



Saturday, April 27, 2013
Gold Retreat Star

Vrischika Rasi: 0.42 Tithi 17 – 18
275767269
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata/Variyan Yoga Tailila/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya
Sutra 14
Vijaya 5115

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|---------------|-------------------------|---------------------------------|------------------------|------------------------|---------------------|
| Gulika | 6:30AM – 8:00AM | Vishakha Until 10:13AM | Ganesha: Yellow | <i>Sunrise:</i> 6:30AM | |
| Yama | 2:02PM – 3:33PM | Vyatipata* Until 10:28AM | Muruqa: Yellow | <i>Sunset:</i> 6:34PM | Moon 4 - Phase 2 |
| Rahu | 9:31AM – 11:01AM | Vanija Until 6:30AM | Nataraja: Clear | | 1st Phase |
| | | Dvitiya Until 4:47PM | Chaitra-Chaitra | | Devaloka Day |

Sunday, April 28, 2013

1

Vrischika Rasi: 15.29 Tithi 18 – 19
275767269
Routine Work Marana Yoga

Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Nairobi, Kenya
Sutra 15
Vijaya 5115

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|---------------|-------------------------|------------------------------|------------------------|------------------------|---------------------|
| Gulika | 3:33PM – 5:03PM | Anuradha Until 7:53AM | Ganesha: Yellow | <i>Sunrise:</i> 6:29AM | |
| Yama | 12:32PM – 2:02PM | Variyan Until 6:49AM | Muruqa: Yellow | <i>Sunset:</i> 6:34PM | Moon 4 - Phase 2 |
| Rahu | 5:03PM – 6:34PM | Bava Until 11:57PM | Nataraja: Clear | | 1st Phase |
| | | Tritiya Until 1:40PM | Chaitra-Chaitra | | Devaloka Day |

Monday, April 29, 2013

2

Dhanus Rasi: 0.14 Tithi 19 – 20
285768269
Family Home Evening
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya
Sutra 16
Vijaya 5115

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|---------------|--------------------------|---------------------------------|------------------------|------------------------|---------------------------|
| Gulika | 2:02PM – 3:33PM | Mula* Until 2:57AM Tue | Ganesha: Blue | <i>Sunrise:</i> 6:29AM | |
| Yama | 11:01AM – 12:31PM | Shiva Until 11:14PM | Muruqa: White | <i>Sunset:</i> 6:34PM | Moon 4 - Phase 2 |
| Rahu | 8:00AM – 9:30AM | Kaulava Until 8:54PM | Nataraja: Clear | | 1st Phase |
| | | Chaturthi* Until 10:37AM | Chaitra-Chaitra | | Subha Sivaloka Day |

Tuesday, April 30, 2013

3

Dhanus Rasi: 14.51 Tithi 20 – 21
285768269
Creative Work Siddha Yoga
Until 2:15AM Wed
Then Creative Work - Amrita Yoga

Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Siddha Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Nairobi, Kenya
Sutra 17
Vijaya 5115

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|---------------|-------------------------|--------------------------------------|------------------------|------------------------|---------------------------|
| Gulika | 12:31PM – 2:02PM | Purvashadha* Until 2:15AM Wed | Ganesha: Blue | <i>Sunrise:</i> 6:29AM | |
| Yama | 9:30AM – 11:01AM | Siddha Until 8:47PM | Muruqa: White | <i>Sunset:</i> 6:33PM | Moon 4 - Phase 2 |
| Rahu | 3:32PM – 5:03PM | Gara Until 7:01PM | Nataraja: Clear | | 1st Phase |
| | | Panchami Until 7:56AM | Chaitra-Chaitra | | Subha Sivaloka Day |

Wednesday, May 1, 2013

4

Dhanus Rasi: 29.15 Tithi 22
285768269
Creative Work Amrita Yoga
Until 12:26AM Thu
Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Saptamyam Titau

Nairobi, Kenya
Sutra 18
Vijaya 5115

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|---------------|--------------------------|---------------------------------------|------------------------|------------------------|---------------------------|
| Gulika | 11:01AM – 12:31PM | Uttarashadha Until 12:26AM Thu | Ganesha: Blue | <i>Sunrise:</i> 6:29AM | |
| Yama | 8:00AM – 9:30AM | Sadhya Until 5:32PM | Muruqa: White | <i>Sunset:</i> 6:33PM | Moon 4 - Phase 2 |
| Rahu | 12:31PM – 2:02PM | Visti Until 4:24PM | Nataraja: Clear | | 1st Phase |
| | | Saptami Until 3:28AM Thu | Chaitra-Chaitra | | Subha Sivaloka Day |

Thursday, May 2, 2013



Retreat Star

Makara Rasi: 13.22 Tithi 23
295768269
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya
Sutra 19
Vijaya 5115

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|---------------|-------------------------|----------------------------------|------------------------|------------------------|---------------------|
| Gulika | 9:30AM – 11:01AM | Shravana Until 11:05PM | Ganesha: Red | <i>Sunrise:</i> 6:29AM | |
| Yama | 6:29AM – 7:59AM | Subha Until 2:43PM | Muruqa: White | <i>Sunset:</i> 6:33PM | Moon 4 - Phase 2 |
| Rahu | 2:02PM – 3:32PM | Balava Until 2:16PM | Nataraja: Clear | | Ashtami |
| | | Chidambaram Abhishekam | Chaitra-Chaitra | | Sivaloka Day |
| | | Ashtami* Until 1:21AM Fri | | | |

Friday, May 3, 2013

Retreat Star

Makara Rasi: 27.12 Tithi 24
295768269
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Navamyam Titau

Nairobi, Kenya
Sutra 20
Vijaya 5115

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|---------------|--------------------------|---------------------------------|------------------------|------------------------|---------------------|
| Gulika | 7:59AM – 9:30AM | Dhanishtha Until 10:14PM | Ganesha: Red | <i>Sunrise:</i> 6:29AM | |
| Yama | 3:32PM – 5:03PM | Sukla Until 12:22PM | Muruqa: White | <i>Sunset:</i> 6:33PM | Moon 4 - Phase 2 |
| Rahu | 11:00AM – 12:31PM | Tailila Until 12:41PM | Nataraja: Clear | | Navami |
| | | Navami* Until 11:45PM | Chaitra-Chaitra | | Sivaloka Day |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time

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| 1 Saturday, May 4, 2013 | | Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Vanija/Vistil* Karana Dashamyam Titau | | | | Nairobi, Kenya Sutra 21 Vijaya 5115 |
| Kumbha Rasi: 10.44 | Tithi 25 | 296768269 | Gulika 6:29AM – 7:59AM Yama 2:01PM – 3:32PM Rahu 9:30AM – 11:00AM | Shatabhishak Until 11:06PM Brahma Until 10:49AM Vanija Until 12:06PM Dashami Until 12:06AM Sun | Ganesha: Green <i>Sunrise:</i> 6:29AM Muruqa: White <i>Sunset:</i> 6:33PM Nataraja: Clear Moon – Purple Chaitra+Chaitra | Moon 4 - Phase 3 2nd Phase Devaloka Day |
| Creative Work Amrita Yoga Until 11:06PM Then Routine Work - Marana Yoga | | | | | | |
| 2 Sunday, May 5, 2013 | | Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Indra/Vaidhrili* Yoga Bava/Balava Karana Ekadashyam Titau | | | | Nairobi, Kenya Sutra 22 Vijaya 5115 |
| Kumbha Rasi: 23.59 | Tithi 26 | 216768269 | Gulika 3:32PM – 5:02PM Yama 12:31PM – 2:01PM Rahu 5:02PM – 6:33PM | Purvaproshtapada* Until 11:15PM Indra Until 9:17AM Bava Until 11:32AM Ekadashi* Until 11:32PM | Ganesha: Purple <i>Sunrise:</i> 6:29AM Muruqa: White <i>Sunset:</i> 6:33PM Nataraja: Clear Moon – Clear Chaitra+Chaitra | Moon 4 - Phase 3 2nd Phase Devaloka Day |
| Creative Work Siddha Yoga Until 11:15PM Then Creative Work - Amrita Yoga | | | | | | |
| 3 Monday, May 6, 2013 | | Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhrili*/Vishkambha* Yoga Kaulava/Taitilla Karana Dvadashtyam Titau | | | | Nairobi, Kenya Sutra 23 Vijaya 5115 |
| Meena Rasi: 6.59 | Tithi 27 | 216768269 | Gulika 2:01PM – 3:32PM Yama 11:00AM – 12:31PM Rahu 7:59AM – 9:30AM | Uttaraproshtapada Until 11:52PM Vaidhrili* Until 8:13AM Kaulava Until 11:29AM Dvadashti* Until 11:29PM | Ganesha: Purple <i>Sunrise:</i> 6:29AM Muruqa: White <i>Sunset:</i> 6:33PM Nataraja: Clear Moon – Clear Chaitra+Chaitra | Moon 4 - Phase 3 2nd Phase Devaloka Day |
| Family Home Evening Creative Work Siddha Yoga | | | | | | |
| 4 Tuesday, May 7, 2013 | | Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Nairobi, Kenya Sutra 24 Vijaya 5115 |
| Meena Rasi: 19.44 | Tithi 28 | 216768269 | Gulika 12:31PM – 2:01PM Yama 9:30AM – 11:00AM Rahu 3:32PM – 5:02PM | Revati Until 12:57AM Wed Vishkambha* Until 7:40AM Gara Until 11:55AM Trayodashi* Until 11:55PM <i>Pradosha Vrata (Fasting)</i> | Ganesha: Purple <i>Sunrise:</i> 6:29AM Muruqa: White <i>Sunset:</i> 6:33PM Nataraja: Clear Moon – Clear Chaitra+Chaitra | Moon 4 - Phase 3 2nd Phase Devaloka Day |
| Creative Work Siddha Yoga Until 12:57AM Wed Then Routine Work - Marana Yoga | | | | | | |
| 5 Wednesday, May 8, 2013 | | Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Nairobi, Kenya Sutra 25 Vijaya 5115 |
| Mesha Rasi: 2.16 | Tithi 29 | 226768269 | Gulika 11:00AM – 12:31PM Yama 7:59AM – 9:30AM Rahu 12:31PM – 2:01PM | Ashvini Until 4:09AM Thu Priti Until 7:23AM Visti Until 1:25PM Chaturdashi* Until 2:30AM Thu | Ganesha: Light Blue <i>Sunrise:</i> 6:29AM Muruqa: White <i>Sunset:</i> 6:33PM Nataraja: Clear Moon – White Chaitra+Chaitra | Moon 4 - Phase 3 2nd Phase Devaloka Day |
| Routine Work Marana Yoga Until 4:09AM Thu Then Creative Work - Siddha Yoga | | | | | | |
| Thursday, May 9, 2013 Retreat Star | | Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Nairobi, Kenya Sutra 26 Vijaya 5115 |
| Mesha Rasi: 14.35 | Tithi 30 | 226768269 | Gulika 9:29AM – 11:00AM Yama 6:28AM – 7:59AM Rahu 2:01PM – 3:32PM | Bharani Until 6:10AM Fri Ayushman Until 7:27AM Catuspada Until 2:49PM Amavasya* Until 3:54AM Fri | Ganesha: Light Blue <i>Sunrise:</i> 6:28AM Muruqa: White <i>Sunset:</i> 6:33PM Nataraja: Clear Moon – White Chaitra+Chaitra | Moon 4 - Phase 3 Amavasya Devaloka Day |
| Creative Work Siddha Yoga | | | | | | |
| Friday, May 10, 2013 Retreat Star | | Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Nairobi, Kenya Sutra 27 Vijaya 5115 |
| Mesha Rasi: 26.44 | Tithi 1 | 226768269 | Gulika 7:59AM – 9:29AM Yama 3:31PM – 5:02PM Rahu 11:00AM – 12:30PM | Krittika Until 8:30AM Sat Saubhagya Until 7:51AM Kintughna Until 4:36PM Prathama* Until 5:41AM Sat | Ganesha: Light Blue <i>Sunrise:</i> 6:28AM Muruqa: White <i>Sunset:</i> 6:32PM Nataraja: Clear Moon – White Vaisaka+Chaitra | Moon 4 - Phase 3 Prathama Devaloka Day |
| Creative Work Siddha Yoga Until 8:30AM Sat Then Creative Work - Amrita Yoga | | Annular Solar Eclipse | | | | |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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| 1 | Saturday, May 11, 2013 | Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana/Athiganda* Yoga Balava Karana Dvitiyayam Titau | | Nairobi, Kenya Sutra 28 Vijaya 5115 |
| | Wishabha Rasi: 8.45 Tithi 2 227768269 | Gulika 6:28AM – 7:59AM Yama 2:01PM – 3:31PM Rahu 9:29AM – 11:00AM | Krittika Until 8:30AM Sobhana Until 8:30AM Balava Until 6:41PM Dvitiya Until 7:54AM Sun | Ganesha: Purple <i>Sunrise:</i> 6:28AM Muruqa: White <i>Sunset:</i> 6:32PM Nataraja: Clear Moon – White Vaisaka-Chaitra |

Creative Work Amrita Yoga **Devaloka Day**

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| 2 | Sunday, May 12, 2013 | Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Tritiyya/Tritiyayam Titau | | Nairobi, Kenya Sutra 29 Vijaya 5115 |
| | Wishabha Rasi: 20.4 Tithi 2 – 3 237768269 | Gulika 3:31PM – 5:02PM Yama 12:30PM – 2:01PM Rahu 5:02PM – 6:32PM | Rohini Until 11:21AM Athiganda* Until 9:21AM Taitila Until 9:00PM Dvitiya Until 7:54AM | Ganesha: Light Blue <i>Sunrise:</i> 6:28AM Muruqa: White <i>Sunset:</i> 6:32PM Nataraja: Clear Moon – Yellow Vaisaka-Chaitra |

Creative Work Siddha Yoga **Devaloka Day**

Mother's Day

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| 3 | Monday, May 13, 2013 | Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Tritiyya/Chaturthyam Titau | | Nairobi, Kenya Sutra 30 Vijaya 5115 |
| | Mithuna Rasi: 2.3 Tithi 3 – 4 Family Home Evening 237768269 | Gulika 2:01PM – 3:31PM Yama 11:00AM – 12:30PM Rahu 7:59AM – 9:29AM | Mrigashira Until 2:20PM Sukarma Until 10:19AM Vanija Until 11:26PM Tritiyya Until 10:21AM | Ganesha: Light Blue <i>Sunrise:</i> 6:28AM Muruqa: White <i>Sunset:</i> 6:32PM Nataraja: Clear Moon – Yellow Vaisaka-Chaitra |

Creative Work Amrita Yoga
Until 2:20PM
Then Creative Work - Siddha Yoga **Devaloka Day**

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| 4 | Tuesday, May 14, 2013 | Vijaya Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | Nairobi, Kenya Sutra 31 Vijaya 5115 |
| | Mithuna Rasi: 14.2 Tithi 4 – 5 237768269 | Gulika 12:30PM – 2:01PM Yama 9:29AM – 11:00AM Rahu 3:31PM – 5:02PM | Ardra Until 5:20PM Dhriti Until 11:19AM Bava Until 1:55AM Wed Chaturthi* Until 12:49PM | Ganesha: Light Blue <i>Sunrise:</i> 6:28AM Muruqa: White <i>Sunset:</i> 6:32PM Nataraja: Clear Moon – Yellow Vaisaka-Vaikasi |

Routine Work Marana Yoga
Until 5:20PM
Then Creative Work - Siddha Yoga **Devaloka Day**

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| 5 | Wednesday, May 15, 2013 | Vijaya Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Nairobi, Kenya Sutra 32 Vijaya 5115 |
| | Mithuna Rasi: 26.11 Tithi 5 – 6 247868269 | Gulika 11:00AM – 12:30PM Yama 7:59AM – 9:29AM Rahu 12:30PM – 2:01PM | Punarvasu Until 8:17PM Shula* Until 12:15PM Kaulava Until 4:19AM Thu Panchami Until 3:14PM | Ganesha: Clear <i>Sunrise:</i> 6:28AM Muruqa: White <i>Sunset:</i> 6:32PM Nataraja: Clear Moon – Blue Vaisaka-Vaikasi |

Creative Work Siddha Yoga **Sivaloka Day**

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| 6 | Thursday, May 16, 2013 | Vijaya Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | Nairobi, Kenya Sutra 33 Vijaya 5115 |
| | Kataka Rasi: 8.08 Tithi 6 – 7 247878269 | Gulika 9:29AM – 11:00AM Yama 6:28AM – 7:59AM Rahu 2:01PM – 3:31PM | Pushya Until 11:03PM Ganda* Until 1:02PM Gara Until 6:32AM Fri Shashthi* Until 5:27PM | Ganesha: Clear <i>Sunrise:</i> 6:28AM Muruqa: Yellow <i>Sunset:</i> 6:32PM Nataraja: Clear Moon – Blue Vaisaka-Vaikasi |

Creative Work Amrita Yoga
Until 11:03PM
Then Creative Work - Siddha Yoga **Devaloka Day**

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| Retreat Star | Friday, May 17, 2013 | Vijaya Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Saptamyam Titau | | Nairobi, Kenya Sutra 34 Vijaya 5115 |
| | Kataka Rasi: 20.14 Tithi 7 248878269 | Gulika 7:59AM – 9:29AM Yama 3:31PM – 5:02PM Rahu 11:00AM – 12:30PM | Ashlesha* Until 1:32AM Sat Vridhhi Until 1:32PM Gara Until 6:15AM Saptami Until 7:20PM | Ganesha: Orange <i>Sunrise:</i> 6:29AM Muruqa: Yellow <i>Sunset:</i> 6:32PM Nataraja: Clear Moon – Blue Vaisaka-Vaikasi |

Routine Work Marana Yoga
Until 1:32AM Sat
Then Creative Work - Amrita Yoga **Devaloka Day**

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| Retreat Star | Saturday, May 18, 2013 | Vijaya Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau | | Nairobi, Kenya Sutra 35 Vijaya 5115 |
| | Simha Rasi: 2.33 Tithi 8 258878269 | Gulika 6:29AM – 7:59AM Yama 2:01PM – 3:31PM Rahu 9:29AM – 11:00AM | Magha* Until 1:54AM Sun Dhruva Until 1:05PM Visti Until 7:31AM Ashtami* Until 7:31PM | Ganesha: Green <i>Sunrise:</i> 6:29AM Muruqa: Yellow <i>Sunset:</i> 6:32PM Nataraja: Clear Moon – Red Vaisaka-Vaikasi |

Creative Work Amrita Yoga
Until 1:54AM Sun
Then Creative Work - Siddha Yoga **Bhuloka Day**
Devaloka Time: 3:PM to 6:PM

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| Retreat Star | Sunday, May 19, 2013 | Vijaya Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Navamyam Titau | | Nairobi, Kenya Sutra 36 Vijaya 5115 |
| | Simha Rasi: 15.1 Tithi 9 258878269 | Gulika 3:31PM – 5:02PM Yama 12:30PM – 2:01PM Rahu 5:02PM – 6:32PM | Purvaphalguni Until 3:15AM Mon Vyaghata* Until 12:41PM Balava Until 8:14AM Navami* Until 8:14PM | Ganesha: Green <i>Sunrise:</i> 6:29AM Muruqa: Yellow <i>Sunset:</i> 6:32PM Nataraja: Clear Moon – Red Vaisaka-Vaikasi |

Creative Work Siddha Yoga **Bhuloka Day**
Devaloka Time: 3:PM to 6:PM

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time


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| 1 | Monday, May 20, 2013 | Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dashamyam Titau | | | Nairobi, Kenya Sutra 37 Vijaya 5115 |
| | Simha Rasi: 28.07 Tithi 10 | Gulika 2:01PM – 3:31PM | Uttaraphalguni Until 3:56AM Tue | Ganesha: Green <i>Sunrise:</i> 6:29AM | Moon 4 - Phase 5 |
| | Family Home Evening 258878269 | Yama 11:00AM – 12:31PM | Harshana Until 11:40AM | Muruqa: Yellow <i>Sunset:</i> 6:32PM | 4th Phase |
| | Creative Work Siddha Yoga | Rahu 7:59AM – 9:30AM | Taitila Until 8:14AM | Nataraja: Clear Moon – Red | Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| | | Dashami Until 8:14PM | | Vaisaka-Vaikasi | |

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| 2 | Tuesday, May 21, 2013 | Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau | | | Nairobi, Kenya Sutra 38 Vijaya 5115 |
| | Kanya Rasi: 11.31 Tithi 11 | Gulika 12:31PM – 2:01PM | Hasta Until 2:17AM Wed | Ganesha: Red <i>Sunrise:</i> 6:29AM | Moon 4 - Phase 5 |
| | 268878269 | Yama 9:30AM – 11:00AM | Vajra* Until 9:40AM | Muruqa: Yellow <i>Sunset:</i> 6:32PM | 4th Phase |
| | Creative Work Siddha Yoga | Rahu 3:32PM – 5:02PM | Vanija Until 7:17AM | Nataraja: Clear Moon – Green | Devaloka Day |
| | | Ekadashi Until 6:22PM | | Vaisaka-Vaikasi | |

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| 3 | Wednesday, May 22, 2013 | Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | Nairobi, Kenya Sutra 39 Vijaya 5115 |
| | Kanya Rasi: 25.2 Tithi 12 – 13 | Gulika 11:00AM – 12:31PM | Chitra Until 1:25AM Thu | Ganesha: Red <i>Sunrise:</i> 6:29AM | Moon 4 - Phase 5 |
| | 268878269 | Yama 7:59AM – 9:30AM | Siddhi Until 7:20AM | Muruqa: Yellow <i>Sunset:</i> 6:32PM | 4th Phase |
| | Creative Work Siddha Yoga Until 1:25AM Thu Then Creative Work - Amrita Yoga | Rahu 12:31PM – 2:01PM | Kaulava Until 3:50AM Thu | Nataraja: Clear Moon – Green | Devaloka Day |
| | | Dvadashi Until 4:45PM <i>Pradosha Vrata</i> | | Vaisaka-Vaikasi | |

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| 4 | Thursday, May 23, 2013 | Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Variyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | Nairobi, Kenya Sutra 40 Vijaya 5115 |
| | Tula Rasi: 9.37 Tithi 13 – 14 | Gulika 9:30AM – 11:00AM | Svati Until 10:38PM | Ganesha: Red <i>Sunrise:</i> 6:29AM | Moon 4 - Phase 5 |
| | 268878269 | Yama 6:29AM – 7:59AM | Variyan Until 12:24AM Fri | Muruqa: Yellow <i>Sunset:</i> 6:33PM | 4th Phase |
| | Creative Work Amrita Yoga Until 10:38PM Then Creative Work - Siddha Yoga | Rahu 2:01PM – 3:32PM | Gara Until 12:02AM Fri | Nataraja: Clear Moon – Green | Devaloka Day |
| | | Trayodashi Until 1:44PM | | Vaisaka-Vaikasi | |

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|  | Friday, May 24, 2013 | Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | Nairobi, Kenya Sutra 41 Vijaya 5115 |
| | Copper Retreat Star | Gulika 7:59AM – 9:30AM | Vishakha Until 8:31PM | Ganesha: Blue <i>Sunrise:</i> 6:29AM | Moon 4 - Phase 5 |
| | Tula Rasi: 24.16 Tithi 14 – 15 | Yama 3:32PM – 5:02PM | Parigha* Until 8:59PM | Muruqa: Yellow <i>Sunset:</i> 6:33PM | Purnima |
| | 279878269 | Rahu 11:00AM – 12:31PM | Visti Until 9:07PM | Nataraja: Clear Moon – Orange | Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| | | Vaikasi Visakam | | Vaisaka-Vaikasi | |

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| | Saturday, May 25, 2013 | Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva/Siddha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau | | | Nairobi, Kenya Sutra 42 Vijaya 5115 |
| | Silver Retreat Star | Gulika 6:29AM – 8:00AM | Anuradha Until 5:56PM | Ganesha: Yellow <i>Sunrise:</i> 6:29AM | Moon 4 - Phase 5 |
| | Vrischika Rasi: 9.13 Tithi 15 – 16 | Yama 2:01PM – 3:32PM | Shiva Until 5:07PM | Muruqa: Yellow <i>Sunset:</i> 6:33PM | Prathama |
| | 379878269 | Rahu 9:30AM – 11:00AM | Kaulava Until 4:01AM Sun | Nataraja: Clear Moon – Orange | Devaloka Day |
| | | Penumbral Lunar Eclipse | | Vaisaka-Vaikasi | |

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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Sunday, May 26, 2013
Gold Retreat Star

Vrischika Rasi: 24.18 Tithi 17
379878269
Routine Work Marana Yoga
Until 3:07PM
Then Creative Work - Amrita Yoga

Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Nairobi, Kenya
Jyeshtha*/Mula* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau Sutra 43
Vijaya 5115
Gulika 3:32PM – 5:02PM **Jyeshtha* Until 3:07PM** Ganesha: Yellow *Sunrise: 6:29AM*
Yama 12:31PM – 2:01PM Siddha Until 1:02PM **Muruqa: Yellow** *Sunset: 6:33PM* Moon 5 - Phase 6
Rahu 5:02PM – 6:33PM Taitila Until 2:04PM Nataraja: Clear Devaloka Day
Moon – Orange Vaisaka-Vaikasi 1st Phase

Monday, May 27, 2013

1
Dhanus Rasi: 9.25 Tithi 18
Family Home Evening 389878269
Creative Work Siddha Yoga
Until 12:17PM
Then Routine Work - Marana Yoga

Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Nairobi, Kenya
Mula*/Purvashadha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trityayam Titau Sun 1 Sutra 44
Vijaya 5115
Gulika 2:02PM – 3:32PM **Mula* Until 12:17PM** Ganesha: Blue *Sunrise: 6:29AM*
Yama 11:01AM – 12:31PM Sadhya Until 8:56AM **Muruqa: Yellow** *Sunset: 6:33PM* Moon 5 - Phase 6
Rahu 8:00AM – 9:30AM Vanija Until 10:23AM Nataraja: Clear Bhuloka Day
Moon – Light Blue Vaisaka-Vaikasi Devaloka Time: 3:PM to 6:PM
1st Phase

Tuesday, May 28, 2013

2
Dhanus Rasi: 24.22 Tithi 19 – 20
389878269
Creative Work Siddha Yoga
Until 9:40AM
Then Routine Work - Prabalarishta Yoga

Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Nairobi, Kenya
Purvashadha*/Uttarashadha Nakshatra Sukla Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau Sun 2 Sutra 45
Vijaya 5115
Gulika 12:31PM – 2:02PM **Purvashadha* Until 9:40AM** Ganesha: Blue *Sunrise: 6:29AM*
Yama 9:30AM – 11:01AM Sukla Until 1:03AM Wed **Muruqa: Yellow** *Sunset: 6:33PM* Moon 5 - Phase 6
Rahu 3:32PM – 5:03PM Bava Until 6:57AM Nataraja: Clear Bhuloka Day
Moon – Light Blue Vaisaka-Vaikasi Devaloka Time: 3:PM to 6:PM
1st Phase

Wednesday, May 29, 2013

3
Makara Rasi: 9.04 Tithi 20 – 21
389878269
Creative Work Amrita Yoga
Until 7:35AM
Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Nairobi, Kenya
Uttarashadha*/Shravana Nakshatra Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau Sun 3 Sutra 46
Vijaya 5115
Gulika 11:01AM – 12:31PM **Uttarashadha Until 7:35AM** Ganesha: Blue *Sunrise: 6:30AM*
Yama 8:00AM – 9:30AM Brahma Until 10:36PM **Muruqa: Yellow** *Sunset: 6:33PM* Moon 5 - Phase 6
Rahu 12:31PM – 2:02PM Gara Until 1:58AM Thu Nataraja: Clear Bhuloka Day
Moon – Light Blue Vaisaka-Vaikasi Devaloka Time: 3:PM to 6:PM
1st Phase

Thursday, May 30, 2013

4
Makara Rasi: 23.25 Tithi 21 – 22
399878269
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Nairobi, Kenya
Dhanishtha Nakshatra Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau Sun 4 Sutra 47
Vijaya 5115
Gulika 9:31AM – 11:01AM **Dhanishtha Until 4:43AM Fri** Ganesha: Red *Sunrise: 6:30AM*
Yama 6:30AM – 8:00AM Indra Until 7:27PM **Muruqa: Yellow** *Sunset: 6:33PM* Moon 5 - Phase 6
Rahu 2:02PM – 3:32PM Visti Until 11:24PM Nataraja: Clear Devaloka Day
Moon – Purple Vaisaka-Vaikasi 1st Phase

Friday, May 31, 2013

Retreat Star

Kumbha Rasi: 7.22 Tithi 22 – 23
399878269
Creative Work Siddha Yoga
Until 3:40AM Sat
Then Routine Work - Marana Yoga

Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Nairobi, Kenya
Shalabhishak Nakshatra Vaidhrili*/Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau Sun 5 Sutra 48
Vijaya 5115
Gulika 8:00AM – 9:31AM **Shatabhishak Until 3:40AM Sat** Ganesha: Red *Sunrise: 6:30AM*
Yama 3:33PM – 5:03PM Vaidhrili* Until 5:43PM **Muruqa: Yellow** *Sunset: 6:33PM* Moon 5 - Phase 6
Rahu 11:01AM – 12:32PM Balava Until 9:35PM Nataraja: Clear Devaloka Day
Moon – Purple Vaisaka-Vaikasi Ashtami

Saturday, June 1, 2013

Retreat Star

Kumbha Rasi: 20.53 Tithi 23 – 24
311878269
Routine Work Marana Yoga
Until 4:58AM Sun
Then Creative Work - Amrita Yoga

Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam Nairobi, Kenya
Purvaproskthapada* Nakshatra Vishkambha*/Prili Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau Sun 6 Sutra 49
Vijaya 5115
Gulika 6:30AM – 8:00AM **Purvaproskthapada* Until 4:58AM Sun** Ganesha: Red *Sunrise: 6:30AM*
Yama 2:02PM – 3:33PM Vishkambha* Until 3:44PM **Muruqa: Yellow** *Sunset: 6:34PM* Moon 5 - Phase 6
Rahu 9:31AM – 11:01AM Taitila Until 9:44PM Nataraja: Clear Devaloka Day
Moon – Clear Vaisaka-Vaikasi Navami

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

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| 1 | Sunday, June 2, 2013 | Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ultraproshthapada Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau | Nairobi, Kenya Sun 7 Sutra 50 Vijaya 5115 |
| | Meena Rasi: 4.02 Tithi 24 – 25 311878269 | Gulika 3:33PM – 5:03PM Yama 12:32PM – 2:02PM Rahu 5:03PM – 6:34PM | Uttarproshthapada Until 5:19AM Mon Priti Until 2:25PM Vanija Until 9:22PM Navami* Until 9:22AM |
| Creative Work Amrita Yoga Until 5:19AM Mon Then Creative Work - Siddha Yoga | | Ganesha: Red <i>Sunrise:</i> 6:30AM Muruqa: Yellow <i>Sunset:</i> 6:34PM Nataraja: Clear Moon – Clear | Devaloka Day Vaisaka-Vaikasi |
| 2 | Monday, June 3, 2013 | Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | Nairobi, Kenya Sun 8 Sutra 51 Vijaya 5115 |
| | Meena Rasi: 16.5 Tithi 25 – 26 311878269 | Gulika 2:03PM – 3:33PM Yama 11:02AM – 12:32PM Rahu 8:01AM – 9:31AM | Revati Until 7:19AM Tue Ayushman Until 2:17PM Bava Until 9:41PM Dashami Until 9:41AM |
| Family Home Evening Creative Work Siddha Yoga | | Ganesha: Red <i>Sunrise:</i> 6:30AM Muruqa: Yellow <i>Sunset:</i> 6:34PM Nataraja: Clear Moon – Clear | Devaloka Day Vaisaka-Vaikasi |
| 3 | Tuesday, June 4, 2013 | Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | Nairobi, Kenya Sun 9 Sutra 52 Vijaya 5115 |
| | Meena Rasi: 29.2 Tithi 26 – 27 311878269 | Gulika 12:32PM – 2:03PM Yama 9:31AM – 11:02AM Rahu 3:33PM – 5:04PM | Revati Until 7:19AM Saubhagya Until 2:02PM Kaulava Until 12:06AM Wed Ekadashi* Until 11:00AM |
| Creative Work Siddha Yoga | | Ganesha: Red <i>Sunrise:</i> 6:31AM Muruqa: Yellow <i>Sunset:</i> 6:34PM Nataraja: Clear Moon – Clear | Devaloka Day Vaisaka-Vaikasi |
| 4 | Wednesday, June 5, 2013 | Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau | Nairobi, Kenya Sun 10 Sutra 53 Vijaya 5115 |
| | Mesha Rasi: 11.37 Tithi 27 – 28 321878261 | Gulika 11:02AM – 12:32PM Yama 8:01AM – 9:32AM Rahu 12:32PM – 2:03PM | Ashvini Until 9:26AM Sobhana Until 2:14PM Gara Until 1:35AM Thu Dvadashi* Until 12:30PM <i>Pradosha Vrata (Fasting)</i> |
| Routine Work Marana Yoga Until 9:26AM Then Creative Work - Siddha Yoga | | Ganesha: Green <i>Sunrise:</i> 6:31AM Muruqa: Yellow <i>Sunset:</i> 6:34PM Nataraja: Clear Moon – White | Bhuloka Day Devaloka Time: 3:PM to 6:PM Vaisaka-Vaikasi |
| 5 | Thursday, June 6, 2013 | Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | Nairobi, Kenya Sun 11 Sutra 54 Vijaya 5115 |
| | Mesha Rasi: 23.43 Tithi 28 – 29 321878261 | Gulika 9:32AM – 11:02AM Yama 6:31AM – 8:01AM Rahu 2:03PM – 3:33PM | Bharani Until 11:55AM Athiganda* Until 2:45PM Visti Until 3:28AM Fri Trayodashi* Until 2:23PM |
| Creative Work Siddha Yoga Until 11:55AM Then Routine Work - Marana Yoga | | Ganesha: Green <i>Sunrise:</i> 6:31AM Muruqa: Yellow <i>Sunset:</i> 6:34PM Nataraja: Clear Moon – White | Bhuloka Day Devaloka Time: 3:PM to 6:PM Vaisaka-Vaikasi |
| 6 | Friday, June 7, 2013 | Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | Nairobi, Kenya Sun 12 Sutra 55 Vijaya 5115 |
| | Vrishabha Rasi: 5.4 Tithi 29 – 30 321878261 | Gulika 8:02AM – 9:32AM Yama 3:34PM – 5:04PM Rahu 11:02AM – 12:33PM | Krittika Until 2:39PM Sukarma Until 3:31PM Catuspada Until 5:38AM Sat Chaturdashi* Until 4:33PM |
| Creative Work Siddha Yoga Until 2:39PM Then Routine Work - Marana Yoga | | Ganesha: Green <i>Sunrise:</i> 6:31AM Muruqa: Yellow <i>Sunset:</i> 6:34PM Nataraja: Clear Moon – White | Bhuloka Day Devaloka Time: 3:PM to 6:PM Vaisaka-Vaikasi |
| Retreat Star | Saturday, June 8, 2013 | Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Naga* Karana Amavasyayam Titau | Nairobi, Kenya Sun 13 Sutra 56 Vijaya 5115 |
| | Vrishabha Rasi: 17.33 Tithi 30 331878261 | Gulika 6:31AM – 8:02AM Yama 2:03PM – 3:34PM Rahu 9:32AM – 11:03AM | Rohini Until 5:34PM Dhriti Until 4:26PM Naga Until 7:59AM Sun Amavasya* Until 6:54PM |
| Creative Work Amrita Yoga Until 5:34PM Then Creative Work - Siddha Yoga | | Ganesha: White <i>Sunrise:</i> 6:31AM Muruqa: Yellow <i>Sunset:</i> 6:35PM Nataraja: Clear Moon – Yellow | Bhuloka Day Devaloka Time: 3:PM to 6:PM Vaisaka-Vaikasi |
| Retreat Star | Sunday, June 9, 2013 | Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Shula*/Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau | Nairobi, Kenya Sun 14 Sutra 57 Vijaya 5115 |
| | Vrishabha Rasi: 29.23 Tithi 1 331978261 | Gulika 3:34PM – 5:04PM Yama 12:33PM – 2:04PM Rahu 5:04PM – 6:35PM | Mrigashira Until 8:34PM Shula* Until 5:26PM Kintughna Until 8:15AM Prathama* Until 9:21PM |
| Creative Work Siddha Yoga | | Ganesha: Clear <i>Sunrise:</i> 6:31AM Muruqa: Yellow <i>Sunset:</i> 6:35PM Nataraja: Clear Moon – Yellow | Devaloka Day Jyeshtha-Vaikasi |

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death.
Shukla Yajur Veda

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| 1 | Monday, June 10, 2013 | Vijaya Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau | Nairobi, Kenya |
| | Mithuna Rasi: 11.13 Tithi 2 Family Home Evening 331978261 Creative Work Siddha Yoga Until 11:35PM Then Creative Work - Amrita Yoga | Gulika 2:04PM – 3:34PM Yama 11:03AM – 12:33PM Rahu 8:02AM – 9:33AM | Ardra Until 11:35PM Ganda* Until 6:27PM Balava Until 10:44AM Dvitiya Until 11:49PM |
| | | | Sun 15 Sutra 58 Vijaya 5115 Moon 5 - Phase 8 3rd Phase Devaloka Day |


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| 2 | Tuesday, June 11, 2013 | Vijaya Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Tailila/Gara Karana Tritiyayam Titau | Nairobi, Kenya |
| | Mithuna Rasi: 23.04 Tithi 3 Creative Work Siddha Yoga | Gulika 12:34PM – 2:04PM Yama 9:33AM – 11:03AM Rahu 3:34PM – 5:05PM | Punarvasu Until 2:33AM Wed Vriddhi Until 7:26PM Tailila Until 1:09PM Tritiya Until 2:14AM Wed |
| | | | Sun 16 Sutra 59 Vijaya 5115 Moon 5 - Phase 8 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM |

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| 3 | Wednesday, June 12, 2013 | Vijaya Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Dhruva Yoga Vanija/Visli* Karana Chaturthyam Titau | Nairobi, Kenya |
| | Kataka Rasi: 4.58 Tithi 4 Creative Work Siddha Yoga | Gulika 11:03AM – 12:34PM Yama 8:03AM – 9:33AM Rahu 12:34PM – 2:04PM | Pushya Until 5:24AM Thu Dhruva Until 8:18PM Vanija Until 3:26PM Chaturthi* Until 4:32AM Thu |
| | | | Sun 17 Sutra 60 Vijaya 5115 Moon 5 - Phase 8 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM |

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| 4 | Thursday, June 13, 2013 | Vijaya Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau | Nairobi, Kenya |
| | Kataka Rasi: 16.58 Tithi 5 Creative Work Siddha Yoga Until 7:49AM Fri Then Routine Work - Marana Yoga | Gulika 9:33AM – 11:04AM Yama 6:32AM – 8:03AM Rahu 2:04PM – 3:35PM | Ashlesha* Until 7:49AM Fri Vyaghata* Until 9:00PM Bava Until 5:32PM Panchami Until 6:15AM Fri |
| | | | Sun 18 Sutra 61 Vijaya 5115 Moon 5 - Phase 8 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM |

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| 5 | Friday, June 14, 2013 | Vijaya Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | Nairobi, Kenya |
| | Kataka Rasi: 29.05 Tithi 5 – 6 Routine Work Marana Yoga | Gulika 8:03AM – 9:33AM Yama 3:35PM – 5:05PM Rahu 11:04AM – 12:34PM | Ashlesha* Until 7:49AM Harshana Until 9:28PM Kaulava Until 7:20PM Panchami Until 6:15AM |
| | | | Sun 19 Sutra 62 Vijaya 5115 Moon 5 - Phase 8 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM |

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| 6 | Saturday, June 15, 2013 | Vijaya Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mantla Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau | Nairobi, Kenya |
| | Simha Rasi: 11.25 Tithi 6 – 7 Creative Work Amrita Yoga Until 9:34AM Then Creative Work - Siddha Yoga | Gulika 6:33AM – 8:03AM Yama 2:05PM – 3:35PM Rahu 9:34AM – 11:04AM | Magha* Until 9:34AM Vajra* Until 8:28PM Gara Until 7:30PM Shashthi* Until 7:30AM |
| | | | Sun 20 Sutra 63 Vijaya 5115 Moon 5 - Phase 8 3rd Phase Devaloka Day |

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|  | Sunday, June 16, 2013 | Vijaya Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Vanija/Visli* Karana Saplami/Ashtamyam Titau | Nairobi, Kenya |
| | Simha Rasi: 23.58 Tithi 7 – 8 Creative Work Siddha Yoga Until 10:59AM Then Creative Work - Amrita Yoga | Gulika 3:35PM – 5:06PM Yama 12:35PM – 2:05PM Rahu 5:06PM – 6:36PM | Purvaphalguni Until 10:59AM Siddhi Until 8:09PM Visli Until 8:17PM Saptami Until 8:17AM |
| | | Father's Day | Sun 21 Sutra 64 Vijaya 5115 Moon 5 - Phase 8 Ashtami Devaloka Day |

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| Monday, June 17, 2013 | Retreat Star | Vijaya Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyalipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau | Nairobi, Kenya |
| | Kanya Rasi: 6.52 Tithi 8 – 9 Family Home Evening 352978261 Creative Work Siddha Yoga | Gulika 2:05PM – 3:36PM Yama 11:04AM – 12:35PM Rahu 8:04AM – 9:34AM | Uttaraphalguni Until 11:48AM Vyalipata* Until 7:17PM Balava Until 8:25PM Ashtami* Until 8:25AM |
| | | | Sun 22 Sutra 65 Vijaya 5115 Moon 5 - Phase 8 Navami Devaloka Day |

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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| 1 | Tuesday, June 18, 2013 | Vijaya Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | Nairobi, Kenya Sun 23 Sutra 66 Vijaya 5115 |
| | Kanya Rasi: 20.08 Tithi 9 – 10 362978261 | Gulika 12:35PM – 2:05PM Yama 9:34AM – 11:05AM Rahu 3:36PM – 5:06PM | Hasta Until 11:30AM Varyan Until 4:58PM Taitila Until 6:43PM Navami* Until 7:39AM |

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| Ganesha: Blue <i>Sunrise:</i> 6:33AM | Muruqa: Yellow <i>Sunset:</i> 6:37PM | Nataraja: Clear Moon – Green | Bhuloka Day Devaloka Time: 3:PM to 6:PM |
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| 2 | Wednesday, June 19, 2013 | Vijaya Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Parigha*/Shiva Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau | Nairobi, Kenya Sun 24 Sutra 67 Vijaya 5115 |
| | Tula Rasi: 3.5 Tithi 10 – 11 362978261 | Gulika 11:05AM – 12:35PM Yama 8:04AM – 9:34AM Rahu 12:35PM – 2:06PM | Chitra Until 10:51AM Parigha* Until 2:50PM Visti Until 4:24AM Thu Dashami Until 6:15AM |

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| Ganesha: Blue <i>Sunrise:</i> 6:34AM | Muruqa: Yellow <i>Sunset:</i> 6:37PM | Nataraja: Clear Moon – Green | Bhuloka Day Devaloka Time: 3:PM to 6:PM |
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| 3 | Thursday, June 20, 2013 | Vijaya Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau | Nairobi, Kenya Sun 25 Sutra 68 Vijaya 5115 |
| | Tula Rasi: 18 Tithi 12 362978261 | Gulika 9:35AM – 11:05AM Yama 6:34AM – 8:04AM Rahu 2:06PM – 3:36PM | Svati Until 9:12AM Shiva Until 11:36AM Bava Until 2:27PM Dvadashi Until 12:44AM Fri |


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|---|---|--|---|
| Ganesha: Blue <i>Sunrise:</i> 6:34AM | Muruqa: Yellow <i>Sunset:</i> 6:37PM | Nataraja: Clear Moon – Green | Bhuloka Day Devaloka Time: 3:PM to 6:PM |
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| 4 | Friday, June 21, 2013 | Vijaya Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau | Nairobi, Kenya Sun 26 Sutra 69 Vijaya 5115 |
| | Vrischika Rasi: 2.35 Tithi 13 372978261 | Gulika 8:04AM – 9:35AM Yama 3:37PM – 5:07PM Rahu 11:05AM – 12:36PM | Vishakha Until 7:11AM Siddha Until 8:17AM Kaulava Until 11:39AM Trayodashi Until 9:56PM <i>Pradosha Vrata</i> |

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|---|---|---|---------------------|
| Ganesha: Yellow <i>Sunrise:</i> 6:34AM | Muruqa: Yellow <i>Sunset:</i> 6:37PM | Nataraja: Clear Moon – Orange | Devaloka Day |
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| 5 | Saturday, June 22, 2013 | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau | Nairobi, Kenya Sun 27 Sutra 70 Vijaya 5115 |
| | Vrischika Rasi: 17.32 Tithi 14 372978261 | Gulika 6:34AM – 8:05AM Yama 2:06PM – 3:37PM Rahu 9:35AM – 11:05AM | Jyeshtha* Until 1:57AM Sun Subha Until 12:26AM Sun Gara Until 8:14AM Chaturdashi* Until 6:31PM |

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|---|---|---|---------------------|
| Ganesha: Yellow <i>Sunrise:</i> 6:34AM | Muruqa: Yellow <i>Sunset:</i> 6:38PM | Nataraja: Clear Moon – Orange | Devaloka Day |
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|  | Sunday, June 23, 2013 | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau | Nairobi, Kenya Sun 27 Sutra 71 Vijaya 5115 |
| | Copper Retreat Star Dhanus Rasi: 2.43 Tithi 15 – 16 382978261 | Gulika 3:37PM – 5:07PM Yama 12:36PM – 2:07PM Rahu 5:07PM – 6:38PM | Mula* Until 11:00PM Sukla Until 8:15PM Balava Until 24:60AM Purnima* Until 2:43PM |

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|--|---|---|---|
| Ganesha: White <i>Sunrise:</i> 6:34AM | Muruqa: Yellow <i>Sunset:</i> 6:38PM | Nataraja: Clear Moon – Light Blue | Bhuloka Day Devaloka Time: 3:PM to 6:PM |
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| Silver Retreat Star | Monday, June 24, 2013 | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau | Nairobi, Kenya Sun 27 Sutra 72 Vijaya 5115 |
| | Dhanus Rasi: 17.58 Tithi 16 – 17 Family Home Evening 382978261 | Gulika 2:07PM – 3:37PM Yama 11:06AM – 12:36PM Rahu 8:05AM – 9:36AM | Purvashadha* Until 7:56PM Brahma Until 3:56PM Taitila Until 9:03PM Prathama* Until 10:46AM |

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|--|---|---|---|
| Ganesha: White <i>Sunrise:</i> 6:35AM | Muruqa: Yellow <i>Sunset:</i> 6:38PM | Nataraja: Clear Moon – Light Blue | Bhuloka Day Devaloka Time: 3:PM to 6:PM |
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That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 25, 2013
Gold Retreat Star

Makara Rasi: 3.08 Tithi 17 – 18
383978261
Routine Work Prabalarishta Yoga
Until 5:00PM
Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Indra/Vaidhriti* Yoga Gara/Visli* Karana Dvitiya/Tritiyam Titau

Gulika **12:37PM – 2:07PM** **Uttarashadha Until 5:00PM**
Yama **9:36AM – 11:06AM** **Indra Until 11:46AM**
Rahu **3:37PM – 5:08PM** **Visti Until 3:33AM Wed**
Dvitiya Until 6:59AM

Ganesha: Clear *Sunrise:* 6:35AM
Muruqa: Yellow *Sunset:* 6:38PM
Nataraja: Clear
Moon – Light Blue
Jyeshtha-Ani

Nairobi, Kenya
Sun 1 Sutra 73
Vijaya 5115
Moon 6 - Phase 10
1st Phase

Devaloka Day

1

Wednesday, June 26, 2013

Makara Rasi: 18.03 Tithi 19
393978261
Creative Work Siddha Yoga
Until 2:27PM
Then Routine Work - Prabalarishta Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika **11:06AM – 12:37PM** **Shravana Until 2:27PM**
Yama **8:06AM – 9:36AM** **Vaidhriti* Until 7:57AM**
Rahu **12:37PM – 2:07PM** **Bava Until 1:53PM**
Chaturthi* Until 12:11AM Thu

Ganesha: Purple *Sunrise:* 6:35AM
Muruqa: Yellow *Sunset:* 6:38PM
Nataraja: Clear
Moon – Purple
Jyeshtha-Ani

Nairobi, Kenya
Sun 2 Sutra 74
Vijaya 5115
Moon 6 - Phase 10
1st Phase

Sivaloka Day

2

Thursday, June 27, 2013

Kumbha Rasi: 3 Tithi 20
393978261
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika **9:36AM – 11:07AM** **Dhanishtha Until 12:58PM**
Yama **6:35AM – 8:06AM** **Priti Until 1:56AM Fri**
Rahu **2:07PM – 3:38PM** **Kaulava Until 11:33AM**
Panchami Until 10:37PM

Ganesha: Purple *Sunrise:* 6:35AM
Muruqa: Yellow *Sunset:* 6:39PM
Nataraja: Clear
Moon – Purple
Jyeshtha-Ani

Nairobi, Kenya
Sun 3 Sutra 75
Vijaya 5115
Moon 6 - Phase 10
1st Phase

Sivaloka Day

3

Friday, June 28, 2013

Kumbha Rasi: 16.43 Tithi 21
393978261
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak/Purvaprosnthapada* Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Gulika **8:06AM – 9:36AM** **Shatabhishak Until 11:38AM**
Yama **3:38PM – 5:08PM** **Ayushman Until 11:10PM**
Rahu **11:07AM – 12:37PM** **Gara Until 9:25AM**
Shashthi* Until 8:30PM

Ganesha: Purple *Sunrise:* 6:36AM
Muruqa: Yellow *Sunset:* 6:39PM
Nataraja: Clear
Moon – Purple
Jyeshtha-Ani

Nairobi, Kenya
Sun 4 Sutra 76
Vijaya 5115
Moon 6 - Phase 10
1st Phase

Sivaloka Day

4

Saturday, June 29, 2013

Meena Rasi: 0.2 Tithi 22
313978261
Routine Work Marana Yoga
Until 11:32AM
Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manla Vasara Yuktayam
Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Saubhagya Yoga Visti*/Bava Karana Saptamyam Titau

Gulika **6:36AM – 8:06AM** **Purvaprosnthapada* Until 11:32AM**
Yama **2:08PM – 3:38PM** **Saubhagya Until 10:15PM**
Rahu **9:37AM – 11:07AM** **Visti Until 8:21AM**
Saptami Until 8:21PM

Ganesha: Blue *Sunrise:* 6:36AM
Muruqa: Yellow *Sunset:* 6:39PM
Nataraja: Clear
Moon – Clear
Jyeshtha-Ani

Nairobi, Kenya
Sun 5 Sutra 77
Vijaya 5115
Moon 6 - Phase 10
1st Phase

Sivaloka Day

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Sunday, June 30, 2013
Retreat Star

Meena Rasi: 13.3 Tithi 23
313978261
Creative Work Amrita Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraprosnthapada/Revati Nakshatra Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika **3:38PM – 5:09PM** **Uttaraprosnthapada Until 11:51AM**
Yama **12:38PM – 2:08PM** **Sobhana Until 8:55PM**
Rahu **5:09PM – 6:39PM** **Balava Until 7:56AM**
Ashtami* Until 7:56PM

Ganesha: Blue *Sunrise:* 6:36AM
Muruqa: Yellow *Sunset:* 6:39PM
Nataraja: Clear
Moon – Clear
Jyeshtha-Ani

Nairobi, Kenya
Sun 6 Sutra 78
Vijaya 5115
Moon 6 - Phase 10
Ashtami

Sivaloka Day

Monday, July 1, 2013
Retreat Star

Meena Rasi: 26.15 Tithi 24
313978261
Family Home Evening
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Gulika **2:08PM – 3:39PM** **Revati Until 1:30PM**
Yama **11:07AM – 12:38PM** **Athiganda* Until 9:23PM**
Rahu **8:07AM – 9:37AM** **Taitila Until 8:33AM**
Navami* Until 9:39PM

Ganesha: Blue *Sunrise:* 6:36AM
Muruqa: Yellow *Sunset:* 6:39PM
Nataraja: Clear
Moon – Clear
Jyeshtha-Ani

Nairobi, Kenya
Sun 7 Sutra 79
Vijaya 5115
Moon 6 - Phase 10
Navami

Sivaloka Day

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda

All times are standard time

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|----------|------------------------------|-----------|---|-----------------------------|---|---------------------|---|
| 1 | Tuesday, July 2, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma Yoga Vanja/Visti* Karana Dashamyam Titau | | | | Nairobi, Kenya Sun 8 Sutra 80 Vijaya 5115 |
| | Mesha Rasi: 8.4 | Tithi 25 | Gulika 12:38PM – 2:08PM | Ashvini Until 3:21PM | Ganesha: Red <i>Sunrise: 6:36AM</i> | | |
| | | | Yama 9:37AM – 11:08AM | Sukarma Until 9:19PM | Muruqa: Yellow <i>Sunset: 6:40PM</i> | | Moon 6 - Phase 11 |
| | Creative Work Siddha Yoga | 323978261 | Rahu 3:39PM – 5:09PM | Vanija Until 9:44AM | Nataraja: Clear | Moon – White | 2nd Phase |
| | | | Dashami Until 10:50PM | Jyeshtha•Ani | Devaloka Day | | |

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| 2 | Wednesday, July 3, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau | | | | Nairobi, Kenya Sun 9 Sutra 81 Vijaya 5115 |
| | Mesha Rasi: 20.49 | Tithi 26 | Gulika 11:08AM – 12:38PM | Bharani Until 5:43PM | Ganesha: Red <i>Sunrise: 6:36AM</i> | | |
| | | | Yama 8:07AM – 9:37AM | Dhriti Until 9:45PM | Muruqa: Yellow <i>Sunset: 6:40PM</i> | | Moon 6 - Phase 11 |
| | Creative Work Siddha Yoga | 323978261 | Rahu 12:38PM – 2:09PM | Bava Until 11:29AM | Nataraja: Clear | Moon – White | 2nd Phase |
| | | | Ekadashi* Until 12:35AM Thu | Jyeshtha•Ani | Devaloka Day | | |
| Until 5:43PM Then Creative Work - Amrita Yoga | | | | | | | |

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| 3 | Thursday, July 4, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Krittika Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | | Nairobi, Kenya Sun 10 Sutra 82 Vijaya 5115 |
| | Mrishabha Rasi: 2.47 | Tithi 27 | Gulika 9:38AM – 11:08AM | Krittika Until 8:26PM | Ganesha: Clear <i>Sunrise: 6:37AM</i> | | |
| | | | Yama 6:37AM – 8:07AM | Shula* Until 10:30PM | Muruqa: Yellow <i>Sunset: 6:40PM</i> | | Moon 6 - Phase 11 |
| | Routine Work Marana Yoga | 323178261 | Rahu 2:09PM – 3:39PM | Kaulava Until 1:38PM | Nataraja: Clear | Moon – White | 2nd Phase |
| | | | Dvadashi* Until 2:43AM Fri | Jyeshtha•Ani | Devaloka Day | | |

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| 4 | Friday, July 5, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Nairobi, Kenya Sun 11 Sutra 83 Vijaya 5115 |
| | Mrishabha Rasi: 14.39 | Tithi 28 | Gulika 8:07AM – 9:38AM | Rohini Until 11:22PM | Ganesha: Orange <i>Sunrise: 6:37AM</i> | | |
| | | | Yama 3:39PM – 5:10PM | Ganda* Until 11:27PM | Muruqa: Yellow <i>Sunset: 6:40PM</i> | | Moon 6 - Phase 11 |
| | Routine Work Marana Yoga | 333178261 | Rahu 11:08AM – 12:39PM | Gara Until 4:01PM | Nataraja: Clear | Moon – Yellow | 2nd Phase |
| | | | Trayodashi* Until 5:06AM Sat | Jyeshtha•Ani | Devaloka Day | | |
| Until 11:22PM Then Creative Work - Siddha Yoga | | | <i>Pradosha Vrata (Fasting)</i> | | | | |

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| 5 | Saturday, July 6, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Vriddhi Yoga Visti* Karana Chaturdashyam Titau | | | | Nairobi, Kenya Sun 12 Sutra 84 Vijaya 5115 |
| | Mrishabha Rasi: 26.28 | Tithi 29 | Gulika 6:37AM – 8:07AM | Mrigashira Until 2:25AM Sun | Ganesha: Clear <i>Sunrise: 6:37AM</i> | | |
| | | | Yama 2:09PM – 3:40PM | Vriddhi Until 12:30AM Sun | Muruqa: Yellow <i>Sunset: 6:40PM</i> | | Moon 6 - Phase 11 |
| | Creative Work Siddha Yoga | 433178261 | Rahu 9:38AM – 11:08AM | Visti Until 6:30PM | Nataraja: Clear | Moon – Yellow | 2nd Phase |
| | | | Chaturdashi* Until 7:53AM Sun | Jyeshtha•Ani | Devaloka Day | | |

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|  | Sunday, July 7, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Nairobi, Kenya Sun 13 Sutra 85 Vijaya 5115 |
| | Retreat Star | | Gulika 3:40PM – 5:10PM | Ardra Until 5:27AM Mon | Ganesha: Clear <i>Sunrise: 6:37AM</i> | | |
| | Mithuna Rasi: 8.17 | Tithi 29 – 30 | Yama 12:39PM – 2:09PM | Dhruva Until 1:32AM Mon | Muruqa: Yellow <i>Sunset: 6:41PM</i> | | Moon 6 - Phase 11 |
| | Creative Work Siddha Yoga | 433178261 | Rahu 5:10PM – 6:41PM | Catuspada Until 8:59PM | Nataraja: Clear | Moon – Yellow | Amavasya |
| | | | Chaturdashi* Until 7:53AM | Jyeshtha•Ani | Devaloka Day | | |
| Until 5:27AM Mon Then Creative Work - Amrita Yoga | | | | | | | |

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| Monday, July 8, 2013 | Retreat Star | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Nairobi, Kenya Sun 14 Sutra 86 Vijaya 5115 |
| | Family Home Evening | | Gulika 2:09PM – 3:40PM | Punarvasu Until 8:35AM Tue | Ganesha: Orange <i>Sunrise: 6:37AM</i> | | |
| | Mithuna Rasi: 20.08 | Tithi 30 – 1 | Yama 11:09AM – 12:39PM | Vyaghata* Until 2:31AM Tue | Muruqa: Yellow <i>Sunset: 6:41PM</i> | | Moon 6 - Phase 11 |
| | Creative Work Amrita Yoga | 443178261 | Rahu 8:08AM – 9:38AM | Kintughna Until 11:23PM | Nataraja: Clear | Moon – Blue | Prathama |
| | | | Amavasya* Until 10:18AM | Ashada•Ani | Devaloka Day | | |
| Until 8:35AM Tue Then Creative Work - Siddha Yoga | | | | | | | |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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| 1 | Tuesday, July 9, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | Nairobi, Kenya |
| | Kataka Rasi: 2.02 Tithi 1 – 2 | | Punarvasu/Pushya Nakshatra Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | Sun 15 Sutra 87 |
| | 444178261 | Gulika 12:39PM – 2:10PM | Punarvasu Until 8:35AM | Ganesha: Green <i>Sunrise:</i> 6:37AM | | Vijaya 5115 | |
| | | Yama 9:38AM – 11:09AM | Harshana Until 3:22AM Wed | Muruqa: Yellow <i>Sunset:</i> 6:41PM | | Moon 6 - Phase 12 | |
| | | Rahu 3:40PM – 5:10PM | Balava Until 1:39AM Wed | Nataraja: Clear | | 3rd Phase | |
| | | | Prathama* Until 12:33PM | Ashada*Ani | | Bhuloka Day | |
| | | | | | | Devaloka Time: 3:PM to 6:PM | |

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| 2 | Wednesday, July 10, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam | | | | Nairobi, Kenya |
| | Kataka Rasi: 14.03 Tithi 2 – 3 | | Pushya/Ashlesha* Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | | | Sun 16 Sutra 88 |
| | 444178261 | Gulika 11:09AM – 12:39PM | Pushya Until 11:14AM | Ganesha: Green <i>Sunrise:</i> 6:38AM | | Vijaya 5115 | |
| | | Yama 8:08AM – 9:38AM | Vajra* Until 4:04AM Thu | Muruqa: Yellow <i>Sunset:</i> 6:41PM | | Moon 6 - Phase 12 | |
| | | Rahu 12:39PM – 2:10PM | Taitila Until 3:43AM Thu | Nataraja: Clear | | 3rd Phase | |
| | | | Dvitiya Until 2:37PM | Ashada*Ani | | Bhuloka Day | |
| | | | | | | Devaloka Time: 3:PM to 6:PM | |

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| 3 | Thursday, July 11, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam | | | | Nairobi, Kenya |
| | Kataka Rasi: 26.1 Tithi 3 – 4 | | Ashlesha*/Magha* Nakshatra Siddhi* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | | | Sun 17 Sutra 89 |
| | 444178261 | Gulika 9:39AM – 11:09AM | Ashlesha* Until 1:40PM | Ganesha: Green <i>Sunrise:</i> 6:38AM | | Vijaya 5115 | |
| | | Yama 6:38AM – 8:08AM | Siddhi Until 4:33AM Fri | Muruqa: Yellow <i>Sunset:</i> 6:41PM | | Moon 6 - Phase 12 | |
| | | Rahu 2:10PM – 3:40PM | Vanija Until 5:33AM Fri | Nataraja: Clear | | 3rd Phase | |
| | | | Tritiya Until 4:27PM | Ashada*Ani | | Bhuloka Day | |
| | | | | | | Devaloka Time: 3:PM to 6:PM | |

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| 4 | Friday, July 12, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | Nairobi, Kenya |
| | Simha Rasi: 8.25 Tithi 4 – 5 | | Magha*/Purvaphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | | Sun 18 Sutra 90 |
| | 454178261 | Gulika 8:08AM – 9:39AM | Magha* Until 3:51PM | Ganesha: White <i>Sunrise:</i> 6:38AM | | Vijaya 5115 | |
| | | Yama 3:40PM – 5:11PM | Vyatipata* Until 4:48AM Sat | Muruqa: Yellow <i>Sunset:</i> 6:41PM | | Moon 6 - Phase 12 | |
| | | Rahu 11:09AM – 12:40PM | Bava Until 7:05AM Sat | Nataraja: Clear | | 3rd Phase | |
| | | | Chaturthi* Until 5:59PM | Ashada*Ani | | Bhuloka Day | |
| | | | | | | Devaloka Time: 3:PM to 6:PM | |

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| 5 | Saturday, July 13, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam | | | | Nairobi, Kenya |
| | Simha Rasi: 20.5 Tithi 5 | | Purvaphalguni/Uttaraphalguni Nakshatra Variyan Yoga Bava/Balava Karana Panchamyam Titau | | | | Sun 19 Sutra 91 |
| | 454178261 | Gulika 6:38AM – 8:08AM | Purvaphalguni Until 4:47PM | Ganesha: White <i>Sunrise:</i> 6:38AM | | Vijaya 5115 | |
| | | Yama 2:10PM – 3:41PM | Variyan Until 3:06AM Sun | Muruqa: Yellow <i>Sunset:</i> 6:41PM | | Moon 6 - Phase 12 | |
| | | Rahu 9:39AM – 11:09AM | Bava Until 6:04AM | Nataraja: Clear | | 3rd Phase | |
| | | | Panchami Until 6:04PM | Ashada*Ani | | Bhuloka Day | |
| | | | | | | Devaloka Time: 3:PM to 6:PM | |

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| 6 | Sunday, July 14, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | Nairobi, Kenya |
| | Kanya Rasi: 3.27 Tithi 6 | | Uttaraphalguni Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau | | | | Sun 20 Sutra 92 |
| | 454178261 | Gulika 3:41PM – 5:11PM | Uttaraphalguni Until 6:06PM | Ganesha: White <i>Sunrise:</i> 6:38AM | | Vijaya 5115 | |
| | | Yama 12:40PM – 2:10PM | Parigha* Until 2:41AM Mon | Muruqa: Yellow <i>Sunset:</i> 6:42PM | | Moon 6 - Phase 12 | |
| | | Rahu 5:11PM – 6:42PM | Kaulava Until 6:44AM | Nataraja: Clear | | 3rd Phase | |
| | | | Shashthi* Until 6:44PM | Ashada*Ani | | Bhuloka Day | |
| | | | | | | Devaloka Time: 3:PM to 6:PM | |

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| Monday, July 15, 2013 | Retreat Star | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam | | | | Nairobi, Kenya |
| | Kanya Rasi: 16.2 Tithi 7 | | Hasta Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau | | | | Sun 21 Sutra 93 |
| | 464178261 | Gulika 2:10PM – 3:41PM | Hasta Until 6:55PM | Ganesha: Clear <i>Sunrise:</i> 6:38AM | | Vijaya 5115 | |
| | | Yama 11:09AM – 12:40PM | Shiva Until 1:49AM Tue | Muruqa: Yellow <i>Sunset:</i> 6:42PM | | Moon 6 - Phase 12 | |
| | | Rahu 8:09AM – 9:39AM | Gara Until 6:52AM | Nataraja: Clear | | 3rd Phase | |
| | | | Saptami Until 6:52PM | Ashada*Ani | | Devaloka Day | |
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| Tuesday, July 16, 2013 | Retreat Star | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | Nairobi, Kenya |
| | Kanya Rasi: 29.32 Tithi 8 – 9 | | Chitra Nakshatra Siddha Yoga Visti*/Balava Karana Ashtami/Navamyam Titau | | | | Sun 22 Sutra 94 |
| | 464178261 | Gulika 12:40PM – 2:10PM | Chitra Until 6:13PM | Ganesha: Clear <i>Sunrise:</i> 6:38AM | | Vijaya 5115 | |
| | | Yama 9:39AM – 11:10AM | Siddha Until 11:11PM | Muruqa: Yellow <i>Sunset:</i> 6:42PM | | Moon 6 - Phase 12 | |
| | | Rahu 3:41PM – 5:11PM | Visti Until 6:21AM | Nataraja: Clear | | Ashtami | |
| | | | Ashtami* Until 5:25PM | Ashada*Adi | | Devaloka Day | |
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|---------------------------------|------------------------------------|---------------------------------|--|--|--|---------------------|----------------------|
| Wednesday, July 17, 2013 | Retreat Star | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam | | | | Nairobi, Kenya |
| | Tula Rasi: 13.07 Tithi 9 – 10 | | Svati/Vishakha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | | | Sun 23 Sutra 95 |
| | 464178262 | Gulika 11:10AM – 12:40PM | Svati Until 5:48PM | Ganesha: Clear <i>Sunrise:</i> 6:38AM | | Vijaya 5115 | |
| | | Yama 8:09AM – 9:39AM | Sadhya Until 9:16PM | Muruqa: Yellow <i>Sunset:</i> 6:42PM | | Moon 6 - Phase 12 | |
| | | Rahu 12:40PM – 2:11PM | Taitila Until 3:21AM Thu | Nataraja: Purple | | Navami | |
| | | | Navami* Until 4:16PM | Ashada*Adi | | Sivaloka Day | |
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Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishna Yajur Veda

All times are standard time

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1 Thursday, July 18, 2013

Tula Rasi: 27.06 Tithi 10 – 11
474178262
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam
Vishakha/Anuradha Nakshatra Subha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau
Gulika 9:39AM – 11:10AM **Vishakha** **Until 4:41PM**
Yama 6:38AM – 8:09AM **Subha** **Until 6:42PM**
Rahu 2:11PM – 3:41PM **Vanija** **Until 1:27AM Fri**
Dashami **Until 2:22PM**

Nairobi, Kenya
Sun 24 Sutra 96
Vijaya 5115
Moon 6 - Phase 13
4th Phase
Devaloka Day
Ganesha: Purple *Sunrise: 6:38AM*
Muruqa: Yellow *Sunset: 6:42PM*
Nataraja: Purple
Moon – Orange
Ashada•Adi

2 Friday, July 19, 2013

Vrischika Rasi: 11.29 Tithi 11 – 12
474178262
Creative Work Siddha Yoga
Until 2:17PM
Then Routine Work - Marana Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau
Gulika 8:09AM – 9:39AM **Anuradha** **Until 2:17PM**
Yama 3:41PM – 5:12PM **Sukla** **Until 2:53PM**
Rahu 11:10AM – 12:40PM **Bava** **Until 9:36PM**
Ekadashi **Until 11:18AM**

Nairobi, Kenya
Sun 25 Sutra 97
Vijaya 5115
Moon 6 - Phase 13
4th Phase
Devaloka Day
Ganesha: Purple *Sunrise: 6:38AM*
Muruqa: Yellow *Sunset: 6:42PM*
Nataraja: Purple
Moon – Orange
Ashada•Adi

3 Saturday, July 20, 2013

Vrischika Rasi: 26.14 Tithi 12 – 13
474178262
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau
Gulika 6:39AM – 8:09AM **Jyeshtha*** **Until 12:01PM**
Yama 2:11PM – 3:41PM **Brahma** **Until 11:20AM**
Rahu 9:39AM – 11:10AM **Kaulava** **Until 6:31PM**
Dvadashi **Until 8:14AM**
Pradosha Vrata

Nairobi, Kenya
Sun 26 Sutra 98
Vijaya 5115
Moon 6 - Phase 13
4th Phase
Devaloka Day
Ganesha: Purple *Sunrise: 6:39AM*
Muruqa: Yellow *Sunset: 6:42PM*
Nataraja: Purple
Moon – Orange
Ashada•Adi

4 Sunday, July 21, 2013

Dhanus Rasi: 11.16 Tithi 14
485178262
Creative Work Amrita Yoga
Until 9:19AM
Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau
Gulika 3:41PM – 5:12PM **Mula*** **Until 9:19AM**
Yama 12:40PM – 2:11PM **Indra** **Until 7:22AM**
Rahu 5:12PM – 6:42PM **Gara** **Until 2:58PM**
Chaturdashi* **Until 1:15AM Mon**

Nairobi, Kenya
Sun 27 Sutra 99
Vijaya 5115
Moon 6 - Phase 13
4th Phase
Subha Sivaloka Day
Ganesha: Purple *Sunrise: 6:39AM*
Muruqa: Yellow *Sunset: 6:42PM*
Nataraja: Purple
Moon – Light Blue
Ashada•Adi

Monday, July 22, 2013 Copper Retreat Star

Dhanus Rasi: 26.25 Tithi 15
485178262
Family Home Evening
Routine Work Marana Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau
Gulika 2:11PM – 3:41PM **Purvashadha*** **Until 6:24AM**
Yama 11:10AM – 12:40PM **Vishkambha*** **Until 11:12PM**
Rahu 8:09AM – 9:40AM **Visti** **Until 11:12AM**
Satguru Purnima **Purnima*** **Until 9:29PM**

Nairobi, Kenya
Sutra 100
Vijaya 5115
Moon 6 - Phase 13
Purnima
Subha Sivaloka Day
Ganesha: Purple *Sunrise: 6:39AM*
Muruqa: Yellow *Sunset: 6:42PM*
Nataraja: Purple
Moon – Light Blue
Ashada•Adi

Tuesday, July 23, 2013 Silver Retreat Star

Makara Rasi: 11.33 Tithi 16 – 17
495178262
Creative Work Siddha Yoga
Until 12:51AM Wed
Then Routine Work - Prabalarishta Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana Nakshatra Priti Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau
Gulika 12:40PM – 2:11PM **Shravana** **Until 12:51AM Wed**
Yama 9:40AM – 11:10AM **Priti** **Until 7:04PM**
Rahu 3:41PM – 5:12PM **Balava** **Until 7:28AM**
Prathama* **Until 5:45PM**

Nairobi, Kenya
Sutra 101
Vijaya 5115
Moon 6 - Phase 13
Prathama
Sivaloka Day
Ganesha: Clear *Sunrise: 6:39AM*
Muruqa: Yellow *Sunset: 6:42PM*
Nataraja: Purple
Moon – Purple
Ashada•Adi



Wednesday, July 24, 2013
Gold Retreat Star

Makara Rasi: 26.3 Tithi 17 – 18
495178262
Routine Work Prabalarishta Yoga
Until 10:16PM
Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau
Nairobi, Kenya
Sun 1 Sutra 102
Vijaya 5115
Gulika 11:10AM – 12:41PM **Dhanishtha Until 10:16PM**
Yama 8:09AM – 9:40AM Ayushman Until 3:13PM
Rahu 12:41PM – 2:11PM Vanija Until 12:37AM Thu
Dvitiya Until 2:20PM
Ganesha: Clear *Sunrise: 6:39AM*
Muruqa: Yellow *Sunset: 6:42PM*
Nataraja: Purple
Moon – Purple
Ashada•Adi
Sivaloka Day



Thursday, July 25, 2013

Kumbha Rasi: 11.07 Tithi 18 – 19
495178262
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau
Nairobi, Kenya
Sun 2 Sutra 103
Vijaya 5115
Gulika 9:40AM – 11:10AM **Shatabhishak Until 9:13PM**
Yama 6:39AM – 8:09AM Saubhagya Until 12:14PM
Rahu 2:11PM – 3:41PM Bava Until 10:58PM
Tritiya Until 11:53AM
Ganesha: Clear *Sunrise: 6:39AM*
Muruqa: Yellow *Sunset: 6:42PM*
Nataraja: Purple
Moon – Purple
Ashada•Adi
Sivaloka Day



Friday, July 26, 2013

Kumbha Rasi: 25.19 Tithi 19 – 20
415178262
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Nairobi, Kenya
Sun 3 Sutra 104
Vijaya 5115
Gulika 8:09AM – 9:40AM **Purvaproshtapada* Until 7:44PM**
Yama 3:41PM – 5:12PM Sobhana Until 9:20AM
Rahu 11:10AM – 12:41PM Kaulava Until 8:41PM
Chaturthi* Until 9:36AM
Ganesha: Clear *Sunrise: 6:39AM*
Muruqa: Yellow *Sunset: 6:42PM*
Nataraja: Purple
Moon – Clear
Ashada•Adi
Sivaloka Day



Saturday, July 27, 2013

Meena Rasi: 9.02 Tithi 20 – 21
415178262
Creative Work Siddha Yoga
Until 8:06PM
Then Routine Work - Prabalarishta Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda*/Sukarma* Yoga Tailala/Gara Karana Panchami/Shashthyam Titau
Nairobi, Kenya
Sun 4 Sutra 105
Vijaya 5115
Gulika 6:39AM – 8:09AM **Uttaraproshtapada Until 8:06PM**
Yama 2:11PM – 3:41PM Athiganda* Until 7:17AM
Rahu 9:40AM – 11:10AM Gara Until 8:23PM
Panchami Until 8:23AM
Ganesha: Clear *Sunrise: 6:39AM*
Muruqa: Yellow *Sunset: 6:42PM*
Nataraja: Purple
Moon – Clear
Ashada•Adi
Sivaloka Day



Sunday, July 28, 2013

Meena Rasi: 22.16 Tithi 21 – 22
415278262
Creative Work Amrita Yoga
Until 8:18PM
Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati Nakshatra Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Nairobi, Kenya
Sun 5 Sutra 106
Vijaya 5115
Gulika 3:41PM – 5:12PM **Revati Until 8:18PM**
Yama 12:41PM – 2:11PM Dhriti Until 4:41AM Mon
Rahu 5:12PM – 6:42PM Visti Until 7:51PM
Shashthi* Until 7:51AM
Ganesha: Purple *Sunrise: 6:39AM*
Muruqa: Yellow *Sunset: 6:42PM*
Nataraja: Purple
Moon – Clear
Ashada•Adi
Devaloka Day



Monday, July 29, 2013
Retreat Star

Mesha Rasi: 5.02 Tithi 22 – 23
425278262
Family Home Evening
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Nairobi, Kenya
Sun 6 Sutra 107
Vijaya 5115
Gulika 2:11PM – 3:41PM **Ashvini Until 10:35PM**
Yama 11:10AM – 12:40PM Shula* Until 5:41AM Tue
Rahu 8:09AM – 9:40AM Balava Until 9:29PM
Saptami Until 8:23AM
Ganesha: Clear *Sunrise: 6:39AM*
Muruqa: Yellow *Sunset: 6:42PM*
Nataraja: Purple
Moon – White
Ashada•Adi
Sivaloka Day

Tuesday, July 30, 2013

Retreat Star

Mesha Rasi: 17.27 Tithi 23 – 24
425288262
Creative Work Siddha Yoga
Until 12:26AM Wed
Then Creative Work - Amrita Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Nairobi, Kenya
Sun 7 Sutra 108
Vijaya 5115
Gulika 12:40PM – 2:11PM **Bharani Until 12:26AM Wed**
Yama 9:39AM – 11:10AM Ganda* Until 5:37AM Wed
Rahu 3:41PM – 5:12PM Taitila Until 10:40PM
Ashtami* Until 9:35AM
Ganesha: Clear *Sunrise: 6:39AM*
Muruqa: Red *Sunset: 6:42PM*
Nataraja: Purple
Moon – White
Ashada•Adi
Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

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|--|---------------------------------|---------------|--|--|--|--|---|
| 1 | Wednesday, July 31, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Vriddhi Yoga Gara/Vanija Karana Navami/Dashmyam Titau | | | | Nairobi, Kenya |
| | Mesha Rasi: 29.35 | Tithi 24 – 25 | 436288262 | Gulika 11:10AM – 12:40PM Yama 8:09AM – 9:39AM Rahu 12:40PM – 2:11PM | Krittika Until 2:50AM Thu Vriddhi Until 6:15AM Thu Vanija Until 12:28AM Thu Navami* Until 11:23AM | Ganesha: White <i>Sunrise:</i> 6:38AM Muruqa: Red <i>Sunset:</i> 6:42PM Nataraja: Purple Moon – White Ashada-Adi | Sun 8 Sutra 109 Vijaya 5115 Moon 7 - Phase 15 2nd Phase Subha Sivaloka Day |
| Creative Work Amrita Yoga Until 2:50AM Thu Then Routine Work - Marana Yoga | | | | | | | |


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| 2 | Thursday, August 1, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | | Nairobi, Kenya |
| | Wrishabha Rasi: 11.32 | Tithi 25 – 26 | 436288262 | Gulika 9:39AM – 11:10AM Yama 6:38AM – 8:09AM Rahu 2:11PM – 3:41PM | Rohini Until 5:37AM Fri Vriddhi Until 6:15AM Bava Until 2:41AM Fri Dashami Until 1:35PM | Ganesha: Yellow <i>Sunrise:</i> 6:38AM Muruqa: Red <i>Sunset:</i> 6:42PM Nataraja: Purple Moon – Yellow Ashada-Adi | Sun 9 Sutra 110 Vijaya 5115 Moon 7 - Phase 15 2nd Phase Sivaloka Day |
| Routine Work Marana Yoga Until 5:37AM Fri Then Creative Work - Siddha Yoga | | | | | | | |

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| 3 | Friday, August 2, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Nairobi, Kenya |
| | Wrishabha Rasi: 23.22 | Tithi 26 – 27 | 436288262 | Gulika 8:09AM – 9:39AM Yama 3:41PM – 5:12PM Rahu 11:10AM – 12:40PM | Mrigashira Until 8:58AM Sat Dhruva Until 7:14AM Kaulava Until 5:06AM Sat Ekadashi* Until 4:01PM | Ganesha: Yellow <i>Sunrise:</i> 6:38AM Muruqa: Red <i>Sunset:</i> 6:42PM Nataraja: Purple Moon – Yellow Ashada-Adi | Sun 10 Sutra 111 Vijaya 5115 Moon 7 - Phase 15 2nd Phase Sivaloka Day |
| Creative Work Siddha Yoga | | | | | | | |

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| 4 | Saturday, August 3, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mantla Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Taitila Karana Dvadashyam Titau | | | | Nairobi, Kenya |
| | Mithuna Rasi: 5.11 | Tithi 27 | 436288262 | Gulika 6:38AM – 8:09AM Yama 2:11PM – 3:41PM Rahu 9:39AM – 11:10AM | Mrigashira Until 8:58AM Vyaghata* Until 8:16AM Taitila Until 7:36AM Sun Dvadashi* Until 6:30PM | Ganesha: Yellow <i>Sunrise:</i> 6:38AM Muruqa: Red <i>Sunset:</i> 6:42PM Nataraja: Purple Moon – Yellow Ashada-Adi | Sun 11 Sutra 112 Vijaya 5115 Moon 7 - Phase 15 2nd Phase Sivaloka Day |
| Creative Work Siddha Yoga | | | | | | | |

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| 5 | Sunday, August 4, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Nairobi, Kenya |
| | Mithuna Rasi: 17.02 | Tithi 28 | 436288262 | Gulika 3:41PM – 5:12PM Yama 12:40PM – 2:11PM Rahu 5:12PM – 6:42PM | Ardra Until 11:56AM Harshana Until 9:15AM Gara Until 7:50AM Trayodashi* Until 8:56PM <i>Pradosha Vrata (Fasting)</i> | Ganesha: Yellow <i>Sunrise:</i> 6:38AM Muruqa: Red <i>Sunset:</i> 6:42PM Nataraja: Purple Moon – Yellow Ashada-Adi | Sun 12 Sutra 113 Vijaya 5115 Moon 7 - Phase 15 2nd Phase Sivaloka Day |
| Creative Work Siddha Yoga | | | | | | | |

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| 6 | Monday, August 5, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Nairobi, Kenya |
| | Mithuna Rasi: 28.58 | Tithi 29 | 446288262 | Gulika 2:11PM – 3:41PM Yama 11:10AM – 12:40PM Rahu 8:09AM – 9:39AM | Punarvasu Until 2:45PM Vajra* Until 10:05AM Visti Until 10:06AM Chaturdashi* Until 11:11PM | Ganesha: Red <i>Sunrise:</i> 6:38AM Muruqa: Red <i>Sunset:</i> 6:42PM Nataraja: Purple Moon – Blue Ashada-Adi | Sun 13 Sutra 114 Vijaya 5115 Moon 7 - Phase 15 2nd Phase Sivaloka Day |
| Family Home Evening Creative Work Amrita Yoga Until 2:45PM Then Creative Work - Siddha Yoga | | | | | | | |

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|  | Tuesday, August 6, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Nairobi, Kenya | |
| | Retreat Star | | Kataka Rasi: 10.59 | Tithi 30 | 446288262 | Gulika 12:40PM – 2:10PM Yama 9:39AM – 11:09AM Rahu 3:41PM – 5:11PM | Pushya Until 5:21PM Siddhi Until 10:43AM Catuspada Until 12:07PM Amavasya* Until 1:12AM Wed | Ganesha: Red <i>Sunrise:</i> 6:38AM Muruqa: Red <i>Sunset:</i> 6:42PM Nataraja: Purple Moon – Blue Ashada-Adi |
| Creative Work Siddha Yoga | | | | | | | | |

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| | Wednesday, August 7, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Varian Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Nairobi, Kenya | |
| | Retreat Star | | Kataka Rasi: 23.09 | Tithi 1 | 447288262 | Gulika 11:09AM – 12:40PM Yama 8:08AM – 9:39AM Rahu 12:40PM – 2:10PM | Ashlesha* Until 7:42PM Vyatipata* Until 11:06AM Kintughna Until 1:51PM Prathama* Until 2:56AM Thu | Ganesha: Blue <i>Sunrise:</i> 6:38AM Muruqa: Red <i>Sunset:</i> 6:42PM Nataraja: Purple Moon – Blue Sravana-Adi |
| Creative Work Siddha Yoga | | | | | | | | |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time

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|---|---------------------------------|---------|--|--|---|--|--|
| 1 | Thursday, August 8, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Nairobi, Kenya |
| | Simha Rasi: 5.28 | Tithi 2 | 457288262 | Gulika 9:39AM – 11:09AM Yama 6:38AM – 8:08AM Rahu 2:10PM – 3:41PM | Magha* Until 9:45PM Variyan Until 11:14AM Balava Until 2:29PM Dvitiya Until 2:29AM Fri | Ganesha: Blue <i>Sunrise: 6:38AM</i> Muruqa: Red <i>Sunset: 6:42PM</i> Nataraja: Purple Moon – Red Sravana-Adi | Sun 16 Sutra 117 Vijaya 5115 Moon 7 - Phase 16 3rd Phase Devaloka Day |
| Creative Work Amrita Yoga Until 9:45PM Then Creative Work - Siddha Yoga | | | | | | | |


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|---------------------------|-------------------------------|---------|--|---|---|--|--|
| 2 | Friday, August 9, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Shiva Yoga Taitila/Gara Karana Tritiyayam Titau | | | | Nairobi, Kenya |
| | Simha Rasi: 17.56 | Tithi 3 | 457288262 | Gulika 8:08AM – 9:39AM Yama 3:41PM – 5:11PM Rahu 11:09AM – 12:40PM | Purvaphalguni Until 10:08PM Parigha* Until 10:42AM Taitila Until 3:29PM Tritiya Until 3:29AM Sat | Ganesha: Blue <i>Sunrise: 6:37AM</i> Muruqa: Red <i>Sunset: 6:42PM</i> Nataraja: Purple Moon – Red Sravana-Adi | Sun 17 Sutra 118 Vijaya 5115 Moon 7 - Phase 16 3rd Phase Devaloka Day |
| Creative Work Siddha Yoga | | | | | | | |


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|--------------------------|----------------------------------|---------|--|--|---|--|--|
| 3 | Saturday, August 10, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantla Vasara Yuktayam Uttaraphalguni Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau | | | | Nairobi, Kenya |
| | Kanya Rasi: 0.34 | Tithi 4 | 457288262 | Gulika 6:37AM – 8:08AM Yama 2:10PM – 3:40PM Rahu 9:38AM – 11:09AM | Uttaraphalguni Until 11:25PM Shiva Until 10:15AM Vanija Until 4:07PM Chaturthi* Until 4:07AM Sun | Ganesha: Blue <i>Sunrise: 6:37AM</i> Muruqa: Red <i>Sunset: 6:42PM</i> Nataraja: Purple Moon – Red Sravana-Adi | Sun 18 Sutra 119 Vijaya 5115 Moon 7 - Phase 16 3rd Phase Devaloka Day |
| Routine Work Marana Yoga | | | | | | | |

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|--|--------------------------------|---------|--|--|--|--|--|
| 4 | Sunday, August 11, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Panchamyam Titau | | | | Nairobi, Kenya |
| | Kanya Rasi: 13.23 | Tithi 5 | 467288262 | Gulika 3:40PM – 5:11PM Yama 12:39PM – 2:10PM Rahu 5:11PM – 6:41PM | Hasta Until 12:22AM Mon Siddha Until 9:29AM Bava Until 4:24PM Panchami Until 4:24AM Mon | Ganesha: Yellow <i>Sunrise: 6:37AM</i> Muruqa: Red <i>Sunset: 6:41PM</i> Nataraja: Purple Moon – Green Sravana-Adi | Sun 19 Sutra 120 Vijaya 5115 Moon 7 - Phase 16 3rd Phase Sivaloka Day |
| Creative Work Amrita Yoga Until 12:22AM Mon Then Routine Work - Prabalarishta Yoga | | | | | | | |

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|---|--------------------------------|---------|---|---|---|--|--|
| 5 | Monday, August 12, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Shashthyam Titau | | | | Nairobi, Kenya |
| | Kanya Rasi: 26.25 | Tithi 6 | 467288262 | Gulika 2:10PM – 3:40PM Yama 11:09AM – 12:39PM Rahu 8:07AM – 9:38AM | Chitra Until 12:56AM Tue Sadhya Until 8:22AM Kaulava Until 4:16PM Shashthi* Until 4:16AM Tue | Ganesha: Yellow <i>Sunrise: 6:37AM</i> Muruqa: Red <i>Sunset: 6:41PM</i> Nataraja: Purple Moon – Green Sravana-Adi | Sun 20 Sutra 121 Vijaya 5115 Moon 7 - Phase 16 3rd Phase Sivaloka Day |
| Family Home Evening Routine Work Prabalarishta Yoga Until 12:56AM Tue Then Creative Work - Siddha Yoga | | | | | | | |

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|---|---------------------------------|---------|---|---|--|--|--|
| 6 | Tuesday, August 13, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Saptamyam Titau | | | | Nairobi, Kenya |
| | Tula Rasi: 9.41 | Tithi 7 | 468288262 | Gulika 12:39PM – 2:09PM Yama 9:38AM – 11:08AM Rahu 3:40PM – 5:11PM | Svati Until 11:41PM Subha Until 6:46AM Gara Until 2:54PM Saptami Until 1:58AM Wed | Ganesha: Blue <i>Sunrise: 6:37AM</i> Muruqa: Red <i>Sunset: 6:41PM</i> Nataraja: Purple Moon – Green Sravana-Adi | Sun 21 Sutra 122 Vijaya 5115 Moon 7 - Phase 16 3rd Phase Subha Sivaloka Day |
| Creative Work Siddha Yoga Until 11:41PM Then Routine Work - Marana Yoga | | | | | | | |

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|---|-----------------------------------|--|---|---------|-----------|--|---|---|
|  | Wednesday, August 14, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Nairobi, Kenya | |
| | Retreat Star | | Tula Rasi: 23.14 | Tithi 8 | 478288262 | Gulika 11:08AM – 12:39PM Yama 8:07AM – 9:38AM Rahu 12:39PM – 2:09PM | Vishakha Until 11:19PM Brahma Until 2:13AM Thu Visti Until 1:48PM Ashtami* Until 12:53AM Thu | Ganesha: Yellow <i>Sunrise: 6:37AM</i> Muruqa: Red <i>Sunset: 6:41PM</i> Nataraja: Purple Moon – Orange Sravana-Adi |
| Creative Work Siddha Yoga | | | | | | | | |

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|--|----------------------------------|--|---|---------|-----------|--|--|---|
|  | Thursday, August 15, 2013 | | Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau | | | | Nairobi, Kenya | |
| | Retreat Star | | Vrischika Rasi: 7.05 | Tithi 9 | 478288262 | Gulika 9:37AM – 11:08AM Yama 6:36AM – 8:07AM Rahu 2:09PM – 3:40PM | Anuradha Until 10:25PM Indra Until 11:51PM Balava Until 12:09PM Navami* Until 11:14PM | Ganesha: Yellow <i>Sunrise: 6:36AM</i> Muruqa: Red <i>Sunset: 6:41PM</i> Nataraja: Purple Moon – Orange Sravana-Adi |
| Creative Work Siddha Yoga Until 10:25PM Then Routine Work - Prabalarishta Yoga | | | | | | | | |

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time


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|----------------------------------|--------------------------------|---|--------------------------------|---|
| 1 | Friday, August 16, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Dashamyam Titau | | Nairobi, Kenya |
| | | | | Sun 24 Sutra 125 Vijaya 5115 |
| Vrischika Rasi: 21.16 | Tithi 10 | Gulika 8:07AM – 9:37AM | Jyeshtha* Until 8:59PM | Ganesha: Yellow <i>Sunrise:</i> 6:36AM |
| | 478288262 | Yama 3:39PM – 5:10PM | Vaidhriti* Until 8:58PM | Muruqa: Red <i>Sunset:</i> 6:41PM |
| Routine Work Marana Yoga | | Rahu 11:08AM – 12:38PM | Tailila Until 9:38AM | Nataraja: Purple |
| Until 8:59PM | | | Dashami Until 7:55PM | Moon – Orange |
| Then Creative Work - Amrita Yoga | | | | Sravana*Avani |
| | | | | Sivaloka Day |

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|---------------------------|----------------------------------|---|---------------------------------|---|
| 2 | Saturday, August 17, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau | | Nairobi, Kenya |
| | | | | Sun 25 Sutra 126 Vijaya 5115 |
| Dhanus Rasi: 5.44 | Tithi 11 – 12 | Gulika 6:36AM – 8:06AM | Mula* Until 6:10PM | Ganesha: Yellow <i>Sunrise:</i> 6:36AM |
| | 588288262 | Yama 2:09PM – 3:39PM | Vishkambha* Until 4:53PM | Muruqa: Red <i>Sunset:</i> 6:40PM |
| Creative Work Siddha Yoga | | Rahu 9:37AM – 11:08AM | Vanija Until 7:03AM | Nataraja: Purple |
| | | | Ekadashi Until 5:21PM | Moon – Light Blue |
| | | | | Sravana*Avani |
| | | | | Sivaloka Day |

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|----------------------------------|--------------------------------|---|----------------------------------|---|
| 3 | Sunday, August 18, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | Nairobi, Kenya |
| | | | | Sun 26 Sutra 127 Vijaya 5115 |
| Dhanus Rasi: 20.26 | Tithi 12 – 13 | Gulika 3:39PM – 5:10PM | Purvashadha* Until 3:58PM | Ganesha: Yellow <i>Sunrise:</i> 6:36AM |
| | 588288262 | Yama 12:38PM – 2:09PM | Priti Until 1:23PM | Muruqa: Red <i>Sunset:</i> 6:40PM |
| Creative Work Siddha Yoga | | Rahu 5:10PM – 6:40PM | Kaulava Until 12:38AM Mon | Nataraja: Purple |
| Until 3:58PM | | | Dvadashi Until 2:21PM | Moon – Light Blue |
| Then Creative Work - Amrita Yoga | | | | Sravana*Avani |
| | | | <i>Pradosha Vrata</i> | Sivaloka Day |

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| 4 | Monday, August 19, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau | | Nairobi, Kenya |
| | | | | Sun 27 Sutra 128 Vijaya 5115 |
| Makara Rasi: 5.17 | Tithi 13 – 14 | Gulika 2:08PM – 3:39PM | Uttarashadha Until 1:33PM | Ganesha: Yellow <i>Sunrise:</i> 6:35AM |
| Family Home Evening | 588288262 | Yama 11:07AM – 12:38PM | Ayushman Until 9:40AM | Muruqa: Red <i>Sunset:</i> 6:40PM |
| Routine Work Marana Yoga | | Rahu 8:06AM – 9:37AM | Gara Until 9:24PM | Nataraja: Purple |
| Until 1:33PM | | | Trayodashi Until 11:07AM | Moon – Light Blue |
| Then Creative Work - Amrita Yoga | | Chidambaram Abhishekam | | Sravana*Avani |
| | | | | Sivaloka Day |

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|---|---------------------------------|--|----------------------------------|---|
|  | Tuesday, August 20, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | Nairobi, Kenya |
| | | | | Sutra 129 Vijaya 5115 |
| Copper Retreat Star | | Gulika 12:37PM – 2:08PM | Shravana Until 11:06AM | Ganesha: Yellow <i>Sunrise:</i> 6:35AM |
| Makara Rasi: 20.09 | Tithi 14 – 15 | Yama 9:36AM – 11:07AM | Sobhana Until 1:56AM Wed | Muruqa: Red <i>Sunset:</i> 6:40PM |
| | 599288262 | Rahu 3:39PM – 5:09PM | Visti Until 6:09PM | Nataraja: Purple |
| Creative Work Siddha Yoga | | | Chaturdashi* Until 7:51AM | Moon – Purple |
| | | Raksha Bandhan | | Sravana*Avani |
| | | | | Sivaloka Day |

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| 5 | Wednesday, August 21, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau | | Nairobi, Kenya |
| | | | | Sutra 130 Vijaya 5115 |
| Silver Retreat Star | | Gulika 11:07AM – 12:37PM | Dhanishtha Until 9:03AM | Ganesha: Yellow <i>Sunrise:</i> 6:35AM |
| Kumbha Rasi: 4.53 | Tithi 16 | Yama 8:05AM – 9:36AM | Athiganda* Until 11:28PM | Muruqa: Red <i>Sunset:</i> 6:40PM |
| | 599288262 | Rahu 12:37PM – 2:08PM | Balava Until 3:05PM | Nataraja: Purple |
| Routine Work Prabalarishta Yoga | | | Prathama* Until 1:23AM Thu | Moon – Purple |
| Until 9:03AM | | | | Sravana*Avani |
| Then Creative Work - Siddha Yoga | | | | Sivaloka Day |

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds.
Shukla Yajur Veda



Thursday, August 22, 2013
Gold Retreat Star

Kumbha Rasi: 19.23 Tilthi 17
599388262
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sukarma Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 9:36AM – 11:06AM **Shatabhishak Until 7:04AM**
Yama 6:35AM – 8:05AM Sukarma Until 8:04PM
Rahu 2:08PM – 3:38PM Taitila Until 12:58PM
Dvitiya Until 12:03AM Fri

Nairobi, Kenya
Sutra 131
Vijaya 5115
Moon 8 - Phase 18
1st Phase
Subha Sivaloka Day
Ganesha: White *Sunrise: 6:35AM*
Muruqa: Red *Sunset: 6:39PM*
Nataraja: Purple
Moon – Purple
Srivana-Avani



Friday, August 23, 2013

Meena Rasi: 3.31 Tilthi 18
519388262
Creative Work Siddha Yoga
Until 4:34AM Sat
Then Routine Work - Prabalarishta Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trityayam Titau
Gulika 8:05AM – 9:36AM **Uttaraproshtapada Until 4:34AM Sat**
Yama 3:38PM – 5:09PM Dhriti Until 5:16PM
Rahu 11:06AM – 12:37PM Vanija Until 10:50AM
Tritiya Until 9:54PM

Nairobi, Kenya
Sun 1 Sutra 132
Vijaya 5115
Moon 8 - Phase 18
1st Phase
Subha Sivaloka Day
Ganesha: White *Sunrise: 6:34AM*
Muruqa: Red *Sunset: 6:39PM*
Nataraja: Purple
Moon – Clear
Srivana-Avani



Saturday, August 24, 2013

Meena Rasi: 17.12 Tilthi 19
519388262
Routine Work Prabalarishta Yoga
Until 5:38AM Sun
Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Revati Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 6:34AM – 8:05AM **Revati Until 5:38AM Sun**
Yama 2:07PM – 3:38PM Shula* Until 3:48PM
Rahu 9:35AM – 11:06AM Bava Until 9:46AM
Chaturthi* Until 9:46PM

Nairobi, Kenya
Sun 2 Sutra 133
Vijaya 5115
Moon 8 - Phase 18
1st Phase
Subha Sivaloka Day
Ganesha: White *Sunrise: 6:34AM*
Muruqa: Red *Sunset: 6:39PM*
Nataraja: Purple
Moon – Clear
Srivana-Avani



Sunday, August 25, 2013

Mesha Rasi: 0.26 Tilthi 20
529388262
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini Nakshatra Ganda*/Vridhdi Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 3:37PM – 5:08PM **Ashvini Until 6:10AM Mon**
Yama 12:36PM – 2:07PM Ganda* Until 2:18PM
Rahu 5:08PM – 6:39PM Kaulava Until 9:13AM
Panchami Until 9:13PM

Nairobi, Kenya
Sun 3 Sutra 134
Vijaya 5115
Moon 8 - Phase 18
1st Phase
Sivaloka Day
Ganesha: Yellow *Sunrise: 6:34AM*
Muruqa: Red *Sunset: 6:39PM*
Nataraja: Purple
Moon – White
Srivana-Avani



Monday, August 26, 2013

Mesha Rasi: 13.15 Tilthi 21
529388262
Family Home Evening
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini/Bharani Nakshatra Vridhdi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 2:07PM – 3:37PM **Ashvini Until 6:10AM**
Yama 11:05AM – 12:36PM Vridhdi Until 2:08PM
Rahu 8:04AM – 9:35AM Gara Until 9:51AM
Shashthi* Until 10:56PM

Nairobi, Kenya
Sun 4 Sutra 135
Vijaya 5115
Moon 8 - Phase 18
1st Phase
Sivaloka Day
Ganesha: Yellow *Sunrise: 6:33AM*
Muruqa: Red *Sunset: 6:38PM*
Nataraja: Purple
Moon – White
Srivana-Avani



Tuesday, August 27, 2013

Mesha Rasi: 25.42 Tilthi 22
529388262
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau
Gulika 12:36PM – 2:06PM **Bharani Until 7:56AM**
Yama 9:34AM – 11:05AM Dhruva Until 1:59PM
Rahu 3:37PM – 5:08PM Visti Until 10:59AM
Saptami Until 12:04AM Wed

Nairobi, Kenya
Sun 5 Sutra 136
Vijaya 5115
Moon 8 - Phase 18
1st Phase
Sivaloka Day
Ganesha: Yellow *Sunrise: 6:33AM*
Muruqa: Red *Sunset: 6:38PM*
Nataraja: Purple
Moon – White
Srivana-Avani



Wednesday, August 28, 2013
Retreat Star

Vrishabha Rasi: 7.52 Tilthi 23
521388263
Creative Work Amrita Yoga
Until 10:17AM
Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau
Gulika 11:05AM – 12:35PM **Krittika Until 10:17AM**
Yama 8:03AM – 9:34AM Vyaghata* Until 2:22PM
Rahu 12:35PM – 2:06PM Balava Until 12:44PM
Ashtami* Until 1:50AM Thu

Nairobi, Kenya
Sun 6 Sutra 137
Vijaya 5115
Moon 8 - Phase 18
Ashtami
Devaloka Day
Ganesha: Clear *Sunrise: 6:33AM*
Muruqa: Red *Sunset: 6:38PM*
Nataraja: Clear
Moon – White
Srivana-Avani

Thursday, August 29, 2013
Retreat Star

Vrishabha Rasi: 19.5 Tilthi 24
531388263
Routine Work Marana Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Navamyam Titau
Gulika 9:34AM – 11:04AM **Rohini Until 1:01PM**
Yama 6:33AM – 8:03AM Harshana Until 3:06PM
Rahu 2:06PM – 3:36PM Taitila Until 2:55PM
Navami* Until 4:00AM Fri

Nairobi, Kenya
Sun 7 Sutra 138
Vijaya 5115
Moon 8 - Phase 18
Navami
Sivaloka Day
Ganesha: Purple *Sunrise: 6:33AM*
Muruqa: Red *Sunset: 6:38PM*
Nataraja: Clear
Moon – Yellow
Srivana-Avani

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Friday, August 30, 2013

1

Mithuna Rasi: 1.41 Tithi 25
531388263
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau
Nairobi, Kenya
Sun 8 Sutra 139
Vijaya 5115
Ganesha: Purple Sunrise: 6:32AM
Muruqa: Red Sunset: 6:37PM
Moon 8 - Phase 19
Nataraja: Clear
Moon - Yellow
Sivaloka Day
Dashami Until 6:39AM Sat
Sravana-Avani

Saturday, August 31, 2013

2

Mithuna Rasi: 13.32 Tithi 25 - 26
531388263
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau
Nairobi, Kenya
Sun 9 Sutra 140
Vijaya 5115
Ganesha: Purple Sunrise: 6:32AM
Muruqa: Red Sunset: 6:37PM
Moon 8 - Phase 19
Nataraja: Clear
Moon - Yellow
Sivaloka Day
Dashami Until 6:39AM
Sravana-Avani

Sunday, September 1, 2013

3

Mithuna Rasi: 25.26 Tithi 26 - 27
541388263
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau
Nairobi, Kenya
Sun 10 Sutra 141
Vijaya 5115
Ganesha: Clear Sunrise: 6:32AM
Muruqa: Red Sunset: 6:37PM
Moon 8 - Phase 19
Nataraja: Clear
Moon - Blue
Devaloka Day
Ekadashi* Until 8:59AM
Sravana-Avani

Monday, September 2, 2013

4

Kataka Rasi: 7.27 Tithi 27 - 28
Family Home Evening
541388263
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Variyan Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau
Nairobi, Kenya
Sun 11 Sutra 142
Vijaya 5115
Ganesha: Clear Sunrise: 6:31AM
Muruqa: Red Sunset: 6:36PM
Moon 8 - Phase 19
Nataraja: Clear
Moon - Blue
Devaloka Day
Dvadashi* Until 11:05AM
Pradosha Vrata (Fasting)
Sravana-Avani

Tuesday, September 3, 2013

5

Kataka Rasi: 19.37 Tithi 28 - 29
541388263
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau
Nairobi, Kenya
Sun 12 Sutra 143
Vijaya 5115
Ganesha: Clear Sunrise: 6:31AM
Muruqa: Red Sunset: 6:36PM
Moon 8 - Phase 19
Nataraja: Clear
Moon - Blue
Devaloka Day
Trayodashi* Until 12:51PM
Sravana-Avani

Wednesday, September 4, 2013

Retreat Star

Simha Rasi: 1.56 Tithi 29 - 30
551388263
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau
Nairobi, Kenya
Sun 13 Sutra 144
Vijaya 5115
Ganesha: Orange Sunrise: 6:30AM
Muruqa: Red Sunset: 6:36PM
Moon 8 - Phase 19
Nataraja: Clear
Moon - Red
Devaloka Day
Chaturdashi* Until 1:33PM
Sravana-Avani

Thursday, September 5, 2013

Retreat Star

Simha Rasi: 14.29 Tithi 30 - 1
551388263
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Siddha/Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau
Nairobi, Kenya
Sun 14 Sutra 145
Vijaya 5115
Ganesha: Orange Sunrise: 6:30AM
Muruqa: Red Sunset: 6:36PM
Moon 8 - Phase 19
Nataraja: Clear
Moon - Red
Devaloka Day
Amavasya* Until 2:25PM
Bhadrapada-Avani

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

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| 1 | Friday, September 6, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | Nairobi, Kenya |
| | Simha Rasi: 27.13 | Tithi 1 – 2 | 562388263 | Gulika 8:00AM – 9:31AM Yama 3:34PM – 5:05PM Rahu 11:02AM – 12:33PM | Uttaraphalguni Until 5:35AM Sat Sadhya Until 5:04PM Balava Until 2:52AM Sat Prathama* Until 2:52PM | Ganesha: Orange <i>Sunrise: 6:30AM</i> Muruqa: Red <i>Sunset: 6:35PM</i> Nataraja: Clear Moon – Red | Sun 15 Sutra 146 Vijaya 5115 Moon 8 - Phase 20 3rd Phase |
| Creative Work Siddha Yoga Until 5:35AM Sat Then Routine Work - Marana Yoga | | | Devaloka Day Bhadrapada-Avani | | | | |


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| 2 | Saturday, September 7, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | | | Nairobi, Kenya |
| | Kanya Rasi: 10.11 | Tithi 2 – 3 | 562388263 | Gulika 6:29AM – 8:00AM Yama 2:03PM – 3:34PM Rahu 9:31AM – 11:01AM | Hasta Until 6:17AM Sun Subha Until 4:03PM Taitila Until 2:53AM Sun Dvitiya Until 2:53PM | Ganesha: Purple <i>Sunrise: 6:29AM</i> Muruqa: Red <i>Sunset: 6:35PM</i> Nataraja: Clear Moon – Green | Sun 16 Sutra 147 Vijaya 5115 Moon 8 - Phase 20 3rd Phase |
| Routine Work Marana Yoga Until 6:17AM Sun Then Creative Work - Siddha Yoga | | | Bhuloka Day Bhadrapada-Avani Devaloka Time: 3:PM to 6:PM | | | | |


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| 3 | Sunday, September 8, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | | | Nairobi, Kenya |
| | Kanya Rasi: 23.2 | Tithi 3 – 4 | 562388263 | Gulika 3:33PM – 5:04PM Yama 12:32PM – 2:03PM Rahu 5:04PM – 6:35PM | Chitra Until 6:37AM Mon Sukla Until 2:42PM Vanija Until 2:31AM Mon Tritiya Until 2:31PM | Ganesha: Purple <i>Sunrise: 6:29AM</i> Muruqa: Red <i>Sunset: 6:35PM</i> Nataraja: Clear Moon – Green | Sun 17 Sutra 148 Vijaya 5115 Moon 8 - Phase 20 3rd Phase |
| Creative Work Siddha Yoga Until 6:37AM Mon Then Creative Work - Amrita Yoga | | | Bhuloka Day Bhadrapada-Avani Devaloka Time: 3:PM to 6:PM | | | | |

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| 4 | Monday, September 9, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | | Nairobi, Kenya |
| | Tula Rasi: 6.41 | Tithi 4 – 5 | 562388263 | Gulika 2:02PM – 3:33PM Yama 11:01AM – 12:31PM Rahu 7:59AM – 9:30AM | Svati Until 4:50AM Tue Brahma Until 12:32PM Bava Until 12:15AM Tue Chaturthi* Until 1:10PM | Ganesha: Purple <i>Sunrise: 6:29AM</i> Muruqa: Red <i>Sunset: 6:34PM</i> Nataraja: Clear Moon – Green | Sun 18 Sutra 149 Vijaya 5115 Moon 8 - Phase 20 3rd Phase |
| Family Home Evening Creative Work Amrita Yoga Until 4:50AM Tue Then Routine Work - Marana Yoga | | | Bhuloka Day Bhadrapada-Avani Devaloka Time: 3:PM to 6:PM | | | | |

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| 5 | Tuesday, September 10, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | | Nairobi, Kenya |
| | Tula Rasi: 20.13 | Tithi 5 – 6 | 572388263 | Gulika 12:31PM – 2:02PM Yama 9:30AM – 11:00AM Rahu 3:33PM – 5:03PM | Vishakha Until 4:30AM Wed Indra Until 10:40AM Kaulava Until 11:13PM Panchami Until 12:09PM | Ganesha: Clear <i>Sunrise: 6:28AM</i> Muruqa: Red <i>Sunset: 6:34PM</i> Nataraja: Clear Moon – Orange | Sun 19 Sutra 150 Vijaya 5115 Moon 8 - Phase 20 3rd Phase |
| Routine Work Marana Yoga Until 4:30AM Wed Then Creative Work - Siddha Yoga | | | Devaloka Day Bhadrapada-Avani | | | | |

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| 6 | Wednesday, September 11, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | | Nairobi, Kenya |
| | Vrischika Rasi: 3.55 | Tithi 6 – 7 | 572388263 | Gulika 11:00AM – 12:31PM Yama 7:59AM – 9:29AM Rahu 12:31PM – 2:02PM | Anuradha Until 3:51AM Thu Vaidhriti* Until 8:31AM Gara Until 9:51PM Shashthi* Until 10:47AM | Ganesha: Clear <i>Sunrise: 6:28AM</i> Muruqa: Red <i>Sunset: 6:34PM</i> Nataraja: Clear Moon – Orange | Sun 20 Sutra 151 Vijaya 5115 Moon 8 - Phase 20 3rd Phase |
| Creative Work Siddha Yoga Until 3:51AM Thu Then Routine Work - Prabalarishta Yoga | | | Devaloka Day Bhadrapada-Avani | | | | |

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|  | Thursday, September 12, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | | Nairobi, Kenya |
| | Vrischika Rasi: 17.49 | Tithi 7 – 8 | 572388263 | Gulika 9:29AM – 11:00AM Yama 6:28AM – 7:58AM Rahu 2:01PM – 3:32PM | Jyeshtha* Until 2:54AM Fri Vishkambha* Until 6:04AM Visti Until 8:10PM Saptami Until 9:05AM | Ganesha: Clear <i>Sunrise: 6:28AM</i> Muruqa: Red <i>Sunset: 6:33PM</i> Nataraja: Clear Moon – Orange | Sun 21 Sutra 152 Vijaya 5115 Moon 8 - Phase 20 Ashtami |
| Retreat Star Routine Work Prabalarishta Yoga Until 2:54AM Fri Then Creative Work - Amrita Yoga | | | Devaloka Day Bhadrapada-Avani | | | | |

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|  | Friday, September 13, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau | | | | Nairobi, Kenya |
| | Dhanus Rasi: 1.53 | Tithi 8 – 9 | 582388263 | Gulika 7:58AM – 9:29AM Yama 3:32PM – 5:02PM Rahu 10:59AM – 12:30PM | Mula* Until 1:38AM Sat Ayushman Until 12:40AM Sat Kaulava Until 6:08PM Ashtami* Until 7:04AM | Ganesha: White <i>Sunrise: 6:27AM</i> Muruqa: Red <i>Sunset: 6:33PM</i> Nataraja: Clear Moon – Light Blue | Sun 22 Sutra 153 Vijaya 5115 Moon 8 - Phase 20 Navami |
| Creative Work Amrita Yoga Until 1:38AM Sat Then Creative Work - Siddha Yoga | | | Bhuloka Day Bhadrapada-Avani Devaloka Time: 3:PM to 6:PM | | | | |

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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| 1 | Saturday, September 14, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau | | | | Nairobi, Kenya |
| | Dhanus Rasi: 16.07 | Tithi 10 | 582388263 | Gulika 6:27AM – 7:58AM Yama 2:00PM – 3:31PM Rahu 9:28AM – 10:59AM | Purvashadha* Until 12:05AM Sun Saubhagya Until 9:40PM Taitila Until 3:49PM Dashami Until 2:53AM Sun | Ganesha: White <i>Sunrise: 6:27AM</i> Muruqa: Red <i>Sunset: 6:33PM</i> Nataraja: Clear Moon – Light Blue | Sun 23 Sutra 154 Vijaya 5115 Moon 8 - Phase 21 4th Phase |
| Creative Work Siddha Yoga Until 12:05AM Sun Then Creative Work - Amrita Yoga | | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | | | |


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| 2 | Sunday, September 15, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Vanija/Visli* Karana Ekadashyam Titau | | | | Nairobi, Kenya |
| | Makara Rasi: 0.29 | Tithi 11 | 582388263 | Gulika 3:31PM – 5:02PM Yama 12:29PM – 2:00PM Rahu 5:02PM – 6:32PM | Uttarashadha Until 10:20PM Sobhana Until 6:28PM Vanija Until 1:15PM Ekadashi Until 12:20AM Mon | Ganesha: White <i>Sunrise: 6:26AM</i> Muruqa: Red <i>Sunset: 6:32PM</i> Nataraja: Clear Moon – Light Blue | Sun 24 Sutra 155 Vijaya 5115 Moon 8 - Phase 21 4th Phase |
| Creative Work Amrita Yoga | | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | | | |

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| 3 | Monday, September 16, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Athiganda* Sukarma Yoga Bava/Balava Karana Dvadashyam Titau | | | | Nairobi, Kenya |
| | Makara Rasi: 14.55 | Tithi 12 | 592388263 | Gulika 2:00PM – 3:31PM Yama 10:58AM – 12:29PM Rahu 7:57AM – 9:28AM | Shravana Until 8:26PM Athiganda* Until 3:08PM Bava Until 10:33AM Dvadashi Until 9:37PM | Ganesha: Yellow <i>Sunrise: 6:26AM</i> Muruqa: Red <i>Sunset: 6:32PM</i> Nataraja: Clear Moon – Purple | Sun 25 Sutra 156 Vijaya 5115 Moon 8 - Phase 21 4th Phase |
| Creative Work Amrita Yoga Until 8:26PM Then Creative Work - Siddha Yoga | | | Devaloka Day | | | | |

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| 4 | Tuesday, September 17, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Nairobi, Kenya |
| | Makara Rasi: 29.22 | Tithi 13 | 592488263 | Gulika 12:29PM – 1:59PM Yama 9:27AM – 10:58AM Rahu 3:30PM – 5:01PM | Dhanishtha Until 6:32PM Sukarma Until 11:48AM Kaulava Until 7:50AM Trayodashi Until 6:55PM <i>Pradosha Vrata</i> | Ganesha: White <i>Sunrise: 6:26AM</i> Muruqa: Red <i>Sunset: 6:32PM</i> Nataraja: Clear Moon – Purple | Sun 26 Sutra 157 Vijaya 5115 Moon 8 - Phase 21 4th Phase |
| Creative Work Siddha Yoga Until 6:32PM Then Routine Work - Marana Yoga | | | Sivaloka Day Bhadrapada-Puratasi | | | | |

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| 5 | Wednesday, September 18, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau | | | | Nairobi, Kenya |
| | Kumbha Rasi: 13.42 | Tithi 14 – 15 | 592488263 | Gulika 10:58AM – 12:28PM Yama 7:56AM – 9:27AM Rahu 12:28PM – 1:59PM | Shatabhishak Until 4:48PM Dhriti Until 8:37AM Visli Until 3:28AM Thu Chaturdashi* Until 4:24PM | Ganesha: White <i>Sunrise: 6:25AM</i> Muruqa: Red <i>Sunset: 6:31PM</i> Nataraja: Clear Moon – Purple | Sun 27 Sutra 158 Vijaya 5115 Moon 8 - Phase 21 4th Phase |
| Creative Work Siddha Yoga Until 4:48PM Then Creative Work - Amrita Yoga | | | Sivaloka Day Bhadrapada-Puratasi | | | | |

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|  | Thursday, September 19, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprosarthapada*Uttaraprosarthapada Nakshatra Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Nairobi, Kenya |
| | Kumbha Rasi: 27.51 | Tithi 15 – 16 | 512488263 | Gulika 9:26AM – 10:57AM Yama 6:25AM – 7:56AM Rahu 1:59PM – 3:30PM | Purvaprosarthapada* Until 3:25PM Ganda* Until 3:06AM Fri Balava Until 1:19AM Fri Purnima* Until 2:14PM | Ganesha: White <i>Sunrise: 6:25AM</i> Muruqa: Red <i>Sunset: 6:31PM</i> Nataraja: Clear Moon – Clear | Sun 27 Sutra 159 Vijaya 5115 Moon 8 - Phase 21 Purnima |
| Creative Work Siddha Yoga | | | Sivaloka Day Bhadrapada-Puratasi | | | | |

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|  | Friday, September 20, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau | | | | Nairobi, Kenya |
| | Meena Rasi: 11.43 | Tithi 16 – 17 | 512488263 | Gulika 7:55AM – 9:26AM Yama 3:29PM – 5:00PM Rahu 10:57AM – 12:28PM | Uttaraprosarthapada Until 2:30PM Vriddhi Until 2:01AM Sat Taitila Until 11:40PM Prathama* Until 12:36PM | Ganesha: White <i>Sunrise: 6:24AM</i> Muruqa: Red <i>Sunset: 6:31PM</i> Nataraja: Clear Moon – Clear | Sun 27 Sutra 160 Vijaya 5115 Moon 8 - Phase 21 Prathama |
| Creative Work Siddha Yoga | | | Sivaloka Day Bhadrapada-Puratasi | | | | |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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Saturday, September 21, 2013
Gold Retreat Star

Meena Rasi: 25.14 Tithi 17 – 18
513488263
Routine Work Prabalarishta Yoga
Until 2:49PM
Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Nairobi, Kenya
Revati/Ashvini Nakshatra Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau Sun 1 Sutra 161
Vijaya 5115
Gulika 6:24AM – 7:55AM **Revati Until 2:49PM** **Ganesha:** Yellow *Sunrise:* 6:24AM
Yama 1:58PM – 3:29PM Dhruva Until 12:02AM Sun **Muruqa:** Red *Sunset:* 6:30PM Moon 9 - Phase 22
Rahu 9:26AM – 10:56AM Vanija Until 12:04AM Sun **Nataraja:** Clear **Devaloka Day**
Moon – Clear **Bhadrapada-Puratasi** 1st Phase

1 Sunday, September 22, 2013

Mesha Rasi: 8.22 Tithi 18 – 19
523488263
Creative Work Siddha Yoga
Until 3:10PM
Then Routine Work - Prabalarishta Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Nairobi, Kenya
Ashvini/Bharani Nakshatra Vyaghata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau Sun 2 Sutra 162
Vijaya 5115
Gulika 3:29PM – 4:59PM **Ashvini Until 3:10PM** **Ganesha:** White *Sunrise:* 6:24AM
Yama 12:27PM – 1:58PM Vyaghata* Until 10:41PM **Muruqa:** Red *Sunset:* 6:30PM Moon 9 - Phase 22
Rahu 4:59PM – 6:30PM Bava Until 11:44PM **Nataraja:** Clear 1st Phase
Moon – White **Bhuloka Day**
Bhadrapada-Puratasi **Devaloka Time: 3:PM to 6:PM**

2 Monday, September 23, 2013

Mesha Rasi: 21.08 Tithi 19 – 20
523488263
Family Home Evening
Creative Work Siddha Yoga
Until 5:03PM
Then Routine Work - Marana Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Nairobi, Kenya
Bharani/Krittika Nakshatra Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau Sun 3 Sutra 163
Vijaya 5115
Gulika 1:57PM – 3:28PM **Bharani Until 5:03PM** **Ganesha:** White *Sunrise:* 6:23AM
Yama 10:56AM – 12:27PM Harshana Until 11:11PM **Muruqa:** Red *Sunset:* 6:30PM Moon 9 - Phase 22
Rahu 7:54AM – 9:25AM Kaulava Until 1:48AM Tue **Nataraja:** Clear 1st Phase
Moon – White **Bhuloka Day**
Bhadrapada-Puratasi **Devaloka Time: 3:PM to 6:PM**

3 Tuesday, September 24, 2013

Mrishabha Rasi: 3.35 Tithi 20 – 21
523488263
Creative Work Siddha Yoga
Until 6:50PM
Then Creative Work - Amrita Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Nairobi, Kenya
Krittika Nakshatra Vajra* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau Sun 4 Sutra 164
Vijaya 5115
Gulika 12:26PM – 1:57PM **Krittika Until 6:50PM** **Ganesha:** White *Sunrise:* 6:23AM
Yama 9:25AM – 10:55AM Vajra* Until 11:01PM **Muruqa:** Red *Sunset:* 6:29PM Moon 9 - Phase 22
Rahu 3:28PM – 4:59PM Gara Until 2:58AM Wed **Nataraja:** Clear 1st Phase
Moon – White **Bhuloka Day**
Bhadrapada-Puratasi **Devaloka Time: 3:PM to 6:PM**

4 Wednesday, September 25, 2013

Mrishabha Rasi: 15.46 Tithi 21 – 22
533488263
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Nairobi, Kenya
Rohini Nakshatra Siddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau Sun 5 Sutra 165
Vijaya 5115
Gulika 10:55AM – 12:26PM **Rohini Until 9:08PM** **Ganesha:** Clear *Sunrise:* 6:23AM
Yama 7:53AM – 9:24AM Siddhi Until 11:20PM **Muruqa:** Red *Sunset:* 6:29PM Moon 9 - Phase 22
Rahu 12:26PM – 1:57PM Visti Until 4:42AM Thu **Nataraja:** Clear 1st Phase
Moon – Yellow **Devaloka Day**
Bhadrapada-Puratasi

5 Thursday, September 26, 2013

Mrishabha Rasi: 27.46 Tithi 22 – 23
533488263
Routine Work Marana Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Nairobi, Kenya
Mrigashira Nakshatra Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau Sun 6 Sutra 166
Vijaya 5115
Gulika 9:24AM – 10:55AM **Mrigashira Until 11:48PM** **Ganesha:** Clear *Sunrise:* 6:22AM
Yama 6:22AM – 7:53AM Vyatipata* Until 12:00PM **Muruqa:** Red *Sunset:* 6:29PM Moon 9 - Phase 22
Rahu 1:56PM – 3:27PM Balava Until 6:51AM Fri **Nataraja:** Clear 1st Phase
Moon – Yellow **Devaloka Day**
Bhadrapada-Puratasi

Friday, September 27, 2013
Retreat Star

Mithuna Rasi: 9.4 Tithi 23
633488263
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Nairobi, Kenya
Ardra Nakshatra Variyan Yoga Balava/Kaulava Karana Ashtamyam Titau Sun 7 Sutra 167
Vijaya 5115
Gulika 7:53AM – 9:23AM **Ardra Until 2:40AM Sat** **Ganesha:** White *Sunrise:* 6:22AM
Yama 3:27PM – 4:58PM Variyan Until 12:50AM Sat **Muruqa:** Red *Sunset:* 6:29PM Moon 9 - Phase 22
Rahu 10:54AM – 12:25PM Balava Until 7:01AM **Nataraja:** Clear Ashtami
Moon – Yellow **Bhuloka Day**
Bhadrapada-Puratasi **Devaloka Time: 3:PM to 6:PM**

Saturday, September 28, 2013
Retreat Star

Mithuna Rasi: 21.32 Tithi 24
643488263
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Nairobi, Kenya
Punarvasu Nakshatra Parigha* Yoga Taitila/Gara Karana Navamyam Titau Sun 8 Sutra 168
Vijaya 5115
Gulika 6:21AM – 7:52AM **Punarvasu Until 5:35AM Sun** **Ganesha:** Clear *Sunrise:* 6:21AM
Yama 1:56PM – 3:27PM Parigha* Until 1:42AM Sun **Muruqa:** Red *Sunset:* 6:28PM Moon 9 - Phase 22
Rahu 9:23AM – 10:54AM Taitila Until 9:26AM **Nataraja:** Clear Navami
Moon – Blue **Devaloka Day**
Bhadrapada-Puratasi

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

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| 1 | Sunday, September 29, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam | | | | Nairobi, Kenya |
| | Kataka Rasi: 3.28 Tithi 25 | | Pushya Nakshatra Shiva Yoga Vanija/Visti* Karana Dashamyam Titau | | | | Sun 9 Sutra 169 |
| | | 643488263 | Gulika 3:26PM – 4:57PM | Pushya Until 8:17AM Mon | Ganesha: Clear <i>Sunrise:</i> 6:21AM | Vijaya 5115 | |
| | | | Yama 12:24PM – 1:55PM | Shiva Until 2:29AM Mon | Muruqa: Red <i>Sunset:</i> 6:28PM | Moon 9 - Phase 23 | |
| | | | Rahu 4:57PM – 6:28PM | Vanija Until 11:43AM | Nataraja: Clear | 2nd Phase | |
| | | | | Dashami Until 12:49AM Mon | Bhadrapada-Puratasi | Devaloka Day | |
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| 2 | Monday, September 30, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam | | | | Nairobi, Kenya |
| | Kataka Rasi: 15.31 Tithi 26 | | Pushya/Ashlesha* Nakshatra Siddha Yoga Bava/Balava Karana Ekadashyam Titau | | | | Sun 10 Sutra 170 |
| | | 643488263 | Gulika 1:55PM – 3:26PM | Pushya Until 8:17AM | Ganesha: Clear <i>Sunrise:</i> 6:21AM | Vijaya 5115 | |
| | | | Yama 10:53AM – 12:24PM | Siddha Until 3:02AM Tue | Muruqa: Red <i>Sunset:</i> 6:28PM | Moon 9 - Phase 23 | |
| | | | Rahu 7:52AM – 9:22AM | Bava Until 1:45PM | Nataraja: Clear | 2nd Phase | |
| | | | | Ekadashi* Until 2:51AM Tue | Bhadrapada-Puratasi | Devaloka Day | |
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|----------|----------------------------------|-----------|--|-----------------------------------|--|---------------------|-----------------------|
| 3 | Tuesday, October 1, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam | | | | Nairobi, Kenya |
| | Kataka Rasi: 27.45 Tithi 27 | | Ashlesha*/Magha* Nakshatra Sadhya Yoga Kaulava/Tailila Karana Dvadashyam Titau | | | | Sun 11 Sutra 171 |
| | | 643488263 | Gulika 12:24PM – 1:55PM | Ashlesha* Until 10:29AM | Ganesha: Clear <i>Sunrise:</i> 6:20AM | Vijaya 5115 | |
| | | | Yama 9:22AM – 10:53AM | Sadhya Until 3:16AM Wed | Muruqa: Red <i>Sunset:</i> 6:27PM | Moon 9 - Phase 23 | |
| | | | Rahu 3:26PM – 4:56PM | Kaulava Until 3:24PM | Nataraja: Clear | 2nd Phase | |
| | | | | Dvadashi* Until 4:29AM Wed | Bhadrapada-Puratasi | Devaloka Day | |
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|----------|-----------------------------------|-----------|--|-------------------------------------|---|-----------------------------|-----------------------|
| 4 | Wednesday, October 2, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam | | | | Nairobi, Kenya |
| | Kataka Rasi: 10.13 Tithi 28 | | Magha*/Purvaphalguni Nakshatra Subha Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Sun 12 Sutra 172 |
| | | 653488263 | Gulika 10:53AM – 12:24PM | Magha* Until 11:46AM | Ganesha: Purple <i>Sunrise:</i> 6:20AM | Vijaya 5115 | |
| | | | Yama 7:51AM – 9:22AM | Subha Until 1:33AM Thu | Muruqa: Red <i>Sunset:</i> 6:27PM | Moon 9 - Phase 23 | |
| | | | Rahu 12:24PM – 1:54PM | Gara Until 3:40PM | Nataraja: Clear | 2nd Phase | |
| | | | | Trayodashi* Until 3:40AM Thu | Bhadrapada-Puratasi | Bhuloka Day | |
| | | | | <i>Pradosha Vrata (Fasting)</i> | | Devaloka Time: 3:PM to 6:PM | |
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|----------|----------------------------------|-----------|---|--------------------------------------|---|-----------------------------|-----------------------|
| 5 | Thursday, October 3, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam | | | | Nairobi, Kenya |
| | Kataka Rasi: 22.56 Tithi 29 | | Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Sun 13 Sutra 173 |
| | | 653488263 | Gulika 9:21AM – 10:52AM | Purvaphalguni Until 12:53PM | Ganesha: Purple <i>Sunrise:</i> 6:20AM | Vijaya 5115 | |
| | | | Yama 6:20AM – 7:51AM | Sukla Until 12:55AM Fri | Muruqa: Red <i>Sunset:</i> 6:27PM | Moon 9 - Phase 23 | |
| | | | Rahu 1:54PM – 3:25PM | Visti Until 4:11PM | Nataraja: Clear | 2nd Phase | |
| | | | | Chaturdashi* Until 4:11AM Fri | Bhadrapada-Puratasi | Bhuloka Day | |
| | | | | | | Devaloka Time: 3:PM to 6:PM | |
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|  | Friday, October 4, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam | | | | Nairobi, Kenya |
| | Retreat Star | | Uttaraphalguni/Hasta Nakshatra Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Sun 14 Sutra 174 |
| | | 653488263 | Gulika 7:50AM – 9:21AM | Uttaraphalguni Until 1:30PM | Ganesha: Purple <i>Sunrise:</i> 6:19AM | Vijaya 5115 | |
| | | | Yama 3:25PM – 4:56PM | Brahma Until 11:48PM | Muruqa: Red <i>Sunset:</i> 6:27PM | Moon 9 - Phase 23 | |
| | | | Rahu 10:52AM – 12:23PM | Catuspada Until 4:09PM | Nataraja: Clear | Amavasya | |
| | | | | Amavasya* Until 4:09AM Sat | Bhadrapada-Puratasi | Bhuloka Day | |
| | | | | | | Devaloka Time: 3:PM to 6:PM | |
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| Retreat Star | Saturday, October 5, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam | | | | Nairobi, Kenya |
| | Kataka Rasi: 19.14 Tithi 1 | | Hasta/Chitra Nakshatra Indra Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Sun 15 Sutra 175 |
| | | 664488263 | Gulika 6:19AM – 7:50AM | Hasta Until 1:02PM | Ganesha: Purple <i>Sunrise:</i> 6:19AM | Vijaya 5115 | |
| | | | Yama 1:53PM – 3:24PM | Indra Until 9:06PM | Muruqa: Red <i>Sunset:</i> 6:26PM | Moon 9 - Phase 23 | |
| | | | Rahu 9:21AM – 10:52AM | Kintughna Until 2:48PM | Nataraja: Clear | Prathama | |
| | | | | Prathama* Until 1:53AM Sun | Ashvina-Puratasi | Bhuloka Day | |
| | | | Navaratri Begins | | | Devaloka Time: 3:PM to 6:PM | |
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The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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| 1 | Sunday, October 6, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau | Nairobi, Kenya |
| | Tula Rasi: 2.47 Tithi 2 664488263 | Gulika 3:24PM – 4:55PM Yama 12:22PM – 1:53PM Rahu 4:55PM – 6:26PM | Sun 16 Sutra 176 Vijaya 5115 Moon 9 - Phase 24 3rd Phase |
| Creative Work Siddha Yoga | | Chitra Until 12:39PM Vaidhriti* Until 7:10PM Balava Until 1:45PM Dvitiya Until 12:50AM Mon | Ganesha: Purple <i>Sunrise:</i> 6:19AM Muruqa: Red <i>Sunset:</i> 6:26PM Nataraja: Clear Moon – Green Ashvina+Puratasi |
| | | | Bhuloka Day Devaloka Time: 3:PM to 6:PM |


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| 2 | Monday, October 7, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Tritiyayam Titau | Nairobi, Kenya |
| | Tula Rasi: 16.34 Tithi 3 664488263 | Gulika 1:53PM – 3:24PM Yama 10:51AM – 12:22PM Rahu 7:49AM – 9:20AM | Sun 17 Sutra 177 Vijaya 5115 Moon 9 - Phase 24 3rd Phase |
| Family Home Evening Creative Work Amrita Yoga Until 11:53AM Then Routine Work - Marana Yoga | | Svati Until 11:53AM Vishkambha* Until 4:53PM Tailila Until 12:17PM Tritiya Until 11:22PM | Ganesha: Purple <i>Sunrise:</i> 6:18AM Muruqa: Red <i>Sunset:</i> 6:26PM Nataraja: Clear Moon – Green Ashvina+Puratasi |
| | | | Bhuloka Day Devaloka Time: 3:PM to 6:PM |


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| 3 | Tuesday, October 8, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthayam Titau | Nairobi, Kenya |
| | Vrischika Rasi: 0.31 Tithi 4 674488264 | Gulika 12:22PM – 1:53PM Yama 9:20AM – 10:51AM Rahu 3:24PM – 4:55PM | Sun 18 Sutra 178 Vijaya 5115 Moon 9 - Phase 24 3rd Phase |
| Routine Work Marana Yoga Until 10:49AM Then Creative Work - Siddha Yoga | | Vishakha Until 10:49AM Priti Until 2:18PM Vanija Until 10:30AM Chaturthi* Until 9:35PM | Ganesha: Light Blue <i>Sunrise:</i> 6:18AM Muruqa: Red <i>Sunset:</i> 6:25PM Nataraja: White Moon – Orange Ashvina+Puratasi |
| | | | Devaloka Day |

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| 4 | Wednesday, October 9, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau | Nairobi, Kenya |
| | Vrischika Rasi: 15 Tithi 5 674488264 | Gulika 10:50AM – 12:21PM Yama 7:49AM – 9:20AM Rahu 12:21PM – 1:52PM | Sun 19 Sutra 179 Vijaya 5115 Moon 9 - Phase 24 3rd Phase |
| Creative Work Siddha Yoga | | Anuradha Until 9:33AM Ayushman Until 11:32AM Bava Until 8:29AM Panchami Until 7:34PM | Ganesha: Light Blue <i>Sunrise:</i> 6:18AM Muruqa: Red <i>Sunset:</i> 6:25PM Nataraja: White Moon – Orange Ashvina+Puratasi |
| | | | Devaloka Day |

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| 5 | Thursday, October 10, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau | Nairobi, Kenya |
| | Vrischika Rasi: 28.45 Tithi 6 – 7 674488264 | Gulika 9:19AM – 10:50AM Yama 6:17AM – 7:48AM Rahu 1:52PM – 3:23PM | Sun 20 Sutra 180 Vijaya 5115 Moon 9 - Phase 24 3rd Phase |
| Routine Work Prabalarishta Yoga Until 8:09AM Then Creative Work - Siddha Yoga | | Jyeshtha* Until 8:09AM Saubhagya Until 8:39AM Kaulava Until 6:21AM Shashthi* Until 5:25PM | Ganesha: Light Blue <i>Sunrise:</i> 6:17AM Muruqa: Red <i>Sunset:</i> 6:25PM Nataraja: White Moon – Orange Ashvina+Puratasi |
| | | | Devaloka Day |

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| 6 | Friday, October 11, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Saptami/Ashamyam Titau | Nairobi, Kenya |
| | Dhanus Rasi: 12.56 Tithi 7 – 8 684488264 | Gulika 7:48AM – 9:19AM Yama 3:23PM – 4:54PM Rahu 10:50AM – 12:21PM | Sun 21 Sutra 181 Vijaya 5115 Moon 9 - Phase 24 3rd Phase |
| Creative Work Amrita Yoga Until 6:42AM Then Routine Work - Prabalarishta Yoga | | Mula* Until 6:42AM Athiganda* Until 3:02AM Sat Visti Until 2:18AM Sat Saptami Until 3:13PM | Ganesha: Orange <i>Sunrise:</i> 6:17AM Muruqa: Red <i>Sunset:</i> 6:25PM Nataraja: White Moon – Light Blue Ashvina+Puratasi |
| | | | Sivaloka Day |


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|  | Saturday, October 12, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau | Nairobi, Kenya |
| | Dhanus Rasi: 27.07 Tithi 8 – 9 684588264 | Gulika 6:17AM – 7:48AM Yama 1:52PM – 3:23PM Rahu 9:19AM – 10:50AM | Sun 22 Sutra 182 Vijaya 5115 Moon 9 - Phase 24 Ashtami |
| Routine Work Marana Yoga Until 4:06AM Sun Then Creative Work - Amrita Yoga | | Uttarashadha Until 4:06AM Sun Sukarma Until 12:06AM Sun Balava Until 12:06AM Sun Ashtami* Until 1:01PM | Ganesha: Clear <i>Sunrise:</i> 6:17AM Muruqa: Red <i>Sunset:</i> 6:25PM Nataraja: White Moon – Light Blue Ashvina+Puratasi |
| | | | Sivaloka Day |

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|  | Sunday, October 13, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhriti Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau | Nairobi, Kenya |
| | Makara Rasi: 11.16 Tithi 9 – 10 694588264 | Gulika 3:22PM – 4:53PM Yama 12:20PM – 1:51PM Rahu 4:53PM – 6:24PM | Sun 23 Sutra 183 Vijaya 5115 Moon 9 - Phase 24 Navami |
| Creative Work Amrita Yoga Until 2:42AM Mon Then Creative Work - Siddha Yoga | | Shravana Until 2:42AM Mon Dhriti Until 9:13PM Tailila Until 9:57PM Navami* Until 10:53AM | Ganesha: White <i>Sunrise:</i> 6:16AM Muruqa: Red <i>Sunset:</i> 6:24PM Nataraja: White Moon – Purple Ashvina+Puratasi |
| | | | Devaloka Day |

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

All times are standard time

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| 1 | Monday, October 14, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | Nairobi, Kenya Sun 24 Sutra 184 Vijaya 5115 |
| Makara Rasi: 25.21 | Tithi 10 - 11 | Gulika 1:51PM - 3:22PM Yama 10:49AM - 12:20PM Rahu 7:47AM - 9:18AM | Dhanishtha Until 1:24AM Tue Shula* Until 6:25PM Vanija Until 7:55PM Dashami Until 8:51AM |
| Family Home Evening | 694588264 | Vijaya Dasami | Ganesha: White <i>Sunrise:</i> 6:16AM Muruqa: Red <i>Sunset:</i> 6:24PM Nataraja: White Moon - Purple Ashvina+Puratasi |
| Creative Work Siddha Yoga | | | Devaloka Day |
| Until 1:24AM Tue | | | |
| Then Routine Work - Marana Yoga | | | |
| 2 | Tuesday, October 15, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Ganda*Vridhhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | Nairobi, Kenya Sun 25 Sutra 185 Vijaya 5115 |
| Kumbha Rasi: 9.21 | Tithi 11 - 12 | Gulika 12:20PM - 1:51PM Yama 9:18AM - 10:49AM Rahu 3:22PM - 4:53PM | Shatabhishak Until 12:16AM Wed Ganda* Until 3:46PM Bava Until 6:04PM Ekadashi Until 6:59AM |
| Routine Work Marana Yoga | 694588264 | Kadaitswami Mahasamadhi | Ganesha: White <i>Sunrise:</i> 6:16AM Muruqa: Red <i>Sunset:</i> 6:24PM Nataraja: White Moon - Purple Ashvina+Puratasi |
| Until 12:16AM Wed | | | Devaloka Day |
| Then Creative Work - Amrita Yoga | | | |
| 3 | Wednesday, October 16, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau | Nairobi, Kenya Sun 26 Sutra 186 Vijaya 5115 |
| Kumbha Rasi: 23.13 | Tithi 13 | Gulika 10:49AM - 12:20PM Yama 7:47AM - 9:18AM Rahu 12:20PM - 1:51PM | Purvaproshtapada* Until 11:21PM Vridhhi Until 1:20PM Kaulava Until 4:27PM Trayodashi Until 3:32AM Thu <i>Pradosha Vrata</i> |
| Creative Work Amrita Yoga | 614588264 | | Ganesha: Blue <i>Sunrise:</i> 6:16AM Muruqa: Red <i>Sunset:</i> 6:24PM Nataraja: White Moon - Clear Ashvina+Puratasi |
| Until 11:21PM | | | Devaloka Day |
| Then Creative Work - Siddha Yoga | | | |
| 4 | Thursday, October 17, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Chaturdashyam Titau | Nairobi, Kenya Sun 27 Sutra 187 Vijaya 5115 |
| Meena Rasi: 6.53 | Tithi 14 | Gulika 9:17AM - 10:48AM Yama 6:15AM - 7:46AM Rahu 1:51PM - 3:22PM | Uttaraproshtapada Until 12:03AM Fri Dhruva Until 11:34AM Gara Until 3:57PM Chaturdashi* Until 3:57AM Fri |
| Creative Work Siddha Yoga | 615588264 | | Ganesha: Blue <i>Sunrise:</i> 6:15AM Muruqa: Red <i>Sunset:</i> 6:24PM Nataraja: White Moon - Clear Ashvina+Aipasi |
| Until 11:49PM | | | Devaloka Day |
| Then Creative Work - Amrita Yoga | | | |
|  | Friday, October 18, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Purnimayam Titau | Nairobi, Kenya Sutra 188 Vijaya 5115 |
| Meena Rasi: 20.21 | Tithi 15 | Gulika 7:46AM - 9:17AM Yama 3:21PM - 4:52PM Rahu 10:48AM - 12:19PM | Revati Until 11:49PM Vyaghata* Until 9:39AM Visti Until 3:01PM Purnima* Until 3:01AM Sat |
| Creative Work Siddha Yoga | 615588264 | Penumbral Lunar Eclipse | Ganesha: Blue <i>Sunrise:</i> 6:15AM Muruqa: Red <i>Sunset:</i> 6:23PM Nataraja: White Moon - Clear Ashvina+Aipasi |
| Until 11:49PM | | | Devaloka Day |
| Then Creative Work - Amrita Yoga | | | |
| Saturday, October 19, 2013 | Silver Retreat Star | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau | Nairobi, Kenya Sutra 189 Vijaya 5115 |
| Mesha Rasi: 3.32 | Tithi 16 | Gulika 6:15AM - 7:46AM Yama 1:50PM - 3:21PM Rahu 9:17AM - 10:48AM | Ashvini Until 12:05AM Sun Harshana Until 8:11AM Balava Until 2:37PM Prathama* Until 2:37AM Sun |
| Creative Work Siddha Yoga | 625588264 | | Ganesha: Red <i>Sunrise:</i> 6:15AM Muruqa: Red <i>Sunset:</i> 6:23PM Nataraja: White Moon - White Ashvina+Aipasi |
| Until 12:05AM Sun | | | Sivaloka Day |
| Then Routine Work - Prabalarishta Yoga | | | |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk.
Shukla Yajur Veda

All times are standard time

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Sunday, October 20, 2013
Gold Retreat Star

Mesha Rasi: 16.27 Tithi 17
625588264
Routine Work Prabalarishta Yoga
Until 12:52AM Mon
Then Routine Work - Marana Yoga

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| Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bharani Nakshatra Vajra*/Siddhi Yoga Tailila/Gara Karana Dvitiyayam Titau | Nairobi, Kenya Sutra 190 Vijaya 5115 |
| Gulika 3:21PM – 4:52PM Bharani Until 12:52AM Mon | Ganesha: Red <i>Sunrise:</i> 6:15AM |
| Yama 12:19PM – 1:50PM Vajra* Until 7:13AM | Muruqa: Red <i>Sunset:</i> 6:23PM Moon 10 - Phase 26 |
| Rahu 4:52PM – 6:23PM Taitila Until 2:47PM | Nataraja: White |
| | Ashvina•Aipasi Sivaloka Day Moon – White |
| | Dvitiya Until 2:47AM Mon |



Monday, October 21, 2013

Mesha Rasi: 29.05 Tithi 18
625588264
Family Home Evening
Routine Work Marana Yoga
Until 3:50AM Tue
Then Creative Work - Amrita Yoga

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| Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Kritika Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Trityayam Titau | Nairobi, Kenya Sun 1 Sutra 191 Vijaya 5115 |
| Gulika 1:50PM – 3:21PM Krittika Until 3:50AM Tue | Ganesha: Red <i>Sunrise:</i> 6:15AM |
| Yama 10:48AM – 12:19PM Siddhi Until 6:46AM | Muruqa: Red <i>Sunset:</i> 6:23PM Moon 10 - Phase 26 |
| Rahu 7:46AM – 9:17AM Vanija Until 4:23PM | Nataraja: White |
| | Ashvina•Aipasi Sivaloka Day Moon – White |
| | Tritya Until 5:28AM Tue |



Tuesday, October 22, 2013

Wrishabha Rasi: 11.28 Tithi 19
635598264
Creative Work Amrita Yoga
Until 5:45AM Wed
Then Creative Work - Siddha Yoga

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| Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau | Nairobi, Kenya Sun 2 Sutra 192 Vijaya 5115 |
| Gulika 12:19PM – 1:50PM Rohini Until 5:45AM Wed | Ganesha: Green <i>Sunrise:</i> 6:14AM |
| Yama 9:16AM – 10:48AM Vyatipata* Until 6:42AM | Muruqa: Yellow <i>Sunset:</i> 6:23PM Moon 10 - Phase 26 |
| Rahu 3:21PM – 4:52PM Bava Until 5:44PM | Nataraja: White |
| | Ashvina•Aipasi Devaloka Day Moon – Yellow |
| | Chaturthi* Until 6:28AM Wed |



Wednesday, October 23, 2013

Wrishabha Rasi: 23.37 Tithi 19 – 20
635598264
Creative Work Siddha Yoga
Until 8:06AM Thu
Then Routine Work - Marana Yoga

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| Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau | Nairobi, Kenya Sun 3 Sutra 193 Vijaya 5115 |
| Gulika 10:47AM – 12:18PM Mrigashira Until 8:06AM Thu | Ganesha: Green <i>Sunrise:</i> 6:14AM |
| Yama 7:45AM – 9:16AM Variyan Until 7:02AM | Muruqa: Yellow <i>Sunset:</i> 6:23PM Moon 10 - Phase 26 |
| Rahu 12:18PM – 1:50PM Kaulava Until 7:33PM | Nataraja: White |
| | Ashvina•Aipasi Devaloka Day Moon – Yellow |
| | Chaturthi* Until 6:28AM |



Thursday, October 24, 2013

Mithuna Rasi: 5.37 Tithi 20 – 21
635598264
Routine Work Marana Yoga

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| Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Panchami/Shashtyam Titau | Nairobi, Kenya Sun 4 Sutra 194 Vijaya 5115 |
| Gulika 9:16AM – 10:47AM Mrigashira Until 8:06AM | Ganesha: Green <i>Sunrise:</i> 6:14AM |
| Yama 6:14AM – 7:45AM Parigha* Until 7:39AM | Muruqa: Yellow <i>Sunset:</i> 6:23PM Moon 10 - Phase 26 |
| Rahu 1:49PM – 3:20PM Gara Until 9:43PM | Nataraja: White |
| | Ashvina•Aipasi Devaloka Day Moon – Yellow |
| | Panchami Until 8:38AM |



Friday, October 25, 2013

Mithuna Rasi: 17.31 Tithi 21 – 22
635598264
Creative Work Siddha Yoga

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| Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau | Nairobi, Kenya Sun 5 Sutra 195 Vijaya 5115 |
| Gulika 7:45AM – 9:16AM Ardra Until 10:57AM | Ganesha: Green <i>Sunrise:</i> 6:14AM |
| Yama 3:20PM – 4:51PM Shiva Until 8:27AM | Muruqa: Yellow <i>Sunset:</i> 6:23PM Moon 10 - Phase 26 |
| Rahu 10:47AM – 12:18PM Visti Until 12:06AM Sat | Nataraja: White |
| | Ashvina•Aipasi Devaloka Day Moon – Yellow |
| | Shashthi* Until 11:01AM |



Saturday, October 26, 2013
Retreat Star

Mithuna Rasi: 29.24 Tithi 22 – 23
645598264
Creative Work Siddha Yoga

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|--|---|
| Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau | Nairobi, Kenya Sun 6 Sutra 196 Vijaya 5115 |
| Gulika 6:14AM – 7:45AM Punarvasu Until 1:52PM | Ganesha: Orange <i>Sunrise:</i> 6:14AM |
| Yama 1:49PM – 3:20PM Siddha Until 9:17AM | Muruqa: Yellow <i>Sunset:</i> 6:22PM Moon 10 - Phase 26 |
| Rahu 9:16AM – 10:47AM Balava Until 2:32AM Sun | Nataraja: White |
| | Ashvina•Aipasi Sivaloka Day Moon – Blue |
| | Saptami Until 1:27PM |

Sunday, October 27, 2013
Retreat Star

Kataka Rasi: 11.2 Tithi 23 – 24
646598264
Creative Work Siddha Yoga

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| Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau | Nairobi, Kenya Sun 7 Sutra 197 Vijaya 5115 |
| Gulika 3:20PM – 4:51PM Pushya Until 4:41PM | Ganesha: Clear <i>Sunrise:</i> 6:14AM |
| Yama 12:18PM – 1:49PM Sadhya Until 10:03AM | Muruqa: Yellow <i>Sunset:</i> 6:22PM Moon 10 - Phase 26 |
| Rahu 4:51PM – 6:22PM Taitila Until 4:53AM Mon | Nataraja: White |
| | Ashvina•Aipasi Sivaloka Day Moon – Blue |
| | Ashtami* Until 3:48PM |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

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|---|---|--|--|
| 1 | Monday, October 28, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau | Nairobi, Kenya Sun 8 Sutra 198 Vijaya 5115 |
| | Kataka Rasi: 23.22 Tithi 24 – 25 Family Home Evening 646598264 Creative Work Siddha Yoga Until 7:17PM Then Routine Work - Marana Yoga | Gulika 1:49PM – 3:20PM Yama 10:47AM – 12:18PM Rahu 7:45AM – 9:16AM | Ashlesha* Until 7:17PM Subha Until 10:36AM Vanija Until 6:59AM Tue Navami* Until 5:53PM |
| 2 | Tuesday, October 29, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Vanija/Vishti* Karana Dashamyam Titau | Nairobi, Kenya Sun 9 Sutra 199 Vijaya 5115 |
| | Simha Rasi: 5.35 Tithi 25 656598264 Creative Work Siddha Yoga | Gulika 12:18PM – 1:49PM Yama 9:16AM – 10:47AM Rahu 3:20PM – 4:51PM | Magha* Until 9:30PM Sukla Until 10:49AM Vanija Until 6:30AM Dashami Until 7:35PM |
| 3 | Wednesday, October 30, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau | Nairobi, Kenya Sun 10 Sutra 200 Vijaya 5115 |
| | Simha Rasi: 18.04 Tithi 26 656598264 Creative Work Amrita Yoga | Gulika 10:47AM – 12:18PM Yama 7:44AM – 9:15AM Rahu 12:18PM – 1:49PM | Purvaphalguni Until 9:53PM Brahma Until 10:13AM Bava Until 7:30AM Ekadashi* Until 7:30PM |
| 4 | Thursday, October 31, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau | Nairobi, Kenya Sun 11 Sutra 201 Vijaya 5115 |
| | Kanya Rasi: 0.51 Tithi 27 656598264 Amrita Yoga Until 10:54PM Then Routine Work - Marana Yoga | Gulika 9:15AM – 10:47AM Yama 6:13AM – 7:44AM Rahu 1:49PM – 3:20PM | Uttaraphalguni Until 10:54PM Indra Until 9:26AM Kaulava Until 7:55AM Dvadashi* Until 7:55PM |
| 5 | Friday, November 1, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau | Nairobi, Kenya Sun 12 Sutra 202 Vijaya 5115 |
| | Kanya Rasi: 14 Tithi 28 666598264 Creative Work Amrita Yoga Until 10:00PM Then Creative Work - Siddha Yoga | Gulika 7:44AM – 9:15AM Yama 3:20PM – 4:51PM Rahu 10:47AM – 12:18PM | Hasta Until 10:00PM Vaidhriti* Until 7:54AM Gara Until 7:30AM Trayodashi* Until 6:34PM <i>Pradosha Vrata (Fasting)</i> |
| 6 | Saturday, November 2, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Priti Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | Nairobi, Kenya Sun 13 Sutra 203 Vijaya 5115 |
| | Kanya Rasi: 27.31 Tithi 29 – 30 666598264 Routine Work Marana Yoga Until 9:40PM Then Creative Work - Siddha Yoga | Gulika 6:13AM – 7:44AM Yama 1:49PM – 3:20PM Rahu 9:15AM – 10:46AM | Chitra Until 9:40PM Priti Until 3:20AM Sun Visti Until 6:32AM Chaturdashi* Until 5:36PM |
|  | Sunday, November 3, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | Nairobi, Kenya Sun 14 Sutra 204 Vijaya 5115 |
| | Retreat Star Tula Rasi: 11.25 Tithi 30 – 1 667598264 Creative Work Siddha Yoga Until 8:44PM Then Routine Work - Marana Yoga | Gulika 3:20PM – 4:51PM Yama 12:18PM – 1:49PM Rahu 4:51PM – 6:22PM | Svati Until 8:44PM Ayushman Until 12:51AM Mon Kintughna Until 3:03AM Mon Amavasya* Until 3:58PM |
| Monday, November 4, 2013 | Retreat Star | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | Nairobi, Kenya Sun 15 Sutra 205 Vijaya 5115 |
| | Tula Rasi: 25.37 Tithi 1 – 2 Family Home Evening 677598264 Routine Work Marana Yoga Until 7:15PM Then Creative Work - Siddha Yoga | Gulika 1:49PM – 3:20PM Yama 10:46AM – 12:18PM Rahu 7:44AM – 9:15AM | Vishakha Until 7:15PM Saubhagya Until 9:52PM Balava Until 12:51AM Tue Prathama* Until 1:46PM |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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| 1 | | Tuesday, November 5, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | Nairobi, Kenya Sun 16 Sutra 206 Vijaya 5115 | |
| Vrischika Rasi: 10.02 Tithi 2 - 3 677598264 | | Gulika 12:18PM - 1:49PM Yama 9:15AM - 10:46AM Rahu 3:20PM - 4:51PM | Anuradha Until 4:37PM Sobhana Until 5:44PM Taitila Until 9:03PM Dvitiya Until 10:46AM | Ganesha: Clear Muruqa: Yellow Nataraja: White Moon - Orange | Sunrise: 6:13AM Sunset: 6:22PM | Sivaloka Day | |
| Creative Work Siddha Yoga Until 4:37PM Then Routine Work - Marana Yoga | | | | | | | |
| 2 | | Wednesday, November 6, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau | | Nairobi, Kenya Sun 17 Sutra 207 Vijaya 5115 | |
| Vrischika Rasi: 24.35 Tithi 3 - 4 677698264 | | Gulika 10:46AM - 12:18PM Yama 7:44AM - 9:15AM Rahu 12:18PM - 1:49PM | Jyeshtha* Until 2:39PM Athiganda* Until 2:23PM Vanija Until 6:23PM Tritiya Until 8:06AM | Ganesha: Purple Muruqa: Yellow Nataraja: White Moon - Orange | Sunrise: 6:13AM Sunset: 6:23PM | Devaloka Day | |
| Creative Work Siddha Yoga Until 2:39PM Then Routine Work - Marana Yoga | | | | | | | |
| 3 | | Thursday, November 7, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau | | Nairobi, Kenya Sun 18 Sutra 208 Vijaya 5115 | |
| Dhanus Rasi: 9.11 Tithi 5 787698264 | | Gulika 9:15AM - 10:47AM Yama 6:13AM - 7:44AM Rahu 1:49PM - 3:20PM | Mula* Until 12:39PM Sukarma Until 11:00AM Bava Until 3:40PM Panchami Until 1:57AM Fri | Ganesha: Purple Muruqa: Yellow Nataraja: White Moon - Light Blue | Sunrise: 6:13AM Sunset: 6:23PM | Devaloka Day | |
| Creative Work Siddha Yoga | | | | | | | |
| 4 | | Friday, November 8, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthiyam Titau | | Nairobi, Kenya Sun 19 Sutra 209 Vijaya 5115 | |
| Dhanus Rasi: 23.41 Tithi 6 787698264 | | Gulika 7:44AM - 9:15AM Yama 3:20PM - 4:51PM Rahu 10:47AM - 12:18PM | Purvashadha* Until 11:06AM Dhriti Until 7:50AM Kaulava Until 1:37PM Shashthi* Until 12:42AM Sat | Ganesha: Purple Muruqa: Yellow Nataraja: White Moon - Light Blue | Sunrise: 6:13AM Sunset: 6:23PM | Devaloka Day | |
| Routine Work Prabalarishta Yoga Until 11:06AM Then Routine Work - Marana Yoga | | | | | | | |
| 5 | | Saturday, November 9, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda* Yoga Gara/Vanija Karana Saptamyam Titau | | Nairobi, Kenya Sun 20 Sutra 210 Vijaya 5115 | |
| Makara Rasi: 8.04 Tithi 7 788698264 | | Gulika 6:13AM - 7:44AM Yama 1:49PM - 3:20PM Rahu 9:15AM - 10:47AM | Uttarashadha Until 9:19AM Ganda* Until 1:54AM Sun Gara Until 11:06AM Saptami Until 10:11PM | Ganesha: Clear Muruqa: Yellow Nataraja: White Moon - Light Blue | Sunrise: 6:13AM Sunset: 6:23PM | Sivaloka Day | |
| Routine Work Marana Yoga Until 9:19AM Then Creative Work - Siddha Yoga | | | | | | | |
| ☾ | | Sunday, November 10, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vriddhi Yoga Visti*/Bava Karana Ashtamyam Titau | | Nairobi, Kenya Sun 21 Sutra 211 Vijaya 5115 | |
| Makara Rasi: 22.14 Tithi 8 798698264 | | Gulika 3:20PM - 4:52PM Yama 12:18PM - 1:49PM Rahu 4:52PM - 6:23PM | Shravana Until 7:53AM Vriddhi Until 10:58PM Visti Until 8:57AM Ashtami* Until 8:02PM | Ganesha: Purple Muruqa: Yellow Nataraja: White Moon - Purple | Sunrise: 6:13AM Sunset: 6:23PM | Subha Sivaloka Day | |
| Creative Work Amrita Yoga Until 7:53AM Then Routine Work - Marana Yoga | | | | | | | |
| ☽ | | Monday, November 11, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamyam Titau | | Nairobi, Kenya Sun 22 Sutra 212 Vijaya 5115 | |
| Kumbha Rasi: 6.1 Tithi 9 798698264 | | Gulika 1:49PM - 3:21PM Yama 10:47AM - 12:18PM Rahu 7:44AM - 9:16AM | Dhanishtha Until 6:51AM Dhruva Until 8:23PM Balava Until 7:14AM Navami* Until 6:18PM | Ganesha: Purple Muruqa: Yellow Nataraja: White Moon - Purple | Sunrise: 6:13AM Sunset: 6:23PM | Subha Sivaloka Day | |
| Family Home Evening Creative Work Siddha Yoga | | | | | | | |

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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| 1 | Tuesday, November 12, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | Nairobi, Kenya |
| | Kumbha Rasi: 19.53 Titithi 10 – 11 | Gulika 12:18PM – 1:49PM Shatabhishak Until 6:14AM | Sun 23 Sutra 213 |
| | 798698264 | Yama 9:16AM – 10:47AM Vyaghata* Until 7:03PM | Vijaya 5115 |
| Routine Work Marana Yoga | Rahu 3:21PM – 4:52PM Vanija Until 5:56AM Wed | Ganesha: Purple <i>Sunrise:</i> 6:13AM | Moon 10 - Phase 29 |
| | | Dashami Until 5:56PM | Muruqa: Yellow <i>Sunset:</i> 6:23PM |
| | | | Nataraja: White Subha Sivaloka Day |
| | | | Moon – Purple Kartika•Aipasi |

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| 2 | Wednesday, November 13, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprosarthapada Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | Nairobi, Kenya |
| | Meena Rasi: 3.2 Titithi 11 – 12 | Gulika 10:47AM – 12:18PM Uttaraprosarthapada Until 6:09AM Thu | Sun 24 Sutra 214 |
| | 718698264 | Yama 7:45AM – 9:16AM Harshana Until 5:06PM | Vijaya 5115 |
| Creative Work Siddha Yoga | Rahu 12:18PM – 1:50PM Bava Until 5:01AM Thu | Ganesha: Blue <i>Sunrise:</i> 6:13AM | Moon 10 - Phase 29 |
| | | Ekadashi Until 5:01PM | Muruqa: Yellow <i>Sunset:</i> 6:23PM |
| | | | Nataraja: White Subha Sivaloka Day |
| | | | Moon – Clear Kartika•Aipasi |

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| 3 | Thursday, November 14, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | Nairobi, Kenya |
| | Meena Rasi: 16.35 Titithi 12 – 13 | Gulika 9:16AM – 10:47AM Uttaraprosarthapada Until 6:09AM | Sun 25 Sutra 215 |
| | 718698264 | Yama 6:13AM – 7:45AM Vajra* Until 3:32PM | Vijaya 5115 |
| Creative Work Siddha Yoga | Rahu 1:50PM – 3:21PM Kaulava Until 4:33AM Fri | Ganesha: Blue <i>Sunrise:</i> 6:13AM | Moon 10 - Phase 29 |
| | | Dvadashi Until 4:33PM | Muruqa: Yellow <i>Sunset:</i> 6:24PM |
| | | <i>Pradosha Vrata</i> | Nataraja: White Subha Sivaloka Day |
| | | | Moon – Clear Kartika•Aipasi |

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| 4 | Friday, November 15, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyatiipata* Yoga Taitilla/Gara Karana Trayodashi/Chaturdashyam Titau | Nairobi, Kenya |
| | Meena Rasi: 29.36 Titithi 13 – 14 | Gulika 7:45AM – 9:16AM Revati Until 6:44AM | Sun 26 Sutra 216 |
| | 718698264 | Yama 3:21PM – 4:52PM Siddhi Until 2:21PM | Vijaya 5115 |
| Creative Work Siddha Yoga | Rahu 10:47AM – 12:19PM Gara Until 4:32AM Sat | Ganesha: Blue <i>Sunrise:</i> 6:13AM | Moon 10 - Phase 29 |
| Until 6:44AM | | Trayodashi Until 4:32PM | Muruqa: Yellow <i>Sunset:</i> 6:24PM |
| Then Creative Work - Amrita Yoga | | | Nataraja: White Subha Sivaloka Day |
| | | | Moon – Clear Kartika•Aipasi |

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| 5 | Saturday, November 16, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatiipata*/Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | Nairobi, Kenya |
| | Mesha Rasi: 12.24 Titithi 14 – 15 | Gulika 6:14AM – 7:45AM Ashvini Until 7:43AM | Sun 27 Sutra 217 |
| | 729698264 | Yama 1:50PM – 3:21PM Vyatiipata* Until 1:32PM | Vijaya 5115 |
| Creative Work Siddha Yoga | Rahu 9:16AM – 10:47AM Visti Until 4:56AM Sun | Ganesha: White <i>Sunrise:</i> 6:14AM | Moon 10 - Phase 29 |
| | | Chaturdashi* Until 4:56PM | Muruqa: Yellow <i>Sunset:</i> 6:24PM |
| | | | Nataraja: White Devaloka Day |
| | | | Moon – White Kartika•Kartikai |

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|  | Sunday, November 17, 2013 | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Variyan/Parigha* Yoga Bava Karana Purnimayam Titau | Nairobi, Kenya |
| | Copper Retreat Star | Gulika 3:22PM – 4:53PM Bharani Until 9:20AM | Sutra 218 |
| | Mesha Rasi: 25 Titithi 15 | Yama 12:19PM – 1:50PM Variyan Until 1:36PM | Vijaya 5115 |
| 729698264 | Rahu 4:53PM – 6:24PM Bava Until 7:55AM Mon | Ganesha: White <i>Sunrise:</i> 6:14AM | Moon 10 - Phase 29 |
| Routine Work Prabalarishta Yoga | | Purnima* Until 6:49PM | Muruqa: Yellow <i>Sunset:</i> 6:24PM |
| Until 9:20AM | | | Nataraja: Yellow Bhuloka Day |
| Then Creative Work - Siddha Yoga | | | Moon – White Devaloka Time: 3:PM to 6:PM |
| | | | Kartika•Kartikai |

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| Monday, November 18, 2013 | Silver Retreat Star | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau | Nairobi, Kenya |
| | Family Home Evening | Gulika 1:50PM – 3:22PM Krittika Until 11:11AM | Sutra 219 |
| | 729698264 | Yama 10:48AM – 12:19PM Parigha* Until 1:27PM | Vijaya 5115 |
| Routine Work Marana Yoga | Rahu 7:45AM – 9:17AM Balava Until 7:03AM | Ganesha: White <i>Sunrise:</i> 6:14AM | Moon 10 - Phase 29 |
| Until 11:11AM | | Prathama* Until 8:08PM | Muruqa: Yellow <i>Sunset:</i> 6:24PM |
| Then Creative Work - Amrita Yoga | Vinayaga Viratam Begins | | Nataraja: Yellow Bhuloka Day |
| | | | Moon – White Devaloka Time: 3:PM to 6:PM |
| | | | Kartika•Kartikai |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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Tuesday, November 19, 2013
Gold Retreat Star

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Dvitiyayam Titau

Nairobi, Kenya
Sun 1 Sutra 220
Vijaya 5115

Wrishabha Rasi: 19.38 Tithi 17
739698265
Creative Work Amrita Yoga
Until 1:23PM
Then Creative Work - Siddha Yoga

Gulika 12:19PM – 1:51PM
Yama 9:17AM – 10:48AM
Rahu 3:22PM – 4:53PM

Rohini Until 1:23PM
Shiva Until 1:38PM
Tailila Until 8:44AM
Dvitiya Until 9:50PM

Ganesha: Clear *Sunrise: 6:14AM*
Muruqa: Yellow *Sunset: 6:25PM*
Nataraja: Yellow
Moon – Yellow
Karttika-Karttikai

Devaloka Day

1 **Wednesday, November 20, 2013**

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Nairobi, Kenya
Sun 2 Sutra 221
Vijaya 5115

Mithuna Rasi: 1.43 Tithi 18
739698265
Creative Work Siddha Yoga

Gulika 10:48AM – 12:20PM
Yama 7:46AM – 9:17AM
Rahu 12:20PM – 1:51PM

Mrigashira Until 3:53PM
Siddha Until 2:04PM
Vanija Until 10:45AM
Tritiya Until 11:51PM

Ganesha: Clear *Sunrise: 6:14AM*
Muruqa: Yellow *Sunset: 6:25PM*
Nataraja: Yellow
Moon – Yellow
Karttika-Karttikai

Devaloka Day

2 **Thursday, November 21, 2013**

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthyam Titau

Nairobi, Kenya
Sun 3 Sutra 222
Vijaya 5115

Mithuna Rasi: 13.41 Tithi 19
739698265
Routine Work Marana Yoga
Until 6:37PM
Then Creative Work - Amrita Yoga

Gulika 9:17AM – 10:49AM
Yama 6:15AM – 7:46AM
Rahu 1:51PM – 3:23PM

Ardra Until 6:37PM
Sadhya Until 2:43PM
Bava Until 1:01PM
Chaturthi* Until 2:07AM Fri

Ganesha: Clear *Sunrise: 6:15AM*
Muruqa: Yellow *Sunset: 6:25PM*
Nataraja: Yellow
Moon – Yellow
Karttika-Karttikai

Devaloka Day

3 **Friday, November 22, 2013**

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu Nakshatra Subha/Sukla Yoga Kaulava/Tailila Karana Panchamyam Titau

Nairobi, Kenya
Sun 4 Sutra 223
Vijaya 5115

Mithuna Rasi: 25.35 Tithi 20
749698265
Creative Work Siddha Yoga
Until 9:29PM
Then Routine Work - Marana Yoga

Gulika 7:46AM – 9:17AM
Yama 3:23PM – 4:54PM
Rahu 10:49AM – 12:20PM

Punarvasu Until 9:29PM
Subha Until 3:31PM
Kaulava Until 3:27PM
Panchami Until 4:33AM Sat

Ganesha: Purple *Sunrise: 6:15AM*
Muruqa: Yellow *Sunset: 6:25PM*
Nataraja: Yellow
Moon – Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4 **Saturday, November 23, 2013**

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya Nakshatra Sukla/Brahma Yoga Gara Karana Shashthyam Titau

Nairobi, Kenya
Sun 5 Sutra 224
Vijaya 5115

Kataka Rasi: 7.28 Tithi 21
749698265
Creative Work Siddha Yoga

Gulika 6:15AM – 7:46AM
Yama 1:52PM – 3:23PM
Rahu 9:18AM – 10:49AM

Pushya Until 12:25AM Sun
Sukla Until 4:21PM
Gara Until 5:57PM
Shashthi* Until 7:17AM Sun

Ganesha: Purple *Sunrise: 6:15AM*
Muruqa: Yellow *Sunset: 6:26PM*
Nataraja: Yellow
Moon – Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

5 **Sunday, November 24, 2013**

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Nairobi, Kenya
Sun 6 Sutra 225
Vijaya 5115

Kataka Rasi: 19.22 Tithi 21 – 22
741698265
Creative Work Siddha Yoga
Until 3:17AM Mon
Then Routine Work - Marana Yoga

Gulika 3:23PM – 4:55PM
Yama 12:21PM – 1:52PM
Rahu 4:55PM – 6:26PM

Ashlesha* Until 3:17AM Mon
Brahma Until 5:08PM
Visti Until 8:23PM
Shashthi* Until 7:17AM

Ganesha: White *Sunrise: 6:15AM*
Muruqa: Yellow *Sunset: 6:26PM*
Nataraja: Yellow
Moon – Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Monday, November 25, 2013
Retreat Star

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nairobi, Kenya
Sun 7 Sutra 226
Vijaya 5115

Simha Rasi: 1.2 Tithi 22 – 23
751698265
Family Home Evening
Routine Work Marana Yoga
Until 5:59AM Tue
Then Creative Work - Siddha Yoga

Gulika 1:52PM – 3:24PM
Yama 10:50AM – 12:21PM
Rahu 7:47AM – 9:18AM

Magha* Until 5:59AM Tue
Indra Until 5:45PM
Balava Until 10:37PM
Saptami Until 9:31AM

Ganesha: Yellow *Sunrise: 6:16AM*
Muruqa: Yellow *Sunset: 6:26PM*
Nataraja: Yellow
Moon – Red
Karttika-Karttikai

Devaloka Day

Tuesday, November 26, 2013
Retreat Star

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Nairobi, Kenya
Sun 8 Sutra 227
Vijaya 5115

Simha Rasi: 13.3 Tithi 23 – 24
751698265
Creative Work Siddha Yoga
Until 7:25AM Wed
Then Creative Work - Amrita Yoga

Gulika 12:21PM – 1:53PM
Yama 9:19AM – 10:50AM
Rahu 3:24PM – 4:55PM

Purvaphalguni Until 7:25AM Wed
Vaidhriti* Until 6:04PM
Tailila Until 12:29AM Wed
Ashtami* Until 11:24AM

Ganesha: Yellow *Sunrise: 6:16AM*
Muruqa: Yellow *Sunset: 6:27PM*
Nataraja: Yellow
Moon – Red
Karttika-Karttikai

Devaloka Day

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda


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|---------------------------|-------------------------------------|---------------|--|--|---|---|---|
| 1 | Wednesday, November 27, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | | | Nairobi, Kenya |
| | Simha Rasi: 25.54 | Tithi 24 – 25 | 751698265 | Gulika 10:50AM – 12:22PM Yama 7:47AM – 9:19AM Rahu 12:22PM – 1:53PM | Purvaphalguni Until 7:25AM Vishkambha* Until 5:04PM Vanija Until 12:10AM Thu Navami* Until 12:10PM | Ganesha: Yellow <i>Sunrise: 6:16AM</i> Muruqa: Yellow <i>Sunset: 6:27PM</i> Nataraja: Yellow Moon – Red | Sun 9 Sutra 228 Vijaya 5115 Moon 11 - Phase 31 2nd Phase |
| Creative Work Amrita Yoga | | | | | | Devaloka Day | |

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| 2 | Thursday, November 28, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | | Nairobi, Kenya |
| | Kanya Rasi: 8.37 | Tithi 25 – 26 | 751698265 | Gulika 9:19AM – 10:51AM Yama 6:16AM – 7:48AM Rahu 1:53PM – 3:25PM | Uttaraphalguni Until 8:32AM Priti Until 4:22PM Bava Until 12:44AM Fri Dashami Until 12:44PM | Ganesha: Yellow <i>Sunrise: 6:16AM</i> Muruqa: Yellow <i>Sunset: 6:27PM</i> Nataraja: Yellow Moon – Red | Sun 10 Sutra 229 Vijaya 5115 Moon 11 - Phase 31 2nd Phase |
| Amrita Yoga | | | | | | Devaloka Day | |
| Until 8:32AM | | | | | | Karttika-Karttikai | |
| Then Routine Work - Marana Yoga | | | | | | | |

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| 3 | Friday, November 29, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Nairobi, Kenya |
| | Kanya Rasi: 21.45 | Tithi 26 – 27 | 761698265 | Gulika 7:48AM – 9:19AM Yama 3:25PM – 4:56PM Rahu 10:51AM – 12:22PM | Hasta Until 8:43AM Ayushman Until 2:23PM Kaulava Until 11:05PM Ekadashi* Until 12:00PM | Ganesha: Blue <i>Sunrise: 6:17AM</i> Muruqa: Yellow <i>Sunset: 6:28PM</i> Nataraja: Yellow Moon – Green | Sun 11 Sutra 230 Vijaya 5115 Moon 11 - Phase 31 2nd Phase |
| Amrita Yoga | | | | | | Bhuloka Day | |
| Until 8:43AM | | | | | | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Siddha Yoga | | | | | | Karttika-Karttikai | |

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| 4 | Saturday, November 30, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau | | | | Nairobi, Kenya |
| | Tula Rasi: 5.2 | Tithi 27 – 28 | 761698265 | Gulika 6:17AM – 7:48AM Yama 1:54PM – 3:25PM Rahu 9:20AM – 10:51AM | Chitra Until 8:18AM Saubhagya Until 12:23PM Gara Until 10:03PM Dvadashi* Until 10:58AM <i>Pradosha Vrata (Fasting)</i> | Ganesha: Blue <i>Sunrise: 6:17AM</i> Muruqa: Yellow <i>Sunset: 6:28PM</i> Nataraja: Yellow Moon – Green | Sun 12 Sutra 231 Vijaya 5115 Moon 11 - Phase 31 2nd Phase |
| Marana Yoga | | | | | | Bhuloka Day | |
| Until 8:18AM | | | | | | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Siddha Yoga | | | | | | Karttika-Karttikai | |

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| 5 | Sunday, December 1, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | | | Nairobi, Kenya |
| | Tula Rasi: 19.21 | Tithi 28 – 29 | 761798265 | Gulika 3:26PM – 4:57PM Yama 12:23PM – 1:54PM Rahu 4:57PM – 6:29PM | Svati Until 7:07AM Sobhana Until 9:39AM Visti Until 8:11PM Trayodashi* Until 9:06AM | Ganesha: Red <i>Sunrise: 6:17AM</i> Muruqa: Yellow <i>Sunset: 6:29PM</i> Nataraja: Yellow Moon – Green | Sun 13 Sutra 232 Vijaya 5115 Moon 11 - Phase 31 2nd Phase |
| Siddha Yoga | | | | | | Devaloka Day | |
| Until 7:07AM | | | | | | Karttika-Karttikai | |
| Then Routine Work - Marana Yoga | | | | | | | |

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|  | Monday, December 2, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau | | | | Nairobi, Kenya |
| | Retreat Star | | | Gulika 1:55PM – 3:26PM Yama 10:52AM – 12:23PM Rahu 7:49AM – 9:21AM | Anuradha Until 2:36AM Tue Athiganda* Until 6:15AM Naga Until 3:00AM Tue Chaturdashi* Until 6:26AM | Ganesha: Yellow <i>Sunrise: 6:18AM</i> Muruqa: Yellow <i>Sunset: 6:29PM</i> Nataraja: Yellow Moon – Orange | Sun 14 Sutra 233 Vijaya 5115 Moon 11 - Phase 31 Amavasya |
| Vrishchika Rasi: 3.47 | | Tithi 29 – 30 | | | | Devaloka Day | |
| Family Home Evening | | 771798265 | | | | Karttika-Karttikai | |
| Creative Work Siddha Yoga | | | | | | | |
| Until 2:36AM Tue | | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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| | Tuesday, December 3, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Nairobi, Kenya |
| | Retreat Star | | | Gulika 12:24PM – 1:55PM Yama 9:21AM – 10:52AM Rahu 3:27PM – 4:58PM | Jyeshtha* Until 12:18AM Wed Dhriti Until 10:34PM Kintughna Until 1:42PM Prathama* Until 11:59PM | Ganesha: Yellow <i>Sunrise: 6:18AM</i> Muruqa: Yellow <i>Sunset: 6:29PM</i> Nataraja: Yellow Moon – Orange | Sun 15 Sutra 234 Vijaya 5115 Moon 11 - Phase 31 Prathama |
| Vrishchika Rasi: 18.34 | | Tithi 1 | | | | Devaloka Day | |
| 771798265 | | | | | | Margasira-Karttikai | |
| Routine Work Marana Yoga | | | | | | | |

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

All times are standard time

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| 1 | Wednesday, December 4, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam | | Nairobi, Kenya | |
| | Mula* Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Sun 16 | Sutra 235 |
| Dhanus Rasi: 3.32 | Tithi 2 | 782798265 | Gulika 10:53AM – 12:24PM | Mula* Until 9:40PM | Ganesha: Blue <i>Sunrise: 6:19AM</i> | Vijaya 5115 |
| | | | Yama 7:50AM – 9:21AM | Shula* Until 6:35PM | Muruqa: Yellow <i>Sunset: 6:30PM</i> | Moon 11 - Phase 32 |
| Routine Work Marana Yoga | | | Rahu 12:24PM – 1:56PM | Balava Until 10:21AM | Nataraja: Yellow | 3rd Phase |
| Until 9:40PM | | | | Dvitiya Until 8:38PM | Moon – Light Blue | |
| Then Creative Work - Amrita Yoga | | | | | Margasira•Karttikai | Bhuloka Day |
| | | | | | | Devaloka Time: 3:PM to 6:PM |

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| 2 | Thursday, December 5, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam | | Nairobi, Kenya | |
| | Purvashadha* Nakshatra Ganda*Vridhhi Yoga Taitila/Vanija Karana Tritiya/Chaturthiyam Titau | | | | Sun 17 | Sutra 236 |
| Dhanus Rasi: 18.34 | Tithi 3 – 4 | 782798265 | Gulika 9:22AM – 10:53AM | Purvashadha* Until 6:57PM | Ganesha: Blue <i>Sunrise: 6:19AM</i> | Vijaya 5115 |
| | | | Yama 6:19AM – 7:50AM | Ganda* Until 2:30PM | Muruqa: Yellow <i>Sunset: 6:30PM</i> | Moon 11 - Phase 32 |
| Creative Work Siddha Yoga | | | Rahu 1:56PM – 3:27PM | Taitila Until 6:53AM | Nataraja: Yellow | 3rd Phase |
| Until 6:57PM | | | | Tritiya Until 5:10PM | Moon – Light Blue | |
| Then Routine Work - Marana Yoga | | | | | Margasira•Karttikai | Bhuloka Day |
| | | | | | | Devaloka Time: 3:PM to 6:PM |

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| 3 | Friday, December 6, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam | | Nairobi, Kenya | |
| | Uttarashadha/Shravana Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | | Sun 18 | Sutra 237 |
| Makara Rasi: 3.31 | Tithi 4 – 5 | 782798265 | Gulika 7:51AM – 9:22AM | Uttarashadha Until 4:22PM | Ganesha: Blue <i>Sunrise: 6:19AM</i> | Vijaya 5115 |
| | | | Yama 3:28PM – 4:59PM | Vriddhi Until 10:34AM | Muruqa: Yellow <i>Sunset: 6:31PM</i> | Moon 11 - Phase 32 |
| Routine Work Marana Yoga | | | Rahu 10:54AM – 12:25PM | Bava Until 12:09AM Sat | Nataraja: Yellow | 3rd Phase |
| | | | | Chaturthi* Until 1:52PM | Moon – Light Blue | |
| | | | | | Margasira•Karttikai | Bhuloka Day |
| | | | | | | Devaloka Time: 3:PM to 6:PM |

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| 4 | Saturday, December 7, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam | | Nairobi, Kenya | |
| | Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashtiyam Titau | | | | Sun 19 | Sutra 238 |
| Makara Rasi: 18.14 | Tithi 5 – 6 | 792798265 | Gulika 6:20AM – 7:51AM | Shravana Until 2:44PM | Ganesha: Yellow <i>Sunrise: 6:20AM</i> | Vijaya 5115 |
| | | | Yama 1:57PM – 3:28PM | Dhruva Until 7:01AM | Muruqa: Yellow <i>Sunset: 6:31PM</i> | Moon 11 - Phase 32 |
| Creative Work Siddha Yoga | | | Rahu 9:23AM – 10:54AM | Kaulava Until 10:23PM | Nataraja: Yellow | 3rd Phase |
| | | | | Panchami Until 11:19AM | Moon – Purple | |
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| 5 | Sunday, December 8, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam | | Nairobi, Kenya | |
| | Dhanishtha/Shatabhishak Nakshatra Harshana Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau | | | | Sun 20 | Sutra 239 |
| Kumbha Rasi: 2.39 | Tithi 6 – 7 | 792798265 | Gulika 3:29PM – 5:00PM | Dhanishtha Until 12:53PM | Ganesha: Yellow <i>Sunrise: 6:20AM</i> | Vijaya 5115 |
| | | | Yama 12:26PM – 1:57PM | Harshana Until 1:01AM Mon | Muruqa: Yellow <i>Sunset: 6:31PM</i> | Moon 11 - Phase 32 |
| Routine Work Marana Yoga | | | Rahu 5:00PM – 6:31PM | Gara Until 7:49PM | Nataraja: Yellow | 3rd Phase |
| Until 12:53PM | | | | Shashthi* Until 8:44AM | Moon – Purple | |
| Then Creative Work - Siddha Yoga | | | Vinayaga Viratam Ends | | Margasira•Karttikai | Devaloka Day |
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| D | Monday, December 9, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam | | Nairobi, Kenya | |
| | Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashlamyam Titau | | | | Sun 21 | Sutra 240 |
| Kumbha Rasi: 16.41 | Tithi 7 – 8 | 792798265 | Gulika 1:58PM – 3:29PM | Shatabhishak Until 11:41AM | Ganesha: Yellow <i>Sunrise: 6:21AM</i> | Vijaya 5115 |
| Family Home Evening | | | Yama 10:55AM – 12:26PM | Vajra* Until 10:16PM | Muruqa: Yellow <i>Sunset: 6:32PM</i> | Moon 11 - Phase 32 |
| Creative Work Siddha Yoga | | | Rahu 7:52AM – 9:23AM | Visti Until 5:01AM Tue | Nataraja: Yellow | Ashtami |
| Until 11:41AM | | | | Saptami Until 6:51AM | Moon – Purple | |
| Then Routine Work - Marana Yoga | | | | | Margasira•Karttikai | Devaloka Day |
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| D | Tuesday, December 10, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam | | Nairobi, Kenya | |
| | Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau | | | | Sun 22 | Sutra 241 |
| Meena Rasi: 0.2 | Tithi 9 | 712798265 | Gulika 12:27PM – 1:58PM | Purvaproshtapada* Until 11:32AM | Ganesha: Clear <i>Sunrise: 6:21AM</i> | Vijaya 5115 |
| | | | Yama 9:24AM – 10:55AM | Siddhi Until 9:09PM | Muruqa: Yellow <i>Sunset: 6:32PM</i> | Moon 11 - Phase 32 |
| Routine Work Marana Yoga | | | Rahu 3:30PM – 5:01PM | Balava Until 5:40PM | Nataraja: Yellow | Navami |
| Until 11:32AM | | | | Navami* Until 5:40AM Wed | Moon – Clear | |
| Then Creative Work - Amrita Yoga | | | | | Margasira•Karttikai | Devaloka Day |
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The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time

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| 1 | Wednesday, December 11, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtpada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau | | | | Nairobi, Kenya | |
| | Meena Rasi: 13.37 | Tithi 10 | 712798265 | Gulika 10:56AM – 12:27PM Yama 7:53AM – 9:24AM Rahu 12:27PM – 1:59PM | Uttaraproshtpada Until 11:38AM Vyatipata* Until 7:29PM Taitila Until 5:07PM Dashami Until 5:07AM Thu | Ganesha: Clear <i>Sunrise:</i> 6:21AM Muruqa: Yellow <i>Sunset:</i> 6:33PM Nataraja: Yellow Moon – Clear Margasira-Karttikai | Sun 23 Sutra 242 Vijaya 5115 Moon 11 - Phase 33 4th Phase Devaloka Day | |
| Creative Work Siddha Yoga Until 11:38AM Then Routine Work - Marana Yoga | | | | | | | | |
| 2 | Thursday, December 12, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Nairobi, Kenya | |
| | Meena Rasi: 26.35 | Tithi 11 | 712798265 | Gulika 9:25AM – 10:56AM Yama 6:22AM – 7:53AM Rahu 1:59PM – 3:30PM | Revati Until 12:19PM Variyan Until 6:23PM Vanija Until 5:14PM Ekadashi Until 5:14AM Fri | Ganesha: Clear <i>Sunrise:</i> 6:22AM Muruqa: Yellow <i>Sunset:</i> 6:33PM Nataraja: Yellow Moon – Clear Margasira-Karttikai | Sun 24 Sutra 243 Vijaya 5115 Moon 11 - Phase 33 4th Phase Devaloka Day | |
| Creative Work Siddha Yoga Until 12:19PM Then Creative Work - Amrita Yoga | | | | | | | | |
| 3 | Friday, December 13, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha* Yoga Bava Karana Dvadashyam Titau | | | | Nairobi, Kenya | |
| | Mesha Rasi: 9.16 | Tithi 12 | 722798265 | Gulika 7:54AM – 9:25AM Yama 3:31PM – 5:02PM Rahu 10:57AM – 12:28PM | Ashvini Until 2:07PM Parigha* Until 6:39PM Bava Until 6:58PM Dvadashi Until 7:04AM Sat | Ganesha: Purple <i>Sunrise:</i> 6:22AM Muruqa: Yellow <i>Sunset:</i> 6:34PM Nataraja: Yellow Moon – White Margasira-Karttikai | Sun 25 Sutra 244 Vijaya 5115 Moon 11 - Phase 33 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM | |
| Creative Work Amrita Yoga Until 2:07PM Then Creative Work - Siddha Yoga | | | | | | | | |
| 4 | Saturday, December 14, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Nairobi, Kenya | |
| | Mesha Rasi: 21.44 | Tithi 12 – 13 | 722798265 | Gulika 6:23AM – 7:54AM Yama 2:00PM – 3:31PM Rahu 9:26AM – 10:57AM | Bharani Until 3:51PM Shiva Until 6:21PM Kaulava Until 8:09PM Dvadashi Until 7:04AM <i>Pradosha Vrata</i> | Ganesha: Purple <i>Sunrise:</i> 6:23AM Muruqa: Yellow <i>Sunset:</i> 6:34PM Nataraja: Yellow Moon – White Margasira-Karttikai | Sun 26 Sutra 245 Vijaya 5115 Moon 11 - Phase 33 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM | |
| Creative Work Siddha Yoga Until 3:51PM Then Creative Work - Amrita Yoga | | | | | | | | |
| 5 | Sunday, December 15, 2013 | | Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Nairobi, Kenya | |
| | Vrishabha Rasi: 4.02 | Tithi 13 – 14 | 722798265 | Gulika 3:32PM – 5:03PM Yama 12:29PM – 2:00PM Rahu 5:03PM – 6:35PM | Krittika Until 5:55PM Siddha Until 6:23PM Gara Until 9:43PM Trayodashi Until 8:38AM | Ganesha: Purple <i>Sunrise:</i> 6:23AM Muruqa: Yellow <i>Sunset:</i> 6:35PM Nataraja: Yellow Moon – White Margasira-Karttikai | Sun 27 Sutra 246 Vijaya 5115 Moon 11 - Phase 33 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM | |
| Creative Work Siddha Yoga Sivalaya Deepam | | | | | | | | |
|  | Monday, December 16, 2013 | | Vijaya Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Nairobi, Kenya | |
| | Copper Retreat Star | | Vrishabha Rasi: 16.13 | Tithi 14 – 15 | 832798265 | Gulika 2:01PM – 3:32PM Yama 10:58AM – 12:30PM Rahu 7:55AM – 9:27AM | Rohini Until 8:15PM Sadhya Until 6:39PM Visti Until 11:34PM Chaturdashi* Until 10:29AM | Ganesha: Purple <i>Sunrise:</i> 6:24AM Muruqa: Yellow <i>Sunset:</i> 6:35PM Nataraja: Yellow Moon – Yellow Margasira-Markali |
| Family Home Evening Creative Work Amrita Yoga | | | | | | | | |
| 6 | Tuesday, December 17, 2013 | | Vijaya Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Nairobi, Kenya | |
| | Silver Retreat Star | | Vrishabha Rasi: 28.16 | Tithi 15 – 16 | 833798265 | Gulika 12:30PM – 2:01PM Yama 9:27AM – 10:59AM Rahu 3:33PM – 5:04PM | Mrigashira Until 10:47PM Subha Until 7:08PM Balava Until 1:39AM Wed Purnima* Until 12:34PM | Ganesha: Clear <i>Sunrise:</i> 6:24AM Muruqa: Yellow <i>Sunset:</i> 6:36PM Nataraja: Yellow Moon – Yellow Margasira-Markali |
| Creative Work Siddha Yoga Until 10:47PM Then Routine Work - Marana Yoga | | | | | | | | |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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Wednesday, December 18, 2013

Gold Retreat Star

Vijaya Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya

Mithuna Rasi: 10.16 Tithi 16 - 17
833798265

Gulika 10:59AM - 12:30PM
Yama 7:56AM - 9:28AM
Rahu 12:30PM - 2:02PM

Ardra Until 1:29AM Thu
Sukla Until 7:44PM
Taitila Until 3:55AM Thu
Prathama* Until 2:49PM

Ganesha: Clear *Sunrise: 6:25AM*
Muruqa: Yellow *Sunset: 6:36PM*
Nataraja: Yellow
Moon - Yellow
Margasira*Markali

Moon 12 - Phase 34
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 1:29AM Thu
Then Creative Work - Amrita Yoga

Ardra Darshanam

Thursday, December 19, 2013

1

Vijaya Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya

Mithuna Rasi: 22.11 Tithi 17 - 18
843798265

Gulika 9:28AM - 11:00AM
Yama 6:25AM - 7:57AM
Rahu 2:02PM - 3:34PM

Punarvasu Until 4:18AM Fri
Brahma Until 8:28PM
Vanija Until 6:18AM Fri
Dvitiya Until 5:13PM

Ganesha: Purple *Sunrise: 6:25AM*
Muruqa: Yellow *Sunset: 6:37PM*
Nataraja: Yellow
Moon - Blue
Margasira*Markali

Sun 1 Sutra 250
Vijaya 5115
Moon 12 - Phase 34
1st Phase

Sivaloka Day

Creative Work Amrita Yoga
Until 4:18AM Fri
Then Routine Work - Marana Yoga

Friday, December 20, 2013

2

Vijaya Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya Nakshatra Indra Yoga Vanija/Visti* Karana Tritiyayam Titau

Nairobi, Kenya

Kataka Rasi: 4.04 Tithi 18
843798265

Gulika 7:57AM - 9:29AM
Yama 3:34PM - 5:06PM
Rahu 11:00AM - 12:31PM

Pushya Until 7:27AM Sat
Indra Until 9:15PM
Vanija Until 6:35AM
Tritiya Until 7:41PM

Ganesha: Purple *Sunrise: 6:26AM*
Muruqa: Yellow *Sunset: 6:37PM*
Nataraja: Yellow
Moon - Blue
Margasira*Markali

Sun 2 Sutra 251
Vijaya 5115
Moon 12 - Phase 34
1st Phase

Sivaloka Day

Routine Work Marana Yoga

Saturday, December 21, 2013

3

Vijaya Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vaidhriti* Yoga Bava/Balava Karana Chaturthiyam Titau

Nairobi, Kenya

Kataka Rasi: 15.56 Tithi 19
843798265

Gulika 6:26AM - 7:58AM
Yama 2:03PM - 3:35PM
Rahu 9:29AM - 11:01AM

Pushya Until 7:27AM
Vaidhriti* Until 10:04PM
Bava Until 9:05AM
Chaturthi* Until 10:10PM

Ganesha: Purple *Sunrise: 6:26AM*
Muruqa: Yellow *Sunset: 6:38PM*
Nataraja: Yellow
Moon - Blue
Margasira*Markali

Sun 3 Sutra 252
Vijaya 5115
Moon 12 - Phase 34
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 7:27AM
Then Routine Work - Marana Yoga

Day 1 of Pancha Ganapati

Sunday, December 22, 2013

4

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Nairobi, Kenya

Kataka Rasi: 27.5 Tithi 20
843798265

Gulika 3:35PM - 5:07PM
Yama 12:32PM - 2:04PM
Rahu 5:07PM - 6:38PM

Ashlesha* Until 10:19AM
Vishkambha* Until 10:50PM
Kaulava Until 11:31AM
Panchami Until 12:37AM Mon

Ganesha: Purple *Sunrise: 6:27AM*
Muruqa: Yellow *Sunset: 6:38PM*
Nataraja: Yellow
Moon - Blue
Margasira*Markali

Sun 4 Sutra 253
Vijaya 5115
Moon 12 - Phase 34
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 10:19AM
Then Routine Work - Marana Yoga

Day 2 of Pancha Ganapati

Monday, December 23, 2013

5

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti Yoga Gara/Vanija Karana Shashthiyam Titau

Nairobi, Kenya

Simha Rasi: 9.49 Tithi 21
853798265

Gulika 2:04PM - 3:36PM
Yama 11:02AM - 12:33PM
Rahu 7:59AM - 9:30AM

Magha* Until 1:03PM
Priti Until 11:28PM
Gara Until 1:49PM
Shashthi* Until 2:54AM Tue

Ganesha: Clear *Sunrise: 6:27AM*
Muruqa: Yellow *Sunset: 6:39PM*
Nataraja: Yellow
Moon - Red
Margasira*Markali

Moon 12 - Phase 34
1st Phase

Devaloka Day

Family Home Evening
Routine Work Marana Yoga
Until 1:03PM
Then Creative Work - Siddha Yoga

Day 3 of Pancha Ganapati

Tuesday, December 24, 2013

6

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Nairobi, Kenya

Simha Rasi: 21.55 Tithi 22
853798265

Gulika 12:33PM - 2:05PM
Yama 9:31AM - 11:02AM
Rahu 3:36PM - 5:08PM

Purvaphalguni Until 3:31PM
Ayushman Until 11:52PM
Visti Until 3:49PM
Saptami Until 4:54AM Wed

Ganesha: Clear *Sunrise: 6:28AM*
Muruqa: Yellow *Sunset: 6:39PM*
Nataraja: Yellow
Moon - Red
Margasira*Markali

Moon 12 - Phase 34
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 3:31PM
Then Creative Work - Amrita Yoga

Day 4 of Pancha Ganapati

Wednesday, December 25, 2013

Retreat Star

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya

Kanya Rasi: 4.13 Tithi 23
853798265

Gulika 11:03AM - 12:34PM
Yama 8:00AM - 9:31AM
Rahu 12:34PM - 2:05PM

Uttaraphalguni Until 4:40PM
Saubhagya Until 10:36PM
Balava Until 4:25PM
Ashtami* Until 4:25AM Thu

Ganesha: Clear *Sunrise: 6:28AM*
Muruqa: Yellow *Sunset: 6:40PM*
Nataraja: Yellow
Moon - Red
Margasira*Markali

Moon 12 - Phase 34
Ashtami

Devaloka Day

Creative Work Amrita Yoga
Until 4:40PM
Then Routine Work - Marana Yoga

Day 5 of Pancha Ganapati

Thursday, December 26, 2013

Retreat Star

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Nairobi, Kenya

Kanya Rasi: 16.5 Tithi 24
863898266

Gulika 9:32AM - 11:03AM
Yama 6:29AM - 8:00AM
Rahu 2:06PM - 3:37PM

Hasta Until 6:00PM
Sobhana Until 10:05PM
Taitila Until 5:13PM
Navami* Until 5:13AM Fri

Ganesha: Yellow *Sunrise: 6:29AM*
Muruqa: Yellow *Sunset: 6:40PM*
Nataraja: Red
Moon - Green
Margasira*Markali

Moon 12 - Phase 34
Navami

Devaloka Day

Routine Work Marana Yoga
Until 6:00PM
Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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|--------------------------------------|---------------|--|--------------------------------------|---|--|---|
| 1 Friday, December 27, 2013 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau | | | | Nairobi, Kenya Sun 9 Sutra 258 Vijaya 5115 |
| Kanya Rasi: 29.5 | Tithi 25 | Gulika 8:01AM – 9:32AM | Chitra Until 6:37PM | Ganesha: Yellow <i>Sunrise:</i> 6:29AM | | |
| | | Yama 3:38PM – 5:09PM | Athiganda* Until 8:55PM | Muruqa: Yellow <i>Sunset:</i> 6:41PM | | Moon 12 - Phase 35 |
| | 863898266 | Rahu 11:04AM – 12:35PM | Vanija Until 5:16PM | Nataraja: Red | | 2nd Phase |
| Creative Work | Siddha Yoga | | Dashami Until 5:16AM Sat | Margasira*Markali | | Devaloka Day |
| 2 Saturday, December 28, 2013 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau | | | | Nairobi, Kenya Sun 10 Sutra 259 Vijaya 5115 |
| Tula Rasi: 13.17 | Tithi 26 | Gulika 6:30AM – 8:01AM | Svati Until 5:30PM | Ganesha: Yellow <i>Sunrise:</i> 6:30AM | | |
| | | Yama 2:07PM – 3:38PM | Sukarma Until 6:06PM | Muruqa: Yellow <i>Sunset:</i> 6:41PM | | Moon 12 - Phase 35 |
| | 863898266 | Rahu 9:33AM – 11:04AM | Bava Until 3:36PM | Nataraja: Red | | 2nd Phase |
| Creative Work | Siddha Yoga | | Ekadashi* Until 2:40AM Sun | Margasira*Markali | | Devaloka Day |
| 3 Sunday, December 29, 2013 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Kaulava/Taitija Karana Dvadashyam Titau | | | | Nairobi, Kenya Sun 11 Sutra 260 Vijaya 5115 |
| Tula Rasi: 27.14 | Tithi 27 | Gulika 3:39PM – 5:10PM | Vishakha Until 4:27PM | Ganesha: Blue <i>Sunrise:</i> 6:30AM | | |
| | | Yama 12:36PM – 2:07PM | Dhriti Until 3:29PM | Muruqa: Yellow <i>Sunset:</i> 6:42PM | | Moon 12 - Phase 35 |
| | 873898266 | Rahu 5:10PM – 6:42PM | Kaulava Until 1:53PM | Nataraja: Red | | 2nd Phase |
| Routine Work | Marana Yoga | | Dvadashi* Until 12:57AM Mon | Margasira*Markali | | Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| 4 Monday, December 30, 2013 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Nairobi, Kenya Sun 12 Sutra 261 Vijaya 5115 |
| Vrischika Rasi: 11.4 | Tithi 28 | Gulika 2:08PM – 3:39PM | Anuradha Until 2:00PM | Ganesha: Blue <i>Sunrise:</i> 6:31AM | | |
| Family Home Evening | | Yama 11:05AM – 12:36PM | Shula* Until 11:43AM | Muruqa: Yellow <i>Sunset:</i> 6:42PM | | Moon 12 - Phase 35 |
| | 873898266 | Rahu 8:02AM – 9:34AM | Gara Until 10:54AM | Nataraja: Red | | 2nd Phase |
| Creative Work | Siddha Yoga | | Trayodashi* Until 9:11PM | Margasira*Markali | | Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| 5 Tuesday, December 31, 2013 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Nairobi, Kenya Sun 13 Sutra 262 Vijaya 5115 |
| Vrischika Rasi: 26.31 | Tithi 29 – 30 | Gulika 12:37PM – 2:08PM | Jyeshtha* Until 11:34AM | Ganesha: Blue <i>Sunrise:</i> 6:31AM | | |
| | | Yama 9:34AM – 11:05AM | Ganda* Until 7:54AM | Muruqa: Yellow <i>Sunset:</i> 6:43PM | | Moon 12 - Phase 35 |
| | 873898266 | Rahu 3:40PM – 5:11PM | Visti Until 7:45AM | Nataraja: Red | | 2nd Phase |
| Routine Work | Marana Yoga | | Chaturdashi* Until 6:02PM | Margasira*Markali | | Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| Until 11:34AM | | | | | | |
| Then Creative Work - Amrita Yoga | | | | | | |
| Wednesday, January 1, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Nairobi, Kenya Sun 14 Sutra 263 Vijaya 5115 |
| Retreat Star | | Gulika 11:06AM – 12:37PM | Mula* Until 8:40AM | Ganesha: Red <i>Sunrise:</i> 6:32AM | | |
| Dhanus Rasi: 11.4 | Tithi 30 – 1 | Yama 8:03AM – 9:35AM | Dhruva Until 11:39PM | Muruqa: Yellow <i>Sunset:</i> 6:43PM | | Moon 12 - Phase 35 |
| | | Rahu 12:37PM – 2:09PM | Kintughna Until 12:40AM Thu | Nataraja: Red | | Amavasya |
| Routine Work | Marana Yoga | | Amavasya* Until 2:23PM | Margasira*Markali | | Devaloka Day |
| Until 8:40AM | | | | | | |
| Then Creative Work - Amrita Yoga | | | | | | |
| Thursday, January 2, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | Nairobi, Kenya Sun 15 Sutra 264 Vijaya 5115 |
| Retreat Star | | Gulika 9:35AM – 11:06AM | Uttarashadha Until 2:52AM Fri | Ganesha: Red <i>Sunrise:</i> 6:32AM | | |
| Dhanus Rasi: 26.58 | Tithi 1 – 2 | Yama 6:32AM – 8:04AM | Vyaghata* Until 7:11PM | Muruqa: Yellow <i>Sunset:</i> 6:44PM | | Moon 12 - Phase 35 |
| | | Rahu 2:09PM – 3:41PM | Balava Until 8:47PM | Nataraja: Red | | Prathama |
| Routine Work | Marana Yoga | | Prathama* Until 10:29AM | Moon – Light Blue | | Devaloka Day |
| | | | | Pausha*Markali | | |

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

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|---|-------------|---|--|--|--|---|
| 1 Friday, January 3, 2014 | | Vijaya Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Harshana/Vajra* Yoga Kaulava/Gara Karana Dvitiya/Trityayam Titau | | | | Nairobi, Kenya |
| Makara Rasi: 12.13 | Tithi 2 – 3 | 894898266 | Gulika 8:04AM – 9:35AM Yama 3:41PM – 5:13PM Rahu 11:07AM – 12:38PM | Shravana Until 11:47PM Harshana Until 2:46PM Gara Until 3:13AM Sat Dvitiya Until 6:39AM | Ganesha: Yellow <i>Sunrise: 6:33AM</i> Muruqa: Yellow <i>Sunset: 6:44PM</i> Nataraja: Red Moon – Purple Pausha-Markali | Sun 16 Sutra 265 Vijaya 5115 Moon 12 - Phase 36 3rd Phase Devaloka Day |
| Routine Work Marana Yoga Until 11:47PM Then Creative Work - Siddha Yoga | | | | | | |
| 2 Saturday, January 4, 2014 | | Vijaya Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi* Yoga Vanija/Visti* Karana Chaturthyam Titau | | | | Nairobi, Kenya |
| Makara Rasi: 27.17 | Tithi 4 | 894898266 | Gulika 6:33AM – 8:05AM Yama 2:10PM – 3:42PM Rahu 9:36AM – 11:07AM | Dhanishtha Until 9:01PM Vajra* Until 10:39AM Vanija Until 1:27PM Chaturthi* Until 11:44PM | Ganesha: Yellow <i>Sunrise: 6:33AM</i> Muruqa: Yellow <i>Sunset: 6:44PM</i> Nataraja: Red Moon – Purple Pausha-Markali | Sun 17 Sutra 266 Vijaya 5115 Moon 12 - Phase 36 3rd Phase Devaloka Day |
| Creative Work Siddha Yoga Until 9:01PM Then Creative Work - Amrita Yoga | | | | | | |
| 3 Sunday, January 5, 2014 | | Vijaya Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau | | | | Nairobi, Kenya |
| Kumbha Rasi: 11.59 | Tithi 5 | 894898266 | Gulika 3:42PM – 5:13PM Yama 12:39PM – 2:11PM Rahu 5:13PM – 6:45PM | Shatabhishak Until 7:44PM Siddhi Until 7:08AM Bava Until 10:54AM Panchami Until 9:58PM | Ganesha: Yellow <i>Sunrise: 6:34AM</i> Muruqa: Yellow <i>Sunset: 6:45PM</i> Nataraja: Red Moon – Purple Pausha-Markali | Sun 18 Sutra 267 Vijaya 5115 Moon 12 - Phase 36 3rd Phase Devaloka Day |
| Creative Work Siddha Yoga Subramuniyaswami Jayanti | | | | | | |
| 4 Monday, January 6, 2014 | | Vijaya Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Kaulava/Taitila Karana Shashthyam Titau | | | | Nairobi, Kenya |
| Kumbha Rasi: 26.16 | Tithi 6 | 814898266 | Gulika 2:11PM – 3:43PM Yama 11:08AM – 12:40PM Rahu 8:05AM – 9:37AM | Purvaproshtapada* Until 6:07PM Variyan Until 1:20AM Tue Kaulava Until 8:35AM Shashthi* Until 7:39PM | Ganesha: Yellow <i>Sunrise: 6:34AM</i> Muruqa: Yellow <i>Sunset: 6:45PM</i> Nataraja: Red Moon – Clear Pausha-Markali | Sun 19 Sutra 268 Vijaya 5115 Moon 12 - Phase 36 3rd Phase Devaloka Day |
| Family Home Evening Routine Work Marana Yoga Until 6:07PM Then Creative Work - Siddha Yoga | | | | | | |
| 5 Tuesday, January 7, 2014 | | Vijaya Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau | | | | Nairobi, Kenya |
| Meena Rasi: 10.04 | Tithi 7 | 814898266 | Gulika 12:40PM – 2:12PM Yama 9:37AM – 11:09AM Rahu 3:43PM – 5:14PM | Uttaraproshtapada Until 6:12PM Parigha* Until 12:10AM Wed Gara Until 7:14AM Saptami Until 7:14PM | Ganesha: Yellow <i>Sunrise: 6:34AM</i> Muruqa: Yellow <i>Sunset: 6:46PM</i> Nataraja: Red Moon – Clear Pausha-Markali | Sun 20 Sutra 269 Vijaya 5115 Moon 12 - Phase 36 3rd Phase Devaloka Day |
| Creative Work Amrita Yoga Until 6:12PM Then Creative Work - Siddha Yoga | | | | | | |
| Wednesday, January 8, 2014 | | Vijaya Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Shiva Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Nairobi, Kenya |
| Retreat Star | | | Gulika 11:09AM – 12:41PM Yama 8:06AM – 9:38AM Rahu 12:41PM – 2:12PM | Revati Until 6:13PM Shiva Until 10:26PM Visti Until 6:38AM Ashtami* Until 6:38PM | Ganesha: Yellow <i>Sunrise: 6:35AM</i> Muruqa: Yellow <i>Sunset: 6:46PM</i> Nataraja: Red Moon – Clear Pausha-Markali | Sun 21 Sutra 270 Vijaya 5115 Moon 12 - Phase 36 Ashtami Devaloka Day |
| Meena Rasi: 23.23 Tithi 8 814898266 Routine Work Marana Yoga | | | | | | |
| Thursday, January 9, 2014 | | Vijaya Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Siddha Yoga Balava/Kaulava Karana Navamyam Titau | | | | Nairobi, Kenya |
| Retreat Star | | | Gulika 9:38AM – 11:10AM Yama 6:35AM – 8:07AM Rahu 2:12PM – 3:44PM | Ashvini Until 7:00PM Siddha Until 9:25PM Balava Until 6:51AM Navami* Until 6:51PM | Ganesha: White <i>Sunrise: 6:35AM</i> Muruqa: Yellow <i>Sunset: 6:47PM</i> Nataraja: Red Moon – White Pausha-Markali | Sun 22 Sutra 271 Vijaya 5115 Moon 12 - Phase 36 Navami Sivaloka Day |
| Mesha Rasi: 6.17 Tithi 9 824898266 Creative Work Amrita Yoga Until 7:00PM Then Creative Work - Siddha Yoga | | | | | | |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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|----------|--|---|---|
| 1 | Friday, January 10, 2014 | Vijaya Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau | Nairobi, Kenya Sun 23 Sutra 272 Vijaya 5115 |
| | Mesha Rasi: 18.51 Tilthi 10 824898266 Creative Work Siddha Yoga | Gulika 8:07AM – 9:39AM Yama 3:44PM – 5:16PM Rahu 11:10AM – 12:41PM | Bharani Until 9:38PM Sadhya Until 10:09PM Taitila Until 7:56AM Dashami Until 9:01PM |
| 2 | Saturday, January 11, 2014 | Vijaya Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau | Nairobi, Kenya Sun 24 Sutra 273 Vijaya 5115 |
| | Wrishabha Rasi: 1.09 Tilthi 11 824898266 Creative Work Amrita Yoga | Gulika 6:36AM – 8:08AM Yama 2:13PM – 3:45PM Rahu 9:39AM – 11:10AM | Krittika Until 11:42PM Subha Until 10:11PM Vanija Until 9:30AM Ekadashi Until 10:36PM |
| 3 | Sunday, January 12, 2014 | Vijaya Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau | Nairobi, Kenya Sun 25 Sutra 274 Vijaya 5115 |
| | Wrishabha Rasi: 13.16 Tilthi 12 834898266 Creative Work Siddha Yoga Until 2:09AM Mon Then Creative Work - Amrita Yoga | Gulika 3:45PM – 5:16PM Yama 12:42PM – 2:14PM Rahu 5:16PM – 6:48PM | Rohini Until 2:09AM Mon Sukla Until 10:33PM Bava Until 11:29AM Dvadashi Until 12:34AM Mon |
| 4 | Monday, January 13, 2014 | Vijaya Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau | Nairobi, Kenya Sun 26 Sutra 275 Vijaya 5115 |
| | Wrishabha Rasi: 25.16 Tilthi 13 Family Home Evening 835898266 Creative Work Amrita Yoga Until 4:49AM Tue Then Routine Work - Marana Yoga | Gulika 2:14PM – 3:45PM Yama 11:11AM – 12:43PM Rahu 8:08AM – 9:40AM | Mrigashira Until 4:49AM Tue Brahma Until 11:08PM Kaulava Until 1:42PM Trayodashi Until 2:48AM Tue <i>Pradosha Vrata</i> |
| 5 | Tuesday, January 14, 2014 | Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau | Nairobi, Kenya Sun 27 Sutra 276 Vijaya 5115 |
| | Mithuna Rasi: 7.11 Tilthi 14 835898266 Routine Work Marana Yoga Until 7:49AM Wed Then Creative Work - Siddha Yoga | Gulika 12:43PM – 2:14PM Yama 9:40AM – 11:12AM Rahu 3:46PM – 5:17PM | Ardra Until 7:49AM Wed Indra Until 11:51PM Gara Until 4:05PM Chaturdashi* Until 5:10AM Wed |
| ○ | Wednesday, January 15, 2014 | Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti* Yoga Visti* Karana Purnimayam Titau | Nairobi, Kenya Sutra 277 Vijaya 5115 |
| | Copper Retreat Star Mithuna Rasi: 19.05 Tilthi 15 835898266 Creative Work Siddha Yoga | Gulika 11:12AM – 12:43PM Yama 8:09AM – 9:41AM Rahu 12:43PM – 2:15PM | Ardra Until 7:49AM Vaidhriti* Until 12:37AM Thu Visti Until 6:32PM Purnima* Until 7:54AM Thu |
| ○ | Thursday, January 16, 2014 | Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | Nairobi, Kenya Sutra 278 Vijaya 5115 |
| | Silver Retreat Star Kataka Rasi: 0.59 Tilthi 15 – 16 845898266 Creative Work Amrita Yoga | Gulika 9:41AM – 11:12AM Yama 6:38AM – 8:10AM Rahu 2:15PM – 3:46PM | Punarvasu Until 10:42AM Vishkambha* Until 1:24AM Fri Balava Until 8:59PM Purnima* Until 7:54AM |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada

All times are standard time

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Friday, January 17, 2014
Gold Retreat Star

Kataka Rasi: 12.53 Tithi 16 – 17
845898266

Routine Work Marana Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya
Sutra 279
Vijaya 5115

Gulika 8:10AM – 9:41AM
Yama 3:47PM – 5:18PM
Rahu 11:13AM – 12:44PM

Pushya **Until 1:34PM**
Priti **Until 2:10AM Sat**
Taitila **Until 11:25PM**

Ganesha: Clear *Sunrise: 6:39AM*
Muruqa: Yellow *Sunset: 6:49PM*

Nataraja: Red
Moon – Blue
Pausha-Thai

Devaloka Day

Moon 1 - Phase 38
1st Phase

1

Saturday, January 18, 2014

Kataka Rasi: 24.49 Tithi 17 – 18
845898266

Routine Work Marana Yoga

Until 4:23PM

Then Creative Work - Amrita Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya
Sun 1 Sutra 280
Vijaya 5115

Gulika 6:39AM – 8:10AM
Yama 2:16PM – 3:47PM
Rahu 9:42AM – 11:13AM

Ashlesha* **Until 4:23PM**
Ayushman **Until 2:53AM Sun**
Vanija **Until 1:48AM Sun**
Dvitiya **Until 12:43PM**

Ganesha: Clear *Sunrise: 6:39AM*
Muruqa: Yellow *Sunset: 6:50PM*

Nataraja: Red
Moon – Blue
Pausha-Thai

Devaloka Day

Moon 1 - Phase 38
1st Phase

2

Sunday, January 19, 2014

Simha Rasi: 6.47 Tithi 18 – 19
855898266

Routine Work Marana Yoga

Until 7:07PM

Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha* Nakshatra Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Nairobi, Kenya
Sun 2 Sutra 281
Vijaya 5115

Gulika 3:47PM – 5:19PM
Yama 12:45PM – 2:16PM
Rahu 5:19PM – 6:50PM

Magha* **Until 7:07PM**
Saubhagya **Until 3:31AM Mon**
Bava **Until 4:06AM Mon**
Tritiya **Until 3:00PM**

Ganesha: Purple *Sunrise: 6:39AM*
Muruqa: Yellow *Sunset: 6:50PM*

Nataraja: Red
Moon – Red
Pausha-Thai

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Moon 1 - Phase 38
1st Phase

3

Monday, January 20, 2014

Simha Rasi: 18.49 Tithi 19 – 20
855998266

Family Home Evening

Creative Work Siddha Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya
Sun 3 Sutra 282
Vijaya 5115

Gulika 2:16PM – 3:48PM
Yama 11:14AM – 12:45PM
Rahu 8:11AM – 9:42AM

Purvaphalguni **Until 9:42PM**
Sobhana **Until 4:02AM Tue**
Kaulava **Until 6:14AM Tue**
Chaturthi* **Until 5:08PM**

Ganesha: Clear *Sunrise: 6:40AM*
Muruqa: Yellow *Sunset: 6:50PM*

Nataraja: Red
Moon – Red
Pausha-Thai

Devaloka Day

Moon 1 - Phase 38
1st Phase

4

Tuesday, January 21, 2014

Kanya Rasi: 0.58 Tithi 20
855918266

Creative Work Amrita Yoga

Until 12:04AM Wed

Then Routine Work - Marana Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Alhiganda* Yoga Taitila Karana Panchamyam Titau

Nairobi, Kenya
Sun 4 Sutra 283
Vijaya 5115

Gulika 12:45PM – 2:17PM
Yama 9:43AM – 11:14AM
Rahu 3:48PM – 5:19PM

Uttaraphalguni **Until 12:04AM Wed**
Athiganda* **Until 4:20AM Wed**
Taitila **Until 8:07AM Wed**
Panchami **Until 7:01PM**

Ganesha: Clear *Sunrise: 6:40AM*
Muruqa: Yellow *Sunset: 6:51PM*

Nataraja: Red
Moon – Red
Pausha-Thai

Devaloka Day

Moon 1 - Phase 38
1st Phase

5

Wednesday, January 22, 2014

Kanya Rasi: 13.17 Tithi 21
865918266

Routine Work Marana Yoga

Until 12:32AM Thu

Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Sukarma Yoga Gara/Vanija Karana Shashthiyam Titau

Nairobi, Kenya
Sun 5 Sutra 284
Vijaya 5115

Gulika 11:14AM – 12:46PM
Yama 8:12AM – 9:43AM
Rahu 12:46PM – 2:17PM

Hasta **Until 12:32AM Thu**
Sukarma **Until 2:43AM Thu**
Gara **Until 7:19AM**
Shashthi* **Until 7:19PM**

Ganesha: White *Sunrise: 6:40AM*
Muruqa: Yellow *Sunset: 6:51PM*

Nataraja: Red
Moon – Green
Pausha-Thai

Sivaloka Day

Moon 1 - Phase 38
1st Phase

6

Thursday, January 23, 2014

Kanya Rasi: 25.52 Tithi 22
866918266

Creative Work Siddha Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Dhriti Yoga Visti*/Bava Karana Saptamyam Titau

Nairobi, Kenya
Sun 6 Sutra 285
Vijaya 5115

Gulika 9:43AM – 11:14AM
Yama 6:41AM – 8:12AM
Rahu 2:17PM – 3:48PM

Chitra **Until 1:56AM Fri**
Dhriti **Until 2:17AM Fri**
Visti **Until 8:13AM**
Saptami **Until 8:13PM**

Ganesha: Clear *Sunrise: 6:41AM*
Muruqa: Yellow *Sunset: 6:51PM*

Nataraja: Red
Moon – Green
Pausha-Thai

Devaloka Day

Moon 1 - Phase 38
1st Phase

D

Friday, January 24, 2014
Retreat Star

Tula Rasi: 8.46 Tithi 23
866918266

Creative Work Siddha Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya
Sun 7 Sutra 286
Vijaya 5115

Gulika 8:12AM – 9:43AM
Yama 3:49PM – 5:20PM
Rahu 11:15AM – 12:46PM

Svati **Until 2:45AM Sat**
Shula* **Until 1:17AM Sat**
Balava **Until 8:27AM**
Ashtami* **Until 8:27PM**

Ganesha: Clear *Sunrise: 6:41AM*
Muruqa: Yellow *Sunset: 6:51PM*

Nataraja: Red
Moon – Green
Pausha-Thai

Devaloka Day

Moon 1 - Phase 38
Ashtami

Saturday, January 25, 2014

Retreat Star

Tula Rasi: 22.04 Tithi 24
976918266

Creative Work Siddha Yoga

Until 1:19AM Sun

Then Routine Work - Marana Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Ganda* Yoga Taitila/Gara Karana Navamyam Titau

Nairobi, Kenya
Sun 8 Sutra 287
Vijaya 5115

Gulika 6:41AM – 8:12AM
Yama 2:18PM – 3:49PM
Rahu 9:44AM – 11:15AM

Vishakha **Until 1:19AM Sun**
Ganda* **Until 10:25PM**
Taitila **Until 7:45AM**
Navami* **Until 6:49PM**

Ganesha: Clear *Sunrise: 6:41AM*
Muruqa: Yellow *Sunset: 6:51PM*

Nataraja: Red
Moon – Orange
Pausha-Thai

Devaloka Day

Moon 1 - Phase 38
Navami

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram
Invocation to Vinayaka

All times are standard time


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|----------------------------------|---------------------------------|--|-----------------------------------|--|
| 1 | Sunday, January 26, 2014 | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau | | Nairobi, Kenya |
| | 987918266 | Sun 9 | Sutra 288 | Vijaya 5115 |
| Vrischika Rasi: 5.49 | Tithi 25 – 26 | Gulika 3:49PM – 5:20PM | Anuradha Until 12:36AM Mon | Ganesha: Clear <i>Sunrise: 6:41AM</i> |
| Routine Work Marana Yoga | | Yama 12:46PM – 2:18PM | Vriddhi Until 8:07PM | Muruqa: Yellow <i>Sunset: 6:52PM</i> |
| Until 12:36AM Mon | | Rahu 5:20PM – 6:52PM | Vanija Until 6:23AM | Nataraja: Red |
| Then Creative Work - Siddha Yoga | | | Dashami Until 5:27PM | Moon – Orange |
| | | | | Pausha*Thai |
| | | | | Devaloka Day |

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|---------------------------|---------------------------------|---|-------------------------------|--|
| 2 | Monday, January 27, 2014 | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | Nairobi, Kenya |
| | 987918266 | Sun 10 | Sutra 289 | Vijaya 5115 |
| Vrischika Rasi: 20.03 | Tithi 26 – 27 | Gulika 2:18PM – 3:49PM | Jyeshtha* Until 9:56PM | Ganesha: Clear <i>Sunrise: 6:42AM</i> |
| Family Home Evening | | Yama 11:15AM – 12:47PM | Dhruva Until 4:22PM | Muruqa: Yellow <i>Sunset: 6:52PM</i> |
| Creative Work Siddha Yoga | | Rahu 8:13AM – 9:44AM | Kaulava Until 12:51AM Tue | Nataraja: Red |
| | | | Ekadashi* Until 2:34PM | Moon – Orange |
| | | | | Pausha*Thai |
| | | | | Devaloka Day |

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|----------------------------------|----------------------------------|--|---------------------------------|--|
| 3 | Tuesday, January 28, 2014 | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vyaghata*/Harshana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau | | Nairobi, Kenya |
| | 987918266 | Sun 11 | Sutra 290 | Vijaya 5115 |
| Dhanus Rasi: 4.43 | Tithi 27 – 28 | Gulika 12:47PM – 2:18PM | Mula* Until 7:47PM | Ganesha: White <i>Sunrise: 6:42AM</i> |
| Creative Work Amrita Yoga | | Yama 9:44AM – 11:16AM | Vyaghata* Until 12:51PM | Muruqa: Yellow <i>Sunset: 6:52PM</i> |
| Until 7:47PM | | Rahu 3:49PM – 5:21PM | Gara Until 10:01PM | Nataraja: Red |
| Then Creative Work - Siddha Yoga | | | Dvadashi* Until 11:44AM | Moon – Light Blue |
| | | | <i>Pradosha Vrata (Fasting)</i> | Pausha*Thai |
| | | | | Bhuloka Day |
| | | | | Devaloka Time: 3:PM to 6:PM |

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|---------------------------|------------------------------------|---|----------------------------------|--|
| 4 | Wednesday, January 29, 2014 | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | Nairobi, Kenya |
| | 987918266 | Sun 12 | Sutra 291 | Vijaya 5115 |
| Dhanus Rasi: 19.44 | Tithi 28 – 29 | Gulika 11:16AM – 12:47PM | Purvashadha* Until 5:05PM | Ganesha: White <i>Sunrise: 6:42AM</i> |
| Creative Work Amrita Yoga | | Yama 8:13AM – 9:45AM | Harshana Until 8:47AM | Muruqa: Yellow <i>Sunset: 6:52PM</i> |
| | | Rahu 12:47PM – 2:18PM | Visti Until 6:34PM | Nataraja: Red |
| | | | Trayodashi* Until 8:17AM | Moon – Light Blue |
| | | | | Pausha*Thai |
| | | | | Bhuloka Day |
| | | | | Devaloka Time: 3:PM to 6:PM |

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|---|-----------------------------------|--|-----------------------------------|--|
|  | Thursday, January 30, 2014 | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | Nairobi, Kenya |
| | 987918266 | Sun 13 | Sutra 292 | Vijaya 5115 |
| Makara Rasi: 4.59 | Tithi 30 | Gulika 9:45AM – 11:16AM | Uttarashadha Until 2:02PM | Ganesha: Clear <i>Sunrise: 6:42AM</i> |
| Routine Work Marana Yoga | | Yama 6:42AM – 8:13AM | Siddhi Until 12:24AM Fri | Muruqa: Yellow <i>Sunset: 6:52PM</i> |
| Until 2:02PM | | Rahu 2:19PM – 3:50PM | Catuspada Until 2:45PM | Nataraja: Red |
| Then Creative Work - Siddha Yoga | | | Amavasya* Until 1:03AM Fri | Moon – Light Blue |
| | | | | Pausha*Thai |
| | | | | Devaloka Day |

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|----------------------------------|---------------------------------|---|-------------------------------|---|
| Retreat Star | Friday, January 31, 2014 | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau | | Nairobi, Kenya |
| | 987918266 | Sun 14 | Sutra 293 | Vijaya 5115 |
| Makara Rasi: 20.16 | Tithi 1 | Gulika 8:14AM – 9:45AM | Shravana Until 10:54AM | Ganesha: Orange <i>Sunrise: 6:42AM</i> |
| Routine Work Marana Yoga | | Yama 3:50PM – 5:21PM | Vyatipata* Until 7:56PM | Muruqa: Yellow <i>Sunset: 6:52PM</i> |
| Until 10:54AM | | Rahu 11:16AM – 12:47PM | Kintughna Until 10:51AM | Nataraja: Red |
| Then Creative Work - Siddha Yoga | | | Prathama* Until 9:08PM | Moon – Purple |
| | | | | Magha*Thai |
| | | | | Devaloka Day |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time

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|---|------------------------------------|---|---|--|--|---|---|
| 1 | Saturday, February 1, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan/Parigha* Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau | | | | Nairobi, Kenya |
| | Kumbha Rasi: 5.26 | Tithi 2 - 3 | 997918266 | Gulika 6:42AM - 8:14AM Yama 2:19PM - 3:50PM Rahu 9:45AM - 11:16AM | Dhanishtha Until 7:58AM Variyan Until 3:40PM Balava Until 7:10AM Dvitiya Until 5:27PM | Ganesha: Orange <i>Sunrise: 6:42AM</i> Muruqa: Yellow <i>Sunset: 6:52PM</i> Nataraja: Red Moon - Purple Magha-Thai | Sun 15 Sutra 294 Vijaya 5115 Moon 1 - Phase 40 3rd Phase |
| Creative Work Siddha Yoga Until 7:58AM Then Creative Work - Amrita Yoga | | Devaloka Day | | | | | |
| 2 | Sunday, February 2, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtpada* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau | | | | Nairobi, Kenya |
| | Kumbha Rasi: 20.19 | Tithi 3 - 4 | 917918266 | Gulika 3:50PM - 5:21PM Yama 12:48PM - 2:19PM Rahu 5:21PM - 6:53PM | Purvaproshtpada* Until 4:19AM Mon Parigha* Until 12:13PM Vanija Until 1:58AM Mon Tritiya Until 2:53PM | Ganesha: Green <i>Sunrise: 6:43AM</i> Muruqa: Yellow <i>Sunset: 6:53PM</i> Nataraja: Red Moon - Clear Magha-Thai | Sun 16 Sutra 295 Vijaya 5115 Moon 1 - Phase 40 3rd Phase |
| Creative Work Siddha Yoga | | Sivaloka Day | | | | | |
| 3 | Monday, February 3, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtpada Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | | Nairobi, Kenya |
| | Meena Rasi: 4.47 | Tithi 4 - 5 | 917918267 | Gulika 2:19PM - 3:50PM Yama 11:16AM - 12:48PM Rahu 8:14AM - 9:45AM | Uttaraproshtpada Until 2:22AM Tue Shiva Until 8:47AM Bava Until 11:17PM Chaturthi* Until 12:13PM | Ganesha: Green <i>Sunrise: 6:43AM</i> Muruqa: Yellow <i>Sunset: 6:53PM</i> Nataraja: Yellow Moon - Clear Magha-Thai | Sun 17 Sutra 296 Vijaya 5115 Moon 1 - Phase 40 3rd Phase |
| Family Home Evening Creative Work Siddha Yoga | | Sivaloka Day | | | | | |
| 4 | Tuesday, February 4, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | | Nairobi, Kenya |
| | Meena Rasi: 18.46 | Tithi 5 - 6 | 917918267 | Gulika 12:48PM - 2:19PM Yama 9:45AM - 11:17AM Rahu 3:50PM - 5:22PM | Revati Until 2:45AM Wed Siddha Until 6:08AM Kaulava Until 10:48PM Panchami Until 10:48AM | Ganesha: Green <i>Sunrise: 6:43AM</i> Muruqa: Yellow <i>Sunset: 6:53PM</i> Nataraja: Yellow Moon - Clear Magha-Thai | Sun 18 Sutra 297 Vijaya 5115 Moon 1 - Phase 40 3rd Phase |
| Creative Work Siddha Yoga Until 2:45AM Wed Then Routine Work - Marana Yoga | | Sivaloka Day | | | | | |
| 5 | Wednesday, February 5, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Subha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | | Nairobi, Kenya |
| | Mesha Rasi: 2.14 | Tithi 6 - 7 | 928918267 | Gulika 11:17AM - 12:48PM Yama 8:14AM - 9:45AM Rahu 12:48PM - 2:19PM | Ashvini Until 2:29AM Thu Subha Until 3:00AM Thu Gara Until 9:53PM Shashthi* Until 9:53AM | Ganesha: Green <i>Sunrise: 6:43AM</i> Muruqa: Yellow <i>Sunset: 6:53PM</i> Nataraja: Yellow Moon - White Magha-Thai | Sun 19 Sutra 298 Vijaya 5115 Moon 1 - Phase 40 3rd Phase |
| Routine Work Marana Yoga Until 2:29AM Thu Then Creative Work - Siddha Yoga | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | | | | |
| Retreat Star | Thursday, February 6, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | | Nairobi, Kenya |
| | Mesha Rasi: 15.14 | Tithi 7 - 8 | 928918267 | Gulika 9:46AM - 11:17AM Yama 6:43AM - 8:14AM Rahu 2:19PM - 3:50PM | Bharani Until 3:05AM Fri Sukla Until 1:50AM Fri Visti Until 9:54PM Saptami Until 9:54AM | Ganesha: Green <i>Sunrise: 6:43AM</i> Muruqa: Yellow <i>Sunset: 6:53PM</i> Nataraja: Yellow Moon - White Magha-Thai | Sun 20 Sutra 299 Vijaya 5115 Moon 1 - Phase 40 Ashtami |
| Creative Work Siddha Yoga | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | | | | |
| Retreat Star | Friday, February 7, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | Nairobi, Kenya |
| | Mesha Rasi: 27.51 | Tithi 8 - 9 | 928918267 | Gulika 8:14AM - 9:46AM Yama 3:50PM - 5:22PM Rahu 11:17AM - 12:48PM | Krittika Until 6:18AM Sat Brahma Until 2:50AM Sat Balava Until 12:14AM Sat Ashtami* Until 11:08AM | Ganesha: Green <i>Sunrise: 6:43AM</i> Muruqa: Yellow <i>Sunset: 6:53PM</i> Nataraja: Yellow Moon - White Magha-Thai | Sun 21 Sutra 300 Vijaya 5115 Moon 1 - Phase 40 Navami |
| Creative Work Siddha Yoga Until 6:18AM Sat Then Creative Work - Amrita Yoga | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | | | | |

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

All times are standard time

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|---|-----------------------------------|--|--|--|--|
| 1 | Saturday, February 8, 2014 | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | | Nairobi, Kenya |
| | 938918267 | Gulika 6:43AM – 8:15AM Yama 2:19PM – 3:51PM Rahu 9:46AM – 11:17AM | Rohini Until 8:15AM Sun Indra Until 2:53AM Sun Taitila Until 1:48AM Sun Navami* Until 12:43PM | Ganesha: Red <i>Sunrise: 6:43AM</i> Muruqa: Yellow <i>Sunset: 6:53PM</i> Nataraja: Yellow Moon – Yellow Magha-Thai | Sun 22 Sutra 301 Vijaya 5115 Moon 1 - Phase 41 4th Phase Devaloka Day |
| Creative Work Amrita Yoga Until 8:15AM Sun Then Creative Work - Siddha Yoga | | | | | |

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| 2 | Sunday, February 9, 2014 | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | Nairobi, Kenya |
| | 938918267 | Gulika 3:51PM – 5:22PM Yama 12:48PM – 2:19PM Rahu 5:22PM – 6:53PM | Rohini Until 8:15AM Vaidhriti* Until 3:20AM Mon Vanija Until 3:51AM Mon Dashami Until 2:46PM | Ganesha: Red <i>Sunrise: 6:43AM</i> Muruqa: Yellow <i>Sunset: 6:53PM</i> Nataraja: Yellow Moon – Yellow Magha-Thai | Sun 23 Sutra 302 Vijaya 5115 Moon 1 - Phase 41 4th Phase Devaloka Day |
| Creative Work Siddha Yoga | | | | | |

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| 3 | Monday, February 10, 2014 | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | | Nairobi, Kenya |
| | 938918267 | Gulika 2:19PM – 3:51PM Yama 11:17AM – 12:48PM Rahu 8:15AM – 9:46AM | Mrigashira Until 11:02AM Vishkambha* Until 4:03AM Tue Bava Until 6:12AM Tue Ekadashi Until 5:06PM | Ganesha: Red <i>Sunrise: 6:44AM</i> Muruqa: Yellow <i>Sunset: 6:53PM</i> Nataraja: Yellow Moon – Yellow Magha-Thai | Sun 24 Sutra 303 Vijaya 5115 Moon 1 - Phase 41 4th Phase Devaloka Day |
| Creative Work Amrita Yoga Until 11:02AM Then Creative Work - Siddha Yoga | | | | | |

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| 4 | Tuesday, February 11, 2014 | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Bava/Balava Karana Dvadashyam Titau | | | Nairobi, Kenya |
| | 938918267 | Gulika 12:48PM – 2:19PM Yama 9:46AM – 11:17AM Rahu 3:51PM – 5:22PM | Ardra Until 1:57PM Priti Until 4:52AM Wed Bava Until 6:30AM Dvadashi Until 7:35PM | Ganesha: Red <i>Sunrise: 6:44AM</i> Muruqa: Yellow <i>Sunset: 6:53PM</i> Nataraja: Yellow Moon – Yellow Magha-Thai | Sun 25 Sutra 304 Vijaya 5115 Moon 1 - Phase 41 4th Phase Devaloka Day |
| Routine Work Marana Yoga Until 1:57PM Then Creative Work - Siddha Yoga | | | | | |

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|---------------------------|-------------------------------------|---|--|---|--|
| 5 | Wednesday, February 12, 2014 | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | Nairobi, Kenya |
| | 949918267 | Gulika 11:17AM – 12:48PM Yama 8:15AM – 9:46AM Rahu 12:48PM – 2:19PM | Punarvasu Until 4:54PM Ayushman Until 5:43AM Thu Kaulava Until 9:00AM Trayodashi Until 10:06PM <i>Pradosha Vrata</i> | Ganesha: Blue <i>Sunrise: 6:44AM</i> Muruqa: Yellow <i>Sunset: 6:53PM</i> Nataraja: Yellow Moon – Blue Magha-Masi | Sun 26 Sutra 305 Vijaya 5115 Moon 1 - Phase 41 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| Creative Work Siddha Yoga | | | | | |

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| 6 | Thursday, February 13, 2014 | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Saubhagya Yoga Gara/Vanija Karana Chaturdashyam Titau | | | Nairobi, Kenya |
| | 949118267 | Gulika 9:46AM – 11:17AM Yama 6:44AM – 8:15AM Rahu 2:19PM – 3:51PM | Pushya Until 7:47PM Saubhagya Until 6:36AM Fri Gara Until 11:27AM Chaturdashi* Until 12:32AM Fri | Ganesha: Yellow <i>Sunrise: 6:44AM</i> Muruqa: Yellow <i>Sunset: 6:53PM</i> Nataraja: Yellow Moon – Blue Magha-Masi | Sun 27 Sutra 306 Vijaya 5115 Moon 1 - Phase 41 4th Phase Devaloka Day |
| Creative Work Amrita Yoga Until 7:47PM Then Creative Work - Siddha Yoga | | Chidambaram Abhishekam | | | |

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|--------------------------|----------------------------------|---|--|---|---|
| ○ | Friday, February 14, 2014 | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Purnimayam Titau | | | Nairobi, Kenya |
| | 949118267 | Gulika 8:15AM – 9:46AM Yama 3:51PM – 5:22PM Rahu 11:17AM – 12:48PM | Ashlesha* Until 10:33PM Saubhagya Until 6:36AM Visti Until 1:47PM Purnima* Until 2:52AM Sat | Ganesha: Yellow <i>Sunrise: 6:44AM</i> Muruqa: Yellow <i>Sunset: 6:53PM</i> Nataraja: Yellow Moon – Blue Magha-Masi | Sutra 307 Vijaya 5115 Moon 1 - Phase 41 Purnima Devaloka Day |
| Routine Work Marana Yoga | | | | | |

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| ○ | Saturday, February 15, 2014 | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau | | | Nairobi, Kenya |
| | 959118267 | Gulika 6:44AM – 8:15AM Yama 2:19PM – 3:51PM Rahu 9:46AM – 11:17AM | Magha* Until 1:11AM Sun Sobhana Until 7:10AM Balava Until 3:56PM Prathama* Until 5:02AM Sun | Ganesha: Blue <i>Sunrise: 6:44AM</i> Muruqa: Yellow <i>Sunset: 6:53PM</i> Nataraja: Yellow Moon – Red Magha-Masi | Sutra 308 Vijaya 5115 Moon 1 - Phase 41 Prathama Sivaloka Day |
| Creative Work Amrita Yoga Until 1:11AM Sun Then Creative Work - Siddha Yoga | | | | | |

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

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Sunday, February 16, 2014
Gold Retreat Star

Simha Rasi: 15.51 Tithi 17
959118267
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Dvityayam Titau
Gulika 3:50PM – 5:22PM **Purvaphalguni Until 3:38AM Mon**
Yama 12:48PM – 2:19PM **Athiganda* Until 7:33AM**
Rahu 5:22PM – 6:53PM **Taitila Until 5:55PM**
Dvitya Until 6:33AM Mon

Ganesha: Blue *Sunrise: 6:44AM*
Muruqa: Yellow *Sunset: 6:53PM*
Nataraja: Yellow
Moon – Red
Magha-Masi

Nairobi, Kenya
Sutra 309
Vijaya 5115
Moon 2 - Phase 42
1st Phase
Sivaloka Day

1

Monday, February 17, 2014

Simha Rasi: 28.04 Tithi 17 – 18
Family Home Evening 959118267
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau
Gulika 2:19PM – 3:50PM **Uttaraphalguni Until 5:52AM Tue**
Yama 11:17AM – 12:48PM **Sukarma Until 7:45AM**
Rahu 8:15AM – 9:46AM **Vanija Until 7:39PM**
Dvitya Until 6:33AM

Ganesha: Blue *Sunrise: 6:44AM*
Muruqa: Yellow *Sunset: 6:53PM*
Nataraja: Yellow
Moon – Red
Magha-Masi

Nairobi, Kenya
Sun 1 Sutra 310
Vijaya 5115
Moon 2 - Phase 42
1st Phase
Sivaloka Day

2

Tuesday, February 18, 2014

Kanya Rasi: 10.25 Tithi 18 – 19
969118267
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau
Gulika 12:48PM – 2:19PM **Hasta Until 6:46AM Wed**
Yama 9:46AM – 11:17AM **Dhriti Until 7:36AM**
Rahu 3:50PM – 5:21PM **Bava Until 9:05PM**
Tritiya Until 8:00AM

Ganesha: Red *Sunrise: 6:44AM*
Muruqa: Yellow *Sunset: 6:53PM*
Nataraja: Yellow
Moon – Green
Magha-Masi

Nairobi, Kenya
Sun 2 Sutra 311
Vijaya 5115
Moon 2 - Phase 42
1st Phase
Devaloka Day

3

Wednesday, February 19, 2014

Kanya Rasi: 22.55 Tithi 19 – 20
969118267
Routine Work Marana Yoga
Until 6:46AM
Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 11:17AM – 12:48PM **Hasta Until 6:46AM**
Yama 8:15AM – 9:46AM **Shula* Until 7:17AM**
Rahu 12:48PM – 2:19PM **Kaulava Until 8:50PM**
Chaturthi* Until 8:50AM

Ganesha: Red *Sunrise: 6:44AM*
Muruqa: Yellow *Sunset: 6:52PM*
Nataraja: Yellow
Moon – Green
Magha-Masi

Nairobi, Kenya
Sun 3 Sutra 312
Vijaya 5115
Moon 2 - Phase 42
1st Phase
Devaloka Day

4

Thursday, February 20, 2014

Tula Rasi: 5.38 Tithi 20 – 21
961118267
Creative Work Siddha Yoga
Until 7:55AM
Then Creative Work - Amrita Yoga

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Ganda*/Vridhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau
Gulika 9:46AM – 11:17AM **Chitra Until 7:55AM**
Yama 6:44AM – 8:15AM **Ganda* Until 6:37AM**
Rahu 2:19PM – 3:50PM **Gara Until 9:26PM**
Panchami Until 9:26AM

Ganesha: Green *Sunrise: 6:44AM*
Muruqa: Yellow *Sunset: 6:52PM*
Nataraja: Yellow
Moon – Green
Magha-Masi

Nairobi, Kenya
Sun 4 Sutra 313
Vijaya 5115
Moon 2 - Phase 42
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

5

Friday, February 21, 2014

Tula Rasi: 18.35 Tithi 21 – 22
961118267
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 8:15AM – 9:46AM **Svati Until 8:36AM**
Yama 3:50PM – 5:21PM **Dhruva Until 4:23AM Sat**
Rahu 11:17AM – 12:48PM **Visti Until 9:31PM**
Shashthi* Until 9:31AM

Ganesha: Green *Sunrise: 6:44AM*
Muruqa: Yellow *Sunset: 6:52PM*
Nataraja: Yellow
Moon – Green
Magha-Masi

Nairobi, Kenya
Sun 5 Sutra 314
Vijaya 5115
Moon 2 - Phase 42
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM



Saturday, February 22, 2014
Retreat Star

Vrischika Rasi: 1.52 Tithi 22 – 23
971118267
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 6:43AM – 8:15AM **Vishakha Until 8:31AM**
Yama 2:19PM – 3:50PM **Vyaghata* Until 1:23AM Sun**
Rahu 9:46AM – 11:17AM **Balava Until 7:50PM**
Saptami Until 8:46AM

Ganesha: Orange *Sunrise: 6:43AM*
Muruqa: Yellow *Sunset: 6:52PM*
Nataraja: Yellow
Moon – Orange
Magha-Masi

Nairobi, Kenya
Sun 6 Sutra 315
Vijaya 5115
Moon 2 - Phase 42
Ashtami
Devaloka Day

Sunday, February 23, 2014
Retreat Star

Vrischika Rasi: 15.29 Tithi 23 – 24
971118267
Routine Work Marana Yoga

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 3:50PM – 5:21PM **Anuradha Until 8:01AM**
Yama 12:48PM – 2:19PM **Harshana Until 11:18PM**
Rahu 5:21PM – 6:52PM **Taitila Until 6:42PM**
Ashtami* Until 7:37AM

Ganesha: Orange *Sunrise: 6:43AM*
Muruqa: Yellow *Sunset: 6:52PM*
Nataraja: Yellow
Moon – Orange
Magha-Masi

Nairobi, Kenya
Sun 7 Sutra 316
Vijaya 5115
Moon 2 - Phase 42
Navami
Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time


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| 1 | Monday, February 24, 2014 | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau | Nairobi, Kenya |
| | Vrischika Rasi: 29.29 Titli 25 | Gulika 2:19PM – 3:50PM Jyeshtha* Until 6:52AM | Sun 8 Sutra 317 |
| | Family Home Evening 971118267 | Yama 11:16AM – 12:47PM Vajra* Until 8:37PM | Vijaya 5115 |
| | Creative Work Siddha Yoga | Rahu 8:14AM – 9:45AM Vanija Until 4:51PM | Moon 2 - Phase 43 |
| | | Dashami Until 3:56AM Tue | 2nd Phase |
| | | Ganesha: Orange <i>Sunrise:</i> 6:43AM | Devaloka Day |
| | | Muruqa: Yellow <i>Sunset:</i> 6:52PM | |
| | | Nataraja: Yellow | |
| | | Moon – Orange | |
| | | Magha•Masi | |

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| 2 | Tuesday, February 25, 2014 | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau | Nairobi, Kenya |
| | Dhanus Rasi: 13.52 Titli 26 | Gulika 12:47PM – 2:18PM Purvashadha* Until 2:29AM Wed | Sun 9 Sutra 318 |
| | 981118267 | Yama 9:45AM – 11:16AM Siddhi Until 4:38PM | Vijaya 5115 |
| | Creative Work Siddha Yoga | Rahu 3:49PM – 5:20PM Bava Until 1:44PM | Moon 2 - Phase 43 |
| Until 2:29AM Wed | | Ekadashi* Until 12:01AM Wed | 2nd Phase |
| Then Creative Work - Amrita Yoga | | | |
| | | Ganesha: Light Blue <i>Sunrise:</i> 6:43AM | Bhuloka Day |
| | | Muruqa: Yellow <i>Sunset:</i> 6:51PM | Devaloka Time: 3:PM to 6:PM |
| | | Nataraja: Yellow | |
| | | Moon – Light Blue | |
| | | Magha•Masi | |

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| 3 | Wednesday, February 26, 2014 | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvadashyam Titau | Nairobi, Kenya |
| | Dhanus Rasi: 28.34 Titli 27 | Gulika 11:16AM – 12:47PM Uttarashadha Until 12:18AM Thu | Sun 10 Sutra 319 |
| | 981118267 | Yama 8:14AM – 9:45AM Vyatipata* Until 1:05PM | Vijaya 5115 |
| | Creative Work Amrita Yoga | Rahu 12:47PM – 2:18PM Kaulava Until 10:50AM | Moon 2 - Phase 43 |
| Until 12:18AM Thu | | Dvadashi* Until 9:07PM | 2nd Phase |
| Then Creative Work - Siddha Yoga | | | |
| | | Ganesha: Light Blue <i>Sunrise:</i> 6:43AM | Bhuloka Day |
| | | Muruqa: Yellow <i>Sunset:</i> 6:51PM | Devaloka Time: 3:PM to 6:PM |
| | | Nataraja: Yellow | |
| | | Moon – Light Blue | |
| | | Magha•Masi | |

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| 4 | Thursday, February 27, 2014 | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Variyan/Parigha* Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau | Nairobi, Kenya |
| | Makara Rasi: 13.29 Titli 28 – 29 | Gulika 9:45AM – 11:16AM Shravana Until 9:45PM | Sun 11 Sutra 320 |
| | 991118267 | Yama 6:43AM – 8:14AM Variyan Until 9:11AM | Vijaya 5115 |
| | Creative Work Siddha Yoga | Rahu 2:18PM – 3:49PM Gara Until 7:32AM | Moon 2 - Phase 43 |
| | | Mahasivaratri (Lunar) | 2nd Phase |
| | | Trayodashi* Until 5:50PM | |
| | | <i>Pradosha Vrata (Fasting)</i> | |
| | | Ganesha: Purple <i>Sunrise:</i> 6:43AM | Bhuloka Day |
| | | Muruqa: Yellow <i>Sunset:</i> 6:51PM | Devaloka Time: 3:PM to 6:PM |
| | | Nataraja: Yellow | |
| | | Moon – Purple | |
| | | Magha•Masi | |

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|  | Friday, February 28, 2014 | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | Nairobi, Kenya |
| | Retreat Star | Gulika 8:14AM – 9:45AM Dhanishtha Until 7:03PM | Sun 12 Sutra 321 |
| | Makara Rasi: 28.31 Titli 29 – 30 | Yama 3:49PM – 5:20PM Shiva Until 1:08AM Sat | Vijaya 5115 |
| | 991118267 | Rahu 11:16AM – 12:47PM Catuspada Until 12:39AM Sat | Moon 2 - Phase 43 |
| Creative Work Siddha Yoga | | Chaturdashi* Until 2:22PM | Amavasya |
| | | Ganesha: Purple <i>Sunrise:</i> 6:43AM | Bhuloka Day |
| | | Muruqa: Yellow <i>Sunset:</i> 6:51PM | Devaloka Time: 3:PM to 6:PM |
| | | Nataraja: Yellow | |
| | | Moon – Purple | |
| | | Magha•Masi | |

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| | Saturday, March 1, 2014 | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | Nairobi, Kenya |
| | Retreat Star | Gulika 6:43AM – 8:14AM Shalabhishak Until 4:25PM | Sun 13 Sutra 322 |
| | Kumbha Rasi: 13.29 Titli 30 – 1 | Yama 2:17PM – 3:48PM Siddha Until 9:10PM | Vijaya 5115 |
| | 991118267 | Rahu 9:45AM – 11:16AM Kintughna Until 9:16PM | Moon 2 - Phase 43 |
| Creative Work Amrita Yoga | | Amavasya* Until 10:59AM | Prathama |
| Until 4:25PM | | Ganesha: Purple <i>Sunrise:</i> 6:43AM | Bhuloka Day |
| Then Routine Work - Marana Yoga | | Muruqa: Yellow <i>Sunset:</i> 6:50PM | Devaloka Time: 3:PM to 6:PM |
| | | Nataraja: Yellow | |
| | | Moon – Purple | |
| | | Phalgun•Masi | |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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| 1 | Sunday, March 2, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprosarthpada*Uttaraprosarthpada Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | Nairobi, Kenya |
| | Kumbha Rasi: 28.16 | Tithi 1 - 2 | 912118267 | Gulika 3:48PM - 5:19PM Yama 12:46PM - 2:17PM Rahu 5:19PM - 6:50PM | Purvaprosarthpada* Until 2:42PM Sadhya Until 6:16PM Balava Until 7:11PM Prathama* Until 8:06AM | Ganesha: Orange <i>Sunrise: 6:42AM</i> Muruqa: Yellow <i>Sunset: 6:50PM</i> Nataraja: Yellow Moon - Clear Phalguna-Masi | Sun 14 Sutra 323 Vijaya 5115 Moon 2 - Phase 44 3rd Phase |
| Creative Work Siddha Yoga Until 2:42PM Then Creative Work - Amrita Yoga | | Devaloka Day | | | | | |
| 2 | Monday, March 3, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprosarthpada/Revati Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Tritiyayam Titau | | | | Nairobi, Kenya |
| | Meena Rasi: 12.43 | Tithi 3 | 912118267 | Gulika 2:17PM - 3:48PM Yama 11:15AM - 12:46PM Rahu 8:13AM - 9:44AM | Uttaraprosarthpada Until 12:47PM Subha Until 2:53PM Tailila Until 4:31PM Tritiya Until 3:36AM Tue | Ganesha: Orange <i>Sunrise: 6:42AM</i> Muruqa: Yellow <i>Sunset: 6:50PM</i> Nataraja: Yellow Moon - Clear Phalguna-Masi | Sun 15 Sutra 324 Vijaya 5115 Moon 2 - Phase 44 3rd Phase |
| Family Home Evening Creative Work Siddha Yoga | | Devaloka Day | | | | | |
| 3 | Tuesday, March 4, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturthyam Titau | | | | Nairobi, Kenya |
| | Meena Rasi: 26.44 | Tithi 4 | 912118267 | Gulika 12:46PM - 2:17PM Yama 9:44AM - 11:15AM Rahu 3:48PM - 5:19PM | Revati Until 11:36AM Sukla Until 12:11PM Vanija Until 2:38PM Chaturthi* Until 1:42AM Wed | Ganesha: Orange <i>Sunrise: 6:42AM</i> Muruqa: Yellow <i>Sunset: 6:50PM</i> Nataraja: Yellow Moon - Clear Phalguna-Masi | Sun 16 Sutra 325 Vijaya 5115 Moon 2 - Phase 44 3rd Phase |
| Creative Work Siddha Yoga | | Devaloka Day | | | | | |
| Subramuniyaswami Siva Vision Day | | | | | | | |
| 4 | Wednesday, March 5, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma/Indra Yoga Bava/Balava Karana Panchamyam Titau | | | | Nairobi, Kenya |
| | Mesha Rasi: 10.18 | Tithi 5 | 122118267 | Gulika 11:15AM - 12:46PM Yama 8:13AM - 9:44AM Rahu 12:46PM - 2:17PM | Ashvini Until 11:36AM Brahma Until 10:30AM Bava Until 2:13PM Panchami Until 2:13AM Thu | Ganesha: Purple <i>Sunrise: 6:42AM</i> Muruqa: Yellow <i>Sunset: 6:49PM</i> Nataraja: Yellow Moon - White Phalguna-Masi | Sun 17 Sutra 326 Vijaya 5115 Moon 2 - Phase 44 3rd Phase |
| Routine Work Marana Yoga Until 11:36AM Then Creative Work - Siddha Yoga | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | | | | |
| 5 | Thursday, March 6, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Indra/Vaidhriti* Yoga Kaulava/Tailila Karana Shashthyam Titau | | | | Nairobi, Kenya |
| | Mesha Rasi: 23.25 | Tithi 6 | 122118267 | Gulika 9:44AM - 11:15AM Yama 6:42AM - 8:13AM Rahu 2:16PM - 3:47PM | Bharani Until 12:00PM Indra Until 9:09AM Kaulava Until 1:59PM Shashthi* Until 1:59AM Fri | Ganesha: Purple <i>Sunrise: 6:42AM</i> Muruqa: Yellow <i>Sunset: 6:49PM</i> Nataraja: Yellow Moon - White Phalguna-Masi | Sun 18 Sutra 327 Vijaya 5115 Moon 2 - Phase 44 3rd Phase |
| Creative Work Siddha Yoga Until 12:00PM Then Routine Work - Marana Yoga | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | | | | |
| 6 | Friday, March 7, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau | | | | Nairobi, Kenya |
| | Vrishabha Rasi: 6.07 | Tithi 7 | 122118267 | Gulika 8:12AM - 9:43AM Yama 3:47PM - 5:18PM Rahu 11:14AM - 12:45PM | Krittika Until 1:45PM Vaidhriti* Until 8:42AM Gara Until 3:21PM Saptami Until 4:27AM Sat | Ganesha: Purple <i>Sunrise: 6:41AM</i> Muruqa: Yellow <i>Sunset: 6:49PM</i> Nataraja: Yellow Moon - White Phalguna-Masi | Sun 19 Sutra 328 Vijaya 5115 Moon 2 - Phase 44 3rd Phase |
| Creative Work Siddha Yoga Until 1:45PM Then Routine Work - Marana Yoga | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | | | | |
| Retreat Star | Saturday, March 8, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mantra Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Nairobi, Kenya |
| | Vrishabha Rasi: 18.3 | Tithi 8 | 132118267 | Gulika 6:41AM - 8:12AM Yama 2:16PM - 3:47PM Rahu 9:43AM - 11:14AM | Rohini Until 3:40PM Vishkambha* Until 8:38AM Visti Until 4:43PM Ashtami* Until 5:49AM Sun | Ganesha: Clear <i>Sunrise: 6:41AM</i> Muruqa: Yellow <i>Sunset: 6:49PM</i> Nataraja: Yellow Moon - Yellow Phalguna-Masi | Sun 20 Sutra 329 Vijaya 5115 Moon 2 - Phase 44 Ashtami |
| Creative Work Amrita Yoga Until 3:40PM Then Creative Work - Siddha Yoga | | Devaloka Day | | | | | |
| Retreat Star | Sunday, March 9, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Balava Karana Navamyam Titau | | | | Nairobi, Kenya |
| | Mithuna Rasi: 0.38 | Tithi 9 | 132118267 | Gulika 3:47PM - 5:17PM Yama 12:45PM - 2:16PM Rahu 5:17PM - 6:48PM | Mrigashira Until 6:05PM Priti Until 9:00AM Balava Until 6:37PM Navami* Until 7:47AM Mon | Ganesha: Clear <i>Sunrise: 6:41AM</i> Muruqa: Yellow <i>Sunset: 6:48PM</i> Nataraja: Yellow Moon - Yellow Phalguna-Masi | Sun 21 Sutra 330 Vijaya 5115 Moon 2 - Phase 44 Navami |
| Creative Work Siddha Yoga | | Devaloka Day | | | | | |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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| 1 | Monday, March 10, 2014 | Vijaya Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | Nairobi, Kenya Sun 22 Sutra 331 Vijaya 5115 |
| | Mithuna Rasi: 13 Tithi 9 – 10 Family Home Evening 132218267 Creative Work Siddha Yoga Until 8:48PM Then Creative Work - Amrita Yoga | Gulika 2:15PM – 3:46PM Yama 11:14AM – 12:44PM Rahu 8:12AM – 9:43AM | Ardra Until 8:48PM Ayushman Until 9:41AM Taitila Until 8:52PM Navami* Until 7:47AM |
| 2 | Tuesday, March 11, 2014 | Vijaya Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | Nairobi, Kenya Sun 23 Sutra 332 Vijaya 5115 |
| | Mithuna Rasi: 24.29 Tithi 10 – 11 142218267 Creative Work Siddha Yoga | Gulika 12:44PM – 2:15PM Yama 9:42AM – 11:13AM Rahu 3:46PM – 5:17PM | Punarvasu Until 11:42PM Saubhagya Until 10:30AM Vanija Until 11:18PM Dashami Until 10:12AM |
| 3 | Wednesday, March 12, 2014 | Vijaya Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | Nairobi, Kenya Sun 24 Sutra 333 Vijaya 5115 |
| | Kataka Rasi: 6.22 Tithi 11 – 12 142218267 Creative Work Siddha Yoga | Gulika 11:13AM – 12:44PM Yama 8:11AM – 9:42AM Rahu 12:44PM – 2:15PM | Pushya Until 2:37AM Thu Sobhana Until 11:21AM Bava Until 1:45AM Thu Ekadashi Until 12:40PM |
| 4 | Thursday, March 13, 2014 | Vijaya Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | Nairobi, Kenya Sun 25 Sutra 334 Vijaya 5115 |
| | Kataka Rasi: 18.16 Tithi 12 – 13 142218267 Creative Work Siddha Yoga Until 5:27AM Fri Then Routine Work - Marana Yoga | Gulika 9:42AM – 11:13AM Yama 6:40AM – 8:11AM Rahu 2:15PM – 3:45PM | Ashlesha* Until 5:27AM Fri Athiganda* Until 12:08PM Kaulava Until 4:07AM Fri Dvadashi Until 3:01PM <i>Pradosha Vrata</i> |
| 5 | Friday, March 14, 2014 | Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | Nairobi, Kenya Sun 26 Sutra 335 Vijaya 5115 |
| | Simha Rasi: 0.16 Tithi 13 – 14 152218267 Routine Work Marana Yoga Until 7:53AM Sat Then Creative Work - Siddha Yoga | Gulika 8:11AM – 9:42AM Yama 3:45PM – 5:16PM Rahu 11:13AM – 12:43PM | Magha* Until 7:53AM Sat Sukarma Until 12:45PM Gara Until 6:17AM Sat Trayodashi Until 5:12PM |
| 6 | Saturday, March 15, 2014 | Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau | Nairobi, Kenya Sun 27 Sutra 336 Vijaya 5115 |
| | Simha Rasi: 12.23 Tithi 14 153218268 Creative Work Amrita Yoga Until 7:53AM Then Creative Work - Siddha Yoga | Gulika 6:40AM – 8:11AM Yama 2:14PM – 3:45PM Rahu 9:41AM – 11:12AM | Magha* Until 7:53AM Dhriti Until 1:09PM Gara Until 6:01AM Chaturdashi* Until 7:06PM |
|  | Sunday, March 16, 2014 | Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Purnimayam Titau | Nairobi, Kenya Sutra 337 Vijaya 5115 |
| | Copper Retreat Star Simha Rasi: 24.4 Tithi 15 153218268 Creative Work Siddha Yoga Until 10:00AM Then Creative Work - Amrita Yoga | Gulika 3:45PM – 5:15PM Yama 12:43PM – 2:14PM Rahu 5:15PM – 6:46PM | Purvaphalguni Until 10:00AM Shula* Until 1:16PM Visti Until 7:36AM Purnima* Until 8:41PM |
|  | Monday, March 17, 2014 | Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Prathamayam Titau | Nairobi, Kenya Sutra 338 Vijaya 5115 |
| | Silver Retreat Star Kanya Rasi: 7.07 Tithi 16 153218268 Family Home Evening Creative Work Siddha Yoga | Gulika 2:13PM – 3:44PM Yama 11:12AM – 12:43PM Rahu 8:10AM – 9:41AM | Uttaraphalguni Until 11:19AM Ganda* Until 12:33PM Balava Until 8:33AM Prathama* Until 8:33PM |

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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Tuesday, March 18, 2014
Gold Retreat Star

Kanya Rasi: 19.45 Tithi 17
163218268
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Nairobi, Kenya
Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Tailila/Gara Karana Dvitiyayam Titau Sun 1 Sutra 339
Vijaya 5115
Gulika 12:42PM – 2:13PM **Hasta Until 12:37PM** **Ganesha:** Blue *Sunrise:* 6:39AM
Yama 9:41AM – 11:11AM **Vriddhi Until 12:03PM** **Muruqa:** Yellow *Sunset:* 6:46PM Moon 3 - Phase 46
Rahu 3:44PM – 5:15PM **Taitila Until 9:17AM** **Nataraja:** White 1st Phase
Moon – Green **Devaloka Day**
Phalguna-Panguni

1

Wednesday, March 19, 2014

Tula Rasi: 2.35 Tithi 18
163218268
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Nairobi, Kenya
Chitra/Svati Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau Sun 2 Sutra 340
Vijaya 5115
Gulika 11:11AM – 12:42PM **Chitra Until 1:32PM** **Ganesha:** Blue *Sunrise:* 6:39AM
Yama 8:10AM – 9:40AM **Dhruva Until 11:12AM** **Muruqa:** Yellow *Sunset:* 6:45PM Moon 3 - Phase 46
Rahu 12:42PM – 2:13PM **Vanija Until 9:36AM** **Nataraja:** White 1st Phase
Moon – Green **Devaloka Day**
Tritiya Until 9:36PM **Phalguna-Panguni**

2

Thursday, March 20, 2014

Tula Rasi: 15.37 Tithi 19
163218268
Creative Work Amrita Yoga
Until 2:05PM
Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Nairobi, Kenya
Svati/Vishakha Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Chaturthyam Titau Sun 3 Sutra 341
Vijaya 5115
Gulika 9:40AM – 11:11AM **Svati Until 2:05PM** **Ganesha:** Blue *Sunrise:* 6:38AM
Yama 6:38AM – 8:09AM **Vyaghata* Until 10:00AM** **Muruqa:** Yellow *Sunset:* 6:45PM Moon 3 - Phase 46
Rahu 2:13PM – 3:43PM **Bava Until 9:31AM** **Nataraja:** White 1st Phase
Moon – Green **Devaloka Day**
Chaturthi* Until 9:31PM **Phalguna-Panguni**

3

Friday, March 21, 2014

Tula Rasi: 28.52 Tithi 20
173218268
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Nairobi, Kenya
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Panchamyam Titau Sun 4 Sutra 342
Vijaya 5115
Gulika 8:09AM – 9:40AM **Vishakha Until 2:14PM** **Ganesha:** Red *Sunrise:* 6:38AM
Yama 3:43PM – 5:14PM **Harshana Until 8:26AM** **Muruqa:** Yellow *Sunset:* 6:45PM Moon 3 - Phase 46
Rahu 11:11AM – 12:41PM **Kaulava Until 9:00AM** **Nataraja:** White 1st Phase
Moon – Orange **Sivaloka Day**
Panchami Until 9:00PM **Phalguna-Panguni**

4

Saturday, March 22, 2014

Vrischika Rasi: 12.2 Tithi 21
173218268
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Nairobi, Kenya
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Shashthyam Titau Sun 5 Sutra 343
Vijaya 5115
Gulika 6:38AM – 8:09AM **Anuradha Until 1:25PM** **Ganesha:** Red *Sunrise:* 6:38AM
Yama 2:12PM – 3:43PM **Vajra* Until 6:28AM** **Muruqa:** Yellow *Sunset:* 6:44PM Moon 3 - Phase 46
Rahu 9:39AM – 11:10AM **Gara Until 7:53AM** **Nataraja:** White 1st Phase
Moon – Orange **Sivaloka Day**
Shashthi* Until 6:58PM **Phalguna-Panguni**

5

Sunday, March 23, 2014

Vrischika Rasi: 26.03 Tithi 22 – 23
173218268
Routine Work Marana Yoga
Until 12:47PM
Then Creative Work - Amrita Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Nairobi, Kenya
Jyeshtha*/Mula* Nakshatra Vyatipata* Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau Sun 6 Sutra 344
Vijaya 5115
Gulika 3:42PM – 5:13PM **Jyeshtha* Until 12:47PM** **Ganesha:** Red *Sunrise:* 6:38AM
Yama 12:41PM – 2:12PM **Vyatipata* Until 1:37AM Mon** **Muruqa:** Yellow *Sunset:* 6:44PM Moon 3 - Phase 46
Rahu 5:13PM – 6:44PM **Visti Until 6:34AM** **Nataraja:** White 1st Phase
Moon – Orange **Sivaloka Day**
Saptami Until 5:39PM **Phalguna-Panguni**

Monday, March 24, 2014

Retreat Star

Dhanus Rasi: 9.59 Tithi 23 – 24
183218268
Family Home Evening
Creative Work Siddha Yoga
Until 11:44AM
Then Routine Work - Marana Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Nairobi, Kenya
Mula*/Purvashadha* Nakshatra Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau Sun 7 Sutra 345
Vijaya 5115
Gulika 2:11PM – 3:42PM **Mula* Until 11:44AM** **Ganesha:** Green *Sunrise:* 6:37AM
Yama 11:10AM – 12:41PM **Variyan Until 11:04PM** **Muruqa:** Yellow *Sunset:* 6:44PM Moon 3 - Phase 46
Rahu 8:08AM – 9:39AM **Taitila Until 2:59AM Tue** **Nataraja:** White Ashtami
Moon – Light Blue **Devaloka Day**
Ashtami* Until 3:54PM **Phalguna-Panguni**

Tuesday, March 25, 2014

Retreat Star

Dhanus Rasi: 24.09 Tithi 24 – 25
183218268
Creative Work Siddha Yoga
Until 10:19AM
Then Routine Work - Prabalarishta Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Nairobi, Kenya
Purvashadha*/Uttarashadha Nakshatra Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau Sun 8 Sutra 346
Vijaya 5115
Gulika 12:40PM – 2:11PM **Purvashadha* Until 10:19AM** **Ganesha:** Green *Sunrise:* 6:37AM
Yama 9:39AM – 11:09AM **Parigha* Until 8:09PM** **Muruqa:** Yellow *Sunset:* 6:43PM Moon 3 - Phase 46
Rahu 3:42PM – 5:13PM **Vanija Until 12:48AM Wed** **Nataraja:** White Navami
Moon – Light Blue **Devaloka Day**
Navami* Until 1:44PM **Phalguna-Panguni**

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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| 1 | Wednesday, March 26, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | Nairobi, Kenya |
| | Makara Rasi: 8.31 | Tithi 25 – 26 | 183218268 | Sun 9 | Sutra 347 | Vijaya 5115 |
| | Creative Work | Amrita Yoga | | | | |
| | Until 8:22AM | | | | | |
| | Then Creative Work - Siddha Yoga | | | | | |
| | | Gulika 11:09AM – 12:40PM | Uttarashadha Until 8:22AM | Ganesha: Green | <i>Sunrise:</i> 6:37AM | |
| | | Yama 8:08AM – 9:38AM | Shiva Until 4:13PM | Muruqa: Yellow | <i>Sunset:</i> 6:43PM | Moon 3 - Phase 47 |
| | | Rahu 12:40PM – 2:11PM | Bava Until 9:06PM | Nataraja: White | | 2nd Phase |
| | | | Dashami Until 10:49AM | Moon – Light Blue | | |
| | | | | Phalguna* Panguni | | Devaloka Day |

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| 2 | Thursday, March 27, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishiha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | Nairobi, Kenya |
| | Makara Rasi: 23.02 | Tithi 26 – 27 | 193218268 | Sun 10 | Sutra 348 | Vijaya 5115 |
| | Creative Work | Siddha Yoga | | | | |
| | | Gulika 9:38AM – 11:09AM | Shravana Until 6:29AM | Ganesha: Orange | <i>Sunrise:</i> 6:37AM | |
| | | Yama 6:37AM – 8:07AM | Siddha Until 12:58PM | Muruqa: Yellow | <i>Sunset:</i> 6:43PM | Moon 3 - Phase 47 |
| | | Rahu 2:10PM – 3:41PM | Kaulava Until 6:29PM | Nataraja: White | | 2nd Phase |
| | | | Ekadashi* Until 8:12AM | Moon – Purple | | |
| | | | | Phalguna* Panguni | | Sivaloka Day |

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| 3 | Friday, March 28, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Trayodashyam Titau | | | Nairobi, Kenya |
| | Kumbha Rasi: 7.37 | Tithi 28 | 193218268 | Sun 11 | Sutra 349 | Vijaya 5115 |
| | Creative Work | Siddha Yoga | | | | |
| | Until 1:48AM Sat | | | | | |
| | Then Routine Work - Marana Yoga | | | | | |
| | | Gulika 8:07AM – 9:38AM | Shatabhishak Until 1:48AM Sat | Ganesha: Orange | <i>Sunrise:</i> 6:36AM | |
| | | Yama 3:41PM – 5:12PM | Sadhya Until 9:36AM | Muruqa: Yellow | <i>Sunset:</i> 6:42PM | Moon 3 - Phase 47 |
| | | Rahu 11:09AM – 12:39PM | Gara Until 3:45PM | Nataraja: White | | 2nd Phase |
| | | | Trayodashi* Until 2:03AM Sat | Moon – Purple | | |
| | | | <i>Pradosha Vrata (Fasting)</i> | Phalguna* Panguni | | Sivaloka Day |

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| 4 | Saturday, March 29, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | Nairobi, Kenya |
| | Kumbha Rasi: 22.1 | Tithi 29 | 113218268 | Sun 12 | Sutra 350 | Vijaya 5115 |
| | Routine Work | Marana Yoga | | | | |
| | Until 1:08AM Sun | | | | | |
| | Then Creative Work - Amrita Yoga | | | | | |
| | | Gulika 6:36AM – 8:07AM | Purvaproshtapada* Until 1:08AM Sun | Ganesha: Light Blue | <i>Sunrise:</i> 6:36AM | |
| | | Yama 2:10PM – 3:40PM | Subha Until 6:18AM | Muruqa: Yellow | <i>Sunset:</i> 6:42PM | Moon 3 - Phase 47 |
| | | Rahu 9:37AM – 11:08AM | Visti Until 1:37PM | Nataraja: White | | 2nd Phase |
| | | | Chaturdashi* Until 12:42AM Sun | Moon – Clear | | |
| | | | | Phalguna* Panguni | | Devaloka Day |

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|  | Sunday, March 30, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | Nairobi, Kenya |
| | Meena Rasi: 6.35 | Tithi 30 | 114218268 | Sun 13 | Sutra 351 | Vijaya 5115 |
| | Creative Work | Amrita Yoga | | | | |
| | | Gulika 3:40PM – 5:11PM | Uttaraproshtapada Until 11:17PM | Ganesha: Orange | <i>Sunrise:</i> 6:36AM | |
| | | Yama 12:39PM – 2:09PM | Brahma Until 12:20AM Mon | Muruqa: Yellow | <i>Sunset:</i> 6:42PM | Moon 3 - Phase 47 |
| | | Rahu 5:11PM – 6:42PM | Catuspada Until 10:59AM | Nataraja: White | | Amavasya |
| | | | Amavasya* Until 10:04PM | Moon – Clear | | |
| | | | | Phalguna* Panguni | | Sivaloka Day |

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| Monday, March 31, 2014 | Retreat Star | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Indra Yoga Kintughna*/Bava Karana Prathamayam Titau | | | Nairobi, Kenya |
| | Meena Rasi: 20.46 | Tithi 1 | 114218268 | Sun 14 | Sutra 352 | Vijaya 5115 |
| | Creative Work | Siddha Yoga | | | | |
| | Family Home Evening | | | | | |
| | | Gulika 2:09PM – 3:40PM | Revati Until 9:50PM | Ganesha: Orange | <i>Sunrise:</i> 6:35AM | |
| | | Yama 11:08AM – 12:38PM | Indra Until 9:24PM | Muruqa: Yellow | <i>Sunset:</i> 6:41PM | Moon 3 - Phase 47 |
| | | Rahu 8:06AM – 9:37AM | Kintughna Until 8:48AM | Nataraja: White | | Prathama |
| | | | Prathama* Until 7:52PM | Moon – Clear | | |
| | | | | Chaitra* Panguni | | Sivaloka Day |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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|---------------------|---------------------------------|-------------|--|--|--|--|---|
| 1 | Tuesday, April 1, 2014 | | Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Nairobi, Kenya |
| | Mesha Rasi: 4.37 | Tithi 2 | 124218268 | Gulika 12:38PM – 2:09PM Yama 9:37AM – 11:08AM Rahu 3:40PM – 5:11PM | Ashvini Until 10:05PM Vaidhriti* Until 7:55PM Balava Until 7:11AM Dvitiya Until 6:16PM | Ganesha: Clear <i>Sunrise:</i> 6:35AM Muruqa: Yellow <i>Sunset:</i> 6:41PM Nataraja: White Moon – White | Sun 15 Sutra 353 Vijaya 5115 Moon 3 - Phase 48 3rd Phase |
| | Creative Work | Siddha Yoga | Chellappaswami Mahasamadhi | | Chaitra-Panguni | Sivaloka Day | |
| 2 | Wednesday, April 2, 2014 | | Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Vishkambha* Priti Yoga Tailita/Gara Karana Tritiyayam Titau | | | | Nairobi, Kenya |
| | Mesha Rasi: 18.07 | Tithi 3 | 124218268 | Gulika 11:07AM – 12:38PM Yama 8:06AM – 9:37AM Rahu 12:38PM – 2:09PM | Bharani Until 9:48PM Vishkambha* Until 5:57PM Tailita Until 6:17AM Tritiya Until 6:17PM | Ganesha: Clear <i>Sunrise:</i> 6:35AM Muruqa: Yellow <i>Sunset:</i> 6:41PM Nataraja: White Moon – White | Sun 16 Sutra 354 Vijaya 5115 Moon 3 - Phase 48 3rd Phase |
| | Creative Work | Siddha Yoga | | | Chaitra-Panguni | Sivaloka Day | |
| | Until 9:48PM | | Then Creative Work - Amrita Yoga | | | | |
| 3 | Thursday, April 3, 2014 | | Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau | | | | Nairobi, Kenya |
| | Wrishabha Rasi: 1.13 | Tithi 4 | 124218268 | Gulika 9:36AM – 11:07AM Yama 6:35AM – 8:06AM Rahu 2:09PM – 3:39PM | Krittika Until 10:13PM Priti Until 4:39PM Vanija Until 6:03AM Chaturthi* Until 6:03PM | Ganesha: Clear <i>Sunrise:</i> 6:35AM Muruqa: Yellow <i>Sunset:</i> 6:41PM Nataraja: White Moon – White | Sun 17 Sutra 355 Vijaya 5115 Moon 3 - Phase 48 3rd Phase |
| | Routine Work | Marana Yoga | | | Chaitra-Panguni | Sivaloka Day | |
| 4 | Friday, April 4, 2014 | | Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau | | | | Nairobi, Kenya |
| | Wrishabha Rasi: 13.58 | Tithi 5 | 134318268 | Gulika 8:05AM – 9:36AM Yama 3:39PM – 5:10PM Rahu 11:07AM – 12:37PM | Rohini Until 12:44AM Sat Ayushman Until 4:44PM Bava Until 6:34AM Panchami Until 7:40PM | Ganesha: Clear <i>Sunrise:</i> 6:35AM Muruqa: Yellow <i>Sunset:</i> 6:40PM Nataraja: White Moon – Yellow | Sun 18 Sutra 356 Vijaya 5115 Moon 3 - Phase 48 3rd Phase |
| | Routine Work | Marana Yoga | | | Chaitra-Panguni | Sivaloka Day | |
| | Until 12:44AM Sat | | Then Creative Work - Siddha Yoga | | | | |
| 5 | Saturday, April 5, 2014 | | Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailita Karana Shashthyam Titau | | | | Nairobi, Kenya |
| | Wrishabha Rasi: 26.24 | Tithi 6 | 134318268 | Gulika 6:34AM – 8:05AM Yama 2:08PM – 3:39PM Rahu 9:36AM – 11:06AM | Mrigashira Until 2:32AM Sun Saubhagya Until 4:34PM Kaulava Until 7:46AM Shashthi* Until 8:51PM | Ganesha: Clear <i>Sunrise:</i> 6:34AM Muruqa: Yellow <i>Sunset:</i> 6:40PM Nataraja: White Moon – Yellow | Sun 19 Sutra 357 Vijaya 5115 Moon 3 - Phase 48 3rd Phase |
| | Creative Work | Siddha Yoga | | | Chaitra-Panguni | Sivaloka Day | |
| 6 | Sunday, April 6, 2014 | | Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau | | | | Nairobi, Kenya |
| | Mithuna Rasi: 9 | Tithi 7 | 134318268 | Gulika 3:38PM – 5:09PM Yama 12:37PM – 2:08PM Rahu 5:09PM – 6:40PM | Ardra Until 4:48AM Mon Sobhana Until 4:51PM Gara Until 9:29AM Saptami Until 10:34PM | Ganesha: Clear <i>Sunrise:</i> 6:34AM Muruqa: Yellow <i>Sunset:</i> 6:40PM Nataraja: White Moon – Yellow | Sun 20 Sutra 358 Vijaya 5115 Moon 3 - Phase 48 3rd Phase |
| | Creative Work | Siddha Yoga | | | Chaitra-Panguni | Sivaloka Day | |
| | Until 4:48AM Mon | | Then Creative Work - Amrita Yoga | | | | |
| Retreat Star | Monday, April 7, 2014 | | Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Nairobi, Kenya |
| | Mithuna Rasi: 20.37 | Tithi 8 | 144318268 | Gulika 2:07PM – 3:38PM Yama 11:06AM – 12:37PM Rahu 8:05AM – 9:35AM | Punarvasu Until 7:34AM Tue Athiganda* Until 5:27PM Visti Until 11:35AM Ashtami* Until 12:40AM Tue | Ganesha: White <i>Sunrise:</i> 6:34AM Muruqa: Yellow <i>Sunset:</i> 6:39PM Nataraja: White Moon – Blue | Sun 21 Sutra 359 Vijaya 5115 Moon 3 - Phase 48 Ashtami |
| | Creative Work | Amrita Yoga | | | Chaitra-Panguni | Devaloka Day | |
| | Until 7:34AM Tue | | Then Creative Work - Siddha Yoga | | | | |
| Retreat Star | Tuesday, April 8, 2014 | | Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Balava/Kaulava Karana Navamyam Titau | | | | Nairobi, Kenya |
| | Kataka Rasi: 2.33 | Tithi 9 | 144318268 | Gulika 12:36PM – 2:07PM Yama 9:35AM – 11:06AM Rahu 3:38PM – 5:08PM | Punarvasu Until 7:34AM Sukarma Until 6:14PM Balava Until 1:53PM Navami* Until 2:59AM Wed | Ganesha: White <i>Sunrise:</i> 6:34AM Muruqa: Yellow <i>Sunset:</i> 6:39PM Nataraja: White Moon – Blue | Sun 22 Sutra 360 Vijaya 5115 Moon 3 - Phase 48 Navami |
| | Creative Work | Siddha Yoga | Sri Rama Navami | | Chaitra-Panguni | Devaloka Day | |

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

All times are standard time

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| 1 | Wednesday, April 9, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Tailita/Gara Karana Dashamyam Titau | | | | Nairobi, Kenya |
| | Kataka Rasi: 14.26 | Tithi 10 | Gulika 11:05AM – 12:36PM | Pushya Until 10:27AM | Ganesha: White | <i>Sunrise:</i> 6:33AM | Sun 23 Sutra 361 |
| | | 144318268 | Yama 8:04AM – 9:35AM | Dhriti Until 7:04PM | Muruqa: Yellow | <i>Sunset:</i> 6:39PM | Vijaya 5115 |
| | Creative Work | Siddha Yoga | Rahu 12:36PM – 2:07PM | Taitila Until 4:15PM | Nataraja: White | | Moon 3 - Phase 49 |
| | | Yogaswami Mahasamadhi | Dashami Until 5:21AM Thu | Chaitra-Panguni | | 4th Phase | |
| | | | | | | Devaloka Day | |

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| 2 | Thursday, April 10, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Vanija Karana Ekadashyam Titau | | | | Nairobi, Kenya |
| | Kataka Rasi: 26.23 | Tithi 11 | Gulika 9:34AM – 11:05AM | Ashlesha* Until 1:14PM | Ganesha: White | <i>Sunrise:</i> 6:33AM | Sun 24 Sutra 362 |
| | | 144318268 | Yama 6:33AM – 8:04AM | Shula* Until 7:50PM | Muruqa: Yellow | <i>Sunset:</i> 6:38PM | Vijaya 5115 |
| | Creative Work | Siddha Yoga | Rahu 2:06PM – 3:37PM | Vanija Until 6:32PM | Nataraja: White | | Moon 3 - Phase 49 |
| | | | Ekadashi Until 7:30AM Fri | Chaitra-Panguni | | 4th Phase | |
| | | | | | | Devaloka Day | |

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| 3 | Friday, April 11, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Visiti*/Bava Karana Ekadashi/Dvadashyam Titau | | | | Nairobi, Kenya |
| | Simha Rasi: 8.25 | Tithi 11 – 12 | Gulika 8:03AM – 9:34AM | Magha* Until 3:50PM | Ganesha: White | <i>Sunrise:</i> 6:33AM | Sun 25 Sutra 363 |
| | | 155318268 | Yama 3:37PM – 5:07PM | Ganda* Until 8:25PM | Muruqa: Yellow | <i>Sunset:</i> 6:38PM | Vijaya 5115 |
| | Routine Work | Marana Yoga | Rahu 11:05AM – 12:35PM | Bava Until 8:36PM | Nataraja: White | | Moon 3 - Phase 49 |
| | | | Ekadashi Until 7:30AM | Chaitra-Panguni | | 4th Phase | |
| | | | | | | Subha Sivaloka Day | |

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| 4 | Saturday, April 12, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Nairobi, Kenya |
| | Simha Rasi: 20.37 | Tithi 12 – 13 | Gulika 6:33AM – 8:03AM | Purvaphalguni Until 6:06PM | Ganesha: White | <i>Sunrise:</i> 6:33AM | Sun 26 Sutra 364 |
| | | 155318268 | Yama 2:06PM – 3:37PM | Vriddhi Until 8:42PM | Muruqa: Yellow | <i>Sunset:</i> 6:38PM | Vijaya 5115 |
| | Creative Work | Siddha Yoga | Rahu 9:34AM – 11:05AM | Kaulava Until 10:18PM | Nataraja: White | | Moon 3 - Phase 49 |
| | | | Dvadashi Until 9:13AM | Chaitra-Panguni | | 4th Phase | |
| | | | | | | Subha Sivaloka Day | |
| | | | | | | <i>Pradosha Vrata</i> | |

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| 5 | Sunday, April 13, 2014 | | Vijaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva Yoga Tailita/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Nairobi, Kenya |
| | Kanya Rasi: 3.02 | Tithi 13 – 14 | Gulika 3:36PM – 5:07PM | Uttaraphalguni Until 6:52PM | Ganesha: White | <i>Sunrise:</i> 6:32AM | Sun 27 Sutra 365 |
| | | 155318268 | Yama 12:35PM – 2:06PM | Dhruva Until 7:33PM | Muruqa: Yellow | <i>Sunset:</i> 6:38PM | Vijaya 5115 |
| | Creative Work | Amrita Yoga | Rahu 5:07PM – 6:38PM | Gara Until 10:05PM | Nataraja: White | | Moon 3 - Phase 49 |
| | | | Trayodashi Until 10:05AM | Chaitra-Panguni | | 4th Phase | |
| | | | | | | Subha Sivaloka Day | |

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| ○ | Monday, April 14, 2014 | | Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vyaghata* Yoga Vanija/Visiti* Karana Chaturdashi/Purnimayam Titau | | | | Nairobi, Kenya |
| | Copper Retreat Star | | Gulika 2:05PM – 3:36PM | Hasta Until 8:07PM | Ganesha: White | <i>Sunrise:</i> 6:32AM | Sutra 1 |
| | Kanya Rasi: 15.41 | Tithi 14 – 15 | Yama 11:04AM – 12:35PM | Vyaghata* Until 7:02PM | Muruqa: Yellow | <i>Sunset:</i> 6:37PM | Jaya 5116 |
| | Family Home Evening | 265318268 | Rahu 8:03AM – 9:33AM | Visiti Until 10:44PM | Nataraja: White | | Moon 3 - Phase 49 |
| | | | Chaturdashi* Until 10:44AM | Chaitra-Chaitra | | Purnima | |
| | | | | | | Subha Sivaloka Day | |
| | | | | | | Tamil New Year | |
| | | | | | | Hanuman Jayanti | |

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| | Tuesday, April 15, 2014 | | Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Nairobi, Kenya |
| | Silver Retreat Star | | Gulika 12:34PM – 2:05PM | Chitra Until 8:52PM | Ganesha: White | <i>Sunrise:</i> 6:32AM | Sutra 2 |
| | Kanya Rasi: 28.37 | Tithi 15 – 16 | Yama 9:33AM – 11:04AM | Harshana Until 6:02PM | Muruqa: Yellow | <i>Sunset:</i> 6:37PM | Jaya 5116 |
| | | 265318268 | Rahu 3:36PM – 5:06PM | Balava Until 10:49PM | Nataraja: White | | Moon 3 - Phase 49 |
| | | | Purnima* Until 10:49AM | Chaitra-Chaitra | | Prathama | |
| | | | | | | Subha Sivaloka Day | |
| | | | | | | Total Lunar Eclipse | |

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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