



Tuesday, May 5, 2015
Gold Retreat Star

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Varyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya
Sutra 23

Virschika Rasi: 1.32 Tithi 16 – 17
279979269
Routine Work Marana Yoga
Until 9:22AM
Then Creative Work - Siddha Yoga

Gulika 12:31PM – 2:01PM
Yama 9:30AM – 11:00AM
Rahu 3:32PM – 5:02PM

Vishakha Until 9:22AM
Varyan Until 8:16PM
Taitila Until 7:38PM
Prathama* Until 7:28AM

Ganesha: Blue *Sunrise: 6:29AM*
Muruga: White *Sunset: 6:33PM*
Nataraja: Clear
Moon – Orange
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Devaloka Day

1

Wednesday, May 6, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya
Sutra 24

Virschika Rasi: 14.23 Tithi 17 – 18
271979269
Creative Work Siddha Yoga

Gulika 11:00AM – 12:31PM
Yama 7:59AM – 9:30AM
Rahu 12:31PM – 2:01PM

Anuradha Until 10:11AM
Parigha* Until 7:12PM
Vanija Until 7:36PM
Dvitiya Until 7:39AM

Ganesha: Yellow *Sunrise: 6:29AM*
Muruga: White *Sunset: 6:33PM*
Nataraja: Clear
Moon – Orange
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Sivaloka Day

2

Thursday, May 7, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Nairobi, Kenya
Sutra 25

Virschika Rasi: 27.29 Tithi 18 – 19
271979269
Routine Work Prabalarishta Yoga
Until 10:24AM
Then Creative Work - Siddha Yoga

Gulika 9:30AM – 11:00AM
Yama 6:29AM – 7:59AM
Rahu 2:01PM – 3:32PM

Jyeshtha* Until 10:24AM
Shiva Until 5:47PM
Bava Until 7:07PM
Tritiya Until 7:23AM

Ganesha: Yellow *Sunrise: 6:29AM*
Muruga: White *Sunset: 6:33PM*
Nataraja: Clear
Moon – Orange
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Sivaloka Day

3

Friday, May 8, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chatrthi/Panchamyam Titau

Nairobi, Kenya
Sutra 26

Dhanus Rasi: 10.47 Tithi 19 – 20
281979269
Creative Work Amrita Yoga
Until 10:32AM
Then Routine Work - Prabalarishta Yoga

Gulika 7:59AM – 9:30AM
Yama 3:32PM – 5:02PM
Rahu 11:00AM – 12:31PM

Mula* Until 10:32AM
Siddha Until 4:03PM
Kaulava Until 6:16PM
Chatrthi* Until 6:43AM

Ganesha: White *Sunrise: 6:29AM*
Muruga: White *Sunset: 6:33PM*
Nataraja: Clear
Moon – Light Blue
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Subha Sivaloka Day

4

Saturday, May 9, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya
Sutra 27

Dhanus Rasi: 24.17 Tithi 21
281179269
Creative Work Siddha Yoga
Until 10:10AM
Then Routine Work - Marana Yoga

Gulika 6:28AM – 7:59AM
Yama 2:01PM – 3:32PM
Rahu 9:29AM – 11:00AM

Purvashadha* Until 10:10AM
Sadhya Until 2:03PM
Gara Until 5:04PM
Shashthi* Until 4:19AM Sun

Ganesha: Yellow *Sunrise: 6:28AM*
Muruga: White *Sunset: 6:33PM*
Nataraja: Clear
Moon – Light Blue
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Sivaloka Day

5

Sunday, May 10, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Saptamyam Titau

Nairobi, Kenya
Sutra 28

Makara Rasi: 7.59 Tithi 22
281179269
Creative Work Amrita Yoga

Gulika 3:31PM – 5:02PM
Yama 12:30PM – 2:01PM
Rahu 5:02PM – 6:32PM

Uttarashadha Until 9:20AM
Subha Until 11:48AM
Visti Until 3:32PM
Saptami Until 2:39AM Mon

Ganesha: Yellow *Sunrise: 6:28AM*
Muruga: White *Sunset: 6:32PM*
Nataraja: Clear
Moon – Light Blue
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Sivaloka Day

Chidambaram Abhishekam
Mother's Day

D

Monday, May 11, 2015
Retreat Star

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya
Sutra 29

Makara Rasi: 21.52 Tithi 23
291179269
Family Home Evening
Creative Work Amrita Yoga
Until 8:29AM
Then Creative Work - Siddha Yoga

Gulika 2:01PM – 3:31PM
Yama 11:00AM – 12:30PM
Rahu 7:59AM – 9:29AM

Shravana Until 8:29AM
Sukla Until 9:17AM
Balava Until 1:43PM
Ashtami* Until 12:41AM Tue

Ganesha: White *Sunrise: 6:28AM*
Muruga: White *Sunset: 6:32PM*
Nataraja: Clear
Moon – Purple
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
Ashtami

Devaloka Day

Tuesday, May 12, 2015
Retreat Star

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau

Nairobi, Kenya
Sutra 30

Kumbha Rasi: 5.56 Tithi 24
291179269
Creative Work Siddha Yoga
Until 7:13AM
Then Routine Work - Marana Yoga

Gulika 12:30PM – 2:01PM
Yama 9:29AM – 11:00AM
Rahu 3:31PM – 5:02PM

Dhanishtha Until 7:13AM
Brahma Until 6:33AM
Taitila Until 11:37AM
Navami* Until 10:28PM

Ganesha: White *Sunrise: 6:28AM*
Muruga: White *Sunset: 6:32PM*
Nataraja: Clear
Moon – Purple
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
Navami

Devaloka Day


When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1	Wednesday, May 13, 2015	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vaidhriti* Yoga Vanija/Vishti* Karana Dashamyam Titau	Nairobi, Kenya Sutra 31 Manmatha 5117
	Kumbha Rasi: 20.1 Tithi 25 211179269	Gulika 11:00AM – 12:30PM Yama 7:59AM – 9:29AM Rahu 12:30PM – 2:01PM	Purvaproshtapada* Until 3:57AM Thu Vaidhriti* Until 12:30AM Thu Vanija Until 9:17AM Dashami Until 8:01PM

2	Thursday, May 14, 2015	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkambha* Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau	Nairobi, Kenya Sutra 32 Manmatha 5117
	Meena Rasi: 4.33 Tithi 26 – 27 211179269	Gulika 9:29AM – 11:00AM Yama 6:28AM – 7:59AM Rahu 2:01PM – 3:31PM	Uttaraproshtapada Until 2:06AM Fri Vishkambha* Until 9:16PM Bava Until 6:44AM Ekadashi* Until 5:24PM

3	Friday, May 15, 2015	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Priti/Shiva Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau	Nairobi, Kenya Sutra 33 Manmatha 5117
	Meena Rasi: 19.01 Tithi 27 – 28 211179269	Gulika 7:59AM – 9:29AM Yama 3:31PM – 5:02PM Rahu 11:00AM – 12:30PM	Revati Until 12:03AM Sat Priti Until 6:00PM Gara Until 1:23AM Sat Dvadashi* Until 2:42PM <i>Pradosha Vrata (Fasting)</i>

4	Saturday, May 16, 2015	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Ayushman/Saubhagya Yoga Vanija/Vishti* Karana Trayodashi/Chaturdashyam Titau	Nairobi, Kenya Sutra 34 Manmatha 5117
	Mesha Rasi: 3.29 Tithi 28 – 29 222179269	Gulika 6:28AM – 7:59AM Yama 2:01PM – 3:31PM Rahu 9:29AM – 11:00AM	Ashvini Until 10:20PM Ayushman Until 2:43PM Visti Until 10:45PM Trayodashi* Until 12:02PM

	Sunday, May 17, 2015	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Nairobi, Kenya Sutra 35 Manmatha 5117
	Retreat Star Mesha Rasi: 17.55 Tithi 29 – 30 222179269	Gulika 3:31PM – 5:02PM Yama 12:30PM – 2:01PM Rahu 5:02PM – 6:32PM	Bharani Until 8:41PM Saubhagya Until 11:35AM Catuspada Until 8:19PM Chaturdashi* Until 9:29AM

Retreat Star	Monday, May 18, 2015	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sobhana/Alhiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Nairobi, Kenya Sutra 36 Manmatha 5117
	Vrishabha Rasi: 2.09 Tithi 30 – 1 Family Home Evening 222179269	Gulika 2:01PM – 3:31PM Yama 11:00AM – 12:30PM Rahu 7:59AM – 9:29AM	Krittika Until 7:14PM Sobhana Until 8:41AM Kintughna Until 6:13PM Amavasya* Until 7:12AM

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time


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1	Tuesday, May 19, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau				Nairobi, Kenya Sutra 37
	232179269	2	Gulika 12:30PM – 2:01PM Yama 9:30AM – 11:00AM Rahu 3:31PM – 5:02PM	Rohini Until 6:31PM Athiganda* Until 6:05AM Balava Until 4:34PM Dvitiya Until 3:56AM Wed	Ganesha: Purple <i>Sunrise: 6:29AM</i> Muruga: White <i>Sunset: 6:32PM</i> Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Manmatha 5117 Moon 4 - Phase 5 3rd Phase	
Creative Work Amrita Yoga Until 6:31PM Then Creative Work - Siddha Yoga		Devaloka Day					
2	Wednesday, May 20, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau				Nairobi, Kenya Sutra 38
	232179269	3	Gulika 11:00AM – 12:31PM Yama 7:59AM – 9:30AM Rahu 12:31PM – 2:01PM	Mrigashira Until 6:15PM Dhriti Until 2:18AM Thu Taitila Until 3:30PM Tritiya Until 3:11AM Thu	Ganesha: Purple <i>Sunrise: 6:29AM</i> Muruga: White <i>Sunset: 6:32PM</i> Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Manmatha 5117 Moon 4 - Phase 5 3rd Phase	
Creative Work Siddha Yoga		Devaloka Day					
3	Thursday, May 21, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau				Nairobi, Kenya Sutra 39
	232179269	4	Gulika 9:30AM – 11:00AM Yama 6:29AM – 7:59AM Rahu 2:01PM – 3:32PM	Ardra Until 6:29PM Shula* Until 1:12AM Fri Vanija Until 3:06PM Chaturthi* Until 3:09AM Fri	Ganesha: Purple <i>Sunrise: 6:29AM</i> Muruga: White <i>Sunset: 6:32PM</i> Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Manmatha 5117 Moon 4 - Phase 5 3rd Phase	
Routine Work Marana Yoga Until 6:29PM Then Creative Work - Amrita Yoga		Devaloka Day					
4	Friday, May 22, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Ganda* Yoga Bava/Balava Karana Panchamyam Titau				Nairobi, Kenya Sutra 40
	242179269	5	Gulika 7:59AM – 9:30AM Yama 3:32PM – 5:02PM Rahu 11:00AM – 12:31PM	Punarvasu Until 7:45PM Ganda* Until 12:42AM Sat Bava Until 3:25PM Panchami Until 3:50AM Sat	Ganesha: Clear <i>Sunrise: 6:29AM</i> Muruga: White <i>Sunset: 6:32PM</i> Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Manmatha 5117 Moon 4 - Phase 5 3rd Phase	
Creative Work Siddha Yoga Until 7:45PM Then Routine Work - Marana Yoga		Sivaloka Day					
5	Saturday, May 23, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Nairobi, Kenya Sutra 41
	242179269	6	Gulika 6:29AM – 7:59AM Yama 2:01PM – 3:32PM Rahu 9:30AM – 11:00AM	Pushya Until 9:33PM Vriddhi Until 12:45AM Sun Kaulava Until 4:28PM Shashthi* Until 5:13AM Sun	Ganesha: Clear <i>Sunrise: 6:29AM</i> Muruga: White <i>Sunset: 6:33PM</i> Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Manmatha 5117 Moon 4 - Phase 5 3rd Phase	
Creative Work Siddha Yoga Until 9:33PM Then Routine Work - Marana Yoga		Sivaloka Day					
6	Sunday, May 24, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Dhruva Yoga Gara Karana Saptamyam Titau				Nairobi, Kenya Sutra 42
	242179269	7	Gulika 3:32PM – 5:02PM Yama 12:31PM – 2:01PM Rahu 5:02PM – 6:33PM	Ashlesha* Until 11:47PM Dhruva Until 1:14AM Mon Gara Until 6:09PM Saptami Until 7:11AM Mon	Ganesha: Clear <i>Sunrise: 6:29AM</i> Muruga: White <i>Sunset: 6:33PM</i> Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Manmatha 5117 Moon 4 - Phase 5 3rd Phase	
Creative Work Siddha Yoga Until 11:47PM Then Routine Work - Marana Yoga		Sivaloka Day					
☾	Monday, May 25, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Nairobi, Kenya Sutra 43
	252179269	7 – 8	Gulika 2:01PM – 3:32PM Yama 11:00AM – 12:31PM Rahu 8:00AM – 9:30AM	Magha* Until 2:48AM Tue Vyaghata* Until 2:04AM Tue Visti Until 8:20PM Saptami Until 7:11AM	Ganesha: White <i>Sunrise: 6:29AM</i> Muruga: White <i>Sunset: 6:33PM</i> Nataraja: Clear Moon – Red Jyeshtha-Vaikasi	Manmatha 5117 Moon 4 - Phase 5 Ashtami	
Retreat Star Simha Rasi: 3.01 Family Home Evening Routine Work Marana Yoga Until 2:48AM Tue Then Creative Work - Siddha Yoga		Devaloka Day					
☽	Tuesday, May 26, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Nairobi, Kenya Sutra 44
	352179269	8 – 9	Gulika 12:31PM – 2:01PM Yama 9:30AM – 11:01AM Rahu 3:32PM – 5:02PM	Purvaphalguni Until 5:51AM Wed Harshana Until 3:07AM Wed Balava Until 10:49PM Ashtami* Until 9:32AM	Ganesha: Clear <i>Sunrise: 6:29AM</i> Muruga: White <i>Sunset: 6:33PM</i> Nataraja: Clear Moon – Red Jyeshtha-Vaikasi	Manmatha 5117 Moon 4 - Phase 5 Navami	
Creative Work Siddha Yoga Until 5:51AM Wed Then Creative Work - Amrita Yoga		Sivaloka Day					

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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1	Wednesday, May 27, 2015	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Nairobi, Kenya Sutra 45 Manmatha 5117
Simha Rasi: 26.44	Tithi 9 – 10	Gulika 11:01AM – 12:31PM Yama 8:00AM – 9:30AM Rahu 12:31PM – 2:02PM	Uttaraphalguni Until 8:44AM Thu Vajra* Until 4:07AM Thu Taitila Until 1:20AM Thu Navami* Until 12:04PM
352179269			Ganesha: Clear <i>Sunrise:</i> 6:29AM Muruga: White <i>Sunset:</i> 6:33PM Nataraja: Clear Moon – Red Jyeshtha-Vaikasi
Creative Work Amrita Yoga Until 8:44AM Thu Then Routine Work - Marana Yoga			Sivaloka Day
2	Thursday, May 28, 2015	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Nairobi, Kenya Sutra 46 Manmatha 5117
Kanya Rasi: 8.34	Tithi 10 – 11	Gulika 9:30AM – 11:01AM Yama 6:29AM – 8:00AM Rahu 2:02PM – 3:32PM	Uttaraphalguni Until 8:44AM Siddhi Until 4:59AM Fri Vanija Until 3:39AM Fri Dashami Until 2:30PM
352179269			Ganesha: Clear <i>Sunrise:</i> 6:29AM Muruga: White <i>Sunset:</i> 6:33PM Nataraja: Clear Moon – Red Jyeshtha-Vaikasi
Routine Work Marana Yoga			Sivaloka Day
3	Friday, May 29, 2015	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Nairobi, Kenya Sutra 47 Manmatha 5117
Kanya Rasi: 20.29	Tithi 11 – 12	Gulika 8:00AM – 9:30AM Yama 3:32PM – 5:03PM Rahu 11:01AM – 12:31PM	Hasta Until 11:41AM Vyatipata* Until 5:32AM Sat Bava Until 5:33AM Sat Ekadashi Until 4:38PM
363179269			Ganesha: Clear <i>Sunrise:</i> 6:30AM Muruga: White <i>Sunset:</i> 6:33PM Nataraja: Clear Moon – Green Jyeshtha-Vaikasi
Creative Work Amrita Yoga Until 11:41AM Then Creative Work - Siddha Yoga			Sivaloka Day
4	Saturday, May 30, 2015	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Variyan Yoga Balava Karana Dvadashyam Titau	Nairobi, Kenya Sutra 48 Manmatha 5117
Tula Rasi: 2.34	Tithi 12	Gulika 6:30AM – 8:00AM Yama 2:02PM – 3:32PM Rahu 9:31AM – 11:01AM	Chitra Until 2:01PM Variyan Until 5:36AM Sun Balava Until 6:16PM Dvadashi Until 6:16PM
363179269			Ganesha: Clear <i>Sunrise:</i> 6:30AM Muruga: White <i>Sunset:</i> 6:33PM Nataraja: Clear Moon – Green Jyeshtha-Vaikasi
Routine Work Marana Yoga Until 2:01PM Then Creative Work - Siddha Yoga			Sivaloka Day
5	Sunday, May 31, 2015	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Nairobi, Kenya Sutra 49 Manmatha 5117
Tula Rasi: 14.53	Tithi 13	Gulika 3:33PM – 5:03PM Yama 12:32PM – 2:02PM Rahu 5:03PM – 6:33PM	Svati Until 3:36PM Parigha* Until 5:12AM Mon Kaulava Until 6:52AM Trayodashi Until 7:17PM <i>Pradosha Vrata</i>
363179269			Ganesha: Clear <i>Sunrise:</i> 6:30AM Muruga: White <i>Sunset:</i> 6:33PM Nataraja: Clear Moon – Green Jyeshtha-Vaikasi
Creative Work Siddha Yoga Until 3:36PM Then Routine Work - Marana Yoga			Sivaloka Day
6	Monday, June 1, 2015	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau	Nairobi, Kenya Sutra 50 Manmatha 5117
Tula Rasi: 27.3	Tithi 14	Gulika 2:02PM – 3:33PM Yama 11:01AM – 12:32PM Rahu 8:00AM – 9:31AM	Vishakha Until 4:53PM Shiva Until 4:19AM Tue Gara Until 7:34AM Chaturdashi* Until 7:39PM
373179269		Vaikasi Visakam	Ganesha: White <i>Sunrise:</i> 6:30AM Muruga: White <i>Sunset:</i> 6:34PM Nataraja: Clear Moon – Orange Jyeshtha-Vaikasi
Family Home Evening Routine Work Marana Yoga Until 4:53PM Then Creative Work - Siddha Yoga			Subha Sivaloka Day
	Tuesday, June 2, 2015	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau	Nairobi, Kenya Sutra 51 Manmatha 5117
Copper Retreat Star		Gulika 12:32PM – 2:02PM Yama 9:31AM – 11:01AM Rahu 3:33PM – 5:03PM	Anuradha Until 5:23PM Siddha Until 2:55AM Wed Visti Until 7:37AM Purnima* Until 7:23PM
Vrischika Rasi: 10.25	Tithi 15		Ganesha: White <i>Sunrise:</i> 6:30AM Muruga: White <i>Sunset:</i> 6:34PM Nataraja: Clear Moon – Orange Jyeshtha-Vaikasi
373179269			Subha Sivaloka Day
Creative Work Siddha Yoga Until 5:23PM Then Routine Work - Marana Yoga			
Wednesday, June 3, 2015		Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau	Nairobi, Kenya Sutra 52 Manmatha 5117
Silver Retreat Star		Gulika 11:02AM – 12:32PM Yama 8:01AM – 9:31AM Rahu 12:32PM – 2:03PM	Jyeshtha* Until 5:12PM Sadhya Until 1:08AM Thu Balava Until 7:04AM Prathama* Until 6:35PM
Vrischika Rasi: 23.38	Tithi 16		Ganesha: Yellow <i>Sunrise:</i> 6:30AM Muruga: White <i>Sunset:</i> 6:34PM Nataraja: Clear Moon – Orange Jyeshtha-Vaikasi
373279269			Sivaloka Day
Creative Work Siddha Yoga Until 5:12PM Then Routine Work - Marana Yoga			

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Thursday, June 4, 2015
Gold Retreat Star

Dhanus Rasi: 7.08 Tithi 18 – 19
383279261
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Subha Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau Nairobi, Kenya
Sun 1 Sutra 53
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 9:31AM – 11:02AM	Mula* Until 4:53PM	Ganesha: Blue <i>Sunrise:</i> 6:31AM
Yama 6:31AM – 8:01AM	Subha Until 11:01PM	Muruqa: White <i>Sunset:</i> 6:34PM
Rahu 2:03PM – 3:33PM	Taitila Until 6:02AM	Nataraja: Clear
	Dvitiya Until 5:21PM	Moon – Light Blue
		Jyeshtha-Vaikasi

Devaloka Day

1 Friday, June 5, 2015

Dhanus Rasi: 20.51 Tithi 18 – 19
383279261
Routine Work Prabalarishta Yoga
Until 4:04PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau Nairobi, Kenya
Sun 2 Sutra 54
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 8:01AM – 9:32AM	Purvashadha* Until 4:04PM	Ganesha: Blue <i>Sunrise:</i> 6:31AM
Yama 3:33PM – 5:04PM	Sukla Until 8:38PM	Muruqa: White <i>Sunset:</i> 6:34PM
Rahu 11:02AM – 12:32PM	Bava Until 2:55AM Sat	Nataraja: Clear
	Tritiya Until 3:46PM	Moon – Light Blue
		Jyeshtha-Vaikasi

Devaloka Day

2 Saturday, June 6, 2015

Makara Rasi: 4.44 Tithi 19 – 20
383279261
Routine Work Marana Yoga
Until 2:53PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau Nairobi, Kenya
Sun 3 Sutra 55
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 6:31AM – 8:01AM	Uttarashadha Until 2:53PM	Ganesha: Blue <i>Sunrise:</i> 6:31AM
Yama 2:03PM – 3:33PM	Brahma Until 6:05PM	Muruqa: White <i>Sunset:</i> 6:34PM
Rahu 9:32AM – 11:02AM	Kaulava Until 1:01AM Sun	Nataraja: Clear
	Chaturthi* Until 1:58PM	Moon – Light Blue
		Jyeshtha-Vaikasi

Devaloka Day

3 Sunday, June 7, 2015

Makara Rasi: 18.44 Tithi 20 – 21
393279261
Creative Work Amrita Yoga
Until 1:50PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau Nairobi, Kenya
Sun 4 Sutra 56
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 3:34PM – 5:04PM	Shravana Until 1:50PM	Ganesha: Red <i>Sunrise:</i> 6:31AM
Yama 12:33PM – 2:03PM	Indra Until 3:27PM	Muruqa: White <i>Sunset:</i> 6:34PM
Rahu 5:04PM – 6:34PM	Gara Until 11:00PM	Nataraja: Clear
	Panchami Until 12:00PM	Moon – Purple
		Jyeshtha-Vaikasi

Sivaloka Day

4 Monday, June 8, 2015

Kumbha Rasi: 2.49 Tithi 21 – 22
393279261
Family Home Evening
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau Nairobi, Kenya
Sun 5 Sutra 57
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 2:03PM – 3:34PM	Dhanishtha Until 12:33PM	Ganesha: Red <i>Sunrise:</i> 6:31AM
Yama 11:03AM – 12:33PM	Vaidhriti* Until 12:42PM	Muruqa: White <i>Sunset:</i> 6:35PM
Rahu 8:02AM – 9:32AM	Visti Until 8:55PM	Nataraja: Clear
	Shashthi* Until 9:56AM	Moon – Purple
		Jyeshtha-Vaikasi

Sivaloka Day

Tuesday, June 9, 2015
Retreat Star

Kumbha Rasi: 16.55 Tithi 22 – 23
393279261
Routine Work Marana Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak*/Purvaprossthapada* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau Nairobi, Kenya
Sun 6 Sutra 58
Manmatha 5117
Moon 5 - Phase 7
Ashtami

Gulika 12:33PM – 2:04PM	Shatabhishak Until 11:05AM	Ganesha: Red <i>Sunrise:</i> 6:31AM
Yama 9:32AM – 11:03AM	Vishkambha* Until 9:56AM	Muruqa: White <i>Sunset:</i> 6:35PM
Rahu 3:34PM – 5:04PM	Balava Until 6:47PM	Nataraja: Clear
	Saptami Until 7:50AM	Moon – Purple
		Jyeshtha-Vaikasi

Sivaloka Day

Wednesday, June 10, 2015
Retreat Star

Meena Rasi: 1.02 Tithi 24
313279261
Creative Work Amrita Yoga
Until 9:52AM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprossthapada*/Uttaraprossthapada Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Navamyam Titau Nairobi, Kenya
Sun 7 Sutra 59
Manmatha 5117
Moon 5 - Phase 7
Navami

Gulika 11:03AM – 12:33PM	Purvaprossthapada* Until 9:52AM	Ganesha: Clear <i>Sunrise:</i> 6:32AM
Yama 8:02AM – 9:33AM	Priti Until 7:10AM	Muruqa: White <i>Sunset:</i> 6:35PM
Rahu 12:33PM – 2:04PM	Taitila Until 4:39PM	Nataraja: Clear
	Navami* Until 3:34AM Thu	Moon – Clear
		Jyeshtha-Vaikasi

Sivaloka Day

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1	Thursday, June 11, 2015		Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau				Nairobi, Kenya Sun 8 Sutra 60
	Meena Rasi: 15.1	Tithi 25	Gulika 9:33AM – 11:03AM	Uttaraproshtapada Until 8:31AM	Ganesha: Clear	<i>Sunrise:</i> 6:32AM	Manmatha 5117
			Yama 6:32AM – 8:02AM	Saubhagya Until 1:36AM Fri	Muruga: White	<i>Sunset:</i> 6:35PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	Rahu 2:04PM – 3:34PM	Vanija Until 2:31PM	Nataraja: Clear		2nd Phase
			Dashami Until 1:27AM Fri	Jyeshtha-Vaikasi		Sivaloka Day	

2	Friday, June 12, 2015		Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana Yoga Bava/Balava Karana Ekadashyam Titau				Nairobi, Kenya Sun 9 Sutra 61
	Meena Rasi: 29.17	Tithi 26	Gulika 8:03AM – 9:33AM	Revati Until 7:03AM	Ganesha: Clear	<i>Sunrise:</i> 6:32AM	Manmatha 5117
			Yama 3:35PM – 5:05PM	Sobhana Until 10:53PM	Muruga: White	<i>Sunset:</i> 6:35PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	Rahu 11:03AM – 12:34PM	Bava Until 12:25PM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 11:23PM	Jyeshtha-Vaikasi		Sivaloka Day	
						Then Creative Work - Amrita Yoga	

3	Saturday, June 13, 2015		Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Nairobi, Kenya Sun 10 Sutra 62
	Mesha Rasi: 13.21	Tithi 27	Gulika 6:32AM – 8:03AM	Bharani Until 4:49AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:32AM	Manmatha 5117
			Yama 2:04PM – 3:35PM	Athiganda* Until 8:14PM	Muruga: White	<i>Sunset:</i> 6:36PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	Rahu 9:33AM – 11:04AM	Kaulava Until 10:25AM	Nataraja: Clear		2nd Phase
			Dvadashi* Until 9:26PM	Jyeshtha-Vaikasi		Sivaloka Day	

4	Sunday, June 14, 2015		Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau				Nairobi, Kenya Sun 11 Sutra 63
	Mesha Rasi: 27.2	Tithi 28	Gulika 3:35PM – 5:05PM	Krittika Until 3:46AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:33AM	Manmatha 5117
			Yama 12:34PM – 2:05PM	Sukarma Until 5:45PM	Muruga: White	<i>Sunset:</i> 6:36PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	Rahu 5:05PM – 6:36PM	Gara Until 8:32AM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 7:40PM	Jyeshtha-Vaikasi		Sivaloka Day	
			<i>Pradosha Vrata (Fasting)</i>			Then Creative Work - Amrita Yoga	

5	Monday, June 15, 2015		Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhriti/Shula* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Nairobi, Kenya Sun 12 Sutra 64
	Vrishabha Rasi: 11.11	Tithi 29	Gulika 2:05PM – 3:35PM	Rohini Until 3:19AM Tue	Ganesha: Orange	<i>Sunrise:</i> 6:33AM	Manmatha 5117
	Family Home Evening		Yama 11:04AM – 12:34PM	Dhriti Until 3:30PM	Muruga: White	<i>Sunset:</i> 6:36PM	Moon 5 - Phase 8
	Creative Work	Amrita Yoga	Rahu 8:03AM – 9:34AM	Visti Until 6:54AM	Nataraja: Clear		2nd Phase
			Chaturdashi* Until 6:11PM	Jyeshtha-Ani		Sivaloka Day	
						Then Creative Work - Siddha Yoga	

●	Tuesday, June 16, 2015		Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula*/Ganda* Yoga Naga*/Kinlughna* Karana Amavasya/Prathamayam Titau				Nairobi, Kenya Sun 13 Sutra 65
	Retreat Star		Gulika 12:35PM – 2:05PM	Mrigashira Until 3:08AM Wed	Ganesha: Orange	<i>Sunrise:</i> 6:33AM	Manmatha 5117
	Vrishabha Rasi: 24.5	Tithi 30 – 1	Yama 9:34AM – 11:04AM	Shula* Until 1:31PM	Muruga: White	<i>Sunset:</i> 6:36PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	Rahu 3:35PM – 5:06PM	Kintughna Until 4:43AM Wed	Nataraja: Clear		Amavasya
			Amavasya* Until 5:04PM	Jyeshtha-Ani		Sivaloka Day	

●	Wednesday, June 17, 2015		Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Nairobi, Kenya Sun 14 Sutra 66
	Retreat Star		Gulika 11:04AM – 12:35PM	Ardra Until 3:20AM Thu	Ganesha: Orange	<i>Sunrise:</i> 6:33AM	Manmatha 5117
	Mithuna Rasi: 8.14	Tithi 1 – 2	Yama 8:04AM – 9:34AM	Ganda* Until 11:56AM	Muruga: Yellow	<i>Sunset:</i> 6:36PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	Rahu 12:35PM – 2:05PM	Balava Until 4:22AM Thu	Nataraja: Clear		Prathama
			Prathama* Until 4:27PM	Ashada Adhika-Ani		Devaloka Day	
						Then Creative Work - Amrita Yoga	

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

1		Thursday, June 18, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Nairobi, Kenya Sun 15 Sutra 67				
Mithuna Rasi: 21.21	Tithi 2 – 3	344289261	Gulika 9:34AM – 11:05AM Yama 6:33AM – 8:04AM Rahu 2:05PM – 3:36PM	Punarvasu Until 4:26AM Fri Vriddhi Until 10:49AM Taitila Until 4:38AM Fri Dvitiya Until 4:24PM	Ganesha: Clear <i>Sunrise: 6:33AM</i> Muruga: Yellow <i>Sunset: 6:37PM</i> Nataraja: Clear Moon – Blue	Devaloka Day Manmatha 5117 Moon 5 - Phase 9 3rd Phase				
Creative Work Amrita Yoga Until 4:26AM Fri Then Routine Work - Marana Yoga										
2		Friday, June 19, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Nairobi, Kenya Sun 16 Sutra 68				
Kataka Rasi: 4.09	Tithi 3 – 4	344289261	Gulika 8:04AM – 9:34AM Yama 3:36PM – 5:07PM Rahu 11:05AM – 12:35PM	Pushya Until 6:00AM Sat Dhruva Until 10:09AM Vanija Until 5:33AM Sat Tritiya Until 5:00PM	Ganesha: Clear <i>Sunrise: 6:34AM</i> Muruga: Yellow <i>Sunset: 6:37PM</i> Nataraja: Clear Moon – Blue	Devaloka Day Manmatha 5117 Moon 5 - Phase 9 3rd Phase				
Routine Work Marana Yoga										
3		Saturday, June 20, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti* Karana Chaturthyam Titau		Nairobi, Kenya Sun 17 Sutra 69				
Kataka Rasi: 16.39	Tithi 4	344289261	Gulika 6:34AM – 8:04AM Yama 2:06PM – 3:36PM Rahu 9:35AM – 11:05AM	Pushya Until 6:00AM Vyaghata* Until 10:01AM Visti Until 6:13PM Chaturthi* Until 6:13PM	Ganesha: Clear <i>Sunrise: 6:34AM</i> Muruga: Yellow <i>Sunset: 6:37PM</i> Nataraja: Clear Moon – Blue	Devaloka Day Manmatha 5117 Moon 5 - Phase 9 3rd Phase				
Creative Work Siddha Yoga Until 6:00AM Then Routine Work - Marana Yoga										
4		Sunday, June 21, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Panchamyam Titau		Nairobi, Kenya Sun 18 Sutra 70				
Kataka Rasi: 28.53	Tithi 5	344289261	Gulika 3:37PM – 5:07PM Yama 12:36PM – 2:06PM Rahu 5:07PM – 6:37PM	Ashlesha* Until 8:00AM Harshana Until 10:22AM Bava Until 7:05AM Panchami Until 8:02PM	Ganesha: Clear <i>Sunrise: 6:34AM</i> Muruga: Yellow <i>Sunset: 6:37PM</i> Nataraja: Clear Moon – Blue	Devaloka Day Manmatha 5117 Moon 5 - Phase 9 3rd Phase				
Creative Work Siddha Yoga Until 8:00AM Then Routine Work - Marana Yoga		Father's Day								
5		Monday, June 22, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Shashthyam Titau		Nairobi, Kenya Sun 19 Sutra 71				
Simha Rasi: 10.55	Tithi 6	354289261	Gulika 2:06PM – 3:37PM Yama 11:05AM – 12:36PM Rahu 8:05AM – 9:35AM	Magha* Until 10:50AM Vajra* Until 11:04AM Kaulava Until 9:08AM Shashthi* Until 10:16PM	Ganesha: Purple <i>Sunrise: 6:34AM</i> Muruga: Yellow <i>Sunset: 6:38PM</i> Nataraja: Clear Moon – Red	Sivaloka Day Manmatha 5117 Moon 5 - Phase 9 3rd Phase				
Family Home Evening Routine Work Marana Yoga Until 10:50AM Then Creative Work - Siddha Yoga										
6		Tuesday, June 23, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Saplamyam Titau		Nairobi, Kenya Sun 20 Sutra 72				
Simha Rasi: 22.48	Tithi 7	354289261	Gulika 12:36PM – 2:07PM Yama 9:35AM – 11:06AM Rahu 3:37PM – 5:07PM	Purvaphalguni Until 1:49PM Siddhi Until 12:03PM Gara Until 11:32AM Saptami Until 12:46AM Wed	Ganesha: Purple <i>Sunrise: 6:34AM</i> Muruga: Yellow <i>Sunset: 6:38PM</i> Nataraja: Clear Moon – Red	Sivaloka Day Manmatha 5117 Moon 5 - Phase 9 3rd Phase				
Creative Work Siddha Yoga Until 1:49PM Then Creative Work - Amrita Yoga										
7		Wednesday, June 24, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Ashlamyam Titau		Nairobi, Kenya Sun 21 Sutra 73				
Retreat Star		Kanya Rasi: 4.37		Tithi 8	354289261	Gulika 11:06AM – 12:36PM Yama 8:05AM – 9:36AM Rahu 12:36PM – 2:07PM	Uttaraphalguni Until 4:44PM Vyatipata* Until 1:07PM Visti Until 2:03PM Ashtami* Until 3:15AM Thu	Ganesha: Purple <i>Sunrise: 6:35AM</i> Muruga: Yellow <i>Sunset: 6:38PM</i> Nataraja: Clear Moon – Red	Sivaloka Day Manmatha 5117 Moon 5 - Phase 9 Ashtami	
Creative Work Amrita Yoga Until 4:44PM Then Routine Work - Marana Yoga		Chidambaram Abhishekam								
8		Thursday, June 25, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Navamyam Titau		Nairobi, Kenya Sun 22 Sutra 74				
Retreat Star		Kanya Rasi: 16.27		Tithi 9	365289261	Gulika 9:36AM – 11:06AM Yama 6:35AM – 8:05AM Rahu 2:07PM – 3:37PM	Hasta Until 7:50PM Variyan Until 2:05PM Balava Until 4:26PM Navami* Until 5:28AM Fri	Ganesha: Purple <i>Sunrise: 6:35AM</i> Muruga: Yellow <i>Sunset: 6:38PM</i> Nataraja: Clear Moon – Green	Bhuloka Day Manmatha 5117 Moon 5 - Phase 9 Navami Devaloka Time: 3:PM to 6:PM	
Routine Work Marana Yoga Until 7:50PM Then Creative Work - Siddha Yoga										

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1	Friday, June 26, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha/Shiva Yoga Taitila Karana Dashamyam Titau	Nairobi, Kenya Sun 23 Sutra 75
	Kanya Rasi: 28.24 Tithi 10 365289261	Gulika 8:06AM – 9:36AM Yama 3:38PM – 5:08PM Rahu 11:06AM – 12:37PM	Chitra Until 10:22PM Parigha* Until 2:46PM Taitila Until 6:26PM Dashami Until 7:12AM Sat

Ganesha: Purple <i>Sunrise:</i> 6:35AM	Manmatha 5117
Muruga: Yellow <i>Sunset:</i> 6:38PM	Moon 5 - Phase 10
Nataraja: Clear	4th Phase
Moon – Green	Bhuloka Day
Ashada Adhika-Ani	Devaloka Time: 3:PM to 6:PM

2	Saturday, June 27, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Nairobi, Kenya Sun 24 Sutra 76
	Tula Rasi: 10.32 Tithi 10 – 11 365289261	Gulika 6:35AM – 8:06AM Yama 2:07PM – 3:38PM Rahu 9:36AM – 11:07AM	Svati Until 12:09AM Sun Shiva Until 3:02PM Vanija Until 7:51PM Dashami Until 7:12AM

Ganesha: Purple <i>Sunrise:</i> 6:35AM	Manmatha 5117
Muruga: Yellow <i>Sunset:</i> 6:39PM	Moon 5 - Phase 10
Nataraja: Clear	4th Phase
Moon – Green	Bhuloka Day
Ashada Adhika-Ani	Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga
Until 12:09AM Sun
Then Routine Work - Marana Yoga

3	Sunday, June 28, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Vistil/Bava Karana Ekadashi/Dvadashyam Titau	Nairobi, Kenya Sun 25 Sutra 77
	Tula Rasi: 22.58 Tithi 11 – 12 375389261	Gulika 3:38PM – 5:08PM Yama 12:37PM – 2:08PM Rahu 5:08PM – 6:39PM	Vishakha Until 1:32AM Mon Siddha Until 2:44PM Bava Until 8:33PM Ekadashi Until 8:16AM

Ganesha: White <i>Sunrise:</i> 6:36AM	Manmatha 5117
Muruga: Yellow <i>Sunset:</i> 6:39PM	Moon 5 - Phase 10
Nataraja: Clear	4th Phase
Moon – Orange	Sivaloka Day
Ashada Adhika-Ani	

Routine Work Marana Yoga
Until 1:32AM Mon
Then Creative Work - Siddha Yoga

4	Monday, June 29, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Nairobi, Kenya Sun 26 Sutra 78
	Vrischika Rasi: 5.43 Tithi 12 – 13 375389261	Gulika 2:08PM – 3:38PM Yama 11:07AM – 12:37PM Rahu 8:06AM – 9:37AM	Anuradha Until 2:02AM Tue Sadhya Until 1:52PM Kaulava Until 8:29PM Dvadashi Until 8:35AM

Ganesha: White <i>Sunrise:</i> 6:36AM	Manmatha 5117
Muruga: Yellow <i>Sunset:</i> 6:39PM	Moon 5 - Phase 10
Nataraja: Clear	4th Phase
Moon – Orange	Sivaloka Day
Ashada Adhika-Ani	


Creative Work Siddha Yoga
Until 2:02AM Tue
Then Routine Work - Marana Yoga

Pradosha Vrata

5	Tuesday, June 30, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Nairobi, Kenya Sun 27 Sutra 79
	Vrischika Rasi: 18.51 Tithi 13 – 14 375389261	Gulika 12:38PM – 2:08PM Yama 9:37AM – 11:07AM Rahu 3:38PM – 5:09PM	Jyeshtha* Until 1:41AM Wed Subha Until 12:25PM Gara Until 7:43PM Trayodashi Until 8:10AM

Ganesha: White <i>Sunrise:</i> 6:36AM	Manmatha 5117
Muruga: Yellow <i>Sunset:</i> 6:39PM	Moon 5 - Phase 10
Nataraja: Clear	4th Phase
Moon – Orange	Sivaloka Day
Ashada Adhika-Ani	

Routine Work Marana Yoga

	Wednesday, July 1, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau	Nairobi, Kenya Sutra 80
	Copper Retreat Star	Gulika 11:07AM – 12:38PM Yama 8:07AM – 9:37AM Rahu 12:38PM – 2:08PM	Mula* Until 1:03AM Thu Sukla Until 10:25AM Vistil Until 6:19PM Chaturdashi* Until 7:04AM

Ganesha: Yellow <i>Sunrise:</i> 6:36AM	Manmatha 5117
Muruga: Yellow <i>Sunset:</i> 6:39PM	Moon 5 - Phase 10
Nataraja: Clear	Purnima
Moon – Light Blue	Devaloka Day
Ashada Adhika-Ani	

Dhanus Rasi: 2.21 Tithi 14 – 15
385389261

Routine Work Marana Yoga
Until 1:03AM Thu
Then Creative Work - Siddha Yoga

0	Thursday, July 2, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau	Nairobi, Kenya Sutra 81
	Silver Retreat Star	Gulika 9:37AM – 11:08AM Yama 6:36AM – 8:07AM Rahu 2:08PM – 3:39PM	Purvashadha* Until 11:48PM Brahma Until 7:59AM Balava Until 4:25PM Prathama* Until 3:17AM Fri

Ganesha: Yellow <i>Sunrise:</i> 6:36AM	Manmatha 5117
Muruga: Yellow <i>Sunset:</i> 6:40PM	Moon 5 - Phase 10
Nataraja: Clear	Prathama
Moon – Light Blue	Devaloka Day
Ashada Adhika-Ani	

Dhanus Rasi: 16.12 Tithi 16
385389261

Creative Work Siddha Yoga
Until 11:48PM
Then Routine Work - Marana Yoga

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda



Friday, July 3, 2015
Gold Retreat Star

Makara Rasi: 0.2 Tithi 17
396389261
Routine Work Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Nairobi, Kenya
Uttarashadha Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dvitiyayam Titau Sutra 82
Gulika 8:07AM – 9:37AM **Uttarashadha** Until 10:05PM **Ganesha:** Yellow *Sunrise:* 6:36AM Manmatha 5117
Yama 3:39PM – 5:09PM Vaidhriti* Until 2:10AM Sat **Muruga:** Yellow *Sunset:* 6:40PM Moon 6 - Phase 11
Rahu 11:08AM – 12:38PM Taitila Until 2:08PM **Nataraja:** Clear 1st Phase
Dvitiya Until 12:53AM Sat Moon – Light Blue **Devaloka Day**
Ashada Adhika-Ani

1 Saturday, July 4, 2015

Makara Rasi: 14.39 Tithi 18
396389261
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Nairobi, Kenya
Shravana Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Tritiyayam Titau Sun 1 Sutra 83
Gulika 6:37AM – 8:07AM **Shravana** Until 8:27PM **Ganesha:** Yellow *Sunrise:* 6:37AM Manmatha 5117
Yama 2:09PM – 3:39PM Vishkambha* Until 11:00PM **Muruga:** Yellow *Sunset:* 6:40PM Moon 6 - Phase 11
Rahu 9:38AM – 11:08AM Vanija Until 11:37AM **Nataraja:** Clear 1st Phase
Tritiya Until 10:18PM Moon – Purple **Devaloka Day**
Ashada Adhika-Ani

2 Sunday, July 5, 2015

Makara Rasi: 29.04 Tithi 19
396389261
Routine Work Marana Yoga
Until 6:38PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Nairobi, Kenya
Dhanishtha Nakshatra Priti Yoga Bava/Balava Karana Chaturthyam Titau Sun 2 Sutra 84
Gulika 3:39PM – 5:10PM **Dhanishtha** Until 6:38PM **Ganesha:** Yellow *Sunrise:* 6:37AM Manmatha 5117
Yama 12:39PM – 2:09PM Priti Until 7:50PM **Muruga:** Yellow *Sunset:* 6:40PM Moon 6 - Phase 11
Rahu 5:10PM – 6:40PM Bava Until 9:01AM **Nataraja:** Clear 1st Phase
Chaturthi* Until 7:41PM Moon – Purple **Devaloka Day**
Ashada Adhika-Ani

3 Monday, July 6, 2015

Kumbha Rasi: 13.28 Tithi 20 – 21
Family Home Evening 396389261
Creative Work Siddha Yoga
Until 4:44PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Nairobi, Kenya
Shalabhishak/Purvaprossthapada* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau Sun 3 Sutra 85
Gulika 2:09PM – 3:40PM **Shalabhishak** Until 4:44PM **Ganesha:** Yellow *Sunrise:* 6:37AM Manmatha 5117
Yama 11:08AM – 12:39PM Ayushman Until 4:40PM **Muruga:** Yellow *Sunset:* 6:40PM Moon 6 - Phase 11
Rahu 8:07AM – 9:38AM Kaulava Until 6:24AM **Nataraja:** Clear 1st Phase
Panchami Until 5:07PM Moon – Purple **Devaloka Day**
Ashada Adhika-Ani

4 Tuesday, July 7, 2015

Kumbha Rasi: 27.49 Tithi 21 – 22
416389261
Routine Work Marana Yoga
Until 3:15PM
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Nairobi, Kenya
Purvaprossthapada*Uttaraprossthapada Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau Sun 4 Sutra 86
Gulika 12:39PM – 2:09PM **Purvaprossthapada*** Until 3:15PM **Ganesha:** Purple *Sunrise:* 6:37AM Manmatha 5117
Yama 9:38AM – 11:08AM Saubhagya Until 1:38PM **Muruga:** Yellow *Sunset:* 6:41PM Moon 6 - Phase 11
Rahu 3:40PM – 5:10PM Visti Until 1:34AM Wed **Nataraja:** Clear 1st Phase
Shashthi* Until 2:42PM Moon – Clear **Bhuloka Day**
Ashada Adhika-Ani Devaloka Time: 3:PM to 6:PM

Wednesday, July 8, 2015
Retreat Star

Meena Rasi: 12.03 Tithi 22 – 23
416389261
Creative Work Siddha Yoga
Until 1:49PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Nairobi, Kenya
Uttaraprossthapada/Revati Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau Sun 5 Sutra 87
Gulika 11:09AM – 12:39PM **Uttaraprossthapada** Until 1:49PM **Ganesha:** Purple *Sunrise:* 6:37AM Manmatha 5117
Yama 8:08AM – 9:38AM Sobhana Until 10:47AM **Muruga:** Yellow *Sunset:* 6:41PM Moon 6 - Phase 11
Rahu 12:39PM – 2:09PM Balava Until 11:27PM **Nataraja:** Clear Ashtami
Saptami Until 12:28PM Moon – Clear **Bhuloka Day**
Ashada Adhika-Ani Devaloka Time: 3:PM to 6:PM

Thursday, July 9, 2015
Retreat Star

Meena Rasi: 26.08 Tithi 23 – 24
416389261
Creative Work Siddha Yoga
Until 12:28PM
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Nairobi, Kenya
Revati/Ashvini Nakshatra Athiganda*/Sukarna Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau Sun 6 Sutra 88
Gulika 9:38AM – 11:09AM **Revati** Until 12:28PM **Ganesha:** Purple *Sunrise:* 6:37AM Manmatha 5117
Yama 6:37AM – 8:08AM Athiganda* Until 8:05AM **Muruga:** Yellow *Sunset:* 6:41PM Moon 6 - Phase 11
Rahu 2:10PM – 3:40PM Taitila Until 9:33PM **Nataraja:** Clear Navami
Ashtami* Until 10:27AM Moon – Clear **Bhuloka Day**
Ashada Adhika-Ani Devaloka Time: 3:PM to 6:PM

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda


1	Friday, July 10, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam	Nairobi, Kenya
	Mesha Rasi: 10.04 Tithi 24 – 25	Ashvini/Bharani Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Sun 7 Sutra 89
	426389261	Gulika 8:08AM – 9:38AM Ashvini Until 11:39AM	Ganesha: Clear <i>Sunrise:</i> 6:38AM Manmatha 5117
		Yama 3:40PM – 5:11PM Dhriti Until 3:19AM Sat	Muruqa: Yellow <i>Sunset:</i> 6:41PM Moon 6 - Phase 12
		Rahu 11:09AM – 12:39PM Vanija Until 7:55PM	Nataraja: Clear Moon – White 2nd Phase
	Creative Work Amrita Yoga	Navami* Until 8:41AM	Ashada Adhika-Ani
	Until 11:39AM		Devaloka Day
	Then Creative Work - Siddha Yoga		

2	Saturday, July 11, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam	Nairobi, Kenya
	Mesha Rasi: 23.5 Tithi 25 – 26	Bharani/Krittika Nakshatra Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Sun 8 Sutra 90
	426389261	Gulika 6:38AM – 8:08AM Bharani Until 10:56AM	Ganesha: Clear <i>Sunrise:</i> 6:38AM Manmatha 5117
		Yama 2:10PM – 3:40PM Shula* Until 1:13AM Sun	Muruqa: Yellow <i>Sunset:</i> 6:41PM Moon 6 - Phase 12
		Rahu 9:39AM – 11:09AM Bava Until 6:31PM	Nataraja: Clear Moon – White 2nd Phase
	Creative Work Siddha Yoga	Dashami Until 7:10AM	Ashada Adhika-Ani
	Until 10:56AM		Devaloka Day
	Then Creative Work - Amrita Yoga		

3	Sunday, July 12, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam	Nairobi, Kenya
	Virshabha Rasi: 7.28 Tithi 27	Krittika/Rohini Nakshatra Ganda* Yoga Kaulava/Tailita Karana Dvadashyam Titau	Sun 9 Sutra 91
	427389261	Gulika 3:40PM – 5:11PM Krittika Until 10:21AM	Ganesha: White <i>Sunrise:</i> 6:38AM Manmatha 5117
		Yama 12:40PM – 2:10PM Ganda* Until 11:23PM	Muruqa: Yellow <i>Sunset:</i> 6:41PM Moon 6 - Phase 12
		Rahu 5:11PM – 6:41PM Kaulava Until 5:25PM	Nataraja: Clear Moon – White 2nd Phase
	Creative Work Siddha Yoga	Dvadashi* Until 4:58AM Mon	Ashada Adhika-Ani
			Sivaloka Day

4	Monday, July 13, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam	Nairobi, Kenya
	Virshabha Rasi: 20.54 Tithi 28	Rohini/Mrigashira Nakshatra Vriddhi Yoga Gara/Vanija Karana Trayodashyam Titau	Sun 10 Sutra 92
	437389261	Gulika 2:10PM – 3:41PM Rohini Until 10:21AM	Ganesha: Yellow <i>Sunrise:</i> 6:38AM Manmatha 5117
	Family Home Evening	Yama 11:09AM – 12:40PM Vriddhi Until 9:49PM	Muruqa: Yellow <i>Sunset:</i> 6:41PM Moon 6 - Phase 12
		Rahu 8:08AM – 9:39AM Gara Until 4:37PM	Nataraja: Clear Moon – Yellow 2nd Phase
	Creative Work Amrita Yoga	Trayodashi* Until 4:21AM Tue	Ashada Adhika-Ani
		<i>Pradosha Vrata (Fasting)</i>	Devaloka Day

5	Tuesday, July 14, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam	Nairobi, Kenya
	Mithuna Rasi: 4.1 Tithi 29	Mrigashira/Ardra Nakshatra Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Sun 11 Sutra 93
	437389261	Gulika 12:40PM – 2:10PM Mrigashira Until 10:33AM	Ganesha: Yellow <i>Sunrise:</i> 6:38AM Manmatha 5117
		Yama 9:39AM – 11:09AM Dhruva Until 8:31PM	Muruqa: Yellow <i>Sunset:</i> 6:42PM Moon 6 - Phase 12
		Rahu 3:41PM – 5:11PM Visti Until 4:12PM	Nataraja: Clear Moon – Yellow 2nd Phase
	Creative Work Siddha Yoga	Chaturdashi* Until 4:08AM Wed	Ashada Adhika-Ani
	Until 10:33AM		Devaloka Day
	Then Routine Work - Marana Yoga		

	Wednesday, July 15, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam	Nairobi, Kenya
	Retreat Star	Ardra/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Sun 12 Sutra 94
	Mithuna Rasi: 17.13 Tithi 30	Gulika 11:09AM – 12:40PM Ardra Until 11:01AM	Ganesha: Yellow <i>Sunrise:</i> 6:38AM Manmatha 5117
	437389261	Yama 8:09AM – 9:39AM Vyaghata* Until 7:36PM	Muruqa: Yellow <i>Sunset:</i> 6:42PM Moon 6 - Phase 12
		Rahu 12:40PM – 2:10PM Catuspada Until 4:12PM	Nataraja: Clear Moon – Yellow Amavasya
	Creative Work Siddha Yoga	Amavasya* Until 4:22AM Thu	Ashada Adhika-Ani
			Devaloka Day

6	Thursday, July 16, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam	Nairobi, Kenya
	Retreat Star	Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau	Sun 13 Sutra 95
	Kataka Rasi: 0.01 Tithi 1	Gulika 9:39AM – 11:10AM Punarvasu Until 12:15PM	Ganesha: Red <i>Sunrise:</i> 6:38AM Manmatha 5117
	447389261	Yama 6:38AM – 8:09AM Harshana Until 7:05PM	Muruqa: Yellow <i>Sunset:</i> 6:42PM Moon 6 - Phase 12
		Rahu 2:10PM – 3:41PM Kintughna Until 4:42PM	Nataraja: Clear Moon – Blue Prathama
	Creative Work Amrita Yoga	Prathama* Until 5:08AM Fri	Ashada-Ani
			Devaloka Day

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Friday, July 17, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Nairobi, Kenya Sun 14 Sutra 96
	Kataka Rasi: 12.35 Tithi 2 447389262	Gulika 8:09AM – 9:39AM Yama 3:41PM – 5:11PM Rahu 11:10AM – 12:40PM	Pushya Until 1:51PM Vajra* Until 6:58PM Balava Until 5:44PM Dvitiya Until 6:26AM Sat

Ganesha: Red <i>Sunrise:</i> 6:38AM	Manmatha 5117
Muruga: Yellow <i>Sunset:</i> 6:42PM	Moon 6 - Phase 13
Nataraja: Purple	3rd Phase
Moon – Blue	Sivaloka Day
Ashada-Adi	

Routine Work Marana Yoga

2	Saturday, July 18, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Nairobi, Kenya Sun 15 Sutra 97
	Kataka Rasi: 24.56 Tithi 2 – 3 448389262	Gulika 6:38AM – 8:09AM Yama 2:11PM – 3:41PM Rahu 9:39AM – 11:10AM	Ashlesha* Until 3:49PM Siddhi Until 7:16PM Taitila Until 7:19PM Dvitiya Until 6:26AM

Ganesha: Blue <i>Sunrise:</i> 6:38AM	Manmatha 5117
Muruga: Yellow <i>Sunset:</i> 6:42PM	Moon 6 - Phase 13
Nataraja: Purple	3rd Phase
Moon – Blue	Devaloka Day
Ashada-Adi	

Routine Work Marana Yoga
Until 3:49PM
Then Creative Work - Amrita Yoga

3	Sunday, July 19, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Nairobi, Kenya Sun 16 Sutra 98
	Simha Rasi: 7.03 Tithi 3 – 4 458389262	Gulika 3:41PM – 5:12PM Yama 12:40PM – 2:11PM Rahu 5:12PM – 6:42PM	Magha* Until 6:34PM Vyatipata* Until 7:57PM Vanija Until 9:22PM Tritiya Until 8:16AM

Ganesha: Blue <i>Sunrise:</i> 6:38AM	Manmatha 5117
Muruga: Yellow <i>Sunset:</i> 6:42PM	Moon 6 - Phase 13
Nataraja: Purple	3rd Phase
Moon – Red	Devaloka Day
Ashada-Adi	

Routine Work Marana Yoga
Until 6:34PM
Then Creative Work - Siddha Yoga

4	Monday, July 20, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Varyan* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Nairobi, Kenya Sun 17 Sutra 99
	Simha Rasi: 18.59 Tithi 4 – 5 458389262	Gulika 2:11PM – 3:41PM Yama 11:10AM – 12:40PM Rahu 8:09AM – 9:39AM	Purvaphalguni Until 9:31PM Varyan Until 8:53PM Bava Until 11:46PM Chaturthi* Until 10:30AM

Ganesha: Blue <i>Sunrise:</i> 6:39AM	Manmatha 5117
Muruga: Yellow <i>Sunset:</i> 6:42PM	Moon 6 - Phase 13
Nataraja: Purple	3rd Phase
Moon – Red	Devaloka Day
Ashada-Adi	

Family Home Evening
Creative Work Siddha Yoga

5	Tuesday, July 21, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Nairobi, Kenya Sun 18 Sutra 100
	Kanya Rasi: 0.5 Tithi 5 – 6 458389262	Gulika 12:40PM – 2:11PM Yama 9:39AM – 11:10AM Rahu 3:41PM – 5:12PM	Uttaraphalguni Until 12:29AM Wed Parigha* Until 9:59PM Kaulava Until 2:20AM Wed Panchami Until 1:01PM

Ganesha: Blue <i>Sunrise:</i> 6:39AM	Manmatha 5117
Muruga: Yellow <i>Sunset:</i> 6:42PM	Moon 6 - Phase 13
Nataraja: Purple	3rd Phase
Moon – Red	Devaloka Day
Ashada-Adi	

Creative Work Amrita Yoga
Until 12:29AM Wed
Then Routine Work - Marana Yoga

6	Wednesday, July 22, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Nairobi, Kenya Sun 19 Sutra 101
	Kanya Rasi: 12.37 Tithi 6 – 7 468389262	Gulika 11:10AM – 12:40PM Yama 8:09AM – 9:40AM Rahu 12:40PM – 2:11PM	Hasta Until 3:45AM Thu Shiva Until 11:05PM Gara Until 4:52AM Thu Shashthi* Until 3:36PM

Ganesha: Yellow <i>Sunrise:</i> 6:39AM	Manmatha 5117
Muruga: Yellow <i>Sunset:</i> 6:42PM	Moon 6 - Phase 13
Nataraja: Purple	3rd Phase
Moon – Green	Sivaloka Day
Ashada-Adi	

Routine Work Marana Yoga
Until 3:45AM Thu
Then Creative Work - Siddha Yoga

Retreat Star	Thursday, July 23, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Vanija Karana Saplamyam Titau	Nairobi, Kenya Sun 20 Sutra 102
	Kanya Rasi: 24.26 Tithi 7 468489262	Gulika 9:40AM – 11:10AM Yama 6:39AM – 8:09AM Rahu 2:11PM – 3:41PM	Chitra Until 6:33AM Fri Siddha Until 11:58PM Vanija Until 6:00PM Saptami Until 6:00PM

Ganesha: White <i>Sunrise:</i> 6:39AM	Manmatha 5117
Muruga: Yellow <i>Sunset:</i> 6:42PM	Moon 6 - Phase 13
Nataraja: Purple	3rd Phase
Moon – Green	Subha Sivaloka Day
Ashada-Adi	

Creative Work Siddha Yoga

Retreat Star	Friday, July 24, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau	Nairobi, Kenya Sun 21 Sutra 103
	Tula Rasi: 6.23 Tithi 8 468489262	Gulika 8:09AM – 9:40AM Yama 3:41PM – 5:12PM Rahu 11:10AM – 12:41PM	Chitra Until 6:33AM Sadhya Until 12:30AM Sat Visti Until 7:04AM Ashtami* Until 7:58PM

Ganesha: White <i>Sunrise:</i> 6:39AM	Manmatha 5117
Muruga: Yellow <i>Sunset:</i> 6:42PM	Moon 6 - Phase 13
Nataraja: Purple	Ashtami
Moon – Green	Subha Sivaloka Day
Ashada-Adi	

Creative Work Siddha Yoga

Retreat Star	Saturday, July 25, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Balava/Kaulava Karana Navamyam Titau	Nairobi, Kenya Sun 22 Sutra 104
	Tula Rasi: 18.31 Tithi 9 469489262	Gulika 6:39AM – 8:09AM Yama 2:11PM – 3:41PM Rahu 9:40AM – 11:10AM	Svati Until 8:42AM Subha Until 12:32AM Sun Balava Until 8:45AM Navami* Until 9:19PM

Ganesha: Yellow <i>Sunrise:</i> 6:39AM	Manmatha 5117
Muruga: Yellow <i>Sunset:</i> 6:42PM	Moon 6 - Phase 13
Nataraja: Purple	Navami
Moon – Green	Sivaloka Day
Ashada-Adi	

Creative Work Siddha Yoga

1	Sunday, July 26, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Taitila/Gara Karana Dashamyam Titau	Nairobi, Kenya Sun 23 Sutra 105
	Virschika Rasi: 0.58 Tilthi 10 479489262	Gulika 3:41PM – 5:12PM Yama 12:41PM – 2:11PM Rahu 5:12PM – 6:42PM	Vishakha Until 10:28AM Sukla Until 11:56PM Taitila Until 9:44AM Dashami Until 9:54PM

Routine Work Marana Yoga

Ganesha: White *Sunrise:* 6:39AM
Muruqa: Yellow *Sunset:* 6:42PM
Nataraja: Purple
Moon – Orange

Ashada-Adi **Devaloka Day**

2	Monday, July 27, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau	Nairobi, Kenya Sun 24 Sutra 106
	Virschika Rasi: 13.46 Tilthi 11 Family Home Evening 479489262 Creative Work Siddha Yoga	Gulika 2:11PM – 3:41PM Yama 11:10AM – 12:41PM Rahu 8:09AM – 9:40AM	Anuradha Until 11:18AM Brahma Until 10:42PM Vanija Until 9:55AM Ekadashi Until 9:40PM

Ganesha: White *Sunrise:* 6:39AM
Muruqa: Yellow *Sunset:* 6:42PM
Nataraja: Purple
Moon – Orange

Ashada-Adi **Devaloka Day**

3	Tuesday, July 28, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Bava/Balava Karana Dvadashyam Titau	Nairobi, Kenya Sun 25 Sutra 107
	Virschika Rasi: 26.59 Tilthi 12 479489262	Gulika 12:41PM – 2:11PM Yama 9:40AM – 11:10AM Rahu 3:41PM – 5:12PM	Jyeshtha* Until 11:12AM Indra Until 8:51PM Bava Until 9:16AM Dvadashi Until 8:39PM

Routine Work Marana Yoga
Until 11:12AM
Then Creative Work - Amrita Yoga

Ganesha: White *Sunrise:* 6:39AM
Muruqa: Yellow *Sunset:* 6:42PM
Nataraja: Purple
Moon – Orange

Ashada-Adi **Devaloka Day**

4	Wednesday, July 29, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Nairobi, Kenya Sun 26 Sutra 108
	Dhanus Rasi: 10.38 Tilthi 13 489489262	Gulika 11:10AM – 12:40PM Yama 8:09AM – 9:40AM Rahu 12:40PM – 2:11PM	Mula* Until 10:38AM Vaidhriti* Until 6:23PM Kaulava Until 7:52AM Trayodashi Until 6:54PM <i>Pradosha Vrata</i>

Routine Work Marana Yoga
Until 10:38AM
Then Creative Work - Amrita Yoga

Ganesha: Clear *Sunrise:* 6:39AM
Muruqa: Yellow *Sunset:* 6:42PM
Nataraja: Purple
Moon – Light Blue


Ashada-Adi **Sivaloka Day**

5	Thursday, July 30, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Nairobi, Kenya Sun 27 Sutra 109
	Dhanus Rasi: 24.42 Tilthi 14 – 15 489489262	Gulika 9:39AM – 11:10AM Yama 6:39AM – 8:09AM Rahu 2:11PM – 3:41PM	Purvashadha* Until 9:17AM Vishkambha* Until 3:27PM Visti Until 3:15AM Fri Chaturdashi* Until 4:34PM

Creative Work Siddha Yoga
Until 9:17AM
Then Routine Work - Marana Yoga

Ganesha: Clear *Sunrise:* 6:39AM
Muruqa: Yellow *Sunset:* 6:42PM
Nataraja: Purple
Moon – Light Blue

Ashada-Adi **Sivaloka Day**


	Friday, July 31, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Nairobi, Kenya Sutra 110
	Makara Rasi: 9.07 Tilthi 15 – 16 489489262	Gulika 8:09AM – 9:39AM Yama 3:41PM – 5:12PM Rahu 11:10AM – 12:40PM	Uttarashadha Until 7:18AM Priti Until 12:09PM Balava Until 12:19AM Sat Purnima* Until 1:48PM

Routine Work Marana Yoga

Satguru Purnima

Ganesha: Clear *Sunrise:* 6:38AM
Muruqa: Yellow *Sunset:* 6:42PM
Nataraja: Purple
Moon – Light Blue

Ashada-Adi **Sivaloka Day**

	Saturday, August 1, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvilijayam Titau	Nairobi, Kenya Sutra 111
	Makara Rasi: 23.47 Tilthi 16 – 17 499489262	Gulika 6:38AM – 8:09AM Yama 2:11PM – 3:41PM Rahu 9:39AM – 11:10AM	Dhanishtha Until 2:53AM Sun Ayushman Until 8:35AM Taitila Until 9:09PM Prathama* Until 10:44AM

Creative Work Siddha Yoga

Ganesha: Purple *Sunrise:* 6:38AM
Muruqa: Yellow *Sunset:* 6:42PM
Nataraja: Purple
Moon – Purple

Ashada-Adi **Devaloka Day**

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, August 2, 2015
Gold Retreat Star

Kumbha Rasi: 8.35 Tilthi 17 – 18
491489262
Creative Work Siddha Yoga
Until 12:20AM Mon
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Nairobi, Kenya
Shalabhishak Nakshatra Sobhana Yoga Gara/Visti* Karana Dvilya/Tritiyayam Titau Sun 1 Sutra 112
Manmatha 5117
Gulika 3:41PM – 5:12PM **Shatabhishak Until 12:20AM Mon** Ganesha: White Sunrise: 6:38AM
Yama 12:40PM – 2:11PM Sobhana Until 1:11AM Mon Muruga: Yellow Sunset: 6:42PM Moon 7 - Phase 15
Rahu 5:12PM – 6:42PM Visti Until 4:19AM Mon Nataraja: Purple Moon – Purple 1st Phase
Dvitiya Until 7:31AM Ashada-Adi **Devaloka Day**

1 Monday, August 3, 2015

Kumbha Rasi: 23.23 Tilthi 19
Family Home Evening 411489262
Routine Work Marana Yoga
Until 10:11PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Nairobi, Kenya
Purvaproshtapada* Nakshatra Athiganda* Yoga Bava/Balava Karana Chaturthayam Titau Sun 2 Sutra 113
Manmatha 5117
Gulika 2:11PM – 3:41PM **Purvaproshtapada* Until 10:11PM** Ganesha: Purple Sunrise: 6:38AM
Yama 11:10AM – 12:40PM Athiganda* Until 9:34PM Muruga: Yellow Sunset: 6:42PM Moon 7 - Phase 15
Rahu 8:09AM – 9:39AM Bava Until 2:46PM Nataraja: Purple Moon – Clear 1st Phase
Chaturthi* Until 1:14AM Tue Ashada-Adi **Devaloka Day**

2 Tuesday, August 4, 2015

Meena Rasi: 8.05 Tilthi 20
411489262
Creative Work Amrita Yoga
Until 8:08PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Nairobi, Kenya
Uttaraproshtapada Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau Sun 3 Sutra 114
Manmatha 5117
Gulika 12:40PM – 2:11PM **Uttaraproshtapada Until 8:08PM** Ganesha: Purple Sunrise: 6:38AM
Yama 9:39AM – 11:10AM Sukarma Until 6:09PM Muruga: Yellow Sunset: 6:42PM Moon 7 - Phase 15
Rahu 3:41PM – 5:12PM Kaulava Until 11:48AM Nataraja: Purple Moon – Clear 1st Phase
Panchami Until 10:25PM Ashada-Adi **Devaloka Day**

3 Wednesday, August 5, 2015

Meena Rasi: 22.35 Tilthi 21
411489262
Routine Work Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Nairobi, Kenya
Revati Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Shashthyam Titau Sun 4 Sutra 115
Manmatha 5117
Gulika 11:10AM – 12:40PM **Revati Until 6:17PM** Ganesha: Purple Sunrise: 6:38AM
Yama 8:09AM – 9:39AM Dhriti Until 3:01PM Muruga: Yellow Sunset: 6:42PM Moon 7 - Phase 15
Rahu 12:40PM – 2:11PM Gara Until 9:09AM Nataraja: Purple Moon – Clear 1st Phase
Shashthi* Until 7:57PM Ashada-Adi **Devaloka Day**

4 Thursday, August 6, 2015

Mesha Rasi: 6.49 Tilthi 22 – 23
421489262
Creative Work Amrita Yoga
Until 5:07PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Nairobi, Kenya
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau Sun 5 Sutra 116
Manmatha 5117
Gulika 9:39AM – 11:09AM **Ashvini Until 5:07PM** Ganesha: Clear Sunrise: 6:38AM
Yama 6:38AM – 8:08AM Shula* Until 12:11PM Muruga: Yellow Sunset: 6:42PM Moon 7 - Phase 15
Rahu 2:10PM – 3:41PM Visti Until 6:53AM Nataraja: Purple Moon – White 1st Phase
Saptami Until 5:53PM Ashada-Adi **Sivaloka Day**

Friday, August 7, 2015
Retreat Star

Mesha Rasi: 20.46 Tilthi 23 – 24
421489262
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Nairobi, Kenya
Bharani/Krittika Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau Sun 6 Sutra 117
Manmatha 5117
Gulika 8:08AM – 9:39AM **Bharani Until 4:16PM** Ganesha: Clear Sunrise: 6:38AM
Yama 3:41PM – 5:11PM Ganda* Until 9:44AM Muruga: Yellow Sunset: 6:42PM Moon 7 - Phase 15
Rahu 11:09AM – 12:40PM Taitila Until 3:41AM Sat Nataraja: Purple Moon – White Ashtami
Ashtami* Until 4:17PM Ashada-Adi **Sivaloka Day**

Saturday, August 8, 2015
Retreat Star

Vrishabha Rasi: 4.26 Tilthi 24 – 25
421489262
Creative Work Amrita Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Nairobi, Kenya
Krittika/Rohini Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau Sun 7 Sutra 118
Manmatha 5117
Gulika 6:38AM – 8:08AM **Krittika Until 3:45PM** Ganesha: Clear Sunrise: 6:38AM
Yama 2:10PM – 3:41PM Vridhhi Until 7:41AM Muruga: Yellow Sunset: 6:42PM Moon 7 - Phase 15
Rahu 9:39AM – 11:09AM Vanija Until 2:47AM Sun Nataraja: Purple Moon – White Navami
Navami* Until 3:09PM Ashada-Adi **Sivaloka Day**

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda


1	Sunday, August 9, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Nairobi, Kenya Sun 8 Sutra 119
	Manmatha 5117 Moon 7 - Phase 16 2nd Phase		
Wishabha Rasi: 17.5	Tithi 26 - 26	431489262	
Creative Work	Siddha Yoga		
		Gulika 3:41PM - 5:11PM Yama 12:40PM - 2:10PM Rahu 5:11PM - 6:42PM	Rohini Until 3:58PM Vyaghata* Until 4:38AM Mon Bava Until 2:20AM Mon Dashami Until 2:29PM
			Ganesha: White Sunrise: 6:37AM Muruga: Yellow Sunset: 6:42PM Nataraja: Purple Moon - Yellow Ashada-Adi
			Devaloka Day

2	Monday, August 10, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Nairobi, Kenya Sun 9 Sutra 120
	Manmatha 5117 Moon 7 - Phase 16 2nd Phase		
Mithuna Rasi: 0.59	Tithi 26 - 27	431489262	
Family Home Evening			
Creative Work	Amrita Yoga		
Until 4:29PM			
Then Creative Work - Siddha Yoga			
		Gulika 2:10PM - 3:40PM Yama 11:09AM - 12:39PM Rahu 8:08AM - 9:38AM	Mrigashira Until 4:29PM Harshana Until 3:41AM Tue Kaulava Until 2:20AM Tue Ekadashi* Until 2:16PM
			Ganesha: White Sunrise: 6:37AM Muruga: Yellow Sunset: 6:42PM Nataraja: Purple Moon - Yellow Ashada-Adi
			Devaloka Day

3	Tuesday, August 11, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra* Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau	Nairobi, Kenya Sun 10 Sutra 121
	Manmatha 5117 Moon 7 - Phase 16 2nd Phase		
Mithuna Rasi: 13.54	Tithi 27 - 28	431489362	
Routine Work	Marana Yoga		
Until 5:17PM			
Then Creative Work - Siddha Yoga			
		Gulika 12:39PM - 2:10PM Yama 9:38AM - 11:09AM Rahu 3:40PM - 5:11PM	Ardra Until 5:17PM Vajra* Until 3:02AM Wed Gara Until 2:47AM Wed Dvadashi* Until 2:29PM <i>Pradosha Vrata (Fasting)</i>
			Ganesha: White Sunrise: 6:37AM Muruga: White Sunset: 6:41PM Nataraja: Clear Moon - Yellow Ashada-Adi
			Bhuloka Day Devaloka Time: 6:PM to 9:PM

4	Wednesday, August 12, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Nairobi, Kenya Sun 11 Sutra 122
	Manmatha 5117 Moon 7 - Phase 16 2nd Phase		
Mithuna Rasi: 26.37	Tithi 28 - 29	442489362	
Creative Work	Siddha Yoga		
		Gulika 11:09AM - 12:39PM Yama 8:07AM - 9:38AM Rahu 12:39PM - 2:10PM	Punarvasu Until 6:50PM Siddhi Until 2:45AM Thu Visti Until 3:41AM Thu Trayodashi* Until 3:10PM
			Ganesha: Orange Sunrise: 6:37AM Muruga: White Sunset: 6:41PM Nataraja: Clear Moon - Blue Ashada-Adi
			Devaloka Day

5	Thursday, August 13, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Nairobi, Kenya Sun 12 Sutra 123
	Manmatha 5117 Moon 7 - Phase 16 2nd Phase		
Kataka Rasi: 9.07	Tithi 29 - 30	442489362	
Creative Work	Amrita Yoga		
Until 8:39PM			
Then Creative Work - Siddha Yoga			
		Gulika 9:38AM - 11:08AM Yama 6:37AM - 8:07AM Rahu 2:09PM - 3:40PM	Pushya Until 8:39PM Vyatipata* Until 2:50AM Fri Catuspada Until 5:02AM Fri Chaturdashi* Until 4:17PM
			Ganesha: Orange Sunrise: 6:37AM Muruga: White Sunset: 6:41PM Nataraja: Clear Moon - Blue Ashada-Adi
			Devaloka Day

	Friday, August 14, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Variyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Nairobi, Kenya Sun 13 Sutra 124
	Manmatha 5117 Moon 7 - Phase 16 Amavasya		
Kataka Rasi: 21.26	Tithi 30 - 1	442489362	
Routine Work	Marana Yoga		
		Gulika 8:07AM - 9:38AM Yama 3:40PM - 5:10PM Rahu 11:08AM - 12:39PM	Ashlesha* Until 10:44PM Variyan Until 3:14AM Sat Kintughna Until 6:49AM Sat Amavasya* Until 5:51PM
			Ganesha: Orange Sunrise: 6:37AM Muruga: White Sunset: 6:41PM Nataraja: Clear Moon - Blue Ashada-Adi
			Devaloka Day

Retreat Star	Saturday, August 15, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau	Nairobi, Kenya Sun 14 Sutra 125
	Manmatha 5117 Moon 7 - Phase 16 Prathama		
Simha Rasi: 3.34	Tithi 1	452489362	
Creative Work	Amrita Yoga		
Until 1:33AM Sun			
Then Creative Work - Siddha Yoga			
		Gulika 6:36AM - 8:07AM Yama 2:09PM - 3:40PM Rahu 9:37AM - 11:08AM	Magha* Until 1:33AM Sun Parigha* Until 3:57AM Sun Kintughna Until 6:49AM Prathama* Until 7:50PM
			Ganesha: Clear Sunrise: 6:36AM Muruga: White Sunset: 6:41PM Nataraja: Clear Moon - Red Sravana-Adi
			Devaloka Day

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

www.gurudeva.org/panchang

1	Sunday, August 16, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Nairobi, Kenya
	Purvaphalguni Nakshatra Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15		Sutra 126		Manmatha 5117
	Simha Rasi: 15.32	Tithi 2	Gulika 3:39PM – 5:10PM	Purvaphalguni Until 4:31AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:36AM	
	452489362		Yama 12:38PM – 2:09PM	Shiva Until 4:55AM Mon	Muruga: White	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 17
Creative Work	Siddha Yoga	Rahu 5:10PM – 6:41PM	Balava Until 8:59AM	Nataraja: Clear		3rd Phase	
			Dvitiya Until 10:10PM	Sravana-Adi	Devaloka Day		


2	Monday, August 17, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam				Nairobi, Kenya
	Uttaraphalguni Nakshatra Siddha Yoga Tailita/Gara Karana Tritiyayam Titau		Sun 16		Sutra 127		Manmatha 5117
	Simha Rasi: 27.23	Tithi 3	Gulika 2:09PM – 3:39PM	Uttaraphalguni Until 7:30AM Tue	Ganesha: White	<i>Sunrise:</i> 6:36AM	
	452589362		Yama 11:08AM – 12:38PM	Siddha Until 6:01AM Tue	Muruga: White	<i>Sunset:</i> 6:40PM	Moon 7 - Phase 17
Family Home Evening		Rahu 8:06AM – 9:37AM	Taitila Until 11:28AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga	Tritiya Until 12:45AM Tue		Sravana-Avani	Bhuloka Day		
				Devaloka Time: 6:PM to 9:PM			


3	Tuesday, August 18, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Nairobi, Kenya
	Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturthyam Titau		Sun 17		Sutra 128		Manmatha 5117
	Kanya Rasi: 9.1	Tithi 4	Gulika 12:38PM – 2:09PM	Uttaraphalguni Until 7:30AM	Ganesha: Green	<i>Sunrise:</i> 6:36AM	
	552589362		Yama 9:37AM – 11:07AM	Siddha Until 6:01AM	Muruga: White	<i>Sunset:</i> 6:40PM	Moon 7 - Phase 17
Creative Work	Amrita Yoga	Rahu 3:39PM – 5:10PM	Vanija Until 2:07PM	Nataraja: Clear		3rd Phase	
Until 7:30AM		Chaturthi* Until 3:25AM Wed		Sravana-Avani	Bhuloka Day		
Then Creative Work - Siddha Yoga				Devaloka Time: 6:PM to 9:PM			

4	Wednesday, August 19, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam				Nairobi, Kenya
	Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau		Sun 18		Sutra 129		Manmatha 5117
	Kanya Rasi: 20.56	Tithi 5	Gulika 11:07AM – 12:38PM	Hasta Until 10:52AM	Ganesha: White	<i>Sunrise:</i> 6:35AM	
	562589362		Yama 8:06AM – 9:37AM	Sadhya Until 7:09AM	Muruga: White	<i>Sunset:</i> 6:40PM	Moon 7 - Phase 17
Routine Work	Marana Yoga	Rahu 12:38PM – 2:08PM	Bava Until 4:45PM	Nataraja: Clear		3rd Phase	
Until 10:52AM		Nag Panchami		Sravana-Avani	Bhuloka Day		
Then Creative Work - Siddha Yoga			Panchami Until 5:58AM Thu	Devaloka Time: 6:PM to 9:PM			



5	Thursday, August 20, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Nairobi, Kenya
	Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava Karana Shashthyam Titau		Sun 19		Sutra 130		Manmatha 5117
	Tula Rasi: 2.44	Tithi 6	Gulika 9:36AM – 11:07AM	Chitra Until 1:54PM	Ganesha: White	<i>Sunrise:</i> 6:35AM	
	562589362		Yama 6:35AM – 8:06AM	Subha Until 8:12AM	Muruga: White	<i>Sunset:</i> 6:40PM	Moon 7 - Phase 17
Creative Work	Siddha Yoga	Rahu 2:08PM – 3:39PM	Kaulava Until 7:10PM	Nataraja: Clear		3rd Phase	
Until 1:54PM		Shashthi* Until 8:12AM Fri		Sravana-Avani	Bhuloka Day		
Then Creative Work - Amrita Yoga				Devaloka Time: 6:PM to 9:PM			

6	Friday, August 21, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Nairobi, Kenya
	Svati/Vishakha Nakshatra Sukla/Brahma Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau		Sun 20		Sutra 131		Manmatha 5117
	Tula Rasi: 14.41	Tithi 6 – 7	Gulika 8:05AM – 9:36AM	Svati Until 4:24PM	Ganesha: White	<i>Sunrise:</i> 6:35AM	
	562589362		Yama 3:38PM – 5:09PM	Sukla Until 8:58AM	Muruga: White	<i>Sunset:</i> 6:40PM	Moon 7 - Phase 17
Creative Work	Siddha Yoga	Rahu 11:07AM – 12:37PM	Gara Until 9:09PM	Nataraja: Clear		3rd Phase	
		Shashthi* Until 8:12AM		Sravana-Avani	Bhuloka Day		
				Devaloka Time: 6:PM to 9:PM			

	Saturday, August 22, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manla Vasara Yuktayam				Nairobi, Kenya
	Retreat Star		Vishakha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21		Sutra 132
	Tula Rasi: 26.49	Tithi 7 – 8	Gulika 6:35AM – 8:05AM	Vishakha Until 6:40PM	Ganesha: Clear	<i>Sunrise:</i> 6:35AM	Manmatha 5117
	572589362		Yama 2:08PM – 3:38PM	Brahma Until 9:21AM	Muruga: White	<i>Sunset:</i> 6:39PM	Moon 7 - Phase 17
Creative Work	Siddha Yoga	Rahu 9:36AM – 11:06AM	Visti Until 10:32PM	Nataraja: Clear		Ashtami	
		Saptami Until 9:55AM		Sravana-Avani	Devaloka Day		

	Sunday, August 23, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Nairobi, Kenya
	Retreat Star		Anuradha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22		Sutra 133
	Vrischika Rasi: 9.13	Tithi 8 – 9	Gulika 3:38PM – 5:09PM	Anuradha Until 8:04PM	Ganesha: Clear	<i>Sunrise:</i> 6:34AM	Manmatha 5117
	572589362		Yama 12:37PM – 2:07PM	Indra Until 9:12AM	Muruga: White	<i>Sunset:</i> 6:39PM	Moon 7 - Phase 17
Routine Work	Marana Yoga	Rahu 5:09PM – 6:39PM	Balava Until 11:10PM	Nataraja: Clear		Navami	
		Ashtami* Until 10:56AM		Sravana-Avani	Devaloka Day		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1	Monday, August 24, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Nairobi, Kenya Sun 23 Sutra 134 Manmatha 5117
	Vrischika Rasi: 21.59 Tithi 9 – 10 Family Home Evening 572589362 Creative Work Siddha Yoga	Gulika 2:07PM – 3:38PM Yama 11:06AM – 12:36PM Rahu 8:05AM – 9:35AM	Jyeshtha* Until 8:31PM Vaidhriti* Until 8:25AM Taitila Until 10:59PM Navami* Until 11:10AM
Devaloka Day			
2	Tuesday, August 25, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Nairobi, Kenya Sun 24 Sutra 135 Manmatha 5117
	Dhanus Rasi: 5.1 Tithi 10 – 11 583589362 Creative Work Amrita Yoga Until 8:27PM Then Creative Work - Siddha Yoga	Gulika 12:36PM – 2:07PM Yama 9:35AM – 11:06AM Rahu 3:37PM – 5:08PM	Mula* Until 8:27PM Vishkambha* Until 7:00AM Vanija Until 9:59PM Dashami Until 10:34AM
Devaloka Day			
3	Wednesday, August 26, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Nairobi, Kenya Sun 25 Sutra 136 Manmatha 5117
	Dhanus Rasi: 18.48 Tithi 11 – 12 583589362 Creative Work Amrita Yoga	Gulika 11:05AM – 12:36PM Yama 8:04AM – 9:35AM Rahu 12:36PM – 2:07PM	Purvashadha* Until 7:28PM Ayushman Until 2:14AM Thu Bava Until 8:13PM Ekadashi Until 9:10AM
Devaloka Day			
4	Thursday, August 27, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau	Nairobi, Kenya Sun 26 Sutra 137 Manmatha 5117
	Makara Rasi: 2.53 Tithi 12 – 13 583589362 Routine Work Marana Yoga Until 5:41PM Then Creative Work - Siddha Yoga	Gulika 9:34AM – 11:05AM Yama 6:33AM – 8:04AM Rahu 2:06PM – 3:37PM	Uttarashadha Until 5:41PM Saubhagya Until 11:02PM Taitila Until 4:20AM Fri Dvadashi Until 7:03AM <i>Pradosha Vrata</i>
Devaloka Day			
5	Friday, August 28, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau	Nairobi, Kenya Sun 27 Sutra 138 Manmatha 5117
	Makara Rasi: 17.24 Tithi 14 593589363 Routine Work Marana Yoga Until 3:38PM Then Creative Work - Siddha Yoga	Gulika 8:03AM – 9:34AM Yama 3:37PM – 5:07PM Rahu 11:05AM – 12:35PM Chidambaram Abhishekam	Shravana Until 3:38PM Sobhana Until 7:27PM Gara Until 2:48PM Chaturdashi* Until 1:09AM Sat
Devaloka Day			
	Saturday, August 29, 2015 Copper Retreat Star	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Purnimayam Titau	Nairobi, Kenya Sutra 139 Manmatha 5117
	Kumbha Rasi: 2.14 Tithi 15 593589363 Creative Work Siddha Yoga Until 1:05PM Then Creative Work - Amrita Yoga	Gulika 6:33AM – 8:03AM Yama 2:06PM – 3:36PM Rahu 9:34AM – 11:04AM Avani Avittam	Dhanishtha Until 1:05PM Athiganda* Until 3:32PM Visti Until 11:27AM Purnima* Until 9:40PM
Devaloka Day			
	Sunday, August 30, 2015 Silver Retreat Star	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosithapada* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau	Nairobi, Kenya Sutra 140 Manmatha 5117
	Kumbha Rasi: 17.16 Tithi 16 593589363 Creative Work Siddha Yoga	Gulika 3:36PM – 5:07PM Yama 12:35PM – 2:05PM Rahu 5:07PM – 6:37PM	Shatabhishak Until 10:11AM Sukarma Until 11:28AM Balava Until 7:53AM Prathama* Until 6:03PM
Devaloka Day			

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Monday, August 31, 2015
Gold Retreat Star

Meena Rasi: 2.23 Tithi 17 – 18
Family Home Evening 513589363
Routine Work Marana Yoga
Until 7:30AM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 2:05PM – 3:36PM **Purvaprosarthapada* Until 7:30AM**
Yama 11:04AM – 12:34PM **Dhriti Until 7:24AM**
Rahu 8:03AM – 9:33AM **Vanija Until 12:42AM Tue**
Dvitiya Until 2:26PM

Nairobi, Kenya
Sun 1 Sutra 141
Manmatha 5117
Moon 8 - Phase 19
1st Phase

Ganesha: White *Sunrise:* 6:32AM
Muruga: White *Sunset:* 6:37PM
Nataraja: Purple
Moon – Clear

Devaloka Day
Sravana-Avani

1 Tuesday, September 1, 2015

Meena Rasi: 17.25 Tithi 18 – 19
513589363
Creative Work Siddha Yoga
Until 2:12AM Wed
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Gulika 12:34PM – 2:05PM **Revati Until 2:12AM Wed**
Yama 9:33AM – 11:03AM **Ganda* Until 11:35PM**
Rahu 3:35PM – 5:06PM **Bava Until 9:23PM**
Tritiya Until 10:59AM

Nairobi, Kenya
Sun 2 Sutra 142
Manmatha 5117
Moon 8 - Phase 19
1st Phase

Ganesha: White *Sunrise:* 6:32AM
Muruga: White *Sunset:* 6:37PM
Nataraja: Purple
Moon – Clear

Devaloka Day
Sravana-Avani

2 Wednesday, September 2, 2015

Mesha Rasi: 2.14 Tithi 19 – 20
523589363
Routine Work Marana Yoga
Until 12:18AM Thu
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Vriddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 11:03AM – 12:34PM **Ashvini Until 12:18AM Thu**
Yama 8:02AM – 9:33AM **Vriddhi Until 8:08PM**
Rahu 12:34PM – 2:04PM **Kaulava Until 6:26PM**
Chaturthi* Until 7:50AM

Nairobi, Kenya
Sun 3 Sutra 143
Manmatha 5117
Moon 8 - Phase 19
1st Phase

Ganesha: Clear *Sunrise:* 6:31AM
Muruga: White *Sunset:* 6:36PM
Nataraja: Purple
Moon – White

Bhuloka Day
Devaloka Time: 9:AM to 12:PM
Sravana-Avani

3 Thursday, September 3, 2015

Mesha Rasi: 16.44 Tithi 21
523589363
Creative Work Siddha Yoga
Until 10:47PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 9:32AM – 11:03AM **Bharani Until 10:47PM**
Yama 6:31AM – 8:02AM **Dhruva Until 5:03PM**
Rahu 2:04PM – 3:35PM **Gara Until 3:59PM**
Shashthi* Until 2:57AM Fri

Nairobi, Kenya
Sun 4 Sutra 144
Manmatha 5117
Moon 8 - Phase 19
1st Phase

Ganesha: Clear *Sunrise:* 6:31AM
Muruga: White *Sunset:* 6:36PM
Nataraja: Purple
Moon – White

Bhuloka Day
Devaloka Time: 9:AM to 12:PM
Sravana-Avani

4 Friday, September 4, 2015

Vrishabha Rasi: 0.52 Tithi 22
523589363
Creative Work Siddha Yoga
Until 9:43PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 8:01AM – 9:32AM **Krittika Until 9:43PM**
Yama 3:35PM – 5:05PM **Vyaghata* Until 2:29PM**
Rahu 11:03AM – 12:33PM **Visti Until 2:06PM**
Saptami Until 1:24AM Sat

Nairobi, Kenya
Sun 5 Sutra 145
Manmatha 5117
Moon 8 - Phase 19
1st Phase

Ganesha: Clear *Sunrise:* 6:30AM
Muruga: White *Sunset:* 6:36PM
Nataraja: Purple
Moon – White

Bhuloka Day
Devaloka Time: 9:AM to 12:PM
Sravana-Avani

Retreat Star
Saturday, September 5, 2015

Vrishabha Rasi: 15 Tithi 23
533589363
Creative Work Amrita Yoga
Until 9:36PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:30AM – 8:01AM **Rohini Until 9:36PM**
Yama 2:04PM – 3:34PM **Harshana Until 12:26PM**
Rahu 9:31AM – 11:02AM **Balava Until 12:53PM**
Krishna Janmashtami **Ashtami* Until 12:30AM Sun**

Nairobi, Kenya
Sun 6 Sutra 146
Manmatha 5117
Moon 8 - Phase 19
Ashtami

Ganesha: Purple *Sunrise:* 6:30AM
Muruga: White *Sunset:* 6:36PM
Nataraja: Purple
Moon – Yellow

Devaloka Day
Sravana-Avani

Retreat Star
Sunday, September 6, 2015

Vrishabha Rasi: 27.58 Tithi 24
533589363
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Gulika 3:34PM – 5:05PM **Mrigashira Until 9:58PM**
Yama 12:33PM – 2:03PM **Vajra* Until 10:53AM**
Rahu 5:05PM – 6:35PM **Taitila Until 12:19PM**
Navami* Until 12:16AM Mon

Nairobi, Kenya
Sun 7 Sutra 147
Manmatha 5117
Moon 8 - Phase 19
Navami

Ganesha: Purple *Sunrise:* 6:30AM
Muruga: White *Sunset:* 6:35PM
Nataraja: Purple
Moon – Yellow

Devaloka Day
Sravana-Avani

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1		Monday, September 7, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau	Nairobi, Kenya Sun 8 Sutra 148 Manmatha 5117
Mithuna Rasi: 10.58	Tithi 25		Gulika 2:03PM – 3:34PM Yama 11:01AM – 12:32PM Rahu 8:00AM – 9:31AM	Ardra Until 10:49PM Siddhi Until 9:52AM Vanija Until 12:24PM Dashami Until 12:39AM Tue
Family Home Evening	533589363			Ganesha: Purple <i>Sunrise:</i> 6:29AM Muruga: White <i>Sunset:</i> 6:35PM Nataraja: Purple Moon – Yellow Sravana-Avani
Creative Work Siddha Yoga Until 10:49PM Then Creative Work - Amrita Yoga				Devaloka Day
2		Tuesday, September 8, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Ekadashyam Titau	Nairobi, Kenya Sun 9 Sutra 149 Manmatha 5117
Mithuna Rasi: 23.41	Tithi 26		Gulika 12:32PM – 2:03PM Yama 9:30AM – 11:01AM Rahu 3:33PM – 5:04PM	Punarvasu Until 12:31AM Wed Vyatipata* Until 9:20AM Bava Until 1:05PM Ekadashi* Until 1:36AM Wed
Creative Work Siddha Yoga	544599363			Ganesha: Clear <i>Sunrise:</i> 6:29AM Muruga: White <i>Sunset:</i> 6:35PM Nataraja: Purple Moon – Blue Sravana-Avani
				Bhuloka Day Devaloka Time: 9:AM to 12:PM
3		Wednesday, September 9, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Nairobi, Kenya Sun 10 Sutra 150 Manmatha 5117
Kataka Rasi: 6.09	Tithi 27		Gulika 11:01AM – 12:31PM Yama 7:59AM – 9:30AM Rahu 12:31PM – 2:02PM	Pushya Until 2:33AM Thu Varyan Until 9:12AM Kaulava Until 2:18PM Dvadashi* Until 3:04AM Thu
Creative Work Siddha Yoga	544599363			Ganesha: Purple <i>Sunrise:</i> 6:29AM Muruga: Green <i>Sunset:</i> 6:34PM Nataraja: Purple Moon – Blue Sravana-Avani
				Bhuloka Day
4		Thursday, September 10, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau	Nairobi, Kenya Sun 11 Sutra 151 Manmatha 5117
Kataka Rasi: 18.24	Tithi 28		Gulika 9:30AM – 11:00AM Yama 6:28AM – 7:59AM Rahu 2:02PM – 3:33PM	Ashlesha* Until 4:50AM Fri Parigha* Until 9:26AM Gara Until 3:59PM Trayodashi* Until 4:57AM Fri <i>Pradosha Vrata (Fasting)</i>
Creative Work Siddha Yoga Until 4:50AM Fri Then Routine Work - Marana Yoga	544599363			Ganesha: Purple <i>Sunrise:</i> 6:28AM Muruga: Green <i>Sunset:</i> 6:34PM Nataraja: Purple Moon – Blue Sravana-Avani
				Bhuloka Day
5		Friday, September 11, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Visti* Karana Chaturdashyam Titau	Nairobi, Kenya Sun 12 Sutra 152 Manmatha 5117
Simha Rasi: 0.29	Tithi 29		Gulika 7:59AM – 9:29AM Yama 3:32PM – 5:03PM Rahu 11:00AM – 12:31PM	Magha* Until 7:47AM Sat Shiva Until 10:00AM Visti Until 6:03PM Chaturdashi* Until 7:11AM Sat
Routine Work Marana Yoga Until 7:47AM Sat Then Creative Work - Siddha Yoga	554699363			Ganesha: Orange <i>Sunrise:</i> 6:28AM Muruga: Green <i>Sunset:</i> 6:34PM Nataraja: Purple Moon – Red Sravana-Avani
				Bhuloka Day Devaloka Time: 9:AM to 12:PM
Retreat Star		Saturday, September 12, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Nairobi, Kenya Sun 13 Sutra 153 Manmatha 5117
Simha Rasi: 12.26	Tithi 29 – 30		Gulika 6:28AM – 7:58AM Yama 2:01PM – 3:32PM Rahu 9:29AM – 11:00AM	Magha* Until 7:47AM Siddha Until 10:47AM Catuspada Until 8:25PM Chaturdashi* Until 7:11AM
Creative Work Amrita Yoga Until 7:47AM Then Creative Work - Siddha Yoga	554699363			Ganesha: Orange <i>Sunrise:</i> 6:28AM Muruga: Green <i>Sunset:</i> 6:33PM Nataraja: Purple Moon – Red Sravana-Avani
				Bhuloka Day Devaloka Time: 9:AM to 12:PM
Retreat Star		Sunday, September 13, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Nairobi, Kenya Sun 14 Sutra 154 Manmatha 5117
Simha Rasi: 24.17	Tithi 30 – 1		Gulika 3:32PM – 5:02PM Yama 12:30PM – 2:01PM Rahu 5:02PM – 6:33PM	Purvaphalguni Until 10:48AM Sadhya Until 11:47AM Kintughna Until 11:01PM Amavasya* Until 9:41AM
Creative Work Siddha Yoga Until 10:48AM Then Creative Work - Amrita Yoga	554699363		Grandparent's Day Partial Solar Eclipse	Ganesha: Orange <i>Sunrise:</i> 6:27AM Muruga: Green <i>Sunset:</i> 6:33PM Nataraja: Purple Moon – Red Bhadrapada-Avani
				Bhuloka Day Devaloka Time: 9:AM to 12:PM

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Monday, September 14, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha/Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Nairobi, Kenya Sun 15 Sutra 155
	Kanya Rasi: 6.05 Tithi 1 – 2	Gulika 2:00PM – 3:31PM	Uttaraphalguni Until 1:48PM	Ganesha: Orange <i>Sunrise:</i> 6:27AM
	Family Home Evening 554699363	Yama 10:59AM – 12:30PM	Subha Until 12:53PM	Muruqa: Green <i>Sunset:</i> 6:33PM
	Creative Work Siddha Yoga	Rahu 7:58AM – 9:28AM	Balava Until 1:41AM Tue	Nataraja: Purple Moon – Red
		Prathama* Until 12:19PM		Bhuloka Day Devaloka Time: 9:AM to 12:PM

2	Tuesday, September 15, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Nairobi, Kenya Sun 16 Sutra 156
	Kanya Rasi: 17.5 Tithi 2 – 3	Gulika 12:29PM – 2:00PM	Hasta Until 5:10PM	Ganesha: Clear <i>Sunrise:</i> 6:26AM
	Family Home Evening 554699363	Yama 9:28AM – 10:59AM	Sukla Until 1:59PM	Muruqa: Green <i>Sunset:</i> 6:32PM
	Creative Work Siddha Yoga	Rahu 3:31PM – 5:02PM	Taitila Until 4:20AM Wed	Nataraja: Purple Moon – Green
		Dvitiya Until 3:00PM		Bhuloka Day Devaloka Time: 9:AM to 12:PM

3	Wednesday, September 16, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Nairobi, Kenya Sun 17 Sutra 157
	Kanya Rasi: 29.38 Tithi 3 – 4	Gulika 10:58AM – 12:29PM	Chitra Until 8:14PM	Ganesha: Clear <i>Sunrise:</i> 6:26AM
	Family Home Evening 554699363	Yama 7:57AM – 9:28AM	Brahma Until 3:01PM	Muruqa: Green <i>Sunset:</i> 6:32PM
	Creative Work Siddha Yoga	Rahu 12:29PM – 2:00PM	Vanija Until 6:48AM Thu	Nataraja: Purple Moon – Green
		Tritiya Until 5:34PM		Bhuloka Day Devaloka Time: 9:AM to 12:PM

4	Thursday, September 17, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra/Vaidhriti* Yoga Vanija/Visiti* Karana Chaturthyam Titau		Nairobi, Kenya Sun 18 Sutra 158
	Tula Rasi: 11.29 Tithi 4	Gulika 9:27AM – 10:58AM	Svati Until 10:53PM	Ganesha: Clear <i>Sunrise:</i> 6:26AM
	Family Home Evening 554699363	Yama 6:26AM – 7:56AM	Indra Until 3:53PM	Muruqa: Green <i>Sunset:</i> 6:32PM
	Creative Work Amrita Yoga Until 10:53PM Then Creative Work - Siddha Yoga	Rahu 1:59PM – 3:30PM	Vanija Until 6:48AM	Nataraja: Purple Moon – Green
		Ganesha Chaturthi	Chaturthi* Until 7:53PM	Bhuloka Day Devaloka Time: 9:AM to 12:PM

5	Friday, September 18, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau		Nairobi, Kenya Sun 19 Sutra 159
	Tula Rasi: 23.29 Tithi 5	Gulika 7:56AM – 9:27AM	Vishakha Until 1:28AM Sat	Ganesha: Purple <i>Sunrise:</i> 6:25AM
	Family Home Evening 554699363	Yama 3:30PM – 5:01PM	Vaidhriti* Until 4:26PM	Muruqa: Green <i>Sunset:</i> 6:31PM
	Creative Work Siddha Yoga	Rahu 10:58AM – 12:28PM	Bava Until 8:56AM	Nataraja: Purple Moon – Orange
		Panchami Until 9:48PM		Devaloka Day Bhadrapada-Puratasi

6	Saturday, September 19, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Anuradha Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Shashthyam Titau		Nairobi, Kenya Sun 20 Sutra 160
	Vrischika Rasi: 5.38 Tithi 6	Gulika 6:25AM – 7:56AM	Anuradha Until 3:20AM Sun	Ganesha: Purple <i>Sunrise:</i> 6:25AM
	Family Home Evening 554699363	Yama 1:59PM – 3:30PM	Vishkambha* Until 4:36PM	Muruqa: Green <i>Sunset:</i> 6:31PM
	Creative Work Siddha Yoga Until 3:20AM Sun Then Routine Work - Marana Yoga	Rahu 9:26AM – 10:57AM	Kaulava Until 10:36AM	Nataraja: Purple Moon – Orange
		Shashthi* Until 11:11PM		Devaloka Day Bhadrapada-Puratasi

☽	Sunday, September 20, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Saptamyam Titau		Nairobi, Kenya Sun 21 Sutra 161
	Retreat Star	Gulika 3:29PM – 5:00PM	Jyeshtha* Until 4:25AM Mon	Ganesha: Purple <i>Sunrise:</i> 6:24AM
	Vrischika Rasi: 18.02 Tithi 7	Yama 12:28PM – 1:58PM	Priti Until 4:18PM	Muruqa: Green <i>Sunset:</i> 6:31PM
	Family Home Evening 554699363	Rahu 5:00PM – 6:31PM	Gara Until 11:40AM	Nataraja: Purple Moon – Orange
		Saptami Until 11:55PM		Devaloka Day Bhadrapada-Puratasi

☾	Monday, September 21, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau		Nairobi, Kenya Sun 22 Sutra 162
	Retreat Star	Gulika 1:58PM – 3:29PM	Mula* Until 5:04AM Tue	Ganesha: White <i>Sunrise:</i> 6:24AM
	Dhanus Rasi: 0.46 Tithi 8	Yama 10:56AM – 12:27PM	Ayushman Until 3:25PM	Muruqa: Green <i>Sunset:</i> 6:30PM
	Family Home Evening 585699363	Rahu 7:55AM – 9:26AM	Visti Until 12:02PM	Nataraja: Purple Moon – Light Blue
		Ashtami* Until 11:54PM		Bhuloka Day Bhadrapada-Puratasi

☽	Tuesday, September 22, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Navamyam Titau		Nairobi, Kenya Sun 23 Sutra 163
	Retreat Star	Gulika 12:27PM – 1:58PM	Purvashadha* Until 4:48AM Wed	Ganesha: White <i>Sunrise:</i> 6:24AM
	Dhanus Rasi: 13.5 Tithi 9	Yama 9:25AM – 10:56AM	Saubhagya Until 1:57PM	Muruqa: Green <i>Sunset:</i> 6:30PM
	Family Home Evening 585699363	Rahu 3:29PM – 4:59PM	Balava Until 11:38AM	Nataraja: Purple Moon – Light Blue
		Navami* Until 11:07PM		Bhuloka Day Bhadrapada-Puratasi

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	Wednesday, September 23, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau	Nairobi, Kenya Sun 24 Sutra 164
	Dhanus Rasi: 27.2 Tithi 10 585699363	Gulika 10:56AM – 12:27PM Yama 7:54AM – 9:25AM Rahu 12:27PM – 1:57PM	Uttarashadha Until 3:40AM Thu Sobhana Until 11:52AM Taitila Until 10:28AM Dashami Until 9:35PM

Ganesha: White *Sunrise:* 6:23AM
Muruga: Green *Sunset:* 6:30PM
Nataraja: Purple
 Moon – Light Blue
Bhadrapada-Puratasi
Bhuloka Day

Creative Work Amrita Yoga
Until 3:40AM Thu
Then Creative Work - Siddha Yoga

2	Thursday, September 24, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau	Nairobi, Kenya Sun 25 Sutra 165
	Makara Rasi: 11.17 Tithi 11 595699363	Gulika 9:25AM – 10:55AM Yama 6:23AM – 7:54AM Rahu 1:57PM – 3:28PM	Shravana Until 2:08AM Fri Athiganda* Until 9:11AM Vanija Until 8:34AM Ekadashi Until 7:21PM

Ganesha: Yellow *Sunrise:* 6:23AM
Muruga: Green *Sunset:* 6:29PM
Nataraja: Purple
 Moon – Purple
Bhadrapada-Puratasi
Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

3	Friday, September 25, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau	Nairobi, Kenya Sun 26 Sutra 166
	Makara Rasi: 25.4 Tithi 12 – 13 595699363	Gulika 7:53AM – 9:24AM Yama 3:28PM – 4:58PM Rahu 10:55AM – 12:26PM	Dhanishtha Until 11:55PM Dhriti Until 2:21AM Sat Bava Until 6:01AM Dvadashi Until 4:31PM <i>Pradosha Vrata</i>

Ganesha: Yellow *Sunrise:* 6:23AM
Muruga: Green *Sunset:* 6:29PM
Nataraja: Purple
 Moon – Purple
Bhadrapada-Puratasi
Bhuloka Day
 Devaloka Time: 6:AM to 9:AM


Creative Work Siddha Yoga

4	Saturday, September 26, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Nairobi, Kenya Sun 27 Sutra 167
	Kumbha Rasi: 10.25 Tithi 13 – 14 595699363	Gulika 6:22AM – 7:53AM Yama 1:56PM – 3:27PM Rahu 9:24AM – 10:55AM	Shatabhishak Until 9:10PM Shula* Until 10:23PM Gara Until 11:30PM Trayodashi Until 1:15PM

Ganesha: Yellow *Sunrise:* 6:22AM
Muruga: Green *Sunset:* 6:29PM
Nataraja: Purple
 Moon – Purple
Bhadrapada-Puratasi
Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga
Until 9:10PM
Then Routine Work - Marana Yoga

Chidambaram Abhishekam
Kadaitswami Mahasamadhi

	Sunday, September 27, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Nairobi, Kenya Sutra 168
	Kumbha Rasi: 25.28 Tithi 14 – 15 515699363	Gulika 3:27PM – 4:58PM Yama 12:25PM – 1:56PM Rahu 4:58PM – 6:29PM	Purvaproshtapada* Until 6:25PM Ganda* Until 6:13PM Visti Until 7:48PM Chaturdashi* Until 9:39AM

Ganesha: Yellow *Sunrise:* 6:22AM
Muruga: Green *Sunset:* 6:29PM
Nataraja: Purple
 Moon – Clear
Bhadrapada-Puratasi
Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 6:25PM
Then Creative Work - Amrita Yoga

Monday, September 28, 2015	Silver Retreat Star	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau	Nairobi, Kenya Sutra 169
	Meena Rasi: 10.4 Tithi 16 615699363	Gulika 1:56PM – 3:27PM Yama 10:54AM – 12:25PM Rahu 7:52AM – 9:23AM	Uttaraproshtapada Until 3:27PM Vriddhi Until 1:58PM Balava Until 4:01PM Prathama* Until 2:09AM Tue

Ganesha: Blue *Sunrise:* 6:21AM
Muruga: Green *Sunset:* 6:28PM
Nataraja: Purple
 Moon – Clear
Bhadrapada-Puratasi
Bhuloka Day

Creative Work Siddha Yoga

Total Lunar Eclipse

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

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Tuesday, September 29, 2015
Gold Retreat Star

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Nairobi, Kenya
Sutra 170

Meena Rasi: 25.52 Tithi 17
626699363

Gulika 12:24PM – 1:55PM
Yama 9:23AM – 10:54AM
Rahu 3:26PM – 4:57PM

Revati Until 12:25PM
Dhruva Until 9:46AM
Taitila Until 12:20PM
Dvitiya Until 10:33PM

Ganesha: Blue *Sunrise:* 6:21AM
Muruqa: Green *Sunset:* 6:28PM
Nataraja: Purple
Moon – Clear

Bhuloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

1

Wednesday, September 30, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau

Nairobi, Kenya
Sun 1 Sutra 171

Mesha Rasi: 10.55 Tithi 18
626699363

Gulika 10:53AM – 12:24PM
Yama 7:52AM – 9:22AM
Rahu 12:24PM – 1:55PM

Ashvini Until 9:53AM
Harshana Until 2:04AM Thu
Vanija Until 8:53AM
Tritiya Until 7:17PM

Ganesha: Red *Sunrise:* 6:21AM
Muruqa: Green *Sunset:* 6:28PM
Nataraja: Purple
Moon – White

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 9:53AM

Then Creative Work - Siddha Yoga

2

Thursday, October 1, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya
Sun 2 Sutra 172

Mesha Rasi: 25.4 Tithi 19 – 20
626699363

Gulika 9:22AM – 10:53AM
Yama 6:20AM – 7:51AM
Rahu 1:55PM – 3:26PM

Bharani Until 7:38AM
Vajra* Until 10:46PM
Kaulava Until 3:19AM Fri
Chaturthi* Until 4:28PM

Ganesha: Red *Sunrise:* 6:20AM
Muruqa: Green *Sunset:* 6:27PM
Nataraja: Purple
Moon – White

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 7:38AM

Then Routine Work - Marana Yoga

3

Friday, October 2, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Nairobi, Kenya
Sun 3 Sutra 173

Wrishabha Rasi: 10.01 Tithi 20 – 21
636699363

Gulika 7:51AM – 9:22AM
Yama 3:25PM – 4:56PM
Rahu 10:53AM – 12:24PM

Rohini Until 4:55AM Sat
Siddhi Until 8:01PM
Gara Until 1:28AM Sat
Panchami Until 2:17PM

Ganesha: Green *Sunrise:* 6:20AM
Muruqa: Green *Sunset:* 6:27PM
Nataraja: Purple
Moon – Yellow

Bhuloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

Until 4:55AM Sat

Then Creative Work - Siddha Yoga

4

Saturday, October 3, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam
Mrigashira Nakshatra Vyatipata* Varyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Nairobi, Kenya
Sun 4 Sutra 174

Wrishabha Rasi: 23.56 Tithi 21 – 22
636699363

Gulika 6:20AM – 7:51AM
Yama 1:54PM – 3:25PM
Rahu 9:21AM – 10:52AM

Mrigashira Until 4:39AM Sun
Vyatipata* Until 5:52PM
Visti Until 12:22AM Sun
Shashthi* Until 12:48PM

Ganesha: Green *Sunrise:* 6:20AM
Muruqa: Green *Sunset:* 6:27PM
Nataraja: Purple
Moon – Yellow

Bhuloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

D

Sunday, October 4, 2015
Retreat Star

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nairobi, Kenya
Sun 5 Sutra 175

Mithuna Rasi: 7.24 Tithi 22 – 23
636699363

Gulika 3:25PM – 4:56PM
Yama 12:23PM – 1:54PM
Rahu 4:56PM – 6:27PM

Ardra Until 5:01AM Mon
Varyan Until 4:19PM
Balava Until 12:05AM Mon
Saptami Until 12:06PM

Ganesha: Green *Sunrise:* 6:19AM
Muruqa: Green *Sunset:* 6:27PM
Nataraja: Purple
Moon – Yellow

Bhuloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Until 5:01AM Mon

Then Creative Work - Amrita Yoga

Monday, October 5, 2015

Retreat Star

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nairobi, Kenya
Sun 6 Sutra 176

Mithuna Rasi: 20.26 Tithi 23 – 24
Family Home Evening 646699363

Gulika 1:53PM – 3:24PM
Yama 10:52AM – 12:23PM
Rahu 7:50AM – 9:21AM

Punarvasu Until 6:27AM Tue
Parigha* Until 3:25PM
Taitila Until 12:35AM Tue
Ashtami* Until 12:13PM

Ganesha: Orange *Sunrise:* 6:19AM
Muruqa: Green *Sunset:* 6:26PM
Nataraja: Purple
Moon – Blue

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 6:27AM Tue

Then Creative Work - Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

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1	Tuesday, October 6, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Nairobi, Kenya Sun 7 Sutra 177
	Kataka Rasi: 3.05 Tithi 24 – 25 646799363	Gulika 12:22PM – 1:53PM Yama 9:20AM – 10:51AM Rahu 3:24PM – 4:55PM	Punarvasu Until 6:27AM Shiva Until 3:07PM Vanija Until 1:48AM Wed Navami* Until 1:05PM
	Creative Work Siddha Yoga	Ganesha: Clear <i>Sunrise:</i> 6:19AM Muruga: Green <i>Sunset:</i> 6:26PM Nataraja: Purple Moon – Blue	Manmatha 5117 Moon 9 - Phase 24 2nd Phase
		Bhuloka Day Devaloka Time: 6:AM to 9:AM	


2	Wednesday, October 7, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Nairobi, Kenya Sun 8 Sutra 178
	Kataka Rasi: 15.26 Tithi 25 – 26 646799363	Gulika 10:51AM – 12:22PM Yama 7:49AM – 9:20AM Rahu 12:22PM – 1:53PM	Pushya Until 8:24AM Siddha Until 3:17PM Bava Until 3:37AM Thu Dashami Until 2:38PM
	Creative Work Siddha Yoga	Ganesha: Clear <i>Sunrise:</i> 6:18AM Muruga: Green <i>Sunset:</i> 6:26PM Nataraja: Purple Moon – Blue	Manmatha 5117 Moon 9 - Phase 24 2nd Phase
		Bhuloka Day Devaloka Time: 6:AM to 9:AM	

3	Thursday, October 8, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Nairobi, Kenya Sun 9 Sutra 179
	Kataka Rasi: 27.33 Tithi 26 – 27 647799364	Gulika 9:20AM – 10:51AM Yama 6:18AM – 7:49AM Rahu 1:53PM – 3:24PM	Ashlesha* Until 10:43AM Sadhya Until 3:51PM Kaulava Until 5:54AM Fri Ekadashi* Until 4:41PM
	Creative Work Siddha Yoga Until 10:43AM Then Creative Work - Amrita Yoga	Ganesha: Orange <i>Sunrise:</i> 6:18AM Muruga: Green <i>Sunset:</i> 6:25PM Nataraja: Clear Moon – Blue	Manmatha 5117 Moon 9 - Phase 24 2nd Phase
		Devaloka Day	

4	Friday, October 9, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha/Sukla Yoga Taitila Karana Dvadashyam Titau	Nairobi, Kenya Sun 10 Sutra 180
	Simha Rasi: 9.29 Tithi 27 657799364	Gulika 7:49AM – 9:20AM Yama 3:23PM – 4:54PM Rahu 10:50AM – 12:21PM	Magha* Until 1:45PM Subha Until 4:43PM Taitila Until 7:08PM Dvadashi* Until 7:08PM
	Routine Work Marana Yoga Until 1:45PM Then Creative Work - Siddha Yoga	Ganesha: Light Blue <i>Sunrise:</i> 6:18AM Muruga: Green <i>Sunset:</i> 6:25PM Nataraja: Clear Moon – Red	Manmatha 5117 Moon 9 - Phase 24 2nd Phase
		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

5	Saturday, October 10, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodashyam Titau	Nairobi, Kenya Sun 11 Sutra 181
	Simha Rasi: 21.19 Tithi 28 657799364	Gulika 6:17AM – 7:48AM Yama 1:52PM – 3:23PM Rahu 9:19AM – 10:50AM	Purvaphalguni Until 4:51PM Sukla Until 5:43PM Gara Until 8:27AM Trayodashi* Until 9:46PM <i>Pradosha Vrata (Fasting)</i>
	Creative Work Siddha Yoga Until 4:51PM Then Routine Work - Marana Yoga	Ganesha: Light Blue <i>Sunrise:</i> 6:17AM Muruga: Green <i>Sunset:</i> 6:25PM Nataraja: Clear Moon – Red	Manmatha 5117 Moon 9 - Phase 24 2nd Phase
		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

6	Sunday, October 11, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Nairobi, Kenya Sun 12 Sutra 182
	Kanya Rasi: 3.06 Tithi 29 657799364	Gulika 3:23PM – 4:54PM Yama 12:21PM – 1:52PM Rahu 4:54PM – 6:25PM	Uttaraphalguni Until 7:52PM Brahma Until 6:48PM Visti Until 11:09AM Chaturdashi* Until 12:29AM Mon
	Creative Work Amrita Yoga	Ganesha: Light Blue <i>Sunrise:</i> 6:17AM Muruga: Green <i>Sunset:</i> 6:25PM Nataraja: Clear Moon – Red	Manmatha 5117 Moon 9 - Phase 24 2nd Phase
		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

	Monday, October 12, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Nairobi, Kenya Sun 13 Sutra 183
	Retreat Star Kanya Rasi: 14.53 Tithi 30 Family Home Evening 667799364 Creative Work Siddha Yoga Until 11:10PM Then Routine Work - Prabalarishta Yoga	Gulika 1:52PM – 3:23PM Yama 10:50AM – 12:21PM Rahu 7:48AM – 9:19AM	Hasta Until 11:10PM Indra Until 7:51PM Catuspada Until 1:50PM Amavasya* Until 3:07AM Tue
		Ganesha: Purple <i>Sunrise:</i> 6:17AM Muruga: Green <i>Sunset:</i> 6:25PM Nataraja: Clear Moon – Green	Manmatha 5117 Moon 9 - Phase 24 Amavasya
		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

Retreat Star	Tuesday, October 13, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau	Nairobi, Kenya Sun 14 Sutra 184
	Kanya Rasi: 26.41 Tithi 1 667799364	Gulika 12:20PM – 1:51PM Yama 9:18AM – 10:49AM Rahu 3:22PM – 4:53PM	Chitra Until 2:08AM Wed Vaidhriti* Until 8:45PM Kintughna Until 4:23PM Prathama* Until 5:34AM Wed
	Creative Work Siddha Yoga	Ganesha: Purple <i>Sunrise:</i> 6:16AM Muruga: Green <i>Sunset:</i> 6:24PM Nataraja: Clear Moon – Green	Manmatha 5117 Moon 9 - Phase 24 Prathama
		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

All times are standard time

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1	Wednesday, October 14, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Balava Karana Dvitiyayam Titau	Nairobi, Kenya Sun 15 Sutra 185
	Tula Rasi: 8.34 Tithi 2	Gulika 10:49AM – 12:20PM Yama 7:47AM – 9:18AM Rahu 12:20PM – 1:51PM	Svati Until 4:41AM Thu Vishkambha* Until 9:29PM Balava Until 6:42PM Dvitiya Until 7:43AM Thu
	688799364	Ganesha: Light Blue <i>Sunrise:</i> 6:16AM Muruqa: Green <i>Sunset:</i> 6:24PM Nataraja: Clear Moon – Green	Manmatha 5117 Moon 9 - Phase 25 3rd Phase
	Creative Work Siddha Yoga	Ashvina+Puratasi Bhuloka Day Devaloka Time: 6:PM to 9:PM	


2	Thursday, October 15, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Nairobi, Kenya Sun 16 Sutra 186
	Tula Rasi: 20.34 Tithi 2 – 3	Gulika 9:18AM – 10:49AM Yama 6:16AM – 7:47AM Rahu 1:51PM – 3:22PM	Vishakha Until 7:13AM Fri Priti Until 9:59PM Taitila Until 8:42PM Dvitiya Until 7:43AM
	688799364	Ganesha: Purple <i>Sunrise:</i> 6:16AM Muruqa: Green <i>Sunset:</i> 6:24PM Nataraja: Clear Moon – Orange	Manmatha 5117 Moon 9 - Phase 25 3rd Phase
	Creative Work Siddha Yoga	Ashvina+Puratasi Bhuloka Day Devaloka Time: 6:PM to 9:PM	

3	Friday, October 16, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Nairobi, Kenya Sun 17 Sutra 187
	Vrischika Rasi: 2.42 Tithi 3 – 4	Gulika 7:47AM – 9:18AM Yama 3:22PM – 4:53PM Rahu 10:49AM – 12:20PM	Vishakha Until 7:13AM Ayushman Until 10:08PM Vanija Until 10:18PM Tritiya Until 9:32AM
	688799364	Ganesha: Purple <i>Sunrise:</i> 6:16AM Muruqa: Green <i>Sunset:</i> 6:24PM Nataraja: Clear Moon – Orange	Manmatha 5117 Moon 9 - Phase 25 3rd Phase
	Creative Work Siddha Yoga	Ashvina+Puratasi Bhuloka Day Devaloka Time: 6:PM to 9:PM	

4	Saturday, October 17, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Nairobi, Kenya Sun 18 Sutra 188
	Vrischika Rasi: 15.01 Tithi 4 – 5	Gulika 6:15AM – 7:46AM Yama 1:51PM – 3:22PM Rahu 9:17AM – 10:48AM	Anuradha Until 9:11AM Saubhagya Until 9:58PM Bava Until 11:27PM Chaturthi* Until 10:55AM
	688799364	Ganesha: Purple <i>Sunrise:</i> 6:15AM Muruqa: Green <i>Sunset:</i> 6:24PM Nataraja: Clear Moon – Orange	Manmatha 5117 Moon 9 - Phase 25 3rd Phase
	Creative Work Siddha Yoga	Ashvina+Purasi Bhuloka Day Devaloka Time: 6:PM to 9:PM	

5	Sunday, October 18, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Nairobi, Kenya Sun 19 Sutra 189
	Vrischika Rasi: 27.31 Tithi 5 – 6	Gulika 3:21PM – 4:52PM Yama 12:19PM – 1:50PM Rahu 4:52PM – 6:23PM	Jyeshtha* Until 10:32AM Sobhana Until 9:25PM Kaulava Until 12:05AM Mon Panchami Until 11:49AM
	688799364	Ganesha: Purple <i>Sunrise:</i> 6:15AM Muruqa: Green <i>Sunset:</i> 6:23PM Nataraja: Clear Moon – Orange	Manmatha 5117 Moon 9 - Phase 25 3rd Phase
	Routine Work Marana Yoga Until 10:32AM Then Creative Work - Amrita Yoga	Ashvina+Purasi Bhuloka Day Devaloka Time: 6:PM to 9:PM	

6	Monday, October 19, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Nairobi, Kenya Sun 20 Sutra 190
	Dhanus Rasi: 10.16 Tithi 6 – 7	Gulika 1:50PM – 3:21PM Yama 10:48AM – 12:19PM Rahu 7:46AM – 9:17AM	Mula* Until 11:41AM Athiganda* Until 8:24PM Gara Until 12:09AM Tue Shashthi* Until 12:10PM
	688799364	Ganesha: Clear <i>Sunrise:</i> 6:15AM Muruqa: Green <i>Sunset:</i> 6:23PM Nataraja: Clear Moon – Light Blue	Manmatha 5117 Moon 9 - Phase 25 3rd Phase
	Creative Work Siddha Yoga Until 11:41AM Then Routine Work - Marana Yoga	Ashvina+Purasi Devaloka Day	

	Tuesday, October 20, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau	Nairobi, Kenya Sun 21 Sutra 191
	Retreat Star	Gulika 12:19PM – 1:50PM Yama 9:17AM – 10:48AM Rahu 3:21PM – 4:52PM	Purvashadha* Until 12:05PM Sukarma Until 6:55PM Visli Until 11:35PM Saptami Until 11:56AM
	Dhanus Rasi: 23.18 Tithi 7 – 8		Ganesha: Clear <i>Sunrise:</i> 6:15AM Muruqa: Green <i>Sunset:</i> 6:23PM Nataraja: Clear Moon – Light Blue
	688799364	Durga Ashtami	Manmatha 5117 Moon 9 - Phase 25 Ashtami

Retreat Star	Wednesday, October 21, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Nairobi, Kenya Sun 22 Sutra 192
	Makara Rasi: 6.4 Tithi 8 – 9	Gulika 10:48AM – 12:19PM Yama 7:46AM – 9:17AM Rahu 12:19PM – 1:50PM	Uttarashadha Until 11:42AM Dhriti Until 4:56PM Balava Until 10:23PM Ashtami* Until 11:03AM
	688799364	Ganesha: Purple <i>Sunrise:</i> 6:15AM Muruqa: Green <i>Sunset:</i> 6:23PM Nataraja: Clear Moon – Light Blue	Manmatha 5117 Moon 9 - Phase 25 Navami
	Creative Work Amrita Yoga Until 11:42AM Then Creative Work - Siddha Yoga	Saraswathi Puja (Tamil Nadu)	Ashvina+Purasi Sivaloka Day

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

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1	Thursday, October 22, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Nairobi, Kenya Sun 23 Sutra 193
	Makara Rasi: 20.25 Tithi 9 – 10 699799364	Gulika 9:16AM – 10:48AM Yama 6:14AM – 7:45AM Rahu 1:50PM – 3:21PM	Shravana Until 11:00AM Shula* Until 2:25PM Taitila Until 8:33PM Navami* Until 9:31AM

Creative Work Siddha Yoga

Ganesha: Clear *Sunrise:* 6:14AM
Muruga: Green *Sunset:* 6:23PM
Nataraja: Clear
Moon – Purple

Ashvina-Aipasi

Devaloka Day

2	Friday, October 23, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Nairobi, Kenya Sun 24 Sutra 194
	Kumbha Rasi: 4.32 Tithi 10 – 11 699799364	Gulika 7:45AM – 9:16AM Yama 3:21PM – 4:52PM Rahu 10:47AM – 12:18PM	Dhanishtha Until 9:33AM Ganda* Until 11:25AM Vanija Until 6:08PM Dashami Until 7:24AM

Creative Work Siddha Yoga

Ganesha: Clear *Sunrise:* 6:14AM
Muruga: Green *Sunset:* 6:23PM
Nataraja: Clear
Moon – Purple

Ashvina-Aipasi

Devaloka Day

3	Saturday, October 24, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mantra Vasara Yuktayam Shatabhishak/Purvaprosithapada* Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau	Nairobi, Kenya Sun 25 Sutra 195
	Kumbha Rasi: 19.02 Tithi 12 699799364	Gulika 6:14AM – 7:45AM Yama 1:49PM – 3:20PM Rahu 9:16AM – 10:47AM	Shatabhishak Until 7:26AM Vridhi Until 8:01AM Bava Until 3:15PM Dvadashi Until 1:38AM Sun

Creative Work Amrita Yoga
Until 7:26AM
Then Routine Work - Marana Yoga

Ganesha: Clear *Sunrise:* 6:14AM
Muruga: Green *Sunset:* 6:23PM
Nataraja: Clear
Moon – Purple

Ashvina-Aipasi

Devaloka Day

4	Sunday, October 25, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprosithapada Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Nairobi, Kenya Sun 26 Sutra 196
	Meena Rasi: 3.5 Tithi 13 619799364	Gulika 3:20PM – 4:51PM Yama 12:18PM – 1:49PM Rahu 4:51PM – 6:23PM	Uttaraprosithapada Until 2:30AM Mon Vyaghata* Until 12:16AM Mon Kaulava Until 11:59AM Trayodashi Until 10:14PM <i>Pradosha Vrata</i>

Creative Work Amrita Yoga
Until 2:30AM Mon
Then Creative Work - Siddha Yoga

Ganesha: Yellow *Sunrise:* 6:14AM
Muruga: Green *Sunset:* 6:23PM
Nataraja: Clear
Moon – Clear

Ashvina-Aipasi

Devaloka Day


5	Monday, October 26, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau	Nairobi, Kenya Sun 27 Sutra 197
	Meena Rasi: 18.51 Tithi 14 Family Home Evening 619799364	Gulika 1:49PM – 3:20PM Yama 10:47AM – 12:18PM Rahu 7:45AM – 9:16AM	Revati Until 11:34PM Harshana Until 8:10PM Gara Until 8:29AM Chaturdashi* Until 6:40PM

Creative Work Siddha Yoga

Ganesha: Yellow *Sunrise:* 6:14AM
Muruga: Green *Sunset:* 6:22PM
Nataraja: Clear
Moon – Clear

Ashvina-Aipasi

Devaloka Day


	Tuesday, October 27, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Nairobi, Kenya Sutra 198
	Copper Retreat Star Mesha Rasi: 3.57 Tithi 15 – 16 629799364	Gulika 12:18PM – 1:49PM Yama 9:16AM – 10:47AM Rahu 3:20PM – 4:51PM	Ashvini Until 8:55PM Vajra* Until 4:03PM Balava Until 1:23AM Wed Purnima* Until 3:06PM

Creative Work Siddha Yoga

Ganesha: White *Sunrise:* 6:14AM
Muruga: Green *Sunset:* 6:22PM
Nataraja: Clear
Moon – White

Ashvina-Aipasi

Sivaloka Day

	Wednesday, October 28, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Bharani Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Nairobi, Kenya Sutra 199
	Silver Retreat Star Mesha Rasi: 18.59 Tithi 16 – 17 629799364	Gulika 10:47AM – 12:18PM Yama 7:45AM – 9:16AM Rahu 12:18PM – 1:49PM	Bharani Until 6:20PM Siddhi Until 12:04PM Taitila Until 10:06PM Prathama* Until 11:41AM

Creative Work Siddha Yoga
Until 6:20PM
Then Creative Work - Amrita Yoga

Ganesha: White *Sunrise:* 6:13AM
Muruga: Green *Sunset:* 6:22PM
Nataraja: Clear
Moon – White

Ashvina-Aipasi

Sivaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Thursday, October 29, 2015
Gold Retreat Star

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyalipata/Variyan Yoga Gara/Vanija Karana Dvitiya/Triliyayam Titau

Nairobi, Kenya
Sun 1 Sutra 200

Virshabha Rasi: 3.49 Tilthi 17 - 18
621799364
Routine Work Marana Yoga

Gulika 9:16AM - 10:47AM
Yama 6:13AM - 7:44AM
Rahu 1:49PM - 3:20PM

Krittika Until 3:59PM
Vyatipata* Until 8:21AM
Vanija Until 7:12PM
Dvitiya Until 8:34AM

Ganesha: White *Sunrise: 6:13AM*
Muruga: Green *Sunset: 6:22PM*
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Sivaloka Day

Friday, October 30, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha* Yoga Bava/Balava Karana Chaturthyam Titau

Nairobi, Kenya
Sun 2 Sutra 211

1
Virshabha Rasi: 18.19 Tilthi 19
631799364
Routine Work Marana Yoga
Until 2:27PM
Then Creative Work - Siddha Yoga

Gulika 7:44AM - 9:15AM
Yama 3:20PM - 4:51PM
Rahu 10:47AM - 12:18PM

Rohini Until 2:27PM
Parigha* Until 2:11AM Sat
Bava Until 4:53PM
Chaturthi* Until 3:57AM Sat

Ganesha: Yellow *Sunrise: 6:13AM*
Muruga: Green *Sunset: 6:22PM*
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Saturday, October 31, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Nairobi, Kenya
Sun 3 Sutra 202

2
Mithuna Rasi: 2.23 Tilthi 20
631899364
Creative Work Siddha Yoga

Gulika 6:13AM - 7:44AM
Yama 1:49PM - 3:20PM
Rahu 9:15AM - 10:47AM

Mrigashira Until 1:27PM
Shiva Until 11:59PM
Kaulava Until 3:15PM
Panchami Until 2:43AM Sun

Ganesha: Blue *Sunrise: 6:13AM*
Muruga: Green *Sunset: 6:22PM*
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Sunday, November 1, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya
Sun 4 Sutra 203

3
Mithuna Rasi: 15.59 Tilthi 21
631899364
Creative Work Siddha Yoga

Gulika 3:20PM - 4:51PM
Yama 12:18PM - 1:49PM
Rahu 4:51PM - 6:22PM

Ardra Until 1:05PM
Siddha Until 10:24PM
Gara Until 2:26PM
Shashthi* Until 2:19AM Mon

Ganesha: Blue *Sunrise: 6:13AM*
Muruga: Green *Sunset: 6:22PM*
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Monday, November 2, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Nairobi, Kenya
Sun 5 Sutra 204

4
Mithuna Rasi: 29.07 Tilthi 22
641899364
Family Home Evening
Creative Work Amrita Yoga
Until 1:51PM
Then Creative Work - Siddha Yoga

Gulika 1:49PM - 3:20PM
Yama 10:46AM - 12:18PM
Rahu 7:44AM - 9:15AM

Punarvasu Until 1:51PM
Sadhya Until 9:31PM
Visti Until 2:29PM
Saptami Until 2:48AM Tue

Ganesha: Red *Sunrise: 6:13AM*
Muruga: Green *Sunset: 6:22PM*
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Devaloka Day

Tuesday, November 3, 2015

Retreat Star

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya
Sun 6 Sutra 205

Kataka Rasi: 11.49 Tilthi 23
641899364
Creative Work Siddha Yoga

Gulika 12:18PM - 1:49PM
Yama 9:15AM - 10:46AM
Rahu 3:20PM - 4:51PM

Pushya Until 3:19PM
Subha Until 9:17PM
Balava Until 3:23PM
Ashtami* Until 4:07AM Wed

Ganesha: Red *Sunrise: 6:13AM*
Muruga: Green *Sunset: 6:22PM*
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Devaloka Day

Wednesday, November 4, 2015

Retreat Star

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau

Nairobi, Kenya
Sun 7 Sutra 206

Kataka Rasi: 24.1 Tilthi 24
641899364
Creative Work Siddha Yoga

Gulika 10:46AM - 12:18PM
Yama 7:44AM - 9:15AM
Rahu 12:18PM - 1:49PM

Ashlesha* Until 5:20PM
Sukla Until 9:35PM
Taitila Until 5:03PM
Navami* Until 6:06AM Thu

Ganesha: Red *Sunrise: 6:13AM*
Muruga: Green *Sunset: 6:22PM*
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Devaloka Day

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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1	Thursday, November 5, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Nairobi, Kenya Sun 8 Sutra 207
	Simha Rasi: 6.15 Tithi 24 – 25 651899364	Gulika 9:15AM – 10:46AM Yama 6:13AM – 7:44AM Rahu 1:49PM – 3:20PM	Magha* Until 8:14PM Brahma Until 10:18PM Vanija Until 7:18PM Navami* Until 6:06AM

Ganesha: Green <i>Sunrise:</i> 6:13AM	Muruga: Green <i>Sunset:</i> 6:22PM	Nataraja: Clear	Bhuloka Day Devaloka Time: 6:PM to 9:PM
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Creative Work Amrita Yoga
Until 8:14PM
Then Creative Work - Siddha Yoga

2	Friday, November 6, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Vistit/Bava Karana Dashami/Ekadashyam Titau	Nairobi, Kenya Sun 9 Sutra 208
	Simha Rasi: 18.08 Tithi 25 – 26 651899364	Gulika 7:44AM – 9:15AM Yama 3:20PM – 4:51PM Rahu 10:46AM – 12:18PM	Purvaphalguni Until 11:19PM Indra Until 11:17PM Bava Until 9:56PM Dashami Until 8:34AM

Ganesha: Green <i>Sunrise:</i> 6:13AM	Muruga: Green <i>Sunset:</i> 6:23PM	Nataraja: Clear	Bhuloka Day Devaloka Time: 6:PM to 9:PM
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Creative Work Siddha Yoga

3	Saturday, November 7, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Nairobi, Kenya Sun 10 Sutra 209
	Simha Rasi: 29.56 Tithi 26 – 27 751899364	Gulika 6:13AM – 7:44AM Yama 1:49PM – 3:20PM Rahu 9:15AM – 10:47AM	Uttaraphalguni Until 2:21AM Sun Vaidhriti* Until 12:20AM Sun Kaulava Until 12:42AM Sun Ekadashi* Until 11:17AM

Ganesha: Red <i>Sunrise:</i> 6:13AM	Muruga: Green <i>Sunset:</i> 6:23PM	Nataraja: Clear	Devaloka Day
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Routine Work Marana Yoga
Until 2:21AM Sun
Then Creative Work - Amrita Yoga

4	Sunday, November 8, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vishkambha* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Nairobi, Kenya Sun 11 Sutra 210
	Kanya Rasi: 11.41 Tithi 27 – 28 762899364	Gulika 3:20PM – 4:51PM Yama 12:18PM – 1:49PM Rahu 4:51PM – 6:23PM	Hasta Until 5:39AM Mon Vishkambha* Until 1:21AM Mon Gara Until 3:23AM Mon Dvadashi* Until 2:02PM <i>Pradosha Vrata (Fasting)</i>

Ganesha: Red <i>Sunrise:</i> 6:13AM	Muruga: Green <i>Sunset:</i> 6:23PM	Nataraja: Clear	Devaloka Day
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Creative Work Amrita Yoga
Until 5:39AM Mon
Then Routine Work - Prabalarishta Yoga

5	Monday, November 9, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Priti Yoga Vanija/Vistit* Karana Trayodashi/Chaturdashyam Titau	Nairobi, Kenya Sun 12 Sutra 211
	Kanya Rasi: 23.3 Tithi 28 – 29 762899364	Gulika 1:49PM – 3:20PM Yama 10:47AM – 12:18PM Rahu 7:44AM – 9:15AM	Chitra Until 8:31AM Tue Priti Until 2:12AM Tue Vistit Until 5:50AM Tue Trayodashi* Until 4:37PM

Ganesha: Red <i>Sunrise:</i> 6:13AM	Muruga: Green <i>Sunset:</i> 6:23PM	Nataraja: Clear	Devaloka Day
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Routine Work Prabalarishta Yoga
Until 8:31AM Tue
Then Creative Work - Siddha Yoga

Subramuniyaswami Mahasamadhi
Deepavali Hindu Solidarity Day

6	Tuesday, November 10, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Ayushman Yoga Sakuni* Karana Chaturdashyam Titau	Nairobi, Kenya Sun 13 Sutra 212
	Tula Rasi: 5.24 Tithi 29 762899364	Gulika 12:18PM – 1:49PM Yama 9:15AM – 10:47AM Rahu 3:20PM – 4:52PM	Chitra Until 8:31AM Ayushman Until 2:46AM Wed Sakuni Until 6:54PM Chaturdashi* Until 6:54PM

Ganesha: Red <i>Sunrise:</i> 6:13AM	Muruga: Green <i>Sunset:</i> 6:23PM	Nataraja: Clear	Devaloka Day
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Creative Work Siddha Yoga

	Wednesday, November 11, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Nairobi, Kenya Sun 14 Sutra 213
	Retreat Star Tula Rasi: 17.26 Tithi 30 762899364	Gulika 10:47AM – 12:18PM Yama 7:44AM – 9:16AM Rahu 12:18PM – 1:49PM	Svati Until 10:53AM Saubhagya Until 3:02AM Thu Catuspada Until 7:55AM Amavasya* Until 8:48PM

Ganesha: Red <i>Sunrise:</i> 6:13AM	Muruga: Green <i>Sunset:</i> 6:23PM	Nataraja: Clear	Devaloka Day
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Creative Work Siddha Yoga

Retreat Star	Thursday, November 12, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau	Nairobi, Kenya Sun 15 Sutra 214
	Tula Rasi: 29.38 Tithi 1 772899364	Gulika 9:16AM – 10:47AM Yama 6:13AM – 7:44AM Rahu 1:49PM – 3:21PM	Vishakha Until 1:11PM Sobhana Until 2:59AM Fri Kintughna Until 9:36AM Prathama* Until 10:15PM

Ganesha: Yellow <i>Sunrise:</i> 6:13AM	Muruga: Green <i>Sunset:</i> 6:23PM	Nataraja: Clear	Devaloka Day
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Creative Work Siddha Yoga

Skanda Shasthi Begins
Karttika/Aipasi

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1	Friday, November 13, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Nairobi, Kenya Sun 16 Sutra 215
Vrischika Rasi: 12.01	Tithi 2	Gulika 7:45AM – 9:16AM Yama 3:21PM – 4:52PM Rahu 10:47AM – 12:18PM	Anuradha Until 2:53PM Athiganda* Until 2:35AM Sat Balava Until 10:50AM Dvitiya Until 11:16PM
772899364		Ganesha: Yellow <i>Sunrise:</i> 6:13AM Muruga: Green <i>Sunset:</i> 6:23PM Nataraja: Clear Moon – Orange	<i>Sunrise:</i> 6:13AM <i>Sunset:</i> 6:23PM Moon 10 - Phase 29 3rd Phase
Creative Work Siddha Yoga			Devaloka Day
Until 2:53PM			
Then Routine Work - Marana Yoga			
2	Saturday, November 14, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manla Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Tailila/Gara Karana Tritiyayam Titau	Nairobi, Kenya Sun 17 Sutra 216
Vrischika Rasi: 24.35	Tithi 3	Gulika 6:13AM – 7:45AM Yama 1:50PM – 3:21PM Rahu 9:16AM – 10:47AM	Jyeshtha* Until 4:02PM Sukarma Until 1:52AM Sun Tailila Until 11:39AM Tritiya Until 11:52PM
772899364		Ganesha: Yellow <i>Sunrise:</i> 6:13AM Muruga: Green <i>Sunset:</i> 6:24PM Nataraja: Clear Moon – Orange	<i>Sunrise:</i> 6:13AM <i>Sunset:</i> 6:24PM Moon 10 - Phase 29 3rd Phase
Creative Work Siddha Yoga			Devaloka Day
3	Sunday, November 15, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Vanija/Visiti* Karana Chaturthyam Titau	Nairobi, Kenya Sun 18 Sutra 217
Dhanus Rasi: 7.22	Tithi 4	Gulika 3:21PM – 4:52PM Yama 12:19PM – 1:50PM Rahu 4:52PM – 6:24PM	Mula* Until 5:05PM Dhriti Until 12:51AM Mon Vanija Until 12:03PM Chaturthi* Until 12:04AM Mon
782899364		Ganesha: Red <i>Sunrise:</i> 6:13AM Muruga: Green <i>Sunset:</i> 6:24PM Nataraja: Clear Moon – Light Blue	<i>Sunrise:</i> 6:13AM <i>Sunset:</i> 6:24PM Moon 10 - Phase 29 3rd Phase
Creative Work Amrita Yoga			Devaloka Day
Until 5:05PM			
Then Creative Work - Siddha Yoga			
4	Monday, November 16, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Bava/Balava Karana Panchamyam Titau	Nairobi, Kenya Sun 19 Sutra 218
Dhanus Rasi: 20.19	Tithi 5	Gulika 1:50PM – 3:21PM Yama 10:47AM – 12:19PM Rahu 7:45AM – 9:16AM	Purvashadha* Until 5:36PM Shula* Until 11:30PM Bava Until 12:02PM Panchami Until 11:51PM
782899364		Ganesha: Red <i>Sunrise:</i> 6:14AM Muruga: Green <i>Sunset:</i> 6:24PM Nataraja: Clear Moon – Light Blue	<i>Sunrise:</i> 6:14AM <i>Sunset:</i> 6:24PM Moon 10 - Phase 29 3rd Phase
Family Home Evening			Devaloka Day
Routine Work Marana Yoga			
5	Tuesday, November 17, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda* Yoga Kaulava/Tailila Karana Shashthyam Titau	Nairobi, Kenya Sun 20 Sutra 219
Makara Rasi: 3.29	Tithi 6	Gulika 12:19PM – 1:50PM Yama 9:16AM – 10:48AM Rahu 3:22PM – 4:53PM	Uttarashadha Until 5:33PM Ganda* Until 9:50PM Kaulava Until 11:37AM Shashthi* Until 11:14PM
782899365		Ganesha: Red <i>Sunrise:</i> 6:14AM Muruga: Green <i>Sunset:</i> 6:24PM Nataraja: White Moon – Light Blue	<i>Sunrise:</i> 6:14AM <i>Sunset:</i> 6:24PM Moon 10 - Phase 29 3rd Phase
Routine Work Prabalarishta Yoga			Devaloka Day
Until 5:33PM			
Then Creative Work - Siddha Yoga			
6	Wednesday, November 18, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vriddhi Yoga Gara/Vanija Karana Saptamyam Titau	Nairobi, Kenya Sun 21 Sutra 220
Makara Rasi: 16.52	Tithi 7	Gulika 10:48AM – 12:19PM Yama 7:45AM – 9:17AM Rahu 12:19PM – 1:50PM	Shravana Until 5:24PM Vriddhi Until 7:51PM Gara Until 10:47AM Saptami Until 10:11PM
792899365		Ganesha: Blue <i>Sunrise:</i> 6:14AM Muruga: Green <i>Sunset:</i> 6:24PM Nataraja: White Moon – Purple	<i>Sunrise:</i> 6:14AM <i>Sunset:</i> 6:24PM Moon 10 - Phase 29 3rd Phase
Creative Work Siddha Yoga			Devaloka Day
Until 5:24PM			
Then Routine Work - Prabalarishta Yoga			
Retreat Star	Thursday, November 19, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Visiti*/Bava Karana Ashtamyam Titau	Nairobi, Kenya Sun 22 Sutra 221
Kumbha Rasi: 0.31	Tithi 8	Gulika 9:17AM – 10:48AM Yama 6:14AM – 7:45AM Rahu 1:51PM – 3:22PM	Dhanishtha Until 4:40PM Dhruva Until 5:29PM Visiti Until 9:30AM Ashtami* Until 8:41PM
792899365		Ganesha: Blue <i>Sunrise:</i> 6:14AM Muruga: Green <i>Sunset:</i> 6:25PM Nataraja: White Moon – Purple	<i>Sunrise:</i> 6:14AM <i>Sunset:</i> 6:25PM Moon 10 - Phase 29 Ashtami
Creative Work Siddha Yoga			Devaloka Day
Retreat Star	Friday, November 20, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Navamyam Titau	Nairobi, Kenya Sun 23 Sutra 222
Kumbha Rasi: 14.25	Tithi 9	Gulika 7:46AM – 9:17AM Yama 3:22PM – 4:54PM Rahu 10:48AM – 12:20PM	Shatabhishak Until 3:21PM Vyaghata* Until 2:46PM Balava Until 7:47AM Navami* Until 6:45PM
792899365		Ganesha: Blue <i>Sunrise:</i> 6:14AM Muruga: Green <i>Sunset:</i> 6:25PM Nataraja: White Moon – Purple	<i>Sunrise:</i> 6:14AM <i>Sunset:</i> 6:25PM Moon 10 - Phase 29 Navami
Creative Work Siddha Yoga			Devaloka Day


Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Saturday, November 21, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Nairobi, Kenya Sun 24 Sutra 223
	Kumbha Rasi: 28.36	Tithi 10 - 11	Gulika 6:15AM - 7:46AM	Purvaprosarthapada* Until 1:54PM	Ganesha: Clear	<i>Sunrise:</i> 6:15AM	Manmatha 5117
		713899365	Yama 1:51PM - 3:23PM	Harshana Until 11:44AM	Muruga: Green	<i>Sunset:</i> 6:25PM	Moon 10 - Phase 30
Routine Work	Marana Yoga		Rahu 9:17AM - 10:49AM	Vanija Until 3:07AM Sun	Nataraja: White		4th Phase
Until 1:54PM				Dashami Until 4:24PM	Moon - Clear		
Then Creative Work - Siddha Yoga					Karttika-Karttikai	Bhuloka Day	Devaloka Time: 6:AM to 9:AM

2	Sunday, November 22, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Nairobi, Kenya Sun 25 Sutra 224
	Meena Rasi: 13.02	Tithi 11 - 12	Gulika 3:23PM - 4:54PM	Uttaraprosarthapada Until 11:58AM	Ganesha: Clear	<i>Sunrise:</i> 6:15AM	Manmatha 5117
		713899365	Yama 12:20PM - 1:51PM	Vajra* Until 8:23AM	Muruga: Green	<i>Sunset:</i> 6:25PM	Moon 10 - Phase 30
Creative Work	Amrita Yoga		Rahu 4:54PM - 6:25PM	Bava Until 12:18AM Mon	Nataraja: White		4th Phase
				Ekadashi Until 1:43PM	Moon - Clear		
					Karttika-Karttikai	Bhuloka Day	Devaloka Time: 6:AM to 9:AM

3	Monday, November 23, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Nairobi, Kenya Sun 26 Sutra 225
	Meena Rasi: 27.4	Tithi 12 - 13	Gulika 1:52PM - 3:23PM	Revati Until 9:38AM	Ganesha: Clear	<i>Sunrise:</i> 6:15AM	Manmatha 5117
Family Home Evening		713899365	Yama 10:49AM - 12:20PM	Vyatipata* Until 1:08AM Tue	Muruga: Green	<i>Sunset:</i> 6:26PM	Moon 10 - Phase 30
Creative Work	Siddha Yoga		Rahu 7:46AM - 9:18AM	Kaulava Until 9:16PM	Nataraja: White		4th Phase
				Dvadashi Until 10:47AM	Moon - Clear		
				<i>Pradosha Vrata</i>	Karttika-Karttikai	Bhuloka Day	Devaloka Time: 6:AM to 9:AM

4	Tuesday, November 24, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Varyan Yoga Taila/Gara Karana Trayodashi/Chaturdashyam Titau				Nairobi, Kenya Sun 27 Sutra 226
	Mesha Rasi: 12.26	Tithi 13 - 14	Gulika 12:21PM - 1:52PM	Ashvini Until 7:26AM	Ganesha: Purple	<i>Sunrise:</i> 6:15AM	Manmatha 5117
		723899365	Yama 9:18AM - 10:49AM	Varyan Until 9:23PM	Muruga: Green	<i>Sunset:</i> 6:26PM	Moon 10 - Phase 30
Creative Work	Siddha Yoga		Rahu 3:23PM - 4:55PM	Gara Until 6:11PM	Nataraja: White		4th Phase
				Trayodashi Until 7:43AM	Moon - White		
					Karttika-Karttikai	Bhuloka Day	

	Wednesday, November 25, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Purnimayam Titau				Nairobi, Kenya Sutra 227
	Mesha Rasi: 27.12	Tithi 15	Gulika 10:50AM - 12:21PM	Krittika Until 2:48AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:16AM	Manmatha 5117
		723999365	Yama 7:47AM - 9:18AM	Parigha* Until 5:44PM	Muruga: Green	<i>Sunset:</i> 6:26PM	Moon 10 - Phase 30
Creative Work	Amrita Yoga		Rahu 12:21PM - 1:52PM	Visti Until 3:11PM	Nataraja: White		Purnima
Until 2:48AM Thu				Purnima* Until 1:44AM Thu	Moon - White		
Then Routine Work - Marana Yoga			Krittika Deepam		Karttika-Karttikai	Bhuloka Day	Devaloka Time: 9:AM to 12:PM

5	Thursday, November 26, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Prathamayam Titau				Nairobi, Kenya Sutra 228
	Virshabha Rasi: 11.51	Tithi 16	Gulika 9:19AM - 10:50AM	Rohini Until 1:05AM Fri	Ganesha: White	<i>Sunrise:</i> 6:16AM	Manmatha 5117
		733999365	Yama 6:16AM - 7:47AM	Shiva Until 2:18PM	Muruga: Green	<i>Sunset:</i> 6:27PM	Moon 10 - Phase 30
Routine Work	Marana Yoga		Rahu 1:53PM - 3:24PM	Balava Until 12:24PM	Nataraja: White		Prathama
Until 1:05AM Fri				Prathama* Until 11:08PM	Moon - Yellow		
Then Creative Work - Siddha Yoga			Vinayaga Viratam Begins		Karttika-Karttikai	Devaloka Day	

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Friday, November 27, 2015
Gold Retreat Star

Virshabha Rasi: 26.15 Tilthi 17
733999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Nairobi, Kenya
Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau Sutra 229

Gulika 7:47AM – 9:19AM	Mrigashira Until 11:42PM	Ganesha: White <i>Sunrise:</i> 6:16AM	Manmatha 5117
Yama 3:24PM – 4:56PM	Siddha Until 11:10AM	Muruga: Green <i>Sunset:</i> 6:27PM	Moon 11 - Phase 31
Rahu 10:50AM – 12:22PM	Taitila Until 10:01AM	Nataraja: White	1st Phase
	Dvitiya Until 9:01PM	Moon – Yellow	Devaloka Day
		Karttika-Karttikai	

1

Saturday, November 28, 2015

Mithuna Rasi: 10.18 Tilthi 18
733999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Nairobi, Kenya
Ardra Nakshatra Sadhya/Subha Yoga Vanija/Visiti* Karana Tritiyayam Titau Sun 1 Sutra 230

Gulika 6:16AM – 7:48AM	Ardra Until 10:49PM	Ganesha: White <i>Sunrise:</i> 6:16AM	Manmatha 5117
Yama 1:53PM – 3:25PM	Sadhya Until 8:30AM	Muruga: Green <i>Sunset:</i> 6:27PM	Moon 11 - Phase 31
Rahu 9:19AM – 10:51AM	Vanija Until 8:12AM	Nataraja: White	1st Phase
	Tritiya Until 7:31PM	Moon – Yellow	Devaloka Day
		Karttika-Karttikai	

2

Sunday, November 29, 2015

Mithuna Rasi: 23.56 Tilthi 19
733999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Nairobi, Kenya
Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau Sun 2 Sutra 231

Gulika 3:25PM – 4:56PM	Punarvasu Until 11:00PM	Ganesha: Yellow <i>Sunrise:</i> 6:17AM	Manmatha 5117
Yama 12:22PM – 1:54PM	Subha Until 6:24AM	Muruga: Green <i>Sunset:</i> 6:28PM	Moon 11 - Phase 31
Rahu 4:56PM – 6:28PM	Bava Until 7:04AM	Nataraja: White	1st Phase
	Chaturthi* Until 6:47PM	Moon – Blue	Bhuloka Day
		Karttika-Karttikai	Devaloka Time: 9:AM to12:PM

3

Monday, November 30, 2015

Kataka Rasi: 7.08 Tilthi 20
733999365
Family Home Evening
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Nairobi, Kenya
Pushya Nakshatra Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau Sun 3 Sutra 232

Gulika 1:54PM – 3:25PM	Pushya Until 11:50PM	Ganesha: Yellow <i>Sunrise:</i> 6:17AM	Manmatha 5117
Yama 10:51AM – 12:23PM	Brahma Until 4:05AM Tue	Muruga: Green <i>Sunset:</i> 6:28PM	Moon 11 - Phase 31
Rahu 7:48AM – 9:20AM	Kaulava Until 6:45AM	Nataraja: White	1st Phase
	Panchami Until 6:53PM	Moon – Blue	Bhuloka Day
		Karttika-Karttikai	Devaloka Time: 9:AM to12:PM

4

Tuesday, December 1, 2015

Kataka Rasi: 19.54 Tilthi 21
733999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Nairobi, Kenya
Ashlesha* Nakshatra Indra Yoga Gara/Vanija Karana Shashthyam Titau Sun 4 Sutra 233

Gulika 12:23PM – 1:54PM	Ashlesha* Until 1:19AM Wed	Ganesha: Yellow <i>Sunrise:</i> 6:17AM	Manmatha 5117
Yama 9:20AM – 10:52AM	Indra Until 3:54AM Wed	Muruga: Green <i>Sunset:</i> 6:29PM	Moon 11 - Phase 31
Rahu 3:26PM – 4:57PM	Gara Until 7:17AM	Nataraja: White	1st Phase
	Shashthi* Until 7:50PM	Moon – Blue	Bhuloka Day
		Karttika-Karttikai	Devaloka Time: 9:AM to12:PM

5

Wednesday, December 2, 2015

Simha Rasi: 2.17 Tilthi 22
733999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Nairobi, Kenya
Magha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Saptamyam Titau Sun 5 Sutra 234

Gulika 10:52AM – 12:23PM	Magha* Until 3:51AM Thu	Ganesha: Blue <i>Sunrise:</i> 6:18AM	Manmatha 5117
Yama 7:49AM – 9:21AM	Vaidhriti* Until 4:15AM Thu	Muruga: Green <i>Sunset:</i> 6:29PM	Moon 11 - Phase 31
Rahu 12:23PM – 1:55PM	Visti Until 8:38AM	Nataraja: White	1st Phase
	Saptami Until 9:34PM	Moon – Red	Devaloka Day
		Karttika-Karttikai	

D

Thursday, December 3, 2015
Retreat Star

Simha Rasi: 14.24 Tilthi 23
733999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Nairobi, Kenya
Purvaphalguni Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau Sun 6 Sutra 235

Gulika 9:21AM – 10:52AM	Purvaphalguni Until 6:43AM Fri	Ganesha: Blue <i>Sunrise:</i> 6:18AM	Manmatha 5117
Yama 6:18AM – 7:50AM	Vishkambha* Until 5:00AM Fri	Muruga: Green <i>Sunset:</i> 6:29PM	Moon 11 - Phase 31
Rahu 1:55PM – 3:27PM	Balava Until 10:41AM	Nataraja: White	Ashtami
	Ashtami* Until 11:53PM	Moon – Red	Devaloka Day
		Karttika-Karttikai	

Friday, December 4, 2015
Retreat Star

Simha Rasi: 26.18 Tilthi 24
733999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Nairobi, Kenya
Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Taitila/Gara Karana Navamyam Titau Sun 7 Sutra 236

Gulika 7:50AM – 9:21AM	Purvaphalguni Until 6:43AM	Ganesha: Blue <i>Sunrise:</i> 6:19AM	Manmatha 5117
Yama 3:27PM – 4:58PM	Priti Until 6:00AM Sat	Muruga: Green <i>Sunset:</i> 6:30PM	Moon 11 - Phase 31
Rahu 10:53AM – 12:24PM	Taitila Until 1:14PM	Nataraja: White	Navami
	Navami* Until 2:34AM Sat	Moon – Red	Devaloka Day
		Karttika-Karttikai	

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1	Saturday, December 5, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sobhana/Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau				Nairobi, Kenya Sun 8 Sutra 237 Manmatha 5117
	Kanya Rasi: 8.06	Tithi 25 753999365	Gulika 6:19AM – 7:50AM Yama 1:56PM – 3:27PM Rahu 9:22AM – 10:53AM	Uttaraphalguni Until 9:41AM Sobhana Until 6:00AM Vanija Until 3:59PM Dashami Until 5:19AM Sun	Ganesha: Blue Muruga: Green Nataraja: White Moon – Red	<i>Sunrise:</i> 6:19AM <i>Sunset:</i> 6:30PM	Devaloka Day
Routine Work Marana Yoga							
2	Sunday, December 6, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava Karana Ekadashyam Titau				Nairobi, Kenya Sun 9 Sutra 238 Manmatha 5117
	Kanya Rasi: 19.53	Tithi 26 764999365	Gulika 3:28PM – 4:59PM Yama 12:25PM – 1:56PM Rahu 4:59PM – 6:31PM	Hasta Until 1:00PM Ayushman Until 6:59AM Bava Until 6:40PM Ekadashi* Until 7:54AM Mon	Ganesha: Blue Muruga: Green Nataraja: White Moon – Green	<i>Sunrise:</i> 6:19AM <i>Sunset:</i> 6:31PM	Bhuloka Day
Creative Work Amrita Yoga Until 1:00PM Then Creative Work - Siddha Yoga							
3	Monday, December 7, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Nairobi, Kenya Sun 10 Sutra 239 Manmatha 5117
	Tula Rasi: 1.43	Tithi 26 – 27 764999365	Gulika 1:57PM – 3:28PM Yama 10:54AM – 12:25PM Rahu 7:51AM – 9:23AM	Chitra Until 3:55PM Saubhagya Until 7:51AM Kaulava Until 9:05PM Ekadashi* Until 7:54AM	Ganesha: Blue Muruga: Green Nataraja: White Moon – Green	<i>Sunrise:</i> 6:20AM <i>Sunset:</i> 6:31PM	Bhuloka Day
Family Home Evening Routine Work Prabalarishta Yoga Until 3:55PM Then Creative Work - Amrita Yoga							
4	Tuesday, December 8, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana/Athiganda* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Nairobi, Kenya Sun 11 Sutra 240 Manmatha 5117
	Tula Rasi: 13.43	Tithi 27 – 28 764999365	Gulika 12:26PM – 1:57PM Yama 9:23AM – 10:54AM Rahu 3:29PM – 5:00PM	Svati Until 6:15PM Sobhana Until 8:27AM Gara Until 11:02PM Dvadashi* Until 10:06AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Blue Muruga: Green Nataraja: White Moon – Green	<i>Sunrise:</i> 6:20AM <i>Sunset:</i> 6:31PM	Bhuloka Day
Creative Work Siddha Yoga Until 6:15PM Then Routine Work - Marana Yoga							
5	Wednesday, December 9, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Nairobi, Kenya Sun 12 Sutra 241 Manmatha 5117
	Tula Rasi: 25.53	Tithi 28 – 29 774919365	Gulika 10:55AM – 12:26PM Yama 7:52AM – 9:23AM Rahu 12:26PM – 1:58PM	Vishakha Until 8:25PM Athiganda* Until 8:38AM Visti Until 12:27AM Thu Trayodashi* Until 11:47AM	Ganesha: Blue Muruga: Red Nataraja: White Moon – Orange	<i>Sunrise:</i> 6:21AM <i>Sunset:</i> 6:32PM	Bhuloka Day Devaloka Time: 12:PM to 3:PM
Creative Work Siddha Yoga							
●	Thursday, December 10, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashy/Amavasyayam Titau				Nairobi, Kenya Sun 13 Sutra 242 Manmatha 5117
	Retreat Star		Gulika 9:24AM – 10:55AM Yama 6:21AM – 7:52AM Rahu 1:58PM – 3:30PM	Anuradha Until 9:53PM Sukarma Until 8:25AM Catuspada Until 1:17AM Fri Chaturdashy* Until 12:55PM	Ganesha: Blue Muruga: Red Nataraja: White Moon – Orange	<i>Sunrise:</i> 6:21AM <i>Sunset:</i> 6:32PM	Bhuloka Day Devaloka Time: 12:PM to 3:PM
Vrischika Rasi: 8.19	Tithi 29 – 30 774919365						
Creative Work Siddha Yoga Until 9:53PM Then Routine Work - Prabalarishta Yoga							
●	Friday, December 11, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukra Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Nairobi, Kenya Sun 14 Sutra 243 Manmatha 5117
	Retreat Star		Gulika 7:53AM – 9:24AM Yama 3:30PM – 5:01PM Rahu 10:56AM – 12:27PM	Jyeshtha* Until 10:40PM Dhriti Until 7:48AM Kintughna Until 1:36AM Sat Amavasya* Until 1:29PM	Ganesha: Blue Muruga: Red Nataraja: White Moon – Orange	<i>Sunrise:</i> 6:21AM <i>Sunset:</i> 6:33PM	Bhuloka Day Devaloka Time: 12:PM to 3:PM
Vrischika Rasi: 20.58	Tithi 30 – 1 774919365						
Routine Work Marana Yoga Until 10:40PM Then Creative Work - Amrita Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time

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1	Saturday, December 12, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Nairobi, Kenya Sun 15 Sutra 244
	Dhanus Rasi: 3.53 Tithi 1 – 2 784919365	Gulika 6:22AM – 7:53AM Yama 1:59PM – 3:30PM Rahu 9:25AM – 10:56AM	Mula* Until 11:18PM Shula* Until 6:44AM Balava Until 1:26AM Sun Prathama* Until 1:33PM

Ganesha: Blue <i>Sunrise: 6:22AM</i>	Muruga: Red <i>Sunset: 6:33PM</i>	Nataraja: White Moon – Light Blue	Bhuloka Day Devaloka Time: 12:PM to 3:PM
Margasira-Karttikai			

2	Sunday, December 13, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Nairobi, Kenya Sun 16 Sutra 245
	Dhanus Rasi: 17.01 Tithi 2 – 3 784919365	Gulika 3:31PM – 5:02PM Yama 12:28PM – 2:00PM Rahu 5:02PM – 6:34PM	Purvashadha* Until 11:23PM Vriddhi Until 3:41AM Mon Taitila Until 12:53AM Mon Dvitiya Until 1:11PM

Ganesha: Blue <i>Sunrise: 6:22AM</i>	Muruga: Red <i>Sunset: 6:34PM</i>	Nataraja: White Moon – Light Blue	Bhuloka Day Devaloka Time: 12:PM to 3:PM
Margasira-Karttikai			

Creative Work Siddha Yoga
Until 11:23PM
Then Creative Work - Amrita Yoga

3	Monday, December 14, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau	Nairobi, Kenya Sun 17 Sutra 246
	Makara Rasi: 0.21 Tithi 3 – 4 Family Home Evening 784919365	Gulika 2:00PM – 3:31PM Yama 10:57AM – 12:29PM Rahu 7:54AM – 9:26AM	Uttarashadha Until 11:01PM Dhruva Until 1:44AM Tue Vanija Until 12:01AM Tue Tritiya Until 12:28PM

Ganesha: Blue <i>Sunrise: 6:23AM</i>	Muruga: Red <i>Sunset: 6:34PM</i>	Nataraja: White Moon – Light Blue	Bhuloka Day Devaloka Time: 12:PM to 3:PM
Margasira-Karttikai			

Creative Work Siddha Yoga
Until 11:01PM
Then Creative Work - Amrita Yoga

4	Tuesday, December 15, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Nairobi, Kenya Sun 18 Sutra 247
	Makara Rasi: 13.51 Tithi 4 – 5 794919365	Gulika 12:29PM – 2:00PM Yama 9:26AM – 10:58AM Rahu 3:32PM – 5:03PM	Shravana Until 10:41PM Vyaghata* Until 11:36PM Bava Until 10:54PM Chaturthi* Until 11:28AM

Ganesha: Yellow <i>Sunrise: 6:23AM</i>	Muruga: Red <i>Sunset: 6:35PM</i>	Nataraja: White Moon – Purple	Devaloka Day
Margasira-Karttikai			

Creative Work Siddha Yoga

5	Wednesday, December 16, 2015	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Nairobi, Kenya Sun 19 Sutra 248
	Makara Rasi: 27.29 Tithi 5 – 6 794919365	Gulika 10:58AM – 12:30PM Yama 7:55AM – 9:27AM Rahu 12:30PM – 2:01PM	Dhanishtha Until 9:59PM Harshana Until 9:19PM Kaulava Until 9:33PM Panchami Until 10:14AM


Ganesha: Yellow <i>Sunrise: 6:24AM</i>	Muruga: Red <i>Sunset: 6:35PM</i>	Nataraja: White Moon – Purple	Devaloka Day
Margasira-Markali			

Routine Work Prabalarishta Yoga
Until 9:59PM
Then Creative Work - Siddha Yoga

6	Thursday, December 17, 2015	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Nairobi, Kenya Sun 20 Sutra 249
	Kumbha Rasi: 11.16 Tithi 6 – 7 894919365	Gulika 9:27AM – 10:59AM Yama 6:24AM – 7:56AM Rahu 2:01PM – 3:33PM	Shatabhishak Until 8:57PM Vajra* Until 6:50PM Gara Until 8:00PM Shashthi* Until 8:47AM

Ganesha: Blue <i>Sunrise: 6:24AM</i>	Muruga: Red <i>Sunset: 6:36PM</i>	Nataraja: White Moon – Purple	Bhuloka Day Devaloka Time: 12:PM to 3:PM
Margasira-Markali			

Creative Work Siddha Yoga

	Friday, December 18, 2015	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Nairobi, Kenya Sun 21 Sutra 250
	Retreat Star Kumbha Rasi: 25.1 Tithi 7 – 8 815919365	Gulika 7:56AM – 9:28AM Yama 3:33PM – 5:05PM Rahu 10:59AM – 12:30PM	Purvaproshtapada* Until 8:00PM Siddhi Until 4:13PM Visti Until 6:15PM Saptami Until 7:08AM

Ganesha: Yellow <i>Sunrise: 6:25AM</i>	Muruga: Red <i>Sunset: 6:36PM</i>	Nataraja: White Moon – Clear	Devaloka Day
Margasira-Markali			

Creative Work Siddha Yoga

Saturday, December 19, 2015	Retreat Star	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Navamyam Titau	Nairobi, Kenya Sun 22 Sutra 251
	Meena Rasi: 9.11 Tithi 9 815919365	Gulika 6:25AM – 7:57AM Yama 2:02PM – 3:34PM Rahu 9:28AM – 11:00AM	Uttaraproshtapada Until 6:43PM Vyatipata* Until 1:27PM Balava Until 4:18PM Navami* Until 3:15AM Sun

Ganesha: Yellow <i>Sunrise: 6:25AM</i>	Muruga: Red <i>Sunset: 6:37PM</i>	Nataraja: White Moon – Clear	Devaloka Day
Margasira-Markali			

Creative Work Siddha Yoga
Until 6:43PM
Then Routine Work - Prabalarishta Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda


1	Sunday, December 20, 2015		Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam		Nairobi, Kenya	
	Revati/Ashvini Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 252	
Meena Rasi: 23.19	Tithi 10		Gulika 3:34PM – 5:06PM	Revati Until 5:07PM	Ganesha: Yellow <i>Sunrise:</i> 6:26AM	Manmatha 5117
		815119365	Yama 12:31PM – 2:03PM	Variyan Until 10:30AM	Muruqa: Red <i>Sunset:</i> 6:37PM	Moon 11 - Phase 34
Creative Work Amrita Yoga			Rahu 5:06PM – 6:37PM	Taitila Until 2:11PM	Nataraja: White	4th Phase
Until 5:07PM				Dashami Until 1:02AM Mon	Margasira-Markali	Devaloka Day
Then Creative Work - Siddha Yoga						

2	Monday, December 21, 2015		Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Nairobi, Kenya	
	Ashvini/Bharani Nakshatra Parigha/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 253	
Mesha Rasi: 7.34	Tithi 11		Gulika 2:03PM – 3:35PM	Ashvini Until 3:40PM	Ganesha: White <i>Sunrise:</i> 6:26AM	Manmatha 5117
Family Home Evening		825119365	Yama 11:01AM – 12:32PM	Parigha* Until 7:27AM	Muruqa: Red <i>Sunset:</i> 6:38PM	Moon 11 - Phase 34
Creative Work Siddha Yoga			Rahu 7:58AM – 9:29AM	Vanija Until 11:55AM	Nataraja: White	4th Phase
			Vaikuntha Ekadasi	Ekadashi Until 10:43PM	Moon – White	Sivaloka Day
			Gita Jayanthi		Margasira-Markali	
			Day 1 of Pancha Ganapati			

3	Tuesday, December 22, 2015		Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		Nairobi, Kenya	
	Bharani/Krittika Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 254	
Mesha Rasi: 21.53	Tithi 12		Gulika 12:32PM – 2:04PM	Bharani Until 2:00PM	Ganesha: White <i>Sunrise:</i> 6:27AM	Manmatha 5117
		825119365	Yama 9:30AM – 11:01AM	Siddha Until 1:11AM Wed	Muruqa: Red <i>Sunset:</i> 6:38PM	Moon 11 - Phase 34
Creative Work Siddha Yoga			Rahu 3:35PM – 5:07PM	Bava Until 9:34AM	Nataraja: White	4th Phase
				Dvadashi Until 8:22PM	Moon – White	Sivaloka Day
			Day 2 of Pancha Ganapati		Margasira-Markali	

4	Wednesday, December 23, 2015		Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam		Nairobi, Kenya	
	Krittika/Rohini Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 255	
Vrishabha Rasi: 6.12	Tithi 13		Gulika 11:02AM – 12:33PM	Krittika Until 12:14PM	Ganesha: White <i>Sunrise:</i> 6:27AM	Manmatha 5117
		825119365	Yama 7:59AM – 9:30AM	Sadhya Until 10:06PM	Muruqa: Red <i>Sunset:</i> 6:39PM	Moon 11 - Phase 34
Creative Work Amrita Yoga			Rahu 12:33PM – 2:04PM	Kaulava Until 7:13AM	Nataraja: White	4th Phase
Until 12:14PM				Trayodashi Until 6:04PM	Moon – White	Sivaloka Day
Then Creative Work - Siddha Yoga			Day 3 of Pancha Ganapati	<i>Pradosha Vrata</i>	Margasira-Markali	

5	Thursday, December 24, 2015		Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam		Nairobi, Kenya	
	Rohini/Mrigashira Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sun 27 Sutra 256	
Vrishabha Rasi: 20.26	Tithi 14 – 15		Gulika 9:31AM – 11:02AM	Rohini Until 10:54AM	Ganesha: Clear <i>Sunrise:</i> 6:28AM	Manmatha 5117
		835119365	Yama 6:28AM – 7:59AM	Subha Until 7:13PM	Muruqa: Red <i>Sunset:</i> 6:39PM	Moon 11 - Phase 34
Routine Work Marana Yoga			Rahu 2:05PM – 3:36PM	Visti Until 3:03AM Fri	Nataraja: White	4th Phase
				Chaturdashi* Until 3:58PM	Moon – Yellow	Devaloka Day
			Day 4 of Pancha Ganapati		Margasira-Markali	

	Friday, December 25, 2015		Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam		Nairobi, Kenya	
	Copper Retreat Star		Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sutra 257	
Mithuna Rasi: 4.3	Tithi 15 – 16		Gulika 8:00AM – 9:31AM	Mrigashira Until 9:43AM	Ganesha: Clear <i>Sunrise:</i> 6:28AM	Manmatha 5117
		835119365	Yama 3:37PM – 5:08PM	Sukla Until 4:36PM	Muruqa: Red <i>Sunset:</i> 6:40PM	Moon 11 - Phase 34
Creative Work Siddha Yoga			Rahu 11:03AM – 12:34PM	Balava Until 1:29AM Sat	Nataraja: White	Purnima
				Purnima* Until 2:11PM	Moon – Yellow	Devaloka Day
			Day 5 of Pancha Ganapati		Margasira-Markali	

Saturday, December 26, 2015	Silver Retreat Star		Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam		Nairobi, Kenya	
	Silver Retreat Star		Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Sutra 258	
Mithuna Rasi: 18.19	Tithi 16 – 17		Gulika 6:29AM – 8:00AM	Ardra Until 8:49AM	Ganesha: Clear <i>Sunrise:</i> 6:29AM	Manmatha 5117
		835119365	Yama 2:06PM – 3:37PM	Brahma Until 2:21PM	Muruqa: Red <i>Sunset:</i> 6:40PM	Moon 11 - Phase 34
Creative Work Siddha Yoga			Rahu 9:32AM – 11:03AM	Taitila Until 12:28AM Sun	Nataraja: White	Prathama
				Prathama* Until 12:53PM	Moon – Yellow	Devaloka Day
			Ardra Darshanam		Margasira-Markali	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Sunday, December 27, 2015
Gold Retreat Star

Kataka Rasi: 1.47 Tithi 17 – 18
846119366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya
Sun 1 Sutra 259
Manmatha 5117
Moon 12 - Phase 35
1st Phase

Gulika 3:38PM – 5:09PM
Yama 12:35PM – 2:06PM
Rahu 5:09PM – 6:41PM
Punarvasu Until 8:47AM
Indra Until 12:37PM
Vanija Until 12:07AM Mon
Dvitiya Until 12:11PM

Ganesha: Clear *Sunrise: 6:29AM*
Muruqa: Red *Sunset: 6:41PM*
Nataraja: Green
Moon – Blue
Margasira-Markali

Devaloka Day

1

Monday, December 28, 2015

Kataka Rasi: 14.54 Tithi 18 – 19
Family Home Evening 846119366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturchyam Titau

Nairobi, Kenya
Sun 2 Sutra 260
Manmatha 5117
Moon 12 - Phase 35
1st Phase

Gulika 2:07PM – 3:38PM
Yama 11:04AM – 12:35PM
Rahu 8:01AM – 9:33AM
Pushya Until 9:16AM
Vaidhriti* Until 11:24AM
Bava Until 12:30AM Tue
Tritiya Until 12:11PM

Ganesha: Clear *Sunrise: 6:30AM*
Muruqa: Red *Sunset: 6:41PM*
Nataraja: Green
Moon – Blue
Margasira-Markali

Devaloka Day

2

Tuesday, December 29, 2015

Kataka Rasi: 27.38 Tithi 19 – 20
846119366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya
Sun 3 Sutra 261
Manmatha 5117
Moon 12 - Phase 35
1st Phase

Gulika 12:36PM – 2:07PM
Yama 9:33AM – 11:04AM
Rahu 3:39PM – 5:10PM
Ashlesha* Until 10:20AM
Vishkambha* Until 10:47AM
Kaulava Until 1:39AM Wed
Chaturthi* Until 12:58PM

Ganesha: Clear *Sunrise: 6:30AM*
Muruqa: Red *Sunset: 6:42PM*
Nataraja: Green
Moon – Blue
Margasira-Markali

Devaloka Day

3

Wednesday, December 30, 2015

Simha Rasi: 10.02 Tithi 20 – 21
856119366
Creative Work Siddha Yoga
Until 12:26PM
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Nairobi, Kenya
Sun 4 Sutra 262
Manmatha 5117
Moon 12 - Phase 35
1st Phase

Gulika 11:05AM – 12:36PM
Yama 8:02AM – 9:34AM
Rahu 12:36PM – 2:08PM
Magha* Until 12:26PM
Priti Until 10:44AM
Gara Until 3:30AM Thu
Panchami Until 2:28PM

Ganesha: White *Sunrise: 6:31AM*
Muruqa: Red *Sunset: 6:42PM*
Nataraja: Green
Moon – Red
Margasira-Markali

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

4

Thursday, December 31, 2015

Simha Rasi: 22.1 Tithi 21 – 22
856119366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Nairobi, Kenya
Sun 5 Sutra 263
Manmatha 5117
Moon 12 - Phase 35
1st Phase

Gulika 9:34AM – 11:05AM
Yama 6:31AM – 8:03AM
Rahu 2:08PM – 3:40PM
Purvaphalguni Until 2:59PM
Ayushman Until 11:09AM
Visti Until 5:52AM Fri
Shashthi* Until 4:36PM

Ganesha: White *Sunrise: 6:31AM*
Muruqa: Red *Sunset: 6:43PM*
Nataraja: Green
Moon – Red
Margasira-Markali

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

5

Friday, January 1, 2016

Kanya Rasi: 4.06 Tithi 22
856119366
Creative Work Siddha Yoga
Until 5:47PM
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya/Sobhana Yoga Bava Karana Saptamyam Titau

Nairobi, Kenya
Sun 6 Sutra 264
Manmatha 5117
Moon 12 - Phase 35
1st Phase

Gulika 8:04AM – 9:35AM
Yama 3:41PM – 5:12PM
Rahu 11:06AM – 12:38PM
Uttaraphalguni Until 5:47PM
Saubhagya Until 11:56AM
Bava Until 7:10PM
Saptami Until 7:10PM

Ganesha: White *Sunrise: 6:32AM*
Muruqa: Red *Sunset: 6:44PM*
Nataraja: Green
Moon – Red
Margasira-Markali

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

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Saturday, January 2, 2016
Retreat Star

Kanya Rasi: 15.55 Tithi 23
866119366
Routine Work Marana Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya
Sun 7 Sutra 265
Manmatha 5117
Moon 12 - Phase 35
Ashtami

Gulika 6:33AM – 8:04AM
Yama 2:10PM – 3:41PM
Rahu 9:35AM – 11:07AM
Hasta Until 9:04PM
Sobhana Until 12:55PM
Balava Until 8:33AM
Ashtami* Until 9:53PM

Ganesha: Yellow *Sunrise: 6:33AM*
Muruqa: Red *Sunset: 6:44PM*
Nataraja: Green
Moon – Green
Margasira-Markali

Devaloka Day

Sunday, January 3, 2016
Retreat Star

Kanya Rasi: 27.43 Tithi 24
866119366
Creative Work Siddha Yoga
Until 12:05AM Mon
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Navamyam Titau

Nairobi, Kenya
Sun 8 Sutra 266
Manmatha 5117
Moon 12 - Phase 35
Navami

Gulika 3:42PM – 5:13PM
Yama 12:39PM – 2:10PM
Rahu 5:13PM – 6:44PM
Chitra Until 12:05AM Mon
Athiganda* Until 1:50PM
Taitila Until 11:15AM
Navami* Until 12:30AM Mon

Ganesha: Yellow *Sunrise: 6:33AM*
Muruqa: Red *Sunset: 6:44PM*
Nataraja: Green
Moon – Green
Margasira-Markali

Devaloka Day

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

1		Monday, January 4, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau		Nairobi, Kenya Sun 9 Sutra 267	
Tula Rasi: 9.35	Tilthi 25	Gulika	2:11PM – 3:42PM	Svati Until 2:36AM Tue	Ganesha: Blue	<i>Sunrise:</i> 6:34AM	Manmatha 5117
Family Home Evening	867119366	Yama	11:08AM – 12:39PM	Sukarma Until 2:34PM	Muruga: Red	<i>Sunset:</i> 6:45PM	Moon 12 - Phase 36
Creative Work Amrita Yoga		Rahu	8:05AM – 9:36AM	Vanija Until 1:42PM	Nataraja: Green		2nd Phase
Until 2:36AM Tue				Dashami Until 2:44AM Tue	Moon – Green		Sivaloka Day
Then Routine Work - Marana Yoga					Margasira-Markali		
2		Tuesday, January 5, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ekadashyam Titau		Nairobi, Kenya Sun 10 Sutra 268	
Tula Rasi: 21.37	Tilthi 26	Gulika	12:40PM – 2:11PM	Vishakha Until 4:55AM Wed	Ganesha: Red	<i>Sunrise:</i> 6:34AM	Manmatha 5117
Routine Work Marana Yoga	877119366	Yama	9:37AM – 11:08AM	Dhriti Until 2:57PM	Muruga: Red	<i>Sunset:</i> 6:45PM	Moon 12 - Phase 36
Until 4:55AM Wed		Rahu	3:43PM – 5:14PM	Bava Until 3:40PM	Nataraja: Green		2nd Phase
Then Creative Work - Siddha Yoga		Subramuniyaswami Jayanti		Ekadashi* Until 4:24AM Wed	Moon – Orange		Devaloka Day
					Margasira-Markali		
3		Wednesday, January 6, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Nairobi, Kenya Sun 11 Sutra 269	
Vrischika Rasi: 3.53	Tilthi 27	Gulika	11:09AM – 12:40PM	Anuradha Until 6:26AM Thu	Ganesha: Red	<i>Sunrise:</i> 6:34AM	Manmatha 5117
Creative Work Siddha Yoga	877119366	Yama	8:06AM – 9:37AM	Shula* Until 2:51PM	Muruga: Red	<i>Sunset:</i> 6:46PM	Moon 12 - Phase 36
Until 6:26AM Thu		Rahu	12:40PM – 2:12PM	Kaulava Until 5:01PM	Nataraja: Green		2nd Phase
Then Routine Work - Prabalarishta Yoga				Dvadashi* Until 5:25AM Thu	Moon – Orange		Devaloka Day
					Margasira-Markali		
4		Thursday, January 7, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Trayodashyam Titau		Nairobi, Kenya Sun 12 Sutra 270	
Vrischika Rasi: 16.26	Tilthi 28	Gulika	9:38AM – 11:09AM	Anuradha Until 6:26AM	Ganesha: Red	<i>Sunrise:</i> 6:35AM	Manmatha 5117
Creative Work Siddha Yoga	877119366	Yama	6:35AM – 8:06AM	Ganda* Until 2:15PM	Muruga: Red	<i>Sunset:</i> 6:46PM	Moon 12 - Phase 36
Until 6:26AM		Rahu	2:12PM – 3:43PM	Gara Until 5:41PM	Nataraja: Green		2nd Phase
Then Routine Work - Prabalarishta Yoga				Trayodashi* Until 5:45AM Fri	Moon – Orange		Devaloka Day
				<i>Pradosha Vrata (Fasting)</i>	Margasira-Markali		
5		Friday, January 8, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vridhi/Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Nairobi, Kenya Sun 13 Sutra 271	
Vrischika Rasi: 29.17	Tilthi 29	Gulika	8:07AM – 9:38AM	Jyeshtha* Until 7:08AM	Ganesha: Red	<i>Sunrise:</i> 6:35AM	Manmatha 5117
Routine Work Marana Yoga	877119366	Yama	3:44PM – 5:15PM	Vridhi Until 1:09PM	Muruga: Red	<i>Sunset:</i> 6:47PM	Moon 12 - Phase 36
Until 7:08AM		Rahu	11:10AM – 12:41PM	Visti Until 5:41PM	Nataraja: Green		2nd Phase
Then Creative Work - Amrita Yoga				Chaturdashi* Until 5:25AM Sat	Moon – Orange		Devaloka Day
					Margasira-Markali		
Retreat Star		Saturday, January 9, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Nairobi, Kenya Sun 14 Sutra 272	
Dhanus Rasi: 12.29	Tilthi 30	Gulika	6:36AM – 8:07AM	Mula* Until 7:30AM	Ganesha: Yellow	<i>Sunrise:</i> 6:36AM	Manmatha 5117
Creative Work Siddha Yoga	887119366	Yama	2:13PM – 3:44PM	Dhruva Until 11:31AM	Muruga: Red	<i>Sunset:</i> 6:47PM	Moon 12 - Phase 36
		Rahu	9:39AM – 11:10AM	Catuspada Until 5:03PM	Nataraja: Green		Amavasya
		Hanumath Jayanthi (Tamil Nadu)		Amavasya* Until 4:31AM Sun	Moon – Light Blue		Devaloka Day
					Margasira-Markali		
Retreat Star		Sunday, January 10, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau		Nairobi, Kenya Sun 15 Sutra 273	
Dhanus Rasi: 25.59	Tilthi 1	Gulika	3:45PM – 5:16PM	Purvashadha* Until 7:11AM	Ganesha: White	<i>Sunrise:</i> 6:36AM	Manmatha 5117
Creative Work Siddha Yoga	888119366	Yama	12:42PM – 2:13PM	Vyaghata* Until 9:29AM	Muruga: Red	<i>Sunset:</i> 6:47PM	Moon 12 - Phase 36
Until 7:11AM		Rahu	5:16PM – 6:47PM	Kintughna Until 3:55PM	Nataraja: Green		Prathama
Then Creative Work - Amrita Yoga				Prathama* Until 3:10AM Mon	Moon – Light Blue		Bhuloka Day
					Pausha-Markali		Devaloka Time: 12:PM to 3:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	Monday, January 11, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Nairobi, Kenya Sun 16 Sutra 274
	Makara Rasi: 9.44 Tithi 2 Family Home Evening 888119366 Routine Work Marana Yoga Until 6:18AM Then Creative Work - Amrita Yoga	Gulika 2:14PM – 3:45PM Yama 11:11AM – 12:42PM Rahu 8:08AM – 9:39AM	Uttarashadha Until 6:18AM Harshana Until 7:07AM Balava Until 2:23PM Dvitiya Until 1:29AM Tue

2	Tuesday, January 12, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau	Nairobi, Kenya Sun 17 Sutra 275
	Makara Rasi: 23.41 Tithi 3 Creative Work Siddha Yoga	Gulika 12:43PM – 2:14PM Yama 9:40AM – 11:11AM Rahu 3:45PM – 5:17PM	Dhanishtha Until 4:06AM Wed Siddhi Until 1:42AM Wed Taitila Until 12:34PM Tritiya Until 11:34PM

3	Wednesday, January 13, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturthyam Titau	Nairobi, Kenya Sun 18 Sutra 276
	Kumbha Rasi: 7.46 Tithi 4 Creative Work Siddha Yoga	Gulika 11:12AM – 12:43PM Yama 8:09AM – 9:40AM Rahu 12:43PM – 2:14PM	Shatabhishak Until 2:36AM Thu Vyatipata* Until 10:49PM Vanija Until 10:35AM Chaturthi* Until 9:32PM

4	Thursday, January 14, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Bava/Balava Karana Panchamyam Titau	Nairobi, Kenya Sun 19 Sutra 277
	Kumbha Rasi: 21.55 Tithi 5 Creative Work Siddha Yoga	Gulika 9:41AM – 11:12AM Yama 6:38AM – 8:09AM Rahu 2:15PM – 3:46PM	Purvaproshtapada* Until 1:21AM Fri Variyan Until 7:54PM Bava Until 8:31AM Panchami Until 7:27PM

5	Friday, January 15, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau	Nairobi, Kenya Sun 20 Sutra 278
	Meena Rasi: 6.04 Tithi 6 – 7 Creative Work Siddha Yoga	Gulika 8:10AM – 9:41AM Yama 3:46PM – 5:18PM Rahu 11:12AM – 12:44PM	Uttaraproshtapada Until 11:59PM Parigha* Until 5:00PM Kaulava Until 6:26AM Shashthi* Until 5:24PM

6	Saturday, January 16, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Nairobi, Kenya Sun 21 Sutra 279
	Meena Rasi: 20.12 Tithi 7 – 8 Routine Work Prabalarishta Yoga Until 10:32PM Then Creative Work - Siddha Yoga	Gulika 6:39AM – 8:10AM Yama 2:15PM – 3:47PM Rahu 9:41AM – 11:13AM	Revati Until 10:32PM Shiva Until 2:09PM Visti Until 2:26AM Sun Saptami Until 3:23PM

☽	Sunday, January 17, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Nairobi, Kenya Sun 22 Sutra 280
	Mesha Rasi: 4.17 Tithi 8 – 9 Creative Work Siddha Yoga Until 9:26PM Then Routine Work - Prabalarishta Yoga	Gulika 3:47PM – 5:18PM Yama 12:44PM – 2:16PM Rahu 5:18PM – 6:50PM	Ashvini Until 9:26PM Siddha Until 11:21AM Balava Until 12:32AM Mon Ashtami* Until 1:27PM

☽	Monday, January 18, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Nairobi, Kenya Sun 23 Sutra 281
	Mesha Rasi: 18.19 Tithi 9 – 10 Family Home Evening 829211366 Creative Work Siddha Yoga Until 8:18PM Then Routine Work - Marana Yoga	Gulika 2:16PM – 3:47PM Yama 11:13AM – 12:45PM Rahu 8:11AM – 9:42AM	Bharani Until 8:18PM Sadhya Until 8:37AM Taitila Until 10:45PM Navami* Until 11:37AM

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time


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1	Tuesday, January 19, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Nairobi, Kenya Sun 24 Sutra 282
	Vrishabha Rasi: 2.17 Tithi 10 - 11 829211366	Creative Work Siddha Yoga Until 7:09PM Then Creative Work - Amrita Yoga	Gulika 2:45PM - 2:16PM Yama 9:42AM - 11:14AM Rahu 3:48PM - 5:19PM	Krittika Until 7:09PM Subha Until 6:00AM Vanija Until 9:05PM Dashami Until 9:53AM	Ganesha: Clear Muruga: Green Nataraja: Green Moon - White	Sunrise: 6:40AM Sunset: 6:50PM	Manmatha 5117 Moon 12 - Phase 38 4th Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM

2	Wednesday, January 20, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Brahma Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Nairobi, Kenya Sun 25 Sutra 283
	Vrishabha Rasi: 16.1 Tithi 11 - 12 839211366	Creative Work Siddha Yoga	Gulika 11:14AM - 12:45PM Yama 8:11AM - 9:43AM Rahu 12:45PM - 2:17PM	Rohini Until 6:26PM Brahma Until 1:04AM Thu Bava Until 7:35PM Ekadashi Until 8:17AM	Ganesha: White Muruga: Green Nataraja: Green Moon - Yellow	Sunrise: 6:40AM Sunset: 6:51PM	Manmatha 5117 Moon 12 - Phase 38 4th Phase Bhuloka Day

3	Thursday, January 21, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Nairobi, Kenya Sun 26 Sutra 284
	Vrishabha Rasi: 29.56 Tithi 12 - 13 839211366	Routine Work Marana Yoga	Gulika 9:43AM - 11:14AM Yama 6:40AM - 8:12AM Rahu 2:17PM - 3:48PM	Mrigashira Until 5:49PM Indra Until 10:54PM Kaulava Until 6:19PM Dvadashi Until 6:54AM <i>Pradosha Vrata</i>	Ganesha: White Muruga: Green Nataraja: Green Moon - Yellow	Sunrise: 6:40AM Sunset: 6:51PM	Manmatha 5117 Moon 12 - Phase 38 4th Phase Bhuloka Day

4	Friday, January 22, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau				Nairobi, Kenya Sun 27 Sutra 285
	Mithuna Rasi: 13.32 Tithi 14 839211366	Creative Work Siddha Yoga	Gulika 8:12AM - 9:43AM Yama 3:48PM - 5:20PM Rahu 11:14AM - 12:46PM	Ardra Until 5:21PM Vaidhriti* Until 8:58PM Gara Until 5:22PM Chaturdashi* Until 5:02AM Sat	Ganesha: White Muruga: Green Nataraja: Green Moon - Yellow	Sunrise: 6:41AM Sunset: 6:51PM	Manmatha 5117 Moon 12 - Phase 38 4th Phase Bhuloka Day

	Saturday, January 23, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vishkambha* Yoga Visti/Bava Karana Purnimayam Titau				Nairobi, Kenya Sutra 286
	Copper Retreat Star		Mithuna Rasi: 26.56 Tithi 15 849211366	Creative Work Siddha Yoga	Gulika 6:41AM - 8:12AM Yama 2:17PM - 3:49PM Rahu 9:43AM - 11:15AM	Punarvasu Until 5:36PM Vishkambha* Until 7:23PM Visti Until 4:51PM Purnima* Until 4:45AM Sun	Ganesha: Yellow Muruga: Green Nataraja: Green Moon - Blue

5	Sunday, January 24, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau				Nairobi, Kenya Sutra 287
	Silver Retreat Star		Kataka Rasi: 10.05 Tithi 16 849211366	Creative Work Siddha Yoga	Gulika 3:49PM - 5:20PM Yama 12:46PM - 2:18PM Rahu 5:20PM - 6:51PM	Pushya Until 6:11PM Priti Until 6:14PM Balava Until 4:50PM Prathama* Until 5:02AM Mon	Ganesha: Yellow Muruga: Green Nataraja: Green Moon - Blue

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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Monday, January 25, 2016
Gold Retreat Star

Kataka Rasi: 22.57 Tithi 17
Family Home Evening 941211366
Creative Work Siddha Yoga
Until 7:12PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Nairobi, Kenya
Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau Sutra 288
Gulika 2:18PM – 3:49PM **Ashlesha* Until 7:12PM** **Ganesha:** Blue *Sunrise:* 6:41AM Manmatha 5117
Yama 11:15AM – 12:46PM Ayushman Until 5:30PM **Muruqa:** Green *Sunset:* 6:52PM Moon 1 - Phase 39
Rahu 8:13AM – 9:44AM Taitila Until 5:25PM **Nataraja:** Green Moon – Blue 1st Phase
Dvitiya Until 5:55AM Tue **Pausha*Thai** **Bhuloka Day**

1 Tuesday, January 26, 2016

Simha Rasi: 5.32 Tithi 18
951211366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Nairobi, Kenya
Magha* Nakshatra Saubhagya/Sobhana Yoga Vanija Karana Tritiyayam Titau Sun 1 Sutra 289
Gulika 12:47PM – 2:18PM **Magha* Until 9:07PM** **Ganesha:** Yellow *Sunrise:* 6:42AM Manmatha 5117
Yama 9:44AM – 11:15AM Saubhagya Until 5:15PM **Muruqa:** Green *Sunset:* 6:52PM Moon 1 - Phase 39
Rahu 3:49PM – 5:21PM Vanija Until 6:37PM **Nataraja:** Green Moon – Red 1st Phase
Tritiya Until 7:25AM Wed **Pausha*Thai** **Bhuloka Day**
Devaloka Time: 6:AM to 9:AM

2 Wednesday, January 27, 2016

Simha Rasi: 17.51 Tithi 18 – 19
951211366
Creative Work Amrita Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Nairobi, Kenya
Purvaphalguni Nakshatra Sobhana/Athiganda* Yoga Vistil/Bava Karana Tritiya/Chaturthyam Titau Sun 2 Sutra 290
Gulika 11:16AM – 12:47PM **Purvaphalguni Until 11:26PM** **Ganesha:** Yellow *Sunrise:* 6:42AM Manmatha 5117
Yama 8:13AM – 9:44AM Sobhana Until 5:28PM **Muruqa:** Green *Sunset:* 6:52PM Moon 1 - Phase 39
Rahu 12:47PM – 2:18PM Bava Until 8:24PM **Nataraja:** Green Moon – Red 1st Phase
Tritiya Until 7:25AM **Pausha*Thai** **Bhuloka Day**
Devaloka Time: 6:AM to 9:AM

3 Thursday, January 28, 2016

Simha Rasi: 29.56 Tithi 19 – 20
951211366
Amrita Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Nairobi, Kenya
Uttaraphalguni Nakshatra Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau Sun 3 Sutra 291
Gulika 9:45AM – 11:16AM **Uttaraphalguni Until 2:02AM Fri** **Ganesha:** Yellow *Sunrise:* 6:42AM Manmatha 5117
Yama 6:42AM – 8:13AM Athiganda* Until 6:03PM **Muruqa:** Green *Sunset:* 6:52PM Moon 1 - Phase 39
Rahu 2:18PM – 3:50PM Kaulava Until 10:41PM **Nataraja:** Green Moon – Red 1st Phase
Chaturthi* Until 9:28AM **Pausha*Thai** **Bhuloka Day**
Devaloka Time: 6:AM to 9:AM

4 Friday, January 29, 2016

Kanya Rasi: 11.52 Tithi 20 – 21
961211366
Creative Work Amrita Yoga
Until 5:15AM Sat
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Nairobi, Kenya
Hasta Nakshatra Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau Sun 4 Sutra 292
Gulika 8:13AM – 9:45AM **Hasta Until 5:15AM Sat** **Ganesha:** White *Sunrise:* 6:42AM Manmatha 5117
Yama 3:50PM – 5:21PM Sukarma Until 6:53PM **Muruqa:** Green *Sunset:* 6:52PM Moon 1 - Phase 39
Rahu 11:16AM – 12:47PM Gara Until 1:17AM Sat **Nataraja:** Green Moon – Green 1st Phase
Panchami Until 11:56AM **Pausha*Thai** **Bhuloka Day**

5 Saturday, January 30, 2016

Kanya Rasi: 23.41 Tithi 21 – 22
961211366
Routine Work Marana Yoga
Until 8:20AM Sun
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Nairobi, Kenya
Chitra Nakshatra Dhriti Yoga Vanija/Vistil* Karana Shashthi/Saptamyam Titau Sun 5 Sutra 293
Gulika 6:42AM – 8:14AM **Chitra Until 8:20AM Sun** **Ganesha:** White *Sunrise:* 6:42AM Manmatha 5117
Yama 2:19PM – 3:50PM Dhriti Until 7:52PM **Muruqa:** Green *Sunset:* 6:52PM Moon 1 - Phase 39
Rahu 9:45AM – 11:16AM Vistil Until 3:58AM Sun **Nataraja:** Green Moon – Green 1st Phase
Shashthi* Until 2:36PM **Pausha*Thai** **Bhuloka Day**

6 Sunday, January 31, 2016

Tula Rasi: 5.3 Tithi 22 – 23
961211366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Nairobi, Kenya
Chitra/Svati Nakshatra Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau Sun 6 Sutra 294
Gulika 3:50PM – 5:21PM **Chitra Until 8:20AM** **Ganesha:** White *Sunrise:* 6:43AM Manmatha 5117
Yama 12:48PM – 2:19PM Shula* Until 8:44PM **Muruqa:** Green *Sunset:* 6:53PM Moon 1 - Phase 39
Rahu 5:21PM – 6:53PM Balava Until 6:29AM Mon **Nataraja:** Green Moon – Green 1st Phase
Saptami Until 5:14PM **Pausha*Thai** **Bhuloka Day**

Monday, February 1, 2016
Retreat Star

Tula Rasi: 17.23 Tithi 23
961211366
Family Home Evening
Creative Work Amrita Yoga
Until 11:04AM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Nairobi, Kenya
Svati/Vishakha Nakshatra Ganda* Yoga Balava/Kaulava Karana Ashtamyam Titau Sun 7 Sutra 295
Gulika 2:19PM – 3:50PM **Svati Until 11:04AM** **Ganesha:** White *Sunrise:* 6:43AM Manmatha 5117
Yama 11:16AM – 12:48PM Ganda* Until 9:24PM **Muruqa:** Green *Sunset:* 6:53PM Moon 1 - Phase 39
Rahu 8:14AM – 9:45AM Balava Until 6:29AM **Nataraja:** Green Moon – Green Ashtami
Ashtami* Until 7:35PM **Pausha*Thai** **Bhuloka Day**

Tuesday, February 2, 2016

Retreat Star

Tula Rasi: 29.24 Tithi 24
971211366
Routine Work Marana Yoga
Until 1:43PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Nairobi, Kenya
Vishakha/Anuradha Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau Sun 8 Sutra 296
Gulika 12:48PM – 2:19PM **Vishakha Until 1:43PM** **Ganesha:** Clear *Sunrise:* 6:43AM Manmatha 5117
Yama 9:45AM – 11:16AM Vriddhi Until 9:41PM **Muruqa:** Green *Sunset:* 6:53PM Moon 1 - Phase 39
Rahu 3:50PM – 5:21PM Taitila Until 8:37AM **Nataraja:** Green Moon – Orange Navami
Navami* Until 9:26PM **Pausha*Thai** **Bhuloka Day**
Devaloka Time: 6:AM to 9:AM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Wednesday, February 3, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau				Nairobi, Kenya Sun 9 Sutra 297
	Vrischika Rasi: 11.4	Tithi 25	Gulika 11:17AM – 12:48PM	Anuradha Until 3:37PM	Ganesha: Clear	<i>Sunrise:</i> 6:43AM	Manmatha 5117
	971211366		Yama 8:14AM – 9:45AM	Dhruva Until 9:26PM	Muruqa: Green	<i>Sunset:</i> 6:53PM	Moon 1 - Phase 40
	Creative Work Siddha Yoga		Rahu 12:48PM – 2:19PM	Vanija Until 10:08AM	Nataraja: Green		2nd Phase
			Dashami Until 10:36PM		Pausha*Thai	Bhuloka Day Devaloka Time: 6:AM to 9:AM	

2	Thursday, February 4, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau				Nairobi, Kenya Sun 10 Sutra 298
	Vrischika Rasi: 24.14	Tithi 26	Gulika 9:45AM – 11:17AM	Jyeshtha* Until 4:38PM	Ganesha: Orange	<i>Sunrise:</i> 6:43AM	Manmatha 5117
	972211367		Yama 6:43AM – 8:14AM	Vyaghata* Until 8:38PM	Muruqa: Green	<i>Sunset:</i> 6:53PM	Moon 1 - Phase 40
	Routine Work Prabalarishta Yoga Until 4:38PM Then Creative Work - Siddha Yoga		Rahu 2:19PM – 3:50PM	Bava Until 10:56AM	Nataraja: White		2nd Phase
			Ekadashi* Until 11:01PM		Pausha*Thai	Bhuloka Day Devaloka Time: 6:AM to 9:AM	

3	Friday, February 5, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Nairobi, Kenya Sun 11 Sutra 299
	Dhanus Rasi: 7.09	Tithi 27	Gulika 8:14AM – 9:46AM	Mula* Until 5:13PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:43AM	Manmatha 5117
	982211367		Yama 3:50PM – 5:22PM	Harshana Until 7:14PM	Muruqa: Green	<i>Sunset:</i> 6:53PM	Moon 1 - Phase 40
	Creative Work Amrita Yoga Until 5:13PM Then Routine Work - Prabalarishta Yoga		Rahu 11:17AM – 12:48PM	Kaulava Until 10:57AM	Nataraja: White		2nd Phase
			Dvadashi* Until 10:39PM		Pausha*Thai	Bhuloka Day	

4	Saturday, February 6, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manla Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau				Nairobi, Kenya Sun 12 Sutra 300
	Dhanus Rasi: 20.28	Tithi 28	Gulika 6:43AM – 8:14AM	Purvashadha* Until 4:55PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:43AM	Manmatha 5117
	982211367		Yama 2:19PM – 3:50PM	Vajra* Until 5:15PM	Muruqa: Green	<i>Sunset:</i> 6:53PM	Moon 1 - Phase 40
	Creative Work Siddha Yoga Until 4:55PM Then Routine Work - Marana Yoga		Rahu 9:46AM – 11:17AM	Gara Until 10:13AM	Nataraja: White		2nd Phase
			Trayodashi* Until 9:34PM		Pausha*Thai	Bhuloka Day	
			<i>Pradosha Vrata (Fasting)</i>				

5	Sunday, February 7, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Nairobi, Kenya Sun 13 Sutra 301
	Makara Rasi: 4.1	Tithi 29	Gulika 3:51PM – 5:22PM	Uttarashadha Until 3:51PM	Ganesha: Purple	<i>Sunrise:</i> 6:43AM	Manmatha 5117
	982311367		Yama 12:48PM – 2:19PM	Siddhi Until 2:45PM	Muruqa: Green	<i>Sunset:</i> 6:53PM	Moon 1 - Phase 40
	Creative Work Amrita Yoga		Rahu 5:22PM – 6:53PM	Visti Until 8:49AM	Nataraja: White		2nd Phase
			Chaturdashi* Until 7:52PM		Pausha*Thai	Bhuloka Day	

Monday, February 8, 2016	Retreat Star		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Nairobi, Kenya Sun 14 Sutra 302
	Makara Rasi: 18.14	Tithi 30 – 1	Gulika 2:19PM – 3:51PM	Shravana Until 2:33PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:43AM	Manmatha 5117
	Family Home Evening	992311367	Yama 11:17AM – 12:48PM	Vyatipata* Until 11:52AM	Muruqa: Green	<i>Sunset:</i> 6:53PM	Moon 1 - Phase 40
	Creative Work Amrita Yoga Until 2:33PM Then Creative Work - Siddha Yoga		Rahu 8:15AM – 9:46AM	Catuspada Until 6:50AM	Nataraja: White		Amavasya
			Amavasya* Until 5:40PM		Pausha*Thai	Bhuloka Day	

Tuesday, February 9, 2016	Retreat Star		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Varyan/Parigaha* Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Nairobi, Kenya Sun 15 Sutra 303
	Kumbha Rasi: 2.35	Tithi 1 – 2	Gulika 12:48PM – 2:19PM	Dhanishtha Until 12:45PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:44AM	Manmatha 5117
	992311367		Yama 9:46AM – 11:17AM	Varyan Until 8:38AM	Muruqa: Green	<i>Sunset:</i> 6:53PM	Moon 1 - Phase 40
	Creative Work Siddha Yoga Until 12:45PM Then Routine Work - Marana Yoga		Rahu 3:51PM – 5:22PM	Balava Until 1:46AM Wed	Nataraja: White		Prathama
			Prathama* Until 3:07PM		Magha*Thai	Bhuloka Day	

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

All times are standard time

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1	Wednesday, February 10, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvitiya/Trilyayam Titau				Nairobi, Kenya
	Kumbha Rasi: 17.07	Tithi 2 – 3	992311367	Gulika 11:17AM – 12:48PM Yama 8:15AM – 9:46AM Rahu 12:48PM – 2:19PM	Shatabhishak Until 10:35AM Shiva Until 1:42AM Thu Taitila Until 10:57PM Dvitiya Until 12:21PM	Ganesha: Light Blue Muruga: Green Nataraja: White Moon – Purple Magha-Thai	Sun 16 Sutra 304 Manmatha 5117 Moon 1 - Phase 41 3rd Phase
Creative Work Siddha Yoga Until 10:35AM Then Creative Work - Amrita Yoga						Bhuloka Day	
2	Thursday, February 11, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddha Yoga Gara/Vanija Karana Trilya/Chaturtham Titau				Nairobi, Kenya
	Meena Rasi: 1.44	Tithi 3 – 4	912311367	Gulika 9:46AM – 11:17AM Yama 6:44AM – 8:15AM Rahu 2:19PM – 3:51PM	Purvaproshtapada* Until 8:37AM Siddha Until 10:10PM Vanija Until 8:08PM Tritiya Until 9:31AM	Ganesha: Orange Muruga: Green Nataraja: White Moon – Clear Magha-Thai	Sun 17 Sutra 305 Manmatha 5117 Moon 1 - Phase 41 3rd Phase
Creative Work Siddha Yoga						Bhuloka Day Devaloka Time: 6:AM to 9:AM	
3	Friday, February 12, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Sadhya Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau				Nairobi, Kenya
	Meena Rasi: 16.19	Tithi 4 – 5	912311367	Gulika 8:15AM – 9:46AM Yama 3:51PM – 5:22PM Rahu 11:17AM – 12:48PM	Uttaraproshtapada Until 6:33AM Sadhya Until 6:45PM Balava Until 4:06AM Sat Chaturthi* Until 6:44AM	Ganesha: Orange Muruga: Green Nataraja: White Moon – Clear Magha-Thai	Sun 18 Sutra 306 Manmatha 5117 Moon 1 - Phase 41 3rd Phase
Creative Work Siddha Yoga						Bhuloka Day Devaloka Time: 6:AM to 9:AM	
4	Saturday, February 13, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashtham Titau				Nairobi, Kenya
	Mesha Rasi: 0.49	Tithi 6	922311367	Gulika 6:44AM – 8:15AM Yama 2:19PM – 3:51PM Rahu 9:46AM – 11:17AM	Ashvini Until 2:58AM Sun Subha Until 3:31PM Kaulava Until 2:54PM Shashthi* Until 1:44AM Sun	Ganesha: Green Muruga: Green Nataraja: White Moon – White Magha-Masi	Sun 19 Sutra 307 Manmatha 5117 Moon 1 - Phase 41 3rd Phase
Creative Work Siddha Yoga Until 2:58AM Sun Then Routine Work - Prabalarishta Yoga						Bhuloka Day	
5	Sunday, February 14, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Nairobi, Kenya
	Mesha Rasi: 15.07	Tithi 7	922311367	Gulika 3:51PM – 5:22PM Yama 12:48PM – 2:19PM Rahu 5:22PM – 6:53PM	Bharani Until 1:37AM Mon Sukla Until 12:29PM Gara Until 12:40PM Saptami Until 11:39PM	Ganesha: Green Muruga: Green Nataraja: White Moon – White Magha-Masi	Sun 20 Sutra 308 Manmatha 5117 Moon 1 - Phase 41 3rd Phase
Routine Work Prabalarishta Yoga Until 1:37AM Mon Then Routine Work - Marana Yoga						Bhuloka Day	
Monday, February 15, 2016	Retreat Star		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Nairobi, Kenya
	Mesha Rasi: 29.13	Tithi 8	922311367	Gulika 2:19PM – 3:50PM Yama 11:17AM – 12:48PM Rahu 8:15AM – 9:46AM	Krittika Until 12:29AM Tue Brahma Until 9:45AM Visti Until 10:46AM Ashtami* Until 9:56PM	Ganesha: Green Muruga: Green Nataraja: White Moon – White Magha-Masi	Sun 21 Sutra 309 Manmatha 5117 Moon 1 - Phase 41 Ashtami
Family Home Evening Routine Work Marana Yoga Until 12:29AM Tue Then Creative Work - Amrita Yoga						Bhuloka Day	
Tuesday, February 16, 2016	Retreat Star		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Nairobi, Kenya
	Vrishabha Rasi: 13.04	Tithi 9	932311367	Gulika 12:48PM – 2:19PM Yama 9:46AM – 11:17AM Rahu 3:50PM – 5:21PM	Rohini Until 12:00AM Wed Indra Until 7:18AM Balava Until 9:14AM Navami* Until 8:36PM	Ganesha: Red Muruga: Green Nataraja: White Moon – Yellow Magha-Masi	Sun 22 Sutra 310 Manmatha 5117 Moon 1 - Phase 41 Navami
Creative Work Amrita Yoga Until 12:00AM Wed Then Creative Work - Siddha Yoga						Bhuloka Day Devaloka Time: 6:AM to 9:AM	

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time

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1	Wednesday, February 17, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam	Nairobi, Kenya
	933311367	Mrigashira Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau	Sun 23 Sutra 311
	933311367	Gulika 11:17AM – 12:48PM Yama 8:15AM – 9:46AM Rahu 12:48PM – 2:19PM	Mrigashira Until 11:46PM Vishkambha* Until 3:18AM Thu Taitila Until 8:06AM Dashami Until 7:39PM
	Creative Work Siddha Yoga	Ganesha: Yellow <i>Sunrise:</i> 6:44AM Muruqa: Green <i>Sunset:</i> 6:53PM Nataraja: White Moon – Yellow Magha-Masi	Manmatha 5117 Moon 1 - Phase 42 4th Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM

2	Thursday, February 18, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam	Nairobi, Kenya
	933311367	Ardra Nakshatra Priti Yoga Vanija/Visti* Karana Ekadashyam Titau	Sun 24 Sutra 312
	933311367	Gulika 9:46AM – 11:17AM Yama 6:44AM – 8:15AM Rahu 2:19PM – 3:50PM	Ardra Until 11:46PM Priti Until 1:48AM Fri Vanija Until 7:21AM Ekadashi Until 7:06PM
	Routine Work Marana Yoga Until 11:46PM Then Creative Work - Amrita Yoga	Ganesha: Yellow <i>Sunrise:</i> 6:44AM Muruqa: Green <i>Sunset:</i> 6:52PM Nataraja: White Moon – Yellow Magha-Masi	Manmatha 5117 Moon 1 - Phase 42 4th Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM

3	Friday, February 19, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam	Nairobi, Kenya
	933311367	Punarvasu Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashtyam Titau	Sun 25 Sutra 313
	933311367	Gulika 8:15AM – 9:46AM Yama 3:50PM – 5:21PM Rahu 11:17AM – 12:48PM	Punarvasu Until 12:29AM Sat Ayushman Until 12:36AM Sat Bava Until 7:01AM Dvadashti Until 6:59PM
	Creative Work Siddha Yoga	Ganesha: Blue <i>Sunrise:</i> 6:44AM Muruqa: Green <i>Sunset:</i> 6:52PM Nataraja: White Moon – Blue Magha-Masi	Manmatha 5117 Moon 1 - Phase 42 4th Phase Bhuloka Day

4	Saturday, February 20, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam	Nairobi, Kenya
	933311367	Pushya Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau	Sun 26 Sutra 314
	933311367	Gulika 6:44AM – 8:15AM Yama 2:19PM – 3:50PM Rahu 9:46AM – 11:17AM	Pushya Until 1:29AM Sun Saubhagya Until 11:46PM Kaulava Until 7:06AM Trayodashi Until 7:18PM <i>Pradosha Vrata</i>
	Creative Work Siddha Yoga	Ganesha: Blue <i>Sunrise:</i> 6:44AM Muruqa: Green <i>Sunset:</i> 6:52PM Nataraja: White Moon – Blue Magha-Masi	Manmatha 5117 Moon 1 - Phase 42 4th Phase Bhuloka Day

5	Sunday, February 21, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam	Nairobi, Kenya
	933311367	Ashlesha* Nakshatra Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau	Sun 27 Sutra 315
	933311367	Gulika 3:50PM – 5:21PM Yama 12:48PM – 2:19PM Rahu 5:21PM – 6:52PM	Ashlesha* Until 2:46AM Mon Sobhana Until 11:18PM Gara Until 7:39AM Chaturdashi* Until 8:04PM
	Creative Work Siddha Yoga Until 2:46AM Mon Then Routine Work - Marana Yoga	Ganesha: Blue <i>Sunrise:</i> 6:43AM Muruqa: Green <i>Sunset:</i> 6:52PM Nataraja: White Moon – Blue Magha-Masi	Manmatha 5117 Moon 1 - Phase 42 4th Phase Bhuloka Day

○	Monday, February 22, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam	Nairobi, Kenya
	Copper Retreat Star	Magha* Nakshatra Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau	Sutra 316
	933311367	Gulika 2:19PM – 3:50PM Yama 11:17AM – 12:48PM Rahu 8:14AM – 9:46AM	Magha* Until 4:50AM Tue Athiganda* Until 11:10PM Visti Until 8:39AM Purnima* Until 9:19PM
	Simha Rasi: 1.35 Family Home Evening Routine Work Marana Yoga Until 4:50AM Tue Then Creative Work - Siddha Yoga	Ganesha: Red <i>Sunrise:</i> 6:43AM Muruqa: Green <i>Sunset:</i> 6:52PM Nataraja: White Moon – Red Magha-Masi	Manmatha 5117 Moon 1 - Phase 42 Purnima Bhuloka Day Devaloka Time: 6:AM to 9:AM

	Tuesday, February 23, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam	Nairobi, Kenya
	Silver Retreat Star	Purvaphalguni Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau	Sutra 317
	933311367	Gulika 12:47PM – 2:19PM Yama 9:45AM – 11:16AM Rahu 3:50PM – 5:21PM	Purvaphalguni Until 7:11AM Wed Sukarma Until 11:24PM Balava Until 10:09AM Prathama* Until 11:02PM
	Simha Rasi: 13.55 Creative Work Siddha Yoga Until 7:11AM Wed Then Creative Work - Amrita Yoga	Ganesha: Red <i>Sunrise:</i> 6:43AM Muruqa: Green <i>Sunset:</i> 6:52PM Nataraja: White Moon – Red Magha-Masi	Manmatha 5117 Moon 1 - Phase 42 Prathama Bhuloka Day Devaloka Time: 6:AM to 9:AM

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda



Wednesday, February 24, 2016
Gold Retreat Star

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Dhriti Yoga Taitila/Gara Karana Dvitiyayam Titau

Nairobi, Kenya
Sun 1 Sutra 318

Simha Rasi: 26.04 Tithi 17
953311367
Creative Work Amrita Yoga

Gulika 11:16AM – 12:47PM
Yama 8:14AM – 9:45AM
Rahu 12:47PM – 2:18PM

Purvaphalguni Until 7:11AM
Dhriti Until 11:58PM
Taitila Until 12:05PM
Dvitiya Until 1:10AM Thu

Ganesha: Red *Sunrise: 6:43AM*
Muruga: Green *Sunset: 6:51PM*
Nataraja: White
Moon – Red
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Thursday, February 25, 2016

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Nairobi, Kenya
Sun 2 Sutra 319

Kanya Rasi: 8.04 Tithi 18
953311367
Amrita Yoga

Gulika 9:45AM – 11:16AM
Yama 6:43AM – 8:14AM
Rahu 2:18PM – 3:49PM

Uttaraphalguni Until 9:43AM
Shula* Until 12:44AM Fri
Vanija Until 2:23PM
Tritiya Until 3:37AM Fri

Ganesha: Red *Sunrise: 6:43AM*
Muruga: Green *Sunset: 6:51PM*
Nataraja: White
Moon – Red
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Until 9:43AM
Then Routine Work - Marana Yoga

2

Friday, February 26, 2016

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Nairobi, Kenya
Sun 3 Sutra 320

Kanya Rasi: 19.56 Tithi 19
953311367
Creative Work Amrita Yoga

Gulika 8:14AM – 9:45AM
Yama 3:49PM – 5:20PM
Rahu 11:16AM – 12:47PM

Hasta Until 12:52PM
Ganda* Until 1:40AM Sat
Bava Until 4:56PM
Chaturthi* Until 6:14AM Sat

Ganesha: Green *Sunrise: 6:43AM*
Muruga: Green *Sunset: 6:51PM*
Nataraja: White
Moon – Green
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Until 12:52PM
Then Creative Work - Siddha Yoga

3

Saturday, February 27, 2016

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Vriddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya
Sun 4 Sutra 321

Tula Rasi: 1.46 Tithi 19 – 20
953311367
Routine Work Marana Yoga

Gulika 6:43AM – 8:14AM
Yama 2:18PM – 3:49PM
Rahu 9:45AM – 11:16AM

Chitra Until 3:57PM
Vriddhi Until 2:39AM Sun
Kaulava Until 7:35PM
Chaturthi* Until 6:14AM

Ganesha: Green *Sunrise: 6:43AM*
Muruga: Green *Sunset: 6:51PM*
Nataraja: White
Moon – Green
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Until 3:57PM
Then Creative Work - Siddha Yoga

4

Sunday, February 28, 2016

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Dhruva Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Nairobi, Kenya
Sun 5 Sutra 322

Tula Rasi: 13.35 Tithi 20 – 21
953311367
Creative Work Siddha Yoga

Gulika 3:49PM – 5:20PM
Yama 12:47PM – 2:18PM
Rahu 5:20PM – 6:51PM

Svati Until 6:48PM
Dhruva Until 3:29AM Mon
Gara Until 10:08PM
Panchami Until 8:52AM

Ganesha: Green *Sunrise: 6:43AM*
Muruga: Green *Sunset: 6:51PM*
Nataraja: White
Moon – Green
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Until 6:48PM
Then Routine Work - Marana Yoga

5

Monday, February 29, 2016

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Nairobi, Kenya
Sun 6 Sutra 323

Tula Rasi: 25.28 Tithi 21 – 22
973311367
Family Home Evening
Routine Work Marana Yoga

Gulika 2:17PM – 3:48PM
Yama 11:16AM – 12:47PM
Rahu 8:14AM – 9:45AM

Vishakha Until 9:45PM
Vyaghata* Until 4:06AM Tue
Visti Until 12:25AM Tue
Shashthi* Until 11:18AM

Ganesha: Orange *Sunrise: 6:43AM*
Muruga: Green *Sunset: 6:50PM*
Nataraja: White
Moon – Orange
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Until 9:45PM
Then Creative Work - Siddha Yoga

D

Tuesday, March 1, 2016
Retreat Star

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nairobi, Kenya
Sun 7 Sutra 324

Vrischika Rasi: 7.28 Tithi 22 – 23
973311367
Creative Work Siddha Yoga

Gulika 12:46PM – 2:17PM
Yama 9:44AM – 11:15AM
Rahu 3:48PM – 5:19PM

Anuradha Until 12:06AM Wed
Harshana Until 4:22AM Wed
Balava Until 2:12AM Wed
Saptami Until 1:21PM

Ganesha: Orange *Sunrise: 6:42AM*
Muruga: Green *Sunset: 6:50PM*
Nataraja: White
Moon – Orange
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Wednesday, March 2, 2016
Retreat Star

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nairobi, Kenya
Sun 8 Sutra 325

Vrischika Rasi: 19.41 Tithi 23 – 24
973311367
Creative Work Siddha Yoga

Gulika 11:15AM – 12:46PM
Yama 8:13AM – 9:44AM
Rahu 12:46PM – 2:17PM

Jyeshtha* Until 1:40AM Thu
Vajra* Until 4:05AM Thu
Taitila Until 3:20AM Thu
Ashtami* Until 2:50PM

Ganesha: Orange *Sunrise: 6:42AM*
Muruga: Green *Sunset: 6:50PM*
Nataraja: White
Moon – Orange
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1		Thursday, March 3, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Siddhi Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Nairobi, Kenya Sun 9 Sutra 326		
Dhanus Rasi: 2.11	Tithi 24 – 25	984411367	Gulika 9:44AM – 11:15AM Yama 6:42AM – 8:13AM Rahu 2:17PM – 3:48PM	Mula* Until 2:49AM Fri Siddhi Until 3:14AM Fri Vanija Until 3:42AM Fri Navami* Until 3:36PM	Ganesha: Light Blue <i>Sunrise:</i> 6:42AM Muruga: Green <i>Sunset:</i> 6:49PM Nataraja: White Moon – Light Blue Magha-Masi	Bhuloka Day Manmatha 5117 Moon 2 - Phase 44 2nd Phase		
Creative Work Siddha Yoga Until 2:49AM Fri Then Routine Work - Prabalarishta Yoga								
2		Friday, March 4, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Nairobi, Kenya Sun 10 Sutra 327		
Dhanus Rasi: 15.03	Tithi 25 – 26	984411367	Gulika 8:13AM – 9:44AM Yama 3:47PM – 5:18PM Rahu 11:15AM – 12:45PM	Purvashadha* Until 3:02AM Sat Vyatipata* Until 1:46AM Sat Bava Until 3:16AM Sat Dashami Until 3:34PM	Ganesha: Light Blue <i>Sunrise:</i> 6:42AM Muruga: Green <i>Sunset:</i> 6:49PM Nataraja: White Moon – Light Blue Magha-Masi	Bhuloka Day Manmatha 5117 Moon 2 - Phase 44 2nd Phase		
Routine Work Prabalarishta Yoga Until 3:02AM Sat Then Routine Work - Marana Yoga								
3		Saturday, March 5, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Nairobi, Kenya Sun 11 Sutra 328		
Dhanus Rasi: 28.19	Tithi 26 – 27	184411367	Gulika 6:41AM – 8:12AM Yama 2:16PM – 3:47PM Rahu 9:43AM – 11:14AM	Uttarashadha Until 2:19AM Sun Variyan Until 11:38PM Kaulava Until 2:02AM Sun Ekadashi* Until 2:43PM	Ganesha: White <i>Sunrise:</i> 6:41AM Muruga: Green <i>Sunset:</i> 6:49PM Nataraja: White Moon – Light Blue Magha-Masi	Bhuloka Day Manmatha 5117 Moon 2 - Phase 44 2nd Phase		
Routine Work Marana Yoga Until 2:19AM Sun Then Creative Work - Amrita Yoga								
4		Sunday, March 6, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Nairobi, Kenya Sun 12 Sutra 329		
Makara Rasi: 12.02	Tithi 27 – 28	194411367	Gulika 3:47PM – 5:18PM Yama 12:45PM – 2:16PM Rahu 5:18PM – 6:49PM	Shravana Until 1:12AM Mon Parigha* Until 8:57PM Gara Until 12:05AM Mon Dvadashi* Until 1:07PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Clear <i>Sunrise:</i> 6:41AM Muruga: Green <i>Sunset:</i> 6:49PM Nataraja: White Moon – Purple Magha-Masi	Bhuloka Day Manmatha 5117 Moon 2 - Phase 44 2nd Phase Devaloka Time: 6:AM to 9:AM		
Creative Work Amrita Yoga Until 1:12AM Mon Then Creative Work - Siddha Yoga								
5		Monday, March 7, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Nairobi, Kenya Sun 13 Sutra 330		
Makara Rasi: 26.11	Tithi 28 – 29	194421367	Gulika 2:16PM – 3:47PM Yama 11:14AM – 12:45PM Rahu 8:12AM – 9:43AM	Dhanishtha Until 11:21PM Shiva Until 5:47PM Visti Until 9:32PM Trayodashi* Until 10:51AM	Ganesha: Clear <i>Sunrise:</i> 6:41AM Muruga: White <i>Sunset:</i> 6:48PM Nataraja: White Moon – Purple Magha-Masi	Bhuloka Day Manmatha 5117 Moon 2 - Phase 44 2nd Phase Devaloka Time: 6:AM to 9:AM		
Family Home Evening Creative Work Siddha Yoga Mahasivaratri (Lunar)								
●		Tuesday, March 8, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak Nakshatra Siddha/Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Nairobi, Kenya Sun 14 Sutra 331		
Retreat Star		Kumbha Rasi: 10.43 Tithi 29 – 30 194421367		Gulika 12:44PM – 2:15PM Yama 9:43AM – 11:14AM Rahu 3:46PM – 5:17PM	Shatabhishak Until 8:55PM Siddha Until 2:11PM Catuspada Until 6:32PM Chaturdashi* Until 8:04AM	Ganesha: Clear <i>Sunrise:</i> 6:41AM Muruga: White <i>Sunset:</i> 6:48PM Nataraja: White Moon – Purple Magha-Masi	Bhuloka Day Manmatha 5117 Moon 2 - Phase 44 Amavasya Devaloka Time: 6:AM to 9:AM	
Routine Work Marana Yoga								
Wednesday, March 9, 2016		Retreat Star		Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtpada* Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Nairobi, Kenya Sun 15 Sutra 332		
Kumbha Rasi: 25.32	Tithi 1	114421367	Gulika 11:13AM – 12:44PM Yama 8:12AM – 9:42AM Rahu 12:44PM – 2:15PM	Purvaproshtpada* Until 6:29PM Sadhya Until 10:21AM Kintughna Until 3:14PM Prathama* Until 1:30AM Thu	Ganesha: Purple <i>Sunrise:</i> 6:41AM Muruga: White <i>Sunset:</i> 6:48PM Nataraja: White Moon – Clear Phalgun-Masi	Bhuloka Day Manmatha 5117 Moon 2 - Phase 44 Prathama		
Creative Work Amrita Yoga Until 6:29PM Then Creative Work - Siddha Yoga		Total Solar Eclipse						

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajais is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time

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1	Thursday, March 10, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Nairobi, Kenya Sun 16 Sutra 333
	Meena Rasi: 10.31	Tithi 2	Gulika 9:42AM – 11:13AM	Uttaraproshtapada Until 3:48PM	Ganesha: Purple <i>Sunrise:</i> 6:40AM		Manmatha 5117
		114421367	Yama 6:40AM – 8:11AM	Subha Until 6:22AM	Muruga: White <i>Sunset:</i> 6:48PM		Moon 2 - Phase 45
	Creative Work Siddha Yoga		Rahu 2:15PM – 3:46PM	Balava Until 11:47AM	Nataraja: White		3rd Phase
			Dvitiya Until 10:02PM	Phalguna-Masi		Bhuloka Day	

2	Friday, March 11, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				Nairobi, Kenya Sun 17 Sutra 334
	Meena Rasi: 25.32	Tithi 3	Gulika 8:11AM – 9:42AM	Revati Until 1:01PM	Ganesha: Purple <i>Sunrise:</i> 6:40AM		Manmatha 5117
		114421367	Yama 3:45PM – 5:16PM	Brahma Until 10:25PM	Muruga: White <i>Sunset:</i> 6:47PM		Moon 2 - Phase 45
	Creative Work Siddha Yoga		Rahu 11:13AM – 12:44PM	Taitila Until 8:21AM	Nataraja: White		3rd Phase
Until 1:01PM			Tritiya Until 6:40PM	Phalguna-Masi		Bhuloka Day	
Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day					

3	Saturday, March 12, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Nairobi, Kenya Sun 18 Sutra 335
	Mesha Rasi: 10.25	Tithi 4 – 5	Gulika 6:40AM – 8:11AM	Ashvini Until 10:42AM	Ganesha: Light Blue <i>Sunrise:</i> 6:40AM		Manmatha 5117
		124421367	Yama 2:14PM – 3:45PM	Indra Until 6:43PM	Muruga: White <i>Sunset:</i> 6:47PM		Moon 2 - Phase 45
	Creative Work Siddha Yoga		Rahu 9:42AM – 11:13AM	Bava Until 2:06AM Sun	Nataraja: White		3rd Phase
			Chaturthi* Until 3:32PM	Phalguna-Masi		Bhuloka Day	

4	Sunday, March 13, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Nairobi, Kenya Sun 19 Sutra 336
	Mesha Rasi: 25.05	Tithi 5 – 6	Gulika 3:45PM – 5:16PM	Bharani Until 8:35AM	Ganesha: Light Blue <i>Sunrise:</i> 6:40AM		Manmatha 5117
		124421367	Yama 12:43PM – 2:14PM	Vaidhriti* Until 3:19PM	Muruga: White <i>Sunset:</i> 6:47PM		Moon 2 - Phase 45
	Routine Work Prabalarishta Yoga		Rahu 5:16PM – 6:47PM	Kaulava Until 11:33PM	Nataraja: White		3rd Phase
Until 8:35AM			Panchami Until 12:45PM	Phalguna-Masi		Bhuloka Day	
Then Creative Work - Siddha Yoga							

5	Monday, March 14, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Nairobi, Kenya Sun 20 Sutra 337
	Virshabha Rasi: 9.27	Tithi 6 – 7	Gulika 2:14PM – 3:45PM	Krittika Until 6:46AM	Ganesha: Light Blue <i>Sunrise:</i> 6:39AM		Manmatha 5117
	Family Home Evening	124421367	Yama 11:12AM – 12:43PM	Vishkambha* Until 12:19PM	Muruga: White <i>Sunset:</i> 6:46PM		Moon 2 - Phase 45
	Routine Work Marana Yoga		Rahu 8:10AM – 9:41AM	Gara Until 9:30PM	Nataraja: White		3rd Phase
Until 6:46AM			Shashthi* Until 10:26AM	Phalguna-Panguni		Bhuloka Day	
Then Creative Work - Amrita Yoga		Karadaiyan Nombu (Tamil Nadu)					

D	Tuesday, March 15, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Nairobi, Kenya Sun 21 Sutra 338
	Retreat Star		Gulika 12:43PM – 2:13PM	Mrigashira Until 5:15AM Wed	Ganesha: Clear <i>Sunrise:</i> 6:39AM		Manmatha 5117
	Virshabha Rasi: 23.27	Tithi 7 – 8	Yama 9:41AM – 11:12AM	Priti Until 9:47AM	Muruga: White <i>Sunset:</i> 6:46PM		Moon 2 - Phase 45
		135421368	Rahu 3:44PM – 5:15PM	Visti Until 8:03PM	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga			Saptami Until 8:41AM	Phalguna-Panguni		Devaloka Day	

W	Wednesday, March 16, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushmani/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Nairobi, Kenya Sun 22 Sutra 339
	Retreat Star		Gulika 11:11AM – 12:42PM	Ardra Until 5:11AM Thu	Ganesha: Clear <i>Sunrise:</i> 6:39AM		Manmatha 5117
	Mithuna Rasi: 7.05	Tithi 8 – 9	Yama 8:10AM – 9:41AM	Ayushman Until 7:42AM	Muruga: White <i>Sunset:</i> 6:46PM		Moon 2 - Phase 45
		135421368	Rahu 12:42PM – 2:13PM	Balava Until 7:13PM	Nataraja: Clear		Navami
Creative Work Siddha Yoga			Ashtami* Until 7:32AM	Phalguna-Panguni		Devaloka Day	
Until 5:11AM Thu							
Then Creative Work - Amrita Yoga							

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada


1	Thursday, March 17, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau				Nairobi, Kenya Sun 23 Sutra 340
	Mithuna Rasi: 20.21	Tithi 9 – 10	Gulika 9:40AM – 11:11AM	Punarvasu Until 6:02AM Fri	Ganesha: White	<i>Sunrise:</i> 6:39AM	Manmatha 5117
	145421368	Yama 6:39AM – 8:10AM	Saubhagya Until 6:09AM	Muruga: White	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 46	
Creative Work Amrita Yoga		Rahu 2:13PM – 3:44PM	Taitila Until 7:02PM	Nataraja: Clear		4th Phase	
Until 6:02AM Fri			Navami* Until 7:02AM	Phalguna-Panguni	Bhuloka Day Devaloka Time: 6:PM to 9:PM		
Then Routine Work - Marana Yoga							

2	Friday, March 18, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Nairobi, Kenya Sun 24 Sutra 341
	Kataka Rasi: 3.19	Tithi 10 – 11	Gulika 8:09AM – 9:40AM	Punarvasu Until 6:02AM	Ganesha: White	<i>Sunrise:</i> 6:38AM	Manmatha 5117
	145421368	Yama 3:43PM – 5:14PM	Athiganda* Until 4:28AM Sat	Muruga: White	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 46	
Creative Work Siddha Yoga		Rahu 11:11AM – 12:42PM	Vanija Until 7:26PM	Nataraja: Clear		4th Phase	
Until 6:02AM			Dashami Until 7:08AM	Phalguna-Panguni	Bhuloka Day Devaloka Time: 6:PM to 9:PM		
Then Routine Work - Marana Yoga							

3	Saturday, March 19, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Nairobi, Kenya Sun 25 Sutra 342
	Kataka Rasi: 15.59	Tithi 11 – 12	Gulika 6:38AM – 8:09AM	Pushya Until 7:17AM	Ganesha: White	<i>Sunrise:</i> 6:38AM	Manmatha 5117
	145421368	Yama 2:12PM – 3:43PM	Sukarma Until 4:16AM Sun	Muruga: White	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 46	
Creative Work Siddha Yoga		Rahu 9:40AM – 11:11AM	Bava Until 8:23PM	Nataraja: Clear		4th Phase	
Until 7:17AM		Yogaswami Mahasamadhi	Ekadashi Until 7:49AM	Phalguna-Panguni	Bhuloka Day Devaloka Time: 6:PM to 9:PM		
Then Routine Work - Marana Yoga							

4	Sunday, March 20, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Nairobi, Kenya Sun 26 Sutra 343
	Kataka Rasi: 28.25	Tithi 12 – 13	Gulika 3:43PM – 5:14PM	Ashlesha* Until 8:53AM	Ganesha: White	<i>Sunrise:</i> 6:38AM	Manmatha 5117
	145421368	Yama 12:41PM – 2:12PM	Dhriti Until 4:26AM Mon	Muruga: White	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 46	
Creative Work Siddha Yoga		Rahu 5:14PM – 6:44PM	Kaulava Until 9:50PM	Nataraja: Clear		4th Phase	
Until 8:53AM			Dvadashi Until 9:02AM	Phalguna-Panguni	Bhuloka Day Devaloka Time: 6:PM to 9:PM		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>				

5	Monday, March 21, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Nairobi, Kenya Sun 27 Sutra 344
	Simha Rasi: 10.4	Tithi 13 – 14	Gulika 2:12PM – 3:42PM	Magha* Until 11:15AM	Ganesha: Yellow	<i>Sunrise:</i> 6:38AM	Manmatha 5117
Family Home Evening	155421368	Yama 11:10AM – 12:41PM	Shula* Until 4:52AM Tue	Muruga: White	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 46	
Routine Work Marana Yoga		Rahu 8:08AM – 9:39AM	Gara Until 11:41PM	Nataraja: Clear		4th Phase	
Until 11:15AM			Trayodashi Until 10:41AM	Phalguna-Panguni	Devaloka Day		
Then Creative Work - Siddha Yoga							

	Tuesday, March 22, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Nairobi, Kenya Sutra 345
	Copper Retreat Star		Gulika 12:41PM – 2:11PM	Purvaphalguni Until 1:48PM	Ganesha: Yellow	<i>Sunrise:</i> 6:37AM	Manmatha 5117
Simha Rasi: 22.45	Tithi 14 – 15	Yama 9:39AM – 11:10AM	Ganda* Until 5:33AM Wed	Muruga: White	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 46	
	155421368	Rahu 3:42PM – 5:13PM	Visti Until 1:52AM Wed	Nataraja: Clear		Purnima	
Creative Work Siddha Yoga		Panguni Uttiram	Chaturdashi* Until 12:43PM	Phalguna-Panguni	Devaloka Day		
Until 1:48PM							
Then Creative Work - Amrita Yoga							

○	Wednesday, March 23, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Nairobi, Kenya Sutra 346
	Silver Retreat Star		Gulika 11:09AM – 12:40PM	Uttaraphalguni Until 4:27PM	Ganesha: Yellow	<i>Sunrise:</i> 6:37AM	Manmatha 5117
Kanya Rasi: 4.43	Tithi 15 – 16	Yama 8:08AM – 9:39AM	Vriddhi Until 6:25AM Thu	Muruga: White	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 46	
	155421368	Rahu 12:40PM – 2:11PM	Balava Until 4:18AM Thu	Nataraja: Clear		Prathama	
Creative Work Amrita Yoga		Penumbral Lunar Eclipse	Purnima* Until 3:02PM	Phalguna-Panguni	Devaloka Day		
Until 4:27PM							
Then Routine Work - Marana Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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Thursday, March 24, 2016
Gold Retreat Star

Kanya Rasi: 16.37 Titli 16 – 17
166421368
Routine Work Marana Yoga
Until 7:37PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Nairobi, Kenya
Hasta Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau Sutra 347
Gulika 9:38AM – 11:09AM **Hasta** Until 7:37PM **Ganesha:** Yellow *Sunrise:* 6:37AM Manmatha 5117
Yama 6:37AM – 8:08AM **Vridhhi** Until 6:25AM **Muruqa:** White *Sunset:* 6:43PM Moon 3 - Phase 47
Rahu 2:11PM – 3:41PM **Taitila** Until 6:51AM Fri **Nataraja:** Clear 1st Phase
Moon – Green **Devaloka Day**
Phalguna-Panguni

1 Friday, March 25, 2016

Kanya Rasi: 28.26 Titli 17
166421368
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Nairobi, Kenya
Chitra Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau Sun 1 Sutra 348
Gulika 8:07AM – 9:38AM **Chitra** Until 10:40PM **Ganesha:** Yellow *Sunrise:* 6:37AM Manmatha 5117
Yama 3:41PM – 5:12PM **Dhruva** Until 7:21AM **Muruqa:** White *Sunset:* 6:43PM Moon 3 - Phase 47
Rahu 11:09AM – 12:40PM **Taitila** Until 6:51AM **Nataraja:** Clear 1st Phase
Moon – Green **Devaloka Day**
Dvitiya Until 8:07PM **Phalguna-Panguni**

2 Saturday, March 26, 2016

Tula Rasi: 10.16 Titli 18
166421368
Creative Work Siddha Yoga
Until 1:31AM Sun
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Nairobi, Kenya
Svati Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau Sun 2 Sutra 349
Gulika 6:36AM – 8:07AM **Svati** Until 1:31AM Sun **Ganesha:** Yellow *Sunrise:* 6:36AM Manmatha 5117
Yama 2:10PM – 3:41PM **Vyaghata*** Until 8:19AM **Muruqa:** White *Sunset:* 6:42PM Moon 3 - Phase 47
Rahu 9:38AM – 11:09AM **Vanija** Until 9:26AM **Nataraja:** Clear 1st Phase
Moon – Green **Devaloka Day**
Tritiya Until 10:40PM **Phalguna-Panguni**

3 Sunday, March 27, 2016

Tula Rasi: 22.07 Titli 19
176421368
Routine Work Marana Yoga
Until 4:34AM Mon
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Nairobi, Kenya
Vishakha Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Chaturthyam Titau Sun 3 Sutra 350
Gulika 3:40PM – 5:11PM **Vishakha** Until 4:34AM Mon **Ganesha:** Blue *Sunrise:* 6:36AM Manmatha 5117
Yama 12:39PM – 2:10PM **Harshana** Until 9:15AM **Muruqa:** White *Sunset:* 6:42PM Moon 3 - Phase 47
Rahu 5:11PM – 6:42PM **Bava** Until 11:55AM **Nataraja:** Clear 1st Phase
Moon – Orange **Sivaloka Day**
Chaturthi* Until 1:04AM Mon **Phalguna-Panguni**

4 Monday, March 28, 2016

Vrischika Rasi: 4.02 Titli 20
176421368
Family Home Evening
Creative Work Siddha Yoga
Until 7:09AM Tue
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Nairobi, Kenya
Anuradha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau Sun 4 Sutra 351
Gulika 2:09PM – 3:40PM **Anuradha** Until 7:09AM Tue **Ganesha:** Blue *Sunrise:* 6:36AM Manmatha 5117
Yama 11:08AM – 12:39PM **Vajra*** Until 9:59AM **Muruqa:** White *Sunset:* 6:42PM Moon 3 - Phase 47
Rahu 8:06AM – 9:37AM **Kaulava** Until 2:12PM **Nataraja:** Clear 1st Phase
Moon – Orange **Sivaloka Day**
Panchami Until 3:11AM Tue **Phalguna-Panguni**

5 Tuesday, March 29, 2016

Vrischika Rasi: 16.05 Titli 21
176521368
Creative Work Siddha Yoga
Until 7:09AM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Nairobi, Kenya
Anuradha/Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau Sun 5 Sutra 352
Gulika 12:38PM – 2:09PM **Anuradha** Until 7:09AM **Ganesha:** Red *Sunrise:* 6:35AM Manmatha 5117
Yama 9:37AM – 11:08AM **Siddhi** Until 10:30AM **Muruqa:** White *Sunset:* 6:41PM Moon 3 - Phase 47
Rahu 3:40PM – 5:11PM **Gara** Until 4:07PM **Nataraja:** Clear 1st Phase
Moon – Orange **Devaloka Day**
Shashthi* Until 4:53AM Wed **Phalguna-Panguni**

6 Wednesday, March 30, 2016

Vrischika Rasi: 28.17 Titli 22
176521368
Creative Work Siddha Yoga
Until 9:09AM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Nairobi, Kenya
Jyeshtha*/Mula* Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Saplamyam Titau Sun 6 Sutra 353
Gulika 11:07AM – 12:38PM **Jyeshtha*** Until 9:09AM **Ganesha:** Red *Sunrise:* 6:35AM Manmatha 5117
Yama 8:06AM – 9:37AM **Vyatipata*** Until 10:41AM **Muruqa:** White *Sunset:* 6:41PM Moon 3 - Phase 47
Rahu 12:38PM – 2:09PM **Visti** Until 5:33PM **Nataraja:** Clear 1st Phase
Moon – Orange **Devaloka Day**
Saptami Until 6:01AM Thu **Phalguna-Panguni**

Thursday, March 31, 2016
Retreat Star

Dhanus Rasi: 10.44 Titli 22 – 23
186521368
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Nairobi, Kenya
Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Saptami/Ashlamyam Titau Sun 7 Sutra 354
Gulika 9:36AM – 11:07AM **Mula*** Until 10:54AM **Ganesha:** Green *Sunrise:* 6:35AM Manmatha 5117
Yama 6:35AM – 8:06AM **Variyan** Until 10:23AM **Muruqa:** White *Sunset:* 6:41PM Moon 3 - Phase 47
Rahu 2:09PM – 3:39PM **Balava** Until 6:21PM **Nataraja:** Clear Ashtami
Moon – Light Blue **Bhuloka Day**
Saptami Until 6:01AM **Phalguna-Panguni** **Devaloka Time: 6:PM to 9:PM**

Friday, April 1, 2016

Retreat Star

Dhanus Rasi: 23.3 Titli 23 – 24
187521368
Routine Work Prabalarishta Yoga
Until 11:49AM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Nairobi, Kenya
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau Sun 8 Sutra 355
Gulika 8:06AM – 9:36AM **Purvashadha*** Until 11:49AM **Ganesha:** Red *Sunrise:* 6:35AM Manmatha 5117
Yama 3:39PM – 5:10PM **Parigha*** Until 9:34AM **Muruqa:** White *Sunset:* 6:41PM Moon 3 - Phase 47
Rahu 11:07AM – 12:38PM **Taitila** Until 6:25PM **Nataraja:** Clear Navami
Moon – Light Blue **Devaloka Day**
Ashtami* Until 6:28AM **Phalguna-Panguni**

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1	Saturday, April 2, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Gara/Visli* Karana Navami/Dashamyam Titau				Nairobi, Kenya Sun 9 Sutra 356	
	Makara Rasi: 6.39	Tithi 24 – 25	187521368	Gulika 6:35AM – 8:05AM Yama 2:08PM – 3:39PM Rahu 9:36AM – 11:07AM	Uttarashadha Until 11:49AM Shiva Until 8:08AM Visli Until 5:01AM Sun Navami* Until 6:08AM	Ganesha: Red <i>Sunrise:</i> 6:35AM Muruqa: White <i>Sunset:</i> 6:40PM Nataraja: Clear Moon – Light Blue Phalguna-Panguni	Manmatha 5117 Moon 3 - Phase 48 2nd Phase Devaloka Day	
	Routine Work Marana Yoga Until 11:49AM Then Creative Work - Siddha Yoga							
2	Sunday, April 3, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Nairobi, Kenya Sun 10 Sutra 357	
	Makara Rasi: 20.14	Tithi 26	197521368	Gulika 3:39PM – 5:09PM Yama 12:37PM – 2:08PM Rahu 5:09PM – 6:40PM	Shravana Until 11:21AM Siddha Until 6:04AM Bava Until 4:11PM Ekadashi* Until 3:09AM Mon	Ganesha: Green <i>Sunrise:</i> 6:34AM Muruqa: White <i>Sunset:</i> 6:40PM Nataraja: Clear Moon – Purple Phalguna-Panguni	Manmatha 5117 Moon 3 - Phase 48 2nd Phase Sivaloka Day	
	Creative Work Amrita Yoga Until 11:21AM Then Routine Work - Marana Yoga							
3	Monday, April 4, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Nairobi, Kenya Sun 11 Sutra 358	
	Kumbha Rasi: 4.16	Tithi 27	197521368	Gulika 2:08PM – 3:38PM Yama 11:06AM – 12:37PM Rahu 8:05AM – 9:36AM	Dhanishtha Until 10:00AM Subha Until 12:12AM Tue Kaulava Until 1:58PM Dvadashi* Until 12:36AM Tue	Ganesha: Green <i>Sunrise:</i> 6:34AM Muruqa: White <i>Sunset:</i> 6:40PM Nataraja: Clear Moon – Purple Phalguna-Panguni	Manmatha 5117 Moon 3 - Phase 48 2nd Phase Sivaloka Day	
	Family Home Evening Creative Work Siddha Yoga							
4	Tuesday, April 5, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla Yoga Gara/Vanija Karana Trayodashyam Titau				Nairobi, Kenya Sun 12 Sutra 359	
	Kumbha Rasi: 18.45	Tithi 28	197521368	Gulika 12:37PM – 2:07PM Yama 9:35AM – 11:06AM Rahu 3:38PM – 5:09PM	Shatabhishak Until 7:53AM Sukla Until 8:32PM Gara Until 11:08AM Trayodashi* Until 9:31PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Green <i>Sunrise:</i> 6:34AM Muruqa: White <i>Sunset:</i> 6:39PM Nataraja: Clear Moon – Purple Phalguna-Panguni	Manmatha 5117 Moon 3 - Phase 48 2nd Phase Sivaloka Day	
	Routine Work Marana Yoga							
5	Wednesday, April 6, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Nairobi, Kenya Sun 13 Sutra 360	
	Meena Rasi: 4	Tithi 29	117521368	Gulika 11:06AM – 12:36PM Yama 8:04AM – 9:35AM Rahu 12:36PM – 2:07PM	Uttaraproshtapada Until 2:45AM Thu Brahma Until 4:33PM Visli Until 7:50AM Chaturdashi* Until 6:03PM	Ganesha: Orange <i>Sunrise:</i> 6:34AM Muruqa: White <i>Sunset:</i> 6:39PM Nataraja: Clear Moon – Clear Phalguna-Panguni	Manmatha 5117 Moon 3 - Phase 48 2nd Phase Devaloka Day	
	Creative Work Siddha Yoga							
●	Thursday, April 7, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Nairobi, Kenya Sun 14 Sutra 361	
	Retreat Star		Meena Rasi: 18.43	Tithi 30 – 1	118521368	Gulika 9:35AM – 11:05AM Yama 6:33AM – 8:04AM Rahu 2:07PM – 3:37PM	Revati Until 11:40PM Indra Until 12:23PM Kintughna Until 12:28AM Fri Amavasya* Until 2:20PM	Ganesha: Green <i>Sunrise:</i> 6:33AM Muruqa: White <i>Sunset:</i> 6:39PM Nataraja: Clear Moon – Clear Phalguna-Panguni
	Creative Work Siddha Yoga Until 11:40PM Then Creative Work - Amrita Yoga							
●	Friday, April 8, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Nairobi, Kenya Sun 15 Sutra 362	
	Retreat Star		Mesha Rasi: 3.55	Tithi 1 – 2	128521368	Gulika 8:04AM – 9:34AM Yama 3:37PM – 5:08PM Rahu 11:05AM – 12:36PM	Ashvini Until 8:50PM Vaidhriti* Until 8:06AM Balava Until 8:43PM Prathama* Until 10:34AM	Ganesha: White <i>Sunrise:</i> 6:33AM Muruqa: White <i>Sunset:</i> 6:38PM Nataraja: Clear Moon – White Chaitra-Panguni
	Creative Work Amrita Yoga Until 8:50PM Then Creative Work - Siddha Yoga		Chellappaswami Mahasamadhi					

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Saturday, April 9, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Priti Yoga Kaulava/Gara Karana Dvitiya/Tritiyam Titau	Nairobi, Kenya Sun 16 Sutra 363
	Mesha Rasi: 19.06 Tithi 2 - 3 128521368	Gulika 6:33AM - 8:03AM Yama 2:06PM - 3:37PM Rahu 9:34AM - 11:05AM	Bharani Until 6:04PM Priti Until 11:56PM Gara Until 3:27AM Sun Dvitiya Until 6:53AM

Ganesha: White <i>Sunrise: 6:33AM</i>	Muruḡa: White <i>Sunset: 6:38PM</i>	Nataraja: Clear Moon - White	Bhuloka Day Devaloka Time: 6:PM to 9:PM
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Creative Work Siddha Yoga
Until 6:04PM
Then Creative Work - Amrita Yoga

2	Sunday, April 10, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthiyam Titau	Nairobi, Kenya Sun 17 Sutra 364
	Virshabha Rasi: 4.04 Tithi 4 128521368	Gulika 3:37PM - 5:07PM Yama 12:35PM - 2:06PM Rahu 5:07PM - 6:38PM	Krittika Until 3:30PM Ayushman Until 8:15PM Vanija Until 1:54PM Chaturthi* Until 12:26AM Mon

Ganesha: White <i>Sunrise: 6:33AM</i>	Muruḡa: White <i>Sunset: 6:38PM</i>	Nataraja: Clear Moon - White	Bhuloka Day Devaloka Time: 6:PM to 9:PM
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Creative Work Siddha Yoga

3	Monday, April 11, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Panchamyam Titau	Nairobi, Kenya Sun 18
	Virshabha Rasi: 18.43 Tithi 5 Family Home Evening 138521368	Gulika 2:06PM - 3:36PM Yama 11:04AM - 12:35PM Rahu 8:03AM - 9:34AM	Rohini Until 1:42PM Saubhagya Until 5:00PM Bava Until 11:09AM Panchami Until 9:59PM

Ganesha: Clear <i>Sunrise: 6:32AM</i>	Muruḡa: White <i>Sunset: 6:38PM</i>	Nataraja: Clear Moon - Yellow	Devaloka Day
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Creative Work Amrita Yoga

4	Tuesday, April 12, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau	Nairobi, Kenya Sun 19
	Mithuna Rasi: 2.56 Tithi 6 138521368	Gulika 12:35PM - 2:05PM Yama 9:34AM - 11:04AM Rahu 3:36PM - 5:07PM	Mrigashira Until 12:24PM Sobhana Until 2:19PM Kaulava Until 9:01AM Shashthi* Until 8:12PM

Ganesha: Clear <i>Sunrise: 6:32AM</i>	Muruḡa: White <i>Sunset: 6:37PM</i>	Nataraja: Clear Moon - Yellow	Devaloka Day
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Creative Work Siddha Yoga
Until 12:24PM
Then Routine Work - Marana Yoga

5	Wednesday, April 13, 2016	Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Saptamyam Titau	Nairobi, Kenya Sun 20
	Mithuna Rasi: 16.43 Tithi 7 138521368	Gulika 11:04AM - 12:34PM Yama 8:03AM - 9:33AM Rahu 12:34PM - 2:05PM	Ardra Until 11:41AM Athiganda* Until 12:12PM Gara Until 7:37AM Saptami Until 7:11PM

Ganesha: Clear <i>Sunrise: 6:32AM</i>	Muruḡa: White <i>Sunset: 6:37PM</i>	Nataraja: Clear Moon - Yellow	Devaloka Day
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Creative Work Siddha Yoga
Tamil New Year

D	Thursday, April 14, 2016	Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau	Nairobi, Kenya Sun 21
	Retreat Star Kataka Rasi: 0.02 Tithi 8 249521368	Gulika 9:33AM - 11:04AM Yama 6:32AM - 8:02AM Rahu 2:05PM - 3:35PM	Punarvasu Until 12:03PM Sukarma Until 10:44AM Visti Until 7:00AM Ashtami* Until 6:58PM

Ganesha: White <i>Sunrise: 6:32AM</i>	Muruḡa: White <i>Sunset: 6:37PM</i>	Nataraja: Clear Moon - Blue	Sivaloka Day
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Creative Work Amrita Yoga

Friday, April 15, 2016	Retreat Star	Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Navamyam Titau	Nairobi, Kenya Sun 22
	Kataka Rasi: 12.56 Tithi 9 249521368	Gulika 8:02AM - 9:33AM Yama 3:35PM - 5:06PM Rahu 11:03AM - 12:34PM	Pushya Until 1:03PM Dhriti Until 9:54AM Balava Until 7:10AM Navami* Until 7:31PM

Ganesha: White <i>Sunrise: 6:31AM</i>	Muruḡa: White <i>Sunset: 6:36PM</i>	Nataraja: Clear Moon - Blue	Sivaloka Day
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Routine Work Marana Yoga
Sri Rama Navami

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

1	Saturday, April 16, 2016		Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mantā Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dashamyam Titau				Nairobi, Kenya	
	Kataka Rasi: 25.29	Tithi 10	249521368	Gulika 6:31AM – 8:02AM Yama 2:04PM – 3:35PM Rahu 9:32AM – 11:03AM	Ashlesha* Until 2:34PM Shula* Until 9:37AM Taitila Until 8:06AM Dashami Until 8:47PM	Ganesha: White <i>Sunrise:</i> 6:31AM Muruḡa: White <i>Sunset:</i> 6:36PM Nataraja: Clear Moon – Blue Chaitra*Chaitra	Sun 23 Durmukha 5118 Moon 3 - Phase 1 4th Phase Sivaloka Day	
	Routine Work Marana Yoga Until 2:34PM Then Creative Work - Amrita Yoga							
2	Sunday, April 17, 2016		Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Nairobi, Kenya	
	Simha Rasi: 7.46	Tithi 11	259521368	Gulika 3:35PM – 5:05PM Yama 12:33PM – 2:04PM Rahu 5:05PM – 6:36PM	Magha* Until 5:00PM Ganda* Until 9:50AM Vanija Until 9:39AM Ekadashi Until 10:36PM	Ganesha: Clear <i>Sunrise:</i> 6:31AM Muruḡa: White <i>Sunset:</i> 6:36PM Nataraja: Clear Moon – Red Chaitra*Chaitra	Sun 24 Durmukha 5118 Moon 3 - Phase 1 4th Phase Devaloka Day	
	Routine Work Marana Yoga Until 5:00PM Then Creative Work - Siddha Yoga							
3	Monday, April 18, 2016		Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau				Nairobi, Kenya	
	Simha Rasi: 19.5	Tithi 12	259521368	Gulika 2:04PM – 3:34PM Yama 11:03AM – 12:33PM Rahu 8:01AM – 9:32AM	Purvaphalguni Until 7:42PM Vridhhi Until 10:26AM Bava Until 11:42AM Dvadashi Until 12:50AM Tue	Ganesha: Clear <i>Sunrise:</i> 6:31AM Muruḡa: White <i>Sunset:</i> 6:36PM Nataraja: Clear Moon – Red Chaitra*Chaitra	Sun 25 Sutra 1 Durmukha 5118 Moon 3 - Phase 1 4th Phase Devaloka Day	
	Family Home Evening Creative Work Siddha Yoga							
4	Tuesday, April 19, 2016		Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Nairobi, Kenya	
	Kanya Rasi: 1.46	Tithi 13	259521368	Gulika 12:33PM – 2:04PM Yama 9:32AM – 11:03AM Rahu 3:34PM – 5:05PM	Uttaraphalguni Until 10:30PM Dhruva Until 11:15AM Kaulava Until 2:04PM Trayodashi Until 3:19AM Wed <i>Pradosha Vrata</i>	Ganesha: Clear <i>Sunrise:</i> 6:31AM Muruḡa: White <i>Sunset:</i> 6:35PM Nataraja: Clear Moon – Red Chaitra*Chaitra	Sun 26 Sutra 2 Durmukha 5118 Moon 3 - Phase 1 4th Phase Devaloka Day	
	Creative Work Amrita Yoga Until 10:30PM Then Creative Work - Siddha Yoga							
5	Wednesday, April 20, 2016		Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Nairobi, Kenya	
	Kanya Rasi: 14	Tithi 14	269521368	Gulika 11:02AM – 12:33PM Yama 8:01AM – 9:32AM Rahu 12:33PM – 2:03PM	Hasta Until 1:45AM Thu Vyaghata* Until 12:14PM Gara Until 4:37PM Chaturdashi* Until 5:53AM Thu	Ganesha: Purple <i>Sunrise:</i> 6:30AM Muruḡa: White <i>Sunset:</i> 6:35PM Nataraja: Clear Moon – Green Chaitra*Chaitra	Sun 27 Sutra 3 Durmukha 5118 Moon 3 - Phase 1 4th Phase Sivaloka Day	
	Routine Work Marana Yoga Until 1:45AM Thu Then Creative Work - Siddha Yoga							
	Thursday, April 21, 2016		Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Visti* Karana Purnimayam Titau				Nairobi, Kenya	
	Copper Retreat Star		Kanya Rasi: 25.25	Tithi 15	261521368	Gulika 9:31AM – 11:02AM Yama 6:30AM – 8:01AM Rahu 2:03PM – 3:34PM	Chitra Until 4:50AM Fri Harshana Until 1:17PM Visti Until 7:12PM Purnima* Until 8:26AM Fri	Ganesha: Purple <i>Sunrise:</i> 6:30AM Muruḡa: White <i>Sunset:</i> 6:35PM Nataraja: Clear Moon – Green Chaitra*Chaitra
	Creative Work Siddha Yoga		Chitra Purnima (Tamil Nadu) Hanuman Jayanti					
○	Friday, April 22, 2016		Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Nairobi, Kenya	
	Silver Retreat Star		Tula Rasi: 7.14	Tithi 15 – 16	261521368	Gulika 8:01AM – 9:31AM Yama 3:34PM – 5:04PM Rahu 11:02AM – 12:32PM	Svati Until 7:38AM Sat Vajra* Until 2:15PM Balava Until 9:42PM Purnima* Until 8:26AM	Ganesha: Purple <i>Sunrise:</i> 6:30AM Muruḡa: White <i>Sunset:</i> 6:35PM Nataraja: Clear Moon – Green Chaitra*Chaitra
	Creative Work Siddha Yoga							

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time

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