



**Saturday, April 27, 2013**  
**Gold Retreat Star**

Tula Rasi: 29.1 Tithi 17  
275767269  
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyatipata/Variyan Yoga Tailila/Gara Karana Dvitiyayam Titau  
**Gulika** 5:14AM – 6:52AM **Vishakha Until 12:40PM**  
**Yama** 1:25PM – 3:04PM **Vyatipata\* Until 12:55PM**  
**Rahu** 8:31AM – 10:09AM **Gara Until 8:58AM**  
**Dvitiya Until 7:15PM**

**Ganesha:** Yellow *Sunrise: 5:14AM*  
**Muruqa:** Yellow *Sunset: 6:20PM*  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra-Chaitra**

Kathmandu, Nepal  
Sutra 14  
Vijaya 5115  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**1**

**Sunday, April 28, 2013**

Vrischika Rasi: 13.57 Tithi 18 – 19  
275767269  
Routine Work Marana Yoga

Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau  
**Gulika** 3:04PM – 4:42PM **Anuradha Until 10:21AM**  
**Yama** 11:47AM – 1:25PM **Variyan Until 9:17AM**  
**Rahu** 4:42PM – 6:21PM **Bava Until 2:25AM Mon**  
**Tritiya Until 4:08PM**

**Ganesha:** Yellow *Sunrise: 5:13AM*  
**Muruqa:** Yellow *Sunset: 6:21PM*  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra-Chaitra**

Kathmandu, Nepal  
Sutra 15  
Vijaya 5115  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**2**

**Monday, April 29, 2013**

Vrischika Rasi: 28.43 Tithi 19 – 20  
275768269  
Family Home Evening  
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika** 1:25PM – 3:04PM **Jyeshtha\* Until 8:04AM**  
**Yama** 10:08AM – 11:47AM **Shiva Until 1:41AM Tue**  
**Rahu** 6:51AM – 8:30AM **Kaulava Until 11:21PM**  
**Chaturthi\* Until 1:04PM**

**Ganesha:** Yellow *Sunrise: 5:12AM*  
**Muruqa:** White *Sunset: 6:21PM*  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra-Chaitra**

Kathmandu, Nepal  
Sutra 16  
Vijaya 5115  
Moon 4 - Phase 2  
1st Phase

**Sivaloka Day**

**3**

**Tuesday, April 30, 2013**

Dhanus Rasi: 13.2 Tithi 20 – 21  
285768269  
Creative Work Siddha Yoga  
Until 4:51AM Wed  
Then Creative Work - Amrita Yoga

Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Siddha Yoga Tailila/Gara Karana Panchami/Shashthyam Titau  
**Gulika** 11:47AM – 1:26PM **Purvashadha\* Until 4:51AM Wed**  
**Yama** 8:29AM – 10:08AM **Siddha Until 11:22PM**  
**Rahu** 3:04PM – 4:43PM **Gara Until 9:37PM**  
**Panchami Until 10:33AM**

**Ganesha:** Blue *Sunrise: 5:12AM*  
**Muruqa:** White *Sunset: 6:22PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Chaitra**

Kathmandu, Nepal  
Sutra 17  
Vijaya 5115  
Moon 4 - Phase 2  
1st Phase

**Subha Sivaloka Day**

**4**

**Wednesday, May 1, 2013**

Dhanus Rasi: 27.46 Tithi 21 – 22  
285768269  
Creative Work Amrita Yoga  
Until 2:59AM Thu  
Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha Nakshatra Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika** 10:08AM – 11:47AM **Uttarashadha Until 2:59AM Thu**  
**Yama** 6:50AM – 8:29AM **Sadhya Until 8:05PM**  
**Rahu** 11:47AM – 1:26PM **Visti Until 6:57PM**  
**Shashthi\* Until 7:53AM**

**Ganesha:** Blue *Sunrise: 5:11AM*  
**Muruqa:** White *Sunset: 6:22PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Chaitra**

Kathmandu, Nepal  
Sutra 18  
Vijaya 5115  
Moon 4 - Phase 2  
1st Phase

**Subha Sivaloka Day**



**Thursday, May 2, 2013**  
**Retreat Star**

Makara Rasi: 11.55 Tithi 23  
295768269  
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau  
**Gulika** 8:28AM – 10:07AM **Shravana Until 1:35AM Fri**  
**Yama** 5:10AM – 6:49AM **Subha Until 5:13PM**  
**Rahu** 1:26PM – 3:05PM **Balava Until 4:46PM**  
**Ashtami\* Until 3:51AM Fri**

**Ganesha:** Red *Sunrise: 5:10AM*  
**Muruqa:** White *Sunset: 6:23PM*  
**Nataraja:** Clear  
Moon – Purple  
**Chaitra-Chaitra**

Kathmandu, Nepal  
Sutra 19  
Vijaya 5115  
Moon 4 - Phase 2  
Ashtami

**Sivaloka Day**

Chidambaram Abhishekam

**Friday, May 3, 2013**  
**Retreat Star**

Makara Rasi: 25.46 Tithi 24  
295768269  
Creative Work Siddha Yoga  
Until 12:41AM Sat  
Then Creative Work - Amrita Yoga

Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Navamyam Titau  
**Gulika** 6:48AM – 8:28AM **Dhanishtha Until 12:41AM Sat**  
**Yama** 3:05PM – 4:44PM **Sukla Until 2:49PM**  
**Rahu** 10:07AM – 11:46AM **Tailila Until 3:08PM**  
**Navami\* Until 2:12AM Sat**

**Ganesha:** Red *Sunrise: 5:09AM*  
**Muruqa:** White *Sunset: 6:24PM*  
**Nataraja:** Clear  
Moon – Purple  
**Chaitra-Chaitra**

Kathmandu, Nepal  
Sutra 20  
Vijaya 5115  
Moon 4 - Phase 2  
Navami

**Sivaloka Day**

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time

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<b>1</b>	<b>Saturday, May 4, 2013</b>		Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Vanija/Vistil* Karana Dashamyam Titau				Kathmandu, Nepal Sutra 21 Vijaya 5115	
	Kumbha Rasi: 9.2	Tithi 25	296768269	<b>Gulika</b> 5:08AM – 6:48AM <b>Yama</b> 1:26PM – 3:05PM <b>Rahu</b> 8:27AM – 10:07AM	<b>Shatabhishak Until 1:41AM Sun</b> Brahma Until 1:23PM Vanija Until 2:42PM <b>Dashami Until 2:42AM Sun</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:08AM <b>Muruqa:</b> White <i>Sunset:</i> 6:24PM <b>Nataraja:</b> Clear Moon – Purple <b>Chaitra•Chaitra</b>	Moon 4 - Phase 3 2nd Phase <b>Devaloka Day</b>	
	Creative Work Amrita Yoga Until 1:41AM Sun Then Creative Work - Siddha Yoga							
<b>2</b>	<b>Sunday, May 5, 2013</b>		Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ekadashyam Titau				Kathmandu, Nepal Sutra 22 Vijaya 5115	
	Kumbha Rasi: 22.38	Tithi 26	216768269	<b>Gulika</b> 3:05PM – 4:45PM <b>Yama</b> 11:46AM – 1:26PM <b>Rahu</b> 4:45PM – 6:25PM	<b>Purvaproshtapada* Until 1:46AM Mon</b> Indra Until 11:48AM Bava Until 2:04PM <b>Ekadashi* Until 2:04AM Mon</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:08AM <b>Muruqa:</b> White <i>Sunset:</i> 6:25PM <b>Nataraja:</b> Clear Moon – Clear <b>Chaitra•Chaitra</b>	Moon 4 - Phase 3 2nd Phase <b>Devaloka Day</b>	
	Creative Work Siddha Yoga							
<b>3</b>	<b>Monday, May 6, 2013</b>		Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitilla Karana Dvadashtyam Titau				Kathmandu, Nepal Sutra 23 Vijaya 5115	
	Meena Rasi: 5.38	Tithi 27	216768269	<b>Gulika</b> 1:26PM – 3:06PM <b>Yama</b> 10:06AM – 11:46AM <b>Rahu</b> 6:47AM – 8:26AM	<b>Uttaraproshtapada Until 2:21AM Tue</b> Vaidhriti* Until 10:41AM Kaulava Until 1:57PM <b>Dvadashti* Until 1:57AM Tue</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:07AM <b>Muruqa:</b> White <i>Sunset:</i> 6:25PM <b>Nataraja:</b> Clear Moon – Clear <b>Chaitra•Chaitra</b>	Moon 4 - Phase 3 2nd Phase <b>Devaloka Day</b>	
	Family Home Evening Creative Work Siddha Yoga							
<b>4</b>	<b>Tuesday, May 7, 2013</b>		Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Trayodashyam Titau				Kathmandu, Nepal Sutra 24 Vijaya 5115	
	Meena Rasi: 18.25	Tithi 28	216768269	<b>Gulika</b> 11:46AM – 1:26PM <b>Yama</b> 8:26AM – 10:06AM <b>Rahu</b> 3:06PM – 4:46PM	<b>Revati Until 3:23AM Wed</b> Vishkambha* Until 9:59AM Gara Until 2:21PM <b>Trayodashi* Until 2:21AM Wed</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:06AM <b>Muruqa:</b> White <i>Sunset:</i> 6:26PM <b>Nataraja:</b> Clear Moon – Clear <b>Chaitra•Chaitra</b>	Moon 4 - Phase 3 2nd Phase <b>Devaloka Day</b>	
	Creative Work Siddha Yoga Until 3:23AM Wed Then Routine Work - Marana Yoga							
<b>5</b>	<b>Wednesday, May 8, 2013</b>		Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kathmandu, Nepal Sutra 25 Vijaya 5115	
	Mesha Rasi: 0.58	Tithi 29	226768269	<b>Gulika</b> 10:06AM – 11:46AM <b>Yama</b> 6:46AM – 8:26AM <b>Rahu</b> 11:46AM – 1:26PM	<b>Ashvini Until 6:03AM Thu</b> Priti Until 9:57AM Visti Until 4:01PM <b>Chaturdashi* Until 5:07AM Thu</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:05AM <b>Muruqa:</b> White <i>Sunset:</i> 6:26PM <b>Nataraja:</b> Clear Moon – White <b>Chaitra•Chaitra</b>	Moon 4 - Phase 3 2nd Phase <b>Devaloka Day</b>	
	Routine Work Marana Yoga Until 6:03AM Thu Then Creative Work - Siddha Yoga							
<b>●</b>	<b>Thursday, May 9, 2013</b>		Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kathmandu, Nepal Sutra 26 Vijaya 5115	
	<b>Retreat Star</b>		Mesha Rasi: 13.19	Tithi 30	226768269	<b>Gulika</b> 8:25AM – 10:06AM <b>Yama</b> 5:05AM – 6:45AM <b>Rahu</b> 1:26PM – 3:06PM	<b>Ashvini Until 6:03AM</b> Ayushman Until 10:00AM Catuspada Until 5:23PM <b>Amavasya* Until 6:02AM Fri</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:05AM <b>Muruqa:</b> White <i>Sunset:</i> 6:27PM <b>Nataraja:</b> Clear Moon – White <b>Chaitra•Chaitra</b>
	Creative Work Amrita Yoga Until 6:03AM Then Creative Work - Siddha Yoga							
<b>●</b>	<b>Friday, May 10, 2013</b>		Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya/Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kathmandu, Nepal Sutra 27 Vijaya 5115	
	<b>Retreat Star</b>		Mesha Rasi: 25.29	Tithi 30 – 1	226768269	<b>Gulika</b> 6:44AM – 8:25AM <b>Yama</b> 3:07PM – 4:47PM <b>Rahu</b> 10:05AM – 11:46AM	<b>Bharani Until 8:23AM</b> Saubhagya Until 10:21AM Kintughna Until 7:07PM <b>Amavasya* Until 6:02AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:04AM <b>Muruqa:</b> White <i>Sunset:</i> 6:28PM <b>Nataraja:</b> Clear Moon – White <b>Vaisaka•Chaitra</b>
	Creative Work Siddha Yoga		Annular Solar Eclipse					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>1</b>	<b>Saturday, May 11, 2013</b>	Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Kathmandu, Nepal Sutra 28 Vijaya 5115
	Wishabha Rasi: 7.3    Tithi 1 – 2 227768269	<b>Gulika</b> 5:03AM – 6:44AM <b>Yama</b> 1:26PM – 3:07PM <b>Rahu</b> 8:25AM – 10:05AM	<b>Krittika Until 11:00AM</b> Sobhana Until 11:00AM Balava Until 9:11PM <b>Prathama* Until 8:05AM</b>

<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:03AM	Moon 4 - Phase 4 3rd Phase
<b>Muruqa:</b> White <i>Sunset:</i> 6:28PM	
<b>Nataraja:</b> Clear	
<b>Vaisaka-Chaitra</b>	

**Devaloka Day**

<b>2</b>	<b>Sunday, May 12, 2013</b>	Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Kathmandu, Nepal Sutra 29 Vijaya 5115
	Wishabha Rasi: 19.25    Tithi 2 – 3 237768269	<b>Gulika</b> 3:07PM – 4:48PM <b>Yama</b> 11:46AM – 1:26PM <b>Rahu</b> 4:48PM – 6:29PM	<b>Rohini Until 1:50PM</b> Athiganda* Until 11:50AM Taitila Until 11:28PM <b>Dvitiya Until 10:23AM</b>

<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:03AM	Moon 4 - Phase 4 3rd Phase
<b>Muruqa:</b> White <i>Sunset:</i> 6:29PM	
<b>Nataraja:</b> Clear	
<b>Vaisaka-Chaitra</b>	

**Devaloka Day**

**Mother's Day**

<b>3</b>	<b>Monday, May 13, 2013</b>	Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau	Kathmandu, Nepal Sutra 30 Vijaya 5115
	Mithuna Rasi: 1.16    Tithi 3 – 4 <b>Family Home Evening</b> 237768269	<b>Gulika</b> 1:27PM – 3:08PM <b>Yama</b> 10:05AM – 11:46AM <b>Rahu</b> 6:43AM – 8:24AM	<b>Mrigashira Until 4:48PM</b> Sukarma Until 12:47PM Vanija Until 1:54AM Tue <b>Tritiya Until 12:49PM</b>

<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:02AM	Moon 4 - Phase 4 3rd Phase
<b>Muruqa:</b> White <i>Sunset:</i> 6:29PM	
<b>Nataraja:</b> Clear	
<b>Vaisaka-Chaitra</b>	

**Devaloka Day**

Then Creative Work - Siddha Yoga

<b>4</b>	<b>Tuesday, May 14, 2013</b>	Vijaya Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Kathmandu, Nepal Sutra 31 Vijaya 5115
	Mithuna Rasi: 13.06    Tithi 4 – 5 237768269	<b>Gulika</b> 11:46AM – 1:27PM <b>Yama</b> 8:24AM – 10:05AM <b>Rahu</b> 3:08PM – 4:49PM	<b>Ardra Until 7:48PM</b> Dhriti Until 1:47PM Bava Until 4:23AM Wed <b>Chaturthi* Until 3:18PM</b>

<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:02AM	Moon 4 - Phase 4 3rd Phase
<b>Muruqa:</b> White <i>Sunset:</i> 6:30PM	
<b>Nataraja:</b> Clear	
<b>Vaisaka-Vaikasi</b>	

**Devaloka Day**

Then Creative Work - Siddha Yoga

<b>5</b>	<b>Wednesday, May 15, 2013</b>	Vijaya Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Kathmandu, Nepal Sutra 32 Vijaya 5115
	Mithuna Rasi: 24.57    Tithi 5 – 6 247768269	<b>Gulika</b> 10:05AM – 11:46AM <b>Yama</b> 6:42AM – 8:23AM <b>Rahu</b> 11:46AM – 1:27PM	<b>Punarvasu Until 10:46PM</b> Shula* Until 2:44PM Kaulava Until 6:48AM Thu <b>Panchami Until 5:43PM</b>

<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:01AM	Moon 4 - Phase 4 3rd Phase
<b>Muruqa:</b> White <i>Sunset:</i> 6:30PM	
<b>Nataraja:</b> Clear	
<b>Vaisaka-Vaikasi</b>	

**Sivaloka Day**

Creative Work - Siddha Yoga

<b>6</b>	<b>Thursday, May 16, 2013</b>	Vijaya Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Shashthyam Titau	Kathmandu, Nepal Sutra 33 Vijaya 5115
	Kataka Rasi: 6.53    Tithi 6 247878269	<b>Gulika</b> 8:23AM – 10:04AM <b>Yama</b> 5:00AM – 6:42AM <b>Rahu</b> 1:27PM – 3:08PM	<b>Pushya Until 1:33AM Fri</b> Ganda* Until 3:31PM Kaulava Until 6:52AM <b>Shashthi* Until 7:57PM</b>

<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:00AM	Moon 4 - Phase 4 3rd Phase
<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:31PM	
<b>Nataraja:</b> Clear	
<b>Vaisaka-Vaikasi</b>	

**Devaloka Day**

Then Routine Work - Marana Yoga

<b>Retreat Star</b>	<b>Friday, May 17, 2013</b>	Vijaya Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Saptamyam Titau	Kathmandu, Nepal Sutra 34 Vijaya 5115
	Kataka Rasi: 18.58    Tithi 7 247878269	<b>Gulika</b> 6:41AM – 8:23AM <b>Yama</b> 3:09PM – 4:50PM <b>Rahu</b> 10:04AM – 11:46AM	<b>Ashlesha* Until 4:04AM Sat</b> Vridhhi Until 4:04PM Gara Until 8:48AM <b>Saptami Until 9:53PM</b>

<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:00AM	Moon 4 - Phase 4 3rd Phase
<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:32PM	
<b>Nataraja:</b> Clear	
<b>Vaisaka-Vaikasi</b>	

**Devaloka Day**

Then Creative Work - Amrita Yoga

<b>Retreat Star</b>	<b>Saturday, May 18, 2013</b>	Vijaya Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau	Kathmandu, Nepal Sutra 35 Vijaya 5115
	Simha Rasi: 1.16    Tithi 8 258878269	<b>Gulika</b> 4:59AM – 6:41AM <b>Yama</b> 1:27PM – 3:09PM <b>Rahu</b> 8:23AM – 10:04AM	<b>Magha* Until 4:18AM Sun</b> Dhruva Until 3:29PM Visti Until 9:55AM <b>Ashtami* Until 9:55PM</b>

<b>Ganesha:</b> Green <i>Sunrise:</i> 4:59AM	Moon 4 - Phase 4 Ashtami
<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:32PM	
<b>Nataraja:</b> Clear	
<b>Vaisaka-Vaikasi</b>	

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Then Creative Work - Siddha Yoga

<b>Retreat Star</b>	<b>Sunday, May 19, 2013</b>	Vijaya Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Navamyam Titau	Kathmandu, Nepal Sutra 36 Vijaya 5115
	Simha Rasi: 13.5    Tithi 9 258878269	<b>Gulika</b> 3:09PM – 4:51PM <b>Yama</b> 11:46AM – 1:28PM <b>Rahu</b> 4:51PM – 6:33PM	<b>Purvaphalguni Until 5:42AM Mon</b> Vyaghata* Until 3:08PM Balava Until 10:42AM <b>Navami* Until 10:42PM</b>

<b>Ganesha:</b> Green <i>Sunrise:</i> 4:59AM	Moon 4 - Phase 4 Navami
<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:33PM	
<b>Nataraja:</b> Clear	
<b>Vaisaka-Vaikasi</b>	

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work - Siddha Yoga

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time


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<b>1</b>	<b>Monday, May 20, 2013</b>	Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dashamyam Titau			Kathmandu, Nepal Sutra 37 Vijaya 5115
	Simha Rasi: 26.45      Tithi 10	<b>Gulika</b> 1:28PM – 3:10PM	<b>Uttaraphalguni</b> Until 6:27AM Tue	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:58AM	Moon 4 - Phase 5
	<b>Family Home Evening</b> 258878269	<b>Yama</b> 10:04AM – 11:46AM	Harshana Until 2:11PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:33PM	4th Phase
	Creative Work      Siddha Yoga	<b>Rahu</b> 6:40AM – 8:22AM	Taitila Until 10:46AM	<b>Nataraja:</b> Clear Moon – Red	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
		<b>Dashami</b> Until 10:46PM			

<b>2</b>	<b>Tuesday, May 21, 2013</b>	Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau			Kathmandu, Nepal Sutra 38 Vijaya 5115
	Kanya Rasi: 10.05      Tithi 11	<b>Gulika</b> 11:46AM – 1:28PM	<b>Hasta</b> Until 4:42AM Wed	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:58AM	Moon 4 - Phase 5
	268878269	<b>Yama</b> 8:22AM – 10:04AM	Vajra* Until 12:06PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:34PM	4th Phase
	Creative Work      Siddha Yoga	<b>Rahu</b> 3:10PM – 4:52PM	Vanija Until 9:43AM	<b>Nataraja:</b> Clear Moon – Green	<b>Devaloka Day</b>
		<b>Ekadashi</b> Until 8:47PM			<b>Vaisaka-Vaikasi</b>

<b>3</b>	<b>Wednesday, May 22, 2013</b>	Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau			Kathmandu, Nepal Sutra 39 Vijaya 5115
	Kanya Rasi: 23.53      Tithi 12	<b>Gulika</b> 10:04AM – 11:46AM	<b>Chitra</b> Until 3:56AM Thu	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:58AM	Moon 4 - Phase 5
	268878269	<b>Yama</b> 6:40AM – 8:22AM	Siddhi Until 9:50AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:34PM	4th Phase
	Creative Work      Siddha Yoga	<b>Rahu</b> 11:46AM – 1:28PM	Bava Until 8:11AM	<b>Nataraja:</b> Clear Moon – Green	<b>Devaloka Day</b>
		<b>Dvadashi</b> Until 7:16PM			<b>Vaisaka-Vaikasi</b>
Until 3:56AM Thu Then Creative Work - Amrita Yoga					

<b>4</b>	<b>Thursday, May 23, 2013</b>	Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Kathmandu, Nepal Sutra 40 Vijaya 5115
	Tula Rasi: 8.06      Tithi 13 – 14	<b>Gulika</b> 8:22AM – 10:04AM	<b>Svati</b> Until 1:02AM Fri	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:57AM	Moon 4 - Phase 5
	268878269	<b>Yama</b> 4:57AM – 6:39AM	Vyatipata* Until 6:49AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:35PM	4th Phase
	Creative Work      Amrita Yoga	<b>Rahu</b> 1:28PM – 3:11PM	Gara Until 2:26AM Fri	<b>Nataraja:</b> Clear Moon – Green	<b>Devaloka Day</b>
		<b>Trayodashi</b> Until 4:09PM			<b>Vaisaka-Vaikasi</b>
Until 1:02AM Fri Then Creative Work - Siddha Yoga		<i>Pradosha Vrata</i>			

	<b>Friday, May 24, 2013</b>	Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Kathmandu, Nepal Sutra 41 Vijaya 5115
	<b>Copper Retreat Star</b>	<b>Gulika</b> 6:39AM – 8:21AM	<b>Vishakha</b> Until 10:59PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:57AM	Moon 4 - Phase 5
	Tula Rasi: 22.43      Tithi 14 – 15	<b>Yama</b> 3:11PM – 4:53PM	Parigha* Until 11:26PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:36PM	Purnima
	279878269	<b>Rahu</b> 10:04AM – 11:46AM	Visti Until 11:36PM	<b>Nataraja:</b> Clear Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
		<b>Vaikasi Visakam</b>	<b>Chaturdashi*</b> Until 1:18PM	<b>Vaisaka-Vaikasi</b>	

	<b>Saturday, May 25, 2013</b>	Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Kathmandu, Nepal Sutra 42 Vijaya 5115
	<b>Silver Retreat Star</b>	<b>Gulika</b> 4:56AM – 6:39AM	<b>Anuradha</b> Until 8:26PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:56AM	Moon 4 - Phase 5
	Vrischika Rasi: 7.38      Tithi 15 – 16	<b>Yama</b> 1:29PM – 3:11PM	Shiva Until 7:37PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:36PM	Prathama
	279878269	<b>Rahu</b> 8:21AM – 10:04AM	Balava Until 8:14PM	<b>Nataraja:</b> Clear Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
		<b>Penumbral Lunar Eclipse</b>	<b>Purnima*</b> Until 9:57AM	<b>Vaisaka-Vaikasi</b>	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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**Sunday, May 26, 2013**  
**Gold Retreat Star**

Vrischika Rasi: 22.44    Titli 16 – 17  
379878269  
Routine Work    Marana Yoga  
Until 5:38PM  
Then Creative Work - Amrita Yoga

Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha/Sadhya Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

**Gulika**    3:11PM – 4:54PM    **Jyeshtha\* Until 5:38PM**  
**Yama**       11:46AM – 1:29PM       Siddha Until 3:33PM  
**Rahu**       4:54PM – 6:37PM       Gara Until 2:53AM Mon  
Prathama\* Until 6:18AM

Kathmandu, Nepal  
Sutra 43  
Vijaya 5115  
Moon 5 - Phase 6  
1st Phase

**Ganesha:** Yellow    *Sunrise:* 4:56AM  
**Muruqa:** Yellow    *Sunset:* 6:37PM  
**Nataraja:** Clear  
Moon – Orange  
**Vaisaka-Vaikasi**

**Devaloka Day**



**Monday, May 27, 2013**

Dhanus Rasi: 7.5    Titli 18  
**Family Home Evening**    389878269  
Creative Work    Siddha Yoga  
Until 2:47PM  
Then Routine Work - Marana Yoga

Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika**    1:29PM – 3:12PM    **Mula\* Until 2:47PM**  
**Yama**       10:04AM – 11:46AM       Sadhya Until 11:26AM  
**Rahu**       6:38AM – 8:21AM       Vanija Until 12:54PM  
Tritiya Until 11:11PM

Kathmandu, Nepal  
Sun 1    Sutra 44  
Vijaya 5115  
Moon 5 - Phase 6  
1st Phase

**Ganesha:** Blue    *Sunrise:* 4:56AM  
**Muruqa:** Yellow    *Sunset:* 6:37PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM



**Tuesday, May 28, 2013**

Dhanus Rasi: 22.49    Titli 19  
389878269  
Creative Work    Siddha Yoga  
Until 12:09PM  
Then Routine Work - Prabalarishta Yoga

Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika**    11:47AM – 1:29PM    **Purvashadha\* Until 12:09PM**  
**Yama**       8:21AM – 10:04AM       Subha Until 7:31AM  
**Rahu**       3:12PM – 4:55PM       Bava Until 9:26AM  
Chaturthi\* Until 7:43PM

Kathmandu, Nepal  
Sun 2    Sutra 45  
Vijaya 5115  
Moon 5 - Phase 6  
1st Phase

**Ganesha:** Blue    *Sunrise:* 4:55AM  
**Muruqa:** Yellow    *Sunset:* 6:38PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM



**Wednesday, May 29, 2013**

Makara Rasi: 7.34    Titli 20 – 21  
389878269  
Creative Work    Amrita Yoga  
Until 10:11AM  
Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha\*/Shravana Nakshatra Brahma Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

**Gulika**    10:04AM – 11:47AM    **Uttarashadha Until 10:11AM**  
**Yama**       6:38AM – 8:21AM       Brahma Until 1:11AM Thu  
**Rahu**       11:47AM – 1:30PM       Kaulava Until 6:25AM  
Panchami Until 5:30PM

Kathmandu, Nepal  
Sun 3    Sutra 46  
Vijaya 5115  
Moon 5 - Phase 6  
1st Phase

**Ganesha:** Blue    *Sunrise:* 4:55AM  
**Muruqa:** Yellow    *Sunset:* 6:38PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM



**Thursday, May 30, 2013**

Makara Rasi: 21.56    Titli 21 – 22  
399878269  
Creative Work    Siddha Yoga

Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana\*/Dhanishtha Nakshatra Indra Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika**    8:21AM – 10:04AM    **Shravana Until 8:23AM**  
**Yama**       4:55AM – 6:38AM       Indra Until 9:58PM  
**Rahu**       1:30PM – 3:13PM       Visti Until 1:57AM Fri  
Shashthi\* Until 2:52PM

Kathmandu, Nepal  
Sun 4    Sutra 47  
Vijaya 5115  
Moon 5 - Phase 6  
1st Phase

**Ganesha:** Red    *Sunrise:* 4:55AM  
**Muruqa:** Yellow    *Sunset:* 6:39PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**Devaloka Day**



**Friday, May 31, 2013**  
**Retreat Star**

Kumbha Rasi: 5.56    Titli 22 – 23  
399878269  
Creative Work    Siddha Yoga

Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha\*/Shatabhishak Nakshatra Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika**    6:38AM – 8:21AM    **Dhanishtha Until 7:16AM**  
**Yama**       3:13PM – 4:56PM       Vaidhriti\* Until 7:23PM  
**Rahu**       10:04AM – 11:47AM       Balava Until 12:03AM Sat  
Saptami Until 12:58PM

Kathmandu, Nepal  
Sun 5    Sutra 48  
Vijaya 5115  
Moon 5 - Phase 6  
Ashtami

**Ganesha:** Red    *Sunrise:* 4:55AM  
**Muruqa:** Yellow    *Sunset:* 6:39PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**Devaloka Day**

**Saturday, June 1, 2013**  
**Retreat Star**

Kumbha Rasi: 19.3    Titli 23 – 24  
391878269  
Creative Work    Amrita Yoga  
Until 6:55AM  
Then Routine Work - Marana Yoga

Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak\*/Purvaproshtapada\* Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika**    4:54AM – 6:38AM    **Shatabhishak Until 6:55AM**  
**Yama**       1:30PM – 3:13PM       Vishkambha\* Until 6:17PM  
**Rahu**       8:21AM – 10:04AM       Taitila Until 12:19AM Sun  
Ashtami\* Until 12:19PM

Kathmandu, Nepal  
Sun 6    Sutra 49  
Vijaya 5115  
Moon 5 - Phase 6  
Navami


**Ganesha:** Clear    *Sunrise:* 4:54AM  
**Muruqa:** Yellow    *Sunset:* 6:40PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**Devaloka Day**

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

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<b>1</b>	<b>Sunday, June 2, 2013</b>	Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaprosarthpada*/Uttaraprosarthpada Nakshatra Pritii/Ayushman Yoga Gara/Vanija Karana Navami/Dashyam Titau				Kathmandu, Nepal
	Meena Rasi: 2.41 Tithi 24 – 25 311878269	<b>Gulika</b> 3:14PM – 4:57PM <b>Yama</b> 11:47AM – 1:30PM <b>Rahu</b> 4:57PM – 6:40PM	<b>Purvaprosarthpada* Until 7:12AM</b> Priti Until 4:54PM Vanija Until 11:52PM <b>Navami* Until 11:52AM</b>	<b>Ganesha:</b> Red <i>Sunrise: 4:54AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 6:40PM</i> <b>Nataraja:</b> Clear Moon – Clear <b>Vaisaka-Vaikasi</b>	Sun 7 Sutra 50 Vijaya 5115 Moon 5 - Phase 7 2nd Phase	<b>Devaloka Day</b>
Creative Work Siddha Yoga Until 7:12AM Then Creative Work - Amrita Yoga						
<b>2</b>	<b>Monday, June 3, 2013</b>	Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraprosarthpada*/Revati Nakshatra Ayushman/Saubhagya Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau				Kathmandu, Nepal
	Meena Rasi: 15.31 Tithi 25 – 26 Family Home Evening 311878269 Creative Work Siddha Yoga	<b>Gulika</b> 1:31PM – 3:14PM <b>Yama</b> 10:04AM – 11:47AM <b>Rahu</b> 6:37AM – 8:21AM	<b>Uttaraprosarthpada Until 8:08AM</b> Ayushman Until 4:54PM Bava Until 12:08AM Tue <b>Dashami Until 12:08PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 4:54AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 6:41PM</i> <b>Nataraja:</b> Clear Moon – Clear <b>Vaisaka-Vaikasi</b>	Sun 8 Sutra 51 Vijaya 5115 Moon 5 - Phase 7 2nd Phase	<b>Devaloka Day</b>
Creative Work Siddha Yoga						
<b>3</b>	<b>Tuesday, June 4, 2013</b>	Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kathmandu, Nepal
	Meena Rasi: 28.03 Tithi 26 – 27 311878269 Creative Work Siddha Yoga	<b>Gulika</b> 11:48AM – 1:31PM <b>Yama</b> 8:21AM – 10:04AM <b>Rahu</b> 3:14PM – 4:58PM	<b>Revati Until 9:54AM</b> Saubhagya Until 4:37PM Kaulava Until 2:42AM Wed <b>Ekadashi* Until 1:36PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 4:54AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 6:41PM</i> <b>Nataraja:</b> Clear Moon – Clear <b>Vaisaka-Vaikasi</b>	Sun 9 Sutra 52 Vijaya 5115 Moon 5 - Phase 7 2nd Phase	<b>Devaloka Day</b>
Creative Work Siddha Yoga						
<b>4</b>	<b>Wednesday, June 5, 2013</b>	Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Talitla/Gara Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal
	Mesha Rasi: 10.21 Tithi 27 – 28 321878261 Routine Work Marana Yoga Until 11:58AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 10:04AM – 11:48AM <b>Yama</b> 6:37AM – 8:21AM <b>Rahu</b> 11:48AM – 1:31PM	<b>Ashvini Until 11:58AM</b> Sobhana Until 4:45PM Gara Until 4:08AM Thu <b>Dvadashi* Until 3:03PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Green <i>Sunrise: 4:54AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 6:42PM</i> <b>Nataraja:</b> Clear Moon – White <b>Vaisaka-Vaikasi</b>	Sun 10 Sutra 53 Vijaya 5115 Moon 5 - Phase 7 2nd Phase	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga						
<b>5</b>	<b>Thursday, June 6, 2013</b>	Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal
	Mesha Rasi: 22.28 Tithi 28 – 29 321878261 Creative Work Siddha Yoga Until 2:25PM Then Routine Work - Marana Yoga	<b>Gulika</b> 8:21AM – 10:04AM <b>Yama</b> 4:54AM – 6:37AM <b>Rahu</b> 1:31PM – 3:15PM	<b>Bharani Until 2:25PM</b> Athiganda* Until 5:15PM Visi Until 5:59AM Fri <b>Trayodashi* Until 4:54PM</b>	<b>Ganesha:</b> Green <i>Sunrise: 4:54AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 6:42PM</i> <b>Nataraja:</b> Clear Moon – White <b>Vaisaka-Vaikasi</b>	Sun 11 Sutra 54 Vijaya 5115 Moon 5 - Phase 7 2nd Phase	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga						
<b>6</b>	<b>Friday, June 7, 2013</b>	Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Sakuni* Karana Chaturdashyam Titau				Kathmandu, Nepal
	Vrishabha Rasi: 4.26 Tithi 29 321878261 Creative Work Siddha Yoga Until 5:08PM Then Routine Work - Marana Yoga	<b>Gulika</b> 6:37AM – 8:21AM <b>Yama</b> 3:15PM – 4:59PM <b>Rahu</b> 10:04AM – 11:48AM	<b>Krittika Until 5:08PM</b> Sukarma Until 5:59PM Sakuni Until 8:08AM Sat <b>Chaturdashi* Until 7:02PM</b>	<b>Ganesha:</b> Green <i>Sunrise: 4:54AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 6:42PM</i> <b>Nataraja:</b> Clear Moon – White <b>Vaisaka-Vaikasi</b>	Sun 12 Sutra 55 Vijaya 5115 Moon 5 - Phase 7 2nd Phase	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga						
	<b>Saturday, June 8, 2013</b>	Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kathmandu, Nepal
	<b>Retreat Star</b> Vrishabha Rasi: 16.19 Tithi 30 331878261 Creative Work Amrita Yoga Until 8:02PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 4:54AM – 6:37AM <b>Yama</b> 1:32PM – 3:16PM <b>Rahu</b> 8:21AM – 10:05AM	<b>Rohini Until 8:02PM</b> Dhriti Until 6:54PM Catuspada Until 8:17AM <b>Amavasya* Until 9:22PM</b>	<b>Ganesha:</b> White <i>Sunrise: 4:54AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 6:43PM</i> <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Vaikasi</b>	Sun 13 Sutra 56 Vijaya 5115 Moon 5 - Phase 7 Amavasya	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Amrita Yoga						
<b>7</b>	<b>Sunday, June 9, 2013</b>	Vijaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau				Kathmandu, Nepal
	<b>Retreat Star</b> Vrishabha Rasi: 28.1 Tithi 1 331978261 Creative Work Siddha Yoga	<b>Gulika</b> 3:16PM – 5:00PM <b>Yama</b> 11:48AM – 1:32PM <b>Rahu</b> 5:00PM – 6:43PM	<b>Mrigashira Until 11:01PM</b> Shula* Until 7:53PM Kintughna Until 10:44AM <b>Prathama* Until 11:49PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:53AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 6:43PM</i> <b>Nataraja:</b> Clear Moon – Yellow <b>Jyeshtha-Vaikasi</b>	Sun 14 Sutra 57 Vijaya 5115 Moon 5 - Phase 7 Prathama	<b>Devaloka Day</b>
Creative Work Siddha Yoga						

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death.  
Shukla Yajur Veda

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<b>1</b>	<b>Monday, June 10, 2013</b>	Vijaya Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Kathmandu, Nepal Sun 15 Sutra 58 Vijaya 5115
	Mithuna Rasi: 9.59      Tithi 2 Family Home Evening      331978261 Creative Work      Siddha Yoga	<b>Gulika</b> 1:32PM – 3:16PM <b>Yama</b> 10:05AM – 11:49AM <b>Rahu</b> 6:37AM – 8:21AM	<b>Ardra Until 2:02AM Tue</b> Ganda* Until 8:55PM Balava Until 1:12PM <b>Dvitiya Until 2:17AM Tue</b>
<b>Devaloka Day</b>			
<b>2</b>	<b>Tuesday, June 11, 2013</b>	Vijaya Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Tailila/Gara Karana Tritiyayam Titau	Kathmandu, Nepal Sun 16 Sutra 59 Vijaya 5115
	Mithuna Rasi: 21.49      Tithi 3 342978261 Creative Work      Siddha Yoga	<b>Gulika</b> 11:49AM – 1:33PM <b>Yama</b> 8:21AM – 10:05AM <b>Rahu</b> 3:16PM – 5:00PM	<b>Punarvasu Until 5:01AM Wed</b> Vriddhi Until 9:54PM Tailila Until 3:37PM <b>Tritiya Until 4:43AM Wed</b>
<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM			
<b>3</b>	<b>Wednesday, June 12, 2013</b>	Vijaya Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Dhruva Yoga Vanija/Vishti* Karana Chaturthyam Titau	Kathmandu, Nepal Sun 17 Sutra 60 Vijaya 5115
	Kataka Rasi: 3.43      Tithi 4 342978261 Creative Work      Siddha Yoga	<b>Gulika</b> 10:05AM – 11:49AM <b>Yama</b> 6:37AM – 8:21AM <b>Rahu</b> 11:49AM – 1:33PM	<b>Pushya Until 7:55AM Thu</b> Dhruva Until 10:47PM Vanija Until 5:56PM <b>Chaturthi* Until 6:58AM Thu</b>
<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM			
<b>4</b>	<b>Thursday, June 13, 2013</b>	Vijaya Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Kathmandu, Nepal Sun 18 Sutra 61 Vijaya 5115
	Kataka Rasi: 15.42      Tithi 4 – 5 342978261 Creative Work      Amrita Yoga Until 7:55AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 8:21AM – 10:05AM <b>Yama</b> 4:54AM – 6:37AM <b>Rahu</b> 1:33PM – 3:17PM	<b>Pushya Until 7:55AM</b> Vyaghata* Until 11:31PM Bava Until 8:03PM <b>Chaturthi* Until 6:58AM</b>
<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM			
<b>5</b>	<b>Friday, June 14, 2013</b>	Vijaya Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau	Kathmandu, Nepal Sun 19 Sutra 62 Vijaya 5115
	Kataka Rasi: 27.49      Tithi 5 – 6 342978261 Routine Work      Marana Yoga	<b>Gulika</b> 6:38AM – 8:21AM <b>Yama</b> 3:17PM – 5:01PM <b>Rahu</b> 10:05AM – 11:49AM	<b>Ashlesha* Until 10:22AM</b> Harshana Until 12:00PM Kaulava Until 9:53PM <b>Panchami Until 8:48AM</b>
<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM			
<b>6</b>	<b>Saturday, June 15, 2013</b>	Vijaya Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau	Kathmandu, Nepal Sun 20 Sutra 63 Vijaya 5115
	Simha Rasi: 10.07      Tithi 6 – 7 352978261 Creative Work      Amrita Yoga Until 11:57AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 4:54AM – 6:38AM <b>Yama</b> 1:34PM – 3:18PM <b>Rahu</b> 8:22AM – 10:06AM	<b>Magha* Until 11:57AM</b> Vajra* Until 12:09AM Sun Gara Until 9:53PM <b>Shashthi* Until 9:53AM</b>
<b>Devaloka Day</b>			
	<b>Sunday, June 16, 2013</b>	Vijaya Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Vanija/Visti* Karana Sapthami/Ashtamyam Titau	Kathmandu, Nepal Sun 21 Sutra 64 Vijaya 5115
	<b>Retreat Star</b> Simha Rasi: 22.39      Tithi 7 – 8 352978261 Creative Work      Siddha Yoga Until 1:25PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 3:18PM – 5:02PM <b>Yama</b> 11:50AM – 1:34PM <b>Rahu</b> 5:02PM – 6:46PM	<b>Purvaphalguni Until 1:25PM</b> Siddhi Until 10:35PM Visti Until 10:43PM <b>Saptami Until 10:43AM</b>
<b>Devaloka Day</b>			
<b>Monday, June 17, 2013</b>	<b>Retreat Star</b>	Vijaya Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyalipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Kathmandu, Nepal Sun 22 Sutra 65 Vijaya 5115
	Kanya Rasi: 5.3      Tithi 8 – 9 Family Home Evening      352978261 Creative Work      Siddha Yoga	<b>Gulika</b> 1:34PM – 3:18PM <b>Yama</b> 10:06AM – 11:50AM <b>Rahu</b> 6:38AM – 8:22AM	<b>Uttaraphalguni Until 2:19PM</b> Vyalipata* Until 9:47PM Balava Until 10:56PM <b>Ashtami* Until 10:56AM</b>
<b>Devaloka Day</b>			

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

All times are standard time

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<b>1</b>	<b>Tuesday, June 18, 2013</b>	Vijaya Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Varyan Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Kathmandu, Nepal Sun 23 Sutra 66 Vijaya 5115
	Kanya Rasi: 18.44    Titli 9 – 10 362978261	<b>Gulika</b> 11:50AM – 1:34PM <b>Yama</b> 8:22AM – 10:06AM <b>Rahu</b> 3:18PM – 5:02PM	<b>Hasta</b> <b>Until 1:54PM</b> Varyan <b>Until 7:22PM</b> Taitila <b>Until 9:08PM</b> <b>Navami* Until 10:03AM</b>

Creative Work    Siddha Yoga

<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:54AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:46PM	Moon 5 - Phase 9 4th Phase
<b>Nataraja:</b> Clear Moon – Green	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Wednesday, June 19, 2013</b>	Vijaya Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Kathmandu, Nepal Sun 24 Sutra 67 Vijaya 5115
	Tula Rasi: 2.23    Titli 10 – 11 362978261	<b>Gulika</b> 10:06AM – 11:50AM <b>Yama</b> 6:38AM – 8:22AM <b>Rahu</b> 11:50AM – 1:34PM	<b>Chitra</b> <b>Until 1:20PM</b> Parigha* <b>Until 5:19PM</b> Vanija <b>Until 7:49PM</b> <b>Dashami Until 8:45AM</b>

Creative Work    Siddha Yoga

<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:54AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:47PM	Moon 5 - Phase 9 4th Phase
<b>Nataraja:</b> Clear Moon – Green	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Thursday, June 20, 2013</b>	Vijaya Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau	Kathmandu, Nepal Sun 25 Sutra 68 Vijaya 5115
	Tula Rasi: 16.31    Titli 11 – 12 362978261	<b>Gulika</b> 8:23AM – 10:07AM <b>Yama</b> 4:54AM – 6:38AM <b>Rahu</b> 1:35PM – 3:19PM	<b>Svati</b> <b>Until 11:36AM</b> Shiva <b>Until 2:00PM</b> Balava <b>Until 3:08AM Fri</b> <b>Ekadashi Until 6:33AM</b>

Creative Work    Amrita Yoga  
Until 11:36AM  
Then Creative Work - Siddha Yoga

<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:54AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:47PM	Moon 5 - Phase 9 4th Phase
<b>Nataraja:</b> Clear Moon – Green	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>4</b>	<b>Friday, June 21, 2013</b>	Vijaya Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau	Kathmandu, Nepal Sun 26 Sutra 69 Vijaya 5115
	Vrischika Rasi: 1.03    Titli 13 372978261	<b>Gulika</b> 6:39AM – 8:23AM <b>Yama</b> 3:19PM – 5:03PM <b>Rahu</b> 10:07AM – 11:51AM	<b>Vishakha</b> <b>Until 9:39AM</b> Siddha <b>Until 10:45AM</b> Kaulava <b>Until 2:06PM</b> <b>Trayodashi Until 12:24AM Sat</b> <i>Pradosha Vrata</i>


Creative Work    Siddha Yoga

<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:55AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:47PM	Moon 5 - Phase 9 4th Phase
<b>Nataraja:</b> Clear Moon – Orange	<b>Devaloka Day</b>	

<b>5</b>	<b>Saturday, June 22, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau	Kathmandu, Nepal Sun 27 Sutra 70 Vijaya 5115
	Vrischika Rasi: 15.58    Titli 14 372978261	<b>Gulika</b> 4:55AM – 6:39AM <b>Yama</b> 1:35PM – 3:19PM <b>Rahu</b> 8:23AM – 10:07AM	<b>Anuradha</b> <b>Until 7:07AM</b> Sadhya <b>Until 6:57AM</b> Gara <b>Until 10:45AM</b> <b>Chaturdashi* Until 9:02PM</b>

Creative Work    Siddha Yoga

<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:55AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:47PM	Moon 5 - Phase 9 4th Phase
<b>Nataraja:</b> Clear Moon – Orange	<b>Devaloka Day</b>	

	<b>Sunday, June 23, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukla Yoga Visti*/Balava Karana Purnima/Prathamayam Titau	Kathmandu, Nepal Sutra 71 Vijaya 5115
	<b>Copper Retreat Star</b> Dhanus Rasi: 1.07    Titli 15 – 16 382978261	<b>Gulika</b> 3:19PM – 5:03PM <b>Yama</b> 11:51AM – 1:35PM <b>Rahu</b> 5:03PM – 6:48PM	<b>Mula*</b> <b>Until 1:32AM Mon</b> Sukla <b>Until 10:47PM</b> Visti <b>Until 6:59AM</b> <b>Purnima* Until 5:16PM</b>

Creative Work    Amrita Yoga  
Until 1:32AM Mon  
Then Routine Work - Marana Yoga

<b>Ganesha:</b> White <i>Sunrise:</i> 4:55AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:48PM	Moon 5 - Phase 9 Purnima
<b>Nataraja:</b> Clear Moon – Light Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>Monday, June 24, 2013</b>	<b>Silver Retreat Star</b>	Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Kathmandu, Nepal Sutra 72 Vijaya 5115
	Dhanus Rasi: 16.23    Titli 16 – 17 <b>Family Home Evening</b> 382978261 Routine Work    Marana Yoga	<b>Gulika</b> 1:36PM – 3:20PM <b>Yama</b> 10:07AM – 11:52AM <b>Rahu</b> 6:39AM – 8:23AM	<b>Purvashadha*</b> <b>Until 10:28PM</b> Brahma <b>Until 6:28PM</b> Taitila <b>Until 11:36PM</b> <b>Prathama* Until 1:19PM</b>

<b>Ganesha:</b> White <i>Sunrise:</i> 4:55AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:48PM	Moon 5 - Phase 9 Prathama
<b>Nataraja:</b> Clear Moon – Light Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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**Tuesday, June 25, 2013**  
**Gold Retreat Star**

Makara Rasi: 1.34    Tithi 17 - 18  
383978261  
Routine Work    Prabalarishta Yoga  
Until 7:31PM  
Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttarashadha Nakshatra Indra/Vaidhrili\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika**    11:52AM - 1:36PM    **Uttarashadha Until 7:31PM**  
**Yama**        8:24AM - 10:08AM    Indra Until 2:16PM  
**Rahu**         3:20PM - 5:04PM    Vanija Until 7:47PM  
Dvitiya Until 9:30AM

**Ganesha:** Clear    *Sunrise: 4:56AM*  
**Muruqa:** Yellow    *Sunset: 6:48PM*  
**Nataraja:** Clear  
Moon - Light Blue  
**Jyeshtha-Ani**

Kathmandu, Nepal  
Sun 1    Sutra 73  
Vijaya 5115  
Moon 6 - Phase 10  
1st Phase

**Devaloka Day**

**1**

**Wednesday, June 26, 2013**

Makara Rasi: 16.31    Tithi 18 - 19  
393978261  
Creative Work    Siddha Yoga  
Until 4:55PM  
Then Routine Work - Prabalarishta Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vaidhrili\*/Vishkambha\* Yoga Visti\*/Balava Karana Tritiya/Chaturthiyam Titau

**Gulika**    10:08AM - 11:52AM    **Shravana Until 4:55PM**  
**Yama**        6:40AM - 8:24AM    Vaidhrili\* Until 10:24AM  
**Rahu**         11:52AM - 1:36PM    Balava Until 2:39AM Thu  
Tritiya Until 6:04AM

**Ganesha:** Purple    *Sunrise: 4:56AM*  
**Muruqa:** Yellow    *Sunset: 6:48PM*  
**Nataraja:** Clear  
Moon - Purple  
**Jyeshtha-Ani**

Kathmandu, Nepal  
Sun 2    Sutra 74  
Vijaya 5115  
Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

**2**

**Thursday, June 27, 2013**

Kumbha Rasi: 1.07    Tithi 20  
393978261  
Creative Work    Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vishkambha\*/Prili Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**    8:24AM - 10:08AM    **Dhanishtha Until 3:32PM**  
**Yama**        4:56AM - 6:40AM    Vishkambha\* Until 7:09AM  
**Rahu**         1:36PM - 3:20PM    Kaulava Until 2:07PM  
Panchami Until 1:12AM Fri

**Ganesha:** Purple    *Sunrise: 4:56AM*  
**Muruqa:** Yellow    *Sunset: 6:48PM*  
**Nataraja:** Clear  
Moon - Purple  
**Jyeshtha-Ani**

Kathmandu, Nepal  
Sun 3    Sutra 75  
Vijaya 5115  
Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

**3**

**Friday, June 28, 2013**

Kumbha Rasi: 15.16    Tithi 21  
393978261  
Creative Work    Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak/Purvaprosnthapada\* Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**    6:40AM - 8:24AM    **Shatabhishak Until 2:07PM**  
**Yama**        3:20PM - 5:04PM    Ayushman Until 1:39AM Sat  
**Rahu**         10:08AM - 11:52AM    Gara Until 11:54AM  
Shashthi\* Until 10:59PM

**Ganesha:** Purple    *Sunrise: 4:56AM*  
**Muruqa:** Yellow    *Sunset: 6:48PM*  
**Nataraja:** Clear  
Moon - Purple  
**Jyeshtha-Ani**

Kathmandu, Nepal  
Sun 4    Sutra 76  
Vijaya 5115  
Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

**4**

**Saturday, June 29, 2013**

Kumbha Rasi: 28.56    Tithi 22  
313978261  
Routine Work    Marana Yoga  
Until 2:07PM  
Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manu Vasara Yuktayam  
Purvaprosnthapada\*/Uttaraprosnthapada Nakshatra Saubhagya Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika**    4:57AM - 6:41AM    **Purvaprosnthapada\* Until 2:07PM**  
**Yama**        1:36PM - 3:20PM    Saubhagya Until 12:49AM Sun  
**Rahu**         8:25AM - 10:09AM    Visti Until 10:57AM  
Saptami Until 10:57PM

**Ganesha:** Blue    *Sunrise: 4:57AM*  
**Muruqa:** Yellow    *Sunset: 6:48PM*  
**Nataraja:** Clear  
Moon - Clear  
**Jyeshtha-Ani**

Kathmandu, Nepal  
Sun 5    Sutra 77  
Vijaya 5115  
Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**



**Sunday, June 30, 2013**  
**Retreat Star**

Meena Rasi: 12.09    Tithi 23  
313978261  
Creative Work    Amrita Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraprosnthapada/Revati Nakshatra Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    3:21PM - 5:04PM    **Uttaraprosnthapada Until 2:20PM**  
**Yama**        11:53AM - 1:37PM    Sobhana Until 11:24PM  
**Rahu**         5:04PM - 6:48PM    Balava Until 10:26AM  
Ashtami\* Until 10:26PM

**Ganesha:** Blue    *Sunrise: 4:57AM*  
**Muruqa:** Yellow    *Sunset: 6:48PM*  
**Nataraja:** Clear  
Moon - Clear  
**Jyeshtha-Ani**

Kathmandu, Nepal  
Sun 6    Sutra 78  
Vijaya 5115  
Moon 6 - Phase 10  
Ashtami

**Sivaloka Day**

**Monday, July 1, 2013**  
**Retreat Star**

Meena Rasi: 24.56    Tithi 24  
313978261  
**Family Home Evening**  
Creative Work    Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati/Ashvini Nakshatra Athiganda\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**    1:37PM - 3:21PM    **Revati Until 4:07PM**  
**Yama**        10:09AM - 11:53AM    Athiganda\* Until 11:59PM  
**Rahu**         6:41AM - 8:25AM    Taitila Until 11:12AM  
Navami\* Until 12:17AM Tue

**Ganesha:** Blue    *Sunrise: 4:57AM*  
**Muruqa:** Yellow    *Sunset: 6:48PM*  
**Nataraja:** Clear  
Moon - Clear  
**Jyeshtha-Ani**

Kathmandu, Nepal  
Sun 7    Sutra 79  
Vijaya 5115  
Moon 6 - Phase 10  
Navami

**Sivaloka Day**

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda

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<b>1</b> Tuesday, July 2, 2013		Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam			Kathmandu, Nepal	
Mesha Rasi: 7.23      Tithi 25		Ashvini/Bharani Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau			Sun 8      Sutra 80	
323978261		<b>Gulika</b> 11:53AM – 1:37PM	<b>Ashvini</b> Until 5:54PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:58AM	Vijaya 5115	
Creative Work    Siddha Yoga		<b>Yama</b> 8:25AM – 10:09AM	Sukarma Until 11:52PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:48PM	Moon 6 - Phase 11	
		<b>Rahu</b> 3:21PM – 5:05PM	Vanija Until 12:19PM	<b>Nataraja:</b> Clear	2nd Phase	
			<b>Dashami</b> Until 1:24AM Wed	Moon – White	<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>		
<b>2</b> Wednesday, July 3, 2013		Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam			Kathmandu, Nepal	
Mesha Rasi: 19.34      Tithi 26		Bharani/Bharani Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau			Sun 9      Sutra 81	
323978261		<b>Gulika</b> 10:10AM – 11:53AM	<b>Bharani</b> Until 8:13PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:58AM	Vijaya 5115	
Creative Work    Siddha Yoga		<b>Yama</b> 6:42AM – 8:26AM	Dhriti Until 12:15AM Thu	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:48PM	Moon 6 - Phase 11	
Until 8:13PM		<b>Rahu</b> 11:53AM – 1:37PM	Bava Until 2:01PM	<b>Nataraja:</b> Clear	2nd Phase	
Then Creative Work - Amrita Yoga			<b>Ekadashi*</b> Until 3:06AM Thu	Moon – White	<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>		
<b>3</b> Thursday, July 4, 2013		Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam			Kathmandu, Nepal	
Vrishabha Rasi: 1.32      Tithi 27		Krittika Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau			Sun 10      Sutra 82	
323178261		<b>Gulika</b> 8:26AM – 10:10AM	<b>Krittika</b> Until 10:55PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:59AM	Vijaya 5115	
Routine Work    Marana Yoga		<b>Yama</b> 4:59AM – 6:42AM	Shula* Until 12:58AM Fri	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:48PM	Moon 6 - Phase 11	
		<b>Rahu</b> 1:37PM – 3:21PM	Kaulava Until 4:07PM	<b>Nataraja:</b> Clear	2nd Phase	
			<b>Dvadashi*</b> Until 5:13AM Fri	Moon – White	<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>		
<b>4</b> Friday, July 5, 2013		Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam			Kathmandu, Nepal	
Vrishabha Rasi: 13.25      Tithi 28		Rohini Nakshatra Ganda* Yoga Gara Karana Trayodashyam Titau			Sun 11      Sutra 83	
333178261		<b>Gulika</b> 6:43AM – 8:26AM	<b>Rohini</b> Until 1:50AM Sat	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:59AM	Vijaya 5115	
Routine Work    Marana Yoga		<b>Yama</b> 3:21PM – 5:05PM	Ganda* Until 1:55AM Sat	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:48PM	Moon 6 - Phase 11	
Until 1:50AM Sat		<b>Rahu</b> 10:10AM – 11:54AM	Gara Until 6:29PM	<b>Nataraja:</b> Clear	2nd Phase	
Then Creative Work - Siddha Yoga			<b>Trayodashi*</b> Until 7:52AM Sat	Moon – Yellow	<b>Devaloka Day</b>	
			<i>Pradosha Vrata (Fasting)</i>	<b>Jyeshtha-Ani</b>		
<b>5</b> Saturday, July 6, 2013		Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam			Kathmandu, Nepal	
Vrishabha Rasi: 25.14      Tithi 28 – 29		Mrigashira Nakshatra Vriddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Sun 12      Sutra 84	
433178261		<b>Gulika</b> 4:59AM – 6:43AM	<b>Mrigashira</b> Until 4:52AM Sun	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:59AM	Vijaya 5115	
Creative Work    Siddha Yoga		<b>Yama</b> 1:37PM – 3:21PM	Vriddhi Until 2:57AM Sun	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:48PM	Moon 6 - Phase 11	
		<b>Rahu</b> 8:27AM – 10:10AM	Visti Until 8:58PM	<b>Nataraja:</b> Clear	2nd Phase	
			<b>Trayodashi*</b> Until 7:52AM	Moon – Yellow	<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>		
<b>●</b> Sunday, July 7, 2013		Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam			Kathmandu, Nepal	
<b>Retreat Star</b>		Ardra Nakshatra Dhruva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Sun 13      Sutra 85	
Mithuna Rasi: 7.02      Tithi 29 – 30		<b>Gulika</b> 3:21PM – 5:05PM	<b>Ardra</b> Until 8:13AM Mon	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:00AM	Vijaya 5115	
433178261		<b>Yama</b> 11:54AM – 1:38PM	Dhruva Until 4:00AM Mon	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:48PM	Moon 6 - Phase 11	
Creative Work    Siddha Yoga		<b>Rahu</b> 5:05PM – 6:48PM	Catuspada Until 11:27PM	<b>Nataraja:</b> Clear	Amavasya	
Until 8:13AM Mon			<b>Chaturdashi*</b> Until 10:22AM	Moon – Yellow	<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Jyeshtha-Ani</b>		
<b>Monday, July 8, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam			Kathmandu, Nepal	
<b>Retreat Star</b>		Ardra/Punarvasu Nakshatra Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Sun 14      Sutra 86	
Mithuna Rasi: 18.53      Tithi 30 – 1		<b>Gulika</b> 1:38PM – 3:21PM	<b>Ardra</b> Until 8:13AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:00AM	Vijaya 5115	
433178261		<b>Yama</b> 10:11AM – 11:54AM	Vyaghata* Until 4:59AM Tue	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:48PM	Moon 6 - Phase 11	
Creative Work    Siddha Yoga		<b>Rahu</b> 6:44AM – 8:27AM	Kintughna Until 1:52AM Tue	<b>Nataraja:</b> Clear	Prathama	
Until 8:13AM			<b>Amavasya*</b> Until 12:47PM	Moon – Yellow	<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Ashada-Ani</b>		

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time

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<b>1</b>	<b>Tuesday, July 9, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Kathmandu, Nepal Sun 15 Sutra 87 Vijaya 5115
	Kataka Rasi: 0.48 Tithi 1 - 2 444178261 Creative Work Siddha Yoga	<b>Gulika</b> 11:54AM - 1:38PM <b>Yama</b> 8:27AM - 10:11AM <b>Rahu</b> 3:21PM - 5:04PM	<b>Punarvasu Until 11:04AM</b> Harshana Until 5:51AM Wed Balava Until 4:09AM Wed <b>Prathama* Until 3:03PM</b>

<b>Ganesha:</b> Green <i>Sunrise: 5:01AM</i>	Moon 6 - Phase 12 3rd Phase
<b>Muruqa:</b> Yellow <i>Sunset: 6:48PM</i>	
<b>Nataraja:</b> Clear Moon - Blue	
<b>Ashada*Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Wednesday, July 10, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Kathmandu, Nepal Sun 16 Sutra 88 Vijaya 5115
	Kataka Rasi: 12.47 Tithi 2 - 3 444178261 Creative Work Siddha Yoga	<b>Gulika</b> 10:11AM - 11:54AM <b>Yama</b> 6:44AM - 8:28AM <b>Rahu</b> 11:54AM - 1:38PM	<b>Pushya Until 1:45PM</b> Vajra* Until 6:28AM Thu Taitila Until 6:14AM Thu <b>Dvitiya Until 5:09PM</b>

<b>Ganesha:</b> Green <i>Sunrise: 5:01AM</i>	Moon 6 - Phase 12 3rd Phase
<b>Muruqa:</b> Yellow <i>Sunset: 6:48PM</i>	
<b>Nataraja:</b> Clear Moon - Blue	
<b>Ashada*Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>3</b>	<b>Thursday, July 11, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi* Yoga Gara Karana Tritiyayam Titau	Kathmandu, Nepal Sun 17 Sutra 89 Vijaya 5115
	Kataka Rasi: 24.54 Tithi 3 444178261 Creative Work Siddha Yoga Until 4:12PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 8:28AM - 10:11AM <b>Yama</b> 5:02AM - 6:45AM <b>Rahu</b> 1:38PM - 3:21PM	<b>Ashlesha* Until 4:12PM</b> Vajra* Until 6:28AM Gara Until 8:06AM Fri <b>Tritiya Until 7:00PM</b>

<b>Ganesha:</b> Green <i>Sunrise: 5:02AM</i>	Moon 6 - Phase 12 3rd Phase
<b>Muruqa:</b> Yellow <i>Sunset: 6:48PM</i>	
<b>Nataraja:</b> Clear Moon - Blue	
<b>Ashada*Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>4</b>	<b>Friday, July 12, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturthayam Titau	Kathmandu, Nepal Sun 18 Sutra 90 Vijaya 5115
	Simha Rasi: 7.08 Tithi 4 454178261 Routine Work Marana Yoga Until 6:24PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 6:45AM - 8:28AM <b>Yama</b> 3:21PM - 5:04PM <b>Rahu</b> 10:12AM - 11:55AM	<b>Magha* Until 6:24PM</b> Siddhi Until 6:44AM Vanija Until 7:29AM <b>Chaturthi* Until 8:34PM</b>

<b>Ganesha:</b> White <i>Sunrise: 5:02AM</i>	Moon 6 - Phase 12 3rd Phase
<b>Muruqa:</b> Yellow <i>Sunset: 6:47PM</i>	
<b>Nataraja:</b> Clear Moon - Red	
<b>Ashada*Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>5</b>	<b>Saturday, July 13, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Panchamyam Titau	Kathmandu, Nepal Sun 19 Sutra 91 Vijaya 5115
	Simha Rasi: 19.31 Tithi 5 454178261 Creative Work Siddha Yoga Until 7:11PM Then Routine Work - Marana Yoga	<b>Gulika</b> 5:03AM - 6:46AM <b>Yama</b> 1:38PM - 3:21PM <b>Rahu</b> 8:29AM - 10:12AM	<b>Purvaphalguni Until 7:11PM</b> Vyatipata* Until 6:39AM Bava Until 8:29AM <b>Panchami Until 8:29PM</b>

<b>Ganesha:</b> White <i>Sunrise: 5:03AM</i>	Moon 6 - Phase 12 3rd Phase
<b>Muruqa:</b> Yellow <i>Sunset: 6:47PM</i>	
<b>Nataraja:</b> Clear Moon - Red	
<b>Ashada*Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>6</b>	<b>Sunday, July 14, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Shashthiyam Titau	Kathmandu, Nepal Sun 20 Sutra 92 Vijaya 5115
	Kanya Rasi: 2.07 Tithi 6 454178261 Creative Work Amrita Yoga	<b>Gulika</b> 3:21PM - 5:04PM <b>Yama</b> 11:55AM - 1:38PM <b>Rahu</b> 5:04PM - 6:47PM	<b>Uttaraphalguni Until 8:33PM</b> Variyan Until 6:17AM Kaulava Until 9:11AM <b>Shashthi* Until 9:11PM</b>

<b>Ganesha:</b> White <i>Sunrise: 5:03AM</i>	Moon 6 - Phase 12 3rd Phase
<b>Muruqa:</b> Yellow <i>Sunset: 6:47PM</i>	
<b>Nataraja:</b> Clear Moon - Red	
<b>Ashada*Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>	<b>Monday, July 15, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau	Kathmandu, Nepal Sun 21 Sutra 93 Vijaya 5115
	Kanya Rasi: 14.59 Tithi 7 464178261 Family Home Evening Creative Work Siddha Yoga Until 9:26PM Then Routine Work - Prabalarishta Yoga	<b>Gulika</b> 1:38PM - 3:21PM <b>Yama</b> 10:12AM - 11:55AM <b>Rahu</b> 6:46AM - 8:29AM	<b>Hasta Until 9:26PM</b> Shiva Until 4:19AM Tue Gara Until 9:23AM <b>Saptami Until 9:23PM</b>

<b>Ganesha:</b> Clear <i>Sunrise: 5:03AM</i>	Moon 6 - Phase 12 3rd Phase
<b>Muruqa:</b> Yellow <i>Sunset: 6:47PM</i>	
<b>Nataraja:</b> Clear Moon - Green	
<b>Ashada*Ani</b>	<b>Devaloka Day</b>

<b>Retreat Star</b>	<b>Tuesday, July 16, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau	Kathmandu, Nepal Sun 22 Sutra 94 Vijaya 5115
	Kanya Rasi: 28.09 Tithi 8 464178261 Creative Work Siddha Yoga	<b>Gulika</b> 11:55AM - 1:38PM <b>Yama</b> 8:30AM - 10:12AM <b>Rahu</b> 3:21PM - 5:03PM	<b>Chitra Until 8:36PM</b> Siddha Until 2:58AM Wed Visti Until 8:44AM <b>Ashtami* Until 7:48PM</b>

<b>Ganesha:</b> Clear <i>Sunrise: 5:04AM</i>	Moon 6 - Phase 12 Ashtami
<b>Muruqa:</b> Yellow <i>Sunset: 6:46PM</i>	
<b>Nataraja:</b> Clear Moon - Green	
<b>Ashada*Adi</b>	<b>Devaloka Day</b>

<b>Retreat Star</b>	<b>Wednesday, July 17, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau	Kathmandu, Nepal Sun 23 Sutra 95 Vijaya 5115
	Tula Rasi: 11.41 Tithi 9 464178262 Creative Work Siddha Yoga	<b>Gulika</b> 10:13AM - 11:55AM <b>Yama</b> 6:47AM - 8:30AM <b>Rahu</b> 11:55AM - 1:38PM	<b>Svati Until 8:16PM</b> Sadhya Until 11:43PM Balava Until 7:39AM <b>Navami* Until 6:44PM</b>

<b>Ganesha:</b> Clear <i>Sunrise: 5:04AM</i>	Moon 6 - Phase 12 Navami
<b>Muruqa:</b> Yellow <i>Sunset: 6:46PM</i>	
<b>Nataraja:</b> Purple Moon - Green	
<b>Ashada*Adi</b>	<b>Sivaloka Day</b>

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishna Yajur Veda

<b>1</b>	<b>Thursday, July 18, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Subha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Kathmandu, Nepal Sun 24 Sutra 96 Vijaya 5115
	Tula Rasi: 25.37      Tithi 10 - 11 474178262	<b>Gulika</b> 8:30AM - 10:13AM <b>Yama</b> 5:05AM - 6:48AM <b>Rahu</b> 1:38PM - 3:20PM	<b>Vishakha</b> Until 7:13PM Subha Until 9:13PM Vanija Until 3:59AM Fri Dashami Until 4:54PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:05AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:46PM <b>Nataraja:</b> Purple Moon - Orange	Moon 6 - Phase 13 4th Phase <b>Devaloka Day</b>
	Creative Work      Siddha Yoga	<b>Ashada*Adi</b>			

<b>2</b>	<b>Friday, July 19, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Kathmandu, Nepal Sun 25 Sutra 97 Vijaya 5115
	Vrischika Rasi: 9.58      Tithi 11 - 12 474178262	<b>Gulika</b> 6:48AM - 8:30AM <b>Yama</b> 3:20PM - 5:03PM <b>Rahu</b> 10:13AM - 11:55AM	<b>Anuradha</b> Until 4:43PM Sukla Until 5:19PM Bava Until 12:01AM Sat Ekadashi Until 1:44PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:06AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:45PM <b>Nataraja:</b> Purple Moon - Orange	Moon 6 - Phase 13 4th Phase <b>Devaloka Day</b>
	Creative Work      Siddha Yoga Until 4:43PM Then Routine Work - Marana Yoga	<b>Ashada*Adi</b>			

<b>3</b>	<b>Saturday, July 20, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Kathmandu, Nepal Sun 26 Sutra 98 Vijaya 5115
	Vrischika Rasi: 24.41      Tithi 12 - 13 474178262	<b>Gulika</b> 5:06AM - 6:48AM <b>Yama</b> 1:38PM - 3:20PM <b>Rahu</b> 8:31AM - 10:13AM	<b>Jyeshtha*</b> Until 2:30PM Brahma Until 1:48PM Kaulava Until 9:00PM Dvadashi Until 10:43AM <i>Pradosha Vrata</i>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:06AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:45PM <b>Nataraja:</b> Purple Moon - Orange	Moon 6 - Phase 13 4th Phase <b>Devaloka Day</b>
	Creative Work      Siddha Yoga	<b>Ashada*Adi</b>			

<b>4</b>	<b>Sunday, July 21, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Tailila/Vanija Karana Trayodashi/Chaturdashyam Titau			Kathmandu, Nepal Sun 27 Sutra 99 Vijaya 5115
	Dhanus Rasi: 9.41      Tithi 13 - 14 485178262	<b>Gulika</b> 3:20PM - 5:02PM <b>Yama</b> 11:55AM - 1:38PM <b>Rahu</b> 5:02PM - 6:44PM	<b>Mula*</b> Until 11:50AM Indra Until 9:53AM Vanija Until 3:47AM Mon Trayodashi Until 7:13AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:07AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:44PM <b>Nataraja:</b> Purple Moon - Light Blue	Moon 6 - Phase 13 4th Phase <b>Subha Sivaloka Day</b>
	Creative Work      Amrita Yoga Until 11:50AM Then Creative Work - Siddha Yoga	<b>Ashada*Adi</b>			

	<b>Monday, July 22, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau			Kathmandu, Nepal Sutra 100 Vijaya 5115	
	<b>Copper Retreat Star</b>	Dhanus Rasi: 24.5      Tithi 15 485178262	<b>Gulika</b> 1:38PM - 3:20PM <b>Yama</b> 10:13AM - 11:56AM <b>Rahu</b> 6:49AM - 8:31AM	<b>Purvashadha*</b> Until 8:56AM Vishkambha* Until 1:43AM Tue Visti Until 1:44PM Purnima* Until 12:01AM Tue	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:07AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:44PM <b>Nataraja:</b> Purple Moon - Light Blue	Moon 6 - Phase 13 Purnima <b>Subha Sivaloka Day</b>
	Family Home Evening Routine Work      Marana Yoga	<b>Satguru Purnima</b>			<b>Ashada*Adi</b>	

<b>5</b>	<b>Tuesday, July 23, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau			Kathmandu, Nepal Sutra 101 Vijaya 5115	
	<b>Silver Retreat Star</b>	Makara Rasi: 9.59      Tithi 16 485178262	<b>Gulika</b> 11:56AM - 1:38PM <b>Yama</b> 8:32AM - 10:14AM <b>Rahu</b> 3:20PM - 5:02PM	<b>Shravana</b> Until 3:22AM Wed Priti Until 9:35PM Balava Until 9:59AM Prathama* Until 8:16PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:08AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:44PM <b>Nataraja:</b> Purple Moon - Light Blue	Moon 6 - Phase 13 Prathama <b>Subha Sivaloka Day</b>
	Creative Work      Siddha Yoga Until 3:22AM Wed Then Routine Work - Prabalarishta Yoga	<b>Ashada*Adi</b>				



Wednesday, July 24, 2013

Gold Retreat Star

Makara Rasi: 24.57 Tithi 17 - 18  
495178262  
Routine Work Prabalarishta Yoga  
Until 12:44AM Thu  
Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau  
**Gulika** 10:14AM - 11:56AM  
**Yama** 6:50AM - 8:32AM  
**Rahu** 11:56AM - 1:37PM  
**Dhanishtha** Until 12:44AM Thu  
**Ayushman** Until 5:41PM  
**Taitila** Until 6:31AM  
**Dvitiya** Until 4:48PM

**Ganesha:** Clear  
**Muruqa:** Yellow  
**Nataraja:** Purple  
Moon - Purple  
**Ashada-Adi**

*Sunrise:* 5:08AM  
*Sunset:* 6:43PM

Kathmandu, Nepal  
Sun 1 Sutra 102  
Vijaya 5115  
Moon 7 - Phase 14  
1st Phase

Sivaloka Day

Thursday, July 25, 2013

1

Kumbha Rasi: 9.37 Tithi 18 - 19  
495178262  
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau  
**Gulika** 8:32AM - 10:14AM  
**Yama** 5:09AM - 6:50AM  
**Rahu** 1:37PM - 3:19PM  
**Shatabhishak** Until 11:48PM  
**Saubhagya** Until 2:48PM  
**Bava** Until 1:34AM Fri  
**Tritiya** Until 2:29PM

**Ganesha:** Clear  
**Muruqa:** Yellow  
**Nataraja:** Purple  
Moon - Purple  
**Ashada-Adi**

*Sunrise:* 5:09AM  
*Sunset:* 6:43PM

Kathmandu, Nepal  
Sun 2 Sutra 103  
Vijaya 5115  
Moon 7 - Phase 14  
1st Phase

Sivaloka Day

Friday, July 26, 2013

2

Kumbha Rasi: 23.52 Tithi 19 - 20  
415178262  
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaproshtapada Nakshatra Sobhana/Athiganda Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika** 6:51AM - 8:32AM  
**Yama** 3:19PM - 5:00PM  
**Rahu** 10:14AM - 11:56AM  
**Purvaproshtapada\*** Until 10:14PM  
**Sobhana** Until 11:49AM  
**Kaulava** Until 11:11PM  
**Chaturthi\*** Until 12:06PM

**Ganesha:** Clear  
**Muruqa:** Yellow  
**Nataraja:** Purple  
Moon - Clear  
**Ashada-Adi**

*Sunrise:* 5:09AM  
*Sunset:* 6:42PM

Kathmandu, Nepal  
Sun 3 Sutra 104  
Vijaya 5115  
Moon 7 - Phase 14  
1st Phase

Sivaloka Day

Saturday, July 27, 2013

3

Meena Rasi: 7.38 Tithi 20 - 21  
415178262  
Creative Work Siddha Yoga  
Until 10:41PM  
Then Routine Work - Prabalarishta Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraproshtapada Nakshatra Athiganda/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
**Gulika** 5:10AM - 6:51AM  
**Yama** 1:37PM - 3:19PM  
**Rahu** 8:33AM - 10:14AM  
**Uttaraproshtapada** Until 10:41PM  
**Athiganda\*** Until 9:51AM  
**Gara** Until 11:00PM  
**Panchami** Until 11:00AM

**Ganesha:** Clear  
**Muruqa:** Yellow  
**Nataraja:** Purple  
Moon - Clear  
**Ashada-Adi**

*Sunrise:* 5:10AM  
*Sunset:* 6:41PM

Kathmandu, Nepal  
Sun 4 Sutra 105  
Vijaya 5115  
Moon 7 - Phase 14  
1st Phase

Sivaloka Day

Sunday, July 28, 2013

4

Meena Rasi: 20.54 Tithi 21 - 22  
415178262  
Creative Work Amrita Yoga  
Until 10:48PM  
Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati Nakshatra Sukarma/Dhriti Yoga Vanija/Visti Karana Shashthi/Saptamyam Titau  
**Gulika** 3:18PM - 5:00PM  
**Yama** 11:56AM - 1:37PM  
**Rahu** 5:00PM - 6:41PM  
**Revati** Until 10:48PM  
**Sukarma** Until 8:19AM  
**Visti** Until 10:21PM  
**Shashthi\*** Until 10:21AM

**Ganesha:** Clear  
**Muruqa:** Yellow  
**Nataraja:** Purple  
Moon - Clear  
**Ashada-Adi**

*Sunrise:* 5:10AM  
*Sunset:* 6:41PM

Kathmandu, Nepal  
Sun 5 Sutra 106  
Vijaya 5115  
Moon 7 - Phase 14  
1st Phase

Sivaloka Day

Monday, July 29, 2013

Retreat Star

Mesha Rasi: 3.44 Tithi 22 - 23  
425278262  
Family Home Evening  
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Dhriti/Shula Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika** 1:37PM - 3:18PM  
**Yama** 10:14AM - 11:56AM  
**Rahu** 6:52AM - 8:33AM  
**Ashvini** Until 1:13AM Tue  
**Dhriti** Until 7:40AM  
**Balava** Until 12:08AM Tue  
**Saptami** Until 11:02AM

**Ganesha:** Clear  
**Muruqa:** Yellow  
**Nataraja:** Purple  
Moon - White  
**Ashada-Adi**

*Sunrise:* 5:11AM  
*Sunset:* 6:40PM

Kathmandu, Nepal  
Sun 6 Sutra 107  
Vijaya 5115  
Moon 7 - Phase 14  
Ashtami

Sivaloka Day

Tuesday, July 30, 2013

Retreat Star

Mesha Rasi: 16.1 Tithi 23 - 24  
425288262  
Creative Work Siddha Yoga  
Until 2:59AM Wed  
Then Creative Work - Amrita Yoga

Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Shula/Ganda Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika** 11:56AM - 1:37PM  
**Yama** 8:33AM - 10:14AM  
**Rahu** 3:18PM - 4:59PM  
**Bharani** Until 2:59AM Wed  
**Shula\*** Until 7:32AM  
**Taitila** Until 1:14AM Wed  
**Ashtami\*** Until 12:09PM

**Ganesha:** Clear  
**Muruqa:** Red  
**Nataraja:** Purple  
Moon - White  
**Ashada-Adi**

*Sunrise:* 5:11AM  
*Sunset:* 6:40PM

Kathmandu, Nepal  
Sun 7 Sutra 108  
Vijaya 5115  
Moon 7 - Phase 14  
Navami

Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

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<b>1</b>	<b>Wednesday, July 31, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Ganda*Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Kathmandu, Nepal
	Mesha Rasi: 28.2	Tithi 24 – 25	426288262	<b>Gulika</b> 10:15AM – 11:55AM <b>Yama</b> 6:53AM – 8:34AM <b>Rahu</b> 11:55AM – 1:36PM	<b>Krittika Until 5:20AM Thu</b> Ganda* Until 7:57AM Vanija Until 2:59AM Thu Navami* Until 1:54PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:12AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:39PM <b>Nataraja:</b> Purple Moon – White <b>Ashada-Adi</b>	Sun 8 Sutra 109 Vijaya 5115 Moon 7 - Phase 15 2nd Phase
Creative Work Amrita Yoga							
Until 5:20AM Thu							
Then Routine Work - Marana Yoga							


<b>2</b>	<b>Thursday, August 1, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Kathmandu, Nepal
	Wrishabha Rasi: 10.17	Tithi 25 – 26	436288262	<b>Gulika</b> 8:34AM – 10:15AM <b>Yama</b> 5:12AM – 6:53AM <b>Rahu</b> 1:36PM – 3:17PM	<b>Rohini Until 8:23AM Fri</b> Vridhhi Until 8:43AM Bava Until 5:10AM Fri Dashami Until 4:04PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:12AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:38PM <b>Nataraja:</b> Purple Moon – Yellow <b>Ashada-Adi</b>	Sun 9 Sutra 110 Vijaya 5115 Moon 7 - Phase 15 2nd Phase
Routine Work Marana Yoga							
Until 8:23AM Fri							
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Friday, August 2, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Ekadashyam Titau				Kathmandu, Nepal
	Wrishabha Rasi: 22.08	Tithi 26	436288262	<b>Gulika</b> 6:54AM – 8:34AM <b>Yama</b> 3:17PM – 4:57PM <b>Rahu</b> 10:15AM – 11:55AM	<b>Rohini Until 8:23AM</b> Dhruva Until 9:41AM Balava Until 7:35AM Sat Ekadashi* Until 6:29PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:13AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:38PM <b>Nataraja:</b> Purple Moon – Yellow <b>Ashada-Adi</b>	Sun 10 Sutra 111 Vijaya 5115 Moon 7 - Phase 15 2nd Phase
Routine Work Marana Yoga							
Until 8:23AM							
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Saturday, August 3, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kathmandu, Nepal
	Mithuna Rasi: 3.57	Tithi 27	436288262	<b>Gulika</b> 5:13AM – 6:54AM <b>Yama</b> 1:36PM – 3:16PM <b>Rahu</b> 8:34AM – 10:15AM	<b>Mrigashira Until 11:25AM</b> Vyaghata* Until 10:44AM Kaulava Until 7:53AM Dvadashi* Until 8:58PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:13AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:37PM <b>Nataraja:</b> Purple Moon – Yellow <b>Ashada-Adi</b>	Sun 11 Sutra 112 Vijaya 5115 Moon 7 - Phase 15 2nd Phase
Creative Work Siddha Yoga							

<b>5</b>	<b>Sunday, August 4, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau				Kathmandu, Nepal
	Mithuna Rasi: 15.48	Tithi 28	436288262	<b>Gulika</b> 3:16PM – 4:56PM <b>Yama</b> 11:55AM – 1:36PM <b>Rahu</b> 4:56PM – 6:36PM	<b>Ardra Until 2:24PM</b> Harshana Until 11:43AM Gara Until 10:19AM Trayodashi* Until 11:25PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:14AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:36PM <b>Nataraja:</b> Purple Moon – Yellow <b>Ashada-Adi</b>	Sun 12 Sutra 113 Vijaya 5115 Moon 7 - Phase 15 2nd Phase
Creative Work Siddha Yoga							

<b>6</b>	<b>Monday, August 5, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kathmandu, Nepal
	Mithuna Rasi: 27.43	Tithi 29	446288262	<b>Gulika</b> 1:35PM – 3:15PM <b>Yama</b> 10:15AM – 11:55AM <b>Rahu</b> 6:55AM – 8:35AM	<b>Punarvasu Until 5:15PM</b> Vajra* Until 12:34PM Visti Until 12:36PM Chaturdashi* Until 1:41AM Tue	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:14AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:36PM <b>Nataraja:</b> Purple Moon – Blue <b>Ashada-Adi</b>	Sun 13 Sutra 114 Vijaya 5115 Moon 7 - Phase 15 2nd Phase
Family Home Evening							
Creative Work Amrita Yoga							
Until 5:15PM							
Then Creative Work - Siddha Yoga							



	<b>Tuesday, August 6, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kathmandu, Nepal	
	<b>Retreat Star</b>		Kataka Rasi: 9.44	Tithi 30	446288262	<b>Gulika</b> 11:55AM – 1:35PM <b>Yama</b> 8:35AM – 10:15AM <b>Rahu</b> 3:15PM – 4:55PM	<b>Pushya Until 7:52PM</b> Siddhi Until 1:13PM Catuspada Until 2:38PM Amavasya* Until 3:44AM Wed	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:15AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:35PM <b>Nataraja:</b> Purple Moon – Blue <b>Ashada-Adi</b>
Creative Work Siddha Yoga								

	<b>Wednesday, August 7, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Varians Yoga Kintughna*/Bava Karana Prathamayam Titau				Kathmandu, Nepal	
	<b>Retreat Star</b>		Kataka Rasi: 21.53	Tithi 1	447288262	<b>Gulika</b> 10:15AM – 11:55AM <b>Yama</b> 6:55AM – 8:35AM <b>Rahu</b> 11:55AM – 1:35PM	<b>Ashlesha* Until 10:15PM</b> Vyatipata* Until 1:38PM Kintughna Until 4:24PM Prathama* Until 5:30AM Thu	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:16AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:34PM <b>Nataraja:</b> Purple Moon – Blue <b>Sravana-Adi</b>
Creative Work Siddha Yoga								

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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<b>1</b>	<b>Thursday, August 8, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kathmandu, Nepal Sun 16 Sutra 117 Vijaya 5115
	Simha Rasi: 4.1	Tithi 2	<b>Gulika</b> 8:35AM – 10:15AM <b>Yama</b> 5:16AM – 6:56AM <b>Rahu</b> 1:34PM – 3:14PM	<b>Magha* Until 12:19AM Fri</b> Variyan Until 1:48PM Balava Until 5:51PM <b>Dvitiya Until 6:57AM Fri</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – Red <b>Sravana-Adi</b>	<b>Sunrise:</b> 5:16AM <b>Sunset:</b> 6:33PM	Moon 7 - Phase 16 3rd Phase <b>Devaloka Day</b>
	Creative Work Amrita Yoga Until 12:19AM Fri Then Creative Work - Siddha Yoga						
<b>2</b>	<b>Friday, August 9, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Shiva Yoga Taitila Karana Tritiyayam Titau				Kathmandu, Nepal Sun 17 Sutra 118 Vijaya 5115
	Simha Rasi: 16.37	Tithi 3	<b>Gulika</b> 6:56AM – 8:36AM <b>Yama</b> 3:14PM – 4:53PM <b>Rahu</b> 10:15AM – 11:55AM	<b>Purvaphalguni Until 12:33AM Sat</b> Parigha* Until 1:07PM Taitila Until 5:53PM <b>Tritiya Until 6:34AM Sat</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – Red <b>Sravana-Adi</b>	<b>Sunrise:</b> 5:17AM <b>Sunset:</b> 6:33PM	Moon 7 - Phase 16 3rd Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga Until 12:33AM Sat Then Routine Work - Marana Yoga						
<b>3</b>	<b>Saturday, August 10, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Kathmandu, Nepal Sun 18 Sutra 119 Vijaya 5115
	Simha Rasi: 29.14	Tithi 3 – 4	<b>Gulika</b> 5:17AM – 6:56AM <b>Yama</b> 1:34PM – 3:13PM <b>Rahu</b> 8:36AM – 10:15AM	<b>Uttaraphalguni Until 1:52AM Sun</b> Shiva Until 12:42PM Vanija Until 6:34PM <b>Tritiya Until 6:34AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – Red <b>Sravana-Adi</b>	<b>Sunrise:</b> 5:17AM <b>Sunset:</b> 6:32PM	Moon 7 - Phase 16 3rd Phase <b>Devaloka Day</b>
	Routine Work Marana Yoga Until 1:52AM Sun Then Creative Work - Amrita Yoga						
<b>4</b>	<b>Sunday, August 11, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kathmandu, Nepal Sun 19 Sutra 120 Vijaya 5115
	Kanya Rasi: 12.02	Tithi 4 – 5	<b>Gulika</b> 3:13PM – 4:52PM <b>Yama</b> 11:54AM – 1:33PM <b>Rahu</b> 4:52PM – 6:31PM	<b>Hasta Until 2:51AM Mon</b> Siddha Until 11:58AM Bava Until 6:54PM <b>Chaturthi* Until 6:54AM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – Green <b>Sravana-Adi</b>	<b>Sunrise:</b> 5:18AM <b>Sunset:</b> 6:31PM	Moon 7 - Phase 16 3rd Phase <b>Sivaloka Day</b>
	Creative Work Amrita Yoga Until 2:51AM Mon Then Routine Work - Prabalarishta Yoga		<b>Nag Panchami</b>				
<b>5</b>	<b>Monday, August 12, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kathmandu, Nepal Sun 20 Sutra 121 Vijaya 5115
	Kanya Rasi: 25.02	Tithi 5 – 6	<b>Gulika</b> 1:33PM – 3:12PM <b>Yama</b> 10:15AM – 11:54AM <b>Rahu</b> 6:57AM – 8:36AM	<b>Chitra Until 3:27AM Tue</b> Sadhya Until 10:53AM Kaulava Until 6:48PM <b>Panchami Until 6:48AM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – Green <b>Sravana-Adi</b>	<b>Sunrise:</b> 5:18AM <b>Sunset:</b> 6:30PM	Moon 7 - Phase 16 3rd Phase <b>Sivaloka Day</b>
	Family Home Evening Routine Work Prabalarishta Yoga Until 3:27AM Tue Then Creative Work - Siddha Yoga						
<b>6</b>	<b>Tuesday, August 13, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Taitila/Vanija Karana Shashthi/Saptamyam Titau				Kathmandu, Nepal Sun 21 Sutra 122 Vijaya 5115
	Tula Rasi: 8.17	Tithi 6 – 7	<b>Gulika</b> 11:54AM – 1:33PM <b>Yama</b> 8:36AM – 10:15AM <b>Rahu</b> 3:12PM – 4:50PM	<b>Svati Until 2:05AM Wed</b> Subha Until 9:23AM Vanija Until 4:22AM Wed <b>Shashthi* Until 6:13AM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – Green <b>Sravana-Adi</b>	<b>Sunrise:</b> 5:19AM <b>Sunset:</b> 6:29PM	Moon 7 - Phase 16 3rd Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga						
	<b>Wednesday, August 14, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Kathmandu, Nepal Sun 22 Sutra 123 Vijaya 5115
	<b>Retreat Star</b>		<b>Gulika</b> 10:15AM – 11:54AM <b>Yama</b> 6:58AM – 8:36AM <b>Rahu</b> 11:54AM – 1:32PM	<b>Vishakha Until 1:45AM Thu</b> Sukla Until 7:20AM Visti Until 4:15PM <b>Ashtami* Until 3:20AM Thu</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – Orange <b>Sravana-Adi</b>	<b>Sunrise:</b> 5:19AM <b>Sunset:</b> 6:28PM	Moon 7 - Phase 16 Ashtami <b>Sivaloka Day</b>
	Tula Rasi: 21.49 Tithi 8 Creative Work Siddha Yoga						
	<b>Thursday, August 15, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau				Kathmandu, Nepal Sun 23 Sutra 124 Vijaya 5115
	<b>Retreat Star</b>		<b>Gulika</b> 8:37AM – 10:15AM <b>Yama</b> 5:20AM – 6:58AM <b>Rahu</b> 1:32PM – 3:11PM	<b>Anuradha Until 12:55AM Fri</b> Indra Until 2:20AM Fri Balava Until 2:40PM <b>Navami* Until 1:44AM Fri</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – Orange <b>Sravana-Adi</b>	<b>Sunrise:</b> 5:20AM <b>Sunset:</b> 6:28PM	Moon 7 - Phase 16 Navami <b>Sivaloka Day</b>
	Vrischika Rasi: 5.38 Tithi 9 Creative Work Siddha Yoga Until 12:55AM Fri Then Routine Work - Marana Yoga						

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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<b>1</b> Friday, August 16, 2013		Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Dashamyam Titau			Kathmandu, Nepal Sun 24 Sutra 125 Vijaya 5115	
Virchika Rasi: 19.46	Tithi 10	478288262	<b>Gulika</b> 6:59AM – 8:37AM <b>Yama</b> 3:10PM – 4:48PM <b>Rahu</b> 10:15AM – 11:53AM	<b>Jyeshtha* Until 11:32PM</b> Vaidhriti* Until 11:31PM Tailila Until 12:29PM <b>Dashami Until 11:34PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:20AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:27PM <b>Nataraja:</b> Purple Moon – Orange <b>Sravana-Avani</b>	Moon 7 - Phase 17 4th Phase <b>Sivaloka Day</b>
Routine Work Marana Yoga Until 11:32PM Then Creative Work - Amrita Yoga						
<b>2</b> Saturday, August 17, 2013		Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Ekadashyam Titau			Kathmandu, Nepal Sun 25 Sutra 126 Vijaya 5115	
Dhanus Rasi: 4.13	Tithi 11	588288262	<b>Gulika</b> 5:21AM – 6:59AM <b>Yama</b> 1:31PM – 3:09PM <b>Rahu</b> 8:37AM – 10:15AM	<b>Mula* Until 8:36PM</b> Vishkambha* Until 7:19PM Vanija Until 9:29AM <b>Ekadashi Until 7:47PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:21AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:26PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Sravana-Avani</b>	Moon 7 - Phase 17 4th Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga						
<b>3</b> Sunday, August 18, 2013		Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau			Kathmandu, Nepal Sun 26 Sutra 127 Vijaya 5115	
Dhanus Rasi: 18.53	Tithi 12 – 13	588288262	<b>Gulika</b> 3:09PM – 4:47PM <b>Yama</b> 11:53AM – 1:31PM <b>Rahu</b> 4:47PM – 6:25PM	<b>Purvashadha* Until 6:26PM</b> Priti Until 3:51PM Bava Until 6:32AM <b>Dvadashi Until 4:49PM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:21AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:26PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Sravana-Avani</b>	Moon 7 - Phase 17 4th Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 6:26PM Then Creative Work - Amrita Yoga						
<b>4</b> Monday, August 19, 2013		Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau			Kathmandu, Nepal Sun 27 Sutra 128 Vijaya 5115	
Makara Rasi: 3.44	Tithi 13 – 14	588288262	<b>Gulika</b> 1:31PM – 3:08PM <b>Yama</b> 10:15AM – 11:53AM <b>Rahu</b> 6:59AM – 8:37AM	<b>Uttarashadha Until 4:02PM</b> Ayushman Until 12:09PM Gara Until 11:53PM <b>Trayodashi Until 1:36PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:22AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:24PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Sravana-Avani</b>	Moon 7 - Phase 17 4th Phase <b>Sivaloka Day</b>
Family Home Evening Routine Work Marana Yoga Until 4:02PM Then Creative Work - Amrita Yoga		<b>Chidambaram Abhishekam</b>				
<b>○</b> Tuesday, August 20, 2013 <b>Copper Retreat Star</b>		Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Kathmandu, Nepal Sutra 129 Vijaya 5115	
Makara Rasi: 18.36	Tithi 14 – 15	599288262	<b>Gulika</b> 11:53AM – 1:30PM <b>Yama</b> 8:37AM – 10:15AM <b>Rahu</b> 3:08PM – 4:45PM	<b>Shravana Until 1:34PM</b> Saubhagya Until 8:24AM Visti Until 8:37PM <b>Chaturdashi* Until 10:20AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:22AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:23PM <b>Nataraja:</b> Purple Moon – Purple <b>Sravana-Avani</b>	Moon 7 - Phase 17 Purnima <b>Sivaloka Day</b>
Creative Work Siddha Yoga		<b>Raksha Bandhan</b>				
<b>Wednesday, August 21, 2013</b> <b>Silver Retreat Star</b>		Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau			Kathmandu, Nepal Sutra 130 Vijaya 5115	
Kumbha Rasi: 3.22	Tithi 15 – 16	599288262	<b>Gulika</b> 10:15AM – 11:52AM <b>Yama</b> 7:00AM – 8:37AM <b>Rahu</b> 11:52AM – 1:30PM	<b>Dhanishtha Until 11:17AM</b> Athiganda* Until 2:04AM Thu Kaulava Until 3:49AM Thu <b>Purnima* Until 7:15AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:23AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:22PM <b>Nataraja:</b> Purple Moon – Purple <b>Sravana-Avani</b>	Moon 7 - Phase 17 Prathama <b>Sivaloka Day</b>
Routine Work Prabalarishta Yoga Until 11:17AM Then Creative Work - Siddha Yoga						

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds.  
Shukla Yajur Veda

All times are standard time

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**Thursday, August 22, 2013**  
**Gold Retreat Star**

Kumbha Rasi: 17.53    Tilthi 17  
599288262  
Creative Work    Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Sukarma Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika**    8:38AM – 10:15AM    **Shatabhishak Until 9:37AM**  
**Yama**        5:23AM – 7:00AM        Sukarma Until 10:37PM  
**Rahu**         1:29PM – 3:06PM        Taitila Until 3:33PM

**Ganesha:** Yellow    *Sunrise:* 5:23AM  
**Muruqa:** Red        *Sunset:* 6:21PM  
**Nataraja:** Purple  
Moon – Purple

**Sivaloka Day**  
**Sravana-Avani**

Kathmandu, Nepal  
Sutra 131  
Vijaya 5115  
Moon 8 - Phase 18  
1st Phase

**Friday, August 23, 2013**



Meena Rasi: 2.03    Tilthi 18  
519388262  
Creative Work    Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Dhriti Yoga Vanija/Visti\* Karana Triliyayam Titau

**Gulika**    7:01AM – 8:38AM    **Purvaproshtapada\* Until 8:12AM**  
**Yama**        3:06PM – 4:43PM        Dhriti Until 7:45PM  
**Rahu**         10:15AM – 11:52AM      Vanija Until 1:19PM

**Ganesha:** White        *Sunrise:* 5:24AM  
**Muruqa:** Red        *Sunset:* 6:20PM  
**Nataraja:** Purple  
Moon – Clear

**Subha Sivaloka Day**  
**Sravana-Avani**

Kathmandu, Nepal  
Sun 1    Sutra 132  
Vijaya 5115  
Moon 8 - Phase 18  
1st Phase

**Saturday, August 24, 2013**



Meena Rasi: 15.47    Tilthi 19  
519388262  
Creative Work    Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Shula\* Yoga Bava/Balava Karana Chaturthayam Titau

**Gulika**    5:24AM – 7:01AM    **Uttaraproshtapada Until 7:37AM**  
**Yama**        1:28PM – 3:05PM        Shula\* Until 6:23PM  
**Rahu**         8:38AM – 10:15AM      Bava Until 12:23PM

**Ganesha:** White        *Sunrise:* 5:24AM  
**Muruqa:** Red        *Sunset:* 6:19PM  
**Nataraja:** Purple  
Moon – Clear

**Subha Sivaloka Day**  
**Sravana-Avani**

Kathmandu, Nepal  
Sun 2    Sutra 133  
Vijaya 5115  
Moon 8 - Phase 18  
1st Phase

Until 7:37AM  
Then Routine Work - Prabalarishta Yoga

**Sunday, August 25, 2013**



Meena Rasi: 29.05    Tilthi 20  
519388262  
Creative Work    Amrita Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\*/Vridhii Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**    3:05PM – 4:41PM    **Revati Until 7:42AM**  
**Yama**        11:51AM – 1:28PM      Ganda\* Until 4:48PM  
**Rahu**         4:41PM – 6:18PM        Kaulava Until 11:44AM

**Ganesha:** White        *Sunrise:* 5:25AM  
**Muruqa:** Red        *Sunset:* 6:18PM  
**Nataraja:** Purple  
Moon – Clear

**Subha Sivaloka Day**  
**Sravana-Avani**

Kathmandu, Nepal  
Sun 3    Sutra 134  
Vijaya 5115  
Moon 8 - Phase 18  
1st Phase

Until 7:42AM  
Then Creative Work - Siddha Yoga

**Monday, August 26, 2013**



Mesha Rasi: 11.56    Tilthi 21  
529388262  
**Family Home Evening**  
Creative Work    Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vridhii/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**    1:27PM – 3:04PM    **Ashvini Until 8:48AM**  
**Yama**        10:15AM – 11:51AM      Vridhii Until 4:44PM  
**Rahu**         7:02AM – 8:38AM        Gara Until 11:57AM

**Ganesha:** Yellow        *Sunrise:* 5:25AM  
**Muruqa:** Red        *Sunset:* 6:17PM  
**Nataraja:** Purple  
Moon – White

**Sivaloka Day**  
**Sravana-Avani**

Kathmandu, Nepal  
Sun 4    Sutra 135  
Vijaya 5115  
Moon 8 - Phase 18  
1st Phase

**Shashthi\* Until 11:57PM**

**Tuesday, August 27, 2013**



Mesha Rasi: 24.25    Tilthi 22  
529388262  
Creative Work    Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika**    11:51AM – 1:27PM    **Bharani Until 10:30AM**  
**Yama**        8:38AM – 10:14AM      Dhruva Until 4:32PM  
**Rahu**         3:03PM – 4:40PM        Visti Until 1:33PM

**Ganesha:** Yellow        *Sunrise:* 5:26AM  
**Muruqa:** Red        *Sunset:* 6:16PM  
**Nataraja:** Purple  
Moon – White

**Sivaloka Day**  
**Sravana-Avani**

Kathmandu, Nepal  
Sun 5    Sutra 136  
Vijaya 5115  
Moon 8 - Phase 18  
1st Phase

**Saptami Until 2:39AM Wed**

**Wednesday, August 28, 2013**



**Retreat Star**

Vrishabha Rasi: 7    Tilthi 23  
521388263  
Creative Work    Amrita Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    10:14AM – 11:50AM    **Krittika Until 12:48PM**  
**Yama**        7:02AM – 8:38AM        Vyaghata\* Until 4:52PM  
**Rahu**         11:50AM – 1:27PM      Balava Until 3:15PM

**Ganesha:** Clear        *Sunrise:* 5:26AM  
**Muruqa:** Red        *Sunset:* 6:15PM  
**Nataraja:** Clear  
Moon – White

**Devaloka Day**  
**Sravana-Avani**

Kathmandu, Nepal  
Sun 6    Sutra 137  
Vijaya 5115  
Moon 8 - Phase 18  
Ashtami

**Krishna Janmashtami**

**Ashtami\* Until 4:21AM Thu**

Until 12:48PM  
Then Creative Work - Siddha Yoga

**Thursday, August 29, 2013**

**Retreat Star**

Vrishabha Rasi: 18.35    Tilthi 24  
531388263  
Routine Work    Marana Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**    8:38AM – 10:14AM    **Rohini Until 3:30PM**  
**Yama**        5:27AM – 7:02AM        Harshana Until 5:35PM  
**Rahu**         1:26PM – 3:02PM        Taitila Until 5:24PM

**Ganesha:** Purple        *Sunrise:* 5:27AM  
**Muruqa:** Red        *Sunset:* 6:14PM  
**Nataraja:** Clear  
Moon – Yellow

**Sivaloka Day**  
**Sravana-Avani**

Kathmandu, Nepal  
Sun 7    Sutra 138  
Vijaya 5115  
Moon 8 - Phase 18  
Navami

**Navami\* Until 6:41AM Fri**

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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<b>1</b>	<b>Friday, August 30, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Kathmandu, Nepal Sun 8 Sutra 139 Vijaya 5115
	Mithuna Rasi: 0.28 Tithi 24 – 25 531388263 Creative Work Siddha Yoga	<b>Gulika</b> 7:03AM – 8:38AM <b>Yama</b> 3:01PM – 4:37PM <b>Rahu</b> 10:14AM – 11:50AM	<b>Mrigashira</b> Until 6:25PM Vajra* Until 6:29PM Vanija Until 7:47PM Navami* Until 6:41AM

<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:27AM	Moon 8 - Phase 19 2nd Phase <b>Sivaloka Day</b>
<b>Muruqa:</b> Red <i>Sunset:</i> 6:13PM	
<b>Nataraja:</b> Clear	
Moon – Yellow	
<b>Sravana-Avani</b>	

<b>2</b>	<b>Saturday, August 31, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ardra Nakshatra Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Kathmandu, Nepal Sun 9 Sutra 140 Vijaya 5115
	Mithuna Rasi: 12.19 Tithi 25 – 26 531388263 Creative Work Siddha Yoga	<b>Gulika</b> 5:27AM – 7:03AM <b>Yama</b> 1:25PM – 3:01PM <b>Rahu</b> 8:38AM – 10:14AM	<b>Ardra</b> Until 9:23PM Siddhi Until 7:27PM Bava Until 10:13PM Dashami Until 9:08AM

<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:27AM	Moon 8 - Phase 19 2nd Phase <b>Sivaloka Day</b>
<b>Muruqa:</b> Red <i>Sunset:</i> 6:12PM	
<b>Nataraja:</b> Clear	
Moon – Yellow	
<b>Sravana-Avani</b>	

<b>3</b>	<b>Sunday, September 1, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Kathmandu, Nepal Sun 10 Sutra 141 Vijaya 5115
	Mithuna Rasi: 24.12 Tithi 26 – 27 541388263 Creative Work Siddha Yoga	<b>Gulika</b> 3:00PM – 4:35PM <b>Yama</b> 11:49AM – 1:25PM <b>Rahu</b> 4:35PM – 6:10PM	<b>Punarvasu</b> Until 12:16AM Mon Vyatipata* Until 8:19PM Kaulava Until 12:34AM Mon Ekadashi* Until 11:29AM

<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:28AM	Moon 8 - Phase 19 2nd Phase <b>Devaloka Day</b>
<b>Muruqa:</b> Red <i>Sunset:</i> 6:10PM	
<b>Nataraja:</b> Clear	
Moon – Blue	
<b>Sravana-Avani</b>	

<b>4</b>	<b>Monday, September 2, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Variyan Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Kathmandu, Nepal Sun 11 Sutra 142 Vijaya 5115
	Kataka Rasi: 6.11 Tithi 27 – 28 <b>Family Home Evening</b> 541388263 Creative Work Siddha Yoga	<b>Gulika</b> 1:24PM – 2:59PM <b>Yama</b> 10:14AM – 11:49AM <b>Rahu</b> 7:03AM – 8:39AM	<b>Pushya</b> Until 2:57AM Tue Variyan Until 9:01PM Gara Until 2:42AM Tue Dvadashi* Until 1:36PM <i>Pradosha Vrata (Fasting)</i>


<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:28AM	Moon 8 - Phase 19 2nd Phase <b>Devaloka Day</b>
<b>Muruqa:</b> Red <i>Sunset:</i> 6:09PM	
<b>Nataraja:</b> Clear	
Moon – Blue	
<b>Sravana-Avani</b>	

<b>5</b>	<b>Tuesday, September 3, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Kathmandu, Nepal Sun 12 Sutra 143 Vijaya 5115
	Kataka Rasi: 18.2 Tithi 28 – 29 541388263 Creative Work Siddha Yoga	<b>Gulika</b> 11:49AM – 1:23PM <b>Yama</b> 8:39AM – 10:14AM <b>Rahu</b> 2:58PM – 4:33PM	<b>Ashlesha*</b> Until 5:20AM Wed Parigha* Until 9:26PM Visti Until 4:30AM Wed Trayodashi* Until 3:25PM

<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:29AM	Moon 8 - Phase 19 2nd Phase <b>Devaloka Day</b>
<b>Muruqa:</b> Red <i>Sunset:</i> 6:08PM	
<b>Nataraja:</b> Clear	
Moon – Blue	
<b>Sravana-Avani</b>	

<b>6</b>	<b>Wednesday, September 4, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Kathmandu, Nepal Sun 13 Sutra 144 Vijaya 5115
	Simha Rasi: 0.39 Tithi 29 – 30 551388263 Creative Work Siddha Yoga	<b>Gulika</b> 10:13AM – 11:48AM <b>Yama</b> 7:04AM – 8:39AM <b>Rahu</b> 11:48AM – 1:23PM	<b>Magha*</b> Until 6:19AM Thu Shiva Until 9:31PM Catuspada Until 3:56AM Thu Chaturdashi* Until 3:56PM

<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:29AM	Moon 8 - Phase 19 2nd Phase <b>Devaloka Day</b>
<b>Muruqa:</b> Red <i>Sunset:</i> 6:07PM	
<b>Nataraja:</b> Clear	
Moon – Red	
<b>Sravana-Avani</b>	

	<b>Thursday, September 5, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Kathmandu, Nepal Sun 14 Sutra 145 Vijaya 5115
	Simha Rasi: 13.1 Tithi 30 – 1 551388263 Creative Work Amrita Yoga Until 6:19AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 8:39AM – 10:13AM <b>Yama</b> 5:30AM – 7:04AM <b>Rahu</b> 1:22PM – 2:57PM	<b>Magha*</b> Until 6:19AM Siddha Until 8:09PM Kintughna Until 4:51AM Fri Amavasya* Until 4:51PM

<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:30AM	Moon 8 - Phase 19 Amavasya <b>Devaloka Day</b>
<b>Muruqa:</b> Red <i>Sunset:</i> 6:06PM	
<b>Nataraja:</b> Clear	
Moon – Red	
<b>Sravana-Avani</b>	

<b>Retreat Star</b>	<b>Friday, September 6, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Kathmandu, Nepal Sun 15 Sutra 146 Vijaya 5115
	Simha Rasi: 25.53 Tithi 1 – 2 551388263 Creative Work Siddha Yoga	<b>Gulika</b> 7:05AM – 8:39AM <b>Yama</b> 2:56PM – 4:31PM <b>Rahu</b> 10:13AM – 11:48AM	<b>Purvaphalguni</b> Until 7:26AM Sadhya Until 7:32PM Balava Until 5:20AM Sat Prathama* Until 5:20PM

<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:30AM	Moon 8 - Phase 19 Prathama <b>Devaloka Day</b>
<b>Muruqa:</b> Red <i>Sunset:</i> 6:05PM	
<b>Nataraja:</b> Clear	
Moon – Red	
<b>Bhadrapada-Avani</b>	

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

<b>1</b>	<b>Saturday, September 7, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Kathmandu, Nepal Sun 16 Sutra 147 Vijaya 5115
	Kanya Rasi: 8.49 Tithi 2 – 3 552388263 Routine Work Marana Yoga	<b>Gulika</b> 5:31AM – 7:05AM <b>Yama</b> 1:21PM – 2:56PM <b>Rahu</b> 8:39AM – 10:13AM	<b>Uttaraphalguni Until 8:11AM</b> Subha Until 6:33PM Taitila Until 5:24AM Sun <b>Dvitiya Until 5:24PM</b>

<b>Ganesha:</b> Light Blue <i>Sunrise: 5:31AM</i>	Moon 8 - Phase 20 3rd Phase
<b>Muruqa:</b> Red <i>Sunset: 6:04PM</i>	
<b>Nataraja:</b> Clear Moon – Red	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Sunday, September 8, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Kathmandu, Nepal Sun 17 Sutra 148 Vijaya 5115
	Kanya Rasi: 21.57 Tithi 3 – 4 562388263 Creative Work Amrita Yoga Until 8:33AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 2:55PM – 4:29PM <b>Yama</b> 11:47AM – 1:21PM <b>Rahu</b> 4:29PM – 6:03PM	<b>Hasta Until 8:33AM</b> Sukla Until 5:14PM Vanija Until 5:05AM Mon <b>Tritiya Until 5:05PM</b>

<b>Ganesha:</b> Purple <i>Sunrise: 5:31AM</i>	Moon 8 - Phase 20 3rd Phase
<b>Muruqa:</b> Red <i>Sunset: 6:03PM</i>	
<b>Nataraja:</b> Clear Moon – Green	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>3</b>	<b>Monday, September 9, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Kathmandu, Nepal Sun 18 Sutra 149 Vijaya 5115
	Tula Rasi: 5.17 Tithi 4 – 5 562388263 Family Home Evening Routine Work Prabalarishta Yoga Until 8:23AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:20PM – 2:54PM <b>Yama</b> 10:13AM – 11:47AM <b>Rahu</b> 7:05AM – 8:39AM	<b>Chitra Until 8:23AM</b> Brahma Until 3:35PM Bava Until 2:39AM Tue <b>Chaturthi* Until 3:34PM</b>

<b>Ganesha:</b> Purple <i>Sunrise: 5:32AM</i>	Moon 8 - Phase 20 3rd Phase
<b>Muruqa:</b> Red <i>Sunset: 6:02PM</i>	
<b>Nataraja:</b> Clear Moon – Green	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>4</b>	<b>Tuesday, September 10, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Kathmandu, Nepal Sun 19 Sutra 150 Vijaya 5115
	Tula Rasi: 18.47 Tithi 5 – 6 562388263 Creative Work Siddha Yoga Until 8:04AM Then Routine Work - Marana Yoga	<b>Gulika</b> 11:46AM – 1:20PM <b>Yama</b> 8:39AM – 10:13AM <b>Rahu</b> 2:53PM – 4:27PM	<b>Svati Until 8:04AM</b> Indra Until 1:06PM Kaulava Until 1:39AM Wed <b>Panchami Until 2:34PM</b>

<b>Ganesha:</b> Purple <i>Sunrise: 5:32AM</i>	Moon 8 - Phase 20 3rd Phase
<b>Muruqa:</b> Red <i>Sunset: 6:00PM</i>	
<b>Nataraja:</b> Clear Moon – Green	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>5</b>	<b>Wednesday, September 11, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Kathmandu, Nepal Sun 20 Sutra 151 Vijaya 5115
	Vrischika Rasi: 2.29 Tithi 6 – 7 572388263 Creative Work Siddha Yoga	<b>Gulika</b> 10:12AM – 11:46AM <b>Yama</b> 7:06AM – 8:39AM <b>Rahu</b> 11:46AM – 1:19PM	<b>Vishakha Until 7:27AM</b> Vaidhriti* Until 10:58AM Gara Until 12:19AM Thu <b>Shashthi* Until 1:15PM</b>

<b>Ganesha:</b> Clear <i>Sunrise: 5:32AM</i>	Moon 8 - Phase 20 3rd Phase
<b>Muruqa:</b> Red <i>Sunset: 5:59PM</i>	
<b>Nataraja:</b> Clear Moon – Orange	<b>Devaloka Day</b> <b>Bhadrapada-Avani</b>

<b>D</b>	<b>Thursday, September 12, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha*/Prili* Yoga Vanija/Visti* Karana Saptami/Ashlamyam Titau	Kathmandu, Nepal Sun 21 Sutra 152 Vijaya 5115
	Vrischika Rasi: 16.22 Tithi 7 – 8 572388263 Creative Work Siddha Yoga Until 6:32AM Then Routine Work - Prabalarishta Yoga	<b>Gulika</b> 8:39AM – 10:12AM <b>Yama</b> 5:33AM – 7:06AM <b>Rahu</b> 1:19PM – 2:52PM	<b>Anuradha Until 6:32AM</b> Vishkambha* Until 8:33AM Visti Until 10:40PM <b>Saptami Until 11:35AM</b>

<b>Ganesha:</b> Clear <i>Sunrise: 5:33AM</i>	Moon 8 - Phase 20 Ashtami
<b>Muruqa:</b> Red <i>Sunset: 5:58PM</i>	
<b>Nataraja:</b> Clear Moon – Orange	<b>Devaloka Day</b> <b>Bhadrapada-Avani</b>

<b>D</b>	<b>Friday, September 13, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Kathmandu, Nepal Sun 22 Sutra 153 Vijaya 5115
	Dhanus Rasi: 0.25 Tithi 8 – 9 582388263 Creative Work Amrita Yoga Until 4:09AM Sat Then Creative Work - Siddha Yoga	<b>Gulika</b> 7:06AM – 8:39AM <b>Yama</b> 2:51PM – 4:24PM <b>Rahu</b> 10:12AM – 11:45AM	<b>Mula* Until 4:09AM Sat</b> Ayushman Until 3:11AM Sat Balava Until 8:40PM <b>Ashtami* Until 9:36AM</b>

<b>Ganesha:</b> White <i>Sunrise: 5:33AM</i>	Moon 8 - Phase 20 Navami
<b>Muruqa:</b> Red <i>Sunset: 5:57PM</i>	
<b>Nataraja:</b> Clear Moon – Light Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM <b>Bhadrapada-Avani</b>

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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<b>1</b>	<b>Saturday, September 14, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau	Kathmandu, Nepal Sun 23 Sutra 154 Vijaya 5115
	Dhanus Rasi: 14.37    Titli 9 – 10 582388263	<b>Gulika</b> 5:34AM – 7:07AM <b>Yama</b> 1:18PM – 2:50PM <b>Rahu</b> 8:39AM – 10:12AM	<b>Purvashadha* Until 2:39AM Sun</b> Saubhagya Until 12:13AM Sun Taitila Until 6:23PM <b>Navami* Until 7:18AM</b>
	Creative Work    Siddha Yoga Until 2:39AM Sun Then Creative Work - Amrita Yoga	<b>Ganesha:</b> White <i>Sunrise:</i> 5:34AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:56PM <b>Nataraja:</b> Clear Moon – Light Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Sunday, September 15, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Vanija/Visli* Karana Ekadashyam Titau	Kathmandu, Nepal Sun 24 Sutra 155 Vijaya 5115
	Dhanus Rasi: 28.59    Titli 11 582388263	<b>Gulika</b> 2:50PM – 4:22PM <b>Yama</b> 11:44AM – 1:17PM <b>Rahu</b> 4:22PM – 5:55PM	<b>Uttarashadha Until 12:54AM Mon</b> Sobhana Until 9:01PM Vanija Until 3:50PM <b>Ekadashi Until 2:55AM Mon</b>
	Creative Work    Amrita Yoga	<b>Ganesha:</b> White <i>Sunrise:</i> 5:34AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:55PM <b>Nataraja:</b> Clear Moon – Light Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>3</b>	<b>Monday, September 16, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Athiganda/Sukarma Yoga Bava/Balava Karana Dvadashyam Titau	Kathmandu, Nepal Sun 25 Sutra 156 Vijaya 5115
	Makara Rasi: 13.25    Titli 12 592388263	<b>Gulika</b> 1:16PM – 2:49PM <b>Yama</b> 10:12AM – 11:44AM <b>Rahu</b> 7:07AM – 8:39AM	<b>Shravana Until 11:01PM</b> Athiganda* Until 5:42PM Bava Until 1:08PM <b>Dvadashi Until 12:13AM Tue</b>
	Family Home Evening Creative Work    Amrita Yoga Until 11:01PM Then Creative Work - Siddha Yoga	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:35AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:53PM <b>Nataraja:</b> Clear Moon – Purple	<b>Devaloka Day</b>

<b>4</b>	<b>Tuesday, September 17, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau	Kathmandu, Nepal Sun 26 Sutra 157 Vijaya 5115
	Makara Rasi: 27.51    Titli 13 592488263	<b>Gulika</b> 11:44AM – 1:16PM <b>Yama</b> 8:39AM – 10:12AM <b>Rahu</b> 2:48PM – 4:20PM	<b>Dhanishtha Until 9:06PM</b> Sukarma Until 2:22PM Kaulava Until 10:25AM <b>Trayodashi Until 9:30PM</b> <i>Pradosha Vrata</i>
	Creative Work    Siddha Yoga Until 9:06PM Then Routine Work - Marana Yoga	<b>Ganesha:</b> White <i>Sunrise:</i> 5:35AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:52PM <b>Nataraja:</b> Clear Moon – Purple	<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>	<b>Bhadrapada-Puratasi</b>

<b>5</b>	<b>Wednesday, September 18, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau	Kathmandu, Nepal Sun 27 Sutra 158 Vijaya 5115
	Kumbha Rasi: 12.13    Titli 14 592488263	<b>Gulika</b> 10:11AM – 11:43AM <b>Yama</b> 7:08AM – 8:39AM <b>Rahu</b> 11:43AM – 1:15PM	<b>Shatabhishak Until 7:21PM</b> Dhriti Until 11:10AM Gara Until 7:52AM <b>Chaturdashi* Until 6:57PM</b>
	Creative Work    Siddha Yoga Until 7:21PM Then Creative Work - Amrita Yoga	<b>Ganesha:</b> White <i>Sunrise:</i> 5:36AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:51PM <b>Nataraja:</b> Clear Moon – Purple	<b>Sivaloka Day</b>
			<b>Bhadrapada-Puratasi</b>

	<b>Thursday, September 19, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Kathmandu, Nepal Sun 27 Sutra 159 Vijaya 5115
	<b>Copper Retreat Star</b>	<b>Gulika</b> 8:40AM – 10:11AM <b>Yama</b> 5:36AM – 7:08AM <b>Rahu</b> 1:15PM – 2:46PM	<b>Purvaproshtapada* Until 5:55PM</b> Shula* Until 8:16AM Balava Until 3:49AM Fri <b>Purnima* Until 4:45PM</b>
	Kumbha Rasi: 26.23    Titli 15 – 16 512488263		<b>Ganesha:</b> White <i>Sunrise:</i> 5:36AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:50PM <b>Nataraja:</b> Clear Moon – Clear
	Creative Work    Siddha Yoga		<b>Sivaloka Day</b> <b>Bhadrapada-Puratasi</b>

<b>Friday, September 20, 2013</b>	<b>Silver Retreat Star</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau	Kathmandu, Nepal Sutra 160 Vijaya 5115
	<b>Silver Retreat Star</b>	<b>Gulika</b> 7:08AM – 8:40AM <b>Yama</b> 2:46PM – 4:17PM <b>Rahu</b> 10:11AM – 11:43AM	<b>Uttaraproshtapada Until 4:57PM</b> Vriddhi Until 3:08AM Sat Taitila Until 2:07AM Sat <b>Prathama* Until 3:03PM</b>
	Meena Rasi: 10.17    Titli 16 – 17 512488263		<b>Ganesha:</b> White <i>Sunrise:</i> 5:36AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:49PM <b>Nataraja:</b> Clear Moon – Clear
	Creative Work    Siddha Yoga		<b>Sivaloka Day</b> <b>Bhadrapada-Puratasi</b>

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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**Saturday, September 21, 2013**  
**Gold Retreat Star**

Meena Rasi: 23.5    Tithi 17 – 18  
513488263  
Routine Work    Prabalarishta Yoga  
Until 5:23PM  
Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika**    5:37AM – 7:08AM    **Revati Until 5:23PM**  
**Yama**       1:14PM – 2:45PM    Dhruva Until 2:35AM Sun  
**Rahu**       8:40AM – 10:11AM    Vanija Until 2:39AM Sun  
Dvitiya Until 2:39PM

Kathmandu, Nepal  
Sun 1    Sutra 161  
Vijaya 5115  
Moon 9 - Phase 22  
1st Phase

**Ganesha:** Yellow    *Sunrise:* 5:37AM  
**Muruqa:** Red        *Sunset:* 5:48PM  
**Nataraja:** Clear  
Moon – Clear  
**Devaloka Day**  
**Bhadrapada-Puratasi**



**Sunday, September 22, 2013**

Mesha Rasi: 7.01    Tithi 18 – 19  
523488263  
Creative Work    Siddha Yoga  
Until 5:40PM  
Then Routine Work - Prabalarishta Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vyaghata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika**    2:44PM – 4:15PM    **Ashvini Until 5:40PM**  
**Yama**       11:42AM – 1:13PM    Vyaghata\* Until 1:10AM Mon  
**Rahu**       4:15PM – 5:46PM    Bava Until 2:14AM Mon  
Tritiya Until 2:14PM

Kathmandu, Nepal  
Sun 2    Sutra 162  
Vijaya 5115  
Moon 9 - Phase 22  
1st Phase

**Ganesha:** White    *Sunrise:* 5:37AM  
**Muruqa:** Red        *Sunset:* 5:46PM  
**Nataraja:** Clear  
Moon – White  
**Bhuloka Day**  
**Bhadrapada-Puratasi**    Devaloka Time: 3:PM to 6:PM



**Monday, September 23, 2013**

Mesha Rasi: 19.5    Tithi 19 – 20  
523488263  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 7:41PM  
Then Routine Work - Marana Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani Nakshatra Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika**    1:13PM – 2:43PM    **Bharani Until 7:41PM**  
**Yama**       10:11AM – 11:42AM    Harshana Until 1:48AM Tue  
**Rahu**       7:09AM – 8:40AM    Kaulava Until 4:27AM Tue  
Chaturthi\* Until 3:21PM

Kathmandu, Nepal  
Sun 3    Sutra 163  
Vijaya 5115  
Moon 9 - Phase 22  
1st Phase

**Ganesha:** White    *Sunrise:* 5:38AM  
**Muruqa:** Red        *Sunset:* 5:45PM  
**Nataraja:** Clear  
Moon – White  
**Bhuloka Day**  
**Bhadrapada-Puratasi**    Devaloka Time: 3:PM to 6:PM



**Tuesday, September 24, 2013**

Mrishabha Rasi: 2.18    Tithi 20 – 21  
523488263  
Creative Work    Siddha Yoga  
Until 9:24PM  
Then Creative Work - Amrita Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika Nakshatra Vajra\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika**    11:41AM – 1:12PM    **Krittika Until 9:24PM**  
**Yama**       8:40AM – 10:10AM    Vajra\* Until 1:35AM Wed  
**Rahu**       2:43PM – 4:13PM    Gara Until 5:32AM Wed  
Panchami Until 4:27PM

Kathmandu, Nepal  
Sun 4    Sutra 164  
Vijaya 5115  
Moon 9 - Phase 22  
1st Phase

**Ganesha:** White    *Sunrise:* 5:38AM  
**Muruqa:** Red        *Sunset:* 5:44PM  
**Nataraja:** Clear  
Moon – White  
**Bhuloka Day**  
**Bhadrapada-Puratasi**    Devaloka Time: 3:PM to 6:PM



**Wednesday, September 25, 2013**

Mrishabha Rasi: 14.31    Tithi 21  
533488263  
Creative Work    Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Rohini Nakshatra Siddhi Yoga Vanija Karana Shashthyam Titau

**Gulika**    10:10AM – 11:41AM    **Rohini Until 11:39PM**  
**Yama**       7:09AM – 8:40AM    Siddhi Until 1:51AM Thu  
**Rahu**       11:41AM – 1:11PM    Vanija Until 7:14AM Thu  
Shashthi\* Until 6:08PM

Kathmandu, Nepal  
Sun 5    Sutra 165  
Vijaya 5115  
Moon 9 - Phase 22  
1st Phase

**Ganesha:** Clear    *Sunrise:* 5:39AM  
**Muruqa:** Red        *Sunset:* 5:43PM  
**Nataraja:** Clear  
Moon – Yellow  
**Devaloka Day**  
**Bhadrapada-Puratasi**



**Thursday, September 26, 2013**

Mrishabha Rasi: 26.31    Tithi 22  
533488263  
Routine Work    Marana Yoga  
Until 2:17AM Fri  
Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Mrigashira Nakshatra Vyatipata\* Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika**    8:40AM – 10:10AM    **Mrigashira Until 2:17AM Fri**  
**Yama**       5:39AM – 7:10AM    Vyatipata\* Until 2:29AM Fri  
**Rahu**       1:11PM – 2:41PM    Visti Until 7:09AM  
Saptami Until 8:15PM

Kathmandu, Nepal  
Sun 6    Sutra 166  
Vijaya 5115  
Moon 9 - Phase 22  
1st Phase

**Ganesha:** Clear    *Sunrise:* 5:39AM  
**Muruqa:** Red        *Sunset:* 5:42PM  
**Nataraja:** Clear  
Moon – Yellow  
**Devaloka Day**  
**Bhadrapada-Puratasi**



**Friday, September 27, 2013**  
**Retreat Star**

Mithuna Rasi: 8.26    Tithi 23  
633488263  
Creative Work    Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Variyan Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    7:10AM – 8:40AM    **Ardra Until 5:09AM Sat**  
**Yama**       2:40PM – 4:11PM    Variyan Until 3:18AM Sat  
**Rahu**       10:10AM – 11:40AM    Balava Until 9:30AM  
Ashtami\* Until 10:35PM

Kathmandu, Nepal  
Sun 7    Sutra 167  
Vijaya 5115  
Moon 9 - Phase 22  
Ashtami

**Ganesha:** White    *Sunrise:* 5:40AM  
**Muruqa:** Red        *Sunset:* 5:41PM  
**Nataraja:** Clear  
Moon – Yellow  
**Bhuloka Day**  
**Bhadrapada-Puratasi**    Devaloka Time: 3:PM to 6:PM

**Saturday, September 28, 2013**  
**Retreat Star**

Mithuna Rasi: 20.18    Tithi 24  
643488263  
Creative Work    Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Parigha\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**    5:40AM – 7:10AM    **Punarvasu Until 8:13AM Sun**  
**Yama**       1:10PM – 2:40PM    Parigha\* Until 4:11AM Sun  
**Rahu**       8:40AM – 10:10AM    Taitila Until 11:55AM  
Navami\* Until 1:00AM Sun

Kathmandu, Nepal  
Sun 8    Sutra 168  
Vijaya 5115  
Moon 9 - Phase 22  
Navami

**Ganesha:** Clear    *Sunrise:* 5:40AM  
**Muruqa:** Red        *Sunset:* 5:40PM  
**Nataraja:** Clear  
Moon – Blue  
**Devaloka Day**  
**Bhadrapada-Puratasi**

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

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<b>1</b>	<b>Sunday, September 29, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Shiva Yoga Vanija/Vishti* Karana Dashamyam Titau	Kathmandu, Nepal Sun 9 Sutra 169 Vijaya 5115
	Kataka Rasi: 2.14      Tithi 25 643488263 Creative Work    Siddha Yoga	<b>Gulika</b> 2:39PM – 4:09PM <b>Yama</b> 11:40AM – 1:09PM <b>Rahu</b> 4:09PM – 5:38PM	<b>Punarvasu Until 8:13AM</b> Shiva Until 4:59AM Mon Vanija Until 2:13PM <b>Dashami Until 3:19AM Mon</b>

<b>2</b>	<b>Monday, September 30, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Bava/Balava Karana Ekadashyam Titau	Kathmandu, Nepal Sun 10 Sutra 170 Vijaya 5115
	Kataka Rasi: 14.16      Tithi 26 <b>Family Home Evening</b> 643488263 Creative Work    Siddha Yoga	<b>Gulika</b> 1:09PM – 2:38PM <b>Yama</b> 10:10AM – 11:39AM <b>Rahu</b> 7:11AM – 8:40AM	<b>Pushya Until 10:49AM</b> Siddha Until 5:34AM Tue Bava Until 4:17PM <b>Ekadashi* Until 5:23AM Tue</b>

<b>3</b>	<b>Tuesday, October 1, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Kaulava/Tailita Karana Dvadashyam Titau	Kathmandu, Nepal Sun 11 Sutra 171 Vijaya 5115
	Kataka Rasi: 26.28      Tithi 27 643488263 Creative Work    Siddha Yoga	<b>Gulika</b> 11:39AM – 1:08PM <b>Yama</b> 8:40AM – 10:10AM <b>Rahu</b> 2:38PM – 4:07PM	<b>Ashlesha* Until 1:04PM</b> Sadhya Until 5:49AM Wed Kaulava Until 5:59PM <b>Dvadashi* Until 6:05AM Wed</b>

<b>4</b>	<b>Wednesday, October 2, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Kathmandu, Nepal Sun 12 Sutra 172 Vijaya 5115
	Simha Rasi: 8.54      Tithi 27 – 28 653488263 Creative Work    Siddha Yoga Until 2:11PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 10:09AM – 11:39AM <b>Yama</b> 7:11AM – 8:40AM <b>Rahu</b> 11:39AM – 1:08PM	<b>Magha* Until 2:11PM</b> Subha Until 3:59AM Thu Gara Until 6:05PM <b>Dvadashi* Until 6:05AM</b> <i>Pradosha Vrata (Fasting)</i>

<b>5</b>	<b>Thursday, October 3, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Vanija/Vishti* Karana Trayodashi/Chaturdashyam Titau	Kathmandu, Nepal Sun 13 Sutra 173 Vijaya 5115
	Simha Rasi: 21.36      Tithi 28 – 29 653488263 Creative Work    Siddha Yoga	<b>Gulika</b> 8:40AM – 10:09AM <b>Yama</b> 5:43AM – 7:11AM <b>Rahu</b> 1:07PM – 2:36PM	<b>Purvaphalguni Until 3:22PM</b> Sukla Until 3:23AM Fri Vishti Until 6:40PM <b>Trayodashi* Until 6:40AM</b>

	<b>Friday, October 4, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Kathmandu, Nepal Sun 14 Sutra 174 Vijaya 5115
	<b>Retreat Star</b> Kanya Rasi: 4.34      Tithi 29 – 30 653488263 Creative Work    Siddha Yoga Until 4:01PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 7:12AM – 8:40AM <b>Yama</b> 2:35PM – 4:04PM <b>Rahu</b> 10:09AM – 11:38AM	<b>Uttaraphalguni Until 4:01PM</b> Brahma Until 2:19AM Sat Catuspada Until 6:41PM <b>Chaturdashi* Until 6:41AM</b>

	<b>Saturday, October 5, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau	Kathmandu, Nepal Sun 15 Sutra 175 Vijaya 5115
	<b>Retreat Star</b> Kanya Rasi: 17.5      Tithi 30 – 1 664488263 Routine Work    Marana Yoga	<b>Gulika</b> 5:44AM – 7:12AM <b>Yama</b> 1:06PM – 2:35PM <b>Rahu</b> 8:41AM – 10:09AM	<b>Hasta Until 3:26PM</b> Indra Until 11:30PM Bava Until 4:16AM Sun <b>Amavasya* Until 6:07AM</b> <b>Navaratri Begins</b>

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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<b>1</b>	<b>Sunday, October 6, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Kathmandu, Nepal
	Tula Rasi: 1.22      Tithi 2 664488263	<b>Gulika</b> 2:34PM – 4:02PM <b>Yama</b> 11:37AM – 1:06PM <b>Rahu</b> 4:02PM – 5:31PM	Sun 16      Sutra 176 Vijaya 5115
Creative Work    Siddha Yoga		<b>Chitra Until 3:06PM</b> Vaidhriti* Until 9:37PM Balava Until 4:12PM <b>Dvitiya Until 3:16AM Mon</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:44AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:31PM <b>Nataraja:</b> Clear Moon – Green
			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM


<b>2</b>	<b>Monday, October 7, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Tritiyayam Titau	Kathmandu, Nepal
	Tula Rasi: 15.07      Tithi 3 664488263	<b>Gulika</b> 1:05PM – 2:33PM <b>Yama</b> 10:09AM – 11:37AM <b>Rahu</b> 7:13AM – 8:41AM	Sun 17      Sutra 177 Vijaya 5115
Family Home Evening Creative Work    Amrita Yoga Until 2:22PM Then Routine Work - Marana Yoga		<b>Svati Until 2:22PM</b> Vishkambha* Until 7:21PM Taitila Until 2:46PM <b>Tritiya Until 1:51AM Tue</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:45AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:29PM <b>Nataraja:</b> Clear Moon – Green
			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>3</b>	<b>Tuesday, October 8, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthayam Titau	Kathmandu, Nepal
	Tula Rasi: 29.04      Tithi 4 674488264	<b>Gulika</b> 11:37AM – 1:05PM <b>Yama</b> 8:41AM – 10:09AM <b>Rahu</b> 2:33PM – 4:00PM	Sun 18      Sutra 178 Vijaya 5115
Routine Work    Marana Yoga Until 1:20PM Then Creative Work - Siddha Yoga		<b>Vishakha Until 1:20PM</b> Priti Until 4:48PM Vanija Until 1:00PM <b>Chaturthi* Until 12:05AM Wed</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:45AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:28PM <b>Nataraja:</b> White Moon – Orange
			<b>Devaloka Day</b>

<b>4</b>	<b>Wednesday, October 9, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau	Kathmandu, Nepal
	Vrischika Rasi: 13.08      Tithi 5 674488264	<b>Gulika</b> 10:09AM – 11:36AM <b>Yama</b> 7:13AM – 8:41AM <b>Rahu</b> 11:36AM – 1:04PM	Sun 19      Sutra 179 Vijaya 5115
Creative Work    Siddha Yoga		<b>Anuradha Until 12:04PM</b> Ayushman Until 2:03PM Bava Until 11:01AM <b>Panchami Until 10:05PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:46AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:27PM <b>Nataraja:</b> White Moon – Orange
			<b>Devaloka Day</b>

<b>5</b>	<b>Thursday, October 10, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau	Kathmandu, Nepal
	Vrischika Rasi: 27.16      Tithi 6 674488264	<b>Gulika</b> 8:41AM – 10:09AM <b>Yama</b> 5:46AM – 7:14AM <b>Rahu</b> 1:04PM – 2:31PM	Sun 20      Sutra 180 Vijaya 5115
Routine Work    Prabalarishta Yoga Until 10:41AM Then Creative Work - Siddha Yoga		<b>Jyeshtha* Until 10:41AM</b> Saubhagya Until 11:10AM Kaulava Until 8:53AM <b>Shashthi* Until 7:57PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:46AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:26PM <b>Nataraja:</b> White Moon – Orange
			<b>Devaloka Day</b>

<b>6</b>	<b>Friday, October 11, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Alhiganda* Yoga Gara/Visti* Karana Saptami/Ashamyam Titau	Kathmandu, Nepal
	Dhanus Rasi: 11.27      Tithi 7 – 8 684488264	<b>Gulika</b> 7:14AM – 8:41AM <b>Yama</b> 2:31PM – 3:58PM <b>Rahu</b> 10:09AM – 11:36AM	Sun 21      Sutra 181 Vijaya 5115
Creative Work    Amrita Yoga Until 9:14AM Then Routine Work - Prabalarishta Yoga		<b>Mula* Until 9:14AM</b> Sobhana Until 8:14AM Gara Until 6:41AM <b>Saptami Until 5:45PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:47AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:25PM <b>Nataraja:</b> White Moon – Light Blue
			<b>Sivaloka Day</b>


	<b>Saturday, October 12, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Kathmandu, Nepal
	Dhanus Rasi: 25.38      Tithi 8 – 9 684588264	<b>Gulika</b> 5:47AM – 7:14AM <b>Yama</b> 1:03PM – 2:30PM <b>Rahu</b> 8:41AM – 10:09AM	Sun 22      Sutra 182 Vijaya 5115
Creative Work    Siddha Yoga Until 7:46AM Then Routine Work - Marana Yoga		<b>Purvashadha* Until 7:46AM</b> Sukarma Until 2:38AM Sun Balava Until 2:38AM Sun <b>Ashtami* Until 3:33PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:47AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:24PM <b>Nataraja:</b> White Moon – Light Blue
			<b>Sivaloka Day</b>

<b>Sunday, October 13, 2013</b>	<b>Retreat Star</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Kathmandu, Nepal
	Makara Rasi: 9.47      Tithi 9 – 10 684588264	<b>Gulika</b> 2:29PM – 3:56PM <b>Yama</b> 11:35AM – 1:02PM <b>Rahu</b> 3:56PM – 5:23PM	Sun 23      Sutra 183 Vijaya 5115
Creative Work    Amrita Yoga		<b>Uttarashadha Until 6:22AM</b> Dhriti Until 11:44PM Taitila Until 12:29AM Mon <b>Navami* Until 1:24PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:48AM <b>Muruqa:</b> Red <i>Sunset:</i> 5:23PM <b>Nataraja:</b> White Moon – Light Blue
			<b>Sivaloka Day</b>

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

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<b>1</b>	<b>Monday, October 14, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Kathmandu, Nepal Sun 24 Sutra 184 Vijaya 5115
Makara Rasi: 23.53	Tithi 10 - 11	<b>Gulika</b> 1:02PM - 2:29PM	<b>Dhanishtha</b> Until 3:55AM Tue	<b>Ganesha:</b> White <i>Sunrise:</i> 5:48AM	
<b>Family Home Evening</b>	694588264	<b>Yama</b> 10:08AM - 11:35AM	<b>Shula*</b> Until 8:56PM	<b>Muruqa:</b> Red <i>Sunset:</i> 5:22PM	Moon 9 - Phase 25
Creative Work Siddha Yoga		<b>Rahu</b> 7:15AM - 8:42AM	<b>Vanija</b> Until 10:26PM	<b>Nataraja:</b> White	4th Phase
Until 3:55AM Tue		<b>Vijaya Dasami</b>	<b>Dashami</b> Until 11:22AM	<b>Ashvina+Puratasi</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					
<b>2</b>	<b>Tuesday, October 15, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Kathmandu, Nepal Sun 25 Sutra 185 Vijaya 5115
Kumbha Rasi: 7.53	Tithi 11 - 12	<b>Gulika</b> 11:35AM - 1:01PM	<b>Shatabhishak</b> Until 2:45AM Wed	<b>Ganesha:</b> White <i>Sunrise:</i> 5:49AM	
	694588264	<b>Yama</b> 8:42AM - 10:08AM	<b>Ganda*</b> Until 6:16PM	<b>Muruqa:</b> Red <i>Sunset:</i> 5:21PM	Moon 9 - Phase 25
Routine Work Marana Yoga		<b>Rahu</b> 2:28PM - 3:55PM	<b>Bava</b> Until 8:33PM	<b>Nataraja:</b> White	4th Phase
Until 2:45AM Wed		<b>Kadaitswami Mahasamadhi</b>	<b>Ekadashi</b> Until 9:29AM	<b>Ashvina+Puratasi</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					
<b>3</b>	<b>Wednesday, October 16, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthpada* Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Kathmandu, Nepal Sun 26 Sutra 186 Vijaya 5115
Kumbha Rasi: 21.46	Tithi 12 - 13	<b>Gulika</b> 10:08AM - 11:35AM	<b>Purvaprosarthpada*</b> Until 1:49AM Thu	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:49AM	
	614588264	<b>Yama</b> 7:16AM - 8:42AM	<b>Vriddhi</b> Until 3:48PM	<b>Muruqa:</b> Red <i>Sunset:</i> 5:20PM	Moon 9 - Phase 25
Creative Work Amrita Yoga		<b>Rahu</b> 11:35AM - 1:01PM	<b>Kaulava</b> Until 6:55PM	<b>Nataraja:</b> White	4th Phase
Until 1:49AM Thu			<b>Dvadashi</b> Until 7:51AM	<b>Ashvina+Puratasi</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>		
<b>4</b>	<b>Thursday, October 17, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosarthpada Nakshatra Dhruva/Vyaghata* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau			Kathmandu, Nepal Sun 27 Sutra 187 Vijaya 5115
Meena Rasi: 5.28	Tithi 13 - 14	<b>Gulika</b> 8:42AM - 10:08AM	<b>Uttaraprosarthpada</b> Until 2:40AM Fri	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:50AM	
	615588264	<b>Yama</b> 5:50AM - 7:16AM	<b>Dhruva</b> Until 2:10PM	<b>Muruqa:</b> Red <i>Sunset:</i> 5:19PM	Moon 9 - Phase 25
Creative Work Siddha Yoga		<b>Rahu</b> 1:01PM - 2:27PM	<b>Gara</b> Until 6:34PM	<b>Nataraja:</b> White	4th Phase
			<b>Trayodashi</b> Until 6:34AM	<b>Ashvina+Aipasi</b>	<b>Devaloka Day</b>
	<b>Friday, October 18, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Purnimayam Titau			Kathmandu, Nepal Sutra 188 Vijaya 5115
Meena Rasi: 18.58	Tithi 15	<b>Gulika</b> 7:16AM - 8:42AM	<b>Revati</b> Until 2:23AM Sat	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:51AM	
	615588264	<b>Yama</b> 2:26PM - 3:52PM	<b>Vyaghata*</b> Until 12:13PM	<b>Muruqa:</b> Red <i>Sunset:</i> 5:18PM	Moon 9 - Phase 25
Creative Work Siddha Yoga		<b>Rahu</b> 10:08AM - 11:34AM	<b>Visti</b> Until 5:36PM	<b>Nataraja:</b> White	Purnima
		<b>Penumbral Lunar Eclipse</b>	<b>Purnima*</b> Until 5:36AM Sat	<b>Ashvina+Aipasi</b>	<b>Devaloka Day</b>
	<b>Saturday, October 19, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau			Kathmandu, Nepal Sutra 189 Vijaya 5115
Mesha Rasi: 2.11	Tithi 16	<b>Gulika</b> 5:51AM - 7:17AM	<b>Ashvini</b> Until 2:36AM Sun	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:51AM	
	625588264	<b>Yama</b> 1:00PM - 2:26PM	<b>Harshana</b> Until 10:42AM	<b>Muruqa:</b> Red <i>Sunset:</i> 5:17PM	Moon 9 - Phase 25
Creative Work Siddha Yoga		<b>Rahu</b> 8:43AM - 10:08AM	<b>Balava</b> Until 5:08PM	<b>Nataraja:</b> White	Prathama
Until 2:36AM Sun			<b>Prathama*</b> Until 5:08AM Sun	<b>Ashvina+Aipasi</b>	<b>Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga					

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk.  
Shukla Yajur Veda

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**Sunday, October 20, 2013**  
**Gold Retreat Star**

Mesha Rasi: 15.07      Tithi 17  
625588264  
Routine Work    Prabalarishta Yoga  
Until 3:19AM Mon  
Then Routine Work - Marana Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani Nakshatra Vajra\*/Siddhi Yoga Tailila/Gara Karana Dvitiyayam Titau  
**Gulika**    2:25PM – 3:51PM    **Bharani Until 3:19AM Mon**  
**Yama**      11:34AM – 1:00PM    **Vajra\* Until 9:40AM**  
**Rahu**      3:51PM – 5:16PM      **Taitila Until 5:15PM**  
**Dvitiya Until 5:15AM Mon**

Kathmandu, Nepal  
Sutra 190  
Vijaya 5115  
Moon 10 - Phase 26  
1st Phase  
**Sivaloka Day**  
**Ganesha:** Red      *Sunrise:* 5:52AM  
**Muruqa:** Red      *Sunset:* 5:16PM  
**Nataraja:** White  
Moon – White  
**Ashvina•Aipasi**



**Monday, October 21, 2013**

Mesha Rasi: 27.47      Tithi 18  
625588264  
Family Home Evening  
Routine Work    Marana Yoga  
Until 6:27AM Tue  
Then Creative Work - Amrita Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika Nakshatra Siddhi/Vyatipata\* Yoga Vanija Karana Tritiyayam Titau  
**Gulika**    12:59PM – 2:25PM    **Krittika Until 6:27AM Tue**  
**Yama**      10:08AM – 11:34AM    **Siddhi Until 9:22AM**  
**Rahu**      7:18AM – 8:43AM      **Vanija Until 7:00PM**  
**Tritiya Until 7:12AM Tue**

Kathmandu, Nepal  
Sun 1      Sutra 191  
Vijaya 5115  
Moon 10 - Phase 26  
1st Phase  
**Sivaloka Day**  
**Ganesha:** Red      *Sunrise:* 5:52AM  
**Muruqa:** Red      *Sunset:* 5:15PM  
**Nataraja:** White  
Moon – White  
**Ashvina•Aipasi**



**Tuesday, October 22, 2013**

Mrishabha Rasi: 10.11      Tithi 18 – 19  
635598264  
Creative Work    Amrita Yoga  
Until 7:57AM Wed  
Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Bava Karana Tritiya/Chatrthyam Titau  
**Gulika**    11:34AM – 12:59PM    **Rohini Until 7:57AM Wed**  
**Yama**      8:43AM – 10:08AM    **Vyatipata\* Until 9:15AM**  
**Rahu**      2:24PM – 3:49PM      **Bava Until 8:18PM**  
**Tritiya Until 7:12AM**

Kathmandu, Nepal  
Sun 2      Sutra 192  
Vijaya 5115  
Moon 10 - Phase 26  
1st Phase  
**Devaloka Day**  
**Ganesha:** Green      *Sunrise:* 5:53AM  
**Muruqa:** Yellow      *Sunset:* 5:14PM  
**Nataraja:** White  
Moon – Yellow  
**Ashvina•Aipasi**



**Wednesday, October 23, 2013**

Mrishabha Rasi: 22.22      Tithi 19 – 20  
635598264  
Creative Work    Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Chatrthi/Panchamyam Titau  
**Gulika**    10:08AM – 11:33AM    **Rohini Until 7:57AM**  
**Yama**      7:18AM – 8:43AM      **Variyan Until 9:33AM**  
**Rahu**      11:33AM – 12:58PM    **Kaulava Until 10:04PM**  
**Chatrthi\* Until 8:59AM**

Kathmandu, Nepal  
Sun 3      Sutra 193  
Vijaya 5115  
Moon 10 - Phase 26  
1st Phase  
**Devaloka Day**  
**Ganesha:** Green      *Sunrise:* 5:53AM  
**Muruqa:** Yellow      *Sunset:* 5:13PM  
**Nataraja:** White  
Moon – Yellow  
**Ashvina•Aipasi**



**Thursday, October 24, 2013**

Mithuna Rasi: 4.22      Tithi 20 – 21  
635598264  
Routine Work    Marana Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Panchami/Shashtyam Titau  
**Gulika**    8:44AM – 10:09AM    **Mrigashira Until 10:35AM**  
**Yama**      5:54AM – 7:19AM      **Parigha\* Until 10:08AM**  
**Rahu**      12:58PM – 2:23PM    **Gara Until 12:13AM Fri**  
**Panchami Until 11:07AM**

Kathmandu, Nepal  
Sun 4      Sutra 194  
Vijaya 5115  
Moon 10 - Phase 26  
1st Phase  
**Devaloka Day**  
**Ganesha:** Green      *Sunrise:* 5:54AM  
**Muruqa:** Yellow      *Sunset:* 5:13PM  
**Nataraja:** White  
Moon – Yellow  
**Ashvina•Aipasi**



**Friday, October 25, 2013**

Mithuna Rasi: 16.17      Tithi 21 – 22  
635598264  
Creative Work    Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika**    7:19AM – 8:44AM      **Ardra Until 1:26PM**  
**Yama**      2:22PM – 3:47PM      **Shiva Until 10:55AM**  
**Rahu**      10:09AM – 11:33AM    **Visti Until 2:35AM Sat**  
**Shashthi\* Until 1:29PM**

Kathmandu, Nepal  
Sun 5      Sutra 195  
Vijaya 5115  
Moon 10 - Phase 26  
1st Phase  
**Devaloka Day**  
**Ganesha:** Green      *Sunrise:* 5:55AM  
**Muruqa:** Yellow      *Sunset:* 5:12PM  
**Nataraja:** White  
Moon – Yellow  
**Ashvina•Aipasi**



**Saturday, October 26, 2013**

Mithuna Rasi: 28.1      Tithi 22 – 23  
645598264  
Creative Work    Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika**    5:55AM – 7:20AM      **Punarvasu Until 4:20PM**  
**Yama**      12:58PM – 2:22PM    **Siddha Until 11:46AM**  
**Rahu**      8:44AM – 10:09AM    **Balava Until 5:01AM Sun**  
**Saptami Until 3:55PM**

Kathmandu, Nepal  
Sun 6      Sutra 196  
Vijaya 5115  
Moon 10 - Phase 26  
1st Phase  
**Sivaloka Day**  
**Ganesha:** Orange      *Sunrise:* 5:55AM  
**Muruqa:** Yellow      *Sunset:* 5:11PM  
**Nataraja:** White  
Moon – Blue  
**Ashvina•Aipasi**



**Sunday, October 27, 2013**  
**Retreat Star**

Kataka Rasi: 10.05      Tithi 23  
646598264  
Creative Work    Siddha Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Sadhya/Subha Yoga Kaulava Karana Ashtamyam Titau  
**Gulika**    2:22PM – 3:46PM      **Pushya Until 7:10PM**  
**Yama**      11:33AM – 12:57PM    **Sadhya Until 12:32PM**  
**Rahu**      3:46PM – 5:10PM      **Kaulava Until 7:22AM Mon**  
**Ashtami\* Until 6:17PM**

Kathmandu, Nepal  
Sun 7      Sutra 197  
Vijaya 5115  
Moon 10 - Phase 26  
Ashtami  
**Sivaloka Day**  
**Ganesha:** Clear      *Sunrise:* 5:56AM  
**Muruqa:** Yellow      *Sunset:* 5:10PM  
**Nataraja:** White  
Moon – Blue  
**Ashvina•Aipasi**

**Monday, October 28, 2013**

**Retreat Star**

Kataka Rasi: 22.06      Tithi 24  
646598264  
Family Home Evening  
Creative Work    Siddha Yoga  
Until 9:48PM  
Then Routine Work - Marana Yoga

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau  
**Gulika**    12:57PM – 2:21PM    **Ashlesha\* Until 9:48PM**  
**Yama**      10:09AM – 11:33AM    **Subha Until 1:07PM**  
**Rahu**      7:21AM – 8:45AM      **Taitila Until 7:19AM**  
**Navami\* Until 8:25PM**

Kathmandu, Nepal  
Sun 8      Sutra 198  
Vijaya 5115  
Moon 10 - Phase 26  
Navami  
**Sivaloka Day**  
**Ganesha:** Clear      *Sunrise:* 5:57AM  
**Muruqa:** Yellow      *Sunset:* 5:09PM  
**Nataraja:** White  
Moon – Blue  
**Ashvina•Aipasi**

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

<b>1</b>		<b>Tuesday, October 29, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dashamyam Titau	Kathmandu, Nepal Sun 9 Sutra 199 Vijaya 5115
Simha Rasi: 4.18	Tithi 25	656598264	<b>Gulika</b> 11:33AM – 12:57PM <b>Yama</b> 8:45AM – 10:09AM <b>Rahu</b> 2:21PM – 3:45PM	<b>Magha* Until 12:04AM Wed</b> Sukla Until 1:22PM Vanija Until 9:04AM <b>Dashami Until 10:10PM</b>
Creative Work	Siddha Yoga			<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:57AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:08PM <b>Nataraja:</b> White Moon – Red <b>Ashvina-Aipasi</b>
Until 12:04AM Wed				<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				
<b>2</b>		<b>Wednesday, October 30, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau	Kathmandu, Nepal Sun 10 Sutra 200 Vijaya 5115
Simha Rasi: 16.45	Tithi 26	656598264	<b>Gulika</b> 10:09AM – 11:33AM <b>Yama</b> 7:22AM – 8:45AM <b>Rahu</b> 11:33AM – 12:56PM	<b>Purvaphalguni Until 12:19AM Thu</b> Brahma Until 12:39PM Bava Until 9:55AM <b>Ekadashi* Until 9:55PM</b>
Creative Work	Amrita Yoga			<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:58AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:08PM <b>Nataraja:</b> White Moon – Red <b>Ashvina-Aipasi</b>
Until 12:04AM Wed				<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				
<b>3</b>		<b>Thursday, October 31, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Kathmandu, Nepal Sun 11 Sutra 201 Vijaya 5115
Simha Rasi: 29.3	Tithi 27	656598264	<b>Gulika</b> 8:46AM – 10:09AM <b>Yama</b> 5:59AM – 7:22AM <b>Rahu</b> 12:56PM – 2:20PM	<b>Uttaraphalguni Until 1:23AM Fri</b> Indra Until 11:56AM Kaulava Until 10:24AM <b>Dvadashi* Until 10:24PM</b>
Amrita Yoga				<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:59AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:07PM <b>Nataraja:</b> White Moon – Red <b>Ashvina-Aipasi</b>
Until 12:04AM Wed				<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				
<b>4</b>		<b>Friday, November 1, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau	Kathmandu, Nepal Sun 12 Sutra 202 Vijaya 5115
Kanya Rasi: 12.37	Tithi 28	666598264	<b>Gulika</b> 7:23AM – 8:46AM <b>Yama</b> 2:19PM – 3:43PM <b>Rahu</b> 10:09AM – 11:33AM	<b>Hasta Until 1:48AM Sat</b> Vaidhriti* Until 10:36AM Gara Until 10:11AM <b>Trayodashi* Until 10:11PM</b>
Creative Work	Amrita Yoga			<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:59AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:06PM <b>Nataraja:</b> White Moon – Green <b>Ashvina-Aipasi</b>
Until 1:48AM Sat				<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<i>Pradosha Vrata (Fasting)</i>
<b>5</b>		<b>Saturday, November 2, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Kathmandu, Nepal Sun 13 Sutra 203 Vijaya 5115
Kanya Rasi: 26.06	Tithi 29	666598264	<b>Gulika</b> 6:00AM – 7:23AM <b>Yama</b> 12:56PM – 2:19PM <b>Rahu</b> 8:46AM – 10:09AM	<b>Chitra Until 12:07AM Sun</b> Vishkambha* Until 8:27AM Visti Until 8:58AM <b>Chaturdashi* Until 8:03PM</b>
Routine Work	Marana Yoga			<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:00AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:05PM <b>Nataraja:</b> White Moon – Green <b>Ashvina-Aipasi</b>
Until 12:07AM Sun				<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Subramuniyaswami Mahasamadhi</b> <b>Deepavali Hindu Solidarity Day</b>
<b>●</b>		<b>Sunday, November 3, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Kathmandu, Nepal Sun 14 Sutra 204 Vijaya 5115
Tula Rasi: 9.57	Tithi 30	667598264	<b>Gulika</b> 2:19PM – 3:42PM <b>Yama</b> 11:33AM – 12:56PM <b>Rahu</b> 3:42PM – 5:05PM	<b>Svati Until 11:14PM</b> Priti Until 6:01AM Catuspada Until 7:24AM <b>Amavasya* Until 6:29PM</b>
Creative Work	Siddha Yoga			<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:01AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:05PM <b>Nataraja:</b> White Moon – Green <b>Ashvina-Aipasi</b>
Until 11:14PM				<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				<b>Hybrid Solar Eclipse</b>
<b>●</b>		<b>Monday, November 4, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama/Dvityayam Titau	Kathmandu, Nepal Sun 15 Sutra 205 Vijaya 5115
Tula Rasi: 24.07	Tithi 1 – 2	677598264	<b>Gulika</b> 12:55PM – 2:18PM <b>Yama</b> 10:10AM – 11:33AM <b>Rahu</b> 7:24AM – 8:47AM	<b>Vishakha Until 9:48PM</b> Saubhagya Until 12:25AM Tue Balava Until 3:24AM Tue <b>Prathama* Until 4:20PM</b>
Family Home Evening				<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:01AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:04PM <b>Nataraja:</b> White Moon – Orange <b>Karttika-Aipasi</b>
Until 9:48PM				<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Skanda Shasthi Begins</b>

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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<b>1</b>	<b>Tuesday, November 5, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Kathmandu, Nepal Sun 16 Sutra 206 Vijaya 5115
Vrischika Rasi: 8.31	Tithi 2 - 3 677598264	<b>Gulika</b> 11:33AM - 12:55PM <b>Yama</b> 8:47AM - 10:10AM <b>Rahu</b> 2:18PM - 3:41PM	<b>Anuradha</b> Until 7:02PM Sobhana Until 8:09PM Taitila Until 11:28PM Dvitiya Until 1:11PM
Creative Work Siddha Yoga Until 7:02PM Then Routine Work - Marana Yoga		<b>Ganesha:</b> Clear <i>Sunrise: 6:02AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:03PM</i> <b>Nataraja:</b> White Moon - Orange	<b>Sivaloka Day</b>
<b>2</b>	<b>Wednesday, November 6, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau	Kathmandu, Nepal Sun 17 Sutra 207 Vijaya 5115
Vrischika Rasi: 23.04	Tithi 3 - 4 677698264	<b>Gulika</b> 10:10AM - 11:33AM <b>Yama</b> 7:25AM - 8:48AM <b>Rahu</b> 11:33AM - 12:55PM	<b>Jyeshtha*</b> Until 5:05PM Athiganda* Until 4:49PM Vanija Until 8:49PM Tritiya Until 10:31AM
Creative Work Siddha Yoga Until 5:05PM Then Routine Work - Marana Yoga		<b>Ganesha:</b> Purple <i>Sunrise: 6:03AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:03PM</i> <b>Nataraja:</b> White Moon - Orange	<b>Devaloka Day</b>
<b>3</b>	<b>Thursday, November 7, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma/Dhriti Yoga Vistii*/Bava Karana Chaturthi/Panchamyam Titau	Kathmandu, Nepal Sun 18 Sutra 208 Vijaya 5115
Dhanus Rasi: 7.4	Tithi 4 - 5 787698264	<b>Gulika</b> 8:48AM - 10:10AM <b>Yama</b> 6:03AM - 7:26AM <b>Rahu</b> 12:55PM - 2:17PM	<b>Mula*</b> Until 3:05PM Sukarma Until 1:26PM Bava Until 6:06PM Chaturthi* Until 7:48AM
Creative Work Siddha Yoga		<b>Ganesha:</b> Purple <i>Sunrise: 6:03AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:02PM</i> <b>Nataraja:</b> White Moon - Light Blue	<b>Devaloka Day</b>
<b>4</b>	<b>Friday, November 8, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthiyam Titau	Kathmandu, Nepal Sun 19 Sutra 209 Vijaya 5115
Dhanus Rasi: 22.11	Tithi 6 787698264	<b>Gulika</b> 7:26AM - 8:49AM <b>Yama</b> 2:17PM - 3:39PM <b>Rahu</b> 10:11AM - 11:33AM	<b>Purvashadha*</b> Until 1:41PM Dhriti Until 10:25AM Kaulava Until 4:13PM Shashthi* Until 3:17AM Sat
Routine Work Prabalarishta Yoga Until 1:41PM Then Routine Work - Marana Yoga		<b>Ganesha:</b> Purple <i>Sunrise: 6:04AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:01PM</i> <b>Nataraja:</b> White Moon - Light Blue	<b>Devaloka Day</b>
<b>5</b>	<b>Saturday, November 9, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau	Kathmandu, Nepal Sun 20 Sutra 210 Vijaya 5115
Makara Rasi: 6.34	Tithi 7 787698264	<b>Gulika</b> 6:05AM - 7:27AM <b>Yama</b> 12:55PM - 2:17PM <b>Rahu</b> 8:49AM - 10:11AM	<b>Uttarashadha</b> Until 11:52AM Shula* Until 7:07AM Gara Until 1:40PM Saptami Until 12:44AM Sun
Routine Work Marana Yoga Until 11:52AM Then Creative Work - Siddha Yoga		<b>Ganesha:</b> Purple <i>Sunrise: 6:05AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:01PM</i> <b>Nataraja:</b> White Moon - Light Blue	<b>Devaloka Day</b>
<b>☾</b>	<b>Sunday, November 10, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vriddhi Yoga Vistii*/Bava Karana Ashtamyam Titau	Kathmandu, Nepal Sun 21 Sutra 211 Vijaya 5115
Makara Rasi: 20.46	Tithi 8 798698264	<b>Gulika</b> 2:17PM - 3:38PM <b>Yama</b> 11:33AM - 12:55PM <b>Rahu</b> 3:38PM - 5:00PM	<b>Shravana</b> Until 10:24AM Vriddhi Until 1:29AM Mon Vistii Until 11:28AM Ashtami* Until 10:33PM
Creative Work Amrita Yoga Until 10:24AM Then Routine Work - Marana Yoga		<b>Ganesha:</b> Purple <i>Sunrise: 6:06AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:00PM</i> <b>Nataraja:</b> White Moon - Purple	<b>Subha Sivaloka Day</b>
<b>☾</b>	<b>Monday, November 11, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamyam Titau	Kathmandu, Nepal Sun 22 Sutra 212 Vijaya 5115
Kumbha Rasi: 4.44	Tithi 9 798698264	<b>Gulika</b> 12:55PM - 2:16PM <b>Yama</b> 10:11AM - 11:33AM <b>Rahu</b> 7:28AM - 8:50AM	<b>Dhanishtha</b> Until 9:19AM Dhruva Until 10:51PM Balava Until 9:42AM Navami* Until 8:46PM
Family Home Evening Creative Work Siddha Yoga		<b>Ganesha:</b> Purple <i>Sunrise: 6:06AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:00PM</i> <b>Nataraja:</b> White Moon - Purple	<b>Subha Sivaloka Day</b>

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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<b>1</b>	<b>Tuesday, November 12, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata* Yoga Tailita/Gara Karana Dashamyam Titau				Kathmandu, Nepal Sun 23 Sutra 213 Vijaya 5115
	Kumbha Rasi: 18.28	Tithi 10	<b>Gulika</b> 11:33AM – 12:55PM <b>Yama</b> 8:50AM – 10:12AM <b>Rahu</b> 2:16PM – 3:38PM	<b>Shatabhishak Until 8:51AM</b> Vyaghata* Until 9:40PM Tailita Until 8:34AM <b>Dashami Until 8:34PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:07AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 4:59PM</i> <b>Nataraja:</b> White Moon – Purple <b>Kartika•Aipasi</b>	Subha Sivaloka Day Moon 10 - Phase 29 4th Phase	
Routine Work		Marana Yoga					
<b>2</b>	<b>Wednesday, November 13, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Harshana Yoga Vanija/Visli* Karana Ekadashyam Titau				Kathmandu, Nepal Sun 24 Sutra 214 Vijaya 5115
	Meena Rasi: 1.57	Tithi 11	<b>Gulika</b> 10:12AM – 11:33AM <b>Yama</b> 7:29AM – 8:51AM <b>Rahu</b> 11:33AM – 12:55PM	<b>Purvaproshtapada* Until 8:33AM</b> Harshana Until 7:40PM Vanija Until 7:35AM <b>Ekadashi Until 7:35PM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:08AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 4:59PM</i> <b>Nataraja:</b> White Moon – Clear <b>Kartika•Aipasi</b>	Subha Sivaloka Day Moon 10 - Phase 29 4th Phase	
Creative Work		Amrita Yoga					
Until 8:33AM							
Then Creative Work - Siddha Yoga							
<b>3</b>	<b>Thursday, November 14, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau				Kathmandu, Nepal Sun 25 Sutra 215 Vijaya 5115
	Meena Rasi: 15.13	Tithi 12	<b>Gulika</b> 8:51AM – 10:12AM <b>Yama</b> 6:09AM – 7:30AM <b>Rahu</b> 12:55PM – 2:16PM	<b>Uttaraproshtapada Until 8:41AM</b> Vajra* Until 6:04PM Bava Until 7:04AM <b>Dvadashi Until 7:04PM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:09AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 4:59PM</i> <b>Nataraja:</b> White Moon – Clear <b>Kartika•Aipasi</b>	Subha Sivaloka Day Moon 10 - Phase 29 4th Phase	
Creative Work		Siddha Yoga					
<b>4</b>	<b>Friday, November 15, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Tailita Karana Trayodashyam Titau				Kathmandu, Nepal Sun 26 Sutra 216 Vijaya 5115
	Meena Rasi: 28.15	Tithi 13	<b>Gulika</b> 7:30AM – 8:52AM <b>Yama</b> 2:16PM – 3:37PM <b>Rahu</b> 10:13AM – 11:34AM	<b>Revati Until 9:13AM</b> Siddhi Until 4:50PM Kaulava Until 7:00AM <b>Trayodashi Until 7:00PM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Blue <i>Sunrise: 6:09AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 4:59PM</i> <b>Nataraja:</b> White Moon – Clear <b>Kartika•Aipasi</b>	Subha Sivaloka Day Moon 10 - Phase 29 4th Phase	
Creative Work		Siddha Yoga					
Until 9:13AM							
Then Creative Work - Amrita Yoga							
<b>5</b>	<b>Saturday, November 16, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Kathmandu, Nepal Sun 27 Sutra 217 Vijaya 5115
	Mesha Rasi: 11.05	Tithi 14	<b>Gulika</b> 6:10AM – 7:31AM <b>Yama</b> 12:55PM – 2:16PM <b>Rahu</b> 8:52AM – 10:13AM	<b>Ashvini Until 10:10AM</b> Vyatipata* Until 3:59PM Gara Until 7:22AM <b>Chaturdashi* Until 7:22PM</b>	<b>Ganesha:</b> White <i>Sunrise: 6:10AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 4:57PM</i> <b>Nataraja:</b> White Moon – White <b>Kartika•Kartikai</b>	Devaloka Day Moon 10 - Phase 29 4th Phase	
Creative Work		Siddha Yoga					
	<b>Sunday, November 17, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Kathmandu, Nepal Sutra 218 Vijaya 5115
	<b>Copper Retreat Star</b>		<b>Gulika</b> 2:16PM – 3:36PM <b>Yama</b> 11:34AM – 12:55PM <b>Rahu</b> 3:36PM – 4:57PM	<b>Bharani Until 11:56AM</b> Variyan Until 4:12PM Visti Until 8:21AM <b>Purnima* Until 9:26PM</b>	<b>Ganesha:</b> White <i>Sunrise: 6:11AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 4:57PM</i> <b>Nataraja:</b> Yellow Moon – White <b>Kartika•Kartikai</b>	Bhuloka Day Devaloka Time: 3:PM to 6:PM Purnima	
Mesha Rasi: 23.42		Tithi 15					
Routine Work		Prabalarishta Yoga					
Until 11:56AM							
Then Creative Work - Siddha Yoga							
<b>Monday, November 18, 2013</b>	<b>Silver Retreat Star</b>		Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Kathmandu, Nepal Sutra 219 Vijaya 5115
	<b>Vrishabha Rasi: 6.07</b>	Tithi 16	<b>Gulika</b> 12:55PM – 2:15PM <b>Yama</b> 10:14AM – 11:34AM <b>Rahu</b> 7:32AM – 8:53AM	<b>Krittika Until 1:45PM</b> Parigha* Until 4:01PM Balava Until 9:37AM <b>Prathama* Until 10:42PM</b>	<b>Ganesha:</b> White <i>Sunrise: 6:12AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 4:57PM</i> <b>Nataraja:</b> Yellow Moon – White <b>Kartika•Kartikai</b>	Bhuloka Day Devaloka Time: 3:PM to 6:PM Prathama	
Family Home Evening		Marana Yoga					
Routine Work							
Until 1:45PM							
Then Creative Work - Amrita Yoga		Vinayaga Viratam Begins					

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

All times are standard time

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**Tuesday, November 19, 2013**  
**Gold Retreat Star**

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Dvityayam Titau

Kathmandu, Nepal  
Sun 1 Sutra 220  
Vijaya 5115

Wrishabha Rasi: 18.22 Tithi 17  
739698265  
Creative Work Amrita Yoga  
Until 3:55PM  
Then Creative Work - Siddha Yoga

**Gulika** 11:34AM – 12:55PM  
**Yama** 8:53AM – 10:14AM  
**Rahu** 2:15PM – 3:36PM  
**Rohini Until 3:55PM**  
**Shiva Until 4:10PM**  
**Tailila Until 11:16AM**  
**Dvitiya Until 12:22AM Wed**

**Ganesha:** Clear *Sunrise: 6:12AM*  
**Muruqa:** Yellow *Sunset: 4:56PM*  
**Nataraja:** Yellow  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

**1** **Wednesday, November 20, 2013**

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Kathmandu, Nepal  
Sun 2 Sutra 221  
Vijaya 5115

Mithuna Rasi: 0.28 Tithi 18  
739698265  
Creative Work Siddha Yoga

**Gulika** 10:14AM – 11:35AM  
**Yama** 7:34AM – 8:54AM  
**Rahu** 11:35AM – 12:55PM  
**Mrigashira Until 6:23PM**  
**Siddha Until 4:35PM**  
**Vanija Until 1:16PM**  
**Tritiya Until 2:21AM Thu**

**Ganesha:** Clear *Sunrise: 6:13AM*  
**Muruqa:** Yellow *Sunset: 4:56PM*  
**Nataraja:** Yellow  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

**2** **Thursday, November 21, 2013**

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthyam Titau

Kathmandu, Nepal  
Sun 3 Sutra 222  
Vijaya 5115

Mithuna Rasi: 12.27 Tithi 19  
739698265  
Routine Work Marana Yoga  
Until 9:06PM  
Then Creative Work - Amrita Yoga

**Gulika** 8:54AM – 10:15AM  
**Yama** 6:14AM – 7:34AM  
**Rahu** 12:55PM – 2:15PM  
**Ardra Until 9:06PM**  
**Sadhya Until 5:13PM**  
**Bava Until 3:30PM**  
**Chaturthi\* Until 4:36AM Fri**

**Ganesha:** Clear *Sunrise: 6:14AM*  
**Muruqa:** Yellow *Sunset: 4:56PM*  
**Nataraja:** Yellow  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

**3** **Friday, November 22, 2013**

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu Nakshatra Subha Yoga Kaulava Karana Panchamyam Titau

Kathmandu, Nepal  
Sun 4 Sutra 223  
Vijaya 5115

Mithuna Rasi: 24.21 Tithi 20  
749698265  
Creative Work Siddha Yoga  
Until 11:58PM  
Then Routine Work - Marana Yoga

**Gulika** 7:35AM – 8:55AM  
**Yama** 2:15PM – 3:35PM  
**Rahu** 10:15AM – 11:35AM  
**Punarvasu Until 11:58PM**  
**Subha Until 5:59PM**  
**Kaulava Until 5:55PM**  
**Panchami Until 7:19AM Sat**

**Ganesha:** Purple *Sunrise: 6:15AM*  
**Muruqa:** Yellow *Sunset: 4:56PM*  
**Nataraja:** Yellow  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**4** **Saturday, November 23, 2013**

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya Nakshatra Sukla Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Kathmandu, Nepal  
Sun 5 Sutra 224  
Vijaya 5115

Kataka Rasi: 6.13 Tithi 20 – 21  
749698265  
Creative Work Siddha Yoga

**Gulika** 6:16AM – 7:35AM  
**Yama** 12:55PM – 2:15PM  
**Rahu** 8:55AM – 10:15AM  
**Pushya Until 2:53AM Sun**  
**Sukla Until 6:50PM**  
**Gara Until 8:25PM**  
**Panchami Until 7:19AM**

**Ganesha:** Purple *Sunrise: 6:16AM*  
**Muruqa:** Yellow *Sunset: 4:56PM*  
**Nataraja:** Yellow  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**5** **Sunday, November 24, 2013**

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Kathmandu, Nepal  
Sun 6 Sutra 225  
Vijaya 5115

Kataka Rasi: 18.07 Tithi 21 – 22  
741698265  
Creative Work Siddha Yoga  
Until 5:46AM Mon  
Then Routine Work - Marana Yoga

**Gulika** 2:15PM – 3:35PM  
**Yama** 11:36AM – 12:56PM  
**Rahu** 3:35PM – 4:55PM  
**Ashlesha\* Until 5:46AM Mon**  
**Brahma Until 7:37PM**  
**Visti Until 10:51PM**  
**Shashthi\* Until 9:46AM**

**Ganesha:** White *Sunrise: 6:16AM*  
**Muruqa:** Yellow *Sunset: 4:55PM*  
**Nataraja:** Yellow  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**Monday, November 25, 2013**  
**Retreat Star**

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kathmandu, Nepal  
Sun 7 Sutra 226  
Vijaya 5115

Simha Rasi: 0.05 Tithi 22 – 23  
751698265  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 8:14AM Tue  
Then Creative Work - Siddha Yoga

**Gulika** 12:56PM – 2:15PM  
**Yama** 10:16AM – 11:36AM  
**Rahu** 7:37AM – 8:57AM  
**Magha\* Until 8:14AM Tue**  
**Indra Until 8:16PM**  
**Balava Until 1:07AM Tue**  
**Saptami Until 12:02PM**

**Ganesha:** Yellow *Sunrise: 6:17AM*  
**Muruqa:** Yellow *Sunset: 4:55PM*  
**Nataraja:** Yellow  
Moon – Red  
**Karttika-Karttikai**

**Devaloka Day**

**Tuesday, November 26, 2013**  
**Retreat Star**

Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vaidhriti\* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Kathmandu, Nepal  
Sun 8 Sutra 227  
Vijaya 5115

Simha Rasi: 12.13 Tithi 23 – 24  
751698265  
Creative Work Siddha Yoga

**Gulika** 11:36AM – 12:56PM  
**Yama** 8:57AM – 10:17AM  
**Rahu** 2:16PM – 3:35PM  
**Magha\* Until 8:14AM**  
**Vaidhriti\* Until 8:37PM**  
**Tailila Until 3:02AM Wed**  
**Ashtami\* Until 1:57PM**

**Ganesha:** Yellow *Sunrise: 6:18AM*  
**Muruqa:** Yellow *Sunset: 4:55PM*  
**Nataraja:** Yellow  
Moon – Red  
**Karttika-Karttikai**

**Devaloka Day**

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda


<b>1</b>	<b>Wednesday, November 27, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Kathmandu, Nepal
	Simha Rasi: 24.35	Tithi 24 – 25	<b>Gulika</b> 10:17AM – 11:37AM	<b>Purvaphalguni</b> Until 9:50AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:19AM	Sun 9 Sutra 228 Vijaya 5115
	751698265		<b>Yama</b> 7:38AM – 8:58AM	<b>Vishkambha*</b> Until 7:29PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 31 2nd Phase
Creative Work Amrita Yoga		<b>Rahu</b> 11:37AM – 12:56PM	<b>Vanija</b> Until 2:34AM Thu	<b>Nataraja:</b> Yellow			<b>Devaloka Day</b>
			<b>Navami*</b> Until 2:34PM	<b>Karttika-Karttikai</b>			

<b>2</b>	<b>Thursday, November 28, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Kathmandu, Nepal
	Kanya Rasi: 7.17	Tithi 25 – 26	<b>Gulika</b> 8:58AM – 10:18AM	<b>Uttaraphalguni</b> Until 11:01AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:19AM	Sun 10 Sutra 229 Vijaya 5115
	751698265		<b>Yama</b> 6:19AM – 7:39AM	<b>Priti</b> Until 6:51PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 31 2nd Phase
Amrita Yoga		<b>Rahu</b> 12:56PM – 2:16PM	<b>Bava</b> Until 3:13AM Fri	<b>Nataraja:</b> Yellow			<b>Devaloka Day</b>
Until 11:01AM			<b>Dashami</b> Until 3:13PM	<b>Karttika-Karttikai</b>			
Then Routine Work - Marana Yoga							

<b>3</b>	<b>Friday, November 29, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kathmandu, Nepal
	Kanya Rasi: 20.22	Tithi 26 – 27	<b>Gulika</b> 7:39AM – 8:59AM	<b>Hasta</b> Until 11:05AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:20AM	Sun 11 Sutra 230 Vijaya 5115
	761698265		<b>Yama</b> 2:16PM – 3:35PM	<b>Ayushman</b> Until 4:47PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 31 2nd Phase
Creative Work Amrita Yoga		<b>Rahu</b> 10:18AM – 11:37AM	<b>Kaulava</b> Until 1:27AM Sat	<b>Nataraja:</b> Yellow			<b>Bhuloka Day</b>
Until 11:05AM			<b>Ekadashi*</b> Until 2:22PM	<b>Karttika-Karttikai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Saturday, November 30, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal
	Tula Rasi: 3.53	Tithi 27 – 28	<b>Gulika</b> 6:21AM – 7:40AM	<b>Chitra</b> Until 10:45AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:21AM	Sun 12 Sutra 231 Vijaya 5115
	761698265		<b>Yama</b> 12:57PM – 2:16PM	<b>Saubhagya</b> Until 2:51PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 31 2nd Phase
Routine Work Marana Yoga		<b>Rahu</b> 8:59AM – 10:18AM	<b>Gara</b> Until 12:30AM Sun	<b>Nataraja:</b> Yellow			<b>Bhuloka Day</b>
Until 10:45AM			<b>Dvadashi*</b> Until 1:25PM	<b>Karttika-Karttikai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Creative Work - Siddha Yoga							
<i>Pradosha Vrata (Fasting)</i>							

<b>5</b>	<b>Sunday, December 1, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal
	Tula Rasi: 17.52	Tithi 28 – 29	<b>Gulika</b> 2:16PM – 3:35PM	<b>Svati</b> Until 9:39AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:22AM	Sun 13 Sutra 232 Vijaya 5115
	761798265		<b>Yama</b> 11:38AM – 12:57PM	<b>Sobhana</b> Until 12:11PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 31 2nd Phase
Creative Work Siddha Yoga		<b>Rahu</b> 3:35PM – 4:54PM	<b>Visti</b> Until 10:43PM	<b>Nataraja:</b> Yellow			<b>Devaloka Day</b>
Until 9:39AM			<b>Trayodashi*</b> Until 11:38AM	<b>Karttika-Karttikai</b>			
Then Routine Work - Marana Yoga							

	<b>Monday, December 2, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kathmandu, Nepal
	<b>Retreat Star</b>		<b>Gulika</b> 12:57PM – 2:16PM	<b>Vishakha</b> Until 7:42AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:22AM	Sun 14 Sutra 233 Vijaya 5115
	Vrischika Rasi: 2.16	Tithi 29 – 30	<b>Yama</b> 10:19AM – 11:38AM	<b>Athiganda*</b> Until 8:41AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 31 Amavasya
<b>Family Home Evening</b>		<b>Rahu</b> 7:41AM – 9:00AM	<b>Catuspada</b> Until 7:09PM	<b>Nataraja:</b> Yellow			<b>Devaloka Day</b>
Until 7:42AM			<b>Chaturdashi*</b> Until 8:51AM	<b>Karttika-Karttikai</b>			
Then Creative Work - Siddha Yoga							

	<b>Tuesday, December 3, 2013</b>		Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau				Kathmandu, Nepal
	<b>Retreat Star</b>		<b>Gulika</b> 11:39AM – 12:58PM	<b>Jyeshtha*</b> Until 2:47AM Wed	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:23AM	Sun 15 Sutra 234 Vijaya 5115
	Vrischika Rasi: 17.01	Tithi 1	<b>Yama</b> 9:01AM – 10:20AM	<b>Dhriti</b> Until 1:03AM Wed	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 31 Prathama
771798265		<b>Rahu</b> 2:17PM – 3:36PM	<b>Kintughna</b> Until 4:11PM	<b>Nataraja:</b> Yellow			<b>Devaloka Day</b>
Until 9:39AM			<b>Prathama*</b> Until 2:28AM Wed	<b>Margasira-Karttikai</b>			
Then Routine Work - Marana Yoga							

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

<b>1</b>	<b>Wednesday, December 4, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Kathmandu, Nepal
	Dhanus Rasi: 1.58      Tithi 2 782798265	<b>Gulika</b> 10:20AM – 11:39AM <b>Yama</b> 7:43AM – 9:02AM <b>Rahu</b> 11:39AM – 12:58PM	Sun 16      Sutra 235 Vijaya 5115
Routine Work      Marana Yoga Until 12:10AM Thu Then Creative Work - Siddha Yoga		<b>Mula* Until 12:10AM Thu</b> <b>Shula* Until 9:05PM</b> Balava Until 12:51PM <b>Dvitiya Until 11:08PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:24AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 4:55PM <b>Nataraja:</b> Yellow Moon – Light Blue
		<b>Margasira-Karttikai</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Thursday, December 5, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Ganda*Vridhi Yoga Taitila/Gara Karana Tritiyayam Titau	Kathmandu, Nepal
	Dhanus Rasi: 17.01      Tithi 3 782798265	<b>Gulika</b> 9:02AM – 10:21AM <b>Yama</b> 6:25AM – 7:43AM <b>Rahu</b> 12:58PM – 2:17PM	Sun 17      Sutra 236 Vijaya 5115
Creative Work      Siddha Yoga Until 9:27PM Then Routine Work - Marana Yoga		<b>Purvashadha* Until 9:27PM</b> Ganda* Until 5:01PM Taitila Until 9:23AM <b>Tritiya Until 7:40PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:25AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 4:55PM <b>Nataraja:</b> Yellow Moon – Light Blue
		<b>Margasira-Karttikai</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>3</b>	<b>Friday, December 6, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vridhi/Dhruva Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau	Kathmandu, Nepal
	Makara Rasi: 1.58      Tithi 4 – 5 782798265	<b>Gulika</b> 7:44AM – 9:03AM <b>Yama</b> 2:17PM – 3:36PM <b>Rahu</b> 10:21AM – 11:40AM	Sun 18      Sutra 237 Vijaya 5115
Routine Work      Marana Yoga		<b>Uttarashadha Until 6:51PM</b> Vridhi Until 1:03PM Vanija Until 6:03AM <b>Chaturthi* Until 4:20PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:25AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 4:55PM <b>Nataraja:</b> Yellow Moon – Light Blue
		<b>Margasira-Karttikai</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>4</b>	<b>Saturday, December 7, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau	Kathmandu, Nepal
	Makara Rasi: 16.43      Tithi 5 – 6 792798265	<b>Gulika</b> 6:26AM – 7:45AM <b>Yama</b> 12:59PM – 2:18PM <b>Rahu</b> 9:03AM – 10:22AM	Sun 19      Sutra 238 Vijaya 5115
Creative Work      Siddha Yoga		<b>Shravana Until 5:20PM</b> Dhruva Until 9:38AM Kaulava Until 24:60AM Sun <b>Panchami Until 1:55PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:26AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 4:55PM <b>Nataraja:</b> Yellow Moon – Purple
		<b>Margasira-Karttikai</b>	<b>Devaloka Day</b>

<b>5</b>	<b>Sunday, December 8, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashti/Saptamyam Titau	Kathmandu, Nepal
	Kumbha Rasi: 1.1      Tithi 6 – 7 792798265	<b>Gulika</b> 2:18PM – 3:36PM <b>Yama</b> 11:41AM – 12:59PM <b>Rahu</b> 3:36PM – 4:55PM	Sun 20      Sutra 239 Vijaya 5115
Routine Work      Marana Yoga Until 3:26PM Then Creative Work - Siddha Yoga		<b>Dhanishtha Until 3:26PM</b> Vyaghata* Until 6:14AM Gara Until 10:22PM <b>Shashti* Until 11:17AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:27AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 4:55PM <b>Nataraja:</b> Yellow Moon – Purple
		<b>Margasira-Karttikai</b>	<b>Devaloka Day</b>

<b>D</b>	<b>Monday, December 9, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashlamyam Titau	Kathmandu, Nepal
	Kumbha Rasi: 15.14      Tithi 7 – 8 <b>Family Home Evening</b> 792798265	<b>Gulika</b> 1:00PM – 2:18PM <b>Yama</b> 10:23AM – 11:41AM <b>Rahu</b> 7:46AM – 9:04AM	Sun 21      Sutra 240 Vijaya 5115
Creative Work      Siddha Yoga Until 2:10PM Then Routine Work - Marana Yoga		<b>Shatabhishak Until 2:10PM</b> Vajra* Until 12:45AM Tue Visti Until 8:24PM <b>Saptami Until 9:20AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:27AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 4:55PM <b>Nataraja:</b> Yellow Moon – Purple
		<b>Margasira-Karttikai</b>	<b>Devaloka Day</b>

	<b>Tuesday, December 10, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Kathmandu, Nepal
	Kumbha Rasi: 28.56      Tithi 8 – 9 712798265	<b>Gulika</b> 11:42AM – 1:00PM <b>Yama</b> 9:05AM – 10:23AM <b>Rahu</b> 2:19PM – 3:37PM	Sun 22      Sutra 241 Vijaya 5115
Routine Work      Marana Yoga Until 2:08PM Then Creative Work - Amrita Yoga		<b>Purvaproshtapada* Until 2:08PM</b> Siddhi Until 11:44PM Balava Until 8:15PM <b>Ashtami* Until 8:15AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:28AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 4:55PM <b>Nataraja:</b> Yellow Moon – Clear
		<b>Margasira-Karttikai</b>	<b>Devaloka Day</b>

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>	<b>Wednesday, December 11, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproskthapada/Revati Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau	Kathmandu, Nepal
	Meena Rasi: 12.15    Tithi 9 – 10 712798265	<b>Gulika</b> 10:24AM – 11:42AM <b>Yama</b> 7:47AM – 9:06AM <b>Rahu</b> 11:42AM – 1:01PM	Sun 23    Sutra 242 Vijaya 5115 Moon 11 - Phase 33 4th Phase
Creative Work    Siddha Yoga Until 2:09PM Then Routine Work - Marana Yoga		<b>Uttaraproskthapada</b> Until 2:09PM <b>Vyatipata*</b> Until 10:01PM Taitila Until 7:39PM <b>Navami*</b> Until 7:39AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:29AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 4:56PM <b>Nataraja:</b> Yellow Moon – Clear <b>Devaloka Day</b> <b>Margasira-Karttikai</b>

<b>2</b>	<b>Thursday, December 12, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Variyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Kathmandu, Nepal
	Meena Rasi: 25.14    Tithi 10 – 11 712798265	<b>Gulika</b> 9:06AM – 10:24AM <b>Yama</b> 6:29AM – 7:48AM <b>Rahu</b> 1:01PM – 2:19PM	Sun 24    Sutra 243 Vijaya 5115 Moon 11 - Phase 33 4th Phase
Creative Work    Siddha Yoga Until 2:47PM Then Creative Work - Amrita Yoga		<b>Revati</b> Until 2:47PM Variyan Until 8:51PM Vanija Until 7:42PM <b>Dashami</b> Until 7:42AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:29AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 4:56PM <b>Nataraja:</b> Yellow Moon – Clear <b>Devaloka Day</b> <b>Margasira-Karttikai</b>

<b>3</b>	<b>Friday, December 13, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Kathmandu, Nepal
	Mesha Rasi: 7.58    Tithi 11 – 12 722798265	<b>Gulika</b> 7:48AM – 9:07AM <b>Yama</b> 2:20PM – 3:38PM <b>Rahu</b> 10:25AM – 11:43AM	Sun 25    Sutra 244 Vijaya 5115 Moon 11 - Phase 33 4th Phase
Creative Work    Amrita Yoga Until 4:45PM Then Creative Work - Siddha Yoga		<b>Ashvini</b> Until 4:45PM Parigha* Until 8:10PM Bava Until 9:36PM <b>Ekadashi</b> Until 8:30AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:30AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 4:56PM <b>Nataraja:</b> Yellow Moon – White <b>Bhuloka Day</b> <b>Margasira-Karttikai</b> Devaloka Time: 3:PM to 6:PM

<b>4</b>	<b>Saturday, December 14, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Kathmandu, Nepal
	Mesha Rasi: 20.27    Tithi 12 – 13 722798265	<b>Gulika</b> 6:31AM – 7:49AM <b>Yama</b> 1:02PM – 2:20PM <b>Rahu</b> 9:07AM – 10:25AM	Sun 26    Sutra 245 Vijaya 5115 Moon 11 - Phase 33 4th Phase
Creative Work    Siddha Yoga Until 6:26PM Then Creative Work - Amrita Yoga		<b>Bharani</b> Until 6:26PM Shiva Until 8:56PM Kaulava Until 10:44PM <b>Dvadashi</b> Until 9:39AM <i>Pradosha Vrata</i>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:31AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 4:57PM <b>Nataraja:</b> Yellow Moon – White <b>Bhuloka Day</b> <b>Margasira-Karttikai</b> Devaloka Time: 3:PM to 6:PM

<b>5</b>	<b>Sunday, December 15, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Kathmandu, Nepal
	Vrishabha Rasi: 2.46    Tithi 13 – 14 722798265	<b>Gulika</b> 2:21PM – 3:39PM <b>Yama</b> 11:44AM – 1:02PM <b>Rahu</b> 3:39PM – 4:57PM	Sun 27    Sutra 246 Vijaya 5115 Moon 11 - Phase 33 4th Phase
Creative Work    Siddha Yoga Sivalaya Deepam		<b>Krittika</b> Until 8:28PM Siddha Until 8:56PM Gara Until 12:16AM Mon <b>Trayodashi</b> Until 11:11AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:31AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 4:57PM <b>Nataraja:</b> Yellow Moon – White <b>Bhuloka Day</b> <b>Margasira-Karttikai</b> Devaloka Time: 3:PM to 6:PM

<b>○</b>	<b>Monday, December 16, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Kathmandu, Nepal
	Vrishabha Rasi: 14.57    Tithi 14 – 15 <b>Family Home Evening</b> 832798265	<b>Gulika</b> 1:03PM – 2:21PM <b>Yama</b> 10:26AM – 11:45AM <b>Rahu</b> 7:50AM – 9:08AM	Sun 27    Sutra 247 Vijaya 5115 Moon 11 - Phase 33 Purnima
Creative Work    Amrita Yoga Markali Pillaiyar		<b>Rohini</b> Until 10:46PM Sadhya Until 9:11PM Visti Until 2:06AM Tue <b>Chaturdashi*</b> Until 1:00PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:32AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 4:57PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Bhuloka Day</b> <b>Margasira-Markali</b> Devaloka Time: 3:PM to 6:PM

<b>○</b>	<b>Tuesday, December 17, 2013</b>	Vijaya Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Kathmandu, Nepal
	Vrishabha Rasi: 27.01    Tithi 15 – 16 832798265	<b>Gulika</b> 11:45AM – 1:03PM <b>Yama</b> 9:09AM – 10:27AM <b>Rahu</b> 2:21PM – 3:40PM	Sun 28    Sutra 248 Vijaya 5115 Moon 11 - Phase 33 Prathama
Creative Work    Siddha Yoga Silver Retreat Star		<b>Mrigashira</b> Until 1:17AM Wed Subha Until 9:38PM Balava Until 4:09AM Wed <b>Purnima*</b> Until 3:04PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:33AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 4:58PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Bhuloka Day</b> <b>Margasira-Markali</b> Devaloka Time: 3:PM to 6:PM

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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Wednesday, December 18, 2013

Gold Retreat Star

Vijaya Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kathmandu, Nepal

Sutra 249

Vijaya 5115

Mithuna Rasi: 9.01 Tithi 16 - 17  
843798265

**Gulika** 10:27AM - 11:46AM  
**Yama** 7:51AM - 9:09AM  
**Rahu** 11:46AM - 1:04PM

**Ardra Until 3:59AM Thu**  
Sukla Until 10:14PM  
Taitila Until 6:24AM Thu  
**Prathama\* Until 5:18PM**

**Ganesha:** Clear *Sunrise: 6:33AM*  
**Muruqa:** Yellow *Sunset: 4:58PM*  
**Nataraja:** Yellow  
Moon - Yellow  
**Margasira\*Markali**

Moon 12 - Phase 34  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Until 3:59AM Thu

Then Creative Work - Amrita Yoga

**Ardra Darshanam**

Thursday, December 19, 2013

1

Vijaya Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Kathmandu, Nepal

Sun 1 Sutra 250

Vijaya 5115

Mithuna Rasi: 20.56 Tithi 17  
843798265

**Gulika** 9:10AM - 10:28AM  
**Yama** 6:34AM - 7:52AM  
**Rahu** 1:04PM - 2:22PM

**Punarvasu Until 7:00AM Fri**  
Brahma Until 10:57PM  
Taitila Until 6:36AM  
**Dvitiya Until 7:41PM**

**Ganesha:** Purple *Sunrise: 6:34AM*  
**Muruqa:** Yellow *Sunset: 4:58PM*  
**Nataraja:** Yellow  
Moon - Blue  
**Margasira\*Markali**

Moon 12 - Phase 34  
1st Phase

**Sivaloka Day**

Creative Work Amrita Yoga

Until 7:00AM Fri

Then Routine Work - Marana Yoga

Friday, December 20, 2013

2

Vijaya Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Indra Yoga Vanija/Vishti\* Karana Tritiyayam Titau

Kathmandu, Nepal

Sun 2 Sutra 251

Vijaya 5115

Kataka Rasi: 2.5 Tithi 18  
843798265

**Gulika** 7:52AM - 9:10AM  
**Yama** 2:23PM - 3:41PM  
**Rahu** 10:29AM - 11:47AM

**Punarvasu Until 7:00AM**  
Indra Until 11:44PM  
Vanija Until 9:03AM  
**Tritiya Until 10:09PM**

**Ganesha:** Purple *Sunrise: 6:34AM*  
**Muruqa:** Yellow *Sunset: 4:59PM*  
**Nataraja:** Yellow  
Moon - Blue  
**Margasira\*Markali**

Moon 12 - Phase 34  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

Until 7:00AM

Then Routine Work - Marana Yoga

Saturday, December 21, 2013

3

Vijaya Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vaidhriti\* Yoga Bava/Balava Karana Chaturthayam Titau

Kathmandu, Nepal

Sun 3 Sutra 252

Vijaya 5115

Kataka Rasi: 14.43 Tithi 19  
843798265

**Gulika** 6:35AM - 7:53AM  
**Yama** 1:05PM - 2:23PM  
**Rahu** 9:11AM - 10:29AM

**Pushya Until 9:55AM**  
Vaidhriti\* Until 12:33AM Sun  
Bava Until 11:33AM  
**Chaturthi\* Until 12:38AM Sun**

**Ganesha:** Purple *Sunrise: 6:35AM*  
**Muruqa:** Yellow *Sunset: 4:59PM*  
**Nataraja:** Yellow  
Moon - Blue  
**Margasira\*Markali**

Moon 12 - Phase 34  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

Until 9:55AM

Then Routine Work - Marana Yoga

Day 1 of Pancha Ganapati

Sunday, December 22, 2013

4

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kathmandu, Nepal

Sun 4 Sutra 253

Vijaya 5115

Kataka Rasi: 26.36 Tithi 20  
843798265

**Gulika** 2:24PM - 3:42PM  
**Yama** 11:48AM - 1:06PM  
**Rahu** 3:42PM - 5:00PM

**Ashlesha\* Until 12:48PM**  
Vishkambha\* Until 1:19AM Mon  
Kaulava Until 2:00PM  
**Panchami Until 3:06AM Mon**

**Ganesha:** Purple *Sunrise: 6:35AM*  
**Muruqa:** Yellow *Sunset: 5:00PM*  
**Nataraja:** Yellow  
Moon - Blue  
**Margasira\*Markali**

Moon 12 - Phase 34  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

Until 12:48PM

Then Routine Work - Marana Yoga

Day 2 of Pancha Ganapati

Monday, December 23, 2013

5

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Priti Yoga Gara/Vanija Karana Shashthiyam Titau

Kathmandu, Nepal

Sun 5 Sutra 254

Vijaya 5115

Simha Rasi: 8.34 Tithi 21  
853798265

**Family Home Evening**  
Routine Work Marana Yoga  
Until 3:33PM

**Gulika** 1:06PM - 2:24PM  
**Yama** 10:30AM - 11:48AM  
**Rahu** 7:54AM - 9:12AM

**Magha\* Until 3:33PM**  
Priti Until 1:59AM Tue  
Gara Until 4:19PM  
**Shashthi\* Until 5:24AM Tue**

**Ganesha:** Clear *Sunrise: 6:36AM*  
**Muruqa:** Yellow *Sunset: 5:00PM*  
**Nataraja:** Yellow  
Moon - Red  
**Margasira\*Markali**

Moon 12 - Phase 34  
1st Phase

**Devaloka Day**

Then Creative Work - Siddha Yoga

Day 3 of Pancha Ganapati

Tuesday, December 24, 2013

6

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman Yoga Vishti\* Karana Saplamyam Titau

Kathmandu, Nepal

Sun 6 Sutra 255

Vijaya 5115

Simha Rasi: 20.38 Tithi 22  
853798265

Creative Work Siddha Yoga  
Until 6:03PM

Then Creative Work - Amrita Yoga

**Gulika** 11:49AM - 1:07PM  
**Yama** 9:12AM - 10:31AM  
**Rahu** 2:25PM - 3:43PM

**Purvaphalguni Until 6:03PM**  
Ayushman Until 2:24AM Wed  
Vishti Until 6:21PM  
**Saptami Until 6:47AM Wed**

**Ganesha:** Clear *Sunrise: 6:36AM*  
**Muruqa:** Yellow *Sunset: 5:01PM*  
**Nataraja:** Yellow  
Moon - Red  
**Margasira\*Markali**

Moon 12 - Phase 34  
1st Phase

**Devaloka Day**

Wednesday, December 25, 2013

Retreat Star

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kathmandu, Nepal

Sun 7 Sutra 256

Vijaya 5115

Kanya Rasi: 2.56 Tithi 22 - 23  
853798265

Creative Work Amrita Yoga  
Until 7:03PM

Then Routine Work - Marana Yoga

**Gulika** 10:31AM - 11:49AM  
**Yama** 7:55AM - 9:13AM  
**Rahu** 11:49AM - 1:07PM

**Uttaraphalguni Until 7:03PM**  
Saubhagya Until 24:60AM  
Balava Until 6:47PM  
**Saptami Until 6:47AM**

**Ganesha:** Clear *Sunrise: 6:37AM*  
**Muruqa:** Yellow *Sunset: 5:01PM*  
**Nataraja:** Yellow  
Moon - Red  
**Margasira\*Markali**

Moon 12 - Phase 34  
Ashtami

**Devaloka Day**

Thursday, December 26, 2013

Retreat Star

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kathmandu, Nepal

Sun 8 Sutra 257

Vijaya 5115

Kanya Rasi: 15.31 Tithi 23 - 24  
863898266

Routine Work Marana Yoga  
Until 8:27PM

Then Creative Work - Siddha Yoga

**Gulika** 9:13AM - 10:32AM  
**Yama** 6:37AM - 7:55AM  
**Rahu** 1:08PM - 2:26PM

**Hasta Until 8:27PM**  
Sobhana Until 12:33AM Fri  
Taitila Until 7:40PM  
**Ashtami\* Until 7:40AM**

**Ganesha:** Yellow *Sunrise: 6:37AM*  
**Muruqa:** Yellow *Sunset: 5:02PM*  
**Nataraja:** Red  
Moon - Green  
**Margasira\*Markali**

Moon 12 - Phase 34  
Navami

**Devaloka Day**

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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<b>1 Friday, December 27, 2013</b>		Vijaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Kathmandu, Nepal Sun 9 Sutra 258 Vijaya 5115	
Kanya Rasi: 28.28	Tithi 24 – 25	<b>Gulika</b> 7:56AM – 9:14AM	<b>Chitra</b> Until 9:09PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:38AM	
	863898266	<b>Yama</b> 2:26PM – 3:45PM	<b>Athiganda*</b> Until 11:27PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 5:03PM	Moon 12 - Phase 35
Creative Work	Siddha Yoga	<b>Rahu</b> 10:32AM – 11:50AM	<b>Vanija</b> Until 7:48PM	<b>Nataraja:</b> Red	2nd Phase
			<b>Navami*</b> Until 7:48AM	<b>Moon – Green</b>	<b>Devaloka Day</b>
				<b>Margasira*Markali</b>	
<b>2 Saturday, December 28, 2013</b>		Vijaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Kathmandu, Nepal Sun 10 Sutra 259 Vijaya 5115	
Tula Rasi: 11.52	Tithi 25 – 26	<b>Gulika</b> 6:38AM – 7:56AM	<b>Svati</b> Until 7:57PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:38AM	
	863898266	<b>Yama</b> 1:09PM – 2:27PM	<b>Sukarma</b> Until 8:33PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 5:03PM	Moon 12 - Phase 35
Creative Work	Siddha Yoga	<b>Rahu</b> 9:14AM – 10:32AM	<b>Bava</b> Until 6:02PM	<b>Nataraja:</b> Red	2nd Phase
			<b>Dashami</b> Until 6:57AM	<b>Moon – Green</b>	<b>Devaloka Day</b>
				<b>Margasira*Markali</b>	
<b>3 Sunday, December 29, 2013</b>		Vijaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Kathmandu, Nepal Sun 11 Sutra 260 Vijaya 5115	
Tula Rasi: 25.46	Tithi 27	<b>Gulika</b> 2:27PM – 3:46PM	<b>Vishakha</b> Until 6:59PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:38AM	
	873898266	<b>Yama</b> 11:51AM – 1:09PM	<b>Dhriti</b> Until 6:01PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 5:04PM	Moon 12 - Phase 35
Routine Work	Marana Yoga	<b>Rahu</b> 3:46PM – 5:04PM	<b>Kaulava</b> Until 4:24PM	<b>Nataraja:</b> Red	2nd Phase
			<b>Dvadashi*</b> Until 3:29AM Mon	<b>Moon – Orange</b>	<b>Bhuloka Day</b>
				<b>Margasira*Markali</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
<b>4 Monday, December 30, 2013</b>		Vijaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Kathmandu, Nepal Sun 12 Sutra 261 Vijaya 5115	
Vrischika Rasi: 10.09	Tithi 28	<b>Gulika</b> 1:10PM – 2:28PM	<b>Anuradha</b> Until 4:26PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:39AM	
<b>Family Home Evening</b>	873898266	<b>Yama</b> 10:33AM – 11:52AM	<b>Shula*</b> Until 2:09PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 5:05PM	Moon 12 - Phase 35
Creative Work	Siddha Yoga	<b>Rahu</b> 7:57AM – 9:15AM	<b>Gara</b> Until 1:19PM	<b>Nataraja:</b> Red	2nd Phase
			<b>Trayodashi*</b> Until 11:37PM	<b>Moon – Orange</b>	<b>Bhuloka Day</b>
				<b>Margasira*Markali</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
				<i>Pradosha Vrata (Fasting)</i>	
<b>5 Tuesday, December 31, 2013</b>		Vijaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kathmandu, Nepal Sun 13 Sutra 262 Vijaya 5115	
Vrischika Rasi: 24.58	Tithi 29	<b>Gulika</b> 11:52AM – 1:10PM	<b>Jyeshtha*</b> Until 2:04PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:39AM	
	873898266	<b>Yama</b> 9:16AM – 10:34AM	<b>Ganda*</b> Until 10:25AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 5:05PM	Moon 12 - Phase 35
Routine Work	Marana Yoga	<b>Rahu</b> 2:29PM – 3:47PM	<b>Visti</b> Until 10:15AM	<b>Nataraja:</b> Red	2nd Phase
Until 2:04PM			<b>Chaturdashi*</b> Until 8:32PM	<b>Moon – Orange</b>	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				<b>Margasira*Markali</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
<b>Wednesday, January 1, 2014</b>		Vijaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Caluspada*/Kintughna* Karana Amavasya/Prathamayam Titau		Kathmandu, Nepal Sun 14 Sutra 263 Vijaya 5115	
<b>Retreat Star</b>		<b>Gulika</b> 10:34AM – 11:53AM	<b>Mula*</b> Until 11:12AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:39AM	
Dhanus Rasi: 10.05	Tithi 30 – 1	<b>Yama</b> 7:58AM – 9:16AM	<b>Vridhhi</b> Until 6:12AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 5:06PM	Moon 12 - Phase 35
	884898266	<b>Rahu</b> 11:53AM – 1:11PM	<b>Catuspada</b> Until 6:39AM	<b>Nataraja:</b> Red	Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 4:56PM	<b>Moon – Light Blue</b>	<b>Devaloka Day</b>
Until 11:12AM				<b>Margasira*Markali</b>	
Then Creative Work - Amrita Yoga					
<b>Thursday, January 2, 2014</b>		Vijaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kathmandu, Nepal Sun 15 Sutra 264 Vijaya 5115	
<b>Retreat Star</b>		<b>Gulika</b> 9:16AM – 10:35AM	<b>Purvashadha*</b> Until 8:05AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:40AM	
Dhanus Rasi: 25.22	Tithi 1 – 2	<b>Yama</b> 6:40AM – 7:58AM	<b>Vyaghata*</b> Until 9:44PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 5:07PM	Moon 12 - Phase 35
	884898266	<b>Rahu</b> 1:11PM – 2:30PM	<b>Balava</b> Until 11:20PM	<b>Nataraja:</b> Red	Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 1:03PM	<b>Moon – Light Blue</b>	<b>Devaloka Day</b>
Until 8:05AM				<b>Pausha*Markali</b>	
Then Routine Work - Marana Yoga					


In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

All times are standard time

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<b>1 Friday, January 3, 2014</b>		Vijaya Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau			Kathmandu, Nepal Sun 16 Sutra 265 Vijaya 5115	
Makara Rasi: 10.38	Tithi 2 - 3	894898266	<b>Gulika</b> 7:58AM - 9:17AM <b>Yama</b> 2:30PM - 3:49PM <b>Rahu</b> 10:35AM - 11:54AM	<b>Shravana Until 2:19AM Sat</b> Harshana Until 5:18PM Taitila Until 7:28PM <b>Dvitiya Until 9:11AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 6:40AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:07PM</i> <b>Nataraja:</b> Red Moon - Purple <b>Pausha-Markali</b>	Moon 12 - Phase 36 3rd Phase <b>Devaloka Day</b>
Routine Work Marana Yoga Until 2:19AM Sat Then Creative Work - Siddha Yoga						
<b>2 Saturday, January 4, 2014</b>		Vijaya Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi* Yoga Vanija/Visti* Karana Chaturthiyam Titau			Kathmandu, Nepal Sun 17 Sutra 266 Vijaya 5115	
Makara Rasi: 25.43	Tithi 4	894898266	<b>Gulika</b> 6:40AM - 7:59AM <b>Yama</b> 1:12PM - 2:31PM <b>Rahu</b> 9:17AM - 10:35AM	<b>Dhanishtha Until 11:31PM</b> Vajra* Until 1:09PM Vanija Until 3:56PM <b>Chaturthi* Until 2:13AM Sun</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 6:40AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:08PM</i> <b>Nataraja:</b> Red Moon - Purple <b>Pausha-Markali</b>	Moon 12 - Phase 36 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 11:31PM Then Creative Work - Amrita Yoga						
<b>3 Sunday, January 5, 2014</b>		Vijaya Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau			Kathmandu, Nepal Sun 18 Sutra 267 Vijaya 5115	
Kumbha Rasi: 10.29	Tithi 5	894898266	<b>Gulika</b> 2:32PM - 3:50PM <b>Yama</b> 11:54AM - 1:13PM <b>Rahu</b> 3:50PM - 5:09PM	<b>Shatabhishak Until 10:20PM</b> Siddhi Until 9:43AM Bava Until 1:29PM <b>Panchami Until 12:34AM Mon</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 6:40AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:09PM</i> <b>Nataraja:</b> Red Moon - Purple <b>Pausha-Markali</b>	Moon 12 - Phase 36 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Subramuniyaswami Jayanti						
<b>4 Monday, January 6, 2014</b>		Vijaya Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprossthapada* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Shashthyam Titau			Kathmandu, Nepal Sun 19 Sutra 268 Vijaya 5115	
Kumbha Rasi: 24.48	Tithi 6	814898266	<b>Gulika</b> 1:14PM - 2:32PM <b>Yama</b> 10:36AM - 11:55AM <b>Rahu</b> 7:59AM - 9:18AM	<b>Purvaprossthapada* Until 8:38PM</b> Vyatipata* Until 6:30AM Kaulava Until 11:05AM <b>Shashthi* Until 10:10PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 6:40AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:09PM</i> <b>Nataraja:</b> Red Moon - Clear <b>Pausha-Markali</b>	Moon 12 - Phase 36 3rd Phase <b>Devaloka Day</b>
Family Home Evening Routine Work Marana Yoga Until 8:38PM Then Creative Work - Siddha Yoga						
<b>5 Tuesday, January 7, 2014</b>		Vijaya Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprossthapada Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau			Kathmandu, Nepal Sun 20 Sutra 269 Vijaya 5115	
Meena Rasi: 8.38	Tithi 7	814898266	<b>Gulika</b> 11:55AM - 1:14PM <b>Yama</b> 9:18AM - 10:37AM <b>Rahu</b> 2:33PM - 3:51PM	<b>Uttaraprossthapada Until 8:49PM</b> Parigha* Until 2:46AM Wed Gara Until 9:51AM <b>Saptami Until 9:51PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 6:41AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:10PM</i> <b>Nataraja:</b> Red Moon - Clear <b>Pausha-Markali</b>	Moon 12 - Phase 36 3rd Phase <b>Devaloka Day</b>
Creative Work Amrita Yoga Until 8:49PM Then Creative Work - Siddha Yoga						
<b>Wednesday, January 8, 2014</b>		Vijaya Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Shiva Yoga Visti*/Bava Karana Ashtamyam Titau			Kathmandu, Nepal Sun 21 Sutra 270 Vijaya 5115	
<b>Retreat Star</b>			<b>Gulika</b> 10:37AM - 11:56AM <b>Yama</b> 7:59AM - 9:18AM <b>Rahu</b> 11:56AM - 1:15PM	<b>Revati Until 8:44PM</b> Shiva Until 12:58AM Thu Visti Until 9:09AM <b>Ashtami* Until 9:09PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 6:41AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:11PM</i> <b>Nataraja:</b> Red Moon - Clear <b>Pausha-Markali</b>	Moon 12 - Phase 36 Ashtami <b>Devaloka Day</b>
Meena Rasi: 22.01 Tithi 8 814898266 Routine Work Marana Yoga						
<b>Thursday, January 9, 2014</b>		Vijaya Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Siddha Yoga Balava/Kaulava Karana Navamyam Titau			Kathmandu, Nepal Sun 22 Sutra 271 Vijaya 5115	
<b>Retreat Star</b>			<b>Gulika</b> 9:18AM - 10:37AM <b>Yama</b> 6:41AM - 8:00AM <b>Rahu</b> 1:15PM - 2:34PM	<b>Ashvini Until 9:27PM</b> Siddha Until 11:53PM Balava Until 9:18AM <b>Navami* Until 9:18PM</b>	<b>Ganesha:</b> White <i>Sunrise: 6:41AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 5:12PM</i> <b>Nataraja:</b> Red Moon - White <b>Pausha-Markali</b>	Moon 12 - Phase 36 Navami <b>Sivaloka Day</b>
Mesha Rasi: 4.58 Tithi 9 824898266 Creative Work Amrita Yoga Until 9:27PM Then Creative Work - Siddha Yoga						

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1</b>	<b>Friday, January 10, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau							Kathmandu, Nepal Sun 23 Sutra 272 Vijaya 5115
	Mesha Rasi: 17.34      Tilthi 10 824898266	<b>Gulika</b> 8:00AM – 9:19AM <b>Yama</b> 2:34PM – 3:53PM <b>Rahu</b> 10:38AM – 11:57AM	<b>Bharani Until 12:13AM Sat</b> Sadhya Until 12:44AM Sat Taitila Until 10:31AM <b>Dashami Until 11:37PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:41AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:12PM <b>Nataraja:</b> Red Moon – White <b>Pausha-Markali</b>					Moon 12 - Phase 37 4th Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga Until 12:13AM Sat Then Creative Work - Amrita Yoga								
<b>2</b>	<b>Saturday, January 11, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau							Kathmandu, Nepal Sun 24 Sutra 273 Vijaya 5115
	Mesha Rasi: 29.53      Tilthi 11 824898266	<b>Gulika</b> 6:41AM – 8:00AM <b>Yama</b> 1:16PM – 2:35PM <b>Rahu</b> 9:19AM – 10:38AM	<b>Krittika Until 2:15AM Sun</b> Subha Until 12:43AM Sun Vanija Until 12:03PM <b>Ekadashi Until 1:08AM Sun</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:41AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:13PM <b>Nataraja:</b> Red Moon – White <b>Pausha-Markali</b>					Moon 12 - Phase 37 4th Phase <b>Sivaloka Day</b>
	Creative Work Amrita Yoga Until 2:15AM Sun Then Creative Work - Siddha Yoga	<b>Vaikuntha Ekadasi</b>							
<b>3</b>	<b>Sunday, January 12, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau							Kathmandu, Nepal Sun 25 Sutra 274 Vijaya 5115
	Virshabha Rasi: 12.01      Tilthi 12 834898266	<b>Gulika</b> 2:36PM – 3:55PM <b>Yama</b> 11:57AM – 1:17PM <b>Rahu</b> 3:55PM – 5:14PM	<b>Rohini Until 4:39AM Mon</b> Sukla Until 1:04AM Mon Bava Until 1:59PM <b>Dvadashi Until 3:05AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:41AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:14PM <b>Nataraja:</b> Red Moon – Yellow <b>Pausha-Markali</b>					Moon 12 - Phase 37 4th Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga Until 4:39AM Mon Then Creative Work - Amrita Yoga								
<b>4</b>	<b>Monday, January 13, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau							Kathmandu, Nepal Sun 26 Sutra 275 Vijaya 5115
	Virshabha Rasi: 24.01      Tilthi 13 <b>Family Home Evening</b> 835898266	<b>Gulika</b> 1:17PM – 2:36PM <b>Yama</b> 10:39AM – 11:58AM <b>Rahu</b> 8:00AM – 9:19AM	<b>Mrigashira Until 7:26AM Tue</b> Brahma Until 1:38AM Tue Kaulava Until 4:12PM <b>Trayodashi Until 5:17AM Tue</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:41AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:15PM <b>Nataraja:</b> Red Moon – Yellow <b>Pausha-Markali</b>					Moon 12 - Phase 37 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Creative Work Amrita Yoga Until 7:26AM Tue Then Routine Work - Marana Yoga								
<b>5</b>	<b>Tuesday, January 14, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra Yoga Gara Karana Chaturdashyam Titau							Kathmandu, Nepal Sun 27 Sutra 276 Vijaya 5115
	Mithuna Rasi: 5.57      Tilthi 14 835898266	<b>Gulika</b> 11:58AM – 1:18PM <b>Yama</b> 9:20AM – 10:39AM <b>Rahu</b> 2:37PM – 3:56PM	<b>Mrigashira Until 7:26AM</b> Indra Until 2:20AM Wed Gara Until 6:33PM <b>Chaturdashi* Until 7:54AM Wed</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:41AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:15PM <b>Nataraja:</b> Red Moon – Yellow <b>Pausha-Thai</b>					Moon 12 - Phase 37 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga Until 7:26AM Then Routine Work - Marana Yoga	<b>Thai Pongal</b>							
	<b>Wednesday, January 15, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau							Kathmandu, Nepal Sutra 277 Vijaya 5115
	<b>Copper Retreat Star</b> Mithuna Rasi: 17.51      Tilthi 14 – 15 835898266	<b>Gulika</b> 10:39AM – 11:59AM <b>Yama</b> 8:00AM – 9:20AM <b>Rahu</b> 11:59AM – 1:18PM	<b>Ardra Until 10:18AM</b> Vaidhriti* Until 3:06AM Thu Visti Until 9:00PM <b>Chaturdashi* Until 7:54AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:41AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:16PM <b>Nataraja:</b> Red Moon – Yellow <b>Pausha-Thai</b>					
	Creative Work Siddha Yoga								
<b>○</b>	<b>Thursday, January 16, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau							Kathmandu, Nepal Sutra 278 Vijaya 5115
	<b>Silver Retreat Star</b> Mithuna Rasi: 29.44      Tilthi 15 – 16 845898266	<b>Gulika</b> 9:20AM – 10:39AM <b>Yama</b> 6:41AM – 8:00AM <b>Rahu</b> 1:18PM – 2:38PM	<b>Punarvasu Until 1:11PM</b> Vishkambha* Until 3:53AM Fri Balava Until 11:27PM <b>Purnima* Until 10:22AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:41AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:17PM <b>Nataraja:</b> Red Moon – Blue <b>Pausha-Thai</b>					Moon 12 - Phase 37 Prathama <b>Devaloka Day</b>
	Creative Work Amrita Yoga	<b>Thai Pusam</b>							

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada

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**Friday, January 17, 2014**  
**Gold Retreat Star**

Kataka Rasi: 11.38    Titithi 17 – 18  
845898266

Routine Work    Marana Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika**    8:00AM – 9:20AM    **Pushya** **Until 4:03PM**  
**Yama**       2:39PM – 3:58PM    Priti **Until 4:39AM Sat**  
**Rahu**       10:40AM – 11:59AM    Taitila **Until 1:54AM Sat**  
**Prathama\* Until 12:48PM**

**Ganesha:** Clear    *Sunrise:* 6:41AM  
**Muruqa:** Yellow    *Sunset:* 5:18PM  
**Nataraja:** Red  
Moon – Blue  
**Pausha-Thai**

Kathmandu, Nepal  
Sutra 279  
Vijaya 5115  
Moon 1 - Phase 38  
1st Phase

**Devaloka Day**

**1**

**Saturday, January 18, 2014**

Kataka Rasi: 23.34    Titithi 17 – 18  
845898266

Routine Work    Marana Yoga

Until 6:52PM

Then Creative Work - Amrita Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashlesha\* Nakshatra Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika**    6:41AM – 8:00AM    **Ashlesha\* Until 6:52PM**  
**Yama**       1:19PM – 2:39PM    Ayushman **Until 5:22AM Sun**  
**Rahu**       9:20AM – 10:40AM    Vanija **Until 4:17AM Sun**  
**Dvitiya Until 3:12PM**

**Ganesha:** Clear    *Sunrise:* 6:41AM  
**Muruqa:** Yellow    *Sunset:* 5:19PM  
**Nataraja:** Red  
Moon – Blue  
**Pausha-Thai**

Kathmandu, Nepal  
Sun 1    Sutra 280  
Vijaya 5115  
Moon 1 - Phase 38  
1st Phase

**Devaloka Day**

**2**

**Sunday, January 19, 2014**

Simha Rasi: 5.32    Titithi 18 – 19  
855898266

Routine Work    Marana Yoga

Until 9:37PM

Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Magha\* Nakshatra Saubhagya Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

**Gulika**    2:40PM – 4:00PM    **Magha\* Until 9:37PM**  
**Yama**       12:00PM – 1:20PM    Saubhagya **Until 6:01AM Mon**  
**Rahu**       4:00PM – 5:19PM    Bava **Until 6:35AM Mon**  
**Tritiya Until 5:30PM**

**Ganesha:** Purple    *Sunrise:* 6:40AM  
**Muruqa:** Yellow    *Sunset:* 5:19PM  
**Nataraja:** Red  
Moon – Red  
**Pausha-Thai**

Kathmandu, Nepal  
Sun 2    Sutra 281  
Vijaya 5115  
Moon 1 - Phase 38  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**3**

**Monday, January 20, 2014**

Simha Rasi: 17.34    Titithi 19  
855998266

**Family Home Evening**

Creative Work    Siddha Yoga

Until 12:13AM Tue

Then Creative Work - Amrita Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthiyam Titau

**Gulika**    1:20PM – 2:40PM    **Purvaphalguni Until 12:13AM Tue**  
**Yama**       10:40AM – 12:00PM    Sobhana **Until 6:15AM Tue**  
**Rahu**       8:00AM – 9:20AM    Bava **Until 6:34AM**  
**Chaturthi\* Until 7:39PM**

**Ganesha:** Clear    *Sunrise:* 6:40AM  
**Muruqa:** Yellow    *Sunset:* 5:20PM  
**Nataraja:** Red  
Moon – Red  
**Pausha-Thai**

Kathmandu, Nepal  
Sun 3    Sutra 282  
Vijaya 5115  
Moon 1 - Phase 38  
1st Phase

**Devaloka Day**

**4**

**Tuesday, January 21, 2014**

Simha Rasi: 29.42    Titithi 20  
855918266

Creative Work    Amrita Yoga

Until 2:36AM Wed

Then Routine Work - Marana Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**    12:01PM – 1:21PM    **Uttaraphalguni Until 2:36AM Wed**  
**Yama**       9:20AM – 10:40AM    Sobhana **Until 6:15AM**  
**Rahu**       2:41PM – 4:01PM    Kaulava **Until 8:29AM**  
**Panchami Until 9:34PM**

**Ganesha:** Clear    *Sunrise:* 6:40AM  
**Muruqa:** Yellow    *Sunset:* 5:21PM  
**Nataraja:** Red  
Moon – Red  
**Pausha-Thai**

Kathmandu, Nepal  
Sun 4    Sutra 283  
Vijaya 5115  
Moon 1 - Phase 38  
1st Phase

**Devaloka Day**

**5**

**Wednesday, January 22, 2014**

Kanya Rasi: 12    Titithi 21  
865918266

Routine Work    Marana Yoga

Until 2:55AM Thu

Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Athiganda\*/Sukarma Yoga Gara/Vanija Karana Shashthiyam Titau

**Gulika**    10:41AM – 12:01PM    **Hasta Until 2:55AM Thu**  
**Yama**       8:00AM – 9:20AM    Athiganda\* **Until 6:15AM**  
**Rahu**       12:01PM – 1:21PM    Gara **Until 9:42AM**  
**Shashthi\* Until 9:42PM**

**Ganesha:** White    *Sunrise:* 6:40AM  
**Muruqa:** Yellow    *Sunset:* 5:22PM  
**Nataraja:** Red  
Moon – Green  
**Pausha-Thai**

Kathmandu, Nepal  
Sun 5    Sutra 284  
Vijaya 5115  
Moon 1 - Phase 38  
1st Phase

**Sivaloka Day**

**6**

**Thursday, January 23, 2014**

Kanya Rasi: 24.32    Titithi 22  
866918266

Creative Work    Siddha Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Dhriti Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika**    9:20AM – 10:41AM    **Chitra Until 4:23AM Fri**  
**Yama**       6:39AM – 8:00AM    Dhriti **Until 4:44AM Fri**  
**Rahu**       1:21PM – 2:42PM    Visti **Until 10:39AM**  
**Saptami Until 10:39PM**

**Ganesha:** Clear    *Sunrise:* 6:39AM  
**Muruqa:** Yellow    *Sunset:* 5:23PM  
**Nataraja:** Red  
Moon – Green  
**Pausha-Thai**

Kathmandu, Nepal  
Sun 6    Sutra 285  
Vijaya 5115  
Moon 1 - Phase 38  
1st Phase

**Devaloka Day**

**Friday, January 24, 2014**

**Retreat Star**

Tula Rasi: 7.24    Titithi 23  
866918266

Creative Work    Siddha Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Shula\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    8:00AM – 9:20AM    **Svati Until 5:15AM Sat**  
**Yama**       2:42PM – 4:03PM    Shula\* **Until 3:48AM Sat**  
**Rahu**       10:41AM – 12:01PM    Balava **Until 10:58AM**  
**Ashtami\* Until 10:58PM**

**Ganesha:** Clear    *Sunrise:* 6:39AM  
**Muruqa:** Yellow    *Sunset:* 5:23PM  
**Nataraja:** Red  
Moon – Green  
**Pausha-Thai**

Kathmandu, Nepal  
Sun 7    Sutra 286  
Vijaya 5115  
Moon 1 - Phase 38  
Ashtami

**Devaloka Day**

**Saturday, January 25, 2014**

**Retreat Star**

Tula Rasi: 20.4    Titithi 24  
976918266

Creative Work    Siddha Yoga

Until 3:44AM Sun

Then Routine Work - Marana Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Ganda\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**    6:39AM – 8:00AM    **Vishakha Until 3:44AM Sun**  
**Yama**       1:22PM – 2:43PM    Ganda\* **Until 12:51AM Sun**  
**Rahu**       9:20AM – 10:41AM    Taitila **Until 10:09AM**  
**Navami\* Until 9:13PM**

**Ganesha:** Clear    *Sunrise:* 6:39AM  
**Muruqa:** Yellow    *Sunset:* 5:24PM  
**Nataraja:** Red  
Moon – Orange  
**Pausha-Thai**

Kathmandu, Nepal  
Sun 8    Sutra 287  
Vijaya 5115  
Moon 1 - Phase 38  
Navami

**Devaloka Day**

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram  
Invocation to Vinayaka

All times are standard time

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<b>1</b>	<b>Sunday, January 26, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Dashamyam Titau	Kathmandu, Nepal Sun 9 Sutra 288 Vijaya 5115
Vrischika Rasi: 4.22	Tithi 25	<b>Gulika</b> 2:43PM – 4:04PM <b>Yama</b> 12:02PM – 1:23PM <b>Rahu</b> 4:04PM – 5:25PM	<b>Anuradha Until 3:06AM Mon</b> Vriddhi Until 10:37PM Vanija Until 8:52AM Dashami Until 7:57PM
976918266		<b>Ganesha:</b> Clear <b>Muruqa:</b> Yellow <b>Nataraja:</b> Red Moon – Orange	<b>Sunrise:</b> 6:39AM <b>Sunset:</b> 5:25PM <b>Devaloka Day</b> Pausha*Thai
Routine Work	Marana Yoga		
Until 3:06AM Mon			
Then Creative Work - Siddha Yoga			
<b>2</b>	<b>Monday, January 27, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau	Kathmandu, Nepal Sun 10 Sutra 289 Vijaya 5115
Vrischika Rasi: 18.32	Tithi 26 – 27	<b>Gulika</b> 1:23PM – 2:44PM <b>Yama</b> 10:41AM – 12:02PM <b>Rahu</b> 7:59AM – 9:20AM	<b>Jyeshtha* Until 12:20AM Tue</b> Dhruva Until 6:47PM Bava Until 6:40AM Ekadashi* Until 4:57PM
976918266		<b>Ganesha:</b> Clear <b>Muruqa:</b> Yellow <b>Nataraja:</b> Red Moon – Orange	<b>Sunrise:</b> 6:38AM <b>Sunset:</b> 5:26PM <b>Devaloka Day</b> Pausha*Thai
Family Home Evening	Siddha Yoga		
Creative Work			
Until 12:20AM Tue			
Then Creative Work - Amrita Yoga			
<b>3</b>	<b>Tuesday, January 28, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Kathmandu, Nepal Sun 11 Sutra 290 Vijaya 5115
Dhanus Rasi: 3.1	Tithi 27 – 28	<b>Gulika</b> 12:02PM – 1:23PM <b>Yama</b> 9:20AM – 12:04AM <b>Rahu</b> 2:44PM – 4:06PM	<b>Mula* Until 10:16PM</b> Vyaghata* Until 3:19PM Gara Until 12:29AM Wed Dvadashi* Until 2:12PM
986918266		<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Red Moon – Light Blue	<b>Sunrise:</b> 6:38AM <b>Sunset:</b> 5:27PM <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM Pausha*Thai <i>Pradosha Vrata (Fasting)</i>
Creative Work	Amrita Yoga		
Until 10:16PM			
Then Creative Work - Siddha Yoga			
<b>4</b>	<b>Wednesday, January 29, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Kathmandu, Nepal Sun 12 Sutra 291 Vijaya 5115
Dhanus Rasi: 18.1	Tithi 28 – 29	<b>Gulika</b> 10:41AM – 12:02PM <b>Yama</b> 7:59AM – 9:20AM <b>Rahu</b> 12:02PM – 1:24PM	<b>Purvashadha* Until 7:37PM</b> Harshana Until 11:19AM Visti Until 9:06PM Trayodashi* Until 10:49AM
986918266		<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Red Moon – Light Blue	<b>Sunrise:</b> 6:37AM <b>Sunset:</b> 5:27PM <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM Pausha*Thai
Creative Work	Amrita Yoga		
<b>●</b>	<b>Thursday, January 30, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vajra*/Siddhi Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau	Kathmandu, Nepal Sun 13 Sutra 292 Vijaya 5115
Makara Rasi: 3.23	Tithi 29 – 30	<b>Gulika</b> 9:20AM – 10:41AM <b>Yama</b> 6:37AM – 7:58AM <b>Rahu</b> 1:24PM – 2:45PM	<b>Uttarashadha Until 4:35PM</b> Vajra* Until 6:57AM Naga Until 3:35AM Fri Chaturdashi* Until 7:01AM
987918266		<b>Ganesha:</b> Clear <b>Muruqa:</b> Yellow <b>Nataraja:</b> Red Moon – Light Blue	<b>Sunrise:</b> 6:37AM <b>Sunset:</b> 5:28PM <b>Devaloka Day</b> Pausha*Thai
Routine Work	Marana Yoga		
Until 4:35PM			
Then Creative Work - Siddha Yoga			
	<b>Friday, January 31, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau	Kathmandu, Nepal Sun 14 Sutra 293 Vijaya 5115
Makara Rasi: 18.41	Tithi 1	<b>Gulika</b> 7:58AM – 9:20AM <b>Yama</b> 2:46PM – 4:07PM <b>Rahu</b> 10:41AM – 12:03PM	<b>Shravana Until 1:26PM</b> Vyatipata* Until 10:29PM Kintughna Until 1:24PM Prathama* Until 11:41PM
997918266		<b>Ganesha:</b> Orange <b>Muruqa:</b> Yellow <b>Nataraja:</b> Red Moon – Purple	<b>Sunrise:</b> 6:36AM <b>Sunset:</b> 5:29PM <b>Devaloka Day</b> Magha*Thai
Routine Work	Marana Yoga		
Until 1:26PM			
Then Creative Work - Siddha Yoga			

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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<b>1</b>	<b>Saturday, February 1, 2014</b>		Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kathmandu, Nepal
	Kumbha Rasi: 3.52	Tithi 2	<b>Gulika</b> 6:36AM – 7:58AM	<b>Dhanishtha</b> Until 10:28AM	<b>Ganesha:</b> Orange <i>Sunrise: 6:36AM</i>	Sun 15	Sutra 294 Vijaya 5115
		997918266	<b>Yama</b> 1:24PM – 2:46PM	Variyan Until 6:10PM	<b>Muruqa:</b> Yellow <i>Sunset: 5:29PM</i>		Moon 1 - Phase 40
			<b>Rahu</b> 9:20AM – 10:41AM	Balava Until 9:40AM	<b>Nataraja:</b> Red		3rd Phase
				<b>Dvitiya</b> Until 7:57PM	<b>Moon – Purple</b>		
					<b>Magha-Thai</b>		<b>Devaloka Day</b>

<b>2</b>	<b>Sunday, February 2, 2014</b>		Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosnthapada* Nakshatra Parigha*/Shiva Yoga Tailila/Vanija Karana Triloyal/Chaturthyam Titau				Kathmandu, Nepal
	Kumbha Rasi: 18.47	Tithi 3 – 4	<b>Gulika</b> 2:46PM – 4:08PM	<b>Shatabhishak</b> Until 7:57AM	<b>Ganesha:</b> Orange <i>Sunrise: 6:36AM</i>	Sun 16	Sutra 295 Vijaya 5115
		997918266	<b>Yama</b> 12:03PM – 1:25PM	Parigha* Until 2:17PM	<b>Muruqa:</b> Yellow <i>Sunset: 5:30PM</i>		Moon 1 - Phase 40
			<b>Rahu</b> 4:08PM – 5:30PM	Tailila Until 6:27AM	<b>Nataraja:</b> Red		3rd Phase
				<b>Tritiya</b> Until 5:31PM	<b>Moon – Purple</b>		
					<b>Magha-Thai</b>		<b>Devaloka Day</b>

<b>3</b>	<b>Monday, February 3, 2014</b>		Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kathmandu, Nepal
	Meena Rasi: 3.18	Tithi 4 – 5	<b>Gulika</b> 1:25PM – 2:47PM	<b>Purvaprosnthapada*</b> Until 6:04AM	<b>Ganesha:</b> Green <i>Sunrise: 6:35AM</i>	Sun 17	Sutra 296 Vijaya 5115
		917918267	<b>Yama</b> 10:41AM – 12:03PM	Shiva Until 11:19AM	<b>Muruqa:</b> Yellow <i>Sunset: 5:31PM</i>		Moon 1 - Phase 40
			<b>Rahu</b> 7:57AM – 9:19AM	Bava Until 1:50AM Tue	<b>Nataraja:</b> Yellow		3rd Phase
				<b>Chaturthi*</b> Until 2:46PM	<b>Moon – Clear</b>		
					<b>Magha-Thai</b>		<b>Sivaloka Day</b>

<b>4</b>	<b>Tuesday, February 4, 2014</b>		Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kathmandu, Nepal
	Meena Rasi: 17.2	Tithi 5 – 6	<b>Gulika</b> 12:03PM – 1:25PM	<b>Revati</b> Until 3:43AM Wed	<b>Ganesha:</b> Green <i>Sunrise: 6:35AM</i>	Sun 18	Sutra 297 Vijaya 5115
		917918267	<b>Yama</b> 9:19AM – 10:41AM	Siddha Until 8:35AM	<b>Muruqa:</b> Yellow <i>Sunset: 5:31PM</i>		Moon 1 - Phase 40
			<b>Rahu</b> 2:47PM – 4:09PM	Kaulava Until 11:57PM	<b>Nataraja:</b> Yellow		3rd Phase
				<b>Panchami</b> Until 12:53PM	<b>Moon – Clear</b>		
					<b>Magha-Thai</b>		<b>Sivaloka Day</b>

<b>5</b>	<b>Wednesday, February 5, 2014</b>		Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Kathmandu, Nepal
	Mesha Rasi: 0.52	Tithi 6 – 7	<b>Gulika</b> 10:41AM – 12:03PM	<b>Ashvini</b> Until 5:02AM Thu	<b>Ganesha:</b> Green <i>Sunrise: 6:34AM</i>	Sun 19	Sutra 298 Vijaya 5115
		928918267	<b>Yama</b> 7:57AM – 9:19AM	Sadhya Until 6:42AM	<b>Muruqa:</b> Yellow <i>Sunset: 5:32PM</i>		Moon 1 - Phase 40
			<b>Rahu</b> 12:03PM – 1:26PM	Gara Until 12:26AM Thu	<b>Nataraja:</b> Yellow		3rd Phase
				<b>Shashthi*</b> Until 12:26PM	<b>Moon – White</b>		
					<b>Magha-Thai</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>D</b>	<b>Thursday, February 6, 2014</b>		Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kathmandu, Nepal
	Mesha Rasi: 13.55	Tithi 7 – 8	<b>Gulika</b> 9:19AM – 10:41AM	<b>Bharani</b> Until 6:14AM Fri	<b>Ganesha:</b> Green <i>Sunrise: 6:34AM</i>	Sun 20	Sutra 299 Vijaya 5115
		928918267	<b>Yama</b> 6:34AM – 7:56AM	Sukla Until 4:18AM Fri	<b>Muruqa:</b> Yellow <i>Sunset: 5:33PM</i>		Moon 1 - Phase 40
			<b>Rahu</b> 1:26PM – 2:48PM	Visti Until 12:21AM Fri	<b>Nataraja:</b> Yellow		Ashtami
				<b>Saptami</b> Until 12:21PM	<b>Moon – White</b>		
					<b>Magha-Thai</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>D</b>	<b>Friday, February 7, 2014</b>		Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kathmandu, Nepal
	Mesha Rasi: 26.33	Tithi 8 – 9	<b>Gulika</b> 7:56AM – 9:18AM	<b>Bharani</b> Until 6:14AM	<b>Ganesha:</b> Green <i>Sunrise: 6:33AM</i>	Sun 21	Sutra 300 Vijaya 5115
		928918267	<b>Yama</b> 2:49PM – 4:11PM	Brahma Until 5:25AM Sat	<b>Muruqa:</b> Yellow <i>Sunset: 5:34PM</i>		Moon 1 - Phase 40
			<b>Rahu</b> 10:41AM – 12:03PM	Balava Until 2:50AM Sat	<b>Nataraja:</b> Yellow		Navami
				<b>Ashtami*</b> Until 1:44PM	<b>Moon – White</b>		
					<b>Magha-Thai</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

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<b>1</b>	<b>Saturday, February 8, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Kathmandu, Nepal
	Wishabha Rasi: 8.52    Tithi 9 – 10 928918267	<b>Gulika</b> 6:33AM – 7:55AM <b>Yama</b> 1:26PM – 2:49PM <b>Rahu</b> 9:18AM – 10:41AM	<b>Krittika Until 8:16AM</b> Indra Until 5:25AM Sun Taitila Until 4:21AM Sun <b>Navami* Until 3:15PM</b>	Sun 22    Sutra 301 Vijaya 5115 Moon 1 - Phase 41 4th Phase
Creative Work    Amrita Yoga			<b>Ganesha:</b> Green <i>Sunrise:</i> 6:33AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:34PM <b>Nataraja:</b> Yellow Moon – White	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Sunday, February 9, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Kathmandu, Nepal
	Wishabha Rasi: 20.58    Tithi 10 – 11 938918267	<b>Gulika</b> 2:49PM – 4:12PM <b>Yama</b> 12:04PM – 1:26PM <b>Rahu</b> 4:12PM – 5:35PM	<b>Rohini Until 10:45AM</b> Vaidhriti* Until 5:51AM Mon Vanija Until 6:21AM Mon <b>Dashami Until 5:16PM</b>	Sun 23    Sutra 302 Vijaya 5115 Moon 1 - Phase 41 4th Phase
Creative Work    Siddha Yoga			<b>Ganesha:</b> Red <i>Sunrise:</i> 6:32AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:35PM <b>Nataraja:</b> Yellow Moon – Yellow	<b>Devaloka Day</b>

<b>3</b>	<b>Monday, February 10, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Ekadashyam Titau		Kathmandu, Nepal
	Mithuna Rasi: 2.55    Tithi 11 Family Home Evening    938918267 Creative Work    Amrita Yoga Until 1:31PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 1:27PM – 2:50PM <b>Yama</b> 10:41AM – 12:04PM <b>Rahu</b> 7:54AM – 9:17AM	<b>Mrigashira Until 1:31PM</b> Vishkambha* Until 6:44AM Tue Vanija Until 6:30AM <b>Ekadashi Until 7:35PM</b>	Sun 24    Sutra 303 Vijaya 5115 Moon 1 - Phase 41 4th Phase
			<b>Ganesha:</b> Red <i>Sunrise:</i> 6:31AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:36PM <b>Nataraja:</b> Yellow Moon – Yellow	<b>Devaloka Day</b>

<b>4</b>	<b>Tuesday, February 11, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Dvadashyam Titau		Kathmandu, Nepal
	Mithuna Rasi: 14.47    Tithi 12 938918267	<b>Gulika</b> 12:04PM – 1:27PM <b>Yama</b> 9:17AM – 10:40AM <b>Rahu</b> 2:50PM – 4:13PM	<b>Ardra Until 4:25PM</b> Vishkambha* Until 6:44AM Bava Until 8:58AM <b>Dvadashi Until 10:03PM</b>	Sun 25    Sutra 304 Vijaya 5115 Moon 1 - Phase 41 4th Phase
Routine Work    Marana Yoga Until 4:25PM Then Creative Work - Siddha Yoga			<b>Ganesha:</b> Red <i>Sunrise:</i> 6:31AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:37PM <b>Nataraja:</b> Yellow Moon – Yellow	<b>Devaloka Day</b>

<b>5</b>	<b>Wednesday, February 12, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Trayodashyam Titau		Kathmandu, Nepal
	Mithuna Rasi: 26.39    Tithi 13 949918267	<b>Gulika</b> 10:40AM – 12:04PM <b>Yama</b> 7:53AM – 9:17AM <b>Rahu</b> 12:04PM – 1:27PM	<b>Punarvasu Until 7:22PM</b> Priti Until 7:35AM Kaulava Until 11:28AM <b>Trayodashi Until 12:34AM Thu</b> <i>Pradosha Vrata</i>	Sun 26    Sutra 305 Vijaya 5115 Moon 1 - Phase 41 4th Phase
Creative Work    Siddha Yoga			<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:30AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:37PM <b>Nataraja:</b> Yellow Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>6</b>	<b>Thursday, February 13, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Chaturdashyam Titau		Kathmandu, Nepal
	Kataka Rasi: 8.32    Tithi 14 949918267	<b>Gulika</b> 9:16AM – 10:40AM <b>Yama</b> 6:29AM – 7:53AM <b>Rahu</b> 1:27PM – 2:51PM	<b>Pushya Until 10:16PM</b> Ayushman Until 8:23AM Gara Until 1:56PM <b>Chaturdashi* Until 3:01AM Fri</b>	Sun 27    Sutra 306 Vijaya 5115 Moon 1 - Phase 41 4th Phase
Creative Work    Amrita Yoga Until 10:16PM Then Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:29AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:38PM <b>Nataraja:</b> Yellow Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>○</b>	<b>Friday, February 14, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Purnimayam Titau		Kathmandu, Nepal
	<b>Copper Retreat Star</b> Kataka Rasi: 20.29    Tithi 15 949118267	<b>Gulika</b> 7:52AM – 9:16AM <b>Yama</b> 2:51PM – 4:15PM <b>Rahu</b> 10:40AM – 12:04PM	<b>Ashlesha* Until 1:03AM Sat</b> Saubhagya Until 9:06AM Visti Until 4:16PM <b>Purnima* Until 5:22AM Sat</b>	Sun 28    Sutra 307 Vijaya 5115 Moon 1 - Phase 41 Purnima
Routine Work    Marana Yoga Until 1:03AM Sat Then Creative Work - Amrita Yoga			<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:28AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:39PM <b>Nataraja:</b> Yellow Moon – Blue	<b>Devaloka Day</b>

<b>○</b>	<b>Saturday, February 15, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Sobhana/Athiganda* Yoga Balava Karana Prathamayam Titau		Kathmandu, Nepal
	<b>Silver Retreat Star</b> Simha Rasi: 2.29    Tithi 16 959118267	<b>Gulika</b> 6:28AM – 7:52AM <b>Yama</b> 1:28PM – 2:52PM <b>Rahu</b> 9:16AM – 10:40AM	<b>Magha* Until 3:42AM Sun</b> Sobhana Until 9:40AM Balava Until 6:27PM <b>Prathama* Until 7:21AM Sun</b>	Sun 29    Sutra 308 Vijaya 5115 Moon 1 - Phase 41 Prathama
Creative Work    Amrita Yoga Until 3:42AM Sun Then Creative Work - Siddha Yoga			<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:28AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:40PM <b>Nataraja:</b> Yellow Moon – Red	<b>Sivaloka Day</b>

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

All times are standard time

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**Sunday, February 16, 2014**  
**Gold Retreat Star**

Simha Rasi: 14.35 Tithi 16 - 17  
959118267  
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kathmandu, Nepal  
Sutra 309  
Vijaya 5115  
Moon 2 - Phase 42  
1st Phase

**Gulika** 2:52PM - 4:16PM  
**Yama** 12:04PM - 1:28PM  
**Rahu** 4:16PM - 5:40PM

**Purvaphalguni Until 6:10AM Mon**  
Athiganda\* Until 10:05AM  
Taitila Until 8:26PM  
**Prathama\* Until 7:21AM**

**Ganesha:** Blue *Sunrise: 6:27AM*  
**Muruqa:** Yellow *Sunset: 5:40PM*  
**Nataraja:** Yellow  
Moon - Red  
**Magha-Masi**

**Sivaloka Day**



**Monday, February 17, 2014**

Family Home Evening  
Kanya Rasi: 26.47 Tithi 17 - 18  
959118267  
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kathmandu, Nepal  
Sun 1 Sutra 310  
Vijaya 5115  
Moon 2 - Phase 42  
1st Phase

**Gulika** 1:28PM - 2:52PM  
**Yama** 10:39AM - 12:04PM  
**Rahu** 7:51AM - 9:15AM

**Uttaraphalguni Until 7:46AM Tue**  
Sukarma Until 10:19AM  
Vanija Until 10:12PM  
**Dvitiya Until 9:07AM**

**Ganesha:** Blue *Sunrise: 6:26AM*  
**Muruqa:** Yellow *Sunset: 5:41PM*  
**Nataraja:** Yellow  
Moon - Red  
**Magha-Masi**

**Sivaloka Day**



**Tuesday, February 18, 2014**

Until 7:46AM  
Kanya Rasi: 9.07 Tithi 18 - 19  
959118267  
Creative Work Amrita Yoga

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula\* Yoga Vistit\*/Bava Karana Tritiya/Chaturthiyam Titau

Kathmandu, Nepal  
Sun 2 Sutra 311  
Vijaya 5115  
Moon 2 - Phase 42  
1st Phase

**Gulika** 12:04PM - 1:28PM  
**Yama** 9:14AM - 10:39AM  
**Rahu** 2:53PM - 4:17PM

**Uttaraphalguni Until 7:46AM**  
Dhriti Until 10:18AM  
Bava Until 11:41PM  
**Tritiya Until 10:35AM**

**Ganesha:** Blue *Sunrise: 6:25AM*  
**Muruqa:** Yellow *Sunset: 5:42PM*  
**Nataraja:** Yellow  
Moon - Red  
**Magha-Masi**

**Sivaloka Day**

Then Creative Work - Siddha Yoga



**Wednesday, February 19, 2014**

Until 9:11AM  
Kanya Rasi: 21.36 Tithi 19 - 20  
969118267  
Routine Work Marana Yoga

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Shula\*/Ganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kathmandu, Nepal  
Sun 3 Sutra 312  
Vijaya 5115  
Moon 2 - Phase 42  
1st Phase

**Gulika** 10:39AM - 12:03PM  
**Yama** 7:49AM - 9:14AM  
**Rahu** 12:03PM - 1:28PM

**Hasta Until 9:11AM**  
Shula\* Until 9:43AM  
Kaulava Until 11:15PM  
**Chaturthi\* Until 11:15AM**

**Ganesha:** Red *Sunrise: 6:25AM*  
**Muruqa:** Yellow *Sunset: 5:42PM*  
**Nataraja:** Yellow  
Moon - Green  
**Magha-Masi**

**Devaloka Day**

Then Creative Work - Siddha Yoga



**Thursday, February 20, 2014**

Until 10:23AM  
Tula Rasi: 4.17 Tithi 20 - 21  
961118267  
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra/Svati Nakshatra Ganda\*/Vridhhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kathmandu, Nepal  
Sun 4 Sutra 313  
Vijaya 5115  
Moon 2 - Phase 42  
1st Phase

**Gulika** 9:14AM - 10:38AM  
**Yama** 6:24AM - 7:49AM  
**Rahu** 1:28PM - 2:53PM

**Chitra Until 10:23AM**  
Ganda\* Until 9:06AM  
Gara Until 11:54PM  
**Panchami Until 11:54AM**

**Ganesha:** Green *Sunrise: 6:24AM*  
**Muruqa:** Yellow *Sunset: 5:43PM*  
**Nataraja:** Yellow  
Moon - Green  
**Magha-Masi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Then Creative Work - Amrita Yoga



**Friday, February 21, 2014**

Until 10:23AM  
Tula Rasi: 17.14 Tithi 21 - 22  
961118267  
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati/Vishakha Nakshatra Vridhhi/Dhruva Yoga Vanija/Vistit\* Karana Shashthi/Saptamyam Titau

Kathmandu, Nepal  
Sun 5 Sutra 314  
Vijaya 5115  
Moon 2 - Phase 42  
1st Phase

**Gulika** 7:48AM - 9:13AM  
**Yama** 2:53PM - 4:19PM  
**Rahu** 10:38AM - 12:03PM

**Svati Until 11:07AM**  
Vridhhi Until 8:03AM  
Vistit Until 12:02AM Sat  
**Shashthi\* Until 12:02PM**

**Ganesha:** Green *Sunrise: 6:23AM*  
**Muruqa:** Yellow *Sunset: 5:44PM*  
**Nataraja:** Yellow  
Moon - Green  
**Magha-Masi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM



**Saturday, February 22, 2014**  
**Retreat Star**

Vrischika Rasi: 0.28 Tithi 22 - 23  
971118267  
Creative Work Siddha Yoga

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kathmandu, Nepal  
Sun 6 Sutra 315  
Vijaya 5115  
Moon 2 - Phase 42  
Ashtami

**Gulika** 6:22AM - 7:47AM  
**Yama** 1:28PM - 2:54PM  
**Rahu** 9:13AM - 10:38AM

**Vishakha Until 10:55AM**  
Dhruva Until 6:27AM  
Balava Until 10:14PM  
**Saptami Until 11:09AM**

**Ganesha:** Orange *Sunrise: 6:22AM*  
**Muruqa:** Yellow *Sunset: 5:44PM*  
**Nataraja:** Yellow  
Moon - Orange  
**Magha-Masi**

**Devaloka Day**

**Sunday, February 23, 2014**  
**Retreat Star**

Vrischika Rasi: 14.03 Tithi 23 - 24  
971118267  
Routine Work Marana Yoga

Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kathmandu, Nepal  
Sun 7 Sutra 316  
Vijaya 5115  
Moon 2 - Phase 42  
Navami

**Gulika** 2:54PM - 4:20PM  
**Yama** 12:03PM - 1:29PM  
**Rahu** 4:20PM - 5:45PM

**Anuradha Until 10:29AM**  
Harshana Until 1:46AM Mon  
Taitila Until 9:09PM  
**Ashtami\* Until 10:05AM**

**Ganesha:** Orange *Sunrise: 6:21AM*  
**Muruqa:** Yellow *Sunset: 5:45PM*  
**Nataraja:** Yellow  
Moon - Orange  
**Magha-Masi**

**Devaloka Day**

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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<b>1</b>	<b>Monday, February 24, 2014</b>	Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Kathmandu, Nepal Sun 8 Sutra 317 Vijaya 5115
	Vrischika Rasi: 28.01 Tithi 24 – 25	<b>Gulika</b> 1:29PM – 2:54PM	<b>Jyeshtha* Until 9:24AM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:20AM</i>
	<b>Family Home Evening</b> 971118267	<b>Yama</b> 10:37AM – 12:03PM	<b>Vajra* Until 11:09PM</b>	<b>Muruqa:</b> Yellow <i>Sunset: 5:46PM</i>
	Creative Work Siddha Yoga	<b>Rahu</b> 7:46AM – 9:12AM	<b>Vanija Until 7:23PM</b>	<b>Nataraja:</b> Yellow Moon – Orange
			<b>Navami* Until 8:19AM</b>	<b>Devaloka Day</b>
			<b>Magha•Masi</b>	

<b>2</b>	<b>Tuesday, February 25, 2014</b>	Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau		Kathmandu, Nepal Sun 9 Sutra 318 Vijaya 5115
	Dhanus Rasi: 12.21 Tithi 26	<b>Gulika</b> 12:03PM – 1:29PM	<b>Mula* Until 7:34AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:19AM</i>
	981118267	<b>Yama</b> 9:11AM – 10:37AM	<b>Siddhi Until 7:03PM</b>	<b>Muruqa:</b> Yellow <i>Sunset: 5:46PM</i>
	Creative Work Amrita Yoga Until 7:34AM Then Creative Work - Siddha Yoga	<b>Rahu</b> 2:55PM – 4:20PM	<b>Bava Until 4:09PM</b>	<b>Nataraja:</b> Yellow Moon – Light Blue
			<b>Ekadashi* Until 2:26AM Wed</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
			<b>Magha•Masi</b>	

<b>3</b>	<b>Wednesday, February 26, 2014</b>	Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvadashyam Titau		Kathmandu, Nepal Sun 10 Sutra 319 Vijaya 5115
	Dhanus Rasi: 27.01 Tithi 27	<b>Gulika</b> 10:37AM – 12:03PM	<b>Uttarashadha Until 2:46AM Thu</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:18AM</i>
	981118267	<b>Yama</b> 7:44AM – 9:10AM	<b>Vyatipata* Until 3:33PM</b>	<b>Muruqa:</b> Yellow <i>Sunset: 5:47PM</i>
	Creative Work Amrita Yoga Until 2:46AM Thu Then Creative Work - Siddha Yoga	<b>Rahu</b> 12:03PM – 1:29PM	<b>Kaulava Until 1:18PM</b>	<b>Nataraja:</b> Yellow Moon – Light Blue
			<b>Dvadashi* Until 11:35PM</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
			<b>Magha•Masi</b>	

<b>4</b>	<b>Thursday, February 27, 2014</b>	Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau		Kathmandu, Nepal Sun 11 Sutra 320 Vijaya 5115
	Makara Rasi: 11.56 Tithi 28	<b>Gulika</b> 9:10AM – 10:36AM	<b>Shravana Until 12:15AM Fri</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:17AM</i>
	991118267	<b>Yama</b> 6:17AM – 7:44AM	<b>Variyan Until 11:41AM</b>	<b>Muruqa:</b> Yellow <i>Sunset: 5:48PM</i>
	Creative Work Siddha Yoga	<b>Rahu</b> 1:29PM – 2:55PM	<b>Gara Until 10:02AM</b>	<b>Nataraja:</b> Yellow Moon – Purple
			<b>Trayodashi* Until 8:19PM</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
			<b>Mahasivaratri (Lunar)</b> <i>Pradosha Vrata (Fasting)</i>	<b>Magha•Masi</b>

<b>5</b>	<b>Friday, February 28, 2014</b>	Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Parigha*/Shiva Yoga Vistii*/Caluspada* Karana Chaturdashi/Amavasyayam Titau		Kathmandu, Nepal Sun 12 Sutra 321 Vijaya 5115
	Makara Rasi: 26.57 Tithi 29 – 30	<b>Gulika</b> 7:43AM – 9:09AM	<b>Dhanishtha Until 9:33PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:16AM</i>
	991118267	<b>Yama</b> 2:55PM – 4:22PM	<b>Parigha* Until 7:39AM</b>	<b>Muruqa:</b> Yellow <i>Sunset: 5:48PM</i>
	Creative Work Siddha Yoga	<b>Rahu</b> 10:36AM – 12:02PM	<b>Vistii Until 6:35AM</b>	<b>Nataraja:</b> Yellow Moon – Purple
			<b>Chaturdashi* Until 4:52PM</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
			<b>Magha•Masi</b>	

	<b>Saturday, March 1, 2014</b>	Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mantra Vasara Yuktayam Shatabhishak Nakshatra Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Kathmandu, Nepal Sun 13 Sutra 322 Vijaya 5115
	<b>Retreat Star</b>	<b>Gulika</b> 6:14AM – 7:41AM	<b>Shatabhishak Until 6:54PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:14AM</i>
	Kumbha Rasi: 11.56 Tithi 30 – 1	<b>Yama</b> 1:29PM – 2:56PM	<b>Siddha Until 11:39PM</b>	<b>Muruqa:</b> Yellow <i>Sunset: 5:49PM</i>
	991118267	<b>Rahu</b> 9:08AM – 10:35AM	<b>Kintughna Until 11:45PM</b>	<b>Nataraja:</b> Yellow Moon – Purple
Creative Work Amrita Yoga Until 6:54PM Then Routine Work - Marana Yoga				<b>Amavasya* Until 1:28PM</b>
			<b>Magha•Masi</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

	<b>Sunday, March 2, 2014</b>	Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproskthapada*/Uttaraproskthapada Nakshatra Sadhya Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Kathmandu, Nepal Sun 14 Sutra 323 Vijaya 5115
	<b>Retreat Star</b>	<b>Gulika</b> 2:56PM – 4:23PM	<b>Purvaproskthapada* Until 5:19PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:13AM</i>
	Kumbha Rasi: 26.44 Tithi 1 – 2	<b>Yama</b> 12:02PM – 1:29PM	<b>Sadhya Until 8:53PM</b>	<b>Muruqa:</b> Yellow <i>Sunset: 5:50PM</i>
	912118267	<b>Rahu</b> 4:23PM – 5:50PM	<b>Balava Until 9:48PM</b>	<b>Nataraja:</b> Yellow Moon – Clear
Creative Work Siddha Yoga Until 5:19PM Then Creative Work - Amrita Yoga				<b>Prathama* Until 10:44AM</b>
			<b>Phalgun•Masi</b>	<b>Devaloka Day</b>

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>1</b>	<b>Monday, March 3, 2014</b>	Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Utaraproshtapada/Revati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kathmandu, Nepal
	Meena Rasi: 11.13 Tithi 2 - 3 Family Home Evening Creative Work Siddha Yoga	912118267	<b>Gulika</b> 1:29PM - 2:56PM <b>Yama</b> 10:34AM - 12:02PM <b>Rahu</b> 7:40AM - 9:07AM	<b>Utaraproshtapada</b> Until 3:20PM Subha Until 5:26PM Taitila Until 7:04PM <b>Dvitiya</b> Until 8:00AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:12AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:51PM <b>Nataraja:</b> Yellow Moon - Clear <b>Phalguna-Masi</b>	Sun 15 Sutra 324 Vijaya 5115 Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
<b>2</b>	<b>Tuesday, March 4, 2014</b>	Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Sukla/Brahma Yoga Gara/Visti* Karana Tritiya/Chaturthyam Titau				Kathmandu, Nepal
	Meena Rasi: 25.17 Tithi 3 - 4 Creative Work Siddha Yoga	912118267	<b>Gulika</b> 12:01PM - 1:29PM <b>Yama</b> 9:06AM - 10:34AM <b>Rahu</b> 2:56PM - 4:24PM	<b>Revati</b> Until 2:04PM Sukla Until 2:39PM Visti Until 4:10AM Wed <b>Tritiya</b> Until 6:01AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:11AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:51PM <b>Nataraja:</b> Yellow Moon - Clear <b>Phalguna-Masi</b>	Sun 16 Sutra 325 Vijaya 5115 Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
<b>Subramuniyaswami Siva Vision Day</b>						
<b>3</b>	<b>Wednesday, March 5, 2014</b>	Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma/Indra Yoga Bava/Balava Karana Panchamyam Titau				Kathmandu, Nepal
	Mesha Rasi: 8.55 Tithi 5 Routine Work Marana Yoga Until 2:10PM Then Creative Work - Siddha Yoga	122118267	<b>Gulika</b> 10:33AM - 12:01PM <b>Yama</b> 7:38AM - 9:06AM <b>Rahu</b> 12:01PM - 1:29PM	<b>Ashvini</b> Until 2:10PM Brahma Until 1:04PM Bava Until 4:48PM <b>Panchami</b> Until 4:48AM Thu	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:10AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:52PM <b>Nataraja:</b> Yellow Moon - White <b>Phalguna-Masi</b>	Sun 17 Sutra 326 Vijaya 5115 Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>4</b>	<b>Thursday, March 6, 2014</b>	Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau				Kathmandu, Nepal
	Mesha Rasi: 22.04 Tithi 6 Creative Work Siddha Yoga Until 2:29PM Then Routine Work - Marana Yoga	122118267	<b>Gulika</b> 9:05AM - 10:33AM <b>Yama</b> 6:09AM - 7:37AM <b>Rahu</b> 1:29PM - 2:57PM	<b>Bharani</b> Until 2:29PM Indra Until 11:39AM Kaulava Until 4:29PM <b>Shashthi*</b> Until 4:29AM Fri	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:09AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:52PM <b>Nataraja:</b> Yellow Moon - White <b>Phalguna-Masi</b>	Sun 18 Sutra 327 Vijaya 5115 Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>5</b>	<b>Friday, March 7, 2014</b>	Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau				Kathmandu, Nepal
	Vrishabha Rasi: 4.49 Tithi 7 Creative Work Siddha Yoga Until 4:22PM Then Routine Work - Marana Yoga	122118267	<b>Gulika</b> 7:36AM - 9:05AM <b>Yama</b> 2:57PM - 4:25PM <b>Rahu</b> 10:33AM - 12:01PM	<b>Krittika</b> Until 4:22PM Vaidhriti* Until 11:19AM Gara Until 5:59PM <b>Saptami</b> Until 6:11AM Sat	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:08AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:53PM <b>Nataraja:</b> Yellow Moon - White <b>Phalguna-Masi</b>	Sun 19 Sutra 328 Vijaya 5115 Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>6</b>	<b>Saturday, March 8, 2014</b>	Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mantra Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kathmandu, Nepal
	<b>Retreat Star</b> Vrishabha Rasi: 17.13 Tithi 7 - 8 Creative Work Amrita Yoga Until 6:13PM Then Creative Work - Siddha Yoga	132118267	<b>Gulika</b> 6:07AM - 7:36AM <b>Yama</b> 1:29PM - 2:57PM <b>Rahu</b> 9:04AM - 10:32AM	<b>Rohini</b> Until 6:13PM Vishkambha* Until 11:10AM Visti Until 7:17PM <b>Saptami</b> Until 6:11AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:07AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:54PM <b>Nataraja:</b> Yellow Moon - Yellow <b>Phalguna-Masi</b>	Sun 20 Sutra 329 Vijaya 5115 Moon 2 - Phase 44 Ashtami <b>Devaloka Day</b>
<b>7</b>	<b>Sunday, March 9, 2014</b>	Vijaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kathmandu, Nepal
	<b>Retreat Star</b> Vrishabha Rasi: 29.22 Tithi 8 - 9 Creative Work Siddha Yoga	132118267	<b>Gulika</b> 2:57PM - 4:26PM <b>Yama</b> 12:00PM - 1:29PM <b>Rahu</b> 4:26PM - 5:54PM	<b>Mrigashira</b> Until 8:35PM Priti Until 11:31AM Balava Until 9:08PM <b>Ashtami*</b> Until 8:02AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:06AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 5:54PM <b>Nataraja:</b> Yellow Moon - Yellow <b>Phalguna-Masi</b>	Sun 21 Sutra 330 Vijaya 5115 Moon 2 - Phase 44 Navami <b>Devaloka Day</b>

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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<b>1</b>	<b>Monday, March 10, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Kathmandu, Nepal Sun 22 Sutra 331 Vijaya 5115
	Mithuna Rasi: 11.22 Tithi 9 – 10 Family Home Evening 132218267 Creative Work Siddha Yoga Until 11:17PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:29PM – 2:57PM <b>Yama</b> 10:31AM – 12:00PM <b>Rahu</b> 7:34AM – 9:03AM	<b>Ardra Until 11:17PM</b> Ayushman Until 12:10PM Taitila Until 11:21PM <b>Navami* Until 10:16AM</b>
<b>Devaloka Day</b>			
<b>2</b>	<b>Tuesday, March 11, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Kathmandu, Nepal Sun 23 Sutra 332 Vijaya 5115
	Mithuna Rasi: 23.15 Tithi 10 – 11 142218267 Creative Work Siddha Yoga	<b>Gulika</b> 12:00PM – 1:29PM <b>Yama</b> 9:02AM – 10:31AM <b>Rahu</b> 2:57PM – 4:26PM	<b>Punarvasu Until 2:10AM Wed</b> Saubhagya Until 12:58PM Vanija Until 1:46AM Wed <b>Dashami Until 12:40PM</b>
<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM			
<b>3</b>	<b>Wednesday, March 12, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Kathmandu, Nepal Sun 24 Sutra 333 Vijaya 5115
	Kataka Rasi: 5.07 Tithi 11 – 12 142218267 Creative Work Siddha Yoga	<b>Gulika</b> 10:30AM – 11:59AM <b>Yama</b> 7:32AM – 9:01AM <b>Rahu</b> 11:59AM – 1:29PM	<b>Pushya Until 5:06AM Thu</b> Sobhana Until 1:50PM Bava Until 4:13AM Thu <b>Ekadashi Until 3:08PM</b>
<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM			
<b>4</b>	<b>Thursday, March 13, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Alhiganda*/Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Kathmandu, Nepal Sun 25 Sutra 334 Vijaya 5115
	Kataka Rasi: 17.02 Tithi 12 – 13 142218267 Creative Work Siddha Yoga Until 7:58AM Fri Then Routine Work - Marana Yoga	<b>Gulika</b> 9:01AM – 10:30AM <b>Yama</b> 6:02AM – 7:31AM <b>Rahu</b> 1:28PM – 2:58PM	<b>Ashlesha* Until 7:58AM Fri</b> Athiganda* Until 2:37PM Kaulava Until 6:36AM Fri <b>Dvadashi Until 5:31PM</b> <i>Pradosha Vrata</i>
<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM			
<b>5</b>	<b>Friday, March 14, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau	Kathmandu, Nepal Sun 26 Sutra 335 Vijaya 5115
	Kataka Rasi: 29.01 Tithi 13 142218267 Routine Work Marana Yoga	<b>Gulika</b> 7:30AM – 9:00AM <b>Yama</b> 2:58PM – 4:27PM <b>Rahu</b> 10:29AM – 11:59AM	<b>Ashlesha* Until 7:58AM</b> Sukarma Until 3:16PM Kaulava Until 6:37AM <b>Trayodashi Until 7:43PM</b>
<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM			
<b>6</b>	<b>Saturday, March 15, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau	Kathmandu, Nepal Sun 27 Sutra 336 Vijaya 5115
	Simha Rasi: 11.08 Tithi 14 152218268 Creative Work Amrita Yoga Until 10:25AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 6:00AM – 7:29AM <b>Yama</b> 1:28PM – 2:58PM <b>Rahu</b> 8:59AM – 10:29AM	<b>Magha* Until 10:25AM</b> Dhriti Until 3:41PM Gara Until 8:34AM <b>Chaturdashi* Until 9:39PM</b>
<b>Sivaloka Day</b>			
	<b>Sunday, March 16, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Purnimayam Titau	Kathmandu, Nepal Sutra 337 Vijaya 5115
	<b>Copper Retreat Star</b> Simha Rasi: 23.23 Tithi 15 153218268 Creative Work Siddha Yoga Until 12:34PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 2:58PM – 4:28PM <b>Yama</b> 11:58AM – 1:28PM <b>Rahu</b> 4:28PM – 5:58PM	<b>Purvaphalguni Until 12:34PM</b> Shula* Until 3:50PM Visti Until 10:10AM <b>Purnima* Until 11:16PM</b>
<b>Sivaloka Day</b>			
<b>Monday, March 17, 2014</b>	<b>Silver Retreat Star</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Prathamayam Titau	Kathmandu, Nepal Sutra 338 Vijaya 5115
	Kanya Rasi: 5.49 Tithi 16 153218268 Family Home Evening Creative Work Siddha Yoga	<b>Gulika</b> 1:28PM – 2:58PM <b>Yama</b> 10:28AM – 11:58AM <b>Rahu</b> 7:28AM – 8:58AM	<b>Uttaraphalguni Until 1:44PM</b> Ganda* Until 2:58PM Balava Until 10:58AM <b>Prathama* Until 10:58PM</b>
<b>Sivaloka Day</b>			

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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**Tuesday, March 18, 2014**  
**Gold Retreat Star**

Kanya Rasi: 18.26      Tithi 17  
163218268  
Creative Work    Siddha Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau  
**Gulika**    11:58AM – 1:28PM    **Hasta** **Until 3:04PM**  
**Yama**        8:57AM – 10:27AM    Vriddhi **Until 2:30PM**  
**Rahu**        2:58PM – 4:29PM        Taitila **Until 11:43AM**  
**Dvitiya** **Until 11:43PM**

Kathmandu, Nepal  
Sun 1      Sutra 339  
Vijaya 5115  
Moon 3 - Phase 46  
1st Phase  
**Devaloka Day**  
Ganesha: Blue      *Sunrise: 5:56AM*  
Muruqa: Yellow     *Sunset: 5:59PM*  
Nataraja: White  
Moon – Green  
**Phalguna-Panguni**

**1**

**Wednesday, March 19, 2014**

Tula Rasi: 1.14      Tithi 18  
163218268  
Creative Work    Siddha Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Chitra/Svati Nakshatra Dhruva/Vyaghata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika**    10:27AM – 11:57AM    **Chitra** **Until 4:01PM**  
**Yama**        7:26AM – 8:56AM        Dhruva **Until 1:41PM**  
**Rahu**        11:57AM – 1:28PM        Vanija **Until 12:05PM**  
**Tritiya** **Until 12:05AM Thu**

Kathmandu, Nepal  
Sun 2      Sutra 340  
Vijaya 5115  
Moon 3 - Phase 46  
1st Phase  
**Devaloka Day**  
Ganesha: Blue      *Sunrise: 5:55AM*  
Muruqa: Yellow     *Sunset: 6:00PM*  
Nataraja: White  
Moon – Green  
**Phalguna-Panguni**

**2**

**Thursday, March 20, 2014**

Tula Rasi: 14.15      Tithi 19  
163218268  
Creative Work    Amrita Yoga  
Until 4:37PM  
Then Creative Work - Siddha Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati/Vishakha Nakshatra Vyaghata\*/Harshana Yoga Bava/Balava Karana Chaturthyam Titau  
**Gulika**    8:56AM – 10:26AM    **Svati** **Until 4:37PM**  
**Yama**        5:54AM – 7:25AM        Vyaghata\* **Until 12:31PM**  
**Rahu**        1:28PM – 2:59PM        Bava **Until 12:03PM**  
**Chaturthi\*** **Until 12:03AM Fri**

Kathmandu, Nepal  
Sun 3      Sutra 341  
Vijaya 5115  
Moon 3 - Phase 46  
1st Phase  
**Devaloka Day**  
Ganesha: Blue      *Sunrise: 5:54AM*  
Muruqa: Yellow     *Sunset: 6:00PM*  
Nataraja: White  
Moon – Green  
**Phalguna-Panguni**

**3**

**Friday, March 21, 2014**

Tula Rasi: 27.29      Tithi 20  
173218268  
Creative Work    Siddha Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika**    7:24AM – 8:55AM    **Vishakha** **Until 4:48PM**  
**Yama**        2:59PM – 4:30PM        Harshana **Until 11:00AM**  
**Rahu**        10:26AM – 11:57AM    Kaulava **Until 11:34AM**  
**Panchami** **Until 11:34PM**

Kathmandu, Nepal  
Sun 4      Sutra 342  
Vijaya 5115  
Moon 3 - Phase 46  
1st Phase  
**Sivaloka Day**  
Ganesha: Red        *Sunrise: 5:53AM*  
Muruqa: Yellow     *Sunset: 6:01PM*  
Nataraja: White  
Moon – Orange  
**Phalguna-Panguni**

**4**

**Saturday, March 22, 2014**

Vrischika Rasi: 10.56      Tithi 21  
173218268  
Creative Work    Siddha Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika**    5:52AM – 7:23AM    **Anuradha** **Until 3:50PM**  
**Yama**        1:28PM – 2:59PM        Vajra\* **Until 8:54AM**  
**Rahu**        8:54AM – 10:25AM    Gara **Until 10:18AM**  
**Shashthi\*** **Until 9:23PM**

Kathmandu, Nepal  
Sun 5      Sutra 343  
Vijaya 5115  
Moon 3 - Phase 46  
1st Phase  
**Sivaloka Day**  
Ganesha: Red        *Sunrise: 5:52AM*  
Muruqa: Yellow     *Sunset: 6:01PM*  
Nataraja: White  
Moon – Orange  
**Phalguna-Panguni**

**5**

**Sunday, March 23, 2014**

Vrischika Rasi: 24.37      Tithi 22  
173218268  
Routine Work    Marana Yoga  
Until 3:15PM  
Then Creative Work - Amrita Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Visti\*/Bava Karana Saptamyam Titau  
**Gulika**    2:59PM – 4:30PM    **Jyeshtha\*** **Until 3:15PM**  
**Yama**        11:56AM – 1:28PM        Siddhi **Until 6:45AM**  
**Rahu**        4:30PM – 6:02PM        Visti **Until 9:02AM**  
**Saptami** **Until 8:07PM**

Kathmandu, Nepal  
Sun 6      Sutra 344  
Vijaya 5115  
Moon 3 - Phase 46  
1st Phase  
**Sivaloka Day**  
Ganesha: Red        *Sunrise: 5:51AM*  
Muruqa: Yellow     *Sunset: 6:02PM*  
Nataraja: White  
Moon – Orange  
**Phalguna-Panguni**



**Monday, March 24, 2014**  
**Retreat Star**

Dhanus Rasi: 8.31      Tithi 23  
183218268  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 2:15PM  
Then Routine Work - Marana Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Variyan Yoga Balava/Kaulava Karana Ashtamyam Titau  
**Gulika**    1:28PM – 2:59PM    **Mula\*** **Until 2:15PM**  
**Yama**        10:24AM – 11:56AM    Variyan **Until 1:34AM Tue**  
**Rahu**        7:21AM – 8:53AM        Balava **Until 7:20AM**  
**Ashtami\*** **Until 6:25PM**

Kathmandu, Nepal  
Sun 7      Sutra 345  
Vijaya 5115  
Moon 3 - Phase 46  
Ashtami  
**Devaloka Day**  
Ganesha: Green      *Sunrise: 5:50AM*  
Muruqa: Yellow     *Sunset: 6:02PM*  
Nataraja: White  
Moon – Light Blue  
**Phalguna-Panguni**

**Tuesday, March 25, 2014**  
**Retreat Star**

Dhanus Rasi: 22.4      Tithi 24 – 25  
183218268  
Creative Work    Siddha Yoga  
Until 12:51PM  
Then Routine Work - Prabalarishta Yoga

Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau  
**Gulika**    11:56AM – 1:27PM    **Purvashadha\*** **Until 12:51PM**  
**Yama**        8:52AM – 10:24AM    Parigha\* **Until 10:41PM**  
**Rahu**        2:59PM – 4:31PM        Vanija **Until 3:22AM Wed**  
**Navami\*** **Until 4:17PM**

Kathmandu, Nepal  
Sun 8      Sutra 346  
Vijaya 5115  
Moon 3 - Phase 46  
Navami  
**Devaloka Day**  
Ganesha: Green      *Sunrise: 5:49AM*  
Muruqa: Yellow     *Sunset: 6:03PM*  
Nataraja: White  
Moon – Light Blue  
**Phalguna-Panguni**

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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<b>1</b>	<b>Wednesday, March 26, 2014</b>	Vijaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Kathmandu, Nepal
	Makara Rasi: 7.01    Tithi 25 – 26 183218268	<b>Gulika</b> 10:23AM – 11:55AM <b>Yama</b> 7:19AM – 8:51AM <b>Rahu</b> 11:55AM – 1:27PM	<b>Uttarashadha Until 10:46AM</b> Shiva Until 7:29PM Bava Until 11:30PM <b>Dashami Until 1:13PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:48AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:03PM <b>Nataraja:</b> White Moon – Light Blue <b>Phalguna•Panguni</b>	Sun 9    Sutra 347 Vijaya 5115 Moon 3 - Phase 47 2nd Phase
Creative Work    Amrita Yoga Until 10:46AM Then Creative Work - Siddha Yoga		<b>Devaloka Day</b>			

<b>2</b>	<b>Thursday, March 27, 2014</b>	Vijaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Balaval/Kaulava Karana Ekadashi/Dvadashyam Titau			Kathmandu, Nepal
	Makara Rasi: 21.31    Tithi 26 – 27 193218268	<b>Gulika</b> 8:51AM – 10:23AM <b>Yama</b> 5:46AM – 7:19AM <b>Rahu</b> 1:27PM – 2:59PM	<b>Shravana Until 8:54AM</b> Siddha Until 3:24PM Kaulava Until 8:55PM <b>Ekadashi* Until 10:38AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:46AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:04PM <b>Nataraja:</b> White Moon – Purple <b>Phalguna•Panguni</b>	Sun 10    Sutra 348 Vijaya 5115 Moon 3 - Phase 47 2nd Phase
Creative Work    Siddha Yoga		<b>Sivaloka Day</b>			

<b>3</b>	<b>Friday, March 28, 2014</b>	Vijaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau			Kathmandu, Nepal
	Kumbha Rasi: 6.06    Tithi 27 – 28 193218268	<b>Gulika</b> 7:18AM – 8:50AM <b>Yama</b> 2:59PM – 4:32PM <b>Rahu</b> 10:22AM – 11:55AM	<b>Dhanishtha Until 6:54AM</b> Sadhya Until 12:02PM Gara Until 6:11PM <b>Dvadashi* Until 7:54AM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:45AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:04PM <b>Nataraja:</b> White Moon – Purple <b>Phalguna•Panguni</b>	Sun 11    Sutra 349 Vijaya 5115 Moon 3 - Phase 47 2nd Phase
Creative Work    Siddha Yoga		<b>Sivaloka Day</b>			

<b>4</b>	<b>Saturday, March 29, 2014</b>	Vijaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Kathmandu, Nepal
	Kumbha Rasi: 20.4    Tithi 29 113218268	<b>Gulika</b> 5:44AM – 7:17AM <b>Yama</b> 1:27PM – 3:00PM <b>Rahu</b> 8:49AM – 10:22AM	<b>Purvaproshtapada* Until 3:43AM Sun</b> Subha Until 8:53AM Visti Until 4:13PM <b>Chaturdashi* Until 3:18AM Sun</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:44AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:05PM <b>Nataraja:</b> White Moon – Clear <b>Phalguna•Panguni</b>	Sun 12    Sutra 350 Vijaya 5115 Moon 3 - Phase 47 2nd Phase
Routine Work    Marana Yoga Until 3:43AM Sun Then Creative Work - Amrita Yoga		<b>Devaloka Day</b>			

	<b>Sunday, March 30, 2014</b>	Vijaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Kathmandu, Nepal
	<b>Retreat Star</b> Meena Rasi: 5.06    Tithi 30 114218268	<b>Gulika</b> 3:00PM – 4:32PM <b>Yama</b> 11:54AM – 1:27PM <b>Rahu</b> 4:32PM – 6:05PM	<b>Uttaraproshtapada Until 1:50AM Mon</b> Brahma Until 2:53AM Mon Catuspada Until 1:33PM <b>Amavasya* Until 12:38AM Mon</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:43AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:05PM <b>Nataraja:</b> White Moon – Clear <b>Phalguna•Panguni</b>	Sun 13    Sutra 351 Vijaya 5115 Moon 3 - Phase 47 Amavasya
Creative Work    Amrita Yoga Until 1:50AM Mon Then Creative Work - Siddha Yoga		<b>Sivaloka Day</b>			

<b>Monday, March 31, 2014</b>	<b>Retreat Star</b>	Vijaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Indra Yoga Kintughna*/Bava Karana Prathamayam Titau			Kathmandu, Nepal
	Meena Rasi: 19.18    Tithi 1 <b>Family Home Evening</b> 114218268	<b>Gulika</b> 1:27PM – 3:00PM <b>Yama</b> 10:21AM – 11:54AM <b>Rahu</b> 7:15AM – 8:48AM	<b>Revati Until 12:20AM Tue</b> Indra Until 11:54PM Kintughna Until 11:18AM <b>Prathama* Until 10:23PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:42AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:06PM <b>Nataraja:</b> White Moon – Clear <b>Chaitra•Panguni</b>	Sun 14    Sutra 352 Vijaya 5115 Moon 3 - Phase 47 Prathama
Creative Work    Siddha Yoga		<b>Sivaloka Day</b>			

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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<b>1</b>	<b>Tuesday, April 1, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Kathmandu, Nepal Sun 15 Sutra 353 Vijaya 5115
	Mesha Rasi: 3.11 Tithi 2 124218268 Creative Work Siddha Yoga	<b>Gulika</b> 11:54AM – 1:27PM <b>Yama</b> 8:48AM – 10:21AM <b>Rahu</b> 3:00PM – 4:33PM <b>Chellappaswami Mahasamadhi</b>	<b>Ashvini Until 11:23PM</b> Vaidhriti* Until 9:26PM Balava Until 9:38AM <b>Dvitiya Until 8:43PM</b>
		<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:42AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:06PM <b>Nataraja:</b> White Moon – White <b>Chaitra-Panguni</b>	<b>Sivaloka Day</b>
<b>2</b>	<b>Wednesday, April 2, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Vishkambha* Yoga Tailita/Gara Karana Trityayam Titau	Kathmandu, Nepal Sun 16 Sutra 354 Vijaya 5115
	Mesha Rasi: 16.43 Tithi 3 124218268 Creative Work Siddha Yoga Until 12:22AM Thu Then Routine Work - Marana Yoga	<b>Gulika</b> 10:20AM – 11:54AM <b>Yama</b> 7:14AM – 8:47AM <b>Rahu</b> 11:54AM – 1:27PM	<b>Bharani Until 12:22AM Thu</b> Vishkambha* Until 8:31PM Tailita Until 8:51AM <b>Tritya Until 8:51PM</b>
		<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:41AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:06PM <b>Nataraja:</b> White Moon – White <b>Chaitra-Panguni</b>	<b>Sivaloka Day</b>
<b>3</b>	<b>Thursday, April 3, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Priti Yoga Vanija/Visti* Karana Chaturthayam Titau	Kathmandu, Nepal Sun 17 Sutra 355 Vijaya 5115
	Mesha Rasi: 29.52 Tithi 4 124218268 Routine Work Marana Yoga	<b>Gulika</b> 8:46AM – 10:20AM <b>Yama</b> 5:40AM – 7:13AM <b>Rahu</b> 1:27PM – 3:00PM	<b>Krittika Until 12:43AM Fri</b> Priti Until 7:08PM Vanija Until 8:32AM <b>Chaturthi* Until 8:32PM</b>
		<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:40AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:07PM <b>Nataraja:</b> White Moon – White <b>Chaitra-Panguni</b>	<b>Sivaloka Day</b>
<b>4</b>	<b>Friday, April 4, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Ayushman Yoga Bava/Balava Karana Panchamyam Titau	Kathmandu, Nepal Sun 18 Sutra 356 Vijaya 5115
	Shrabha Rasi: 12.39 Tithi 5 134318268 Routine Work Marana Yoga Until 3:22AM Sat Then Creative Work - Siddha Yoga	<b>Gulika</b> 7:12AM – 8:46AM <b>Yama</b> 3:00PM – 4:34PM <b>Rahu</b> 10:19AM – 11:53AM	<b>Rohini Until 3:22AM Sat</b> Ayushman Until 7:21PM Bava Until 9:12AM <b>Panchami Until 10:18PM</b>
		<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:39AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:07PM <b>Nataraja:</b> White Moon – Yellow <b>Chaitra-Panguni</b>	<b>Sivaloka Day</b>
<b>5</b>	<b>Saturday, April 5, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Saubhagya Yoga Kaulava/Tailita Karana Shashthiyam Titau	Kathmandu, Nepal Sun 19 Sutra 357 Vijaya 5115
	Shrabha Rasi: 25.07 Tithi 6 134318268 Creative Work Siddha Yoga	<b>Gulika</b> 5:37AM – 7:11AM <b>Yama</b> 1:26PM – 3:00PM <b>Rahu</b> 8:45AM – 10:19AM	<b>Mrigashira Until 5:06AM Sun</b> Saubhagya Until 7:07PM Kaulava Until 10:20AM <b>Shashthi* Until 11:26PM</b>
		<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:37AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:08PM <b>Nataraja:</b> White Moon – Yellow <b>Chaitra-Panguni</b>	<b>Sivaloka Day</b>
<b>6</b>	<b>Sunday, April 6, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Gara/Vanija Karana Saptamyam Titau	Kathmandu, Nepal Sun 20 Sutra 358 Vijaya 5115
	Mithuna Rasi: 7.2 Tithi 7 134318268 Creative Work Siddha Yoga Until 7:15AM Mon Then Creative Work - Amrita Yoga	<b>Gulika</b> 3:00PM – 4:34PM <b>Yama</b> 11:52AM – 1:26PM <b>Rahu</b> 4:34PM – 6:08PM	<b>Ardra Until 7:15AM Mon</b> Sobhana Until 7:22PM Gara Until 12:01PM <b>Saptami Until 1:06AM Mon</b>
		<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:36AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:08PM <b>Nataraja:</b> White Moon – Yellow <b>Chaitra-Panguni</b>	<b>Sivaloka Day</b>
<b>Retreat Star</b>	<b>Monday, April 7, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Kathmandu, Nepal Sun 21 Sutra 359 Vijaya 5115
	Mithuna Rasi: 19.22 Tithi 8 <b>Family Home Evening</b> 134318268 Creative Work Siddha Yoga Until 7:15AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:26PM – 3:00PM <b>Yama</b> 10:18AM – 11:52AM <b>Rahu</b> 7:09AM – 8:44AM	<b>Ardra Until 7:15AM</b> Athiganda* Until 7:57PM Visti Until 2:04PM <b>Ashtami* Until 3:10AM Tue</b>
		<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:35AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:09PM <b>Nataraja:</b> White Moon – Yellow <b>Chaitra-Panguni</b>	<b>Sivaloka Day</b>
<b>Retreat Star</b>	<b>Tuesday, April 8, 2014</b>	Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Balava/Kaulava Karana Navamyam Titau	Kathmandu, Nepal Sun 22 Sutra 360 Vijaya 5115
	Kataka Rasi: 1.19 Tithi 9 144318268 Creative Work Siddha Yoga	<b>Gulika</b> 11:52AM – 1:26PM <b>Yama</b> 8:43AM – 10:17AM <b>Rahu</b> 3:01PM – 4:35PM <b>Sri Rama Navami</b>	<b>Punarvasu Until 10:03AM</b> Sukarma Until 8:43PM Balava Until 4:22PM <b>Navami* Until 5:27AM Wed</b>
		<b>Ganesha:</b> White <i>Sunrise:</i> 5:34AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:09PM <b>Nataraja:</b> White Moon – Blue <b>Chaitra-Panguni</b>	<b>Devaloka Day</b>

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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<b>1</b>	<b>Wednesday, April 9, 2014</b>		Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Tailila Karana Dashamyam Titau				Kathmandu, Nepal
	Kataka Rasi: 13.12	Tithi 10	<b>Gulika</b> 10:17AM – 11:51AM	<b>Pushya</b> Until 12:56PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:33AM	Sun 23 Sutra 361 Vijaya 5115
		144318268	<b>Yama</b> 7:08AM – 8:42AM	<b>Dhriti</b> Until 9:33PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:10PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	<b>Rahu</b> 11:51AM – 1:26PM	<b>Taitila</b> Until 6:44PM	<b>Nataraja:</b> White		4th Phase
		<b>Yogaswami Mahasamadhi</b>	<b>Dashami</b> Until 7:57AM Thu	<b>Chaitra-Panguni</b>		<b>Devaloka Day</b>	

<b>2</b>	<b>Thursday, April 10, 2014</b>		Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kathmandu, Nepal
	Kataka Rasi: 25.08	Tithi 10 – 11	<b>Gulika</b> 8:42AM – 10:16AM	<b>Ashlesha*</b> Until 3:44PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:32AM	Sun 24 Sutra 362 Vijaya 5115
		144318268	<b>Yama</b> 5:32AM – 7:07AM	<b>Shula*</b> Until 10:20PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:10PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	<b>Rahu</b> 1:26PM – 3:01PM	<b>Vanija</b> Until 9:02PM	<b>Nataraja:</b> White		4th Phase
			<b>Dashami</b> Until 7:57AM	<b>Chaitra-Panguni</b>		<b>Devaloka Day</b>	

<b>3</b>	<b>Friday, April 11, 2014</b>		Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kathmandu, Nepal
	Simha Rasi: 7.1	Tithi 11 – 12	<b>Gulika</b> 7:06AM – 8:41AM	<b>Magha*</b> Until 6:21PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:31AM	Sun 25 Sutra 363 Vijaya 5115
		155318268	<b>Yama</b> 3:01PM – 4:36PM	<b>Ganda*</b> Until 10:56PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:11PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	<b>Rahu</b> 10:16AM – 11:51AM	<b>Bava</b> Until 11:07PM	<b>Nataraja:</b> White		4th Phase
			<b>Ekadashi</b> Until 10:02AM	<b>Chaitra-Panguni</b>		<b>Subha Sivaloka Day</b>	

<b>4</b>	<b>Saturday, April 12, 2014</b>		Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal
	Simha Rasi: 19.2	Tithi 12 – 13	<b>Gulika</b> 5:30AM – 7:05AM	<b>Purvaphalguni</b> Until 8:40PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:30AM	Sun 26 Sutra 364 Vijaya 5115
		155318268	<b>Yama</b> 1:26PM – 3:01PM	<b>Vriddhi</b> Until 11:15PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:11PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	<b>Rahu</b> 8:40AM – 10:15AM	<b>Kaulava</b> Until 12:52AM Sun	<b>Nataraja:</b> White		4th Phase
			<b>Dvadashi</b> Until 11:47AM	<b>Chaitra-Panguni</b>		<b>Subha Sivaloka Day</b>	
			<i>Pradosha Vrata</i>				

<b>5</b>	<b>Sunday, April 13, 2014</b>		Vijaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal
	Kanya Rasi: 1.43	Tithi 13 – 14	<b>Gulika</b> 3:01PM – 4:37PM	<b>Uttaraphalguni</b> Until 9:17PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:29AM	Sun 27 Sutra 365 Vijaya 5115
		155318268	<b>Yama</b> 11:50AM – 1:26PM	<b>Dhruva</b> Until 9:58PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:12PM	Moon 3 - Phase 49
	Creative Work	Amrita Yoga	<b>Rahu</b> 4:37PM – 6:12PM	<b>Gara</b> Until 12:29AM Mon	<b>Nataraja:</b> White		4th Phase
			<b>Trayodashi</b> Until 12:29PM	<b>Chaitra-Panguni</b>		<b>Subha Sivaloka Day</b>	

	<b>Monday, April 14, 2014</b>		Jaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kathmandu, Nepal
	<b>Copper Retreat Star</b>		<b>Gulika</b> 1:26PM – 3:01PM	<b>Hasta</b> Until 10:35PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:28AM	Sutra 1 Jaya 5116
	Kanya Rasi: 14.21	Tithi 14 – 15	<b>Yama</b> 10:15AM – 11:50AM	<b>Vyaghata*</b> Until 9:29PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:12PM	Moon 3 - Phase 49
	<b>Family Home Evening</b>	165318268	<b>Rahu</b> 7:03AM – 8:39AM	<b>Visti</b> Until 1:11AM Tue	<b>Nataraja:</b> White		Purnima
			<b>Chaturdashi*</b> Until 1:11PM	<b>Chaitra-Chaitra</b>		<b>Sivaloka Day</b>	
		<b>Tamil New Year</b>	<b>Hanuman Jayanti</b>				

	<b>Tuesday, April 15, 2014</b>		Jaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kathmandu, Nepal
	<b>Silver Retreat Star</b>		<b>Gulika</b> 11:50AM – 1:26PM	<b>Chitra</b> Until 11:22PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:27AM	Sutra 2 Jaya 5116
	Kanya Rasi: 27.16	Tithi 15 – 16	<b>Yama</b> 8:38AM – 10:14AM	<b>Harshana</b> Until 8:32PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:13PM	Moon 3 - Phase 49
		265318268	<b>Rahu</b> 3:01PM – 4:37PM	<b>Balava</b> Until 1:20AM Wed	<b>Nataraja:</b> White		Prathama
		<b>Total Lunar Eclipse</b>	<b>Purnima*</b> Until 1:20PM	<b>Chaitra-Chaitra</b>		<b>Subha Sivaloka Day</b>	

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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