



Tuesday, May 5, 2015
Gold Retreat Star

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Varyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar
Sutra 23

Tula Rasi: 29.41 Tithi 16 – 17
279979269
Routine Work Marana Yoga
Until 12:52PM
Then Creative Work - Siddha Yoga

Gulika 12:02PM – 1:38PM
Yama 8:51AM – 10:27AM
Rahu 3:14PM – 4:50PM

Vishakha Until 12:52PM
Varyan Until 11:46PM
Taitila Until 11:08PM
Prathama* Until 10:58AM

Ganesha: Blue *Sunrise:* 5:39AM
Muruḡa: White *Sunset:* 6:26PM
Nataraja: Clear
Moon – Orange
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Devaloka Day

1

Wednesday, May 6, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar
Sutra 24

Virschika Rasi: 12.3 Tithi 17 – 18
271979269
Creative Work Siddha Yoga

Gulika 10:26AM – 12:02PM
Yama 7:15AM – 8:51AM
Rahu 12:02PM – 1:38PM

Anuradha Until 1:41PM
Parigha* Until 10:42PM
Vanija Until 11:06PM
Dvitiya Until 11:09AM

Ganesha: Yellow *Sunrise:* 5:39AM
Muruḡa: White *Sunset:* 6:26PM
Nataraja: Clear
Moon – Orange
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Sivaloka Day

2

Thursday, May 7, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Visti*/Bava Karana Tritiya/Chaturhyam Titau

Yangon, Myanmar
Sutra 25

Virschika Rasi: 25.34 Tithi 18 – 19
271979269
Routine Work Prabalarishta Yoga
Until 1:54PM
Then Creative Work - Siddha Yoga

Gulika 8:50AM – 10:26AM
Yama 5:38AM – 7:14AM
Rahu 1:38PM – 3:14PM

Jyeshtha* Until 1:54PM
Shiva Until 9:17PM
Bava Until 10:37PM
Tritiya Until 10:53AM

Ganesha: Yellow *Sunrise:* 5:38AM
Muruḡa: White *Sunset:* 6:26PM
Nataraja: Clear
Moon – Orange
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Sivaloka Day

3

Friday, May 8, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar
Sutra 26

Dhanus Rasi: 8.5 Tithi 19 – 20
281979269
Creative Work Amrita Yoga
Until 2:02PM
Then Routine Work - Prabalarishta Yoga

Gulika 7:14AM – 8:50AM
Yama 3:14PM – 4:51PM
Rahu 10:26AM – 12:02PM

Mula* Until 2:02PM
Siddha Until 7:33PM
Kaulava Until 9:46PM
Chaturthi* Until 10:13AM

Ganesha: White *Sunrise:* 5:38AM
Muruḡa: White *Sunset:* 6:27PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Subha Sivaloka Day

4

Saturday, May 9, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar
Sutra 27

Dhanus Rasi: 22.19 Tithi 20 – 21
281179269
Creative Work Siddha Yoga
Until 1:40PM
Then Routine Work - Marana Yoga

Gulika 5:37AM – 7:14AM
Yama 1:38PM – 3:15PM
Rahu 8:50AM – 10:26AM

Purvashadha* Until 1:40PM
Sadhya Until 5:33PM
Gara Until 8:34PM
Panchami Until 9:11AM

Ganesha: Yellow *Sunrise:* 5:37AM
Muruḡa: White *Sunset:* 6:27PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Sivaloka Day

5

Sunday, May 10, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sutra 28

Makara Rasi: 5.59 Tithi 21 – 22
281179269
Creative Work Amrita Yoga

Gulika 3:15PM – 4:51PM
Yama 12:02PM – 1:38PM
Rahu 4:51PM – 6:27PM

Uttarashadha Until 12:50PM
Subha Until 3:18PM
Visti Until 7:02PM
Shashthi* Until 7:49AM

Ganesha: Yellow *Sunrise:* 5:37AM
Muruḡa: White *Sunset:* 6:27PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Sivaloka Day

Mother's Day

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Monday, May 11, 2015
Retreat Star

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Yangon, Myanmar
Sutra 29

Makara Rasi: 19.5 Tithi 22 – 23
291179269
Family Home Evening
Creative Work Amrita Yoga
Until 11:59AM
Then Creative Work - Siddha Yoga

Gulika 1:38PM – 3:15PM
Yama 10:26AM – 12:02PM
Rahu 7:13AM – 8:49AM

Shravana Until 11:59AM
Sukla Until 12:47PM
Kaulava Until 4:11AM Tue
Saptami Until 6:09AM

Ganesha: White *Sunrise:* 5:37AM
Muruḡa: White *Sunset:* 6:28PM
Nataraja: Clear
Moon – Purple
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
Ashtami

Devaloka Day

Chidambaram Abhishekam

Tuesday, May 12, 2015
Retreat Star

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau

Yangon, Myanmar
Sutra 30

Kumbha Rasi: 3.53 Tithi 24
291179269
Creative Work Siddha Yoga
Until 10:43AM
Then Routine Work - Marana Yoga

Gulika 12:02PM – 1:38PM
Yama 8:49AM – 10:26AM
Rahu 3:15PM – 4:51PM



Dhanishtha Until 10:43AM
Brahma Until 10:03AM
Taitila Until 3:07PM
Navami* Until 1:58AM Wed

Ganesha: White *Sunrise:* 5:36AM
Muruḡa: White *Sunset:* 6:28PM
Nataraja: Clear
Moon – Purple
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
Navami

Devaloka Day

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1	Wednesday, May 13, 2015	Manmatha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Dashamyam Titau			Yangon, Myanmar Sutra 31
	Kumbha Rasi: 18.05 Tithi 25 291179269	Gulika 10:25AM – 12:02PM Yama 7:12AM – 8:49AM Rahu 12:02PM – 1:39PM	Shatabhishak Until 9:03AM Indra Until 7:08AM Vanija Until 12:47PM Dashami Until 11:31PM	Ganesha: White <i>Sunrise:</i> 5:36AM Muruga: White <i>Sunset:</i> 6:28PM Nataraja: Clear Moon – Purple Vaisaka-Chaitra	Manmatha 5117 Moon 4 - Phase 4 2nd Phase Devaloka Day
2	Thursday, May 14, 2015	Manmatha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau			Yangon, Myanmar Sutra 32
	Meena Rasi: 2.26 Tithi 26 211179269	Gulika 8:49AM – 10:25AM Yama 5:36AM – 7:12AM Rahu 1:39PM – 3:15PM	Purvaproshtapada* Until 7:27AM Vishkambha* Until 12:46AM Fri Bava Until 10:14AM Ekadashi* Until 8:54PM	Ganesha: Light Blue <i>Sunrise:</i> 5:36AM Muruga: White <i>Sunset:</i> 6:28PM Nataraja: Clear Moon – Clear Vaisaka-Chaitra	Manmatha 5117 Moon 4 - Phase 4 2nd Phase Devaloka Day
3	Friday, May 15, 2015	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau			Yangon, Myanmar Sutra 33
	Meena Rasi: 16.54 Tithi 27 211179269	Gulika 7:12AM – 8:49AM Yama 3:15PM – 4:52PM Rahu 10:25AM – 12:02PM	Revati Until 3:33AM Sat Priti Until 9:30PM Kaulava Until 7:35AM Dvadashi* Until 6:12PM	Ganesha: Light Blue <i>Sunrise:</i> 5:35AM Muruga: White <i>Sunset:</i> 6:29PM Nataraja: Clear Moon – Clear Vaisaka-Vaikasi	Manmatha 5117 Moon 4 - Phase 4 2nd Phase Devaloka Day
4	Saturday, May 16, 2015	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Yangon, Myanmar Sutra 34
	Mesha Rasi: 1.23 Tithi 28 – 29 222179269	Gulika 5:35AM – 7:12AM Yama 1:39PM – 3:16PM Rahu 8:48AM – 10:25AM	Ashvini Until 1:50AM Sun Ayushman Until 6:13PM Visti Until 2:15AM Sun Trayodashi* Until 3:32PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Light Blue <i>Sunrise:</i> 5:35AM Muruga: White <i>Sunset:</i> 6:29PM Nataraja: Clear Moon – White Vaisaka-Vaikasi	Manmatha 5117 Moon 4 - Phase 4 2nd Phase Devaloka Day
	Sunday, May 17, 2015	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Yangon, Myanmar Sutra 35
	Retreat Star Mesha Rasi: 15.49 Tithi 29 – 30 222179269	Gulika 3:16PM – 4:53PM Yama 12:02PM – 1:39PM Rahu 4:53PM – 6:29PM	Bharani Until 12:11AM Mon Saubhagya Until 3:05PM Catuspada Until 11:49PM Chaturdashi* Until 12:59PM	Ganesha: Light Blue <i>Sunrise:</i> 5:35AM Muruga: White <i>Sunset:</i> 6:29PM Nataraja: Clear Moon – White Vaisaka-Vaikasi	Manmatha 5117 Moon 4 - Phase 4 Amavasya Devaloka Day
	Monday, May 18, 2015	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sobhana/Alhiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Yangon, Myanmar Sutra 36
	Retreat Star Vrishabha Rasi: 0.05 Tithi 30 – 1 Family Home Evening 222179269	Gulika 1:39PM – 3:16PM Yama 10:25AM – 12:02PM Rahu 7:11AM – 8:48AM	Krittika Until 10:44PM Sobhana Until 12:11PM Kintughna Until 9:43PM Amavasya* Until 10:42AM	Ganesha: Light Blue <i>Sunrise:</i> 5:34AM Muruga: White <i>Sunset:</i> 6:30PM Nataraja: Clear Moon – White Jyeshtha-Vaikasi	Manmatha 5117 Moon 4 - Phase 4 Prathama Devaloka Day

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time


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1	Tuesday, May 19, 2015	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Yangon, Myanmar Sutra 37 Manmatha 5117
Wishabha Rasi: 14.08	Tithi 1 – 2	Gulika 12:02PM – 1:39PM Yama 8:48AM – 10:25AM Rahu 3:16PM – 4:53PM	Rohini Until 10:01PM Athiganda* Until 9:35AM Balava Until 8:04PM Prathama* Until 8:48AM
232179269		Ganesha: Purple <i>Sunrise:</i> 5:34AM Muruga: White <i>Sunset:</i> 6:30PM Nataraja: Clear Moon – Yellow	Devaloka Day
Creative Work Amrita Yoga Until 10:01PM Then Creative Work - Siddha Yoga			
2	Wednesday, May 20, 2015	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Yangon, Myanmar Sutra 38 Manmatha 5117
Wishabha Rasi: 27.51	Tithi 2 – 3	Gulika 10:25AM – 12:02PM Yama 7:11AM – 8:48AM Rahu 12:02PM – 1:39PM	Mrigashira Until 9:45PM Sukarma Until 7:26AM Taitila Until 7:00PM Dvitiya Until 7:26AM
232179269		Ganesha: Purple <i>Sunrise:</i> 5:34AM Muruga: White <i>Sunset:</i> 6:30PM Nataraja: Clear Moon – Yellow	Devaloka Day
Creative Work Siddha Yoga			
3	Thursday, May 21, 2015	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Yangon, Myanmar Sutra 39 Manmatha 5117
Mithuna Rasi: 11.13	Tithi 3 – 4	Gulika 8:48AM – 10:25AM Yama 5:34AM – 7:11AM Rahu 1:39PM – 3:17PM	Ardra Until 9:59PM Shula* Until 4:42AM Fri Vanija Until 6:36PM Tritiya Until 6:41AM
232179269		Ganesha: Purple <i>Sunrise:</i> 5:34AM Muruga: White <i>Sunset:</i> 6:31PM Nataraja: Clear Moon – Yellow	Devaloka Day
Routine Work Marana Yoga Until 9:59PM Then Creative Work - Amrita Yoga			
4	Friday, May 22, 2015	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Yangon, Myanmar Sutra 40 Manmatha 5117
Mithuna Rasi: 24.12	Tithi 4 – 5	Gulika 7:11AM – 8:48AM Yama 3:17PM – 4:54PM Rahu 10:25AM – 12:02PM	Punarvasu Until 11:15PM Ganda* Until 4:12AM Sat Bava Until 6:55PM Chaturthi* Until 6:39AM
242179269		Ganesha: Clear <i>Sunrise:</i> 5:33AM Muruga: White <i>Sunset:</i> 6:31PM Nataraja: Clear Moon – Blue	Sivaloka Day
Creative Work Siddha Yoga Until 11:15PM Then Routine Work - Marana Yoga			
5	Saturday, May 23, 2015	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Yangon, Myanmar Sutra 41 Manmatha 5117
Kataka Rasi: 6.5	Tithi 5 – 6	Gulika 5:33AM – 7:10AM Yama 1:40PM – 3:17PM Rahu 8:48AM – 10:25AM	Pushya Until 1:03AM Sun Vriddhi Until 4:15AM Sun Kaulava Until 7:58PM Panchami Until 7:20AM
242179269		Ganesha: Clear <i>Sunrise:</i> 5:33AM Muruga: White <i>Sunset:</i> 6:32PM Nataraja: Clear Moon – Blue	Sivaloka Day
Creative Work Siddha Yoga			
6	Sunday, May 24, 2015	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Dhruva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Yangon, Myanmar Sutra 42 Manmatha 5117
Kataka Rasi: 19.1	Tithi 6 – 7	Gulika 3:17PM – 4:54PM Yama 12:02PM – 1:40PM Rahu 4:54PM – 6:32PM	Ashlesha* Until 3:17AM Mon Dhruva Until 4:44AM Mon Gara Until 9:39PM Shashthi* Until 8:43AM
242179269		Ganesha: Clear <i>Sunrise:</i> 5:33AM Muruga: White <i>Sunset:</i> 6:32PM Nataraja: Clear Moon – Blue	Sivaloka Day
Creative Work Siddha Yoga Until 3:17AM Mon Then Routine Work - Marana Yoga			
Monday, May 25, 2015	Retreat Star	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Yangon, Myanmar Sutra 43 Manmatha 5117
Simha Rasi: 1.16	Tithi 7 – 8	Gulika 1:40PM – 3:17PM Yama 10:25AM – 12:03PM Rahu 7:10AM – 8:48AM	Magha* Until 6:18AM Tue Vyaghata* Until 5:34AM Tue Visti Until 11:50PM Saptami Until 10:41AM
252179269		Ganesha: White <i>Sunrise:</i> 5:33AM Muruga: White <i>Sunset:</i> 6:32PM Nataraja: Clear Moon – Red	Devaloka Day
Family Home Evening Routine Work Marana Yoga Until 6:18AM Tue Then Creative Work - Siddha Yoga			
Tuesday, May 26, 2015	Retreat Star	Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Yangon, Myanmar Sutra 44 Manmatha 5117
Simha Rasi: 13.11	Tithi 8 – 9	Gulika 12:03PM – 1:40PM Yama 8:48AM – 10:25AM Rahu 3:18PM – 4:55PM	Magha* Until 6:18AM Harshana Until 6:37AM Wed Balava Until 2:19AM Wed Ashtami* Until 1:02PM
352179269		Ganesha: Clear <i>Sunrise:</i> 5:33AM Muruga: White <i>Sunset:</i> 6:33PM Nataraja: Clear Moon – Red	Sivaloka Day
Creative Work Siddha Yoga			

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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1	Wednesday, May 27, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Yangon, Myanmar Sutra 45
Simha Rasi: 25	Tithi 9 – 10	Gulika 10:25AM – 12:03PM Yama 7:10AM – 8:48AM Rahu 12:03PM – 1:40PM	Purvaphalguni Until 9:21AM Harshana Until 6:37AM Taitila Until 4:50AM Thu Navami* Until 3:34PM
352179269		Ganesha: Clear Muruga: White Nataraja: Clear Moon – Red	Sunrise: 5:33AM Sunset: 6:33PM
Creative Work Amrita Yoga			Sivaloka Day
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2	Thursday, May 28, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara Karana Dashamyam Titau	Yangon, Myanmar Sutra 46
Kanya Rasi: 6.5	Tithi 10	Gulika 8:48AM – 10:25AM Yama 5:32AM – 7:10AM Rahu 1:40PM – 3:18PM	Uttaraphalguni Until 12:14PM Vajra* Until 7:37AM Gara Until 6:00PM Dashami Until 6:00PM
352179269		Ganesha: Clear Muruga: White Nataraja: Clear Moon – Red	Sunrise: 5:32AM Sunset: 6:33PM
Amrita Yoga			Sivaloka Day
Until 12:14PM			
Then Routine Work - Marana Yoga			
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3	Friday, May 29, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyaptipata* Yoga Vanija/Visti* Karana Ekadashyam Titau	Yangon, Myanmar Sutra 47
Kanya Rasi: 18.44	Tithi 11	Gulika 7:10AM – 8:48AM Yama 3:18PM – 4:56PM Rahu 10:25AM – 12:03PM	Hasta Until 3:11PM Siddhi Until 8:29AM Vanija Until 7:09AM Ekadashi Until 8:08PM
363179269		Ganesha: Clear Muruga: White Nataraja: Clear Moon – Green	Sunrise: 5:32AM Sunset: 6:34PM
Creative Work Amrita Yoga			Sivaloka Day
Until 3:11PM			
Then Creative Work - Siddha Yoga			
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4	Saturday, May 30, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyaptipata*/Variyan Yoga Bava/Balava Karana Dvadashyam Titau	Yangon, Myanmar Sutra 48
Tula Rasi: 0.47	Tithi 12	Gulika 5:32AM – 7:10AM Yama 1:41PM – 3:19PM Rahu 8:48AM – 10:25AM	Chitra Until 5:31PM Vyaptipata* Until 9:02AM Bava Until 9:03AM Dvadashi Until 9:46PM
363179269		Ganesha: Clear Muruga: White Nataraja: Clear Moon – Green	Sunrise: 5:32AM Sunset: 6:34PM
Routine Work Marana Yoga			Sivaloka Day
Until 5:31PM			
Then Creative Work - Siddha Yoga			
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5	Sunday, May 31, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Variyan/Parigaha* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Yangon, Myanmar Sutra 49
Tula Rasi: 13.05	Tithi 13	Gulika 3:19PM – 4:57PM Yama 12:03PM – 1:41PM Rahu 4:57PM – 6:34PM	Svati Until 7:06PM Variyan Until 9:06AM Kaulava Until 10:22AM Trayodashi Until 10:47PM <i>Pradosha Vrata</i>
363179269		Ganesha: Clear Muruga: White Nataraja: Clear Moon – Green	Sunrise: 5:32AM Sunset: 6:34PM
Creative Work Siddha Yoga			Sivaloka Day
Until 7:06PM			
Then Routine Work - Marana Yoga			
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6	Monday, June 1, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigaha*/Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau	Yangon, Myanmar Sutra 50
Tula Rasi: 25.39	Tithi 14	Gulika 1:41PM – 3:19PM Yama 10:26AM – 12:03PM Rahu 7:10AM – 8:48AM	Vishakha Until 8:23PM Parigaha* Until 8:42AM Gara Until 11:04AM Chaturdashi* Until 11:09PM
373179269		Ganesha: White Muruga: White Nataraja: Clear Moon – Orange	Sunrise: 5:32AM Sunset: 6:35PM
Family Home Evening		Vaikasi Visakam	Subha Sivaloka Day
Routine Work Marana Yoga			
Until 8:23PM			
Then Creative Work - Siddha Yoga			
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	Tuesday, June 2, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Purnimayam Titau	Yangon, Myanmar Sutra 51
Vrischika Rasi: 8.31	Tithi 15	Gulika 12:04PM – 1:41PM Yama 8:48AM – 10:26AM Rahu 3:19PM – 4:57PM	Anuradha Until 8:53PM Shiva Until 7:49AM Visti Until 11:07AM Purnima* Until 10:53PM
373179269		Ganesha: White Muruga: White Nataraja: Clear Moon – Orange	Sunrise: 5:32AM Sunset: 6:35PM
Creative Work Siddha Yoga			Subha Sivaloka Day
Until 8:53PM			
Then Routine Work - Marana Yoga			
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	Wednesday, June 3, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau	Yangon, Myanmar Sutra 52
Vrischika Rasi: 21.41	Tithi 16	Gulika 10:26AM – 12:04PM Yama 7:10AM – 8:48AM Rahu 12:04PM – 1:42PM	Jyeshtha* Until 8:42PM Siddha Until 6:25AM Balava Until 10:34AM Prathama* Until 10:05PM
373279269		Ganesha: Yellow Muruga: White Nataraja: Clear Moon – Orange	Sunrise: 5:32AM Sunset: 6:35PM
Creative Work Siddha Yoga			Sivaloka Day
Until 8:42PM			
Then Routine Work - Marana Yoga			

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Thursday, June 4, 2015
Gold Retreat Star

Dhanus Rasi: 5.08 Tithi 17
383279269
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Subha Yoga Taitila/Gara Karana Dvitiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 53
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 8:48AM – 10:26AM **Mula* Until 8:23PM**
Yama 5:32AM – 7:10AM Subha Until 2:31AM Fri
Rahu 1:42PM – 3:20PM Taitila Until 9:32AM
Dvitiya Until 8:51PM

Ganesha: Blue *Sunrise:* 5:32AM
Muruga: White *Sunset:* 6:36PM
Nataraja: Clear
Moon – Light Blue
Jyeshtha-Vaikasi

Devaloka Day

1

Friday, June 5, 2015

Dhanus Rasi: 18.5 Tithi 18
383279269
Routine Work Prabalarishta Yoga
Until 7:34PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Sukla Yoga Vanja/Visti* Karana Tritiyayam Titau

Yangon, Myanmar
Sun 2 Sutra 54
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 7:10AM – 8:48AM **Purvashadha* Until 7:34PM**
Yama 3:20PM – 4:58PM Sukla Until 12:08AM Sat
Rahu 10:26AM – 12:04PM Vanija Until 8:07AM
Tritiya Until 7:16PM

Ganesha: Blue *Sunrise:* 5:32AM
Muruga: White *Sunset:* 6:36PM
Nataraja: Clear
Moon – Light Blue
Jyeshtha-Vaikasi

Devaloka Day

2

Saturday, June 6, 2015

Makara Rasi: 2.42 Tithi 19 – 20
383279261
Routine Work Marana Yoga
Until 6:23PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Brahma Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar
Sun 3 Sutra 55
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 5:32AM – 7:10AM **Uttarashadha Until 6:23PM**
Yama 1:42PM – 3:20PM Brahma Until 9:35PM
Rahu 8:48AM – 10:26AM Bava Until 6:25AM
Chaturthi* Until 5:28PM

Ganesha: Blue *Sunrise:* 5:32AM
Muruga: White *Sunset:* 6:36PM
Nataraja: Clear
Moon – Light Blue
Jyeshtha-Vaikasi

Devaloka Day

3

Sunday, June 7, 2015

Makara Rasi: 16.41 Tithi 20 – 21
393279261
Creative Work Amrita Yoga
Until 5:20PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar
Sun 4 Sutra 56
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 3:21PM – 4:59PM **Shravana Until 5:20PM**
Yama 12:04PM – 1:42PM Indra Until 6:57PM
Rahu 4:59PM – 6:37PM Gara Until 2:30AM Mon
Panchami Until 3:30PM

Ganesha: Red *Sunrise:* 5:32AM
Muruga: White *Sunset:* 6:37PM
Nataraja: Clear
Moon – Purple
Jyeshtha-Vaikasi

Sivaloka Day

4

Monday, June 8, 2015

Kumbha Rasi: 0.45 Tithi 21 – 22
393279261
Family Home Evening
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Vanja/Visti* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 5 Sutra 57
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 1:43PM – 3:21PM **Dhanishtha Until 4:03PM**
Yama 10:26AM – 12:05PM Vaidhriti* Until 4:12PM
Rahu 7:10AM – 8:48AM Visti Until 12:25AM Tue
Shashthi* Until 1:26PM

Ganesha: Red *Sunrise:* 5:32AM
Muruga: White *Sunset:* 6:37PM
Nataraja: Clear
Moon – Purple
Jyeshtha-Vaikasi

Sivaloka Day

D

Tuesday, June 9, 2015
Retreat Star

Kumbha Rasi: 14.52 Tithi 22 – 23
393279261
Routine Work Marana Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaprossthapada* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yangon, Myanmar
Sun 6 Sutra 58
Manmatha 5117
Moon 5 - Phase 7
Ashtami

Gulika 12:05PM – 1:43PM **Shatabhishak Until 2:35PM**
Yama 8:48AM – 10:27AM Vishkambha* Until 1:26PM
Rahu 3:21PM – 4:59PM Balava Until 10:17PM
Saptami Until 11:20AM

Ganesha: Red *Sunrise:* 5:32AM
Muruga: White *Sunset:* 6:37PM
Nataraja: Clear
Moon – Purple
Jyeshtha-Vaikasi

Sivaloka Day

Wednesday, June 10, 2015

Retreat Star

Kumbha Rasi: 28.59 Tithi 23 – 24
313279261
Creative Work Amrita Yoga
Until 1:22PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprossthapada*/Uttaraprossthapada Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 7 Sutra 59
Manmatha 5117
Moon 5 - Phase 7
Navami

Gulika 10:27AM – 12:05PM **Purvaprossthapada* Until 1:22PM**
Yama 7:10AM – 8:49AM Priti Until 10:40AM
Rahu 12:05PM – 1:43PM Taitila Until 8:09PM
Ashtami* Until 9:12AM

Ganesha: Clear *Sunrise:* 5:32AM
Muruga: White *Sunset:* 6:38PM
Nataraja: Clear
Moon – Clear
Jyeshtha-Vaikasi

Sivaloka Day

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

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1	Thursday, June 11, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtpada/Revati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashmyam Titau	Yangon, Myanmar Sun 8 Sutra 60
	Meena Rasi: 13.07 Tithi 24 – 25 313279261 Creative Work Siddha Yoga	Gulika 8:49AM – 10:27AM Yama 5:32AM – 7:11AM Rahu 1:43PM – 3:22PM	Uttaraproshtpada Until 12:01PM Ayushman Until 7:52AM Vanija Until 6:01PM Navami* Until 7:04AM

Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Clear	Sunrise: 5:32AM Sunset: 6:38PM	Manmatha 5117 Moon 5 - Phase 8 2nd Phase
Jyeshtha-Vaikasi		Sivaloka Day

2	Friday, June 12, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana Yoga Bava/Balava Karana Ekadashyam Titau	Yangon, Myanmar Sun 9 Sutra 61
	Meena Rasi: 27.14 Tithi 26 313279261 Creative Work Siddha Yoga Until 10:33AM Then Creative Work - Amrita Yoga	Gulika 7:11AM – 8:49AM Yama 3:22PM – 5:00PM Rahu 10:27AM – 12:05PM	Revati Until 10:33AM Sobhana Until 2:23AM Sat Bava Until 3:55PM Ekadashi* Until 2:53AM Sat

Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Clear	Sunrise: 5:32AM Sunset: 6:38PM	Manmatha 5117 Moon 5 - Phase 8 2nd Phase
Jyeshtha-Vaikasi		Sivaloka Day

3	Saturday, June 13, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Yangon, Myanmar Sun 10 Sutra 62
	Mesha Rasi: 11.19 Tithi 27 324279261 Creative Work Siddha Yoga	Gulika 5:33AM – 7:11AM Yama 1:44PM – 3:22PM Rahu 8:49AM – 10:27AM	Ashvini Until 9:26AM Athiganda* Until 11:44PM Kaulava Until 1:55PM Dvadashi* Until 12:56AM Sun


Ganesha: Clear Muruqa: White Nataraja: Clear Moon – White	Sunrise: 5:33AM Sunset: 6:39PM	Manmatha 5117 Moon 5 - Phase 8 2nd Phase
Jyeshtha-Vaikasi		Sivaloka Day

4	Sunday, June 14, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau	Yangon, Myanmar Sun 11 Sutra 63
	Mesha Rasi: 25.19 Tithi 28 324279261 Routine Work Prabalarishta Yoga Until 8:19AM Then Creative Work - Siddha Yoga	Gulika 3:22PM – 5:01PM Yama 12:06PM – 1:44PM Rahu 5:01PM – 6:39PM	Bharani Until 8:19AM Sukarma Until 9:15PM Gara Until 12:02PM Trayodashi* Until 11:10PM <i>Pradosha Vrata (Fasting)</i>

Ganesha: Clear Muruqa: White Nataraja: Clear Moon – White	Sunrise: 5:33AM Sunset: 6:39PM	Manmatha 5117 Moon 5 - Phase 8 2nd Phase
Jyeshtha-Vaikasi		Sivaloka Day

5	Monday, June 15, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Yangon, Myanmar Sun 12 Sutra 64
	Vrishabha Rasi: 9.11 Tithi 29 324279261 Family Home Evening Routine Work Marana Yoga Until 7:16AM Then Creative Work - Amrita Yoga	Gulika 1:44PM – 3:23PM Yama 10:28AM – 12:06PM Rahu 7:11AM – 8:49AM	Krittika Until 7:16AM Dhriti Until 7:00PM Visti Until 10:24AM Chaturdashi* Until 9:41PM

Ganesha: Clear Muruqa: White Nataraja: Clear Moon – White	Sunrise: 5:33AM Sunset: 6:39PM	Manmatha 5117 Moon 5 - Phase 8 2nd Phase
Jyeshtha-Ani		Sivaloka Day

	Tuesday, June 16, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula*/Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Yangon, Myanmar Sun 13 Sutra 65
	Retreat Star Vrishabha Rasi: 22.52 Tithi 30 334279261 Creative Work Amrita Yoga Until 6:49AM Then Creative Work - Siddha Yoga	Gulika 12:06PM – 1:44PM Yama 8:50AM – 10:28AM Rahu 3:23PM – 5:01PM	Rohini Until 6:49AM Shula* Until 5:01PM Catuspada Until 9:05AM Amavasya* Until 8:34PM

Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Yellow	Sunrise: 5:33AM Sunset: 6:39PM	Manmatha 5117 Moon 5 - Phase 8 Amavasya
Jyeshtha-Ani		Sivaloka Day

	Wednesday, June 17, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda*/Vridhi Yoga Kintughna*/Bava Karana Prathamayam Titau	Yangon, Myanmar Sun 14 Sutra 66
	Retreat Star Mithuna Rasi: 6.18 Tithi 1 334289261 Creative Work Siddha Yoga	Gulika 10:28AM – 12:06PM Yama 7:11AM – 8:50AM Rahu 12:06PM – 1:45PM	Mrigashira Until 6:38AM Ganda* Until 3:26PM Kintughna Until 8:13AM Prathama* Until 7:57PM

Ganesha: Orange Muruqa: Yellow Nataraja: Clear Moon – Yellow	Sunrise: 5:33AM Sunset: 6:40PM	Manmatha 5117 Moon 5 - Phase 8 Prathama
Ashada Adhika-Ani		Devaloka Day

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

1	Thursday, June 18, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Yangon, Myanmar Sun 15 Sutra 67
	Mithuna Rasi: 19.27	Tithi 2	Gulika 8:50AM – 10:28AM	Ardra Until 6:50AM	Ganesha: Orange <i>Sunrise:</i> 5:33AM	Manmatha 5117	
		344289261	Yama 5:33AM – 7:12AM	Vriddhi Until 2:19PM	Muruga: Yellow <i>Sunset:</i> 6:40PM	Moon 5 - Phase 9	
			Rahu 1:45PM – 3:23PM	Balava Until 7:52AM	Nataraja: Clear	3rd Phase	
	Routine Work	Marana Yoga		Dvitiya Until 7:54PM	Ashada Adhika-Ani		Devaloka Day
	Until 6:50AM						
	Then Creative Work - Amrita Yoga						
2	Friday, June 19, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau				Yangon, Myanmar Sun 16 Sutra 68
	Kataka Rasi: 2.18	Tithi 3	Gulika 7:12AM – 8:50AM	Punarvasu Until 7:56AM	Ganesha: Clear <i>Sunrise:</i> 5:33AM	Manmatha 5117	
		344289261	Yama 3:23PM – 5:02PM	Dhruva Until 1:39PM	Muruga: Yellow <i>Sunset:</i> 6:40PM	Moon 5 - Phase 9	
			Rahu 10:28AM – 12:07PM	Taitila Until 8:08AM	Nataraja: Clear	3rd Phase	
	Creative Work	Siddha Yoga		Tritiya Until 8:30PM	Ashada Adhika-Ani		Devaloka Day
	Until 7:56AM						
	Then Routine Work - Marana Yoga						
3	Saturday, June 20, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visiti* Karana Chaturthiyam Titau				Yangon, Myanmar Sun 17 Sutra 69
	Kataka Rasi: 14.51	Tithi 4	Gulika 5:34AM – 7:12AM	Pushya Until 9:30AM	Ganesha: Clear <i>Sunrise:</i> 5:34AM	Manmatha 5117	
		344289261	Yama 1:45PM – 3:24PM	Vyaghata* Until 1:31PM	Muruga: Yellow <i>Sunset:</i> 6:40PM	Moon 5 - Phase 9	
			Rahu 8:50AM – 10:29AM	Vanija Until 9:03AM	Nataraja: Clear	3rd Phase	
	Creative Work	Siddha Yoga		Chaturthi* Until 9:43PM	Ashada Adhika-Ani		Devaloka Day
	Until 9:30AM						
	Then Routine Work - Marana Yoga						
4	Sunday, June 21, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Panchamyam Titau				Yangon, Myanmar Sun 18 Sutra 70
	Kataka Rasi: 27.07	Tithi 5	Gulika 3:24PM – 5:02PM	Ashlesha* Until 11:30AM	Ganesha: Clear <i>Sunrise:</i> 5:34AM	Manmatha 5117	
		344289261	Yama 12:07PM – 1:46PM	Harshana Until 1:52PM	Muruga: Yellow <i>Sunset:</i> 6:41PM	Moon 5 - Phase 9	
			Rahu 5:02PM – 6:41PM	Bava Until 10:35AM	Nataraja: Clear	3rd Phase	
	Creative Work	Siddha Yoga		Panchami Until 11:32PM	Ashada Adhika-Ani		Devaloka Day
	Until 11:30AM		Father's Day				
	Then Routine Work - Marana Yoga						
5	Monday, June 22, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Shashthiyam Titau				Yangon, Myanmar Sun 19 Sutra 71
	Simha Rasi: 9.11	Tithi 6	Gulika 1:46PM – 3:24PM	Magha* Until 2:20PM	Ganesha: Purple <i>Sunrise:</i> 5:34AM	Manmatha 5117	
		354289261	Yama 10:29AM – 12:07PM	Vajra* Until 2:34PM	Muruga: Yellow <i>Sunset:</i> 6:41PM	Moon 5 - Phase 9	
	Family Home Evening		Rahu 7:12AM – 8:51AM	Kaulava Until 12:38PM	Nataraja: Clear	3rd Phase	
	Routine Work	Marana Yoga		Shashthi* Until 1:46AM Tue	Ashada Adhika-Ani		Sivaloka Day
	Until 2:20PM						
	Then Creative Work - Siddha Yoga						
6	Tuesday, June 23, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Saplamyam Titau				Yangon, Myanmar Sun 20 Sutra 72
	Simha Rasi: 21.04	Tithi 7	Gulika 12:08PM – 1:46PM	Purvaphalguni Until 5:19PM	Ganesha: Purple <i>Sunrise:</i> 5:34AM	Manmatha 5117	
		354289261	Yama 8:51AM – 10:29AM	Siddhi Until 3:33PM	Muruga: Yellow <i>Sunset:</i> 6:41PM	Moon 5 - Phase 9	
			Rahu 3:24PM – 5:03PM	Gara Until 3:02PM	Nataraja: Clear	3rd Phase	
	Creative Work	Siddha Yoga		Saptami Until 4:16AM Wed	Ashada Adhika-Ani		Sivaloka Day
	Until 5:19PM						
	Then Creative Work - Amrita Yoga						
☽	Wednesday, June 24, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Visiti*/Bava Karana Ashtamyam Titau				Yangon, Myanmar Sun 21 Sutra 73
	Retreat Star		Gulika 10:30AM – 12:08PM	Uttaraphalguni Until 8:14PM	Ganesha: Purple <i>Sunrise:</i> 5:35AM	Manmatha 5117	
	Kanya Rasi: 2.53	Tithi 8	Yama 7:13AM – 8:51AM	Vyatipata* Until 4:37PM	Muruga: Yellow <i>Sunset:</i> 6:41PM	Moon 5 - Phase 9	
		354289261	Rahu 12:08PM – 1:46PM	Visiti Until 5:33PM	Nataraja: Clear	Ashtami	
	Creative Work	Amrita Yoga		Ashtami* Until 6:45AM Thu	Ashada Adhika-Ani		Sivaloka Day
	Until 8:14PM		Chidambaram Abhishekam				
	Then Routine Work - Marana Yoga						
☽	Thursday, June 25, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Yangon, Myanmar Sun 22 Sutra 74
	Retreat Star		Gulika 8:51AM – 10:30AM	Hasta Until 11:20PM	Ganesha: Purple <i>Sunrise:</i> 5:35AM	Manmatha 5117	
	Kanya Rasi: 14.43	Tithi 8 – 9	Yama 5:35AM – 7:13AM	Variyan Until 5:35PM	Muruga: Yellow <i>Sunset:</i> 6:41PM	Moon 5 - Phase 9	
		365289261	Rahu 1:46PM – 3:25PM	Balava Until 7:56PM	Nataraja: Clear	Navami	
	Routine Work	Marana Yoga		Ashtami* Until 6:45AM	Ashada Adhika-Ani		Bhuloka Day
	Until 11:20PM						Devaloka Time: 3:PM to 6:PM
	Then Creative Work - Siddha Yoga						

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1	Friday, June 26, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Yangon, Myanmar Sun 23 Sutra 75
	Kanya Rasi: 26.39 Tithi 9 – 10 365289261	Gulika 7:13AM – 8:52AM Yama 3:25PM – 5:03PM Rahu 10:30AM – 12:08PM	Chitra Until 1:52AM Sat Parigha* Until 6:16PM Taitila Until 9:56PM Navami* Until 8:58AM	Ganesha: Purple <i>Sunrise:</i> 5:35AM Muruga: Yellow <i>Sunset:</i> 6:42PM Nataraja: Clear Moon – Green Bhuloka Day Devaloka Time: 3:PM to 6:PM


2	Saturday, June 27, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Yangon, Myanmar Sun 24 Sutra 76
	Tula Rasi: 8.46 Tithi 10 – 11 365289261	Gulika 5:35AM – 7:14AM Yama 1:47PM – 3:25PM Rahu 8:52AM – 10:30AM	Svati Until 3:39AM Sun Shiva Until 6:32PM Vanija Until 11:21PM Dashami Until 10:42AM	Ganesha: Purple <i>Sunrise:</i> 5:35AM Muruga: Yellow <i>Sunset:</i> 6:42PM Nataraja: Clear Moon – Green Bhuloka Day Devaloka Time: 3:PM to 6:PM

3	Sunday, June 28, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Yangon, Myanmar Sun 25 Sutra 77
	Tula Rasi: 21.08 Tithi 11 – 12 375389261	Gulika 3:25PM – 5:04PM Yama 12:09PM – 1:47PM Rahu 5:04PM – 6:42PM	Vishakha Until 5:02AM Mon Siddha Until 6:14PM Bava Until 12:03AM Mon Ekadashi Until 11:46AM	Ganesha: White <i>Sunrise:</i> 5:36AM Muruga: Yellow <i>Sunset:</i> 6:42PM Nataraja: Clear Moon – Orange Ashada Adhika-Ani Sivaloka Day

4	Monday, June 29, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Yangon, Myanmar Sun 26 Sutra 78
	Vrischika Rasi: 3.5 Tithi 12 – 13 375389261	Gulika 1:47PM – 3:25PM Yama 10:31AM – 12:09PM Rahu 7:14AM – 8:52AM	Anuradha Until 5:32AM Tue Sadhya Until 5:22PM Kaulava Until 11:59PM Dvadashi Until 12:05PM <i>Pradosha Vrata</i>	Ganesha: White <i>Sunrise:</i> 5:36AM Muruga: Yellow <i>Sunset:</i> 6:42PM Nataraja: Clear Moon – Orange Ashada Adhika-Ani Sivaloka Day

5	Tuesday, June 30, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Yangon, Myanmar Sun 27 Sutra 79
	Vrischika Rasi: 16.55 Tithi 13 – 14 375389261	Gulika 12:09PM – 1:47PM Yama 8:53AM – 10:31AM Rahu 3:26PM – 5:04PM	Jyeshtha* Until 5:11AM Wed Subha Until 3:55PM Gara Until 11:13PM Trayodashi Until 11:40AM	Ganesha: White <i>Sunrise:</i> 5:36AM Muruga: Yellow <i>Sunset:</i> 6:42PM Nataraja: Clear Moon – Orange Ashada Adhika-Ani Sivaloka Day

	Wednesday, July 1, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Yangon, Myanmar Sutra 80
	Copper Retreat Star	Dhanus Rasi: 0.22 Tithi 14 – 15 385389261	Gulika 10:31AM – 12:09PM Yama 7:15AM – 8:53AM Rahu 12:09PM – 1:48PM	Mula* Until 4:33AM Thu Sukla Until 1:55PM Visti Until 9:49PM Chaturdashi* Until 10:34AM

	Thursday, July 2, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Yangon, Myanmar Sutra 81
	Silver Retreat Star	Dhanus Rasi: 14.1 Tithi 15 – 16 385389261	Gulika 8:53AM – 10:31AM Yama 5:37AM – 7:15AM Rahu 1:48PM – 3:26PM	Purvashadha* Until 3:18AM Fri Brahma Until 11:29AM Balava Until 7:55PM Purnima* Until 8:54AM

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda



Friday, July 3, 2015
Gold Retreat Star

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Indra/Valdhriti* Yoga Kaulava/Gara Karana Prathama/Dvityayam Titau

Yangon, Myanmar
Sutra 82

Dhanu Rasi: 28.15 Titli 16 – 17
385389261
Routine Work Marana Yoga
Until 1:35AM Sat
Then Creative Work - Siddha Yoga

Gulika 7:15AM – 8:53AM
Yama 3:26PM – 5:04PM
Rahu 10:31AM – 12:10PM

Uttarashadha Until 1:35AM Sat
Indra Until 8:42AM
Gara Until 4:23AM Sat
Prathama* Until 6:47AM

Ganesha: Yellow *Sunrise:* 5:37AM
Muruga: Yellow *Sunset:* 6:42PM
Nataraja: Clear
Moon – Light Blue
Ashada Adhika-Ani

Devaloka Day

Manmatha 5117
Moon 6 - Phase 11
1st Phase

1

Saturday, July 4, 2015

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Trityayam Titau

Yangon, Myanmar
Sun 1 Sutra 83

Makara Rasi: 12.33 Titli 18
395389261
Creative Work Siddha Yoga

Gulika 5:37AM – 7:15AM
Yama 1:48PM – 3:26PM
Rahu 8:54AM – 10:32AM

Shravana Until 11:57PM
Vishkambha* Until 2:30AM Sun
Vanija Until 3:07PM
Tritiya Until 1:48AM Sun

Ganesha: Blue *Sunrise:* 5:37AM
Muruga: Yellow *Sunset:* 6:42PM
Nataraja: Clear
Moon – Purple
Ashada Adhika-Ani

Sivaloka Day

Manmatha 5117
Moon 6 - Phase 11
1st Phase

2

Sunday, July 5, 2015

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar
Sun 2 Sutra 84

Makara Rasi: 26.57 Titli 19
396389261
Routine Work Marana Yoga
Until 10:08PM
Then Creative Work - Siddha Yoga

Gulika 3:26PM – 5:04PM
Yama 12:10PM – 1:48PM
Rahu 5:04PM – 6:42PM

Dhanishtha Until 10:08PM
Priti Until 11:20PM
Bava Until 12:31PM
Chaturthi* Until 11:11PM

Ganesha: Yellow *Sunrise:* 5:38AM
Muruga: Yellow *Sunset:* 6:42PM
Nataraja: Clear
Moon – Purple
Ashada Adhika-Ani

Devaloka Day

Manmatha 5117
Moon 6 - Phase 11
1st Phase

3

Monday, July 6, 2015

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Yangon, Myanmar
Sun 3 Sutra 85

Kumbha Rasi: 11.22 Titli 20
396389261
Family Home Evening
Creative Work Siddha Yoga
Until 8:14PM
Then Routine Work - Marana Yoga

Gulika 1:48PM – 3:26PM
Yama 10:32AM – 12:10PM
Rahu 7:16AM – 8:54AM

Shatabhishak Until 8:14PM
Ayushman Until 8:10PM
Kaulava Until 9:54AM
Panchami Until 8:37PM

Ganesha: Yellow *Sunrise:* 5:38AM
Muruga: Yellow *Sunset:* 6:42PM
Nataraja: Clear
Moon – Purple
Ashada Adhika-Ani

Devaloka Day

Manmatha 5117
Moon 6 - Phase 11
1st Phase

4

Tuesday, July 7, 2015

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprossthapada* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar
Sun 4 Sutra 86

Kumbha Rasi: 25.44 Titli 21
416389261
Routine Work Marana Yoga
Until 6:45PM
Then Creative Work - Amrita Yoga

Gulika 12:10PM – 1:48PM
Yama 8:54AM – 10:32AM
Rahu 3:26PM – 5:04PM

Purvaprossthapada* Until 6:45PM
Saubhagya Until 5:08PM
Gara Until 7:24AM
Shashthi* Until 6:12PM

Ganesha: Purple *Sunrise:* 5:38AM
Muruga: Yellow *Sunset:* 6:42PM
Nataraja: Clear
Moon – Clear
Ashada Adhika-Ani

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Manmatha 5117
Moon 6 - Phase 11
1st Phase

5

Wednesday, July 8, 2015

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprossthapada/Revati Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Saptami/Ashamyam Titau

Yangon, Myanmar
Sun 5 Sutra 87

Meena Rasi: 9.59 Titli 22 – 23
416389261
Creative Work Siddha Yoga
Until 5:19PM
Then Routine Work - Marana Yoga

Gulika 10:33AM – 12:11PM
Yama 7:17AM – 8:55AM
Rahu 12:11PM – 1:49PM

Uttaraprossthapada Until 5:19PM
Sobhana Until 2:17PM
Balava Until 2:57AM Thu
Saptami Until 3:58PM

Ganesha: Purple *Sunrise:* 5:39AM
Muruga: Yellow *Sunset:* 6:42PM
Nataraja: Clear
Moon – Clear
Ashada Adhika-Ani

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Manmatha 5117
Moon 6 - Phase 11
1st Phase

D

Thursday, July 9, 2015
Retreat Star

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 6 Sutra 88

Meena Rasi: 24.05 Titli 23 – 24
416389261
Creative Work Siddha Yoga
Until 3:58PM
Then Creative Work - Amrita Yoga

Gulika 8:55AM – 10:33AM
Yama 5:39AM – 7:17AM
Rahu 1:49PM – 3:27PM

Revati Until 3:58PM
Athiganda* Until 11:35AM
Taitila Until 1:03AM Fri
Ashtami* Until 1:57PM

Ganesha: Purple *Sunrise:* 5:39AM
Muruga: Yellow *Sunset:* 6:42PM
Nataraja: Clear
Moon – Clear
Ashada Adhika-Ani

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Manmatha 5117
Moon 6 - Phase 11
Ashtami

Friday, July 10, 2015
Retreat Star

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Yangon, Myanmar
Sun 7 Sutra 89

Mesha Rasi: 8.02 Titli 24 – 25
426389261
Creative Work Amrita Yoga
Until 3:09PM
Then Creative Work - Siddha Yoga

Gulika 7:17AM – 8:55AM
Yama 3:27PM – 5:05PM
Rahu 10:33AM – 12:11PM

Ashvini Until 3:09PM
Sukarma Until 9:05AM
Vanija Until 11:25PM
Navami* Until 12:11PM

Ganesha: Clear *Sunrise:* 5:39AM
Muruga: Yellow *Sunset:* 6:42PM
Nataraja: Clear
Moon – White
Ashada Adhika-Ani

Devaloka Day

Manmatha 5117
Moon 6 - Phase 11
Navami

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	Saturday, July 11, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti/Shula* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau		Yangon, Myanmar Sun 8 Sutra 90
	Mesha Rasi: 21.5 Tithi 25 – 26 426389261	Gulika 5:39AM – 7:17AM Yama 1:49PM – 3:27PM Rahu 8:55AM – 10:33AM	Bharani Until 2:26PM Dhriti Until 6:49AM Bava Until 10:01PM Dashami Until 10:40AM	Ganesha: Clear <i>Sunrise: 5:39AM</i> Muruga: Yellow <i>Sunset: 6:42PM</i> Nataraja: Clear Moon – White Ashada Adhika-Ani

Creative Work Siddha Yoga
Until 2:26PM
Then Creative Work - Amrita Yoga

2	Sunday, July 12, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Yangon, Myanmar Sun 9 Sutra 91
	Virshabha Rasi: 5.29 Tithi 26 – 27 427389261	Gulika 3:27PM – 5:05PM Yama 12:11PM – 1:49PM Rahu 5:05PM – 6:42PM	Krittika Until 1:51PM Ganda* Until 2:53AM Mon Kaulava Until 8:55PM Ekadashi* Until 9:25AM	Ganesha: White <i>Sunrise: 5:40AM</i> Muruga: Yellow <i>Sunset: 6:42PM</i> Nataraja: Clear Moon – White Ashada Adhika-Ani


Creative Work Siddha Yoga

3	Monday, July 13, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vriddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Yangon, Myanmar Sun 10 Sutra 92
	Virshabha Rasi: 18.57 Tithi 27 – 28 Family Home Evening 437389261	Gulika 1:49PM – 3:27PM Yama 10:33AM – 12:11PM Rahu 7:18AM – 8:56AM	Rohini Until 1:51PM Vriddhi Until 1:19AM Tue Gara Until 8:07PM Dvadashi* Until 8:28AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Yellow <i>Sunrise: 5:40AM</i> Muruga: Yellow <i>Sunset: 6:42PM</i> Nataraja: Clear Moon – Yellow Ashada Adhika-Ani

Creative Work Amrita Yoga

4	Tuesday, July 14, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Yangon, Myanmar Sun 11 Sutra 93
	Mithuna Rasi: 2.14 Tithi 28 – 29 437389261	Gulika 12:11PM – 1:49PM Yama 8:56AM – 10:34AM Rahu 3:27PM – 5:04PM	Mrigashira Until 2:03PM Dhruva Until 12:01AM Wed Visti Until 7:42PM Trayodashi* Until 7:51AM	Ganesha: Yellow <i>Sunrise: 5:40AM</i> Muruga: Yellow <i>Sunset: 6:42PM</i> Nataraja: Clear Moon – Yellow Ashada Adhika-Ani

Creative Work Siddha Yoga
Until 2:03PM
Then Routine Work - Marana Yoga

	Wednesday, July 15, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Yangon, Myanmar Sun 12 Sutra 94
	Retreat Star Mithuna Rasi: 15.19 Tithi 29 – 30 437389261	Gulika 10:34AM – 12:11PM Yama 7:18AM – 8:56AM Rahu 12:11PM – 1:49PM	Ardra Until 2:31PM Vyaghata* Until 11:06PM Catuspada Until 7:42PM Chaturdashi* Until 7:38AM	Ganesha: Yellow <i>Sunrise: 5:41AM</i> Muruga: Yellow <i>Sunset: 6:42PM</i> Nataraja: Clear Moon – Yellow Ashada Adhika-Ani

Creative Work Siddha Yoga

4	Thursday, July 16, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Yangon, Myanmar Sun 13 Sutra 95
	Retreat Star Mithuna Rasi: 28.1 Tithi 30 – 1 447389261	Gulika 8:56AM – 10:34AM Yama 5:41AM – 7:19AM Rahu 1:49PM – 3:27PM	Punarvasu Until 3:45PM Harshana Until 10:35PM Kintughna Until 8:12PM Amavasya* Until 7:52AM	Ganesha: Red <i>Sunrise: 5:41AM</i> Muruga: Yellow <i>Sunset: 6:42PM</i> Nataraja: Clear Moon – Blue Ashada-Ani

Creative Work Amrita Yoga

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Friday, July 17, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Yangon, Myanmar Sun 14 Sutra 96
	Kataka Rasi: 10.47 Tithi 1 – 2 447389262	Gulika 7:19AM – 8:57AM Yama 3:27PM – 5:04PM Rahu 10:34AM – 12:12PM	Pushya Until 5:21PM Vajra* Until 10:28PM Balava Until 9:14PM Prathama* Until 8:38AM

Ganesha: Red Muruqa: Yellow Nataraja: Purple Moon – Blue	Sunrise: 5:41AM Sunset: 6:42PM	Manmatha 5117 Moon 6 - Phase 13 3rd Phase
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Routine Work Marana Yoga
Ashada*Adi
Sivaloka Day

2	Saturday, July 18, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Yangon, Myanmar Sun 15 Sutra 97
	Kataka Rasi: 23.08 Tithi 2 – 3 448389262	Gulika 5:42AM – 7:19AM Yama 1:49PM – 3:27PM Rahu 8:57AM – 10:34AM	Ashlesha* Until 7:19PM Siddhi Until 10:46PM Taitila Until 10:49PM Dvitiya Until 9:56AM

Ganesha: Blue Muruqa: Yellow Nataraja: Purple Moon – Blue	Sunrise: 5:42AM Sunset: 6:42PM	Manmatha 5117 Moon 6 - Phase 13 3rd Phase
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Routine Work Marana Yoga
Until 7:19PM
Then Creative Work - Amrita Yoga
Ashada*Adi
Devaloka Day

3	Sunday, July 19, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Yangon, Myanmar Sun 16 Sutra 98
	Simha Rasi: 5.17 Tithi 3 – 4 458389262	Gulika 3:27PM – 5:04PM Yama 12:12PM – 1:49PM Rahu 5:04PM – 6:41PM	Magha* Until 10:04PM Vyatipata* Until 11:27PM Vanija Until 12:52AM Mon Tritiya Until 11:46AM

Ganesha: Blue Muruqa: Yellow Nataraja: Purple Moon – Red	Sunrise: 5:42AM Sunset: 6:41PM	Manmatha 5117 Moon 6 - Phase 13 3rd Phase
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Routine Work Marana Yoga
Until 10:04PM
Then Creative Work - Siddha Yoga
Ashada*Adi
Devaloka Day

4	Monday, July 20, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Varyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Yangon, Myanmar Sun 17 Sutra 99
	Simha Rasi: 17.16 Tithi 4 – 5 458389262	Gulika 1:49PM – 3:27PM Yama 10:34AM – 12:12PM Rahu 7:20AM – 8:57AM	Purvaphalguni Until 1:01AM Tue Varyan Until 12:23AM Tue Bava Until 3:16AM Tue Chaturthi* Until 2:00PM

Ganesha: Blue Muruqa: Yellow Nataraja: Purple Moon – Red	Sunrise: 5:42AM Sunset: 6:41PM	Manmatha 5117 Moon 6 - Phase 13 3rd Phase
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Family Home Evening
Creative Work Siddha Yoga
Until 1:01AM Tue
Then Creative Work - Amrita Yoga
Ashada*Adi
Devaloka Day

5	Tuesday, July 21, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Yangon, Myanmar Sun 18 Sutra 100
	Simha Rasi: 29.06 Tithi 5 – 6 458389262	Gulika 12:12PM – 1:49PM Yama 8:57AM – 10:35AM Rahu 3:26PM – 5:04PM	Uttaraphalguni Until 3:59AM Wed Parigha* Until 1:29AM Wed Kaulava Until 5:50AM Wed Panchami Until 4:31PM

Ganesha: Blue Muruqa: Yellow Nataraja: Purple Moon – Red	Sunrise: 5:43AM Sunset: 6:41PM	Manmatha 5117 Moon 6 - Phase 13 3rd Phase
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Creative Work Amrita Yoga
Until 3:59AM Wed
Then Routine Work - Marana Yoga
Ashada*Adi
Devaloka Day

6	Wednesday, July 22, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Shiva Yoga Taitila Karana Shashthyam Titau	Yangon, Myanmar Sun 19 Sutra 101
	Kanya Rasi: 10.53 Tithi 6 468389262	Gulika 10:35AM – 12:12PM Yama 7:20AM – 8:57AM Rahu 12:12PM – 1:49PM	Hasta Until 7:15AM Thu Shiva Until 2:35AM Thu Taitila Until 7:06PM Shashthi* Until 7:06PM

Ganesha: Yellow Muruqa: Yellow Nataraja: Purple Moon – Green	Sunrise: 5:43AM Sunset: 6:41PM	Manmatha 5117 Moon 6 - Phase 13 3rd Phase
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Routine Work Marana Yoga
Until 7:15AM Thu
Then Creative Work - Siddha Yoga
Ashada*Adi
Sivaloka Day

Retreat Star	Thursday, July 23, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Gara/Vanija Karana Saptamyam Titau	Yangon, Myanmar Sun 20 Sutra 102
	Kanya Rasi: 22.42 Tithi 7 468489262	Gulika 8:58AM – 10:35AM Yama 5:43AM – 7:20AM Rahu 1:49PM – 3:26PM	Hasta Until 7:15AM Siddha Until 3:28AM Fri Gara Until 8:22AM Saptami Until 9:30PM

Ganesha: White Muruqa: Yellow Nataraja: Purple Moon – Green	Sunrise: 5:43AM Sunset: 6:41PM	Manmatha 5117 Moon 6 - Phase 13 3rd Phase
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Routine Work Marana Yoga
Until 7:15AM
Then Creative Work - Siddha Yoga
Ashada*Adi
Subha Sivaloka Day

Retreat Star	Friday, July 24, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau	Yangon, Myanmar Sun 21 Sutra 103
	Tula Rasi: 4.37 Tithi 8 468489262	Gulika 7:21AM – 8:58AM Yama 3:26PM – 5:03PM Rahu 10:35AM – 12:12PM	Chitra Until 10:03AM Sadhya Until 4:00AM Sat Visti Until 10:34AM Ashtami* Until 11:28PM

Ganesha: White Muruqa: Yellow Nataraja: Purple Moon – Green	Sunrise: 5:44AM Sunset: 6:40PM	Manmatha 5117 Moon 6 - Phase 13 Ashtami
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Creative Work Siddha Yoga
Ashada*Adi
Subha Sivaloka Day

Retreat Star	Saturday, July 25, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Balava/Kaulava Karana Navamyam Titau	Yangon, Myanmar Sun 22 Sutra 104
	Tula Rasi: 16.44 Tithi 9 469489262	Gulika 5:44AM – 7:21AM Yama 1:49PM – 3:26PM Rahu 8:58AM – 10:35AM	Svati Until 12:12PM Subha Until 4:02AM Sun Balava Until 12:15PM Navami* Until 12:49AM Sun

Ganesha: Yellow Muruqa: Yellow Nataraja: Purple Moon – Green	Sunrise: 5:44AM Sunset: 6:40PM	Manmatha 5117 Moon 6 - Phase 13 Navami
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Creative Work Siddha Yoga
Ashada*Adi
Sivaloka Day


1	Sunday, July 26, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Taitila/Gara Karana Dashamyam Titau				Yangon, Myanmar Sun 23 Sutra 105
	Tula Rasi: 29.08	Tithi 10	Gulika 3:26PM – 5:03PM	Vishakha Until 1:58PM	Ganesha: White	<i>Sunrise:</i> 5:44AM	Manmatha 5117
			Yama 12:12PM – 1:49PM	Sukla Until 3:26AM Mon	Muruga: Yellow	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 14
	Routine Work	Marana Yoga	Rahu 5:03PM – 6:40PM	Taitila Until 1:14PM	Nataraja: Purple		4th Phase
			Dashami Until 1:24AM Mon	Ashada-Adi	Devaloka Day		

2	Monday, July 27, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau				Yangon, Myanmar Sun 24 Sutra 106
	Virshika Rasi: 11.53	Tithi 11	Gulika 1:49PM – 3:26PM	Anuradha Until 2:48PM	Ganesha: White	<i>Sunrise:</i> 5:45AM	Manmatha 5117
	Family Home Evening		Yama 10:35AM – 12:12PM	Brahma Until 2:12AM Tue	Muruga: Yellow	<i>Sunset:</i> 6:39PM	Moon 6 - Phase 14
	Creative Work	Siddha Yoga	Rahu 7:21AM – 8:58AM	Vanija Until 1:25PM	Nataraja: Purple		4th Phase
			Ekadashi Until 1:10AM Tue	Ashada-Adi	Devaloka Day		

3	Tuesday, July 28, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Bava/Balava Karana Dvadashyam Titau				Yangon, Myanmar Sun 25 Sutra 107
	Virshika Rasi: 25.02	Tithi 12	Gulika 12:12PM – 1:49PM	Jyeshtha* Until 2:42PM	Ganesha: White	<i>Sunrise:</i> 5:45AM	Manmatha 5117
			Yama 8:58AM – 10:35AM	Indra Until 12:21AM Wed	Muruga: Yellow	<i>Sunset:</i> 6:39PM	Moon 6 - Phase 14
	Routine Work	Marana Yoga	Rahu 3:26PM – 5:02PM	Bava Until 12:46PM	Nataraja: Purple		4th Phase
			Dvadashi Until 12:09AM Wed	Ashada-Adi	Devaloka Day		
					Then Creative Work - Amrita Yoga		

4	Wednesday, July 29, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Yangon, Myanmar Sun 26 Sutra 108
	Dhanus Rasi: 8.37	Tithi 13	Gulika 10:35AM – 12:12PM	Mula* Until 2:08PM	Ganesha: Clear	<i>Sunrise:</i> 5:45AM	Manmatha 5117
			Yama 7:22AM – 8:59AM	Vaidhriti* Until 9:53PM	Muruga: Yellow	<i>Sunset:</i> 6:39PM	Moon 6 - Phase 14
	Routine Work	Marana Yoga	Rahu 12:12PM – 1:49PM	Kaulava Until 11:22AM	Nataraja: Purple		4th Phase
			Trayodashi Until 10:24PM	Ashada-Adi	Sivaloka Day		
					<i>Pradosha Vrata</i>		
			Then Creative Work - Amrita Yoga				

5	Thursday, July 30, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Yangon, Myanmar Sun 27 Sutra 109
	Dhanus Rasi: 22.38	Tithi 14	Gulika 8:59AM – 10:35AM	Purvashadha* Until 12:47PM	Ganesha: Clear	<i>Sunrise:</i> 5:45AM	Manmatha 5117
			Yama 5:45AM – 7:22AM	Vishkambha* Until 6:57PM	Muruga: Yellow	<i>Sunset:</i> 6:38PM	Moon 6 - Phase 14
	Creative Work	Siddha Yoga	Rahu 1:49PM – 3:25PM	Gara Until 9:19AM	Nataraja: Purple		4th Phase
			Chaturdashi* Until 8:04PM	Ashada-Adi	Sivaloka Day		
			Then Routine Work - Marana Yoga				

	Friday, July 31, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Priti/Ayushman Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Yangon, Myanmar Sutra 110
	Copper Retreat Star		Gulika 7:22AM – 8:59AM	Uttarashadha Until 10:48AM	Ganesha: Clear	<i>Sunrise:</i> 5:46AM	Manmatha 5117
	Makara Rasi: 6.59	Tithi 15 – 16	Yama 3:25PM – 5:02PM	Priti Until 3:39PM	Muruga: Yellow	<i>Sunset:</i> 6:38PM	Moon 6 - Phase 14
	Routine Work	Marana Yoga	Rahu 10:35AM – 12:12PM	Visti Until 6:45AM	Nataraja: Purple		Purnima
			Satguru Purnima	Purnima* Until 5:18PM	Ashada-Adi	Sivaloka Day	

6	Saturday, August 1, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Yangon, Myanmar Sutra 111
	Silver Retreat Star		Gulika 5:46AM – 7:22AM	Shravana Until 8:45AM	Ganesha: Purple	<i>Sunrise:</i> 5:46AM	Manmatha 5117
	Makara Rasi: 21.38	Tithi 16 – 17	Yama 1:48PM – 3:25PM	Ayushman Until 12:05PM	Muruga: Yellow	<i>Sunset:</i> 6:38PM	Moon 6 - Phase 14
	Creative Work	Siddha Yoga	Rahu 8:59AM – 10:35AM	Taitila Until 12:39AM Sun	Nataraja: Purple		Prathama
			Prathama* Until 2:14PM	Ashada-Adi	Devaloka Day		

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, August 2, 2015
Gold Retreat Star

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitiya/Triliyayam Titau

Yangon, Myanmar
Sun 1 Sutra 112

Kumbha Rasi: 6.25 Tilthi 17 - 18
491489262
Routine Work Marana Yoga
Until 6:23AM
Then Creative Work - Siddha Yoga

Gulika 3:25PM - 5:01PM
Yama 12:12PM - 1:48PM
Rahu 5:01PM - 6:37PM

Dhanishtha Until 6:23AM
Saubhagya Until 8:23AM
Vanija Until 9:25PM
Dvitiya Until 11:01AM

Ganesha: White *Sunrise: 5:46AM*
Muruqa: Yellow *Sunset: 6:37PM*
Nataraja: Purple
Moon - Purple
Ashada-Adi

Devaloka Day

Manmatha 5117
Moon 7 - Phase 15
1st Phase

1

Monday, August 3, 2015

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Athiganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar
Sun 2 Sutra 113

Kumbha Rasi: 21.14 Tilthi 18 - 19
411489262
Family Home Evening
Routine Work Marana Yoga
Until 1:41AM Tue
Then Creative Work - Amrita Yoga

Gulika 1:48PM - 3:24PM
Yama 10:35AM - 12:12PM
Rahu 7:23AM - 8:59AM

Purvaproshtapada* Until 1:41AM Tue
Athiganda* Until 1:04AM Tue
Bava Until 6:16PM
Tritiya Until 7:49AM

Ganesha: Purple *Sunrise: 5:47AM*
Muruqa: Yellow *Sunset: 6:37PM*
Nataraja: Purple
Moon - Clear
Ashada-Adi

Devaloka Day

Manmatha 5117
Moon 7 - Phase 15
1st Phase

2

Tuesday, August 4, 2015

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Yangon, Myanmar
Sun 3 Sutra 114

Meena Rasi: 5.57 Tilthi 20
411489262
Creative Work Amrita Yoga
Until 11:38PM
Then Creative Work - Siddha Yoga

Gulika 12:12PM - 1:48PM
Yama 8:59AM - 10:35AM
Rahu 3:24PM - 5:00PM

Uttaraproshtapada Until 11:38PM
Sukarma Until 9:39PM
Kaulava Until 3:18PM
Panchami Until 1:55AM Wed

Ganesha: Purple *Sunrise: 5:47AM*
Muruqa: Yellow *Sunset: 6:36PM*
Nataraja: Purple
Moon - Clear
Ashada-Adi

Devaloka Day

Manmatha 5117
Moon 7 - Phase 15
1st Phase

3

Wednesday, August 5, 2015

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar
Sun 4 Sutra 115

Meena Rasi: 20.29 Tilthi 21
411489262
Routine Work Marana Yoga

Gulika 10:35AM - 12:12PM
Yama 7:23AM - 8:59AM
Rahu 12:12PM - 1:48PM

Revati Until 9:47PM
Dhriti Until 6:31PM
Gara Until 12:39PM
Shashthi* Until 11:27PM

Ganesha: Purple *Sunrise: 5:47AM*
Muruqa: Yellow *Sunset: 6:36PM*
Nataraja: Purple
Moon - Clear
Ashada-Adi

Devaloka Day

Manmatha 5117
Moon 7 - Phase 15
1st Phase

4

Thursday, August 6, 2015

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Saplamyam Titau

Yangon, Myanmar
Sun 5 Sutra 116

Mesha Rasi: 4.46 Tilthi 22
421489262
Creative Work Amrita Yoga
Until 8:37PM
Then Creative Work - Siddha Yoga

Gulika 8:59AM - 10:35AM
Yama 5:47AM - 7:23AM
Rahu 1:47PM - 3:23PM

Ashvini Until 8:37PM
Shula* Until 3:41PM
Visti Until 10:23AM
Saptami Until 9:23PM

Ganesha: Clear *Sunrise: 5:47AM*
Muruqa: Yellow *Sunset: 6:36PM*
Nataraja: Purple
Moon - White
Ashada-Adi

Sivaloka Day

Manmatha 5117
Moon 7 - Phase 15
1st Phase

D

Friday, August 7, 2015
Retreat Star

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Ashlamyam Titau

Yangon, Myanmar
Sun 6 Sutra 117

Mesha Rasi: 18.45 Tilthi 23
421489262
Creative Work Siddha Yoga

Gulika 7:24AM - 8:59AM
Yama 3:23PM - 4:59PM
Rahu 10:35AM - 12:11PM

Bharani Until 7:46PM
Ganda* Until 1:14PM
Balava Until 8:33AM
Ashtami* Until 7:47PM

Ganesha: Clear *Sunrise: 5:48AM*
Muruqa: Yellow *Sunset: 6:35PM*
Nataraja: Purple
Moon - White
Ashada-Adi

Sivaloka Day

Manmatha 5117
Moon 7 - Phase 15
Ashtami

Saturday, August 8, 2015
Retreat Star

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mantra Vasara Yuktayam
Krittika Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Navamyam Titau

Yangon, Myanmar
Sun 7 Sutra 118

Vrishabha Rasi: 2.28 Tilthi 24
421489262
Creative Work Amrita Yoga

Gulika 5:48AM - 7:24AM
Yama 1:47PM - 3:23PM
Rahu 9:00AM - 10:35AM

Krittika Until 7:15PM
Vriddhi Until 11:11AM
Taitila Until 7:11AM
Navami* Until 6:39PM

Ganesha: Clear *Sunrise: 5:48AM*
Muruqa: Yellow *Sunset: 6:35PM*
Nataraja: Purple
Moon - White
Ashada-Adi

Sivaloka Day

Manmatha 5117
Moon 7 - Phase 15
Navami

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1	Sunday, August 9, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Dashami/Ekodashyam Titau	Yangon, Myanmar Sun 8 Sutra 119 Manmatha 5117
	431489262	Gulika 3:23PM – 4:58PM Yama 12:11PM – 1:47PM Rahu 4:58PM – 6:34PM	Rohini Until 7:28PM Dhruva Until 9:28AM Vanija Until 6:17AM Dashami Until 5:59PM

Ganesha: White *Sunrise:* 5:48AM
Muruqa: Yellow *Sunset:* 6:34PM
Nataraja: Purple
 Moon – Yellow
Ashada-Adi
Devaloka Day

Vishabha Rasi: 15.53 Tithi 26 – 26
 Creative Work Siddha Yoga

2	Monday, August 10, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Yangon, Myanmar Sun 9 Sutra 120 Manmatha 5117
	431489262	Gulika 1:47PM – 3:22PM Yama 10:35AM – 12:11PM Rahu 7:24AM – 9:00AM	Mrigashira Until 7:59PM Vyaghata* Until 8:08AM Kaulava Until 5:50AM Tue Ekadashi* Until 5:46PM

Ganesha: White *Sunrise:* 5:48AM
Muruqa: Yellow *Sunset:* 6:34PM
Nataraja: Purple
 Moon – Yellow
Ashada-Adi
Devaloka Day

Vishabha Rasi: 29.05 Tithi 26 – 27
Family Home Evening
 Creative Work Amrita Yoga
 Until 7:59PM
 Then Creative Work - Siddha Yoga

3	Tuesday, August 11, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Yangon, Myanmar Sun 10 Sutra 121 Manmatha 5117
	431489362	Gulika 12:11PM – 1:46PM Yama 9:00AM – 10:35AM Rahu 3:22PM – 4:57PM	Ardra Until 8:47PM Harshana Until 7:11AM Gara Until 6:17AM Wed Dvadashi* Until 5:59PM <i>Pradosha Vrata (Fasting)</i>

Ganesha: White *Sunrise:* 5:49AM
Muruqa: White *Sunset:* 6:33PM
Nataraja: Clear
 Moon – Yellow
Ashada-Adi
Bhuloka Day
 Devaloka Time: 6:PM to 9:PM

Mithuna Rasi: 12.02 Tithi 27 – 28
 Routine Work Marana Yoga
 Until 8:47PM
 Then Creative Work - Siddha Yoga

4	Wednesday, August 12, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau	Yangon, Myanmar Sun 11 Sutra 122 Manmatha 5117
	442489362	Gulika 10:35AM – 12:11PM Yama 7:24AM – 9:00AM Rahu 12:11PM – 1:46PM	Punarvasu Until 10:20PM Vajra* Until 6:32AM Gara Until 6:17AM Trayodashi* Until 6:40PM


Ganesha: Orange *Sunrise:* 5:49AM
Muruqa: White *Sunset:* 6:32PM
Nataraja: Clear
 Moon – Blue
Ashada-Adi
Devaloka Day

Mithuna Rasi: 24.46 Tithi 28
 Creative Work Siddha Yoga

5	Thursday, August 13, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Yangon, Myanmar Sun 12 Sutra 123 Manmatha 5117
	442489362	Gulika 9:00AM – 10:35AM Yama 5:49AM – 7:24AM Rahu 1:46PM – 3:21PM	Pushya Until 12:09AM Fri Siddhi Until 6:15AM Visti Until 7:11AM Chaturdashi* Until 7:47PM


Ganesha: Orange *Sunrise:* 5:49AM
Muruqa: White *Sunset:* 6:32PM
Nataraja: Clear
 Moon – Blue
Ashada-Adi
Devaloka Day

Kataka Rasi: 7.19 Tithi 29
 Creative Work Amrita Yoga
 Until 12:09AM Fri
 Then Routine Work - Marana Yoga

	Friday, August 14, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Yangon, Myanmar Sun 13 Sutra 124 Manmatha 5117
	442489362	Gulika 7:24AM – 9:00AM Yama 3:21PM – 4:56PM Rahu 10:35AM – 12:10PM	Ashlesha* Until 2:14AM Sat Vyatipata* Until 6:20AM Catuspada Until 8:32AM Amavasya* Until 9:21PM

Ganesha: Orange *Sunrise:* 5:49AM
Muruqa: White *Sunset:* 6:31PM
Nataraja: Clear
 Moon – Blue
Ashada-Adi
Devaloka Day

Retreat Star
 Kataka Rasi: 19.38 Tithi 30
 Routine Work Marana Yoga
 Until 2:14AM Sat
 Then Creative Work - Amrita Yoga

	Saturday, August 15, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Variyan/Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau	Yangon, Myanmar Sun 14 Sutra 125 Manmatha 5117
	452489362	Gulika 5:49AM – 7:25AM Yama 1:45PM – 3:20PM Rahu 9:00AM – 10:35AM	Magha* Until 5:03AM Sun Variyan Until 6:44AM Kintughna Until 10:19AM Prathama* Until 11:20PM

Ganesha: Clear *Sunrise:* 5:49AM
Muruqa: White *Sunset:* 6:31PM
Nataraja: Clear
 Moon – Red
Sravana-Adi
Devaloka Day

Retreat Star
 Simha Rasi: 1.48 Tithi 1
 Creative Work Amrita Yoga
 Until 5:03AM Sun
 Then Creative Work - Siddha Yoga

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1	Sunday, August 16, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Yangon, Myanmar
	Purvaphalguni Nakshatra Parigha/Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau						Sun 15 Sutra 126
Simha Rasi: 13.47	Tithi 2	452489362	Gulika 3:20PM – 4:55PM	Purvaphalguni Until 8:01AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:50AM	Manmatha 5117
			Yama 12:10PM – 1:45PM	Parigha* Until 7:27AM	Muruga: White	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 17
Creative Work Siddha Yoga			Rahu 4:55PM – 6:30PM	Balava Until 12:29PM	Nataraja: Clear		3rd Phase
				Dvitiya Until 1:40AM Mon	Moon – Red		Devaloka Day
					Sravana-Adi		


2	Monday, August 17, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam				Yangon, Myanmar
	Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Tritiyayam Titau						Sun 16 Sutra 127
Simha Rasi: 25.4	Tithi 3	452589362	Gulika 1:45PM – 3:20PM	Purvaphalguni Until 8:01AM	Ganesha: White	<i>Sunrise:</i> 5:50AM	Manmatha 5117
Family Home Evening			Yama 10:35AM – 12:10PM	Shiva Until 8:25AM	Muruga: White	<i>Sunset:</i> 6:29PM	Moon 7 - Phase 17
Creative Work Siddha Yoga			Rahu 7:25AM – 9:00AM	Taitila Until 2:58PM	Nataraja: Clear		3rd Phase
				Tritiya Until 4:15AM Tue	Moon – Red		Bhuloka Day
					Sravana-Avani		Devaloka Time: 6:PM to 9:PM

3	Tuesday, August 18, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Yangon, Myanmar
	Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturthyam Titau						Sun 17 Sutra 128
Kanya Rasi: 7.27	Tithi 4	552589362	Gulika 12:09PM – 1:44PM	Uttaraphalguni Until 11:00AM	Ganesha: Green	<i>Sunrise:</i> 5:50AM	Manmatha 5117
			Yama 9:00AM – 10:35AM	Siddha Until 9:31AM	Muruga: White	<i>Sunset:</i> 6:29PM	Moon 7 - Phase 17
Creative Work Amrita Yoga			Rahu 3:19PM – 4:54PM	Vanija Until 5:37PM	Nataraja: Clear		3rd Phase
Until 11:00AM				Chaturthi* Until 6:55AM Wed	Moon – Red		Bhuloka Day
Then Creative Work - Siddha Yoga					Sravana-Avani		Devaloka Time: 6:PM to 9:PM

4	Wednesday, August 19, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam				Yangon, Myanmar
	Hasta/Chitra Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau						Sun 18 Sutra 129
Kanya Rasi: 19.13	Tithi 4 – 5	562589362	Gulika 10:34AM – 12:09PM	Hasta Until 2:22PM	Ganesha: White	<i>Sunrise:</i> 5:50AM	Manmatha 5117
			Yama 7:25AM – 9:00AM	Sadhya Until 10:39AM	Muruga: White	<i>Sunset:</i> 6:28PM	Moon 7 - Phase 17
Routine Work Marana Yoga			Rahu 12:09PM – 1:44PM	Bava Until 8:15PM	Nataraja: Clear		3rd Phase
Until 2:22PM				Chaturthi* Until 6:55AM	Moon – Green		Bhuloka Day
Then Creative Work - Siddha Yoga			Nag Panchami		Sravana-Avani		Devaloka Time: 6:PM to 9:PM

5	Thursday, August 20, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Yangon, Myanmar
	Chitra/Svati Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau						Sun 19 Sutra 130
Tula Rasi: 1.01	Tithi 5 – 6	562589362	Gulika 9:00AM – 10:34AM	Chitra Until 5:24PM	Ganesha: White	<i>Sunrise:</i> 5:50AM	Manmatha 5117
			Yama 5:50AM – 7:25AM	Subha Until 11:42AM	Muruga: White	<i>Sunset:</i> 6:28PM	Moon 7 - Phase 17
Creative Work Siddha Yoga			Rahu 1:44PM – 3:18PM	Kaulava Until 10:40PM	Nataraja: Clear		3rd Phase
Until 5:24PM				Panchami Until 9:28AM	Moon – Green		Bhuloka Day
Then Creative Work - Amrita Yoga					Sravana-Avani		Devaloka Time: 6:PM to 9:PM

6	Friday, August 21, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Yangon, Myanmar
	Svati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau						Sun 20 Sutra 131
Tula Rasi: 12.56	Tithi 6 – 7	562589362	Gulika 7:25AM – 9:00AM	Svati Until 7:54PM	Ganesha: White	<i>Sunrise:</i> 5:51AM	Manmatha 5117
			Yama 3:18PM – 4:52PM	Sukla Until 12:28PM	Muruga: White	<i>Sunset:</i> 6:27PM	Moon 7 - Phase 17
Creative Work Siddha Yoga			Rahu 10:34AM – 12:09PM	Gara Until 12:39AM Sat	Nataraja: Clear		3rd Phase
				Shashthi* Until 11:42AM	Moon – Green		Bhuloka Day
					Sravana-Avani		Devaloka Time: 6:PM to 9:PM

	Saturday, August 22, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manla Vasara Yuktayam				Yangon, Myanmar
	Retreat Star		Vishakha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 21 Sutra 132
Tula Rasi: 25.02	Tithi 7 – 8	572589362	Gulika 5:51AM – 7:25AM	Vishakha Until 10:10PM	Ganesha: Clear	<i>Sunrise:</i> 5:51AM	Manmatha 5117
			Yama 1:43PM – 3:17PM	Brahma Until 12:51PM	Muruga: White	<i>Sunset:</i> 6:26PM	Moon 7 - Phase 17
Creative Work Siddha Yoga			Rahu 9:00AM – 10:34AM	Visti Until 2:02AM Sun	Nataraja: Clear		Ashtami
				Saptami Until 1:25PM	Moon – Orange		Devaloka Day
					Sravana-Avani		

Sunday, August 23, 2015	Retreat Star		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Yangon, Myanmar
			Anuradha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 133
Vrischika Rasi: 7.23	Tithi 8 – 9	572589362	Gulika 3:17PM – 4:51PM	Anuradha Until 11:34PM	Ganesha: Clear	<i>Sunrise:</i> 5:51AM	Manmatha 5117
			Yama 12:08PM – 1:43PM	Indra Until 12:42PM	Muruga: White	<i>Sunset:</i> 6:26PM	Moon 7 - Phase 17
Routine Work Marana Yoga			Rahu 4:51PM – 6:26PM	Balava Until 2:40AM Mon	Nataraja: Clear		Navami
				Ashtami* Until 2:26PM	Moon – Orange		Devaloka Day
					Sravana-Avani		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda


1	Monday, August 24, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Yangon, Myanmar Sun 23 Sutra 134 Manmatha 5117
	Vrischika Rasi: 20.06 Tithi 9 – 10 Family Home Evening 572589362 Creative Work Siddha Yoga Until 12:01AM Tue Then Creative Work - Amrita Yoga	Gulika 1:42PM – 3:16PM Yama 10:34AM – 12:08PM Rahu 7:25AM – 9:00AM	Jyeshtha* Until 12:01AM Tue Vaidhriti* Until 11:55AM Taitila Until 2:29AM Tue Navami* Until 2:40PM


2	Tuesday, August 25, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Yangon, Myanmar Sun 24 Sutra 135 Manmatha 5117
	Dhanus Rasi: 3.13 Tithi 10 – 11 583589362 Creative Work Amrita Yoga Until 11:57PM Then Creative Work - Siddha Yoga	Gulika 12:08PM – 1:42PM Yama 8:59AM – 10:34AM Rahu 3:16PM – 4:50PM	Mula* Until 11:57PM Vishkambha* Until 10:30AM Vanija Until 1:29AM Wed Dashami Until 2:04PM

3	Wednesday, August 26, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Vistit*/Bava Karana Ekadashi/Dvadashyam Titau	Yangon, Myanmar Sun 25 Sutra 136 Manmatha 5117
	Dhanus Rasi: 16.47 Tithi 11 – 12 583589362 Creative Work Amrita Yoga	Gulika 10:33AM – 12:07PM Yama 7:25AM – 8:59AM Rahu 12:07PM – 1:41PM	Purvashadha* Until 10:58PM Priti Until 8:26AM Bava Until 11:43PM Ekadashi Until 12:40PM

4	Thursday, August 27, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Yangon, Myanmar Sun 26 Sutra 137 Manmatha 5117
	Makara Rasi: 0.49 Tithi 12 – 13 583589362 Routine Work Marana Yoga Until 9:11PM Then Creative Work - Siddha Yoga	Gulika 8:59AM – 10:33AM Yama 5:52AM – 7:25AM Rahu 1:41PM – 3:15PM	Uttarashadha Until 9:11PM Saubhagya Until 2:32AM Fri Kaulava Until 9:16PM Dvadashi Until 10:33AM <i>Pradosha Vrata</i>

5	Friday, August 28, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Yangon, Myanmar Sun 27 Sutra 138 Manmatha 5117
	Makara Rasi: 15.16 Tithi 13 – 14 593589363 Routine Work Marana Yoga Until 7:08PM Then Creative Work - Siddha Yoga	Gulika 7:25AM – 8:59AM Yama 3:14PM – 4:48PM Rahu 10:33AM – 12:07PM	Shravana Until 7:08PM Sobhana Until 10:57PM Gara Until 6:18PM Trayodashi Until 7:50AM

	Saturday, August 29, 2015 Copper Retreat Star	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Vistit*/Bava Karana Purnimayam Titau	Yangon, Myanmar Sutra 139 Manmatha 5117
	Kumbha Rasi: 0.03 Tithi 15 593589363 Creative Work Siddha Yoga Until 4:35PM Then Creative Work - Amrita Yoga	Gulika 5:52AM – 7:25AM Yama 1:40PM – 3:14PM Rahu 8:59AM – 10:33AM	Dhanishtha Until 4:35PM Athiganda* Until 7:02PM Vistit Until 2:57PM Purnima* Until 1:10AM Sun

	Sunday, August 30, 2015 Silver Retreat Star	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosithapada* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau	Yangon, Myanmar Sutra 140 Manmatha 5117
	Kumbha Rasi: 15.04 Tithi 16 593589363 Creative Work Siddha Yoga	Gulika 3:13PM – 4:47PM Yama 12:06PM – 1:40PM Rahu 4:47PM – 6:21PM	Shatabhishak Until 1:41PM Sukarma Until 2:58PM Balava Until 11:23AM Prathama* Until 9:33PM

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Monday, August 31, 2015
Gold Retreat Star

Meena Rasi: 0.11 Tithi 17 – 18
Family Home Evening 513589363
Routine Work Marana Yoga
Until 11:00AM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Dhriti/Shula* Yoga Taitila/Vanija Karana Dvitiya/Trilayam Titau

Gulika 1:39PM – 3:13PM
Yama 10:32AM – 12:06PM
Rahu 7:26AM – 8:59AM

Purvaprosarthapada* Until 11:00AM
Dhriti Until 10:54AM
Taitila Until 7:45AM
Dvitiya Until 5:56PM

Ganesha: White Sunrise: 5:52AM
Muruga: White Sunset: 6:20PM
Nataraja: Purple
Moon – Clear
Sravana-Avani

Yangon, Myanmar
Sun 1 Sutra 141
Manmatha 5117
Moon 8 - Phase 19
1st Phase

Devaloka Day

1 Tuesday, September 1, 2015

Meena Rasi: 15.14 Tithi 18 – 19
513589363
Creative Work Amrita Yoga
Until 8:17AM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Uttaraprosarthapada/Revati Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Gulika 12:06PM – 1:39PM
Yama 8:59AM – 10:32AM
Rahu 3:12PM – 4:46PM

Uttaraprosarthapada Until 8:17AM
Shula* Until 6:53AM
Bava Until 12:53AM Wed
Tritiya Until 2:29PM

Ganesha: White Sunrise: 5:52AM
Muruga: White Sunset: 6:19PM
Nataraja: Purple
Moon – Clear
Sravana-Avani

Yangon, Myanmar
Sun 2 Sutra 142
Manmatha 5117
Moon 8 - Phase 19
1st Phase

Devaloka Day

2 Wednesday, September 2, 2015

Mesha Rasi: 0.05 Tithi 19 – 20
523589363
Routine Work Marana Yoga
Until 3:48AM Thu
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukhtayam
Ashvini Nakshatra Vriddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau

Gulika 10:32AM – 12:05PM
Yama 7:26AM – 8:59AM
Rahu 12:05PM – 1:39PM

Ashvini Until 3:48AM Thu
Vriddhi Until 11:38PM
Kaulava Until 9:56PM
Chaturthi* Until 11:20AM

Ganesha: Clear Sunrise: 5:52AM
Muruga: White Sunset: 6:18PM
Nataraja: Purple
Moon – White
Sravana-Avani

Yangon, Myanmar
Sun 3 Sutra 143
Manmatha 5117
Moon 8 - Phase 19
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

3 Thursday, September 3, 2015

Mesha Rasi: 14.38 Tithi 20 – 21
523589363
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukhtayam
Bharani Nakshatra Dhruva Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Gulika 8:59AM – 10:32AM
Yama 5:52AM – 7:26AM
Rahu 1:38PM – 3:11PM

Bharani Until 2:17AM Fri
Dhruva Until 8:33PM
Gara Until 7:29PM
Panchami Until 8:37AM

Ganesha: Clear Sunrise: 5:52AM
Muruga: White Sunset: 6:18PM
Nataraja: Purple
Moon – White
Sravana-Avani

Yangon, Myanmar
Sun 4 Sutra 144
Manmatha 5117
Moon 8 - Phase 19
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

4 Friday, September 4, 2015

Mesha Rasi: 28.5 Tithi 21 – 22
523589363
Creative Work Siddha Yoga
Until 1:13AM Sat
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Krittika Nakshatra Vyaghata*/Harshana Yoga Vanija/Bava Karana Shashti/Saptamam Titau

Gulika 7:26AM – 8:59AM
Yama 3:11PM – 4:44PM
Rahu 10:32AM – 12:05PM

Krittika Until 1:13AM Sat
Vyaghata* Until 5:59PM
Bava Until 4:54AM Sat
Shashti* Until 6:27AM

Ganesha: Clear Sunrise: 5:53AM
Muruga: White Sunset: 6:17PM
Nataraja: Purple
Moon – White
Sravana-Avani

Yangon, Myanmar
Sun 5 Sutra 145
Manmatha 5117
Moon 8 - Phase 19
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Retreat Star
Saturday, September 5, 2015

Vrishabha Rasi: 12.37 Tithi 23
533589363
Creative Work Amrita Yoga
Until 1:06AM Sun
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yukhtayam
Rohini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamam Titau

Gulika 5:53AM – 7:26AM
Yama 1:37PM – 3:10PM
Rahu 8:59AM – 10:31AM

Rohini Until 1:06AM Sun
Harshana Until 3:56PM
Balava Until 4:23PM
Ashtami* Until 4:00AM Sun

Ganesha: Purple Sunrise: 5:53AM
Muruga: White Sunset: 6:16PM
Nataraja: Purple
Moon – Yellow
Sravana-Avani

Yangon, Myanmar
Sun 6 Sutra 146
Manmatha 5117
Moon 8 - Phase 19
Ashtami

Devaloka Day

Retreat Star
Sunday, September 6, 2015

Vrishabha Rasi: 26.02 Tithi 24
533589363
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Mrigashira Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Navamam Titau

Gulika 3:10PM – 4:42PM
Yama 12:04PM – 1:37PM
Rahu 4:42PM – 6:15PM

Mrigashira Until 1:28AM Mon
Vajra* Until 2:23PM
Taitila Until 3:49PM
Navami* Until 3:46AM Mon

Ganesha: Purple Sunrise: 5:53AM
Muruga: White Sunset: 6:15PM
Nataraja: Purple
Moon – Yellow
Sravana-Avani

Yangon, Myanmar
Sun 7 Sutra 147
Manmatha 5117
Moon 8 - Phase 19
Navami

Devaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Monday, September 7, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau				Yangon, Myanmar Sun 8 Sutra 148
	Mithuna Rasi: 9.05 Tithi 25	Gulika 1:36PM – 3:09PM	Ardra Until 2:19AM Tue	Ganesha: Purple <i>Sunrise:</i> 5:53AM	Manmatha 5117	
	Family Home Evening 533589363	Yama 10:31AM – 12:04PM	Siddhi Until 1:22PM	Muruga: White <i>Sunset:</i> 6:14PM	Moon 8 - Phase 20	
	Creative Work Siddha Yoga	Rahu 7:26AM – 8:58AM	Vanija Until 3:54PM	Nataraja: Purple Moon – Yellow	2nd Phase	
			Dashami Until 4:09AM Tue	Sravana-Avani	Devaloka Day	

2	Tuesday, September 8, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ekadashyam Titau				Yangon, Myanmar Sun 9 Sutra 149
	Mithuna Rasi: 21.51 Tithi 26	Gulika 12:03PM – 1:36PM	Punarvasu Until 4:01AM Wed	Ganesha: Clear <i>Sunrise:</i> 5:53AM	Manmatha 5117	
	543589363	Yama 8:58AM – 10:31AM	Vyatipata* Until 12:50PM	Muruga: White <i>Sunset:</i> 6:14PM	Moon 8 - Phase 20	
	Creative Work Siddha Yoga	Rahu 3:08PM – 4:41PM	Bava Until 4:35PM	Nataraja: Purple Moon – Blue	2nd Phase	
			Ekadashi* Until 5:06AM Wed	Sravana-Avani	Bhuloka Day Devaloka Time: 9:AM to 12:PM	

3	Wednesday, September 9, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Yangon, Myanmar Sun 10 Sutra 150
	Kataka Rasi: 4.2 Tithi 27	Gulika 10:31AM – 12:03PM	Pushya Until 6:03AM Thu	Ganesha: Purple <i>Sunrise:</i> 5:53AM	Manmatha 5117	
	544599363	Yama 7:26AM – 8:58AM	Variyan Until 12:42PM	Muruga: Green <i>Sunset:</i> 6:13PM	Moon 8 - Phase 20	
	Creative Work Siddha Yoga	Rahu 12:03PM – 1:35PM	Kaulava Until 5:48PM	Nataraja: Purple Moon – Blue	2nd Phase	
			Dvadashi* Until 6:34AM Thu	Sravana-Avani	Bhuloka Day	

4	Thursday, September 10, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar Sun 11 Sutra 151
	Kataka Rasi: 16.38 Tithi 27 – 28	Gulika 8:58AM – 10:30AM	Pushya Until 6:03AM	Ganesha: Purple <i>Sunrise:</i> 5:53AM	Manmatha 5117	
	544599363	Yama 5:53AM – 7:26AM	Parigha* Until 12:56PM	Muruga: Green <i>Sunset:</i> 6:12PM	Moon 8 - Phase 20	
	Creative Work Amrita Yoga	Rahu 1:35PM – 3:07PM	Gara Until 7:29PM	Nataraja: Purple Moon – Blue	2nd Phase	
Until 6:03AM				Dvadashi* Until 6:34AM	Sravana-Avani	Bhuloka Day
Then Creative Work - Siddha Yoga	<i>Pradosha Vrata (Fasting)</i>					

5	Friday, September 11, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar Sun 12 Sutra 152
	Kataka Rasi: 28.44 Tithi 28 – 29	Gulika 7:26AM – 8:58AM	Ashlesha* Until 8:20AM	Ganesha: Clear <i>Sunrise:</i> 5:53AM	Manmatha 5117	
	544699363	Yama 3:07PM – 4:39PM	Shiva Until 1:30PM	Muruga: Green <i>Sunset:</i> 6:11PM	Moon 8 - Phase 20	
	Routine Work Marana Yoga	Rahu 10:30AM – 12:02PM	Visti Until 9:33PM	Nataraja: Purple Moon – Blue	2nd Phase	
			Trayodashi* Until 8:27AM	Sravana-Avani	Bhuloka Day Devaloka Time: 9:AM to 12:PM	

●	Saturday, September 12, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasayam Titau				Yangon, Myanmar Sun 13 Sutra 153
	Retreat Star	Gulika 5:53AM – 7:26AM	Magha* Until 11:17AM	Ganesha: Orange <i>Sunrise:</i> 5:53AM	Manmatha 5117	
	Simha Rasi: 10.42 Tithi 29 – 30	Yama 1:34PM – 3:06PM	Siddha Until 2:17PM	Muruga: Green <i>Sunset:</i> 6:10PM	Moon 8 - Phase 20	
	554699363	Rahu 8:58AM – 10:30AM	Catuspada Until 11:55PM	Nataraja: Purple Moon – Red	Amavasya	
Creative Work Amrita Yoga				Chaturdashi* Until 10:41AM	Sravana-Avani	Bhuloka Day Devaloka Time: 9:AM to 12:PM
Until 11:17AM						
Then Creative Work - Siddha Yoga						

●	Sunday, September 13, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Yangon, Myanmar Sun 14 Sutra 154
	Retreat Star	Gulika 3:06PM – 4:38PM	Purvaphalguni Until 2:18PM	Ganesha: Orange <i>Sunrise:</i> 5:54AM	Manmatha 5117	
	Simha Rasi: 22.34 Tithi 30 – 1	Yama 12:02PM – 1:34PM	Sadhya Until 3:17PM	Muruga: Green <i>Sunset:</i> 6:10PM	Moon 8 - Phase 20	
	554699363	Rahu 4:38PM – 6:10PM	Kintughna Until 2:31AM Mon	Nataraja: Purple Moon – Red	Prathama	
Creative Work Siddha Yoga				Amavasya* Until 1:11PM	Bhadrapada-Avani	Bhuloka Day Devaloka Time: 9:AM to 12:PM
Until 2:18PM	Grandparent's Day Partial Solar Eclipse					
Then Creative Work - Amrita Yoga						

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Monday, September 14, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha/Sukla Yoga Bava/Balava Karana Prathama/Dvitiiyayam Titau	Yangon, Myanmar Sun 15 Sutra 155
	Kanya Rasi: 4.22 Tithi 1 – 2 Family Home Evening 554699363 Creative Work Siddha Yoga	Gulika 1:33PM – 3:05PM Yama 10:29AM – 12:01PM Rahu 7:26AM – 8:57AM	Uttaraphalguni Until 5:18PM Subha Until 4:23PM Balava Until 5:11AM Tue Prathama* Until 3:49PM
		Ganesha: Orange <i>Sunrise:</i> 5:54AM Muruqa: Green <i>Sunset:</i> 6:09PM Nataraja: Purple Moon – Red	Manmatha 5117 Moon 8 - Phase 21 3rd Phase
		Bhuloka Day Devaloka Time: 9:AM to 12:PM	

2	Tuesday, September 15, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Kaulava Karana Dvitiiyayam Titau	Yangon, Myanmar Sun 16 Sutra 156
	Kanya Rasi: 16.08 Tithi 2 554699363 Creative Work Siddha Yoga	Gulika 12:01PM – 1:33PM Yama 8:57AM – 10:29AM Rahu 3:04PM – 4:36PM	Hasta Until 8:40PM Sukla Until 5:29PM Kaulava Until 6:30PM Dvitiya Until 6:30PM
		Ganesha: Clear <i>Sunrise:</i> 5:54AM Muruqa: Green <i>Sunset:</i> 6:08PM Nataraja: Purple Moon – Green	Manmatha 5117 Moon 8 - Phase 21 3rd Phase
		Bhuloka Day Devaloka Time: 9:AM to 12:PM	

3	Wednesday, September 16, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Taitila/Gara Karana Tritiiyayam Titau	Yangon, Myanmar Sun 17 Sutra 157
	Kanya Rasi: 27.55 Tithi 3 554699363 Creative Work Siddha Yoga	Gulika 10:29AM – 12:01PM Yama 7:26AM – 8:57AM Rahu 12:01PM – 1:32PM	Chitra Until 11:44PM Brahma Until 6:31PM Taitila Until 7:50AM Tritiya Until 9:04PM
		Ganesha: Clear <i>Sunrise:</i> 5:54AM Muruqa: Green <i>Sunset:</i> 6:07PM Nataraja: Purple Moon – Green	Manmatha 5117 Moon 8 - Phase 21 3rd Phase
		Bhuloka Day Devaloka Time: 9:AM to 12:PM	

4	Thursday, September 17, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Vanija/Vishti* Karana Chaturthiyam Titau	Yangon, Myanmar Sun 18 Sutra 158
	Tula Rasi: 9.46 Tithi 4 554699363 Creative Work Amrita Yoga Until 2:23AM Fri Then Creative Work - Siddha Yoga	Gulika 8:57AM – 10:29AM Yama 5:54AM – 7:26AM Rahu 1:32PM – 3:03PM	Svati Until 2:23AM Fri Indra Until 7:23PM Vanija Until 10:18AM Chaturthi* Until 11:23PM
		Ganesha: Clear <i>Sunrise:</i> 5:54AM Muruqa: Green <i>Sunset:</i> 6:06PM Nataraja: Purple Moon – Green	Manmatha 5117 Moon 8 - Phase 21 3rd Phase
		Bhuloka Day Devaloka Time: 9:AM to 12:PM	

5	Friday, September 18, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau	Yangon, Myanmar Sun 19 Sutra 159
	Tula Rasi: 21.43 Tithi 5 554699363 Creative Work Siddha Yoga	Gulika 7:25AM – 8:57AM Yama 3:03PM – 4:34PM Rahu 10:28AM – 12:00PM	Vishakha Until 4:58AM Sat Vaidhriti* Until 7:56PM Bava Until 12:26PM Panchami Until 1:18AM Sat
		Ganesha: Purple <i>Sunrise:</i> 5:54AM Muruqa: Green <i>Sunset:</i> 6:06PM Nataraja: Purple Moon – Orange	Manmatha 5117 Moon 8 - Phase 21 3rd Phase
		Devaloka Day	

6	Saturday, September 19, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau	Yangon, Myanmar Sun 20 Sutra 160
	Vrischika Rasi: 3.51 Tithi 6 554699363 Creative Work Siddha Yoga Until 6:50AM Sun Then Routine Work - Marana Yoga	Gulika 5:54AM – 7:25AM Yama 1:31PM – 3:02PM Rahu 8:57AM – 10:28AM	Anuradha Until 6:50AM Sun Vishkambha* Until 8:06PM Kaulava Until 2:06PM Shashthi* Until 2:41AM Sun
		Ganesha: Purple <i>Sunrise:</i> 5:54AM Muruqa: Green <i>Sunset:</i> 6:05PM Nataraja: Purple Moon – Orange	Manmatha 5117 Moon 8 - Phase 21 3rd Phase
		Devaloka Day	

Retreat Star	Sunday, September 20, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti Yoga Gara/Vanija Karana Saplamyam Titau	Yangon, Myanmar Sun 21 Sutra 161
	Vrischika Rasi: 16.13 Tithi 7 554699363 Routine Work Marana Yoga	Gulika 3:02PM – 4:33PM Yama 11:59AM – 1:30PM Rahu 4:33PM – 6:04PM	Anuradha Until 6:50AM Priti Until 7:48PM Gara Until 3:10PM Saptami Until 3:25AM Mon
		Ganesha: Purple <i>Sunrise:</i> 5:54AM Muruqa: Green <i>Sunset:</i> 6:04PM Nataraja: Purple Moon – Orange	Manmatha 5117 Moon 8 - Phase 21 3rd Phase
		Devaloka Day	

Retreat Star	Monday, September 21, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau	Yangon, Myanmar Sun 22 Sutra 162
	Vrischika Rasi: 28.53 Tithi 8 Family Home Evening 5575699363 Creative Work Siddha Yoga	Gulika 1:30PM – 3:01PM Yama 10:28AM – 11:59AM Rahu 7:25AM – 8:57AM	Jyeshtha* Until 7:55AM Ayushman Until 6:55PM Visti Until 3:32PM Ashtami* Until 3:24AM Tue
		Ganesha: Clear <i>Sunrise:</i> 5:54AM Muruqa: Green <i>Sunset:</i> 6:03PM Nataraja: Purple Moon – Orange	Manmatha 5117 Moon 8 - Phase 21 Ashtami
		Bhuloka Day Devaloka Time: 6:AM to 9:AM	

Retreat Star	Tuesday, September 22, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Navamyam Titau	Yangon, Myanmar Sun 23 Sutra 163
	Dhanu Rasi: 11.54 Tithi 9 5585699363 Creative Work Amrita Yoga Until 8:34AM Then Creative Work - Siddha Yoga	Gulika 11:58AM – 1:29PM Yama 8:56AM – 10:27AM Rahu 3:00PM – 4:31PM	Mula* Until 8:34AM Saubhagya Until 5:27PM Balava Until 3:08PM Navami* Until 2:37AM Wed
		Ganesha: White <i>Sunrise:</i> 5:54AM Muruqa: Green <i>Sunset:</i> 6:02PM Nataraja: Purple Moon – Light Blue	Manmatha 5117 Moon 8 - Phase 21 Navami
		Bhuloka Day Devaloka Time: 9:AM to 12:PM	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	Wednesday, September 23, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Sobhana/Alhiganda* Yoga Taitila/Gara Karana Dashamyam Titau				Yangon, Myanmar
	Dhanu Rasi: 25.2	Tithi 10				Sun 24	Sutra 164
			585699363	Gulika 10:27AM – 11:58AM	Purvashadha* Until 8:18AM	Ganesha: White <i>Sunrise:</i> 5:55AM	Manmatha 5117
	Creative Work	Amrita Yoga		Yama 7:25AM – 8:56AM	Sobhana Until 3:22PM	Muruga: Green <i>Sunset:</i> 6:01PM	Moon 8 - Phase 22
			Rahu 11:58AM – 1:29PM	Taitila Until 1:58PM	Nataraja: Purple	4th Phase	
				Dashami Until 1:05AM Thu	Moon – Light Blue	Bhuloka Day	
					Bhadrapada-Puratasi		

2	Thursday, September 24, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau				Yangon, Myanmar
	Makara Rasi: 9.13	Tithi 11				Sun 25	Sutra 165
			585699363	Gulika 8:56AM – 10:27AM	Uttarashadha Until 7:10AM	Ganesha: White <i>Sunrise:</i> 5:55AM	Manmatha 5117
	Routine Work	Marana Yoga		Yama 5:55AM – 7:25AM	Athiganda* Until 12:41PM	Muruga: Green <i>Sunset:</i> 6:01PM	Moon 8 - Phase 22
			Rahu 1:28PM – 2:59PM	Vanija Until 12:04PM	Nataraja: Purple	4th Phase	
				Ekadashi Until 10:51PM	Moon – Light Blue	Bhuloka Day	
					Bhadrapada-Puratasi		

3	Friday, September 25, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Dvadashyam Titau				Yangon, Myanmar
	Makara Rasi: 23.32	Tithi 12				Sun 26	Sutra 166
			595699363	Gulika 7:25AM – 8:56AM	Dhanishtha Until 3:25AM Sat	Ganesha: Yellow <i>Sunrise:</i> 5:55AM	Manmatha 5117
	Creative Work	Siddha Yoga		Yama 2:59PM – 4:29PM	Sukarma Until 9:29AM	Muruga: Green <i>Sunset:</i> 6:00PM	Moon 8 - Phase 22
			Rahu 10:27AM – 11:57AM	Bava Until 9:31AM	Nataraja: Purple	4th Phase	
				Dvadashi Until 8:01PM	Moon – Purple	Bhuloka Day	
					Bhadrapada-Puratasi	Devaloka Time: 6:AM to 9:AM	

4	Saturday, September 26, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar
	Kumbha Rasi: 8.15	Tithi 13 – 14				Sun 27	Sutra 167
			595699363	Gulika 5:55AM – 7:25AM	Shatabhishak Until 12:40AM Sun	Ganesha: Yellow <i>Sunrise:</i> 5:55AM	Manmatha 5117
	Creative Work	Amrita Yoga		Yama 1:28PM – 2:58PM	Shula* Until 1:53AM Sun	Muruga: Green <i>Sunset:</i> 5:59PM	Moon 8 - Phase 22
			Rahu 8:56AM – 10:26AM	Kaulava Until 6:27AM	Nataraja: Purple	4th Phase	
				Trayodashi Until 4:45PM	Moon – Purple	Bhuloka Day	
					Bhadrapada-Puratasi	Devaloka Time: 6:AM to 9:AM	

○	Sunday, September 27, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Yangon, Myanmar
	Copper Retreat Star					Sutra 168	
	Kumbha Rasi: 23.16	Tithi 14 – 15				Manmatha 5117	
			515699363	Gulika 2:57PM – 4:28PM	Purvaproshtapada* Until 9:55PM	Ganesha: Yellow <i>Sunrise:</i> 5:55AM	Manmatha 5117
Creative Work	Siddha Yoga		Yama 11:57AM – 1:27PM	Ganda* Until 9:43PM	Muruga: Green <i>Sunset:</i> 5:58PM	Moon 8 - Phase 22	
			Rahu 4:28PM – 5:58PM	Visti Until 11:18PM	Nataraja: Purple	Purnima	
				Chaturdashi* Until 1:09PM	Moon – Clear	Bhuloka Day	
					Bhadrapada-Puratasi	Devaloka Time: 6:AM to 9:AM	

○	Monday, September 28, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Yangon, Myanmar
	Silver Retreat Star					Sutra 169	
	Meena Rasi: 8.27	Tithi 15 – 16				Manmatha 5117	
			615699363	Gulika 1:27PM – 2:57PM	Uttaraproshtapada Until 6:57PM	Ganesha: Blue <i>Sunrise:</i> 5:55AM	Manmatha 5117
Family Home Evening			Yama 10:26AM – 11:56AM	Vriddhi Until 5:28PM	Muruga: Green <i>Sunset:</i> 5:57PM	Moon 8 - Phase 22	
Creative Work	Siddha Yoga		Rahu 7:25AM – 8:56AM	Balava Until 7:31PM	Nataraja: Purple	Prathama	
				Purnima* Until 9:24AM	Moon – Clear	Bhuloka Day	
					Bhadrapada-Puratasi		

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

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Tuesday, September 29, 2015
Gold Retreat Star

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Yangon, Myanmar
Sutra 170

Meena Rasi: 23.39 Tithi 17
615699363
Creative Work Siddha Yoga

Gulika 11:56AM – 1:26PM
Yama 8:56AM – 10:26AM
Rahu 2:56PM – 4:26PM

Revati Until 3:55PM
Dhruva Until 1:16PM
Taitila Until 3:50PM

Ganesha: Blue *Sunrise:* 5:55AM
Muruga: Green *Sunset:* 5:57PM

Nataraja: Purple
Moon – Clear Manmatha 5117
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Bhadrapada-Puratasi

1

Wednesday, September 30, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 171

Mesha Rasi: 8.44 Tithi 18
625699363
Routine Work Marana Yoga
Until 1:23PM

Gulika 10:26AM – 11:56AM
Yama 7:25AM – 8:56AM
Rahu 11:56AM – 1:26PM

Ashvini Until 1:23PM
Vyaghata* Until 9:15AM
Vanija Until 12:23PM
Tritiya Until 10:47PM

Ganesha: Yellow *Sunrise:* 5:55AM
Muruga: Green *Sunset:* 5:56PM

Nataraja: Purple
Moon – White Manmatha 5117
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Bhadrapada-Puratasi Devaloka Time: 6:AM to 9:AM

Then Creative Work - Siddha Yoga

2

Thursday, October 1, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra* Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar
Sun 2 Sutra 172

Mesha Rasi: 23.32 Tithi 19
626699363
Creative Work Siddha Yoga
Until 11:08AM

Gulika 8:55AM – 10:25AM
Yama 5:56AM – 7:25AM
Rahu 1:25PM – 2:55PM

Bharani Until 11:08AM
Vajra* Until 2:16AM Fri
Bava Until 9:20AM
Chaturthi* Until 7:58PM

Ganesha: Red *Sunrise:* 5:56AM
Muruga: Green *Sunset:* 5:55PM

Nataraja: Purple
Moon – White Manmatha 5117
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Bhadrapada-Puratasi Devaloka Time: 6:AM to 9:AM

Then Routine Work - Marana Yoga

3

Friday, October 2, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar
Sun 3 Sutra 173

Wrishabha Rasi: 7.57 Tithi 20 – 21
626699363
Creative Work Siddha Yoga
Until 9:18AM

Gulika 7:26AM – 8:55AM
Yama 2:55PM – 4:24PM
Rahu 10:25AM – 11:55AM

Krittika Until 9:18AM
Siddhi Until 11:31PM
Kaulava Until 6:49AM
Panchami Until 5:47PM

Ganesha: Red *Sunrise:* 5:56AM
Muruga: Green *Sunset:* 5:54PM

Nataraja: Purple
Moon – White Manmatha 5117
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Bhadrapada-Puratasi Devaloka Time: 6:AM to 9:AM

Then Routine Work - Marana Yoga

4

Saturday, October 3, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 4 Sutra 174

Wrishabha Rasi: 21.56 Tithi 21 – 22
636699363
Creative Work Amrita Yoga
Until 8:25AM

Gulika 5:56AM – 7:26AM
Yama 1:24PM – 2:54PM
Rahu 8:55AM – 10:25AM

Rohini Until 8:25AM
Vyatipata* Until 9:22PM
Visti Until 3:52AM Sun
Shashthi* Until 4:18PM

Ganesha: Green *Sunrise:* 5:56AM
Muruga: Green *Sunset:* 5:54PM

Nataraja: Purple
Moon – Yellow Manmatha 5117
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Bhadrapada-Puratasi

Then Creative Work - Siddha Yoga

5

Sunday, October 4, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Varyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yangon, Myanmar
Sun 5 Sutra 175

Mithuna Rasi: 5.28 Tithi 22 – 23
636699363
Creative Work Siddha Yoga
Until 8:31AM

Gulika 2:54PM – 4:23PM
Yama 11:54AM – 1:24PM
Rahu 4:23PM – 5:53PM

Mrigashira Until 8:09AM
Varyan Until 7:49PM
Balava Until 3:35AM Mon
Saptami Until 3:36PM

Ganesha: Green *Sunrise:* 5:56AM
Muruga: Green *Sunset:* 5:53PM

Nataraja: Purple
Moon – Yellow Manmatha 5117
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Bhadrapada-Puratasi

Then Creative Work - Siddha Yoga

D

Monday, October 5, 2015

Retreat Star

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 6 Sutra 176

Mithuna Rasi: 18.34 Tithi 23 – 24
636699363
Family Home Evening
Creative Work Siddha Yoga
Until 8:31AM

Gulika 1:24PM – 2:53PM
Yama 10:25AM – 11:54AM
Rahu 7:26AM – 8:55AM

Ardra Until 8:31AM
Parigha* Until 6:55PM
Taitila Until 4:05AM Tue
Ashtami* Until 3:43PM

Ganesha: Green *Sunrise:* 5:56AM
Muruga: Green *Sunset:* 5:52PM

Nataraja: Purple
Moon – Yellow Manmatha 5117
Moon 9 - Phase 23
Ashtami

Bhuloka Day

Bhadrapada-Puratasi

Then Creative Work - Amrita Yoga

Tuesday, October 6, 2015

Retreat Star

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Yangon, Myanmar
Sun 7 Sutra 177

Kataka Rasi: 1.16 Tithi 24 – 25
646799363
Creative Work Siddha Yoga

Gulika 11:54AM – 1:23PM
Yama 8:55AM – 10:24AM
Rahu 2:53PM – 4:22PM

Punarvasu Until 9:57AM
Shiva Until 6:37PM
Vanija Until 5:18AM Wed
Navami* Until 4:35PM

Ganesha: Clear *Sunrise:* 5:56AM
Muruga: Green *Sunset:* 5:51PM

Nataraja: Purple
Moon – Blue Manmatha 5117
Moon 9 - Phase 23
Navami

Bhuloka Day

Bhadrapada-Puratasi Devaloka Time: 6:AM to 9:AM

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

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1	Wednesday, October 7, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Visti* Karana Dashamyam Titau	Yangon, Myanmar Sun 8 Sutra 178
	Kataka Rasi: 13.39 Tilthi 25 646799363	Gulika 10:24AM – 11:53AM Yama 7:26AM – 8:55AM Rahu 11:53AM – 1:23PM	Pushya Until 11:54AM Siddha Until 6:47PM Visti Until 6:08PM Dashami Until 6:08PM

Ganesha: Clear <i>Sunrise:</i> 5:56AM	Manmatha 5117
Muruqa: Green <i>Sunset:</i> 5:51PM	Moon 9 - Phase 24
Nataraja: Purple	2nd Phase
Moon – Blue	
Bhuloka Day	
Bhadrapada*Puratasi	Devaloka Time: 6:AM to 9:AM

2	Thursday, October 8, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau	Yangon, Myanmar Sun 9 Sutra 179
	Kataka Rasi: 25.47 Tilthi 26 647799364	Gulika 8:55AM – 10:24AM Yama 5:57AM – 7:26AM Rahu 1:22PM – 2:51PM	Ashlesha* Until 2:13PM Sadhya Until 7:21PM Bava Until 7:07AM Ekadashi* Until 8:11PM

Ganesha: Orange <i>Sunrise:</i> 5:57AM	Manmatha 5117
Muruqa: Green <i>Sunset:</i> 5:50PM	Moon 9 - Phase 24
Nataraja: Clear	2nd Phase
Moon – Blue	
Devaloka Day	
Bhadrapada*Puratasi	

3	Friday, October 9, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Yangon, Myanmar Sun 10 Sutra 180
	Simha Rasi: 7.45 Tilthi 27 657799364	Gulika 7:26AM – 8:55AM Yama 2:51PM – 4:20PM Rahu 10:24AM – 11:53AM	Magha* Until 5:15PM Subha Until 8:13PM Kaulava Until 9:24AM Dvadashi* Until 10:38PM

Ganesha: Light Blue <i>Sunrise:</i> 5:57AM	Manmatha 5117
Muruqa: Green <i>Sunset:</i> 5:49PM	Moon 9 - Phase 24
Nataraja: Clear	2nd Phase
Moon – Red	
Bhuloka Day	
Bhadrapada*Puratasi	Devaloka Time: 6:PM to 9:PM

4	Saturday, October 10, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Sukla Yoga Gara/Vanija Karana Trayodashyam Titau	Yangon, Myanmar Sun 11 Sutra 181
	Simha Rasi: 19.36 Tilthi 28 657799364	Gulika 5:57AM – 7:26AM Yama 1:22PM – 2:50PM Rahu 8:55AM – 10:24AM	Purvaphalguni Until 8:21PM Sukla Until 9:13PM Gara Until 11:57AM Trayodashi* Until 1:16AM Sun <i>Pradosha Vrata (Fasting)</i>

Ganesha: Light Blue <i>Sunrise:</i> 5:57AM	Manmatha 5117
Muruqa: Green <i>Sunset:</i> 5:48PM	Moon 9 - Phase 24
Nataraja: Clear	2nd Phase
Moon – Red	
Bhuloka Day	
Bhadrapada*Puratasi	Devaloka Time: 6:PM to 9:PM

5	Sunday, October 11, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Yangon, Myanmar Sun 12 Sutra 182
	Kanya Rasi: 1.23 Tilthi 29 657799364	Gulika 2:50PM – 4:19PM Yama 11:52AM – 1:21PM Rahu 4:19PM – 5:48PM	Uttaraphalguni Until 11:22PM Brahma Until 10:18PM Visti Until 2:39PM Chaturdashi* Until 3:59AM Mon

Ganesha: Light Blue <i>Sunrise:</i> 5:57AM	Manmatha 5117
Muruqa: Green <i>Sunset:</i> 5:48PM	Moon 9 - Phase 24
Nataraja: Clear	2nd Phase
Moon – Red	
Bhuloka Day	
Bhadrapada*Puratasi	Devaloka Time: 6:PM to 9:PM

Monday, October 12, 2015	Retreat Star	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Yangon, Myanmar Sun 13 Sutra 183
	Kanya Rasi: 13.1 Tilthi 30 Family Home Evening 667799364	Gulika 1:21PM – 2:50PM Yama 10:23AM – 11:52AM Rahu 7:26AM – 8:55AM	Hasta Until 2:40AM Tue Indra Until 11:21PM Catuspada Until 5:20PM Amavasya* Until 6:37AM Tue

Ganesha: Purple <i>Sunrise:</i> 5:57AM	Manmatha 5117
Muruqa: Green <i>Sunset:</i> 5:47PM	Moon 9 - Phase 24
Nataraja: Clear	Amavasya
Moon – Green	
Bhuloka Day	
Bhadrapada*Puratasi	Devaloka Time: 6:PM to 9:PM

Mahalaya Amavasai (Tamil Nadu)

Tuesday, October 13, 2015	Retreat Star	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Yangon, Myanmar Sun 14 Sutra 184
	Kanya Rasi: 24.58 Tilthi 30 – 1 667799364	Gulika 11:52AM – 1:20PM Yama 8:55AM – 10:23AM Rahu 2:49PM – 4:18PM	Chitra Until 5:38AM Wed Vaidhriti* Until 12:15AM Wed Kintughna Until 7:53PM Amavasya* Until 6:37AM

Ganesha: Purple <i>Sunrise:</i> 5:58AM	Manmatha 5117
Muruqa: Green <i>Sunset:</i> 5:46PM	Moon 9 - Phase 24
Nataraja: Clear	Prathama
Moon – Green	
Bhuloka Day	
Ashvina*Puratasi	Devaloka Time: 6:PM to 9:PM

Navaratri Begins

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

1	Wednesday, October 14, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Yangon, Myanmar Sun 15 Sutra 185
	Tula Rasi: 6.5 Tithi 1 – 2 668799364	Gulika 10:23AM – 11:52AM Yama 7:26AM – 8:55AM Rahu 11:52AM – 1:20PM	Svati Until 8:11AM Thu Vishkambha* Until 12:59AM Thu Balava Until 10:12PM Prathama* Until 9:04AM
	Creative Work Siddha Yoga	Ganesha: Light Blue <i>Sunrise:</i> 5:58AM Muruqa: Green <i>Sunset:</i> 5:46PM Nataraja: Clear Moon – Green	Manmatha 5117 Moon 9 - Phase 25 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

2	Thursday, October 15, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Yangon, Myanmar Sun 16 Sutra 186
	Tula Rasi: 18.49 Tithi 2 – 3 668799364	Gulika 8:55AM – 10:23AM Yama 5:58AM – 7:26AM Rahu 1:20PM – 2:48PM	Svati Until 8:11AM Priti Until 1:29AM Fri Taitila Until 12:12AM Fri Dvitiya Until 11:13AM
	Creative Work Amrita Yoga Until 8:11AM Then Creative Work - Siddha Yoga	Ganesha: Light Blue <i>Sunrise:</i> 5:58AM Muruqa: Green <i>Sunset:</i> 5:45PM Nataraja: Clear Moon – Green	Manmatha 5117 Moon 9 - Phase 25 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

3	Friday, October 16, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau	Yangon, Myanmar Sun 17 Sutra 187
	Vrischika Rasi: 0.55 Tithi 3 – 4 678799364	Gulika 7:26AM – 8:55AM Yama 2:48PM – 4:16PM Rahu 10:23AM – 11:51AM	Vishakha Until 10:43AM Ayushman Until 1:38AM Sat Vanija Until 1:48AM Sat Tritiya Until 1:02PM
	Creative Work Siddha Yoga	Ganesha: Purple <i>Sunrise:</i> 5:58AM Muruqa: Green <i>Sunset:</i> 5:44PM Nataraja: Clear Moon – Orange	Manmatha 5117 Moon 9 - Phase 25 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

4	Saturday, October 17, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau	Yangon, Myanmar Sun 18 Sutra 188
	Vrischika Rasi: 13.12 Tithi 4 – 5 678799364	Gulika 5:58AM – 7:27AM Yama 1:19PM – 2:47PM Rahu 8:55AM – 10:23AM	Anuradha Until 12:41PM Saubhagya Until 1:28AM Sun Bava Until 2:57AM Sun Chaturthi* Until 2:25PM
	Creative Work Siddha Yoga	Ganesha: Purple <i>Sunrise:</i> 5:58AM Muruqa: Green <i>Sunset:</i> 5:44PM Nataraja: Clear Moon – Orange	Manmatha 5117 Moon 9 - Phase 25 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

5	Sunday, October 18, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Yangon, Myanmar Sun 19 Sutra 189
	Vrischika Rasi: 25.41 Tithi 5 – 6 678799364	Gulika 2:47PM – 4:15PM Yama 11:51AM – 1:19PM Rahu 4:15PM – 5:43PM	Jyeshtha* Until 2:02PM Sobhana Until 12:55AM Mon Kaulava Until 3:35AM Mon Panchami Until 3:19PM
	Routine Work Marana Yoga Until 2:02PM Then Creative Work - Amrita Yoga	Ganesha: Purple <i>Sunrise:</i> 5:59AM Muruqa: Green <i>Sunset:</i> 5:43PM Nataraja: Clear Moon – Orange	Manmatha 5117 Moon 9 - Phase 25 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

6	Monday, October 19, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Yangon, Myanmar Sun 20 Sutra 190
	Dhanus Rasi: 8.23 Tithi 6 – 7 Family Home Evening 688799364	Gulika 1:19PM – 2:46PM Yama 10:23AM – 11:51AM Rahu 7:27AM – 8:55AM	Mula* Until 3:11PM Athiganda* Until 11:54PM Gara Until 3:39AM Tue Shashthi* Until 3:40PM
	Creative Work Siddha Yoga Until 3:11PM Then Routine Work - Marana Yoga	Ganesha: Clear <i>Sunrise:</i> 5:59AM Muruqa: Green <i>Sunset:</i> 5:42PM Nataraja: Clear Moon – Light Blue	Manmatha 5117 Moon 9 - Phase 25 3rd Phase Devaloka Day Ashvina-Aipasi

☽	Tuesday, October 20, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Vanija/Vistil* Karana Saptami/Ashlamiyam Titau	Yangon, Myanmar Sun 21 Sutra 191
	Retreat Star Dhanus Rasi: 21.23 Tithi 7 – 8 688799364	Gulika 11:50AM – 1:18PM Yama 8:55AM – 10:23AM Rahu 2:46PM – 4:14PM	Purvashadha* Until 3:35PM Sukarma Until 10:25PM Vistil Until 3:05AM Wed Saptami Until 3:26PM
	Creative Work Siddha Yoga Until 3:35PM Then Routine Work - Prabalarishta Yoga	Ganesha: Clear <i>Sunrise:</i> 5:59AM Muruqa: Green <i>Sunset:</i> 5:42PM Nataraja: Clear Moon – Light Blue	Manmatha 5117 Moon 9 - Phase 25 3rd Phase Devaloka Day Ashvina-Aipasi

☾	Wednesday, October 21, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Yangon, Myanmar Sun 22 Sutra 192
	Makara Rasi: 4.42 Tithi 8 – 9 689799364	Gulika 10:23AM – 11:50AM Yama 7:27AM – 8:55AM Rahu 11:50AM – 1:18PM	Uttarashadha Until 3:12PM Dhriti Until 8:26PM Balava Until 1:53AM Thu Ashtami* Until 2:33PM
	Creative Work Amrita Yoga Until 3:12PM Then Creative Work - Siddha Yoga	Ganesha: Purple <i>Sunrise:</i> 5:59AM Muruqa: Green <i>Sunset:</i> 5:41PM Nataraja: Clear Moon – Light Blue	Manmatha 5117 Moon 9 - Phase 25 Ashtami Sivaloka Day Ashvina-Aipasi

☽	Thursday, October 22, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Yangon, Myanmar Sun 23 Sutra 193
	Makara Rasi: 18.23 Tithi 9 – 10 699799364	Gulika 8:55AM – 10:22AM Yama 6:00AM – 7:27AM Rahu 1:18PM – 2:45PM	Shravana Until 2:30PM Shula* Until 5:55PM Taitila Until 12:03AM Fri Navami* Until 1:01PM
	Creative Work Siddha Yoga Saraswathi Puja (Tamil Nadu)	Ganesha: Clear <i>Sunrise:</i> 6:00AM Muruqa: Green <i>Sunset:</i> 5:40PM Nataraja: Clear Moon – Purple	Manmatha 5117 Moon 9 - Phase 25 Navami Devaloka Day Ashvina-Aipasi


When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda


1	Friday, October 23, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda 7/Vridhhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Yangon, Myanmar
	Kumbha Rasi: 2.27 Tilthi 10 – 11 699799364	Gulika 7:27AM – 8:55AM Yama 2:45PM – 4:12PM Rahu 10:22AM – 11:50AM	Sun 24 Sutra 194 Manmatha 5117 Moon 9 - Phase 26 4th Phase
Creative Work Siddha Yoga		Dhanishtha Until 1:03PM Ganda* Until 2:55PM Vanija Until 9:38PM Dashami Until 10:54AM	Ganesha: Clear <i>Sunrise:</i> 6:00AM Muruga: Green <i>Sunset:</i> 5:40PM Nataraja: Clear Moon – Purple
			Devaloka Day Ashvina•Aipasi

2	Saturday, October 24, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaprosnthapada* Nakshatra Vridhhi/Dhruva Yoga Visti 7/Bava Karana Ekadashi/Dvadashyam Titau	Yangon, Myanmar
	Kumbha Rasi: 16.53 Tilthi 11 – 12 699799364	Gulika 6:00AM – 7:28AM Yama 1:17PM – 2:45PM Rahu 8:55AM – 10:22AM	Sun 25 Sutra 195 Manmatha 5117 Moon 9 - Phase 26 4th Phase
Creative Work Amrita Yoga Until 10:56AM Then Routine Work - Marana Yoga		Shatabhishak Until 10:56AM Vridhhi Until 11:31AM Bava Until 6:45PM Ekadashi Until 8:14AM	Ganesha: Clear <i>Sunrise:</i> 6:00AM Muruga: Green <i>Sunset:</i> 5:39PM Nataraja: Clear Moon – Purple
			Devaloka Day Ashvina•Aipasi

3	Sunday, October 25, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprosnthapada 7/Uttaraprosnthapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Yangon, Myanmar
	Meena Rasi: 1.4 Tilthi 13 619799364	Gulika 2:44PM – 4:12PM Yama 11:50AM – 1:17PM Rahu 4:12PM – 5:39PM	Sun 26 Sutra 196 Manmatha 5117 Moon 9 - Phase 26 4th Phase
Creative Work Siddha Yoga Until 8:41AM Then Creative Work - Amrita Yoga		Purvaprosnthapada* Until 8:41AM Dhruva Until 7:46AM Kaulava Until 3:29PM Trayodashi Until 1:44AM Mon <i>Pradosha Vrata</i>	Ganesha: Yellow <i>Sunrise:</i> 6:01AM Muruga: Green <i>Sunset:</i> 5:39PM Nataraja: Clear Moon – Clear
			Devaloka Day Ashvina•Aipasi

4	Monday, October 26, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprosnthapada/Revati Nakshatra Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau	Yangon, Myanmar
	Meena Rasi: 16.39 Tilthi 14 Family Home Evening 619799364	Gulika 1:17PM – 2:44PM Yama 10:22AM – 11:50AM Rahu 7:28AM – 8:55AM	Sun 27 Sutra 197 Manmatha 5117 Moon 9 - Phase 26 4th Phase
Creative Work Siddha Yoga		Uttaraprosnthapada Until 6:00AM Harshana Until 11:40PM Gara Until 11:59AM Chaturdashi* Until 10:10PM	Ganesha: Yellow <i>Sunrise:</i> 6:01AM Muruga: Green <i>Sunset:</i> 5:38PM Nataraja: Clear Moon – Clear
			Devaloka Day Ashvina•Aipasi

	Tuesday, October 27, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Visti 7/Bava Karana Purnimayam Titau	Yangon, Myanmar
	Copper Retreat Star Mesha Rasi: 1.45 Tilthi 15 629799364	Gulika 11:49AM – 1:17PM Yama 8:55AM – 10:22AM Rahu 2:44PM – 4:11PM	Sun 28 Sutra 198 Manmatha 5117 Moon 9 - Phase 26 Purnima
Creative Work Siddha Yoga		Ashvini Until 12:25AM Wed Vajra* Until 7:33PM Visti Until 8:24AM Purnima* Until 6:36PM	Ganesha: White <i>Sunrise:</i> 6:01AM Muruga: Green <i>Sunset:</i> 5:38PM Nataraja: Clear Moon – White
			Sivaloka Day Ashvina•Aipasi

	Wednesday, October 28, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Bharani Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Yangon, Myanmar
	Silver Retreat Star Mesha Rasi: 16.49 Tilthi 16 – 17 629799364	Gulika 10:22AM – 11:49AM Yama 7:28AM – 8:55AM Rahu 11:49AM – 1:16PM	Sun 29 Sutra 199 Manmatha 5117 Moon 9 - Phase 26 Prathama
Creative Work Siddha Yoga Until 9:50PM Then Creative Work - Amrita Yoga		Bharani Until 9:50PM Siddhi Until 3:34PM Taitila Until 1:36AM Thu Prathama* Until 3:11PM	Ganesha: White <i>Sunrise:</i> 6:01AM Muruga: Green <i>Sunset:</i> 5:37PM Nataraja: Clear Moon – White
			Sivaloka Day Ashvina•Aipasi

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Thursday, October 29, 2015
Gold Retreat Star

Virshabha Rasi: 1.41 Tithi 17 – 18
621799364
Routine Work Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Vyalipata* Varyan Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau
Gulika 8:56AM – 10:22AM **Krittika** Until 7:29PM
Yama 6:02AM – 7:29AM Vyatipata* Until 11:51AM
Rahu 1:16PM – 2:43PM Vanija Until 10:42PM
Dvitiya Until 12:04PM

Ganesha: White *Sunrise:* 6:02AM
Muruqa: Green *Sunset:* 5:37PM
Nataraja: Clear
Moon – White
Ashvina•Aipasi

Yangon, Myanmar
Sun 1 Sutra 200
Manmatha 5117
Moon 10 - Phase 27
1st Phase

Sivaloka Day

1

Friday, October 30, 2015

Virshabha Rasi: 16.14 Tithi 18 – 19
631799364
Routine Work Marana Yoga
Until 5:57PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan/Parigaha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau
Gulika 7:29AM – 8:56AM **Rohini** Until 5:57PM
Yama 2:43PM – 4:10PM Varyan Until 8:31AM
Rahu 10:22AM – 11:49AM Bava Until 8:23PM
Tritiya Until 9:27AM

Ganesha: Yellow *Sunrise:* 6:02AM
Muruqa: Green *Sunset:* 5:36PM
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Yangon, Myanmar
Sun 2 Sutra 201
Manmatha 5117
Moon 10 - Phase 27
1st Phase

Devaloka Day

2

Saturday, October 31, 2015

Mithuna Rasi: 0.22 Tithi 19 – 20
631899364
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 6:02AM – 7:29AM **Mrigashira** Until 4:57PM
Yama 1:16PM – 2:42PM Shiva Until 3:29AM Sun
Rahu 8:56AM – 10:22AM Kaulava Until 6:45PM
Chaturthi* Until 7:27AM

Ganesha: Blue *Sunrise:* 6:02AM
Muruqa: Green *Sunset:* 5:36PM
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Yangon, Myanmar
Sun 3 Sutra 202
Manmatha 5117
Moon 10 - Phase 27
1st Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

3

Sunday, November 1, 2015

Mithuna Rasi: 14.02 Tithi 20 – 21
631899364
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Siddha Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau
Gulika 2:42PM – 4:09PM **Ardra** Until 4:35PM
Yama 11:49AM – 1:16PM Siddha Until 1:54AM Mon
Rahu 4:09PM – 5:35PM Vanija Until 5:49AM Mon
Panchami Until 6:13AM

Ganesha: Blue *Sunrise:* 6:03AM
Muruqa: Green *Sunset:* 5:35PM
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Yangon, Myanmar
Sun 4 Sutra 203
Manmatha 5117
Moon 10 - Phase 27
1st Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

4

Monday, November 2, 2015

Mithuna Rasi: 27.14 Tithi 22
Family Home Evening 641899364
Creative Work Amrita Yoga
Until 5:21PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya Yoga Visti*/Bava Karana Saptamyam Titau
Gulika 1:16PM – 2:42PM **Punarvasu** Until 5:21PM
Yama 10:23AM – 11:49AM Sadhya Until 1:01AM Tue
Rahu 7:30AM – 8:56AM Visti Until 5:59PM
Saptami Until 6:18AM Tue

Ganesha: Red *Sunrise:* 6:03AM
Muruqa: Green *Sunset:* 5:35PM
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Yangon, Myanmar
Sun 5 Sutra 204
Manmatha 5117
Moon 10 - Phase 27
1st Phase

Devaloka Day



Tuesday, November 3, 2015
Retreat Star

Kataka Rasi: 9.59 Tithi 22 – 23
641899364
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 11:49AM – 1:15PM **Pushya** Until 6:49PM
Yama 8:56AM – 10:23AM Subha Until 12:47AM Wed
Rahu 2:42PM – 4:08PM Balava Until 6:53PM
Saptami Until 6:18AM

Ganesha: Red *Sunrise:* 6:04AM
Muruqa: Green *Sunset:* 5:35PM
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Yangon, Myanmar
Sun 6 Sutra 205
Manmatha 5117
Moon 10 - Phase 27
Ashtami

Devaloka Day

Wednesday, November 4, 2015
Retreat Star

Kataka Rasi: 22.23 Tithi 23 – 24
641899364
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 10:23AM – 11:49AM **Ashlesha*** Until 8:50PM
Yama 7:30AM – 8:57AM Sukla Until 1:05AM Thu
Rahu 11:49AM – 1:15PM Taitila Until 8:33PM
Ashtami* Until 7:37AM

Ganesha: Red *Sunrise:* 6:04AM
Muruqa: Green *Sunset:* 5:34PM
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Yangon, Myanmar
Sun 7 Sutra 206
Manmatha 5117
Moon 10 - Phase 27
Navami

Devaloka Day

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1	Thursday, November 5, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Yangon, Myanmar Sun 8 Sutra 207
	Simha Rasi: 4.3 Tithi 24 – 25 651899364	Gulika 8:57AM – 10:23AM Yama 6:04AM – 7:31AM Rahu 1:15PM – 2:41PM	Magha* Until 11:44PM Brahma Until 1:48AM Fri Vanija Until 10:48PM Navami* Until 9:36AM	Ganesha: Green <i>Sunrise:</i> 6:04AM Muruga: Green <i>Sunset:</i> 5:34PM Nataraja: Clear Moon – Red
Creative Work Amrita Yoga Until 11:44PM Then Creative Work - Siddha Yoga		Bhuloka Day Devaloka Time: 6:PM to 9:PM		


2	Friday, November 6, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Yangon, Myanmar Sun 9 Sutra 208
	Simha Rasi: 16.25 Tithi 25 – 26 651899364	Gulika 7:31AM – 8:57AM Yama 2:41PM – 4:07PM Rahu 10:23AM – 11:49AM	Purvaphalguni Until 2:49AM Sat Indra Until 2:47AM Sat Bava Until 1:26AM Sat Dashami Until 12:04PM	Ganesha: Green <i>Sunrise:</i> 6:05AM Muruga: Green <i>Sunset:</i> 5:33PM Nataraja: Clear Moon – Red
Creative Work Siddha Yoga Until 2:49AM Sat Then Routine Work - Marana Yoga		Bhuloka Day Devaloka Time: 6:PM to 9:PM		

3	Saturday, November 7, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Yangon, Myanmar Sun 10 Sutra 209
	Simha Rasi: 28.13 Tithi 26 – 27 751899364	Gulika 6:05AM – 7:31AM Yama 1:15PM – 2:41PM Rahu 8:57AM – 10:23AM	Uttaraphalguni Until 5:51AM Sun Vaidhriti* Until 3:50AM Sun Kaulava Until 4:12AM Sun Ekadashi* Until 2:47PM	Ganesha: Red <i>Sunrise:</i> 6:05AM Muruga: Green <i>Sunset:</i> 5:33PM Nataraja: Clear Moon – Red
Routine Work Marana Yoga Until 5:51AM Sun Then Creative Work - Amrita Yoga		Devaloka Day		

4	Sunday, November 8, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vishkamba* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Yangon, Myanmar Sun 11 Sutra 210
	Kanya Rasi: 9.59 Tithi 27 – 28 752899364	Gulika 2:41PM – 4:07PM Yama 11:49AM – 1:15PM Rahu 4:07PM – 5:33PM	Hasta Until 9:09AM Mon Vishkamba* Until 4:51AM Mon Gara Until 6:53AM Mon Dvadashi* Until 5:32PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Blue <i>Sunrise:</i> 6:06AM Muruga: Green <i>Sunset:</i> 5:33PM Nataraja: Clear Moon – Red
Creative Work Amrita Yoga Until 9:09AM Mon Then Routine Work - Prabalarishta Yoga		Sivaloka Day		


5	Monday, November 9, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Priti Yoga Gara/Vanija Karana Trayodashyam Titau		Yangon, Myanmar Sun 12 Sutra 211
	Kanya Rasi: 21.46 Tithi 28 762899364	Gulika 1:15PM – 2:41PM Yama 10:24AM – 11:49AM Rahu 7:32AM – 8:58AM	Hasta Until 9:09AM Priti Until 5:42AM Tue Gara Until 6:53AM Trayodashi* Until 8:07PM	Ganesha: Red <i>Sunrise:</i> 6:06AM Muruga: Green <i>Sunset:</i> 5:33PM Nataraja: Clear Moon – Green
Family Home Evening Creative Work Siddha Yoga Until 9:09AM Then Routine Work - Prabalarishta Yoga		Devaloka Day		

6	Tuesday, November 10, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Yangon, Myanmar Sun 13 Sutra 212
	Tula Rasi: 3.39 Tithi 29 762899364	Gulika 11:49AM – 1:15PM Yama 8:58AM – 10:24AM Rahu 2:41PM – 4:07PM	Chitra Until 12:01PM Ayushman Until 6:16AM Wed Visti Until 9:20AM Chaturdashi* Until 10:24PM	Ganesha: Red <i>Sunrise:</i> 6:07AM Muruga: Green <i>Sunset:</i> 5:32PM Nataraja: Clear Moon – Green
Creative Work Siddha Yoga Then Routine Work - Prabalarishta Yoga		Devaloka Day		

	Wednesday, November 11, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Yangon, Myanmar Sun 14 Sutra 213
	Tula Rasi: 15.4 Tithi 30 762899364	Gulika 10:24AM – 11:50AM Yama 7:33AM – 8:58AM Rahu 11:50AM – 1:15PM	Svati Until 2:23PM Ayushman Until 6:16AM Catuspada Until 11:25AM Amavasya* Until 12:18AM Thu	Ganesha: Red <i>Sunrise:</i> 6:07AM Muruga: Green <i>Sunset:</i> 5:32PM Nataraja: Clear Moon – Green
Creative Work Siddha Yoga		Devaloka Day		

Retreat Star	Thursday, November 12, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau		Yangon, Myanmar Sun 15 Sutra 214
	Tula Rasi: 27.5 Tithi 1 772899364	Gulika 8:59AM – 10:24AM Yama 6:07AM – 7:33AM Rahu 1:15PM – 2:41PM	Vishakha Until 4:41PM Saubhagya Until 6:32AM Kintughna Until 1:06PM Prathama* Until 1:45AM Fri	Ganesha: Yellow <i>Sunrise:</i> 6:07AM Muruga: Green <i>Sunset:</i> 5:32PM Nataraja: Clear Moon – Orange
Creative Work Siddha Yoga Then Routine Work - Prabalarishta Yoga		Devaloka Day		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1	Friday, November 13, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Yangon, Myanmar Sun 16 Sutra 215 Manmatha 5117
	Vrischika Rasi: 10.12 Tithi 2 772899364	Gulika 7:33AM – 8:59AM Yama 2:41PM – 4:06PM Rahu 10:24AM – 11:50AM	Anuradha Until 6:23PM Sobhana Until 6:29AM Balava Until 2:20PM Dvitiya Until 2:46AM Sat
Creative Work Siddha Yoga Until 6:23PM Then Routine Work - Marana Yoga		Ganesha: Yellow <i>Sunrise:</i> 6:08AM Muruga: Green <i>Sunset:</i> 5:32PM Nataraja: Clear Moon – Orange	Devaloka Day
2	Saturday, November 14, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mantra Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Tritiyayam Titau	Yangon, Myanmar Sun 17 Sutra 216 Manmatha 5117
	Vrischika Rasi: 22.45 Tithi 3 772899364	Gulika 6:08AM – 7:34AM Yama 1:15PM – 2:41PM Rahu 8:59AM – 10:25AM	Jyeshtha* Until 7:32PM Athiganda* Until 6:05AM Tailila Until 3:09PM Tritiya Until 3:22AM Sun
Creative Work Siddha Yoga		Ganesha: Yellow <i>Sunrise:</i> 6:08AM Muruga: Green <i>Sunset:</i> 5:31PM Nataraja: Clear Moon – Orange	Devaloka Day
3	Sunday, November 15, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau	Yangon, Myanmar Sun 18 Sutra 217 Manmatha 5117
	Dhanus Rasi: 5.29 Tithi 4 782899364	Gulika 2:41PM – 4:06PM Yama 11:50AM – 1:15PM Rahu 4:06PM – 5:31PM	Mula* Until 8:35PM Dhriti Until 4:21AM Mon Vanija Until 3:33PM Chaturthi* Until 3:34AM Mon
Creative Work Amrita Yoga Until 8:35PM Then Creative Work - Siddha Yoga		Ganesha: Red <i>Sunrise:</i> 6:09AM Muruga: Green <i>Sunset:</i> 5:31PM Nataraja: Clear Moon – Light Blue	Devaloka Day
4	Monday, November 16, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Shula* Yoga Bava/Balava Karana Panchamyam Titau	Yangon, Myanmar Sun 19 Sutra 218 Manmatha 5117
	Dhanus Rasi: 18.25 Tithi 5 Family Home Evening 782899364	Gulika 1:15PM – 2:41PM Yama 10:25AM – 11:50AM Rahu 7:35AM – 9:00AM	Purvashadha* Until 9:06PM Shula* Until 3:00AM Tue Bava Until 3:32PM Panchami Until 3:21AM Tue
Routine Work Marana Yoga		Ganesha: Red <i>Sunrise:</i> 6:09AM Muruga: Green <i>Sunset:</i> 5:31PM Nataraja: Clear Moon – Light Blue	Devaloka Day
5	Tuesday, November 17, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Kaulava/Tailila Karana Shashthyam Titau	Yangon, Myanmar Sun 20 Sutra 219 Manmatha 5117
	Makara Rasi: 1.33 Tithi 6 782899365	Gulika 11:50AM – 1:16PM Yama 9:00AM – 10:25AM Rahu 2:41PM – 4:06PM	Uttarashadha Until 9:03PM Ganda* Until 1:20AM Wed Kaulava Until 3:07PM Shashthi* Until 2:44AM Wed
Routine Work Prabalarishta Yoga Until 9:03PM Then Creative Work - Siddha Yoga		Ganesha: Red <i>Sunrise:</i> 6:10AM Muruga: Green <i>Sunset:</i> 5:31PM Nataraja: White Moon – Light Blue	Bhuloka Day Devaloka Time: 9:AM to12:PM
6	Wednesday, November 18, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Vriddhi Yoga Gara/Vanija Karana Saptamyam Titau	Yangon, Myanmar Sun 21 Sutra 220 Manmatha 5117
	Makara Rasi: 14.55 Tithi 7 792899365	Gulika 10:26AM – 11:51AM Yama 7:35AM – 9:01AM Rahu 11:51AM – 1:16PM	Shravana Until 8:54PM Vriddhi Until 11:21PM Gara Until 2:17PM Saptami Until 1:41AM Thu
Creative Work Siddha Yoga Until 8:54PM Then Routine Work - Prabalarishta Yoga		Ganesha: Blue <i>Sunrise:</i> 6:10AM Muruga: Green <i>Sunset:</i> 5:31PM Nataraja: White Moon – Purple	Devaloka Day
	Thursday, November 19, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau	Yangon, Myanmar Sun 22 Sutra 221 Manmatha 5117
	Retreat Star Makara Rasi: 28.31 Tithi 8 792899365	Gulika 9:01AM – 10:26AM Yama 6:11AM – 7:36AM Rahu 1:16PM – 2:41PM	Dhanishtha Until 8:10PM Dhruva Until 8:59PM Visti Until 1:00PM Ashtami* Until 12:11AM Fri
Creative Work Siddha Yoga		Ganesha: Blue <i>Sunrise:</i> 6:11AM Muruga: Green <i>Sunset:</i> 5:31PM Nataraja: White Moon – Purple	Devaloka Day
Friday, November 20, 2015	Retreat Star	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau	Yangon, Myanmar Sun 23 Sutra 222 Manmatha 5117
	Kumbha Rasi: 12.22 Tithi 9 792899365	Gulika 7:36AM – 9:01AM Yama 2:41PM – 4:06PM Rahu 10:26AM – 11:51AM	Shatabhishak Until 6:51PM Vyaghata* Until 6:16PM Balava Until 11:17AM Navami* Until 10:15PM
Creative Work Siddha Yoga		Ganesha: Blue <i>Sunrise:</i> 6:11AM Muruga: Green <i>Sunset:</i> 5:31PM Nataraja: White Moon – Purple	Devaloka Day

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Saturday, November 21, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dashamyam Titau	Yangon, Myanmar Sun 24 Sutra 223
	Kumbha Rasi: 26.31 Tithi 10 713899365	Gulika 6:12AM – 7:37AM Yama 1:16PM – 2:41PM Rahu 9:02AM – 10:26AM	Purvaprosarthapada* Until 5:24PM Harshana Until 3:14PM Taitila Until 9:08AM Dashami Until 7:54PM

Routine Work Until 5:24PM Then Creative Work - Siddha Yoga	Ganesha: Clear Muruga: Green Nataraja: White Moon – Clear	<i>Sunrise:</i> 6:12AM <i>Sunset:</i> 5:31PM	Manmatha 5117 Moon 10 - Phase 30 4th Phase
	Karttika-Karttikai		Bhuloka Day Devaloka Time: 6:AM to 9:AM

2	Sunday, November 22, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Vajra*/Siddhi Yoga Vanja/Bava Karana Ekadashi/Dvadashyam Titau	Yangon, Myanmar Sun 25 Sutra 224
	Meena Rasi: 10.55 Tithi 11 – 12 713899365	Gulika 2:41PM – 4:06PM Yama 11:52AM – 1:16PM Rahu 4:06PM – 5:31PM	Uttaraprosarthapada Until 3:28PM Vajra* Until 11:53AM Vanja Until 6:37AM Ekadashi Until 5:13PM


Creative Work Amrita Yoga	Ganesha: Clear Muruga: Green Nataraja: White Moon – Clear	<i>Sunrise:</i> 6:13AM <i>Sunset:</i> 5:31PM	Manmatha 5117 Moon 10 - Phase 30 4th Phase
	Karttika-Karttikai		Bhuloka Day Devaloka Time: 6:AM to 9:AM

3	Monday, November 23, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Myalpala* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Yangon, Myanmar Sun 26 Sutra 225
	Meena Rasi: 25.32 Tithi 12 – 13 713899365	Gulika 1:16PM – 2:41PM Yama 10:27AM – 11:52AM Rahu 7:38AM – 9:02AM	Revati Until 1:08PM Siddhi Until 8:19AM Kaulava Until 12:46AM Tue Dvadashi Until 2:17PM <i>Pradosha Vrata</i>

Family Home Evening Creative Work Siddha Yoga	Ganesha: Clear Muruga: Green Nataraja: White Moon – Clear	<i>Sunrise:</i> 6:13AM <i>Sunset:</i> 5:31PM	Manmatha 5117 Moon 10 - Phase 30 4th Phase
	Karttika-Karttikai		Bhuloka Day Devaloka Time: 6:AM to 9:AM

4	Tuesday, November 24, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Varyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Yangon, Myanmar Sun 27 Sutra 226
	Mesha Rasi: 10.17 Tithi 13 – 14 723899365	Gulika 11:52AM – 1:17PM Yama 9:03AM – 10:27AM Rahu 2:41PM – 4:06PM	Ashvini Until 10:56AM Varyan Until 12:53AM Wed Gara Until 9:41PM Trayodashi Until 11:13AM

Creative Work Siddha Yoga	Ganesha: Purple Muruga: Green Nataraja: White Moon – White	<i>Sunrise:</i> 6:14AM <i>Sunset:</i> 5:31PM	Manmatha 5117 Moon 10 - Phase 30 4th Phase
	Karttika-Karttikai		Bhuloka Day

	Wednesday, November 25, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Vanja/Visti* Karana Chaturdashi/Purnimayam Titau	Yangon, Myanmar Sutra 227
	Mesha Rasi: 25.03 Tithi 14 – 15 723999365	Gulika 10:28AM – 11:52AM Yama 7:39AM – 9:03AM Rahu 11:52AM – 1:17PM	Bharani Until 8:36AM Parigha* Until 9:14PM Visti Until 6:41PM Chaturdashi* Until 8:09AM

Copper Retreat Star Creative Work Siddha Yoga Until 8:36AM Then Creative Work - Amrita Yoga	Ganesha: Clear Muruga: Green Nataraja: White Moon – White	<i>Sunrise:</i> 6:14AM <i>Sunset:</i> 5:31PM	Manmatha 5117 Moon 10 - Phase 30 Purnima
	Krittika Deepam		Bhuloka Day Devaloka Time: 9:AM to 12:PM

4	Thursday, November 26, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Prathamayam Titau	Yangon, Myanmar Sutra 228
	Vrishabha Rasi: 9.44 Tithi 16 723999365	Gulika 9:04AM – 10:28AM Yama 6:15AM – 7:39AM Rahu 1:17PM – 2:42PM	Krittika Until 6:18AM Shiva Until 5:48PM Balava Until 3:54PM Prathama* Until 2:38AM Fri

Routine Work Marana Yoga	Ganesha: Clear Muruga: Green Nataraja: White Moon – White	<i>Sunrise:</i> 6:15AM <i>Sunset:</i> 5:31PM	Manmatha 5117 Moon 10 - Phase 30 Prathama
	Karttika-Karttikai		Bhuloka Day Devaloka Time: 9:AM to 12:PM

Vinayaga Viratam Begins

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Friday, November 27, 2015
Gold Retreat Star

Virshabha Rasi: 24.1 Tilthi 17
733999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Yangon, Myanmar
Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau Sutra 229
Gulika 7:40AM – 9:04AM **Mrigashira Until 3:12AM Sat** **Ganesha:** White *Sunrise:* 6:15AM Manmatha 5117
Yama 2:42PM – 4:06PM Siddha Until 2:40PM **Muruga:** Green *Sunset:* 5:31PM Moon 11 - Phase 31
Rahu 10:29AM – 11:53AM Taitila Until 1:31PM **Nataraja:** White Moon – Yellow 1st Phase
Dvitiya Until 12:31AM Sat **Karttika-Karttikai** **Devaloka Day**

1

Saturday, November 28, 2015

Mithuna Rasi: 8.17 Tilthi 18
733999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Yangon, Myanmar
Ardra Nakshatra Sadhya/Subha Yoga Vanija/Visiti* Karana Tritiyayam Titau Sun 1 Sutra 230
Gulika 6:16AM – 7:40AM **Ardra Until 2:19AM Sun** **Ganesha:** White *Sunrise:* 6:16AM Manmatha 5117
Yama 1:18PM – 2:42PM Sadhya Until 12:00PM **Muruga:** Green *Sunset:* 5:31PM Moon 11 - Phase 31
Rahu 9:05AM – 10:29AM Vanija Until 11:42AM **Nataraja:** White Moon – Yellow 1st Phase
Tritiya Until 11:01PM **Karttika-Karttikai** **Devaloka Day**

2

Sunday, November 29, 2015

Mithuna Rasi: 21.58 Tilthi 19
743999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Yangon, Myanmar
Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau Sun 2 Sutra 231
Gulika 2:42PM – 4:07PM **Punarvasu Until 2:30AM Mon** **Ganesha:** Yellow *Sunrise:* 6:16AM Manmatha 5117
Yama 11:54AM – 1:18PM Subha Until 9:54AM **Muruga:** Green *Sunset:* 5:31PM Moon 11 - Phase 31
Rahu 4:07PM – 5:31PM Bava Until 10:34AM **Nataraja:** White Moon – Blue 1st Phase
Chaturthi* Until 10:17PM **Karttika-Karttikai** **Bhuloka Day**
Devaloka Time: 9:AM to12:PM

3

Monday, November 30, 2015

Kataka Rasi: 5.14 Tilthi 20
743999365
Family Home Evening
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Yangon, Myanmar
Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau Sun 3 Sutra 232
Gulika 1:18PM – 2:43PM **Pushya Until 3:20AM Tue** **Ganesha:** Yellow *Sunrise:* 6:17AM Manmatha 5117
Yama 10:30AM – 11:54AM Sukla Until 8:24AM **Muruga:** Green *Sunset:* 5:31PM Moon 11 - Phase 31
Rahu 7:41AM – 9:06AM Kaulava Until 10:15AM **Nataraja:** White Moon – Blue 1st Phase
Panchami Until 10:23PM **Karttika-Karttikai** **Bhuloka Day**
Devaloka Time: 9:AM to12:PM

4

Tuesday, December 1, 2015

Kataka Rasi: 18.04 Tilthi 21
743999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Yangon, Myanmar
Ashlesha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau Sun 4 Sutra 233
Gulika 11:54AM – 1:19PM **Ashlesha* Until 4:49AM Wed** **Ganesha:** Yellow *Sunrise:* 6:18AM Manmatha 5117
Yama 9:06AM – 10:30AM Brahma Until 7:35AM **Muruga:** Green *Sunset:* 5:31PM Moon 11 - Phase 31
Rahu 2:43PM – 4:07PM Gara Until 10:47AM **Nataraja:** White Moon – Blue 1st Phase
Shashthi* Until 11:20PM **Karttika-Karttikai** **Bhuloka Day**
Devaloka Time: 9:AM to12:PM

5

Wednesday, December 2, 2015

Simha Rasi: 0.31 Tilthi 22
753999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Yangon, Myanmar
Magha* Nakshatra Indra/Vaidhriti* Yoga Visiti*/Bava Karana Saplamyam Titau Sun 5 Sutra 234
Gulika 10:31AM – 11:55AM **Magha* Until 7:21AM Thu** **Ganesha:** Blue *Sunrise:* 6:18AM Manmatha 5117
Yama 7:42AM – 9:07AM Indra Until 7:24AM **Muruga:** Green *Sunset:* 5:31PM Moon 11 - Phase 31
Rahu 11:55AM – 1:19PM Visiti Until 12:08PM **Nataraja:** White Moon – Red 1st Phase
Saptami Until 1:04AM Thu **Karttika-Karttikai** **Devaloka Day**

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Thursday, December 3, 2015
Retreat Star

Simha Rasi: 12.39 Tilthi 23
753999365
Creative Work Amrita Yoga
Until 7:21AM
Then Creative Work - Siddha Yoga


Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Yangon, Myanmar
Magha*/Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau Sun 6 Sutra 235
Gulika 9:07AM – 10:31AM **Magha* Until 7:21AM** **Ganesha:** Blue *Sunrise:* 6:19AM Manmatha 5117
Yama 6:19AM – 7:43AM Vaidhriti* Until 7:45AM **Muruga:** Green *Sunset:* 5:32PM Moon 11 - Phase 31
Rahu 1:19PM – 2:43PM Balava Until 2:11PM **Nataraja:** White Moon – Red Ashtami
Ashtami* Until 3:23AM Fri **Karttika-Karttikai** **Devaloka Day**

Friday, December 4, 2015
Retreat Star

Simha Rasi: 24.34 Tilthi 24
753999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Yangon, Myanmar
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Navamyam Titau Sun 7 Sutra 236
Gulika 7:43AM – 9:07AM **Purvaphalguni Until 10:13AM** **Ganesha:** Blue *Sunrise:* 6:19AM Manmatha 5117
Yama 2:44PM – 4:08PM Vishkambha* Until 8:30AM **Muruga:** Green *Sunset:* 5:32PM Moon 11 - Phase 31
Rahu 10:32AM – 11:56AM Taitila Until 4:44PM **Nataraja:** White Moon – Red Navami
Navami* Until 6:04AM Sat **Karttika-Karttikai** **Devaloka Day**

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1	Saturday, December 5, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Prithi/Ayushman Yoga Gara/Vanija Karana Navami/Dashyam Titau	Yangon, Myanmar Sun 8 Sutra 237 Manmatha 5117 Moon 11 - Phase 32 2nd Phase
Kanya Rasi: 6.23	Tithi 24 – 25 753999365	Gulika 6:20AM – 7:44AM Yama 1:20PM – 2:44PM Rahu 9:08AM – 10:32AM	Uttaraphalguni Until 1:11PM Priti Until 9:30AM Vanija Until 7:29PM Navami* Until 6:04AM
Routine Work	Marana Yoga		Ganesha: Blue <i>Sunrise:</i> 6:20AM Muruqa: Green <i>Sunset:</i> 5:32PM Nataraja: White Moon – Red Karttika-Karttikai Devaloka Day
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2	Sunday, December 6, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Yangon, Myanmar Sun 9 Sutra 238 Manmatha 5117 Moon 11 - Phase 32 2nd Phase
Kanya Rasi: 18.1	Tithi 25 – 26 764999365	Gulika 2:44PM – 4:08PM Yama 11:56AM – 1:20PM Rahu 4:08PM – 5:32PM	Hasta Until 4:30PM Ayushman Until 10:29AM Bava Until 10:10PM Dashami Until 8:49AM
Creative Work	Amrita Yoga Until 4:30PM Then Creative Work - Siddha Yoga		Ganesha: Blue <i>Sunrise:</i> 6:21AM Muruqa: Green <i>Sunset:</i> 5:32PM Nataraja: White Moon – Green Karttika-Karttikai Bhuloka Day
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3	Monday, December 7, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Yangon, Myanmar Sun 10 Sutra 239 Manmatha 5117 Moon 11 - Phase 32 2nd Phase
Kanya Rasi: 29.59	Tithi 26 – 27 764999365	Gulika 1:21PM – 2:45PM Yama 10:33AM – 11:57AM Rahu 7:45AM – 9:09AM	Chitra Until 7:25PM Saubhagya Until 11:21AM Kaulava Until 12:35AM Tue Ekadashi* Until 11:24AM
Family Home Evening	Prabalarishta Yoga Until 7:25PM Then Creative Work - Amrita Yoga		Ganesha: Blue <i>Sunrise:</i> 6:21AM Muruqa: Green <i>Sunset:</i> 5:32PM Nataraja: White Moon – Green Karttika-Karttikai Bhuloka Day
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4	Tuesday, December 8, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana/Athiganda* Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau	Yangon, Myanmar Sun 11 Sutra 240 Manmatha 5117 Moon 11 - Phase 32 2nd Phase
Tula Rasi: 11.57	Tithi 27 – 28 764999365	Gulika 11:57AM – 1:21PM Yama 9:10AM – 10:33AM Rahu 2:45PM – 4:09PM	Svati Until 9:45PM Sobhana Until 11:57AM Gara Until 2:32AM Wed Dvadashi* Until 1:36PM <i>Pradosha Vrata (Fasting)</i>
Creative Work	Siddha Yoga Until 9:45PM Then Routine Work - Marana Yoga		Ganesha: Blue <i>Sunrise:</i> 6:22AM Muruqa: Green <i>Sunset:</i> 5:33PM Nataraja: White Moon – Green Karttika-Karttikai Bhuloka Day
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5	Wednesday, December 9, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Yangon, Myanmar Sun 12 Sutra 241 Manmatha 5117 Moon 11 - Phase 32 2nd Phase
Tula Rasi: 24.06	Tithi 28 – 29 774919365	Gulika 10:34AM – 11:58AM Yama 7:46AM – 9:10AM Rahu 11:58AM – 1:22PM	Vishakha Until 11:55PM Athiganda* Until 12:08PM Visti Until 3:57AM Thu Trayodashi* Until 3:17PM
Creative Work	Siddha Yoga		Ganesha: Blue <i>Sunrise:</i> 6:22AM Muruqa: Red <i>Sunset:</i> 5:33PM Nataraja: White Moon – Orange Karttika-Karttikai Bhuloka Day Devaloka Time: 12:PM to 3:PM
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6	Thursday, December 10, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Yangon, Myanmar Sun 13 Sutra 242 Manmatha 5117 Moon 11 - Phase 32 2nd Phase
Vriscika Rasi: 6.29	Tithi 29 – 30 774919365	Gulika 9:11AM – 10:34AM Yama 6:23AM – 7:47AM Rahu 1:22PM – 2:46PM	Anuradha Until 1:23AM Fri Sukarma Until 11:55AM Catuspada Until 4:47AM Fri Chaturdashi* Until 4:25PM
Creative Work	Siddha Yoga Until 1:23AM Fri Then Routine Work - Marana Yoga		Ganesha: Blue <i>Sunrise:</i> 6:23AM Muruqa: Red <i>Sunset:</i> 5:33PM Nataraja: White Moon – Orange Karttika-Karttikai Bhuloka Day Devaloka Time: 12:PM to 3:PM
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	Friday, December 11, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Yangon, Myanmar Sun 14 Sutra 243 Manmatha 5117 Moon 11 - Phase 32 Amavasya
Vriscika Rasi: 19.07	Tithi 30 – 1 774919365	Gulika 7:47AM – 9:11AM Yama 2:46PM – 4:10PM Rahu 10:35AM – 11:59AM	Jyeshtha* Until 2:10AM Sat Dhriti Until 11:18AM Kintughna Until 5:06AM Sat Amavasya* Until 4:59PM
Routine Work	Marana Yoga Until 2:10AM Sat Then Creative Work - Siddha Yoga		Ganesha: Blue <i>Sunrise:</i> 6:23AM Muruqa: Red <i>Sunset:</i> 5:34PM Nataraja: White Moon – Orange Karttika-Karttikai Bhuloka Day Devaloka Time: 12:PM to 3:PM
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	Saturday, December 12, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Yangon, Myanmar Sun 15 Sutra 244 Manmatha 5117 Moon 11 - Phase 32 Prathama
Dhanus Rasi: 1.59	Tithi 1 – 2 784919365	Gulika 6:24AM – 7:48AM Yama 1:23PM – 2:47PM Rahu 9:12AM – 10:35AM	Mula* Until 2:48AM Sun Shula* Until 10:14AM Balava Until 4:56AM Sun Prathama* Until 5:03PM
Creative Work	Siddha Yoga		Ganesha: Blue <i>Sunrise:</i> 6:24AM Muruqa: Red <i>Sunset:</i> 5:34PM Nataraja: White Moon – Light Blue Margasira-Karttikai Bhuloka Day Devaloka Time: 12:PM to 3:PM

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time

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1	Sunday, December 13, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Dvitiya/Trilayam Titau	Yangon, Myanmar Sun 16 Sutra 245 Manmatha 5117
	Dhanus Rasi: 15.05 Tithi 2 – 3 784919365	Gulika 2:47PM – 4:11PM Yama 12:00PM – 1:23PM Rahu 4:11PM – 5:34PM	Purvashadha* Until 2:53AM Mon Ganda* Until 8:51AM Taitila Until 4:23AM Mon Dvitiya Until 4:41PM

Ganesha: Blue <i>Sunrise: 6:25AM</i>	Muruḡa: Red <i>Sunset: 5:34PM</i>	Moon 11 - Phase 33 3rd Phase
Nataraja: White Moon – Light Blue		Bhuloka Day Devaloka Time: 12:PM to 3:PM
Margasira-Karttikai		

Creative Work Siddha Yoga
Until 2:53AM Mon
Then Routine Work - Marana Yoga

2	Monday, December 14, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Yangon, Myanmar Sun 17 Sutra 246 Manmatha 5117
	Dhanus Rasi: 28.23 Tithi 3 – 4 784919365	Gulika 1:24PM – 2:47PM Yama 10:36AM – 12:00PM Rahu 7:49AM – 9:13AM	Uttarashadha Until 2:31AM Tue Vridhhi Until 7:11AM Vanija Until 3:31AM Tue Tritiya Until 3:58PM

Ganesha: Blue <i>Sunrise: 6:25AM</i>	Muruḡa: Red <i>Sunset: 5:35PM</i>	Moon 11 - Phase 33 3rd Phase
Nataraja: White Moon – Light Blue		Bhuloka Day Devaloka Time: 12:PM to 3:PM
Margasira-Karttikai		

Routine Work Marana Yoga
Until 2:31AM Tue
Then Creative Work - Siddha Yoga

3	Tuesday, December 15, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Yangon, Myanmar Sun 18 Sutra 247 Manmatha 5117
	Makara Rasi: 11.52 Tithi 4 – 5 794919365	Gulika 12:00PM – 1:24PM Yama 9:13AM – 10:37AM Rahu 2:48PM – 4:12PM	Shravana Until 2:11AM Wed Vyaghata* Until 3:06AM Wed Bava Until 2:24AM Wed Chaturthi* Until 2:58PM

Ganesha: Yellow <i>Sunrise: 6:26AM</i>	Muruḡa: Red <i>Sunset: 5:35PM</i>	Moon 11 - Phase 33 3rd Phase
Nataraja: White Moon – Purple		Devaloka Day
Margasira-Karttikai		

Creative Work Siddha Yoga
Until 2:11AM Wed
Then Routine Work - Prabalarishta Yoga

4	Wednesday, December 16, 2015	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Yangon, Myanmar Sun 19 Sutra 248 Manmatha 5117
	Makara Rasi: 25.3 Tithi 5 – 6 794919365	Gulika 10:37AM – 12:01PM Yama 7:50AM – 9:14AM Rahu 12:01PM – 1:25PM	Dhanishtha Until 1:29AM Thu Harshana Until 12:49AM Thu Kaulava Until 1:03AM Thu Panchami Until 1:44PM

Ganesha: Yellow <i>Sunrise: 6:26AM</i>	Muruḡa: Red <i>Sunset: 5:36PM</i>	Moon 11 - Phase 33 3rd Phase
Nataraja: White Moon – Purple		Devaloka Day
Margasira-Markali		

Routine Work Prabalarishta Yoga
Until 1:29AM Thu
Then Creative Work - Siddha Yoga

Markali Pillaiyar
Vinayaga Viratam Ends

5	Thursday, December 17, 2015	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Yangon, Myanmar Sun 20 Sutra 249 Manmatha 5117
	Kumbha Rasi: 9.15 Tithi 6 – 7 894919365	Gulika 9:14AM – 10:38AM Yama 6:27AM – 7:51AM Rahu 1:25PM – 2:49PM	Shatabhishak Until 12:27AM Fri Vajra* Until 10:20PM Gara Until 11:30PM Shashthi* Until 12:17PM

Ganesha: Blue <i>Sunrise: 6:27AM</i>	Muruḡa: Red <i>Sunset: 5:36PM</i>	Moon 11 - Phase 33 3rd Phase
Nataraja: White Moon – Purple		Bhuloka Day Devaloka Time: 12:PM to 3:PM
Margasira-Markali		

Creative Work Siddha Yoga

D	Friday, December 18, 2015	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Yangon, Myanmar Sun 21 Sutra 250 Manmatha 5117
	Kumbha Rasi: 23.07 Tithi 7 – 8 815919365	Gulika 7:51AM – 9:15AM Yama 2:49PM – 4:13PM Rahu 10:38AM – 12:02PM	Purvaproshtapada* Until 11:30PM Siddhi Until 7:43PM Visti Until 9:45PM Saptami Until 10:38AM

Ganesha: Yellow <i>Sunrise: 6:27AM</i>	Muruḡa: Red <i>Sunset: 5:37PM</i>	Moon 11 - Phase 33 Ashtami
Nataraja: White Moon – Clear		Devaloka Day
Margasira-Markali		

Creative Work Siddha Yoga

D	Saturday, December 19, 2015	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Yangon, Myanmar Sun 22 Sutra 251 Manmatha 5117
	Meena Rasi: 7.07 Tithi 8 – 9 815919365	Gulika 6:28AM – 7:52AM Yama 1:26PM – 2:50PM Rahu 9:15AM – 10:39AM	Uttaraproshtapada Until 10:13PM Vyatipata* Until 4:57PM Balava Until 7:48PM Ashtami* Until 8:47AM

Ganesha: Yellow <i>Sunrise: 6:28AM</i>	Muruḡa: Red <i>Sunset: 5:37PM</i>	Moon 11 - Phase 33 Navami
Nataraja: White Moon – Clear		Devaloka Day
Margasira-Markali		

Creative Work Siddha Yoga
Until 10:13PM
Then Routine Work - Prabalarishta Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1	Sunday, December 20, 2015	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Variyan/Parigha* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau	Yangon, Myanmar Sun 23 Sutra 252 Manmatha 5117
	Meena Rasi: 21.15 Tithi 9 – 10 815119365	Gulika 2:50PM – 4:14PM Yama 12:03PM – 1:27PM Rahu 4:14PM – 5:37PM	Revati Until 8:37PM Variyan Until 2:00PM Gara Until 4:32AM Mon Navami* Until 6:45AM

Ganesha: Yellow Sunrise: 6:28AM
Muruga: Red Sunset: 5:37PM
Nataraja: White
Moon – Clear

Creative Work Amrita Yoga
Until 8:37PM
Then Creative Work - Siddha Yoga

Devaloka Day
Margasira-Markali

2	Monday, December 21, 2015	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau	Yangon, Myanmar Sun 24 Sutra 253 Manmatha 5117
	Mesha Rasi: 5.29 Tithi 11 Family Home Evening 825119365	Gulika 1:27PM – 2:51PM Yama 10:40AM – 12:03PM Rahu 7:53AM – 9:16AM	Ashvini Until 7:10PM Parigha* Until 10:57AM Vanija Until 3:25PM Ekadashi Until 2:13AM Tue

Ganesha: White Sunrise: 6:29AM
Muruga: Red Sunset: 5:38PM
Nataraja: White
Moon – White

Creative Work Siddha Yoga

Sivaloka Day
Margasira-Markali

Gita Jayanthi
Day 1 of Pancha Ganapati

3	Tuesday, December 22, 2015	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau	Yangon, Myanmar Sun 25 Sutra 254 Manmatha 5117
	Mesha Rasi: 19.47 Tithi 12 825119365	Gulika 12:04PM – 1:28PM Yama 9:17AM – 10:40AM Rahu 2:51PM – 4:15PM	Bharani Until 5:30PM Shiva Until 7:50AM Bava Until 1:04PM Dvadashi Until 11:52PM

Ganesha: White Sunrise: 6:29AM
Muruga: Red Sunset: 5:38PM
Nataraja: White
Moon – White

Creative Work Siddha Yoga

Sivaloka Day
Margasira-Markali

Day 2 of Pancha Ganapati

4	Wednesday, December 23, 2015	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau	Yangon, Myanmar Sun 26 Sutra 255 Manmatha 5117
	Vrishabha Rasi: 4.07 Tithi 13 825119365	Gulika 10:41AM – 12:04PM Yama 7:54AM – 9:17AM Rahu 12:04PM – 1:28PM	Krittika Until 3:44PM Sadhya Until 1:36AM Thu Kaulava Until 10:43AM Trayodashi Until 9:34PM

Ganesha: White Sunrise: 6:30AM
Muruga: Red Sunset: 5:39PM
Nataraja: White
Moon – White

Creative Work Amrita Yoga
Until 3:44PM
Then Creative Work - Siddha Yoga

Sivaloka Day
Margasira-Markali

Pradosha Vrata


5	Thursday, December 24, 2015	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau	Yangon, Myanmar Sun 27 Sutra 256 Manmatha 5117
	Vrishabha Rasi: 18.22 Tithi 14 835119365	Gulika 9:18AM – 10:41AM Yama 6:30AM – 7:54AM Rahu 1:29PM – 2:52PM	Rohini Until 2:24PM Subha Until 10:43PM Gara Until 8:30AM Chaturdashi* Until 7:28PM

Ganesha: Clear Sunrise: 6:30AM
Muruga: Red Sunset: 5:39PM
Nataraja: White
Moon – Yellow

Routine Work Marana Yoga

Devaloka Day
Margasira-Markali

Day 4 of Pancha Ganapati


	Friday, December 25, 2015	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Visti*/Balava Karana Purnima/Prathamayam Titau	Yangon, Myanmar Sutra 257 Manmatha 5117
	Mithuna Rasi: 2.28 Tithi 15 – 16 835119365	Gulika 7:55AM – 9:18AM Yama 2:53PM – 4:16PM Rahu 10:42AM – 12:05PM	Mrigashira Until 1:13PM Sukla Until 8:06PM Visti Until 6:33AM Purnima* Until 5:41PM

Ganesha: Clear Sunrise: 6:31AM
Muruga: Red Sunset: 5:40PM
Nataraja: White
Moon – Yellow

Creative Work Siddha Yoga

Devaloka Day
Margasira-Markali

Day 5 of Pancha Ganapati

	Saturday, December 26, 2015	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau	Yangon, Myanmar Sutra 258 Manmatha 5117
	Mithuna Rasi: 16.19 Tithi 16 – 17 835119365	Gulika 6:31AM – 7:55AM Yama 1:30PM – 2:53PM Rahu 9:19AM – 10:42AM	Ardra Until 12:19PM Brahma Until 5:51PM Taitila Until 3:58AM Sun Prathama* Until 4:23PM

Ganesha: Clear Sunrise: 6:31AM
Muruga: Red Sunset: 5:41PM
Nataraja: White
Moon – Yellow

Creative Work Siddha Yoga

Devaloka Day
Margasira-Markali

Ardra Darshanam

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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Sunday, December 27, 2015
Gold Retreat Star

Mithuna Rasi: 29.5 Tithi 17 – 18
846119366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dvilya/Tritiyam Titau

Yangon, Myanmar
Sun 1 Sutra 259
Manmatha 5117
Moon 12 - Phase 35
1st Phase

Gulika 2:54PM – 4:17PM
Yama 12:06PM – 1:30PM
Rahu 4:17PM – 5:41PM

Punarvasu Until 12:17PM
Indra Until 4:07PM
Vanija Until 3:37AM Mon
Dvitiya Until 3:41PM

Ganesha: Clear *Sunrise: 6:32AM*
Muruga: Red *Sunset: 5:41PM*
Nataraja: Green
Moon – Blue

Margasira-Markali

Devaloka Day

1

Monday, December 28, 2015

Kataka Rasi: 13.01 Tithi 18 – 19
Family Home Evening 846119366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Yangon, Myanmar
Sun 2 Sutra 260
Manmatha 5117
Moon 12 - Phase 35
1st Phase

Gulika 1:31PM – 2:54PM
Yama 10:43AM – 12:07PM
Rahu 7:56AM – 9:20AM

Pushya Until 12:46PM
Vaidhriti* Until 2:54PM
Bava Until 4:00AM Tue
Tritiya Until 3:41PM

Ganesha: Clear *Sunrise: 6:32AM*
Muruga: Red *Sunset: 5:42PM*
Nataraja: Green
Moon – Blue

Margasira-Markali

Devaloka Day

2

Tuesday, December 29, 2015

Kataka Rasi: 25.48 Tithi 19 – 20
846119366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar
Sun 3 Sutra 261
Manmatha 5117
Moon 12 - Phase 35
1st Phase

Gulika 12:07PM – 1:31PM
Yama 9:20AM – 10:44AM
Rahu 2:55PM – 4:18PM

Ashlesha* Until 1:50PM
Vishkambha* Until 2:17PM
Kaulava Until 5:09AM Wed
Chaturthi* Until 4:28PM

Ganesha: Clear *Sunrise: 6:33AM*
Muruga: Red *Sunset: 5:42PM*
Nataraja: Green
Moon – Blue

Margasira-Markali

Devaloka Day

3

Wednesday, December 30, 2015

Simha Rasi: 8.15 Tithi 20 – 21
856119366
Creative Work Siddha Yoga
Until 3:56PM
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar
Sun 4 Sutra 262
Manmatha 5117
Moon 12 - Phase 35
1st Phase

Gulika 10:44AM – 12:08PM
Yama 7:57AM – 9:21AM
Rahu 12:08PM – 1:32PM

Magha* Until 3:56PM
Priti Until 2:14PM
Gara Until 7:00AM Thu
Panchami Until 5:58PM

Ganesha: White *Sunrise: 6:33AM*
Muruga: Red *Sunset: 5:43PM*
Nataraja: Green
Moon – Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

4

Thursday, December 31, 2015

Simha Rasi: 20.25 Tithi 21
856119366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar
Sun 5 Sutra 263
Manmatha 5117
Moon 12 - Phase 35
1st Phase

Gulika 9:21AM – 10:45AM
Yama 6:33AM – 7:57AM
Rahu 1:32PM – 2:56PM

Purvaphalguni Until 6:29PM
Ayushman Until 2:39PM
Gara Until 7:00AM
Shashthi* Until 8:06PM

Ganesha: White *Sunrise: 6:33AM*
Muruga: Red *Sunset: 5:43PM*
Nataraja: Green
Moon – Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

5

Friday, January 1, 2016

Kanya Rasi: 2.22 Tithi 22
856119366
Creative Work Siddha Yoga
Until 9:17PM
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Yangon, Myanmar
Sun 6 Sutra 264
Manmatha 5117
Moon 12 - Phase 35
1st Phase

Gulika 7:58AM – 9:22AM
Yama 2:57PM – 4:21PM
Rahu 10:46AM – 12:09PM

Uttaraphalguni Until 9:17PM
Saubhagya Until 3:26PM
Visti Until 9:22AM
Saptami Until 10:40PM

Ganesha: White *Sunrise: 6:34AM*
Muruga: Red *Sunset: 5:44PM*
Nataraja: Green
Moon – Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

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Saturday, January 2, 2016
Retreat Star

Kanya Rasi: 14.12 Tithi 23
866119366
Routine Work Marana Yoga
Until 12:34AM Sun
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar
Sun 7 Sutra 265
Manmatha 5117
Moon 12 - Phase 35
Ashtami

Gulika 6:35AM – 7:58AM
Yama 1:34PM – 2:57PM
Rahu 9:22AM – 10:46AM

Hasta Until 12:34AM Sun
Sobhana Until 4:25PM
Balava Until 12:03PM
Ashtami* Until 1:23AM Sun

Ganesha: Yellow *Sunrise: 6:35AM*
Muruga: Red *Sunset: 5:45PM*
Nataraja: Green
Moon – Green

Margasira-Markali

Devaloka Day

Sunday, January 3, 2016
Retreat Star

Kanya Rasi: 25.59 Tithi 24
866119366
Creative Work Siddha Yoga
Until 3:35AM Mon
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Navamyam Titau

Yangon, Myanmar
Sun 8 Sutra 266
Manmatha 5117
Moon 12 - Phase 35
Navami

Gulika 2:58PM – 4:22PM
Yama 12:10PM – 1:34PM
Rahu 4:22PM – 5:46PM

Chitra Until 3:35AM Mon
Athiganda* Until 5:20PM
Taitila Until 2:45PM
Navami* Until 4:00AM Mon

Ganesha: Yellow *Sunrise: 6:35AM*
Muruga: Red *Sunset: 5:46PM*
Nataraja: Green
Moon – Green



Margasira-Markali

Devaloka Day

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

All times are standard time

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1	Monday, January 4, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau	Yangon, Myanmar Sun 9 Sutra 267
	Tula Rasi: 7.51 Tithi 25 Family Home Evening 867119366 Creative Work Amrita Yoga Until 6:06AM Tue Then Routine Work - Marana Yoga	Gulika 1:35PM – 2:59PM Yama 10:47AM – 12:11PM Rahu 7:59AM – 9:23AM	Svati Until 6:06AM Tue Sukarma Until 6:04PM Vanija Until 5:12PM Dashami Until 6:14AM Tue
2	Tuesday, January 5, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Yangon, Myanmar Sun 10 Sutra 268
	Tula Rasi: 19.51 Tithi 25 – 26 867119366 Creative Work Siddha Yoga Until 6:06AM Then Routine Work - Marana Yoga	Gulika 12:11PM – 1:35PM Yama 9:23AM – 10:47AM Rahu 2:59PM – 4:23PM	Svati Until 6:06AM Dhriti Until 6:27PM Bava Until 7:10PM Dashami Until 6:14AM
3	Wednesday, January 6, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Yangon, Myanmar Sun 11 Sutra 269
	Vrischika Rasi: 2.05 Tithi 26 – 27 877119366 Creative Work Siddha Yoga	Gulika 10:48AM – 12:12PM Yama 8:00AM – 9:24AM Rahu 12:12PM – 1:36PM	Vishakha Until 8:25AM Shula* Until 6:21PM Kaulava Until 8:31PM Ekadashi* Until 7:54AM
4	Thursday, January 7, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhdi Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau	Yangon, Myanmar Sun 12 Sutra 270
	Vrischika Rasi: 14.35 Tithi 27 – 28 877119366 Creative Work Siddha Yoga Until 9:56AM Then Routine Work - Prabalarishta Yoga	Gulika 9:24AM – 10:48AM Yama 6:36AM – 8:00AM Rahu 1:36PM – 3:00PM	Anuradha Until 9:56AM Ganda* Until 5:45PM Gara Until 9:11PM Dvadashi* Until 8:55AM <i>Pradosha Vrata (Fasting)</i>
5	Friday, January 8, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vridhdi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Yangon, Myanmar Sun 13 Sutra 271
	Vrischika Rasi: 27.24 Tithi 28 – 29 877119366 Routine Work Marana Yoga Until 10:38AM Then Creative Work - Amrita Yoga	Gulika 8:00AM – 9:24AM Yama 3:01PM – 4:25PM Rahu 10:48AM – 12:13PM	Jyeshtha* Until 10:38AM Vridhdi Until 4:39PM Visti Until 9:11PM Trayodashi* Until 9:15AM
	Saturday, January 9, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Yangon, Myanmar Sun 14 Sutra 272
	Retreat Star Dhanus Rasi: 10.32 Tithi 29 – 30 887119366 Creative Work Siddha Yoga	Gulika 6:37AM – 8:01AM Yama 1:37PM – 3:01PM Rahu 9:25AM – 10:49AM	Mula* Until 11:00AM Dhruva Until 3:01PM Catuspada Until 8:33PM Chaturdashi* Until 8:55AM
	Sunday, January 10, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Yangon, Myanmar Sun 15 Sutra 273
	Retreat Star Dhanus Rasi: 23.59 Tithi 30 – 1 888119366 Creative Work Siddha Yoga Until 10:41AM Then Creative Work - Amrita Yoga	Gulika 3:02PM – 4:26PM Yama 12:13PM – 1:37PM Rahu 4:26PM – 5:50PM	Purvashadha* Until 10:41AM Vyaghata* Until 12:59PM Kintughna Until 7:25PM Amavasya* Until 8:01AM

To such a one who has his stains wiped away, the venerable Sanatcumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	Monday, January 11, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau	Yangon, Myanmar Sun 16 Sutra 274
	Makara Rasi: 7.43 Tithi 1 – 2 Family Home Evening 888119366 Routine Work Marana Yoga Until 9:48AM Then Creative Work - Amrita Yoga	Gulika 1:38PM – 3:02PM Yama 10:50AM – 12:14PM Rahu 8:01AM – 9:25AM	Uttarashadha Until 9:48AM Harshana Until 10:37AM Kaulava Until 4:59AM Tue Prathama* Until 6:40AM


2	Tuesday, January 12, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau	Yangon, Myanmar Sun 17 Sutra 275
	Makara Rasi: 21.38 Tithi 3 898119366 Creative Work Siddha Yoga	Gulika 12:14PM – 1:38PM Yama 9:26AM – 10:50AM Rahu 3:03PM – 4:27PM	Shravana Until 8:52AM Vajra* Until 7:59AM Taitila Until 4:04PM Tritiya Until 3:04AM Wed

3	Wednesday, January 13, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipala* Yoga Vanija/Visti* Karana Chaturthiyam Titau	Yangon, Myanmar Sun 18 Sutra 276
	Kumbha Rasi: 5.43 Tithi 4 898219366 Routine Work Prabalarishta Yoga Until 7:36AM Then Creative Work - Siddha Yoga	Gulika 10:50AM – 12:14PM Yama 8:02AM – 9:26AM Rahu 12:14PM – 1:39PM	Dhanishtha Until 7:36AM Vyatipala* Until 2:19AM Thu Vanija Until 2:05PM Chaturthi* Until 1:02AM Thu

4	Thursday, January 14, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Variyan Yoga Bava/Balava Karana Panchamyam Titau	Yangon, Myanmar Sun 19 Sutra 277
	Kumbha Rasi: 19.51 Tithi 5 898211366 Creative Work Siddha Yoga	Gulika 9:26AM – 10:50AM Yama 6:37AM – 8:02AM Rahu 1:39PM – 3:04PM	Shatabhishak Until 6:06AM Variyan Until 11:24PM Bava Until 12:01PM Panchami Until 10:57PM

5	Friday, January 15, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau	Yangon, Myanmar Sun 20 Sutra 278
	Meena Rasi: 4 Tithi 6 818211366 Creative Work Siddha Yoga Until 3:29AM Sat Then Routine Work - Prabalarishta Yoga	Gulika 8:02AM – 9:26AM Yama 3:04PM – 4:28PM Rahu 10:51AM – 12:15PM	Uttaraproshtapada Until 3:29AM Sat Parigha* Until 8:30PM Kaulava Until 9:56AM Shashthi* Until 8:54PM

6	Saturday, January 16, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Saptamyam Titau	Yangon, Myanmar Sun 21 Sutra 279
	Meena Rasi: 18.08 Tithi 7 818211366 Routine Work Prabalarishta Yoga Until 2:02AM Sun Then Creative Work - Siddha Yoga	Gulika 6:38AM – 8:02AM Yama 1:40PM – 3:05PM Rahu 9:27AM – 10:51AM	Revati Until 2:02AM Sun Shiva Until 5:39PM Gara Until 7:54AM Saptami Until 6:53PM

	Sunday, January 17, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Yangon, Myanmar Sun 22 Sutra 280
	Retreat Star Mesha Rasi: 2.14 Tithi 8 – 9 829211366 Creative Work Siddha Yoga	Gulika 3:05PM – 4:30PM Yama 12:16PM – 1:40PM Rahu 4:30PM – 5:54PM	Ashvini Until 12:56AM Mon Siddha Until 2:51PM Balava Until 4:02AM Mon Ashtami* Until 4:57PM

Monday, January 18, 2016	Retreat Star	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Yangon, Myanmar Sun 23 Sutra 281
	Mesha Rasi: 16.17 Tithi 9 – 10 Family Home Evening 829211366 Creative Work Siddha Yoga Until 11:48PM Then Routine Work - Marana Yoga	Gulika 1:41PM – 3:05PM Yama 10:52AM – 12:16PM Rahu 8:02AM – 9:27AM	Bharani Until 11:48PM Sadhya Until 12:07PM Taitila Until 2:15AM Tue Navami* Until 3:07PM

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1	Tuesday, January 19, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Yangon, Myanmar Sun 24 Sutra 282
	Vishabha Rasi: 0.15 Tithi 10 – 11 829211366 Creative Work Siddha Yoga Until 10:39PM Then Creative Work - Amrita Yoga	Gulika 12:17PM – 1:41PM Yama 9:27AM – 10:52AM Rahu 3:06PM – 4:31PM	Krittika Until 10:39PM Subha Until 9:30AM Vanija Until 12:35AM Wed Dashami Until 1:23PM

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

2	Wednesday, January 20, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Yangon, Myanmar Sun 25 Sutra 283
	Vishabha Rasi: 14.09 Tithi 11 – 12 839211366 Creative Work Siddha Yoga	Gulika 10:52AM – 12:17PM Yama 8:03AM – 9:27AM Rahu 12:17PM – 1:42PM	Rohini Until 9:56PM Subha Until 6:57AM Bava Until 11:05PM Ekadashi Until 11:47AM


Bhuloka Day

3	Thursday, January 21, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Yangon, Myanmar Sun 26 Sutra 284
	Vishabha Rasi: 27.56 Tithi 12 – 13 839211366 Routine Work Marana Yoga	Gulika 9:27AM – 10:52AM Yama 6:38AM – 8:03AM Rahu 1:42PM – 3:07PM	Mrigashira Until 9:19PM Indra Until 2:24AM Fri Kaulava Until 9:49PM Dvadashi Until 10:24AM <i>Pradosha Vrata</i>


Bhuloka Day

4	Friday, January 22, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Vaidhriti* Yoga Tailita/Gara Karana Trayodashi/Chaturdashyam Titau	Yangon, Myanmar Sun 27 Sutra 285
	Mithuna Rasi: 11.34 Tithi 13 – 14 839211366 Creative Work Siddha Yoga	Gulika 8:03AM – 9:28AM Yama 3:07PM – 4:32PM Rahu 10:52AM – 12:17PM	Ardra Until 8:51PM Vaidhriti* Until 12:28AM Sat Gara Until 8:52PM Trayodashi Until 9:17AM

Bhuloka Day

	Saturday, January 23, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Yangon, Myanmar Sutra 286
	Copper Retreat Star Mithuna Rasi: 25 Tithi 14 – 15 849211366 Creative Work Siddha Yoga	Gulika 6:38AM – 8:03AM Yama 1:43PM – 3:08PM Rahu 9:28AM – 10:53AM	Punarvasu Until 9:06PM Vishkambha* Until 10:53PM Visti Until 8:21PM Chaturdashi* Until 8:32AM

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

	Sunday, January 24, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Yangon, Myanmar Sutra 287
	Silver Retreat Star Kataka Rasi: 8.11 Tithi 15 – 16 849211366 Creative Work Siddha Yoga	Gulika 3:08PM – 4:33PM Yama 12:18PM – 1:43PM Rahu 4:33PM – 5:58PM	Pushya Until 9:41PM Priti Until 9:44PM Balava Until 8:20PM Purnima* Until 8:15AM

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Thai Pusam

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

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Monday, January 25, 2016
Gold Retreat Star

Kataka Rasi: 21.05 Tithi 16 – 17
Family Home Evening 941211366
Creative Work Siddha Yoga
Until 10:42PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yukhtayam		Yangon, Myanmar
Ashlesha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sutra 288
Gulika	1:43PM – 3:08PM	Ashlesha* Until 10:42PM
Yama	10:53AM – 12:18PM	Ayushman Until 9:00PM
Rahu	8:03AM – 9:28AM	Taitila Until 8:55PM
		Prathama* Until 8:32AM
Ganesha:	Blue	<i>Sunrise: 6:38AM</i>
Muruqa:	Green	<i>Sunset: 5:59PM</i>
Nataraja:	Green	
Moon – Blue		Bhuloka Day
Pausha*Thai		

1 Tuesday, January 26, 2016

Simha Rasi: 3.43 Tithi 17 – 18
951211366
Creative Work Siddha Yoga
Until 12:37AM Wed
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yukhtayam		Yangon, Myanmar
Magha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau		Sun 1 Sutra 289
Gulika	12:18PM – 1:44PM	Magha* Until 12:37AM Wed
Yama	9:28AM – 10:53AM	Saubhagya Until 8:45PM
Rahu	3:09PM – 4:34PM	Vanija Until 10:07PM
		Dvitiya Until 9:25AM
Ganesha:	Yellow	<i>Sunrise: 6:37AM</i>
Muruqa:	Green	<i>Sunset: 5:59PM</i>
Nataraja:	Green	
Moon – Red		Bhuloka Day
Pausha*Thai		Devaloka Time: 6:AM to 9:AM

2 Wednesday, January 27, 2016

Simha Rasi: 16.04 Tithi 18 – 19
951211366
Creative Work Amrita Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yukhtayam		Yangon, Myanmar
Purvaphalguni Nakshatra Sobhana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau		Sun 2 Sutra 290
Gulika	10:53AM – 12:19PM	Purvaphalguni Until 2:56AM Thu
Yama	8:03AM – 9:28AM	Sobhana Until 8:58PM
Rahu	12:19PM – 1:44PM	Bava Until 11:54PM
		Tritiya Until 10:55AM
Ganesha:	Yellow	<i>Sunrise: 6:37AM</i>
Muruqa:	Green	<i>Sunset: 6:00PM</i>
Nataraja:	Green	
Moon – Red		Bhuloka Day
Pausha*Thai		Devaloka Time: 6:AM to 9:AM

3 Thursday, January 28, 2016

Simha Rasi: 28.11 Tithi 19 – 20
951211366
Amrita Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yukhtayam		Yangon, Myanmar
Uttaraphalguni Nakshatra Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau		Sun 3 Sutra 291
Gulika	9:28AM – 10:53AM	Uttaraphalguni Until 5:32AM Fri
Yama	6:37AM – 8:03AM	Athiganda* Until 9:33PM
Rahu	1:44PM – 3:09PM	Kaulava Until 2:11AM Fri
		Chaturthi* Until 12:58PM
Ganesha:	Yellow	<i>Sunrise: 6:37AM</i>
Muruqa:	Green	<i>Sunset: 6:00PM</i>
Nataraja:	Green	
Moon – Red		Bhuloka Day
Pausha*Thai		Devaloka Time: 6:AM to 9:AM

4 Friday, January 29, 2016

Kanya Rasi: 10.08 Tithi 20 – 21
961211366
Creative Work Amrita Yoga
Until 8:45AM Sat
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yukhtayam		Yangon, Myanmar
Hasta Nakshatra Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau		Sun 4 Sutra 292
Gulika	8:02AM – 9:28AM	Hasta Until 8:45AM Sat
Yama	3:10PM – 4:35PM	Sukarma Until 10:23PM
Rahu	10:53AM – 12:19PM	Gara Until 4:47AM Sat
		Panchami Until 3:26PM
Ganesha:	White	<i>Sunrise: 6:37AM</i>
Muruqa:	Green	<i>Sunset: 6:01PM</i>
Nataraja:	Green	
Moon – Green		Bhuloka Day
Pausha*Thai		

5 Saturday, January 30, 2016

Kanya Rasi: 21.58 Tithi 21
961211366
Routine Work Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yukhtayam		Yangon, Myanmar
Hasta/Chitra Nakshatra Dhriti Yoga Vanija Karana Shashthyam Titau		Sun 5 Sutra 293
Gulika	6:37AM – 8:02AM	Hasta Until 8:45AM
Yama	1:45PM – 3:10PM	Dhriti Until 11:22PM
Rahu	9:28AM – 10:53AM	Vanija Until 6:06PM
		Shashthi* Until 6:06PM
Ganesha:	White	<i>Sunrise: 6:37AM</i>
Muruqa:	Green	<i>Sunset: 6:01PM</i>
Nataraja:	Green	
Moon – Green		Bhuloka Day
Pausha*Thai		

6 Sunday, January 31, 2016

Tula Rasi: 3.47 Tithi 22
961211366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yukhtayam		Yangon, Myanmar
Chitra/Svati Nakshatra Shula* Yoga Visti*/Bava Karana Saptamyam Titau		Sun 6 Sutra 294
Gulika	3:11PM – 4:36PM	Chitra Until 11:50AM
Yama	12:19PM – 1:45PM	Shula* Until 12:14AM Mon
Rahu	4:36PM – 6:02PM	Visti Until 7:28AM
		Saptami Until 8:44PM
Ganesha:	White	<i>Sunrise: 6:37AM</i>
Muruqa:	Green	<i>Sunset: 6:02PM</i>
Nataraja:	Green	
Moon – Green		Bhuloka Day
Pausha*Thai		

Monday, February 1, 2016
Retreat Star

Tula Rasi: 15.38 Tithi 23
961211366
Family Home Evening
Creative Work Amrita Yoga
Until 2:34PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yukhtayam		Yangon, Myanmar
Svati/Vishakha Nakshatra Ganda* Yoga Balava/Kaulava Karana Ashtamyam Titau		Sun 7 Sutra 295
Gulika	1:45PM – 3:11PM	Svati Until 2:34PM
Yama	10:54AM – 12:19PM	Ganda* Until 12:54AM Tue
Rahu	8:02AM – 9:28AM	Balava Until 9:59AM
		Ashtami* Until 11:05PM
Ganesha:	White	<i>Sunrise: 6:37AM</i>
Muruqa:	Green	<i>Sunset: 6:02PM</i>
Nataraja:	Green	
Moon – Green		Bhuloka Day
Pausha*Thai		

Tuesday, February 2, 2016

Retreat Star

Tula Rasi: 27.38 Tithi 24
971211366
Routine Work Marana Yoga
Until 5:13PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yukhtayam		Yangon, Myanmar
Vishakha/Anuradha Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau		Sun 8 Sutra 296
Gulika	12:19PM – 1:45PM	Vishakha Until 5:13PM
Yama	9:28AM – 10:54AM	Vriddhi Until 1:11AM Wed
Rahu	3:11PM – 4:37PM	Taitila Until 12:07PM
		Navami* Until 12:56AM Wed
Ganesha:	Clear	<i>Sunrise: 6:36AM</i>
Muruqa:	Green	<i>Sunset: 6:02PM</i>
Nataraja:	Green	
Moon – Orange		Bhuloka Day
Pausha*Thai		Devaloka Time: 6:AM to 9:AM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Wednesday, February 3, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhruva Yoga Vanija/Visli* Karana Dashamyam Titau	Yangon, Myanmar Sun 9 Sutra 297 Manmatha 5117
	Vrischika Rasi: 9.52 Tilthi 25 971211366	Gulika 10:54AM – 12:19PM Yama 8:02AM – 9:28AM Rahu 12:19PM – 1:45PM	Anuradha Until 7:07PM Dhruva Until 12:56AM Thu Vanija Until 1:38PM Dashami Until 2:06AM Thu

Ganesha: Clear *Sunrise:* 6:36AM
Muruga: Green *Sunset:* 6:03PM
Nataraja: Green
 Moon – Orange
Bhuloka Day
 Devaloka Time: 6:AM to 9:AM
Pausha*Thai

Creative Work Siddha Yoga

2	Thursday, February 4, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau	Yangon, Myanmar Sun 10 Sutra 298 Manmatha 5117
	Vrischika Rasi: 22.22 Tilthi 26 972211367	Gulika 9:28AM – 10:54AM Yama 6:36AM – 8:02AM Rahu 1:46PM – 3:11PM	Jyeshtha* Until 8:08PM Vyaghata* Until 12:08AM Fri Bava Until 2:26PM Ekadashi* Until 2:31AM Fri

Ganesha: Orange *Sunrise:* 6:36AM
Muruga: Green *Sunset:* 6:03PM
Nataraja: White
 Moon – Orange
Bhuloka Day
 Devaloka Time: 6:AM to 9:AM
Pausha*Thai

Routine Work Prabalarishta Yoga
Until 8:08PM
Then Creative Work - Siddha Yoga

3	Friday, February 5, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau	Yangon, Myanmar Sun 11 Sutra 299 Manmatha 5117
	Dhanus Rasi: 5.14 Tilthi 27 982211367	Gulika 8:02AM – 9:28AM Yama 3:12PM – 4:38PM Rahu 10:54AM – 12:20PM	Mula* Until 8:43PM Harshana Until 10:44PM Kaulava Until 2:27PM Dvadashi* Until 2:09AM Sat

Ganesha: Light Blue *Sunrise:* 6:36AM
Muruga: Green *Sunset:* 6:04PM
Nataraja: White
 Moon – Light Blue
Bhuloka Day
Pausha*Thai

Creative Work Amrita Yoga
Until 8:43PM
Then Routine Work - Prabalarishta Yoga

4	Saturday, February 6, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau	Yangon, Myanmar Sun 12 Sutra 300 Manmatha 5117
	Dhanus Rasi: 18.3 Tilthi 28 982211367	Gulika 6:35AM – 8:01AM Yama 1:46PM – 3:12PM Rahu 9:28AM – 10:54AM	Purvashadha* Until 8:25PM Vajra* Until 8:45PM Gara Until 1:43PM Trayodashi* Until 1:04AM Sun <i>Pradosha Vrata (Fasting)</i>

Ganesha: Light Blue *Sunrise:* 6:35AM
Muruga: Green *Sunset:* 6:04PM
Nataraja: White
 Moon – Light Blue
Bhuloka Day
Pausha*Thai

Creative Work Siddha Yoga
Until 8:25PM
Then Routine Work - Marana Yoga

5	Sunday, February 7, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Yangon, Myanmar Sun 13 Sutra 301 Manmatha 5117
	Makara Rasi: 2.09 Tilthi 29 982311367	Gulika 3:12PM – 4:38PM Yama 12:20PM – 1:46PM Rahu 4:38PM – 6:05PM	Uttarashadha Until 7:21PM Siddhi Until 6:15PM Visti* Until 12:19PM Chaturdashi* Until 11:22PM

Ganesha: Purple *Sunrise:* 6:35AM
Muruga: Green *Sunset:* 6:05PM
Nataraja: White
 Moon – Light Blue
Bhuloka Day
Pausha*Thai

Creative Work Amrita Yoga

Monday, February 8, 2016	Retreat Star	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata*/Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Yangon, Myanmar Sun 14 Sutra 302 Manmatha 5117
	Makara Rasi: 16.1 Tilthi 30 Family Home Evening 992311367	Gulika 1:46PM – 3:12PM Yama 10:54AM – 12:20PM Rahu 8:01AM – 9:27AM	Shravana Until 6:03PM Vyatipata* Until 3:22PM Catuspada Until 10:20AM Amavasya* Until 9:10PM

Ganesha: Light Blue *Sunrise:* 6:35AM
Muruga: Green *Sunset:* 6:05PM
Nataraja: White
 Moon – Purple
Bhuloka Day
Pausha*Thai

Creative Work Amrita Yoga
Until 6:03PM
Then Creative Work - Siddha Yoga

Tuesday, February 9, 2016	Retreat Star	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan/Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau	Yangon, Myanmar Sun 15 Sutra 303 Manmatha 5117
	Kumbha Rasi: 0.28 Tilthi 1 992311367	Gulika 12:20PM – 1:46PM Yama 9:27AM – 10:54AM Rahu 3:13PM – 4:39PM	Dhanishtha Until 4:15PM Variyan Until 12:08PM Kintughna Until 7:57AM Prathama* Until 6:37PM

Ganesha: Light Blue *Sunrise:* 6:34AM
Muruga: Green *Sunset:* 6:06PM
Nataraja: White
 Moon – Purple
Bhuloka Day
Magha*Thai

Creative Work Siddha Yoga
Until 4:15PM
Then Routine Work - Marana Yoga

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

All times are standard time

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1	Wednesday, February 10, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvilya/Trilyayam Titau	Yangon, Myanmar Sun 16 Sutra 304 Manmatha 5117
	Kumbha Rasi: 14.59 Tithi 2 – 3 992311367 Creative Work Siddha Yoga Until 2:05PM Then Creative Work - Amrita Yoga	Gulika 10:53AM – 12:20PM Yama 8:00AM – 9:27AM Rahu 12:20PM – 1:46PM	Shatabhishak Until 2:05PM Parigha* Until 8:42AM Taitila Until 2:27AM Thu Dvitiya Until 3:51PM
2	Thursday, February 11, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddha Yoga Gara/Vanija Karana Trilya/Chaturthyam Titau	Yangon, Myanmar Sun 17 Sutra 305 Manmatha 5117
	Kumbha Rasi: 29.36 Tithi 3 – 4 912311367 Creative Work Siddha Yoga	Gulika 9:27AM – 10:53AM Yama 6:34AM – 8:00AM Rahu 1:47PM – 3:13PM	Purvaproshtapada* Until 12:07PM Siddha Until 1:40AM Fri Vanija Until 11:38PM Tritiya Until 1:01PM
3	Friday, February 12, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Yangon, Myanmar Sun 18 Sutra 306 Manmatha 5117
	Meena Rasi: 14.12 Tithi 4 – 5 912311367 Creative Work Siddha Yoga	Gulika 8:00AM – 9:27AM Yama 3:13PM – 4:40PM Rahu 10:53AM – 12:20PM	Uttaraproshtapada Until 10:03AM Sadhya Until 10:15PM Bava Until 8:55PM Chaturthi* Until 10:14AM
4	Saturday, February 13, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Yangon, Myanmar Sun 19 Sutra 307 Manmatha 5117
	Meena Rasi: 28.42 Tithi 5 – 6 912311367 Routine Work Prabalarishta Yoga Until 8:00AM Then Creative Work - Siddha Yoga	Gulika 6:33AM – 8:00AM Yama 1:47PM – 3:14PM Rahu 9:26AM – 10:53AM	Revati Until 8:00AM Subha Until 7:01PM Kaulava Until 6:24PM Panchami Until 7:36AM
5	Sunday, February 14, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau	Yangon, Myanmar Sun 20 Sutra 308 Manmatha 5117
	Mesha Rasi: 13.02 Tithi 7 922311367 Creative Work Siddha Yoga Until 6:28AM Then Routine Work - Prabalarishta Yoga	Gulika 3:14PM – 4:41PM Yama 12:20PM – 1:47PM Rahu 4:41PM – 6:08PM	Ashvini Until 6:28AM Sukla Until 3:59PM Gara Until 4:10PM Saptami Until 3:09AM Mon
Monday, February 15, 2016	Retreat Star	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau	Yangon, Myanmar Sun 21 Sutra 309 Manmatha 5117
	Mesha Rasi: 27.1 Tithi 8 Family Home Evening 922311367 Routine Work Marana Yoga Until 3:59AM Tue Then Creative Work - Amrita Yoga	Gulika 1:47PM – 3:14PM Yama 10:53AM – 12:20PM Rahu 7:59AM – 9:26AM	Krittika Until 3:59AM Tue Brahma Until 1:15PM Visti Until 2:16PM Ashtami* Until 1:26AM Tue
Tuesday, February 16, 2016	Retreat Star	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra/Vaidhrili* Yoga Balava/Kaulava Karana Navamyam Titau	Yangon, Myanmar Sun 22 Sutra 310 Manmatha 5117
	Vrishabha Rasi: 11.04 Tithi 9 932311367 Creative Work Amrita Yoga Until 3:30AM Wed Then Creative Work - Siddha Yoga	Gulika 12:20PM – 1:47PM Yama 9:26AM – 10:53AM Rahu 3:14PM – 4:41PM	Rohini Until 3:30AM Wed Indra Until 10:48AM Balava Until 12:44PM Navami* Until 12:06AM Wed

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time

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1	Wednesday, February 17, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau	Yangon, Myanmar Sun 23 Sutra 311
	933311367	Gulika 10:53AM – 12:20PM Yama 7:58AM – 9:25AM Rahu 12:20PM – 1:47PM	Mrigashira Until 3:16AM Thu Vaidhriti* Until 8:38AM Taitila Until 11:36AM Dashami Until 11:09PM
933311367	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau	Yangon, Myanmar Sun 24 Sutra 312	
933311367	Gulika 9:25AM – 10:52AM Yama 6:30AM – 7:58AM Rahu 1:47PM – 3:14PM	Ardra Until 3:16AM Fri Vishkambha* Until 6:48AM Vanija Until 10:51AM Ekadashi Until 10:36PM	
933311367	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashyam Titau	Yangon, Myanmar Sun 25 Sutra 313	
933311367	Gulika 7:57AM – 9:25AM Yama 3:15PM – 4:42PM Rahu 10:52AM – 12:20PM	Punarvasu Until 3:59AM Sat Ayushman Until 4:06AM Sat Bava Until 10:31AM Dvadashi Until 10:29PM	
933311367	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau	Yangon, Myanmar Sun 26 Sutra 314	
933311367	Gulika 6:29AM – 7:57AM Yama 1:47PM – 3:15PM Rahu 9:24AM – 10:52AM	Pushya Until 4:59AM Sun Saubhagya Until 3:16AM Sun Kaulava Until 10:36AM Trayodashi Until 10:48PM <i>Pradosha Vrata</i>	
933311367	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau	Yangon, Myanmar Sun 27 Sutra 315	
933311367	Gulika 3:15PM – 4:42PM Yama 12:19PM – 1:47PM Rahu 4:42PM – 6:10PM	Ashlesha* Until 6:16AM Mon Sobhana Until 2:48AM Mon Gara Until 11:09AM Chaturdashi* Until 11:34PM	
933311367	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau	Yangon, Myanmar Sun 28 Sutra 316	
933311367	Gulika 1:47PM – 3:15PM Yama 10:52AM – 12:19PM Rahu 7:56AM – 9:24AM	Ashlesha* Until 6:16AM Athiganda* Until 2:40AM Tue Visti Until 12:09PM Purnima* Until 12:49AM Tue	
933311367	Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau	Yangon, Myanmar Sun 29 Sutra 317	
933311367	Gulika 12:19PM – 1:47PM Yama 9:23AM – 10:51AM Rahu 3:15PM – 4:43PM	Magha* Until 8:20AM Sukarma Until 2:54AM Wed Balava Until 1:39PM Prathama* Until 2:32AM Wed	

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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Wednesday, February 24, 2016
Gold Retreat Star

Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Dhriti Yoga Taitila/Gara Karana Dvitiyayam Titau

Yangon, Myanmar
Sutra 318

Simha Rasi: 24.18 Tithi 17
953311367
Creative Work Amrita Yoga

Gulika 10:51AM – 12:19PM
Yama 7:55AM – 9:23AM
Rahu 12:19PM – 1:47PM

Purvaphalguni Until 10:41AM
Dhriti Until 3:28AM Thu
Taitila Until 3:35PM
Dvitiya Until 4:40AM Thu

Ganesha: Red *Sunrise:* 6:27AM
Muruqa: Green *Sunset:* 6:11PM
Nataraja: White
Moon – Red
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Thursday, February 25, 2016

Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 319

Kanya Rasi: 6.19 Tithi 18
953311367
Amrita Yoga

Gulika 9:23AM – 10:51AM
Yama 6:27AM – 7:55AM
Rahu 1:47PM – 3:15PM

Uttaraphalguni Until 1:13PM
Shula* Until 4:14AM Fri
Vanija Until 5:33PM
Tritiya Until 7:07AM Fri

Ganesha: Red *Sunrise:* 6:27AM
Muruqa: Green *Sunset:* 6:11PM
Nataraja: White
Moon – Red
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Until 1:13PM
Then Routine Work - Marana Yoga

2

Friday, February 26, 2016

Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar
Sun 2 Sutra 320

Kanya Rasi: 18.13 Tithi 18 – 19
963311367
Creative Work Amrita Yoga

Gulika 7:54AM – 9:22AM
Yama 3:15PM – 4:43PM
Rahu 10:51AM – 12:19PM

Hasta Until 4:22PM
Ganda* Until 5:10AM Sat
Bava Until 8:26PM
Tritiya Until 7:07AM

Ganesha: Green *Sunrise:* 6:26AM
Muruqa: Green *Sunset:* 6:12PM
Nataraja: White
Moon – Green
Magha-Masi

Bhuloka Day

Until 4:22PM
Then Creative Work - Siddha Yoga

3

Saturday, February 27, 2016

Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Vriddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar
Sun 3 Sutra 321

Tula Rasi: 0.02 Tithi 19 – 20
963311367
Routine Work Marana Yoga

Gulika 6:25AM – 7:54AM
Yama 1:47PM – 3:15PM
Rahu 9:22AM – 10:50AM

Chitra Until 7:27PM
Vriddhi Until 6:09AM Sun
Kaulava Until 11:05PM
Chaturthi* Until 9:44AM

Ganesha: Green *Sunrise:* 6:25AM
Muruqa: Green *Sunset:* 6:12PM
Nataraja: White
Moon – Green
Magha-Masi

Bhuloka Day

Until 7:27PM
Then Creative Work - Siddha Yoga

4

Sunday, February 28, 2016

Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar
Sun 4 Sutra 322

Tula Rasi: 11.51 Tithi 20 – 21
963311367
Creative Work Siddha Yoga

Gulika 3:15PM – 4:44PM
Yama 12:18PM – 1:47PM
Rahu 4:44PM – 6:12PM

Svati Until 10:18PM
Vriddhi Until 6:09AM
Gara Until 1:38AM Mon
Panchami Until 12:22PM

Ganesha: Green *Sunrise:* 6:25AM
Muruqa: Green *Sunset:* 6:12PM
Nataraja: White
Moon – Green
Magha-Masi

Bhuloka Day

Until 10:18PM
Then Routine Work - Marana Yoga

5

Monday, February 29, 2016

Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 5 Sutra 323

Tula Rasi: 23.43 Tithi 21 – 22
973311367
Family Home Evening
Routine Work Marana Yoga

Gulika 1:47PM – 3:15PM
Yama 10:50AM – 12:18PM
Rahu 7:53AM – 9:21AM

Vishakha Until 1:15AM Tue
Dhruva Until 6:59AM
Visti Until 3:55AM Tue
Shashthi* Until 2:48PM

Ganesha: Orange *Sunrise:* 6:24AM
Muruqa: Green *Sunset:* 6:12PM
Nataraja: White
Moon – Orange
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Until 1:15AM Tue
Then Creative Work - Siddha Yoga

6

Tuesday, March 1, 2016

Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yangon, Myanmar
Sun 6 Sutra 324

Vrischika Rasi: 5.42 Tithi 22 – 23
973311367
Creative Work Siddha Yoga

Gulika 12:18PM – 1:47PM
Yama 9:20AM – 10:49AM
Rahu 3:15PM – 4:44PM

Anuradha Until 3:36AM Wed
Vyaghata* Until 7:36AM
Balava Until 5:42AM Wed
Saptami Until 4:51PM

Ganesha: Orange *Sunrise:* 6:23AM
Muruqa: Green *Sunset:* 6:13PM
Nataraja: White
Moon – Orange
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Retreat Star

Wednesday, March 2, 2016

Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Harshana/Vajra* Yoga Kaulava Karana Ashtamyam Titau

Yangon, Myanmar
Sun 7 Sutra 325

Vrischika Rasi: 17.53 Tithi 23
973311367
Creative Work Siddha Yoga

Gulika 10:49AM – 12:18PM
Yama 7:51AM – 9:20AM
Rahu 12:18PM – 1:47PM

Jyeshtha* Until 5:10AM Thu
Harshana Until 7:52AM
Kaulava Until 6:20PM
Ashtami* Until 6:20PM

Ganesha: Orange *Sunrise:* 6:22AM
Muruqa: Green *Sunset:* 6:13PM
Nataraja: White
Moon – Orange
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Thursday, March 3, 2016

Retreat Star

Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Yangon, Myanmar
Sun 8 Sutra 326

Dhanu Rasi: 0.2 Tithi 24
984311367
Creative Work Siddha Yoga

Gulika 9:19AM – 10:48AM
Yama 6:21AM – 7:50AM
Rahu 1:46PM – 3:15PM


Mula* Until 6:19AM Fri
Vajra* Until 7:35AM
Taitila Until 6:50AM
Navami* Until 7:06PM

Ganesha: Purple *Sunrise:* 6:21AM
Muruqa: Green *Sunset:* 6:13PM
Nataraja: White
Moon – Light Blue
Magha-Masi

Bhuloka Day

Until 6:19AM Fri
Then Routine Work - Prabalarishta Yoga

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1	Friday, March 4, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula/Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau	Yangon, Myanmar Sun 9 Sutra 327
Dhanus Rasi: 13.09	Tithi 25	Gulika 7:50AM – 9:19AM Yama 3:15PM – 4:45PM Rahu 10:48AM – 12:17PM	Mula* Until 6:19AM Siddhi Until 6:44AM Vanija Until 7:12AM Dashami Until 7:04PM
984411367			Ganesha: Light Blue <i>Sunrise:</i> 6:21AM Muruga: Green <i>Sunset:</i> 6:14PM Nataraja: White Moon – Light Blue Magha-Masi
Creative Work Amrita Yoga Until 6:19AM Then Routine Work - Prabalarishta Yoga			Manmatha 5117 Moon 2 - Phase 44 2nd Phase Bhuloka Day
2	Saturday, March 5, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Variyan Yoga Bava/Balava Karana Ekadashyam Titau	Yangon, Myanmar Sun 10 Sutra 328
Dhanus Rasi: 26.22	Tithi 26	Gulika 6:20AM – 7:49AM Yama 1:46PM – 3:15PM Rahu 9:18AM – 10:48AM	Purvashadha* Until 6:32AM Variyan Until 3:08AM Sun Bava Until 6:46AM Ekadashi* Until 6:13PM
184411367			Ganesha: White <i>Sunrise:</i> 6:20AM Muruga: Green <i>Sunset:</i> 6:14PM Nataraja: White Moon – Light Blue Magha-Masi
Creative Work Siddha Yoga Until 6:32AM Then Routine Work - Marana Yoga			Manmatha 5117 Moon 2 - Phase 44 2nd Phase Bhuloka Day
3	Sunday, March 6, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau	Yangon, Myanmar Sun 11 Sutra 329
Makara Rasi: 10.01	Tithi 27 – 28	Gulika 3:15PM – 4:45PM Yama 12:17PM – 1:46PM Rahu 4:45PM – 6:14PM	Shravana Until 4:42AM Mon Parigha* Until 12:27AM Mon Gara Until 3:35AM Mon Dvadashi* Until 4:37PM <i>Pradosha Vrata (Fasting)</i>
194411367			Ganesha: Clear <i>Sunrise:</i> 6:19AM Muruga: Green <i>Sunset:</i> 6:14PM Nataraja: White Moon – Purple Magha-Masi
Creative Work Amrita Yoga Until 4:42AM Mon Then Creative Work - Siddha Yoga			Manmatha 5117 Moon 2 - Phase 44 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
4	Monday, March 7, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Yangon, Myanmar Sun 12 Sutra 330
Makara Rasi: 24.05	Tithi 28 – 29	Gulika 1:46PM – 3:15PM Yama 10:47AM – 12:16PM Rahu 7:48AM – 9:18AM	Dhanishtha Until 2:51AM Tue Shiva Until 9:17PM Visti Until 1:02AM Tue Trayodashi* Until 2:21PM
194421367			Ganesha: Clear <i>Sunrise:</i> 6:19AM Muruga: White <i>Sunset:</i> 6:14PM Nataraja: White Moon – Purple Magha-Masi
Family Home Evening Creative Work Siddha Yoga Until 2:51AM Tue Then Routine Work - Marana Yoga		Mahasivaratri (Lunar)	Manmatha 5117 Moon 2 - Phase 44 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
	Tuesday, March 8, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Yangon, Myanmar Sun 13 Sutra 331
Kumbha Rasi: 8.34	Tithi 29 – 30	Gulika 12:16PM – 1:46PM Yama 9:17AM – 10:47AM Rahu 3:15PM – 4:45PM	Shatabhishak Until 12:25AM Wed Siddha Until 5:41PM Catuspada Until 10:02PM Chaturdashi* Until 11:34AM
194421367			Ganesha: Clear <i>Sunrise:</i> 6:18AM Muruga: White <i>Sunset:</i> 6:15PM Nataraja: White Moon – Purple Magha-Masi
Routine Work Marana Yoga Until 12:25AM Wed Then Creative Work - Amrita Yoga			Manmatha 5117 Moon 2 - Phase 44 Amavasya Bhuloka Day Devaloka Time: 6:AM to 9:AM
Retreat Star			
5	Wednesday, March 9, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshthapada* Nakshatra Sadhya/Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Yangon, Myanmar Sun 14 Sutra 332
Kumbha Rasi: 23.22	Tithi 30 – 1	Gulika 10:46AM – 12:16PM Yama 7:47AM – 9:17AM Rahu 12:16PM – 1:46PM	Purvaproshthapada* Until 9:59PM Sadhya Until 1:51PM Kintughna Until 6:44PM Amavasya* Until 8:23AM
114421367			Ganesha: Purple <i>Sunrise:</i> 6:17AM Muruga: White <i>Sunset:</i> 6:15PM Nataraja: White Moon – Clear Phalgun-Masi
Creative Work Amrita Yoga Until 9:59PM Then Creative Work - Siddha Yoga		Total Solar Eclipse	Manmatha 5117 Moon 2 - Phase 44 Prathama Bhuloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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1	Thursday, March 10, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau	Yangon, Myanmar Sun 15 Sutra 333 Manmatha 5117
	Meena Rasi: 8.2 Tithi 2 114421367 Creative Work Siddha Yoga	Gulika 9:16AM – 10:46AM Yama 6:16AM – 7:46AM Rahu 1:45PM – 3:15PM	Uttaraproshtapada Until 7:18PM Subha Until 9:52AM Balava Until 3:17PM Dvitiya Until 1:32AM Fri
2	Friday, March 11, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Brahma Yoga Taitila/Gara Karana Tritiyayam Titau	Yangon, Myanmar Sun 16 Sutra 334 Manmatha 5117
	Meena Rasi: 23.2 Tithi 3 114421367 Creative Work Siddha Yoga Until 4:31PM Then Creative Work - Amrita Yoga	Gulika 7:46AM – 9:16AM Yama 3:15PM – 4:45PM Rahu 10:46AM – 12:15PM	Revati Until 4:31PM Brahma Until 1:55AM Sat Taitila Until 11:51AM Tritiya Until 10:10PM
3	Saturday, March 12, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Vanija/Visti* Karana Chaturthyam Titau	Yangon, Myanmar Sun 17 Sutra 335 Manmatha 5117
	Mesha Rasi: 8.16 Tithi 4 124421367 Creative Work Siddha Yoga	Gulika 6:15AM – 7:45AM Yama 1:45PM – 3:15PM Rahu 9:15AM – 10:45AM	Ashvini Until 2:12PM Indra Until 10:13PM Vanija Until 8:35AM Chaturthi* Until 7:02PM
4	Sunday, March 13, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Yangon, Myanmar Sun 18 Sutra 336 Manmatha 5117
	Mesha Rasi: 22.58 Tithi 5 – 6 124421367 Routine Work Prabalarishta Yoga Until 12:05PM Then Creative Work - Siddha Yoga	Gulika 3:15PM – 4:45PM Yama 12:15PM – 1:45PM Rahu 4:45PM – 6:15PM	Bharani Until 12:05PM Vaidhriti* Until 6:49PM Kaulava Until 3:03AM Mon Panchami Until 4:15PM
5	Monday, March 14, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Yangon, Myanmar Sun 19 Sutra 337 Manmatha 5117
	Vrishabha Rasi: 7.23 Tithi 6 – 7 Family Home Evening 124421367 Routine Work Marana Yoga Until 10:16AM Then Creative Work - Amrita Yoga	Gulika 1:45PM – 3:15PM Yama 10:44AM – 12:15PM Rahu 7:44AM – 9:14AM	Krittika Until 10:16AM Vishkambha* Until 3:49PM Gara Until 1:00AM Tue Shashthi* Until 1:56PM
Retreat Star	Tuesday, March 15, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Yangon, Myanmar Sun 20 Sutra 338 Manmatha 5117
	Vrishabha Rasi: 21.26 Tithi 7 – 8 135421368 Creative Work Amrita Yoga Until 9:17AM Then Creative Work - Siddha Yoga	Gulika 12:14PM – 1:45PM Yama 9:14AM – 10:44AM Rahu 3:15PM – 4:45PM	Rohini Until 9:17AM Priti Until 1:17PM Visti Until 11:33PM Saptami Until 12:11PM
Retreat Star	Wednesday, March 16, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Yangon, Myanmar Sun 21 Sutra 339 Manmatha 5117
	Mithuna Rasi: 5.07 Tithi 8 – 9 135421368 Creative Work Siddha Yoga	Gulika 10:44AM – 12:14PM Yama 7:43AM – 9:13AM Rahu 12:14PM – 1:45PM	Mrigashira Until 8:45AM Ayushman Until 11:12AM Balava Until 10:43PM Ashtami* Until 11:02AM

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time

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1	Thursday, March 17, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Yangon, Myanmar Sun 22 Sutra 340
	Mithuna Rasi: 18.26	Tithi 9 – 10	Gulika 9:12AM – 10:43AM	Ardra Until 8:41AM	Ganesha: Clear	<i>Sunrise:</i> 6:11AM	Manmatha 5117
		135421368	Yama 6:11AM – 7:42AM	Saubhagya Until 9:39AM	Muruga: White	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 46
Routine Work	Marana Yoga		Rahu 1:44PM – 3:15PM	Taitila Until 10:32PM	Nataraja: Clear		4th Phase
Until 8:41AM				Navami* Until 10:32AM	Phalguna-Panguni		Devaloka Day
Then Creative Work - Amrita Yoga							

2	Friday, March 18, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 23 Sutra 341
	Kataka Rasi: 1.26	Tithi 10 – 11	Gulika 7:41AM – 9:12AM	Punarvasu Until 9:32AM	Ganesha: White	<i>Sunrise:</i> 6:10AM	Manmatha 5117
		145421368	Yama 3:15PM – 4:46PM	Sobhana Until 8:36AM	Muruga: White	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga		Rahu 10:43AM – 12:13PM	Vanija Until 10:56PM	Nataraja: Clear		4th Phase
Until 9:32AM				Dashami Until 10:38AM	Phalguna-Panguni		Bhuloka Day
Then Routine Work - Marana Yoga							Devaloka Time: 6:PM to 9:PM

3	Saturday, March 19, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Vistil*/Bava Karana Ekadashi/Dvadashtyam Titau				Yangon, Myanmar Sun 24 Sutra 342
	Kataka Rasi: 14.09	Tithi 11 – 12	Gulika 6:10AM – 7:41AM	Pushya Until 10:47AM	Ganesha: White	<i>Sunrise:</i> 6:10AM	Manmatha 5117
		145421368	Yama 1:44PM – 3:15PM	Athiganda* Until 7:58AM	Muruga: White	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga		Rahu 9:11AM – 10:42AM	Bava Until 11:53PM	Nataraja: Clear		4th Phase
Until 10:47AM				Ekadashi Until 11:19AM	Phalguna-Panguni		Bhuloka Day
Then Routine Work - Marana Yoga			Yogaswami Mahasamadhi				Devaloka Time: 6:PM to 9:PM

4	Sunday, March 20, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashti/Trayodashyam Titau				Yangon, Myanmar Sun 25 Sutra 343
	Kataka Rasi: 26.37	Tithi 12 – 13	Gulika 3:15PM – 4:46PM	Ashlesha* Until 12:23PM	Ganesha: White	<i>Sunrise:</i> 6:09AM	Manmatha 5117
		145421368	Yama 12:13PM – 1:44PM	Sukarma Until 7:46AM	Muruga: White	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga		Rahu 4:46PM – 6:17PM	Kaulava Until 1:20AM Mon	Nataraja: Clear		4th Phase
Until 12:23PM				Dvadashti Until 12:32PM	Phalguna-Panguni		Bhuloka Day
Then Routine Work - Marana Yoga				<i>Pradosha Vrata</i>			Devaloka Time: 6:PM to 9:PM

5	Monday, March 21, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar Sun 26 Sutra 344
	Simha Rasi: 8.53	Tithi 13 – 14	Gulika 1:44PM – 3:15PM	Magha* Until 2:45PM	Ganesha: Yellow	<i>Sunrise:</i> 6:08AM	Manmatha 5117
Family Home Evening		155421368	Yama 10:41AM – 12:13PM	Dhriti Until 7:56AM	Muruga: White	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
Routine Work	Marana Yoga		Rahu 7:39AM – 9:10AM	Gara Until 3:11AM Tue	Nataraja: Clear		4th Phase
Until 2:45PM				Trayodashi Until 2:11PM	Phalguna-Panguni		Devaloka Day
Then Creative Work - Siddha Yoga							

6	Tuesday, March 22, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashy/Purnimayam Titau				Yangon, Myanmar Sun 27 Sutra 345
	Simha Rasi: 21	Tithi 14 – 15	Gulika 12:12PM – 1:43PM	Purvaphalguni Until 5:18PM	Ganesha: Yellow	<i>Sunrise:</i> 6:07AM	Manmatha 5117
		155421368	Yama 9:10AM – 10:41AM	Shula* Until 8:22AM	Muruga: White	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga		Rahu 3:15PM – 4:46PM	Visti Until 5:22AM Wed	Nataraja: Clear		4th Phase
Until 5:18PM				Chaturdashy* Until 4:13PM	Phalguna-Panguni		Devaloka Day
Then Creative Work - Amrita Yoga							

○	Wednesday, March 23, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Ganda*/Vridhhi Yoga Bava Karana Purnimayam Titau				Yangon, Myanmar Sutra 346
	Copper Retreat Star		Gulika 10:41AM – 12:12PM	Uttaraphalguni Until 7:57PM	Ganesha: Yellow	<i>Sunrise:</i> 6:07AM	Manmatha 5117
Kanya Rasi: 2.59	Tithi 15	155421368	Yama 7:38AM – 9:09AM	Ganda* Until 9:03AM	Muruga: White	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
Creative Work	Amrita Yoga		Rahu 12:12PM – 1:43PM	Bava Until 6:32PM	Nataraja: Clear		Purnima
Until 7:57PM			Holi	Purnima* Until 6:32PM	Phalguna-Panguni		Devaloka Day
Then Routine Work - Marana Yoga			Panguni Uttiram				
			Penumbra Lunar Eclipse				

○	Thursday, March 24, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau				Yangon, Myanmar Sutra 347
	Silver Retreat Star		Gulika 9:09AM – 10:40AM	Hasta Until 11:07PM	Ganesha: Yellow	<i>Sunrise:</i> 6:06AM	Manmatha 5117
Kanya Rasi: 14.53	Tithi 16	166421368	Yama 6:06AM – 7:37AM	Vridhhi Until 9:55AM	Muruga: White	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
Routine Work	Marana Yoga		Rahu 1:43PM – 3:15PM	Balava Until 7:48AM	Nataraja: Clear		Prathama
Until 11:07PM				Prathama* Until 9:02PM	Phalguna-Panguni		Devaloka Day
Then Creative Work - Siddha Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda



Friday, March 25, 2016
Gold Retreat Star

Kanya Rasi: 26.43 Tilthi 17
166421368
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 348

Gulika 7:37AM – 9:08AM
Yama 3:14PM – 4:46PM
Rahu 10:40AM – 12:11PM

Chitra Until 2:10AM Sat
Dhruva Until 10:51AM
Taitila Until 10:21AM
Dvitiya Until 11:37PM

Ganesha: Yellow *Sunrise:* 6:05AM
Muruga: White *Sunset:* 6:18PM
Nataraja: Clear
Moon – Green

Phalguna-Panguni

Manmatha 5117
Moon 3 - Phase 47
1st Phase

Devaloka Day

1

Saturday, March 26, 2016

Tula Rasi: 8.32 Tilthi 18
166421368
Creative Work Siddha Yoga
Until 5:01AM Sun
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Vanija/Visli* Karana Tritiyayam Titau

Yangon, Myanmar
Sun 2 Sutra 349

Gulika 6:04AM – 7:36AM
Yama 1:43PM – 3:14PM
Rahu 9:08AM – 10:39AM

Svati Until 5:01AM Sun
Vyaghata* Until 11:49AM
Vanija Until 12:56PM
Tritiya Until 2:10AM Sun

Ganesha: Yellow *Sunrise:* 6:04AM
Muruga: White *Sunset:* 6:18PM
Nataraja: Clear
Moon – Green

Phalguna-Panguni

Manmatha 5117
Moon 3 - Phase 47
1st Phase

Devaloka Day

2

Sunday, March 27, 2016

Tula Rasi: 20.23 Tilthi 19
176421368
Routine Work Marana Yoga
Until 8:04AM Mon
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Chaturthayam Titau

Yangon, Myanmar
Sun 3 Sutra 350

Gulika 3:14PM – 4:46PM
Yama 12:11PM – 1:43PM
Rahu 4:46PM – 6:18PM

Vishakha Until 8:04AM Mon
Harshana Until 12:45PM
Bava Until 3:25PM
Chaturthi* Until 4:34AM Mon

Ganesha: Blue *Sunrise:* 6:04AM
Muruga: White *Sunset:* 6:18PM
Nataraja: Clear
Moon – Orange

Phalguna-Panguni

Manmatha 5117
Moon 3 - Phase 47
1st Phase

Sivaloka Day

3

Monday, March 28, 2016

Vrischika Rasi: 2.17 Tilthi 20
176421368
Family Home Evening
Routine Work Marana Yoga
Until 8:04AM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Yangon, Myanmar
Sun 4 Sutra 351

Gulika 1:42PM – 3:14PM
Yama 10:39AM – 12:10PM
Rahu 7:35AM – 9:07AM

Vishakha Until 8:04AM
Vajra* Until 1:29PM
Kaulava Until 5:42PM
Panchami Until 6:41AM Tue

Ganesha: Blue *Sunrise:* 6:03AM
Muruga: White *Sunset:* 6:18PM
Nataraja: Clear
Moon – Orange

Phalguna-Panguni

Manmatha 5117
Moon 3 - Phase 47
1st Phase

Sivaloka Day

4

Tuesday, March 29, 2016

Vrischika Rasi: 14.19 Tilthi 20 – 21
176521368
Creative Work Siddha Yoga
Until 10:39AM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Yangon, Myanmar
Sun 5 Sutra 352

Gulika 12:10PM – 1:42PM
Yama 9:06AM – 10:38AM
Rahu 3:14PM – 4:46PM

Anuradha Until 10:39AM
Siddhi Until 2:00PM
Gara Until 7:37PM
Panchami Until 6:41AM

Ganesha: Red *Sunrise:* 6:02AM
Muruga: White *Sunset:* 6:18PM
Nataraja: Clear
Moon – Orange

Phalguna-Panguni

Manmatha 5117
Moon 3 - Phase 47
1st Phase

Devaloka Day

5

Wednesday, March 30, 2016

Vrischika Rasi: 26.29 Tilthi 21 – 22
176521368
Creative Work Siddha Yoga
Until 12:39PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata*/Varyani Yoga Vanija/Visli* Karana Shashthi/Saplamyam Titau

Yangon, Myanmar
Sun 6 Sutra 353

Gulika 10:38AM – 12:10PM
Yama 7:33AM – 9:06AM
Rahu 12:10PM – 1:42PM

Jyeshtha* Until 12:39PM
Vyatipata* Until 2:11PM
Visli Until 9:03PM
Shashthi* Until 8:23AM

Ganesha: Red *Sunrise:* 6:01AM
Muruga: White *Sunset:* 6:18PM
Nataraja: Clear
Moon – Orange

Phalguna-Panguni

Manmatha 5117
Moon 3 - Phase 47
1st Phase

Devaloka Day

D

Thursday, March 31, 2016
Retreat Star

Dhanus Rasi: 8.54 Tilthi 22 – 23
186521368
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Varyani/Parigha* Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Yangon, Myanmar
Sun 7 Sutra 354

Gulika 9:05AM – 10:37AM
Yama 6:01AM – 7:33AM
Rahu 1:42PM – 3:14PM

Mula* Until 2:24PM
Varyani Until 1:53PM
Balava Until 9:51PM
Saptami Until 9:31AM

Ganesha: Green *Sunrise:* 6:01AM
Muruga: White *Sunset:* 6:19PM
Nataraja: Clear
Moon – Light Blue

Phalguna-Panguni

Manmatha 5117
Moon 3 - Phase 47
Ashtami

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Friday, April 1, 2016
Retreat Star

Dhanus Rasi: 21.37 Tilthi 23 – 24
187521368
Routine Work Prabalarishta Yoga
Until 3:19PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 8 Sutra 355

Gulika 7:33AM – 9:05AM
Yama 3:14PM – 4:46PM
Rahu 10:37AM – 12:10PM

Purvashadha* Until 3:19PM
Parigha* Until 1:04PM
Taitila Until 9:55PM
Ashtami* Until 9:58AM

Ganesha: Red *Sunrise:* 6:01AM
Muruga: White *Sunset:* 6:19PM
Nataraja: Clear
Moon – Light Blue

Phalguna-Panguni

Manmatha 5117
Moon 3 - Phase 47
Navami

Devaloka Day

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1	Saturday, April 2, 2016	Manmatha Nama Samvatsare Uтарыane Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Navami/Dashmyam Titau	Yangon, Myanmar Sun 9 Sutra 356
	Makara Rasi: 4.43 Tithi 24 – 25 187521368	Gulika 6:00AM – 7:32AM Yama 1:42PM – 3:14PM Rahu 9:04AM – 10:37AM	Uttarashadha Until 3:19PM Shiva Until 11:38AM Vanija Until 9:12PM Navami* Until 9:38AM
	Routine Work Marana Yoga Until 3:19PM Then Creative Work - Siddha Yoga	Ganesha: Red <i>Sunrise:</i> 6:00AM Muruga: White <i>Sunset:</i> 6:19PM Nataraja: Clear Moon – Light Blue Phalguna-Panguni	Manmatha 5117 Moon 3 - Phase 48 2nd Phase Devaloka Day
2	Sunday, April 3, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Yangon, Myanmar Sun 10 Sutra 357
	Makara Rasi: 18.13 Tithi 25 – 26 197521368	Gulika 3:14PM – 4:46PM Yama 12:09PM – 1:41PM Rahu 4:46PM – 6:19PM	Shravana Until 2:51PM Siddha Until 9:34AM Bava Until 7:41PM Dashami Until 8:31AM
	Creative Work Amrita Yoga Until 2:51PM Then Routine Work - Marana Yoga	Ganesha: Green <i>Sunrise:</i> 5:59AM Muruga: White <i>Sunset:</i> 6:19PM Nataraja: Clear Moon – Purple Phalguna-Panguni	Manmatha 5117 Moon 3 - Phase 48 2nd Phase Sivaloka Day
3	Monday, April 4, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Balava/Taitilia Karana Ekadashi/Dvadashyam Titau	Yangon, Myanmar Sun 11 Sutra 358
	Kumbha Rasi: 2.12 Tithi 26 – 27 Family Home Evening 197521368	Gulika 1:41PM – 3:14PM Yama 10:36AM – 12:09PM Rahu 7:31AM – 9:03AM	Dhanishtha Until 1:30PM Sadhya Until 6:54AM Taitilia Until 4:06AM Tue Ekadashi* Until 6:39AM
	Creative Work Siddha Yoga	Ganesha: Green <i>Sunrise:</i> 5:58AM Muruga: White <i>Sunset:</i> 6:19PM Nataraja: Clear Moon – Purple Phalguna-Panguni	Manmatha 5117 Moon 3 - Phase 48 2nd Phase Sivaloka Day
4	Tuesday, April 5, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla Yoga Gara/Vanija Karana Trayodashyam Titau	Yangon, Myanmar Sun 12 Sutra 359
	Kumbha Rasi: 16.37 Tithi 28 197521368	Gulika 12:08PM – 1:41PM Yama 9:03AM – 10:36AM Rahu 3:14PM – 4:46PM	Shatabhishak Until 11:23AM Sukla Until 12:02AM Wed Gara Until 2:38PM Trayodashi* Until 1:01AM Wed <i>Pradosha Vrata (Fasting)</i>
	Routine Work Marana Yoga	Ganesha: Green <i>Sunrise:</i> 5:58AM Muruga: White <i>Sunset:</i> 6:19PM Nataraja: Clear Moon – Purple Phalguna-Panguni	Manmatha 5117 Moon 3 - Phase 48 2nd Phase Sivaloka Day
5	Wednesday, April 6, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Brahma Yoga Visti/Sakuni* Karana Chaturdashyam Titau	Yangon, Myanmar Sun 13 Sutra 360
	Meena Rasi: 1.25 Tithi 29 117521368	Gulika 10:35AM – 12:08PM Yama 7:30AM – 9:02AM Rahu 12:08PM – 1:41PM	Purvaproshtapada* Until 9:03AM Brahma Until 8:03PM Visti Until 11:20AM Chaturdashi* Until 9:33PM
	Creative Work Amrita Yoga Until 9:03AM Then Creative Work - Siddha Yoga	Ganesha: Orange <i>Sunrise:</i> 5:57AM Muruga: White <i>Sunset:</i> 6:19PM Nataraja: Clear Moon – Clear Phalguna-Panguni	Manmatha 5117 Moon 3 - Phase 48 2nd Phase Devaloka Day
Retreat Star	Thursday, April 7, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra/Vaidhrili* Yoga Catuspada/Kintughna* Karana Amavasya/Prathamayam Titau	Yangon, Myanmar Sun 14 Sutra 361
	Meena Rasi: 16.29 Tithi 30 – 1 118521368	Gulika 9:02AM – 10:35AM Yama 5:56AM – 7:29AM Rahu 1:41PM – 3:14PM	Uttaraproshtapada Until 6:15AM Indra Until 3:53PM Catuspada Until 7:44AM Amavasya* Until 5:50PM
	Creative Work Siddha Yoga	Ganesha: Green <i>Sunrise:</i> 5:56AM Muruga: White <i>Sunset:</i> 6:20PM Nataraja: Clear Moon – Clear Phalguna-Panguni	Manmatha 5117 Moon 3 - Phase 48 Amavasya Bhuloka Day Devaloka Time: 6:PM to 9:PM
Retreat Star	Friday, April 8, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vaidhrili*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Yangon, Myanmar Sun 15 Sutra 362
	Mesha Rasi: 1.42 Tithi 1 – 2 128521368	Gulika 7:28AM – 9:01AM Yama 3:14PM – 4:47PM Rahu 10:34AM – 12:07PM	Ashvini Until 12:20AM Sat Vaidhrili* Until 11:36AM Balava Until 12:13AM Sat Prathama* Until 2:04PM
	Creative Work Amrita Yoga Until 12:20AM Sat Then Creative Work - Siddha Yoga	Ganesha: White <i>Sunrise:</i> 5:55AM Muruga: White <i>Sunset:</i> 6:20PM Nataraja: Clear Moon – White Chaitra-Panguni	Manmatha 5117 Moon 3 - Phase 48 Prathama Bhuloka Day Devaloka Time: 6:PM to 9:PM

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Saturday, April 9, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Vishkambha* Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Yangon, Myanmar Sun 16 Sutra 363 Manmatha 5117
	Mesha Rasi: 16.53 Tithi 2 - 3 128521368	Gulika 5:55AM - 7:28AM Yama 1:40PM - 3:14PM Rahu 9:01AM - 10:34AM	Bharani Until 9:34PM Vishkambha* Until 7:25AM Taitila Until 8:38PM Dvitiya Until 10:23AM

Creative Work Siddha Yoga Until 9:34PM Then Creative Work - Amrita Yoga	Ganesha: White <i>Sunrise:</i> 5:55AM Muruqa: White <i>Sunset:</i> 6:20PM Nataraja: Clear Moon - White Chaitra-Panguni	Bhuloka Day Devaloka Time: 6:PM to 9:PM
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2	Sunday, April 10, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Ayushman Yoga Gara/Visti* Karana Tritiya/Chaturtham Titau	Yangon, Myanmar Sun 17 Sutra 364 Manmatha 5117
	Visshabha Rasi: 1.54 Tithi 3 - 4 128521368	Gulika 3:13PM - 4:47PM Yama 12:07PM - 1:40PM Rahu 4:47PM - 6:20PM	Krittika Until 7:00PM Ayushman Until 11:45PM Visti Until 3:56AM Mon Tritiya Until 6:57AM

Creative Work Siddha Yoga	Ganesha: White <i>Sunrise:</i> 5:54AM Muruqa: White <i>Sunset:</i> 6:20PM Nataraja: Clear Moon - White Chaitra-Panguni	Bhuloka Day Devaloka Time: 6:PM to 9:PM
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3	Monday, April 11, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau	Yangon, Myanmar Sun 18 Manmatha 5117
	Visshabha Rasi: 16.36 Tithi 5 Family Home Evening 138521368	Gulika 1:40PM - 3:13PM Yama 10:33AM - 12:07PM Rahu 7:27AM - 9:00AM	Rohini Until 5:12PM Saubhagya Until 8:30PM Bava Until 2:39PM Panchami Until 1:29AM Tue

Creative Work Amrita Yoga	Ganesha: Clear <i>Sunrise:</i> 5:53AM Muruqa: White <i>Sunset:</i> 6:20PM Nataraja: Clear Moon - Yellow Chaitra-Panguni	Devaloka Day
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4	Tuesday, April 12, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau	Yangon, Myanmar Sun 19 Manmatha 5117
	Mithuna Rasi: 0.53 Tithi 6 138521368	Gulika 12:06PM - 1:40PM Yama 8:59AM - 10:33AM Rahu 3:13PM - 4:47PM	Mrigashira Until 3:54PM Sobhana Until 5:49PM Kaulava Until 12:31PM Shashthi* Until 11:42PM

Creative Work Siddha Yoga Until 3:54PM Then Routine Work - Marana Yoga	Ganesha: Clear <i>Sunrise:</i> 5:52AM Muruqa: White <i>Sunset:</i> 6:20PM Nataraja: Clear Moon - Yellow Chaitra-Panguni	Devaloka Day
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5	Wednesday, April 13, 2016	Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Saptamyam Titau	Yangon, Myanmar Sun 20 Durmukha 5118
	Mithuna Rasi: 14.44 Tithi 7 138521368	Gulika 10:33AM - 12:06PM Yama 7:25AM - 8:59AM Rahu 12:06PM - 1:40PM	Ardra Until 3:11PM Athiganda* Until 3:42PM Gara Until 11:07AM Saptami Until 10:41PM

Creative Work Siddha Yoga	Ganesha: Clear <i>Sunrise:</i> 5:52AM Muruqa: White <i>Sunset:</i> 6:21PM Nataraja: Clear Moon - Yellow Chaitra-Chaitra	Devaloka Day
	Tamil New Year	

D	Thursday, April 14, 2016	Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau	Yangon, Myanmar Sun 21 Durmukha 5118
	Mithuna Rasi: 28.07 Tithi 8 249521368	Gulika 8:58AM - 10:32AM Yama 5:51AM - 7:25AM Rahu 1:40PM - 3:13PM	Punarvasu Until 3:33PM Sukarma Until 2:14PM Visti Until 10:30AM Ashtami* Until 10:28PM

Creative Work Amrita Yoga	Ganesha: White <i>Sunrise:</i> 5:51AM Muruqa: White <i>Sunset:</i> 6:21PM Nataraja: Clear Moon - Blue Chaitra-Chaitra	Sivaloka Day
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Friday, April 15, 2016	Retreat Star	Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Navamyam Titau	Yangon, Myanmar Sun 22 Durmukha 5118
	Kataka Rasi: 11.05 Tithi 9 249521368	Gulika 7:24AM - 8:58AM Yama 3:13PM - 4:47PM Rahu 10:32AM - 12:06PM	Pushya Until 4:33PM Dhriti Until 1:24PM Balava Until 10:40AM Navami* Until 11:01PM

Routine Work Marana Yoga	Ganesha: White <i>Sunrise:</i> 5:50AM Muruqa: White <i>Sunset:</i> 6:21PM Nataraja: Clear Moon - Blue Chaitra-Chaitra	Sivaloka Day
	Sri Rama Navami	

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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1	Saturday, April 16, 2016	Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manla Vasara Yuktayam Ashlesha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dashamyam Titau	Yangon, Myanmar Sun 23
Kataka Rasi: 23.41	Tithi 10	Gulika 5:50AM – 7:24AM Yama 1:39PM – 3:13PM Rahu 8:58AM – 10:31AM	Ashlesha* Until 6:04PM Shula* Until 1:07PM Taitila Until 11:36AM Dashami Until 12:17AM Sun
249521368		Ganesha: White <i>Sunrise:</i> 5:50AM Muruḡa: White <i>Sunset:</i> 6:21PM Nataraja: Clear Moon – Blue	Durmukha 5118 Moon 3 - Phase 1 4th Phase Sivaloka Day Chaitra*Chaitra
Routine Work	Marana Yoga		
Until 6:04PM			
Then Creative Work - Amrita Yoga			
2	Sunday, April 17, 2016	Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Ekadashyam Titau	Yangon, Myanmar Sun 24
Simha Rasi: 5.59	Tithi 11	Gulika 3:13PM – 4:47PM Yama 12:05PM – 1:39PM Rahu 4:47PM – 6:21PM	Magha* Until 8:30PM Ganda* Until 1:20PM Vanija Until 1:09PM Ekadashi Until 2:06AM Mon
259521368		Ganesha: Clear <i>Sunrise:</i> 5:49AM Muruḡa: White <i>Sunset:</i> 6:21PM Nataraja: Clear Moon – Red	Durmukha 5118 Moon 3 - Phase 1 4th Phase Devaloka Day Chaitra*Chaitra
Routine Work	Marana Yoga		
Until 8:30PM			
Then Creative Work - Siddha Yoga			
3	Monday, April 18, 2016	Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau	Yangon, Myanmar Sun 25 Sutra 1
Simha Rasi: 18.05	Tithi 12	Gulika 1:39PM – 3:13PM Yama 10:31AM – 12:05PM Rahu 7:22AM – 8:57AM	Purvaphalguni Until 11:12PM Vridhhi Until 1:56PM Bava Until 3:12PM Dvadashi Until 4:20AM Tue
259521368		Ganesha: Clear <i>Sunrise:</i> 5:48AM Muruḡa: White <i>Sunset:</i> 6:22PM Nataraja: Clear Moon – Red	Durmukha 5118 Moon 3 - Phase 1 4th Phase Devaloka Day Chaitra*Chaitra
Family Home Evening			
Creative Work	Siddha Yoga		
4	Tuesday, April 19, 2016	Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Yangon, Myanmar Sun 26 Sutra 2
Kanya Rasi: 0.01	Tithi 13	Gulika 12:05PM – 1:39PM Yama 8:56AM – 10:30AM Rahu 3:13PM – 4:48PM	Uttaraphalguni Until 2:00AM Wed Dhruva Until 2:45PM Kaulava Until 5:34PM Trayodashi Until 6:49AM Wed <i>Pradosha Vrata</i>
259521368		Ganesha: Clear <i>Sunrise:</i> 5:48AM Muruḡa: White <i>Sunset:</i> 6:22PM Nataraja: Clear Moon – Red	Durmukha 5118 Moon 3 - Phase 1 4th Phase Devaloka Day Chaitra*Chaitra
Creative Work	Amrita Yoga		
Until 2:00AM Wed			
Then Routine Work - Marana Yoga			
5	Wednesday, April 20, 2016	Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Yangon, Myanmar Sun 27 Sutra 3
Kanya Rasi: 11.53	Tithi 13 – 14	Gulika 10:30AM – 12:05PM Yama 7:21AM – 8:56AM Rahu 12:05PM – 1:39PM	Hasta Until 5:15AM Thu Vyaghata* Until 3:44PM Gara Until 8:07PM Trayodashi Until 6:49AM
269521368		Ganesha: Purple <i>Sunrise:</i> 5:47AM Muruḡa: White <i>Sunset:</i> 6:22PM Nataraja: Clear Moon – Green	Durmukha 5118 Moon 3 - Phase 1 4th Phase Sivaloka Day Chaitra*Chaitra
Routine Work	Marana Yoga		
Until 5:15AM Thu			
Then Creative Work - Siddha Yoga			
○	Thursday, April 21, 2016	Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Yangon, Myanmar Sutra 4
Kanya Rasi: 23.41	Tithi 14 – 15	Gulika 8:55AM – 10:30AM Yama 5:46AM – 7:21AM Rahu 1:39PM – 3:13PM	Chitra Until 8:20AM Fri Harshana Until 4:47PM Visti Until 10:42PM Chaturdashi* Until 9:23AM
269521368		Ganesha: Purple <i>Sunrise:</i> 5:46AM Muruḡa: White <i>Sunset:</i> 6:22PM Nataraja: Clear Moon – Green	Durmukha 5118 Moon 3 - Phase 1 Purnima Sivaloka Day Chaitra*Chaitra
Creative Work	Siddha Yoga		
		Chitra Purnima (Tamil Nadu) Hanuman Jayanti	
○	Friday, April 22, 2016	Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Yangon, Myanmar Sutra 5
Tula Rasi: 5.31	Tithi 15 – 16	Gulika 7:20AM – 8:55AM Yama 3:13PM – 4:48PM Rahu 10:30AM – 12:04PM	Chitra Until 8:20AM Vajra* Until 5:45PM Balava Until 1:12AM Sat Purnima* Until 11:56AM
261521368		Ganesha: Purple <i>Sunrise:</i> 5:46AM Muruḡa: White <i>Sunset:</i> 6:22PM Nataraja: Clear Moon – Green	Durmukha 5118 Moon 3 - Phase 1 Prathama Sivaloka Day Chaitra*Chaitra
Creative Work	Siddha Yoga		

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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