



Tuesday, May 5, 2015
Gold Retreat Star

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Variyan Yoga Tailila/Gara Karana Dvitiyayam Titau

Malmö, Sweden
Sutra 23

Virschika Rasi: 3 Tilthi 17
279979269
Routine Work Marana Yoga
Until 7:22AM
Then Creative Work - Siddha Yoga

Gulika 12:05PM – 2:02PM
Yama 8:12AM – 10:09AM
Rahu 3:58PM – 5:55PM

Vishakha Until 7:22AM
Variyan Until 6:16PM
Gara Until 5:38PM
Dvitiya Until 5:39AM Wed

Ganesha: Blue *Sunrise:* 4:19AM
Muruga: White *Sunset:* 7:52PM
Nataraja: Clear
Moon – Orange
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Devaloka Day

1

Wednesday, May 6, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trityayam Titau

Malmö, Sweden
Sutra 24

Virschika Rasi: 15.28 Tilthi 18
271979269
Creative Work Siddha Yoga

Gulika 10:08AM – 12:05PM
Yama 6:14AM – 8:11AM
Rahu 12:05PM – 2:02PM

Anuradha Until 8:11AM
Parigha* Until 5:12PM
Vanija Until 5:36PM
Tritya Until 5:23AM Thu

Ganesha: Yellow *Sunrise:* 4:17AM
Muruga: White *Sunset:* 7:54PM
Nataraja: Clear
Moon – Orange
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Sivaloka Day

2

Thursday, May 7, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chaturthyam Titau

Malmö, Sweden
Sutra 25

Virschika Rasi: 28.35 Tilthi 19
271979269
Routine Work Prabalarishta Yoga
Until 8:24AM
Then Creative Work - Siddha Yoga

Gulika 8:10AM – 10:07AM
Yama 4:15AM – 6:12AM
Rahu 2:03PM – 4:00PM

Jyeshtha* Until 8:24AM
Shiva Until 3:47PM
Bava Until 5:07PM
Chaturthi* Until 4:43AM Fri

Ganesha: Yellow *Sunrise:* 4:15AM
Muruga: White *Sunset:* 7:56PM
Nataraja: Clear
Moon – Orange
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Sivaloka Day

3

Friday, May 8, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha/Sadhya Yoga Kaulava/Tailila Karana Panchamyam Titau

Malmö, Sweden
Sutra 26

Dhanus Rasi: 11.54 Tilthi 20
281979269
Creative Work Amrita Yoga
Until 8:32AM
Then Routine Work - Prabalarishta Yoga

Gulika 6:11AM – 8:09AM
Yama 4:01PM – 5:59PM
Rahu 10:07AM – 12:05PM

Mula* Until 8:32AM
Siddha Until 2:03PM
Kaulava Until 4:16PM
Panchami Until 3:41AM Sat

Ganesha: White *Sunrise:* 4:13AM
Muruga: White *Sunset:* 7:57PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Subha Sivaloka Day

4

Saturday, May 9, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Shashthyam Titau

Malmö, Sweden
Sutra 27

Dhanus Rasi: 25.25 Tilthi 21
281179269
Creative Work Siddha Yoga
Until 8:10AM
Then Routine Work - Marana Yoga

Gulika 4:11AM – 6:09AM
Yama 2:04PM – 4:02PM
Rahu 8:08AM – 10:06AM

Purvashadha* Until 8:10AM
Sadhya Until 12:03PM
Gara Until 3:04PM
Shashthi* Until 2:19AM Sun

Ganesha: Yellow *Sunrise:* 4:11AM
Muruga: White *Sunset:* 7:59PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Sivaloka Day

5

Sunday, May 10, 2015

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Saptamyam Titau

Malmö, Sweden
Sutra 28

Makara Rasi: 9.08 Tilthi 22
281179269
Creative Work Amrita Yoga

Gulika 4:03PM – 6:02PM
Yama 12:05PM – 2:04PM
Rahu 6:02PM – 8:01PM

Uttarashadha Until 7:20AM
Subha Until 9:48AM
Visti Until 1:32PM
Saptami Until 12:39AM Mon

Ganesha: Yellow *Sunrise:* 4:09AM
Muruga: White *Sunset:* 8:01PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
1st Phase

Sivaloka Day

Chidambaram Abhishekam
Mother's Day

D

Monday, May 11, 2015
Retreat Star

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Malmö, Sweden
Sutra 29

Makara Rasi: 23.02 Tilthi 23
291179269
Family Home Evening
Creative Work Amrita Yoga
Until 6:29AM
Then Creative Work - Siddha Yoga

Gulika 2:04PM – 4:04PM
Yama 10:05AM – 12:05PM
Rahu 6:06AM – 8:06AM

Shravana Until 6:29AM
Sukla Until 7:17AM
Balava Until 11:43AM
Ashtami* Until 10:41PM

Ganesha: White *Sunrise:* 4:07AM
Muruga: White *Sunset:* 8:03PM
Nataraja: Clear
Moon – Purple
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
Ashtami

Devaloka Day

Tuesday, May 12, 2015
Retreat Star

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Indra Yoga Tailila/Gara Karana Navamyam Titau

Malmö, Sweden
Sutra 30

Kumbha Rasi: 7.07 Tilthi 24
291179269
Routine Work Marana Yoga
Until 3:33AM Wed
Then Creative Work - Amrita Yoga

Gulika 12:05PM – 2:05PM
Yama 8:05AM – 10:05AM
Rahu 4:05PM – 6:05PM

Shatabhishak Until 3:33AM Wed
Indra Until 1:38AM Wed
Tailila Until 9:37AM
Navami* Until 8:28PM

Ganesha: White *Sunrise:* 4:05AM
Muruga: White *Sunset:* 8:05PM
Nataraja: Clear
Moon – Purple
Vaisaka-Chaitra

Manmatha 5117
Moon 4 - Phase 3
Navami

Devaloka Day

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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| 1 | Wednesday, May 13, 2015 | Manmatha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau | Malmö, Sweden Sutra 31 Manmatha 5117 |
| Kumbha Rasi: 21.22 | Tithi 25 | Gulika 10:04AM – 12:05PM Yama 6:03AM – 8:04AM Rahu 12:05PM – 2:05PM | Purvaproshtapada* Until 1:57AM Thu Vaidhriti* Until 10:30PM Vanija Until 7:17AM Dashami Until 6:01PM |
| 211179269 | | Ganesha: Light Blue <i>Sunrise:</i> 4:03AM Muruga: White <i>Sunset:</i> 8:07PM Nataraja: Clear Moon – Clear | Devaloka Day Manmatha 5117 Moon 4 - Phase 4 2nd Phase |
| Creative Work Amrita Yoga | | Vaisaka-Chaitra | |
| Until 1:57AM Thu | | | |
| Then Creative Work - Siddha Yoga | | | |
| 2 | Thursday, May 14, 2015 | Manmatha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | Malmö, Sweden Sutra 32 Manmatha 5117 |
| Meena Rasi: 5.45 | Tithi 26 – 27 | Gulika 8:03AM – 10:04AM Yama 4:01AM – 6:02AM Rahu 2:06PM – 4:07PM | Uttaraproshtapada Until 12:06AM Fri Vishkambha* Until 7:16PM Kaulava Until 2:05AM Fri Ekadashi* Until 3:24PM |
| 211179269 | | Ganesha: Light Blue <i>Sunrise:</i> 4:01AM Muruga: White <i>Sunset:</i> 8:09PM Nataraja: Clear Moon – Clear | Devaloka Day Manmatha 5117 Moon 4 - Phase 4 2nd Phase |
| Creative Work Siddha Yoga | | Vaisaka-Chaitra | |
| Until 10:03PM | | | |
| Then Creative Work - Amrita Yoga | | | |
| 3 | Friday, May 15, 2015 | Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | Malmö, Sweden Sutra 33 Manmatha 5117 |
| Meena Rasi: 20.13 | Tithi 27 – 28 | Gulika 6:01AM – 8:02AM Yama 4:08PM – 6:09PM Rahu 10:03AM – 12:05PM | Revati Until 10:03PM Priti Until 4:00PM Gara Until 11:23PM Dvadashi* Until 12:42PM <i>Pradosha Vrata (Fasting)</i> |
| 211179269 | | Ganesha: Light Blue <i>Sunrise:</i> 3:59AM Muruga: White <i>Sunset:</i> 8:10PM Nataraja: Clear Moon – Clear | Devaloka Day Manmatha 5117 Moon 4 - Phase 4 2nd Phase |
| Creative Work Siddha Yoga | | Vaisaka-Vaikasi | |
| Until 10:03PM | | | |
| Then Creative Work - Amrita Yoga | | | |
| 4 | Saturday, May 16, 2015 | Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | Malmö, Sweden Sutra 34 Manmatha 5117 |
| Mesha Rasi: 4.42 | Tithi 28 – 29 | Gulika 3:57AM – 5:59AM Yama 2:07PM – 4:09PM Rahu 8:01AM – 10:03AM | Ashvini Until 8:20PM Ayushman Until 12:43PM Visti Until 8:45PM Trayodashi* Until 10:02AM |
| 222179269 | | Ganesha: Light Blue <i>Sunrise:</i> 3:57AM Muruga: White <i>Sunset:</i> 8:12PM Nataraja: Clear Moon – White | Devaloka Day Manmatha 5117 Moon 4 - Phase 4 2nd Phase |
| Creative Work Siddha Yoga | | Vaisaka-Vaikasi | |
| Until 6:41PM | | | |
| Then Creative Work - Siddha Yoga | | | |
| ● | Sunday, May 17, 2015 | Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | Malmö, Sweden Sutra 35 Manmatha 5117 |
| Mesha Rasi: 19.06 | Tithi 29 – 30 | Gulika 4:09PM – 6:12PM Yama 12:05PM – 2:07PM Rahu 6:12PM – 8:14PM | Bharani Until 6:41PM Saubhagya Until 9:35AM Catuspada Until 6:19PM Chaturdashi* Until 7:29AM |
| 222179269 | | Ganesha: Light Blue <i>Sunrise:</i> 3:56AM Muruga: White <i>Sunset:</i> 8:14PM Nataraja: Clear Moon – White | Devaloka Day Manmatha 5117 Moon 4 - Phase 4 Amavasya |
| Routine Work Prabalarishta Yoga | | Vaisaka-Vaikasi | |
| Until 6:41PM | | | |
| Then Creative Work - Siddha Yoga | | | |
| Monday, May 18, 2015 | Retreat Star | Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana/Athiganda* Yoga Kintughna*/Bava Karana Prathamayam Titau | Malmö, Sweden Sutra 36 Manmatha 5117 |
| Vrishabha Rasi: 3.2 | Tithi 1 | Gulika 2:08PM – 4:10PM Yama 10:02AM – 12:05PM Rahu 5:57AM – 7:59AM | Krittika Until 5:14PM Sobhana Until 6:41AM Kintughna Until 4:13PM Prathama* Until 3:18AM Tue |
| 222179269 | | Ganesha: Light Blue <i>Sunrise:</i> 3:54AM Muruga: White <i>Sunset:</i> 8:16PM Nataraja: Clear Moon – White | Devaloka Day Manmatha 5117 Moon 4 - Phase 4 Prathama |
| Routine Work Marana Yoga | | Jyeshtha-Vaikasi | |
| Until 5:14PM | | | |
| Then Creative Work - Amrita Yoga | | | |

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time


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| 1 Tuesday, May 19, 2015 Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yukhtayam Rohini/Mrigashira Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau | Malmö, Sweden Sutra 37 Manmatha 5117 Moon 4 - Phase 5 3rd Phase |
| Gulika 12:05PM - 2:08PM Yama 7:59AM - 10:02AM Rahu 4:11PM - 6:14PM | Rohini Until 4:31PM Sukarma Until 1:56AM Wed Balava Until 2:34PM Dvitiya Until 1:56AM Wed |
| Ganesha: Purple Muruga: White Nataraja: Clear Moon - Yellow | Devaloka Day Sunrise: 3:52AM Sunset: 8:17PM Jyeshtha-Vaikasi |
| Wrishabha Rasi: 17.18 Tithi 2 232179269 Creative Work Amrita Yoga Until 4:31PM Then Creative Work - Siddha Yoga | |
| 2 Wednesday, May 20, 2015 Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yukhtayam Mrigashira/Ardra Nakshatra Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau | Malmö, Sweden Sutra 38 Manmatha 5117 Moon 4 - Phase 5 3rd Phase |
| Gulika 10:01AM - 12:05PM Yama 5:54AM - 7:58AM Rahu 12:05PM - 2:08PM | Mrigashira Until 4:15PM Dhriti Until 12:18AM Thu Taitila Until 1:30PM Tritiya Until 1:11AM Thu |
| Ganesha: Purple Muruga: White Nataraja: Clear Moon - Yellow | Devaloka Day Sunrise: 3:51AM Sunset: 8:19PM Jyeshtha-Vaikasi |
| Mithuna Rasi: 0.56 Tithi 3 232179269 Creative Work Siddha Yoga | |
| 3 Thursday, May 21, 2015 Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yukhtayam Ardra/Punarvasu Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau | Malmö, Sweden Sutra 39 Manmatha 5117 Moon 4 - Phase 5 3rd Phase |
| Gulika 7:57AM - 10:01AM Yama 3:49AM - 5:53AM Rahu 2:09PM - 4:13PM | Ardra Until 4:29PM Shula* Until 11:12PM Vanija Until 1:06PM Chaturthi* Until 1:09AM Fri |
| Ganesha: Purple Muruga: White Nataraja: Clear Moon - Yellow | Devaloka Day Sunrise: 3:49AM Sunset: 8:21PM Jyeshtha-Vaikasi |
| Mithuna Rasi: 14.13 Tithi 4 232179269 Routine Work Marana Yoga Until 4:29PM Then Creative Work - Amrita Yoga | |
| 4 Friday, May 22, 2015 Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yukhtayam Punarvasu/Pushya Nakshatra Ganda* Yoga Bava/Balava Karana Panchamyam Titau | Malmö, Sweden Sutra 40 Manmatha 5117 Moon 4 - Phase 5 3rd Phase |
| Gulika 5:52AM - 7:56AM Yama 4:14PM - 6:18PM Rahu 10:01AM - 12:05PM | Punarvasu Until 5:45PM Ganda* Until 10:42PM Bava Until 1:25PM Panchami Until 1:50AM Sat |
| Ganesha: Clear Muruga: White Nataraja: Clear Moon - Blue | Sivaloka Day Sunrise: 3:47AM Sunset: 8:23PM Jyeshtha-Vaikasi |
| Mithuna Rasi: 27.08 Tithi 5 242179269 Creative Work Siddha Yoga Until 5:45PM Then Routine Work - Marana Yoga | |
| 5 Saturday, May 23, 2015 Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yukhtayam Pushya Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthyam Titau | Malmö, Sweden Sutra 41 Manmatha 5117 Moon 4 - Phase 5 3rd Phase |
| Gulika 3:46AM - 5:51AM Yama 2:10PM - 4:15PM Rahu 7:56AM - 10:00AM | Pushya Until 7:33PM Vriddhi Until 10:45PM Kaulava Until 2:28PM Shashthi* Until 3:13AM Sun |
| Ganesha: Clear Muruga: White Nataraja: Clear Moon - Blue | Sivaloka Day Sunrise: 3:46AM Sunset: 8:24PM Jyeshtha-Vaikasi |
| Kataka Rasi: 9.41 Tithi 6 242179269 Creative Work Siddha Yoga Until 7:33PM Then Routine Work - Marana Yoga | |
| 6 Sunday, May 24, 2015 Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Ashlesha* Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau | Malmö, Sweden Sutra 42 Manmatha 5117 Moon 4 - Phase 5 3rd Phase |
| Gulika 4:15PM - 6:21PM Yama 12:05PM - 2:10PM Rahu 6:21PM - 8:26PM | Ashlesha* Until 9:47PM Dhruva Until 11:14PM Gara Until 4:09PM Saptami Until 5:11AM Mon |
| Ganesha: Clear Muruga: White Nataraja: Clear Moon - Blue | Sivaloka Day Sunrise: 3:45AM Sunset: 8:26PM Jyeshtha-Vaikasi |
| Kataka Rasi: 21.58 Tithi 7 242179269 Creative Work Siddha Yoga Until 9:47PM Then Routine Work - Marana Yoga | |
| Retreat Star Monday, May 25, 2015 Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yukhtayam Magha* Nakshatra Vyaghata* Yoga Visti* Karana Ashtamyam Titau | Malmö, Sweden Sutra 43 Manmatha 5117 Moon 4 - Phase 5 Ashtami |
| Gulika 2:11PM - 4:16PM Yama 10:00AM - 12:05PM Rahu 5:49AM - 7:54AM | Magha* Until 12:48AM Tue Vyaghata* Until 12:04AM Tue Visti Until 6:20PM Ashtami* Until 7:32AM Tue |
| Ganesha: White Muruga: White Nataraja: Clear Moon - Red | Devaloka Day Sunrise: 3:43AM Sunset: 8:27PM Jyeshtha-Vaikasi |
| Simha Rasi: 4 Tithi 8 252179269 Family Home Evening Routine Work Marana Yoga Until 12:48AM Tue Then Creative Work - Siddha Yoga | |
| Retreat Star Tuesday, May 26, 2015 Manmatha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yukhtayam Purvaphalguni Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau | Malmö, Sweden Sutra 44 Manmatha 5117 Moon 4 - Phase 5 Navami |
| Gulika 12:05PM - 2:11PM Yama 7:54AM - 9:59AM Rahu 4:17PM - 6:23PM | Purvaphalguni Until 3:51AM Wed Harshana Until 1:07AM Wed Balava Until 8:49PM Ashtami* Until 7:32AM |
| Ganesha: Clear Muruga: White Nataraja: Clear Moon - Red | Sivaloka Day Sunrise: 3:42AM Sunset: 8:29PM Jyeshtha-Vaikasi |
| Simha Rasi: 15.53 Tithi 8 - 9 352179269 Creative Work Siddha Yoga Until 3:51AM Wed Then Creative Work - Amrita Yoga | |

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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| 1 | Wednesday, May 27, 2015 | Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | Malmö, Sweden Sutra 45 Manmatha 5117 |
| Simha Rasi: 27.43 | Tithi 9 – 10 | Gulika 9:59AM – 12:05PM Yama 5:47AM – 7:53AM Rahu 12:05PM – 2:12PM | Uttaraphalguni Until 6:44AM Thu Vajra* Until 2:07AM Thu Taitila Until 11:20PM Navami* Until 10:04AM |
| 352179269 | | Ganesha: Clear Muruga: White Nataraja: Clear Moon – Red | Sunrise: 3:40AM Sunset: 8:30PM Sivaloka Day |
| Creative Work Amrita Yoga Until 6:44AM Thu Then Routine Work - Marana Yoga | | | |
| 2 | Thursday, May 28, 2015 | Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | Malmö, Sweden Sutra 46 Manmatha 5117 |
| Kanya Rasi: 9.32 | Tithi 10 – 11 | Gulika 7:52AM – 9:59AM Yama 3:39AM – 5:46AM Rahu 2:12PM – 4:19PM | Uttaraphalguni Until 6:44AM Siddhi Until 2:59AM Fri Vanija Until 1:39AM Fri Dashami Until 12:30PM |
| 352179269 | | Ganesha: Clear Muruga: White Nataraja: Clear Moon – Red | Sunrise: 3:39AM Sunset: 8:32PM Sivaloka Day |
| Routine Work Marana Yoga | | | |
| 3 | Friday, May 29, 2015 | Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | Malmö, Sweden Sutra 47 Manmatha 5117 |
| Kanya Rasi: 21.29 | Tithi 11 – 12 | Gulika 5:45AM – 7:52AM Yama 4:20PM – 6:26PM Rahu 9:59AM – 12:06PM | Hasta Until 9:41AM Vyatipata* Until 3:32AM Sat Bava Until 3:33AM Sat Ekadashi Until 2:38PM |
| 363179269 | | Ganesha: Clear Muruga: White Nataraja: Clear Moon – Green | Sunrise: 3:38AM Sunset: 8:33PM Sivaloka Day |
| Creative Work Amrita Yoga Until 9:41AM Then Creative Work - Siddha Yoga | | | |
| 4 | Saturday, May 30, 2015 | Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | Malmö, Sweden Sutra 48 Manmatha 5117 |
| Tula Rasi: 3.35 | Tithi 12 – 13 | Gulika 3:37AM – 5:44AM Yama 2:13PM – 4:20PM Rahu 7:51AM – 9:59AM | Chitra Until 12:01PM Variyan Until 3:36AM Sun Kaulava Until 4:52AM Sun Dvadashi Until 4:16PM <i>Pradosha Vrata</i> |
| 363179269 | | Ganesha: Clear Muruga: White Nataraja: Clear Moon – Green | Sunrise: 3:37AM Sunset: 8:35PM Sivaloka Day |
| Routine Work Marana Yoga Until 12:01PM Then Creative Work - Siddha Yoga | | | |
| 5 | Sunday, May 31, 2015 | Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | Malmö, Sweden Sutra 49 Manmatha 5117 |
| Tula Rasi: 15.56 | Tithi 13 – 14 | Gulika 4:21PM – 6:29PM Yama 12:06PM – 2:13PM Rahu 6:29PM – 8:36PM | Svati Until 1:36PM Parigha* Until 3:12AM Mon Gara Until 5:34AM Mon Trayodashi Until 5:17PM |
| 363179269 | | Ganesha: Clear Muruga: White Nataraja: Clear Moon – Green | Sunrise: 3:36AM Sunset: 8:36PM Sivaloka Day |
| Creative Work Siddha Yoga Until 1:36PM Then Routine Work - Marana Yoga | | Vaikasi Visakam | |
| 6 | Monday, June 1, 2015 | Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | Malmö, Sweden Sutra 50 Manmatha 5117 |
| Tula Rasi: 28.34 | Tithi 14 – 15 | Gulika 2:14PM – 4:22PM Yama 9:58AM – 12:06PM Rahu 5:42AM – 7:50AM | Vishakha Until 2:53PM Shiva Until 2:19AM Tue Visti Until 5:37AM Tue Chaturdashi* Until 5:39PM |
| 373179269 | | Ganesha: White Muruga: White Nataraja: Clear Moon – Orange | Sunrise: 3:35AM Sunset: 8:38PM Subha Sivaloka Day |
| Family Home Evening Routine Work Marana Yoga Until 2:53PM Then Creative Work - Siddha Yoga | | | |
|  | Tuesday, June 2, 2015 | Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau | Malmö, Sweden Sutra 51 Manmatha 5117 |
| Vrischika Rasi: 11.31 | Tithi 15 – 16 | Gulika 12:06PM – 2:14PM Yama 7:50AM – 9:58AM Rahu 4:22PM – 6:31PM | Anuradha Until 3:23PM Siddha Until 12:55AM Wed Balava Until 5:04AM Wed Purnima* Until 5:23PM |
| 373279269 | | Ganesha: Yellow Muruga: White Nataraja: Clear Moon – Orange | Sunrise: 3:34AM Sunset: 8:39PM Sivaloka Day |
| Creative Work Siddha Yoga Until 3:23PM Then Routine Work - Marana Yoga | | | |
| Wednesday, June 3, 2015 | Silver Retreat Star | Manmatha Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau | Malmö, Sweden Sutra 52 Manmatha 5117 |
| Vrischika Rasi: 24.45 | Tithi 16 – 17 | Gulika 9:58AM – 12:06PM Yama 5:41AM – 7:49AM Rahu 12:06PM – 2:15PM | Jyeshtha* Until 3:12PM Sadhya Until 11:08PM Taitila Until 4:02AM Thu Prathama* Until 4:35PM |
| 373279269 | | Ganesha: Yellow Muruga: White Nataraja: Clear Moon – Orange | Sunrise: 3:33AM Sunset: 8:40PM Sivaloka Day |
| Creative Work Siddha Yoga Until 3:12PM Then Routine Work - Marana Yoga | | | |

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Thursday, June 4, 2015
Gold Retreat Star

Dhanus Rasi: 8.16 Tithi 17 - 18
383279269
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Subha Yoga Gara/Vanija Karana Dvitiya/Trityayam Tilau

Malmo, Sweden
Sun 1 Sutra 53
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 7:49AM - 9:58AM
Yama 3:32AM - 5:40AM
Rahu 2:15PM - 4:24PM
Mula* Until 2:53PM
Subha Until 9:01PM
Vanija Until 2:37AM Fri
Dvitiya Until 3:21PM

Ganesha: Blue *Sunrise:* 3:32AM
Muruqa: White *Sunset:* 8:41PM
Nataraja: Clear
Moon - Light Blue
Jyeshtha-Vaikasi

Devaloka Day

1

Friday, June 5, 2015

Dhanus Rasi: 22 Tithi 18 - 19
383279261
Routine Work Prabalarishta Yoga
Until 2:04PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla Yoga Visti*/Bava Karana Tritiya/Chaturthayam Tilau

Malmo, Sweden
Sun 2 Sutra 54
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 5:40AM - 7:49AM
Yama 4:25PM - 6:33PM
Rahu 9:58AM - 12:07PM
Purvashadha* Until 2:04PM
Sukla Until 6:38PM
Bava Until 12:55AM Sat
Tritiya Until 1:46PM

Ganesha: Blue *Sunrise:* 3:31AM
Muruqa: White *Sunset:* 8:42PM
Nataraja: Clear
Moon - Light Blue
Jyeshtha-Vaikasi

Devaloka Day

2

Saturday, June 6, 2015

Makara Rasi: 5.54 Tithi 19 - 20
383279261
Routine Work Marana Yoga
Until 12:53PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Tilau

Malmo, Sweden
Sun 3 Sutra 55
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 3:30AM - 5:39AM
Yama 2:16PM - 4:25PM
Rahu 7:48AM - 9:58AM
Uttarashadha Until 12:53PM
Brahma Until 4:05PM
Kaulava Until 11:01PM
Chaturthi* Until 11:58AM

Ganesha: Blue *Sunrise:* 3:30AM
Muruqa: White *Sunset:* 8:44PM
Nataraja: Clear
Moon - Light Blue
Jyeshtha-Vaikasi

Devaloka Day

3

Sunday, June 7, 2015

Makara Rasi: 19.55 Tithi 20 - 21
393279261
Creative Work Amrita Yoga
Until 11:50AM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Panchami/Shashthayam Tilau

Malmo, Sweden
Sun 4 Sutra 56
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 4:26PM - 6:35PM
Yama 12:07PM - 2:16PM
Rahu 6:35PM - 8:45PM
Shravana Until 11:50AM
Indra Until 1:27PM
Gara Until 9:00PM
Panchami Until 10:00AM

Ganesha: Red *Sunrise:* 3:29AM
Muruqa: White *Sunset:* 8:45PM
Nataraja: Clear
Moon - Purple
Jyeshtha-Vaikasi

Sivaloka Day

4

Monday, June 8, 2015

Kumbha Rasi: 3.59 Tithi 21 - 22
393279261
Family Home Evening
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Tilau

Malmo, Sweden
Sun 5 Sutra 57
Manmatha 5117
Moon 5 - Phase 7
1st Phase

Gulika 2:17PM - 4:26PM
Yama 9:58AM - 12:07PM
Rahu 5:38AM - 7:48AM
Dhanishtha Until 10:33AM
Vaidhriti* Until 10:42AM
Visti Until 6:55PM
Shashthi* Until 7:56AM

Ganesha: Red *Sunrise:* 3:29AM
Muruqa: White *Sunset:* 8:46PM
Nataraja: Clear
Moon - Purple
Jyeshtha-Vaikasi

Sivaloka Day

D

Tuesday, June 9, 2015
Retreat Star

Kumbha Rasi: 18.05 Tithi 23
393279261
Routine Work Marana Yoga

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak*/Purvaprossthapada* Nakshatra Vishkambha*/Prili Yoga Balava/Kaulava Karana Ashtamyam Tilau

Malmo, Sweden
Sun 6 Sutra 58
Manmatha 5117
Moon 5 - Phase 7
Ashtami

Gulika 12:07PM - 2:17PM
Yama 7:48AM - 9:58AM
Rahu 4:27PM - 6:37PM
Shatabhishak Until 9:05AM
Vishkambha* Until 7:56AM
Balava Until 4:47PM
Ashtami* Until 3:42AM Wed

Ganesha: Red *Sunrise:* 3:28AM
Muruqa: White *Sunset:* 8:47PM
Nataraja: Clear
Moon - Purple
Jyeshtha-Vaikasi

Sivaloka Day

Wednesday, June 10, 2015
Retreat Star

Meena Rasi: 2.13 Tithi 24
313279261
Creative Work Amrita Yoga
Until 7:52AM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprossthapada*/Uttaraprossthapada Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Tilau

Malmo, Sweden
Sun 7 Sutra 59
Manmatha 5117
Moon 5 - Phase 7
Navami

Gulika 9:58AM - 12:08PM
Yama 5:38AM - 7:48AM
Rahu 12:08PM - 2:17PM
Purvaprossthapada* Until 7:52AM
Ayushman Until 2:22AM Thu
Taitila Until 2:39PM
Navami* Until 1:34AM Thu

Ganesha: Clear *Sunrise:* 3:28AM
Muruqa: White *Sunset:* 8:47PM
Nataraja: Clear
Moon - Clear
Jyeshtha-Vaikasi

Sivaloka Day

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

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|----------|--------------------------------|----------|--|--------------------------------|--|--|---------------------------------|
| 1 | Thursday, June 11, 2015 | | Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Saubhagya Yoga Vanija/Visli* Karana Dashamyam Titau | | | | Malmö, Sweden Sun 8 Sutra 60 |
| | Meena Rasi: 16.21 | Tithi 25 | 313279261 | Gulika 7:47AM – 9:58AM | Uttaraproshtapada Until 6:31AM | Ganesha: Clear <i>Sunrise:</i> 3:27AM | Manmatha 5117 |
| | | | Yama 3:27AM – 5:37AM | Saubhagya Until 11:36PM | Muruga: White <i>Sunset:</i> 8:48PM | Moon 5 - Phase 8 | |
| | | | Rahu 2:18PM – 4:28PM | Vanija Until 12:31PM | Nataraja: Clear | 2nd Phase | |
| | | | | Dashami Until 11:27PM | Jyeshtha-Vaikasi | Sivaloka Day | |
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|----------|------------------------------|----------|---|-------------------------------|--|---|---------------------------------|
| 2 | Friday, June 12, 2015 | | Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sobhana Yoga Bava/Balava Karana Ekadashyam Titau | | | | Malmö, Sweden Sun 9 Sutra 61 |
| | Mesha Rasi: 0.28 | Tithi 26 | 323279261 | Gulika 5:37AM – 7:47AM | Ashvini Until 3:56AM Sat | Ganesha: Purple <i>Sunrise:</i> 3:27AM | Manmatha 5117 |
| | | | Yama 4:28PM – 6:39PM | Sobhana Until 8:53PM | Muruga: White <i>Sunset:</i> 8:49PM | Moon 5 - Phase 8 | |
| | | | Rahu 9:58AM – 12:08PM | Bava Until 10:25AM | Nataraja: Clear | 2nd Phase | |
| | | | | Ekadashi* Until 9:23PM | Jyeshtha-Vaikasi | Devaloka Day | |
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| 3 | Saturday, June 13, 2015 | | Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | | Malmö, Sweden Sun 10 Sutra 62 |
| | Mesha Rasi: 14.31 | Tithi 27 | 324279261 | Gulika 3:26AM – 5:37AM | Bharani Until 2:49AM Sun | Ganesha: Clear <i>Sunrise:</i> 3:26AM | Manmatha 5117 |
| | | | Yama 2:19PM – 4:29PM | Athiganda* Until 6:14PM | Muruga: White <i>Sunset:</i> 8:50PM | Moon 5 - Phase 8 | |
| | | | Rahu 7:47AM – 9:58AM | Kaulava Until 8:25AM | Nataraja: Clear | 2nd Phase | |
| | | | | Dvadashi* Until 7:26PM | Jyeshtha-Vaikasi | Sivaloka Day | |
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|----------|------------------------------|---------------|--|---------------------------------|--|--|----------------------------------|
| 4 | Sunday, June 14, 2015 | | Manmatha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Sukarma/Dhriti* Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau | | | | Malmö, Sweden Sun 11 Sutra 63 |
| | Mesha Rasi: 28.3 | Tithi 28 – 29 | 324279261 | Gulika 4:29PM – 6:40PM | Krittika Until 1:46AM Mon | Ganesha: Clear <i>Sunrise:</i> 3:26AM | Manmatha 5117 |
| | | | Yama 12:08PM – 2:19PM | Sukarma Until 3:45PM | Muruga: White <i>Sunset:</i> 8:50PM | Moon 5 - Phase 8 | |
| | | | Rahu 6:40PM – 8:50PM | Gara Until 6:32AM | Nataraja: Clear | 2nd Phase | |
| | | | | Trayodashi* Until 5:40PM | Jyeshtha-Vaikasi | Sivaloka Day | |
| | | | | <i>Pradosha Vrata (Fasting)</i> | | | |

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| 5 | Monday, June 15, 2015 | | Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhriti/Shula* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Malmö, Sweden Sun 12 Sutra 64 |
| | Vrishabha Rasi: 12.2 | Tithi 29 – 30 | 334279261 | Gulika 2:19PM – 4:30PM | Rohini Until 1:19AM Tue | Ganesha: Orange <i>Sunrise:</i> 3:26AM | Manmatha 5117 |
| | | | Yama 9:58AM – 12:08PM | Dhriti Until 1:30PM | Muruga: White <i>Sunset:</i> 8:51PM | Moon 5 - Phase 8 | |
| | | | Rahu 5:36AM – 7:47AM | Catuspada Until 3:35AM Tue | Nataraja: Clear | 2nd Phase | |
| | | | | Chaturdashi* Until 4:11PM | Jyeshtha-Ani | Sivaloka Day | |
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| ● | Tuesday, June 16, 2015 | | Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula*/Ganda* Yoga Naga*/Kinlughna* Karana Amavasya/Prathamayam Titau | | | | Malmö, Sweden Sun 13 Sutra 65 |
| | Retreat Star | | | Gulika 12:09PM – 2:19PM | Mrigashira Until 1:08AM Wed | Ganesha: Orange <i>Sunrise:</i> 3:26AM | Manmatha 5117 |
| | Vrishabha Rasi: 25.58 | Tithi 30 – 1 | 334289261 | Yama 7:47AM – 9:58AM | Shula* Until 11:31AM | Muruga: Yellow <i>Sunset:</i> 8:52PM | Moon 5 - Phase 8 |
| | | | Rahu 4:30PM – 6:41PM | Kintughna Until 2:43AM Wed | Nataraja: Clear | Amavasya | |
| | | | | Amavasya* Until 3:04PM | Jyeshtha-Ani | Devaloka Day | |
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| ● | Wednesday, June 17, 2015 | | Manmatha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ganda*/Vridhhi* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | Malmö, Sweden Sun 14 Sutra 66 |
| | Retreat Star | | | Gulika 9:58AM – 12:09PM | Ardra Until 1:20AM Thu | Ganesha: Orange <i>Sunrise:</i> 3:26AM | Manmatha 5117 |
| | Mithuna Rasi: 9.2 | Tithi 1 – 2 | 334289261 | Yama 5:36AM – 7:47AM | Ganda* Until 9:56AM | Muruga: Yellow <i>Sunset:</i> 8:52PM | Moon 5 - Phase 8 |
| | | | Rahu 12:09PM – 2:20PM | Balava Until 2:22AM Thu | Nataraja: Clear | Prathama | |
| | | | | Prathama* Until 2:27PM | Ashada Adhika-Ani | Devaloka Day | |
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Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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|---|-------------|---------------------------------|---|---|--|--|--|--|
| 1 | | Thursday, June 18, 2015 | | Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | Malmö, Sweden Sun 15 Sutra 67 | | |
| Mithuna Rasi: 22.26 | Tithi 2 – 3 | 344289261 | Gulika 7:47AM – 9:58AM Yama 3:26AM – 5:36AM Rahu 2:20PM – 4:31PM | Punarvasu Until 2:26AM Fri Vriddhi Until 8:49AM Taitila Until 2:38AM Fri Dvitiya Until 2:24PM | Ganesha: Clear <i>Sunrise:</i> 3:26AM Muruga: Yellow <i>Sunset:</i> 8:53PM Nataraja: Clear Moon – Blue | Devaloka Day Manmatha 5117 Moon 5 - Phase 9 3rd Phase | | |
| Creative Work Amrita Yoga Until 2:26AM Fri Then Routine Work - Marana Yoga | | | | | | | | |
| 2 | | Friday, June 19, 2015 | | Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | Malmö, Sweden Sun 16 Sutra 68 | | |
| Kataka Rasi: 5.12 | Tithi 3 – 4 | 344289261 | Gulika 5:36AM – 7:47AM Yama 4:31PM – 6:42PM Rahu 9:58AM – 12:09PM | Pushya Until 4:00AM Sat Dhruva Until 8:09AM Vanija Until 3:33AM Sat Tritiya Until 3:00PM | Ganesha: Clear <i>Sunrise:</i> 3:26AM Muruga: Yellow <i>Sunset:</i> 8:53PM Nataraja: Clear Moon – Blue | Devaloka Day Manmatha 5117 Moon 5 - Phase 9 3rd Phase | | |
| Routine Work Marana Yoga | | | | | | | | |
| 3 | | Saturday, June 20, 2015 | | Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | Malmö, Sweden Sun 17 Sutra 69 | | |
| Kataka Rasi: 17.41 | Tithi 4 – 5 | 344289261 | Gulika 3:26AM – 5:37AM Yama 2:20PM – 4:31PM Rahu 7:48AM – 9:59AM | Ashlesha* Until 6:00AM Sun Vyaghata* Until 8:01AM Bava Until 5:05AM Sun Chaturthi* Until 4:13PM | Ganesha: Clear <i>Sunrise:</i> 3:26AM Muruga: Yellow <i>Sunset:</i> 8:53PM Nataraja: Clear Moon – Blue | Devaloka Day Manmatha 5117 Moon 5 - Phase 9 3rd Phase | | |
| Routine Work Marana Yoga | | | | | | | | |
| 4 | | Sunday, June 21, 2015 | | Manmatha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Balava Karana Panchamyam Titau | | Malmö, Sweden Sun 18 Sutra 70 | | |
| Kataka Rasi: 29.54 | Tithi 5 | 344289261 | Gulika 4:32PM – 6:43PM Yama 12:10PM – 2:21PM Rahu 6:43PM – 8:54PM | Ashlesha* Until 6:00AM Harshana Until 8:22AM Balava Until 6:02PM Panchami Until 6:02PM | Ganesha: Clear <i>Sunrise:</i> 3:26AM Muruga: Yellow <i>Sunset:</i> 8:54PM Nataraja: Clear Moon – Blue | Devaloka Day Manmatha 5117 Moon 5 - Phase 9 3rd Phase | | |
| Creative Work Siddha Yoga Until 6:00AM Then Routine Work - Marana Yoga | | Father's Day | | | | | | |
| 5 | | Monday, June 22, 2015 | | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Shashthiyam Titau | | Malmö, Sweden Sun 19 Sutra 71 | | |
| Simha Rasi: 11.55 | Tithi 6 | 354289261 | Gulika 2:21PM – 4:32PM Yama 9:59AM – 12:10PM Rahu 5:37AM – 7:48AM | Magha* Until 8:50AM Vajra* Until 9:04AM Kaulava Until 7:08AM Shashthi* Until 8:16PM | Ganesha: Purple <i>Sunrise:</i> 3:26AM Muruga: Yellow <i>Sunset:</i> 8:54PM Nataraja: Clear Moon – Red | Sivaloka Day Manmatha 5117 Moon 5 - Phase 9 3rd Phase | | |
| Family Home Evening Routine Work Marana Yoga Until 8:50AM Then Creative Work - Siddha Yoga | | | | | | | | |
| 6 | | Tuesday, June 23, 2015 | | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Saplamyam Titau | | Malmö, Sweden Sun 20 Sutra 72 | | |
| Simha Rasi: 23.47 | Tithi 7 | 354289261 | Gulika 12:10PM – 2:21PM Yama 7:48AM – 9:59AM Rahu 4:32PM – 6:43PM | Purvaphalguni Until 11:49AM Siddhi Until 10:03AM Gara Until 9:32AM Saptami Until 10:46PM | Ganesha: Purple <i>Sunrise:</i> 3:26AM Muruga: Yellow <i>Sunset:</i> 8:54PM Nataraja: Clear Moon – Red | Sivaloka Day Manmatha 5117 Moon 5 - Phase 9 3rd Phase | | |
| Creative Work Siddha Yoga Until 11:49AM Then Creative Work - Amrita Yoga | | Chidambaram Abhishekam | | | | | | |
| 7 | | Wednesday, June 24, 2015 | | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Ashlamyam Titau | | Malmö, Sweden Sun 21 Sutra 73 | | |
| Kanya Rasi: 6 | Tithi 8 | 354289261 | Gulika 9:59AM – 12:10PM Yama 5:38AM – 7:48AM Rahu 12:10PM – 2:21PM | Uttaraphalguni Until 2:44PM Vyatipata* Until 11:07AM Visti Until 12:03PM Ashtami* Until 1:15AM Thu | Ganesha: Purple <i>Sunrise:</i> 3:27AM Muruga: Yellow <i>Sunset:</i> 8:54PM Nataraja: Clear Moon – Red | Sivaloka Day Manmatha 5117 Moon 5 - Phase 9 Ashtami | | |
| Creative Work Amrita Yoga Until 2:44PM Then Routine Work - Marana Yoga | | | | | | | | |
| 8 | | Thursday, June 25, 2015 | | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Navamyam Titau | | Malmö, Sweden Sun 22 Sutra 74 | | |
| Kanya Rasi: 17.26 | Tithi 9 | 365289261 | Gulika 7:49AM – 10:00AM Yama 3:27AM – 5:38AM Rahu 2:21PM – 4:32PM | Hasta Until 5:50PM Variyan Until 12:05PM Balava Until 2:26PM Navami* Until 3:28AM Fri | Ganesha: Purple <i>Sunrise:</i> 3:27AM Muruga: Yellow <i>Sunset:</i> 8:54PM Nataraja: Clear Moon – Green | Bhuloka Day Manmatha 5117 Moon 5 - Phase 9 Navami Devaloka Time: 3:PM to 6:PM | | |
| Routine Work Marana Yoga Until 5:50PM Then Creative Work - Siddha Yoga | | | | | | | | |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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| 1 | Friday, June 26, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha/Shiva Yoga Taitila/Gara Karana Dashamyam Titau | Malmö, Sweden Sun 23 Sutra 75 |
| | Kanya Rasi: 29.24 Tithi 10 365289261 Creative Work Siddha Yoga | Gulika 5:38AM – 7:49AM Yama 4:32PM – 6:43PM Rahu 10:00AM – 12:11PM | Chitra Until 8:22PM Parigha* Until 12:46PM Taitila Until 4:26PM Dashami Until 5:12AM Sat |

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|---|-----------------------------|
| Ganesha: Purple <i>Sunrise:</i> 3:27AM | Manmatha 5117 |
| Muruga: Yellow <i>Sunset:</i> 8:54PM | Moon 5 - Phase 10 |
| Nataraja: Clear | 4th Phase |
| Moon – Green | Bhuloka Day |
| Ashada Adhika-Ani | Devaloka Time: 3:PM to 6:PM |

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| 2 | Saturday, June 27, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Ekadashyam Titau | Malmö, Sweden Sun 24 Sutra 76 |
| | Tula Rasi: 11.34 Tithi 11 365389261 Creative Work Siddha Yoga | Gulika 3:28AM – 5:39AM Yama 2:22PM – 4:32PM Rahu 7:49AM – 10:00AM | Svati Until 10:09PM Shiva Until 1:02PM Vanija Until 5:51PM Ekadashi Until 6:16AM Sun |

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| Ganesha: Clear <i>Sunrise:</i> 3:28AM | Manmatha 5117 |
| Muruga: Yellow <i>Sunset:</i> 8:54PM | Moon 5 - Phase 10 |
| Nataraja: Clear | 4th Phase |
| Moon – Green | Devaloka Day |
| Ashada Adhika-Ani | |

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| 3 | Sunday, June 28, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | Malmö, Sweden Sun 25 Sutra 77 |
| | Tula Rasi: 24.01 Tithi 11 – 12 375389261 Routine Work Marana Yoga | Gulika 4:32PM – 6:43PM Yama 12:11PM – 2:22PM Rahu 6:43PM – 8:54PM | Vishakha Until 11:32PM Siddha Until 12:44PM Bava Until 6:33PM Ekadashi Until 6:16AM |


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| Ganesha: White <i>Sunrise:</i> 3:29AM | Manmatha 5117 |
| Muruga: Yellow <i>Sunset:</i> 8:54PM | Moon 5 - Phase 10 |
| Nataraja: Clear | 4th Phase |
| Moon – Orange | Sivaloka Day |
| Ashada Adhika-Ani | |

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| 4 | Monday, June 29, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | Malmö, Sweden Sun 26 Sutra 78 |
| | Vrischika Rasi: 6.48 Tithi 12 – 13 Family Home Evening 375389261 Creative Work Siddha Yoga Until 12:02AM Tue Then Routine Work - Marana Yoga | Gulika 2:22PM – 4:32PM Yama 10:01AM – 12:11PM Rahu 5:40AM – 7:50AM | Anuradha Until 12:02AM Tue Sadhya Until 11:52AM Kaulava Until 6:29PM Dvadashi Until 6:35AM <i>Pradosha Vrata</i> |


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| Ganesha: White <i>Sunrise:</i> 3:29AM | Manmatha 5117 |
| Muruga: Yellow <i>Sunset:</i> 8:53PM | Moon 5 - Phase 10 |
| Nataraja: Clear | 4th Phase |
| Moon – Orange | Sivaloka Day |
| Ashada Adhika-Ani | |

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| 5 | Tuesday, June 30, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau | Malmö, Sweden Sun 27 Sutra 79 |
| | Vrischika Rasi: 19.58 Tithi 13 – 14 375389261 Routine Work Marana Yoga Until 11:41PM Then Creative Work - Amrita Yoga | Gulika 12:11PM – 2:22PM Yama 7:51AM – 10:01AM Rahu 4:32PM – 6:43PM | Jyeshtha* Until 11:41PM Subha Until 10:25AM Vanija Until 5:04AM Wed Trayodashi Until 6:10AM |

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| Ganesha: White <i>Sunrise:</i> 3:30AM | Manmatha 5117 |
| Muruga: Yellow <i>Sunset:</i> 8:53PM | Moon 5 - Phase 10 |
| Nataraja: Clear | 4th Phase |
| Moon – Orange | Sivaloka Day |
| Ashada Adhika-Ani | |

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|  | Wednesday, July 1, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau | Malmö, Sweden Sutra 80 |
| | Copper Retreat Star Dhanus Rasi: 3.3 Tithi 15 385389261 Routine Work Marana Yoga Until 11:03PM Then Creative Work - Amrita Yoga | Gulika 10:01AM – 12:12PM Yama 5:41AM – 7:51AM Rahu 12:12PM – 2:22PM | Mula* Until 11:03PM Sukla Until 8:25AM Visti Until 4:19PM Purnima* Until 3:24AM Thu |

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| Ganesha: Yellow <i>Sunrise:</i> 3:31AM | Manmatha 5117 |
| Muruga: Yellow <i>Sunset:</i> 8:53PM | Moon 5 - Phase 10 |
| Nataraja: Clear | Purnima |
| Moon – Light Blue | Devaloka Day |
| Ashada Adhika-Ani | |

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|  | Thursday, July 2, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Indra Yoga Balava/Kaulava Karana Prathamayam Titau | Malmö, Sweden Sutra 81 |
| | Silver Retreat Star Dhanus Rasi: 17.22 Tithi 16 385389261 Creative Work Siddha Yoga Until 9:48PM Then Routine Work - Marana Yoga | Gulika 7:52AM – 10:02AM Yama 3:31AM – 5:42AM Rahu 2:22PM – 4:32PM | Purvashadha* Until 9:48PM Indra Until 3:12AM Fri Balava Until 2:25PM Prathama* Until 1:17AM Fri |

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| Ganesha: Yellow <i>Sunrise:</i> 3:31AM | Manmatha 5117 |
| Muruga: Yellow <i>Sunset:</i> 8:52PM | Moon 5 - Phase 10 |
| Nataraja: Clear | Prathama |
| Moon – Light Blue | Devaloka Day |
| Ashada Adhika-Ani | |

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda



Friday, July 3, 2015
Gold Retreat Star

Makara Rasi: 1.31 Tithi 17
396389261
Routine Work Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Malmö, Sweden
Uttarashadha Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dvitiyayam Titau Sun 1 Sutra 82
Gulika 5:42AM – 7:52AM **Uttarashadha Until 8:05PM** **Ganesha:** Yellow *Sunrise:* 3:32AM Manmatha 5117
Yama 4:32PM – 6:42PM **Vaidhriti* Until 12:10AM Sat** **Muruga:** Yellow *Sunset:* 8:52PM Moon 6 - Phase 11
Rahu 10:02AM – 12:12PM **Taitila Until 12:08PM** **Nataraja:** Clear 1st Phase
Dvitiya Until 10:53PM **Moon – Light Blue** **Devaloka Day**
Ashada Adhika-Ani

1 Saturday, July 4, 2015

Makara Rasi: 15.5 Tithi 18
396389261
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Malmö, Sweden
Shravana Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Tritiyayam Titau Sun 2 Sutra 83
Gulika 3:33AM – 5:43AM **Shravana Until 6:27PM** **Ganesha:** Yellow *Sunrise:* 3:33AM Manmatha 5117
Yama 2:22PM – 4:32PM **Vishkambha* Until 9:00PM** **Muruga:** Yellow *Sunset:* 8:51PM Moon 6 - Phase 11
Rahu 7:53AM – 10:02AM **Vanija Until 9:37AM** **Nataraja:** Clear 1st Phase
Tritiya Until 8:18PM **Moon – Purple** **Devaloka Day**
Ashada Adhika-Ani

2 Sunday, July 5, 2015

Kumbha Rasi: 0.16 Tithi 19 – 20
396389261
Routine Work Marana Yoga
Until 4:38PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Malmö, Sweden
Dhanishtha/Shatabhishak Nakshatra Priti/Ayushman Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau Sun 3 Sutra 84
Gulika 4:31PM – 6:41PM **Dhanishtha Until 4:38PM** **Ganesha:** Yellow *Sunrise:* 3:34AM Manmatha 5117
Yama 12:12PM – 2:22PM **Priti Until 5:50PM** **Muruga:** Yellow *Sunset:* 8:50PM Moon 6 - Phase 11
Rahu 6:41PM – 8:50PM **Bava Until 7:01AM** **Nataraja:** Clear 1st Phase
Chaturthi* Until 5:41PM **Moon – Purple** **Devaloka Day**
Ashada Adhika-Ani

3 Monday, July 6, 2015

Kumbha Rasi: 14.4 Tithi 20 – 21
396389261
Family Home Evening
Creative Work Siddha Yoga
Until 2:44PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Malmö, Sweden
Shatabhishak/Purvaprossthapada* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau Sun 4 Sutra 85
Gulika 2:22PM – 4:31PM **Shatabhishak Until 2:44PM** **Ganesha:** Yellow *Sunrise:* 3:35AM Manmatha 5117
Yama 10:03AM – 12:12PM **Ayushman Until 2:40PM** **Muruga:** Yellow *Sunset:* 8:50PM Moon 6 - Phase 11
Rahu 5:45AM – 7:54AM **Gara Until 1:54AM Tue** **Nataraja:** Clear 1st Phase
Panchami Until 3:07PM **Moon – Purple** **Devaloka Day**
Ashada Adhika-Ani

4 Tuesday, July 7, 2015

Kumbha Rasi: 29.01 Tithi 21 – 22
416389261
Routine Work Marana Yoga
Until 1:15PM
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Malmö, Sweden
Purvaprossthapada*Uttaraprossthapada Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau Sun 5 Sutra 86
Gulika 12:13PM – 2:22PM **Purvaprossthapada* Until 1:15PM** **Ganesha:** Purple *Sunrise:* 3:36AM Manmatha 5117
Yama 7:54AM – 10:04AM **Saubhagya Until 11:38AM** **Muruga:** Yellow *Sunset:* 8:49PM Moon 6 - Phase 11
Rahu 4:31PM – 6:40PM **Visti Until 11:34PM** **Nataraja:** Clear 1st Phase
Shashthi* Until 12:42PM **Moon – Clear** **Bhuloka Day**
Ashada Adhika-Ani Devaloka Time: 3:PM to 6:PM

Wednesday, July 8, 2015

Retreat Star

Meena Rasi: 13.14 Tithi 22 – 23
416389261
Creative Work Siddha Yoga
Until 11:49AM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Malmö, Sweden
Uttaraprossthapada/Revati Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau Sun 6 Sutra 87
Gulika 10:04AM – 12:13PM **Uttaraprossthapada Until 11:49AM** **Ganesha:** Purple *Sunrise:* 3:37AM Manmatha 5117
Yama 5:46AM – 7:55AM **Sobhana Until 8:47AM** **Muruga:** Yellow *Sunset:* 8:48PM Moon 6 - Phase 11
Rahu 12:13PM – 2:22PM **Balava Until 9:27PM** **Nataraja:** Clear Ashtami
Saptami Until 10:28AM **Moon – Clear** **Bhuloka Day**
Ashada Adhika-Ani Devaloka Time: 3:PM to 6:PM

Thursday, July 9, 2015

Retreat Star

Meena Rasi: 27.18 Tithi 23 – 24
416389261
Creative Work Siddha Yoga
Until 10:28AM
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Malmö, Sweden
Revati/Ashvini Nakshatra Athiganda*/Sukarna Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau Sun 7 Sutra 88
Gulika 7:56AM – 10:04AM **Revati Until 10:28AM** **Ganesha:** Purple *Sunrise:* 3:39AM Manmatha 5117
Yama 3:39AM – 5:47AM **Athiganda* Until 6:05AM** **Muruga:** Yellow *Sunset:* 8:47PM Moon 6 - Phase 11
Rahu 2:21PM – 4:30PM **Taitila Until 7:33PM** **Nataraja:** Clear Navami
Ashtami* Until 8:27AM **Moon – Clear** **Bhuloka Day**
Ashada Adhika-Ani Devaloka Time: 3:PM to 6:PM

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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| 1 Friday, July 10, 2015 | | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Dhriti Yoga Gara/Visti* Karana Navami/Dashyam Titau | | | Malmö, Sweden Sun 8 Sutra 89 |
| Mesha Rasi: 11.13 | Tithi 24 – 25 | 426389261 | Gulika 5:48AM – 7:56AM Yama 4:30PM – 6:38PM Rahu 10:05AM – 12:13PM | Ashvini Until 9:39AM Dhriti Until 1:19AM Sat Visti Until 5:10AM Sat Navami* Until 6:41AM | Ganesha: Clear <i>Sunrise:</i> 3:40AM Muruḡa: Yellow <i>Sunset:</i> 8:46PM Nataraja: Clear Moon – White Ashada Adhika-Ani |
| Creative Work Amrita Yoga Until 9:39AM Then Creative Work - Siddha Yoga | | Devaloka Day | | | |
| 2 Saturday, July 11, 2015 | | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau | | | Malmö, Sweden Sun 9 Sutra 90 |
| Mesha Rasi: 24.59 | Tithi 26 | 426389261 | Gulika 3:41AM – 5:49AM Yama 2:21PM – 4:29PM Rahu 7:57AM – 10:05AM | Bharani Until 8:56AM Shula* Until 11:13PM Bava Until 4:31PM Ekadashi* Until 3:55AM Sun | Ganesha: Clear <i>Sunrise:</i> 3:41AM Muruḡa: Yellow <i>Sunset:</i> 8:45PM Nataraja: Clear Moon – White Ashada Adhika-Ani |
| Creative Work Siddha Yoga Until 8:56AM Then Creative Work - Amrita Yoga | | Devaloka Day | | | |
| 3 Sunday, July 12, 2015 | | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Ganda* Yoga Kaulava/Tailita Karana Dvadashyam Titau | | | Malmö, Sweden Sun 10 Sutra 91 |
| Virshabha Rasi: 8.35 | Tithi 27 | 427389261 | Gulika 4:29PM – 6:36PM Yama 12:13PM – 2:21PM Rahu 6:36PM – 8:44PM | Krittika Until 8:21AM Ganda* Until 9:23PM Kaulava Until 3:25PM Dvadashi* Until 2:58AM Mon | Ganesha: White <i>Sunrise:</i> 3:42AM Muruḡa: Yellow <i>Sunset:</i> 8:44PM Nataraja: Clear Moon – White Ashada Adhika-Ani |
| Creative Work Siddha Yoga | | Sivaloka Day | | | |
| 4 Monday, July 13, 2015 | | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vriddhi Yoga Gara/Vanija Karana Trayodashyam Titau | | | Malmö, Sweden Sun 11 Sutra 92 |
| Virshabha Rasi: 22.01 | Tithi 28 | 437389261 | Gulika 2:21PM – 4:28PM Yama 10:06AM – 12:13PM Rahu 5:51AM – 7:59AM | Rohini Until 8:21AM Vriddhi Until 7:49PM Gara Until 2:37PM Trayodashi* Until 2:21AM Tue <i>Pradosha Vrata (Fasting)</i> | Ganesha: Yellow <i>Sunrise:</i> 3:44AM Muruḡa: Yellow <i>Sunset:</i> 8:43PM Nataraja: Clear Moon – Yellow Ashada Adhika-Ani |
| Family Home Evening Creative Work Amrita Yoga | | Devaloka Day | | | |
| 5 Tuesday, July 14, 2015 | | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | Malmö, Sweden Sun 12 Sutra 93 |
| Mithuna Rasi: 5.16 | Tithi 29 | 437389261 | Gulika 12:13PM – 2:21PM Yama 7:59AM – 10:06AM Rahu 4:28PM – 6:35PM | Mrigashira Until 8:33AM Dhruva Until 6:31PM Visti Until 2:12PM Chaturdashi* Until 2:08AM Wed | Ganesha: Yellow <i>Sunrise:</i> 3:45AM Muruḡa: Yellow <i>Sunset:</i> 8:42PM Nataraja: Clear Moon – Yellow Ashada Adhika-Ani |
| Creative Work Siddha Yoga Until 8:33AM Then Routine Work - Marana Yoga | | Devaloka Day | | | |
| Wednesday, July 15, 2015 | | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata*/Harshana Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | Malmö, Sweden Sun 13 Sutra 94 |
| Retreat Star | | Mithuna Rasi: 18.17 | Tithi 30 | 437389261 | Gulika 10:07AM – 12:14PM Yama 5:53AM – 8:00AM Rahu 12:14PM – 2:20PM |
| Creative Work Siddha Yoga | | Ardra Until 9:01AM Vyaghata* Until 5:36PM Catuspada Until 2:12PM Amavasya* Until 2:22AM Thu | Ganesha: Yellow <i>Sunrise:</i> 3:46AM Muruḡa: Yellow <i>Sunset:</i> 8:41PM Nataraja: Clear Moon – Yellow Ashada Adhika-Ani | Devaloka Day | |
| Thursday, July 16, 2015 | | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau | | | Malmö, Sweden Sun 14 Sutra 95 |
| Retreat Star | | Kataka Rasi: 1.05 | Tithi 1 | 447389261 | Gulika 8:01AM – 10:07AM Yama 3:48AM – 5:54AM Rahu 2:20PM – 4:27PM |
| Creative Work Amrita Yoga | | Punarvasu Until 10:15AM Harshana Until 5:05PM Kintughna Until 2:42PM Prathama* Until 3:08AM Fri | Ganesha: Red <i>Sunrise:</i> 3:48AM Muruḡa: Yellow <i>Sunset:</i> 8:39PM Nataraja: Clear Moon – Blue Ashada-Adi | Devaloka Day | |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

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| 1 | Friday, July 17, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Siddhi Yoga Balava/Kaulava Karana Dvitiyayam Titau | Malmö, Sweden Sun 15 Sutra 96 |
| | Kataka Rasi: 13.38 Tithi 2 447389262 | Gulika 5:55AM – 8:02AM Yama 4:26PM – 6:32PM Rahu 10:08AM – 12:14PM | Pushya Until 11:51AM Vajra* Until 4:58PM Balava Until 3:44PM Dvitiya Until 4:26AM Sat |

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| Routine Work Marana Yoga | Ganesha: Red <i>Sunrise:</i> 3:49AM Muruqa: Yellow <i>Sunset:</i> 8:38PM Nataraja: Purple Moon – Blue | Manmatha 5117 Moon 6 - Phase 13 3rd Phase | Sivaloka Day Ashada-Adi |
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| 2 | Saturday, July 18, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Tailila/Gara Karana Trityayam Titau | Malmö, Sweden Sun 16 Sutra 97 |
| | Kataka Rasi: 25.56 Tithi 3 448389262 | Gulika 3:51AM – 5:57AM Yama 2:20PM – 4:25PM Rahu 8:02AM – 10:08AM | Ashlesha* Until 1:49PM Siddhi Until 5:16PM Tailila Until 5:19PM Tritya Until 6:16AM Sun |

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| Routine Work Marana Yoga Until 1:49PM Then Creative Work - Amrita Yoga | Ganesha: Blue <i>Sunrise:</i> 3:51AM Muruqa: Yellow <i>Sunset:</i> 8:37PM Nataraja: Purple Moon – Blue | Manmatha 5117 Moon 6 - Phase 13 3rd Phase | Devaloka Day Ashada-Adi |
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| 3 | Sunday, July 19, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Nariyan Yoga Gara/Vanija Karana Tritya/Chaturthyam Titau | Malmö, Sweden Sun 17 Sutra 98 |
| | Simha Rasi: 8.03 Tithi 3 – 4 458389262 | Gulika 4:25PM – 6:30PM Yama 12:14PM – 2:19PM Rahu 6:30PM – 8:35PM | Magha* Until 4:34PM Vyatipata* Until 5:57PM Vanija Until 7:22PM Tritya Until 6:16AM |

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| Routine Work Marana Yoga Until 4:34PM Then Creative Work - Siddha Yoga | Ganesha: Blue <i>Sunrise:</i> 3:52AM Muruqa: Yellow <i>Sunset:</i> 8:35PM Nataraja: Purple Moon – Red | Manmatha 5117 Moon 6 - Phase 13 3rd Phase | Devaloka Day Ashada-Adi |
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| 4 | Monday, July 20, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Varyyan Yoga Vistit*/Bava Karana Chaturthi/Panchamyam Titau | Malmö, Sweden Sun 18 Sutra 99 |
| | Simha Rasi: 19.59 Tithi 4 – 5 Family Home Evening 458389262 | Gulika 2:19PM – 4:24PM Yama 10:09AM – 12:14PM Rahu 5:59AM – 8:04AM | Purvaphalguni Until 7:31PM Varyyan Until 6:53PM Bava Until 9:46PM Chaturthi* Until 8:30AM |

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| Creative Work Siddha Yoga | Ganesha: Blue <i>Sunrise:</i> 3:54AM Muruqa: Yellow <i>Sunset:</i> 8:34PM Nataraja: Purple Moon – Red | Manmatha 5117 Moon 6 - Phase 13 3rd Phase | Devaloka Day Ashada-Adi |
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| 5 | Tuesday, July 21, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | Malmö, Sweden Sun 19 Sutra 100 |
| | Kanya Rasi: 1.49 Tithi 5 – 6 458389262 | Gulika 12:14PM – 2:19PM Yama 8:05AM – 10:09AM Rahu 4:23PM – 6:28PM | Uttaraphalguni Until 10:29PM Parigha* Until 7:59PM Kaulava Until 12:20AM Wed Panchami Until 11:01AM |

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| Creative Work Amrita Yoga Until 10:29PM Then Creative Work - Siddha Yoga | Ganesha: Blue <i>Sunrise:</i> 3:55AM Muruqa: Yellow <i>Sunset:</i> 8:32PM Nataraja: Purple Moon – Red | Manmatha 5117 Moon 6 - Phase 13 3rd Phase | Devaloka Day Ashada-Adi |
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| 6 | Wednesday, July 22, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Shiva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau | Malmö, Sweden Sun 20 Sutra 101 |
| | Kanya Rasi: 14 Tithi 6 – 7 468389262 | Gulika 10:10AM – 12:14PM Yama 6:01AM – 8:06AM Rahu 12:14PM – 2:18PM | Hasta Until 1:45AM Thu Shiva Until 9:05PM Gara Until 2:52AM Thu Shashthi* Until 1:36PM |

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| Routine Work Marana Yoga Until 1:45AM Thu Then Creative Work - Siddha Yoga | Ganesha: Yellow <i>Sunrise:</i> 3:57AM Muruqa: Yellow <i>Sunset:</i> 8:31PM Nataraja: Purple Moon – Green | Manmatha 5117 Moon 6 - Phase 13 3rd Phase | Sivaloka Day Ashada-Adi |
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| Retreat Star | Thursday, July 23, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Vanija/Vistit* Karana Saptami/Ashtamyam Titau | Malmö, Sweden Sun 21 Sutra 102 |
| | Kanya Rasi: 25.25 Tithi 7 – 8 468489262 | Gulika 8:06AM – 10:10AM Yama 3:59AM – 6:03AM Rahu 2:18PM – 4:22PM | Chitra Until 4:33AM Fri Siddha Until 9:58PM Vistit Until 5:04AM Fri Saptami Until 4:00PM |

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| Creative Work Siddha Yoga | Ganesha: White <i>Sunrise:</i> 3:59AM Muruqa: Yellow <i>Sunset:</i> 8:29PM Nataraja: Purple Moon – Green | Manmatha 5117 Moon 6 - Phase 13 3rd Phase | Subha Sivaloka Day Ashada-Adi |
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| Retreat Star | Friday, July 24, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau | Malmö, Sweden Sun 22 Sutra 103 |
| | Tula Rasi: 7.23 Tithi 8 – 9 468489262 | Gulika 6:04AM – 8:07AM Yama 4:21PM – 6:24PM Rahu 10:11AM – 12:14PM | Svati Until 6:42AM Sat Sadhya Until 10:30PM Balava Until 6:45AM Sat Ashtami* Until 5:58PM |

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| Creative Work Siddha Yoga | Ganesha: White <i>Sunrise:</i> 4:00AM Muruqa: Yellow <i>Sunset:</i> 8:28PM Nataraja: Purple Moon – Green | Manmatha 5117 Moon 6 - Phase 13 Ashtami | Subha Sivaloka Day Ashada-Adi |
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| Retreat Star | Saturday, July 25, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Balava/Kaulava Karana Navamyam Titau | Malmö, Sweden Sun 23 Sutra 104 |
| | Tula Rasi: 19.33 Tithi 9 469489262 | Gulika 4:02AM – 6:05AM Yama 2:17PM – 4:20PM Rahu 8:08AM – 10:11AM | Svati Until 6:42AM Subha Until 10:32PM Balava Until 6:45AM Navami* Until 7:19PM |

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| Creative Work Siddha Yoga | Ganesha: Yellow <i>Sunrise:</i> 4:02AM Muruqa: Yellow <i>Sunset:</i> 8:26PM Nataraja: Purple Moon – Green | Manmatha 5117 Moon 6 - Phase 13 Navami | Sivaloka Day Ashada-Adi |
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| 1 | Sunday, July 26, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Taitila/Gara Karana Dashamyam Titau | | | | Malmö, Sweden |
| | Vrischika Rasi: 2.01 Tithi 10 | 479489262 | Sun 24 | Sutra 105 | Manmatha 5117 | |
| | Routine Work Marana Yoga | Gulika 4:19PM – 6:22PM | Vishakha Until 8:28AM | Ganesha: White <i>Sunrise:</i> 4:04AM | Muruḡa: Yellow <i>Sunset:</i> 8:24PM | Moon 6 - Phase 14 |
| | | Yama 12:14PM – 2:17PM | Sukla Until 9:56PM | Nataraja: Purple | Moon – Orange | 4th Phase |
| | Rahu 6:22PM – 8:24PM | Taitila Until 7:44AM | Ashada•Adi | Devaloka Day | | |
| | | Dashami Until 7:54PM | | | | |

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| 2 | Monday, July 27, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Malmö, Sweden |
| | Vrischika Rasi: 14.51 Tithi 11 | 479489262 | Sun 25 | Sutra 106 | Manmatha 5117 | |
| | Family Home Evening | Gulika 2:16PM – 4:18PM | Anuradha Until 9:18AM | Ganesha: White <i>Sunrise:</i> 4:05AM | Muruḡa: Yellow <i>Sunset:</i> 8:23PM | Moon 6 - Phase 14 |
| | Creative Work Siddha Yoga | Yama 10:12AM – 12:14PM | Brahma Until 8:42PM | Nataraja: Purple | Moon – Orange | 4th Phase |
| | Rahu 6:08AM – 8:10AM | Vanija Until 7:55AM | Ashada•Adi | Devaloka Day | | |
| | | Ekadashi Until 7:40PM | | | | |

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| 3 | Tuesday, July 28, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Bava/Balava Karana Dvadashyam Titau | | | | Malmö, Sweden |
| | Vrischika Rasi: 28.07 Tithi 12 | 479489262 | Sun 26 | Sutra 107 | Manmatha 5117 | |
| | Routine Work Marana Yoga | Gulika 12:14PM – 2:16PM | Jyeshtha* Until 9:12AM | Ganesha: White <i>Sunrise:</i> 4:07AM | Muruḡa: Yellow <i>Sunset:</i> 8:21PM | Moon 6 - Phase 14 |
| | Until 9:12AM | Yama 8:11AM – 10:12AM | Indra Until 6:51PM | Nataraja: Purple | Moon – Orange | 4th Phase |
| Then Creative Work - Amrita Yoga | Rahu 4:17PM – 6:19PM | Bava Until 7:16AM | Ashada•Adi | Devaloka Day | | |
| | | Dvadashi Until 6:39PM | | | | |

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| 4 | Wednesday, July 29, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Malmö, Sweden |
| | Dhanus Rasi: 11.47 Tithi 13 – 14 | 489489262 | Sun 27 | Sutra 108 | Manmatha 5117 | |
| | Routine Work Marana Yoga | Gulika 10:13AM – 12:14PM | Mula* Until 8:38AM | Ganesha: Clear <i>Sunrise:</i> 4:09AM | Muruḡa: Yellow <i>Sunset:</i> 8:19PM | Moon 6 - Phase 14 |
| | Until 8:38AM | Yama 6:10AM – 8:11AM | Vaidhriti* Until 4:23PM | Nataraja: Purple | Moon – Light Blue | 4th Phase |
| Then Creative Work - Amrita Yoga | Rahu 12:14PM – 2:15PM | Gara Until 3:49AM Thu | Ashada•Adi | Sivaloka Day | | |
| | | Trayodashi Until 4:54PM | <i>Pradosha Vrata</i> | | | |

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| | Thursday, July 30, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Malmö, Sweden |
| | Copper Retreat Star | Dhanus Rasi: 25.53 Tithi 14 – 15 | 489489262 | Sun 28 | Sutra 109 | Manmatha 5117 |
| | Creative Work Siddha Yoga | Gulika 8:12AM – 10:13AM | Purvashadha* Until 7:17AM | Ganesha: Clear <i>Sunrise:</i> 4:11AM | Muruḡa: Yellow <i>Sunset:</i> 8:17PM | Moon 6 - Phase 14 |
| | Until 7:17AM | Yama 4:11AM – 6:12AM | Vishkambha* Until 1:27PM | Nataraja: Purple | Moon – Light Blue | Purnima |
| Then Routine Work - Marana Yoga | Rahu 2:15PM – 4:16PM | Visti Until 1:15AM Fri | Ashada•Adi | Sivaloka Day | | |
| | | Satguru Purnima | Chaturdashi* Until 2:34PM | | | |

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| | Friday, July 31, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Malmö, Sweden |
| | Silver Retreat Star | Makara Rasi: 10.2 Tithi 15 – 16 | 499489262 | Sun 29 | Sutra 110 | Manmatha 5117 |
| | Routine Work Marana Yoga | Gulika 6:13AM – 8:13AM | Shravana Until 3:15AM Sat | Ganesha: Purple <i>Sunrise:</i> 4:13AM | Muruḡa: Yellow <i>Sunset:</i> 8:15PM | Moon 6 - Phase 14 |
| | Until 3:15AM Sat | Yama 4:15PM – 6:15PM | Priti Until 10:09AM | Nataraja: Purple | Moon – Purple | Prathama |
| Then Creative Work - Siddha Yoga | Rahu 10:14AM – 12:14PM | Balava Until 10:19PM | Ashada•Adi | Devaloka Day | | |
| | | Purnima* Until 11:48AM | | | | |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Saturday, August 1, 2015
Gold Retreat Star

Makara Rasi: 25.01 Titli 16 – 17
499489262
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvililyayam Titau

Gulika 4:14AM – 6:14AM
Yama 2:14PM – 4:14PM
Rahu 8:14AM – 10:14AM

Dhanishtha Until 12:53AM Sun
Ayushman Until 6:35AM
Taitila Until 7:09PM
Prathama* Until 8:44AM

Malmö, Sweden
Sutra 111
Manmatha 5117
Moon 7 - Phase 15
1st Phase

Ganesha: Purple *Sunrise:* 4:14AM
Muruga: Yellow *Sunset:* 8:13PM

Nataraja: Purple
Moon – Purple

Ashada-Adi

Devaloka Day

1

Sunday, August 2, 2015

Kumbha Rasi: 9.49 Titli 18
491489262
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 4:13PM – 6:12PM
Yama 12:14PM – 2:13PM
Rahu 6:12PM – 8:11PM

Shatabhishak Until 10:20PM
Sobhana Until 11:11PM
Vanija Until 3:55PM
Tritiya Until 2:19AM Mon

Malmö, Sweden
Sun 1 Sutra 112
Manmatha 5117
Moon 7 - Phase 15
1st Phase

Ganesha: White *Sunrise:* 4:16AM
Muruga: Yellow *Sunset:* 8:11PM

Nataraja: Purple
Moon – Purple

Ashada-Adi

Devaloka Day

2

Monday, August 3, 2015

Kumbha Rasi: 24.37 Titli 19
Family Home Evening 411489262
Routine Work Marana Yoga
Until 8:11PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthpada* Nakshatra Athiganda* Yoga Bava/Balava Karana Chaturthiyam Titau

Gulika 2:13PM – 4:12PM
Yama 10:15AM – 12:14PM
Rahu 6:17AM – 8:16AM

Purvaprosarthpada* Until 8:11PM
Athiganda* Until 7:34PM
Bava Until 12:46PM
Chaturthi* Until 11:14PM

Malmö, Sweden
Sun 2 Sutra 113
Manmatha 5117
Moon 7 - Phase 15
1st Phase

Ganesha: Purple *Sunrise:* 4:18AM
Muruga: Yellow *Sunset:* 8:09PM

Nataraja: Purple
Moon – Clear

Ashada-Adi

Devaloka Day

3

Tuesday, August 4, 2015

Meena Rasi: 9.18 Titli 20
411489262
Creative Work Amrita Yoga
Until 6:08PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprosarthpada Nakshatra Sukarma/Dhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:14PM – 2:12PM
Yama 8:17AM – 10:15AM
Rahu 4:11PM – 6:09PM

Uttaraprosarthpada Until 6:08PM
Sukarma Until 4:09PM
Kaulava Until 9:48AM
Panchami Until 8:25PM

Malmö, Sweden
Sun 3 Sutra 114
Manmatha 5117
Moon 7 - Phase 15
1st Phase

Ganesha: Purple *Sunrise:* 4:20AM
Muruga: Yellow *Sunset:* 8:07PM

Nataraja: Purple
Moon – Clear

Ashada-Adi

Devaloka Day

4

Wednesday, August 5, 2015

Meena Rasi: 23.47 Titli 21 – 22
411489262
Routine Work Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Gulika 10:16AM – 12:14PM
Yama 6:20AM – 8:18AM
Rahu 12:14PM – 2:11PM

Revati Until 4:17PM
Dhriti Until 1:01PM
Gara Until 7:09AM
Shashthi* Until 5:57PM

Malmö, Sweden
Sun 4 Sutra 115
Manmatha 5117
Moon 7 - Phase 15
1st Phase

Ganesha: Purple *Sunrise:* 4:22AM
Muruga: Yellow *Sunset:* 8:05PM

Nataraja: Purple
Moon – Clear

Ashada-Adi

Devaloka Day

5

Thursday, August 6, 2015

Mesha Rasi: 7.59 Titli 22 – 23
421489262
Creative Work Amrita Yoga
Until 3:07PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 8:18AM – 10:16AM
Yama 4:23AM – 6:21AM
Rahu 2:11PM – 4:08PM

Ashvini Until 3:07PM
Shula* Until 10:11AM
Balava Until 3:03AM Fri
Saptami Until 3:53PM

Malmö, Sweden
Sun 5 Sutra 116
Manmatha 5117
Moon 7 - Phase 15
1st Phase

Ganesha: Clear *Sunrise:* 4:23AM
Muruga: Yellow *Sunset:* 8:03PM

Nataraja: Purple
Moon – White

Ashada-Adi

Sivaloka Day



Friday, August 7, 2015
Retreat Star

Mesha Rasi: 21.55 Titli 23 – 24
421489262
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 6:22AM – 8:19AM
Yama 4:07PM – 6:04PM
Rahu 10:16AM – 12:13PM

Bharani Until 2:16PM
Ganda* Until 7:44AM
Taitila Until 1:41AM Sat
Ashtami* Until 2:17PM

Malmö, Sweden
Sun 6 Sutra 117
Manmatha 5117
Moon 7 - Phase 15
Ashtami

Ganesha: Clear *Sunrise:* 4:25AM
Muruga: Yellow *Sunset:* 8:01PM

Nataraja: Purple
Moon – White

Ashada-Adi

Sivaloka Day

Saturday, August 8, 2015
Retreat Star

Vrishabha Rasi: 5.34 Titli 24 – 25
421489262
Creative Work Amrita Yoga

Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 4:27AM – 6:24AM
Yama 2:10PM – 4:06PM
Rahu 8:20AM – 10:17AM

Krittika Until 1:45PM
Dhruva Until 3:58AM Sun
Vanija Until 12:47AM Sun
Navami* Until 1:09PM

Malmö, Sweden
Sun 7 Sutra 118
Manmatha 5117
Moon 7 - Phase 15
Navami

Ganesha: Clear *Sunrise:* 4:27AM
Muruga: Yellow *Sunset:* 7:59PM

Nataraja: Purple
Moon – White

Ashada-Adi

Sivaloka Day


Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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| 1 | Sunday, August 9, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam | Malmö, Sweden |
| | 431489262 | Rohini/Mrigashira Nakshatra Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | Sun 8 Sutra 119 |
| Wishabha Rasi: 18.56 | Tithi 25 – 26 | Gulika 4:05PM – 6:01PM | Rohini Until 1:58PM |
| | | Yama 12:13PM – 2:09PM | Ganesha: White <i>Sunrise:</i> 4:29AM |
| Creative Work Siddha Yoga | | Rahu 6:01PM – 7:57PM | Muruga: Yellow <i>Sunset:</i> 7:57PM |
| | | | Nataraja: Purple |
| | | | Moon – Yellow |
| | | Dashami Until 12:29PM | Ashada-Adi |
| | | | Devaloka Day |

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| 2 | Monday, August 10, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam | Malmö, Sweden |
| | 431489262 | Mrigashira/Ardra Nakshatra Harshana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | Sun 9 Sutra 120 |
| Mithuna Rasi: 2.04 | Tithi 26 – 27 | Gulika 2:08PM – 4:04PM | Mrigashira Until 2:29PM |
| Family Home Evening | | Yama 10:17AM – 12:13PM | Ganesha: White <i>Sunrise:</i> 4:31AM |
| Creative Work Amrita Yoga | | Rahu 6:26AM – 8:22AM | Muruga: Yellow <i>Sunset:</i> 7:55PM |
| Until 2:29PM | | | Nataraja: Purple |
| Then Creative Work - Siddha Yoga | | | Moon – Yellow |
| | | Ekadashi* Until 12:16PM | Ashada-Adi |
| | | | Devaloka Day |

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| 3 | Tuesday, August 11, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam | Malmö, Sweden |
| | 431489362 | Ardra/Punarvasu Nakshatra Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | Sun 10 Sutra 121 |
| Mithuna Rasi: 14.58 | Tithi 27 – 28 | Gulika 12:13PM – 2:08PM | Ardra Until 3:17PM |
| | | Yama 8:23AM – 10:18AM | Ganesha: White <i>Sunrise:</i> 4:33AM |
| Routine Work Marana Yoga | | Rahu 4:03PM – 5:58PM | Muruga: White <i>Sunset:</i> 7:53PM |
| Until 3:17PM | | | Nataraja: Clear |
| Then Creative Work - Siddha Yoga | | | Moon – Yellow |
| | | Dvadashi* Until 12:29PM | Ashada-Adi |
| | | <i>Pradosha Vrata (Fasting)</i> | Bhuloka Day |
| | | | Devaloka Time: 6:PM to 9:PM |

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| 4 | Wednesday, August 12, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam | Malmö, Sweden |
| | 442489362 | Punarvasu/Pushya Nakshatra Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | Sun 11 Sutra 122 |
| Mithuna Rasi: 27.4 | Tithi 28 – 29 | Gulika 10:18AM – 12:13PM | Punarvasu Until 4:50PM |
| | | Yama 6:29AM – 8:24AM | Ganesha: Orange <i>Sunrise:</i> 4:35AM |
| Creative Work Siddha Yoga | | Rahu 12:13PM – 2:07PM | Muruga: White <i>Sunset:</i> 7:50PM |
| | | | Nataraja: Clear |
| | | | Moon – Blue |
| | | Trayodashi* Until 1:10PM | Ashada-Adi |
| | | | Devaloka Day |

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|  | Thursday, August 13, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam | Malmö, Sweden |
| | 442489362 | Pushya Nakshatra Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | Sun 12 Sutra 123 |
| Retreat Star | | Gulika 8:24AM – 10:18AM | Pushya Until 6:39PM |
| Kataka Rasi: 10.09 | Tithi 29 – 30 | Yama 4:37AM – 6:31AM | Ganesha: Orange <i>Sunrise:</i> 4:37AM |
| Creative Work Amrita Yoga | | Rahu 2:06PM – 4:00PM | Muruga: White <i>Sunset:</i> 7:48PM |
| Until 6:39PM | | | Nataraja: Clear |
| Then Creative Work - Siddha Yoga | | | Moon – Blue |
| | | Chaturdashi* Until 2:17PM | Ashada-Adi |
| | | | Devaloka Day |

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| Retreat Star | Friday, August 14, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam | Malmö, Sweden |
| | 442489362 | Ashlesha* Nakshatra Variyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | Sun 13 Sutra 124 |
| Kataka Rasi: 22.26 | Tithi 30 – 1 | Gulika 6:32AM – 8:25AM | Ashlesha* Until 8:44PM |
| | | Yama 3:59PM – 5:52PM | Ganesha: Orange <i>Sunrise:</i> 4:38AM |
| Routine Work Marana Yoga | | Rahu 10:19AM – 12:12PM | Muruga: White <i>Sunset:</i> 7:46PM |
| | | | Nataraja: Clear |
| | | | Moon – Blue |
| | | Amavasya* Until 3:51PM | Sravana-Adi |
| | | | Devaloka Day |

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

www.gurudeva.org/panchang

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| 1 | Saturday, August 15, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | Malmö, Sweden Sun 14 Sutra 125 |
| | Simha Rasi: 4.34 Tithi 1 – 2 452489362 | Gulika 4:40AM – 6:33AM Yama 2:05PM – 3:58PM Rahu 8:26AM – 10:19AM | Magha* Until 11:33PM Parigha* Until 1:57AM Sun Balava Until 6:59AM Sun Prathama* Until 5:50PM |

Ganesha: Clear *Sunrise:* 4:40AM *Sunset:* 7:44PM
Muruqa: White
Nataraja: Clear
 Moon – Red
Devaloka Day
Sravana-Adi

Creative Work Amrita Yoga
Until 11:33PM
Then Creative Work - Siddha Yoga

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| 2 | Sunday, August 16, 2015 | Manmatha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau | Malmö, Sweden Sun 15 Sutra 126 |
| | Simha Rasi: 16.31 Tithi 2 452489362 | Gulika 3:57PM – 5:49PM Yama 12:12PM – 2:04PM Rahu 5:49PM – 7:41PM | Purvaphalguni Until 2:31AM Mon Shiva Until 2:55AM Mon Balava Until 6:59AM Dvitiya Until 8:10PM |

Ganesha: Clear *Sunrise:* 4:42AM *Sunset:* 7:41PM
Muruqa: White
Nataraja: Clear
 Moon – Red
Devaloka Day
Sravana-Adi

Creative Work Siddha Yoga

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| 3 | Monday, August 17, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddha Yoga Taitila/Gara Karana Tritiyayam Titau | Malmö, Sweden Sun 16 Sutra 127 |
| | Simha Rasi: 28.22 Tithi 3 452589362 | Gulika 2:03PM – 3:55PM Yama 10:20AM – 12:12PM Rahu 6:36AM – 8:28AM | Uttaraphalguni Until 5:30AM Tue Siddha Until 4:01AM Tue Taitila Until 9:28AM Tritiya Until 10:45PM |

Ganesha: White *Sunrise:* 4:44AM *Sunset:* 7:39PM
Muruqa: White
Nataraja: Clear
 Moon – Red
Bhuloka Day
 Devaloka Time: 6:PM to 9:PM
Sravana-Avani

Creative Work Siddha Yoga

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| 4 | Tuesday, August 18, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturthayam Titau | Malmö, Sweden Sun 17 Sutra 128 |
| | Kanya Rasi: 10.09 Tithi 4 562589362 | Gulika 12:11PM – 2:03PM Yama 8:29AM – 10:20AM Rahu 3:54PM – 5:45PM | Hasta Until 8:52AM Wed Sadhya Until 5:09AM Wed Vanija Until 12:07PM Chaturthi* Until 1:25AM Wed |

Ganesha: White *Sunrise:* 4:46AM *Sunset:* 7:37PM
Muruqa: White
Nataraja: Clear
 Moon – Green
Bhuloka Day
 Devaloka Time: 6:PM to 9:PM
Sravana-Avani

Creative Work Siddha Yoga

| | | | |
|----------|--|---|--|
| 5 | Wednesday, August 19, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Subha Yoga Bava/Balava Karana Panchamyam Titau | Malmö, Sweden Sun 18 Sutra 129 |
| | Kanya Rasi: 21.55 Tithi 5 562589362 | Gulika 10:20AM – 12:11PM Yama 6:39AM – 8:30AM Rahu 12:11PM – 2:02PM | Hasta Until 8:52AM Subha Until 6:12AM Thu Bava Until 2:45PM Panchami Until 3:58AM Thu |

Ganesha: White *Sunrise:* 4:48AM *Sunset:* 7:34PM
Muruqa: White
Nataraja: Clear
 Moon – Green
Bhuloka Day
 Devaloka Time: 6:PM to 9:PM
Sravana-Avani

Routine Work Marana Yoga
Until 8:52AM
Then Creative Work - Siddha Yoga

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| 6 | Thursday, August 20, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau | Malmö, Sweden Sun 19 Sutra 130 |
| | Tula Rasi: 3.44 Tithi 6 562589362 | Gulika 8:30AM – 10:21AM Yama 4:50AM – 6:40AM Rahu 2:01PM – 3:51PM | Chitra Until 11:54AM Subha Until 6:12AM Kaulava Until 5:10PM Shashthi* Until 6:12AM Fri |

Ganesha: White *Sunrise:* 4:50AM *Sunset:* 7:32PM
Muruqa: White
Nataraja: Clear
 Moon – Green
Bhuloka Day
 Devaloka Time: 6:PM to 9:PM
Sravana-Avani

Creative Work Siddha Yoga
Until 11:54AM
Then Creative Work - Amrita Yoga

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|---------------------|---|---|---|
| Retreat Star | Friday, August 21, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | Malmö, Sweden Sun 20 Sutra 131 |
| | Tula Rasi: 15.41 Tithi 6 – 7 562589362 | Gulika 6:41AM – 8:31AM Yama 3:50PM – 5:40PM Rahu 10:21AM – 12:11PM | Svati Until 2:24PM Sukla Until 6:58AM Gara Until 7:09PM Shashthi* Until 6:12AM |

Ganesha: White *Sunrise:* 4:52AM *Sunset:* 7:30PM
Muruqa: White
Nataraja: Clear
 Moon – Green
Bhuloka Day
 Devaloka Time: 6:PM to 9:PM
Sravana-Avani

Creative Work Siddha Yoga

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|---------------------|--|--|--|
| Retreat Star | Saturday, August 22, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | Malmö, Sweden Sun 21 Sutra 132 |
| | Tula Rasi: 27.5 Tithi 7 – 8 572589362 | Gulika 4:54AM – 6:43AM Yama 2:00PM – 3:49PM Rahu 8:32AM – 10:21AM | Vishakha Until 4:40PM Brahma Until 7:21AM Visti Until 8:32PM Saptami Until 7:55AM |

Ganesha: Clear *Sunrise:* 4:54AM *Sunset:* 7:27PM
Muruqa: White
Nataraja: Clear
 Moon – Orange
Devaloka Day
Sravana-Avani

Creative Work Siddha Yoga

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|---------------------|--|--|---|
| Retreat Star | Sunday, August 23, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau | Malmö, Sweden Sun 22 Sutra 133 |
| | Vrischika Rasi: 10.16 Tithi 8 – 9 572589362 | Gulika 3:47PM – 5:36PM Yama 12:10PM – 1:59PM Rahu 5:36PM – 7:25PM | Anuradha Until 6:04PM Indra Until 7:12AM Balava Until 9:10PM Ashtami* Until 8:56AM |

Ganesha: Clear *Sunrise:* 4:56AM *Sunset:* 7:25PM
Muruqa: White
Nataraja: Clear
 Moon – Orange
Devaloka Day
Sravana-Avani

Routine Work Marana Yoga

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda


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|----------|---|--|---|
| 1 | Monday, August 24, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | Malmö, Sweden Sun 23 Sutra 134 |
| | Vrischika Rasi: 23.04 Tithi 9 – 10 Family Home Evening 572589362 Creative Work Siddha Yoga | Gulika 1:58PM – 3:46PM Yama 10:22AM – 12:10PM Rahu 6:46AM – 8:34AM | Jyeshtha* Until 6:31PM Vaidhriti* Until 6:25AM Taitila Until 8:59PM Navami* Until 9:10AM |


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| 2 | Tuesday, August 25, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | Malmö, Sweden Sun 24 Sutra 135 |
| | Dhanus Rasi: 6.17 Tithi 10 – 11 583589362 Creative Work Amrita Yoga Until 6:27PM Then Creative Work - Siddha Yoga | Gulika 12:10PM – 1:57PM Yama 8:34AM – 10:22AM Rahu 3:45PM – 5:32PM | Mula* Until 6:27PM Priti Until 2:56AM Wed Vanija Until 7:59PM Dashami Until 8:34AM |

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|----------|--|--|---|
| 3 | Wednesday, August 26, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | Malmö, Sweden Sun 25 Sutra 136 |
| | Dhanus Rasi: 19.58 Tithi 11 – 12 583589362 Creative Work Amrita Yoga | Gulika 10:22AM – 12:09PM Yama 6:48AM – 8:35AM Rahu 12:09PM – 1:56PM | Purvashadha* Until 5:28PM Ayushman Until 12:14AM Thu Bava Until 6:13PM Ekadashi Until 7:10AM |

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| 4 | Thursday, August 27, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau | Malmö, Sweden Sun 26 Sutra 137 |
| | Makara Rasi: 4.05 Tithi 13 583589362 Routine Work Marana Yoga Until 3:41PM Then Creative Work - Siddha Yoga | Gulika 8:36AM – 10:23AM Yama 5:03AM – 6:50AM Rahu 1:56PM – 3:42PM | Uttarashadha Until 3:41PM Saubhagya Until 9:02PM Kaulava Until 3:46PM Trayodashi Until 2:20AM Fri <i>Pradosha Vrata</i> |

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| 5 | Friday, August 28, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Chaturdashyam Titau | Malmö, Sweden Sun 27 Sutra 138 |
| | Makara Rasi: 18.37 Tithi 14 593589363 Routine Work Marana Yoga Until 1:38PM Then Creative Work - Siddha Yoga | Gulika 6:51AM – 8:37AM Yama 3:41PM – 5:26PM Rahu 10:23AM – 12:09PM Varalakshmi Vratam Chidambaram Abhishekam Avani Avittam | Shravana Until 1:38PM Sobhana Until 5:27PM Gara Until 12:48PM Chaturdashi* Until 11:09PM |

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|  | Saturday, August 29, 2015 Copper Retreat Star | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Purnimayam Titau | Malmö, Sweden Sun 27 Sutra 139 |
| | Kumbha Rasi: 3.29 Tithi 15 593589363 Creative Work Siddha Yoga Until 11:05AM Then Creative Work - Amrita Yoga | Gulika 5:07AM – 6:52AM Yama 1:54PM – 3:39PM Rahu 8:38AM – 10:23AM Raksha Bandhan | Dhanishtha Until 11:05AM Athiganda* Until 1:32PM Visti Until 9:27AM Purnima* Until 7:40PM |

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|---|--|---|---|
|  | Sunday, August 30, 2015 Silver Retreat Star | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosithapada* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau | Malmö, Sweden Sun 28 Sutra 140 |
| | Kumbha Rasi: 18.32 Tithi 16 – 17 593589363 Creative Work Siddha Yoga | Gulika 3:38PM – 5:23PM Yama 12:08PM – 1:53PM Rahu 5:23PM – 7:07PM | Shatabhishak Until 8:11AM Sukarma Until 9:28AM Taitila Until 2:15AM Mon Prathama* Until 4:03PM |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 31, 2015
Gold Retreat Star

Meena Rasi: 3.38 Tithi 17 - 18
Family Home Evening 513589363
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Malmö, Sweden
Sun 1 Sutra 141

Gulika 1:52PM - 3:36PM
Yama 10:24AM - 12:08PM
Rahu 6:55AM - 8:39AM

Uttaraproshtapada Until 2:47AM Tue
Shula* Until 1:23AM Tue
Vanija Until 10:42PM
Dvitiya Until 12:26PM

Ganesha: White *Sunrise:* 5:11AM
Muruga: White *Sunset:* 7:05PM
Nataraja: Purple
Moon - Clear
Sravana-Avani

Devaloka Day

Manmatha 5117
Moon 8 - Phase 19
1st Phase

1

Tuesday, September 1, 2015

Meena Rasi: 18.39 Tithi 18 - 19
513589363

Creative Work Siddha Yoga
Until 12:12AM Wed
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Malmö, Sweden
Sun 2 Sutra 142

Gulika 12:08PM - 1:51PM
Yama 8:40AM - 10:24AM
Rahu 3:35PM - 5:19PM

Revati Until 12:12AM Wed
Ganda* Until 9:35PM
Bava Until 7:23PM
Tritiya Until 8:59AM

Ganesha: White *Sunrise:* 5:13AM
Muruga: White *Sunset:* 7:02PM
Nataraja: Purple
Moon - Clear
Sravana-Avani

Devaloka Day

Manmatha 5117
Moon 8 - Phase 19
1st Phase

2

Wednesday, September 2, 2015

Mesha Rasi: 3.27 Tithi 20
523589363

Routine Work Marana Yoga
Until 10:18PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Malmö, Sweden
Sun 3 Sutra 143

Gulika 10:24AM - 12:07PM
Yama 6:58AM - 8:41AM
Rahu 12:07PM - 1:50PM

Ashvini Until 10:18PM
Vriddhi Until 6:08PM
Kaulava Until 4:26PM
Panchami Until 3:07AM Thu

Ganesha: Clear *Sunrise:* 5:15AM
Muruga: White *Sunset:* 7:00PM
Nataraja: Purple
Moon - White
Sravana-Avani

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Manmatha 5117
Moon 8 - Phase 19
1st Phase

3

Thursday, September 3, 2015

Mesha Rasi: 17.55 Tithi 21
523589363

Creative Work Siddha Yoga
Until 8:47PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Shashthyam Titau

Malmö, Sweden
Sun 4 Sutra 144

Gulika 8:42AM - 10:24AM
Yama 5:16AM - 6:59AM
Rahu 1:49PM - 3:32PM

Bharani Until 8:47PM
Dhruva Until 3:03PM
Gara Until 1:59PM
Shashthi* Until 12:57AM Fri

Ganesha: Clear *Sunrise:* 5:16AM
Muruga: White *Sunset:* 6:57PM
Nataraja: Purple
Moon - White
Sravana-Avani

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Manmatha 5117
Moon 8 - Phase 19
1st Phase

4

Friday, September 4, 2015

Vrishabha Rasi: 2.01 Tithi 22
523589363

Creative Work Siddha Yoga
Until 7:43PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Malmö, Sweden
Sun 5 Sutra 145

Gulika 7:00AM - 8:42AM
Yama 3:31PM - 5:13PM
Rahu 10:25AM - 12:07PM

Krittika Until 7:43PM
Vyaghata* Until 12:29PM
Visti Until 12:06PM
Saptami Until 11:24PM

Ganesha: Clear *Sunrise:* 5:18AM
Muruga: White *Sunset:* 6:55PM
Nataraja: Purple
Moon - White
Sravana-Avani

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Manmatha 5117
Moon 8 - Phase 19
1st Phase

Retreat Star

Saturday, September 5, 2015

Vrishabha Rasi: 15.44 Tithi 23
533589363

Creative Work Amrita Yoga
Until 7:36PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Malmö, Sweden
Sun 6 Sutra 146

Gulika 5:20AM - 7:02AM
Yama 1:48PM - 3:29PM
Rahu 8:43AM - 10:25AM

Rohini Until 7:36PM
Harshana Until 10:26AM
Balava Until 10:53AM
Ashtami* Until 10:30PM

Ganesha: Purple *Sunrise:* 5:20AM
Muruga: White *Sunset:* 6:52PM
Nataraja: Purple
Moon - Yellow
Sravana-Avani

Devaloka Day

Krishna Janmashtami

Manmatha 5117
Moon 8 - Phase 19
Ashtami

Sunday, September 6, 2015

Retreat Star

Vrishabha Rasi: 29.03 Tithi 24
533589363

Creative Work Siddha Yoga

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Malmö, Sweden
Sun 7 Sutra 147

Gulika 3:28PM - 5:09PM
Yama 12:06PM - 1:47PM
Rahu 5:09PM - 6:50PM


Mrigashira Until 7:58PM
Vajra* Until 8:53AM
Taitila Until 10:19AM
Navami* Until 10:16PM

Ganesha: Purple *Sunrise:* 5:22AM
Muruga: White *Sunset:* 6:50PM
Nataraja: Purple
Moon - Yellow
Sravana-Avani

Devaloka Day

Manmatha 5117
Moon 8 - Phase 19
Navami

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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| 1 | Monday, September 7, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau | Malmö, Sweden Sun 8 Sutra 148 |
| | Mithuna Rasi: 12.02 Tilthi 25 Family Home Evening 533589363 Creative Work Siddha Yoga Until 8:49PM Then Creative Work - Amrita Yoga | Gulika 1:46PM – 3:26PM Yama 10:25AM – 12:06PM Rahu 7:04AM – 8:45AM | Ardra Until 8:49PM Siddhi Until 7:52AM Vanija Until 10:24AM Dashami Until 10:39PM |
| 2 | Tuesday, September 8, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Ekadashyam Titau | Malmö, Sweden Sun 9 Sutra 149 |
| | Mithuna Rasi: 24.44 Tilthi 26 Creative Work Siddha Yoga | Gulika 12:05PM – 1:45PM Yama 8:46AM – 10:26AM Rahu 3:25PM – 5:05PM | Punarvasu Until 10:31PM Vyatipata* Until 7:20AM Bava Until 11:05AM Ekadashi* Until 11:36PM |
| 3 | Wednesday, September 9, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau | Malmö, Sweden Sun 10 Sutra 150 |
| | Kataka Rasi: 7.11 Tilthi 27 Creative Work Siddha Yoga | Gulika 10:26AM – 12:05PM Yama 7:07AM – 8:46AM Rahu 12:05PM – 1:44PM | Pushya Until 12:33AM Thu Varyan Until 7:12AM Kaulava Until 12:18PM Dvadashi* Until 1:04AM Thu |
| 4 | Thursday, September 10, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau | Malmö, Sweden Sun 11 Sutra 151 |
| | Kataka Rasi: 19.25 Tilthi 28 Creative Work Siddha Yoga Until 2:50AM Fri Then Routine Work - Marana Yoga | Gulika 8:47AM – 10:26AM Yama 5:30AM – 7:08AM Rahu 1:43PM – 3:22PM | Ashlesha* Until 2:50AM Fri Parigha* Until 7:26AM Gara Until 1:59PM Trayodashi* Until 2:57AM Fri <i>Pradosha Vrata (Fasting)</i> |
| 5 | Friday, September 11, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | Malmö, Sweden Sun 12 Sutra 152 |
| | Simha Rasi: 1.29 Tilthi 29 Routine Work Marana Yoga Until 5:47AM Sat Then Creative Work - Siddha Yoga | Gulika 7:10AM – 8:48AM Yama 3:20PM – 4:59PM Rahu 10:26AM – 12:04PM | Magha* Until 5:47AM Sat Shiva Until 8:00AM Visti Until 4:03PM Chaturdashi* Until 5:11AM Sat |
|  | Saturday, September 12, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada* Karana Amavasyayam Titau | Malmö, Sweden Sun 13 Sutra 153 |
| | Retreat Star Simha Rasi: 13.26 Tilthi 30 Creative Work Siddha Yoga Until 8:48AM Sun Then Creative Work - Amrita Yoga | Gulika 5:34AM – 7:11AM Yama 1:41PM – 3:19PM Rahu 8:49AM – 10:26AM | Purvaphalguni Until 8:48AM Sun Siddha Until 8:47AM Catuspada Until 6:25PM Amavasya* Until 7:41AM Sun |
| 6 | Sunday, September 13, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | Malmö, Sweden Sun 14 Sutra 154 |
| | Retreat Star Simha Rasi: 25.16 Tilthi 30 – 1 Creative Work Siddha Yoga Until 8:48AM Then Creative Work - Amrita Yoga | Gulika 3:17PM – 4:55PM Yama 12:03PM – 1:40PM Rahu 4:55PM – 6:32PM | Purvaphalguni Until 8:48AM Sadhya Until 9:47AM Kintughna Until 9:01PM Amavasya* Until 7:41AM |
| | | Grandparent's Day Partial Solar Eclipse | Bhuloka Day Devaloka Time: 9:AM to 12:PM |

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

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|----------|--------------------------------------|---|--|--|-----------------------------------|
| 1 | Monday, September 14, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha/Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | Malmö, Sweden Sun 15 Sutra 155 |
| | Kanya Rasi: 7.04 Tithi 1 – 2 | Gulika 1:40PM – 3:16PM | Uttaraphalguni Until 11:48AM | Ganesha: Orange <i>Sunrise:</i> 5:37AM | Manmatha 5117 |
| | Family Home Evening 554699363 | Yama 10:27AM – 12:03PM | Subha Until 10:53AM | Muruga: Green <i>Sunset:</i> 6:29PM | Moon 8 - Phase 21 |
| | Creative Work Siddha Yoga | Rahu 7:14AM – 8:50AM | Balava Until 11:41PM | Nataraja: Purple | 3rd Phase |
| | | Prathama* Until 10:19AM | | Bhuloka Day Devaloka Time: 9:AM to 12:PM | |

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| 2 | Tuesday, September 15, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | | Malmö, Sweden Sun 16 Sutra 156 |
| | Kanya Rasi: 18.5 Tithi 2 – 3 | Gulika 12:03PM – 1:39PM | Hasta Until 3:10PM | Ganesha: Clear <i>Sunrise:</i> 5:39AM | Manmatha 5117 |
| | Family Home Evening 554699363 | Yama 8:51AM – 10:27AM | Sukla Until 11:59AM | Muruga: Green <i>Sunset:</i> 6:26PM | Moon 8 - Phase 21 |
| | Creative Work Siddha Yoga | Rahu 3:15PM – 4:50PM | Taitila Until 2:20AM Wed | Nataraja: Purple | 3rd Phase |
| | | Dvitiya Until 1:00PM | | Bhuloka Day Devaloka Time: 9:AM to 12:PM | |

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| 3 | Wednesday, September 16, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | | Malmö, Sweden Sun 17 Sutra 157 |
| | Tula Rasi: 0.37 Tithi 3 – 4 | Gulika 10:27AM – 12:02PM | Chitra Until 6:14PM | Ganesha: Clear <i>Sunrise:</i> 5:41AM | Manmatha 5117 |
| | Family Home Evening 554699363 | Yama 7:16AM – 8:52AM | Brahma Until 1:01PM | Muruga: Green <i>Sunset:</i> 6:24PM | Moon 8 - Phase 21 |
| | Creative Work Siddha Yoga | Rahu 12:02PM – 1:38PM | Vanija Until 4:48AM Thu | Nataraja: Purple | 3rd Phase |
| | | Tritiya Until 3:34PM | | Bhuloka Day Devaloka Time: 9:AM to 12:PM | |

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| 4 | Thursday, September 17, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | Malmö, Sweden Sun 18 Sutra 158 | |
| | Tula Rasi: 12.29 Tithi 4 – 5 | Gulika 8:52AM – 10:27AM | Svati Until 8:53PM | Ganesha: Clear <i>Sunrise:</i> 5:43AM | Manmatha 5117 | |
| | Family Home Evening 554699363 | Yama 5:43AM – 7:18AM | Indra Until 1:53PM | Muruga: Green <i>Sunset:</i> 6:21PM | Moon 8 - Phase 21 | |
| | Creative Work Amrita Yoga | Rahu 1:37PM – 3:12PM | Bava Until 6:56AM Fri | Nataraja: Purple | 3rd Phase | |
| Until 8:53PM | Ganesha Chaturthi | | Chaturthi* Until 5:53PM | | Bhuloka Day Devaloka Time: 9:AM to 12:PM | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|----------|--------------------------------------|--|---------------------------------------|---|-----------------------------------|
| 5 | Friday, September 18, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau | | | Malmö, Sweden Sun 19 Sutra 159 |
| | Tula Rasi: 24.29 Tithi 5 | Gulika 7:19AM – 8:53AM | Vishakha Until 11:28PM | Ganesha: Purple <i>Sunrise:</i> 5:45AM | Manmatha 5117 |
| | Family Home Evening 554699363 | Yama 3:10PM – 4:44PM | Vaidhriti* Until 2:26PM | Muruga: Green <i>Sunset:</i> 6:19PM | Moon 8 - Phase 21 |
| | Creative Work Siddha Yoga | Rahu 10:27AM – 12:02PM | Bava Until 6:56AM | Nataraja: Purple | 3rd Phase |
| | | Panchami Until 7:48PM | | Devaloka Day Devaloka Time: 9:AM to 12:PM | |

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|---------------------------------|--------------------------------------|--|---|---|-----------------------------------|
| 6 | Saturday, September 19, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Anuradha Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Shashthyam Titau | | | Malmö, Sweden Sun 20 Sutra 160 |
| | Vrischika Rasi: 6.4 Tithi 6 | Gulika 5:47AM – 7:20AM | Anuradha Until 1:20AM Sun | Ganesha: Purple <i>Sunrise:</i> 5:47AM | Manmatha 5117 |
| | Family Home Evening 554699363 | Yama 1:35PM – 3:09PM | Vishkambha* Until 2:36PM | Muruga: Green <i>Sunset:</i> 6:16PM | Moon 8 - Phase 21 |
| | Creative Work Siddha Yoga | Rahu 8:54AM – 10:28AM | Kaulava Until 8:36AM | Nataraja: Purple | 3rd Phase |
| Until 1:20AM Sun | Shashthi* Until 9:11PM | | Devaloka Day Devaloka Time: 9:AM to 12:PM | | |
| Then Routine Work - Marana Yoga | | | | | |

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|----------------------------------|--------------------------------------|--|---|---|-----------------------------------|
| ☽ | Sunday, September 20, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Saptamyam Titau | | | Malmö, Sweden Sun 21 Sutra 161 |
| | Retreat Star | Gulika 3:07PM – 4:40PM | Jyeshtha* Until 2:25AM Mon | Ganesha: Purple <i>Sunrise:</i> 5:49AM | Manmatha 5117 |
| | Vrischika Rasi: 19.05 Tithi 7 | Yama 12:01PM – 1:34PM | Priti Until 2:18PM | Muruga: Green <i>Sunset:</i> 6:13PM | Moon 8 - Phase 21 |
| | Family Home Evening 554699363 | Rahu 4:40PM – 6:13PM | Gara Until 9:40AM | Nataraja: Purple | 3rd Phase |
| Routine Work Marana Yoga | Saptami Until 9:55PM | | Devaloka Day Devaloka Time: 9:AM to 12:PM | | |
| Until 2:25AM Mon | | | | | |
| Then Creative Work - Siddha Yoga | | | | | |

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| ☾ | Monday, September 21, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau | | | Malmö, Sweden Sun 22 Sutra 162 |
| | Retreat Star | Gulika 1:33PM – 3:06PM | Mula* Until 3:04AM Tue | Ganesha: White <i>Sunrise:</i> 5:51AM | Manmatha 5117 |
| | Dhanus Rasi: 1.5 Tithi 8 | Yama 10:28AM – 12:01PM | Ayushman Until 1:25PM | Muruga: Green <i>Sunset:</i> 6:11PM | Moon 8 - Phase 21 |
| | Family Home Evening 585699363 | Rahu 7:23AM – 8:56AM | Visti Until 10:02AM | Nataraja: Purple | Ashtami |
| Creative Work Siddha Yoga | Ashtami* Until 9:54PM | | Bhuloka Day Devaloka Time: 9:AM to 12:PM | | |
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|----------------------------------|--------------------------------------|--|--|--|-----------------------------------|
| ☽ | Tuesday, September 22, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Navamyam Titau | | | Malmö, Sweden Sun 23 Sutra 163 |
| | Retreat Star | Gulika 12:00PM – 1:32PM | Purvashadha* Until 2:48AM Wed | Ganesha: White <i>Sunrise:</i> 5:52AM | Manmatha 5117 |
| | Dhanus Rasi: 14.57 Tithi 9 | Yama 8:56AM – 10:28AM | Saubhagya Until 11:57AM | Muruga: Green <i>Sunset:</i> 6:08PM | Moon 8 - Phase 21 |
| | Family Home Evening 585699363 | Rahu 3:04PM – 4:36PM | Balava Until 9:38AM | Nataraja: Purple | Navami |
| Creative Work Siddha Yoga | Navami* Until 9:07PM | | Bhuloka Day Devaloka Time: 9:AM to 12:PM | | |
| Until 2:48AM Wed | | | | | |
| Then Creative Work - Amrita Yoga | | | | | |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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| 1 | Wednesday, September 23, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau | Malmö, Sweden Sun 24 Sutra 164 |
| | Dhanu Rasi: 28.29 Tithi 10 585699363 | Gulika 10:29AM – 12:00PM Yama 7:26AM – 8:57AM Rahu 12:00PM – 1:31PM | Uttarashadha Until 1:40AM Thu Sobhana Until 9:52AM Taitila Until 8:28AM Dashami Until 7:35PM |

Ganesha: White *Sunrise:* 5:54AM
Muruga: Green *Sunset:* 6:05PM
Nataraja: Purple
 Moon – Light Blue
Bhadrapada-Puratasi

Creative Work Amrita Yoga
 Until 1:40AM Thu
 Then Creative Work - Siddha Yoga

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| 2 | Thursday, September 24, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau | Malmö, Sweden Sun 25 Sutra 165 |
| | Makara Rasi: 12.28 Tithi 11 – 12 595699363 | Gulika 8:58AM – 10:29AM Yama 5:56AM – 7:27AM Rahu 1:30PM – 3:01PM | Shravana Until 12:08AM Fri Athiganda* Until 7:11AM Vanija Until 6:34AM Ekadashi Until 5:21PM |

Ganesha: Yellow *Sunrise:* 5:56AM
Muruga: Green *Sunset:* 6:03PM
Nataraja: Purple
 Moon – Purple
Bhadrapada-Puratasi

Creative Work Siddha Yoga
 Devaloka Time: 6:AM to 9:AM

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| 3 | Friday, September 25, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | Malmö, Sweden Sun 26 Sutra 166 |
| | Makara Rasi: 26.53 Tithi 12 – 13 595699363 | Gulika 7:28AM – 8:59AM Yama 3:00PM – 4:30PM Rahu 10:29AM – 11:59AM | Dhanishtha Until 9:55PM Dhriti Until 12:21AM Sat Kaulava Until 12:57AM Sat Dvadashi Until 2:31PM |

Ganesha: Yellow *Sunrise:* 5:58AM
Muruga: Green *Sunset:* 6:00PM
Nataraja: Purple
 Moon – Purple
Bhadrapada-Puratasi


Creative Work Siddha Yoga
 Devaloka Time: 6:AM to 9:AM
Pradosha Vrata

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|----------|---|--|---|
| 4 | Saturday, September 26, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | Malmö, Sweden Sun 27 Sutra 167 |
| | Kumbha Rasi: 11.4 Tithi 13 – 14 595699363 | Gulika 6:00AM – 7:30AM Yama 1:29PM – 2:58PM Rahu 8:59AM – 10:29AM | Shatabhishak Until 7:10PM Shula* Until 8:23PM Gara Until 9:30PM Trayodashi Until 11:15AM |

Ganesha: Yellow *Sunrise:* 6:00AM
Muruga: Green *Sunset:* 5:58PM
Nataraja: Purple
 Moon – Purple
Bhadrapada-Puratasi

Creative Work Amrita Yoga
 Until 7:10PM
 Then Routine Work - Marana Yoga
Chidambaram Abhishekam
Kadaitswami Mahasamadhi

Devaloka Time: 6:AM to 9:AM

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|  | Sunday, September 27, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Ganda*/Vridhhi Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau | Malmö, Sweden Sutra 168 |
| | Kumbha Rasi: 26.44 Tithi 14 – 15 515699363 | Gulika 2:57PM – 4:26PM Yama 11:59AM – 1:28PM Rahu 4:26PM – 5:55PM | Purvaproshtapada* Until 4:25PM Ganda* Until 4:13PM Bava Until 3:54AM Mon Chaturdashi* Until 7:39AM |

Ganesha: Yellow *Sunrise:* 6:02AM
Muruga: Green *Sunset:* 5:55PM
Nataraja: Purple
 Moon – Clear
Bhadrapada-Puratasi

Creative Work Siddha Yoga
 Until 4:25PM
 Then Creative Work - Amrita Yoga

Devaloka Time: 6:AM to 9:AM

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|----------------------------|--|---|---|
| Silver Retreat Star | Monday, September 28, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau | Malmö, Sweden Sutra 169 |
| | Meena Rasi: 11.56 Tithi 16 615699363 | Gulika 1:27PM – 2:55PM Yama 10:30AM – 11:58AM Rahu 7:32AM – 9:01AM | Uttaraproshtapada Until 1:27PM Vridhhi Until 11:58AM Balava Until 2:01PM Prathama* Until 12:09AM Tue |

Ganesha: Blue *Sunrise:* 6:04AM
Muruga: Green *Sunset:* 5:52PM
Nataraja: Purple
 Moon – Clear
Bhadrapada-Puratasi

Creative Work Siddha Yoga
Family Home Evening
 Total Lunar Eclipse

Devaloka Time: 6:AM to 9:AM

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

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Tuesday, September 29, 2015
Gold Retreat Star

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Malmö, Sweden
Sutra 170

Meena Rasi: 27.07 Tithi 17
626699363
Creative Work Siddha Yoga

Gulika 11:58AM – 1:26PM
Yama 9:02AM – 10:30AM
Rahu 2:54PM – 4:22PM
Revati Until 10:25AM
Dhruva Until 7:46AM
Taitila Until 10:20AM
Dvitiya Until 8:33PM

Ganesha: Blue *Sunrise:* 6:06AM
Muruqa: Green *Sunset:* 5:50PM
Nataraja: Purple
Moon – Clear
Bhuloka Day
Bhadrapada-Puratasi

1 **Wednesday, September 30, 2015**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Harshana Yoga Vanija/Bava Karana Tritiya/Chaturthiyam Titau

Malmö, Sweden
Sun 1 Sutra 171

Mesha Rasi: 12.09 Tithi 18 – 19
626699363
Routine Work Marana Yoga
Until 7:53AM
Then Creative Work - Siddha Yoga

Gulika 10:30AM – 11:58AM
Yama 7:35AM – 9:03AM
Rahu 11:58AM – 1:25PM
Ashvini Until 7:53AM
Harshana Until 12:04AM Thu
Vanija Until 6:53AM
Tritiya Until 5:17PM

Ganesha: Red *Sunrise:* 6:08AM
Muruqa: Green *Sunset:* 5:47PM
Nataraja: Purple
Moon – White
Bhuloka Day
Bhadrapada-Puratasi Devaloka Time: 6:AM to 9:AM

2 **Thursday, October 1, 2015**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Malmö, Sweden
Sun 2 Sutra 172

Mesha Rasi: 26.52 Tithi 19 – 20
626699363
Routine Work Marana Yoga

Gulika 9:03AM – 10:30AM
Yama 6:10AM – 7:37AM
Rahu 1:24PM – 2:51PM
Krittika Until 3:48AM Fri
Vajra* Until 8:46PM
Kaulava Until 1:19AM Fri
Chaturthi* Until 2:28PM

Ganesha: Red *Sunrise:* 6:10AM
Muruqa: Green *Sunset:* 5:45PM
Nataraja: Purple
Moon – White
Bhuloka Day
Bhadrapada-Puratasi Devaloka Time: 6:AM to 9:AM

3 **Friday, October 2, 2015**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Malmö, Sweden
Sun 3 Sutra 173

Wrishabha Rasi: 11.12 Tithi 20 – 21
636699363
Routine Work Marana Yoga
Until 2:55AM Sat
Then Creative Work - Siddha Yoga

Gulika 7:38AM – 9:04AM
Yama 2:50PM – 4:16PM
Rahu 10:31AM – 11:57AM
Rohini Until 2:55AM Sat
Siddhi Until 6:01PM
Gara Until 11:28PM
Panchami Until 12:17PM

Ganesha: Green *Sunrise:* 6:12AM
Muruqa: Green *Sunset:* 5:42PM
Nataraja: Purple
Moon – Yellow
Bhuloka Day
Bhadrapada-Puratasi

4 **Saturday, October 3, 2015**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantā Vasara Yuktayam
Mrigashira Nakshatra Vyatipata* Varyan Yoga Vanija/Vistit* Karana Shashthi/Saptamyam Titau

Malmö, Sweden
Sun 4 Sutra 174

Wrishabha Rasi: 25.05 Tithi 21 – 22
636699363
Creative Work Siddha Yoga

Gulika 6:14AM – 7:39AM
Yama 1:22PM – 2:48PM
Rahu 9:05AM – 10:31AM
Mrigashira Until 2:39AM Sun
Vyatipata* Until 3:52PM
Vistit Until 10:22PM
Shashthi* Until 10:48AM

Ganesha: Green *Sunrise:* 6:14AM
Muruqa: Green *Sunset:* 5:40PM
Nataraja: Purple
Moon – Yellow
Bhuloka Day
Bhadrapada-Puratasi

Retreat Star **Sunday, October 4, 2015**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Malmö, Sweden
Sun 5 Sutra 175

Mithuna Rasi: 8.3 Tithi 22 – 23
636699363
Creative Work Siddha Yoga
Until 3:01AM Mon
Then Creative Work - Amrita Yoga

Gulika 2:47PM – 4:12PM
Yama 11:56AM – 1:21PM
Rahu 4:12PM – 5:37PM
Ardra Until 3:01AM Mon
Varyan Until 2:19PM
Balava Until 10:05PM
Saptami Until 10:06AM

Ganesha: Green *Sunrise:* 6:15AM
Muruqa: Green *Sunset:* 5:37PM
Nataraja: Purple
Moon – Yellow
Bhuloka Day
Bhadrapada-Puratasi

Retreat Star **Monday, October 5, 2015**

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Malmö, Sweden
Sun 6 Sutra 176

Mithuna Rasi: 21.3 Tithi 23 – 24
646699363
Family Home Evening
Creative Work Amrita Yoga
Until 4:27AM Tue
Then Creative Work - Siddha Yoga

Gulika 1:21PM – 2:45PM
Yama 10:31AM – 11:56AM
Rahu 7:42AM – 9:07AM
Punarvasu Until 4:27AM Tue
Parigha* Until 1:25PM
Taitila Until 10:35PM
Ashtami* Until 10:13AM

Ganesha: Orange *Sunrise:* 6:17AM
Muruqa: Green *Sunset:* 5:34PM
Nataraja: Purple
Moon – Blue
Bhuloka Day
Bhadrapada-Puratasi Devaloka Time: 6:AM to 9:AM

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margā. Tirumantiram 1502

All times are standard time

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| 1 | Tuesday, October 6, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Navami/Dashmyam Titau | Malmö, Sweden Sun 7 Sutra 177 |
| | Kataka Rasi: 4.08 Tithi 24 – 25 646799363 | Gulika 11:56AM – 1:20PM Yama 9:08AM – 10:32AM Rahu 2:44PM – 4:08PM | Pushya Until 6:24AM Wed Shiva Until 1:07PM Vanija Until 11:48PM Navami* Until 11:05AM |
| | Creative Work Siddha Yoga | Ganesha: Clear <i>Sunrise:</i> 6:19AM Muruga: Green <i>Sunset:</i> 5:32PM Nataraja: Purple Moon – Blue Bhuloka Day Bhadrapada-Puratasi Devaloka Time: 6:AM to 9:AM | |


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| 2 | Wednesday, October 7, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha/Sadhya Yoga Vistii*/Bava Karana Dashami/Ekadashyam Titau | Malmö, Sweden Sun 8 Sutra 178 |
| | Kataka Rasi: 16.27 Tithi 25 – 26 646799363 | Gulika 10:32AM – 11:55AM Yama 7:45AM – 9:08AM Rahu 11:55AM – 1:19PM | Pushya Until 6:24AM Siddha Until 1:17PM Bava Until 1:37AM Thu Dashami Until 12:38PM |
| | Creative Work Siddha Yoga | Ganesha: Clear <i>Sunrise:</i> 6:21AM Muruga: Green <i>Sunset:</i> 5:29PM Nataraja: Purple Moon – Blue Bhuloka Day Bhadrapada-Puratasi Devaloka Time: 6:AM to 9:AM | |

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| 3 | Thursday, October 8, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | Malmö, Sweden Sun 9 Sutra 179 |
| | Kataka Rasi: 28.33 Tithi 26 – 27 647799364 | Gulika 9:09AM – 10:32AM Yama 6:23AM – 7:46AM Rahu 1:18PM – 2:41PM | Ashlesha* Until 8:43AM Sadhya Until 1:51PM Kaulava Until 3:54AM Fri Ekadashi* Until 2:41PM |
| | Creative Work Siddha Yoga Until 8:43AM Then Creative Work - Amrita Yoga | Ganesha: Orange <i>Sunrise:</i> 6:23AM Muruga: Green <i>Sunset:</i> 5:27PM Nataraja: Clear Moon – Blue Bhuloka Day Bhadrapada-Puratasi | |

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| 4 | Friday, October 9, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha/Sukla Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau | Malmö, Sweden Sun 10 Sutra 180 |
| | Simha Rasi: 10.29 Tithi 27 – 28 657799364 | Gulika 7:48AM – 9:10AM Yama 2:40PM – 4:02PM Rahu 10:32AM – 11:55AM | Magha* Until 11:45AM Subha Until 2:43PM Gara Until 6:27AM Sat Dvadashi* Until 5:08PM <i>Pradosha Vrata (Fasting)</i> |
| | Routine Work Marana Yoga Until 11:45AM Then Creative Work - Siddha Yoga | Ganesha: Light Blue <i>Sunrise:</i> 6:25AM Muruga: Green <i>Sunset:</i> 5:24PM Nataraja: Clear Moon – Red Bhuloka Day Bhadrapada-Puratasi Devaloka Time: 6:PM to 9:PM | |

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| 5 | Saturday, October 10, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodashyam Titau | Malmö, Sweden Sun 11 Sutra 181 |
| | Simha Rasi: 22.18 Tithi 28 657799364 | Gulika 6:27AM – 7:49AM Yama 1:16PM – 2:38PM Rahu 9:11AM – 10:33AM | Purvaphalguni Until 2:51PM Sukla Until 3:43PM Gara Until 6:27AM Trayodashi* Until 7:46PM |
| | Creative Work Siddha Yoga Until 2:51PM Then Routine Work - Marana Yoga | Ganesha: Light Blue <i>Sunrise:</i> 6:27AM Muruga: Green <i>Sunset:</i> 5:22PM Nataraja: Clear Moon – Red Bhuloka Day Bhadrapada-Puratasi Devaloka Time: 6:PM to 9:PM | |

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| 6 | Sunday, October 11, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Vistii*/Sakuni* Karana Chaturdashyam Titau | Malmö, Sweden Sun 12 Sutra 182 |
| | Kanya Rasi: 4.05 Tithi 29 657799364 | Gulika 2:37PM – 3:58PM Yama 11:54AM – 1:16PM Rahu 3:58PM – 5:19PM | Uttaraphalguni Until 5:52PM Brahma Until 4:48PM Vistii Until 9:09AM Chaturdashi* Until 10:29PM |
| | Creative Work Amrita Yoga | Ganesha: Light Blue <i>Sunrise:</i> 6:29AM Muruga: Green <i>Sunset:</i> 5:19PM Nataraja: Clear Moon – Red Bhuloka Day Bhadrapada-Puratasi Devaloka Time: 6:PM to 9:PM | |

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|  | Monday, October 12, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Indra/Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau | Malmö, Sweden Sun 13 Sutra 183 |
| | Retreat Star Kanya Rasi: 15.52 Tithi 30 Family Home Evening 667799364 Creative Work Siddha Yoga Until 9:10PM Then Routine Work - Prabalarishta Yoga | Gulika 1:15PM – 2:35PM Yama 10:33AM – 11:54AM Rahu 7:52AM – 9:13AM | Hasta Until 9:10PM Indra Until 5:51PM Catuspada Until 11:50AM Amavasya* Until 1:07AM Tue |
| | Mahalaya Amavasai (Tamil Nadu) | Ganesha: Purple <i>Sunrise:</i> 6:31AM Muruga: Green <i>Sunset:</i> 5:17PM Nataraja: Clear Moon – Green Bhuloka Day Bhadrapada-Puratasi Devaloka Time: 6:PM to 9:PM | |

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| | Tuesday, October 13, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau | Malmö, Sweden Sun 14 Sutra 184 |
| | Retreat Star Kanya Rasi: 27.41 Tithi 1 667799364 Creative Work Siddha Yoga | Gulika 11:54AM – 1:14PM Yama 9:13AM – 10:34AM Rahu 2:34PM – 3:54PM | Chitra Until 12:08AM Wed Vaidhriti* Until 6:45PM Kintughna Until 2:23PM Prathama* Until 3:34AM Wed |
| | Navaratri Begins | Ganesha: Purple <i>Sunrise:</i> 6:33AM Muruga: Green <i>Sunset:</i> 5:14PM Nataraja: Clear Moon – Green Bhuloka Day Ashvina-Puratasi Devaloka Time: 6:PM to 9:PM | |

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

All times are standard time

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| | | | |
|----------|---|---|---|
| 1 | Wednesday, October 14, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau | Malmö, Sweden Sun 15 Sutra 185 |
| | Tula Rasi: 9.34 Tithi 2 688799364 | Gulika 10:34AM – 11:54AM Yama 7:55AM – 9:14AM Rahu 11:54AM – 1:13PM | Svati Until 2:41AM Thu Vishkambha* Until 7:29PM Balava Until 4:42PM Dvitiya Until 5:43AM Thu |

| | |
|---|---|
| Ganesha: Light Blue <i>Sunrise:</i> 6:35AM | Manmatha 5117 |
| Muruga: Green <i>Sunset:</i> 5:12PM | Moon 9 - Phase 25 |
| Nataraja: Clear | 3rd Phase |
| Moon – Green | |
| Ashvina+Puratasi | Bhuloka Day Devaloka Time: 6:PM to 9:PM |

| | | | |
|----------|--|--|---|
| 2 | Thursday, October 15, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Priti Yoga Tailila Karana Tritiyayam Titau | Malmö, Sweden Sun 16 Sutra 186 |
| | Tula Rasi: 21.34 Tithi 3 678799364 | Gulika 9:15AM – 10:34AM Yama 6:37AM – 7:56AM Rahu 1:12PM – 2:31PM | Vishakha Until 5:13AM Fri Priti Until 7:59PM Tailila Until 6:42PM Tritiya Until 7:32AM Fri |

| | |
|---|---|
| Ganesha: Purple <i>Sunrise:</i> 6:37AM | Manmatha 5117 |
| Muruga: Green <i>Sunset:</i> 5:09PM | Moon 9 - Phase 25 |
| Nataraja: Clear | 3rd Phase |
| Moon – Orange | |
| Ashvina+Puratasi | Bhuloka Day Devaloka Time: 6:PM to 9:PM |

| | | | |
|----------|--|---|---|
| 3 | Friday, October 16, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | Malmö, Sweden Sun 17 Sutra 187 |
| | Vrischika Rasi: 3.43 Tithi 3 – 4 678799364 | Gulika 7:58AM – 9:16AM Yama 2:30PM – 3:49PM Rahu 10:35AM – 11:53AM | Anuradha Until 7:11AM Sat Ayushman Until 8:08PM Vanija Until 8:18PM Tritiya Until 7:32AM |

| | |
|---|---|
| Ganesha: Purple <i>Sunrise:</i> 6:39AM | Manmatha 5117 |
| Muruga: Green <i>Sunset:</i> 5:07PM | Moon 9 - Phase 25 |
| Nataraja: Clear | 3rd Phase |
| Moon – Orange | |
| Ashvina+Puratasi | Bhuloka Day Devaloka Time: 6:PM to 9:PM |

| | | | |
|----------|---|---|---|
| 4 | Saturday, October 17, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau | Malmö, Sweden Sun 18 Sutra 188 |
| | Vrischika Rasi: 16.02 Tithi 4 – 5 678799364 | Gulika 6:41AM – 7:59AM Yama 1:11PM – 2:29PM Rahu 9:17AM – 10:35AM | Anuradha Until 7:11AM Saubhagya Until 7:58PM Bava Until 9:27PM Chaturthi* Until 8:55AM |

| | |
|---|---|
| Ganesha: Purple <i>Sunrise:</i> 6:41AM | Manmatha 5117 |
| Muruga: Green <i>Sunset:</i> 5:05PM | Moon 9 - Phase 25 |
| Nataraja: Clear | 3rd Phase |
| Moon – Orange | |
| Ashvina+Aipasi | Bhuloka Day Devaloka Time: 6:PM to 9:PM |

| | | | |
|----------|---|---|--|
| 5 | Sunday, October 18, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | Malmö, Sweden Sun 19 Sutra 189 |
| | Vrischika Rasi: 28.34 Tithi 5 – 6 678799364 | Gulika 2:27PM – 3:45PM Yama 11:53AM – 1:10PM Rahu 3:45PM – 5:02PM | Jyeshtha* Until 8:32AM Sobhana Until 7:25PM Kaulava Until 10:05PM Panchami Until 9:49AM |


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|---|---|
| Ganesha: Purple <i>Sunrise:</i> 6:43AM | Manmatha 5117 |
| Muruga: Green <i>Sunset:</i> 5:02PM | Moon 9 - Phase 25 |
| Nataraja: Clear | 3rd Phase |
| Moon – Orange | |
| Ashvina+Aipasi | Bhuloka Day Devaloka Time: 6:PM to 9:PM |

Routine Work Marana Yoga
Until 8:32AM
Then Creative Work - Amrita Yoga

| | | | |
|----------|---|---|--|
| 6 | Monday, October 19, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau | Malmö, Sweden Sun 20 Sutra 190 |
| | Dhanus Rasi: 11.2 Tithi 6 – 7 688799364 | Gulika 1:09PM – 2:26PM Yama 10:36AM – 11:52AM Rahu 8:02AM – 9:19AM | Mula* Until 9:41AM Athiganda* Until 6:24PM Gara Until 10:09PM Shashthi* Until 10:10AM |

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|--|---------------------|
| Ganesha: Clear <i>Sunrise:</i> 6:45AM | Manmatha 5117 |
| Muruga: Green <i>Sunset:</i> 5:00PM | Moon 9 - Phase 25 |
| Nataraja: Clear | 3rd Phase |
| Moon – Light Blue | |
| Ashvina+Aipasi | Devaloka Day |

Creative Work Siddha Yoga
Until 9:41AM
Then Routine Work - Marana Yoga

| | | | |
|---|--|--|---|
|  | Tuesday, October 20, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma/Dhriti Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau | Malmö, Sweden Sun 21 Sutra 191 |
| | Dhanus Rasi: 24.24 Tithi 7 – 8 688799364 | Gulika 11:52AM – 1:09PM Yama 9:20AM – 10:36AM Rahu 2:25PM – 3:41PM | Purvashadha* Until 10:05AM Sukarma Until 4:55PM Vistil Until 9:35PM Saptami Until 9:56AM |

| | |
|--|---------------------|
| Ganesha: Clear <i>Sunrise:</i> 6:47AM | Manmatha 5117 |
| Muruga: Green <i>Sunset:</i> 4:57PM | Moon 9 - Phase 25 |
| Nataraja: Clear | Ashtami |
| Moon – Light Blue | |
| Ashvina+Aipasi | Devaloka Day |

Creative Work Siddha Yoga
Until 10:05AM
Then Routine Work - Prabalarishta Yoga

| | | | |
|---------------------|---|---|--|
| Retreat Star | Wednesday, October 21, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau | Malmö, Sweden Sun 22 Sutra 192 |
| | Makara Rasi: 7.48 Tithi 8 – 9 689799364 | Gulika 10:36AM – 11:52AM Yama 8:05AM – 9:21AM Rahu 11:52AM – 1:08PM | Uttarashadha Until 9:42AM Dhriti Until 2:56PM Balava Until 8:23PM Ashtami* Until 9:03AM |

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|---|---------------------|
| Ganesha: Purple <i>Sunrise:</i> 6:49AM | Manmatha 5117 |
| Muruga: Green <i>Sunset:</i> 4:55PM | Moon 9 - Phase 25 |
| Nataraja: Clear | Navami |
| Moon – Light Blue | |
| Ashvina+Aipasi | Sivaloka Day |

Creative Work Amrita Yoga
Until 9:42AM
Then Creative Work - Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

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|----------|--|--|---|
| 1 | Thursday, October 22, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | Malmö, Sweden Sun 23 Sutra 193 |
| | Makara Rasi: 21.34 Tithi 9 – 10 Creative Work Siddha Yoga | Gulika 9:22AM – 10:37AM Yama 6:51AM – 8:06AM Rahu 1:07PM – 2:22PM Vijaya Dasami | Shravana Until 9:00AM Shula* Until 12:25PM Taitila Until 6:33PM Navami* Until 7:31AM |

| | | |
|--|---|---|
| Ganesha: Clear Muruga: Green Nataraja: Clear Moon – Purple | Sunrise: 6:51AM Sunset: 4:53PM | Manmatha 5117 Moon 9 - Phase 26 4th Phase |
| Ashvina-Aipasi | | Devaloka Day |

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|----------|---|---|--|
| 2 | Friday, October 23, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Ekadashyam Titau | Malmö, Sweden Sun 24 Sutra 194 |
| | Kumbha Rasi: 5.44 Tithi 11 Creative Work Siddha Yoga | Gulika 8:08AM – 9:23AM Yama 2:21PM – 3:36PM Rahu 10:37AM – 11:52AM | Dhanishtha Until 7:33AM Ganda* Until 9:25AM Vanija Until 4:08PM Ekadashi Until 2:44AM Sat |

| | | |
|--|---|---|
| Ganesha: Clear Muruga: Green Nataraja: Clear Moon – Purple | Sunrise: 6:53AM Sunset: 4:50PM | Manmatha 5117 Moon 9 - Phase 26 4th Phase |
| Ashvina-Aipasi | | Devaloka Day |

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|----------|---|---|--|
| 3 | Saturday, October 24, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau | Malmö, Sweden Sun 25 Sutra 195 |
| | Kumbha Rasi: 20.15 Tithi 12 Routine Work Marana Yoga Until 3:11AM Sun Then Creative Work - Amrita Yoga | Gulika 6:55AM – 8:09AM Yama 1:06PM – 2:20PM Rahu 9:24AM – 10:38AM | Purvaproshtapada* Until 3:11AM Sun Vridhi Until 6:01AM Bava Until 1:15PM Dvadashi Until 11:38PM |


| | | |
|--|---|---|
| Ganesha: Yellow Muruga: Green Nataraja: Clear Moon – Clear | Sunrise: 6:55AM Sunset: 4:48PM | Manmatha 5117 Moon 9 - Phase 26 4th Phase |
| Ashvina-Aipasi | | Devaloka Day |

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|----------|---|---|--|
| 4 | Sunday, October 25, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau | Malmö, Sweden Sun 26 Sutra 196 |
| | Meena Rasi: 5.05 Tithi 13 Creative Work Amrita Yoga Until 12:30AM Mon Then Creative Work - Siddha Yoga | Gulika 2:19PM – 3:32PM Yama 11:52AM – 1:05PM Rahu 3:32PM – 4:46PM | Uttaraproshtapada Until 12:30AM Mon Vyaghata* Until 10:16PM Kaulava Until 9:59AM Trayodashi Until 8:14PM <i>Pradosha Vrata</i> |


| | | |
|--|---|---|
| Ganesha: Yellow Muruga: Green Nataraja: Clear Moon – Clear | Sunrise: 6:57AM Sunset: 4:46PM | Manmatha 5117 Moon 9 - Phase 26 4th Phase |
| Ashvina-Aipasi | | Devaloka Day |

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|----------|---|--|--|
| 5 | Monday, October 26, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Harshana Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau | Malmö, Sweden Sun 27 Sutra 197 |
| | Meena Rasi: 20.07 Tithi 14 – 15 Family Home Evening Creative Work Siddha Yoga | Gulika 1:04PM – 2:17PM Yama 10:38AM – 11:51AM Rahu 8:13AM – 9:25AM | Revati Until 9:34PM Harshana Until 6:10PM Gara Until 6:29AM Chaturdashi* Until 4:40PM |

| | | |
|--|---|---|
| Ganesha: Yellow Muruga: Green Nataraja: Clear Moon – Clear | Sunrise: 7:00AM Sunset: 4:43PM | Manmatha 5117 Moon 9 - Phase 26 4th Phase |
| Ashvina-Aipasi | | Devaloka Day |

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|---|---|--|--|
|  | Tuesday, October 27, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau | Malmö, Sweden Sutra 198 |
| | Mesha Rasi: 5.13 Tithi 15 – 16 Creative Work Siddha Yoga | Gulika 11:51AM – 1:04PM Yama 9:26AM – 10:39AM Rahu 2:16PM – 3:29PM | Ashvini Until 6:55PM Vajra* Until 2:03PM Balava Until 11:23PM Purnima* Until 1:06PM |

| | | |
|---|---|---|
| Ganesha: White Muruga: Green Nataraja: Clear Moon – White | Sunrise: 7:02AM Sunset: 4:41PM | Manmatha 5117 Moon 9 - Phase 26 Purnima |
| Ashvina-Aipasi | | Sivaloka Day |

| | | | |
|---|--|--|--|
|  | Wednesday, October 28, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Siddhi/Vyalipata* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau | Malmö, Sweden Sutra 199 |
| | Mesha Rasi: 20.14 Tithi 16 – 17 Creative Work Siddha Yoga Until 4:20PM Then Creative Work - Amrita Yoga | Gulika 10:39AM – 11:51AM Yama 8:16AM – 9:27AM Rahu 11:51AM – 1:03PM | Bharani Until 4:20PM Siddhi Until 10:04AM Taitila Until 8:06PM Prathama* Until 9:41AM |

| | | |
|---|---|--|
| Ganesha: White Muruga: Green Nataraja: Clear Moon – White | Sunrise: 7:04AM Sunset: 4:39PM | Manmatha 5117 Moon 9 - Phase 26 Prathama |
| Ashvina-Aipasi | | Sivaloka Day |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Thursday, October 29, 2015
Gold Retreat Star

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyalipata *Variyan Yoga Gara/Visti* Karana Dvitiya/Tritiyam Titau

Malmö, Sweden
Sun 1 Sutra 200

Vrishabha Rasi: 5.03 Tilthi 17 – 18
621799364
Routine Work Marana Yoga

Gulika 9:28AM – 10:40AM
Yama 7:06AM – 8:17AM
Rahu 1:03PM – 2:14PM
Krittika Until 1:59PM
Vyatipata* Until 6:21AM
Visti Until 3:57AM Fri
Dvitiya Until 6:34AM

Ganesha: White *Sunrise:* 7:06AM
Muruga: Green *Sunset:* 4:37PM
Nataraja: Clear
Moon – White
Ashvina•Aipasi

Manmatha 5117
Moon 10 - Phase 27
1st Phase
Sivaloka Day

1

Friday, October 30, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha* Yoga Bava/Balava Karana Chaturthyam Titau

Malmö, Sweden
Sun 2 Sutra 211

Vrishabha Rasi: 19.31 Tilthi 19
631799364
Routine Work Marana Yoga
Until 12:27PM
Then Creative Work - Siddha Yoga

Gulika 8:19AM – 9:29AM
Yama 2:13PM – 3:24PM
Rahu 10:40AM – 11:51AM
Rohini Until 12:27PM
Parigha* Until 12:11AM Sat
Bava Until 2:53PM
Chaturthi* Until 1:57AM Sat

Ganesha: Yellow *Sunrise:* 7:08AM
Muruga: Green *Sunset:* 4:35PM
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Manmatha 5117
Moon 10 - Phase 27
1st Phase
Devaloka Day

2

Saturday, October 31, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Malmö, Sweden
Sun 3 Sutra 202

Mithuna Rasi: 3.32 Tilthi 20
631899364
Creative Work Siddha Yoga

Gulika 7:10AM – 8:20AM
Yama 1:01PM – 2:12PM
Rahu 9:30AM – 10:41AM
Mrigashira Until 11:27AM
Shiva Until 9:59PM
Kaulava Until 1:15PM
Panchami Until 12:43AM Sun

Ganesha: Blue *Sunrise:* 7:10AM
Muruga: Green *Sunset:* 4:32PM
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Manmatha 5117
Moon 10 - Phase 27
1st Phase
Bhuloka Day
Devaloka Time: 6:PM to 9:PM

3

Sunday, November 1, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Malmö, Sweden
Sun 4 Sutra 203

Mithuna Rasi: 17.06 Tilthi 21
631899364
Creative Work Siddha Yoga

Gulika 2:11PM – 3:20PM
Yama 11:51AM – 1:01PM
Rahu 3:20PM – 4:30PM
Ardra Until 11:05AM
Siddha Until 8:24PM
Gara Until 12:26PM
Shashthi* Until 12:19AM Mon

Ganesha: Blue *Sunrise:* 7:12AM
Muruga: Green *Sunset:* 4:30PM
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Manmatha 5117
Moon 10 - Phase 27
1st Phase
Bhuloka Day
Devaloka Time: 6:PM to 9:PM

4

Monday, November 2, 2015

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Malmö, Sweden
Sun 5 Sutra 204

Kataka Rasi: 0.11 Tilthi 22
641899364
Family Home Evening
Creative Work Amrita Yoga
Until 11:51AM
Then Creative Work - Siddha Yoga

Gulika 1:00PM – 2:10PM
Yama 10:42AM – 11:51AM
Rahu 8:23AM – 9:33AM
Punarvasu Until 11:51AM
Sadhya Until 7:31PM
Visti Until 12:29PM
Saptami Until 12:48AM Tue

Ganesha: Red *Sunrise:* 7:14AM
Muruga: Green *Sunset:* 4:28PM
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Manmatha 5117
Moon 10 - Phase 27
1st Phase
Devaloka Day

D

Tuesday, November 3, 2015
Retreat Star

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Malmö, Sweden
Sun 6 Sutra 205

Kataka Rasi: 12.52 Tilthi 23
641899364
Creative Work Siddha Yoga

Gulika 11:51AM – 1:00PM
Yama 9:34AM – 10:42AM
Rahu 2:09PM – 3:17PM
Pushya Until 1:19PM
Subha Until 7:17PM
Balava Until 1:23PM
Ashtami* Until 2:07AM Wed

Ganesha: Red *Sunrise:* 7:16AM
Muruga: Green *Sunset:* 4:26PM
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Manmatha 5117
Moon 10 - Phase 27
Ashtami
Devaloka Day

Wednesday, November 4, 2015
Retreat Star

Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau

Malmö, Sweden
Sun 7 Sutra 206

Kataka Rasi: 25.11 Tilthi 24
641899364
Creative Work Siddha Yoga

Gulika 10:43AM – 11:51AM
Yama 8:26AM – 9:35AM
Rahu 11:51AM – 12:59PM
Ashlesha* Until 3:20PM
Sukla Until 7:35PM
Taitila Until 3:03PM
Navami* Until 4:06AM Thu

Ganesha: Red *Sunrise:* 7:18AM
Muruga: Green *Sunset:* 4:24PM
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Manmatha 5117
Moon 10 - Phase 27
Navami
Devaloka Day

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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|----------|--|---|---|
| 1 | Thursday, November 5, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau | Malmö, Sweden Sun 8 Sutra 207 |
| | Simha Rasi: 7.15 Tithi 25 651899364 | Gulika 9:36AM – 10:43AM Yama 7:20AM – 8:28AM Rahu 12:59PM – 2:07PM | Magha* Until 6:14PM Brahma Until 8:18PM Vanija Until 5:18PM Dashami Until 6:34AM Fri |

| | | | |
|--|--|------------------------|---|
| Ganesha: Green <i>Sunrise:</i> 7:20AM | Muruga: Green <i>Sunset:</i> 4:22PM | Nataraja: Clear | Bhuloka Day Devaloka Time: 6:PM to 9:PM |
|--|--|------------------------|---|

Creative Work Amrita Yoga
Until 6:14PM
Then Creative Work - Siddha Yoga

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|----------|--|---|---|
| 2 | Friday, November 6, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | Malmö, Sweden Sun 9 Sutra 208 |
| | Simha Rasi: 19.07 Tithi 25 – 26 651899364 | Gulika 8:29AM – 9:37AM Yama 2:06PM – 3:13PM Rahu 10:44AM – 11:51AM | Purvaphalguni Until 9:19PM Indra Until 9:17PM Bava Until 7:56PM Dashami Until 6:34AM |

| | | | |
|--|--|------------------------|---|
| Ganesha: Green <i>Sunrise:</i> 7:22AM | Muruga: Green <i>Sunset:</i> 4:20PM | Nataraja: Clear | Bhuloka Day Devaloka Time: 6:PM to 9:PM |
|--|--|------------------------|---|

Creative Work Siddha Yoga

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|----------|---|---|---|
| 3 | Saturday, November 7, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | Malmö, Sweden Sun 10 Sutra 209 |
| | Kanya Rasi: 0.55 Tithi 26 – 27 751899364 | Gulika 7:24AM – 8:31AM Yama 12:58PM – 2:05PM Rahu 9:38AM – 10:44AM | Uttaraphalguni Until 12:21AM Sun Vaidhriti* Until 10:20PM Kaulava Until 10:42PM Ekadashi* Until 9:17AM |

| | | | |
|--|--|------------------------|---------------------|
| Ganesha: Red <i>Sunrise:</i> 7:24AM | Muruga: Green <i>Sunset:</i> 4:18PM | Nataraja: Clear | Devaloka Day |
|--|--|------------------------|---------------------|

Routine Work Marana Yoga
Until 12:21AM Sun
Then Creative Work - Amrita Yoga

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|----------|---|---|--|
| 4 | Sunday, November 8, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vishkambha* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau | Malmö, Sweden Sun 11 Sutra 210 |
| | Kanya Rasi: 12.4 Tithi 27 – 28 762899364 | Gulika 2:04PM – 3:10PM Yama 11:51AM – 12:57PM Rahu 3:10PM – 4:16PM | Hasta Until 3:39AM Mon Vishkambha* Until 11:21PM Gara Until 1:23AM Mon Dvadashi* Until 12:02PM <i>Pradosha Vrata (Fasting)</i> |

| | | | |
|--|--|------------------------|---------------------|
| Ganesha: Red <i>Sunrise:</i> 7:26AM | Muruga: Green <i>Sunset:</i> 4:16PM | Nataraja: Clear | Devaloka Day |
|--|--|------------------------|---------------------|

Creative Work Amrita Yoga
Until 3:39AM Mon
Then Routine Work - Prabalarishta Yoga

| | | | |
|----------|--|---|--|
| 5 | Monday, November 9, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | Malmö, Sweden Sun 12 Sutra 211 |
| | Kanya Rasi: 24.29 Tithi 28 – 29 762899364 | Gulika 12:57PM – 2:03PM Yama 10:46AM – 11:51AM Rahu 8:34AM – 9:40AM | Chitra Until 6:31AM Tue Priti Until 12:12AM Tue Visti Until 3:50AM Tue Trayodashi* Until 2:37PM |

| | | | |
|--|--|------------------------|---------------------|
| Ganesha: Red <i>Sunrise:</i> 7:28AM | Muruga: Green <i>Sunset:</i> 4:14PM | Nataraja: Clear | Devaloka Day |
|--|--|------------------------|---------------------|


Routine Work Prabalarishta Yoga
Until 6:31AM Tue
Then Creative Work - Siddha Yoga

Subramuniyaswami Mahasamadhi
Deepavali Hindu Solidarity Day

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|----------|--|---|--|
| 6 | Tuesday, November 10, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | Malmö, Sweden Sun 13 Sutra 212 |
| | Tula Rasi: 6.23 Tithi 29 – 30 762899364 | Gulika 11:51AM – 12:57PM Yama 9:41AM – 10:46AM Rahu 2:02PM – 3:07PM | Chitra Until 6:31AM Ayushman Until 12:46AM Wed Catuspada Until 5:55AM Wed Chaturdashi* Until 4:54PM |

| | | | |
|--|--|------------------------|---------------------|
| Ganesha: Red <i>Sunrise:</i> 7:30AM | Muruga: Green <i>Sunset:</i> 4:12PM | Nataraja: Clear | Devaloka Day |
|--|--|------------------------|---------------------|

Creative Work Siddha Yoga

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|---|---|---|---|
|  | Wednesday, November 11, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Naga* Karana Amavasyayam Titau | Malmö, Sweden Sun 14 Sutra 213 |
| | Retreat Star Tula Rasi: 18.26 Tithi 30 762899364 | Gulika 10:47AM – 11:52AM Yama 8:37AM – 9:42AM Rahu 11:52AM – 12:56PM | Svati Until 8:53AM Saubhagya Until 1:02AM Thu Naga Until 6:48PM Amavasya* Until 6:48PM |

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|--|--|------------------------|---------------------|
| Ganesha: Red <i>Sunrise:</i> 7:33AM | Muruga: Green <i>Sunset:</i> 4:11PM | Nataraja: Clear | Devaloka Day |
|--|--|------------------------|---------------------|

Creative Work Siddha Yoga

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|---------------------|--|---|---|
| Retreat Star | Thursday, November 12, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau | Malmö, Sweden Sun 15 Sutra 214 |
| | Vrischika Rasi: 0.4 Tithi 1 772899364 | Gulika 9:43AM – 10:47AM Yama 7:35AM – 8:39AM Rahu 12:56PM – 2:00PM | Vishakha Until 11:11AM Sobhana Until 12:59AM Fri Kintughna Until 7:36AM Prathama* Until 8:15PM |

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|---|--|------------------------|---------------------|
| Ganesha: Yellow <i>Sunrise:</i> 7:35AM | Muruga: Green <i>Sunset:</i> 4:09PM | Nataraja: Clear | Devaloka Day |
|---|--|------------------------|---------------------|

Creative Work Siddha Yoga

Skanda Shasthi Begins
Karttika-Aipasi

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

| | | | | |
|---|--------------------|-------------------------------------|---|---|
| 1 | | Friday, November 13, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau | Malmö, Sweden Sun 16 Sutra 215 |
| Vrischika Rasi: 13.04 | Tithi 2 | 772899364 | Gulika 8:40AM – 9:44AM Yama 1:59PM – 3:03PM Rahu 10:48AM – 11:52AM | Anuradha Until 12:53PM Athiganda* Until 12:35AM Sat Balava Until 8:50AM Dvitiya Until 9:16PM |
| Creative Work Until 12:53PM Then Routine Work - Marana Yoga | Siddha Yoga | | | Ganesha: Yellow <i>Sunrise:</i> 7:37AM Muruga: Green <i>Sunset:</i> 4:07PM Nataraja: Clear Moon – Orange Karttika-Aipasi |
| 2 | | Saturday, November 14, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mantra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau | Malmö, Sweden Sun 17 Sutra 216 |
| Vrischika Rasi: 25.39 | Tithi 3 | 772899364 | Gulika 7:39AM – 8:42AM Yama 12:55PM – 1:59PM Rahu 9:45AM – 10:49AM | Jyeshtha* Until 2:02PM Sukarma Until 11:52PM Taitila Until 9:39AM Tritiya Until 9:52PM |
| Creative Work Until 12:53PM Then Routine Work - Marana Yoga | Siddha Yoga | | | Ganesha: Yellow <i>Sunrise:</i> 7:39AM Muruga: Green <i>Sunset:</i> 4:05PM Nataraja: Clear Moon – Orange Karttika-Aipasi |
| 3 | | Sunday, November 15, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Vanija/Visiti* Karana Chaturthyam Titau | Malmö, Sweden Sun 18 Sutra 217 |
| Dhanus Rasi: 8.26 | Tithi 4 | 782899364 | Gulika 1:58PM – 3:01PM Yama 11:52AM – 12:55PM Rahu 3:01PM – 4:04PM | Mula* Until 3:05PM Dhriti Until 10:51PM Vanija Until 10:03AM Chaturthi* Until 10:04PM |
| Creative Work Until 3:05PM Then Creative Work - Siddha Yoga | Amrita Yoga | | | Ganesha: Red <i>Sunrise:</i> 7:41AM Muruga: Green <i>Sunset:</i> 4:04PM Nataraja: Clear Moon – Light Blue Karttika-Aipasi |
| 4 | | Monday, November 16, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Bava/Balava Karana Panchamyam Titau | Malmö, Sweden Sun 19 Sutra 218 |
| Dhanus Rasi: 21.25 | Tithi 5 | 782899364 | Gulika 12:55PM – 1:57PM Yama 10:50AM – 11:52AM Rahu 8:45AM – 9:47AM | Purvashadha* Until 3:36PM Shula* Until 9:30PM Bava Until 10:02AM Panchami Until 9:51PM |
| Family Home Evening Routine Work Marana Yoga | Siddha Yoga | | | Ganesha: Red <i>Sunrise:</i> 7:43AM Muruga: Green <i>Sunset:</i> 4:02PM Nataraja: Clear Moon – Light Blue Karttika-Kartikai |
| 5 | | Tuesday, November 17, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau | Malmö, Sweden Sun 20 Sutra 219 |
| Makara Rasi: 4.35 | Tithi 6 | 782899365 | Gulika 11:52AM – 12:54PM Yama 9:49AM – 10:51AM Rahu 1:56PM – 2:58PM | Uttarashadha Until 3:33PM Ganda* Until 7:50PM Kaulava Until 9:37AM Shashthi* Until 9:14PM |
| Routine Work Until 3:33PM Then Creative Work - Siddha Yoga | Prabalarishta Yoga | | Skanda Shasthi | Ganesha: Red <i>Sunrise:</i> 7:45AM Muruga: Green <i>Sunset:</i> 4:00PM Nataraja: White Moon – Light Blue Karttika-Kartikai |
| 6 | | Wednesday, November 18, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Saptamyam Titau | Malmö, Sweden Sun 21 Sutra 220 |
| Makara Rasi: 18 | Tithi 7 | 792899365 | Gulika 10:51AM – 11:53AM Yama 8:48AM – 9:50AM Rahu 11:53AM – 12:54PM | Shravana Until 3:24PM Vriddhi Until 5:51PM Gara Until 8:47AM Saptami Until 8:11PM |
| Creative Work Until 3:24PM Then Routine Work - Prabalarishta Yoga | Siddha Yoga | | | Ganesha: Blue <i>Sunrise:</i> 7:47AM Muruga: Green <i>Sunset:</i> 3:59PM Nataraja: White Moon – Purple Karttika-Kartikai |
| Retreat Star | | Thursday, November 19, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Visiti*/Bava Karana Ashtamyam Titau | Malmö, Sweden Sun 22 Sutra 221 |
| Kumbha Rasi: 1.4 | Tithi 8 | 792899365 | Gulika 9:51AM – 10:52AM Yama 7:49AM – 8:50AM Rahu 12:54PM – 1:55PM | Dhanishtha Until 2:40PM Dhruva Until 3:29PM Visiti Until 7:30AM Ashtami* Until 6:41PM |
| Creative Work Siddha Yoga | | | | Ganesha: Blue <i>Sunrise:</i> 7:49AM Muruga: Green <i>Sunset:</i> 3:57PM Nataraja: White Moon – Purple Karttika-Kartikai |
| Retreat Star | | Friday, November 20, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak*/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | Malmö, Sweden Sun 23 Sutra 222 |
| Kumbha Rasi: 15.35 | Tithi 9 – 10 | 792899365 | Gulika 8:51AM – 9:52AM Yama 1:54PM – 2:55PM Rahu 10:52AM – 11:53AM | Shatabhishak Until 1:21PM Vyaghata* Until 12:46PM Taitila Until 3:38AM Sat Navami* Until 4:45PM |
| Creative Work Siddha Yoga | | | | Ganesha: Blue <i>Sunrise:</i> 7:51AM Muruga: Green <i>Sunset:</i> 3:56PM Nataraja: White Moon – Purple Karttika-Kartikai |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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|----------|--|--|---|
| 1 | Saturday, November 21, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprosarthpada/Uttaraprosarthpada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | Malmö, Sweden Sun 24 Sutra 223 |
| | Kumbha Rasi: 29.47 Tithi 10 – 11 713899365 | Gulika 7:52AM – 8:53AM Yama 12:54PM – 1:54PM Rahu 9:53AM – 10:53AM | Purvaprosarthpada* Until 11:54AM Harshana Until 9:44AM Vanija Until 1:07AM Sun Dashami Until 2:24PM |

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|--|--|---|
| Routine Work Marana Yoga Until 11:54AM Then Creative Work - Siddha Yoga | Ganesha: Clear <i>Sunrise:</i> 7:52AM Muruga: Green <i>Sunset:</i> 3:54PM Nataraja: White Moon – Clear | Bhuloka Day Devaloka Time: 6:AM to 9:AM |
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|----------|---|--|---|
| 2 | Sunday, November 22, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprosarthpada/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | Malmö, Sweden Sun 25 Sutra 224 |
| | Meena Rasi: 14.15 Tithi 11 – 12 713899365 | Gulika 1:53PM – 2:53PM Yama 11:54AM – 12:54PM Rahu 2:53PM – 3:53PM | Uttaraprosarthpada Until 9:58AM Vajra* Until 6:23AM Bava Until 10:18PM Ekadashi Until 11:43AM |


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|------------------------------|--|---|
| Creative Work Amrita Yoga | Ganesha: Clear <i>Sunrise:</i> 7:54AM Muruga: Green <i>Sunset:</i> 3:53PM Nataraja: White Moon – Clear | Bhuloka Day Devaloka Time: 6:AM to 9:AM |
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| 3 | Monday, November 23, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | Malmö, Sweden Sun 26 Sutra 225 |
| | Meena Rasi: 28.54 Tithi 12 – 13 713899365 | Gulika 12:53PM – 1:53PM Yama 10:54AM – 11:54AM Rahu 8:56AM – 9:55AM | Revati Until 7:38AM Vyatipata* Until 11:08PM Kaulava Until 7:16PM Dvadashi Until 8:47AM <i>Pradosha Vrata</i> |

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|---|--|---|
| Family Home Evening Creative Work Siddha Yoga | Ganesha: Clear <i>Sunrise:</i> 7:56AM Muruga: Green <i>Sunset:</i> 3:52PM Nataraja: White Moon – Clear | Bhuloka Day Devaloka Time: 6:AM to 9:AM |
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| 4 | Tuesday, November 24, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau | Malmö, Sweden Sun 27 Sutra 226 |
| | Mesha Rasi: 13.4 Tithi 14 723899365 | Gulika 11:54AM – 12:53PM Yama 9:56AM – 10:55AM Rahu 1:52PM – 2:51PM | Bharani Until 3:06AM Wed Variyan Until 7:23PM Gara Until 4:11PM Chaturdashi* Until 2:39AM Wed |

| | | |
|--|---|---|
| Creative Work Siddha Yoga Until 3:06AM Wed Then Creative Work - Amrita Yoga | Ganesha: Purple <i>Sunrise:</i> 7:58AM Muruga: Green <i>Sunset:</i> 3:50PM Nataraja: White Moon – White | Bhuloka Day Karttika-Kartikai |
|--|---|---|

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|---|--|---|--|
|  | Wednesday, November 25, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Purnimayam Titau | Malmö, Sweden Sutra 227 |
| | Mesha Rasi: 28.26 Tithi 15 723999365 | Gulika 10:56AM – 11:55AM Yama 8:59AM – 9:57AM Rahu 11:55AM – 12:53PM | Krittika Until 12:48AM Thu Parigha* Until 3:44PM Visti Until 1:11PM Purnima* Until 11:44PM |

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|---|------------------------|--|
| Copper Retreat Star Creative Work Amrita Yoga Until 12:48AM Thu Then Routine Work - Marana Yoga | Krittika Deepam | Bhuloka Day Devaloka Time: 9:AM to 12:PM |
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|------------------------------------|--|--|--|
| Thursday, November 26, 2015 | Silver Retreat Star | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Prathamayam Titau | Malmö, Sweden Sutra 228 |
| | Vrishabha Rasi: 13.04 Tithi 16 733999365 | Gulika 9:58AM – 10:57AM Yama 8:02AM – 9:00AM Rahu 12:53PM – 1:51PM | Rohini Until 11:05PM Shiva Until 12:18PM Balava Until 10:24AM Prathama* Until 9:08PM |

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|-----------------------------|---|--|
| Routine Work Marana Yoga | Ganesha: White <i>Sunrise:</i> 8:02AM Muruga: Green <i>Sunset:</i> 3:48PM Nataraja: White Moon – Yellow | Devaloka Day Karttika-Kartikai |
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Vinayaga Viratam Begins

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Friday, November 27, 2015
Gold Retreat Star

Wrishabha Rasi: 27.26 Tithi 17
733999365
Creative Work Siddha Yoga

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|--|---------------------------|--------------------------------|
| Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam | | Malmö, Sweden |
| Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau | | Sun 1 Sutra 229 |
| Gulika | 9:01AM – 9:59AM | Mrigashira Until 9:42PM |
| Yama | 1:51PM – 2:49PM | Siddha Until 9:10AM |
| Rahu | 10:57AM – 11:55AM | Taitila Until 8:01AM |
| | | Dvitiya Until 7:01PM |
| Ganesha: | White | <i>Sunrise: 8:04AM</i> |
| Muruga: | Green | <i>Sunset: 3:47PM</i> |
| Nataraja: | White | |
| Moon – | Yellow | |
| | Karttika-Karttikai | Devaloka Day |
| | | Manmatha 5117 |
| | | Moon 11 - Phase 31 |
| | | 1st Phase |

1 Saturday, November 28, 2015

Mithuna Rasi: 11.27 Tithi 18 – 19
733999365
Creative Work Siddha Yoga

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|--|---------------------------|-----------------------------|
| Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam | | Malmö, Sweden |
| Ardra Nakshatra Sadhya/Subha Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau | | Sun 2 Sutra 230 |
| Gulika | 8:05AM – 9:03AM | Ardra Until 8:49PM |
| Yama | 12:53PM – 1:51PM | Sadhya Until 6:30AM |
| Rahu | 10:00AM – 10:58AM | Vanija Until 6:12AM |
| | | Tritiya Until 5:31PM |
| Ganesha: | White | <i>Sunrise: 8:05AM</i> |
| Muruga: | Green | <i>Sunset: 3:46PM</i> |
| Nataraja: | White | |
| Moon – | Yellow | |
| | Karttika-Karttikai | Devaloka Day |
| | | Manmatha 5117 |
| | | Moon 11 - Phase 31 |
| | | 1st Phase |

2 Sunday, November 29, 2015

Mithuna Rasi: 25.03 Tithi 19 – 20
743999365
Creative Work Siddha Yoga

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|--|---------------------------|------------------------------------|
| Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam | | Malmö, Sweden |
| Punarvasu Nakshatra Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau | | Sun 3 Sutra 231 |
| Gulika | 1:50PM – 2:48PM | Punarvasu Until 9:00PM |
| Yama | 11:56AM – 12:53PM | Sukla Until 2:54AM Mon |
| Rahu | 2:48PM – 3:45PM | Kaulava Until 4:45AM Mon |
| | | Chaturthi* Until 4:47PM |
| Ganesha: | Yellow | <i>Sunrise: 8:07AM</i> |
| Muruga: | Green | <i>Sunset: 3:45PM</i> |
| Nataraja: | White | |
| Moon – | Blue | |
| | Karttika-Karttikai | Bhuloka Day |
| | | Devaloka Time: 9:AM to12:PM |
| | | Manmatha 5117 |
| | | Moon 11 - Phase 31 |
| | | 1st Phase |

3 Monday, November 30, 2015

Kataka Rasi: 8.13 Tithi 20 – 21
Family Home Evening
743999365
Creative Work Siddha Yoga

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|---|---------------------------|------------------------------------|
| Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam | | Malmö, Sweden |
| Pushya Nakshatra Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau | | Sun 4 Sutra 232 |
| Gulika | 12:53PM – 1:50PM | Pushya Until 9:50PM |
| Yama | 10:59AM – 11:56AM | Brahma Until 2:05AM Tue |
| Rahu | 9:06AM – 10:02AM | Gara Until 5:17AM Tue |
| | | Panchami Until 4:53PM |
| Ganesha: | Yellow | <i>Sunrise: 8:09AM</i> |
| Muruga: | Green | <i>Sunset: 3:44PM</i> |
| Nataraja: | White | |
| Moon – | Blue | |
| | Karttika-Karttikai | Bhuloka Day |
| | | Devaloka Time: 9:AM to12:PM |
| | | Manmatha 5117 |
| | | Moon 11 - Phase 31 |
| | | 1st Phase |

4 Tuesday, December 1, 2015

Kataka Rasi: 20.56 Tithi 21 – 22
743999365
Creative Work Siddha Yoga

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| Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam | | Malmö, Sweden |
| Ashlesha* Nakshatra Indra Yoga Vanija/Visiti* Karana Shashthi/Saptamyam Titau | | Sun 5 Sutra 233 |
| Gulika | 11:57AM – 12:53PM | Ashlesha* Until 11:19PM |
| Yama | 10:03AM – 11:00AM | Indra Until 1:54AM Wed |
| Rahu | 1:50PM – 2:46PM | Visiti Until 6:38AM Wed |
| | | Shashthi* Until 5:50PM |
| Ganesha: | Yellow | <i>Sunrise: 8:10AM</i> |
| Muruga: | Green | <i>Sunset: 3:43PM</i> |
| Nataraja: | White | |
| Moon – | Blue | |
| | Karttika-Karttikai | Bhuloka Day |
| | | Devaloka Time: 9:AM to12:PM |
| | | Manmatha 5117 |
| | | Moon 11 - Phase 31 |
| | | 1st Phase |

5 Wednesday, December 2, 2015

Simha Rasi: 3.19 Tithi 22
753999365
Creative Work Siddha Yoga

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| Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam | | Malmö, Sweden |
| Magha* Nakshatra Vaidhriti* Yoga Visiti*/Bava Karana Saptamyam Titau | | Sun 6 Sutra 234 |
| Gulika | 11:01AM – 11:57AM | Magha* Until 1:51AM Thu |
| Yama | 9:08AM – 10:04AM | Vaidhriti* Until 2:15AM Thu |
| Rahu | 11:57AM – 12:53PM | Visiti Until 6:38AM |
| | | Saptami Until 7:34PM |
| Ganesha: | Blue | <i>Sunrise: 8:12AM</i> |
| Muruga: | Green | <i>Sunset: 3:42PM</i> |
| Nataraja: | White | |
| Moon – | Red | |
| | Karttika-Karttikai | Devaloka Day |
| | | Manmatha 5117 |
| | | Moon 11 - Phase 31 |
| | | 1st Phase |

Thursday, December 3, 2015
Retreat Star

Simha Rasi: 15.24 Tithi 23
753999365
Creative Work Siddha Yoga

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|---|---------------------------|---------------------------------------|
| Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam | | Malmö, Sweden |
| Purvaphalguni Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau | | Sun 7 Sutra 235 |
| Gulika | 10:05AM – 11:01AM | Purvaphalguni Until 4:43AM Fri |
| Yama | 8:13AM – 9:09AM | Vishkambha* Until 3:00AM Fri |
| Rahu | 12:53PM – 1:49PM | Balava Until 8:41AM |
| | | Ashtami* Until 9:53PM |
| Ganesha: | Blue | <i>Sunrise: 8:13AM</i> |
| Muruga: | Green | <i>Sunset: 3:41PM</i> |
| Nataraja: | White | |
| Moon – | Red | |
| | Karttika-Karttikai | Devaloka Day |
| | | Manmatha 5117 |
| | | Moon 11 - Phase 31 |
| | | Ashtami |

Friday, December 4, 2015
Retreat Star

Simha Rasi: 27.17 Tithi 24
753999365
Creative Work Siddha Yoga
Until 7:41AM Sat
Then Routine Work - Marana Yoga

| | | |
|--|---------------------------|--|
| Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam | | Malmö, Sweden |
| Uttaraphalguni Nakshatra Priti Yoga Taitila/Gara Karana Navamyam Titau | | Sun 8 Sutra 236 |
| Gulika | 9:11AM – 10:06AM | Uttaraphalguni Until 7:41AM Sat |
| Yama | 1:49PM – 2:45PM | Priti Until 4:00AM Sat |
| Rahu | 11:02AM – 11:58AM | Taitila Until 11:14AM |
| | | Navami* Until 12:34AM Sat |
| Ganesha: | Blue | <i>Sunrise: 8:15AM</i> |
| Muruga: | Green | <i>Sunset: 3:41PM</i> |
| Nataraja: | White | |
| Moon – | Red | |
| | Karttika-Karttikai | Devaloka Day |
| | | Manmatha 5117 |
| | | Moon 11 - Phase 31 |
| | | Navami |

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

| | | | |
|----------|---|---|--|
| 1 | Saturday, December 5, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Vanija/Visli* Karana Dashamyam Titau | Malmö, Sweden Sun 9 Sutra 237 |
| | Kanya Rasi: 9.05 Tithi 25 753999365 | Gulika 8:17AM – 9:12AM Yama 12:54PM – 1:49PM Rahu 10:07AM – 11:03AM | Uttaraphalguni Until 7:41AM Ayushman Until 4:59AM Sun Vanija Until 1:59PM Dashami Until 3:19AM Sun |

Routine Work Marana Yoga

| | |
|---|---------------------|
| Ganesha: Blue <i>Sunrise:</i> 8:17AM | Manmatha 5117 |
| Muruga: Green <i>Sunset:</i> 3:40PM | Moon 11 - Phase 32 |
| Nataraja: White | 2nd Phase |
| Moon – Red | Devaloka Day |
| Karttika-Karttikai | |

| | | | |
|----------|--|---|---|
| 2 | Sunday, December 6, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau | Malmö, Sweden Sun 10 Sutra 238 |
| | Kanya Rasi: 20.52 Tithi 26 764999365 | Gulika 1:49PM – 2:44PM Yama 11:59AM – 12:54PM Rahu 2:44PM – 3:39PM | Hasta Until 11:00AM Saubhagya Until 5:51AM Mon Bava Until 4:40PM Ekadashi* Until 5:54AM Mon |

Creative Work Amrita Yoga
Until 11:00AM
Then Creative Work - Siddha Yoga

| | |
|---|--------------------|
| Ganesha: Blue <i>Sunrise:</i> 8:18AM | Manmatha 5117 |
| Muruga: Green <i>Sunset:</i> 3:39PM | Moon 11 - Phase 32 |
| Nataraja: White | 2nd Phase |
| Moon – Green | Bhuloka Day |
| Karttika-Karttikai | |

| | | | |
|----------|--|---|--|
| 3 | Monday, December 7, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sobhana Yoga Kaulava Karana Dvadashtyam Titau | Malmö, Sweden Sun 11 Sutra 239 |
| | Tula Rasi: 2.43 Tithi 27 764999365 | Gulika 12:54PM – 1:49PM Yama 11:04AM – 11:59AM Rahu 9:14AM – 10:09AM | Chitra Until 1:55PM Sobhana Until 6:27AM Tue Kaulava Until 7:05PM Dvadashi* Until 8:06AM Tue |

Family Home Evening
Routine Work Prabalarishta Yoga
Until 1:55PM
Then Creative Work - Amrita Yoga

| | |
|---|--------------------|
| Ganesha: Blue <i>Sunrise:</i> 8:19AM | Manmatha 5117 |
| Muruga: Green <i>Sunset:</i> 3:39PM | Moon 11 - Phase 32 |
| Nataraja: White | 2nd Phase |
| Moon – Green | Bhuloka Day |
| Karttika-Karttikai | |

| | | | |
|----------|--|---|---|
| 4 | Tuesday, December 8, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Dvadashti/Trayodashyam Titau | Malmö, Sweden Sun 12 Sutra 240 |
| | Tula Rasi: 14.43 Tithi 27 – 28 764999365 | Gulika 12:00PM – 12:54PM Yama 10:10AM – 11:05AM Rahu 1:49PM – 2:44PM | Svati Until 4:15PM Sobhana Until 6:27AM Gara Until 9:02PM Dvadashi* Until 8:06AM <i>Pradosha Vrata (Fasting)</i> |


Creative Work Siddha Yoga
Until 4:15PM
Then Routine Work - Marana Yoga

| | |
|---|--------------------|
| Ganesha: Blue <i>Sunrise:</i> 8:21AM | Manmatha 5117 |
| Muruga: Green <i>Sunset:</i> 3:38PM | Moon 11 - Phase 32 |
| Nataraja: White | 2nd Phase |
| Moon – Green | Bhuloka Day |
| Karttika-Karttikai | |

| | | | |
|----------|--|--|--|
| 5 | Wednesday, December 9, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda*/Sukarma Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau | Malmö, Sweden Sun 13 Sutra 241 |
| | Tula Rasi: 26.55 Tithi 28 – 29 774919365 | Gulika 11:06AM – 12:00PM Yama 9:17AM – 10:11AM Rahu 12:00PM – 12:55PM | Vishakha Until 6:25PM Athiganda* Until 6:38AM Visli Until 10:27PM Trayodashi* Until 9:47AM |

Creative Work Siddha Yoga

| | |
|---|--------------------|
| Ganesha: Blue <i>Sunrise:</i> 8:22AM | Manmatha 5117 |
| Muruga: Red <i>Sunset:</i> 3:38PM | Moon 11 - Phase 32 |
| Nataraja: White | 2nd Phase |
| Moon – Orange | Bhuloka Day |
| Karttika-Karttikai | |
| Devaloka Time: 12:PM to 3:PM | |

| | | | |
|---|---|--|--|
|  | Thursday, December 10, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau | Malmö, Sweden Sun 14 Sutra 242 |
| | Retreat Star Vrischika Rasi: 9.21 Tithi 29 – 30 774919365 | Gulika 10:12AM – 11:06AM Yama 8:23AM – 9:18AM Rahu 12:55PM – 1:49PM | Anuradha Until 7:53PM Sukarma Until 6:25AM Catuspada Until 11:17PM Chaturdash* Until 10:55AM |

Creative Work Siddha Yoga
Until 7:53PM
Then Routine Work - Prabalarishta Yoga

| | |
|---|--------------------|
| Ganesha: Blue <i>Sunrise:</i> 8:23AM | Manmatha 5117 |
| Muruga: Red <i>Sunset:</i> 3:38PM | Moon 11 - Phase 32 |
| Nataraja: White | Amavasya |
| Moon – Orange | Bhuloka Day |
| Karttika-Karttikai | |
| Devaloka Time: 12:PM to 3:PM | |

| | | | |
|---------------------|--|--|--|
| Retreat Star | Friday, December 11, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | Malmö, Sweden Sun 15 Sutra 243 |
| | Vrischika Rasi: 22.02 Tithi 30 – 1 774919365 | Gulika 9:19AM – 10:13AM Yama 1:49PM – 2:43PM Rahu 11:07AM – 12:01PM | Jyeshtha* Until 8:40PM Shula* Until 4:44AM Sat Kintughna Until 11:36PM Amavasya* Until 11:29AM |

Routine Work Marana Yoga
Until 8:40PM
Then Creative Work - Amrita Yoga

| | |
|---|--------------------|
| Ganesha: Blue <i>Sunrise:</i> 8:24AM | Manmatha 5117 |
| Muruga: Red <i>Sunset:</i> 3:37PM | Moon 11 - Phase 32 |
| Nataraja: White | Prathama |
| Moon – Orange | Bhuloka Day |
| Margasira-Karttikai | |
| Devaloka Time: 12:PM to 3:PM | |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

| | | | |
|----------|--|--|---|
| 1 | Saturday, December 12, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | Malmö, Sweden Sun 16 Sutra 244 |
| | Dhanus Rasi: 4.58 Tithi 1 – 2 784919365 | Gulika 8:26AM – 9:20AM Yama 12:55PM – 1:49PM Rahu 10:14AM – 11:07AM | Mula* Until 9:18PM Ganda* Until 3:21AM Sun Balava Until 11:26PM Prathama* Until 11:33AM |

| | | |
|---|--|--|
| Ganesha: Blue <i>Sunrise: 8:26AM</i> | Muruga: Red <i>Sunset: 3:37PM</i> | Manmatha 5117 Moon 11 - Phase 33 3rd Phase |
| Nataraja: White Moon – Light Blue | Bhuloka Day Devaloka Time: 12:PM to 3:PM | |
| Margasira-Karttikai | | |

| | | | |
|----------|---|---|--|
| 2 | Sunday, December 13, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | Malmö, Sweden Sun 17 Sutra 245 |
| | Dhanus Rasi: 18.07 Tithi 2 – 3 784919365 | Gulika 1:50PM – 2:43PM Yama 12:02PM – 12:56PM Rahu 2:43PM – 3:37PM | Purvashadha* Until 9:23PM Vriddhi Until 1:41AM Mon Taitila Until 10:53PM Dvitiya Until 11:11AM |

| | | |
|---|--|--|
| Ganesha: Blue <i>Sunrise: 8:27AM</i> | Muruga: Red <i>Sunset: 3:37PM</i> | Manmatha 5117 Moon 11 - Phase 33 3rd Phase |
| Nataraja: White Moon – Light Blue | Bhuloka Day Devaloka Time: 12:PM to 3:PM | |
| Margasira-Karttikai | | |

| | | | |
|----------|---|---|---|
| 3 | Monday, December 14, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau | Malmö, Sweden Sun 18 Sutra 246 |
| | Makara Rasi: 1.28 Tithi 3 – 4 Family Home Evening 784919365 | Gulika 12:56PM – 1:50PM Yama 11:09AM – 12:02PM Rahu 9:21AM – 10:15AM | Uttarashadha Until 9:01PM Dhruva Until 11:44PM Vanija Until 10:01PM Tritiya Until 10:28AM |

| | | |
|---|--|--|
| Ganesha: Blue <i>Sunrise: 8:28AM</i> | Muruga: Red <i>Sunset: 3:37PM</i> | Manmatha 5117 Moon 11 - Phase 33 3rd Phase |
| Nataraja: White Moon – Light Blue | Bhuloka Day Devaloka Time: 12:PM to 3:PM | |
| Margasira-Karttikai | | |

| | | | |
|----------|---|---|--|
| 4 | Tuesday, December 15, 2015 | Manmatha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | Malmö, Sweden Sun 19 Sutra 247 |
| | Makara Rasi: 14.59 Tithi 4 – 5 794919365 | Gulika 12:03PM – 12:56PM Yama 10:16AM – 11:09AM Rahu 1:50PM – 2:44PM | Shravana Until 8:41PM Vyaghata* Until 9:36PM Bava Until 8:54PM Chaturthi* Until 9:28AM |

| | | |
|---|--|--|
| Ganesha: Yellow <i>Sunrise: 8:29AM</i> | Muruga: Red <i>Sunset: 3:37PM</i> | Manmatha 5117 Moon 11 - Phase 33 3rd Phase |
| Nataraja: White Moon – Purple | Devaloka Day | |
| Margasira-Karttikai | | |


| | | | |
|----------|---|---|--|
| 5 | Wednesday, December 16, 2015 | Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | Malmö, Sweden Sun 20 Sutra 248 |
| | Makara Rasi: 28.38 Tithi 5 – 6 794919365 | Gulika 11:10AM – 12:03PM Yama 9:23AM – 10:17AM Rahu 12:03PM – 12:57PM | Dhanishtha Until 7:59PM Harshana Until 7:19PM Kaulava Until 7:33PM Panchami Until 8:14AM |

| | | |
|---|--|--|
| Ganesha: Yellow <i>Sunrise: 8:30AM</i> | Muruga: Red <i>Sunset: 3:37PM</i> | Manmatha 5117 Moon 11 - Phase 33 3rd Phase |
| Nataraja: White Moon – Purple | Devaloka Day | |
| Margasira-Markali | | |

Markali Pillaiyar
Vinayaga Viratam Ends

| | | | |
|----------|---|--|--|
| 6 | Thursday, December 17, 2015 | Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | Malmö, Sweden Sun 21 Sutra 249 |
| | Kumbha Rasi: 12.25 Tithi 6 – 7 894919365 | Gulika 10:17AM – 11:11AM Yama 8:30AM – 9:24AM Rahu 12:57PM – 1:51PM | Shatabhishak Until 6:57PM Vajra* Until 4:50PM Gara Until 6:00PM Shashthi* Until 6:47AM |

| | | |
|---|--|--|
| Ganesha: Blue <i>Sunrise: 8:30AM</i> | Muruga: Red <i>Sunset: 3:37PM</i> | Manmatha 5117 Moon 11 - Phase 33 3rd Phase |
| Nataraja: White Moon – Purple | Bhuloka Day Devaloka Time: 12:PM to 3:PM | |
| Margasira-Markali | | |

| | | | |
|---|--|--|---|
|  | Friday, December 18, 2015 | Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau | Malmö, Sweden Sun 22 Sutra 250 |
| | Retreat Star Kumbha Rasi: 26.19 Tithi 8 815919365 | Gulika 9:25AM – 10:18AM Yama 1:51PM – 2:44PM Rahu 11:11AM – 12:04PM | Purvaproshtapada* Until 6:00PM Siddhi Until 2:13PM Visti Until 4:15PM Ashtami* Until 3:17AM Sat |

| | | |
|---|--|--|
| Ganesha: Yellow <i>Sunrise: 8:31AM</i> | Muruga: Red <i>Sunset: 3:38PM</i> | Manmatha 5117 Moon 11 - Phase 33 Ashtami |
| Nataraja: White Moon – Clear | Devaloka Day | |
| Margasira-Markali | | |

| | | | |
|---------------------|--|---|--|
| Retreat Star | Saturday, December 19, 2015 | Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Navamyam Titau | Malmö, Sweden Sun 23 Sutra 251 |
| | Meena Rasi: 10.21 Tithi 9 815119365 | Gulika 8:32AM – 9:25AM Yama 12:58PM – 1:51PM Rahu 10:18AM – 11:12AM | Uttaraproshtapada Until 4:43PM Vyatipata* Until 11:27AM Balava Until 2:18PM Navami* Until 1:15AM Sun |

| | | |
|---|--|---|
| Ganesha: Yellow <i>Sunrise: 8:32AM</i> | Muruga: Red <i>Sunset: 3:38PM</i> | Manmatha 5117 Moon 11 - Phase 33 Navami |
| Nataraja: White Moon – Clear | Devaloka Day | |
| Margasira-Markali | | |


As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

| | | | | | |
|----------------------------------|--|-----------|---|------------------------------|---|
| 1 | Sunday, December 20, 2015 | | Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam | | Malmö, Sweden |
| | Revati/Ashvini Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau | | | | Sun 24 Sutra 252 |
| Meena Rasi: 24.3 | Tithi 10 | 825119365 | Gulika 1:52PM – 2:45PM | Revati Until 3:07PM | Ganesha: Yellow <i>Sunrise:</i> 8:33AM |
| | | | Yama 12:05PM – 12:59PM | Variyan Until 8:30AM | Muruqa: Red <i>Sunset:</i> 3:38PM |
| | | | Rahu 2:45PM – 3:38PM | Taitila Until 12:11PM | Nataraja: White |
| Creative Work Amrita Yoga | | | | Dashami Until 11:02PM | Margasira-Markali |
| Until 3:07PM | | | | | Devaloka Day |
| Then Creative Work - Siddha Yoga | | | | | |

| | | | | | |
|----------------------------|--|-----------|--|-------------------------------|--|
| 2 | Monday, December 21, 2015 | | Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam | | Malmö, Sweden |
| | Ashvini/Bharani Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Sun 25 Sutra 253 |
| Mesha Rasi: 8.45 | Tithi 11 | 825119365 | Gulika 12:59PM – 1:52PM | Ashvini Until 1:40PM | Ganesha: White <i>Sunrise:</i> 8:33AM |
| Family Home Evening | | | Yama 11:13AM – 12:06PM | Shiva Until 2:20AM Tue | Muruqa: Red <i>Sunset:</i> 3:39PM |
| Creative Work Siddha Yoga | | | Rahu 9:26AM – 10:20AM | Vanija Until 9:55AM | Nataraja: White |
| | | | | | Moon – White |
| | | | Day 1 of Pancha Ganapati | Ekadashi Until 8:43PM | Margasira-Markali |
| | | | | | Sivaloka Day |

| | | | | | |
|---------------------------|--|-----------|---|------------------------------|--|
| 3 | Tuesday, December 22, 2015 | | Manmatha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam | | Malmö, Sweden |
| | Bharani/Krittika Nakshatra Siddha Yoga Bava/Balava Karana Dvodashyam Titau | | | | Sun 26 Sutra 254 |
| Mesha Rasi: 23.04 | Tithi 12 | 825119365 | Gulika 12:06PM – 1:00PM | Bharani Until 12:00PM | Ganesha: White <i>Sunrise:</i> 8:34AM |
| | | | Yama 10:20AM – 11:13AM | Siddha Until 11:11PM | Muruqa: Red <i>Sunset:</i> 3:39PM |
| | | | Rahu 1:53PM – 2:46PM | Bava Until 7:34AM | Nataraja: White |
| Creative Work Siddha Yoga | | | | Dvodashi Until 6:22PM | Margasira-Markali |
| | | | Day 2 of Pancha Ganapati | | Sivaloka Day |

| | | | | | |
|----------------------------------|--|-----------|--|--------------------------------|--|
| 4 | Wednesday, December 23, 2015 | | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam | | Malmö, Sweden |
| | Krittika/Rohini Nakshatra Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Sun 27 Sutra 255 |
| Vrishabha Rasi: 7.23 | Tithi 13 – 14 | 825119365 | Gulika 11:14AM – 12:07PM | Krittika Until 10:14AM | Ganesha: White <i>Sunrise:</i> 8:34AM |
| | | | Yama 9:27AM – 10:21AM | Sadhya Until 8:06PM | Muruqa: Red <i>Sunset:</i> 3:40PM |
| | | | Rahu 12:07PM – 1:00PM | Gara Until 3:00AM Thu | Nataraja: White |
| Creative Work Amrita Yoga | | | | Trayodashi Until 4:04PM | Margasira-Markali |
| Until 10:14AM | | | Day 3 of Pancha Ganapati | <i>Pradosha Vrata</i> | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | | |

| | | | | | |
|---|--|-----------|---|----------------------------------|--|
|  | Thursday, December 24, 2015 | | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam | | Malmö, Sweden |
| | Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Sutra 256 |
| Copper Retreat Star | | | Gulika 10:21AM – 11:14AM | Rohini Until 8:54AM | Ganesha: Clear <i>Sunrise:</i> 8:35AM |
| Vrishabha Rasi: 21.37 | Tithi 14 – 15 | 825119365 | Yama 8:35AM – 9:28AM | Subha Until 5:13PM | Muruqa: Red <i>Sunset:</i> 3:40PM |
| | | | Rahu 1:01PM – 1:54PM | Visti Until 1:03AM Fri | Nataraja: White |
| Routine Work Marana Yoga | | | | Chaturdashi* Until 1:58PM | Margasira-Markali |
| | | | Day 4 of Pancha Ganapati | | Devaloka Day |

| | | | | | |
|----------------------------|---|-----------|--|--------------------------------|--|
| 5 | Friday, December 25, 2015 | | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam | | Malmö, Sweden |
| | Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Sutra 257 |
| Silver Retreat Star | | | Gulika 9:28AM – 10:21AM | Mrigashira Until 7:43AM | Ganesha: Clear <i>Sunrise:</i> 8:35AM |
| Mithuna Rasi: 5.4 | Tithi 15 – 16 | 825119365 | Yama 1:55PM – 2:48PM | Sukla Until 2:36PM | Muruqa: Red <i>Sunset:</i> 3:41PM |
| | | | Rahu 11:15AM – 12:08PM | Balava Until 11:29PM | Nataraja: White |
| Creative Work Siddha Yoga | | | | Purnima* Until 12:11PM | Margasira-Markali |
| | | | Day 5 of Pancha Ganapati | | Devaloka Day |
| | | | Ardra Darshanam | | |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Saturday, December 26, 2015
Gold Retreat Star

Mithuna Rasi: 19.26 Tithi 16 – 17
835119366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Malmö, Sweden
Sutra 258

Gulika 8:35AM – 9:29AM
Yama 1:02PM – 1:55PM
Rahu 10:22AM – 11:15AM

Ardra Until 6:49AM
Brahma Until 12:21PM
Taitila Until 10:28PM
Prathama* Until 10:53AM

Ganesha: Clear *Sunrise: 8:35AM*
Muruqa: Red *Sunset: 3:42PM*
Nataraja: Green
Moon – Yellow
Margasira-Markali

Manmatha 5117
Moon 12 - Phase 35
1st Phase

Devaloka Day

1

Sunday, December 27, 2015

Kataka Rasi: 2.53 Tithi 17 – 18
846119366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Indra/Vaidhrili* Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Malmö, Sweden
Sun 1 Sutra 259

Gulika 1:56PM – 2:49PM
Yama 12:09PM – 1:02PM
Rahu 2:49PM – 3:43PM

Punarvasu Until 6:47AM
Indra Until 10:37AM
Vanija Until 10:07PM
Dvitya Until 10:11AM

Ganesha: Clear *Sunrise: 8:35AM*
Muruqa: Red *Sunset: 3:43PM*
Nataraja: Green
Moon – Blue
Margasira-Markali

Manmatha 5117
Moon 12 - Phase 35
1st Phase

Devaloka Day

2

Monday, December 28, 2015

Kataka Rasi: 15.58 Tithi 18 – 19
Family Home Evening
846119366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vaidhrili*/Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Malmö, Sweden
Sun 2 Sutra 260

Gulika 1:03PM – 1:57PM
Yama 11:16AM – 12:10PM
Rahu 9:29AM – 10:23AM

Pushya Until 7:16AM
Vaidhrili* Until 9:24AM
Bava Until 10:30PM
Tritiya Until 10:11AM

Ganesha: Clear *Sunrise: 8:36AM*
Muruqa: Red *Sunset: 3:44PM*
Nataraja: Green
Moon – Blue
Margasira-Markali

Manmatha 5117
Moon 12 - Phase 35
1st Phase

Devaloka Day

3

Tuesday, December 29, 2015

Kataka Rasi: 28.41 Tithi 19 – 20
846119366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Malmö, Sweden
Sun 3 Sutra 261

Gulika 12:10PM – 1:04PM
Yama 10:23AM – 11:16AM
Rahu 1:57PM – 2:51PM

Ashlesha* Until 8:20AM
Vishkambha* Until 8:47AM
Kaulava Until 11:39PM
Chaturthi* Until 10:58AM

Ganesha: Clear *Sunrise: 8:36AM*
Muruqa: Red *Sunset: 3:45PM*
Nataraja: Green
Moon – Blue
Margasira-Markali

Manmatha 5117
Moon 12 - Phase 35
1st Phase

Devaloka Day

4

Wednesday, December 30, 2015

Simha Rasi: 11.04 Tithi 20 – 21
856119366
Creative Work Siddha Yoga
Until 10:26AM
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Malmö, Sweden
Sun 4 Sutra 262

Gulika 11:17AM – 12:11PM
Yama 9:29AM – 10:23AM
Rahu 12:11PM – 1:04PM

Magha* Until 10:26AM
Priti Until 8:44AM
Gara Until 1:30AM Thu
Panchami Until 12:28PM

Ganesha: White *Sunrise: 8:36AM*
Muruqa: Red *Sunset: 3:46PM*
Nataraja: Green
Moon – Red
Margasira-Markali

Manmatha 5117
Moon 12 - Phase 35
1st Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

5

Thursday, December 31, 2015

Simha Rasi: 23.1 Tithi 21 – 22
856119366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Malmö, Sweden
Sun 5 Sutra 263

Gulika 10:23AM – 11:17AM
Yama 8:35AM – 9:29AM
Rahu 1:05PM – 1:59PM

Purvaphalguni Until 12:59PM
Ayushman Until 9:09AM
Visti Until 3:52AM Fri
Shashthi* Until 2:36PM

Ganesha: White *Sunrise: 8:35AM*
Muruqa: Red *Sunset: 3:47PM*
Nataraja: Green
Moon – Red
Margasira-Markali

Manmatha 5117
Moon 12 - Phase 35
1st Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

6

Friday, January 1, 2016

Kanya Rasi: 5.05 Tithi 22 – 23
856119366
Creative Work Siddha Yoga
Until 3:47PM
Then Creative Work - Amrita Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Malmö, Sweden
Sun 6 Sutra 264

Gulika 9:29AM – 10:24AM
Yama 2:00PM – 2:55PM
Rahu 11:18AM – 12:12PM

Uttaraphalguni Until 3:47PM
Saubhagya Until 9:56AM
Balava Until 6:33AM Sat
Saptami Until 5:10PM

Ganesha: White *Sunrise: 8:35AM*
Muruqa: Red *Sunset: 3:49PM*
Nataraja: Green
Moon – Red
Margasira-Markali

Manmatha 5117
Moon 12 - Phase 35
1st Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

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Saturday, January 2, 2016
Retreat Star

Kanya Rasi: 16.54 Tithi 23
866119366
Routine Work Marana Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Malmö, Sweden
Sun 7 Sutra 265

Gulika 8:35AM – 9:29AM
Yama 1:07PM – 2:01PM
Rahu 10:24AM – 11:18AM

Hasta Until 7:04PM
Sobhana Until 10:55AM
Balava Until 6:33AM
Ashtami* Until 7:53PM

Ganesha: Yellow *Sunrise: 8:35AM*
Muruqa: Red *Sunset: 3:50PM*
Nataraja: Green
Moon – Green
Margasira-Markali

Manmatha 5117
Moon 12 - Phase 35
Ashtami

Devaloka Day

Sunday, January 3, 2016

Retreat Star

Kanya Rasi: 28.42 Tithi 24
866119366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Malmö, Sweden
Sun 8 Sutra 266

Gulika 2:02PM – 2:57PM
Yama 12:13PM – 1:08PM
Rahu 2:57PM – 3:51PM


Chitra Until 10:05PM
Athiganda* Until 11:50AM
Taitila Until 9:15AM
Navami* Until 10:30PM

Ganesha: Yellow *Sunrise: 8:34AM*
Muruqa: Red *Sunset: 3:51PM*
Nataraja: Green
Moon – Green
Margasira-Markali

Manmatha 5117
Moon 12 - Phase 35
Navami

Devaloka Day

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

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| 1 | Monday, January 4, 2016 | Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau | Malmö, Sweden Sun 9 Sutra 267 |
| | Tula Rasi: 10.35 Tilthi 25 Family Home Evening 867119366 Creative Work Amrita Yoga Until 12:36AM Tue Then Routine Work - Marana Yoga | Gulika 1:08PM – 2:03PM Yama 11:19AM – 12:13PM Rahu 9:29AM – 10:24AM | Svati Until 12:36AM Tue Sukarma Until 12:34PM Vanija Until 11:42AM Dashami Until 12:44AM Tue |
| 2 | Tuesday, January 5, 2016 | Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ekadashyam Titau | Malmö, Sweden Sun 10 Sutra 268 |
| | Tula Rasi: 22.38 Tilthi 26 877119366 Routine Work Marana Yoga Until 2:55AM Wed Then Creative Work - Siddha Yoga | Gulika 12:14PM – 1:09PM Yama 10:24AM – 11:19AM Rahu 2:04PM – 2:59PM | Vishakha Until 2:55AM Wed Dhriti Until 12:57PM Bava Until 1:40PM Ekadashi* Until 2:24AM Wed |
| 3 | Wednesday, January 6, 2016 | Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau | Malmö, Sweden Sun 11 Sutra 269 |
| | Vrischika Rasi: 4.55 Tilthi 27 877119366 Creative Work Siddha Yoga Until 4:26AM Thu Then Routine Work - Prabalarishta Yoga | Gulika 11:19AM – 12:14PM Yama 9:28AM – 10:24AM Rahu 12:14PM – 1:10PM | Anuradha Until 4:26AM Thu Shula* Until 12:51PM Kaulava Until 3:01PM Dvadashi* Until 3:25AM Thu |
| 4 | Thursday, January 7, 2016 | Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Trayodashyam Titau | Malmö, Sweden Sun 12 Sutra 270 |
| | Vrischika Rasi: 17.29 Tilthi 28 877119366 Routine Work Prabalarishta Yoga Until 5:08AM Fri Then Creative Work - Amrita Yoga | Gulika 10:24AM – 11:19AM Yama 8:32AM – 9:28AM Rahu 1:10PM – 2:06PM | Jyeshtha* Until 5:08AM Fri Ganda* Until 12:15PM Gara Until 3:41PM Trayodashi* Until 3:45AM Fri <i>Pradosha Vrata (Fasting)</i> |
| 5 | Friday, January 8, 2016 | Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vridhi/Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | Malmö, Sweden Sun 13 Sutra 271 |
| | Dhanus Rasi: 0.23 Tilthi 29 877119366 Creative Work Amrita Yoga Until 5:30AM Sat Then Creative Work - Siddha Yoga | Gulika 9:28AM – 10:24AM Yama 2:07PM – 3:03PM Rahu 11:19AM – 12:15PM | Mula* Until 5:30AM Sat Vridhi Until 11:09AM Visti Until 3:41PM Chaturdashi* Until 3:25AM Sat |
|  | Saturday, January 9, 2016 | Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau | Malmö, Sweden Sun 14 Sutra 272 |
| | Retreat Star Dhanus Rasi: 14 Tilthi 30 877119366 Creative Work Siddha Yoga Until 5:11AM Sun Then Creative Work - Amrita Yoga | Gulika 8:31AM – 9:27AM Yama 1:12PM – 2:08PM Rahu 10:23AM – 11:20AM | Purvashadha* Until 5:11AM Sun Dhruva Until 9:31AM Catuspada Until 3:03PM Amavasya* Until 2:31AM Sun |
| 6 | Sunday, January 10, 2016 | Manmatha Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau | Malmö, Sweden Sun 15 Sutra 273 |
| | Retreat Star Dhanus Rasi: 27.07 Tilthi 1 888119366 Creative Work Amrita Yoga | Gulika 2:09PM – 3:05PM Yama 12:16PM – 1:13PM Rahu 3:05PM – 4:02PM | Uttarashadha Until 4:18AM Mon Vyaghata* Until 7:29AM Kintughna Until 1:55PM Prathama* Until 1:10AM Mon |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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| 1 | Monday, January 11, 2016 | Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau | Malmö, Sweden Sun 16 Sutra 274 |
| | Makara Rasi: 10.53 Tithi 2 Family Home Evening 898119366 Creative Work Amrita Yoga Until 3:22AM Tue Then Creative Work - Siddha Yoga | Gulika 1:13PM – 2:10PM Yama 11:20AM – 12:16PM Rahu 9:26AM – 10:23AM | Shravana Until 3:22AM Tue Vajra* Until 2:29AM Tue Balava Until 12:23PM Dvitiya Until 11:29PM |

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| 2 | Tuesday, January 12, 2016 | Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau | Malmö, Sweden Sun 17 Sutra 275 |
| | Makara Rasi: 24.52 Tithi 3 Creative Work Siddha Yoga | Gulika 12:17PM – 1:14PM Yama 10:23AM – 11:20AM Rahu 2:11PM – 3:08PM | Dhanishtha Until 2:06AM Wed Siddhi Until 11:42PM Taitila Until 10:34AM Tritiya Until 9:34PM |

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| 3 | Wednesday, January 13, 2016 | Manmatha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Vanija/Visiti* Karana Chaturthiyam Titau | Malmö, Sweden Sun 18 Sutra 276 |
| | Kumbha Rasi: 8.56 Tithi 4 Creative Work Siddha Yoga | Gulika 11:20AM – 12:17PM Yama 9:25AM – 10:22AM Rahu 12:17PM – 1:15PM | Shatabhishak Until 12:36AM Thu Vyatipata* Until 8:49PM Vanija Until 8:35AM Chaturthi* Until 7:32PM |

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| 4 | Thursday, January 14, 2016 | Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproskthapada* Nakshatra Variyana/Parigaha* Yoga Bava/Kaulava Karana Panchami/Shashthyam Titau | Malmö, Sweden Sun 19 Sutra 277 |
| | Kumbha Rasi: 23.05 Tithi 5 – 6 Creative Work Siddha Yoga | Gulika 10:22AM – 11:20AM Yama 8:27AM – 9:24AM Rahu 1:15PM – 2:13PM | Purvaproskthapada* Until 11:21PM Variyana Until 5:54PM Bava Until 6:31AM Panchami Until 5:27PM |

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| 5 | Friday, January 15, 2016 | Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproskthapada* Nakshatra Parigaha/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | Malmö, Sweden Sun 20 Sutra 278 |
| | Meena Rasi: 7.14 Tithi 6 – 7 Creative Work Siddha Yoga | Gulika 9:24AM – 10:22AM Yama 2:14PM – 3:12PM Rahu 11:20AM – 12:18PM | Uttaraproskthapada Until 9:59PM Parigaha* Until 3:00PM Gara Until 2:24AM Sat Shashthi* Until 3:24PM |

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| D | Saturday, January 16, 2016 | Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Shiva/Siddha Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau | Malmö, Sweden Sun 21 Sutra 279 |
| | Meena Rasi: 21.22 Tithi 7 – 8 Routine Work Prabalarishta Yoga Until 8:32PM Then Creative Work - Siddha Yoga | Gulika 8:24AM – 9:23AM Yama 1:17PM – 2:15PM Rahu 10:21AM – 11:20AM | Revati Until 8:32PM Shiva Until 12:09PM Visiti Until 12:26AM Sun Saptami Until 1:23PM |

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| D | Sunday, January 17, 2016 | Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau | Malmö, Sweden Sun 22 Sutra 280 |
| | Mesha Rasi: 5.28 Tithi 8 – 9 Creative Work Siddha Yoga Until 7:26PM Then Routine Work - Prabalarishta Yoga | Gulika 2:16PM – 3:15PM Yama 12:19PM – 1:18PM Rahu 3:15PM – 4:14PM | Ashvini Until 7:26PM Siddha Until 9:21AM Balava Until 10:32PM Ashtami* Until 11:27AM |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

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|---------------------------------|---------------------------------|--------------|---|-----------------------------|------------------------|-----------------------------|-----------------------------------|
| 1 | Monday, January 18, 2016 | | Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashyam Titau | | | | Malmö, Sweden Sun 23 Sutra 281 |
| | Mesha Rasi: 19.29 | Tithi 9 – 10 | Gulika 1:18PM – 2:18PM | Bharani Until 6:18PM | Ganesha: Clear | <i>Sunrise:</i> 8:22AM | Manmatha 5117 |
| Family Home Evening | | 829211366 | Yama 11:20AM – 12:19PM | Sadhya Until 6:37AM | Muruga: Green | <i>Sunset:</i> 4:16PM | Moon 12 - Phase 38 |
| Creative Work Siddha Yoga | | | Rahu 9:21AM – 10:20AM | Taitila Until 8:45PM | Nataraja: Green | | 4th Phase |
| Until 6:18PM | | | | Navami* Until 9:37AM | Moon – White | Bhuloka Day | |
| Then Routine Work - Marana Yoga | | | | | Pausha*Thai | Devaloka Time: 6:AM to 9:AM | |

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| 2 | Tuesday, January 19, 2016 | | Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | | Malmö, Sweden Sun 24 Sutra 282 |
| | Visshabha Rasi: 3.27 | Tithi 10 – 11 | Gulika 12:19PM – 1:19PM | Krittika Until 5:09PM | Ganesha: Clear | <i>Sunrise:</i> 8:21AM | Manmatha 5117 |
| Creative Work Siddha Yoga | | 829211366 | Yama 10:20AM – 11:20AM | Sukla Until 1:27AM Wed | Muruga: Green | <i>Sunset:</i> 4:18PM | Moon 12 - Phase 38 |
| Until 5:09PM | | | Rahu 2:19PM – 3:18PM | Vanija Until 7:05PM | Nataraja: Green | | 4th Phase |
| Then Creative Work - Amrita Yoga | | | | Dashami Until 7:53AM | Moon – White | Bhuloka Day | |
| | | | | | Pausha*Thai | Devaloka Time: 6:AM to 9:AM | |

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|---------------------------------|------------------------------------|---------------|---|------------------------------|------------------------|-----------------------------|-----------------------------------|
| 3 | Wednesday, January 20, 2016 | | Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau | | | | Malmö, Sweden Sun 25 Sutra 283 |
| | Visshabha Rasi: 17.19 | Tithi 11 – 12 | Gulika 11:20AM – 12:20PM | Rohini Until 4:26PM | Ganesha: White | <i>Sunrise:</i> 8:19AM | Manmatha 5117 |
| Creative Work Siddha Yoga | | 839211366 | Yama 9:19AM – 10:19AM | Brahma Until 11:04PM | Muruga: Green | <i>Sunset:</i> 4:20PM | Moon 12 - Phase 38 |
| Until 5:09PM | | | Rahu 12:20PM – 1:20PM | Balava Until 4:54AM Thu | Nataraja: Green | | 4th Phase |
| Then Routine Work - Marana Yoga | | | | Ekadashi Until 6:17AM | Moon – Yellow | Bhuloka Day | |
| | | | | | Pausha*Thai | Devaloka Time: 6:AM to 9:AM | |

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|---------------------------------|-----------------------------------|-----------|---|------------------------------------|------------------------|-----------------------------|-----------------------------------|
| 4 | Thursday, January 21, 2016 | | Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Malmö, Sweden Sun 26 Sutra 284 |
| | Mithuna Rasi: 1.04 | Tithi 13 | Gulika 10:19AM – 11:19AM | Mrigashira Until 3:49PM | Ganesha: White | <i>Sunrise:</i> 8:18AM | Manmatha 5117 |
| Routine Work Marana Yoga | | 839211366 | Yama 8:18AM – 9:18AM | Indra Until 8:54PM | Muruga: Green | <i>Sunset:</i> 4:22PM | Moon 12 - Phase 38 |
| Until 5:09PM | | | Rahu 1:20PM – 2:21PM | Kaulava Until 4:19PM | Nataraja: Green | | 4th Phase |
| Then Routine Work - Marana Yoga | | | | Trayodashi Until 3:47AM Fri | Moon – Yellow | Bhuloka Day | |
| | | | | <i>Pradosha Vrata</i> | Pausha*Thai | Devaloka Time: 6:AM to 9:AM | |

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| 5 | Friday, January 22, 2016 | | Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Malmö, Sweden Sun 27 Sutra 285 |
| | Mithuna Rasi: 14.4 | Tithi 14 | Gulika 9:17AM – 10:18AM | Ardra Until 3:21PM | Ganesha: White | <i>Sunrise:</i> 8:16AM | Manmatha 5117 |
| Creative Work Siddha Yoga | | 839211366 | Yama 2:22PM – 3:23PM | Vaidhriti* Until 6:58PM | Muruga: Green | <i>Sunset:</i> 4:24PM | Moon 12 - Phase 38 |
| Until 5:09PM | | | Rahu 11:19AM – 12:20PM | Gara Until 3:22PM | Nataraja: Green | | 4th Phase |
| Then Routine Work - Marana Yoga | | | | Chaturdashi* Until 3:02AM Sat | Moon – Yellow | Bhuloka Day | |
| | | | | | Pausha*Thai | Devaloka Time: 6:AM to 9:AM | |

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| ○ | Saturday, January 23, 2016 | | Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau | | | | Malmö, Sweden Sun 28 Sutra 286 |
| | Copper Retreat Star | | Gulika 8:15AM – 9:16AM | Punarvasu Until 3:36PM | Ganesha: Yellow | <i>Sunrise:</i> 8:15AM | Manmatha 5117 |
| Mithuna Rasi: 28.02 | Tithi 15 | 849211366 | Yama 1:22PM – 2:23PM | Vishkambha* Until 5:23PM | Muruga: Green | <i>Sunset:</i> 4:26PM | Moon 12 - Phase 38 |
| Creative Work Siddha Yoga | | | Rahu 10:18AM – 11:19AM | Visti Until 2:51PM | Nataraja: Green | | Purnima |
| Then Routine Work - Marana Yoga | | | | Purnima* Until 2:45AM Sun | Moon – Blue | Bhuloka Day | |
| | | | Thai Pusam | | Pausha*Thai | Devaloka Time: 6:AM to 9:AM | |

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|---------------------------------|---------------------------------|-----------|---|-----------------------------------|------------------------|-----------------------------|-----------------------------------|
| ○ | Sunday, January 24, 2016 | | Manmatha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Malmö, Sweden Sun 28 Sutra 287 |
| | Silver Retreat Star | | Gulika 2:24PM – 3:26PM | Pushya Until 4:11PM | Ganesha: Yellow | <i>Sunrise:</i> 8:13AM | Manmatha 5117 |
| Kataka Rasi: 11.1 | Tithi 16 | 841211366 | Yama 12:21PM – 1:23PM | Priti Until 4:14PM | Muruga: Green | <i>Sunset:</i> 4:28PM | Moon 12 - Phase 38 |
| Creative Work Siddha Yoga | | | Rahu 3:26PM – 4:28PM | Balava Until 2:50PM | Nataraja: Green | | Prathama |
| Then Routine Work - Marana Yoga | | | | Prathama* Until 3:02AM Mon | Moon – Blue | Bhuloka Day | |
| | | | | | Pausha*Thai | Devaloka Time: 6:AM to 9:AM | |

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka



Monday, January 25, 2016
Gold Retreat Star

Kataka Rasi: 24.01 Tithi 17
Family Home Evening 941211366
Creative Work Siddha Yoga
Until 5:12PM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Malmö, Sweden
Ashlesha* Magha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dviliyayam Titau Sutra 288
Gulika 1:23PM – 2:25PM **Ashlesha* Until 5:12PM** **Ganesha:** Blue *Sunrise:* 8:12AM Manmatha 5117
Yama 11:19AM – 12:21PM **Ayushman Until 3:30PM** **Muruqa:** Green *Sunset:* 4:30PM Moon 1 - Phase 39
Rahu 9:14AM – 10:16AM **Taitila Until 3:25PM** **Nataraja:** Green Moon – Blue 1st Phase
Dvitiya Until 3:55AM Tue **Pausha*Thai** **Bhuloka Day**

1 **Tuesday, January 26, 2016**

Simha Rasi: 6.34 Tithi 18
951211366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Malmö, Sweden
Magha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau Sun 1 Sutra 289
Gulika 12:21PM – 1:24PM **Magha* Until 7:07PM** **Ganesha:** Yellow *Sunrise:* 8:10AM Manmatha 5117
Yama 10:16AM – 11:18AM **Saubhagya Until 3:15PM** **Muruqa:** Green *Sunset:* 4:32PM Moon 1 - Phase 39
Rahu 2:27PM – 3:29PM **Vanija Until 4:37PM** **Nataraja:** Green Moon – Red 1st Phase
Tritiya Until 5:25AM Wed **Pausha*Thai** **Bhuloka Day**
Devaloka Time: 6:AM to 9:AM

2 **Wednesday, January 27, 2016**

Simha Rasi: 18.52 Tithi 19
951211366
Creative Work Amrita Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Malmö, Sweden
Purvaphalguni Nakshatra Sobhana/Athiganda* Yoga Bava Karana Chaturtham Titau Sun 2 Sutra 290
Gulika 11:18AM – 12:21PM **Purvaphalguni Until 9:26PM** **Ganesha:** Yellow *Sunrise:* 8:09AM Manmatha 5117
Yama 9:12AM – 10:15AM **Sobhana Until 3:28PM** **Muruqa:** Green *Sunset:* 4:34PM Moon 1 - Phase 39
Rahu 12:21PM – 1:25PM **Bava Until 6:24PM** **Nataraja:** Green Moon – Red 1st Phase
Chaturthi* Until 7:28AM Thu **Pausha*Thai** **Bhuloka Day**
Devaloka Time: 6:AM to 9:AM

3 **Thursday, January 28, 2016**

Kanya Rasi: 0.56 Tithi 19 – 20
951211366
Amrita Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Malmö, Sweden
Uttaraphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau Sun 3 Sutra 291
Gulika 10:14AM – 11:18AM **Uttaraphalguni Until 12:02AM Fri** **Ganesha:** Yellow *Sunrise:* 8:07AM Manmatha 5117
Yama 8:07AM – 9:11AM **Athiganda* Until 4:03PM** **Muruqa:** Green *Sunset:* 4:36PM Moon 1 - Phase 39
Rahu 1:25PM – 2:29PM **Kaulava Until 8:41PM** **Nataraja:** Green Moon – Red 1st Phase
Chaturthi* Until 7:28AM **Pausha*Thai** **Bhuloka Day**
Devaloka Time: 6:AM to 9:AM

4 **Friday, January 29, 2016**

Kanya Rasi: 12.51 Tithi 20 – 21
961211366
Creative Work Amrita Yoga
Until 3:15AM Sat
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Malmö, Sweden
Hasta Nakshatra Sukarma/Dhriti* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau Sun 4 Sutra 292
Gulika 9:09AM – 10:13AM **Hasta Until 3:15AM Sat** **Ganesha:** White *Sunrise:* 8:05AM Manmatha 5117
Yama 2:30PM – 3:34PM **Sukarma Until 4:53PM** **Muruqa:** Green *Sunset:* 4:38PM Moon 1 - Phase 39
Rahu 11:18AM – 12:22PM **Gara Until 11:17PM** **Nataraja:** Green Moon – Green 1st Phase
Panchami Until 9:56AM **Pausha*Thai** **Bhuloka Day**

5 **Saturday, January 30, 2016**

Kanya Rasi: 24.41 Tithi 21 – 22
961211366
Routine Work Marana Yoga
Until 6:20AM Sun
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Malmö, Sweden
Chitra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau Sun 5 Sutra 293
Gulika 8:03AM – 9:08AM **Chitra Until 6:20AM Sun** **Ganesha:** White *Sunrise:* 8:03AM Manmatha 5117
Yama 1:27PM – 2:31PM **Dhriti Until 5:52PM** **Muruqa:** Green *Sunset:* 4:40PM Moon 1 - Phase 39
Rahu 10:13AM – 11:17AM **Visti Until 1:58AM Sun** **Nataraja:** Green Moon – Green 1st Phase
Shashthi* Until 12:36PM **Pausha*Thai** **Bhuloka Day**

6 **Sunday, January 31, 2016**

Tula Rasi: 6.29 Tithi 22 – 23
961211366
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Malmö, Sweden
Chitra/Svati Nakshatra Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau Sun 6 Sutra 294
Gulika 2:32PM – 3:37PM **Chitra Until 6:20AM** **Ganesha:** White *Sunrise:* 8:02AM Manmatha 5117
Yama 12:22PM – 1:27PM **Shula* Until 6:44PM** **Muruqa:** Green *Sunset:* 4:42PM Moon 1 - Phase 39
Rahu 3:37PM – 4:42PM **Balava Until 4:29AM Mon** **Nataraja:** Green Moon – Green 1st Phase
Saptami Until 3:14PM **Pausha*Thai** **Bhuloka Day**

Monday, February 1, 2016

Retreat Star

Tula Rasi: 18.22 Tithi 23 – 24
961211366
Family Home Evening
Creative Work Amrita Yoga
Until 9:04AM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Malmö, Sweden
Svati/Vishakha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau Sun 7 Sutra 295
Gulika 1:27PM – 2:32PM **Svati Until 9:04AM** **Ganesha:** White *Sunrise:* 8:02AM Manmatha 5117
Yama 11:17AM – 12:22PM **Ganda* Until 7:24PM** **Muruqa:** Green *Sunset:* 4:42PM Moon 1 - Phase 39
Rahu 9:07AM – 10:12AM **Taitila Until 6:37AM Tue** **Nataraja:** Green Moon – Green Ashtami
Ashtami* Until 5:35PM **Pausha*Thai** **Bhuloka Day**

Tuesday, February 2, 2016

Retreat Star

Vrischika Rasi: 0.25 Tithi 24
971211366
Routine Work Marana Yoga
Until 11:43AM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Malmö, Sweden
Vishakha/Anuradha Nakshatra Vriddhi* Yoga Taitila/Gara Karana Navamyam Titau Sun 8 Sutra 296
Gulika 12:22PM – 1:28PM **Vishakha Until 11:43AM** **Ganesha:** Clear *Sunrise:* 8:00AM Manmatha 5117
Yama 10:11AM – 11:17AM **Vriddhi Until 7:41PM** **Muruqa:** Green *Sunset:* 4:45PM Moon 1 - Phase 39
Rahu 2:33PM – 3:39PM **Taitila Until 6:37AM** **Nataraja:** Green Moon – Orange Navami
Navami* Until 7:26PM **Pausha*Thai** **Bhuloka Day**
Devaloka Time: 6:AM to 9:AM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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|----------|--|---|---|
| 1 | Wednesday, February 3, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau | Malmö, Sweden Sun 9 Sutra 297 |
| | Vrischika Rasi: 12.42 Tithi 25 971211366 | Gulika 11:16AM – 12:22PM Yama 9:04AM – 10:10AM Rahu 12:22PM – 1:28PM | Anuradha Until 1:37PM Dhruva Until 7:26PM Vanija Until 8:08AM Dashami Until 8:36PM |

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|--|-----------------------------|
| Ganesha: Clear <i>Sunrise:</i> 7:58AM | Manmatha 5117 |
| Muruga: Green <i>Sunset:</i> 4:47PM | Moon 1 - Phase 40 |
| Nataraja: Green | 2nd Phase |
| Moon – Orange | Bhuloka Day |
| Pausha-Thai | Devaloka Time: 6:AM to 9:AM |

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| 2 | Thursday, February 4, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau | Malmö, Sweden Sun 10 Sutra 298 |
| | Vrischika Rasi: 25.17 Tithi 26 972211367 | Gulika 10:09AM – 11:16AM Yama 7:56AM – 9:03AM Rahu 1:29PM – 2:36PM | Jyeshtha* Until 2:38PM Vyaghata* Until 6:38PM Bava Until 8:56AM Ekadashi* Until 9:01PM |

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| Ganesha: Orange <i>Sunrise:</i> 7:56AM | Manmatha 5117 |
| Muruga: Green <i>Sunset:</i> 4:49PM | Moon 1 - Phase 40 |
| Nataraja: White | 2nd Phase |
| Moon – Orange | Bhuloka Day |
| Pausha-Thai | Devaloka Time: 6:AM to 9:AM |

Routine Work Prabalarishta Yoga
Until 2:38PM
Then Creative Work - Siddha Yoga

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| 3 | Friday, February 5, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvadashyam Titau | Malmö, Sweden Sun 11 Sutra 299 |
| | Dhanus Rasi: 8.15 Tithi 27 982211367 | Gulika 9:01AM – 10:08AM Yama 2:37PM – 3:44PM Rahu 11:15AM – 12:23PM | Mula* Until 3:13PM Harshana Until 5:14PM Kaulava Until 8:57AM Dvadashi* Until 8:39PM |

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|---|--------------------|
| Ganesha: Light Blue <i>Sunrise:</i> 7:54AM | Manmatha 5117 |
| Muruga: Green <i>Sunset:</i> 4:51PM | Moon 1 - Phase 40 |
| Nataraja: White | 2nd Phase |
| Moon – Light Blue | Bhuloka Day |
| Pausha-Thai | |

Creative Work Amrita Yoga
Until 3:13PM
Then Routine Work - Prabalarishta Yoga

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| 4 | Saturday, February 6, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Mania Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra*/Siddhi* Yoga Gara/Vanija Karana Trayodashyam Titau | Malmö, Sweden Sun 12 Sutra 300 |
| | Dhanus Rasi: 21.35 Tithi 28 982211367 | Gulika 7:52AM – 9:00AM Yama 1:30PM – 2:38PM Rahu 10:07AM – 11:15AM | Purvashadha* Until 2:55PM Vajra* Until 3:15PM Gara Until 8:13AM Trayodashi* Until 7:34PM <i>Pradosha Vrata (Fasting)</i> |

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| Ganesha: Light Blue <i>Sunrise:</i> 7:52AM | Manmatha 5117 |
| Muruga: Green <i>Sunset:</i> 4:53PM | Moon 1 - Phase 40 |
| Nataraja: White | 2nd Phase |
| Moon – Light Blue | Bhuloka Day |
| Pausha-Thai | |

Creative Work Siddha Yoga
Until 2:55PM
Then Routine Work - Marana Yoga

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| 5 | Sunday, February 7, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Siddhi/Vyatipata* Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | Malmö, Sweden Sun 13 Sutra 301 |
| | Makara Rasi: 5.2 Tithi 29 – 30 982311367 | Gulika 2:39PM – 3:47PM Yama 12:23PM – 1:31PM Rahu 3:47PM – 4:55PM | Uttarashadha Until 1:51PM Siddhi Until 12:45PM Visti Until 6:49AM Chaturdashi* Until 5:52PM |

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| Ganesha: Purple <i>Sunrise:</i> 7:50AM | Manmatha 5117 |
| Muruga: Green <i>Sunset:</i> 4:53PM | Moon 1 - Phase 40 |
| Nataraja: White | 2nd Phase |
| Moon – Light Blue | Bhuloka Day |
| Pausha-Thai | |

Creative Work Amrita Yoga

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| Monday, February 8, 2016 | Retreat Star | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | Malmö, Sweden Sun 14 Sutra 302 |
| | Makara Rasi: 19.25 Tithi 30 – 1 Family Home Evening 992311367 | Gulika 1:31PM – 2:40PM Yama 11:14AM – 12:23PM Rahu 8:57AM – 10:05AM | Shravana Until 12:33PM Vyatipata* Until 9:52AM Kintughna Until 2:27AM Tue Amavasya* Until 3:40PM |

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| Ganesha: Light Blue <i>Sunrise:</i> 7:48AM | Manmatha 5117 |
| Muruga: Green <i>Sunset:</i> 4:57PM | Moon 1 - Phase 40 |
| Nataraja: White | Amavasya |
| Moon – Purple | Bhuloka Day |
| Pausha-Thai | |

Creative Work Amrita Yoga
Until 12:33PM
Then Creative Work - Siddha Yoga

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| Tuesday, February 9, 2016 | Retreat Star | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha*/Shatabhishak Nakshatra Varyan/Parigaha* Yoga Bava/Balava Karana Prathama/Dvityayam Titau | Malmö, Sweden Sun 15 Sutra 303 |
| | Kumbha Rasi: 3.47 Tithi 1 – 2 992311367 | Gulika 12:23PM – 1:32PM Yama 10:04AM – 11:14AM Rahu 2:41PM – 3:50PM | Dhanishtha Until 10:45AM Varyan Until 6:38AM Balava Until 11:46PM Prathama* Until 1:07PM |

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| Ganesha: Light Blue <i>Sunrise:</i> 7:46AM | Manmatha 5117 |
| Muruga: Green <i>Sunset:</i> 5:00PM | Moon 1 - Phase 40 |
| Nataraja: White | Prathama |
| Moon – Purple | Bhuloka Day |
| Magha-Thai | |

Creative Work Siddha Yoga
Until 10:45AM
Then Routine Work - Marana Yoga

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

All times are standard time

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| 1 | Wednesday, February 10, 2016 | | Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvitiya/Trilayam Titau | | | | Malmö, Sweden |
| | Kumbha Rasi: 18.2 | Tithi 2 - 3 | 992311367 | Gulika 11:13AM - 12:23PM Yama 8:54AM - 10:03AM Rahu 12:23PM - 1:32PM | Shatabhishak Until 8:35AM Shiva Until 11:42PM Taitila Until 8:57PM Dvitiya Until 10:21AM | Ganesha: Light Blue <i>Sunrise:</i> 7:44AM Muruga: Green <i>Sunset:</i> 5:02PM Nataraja: White Moon - Purple Magha-Thai | Sun 16 Sutra 304 Manmatha 5117 Moon 1 - Phase 41 3rd Phase Bhuloka Day |
| | Creative Work Siddha Yoga Until 8:35AM Then Creative Work - Amrita Yoga | | | | | | |
| 2 | Thursday, February 11, 2016 | | Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddha Yoga Gara/Vanija Karana Trilaya/Chaturtham Titau | | | | Malmö, Sweden |
| | Meena Rasi: 2.57 | Tithi 3 - 4 | 912311367 | Gulika 10:02AM - 11:13AM Yama 7:42AM - 8:52AM Rahu 1:33PM - 2:43PM | Purvaproshtapada* Until 6:37AM Siddha Until 8:10PM Vanija Until 6:08PM Tritiya Until 7:31AM | Ganesha: Orange <i>Sunrise:</i> 7:42AM Muruga: Green <i>Sunset:</i> 5:04PM Nataraja: White Moon - Clear Magha-Thai | Sun 17 Sutra 305 Manmatha 5117 Moon 1 - Phase 41 3rd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM |
| | Creative Work Siddha Yoga | | | | | | |
| 3 | Friday, February 12, 2016 | | Manmatha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau | | | | Malmö, Sweden |
| | Meena Rasi: 17.32 | Tithi 5 | 912311367 | Gulika 8:50AM - 10:01AM Yama 2:44PM - 3:55PM Rahu 11:12AM - 12:23PM | Revati Until 2:30AM Sat Sadhya Until 4:45PM Bava Until 3:25PM Panchami Until 2:06AM Sat | Ganesha: Orange <i>Sunrise:</i> 7:40AM Muruga: Green <i>Sunset:</i> 5:06PM Nataraja: White Moon - Clear Magha-Thai | Sun 18 Sutra 306 Manmatha 5117 Moon 1 - Phase 41 3rd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM |
| | Creative Work Siddha Yoga | | | | | | |
| 4 | Saturday, February 13, 2016 | | Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashtham Titau | | | | Malmö, Sweden |
| | Mesha Rasi: 2 | Tithi 6 | 922311367 | Gulika 7:38AM - 8:49AM Yama 1:34PM - 2:45PM Rahu 10:00AM - 11:11AM | Ashvini Until 12:58AM Sun Subha Until 1:31PM Kaulava Until 12:54PM Shashthi* Until 11:44PM | Ganesha: Green <i>Sunrise:</i> 7:38AM Muruga: Green <i>Sunset:</i> 5:08PM Nataraja: White Moon - White Magha-Masi | Sun 19 Sutra 307 Manmatha 5117 Moon 1 - Phase 41 3rd Phase Bhuloka Day |
| | Creative Work Siddha Yoga Until 12:58AM Sun Then Routine Work - Prabalarishta Yoga | | | | | | |
| 5 | Sunday, February 14, 2016 | | Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau | | | | Malmö, Sweden |
| | Mesha Rasi: 16.18 | Tithi 7 | 922311367 | Gulika 2:46PM - 3:58PM Yama 12:23PM - 1:35PM Rahu 3:58PM - 5:10PM | Bharani Until 11:37PM Sukla Until 10:29AM Gara Until 10:40AM Saptami Until 9:39PM | Ganesha: Green <i>Sunrise:</i> 7:35AM Muruga: Green <i>Sunset:</i> 5:10PM Nataraja: White Moon - White Magha-Masi | Sun 20 Sutra 308 Manmatha 5117 Moon 1 - Phase 41 3rd Phase Bhuloka Day |
| | Routine Work Prabalarishta Yoga Until 11:37PM Then Creative Work - Siddha Yoga | | | | | | |
| D | Monday, February 15, 2016 | | Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Malmö, Sweden |
| | Retreat Star | | | Gulika 1:35PM - 2:48PM Yama 11:10AM - 12:23PM Rahu 8:46AM - 9:58AM | Krittika Until 10:29PM Brahma Until 7:45AM Visti Until 8:46AM Ashtami* Until 7:56PM | Ganesha: Green <i>Sunrise:</i> 7:33AM Muruga: Green <i>Sunset:</i> 5:12PM Nataraja: White Moon - White Magha-Masi | Sun 21 Sutra 309 Manmatha 5117 Moon 1 - Phase 41 Ashtami Bhuloka Day |
| | Vrishabha Rasi: 0.22 Tithi 8 Family Home Evening Routine Work Marana Yoga Until 10:29PM Then Creative Work - Amrita Yoga | | | | | | |
| T | Tuesday, February 16, 2016 | | Manmatha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau | | | | Malmö, Sweden |
| | Retreat Star | | | Gulika 12:23PM - 1:36PM Yama 9:57AM - 11:10AM Rahu 2:49PM - 4:02PM | Rohini Until 10:00PM Vaidhriti* Until 3:08AM Wed Balava Until 7:14AM Navami* Until 6:36PM | Ganesha: Red <i>Sunrise:</i> 7:31AM Muruga: Green <i>Sunset:</i> 5:14PM Nataraja: White Moon - Yellow Magha-Masi | Sun 22 Sutra 310 Manmatha 5117 Moon 1 - Phase 41 Navami Bhuloka Day Devaloka Time: 6:AM to 9:AM |
| | Vrishabha Rasi: 14.13 Tithi 9 Creative Work Amrita Yoga Until 10:00PM Then Creative Work - Siddha Yoga | | | | | | |

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time

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| 1 | Wednesday, February 17, 2016 | Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vishkambha* Yoga Taitila/Vanija Karana Dashami/Ekadashyam Titau | Malmö, Sweden Sun 23 Sutra 311 |
| | Vishabha Rasi: 27.5 Tithi 10 – 11 933311367 Creative Work Siddha Yoga | Gulika 11:09AM – 12:23PM Yama 8:42AM – 9:56AM Rahu 12:23PM – 1:36PM | Mrigashira Until 9:46PM Vishkambha* Until 1:18AM Thu Taitila Until 6:06AM Dashami Until 5:39PM |

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

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| 2 | Thursday, February 18, 2016 | Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Priti Yoga Visli*/Bava Karana Ekadashi/Dvadashyam Titau | Malmö, Sweden Sun 24 Sutra 312 |
| | Mithuna Rasi: 11.14 Tithi 11 – 12 933311367 Routine Work Marana Yoga Until 9:46PM Then Creative Work - Amrita Yoga | Gulika 9:54AM – 11:09AM Yama 7:26AM – 8:40AM Rahu 1:37PM – 2:51PM | Ardra Until 9:46PM Priti Until 11:48PM Bava Until 5:01AM Fri Ekadashi Until 5:06PM |

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

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| 3 | Friday, February 19, 2016 | Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | Malmö, Sweden Sun 25 Sutra 313 |
| | Mithuna Rasi: 24.24 Tithi 12 – 13 943311367 Creative Work Siddha Yoga Until 10:29PM Then Routine Work - Marana Yoga | Gulika 8:39AM – 9:53AM Yama 2:52PM – 4:06PM Rahu 11:08AM – 12:22PM | Punarvasu Until 10:29PM Ayushman Until 10:36PM Kaulava Until 5:06AM Sat Dvadashi Until 4:59PM <i>Pradosha Vrata</i> |

Bhuloka Day

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| 4 | Saturday, February 20, 2016 | Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Saubhagya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | Malmö, Sweden Sun 26 Sutra 314 |
| | Kataka Rasi: 7.21 Tithi 13 – 14 943311367 Creative Work Siddha Yoga Until 11:29PM Then Routine Work - Marana Yoga | Gulika 7:22AM – 8:37AM Yama 1:38PM – 2:53PM Rahu 9:52AM – 11:07AM | Pushya Until 11:29PM Saubhagya Until 9:46PM Gara Until 5:39AM Sun Trayodashi Until 5:18PM |

Bhuloka Day

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| 5 | Sunday, February 21, 2016 | Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Vanija Karana Chaturdashyam Titau | Malmö, Sweden Sun 27 Sutra 315 |
| | Kataka Rasi: 20.05 Tithi 14 943311367 Creative Work Siddha Yoga Until 12:46AM Mon Then Routine Work - Marana Yoga | Gulika 2:54PM – 4:09PM Yama 12:22PM – 1:38PM Rahu 4:09PM – 5:25PM | Ashlesha* Until 12:46AM Mon Sobhana Until 9:18PM Vanija Until 6:04PM Chaturdashi* Until 6:04PM Chidambaram Abhishekam |

Bhuloka Day

| | | | |
|---|---|--|---|
| ○ | Monday, February 22, 2016 | Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Athiganda* Yoga Visli*/Bava Karana Purnimayam Titau | Malmö, Sweden Sutra 316 |
| | Copper Retreat Star Simha Rasi: 2.37 Tithi 15 Family Home Evening 953311367 Routine Work Marana Yoga Until 2:50AM Tue Then Creative Work - Siddha Yoga | Gulika 1:38PM – 2:55PM Yama 11:06AM – 12:22PM Rahu 8:33AM – 9:50AM | Magha* Until 2:50AM Tue Athiganda* Until 9:10PM Visli Until 6:39AM Purnima* Until 7:19PM |

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

| | | | |
|---|--|---|---|
| ○ | Tuesday, February 23, 2016 | Manmatha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau | Malmö, Sweden Sutra 317 |
| | Silver Retreat Star Simha Rasi: 14.56 Tithi 16 953311367 Creative Work Siddha Yoga Until 5:11AM Wed Then Creative Work - Amrita Yoga | Gulika 12:22PM – 1:39PM Yama 9:48AM – 11:05AM Rahu 2:56PM – 4:12PM | Purvaphalguni Until 5:11AM Wed Sukarma Until 9:24PM Balava Until 8:09AM Prathama* Until 9:02PM |

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda



Wednesday, February 24, 2016
Gold Retreat Star

| | | |
|---|---|-----------------------------|
| Manmatha Nama Samvatsare Uttaraphalguni Nakshatra Dhriti | Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam | Malmö, Sweden |
| Yoga Taitila/Gara Karana Dvitiyayam Titau | | Sun 1 Sutra 318 |
| Gulika 11:04AM – 12:22PM | Uttaraphalguni Until 7:43AM Thu | Manmatha 5117 |
| Yama 8:30AM – 9:47AM | Dhriti Until 9:58PM | Moon 2 - Phase 43 |
| Rahu 12:22PM – 1:39PM | Taitila Until 10:05AM | 1st Phase |
| | Dvitiya Until 11:10PM | |
| | Ganesha: Red <i>Sunrise:</i> 7:12AM | |
| | Muruga: Green <i>Sunset:</i> 5:31PM | |
| | Nataraja: White | |
| | Moon – Red | Bhuloka Day |
| | Magha-Masi | Devaloka Time: 6:AM to 9:AM |

Simha Rasi: 27.04 Tithi 17
953311367
Creative Work Amrita Yoga
Until 7:43AM Thu
Then Routine Work - Marana Yoga

1

Thursday, February 25, 2016

| | | |
|--|--|-----------------------------|
| Manmatha Nama Samvatsare Uttaraphalguni/Hasta Nakshatra Shula | Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam | Malmö, Sweden |
| Yoga Vanija/Visti* Karana Tritiyayam Titau | | Sun 2 Sutra 319 |
| Gulika 9:46AM – 11:04AM | Uttaraphalguni Until 7:43AM | Manmatha 5117 |
| Yama 7:10AM – 8:28AM | Shula* Until 10:44PM | Moon 2 - Phase 43 |
| Rahu 1:40PM – 2:58PM | Vanija Until 12:23PM | 1st Phase |
| | Tritiya Until 1:37AM Fri | |
| | Ganesha: Red <i>Sunrise:</i> 7:10AM | |
| | Muruga: Green <i>Sunset:</i> 5:33PM | |
| | Nataraja: White | |
| | Moon – Red | Bhuloka Day |
| | Magha-Masi | Devaloka Time: 6:AM to 9:AM |

Kanya Rasi: 9.03 Tithi 18
953311367
Routine Work Marana Yoga

2

Friday, February 26, 2016

| | | |
|--|---|-----------------------------|
| Manmatha Nama Samvatsare Hasta/Chitra Nakshatra Ganda | Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam | Malmö, Sweden |
| Yoga Bava/Balava Karana Chaturthyam Titau | | Sun 3 Sutra 320 |
| Gulika 8:26AM – 9:45AM | Hasta Until 10:52AM | Manmatha 5117 |
| Yama 2:59PM – 4:17PM | Ganda* Until 11:40PM | Moon 2 - Phase 43 |
| Rahu 11:03AM – 12:22PM | Bava Until 2:56PM | 1st Phase |
| | Chaturthi* Until 4:14AM Sat | |
| | Ganesha: Green <i>Sunrise:</i> 7:08AM | |
| | Muruga: Green <i>Sunset:</i> 5:36PM | |
| | Nataraja: White | |
| | Moon – Green | Bhuloka Day |
| | Magha-Masi | Devaloka Time: 6:AM to 9:AM |

Kanya Rasi: 20.56 Tithi 19
963311367
Creative Work Amrita Yoga
Until 10:52AM
Then Creative Work - Siddha Yoga

3

Saturday, February 27, 2016

| | | |
|--|---|--------------------|
| Manmatha Nama Samvatsare Chitra/Svati Nakshatra Vriddhi | Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam | Malmö, Sweden |
| Yoga Kaulava/Taitila Karana Panchamyam Titau | | Sun 4 Sutra 321 |
| Gulika 7:05AM – 8:24AM | Chitra Until 1:57PM | Manmatha 5117 |
| Yama 1:40PM – 3:00PM | Vriddhi Until 12:39AM Sun | Moon 2 - Phase 43 |
| Rahu 9:43AM – 11:02AM | Kaulava Until 5:35PM | 1st Phase |
| | Panchami Until 6:52AM Sun | |
| | Ganesha: Green <i>Sunrise:</i> 7:05AM | |
| | Muruga: Green <i>Sunset:</i> 5:38PM | |
| | Nataraja: White | |
| | Moon – Green | Bhuloka Day |
| | Magha-Masi | |

Tula Rasi: 2.44 Tithi 20
963311367
Routine Work Marana Yoga
Until 1:57PM
Then Creative Work - Siddha Yoga

4

Sunday, February 28, 2016

| | | |
|---|---|--------------------|
| Manmatha Nama Samvatsare Svati/Vishakha Nakshatra Dhruva | Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam | Malmö, Sweden |
| Yoga Taitila/Gara Karana Panchami/Shashthyam Titau | | Sun 5 Sutra 322 |
| Gulika 3:00PM – 4:20PM | Svati Until 4:48PM | Manmatha 5117 |
| Yama 12:21PM – 1:41PM | Dhruva Until 1:29AM Mon | Moon 2 - Phase 43 |
| Rahu 4:20PM – 5:40PM | Gara Until 8:08PM | 1st Phase |
| | Panchami Until 6:52AM | |
| | Ganesha: Green <i>Sunrise:</i> 7:03AM | |
| | Muruga: Green <i>Sunset:</i> 5:40PM | |
| | Nataraja: White | |
| | Moon – Green | Bhuloka Day |
| | Magha-Masi | |

Tula Rasi: 14.34 Tithi 20 – 21
963311367
Creative Work Siddha Yoga
Until 4:48PM
Then Routine Work - Marana Yoga

5

Monday, February 29, 2016

| | | |
|---|--|-----------------------------|
| Manmatha Nama Samvatsare Vishakha Nakshatra Vyaghata | Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam | Malmö, Sweden |
| Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau | | Sun 6 Sutra 323 |
| Gulika 1:41PM – 3:01PM | Vishakha Until 7:45PM | Manmatha 5117 |
| Yama 11:01AM – 12:21PM | Vyaghata* Until 2:06AM Tue | Moon 2 - Phase 43 |
| Rahu 8:20AM – 9:41AM | Visti Until 10:25PM | 1st Phase |
| | Shashthi* Until 9:18AM | |
| | Ganesha: Orange <i>Sunrise:</i> 7:00AM | |
| | Muruga: Green <i>Sunset:</i> 5:42PM | |
| | Nataraja: White | |
| | Moon – Orange | Bhuloka Day |
| | Magha-Masi | Devaloka Time: 6:AM to 9:AM |

Tula Rasi: 26.27 Tithi 21 – 22
973311367
Family Home Evening
Routine Work Marana Yoga
Until 7:45PM
Then Creative Work - Siddha Yoga

Retreat Star

Tuesday, March 1, 2016

| | | |
|---|---|-----------------------------|
| Manmatha Nama Samvatsare Anuradha Nakshatra Harshana | Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam | Malmö, Sweden |
| Yoga Bava/Balava Karana Saptami/Ashtamyam Titau | | Sun 7 Sutra 324 |
| Gulika 12:21PM – 1:42PM | Anuradha Until 10:06PM | Manmatha 5117 |
| Yama 9:38AM – 10:59AM | Harshana Until 2:22AM Wed | Moon 2 - Phase 43 |
| Rahu 3:03PM – 4:25PM | Balava Until 12:12AM Wed | Ashtami |
| | Saptami Until 11:21AM | |
| | Ganesha: Orange <i>Sunrise:</i> 6:55AM | |
| | Muruga: Green <i>Sunset:</i> 5:46PM | |
| | Nataraja: White | |
| | Moon – Orange | Bhuloka Day |
| | Magha-Masi | Devaloka Time: 6:AM to 9:AM |

Vrischika Rasi: 8.29 Tithi 22 – 23
973311367
Creative Work Siddha Yoga
Until 10:06PM
Then Routine Work - Marana Yoga


Wednesday, March 2, 2016

Retreat Star

| | | |
|---|---|-----------------------------|
| Manmatha Nama Samvatsare Jyeshtha* Nakshatra Vajra | Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam | Malmö, Sweden |
| Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau | | Sun 8 Sutra 325 |
| Gulika 10:59AM – 12:20PM | Jyeshtha* Until 11:40PM | Manmatha 5117 |
| Yama 8:15AM – 9:37AM | Vajra* Until 2:05AM Thu | Moon 2 - Phase 43 |
| Rahu 12:20PM – 1:42PM | Taitila Until 1:20AM Thu | Navami |
| | Ashtami* Until 12:50PM | |
| | Ganesha: Clear <i>Sunrise:</i> 6:53AM | |
| | Muruga: Green <i>Sunset:</i> 5:48PM | |
| | Nataraja: White | |
| | Moon – Orange | Bhuloka Day |
| | Magha-Masi | Devaloka Time: 6:AM to 9:AM |

Vrischika Rasi: 20.43 Tithi 23 – 24
974311367
Creative Work Siddha Yoga
Until 11:40PM
Then Routine Work - Marana Yoga

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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| 1 | Thursday, March 3, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau | Malmö, Sweden Sun 9 Sutra 326 |
| | Dhanus Rasi: 3.14 Tithi 24 – 25 984411367 Creative Work Siddha Yoga Until 12:49AM Fri Then Routine Work - Prabalarishta Yoga | Gulika 9:35AM – 10:58AM Yama 6:50AM – 8:13AM Rahu 1:43PM – 3:05PM | Mula* Until 12:49AM Fri Siddhi Until 1:14AM Fri Vanija Until 1:42AM Fri Navami* Until 1:36PM |
| 2 | Friday, March 4, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | Malmö, Sweden Sun 10 Sutra 327 |
| | Dhanus Rasi: 16.08 Tithi 25 – 26 984411367 Routine Work Prabalarishta Yoga Until 1:02AM Sat Then Routine Work - Marana Yoga | Gulika 8:11AM – 9:34AM Yama 3:06PM – 4:29PM Rahu 10:57AM – 12:20PM | Purvashadha* Until 1:02AM Sat Vyatipata* Until 11:46PM Bava Until 1:16AM Sat Dashami Until 1:34PM |
| 3 | Saturday, March 5, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | Malmö, Sweden Sun 11 Sutra 328 |
| | Dhanus Rasi: 29.26 Tithi 26 – 27 184411367 Routine Work Marana Yoga Until 12:19AM Sun Then Creative Work - Amrita Yoga | Gulika 6:45AM – 8:09AM Yama 1:43PM – 3:07PM Rahu 9:33AM – 10:56AM | Uttarashadha Until 12:19AM Sun Variyan Until 9:38PM Kaulava Until 12:02AM Sun Ekadashi* Until 12:43PM |
| 4 | Sunday, March 6, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau | Malmö, Sweden Sun 12 Sutra 329 |
| | Makara Rasi: 13.12 Tithi 27 – 28 194411367 Creative Work Amrita Yoga Until 11:12PM Then Routine Work - Marana Yoga | Gulika 3:08PM – 4:32PM Yama 12:20PM – 1:44PM Rahu 4:32PM – 5:56PM | Shravana Until 11:12PM Parigha* Until 6:57PM Gara Until 10:05PM Dvadashi* Until 11:07AM <i>Pradosha Vrata (Fasting)</i> |
| 5 | Monday, March 7, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | Malmö, Sweden Sun 13 Sutra 330 |
| | Makara Rasi: 27.23 Tithi 28 – 29 194421367 Family Home Evening Creative Work Siddha Yoga | Gulika 1:44PM – 3:09PM Yama 10:55AM – 12:19PM Rahu 8:05AM – 9:30AM | Dhanishtha Until 9:21PM Shiva Until 3:47PM Visti Until 7:32PM Trayodashi* Until 8:51AM |
|  | Tuesday, March 8, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak Nakshatra Siddha/Sadhya Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau | Malmö, Sweden Sun 14 Sutra 331 |
| | Retreat Star Kumbha Rasi: 11.56 Tithi 29 – 30 194421367 Routine Work Marana Yoga | Gulika 12:19PM – 1:44PM Yama 9:28AM – 10:54AM Rahu 3:10PM – 4:35PM | Shalabhishak Until 6:55PM Siddha Until 12:11PM Naga Until 2:53AM Wed Chaturdashi* Until 6:04AM |
| 6 | Wednesday, March 9, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproskthapada*/Uttaraproskthapada Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau | Malmö, Sweden Sun 15 Sutra 332 |
| | Retreat Star Kumbha Rasi: 26.47 Tithi 1 114421367 Creative Work Amrita Yoga Until 4:29PM Then Creative Work - Siddha Yoga | Gulika 10:53AM – 12:19PM Yama 8:01AM – 9:27AM Rahu 12:19PM – 1:45PM | Purvaproskthapada* Until 4:29PM Sadhya Until 8:21AM Kintughna Until 1:14PM Prathama* Until 11:30PM |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time


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| 1 | Thursday, March 10, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sukla Yoga Balava/Kaulava Karana Dviliyayam Titau | Malmö, Sweden Sun 16 Sutra 333 |
| | Meena Rasi: 11.46 Tithi 2 114421367 Creative Work Siddha Yoga | Gulika 9:26AM – 10:52AM Yama 6:33AM – 7:59AM Rahu 1:45PM – 3:11PM | Uttaraproshtapada Until 1:48PM Sukla Until 12:20AM Fri Balava Until 9:47AM Dvitiya Until 8:02PM |
| 2 | Friday, March 11, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Brahma Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau | Malmö, Sweden Sun 17 Sutra 334 |
| | Meena Rasi: 26.47 Tithi 3 – 4 114421367 Creative Work Siddha Yoga Until 11:01AM Then Creative Work - Amrita Yoga | Gulika 7:57AM – 9:24AM Yama 3:12PM – 4:39PM Rahu 10:51AM – 12:18PM | Revati Until 11:01AM Brahma Until 8:25PM Taitila Until 6:21AM Tritiya Until 4:40PM |
| 3 | Saturday, March 12, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | Malmö, Sweden Sun 18 Sutra 335 |
| | Mesha Rasi: 11.4 Tithi 4 – 5 124421367 Creative Work Siddha Yoga | Gulika 6:28AM – 7:55AM Yama 1:46PM – 3:13PM Rahu 9:23AM – 10:50AM | Ashvini Until 8:42AM Indra Until 4:43PM Bava Until 12:06AM Sun Chaturthi* Until 1:32PM |
| 4 | Sunday, March 13, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | Malmö, Sweden Sun 19 Sutra 336 |
| | Mesha Rasi: 26.18 Tithi 5 – 6 124421367 Routine Work Prabalarishta Yoga Until 6:35AM Then Creative Work - Siddha Yoga | Gulika 3:14PM – 4:42PM Yama 12:18PM – 1:46PM Rahu 4:42PM – 6:10PM | Bharani Until 6:35AM Vaidhriti* Until 1:19PM Kaulava Until 9:33PM Panchami Until 10:45AM |
| 5 | Monday, March 14, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | Malmö, Sweden Sun 20 Sutra 337 |
| | Virshabha Rasi: 10.38 Tithi 6 – 7 Family Home Evening 134421367 Creative Work Amrita Yoga Until 3:47AM Tue Then Creative Work - Siddha Yoga | Gulika 1:46PM – 3:15PM Yama 10:49AM – 12:17PM Rahu 7:51AM – 9:20AM | Rohini Until 3:47AM Tue Vishkambha* Until 10:19AM Gara Until 7:30PM Shashthi* Until 8:26AM |
| 6 | Tuesday, March 15, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | Malmö, Sweden Sun 21 Sutra 338 |
| | Virshabha Rasi: 24.36 Tithi 7 – 8 135421368 Creative Work Siddha Yoga | Gulika 12:17PM – 1:46PM Yama 9:18AM – 10:48AM Rahu 3:16PM – 4:45PM | Mrigashira Until 3:15AM Wed Priti Until 7:47AM Visti Until 6:03PM Saptami Until 6:41AM |
| 7 | Wednesday, March 16, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau | Malmö, Sweden Sun 22 Sutra 339 |
| | Mithuna Rasi: 8.12 Tithi 9 135421368 Creative Work Siddha Yoga Until 3:11AM Thu Then Creative Work - Amrita Yoga | Gulika 10:47AM – 12:17PM Yama 7:47AM – 9:17AM Rahu 12:17PM – 1:47PM | Ardra Until 3:11AM Thu Saubhagya Until 4:09AM Thu Balava Until 5:13PM Navami* Until 5:02AM Thu |

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time

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| 1 | Thursday, March 17, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau | Malmö, Sweden Sun 23 Sutra 340 |
| | Mithuna Rasi: 21.26 Tithi 10 145421368 | Gulika 9:16AM – 10:46AM Yama 6:15AM – 7:45AM Rahu 1:47PM – 3:17PM | Punarvasu Until 4:02AM Fri Sobhana Until 3:06AM Fri Taitila Until 5:02PM Dashami Until 5:08AM Fri |
| Creative Work Amrita Yoga Until 4:02AM Fri Then Routine Work - Marana Yoga | | Ganesha: White <i>Sunrise:</i> 6:15AM Muruga: White <i>Sunset:</i> 6:18PM Nataraja: Clear Moon – Blue | Manmatha 5117 Moon 2 - Phase 46 4th Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM |
| 2 | Friday, March 18, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau | Malmö, Sweden Sun 24 Sutra 341 |
| | Kataka Rasi: 4.22 Tithi 11 145421368 | Gulika 7:43AM – 9:14AM Yama 3:18PM – 4:49PM Rahu 10:45AM – 12:16PM | Pushya Until 5:17AM Sat Athiganda* Until 2:28AM Sat Vanija Until 5:26PM Ekadashi Until 5:49AM Sat |
| Routine Work Marana Yoga | | Ganesha: White <i>Sunrise:</i> 6:12AM Muruga: White <i>Sunset:</i> 6:20PM Nataraja: Clear Moon – Blue | Manmatha 5117 Moon 2 - Phase 46 4th Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM |
| 3 | Saturday, March 19, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Bava Karana Dvadashyam Titau | Malmö, Sweden Sun 25 Sutra 342 |
| | Kataka Rasi: 17.02 Tithi 12 145421368 | Gulika 6:10AM – 7:41AM Yama 1:48PM – 3:19PM Rahu 9:13AM – 10:44AM | Ashlesha* Until 6:53AM Sun Sukarma Until 2:16AM Sun Bava Until 6:23PM Dvadashi Until 7:02AM Sun |
| Routine Work Marana Yoga | | Ganesha: White <i>Sunrise:</i> 6:10AM Muruga: White <i>Sunset:</i> 6:22PM Nataraja: Clear Moon – Blue | Manmatha 5117 Moon 2 - Phase 46 4th Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM |
| 4 | Sunday, March 20, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | Malmö, Sweden Sun 26 Sutra 343 |
| | Kataka Rasi: 29.27 Tithi 12 – 13 145421368 | Gulika 3:20PM – 4:52PM Yama 12:16PM – 1:48PM Rahu 4:52PM – 6:24PM | Ashlesha* Until 6:53AM Dhriti Until 2:26AM Mon Kaulava Until 7:50PM Dvadashi Until 7:02AM <i>Pradosha Vrata</i> |
| Creative Work Siddha Yoga Until 6:53AM Then Routine Work - Marana Yoga | | Ganesha: White <i>Sunrise:</i> 6:07AM Muruga: White <i>Sunset:</i> 6:24PM Nataraja: Clear Moon – Blue | Manmatha 5117 Moon 2 - Phase 46 4th Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM |
| 5 | Monday, March 21, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | Malmö, Sweden Sun 27 Sutra 344 |
| | Simha Rasi: 11.41 Tithi 13 – 14 Family Home Evening 155421368 | Gulika 1:48PM – 3:21PM Yama 10:43AM – 12:15PM Rahu 7:37AM – 9:10AM | Magha* Until 9:15AM Shula* Until 2:52AM Tue Gara Until 9:41PM Trayodashi Until 8:41AM |
| Routine Work Marana Yoga Until 9:15AM Then Creative Work - Siddha Yoga | | Ganesha: Yellow <i>Sunrise:</i> 6:04AM Muruga: White <i>Sunset:</i> 6:26PM Nataraja: Clear Moon – Red | Manmatha 5117 Moon 2 - Phase 46 4th Phase Devaloka Day |
|  | Tuesday, March 22, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | Malmö, Sweden Sutra 345 |
| | Copper Retreat Star Simha Rasi: 23.46 Tithi 14 – 15 155421368 | Gulika 12:15PM – 1:48PM Yama 9:08AM – 10:42AM Rahu 3:22PM – 4:55PM | Purvaphalguni Until 11:48AM Ganda* Until 3:33AM Wed Visti Until 11:52PM Chaturdashi* Until 10:43AM |
| Creative Work Siddha Yoga Until 11:48AM Then Creative Work - Amrita Yoga | | Ganesha: Yellow <i>Sunrise:</i> 6:02AM Muruga: White <i>Sunset:</i> 6:28PM Nataraja: Clear Moon – Red | Manmatha 5117 Moon 2 - Phase 46 Purnima Devaloka Day |
| ○ | Wednesday, March 23, 2016 | Manmatha Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau | Malmö, Sweden Sutra 346 |
| | Silver Retreat Star Kanya Rasi: 5.43 Tithi 15 – 16 155421368 | Gulika 10:41AM – 12:15PM Yama 7:33AM – 9:07AM Rahu 12:15PM – 1:49PM | Uttaraphalguni Until 2:27PM Vriddhi Until 4:25AM Thu Balava Until 2:18AM Thu Purnima* Until 1:02PM |
| Creative Work Amrita Yoga Until 2:27PM Then Routine Work - Marana Yoga | | Ganesha: Yellow <i>Sunrise:</i> 5:59AM Muruga: White <i>Sunset:</i> 6:30PM Nataraja: Clear Moon – Red | Manmatha 5117 Moon 2 - Phase 46 Prathama Devaloka Day |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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Thursday, March 24, 2016
Gold Retreat Star

Kanya Rasi: 17.35 Tilthi 16 – 17
166421368
Routine Work Marana Yoga
Until 5:37PM
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Malmö, Sweden
Hasta/Chitra Nakshatra Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau Sutra 347
Gulika 9:06AM – 10:40AM **Hasta** Until 5:37PM **Ganesha:** Yellow *Sunrise:* 5:57AM Manmatha 5117
Yama 5:57AM – 7:31AM Dhruva Until 5:21AM Fri **Muruqa:** White *Sunset:* 6:32PM Moon 3 - Phase 47
Rahu 1:49PM – 3:23PM Taitila Until 4:51AM Fri **Nataraja:** Clear 1st Phase
Moon – Green **Devaloka Day**
Phalguna-Panguni

Friday, March 25, 2016

1

Kanya Rasi: 29.26 Tilthi 17
166421368
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Malmö, Sweden
Chitra Nakshatra Vyaghata* Yoga Gara Karana Dvityayam Titau Sun 1 Sutra 348
Gulika 7:29AM – 9:04AM **Chitra** Until 8:40PM **Ganesha:** Yellow *Sunrise:* 5:54AM Manmatha 5117
Yama 3:24PM – 4:59PM Vyaghata* Until 6:19AM Sat **Muruqa:** White *Sunset:* 6:34PM Moon 3 - Phase 47
Rahu 10:39AM – 12:14PM Gara Until 6:07PM **Nataraja:** Clear 1st Phase
Moon – Green **Devaloka Day**
Dvitiya Until 6:07PM **Phalguna-Panguni**

Saturday, March 26, 2016

2

Tula Rasi: 11.15 Tilthi 18
166421368
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Malmö, Sweden
Svati Nakshatra Vyaghata*/Harshana Yoga Vanija/Vistil* Karana Tritiyayam Titau Sun 2 Sutra 349
Gulika 5:51AM – 7:27AM **Svati** Until 11:31PM **Ganesha:** Yellow *Sunrise:* 5:51AM Manmatha 5117
Yama 1:49PM – 3:25PM Vyaghata* Until 6:19AM **Muruqa:** White *Sunset:* 6:36PM Moon 3 - Phase 47
Rahu 9:03AM – 10:38AM Vanija Until 7:26AM **Nataraja:** Clear 1st Phase
Moon – Green **Devaloka Day**
Tritiya Until 8:40PM **Phalguna-Panguni**

Sunday, March 27, 2016

3

Tula Rasi: 23.07 Tilthi 19
176421368
Routine Work Marana Yoga
Until 2:34AM Mon
Then Creative Work - Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Malmö, Sweden
Vishakha Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Chaturthyam Titau Sun 3 Sutra 350
Gulika 3:26PM – 5:02PM **Vishakha** Until 2:34AM Mon **Ganesha:** Blue *Sunrise:* 5:49AM Manmatha 5117
Yama 12:14PM – 1:50PM Harshana Until 7:15AM **Muruqa:** White *Sunset:* 6:38PM Moon 3 - Phase 47
Rahu 5:02PM – 6:38PM Bava Until 9:55AM **Nataraja:** Clear 1st Phase
Moon – Orange **Sivaloka Day**
Chaturthi* Until 11:04PM **Phalguna-Panguni**

Monday, March 28, 2016

4

Vrischika Rasi: 5.02 Tilthi 20
176421368
Family Home Evening
Creative Work Siddha Yoga
Until 5:09AM Tue
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Malmö, Sweden
Anuradha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau Sun 4 Sutra 351
Gulika 1:50PM – 3:27PM **Anuradha** Until 5:09AM Tue **Ganesha:** Blue *Sunrise:* 5:46AM Manmatha 5117
Yama 10:36AM – 12:13PM Vajra* Until 7:59AM **Muruqa:** White *Sunset:* 6:40PM Moon 3 - Phase 47
Rahu 7:23AM – 9:00AM Kaulava Until 12:12PM **Nataraja:** Clear 1st Phase
Moon – Orange **Sivaloka Day**
Panchami Until 1:11AM Tue **Phalguna-Panguni**

Tuesday, March 29, 2016

5

Vrischika Rasi: 17.05 Tilthi 21
176521368
Routine Work Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Malmö, Sweden
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau Sun 5 Sutra 352
Gulika 12:13PM – 1:50PM **Jyeshtha*** Until 7:09AM Wed **Ganesha:** Red *Sunrise:* 5:44AM Manmatha 5117
Yama 8:58AM – 10:36AM Siddhi Until 8:30AM **Muruqa:** White *Sunset:* 6:42PM Moon 3 - Phase 47
Rahu 3:28PM – 5:05PM Gara Until 2:07PM **Nataraja:** Clear 1st Phase
Moon – Orange **Devaloka Day**
Shashthi* Until 2:53AM Wed **Phalguna-Panguni**

Wednesday, March 30, 2016

6

Vrischika Rasi: 29.19 Tilthi 22
176521368
Creative Work Siddha Yoga
Until 7:09AM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Malmö, Sweden
Jyeshtha*/Mula* Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Saplamyam Titau Sun 6 Sutra 353
Gulika 10:35AM – 12:13PM **Jyeshtha*** Until 7:09AM **Ganesha:** Red *Sunrise:* 5:41AM Manmatha 5117
Yama 7:19AM – 8:57AM Vyatipata* Until 8:41AM **Muruqa:** White *Sunset:* 6:44PM Moon 3 - Phase 47
Rahu 12:13PM – 1:50PM Visti Until 3:33PM **Nataraja:** Clear 1st Phase
Moon – Orange **Devaloka Day**
Saptami Until 4:01AM Thu **Phalguna-Panguni**

Thursday, March 31, 2016

Retreat Star

Dhanus Rasi: 11.47 Tilthi 23
186521368
Creative Work Siddha Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Malmö, Sweden
Mula*/Purvashadha* Nakshatra Varyani/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau Sun 7 Sutra 354
Gulika 8:55AM – 10:34AM **Mula*** Until 8:54AM **Ganesha:** Green *Sunrise:* 5:39AM Manmatha 5117
Yama 5:39AM – 7:17AM Varyan Until 8:23AM **Muruqa:** White *Sunset:* 6:46PM Moon 3 - Phase 47
Rahu 1:51PM – 3:29PM Balava Until 4:21PM **Nataraja:** Clear Ashtami
Moon – Light Blue **Bhuloka Day**
Ashtami* Until 4:28AM Fri **Phalguna-Panguni** **Devaloka Time: 6:PM to 9:PM**

Friday, April 1, 2016

Retreat Star


Dhanus Rasi: 24.35 Tilthi 24
187521368
Routine Work Prabalarishta Yoga
Until 9:49AM
Then Routine Work - Marana Yoga

Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Malmö, Sweden
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau Sun 8 Sutra 355
Gulika 7:17AM – 8:55AM **Purvashadha*** Until 9:49AM **Ganesha:** Red *Sunrise:* 5:39AM Manmatha 5117
Yama 3:29PM – 5:08PM Parigha* Until 7:34AM **Muruqa:** White *Sunset:* 6:46PM Moon 3 - Phase 47
Rahu 10:34AM – 12:12PM Taitila Until 4:25PM **Nataraja:** Clear Navami
Moon – Light Blue **Devaloka Day**
Navami* Until 4:08AM Sat **Phalguna-Panguni**

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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|--|---------------------------------|----------------------------|---|--|--|---|
| 1 | Saturday, April 2, 2016 | | Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau | | | Malmö, Sweden Sun 9 Sutra 356 |
| | Makara Rasi: 7.46 | Tithi 25 | Gulika 5:36AM – 7:15AM Yama 1:51PM – 3:30PM Rahu 8:54AM – 10:33AM | Uttarashadha Until 9:49AM Shiva Until 6:08AM Vanija Until 3:42PM Dashami Until 3:01AM Sun | Ganesha: Red <i>Sunrise:</i> 5:36AM Muruga: White <i>Sunset:</i> 6:48PM Nataraja: Clear Moon – Light Blue Phalguna-Panguni | Manmatha 5117 Moon 3 - Phase 48 2nd Phase Devaloka Day |
| Routine Work Marana Yoga Until 9:49AM Then Creative Work - Siddha Yoga | | | | | | |
| 2 | Sunday, April 3, 2016 | | Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau | | | Malmö, Sweden Sun 10 Sutra 357 |
| | Makara Rasi: 21.23 | Tithi 26 | Gulika 3:31PM – 5:10PM Yama 12:12PM – 1:51PM Rahu 5:10PM – 6:50PM | Shravana Until 9:21AM Sadhya Until 1:24AM Mon Bava Until 2:11PM Ekadashi* Until 1:09AM Mon | Ganesha: Green <i>Sunrise:</i> 5:33AM Muruga: White <i>Sunset:</i> 6:50PM Nataraja: Clear Moon – Purple Phalguna-Panguni | Manmatha 5117 Moon 3 - Phase 48 2nd Phase Sivaloka Day |
| Creative Work Amrita Yoga Until 9:21AM Then Routine Work - Marana Yoga | | | | | | |
| 3 | Monday, April 4, 2016 | | Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | Malmö, Sweden Sun 11 Sutra 358 |
| | Kumbha Rasi: 5.28 | Tithi 27 | Gulika 1:52PM – 3:32PM Yama 10:31AM – 12:11PM Rahu 7:11AM – 8:51AM | Dhanishtha Until 8:00AM Subha Until 10:12PM Kaulava Until 11:58AM Dvadashi* Until 10:36PM | Ganesha: Green <i>Sunrise:</i> 5:31AM Muruga: White <i>Sunset:</i> 6:52PM Nataraja: Clear Moon – Purple Phalguna-Panguni | Manmatha 5117 Moon 3 - Phase 48 2nd Phase Sivaloka Day |
| Family Home Evening Creative Work Siddha Yoga | | | | | | |
| 4 | Tuesday, April 5, 2016 | | Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtpada* Nakshatra Sukla Yoga Gara/Vanija Karana Trayodashyam Titau | | | Malmö, Sweden Sun 12 Sutra 359 |
| | Kumbha Rasi: 19.58 | Tithi 28 | Gulika 12:11PM – 1:52PM Yama 8:50AM – 10:30AM Rahu 3:33PM – 5:13PM | Purvaproshtpada* Until 3:33AM Wed Sukla Until 6:32PM Gara Until 9:08AM Trayodashi* Until 7:31PM <i>Pradosha Vrata (Fasting)</i> | Ganesha: Green <i>Sunrise:</i> 5:28AM Muruga: White <i>Sunset:</i> 6:54PM Nataraja: Clear Moon – Purple Phalguna-Panguni | Manmatha 5117 Moon 3 - Phase 48 2nd Phase Sivaloka Day |
| Routine Work Marana Yoga Until 3:33AM Wed Then Creative Work - Siddha Yoga | | | | | | |
| 5 | Wednesday, April 6, 2016 | | Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtpada Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | Malmö, Sweden Sun 13 Sutra 360 |
| | Meena Rasi: 4.51 | Tithi 29 – 30 | Gulika 10:30AM – 12:11PM Yama 7:07AM – 8:48AM Rahu 12:11PM – 1:52PM | Uttaraproshtpada Until 12:45AM Thu Brahma Until 2:33PM Catuspada Until 2:14AM Thu Chaturdashi* Until 4:03PM | Ganesha: Orange <i>Sunrise:</i> 5:26AM Muruga: White <i>Sunset:</i> 6:56PM Nataraja: Clear Moon – Clear Phalguna-Panguni | Manmatha 5117 Moon 3 - Phase 48 2nd Phase Devaloka Day |
| Creative Work Siddha Yoga | | | | | | |
|  | Thursday, April 7, 2016 | | Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | Malmö, Sweden Sun 14 Sutra 361 |
| | Retreat Star | | Gulika 8:47AM – 10:29AM Yama 5:23AM – 7:05AM Rahu 1:52PM – 3:34PM | Revati Until 9:40PM Indra Until 10:23AM Kintughna Until 10:28PM Amavasya* Until 12:20PM | Ganesha: Green <i>Sunrise:</i> 5:23AM Muruga: White <i>Sunset:</i> 6:58PM Nataraja: Clear Moon – Clear Phalguna-Panguni | Manmatha 5117 Moon 3 - Phase 48 Amavasya Bhuloka Day Devaloka Time: 6:PM to 9:PM |
| Meena Rasi: 19.58 Tithi 30 – 1 Creative Work Siddha Yoga Until 9:40PM Then Creative Work - Amrita Yoga | | | | | | |
| Friday, April 8, 2016 | Retreat Star | | Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | Malmö, Sweden Sun 15 Sutra 362 |
| | Mesha Rasi: 5.11 | Tithi 1 – 2 | Gulika 7:03AM – 8:45AM Yama 3:35PM – 5:17PM Rahu 10:28AM – 12:10PM | Ashvini Until 6:50PM Vaidhriti* Until 6:06AM Balava Until 6:43PM Prathama* Until 8:34AM | Ganesha: White <i>Sunrise:</i> 5:21AM Muruga: White <i>Sunset:</i> 7:00PM Nataraja: Clear Moon – White Chaitra-Panguni | Manmatha 5117 Moon 3 - Phase 48 Prathama Bhuloka Day Devaloka Time: 6:PM to 9:PM |
| Creative Work Amrita Yoga Until 6:50PM Then Creative Work - Siddha Yoga | | Chellappaswami Mahasamadhi | | | | |

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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| 1 | Saturday, April 9, 2016 | Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Taitila/Gara Karana Trityayam Titau | Malmö, Sweden Sun 16 Sutra 363 |
| | Mesha Rasi: 20.21 Tithi 3 128521368 | Gulika 5:18AM – 7:01AM Yama 1:53PM – 3:36PM Rahu 8:44AM – 10:27AM | Bharani Until 4:04PM Priti Until 9:56PM Taitila Until 3:08PM Tritiya Until 1:27AM Sun |

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| Ganesha: White <i>Sunrise:</i> 5:18AM | Manmatha 5117 |
| Muruga: White <i>Sunset:</i> 7:02PM | Moon 3 - Phase 49 |
| Nataraja: Clear | 3rd Phase |
| Moon – White | |
| Chaitra+Panguni | Bhuloka Day Devaloka Time: 6:PM to 9:PM |

Creative Work Siddha Yoga
Until 4:04PM
Then Creative Work - Amrita Yoga

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| 2 | Sunday, April 10, 2016 | Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Vanija/Visli* Karana Chaturthiyam Titau | Malmö, Sweden Sun 17 Sutra 364 |
| | Virshabha Rasi: 5.18 Tithi 4 128521368 | Gulika 3:37PM – 5:20PM Yama 12:10PM – 1:53PM Rahu 5:20PM – 7:04PM | Krittika Until 1:30PM Ayushman Until 6:15PM Vanija Until 11:54AM Chaturthi* Until 10:26PM |

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| Ganesha: White <i>Sunrise:</i> 5:16AM | Manmatha 5117 |
| Muruga: White <i>Sunset:</i> 7:04PM | Moon 3 - Phase 49 |
| Nataraja: Clear | 3rd Phase |
| Moon – White | |
| Chaitra+Panguni | Bhuloka Day Devaloka Time: 6:PM to 9:PM |

Creative Work Siddha Yoga

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| 3 | Monday, April 11, 2016 | Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Panchamyam Titau | Malmö, Sweden Sun 18 |
| | Virshabha Rasi: 19.55 Tithi 5 Family Home Evening 138521368 | Gulika 1:54PM – 3:38PM Yama 10:25AM – 12:09PM Rahu 6:57AM – 8:41AM | Rohini Until 11:42AM Saubhagya Until 3:00PM Bava Until 9:09AM Panchami Until 7:59PM |

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|--|---------------------|
| Ganesha: Clear <i>Sunrise:</i> 5:13AM | Manmatha 5117 |
| Muruga: White <i>Sunset:</i> 7:06PM | Moon 3 - Phase 49 |
| Nataraja: Clear | 3rd Phase |
| Moon – Yellow | |
| Chaitra+Panguni | Devaloka Day |

Creative Work Amrita Yoga

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| 4 | Tuesday, April 12, 2016 | Manmatha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau | Malmö, Sweden Sun 19 |
| | Mithuna Rasi: 4.06 Tithi 6 138521368 | Gulika 12:09PM – 1:54PM Yama 8:40AM – 10:25AM Rahu 3:39PM – 5:23PM | Mrigashira Until 10:24AM Sobhana Until 12:19PM Kaulava Until 7:01AM Shashthi* Until 6:12PM |

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|--|---------------------|
| Ganesha: Clear <i>Sunrise:</i> 5:11AM | Manmatha 5117 |
| Muruga: White <i>Sunset:</i> 7:08PM | Moon 3 - Phase 49 |
| Nataraja: Clear | 3rd Phase |
| Moon – Yellow | |
| Chaitra+Panguni | Devaloka Day |

Creative Work Siddha Yoga
Until 10:24AM
Then Routine Work - Marana Yoga

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| 5 | Wednesday, April 13, 2016 | Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visli* Karana Saptami/Ashlamyam Titau | Malmö, Sweden Sun 20 |
| | Mithuna Rasi: 17.5 Tithi 7 – 8 138521368 | Gulika 10:24AM – 12:09PM Yama 6:53AM – 8:39AM Rahu 12:09PM – 1:54PM | Ardra Until 9:41AM Athiganda* Until 10:12AM Visli Until 5:00AM Thu Saptami Until 5:11PM |

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|--|---------------------|
| Ganesha: Clear <i>Sunrise:</i> 5:08AM | Durmukha 5118 |
| Muruga: White <i>Sunset:</i> 7:10PM | Moon 3 - Phase 49 |
| Nataraja: Clear | 3rd Phase |
| Moon – Yellow | |
| Chaitra+Chaitra | Devaloka Day |

Creative Work Siddha Yoga
Tamil New Year

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| D | Thursday, April 14, 2016 | Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau | Malmö, Sweden Sun 21 |
| | Retreat Star Kataka Rasi: 1.07 Tithi 8 – 9 249521368 | Gulika 8:37AM – 10:23AM Yama 5:06AM – 6:51AM Rahu 1:54PM – 3:40PM | Punarvasu Until 10:03AM Sukarma Until 8:44AM Balava Until 5:10AM Fri Ashtami* Until 4:58PM |

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| Ganesha: White <i>Sunrise:</i> 5:06AM | Durmukha 5118 |
| Muruga: White <i>Sunset:</i> 7:12PM | Moon 3 - Phase 49 |
| Nataraja: Clear | Ashtami |
| Moon – Blue | |
| Chaitra+Chaitra | Sivaloka Day |

Creative Work Amrita Yoga

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| | Friday, April 15, 2016 | Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | Malmö, Sweden Sun 22 |
| | Retreat Star Kataka Rasi: 13.59 Tithi 9 – 10 249521368 | Gulika 6:49AM – 8:36AM Yama 3:41PM – 5:27PM Rahu 10:22AM – 12:08PM | Pushya Until 11:03AM Dhriti Until 7:54AM Taitila Until 6:06AM Sat Navami* Until 5:31PM |

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| Ganesha: White <i>Sunrise:</i> 5:03AM | Durmukha 5118 |
| Muruga: White <i>Sunset:</i> 7:14PM | Moon 3 - Phase 49 |
| Nataraja: Clear | Navami |
| Moon – Blue | |
| Chaitra+Chaitra | Sivaloka Day |

Routine Work Marana Yoga
Sri Rama Navami

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time

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| 1 | Saturday, April 16, 2016 | Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mantā Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dashamyam Titau | Malmö, Sweden Sun 23 |
| Kataka Rasi: 26.31 | Tithi 10 | Gulika 5:01AM – 6:48AM Yama 1:55PM – 3:42PM Rahu 8:34AM – 10:21AM | Ashlesha* Until 12:34PM Shula* Until 7:37AM Taitila Until 6:06AM Dashami Until 6:47PM |
| 249521368 | | Ganesha: White <i>Sunrise:</i> 5:01AM Muruḡa: White <i>Sunset:</i> 7:16PM Nataraja: Clear Moon – Blue | Durmukha 5118 Moon 3 - Phase 1 4th Phase Sivaloka Day Chaitra*Chaitra |
| Routine Work Marana Yoga Until 12:34PM Then Creative Work - Amrita Yoga | | | |
| 2 | Sunday, April 17, 2016 | Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Ekadashyam Titau | Malmö, Sweden Sun 24 |
| Simha Rasi: 8.47 | Tithi 11 | Gulika 3:43PM – 5:30PM Yama 12:08PM – 1:55PM Rahu 5:30PM – 7:18PM | Magha* Until 3:00PM Ganda* Until 7:50AM Vanija Until 7:39AM Ekadashi Until 8:36PM |
| 259521368 | | Ganesha: Clear <i>Sunrise:</i> 4:58AM Muruḡa: White <i>Sunset:</i> 7:18PM Nataraja: Clear Moon – Red | Durmukha 5118 Moon 3 - Phase 1 4th Phase Devaloka Day Chaitra*Chaitra |
| Routine Work Marana Yoga Until 3:00PM Then Creative Work - Siddha Yoga | | | |
| 3 | Monday, April 18, 2016 | Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Dvodashyam Titau | Malmö, Sweden Sun 25 Sutra 1 |
| Simha Rasi: 20.5 | Tithi 12 | Gulika 1:56PM – 3:44PM Yama 10:20AM – 12:08PM Rahu 6:44AM – 8:32AM | Purvaphalguni Until 5:42PM Vridhhi Until 8:26AM Bava Until 9:42AM Dvodashi Until 10:50PM |
| 259521368 | | Ganesha: Clear <i>Sunrise:</i> 4:56AM Muruḡa: White <i>Sunset:</i> 7:20PM Nataraja: Clear Moon – Red | Durmukha 5118 Moon 3 - Phase 1 4th Phase Devaloka Day Chaitra*Chaitra |
| Family Home Evening Creative Work Siddha Yoga | | | |
| 4 | Tuesday, April 19, 2016 | Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau | Malmö, Sweden Sun 26 Sutra 2 |
| Kanya Rasi: 2.45 | Tithi 13 | Gulika 12:08PM – 1:56PM Yama 8:30AM – 10:19AM Rahu 3:45PM – 5:33PM | Uttaraphalguni Until 8:30PM Dhruva Until 9:15AM Kaulava Until 12:04PM Trayodashi Until 1:19AM Wed <i>Pradosha Vrata</i> |
| 259521368 | | Ganesha: Clear <i>Sunrise:</i> 4:53AM Muruḡa: White <i>Sunset:</i> 7:22PM Nataraja: Clear Moon – Red | Durmukha 5118 Moon 3 - Phase 1 4th Phase Devaloka Day Chaitra*Chaitra |
| Creative Work Amrita Yoga Until 8:30PM Then Creative Work - Siddha Yoga | | | |
| 5 | Wednesday, April 20, 2016 | Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau | Malmö, Sweden Sun 27 Sutra 3 |
| Kanya Rasi: 14.35 | Tithi 14 | Gulika 10:18AM – 12:07PM Yama 6:40AM – 8:29AM Rahu 12:07PM – 1:56PM | Hasta Until 11:45PM Vyaghata* Until 10:14AM Gara Until 2:37PM Chaturdashi* Until 3:53AM Thu |
| 269521368 | | Ganesha: Purple <i>Sunrise:</i> 4:51AM Muruḡa: White <i>Sunset:</i> 7:24PM Nataraja: Clear Moon – Green | Durmukha 5118 Moon 3 - Phase 1 4th Phase Sivaloka Day Chaitra*Chaitra |
| Routine Work Marana Yoga Until 11:45PM Then Creative Work - Siddha Yoga | | | |
| ○ | Thursday, April 21, 2016 | Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau | Malmö, Sweden Sutra 4 |
| Copper Retreat Star | | Gulika 8:28AM – 10:17AM Yama 4:49AM – 6:38AM Rahu 1:57PM – 3:46PM | Chitra Until 2:50AM Fri Harshana Until 11:17AM Visti Until 5:12PM Purnima* Until 6:26AM Fri |
| Kanya Rasi: 26.24 | Tithi 15 | | Ganesha: Purple <i>Sunrise:</i> 4:49AM Muruḡa: White <i>Sunset:</i> 7:26PM Nataraja: Clear Moon – Green |
| 261521368 | | Chitra Purnima (Tamil Nadu) Hanuman Jayanti | Durmukha 5118 Moon 3 - Phase 1 Purnima Sivaloka Day Chaitra*Chaitra |
| Creative Work Siddha Yoga | | | |
| Friday, April 22, 2016 | | Durmukha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau | Malmö, Sweden Sutra 5 |
| Silver Retreat Star | | Gulika 6:36AM – 8:27AM Yama 3:47PM – 5:37PM Rahu 10:17AM – 12:07PM | Svati Until 5:38AM Sat Vajra* Until 12:15PM Balava Until 7:42PM Purnima* Until 6:26AM |
| Tula Rasi: 8.13 | Tithi 15 – 16 | | Ganesha: Purple <i>Sunrise:</i> 4:46AM Muruḡa: White <i>Sunset:</i> 7:28PM Nataraja: Clear Moon – Green |
| 261521368 | | | Durmukha 5118 Moon 3 - Phase 1 Prathama Sivaloka Day Chaitra*Chaitra |
| Creative Work Siddha Yoga | | | |

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time

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