



Tuesday, May 5, 2015
Gold Retreat Star

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Varyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Muscat, Oman
Sutra 23

Vrischika Rasi: 1 Tithi 16 – 17
279979269
Routine Work Marana Yoga
Until 10:22AM
Then Creative Work - Siddha Yoga

Gulika 12:03PM – 1:42PM
Yama 8:47AM – 10:25AM
Rahu 3:20PM – 4:58PM

Vishakha Until 10:22AM
Varyan Until 9:16PM
Taitila Until 8:38PM
Prathama* Until 8:28AM

Ganesha: Blue *Sunrise: 5:31AM*
Muruga: White *Sunset: 6:36PM*
Nataraja: Clear
Moon – Orange
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Devaloka Day

1

Wednesday, May 6, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Muscat, Oman
Sutra 24

Vrischika Rasi: 13.51 Tithi 17 – 18
271979269
Creative Work Siddha Yoga

Gulika 10:25AM – 12:03PM
Yama 7:09AM – 8:47AM
Rahu 12:03PM – 1:42PM

Anuradha Until 11:11AM
Parigha* Until 8:12PM
Vanija Until 8:36PM
Dvitiya Until 8:39AM

Ganesha: Yellow *Sunrise: 5:30AM*
Muruga: White *Sunset: 6:37PM*
Nataraja: Clear
Moon – Orange
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Sivaloka Day

2

Thursday, May 7, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Muscat, Oman
Sutra 25

Vrischika Rasi: 26.56 Tithi 18 – 19
271979269
Routine Work Prabalarishta Yoga
Until 11:24AM
Then Creative Work - Siddha Yoga

Gulika 8:46AM – 10:25AM
Yama 5:30AM – 7:08AM
Rahu 1:42PM – 3:20PM

Jyeshtha* Until 11:24AM
Shiva Until 6:47PM
Bava Until 8:07PM
Tritiya Until 8:23AM

Ganesha: Yellow *Sunrise: 5:30AM*
Muruga: White *Sunset: 6:37PM*
Nataraja: Clear
Moon – Orange
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Sivaloka Day

3

Friday, May 8, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Muscat, Oman
Sutra 26

Dhanus Rasi: 10.14 Tithi 19 – 20
281979269
Creative Work Amrita Yoga
Until 11:32AM
Then Routine Work - Prabalarishta Yoga

Gulika 7:08AM – 8:46AM
Yama 3:20PM – 4:59PM
Rahu 10:25AM – 12:03PM

Mula* Until 11:32AM
Siddha Until 5:03PM
Kaulava Until 7:16PM
Chaturthi* Until 7:43AM

Ganesha: White *Sunrise: 5:29AM*
Muruga: White *Sunset: 6:37PM*
Nataraja: Clear
Moon – Light Blue
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Subha Sivaloka Day

4

Saturday, May 9, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Muscat, Oman
Sutra 27

Dhanus Rasi: 23.43 Tithi 20 – 21
281179269
Creative Work Siddha Yoga
Until 11:10AM
Then Routine Work - Marana Yoga

Gulika 5:28AM – 7:07AM
Yama 1:42PM – 3:21PM
Rahu 8:46AM – 10:24AM

Purvashadha* Until 11:10AM
Sadhya Until 3:03PM
Gara Until 6:04PM
Panchami Until 6:41AM

Ganesha: Yellow *Sunrise: 5:28AM*
Muruga: White *Sunset: 6:38PM*
Nataraja: Clear
Moon – Light Blue
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Sivaloka Day

5

Sunday, May 10, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Saptamyam Titau

Muscat, Oman
Sutra 28

Makara Rasi: 7.25 Tithi 22
281179269
Creative Work Amrita Yoga

Gulika 3:21PM – 5:00PM
Yama 12:03PM – 1:42PM
Rahu 5:00PM – 6:38PM

Uttarashadha Until 10:20AM
Subha Until 12:48PM
Visti Until 4:32PM
Saptami Until 3:39AM Mon

Ganesha: Yellow *Sunrise: 5:28AM*
Muruga: White *Sunset: 6:38PM*
Nataraja: Clear
Moon – Light Blue
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Sivaloka Day

Chidambaram Abhishekam
Mother's Day

D

Monday, May 11, 2015
Retreat Star

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Muscat, Oman
Sutra 29

Makara Rasi: 21.17 Tithi 23
291179269
Family Home Evening
Creative Work Amrita Yoga
Until 9:29AM
Then Creative Work - Siddha Yoga

Gulika 1:42PM – 3:21PM
Yama 10:24AM – 12:03PM
Rahu 7:06AM – 8:45AM

Shravana Until 9:29AM
Sukla Until 10:17AM
Balava Until 2:43PM
Ashtami* Until 1:41AM Tue

Ganesha: White *Sunrise: 5:27AM*
Muruga: White *Sunset: 6:39PM*
Nataraja: Clear
Moon – Purple
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
Ashtami

Devaloka Day

Tuesday, May 12, 2015
Retreat Star

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau

Muscat, Oman
Sutra 30

Kumbha Rasi: 5.21 Tithi 24
291179269
Creative Work Siddha Yoga
Until 8:13AM
Then Routine Work - Marana Yoga

Gulika 12:03PM – 1:42PM
Yama 8:45AM – 10:24AM
Rahu 3:21PM – 5:00PM

Dhanishtha Until 8:13AM
Brahma Until 7:33AM
Taitila Until 12:37PM
Navami* Until 11:28PM

Ganesha: White *Sunrise: 5:27AM*
Muruga: White *Sunset: 6:39PM*
Nataraja: Clear
Moon – Purple
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
Navami

Devaloka Day

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1	Wednesday, May 13, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau	Muscat, Oman Sutra 31 Manmatha 5117
	Kumbha Rasi: 19.35 Tithi 25 291179269	Gulika 10:24AM – 12:03PM Yama 7:05AM – 8:45AM Rahu 12:03PM – 1:42PM	Shatabhishak Until 6:33AM Vaidhriti* Until 1:30AM Thu Vanija Until 10:17AM Dashami Until 9:01PM
	Creative Work Siddha Yoga Until 6:33AM Then Creative Work - Amrita Yoga	Ganesha: White <i>Sunrise:</i> 5:26AM Muruga: White <i>Sunset:</i> 6:40PM Nataraja: Clear Moon – Purple	Devaloka Day
2	Thursday, May 14, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau	Muscat, Oman Sutra 32 Manmatha 5117
	Meena Rasi: 3.57 Tithi 26 211179269	Gulika 8:44AM – 10:24AM Yama 5:26AM – 7:05AM Rahu 1:42PM – 3:22PM	Uttaraproshtapada Until 3:06AM Fri Vishkambha* Until 10:16PM Bava Until 7:44AM Ekadashi* Until 6:24PM
	Creative Work Siddha Yoga	Ganesha: Light Blue <i>Sunrise:</i> 5:26AM Muruga: White <i>Sunset:</i> 6:40PM Nataraja: Clear Moon – Clear	Devaloka Day
3	Friday, May 15, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Muscat, Oman Sutra 33 Manmatha 5117
	Meena Rasi: 18.25 Tithi 27 – 28 211179269	Gulika 7:05AM – 8:44AM Yama 3:22PM – 5:01PM Rahu 10:24AM – 12:03PM	Revati Until 1:03AM Sat Priti Until 7:00PM Gara Until 2:23AM Sat Dvadashi* Until 3:42PM <i>Pradosha Vrata (Fasting)</i>
	Creative Work Siddha Yoga	Ganesha: Light Blue <i>Sunrise:</i> 5:25AM Muruga: White <i>Sunset:</i> 6:41PM Nataraja: Clear Moon – Clear	Devaloka Day
4	Saturday, May 16, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Ayushmani/Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Muscat, Oman Sutra 34 Manmatha 5117
	Mesha Rasi: 2.53 Tithi 28 – 29 222179269	Gulika 5:25AM – 7:04AM Yama 1:43PM – 3:22PM Rahu 8:44AM – 10:24AM	Ashvini Until 11:20PM Ayushman Until 3:43PM Visti Until 11:45PM Trayodashi* Until 1:02PM
	Creative Work Siddha Yoga	Ganesha: Light Blue <i>Sunrise:</i> 5:25AM Muruga: White <i>Sunset:</i> 6:41PM Nataraja: Clear Moon – White	Devaloka Day
●	Sunday, May 17, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Muscat, Oman Sutra 35 Manmatha 5117
	Retreat Star Mesha Rasi: 17.19 Tithi 29 – 30 222179269	Gulika 3:22PM – 5:02PM Yama 12:03PM – 1:43PM Rahu 5:02PM – 6:42PM	Bharani Until 9:41PM Saubhagya Until 12:35PM Catuspada Until 9:19PM Chaturdashi* Until 10:29AM
	Routine Work Prabalarishta Yoga Until 9:41PM Then Creative Work - Siddha Yoga	Ganesha: Light Blue <i>Sunrise:</i> 5:24AM Muruga: White <i>Sunset:</i> 6:42PM Nataraja: Clear Moon – White	Devaloka Day
●	Monday, May 18, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sobhana/Athiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Muscat, Oman Sutra 36 Manmatha 5117
	Retreat Star Vrishabha Rasi: 1.34 Tithi 30 – 1 Family Home Evening 222179269	Gulika 1:43PM – 3:23PM Yama 10:23AM – 12:03PM Rahu 7:04AM – 8:44AM	Krittika Until 8:14PM Sobhana Until 9:41AM Kintughna Until 7:13PM Amavasya* Until 8:12AM
	Routine Work Marana Yoga Until 8:14PM Then Creative Work - Amrita Yoga	Ganesha: Light Blue <i>Sunrise:</i> 5:24AM Muruga: White <i>Sunset:</i> 6:42PM Nataraja: Clear Moon – White	Devaloka Day

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time

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1		Tuesday, May 19, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau			Muscat, Oman Sutra 37
Wrishabha Rasi: 15.34	Tithi 1 – 2	232179269	Gulika 12:03PM – 1:43PM Yama 8:43AM – 10:23AM Rahu 3:23PM – 5:03PM	Rohini Until 7:31PM Athiganda* Until 7:05AM Kaulava Until 4:56AM Wed Prathama* Until 6:18AM	Ganesha: Purple <i>Sunrise:</i> 5:24AM Muruga: White <i>Sunset:</i> 6:43PM Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Manmatha 5117 Moon 4 - Phase 5 3rd Phase	
Creative Work Amrita Yoga Until 7:31PM Then Creative Work - Siddha Yoga						Devaloka Day	
2		Wednesday, May 20, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau			Muscat, Oman Sutra 38
Wrishabha Rasi: 29.16	Tithi 3	232179269	Gulika 10:23AM – 12:03PM Yama 7:03AM – 8:43AM Rahu 12:03PM – 1:43PM	Mrigashira Until 7:15PM Dhriti Until 3:18AM Thu Taitila Until 4:30PM Tritiya Until 4:11AM Thu	Ganesha: Purple <i>Sunrise:</i> 5:23AM Muruga: White <i>Sunset:</i> 6:43PM Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Manmatha 5117 Moon 4 - Phase 5 3rd Phase	
Creative Work Siddha Yoga						Devaloka Day	
3		Thursday, May 21, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau			Muscat, Oman Sutra 39
Mithuna Rasi: 12.35	Tithi 4	232179269	Gulika 8:43AM – 10:23AM Yama 5:23AM – 7:03AM Rahu 1:43PM – 3:23PM	Ardra Until 7:29PM Shula* Until 2:12AM Fri Vanija Until 4:06PM Chaturthi* Until 4:09AM Fri	Ganesha: Purple <i>Sunrise:</i> 5:23AM Muruga: White <i>Sunset:</i> 6:44PM Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Manmatha 5117 Moon 4 - Phase 5 3rd Phase	
Routine Work Marana Yoga Until 7:29PM Then Creative Work - Amrita Yoga						Devaloka Day	
4		Friday, May 22, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Ganda* Yoga Bava/Balava Karana Panchamyam Titau			Muscat, Oman Sutra 40
Mithuna Rasi: 25.32	Tithi 5	242179269	Gulika 7:03AM – 8:43AM Yama 3:24PM – 5:04PM Rahu 10:23AM – 12:03PM	Punarvasu Until 8:45PM Ganda* Until 1:42AM Sat Bava Until 4:25PM Panchami Until 4:50AM Sat	Ganesha: Clear <i>Sunrise:</i> 5:22AM Muruga: White <i>Sunset:</i> 6:44PM Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Manmatha 5117 Moon 4 - Phase 5 3rd Phase	
Creative Work Siddha Yoga Until 8:45PM Then Routine Work - Marana Yoga						Sivaloka Day	
5		Saturday, May 23, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthyam Titau			Muscat, Oman Sutra 41
Kataka Rasi: 8.08	Tithi 6	242179269	Gulika 5:22AM – 7:02AM Yama 1:44PM – 3:24PM Rahu 8:43AM – 10:23AM	Pushya Until 10:33PM Vriddhi Until 1:45AM Sun Kaulava Until 5:28PM Shashthi* Until 6:13AM Sun	Ganesha: Clear <i>Sunrise:</i> 5:22AM Muruga: White <i>Sunset:</i> 6:45PM Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Manmatha 5117 Moon 4 - Phase 5 3rd Phase	
Creative Work Siddha Yoga Until 10:33PM Then Routine Work - Marana Yoga						Sivaloka Day	
6		Sunday, May 24, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Dhruva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Muscat, Oman Sutra 42
Kataka Rasi: 20.26	Tithi 6 – 7	242179269	Gulika 3:24PM – 5:05PM Yama 12:03PM – 1:44PM Rahu 5:05PM – 6:45PM	Ashlesha* Until 12:47AM Mon Dhruva Until 2:14AM Mon Gara Until 7:09PM Shashthi* Until 6:13AM	Ganesha: Clear <i>Sunrise:</i> 5:22AM Muruga: White <i>Sunset:</i> 6:45PM Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Manmatha 5117 Moon 4 - Phase 5 3rd Phase	
Creative Work Siddha Yoga Until 12:47AM Mon Then Routine Work - Marana Yoga						Sivaloka Day	
Retreat Star		Monday, May 25, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Muscat, Oman Sutra 43
Simha Rasi: 2.31	Tithi 7 – 8	252179269	Gulika 1:44PM – 3:25PM Yama 10:23AM – 12:04PM Rahu 7:02AM – 8:43AM	Magha* Until 3:48AM Tue Vyaghata* Until 3:04AM Tue Visti Until 9:20PM Saptami Until 8:11AM	Ganesha: White <i>Sunrise:</i> 5:22AM Muruga: White <i>Sunset:</i> 6:46PM Nataraja: Clear Moon – Red Jyeshtha-Vaikasi	Manmatha 5117 Moon 4 - Phase 5 Ashtami	
Family Home Evening Routine Work Marana Yoga Until 3:48AM Tue Then Creative Work - Siddha Yoga						Devaloka Day	
Retreat Star		Tuesday, May 26, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Muscat, Oman Sutra 44
Simha Rasi: 14.25	Tithi 8 – 9	352179269	Gulika 12:04PM – 1:44PM Yama 8:42AM – 10:23AM Rahu 3:25PM – 5:05PM	Purvaphalguni Until 6:51AM Wed Harshana Until 4:07AM Wed Balava Until 11:49PM Ashtami* Until 10:32AM	Ganesha: Clear <i>Sunrise:</i> 5:21AM Muruga: White <i>Sunset:</i> 6:46PM Nataraja: Clear Moon – Red Jyeshtha-Vaikasi	Manmatha 5117 Moon 4 - Phase 5 Navami	
Creative Work Siddha Yoga Until 6:51AM Wed Then Creative Work - Amrita Yoga						Sivaloka Day	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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1		Wednesday, May 27, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Muscat, Oman Sutra 45 Manmatha 5117
Simha Rasi: 26.14	Tithi 9 – 10	352179269	Gulika 10:23AM – 12:04PM Yama 7:02AM – 8:42AM Rahu 12:04PM – 1:44PM	Purvaphalguni Until 6:51AM Vajra* Until 5:07AM Thu Taitila Until 2:20AM Thu Navami* Until 1:04PM
Creative Work	Amrita Yoga		Ganesha: Clear Muruga: White Nataraja: Clear Moon – Red	Sivaloka Day Sunrise: 5:21AM Sunset: 6:46PM
2		Thursday, May 28, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Muscat, Oman Sutra 46 Manmatha 5117
Kanya Rasi: 8.04	Tithi 10 – 11	352179269	Gulika 8:42AM – 10:23AM Yama 5:21AM – 7:02AM Rahu 1:45PM – 3:25PM	Uttaraphalguni Until 9:44AM Siddhi Until 5:59AM Fri Vanija Until 4:39AM Fri Dashami Until 3:30PM
Amrita Yoga			Ganesha: Clear Muruga: White Nataraja: Clear Moon – Red	Sivaloka Day Sunrise: 5:21AM Sunset: 6:47PM
Until 9:44AM				
3		Friday, May 29, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Muscat, Oman Sutra 47 Manmatha 5117
Kanya Rasi: 19.59	Tithi 11 – 12	363179269	Gulika 7:01AM – 8:42AM Yama 3:26PM – 5:07PM Rahu 10:23AM – 12:04PM	Hasta Until 12:41PM Vyatipata* Until 6:32AM Sat Bava Until 6:33AM Sat Ekadashi Until 5:38PM
Creative Work	Amrita Yoga		Ganesha: Clear Muruga: White Nataraja: Clear Moon – Green	Sivaloka Day Sunrise: 5:21AM Sunset: 6:47PM
Until 12:41PM				
4		Saturday, May 30, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Dvadashyam Titau	Muscat, Oman Sutra 48 Manmatha 5117
Tula Rasi: 2.04	Tithi 12	363179269	Gulika 5:20AM – 7:01AM Yama 1:45PM – 3:26PM Rahu 8:42AM – 10:23AM	Chitra Until 3:01PM Vyatipata* Until 6:32AM Bava Until 6:33AM Dvadashi Until 7:16PM
Routine Work	Marana Yoga		Ganesha: Clear Muruga: White Nataraja: Clear Moon – Green	Sivaloka Day Sunrise: 5:20AM Sunset: 6:48PM
Until 3:01PM				
5		Sunday, May 31, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Muscat, Oman Sutra 49 Manmatha 5117
Tula Rasi: 14.23	Tithi 13	363179269	Gulika 3:26PM – 5:07PM Yama 12:04PM – 1:45PM Rahu 5:07PM – 6:48PM	Svati Until 4:36PM Variyan Until 6:36AM Kaulava Until 7:52AM Trayodashi Until 8:17PM <i>Pradosha Vrata</i>
Creative Work	Siddha Yoga		Ganesha: Clear Muruga: White Nataraja: Clear Moon – Green	Sivaloka Day Sunrise: 5:20AM Sunset: 6:48PM
Until 4:36PM				
6		Monday, June 1, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau	Muscat, Oman Sutra 50 Manmatha 5117
Tula Rasi: 26.58	Tithi 14	373179269	Gulika 1:45PM – 3:27PM Yama 10:23AM – 12:04PM Rahu 7:01AM – 8:42AM	Vishakha Until 5:53PM Parigha* Until 6:12AM Gara Until 8:34AM Chaturdashi* Until 8:39PM
Family Home Evening			Ganesha: White Muruga: White Nataraja: Clear Moon – Orange	Subha Sivaloka Day Sunrise: 5:20AM Sunset: 6:49PM
Routine Work	Marana Yoga		Vaikasi Visakam	
Until 5:53PM				
○		Tuesday, June 2, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau	Muscat, Oman Sutra 51 Manmatha 5117
Vrischika Rasi: 9.52	Tithi 15	373179269	Gulika 12:05PM – 1:46PM Yama 8:42AM – 10:23AM Rahu 3:27PM – 5:08PM	Anuradha Until 6:23PM Siddha Until 3:55AM Wed Visti Until 8:37AM Purnima* Until 8:23PM
Creative Work	Siddha Yoga		Ganesha: White Muruga: White Nataraja: Clear Moon – Orange	Subha Sivaloka Day Sunrise: 5:20AM Sunset: 6:49PM
Until 6:23PM				
○		Wednesday, June 3, 2015	Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau	Muscat, Oman Sutra 52 Manmatha 5117
Vrischika Rasi: 23.05	Tithi 16	373279269	Gulika 10:23AM – 12:05PM Yama 7:01AM – 8:42AM Rahu 12:05PM – 1:46PM	Jyeshtha* Until 6:12PM Sadhya Until 2:08AM Thu Balava Until 8:04AM Prathama* Until 7:35PM
Creative Work	Siddha Yoga		Ganesha: Yellow Muruga: White Nataraja: Clear Moon – Orange	Sivaloka Day Sunrise: 5:20AM Sunset: 6:50PM
Until 6:12PM				

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Thursday, June 4, 2015
Gold Retreat Star

Dhanus Rasi: 6.34 Tithi 17
383279261
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Subha Yoga Taitila/Gara Karana Dvitiyayam Titau

Muscat, Oman
Sun 1 Sutra 53
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 8:42AM – 10:24AM
Yama 5:20AM – 7:01AM
Rahu 1:46PM – 3:27PM

Mula* Until 5:53PM
Subha Until 12:01AM Fri
Taitila Until 7:02AM
Dvitiya Until 6:21PM

Ganesha: Blue *Sunrise:* 5:20AM
Muruqa: White *Sunset:* 6:50PM
Nataraja: Clear
Moon – Light Blue
Jyeshtha-Vaikasi

Devaloka Day

1 **Friday, June 5, 2015**

Dhanus Rasi: 20.16 Tithi 18 – 19
383279261
Routine Work Prabalarishta Yoga
Until 5:04PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla Yoga Visti/Gara Karana Tritiya/Chaturthyam Titau

Muscat, Oman
Sun 2 Sutra 54
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 7:01AM – 8:42AM
Yama 3:28PM – 5:09PM
Rahu 10:24AM – 12:05PM

Purvashadha* Until 5:04PM
Sukla Until 9:38PM
Bava Until 3:55AM Sat
Tritiya Until 4:46PM

Ganesha: Blue *Sunrise:* 5:20AM
Muruqa: White *Sunset:* 6:50PM
Nataraja: Clear
Moon – Light Blue
Jyeshtha-Vaikasi

Devaloka Day

2 **Saturday, June 6, 2015**

Makara Rasi: 4.09 Tithi 19 – 20
383279261
Routine Work Marana Yoga
Until 3:53PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Muscat, Oman
Sun 3 Sutra 55
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 5:20AM – 7:01AM
Yama 1:47PM – 3:28PM
Rahu 8:42AM – 10:24AM

Uttarashadha Until 3:53PM
Brahma Until 7:05PM
Kaulava Until 2:01AM Sun
Chaturthi* Until 2:58PM

Ganesha: Blue *Sunrise:* 5:20AM
Muruqa: White *Sunset:* 6:51PM
Nataraja: Clear
Moon – Light Blue
Jyeshtha-Vaikasi

Devaloka Day

3 **Sunday, June 7, 2015**

Makara Rasi: 18.09 Tithi 20 – 21
393279261
Creative Work Amrita Yoga
Until 2:50PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Muscat, Oman
Sun 4 Sutra 56
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 3:28PM – 5:10PM
Yama 12:05PM – 1:47PM
Rahu 5:10PM – 6:51PM

Shravana Until 2:50PM
Indra Until 4:27PM
Gara Until 12:00AM Mon
Panchami Until 1:00PM

Ganesha: Red *Sunrise:* 5:20AM
Muruqa: White *Sunset:* 6:51PM
Nataraja: Clear
Moon – Purple
Jyeshtha-Vaikasi

Sivaloka Day

4 **Monday, June 8, 2015**

Kumbha Rasi: 2.13 Tithi 21 – 22
393279261
Family Home Evening
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Vanaja/Visti* Karana Shashthi/Saptamyam Titau

Muscat, Oman
Sun 5 Sutra 57
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 1:47PM – 3:29PM
Yama 10:24AM – 12:06PM
Rahu 7:01AM – 8:43AM

Dhanishtha Until 1:33PM
Vaidhriti* Until 1:42PM
Visti Until 9:55PM
Shashthi* Until 10:56AM

Ganesha: Red *Sunrise:* 5:20AM
Muruqa: White *Sunset:* 6:52PM
Nataraja: Clear
Moon – Purple
Jyeshtha-Vaikasi

Sivaloka Day

Retreat Star **Tuesday, June 9, 2015**

Kumbha Rasi: 16.2 Tithi 22 – 23
393279261
Routine Work Marana Yoga

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak*/Purvaprossthapada* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Muscat, Oman
Sun 6 Sutra 58
Manmatha 5117
Moon 5 - Phase 7
Ashtami

Gulika 12:06PM – 1:47PM
Yama 8:43AM – 10:24AM
Rahu 3:29PM – 5:10PM

Shatabhishak Until 12:05PM
Vishkambha* Until 10:56AM
Balava Until 7:47PM
Saptami Until 8:50AM

Ganesha: Red *Sunrise:* 5:20AM
Muruqa: White *Sunset:* 6:52PM
Nataraja: Clear
Moon – Purple
Jyeshtha-Vaikasi

Sivaloka Day

Retreat Star **Wednesday, June 10, 2015**

Meena Rasi: 0.27 Tithi 23 – 24
313279261
Creative Work Amrita Yoga
Until 10:52AM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprossthapada*/Uttaraprossthapada Nakshatra Priti/Ayushman Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Muscat, Oman
Sun 7 Sutra 59
Manmatha 5117
Moon 5 - Phase 7
Navami

Gulika 10:24AM – 12:06PM
Yama 7:01AM – 8:43AM
Rahu 12:06PM – 1:48PM

Purvaprossthapada* Until 10:52AM
Priti Until 8:10AM
Gara Until 4:34AM Thu
Ashtami* Until 6:42AM

Ganesha: Clear *Sunrise:* 5:20AM
Muruqa: White *Sunset:* 6:52PM
Nataraja: Clear
Moon – Clear
Jyeshtha-Vaikasi

Sivaloka Day

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

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1	Thursday, June 11, 2015	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam	Muscat, Oman
	Uttaraproshtapada/Revati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau	Sun 8	Sutra 60
Meena Rasi: 14.35	Tithi 25	Gulika 8:43AM – 10:25AM	Uttaraproshtapada Until 9:31AM
		Yama 5:20AM – 7:01AM	Saubhagya Until 2:36AM Fri
	313279261	Rahu 1:48PM – 3:29PM	Vanija Until 3:31PM
Creative Work	Siddha Yoga		Dashami Until 2:27AM Fri
			Ganesha: Clear <i>Sunrise:</i> 5:20AM
			Muruga: White <i>Sunset:</i> 6:53PM
			Nataraja: Clear
			Moon – Clear
			Jyeshtha-Vaikasi
			Sivaloka Day

2	Friday, June 12, 2015	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam	Muscat, Oman
	Revati/Ashvini Nakshatra Sobhana Yoga Bava/Balava Karana Ekadashyam Titau	Sun 9	Sutra 61
Meena Rasi: 28.42	Tithi 26	Gulika 7:01AM – 8:43AM	Revati Until 8:03AM
		Yama 3:30PM – 5:11PM	Sobhana Until 11:53PM
	313279261	Rahu 10:25AM – 12:06PM	Bava Until 1:25PM
Creative Work	Siddha Yoga		Ekadashi* Until 12:23AM Sat
Until 8:03AM			Ganesha: Clear <i>Sunrise:</i> 5:20AM
Then Creative Work - Amrita Yoga			Muruga: White <i>Sunset:</i> 6:53PM
			Nataraja: Clear
			Moon – Clear
			Jyeshtha-Vaikasi
			Sivaloka Day

3	Saturday, June 13, 2015	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam	Muscat, Oman
	Ashvini/Bharani Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Sun 10	Sutra 62
Mesha Rasi: 12.46	Tithi 27	Gulika 5:20AM – 7:01AM	Ashvini Until 6:56AM
		Yama 1:48PM – 3:30PM	Athiganda* Until 9:14PM
	324279261	Rahu 8:43AM – 10:25AM	Kaulava Until 11:25AM
Creative Work	Siddha Yoga		Dvadashi* Until 10:26PM
			Ganesha: Clear <i>Sunrise:</i> 5:20AM
			Muruga: White <i>Sunset:</i> 6:53PM
			Nataraja: Clear
			Moon – White
			Jyeshtha-Vaikasi
			Sivaloka Day

4	Sunday, June 14, 2015	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam	Muscat, Oman
	Krittika Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau	Sun 11	Sutra 63
Mesha Rasi: 26.46	Tithi 28	Gulika 3:30PM – 5:12PM	Krittika Until 4:46AM Mon
		Yama 12:07PM – 1:48PM	Sukarma Until 6:45PM
	324279261	Rahu 5:12PM – 6:54PM	Gara Until 9:32AM
Creative Work	Siddha Yoga		Trayodashi* Until 8:40PM
Until 4:46AM Mon			<i>Pradosha Vrata (Fasting)</i>
Then Creative Work - Amrita Yoga			Ganesha: Clear <i>Sunrise:</i> 5:20AM
			Muruga: White <i>Sunset:</i> 6:54PM
			Nataraja: Clear
			Moon – White
			Jyeshtha-Vaikasi
			Sivaloka Day

5	Monday, June 15, 2015	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam	Muscat, Oman
	Rohini Nakshatra Dhriti/Shula* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Sun 12	Sutra 64
Vrishabha Rasi: 10.37	Tithi 29	Gulika 1:49PM – 3:30PM	Rohini Until 4:19AM Tue
Family Home Evening		Yama 10:25AM – 12:07PM	Dhriti Until 4:30PM
Creative Work	Amrita Yoga	Rahu 7:02AM – 8:43AM	Visti Until 7:54AM
Until 4:19AM Tue			Chaturdashi* Until 7:11PM
Then Creative Work - Siddha Yoga			Ganesha: Orange <i>Sunrise:</i> 5:20AM
			Muruga: White <i>Sunset:</i> 6:54PM
			Nataraja: Clear
			Moon – Yellow
			Jyeshtha-Ani
			Sivaloka Day

●	Tuesday, June 16, 2015	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam	Muscat, Oman
	Retreat Star	Mrigashira Nakshatra Shula*/Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Sun 13
Vrishabha Rasi: 24.16	Tithi 30	Gulika 12:07PM – 1:49PM	Mrigashira Until 4:08AM Wed
		Yama 8:44AM – 10:25AM	Shula* Until 2:31PM
	334279261	Rahu 3:31PM – 5:12PM	Catuspada Until 6:35AM
Creative Work	Siddha Yoga		Amavasya* Until 6:04PM
			Ganesha: Orange <i>Sunrise:</i> 5:20AM
			Muruga: White <i>Sunset:</i> 6:54PM
			Nataraja: Clear
			Moon – Yellow
			Jyeshtha-Ani
			Sivaloka Day

●	Wednesday, June 17, 2015	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam	Muscat, Oman
	Retreat Star	Ardra Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Sun 14
Mithuna Rasi: 7.41	Tithi 1 – 2	Gulika 10:26AM – 12:07PM	Ardra Until 4:20AM Thu
		Yama 7:02AM – 8:44AM	Ganda* Until 12:56PM
	334289261	Rahu 12:07PM – 1:49PM	Balava Until 5:22AM Thu
Creative Work	Siddha Yoga		Prathama* Until 5:27PM
Until 4:20AM Thu			Ganesha: Orange <i>Sunrise:</i> 5:20AM
Then Creative Work - Amrita Yoga			Muruga: Yellow <i>Sunset:</i> 6:55PM
			Nataraja: Clear
			Moon – Yellow
			Ashada Adhika-Ani
			Devaloka Day

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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1		Thursday, June 18, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Muscat, Oman Sun 15 Sutra 67
Mithuna Rasi: 20.49	Tithi 2 - 3	344289261	Gulika 8:44AM - 10:26AM Yama 5:20AM - 7:02AM Rahu 1:49PM - 3:31PM	Punarvasu Until 5:26AM Fri Vriddhi Until 11:49AM Taitila Until 5:38AM Fri Dvitiya Until 5:24PM	Ganesha: Clear Muruga: Yellow Nataraja: Clear Moon - Blue	Sunrise: 5:20AM Sunset: 6:55PM Devaloka Day
Creative Work Amrita Yoga Until 5:26AM Fri Then Routine Work - Marana Yoga						
2		Friday, June 19, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara Karana Tritiyayam Titau		Muscat, Oman Sun 16 Sutra 68
Kataka Rasi: 3.37	Tithi 3	344289261	Gulika 7:02AM - 8:44AM Yama 3:31PM - 5:13PM Rahu 10:26AM - 12:08PM	Pushya Until 7:00AM Sat Dhruva Until 11:09AM Gara Until 6:00PM Tritiya Until 6:00PM	Ganesha: Clear Muruga: Yellow Nataraja: Clear Moon - Blue	Sunrise: 5:21AM Sunset: 6:55PM Devaloka Day
Routine Work Marana Yoga						
3		Saturday, June 20, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturthiyam Titau		Muscat, Oman Sun 17 Sutra 69
Kataka Rasi: 16.08	Tithi 4	344289261	Gulika 5:21AM - 7:03AM Yama 1:50PM - 3:32PM Rahu 8:44AM - 10:26AM	Pushya Until 7:00AM Vyaghata* Until 11:01AM Vanija Until 6:33AM Chaturthi* Until 7:13PM	Ganesha: Clear Muruga: Yellow Nataraja: Clear Moon - Blue	Sunrise: 5:21AM Sunset: 6:55PM Devaloka Day
Creative Work Siddha Yoga Until 7:00AM Then Routine Work - Marana Yoga						
4		Sunday, June 21, 2015		Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Panchamyam Titau		Muscat, Oman Sun 18 Sutra 70
Kataka Rasi: 28.23	Tithi 5	344289261	Gulika 3:32PM - 5:14PM Yama 12:08PM - 1:50PM Rahu 5:14PM - 6:56PM	Ashlesha* Until 9:00AM Harshana Until 11:22AM Bava Until 8:05AM Panchami Until 9:02PM	Ganesha: Clear Muruga: Yellow Nataraja: Clear Moon - Blue	Sunrise: 5:21AM Sunset: 6:56PM Devaloka Day
Creative Work Siddha Yoga Until 9:00AM Then Routine Work - Marana Yoga		Father's Day				
5		Monday, June 22, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Shashthiyam Titau		Muscat, Oman Sun 19 Sutra 71
Simha Rasi: 10.25	Tithi 6	354289261	Gulika 1:50PM - 3:32PM Yama 10:27AM - 12:08PM Rahu 7:03AM - 8:45AM	Magha* Until 11:50AM Vajra* Until 12:04PM Kaulava Until 10:08AM Shashthi* Until 11:16PM	Ganesha: Purple Muruga: Yellow Nataraja: Clear Moon - Red	Sunrise: 5:21AM Sunset: 6:56PM Sivaloka Day
Family Home Evening Routine Work Marana Yoga Until 11:50AM Then Creative Work - Siddha Yoga						
6		Tuesday, June 23, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Saplamyam Titau		Muscat, Oman Sun 20 Sutra 72
Simha Rasi: 22.19	Tithi 7	354289261	Gulika 12:09PM - 1:50PM Yama 8:45AM - 10:27AM Rahu 3:32PM - 5:14PM	Purvaphalguni Until 2:49PM Siddhi Until 1:03PM Gara Until 12:32PM Saptami Until 1:46AM Wed	Ganesha: Purple Muruga: Yellow Nataraja: Clear Moon - Red	Sunrise: 5:21AM Sunset: 6:56PM Sivaloka Day
Creative Work Siddha Yoga Until 2:49PM Then Creative Work - Amrita Yoga						
7		Wednesday, June 24, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Ashtamyam Titau		Muscat, Oman Sun 21 Sutra 73
Retreat Star		Kanya Rasi: 4.07		Tithi 8	354289261	Gulika 10:27AM - 12:09PM Yama 7:03AM - 8:45AM Rahu 12:09PM - 1:51PM
Creative Work Amrita Yoga Until 5:44PM Then Routine Work - Marana Yoga		Chidambaram Abhishekam		Uttaraphalguni Until 5:44PM Vyatipata* Until 2:07PM Visti Until 3:03PM Ashtami* Until 4:15AM Thu		Ganesha: Purple Muruga: Yellow Nataraja: Clear Moon - Red
						Sunrise: 5:22AM Sunset: 6:56PM Sivaloka Day
8		Thursday, June 25, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Navamyam Titau		Muscat, Oman Sun 22 Sutra 74
Retreat Star		Kanya Rasi: 15.58		Tithi 9	365289261	Gulika 8:45AM - 10:27AM Yama 5:22AM - 7:04AM Rahu 1:51PM - 3:33PM
Routine Work Marana Yoga Until 8:50PM Then Creative Work - Siddha Yoga		Balava Until 5:26PM Navami* Until 6:28AM Fri		Hasta Until 8:50PM Variyan Until 3:05PM Navami* Until 6:28AM Fri		Ganesha: Purple Muruga: Yellow Nataraja: Clear Moon - Green
						Sunrise: 5:22AM Sunset: 6:56PM Bhuloka Day Devaloka Time: 3:PM to 6:PM

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1	Friday, June 26, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha/Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Muscat, Oman Sun 23 Sutra 75
	Kanya Rasi: 27.54 Tithi 9 – 10 365289261 Creative Work Siddha Yoga	Gulika 7:04AM – 8:46AM Yama 3:33PM – 5:15PM Rahu 10:28AM – 12:09PM	Chitra Until 11:22PM Parigha* Until 3:46PM Taitila Until 7:26PM Navami* Until 6:28AM

Ganesha: Purple <i>Sunrise:</i> 5:22AM	Manmatha 5117
Muruga: Yellow <i>Sunset:</i> 6:56PM	Moon 5 - Phase 10
Nataraja: Clear	4th Phase
Moon – Green	Bhuloka Day
Ashada Adhika-Ani	Devaloka Time: 3:PM to 6:PM

2	Saturday, June 27, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Muscat, Oman Sun 24 Sutra 76
	Tula Rasi: 10.02 Tithi 10 – 11 365289261 Creative Work Siddha Yoga Until 1:09AM Sun Then Routine Work - Marana Yoga	Gulika 5:22AM – 7:04AM Yama 1:51PM – 3:33PM Rahu 8:46AM – 10:28AM	Svati Until 1:09AM Sun Shiva Until 4:02PM Vanija Until 8:51PM Dashami Until 8:12AM

Ganesha: Purple <i>Sunrise:</i> 5:22AM	Manmatha 5117
Muruga: Yellow <i>Sunset:</i> 6:57PM	Moon 5 - Phase 10
Nataraja: Clear	4th Phase
Moon – Green	Bhuloka Day
Ashada Adhika-Ani	Devaloka Time: 3:PM to 6:PM

3	Sunday, June 28, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau	Muscat, Oman Sun 25 Sutra 77
	Tula Rasi: 22.26 Tithi 11 – 12 375389261 Routine Work Marana Yoga Until 2:32AM Mon Then Creative Work - Siddha Yoga	Gulika 3:33PM – 5:15PM Yama 12:10PM – 1:51PM Rahu 5:15PM – 6:57PM	Vishakha Until 2:32AM Mon Siddha Until 3:44PM Bava Until 9:33PM Ekadashi Until 9:16AM


Ganesha: White <i>Sunrise:</i> 5:23AM	Manmatha 5117
Muruga: Yellow <i>Sunset:</i> 6:57PM	Moon 5 - Phase 10
Nataraja: Clear	4th Phase
Moon – Orange	Sivaloka Day
Ashada Adhika-Ani	

4	Monday, June 29, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Muscat, Oman Sun 26 Sutra 78
	Vrischika Rasi: 5.11 Tithi 12 – 13 375389261 Family Home Evening Creative Work Siddha Yoga Until 3:02AM Tue Then Routine Work - Marana Yoga	Gulika 1:52PM – 3:33PM Yama 10:28AM – 12:10PM Rahu 7:05AM – 8:46AM	Anuradha Until 3:02AM Tue Sadhya Until 2:52PM Kaulava Until 9:29PM Dvadashi Until 9:35AM <i>Pradosha Vrata</i>


Ganesha: White <i>Sunrise:</i> 5:23AM	Manmatha 5117
Muruga: Yellow <i>Sunset:</i> 6:57PM	Moon 5 - Phase 10
Nataraja: Clear	4th Phase
Moon – Orange	Sivaloka Day
Ashada Adhika-Ani	

5	Tuesday, June 30, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Muscat, Oman Sun 27 Sutra 79
	Vrischika Rasi: 18.18 Tithi 13 – 14 375389261 Routine Work Marana Yoga	Gulika 12:10PM – 1:52PM Yama 8:47AM – 10:28AM Rahu 3:33PM – 5:15PM	Jyeshtha* Until 2:41AM Wed Subha Until 1:25PM Gara Until 8:43PM Trayodashi Until 9:10AM

Ganesha: White <i>Sunrise:</i> 5:23AM	Manmatha 5117
Muruga: Yellow <i>Sunset:</i> 6:57PM	Moon 5 - Phase 10
Nataraja: Clear	4th Phase
Moon – Orange	Sivaloka Day
Ashada Adhika-Ani	

	Wednesday, July 1, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Muscat, Oman Sutra 80
	Copper Retreat Star Dhanus Rasi: 1.47 Tithi 14 – 15 385389261 Routine Work Marana Yoga Until 2:03AM Thu Then Creative Work - Siddha Yoga	Gulika 10:29AM – 12:10PM Yama 7:05AM – 8:47AM Rahu 12:10PM – 1:52PM	Mula* Until 2:03AM Thu Sukla Until 11:25AM Visti Until 7:19PM Chaturdashi* Until 8:04AM

Ganesha: Yellow <i>Sunrise:</i> 5:24AM	Manmatha 5117
Muruga: Yellow <i>Sunset:</i> 6:57PM	Moon 5 - Phase 10
Nataraja: Clear	Purnima
Moon – Light Blue	Devaloka Day
Ashada Adhika-Ani	

	Thursday, July 2, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Brahma/Indra Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau	Muscat, Oman Sutra 81
	Silver Retreat Star Dhanus Rasi: 15.37 Tithi 15 – 16 385389261 Creative Work Siddha Yoga Until 12:48AM Fri Then Routine Work - Marana Yoga	Gulika 8:47AM – 10:29AM Yama 5:24AM – 7:06AM Rahu 1:52PM – 3:34PM	Purvashadha* Until 12:48AM Fri Brahma Until 8:59AM Kaulava Until 4:17AM Fri Purnima* Until 6:24AM

Ganesha: Yellow <i>Sunrise:</i> 5:24AM	Manmatha 5117
Muruga: Yellow <i>Sunset:</i> 6:57PM	Moon 5 - Phase 10
Nataraja: Clear	Prathama
Moon – Light Blue	Devaloka Day
Ashada Adhika-Ani	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda



Friday, July 3, 2015
Gold Retreat Star

Dhanu Rasi: 29.44 Tithi 17
396389261
Routine Work Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Muscat, Oman
Uttarashadha Nakshatra Indra/Vaidhrili* Yoga Taitila/Gara Karana Dvitiyayam Titau Sutra 82
Gulika 7:06AM – 8:48AM **Uttarashadha Until 11:05PM** **Ganesha:** Yellow *Sunrise:* 5:24AM Manmatha 5117
Yama 3:34PM – 5:15PM **Indra Until 6:12AM** **Muruga:** Yellow *Sunset:* 6:57PM Moon 6 - Phase 11
Rahu 10:29AM – 12:11PM **Taitila Until 3:08PM** **Nataraja:** Clear 1st Phase
Moon – Light Blue
Devaloka Day
Ashada Adhika-Ani

1 Saturday, July 4, 2015

Makara Rasi: 14.03 Tithi 18
396389261
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Muscat, Oman
Shravana Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Tritiyayam Titau Sun 1 Sutra 83
Gulika 5:25AM – 7:06AM **Shravana Until 9:27PM** **Ganesha:** Yellow *Sunrise:* 5:25AM Manmatha 5117
Yama 1:52PM – 3:34PM **Vishkambha* Until 12:00AM Sun** **Muruga:** Yellow *Sunset:* 6:57PM Moon 6 - Phase 11
Rahu 8:48AM – 10:29AM **Vanija Until 12:37PM** **Nataraja:** Clear 1st Phase
Moon – Purple
Devaloka Day
Ashada Adhika-Ani

2 Sunday, July 5, 2015

Makara Rasi: 28.28 Tithi 19
396389261
Routine Work Marana Yoga
Until 7:38PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Muscat, Oman
Dhanishtha Nakshatra Priti Yoga Bava/Balava Karana Chaturthyam Titau Sun 2 Sutra 84
Gulika 3:34PM – 5:15PM **Dhanishtha Until 7:38PM** **Ganesha:** Yellow *Sunrise:* 5:25AM Manmatha 5117
Yama 12:11PM – 1:53PM **Priti Until 8:50PM** **Muruga:** Yellow *Sunset:* 6:57PM Moon 6 - Phase 11
Rahu 5:15PM – 6:57PM **Bava Until 10:01AM** **Nataraja:** Clear 1st Phase
Moon – Purple
Devaloka Day
Ashada Adhika-Ani

3 Monday, July 6, 2015

Kumbha Rasi: 12.52 Tithi 20
396389261
Family Home Evening
Creative Work Siddha Yoga
Until 5:44PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Muscat, Oman
Shatabhishak/Purvaprossthapada* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau Sun 3 Sutra 85
Gulika 1:53PM – 3:34PM **Shatabhishak Until 5:44PM** **Ganesha:** Yellow *Sunrise:* 5:25AM Manmatha 5117
Yama 10:30AM – 12:11PM **Ayushman Until 5:40PM** **Muruga:** Yellow *Sunset:* 6:57PM Moon 6 - Phase 11
Rahu 7:07AM – 8:48AM **Kaulava Until 7:24AM** **Nataraja:** Clear 1st Phase
Moon – Purple
Devaloka Day
Ashada Adhika-Ani

4 Tuesday, July 7, 2015

Kumbha Rasi: 27.13 Tithi 21 – 22
416389261
Routine Work Marana Yoga
Until 4:15PM
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Muscat, Oman
Purvaprossthapada*Uttaraprossthapada Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau Sun 4 Sutra 86
Gulika 12:11PM – 1:53PM **Purvaprossthapada* Until 4:15PM** **Ganesha:** Purple *Sunrise:* 5:26AM Manmatha 5117
Yama 8:49AM – 10:30AM **Saubhagya Until 2:38PM** **Muruga:** Yellow *Sunset:* 6:57PM Moon 6 - Phase 11
Rahu 3:34PM – 5:15PM **Visti Until 2:34AM Wed** **Nataraja:** Clear 1st Phase
Moon – Clear
Bhuloka Day
Ashada Adhika-Ani Devaloka Time: 3:PM to 6:PM

Wednesday, July 8, 2015
Retreat Star

Meena Rasi: 11.28 Tithi 22 – 23
416389261
Creative Work Siddha Yoga
Until 2:49PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Muscat, Oman
Uttaraprossthapada/Revati Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau Sun 5 Sutra 87
Gulika 10:30AM – 12:12PM **Uttaraprossthapada Until 2:49PM** **Ganesha:** Purple *Sunrise:* 5:26AM Manmatha 5117
Yama 7:08AM – 8:49AM **Sobhana Until 11:47AM** **Muruga:** Yellow *Sunset:* 6:57PM Moon 6 - Phase 11
Rahu 12:12PM – 1:53PM **Balava Until 12:27AM Thu** **Nataraja:** Clear Ashtami
Moon – Clear
Bhuloka Day
Ashada Adhika-Ani Devaloka Time: 3:PM to 6:PM

Thursday, July 9, 2015
Retreat Star

Meena Rasi: 25.33 Tithi 23 – 24
416389261
Creative Work Siddha Yoga
Until 1:28PM
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Muscat, Oman
Revati/Ashvini Nakshatra Athiganda*/Sukarna Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau Sun 6 Sutra 88
Gulika 8:49AM – 10:30AM **Revati Until 1:28PM** **Ganesha:** Purple *Sunrise:* 5:27AM Manmatha 5117
Yama 5:27AM – 7:08AM **Athiganda* Until 9:05AM** **Muruga:** Yellow *Sunset:* 6:57PM Moon 6 - Phase 11
Rahu 1:53PM – 3:34PM **Taitila Until 10:33PM** **Nataraja:** Clear Navami
Moon – Clear
Bhuloka Day
Ashada Adhika-Ani Devaloka Time: 3:PM to 6:PM

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	Friday, July 10, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Muscat, Oman Sun 7 Sutra 89
	Mesha Rasi: 9.29 Tithi 24 – 25 426389261	Gulika 7:08AM – 8:49AM Yama 3:34PM – 5:15PM Rahu 10:31AM – 12:12PM	Ashvini Until 12:39PM Sukarma Until 6:35AM Vanija Until 8:55PM Navami* Until 9:41AM
	Creative Work Amrita Yoga Until 12:39PM Then Creative Work - Siddha Yoga	Ganesha: Clear <i>Sunrise:</i> 5:27AM Muruqa: Yellow <i>Sunset:</i> 6:57PM Nataraja: Clear Moon – White	Devaloka Day Manmatha 5117 Moon 6 - Phase 12 2nd Phase
2	Saturday, July 11, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Muscat, Oman Sun 8 Sutra 90
	Mesha Rasi: 23.16 Tithi 25 – 26 426389261	Gulika 5:27AM – 7:09AM Yama 1:53PM – 3:34PM Rahu 8:50AM – 10:31AM	Bharani Until 11:56AM Shula* Until 2:13AM Sun Bava Until 7:31PM Dashami Until 8:10AM
	Creative Work Siddha Yoga Until 11:56AM Then Creative Work - Amrita Yoga	Ganesha: Clear <i>Sunrise:</i> 5:27AM Muruqa: Yellow <i>Sunset:</i> 6:56PM Nataraja: Clear Moon – White	Devaloka Day Manmatha 5117 Moon 6 - Phase 12 2nd Phase
3	Sunday, July 12, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Muscat, Oman Sun 9 Sutra 91
	Virshabha Rasi: 6.53 Tithi 26 – 27 427389261	Gulika 3:34PM – 5:15PM Yama 12:12PM – 1:53PM Rahu 5:15PM – 6:56PM	Krittika Until 11:21AM Ganda* Until 12:23AM Mon Kaulava Until 6:25PM Ekadashi* Until 6:55AM
	Creative Work Siddha Yoga	Ganesha: White <i>Sunrise:</i> 5:28AM Muruqa: Yellow <i>Sunset:</i> 6:56PM Nataraja: Clear Moon – White	Sivaloka Day Manmatha 5117 Moon 6 - Phase 12 2nd Phase
4	Monday, July 13, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vriddhi Yoga Gara/Vanija Karana Trayodashyam Titau	Muscat, Oman Sun 10 Sutra 92
	Virshabha Rasi: 20.21 Tithi 28 Family Home Evening 437389261	Gulika 1:53PM – 3:34PM Yama 10:31AM – 12:12PM Rahu 7:09AM – 8:50AM	Rohini Until 11:21AM Vriddhi Until 10:49PM Gara Until 5:37PM Trayodashi* Until 5:21AM Tue <i>Pradosha Vrata (Fasting)</i>
	Creative Work Amrita Yoga	Ganesha: Yellow <i>Sunrise:</i> 5:28AM Muruqa: Yellow <i>Sunset:</i> 6:56PM Nataraja: Clear Moon – Yellow	Devaloka Day Manmatha 5117 Moon 6 - Phase 12 2nd Phase
5	Tuesday, July 14, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Muscat, Oman Sun 11 Sutra 93
	Mithuna Rasi: 3.37 Tithi 29 437389261	Gulika 12:12PM – 1:53PM Yama 8:50AM – 10:31AM Rahu 3:34PM – 5:15PM	Mrigashira Until 11:33AM Dhruva Until 9:31PM Visti Until 5:12PM Chaturdashi* Until 5:08AM Wed
	Creative Work Siddha Yoga Until 11:33AM Then Routine Work - Marana Yoga	Ganesha: Yellow <i>Sunrise:</i> 5:29AM Muruqa: Yellow <i>Sunset:</i> 6:56PM Nataraja: Clear Moon – Yellow	Devaloka Day Manmatha 5117 Moon 6 - Phase 12 2nd Phase
Retreat Star	Wednesday, July 15, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Muscat, Oman Sun 12 Sutra 94
	Mithuna Rasi: 16.4 Tithi 30 437389261	Gulika 10:32AM – 12:12PM Yama 7:10AM – 8:51AM Rahu 12:12PM – 1:53PM	Ardra Until 12:01PM Vyaghata* Until 8:36PM Catuspada Until 5:12PM Amavasya* Until 5:22AM Thu
	Creative Work Siddha Yoga	Ganesha: Yellow <i>Sunrise:</i> 5:29AM Muruqa: Yellow <i>Sunset:</i> 6:56PM Nataraja: Clear Moon – Yellow	Devaloka Day Manmatha 5117 Moon 6 - Phase 12 Amavasya
Retreat Star	Thursday, July 16, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau	Muscat, Oman Sun 13 Sutra 95
	Mithuna Rasi: 29.29 Tithi 1 447389261	Gulika 8:51AM – 10:32AM Yama 5:30AM – 7:10AM Rahu 1:53PM – 3:34PM	Punarvasu Until 1:15PM Harshana Until 8:05PM Kintughna Until 5:42PM Prathama* Until 6:08AM Fri
	Creative Work Amrita Yoga	Ganesha: Red <i>Sunrise:</i> 5:30AM Muruqa: Yellow <i>Sunset:</i> 6:55PM Nataraja: Clear Moon – Blue	Devaloka Day Manmatha 5117 Moon 6 - Phase 12 Prathama

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Friday, July 17, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Muscat, Oman Sun 14 Sutra 96
	Kataka Rasi: 12.04 Tithi 1 – 2	Gulika 7:11AM – 8:51AM Yama 3:34PM – 5:15PM Rahu 10:32AM – 12:13PM	Pushya Until 2:51PM Vajra* Until 7:58PM Balava Until 6:44PM Prathama* Until 6:08AM
	447389262	Ganesha: Red <i>Sunrise:</i> 5:30AM Muruqa: Yellow <i>Sunset:</i> 6:55PM Nataraja: Purple Moon – Blue	Manmatha 5117 Moon 6 - Phase 13 3rd Phase
	Routine Work Marana Yoga	Ashada-Adi	Sivaloka Day

2	Saturday, July 18, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Muscat, Oman Sun 15 Sutra 97
	Kataka Rasi: 24.25 Tithi 2 – 3	Gulika 5:30AM – 7:11AM Yama 1:53PM – 3:34PM Rahu 8:52AM – 10:32AM	Ashlesha* Until 4:49PM Siddhi Until 8:16PM Taitila Until 8:19PM Dvitiya Until 7:26AM
	448389262	Ganesha: Blue <i>Sunrise:</i> 5:30AM Muruqa: Yellow <i>Sunset:</i> 6:55PM Nataraja: Purple Moon – Blue	Manmatha 5117 Moon 6 - Phase 13 3rd Phase
	Routine Work Marana Yoga Until 4:49PM Then Creative Work - Amrita Yoga	Ashada-Adi	Devaloka Day

3	Sunday, July 19, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Muscat, Oman Sun 16 Sutra 98
	Simha Rasi: 6.33 Tithi 3 – 4	Gulika 3:34PM – 5:14PM Yama 12:13PM – 1:53PM Rahu 5:14PM – 6:55PM	Magha* Until 7:34PM Vyatipata* Until 8:57PM Vanija Until 10:22PM Tritiya Until 9:16AM
	458389262	Ganesha: Blue <i>Sunrise:</i> 5:31AM Muruqa: Yellow <i>Sunset:</i> 6:55PM Nataraja: Purple Moon – Red	Manmatha 5117 Moon 6 - Phase 13 3rd Phase
	Routine Work Marana Yoga Until 7:34PM Then Creative Work - Siddha Yoga	Ashada-Adi	Devaloka Day

4	Monday, July 20, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Varyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Muscat, Oman Sun 17 Sutra 99
	Simha Rasi: 18.3 Tithi 4 – 5	Gulika 1:53PM – 3:34PM Yama 10:32AM – 12:13PM Rahu 7:12AM – 8:52AM	Purvaphalguni Until 10:31PM Varyan Until 9:53PM Bava Until 12:46AM Tue Chaturthi* Until 11:30AM
	458389262	Ganesha: Blue <i>Sunrise:</i> 5:31AM Muruqa: Yellow <i>Sunset:</i> 6:54PM Nataraja: Purple Moon – Red	Manmatha 5117 Moon 6 - Phase 13 3rd Phase
	Family Home Evening Creative Work Siddha Yoga	Ashada-Adi	Devaloka Day

5	Tuesday, July 21, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Muscat, Oman Sun 18 Sutra 100
	Kanya Rasi: 0.2 Tithi 5 – 6	Gulika 12:13PM – 1:53PM Yama 8:52AM – 10:33AM Rahu 3:33PM – 5:14PM	Uttaraphalguni Until 1:29AM Wed Parigha* Until 10:59PM Kaulava Until 3:20AM Wed Panchami Until 2:01PM
	458389262	Ganesha: Blue <i>Sunrise:</i> 5:32AM Muruqa: Yellow <i>Sunset:</i> 6:54PM Nataraja: Purple Moon – Red	Manmatha 5117 Moon 6 - Phase 13 3rd Phase
	Creative Work Amrita Yoga Until 1:29AM Wed Then Routine Work - Marana Yoga	Ashada-Adi	Devaloka Day

6	Wednesday, July 22, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Muscat, Oman Sun 19 Sutra 101
	Kanya Rasi: 12.07 Tithi 6 – 7	Gulika 10:33AM – 12:13PM Yama 7:12AM – 8:53AM Rahu 12:13PM – 1:53PM	Hasta Until 4:45AM Thu Shiva Until 12:05AM Thu Gara Until 5:52AM Thu Shashthi* Until 4:36PM
	468389262	Ganesha: Yellow <i>Sunrise:</i> 5:32AM Muruqa: Yellow <i>Sunset:</i> 6:54PM Nataraja: Purple Moon – Green	Manmatha 5117 Moon 6 - Phase 13 3rd Phase
	Routine Work Marana Yoga Until 4:45AM Thu Then Creative Work - Siddha Yoga	Ashada-Adi	Sivaloka Day

☽	Thursday, July 23, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Vanija Karana Saplamyam Titau	Muscat, Oman Sun 20 Sutra 102
	Retreat Star	Gulika 8:53AM – 10:33AM Yama 5:33AM – 7:13AM Rahu 1:53PM – 3:33PM	Chitra Until 7:33AM Fri Siddha Until 12:58AM Fri Vanija Until 7:00PM Saptami Until 7:00PM
	Kanya Rasi: 23.56 Tithi 7	Ganesha: White <i>Sunrise:</i> 5:33AM Muruqa: Yellow <i>Sunset:</i> 6:53PM Nataraja: Purple Moon – Green	Manmatha 5117 Moon 6 - Phase 13 3rd Phase
	468489262 Creative Work Siddha Yoga	Ashada-Adi	Subha Sivaloka Day

☽	Friday, July 24, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau	Muscat, Oman Sun 21 Sutra 103
	Retreat Star	Gulika 7:13AM – 8:53AM Yama 3:33PM – 5:13PM Rahu 10:33AM – 12:13PM	Chitra Until 7:33AM Sadhya Until 1:30AM Sat Visti Until 8:04AM Ashtami* Until 8:58PM
	Tula Rasi: 5.52 Tithi 8	Ganesha: White <i>Sunrise:</i> 5:33AM Muruqa: Yellow <i>Sunset:</i> 6:53PM Nataraja: Purple Moon – Green	Manmatha 5117 Moon 6 - Phase 13 Ashtami
	468489262 Creative Work Siddha Yoga	Ashada-Adi	Subha Sivaloka Day

☽	Saturday, July 25, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Balava/Kaulava Karana Navamyam Titau	Muscat, Oman Sun 22 Sutra 104
	Retreat Star	Gulika 5:33AM – 7:13AM Yama 1:53PM – 3:33PM Rahu 8:53AM – 10:33AM	Svati Until 9:42AM Subha Until 1:32AM Sun Balava Until 9:45AM Navami* Until 10:19PM
	Tula Rasi: 18.01 Tithi 9	Ganesha: Yellow <i>Sunrise:</i> 5:33AM Muruqa: Yellow <i>Sunset:</i> 6:52PM Nataraja: Purple Moon – Green	Manmatha 5117 Moon 6 - Phase 13 Navami
	469489262 Creative Work Siddha Yoga	Ashada-Adi	Sivaloka Day

1	Sunday, July 26, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Taitila/Gara Karana Dashamyam Titau				Muscat, Oman Sun 23 Sutra 105
	Virshika Rasi: 0.26 Tilthi 10	Gulika 3:33PM – 5:12PM	Vishakha Until 11:28AM	Ganesha: White <i>Sunrise:</i> 5:34AM	Manmatha 5117	
	479489262	Yama 12:13PM – 1:53PM	Sukla Until 12:56AM Mon	Muruqa: Yellow <i>Sunset:</i> 6:52PM	Moon 6 - Phase 14	
	Routine Work Marana Yoga	Rahu 5:12PM – 6:52PM	Taitila Until 10:44AM	Nataraja: Purple	4th Phase	
		Dashami Until 10:54PM	Moon – Orange	Devaloka Day		
			Ashada-Adi			

2	Monday, July 27, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau				Muscat, Oman Sun 24 Sutra 106
	Virshika Rasi: 13.14 Tilthi 11	Gulika 1:53PM – 3:32PM	Anuradha Until 12:18PM	Ganesha: White <i>Sunrise:</i> 5:34AM	Manmatha 5117	
	479489262	Yama 10:33AM – 12:13PM	Brahma Until 11:42PM	Muruqa: Yellow <i>Sunset:</i> 6:52PM	Moon 6 - Phase 14	
	Family Home Evening	Rahu 7:14AM – 8:54AM	Vanija Until 10:55AM	Nataraja: Purple	4th Phase	
Creative Work Siddha Yoga		Ekadashi Until 10:40PM	Moon – Orange	Devaloka Day		
			Ashada-Adi			

3	Tuesday, July 28, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Bava/Balava Karana Dvadashyam Titau				Muscat, Oman Sun 25 Sutra 107
	Virshika Rasi: 26.26 Tilthi 12	Gulika 12:13PM – 1:53PM	Jyeshtha* Until 12:12PM	Ganesha: White <i>Sunrise:</i> 5:35AM	Manmatha 5117	
	479489262	Yama 8:54AM – 10:33AM	Indra Until 9:51PM	Muruqa: Yellow <i>Sunset:</i> 6:51PM	Moon 6 - Phase 14	
	Routine Work Marana Yoga	Rahu 3:32PM – 5:12PM	Bava Until 10:16AM	Nataraja: Purple	4th Phase	
Until 12:12PM		Dvadashi Until 9:39PM	Moon – Orange	Devaloka Day		
Then Creative Work - Amrita Yoga			Ashada-Adi			

4	Wednesday, July 29, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Muscat, Oman Sun 26 Sutra 108
	Dhanus Rasi: 10.04 Tilthi 13	Gulika 10:34AM – 12:13PM	Mula* Until 11:38AM	Ganesha: Clear <i>Sunrise:</i> 5:35AM	Manmatha 5117	
	489489262	Yama 7:15AM – 8:54AM	Vaidhriti* Until 7:23PM	Muruqa: Yellow <i>Sunset:</i> 6:51PM	Moon 6 - Phase 14	
	Routine Work Marana Yoga	Rahu 12:13PM – 1:52PM	Kaulava Until 8:52AM	Nataraja: Purple	4th Phase	
Until 11:38AM		Trayodashi Until 7:54PM	Moon – Light Blue	Sivaloka Day		
Then Creative Work - Amrita Yoga			Ashada-Adi			
			<i>Pradosha Vrata</i>			

5	Thursday, July 30, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha*/Priti* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Muscat, Oman Sun 27 Sutra 109
	Dhanus Rasi: 24.07 Tilthi 14 – 15	Gulika 8:54AM – 10:34AM	Purvashadha* Until 10:17AM	Ganesha: Clear <i>Sunrise:</i> 5:36AM	Manmatha 5117	
	489489262	Yama 5:36AM – 7:15AM	Vishkambha* Until 4:27PM	Muruqa: Yellow <i>Sunset:</i> 6:50PM	Moon 6 - Phase 14	
	Creative Work Siddha Yoga	Rahu 1:52PM – 3:32PM	Gara Until 6:49AM	Nataraja: Purple	4th Phase	
Until 10:17AM		Chaturdashi* Until 5:34PM	Moon – Light Blue	Sivaloka Day		
Then Routine Work - Marana Yoga			Ashada-Adi			

○	Friday, July 31, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Muscat, Oman Sutra 110
	Copper Retreat Star	Gulika 7:15AM – 8:54AM	Uttarashadha Until 8:18AM	Ganesha: Clear <i>Sunrise:</i> 5:36AM	Manmatha 5117	
	Makara Rasi: 8.31 Tilthi 15 – 16	Yama 3:31PM – 5:10PM	Priti Until 1:09PM	Muruqa: Yellow <i>Sunset:</i> 6:50PM	Moon 6 - Phase 14	
	489489262	Rahu 10:34AM – 12:13PM	Balava Until 1:19AM Sat	Nataraja: Purple	Purnima	
Routine Work Marana Yoga		Purnima* Until 2:48PM	Moon – Light Blue	Sivaloka Day		
		Satguru Purnima	Ashada-Adi			

○	Saturday, August 1, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Muscat, Oman Sutra 111
	Silver Retreat Star	Gulika 5:37AM – 7:16AM	Shravana Until 6:15AM	Ganesha: Purple <i>Sunrise:</i> 5:37AM	Manmatha 5117	
	Makara Rasi: 23.1 Tilthi 16 – 17	Yama 1:52PM – 3:31PM	Ayushman Until 9:35AM	Muruqa: Yellow <i>Sunset:</i> 6:49PM	Moon 6 - Phase 14	
	499489262	Rahu 8:55AM – 10:34AM	Taitila Until 10:09PM	Nataraja: Purple	Prathama	
Creative Work Siddha Yoga		Prathama* Until 11:44AM	Moon – Purple	Devaloka Day		
			Ashada-Adi			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, August 2, 2015
Gold Retreat Star

Kumbha Rasi: 7.58 Tilthi 17 – 18
491489262
Creative Work Siddha Yoga
Until 1:20AM Mon
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Muscat, Oman
Shalabhishak Nakshatra Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau Sun 1 Sutra 112
Manmatha 5117
Gulika 3:31PM – 5:10PM **Shatabhishak Until 1:20AM Mon** Ganesha: White Sunrise: 5:37AM
Yama 12:13PM – 1:52PM Sobhana Until 2:11AM Mon Muruga: Yellow Sunset: 6:49PM Moon 7 - Phase 15
Rahu 5:10PM – 6:49PM Vanija Until 6:55PM Nataraja: Purple Moon – Purple 1st Phase
Devaloka Day
Ashada-Adi

1

Monday, August 3, 2015

Kumbha Rasi: 22.47 Tilthi 19
Family Home Evening 411489262
Routine Work Marana Yoga
Until 11:11PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Muscat, Oman
Purvaproshtapada* Nakshatra Athiganda* Yoga Bava/Balava Karana Chaturthiyam Titau Sun 2 Sutra 113
Manmatha 5117
Gulika 1:51PM – 3:30PM **Purvaproshtapada* Until 11:11PM** Ganesha: Purple Sunrise: 5:37AM
Yama 10:34AM – 12:13PM Athiganda* Until 10:34PM Muruga: Yellow Sunset: 6:48PM Moon 7 - Phase 15
Rahu 7:16AM – 8:55AM Bava Until 3:46PM Nataraja: Purple Moon – Clear 1st Phase
Devaloka Day
Chaturthi* Until 2:14AM Tue Ashada-Adi

2

Tuesday, August 4, 2015

Meena Rasi: 7.29 Tilthi 20
411489262
Creative Work Amrita Yoga
Until 9:08PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Muscat, Oman
Uttaraproshtapada Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau Sun 3 Sutra 114
Manmatha 5117
Gulika 12:13PM – 1:51PM **Uttaraproshtapada Until 9:08PM** Ganesha: Purple Sunrise: 5:38AM
Yama 8:55AM – 10:34AM Sukarma Until 7:09PM Muruga: Yellow Sunset: 6:47PM Moon 7 - Phase 15
Rahu 3:30PM – 5:09PM Kaulava Until 12:48PM Nataraja: Purple Moon – Clear 1st Phase
Devaloka Day
Panchami Until 11:25PM Ashada-Adi

3

Wednesday, August 5, 2015

Meena Rasi: 21.59 Tilthi 21
411489262
Routine Work Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Muscat, Oman
Revati Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Shashthyam Titau Sun 4 Sutra 115
Manmatha 5117
Gulika 10:34AM – 12:12PM **Revati Until 7:17PM** Ganesha: Purple Sunrise: 5:38AM
Yama 7:17AM – 8:55AM Dhriti Until 4:01PM Muruga: Yellow Sunset: 6:47PM Moon 7 - Phase 15
Rahu 12:12PM – 1:51PM Gara Until 10:09AM Nataraja: Purple Moon – Clear 1st Phase
Devaloka Day
Shashthi* Until 8:57PM Ashada-Adi

4

Thursday, August 6, 2015

Mesha Rasi: 6.14 Tilthi 22
421489262
Creative Work Amrita Yoga
Until 6:07PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Muscat, Oman
Ashvini Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Saplamyam Titau Sun 5 Sutra 116
Manmatha 5117
Gulika 8:56AM – 10:34AM **Ashvini Until 6:07PM** Ganesha: Clear Sunrise: 5:39AM
Yama 5:39AM – 7:17AM Shula* Until 1:11PM Muruga: Yellow Sunset: 6:46PM Moon 7 - Phase 15
Rahu 1:51PM – 3:29PM Visti Until 7:53AM Nataraja: Purple Moon – White 1st Phase
Devaloka Day
Saptami Until 6:53PM Ashada-Adi

D

Friday, August 7, 2015
Retreat Star

Mesha Rasi: 20.11 Tilthi 23 – 24
421489262
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Muscat, Oman
Bharani/Krittika Nakshatra Ganda*/Vridhhi Yoga Balava/Taitila Karana Ashtami/Navamyam Titau Sun 6 Sutra 117
Manmatha 5117
Gulika 7:17AM – 8:56AM **Bharani Until 5:16PM** Ganesha: Clear Sunrise: 5:39AM
Yama 3:29PM – 5:07PM Ganda* Until 10:44AM Muruga: Yellow Sunset: 6:45PM Moon 7 - Phase 15
Rahu 10:34AM – 12:12PM Balava Until 6:03AM Nataraja: Purple Moon – White Ashtami
Devaloka Day
Ashtami* Until 5:17PM Ashada-Adi

Saturday, August 8, 2015
Retreat Star

Vrishabha Rasi: 3.52 Tilthi 24 – 25
421489262
Creative Work Amrita Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Muscat, Oman
Krittika/Rohini Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau Sun 7 Sutra 118
Manmatha 5117
Gulika 5:39AM – 7:18AM **Krittika Until 4:45PM** Ganesha: Clear Sunrise: 5:39AM
Yama 1:50PM – 3:28PM Vridhhi Until 8:41AM Muruga: Yellow Sunset: 6:45PM Moon 7 - Phase 15
Rahu 8:56AM – 10:34AM Vanija Until 3:47AM Sun Nataraja: Purple Moon – White Navami
Devaloka Day
Navami* Until 4:09PM Ashada-Adi

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1	Sunday, August 9, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau	Muscat, Oman Sun 8 Sutra 119
	431489262	Gulika 3:28PM – 5:06PM Yama 12:12PM – 1:50PM Rahu 5:06PM – 6:44PM	Rohini Until 4:58PM Dhruva Until 6:58AM Bava Until 3:20AM Mon Dashami Until 3:29PM

Ganesha: White *Sunrise:* 5:40AM
Muruqa: Yellow *Sunset:* 6:44PM
Nataraja: Purple
 Moon – Yellow
Ashada-Adi

Manmatha 5117
Moon 7 - Phase 16
2nd Phase
Devaloka Day

Wishabha Rasi: 17.17 Tithi 25 – 26
Creative Work Siddha Yoga

2	Monday, August 10, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Muscat, Oman Sun 9 Sutra 120
	431489262	Gulika 1:50PM – 3:28PM Yama 10:34AM – 12:12PM Rahu 7:18AM – 8:56AM	Mrigashira Until 5:29PM Harshana Until 4:41AM Tue Kaulava Until 3:20AM Tue Ekadashi* Until 3:16PM

Ganesha: White *Sunrise:* 5:40AM
Muruqa: Yellow *Sunset:* 6:43PM
Nataraja: Purple
 Moon – Yellow
Ashada-Adi

Manmatha 5117
Moon 7 - Phase 16
2nd Phase
Devaloka Day

Mithuna Rasi: 0.26 Tithi 26 – 27
Family Home Evening
Creative Work Amrita Yoga
Until 5:29PM
Then Creative Work - Siddha Yoga

3	Tuesday, August 11, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vajra* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Muscat, Oman Sun 10 Sutra 121
	431489362	Gulika 12:12PM – 1:49PM Yama 8:56AM – 10:34AM Rahu 3:27PM – 5:05PM	Ardra Until 6:17PM Vajra* Until 4:02AM Wed Gara Until 3:47AM Wed Dvadashi* Until 3:29PM <i>Pradosha Vrata (Fasting)</i>

Ganesha: White *Sunrise:* 5:41AM
Muruqa: White *Sunset:* 6:43PM
Nataraja: Clear
 Moon – Yellow
Ashada-Adi

Manmatha 5117
Moon 7 - Phase 16
2nd Phase
Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Mithuna Rasi: 13.22 Tithi 27 – 28
Routine Work Marana Yoga
Until 6:17PM
Then Creative Work - Siddha Yoga

4	Wednesday, August 12, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Siddhi Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau	Muscat, Oman Sun 11 Sutra 122
	442489362	Gulika 10:34AM – 12:12PM Yama 7:19AM – 8:56AM Rahu 12:12PM – 1:49PM	Punarvasu Until 7:50PM Siddhi Until 3:45AM Thu Visli Until 4:41AM Thu Trayodashi* Until 4:10PM

Ganesha: Orange *Sunrise:* 5:41AM
Muruqa: White *Sunset:* 6:42PM
Nataraja: Clear
 Moon – Blue
Ashada-Adi

Manmatha 5117
Moon 7 - Phase 16
2nd Phase
Devaloka Day

Mithuna Rasi: 26.05 Tithi 28 – 29
Creative Work Siddha Yoga

5	Thursday, August 13, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Muscat, Oman Sun 12 Sutra 123
	442489362	Gulika 8:56AM – 10:34AM Yama 5:42AM – 7:19AM Rahu 1:49PM – 3:26PM	Pushya Until 9:39PM Vyatipata* Until 3:50AM Fri Catuspada Until 6:02AM Fri Chaturdashi* Until 5:17PM

Ganesha: Orange *Sunrise:* 5:42AM
Muruqa: White *Sunset:* 6:41PM
Nataraja: Clear
 Moon – Blue
Ashada-Adi

Manmatha 5117
Moon 7 - Phase 16
2nd Phase
Devaloka Day

Kataka Rasi: 9 Tithi 29 – 30
Creative Work Amrita Yoga
Until 9:39PM
Then Creative Work - Siddha Yoga

●	Friday, August 14, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Muscat, Oman Sun 13 Sutra 124
	442489362	Gulika 7:19AM – 8:57AM Yama 3:26PM – 5:03PM Rahu 10:34AM – 12:11PM	Ashlesha* Until 11:44PM Variyan Until 4:14AM Sat Catuspada Until 6:02AM Amavasya* Until 6:51PM

Ganesha: Orange *Sunrise:* 5:42AM
Muruqa: White *Sunset:* 6:40PM
Nataraja: Clear
 Moon – Blue
Ashada-Adi

Manmatha 5117
Moon 7 - Phase 16
Amavasya
Devaloka Day

Kataka Rasi: 20.55 Tithi 30
Routine Work Marana Yoga

●	Saturday, August 15, 2015	Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau	Muscat, Oman Sun 14 Sutra 125
	452489362	Gulika 5:42AM – 7:19AM Yama 1:48PM – 3:25PM Rahu 8:57AM – 10:34AM	Magha* Until 2:33AM Sun Parigha* Until 4:57AM Sun Kintughna Until 7:49AM Prathama* Until 8:50PM

Ganesha: Clear *Sunrise:* 5:42AM
Muruqa: White *Sunset:* 6:40PM
Nataraja: Clear
 Moon – Red
Sravana-Adi

Manmatha 5117
Moon 7 - Phase 16
Prathama
Devaloka Day

Simha Rasi: 3.03 Tithi 1
Creative Work Amrita Yoga
Until 2:33AM Sun
Then Creative Work - Siddha Yoga

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

www.gurudeva.org/panchang

1	Sunday, August 16, 2015		Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Muscat, Oman Sun 15 Sutra 126
	Simha Rasi: 15.02	Tithi 2	Gulika 3:25PM – 5:02PM	Purvaphalguni Until 5:31AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:43AM	Manmatha 5117
		452489362	Yama 12:11PM – 1:48PM	Shiva Until 5:55AM Mon	Muruga: White	<i>Sunset:</i> 6:39PM	Moon 7 - Phase 17
	Creative Work	Siddha Yoga	Rahu 5:02PM – 6:39PM	Balava Until 9:59AM	Nataraja: Clear		3rd Phase
			Dvitiya Until 11:10PM	Sravana-Adi	Devaloka Day		


2	Monday, August 17, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddha Yoga Tailita/Gara Karana Tritiyayam Titau				Muscat, Oman Sun 16 Sutra 127
	Simha Rasi: 26.53	Tithi 3	Gulika 1:47PM – 3:24PM	Uttaraphalguni Until 8:30AM Tue	Ganesha: White	<i>Sunrise:</i> 5:43AM	Manmatha 5117
	Family Home Evening	452589362	Yama 10:34AM – 12:11PM	Siddha Until 7:01AM Tue	Muruga: White	<i>Sunset:</i> 6:38PM	Moon 7 - Phase 17
	Creative Work	Siddha Yoga	Rahu 7:20AM – 8:57AM	Taitila Until 12:28PM	Nataraja: Clear		3rd Phase
			Tritiya Until 1:45AM Tue	Sravana-Avani	Bhuloka Day Devaloka Time: 6:PM to 9:PM		


3	Tuesday, August 18, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturthyam Titau				Muscat, Oman Sun 17 Sutra 128
	Kanya Rasi: 8.41	Tithi 4	Gulika 12:10PM – 1:47PM	Uttaraphalguni Until 8:30AM	Ganesha: Green	<i>Sunrise:</i> 5:43AM	Manmatha 5117
		552589362	Yama 8:57AM – 10:34AM	Siddha Until 7:01AM	Muruga: White	<i>Sunset:</i> 6:37PM	Moon 7 - Phase 17
	Creative Work	Amrita Yoga	Rahu 3:24PM – 5:01PM	Vanija Until 3:07PM	Nataraja: Clear		3rd Phase
Until 8:30AM Then Creative Work - Siddha Yoga			Chaturthi* Until 4:25AM Wed	Sravana-Avani	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

4	Wednesday, August 19, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau				Muscat, Oman Sun 18 Sutra 129
	Kanya Rasi: 20.26	Tithi 5	Gulika 10:34AM – 12:10PM	Hasta Until 11:52AM	Ganesha: White	<i>Sunrise:</i> 5:44AM	Manmatha 5117
		562589362	Yama 7:20AM – 8:57AM	Sadhya Until 8:09AM	Muruga: White	<i>Sunset:</i> 6:36PM	Moon 7 - Phase 17
	Routine Work	Marana Yoga	Rahu 12:10PM – 1:47PM	Bava Until 5:45PM	Nataraja: Clear		3rd Phase
Until 11:52AM Then Creative Work - Siddha Yoga			Panchami Until 6:58AM Thu	Sravana-Avani	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

5	Thursday, August 20, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Muscat, Oman Sun 19 Sutra 130
	Tula Rasi: 2.15	Tithi 5 – 6	Gulika 8:57AM – 10:33AM	Chitra Until 2:54PM	Ganesha: White	<i>Sunrise:</i> 5:44AM	Manmatha 5117
		562589362	Yama 5:44AM – 7:21AM	Subha Until 9:12AM	Muruga: White	<i>Sunset:</i> 6:36PM	Moon 7 - Phase 17
	Creative Work	Siddha Yoga	Rahu 1:46PM – 3:23PM	Kaulava Until 8:10PM	Nataraja: Clear		3rd Phase
Until 2:54PM Then Creative Work - Amrita Yoga			Nag Panchami	Panchami Until 6:58AM	Sravana-Avani	Bhuloka Day Devaloka Time: 6:PM to 9:PM	

6	Friday, August 21, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau				Muscat, Oman Sun 20 Sutra 131
	Tula Rasi: 14.11	Tithi 6 – 7	Gulika 7:21AM – 8:57AM	Svati Until 5:24PM	Ganesha: White	<i>Sunrise:</i> 5:45AM	Manmatha 5117
		562589362	Yama 3:22PM – 4:58PM	Sukla Until 9:58AM	Muruga: White	<i>Sunset:</i> 6:35PM	Moon 7 - Phase 17
	Creative Work	Siddha Yoga	Rahu 10:33AM – 12:10PM	Gara Until 10:09PM	Nataraja: Clear		3rd Phase
			Shashthi* Until 9:12AM	Sravana-Avani	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

	Saturday, August 22, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manla Vasara Yuktayam Vishakha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Muscat, Oman Sun 21 Sutra 132
	Retreat Star		Gulika 5:45AM – 7:21AM	Vishakha Until 7:40PM	Ganesha: Clear	<i>Sunrise:</i> 5:45AM	Manmatha 5117
	Tula Rasi: 26.18	Tithi 7 – 8	Yama 1:46PM – 3:22PM	Brahma Until 10:21AM	Muruga: White	<i>Sunset:</i> 6:34PM	Moon 7 - Phase 17
		572589362	Rahu 8:57AM – 10:33AM	Visti Until 11:32PM	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga			Saptami Until 10:55AM	Sravana-Avani	Devaloka Day		

	Sunday, August 23, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Muscat, Oman Sun 22 Sutra 133
	Retreat Star		Gulika 3:21PM – 4:57PM	Anuradha Until 9:04PM	Ganesha: Clear	<i>Sunrise:</i> 5:45AM	Manmatha 5117
	Vrischika Rasi: 8.42	Tithi 8 – 9	Yama 12:09PM – 1:45PM	Indra Until 10:12AM	Muruga: White	<i>Sunset:</i> 6:33PM	Moon 7 - Phase 17
		572589362	Rahu 4:57PM – 6:33PM	Balava Until 12:10AM Mon	Nataraja: Clear		Navami
Routine Work Marana Yoga			Ashtami* Until 11:56AM	Sravana-Avani	Devaloka Day		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda


1	Monday, August 24, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Muscat, Oman Sun 23 Sutra 134
	Vrischika Rasi: 21.27 Tithi 9 – 10	Gulika 1:45PM – 3:21PM	Jyeshtha* Until 9:31PM	Ganesha: Clear <i>Sunrise:</i> 5:46AM
	Family Home Evening 572589362	Yama 10:33AM – 12:09PM	Vaidhriti* Until 9:25AM	Muruqa: White <i>Sunset:</i> 6:32PM
	Creative Work Siddha Yoga	Rahu 7:21AM – 8:57AM	Taitila Until 11:59PM	Nataraja: Clear Moon – Orange
			Navami* Until 12:10PM	Devaloka Day Manmatha 5117 Moon 7 - Phase 18 4th Phase


2	Tuesday, August 25, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Muscat, Oman Sun 24 Sutra 135
	Dhanus Rasi: 4.37 Tithi 10 – 11	Gulika 12:09PM – 1:44PM	Mula* Until 9:27PM	Ganesha: Clear <i>Sunrise:</i> 5:46AM
	572589362	Yama 8:57AM – 10:33AM	Vishkambha* Until 8:00AM	Muruqa: White <i>Sunset:</i> 6:31PM
	Creative Work Amrita Yoga Until 9:27PM Then Creative Work - Siddha Yoga	Rahu 3:20PM – 4:56PM	Vanija Until 10:59PM	Nataraja: Clear Moon – Light Blue
			Dashami Until 11:34AM	Devaloka Day Manmatha 5117 Moon 7 - Phase 18 4th Phase

3	Wednesday, August 26, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Muscat, Oman Sun 25 Sutra 136
	Dhanus Rasi: 18.14 Tithi 11 – 12	Gulika 10:33AM – 12:08PM	Purvashadha* Until 8:28PM	Ganesha: Clear <i>Sunrise:</i> 5:46AM
	572589362	Yama 7:22AM – 8:57AM	Ayushman Until 3:14AM Thu	Muruqa: White <i>Sunset:</i> 6:30PM
	Creative Work Amrita Yoga	Rahu 12:08PM – 1:44PM	Bava Until 9:13PM	Nataraja: Clear Moon – Light Blue
			Ekadashi Until 10:10AM	Devaloka Day Manmatha 5117 Moon 7 - Phase 18 4th Phase

4	Thursday, August 27, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Muscat, Oman Sun 26 Sutra 137
	Makara Rasi: 2.18 Tithi 12 – 13	Gulika 8:57AM – 10:33AM	Uttarashadha Until 6:41PM	Ganesha: Clear <i>Sunrise:</i> 5:47AM
	572589362	Yama 5:47AM – 7:22AM	Saubhagya Until 12:02AM Fri	Muruqa: White <i>Sunset:</i> 6:29PM
	Routine Work Marana Yoga Until 6:41PM Then Creative Work - Siddha Yoga	Rahu 1:43PM – 3:19PM	Kaulava Until 6:46PM	Nataraja: Clear Moon – Light Blue
			Dvadashi Until 8:03AM <i>Pradosha Vrata</i>	Devaloka Day Manmatha 5117 Moon 7 - Phase 18 4th Phase

5	Friday, August 28, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau		Muscat, Oman Sun 27 Sutra 138
	Makara Rasi: 16.47 Tithi 14	Gulika 7:22AM – 8:57AM	Shravana Until 4:38PM	Ganesha: White <i>Sunrise:</i> 5:47AM
	593589363	Yama 3:18PM – 4:53PM	Sobhana Until 8:27PM	Muruqa: White <i>Sunset:</i> 6:29PM
	Routine Work Marana Yoga Until 4:38PM Then Creative Work - Siddha Yoga	Rahu 10:33AM – 12:08PM	Gara Until 3:48PM	Nataraja: Purple Moon – Purple
			Chidambaram Abhishekam Chaturdashi* Until 2:09AM Sat	Devaloka Day Manmatha 5117 Moon 7 - Phase 18 4th Phase

	Saturday, August 29, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Purnimayam Titau		Muscat, Oman Sutra 139
	Copper Retreat Star	Gulika 5:47AM – 7:22AM	Dhanishtha Until 2:05PM	Ganesha: White <i>Sunrise:</i> 5:47AM
	Kumbha Rasi: 1.37 Tithi 15	Yama 1:43PM – 3:18PM	Athiganda* Until 4:32PM	Muruqa: White <i>Sunset:</i> 6:28PM
	593589363	Rahu 8:57AM – 10:32AM	Visti Until 12:27PM	Nataraja: Purple Moon – Purple
Creative Work Siddha Yoga Until 2:05PM Then Creative Work - Amrita Yoga	Avani Avittam	Purnima* Until 10:40PM	Sravana-Avani	Devaloka Day Manmatha 5117 Moon 7 - Phase 18 Purnima

	Sunday, August 30, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosithapada* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau		Muscat, Oman Sutra 140
	Silver Retreat Star	Gulika 3:17PM – 4:52PM	Shatabhishak Until 11:11AM	Ganesha: White <i>Sunrise:</i> 5:48AM
	Kumbha Rasi: 16.38 Tithi 16	Yama 12:07PM – 1:42PM	Sukarma Until 12:28PM	Muruqa: White <i>Sunset:</i> 6:27PM
	593589363	Rahu 4:52PM – 6:27PM	Balava Until 8:53AM	Nataraja: Purple Moon – Purple
Creative Work Siddha Yoga				Devaloka Day Manmatha 5117 Moon 7 - Phase 18 Prathama

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 31, 2015
Gold Retreat Star

Meena Rasi: 1.45 Tithi 17 - 18
Family Home Evening 513589363
Routine Work Marana Yoga
Until 8:30AM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:42PM - 3:16PM
Yama 10:32AM - 12:07PM
Rahu 7:23AM - 8:57AM

Purvaprosarthapada* Until 8:30AM
Dhriti Until 8:24AM
Vanija Until 1:42AM Tue
Dvitiya Until 3:26PM

Muscat, Oman
Sun 1 Sutra 141
Manmatha 5117
Moon 8 - Phase 19
1st Phase

Ganesha: White *Sunrise:* 5:48AM
Muruqa: White *Sunset:* 6:26PM
Nataraja: Purple
Moon - Clear

Devaloka Day
Sravana-Avani

1 Tuesday, September 1, 2015

Meena Rasi: 16.47 Tithi 18 - 19
513589363
Creative Work Siddha Yoga
Until 3:12AM Wed
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Gulika 12:07PM - 1:41PM
Yama 8:57AM - 10:32AM
Rahu 3:16PM - 4:50PM

Revati Until 3:12AM Wed
Ganda* Until 12:35AM Wed
Bava Until 10:23PM
Tritiya Until 11:59AM

Muscat, Oman
Sun 2 Sutra 142
Manmatha 5117
Moon 8 - Phase 19
1st Phase

Ganesha: White *Sunrise:* 5:48AM
Muruqa: White *Sunset:* 6:25PM
Nataraja: Purple
Moon - Clear

Devaloka Day
Sravana-Avani

2 Wednesday, September 2, 2015

Mesha Rasi: 1.37 Tithi 19 - 20
523589363
Routine Work Marana Yoga
Until 1:18AM Thu
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Vriddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:32AM - 12:06PM
Yama 7:23AM - 8:57AM
Rahu 12:06PM - 1:41PM

Ashvini Until 1:18AM Thu
Vriddhi Until 9:08PM
Kaulava Until 7:26PM
Chaturthi* Until 8:50AM

Muscat, Oman
Sun 3 Sutra 143
Manmatha 5117
Moon 8 - Phase 19
1st Phase

Ganesha: Clear *Sunrise:* 5:49AM
Muruqa: White *Sunset:* 6:24PM
Nataraja: Purple
Moon - White

Bhuloka Day
Devaloka Time: 9:AM to 12:PM
Sravana-Avani

3 Thursday, September 3, 2015

Mesha Rasi: 16.08 Tithi 20 - 21
523589363
Creative Work Siddha Yoga
Until 11:47PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Dhruva Yoga Taitila/Vanija Karana Panchami/Shashthiyam Titau

Gulika 8:57AM - 10:32AM
Yama 5:49AM - 7:23AM
Rahu 1:40PM - 3:14PM

Bharani Until 11:47PM
Dhruva Until 6:03PM
Vanija Until 3:57AM Fri
Panchami Until 6:07AM

Muscat, Oman
Sun 4 Sutra 144
Manmatha 5117
Moon 8 - Phase 19
1st Phase

Ganesha: Clear *Sunrise:* 5:49AM
Muruqa: White *Sunset:* 6:23PM
Nataraja: Purple
Moon - White

Bhuloka Day
Devaloka Time: 9:AM to 12:PM
Sravana-Avani

4 Friday, September 4, 2015

Vrishabha Rasi: 0.17 Tithi 22
523589363
Creative Work Siddha Yoga
Until 10:43PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 7:23AM - 8:57AM
Yama 3:14PM - 4:48PM
Rahu 10:32AM - 12:06PM

Krittika Until 10:43PM
Vyaghata* Until 3:29PM
Visti Until 3:06PM
Saptami Until 2:24AM Sat

Muscat, Oman
Sun 5 Sutra 145
Manmatha 5117
Moon 8 - Phase 19
1st Phase

Ganesha: Clear *Sunrise:* 5:49AM
Muruqa: White *Sunset:* 6:22PM
Nataraja: Purple
Moon - White

Bhuloka Day
Devaloka Time: 9:AM to 12:PM
Sravana-Avani

Retreat Star
Saturday, September 5, 2015

Vrishabha Rasi: 14.02 Tithi 23
533589363
Creative Work Amrita Yoga
Until 10:36PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 5:50AM - 7:24AM
Yama 1:39PM - 3:13PM
Rahu 8:57AM - 10:31AM

Rohini Until 10:36PM
Harshana Until 1:26PM
Balava Until 1:53PM
Ashtami* Until 1:30AM Sun

Muscat, Oman
Sun 6 Sutra 146
Manmatha 5117
Moon 8 - Phase 19
Ashtami

Ganesha: Purple *Sunrise:* 5:50AM
Muruqa: White *Sunset:* 6:21PM
Nataraja: Purple
Moon - Yellow

Devaloka Day
Sravana-Avani

Retreat Star
Sunday, September 6, 2015

Vrishabha Rasi: 27.25 Tithi 24
533589363
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Gulika 3:12PM - 4:46PM
Yama 12:05PM - 1:39PM
Rahu 4:46PM - 6:20PM

Mrigashira Until 10:58PM
Vajra* Until 11:53AM
Taitila Until 1:19PM
Navami* Until 1:16AM Mon

Muscat, Oman
Sun 7 Sutra 147
Manmatha 5117
Moon 8 - Phase 19
Navami


Ganesha: Purple *Sunrise:* 5:50AM
Muruqa: White *Sunset:* 6:20PM
Nataraja: Purple
Moon - Yellow

Devaloka Day
Sravana-Avani

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

All times are standard time

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1	Monday, September 7, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau	Muscat, Oman Sun 8 Sutra 148
	Mithuna Rasi: 10.26 Tithi 25 Family Home Evening 533589363 Creative Work Siddha Yoga Until 11:49PM Then Creative Work - Amrita Yoga	Gulika 1:38PM – 3:12PM Yama 10:31AM – 12:05PM Rahu 7:24AM – 8:57AM	Ardra Until 11:49PM Siddhi Until 10:52AM Vanija Until 1:24PM Dashami Until 1:39AM Tue
2	Tuesday, September 8, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Ekadashyam Titau	Muscat, Oman Sun 9 Sutra 149
	Mithuna Rasi: 23.1 Tithi 26 543589363 Creative Work Siddha Yoga	Gulika 12:04PM – 1:38PM Yama 8:57AM – 10:31AM Rahu 3:11PM – 4:44PM	Punarvasu Until 1:31AM Wed Vyatipata* Until 10:20AM Bava Until 2:05PM Ekadashi* Until 2:36AM Wed
3	Wednesday, September 9, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Muscat, Oman Sun 10 Sutra 150
	Kataka Rasi: 5.38 Tithi 27 544599363 Creative Work Siddha Yoga	Gulika 10:31AM – 12:04PM Yama 7:24AM – 8:57AM Rahu 12:04PM – 1:37PM	Pushya Until 3:33AM Thu Varyan Until 10:12AM Kaulava Until 3:18PM Dvadashi* Until 4:04AM Thu
4	Thursday, September 10, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau	Muscat, Oman Sun 11 Sutra 151
	Kataka Rasi: 17.53 Tithi 28 544599363 Creative Work Siddha Yoga Until 5:50AM Fri Then Routine Work - Marana Yoga	Gulika 8:57AM – 10:30AM Yama 5:51AM – 7:24AM Rahu 1:37PM – 3:10PM	Ashlesha* Until 5:50AM Fri Parigha* Until 10:26AM Gara Until 4:59PM Trayodashi* Until 5:57AM Fri <i>Pradosha Vrata (Fasting)</i>
5	Friday, September 11, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Visti* Karana Chaturdashyam Titau	Muscat, Oman Sun 12 Sutra 152
	Kataka Rasi: 29.59 Tithi 29 544699363 Routine Work Marana Yoga Until 8:47AM Sat Then Creative Work - Siddha Yoga	Gulika 7:25AM – 8:57AM Yama 3:09PM – 4:42PM Rahu 10:30AM – 12:03PM	Magha* Until 8:47AM Sat Shiva Until 11:00AM Visti Until 7:03PM Chaturdashi* Until 8:11AM Sat
	Saturday, September 12, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Muscat, Oman Sun 13 Sutra 153
	Retreat Star Simha Rasi: 11.56 Tithi 29 – 30 554699363 Creative Work Amrita Yoga Until 8:47AM Then Creative Work - Siddha Yoga	Gulika 5:52AM – 7:25AM Yama 1:36PM – 3:08PM Rahu 8:57AM – 10:30AM	Magha* Until 8:47AM Siddha Until 11:47AM Catuspada Until 9:25PM Chaturdashi* Until 8:11AM
6	Sunday, September 13, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Naga*/Kinlughna* Karana Amavasya/Prathamayam Titau	Muscat, Oman Sun 14 Sutra 154
	Retreat Star Simha Rasi: 23.48 Tithi 30 – 1 554699363 Creative Work Siddha Yoga Until 11:48AM Then Creative Work - Amrita Yoga	Gulika 3:08PM – 4:40PM Yama 12:02PM – 1:35PM Rahu 4:40PM – 6:13PM	Purvaphalguni Until 11:48AM Sadhya Until 12:47PM Kintughna Until 12:01AM Mon Amavasya* Until 10:41AM
		Grandparent's Day Partial Solar Eclipse	Bhuloka Day Devaloka Time: 9:AM to 12:PM

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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1	Monday, September 14, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha/Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Muscat, Oman Sun 15 Sutra 155
	Kanya Rasi: 5.35 Tithi 1 – 2	Gulika 1:35PM – 3:07PM	Uttaraphalguni Until 2:48PM	Ganesha: Orange <i>Sunrise:</i> 5:53AM
	Family Home Evening 554699363	Yama 10:30AM – 12:02PM	Subha Until 1:53PM	Muruqa: Green <i>Sunset:</i> 6:12PM
	Creative Work Siddha Yoga	Rahu 7:25AM – 8:57AM	Balava Until 2:41AM Tue	Nataraja: Purple Moon 8 - Phase 21 Moon – Red 3rd Phase
		Prathama* Until 1:19PM		Bhuloka Day Devaloka Time: 9:AM to 12:PM

2	Tuesday, September 15, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Muscat, Oman Sun 16 Sutra 156
	Kanya Rasi: 17.21 Tithi 2 – 3	Gulika 12:02PM – 1:34PM	Hasta Until 6:10PM	Ganesha: Clear <i>Sunrise:</i> 5:53AM
	Family Home Evening 554699363	Yama 8:57AM – 10:30AM	Sukla Until 2:59PM	Muruqa: Green <i>Sunset:</i> 6:11PM
	Creative Work Siddha Yoga	Rahu 3:06PM – 4:38PM	Taitila Until 5:20AM Wed	Nataraja: Purple Moon 8 - Phase 21 Moon – Green 3rd Phase
		Dvitiya Until 4:00PM		Bhuloka Day Devaloka Time: 9:AM to 12:PM

3	Wednesday, September 16, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Gara Karana Tritiyayam Titau		Muscat, Oman Sun 17 Sutra 157
	Kanya Rasi: 29.08 Tithi 3	Gulika 10:29AM – 12:01PM	Chitra Until 9:14PM	Ganesha: Clear <i>Sunrise:</i> 5:53AM
	Family Home Evening 554699363	Yama 7:25AM – 8:57AM	Brahma Until 4:01PM	Muruqa: Green <i>Sunset:</i> 6:10PM
	Creative Work Siddha Yoga	Rahu 12:01PM – 1:33PM	Gara Until 6:34PM	Nataraja: Purple Moon 8 - Phase 21 Moon – Green 3rd Phase
		Tritiya Until 6:34PM		Bhuloka Day Devaloka Time: 9:AM to 12:PM

4	Thursday, September 17, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra/Vaidhriti* Yoga Vanija/Visiti* Karana Chaturthyam Titau		Muscat, Oman Sun 18 Sutra 158
	Tula Rasi: 11 Tithi 4	Gulika 8:57AM – 10:29AM	Svati Until 11:53PM	Ganesha: Clear <i>Sunrise:</i> 5:53AM
	Family Home Evening 554699363	Yama 5:53AM – 7:25AM	Indra Until 4:53PM	Muruqa: Green <i>Sunset:</i> 6:09PM
	Creative Work Amrita Yoga Until 11:53PM Then Creative Work - Siddha Yoga	Rahu 1:33PM – 3:05PM	Vanija Until 7:48AM	Nataraja: Purple Moon 8 - Phase 21 Moon – Green 3rd Phase
		Ganesha Chaturthi	Chaturthi* Until 8:53PM	Bhuloka Day Devaloka Time: 9:AM to 12:PM

5	Friday, September 18, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau		Muscat, Oman Sun 19 Sutra 159
	Tula Rasi: 22.58 Tithi 5	Gulika 7:26AM – 8:57AM	Vishakha Until 2:28AM Sat	Ganesha: Purple <i>Sunrise:</i> 5:54AM
	Family Home Evening 554699363	Yama 3:04PM – 4:36PM	Vaidhriti* Until 5:26PM	Muruqa: Green <i>Sunset:</i> 6:08PM
	Creative Work Siddha Yoga	Rahu 10:29AM – 12:01PM	Bava Until 9:56AM	Nataraja: Purple Moon 8 - Phase 21 Moon – Orange 3rd Phase
		Panchami Until 10:48PM		Devaloka Day Bhadrapada-Puratasi

6	Saturday, September 19, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Anuradha Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Shashthyam Titau		Muscat, Oman Sun 20 Sutra 160
	Vrischika Rasi: 5.08 Tithi 6	Gulika 5:54AM – 7:26AM	Anuradha Until 4:20AM Sun	Ganesha: Purple <i>Sunrise:</i> 5:54AM
	Family Home Evening 554699363	Yama 1:32PM – 3:03PM	Vishkambha* Until 5:36PM	Muruqa: Green <i>Sunset:</i> 6:07PM
	Creative Work Siddha Yoga Until 4:20AM Sun Then Routine Work - Marana Yoga	Rahu 8:57AM – 10:29AM	Kaulava Until 11:36AM	Nataraja: Purple Moon 8 - Phase 21 Moon – Orange 3rd Phase
		Shashthi* Until 12:11AM Sun		Devaloka Day Bhadrapada-Puratasi

Retreat Star	Sunday, September 20, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Saptamyam Titau		Muscat, Oman Sun 21 Sutra 161
	Vrischika Rasi: 17.31 Tithi 7	Gulika 3:03PM – 4:34PM	Jyeshtha* Until 5:25AM Mon	Ganesha: Purple <i>Sunrise:</i> 5:54AM
	Family Home Evening 554699363	Yama 12:00PM – 1:31PM	Priti Until 5:18PM	Muruqa: Green <i>Sunset:</i> 6:06PM
	Routine Work Marana Yoga Until 5:25AM Mon Then Creative Work - Siddha Yoga	Rahu 4:34PM – 6:06PM	Gara Until 12:40PM	Nataraja: Purple Moon 8 - Phase 21 Moon – Orange 3rd Phase
		Saptami Until 12:55AM Mon		Devaloka Day Bhadrapada-Puratasi

Retreat Star	Monday, September 21, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau		Muscat, Oman Sun 22 Sutra 162
	Dhanus Rasi: 0.13 Tithi 8	Gulika 1:31PM – 3:02PM	Mula* Until 6:04AM Tue	Ganesha: White <i>Sunrise:</i> 5:55AM
	Family Home Evening 585699363	Yama 10:28AM – 12:00PM	Ayushman Until 4:25PM	Muruqa: Green <i>Sunset:</i> 6:05PM
	Creative Work Siddha Yoga	Rahu 7:26AM – 8:57AM	Visti Until 1:02PM	Nataraja: Purple Moon 8 - Phase 21 Moon – Light Blue Ashtami
		Ashtami* Until 12:54AM Tue		Bhuloka Day Bhadrapada-Puratasi

Retreat Star	Tuesday, September 22, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Navamyam Titau		Muscat, Oman Sun 23 Sutra 163
	Dhanus Rasi: 13.17 Tithi 9	Gulika 11:59AM – 1:30PM	Mula* Until 6:04AM	Ganesha: White <i>Sunrise:</i> 5:55AM
	Family Home Evening 585699363	Yama 8:57AM – 10:28AM	Saubhagya Until 2:57PM	Muruqa: Green <i>Sunset:</i> 6:04PM
	Creative Work Amrita Yoga Until 6:04AM Then Creative Work - Siddha Yoga	Rahu 3:01PM – 4:32PM	Balava Until 12:38PM	Nataraja: Purple Moon 8 - Phase 21 Moon – Light Blue Navami
		Navami* Until 12:07AM Wed		Bhuloka Day Bhadrapada-Puratasi

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	Wednesday, September 23, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau	Muscat, Oman Sun 24 Sutra 164
	Dhanu Rasi: 26.46 Tithi 10 585699363	Gulika 10:28AM – 11:59AM Yama 7:26AM – 8:57AM Rahu 11:59AM – 1:30PM	Uttarashadha Until 4:40AM Thu Sobhana Until 12:52PM Taitila Until 11:28AM Dashami Until 10:35PM

Ganesha: White *Sunrise:* 5:55AM
Muruga: Green *Sunset:* 6:03PM
Nataraja: Purple
 Moon – Light Blue
Bhadrapada-Puratasi
Bhuloka Day

Creative Work Amrita Yoga
Until 4:40AM Thu
Then Creative Work - Siddha Yoga

2	Thursday, September 24, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau	Muscat, Oman Sun 25 Sutra 165
	Makara Rasi: 10.41 Tithi 11 595699363	Gulika 8:57AM – 10:28AM Yama 5:56AM – 7:26AM Rahu 1:29PM – 3:00PM	Shravana Until 3:08AM Fri Athiganda* Until 10:11AM Vanija Until 9:34AM Ekadashi Until 8:21PM

Ganesha: Yellow *Sunrise:* 5:56AM
Muruga: Green *Sunset:* 6:01PM
Nataraja: Purple
 Moon – Purple
Bhadrapada-Puratasi
Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

3	Friday, September 25, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Sukarma/Dhriti Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau	Muscat, Oman Sun 26 Sutra 166
	Makara Rasi: 25.03 Tithi 12 – 13 595699363	Gulika 7:27AM – 8:57AM Yama 2:59PM – 4:30PM Rahu 10:28AM – 11:58AM	Dhanishtha Until 12:55AM Sat Sukarma Until 6:59AM Bava Until 7:01AM Dvadashi Until 5:31PM <i>Pradosha Vrata</i>


Ganesha: Yellow *Sunrise:* 5:56AM
Muruga: Green *Sunset:* 6:00PM
Nataraja: Purple
 Moon – Purple
Bhadrapada-Puratasi
Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 12:55AM Sat
Then Creative Work - Amrita Yoga

4	Saturday, September 26, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Muscat, Oman Sun 27 Sutra 167
	Kumbha Rasi: 9.48 Tithi 13 – 14 595699363	Gulika 5:56AM – 7:27AM Yama 1:28PM – 2:59PM Rahu 8:57AM – 10:28AM	Shatabhishak Until 10:10PM Shula* Until 11:23PM Gara Until 12:30AM Sun Trayodashi Until 2:15PM

Ganesha: Yellow *Sunrise:* 5:56AM
Muruga: Green *Sunset:* 5:59PM
Nataraja: Purple
 Moon – Purple
Bhadrapada-Puratasi
Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga
Until 10:10PM
Then Routine Work - Marana Yoga

	Sunday, September 27, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Muscat, Oman Sutra 168
	Kumbha Rasi: 24.5 Tithi 14 – 15 515699363	Gulika 2:58PM – 4:28PM Yama 11:58AM – 1:28PM Rahu 4:28PM – 5:58PM	Purvaproshtapada* Until 7:25PM Ganda* Until 7:13PM Visti Until 8:48PM Chaturdashi* Until 10:39AM

Ganesha: Yellow *Sunrise:* 5:57AM
Muruga: Green *Sunset:* 5:58PM
Nataraja: Purple
 Moon – Clear
Bhadrapada-Puratasi
Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 7:25PM
Then Creative Work - Amrita Yoga

Monday, September 28, 2015	Silver Retreat Star	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vriddhi/Dhruva Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau	Muscat, Oman Sutra 169
	Meena Rasi: 10.02 Tithi 15 – 16 615699363	Gulika 1:27PM – 2:57PM Yama 10:27AM – 11:57AM Rahu 7:27AM – 8:57AM	Uttaraproshtapada Until 4:27PM Vriddhi Until 2:58PM Kaulava Until 3:09AM Tue Purnima* Until 6:54AM

Ganesha: Blue *Sunrise:* 5:57AM
Muruga: Green *Sunset:* 5:57PM
Nataraja: Purple
 Moon – Clear
Bhadrapada-Puratasi
Bhuloka Day

Family Home Evening
Creative Work Siddha Yoga
Total Lunar Eclipse

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

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Tuesday, September 29, 2015
Gold Retreat Star

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Muscat, Oman
Sutra 170

Meena Rasi: 25.14 Tithi 17
626699363
Creative Work Siddha Yoga

Gulika 11:57AM – 1:27PM
Yama 8:57AM – 10:27AM
Rahu 2:57PM – 4:27PM

Revati Until 1:25PM
Dhruva Until 10:46AM
Taitila Until 1:20PM
Dvitiya Until 11:33PM

Ganesha: Blue *Sunrise:* 5:57AM
Muruqa: Green *Sunset:* 5:56PM
Nataraja: Purple
Moon – Clear
Bhadrapada-Puratasi

Manmatha 5117
Moon 9 - Phase 23
1st Phase

Bhuloka Day

1

Wednesday, September 30, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau

Muscat, Oman
Sun 1 Sutra 171

Mesha Rasi: 10.17 Tithi 18
626699363
Routine Work Marana Yoga
Until 10:53AM
Then Creative Work - Siddha Yoga

Gulika 10:27AM – 11:57AM
Yama 7:27AM – 8:57AM
Rahu 11:57AM – 1:26PM

Ashvini Until 10:53AM
Vyaghata* Until 6:45AM
Vanija Until 9:53AM
Tritiya Until 8:17PM

Ganesha: Red *Sunrise:* 5:58AM
Muruqa: Green *Sunset:* 5:55PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Manmatha 5117
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Thursday, October 1, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Muscat, Oman
Sun 2 Sutra 172

Mesha Rasi: 25.03 Tithi 19 – 20
626699363
Creative Work Siddha Yoga
Until 8:38AM
Then Routine Work - Marana Yoga

Gulika 8:57AM – 10:27AM
Yama 5:58AM – 7:28AM
Rahu 1:26PM – 2:55PM

Bharani Until 8:38AM
Vajra* Until 11:46PM
Bava Until 6:50AM
Chaturthi* Until 5:28PM

Ganesha: Red *Sunrise:* 5:58AM
Muruqa: Green *Sunset:* 5:54PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Manmatha 5117
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Friday, October 2, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Muscat, Oman
Sun 3 Sutra 173

Wrishabha Rasi: 9.26 Tithi 20 – 21
626699363
Creative Work Siddha Yoga
Until 6:48AM
Then Routine Work - Marana Yoga

Gulika 7:28AM – 8:57AM
Yama 2:55PM – 4:24PM
Rahu 10:27AM – 11:56AM

Krittika Until 6:48AM
Siddhi Until 9:01PM
Gara Until 2:28AM Sat
Panchami Until 3:17PM

Ganesha: Red *Sunrise:* 5:58AM
Muruqa: Green *Sunset:* 5:53PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Manmatha 5117
Moon 9 - Phase 23
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

4

Saturday, October 3, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Muscat, Oman
Sun 4 Sutra 174

Wrishabha Rasi: 23.22 Tithi 21 – 22
636699363
Creative Work Siddha Yoga

Gulika 5:59AM – 7:28AM
Yama 1:25PM – 2:54PM
Rahu 8:57AM – 10:26AM

Mrigashira Until 5:39AM Sun
Vyatipata* Until 6:52PM
Visti Until 1:22AM Sun
Shashthi* Until 1:48PM

Ganesha: Green *Sunrise:* 5:59AM
Muruqa: Green *Sunset:* 5:52PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Manmatha 5117
Moon 9 - Phase 23
1st Phase

Bhuloka Day

D

Sunday, October 4, 2015
Retreat Star

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Muscat, Oman
Sun 5 Sutra 175

Mithuna Rasi: 6.51 Tithi 22 – 23
636699363
Creative Work Siddha Yoga
Until 6:01AM Mon
Then Creative Work - Amrita Yoga

Gulika 2:53PM – 4:22PM
Yama 11:55AM – 1:24PM
Rahu 4:22PM – 5:51PM

Ardra Until 6:01AM Mon
Variyan Until 5:19PM
Balava Until 1:05AM Mon
Saptami Until 1:06PM

Ganesha: Green *Sunrise:* 5:59AM
Muruqa: Green *Sunset:* 5:51PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Manmatha 5117
Moon 9 - Phase 23
Ashtami

Bhuloka Day

Monday, October 5, 2015
Retreat Star

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Muscat, Oman
Sun 6 Sutra 176

Mithuna Rasi: 19.54 Tithi 23 – 24
636699363
Family Home Evening
Creative Work Siddha Yoga
Until 6:01AM
Then Creative Work - Amrita Yoga

Gulika 1:24PM – 2:53PM
Yama 10:26AM – 11:55AM
Rahu 7:28AM – 8:57AM

Ardra Until 6:01AM
Parigha* Until 4:25PM
Taitila Until 1:35AM Tue
Ashtami* Until 1:13PM

Ganesha: Green *Sunrise:* 5:59AM
Muruqa: Green *Sunset:* 5:50PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Manmatha 5117
Moon 9 - Phase 23
Navami

Bhuloka Day

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

1	Tuesday, October 6, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Muscat, Oman Sun 7 Sutra 177
	Kataka Rasi: 2.34 Tithi 24 – 25 646799363 Creative Work Siddha Yoga	Gulika 11:55AM – 1:23PM Yama 8:57AM – 10:26AM Rahu 2:52PM – 4:21PM	Punarvasu Until 7:27AM Shiva Until 4:07PM Vanija Until 2:48AM Wed Navami* Until 2:05PM

Ganesha: Clear <i>Sunrise: 6:00AM</i>	Manmatha 5117
Muruga: Green <i>Sunset: 5:50PM</i>	Moon 9 - Phase 24
Nataraja: Purple	2nd Phase
Moon – Blue	
Bhadrpadapada*Puratasi	Bhuloka Day Devaloka Time: 6:AM to 9:AM

2	Wednesday, October 7, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Muscat, Oman Sun 8 Sutra 178
	Kataka Rasi: 14.56 Tithi 25 – 26 646799363 Creative Work Siddha Yoga	Gulika 10:26AM – 11:54AM Yama 7:29AM – 8:57AM Rahu 11:54AM – 1:23PM	Pushya Until 9:24AM Siddha Until 4:17PM Bava Until 4:37AM Thu Dashami Until 3:38PM

Ganesha: Clear <i>Sunrise: 6:00AM</i>	Manmatha 5117
Muruga: Green <i>Sunset: 5:49PM</i>	Moon 9 - Phase 24
Nataraja: Purple	2nd Phase
Moon – Blue	
Bhadrpadapada*Puratasi	Bhuloka Day Devaloka Time: 6:AM to 9:AM

3	Thursday, October 8, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Muscat, Oman Sun 9 Sutra 179
	Kataka Rasi: 27.03 Tithi 26 – 27 647799364 Creative Work Siddha Yoga Until 11:43AM Then Creative Work - Amrita Yoga	Gulika 8:57AM – 10:26AM Yama 6:01AM – 7:29AM Rahu 1:22PM – 2:51PM	Ashlesha* Until 11:43AM Sadhya Until 4:51PM Kaulava Until 6:54AM Fri Ekadashi* Until 5:41PM

Ganesha: Orange <i>Sunrise: 6:01AM</i>	Manmatha 5117
Muruga: Green <i>Sunset: 5:48PM</i>	Moon 9 - Phase 24
Nataraja: Clear	2nd Phase
Moon – Blue	
Bhadrpadapada*Puratasi	Devaloka Day

4	Friday, October 9, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvadashyam Titau	Muscat, Oman Sun 10 Sutra 180
	Simha Rasi: 8.59 Tithi 27 657799364 Routine Work Marana Yoga Until 2:45PM Then Creative Work - Siddha Yoga	Gulika 7:29AM – 8:57AM Yama 2:50PM – 4:18PM Rahu 10:26AM – 11:54AM	Magha* Until 2:45PM Subha Until 5:43PM Kaulava Until 6:54AM Dvadashi* Until 8:08PM


Ganesha: Light Blue <i>Sunrise: 6:01AM</i>	Manmatha 5117
Muruga: Green <i>Sunset: 5:47PM</i>	Moon 9 - Phase 24
Nataraja: Clear	2nd Phase
Moon – Red	
Bhadrpadapada*Puratasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM

5	Saturday, October 10, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Gara/Vanija Karana Trayodashyam Titau	Muscat, Oman Sun 11 Sutra 181
	Simha Rasi: 20.5 Tithi 28 657799364 Creative Work Siddha Yoga Until 5:51PM Then Routine Work - Marana Yoga	Gulika 6:01AM – 7:29AM Yama 1:22PM – 2:50PM Rahu 8:57AM – 10:26AM	Purvaphalguni Until 5:51PM Sukla Until 6:43PM Gara Until 9:27AM Trayodashi* Until 10:46PM <i>Pradosha Vrata (Fasting)</i>

Ganesha: Light Blue <i>Sunrise: 6:01AM</i>	Manmatha 5117
Muruga: Green <i>Sunset: 5:46PM</i>	Moon 9 - Phase 24
Nataraja: Clear	2nd Phase
Moon – Red	
Bhadrpadapada*Puratasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM

6	Sunday, October 11, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Muscat, Oman Sun 12 Sutra 182
	Kanya Rasi: 2.37 Tithi 29 657799364 Creative Work Amrita Yoga	Gulika 2:49PM – 4:17PM Yama 11:53AM – 1:21PM Rahu 4:17PM – 5:45PM	Uttaraphalguni Until 8:52PM Brahma Until 7:48PM Visti Until 12:09PM Chaturdashi* Until 1:29AM Mon

Ganesha: Light Blue <i>Sunrise: 6:02AM</i>	Manmatha 5117
Muruga: Green <i>Sunset: 5:45PM</i>	Moon 9 - Phase 24
Nataraja: Clear	2nd Phase
Moon – Red	
Bhadrpadapada*Puratasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM

	Monday, October 12, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Muscat, Oman Sun 13 Sutra 183
	Retreat Star Kanya Rasi: 14.23 Tithi 30 Family Home Evening 667799364 Creative Work Siddha Yoga	Gulika 1:21PM – 2:48PM Yama 10:25AM – 11:53AM Rahu 7:30AM – 8:58AM	Hasta Until 12:10AM Tue Indra Until 8:51PM Catuspada Until 2:50PM Amavasya* Until 4:07AM Tue

Ganesha: Purple <i>Sunrise: 6:02AM</i>	Manmatha 5117
Muruga: Green <i>Sunset: 5:44PM</i>	Moon 9 - Phase 24
Nataraja: Clear	Amavasya
Moon – Green	
Bhadrpadapada*Puratasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM

Mahalaya Amavasai (Tamil Nadu)

Retreat Star	Tuesday, October 13, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau	Muscat, Oman Sun 14 Sutra 184
	Kanya Rasi: 26.11 Tithi 1 667799364 Creative Work Siddha Yoga	Gulika 11:53AM – 1:20PM Yama 8:58AM – 10:25AM Rahu 2:48PM – 4:15PM	Chitra Until 3:08AM Wed Vaidhriti* Until 9:45PM Kintughna Until 5:23PM Prathama* Until 6:34AM Wed

Ganesha: Purple <i>Sunrise: 6:03AM</i>	Manmatha 5117
Muruga: Green <i>Sunset: 5:43PM</i>	Moon 9 - Phase 24
Nataraja: Clear	Prathama
Moon – Green	
Ashvina*Puratasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM

Navaratri Begins

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

All times are standard time

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1	Wednesday, October 14, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Muscat, Oman Sun 15 Sutra 185
	Tula Rasi: 8.05 Tithi 1 – 2 668799364	Gulika 10:25AM – 11:53AM Yama 7:30AM – 8:58AM Rahu 11:53AM – 1:20PM	Svati Until 5:41AM Thu Vishkambha* Until 10:29PM Balava Until 7:42PM Prathama* Until 6:34AM	Ganesha: Light Blue <i>Sunrise:</i> 6:03AM Muruga: Green <i>Sunset:</i> 5:42PM Nataraja: Clear Moon – Green Bhuloka Day Devaloka Time: 6:PM to 9:PM

2	Thursday, October 15, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Muscat, Oman Sun 16 Sutra 186
	Tula Rasi: 20.04 Tithi 2 – 3 678799364	Gulika 8:58AM – 10:25AM Yama 6:03AM – 7:31AM Rahu 1:20PM – 2:47PM	Vishakha Until 8:13AM Fri Priti Until 10:59PM Taitila Until 9:42PM Dvitiya Until 8:43AM	Ganesha: Purple <i>Sunrise:</i> 6:03AM Muruga: Green <i>Sunset:</i> 5:41PM Nataraja: Clear Moon – Orange Bhuloka Day Devaloka Time: 6:PM to 9:PM

3	Friday, October 16, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Muscat, Oman Sun 17 Sutra 187
	Vrischika Rasi: 2.11 Tithi 3 – 4 678799364	Gulika 7:31AM – 8:58AM Yama 2:46PM – 4:13PM Rahu 10:25AM – 11:52AM	Vishakha Until 8:13AM Ayushman Until 11:08PM Vanija Until 11:18PM Tritiya Until 10:32AM	Ganesha: Purple <i>Sunrise:</i> 6:04AM Muruga: Green <i>Sunset:</i> 5:40PM Nataraja: Clear Moon – Orange Bhuloka Day Devaloka Time: 6:PM to 9:PM


4	Saturday, October 17, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Muscat, Oman Sun 18 Sutra 188
	Vrischika Rasi: 14.29 Tithi 4 – 5 678799364	Gulika 6:04AM – 7:31AM Yama 1:19PM – 2:46PM Rahu 8:58AM – 10:25AM	Anuradha Until 10:11AM Saubhagya Until 10:58PM Bava Until 12:27AM Sun Chaturthi* Until 11:55AM	Ganesha: Purple <i>Sunrise:</i> 6:04AM Muruga: Green <i>Sunset:</i> 5:40PM Nataraja: Clear Moon – Orange Bhuloka Day Devaloka Time: 6:PM to 9:PM

5	Sunday, October 18, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Muscat, Oman Sun 19 Sutra 189
	Vrischika Rasi: 26.59 Tithi 5 – 6 678799364	Gulika 2:45PM – 4:12PM Yama 11:52AM – 1:18PM Rahu 4:12PM – 5:39PM	Jyeshtha* Until 11:32AM Sobhana Until 10:25PM Kaulava Until 1:05AM Mon Panchami Until 12:49PM	Ganesha: Purple <i>Sunrise:</i> 6:05AM Muruga: Green <i>Sunset:</i> 5:39PM Nataraja: Clear Moon – Orange Bhuloka Day Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga
Until 11:32AM
Then Creative Work - Amrita Yoga

6	Monday, October 19, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Muscat, Oman Sun 20 Sutra 190
	Dhanus Rasi: 9.44 Tithi 6 – 7 688799364	Gulika 1:18PM – 2:45PM Yama 10:25AM – 11:52AM Rahu 7:32AM – 8:58AM	Mula* Until 12:41PM Athiganda* Until 9:24PM Gara Until 1:09AM Tue Shashthi* Until 1:10PM	Ganesha: Clear <i>Sunrise:</i> 6:05AM Muruga: Green <i>Sunset:</i> 5:38PM Nataraja: Clear Moon – Light Blue Devaloka Day

Creative Work Siddha Yoga
Until 12:41PM
Then Routine Work - Marana Yoga

	Tuesday, October 20, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Muscat, Oman Sun 21 Sutra 191
	Retreat Star Dhanus Rasi: 22.45 Tithi 7 – 8 688799364	Gulika 11:51AM – 1:18PM Yama 8:58AM – 10:25AM Rahu 2:44PM – 4:11PM	Purvashadha* Until 1:05PM Sukarma Until 7:55PM Visti Until 12:35AM Wed Saptami Until 12:56PM	Ganesha: Clear <i>Sunrise:</i> 6:06AM Muruga: Green <i>Sunset:</i> 5:37PM Nataraja: Clear Moon – Light Blue Devaloka Day

Creative Work Siddha Yoga
Until 1:05PM
Then Routine Work - Prabalarishta Yoga

Retreat Star	Wednesday, October 21, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Muscat, Oman Sun 22 Sutra 192
	Makara Rasi: 6.07 Tithi 8 – 9 689799364	Gulika 10:25AM – 11:51AM Yama 7:32AM – 8:59AM Rahu 11:51AM – 1:17PM	Uttarashadha Until 12:42PM Dhriti Until 5:56PM Balava Until 11:23PM Ashtami* Until 12:03PM	Ganesha: Purple <i>Sunrise:</i> 6:06AM Muruga: Green <i>Sunset:</i> 5:36PM Nataraja: Clear Moon – Light Blue Sivaloka Day

Creative Work Amrita Yoga
Until 12:42PM
Then Creative Work - Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

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1	Thursday, October 22, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Muscat, Oman Sun 23 Sutra 193
	Makara Rasi: 19.5 Tithi 9 – 10 699799364	Gulika 8:59AM – 10:25AM Yama 6:07AM – 7:33AM Rahu 1:17PM – 2:43PM	Shravana Until 12:00PM Shula* Until 3:25PM Taitila Until 9:33PM Navami* Until 10:31AM

Creative Work Siddha Yoga

Ganesha: Clear *Sunrise:* 6:07AM
Muruga: Green *Sunset:* 5:35PM
Nataraja: Clear
Moon – Purple

Ashvina-Aipasi

Devaloka Day

2	Friday, October 23, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Muscat, Oman Sun 24 Sutra 194
	Kumbha Rasi: 3.56 Tithi 10 – 11 699799364	Gulika 7:33AM – 8:59AM Yama 2:43PM – 4:09PM Rahu 10:25AM – 11:51AM	Dhanishtha Until 10:33AM Ganda* Until 12:25PM Vanija Until 7:08PM Dashami Until 8:24AM

Creative Work Siddha Yoga

Ganesha: Clear *Sunrise:* 6:07AM
Muruga: Green *Sunset:* 5:35PM
Nataraja: Clear
Moon – Purple

Ashvina-Aipasi

Devaloka Day

3	Saturday, October 24, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mantra Vasara Yuktayam Shatabhishak/Purvaprosanthapada* Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau	Muscat, Oman Sun 25 Sutra 195
	Kumbha Rasi: 18.25 Tithi 12 699799364	Gulika 6:08AM – 7:33AM Yama 1:17PM – 2:42PM Rahu 8:59AM – 10:25AM	Shatabhishak Until 8:26AM Vridhi Until 9:01AM Bava Until 4:15PM Dvadashi Until 2:38AM Sun

Creative Work Amrita Yoga
Until 8:26AM
Then Routine Work - Marana Yoga

Ganesha: Clear *Sunrise:* 6:08AM
Muruga: Green *Sunset:* 5:34PM
Nataraja: Clear
Moon – Purple

Ashvina-Aipasi

Devaloka Day

4	Sunday, October 25, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprosanthapada*/Uttaraprosanthapada Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Muscat, Oman Sun 26 Sutra 196
	Meena Rasi: 3.13 Tithi 13 619799364	Gulika 2:42PM – 4:08PM Yama 11:51AM – 1:16PM Rahu 4:08PM – 5:33PM	Purvaprosanthapada* Until 6:11AM Vyaghata* Until 1:16AM Mon Kaulava Until 12:59PM Trayodashi Until 11:14PM <i>Pradosha Vrata</i>

Creative Work Siddha Yoga
Until 6:11AM
Then Creative Work - Amrita Yoga

Ganesha: Yellow *Sunrise:* 6:08AM
Muruga: Green *Sunset:* 5:33PM
Nataraja: Clear
Moon – Clear

Ashvina-Aipasi

Devaloka Day


5	Monday, October 26, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau	Muscat, Oman Sun 27 Sutra 197
	Meena Rasi: 18.13 Tithi 14 Family Home Evening 619799364	Gulika 1:16PM – 2:41PM Yama 10:25AM – 11:50AM Rahu 7:34AM – 9:00AM	Revati Until 12:34AM Tue Harshana Until 9:10PM Gara Until 9:29AM Chaturdashi* Until 7:40PM

Creative Work Siddha Yoga

Ganesha: Yellow *Sunrise:* 6:09AM
Muruga: Green *Sunset:* 5:32PM
Nataraja: Clear
Moon – Clear

Ashvina-Aipasi

Devaloka Day


	Tuesday, October 27, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Muscat, Oman Sutra 198
	Mesha Rasi: 3.19 Tithi 15 – 16 629799364	Gulika 11:50AM – 1:16PM Yama 9:00AM – 10:25AM Rahu 2:41PM – 4:06PM	Ashvini Until 9:55PM Vajra* Until 5:03PM Balava Until 2:23AM Wed Purnima* Until 4:06PM

Creative Work Siddha Yoga

Ganesha: White *Sunrise:* 6:09AM
Muruga: Green *Sunset:* 5:32PM
Nataraja: Clear
Moon – White

Ashvina-Aipasi

Sivaloka Day

	Wednesday, October 28, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Bharani Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Muscat, Oman Sutra 199
	Mesha Rasi: 18.22 Tithi 16 – 17 629799364	Gulika 10:25AM – 11:50AM Yama 7:35AM – 9:00AM Rahu 11:50AM – 1:15PM	Bharani Until 7:20PM Siddhi Until 1:04PM Taitila Until 11:06PM Prathama* Until 12:41PM

Creative Work Siddha Yoga
Until 7:20PM
Then Creative Work - Amrita Yoga

Ganesha: White *Sunrise:* 6:10AM
Muruga: Green *Sunset:* 5:31PM
Nataraja: Clear
Moon – White

Ashvina-Aipasi

Sivaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Thursday, October 29, 2015
Gold Retreat Star

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyalipata/Variyan Yoga Gara/Vanija Karana Dvitiya/Trilayam Titau

Muscat, Oman
Sun 1 Sutra 200

Vrishabha Rasi: 3.13 Tithi 17 - 18
621799364

Gulika 9:00AM - 10:25AM **Krittika** Until 4:59PM
Yama 6:10AM - 7:35AM **Vyatipata*** Until 9:21AM
Rahu 1:15PM - 2:40PM **Vanija** Until 8:12PM
Dvitiya Until 9:34AM

Ganesha: White **Sunrise:** 6:10AM
Muruqa: Green **Sunset:** 5:30PM
Nataraja: Clear
Moon - White
Ashvina•Aipasi

Manmatha 5117
Moon 10 - Phase 27
1st Phase

Sivaloka Day

Routine Work Marana Yoga

1

Friday, October 30, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan/Parigha* Yoga Visti/Balava Karana Tritiya/Chaturtham Titau

Muscat, Oman
Sun 2 Sutra 211

Vrishabha Rasi: 17.43 Tithi 18 - 19
631799364

Gulika 7:36AM - 9:00AM **Rohini** Until 3:27PM
Yama 2:40PM - 4:05PM **Variyan** Until 6:01AM
Rahu 10:25AM - 11:50AM **Balava** Until 4:57AM Sat
Tritiya Until 6:57AM

Ganesha: Yellow **Sunrise:** 6:11AM
Muruqa: Green **Sunset:** 5:30PM
Nataraja: Clear
Moon - Yellow
Ashvina•Aipasi

Manmatha 5117
Moon 10 - Phase 27
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 3:27PM

Then Creative Work - Siddha Yoga

2

Saturday, October 31, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Muscat, Oman
Sun 3 Sutra 202

Mithuna Rasi: 1.49 Tithi 20
631899364

Gulika 6:11AM - 7:36AM **Mrigashira** Until 2:27PM
Yama 1:15PM - 2:40PM **Shiva** Until 12:59AM Sun
Rahu 9:01AM - 10:25AM **Kaulava** Until 4:15PM
Panchami Until 3:43AM Sun

Ganesha: Blue **Sunrise:** 6:11AM
Muruqa: Green **Sunset:** 5:29PM
Nataraja: Clear
Moon - Yellow
Ashvina•Aipasi

Manmatha 5117
Moon 10 - Phase 27
1st Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

3

Sunday, November 1, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Muscat, Oman
Sun 4 Sutra 203

Mithuna Rasi: 15.26 Tithi 21
631899364

Gulika 2:39PM - 4:04PM **Ardra** Until 2:05PM
Yama 11:50AM - 1:15PM **Siddha** Until 11:24PM
Rahu 4:04PM - 5:28PM **Gara** Until 3:26PM
Shashthi* Until 3:19AM Mon

Ganesha: Blue **Sunrise:** 6:12AM
Muruqa: Green **Sunset:** 5:28PM
Nataraja: Clear
Moon - Yellow
Ashvina•Aipasi

Manmatha 5117
Moon 10 - Phase 27
1st Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

4

Monday, November 2, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya Yoga Visti/Bava Karana Saptamyam Titau

Muscat, Oman
Sun 5 Sutra 204

Mithuna Rasi: 28.35 Tithi 22
641899364

Gulika 1:14PM - 2:39PM **Punarvasu** Until 2:51PM
Yama 10:26AM - 11:50AM **Sadhya** Until 10:31PM
Rahu 7:37AM - 9:01AM **Visti** Until 3:29PM
Saptami Until 3:48AM Tue

Ganesha: Red **Sunrise:** 6:12AM
Muruqa: Green **Sunset:** 5:28PM
Nataraja: Clear
Moon - Blue
Ashvina•Aipasi

Manmatha 5117
Moon 10 - Phase 27
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 2:51PM

Then Creative Work - Siddha Yoga

D

Tuesday, November 3, 2015

Retreat Star

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Muscat, Oman
Sun 6 Sutra 205

Kataka Rasi: 11.18 Tithi 23
641899364

Gulika 11:50AM - 1:14PM **Pushya** Until 4:19PM
Yama 9:01AM - 10:26AM **Subha** Until 10:17PM
Rahu 2:39PM - 4:03PM **Balava** Until 4:23PM
Ashtami* Until 5:07AM Wed

Ganesha: Red **Sunrise:** 6:13AM
Muruqa: Green **Sunset:** 5:27PM
Nataraja: Clear
Moon - Blue
Ashvina•Aipasi

Manmatha 5117
Moon 10 - Phase 27
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Wednesday, November 4, 2015

Retreat Star

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Sukla Yoga Taitila Karana Navamyam Titau

Muscat, Oman
Sun 7 Sutra 206

Kataka Rasi: 23.4 Tithi 24
641899364

Gulika 10:26AM - 11:50AM **Ashlesha*** Until 6:20PM
Yama 7:38AM - 9:02AM **Sukla** Until 10:35PM
Rahu 11:50AM - 1:14PM **Taitila** Until 6:03PM
Navami* Until 7:06AM Thu

Ganesha: Red **Sunrise:** 6:13AM
Muruqa: Green **Sunset:** 5:27PM
Nataraja: Clear
Moon - Blue
Ashvina•Aipasi

Manmatha 5117
Moon 10 - Phase 27
Navami

Devaloka Day

Creative Work Siddha Yoga


After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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1	Thursday, November 5, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Muscat, Oman Sun 8 Sutra 207
	Simha Rasi: 5.45 Tithi 24 – 25 651899364	Gulika 9:02AM – 10:26AM Yama 6:14AM – 7:38AM Rahu 1:14PM – 2:38PM	Magha* Until 9:14PM Brahma Until 11:18PM Vanija Until 8:18PM Navami* Until 7:06AM
	Creative Work Amrita Yoga Until 9:14PM Then Creative Work - Siddha Yoga	Ganesha: Green <i>Sunrise:</i> 6:14AM Muruga: Green <i>Sunset:</i> 5:26PM Nataraja: Clear Moon – Red	Bhuloka Day Devaloka Time: 6:PM to 9:PM
2	Friday, November 6, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Muscat, Oman Sun 9 Sutra 208
	Simha Rasi: 17.39 Tithi 25 – 26 651899364	Gulika 7:38AM – 9:02AM Yama 2:38PM – 4:02PM Rahu 10:26AM – 11:50AM	Purvaphalguni Until 12:19AM Sat Indra Until 12:17AM Sat Bava Until 10:56PM Dashami Until 9:34AM
	Creative Work Siddha Yoga Until 12:19AM Sat Then Routine Work - Marana Yoga	Ganesha: Green <i>Sunrise:</i> 6:15AM Muruga: Green <i>Sunset:</i> 5:26PM Nataraja: Clear Moon – Red	Bhuloka Day Devaloka Time: 6:PM to 9:PM
3	Saturday, November 7, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Muscat, Oman Sun 10 Sutra 209
	Simha Rasi: 29.26 Tithi 26 – 27 751899364	Gulika 6:15AM – 7:39AM Yama 1:14PM – 2:38PM Rahu 9:03AM – 10:26AM	Uttaraphalguni Until 3:21AM Sun Vaidhriti* Until 1:20AM Sun Kaulava Until 1:42AM Sun Ekadashi* Until 12:17PM
	Routine Work Marana Yoga Until 3:21AM Sun Then Creative Work - Amrita Yoga	Ganesha: Red <i>Sunrise:</i> 6:15AM Muruga: Green <i>Sunset:</i> 5:25PM Nataraja: Clear Moon – Red	Devaloka Day
4	Sunday, November 8, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vishkambha* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Muscat, Oman Sun 11 Sutra 210
	Kanya Rasi: 11.12 Tithi 27 – 28 762899364	Gulika 2:37PM – 4:01PM Yama 11:50AM – 1:14PM Rahu 4:01PM – 5:25PM	Hasta Until 6:39AM Mon Vishkambha* Until 2:21AM Mon Gara Until 4:23AM Mon Dvadashi* Until 3:02PM <i>Pradosha Vrata (Fasting)</i>
	Creative Work Amrita Yoga Until 6:39AM Mon Then Routine Work - Prabalarishta Yoga	Ganesha: Red <i>Sunrise:</i> 6:16AM Muruga: Green <i>Sunset:</i> 5:25PM Nataraja: Clear Moon – Green	Devaloka Day
5	Monday, November 9, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Muscat, Oman Sun 12 Sutra 211
	Kanya Rasi: 23 Tithi 28 – 29 762899364	Gulika 1:14PM – 2:37PM Yama 10:27AM – 11:50AM Rahu 7:40AM – 9:03AM	Hasta Until 6:39AM Priti Until 3:12AM Tue Visti Until 6:50AM Tue Trayodashi* Until 5:37PM
	Family Home Evening Creative Work Siddha Yoga Until 6:39AM Then Routine Work - Prabalarishta Yoga	Ganesha: Red <i>Sunrise:</i> 6:16AM Muruga: Green <i>Sunset:</i> 5:24PM Nataraja: Clear Moon – Green	Devaloka Day
6	Tuesday, November 10, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Muscat, Oman Sun 13 Sutra 212
	Tula Rasi: 4.54 Tithi 29 762899364	Gulika 11:50AM – 1:14PM Yama 9:04AM – 10:27AM Rahu 2:37PM – 4:00PM	Chitra Until 9:31AM Ayushman Until 3:46AM Wed Visti Until 6:50AM Chaturdashi* Until 7:54PM
	Creative Work Siddha Yoga Then Routine Work - Prabalarishta Yoga	Ganesha: Red <i>Sunrise:</i> 6:17AM Muruga: Green <i>Sunset:</i> 5:24PM Nataraja: Clear Moon – Green	Devaloka Day
Retreat Star	Wednesday, November 11, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Muscat, Oman Sun 14 Sutra 213
	Tula Rasi: 16.56 Tithi 30 762899364	Gulika 10:27AM – 11:50AM Yama 7:41AM – 9:04AM Rahu 11:50AM – 1:14PM	Svati Until 11:53AM Saubhagya Until 4:02AM Thu Catuspada Until 8:55AM Amavasya* Until 9:48PM
	Creative Work Siddha Yoga	Ganesha: Red <i>Sunrise:</i> 6:18AM Muruga: Green <i>Sunset:</i> 5:23PM Nataraja: Clear Moon – Green	Devaloka Day
Retreat Star	Thursday, November 12, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau	Muscat, Oman Sun 15 Sutra 214
	Tula Rasi: 29.07 Tithi 1 772899364	Gulika 9:04AM – 10:28AM Yama 6:18AM – 7:41AM Rahu 1:14PM – 2:37PM	Vishakha Until 2:11PM Sobhana Until 3:59AM Fri Kintughna Until 10:36AM Prathama* Until 11:15PM
	Creative Work Siddha Yoga Then Routine Work - Prabalarishta Yoga	Ganesha: Yellow <i>Sunrise:</i> 6:18AM Muruga: Green <i>Sunset:</i> 5:23PM Nataraja: Clear Moon – Orange	Devaloka Day
		Skanda Shasthi Begins	Karttika/Aipasi

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1	Friday, November 13, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Muscat, Oman Sun 16 Sutra 215
	Vrischika Rasi: 11.3 Tithi 2 772899364	Gulika 7:42AM – 9:05AM Yama 2:37PM – 4:00PM Rahu 10:28AM – 11:51AM	Anuradha Until 3:53PM Athiganda* Until 3:35AM Sat Balava Until 11:50AM Dvitiya Until 12:16AM Sat
	Creative Work Siddha Yoga Until 3:53PM Then Routine Work - Marana Yoga	Ganesha: Yellow <i>Sunrise:</i> 6:19AM Muruga: Green <i>Sunset:</i> 5:23PM Nataraja: Clear Moon – Orange Karttika-Aipasi	Manmatha 5117 Moon 10 - Phase 29 3rd Phase Devaloka Day
2	Saturday, November 14, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manla Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau	Muscat, Oman Sun 17 Sutra 216
	Vrischika Rasi: 24.04 Tithi 3 772899364	Gulika 6:20AM – 7:42AM Yama 1:14PM – 2:37PM Rahu 9:05AM – 10:28AM	Jyeshtha* Until 5:02PM Sukarma Until 2:52AM Sun Taitila Until 12:39PM Tritiya Until 12:52AM Sun
	Creative Work Siddha Yoga	Ganesha: Yellow <i>Sunrise:</i> 6:20AM Muruga: Green <i>Sunset:</i> 5:22PM Nataraja: Clear Moon – Orange Karttika-Aipasi	Manmatha 5117 Moon 10 - Phase 29 3rd Phase Devaloka Day
3	Sunday, November 15, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau	Muscat, Oman Sun 18 Sutra 217
	Dhanus Rasi: 6.49 Tithi 4 782899364	Gulika 2:36PM – 3:59PM Yama 11:51AM – 1:14PM Rahu 3:59PM – 5:22PM	Mula* Until 6:05PM Dhriti Until 1:51AM Mon Vanija Until 1:03PM Chaturthi* Until 1:04AM Mon
	Creative Work Amrita Yoga Until 6:05PM Then Creative Work - Siddha Yoga	Ganesha: Red <i>Sunrise:</i> 6:20AM Muruga: Green <i>Sunset:</i> 5:22PM Nataraja: Clear Moon – Light Blue Karttika-Aipasi	Manmatha 5117 Moon 10 - Phase 29 3rd Phase Devaloka Day
4	Monday, November 16, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Shula* Yoga Bava/Balava Karana Panchamyam Titau	Muscat, Oman Sun 19 Sutra 218
	Dhanus Rasi: 19.46 Tithi 5 Family Home Evening 782899364 Routine Work Marana Yoga	Gulika 1:14PM – 2:36PM Yama 10:29AM – 11:51AM Rahu 7:43AM – 9:06AM	Purvashadha* Until 6:36PM Shula* Until 12:30AM Tue Bava Until 1:02PM Panchami Until 12:51AM Tue
		Ganesha: Red <i>Sunrise:</i> 6:21AM Muruga: Green <i>Sunset:</i> 5:22PM Nataraja: Clear Moon – Light Blue Karttika-Kartikai	Manmatha 5117 Moon 10 - Phase 29 3rd Phase Devaloka Day
5	Tuesday, November 17, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau	Muscat, Oman Sun 20 Sutra 219
	Makara Rasi: 2.56 Tithi 6 782899365	Gulika 11:51AM – 1:14PM Yama 9:06AM – 10:29AM Rahu 2:36PM – 3:59PM	Uttarashadha Until 6:33PM Ganda* Until 10:50PM Kaulava Until 12:37PM Shashthi* Until 12:14AM Wed
	Routine Work Prabalarishta Yoga Until 6:33PM Then Creative Work - Siddha Yoga	Ganesha: Red <i>Sunrise:</i> 6:22AM Muruga: Green <i>Sunset:</i> 5:21PM Nataraja: White Moon – Light Blue Karttika-Kartikai	Manmatha 5117 Moon 10 - Phase 29 3rd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM
6	Wednesday, November 18, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Vriddhi Yoga Gara/Vanija Karana Saptamyam Titau	Muscat, Oman Sun 21 Sutra 220
	Makara Rasi: 16.19 Tithi 7 792899365	Gulika 10:29AM – 11:52AM Yama 7:45AM – 9:07AM Rahu 11:52AM – 1:14PM	Shravana Until 6:24PM Vriddhi Until 8:51PM Gara Until 11:47AM Saptami Until 11:11PM
	Creative Work Siddha Yoga Until 6:24PM Then Routine Work - Prabalarishta Yoga	Ganesha: Blue <i>Sunrise:</i> 6:22AM Muruga: Green <i>Sunset:</i> 5:21PM Nataraja: White Moon – Purple Karttika-Kartikai	Manmatha 5117 Moon 10 - Phase 29 3rd Phase Devaloka Day
	Thursday, November 19, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau	Muscat, Oman Sun 22 Sutra 221
	Retreat Star Makara Rasi: 29.56 Tithi 8 792899365	Gulika 9:07AM – 10:30AM Yama 6:23AM – 7:45AM Rahu 1:14PM – 2:36PM	Dhanishtha Until 5:40PM Dhruva Until 6:29PM Visti Until 10:30AM Ashtami* Until 9:41PM
	Creative Work Siddha Yoga	Ganesha: Blue <i>Sunrise:</i> 6:23AM Muruga: Green <i>Sunset:</i> 5:21PM Nataraja: White Moon – Purple Karttika-Kartikai	Manmatha 5117 Moon 10 - Phase 29 Ashtami Devaloka Day
Friday, November 20, 2015	Retreat Star	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Navamyam Titau	Muscat, Oman Sun 23 Sutra 222
	Kumbha Rasi: 13.5 Tithi 9 792899365	Gulika 7:46AM – 9:08AM Yama 2:36PM – 3:58PM Rahu 10:30AM – 11:52AM	Shalabhishak Until 4:21PM Vyaghata* Until 3:46PM Balava Until 8:47AM Navami* Until 7:45PM
	Creative Work Siddha Yoga	Ganesha: Blue <i>Sunrise:</i> 6:24AM Muruga: Green <i>Sunset:</i> 5:21PM Nataraja: White Moon – Purple Karttika-Kartikai	Manmatha 5117 Moon 10 - Phase 29 Navami Devaloka Day


Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Saturday, November 21, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproskthapada*/Uttaraproskthapada Nakshatra Harshana/Vajra* Yoga Taitila/Vanija Karana Dashami/Ekadashyam Titau				Muscat, Oman Sun 24 Sutra 223
	Kumbha Rasi: 28	Tithi 10 – 11	Gulika 6:24AM – 7:46AM	Purvaproskthapada* Until 2:54PM	Ganesha: Clear	<i>Sunrise:</i> 6:24AM	Manmatha 5117
		713899365	Yama 1:14PM – 2:36PM	Harshana Until 12:44PM	Muruga: Green	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 30
Routine Work	Marana Yoga		Rahu 9:08AM – 10:30AM	Taitila Until 6:38AM	Nataraja: White		4th Phase
Until 2:54PM				Dashami Until 5:24PM	Moon – Clear	Bhuloka Day Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga					Karttika-Karttikai		

2	Sunday, November 22, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproskthapada*/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Muscat, Oman Sun 25 Sutra 224
	Meena Rasi: 12.26	Tithi 11 – 12	Gulika 2:36PM – 3:58PM	Uttaraproskthapada Until 12:58PM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	Manmatha 5117
		713899365	Yama 11:53AM – 1:14PM	Vajra* Until 9:23AM	Muruga: Green	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 30
Creative Work	Amrita Yoga		Rahu 3:58PM – 5:20PM	Bava Until 1:18AM Mon	Nataraja: White		4th Phase
				Ekadashi Until 2:43PM	Moon – Clear	Bhuloka Day Devaloka Time: 6:AM to 9:AM	
					Karttika-Karttikai		

3	Monday, November 23, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Muscat, Oman Sun 26 Sutra 225
	Meena Rasi: 27.04	Tithi 12 – 13	Gulika 1:15PM – 2:36PM	Revati Until 10:38AM	Ganesha: Clear	<i>Sunrise:</i> 6:26AM	Manmatha 5117
Family Home Evening		713899365	Yama 10:31AM – 11:53AM	Vyatipata* Until 2:08AM Tue	Muruga: Green	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 30
Creative Work	Siddha Yoga		Rahu 7:47AM – 9:09AM	Kaulava Until 10:16PM	Nataraja: White		4th Phase
				Dvadashi Until 11:47AM	Moon – Clear	Bhuloka Day Devaloka Time: 6:AM to 9:AM	
				<i>Pradosha Vrata</i>	Karttika-Karttikai		

4	Tuesday, November 24, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Varyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Muscat, Oman Sun 27 Sutra 226
	Mesha Rasi: 11.49	Tithi 13 – 14	Gulika 11:53AM – 1:15PM	Ashvini Until 8:26AM	Ganesha: Purple	<i>Sunrise:</i> 6:26AM	Manmatha 5117
		723899365	Yama 9:10AM – 10:31AM	Varyan Until 10:23PM	Muruga: Green	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 30
Creative Work	Siddha Yoga		Rahu 2:36PM – 3:58PM	Gara Until 7:11PM	Nataraja: White		4th Phase
				Trayodashi Until 8:43AM	Moon – White	Bhuloka Day	
					Karttika-Karttikai		

	Wednesday, November 25, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Muscat, Oman Sutra 227
	Mesha Rasi: 26.35	Tithi 15	Gulika 10:32AM – 11:53AM	Bharani Until 6:06AM	Ganesha: Clear	<i>Sunrise:</i> 6:27AM	Manmatha 5117
		723999365	Yama 7:49AM – 9:10AM	Parigha* Until 6:44PM	Muruga: Green	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 30
Creative Work	Siddha Yoga		Rahu 11:53AM – 1:15PM	Visti Until 4:11PM	Nataraja: White		Purnima
Until 6:06AM				Purnima* Until 2:44AM Thu	Moon – White	Bhuloka Day Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Amrita Yoga			Krittika Deepam		Karttika-Karttikai		

○	Thursday, November 26, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Prathamayam Titau				Muscat, Oman Sutra 228
	Vrishabha Rasi: 11.14	Tithi 16	Gulika 9:11AM – 10:32AM	Rohini Until 2:05AM Fri	Ganesha: White	<i>Sunrise:</i> 6:28AM	Manmatha 5117
		733999365	Yama 6:28AM – 7:49AM	Shiva Until 3:18PM	Muruga: Green	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 30
Routine Work	Marana Yoga		Rahu 1:15PM – 2:37PM	Balava Until 1:24PM	Nataraja: White		Prathama
Until 2:05AM Fri				Prathama* Until 12:08AM Fri	Moon – Yellow	Devaloka Day	
Then Creative Work - Siddha Yoga			Vinayaga Viratam Begins		Karttika-Karttikai		

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Friday, November 27, 2015
Gold Retreat Star

Wrishabha Rasi: 25.39 Tilthi 17
733999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Muscat, Oman
Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau Sutra 229

Gulika 7:50AM – 9:11AM	Mrigashira Until 12:42AM Sat	Ganesha: White <i>Sunrise:</i> 6:28AM	Manmatha 5117
Yama 2:37PM – 3:58PM	Siddha Until 12:10PM	Muruga: Green <i>Sunset:</i> 5:20PM	Moon 11 - Phase 31
Rahu 10:33AM – 11:54AM	Taitila Until 11:01AM	Nataraja: White	1st Phase
	Dvitiya Until 10:01PM	Moon – Yellow	Devaloka Day
		Karttika-Karttikai	

1

Saturday, November 28, 2015

Mithuna Rasi: 9.43 Tilthi 18
733999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Muscat, Oman
Ardra Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Tritiyayam Titau Sun 1 Sutra 230

Gulika 6:29AM – 7:50AM	Ardra Until 11:49PM	Ganesha: White <i>Sunrise:</i> 6:29AM	Manmatha 5117
Yama 1:16PM – 2:37PM	Sadhya Until 9:30AM	Muruga: Green <i>Sunset:</i> 5:20PM	Moon 11 - Phase 31
Rahu 9:12AM – 10:33AM	Vanija Until 9:12AM	Nataraja: White	1st Phase
	Tritiya Until 8:31PM	Moon – Yellow	Devaloka Day
		Karttika-Karttikai	

2

Sunday, November 29, 2015

Mithuna Rasi: 23.22 Tilthi 19
733999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Muscat, Oman
Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau Sun 2 Sutra 231

Gulika 2:37PM – 3:58PM	Punarvasu Until 12:00AM Mon	Ganesha: Yellow <i>Sunrise:</i> 6:30AM	Manmatha 5117
Yama 11:55AM – 1:16PM	Subha Until 7:24AM	Muruga: Green <i>Sunset:</i> 5:20PM	Moon 11 - Phase 31
Rahu 3:58PM – 5:20PM	Bava Until 8:04AM	Nataraja: White	1st Phase
	Chaturthi* Until 7:47PM	Moon – Blue	Bhuloka Day
		Karttika-Karttikai	Devaloka Time: 9:AM to12:PM

3

Monday, November 30, 2015

Kataka Rasi: 6.35 Tilthi 20
Family Home Evening 743999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Muscat, Oman
Pushya Nakshatra Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau Sun 3 Sutra 232

Gulika 1:16PM – 2:37PM	Pushya Until 12:50AM Tue	Ganesha: Yellow <i>Sunrise:</i> 6:30AM	Manmatha 5117
Yama 10:34AM – 11:55AM	Brahma Until 5:05AM Tue	Muruga: Green <i>Sunset:</i> 5:20PM	Moon 11 - Phase 31
Rahu 7:52AM – 9:13AM	Kaulava Until 7:45AM	Nataraja: White	1st Phase
	Panchami Until 7:53PM	Moon – Blue	Bhuloka Day
		Karttika-Karttikai	Devaloka Time: 9:AM to12:PM

4

Tuesday, December 1, 2015

Kataka Rasi: 19.22 Tilthi 21
733999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Muscat, Oman
Ashlesha* Nakshatra Indra Yoga Gara/Vanija Karana Shashthyam Titau Sun 4 Sutra 233

Gulika 11:55AM – 1:16PM	Ashlesha* Until 2:19AM Wed	Ganesha: Yellow <i>Sunrise:</i> 6:31AM	Manmatha 5117
Yama 9:13AM – 10:34AM	Indra Until 4:54AM Wed	Muruga: Green <i>Sunset:</i> 5:20PM	Moon 11 - Phase 31
Rahu 2:38PM – 3:59PM	Gara Until 8:17AM	Nataraja: White	1st Phase
	Shashthi* Until 8:50PM	Moon – Blue	Bhuloka Day
		Karttika-Karttikai	Devaloka Time: 9:AM to12:PM

5

Wednesday, December 2, 2015

Simha Rasi: 1.47 Tilthi 22
753999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Muscat, Oman
Magha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Saptamyam Titau Sun 5 Sutra 234

Gulika 10:35AM – 11:56AM	Magha* Until 4:51AM Thu	Ganesha: Blue <i>Sunrise:</i> 6:32AM	Manmatha 5117
Yama 7:53AM – 9:14AM	Vaidhriti* Until 5:15AM Thu	Muruga: Green <i>Sunset:</i> 5:20PM	Moon 11 - Phase 31
Rahu 11:56AM – 1:17PM	Visti Until 9:38AM	Nataraja: White	1st Phase
	Saptami Until 10:34PM	Moon – Red	Devaloka Day
		Karttika-Karttikai	

D

Thursday, December 3, 2015
Retreat Star

Simha Rasi: 13.54 Tilthi 23
753999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Muscat, Oman
Purvaphalguni Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau Sun 6 Sutra 235

Gulika 9:14AM – 10:35AM	Purvaphalguni Until 7:43AM Fri	Ganesha: Blue <i>Sunrise:</i> 6:32AM	Manmatha 5117
Yama 6:32AM – 7:53AM	Vishkambha* Until 6:00AM Fri	Muruga: Green <i>Sunset:</i> 5:20PM	Moon 11 - Phase 31
Rahu 1:17PM – 2:38PM	Balava Until 11:41AM	Nataraja: White	Ashtami
	Ashtami* Until 12:53AM Fri	Moon – Red	Devaloka Day
		Karttika-Karttikai	

Friday, December 4, 2015
Retreat Star

Simha Rasi: 25.49 Tilthi 24
753999365
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Muscat, Oman
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Navamyam Titau Sun 7 Sutra 236

Gulika 7:54AM – 9:15AM	Purvaphalguni Until 7:43AM	Ganesha: Blue <i>Sunrise:</i> 6:33AM	Manmatha 5117
Yama 2:38PM – 3:59PM	Vishkambha* Until 6:00AM	Muruga: Green <i>Sunset:</i> 5:20PM	Moon 11 - Phase 31
Rahu 10:36AM – 11:57AM	Taitila Until 2:14PM	Nataraja: White	Navami
	Navami* Until 3:34AM Sat	Moon – Red	Devaloka Day
		Karttika-Karttikai	

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1	Saturday, December 5, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau				Muscat, Oman
	Kanya Rasi: 7.37	Tithi 25	753999365	Sun 8	Sutra 237	Manmatha 5117	Moon 11 - Phase 32
Routine Work		Marana Yoga		Gulika 6:34AM – 7:55AM	Uttaraphalguni Until 10:41AM	Ganesha: Blue <i>Sunrise:</i> 6:34AM	Devaloka Day
				Yama 1:18PM – 2:39PM	Priti Until 7:00AM	Muruqa: Green <i>Sunset:</i> 5:20PM	
				Rahu 9:15AM – 10:36AM	Vanija Until 4:59PM	Nataraja: White	
				Dashami Until 6:19AM Sun		Moon – Red	
						Karttika-Kartikai	

2	Sunday, December 6, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Muscat, Oman
	Kanya Rasi: 19.23	Tithi 26 – 26	764999365	Sun 9	Sutra 238	Manmatha 5117	Moon 11 - Phase 32
Creative Work		Amrita Yoga		Gulika 2:39PM – 4:00PM	Hasta Until 2:00PM	Ganesha: Blue <i>Sunrise:</i> 6:35AM	Bhuloka Day
Until 2:00PM				Yama 11:57AM – 1:18PM	Ayushman Until 7:59AM	Muruqa: Green <i>Sunset:</i> 5:20PM	
Then Creative Work - Siddha Yoga				Rahu 4:00PM – 5:20PM	Bava Until 7:40PM	Nataraja: White	
				Dashami Until 6:19AM		Moon – Green	
						Karttika-Kartikai	

3	Monday, December 7, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Muscat, Oman
	Tula Rasi: 1.14	Tithi 26 – 27	764999365	Sun 10	Sutra 239	Manmatha 5117	Moon 11 - Phase 32
Family Home Evening		Prabalarishta Yoga		Gulika 1:19PM – 2:39PM	Chitra Until 4:55PM	Ganesha: Blue <i>Sunrise:</i> 6:35AM	Bhuloka Day
Until 4:55PM				Yama 10:37AM – 11:58AM	Saubhagya Until 8:51AM	Muruqa: Green <i>Sunset:</i> 5:21PM	
Then Creative Work - Amrita Yoga				Rahu 7:56AM – 9:17AM	Kaulava Until 10:05PM	Nataraja: White	
				Ekadashi* Until 8:54AM		Moon – Green	
						Karttika-Kartikai	

4	Tuesday, December 8, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Muscat, Oman
	Tula Rasi: 13.13	Tithi 27 – 28	764999365	Sun 11	Sutra 240	Manmatha 5117	Moon 11 - Phase 32
Creative Work		Siddha Yoga		Gulika 11:58AM – 1:19PM	Svati Until 7:15PM	Ganesha: Blue <i>Sunrise:</i> 6:36AM	Bhuloka Day
Until 7:15PM				Yama 9:17AM – 10:38AM	Sobhana Until 9:27AM	Muruqa: Green <i>Sunset:</i> 5:21PM	
Then Routine Work - Marana Yoga				Rahu 2:40PM – 4:00PM	Gara Until 12:02AM Wed	Nataraja: White	
				Dvadashi* Until 11:06AM		Moon – Green	
						Karttika-Kartikai	
						<i>Pradosha Vrata (Fasting)</i>	

5	Wednesday, December 9, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Muscat, Oman
	Tula Rasi: 25.23	Tithi 28 – 29	774919365	Sun 12	Sutra 241	Manmatha 5117	Moon 11 - Phase 32
Creative Work		Siddha Yoga		Gulika 10:38AM – 11:59AM	Vishakha Until 9:25PM	Ganesha: Blue <i>Sunrise:</i> 6:36AM	Bhuloka Day
Until 10:53PM				Yama 7:57AM – 9:18AM	Athiganda* Until 9:38AM	Muruqa: Red <i>Sunset:</i> 5:21PM	
Then Routine Work - Prabalarishta Yoga				Rahu 11:59AM – 1:19PM	Visti Until 1:27AM Thu	Nataraja: White	
				Trayodashi* Until 12:47PM		Moon – Orange	
						Karttika-Kartikai	Devaloka Time: 12:PM to 3:PM

●	Thursday, December 10, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni*/Caluspada* Karana Chaturdashi/Amavasyayam Titau				Muscat, Oman
	Retreat Star				Sun 13	Sutra 242	Manmatha 5117
Vriscika Rasi: 7.47		Tithi 29 – 30		774919365	Gulika 9:18AM – 10:39AM	Anuradha Until 10:53PM	Ganesha: Blue <i>Sunrise:</i> 6:37AM
Creative Work		Siddha Yoga		Yama 6:37AM – 7:58AM	Sukarma Until 9:25AM	Muruqa: Red <i>Sunset:</i> 5:21PM	
Until 10:53PM				Rahu 1:20PM – 2:40PM	Catuspada Until 2:17AM Fri	Nataraja: White	
Then Routine Work - Prabalarishta Yoga				Chaturdashi* Until 1:55PM		Moon – Orange	
						Karttika-Kartikai	Devaloka Time: 12:PM to 3:PM

●	Friday, December 11, 2015		Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukra Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Muscat, Oman
	Retreat Star				Sun 14	Sutra 243	Manmatha 5117
Vriscika Rasi: 20.26		Tithi 30 – 1		774919365	Gulika 7:58AM – 9:19AM	Jyeshtha* Until 11:40PM	Ganesha: Blue <i>Sunrise:</i> 6:38AM
Routine Work		Marana Yoga		Yama 2:41PM – 4:01PM	Dhriti Until 8:48AM	Muruqa: Red <i>Sunset:</i> 5:22PM	
Until 11:40PM				Rahu 10:39AM – 12:00PM	Kintughna Until 2:36AM Sat	Nataraja: White	
Then Creative Work - Amrita Yoga				Amavasya* Until 2:29PM		Moon – Orange	
						Margasira-Kartikai	Devaloka Time: 12:PM to 3:PM

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1	Saturday, December 12, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Muscat, Oman Sun 15 Sutra 244
	Dhanus Rasi: 3.2 Tithi 1 – 2 784919365	Gulika 6:38AM – 7:59AM Yama 1:21PM – 2:41PM Rahu 9:19AM – 10:40AM	Mula* Until 12:18AM Sun Shula* Until 7:44AM Balava Until 2:26AM Sun Prathama* Until 2:33PM

Creative Work Siddha Yoga

Ganesha: Blue Muruqa: Red Nataraja: White Moon – Light Blue	<i>Sunrise:</i> 6:38AM <i>Sunset:</i> 5:22PM	Manmatha 5117 Moon 11 - Phase 33 3rd Phase
Bhuloka Day		Devaloka Time: 12:PM to 3:PM

2	Sunday, December 13, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhi* Yoga Kaulava/Tailila Karana Dvitiya/Trityayam Titau	Muscat, Oman Sun 16 Sutra 245
	Dhanus Rasi: 16.28 Tithi 2 – 3 784919365	Gulika 2:41PM – 4:02PM Yama 12:01PM – 1:21PM Rahu 4:02PM – 5:22PM	Purvashadha* Until 12:23AM Mon Ganda* Until 6:21AM Tailila Until 1:53AM Mon Dvitiya Until 2:11PM

Creative Work Siddha Yoga
Until 12:23AM Mon
Then Routine Work - Marana Yoga

Ganesha: Blue Muruqa: Red Nataraja: White Moon – Light Blue	<i>Sunrise:</i> 6:39AM <i>Sunset:</i> 5:22PM	Manmatha 5117 Moon 11 - Phase 33 3rd Phase
Bhuloka Day		Devaloka Time: 12:PM to 3:PM

3	Monday, December 14, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhruva* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Muscat, Oman Sun 17 Sutra 246
	Dhanus Rasi: 29.47 Tithi 3 – 4 784919365	Gulika 1:21PM – 2:42PM Yama 10:41AM – 12:01PM Rahu 8:00AM – 9:20AM	Uttarashadha Until 12:01AM Tue Dhruva Until 2:44AM Tue Vanija Until 1:01AM Tue Tritiya Until 1:28PM

Family Home Evening
Routine Work Marana Yoga
Until 12:01AM Tue
Then Creative Work - Siddha Yoga

Ganesha: Blue Muruqa: Red Nataraja: White Moon – Light Blue	<i>Sunrise:</i> 6:40AM <i>Sunset:</i> 5:22PM	Manmatha 5117 Moon 11 - Phase 33 3rd Phase
Bhuloka Day		Devaloka Time: 12:PM to 3:PM

4	Tuesday, December 15, 2015	Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Muscat, Oman Sun 18 Sutra 247
	Makara Rasi: 13.17 Tithi 4 – 5 794919365	Gulika 12:02PM – 1:22PM Yama 9:21AM – 10:41AM Rahu 2:42PM – 4:03PM	Shravana Until 11:41PM Vyaghata* Until 12:36AM Wed Bava Until 11:54PM Chaturthi* Until 12:28PM

Creative Work Siddha Yoga

Ganesha: Yellow Muruqa: Red Nataraja: White Moon – Purple	<i>Sunrise:</i> 6:40AM <i>Sunset:</i> 5:23PM	Manmatha 5117 Moon 11 - Phase 33 3rd Phase
Devaloka Day		

5	Wednesday, December 16, 2015	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Muscat, Oman Sun 19 Sutra 248
	Makara Rasi: 26.55 Tithi 5 – 6 794919365	Gulika 10:42AM – 12:02PM Yama 8:01AM – 9:21AM Rahu 12:02PM – 1:22PM	Dhanishtha Until 10:59PM Harshana Until 10:19PM Kaulava Until 10:33PM Panchami Until 11:14AM

Routine Work Prabalarishta Yoga
Until 10:59PM
Then Creative Work - Siddha Yoga


Ganesha: Yellow Muruqa: Red Nataraja: White Moon – Purple	<i>Sunrise:</i> 6:41AM <i>Sunset:</i> 5:23PM	Manmatha 5117 Moon 11 - Phase 33 3rd Phase
Devaloka Day		

Markali Pillaiyar
Vinayaga Viratam Ends

6	Thursday, December 17, 2015	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau	Muscat, Oman Sun 20 Sutra 249
	Kumbha Rasi: 10.41 Tithi 6 – 7 894919365	Gulika 9:22AM – 10:42AM Yama 6:41AM – 8:02AM Rahu 1:23PM – 2:43PM	Shatabhishak Until 9:57PM Vajra* Until 7:50PM Gara Until 9:00PM Shashthi* Until 9:47AM

Creative Work Siddha Yoga

Ganesha: Blue Muruqa: Red Nataraja: White Moon – Purple	<i>Sunrise:</i> 6:41AM <i>Sunset:</i> 5:24PM	Manmatha 5117 Moon 11 - Phase 33 3rd Phase
Bhuloka Day		Devaloka Time: 12:PM to 3:PM

	Friday, December 18, 2015	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashrothapada* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Muscat, Oman Sun 21 Sutra 250
	Retreat Star Kumbha Rasi: 24.35 Tithi 7 – 8 815919365	Gulika 8:02AM – 9:22AM Yama 2:44PM – 4:04PM Rahu 10:43AM – 12:03PM	Purvashrothapada* Until 9:00PM Siddhi Until 5:13PM Visti Until 7:15PM Saptami Until 8:08AM

Creative Work Siddha Yoga

Ganesha: Yellow Muruqa: Red Nataraja: White Moon – Clear	<i>Sunrise:</i> 6:42AM <i>Sunset:</i> 5:24PM	Manmatha 5117 Moon 11 - Phase 33 Ashtami
Devaloka Day		

Retreat Star	Saturday, December 19, 2015	Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashrothapada Nakshatra Vyatipata*/Varyan Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau	Muscat, Oman Sun 22 Sutra 251
	Meena Rasi: 8.35 Tithi 8 – 9 815919365	Gulika 6:42AM – 8:03AM Yama 1:24PM – 2:44PM Rahu 9:23AM – 10:43AM	Uttarashrothapada Until 7:43PM Vyatipata* Until 2:27PM Kaulava Until 4:15AM Sun Ashtami* Until 6:17AM

Creative Work Siddha Yoga
Until 7:43PM
Then Routine Work - Prabalarishta Yoga

Ganesha: Yellow Muruqa: Red Nataraja: White Moon – Clear	<i>Sunrise:</i> 6:42AM <i>Sunset:</i> 5:25PM	Manmatha 5117 Moon 11 - Phase 33 Navami
Devaloka Day		

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda


1	Sunday, December 20, 2015		Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau		Muscat, Oman
	Meena Rasi: 22.44	Tithi 10			Sun 23 Sutra 252
		815119365	Gulika 2:44PM – 4:05PM Yama 12:04PM – 1:24PM Rahu 4:05PM – 5:25PM	Revati Until 6:07PM Variyan Until 11:30AM Taitila Until 3:11PM Dashami Until 2:02AM Mon	Ganesha: Yellow <i>Sunrise:</i> 6:43AM Muruqa: Red <i>Sunset:</i> 5:25PM Nataraja: White Moon – Clear Devaloka Day Margasira-Markali
	Creative Work Amrita Yoga Until 6:07PM Then Creative Work - Siddha Yoga				Manmatha 5117 Moon 11 - Phase 34 4th Phase

2	Monday, December 21, 2015		Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha* Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau		Muscat, Oman
	Mesha Rasi: 6.58	Tithi 11			Sun 24 Sutra 253
		825119365	Gulika 1:25PM – 2:45PM Yama 10:44AM – 12:05PM Rahu 8:04AM – 9:24AM	Ashvini Until 4:40PM Parigha* Until 8:27AM Vanija Until 12:55PM Ekadashi Until 11:43PM	Ganesha: White <i>Sunrise:</i> 6:44AM Muruqa: Red <i>Sunset:</i> 5:25PM Nataraja: White Moon – White Sivaloka Day Margasira-Markali
	Family Home Evening Creative Work Siddha Yoga		Vaikuntha Ekadasi Gita Jayanthi Day 1 of Pancha Ganapati		Manmatha 5117 Moon 11 - Phase 34 4th Phase

3	Tuesday, December 22, 2015		Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau		Muscat, Oman
	Mesha Rasi: 21.17	Tithi 12			Sun 25 Sutra 254
		825119365	Gulika 12:05PM – 1:25PM Yama 9:25AM – 10:45AM Rahu 2:45PM – 4:06PM	Bharani Until 3:00PM Siddha Until 2:11AM Wed Bava Until 10:34AM Dvadashi Until 9:22PM	Ganesha: White <i>Sunrise:</i> 6:44AM Muruqa: Red <i>Sunset:</i> 5:26PM Nataraja: White Moon – White Sivaloka Day Margasira-Markali
	Creative Work Siddha Yoga		Day 2 of Pancha Ganapati		Manmatha 5117 Moon 11 - Phase 34 4th Phase

4	Wednesday, December 23, 2015		Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Muscat, Oman
	Vrisabha Rasi: 6	Tithi 13			Sun 26 Sutra 255
		825119365	Gulika 10:45AM – 12:06PM Yama 8:05AM – 9:25AM Rahu 12:06PM – 1:26PM	Krittika Until 1:14PM Sadhya Until 11:06PM Kaulava Until 8:13AM Trayodashi Until 7:04PM <i>Pradosha Vrata</i>	Ganesha: White <i>Sunrise:</i> 6:45AM Muruqa: Red <i>Sunset:</i> 5:26PM Nataraja: White Moon – White Sivaloka Day Margasira-Markali
	Creative Work Amrita Yoga Until 1:14PM Then Creative Work - Siddha Yoga		Day 3 of Pancha Ganapati		Manmatha 5117 Moon 11 - Phase 34 4th Phase

5	Thursday, December 24, 2015		Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau		Muscat, Oman
	Vrisabha Rasi: 19.5	Tithi 14 – 15			Sun 27 Sutra 256
		835119365	Gulika 9:26AM – 10:46AM Yama 6:45AM – 8:05AM Rahu 1:26PM – 2:47PM	Rohini Until 11:54AM Subha Until 8:13PM Gara Until 6:00AM Chaturdashi* Until 4:58PM	Ganesha: Clear <i>Sunrise:</i> 6:45AM Muruqa: Red <i>Sunset:</i> 5:27PM Nataraja: White Moon – Yellow Devaloka Day Margasira-Markali
	Routine Work Marana Yoga		Day 4 of Pancha Ganapati		Manmatha 5117 Moon 11 - Phase 34 4th Phase

	Friday, December 25, 2015		Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Muscat, Oman
	Copper Retreat Star				Sutra 257
	Mithuna Rasi: 3.55	Tithi 15 – 16			Manmatha 5117
		835119365	Gulika 8:06AM – 9:26AM Yama 2:47PM – 4:07PM Rahu 10:46AM – 12:07PM	Mrigashira Until 10:43AM Sukla Until 5:36PM Balava Until 2:29AM Sat Purnima* Until 3:11PM	Ganesha: Clear <i>Sunrise:</i> 6:45AM Muruqa: Red <i>Sunset:</i> 5:28PM Nataraja: White Moon – Yellow Devaloka Day Margasira-Markali
	Creative Work Siddha Yoga		Day 5 of Pancha Ganapati		Moon 11 - Phase 34 Purnima

Saturday, December 26, 2015	Silver Retreat Star		Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Muscat, Oman
	Silver Retreat Star				Sutra 258
	Mithuna Rasi: 17.44	Tithi 16 – 17			Manmatha 5117
		835119365	Gulika 6:46AM – 8:06AM Yama 1:27PM – 2:48PM Rahu 9:26AM – 10:47AM	Ardra Until 9:49AM Brahma Until 3:21PM Taitila Until 1:28AM Sun Prathama* Until 1:53PM	Ganesha: Clear <i>Sunrise:</i> 6:46AM Muruqa: Red <i>Sunset:</i> 5:28PM Nataraja: White Moon – Yellow Devaloka Day Margasira-Markali
	Creative Work Siddha Yoga		Ardra Darshanam		Moon 11 - Phase 34 Prathama

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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Sunday, December 27, 2015
Gold Retreat Star

Kataka Rasi: 1.14 Tithi 17 – 18
846119366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 2:48PM – 4:08PM
Yama 12:08PM – 1:28PM
Rahu 4:08PM – 5:29PM
Punarvasu Until 9:47AM
Indra Until 1:37PM
Vanija Until 1:07AM Mon
Dvitiya Until 1:11PM

Ganesha: Clear *Sunrise: 6:46AM*
Muruqa: Red *Sunset: 5:29PM*
Nataraja: Green
Moon – Blue
Margasira-Markali

Muscat, Oman
Sun 1 Sutra 259
Manmatha 5117
Moon 12 - Phase 35
1st Phase

Devaloka Day

1

Monday, December 28, 2015

Kataka Rasi: 14.22 Tithi 18 – 19
Family Home Evening 846119366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:28PM – 2:49PM
Yama 10:48AM – 12:08PM
Rahu 8:07AM – 9:27AM
Pushya Until 10:16AM
Vaidhriti* Until 12:24PM
Bava Until 1:30AM Tue
Tritiya Until 1:11PM

Ganesha: Clear *Sunrise: 6:47AM*
Muruqa: Red *Sunset: 5:29PM*
Nataraja: Green
Moon – Blue
Margasira-Markali

Muscat, Oman
Sun 2 Sutra 260
Manmatha 5117
Moon 12 - Phase 35
1st Phase

Devaloka Day

2

Tuesday, December 29, 2015

Kataka Rasi: 27.07 Tithi 19 – 20
846119366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:08PM – 1:29PM
Yama 9:28AM – 10:48AM
Rahu 2:49PM – 4:10PM
Ashlesha* Until 11:20AM
Vishkambha* Until 11:47AM
Kaulava Until 2:39AM Wed
Chaturthi* Until 1:58PM

Ganesha: Clear *Sunrise: 6:47AM*
Muruqa: Red *Sunset: 5:30PM*
Nataraja: Green
Moon – Blue
Margasira-Markali

Muscat, Oman
Sun 3 Sutra 261
Manmatha 5117
Moon 12 - Phase 35
1st Phase

Devaloka Day

3

Wednesday, December 30, 2015

Simha Rasi: 9.32 Tithi 20 – 21
856119366
Creative Work Siddha Yoga
Until 1:26PM
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:49AM – 12:09PM
Yama 8:08AM – 9:28AM
Rahu 12:09PM – 1:29PM
Magha* Until 1:26PM
Priti Until 11:44AM
Gara Until 4:30AM Thu
Panchami Until 3:28PM

Ganesha: White *Sunrise: 6:48AM*
Muruqa: Red *Sunset: 5:30PM*
Nataraja: Green
Moon – Red
Margasira-Markali

Muscat, Oman
Sun 4 Sutra 262
Manmatha 5117
Moon 12 - Phase 35
1st Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

4

Thursday, December 31, 2015

Simha Rasi: 21.4 Tithi 21 – 22
856119366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 9:29AM – 10:49AM
Yama 6:48AM – 8:08AM
Rahu 1:30PM – 2:50PM
Purvaphalguni Until 3:59PM
Ayushman Until 12:09PM
Visti Until 6:52AM Fri
Shashthi* Until 5:36PM

Ganesha: White *Sunrise: 6:48AM*
Muruqa: Red *Sunset: 5:31PM*
Nataraja: Green
Moon – Red
Margasira-Markali

Muscat, Oman
Sun 5 Sutra 263
Manmatha 5117
Moon 12 - Phase 35
1st Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

5

Friday, January 1, 2016

Kanya Rasi: 4 Tithi 22
856119366
Creative Work Siddha Yoga
Until 6:47PM
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 8:09AM – 9:29AM
Yama 2:51PM – 4:12PM
Rahu 10:50AM – 12:10PM
Uttaraphalguni Until 6:47PM
Saubhagya Until 12:56PM
Visti Until 6:52AM
Saptami Until 8:10PM

Ganesha: White *Sunrise: 6:48AM*
Muruqa: Red *Sunset: 5:32PM*
Nataraja: Green
Moon – Red
Margasira-Markali

Muscat, Oman
Sun 6 Sutra 264
Manmatha 5117
Moon 12 - Phase 35
1st Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

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Saturday, January 2, 2016
Retreat Star

Kanya Rasi: 15.25 Tithi 23
866119366
Routine Work Marana Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:49AM – 8:09AM
Yama 1:31PM – 2:52PM
Rahu 9:30AM – 10:50AM
Hasta Until 10:04PM
Sobhana Until 1:55PM
Balava Until 9:33AM
Ashtami* Until 10:53PM

Ganesha: Yellow *Sunrise: 6:49AM*
Muruqa: Red *Sunset: 5:33PM*
Nataraja: Green
Moon – Green
Margasira-Markali

Muscat, Oman
Sun 7 Sutra 265
Manmatha 5117
Moon 12 - Phase 35
Ashtami

Devaloka Day

Sunday, January 3, 2016
Retreat Star

Kanya Rasi: 27.13 Tithi 24
866119366
Creative Work Siddha Yoga
Until 1:05AM Mon
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Navamyam Titau

Gulika 2:53PM – 4:13PM
Yama 12:11PM – 1:32PM
Rahu 4:13PM – 5:34PM
Chitra Until 1:05AM Mon
Athiganda* Until 2:50PM
Taitila Until 12:15PM
Navami* Until 1:30AM Mon

Ganesha: Yellow *Sunrise: 6:49AM*
Muruqa: Red *Sunset: 5:34PM*
Nataraja: Green
Moon – Green
Margasira-Markali

Muscat, Oman
Sun 8 Sutra 266
Manmatha 5117
Moon 12 - Phase 35
Navami

Devaloka Day

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

All times are standard time

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1		Monday, January 4, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau		Muscat, Oman Sun 9 Sutra 267
Tula Rasi: 9.05	Tithi 25	Gulika	1:32PM – 2:53PM	Svati Until 3:36AM Tue	Ganesha: Blue <i>Sunrise:</i> 6:49AM	Manmatha 5117
Family Home Evening	867119366	Yama	10:51AM – 12:12PM	Sukarma Until 3:34PM	Muruqa: Red <i>Sunset:</i> 5:34PM	Moon 12 - Phase 36
Creative Work Amrita Yoga		Rahu	8:10AM – 9:31AM	Vanija Until 2:42PM	Nataraja: Green	2nd Phase
Until 3:36AM Tue				Dashami Until 3:44AM Tue	Margasira-Markali	Sivaloka Day
Then Routine Work - Marana Yoga						
2		Tuesday, January 5, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ekadashyam Titau		Muscat, Oman Sun 10 Sutra 268
Tula Rasi: 21.07	Tithi 26	Gulika	12:12PM – 1:33PM	Vishakha Until 5:55AM Wed	Ganesha: Red <i>Sunrise:</i> 6:50AM	Manmatha 5117
Routine Work Marana Yoga	877119366	Yama	9:31AM – 10:52AM	Dhriti Until 3:57PM	Muruqa: Red <i>Sunset:</i> 5:35PM	Moon 12 - Phase 36
Until 5:55AM Wed		Rahu	2:54PM – 4:14PM	Bava Until 4:40PM	Nataraja: Green	2nd Phase
Then Creative Work - Siddha Yoga		Subramuniyaswami Jayanti		Ekadashi* Until 5:24AM Wed	Margasira-Markali	Devaloka Day
3		Wednesday, January 6, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shula*/Ganda* Yoga Kaulava Karana Dvadashyam Titau		Muscat, Oman Sun 11 Sutra 269
Vrischika Rasi: 3.22	Tithi 27	Gulika	10:52AM – 12:13PM	Anuradha Until 7:26AM Thu	Ganesha: Red <i>Sunrise:</i> 6:50AM	Manmatha 5117
Creative Work Siddha Yoga	877119366	Yama	8:10AM – 9:31AM	Shula* Until 3:51PM	Muruqa: Red <i>Sunset:</i> 5:36PM	Moon 12 - Phase 36
Until 7:26AM Thu		Rahu	12:13PM – 1:33PM	Kaulava Until 6:01PM	Nataraja: Green	2nd Phase
Then Routine Work - Prabalarishta Yoga				Dvadashi* Until 6:25AM Thu	Margasira-Markali	Devaloka Day
4		Thursday, January 7, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhi Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau		Muscat, Oman Sun 12 Sutra 270
Vrischika Rasi: 15.54	Tithi 27 – 28	Gulika	9:32AM – 10:52AM	Anuradha Until 7:26AM	Ganesha: Red <i>Sunrise:</i> 6:50AM	Manmatha 5117
Creative Work Siddha Yoga	877119366	Yama	6:50AM – 8:11AM	Ganda* Until 3:15PM	Muruqa: Red <i>Sunset:</i> 5:36PM	Moon 12 - Phase 36
Until 7:26AM		Rahu	1:34PM – 2:55PM	Gara Until 6:41PM	Nataraja: Green	2nd Phase
Then Routine Work - Prabalarishta Yoga				Dvadashi* Until 6:25AM	Margasira-Markali	Devaloka Day
				<i>Pradosha Vrata (Fasting)</i>		
5		Friday, January 8, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Muscat, Oman Sun 13 Sutra 271
Vrischika Rasi: 28.45	Tithi 28 – 29	Gulika	8:11AM – 9:32AM	Jyeshtha* Until 8:08AM	Ganesha: Red <i>Sunrise:</i> 6:50AM	Manmatha 5117
Routine Work Marana Yoga	877119366	Yama	2:55PM – 4:16PM	Vridhi Until 2:09PM	Muruqa: Red <i>Sunset:</i> 5:37PM	Moon 12 - Phase 36
Until 8:08AM		Rahu	10:53AM – 12:14PM	Visti Until 6:41PM	Nataraja: Green	2nd Phase
Then Creative Work - Amrita Yoga				Trayodashi* Until 6:45AM	Margasira-Markali	Devaloka Day
●		Saturday, January 9, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Muscat, Oman Sun 14 Sutra 272
Retreat Star		Gulika	6:50AM – 8:11AM	Mula* Until 8:30AM	Ganesha: Yellow <i>Sunrise:</i> 6:50AM	Manmatha 5117
Dhanus Rasi: 11.56	Tithi 29 – 30	Yama	1:35PM – 2:56PM	Dhruva Until 12:31PM	Muruqa: Red <i>Sunset:</i> 5:38PM	Moon 12 - Phase 36
Creative Work Siddha Yoga	887119366	Rahu	9:32AM – 10:53AM	Catuspada Until 6:03PM	Nataraja: Green	Amavasya
		Hanumath Jayanthi (Tamil Nadu)		Chaturdashi* Until 6:25AM	Margasira-Markali	Devaloka Day
●		Sunday, January 10, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau		Muscat, Oman Sun 15 Sutra 273
Retreat Star		Gulika	2:56PM – 4:17PM	Purvashadha* Until 8:11AM	Ganesha: White <i>Sunrise:</i> 6:50AM	Manmatha 5117
Dhanus Rasi: 25.25	Tithi 1	Yama	12:14PM – 1:35PM	Vyaghata* Until 10:29AM	Muruqa: Red <i>Sunset:</i> 5:38PM	Moon 12 - Phase 36
Creative Work Siddha Yoga	888119366	Rahu	4:17PM – 5:38PM	Kintughna Until 4:55PM	Nataraja: Green	Prathama
Until 8:11AM				Prathama* Until 4:10AM Mon	Margasira-Markali	Bhuloka Day
Then Creative Work - Amrita Yoga					Pausha-Markali	Devaloka Time: 12:PM to 3:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	Monday, January 11, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Muscat, Oman Sun 16 Sutra 274
	Makara Rasi: 9.1 Tithi 2 Family Home Evening 888119366 Routine Work Marana Yoga Until 7:18AM Then Creative Work - Amrita Yoga	Gulika 1:36PM – 2:57PM Yama 10:54AM – 12:15PM Rahu 8:11AM – 9:33AM	Uttarashadha Until 7:18AM Harshana Until 8:07AM Balava Until 3:23PM Dvitiya Until 2:29AM Tue


2	Tuesday, January 12, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi Yoga Tailila/Gara Karana Tritiyayam Titau	Muscat, Oman Sun 17 Sutra 275
	Makara Rasi: 23.06 Tithi 3 Creative Work Siddha Yoga	Gulika 12:15PM – 1:36PM Yama 9:33AM – 10:54AM Rahu 2:58PM – 4:19PM	Shravana Until 6:22AM Siddhi Until 2:42AM Wed Tailila Until 1:34PM Tritiya Until 12:34AM Wed


3	Wednesday, January 13, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturthyam Titau	Muscat, Oman Sun 18 Sutra 276
	Kumbha Rasi: 7.11 Tithi 4 Creative Work Siddha Yoga	Gulika 10:54AM – 12:16PM Yama 8:12AM – 9:33AM Rahu 12:16PM – 1:37PM	Shatabhishak Until 3:36AM Thu Vyatipata* Until 11:49PM Vanija Until 11:35AM Chaturthi* Until 10:32PM

4	Thursday, January 14, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Bava/Balava Karana Panchamyam Titau	Muscat, Oman Sun 19 Sutra 277
	Kumbha Rasi: 21.19 Tithi 5 Creative Work Siddha Yoga	Gulika 9:33AM – 10:55AM Yama 6:50AM – 8:12AM Rahu 1:37PM – 2:59PM	Purvaproshtapada* Until 2:21AM Fri Variyan Until 8:54PM Bava Until 9:31AM Panchami Until 8:27PM

5	Friday, January 15, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Kaulava/Tailila Karana Shashthyam Titau	Muscat, Oman Sun 20 Sutra 278
	Meena Rasi: 5.29 Tithi 6 Creative Work Siddha Yoga Until 12:59AM Sat Then Routine Work - Prabalarishta Yoga	Gulika 8:12AM – 9:33AM Yama 2:59PM – 4:21PM Rahu 10:55AM – 12:16PM	Uttaraproshtapada Until 12:59AM Sat Parigha* Until 6:00PM Kaulava Until 7:26AM Shashthi* Until 6:24PM

6	Saturday, January 16, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Muscat, Oman Sun 21 Sutra 279
	Meena Rasi: 19.37 Tithi 7 – 8 Routine Work Prabalarishta Yoga Until 11:32PM Then Creative Work - Siddha Yoga	Gulika 6:50AM – 8:12AM Yama 1:38PM – 3:00PM Rahu 9:34AM – 10:55AM	Revati Until 11:32PM Shiva Until 3:09PM Visti Until 3:26AM Sun Saptami Until 4:23PM

	Sunday, January 17, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Muscat, Oman Sun 22 Sutra 280
	Retreat Star Mesha Rasi: 3.42 Tithi 8 – 9 Creative Work Siddha Yoga Until 10:26PM Then Routine Work - Prabalarishta Yoga	Gulika 3:00PM – 4:22PM Yama 12:17PM – 1:39PM Rahu 4:22PM – 5:44PM	Ashvini Until 10:26PM Siddha Until 12:21PM Balava Until 1:32AM Mon Ashtami* Until 2:27PM

	Monday, January 18, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Sadhya/Subha Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau	Muscat, Oman Sun 23 Sutra 281
	Retreat Star Mesha Rasi: 17.44 Tithi 9 – 10 Family Home Evening 829211366 Creative Work Siddha Yoga Until 9:18PM Then Routine Work - Marana Yoga	Gulika 1:39PM – 3:01PM Yama 10:56AM – 12:17PM Rahu 8:12AM – 9:34AM	Bharani Until 9:18PM Sadhya Until 9:37AM Tailila Until 11:45PM Navami* Until 12:37PM

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time


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1	Tuesday, January 19, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Muscat, Oman Sun 24 Sutra 282	
	Vishabha Rasi: 1.43 Tithi 10 – 11 829211366	Gulika 12:18PM – 1:39PM Yama 9:34AM – 10:56AM Rahu 3:01PM – 4:23PM	Krittika Until 8:09PM Subha Until 7:00AM Vanija Until 10:05PM Dashami Until 10:53AM	Ganesha: Clear <i>Sunrise:</i> 6:50AM Muruga: Green <i>Sunset:</i> 5:45PM Nataraja: Green Moon – White
	Creative Work Siddha Yoga Until 8:09PM Then Creative Work - Amrita Yoga		Pausha*Thai Bhuloka Day Devaloka Time: 6:AM to 9:AM	

2	Wednesday, January 20, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Brahma Yoga Visli*/Bava Karana Ekadashi/Dvodashyam Titau	Muscat, Oman Sun 25 Sutra 283	
	Vishabha Rasi: 15.35 Tithi 11 – 12 839211366	Gulika 10:56AM – 12:18PM Yama 8:12AM – 9:34AM Rahu 12:18PM – 1:40PM	Rohini Until 7:26PM Brahma Until 2:04AM Thu Bava Until 8:35PM Ekadashi Until 9:17AM	Ganesha: White <i>Sunrise:</i> 6:50AM Muruga: Green <i>Sunset:</i> 5:46PM Nataraja: Green Moon – Yellow
	Creative Work Siddha Yoga		Pausha*Thai Bhuloka Day	

3	Thursday, January 21, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Muscat, Oman Sun 26 Sutra 284	
	Vishabha Rasi: 29.22 Tithi 12 – 13 839211366	Gulika 9:34AM – 10:56AM Yama 6:50AM – 8:12AM Rahu 1:40PM – 3:02PM	Mrigashira Until 6:49PM Indra Until 11:54PM Kaulava Until 7:19PM Dvadashi Until 7:54AM <i>Pradosha Vrata</i>	Ganesha: White <i>Sunrise:</i> 6:50AM Muruga: Green <i>Sunset:</i> 5:46PM Nataraja: Green Moon – Yellow
	Routine Work Marana Yoga		Pausha*Thai Bhuloka Day	

4	Friday, January 22, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Vaidhriti* Yoga Taila/Gara Karana Trayodashi/Chaturdashyam Titau	Muscat, Oman Sun 27 Sutra 285	
	Mithuna Rasi: 12.59 Tithi 13 – 14 839211366	Gulika 8:12AM – 9:34AM Yama 3:03PM – 4:25PM Rahu 10:56AM – 12:18PM	Ardra Until 6:21PM Vaidhriti* Until 9:58PM Gara Until 6:22PM Trayodashi Until 6:47AM	Ganesha: White <i>Sunrise:</i> 6:50AM Muruga: Green <i>Sunset:</i> 5:47PM Nataraja: Green Moon – Yellow
	Creative Work Siddha Yoga		Pausha*Thai Bhuloka Day	

	Saturday, January 23, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau	Muscat, Oman Sutra 286
	Copper Retreat Star	Mithuna Rasi: 26.23 Tithi 14 – 15 849211366	Gulika 6:50AM – 8:12AM Yama 1:41PM – 3:03PM Rahu 9:34AM – 10:56AM
	Creative Work Siddha Yoga	Punarvasu Until 6:36PM Vishkambha* Until 8:23PM Bava Until 5:45AM Sun Chaturdashi* Until 6:02AM	Ganesha: Yellow <i>Sunrise:</i> 6:50AM Muruga: Green <i>Sunset:</i> 5:48PM Nataraja: Green Moon – Blue

	Sunday, January 24, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau	Muscat, Oman Sutra 287
	Silver Retreat Star	Kataka Rasi: 9.32 Tithi 16 849211366	Gulika 3:04PM – 4:26PM Yama 12:19PM – 1:41PM Rahu 4:26PM – 5:49PM
	Creative Work Siddha Yoga	Pushya Until 7:11PM Priti Until 7:14PM Balava Until 5:50PM Prathama* Until 6:02AM Mon Thai Pusam	Ganesha: Yellow <i>Sunrise:</i> 6:49AM Muruga: Green <i>Sunset:</i> 5:49PM Nataraja: Green Moon – Blue

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

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Monday, January 25, 2016
Gold Retreat Star

Kataka Rasi: 22.25 Tithi 16 – 17
Family Home Evening 951211366
Creative Work Siddha Yoga
Until 8:12PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yukhtayam Muscat, Oman
Ashlesha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau Sutra 288
Gulika 1:42PM – 3:04PM **Ashlesha* Until 8:12PM** **Ganesha:** Blue *Sunrise:* 6:49AM Manmatha 5117
Yama 10:57AM – 12:19PM **Ayushman Until 6:30PM** **Muruqa:** Green *Sunset:* 5:49PM Moon 1 - Phase 39
Rahu 8:12AM – 9:34AM **Taitila Until 6:25PM** **Nataraja:** Green 1st Phase
Prathama* Until 6:02AM **Pausha*Thai** **Bhuloka Day**

1 **Tuesday, January 26, 2016**

Simha Rasi: 5.01 Tithi 17 – 18
951211366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yukhtayam Muscat, Oman
Magha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau Sun 1 Sutra 289
Gulika 12:19PM – 1:42PM **Magha* Until 10:07PM** **Ganesha:** Yellow *Sunrise:* 6:49AM Manmatha 5117
Yama 9:34AM – 10:57AM **Saubhagya Until 6:15PM** **Muruqa:** Green *Sunset:* 5:50PM Moon 1 - Phase 39
Rahu 3:05PM – 4:27PM **Vanija Until 7:37PM** **Nataraja:** Green 1st Phase
Dvitiya Until 6:55AM **Pausha*Thai** **Bhuloka Day**
Devaloka Time: 6:AM to 9:AM

2 **Wednesday, January 27, 2016**

Simha Rasi: 17.2 Tithi 18 – 19
951211366
Creative Work Amrita Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yukhtayam Muscat, Oman
Purvaphalguni Nakshatra Sobhana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau Sun 2 Sutra 290
Gulika 10:57AM – 12:20PM **Purvaphalguni Until 12:26AM Thu** **Ganesha:** Yellow *Sunrise:* 6:49AM Manmatha 5117
Yama 8:11AM – 9:34AM **Sobhana Until 6:28PM** **Muruqa:** Green *Sunset:* 5:51PM Moon 1 - Phase 39
Rahu 12:20PM – 1:42PM **Bava Until 9:24PM** **Nataraja:** Green 1st Phase
Tritiya Until 8:25AM **Pausha*Thai** **Bhuloka Day**
Devaloka Time: 6:AM to 9:AM

3 **Thursday, January 28, 2016**

Simha Rasi: 29.26 Tithi 19 – 20
951211366
Amrita Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yukhtayam Muscat, Oman
Uttaraphalguni Nakshatra Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau Sun 3 Sutra 291
Gulika 9:34AM – 10:57AM **Uttaraphalguni Until 3:02AM Fri** **Ganesha:** Yellow *Sunrise:* 6:48AM Manmatha 5117
Yama 6:48AM – 8:11AM **Athiganda* Until 7:03PM** **Muruqa:** Green *Sunset:* 5:51PM Moon 1 - Phase 39
Rahu 1:43PM – 3:06PM **Kaulava Until 11:41PM** **Nataraja:** Green 1st Phase
Chaturthi* Until 10:28AM **Pausha*Thai** **Bhuloka Day**
Devaloka Time: 6:AM to 9:AM

4 **Friday, January 29, 2016**

Kanya Rasi: 11.22 Tithi 20 – 21
951211366
Creative Work Amrita Yoga
Until 6:15AM Sat
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yukhtayam Muscat, Oman
Hasta Nakshatra Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau Sun 4 Sutra 292
Gulika 8:11AM – 9:34AM **Hasta Until 6:15AM Sat** **Ganesha:** White *Sunrise:* 6:48AM Manmatha 5117
Yama 3:06PM – 4:29PM **Sukarma Until 7:53PM** **Muruqa:** Green *Sunset:* 5:52PM Moon 1 - Phase 39
Rahu 10:57AM – 12:20PM **Gara Until 2:17AM Sat** **Nataraja:** Green 1st Phase
Panchami Until 12:56PM **Pausha*Thai** **Bhuloka Day**

5 **Saturday, January 30, 2016**

Kanya Rasi: 23.12 Tithi 21 – 22
951211366
Routine Work Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yukhtayam Muscat, Oman
Hasta/Chitra Nakshatra Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau Sun 5 Sutra 293
Gulika 6:48AM – 8:11AM **Hasta Until 6:15AM** **Ganesha:** White *Sunrise:* 6:48AM Manmatha 5117
Yama 1:43PM – 3:06PM **Dhriti Until 8:52PM** **Muruqa:** Green *Sunset:* 5:53PM Moon 1 - Phase 39
Rahu 9:34AM – 10:57AM **Visti Until 4:58AM Sun** **Nataraja:** Green 1st Phase
Shashthi* Until 3:36PM **Pausha*Thai** **Bhuloka Day**

6 **Sunday, January 31, 2016**

Tula Rasi: 5.01 Tithi 22
951211366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yukhtayam Muscat, Oman
Chitra/Svati Nakshatra Shula* Yoga Bava Karana Saptamyam Titau Sun 6 Sutra 294
Gulika 3:07PM – 4:30PM **Chitra Until 9:20AM** **Ganesha:** White *Sunrise:* 6:47AM Manmatha 5117
Yama 12:20PM – 1:44PM **Shula* Until 9:44PM** **Muruqa:** Green *Sunset:* 5:53PM Moon 1 - Phase 39
Rahu 4:30PM – 5:53PM **Bava Until 6:14PM** **Nataraja:** Green 1st Phase
Saptami Until 6:14PM **Pausha*Thai** **Bhuloka Day**

Monday, February 1, 2016
Retreat Star

Tula Rasi: 16.53 Tithi 23
961211366
Family Home Evening
Creative Work Amrita Yoga
Until 12:04PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yukhtayam Muscat, Oman
Svati/Vishakha Nakshatra Ganda* Yoga Balava/Kaulava Karana Ashtamyam Titau Sun 7 Sutra 295
Gulika 1:44PM – 3:07PM **Svati Until 12:04PM** **Ganesha:** White *Sunrise:* 6:47AM Manmatha 5117
Yama 10:57AM – 12:20PM **Ganda* Until 10:24PM** **Muruqa:** Green *Sunset:* 5:53PM Moon 1 - Phase 39
Rahu 8:10AM – 9:34AM **Balava Until 7:29AM** **Nataraja:** Green Ashtami
Ashtami* Until 8:35PM **Pausha*Thai** **Bhuloka Day**

Tuesday, February 2, 2016

Retreat Star

Tula Rasi: 28.54 Tithi 24
971211366
Routine Work Marana Yoga
Until 2:43PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yukhtayam Muscat, Oman
Vishakha/Anuradha Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau Sun 8 Sutra 296
Gulika 12:20PM – 1:44PM **Vishakha Until 2:43PM** **Ganesha:** Clear *Sunrise:* 6:47AM Manmatha 5117
Yama 9:34AM – 10:57AM **Vriddhi Until 10:41PM** **Muruqa:** Green *Sunset:* 5:54PM Moon 1 - Phase 39
Rahu 3:07PM – 4:31PM **Taitila Until 9:37AM** **Nataraja:** Green Navami
Navami* Until 10:26PM **Pausha*Thai** **Bhuloka Day**
Devaloka Time: 6:AM to 9:AM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Wednesday, February 3, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau	Muscat, Oman Sun 9 Sutra 297
	Vrischika Rasi: 11.09 Tithi 25	Gulika 10:57AM – 12:21PM Yama 8:10AM – 9:33AM Rahu 12:21PM – 1:44PM	Anuradha Until 4:37PM Dhruva Until 10:26PM Vanija Until 11:08AM Dashami Until 11:36PM
	971211366	Ganesha: Clear <i>Sunrise:</i> 6:46AM Muruga: Green <i>Sunset:</i> 5:55PM Nataraja: Green Moon – Orange	Manmatha 5117 Moon 1 - Phase 40 2nd Phase
	Creative Work Siddha Yoga	Pausha*Thai	Bhuloka Day Devaloka Time: 6:AM to 9:AM

2	Thursday, February 4, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau	Muscat, Oman Sun 10 Sutra 298
	Vrischika Rasi: 23.42 Tithi 26	Gulika 9:33AM – 10:57AM Yama 6:46AM – 8:10AM Rahu 1:44PM – 3:08PM	Jyeshtha* Until 5:38PM Vyaghata* Until 9:38PM Bava Until 11:56AM Ekadashi* Until 12:01AM Fri
	972211367	Ganesha: Orange <i>Sunrise:</i> 6:46AM Muruga: Green <i>Sunset:</i> 5:55PM Nataraja: White Moon – Orange	Manmatha 5117 Moon 1 - Phase 40 2nd Phase
	Routine Work Prabalarishta Yoga Until 5:38PM Then Creative Work - Siddha Yoga	Pausha*Thai	Bhuloka Day Devaloka Time: 6:AM to 9:AM

3	Friday, February 5, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau	Muscat, Oman Sun 11 Sutra 299
	Dhanus Rasi: 7 Tithi 27	Gulika 8:09AM – 9:33AM Yama 3:08PM – 4:32PM Rahu 10:57AM – 12:21PM	Mula* Until 6:13PM Harshana Until 8:14PM Kaulava Until 11:57AM Dvadashi* Until 11:39PM
	982211367	Ganesha: Light Blue <i>Sunrise:</i> 6:45AM Muruga: Green <i>Sunset:</i> 5:56PM Nataraja: White Moon – Light Blue	Manmatha 5117 Moon 1 - Phase 40 2nd Phase
	Creative Work Amrita Yoga Until 6:13PM Then Routine Work - Prabalarishta Yoga	Pausha*Thai	Bhuloka Day

4	Saturday, February 6, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau	Muscat, Oman Sun 12 Sutra 300
	Dhanus Rasi: 19.54 Tithi 28	Gulika 6:45AM – 8:09AM Yama 1:45PM – 3:09PM Rahu 9:33AM – 10:57AM	Purvashadha* Until 5:55PM Vajra* Until 6:15PM Gara Until 11:13AM Trayodashi* Until 10:34PM <i>Pradosha Vrata (Fasting)</i>
	982211367	Ganesha: Light Blue <i>Sunrise:</i> 6:45AM Muruga: Green <i>Sunset:</i> 5:57PM Nataraja: White Moon – Light Blue	Manmatha 5117 Moon 1 - Phase 40 2nd Phase
	Creative Work Siddha Yoga Until 5:55PM Then Routine Work - Marana Yoga	Pausha*Thai	Bhuloka Day

5	Sunday, February 7, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Muscat, Oman Sun 13 Sutra 301
	Makara Rasi: 3.35 Tithi 29	Gulika 3:09PM – 4:33PM Yama 12:21PM – 1:45PM Rahu 4:33PM – 5:57PM	Uttarashadha Until 4:51PM Siddhi Until 3:45PM Visti Until 9:49AM Chaturdashi* Until 8:52PM
	982311367	Ganesha: Purple <i>Sunrise:</i> 6:44AM Muruga: Green <i>Sunset:</i> 5:57PM Nataraja: White Moon – Light Blue	Manmatha 5117 Moon 1 - Phase 40 2nd Phase
	Creative Work Amrita Yoga	Pausha*Thai	Bhuloka Day

Monday, February 8, 2016	Retreat Star	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Muscat, Oman Sun 14 Sutra 302
	Makara Rasi: 17.38 Tithi 30	Gulika 1:45PM – 3:09PM Yama 10:57AM – 12:21PM Rahu 8:08AM – 9:32AM	Shravana Until 3:33PM Vyatipata* Until 12:52PM Catuspada Until 7:50AM Amavasya* Until 6:40PM
	992311367	Ganesha: Light Blue <i>Sunrise:</i> 6:44AM Muruga: Green <i>Sunset:</i> 5:58PM Nataraja: White Moon – Purple	Manmatha 5117 Moon 1 - Phase 40 Amavasya
	Family Home Evening Creative Work Amrita Yoga Until 3:33PM Then Creative Work - Siddha Yoga	Pausha*Thai	Bhuloka Day

Tuesday, February 9, 2016	Retreat Star	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha*/Shatabhishak Nakshatra Varyan/Parigaha* Yoga Bava/Balava Karana Prathama/Dvityayam Titau	Muscat, Oman Sun 15 Sutra 303
	Kumbha Rasi: 1.59 Tithi 1 – 2	Gulika 12:21PM – 1:45PM Yama 9:32AM – 10:57AM Rahu 3:10PM – 4:34PM	Dhanishtha Until 1:45PM Varyan Until 9:38AM Balava Until 2:46AM Wed Prathama* Until 4:07PM
	992311367	Ganesha: Light Blue <i>Sunrise:</i> 6:43AM Muruga: Green <i>Sunset:</i> 5:58PM Nataraja: White Moon – Purple	Manmatha 5117 Moon 1 - Phase 40 Prathama
	Creative Work Siddha Yoga Until 1:45PM Then Routine Work - Marana Yoga	Magha*Thai	Bhuloka Day

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

All times are standard time

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1	Wednesday, February 10, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha/Shiva Yoga Kaulava/Taitila Karana Dvilya/Trilyayam Titau	Muscat, Oman Sun 16 Sutra 304
	Kumbha Rasi: 16.31 Tithi 2 - 3 992311367	Gulika 10:56AM - 12:21PM Yama 8:07AM - 9:32AM Rahu 12:21PM - 1:46PM	Shatabhishak Until 11:35AM Parigha* Until 6:12AM Taitila Until 11:57PM Dvitiya Until 1:21PM
	Creative Work Siddha Yoga Until 11:35AM Then Creative Work - Amrita Yoga	Ganesha: Light Blue <i>Sunrise:</i> 6:43AM Muruga: Green <i>Sunset:</i> 5:59PM Nataraja: White Moon - Purple Magha-Thai	Manmatha 5117 Moon 1 - Phase 41 3rd Phase Bhuloka Day
2	Thursday, February 11, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddha Yoga Gara/Vanija Karana Trilya/Chaturtham Titau	Muscat, Oman Sun 17 Sutra 305
	Meena Rasi: 1.07 Tithi 3 - 4 912311367	Gulika 9:32AM - 10:56AM Yama 6:42AM - 8:07AM Rahu 1:46PM - 3:10PM	Purvaproshtapada* Until 9:37AM Siddha Until 11:10PM Vanija Until 9:08PM Tritiya Until 10:31AM
	Creative Work Siddha Yoga	Ganesha: Orange <i>Sunrise:</i> 6:42AM Muruga: Green <i>Sunset:</i> 6:00PM Nataraja: White Moon - Clear Magha-Thai	Manmatha 5117 Moon 1 - Phase 41 3rd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
3	Friday, February 12, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sadhya Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau	Muscat, Oman Sun 18 Sutra 306
	Meena Rasi: 15.43 Tithi 4 - 5 912311367	Gulika 8:07AM - 9:31AM Yama 3:11PM - 4:35PM Rahu 10:56AM - 12:21PM	Uttaraproshtapada Until 7:33AM Sadhya Until 7:45PM Bava Until 6:25PM Chaturthi* Until 7:44AM
	Creative Work Siddha Yoga	Ganesha: Orange <i>Sunrise:</i> 6:42AM Muruga: Green <i>Sunset:</i> 6:00PM Nataraja: White Moon - Clear Magha-Thai	Manmatha 5117 Moon 1 - Phase 41 3rd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
4	Saturday, February 13, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashtham Titau	Muscat, Oman Sun 19 Sutra 307
	Mesha Rasi: 0.12 Tithi 6 922311367	Gulika 6:41AM - 8:06AM Yama 1:46PM - 3:11PM Rahu 9:31AM - 10:56AM	Ashvini Until 3:58AM Sun Subha Until 4:31PM Kaulava Until 3:54PM Shashthi* Until 2:44AM Sun
	Creative Work Siddha Yoga Until 3:58AM Sun Then Routine Work - Prabalarishta Yoga	Ganesha: Green <i>Sunrise:</i> 6:41AM Muruga: Green <i>Sunset:</i> 6:01PM Nataraja: White Moon - White Magha-Masi	Manmatha 5117 Moon 1 - Phase 41 3rd Phase Bhuloka Day
5	Sunday, February 14, 2016	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau	Muscat, Oman Sun 20 Sutra 308
	Mesha Rasi: 14.31 Tithi 7 922311367	Gulika 3:11PM - 4:36PM Yama 12:21PM - 1:46PM Rahu 4:36PM - 6:01PM	Bharani Until 2:37AM Mon Sukla Until 1:29PM Gara Until 1:40PM Saptami Until 12:39AM Mon
	Routine Work Prabalarishta Yoga Until 2:37AM Mon Then Routine Work - Marana Yoga	Ganesha: Green <i>Sunrise:</i> 6:40AM Muruga: Green <i>Sunset:</i> 6:01PM Nataraja: White Moon - White Magha-Masi	Manmatha 5117 Moon 1 - Phase 41 3rd Phase Bhuloka Day
Monday, February 15, 2016	Retreat Star	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Visti/Bava Karana Ashtamyam Titau	Muscat, Oman Sun 21 Sutra 309
	Mesha Rasi: 28.37 Tithi 8 Family Home Evening 922311367	Gulika 1:46PM - 3:12PM Yama 10:56AM - 12:21PM Rahu 8:05AM - 9:30AM	Krittika Until 1:29AM Tue Brahma Until 10:45AM Visti Until 11:46AM Ashtami* Until 10:56PM
	Routine Work Marana Yoga Until 1:29AM Tue Then Creative Work - Amrita Yoga	Ganesha: Green <i>Sunrise:</i> 6:40AM Muruga: Green <i>Sunset:</i> 6:02PM Nataraja: White Moon - White Magha-Masi	Manmatha 5117 Moon 1 - Phase 41 Ashtami Bhuloka Day
Tuesday, February 16, 2016	Retreat Star	Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra/Vaidhrili* Yoga Balava/Kaulava Karana Navamyam Titau	Muscat, Oman Sun 22 Sutra 310
	Vrishabha Rasi: 12.3 Tithi 9 932311367	Gulika 12:21PM - 1:46PM Yama 9:30AM - 10:55AM Rahu 3:12PM - 4:37PM	Rohini Until 1:00AM Wed Indra Until 8:18AM Balava Until 10:14AM Navami* Until 9:36PM
	Creative Work Amrita Yoga Until 1:00AM Wed Then Creative Work - Siddha Yoga	Ganesha: Red <i>Sunrise:</i> 6:39AM Muruga: Green <i>Sunset:</i> 6:03PM Nataraja: White Moon - Yellow Magha-Masi	Manmatha 5117 Moon 1 - Phase 41 Navami Bhuloka Day Devaloka Time: 6:AM to 9:AM

Pameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time

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1	Wednesday, February 17, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam				Muscat, Oman
	Vrishabha Rasi: 26.08 Tilthi 10		Mrigashira Nakshatra Vaidhriti* Viskambha* Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 311
	933311367	Gulika 10:55AM – 12:21PM	Mrigashira Until 12:46AM Thu	Ganesha: Yellow <i>Sunrise:</i> 6:38AM		Manmatha 5117	
		Yama 8:04AM – 9:30AM	Vaidhriti* Until 6:08AM	Muruqa: Green <i>Sunset:</i> 6:03PM		Moon 1 - Phase 42	
		Rahu 12:21PM – 1:46PM	Taitila Until 9:06AM	Nataraja: White		4th Phase	
			Dashami Until 8:39PM	Magha-Masi			
					Bhuloka Day		
					Devaloka Time: 6:AM to 9:AM		

2	Thursday, February 18, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam				Muscat, Oman
	Mithuna Rasi: 9.34 Tilthi 11		Ardra Nakshatra Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 312
	933311367	Gulika 9:29AM – 10:55AM	Ardra Until 12:46AM Fri	Ganesha: Yellow <i>Sunrise:</i> 6:38AM		Manmatha 5117	
		Yama 6:38AM – 8:04AM	Priti Until 2:48AM Fri	Muruqa: Green <i>Sunset:</i> 6:04PM		Moon 1 - Phase 42	
		Rahu 1:47PM – 3:12PM	Vanija Until 8:21AM	Nataraja: White		4th Phase	
			Ekadashi Until 8:06PM	Magha-Masi			
					Bhuloka Day		
					Devaloka Time: 6:AM to 9:AM		

3	Friday, February 19, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam				Muscat, Oman
	Mithuna Rasi: 22.46 Tilthi 12		Punarvasu Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 313
	943311367	Gulika 8:03AM – 9:29AM	Punarvasu Until 1:29AM Sat	Ganesha: Blue <i>Sunrise:</i> 6:37AM		Manmatha 5117	
		Yama 3:12PM – 4:38PM	Ayushman Until 1:36AM Sat	Muruqa: Green <i>Sunset:</i> 6:04PM		Moon 1 - Phase 42	
		Rahu 10:55AM – 12:21PM	Bava Until 8:01AM	Nataraja: White		4th Phase	
			Dvadashi Until 7:59PM	Magha-Masi			
					Bhuloka Day		

4	Saturday, February 20, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam				Muscat, Oman
	Kataka Rasi: 5.45 Tilthi 13		Pushya Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 314
	943311367	Gulika 6:36AM – 8:02AM	Pushya Until 2:29AM Sun	Ganesha: Blue <i>Sunrise:</i> 6:36AM		Manmatha 5117	
		Yama 1:47PM – 3:13PM	Saubhagya Until 12:46AM Sun	Muruqa: Green <i>Sunset:</i> 6:05PM		Moon 1 - Phase 42	
		Rahu 9:28AM – 10:55AM	Kaulava Until 8:06AM	Nataraja: White		4th Phase	
			Trayodashi Until 8:18PM	Magha-Masi			
					Bhuloka Day		
					<i>Pradosha Vrata</i>		

5	Sunday, February 21, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Muscat, Oman
	Kataka Rasi: 18.31 Tilthi 14		Ashlesha* Nakshatra Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 315
	943311367	Gulika 3:13PM – 4:39PM	Ashlesha* Until 3:46AM Mon	Ganesha: Blue <i>Sunrise:</i> 6:36AM		Manmatha 5117	
		Yama 12:20PM – 1:47PM	Sobhana Until 12:18AM Mon	Muruqa: Green <i>Sunset:</i> 6:05PM		Moon 1 - Phase 42	
		Rahu 4:39PM – 6:05PM	Gara Until 8:39AM	Nataraja: White		4th Phase	
			Chaturdashi* Until 9:04PM	Magha-Masi			
					Bhuloka Day		
					Devaloka Time: 6:AM to 9:AM		

○	Monday, February 22, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam				Muscat, Oman
	Copper Retreat Star		Magha* Nakshatra Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 316
	953311367	Gulika 1:47PM – 3:13PM	Magha* Until 5:50AM Tue	Ganesha: Red <i>Sunrise:</i> 6:35AM		Manmatha 5117	
		Yama 10:54AM – 12:20PM	Athiganda* Until 12:10AM Tue	Muruqa: Green <i>Sunset:</i> 6:06PM		Moon 1 - Phase 42	
		Rahu 8:01AM – 9:28AM	Visti Until 9:39AM	Nataraja: White		Purnima	
			Purnima* Until 10:19PM	Magha-Masi			
					Bhuloka Day		
					Devaloka Time: 6:AM to 9:AM		

○	Tuesday, February 23, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam				Muscat, Oman
	Silver Retreat Star		Purvaphalguni Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 317
	953311367	Gulika 12:20PM – 1:47PM	Purvaphalguni Until 8:11AM Wed	Ganesha: Red <i>Sunrise:</i> 6:34AM		Manmatha 5117	
		Yama 9:27AM – 10:54AM	Sukarma Until 12:24AM Wed	Muruqa: Green <i>Sunset:</i> 6:06PM		Moon 1 - Phase 42	
		Rahu 3:13PM – 4:40PM	Balava Until 11:09AM	Nataraja: White		Prathama	
			Prathama* Until 12:02AM Wed	Magha-Masi			
					Bhuloka Day		
					Devaloka Time: 6:AM to 9:AM		

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda



Wednesday, February 24, 2016
Gold Retreat Star

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Dhriti Yoga Taitila/Gara Karana Dvitiyayam Titau

Muscat, Oman
Sun 1 Sutra 318

Simha Rasi: 25.34 Tithi 17
953311367
Creative Work Amrita Yoga

Gulika 10:53AM – 12:20PM
Yama 8:00AM – 9:27AM
Rahu 12:20PM – 1:47PM

Purvaphalguni Until 8:11AM
Dhriti Until 12:58AM Thu
Taitila Until 1:05PM
Dvitiya Until 2:10AM Thu

Ganesha: Red *Sunrise: 6:33AM*
Muruga: Green *Sunset: 6:07PM*
Nataraja: White
Moon – Red
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Thursday, February 25, 2016

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Muscat, Oman
Sun 2 Sutra 319

Kanya Rasi: 7.34 Tithi 18
953311367
Amrita Yoga

Gulika 9:26AM – 10:53AM
Yama 6:32AM – 7:59AM
Rahu 1:47PM – 3:14PM

Uttaraphalguni Until 10:43AM
Shula* Until 1:44AM Fri
Vanija Until 3:23PM
Tritiya Until 4:37AM Fri

Ganesha: Red *Sunrise: 6:32AM*
Muruga: Green *Sunset: 6:07PM*
Nataraja: White
Moon – Red
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Until 10:43AM
Then Routine Work - Marana Yoga

2

Friday, February 26, 2016

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Muscat, Oman
Sun 3 Sutra 320

Kanya Rasi: 19.26 Tithi 19
963311367
Creative Work Amrita Yoga

Gulika 7:59AM – 9:26AM
Yama 3:14PM – 4:41PM
Rahu 10:53AM – 12:20PM

Hasta Until 1:52PM
Ganda* Until 2:40AM Sat
Bava Until 5:56PM
Chaturthi* Until 7:14AM Sat

Ganesha: Green *Sunrise: 6:32AM*
Muruga: Green *Sunset: 6:08PM*
Nataraja: White
Moon – Green
Magha-Masi

Bhuloka Day

Until 1:52PM
Then Creative Work - Siddha Yoga

3

Saturday, February 27, 2016

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Vriddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Muscat, Oman
Sun 4 Sutra 321

Tula Rasi: 1.16 Tithi 19 – 20
963311367
Routine Work Marana Yoga

Gulika 6:31AM – 7:58AM
Yama 1:47PM – 3:14PM
Rahu 9:25AM – 10:52AM

Chitra Until 4:57PM
Vriddhi Until 3:39AM Sun
Kaulava Until 8:35PM
Chaturthi* Until 7:14AM

Ganesha: Green *Sunrise: 6:31AM*
Muruga: Green *Sunset: 6:08PM*
Nataraja: White
Moon – Green
Magha-Masi

Bhuloka Day

Until 4:57PM
Then Creative Work - Siddha Yoga

4

Sunday, February 28, 2016

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Dhruva Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Muscat, Oman
Sun 5 Sutra 322

Tula Rasi: 13.05 Tithi 20 – 21
963311367
Creative Work Siddha Yoga

Gulika 3:14PM – 4:42PM
Yama 12:19PM – 1:47PM
Rahu 4:42PM – 6:09PM

Svati Until 7:48PM
Dhruva Until 4:29AM Mon
Gara Until 11:08PM
Panchami Until 9:52AM

Ganesha: Green *Sunrise: 6:30AM*
Muruga: Green *Sunset: 6:09PM*
Nataraja: White
Moon – Green
Magha-Masi

Bhuloka Day

Until 7:48PM
Then Routine Work - Marana Yoga

5

Monday, February 29, 2016

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Muscat, Oman
Sun 6 Sutra 323

Tula Rasi: 24.58 Tithi 21 – 22
973311367
Family Home Evening

Gulika 1:47PM – 3:14PM
Yama 10:52AM – 12:19PM
Rahu 7:57AM – 9:24AM

Vishakha Until 10:45PM
Vyaghata* Until 5:06AM Tue
Visti Until 1:25AM Tue
Shashthi* Until 12:18PM

Ganesha: Orange *Sunrise: 6:29AM*
Muruga: Green *Sunset: 6:09PM*
Nataraja: White
Moon – Orange
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Until 10:45PM
Then Creative Work - Siddha Yoga



Tuesday, March 1, 2016
Retreat Star

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Muscat, Oman
Sun 7 Sutra 324

Vrischika Rasi: 6.58 Tithi 22 – 23
973311367
Creative Work Siddha Yoga

Gulika 12:19PM – 1:47PM
Yama 9:23AM – 10:51AM
Rahu 3:15PM – 4:42PM

Anuradha Until 1:06AM Wed
Harshana Until 5:22AM Wed
Balava Until 3:12AM Wed
Saptami Until 2:21PM

Ganesha: Orange *Sunrise: 6:27AM*
Muruga: Green *Sunset: 6:10PM*
Nataraja: White
Moon – Orange
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Wednesday, March 2, 2016
Retreat Star

Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Muscat, Oman
Sun 8 Sutra 325

Vrischika Rasi: 19.1 Tithi 23 – 24
973311367
Creative Work Siddha Yoga

Gulika 10:51AM – 12:19PM
Yama 7:55AM – 9:23AM
Rahu 12:19PM – 1:47PM

Jyeshtha* Until 2:40AM Thu
Vajra* Until 5:05AM Thu
Taitila Until 4:20AM Thu
Ashtami* Until 3:50PM

Ganesha: Orange *Sunrise: 6:27AM*
Muruga: Green *Sunset: 6:11PM*
Nataraja: White
Moon – Orange
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM



Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1	Thursday, March 3, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Muscat, Oman Sun 9 Sutra 326
	Dhanus Rasi: 1.4 Tithi 24 – 25 984311367	Gulika 9:22AM – 10:50AM Yama 6:26AM – 7:54AM Rahu 1:47PM – 3:15PM	Mula* Until 3:49AM Fri Siddhi Until 4:14AM Fri Vanija Until 4:42AM Fri Navami* Until 4:36PM
Creative Work Siddha Yoga Until 3:49AM Fri Then Routine Work - Prabalarishta Yoga		Ganesha: Purple <i>Sunrise:</i> 6:26AM Muruga: Green <i>Sunset:</i> 6:11PM Nataraja: White Moon – Light Blue Magha-Masi	Manmatha 5117 Moon 2 - Phase 44 2nd Phase Bhuloka Day
2	Friday, March 4, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Vistri/Bava Karana Dashami/Ekadashyam Titau	Muscat, Oman Sun 10 Sutra 327
	Dhanus Rasi: 14.3 Tithi 25 – 26 984411367	Gulika 7:53AM – 9:21AM Yama 3:15PM – 4:43PM Rahu 10:50AM – 12:18PM	Purvashadha* Until 4:02AM Sat Vyatipata* Until 2:46AM Sat Bava Until 4:16AM Sat Dashami Until 4:34PM
Routine Work Prabalarishta Yoga Until 4:02AM Sat Then Routine Work - Marana Yoga		Ganesha: Light Blue <i>Sunrise:</i> 6:25AM Muruga: Green <i>Sunset:</i> 6:12PM Nataraja: White Moon – Light Blue Magha-Masi	Manmatha 5117 Moon 2 - Phase 44 2nd Phase Bhuloka Day
3	Saturday, March 5, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Muscat, Oman Sun 11 Sutra 328
	Dhanus Rasi: 27.46 Tithi 26 – 27 184411367	Gulika 6:24AM – 7:52AM Yama 1:47PM – 3:15PM Rahu 9:21AM – 10:49AM	Uttarashadha Until 3:19AM Sun Variyan Until 12:38AM Sun Kaulava Until 3:02AM Sun Ekadashi* Until 3:43PM
Routine Work Marana Yoga Until 3:19AM Sun Then Creative Work - Amrita Yoga		Ganesha: White <i>Sunrise:</i> 6:24AM Muruga: Green <i>Sunset:</i> 6:12PM Nataraja: White Moon – Light Blue Magha-Masi	Manmatha 5117 Moon 2 - Phase 44 2nd Phase Bhuloka Day
4	Sunday, March 6, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau	Muscat, Oman Sun 12 Sutra 329
	Makara Rasi: 11.27 Tithi 27 – 28 194411367	Gulika 3:15PM – 4:44PM Yama 12:18PM – 1:46PM Rahu 4:44PM – 6:13PM	Shravana Until 2:12AM Mon Parigha* Until 9:57PM Gara Until 1:05AM Mon Dvadashi* Until 2:07PM <i>Pradosha Vrata (Fasting)</i>
Creative Work Amrita Yoga Until 2:12AM Mon Then Creative Work - Siddha Yoga		Ganesha: Clear <i>Sunrise:</i> 6:23AM Muruga: Green <i>Sunset:</i> 6:13PM Nataraja: White Moon – Purple Magha-Masi	Manmatha 5117 Moon 2 - Phase 44 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
5	Monday, March 7, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Muscat, Oman Sun 13 Sutra 330
	Makara Rasi: 25.35 Tithi 28 – 29 194421367	Gulika 1:46PM – 3:15PM Yama 10:49AM – 12:17PM Rahu 7:51AM – 9:20AM	Dhanishtha Until 12:21AM Tue Shiva Until 6:47PM Visti Until 10:32PM Trayodashi* Until 11:51AM
Family Home Evening Creative Work Siddha Yoga Until 12:21AM Tue Then Routine Work - Marana Yoga		Mahasivaratri (Lunar) Ganesha: Clear <i>Sunrise:</i> 6:22AM Muruga: White <i>Sunset:</i> 6:13PM Nataraja: White Moon – Purple Magha-Masi	Manmatha 5117 Moon 2 - Phase 44 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Retreat Star	Tuesday, March 8, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak Nakshatra Siddha/Sadhya Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Muscat, Oman Sun 14 Sutra 331
	Kumbha Rasi: 10.06 Tithi 29 – 30 194421367	Gulika 12:17PM – 1:46PM Yama 9:19AM – 10:48AM Rahu 3:15PM – 4:44PM	Shalabhishak Until 9:55PM Siddha Until 3:11PM Catuspada Until 7:32PM Chaturdashi* Until 9:04AM
Routine Work Marana Yoga		Ganesha: Clear <i>Sunrise:</i> 6:21AM Muruga: White <i>Sunset:</i> 6:13PM Nataraja: White Moon – Purple Magha-Masi	Manmatha 5117 Moon 2 - Phase 44 Amavasya Bhuloka Day Devaloka Time: 6:AM to 9:AM
Retreat Star	Wednesday, March 9, 2016	Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtpada* Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau	Muscat, Oman Sun 15 Sutra 332
	Kumbha Rasi: 24.55 Tithi 1 114421367	Gulika 10:48AM – 12:17PM Yama 7:49AM – 9:19AM Rahu 12:17PM – 1:46PM	Purvaproshtpada* Until 7:29PM Sadhya Until 11:21AM Kintughna Until 4:14PM Prathama* Until 2:30AM Thu
Creative Work Amrita Yoga Until 7:29PM Then Creative Work - Siddha Yoga		Total Solar Eclipse Ganesha: Purple <i>Sunrise:</i> 6:20AM Muruga: White <i>Sunset:</i> 6:14PM Nataraja: White Moon – Clear Phalgun-Masi	Manmatha 5117 Moon 2 - Phase 44 Prathama Bhuloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time

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1	Thursday, March 10, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Muscat, Oman Sun 16 Sutra 333	
	Meena Rasi: 9.53	Tithi 2 114421367	Gulika 9:18AM – 10:47AM Yama 6:19AM – 7:49AM Rahu 1:46PM – 3:15PM	Uttaraproshtapada Until 4:48PM Subha Until 7:22AM Balava Until 12:47PM Dvitiya Until 11:02PM	Ganesha: Purple <i>Sunrise:</i> 6:19AM Muruḡa: White <i>Sunset:</i> 6:14PM Nataraja: White Moon – Clear Phalgunā-Masi	<i>Sunrise:</i> 6:19AM <i>Sunset:</i> 6:14PM	Manmatha 5117 Moon 2 - Phase 45 3rd Phase Bhuloka Day	
2	Friday, March 11, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				Muscat, Oman Sun 17 Sutra 334	
	Meena Rasi: 24.54	Tithi 3 114421367	Gulika 7:48AM – 9:17AM Yama 3:16PM – 4:45PM Rahu 10:47AM – 12:16PM	Revati Until 2:01PM Brahma Until 11:25PM Taitila Until 9:21AM Tritiya Until 7:40PM	Ganesha: Purple <i>Sunrise:</i> 6:18AM Muruḡa: White <i>Sunset:</i> 6:15PM Nataraja: White Moon – Clear Phalgunā-Masi	<i>Sunrise:</i> 6:18AM <i>Sunset:</i> 6:15PM	Manmatha 5117 Moon 2 - Phase 45 3rd Phase Bhuloka Day	
3	Saturday, March 12, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau				Muscat, Oman Sun 18 Sutra 335	
	Mesha Rasi: 9.49	Tithi 4 – 5 124421367	Gulika 6:17AM – 7:47AM Yama 1:46PM – 3:16PM Rahu 9:17AM – 10:46AM	Ashvini Until 11:42AM Indra Until 7:43PM Vanija Until 6:05AM Chaturthi* Until 4:32PM	Ganesha: Light Blue <i>Sunrise:</i> 6:17AM Muruḡa: White <i>Sunset:</i> 6:15PM Nataraja: White Moon – White Phalgunā-Masi	<i>Sunrise:</i> 6:17AM <i>Sunset:</i> 6:15PM	Manmatha 5117 Moon 2 - Phase 45 3rd Phase Bhuloka Day	
4	Sunday, March 13, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Muscat, Oman Sun 19 Sutra 336	
	Mesha Rasi: 24.29	Tithi 5 – 6 124421367	Gulika 3:16PM – 4:46PM Yama 12:16PM – 1:46PM Rahu 4:46PM – 6:15PM	Bharani Until 9:35AM Vaidhriti* Until 4:19PM Kaulava Until 12:33AM Mon Panchami Until 1:45PM	Ganesha: Light Blue <i>Sunrise:</i> 6:16AM Muruḡa: White <i>Sunset:</i> 6:15PM Nataraja: White Moon – White Phalgunā-Masi	<i>Sunrise:</i> 6:16AM <i>Sunset:</i> 6:15PM	Manmatha 5117 Moon 2 - Phase 45 3rd Phase Bhuloka Day	
5	Monday, March 14, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Muscat, Oman Sun 20 Sutra 337	
	Vrishabha Rasi: 8.52	Tithi 6 – 7 124421367	Gulika 1:46PM – 3:16PM Yama 10:46AM – 12:16PM Rahu 7:45AM – 9:15AM	Krittika Until 7:46AM Vishkambha* Until 1:19PM Gara Until 10:30PM Shashthi* Until 11:26AM	Ganesha: Light Blue <i>Sunrise:</i> 6:15AM Muruḡa: White <i>Sunset:</i> 6:16PM Nataraja: White Moon – White Phalgunā-Panguni	<i>Sunrise:</i> 6:15AM <i>Sunset:</i> 6:16PM	Manmatha 5117 Moon 2 - Phase 45 3rd Phase Bhuloka Day	
	Tuesday, March 15, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Muscat, Oman Sun 21 Sutra 338	
	Retreat Star		Vrishabha Rasi: 22.52	Tithi 7 – 8 135421368	Gulika 12:15PM – 1:46PM Yama 9:15AM – 10:45AM Rahu 3:16PM – 4:46PM	Rohini Until 6:47AM Priti Until 10:47AM Visti Until 9:03PM Saptami Until 9:41AM	Ganesha: Clear <i>Sunrise:</i> 6:14AM Muruḡa: White <i>Sunset:</i> 6:16PM Nataraja: Clear Moon – Yellow Phalgunā-Panguni	<i>Sunrise:</i> 6:14AM <i>Sunset:</i> 6:16PM
	Wednesday, March 16, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Muscat, Oman Sun 22 Sutra 339	
	Retreat Star		Mithuna Rasi: 6.31	Tithi 8 – 9 135421368	Gulika 10:45AM – 12:15PM Yama 7:44AM – 9:14AM Rahu 12:15PM – 1:45PM	Mrigashira Until 6:15AM Ayushman Until 8:42AM Balava Until 8:13PM Ashtami* Until 8:32AM	Ganesha: Clear <i>Sunrise:</i> 6:13AM Muruḡa: White <i>Sunset:</i> 6:17PM Nataraja: Clear Moon – Yellow Phalgunā-Panguni	<i>Sunrise:</i> 6:13AM <i>Sunset:</i> 6:17PM

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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1	Thursday, March 17, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Muscat, Oman Sun 23 Sutra 340
	Mithuna Rasi: 19.48	Tithi 9 – 10	Gulika 9:14AM – 10:44AM	Ardra Until 6:11AM	Ganesha: Clear	<i>Sunrise:</i> 6:12AM	Manmatha 5117
		135421368	Yama 6:12AM – 7:43AM	Saubhagya Until 7:09AM	Muruga: White	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
Routine Work	Marana Yoga		Rahu 1:45PM – 3:16PM	Taitila Until 8:02PM	Nataraja: Clear		4th Phase
Until 6:11AM				Navami* Until 8:02AM	Phalguna-Panguni		Devaloka Day
Then Creative Work - Amrita Yoga							

2	Friday, March 18, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Muscat, Oman Sun 24 Sutra 341
	Kataka Rasi: 2.46	Tithi 10 – 11	Gulika 7:42AM – 9:13AM	Punarvasu Until 7:02AM	Ganesha: White	<i>Sunrise:</i> 6:11AM	Manmatha 5117
		145421368	Yama 3:16PM – 4:47PM	Sobhana Until 6:06AM	Muruga: White	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga		Rahu 10:44AM – 12:14PM	Vanija Until 8:26PM	Nataraja: Clear		4th Phase
Until 7:02AM				Dashami Until 8:08AM	Phalguna-Panguni		Bhuloka Day
Then Routine Work - Marana Yoga							Devaloka Time: 6:PM to 9:PM

3	Saturday, March 19, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Muscat, Oman Sun 25 Sutra 342
	Kataka Rasi: 15.28	Tithi 11 – 12	Gulika 6:11AM – 7:41AM	Pushya Until 8:17AM	Ganesha: White	<i>Sunrise:</i> 6:11AM	Manmatha 5117
		145421368	Yama 1:45PM – 3:16PM	Sukarma Until 5:16AM Sun	Muruga: White	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga		Rahu 9:12AM – 10:43AM	Bava Until 9:23PM	Nataraja: Clear		4th Phase
Until 8:17AM				Ekadashi Until 8:49AM	Phalguna-Panguni		Bhuloka Day
Then Routine Work - Marana Yoga			Yogaswami Mahasamadhi				Devaloka Time: 6:PM to 9:PM

4	Sunday, March 20, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Muscat, Oman Sun 26 Sutra 343
	Kataka Rasi: 27.55	Tithi 12 – 13	Gulika 3:16PM – 4:47PM	Ashlesha* Until 9:53AM	Ganesha: White	<i>Sunrise:</i> 6:10AM	Manmatha 5117
		145421368	Yama 12:14PM – 1:45PM	Dhriti Until 5:26AM Mon	Muruga: White	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga		Rahu 4:47PM – 6:18PM	Kaulava Until 10:50PM	Nataraja: Clear		4th Phase
Until 9:53AM				Dvadashi Until 10:02AM	Phalguna-Panguni		Bhuloka Day
Then Routine Work - Marana Yoga				<i>Pradosha Vrata</i>			Devaloka Time: 6:PM to 9:PM

5	Monday, March 21, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Muscat, Oman Sun 27 Sutra 344
	Simha Rasi: 10.1	Tithi 13 – 14	Gulika 1:45PM – 3:16PM	Magha* Until 12:15PM	Ganesha: Yellow	<i>Sunrise:</i> 6:09AM	Manmatha 5117
Family Home Evening		155421368	Yama 10:42AM – 12:14PM	Shula* Until 5:52AM Tue	Muruga: White	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 46
Routine Work	Marana Yoga		Rahu 7:40AM – 9:11AM	Gara Until 12:41AM Tue	Nataraja: Clear		4th Phase
Until 12:15PM				Trayodashi Until 11:41AM	Phalguna-Panguni		Devaloka Day
Then Creative Work - Siddha Yoga							

	Tuesday, March 22, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Muscat, Oman Sutra 345
	Copper Retreat Star		Gulika 12:13PM – 1:45PM	Purvaphalguni Until 2:48PM	Ganesha: Yellow	<i>Sunrise:</i> 6:08AM	Manmatha 5117
Simha Rasi: 22.15	Tithi 14 – 15	155421368	Yama 9:10AM – 10:42AM	Ganda* Until 6:33AM Wed	Muruga: White	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 46
Creative Work	Siddha Yoga		Rahu 3:16PM – 4:48PM	Visti Until 2:52AM Wed	Nataraja: Clear		Purnima
Until 2:48PM				Chaturdashi* Until 1:43PM	Phalguna-Panguni		Devaloka Day
Then Creative Work - Amrita Yoga			Panguni Uttiram				

○	Wednesday, March 23, 2016		Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Muscat, Oman Sutra 346
	Silver Retreat Star		Gulika 10:41AM – 12:13PM	Uttaraphalguni Until 5:27PM	Ganesha: Yellow	<i>Sunrise:</i> 6:07AM	Manmatha 5117
Kanya Rasi: 4.14	Tithi 15 – 16	155421368	Yama 7:38AM – 9:10AM	Ganda* Until 6:33AM	Muruga: White	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 46
Creative Work	Amrita Yoga		Rahu 12:13PM – 1:45PM	Balava Until 5:18AM Thu	Nataraja: Clear		Prathama
Until 5:27PM				Purnima* Until 4:02PM	Phalguna-Panguni		Devaloka Day
Then Routine Work - Marana Yoga			Penumbral Lunar Eclipse				

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda



Thursday, March 24, 2016
Gold Retreat Star

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Hasla Nakshatra Vridhhi/Dhruva Yoga Kaulava Karana Prathamayam Titau

Muscat, Oman
Sutra 347

Kanya Rasi: 16.07 Tilthi 16
166421368
Routine Work Marana Yoga
Until 8:37PM
Then Creative Work - Siddha Yoga

Gulika 9:09AM – 10:41AM
Yama 6:06AM – 7:37AM
Rahu 1:44PM – 3:16PM

Hasta Until 8:37PM
Vridhhi Until 7:25AM
Kaulava Until 6:32PM
Prathama* Until 6:32PM

Ganesha: Yellow *Sunrise:* 6:06AM
Muruqa: White *Sunset:* 6:20PM
Nataraja: Clear
Moon – Green
Phalguna-Panguni

Devaloka Day

Manmatha 5117
Moon 3 - Phase 47
1st Phase

1

Friday, March 25, 2016

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Muscat, Oman
Sun 1 Sutra 348

Kanya Rasi: 27.57 Tilthi 17
166421368
Creative Work Siddha Yoga

Gulika 7:37AM – 9:08AM
Yama 3:16PM – 4:48PM
Rahu 10:40AM – 12:12PM

Chitra Until 11:40PM
Dhruva Until 8:21AM
Taitila Until 7:51AM
Dvitiya Until 9:07PM

Ganesha: Yellow *Sunrise:* 6:05AM
Muruqa: White *Sunset:* 6:20PM
Nataraja: Clear
Moon – Green
Phalguna-Panguni

Devaloka Day

Manmatha 5117
Moon 3 - Phase 47
1st Phase

2

Saturday, March 26, 2016

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau

Muscat, Oman
Sun 2 Sutra 349

Tula Rasi: 9.46 Tilthi 18
166421368
Creative Work Siddha Yoga
Until 2:31AM Sun
Then Routine Work - Marana Yoga

Gulika 6:04AM – 7:36AM
Yama 1:44PM – 3:16PM
Rahu 9:08AM – 10:40AM

Svati Until 2:31AM Sun
Vyaghata* Until 9:19AM
Vanija Until 10:26AM
Tritiya Until 11:40PM

Ganesha: Yellow *Sunrise:* 6:04AM
Muruqa: White *Sunset:* 6:20PM
Nataraja: Clear
Moon – Green
Phalguna-Panguni

Devaloka Day

Manmatha 5117
Moon 3 - Phase 47
1st Phase

3

Sunday, March 27, 2016

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Chaturthyam Titau

Muscat, Oman
Sun 3 Sutra 350

Tula Rasi: 21.37 Tilthi 19
176421368
Routine Work Marana Yoga
Until 5:34AM Mon
Then Creative Work - Siddha Yoga

Gulika 3:16PM – 4:49PM
Yama 12:12PM – 1:44PM
Rahu 4:49PM – 6:21PM

Vishakha Until 5:34AM Mon
Harshana Until 10:15AM
Bava Until 12:55PM
Chaturthi* Until 2:04AM Mon

Ganesha: Blue *Sunrise:* 6:03AM
Muruqa: White *Sunset:* 6:21PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Sivaloka Day

Manmatha 5117
Moon 3 - Phase 47
1st Phase

4

Monday, March 28, 2016

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Muscat, Oman
Sun 4 Sutra 351

Vrischika Rasi: 3.32 Tilthi 20
176421368
Family Home Evening
Creative Work Siddha Yoga
Until 8:09AM Tue
Then Routine Work - Marana Yoga

Gulika 1:44PM – 3:16PM
Yama 10:39AM – 12:11PM
Rahu 7:34AM – 9:07AM

Anuradha Until 8:09AM Tue
Vajra* Until 10:59AM
Kaulava Until 3:12PM
Panchami Until 4:11AM Tue

Ganesha: Blue *Sunrise:* 6:02AM
Muruqa: White *Sunset:* 6:21PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Sivaloka Day

Manmatha 5117
Moon 3 - Phase 47
1st Phase

5

Tuesday, March 29, 2016

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Muscat, Oman
Sun 5 Sutra 352

Vrischika Rasi: 15.34 Tilthi 21
176521368
Creative Work Siddha Yoga
Until 8:09AM
Then Routine Work - Marana Yoga

Gulika 12:11PM – 1:44PM
Yama 9:06AM – 10:39AM
Rahu 3:16PM – 4:49PM

Anuradha Until 8:09AM
Siddhi Until 11:30AM
Gara Until 5:07PM
Shashthi* Until 5:53AM Wed

Ganesha: Red *Sunrise:* 6:01AM
Muruqa: White *Sunset:* 6:22PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Devaloka Day

Manmatha 5117
Moon 3 - Phase 47
1st Phase

6

Wednesday, March 30, 2016

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata*/Variyan Yoga Visti* Karana Saptamyam Titau

Muscat, Oman
Sun 6 Sutra 353

Vrischika Rasi: 27.46 Tilthi 22
176521368
Creative Work Siddha Yoga
Until 10:09AM
Then Routine Work - Marana Yoga

Gulika 10:38AM – 12:11PM
Yama 7:32AM – 9:05AM
Rahu 12:11PM – 1:44PM

Jyeshtha* Until 10:09AM
Vyatipata* Until 11:41AM
Visti Until 6:33PM
Saptami Until 7:01AM Thu

Ganesha: Red *Sunrise:* 6:00AM
Muruqa: White *Sunset:* 6:22PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Devaloka Day

Manmatha 5117
Moon 3 - Phase 47
1st Phase

D

Thursday, March 31, 2016
Retreat Star

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Muscat, Oman
Sun 7 Sutra 354

Dhanus Rasi: 10.13 Tilthi 22 – 23
186521368
Creative Work Siddha Yoga

Gulika 9:05AM – 10:38AM
Yama 5:59AM – 7:32AM
Rahu 1:43PM – 3:16PM

Mula* Until 11:54AM
Variyan Until 11:23AM
Balava Until 7:21PM
Saptami Until 7:01AM

Ganesha: Green *Sunrise:* 5:59AM
Muruqa: White *Sunset:* 6:22PM
Nataraja: Clear
Moon – Light Blue
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Manmatha 5117
Moon 3 - Phase 47
Ashtami

Friday, April 1, 2016

Retreat Star

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Muscat, Oman
Sun 8 Sutra 355

Dhanus Rasi: 22.58 Tilthi 23 – 24
187521368
Routine Work Prabalarishta Yoga
Until 12:49PM
Then Routine Work - Marana Yoga

Gulika 7:32AM – 9:05AM
Yama 3:16PM – 4:49PM
Rahu 10:38AM – 12:11PM

Purvashadha* Until 12:49PM
Parigha* Until 10:34AM
Taitila Until 7:25PM
Ashtami* Until 7:28AM

Ganesha: Red *Sunrise:* 5:59AM
Muruqa: White *Sunset:* 6:22PM
Nataraja: Clear
Moon – Light Blue
Phalguna-Panguni

Devaloka Day

Manmatha 5117
Moon 3 - Phase 47
Navami

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1	Saturday, April 2, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Muscat, Oman Sun 9 Sutra 356
	Makara Rasi: 6.05	Tithi 24 – 25	187521368	Gulika 5:58AM – 7:31AM Yama 1:43PM – 3:16PM Rahu 9:04AM – 10:37AM	Uttarashadha Until 12:49PM Shiva Until 9:08AM Vanija Until 6:42PM Navami* Until 7:08AM	Ganesha: Red <i>Sunrise:</i> 5:58AM Muruqa: White <i>Sunset:</i> 6:23PM Nataraja: Clear Moon – Light Blue Phalguna-Panguni	Manmatha 5117 Moon 3 - Phase 48 2nd Phase Devaloka Day
	Routine Work	Marana Yoga					
	Until 12:49PM						
	Then Creative Work - Siddha Yoga						
2	Sunday, April 3, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Visti/Balava Karana Dashami/Ekodashyam Titau				Muscat, Oman Sun 10 Sutra 357
	Makara Rasi: 19.4	Tithi 25 – 26	197521368	Gulika 3:17PM – 4:50PM Yama 12:10PM – 1:43PM Rahu 4:50PM – 6:23PM	Shravana Until 12:21PM Siddha Until 7:04AM Balava Until 4:09AM Mon Dashami Until 6:01AM	Ganesha: Green <i>Sunrise:</i> 5:57AM Muruqa: White <i>Sunset:</i> 6:23PM Nataraja: Clear Moon – Purple Phalguna-Panguni	Manmatha 5117 Moon 3 - Phase 48 2nd Phase Sivaloka Day
	Creative Work	Amrita Yoga					
	Until 12:21PM						
	Then Routine Work - Marana Yoga						
3	Monday, April 4, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Muscat, Oman Sun 11 Sutra 358
	Kumbha Rasi: 3.41	Tithi 27	197521368	Gulika 1:43PM – 3:17PM Yama 10:36AM – 12:10PM Rahu 7:29AM – 9:03AM	Dhanishtha Until 11:00AM Subha Until 1:12AM Tue Kaulava Until 2:58PM Dvadashi* Until 1:36AM Tue	Ganesha: Green <i>Sunrise:</i> 5:56AM Muruqa: White <i>Sunset:</i> 6:23PM Nataraja: Clear Moon – Purple Phalguna-Panguni	Manmatha 5117 Moon 3 - Phase 48 2nd Phase Sivaloka Day
	Family Home Evening	Siddha Yoga					
	Creative Work						
4	Tuesday, April 5, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvproshthapada* Nakshatra Sukla Yoga Gara/Vanija Karana Trayodashyam Titau				Muscat, Oman Sun 12 Sutra 359
	Kumbha Rasi: 18.08	Tithi 28	197521368	Gulika 12:09PM – 1:43PM Yama 9:02AM – 10:36AM Rahu 3:17PM – 4:50PM	Shatabhishak Until 8:53AM Sukla Until 9:32PM Gara Until 12:08PM Trayodashi* Until 10:31PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Green <i>Sunrise:</i> 5:55AM Muruqa: White <i>Sunset:</i> 6:24PM Nataraja: Clear Moon – Purple Phalguna-Panguni	Manmatha 5117 Moon 3 - Phase 48 2nd Phase Sivaloka Day
	Routine Work	Marana Yoga					
5	Wednesday, April 6, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvproshthapada*Uttarproshthapada Nakshatra Brahma/Indra Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Muscat, Oman Sun 13 Sutra 360
	Meena Rasi: 2.58	Tithi 29	117521368	Gulika 10:35AM – 12:09PM Yama 7:28AM – 9:02AM Rahu 12:09PM – 1:43PM	Purvproshthapada* Until 6:33AM Brahma Until 5:33PM Visti Until 8:50AM Chaturdashi* Until 7:03PM	Ganesha: Orange <i>Sunrise:</i> 5:54AM Muruqa: White <i>Sunset:</i> 6:24PM Nataraja: Clear Moon – Clear Phalguna-Panguni	Manmatha 5117 Moon 3 - Phase 48 2nd Phase Devaloka Day
	Creative Work	Amrita Yoga					
	Until 6:33AM						
	Then Creative Work - Siddha Yoga						
●	Thursday, April 7, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Muscat, Oman Sun 14 Sutra 361
	Retreat Star			Gulika 9:01AM – 10:35AM Yama 5:53AM – 7:27AM Rahu 1:43PM – 3:17PM	Revati Until 12:40AM Fri Indra Until 1:23PM Kintughna Until 1:28AM Fri Amavasya* Until 3:20PM	Ganesha: Green <i>Sunrise:</i> 5:53AM Muruqa: White <i>Sunset:</i> 6:25PM Nataraja: Clear Moon – Clear Phalguna-Panguni	Manmatha 5117 Moon 3 - Phase 48 Amavasya Bhuloka Day Devaloka Time: 6:PM to 9:PM
	Meena Rasi: 18.04	Tithi 30 – 1	118521368				
	Creative Work	Siddha Yoga					
	Until 12:40AM Fri						
	Then Creative Work - Amrita Yoga						
●	Friday, April 8, 2016		Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Muscat, Oman Sun 15 Sutra 362
	Retreat Star			Gulika 7:26AM – 9:00AM Yama 3:17PM – 4:51PM Rahu 10:34AM – 12:09PM	Ashvini Until 9:50PM Vaidhriti* Until 9:06AM Balava Until 9:43PM Prathama* Until 11:34AM	Ganesha: White <i>Sunrise:</i> 5:52AM Muruqa: White <i>Sunset:</i> 6:25PM Nataraja: Clear Moon – White Chaitra-Panguni	Manmatha 5117 Moon 3 - Phase 48 Prathama Bhuloka Day Devaloka Time: 6:PM to 9:PM
	Mesha Rasi: 3.17	Tithi 1 – 2	128521368				
	Creative Work	Amrita Yoga					
	Until 9:50PM						
	Then Creative Work - Siddha Yoga						

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Saturday, April 9, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Priti Yoga Kaulava/Taitila Karana Dvitya/Tritiyam Titau	Muscat, Oman Sun 16 Sutra 363
	Mesha Rasi: 18.28 Tithi 2 - 3 128521368	Gulika 5:51AM - 7:25AM Yama 1:43PM - 3:17PM Rahu 9:00AM - 10:34AM	Bharani Until 7:04PM Priti Until 12:56AM Sun Taitila Until 6:08PM Dvitya Until 7:53AM

Ganesha: White <i>Sunrise:</i> 5:51AM	Manmatha 5117
Muruqa: White <i>Sunset:</i> 6:25PM	Moon 3 - Phase 49
Nataraja: Clear	3rd Phase
Moon - White	
Chaitra+Panguni	Bhuloka Day Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga
Until 7:04PM
Then Creative Work - Amrita Yoga

2	Sunday, April 10, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthiyam Titau	Muscat, Oman Sun 17 Sutra 364
	Virshabha Rasi: 3.27 Tithi 4 128521368	Gulika 3:17PM - 4:51PM Yama 12:08PM - 1:42PM Rahu 4:51PM - 6:26PM	Krittika Until 4:30PM Ayushman Until 9:15PM Vanija Until 2:54PM Chaturthi* Until 1:26AM Mon

Ganesha: White <i>Sunrise:</i> 5:50AM	Manmatha 5117
Muruqa: White <i>Sunset:</i> 6:26PM	Moon 3 - Phase 49
Nataraja: Clear	3rd Phase
Moon - White	
Chaitra+Panguni	Bhuloka Day Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

3	Monday, April 11, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau	Muscat, Oman Sun 18
	Virshabha Rasi: 18.06 Tithi 5 Family Home Evening 138521368	Gulika 1:42PM - 3:17PM Yama 10:33AM - 12:08PM Rahu 7:24AM - 8:58AM	Rohini Until 2:42PM Saubhagya Until 6:00PM Bava Until 12:09PM Panchami Until 10:59PM

Ganesha: Clear <i>Sunrise:</i> 5:49AM	Manmatha 5117
Muruqa: White <i>Sunset:</i> 6:26PM	Moon 3 - Phase 49
Nataraja: Clear	3rd Phase
Moon - Yellow	
Chaitra+Panguni	Devaloka Day

Creative Work Amrita Yoga

4	Tuesday, April 12, 2016	Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau	Muscat, Oman Sun 19
	Mithuna Rasi: 2.21 Tithi 6 138521368	Gulika 12:07PM - 1:42PM Yama 8:58AM - 10:33AM Rahu 3:17PM - 4:52PM	Mrigashira Until 1:24PM Sobhana Until 3:19PM Kaulava Until 10:01AM Shashthi* Until 9:12PM

Ganesha: Clear <i>Sunrise:</i> 5:48AM	Manmatha 5117
Muruqa: White <i>Sunset:</i> 6:27PM	Moon 3 - Phase 49
Nataraja: Clear	3rd Phase
Moon - Yellow	
Chaitra+Panguni	Devaloka Day

Creative Work Siddha Yoga
Until 1:24PM
Then Routine Work - Marana Yoga

5	Wednesday, April 13, 2016	Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Saptamyam Titau	Muscat, Oman Sun 20
	Mithuna Rasi: 16.08 Tithi 7 138521368	Gulika 10:32AM - 12:07PM Yama 7:22AM - 8:57AM Rahu 12:07PM - 1:42PM	Ardra Until 12:41PM Athiganda* Until 1:12PM Gara Until 8:37AM Saptami Until 8:11PM

Ganesha: Clear <i>Sunrise:</i> 5:47AM	Durmukha 5118
Muruqa: White <i>Sunset:</i> 6:27PM	Moon 3 - Phase 49
Nataraja: Clear	3rd Phase
Moon - Yellow	
Chaitra+Chaitra	Devaloka Day

Creative Work Siddha Yoga
Tamil New Year

D	Thursday, April 14, 2016	Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau	Muscat, Oman Sun 21
	Retreat Star Mithuna Rasi: 29.29 Tithi 8 249521368	Gulika 8:57AM - 10:32AM Yama 5:47AM - 7:22AM Rahu 1:42PM - 3:17PM	Punarvasu Until 1:03PM Sukarma Until 11:44AM Visti Until 8:00AM Ashtami* Until 7:58PM

Ganesha: White <i>Sunrise:</i> 5:47AM	Durmukha 5118
Muruqa: White <i>Sunset:</i> 6:27PM	Moon 3 - Phase 49
Nataraja: Clear	Ashtami
Moon - Blue	
Chaitra+Chaitra	Sivaloka Day

Creative Work Amrita Yoga

D	Friday, April 15, 2016	Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Navamyam Titau	Muscat, Oman Sun 22
	Retreat Star Kataka Rasi: 12.24 Tithi 9 249521368	Gulika 7:21AM - 8:56AM Yama 3:17PM - 4:52PM Rahu 10:31AM - 12:07PM	Pushya Until 2:03PM Dhriti Until 10:54AM Balava Until 8:10AM Navami* Until 8:31PM



Ganesha: White <i>Sunrise:</i> 5:46AM	Durmukha 5118
Muruqa: White <i>Sunset:</i> 6:28PM	Moon 3 - Phase 49
Nataraja: Clear	Navami
Moon - Blue	
Chaitra+Chaitra	Sivaloka Day

Routine Work Marana Yoga
Sri Rama Navami

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time

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1	Saturday, April 16, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mantā Vasara Yuktayam Ashlesha* Magha* Nakshatra Shula* Ganda* Yoga Taitila/Gara Karana Dashamyam Titau				Muscat, Oman Sun 23	
	Kataka Rasi: 24.58	Tithi 10	Gulika 5:45AM – 7:20AM Yama 1:42PM – 3:17PM Rahu 8:56AM – 10:31AM	Ashlesha* Until 3:34PM Shula* Until 10:37AM Taitila Until 9:06AM Dashami Until 9:47PM	Ganesha: White Muruḡa: White Nataraja: Clear Moon – Blue Chaitra*Chaitra	Sunrise: 5:45AM Sunset: 6:28PM	Durmukha 5118 Moon 3 - Phase 1 4th Phase Sivaloka Day	
Routine Work Marana Yoga Until 3:34PM Then Creative Work - Amrita Yoga								
2	Sunday, April 17, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Ganda* Vriddhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Muscat, Oman Sun 24	
	Simha Rasi: 7.16	Tithi 11	Gulika 3:17PM – 4:53PM Yama 12:06PM – 1:42PM Rahu 4:53PM – 6:29PM	Magha* Until 6:00PM Ganda* Until 10:50AM Vanija Until 10:39AM Ekadashi Until 11:36PM	Ganesha: Clear Muruḡa: White Nataraja: Clear Moon – Red Chaitra*Chaitra	Sunrise: 5:44AM Sunset: 6:29PM	Durmukha 5118 Moon 3 - Phase 1 4th Phase Devaloka Day	
Routine Work Marana Yoga Until 6:00PM Then Creative Work - Siddha Yoga								
3	Monday, April 18, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau				Muscat, Oman Sun 25 Sutra 1	
	Simha Rasi: 19.2	Tithi 12	Gulika 1:42PM – 3:17PM Yama 10:30AM – 12:06PM Rahu 7:19AM – 8:55AM	Purvaphalguni Until 8:42PM Vriddhi Until 11:26AM Bava Until 12:42PM Dvadashi Until 1:50AM Tue	Ganesha: Clear Muruḡa: White Nataraja: Clear Moon – Red Chaitra*Chaitra	Sunrise: 5:43AM Sunset: 6:29PM	Durmukha 5118 Moon 3 - Phase 1 4th Phase Devaloka Day	
Family Home Evening Creative Work Siddha Yoga								
4	Tuesday, April 19, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Muscat, Oman Sun 26 Sutra 2	
	Kanya Rasi: 1.16	Tithi 13	Gulika 12:06PM – 1:42PM Yama 8:54AM – 10:30AM Rahu 3:18PM – 4:53PM	Uttaraphalguni Until 11:30PM Dhruva Until 12:15PM Kaulava Until 3:04PM Trayodashi Until 4:19AM Wed <i>Pradosha Vrata</i>	Ganesha: Clear Muruḡa: White Nataraja: Clear Moon – Red Chaitra*Chaitra	Sunrise: 5:42AM Sunset: 6:29PM	Durmukha 5118 Moon 3 - Phase 1 4th Phase Devaloka Day	
Creative Work Amrita Yoga Until 11:30PM Then Creative Work - Siddha Yoga								
5	Wednesday, April 20, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Muscat, Oman Sun 27 Sutra 3	
	Kanya Rasi: 13.07	Tithi 14	Gulika 10:30AM – 12:06PM Yama 7:17AM – 8:53AM Rahu 12:06PM – 1:42PM	Hasta Until 2:45AM Thu Vyaghata* Until 1:14PM Gara Until 5:37PM Chaturdashi* Until 6:53AM Thu	Ganesha: Purple Muruḡa: White Nataraja: Clear Moon – Green Chaitra*Chaitra	Sunrise: 5:41AM Sunset: 6:30PM	Durmukha 5118 Moon 3 - Phase 1 4th Phase Sivaloka Day	
Routine Work Marana Yoga Until 2:45AM Thu Then Creative Work - Siddha Yoga								
	Thursday, April 21, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Muscat, Oman Sun 28 Sutra 4	
	Copper Retreat Star		Kanya Rasi: 24.55	Tithi 14 – 15	Gulika 8:53AM – 10:29AM Yama 5:41AM – 7:17AM Rahu 1:42PM – 3:18PM	Chitra Until 5:50AM Fri Harshana Until 2:17PM Visti Until 8:12PM Chaturdashi* Until 6:53AM	Ganesha: Purple Muruḡa: White Nataraja: Clear Moon – Green Chaitra*Chaitra	Sunrise: 5:41AM Sunset: 6:30PM
Creative Work Siddha Yoga		Chitra Purnima (Tamil Nadu) Hanuman Jayanti						
	Friday, April 22, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Muscat, Oman Sun 29 Sutra 5	
	Silver Retreat Star		Tula Rasi: 6.44	Tithi 15 – 16	Gulika 7:16AM – 8:52AM Yama 3:18PM – 4:54PM Rahu 10:29AM – 12:05PM	Svati Until 8:38AM Sat Vajra* Until 3:15PM Balava Until 10:42PM Purnima* Until 9:26AM	Ganesha: Purple Muruḡa: White Nataraja: Clear Moon – Green Chaitra*Chaitra	Sunrise: 5:40AM Sunset: 6:31PM
Creative Work Siddha Yoga								

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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