Brahma Until 10:24PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:00PM
Then Routine Work - Marana Yoga				292271368 <b>Rahu</b>	<b>8:49AM – 10:31AM</b>	Kaulava Until 3:53AM Sun	<b>Nataraja:</b> Clear	Moon 4 - Phase 1
						<b>Ekadashi* Until 4:36PM</b>	Moon – Purple	2nd Phase
							<b>Chaitra•Chaitra</b>	<b>Devaloka Day</b>

<b>3</b>		<b>Sunday, April 23, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Des Moines, IA
Kumbha Rasi: 28.35		Tithi 27 – 28		Purvproshthapada*/Uttarproshthapada Nakshatra Indra Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 12		Sutra 7
Creative Work		Siddha Yoga		<b>Gulika</b>	<b>3:36PM – 5:19PM</b>	<b>Purvproshthapada* Until 2:08PM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 5:24AM
Until 2:08PM				Yama	12:12PM – 1:54PM	Indra Until 7:49PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:01PM
Then Creative Work - Amrita Yoga				212271368 <b>Rahu</b>	<b>5:19PM – 7:01PM</b>	Gara Until 1:50AM Mon	<b>Nataraja:</b> Clear	Moon 4 - Phase 1
						<b>Dvadashi* Until 2:56PM</b>	Moon – Clear	2nd Phase
						<i>Pradosha Vrata (Fasting)</i>	<b>Chaitra•Chaitra</b>	<b>Devaloka Day</b>

<b>4</b>		<b>Monday, April 24, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam				Des Moines, IA
Meena Rasi: 12.44		Tithi 28 – 29		Uttarproshthapada*/Uttarproshthapada Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 13		Sutra 8
<b>Family Home Evening</b>				<b>Gulika</b>	<b>1:55PM – 3:37PM</b>	<b>Uttarproshthapada Until 12:32PM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 5:22AM
Creative Work		Siddha Yoga		Yama	10:30AM – 12:12PM	Vaidhriti* Until 4:39PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:02PM
				212271369 <b>Rahu</b>	<b>7:05AM – 8:47AM</b>	Visti Until 11:09PM	<b>Nataraja:</b> Purple	Moon 4 - Phase 1
						<b>Trayodashi* Until 12:33PM</b>	Moon – Clear	2nd Phase
							<b>Chaitra•Chaitra</b>	<b>Bhuloka Day</b>
								Devaloka Time: 12:PM to 3:PM

		<b>Tuesday, April 25, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam				Des Moines, IA
<b>Retreat Star</b>				Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 14		Sutra 9
Meena Rasi: 27.18		Tithi 29 – 30		<b>Gulika</b>	<b>12:12PM – 1:55PM</b>	<b>Revati Until 10:13AM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 5:21AM
Creative Work		Siddha Yoga		Yama	8:46AM – 10:29AM	Vishkambha* Until 1:03PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:03PM
				212271369 <b>Rahu</b>	<b>3:37PM – 5:20PM</b>	Catuspada Until 7:59PM	<b>Nataraja:</b> Purple	Moon 4 - Phase 1
						<b>Chaturdashi* Until 9:36AM</b>	Moon – Clear	Amavasya
							<b>Chaitra•Chaitra</b>	<b>Bhuloka Day</b>
								Devaloka Time: 12:PM to 3:PM

<b>Retreat Star</b>		<b>Wednesday, April 26, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Des Moines, IA
Mesha Rasi: 12.12		Tithi 30 – 1		Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Sun 15		Sutra 10
Routine Work		Marana Yoga		<b>Gulika</b>	<b>10:29AM – 12:12PM</b>	<b>Ashvini Until 7:47AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:20AM
Until 7:47AM				Yama	7:03AM – 8:46AM	Priti Until 9:09AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:04PM
Then Creative Work - Siddha Yoga				222271369 <b>Rahu</b>	<b>12:12PM – 1:55PM</b>	Bava Until 2:40AM Thu	<b>Nataraja:</b> Purple	Moon 4 - Phase 1
						<b>Amavasya* Until 6:15AM</b>	Moon – White	Prathama
							<b>Vaisaka•Chaitra</b>	<b>Bhuloka Day</b>
								Devaloka Time: 12:PM to 3:PM

<b>1</b>		<b>Thursday, April 27, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam		Des Moines, IA	
Mesha Rasi: 27.17		Tithi 2		Krittika Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 16 Sutra 11	
222271369		<b>Gulika</b> 8:45AM – 10:28AM	<b>Krittika</b> Until 2:03AM Fri	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:18AM	Hemalamba 5119	
Routine Work Marana Yoga		Yama 5:18AM – 7:01AM	Saubhagya Until 12:58AM Fri	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 2	
		<b>Rahu</b> 1:55PM – 3:38PM	Balava Until 12:52PM	<b>Nataraja:</b> Purple		3rd Phase	
			<b>Dvitiya</b> Until 11:02PM	Moon – White		<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>		Devaloka Time: 12:PM to 3:PM	

<b>2</b>		<b>Friday, April 28, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam		Des Moines, IA	
Vrishabha Rasi: 12.23		Tithi 3		Rohini Nakshatra Sobhana Yoga Tailila/Gara Karana Tritiyayam Titau		Sun 17 Sutra 12	
232271369		<b>Gulika</b> 7:00AM – 8:44AM	<b>Rohini</b> Until 11:29PM	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 5:17AM	Hemalamba 5119	
Routine Work Marana Yoga		Yama 3:39PM – 5:22PM	Sobhana Until 8:58PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 2	
Until 11:29PM		<b>Rahu</b> 10:28AM – 12:11PM	Tailila Until 9:16AM	<b>Nataraja:</b> Purple		3rd Phase	
Then Creative Work - Siddha Yoga		<b>Akshaya</b> Tritiya	<b>Tritiya</b> Until 7:30PM	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>		Devaloka Time: 12:PM to 3:PM	

<b>3</b>		<b>Saturday, April 29, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mantra Vasara Yuktayam		Des Moines, IA	
Vrishabha Rasi: 27.22		Tithi 4 – 5		Mrigashira Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 18 Sutra 13	
232271369		<b>Gulika</b> 5:15AM – 6:59AM	<b>Mrigashira</b> Until 9:06PM	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 5:15AM	Hemalamba 5119	
Creative Work Siddha Yoga		Yama 1:55PM – 3:39PM	Athiganda* Until 5:12PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 2	
		<b>Rahu</b> 8:43AM – 10:27AM	Bava Until 2:47AM Sun	<b>Nataraja:</b> Purple		3rd Phase	
			<b>Chaturthi*</b> Until 4:15PM	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>		Devaloka Time: 12:PM to 3:PM	

<b>4</b>		<b>Sunday, April 30, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Des Moines, IA	
Mithuna Rasi: 12.04		Tithi 5 – 6		Ardra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 19 Sutra 14	
232271369		<b>Gulika</b> 3:40PM – 5:24PM	<b>Ardra</b> Until 7:01PM	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 5:14AM	Hemalamba 5119	
Creative Work Siddha Yoga		Yama 12:11PM – 1:55PM	Sukarma Until 1:46PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 2	
		<b>Rahu</b> 5:24PM – 7:08PM	Kaulava Until 12:11AM Mon	<b>Nataraja:</b> Purple		3rd Phase	
		<b>Adi Sankara Jayanthi</b>	<b>Panchami</b> Until 1:24PM	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>		Devaloka Time: 12:PM to 3:PM	

<b>5</b>		<b>Monday, May 1, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam		Des Moines, IA	
Mithuna Rasi: 26.25		Tithi 6 – 7		Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Sun 20 Sutra 15	
242371369		<b>Gulika</b> 1:56PM – 3:41PM	<b>Punarvasu</b> Until 5:46PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:11AM	Hemalamba 5119	
Family Home Evening		Yama 10:26AM – 12:11PM	Dhriti Until 10:48AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 2	
Creative Work Amrita Yoga		<b>Rahu</b> 6:56AM – 8:41AM	Gara Until 10:10PM	<b>Nataraja:</b> Purple		3rd Phase	
Until 5:46PM			<b>Shashthi*</b> Until 11:05AM	Moon – Blue		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Vaisaka-Chaitra</b>			

<b>Retreat Star</b>		<b>Tuesday, May 2, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam		Des Moines, IA	
Kataka Rasi: 10.23		Tithi 7 – 8		Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21 Sutra 16	
243371369		<b>Gulika</b> 12:11PM – 1:56PM	<b>Pushya</b> Until 5:01PM	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 5:10AM	Hemalamba 5119	
Creative Work Siddha Yoga		Yama 8:40AM – 10:26AM	Shula* Until 8:19AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 2	
		<b>Rahu</b> 3:41PM – 5:26PM	Visti Until 8:48PM	<b>Nataraja:</b> Purple		Ashtami	
			<b>Saptami</b> Until 9:23AM	Moon – Blue		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

<b>Retreat Star</b>		<b>Wednesday, May 3, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam		Des Moines, IA	
Kataka Rasi: 23.56		Tithi 8 – 9		Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22 Sutra 17	
243381369		<b>Gulika</b> 10:25AM – 12:11PM	<b>Ashlesha*</b> Until 4:47PM	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 5:09AM	Hemalamba 5119	
Creative Work Siddha Yoga		Yama 6:54AM – 8:40AM	Ganda* Until 6:23AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 2	
		<b>Rahu</b> 12:11PM – 1:56PM	Balava Until 8:06PM	<b>Nataraja:</b> Purple		Navami	
			<b>Ashtami*</b> Until 8:21AM	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>		Devaloka Time: 6:AM to 9:AM	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>1 Thursday, May 4, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Des Moines, IA			
Magha*/Purvaphalguni Nakshatra Dhruva Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau Sun 23 Sutra 18		Hemalamba 5119			
Simha Rasi: 7.07	Tithi 9 – 10	<b>Gulika</b> 8:39AM – 10:25AM	<b>Magha* Until 5:30PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:07AM	
		Yama 5:07AM – 6:53AM	Dhruva Until 4:05AM Fri	<b>Muruga:</b> Blue <i>Sunset:</i> 7:14PM	Moon 4 - Phase 3
		253381369 <b>Rahu</b> 1:56PM – 3:42PM	Taitila Until 8:03PM	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Amrita Yoga		<b>Navami* Until 7:59AM</b>	Moon – Red	<b>Bhuloka Day</b>
Until 5:30PM				<b>Vaisaka•Chaitra</b>	
Then Creative Work - Siddha Yoga					

<b>2 Friday, May 5, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Des Moines, IA			
Purvaphalguni Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau Sun 24 Sutra 19		Hemalamba 5119			
Simha Rasi: 19.59	Tithi 10 – 11	<b>Gulika</b> 6:52AM – 8:38AM	<b>Purvaphalguni Until 6:37PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:06AM	
		Yama 3:42PM – 5:29PM	Vyaghata* Until 3:36AM Sat	<b>Muruga:</b> Blue <i>Sunset:</i> 7:15PM	Moon 4 - Phase 3
		253381369 <b>Rahu</b> 10:24AM – 12:10PM	Vanija Until 8:35PM	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 8:14AM</b>	Moon – Red	<b>Bhuloka Day</b>
				<b>Vaisaka•Chaitra</b>	

<b>3 Saturday, May 6, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mantra Vasara Yuktayam Des Moines, IA			
Uttaraphalguni Nakshatra Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau Sun 25 Sutra 20		Hemalamba 5119			
Kanya Rasi: 3	Tithi 11 – 12	<b>Gulika</b> 5:05AM – 6:51AM	<b>Uttaraphalguni Until 8:05PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:05AM	
		Yama 1:57PM – 3:43PM	Harshana Until 3:30AM Sun	<b>Muruga:</b> Blue <i>Sunset:</i> 7:16PM	Moon 4 - Phase 3
		253381369 <b>Rahu</b> 8:38AM – 10:24AM	Bava Until 9:36PM	<b>Nataraja:</b> Purple	4th Phase
Routine Work	Marana Yoga		<b>Ekadashi Until 9:01AM</b>	Moon – Red	<b>Bhuloka Day</b>
				<b>Vaisaka•Chaitra</b>	

<b>4 Sunday, May 7, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Des Moines, IA			
Hasta Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 21		Hemalamba 5119			
Kanya Rasi: 15.01	Tithi 12 – 13	<b>Gulika</b> 3:43PM – 5:30PM	<b>Hasta Until 10:14PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:04AM	
		Yama 12:10PM – 1:57PM	Vajra* Until 3:40AM Mon	<b>Muruga:</b> Blue <i>Sunset:</i> 7:17PM	Moon 4 - Phase 3
		263381369 <b>Rahu</b> 5:30PM – 7:17PM	Kaulava Until 11:01PM	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Amrita Yoga		<b>Dvadashi Until 10:15AM</b>	Moon – Green	<b>Bhuloka Day</b>
Until 10:14PM			<i>Pradosha Vrata</i>	<b>Vaisaka•Chaitra</b>	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga					

<b>5 Monday, May 8, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Des Moines, IA			
Chitra Nakshatra Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 22		Hemalamba 5119			
Kanya Rasi: 27.16	Tithi 13 – 14	<b>Gulika</b> 1:57PM – 3:44PM	<b>Chitra Until 12:32AM Tue</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:03AM	
<b>Family Home Evening</b>		Yama 10:23AM – 12:10PM	Siddhi Until 4:04AM Tue	<b>Muruga:</b> Blue <i>Sunset:</i> 7:18PM	Moon 4 - Phase 3
		263381369 <b>Rahu</b> 6:49AM – 8:36AM	Gara Until 12:44AM Tue	<b>Nataraja:</b> Purple	4th Phase
Routine Work	Prabalarishta Yoga		<b>Trayodashi Until 11:49AM</b>	Moon – Green	<b>Bhuloka Day</b>
Until 12:32AM Tue				<b>Vaisaka•Chaitra</b>	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga					

<b>○ Tuesday, May 9, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Des Moines, IA			
<b>Copper Retreat Star</b>		Svati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau Sun 28 Sutra 23			
Tula Rasi: 9.25	Tithi 14 – 15	<b>Gulika</b> 12:10PM – 1:57PM	<b>Svati Until 2:54AM Wed</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:01AM	
		Yama 8:36AM – 10:23AM	Vyatipata* Until 4:40AM Wed	<b>Muruga:</b> Blue <i>Sunset:</i> 7:19PM	Moon 4 - Phase 3
		263381369 <b>Rahu</b> 3:44PM – 5:32PM	Visti Until 2:42AM Wed	<b>Nataraja:</b> Purple	Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 1:40PM</b>	Moon – Green	<b>Bhuloka Day</b>
		<b>Budha Purnima (Tamil Nadu)</b>		<b>Vaisaka•Chaitra</b>	Devaloka Time: 6:AM to 9:AM

<b>Wednesday, May 10, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Des Moines, IA			
<b>Silver Retreat Star</b>		Vishakha Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 29 Sutra 24			
Tula Rasi: 21.27	Tithi 15 – 16	<b>Gulika</b> 10:23AM – 12:10PM	<b>Vishakha Until 5:48AM Thu</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:00AM	
		Yama 6:48AM – 8:35AM	Variyan Until 5:23AM Thu	<b>Muruga:</b> Blue <i>Sunset:</i> 7:20PM	Moon 4 - Phase 3
		273381369 <b>Rahu</b> 12:10PM – 1:57PM	Balava Until 4:51AM Thu	<b>Nataraja:</b> Purple	Prathama
Creative Work	Siddha Yoga		<b>Purnima* Until 3:44PM</b>	Moon – Orange	<b>Bhuloka Day</b>
				<b>Vaisaka•Chaitra</b>	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda