



Tuesday, April 19, 2011
Gold Retreat Star

Tula Rasi: 20.1 Tithi 17
272456158
Routine Work Marana Yoga
Until 8.01PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Visakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiya Yam Titau

Gulika 12:06PM – 1:49PM **Visakha Until 3:05AM Wed**
Yama 8:40AM – 10:23AM Siddhi Until 6:34PM
Rahu 3:31PM – 5:14PM Gara Until 10:31AM
Dvitiya Until 8:49PM

Ganesha: Yellow *Sunrise:* 5:15AM
Muruqa: Yellow *Sunset:* 6:57PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra

Trieste, Italy
Sutra 7
Khara 5113
Moon 4 - Phase 1
1st Phase

Devaloka Day



Wednesday, April 20, 2011

Wrischika Rasi: 4.51 Tithi 18
272456158
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Visti* Karana Tritiya Yam Titau

Gulika 10:22AM – 12:06PM **Anuradha Until 2:15AM Thu**
Yama 6:56AM – 8:39AM Vyatipata* Until 3:40PM
Rahu 12:06PM – 1:49PM Vanija Until 7:42AM
Tritiya Until 6:47PM

Ganesha: Yellow *Sunrise:* 5:13AM
Muruqa: Yellow *Sunset:* 6:58PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra

Trieste, Italy
Sutra 8
Khara 5113
Moon 4 - Phase 1
1st Phase

Devaloka Day



Thursday, April 21, 2011

Wrischika Rasi: 19.08 Tithi 19 – 20
272456158
Creative Work Siddha Yoga
Until 8.01PM then Prabalarishta Yoga
Until 12:38AM Fri then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 8:38AM – 10:22AM **Jyeshtha* Until 12:38AM Fri**
Yama 5:11AM – 6:55AM Variyan Until 12:36PM
Rahu 1:49PM – 3:32PM Kaulava Until 3:27AM Fri
Chaturthi* Until 4:23PM

Ganesha: Yellow *Sunrise:* 5:11AM
Muruqa: Yellow *Sunset:* 6:59PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra

Trieste, Italy
Sutra 9
Khara 5113
Moon 4 - Phase 1
1st Phase

Devaloka Day



Friday, April 22, 2011

Dhanus Rasi: 2.56 Tithi 20 – 21
282456158
No Yoga
Until 8.01PM then Siddha Yoga
Until 1:12AM Sat then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 6:54AM – 8:37AM **Mula* Until 1:12AM Sat**
Yama 3:33PM – 5:17PM Parigha* Until 10:36AM
Rahu 10:21AM – 12:05PM Gara Until 3:35AM Sat
Panchami Until 3:35PM

Ganesha: Blue *Sunrise:* 5:10AM
Muruqa: Yellow *Sunset:* 7:01PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra

Trieste, Italy
Sutra 10
Khara 5113
Moon 4 - Phase 1
1st Phase

Sivaloka Day



Saturday, April 23, 2011

Dhanus Rasi: 16.16 Tithi 21 – 22
282466158
Routine Work Marana Yoga
Until 8.01PM then Siddha Yoga
Until 1:13AM Sun then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Gulika 5:08AM – 6:52AM **Purvashadha* Until 1:13AM Sun**
Yama 1:49PM – 3:33PM Shiva Until 8:56AM
Rahu 8:36AM – 10:21AM Visti Until 2:53AM Sun
Shasthi* Until 2:53PM

Ganesha: Blue *Sunrise:* 5:08AM
Muruqa: Red *Sunset:* 7:02PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra

Trieste, Italy
Sutra 11
Khara 5113
Moon 4 - Phase 1
1st Phase

Sivaloka Day



Sunday, April 24, 2011

Dhanus Rasi: 29.09 Tithi 22 – 23
282466158
Creative Work Amrita Yoga
Until 8.00PM then Marana Yoga
Until 2:02AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 3:34PM – 5:19PM **Uttarashadha Until 2:02AM Mon**
Yama 12:05PM – 1:49PM Siddha Until 8:01AM
Rahu 5:19PM – 7:03PM Balava Until 3:03AM Mon
Saptami Until 3:03PM

Ganesha: Blue *Sunrise:* 5:06AM
Muruqa: Red *Sunset:* 7:03PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra

Trieste, Italy
Sutra 12
Khara 5113
Moon 4 - Phase 1
1st Phase

Sivaloka Day



Monday, April 25, 2011
Retreat Star

Makara Rasi: 11.4 Tithi 23 – 24
293466159
Family Home Evening
Creative Work Amrita Yoga
Until 8.00PM then Siddha Yoga
Until 5:19AM Tue then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Sravana Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Gulika 1:50PM – 3:35PM **Sravana Until 5:19AM Tue**
Yama 10:20AM – 12:05PM Sadhya Until 7:52AM
Rahu 6:50AM – 8:35AM Taitila Until 5:57AM Tue
Ashtami* Until 4:51PM

Ganesha: Green *Sunrise:* 5:05AM
Muruqa: Red *Sunset:* 7:04PM
Nataraja: Purple
Moon – Purple
Chaitra-Chaitra

Trieste, Italy
Sutra 13
Khara 5113
Moon 4 - Phase 1
Ashtami

Devaloka Day

Tuesday, April 26, 2011
Retreat Star

Makara Rasi: 23.55 Tithi 24
293466159
Routine Work Marana Yoga
Until 8.00PM then Prabalarishta Yoga
Until 7:24AM Wed then Siddha Yoga


Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Subha/Sukla Yoga Gara Karana Navami* Yam Titau

Gulika 12:04PM – 1:50PM **Dhanishtha Until 7:24AM Wed**
Yama 8:34AM – 10:19AM Subha Until 8:05AM
Rahu 3:35PM – 5:20PM Gara Until 7:32AM Wed
Navami* Until 6:27PM

Ganesha: Green *Sunrise:* 5:03AM
Muruqa: Red *Sunset:* 7:06PM
Nataraja: Purple
Moon – Purple
Chaitra-Chaitra

Trieste, Italy
Sutra 14
Khara 5113
Moon 4 - Phase 1
Navami

Devaloka Day

1	Wednesday, April 27, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dasami Yam Titau				Trieste, Italy
	Kumbha Rasi: 5.58	Tithi 25	Gulika 10:19AM – 12:04PM	Dhanishtha Until 7:24AM	Ganesha: Red	<i>Sunrise:</i> 5:01AM	Sutra 15 Khara 5113
		293566159	Yama 6:47AM – 8:33AM	Sukla Until 8:39AM	Muruqa: Red	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 2
			Rahu 12:04PM – 1:50PM	Vanija Until 7:22AM	Nataraja: Purple		2nd Phase
	Routine Work Prabalarishta Yoga			Dasami Until 8:28PM	Chaitra-Chaitra		Sivaloka Day
	Until 7:24AM then Siddha Yoga						
	Until 8:00PM then Marana Yoga						
2	Thursday, April 28, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadasi* Yam Titau				Trieste, Italy
	Kumbha Rasi: 17.54	Tithi 26	Gulika 8:32AM – 10:18AM	Satabhisha Until 10:12AM	Ganesha: Red	<i>Sunrise:</i> 5:00AM	Sutra 16 Khara 5113
		293566159	Yama 5:00AM – 6:46AM	Brahma Until 9:27AM	Muruqa: Red	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 2
			Rahu 1:50PM – 3:36PM	Bava Until 9:39AM	Nataraja: Purple		2nd Phase
	Routine Work Marana Yoga			Ekadasi* Until 10:44PM	Chaitra-Chaitra		Sivaloka Day
	Until 10:12AM then Siddha Yoga						
3	Friday, April 29, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau				Trieste, Italy
	Kumbha Rasi: 29.46	Tithi 27	Gulika 6:45AM – 8:31AM	Purvaprostapada* Until 1:08PM	Ganesha: Clear	<i>Sunrise:</i> 4:58AM	Sutra 17 Khara 5113
		213566159	Yama 3:37PM – 5:23PM	Indra Until 10:21AM	Muruqa: Red	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 2
			Rahu 10:18AM – 12:04PM	Kaulava Until 12:03PM	Nataraja: Purple		2nd Phase
	Creative Work Siddha Yoga			Dvdadasi* Until 1:08AM Sat	Chaitra-Chaitra		Sivaloka Day
	Until 7:59PM then Amrita Yoga						
4	Saturday, April 30, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manu Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Trieste, Italy
	Meena Rasi: 11.38	Tithi 28	Gulika 4:57AM – 6:44AM	Uttaraprostapada Until 4:04PM	Ganesha: Clear	<i>Sunrise:</i> 4:57AM	Sutra 18 Khara 5113
		213566159	Yama 1:51PM – 3:37PM	Vaidhriti* Until 11:16AM	Muruqa: Red	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 2
			Rahu 8:30AM – 10:17AM	Gara Until 2:28PM	Nataraja: Purple		2nd Phase
	Creative Work Siddha Yoga			Trayodasi* Until 3:33AM Sun	Chaitra-Chaitra		Sivaloka Day
	Until 4:04PM then Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			
	Until 7:59PM then Amrita Yoga						
5	Sunday, May 1, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau				Trieste, Italy
	Meena Rasi: 23.32	Tithi 29	Gulika 3:38PM – 5:25PM	Revati Until 6:56PM	Ganesha: Clear	<i>Sunrise:</i> 4:55AM	Sutra 19 Khara 5113
		213566159	Yama 12:04PM – 1:51PM	Vishkambha* Until 12:07PM	Muruqa: Red	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 2
			Rahu 5:25PM – 7:12PM	Visti Until 4:48PM	Nataraja: Purple		2nd Phase
	Creative Work Amrita Yoga			Chaturdasi* Until 5:53AM Mon	Chaitra-Chaitra		Sivaloka Day
	Until 6:56PM then Siddha Yoga						
	Monday, May 2, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini Nakshatra Priti/Ayushman Yoga Catuspada* Karana Amavasya* Yam Titau				Trieste, Italy
	Retreat Star		Gulika 1:51PM – 3:38PM	Asvini Until 9:40PM	Ganesha: Orange	<i>Sunrise:</i> 4:54AM	Sutra 20 Khara 5113
Mesha Rasi: 5.3	Tithi 30		Yama 10:16AM – 12:04PM	Priti Until 12:51PM	Muruqa: Red	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 2
Family Home Evening		223566159	Rahu 6:41AM – 8:29AM	Catuspada Until 6:59PM	Nataraja: Purple		Amavasya
Creative Work Siddha Yoga				Amavasya* Until 7:52AM Tue	Chaitra-Chaitra		Sivaloka Day
Until 7:59PM then Marana Yoga							
Until 12:12AM Wed then Amrita Yoga							
	Tuesday, May 3, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Trieste, Italy
	Retreat Star		Gulika 12:03PM – 1:51PM	Bharani Until 12:12AM Wed	Ganesha: Orange	<i>Sunrise:</i> 4:52AM	Sutra 21 Khara 5113
Mesha Rasi: 17.34	Tithi 30 – 1		Yama 8:28AM – 10:16AM	Ayushman Until 1:24PM	Muruqa: Red	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 2
		223566159	Rahu 3:39PM – 5:27PM	Kintughna Until 8:58PM	Nataraja: Purple		Prathama
Creative Work Siddha Yoga				Amavasya* Until 7:52AM	Vaisaka-Chaitra		Sivaloka Day
Until 7:59PM then Marana Yoga							
Until 12:12AM Wed then Amrita Yoga							

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

1	Wednesday, May 4, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Trieste, Italy
	Mesha Rasi: 29.45 Tithi 1 – 2	223566159	Gulika 10:15AM – 12:03PM Yama 6:39AM – 8:27AM Rahu 12:03PM – 1:51PM	Krittika Until 2:30AM Thu Saubhagya Until 1:44PM Balava Until 10:41PM Prathama* Until 9:35AM	Ganesha: Orange <i>Sunrise:</i> 4:51AM Muruqa: Red <i>Sunset:</i> 7:16PM Nataraja: Purple Moon – White Vaisaka-Chaitra
	Creative Work Amrita Yoga Until 7.59PM then Marana Yoga				Sivaloka Day


2	Thursday, May 5, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Trieste, Italy
	Mrishabha Rasi: 12.05 Tithi 2 – 3	233566159	Gulika 8:26AM – 10:15AM Yama 4:49AM – 6:38AM Rahu 1:52PM – 3:40PM	Rohini Until 2:47AM Fri Sobhana Until 1:48PM Taitila Until 10:34PM Dvitiya Until 10:34AM	Ganesha: Clear <i>Sunrise:</i> 4:49AM Muruqa: Red <i>Sunset:</i> 7:17PM Nataraja: Purple Moon – Yellow Vaisaka-Chaitra
	Routine Work Marana Yoga Until 2:47AM Fri then Siddha Yoga				Sivaloka Day

3	Friday, May 6, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau		Trieste, Italy
	Mrishabha Rasi: 24.35 Tithi 3 – 4	233566159	Gulika 6:37AM – 8:26AM Yama 3:41PM – 5:30PM Rahu 10:14AM – 12:03PM	Mrigasira Until 4:19AM Sat Athiganda* Until 1:01PM Vanija Until 11:30PM Tritiya Until 11:30AM	Ganesha: Clear <i>Sunrise:</i> 4:48AM Muruqa: Red <i>Sunset:</i> 7:18PM Nataraja: Purple Moon – Yellow Vaisaka-Chaitra
	Creative Work Siddha Yoga				Sivaloka Day

4	Saturday, May 7, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Trieste, Italy
	Mithuna Rasi: 7.17 Tithi 4 – 5	233566159	Gulika 4:47AM – 6:36AM Yama 1:52PM – 3:41PM Rahu 8:25AM – 10:14AM	Ardra Until 5:29AM Sun Sukarma Until 12:26PM Bava Until 12:03AM Sun Chaturthi* Until 12:03PM	Ganesha: Clear <i>Sunrise:</i> 4:47AM Muruqa: Red <i>Sunset:</i> 7:20PM Nataraja: Purple Moon – Yellow Vaisaka-Chaitra
	Creative Work Siddha Yoga				Sivaloka Day

5	Sunday, May 8, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Trieste, Italy
	Mithuna Rasi: 20.13 Tithi 5 – 6	243566159	Gulika 3:42PM – 5:31PM Yama 12:03PM – 1:52PM Rahu 5:31PM – 7:21PM	Punarvasu Until 6:14AM Mon Dhriti Until 11:28AM Kaulava Until 12:07AM Mon Panchami Until 12:07PM	Ganesha: Purple <i>Sunrise:</i> 4:45AM Muruqa: Red <i>Sunset:</i> 7:21PM Nataraja: Purple Moon – Blue Vaisaka-Chaitra
	Creative Work Siddha Yoga Until 7.59PM then Amrita Yoga Until 6:14AM Mon then Siddha Yoga		Mother's Day		Subha Sivaloka Day

6	Monday, May 9, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau		Trieste, Italy
	Kataka Rasi: 3.25 Tithi 6 – 7	244566159	Gulika 1:53PM – 3:42PM Yama 10:13AM – 12:03PM Rahu 6:34AM – 8:23AM	Pushya Until 6:29AM Tue Shula* Until 10:02AM Gara Until 10:18PM Shasthi* Until 11:13AM	Ganesha: Clear <i>Sunrise:</i> 4:44AM Muruqa: Red <i>Sunset:</i> 7:22PM Nataraja: Purple Moon – Blue Vaisaka-Chaitra
	Family Home Evening Creative Work Siddha Yoga				Sivaloka Day

	Tuesday, May 10, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Ganda*/Vridhithi Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Trieste, Italy
	Retreat Star		Gulika 12:03PM – 1:53PM Yama 8:23AM – 10:13AM Rahu 3:43PM – 5:33PM	Aslesha* Until 4:27AM Wed Ganda* Until 7:58AM Visti Until 9:19PM Saptami Until 10:14AM	Ganesha: Clear <i>Sunrise:</i> 4:43AM Muruqa: Red <i>Sunset:</i> 7:23PM Nataraja: Purple Moon – Blue Vaisaka-Chaitra
	Kataka Rasi: 16.55 Tithi 7 – 8	244566159			Sivaloka Day
	Creative Work Siddha Yoga				

Retreat Star	Wednesday, May 11, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Trieste, Italy
	Simha Rasi: 0.44 Tithi 8 – 9	254566159	Gulika 10:12AM – 12:03PM Yama 6:32AM – 8:22AM Rahu 12:03PM – 1:53PM	Magha* Until 3:37AM Thu Dhruva Until 2:58AM Thu Balava Until 7:44PM Ashtami* Until 8:40AM	Ganesha: White <i>Sunrise:</i> 4:41AM Muruqa: Red <i>Sunset:</i> 7:24PM Nataraja: Purple Moon – Red Vaisaka-Chaitra
	Creative Work Siddha Yoga Until 7.58PM then Amrita Yoga Until 3:37AM Thu then no yoga				Devaloka Day

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda, SataBR 1.7.2.1. VE, 393

1	Thursday, May 12, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni* Nakshatra Vyaghata* Yoga Kaulava/Gara Karana Navami*/Dasami Yam Titau				Trieste, Italy
	Simha Rasi: 14.52 Tithi 9 – 10 No Yoga Until 7.58PM then Siddha Yoga	254566159	Gulika 8:21AM – 10:12AM Yama 4:40AM – 6:31AM Rahu 1:54PM – 3:44PM	Purvaphalguni* Until 2:13AM Fri Vyaghata* Until 12:07AM Fri Gara Until 4:38AM Fri Navami* Until 6:29AM	Ganesha: White <i>Sunrise:</i> 4:40AM Muruqa: Red <i>Sunset:</i> 7:26PM Nataraja: Purple Moon – Red Vaisaka-Chaitra	Sutra 30 Khara 5113 Moon 4 - Phase 4 4th Phase Devaloka Day

2	Friday, May 13, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Vanija/Visli* Karana Ekadasi Yam Titau				Trieste, Italy
	Simha Rasi: 29.19 Tithi 11 Creative Work Siddha Yoga Until 7.58PM then Marana Yoga	254566159	Gulika 6:30AM – 8:21AM Yama 3:45PM – 5:36PM Rahu 10:12AM – 12:03PM	Uttaraphalguni Until 11:05PM Harshana Until 7:52PM Vanija Until 2:12PM Ekadasi Until 12:29AM Sat	Ganesha: White <i>Sunrise:</i> 4:39AM Muruqa: Red <i>Sunset:</i> 7:27PM Nataraja: Purple Moon – Red Vaisaka-Chaitra	Sutra 31 Khara 5113 Moon 4 - Phase 4 4th Phase Devaloka Day

3	Saturday, May 14, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadasi Yam Titau				Trieste, Italy
	Kanya Rasi: 14.01 Tithi 12 Routine Work Marana Yoga Until 7.58PM then Amrita Yoga Until 8:55PM then Siddha Yoga	264566159	Gulika 4:38AM – 6:29AM Yama 1:54PM – 3:45PM Rahu 8:20AM – 10:11AM	Hasta Until 8:55PM Vajra* Until 4:23PM Bava Until 11:15AM Dvadasi Until 9:32PM	Ganesha: Yellow <i>Sunrise:</i> 4:38AM Muruqa: Red <i>Sunset:</i> 7:28PM Nataraja: Purple Moon – Green Vaisaka-Chaitra	Sutra 32 Khara 5113 Moon 4 - Phase 4 4th Phase Sivaloka Day

4	Sunday, May 15, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Trieste, Italy
	Kanya Rasi: 28.5 Tithi 13 Creative Work Siddha Yoga Until 7.58PM then Amrita Yoga	264566159	Gulika 3:46PM – 5:38PM Yama 12:03PM – 1:54PM Rahu 5:38PM – 7:29PM	Chitra Until 6:31PM Siddhi Until 12:42PM Kaulava Until 8:02AM Trayodasi Until 6:20PM <i>Pradosha Vrata</i>	Ganesha: Yellow <i>Sunrise:</i> 4:36AM Muruqa: Red <i>Sunset:</i> 7:29PM Nataraja: Purple Moon – Green Vaisaka-Vaikasi	Sutra 33 Khara 5113 Moon 4 - Phase 4 4th Phase Sivaloka Day

5	Monday, May 16, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Visakha Nakshatra Vyalipata*Varjyan Yoga Vanija/Visli* Karana Chaturdasi*/Purnima* Yam Titau				Trieste, Italy
	Tula Rasi: 13.42 Tithi 14 – 15 Family Home Evening Creative Work Amrita Yoga Until 4:05PM then Marana Yoga	264566159	Gulika 1:55PM – 3:47PM Yama 10:11AM – 12:03PM Rahu 6:27AM – 8:19AM	Svati Until 4:05PM Vyatipata* Until 8:57AM Visli Until 1:22AM Tue Chaturdasi* Until 3:04PM	Ganesha: Yellow <i>Sunrise:</i> 4:35AM Muruqa: Red <i>Sunset:</i> 7:30PM Nataraja: Purple Moon – Green Vaisaka-Vaikasi	Sutra 34 Khara 5113 Moon 4 - Phase 4 4th Phase Sivaloka Day

○	Tuesday, May 17, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Visakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Trieste, Italy
	Copper Retreat Star Tula Rasi: 28.28 Tithi 15 – 16 Routine Work Marana Yoga Until 1:48PM then Siddha Yoga	274566159	Gulika 12:03PM – 1:55PM Yama 8:18AM – 10:11AM Rahu 3:47PM – 5:39PM	Visakha Until 1:48PM Parigha* Until 2:40AM Wed Balava Until 10:17PM Purnima* Until 12:00PM	Ganesha: Blue <i>Sunrise:</i> 4:34AM Muruqa: Red <i>Sunset:</i> 7:31PM Nataraja: Purple Moon – Orange Vaisaka-Vaikasi	Sutra 35 Khara 5113 Moon 4 - Phase 4 Purnima Devaloka Day

○	Wednesday, May 18, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau				Trieste, Italy
	Silver Retreat Star Vrischika Rasi: 12.59 Tithi 16 – 17 Creative Work Siddha Yoga	274566159	Gulika 10:10AM – 12:03PM Yama 6:26AM – 8:18AM Rahu 12:03PM – 1:55PM	Anuradha Until 12:19PM Shiva Until 11:13PM Taitila Until 8:40PM Prathama* Until 9:35AM	Ganesha: Blue <i>Sunrise:</i> 4:33AM Muruqa: Red <i>Sunset:</i> 7:33PM Nataraja: Purple Moon – Orange Vaisaka-Vaikasi	Sutra 36 Khara 5113 Moon 4 - Phase 4 Prathama Devaloka Day



Thursday, May 19, 2011
Gold Retreat Star

Vrischika Rasi: 27.1 Titthi 17 – 18
274566159
Creative Work Siddha Yoga
Until 7.58PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 8:17AM – 10:10AM **Jyeshtha* Until 10:51AM**
Yama 4:32AM – 6:25AM Siddha Until 8:19PM
Rahu 1:56PM – 3:48PM Vanija Until 6:24PM
Dvitiya Until 7:20AM

Ganesha: Blue *Sunrise:* 4:32AM
Muruqa: Red *Sunset:* 7:34PM
Nataraja: Purple
Moon – Orange
Vaisaka-Vaikasi

Trieste, Italy
Sun 1 **Sutra 37**
Khara 5113
Moon 5 - Phase 5
1st Phase

Devaloka Day

1

Friday, May 20, 2011

Dhanus Rasi: 10.57 Titthi 19
284566159
No Yoga
Until 10:24AM then Siddha Yoga
Until 7.59PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 6:24AM – 8:17AM **Mula* Until 10:24AM**
Yama 3:49PM – 5:42PM Sadhya Until 6:55PM
Rahu 10:10AM – 12:03PM Bava Until 5:47PM
Chaturthi* Until 5:47AM Sat

Ganesha: Red *Sunrise:* 4:31AM
Muruqa: Red *Sunset:* 7:35PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Trieste, Italy
Sun 2 **Sutra 38**
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

2

Saturday, May 21, 2011

Dhanus Rasi: 24.19 Titthi 20
285566159
Routine Work Marana Yoga
Until 10:20AM then no yoga
Until 7.59PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 4:30AM – 6:23AM **Purvashadha* Until 10:20AM**
Yama 1:56PM – 3:49PM Subha Until 5:13PM
Rahu 8:16AM – 10:10AM Kaulava Until 4:59PM
Panchami Until 4:59AM Sun

Ganesha: Yellow *Sunrise:* 4:30AM
Muruqa: Red *Sunset:* 7:36PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Trieste, Italy
Sun 3 **Sutra 39**
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

3

Sunday, May 22, 2011

Makara Rasi: 7.16 Titthi 21
285666159
Creative Work Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha*/Sravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 3:50PM – 5:44PM **Uttarashadha Until 11:02AM**
Yama 12:03PM – 1:57PM Sukla Until 4:12PM
Rahu 5:44PM – 7:37PM Gara Until 5:00PM
Shasthi* Until 5:00AM Mon

Ganesha: Red *Sunrise:* 4:29AM
Muruqa: Red *Sunset:* 7:37PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Trieste, Italy
Sun 4 **Sutra 40**
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

4

Monday, May 23, 2011

Makara Rasi: 19.53 Titthi 22
295666159
Family Home Evening
Creative Work Amrita Yoga
Until 12:55PM then Siddha Yoga
Until 7.59PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti* Karana Saptami Yam Titau
Gulika 1:57PM – 3:51PM **Sravana Until 12:55PM**
Yama 10:09AM – 12:03PM Brahma Until 4:34PM
Rahu 6:22AM – 8:16AM Visti Until 6:47PM
Saptami Until 7:07AM Tue

Ganesha: Green *Sunrise:* 4:28AM
Muruqa: Red *Sunset:* 7:38PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Trieste, Italy
Sun 5 **Sutra 41**
Khara 5113
Moon 5 - Phase 5
1st Phase

Devaloka Day

D

Tuesday, May 24, 2011
Retreat Star

Kumbha Rasi: 2.11 Titthi 22 – 23
295666159
Routine Work Marana Yoga
Until 7.59PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 12:03PM – 1:57PM **Dhanishtha Until 2:58PM**
Yama 8:15AM – 10:09AM Indra Until 4:41PM
Rahu 3:51PM – 5:45PM Balava Until 8:12PM
Saptami Until 7:07AM

Ganesha: Green *Sunrise:* 4:27AM
Muruqa: Red *Sunset:* 7:39PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Trieste, Italy
Sun 6 **Sutra 42**
Khara 5113
Moon 5 - Phase 5
Ashtami

Devaloka Day

Wednesday, May 25, 2011

Retreat Star

Kumbha Rasi: 14.17 Titthi 23 – 24
295666159
Creative Work Siddha Yoga
Until 5.25PM then Amrita Yoga
Until 7.59PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 10:09AM – 12:03PM **Satabhisha Until 5:25PM**
Yama 6:21AM – 8:15AM Vaidhriti* Until 5:11PM
Rahu 12:03PM – 1:57PM Taitila Until 10:05PM
Ashtami* Until 8:59AM

Ganesha: Green *Sunrise:* 4:26AM
Muruqa: Red *Sunset:* 7:40PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Trieste, Italy
Sun 7 **Sutra 43**
Khara 5113
Moon 5 - Phase 5
Navami

Devaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138

1 **Thursday, May 26, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Trieste, Italy
Purvaprostapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau Sun 8 Sutra 44
Kumbha Rasi: 26.15 Tithi 24 – 25 315666159 **Gulika** 8:14AM – 10:09AM **Purvaprostapada* Until 8:10PM** **Ganesha:** Clear *Sunrise:* 4:26AM Khara 5113
Yama 4:26AM – 6:20AM **Vishkambha* Until 5:56PM** **Muruqa:** Red *Sunset:* 7:41PM Moon 5 - Phase 6
Rahu 1:58PM – 3:52PM **Vanija Until 12:15AM Fri** **Nataraja:** Purple 2nd Phase
Creative Work Siddha Yoga **Navami* Until 11:10AM** **Vaisaka-Vaikasi** **Sivaloka Day**

2 **Friday, May 27, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Trieste, Italy
Uttaraprostapada Nakshatra Priti Yoga Visti*/Bava Karana Dasami*/Ekadasi* Yam Titau Sun 9 Sutra 45
Meena Rasi: 8.09 Tithi 25 – 26 315666159 **Gulika** 6:19AM – 8:14AM **Uttaraprostapada Until 11:02PM** **Ganesha:** Clear *Sunrise:* 4:25AM Khara 5113
Yama 3:53PM – 5:47PM **Priti Until 6:49PM** **Muruqa:** Red *Sunset:* 7:42PM Moon 5 - Phase 6
Rahu 10:09AM – 12:03PM **Bava Until 2:35AM Sat** **Nataraja:** Purple 2nd Phase
Creative Work Siddha Yoga **Dasami Until 1:29PM** **Vaisaka-Vaikasi** **Sivaloka Day**
Until 11:02PM then Prabalarishta Yoga

3 **Saturday, May 28, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Trieste, Italy
Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau Sun 10 Sutra 46
Meena Rasi: 20.02 Tithi 26 – 27 315666159 **Gulika** 4:24AM – 6:19AM **Revati Until 1:55AM Sun** **Ganesha:** Clear *Sunrise:* 4:24AM Khara 5113
Yama 1:58PM – 3:53PM **Ayushman Until 7:42PM** **Muruqa:** Red *Sunset:* 7:43PM Moon 5 - Phase 6
Rahu 8:14AM – 10:09AM **Kaulava Until 4:54AM Sun** **Nataraja:** Purple 2nd Phase
Routine Work Prabalarishta Yoga **Ekadasi* Until 3:49PM** **Vaisaka-Vaikasi** **Sivaloka Day**
Until 7:59PM then Amrita Yoga
Until 1:55AM Sun then Siddha Yoga

4 **Sunday, May 29, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Trieste, Italy
Asvini Nakshatra Saubhagya Yoga Talila/Gara Karana Dvadasi*/Trayodasi* Yam Titau Sun 11 Sutra 47
Mesha Rasi: 1.59 Tithi 27 – 28 325666159 **Gulika** 3:54PM – 5:49PM **Asvini Until 4:42AM Mon** **Ganesha:** Purple *Sunrise:* 4:23AM Khara 5113
Yama 12:04PM – 1:59PM **Saubhagya Until 8:30PM** **Muruqa:** Red *Sunset:* 7:44PM Moon 5 - Phase 6
Rahu 5:49PM – 7:44PM **Gara Until 7:08AM Mon** **Nataraja:** Purple 2nd Phase
Creative Work Siddha Yoga **Dvadasi* Until 6:02PM** **Vaisaka-Vaikasi** **Devaloka Day**
Pradosha Vrata (Fasting)

5 **Monday, May 30, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Trieste, Italy
Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodasi* Yam Titau Sun 12 Sutra 48
Mesha Rasi: 14.01 Tithi 28 325666159 **Gulika** 1:59PM – 3:54PM **Bharani Until 6:54AM Tue** **Ganesha:** Purple *Sunrise:* 4:23AM Khara 5113
Yama 10:09AM – 12:04PM **Sobhana Until 9:07PM** **Muruqa:** Red *Sunset:* 7:45PM Moon 5 - Phase 6
Rahu 6:18AM – 8:13AM **Gara Until 6:57AM** **Nataraja:** Purple 2nd Phase
Family Home Evening **Trayodasi* Until 8:02PM** **Vaisaka-Vaikasi** **Devaloka Day**
Creative Work Siddha Yoga

6 **Tuesday, May 31, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Trieste, Italy
Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau Sun 13 Sutra 49
Mesha Rasi: 26.13 Tithi 29 326666159 **Gulika** 12:04PM – 1:59PM **Bharani Until 6:54AM** **Ganesha:** Light Blue *Sunrise:* 4:22AM Khara 5113
Yama 8:13AM – 10:08AM **Athiganda* Until 9:27PM** **Muruqa:** Red *Sunset:* 7:46PM Moon 5 - Phase 6
Rahu 3:55PM – 5:50PM **Visti Until 8:37AM** **Nataraja:** Purple 2nd Phase
Creative Work Siddha Yoga **Chaturdasi* Until 9:43PM** **Vaisaka-Vaikasi** **Devaloka Day**
Until 8:00PM then Amrita Yoga

Retreat Star **Wednesday, June 1, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Trieste, Italy
Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau Sun 14 Sutra 50
Vrishabha Rasi: 8.35 Tithi 30 326666159 **Gulika** 10:08AM – 12:04PM **Krittika Until 8:36AM** **Ganesha:** Light Blue *Sunrise:* 4:21AM Khara 5113
Yama 6:17AM – 8:13AM **Sukarma Until 8:21PM** **Muruqa:** Red *Sunset:* 7:47PM Moon 5 - Phase 6
Rahu 12:04PM – 2:00PM **Catuspada Until 9:34AM** **Nataraja:** Purple Amavasya
Creative Work Amrita Yoga **Amavasya* Until 9:34PM** **Vaisaka-Vaikasi** **Devaloka Day**
Until 8:36AM then Siddha Yoga
Until 8:00PM then Marana Yoga

Retreat Star **Thursday, June 2, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Trieste, Italy
Rohini/Mrigasira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathama* Yam Titau Sun 15 Sutra 51
Vrishabha Rasi: 21.11 Tithi 1 336666159 **Gulika** 8:13AM – 10:08AM **Rohini Until 9:58AM** **Ganesha:** Purple *Sunrise:* 4:21AM Khara 5113
Yama 4:21AM – 6:17AM **Dhriti Until 7:58PM** **Muruqa:** Red *Sunset:* 7:48PM Moon 5 - Phase 6
Rahu 2:00PM – 3:56PM **Kintughna Until 10:18AM** **Nataraja:** Purple Prathama
Routine Work Marana Yoga **Prathama* Until 10:18PM** **Jyeshtha-Vaikasi** **Devaloka Day**
Until 8:00PM then Siddha Yoga

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! *Krishna Yajur Veda, Maitu 6.34. UpH, 447*

1 Friday, June 3, 2011	Mithuna Rasi: 4.01		336666159	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiya Yam Titau			Sun 16	Trieste, Italy Sutra 52 Khara 5113	
	Tithi 2			Gulika 6:16AM – 8:12AM	Mrigasira Until 10:55AM	Ganesha: Purple <i>Sunrise:</i> 4:20AM			Moon 5 - Phase 7 3rd Phase
	Creative Work Siddha Yoga			Yama 3:56PM – 5:52PM	Shula* Until 7:12PM	Muruqa: Red <i>Sunset:</i> 7:48PM			
				Rahu 10:08AM – 12:04PM	Balava Until 10:34AM	Nataraja: Purple Moon – Yellow			
			Dvitiya Until 10:34PM	Jyeshtha-Vaikasi					


2 Saturday, June 4, 2011	Mithuna Rasi: 17.04		336666159	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Tritiya Yam Titau			Sun 17	Trieste, Italy Sutra 53 Khara 5113	
	Tithi 3			Gulika 4:20AM – 6:16AM	Ardra Until 11:25AM	Ganesha: Purple <i>Sunrise:</i> 4:20AM			Moon 5 - Phase 7 3rd Phase
	Creative Work Siddha Yoga			Yama 2:01PM – 3:57PM	Ganda* Until 6:02PM	Muruqa: Red <i>Sunset:</i> 7:49PM			
	Until 11:25AM then Marana Yoga			Rahu 8:12AM – 10:08AM	Tailila Until 10:22AM	Nataraja: Purple Moon – Yellow			
Until 8:00PM then Siddha Yoga			Tritiya Until 10:22PM	Jyeshtha-Vaikasi					

3 Sunday, June 5, 2011	Kataka Rasi: 0.21		346666151	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Vishti* Karana Chaturthi* Yam Titau			Sun 18	Trieste, Italy Sutra 54 Khara 5113	
	Tithi 4			Gulika 3:57PM – 5:54PM	Punarvasu Until 11:07AM	Ganesha: Light Blue <i>Sunrise:</i> 4:19AM			Moon 5 - Phase 7 3rd Phase
	Creative Work Siddha Yoga			Yama 12:05PM – 2:01PM	Vridhhi Until 4:28PM	Muruqa: Red <i>Sunset:</i> 7:50PM			
				Rahu 5:54PM – 7:50PM	Vanija Until 9:25AM	Nataraja: Purple Moon – Blue			
			Chaturthi* Until 8:30PM	Jyeshtha-Vaikasi					

4 Monday, June 6, 2011	Kataka Rasi: 13.52		346666151	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Aslesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchami Yam Titau			Sun 19	Trieste, Italy Sutra 55 Khara 5113	
	Tithi 5			Gulika 2:01PM – 3:58PM	Pushya Until 10:48AM	Ganesha: Light Blue <i>Sunrise:</i> 4:19AM			Moon 5 - Phase 7 3rd Phase
	Family Home Evening			Yama 10:08AM – 12:05PM	Dhruva Until 1:58PM	Muruqa: Red <i>Sunset:</i> 7:51PM			
	Creative Work Siddha Yoga			Rahu 6:15AM – 8:12AM	Bava Until 8:24AM	Nataraja: Purple Moon – Blue			
			Panchami Until 7:29PM	Jyeshtha-Vaikasi					

5 Tuesday, June 7, 2011	Kataka Rasi: 27.35		347666151	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Shasthi* Yam Titau			Sun 20	Trieste, Italy Sutra 56 Khara 5113	
	Tithi 6			Gulika 12:05PM – 2:02PM	Aslesha* Until 10:09AM	Ganesha: Purple <i>Sunrise:</i> 4:19AM			Moon 5 - Phase 7 3rd Phase
	Creative Work Siddha Yoga			Yama 8:12AM – 10:08AM	Vyaghata* Until 11:49AM	Muruqa: Red <i>Sunset:</i> 7:51PM			
				Rahu 3:58PM – 5:55PM	Kaulava Until 7:00AM	Nataraja: Purple Moon – Blue			
			Shasthi* Until 6:04PM	Jyeshtha-Vaikasi					

6 Wednesday, June 8, 2011	Simha Rasi: 11.3		357666151	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Harshana/Vajra* Yoga Vanija/Vishti* Karana Saptami/Ashtami* Yam Titau			Sun 21	Trieste, Italy Sutra 57 Khara 5113	
	Tithi 7 – 8			Gulika 10:09AM – 12:05PM	Magha* Until 9:09AM	Ganesha: Clear <i>Sunrise:</i> 4:18AM			Moon 5 - Phase 7 3rd Phase
	Creative Work Siddha Yoga			Yama 6:15AM – 8:12AM	Harshana Until 9:21AM	Muruqa: Red <i>Sunset:</i> 7:52PM			
	Until 9:09AM then Amrita Yoga			Rahu 12:05PM – 2:02PM	Vishti Until 3:23AM Thu	Nataraja: Purple Moon – Red			
Until 8:01PM then no yoga			Saptami Until 4:18PM	Jyeshtha-Vaikasi					

 Thursday, June 9, 2011	Simha Rasi: 25.35		357666151	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ashlami*/Navami* Yam Titau			Sun 22	Trieste, Italy Sutra 58 Khara 5113	
	Tithi 8 – 9			Gulika 8:12AM – 10:09AM	Purvaphalguni* Until 7:51AM	Ganesha: Clear <i>Sunrise:</i> 4:18AM			Moon 5 - Phase 7 Ashtami
	No Yoga			Yama 4:18AM – 6:15AM	Vajra* Until 6:36AM	Muruqa: Red <i>Sunset:</i> 7:53PM			
	Until 7:51AM then Prabalarishta Yoga			Rahu 2:02PM – 3:59PM	Balava Until 1:17AM Fri	Nataraja: Purple Moon – Red			
Until 8:01PM then Siddha Yoga			Ashtami* Until 2:13PM	Jyeshtha-Vaikasi					

Friday, June 10, 2011	Kanya Rasi: 9.5		357666151	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyalpala* Yoga Kaulava/Tailila Karana Navami*/Dasami Yam Titau			Sun 23	Trieste, Italy Sutra 59 Khara 5113	
	Tithi 9 – 10			Gulika 6:15AM – 8:12AM	Uttaraphalguni Until 6:17AM	Ganesha: Clear <i>Sunrise:</i> 4:18AM			Moon 5 - Phase 7 Navami
	Creative Work Siddha Yoga			Yama 4:00PM – 5:56PM	Vyatipata* Until 12:57AM Sat	Muruqa: Red <i>Sunset:</i> 7:53PM			
	Until 6:17AM then Amrita Yoga			Rahu 10:09AM – 12:06PM	Tailila Until 10:54PM	Nataraja: Purple Moon – Red			
Until 8:01PM then Marana Yoga			Navami* Until 11:50AM	Jyeshtha-Vaikasi					

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda, Isau 3. bo UP.R, 570

1 Saturday, June 11, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Trieste, Italy
 Chitra Nakshatra Variyan Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau Sun 24 Sutra 60
 Khara 5113
 Kanya Rasi: 24.12 Tithi 10 – 11 367666151
Gulika 4:18AM – 6:15AM **Chitra Until 3:23AM Sun** **Ganesha:** White *Sunrise:* 4:18AM
Yama 2:03PM – 4:00PM Variyan Until 9:46PM **Muruqa:** Red *Sunset:* 7:54PM Moon 5 - Phase 8
Rahu 8:12AM – 10:09AM Vanija Until 8:18PM **Nataraja:** Purple 4th Phase
 Routine Work Marana Yoga Moon – Green **Devaloka Day**
 Until 8.02PM then Siddha Yoga **Jyeshtha-Vaikasi**

2 Sunday, June 12, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Trieste, Italy
 Svati Nakshatra Parigha* Yoga Visti*/Balava Karana Ekadasi/Dvadasi Yam Titau Sun 25 Sutra 61
 Khara 5113
 Tula Rasi: 8.37 Tithi 11 – 12 367666151
Gulika 4:00PM – 5:57PM **Svati Until 1:30AM Mon** **Ganesha:** White *Sunrise:* 4:17AM
Yama 12:06PM – 2:03PM Parigha* Until 6:29PM **Muruqa:** Red *Sunset:* 7:55PM Moon 5 - Phase 8
Rahu 5:57PM – 7:55PM Balava Until 4:40AM Mon **Nataraja:** Purple 4th Phase
 Creative Work Siddha Yoga Moon – Green **Devaloka Day**
 Until 8.02PM then Amrita Yoga **Jyeshtha-Vaikasi**
 Until 1:30AM Mon then Marana Yoga

3 Monday, June 13, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Trieste, Italy
 Visakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodasi Yam Titau Sun 26 Sutra 62
 Khara 5113
 Tula Rasi: 23.03 Tithi 13 377666151
Gulika 2:03PM – 4:01PM **Visakha Until 11:38PM** **Ganesha:** Yellow *Sunrise:* 4:17AM
Yama 10:09AM – 12:06PM Shiva Until 3:13PM **Muruqa:** Red *Sunset:* 7:55PM Moon 5 - Phase 8
Rahu 6:15AM – 8:12AM Kaulava Until 2:53PM **Nataraja:** Purple 4th Phase
 Routine Work Marana Yoga Moon – Orange **Sivaloka Day**
 Until 11:38PM then Siddha Yoga **Vaikasi Visakam** **Trayodasi Until 1:58AM Tue** **Jyeshtha-Vaikasi**
Pradosha Vrata

4 Tuesday, June 14, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Trieste, Italy
 Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdasi* Yam Titau Sun 27 Sutra 63
 Khara 5113
 Vrishchika Rasi: 7.23 Tithi 14 378666151
Gulika 12:06PM – 2:04PM **Anuradha Until 9:55PM** **Ganesha:** White *Sunrise:* 4:17AM
Yama 8:12AM – 10:09AM Siddha Until 12:06PM **Muruqa:** Red *Sunset:* 7:56PM Moon 5 - Phase 8
Rahu 4:01PM – 5:58PM Gara Until 12:20PM **Nataraja:** Purple 4th Phase
 Creative Work Siddha Yoga Moon – Orange **Subha Sivaloka Day**
Chaturdasi* Until 11:25PM **Jyeshtha-Vaikasi**

Wednesday, June 15, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Trieste, Italy
Copper Retreat Star Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnima* Yam Titau Sun 28 Sutra 64
 Khara 5113
 Vrishchika Rasi: 21.32 Tithi 15 378666151
Gulika 10:09AM – 12:07PM **Jyeshtha* Until 8:31PM** **Ganesha:** White *Sunrise:* 4:17AM
Yama 6:14AM – 8:12AM Sadhya Until 9:15AM **Muruqa:** Red *Sunset:* 7:56PM Moon 5 - Phase 8
Rahu 12:07PM – 2:04PM Visti Until 10:07AM **Nataraja:** Purple Purnima
 Creative Work Siddha Yoga Moon – Orange **Subha Sivaloka Day**
Purnima* Until 9:12PM **Jyeshtha-Ani**

Thursday, June 16, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Trieste, Italy
Silver Retreat Star Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathama* Yam Titau Sun 29 Sutra 65
 Khara 5113
 Dhanus Rasi: 5.26 Tithi 16 388766151
Gulika 8:12AM – 10:09AM **Mula* Until 7:32PM** **Ganesha:** Blue *Sunrise:* 4:17AM
Yama 4:17AM – 6:15AM Subha Until 6:48AM **Muruqa:** Red *Sunset:* 7:56PM Moon 5 - Phase 8
Rahu 2:04PM – 4:02PM Balava Until 8:22AM **Nataraja:** Purple Prathama
 Creative Work Siddha Yoga Moon – Light Blue **Devaloka Day**
Prathama* Until 7:27PM **Jyeshtha-Ani**



Friday, June 17, 2011
Gold Retreat Star

Dhanu Rasi: 19.02 Tithi 17
388766151
Creative Work Siddha Yoga
Until 8.03PM then Marana Yoga
Until 8.05PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Brahma Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 6:15AM – 8:12AM
Yama 4:02PM – 5:59PM
Rahu 10:10AM – 12:07PM

Purvashadha* Until 8:05PM
Brahma Until 3:38AM Sat
Taitila Until 7:17AM
Dvitiya Until 7:17PM

Trieste, Italy
Sun 1 **Sutra 66**
Khara 5113
Moon 6 - Phase 9
1st Phase

Devaloka Day

1 **Saturday, June 18, 2011**

Makara Rasi: 2.17 Tithi 18
388766151
No Yoga
Until 8.03PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Indra Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 4:17AM – 6:15AM
Yama 2:05PM – 4:02PM
Rahu 8:12AM – 10:10AM

Uttarashadha Until 8:14PM
Indra Until 2:08AM Sun
Vanija Until 6:41AM
Tritiya Until 6:41PM

Trieste, Italy
Sun 2 **Sutra 67**
Khara 5113
Moon 6 - Phase 9
1st Phase

Devaloka Day

2 **Sunday, June 19, 2011**

Makara Rasi: 15.13 Tithi 19
398766151
Creative Work Amrita Yoga
Until 9:00PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Sravana Nakshatra Vaidhriti* Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 4:02PM – 6:00PM
Yama 12:07PM – 2:05PM
Rahu 6:00PM – 7:58PM

Sravana Until 9:00PM
Vaidhriti* Until 1:12AM Mon
Bava Until 6:45AM
Chaturthi* Until 6:45PM

Trieste, Italy
Sun 3 **Sutra 68**
Khara 5113
Moon 6 - Phase 9
1st Phase

Sivaloka Day

Father's Day

3 **Monday, June 20, 2011**

Makara Rasi: 27.49 Tithi 20
399766151
Family Home Evening
Creative Work Siddha Yoga
Until 8.03PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 2:05PM – 4:03PM
Yama 10:10AM – 12:08PM
Rahu 6:15AM – 8:13AM

Dhanishtha Until 11:42PM
Vishkambha* Until 2:16AM Tue
Kaulava Until 7:35AM
Panchami Until 8:41PM

Trieste, Italy
Sun 4 **Sutra 69**
Khara 5113
Moon 6 - Phase 9
1st Phase

Subha Sivaloka Day

4 **Tuesday, June 21, 2011**

Kumbha Rasi: 10.09 Tithi 21
399766151
Routine Work Marana Yoga
Until 8.04PM then Siddha Yoga
Until 1:42AM Wed then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Satabhisha Nakshatra Priti Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 12:08PM – 2:05PM
Yama 8:13AM – 10:10AM
Rahu 4:03PM – 6:00PM

Satabhisha Until 1:42AM Wed
Priti Until 2:20AM Wed
Gara Until 8:56AM
Shasthi* Until 10:01PM

Trieste, Italy
Sun 5 **Sutra 70**
Khara 5113
Moon 6 - Phase 9
1st Phase

Subha Sivaloka Day

5 **Wednesday, June 22, 2011**

Kumbha Rasi: 22.17 Tithi 22
319766151
Creative Work Amrita Yoga
Until 8.04PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprostapada* Nakshatra Ayushman Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 10:10AM – 12:08PM
Yama 6:15AM – 8:13AM
Rahu 12:08PM – 2:06PM

Purvaprostapada* Until 4:06AM Thu
Ayushman Until 2:48AM Thu
Visti Until 10:43AM
Saptami Until 11:49PM

Trieste, Italy
Sun 6 **Sutra 71**
Khara 5113
Moon 6 - Phase 9
1st Phase

Subha Sivaloka Day

Retreat Star
Thursday, June 23, 2011

Meena Rasi: 4.17 Tithi 23
319766151
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprostapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 8:13AM – 10:11AM
Yama 4:18AM – 6:16AM
Rahu 2:06PM – 4:03PM

Uttaraprostapada Until 6:57AM Fri
Saubhagya Until 3:31AM Fri
Balava Until 12:50PM
Ashtami* Until 1:55AM Fri

Trieste, Italy
Sun 7 **Sutra 72**
Khara 5113
Moon 6 - Phase 9
Ashtami

Subha Sivaloka Day

Retreat Star
Friday, June 24, 2011

Meena Rasi: 16.11 Tithi 24
319766151
Creative Work Siddha Yoga
Until 8.04PM then Prabalarishta Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 6:16AM – 8:13AM
Yama 4:03PM – 6:01PM
Rahu 10:11AM – 12:08PM

Uttaraprostapada Until 6:57AM
Sobhana Until 4:22AM Sat
Taitila Until 3:05PM
Navami* Until 4:11AM Sat

Trieste, Italy
Sun 8 **Sutra 73**
Khara 5113
Moon 6 - Phase 9
Navami

Subha Sivaloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita AG 2.10–2.13. MA, 94

1 Saturday, June 25, 2011
 Meena Rasi: 28.06 Tithi 25
 319766151
 Routine Work Prabalarishta Yoga
 Until 9:48AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
 Revati/Asvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dasami Yam Titau

Gulika 4:19AM – 6:16AM
Yama 2:06PM – 4:04PM
Rahu 8:14AM – 10:11AM

Revati Until 9:48AM
Athiganda* Until 5:14AM Sun
Vanija Until 5:22PM
Dasami Until 6:26AM Sun

Ganesha: Purple *Sunrise: 4:19AM*
Muruqa: Red *Sunset: 7:59PM*
Nataraja: Purple
Moon – Clear
Jyeshtha-Ani

Sun 9 Trieste, Italy
Sutra 74 Khara 5113
 Moon 6 - Phase 10
 2nd Phase
Subha Sivaloka Day

2 Sunday, June 26, 2011
 Mesha Rasi: 10.04 Tithi 26 – 26
 329766151
 Creative Work Siddha Yoga
 Until 12:31PM then no yoga
 Until 8:05PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Asvini/Bharani Nakshatra Sukarma Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau

Gulika 4:04PM – 6:01PM
Yama 12:09PM – 2:06PM
Rahu 6:01PM – 7:59PM

Asvini Until 12:31PM
Sukarma Until 6:00AM Mon
Bava Until 7:31PM
Dasami Until 6:26AM

Ganesha: Clear *Sunrise: 4:19AM*
Muruqa: Red *Sunset: 7:59PM*
Nataraja: Purple
Moon – White
Jyeshtha-Ani

Sun 10 Trieste, Italy
Sutra 75 Khara 5113
 Moon 6 - Phase 10
 2nd Phase
Sivaloka Day

3 Monday, June 27, 2011
 Mesha Rasi: 22.1 Tithi 26 – 27
 Family Home Evening 329766151
 Creative Work Siddha Yoga
 Until 3:00PM then no yoga
 Until 8:05PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
 Bharani/Krittika Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau

Gulika 2:06PM – 4:04PM
Yama 10:12AM – 12:09PM
Rahu 6:17AM – 8:14AM

Bharani Until 3:00PM
Dhriti Until 6:04AM Tue
Kaulava Until 9:23PM
Ekadasi* Until 8:18AM

Ganesha: Clear *Sunrise: 4:19AM*
Muruqa: Red *Sunset: 7:59PM*
Nataraja: Purple
Moon – White
Jyeshtha-Ani

Sun 11 Trieste, Italy
Sutra 76 Khara 5113
 Moon 6 - Phase 10
 2nd Phase
Sivaloka Day

4 Tuesday, June 28, 2011
 Vishabha Rasi: 4.28 Tithi 27 – 28
 321766151
 Creative Work Siddha Yoga
 Until 4:14PM then Amrita Yoga
 Until 8:05PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
 Krittika/Rohini Nakshatra Dhriti/Shrula Yoga Tatila/Gara Karana Dvadasi*/Trayodasi* Yam Titau

Gulika 12:09PM – 2:07PM
Yama 8:15AM – 10:12AM
Rahu 4:04PM – 6:01PM

Krittika Until 4:14PM
Dhriti Until 6:04AM
Gara Until 9:25PM
Dvadasi* Until 9:25AM
Pradosha Vrata (Fasting)

Ganesha: Red *Sunrise: 4:20AM*
Muruqa: Red *Sunset: 7:59PM*
Nataraja: Purple
Moon – White
Jyeshtha-Ani

Sun 12 Trieste, Italy
Sutra 77 Khara 5113
 Moon 6 - Phase 10
 2nd Phase
Sivaloka Day

5 Wednesday, June 29, 2011
 Vishabha Rasi: 17 Tithi 28 – 29
 331776151
 Creative Work Siddha Yoga
 Until 8:05PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
 Rohini/Mrigasira Nakshatra Ganda* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau

Gulika 10:12AM – 12:09PM
Yama 6:18AM – 8:15AM
Rahu 12:09PM – 2:07PM

Rohini Until 5:41PM
Ganda* Until 4:38AM Thu
Visti Until 10:15PM
Trayodasi* Until 10:15AM

Ganesha: Yellow *Sunrise: 4:20AM*
Muruqa: Yellow *Sunset: 7:59PM*
Nataraja: Purple
Moon – Yellow
Jyeshtha-Ani

Sun 13 Trieste, Italy
Sutra 78 Khara 5113
 Moon 6 - Phase 10
 2nd Phase
Sivaloka Day

Thursday, June 30, 2011
 Retreat Star
 Vishabha Rasi: 29.5 Tithi 29 – 30
 331776151
 Routine Work Marana Yoga
 Until 8:06PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
 Mrigasira Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau

Gulika 8:15AM – 10:12AM
Yama 4:21AM – 6:18AM
Rahu 2:07PM – 4:04PM

Mrigasira Until 6:36PM
Vriddhi Until 3:51AM Fri
Catuspada Until 10:29PM
Chaturdasi* Until 10:29AM

Ganesha: Yellow *Sunrise: 4:21AM*
Muruqa: Yellow *Sunset: 7:58PM*
Nataraja: Purple
Moon – Yellow
Jyeshtha-Ani

Sun 14 Trieste, Italy
Sutra 79 Khara 5113
 Moon 6 - Phase 10
 Amavasya
Sivaloka Day

Friday, July 1, 2011
 Retreat Star
 Mithuna Rasi: 12.59 Tithi 30 – 1
 331776151
 Creative Work Siddha Yoga
 Until 8:06PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam
 Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau

Gulika 6:19AM – 8:16AM
Yama 4:04PM – 6:01PM
Rahu 10:13AM – 12:10PM

Ardra Until 6:57PM
Dhruva Until 2:32AM Sat
Kintughna Until 10:06PM
Amavasya* Until 10:06AM

Ganesha: Yellow *Sunrise: 4:21AM*
Muruqa: Yellow *Sunset: 7:58PM*
Nataraja: Purple
Moon – Yellow
Ashada-Ani

Sun 15 Trieste, Italy
Sutra 80 Khara 5113
 Moon 6 - Phase 10
 Prathama
Sivaloka Day

1	Saturday, July 2, 2011	341776151	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Trieste, Italy	
	Mithuna Rasi: 26.26 Tithi 1 – 2		Gulika 4:22AM – 6:19AM Yama 2:07PM – 4:04PM Rahu 8:16AM – 10:13AM	Punarvasu Until 5:49PM Vyaghata* Until 11:27PM Balava Until 7:56PM Prathama* Until 8:52AM	Ganesha: Red <i>Sunrise:</i> 4:22AM Muruqa: Yellow <i>Sunset:</i> 7:58PM Nataraja: Purple Moon – Blue Ashada-Ani	Sun 16 Sutra 81 Khara 5113 Moon 6 - Phase 11 3rd Phase Sivaloka Day
Routine Work Marana Yoga Until 5:49PM then Siddha Yoga						


2	Sunday, July 3, 2011	341776151	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Trieste, Italy	
	Kataka Rasi: 10.1 Tithi 2 – 3		Gulika 4:04PM – 6:01PM Yama 12:10PM – 2:07PM Rahu 6:01PM – 7:58PM	Pushya Until 5:09PM Harshana Until 9:18PM Taitila Until 6:31PM Dvitiya Until 7:26AM	Ganesha: Red <i>Sunrise:</i> 4:23AM Muruqa: Yellow <i>Sunset:</i> 7:58PM Nataraja: Purple Moon – Blue Ashada-Ani	Sun 17 Sutra 82 Khara 5113 Moon 6 - Phase 11 3rd Phase Sivaloka Day
Creative Work Siddha Yoga						

3	Monday, July 4, 2011	341776151	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Trieste, Italy	
	Kataka Rasi: 24.07 Tithi 4		Gulika 2:07PM – 4:04PM Yama 10:14AM – 12:10PM Rahu 6:20AM – 8:17AM	Aslesha* Until 4:06PM Vajra* Until 6:48PM Vanija Until 4:41PM Chaturthi* Until 3:46AM Tue	Ganesha: Red <i>Sunrise:</i> 4:23AM Muruqa: Yellow <i>Sunset:</i> 7:58PM Nataraja: Purple Moon – Blue Ashada-Ani	Sun 18 Sutra 83 Khara 5113 Moon 6 - Phase 11 3rd Phase Sivaloka Day
Family Home Evening Creative Work Siddha Yoga						

4	Tuesday, July 5, 2011	351776151	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Panchami Yam Titau		Trieste, Italy	
	Simha Rasi: 8.13 Tithi 5		Gulika 12:11PM – 2:07PM Yama 8:17AM – 10:14AM Rahu 4:04PM – 6:01PM	Magha* Until 2:47PM Siddhi Until 4:03PM Bava Until 2:34PM Panchami Until 1:38AM Wed	Ganesha: Blue <i>Sunrise:</i> 4:24AM Muruqa: Yellow <i>Sunset:</i> 7:57PM Nataraja: Purple Moon – Red Ashada-Ani	Sun 19 Sutra 84 Khara 5113 Moon 6 - Phase 11 3rd Phase Subha Sivaloka Day
Creative Work Siddha Yoga Until 8:07PM then Amrita Yoga						

5	Wednesday, July 6, 2011	351776151	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni*/Uttaraphalguni* Nakshatra Vyatiyata*/Varyan Yoga Kaulava/Taitila Karana Shashti* Yam Titau		Trieste, Italy	
	Simha Rasi: 22.25 Tithi 6		Gulika 10:14AM – 12:11PM Yama 6:21AM – 8:18AM Rahu 12:11PM – 2:07PM	Purvaphalguni* Until 1:18PM Vyatiyata* Until 1:08PM Kaulava Until 12:16PM Shashti* Until 11:21PM	Ganesha: Blue <i>Sunrise:</i> 4:25AM Muruqa: Yellow <i>Sunset:</i> 7:57PM Nataraja: Purple Moon – Red Ashada-Ani	Sun 20 Sutra 85 Khara 5113 Moon 6 - Phase 11 3rd Phase Subha Sivaloka Day
Creative Work Amrita Yoga Until 8:07PM then Prabalarishta Yoga						

6	Thursday, July 7, 2011	451776151	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni*/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptami Yam Titau		Trieste, Italy	
	Kanya Rasi: 6.38 Tithi 7		Gulika 8:18AM – 10:14AM Yama 4:25AM – 6:22AM Rahu 2:07PM – 4:04PM	Uttaraphalguni Until 11:46AM Varyan Until 10:10AM Gara Until 9:54AM Saptami Until 8:59PM	Ganesha: Red <i>Sunrise:</i> 4:25AM Muruqa: Yellow <i>Sunset:</i> 7:56PM Nataraja: Purple Moon – Red Ashada-Ani	Sun 21 Sutra 86 Khara 5113 Moon 6 - Phase 11 3rd Phase Sivaloka Day
Routine Work Prabalarishta Yoga Until 11:46AM then no yoga Until 8:07PM then Amrita Yoga		Chidambaram Abhishekam				

	Friday, July 8, 2011	462776151	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtami* Yam Titau		Trieste, Italy	
	Retreat Star Kanya Rasi: 20.52 Tithi 8		Gulika 6:22AM – 8:18AM Yama 4:04PM – 6:00PM Rahu 10:15AM – 12:11PM	Hasta Until 10:14AM Parigha* Until 7:13AM Visti Until 7:33AM Ashtami* Until 6:38PM	Ganesha: Yellow <i>Sunrise:</i> 4:26AM Muruqa: Yellow <i>Sunset:</i> 7:56PM Nataraja: Purple Moon – Green Ashada-Ani	Sun 22 Sutra 87 Khara 5113 Moon 6 - Phase 11 Ashtami Sivaloka Day
Creative Work Amrita Yoga Until 10:14AM then Siddha Yoga Until 8:07PM then Marana Yoga						

	Saturday, July 9, 2011	462776151	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Trieste, Italy	
	Retreat Star Tula Rasi: 5.03 Tithi 9 – 10		Gulika 4:27AM – 6:23AM Yama 2:07PM – 4:03PM Rahu 8:19AM – 10:15AM	Chitra Until 8:46AM Siddha Until 1:40AM Sun Taitila Until 3:26AM Sun Navami* Until 4:21PM	Ganesha: Yellow <i>Sunrise:</i> 4:27AM Muruqa: Yellow <i>Sunset:</i> 7:56PM Nataraja: Purple Moon – Green Ashada-Ani	Sun 23 Sutra 88 Khara 5113 Moon 6 - Phase 11 Navami Sivaloka Day
Routine Work Marana Yoga Until 8:46AM then Siddha Yoga						


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishṇa Yajur Veda, Maitu 3.2. UpH, 418

1	Sunday, July 10, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Visakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau				Trieste, Italy
							Sun 24 Sutra 89 Khara 5113
Tula Rasi: 19.1	Tithi 10 – 11		Gulika 4:03PM – 5:59PM	Svati Until 7:26AM	Ganesha: Yellow	<i>Sunrise:</i> 4:28AM	
		462776151	Yama 12:11PM – 2:07PM	Sadhya Until 10:53PM	Muruqa: Yellow	<i>Sunset:</i> 7:55PM	Moon 6 - Phase 12
Creative Work Siddha Yoga			Rahu 5:59PM – 7:55PM	Vanija Until 1:18AM Mon	Nataraja: Purple		4th Phase
Until 7:26AM then Marana Yoga				Dasami Until 2:13PM	Ashada•Ani		Sivaloka Day

2	Monday, July 11, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Visakha/Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadasi/Dvadasi Yam Titau				Trieste, Italy
							Sun 25 Sutra 90 Khara 5113
Vrischika Rasi: 3.11	Tithi 11 – 12		Gulika 2:07PM – 4:03PM	Visakha Until 6:16AM	Ganesha: Yellow	<i>Sunrise:</i> 4:28AM	
Family Home Evening		472876151	Yama 10:16AM – 12:11PM	Subha Until 8:17PM	Muruqa: Yellow	<i>Sunset:</i> 7:54PM	Moon 6 - Phase 12
Routine Work Marana Yoga			Rahu 6:24AM – 8:20AM	Bava Until 11:20PM	Nataraja: Purple		4th Phase
Until 6:16AM then Siddha Yoga				Ekadasi Until 12:16PM	Ashada•Ani		Sivaloka Day

3	Tuesday, July 12, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau				Trieste, Italy
							Sun 26 Sutra 91 Khara 5113
Vrischika Rasi: 17.04	Tithi 12 – 13		Gulika 12:12PM – 2:07PM	Jyeshtha* Until 4:11AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 4:29AM	
		472876151	Yama 8:20AM – 10:16AM	Sukla Until 5:53PM	Muruqa: Yellow	<i>Sunset:</i> 7:54PM	Moon 6 - Phase 12
Creative Work Siddha Yoga			Rahu 4:03PM – 5:58PM	Kaulava Until 9:38PM	Nataraja: Purple		4th Phase
Until 4:11AM Wed then Marana Yoga				Dvadasi Until 10:33AM	Ashada•Ani		Sivaloka Day
				<i>Pradosha Vrata</i>			

4	Wednesday, July 13, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Trieste, Italy
							Sun 27 Sutra 92 Khara 5113
Dhanus Rasi: 0.46	Tithi 13 – 14		Gulika 10:16AM – 12:12PM	Mula* Until 3:32AM Thu	Ganesha: White	<i>Sunrise:</i> 4:30AM	
		482876151	Yama 6:25AM – 8:21AM	Brahma Until 4:26PM	Muruqa: Yellow	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 12
Routine Work Marana Yoga			Rahu 12:12PM – 2:07PM	Gara Until 8:14PM	Nataraja: Purple		4th Phase
Until 8:08PM then Siddha Yoga				Trayodasi Until 9:09AM	Ashada•Ani		Subha Sivaloka Day

	Thursday, July 14, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Trieste, Italy
	Copper Retreat Star						Sutra 93 Khara 5113
Dhanus Rasi: 14.17	Tithi 14 – 15		Gulika 8:21AM – 10:17AM	Purvashadha* Until 4:52AM Fri	Ganesha: White	<i>Sunrise:</i> 4:31AM	
		482876151	Yama 4:31AM – 6:26AM	Indra Until 2:30PM	Muruqa: Yellow	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 12
Creative Work Siddha Yoga			Rahu 2:07PM – 4:02PM	Visti Until 8:18PM	Nataraja: Purple		Purnima
			Satguru Purnima	Chaturdasi* Until 8:18AM	Ashada•Ani		Subha Sivaloka Day

5	Friday, July 15, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Trieste, Italy
	Silver Retreat Star						Sutra 94 Khara 5113
Dhanus Rasi: 27.33	Tithi 15 – 16		Gulika 6:27AM – 8:22AM	Uttarashadha Until 4:59AM Sat	Ganesha: White	<i>Sunrise:</i> 4:32AM	
		482876151	Yama 4:02PM – 5:57PM	Vaidhriti* Until 12:58PM	Muruqa: Yellow	<i>Sunset:</i> 7:52PM	Moon 6 - Phase 12
Creative Work Siddha Yoga			Rahu 10:17AM – 12:12PM	Balava Until 7:39PM	Nataraja: Purple		Prathama
Until 8:08PM then no yoga				Purnima* Until 7:39AM	Ashada•Ani		Subha Sivaloka Day
Until 4:59AM Sat then Siddha Yoga							

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishna Yajur Veda, Maitu 6.34. UpM, 104



Saturday, July 16, 2011
Gold Retreat Star

Makara Rasi: 10.35 Tithi 16 – 17
492876151
Creative Work Siddha Yoga
Until 8.08PM then Amrita Yoga
Until 5:33AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Sravana Nakshatra Vishkambha* Priti Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 4:33AM – 6:28AM **Sravana Until 5:33AM Sun**
Yama 2:07PM – 4:02PM **Vishkambha* Until 11:52AM**
Rahu 8:22AM – 10:17AM **Taitila Until 7:31PM**
Prathama* Until 7:31AM

Ganesha: Clear *Sunrise:* 4:33AM
Muruqa: Yellow *Sunset:* 7:51PM
Nataraja: Purple
Moon – Purple
Ashada-Adi

Trieste, Italy
Sutra 95
Khara 5113
Moon 7 - Phase 13
1st Phase
Sivaloka Day

1

Sunday, July 17, 2011

Makara Rasi: 23.2 Tithi 17 – 18
492876152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 4:01PM – 5:56PM **Dhanishtha Until 7:38AM Mon**
Yama 12:12PM – 2:07PM **Priti Until 11:36AM**
Rahu 5:56PM – 7:50PM **Vanija Until 7:54PM**
Dvitiya Until 7:54AM

Ganesha: Clear *Sunrise:* 4:34AM
Muruqa: Yellow *Sunset:* 7:50PM
Nataraja: Clear
Moon – Purple
Ashada-Adi

Trieste, Italy
Sun 1 Sutra 96
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day

2

Monday, July 18, 2011

Kumbha Rasi: 5.51 Tithi 18 – 19
492876152
Family Home Evening
Creative Work Siddha Yoga
Until 8.08PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 2:06PM – 4:01PM **Dhanishtha Until 7:38AM**
Yama 10:18AM – 12:12PM **Ayushman Until 11:22AM**
Rahu 6:29AM – 8:23AM **Bava Until 10:08PM**
Tritiya Until 9:02AM

Ganesha: Clear *Sunrise:* 4:35AM
Muruqa: Yellow *Sunset:* 7:50PM
Nataraja: Clear
Moon – Purple
Ashada-Adi

Trieste, Italy
Sun 2 Sutra 97
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day

3

Tuesday, July 19, 2011

Kumbha Rasi: 18.08 Tithi 19 – 20
492876152
Routine Work Marana Yoga
Until 8.08PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 12:12PM – 2:06PM **Satabhisha Until 9:43AM**
Yama 8:24AM – 10:18AM **Saubhagya Until 11:31AM**
Rahu 4:00PM – 5:55PM **Kaulava Until 11:34PM**
Chaturthi* Until 10:29AM

Ganesha: Clear *Sunrise:* 4:36AM
Muruqa: Yellow *Sunset:* 7:49PM
Nataraja: Clear
Moon – Purple
Ashada-Adi

Trieste, Italy
Sun 3 Sutra 98
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day

4

Wednesday, July 20, 2011

Meena Rasi: 0.15 Tithi 20 – 21
412876152
Creative Work Amrita Yoga
Until 12:09PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Sobhana/Ahiganda* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 10:18AM – 12:12PM **Purvaprostapada* Until 12:09PM**
Yama 6:31AM – 8:24AM **Sobhana Until 12:01PM**
Rahu 12:12PM – 2:06PM **Gara Until 1:25AM Thu**
Panchami Until 12:19PM

Ganesha: Yellow *Sunrise:* 4:37AM
Muruqa: Yellow *Sunset:* 7:48PM
Nataraja: Clear
Moon – Clear
Ashada-Adi

Trieste, Italy
Sun 4 Sutra 99
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day

5

Thursday, July 21, 2011

Meena Rasi: 12.14 Tithi 21 – 22
412876152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Ahiganda*/Sukarma Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 8:25AM – 10:19AM **Uttaraprostapada Until 2:52PM**
Yama 4:38AM – 6:31AM **Ahiganda* Until 12:46PM**
Rahu 2:06PM – 4:00PM **Visti Until 3:33AM Fri**
Shasthi* Until 2:27PM

Ganesha: Yellow *Sunrise:* 4:38AM
Muruqa: Yellow *Sunset:* 7:47PM
Nataraja: Clear
Moon – Clear
Ashada-Adi

Trieste, Italy
Sun 5 Sutra 100
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day

6

Friday, July 22, 2011

Meena Rasi: 24.08 Tithi 22 – 23
413876152
Creative Work Siddha Yoga
Until 5.44PM then Amrita Yoga
Until 8.08PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Asvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 6:32AM – 8:26AM **Revati Until 5:44PM**
Yama 3:59PM – 5:53PM **Sukarma Until 1:38PM**
Rahu 10:19AM – 12:12PM **Balava Until 5:50AM Sat**
Saptami Until 4:45PM

Ganesha: White *Sunrise:* 4:39AM
Muruqa: Yellow *Sunset:* 7:46PM
Nataraja: Clear
Moon – Clear
Ashada-Adi

Trieste, Italy
Sun 6 Sutra 101
Khara 5113
Moon 7 - Phase 13
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Retreat Star

Saturday, July 23, 2011

Mesha Rasi: 6.02 Tithi 23
423876152
Creative Work Siddha Yoga
Until 8:37PM then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Asvini Nakshatra Dhriti/Shula* Yoga Kaulava Karana Ashtami* Yam Titau
Gulika 4:40AM – 6:33AM **Asvini Until 8:37PM**
Yama 2:05PM – 3:59PM **Dhriti Until 2:32PM**
Rahu 8:26AM – 10:19AM **Kaulava Until 8:09AM Sun**
Ashtami* Until 7:04PM

Ganesha: Yellow *Sunrise:* 4:40AM
Muruqa: Yellow *Sunset:* 7:45PM
Nataraja: Clear
Moon – White
Ashada-Adi

Trieste, Italy
Sun 7 Sutra 102
Khara 5113
Moon 7 - Phase 13
Ashtami
Devaloka Day

Sunday, July 24, 2011

Retreat Star

Mesha Rasi: 17.59 Tithi 24
423876152
No Yoga
Until 8.09PM then Siddha Yoga
Until 11:21PM then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 3:58PM – 5:51PM **Bharani Until 11:21PM**
Yama 12:12PM – 2:05PM **Shula* Until 3:18PM**
Rahu 5:51PM – 7:44PM **Taitila Until 8:09AM**
Navami* Until 9:14PM

Ganesha: Yellow *Sunrise:* 4:41AM
Muruqa: Yellow *Sunset:* 7:44PM
Nataraja: Clear
Moon – White
Ashada-Adi

Trieste, Italy
Sun 8 Sutra 103
Khara 5113
Moon 7 - Phase 13
Navami
Devaloka Day

Borne along and defiled by the stream of qualities, unsteady, wavering, bewildered, full of desire, distracted, one goes on into the state of self-conceit. In thinking, "This is I" and "That is mine" one binds himself with himself, as does a bird with a snare. Krishna Yajur Veda, Maitu 3.2. UpH, 418

1	Monday, July 25, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Dasami Yam Titau						Trieste, Italy Sutra 104 Khara 5113
	423876152	Vishabha Rasi: 0.05 Family Home Evening No Yoga	Gulika 2:05PM – 3:58PM Yama 10:20AM – 12:12PM Rahu 6:35AM – 8:27AM	Krittika Until 1:49AM Tue Ganda* Until 3:49PM Vanija Until 10:00AM Dasami Until 11:06PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Clear Moon – White Ashada*Adi	<i>Sunrise:</i> 4:42AM <i>Sunset:</i> 7:43PM	Sun 9	Devaloka Day	Moon 7 - Phase 14 2nd Phase

2	Tuesday, July 26, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Ekadasi* Yam Titau						Trieste, Italy Sutra 105 Khara 5113
	433876152	Vishabha Rasi: 12.25 Creative Work Amrita Yoga	Gulika 12:12PM – 2:05PM Yama 8:28AM – 10:20AM Rahu 3:57PM – 5:49PM	Rohini Until 2:09AM Wed Vriddhi Until 3:12PM Bava Until 10:55AM Ekadasi* Until 10:55PM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Yellow Ashada*Adi	<i>Sunrise:</i> 4:43AM <i>Sunset:</i> 7:42PM	Sun 10	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 7 - Phase 14 2nd Phase

3	Wednesday, July 27, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau						Trieste, Italy Sutra 106 Khara 5113
	433876152	Vishabha Rasi: 25.04 Creative Work Siddha Yoga	Gulika 10:20AM – 12:12PM Yama 6:36AM – 8:28AM Rahu 12:12PM – 2:04PM	Mrigasira Until 3:26AM Thu Dhruva Until 2:45PM Kaulava Until 11:34AM Dvadasi* Until 11:34PM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Yellow Ashada*Adi	<i>Sunrise:</i> 4:44AM <i>Sunset:</i> 7:41PM	Sun 11	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 7 - Phase 14 2nd Phase

4	Thursday, July 28, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodasi* Yam Titau						Trieste, Italy Sutra 107 Khara 5113
	433876152	Mithuna Rasi: 8.03 Routine Work Marana Yoga	Gulika 8:29AM – 10:21AM Yama 4:45AM – 6:37AM Rahu 2:04PM – 3:56PM	Ardra Until 4:03AM Fri Vyaghata* Until 1:42PM Gara Until 11:29AM Trayodasi* Until 11:29PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Yellow Ashada*Adi	<i>Sunrise:</i> 4:45AM <i>Sunset:</i> 7:39PM	Sun 12	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 7 - Phase 14 2nd Phase

5	Friday, July 29, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau						Trieste, Italy Sutra 108 Khara 5113
	443876152	Mithuna Rasi: 21.27 Creative Work Siddha Yoga	Gulika 6:38AM – 8:29AM Yama 3:55PM – 5:47PM Rahu 10:21AM – 12:12PM	Punarvasu Until 2:23AM Sat Harshana Until 11:33AM Visti Until 10:15AM Chaturdasi* Until 9:20PM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Blue Ashada*Adi	<i>Sunrise:</i> 4:46AM <i>Sunset:</i> 7:38PM	Sun 13	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 7 - Phase 14 2nd Phase

6	Saturday, July 30, 2011	Retreat Star	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau						Trieste, Italy Sutra 109 Khara 5113
	443876152	Kataka Rasi: 5.14 Creative Work Siddha Yoga	Gulika 4:47AM – 6:39AM Yama 2:03PM – 3:55PM Rahu 8:30AM – 10:21AM	Pushya Until 1:37AM Sun Vajra* Until 9:19AM Catuspada Until 8:44AM Amavasya* Until 7:48PM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Blue Ashada*Adi	<i>Sunrise:</i> 4:47AM <i>Sunset:</i> 7:37PM	Sun 14	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 7 - Phase 14 Amavasya

7	Sunday, July 31, 2011	Retreat Star	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha* Nakshatra Siddhi/Vyatipala* Yoga Kintughna*/Balava Karana Prathama*/Dvitiya Yam Titau						Trieste, Italy Sutra 110 Khara 5113
	443876152	Kataka Rasi: 19.21 Creative Work Siddha Yoga	Gulika 3:54PM – 5:45PM Yama 12:12PM – 2:03PM Rahu 5:45PM – 7:36PM	Aslesha* Until 12:15AM Mon Siddhi Until 6:31AM Kintughna Until 6:34AM Prathama* Until 5:39PM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Blue Sravana*Adi	<i>Sunrise:</i> 4:49AM <i>Sunset:</i> 7:36PM	Sun 15	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 7 - Phase 14 Prathama

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. *Krishna Yajur Veda, Kathau 5.11. bo UpH, 357*

1	Monday, August 1, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau				Trieste, Italy
	Simha Rasi: 3.44	Tithi 2 - 3	Gulika 2:03PM - 3:53PM	Magha* Until 9:21PM	Ganesha: Blue	<i>Sunrise:</i> 4:50AM	Sun 16 Sutra 111 Khara 5113
Family Home Evening		453876152	Yama 10:22AM - 12:12PM	Variyan Until 11:28PM	Muruqa: Yellow	<i>Sunset:</i> 7:35PM	Moon 7 - Phase 15
Creative Work Siddha Yoga			Rahu 6:40AM - 8:31AM	Taitila Until 12:38AM Tue	Nataraja: Clear		3rd Phase
				Dvitiya Until 2:21PM	Sravana-Adi	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

2	Tuesday, August 2, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau				Trieste, Italy
	Simha Rasi: 18.17	Tithi 3 - 4	Gulika 12:12PM - 2:02PM	Purvaphalguni* Until 7:24PM	Ganesha: Blue	<i>Sunrise:</i> 4:51AM	Sun 17 Sutra 112 Khara 5113
Creative Work Siddha Yoga		453876152	Yama 8:31AM - 10:22AM	Parigha* Until 8:12PM	Muruqa: Yellow	<i>Sunset:</i> 7:33PM	Moon 7 - Phase 15
Until 7:24PM then Amrita Yoga			Rahu 3:53PM - 5:43PM	Vanija Until 9:54PM	Nataraja: Clear		3rd Phase
				Tritiya Until 11:37AM	Sravana-Adi	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

3	Wednesday, August 3, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Vistil/Bava Karana Chaturthi/Panchami Yam Titau				Trieste, Italy
	Kanya Rasi: 2.53	Tithi 4 - 5	Gulika 10:22AM - 12:12PM	Uttaraphalguni Until 5:22PM	Ganesha: Blue	<i>Sunrise:</i> 4:52AM	Sun 18 Sutra 113 Khara 5113
Creative Work Amrita Yoga		453876152	Yama 6:42AM - 8:32AM	Shiva Until 5:36PM	Muruqa: Yellow	<i>Sunset:</i> 7:32PM	Moon 7 - Phase 15
Until 5:22PM then Siddha Yoga			Rahu 12:12PM - 2:02PM	Bava Until 7:06PM	Nataraja: Clear		3rd Phase
Until 8:08PM then no yoga			Nag Panchami	Chaturthi* Until 8:49AM	Sravana-Adi	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

4	Thursday, August 4, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Balava/Taitila Karana Panchami/Shasthi* Yam Titau				Trieste, Italy
	Kanya Rasi: 17.26	Tithi 5 - 6	Gulika 8:33AM - 10:22AM	Hasta Until 4:07PM	Ganesha: Yellow	<i>Sunrise:</i> 4:53AM	Sun 19 Sutra 114 Khara 5113
No Yoga		463876152	Yama 4:53AM - 6:43AM	Siddha Until 2:08PM	Muruqa: Yellow	<i>Sunset:</i> 7:31PM	Moon 7 - Phase 15
Until 4:07PM then Siddha Yoga			Rahu 2:02PM - 3:51PM	Taitila Until 4:15AM Fri	Nataraja: Clear		3rd Phase
				Panchami Until 6:06AM	Sravana-Adi	Devaloka Day	

5	Friday, August 5, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svatil Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptami Yam Titau				Trieste, Italy
	Tula Rasi: 1.5	Tithi 7	Gulika 6:44AM - 8:33AM	Chitra Until 2:17PM	Ganesha: Yellow	<i>Sunrise:</i> 4:54AM	Sun 20 Sutra 115 Khara 5113
Creative Work Siddha Yoga		464976152	Yama 3:51PM - 5:40PM	Sadhya Until 10:53AM	Muruqa: Yellow	<i>Sunset:</i> 7:29PM	Moon 7 - Phase 15
			Rahu 10:22AM - 12:12PM	Gara Until 2:31PM	Nataraja: Clear		3rd Phase
				Saptami Until 1:36AM Sat	Sravana-Adi	Devaloka Day	

D	Saturday, August 6, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantra Vasara Yuktayam Svati/Visakha Nakshatra Subha/Sukla Yoga Vistil/Bava Karana Ashtami* Yam Titau				Trieste, Italy
	Retreat Star		Gulika 4:56AM - 6:45AM	Svati Until 12:48PM	Ganesha: Yellow	<i>Sunrise:</i> 4:56AM	Sun 21 Sutra 116 Khara 5113
Tula Rasi: 16.02	Tithi 8	464976152	Yama 2:01PM - 3:50PM	Subha Until 7:58AM	Muruqa: Yellow	<i>Sunset:</i> 7:28PM	Moon 7 - Phase 15
Creative Work Siddha Yoga			Rahu 8:34AM - 10:23AM	Vistil Until 12:13PM	Nataraja: Clear		Ashtami
Until 8:08PM then Marana Yoga				Ashtami* Until 11:18PM	Sravana-Adi	Devaloka Day	

D	Sunday, August 7, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Visakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau				Trieste, Italy
	Retreat Star		Gulika 3:49PM - 5:38PM	Visakha Until 11:42AM	Ganesha: White	<i>Sunrise:</i> 4:57AM	Sun 22 Sutra 117 Khara 5113
Vrischika Rasi: 0.01	Tithi 9	474976152	Yama 12:12PM - 2:00PM	Brahma Until 2:44AM Mon	Muruqa: Yellow	<i>Sunset:</i> 7:26PM	Moon 7 - Phase 15
Routine Work Marana Yoga			Rahu 5:38PM - 7:26PM	Balava Until 10:20AM	Nataraja: Clear		Navami
Until 8:08PM then Siddha Yoga				Navami* Until 9:25PM	Sravana-Adi	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda, Svetu 3.2. VE, 621

1 Monday, August 8, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Tailila/Gara Karana Dasami Yam Titau		Sun 23		Trieste, Italy Sutra 118 Khara 5113
	Gulika	2:00PM – 3:48PM	Anuradha Until 10:59AM	Ganesha: White	<i>Sunrise:</i> 4:58AM
	Yama	10:23AM – 12:11PM	Indra Until 1:52AM Tue	Muruqa: Yellow	<i>Sunset:</i> 7:25PM
Vrischika Rasi: 13.46 Titli 10 Family Home Evening Creative Work Siddha Yoga	474976152	Rahu 6:46AM – 8:35AM	Taitila Until 8:53AM Dasami Until 7:57PM	Moon – Orange Sravana-Adi	Moon 7 - Phase 16 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

2 Tuesday, August 9, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visiti* Karana Ekadasi Yam Titau		Sun 24		Trieste, Italy Sutra 119 Khara 5113
	Gulika	12:11PM – 1:59PM	Jyeshtha* Until 11:01AM	Ganesha: White	<i>Sunrise:</i> 4:59AM
	Yama	8:35AM – 10:23AM	Vaidhriti* Until 11:54PM	Muruqa: Yellow	<i>Sunset:</i> 7:24PM
Vrischika Rasi: 27.17 Titli 11 Creative Work Siddha Yoga Until 11:01AM then Amrita Yoga Until 8:08PM then Marana Yoga	474976152	Rahu 3:47PM – 5:36PM	Vanija Until 7:59AM Ekadasi Until 7:59PM	Moon – Orange Sravana-Adi	Moon 7 - Phase 16 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

3 Wednesday, August 10, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau		Sun 25		Trieste, Italy Sutra 120 Khara 5113
	Gulika	10:23AM – 12:11PM	Mula* Until 11:03AM	Ganesha: Clear	<i>Sunrise:</i> 5:00AM
	Yama	6:48AM – 8:36AM	Vishkambha* Until 10:17PM	Muruqa: Yellow	<i>Sunset:</i> 7:22PM
Dhanus Rasi: 10.35 Titli 12 Routine Work Marana Yoga Until 11:03AM then Amrita Yoga Until 8:07PM then Siddha Yoga	484976152	Rahu 12:11PM – 1:59PM	Bava Until 7:17AM Dvadasi Until 7:17PM	Moon – Light Blue Sravana-Adi	Moon 7 - Phase 16 4th Phase Devaloka Day

4 Thursday, August 11, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau		Sun 26		Trieste, Italy Sutra 121 Khara 5113
	Gulika	8:36AM – 10:24AM	Purvashadha* Until 11:28AM	Ganesha: Clear	<i>Sunrise:</i> 5:02AM
	Yama	5:02AM – 6:49AM	Priti Until 9:02PM	Muruqa: Yellow	<i>Sunset:</i> 7:21PM
Dhanus Rasi: 23.43 Titli 13 Creative Work Siddha Yoga	484976152	Rahu 1:58PM – 3:46PM	Kaulava Until 6:59AM Trayodasi Until 6:59PM	Moon – Light Blue Sravana-Adi	Moon 7 - Phase 16 4th Phase Devaloka Day

Pradosha Vrata

5 Friday, August 12, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Sravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Sun 27		Trieste, Italy Sutra 122 Khara 5113
	Gulika	6:50AM – 8:37AM	Uttarashadha Until 12:14PM	Ganesha: Clear	<i>Sunrise:</i> 5:03AM
	Yama	3:45PM – 5:32PM	Ayushman Until 8:06PM	Muruqa: Yellow	<i>Sunset:</i> 7:19PM
Makara Rasi: 6.37 Titli 14 Creative Work Siddha Yoga	484976152	Rahu 10:24AM – 12:11PM	Gara Until 7:04AM Chaturdasi* Until 7:04PM	Moon – Light Blue Sravana-Adi	Moon 7 - Phase 16 4th Phase Devaloka Day

O Saturday, August 13, 2011 Copper Retreat Star	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantra Vasara Yuktayam Sravana/Dhanishtha Nakshatra Saubhagya Yoga Visiti*/Bava Karana Purnima* Yam Titau		Sun 27		Trieste, Italy Sutra 123 Khara 5113
	Gulika	5:04AM – 6:51AM	Sravana Until 1:21PM	Ganesha: Purple	<i>Sunrise:</i> 5:04AM
	Yama	1:57PM – 3:44PM	Saubhagya Until 8:32PM	Muruqa: Yellow	<i>Sunset:</i> 7:17PM
Makara Rasi: 19.21 Titli 15 Creative Work Siddha Yoga	494976152	Rahu 8:37AM – 10:24AM	Visiti Until 7:32AM Purnima* Until 7:32PM	Moon – Purple Sravana-Adi	Moon 7 - Phase 16 Purnima Bhuloka Day Devaloka Time: 3:PM to 6:PM

Raksha Bandhan

S Sunday, August 14, 2011 Silver Retreat Star	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau		Sun 28		Trieste, Italy Sutra 124 Khara 5113
	Gulika	3:43PM – 5:30PM	Dhanishtha Until 3:34PM	Ganesha: Purple	<i>Sunrise:</i> 5:05AM
	Yama	12:11PM – 1:57PM	Sobhana Until 8:14PM	Muruqa: Yellow	<i>Sunset:</i> 7:16PM
Kumbha Rasi: 1.53 Titli 16 Creative Work Siddha Yoga	494976152	Rahu 5:30PM – 7:16PM	Balava Until 8:36AM Prathama* Until 9:41PM	Moon – Purple Sravana-Adi	Moon 7 - Phase 16 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM



Monday, August 15, 2011
Gold Retreat Star

Kumbha Rasi: 14.14 Tithi 17
Family Home Evening 494976152
Creative Work Siddha Yoga
Until 5:32PM then no yoga
Until 8.07PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Athiganda* Yoga Tailila/Gara Karana Dvitiya Yam Titau
Gulika 1:56PM – 3:42PM **Satabhisha Until 5:32PM**
Yama 10:24AM – 12:10PM **Athiganda* Until 8:16PM**
Rahu 6:52AM – 8:38AM **Taitila Until 9:55AM**
Dvitiya Until 11:01PM

Ganesha: Purple *Sunrise:* 5:06AM
Muruqa: Yellow *Sunset:* 7:14PM
Nataraja: Clear
Moon – Purple
Sravana-Adi

Trieste, Italy
Sun 1 **Sutra 125**
Khara 5113
Moon 8 - Phase 17
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Tuesday, August 16, 2011

Kumbha Rasi: 26.25 Tithi 18
414976152
Routine Work Marana Yoga
Until 7:50PM then Amrita Yoga
Until 8.06PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprostapada* Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 12:10PM – 1:56PM **Purvaprostapada* Until 7:50PM**
Yama 8:39AM – 10:24AM **Sukarma Until 8:37PM**
Rahu 3:41PM – 5:27PM **Vanija Until 11:37AM**
Tritiya Until 12:42AM Wed

Ganesha: White *Sunrise:* 5:08AM
Muruqa: Yellow *Sunset:* 7:13PM
Nataraja: Clear
Moon – Clear
Sravana-Adi

Trieste, Italy
Sun 2 **Sutra 126**
Khara 5113
Moon 8 - Phase 17
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2

Wednesday, August 17, 2011

Meena Rasi: 8.28 Tithi 19
415976152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprostapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 10:25AM – 12:10PM **Uttaraprostapada Until 10:25PM**
Yama 6:54AM – 8:39AM **Dhriti Until 9:14PM**
Rahu 12:10PM – 1:55PM **Bava Until 1:38PM**
Chaturthi* Until 2:43AM Thu

Ganesha: Clear *Sunrise:* 5:09AM
Muruqa: Yellow *Sunset:* 7:11PM
Nataraja: Clear
Moon – Clear
Sravana-Avani

Trieste, Italy
Sun 3 **Sutra 127**
Khara 5113
Moon 8 - Phase 17
1st Phase

Devaloka Day

3

Thursday, August 18, 2011

Meena Rasi: 20.23 Tithi 20
515976152
Creative Work Siddha Yoga
Until 1:14AM Fri then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Shula* Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 8:40AM – 10:25AM **Revati Until 1:14AM Fri**
Yama 5:10AM – 6:55AM **Shula* Until 10:03PM**
Rahu 1:55PM – 3:40PM **Kaulava Until 3:53PM**
Panchami Until 4:59AM Fri

Ganesha: Purple *Sunrise:* 5:10AM
Muruqa: Yellow *Sunset:* 7:09PM
Nataraja: Clear
Moon – Clear
Sravana-Avani

Trieste, Italy
Sun 4 **Sutra 128**
Khara 5113
Moon 8 - Phase 17
1st Phase

Sivaloka Day

4

Friday, August 19, 2011

Mesha Rasi: 2.15 Tithi 21
525976152
Creative Work Amrita Yoga
Until 8.06PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Asvini Nakshatra Ganda* Yoga Gara Karana Shasthi* Yam Titau
Gulika 6:56AM – 8:40AM **Asvini Until 4:10AM Sat**
Yama 3:39PM – 5:23PM **Ganda* Until 11:00PM**
Rahu 10:25AM – 12:09PM **Gara Until 6:17PM**
Shasthi* Until 7:37AM Sat

Ganesha: Clear *Sunrise:* 5:11AM
Muruqa: Yellow *Sunset:* 7:08PM
Nataraja: Clear
Moon – White
Sravana-Avani

Trieste, Italy
Sun 5 **Sutra 129**
Khara 5113
Moon 8 - Phase 17
1st Phase

Devaloka Day

5

Saturday, August 20, 2011

Mesha Rasi: 14.06 Tithi 21 – 22
525976152
Creative Work Siddha Yoga
Until 8.06PM then no yoga
Until 7:18AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam
Bharani Nakshatra Vriddhi Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 5:12AM – 6:57AM **Bharani Until 7:18AM Sun**
Yama 1:53PM – 3:38PM **Vriddhi Until 11:57PM**
Rahu 8:41AM – 10:25AM **Visti Until 8:42PM**
Shasthi* Until 7:37AM

Ganesha: Clear *Sunrise:* 5:12AM
Muruqa: Yellow *Sunset:* 7:06PM
Nataraja: Clear
Moon – White
Sravana-Avani

Trieste, Italy
Sun 6 **Sutra 130**
Khara 5113
Moon 8 - Phase 17
1st Phase

Devaloka Day



Sunday, August 21, 2011
Retreat Star

Mesha Rasi: 26.01 Tithi 22 – 23
525976152
No Yoga
Until 7:18AM then Siddha Yoga
Until 8.05PM then no yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 3:37PM – 5:21PM **Bharani Until 7:18AM**
Yama 12:09PM – 1:53PM **Dhruva Until 12:47AM Mon**
Rahu 5:21PM – 7:04PM **Balava Until 10:59PM**
Krishna Janmashtami **Saptami Until 9:53AM**

Ganesha: Clear *Sunrise:* 5:14AM
Muruqa: Yellow *Sunset:* 7:04PM
Nataraja: Clear
Moon – White
Sravana-Avani

Trieste, Italy
Sun 7 **Sutra 131**
Khara 5113
Moon 8 - Phase 17
Ashtami

Devaloka Day

Monday, August 22, 2011
Retreat Star

Vrishabha Rasi: 8.05 Tithi 23 – 24
Family Home Evening 525976152
No Yoga
Until 9:50AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 1:52PM – 3:36PM **Krittika Until 9:50AM**
Yama 10:25AM – 12:09PM **Vyaghata* Until 1:21AM Tue**
Rahu 6:58AM – 8:42AM **Taitila Until 12:56AM Tue**
Ashtami* Until 11:51AM

Ganesha: Clear *Sunrise:* 5:15AM
Muruqa: Yellow *Sunset:* 7:03PM
Nataraja: Clear
Moon – White
Sravana-Avani

Trieste, Italy
Sun 8 **Sutra 132**
Khara 5113
Moon 8 - Phase 17
Navami

Devaloka Day

1 Tuesday, August 23, 2011 Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Trieste, Italy
 Rohini/Grigasira Nakshatra Harshana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau Sun 9 Sutra 133
 Khara 5113
Gulika 12:08PM – 1:52PM **Rohini** Until 11:26AM **Ganesha:** White *Sunrise:* 5:16AM
Yama 8:42AM – 10:25AM Harshana Until 12:05AM Wed **Muruqa:** Yellow *Sunset:* 7:01PM Moon 8 - Phase 18
 535976152 **Rahu** 3:35PM – 5:18PM Vanija Until 12:41AM Wed **Nataraja:** Clear **Sivaloka Day**
 Creative Work Amrita Yoga Moon – Yellow
 Until 11:26AM then Siddha Yoga **Navami*** Until 12:41PM **Sravana*Avani**

2 Wednesday, August 24, 2011 Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Trieste, Italy
 Mrigasira/Ardra Nakshatra Vajra* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau Sun 10 Sutra 134
 Khara 5113
Gulika 10:25AM – 12:08PM **Mrigasira** Until 12:44PM **Ganesha:** White *Sunrise:* 5:17AM
Yama 7:00AM – 8:43AM Vajra* Until 11:38PM **Muruqa:** Yellow *Sunset:* 6:59PM Moon 8 - Phase 18
 535976152 **Rahu** 12:08PM – 1:51PM Bava Until 1:20AM Thu **Nataraja:** Clear **Sivaloka Day**
 Creative Work Siddha Yoga Moon – Yellow
 Until 8:05PM then Marana Yoga **Dasami** Until 1:20PM **Sravana*Avani**

3 Thursday, August 25, 2011 Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Trieste, Italy
 Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau Sun 11 Sutra 135
 Khara 5113
Gulika 8:43AM – 10:26AM **Ardra** Until 1:16PM **Ganesha:** White *Sunrise:* 5:18AM
Yama 5:18AM – 7:01AM Siddhi Until 10:29PM **Muruqa:** Yellow *Sunset:* 6:57PM Moon 8 - Phase 18
 535976152 **Rahu** 1:50PM – 3:33PM Kaulava Until 11:43PM **Nataraja:** Clear **Sivaloka Day**
 Routine Work Marana Yoga Moon – Yellow
 Until 1:16PM then Amrita Yoga **Ekadasi*** Until 12:38PM **Sravana*Avani**
 Until 8:04PM then Siddha Yoga

4 Friday, August 26, 2011 Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Trieste, Italy
 Punarvasu/Pushya Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau Sun 12 Sutra 136
 Khara 5113
Gulika 7:02AM – 8:44AM **Punarvasu** Until 12:28PM **Ganesha:** Yellow *Sunrise:* 5:20AM
Yama 3:32PM – 5:14PM Vyatipata* Until 7:35PM **Muruqa:** Yellow *Sunset:* 6:56PM Moon 8 - Phase 18
 545976152 **Rahu** 10:26AM – 12:08PM Gara Until 10:44PM **Nataraja:** Clear **Devaloka Day**
 Creative Work Siddha Yoga Moon – Blue
 Until 12:28PM then Marana Yoga **Dvadasi*** Until 11:40AM **Sravana*Avani**
 Until 8:04PM then Siddha Yoga *Pradosha Vrata (Fasting)*

5 Saturday, August 27, 2011 Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Trieste, Italy
 Pushya/Aslesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau Sun 13 Sutra 137
 Khara 5113
Gulika 5:21AM – 7:03AM **Pushya** Until 11:24AM **Ganesha:** White *Sunrise:* 5:21AM
Yama 1:49PM – 3:31PM Variyan Until 5:02PM **Muruqa:** Yellow *Sunset:* 6:54PM Moon 8 - Phase 18
 546976152 **Rahu** 8:44AM – 10:26AM Visti Until 8:54PM **Nataraja:** Clear **Bhuloka Day**
 Creative Work Siddha Yoga Moon – Blue **Devaloka Time: 3:PM to 6:PM**
 Until 11:24AM then Marana Yoga **Trayodasi*** Until 9:50AM **Sravana*Avani**
 Until 8:04PM then Siddha Yoga

Sunday, August 28, 2011 Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Trieste, Italy
 Aslesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Naga* Karana Chaturdasi*/Amavasya* Yam Titau Sun 14 Sutra 138
 Khara 5113
Gulika 3:30PM – 5:11PM **Aslesha*** Until 9:22AM **Ganesha:** White *Sunrise:* 5:22AM
Yama 12:07PM – 1:48PM Parigha* Until 1:19PM **Muruqa:** Yellow *Sunset:* 6:52PM Moon 8 - Phase 18
 546976153 **Rahu** 5:11PM – 6:52PM Naga Until 3:42AM Mon **Nataraja:** White **Devaloka Day**
 Creative Work Siddha Yoga Moon – Blue
 Until 9:22AM then Marana Yoga **Chaturdasi*** Until 7:07AM **Sravana*Avani**
 Until 8:03PM then Siddha Yoga

Monday, August 29, 2011 Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Trieste, Italy
 Magha*/Purvaphalguni* Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathama* Yam Titau Sun 15 Sutra 139
 Khara 5113
Gulika 1:48PM – 3:29PM **Magha*** Until 7:09AM **Ganesha:** Green *Sunrise:* 5:23AM
Yama 10:26AM – 12:07PM Shiva Until 9:48AM **Muruqa:** Yellow *Sunset:* 6:50PM Moon 8 - Phase 18
 556976153 **Rahu** 7:04AM – 8:45AM Kintughna Until 2:24PM **Nataraja:** White **Devaloka Day**
 Creative Work Siddha Yoga Moon – Red
 Until 12:41AM then Siddha Yoga **Prathama*** Until 12:41AM Tue **Bhadrapada*Avani**

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda, Svetu 6.2. UpR, 743

1	Tuesday, August 30, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Trieste, Italy
	Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Uttaraphalguni Until 1:55AM Wed				Sun 16 Sutra 140
Simha Rasi: 27.33	Tithi 2	566176153	Gulika 12:06PM – 1:47PM	Ganesha: Blue <i>Sunrise: 5:25AM</i>	Muruqa: Yellow <i>Sunset: 6:48PM</i>	Nataraja: White	Khara 5113
Creative Work Amrita Yoga			Yama 8:46AM – 10:26AM			Moon – Red	Moon 8 - Phase 19
Until 1:55AM Wed then Siddha Yoga			Rahu 3:27PM – 5:08PM	Balava Until 11:02AM	Bhadrapada-Avani		3rd Phase
				Dvitiya Until 9:19PM		Devaloka Day	

2	Wednesday, August 31, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam				Trieste, Italy
	Hasta Nakshatra Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthi* Yam Titau		Hasta Until 11:16PM				Sun 17 Sutra 141
Kanya Rasi: 12.32	Tithi 3 – 4	566176153	Gulika 10:26AM – 12:06PM	Ganesha: Blue <i>Sunrise: 5:26AM</i>	Muruqa: Yellow <i>Sunset: 6:47PM</i>	Nataraja: White	Khara 5113
Creative Work Siddha Yoga			Yama 7:06AM – 8:46AM			Moon – Green	Moon 8 - Phase 19
Until 8:03PM then no yoga			Rahu 12:06PM – 1:46PM	Subha Until 10:00PM	Bhadrapada-Avani		3rd Phase
Until 11:16PM then Siddha Yoga				Taitila Until 7:33AM		Devaloka Day	
				Tritiya Until 5:50PM			

3	Thursday, September 1, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Trieste, Italy
	Chitra Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Chitra Until 8:44PM				Sun 18 Sutra 142
Kanya Rasi: 27.27	Tithi 4 – 5	566176153	Gulika 8:46AM – 10:26AM	Ganesha: Blue <i>Sunrise: 5:27AM</i>	Muruqa: Yellow <i>Sunset: 6:45PM</i>	Nataraja: White	Khara 5113
Creative Work Siddha Yoga			Yama 5:27AM – 7:07AM			Moon – Green	Moon 8 - Phase 19
			Rahu 1:46PM – 3:25PM	Sukla Until 6:11PM	Bhadrapada-Avani		3rd Phase
				Bava Until 12:48AM Fri		Devaloka Day	
			Ganesha Chaturthi	Chaturthi* Until 2:31PM			

4	Friday, September 2, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Trieste, Italy
	Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Svati Until 7:27PM				Sun 19 Sutra 143
Tula Rasi: 12.09	Tithi 5 – 6	566176153	Gulika 7:08AM – 8:47AM	Ganesha: Blue <i>Sunrise: 5:28AM</i>	Muruqa: Yellow <i>Sunset: 6:43PM</i>	Nataraja: White	Khara 5113
Creative Work Siddha Yoga			Yama 3:24PM – 5:04PM			Moon – Green	Moon 8 - Phase 19
Until 7:27PM then Marana Yoga			Rahu 10:26AM – 12:06PM	Brahma Until 3:16PM	Bhadrapada-Avani		3rd Phase
Until 8:02PM then Siddha Yoga				Kaulava Until 11:03PM		Devaloka Day	
				Panchami Until 11:58AM			

5	Saturday, September 3, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam				Trieste, Italy
	Visakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau		Visakha Until 5:38PM				Sun 20 Sutra 144
Tula Rasi: 26.33	Tithi 6 – 7	577176153	Gulika 5:29AM – 7:08AM	Ganesha: Blue <i>Sunrise: 5:29AM</i>	Muruqa: Yellow <i>Sunset: 6:41PM</i>	Nataraja: White	Khara 5113
Creative Work Siddha Yoga			Yama 1:44PM – 3:23PM			Moon – Orange	Moon 8 - Phase 19
Until 8:02PM then Marana Yoga			Rahu 8:47AM – 10:26AM	Indra Until 12:01PM	Bhadrapada-Avani		3rd Phase
				Gara Until 8:25PM		Subha Sivaloka Day	
				Shasthi* Until 9:20AM			

☐	Sunday, September 4, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Trieste, Italy
	Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Anuradha Until 4:25PM				Sun 21 Sutra 145
Vrischika Rasi: 10.35	Tithi 7 – 8	577176153	Gulika 3:22PM – 5:01PM	Ganesha: Blue <i>Sunrise: 5:31AM</i>	Muruqa: Yellow <i>Sunset: 6:39PM</i>	Nataraja: White	Khara 5113
Routine Work Marana Yoga			Yama 12:05PM – 1:43PM			Moon – Orange	Moon 8 - Phase 19
Until 8:01PM then Siddha Yoga			Rahu 5:01PM – 6:39PM	Vaidhriti* Until 9:20AM	Bhadrapada-Avani		Ashtami
				Visti Until 6:26PM		Subha Sivaloka Day	
				Saptami Until 7:21AM			

☐	Monday, September 5, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam				Trieste, Italy
	Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Ashtami*/Navami* Yam Titau		Jyeshtha* Until 4:34PM				Sun 22 Sutra 146
Vrischika Rasi: 24.16	Tithi 8 – 9	577176153	Gulika 1:43PM – 3:21PM	Ganesha: Blue <i>Sunrise: 5:32AM</i>	Muruqa: Yellow <i>Sunset: 6:37PM</i>	Nataraja: White	Khara 5113
Family Home Evening			Yama 10:26AM – 12:05PM			Moon – Orange	Moon 8 - Phase 19
Creative Work Siddha Yoga			Rahu 7:10AM – 8:48AM	Vishkambha* Until 7:19AM	Bhadrapada-Avani		Navami
Until 8:01PM then Amrita Yoga				Kaulava Until 6:02PM		Subha Sivaloka Day	
				Ashtami* Until 6:02AM			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Mundu 1.1.7. bo UpR, 673

1	Tuesday, September 6, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dasami Yam Titau				Sun 23	Trieste, Italy Sutra 147 Khara 5113
	Dhanus Rasi: 7.37	Tithi 10	Gulika 12:04PM – 1:42PM	Mula* Until 4:33PM	Ganesha: Yellow <i>Sunrise:</i> 5:33AM			
		587176153	Yama 8:49AM – 10:26AM	Ayushman Until 4:29AM Wed	Muruqa: Yellow <i>Sunset:</i> 6:35PM		Moon 8 - Phase 20	
Creative Work	Amrita Yoga		Rahu 3:20PM – 4:58PM	Taitila Until 5:17PM	Nataraja: White		4th Phase	
Until 4:33PM then Siddha Yoga				Dasami Until 5:17AM Wed	Moon – Light Blue	Sivaloka Day		
Until 8.01PM then Amrita Yoga					Bhadrapada*Avani			

2	Wednesday, September 7, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau				Sun 24	Trieste, Italy Sutra 148 Khara 5113
	Dhanus Rasi: 20.41	Tithi 11	Gulika 10:26AM – 12:04PM	Purvashadha* Until 5:04PM	Ganesha: Yellow <i>Sunrise:</i> 5:34AM			
		587176153	Yama 7:12AM – 8:49AM	Saubhagya Until 3:18AM Thu	Muruqa: Yellow <i>Sunset:</i> 6:34PM		Moon 8 - Phase 20	
Creative Work	Amrita Yoga		Rahu 12:04PM – 1:41PM	Vanija Until 5:07PM	Nataraja: White		4th Phase	
Until 8.00PM then Siddha Yoga				Ekadasi Until 5:07AM Thu	Moon – Light Blue	Sivaloka Day		
					Bhadrapada*Avani			

3	Thursday, September 8, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Bava/Balava Karana Dvadasi Yam Titau				Sun 25	Trieste, Italy Sutra 149 Khara 5113
	Makara Rasi: 3.29	Tithi 12	Gulika 8:50AM – 10:27AM	Uttarashadha Until 6:01PM	Ganesha: Yellow <i>Sunrise:</i> 5:35AM			
		587176153	Yama 5:35AM – 7:12AM	Sobhana Until 2:32AM Fri	Muruqa: Yellow <i>Sunset:</i> 6:32PM		Moon 8 - Phase 20	
Creative Work	Siddha Yoga		Rahu 1:41PM – 3:18PM	Bava Until 5:26PM	Nataraja: White		4th Phase	
				Dvadasi Until 6:10AM Fri	Moon – Light Blue	Sivaloka Day		
					Bhadrapada*Avani			

4	Friday, September 9, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Sravana Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau				Sun 26	Trieste, Italy Sutra 150 Khara 5113
	Makara Rasi: 16.06	Tithi 12 – 13	Gulika 7:13AM – 8:50AM	Sravana Until 8:28PM	Ganesha: White <i>Sunrise:</i> 5:37AM			
		597176153	Yama 3:16PM – 4:53PM	Athiganda* Until 3:39AM Sat	Muruqa: Yellow <i>Sunset:</i> 6:30PM		Moon 8 - Phase 20	
Creative Work	Siddha Yoga		Rahu 10:27AM – 12:03PM	Kaulava Until 7:15PM	Nataraja: White		4th Phase	
				Dvadasi Until 6:10AM	Moon – Purple	Subha Sivaloka Day		
					Bhadrapada*Avani			

Pradosha Vrata

5	Saturday, September 10, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Sun 27	Trieste, Italy Sutra 151 Khara 5113
	Makara Rasi: 28.32	Tithi 13 – 14	Gulika 5:38AM – 7:14AM	Dhanishtha Until 10:15PM	Ganesha: Yellow <i>Sunrise:</i> 5:38AM			
		598176153	Yama 1:39PM – 3:15PM	Sukarma Until 3:30AM Sun	Muruqa: Yellow <i>Sunset:</i> 6:28PM		Moon 8 - Phase 20	
Creative Work	Siddha Yoga		Rahu 8:50AM – 10:27AM	Gara Until 8:24PM	Nataraja: White		4th Phase	
				Trayodasi Until 7:19AM	Moon – Purple	Sivaloka Day		
			Chidambaram Abhishekam		Bhadrapada*Avani			

○	Sunday, September 11, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Sun 28	Trieste, Italy Sutra 152 Khara 5113
	Copper Retreat Star		Gulika 3:14PM – 4:50PM	Satabhisha Until 12:19AM Mon	Ganesha: Yellow <i>Sunrise:</i> 5:39AM			
Kumbha Rasi: 10.5	Tithi 14 – 15	598176153	Yama 12:02PM – 1:38PM	Dhriti Until 3:37AM Mon	Muruqa: Yellow <i>Sunset:</i> 6:26PM		Moon 8 - Phase 20	
Creative Work	Siddha Yoga		Rahu 4:50PM – 6:26PM	Visti Until 9:53PM	Nataraja: White		Purnima	
Until 12:19AM Mon then no yoga				Chaturdasi* Until 8:47AM	Moon – Purple	Sivaloka Day		
			Grandparent's Day		Bhadrapada*Avani			

○	Monday, September 12, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprostapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Sun 29	Trieste, Italy Sutra 153 Khara 5113
	Silver Retreat Star		Gulika 1:38PM – 3:13PM	Purvaprostapada* Until 2:39AM Tue	Ganesha: Yellow <i>Sunrise:</i> 5:40AM			
Kumbha Rasi: 23.01	Tithi 15 – 16	518186153	Yama 10:27AM – 12:02PM	Shula* Until 3:59AM Tue	Muruqa: White <i>Sunset:</i> 6:24PM		Moon 8 - Phase 20	
Family Home Evening	No Yoga		Rahu 7:16AM – 8:51AM	Balava Until 11:38PM	Nataraja: White		Prathama	
Until 7.59PM then Marana Yoga				Purnima* Until 10:32AM	Moon – Clear	Subha Sivaloka Day		
Until 2:39AM Tue then Amrita Yoga					Bhadrapada*Avani			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376



Tuesday, September 13, 2011
Gold Retreat Star

Meena Rasi: 5.04 Tithi 16 – 17
518186153
Creative Work Amrita Yoga
Until 7.58PM then Siddha Yoga
Until 5:13AM Wed then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprostapada Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 12:02PM – 1:37PM **Uttaraprostapada Until 5:13AM Wed**
Yama 8:52AM – 10:27AM **Ganda* Until 4:33AM Wed**
Rahu 3:12PM – 4:47PM **Taitila Until 1:38AM Wed**
Prathama* Until 12:33PM

Ganesha: Yellow *Sunrise: 5:42AM*
Muruqa: White *Sunset: 6:22PM*
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Bhadrapada*Avani

Trieste, Italy
Sutra 154
Khara 5113
Moon 9 - Phase 21
1st Phase

1

Wednesday, September 14, 2011

Meena Rasi: 17.01 Tithi 17 – 18
518186153
Routine Work Marana Yoga
Until 7.58PM then Siddha Yoga
Until 8:14AM Thu then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 10:27AM – 12:01PM **Revati Until 8:14AM Thu**
Yama 7:17AM – 8:52AM **Vriddhi Until 5:18AM Thu**
Rahu 12:01PM – 1:36PM **Vanija Until 3:52AM Thu**
Dvitiya Until 2:46PM

Ganesha: Yellow *Sunrise: 5:43AM*
Muruqa: White *Sunset: 6:20PM*
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Bhadrapada*Avani

Trieste, Italy
Sutra 155
Khara 5113
Moon 9 - Phase 21
1st Phase

2

Thursday, September 15, 2011

Meena Rasi: 28.53 Tithi 18 – 19
518186153
Creative Work Siddha Yoga
Until 8:14AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Asvini Nakshatra Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 8:53AM – 10:27AM **Revati Until 8:14AM**
Yama 5:44AM – 7:18AM **Dhruva Until 6:33AM Fri**
Rahu 1:35PM – 3:10PM **Bava Until 6:16AM Fri**
Tritiya Until 5:11PM

Ganesha: Yellow *Sunrise: 5:44AM*
Muruqa: White *Sunset: 6:18PM*
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Bhadrapada*Avani

Trieste, Italy
Sutra 156
Khara 5113
Moon 9 - Phase 21
1st Phase

3

Friday, September 16, 2011

Mesha Rasi: 10.43 Tithi 19
529186153
Creative Work Amrita Yoga
Until 11:14AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Asvini/Bharani Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 7:19AM – 8:53AM **Asvini Until 11:14AM**
Yama 3:08PM – 4:42PM **Dhruva Until 6:33AM**
Rahu 10:27AM – 12:01PM **Bava Until 6:35AM**
Chaturthi* Until 7:40PM

Ganesha: Red *Sunrise: 5:45AM*
Muruqa: White *Sunset: 6:16PM*
Nataraja: White
Moon – White
Subha Sivaloka Day
Bhadrapada*Avani

Trieste, Italy
Sutra 157
Khara 5113
Moon 9 - Phase 21
1st Phase

4

Saturday, September 17, 2011

Mesha Rasi: 22.33 Tithi 20
529186153
Creative Work Siddha Yoga
Until 2:15PM then Amrita Yoga
Until 7.57PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 5:46AM – 7:20AM **Bharani Until 2:15PM**
Yama 1:34PM – 3:07PM **Vyaghata* Until 7:32AM**
Rahu 8:53AM – 10:27AM **Kaulava Until 9:05AM**
Panchami Until 10:10PM

Ganesha: Red *Sunrise: 5:46AM*
Muruqa: White *Sunset: 6:14PM*
Nataraja: White
Moon – White
Subha Sivaloka Day
Bhadrapada*Puratasi

Trieste, Italy
Sutra 158
Khara 5113
Moon 9 - Phase 21
1st Phase

5

Sunday, September 18, 2011

Vrishabha Rasi: 4.26 Tithi 21
529186153
Creative Work Siddha Yoga
Until 7.56PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 3:06PM – 4:39PM **Krittika Until 5:07PM**
Yama 12:00PM – 1:33PM **Harshana Until 8:23AM**
Rahu 4:39PM – 6:12PM **Gara Until 11:27AM**
Shasthi* Until 12:32AM Mon

Ganesha: Red *Sunrise: 5:48AM*
Muruqa: White *Sunset: 6:12PM*
Nataraja: White
Moon – White
Subha Sivaloka Day
Bhadrapada*Puratasi

Trieste, Italy
Sutra 159
Khara 5113
Moon 9 - Phase 21
1st Phase

6

Monday, September 19, 2011

Vrishabha Rasi: 16.28 Tithi 22
539186153
Family Home Evening
Creative Work Amrita Yoga
Until 7:44PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 1:32PM – 3:05PM **Rohini Until 7:44PM**
Yama 10:27AM – 12:00PM **Vajra* Until 8:59AM**
Rahu 7:22AM – 8:54AM **Visti Until 1:30PM**
Saptami Until 2:36AM Tue

Ganesha: Green *Sunrise: 5:49AM*
Muruqa: White *Sunset: 6:10PM*
Nataraja: White
Moon – Yellow
Subha Subha Sivaloka Day
Bhadrapada*Puratasi

Trieste, Italy
Sutra 160
Khara 5113
Moon 9 - Phase 21
1st Phase



Tuesday, September 20, 2011
Retreat Star

Vrishabha Rasi: 28.44 Tithi 23
539186153
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigasira Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 11:59AM – 1:32PM **Mrigasira Until 8:39PM**
Yama 8:55AM – 10:27AM **Siddhi Until 8:57AM**
Rahu 3:04PM – 4:36PM **Balava Until 2:19PM**
Ashtami* Until 2:19AM Wed

Ganesha: Green *Sunrise: 5:50AM*
Muruqa: White *Sunset: 6:09PM*
Nataraja: White
Moon – Yellow
Subha Subha Sivaloka Day
Bhadrapada*Puratasi

Trieste, Italy
Sutra 161
Khara 5113
Moon 9 - Phase 21
Ashtami

Wednesday, September 21, 2011

Retreat Star


Mithuna Rasi: 11.18 Tithi 24
539186153
Creative Work Siddha Yoga
Until 7.55PM then Marana Yoga
Until 10:03PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 10:27AM – 11:59AM **Ardra Until 10:03PM**
Yama 7:23AM – 8:55AM **Vyatipata* Until 8:34AM**
Rahu 11:59AM – 1:31PM **Taitila Until 3:07PM**
Navami* Until 3:07AM Thu


Ganesha: Green *Sunrise: 5:51AM*
Muruqa: White *Sunset: 6:07PM*
Nataraja: White
Moon – Yellow
Subha Subha Sivaloka Day
Bhadrapada*Puratasi

Trieste, Italy
Sutra 162
Khara 5113
Moon 9 - Phase 21
Navami

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda, Svetu 2.9. UpP, 192

1	Thursday, September 22, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Vanja/Visti* Karana Dasami Yam Titau				Trieste, Italy Sutra 163 Khara 5113		
	Mithuna Rasi: 24.17	Tithi 25	549186153	Gulika 8:56AM – 10:27AM Yama 5:53AM – 7:24AM Rahu 1:30PM – 3:02PM	Punarvasu Until 10:42PM Variyan Until 7:30AM Vanija Until 3:07PM Dasami Until 3:07AM Fri	Ganesha: Orange <i>Sunrise: 5:53AM</i> Muruqa: White <i>Sunset: 6:05PM</i> Nataraja: White Moon – Blue Bhadrapada•Puratasi	Sun 9	Moon 9 - Phase 22 2nd Phase Subha Sivaloka Day	
	Creative Work Amrita Yoga Until 7.55PM then Siddha Yoga Until 10:42PM then Marana Yoga								
2	Friday, September 23, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Shiva Yoga Bava/Balava Karana Ekadasi* Yam Titau				Trieste, Italy Sutra 164 Khara 5113		
	Kataka Rasi: 7.44	Tithi 26	549286153	Gulika 7:25AM – 8:56AM Yama 3:00PM – 4:32PM Rahu 10:27AM – 11:58AM	Pushya Until 9:19PM Shiva Until 2:59AM Sat Bava Until 1:32PM Ekadasi* Until 12:37AM Sat	Ganesha: Green <i>Sunrise: 5:54AM</i> Muruqa: White <i>Sunset: 6:03PM</i> Nataraja: White Moon – Blue Bhadrapada•Puratasi	Sun 10	Moon 9 - Phase 22 2nd Phase Sivaloka Day	
	Routine Work Marana Yoga Until 7.55PM then Siddha Yoga Until 9:19PM then Marana Yoga								
3	Saturday, September 24, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau				Trieste, Italy Sutra 165 Khara 5113		
	Kataka Rasi: 21.41	Tithi 27	541286153	Gulika 5:55AM – 7:26AM Yama 1:29PM – 2:59PM Rahu 8:56AM – 10:27AM	Aslesha* Until 8:16PM Siddha Until 12:26AM Sun Kaulava Until 11:45AM Dvdadasi* Until 10:50PM	Ganesha: Purple <i>Sunrise: 5:55AM</i> Muruqa: White <i>Sunset: 6:01PM</i> Nataraja: White Moon – Blue Bhadrapada•Puratasi	Sun 11	Moon 9 - Phase 22 2nd Phase Sivaloka Day	
	Routine Work Marana Yoga Until 7.54PM then Siddha Yoga Until 8:16PM then Marana Yoga								
4	Sunday, September 25, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Trieste, Italy Sutra 166 Khara 5113		
	Simha Rasi: 6.06	Tithi 28	551286153	Gulika 2:58PM – 4:29PM Yama 11:58AM – 1:28PM Rahu 4:29PM – 5:59PM	Magha* Until 5:34PM Sadhya Until 8:11PM Gara Until 8:52AM Trayodasi* Until 7:09PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Light Blue <i>Sunrise: 5:56AM</i> Muruqa: White <i>Sunset: 5:59PM</i> Nataraja: White Moon – Red Bhadrapada•Puratasi	Sun 12	Moon 9 - Phase 22 2nd Phase Sivaloka Day	
	Routine Work Marana Yoga Until 5:34PM then Siddha Yoga								
5	Monday, September 26, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Trieste, Italy Sutra 167 Khara 5113		
	Simha Rasi: 20.56	Tithi 29 – 30	551286153	Gulika 1:27PM – 2:57PM Yama 10:27AM – 11:57AM Rahu 7:27AM – 8:57AM	Purvaphalguni* Until 3:11PM Subha Until 4:28PM Catuspada Until 2:16AM Tue Chaturdasi* Until 3:59PM	Ganesha: Light Blue <i>Sunrise: 5:57AM</i> Muruqa: White <i>Sunset: 5:57PM</i> Nataraja: White Moon – Red Bhadrapada•Puratasi	Sun 13	Moon 9 - Phase 22 2nd Phase Sivaloka Day	
	Family Home Evening Creative Work Siddha Yoga Until 3:11PM then Marana Yoga Until 7.54PM then Amrita Yoga								
	Tuesday, September 27, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Trieste, Italy Sutra 168 Khara 5113		
	Retreat Star		Kanya Rasi: 6.02	Tithi 30 – 1	551286153	Gulika 11:57AM – 1:26PM Yama 8:58AM – 10:27AM Rahu 2:56PM – 4:25PM	Uttaraphalguni Until 12:20PM Sukla Until 12:20PM Kintughna Until 10:37PM Amavasya* Until 12:20PM	Ganesha: Light Blue <i>Sunrise: 5:59AM</i> Muruqa: White <i>Sunset: 5:55PM</i> Nataraja: White Moon – Red Bhadrapada•Puratasi	Sun 14
	Creative Work Amrita Yoga Until 12:20PM then Siddha Yoga								
	Wednesday, September 28, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau				Trieste, Italy Sutra 169 Khara 5113		
	Retreat Star		Kanya Rasi: 21.17	Tithi 1 – 2	661286153	Gulika 10:27AM – 11:57AM Yama 7:29AM – 8:58AM Rahu 11:57AM – 1:26PM	Hasta Until 9:17AM Brahma Until 8:00AM Balava Until 6:45PM Prathama* Until 8:28AM	Ganesha: Light Blue <i>Sunrise: 6:00AM</i> Muruqa: White <i>Sunset: 5:53PM</i> Nataraja: White Moon – Green Ashvina•Puratasi	Sun 15
	Creative Work Siddha Yoga Navaratri Begins								

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM

1	Thursday, September 29, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yukhtayam Chitra/Svatil Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Tritiya Yam Titau								Trieste, Italy Sutra 170 Khara 5113	
Tula Rasi: 6.29	Tithi 3	661286153	Gulika 8:59AM – 10:27AM Yama 6:01AM – 7:30AM Rahu 1:25PM – 2:54PM	Chitra Until 6:18AM Vaidhriti* Until 11:44PM Taitila Until 2:57PM Tritiya Until 1:14AM Fri	Ganesha: Light Blue <i>Sunrise: 6:01AM</i> Muruqa: White <i>Sunset: 5:51PM</i> Nataraja: White Moon – Green Ashvina•Puratasi					Sun 16 Moon 9 - Phase 23 3rd Phase Sivaloka Day	
Creative Work Siddha Yoga Until 6:18AM then Amrita Yoga Until 7:53PM then Siddha Yoga											
2	Friday, September 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yukhtayam Visakha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau								Trieste, Italy Sutra 171 Khara 5113	
Tula Rasi: 21.28	Tithi 4	671286153	Gulika 7:31AM – 8:59AM Yama 2:53PM – 4:21PM Rahu 10:27AM – 11:56AM	Visakha Until 12:59AM Sat Vishkambha* Until 7:47PM Vanija Until 11:31AM Chaturthi* Until 9:48PM	Ganesha: Purple <i>Sunrise: 6:02AM</i> Muruqa: White <i>Sunset: 5:49PM</i> Nataraja: White Moon – Orange Ashvina•Puratasi					Sun 17 Moon 9 - Phase 23 3rd Phase Sivaloka Day	
Routine Work Marana Yoga Until 7:52PM then Siddha Yoga											
3	Saturday, October 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yukhtayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchami Yam Titau								Trieste, Italy Sutra 172 Khara 5113	
Vrischika Rasi: 6.08	Tithi 5	671286153	Gulika 6:04AM – 7:32AM Yama 1:23PM – 2:51PM Rahu 9:00AM – 10:28AM	Anuradha Until 12:04AM Sun Priti Until 5:00PM Bava Until 8:50AM Panchami Until 7:55PM	Ganesha: Purple <i>Sunrise: 6:04AM</i> Muruqa: White <i>Sunset: 5:47PM</i> Nataraja: White Moon – Orange Ashvina•Puratasi					Sun 18 Moon 9 - Phase 23 3rd Phase Sivaloka Day	
Creative Work Siddha Yoga Until 7:52PM then Marana Yoga											
4	Sunday, October 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yukhtayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Shasthi*/Saplami Yam Titau								Trieste, Italy Sutra 173 Khara 5113	
Vrischika Rasi: 20.22	Tithi 6 – 7	671286153	Gulika 2:50PM – 4:18PM Yama 11:55AM – 1:23PM Rahu 4:18PM – 5:46PM	Jyeshtha* Until 10:30PM Ayushman Until 1:58PM Kaulava Until 6:31AM Shasthi* Until 5:35PM	Ganesha: Purple <i>Sunrise: 6:05AM</i> Muruqa: White <i>Sunset: 5:46PM</i> Nataraja: White Moon – Orange Ashvina•Puratasi					Sun 19 Moon 9 - Phase 23 3rd Phase Sivaloka Day	
Routine Work Marana Yoga Until 7:52PM then Siddha Yoga											
5	Monday, October 3, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau								Trieste, Italy Sutra 174 Khara 5113	
Dhanus Rasi: 4.1	Tithi 7 – 8	681286153	Gulika 1:22PM – 2:49PM Yama 10:28AM – 11:55AM Rahu 7:33AM – 9:01AM	Mula* Until 10:55PM Saubhagya Until 12:03PM Visti Until 4:55AM Tue Saptami Until 4:55PM	Ganesha: Clear <i>Sunrise: 6:06AM</i> Muruqa: White <i>Sunset: 5:44PM</i> Nataraja: White Moon – Light Blue Ashvina•Puratasi					Sun 20 Moon 9 - Phase 23 3rd Phase Subha Sivaloka Day	
Family Home Evening Creative Work Siddha Yoga Until 7:51PM then Amrita Yoga Until 10:55PM then Siddha Yoga											
	Tuesday, October 4, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yukhtayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau								Trieste, Italy Sutra 175 Khara 5113	
Dhanus Rasi: 17.32	Tithi 8 – 9	682286153	Gulika 11:55AM – 1:21PM Yama 9:01AM – 10:28AM Rahu 2:48PM – 4:15PM	Purvashadha* Until 10:51PM Sobhana Until 10:19AM Balava Until 4:09AM Wed Ashtami* Until 4:09PM	Ganesha: Orange <i>Sunrise: 6:07AM</i> Muruqa: White <i>Sunset: 5:42PM</i> Nataraja: White Moon – Light Blue Ashvina•Puratasi					Sun 21 Moon 9 - Phase 23 Ashtami Subha Sivaloka Day	
Creative Work Siddha Yoga Until 7:51PM then Amrita Yoga											
	Wednesday, October 5, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yukhtayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau								Trieste, Italy Sutra 176 Khara 5113	
Makara Rasi: 0.31	Tithi 9 – 10	682286153	Gulika 10:28AM – 11:54AM Yama 7:35AM – 9:01AM Rahu 11:54AM – 1:21PM	Uttarashadha Until 11:30PM Athiganda* Until 9:13AM Taitila Until 4:09AM Thu Navami* Until 4:09PM	Ganesha: Orange <i>Sunrise: 6:09AM</i> Muruqa: White <i>Sunset: 5:40PM</i> Nataraja: White Moon – Light Blue Ashvina•Puratasi					Sun 22 Moon 9 - Phase 23 Navami Subha Sivaloka Day	
Creative Work Amrita Yoga Until 7:51PM then Siddha Yoga											

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

<h1 style="font-size: 2em; margin: 0;">1</h1> <p style="margin: 0;">Thursday, October 6, 2011</p> <p style="margin: 0;">Makara Rasi: 13.12 Titli 10 – 11</p> <p style="margin: 0;">692286153</p> <p style="margin: 0;">Creative Work Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Sravana Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau			Trieste, Italy Sun 23 Sutra 177 Khara 5113 Moon 9 - Phase 24 4th Phase
	Gulika 9:02AM – 10:28AM Yama 6:10AM – 7:36AM Rahu 1:20PM – 2:46PM	Sravana Until 2:17AM Fri Sukarma Until 8:52AM Vanija Until 6:51AM Fri Dasami Until 5:46PM	Ganesha: Green <i>Sunrise:</i> 6:10AM Muruqa: White <i>Sunset:</i> 5:38PM Nataraja: White Moon – Purple Ashvina•Puratasi	Sivaloka Day

<h1 style="font-size: 2em; margin: 0;">2</h1> <p style="margin: 0;">Friday, October 7, 2011</p> <p style="margin: 0;">Makara Rasi: 25.37 Titli 11</p> <p style="margin: 0;">692286153</p> <p style="margin: 0;">Creative Work Siddha Yoga</p> <p style="margin: 0;">Until 4:05AM Sat then Amrita Yoga</p>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Visti* Karana Ekadasi Yam Titau			Trieste, Italy Sun 24 Sutra 178 Khara 5113 Moon 9 - Phase 24 4th Phase
	Gulika 7:37AM – 9:02AM Yama 2:45PM – 4:11PM Rahu 10:28AM – 11:54AM	Dhanishtha Until 4:05AM Sat Dhriti Until 8:43AM Visti Until 8:04AM Sat Ekadasi Until 6:59PM	Ganesha: Green <i>Sunrise:</i> 6:11AM Muruqa: White <i>Sunset:</i> 5:36PM Nataraja: White Moon – Purple Ashvina•Puratasi	Sivaloka Day
	Vijaya Dasami			

<h1 style="font-size: 2em; margin: 0;">3</h1> <p style="margin: 0;">Saturday, October 8, 2011</p> <p style="margin: 0;">Kumbha Rasi: 7.52 Titli 12</p> <p style="margin: 0;">692286154</p> <p style="margin: 0;">Creative Work Amrita Yoga</p> <p style="margin: 0;">Until 7.50PM then Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadasi Yam Titau			Trieste, Italy Sun 25 Sutra 179 Khara 5113 Moon 9 - Phase 24 4th Phase
	Gulika 6:13AM – 7:38AM Yama 1:19PM – 2:44PM Rahu 9:03AM – 10:28AM	Satabhisha Until 6:02AM Sun Shula* Until 8:54AM Bava Until 7:30AM Dvadasi Until 8:35PM	Ganesha: Green <i>Sunrise:</i> 6:13AM Muruqa: White <i>Sunset:</i> 5:34PM Nataraja: Yellow Moon – Purple Ashvina•Puratasi	Devaloka Day
	Kadaitswami Mahasamadhi			

<h1 style="font-size: 2em; margin: 0;">4</h1> <p style="margin: 0;">Sunday, October 9, 2011</p> <p style="margin: 0;">Kumbha Rasi: 19.59 Titli 13</p> <p style="margin: 0;">692286154</p> <p style="margin: 0;">Creative Work Siddha Yoga</p> <p style="margin: 0;">Until 7.50PM then no yoga</p>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Trayodasi Yam Titau			Trieste, Italy Sun 26 Sutra 180 Khara 5113 Moon 9 - Phase 24 4th Phase
	Gulika 2:43PM – 4:08PM Yama 11:53AM – 1:18PM Rahu 4:08PM – 5:32PM	Satabhisha Until 6:02AM Ganda* Until 9:20AM Kaulava Until 9:24AM Trayodasi Until 10:30PM <i>Pradosha Vrata</i>	Ganesha: Green <i>Sunrise:</i> 6:14AM Muruqa: White <i>Sunset:</i> 5:32PM Nataraja: Yellow Moon – Purple Ashvina•Puratasi	Devaloka Day
	Chidambaram Abhishekam			

<h1 style="font-size: 2em; margin: 0;">5</h1> <p style="margin: 0;">Monday, October 10, 2011</p> <p style="margin: 0;">Meena Rasi: 2 Titli 14</p> <p style="margin: 0;">612286154</p> <p style="margin: 0;">Family Home Evening No Yoga</p> <p style="margin: 0;">Until 8:40AM then Siddha Yoga</p> <p style="margin: 0;">Until 7.49PM then Amrita Yoga</p>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau			Trieste, Italy Sun 27 Sutra 181 Khara 5113 Moon 9 - Phase 24 4th Phase
	Gulika 1:17PM – 2:42PM Yama 10:28AM – 11:53AM Rahu 7:40AM – 9:04AM	Purvaprostapada* Until 8:40AM Vridhi Until 9:56AM Gara Until 11:32AM Chaturdasi* Until 12:37AM Tue	Ganesha: Blue <i>Sunrise:</i> 6:15AM Muruqa: White <i>Sunset:</i> 5:31PM Nataraja: Yellow Moon – Clear Ashvina•Puratasi	Devaloka Day
	Uttaraprostapada*			

<h1 style="font-size: 2em; margin: 0;">O</h1> <p style="margin: 0;">Tuesday, October 11, 2011</p> <p style="margin: 0;">Copper Retreat Star</p> <p style="margin: 0;">Meena Rasi: 13.56 Titli 15</p> <p style="margin: 0;">612286154</p> <p style="margin: 0;">Creative Work Amrita Yoga</p> <p style="margin: 0;">Until 11:27AM then Siddha Yoga</p> <p style="margin: 0;">Until 7.49PM then Marana Yoga</p>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau			Trieste, Italy Sun 28 Sutra 182 Khara 5113 Moon 9 - Phase 24 Purnima
	Gulika 11:53AM – 1:17PM Yama 9:05AM – 10:29AM Rahu 2:41PM – 4:05PM	Uttaraprostapada Until 11:27AM Dhruva Until 10:41AM Visti Until 1:49PM Purnima* Until 2:55AM Wed	Ganesha: Blue <i>Sunrise:</i> 6:16AM Muruqa: White <i>Sunset:</i> 5:29PM Nataraja: Yellow Moon – Clear Ashvina•Puratasi	Devaloka Day
	Uttaraprostapada*			

<p style="margin: 0;">Wednesday, October 12, 2011</p> <p style="margin: 0;">Silver Retreat Star</p> <p style="margin: 0;">Meena Rasi: 25.49 Titli 16</p> <p style="margin: 0;">612286154</p> <p style="margin: 0;">Routine Work Marana Yoga</p> <p style="margin: 0;">Until 7.49PM then Amrita Yoga</p>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Asvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathama* Yam Titau			Trieste, Italy Sun 29 Sutra 183 Khara 5113 Moon 9 - Phase 24 Prathama
	Gulika 10:29AM – 11:52AM Yama 7:41AM – 9:05AM Rahu 11:52AM – 1:16PM	Revati Until 2:21PM Vyaghata* Until 11:32AM Balava Until 4:14PM Prathama* Until 5:19AM Thu	Ganesha: Blue <i>Sunrise:</i> 6:18AM Muruqa: White <i>Sunset:</i> 5:27PM Nataraja: Yellow Moon – Clear Ashvina•Puratasi	Devaloka Day
	Uttaraprostapada*			

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM



Thursday, October 13, 2011
Gold Retreat Star

Mesha Rasi: 7.4 Tithi 17
622286154
Creative Work Amrita Yoga
Until 5:19PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Asvini/Bharani Nakshatra Harshana/Vajra* Yoga Tailita Karana Dvitiya Yam Titau

Gulika 9:06AM – 10:29AM **Asvini Until 5:19PM**
Yama 6:19AM – 7:42AM Harshana Until 12:27PM
Rahu 1:15PM – 2:39PM Tailita Until 6:43PM
Dvitiya Until 8:07AM Fri

Ganesha: Red *Sunrise:* 6:19AM
Muruqa: White *Sunset:* 5:25PM
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

Trieste, Italy
Sutra 184
Khara 5113
Moon 10 - Phase 25
1st Phase

Sivaloka Day

1 **Friday, October 14, 2011**

Mesha Rasi: 19.31 Tithi 17 – 18
622286154
Creative Work Siddha Yoga
Until 8:18PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 7:43AM – 9:06AM **Bharani Until 8:18PM**
Yama 2:38PM – 4:01PM Vajra* Until 1:22PM
Rahu 10:29AM – 11:52AM Vanija Until 9:13PM
Dvitiya Until 8:07AM

Ganesha: Red *Sunrise:* 6:20AM
Muruqa: White *Sunset:* 5:23PM
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

Trieste, Italy
Sun 1 Sutra 185
Khara 5113
Moon 10 - Phase 25
1st Phase

Sivaloka Day

2 **Saturday, October 15, 2011**

Wrishabha Rasi: 1.23 Tithi 18 – 19
622286154
Creative Work Amrita Yoga
Until 7:48PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantra Vasara Yuktayam
Krittika Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 6:22AM – 7:44AM **Krittika Until 11:13PM**
Yama 1:14PM – 2:37PM Siddhi Until 2:14PM
Rahu 9:07AM – 10:29AM Bava Until 11:39PM
Tritiya Until 10:34AM

Ganesha: Red *Sunrise:* 6:22AM
Muruqa: White *Sunset:* 5:22PM
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

Trieste, Italy
Sun 2 Sutra 186
Khara 5113
Moon 10 - Phase 25
1st Phase

Sivaloka Day

3 **Sunday, October 16, 2011**

Wrishabha Rasi: 13.2 Tithi 19 – 20
632286154
Creative Work Siddha Yoga
Until 7:48PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 2:36PM – 3:58PM **Rohini Until 2:00AM Mon**
Yama 11:51AM – 1:14PM Vyatipata* Until 2:58PM
Rahu 3:58PM – 5:20PM Kaulava Until 1:56AM Mon
Chaturthi* Until 12:51PM

Ganesha: Green *Sunrise:* 6:23AM
Muruqa: White *Sunset:* 5:20PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Puratasi

Trieste, Italy
Sun 3 Sutra 187
Khara 5113
Moon 10 - Phase 25
1st Phase

Devaloka Day

4 **Monday, October 17, 2011**

Wrishabha Rasi: 25.25 Tithi 20 – 21
632286154
Family Home Evening
Creative Work Amrita Yoga
Until 7:48PM then Siddha Yoga
Until 4:30AM Tue then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigasira Nakshatra Variyan/Parigha* Yoga Tailita/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 1:13PM – 2:35PM **Mrigasira Until 4:30AM Tue**
Yama 10:29AM – 11:51AM Variyan Until 3:28PM
Rahu 7:46AM – 9:08AM Gara Until 3:56AM Tue
Panchami Until 2:50PM

Ganesha: Green *Sunrise:* 6:24AM
Muruqa: White *Sunset:* 5:18PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

Trieste, Italy
Sun 4 Sutra 188
Khara 5113
Moon 10 - Phase 25
1st Phase

Devaloka Day

5 **Tuesday, October 18, 2011**

Mithuna Rasi: 7.41 Tithi 21 – 22
633386154
Routine Work Marana Yoga
Until 7:47PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Gulika 11:51AM – 1:12PM **Ardra Until 4:43AM Wed**
Yama 9:08AM – 10:30AM Parigha* Until 2:54PM
Rahu 2:34PM – 3:55PM Visti Until 3:32AM Wed
Shasthi* Until 3:32PM

Ganesha: Green *Sunrise:* 6:26AM
Muruqa: White *Sunset:* 5:16PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

Trieste, Italy
Sun 5 Sutra 189
Khara 5113
Moon 10 - Phase 25
1st Phase

Devaloka Day

6 **Wednesday, October 19, 2011**

Mithuna Rasi: 20.15 Tithi 22 – 23
643386154
Creative Work Siddha Yoga
Until 7:47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 10:30AM – 11:51AM **Punarvasu Until 6:19AM Thu**
Yama 7:48AM – 9:09AM Shiva Until 2:31PM
Rahu 11:51AM – 1:12PM Balava Until 4:24AM Thu
Saptami Until 4:24PM

Ganesha: Orange *Sunrise:* 6:27AM
Muruqa: White *Sunset:* 5:15PM
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi

Trieste, Italy
Sun 6 Sutra 190
Khara 5113
Moon 10 - Phase 25
1st Phase

Sivaloka Day

Thursday, October 20, 2011
Retreat Star

Kataka Rasi: 3.1 Tithi 23 – 24
643386154
Creative Work Amrita Yoga
Until 7:47PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Tailita Karana Ashtami*/Navami* Yam Titau

Gulika 9:09AM – 10:30AM **Punarvasu Until 6:19AM**
Yama 6:28AM – 7:49AM Siddha Until 1:33PM
Rahu 1:11PM – 2:32PM Tailita Until 4:34AM Fri
Ashtami* Until 4:34PM

Ganesha: Orange *Sunrise:* 6:28AM
Muruqa: White *Sunset:* 5:13PM
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi

Trieste, Italy
Sun 7 Sutra 191
Khara 5113
Moon 10 - Phase 25
Ashtami

Sivaloka Day

Friday, October 21, 2011
Retreat Star

Kataka Rasi: 16.29 Tithi 24 – 25
643386154
Routine Work Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Aslesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau

Gulika 7:50AM – 9:10AM **Pushya Until 6:18AM**
Yama 2:31PM – 3:51PM Sadhya Until 11:27AM
Rahu 10:30AM – 11:50AM Vanija Until 2:12AM Sat
Navami* Until 3:08PM

Ganesha: Orange *Sunrise:* 6:30AM
Muruqa: White *Sunset:* 5:11PM
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi

Trieste, Italy
Sun 8 Sutra 192
Khara 5113
Moon 10 - Phase 25
Navami

Sivaloka Day


When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139

1	Saturday, October 22, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau				Trieste, Italy Sun 9 Sutra 193 Khara 5113
	Simha Rasi: 0.17	Tithi 25 – 26 653386154	Gulika 6:31AM – 7:51AM Yama 1:10PM – 2:30PM Rahu 9:11AM – 10:30AM	Magha* Until 4:22AM Sun Subha Until 9:07AM Bava Until 12:43AM Sun Dasami Until 1:39PM	Ganesha: Light Blue <i>Sunrise:</i> 6:31AM Muruqa: White <i>Sunset:</i> 5:10PM Nataraja: Yellow Moon – Red Ashvina-Aipasi	Devaloka Day	Moon 10 - Phase 26 2nd Phase
Creative Work Amrita Yoga Until 7.47PM then Marana Yoga Until 4:22AM Sun then Siddha Yoga							

2	Sunday, October 23, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau				Trieste, Italy Sun 10 Sutra 194 Khara 5113
	Simha Rasi: 14.33	Tithi 26 – 27 653386154	Gulika 2:29PM – 3:49PM Yama 11:50AM – 1:10PM Rahu 3:49PM – 5:08PM	Purvaphalguni* Until 1:23AM Mon Sukla Until 6:02AM Kaulava Until 9:13PM Ekadasi* Until 10:56AM	Ganesha: Light Blue <i>Sunrise:</i> 6:32AM Muruqa: White <i>Sunset:</i> 5:08PM Nataraja: Yellow Moon – Red Ashvina-Aipasi	Devaloka Day	Moon 10 - Phase 26 2nd Phase
Creative Work Siddha Yoga Until 1:23AM Mon then Marana Yoga							

3	Monday, October 24, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau				Trieste, Italy Sun 11 Sutra 195 Khara 5113
	Simha Rasi: 29.14	Tithi 27 – 28 653386154	Gulika 1:09PM – 2:28PM Yama 10:31AM – 11:50AM Rahu 7:53AM – 9:12AM	Uttaraphalguni Until 11:13PM Indra Until 10:31PM Gara Until 6:19PM Dvadasi* Until 8:02AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Light Blue <i>Sunrise:</i> 6:34AM Muruqa: White <i>Sunset:</i> 5:08PM Nataraja: Yellow Moon – Red Ashvina-Aipasi	Devaloka Day	Moon 10 - Phase 26 2nd Phase
Family Home Evening Routine Work Marana Yoga Until 7.46PM then Amrita Yoga Until 11:13PM then Siddha Yoga							

4	Tuesday, October 25, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau				Trieste, Italy Sun 12 Sutra 196 Khara 5113
	Kanya Rasi: 14.15	Tithi 29 663386154	Gulika 11:50AM – 1:09PM Yama 9:13AM – 10:31AM Rahu 2:27PM – 3:46PM	Hasta Until 8:32PM Vaidhriti* Until 6:30PM Visti Until 2:51PM Chaturdasi* Until 1:08AM Wed	Ganesha: Purple <i>Sunrise:</i> 6:35AM Muruqa: White <i>Sunset:</i> 5:08PM Nataraja: Yellow Moon – Green Ashvina-Aipasi	Devaloka Day	Moon 10 - Phase 26 2nd Phase
Creative Work Siddha Yoga Deepavali Hindu Solidarity Day							

	Wednesday, October 26, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau				Trieste, Italy Sun 13 Sutra 197 Khara 5113
	Kanya Rasi: 29.28	Tithi 30 663386154	Gulika 10:31AM – 11:50AM Yama 7:55AM – 9:13AM Rahu 11:50AM – 1:08PM	Chitra Until 5:31PM Vishkambha* Until 2:11PM Catuspada Until 11:03AM Amavasya* Until 9:20PM	Ganesha: Purple <i>Sunrise:</i> 6:36AM Muruqa: White <i>Sunset:</i> 5:08PM Nataraja: Yellow Moon – Green Ashvina-Aipasi	Devaloka Day	Moon 10 - Phase 26 Amavasya
Retreat Star Creative Work Siddha Yoga Until 7.46PM then Amrita Yoga Subramuniaswami Mahasamadhi							

Retreat Star	Thursday, October 27, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Visakha Nakshatra Priti/Ayushman Yoga Kintughna*/Balava Karana Prathama*/Dvitiya Yam Titau				Trieste, Italy Sun 14 Sutra 198 Khara 5113
	Tula Rasi: 14.43	Tithi 1 – 2 663386154	Gulika 9:14AM – 10:32AM Yama 6:38AM – 7:56AM Rahu 1:08PM – 2:26PM	Svati Until 2:27PM Priti Until 9:48AM Kintughna Until 7:11AM Prathama* Until 5:28PM	Ganesha: Purple <i>Sunrise:</i> 6:38AM Muruqa: White <i>Sunset:</i> 5:02PM Nataraja: Yellow Moon – Green Karttika-Aipasi	Devaloka Day	Moon 10 - Phase 26 Prathama
Creative Work Amrita Yoga Until 2:27PM then Siddha Yoga Until 7.46PM then Marana Yoga Skanda Shasthi Begins							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda, Brihadu 4.4.3. bo UpH, 140

1 Friday, October 28, 2011 Tula Rasi: 29.5 Tithi 2 – 3 Routine Work Marana Yoga Until 11:35AM then Siddha Yoga	673386154	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau			Trieste, Italy Sutra 199 Khara 5113
		Gulika 7:57AM – 9:14AM Yama 2:25PM – 3:42PM Rahu 10:32AM – 11:50AM	Visakha Until 11:35AM Saubhagya Until 1:38AM Sat Taitila Until 12:07AM Sat Dvitiya Until 1:50PM	Ganesha: Light Blue <i>Sunrise: 6:39AM</i> Muruqa: White <i>Sunset: 5:00PM</i> Nataraja: Yellow Moon – Orange Karttika-Aipasi	Sun 15 Moon 10 - Phase 27 3rd Phase Devaloka Day

2 Saturday, October 29, 2011 Vriscika Rasi: 14.41 Tithi 3 – 4 Creative Work Siddha Yoga Until 7.46PM then Marana Yoga	673386154	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau			Trieste, Italy Sutra 200 Khara 5113
		Gulika 6:41AM – 7:58AM Yama 1:07PM – 2:24PM Rahu 9:15AM – 10:32AM	Anuradha Until 9:24AM Sobhana Until 10:56PM Vanija Until 10:07PM Tritiya Until 11:02AM	Ganesha: Light Blue <i>Sunrise: 6:41AM</i> Muruqa: White <i>Sunset: 4:59PM</i> Nataraja: Yellow Moon – Orange Karttika-Aipasi	Sun 16 Moon 10 - Phase 27 3rd Phase Devaloka Day

3 Sunday, October 30, 2011 Vriscika Rasi: 29.07 Tithi 4 – 5 Routine Work Marana Yoga Until 7:30AM then Amrita Yoga Until 7.46PM then Siddha Yoga	673386154	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau			Trieste, Italy Sutra 201 Khara 5113
		Gulika 2:23PM – 3:40PM Yama 11:50AM – 1:06PM Rahu 3:40PM – 4:57PM	Jyeshtha* Until 7:30AM Athiganda* Until 7:33PM Bava Until 7:27PM Chaturthi* Until 8:22AM	Ganesha: Light Blue <i>Sunrise: 6:42AM</i> Muruqa: White <i>Sunset: 4:57PM</i> Nataraja: Yellow Moon – Orange Karttika-Aipasi	Sun 17 Moon 10 - Phase 27 3rd Phase Devaloka Day

4 Monday, October 31, 2011 Dhanus Rasi: 13.07 Tithi 5 – 6 Family Home Evening Creative Work Siddha Yoga Until 6:23AM then Marana Yoga Until 7.46PM then Siddha Yoga	683386154	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma/Dhriti Yoga Balava/Taitila Karana Panchami/Shasthi* Yam Titau			Trieste, Italy Sutra 202 Khara 5113
		Gulika 1:06PM – 2:23PM Yama 10:33AM – 11:49AM Rahu 8:00AM – 9:16AM Skanda Shasthi	Mula* Until 6:23AM Sukarma Until 4:55PM Taitila Until 4:42AM Tue Panchami Until 6:33AM	Ganesha: Orange <i>Sunrise: 6:43AM</i> Muruqa: White <i>Sunset: 4:56PM</i> Nataraja: Yellow Moon – Light Blue Karttika-Aipasi	Sun 18 Moon 10 - Phase 27 3rd Phase Sivaloka Day

5 Tuesday, November 1, 2011 Dhanus Rasi: 26.37 Tithi 7 Creative Work Siddha Yoga Until 6:05AM then Prabalarishta Yoga Until 7.46PM then Amrita Yoga	684386154	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau			Trieste, Italy Sutra 203 Khara 5113
		Gulika 11:49AM – 1:06PM Yama 9:17AM – 10:33AM Rahu 2:22PM – 3:38PM	Purvashadha* Until 6:05AM Dhriti Until 3:40PM Gara Until 5:34PM Saptami Until 5:34AM Wed	Ganesha: Clear <i>Sunrise: 6:45AM</i> Muruqa: White <i>Sunset: 4:54PM</i> Nataraja: Yellow Moon – Light Blue Karttika-Aipasi	Sun 19 Moon 10 - Phase 27 3rd Phase Sivaloka Day

Wednesday, November 2, 2011 Retreat Star Makara Rasi: 9.42 Tithi 8 Creative Work Amrita Yoga Until 6:33AM then Siddha Yoga	684386154	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Sravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau			Trieste, Italy Sutra 204 Khara 5113
		Gulika 10:34AM – 11:49AM Yama 8:02AM – 9:18AM Rahu 11:49AM – 1:05PM	Uttarashadha Until 6:33AM Shula* Until 2:24PM Visti Until 5:25PM Ashtami* Until 6:02AM Thu	Ganesha: Clear <i>Sunrise: 6:46AM</i> Muruqa: White <i>Sunset: 4:53PM</i> Nataraja: Yellow Moon – Light Blue Karttika-Aipasi	Sun 20 Moon 10 - Phase 27 Ashtami Sivaloka Day

Thursday, November 3, 2011 Retreat Star Makara Rasi: 22.23 Tithi 8 – 9 Creative Work Siddha Yoga	694386154	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Sravana/Dhanishtha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau			Trieste, Italy Sutra 205 Khara 5113
		Gulika 9:18AM – 10:34AM Yama 6:48AM – 8:03AM Rahu 1:05PM – 2:20PM	Sravana Until 7:53AM Ganda* Until 2:22PM Balava Until 7:07PM Ashtami* Until 6:02AM	Ganesha: White <i>Sunrise: 6:48AM</i> Muruqa: White <i>Sunset: 4:51PM</i> Nataraja: Yellow Moon – Purple Karttika-Aipasi	Sun 21 Moon 10 - Phase 27 Navami Devaloka Day

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

1	Friday, November 4, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau				Trieste, Italy
	Kumbha Rasi: 4.47	Tithi 9 – 10	Gulika 8:04AM – 9:19AM	Dhanishtha Until 9:45AM	Ganesha: White	<i>Sunrise:</i> 6:49AM	Sun 22
		694386154	Yama 2:20PM – 3:35PM	Vriddhi Until 2:15PM	Muruqa: White	<i>Sunset:</i> 4:50PM	Khara 5113
		Rahu 10:34AM – 11:49AM	Taitila Until 8:27PM	Nataraja: Yellow		Moon 10 - Phase 28	
			Navami* Until 7:21AM	Moon – Purple		4th Phase	
				Karttika-Aipasi		Devaloka Day	

2	Saturday, November 5, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau				Trieste, Italy
	Kumbha Rasi: 16.58	Tithi 10 – 11	Gulika 6:50AM – 8:05AM	Satabhisha Until 12:05PM	Ganesha: White	<i>Sunrise:</i> 6:50AM	Sun 23
		694386154	Yama 1:04PM – 2:19PM	Dhruva Until 2:33PM	Muruqa: White	<i>Sunset:</i> 4:49PM	Khara 5113
		Rahu 9:20AM – 10:35AM	Vanija Until 10:15PM	Nataraja: Yellow		Moon 10 - Phase 28	
			Dasami Until 9:10AM	Moon – Purple		4th Phase	
				Karttika-Aipasi		Devaloka Day	

3	Sunday, November 6, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau				Trieste, Italy
	Kumbha Rasi: 28.59	Tithi 11 – 12	Gulika 2:18PM – 3:33PM	Purvaprostapada* Until 2:43PM	Ganesha: Blue	<i>Sunrise:</i> 6:52AM	Sun 24
		614386154	Yama 11:49AM – 1:04PM	Vyaghata* Until 3:08PM	Muruqa: White	<i>Sunset:</i> 4:47PM	Khara 5113
		Rahu 3:33PM – 4:47PM	Bava Until 12:24AM Mon	Nataraja: Yellow		Moon 10 - Phase 28	
			Ekadasi Until 11:19AM	Moon – Clear		4th Phase	
				Karttika-Aipasi		Devaloka Day	

4	Monday, November 7, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprostapada*/Revall Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau				Trieste, Italy
	Meena Rasi: 10.54	Tithi 12 – 13	Gulika 1:04PM – 2:18PM	Uttaraprostapada Until 5:32PM	Ganesha: Red	<i>Sunrise:</i> 6:53AM	Sun 25
	Family Home Evening	714386154	Yama 10:35AM – 11:50AM	Harshana Until 3:53PM	Muruqa: White	<i>Sunset:</i> 4:46PM	Khara 5113
		Rahu 8:07AM – 9:21AM	Kaulava Until 2:46AM Tue	Nataraja: Yellow		Moon 10 - Phase 28	
			Dvadasi Until 1:41PM	Moon – Clear		4th Phase	
				Karttika-Aipasi		Sivaloka Day	
				<i>Pradosha Vrata</i>			

5	Tuesday, November 8, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodasi*/Chaturdasi* Yam Titau				Trieste, Italy
	Meena Rasi: 22.46	Tithi 13 – 14	Gulika 11:50AM – 1:03PM	Revati Until 8:28PM	Ganesha: Red	<i>Sunrise:</i> 6:55AM	Sun 26
		714386154	Yama 9:22AM – 10:36AM	Vajra* Until 4:44PM	Muruqa: White	<i>Sunset:</i> 4:45PM	Khara 5113
		Rahu 2:17PM – 3:31PM	Gara Until 5:14AM Wed	Nataraja: Yellow		Moon 10 - Phase 28	
			Trayodasi Until 4:09PM	Moon – Clear		4th Phase	
				Karttika-Aipasi		Sivaloka Day	

6	Wednesday, November 9, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Asvini Nakshatra Siddhi/Vyatipata* Yoga Vanija Karana Chaturdasi* Yam Titau				Trieste, Italy
	Mesha Rasi: 4.37	Tithi 14	Gulika 10:36AM – 11:50AM	Asvini Until 11:25PM	Ganesha: Blue	<i>Sunrise:</i> 6:56AM	Sun 27
		724386154	Yama 8:09AM – 9:23AM	Siddhi Until 5:37PM	Muruqa: White	<i>Sunset:</i> 4:43PM	Khara 5113
		Rahu 11:50AM – 1:03PM	Vanija Until 7:45AM Thu	Nataraja: Yellow		Moon 10 - Phase 28	
			Chaturdasi* Until 6:39PM	Moon – White		4th Phase	
				Karttika-Aipasi		Devaloka Day	

○	Thursday, November 10, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnima* Yam Titau				Trieste, Italy
	Copper Retreat Star		Gulika 9:24AM – 10:37AM	Bharani Until 2:21AM Fri	Ganesha: Blue	<i>Sunrise:</i> 6:57AM	Sun 28
	Mesha Rasi: 16.29	Tithi 15	Yama 6:57AM – 8:10AM	Vyatipata* Until 6:27PM	Muruqa: White	<i>Sunset:</i> 4:42PM	Khara 5113
		Rahu 1:03PM – 2:16PM	Visti Until 8:02AM	Nataraja: Yellow		Moon 10 - Phase 28	
			Purnima* Until 9:08PM	Moon – White		Purnima	
				Karttika-Aipasi		Devaloka Day	

○	Friday, November 11, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau				Trieste, Italy
	Silver Retreat Star		Gulika 8:11AM – 9:24AM	Krittika Until 5:11AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:59AM	Sun 28
	Mesha Rasi: 28.25	Tithi 16	Yama 2:15PM – 3:28PM	Variyan Until 7:13PM	Muruqa: White	<i>Sunset:</i> 4:41PM	Khara 5113
		Rahu 10:37AM – 11:50AM	Balava Until 10:24AM	Nataraja: Yellow		Moon 10 - Phase 28	
			Prathama* Until 11:30PM	Moon – White		Prathama	
				Karttika-Aipasi		Devaloka Day	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda, Brihadu 4.4.5. UpH, 140



Saturday, November 12, 2011
Gold Retreat Star

Wrishabha Rasi: 10.25 Tithi 17
735486154
Creative Work Amrita Yoga
Until 7.46PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Parigha* Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 7:00AM – 8:13AM **Rohini Until 7:38AM Sun**
Yama 1:02PM – 2:15PM Parigha* Until 7:49PM
Rahu 9:25AM – 10:38AM Taitila Until 12:36PM
Dvitiya Until 1:42AM Sun

Ganesha: Red *Sunrise:* 7:00AM
Muruqa: White *Sunset:* 4:40PM
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

Trieste, Italy
Sun 1 **Sutra 214**
Khara 5113
Moon 11 - Phase 29
1st Phase

Sivaloka Day

1

Sunday, November 13, 2011

Wrishabha Rasi: 22.31 Tithi 18
735486154
Creative Work Siddha Yoga
Until 7.46PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigasira Nakshatra Shiva Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 2:14PM – 3:27PM **Rohini Until 7:38AM**
Yama 11:50AM – 1:02PM Shiva Until 8:13PM
Rahu 3:27PM – 4:39PM Vanija Until 2:34PM
Tritiya Until 3:39AM Mon

Ganesha: Yellow *Sunrise:* 7:01AM
Muruqa: White *Sunset:* 4:39PM
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

Trieste, Italy
Sun 2 **Sutra 215**
Khara 5113
Moon 11 - Phase 29
1st Phase

Sivaloka Day

2

Monday, November 14, 2011

Mithuna Rasi: 4.47 Tithi 19
735486154
Family Home Evening
Creative Work Amrita Yoga
Until 9:47AM then Siddha Yoga
Until 7.47PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigasira/Ardra Nakshatra Siddha Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 1:02PM – 2:14PM **Mrigasira Until 9:47AM**
Yama 10:38AM – 11:50AM Siddha Until 8:21PM
Rahu 8:15AM – 9:27AM Bava Until 4:12PM
Chaturthi* Until 5:17AM Tue

Ganesha: Yellow *Sunrise:* 7:03AM
Muruqa: White *Sunset:* 4:38PM
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

Trieste, Italy
Sun 3 **Sutra 216**
Khara 5113
Moon 11 - Phase 29
1st Phase

Sivaloka Day

3

Tuesday, November 15, 2011

Mithuna Rasi: 17.13 Tithi 20
735486154
Routine Work Marana Yoga
Until 11:08AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 11:50AM – 1:02PM **Ardra Until 11:08AM**
Yama 9:27AM – 10:39AM Sadhya Until 7:07PM
Rahu 2:14PM – 3:25PM Kaulava Until 4:28PM
Panchami Until 4:28AM Wed

Ganesha: Yellow *Sunrise:* 7:04AM
Muruqa: White *Sunset:* 4:37PM
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

Trieste, Italy
Sun 4 **Sutra 217**
Khara 5113
Moon 11 - Phase 29
1st Phase

Sivaloka Day

4

Wednesday, November 16, 2011

Mithuna Rasi: 29.54 Tithi 21
745486154
Creative Work Siddha Yoga
Until 7.47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 10:39AM – 11:51AM **Punarvasu Until 12:20PM**
Yama 8:17AM – 9:28AM Subha Until 6:31PM
Rahu 11:51AM – 1:02PM Gara Until 5:07PM
Shasthi* Until 5:07AM Thu

Ganesha: White *Sunrise:* 7:06AM
Muruqa: White *Sunset:* 4:36PM
Nataraja: Yellow
Moon – Blue
Karttika•Karttikai

Trieste, Italy
Sun 5 **Sutra 218**
Khara 5113
Moon 11 - Phase 29
1st Phase

Devaloka Day

5

Thursday, November 17, 2011

Kataka Rasi: 12.52 Tithi 22
745486155
Creative Work Amrita Yoga
Until 1:01PM then Siddha Yoga
Until 7.47PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Aslesha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 9:29AM – 10:40AM **Pushya Until 1:01PM**
Yama 7:07AM – 8:18AM Sukla Until 5:26PM
Rahu 1:02PM – 2:13PM Visti Until 5:13PM
Saptami Until 5:13AM Fri

Ganesha: White *Sunrise:* 7:07AM
Muruqa: White *Sunset:* 4:35PM
Nataraja: Red
Moon – Blue
Karttika•Karttikai

Trieste, Italy
Sun 6 **Sutra 219**
Khara 5113
Moon 11 - Phase 29
1st Phase

Devaloka Day



Friday, November 18, 2011
Retreat Star

Kataka Rasi: 26.09 Tithi 23
745486155
Routine Work Marana Yoga
Until 7.47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Aslesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 8:19AM – 9:30AM **Aslesha* Until 12:36PM**
Yama 2:12PM – 3:23PM Brahma Until 3:08PM
Rahu 10:40AM – 11:51AM Balava Until 3:50PM
Ashtami* Until 2:55AM Sat

Ganesha: White *Sunrise:* 7:08AM
Muruqa: White *Sunset:* 4:34PM
Nataraja: Red
Moon – Blue
Karttika•Karttikai

Trieste, Italy
Sun 7 **Sutra 220**
Khara 5113
Moon 11 - Phase 29
Ashtami

Devaloka Day

Saturday, November 19, 2011
Retreat Star

Simha Rasi: 9.48 Tithi 24
755486155
Creative Work Amrita Yoga
Until 12:03PM then Marana Yoga
Until 7.47PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 7:10AM – 8:20AM **Magha* Until 12:03PM**
Yama 1:02PM – 2:12PM Indra Until 1:00PM
Rahu 9:30AM – 10:41AM Taitila Until 2:39PM
Navami* Until 1:44AM Sun

Ganesha: Clear *Sunrise:* 7:10AM
Muruqa: White *Sunset:* 4:33PM
Nataraja: Red
Moon – Red
Karttika•Karttikai

Trieste, Italy
Sun 8 **Sutra 221**
Khara 5113
Moon 11 - Phase 29
Navami

Sivaloka Day

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140

1	Sunday, November 20, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Dasami Yam Titau				Trieste, Italy Sutra 222 Khara 5113 Moon 11 - Phase 30 2nd Phase
	Simha Rasi: 23.5 Tithi 25 755486155	Gulika 2:12PM – 3:22PM Yama 11:51AM – 1:02PM Rahu 3:22PM – 4:32PM	Purvaphalguni* Until 10:52AM Vaidhriti* Until 10:17AM Vanija Until 12:47PM Dasami Until 11:51PM	Ganesha: Clear Muruqa: White Nataraja: Red Moon – Red Karttika•Karttikai	<i>Sunrise:</i> 7:11AM <i>Sunset:</i> 4:32PM	Sun 9 Sivaloka Day

Creative Work Siddha Yoga
Until 10:52AM then Amrita Yoga
Until 7.48PM then Marana Yoga

2	Monday, November 21, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadasi* Yam Titau				Trieste, Italy Sutra 223 Khara 5113 Moon 11 - Phase 30 2nd Phase
	Kanya Rasi: 8.13 Tithi 26 Family Home Evening 755486155	Gulika 1:02PM – 2:11PM Yama 10:42AM – 11:52AM Rahu 8:22AM – 9:32AM	Uttaraphalguni Until 8:51AM Vishkambha* Until 6:55AM Bava Until 9:56AM Ekadasi* Until 8:13PM	Ganesha: Clear Muruqa: White Nataraja: Red Moon – Red Karttika•Karttikai	<i>Sunrise:</i> 7:12AM <i>Sunset:</i> 4:31PM	Sun 10 Sivaloka Day


Routine Work Marana Yoga
Until 8:51AM then Siddha Yoga

3	Tuesday, November 22, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Gara Karana Dvadasi*/Trayodasi* Yam Titau				Trieste, Italy Sutra 224 Khara 5113 Moon 11 - Phase 30 2nd Phase
	Kanya Rasi: 22.55 Tithi 27 – 28 766486155	Gulika 11:52AM – 1:02PM Yama 9:34AM – 10:42AM Rahu 2:11PM – 3:21PM	Hasta Until 6:40AM Ayushman Until 11:21PM Kaulava Until 7:02AM Dvadasi* Until 5:19PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple Muruqa: White Nataraja: Red Moon – Green Karttika•Karttikai	<i>Sunrise:</i> 7:14AM <i>Sunset:</i> 4:30PM	Sun 11 Devaloka Day

Creative Work Siddha Yoga

4	Wednesday, November 23, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau				Trieste, Italy Sutra 225 Khara 5113 Moon 11 - Phase 30 2nd Phase
	Tula Rasi: 7.5 Tithi 28 – 29 766486155	Gulika 10:43AM – 11:52AM Yama 8:24AM – 9:34AM Rahu 11:52AM – 1:02PM	Svati Until 1:28AM Thu Saubhagya Until 7:28PM Visti Until 12:20AM Thu Trayodasi* Until 2:02PM	Ganesha: Clear Muruqa: White Nataraja: Red Moon – Green Karttika•Karttikai	<i>Sunrise:</i> 7:15AM <i>Sunset:</i> 4:30PM	Sun 12 Sivaloka Day

Creative Work Siddha Yoga
Until 7.48PM then Amrita Yoga
Until 1:28AM Thu then Siddha Yoga

	Thursday, November 24, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Visakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Trieste, Italy Sutra 226 Khara 5113 Moon 11 - Phase 30 Amavasya
	Retreat Star	Tula Rasi: 22.51 Tithi 29 – 30 776486155	Gulika 9:34AM – 10:43AM Yama 7:16AM – 8:25AM Rahu 1:02PM – 2:11PM	Visakha Until 10:46PM Sobhana Until 3:25PM Catuspada Until 8:53PM Chaturdasi* Until 10:36AM	Ganesha: Orange Muruqa: White Nataraja: Red Moon – Orange Karttika•Karttikai	<i>Sunrise:</i> 7:16AM <i>Sunset:</i> 4:29PM

Creative Work Siddha Yoga
Until 7.49PM then Marana Yoga
Until 10:46PM then Siddha Yoga

	Friday, November 25, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Bava Karana Amavasya*/Prathama* Yam Titau				Trieste, Italy Sutra 227 Khara 5113 Moon 11 - Phase 30 Prathama
	Retreat Star	Vrischika Rasi: 7.5 Tithi 30 – 1 776486155	Gulika 8:26AM – 9:35AM Yama 2:10PM – 3:19PM Rahu 10:44AM – 11:53AM	Anuradha Until 8:08PM Athiganda* Until 11:26AM Bava Until 3:48AM Sat Amavasya* Until 7:14AM	Ganesha: Orange Muruqa: White Nataraja: Red Moon – Orange Margasira•Karttikai	<i>Sunrise:</i> 7:18AM <i>Sunset:</i> 4:28PM

Creative Work Siddha Yoga

1 Vrischika Rasi: 22.37 Tithi 2 786486155 Creative Work Siddha Yoga Until 7.49PM then Amrita Yoga	Saturday, November 26, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Gulika 7:19AM – 8:27AM Yama 1:02PM – 2:10PM Rahu 9:36AM – 10:45AM	Jyeshtha* Until 6:39PM Sukarma Until 7:51AM Balava Until 3:07PM Dvitiya Until 2:12AM Sun	Ganesha: Orange <i>Sunrise: 7:19AM</i> Muruqa: White <i>Sunset: 4:27PM</i> Nataraja: Red Moon – Orange Margasira-Karttikai	Sun 15 Trieste, Italy Sutra 228 Khara 5113 Moon 11 - Phase 31 3rd Phase Sivaloka Day
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2 Dhanus Rasi: 7.06 Tithi 3 786486155 Creative Work Amrita Yoga Until 4:41PM then Siddha Yoga Until 7:50PM then Marana Yoga	Sunday, November 27, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Tailila/Gara Karana Tritiya Yam Titau	Gulika 2:10PM – 3:19PM Yama 11:53AM – 1:02PM Rahu 3:19PM – 4:27PM	Mula* Until 4:41PM Shula* Until 1:43AM Mon Tailila Until 12:24PM Tritiya Until 11:28PM	Ganesha: Clear <i>Sunrise: 7:20AM</i> Muruqa: White <i>Sunset: 4:27PM</i> Nataraja: Red Moon – Light Blue Margasira-Karttikai	Sun 16 Trieste, Italy Sutra 229 Khara 5113 Moon 11 - Phase 31 3rd Phase Sivaloka Day
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3 Dhanus Rasi: 21.11 Tithi 4 Family Home Evening 786486155 Routine Work Marana Yoga Until 7:50PM then Prabalarishtha Yoga	Monday, November 28, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Vanija/Visti* Karana Chalurthi* Yam Titau	Gulika 1:02PM – 2:10PM Yama 10:46AM – 11:54AM Rahu 8:29AM – 9:38AM	Purvashadha* Until 3:23PM Ganda* Until 10:54PM Vanija Until 10:25AM Chaturthi* Until 9:29PM	Ganesha: Clear <i>Sunrise: 7:21AM</i> Muruqa: White <i>Sunset: 4:26PM</i> Nataraja: Red Moon – Light Blue Margasira-Karttikai	Sun 17 Trieste, Italy Sutra 230 Khara 5113 Moon 11 - Phase 31 3rd Phase Sivaloka Day
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4 Makara Rasi: 4.5 Tithi 5 786486155 Routine Work Prabalarishtha Yoga Until 3:31PM then Siddha Yoga	Tuesday, November 29, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Sravana Nakshatra Vriddhi Yoga Bava/Balava Karana Panchami Yam Titau	Gulika 11:54AM – 1:02PM Yama 9:38AM – 10:46AM Rahu 2:10PM – 3:18PM	Uttarashadha Until 3:31PM Vriddhi Until 9:49PM Bava Until 9:30AM Panchami Until 9:30PM	Ganesha: Clear <i>Sunrise: 7:23AM</i> Muruqa: White <i>Sunset: 4:26PM</i> Nataraja: Red Moon – Light Blue Margasira-Karttikai	Sun 18 Trieste, Italy Sutra 231 Khara 5113 Moon 11 - Phase 31 3rd Phase Sivaloka Day
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5 Makara Rasi: 18.03 Tithi 6 797486155 Creative Work Siddha Yoga Until 3:45PM then Prabalarishtha Yoga Until 7:51PM then Siddha Yoga	Wednesday, November 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Sravana/Dhanishtha Nakshatra Dhruva Yoga Kaulava/Tailila Karana Shasthi* Yam Titau	Gulika 10:47AM – 11:55AM Yama 8:31AM – 9:39AM Rahu 11:55AM – 1:02PM	Sravana Until 3:45PM Dhruva Until 8:18PM Kaulava Until 9:07AM Shasthi* Until 9:07PM	Ganesha: Clear <i>Sunrise: 7:24AM</i> Muruqa: White <i>Sunset: 4:25PM</i> Nataraja: Red Moon – Purple Margasira-Karttikai	Sun 19 Trieste, Italy Sutra 232 Khara 5113 Moon 11 - Phase 31 3rd Phase Sivaloka Day
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6 Kumbha Rasi: 0.51 Tithi 7 797486155 Creative Work Siddha Yoga Until 5:37PM then Marana Yoga Until 7:51PM then Siddha Yoga	Thursday, December 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptami Yam Titau	Gulika 9:40AM – 10:47AM Yama 7:25AM – 8:32AM Rahu 1:02PM – 2:10PM	Dhanishtha Until 5:37PM Vyaghata* Until 8:30PM Gara Until 9:51AM Saptami Until 10:57PM	Ganesha: Clear <i>Sunrise: 7:25AM</i> Muruqa: White <i>Sunset: 4:25PM</i> Nataraja: Red Moon – Purple Margasira-Karttikai	Sun 20 Trieste, Italy Sutra 233 Khara 5113 Moon 11 - Phase 31 3rd Phase Sivaloka Day
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 Retreat Star Kumbha Rasi: 13.19 Tithi 8 797486155 Creative Work Siddha Yoga	Friday, December 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha Nakshatra Harshana Yoga Visti*/Bava Karana Ashtami* Yam Titau	Gulika 8:33AM – 9:41AM Yama 2:10PM – 3:17PM Rahu 10:48AM – 11:55AM	Satabhisha Until 7:22PM Harshana Until 8:15PM Visti Until 11:03AM Ashtami* Until 12:09AM Sat	Ganesha: Clear <i>Sunrise: 7:26AM</i> Muruqa: White <i>Sunset: 4:25PM</i> Nataraja: Red Moon – Purple Margasira-Karttikai	Sun 21 Trieste, Italy Sutra 234 Khara 5113 Moon 11 - Phase 31 Ashtami Sivaloka Day
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Retreat Star Kumbha Rasi: 25.31 Tithi 9 717486155 Creative Work Siddha Yoga Until 9:39PM then Amrita Yoga	Saturday, December 3, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navami* Yam Titau	Gulika 7:27AM – 8:34AM Yama 1:03PM – 2:10PM Rahu 9:41AM – 10:49AM	Purvaprostapada* Until 9:39PM Vajra* Until 8:28PM Balava Until 12:51PM Navami* Until 1:56AM Sun	Ganesha: Yellow <i>Sunrise: 7:27AM</i> Muruqa: White <i>Sunset: 4:24PM</i> Nataraja: Red Moon – Clear Margasira-Karttikai	Sun 22 Trieste, Italy Sutra 235 Khara 5113 Moon 11 - Phase 31 Navami Sivaloka Day
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When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM

1	Sunday, December 4, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada Nakshatra Siddhi Yoga Tailila/Gara Karana Dasami Yam Titau				Sun 23	Trieste, Italy Sutra 236 Khara 5113
	Meena Rasi: 7.31	Tithi 10	Gulika 2:10PM – 3:17PM	Uttaraprostapada Until 12:18AM Mon	Ganesha: Yellow <i>Sunrise: 7:28AM</i>			
		717486155	Yama 11:56AM – 1:03PM	Siddhi Until 9:03PM	Muruqa: White <i>Sunset: 4:24PM</i>		Moon 11 - Phase 32	
Creative Work Amrita Yoga Until 7.52PM then Siddha Yoga			Rahu 3:17PM – 4:24PM	Taitila Until 3:02PM	Nataraja: Red		4th Phase	
			Dasami Until 4:08AM Mon		Margasira-Karttikai	Sivaloka Day		

2	Monday, December 5, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadasi Yam Titau				Sun 24	Trieste, Italy Sutra 237 Khara 5113
	Meena Rasi: 19.25	Tithi 11	Gulika 1:03PM – 2:10PM	Revati Until 3:11AM Tue	Ganesha: Yellow <i>Sunrise: 7:29AM</i>			
	Family Home Evening	717496155	Yama 10:50AM – 11:57AM	Vyatipata* Until 9:50PM	Muruqa: Clear <i>Sunset: 4:24PM</i>		Moon 11 - Phase 32	
Creative Work Siddha Yoga			Rahu 8:36AM – 9:43AM	Vanija Until 5:29PM	Nataraja: Red		4th Phase	
			Ekadasi Until 6:58AM Tue		Moon – Clear	Devaloka Day		
					Margasira-Karttikai			

3	Tuesday, December 6, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini Nakshatra Variyan Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau				Sun 25	Trieste, Italy Sutra 238 Khara 5113
	Mesha Rasi: 1.15	Tithi 11 – 12	Gulika 11:57AM – 1:04PM	Asvini Until 6:27AM Wed	Ganesha: White <i>Sunrise: 7:30AM</i>			
		727496155	Yama 9:44AM – 10:50AM	Variyan Until 10:43PM	Muruqa: Clear <i>Sunset: 4:23PM</i>		Moon 11 - Phase 32	
Creative Work Siddha Yoga Until 7.53PM then Marana Yoga			Rahu 2:10PM – 3:17PM	Bava Until 8:03PM	Nataraja: Red		4th Phase	
			Ekadasi Until 6:58AM		Moon – White	Bhuloka Day		
					Margasira-Karttikai	Devaloka Time: 3:PM to 6:PM		

4	Wednesday, December 7, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Asvini/Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau				Sun 26	Trieste, Italy Sutra 239 Khara 5113
	Mesha Rasi: 13.06	Tithi 12 – 13	Gulika 10:51AM – 11:57AM	Asvini Until 6:27AM	Ganesha: Clear <i>Sunrise: 7:31AM</i>			
		728496155	Yama 8:38AM – 9:44AM	Parigha* Until 11:35PM	Muruqa: Clear <i>Sunset: 4:23PM</i>		Moon 11 - Phase 32	
Routine Work Marana Yoga Until 7.53PM then Siddha Yoga			Rahu 11:57AM – 1:04PM	Kaulava Until 10:35PM	Nataraja: Red		4th Phase	
			Dvadasi Until 9:30AM		Moon – White	Devaloka Day		
					Margasira-Karttikai			
					<i>Pradosha Vrata</i>			

5	Thursday, December 8, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Sun 27	Trieste, Italy Sutra 240 Khara 5113
	Mesha Rasi: 25.01	Tithi 13 – 14	Gulika 9:45AM – 10:51AM	Bharani Until 9:18AM	Ganesha: White <i>Sunrise: 7:33AM</i>			
		728596155	Yama 7:33AM – 8:39AM	Shiva Until 12:19AM Fri	Muruqa: Clear <i>Sunset: 4:23PM</i>		Moon 11 - Phase 32	
Creative Work Siddha Yoga Until 9:18AM then Marana Yoga Until 7.54PM then Siddha Yoga			Rahu 1:04PM – 2:10PM	Gara Until 12:59AM Fri	Nataraja: Red		4th Phase	
			Krittika Deepam	Trayodasi Until 11:54AM	Moon – White	Bhuloka Day		
					Margasira-Karttikai	Devaloka Time: 3:PM to 6:PM		

○	Friday, December 9, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Sun 28	Trieste, Italy Sutra 241 Khara 5113
	Mrigshira Rasi: 7.03	Tithi 14 – 15	Gulika 8:40AM – 9:46AM	Krittika Until 11:54AM	Ganesha: White <i>Sunrise: 7:33AM</i>			
		728596155	Yama 2:11PM – 3:17PM	Siddha Until 12:52AM Sat	Muruqa: Clear <i>Sunset: 4:23PM</i>		Moon 11 - Phase 32	
Creative Work Siddha Yoga Until 11:54AM then Marana Yoga Until 7.54PM then Amrita Yoga			Rahu 10:52AM – 11:58AM	Visti Until 3:09AM Sat	Nataraja: Red		Purnima	
			Sivalaya Deepam	Chaturdasi* Until 2:03PM	Moon – White	Bhuloka Day		
					Margasira-Karttikai	Devaloka Time: 3:PM to 6:PM		

○	Saturday, December 10, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigasira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Sun 29	Trieste, Italy Sutra 242 Khara 5113
	Mrigshira Rasi: 19.13	Tithi 15 – 16	Gulika 7:34AM – 8:40AM	Rohini Until 2:13PM	Ganesha: Clear <i>Sunrise: 7:34AM</i>			
		738596155	Yama 1:05PM – 2:11PM	Sadhya Until 1:07AM Sun	Muruqa: Clear <i>Sunset: 4:23PM</i>		Moon 11 - Phase 32	
Creative Work Amrita Yoga Until 2:13PM then Siddha Yoga			Rahu 9:47AM – 10:53AM	Balava Until 4:59AM Sun	Nataraja: Red		Prathama	
			Purnima* Until 3:53PM		Moon – Yellow	Devaloka Day		
					Margasira-Karttikai			
			Vinayaga Viratam Begins					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Kṛṣṇa Yajur Veda, Kathau 2.2.12. UpR, 640



Sunday, December 11, 2011
Gold Retreat Star

Mithuna Rasi: 1.35 Tithi 16 – 17
738596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigasira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 2:11PM – 3:17PM **Mrigasira Until 3:24PM**
Yama 11:59AM – 1:05PM **Subha Until 11:41PM**
Rahu 3:17PM – 4:23PM **Taitila Until 4:23AM Mon**
Prathama* Until 4:23PM

Ganesha: Clear *Sunrise: 7:35AM*
Muruqa: Clear *Sunset: 4:23PM*
Nataraja: Red
Moon – Yellow
Margasira-Karttikai

Trieste, Italy
Sun 1 **Sutra 243**
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day

1

Monday, December 12, 2011

Mithuna Rasi: 14.08 Tithi 17 – 18
Family Home Evening 738596155
Creative Work Siddha Yoga
Until 4:49PM then Amrita Yoga
Until 7:56PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 1:06PM – 2:11PM **Ardra Until 4:49PM**
Yama 10:54AM – 12:00PM **Sukla Until 11:16PM**
Rahu 8:42AM – 9:48AM **Vanija Until 5:18AM Tue**
Dvitiya Until 5:18PM

Ganesha: Clear *Sunrise: 7:36AM*
Muruqa: Clear *Sunset: 4:23PM*
Nataraja: Red
Moon – Yellow
Margasira-Karttikai

Trieste, Italy
Sun 2 **Sutra 244**
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day

2

Tuesday, December 13, 2011

Mithuna Rasi: 26.55 Tithi 18 – 19
749596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 12:00PM – 1:06PM **Punarvasu Until 5:52PM**
Yama 9:49AM – 10:54AM **Brahma Until 10:30PM**
Rahu 2:12PM – 3:17PM **Bava Until 5:47AM Wed**
Tritiya Until 5:47PM

Ganesha: Clear *Sunrise: 7:37AM*
Muruqa: Clear *Sunset: 4:23PM*
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Trieste, Italy
Sun 3 **Sutra 245**
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day

3

Wednesday, December 14, 2011

Kataka Rasi: 9.54 Tithi 19 – 20
749596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 10:55AM – 12:01PM **Pushya Until 6:29PM**
Yama 8:44AM – 9:49AM **Indra Until 9:20PM**
Rahu 12:01PM – 1:06PM **Kaulava Until 5:50AM Thu**
Chaturthi* Until 5:50PM

Ganesha: Clear *Sunrise: 7:38AM*
Muruqa: Clear *Sunset: 4:23PM*
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Trieste, Italy
Sun 4 **Sutra 246**
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day

4

Thursday, December 15, 2011

Kataka Rasi: 23.07 Tithi 20 – 21
749596155
Creative Work Siddha Yoga
Until 6:42PM then Amrita Yoga
Until 7:57PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Aslesha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 9:50AM – 10:56AM **Aslesha* Until 6:42PM**
Yama 7:39AM – 8:44AM **Vaidhriti* Until 7:48PM**
Rahu 1:07PM – 2:12PM **Gara Until 5:26AM Fri**
Panchami Until 5:26PM

Ganesha: Clear *Sunrise: 7:39AM*
Muruqa: Clear *Sunset: 4:24PM*
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Trieste, Italy
Sun 5 **Sutra 247**
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day

5

Friday, December 16, 2011

Simha Rasi: 6.34 Tithi 21 – 22
759596155
Routine Work Marana Yoga
Until 5:37PM then Siddha Yoga
Until 7:58PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 8:45AM – 9:51AM **Magha* Until 5:37PM**
Yama 2:13PM – 3:18PM **Vishkambha* Until 5:04PM**
Rahu 10:56AM – 12:02PM **Visti Until 2:51AM Sat**
Shasthi* Until 3:47PM

Ganesha: White *Sunrise: 7:39AM*
Muruqa: Clear *Sunset: 4:24PM*
Nataraja: Red
Moon – Red
Margasira-Markali

Trieste, Italy
Sun 6 **Sutra 248**
Khara 5113
Moon 12 - Phase 33
1st Phase

Sivaloka Day



Saturday, December 17, 2011
Retreat Star

Simha Rasi: 20.14 Tithi 22 – 23
859596155
Routine Work Marana Yoga
Until 7:58PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni*/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlami* Yam Titau
Gulika 7:40AM – 8:46AM **Purvaphalguni* Until 5:02PM**
Yama 1:08PM – 2:13PM **Priti Until 2:54PM**
Rahu 9:51AM – 10:57AM **Balava Until 1:39AM Sun**
Saptami Until 2:34PM

Ganesha: Clear *Sunrise: 7:40AM*
Muruqa: Clear *Sunset: 4:24PM*
Nataraja: Red
Moon – Red
Margasira-Markali

Trieste, Italy
Sun 7 **Sutra 249**
Khara 5113
Moon 12 - Phase 33
Ashtami

Devaloka Day

Sunday, December 18, 2011
Retreat Star

Kanya Rasi: 4.08 Tithi 23 – 24
859596155
Creative Work Amrita Yoga
Until 7:59PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 2:14PM – 3:19PM **Uttaraphalguni Until 4:04PM**
Yama 12:03PM – 1:08PM **Ayushman Until 12:22PM**
Rahu 3:19PM – 4:24PM **Taitila Until 12:01AM Mon**
Ashtami* Until 12:57PM

Ganesha: Clear *Sunrise: 7:41AM*
Muruqa: Clear *Sunset: 4:24PM*
Nataraja: Red
Moon – Red
Margasira-Markali

Trieste, Italy
Sun 8 **Sutra 250**
Khara 5113
Moon 12 - Phase 33
Navami

Devaloka Day

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishṇa Yajur Veda, Svetu 1.15. UpR, 718

1 Kanya Rasi: 18.15 Family Home Evening Creative Work Until 2:42PM then Prabalarishta Yoga Until 7.59PM then Siddha Yoga	Monday, December 19, 2011		Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau				Trieste, Italy Sutra 251 Khara 5113
	Tithi 24 – 25 869596155	Gulika 1:09PM – 2:14PM	Hasta 2:42PM	Ganesha: White Muruqa: Clear Nataraja: Red Moon – Green	Sunrise: 7:41AM Sunset: 4:25PM	Sun 9	Moon 12 - Phase 34 2nd Phase
	Creative Work	Yama 10:58AM – 10:58AM	Saubhagya Until 9:29AM	Marga Sira-Markali	Sivaloka Day		
	Siddha Yoga	Rahu 8:47AM – 9:52AM	Vanija Until 9:58PM				
	Navami* Until 10:54AM						

2 Tula Rasi: 2.35 Creative Work Siddha Yoga	Tuesday, December 20, 2011		Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau				Trieste, Italy Sutra 252 Khara 5113
	Tithi 25 – 26 869596155	Gulika 12:04PM – 1:09PM	Chitra Until 1:00PM	Ganesha: White Muruqa: Clear Nataraja: Red Moon – Green	Sunrise: 7:42AM Sunset: 4:25PM	Sun 10	Moon 12 - Phase 34 2nd Phase
	Creative Work	Yama 9:53AM – 10:58AM	Sobhana Until 6:14AM	Marga Sira-Markali	Sivaloka Day		
	Siddha Yoga	Rahu 2:14PM – 3:20PM	Bava Until 7:33PM				
	Dasami Until 8:29AM						

3 Tula Rasi: 17.04 Creative Work Siddha Yoga	Wednesday, December 21, 2011		Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Visakha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau				Trieste, Italy Sutra 253 Khara 5113
	Tithi 27 861596155	Gulika 10:59AM – 12:04PM	Svati Until 10:41AM	Ganesha: White Muruqa: Clear Nataraja: Red Moon – Green	Sunrise: 7:43AM Sunset: 4:26PM	Sun 11	Moon 12 - Phase 34 2nd Phase
	Creative Work	Yama 8:48AM – 9:53AM	Sukarma Until 10:59PM	Marga Sira-Markali	Sivaloka Day		
	Siddha Yoga	Rahu 12:04PM – 1:10PM	Kaulava Until 4:04PM				
	Dvadasi* Until 2:21AM Thu						

4 Vrischika Rasi: 1.39 Creative Work Siddha Yoga	Thursday, December 22, 2011		Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Visakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Trieste, Italy Sutra 254 Khara 5113
	Tithi 28 871596155	Gulika 9:54AM – 10:59AM	Visakha Until 8:41AM	Ganesha: Yellow Muruqa: Clear Nataraja: Red Moon – Orange	Sunrise: 7:43AM Sunset: 4:26PM	Sun 12	Moon 12 - Phase 34 2nd Phase
	Creative Work	Yama 7:43AM – 8:48AM	Dhriti Until 7:35PM	Marga Sira-Markali	Devaloka Day		
	Siddha Yoga	Rahu 1:10PM – 2:15PM	Gara Until 1:23PM				
	Trayodasi* Until 11:40PM <i>Pradosha Vrata (Fasting)</i>						

5 Vrischika Rasi: 16.14 Creative Work Siddha Yoga Until 6:45AM then Prabalarishta Yoga Until 8.01PM then Siddha Yoga	Friday, December 23, 2011		Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau				Trieste, Italy Sutra 255 Khara 5113
	Tithi 29 871596155	Gulika 8:49AM – 9:54AM	Anuradha Until 6:45AM	Ganesha: Yellow Muruqa: Clear Nataraja: Red Moon – Orange	Sunrise: 7:44AM Sunset: 4:27PM	Sun 13	Moon 12 - Phase 34 2nd Phase
	Creative Work	Yama 2:16PM – 3:21PM	Shula* Until 4:51PM	Marga Sira-Markali	Devaloka Day		
	Siddha Yoga	Rahu 11:00AM – 12:05PM	Visti Until 11:04AM				
	Chaturdasi* Until 10:09PM						

Saturday, December 24, 2011 Retreat Star Dhanus Rasi: 0.43 Creative Work Siddha Yoga Until 8.02PM then Amrita Yoga Until 3:38AM Sun then Siddha Yoga	Saturday, December 24, 2011		Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau				Trieste, Italy Sutra 256 Khara 5113
	Tithi 30 881596155	Gulika 7:44AM – 8:49AM	Mula* Until 3:38AM Sun	Ganesha: Red Muruqa: Clear Nataraja: Red Moon – Light Blue	Sunrise: 7:44AM Sunset: 4:27PM	Sun 14	Moon 12 - Phase 34 Amavasya
	Creative Work	Yama 1:11PM – 2:16PM	Ganda* Until 1:24PM	Marga Sira-Markali	Devaloka Day		
	Siddha Yoga	Rahu 9:55AM – 11:00AM	Catuspada Until 8:22AM				
	Amavasya* Until 7:27PM						

Sunday, December 25, 2011 Retreat Star Dhanus Rasi: 14.59 Creative Work Siddha Yoga Until 8.02PM then Marana Yoga	Sunday, December 25, 2011		Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Kintughna*/Balava Karana Prathama*/Dvitiya Yam Titau				Trieste, Italy Sutra 257 Khara 5113
	Tithi 1 – 2 881596155	Gulika 2:17PM – 3:22PM	Purvashadha* Until 2:01AM Mon	Ganesha: Red Muruqa: Clear Nataraja: Red Moon – Light Blue	Sunrise: 7:44AM Sunset: 4:28PM	Sun 15	Moon 12 - Phase 34 Prathama
	Creative Work	Yama 12:06PM – 1:12PM	Vridhhi Until 10:15AM	Marga Sira-Markali	Devaloka Day		
	Siddha Yoga	Rahu 3:22PM – 4:28PM	Kintughna Until 6:03AM				
	Prathama* Until 5:07PM						

The soul is born and unfolds in a body with dreams and desires and the food of life. And then it is reborn in new bodies in accordance with its former works. The quality of the soul determines its future body; earthy or airy, heavy or light. Krishna Yajur Veda, Svetu 5.11–12. UpM, 94

1	Monday, December 26, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau				Trieste, Italy Sutra 258 Khara 5113	
	Dhanu Rasi: 28.59 Tithi 2 – 3 Family Home Evening 881596156 Routine Work Marana Yoga Until 8.03PM then Prabalarishta Yoga Until 12:54AM Tue then Siddha Yoga	Gulika 1:12PM – 2:18PM Yama 11:01AM – 12:07PM Rahu 8:50AM – 9:56AM	Uttarashadha Until 12:54AM Tue Dhruva Until 7:35AM Taitila Until 2:25AM Tue Dvitiya Until 3:20PM	Ganesha: Red <i>Sunrise:</i> 7:45AM Muruqa: Clear <i>Sunset:</i> 4:29PM Nataraja: Yellow Moon – Light Blue Pausha-Markali	Sun 16 Moon 12 - Phase 35 3rd Phase Devaloka Day		

2	Tuesday, December 27, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana Nakshatra Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau				Trieste, Italy Sutra 259 Khara 5113	
	Makara Rasi: 12.37 Tithi 3 – 4 Creative Work Siddha Yoga Until 1:48AM Wed then Prabalarishta Yoga	Gulika 12:07PM – 1:13PM Yama 9:56AM – 11:02AM Rahu 2:18PM – 3:24PM	Sravana Until 1:48AM Wed Harshana Until 4:17AM Wed Vanija Until 2:53AM Wed Tritiya Until 2:53PM	Ganesha: Yellow <i>Sunrise:</i> 7:45AM Muruqa: Clear <i>Sunset:</i> 4:29PM Nataraja: Yellow Moon – Purple Pausha-Markali	Sun 17 Moon 12 - Phase 35 3rd Phase Devaloka Day		


3	Wednesday, December 28, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Trieste, Italy Sutra 260 Khara 5113	
	Makara Rasi: 25.52 Tithi 4 – 5 Routine Work Prabalarishta Yoga Until 8.04PM then Siddha Yoga Until 1:57AM Thu then Marana Yoga	Gulika 11:02AM – 12:08PM Yama 8:51AM – 9:57AM Rahu 12:08PM – 1:13PM	Dhanishtha Until 1:57AM Thu Vajra* Until 2:41AM Thu Bava Until 2:25AM Thu Chaturthi* Until 2:25PM	Ganesha: Yellow <i>Sunrise:</i> 7:45AM Muruqa: Clear <i>Sunset:</i> 4:30PM Nataraja: Yellow Moon – Purple Pausha-Markali	Sun 18 Moon 12 - Phase 35 3rd Phase Devaloka Day		

4	Thursday, December 29, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Trieste, Italy Sutra 261 Khara 5113	
	Kumbha Rasi: 8.44 Tithi 5 – 6 Routine Work Marana Yoga Until 8.04PM then Siddha Yoga	Gulika 9:57AM – 11:03AM Yama 7:46AM – 8:51AM Rahu 1:14PM – 2:19PM	Satabhisha Until 2:47AM Fri Siddhi Until 1:43AM Fri Kaulava Until 2:42AM Fri Panchami Until 2:42PM	Ganesha: Yellow <i>Sunrise:</i> 7:46AM Muruqa: Clear <i>Sunset:</i> 4:31PM Nataraja: Yellow Moon – Purple Pausha-Markali	Sun 19 Moon 12 - Phase 35 3rd Phase Devaloka Day		

5	Friday, December 30, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Trieste, Italy Sutra 262 Khara 5113	
	Kumbha Rasi: 21.17 Tithi 6 – 7 Creative Work Siddha Yoga	Gulika 8:51AM – 9:57AM Yama 2:20PM – 3:26PM Rahu 11:03AM – 12:09PM	Purvaprostapada* Until 6:07AM Sat Vyatipata* Until 2:49AM Sat Gara Until 5:39AM Sat Shasthi* Until 4:33PM	Ganesha: Yellow <i>Sunrise:</i> 7:46AM Muruqa: Clear <i>Sunset:</i> 4:32PM Nataraja: Yellow Moon – Clear Pausha-Markali	Sun 20 Moon 12 - Phase 35 3rd Phase Devaloka Day		

Vinayaga Viratam Ends

6	Saturday, December 31, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada Nakshatra Varyan Yoga Vanija Karana Saptami Yam Titau				Trieste, Italy Sutra 263 Khara 5113	
	Meena Rasi: 3.32 Tithi 7 Creative Work Siddha Yoga Until 8.05PM then Amrita Yoga	Gulika 7:46AM – 8:52AM Yama 1:15PM – 2:21PM Rahu 9:58AM – 11:03AM	Uttaraprostapada Until 8:12AM Sun Varyan Until 2:56AM Sun Vanija Until 7:19AM Sun Saptami Until 6:14PM	Ganesha: Blue <i>Sunrise:</i> 7:46AM Muruqa: Clear <i>Sunset:</i> 4:32PM Nataraja: Yellow Moon – Clear Pausha-Markali	Sun 21 Moon 12 - Phase 35 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM		

	Sunday, January 1, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtami* Yam Titau				Trieste, Italy Sutra 264 Khara 5113	
	Retreat Star Meena Rasi: 15.34 Tithi 8 Creative Work Amrita Yoga Until 8.06PM then Siddha Yoga	Gulika 2:22PM – 3:28PM Yama 12:10PM – 1:16PM Rahu 3:28PM – 4:34PM	Uttaraprostapada Until 8:12AM Parigha* Until 3:27AM Mon Visti Until 7:17AM Ashtami* Until 8:22PM	Ganesha: Blue <i>Sunrise:</i> 7:46AM Muruqa: Clear <i>Sunset:</i> 4:34PM Nataraja: Yellow Moon – Clear Pausha-Markali	Sun 22 Moon 12 - Phase 35 Ashtami Bhuloka Day Devaloka Time: 3:PM to 6:PM		

Monday, January 2, 2012	Retreat Star	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Asvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navami* Yam Titau				Trieste, Italy Sutra 265 Khara 5113	
	Meena Rasi: 27.28 Tithi 9 Family Home Evening 812696156 Creative Work Siddha Yoga	Gulika 1:17PM – 2:23PM Yama 11:04AM – 12:11PM Rahu 8:52AM – 9:58AM	Revati Until 11:05AM Shiva Until 4:13AM Tue Balava Until 9:44AM Navami* Until 10:49PM	Ganesha: Yellow <i>Sunrise:</i> 7:46AM Muruqa: Clear <i>Sunset:</i> 4:35PM Nataraja: Yellow Moon – Clear Pausha-Markali	Sun 23 Moon 12 - Phase 35 Navami Devaloka Day		

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, 'Fear not.' Tirumurai 11. KD, 224

1	Tuesday, January 3, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini/Bharani Nakshatra Siddha Yoga Tailila/Gara Karana Dasami Yam Titau				Sun 24	Trieste, Italy Sutra 266 Khara 5113
	Mesha Rasi: 9.18	Tithi 10	Gulika 12:11PM – 1:17PM	Asvini Until 2:05PM	Ganesha: White	<i>Sunrise:</i> 7:46AM		
		822696156	Yama 9:59AM – 11:05AM	Siddha Until 5:06AM Wed	Muruqa: Clear	<i>Sunset:</i> 4:36PM		Moon 12 - Phase 36
			Rahu 2:24PM – 3:30PM	Tailila Until 12:19PM	Nataraja: Yellow			4th Phase
				Dasami Until 1:24AM Wed	Moon – White		Sivaloka Day	
					Pausha-Markali			

2	Wednesday, January 4, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadasi Yam Titau				Sun 25	Trieste, Italy Sutra 267 Khara 5113
	Mesha Rasi: 21.09	Tithi 11	Gulika 11:05AM – 12:12PM	Bharani Until 5:02PM	Ganesha: White	<i>Sunrise:</i> 7:46AM		
		822696156	Yama 8:52AM – 9:59AM	Sadhya Until 6:01AM Thu	Muruqa: Clear	<i>Sunset:</i> 4:37PM		Moon 12 - Phase 36
			Rahu 12:12PM – 1:18PM	Vanija Until 2:51PM	Nataraja: Yellow			4th Phase
				Ekadasi Until 3:57AM Thu	Moon – White		Sivaloka Day	
					Pausha-Markali			

3	Thursday, January 5, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvadasi Yam Titau				Sun 26	Trieste, Italy Sutra 268 Khara 5113
	Mrishabha Rasi: 3.05	Tithi 12	Gulika 9:59AM – 11:05AM	Krittika Until 7:49PM	Ganesha: White	<i>Sunrise:</i> 7:46AM		
		822696156	Yama 7:46AM – 8:52AM	Sadhya Until 6:01AM	Muruqa: Clear	<i>Sunset:</i> 4:38PM		Moon 12 - Phase 36
			Rahu 1:19PM – 2:25PM	Bava Until 5:12PM	Nataraja: Yellow			4th Phase
				Dvadasi Until 6:05AM Fri	Moon – White		Sivaloka Day	
					Pausha-Markali			

4	Friday, January 6, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau				Sun 27	Trieste, Italy Sutra 269 Khara 5113
	Mrishabha Rasi: 15.13	Tithi 12 – 13	Gulika 8:52AM – 9:59AM	Rohini Until 10:15PM	Ganesha: Clear	<i>Sunrise:</i> 7:46AM		
		832696156	Yama 2:26PM – 3:33PM	Subha Until 6:24AM	Muruqa: Clear	<i>Sunset:</i> 4:39PM		Moon 12 - Phase 36
			Rahu 11:06AM – 12:12PM	Kaulava Until 7:11PM	Nataraja: Yellow			4th Phase
				Dvadasi Until 6:05AM	Moon – Yellow		Devaloka Day	
					Pausha-Markali			

5	Saturday, January 7, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Sun 28	Trieste, Italy Sutra 270 Khara 5113
	Mrishabha Rasi: 27.32	Tithi 13 – 14	Gulika 7:45AM – 8:52AM	Mrigasira Until 10:51PM	Ganesha: Clear	<i>Sunrise:</i> 7:45AM		
		832696156	Yama 1:20PM – 2:27PM	Sukla Until 6:20AM	Muruqa: Clear	<i>Sunset:</i> 4:40PM		Moon 12 - Phase 36
			Rahu 9:59AM – 11:06AM	Gara Until 7:27PM	Nataraja: Yellow			4th Phase
				Trayodasi Until 7:27AM	Moon – Yellow		Devaloka Day	
					Pausha-Markali			

○	Sunday, January 8, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Indra Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Sun 29	Trieste, Italy Sutra 271 Khara 5113
	Copper Retreat Star		Gulika 2:27PM – 3:34PM	Ardra Until 12:12AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:45AM		
	Mithuna Rasi: 10.08	Tithi 14 – 15	Yama 12:13PM – 1:20PM	Indra Until 4:42AM Mon	Muruqa: Clear	<i>Sunset:</i> 4:41PM		Moon 12 - Phase 36
		832696156	Rahu 3:34PM – 4:41PM	Visti Until 8:18PM	Nataraja: Yellow			Purnima
				Chaturdasi* Until 8:18AM	Moon – Yellow		Devaloka Day	
					Pausha-Markali			

○	Monday, January 9, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Sun 30	Trieste, Italy Sutra 272 Khara 5113
	Silver Retreat Star		Gulika 1:21PM – 2:28PM	Punarvasu Until 1:02AM Tue	Ganesha: Purple	<i>Sunrise:</i> 7:45AM		
	Mithuna Rasi: 23.02	Tithi 15 – 16	Yama 11:06AM – 12:14PM	Vaidhriti* Until 3:43AM Tue	Muruqa: Clear	<i>Sunset:</i> 4:43PM		Moon 12 - Phase 36
		842696156	Rahu 8:52AM – 9:59AM	Balava Until 8:33PM	Nataraja: Yellow			Prathama
				Purnima* Until 8:33AM	Moon – Blue		Sivaloka Day	
					Pausha-Markali			

To such a one who has his stains wiped away, the venerable Sanat Kumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2. UpH, 262



Tuesday, January 10, 2012
Gold Retreat Star

Kataka Rasi: 6.12 Titithi 16 – 17
842696156

Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Gulika 12:14PM – 1:22PM
Yama 9:59AM – 11:07AM
Rahu 2:29PM – 3:36PM

Pushya Until 1:20AM Wed
Vishkambha* Until 2:15AM Wed
Taitila Until 8:15PM
Prathama* Until 8:15AM

Ganesha: Purple *Sunrise:* 7:44AM
Muruqa: Clear *Sunset:* 4:44PM
Nataraja: Yellow
Moon – Blue
Pausha-Markali

Sivaloka Day

Trieste, Italy
Sutra 273
Khara 5113
Moon 13 - Phase 37
1st Phase

1

Wednesday, January 11, 2012

Kataka Rasi: 19.38 Titithi 17 – 18
842696156

Creative Work Siddha Yoga
Until 11:47PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Aslesha* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 11:07AM – 12:15PM
Yama 8:52AM – 9:59AM
Rahu 12:15PM – 1:22PM

Aslesha* Until 11:47PM
Priti Until 11:07PM
Vanija Until 6:23PM
Dvitiya Until 7:19AM

Ganesha: Purple *Sunrise:* 7:44AM
Muruqa: Clear *Sunset:* 4:45PM
Nataraja: Yellow
Moon – Blue
Pausha-Markali

Sivaloka Day

Trieste, Italy
Sun 1 Sutra 274
Khara 5113
Moon 13 - Phase 37
1st Phase

2

Thursday, January 12, 2012

Simha Rasi: 3.17 Titithi 18 – 19
852696156

Creative Work Amrita Yoga
Until 8.11PM then Marana Yoga
Until 11:14PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Visti*/Balava Karana Tritiya/Chaturthi* Yam Titau

Gulika 9:59AM – 11:07AM
Yama 7:44AM – 8:51AM
Rahu 1:23PM – 2:31PM

Magha* Until 11:14PM
Ayushman Until 8:59PM
Balava Until 4:18AM Fri
Tritiya Until 6:09AM

Ganesha: Clear *Sunrise:* 7:44AM
Muruqa: Clear *Sunset:* 4:46PM
Nataraja: Yellow
Moon – Red
Pausha-Markali

Devaloka Day

Trieste, Italy
Sun 2 Sutra 275
Khara 5113
Moon 13 - Phase 37
1st Phase

3

Friday, January 13, 2012

Simha Rasi: 17.06 Titithi 20
852696156

Creative Work Siddha Yoga
Until 8.11PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchami Yam Titau

Gulika 8:51AM – 9:59AM
Yama 2:31PM – 3:39PM
Rahu 11:07AM – 12:15PM

Purvaphalguni* Until 10:24PM
Saubhagya Until 6:34PM
Kaulava Until 3:45PM
Panchami Until 2:50AM Sat

Ganesha: Clear *Sunrise:* 7:43AM
Muruqa: Clear *Sunset:* 4:47PM
Nataraja: Yellow
Moon – Red
Pausha-Markali

Devaloka Day

Trieste, Italy
Sun 3 Sutra 276
Khara 5113
Moon 13 - Phase 37
1st Phase

4

Saturday, January 14, 2012

Kanya Rasi: 1.02 Titithi 21
853696156

Routine Work Marana Yoga
Until 8.11PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shasthi* Yam Titau

Gulika 7:43AM – 8:51AM
Yama 1:24PM – 2:32PM
Rahu 9:59AM – 11:07AM

Uttaraphalguni Until 9:22PM
Sobhana Until 3:58PM
Gara Until 2:03PM
Shasthi* Until 1:08AM Sun

Ganesha: Purple *Sunrise:* 7:43AM
Muruqa: Clear *Sunset:* 4:49PM
Nataraja: Yellow
Moon – Red
Pausha-Thai

Thai Pongal

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Trieste, Italy
Sun 4 Sutra 277
Khara 5113
Moon 13 - Phase 37
1st Phase

5

Sunday, January 15, 2012

Kanya Rasi: 15.04 Titithi 22
863696156

Creative Work Amrita Yoga
Until 8.12PM then Siddha Yoga
Until 8:11PM then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptami Yam Titau

Gulika 2:33PM – 3:41PM
Yama 12:16PM – 1:25PM
Rahu 3:41PM – 4:50PM

Hasta Until 8:11PM
Athiganda* Until 1:15PM
Visti Until 12:12PM
Saptami Until 11:17PM

Ganesha: Clear *Sunrise:* 7:42AM
Muruqa: Clear *Sunset:* 4:50PM
Nataraja: Yellow
Moon – Green
Pausha-Thai

Devaloka Day

Trieste, Italy
Sun 5 Sutra 278
Khara 5113
Moon 13 - Phase 37
1st Phase



Monday, January 16, 2012
Retreat Star

Kanya Rasi: 29.08 Titithi 23
863696156

Family Home Evening
Routine Work Prabalarishta Yoga
Until 6:55PM then Amrita Yoga
Until 8.12PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 1:25PM – 2:34PM
Yama 11:08AM – 12:16PM
Rahu 8:50AM – 9:59AM

Chitra Until 6:55PM
Sukarma Until 10:26AM
Balava Until 10:15AM
Ashtami* Until 9:20PM

Ganesha: Clear *Sunrise:* 7:41AM
Muruqa: Clear *Sunset:* 4:51PM
Nataraja: Yellow
Moon – Green
Pausha-Thai

Devaloka Day

Trieste, Italy
Sun 6 Sutra 279
Khara 5113
Moon 13 - Phase 37
Ashtami

Tuesday, January 17, 2012
Retreat Star

Tula Rasi: 13.15 Titithi 24
863696156

Creative Work Siddha Yoga
Until 5:35PM then Marana Yoga
Until 8.12PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Visakha Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navami* Yam Titau

Gulika 12:17PM – 1:26PM
Yama 9:59AM – 11:08AM
Rahu 2:35PM – 3:44PM

Svati Until 5:35PM
Dhriti Until 7:33AM
Taitila Until 8:14AM
Navami* Until 7:18PM

Ganesha: Clear *Sunrise:* 7:41AM
Muruqa: Clear *Sunset:* 4:53PM
Nataraja: Yellow
Moon – Green
Pausha-Thai

Devaloka Day


Trieste, Italy
Sun 7 Sutra 280
Khara 5113
Moon 13 - Phase 37
Navami

1	Wednesday, January 18, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Visakha/Anuradha Nakshatra Ganda* Yoga Vanija/Bava Karana Dasami/Ekadasi* Yam Titau				Trieste, Italy
	Tula Rasi: 27.23	Tithi 25 – 26	Gulika	11:08AM – 12:17PM	Visakha Until 4:12PM	Ganesha: White	Sun 8
		873696156	Yama	8:49AM – 9:59AM	Ganda* Until 1:58AM Thu	Muruqa: Clear	Khara 5113
	Creative Work	Siddha Yoga	Rahu	12:17PM – 1:26PM	Vanija Until 6:10AM	Nataraja: Yellow	Moon 13 - Phase 38
			Dasami Until 5:15PM			Pausha*Thai	2nd Phase
			Bhuloka Day				Devaloka Time: 3:PM to 6:PM

2	Thursday, January 19, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau				Trieste, Italy
	Virchika Rasi: 11.31	Tithi 26 – 27	Gulika	9:58AM – 11:08AM	Anuradha Until 2:50PM	Ganesha: White	Sun 9
		873696156	Yama	7:39AM – 8:49AM	Vriddhi Until 11:04PM	Muruqa: Clear	Khara 5113
	Creative Work	Siddha Yoga	Rahu	1:27PM – 2:36PM	Kaulava Until 2:16AM Fri	Nataraja: Yellow	Moon 13 - Phase 38
Until 8.13PM then Prabalarishla Yoga			Ekadasi* Until 3:11PM			Pausha*Thai	2nd Phase
			Bhuloka Day				Devaloka Time: 3:PM to 6:PM

3	Friday, January 20, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau				Trieste, Italy
	Virchika Rasi: 25.37	Tithi 27 – 28	Gulika	8:48AM – 9:58AM	Jyeshtha* Until 1:32PM	Ganesha: White	Sun 10
		873696156	Yama	2:37PM – 3:47PM	Dhruva Until 8:13PM	Muruqa: Clear	Khara 5113
	Routine Work	Prabalarishla Yoga	Rahu	11:08AM – 12:18PM	Gara Until 12:17AM Sat	Nataraja: Yellow	Moon 13 - Phase 38
Until 1:32PM then no yoga			Dvadasi* Until 1:12PM			Pausha*Thai	2nd Phase
Until 8.13PM then Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				Bhuloka Day
							Devaloka Time: 3:PM to 6:PM

4	Saturday, January 21, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau				Trieste, Italy
	Dhanus Rasi: 9.37	Tithi 28 – 29	Gulika	7:38AM – 8:48AM	Mula* Until 12:22PM	Ganesha: Green	Sun 11
		883696156	Yama	1:28PM – 2:38PM	Vyaghata* Until 5:30PM	Muruqa: Clear	Khara 5113
	Creative Work	Siddha Yoga	Rahu	9:58AM – 11:08AM	Visti Until 10:26PM	Nataraja: Yellow	Moon 13 - Phase 38
Until 12:22PM then Marana Yoga			Trayodasi* Until 11:22AM			Pausha*Thai	2nd Phase
Until 8.14PM then Siddha Yoga			Bhuloka Day				Devaloka Time: 3:PM to 6:PM

	Sunday, January 22, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Trieste, Italy
	Retreat Star		Gulika	2:39PM – 3:49PM	Purvashadha* Until 11:27AM	Ganesha: Green	Sun 12
	Dhanus Rasi: 23.29	Tithi 29 – 30	Yama	12:18PM – 1:28PM	Harshana Until 3:01PM	Muruqa: Clear	Khara 5113
		883696156	Rahu	3:49PM – 4:59PM	Catuspada Until 8:52PM	Nataraja: Yellow	Moon 13 - Phase 38
Creative Work Siddha Yoga			Chaturdasi* Until 9:47AM			Pausha*Thai	Amavasya
Until 11:27AM then Amrita Yoga			Bhuloka Day				Devaloka Time: 3:PM to 6:PM
Until 8.14PM then Marana Yoga							

Retreat Star	Monday, January 23, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha*/Sraavana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Trieste, Italy
	Retreat Star		Gulika	1:29PM – 2:40PM	Uttarashadha Until 11:14AM	Ganesha: Green	Sun 13
	Makara Rasi: 7.1	Tithi 30 – 1	Yama	11:08AM – 12:18PM	Vajra* Until 1:20PM	Muruqa: Clear	Khara 5113
		883696156	Rahu	8:47AM – 9:57AM	Kintughna Until 8:48PM	Nataraja: Yellow	Moon 13 - Phase 38
Family Home Evening			Amavasya* Until 8:48AM			Magha*Thai	Prathama
Routine Work Marana Yoga			Bhuloka Day				Devaloka Time: 3:PM to 6:PM
Until 11:14AM then Amrita Yoga							
Until 8.14PM then Siddha Yoga							

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Inv. to Vinayaka. TM

1	Tuesday, January 24, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama*/Dviliya Yam Titau				Trieste, Italy Sun 14 Sutra 287 Khara 5113	
	Makara Rasi: 20.35 Tithi 1 – 2 893696156	Gulika 12:19PM – 1:30PM Yama 9:57AM – 11:08AM Rahu 2:40PM – 3:51PM	Sravana Until 11:05AM Siddhi Until 11:27AM Balava Until 8:00PM Prathama* Until 8:00AM	Ganesha: White Muruqa: Clear Nataraja: Yellow Moon – Purple Magha*Thai	Sunrise: 7:35AM Sunset: 5:02PM	Moon 13 - Phase 39 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Creative Work Siddha Yoga Until 11:05AM then Marana Yoga Until 8.14PM then Prabalarishta Yoga							

2	Wednesday, January 25, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dviliya/Triliya Yam Titau				Trieste, Italy Sun 15 Sutra 288 Khara 5113	
	Kumbha Rasi: 3.42 Tithi 2 – 3 993696156	Gulika 11:08AM – 12:19PM Yama 8:45AM – 9:57AM Rahu 12:19PM – 1:30PM	Dhanishtha Until 11:28AM Vyatipata* Until 10:04AM Taitila Until 7:47PM Dvitiya Until 7:47AM	Ganesha: Green Muruqa: Clear Nataraja: Yellow Moon – Purple Magha*Thai	Sunrise: 7:34AM Sunset: 5:04PM	Moon 13 - Phase 39 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Routine Work Prabalarishta Yoga Until 11:28AM then Siddha Yoga Until 8.15PM then Marana Yoga							

3	Thursday, January 26, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Triliya/Chaturthi* Yam Titau				Trieste, Italy Sun 16 Sutra 289 Khara 5113	
	Kumbha Rasi: 16.31 Tithi 3 – 4 993696156	Gulika 9:56AM – 11:08AM Yama 7:33AM – 8:45AM Rahu 1:31PM – 2:42PM	Satabhisha Until 12:25PM Variyan Until 9:12AM Vanija Until 8:11PM Tritiya Until 8:11AM	Ganesha: Green Muruqa: Clear Nataraja: Yellow Moon – Purple Magha*Thai	Sunrise: 7:33AM Sunset: 5:05PM	Moon 13 - Phase 39 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Routine Work Marana Yoga Until 12:25PM then Siddha Yoga							

4	Friday, January 27, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Trieste, Italy Sun 17 Sutra 290 Khara 5113	
	Kumbha Rasi: 29.03 Tithi 4 – 5 913796156	Gulika 8:44AM – 9:56AM Yama 2:43PM – 3:55PM Rahu 11:08AM – 12:19PM	Purvaprostapada* Until 2:34PM Parigha* Until 9:03AM Bava Until 10:32PM Chaturthi* Until 9:27AM	Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – Clear Magha*Thai	Sunrise: 7:32AM Sunset: 5:06PM	Moon 13 - Phase 39 3rd Phase Sivaloka Day	
Creative Work Siddha Yoga							

5	Saturday, January 28, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Trieste, Italy Sun 18 Sutra 291 Khara 5113	
	Meena Rasi: 11.19 Tithi 5 – 6 914796156	Gulika 7:31AM – 8:43AM Yama 1:32PM – 2:44PM Rahu 9:55AM – 11:07AM	Uttaraprostapada Until 4:43PM Shiva Until 9:10AM Kaulava Until 12:11AM Sun Panchami Until 11:06AM	Ganesha: Red Muruqa: Clear Nataraja: Yellow Moon – Clear Magha*Thai	Sunrise: 7:31AM Sunset: 5:08PM	Moon 13 - Phase 39 3rd Phase Devaloka Day	
Creative Work Siddha Yoga Until 4:43PM then Prabalarishta Yoga Until 8.15PM then Amrita Yoga							

6	Sunday, January 29, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Trieste, Italy Sun 19 Sutra 292 Khara 5113	
	Meena Rasi: 23.21 Tithi 6 – 7 914796156	Gulika 2:44PM – 3:57PM Yama 12:20PM – 1:32PM Rahu 3:57PM – 5:09PM	Revati Until 7:18PM Siddha Until 9:40AM Gara Until 2:19AM Mon Shasthi* Until 1:13PM	Ganesha: Red Muruqa: Clear Nataraja: Yellow Moon – Clear Magha*Thai	Sunrise: 7:30AM Sunset: 5:09PM	Moon 13 - Phase 39 3rd Phase Devaloka Day	
Creative Work Amrita Yoga Until 7:18PM then Siddha Yoga							

Monday, January 30, 2012	Retreat Star	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Asvini Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Trieste, Italy Sun 20 Sutra 293 Khara 5113	
	Mesha Rasi: 5.15 Tithi 7 – 8 Family Home Evening 924796156	Gulika 1:33PM – 2:45PM Yama 11:07AM – 12:20PM Rahu 8:42AM – 9:54AM	Asvini Until 10:10PM Sadhya Until 10:27AM Visti Until 4:45AM Tue Saptami Until 3:40PM	Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – White Magha*Thai	Sunrise: 7:29AM Sunset: 5:11PM	Moon 13 - Phase 39 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Creative Work Siddha Yoga							

Tuesday, January 31, 2012	Retreat Star	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Bava Karana Ashtami* Yam Titau				Trieste, Italy Sun 21 Sutra 294 Khara 5113	
	Mesha Rasi: 17.04 Tithi 8 924796156	Gulika 12:20PM – 1:33PM Yama 9:54AM – 11:07AM Rahu 2:46PM – 3:59PM	Bharani Until 1:11AM Wed Subha Until 11:21AM Bava Until 7:21AM Wed Ashtami* Until 6:16PM	Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – White Magha*Thai	Sunrise: 7:28AM Sunset: 5:12PM	Moon 13 - Phase 39 Ashtami Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Creative Work Siddha Yoga Until 8.16PM then Marana Yoga Until 1:11AM Wed then Amrita Yoga							

Wednesday, February 1, 2012	Retreat Star	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau				Trieste, Italy Sun 22 Sutra 295 Khara 5113	
	Mesha Rasi: 28.55 Tithi 9 924796156	Gulika 11:07AM – 12:20PM Yama 8:41AM – 9:54AM Rahu 12:20PM – 1:33PM	Krittika Until 4:11AM Thu Sukla Until 12:15PM Balava Until 7:44AM Navami* Until 8:50PM	Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – White Magha*Thai	Sunrise: 7:28AM Sunset: 5:12PM	Moon 13 - Phase 39 Navami Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Creative Work Amrita Yoga Until 8.16PM then Marana Yoga							

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

<h1 style="font-size: 2em; margin: 0;">1</h1> <p>Thursday, February 2, 2012</p> <p>Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dasami Yam Titau</p> <p>Trieste, Italy Sutra 296 Khara 5113</p>	Sun 23	Moon 13 - Phase 40 4th Phase	Sivaloka Day
	Sunrise: 7:27AM Sunset: 5:14PM	Moon 13 - Phase 40 4th Phase	Sivaloka Day

<h1 style="font-size: 2em; margin: 0;">2</h1> <p>Friday, February 3, 2012</p> <p>Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Grigasira Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau</p> <p>Trieste, Italy Sutra 297 Khara 5113</p>	Sun 24	Moon 13 - Phase 40 4th Phase	Sivaloka Day
	Sunrise: 7:26AM Sunset: 5:15PM	Moon 13 - Phase 40 4th Phase	Sivaloka Day

<h1 style="font-size: 2em; margin: 0;">3</h1> <p>Saturday, February 4, 2012</p> <p>Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau</p> <p>Trieste, Italy Sutra 298 Khara 5113</p>	Sun 25	Moon 13 - Phase 40 4th Phase	Subha Sivaloka Day
	Sunrise: 7:24AM Sunset: 5:16PM	Moon 13 - Phase 40 4th Phase	Subha Sivaloka Day

<h1 style="font-size: 2em; margin: 0;">4</h1> <p>Sunday, February 5, 2012</p> <p>Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau</p> <p>Trieste, Italy Sutra 299 Khara 5113</p>	Sun 26	Moon 13 - Phase 40 4th Phase	Subha Sivaloka Day
	Sunrise: 7:23AM Sunset: 5:18PM	Moon 13 - Phase 40 4th Phase	Subha Sivaloka Day

Pradosha Vrata

<h1 style="font-size: 2em; margin: 0;">5</h1> <p>Monday, February 6, 2012</p> <p>Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau</p> <p>Trieste, Italy Sutra 300 Khara 5113</p>	Sun 27	Moon 13 - Phase 40 4th Phase	Sivaloka Day
	Sunrise: 7:22AM Sunset: 5:19PM	Moon 13 - Phase 40 4th Phase	Sivaloka Day

<h1 style="font-size: 2em; margin: 0;">O</h1> <p>Tuesday, February 7, 2012</p> <p>Copper Retreat Star</p> <p>Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Aslesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau</p> <p>Trieste, Italy Sutra 301 Khara 5113</p>	Sun 28	Moon 13 - Phase 40 Purnima	Sivaloka Day
	Sunrise: 7:20AM Sunset: 5:21PM	Moon 13 - Phase 40 Purnima	Sivaloka Day

<h1 style="font-size: 2em; margin: 0;">W</h1> <p>Wednesday, February 8, 2012</p> <p>Silver Retreat Star</p> <p>Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Aslesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau</p> <p>Trieste, Italy Sutra 302 Khara 5113</p>	Sun 29	Moon 13 - Phase 40 Prathama	Bhuloka Day Devaloka Time: 12:PM to 3:PM
	Sunrise: 7:19AM Sunset: 5:22PM	Moon 13 - Phase 40 Prathama	Bhuloka Day Devaloka Time: 12:PM to 3:PM



Thursday, February 9, 2012
Gold Retreat Star

Simha Rasi: 12.44 Tithi 17
955797267
Creative Work Amrita Yoga
Until 7:01AM then no yoga
Until 8.16PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiya Yam Titau **Sun 1** Trieste, Italy
Sutra 303
Khara 5113
Gulika 9:49AM – 11:05AM **Magha* Until 7:01AM** **Ganesha:** White *Sunrise:* 7:18AM
Yama 7:18AM – 8:33AM Athiganda* Until 12:18AM Fri **Muruqa:** White *Sunset:* 5:24PM Moon 1 - Phase 41
Rahu 1:36PM – 2:52PM Taitila Until 7:59AM **Nataraja:** Yellow Moon – Red **Subha Sivaloka Day**
Dvitiya Until 7:04PM **Magha*Thai**

1

Friday, February 10, 2012

Simha Rasi: 27.02 Tithi 18 – 19
955797267
Creative Work Siddha Yoga
Until 8.16PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau **Sun 2** Trieste, Italy
Sutra 304
Khara 5113
Gulika 8:32AM – 9:49AM **Uttaraphalguni Until 4:13AM Sat** **Ganesha:** White *Sunrise:* 7:16AM
Yama 2:53PM – 4:09PM Sukarma Until 9:08PM **Muruqa:** White *Sunset:* 5:25PM Moon 1 - Phase 41
Rahu 11:05AM – 12:21PM Bava Until 3:46AM Sat **Nataraja:** Yellow Moon – Red **Subha Sivaloka Day**
Tritiya Until 4:41PM **Magha*Thai**

2

Saturday, February 11, 2012

Kanya Rasi: 11.26 Tithi 19 – 20
955797267
Routine Work Marana Yoga
Until 8.16PM then Amrita Yoga
Until 2:25AM Sun then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hashta Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau **Sun 3** Trieste, Italy
Sutra 305
Khara 5113
Gulika 7:15AM – 8:31AM **Hashta Until 2:25AM Sun** **Ganesha:** Clear *Sunrise:* 7:15AM
Yama 1:37PM – 2:54PM Dhriti Until 5:50PM **Muruqa:** White *Sunset:* 5:27PM Moon 1 - Phase 41
Rahu 9:48AM – 11:04AM Kaulava Until 1:14AM Sun **Nataraja:** Yellow Moon – Green **Sivaloka Day**
Chaturthi* Until 2:09PM **Magha*Thai**

3

Sunday, February 12, 2012

Kanya Rasi: 25.48 Tithi 20 – 21
955797267
Creative Work Siddha Yoga
Until 8.16PM then Prabalarishta Yoga
Until 12:37AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau **Sun 4** Trieste, Italy
Sutra 306
Khara 5113
Gulika 2:54PM – 4:11PM **Chitra Until 12:37AM Mon** **Ganesha:** Clear *Sunrise:* 7:13AM
Yama 12:21PM – 1:38PM Shula* Until 2:33PM **Muruqa:** White *Sunset:* 5:28PM Moon 1 - Phase 41
Rahu 4:11PM – 5:28PM Gara Until 10:43PM **Nataraja:** Yellow Moon – Green **Sivaloka Day**
Panchami Until 11:38AM **Magha*Thai**

4

Monday, February 13, 2012

Tula Rasi: 10.06 Tithi 21 – 22
955797267
Family Home Evening
Creative Work Amrita Yoga
Until 8.16PM then Siddha Yoga
Until 10:58PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau **Sun 5** Trieste, Italy
Sutra 307
Khara 5113
Gulika 1:38PM – 2:55PM **Svati Until 10:58PM** **Ganesha:** Clear *Sunrise:* 7:12AM
Yama 11:04AM – 12:21PM Ganda* Until 11:23AM **Muruqa:** White *Sunset:* 5:30PM Moon 1 - Phase 41
Rahu 8:29AM – 9:46AM Visti Until 8:20PM **Nataraja:** Yellow Moon – Green **Sivaloka Day**
Shasthi* Until 9:16AM **Magha*Masi**



Tuesday, February 14, 2012
Retreat Star

Tula Rasi: 24.16 Tithi 22 – 23
955797267
Routine Work Marana Yoga
Until 8.16PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Visakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau **Sun 6** Trieste, Italy
Sutra 308
Khara 5113
Gulika 12:21PM – 1:38PM **Visakha Until 9:32PM** **Ganesha:** Purple *Sunrise:* 7:10AM
Yama 9:46AM – 11:03AM Vridhhi Until 8:26AM **Muruqa:** White *Sunset:* 5:31PM Moon 1 - Phase 41
Rahu 2:56PM – 4:13PM Balava Until 6:12PM **Nataraja:** Yellow Moon – Orange **Subha Sivaloka Day**
Saptami Until 7:07AM **Magha*Masi**

Wednesday, February 15, 2012
Retreat Star

Vrischika Rasi: 8.18 Tithi 24
955797267
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navami* Yam Titau **Sun 7** Trieste, Italy
Sutra 309
Khara 5113
Gulika 11:03AM – 12:21PM **Anuradha Until 8:21PM** **Ganesha:** Purple *Sunrise:* 7:09AM
Yama 8:27AM – 9:45AM Vyaghata* Until 3:02AM Thu **Muruqa:** White *Sunset:* 5:32PM Moon 1 - Phase 41
Rahu 12:21PM – 1:39PM Taitila Until 4:20PM **Nataraja:** Yellow Moon – Orange **Subha Sivaloka Day**
Navami* Until 3:24AM Thu **Magha*Masi**


1	Thursday, February 16, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Vanija/Visti* Karana Dasami Yam Titau				Sun 8		Trieste, Italy Sutra 310 Khara 5113
	Wrischika Rasi: 22.1	Tithi 25	Gulika 9:44AM – 11:02AM Yama 7:07AM – 8:26AM Rahu 1:39PM – 2:57PM	Jyeshtha* Until 7:26PM Harshana Until 12:34AM Fri Vanija Until 2:44PM Dasami Until 1:49AM Fri	Ganesha: Purple Muruqa: White Nataraja: Yellow Moon – Orange Magha-Masi	Sunrise: 7:07AM Sunset: 5:34PM	Moon 1 - Phase 42 2nd Phase Subha Sivaloka Day		
Creative Work Siddha Yoga Until 8.16PM then no yoga									

2	Friday, February 17, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadasi* Yam Titau				Sun 9		Trieste, Italy Sutra 311 Khara 5113
	Dhanus Rasi: 5.53	Tithi 26	Gulika 8:25AM – 9:43AM Yama 2:58PM – 4:17PM Rahu 11:02AM – 12:21PM	Mula* Until 6:45PM Vajra* Until 10:19PM Bava Until 1:25PM Ekadasi* Until 12:30AM Sat	Ganesha: Clear Muruqa: White Nataraja: Yellow Moon – Light Blue Magha-Masi	Sunrise: 7:06AM Sunset: 5:35PM	Moon 1 - Phase 42 2nd Phase Sivaloka Day		
No Yoga Until 6:45PM then Siddha Yoga Until 8.16PM then Marana Yoga									

3	Saturday, February 18, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau				Sun 10		Trieste, Italy Sutra 312 Khara 5113
	Dhanus Rasi: 19.28	Tithi 27	Gulika 7:04AM – 8:23AM Yama 1:40PM – 2:59PM Rahu 9:42AM – 11:01AM	Purvashadha* Until 7:17PM Siddhi Until 9:20PM Kaulava Until 12:54PM Dvadasi* Until 12:54AM Sun	Ganesha: Clear Muruqa: White Nataraja: Yellow Moon – Light Blue Magha-Masi	Sunrise: 7:04AM Sunset: 5:37PM	Moon 1 - Phase 42 2nd Phase Sivaloka Day		
Routine Work Marana Yoga Until 7:17PM then no yoga Until 8.16PM then Amrita Yoga									

4	Sunday, February 19, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Sun 11		Trieste, Italy Sutra 313 Khara 5113
	Makara Rasi: 2.54	Tithi 28	Gulika 2:59PM – 4:19PM Yama 12:20PM – 1:40PM Rahu 4:19PM – 5:38PM	Uttarashadha Until 7:07PM Vyatipata* Until 7:27PM Gara Until 12:04PM Trayodasi* Until 12:04AM Mon <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple Muruqa: White Nataraja: Yellow Moon – Light Blue Magha-Masi	Sunrise: 7:03AM Sunset: 5:38PM	Moon 1 - Phase 42 2nd Phase Devaloka Day		
Creative Work Amrita Yoga									

5	Monday, February 20, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Sravana Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau				Sun 12		Trieste, Italy Sutra 314 Khara 5113
	Makara Rasi: 16.09	Tithi 29	Gulika 1:40PM – 3:00PM Yama 11:01AM – 12:20PM Rahu 8:21AM – 9:41AM	Sravana Until 7:16PM Variyan Until 5:51PM Visti Until 11:34AM Chaturdasi* Until 11:34PM	Ganesha: Light Blue Muruqa: White Nataraja: Yellow Moon – Purple Magha-Masi	Sunrise: 7:01AM Sunset: 5:40PM	Moon 1 - Phase 42 2nd Phase Devaloka Day		
Family Home Evening Creative Work Amrita Yoga Until 7.16PM then Siddha Yoga Until 8.16PM then Marana Yoga		Mahasivaratri							

	Tuesday, February 21, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau				Sun 13		Trieste, Italy Sutra 315 Khara 5113
	Makara Rasi: 29.13	Tithi 30	Gulika 12:20PM – 1:40PM Yama 9:40AM – 11:00AM Rahu 3:01PM – 4:21PM	Dhanishtha Until 7:45PM Parigha* Until 4:35PM Catuspada Until 11:27AM Amavasya* Until 11:27PM	Ganesha: Orange Muruqa: White Nataraja: Yellow Moon – Purple Magha-Masi	Sunrise: 6:59AM Sunset: 5:41PM	Moon 1 - Phase 42 Amavasya Sivaloka Day		
Retreat Star Routine Work Marana Yoga Until 8.16PM then Siddha Yoga									

Retreat Star	Wednesday, February 22, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathama* Yam Titau				Sun 14		Trieste, Italy Sutra 316 Khara 5113
	Kumbha Rasi: 12.04	Tithi 1	Gulika 11:00AM – 12:20PM Yama 8:18AM – 9:39AM Rahu 12:20PM – 1:41PM	Satabhisha Until 8:39PM Shiva Until 3:41PM Kintughna Until 11:46AM Prathama* Until 11:46PM	Ganesha: Orange Muruqa: White Nataraja: Yellow Moon – Purple Phalgun-Masi	Sunrise: 6:58AM Sunset: 5:42PM	Moon 1 - Phase 42 Prathama Sivaloka Day		
Creative Work Siddha Yoga Until 8.16PM then Marana Yoga Until 8.39PM then Siddha Yoga									

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishṇa Yajur Veda, Svetu 6.11. UpM, 95

1	Thursday, February 23, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiya Yam Titau				Trieste, Italy
	Kumbha Rasi: 24.41	Tithi 2	Gulika	9:38AM – 10:59AM	Purvaprostapada* Until 11:17PM	Ganesha: Green <i>Sunrise: 6:56AM</i>	Sun 15 Sutra 317 Khara 5113
	916897267		Yama	6:56AM – 8:17AM	Siddha Until 3:53PM	Muruqa: White <i>Sunset: 5:44PM</i>	Moon 1 - Phase 43 3rd Phase
Creative Work Siddha Yoga		Rahu	1:41PM – 3:02PM	Balava Until 1:07PM	Nataraja: Yellow	Moon – Clear	Subha Sivaloka Day
		Dvitiya Until 2:13AM Fri				Phalguna-Masi	


2	Friday, February 24, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiya Yam Titau				Trieste, Italy
	Meena Rasi: 7.05	Tithi 3	Gulika	8:16AM – 9:37AM	Uttaraprostapada Until 1:09AM Sat	Ganesha: Green <i>Sunrise: 6:54AM</i>	Sun 16 Sutra 318 Khara 5113
	916897267		Yama	3:03PM – 4:24PM	Sadhya Until 3:45PM	Muruqa: White <i>Sunset: 5:45PM</i>	Moon 1 - Phase 43 3rd Phase
Creative Work Siddha Yoga		Rahu	10:59AM – 12:20PM	Taitila Until 2:27PM	Nataraja: Yellow	Moon – Clear	Subha Sivaloka Day
Until 1:09AM Sat then Prabalarishta Yoga		Tritiya Until 3:33AM Sat				Phalguna-Masi	


3	Saturday, February 25, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthi* Yam Titau				Trieste, Italy
	Meena Rasi: 19.16	Tithi 4	Gulika	6:53AM – 8:14AM	Revati Until 3:28AM Sun	Ganesha: Green <i>Sunrise: 6:53AM</i>	Sun 17 Sutra 319 Khara 5113
	916897267		Yama	1:41PM – 3:03PM	Subha Until 4:01PM	Muruqa: White <i>Sunset: 5:47PM</i>	Moon 1 - Phase 43 3rd Phase
Routine Work Prabalarishta Yoga		Rahu	9:36AM – 10:58AM	Vanija Until 4:15PM	Nataraja: Yellow	Moon – Clear	Subha Sivaloka Day
Until 8:15PM then Amrita Yoga		Chaturthi* Until 5:21AM Sun				Phalguna-Masi	
Until 3:28AM Sun then Siddha Yoga		Subramuniyaswami Siva Vision Day					

4	Sunday, February 26, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Sukla/Brahma Yoga Bava Karana Panchami Yam Titau				Trieste, Italy
	Mesha Rasi: 1.16	Tithi 5	Gulika	3:04PM – 4:26PM	Asvini Until 6:24AM Mon	Ganesha: Green <i>Sunrise: 6:51AM</i>	Sun 18 Sutra 320 Khara 5113
	927897267		Yama	12:20PM – 1:42PM	Sukla Until 4:37PM	Muruqa: White <i>Sunset: 5:48PM</i>	Moon 1 - Phase 43 3rd Phase
Creative Work Siddha Yoga		Rahu	4:26PM – 5:48PM	Bava Until 6:27PM	Nataraja: Yellow	Moon – White	Devaloka Day
		Panchami Until 7:51AM Mon				Phalguna-Masi	

5	Monday, February 27, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Trieste, Italy
	Mesha Rasi: 13.08	Tithi 5 – 6	Gulika	1:42PM – 3:04PM	Asvini Until 6:24AM	Ganesha: Green <i>Sunrise: 6:49AM</i>	Sun 19 Sutra 321 Khara 5113
	927897267		Yama	10:57AM – 12:19PM	Brahma Until 5:29PM	Muruqa: White <i>Sunset: 5:49PM</i>	Moon 1 - Phase 43 3rd Phase
Family Home Evening		Rahu	8:12AM – 9:34AM	Kaulava Until 8:56PM	Nataraja: Yellow	Moon – White	Devaloka Day
Creative Work Siddha Yoga		Panchami Until 7:51AM				Phalguna-Masi	

6	Tuesday, February 28, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Trieste, Italy
	Mesha Rasi: 24.56	Tithi 6 – 7	Gulika	12:19PM – 1:42PM	Bharani Until 9:28AM	Ganesha: Green <i>Sunrise: 6:48AM</i>	Sun 20 Sutra 322 Khara 5113
	927897267		Yama	9:33AM – 10:56AM	Indra Until 6:27PM	Muruqa: White <i>Sunset: 5:51PM</i>	Moon 1 - Phase 43 3rd Phase
Creative Work Siddha Yoga		Rahu	3:05PM – 4:28PM	Gara Until 11:34PM	Nataraja: Yellow	Moon – White	Devaloka Day
Until 8:15PM then Amrita Yoga		Shasthi* Until 10:29AM				Phalguna-Masi	

	Wednesday, February 29, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Trieste, Italy
	Retreat Star		Gulika	10:56AM – 12:19PM	Krittika Until 12:31PM	Ganesha: Green <i>Sunrise: 6:46AM</i>	Sun 21 Sutra 323 Khara 5113
	Vrishabha Rasi: 6.44	Tithi 7 – 8	Yama	8:09AM – 9:32AM	Vaidhriti* Until 7:25PM	Muruqa: White <i>Sunset: 5:52PM</i>	Moon 1 - Phase 43 Ashtami
Creative Work Amrita Yoga		Rahu	12:19PM – 1:42PM	Visti Until 2:11AM Thu	Nataraja: Yellow	Moon – White	Devaloka Day
Until 12:31PM then Siddha Yoga		Saptami Until 1:06PM				Phalguna-Masi	
Until 8:15PM then Marana Yoga							

	Thursday, March 1, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau				Trieste, Italy
	Retreat Star		Gulika	9:30AM – 10:55AM	Rohini Until 3:22PM	Ganesha: Red <i>Sunrise: 6:42AM</i>	Sun 22 Sutra 324 Khara 5113
	Vrishabha Rasi: 18.39	Tithi 8 – 9	Yama	6:42AM – 8:06AM	Vishkambha* Until 8:12PM	Muruqa: White <i>Sunset: 5:55PM</i>	Moon 1 - Phase 43 Navami
Routine Work Marana Yoga		Rahu	1:43PM – 3:07PM	Balava Until 4:34AM Fri	Nataraja: Yellow	Moon – Yellow	Sivaloka Day
Until 8:14PM then Siddha Yoga		Ashtami* Until 3:29PM				Phalguna-Masi	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

1	Friday, March 2, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira/Ardra Nakshatra Priti Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau				Trieste, Italy Sutra 325 Khara 5113
	Mithuna Rasi: 0.46	Tithi 9 – 10	Gulika 8:05AM – 9:29AM	Mrigasira Until 5:49PM	Ganesha: Red	<i>Sunrise:</i> 6:40AM	Sun 23
		937897267	Yama 3:07PM – 4:32PM	Priti Until 8:37PM	Muruqa: White	<i>Sunset:</i> 5:56PM	Moon 1 - Phase 44
Creative Work	Siddha Yoga		Rahu 10:54AM – 12:18PM	Taitila Until 6:32AM Sat	Nataraja: Yellow		4th Phase
				Navami* Until 5:26PM	Moon – Yellow		
					Phalguna-Masi		Sivaloka Day

2	Saturday, March 3, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Gara Karana Dasami Yam Titau				Trieste, Italy Sutra 326 Khara 5113
	Mithuna Rasi: 13.09	Tithi 10	Gulika 6:39AM – 8:04AM	Ardra Until 6:38PM	Ganesha: Red	<i>Sunrise:</i> 6:39AM	Sun 24
		937897267	Yama 1:43PM – 3:08PM	Ayushman Until 7:27PM	Muruqa: White	<i>Sunset:</i> 5:58PM	Moon 1 - Phase 44
Creative Work	Siddha Yoga		Rahu 9:28AM – 10:53AM	Gara Until 5:42AM Sun	Nataraja: Yellow		4th Phase
Until 6:38PM then Marana Yoga				Dasami Until 5:42PM	Moon – Yellow		
Until 8:14PM then Siddha Yoga					Phalguna-Masi		Sivaloka Day

3	Sunday, March 4, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau				Trieste, Italy Sutra 327 Khara 5113
	Mithuna Rasi: 25.56	Tithi 11	Gulika 3:09PM – 4:34PM	Punarvasu Until 7:40PM	Ganesha: Green	<i>Sunrise:</i> 6:37AM	Sun 25
		148897267	Yama 12:18PM – 1:43PM	Saubhagya Until 6:41PM	Muruqa: White	<i>Sunset:</i> 5:59PM	Moon 1 - Phase 44
Creative Work	Siddha Yoga		Rahu 4:34PM – 5:59PM	Vanija Until 6:09AM	Nataraja: Yellow		4th Phase
				Ekadasi Until 6:09PM	Moon – Blue		
					Phalguna-Masi		Devaloka Day

4	Monday, March 5, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau				Trieste, Italy Sutra 328 Khara 5113
	Kataka Rasi: 9.08	Tithi 12 – 13	Gulika 1:43PM – 3:09PM	Pushya Until 6:55PM	Ganesha: Green	<i>Sunrise:</i> 6:35AM	Sun 26
Family Home Evening		148817267	Yama 10:52AM – 12:18PM	Sobhana Until 4:26PM	Muruqa: White	<i>Sunset:</i> 6:00PM	Moon 1 - Phase 44
Creative Work	Siddha Yoga		Rahu 8:01AM – 9:26AM	Kaulava Until 3:55AM Tue	Nataraja: Yellow		4th Phase
				Dvadasi Until 4:50PM	Moon – Blue		
					Phalguna-Masi		Devaloka Day

Pradosha Vrata

5	Tuesday, March 6, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Trieste, Italy Sutra 329 Khara 5113
	Kataka Rasi: 22.48	Tithi 13 – 14	Gulika 12:17PM – 1:44PM	Aslesha* Until 6:21PM	Ganesha: Green	<i>Sunrise:</i> 6:33AM	Sun 27
		148817267	Yama 9:25AM – 10:51AM	Athiganda* Until 2:19PM	Muruqa: White	<i>Sunset:</i> 6:02PM	Moon 1 - Phase 44
Creative Work	Siddha Yoga		Rahu 3:10PM – 4:36PM	Gara Until 2:41AM Wed	Nataraja: Yellow		4th Phase
				Trayodasi Until 3:37PM	Moon – Blue		
					Phalguna-Masi		Devaloka Day

○	Wednesday, March 7, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Trieste, Italy Sutra 330 Khara 5113
	Copper Retreat Star		Gulika 10:51AM – 12:17PM	Magha* Until 5:03PM	Ganesha: Red	<i>Sunrise:</i> 6:31AM	Sun 28
Simha Rasi: 6.53	Tithi 14 – 15		Yama 7:58AM – 9:24AM	Sukarma Until 11:30AM	Muruqa: White	<i>Sunset:</i> 6:03PM	Moon 1 - Phase 44
		158817267	Rahu 12:17PM – 1:44PM	Visti Until 12:41AM Thu	Nataraja: Yellow		Purnima
Creative Work	Siddha Yoga			Chaturdasi* Until 1:36PM	Moon – Red		
Until 5:03PM then Amrita Yoga			Chidambaram Abhishekam		Phalguna-Masi		Sivaloka Day
Until 8:13PM then no yoga							

○	Thursday, March 8, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Trieste, Italy Sutra 331 Khara 5113
	Silver Retreat Star		Gulika 9:23AM – 10:50AM	Purvaphalguni* Until 2:31PM	Ganesha: Red	<i>Sunrise:</i> 6:30AM	Sun 29
Simha Rasi: 21.21	Tithi 15 – 16		Yama 6:30AM – 7:56AM	Dhriti Until 7:58AM	Muruqa: White	<i>Sunset:</i> 6:04PM	Moon 1 - Phase 44
		158817267	Rahu 1:44PM – 3:11PM	Balava Until 8:51PM	Nataraja: Yellow		Prathama
No Yoga				Purnima* Until 10:34AM	Moon – Red		
Until 2:31PM then Prabalarishta Yoga					Phalguna-Masi		Sivaloka Day
Until 8:13PM then Siddha Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Kṛishṇa Yajur Veda, Maitu 5.2. bo UpH, 423



Friday, March 9, 2012
Gold Retreat Star

Kanya Rasi: 6.03 Tithi 16 – 17
159817267
Creative Work Siddha Yoga
Until 12:19PM then Amrita Yoga
Until 8.12PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 7:55AM – 9:22AM **Uttaraphalguni Until 12:19PM**
Yama 3:11PM – 4:39PM **Ganda* Until 12:25AM Sat**
Rahu 10:49AM – 12:17PM **Taitila Until 4:13AM Sat**
Prathama* Until 7:38AM

Ganesha: Red *Sunrise:* 6:28AM
Muruqa: White *Sunset:* 6:06PM
Nataraja: Yellow
Moon – Red
Phalguna-Masi

Sivaloka Day

Trieste, Italy
Sutra 332
Khara 5113
Moon 2 - Phase 45
1st Phase

1

Saturday, March 10, 2012

Kanya Rasi: 20.53 Tithi 18
169817267
Routine Work Marana Yoga
Until 8.12PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yukhtayam
Hasta/Chitra Nakshatra Vriddhi Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 6:26AM – 7:53AM **Hasta Until 9:55AM**
Yama 1:44PM – 3:12PM **Vriddhi Until 8:40PM**
Rahu 9:21AM – 10:49AM **Vanija Until 2:47PM**
Tritiya Until 1:04AM Sun

Ganesha: Blue *Sunrise:* 6:26AM
Muruqa: White *Sunset:* 6:07PM
Nataraja: Yellow
Moon – Green
Phalguna-Masi

Devaloka Day

Trieste, Italy
Sun 1 Sutra 333
Khara 5113
Moon 2 - Phase 45
1st Phase

2

Sunday, March 11, 2012

Tula Rasi: 5.41 Tithi 19
169817267
Creative Work Siddha Yoga
Until 8.12PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Chitra/Svati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 3:12PM – 4:40PM **Chitra Until 7:33AM**
Yama 12:16PM – 1:44PM **Dhruva Until 4:57PM**
Rahu 4:40PM – 6:08PM **Bava Until 11:41AM**
Chaturthi* Until 9:58PM

Ganesha: Blue *Sunrise:* 6:24AM
Muruqa: White *Sunset:* 6:08PM
Nataraja: Yellow
Moon – Green
Phalguna-Masi

Devaloka Day

Trieste, Italy
Sun 2 Sutra 334
Khara 5113
Moon 2 - Phase 45
1st Phase

3

Monday, March 12, 2012

Tula Rasi: 20.22 Tithi 20
179817267
Family Home Evening
Routine Work Marana Yoga
Until 4:13AM Tue then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yukhtayam
Visakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 1:44PM – 3:13PM **Visakha Until 4:13AM Tue**
Yama 10:47AM – 12:16PM **Vyaghata* Until 1:56PM**
Rahu 7:51AM – 9:19AM **Kaulava Until 9:01AM**
Panchami Until 8:05PM

Ganesha: Red *Sunrise:* 6:22AM
Muruqa: White *Sunset:* 6:10PM
Nataraja: Yellow
Moon – Orange
Phalguna-Masi

Sivaloka Day

Trieste, Italy
Sun 3 Sutra 335
Khara 5113
Moon 2 - Phase 45
1st Phase

4

Tuesday, March 13, 2012

Vrischika Rasi: 4.5 Tithi 21 – 22
179817267
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 12:16PM – 1:45PM **Anuradha Until 2:18AM Wed**
Yama 9:18AM – 10:47AM **Harshana Until 10:32AM**
Rahu 3:13PM – 4:42PM **Gara Until 6:19AM**
Shasthi* Until 5:24PM

Ganesha: Red *Sunrise:* 6:20AM
Muruqa: White *Sunset:* 6:11PM
Nataraja: Yellow
Moon – Orange
Phalguna-Masi

Sivaloka Day

Trieste, Italy
Sun 4 Sutra 336
Khara 5113
Moon 2 - Phase 45
1st Phase

5

Wednesday, March 14, 2012

Vrischika Rasi: 19 Tithi 22 – 23
179817267
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yukhtayam
Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 10:46AM – 12:15PM **Jyeshtha* Until 12:51AM Thu**
Yama 7:48AM – 9:17AM **Vajra* Until 7:36AM**
Rahu 12:15PM – 1:45PM **Balava Until 2:18AM Thu**
Saptami Until 3:14PM

Ganesha: Red *Sunrise:* 6:18AM
Muruqa: White *Sunset:* 6:12PM
Nataraja: Yellow
Moon – Orange
Phalguna-Panguni

Sivaloka Day

Trieste, Italy
Sun 5 Sutra 337
Khara 5113
Moon 2 - Phase 45
1st Phase



Thursday, March 15, 2012
Retreat Star

Dhanus Rasi: 2.53 Tithi 23 – 24
189817268
Creative Work Siddha Yoga
Until 8.11PM then no yoga
Until 11:55PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yukhtayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 9:16AM – 10:45AM **Mula* Until 11:55PM**
Yama 6:16AM – 7:46AM **Vyatipata* Until 2:28AM Fri**
Rahu 1:45PM – 3:14PM **Taitila Until 12:40AM Fri**
Ashtami* Until 1:36PM

Ganesha: Green *Sunrise:* 6:16AM
Muruqa: White *Sunset:* 6:14PM
Nataraja: White
Moon – Light Blue
Phalguna-Panguni

Sivaloka Day

Trieste, Italy
Sun 6 Sutra 338
Khara 5113
Moon 2 - Phase 45
Ashtami

Friday, March 16, 2012
Retreat Star

Dhanus Rasi: 16.28 Tithi 24 – 25
189817268
Creative Work Siddha Yoga
Until 8.10PM then Marana Yoga
Until 12:49AM Sat then no yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yukhtayam
Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau
Gulika 7:45AM – 9:15AM **Purvashadha* Until 12:49AM Sat**
Yama 3:15PM – 4:45PM **Variyan Until 1:47AM Sat**
Rahu 10:45AM – 12:15PM **Vanija Until 1:02AM Sat**
Navami* Until 1:02PM

Ganesha: Green *Sunrise:* 6:15AM
Muruqa: White *Sunset:* 6:15PM
Nataraja: White
Moon – Light Blue
Phalguna-Panguni

Sivaloka Day


Trieste, Italy
Sun 7 Sutra 339
Khara 5113
Moon 2 - Phase 45
Navami

1	Saturday, March 17, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau			Sun 8	Trieste, Italy Sutra 340 Khara 5113
	Dhanus Rasi: 29.49 Tithi 25 – 26 189917268	Gulika 6:13AM – 7:43AM Yama 1:45PM – 3:15PM Rahu 9:14AM – 10:44AM	Uttarashadha Until 12:49AM Sun Parigha* Until 12:04AM Sun Bava Until 12:22AM Sun Dasami Until 12:22PM	Ganesha: White <i>Sunrise:</i> 6:13AM Muruqa: White <i>Sunset:</i> 6:16PM Nataraja: White Moon – Light Blue Phalguna-Panguni		
No Yoga Until 8.10PM then Amrita Yoga					Sivaloka Day	

2	Sunday, March 18, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Sravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau			Sun 9	Trieste, Italy Sutra 341 Khara 5113
	Makara Rasi: 12.55 Tithi 26 – 27 191917268	Gulika 3:16PM – 4:47PM Yama 12:14PM – 1:45PM Rahu 4:47PM – 6:18PM	Sravana Until 1:14AM Mon Shiva Until 10:45PM Kaulava Until 12:09AM Mon Ekadasi* Until 12:09PM	Ganesha: Purple <i>Sunrise:</i> 6:11AM Muruqa: White <i>Sunset:</i> 6:18PM Nataraja: White Moon – Purple Phalguna-Panguni		
Creative Work Amrita Yoga Until 1:14AM Mon then Siddha Yoga					Subha Subha Sivaloka Day	

3	Monday, March 19, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau			Sun 10	Trieste, Italy Sutra 342 Khara 5113
	Makara Rasi: 25.49 Tithi 27 – 28 191917268	Gulika 1:45PM – 3:16PM Yama 10:43AM – 12:14PM Rahu 7:40AM – 9:11AM	Dhanishtha Until 2:02AM Tue Siddha Until 9:47PM Gara Until 12:20AM Tue Dvadasi* Until 12:20PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple <i>Sunrise:</i> 6:09AM Muruqa: White <i>Sunset:</i> 6:19PM Nataraja: White Moon – Purple Phalguna-Panguni		
Family Home Evening Creative Work Siddha Yoga Until 8.10PM then Marana Yoga					Subha Subha Sivaloka Day	

4	Tuesday, March 20, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Satabhisha Nakshatra Sadhya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau			Sun 11	Trieste, Italy Sutra 343 Khara 5113
	Kumbha Rasi: 8.32 Tithi 28 – 29 191917268	Gulika 12:14PM – 1:45PM Yama 9:10AM – 10:42AM Rahu 3:17PM – 4:49PM	Satabhisha Until 3:11AM Wed Sadhya Until 9:09PM Visti Until 12:53AM Wed Trayodasi* Until 12:53PM	Ganesha: Purple <i>Sunrise:</i> 6:07AM Muruqa: White <i>Sunset:</i> 6:20PM Nataraja: White Moon – Purple Phalguna-Panguni		
Routine Work Marana Yoga Until 8.09PM then Siddha Yoga Until 3:11AM Wed then Amrita Yoga					Subha Subha Sivaloka Day	

	Wednesday, March 21, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprostapada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau			Sun 12	Trieste, Italy Sutra 344 Khara 5113
	Kumbha Rasi: 21.04 Tithi 29 – 30 111917268	Gulika 10:41AM – 12:13PM Yama 7:37AM – 9:09AM Rahu 12:13PM – 1:45PM	Purvaprostapada* Until 6:32AM Thu Subha Until 9:57PM Catuspada Until 3:36AM Thu Chaturdasi* Until 2:31PM	Ganesha: Clear <i>Sunrise:</i> 6:05AM Muruqa: White <i>Sunset:</i> 6:22PM Nataraja: White Moon – Clear Phalguna-Panguni		
Retreat Star Creative Work Amrita Yoga Until 8.09PM then Siddha Yoga					Subha Sivaloka Day	

	Thursday, March 22, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprostapada Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau			Sun 13	Trieste, Italy Sutra 345 Khara 5113
	Meena Rasi: 3.26 Tithi 30 – 1 111917268	Gulika 9:08AM – 10:41AM Yama 6:03AM – 7:36AM Rahu 1:45PM – 3:18PM	Uttaraprostapada Until 8:06AM Fri Sukla Until 9:55PM Kintughna Until 4:59AM Fri Amavasya* Until 3:53PM	Ganesha: Clear <i>Sunrise:</i> 6:03AM Muruqa: White <i>Sunset:</i> 6:23PM Nataraja: White Moon – Clear Chaitra-Panguni		
Retreat Star Creative Work Siddha Yoga					Subha Sivaloka Day	

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %ig Veda 1.89.8. RvP, 287

1	Friday, March 23, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau			Trieste, Italy
	Meena Rasi: 15.37 Tithi 1 – 2	Gulika 7:34AM – 9:07AM	Uttaraprostapada Until 8:06AM	Ganesha: Clear <i>Sunrise:</i> 6:01AM	Sun 14 Sutra 346 Khara 5113
	111917268	Yama 3:18PM – 4:51PM	Brahma Until 10:11PM	Muruqa: White <i>Sunset:</i> 6:24PM	Moon 2 - Phase 47
		Rahu 10:40AM – 12:13PM	Balava Until 6:43AM Sat	Nataraja: White	3rd Phase
			Prathama* Until 5:38PM	Moon – Clear	Subha Sivaloka Day
				Chaitra•Panguni	

2	Saturday, March 24, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiya Yam Titau			Trieste, Italy
	Meena Rasi: 27.4 Tithi 2	Gulika 5:59AM – 7:33AM	Revati Until 10:41AM	Ganesha: Clear <i>Sunrise:</i> 5:59AM	Sun 15 Sutra 347 Khara 5113
	111917268	Yama 1:46PM – 3:19PM	Indra Until 10:44PM	Muruqa: White <i>Sunset:</i> 6:25PM	Moon 2 - Phase 47
		Rahu 9:06AM – 10:39AM	Balava Until 6:37AM	Nataraja: White	3rd Phase
			Dvitiya Until 7:42PM	Moon – Clear	Subha Sivaloka Day
				Chaitra•Panguni	

3	Sunday, March 25, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Tritiya Yam Titau			Trieste, Italy
	Mesha Rasi: 9.34 Tithi 3	Gulika 3:19PM – 4:53PM	Asvini Until 1:32PM	Ganesha: Orange <i>Sunrise:</i> 5:57AM	Sun 16 Sutra 348 Khara 5113
	121917268	Yama 12:12PM – 1:46PM	Vaidhriti* Until 11:32PM	Muruqa: White <i>Sunset:</i> 6:27PM	Moon 2 - Phase 47
		Rahu 4:53PM – 6:27PM	Tailila Until 8:58AM	Nataraja: White	3rd Phase
			Tritiya Until 10:04PM	Moon – White	Subha Sivaloka Day
				Chaitra•Panguni	

4	Monday, March 26, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau			Trieste, Italy
	Mesha Rasi: 21.23 Tithi 4	Gulika 1:46PM – 3:20PM	Bharani Until 4:34PM	Ganesha: Orange <i>Sunrise:</i> 5:56AM	Sun 17 Sutra 349 Khara 5113
	121917268	Yama 10:38AM – 12:12PM	Vishkambha* Until 12:30AM Tue	Muruqa: White <i>Sunset:</i> 6:28PM	Moon 2 - Phase 47
		Rahu 7:30AM – 9:04AM	Vanija Until 11:32AM	Nataraja: White	3rd Phase
			Chaturthi* Until 12:37AM Tue	Moon – White	Subha Sivaloka Day
				Chaitra•Panguni	

5	Tuesday, March 27, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau			Trieste, Italy
	Vrishabha Rasi: 3.1 Tithi 5	Gulika 12:11PM – 1:46PM	Krittika Until 7:41PM	Ganesha: Orange <i>Sunrise:</i> 5:54AM	Sun 18 Sutra 350 Khara 5113
	121917268	Yama 9:03AM – 10:37AM	Priti Until 1:34AM Wed	Muruqa: White <i>Sunset:</i> 6:29PM	Moon 2 - Phase 47
		Rahu 3:20PM – 4:55PM	Bava Until 2:11PM	Nataraja: White	3rd Phase
			Panchami Until 3:16AM Wed	Moon – White	Subha Sivaloka Day
				Chaitra•Panguni	

6	Wednesday, March 28, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Ayushman Yoga Kaulava/Tailita Karana Shasthi* Yam Titau			Trieste, Italy
	Vrishabha Rasi: 14.58 Tithi 6	Gulika 10:36AM – 12:11PM	Rohini Until 10:45PM	Ganesha: Red <i>Sunrise:</i> 5:52AM	Sun 19 Sutra 351 Khara 5113
	132917268	Yama 7:27AM – 9:01AM	Ayushman Until 2:34AM Thu	Muruqa: White <i>Sunset:</i> 6:31PM	Moon 2 - Phase 47
		Rahu 12:11PM – 1:46PM	Kaulava Until 4:47PM	Nataraja: White	3rd Phase
			Shasthi* Until 6:05AM Thu	Moon – Yellow	Subha Sivaloka Day
				Chaitra•Panguni	

Retreat Star	Thursday, March 29, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Saubhagya Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau			Trieste, Italy
	Vrishabha Rasi: 26.51 Tithi 6 – 7	Gulika 9:00AM – 10:36AM	Mrigasira Until 1:38AM Fri	Ganesha: Red <i>Sunrise:</i> 5:50AM	Sun 20 Sutra 352 Khara 5113
	132917268	Yama 5:50AM – 7:25AM	Saubhagya Until 3:24AM Fri	Muruqa: White <i>Sunset:</i> 6:32PM	Moon 2 - Phase 47
		Rahu 1:46PM – 3:21PM	Gara Until 7:11PM	Nataraja: White	3rd Phase
			Shasthi* Until 6:05AM	Moon – Yellow	Subha Sivaloka Day
				Chaitra•Panguni	

Retreat Star	Friday, March 30, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau			Trieste, Italy
	Mithuna Rasi: 8.56 Tithi 7 – 8	Gulika 7:24AM – 8:59AM	Ardra Until 4:09AM Sat	Ganesha: Red <i>Sunrise:</i> 5:48AM	Sun 21 Sutra 353 Khara 5113
	132917268	Yama 3:22PM – 4:58PM	Sobhana Until 3:54AM Sat	Muruqa: White <i>Sunset:</i> 6:33PM	Moon 2 - Phase 47
		Rahu 10:35AM – 12:11PM	Visti Until 9:10PM	Nataraja: White	Ashtami
			Saptami Until 8:04AM	Moon – Yellow	Subha Sivaloka Day
				Chaitra•Panguni	

Retreat Star	Saturday, March 31, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau			Trieste, Italy
	Mithuna Rasi: 21.17 Tithi 8 – 9	Gulika 5:46AM – 7:22AM	Punarvasu Until 4:15AM Sun	Ganesha: Blue <i>Sunrise:</i> 5:46AM	Sun 22 Sutra 354 Khara 5113
	142917268	Yama 1:46PM – 3:22PM	Athiganda* Until 2:19AM Sun	Muruqa: White <i>Sunset:</i> 6:35PM	Moon 2 - Phase 47
		Rahu 8:58AM – 10:34AM	Balava Until 9:10PM	Nataraja: White	Navami
			Ashtami* Until 9:10AM	Moon – Blue	Sivaloka Day
				Chaitra•Panguni	

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. UpP,95

1 Sunday, April 1, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dasami Yam Titau			Trieste, Italy Sun 23 Sutra 355 Khara 5113	
	Gulika 3:22PM – 4:58PM	Pushya Until 5:22AM Mon	Ganesha: Blue <i>Sunrise: 5:46AM</i>	Moon 2 - Phase 48	
	Yama 12:10PM – 1:46PM	Sukarma Until 1:40AM Mon	Muruqa: White <i>Sunset: 6:35PM</i>	4th Phase	
Kataka Rasi: 4.01 Tithi 9 – 10 142917268	Rahu 4:58PM – 6:35PM	Taitila Until 9:42PM	Nataraja: White	Sivaloka Day	
Creative Work Siddha Yoga	Navami* Until 9:42AM			Chaitra•Panguni	

2 Monday, April 2, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau			Trieste, Italy Sun 24 Sutra 356 Khara 5113	
	Gulika 1:46PM – 3:23PM	Aslesha* Until 4:00AM Tue	Ganesha: Blue <i>Sunrise: 5:44AM</i>	Moon 2 - Phase 48	
	Yama 10:34AM – 12:10PM	Dhriti Until 11:04PM	Muruqa: White <i>Sunset: 6:36PM</i>	4th Phase	
Kataka Rasi: 17.1 Tithi 10 – 11 Family Home Evening 142917268	Rahu 7:21AM – 8:57AM	Vanija Until 8:10PM	Nataraja: White	Sivaloka Day	
Creative Work Siddha Yoga	Yogaswami Mahasamadhi	Dasami Until 9:05AM	Moon – Blue	Chaitra•Panguni	

3 Tuesday, April 3, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau			Trieste, Italy Sun 25 Sutra 357 Khara 5113	
	Gulika 12:10PM – 1:47PM	Magha* Until 3:29AM Wed	Ganesha: Yellow <i>Sunrise: 5:42AM</i>	Moon 2 - Phase 48	
	Yama 8:56AM – 10:33AM	Shula* Until 9:00PM	Muruqa: White <i>Sunset: 6:37PM</i>	4th Phase	
Simha Rasi: 0.48 Tithi 11 – 12 152917268	Rahu 3:23PM – 5:00PM	Bava Until 6:58PM	Nataraja: White	Subha Sivaloka Day	
Creative Work Siddha Yoga Until 3:29AM Wed then Amrita Yoga	Ekadasi Until 7:53AM			Chaitra•Panguni	

4 Wednesday, April 4, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Trayodasi Yam Titau			Trieste, Italy Sun 26 Sutra 358 Khara 5113	
	Gulika 10:32AM – 12:09PM	Purvaphalguni* Until 12:48AM Thu	Ganesha: Yellow <i>Sunrise: 5:40AM</i>	Moon 2 - Phase 48	
	Yama 7:18AM – 8:55AM	Ganda* Until 5:24PM	Muruqa: White <i>Sunset: 6:38PM</i>	4th Phase	
Simha Rasi: 14.55 Tithi 13 152917268	Rahu 12:09PM – 1:47PM	Kaulava Until 4:06PM	Nataraja: White	Subha Sivaloka Day	
Creative Work Amrita Yoga Until 8:05PM then no yoga Until 12:48AM Thu then Prabalarishta Yoga	Trayodasi Until 2:23AM Thu <i>Pradosha Vrata</i>			Chaitra•Panguni	

5 Thursday, April 5, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau			Trieste, Italy Sun 27 Sutra 359 Khara 5113	
	Gulika 8:54AM – 10:31AM	Uttaraphalguni Until 10:51PM	Ganesha: Yellow <i>Sunrise: 5:39AM</i>	Moon 2 - Phase 48	
	Yama 5:39AM – 7:16AM	Vridhhi Until 2:06PM	Muruqa: White <i>Sunset: 6:40PM</i>	4th Phase	
Simha Rasi: 29.28 Tithi 14 152917268	Rahu 1:47PM – 3:24PM	Gara Until 1:25PM	Nataraja: White	Subha Sivaloka Day	
Routine Work Prabalarishta Yoga Until 8:05PM then Siddha Yoga Until 10:51PM then Amrita Yoga	Chaturdasi* Until 11:42PM			Chaitra•Panguni	

○ Friday, April 6, 2012 Copper Retreat Star	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau			Trieste, Italy Sun 28 Sutra 360 Khara 5113	
	Gulika 7:15AM – 8:53AM	Hasta Until 8:22PM	Ganesha: White <i>Sunrise: 5:37AM</i>	Moon 2 - Phase 48	
	Yama 3:25PM – 5:03PM	Dhruva Until 10:18AM	Muruqa: White <i>Sunset: 6:41PM</i>	Purnima	
Kanya Rasi: 14.22 Tithi 15 162917268	Rahu 10:31AM – 12:09PM	Visti Until 10:09AM	Nataraja: White	Sivaloka Day	
Creative Work Amrita Yoga Until 8:04PM then Marana Yoga	Purnima* Until 8:26PM			Chaitra•Panguni	
Panguni Uttiram Hanuman Jayanti					

Saturday, April 7, 2012 Silver Retreat Star	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyaghata*/Harshana Yoga Balava/Taitila Karana Prathama*/Dvitiya Yam Titau			Trieste, Italy Sun 29 Sutra 361 Khara 5113	
	Gulika 5:35AM – 7:13AM	Chitra Until 5:33PM	Ganesha: White <i>Sunrise: 5:35AM</i>	Moon 2 - Phase 48	
	Yama 1:47PM – 3:25PM	Vyaghata* Until 6:11AM	Muruqa: White <i>Sunset: 6:42PM</i>	Prathama	
Kanya Rasi: 29.26 Tithi 16 – 17 162917268	Rahu 8:52AM – 10:30AM	Balava Until 6:33AM	Nataraja: White	Sivaloka Day	
Routine Work Marana Yoga Until 5:33PM then Siddha Yoga	Prathama* Until 4:50PM			Chaitra•Panguni	



Sunday, April 8, 2012
Gold Retreat Star

Tula Rasi: 14.35 Tithi 17 – 18
162917268
Creative Work Siddha Yoga
Until 2:40PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Visakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 3:26PM – 5:05PM **Svati Until 2:40PM**
Yama 12:08PM – 1:47PM **Vajra* Until 10:01PM**
Rahu 5:05PM – 6:44PM **Vanija Until 11:26PM**
Dvitiya Until 1:09PM

Ganesha: White *Sunrise: 5:33AM*
Muruqa: White *Sunset: 6:44PM*
Nataraja: White
Moon – Green
Chaitra•Panguni

Sivaloka Day

Trieste, Italy
Sun 1 **Sutra 362**
Khara 5113
Moon 3 - Phase 49
1st Phase

1

Monday, April 9, 2012

Tula Rasi: 29.37 Tithi 18 – 19
172917268
Family Home Evening
Routine Work Marana Yoga
Until 11:58AM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Visakha/Anuradha Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 1:47PM – 3:26PM **Visakha Until 11:58AM**
Yama 10:29AM – 12:08PM **Siddhi Until 6:00PM**
Rahu 7:10AM – 8:50AM **Bava Until 7:55PM**
Tritiya Until 9:38AM

Ganesha: Clear *Sunrise: 5:31AM*
Muruqa: White *Sunset: 6:45PM*
Nataraja: White
Moon – Orange
Chaitra•Panguni

Subha Sivaloka Day

Trieste, Italy
Sun 2 **Sutra 363**
Khara 5113
Moon 3 - Phase 49
1st Phase

2

Tuesday, April 10, 2012

Vrischika Rasi: 14.24 Tithi 19 – 20
172117268
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Balava/Taitila Karana Chaturthi*/Panchami Yam Titau
Gulika 12:08PM – 1:47PM **Anuradha Until 9:53AM**
Yama 8:49AM – 10:28AM **Vyatipata* Until 2:53PM**
Rahu 3:27PM – 5:06PM **Taitila Until 4:43AM Wed**
Chaturthi* Until 6:34AM

Ganesha: Red *Sunrise: 5:29AM*
Muruqa: White *Sunset: 6:46PM*
Nataraja: White
Moon – Orange
Chaitra•Panguni

Subha Sivaloka Day

Trieste, Italy
Sun 3 **Sutra 364**
Khara 5113
Moon 3 - Phase 49
1st Phase

3

Wednesday, April 11, 2012

Vrischika Rasi: 28.52 Tithi 21
173117268
Creative Work Siddha Yoga
Until 7:57AM then Marana Yoga
Until 8:03PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 10:27AM – 12:07PM **Jyeshtha* Until 7:57AM**
Yama 7:08AM – 8:47AM **Variyan Until 11:31AM**
Rahu 12:07PM – 1:47PM **Gara Until 2:55PM**
Shasthi* Until 2:00AM Thu

Ganesha: Blue *Sunrise: 5:28AM*
Muruqa: White *Sunset: 6:47PM*
Nataraja: White
Moon – Orange
Chaitra•Panguni

Subha Subha Sivaloka Day

Trieste, Italy
Sun 4 **Sutra 365**
Khara 5113
Moon 3 - Phase 49
1st Phase

4

Thursday, April 12, 2012

Dhanus Rasi: 12.56 Tithi 22
183117268
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 8:46AM – 10:27AM **Mula* Until 6:41AM**
Yama 5:26AM – 7:06AM **Parigha* Until 8:45AM**
Rahu 1:48PM – 3:28PM **Visti Until 12:54PM**
Saptami Until 11:58PM

Ganesha: Red *Sunrise: 5:26AM*
Muruqa: White *Sunset: 6:49PM*
Nataraja: White
Moon – Light Blue
Chaitra•Panguni

Subha Sivaloka Day

Trieste, Italy
Sun 5 **Sutra 366**
Khara 5113
Moon 3 - Phase 49
1st Phase



Friday, April 13, 2012
Retreat Star

Dhanus Rasi: 26.37 Tithi 23
183117268
Creative Work Siddha Yoga
Until 8:03PM then no yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 7:05AM – 8:45AM **Purvashadha* Until 6:05AM**
Yama 3:28PM – 5:09PM **Shiva Until 6:40AM**
Rahu 10:26AM – 12:07PM **Balava Until 12:04PM**
Ashtami* Until 12:04AM Sat

Ganesha: Red *Sunrise: 5:24AM*
Muruqa: White *Sunset: 6:50PM*
Nataraja: White
Moon – Light Blue
Chaitra•Chaitra

Subha Sivaloka Day

Tamil New Year

Trieste, Italy
Sun 6 **Sutra 1**
Nandana 5114
Moon 3 - Phase 49
Ashtami

Saturday, April 14, 2012
Retreat Star

Makara Rasi: 9.56 Tithi 24
283117268
No Yoga
Until 6:07AM then Siddha Yoga
Until 8:02PM then Amrita Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Sadhya Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 5:22AM – 7:03AM **Uttarashadha Until 6:07AM**
Yama 1:48PM – 3:29PM **Sadhya Until 3:53AM Sun**
Rahu 8:44AM – 10:26AM **Taitila Until 11:24AM**
Navami* Until 11:24PM

Ganesha: Blue *Sunrise: 5:22AM*
Muruqa: White *Sunset: 6:51PM*
Nataraja: White
Moon – Light Blue
Chaitra•Chaitra

Subha Subha Sivaloka Day

Chidambaram Abhishekam

Trieste, Italy
Sun 7 **Sutra 2**
Nandana 5114
Moon 3 - Phase 49
Navami

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432. TM


1	Sunday, April 15, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam			Trieste, Italy	
	Makara Rasi: 22.55	Tithi 25	Sravana/Dhanishtha Nakshatra Subha Yoga Vanija/Visli* Karana Dasami Yam Titau			Sun 8 Sutra 3
		293117268	Gulika 3:29PM – 5:11PM	Sravana Until 6:46AM	Ganesha: Red <i>Sunrise: 5:20AM</i>	Nandana 5114
			Yama 12:06PM – 1:48PM	Subha Until 2:48AM Mon	Muruqa: White <i>Sunset: 6:53PM</i>	Moon 3 - Phase 1
			Rahu 5:11PM – 6:53PM	Vanija Until 11:23AM	Nataraja: White	2nd Phase
				Dasami Until 11:23PM	Moon – Purple	
					Chaitra-Chaitra	
					Subha Sivaloka Day	

2	Monday, April 16, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam			Trieste, Italy	
	Kumbha Rasi: 5.38	Tithi 26	Dhanishtha/Satabhisha Nakshatra Sukla Yoga Bava/Balava Karana Ekadasi* Yam Titau			Sun 9 Sutra 4
		293117268	Gulika 1:48PM – 3:30PM	Dhanishtha Until 8:05AM	Ganesha: Red <i>Sunrise: 5:19AM</i>	Nandana 5114
			Yama 10:24AM – 12:06PM	Sukla Until 3:45AM Tue	Muruqa: White <i>Sunset: 6:54PM</i>	Moon 3 - Phase 1
			Rahu 7:01AM – 8:42AM	Bava Until 11:56AM	Nataraja: White	2nd Phase
				Ekadasi* Until 11:56PM	Moon – Purple	
					Chaitra-Chaitra	
					Subha Sivaloka Day	

3	Tuesday, April 17, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam			Trieste, Italy	
	Kumbha Rasi: 18.07	Tithi 27	Satabhisha/Purvaprostapada* Nakshatra Brahma Yoga Kaulava/Tailita Karana Dvadasi* Yam Titau			Sun 10 Sutra 5
		293117268	Gulika 12:06PM – 1:48PM	Satabhisha Until 9:47AM	Ganesha: Red <i>Sunrise: 5:17AM</i>	Nandana 5114
			Yama 8:41AM – 10:24AM	Brahma Until 3:32AM Wed	Muruqa: White <i>Sunset: 6:55PM</i>	Moon 3 - Phase 1
			Rahu 3:31PM – 5:13PM	Kaulava Until 1:33PM	Nataraja: White	2nd Phase
				Dvadasi* Until 2:39AM Wed	Moon – Purple	
					Chaitra-Chaitra	
					Subha Sivaloka Day	

4	Wednesday, April 18, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam			Trieste, Italy	
	Meena Rasi: 0.24	Tithi 28	Purvaprostapada*/Uttaraprostapada Nakshatra Indra Yoga Gara/Vanija Karana Trayadasi* Yam Titau			Sun 11 Sutra 6
		213117268	Gulika 10:23AM – 12:06PM	Purvaprostapada* Until 11:53AM	Ganesha: Clear <i>Sunrise: 5:15AM</i>	Nandana 5114
			Yama 6:58AM – 8:40AM	Indra Until 3:39AM Thu	Muruqa: White <i>Sunset: 6:56PM</i>	Moon 3 - Phase 1
			Rahu 12:06PM – 1:48PM	Gara Until 3:03PM	Nataraja: White	2nd Phase
				Trayadasi* Until 4:09AM Thu	Moon – Clear	
					Chaitra-Chaitra	
					Subha Sivaloka Day	

5	Thursday, April 19, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam			Trieste, Italy	
	Meena Rasi: 12.32	Tithi 29	Uttaraprostapada*/Revati Nakshatra Vaidhriti* Yoga Visli*/Sakuni* Karana Chaturdasi* Yam Titau			Sun 12 Sutra 7
		213117268	Gulika 8:39AM – 10:22AM	Uttaraprostapada Until 2:17PM	Ganesha: Clear <i>Sunrise: 5:13AM</i>	Nandana 5114
			Yama 5:13AM – 6:56AM	Vaidhriti* Until 4:04AM Fri	Muruqa: White <i>Sunset: 6:58PM</i>	Moon 3 - Phase 1
			Rahu 1:49PM – 3:32PM	Visli Until 4:54PM	Nataraja: White	2nd Phase
				Chaturdasi* Until 5:59AM Fri	Moon – Clear	
					Chaitra-Chaitra	
					Subha Sivaloka Day	

	Friday, April 20, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam			Trieste, Italy	
	Retreat Star		Revati/Asvini Nakshatra Vishkambha* Yoga Catuspada* Karana Amavasya* Yam Titau			Sun 13 Sutra 8
	Meena Rasi: 24.32	Tithi 30	Revati Until 4:57PM			Nandana 5114
		213117268	Gulika 6:55AM – 8:39AM	Vishkambha* Until 4:43AM Sat	Ganesha: Clear <i>Sunrise: 5:12AM</i>	Moon 3 - Phase 1
			Yama 3:32PM – 5:16PM	Catuspada Until 7:02PM	Muruqa: White <i>Sunset: 6:59PM</i>	Amavasya
			Rahu 10:22AM – 12:05PM	Amavasya* Until 8:17AM Sat	Nataraja: White	
					Moon – Clear	
					Chaitra-Chaitra	
					Subha Sivaloka Day	

Retreat Star	Saturday, April 21, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam			Trieste, Italy	
	Mesha Rasi: 6.26	Tithi 30 – 1	Asvini Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau			Sun 14 Sutra 9
		223117268	Gulika 5:10AM – 6:54AM	Asvini Until 7:49PM	Ganesha: Orange <i>Sunrise: 5:10AM</i>	Nandana 5114
			Yama 1:49PM – 3:33PM	Priti Until 5:34AM Sun	Muruqa: White <i>Sunset: 7:00PM</i>	Moon 3 - Phase 1
			Rahu 8:38AM – 10:21AM	Kintughna Until 9:23PM	Nataraja: White	Prathama
				Amavasya* Until 8:17AM	Moon – White	
					Vaisaka-Chaitra	
					Subha Sivaloka Day	

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda, Brihadu 1.4.14. bo UpH,84

1	Sunday, April 22, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Ayushman Yoga Bava/Balava Karana Prathama* Dvitiya Yam Titau			Trieste, Italy
	Mesha Rasi: 18.15 Tithi 1 – 2 223117268	Gulika 3:33PM – 5:17PM Yama 12:05PM – 1:49PM Rahu 5:17PM – 7:01PM	Bharani Until 10:50PM Ayushman Until 7:00AM Mon Balava Until 11:54PM Prathama* Until 10:48AM	Ganesha: Orange <i>Sunrise:</i> 5:08AM Muruqa: White <i>Sunset:</i> 7:01PM Nataraja: White Moon – White Vaisaka-Chaitra	Sun 15 Sutra 10 Nandana 5114 Moon 3 - Phase 2 3rd Phase
No Yoga Until 8.00PM then Siddha Yoga Until 10:50PM then no yoga		Subha Sivaloka Day			

2	Monday, April 23, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau			Trieste, Italy
	Wrishabha Rasi: 0.02 Tithi 2 – 3 Family Home Evening 223117268	Gulika 1:49PM – 3:34PM Yama 10:20AM – 12:05PM Rahu 6:51AM – 8:36AM	Krittika Until 1:56AM Tue Ayushman Until 7:00AM Taitila Until 2:30AM Tue Dvitiya Until 1:24PM	Ganesha: Orange <i>Sunrise:</i> 5:07AM Muruqa: White <i>Sunset:</i> 7:03PM Nataraja: White Moon – White Vaisaka-Chaitra	Sun 16 Sutra 11 Nandana 5114 Moon 3 - Phase 2 3rd Phase
No Yoga Until 8.00PM then Siddha Yoga Until 1:56AM Tue then Amrita Yoga		Subha Sivaloka Day			

3	Tuesday, April 24, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau			Trieste, Italy
	Wrishabha Rasi: 11.49 Tithi 3 – 4 233117269	Gulika 12:05PM – 1:49PM Yama 8:35AM – 10:20AM Rahu 3:34PM – 5:19PM	Rohini Until 5:02AM Wed Saubhagya Until 8:04AM Vanija Until 5:06AM Wed Tritiya Until 4:00PM	Ganesha: Clear <i>Sunrise:</i> 5:05AM Muruqa: White <i>Sunset:</i> 7:04PM Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sun 17 Sutra 12 Nandana 5114 Moon 3 - Phase 2 3rd Phase
Creative Work Amrita Yoga Until 8.00PM then Siddha Yoga		Sivaloka Day			

4	Wednesday, April 25, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Sobhana/Athiganda* Yoga Visti* Karana Chaturthi* Yam Titau			Trieste, Italy
	Wrishabha Rasi: 23.39 Tithi 4 234117269	Gulika 10:19AM – 12:04PM Yama 6:49AM – 8:34AM Rahu 12:04PM – 1:50PM	Mrigasira Until 8:09AM Thu Sobhana Until 9:02AM Visti Until 7:35AM Thu Chaturthi* Until 6:29PM	Ganesha: White <i>Sunrise:</i> 5:03AM Muruqa: White <i>Sunset:</i> 7:05PM Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sun 18 Sutra 13 Nandana 5114 Moon 3 - Phase 2 3rd Phase
Creative Work Siddha Yoga Until 8.00PM then Marana Yoga		Devaloka Day			

5	Thursday, April 26, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchami Yam Titau			Trieste, Italy
	Mithuna Rasi: 5.35 Tithi 5 234117269	Gulika 8:33AM – 10:19AM Yama 5:02AM – 6:47AM Rahu 1:50PM – 3:35PM	Mrigasira Until 8:09AM Athiganda* Until 9:48AM Bava Until 7:39AM Panchami Until 8:44PM	Ganesha: White <i>Sunrise:</i> 5:02AM Muruqa: White <i>Sunset:</i> 7:07PM Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sun 19 Sutra 14 Nandana 5114 Moon 3 - Phase 2 3rd Phase
Routine Work Marana Yoga Until 8.00PM then Siddha Yoga		Devaloka Day			

6	Friday, April 27, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shasthi* Yam Titau			Trieste, Italy
	Mithuna Rasi: 17.43 Tithi 6 234117269	Gulika 6:46AM – 8:32AM Yama 3:36PM – 5:22PM Rahu 10:18AM – 12:04PM	Ardra Until 10:35AM Sukarma Until 10:15AM Kaulava Until 9:31AM Shasthi* Until 10:36PM	Ganesha: White <i>Sunrise:</i> 5:00AM Muruqa: White <i>Sunset:</i> 7:08PM Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sun 20 Sutra 15 Nandana 5114 Moon 3 - Phase 2 3rd Phase
Creative Work Siddha Yoga Until 8.00PM then Marana Yoga		Devaloka Day			

Retreat Star	Saturday, April 28, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau			Trieste, Italy
	Kataka Rasi: 0.04 Tithi 7 244117269	Gulika 4:59AM – 6:45AM Yama 1:50PM – 3:37PM Rahu 8:31AM – 10:18AM	Punarvasu Until 12:01PM Dhriti Until 9:57AM Gara Until 10:26AM Saptami Until 10:26PM	Ganesha: Clear <i>Sunrise:</i> 4:59AM Muruqa: White <i>Sunset:</i> 7:09PM Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sun 21 Sutra 16 Nandana 5114 Moon 3 - Phase 2 3rd Phase
Routine Work Marana Yoga Until 12:01PM then Siddha Yoga		Sivaloka Day			

Retreat Star	Sunday, April 29, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau			Trieste, Italy
	Kataka Rasi: 12.46 Tithi 8 244117269	Gulika 3:37PM – 5:24PM Yama 12:04PM – 1:50PM Rahu 5:24PM – 7:10PM	Pushya Until 1:13PM Shula* Until 9:23AM Visti Until 11:01AM Ashtami* Until 11:01PM	Ganesha: Clear <i>Sunrise:</i> 4:57AM Muruqa: White <i>Sunset:</i> 7:10PM Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sun 22 Sutra 17 Nandana 5114 Moon 3 - Phase 2 Ashtami
Creative Work Siddha Yoga		Sivaloka Day			

Retreat Star	Monday, April 30, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Ganda*/Viddhi Yoga Balava/Kaulava Karana Navami* Yam Titau			Trieste, Italy
	Kataka Rasi: 25.5 Tithi 9 Family Home Evening 244117269	Gulika 1:51PM – 3:38PM Yama 10:17AM – 12:04PM Rahu 6:43AM – 8:30AM	Aslesha* Until 1:08PM Ganda* Until 8:10AM Balava Until 10:26AM Navami* Until 9:30PM	Ganesha: Clear <i>Sunrise:</i> 4:56AM Muruqa: White <i>Sunset:</i> 7:12PM Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sun 23 Sutra 18 Nandana 5114 Moon 3 - Phase 2 Navami
Creative Work Siddha Yoga		Sivaloka Day			


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. *Krishna Yajur Veda, Maitu 4.3. bo UpR, 810*

1	Tuesday, May 1, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam			Trieste, Italy	
	Simha Rasi: 9.22 Tithi 10	Magha*/Purvaphalguni* Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dasami Yam Titau			Sun 24	Sutra 19
	254117269	Gulika 12:03PM – 1:51PM	Magha* Until 12:49PM	Ganesha: Purple <i>Sunrise:</i> 4:53AM	Nandana 5114	
		Yama 8:28AM – 10:16AM	Vriddhi Until 6:10AM	Muruqa: White <i>Sunset:</i> 7:14PM	Moon 3 - Phase 3	
Creative Work Siddha Yoga		Rahu 3:39PM – 5:26PM	Taitila Until 9:25AM	Nataraja: Clear	4th Phase	
Until 7.59PM then Amrita Yoga			Dasami Until 8:29PM	Vaisaka-Chaitra	Devaloka Day	

2	Wednesday, May 2, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam			Trieste, Italy	
	Simha Rasi: 23.2 Tithi 11	Purvaphalguni*/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadasi Yam Titau			Sun 25	Sutra 20
	254117269	Gulika 10:15AM – 12:03PM	Purvaphalguni* Until 11:42AM	Ganesha: Purple <i>Sunrise:</i> 4:51AM	Nandana 5114	
		Yama 6:39AM – 8:27AM	Vyaghata* Until 12:54AM Thu	Muruqa: White <i>Sunset:</i> 7:15PM	Moon 3 - Phase 3	
Creative Work Amrita Yoga		Rahu 12:03PM – 1:51PM	Vanija Until 7:33AM	Nataraja: Clear	4th Phase	
Until 7.59PM then Prabalarishta Yoga			Ekadasi Until 6:37PM	Vaisaka-Chaitra	Devaloka Day	

3	Thursday, May 3, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam			Trieste, Italy	
	Kanya Rasi: 7.46 Tithi 12 – 13	Uttaraphalguni*/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau			Sun 26	Sutra 21
	254117269	Gulika 8:26AM – 10:15AM	Uttaraphalguni Until 9:34AM	Ganesha: Purple <i>Sunrise:</i> 4:50AM	Nandana 5114	
		Yama 4:50AM – 6:38AM	Harshana Until 8:38PM	Muruqa: White <i>Sunset:</i> 7:17PM	Moon 3 - Phase 3	
Routine Work Prabalarishta Yoga		Rahu 1:52PM – 3:40PM	Kaulava Until 1:30AM Fri	Nataraja: Clear	4th Phase	
Until 9:34AM then no yoga			Dvadasi Until 3:13PM	Vaisaka-Chaitra	Devaloka Day	
Until 7.59PM then Amrita Yoga			<i>Pradosha Vrata</i>			

4	Friday, May 4, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam			Trieste, Italy	
	Kanya Rasi: 22.35 Tithi 13 – 14	Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau			Sun 27	Sutra 22
	264117269	Gulika 6:37AM – 8:26AM	Hasta Until 7:12AM	Ganesha: Clear <i>Sunrise:</i> 4:48AM	Nandana 5114	
		Yama 3:40PM – 5:29PM	Vajra* Until 4:57PM	Muruqa: White <i>Sunset:</i> 7:18PM	Moon 3 - Phase 3	
Creative Work Amrita Yoga		Rahu 10:14AM – 12:03PM	Gara Until 10:21PM	Nataraja: Clear	4th Phase	
Until 7:12AM then Siddha Yoga			Trayodasi Until 12:04PM	Vaisaka-Chaitra	Sivaloka Day	
Until 7.59PM then Marana Yoga						

	Saturday, May 5, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam			Trieste, Italy	
	Copper Retreat Star	Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau			Sun 28	Sutra 23
	Tula Rasi: 7.4 Tithi 14 – 15				Nandana 5114	
	264217269	Gulika 4:47AM – 6:36AM	Svati Until 1:44AM Sun	Ganesha: White <i>Sunrise:</i> 4:47AM	Moon 3 - Phase 3	
		Yama 1:52PM – 3:41PM	Siddhi Until 12:53PM	Muruqa: White <i>Sunset:</i> 7:19PM	Purnima	
Creative Work Siddha Yoga		Rahu 8:25AM – 10:14AM	Visti Until 6:43PM	Nataraja: Clear		
Until 1:44AM Sun then Marana Yoga			Chaturdasi* Until 8:26AM	Vaisaka-Chaitra	Subha Sivaloka Day	

	Sunday, May 6, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam			Trieste, Italy	
	Silver Retreat Star	Visakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau			Sun 29	Sutra 24
	Tula Rasi: 22.52 Tithi 16				Nandana 5114	
	274217269	Gulika 3:42PM – 5:31PM	Visakha Until 10:44PM	Ganesha: Yellow <i>Sunrise:</i> 4:45AM	Moon 3 - Phase 3	
		Yama 12:03PM – 1:52PM	Vyatipata* Until 8:37AM	Muruqa: White <i>Sunset:</i> 7:20PM	Prathama	
Routine Work Marana Yoga		Rahu 5:31PM – 7:20PM	Balava Until 2:53PM	Nataraja: Clear		
Until 10:44PM then Siddha Yoga			Prathama* Until 1:10AM Mon	Vaisaka-Chaitra	Sivaloka Day	