



Tuesday, April 19, 2011
Gold Retreat Star

Tula Rasi: 18.37 Tithi 17
262456158
Creative Work Siddha Yoga
Until 8:14AM then Marana Yoga
Until 10.31PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Visakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiya Yam Titau

Gulika 12:04PM – 1:44PM
Yama 8:46AM – 10:25AM
Rahu 3:23PM – 5:02PM

Svati Until 8:14AM
Siddhi Until 9:02PM
Taitila Until 1:01PM
Dvitiya Until 11:18PM

Ganesha: White *Sunrise:* 5:28AM
Muruqa: Yellow *Sunset:* 6:41PM
Nataraja: Clear
Moon – Green
Chaitra-Chaitra

Tehran, Iran
Sutra 6
Khara 5113
Moon 4 - Phase 1
1st Phase

Sivaloka Day

1

Wednesday, April 20, 2011

Wrishchika Rasi: 3.2 Tithi 18
272456158
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Visiti* Karana Tritiya Yam Titau

Gulika 10:25AM – 12:04PM
Yama 7:06AM – 8:46AM
Rahu 12:04PM – 1:44PM

Anuradha Until 4:51AM Thu
Vyatipata* Until 6:15PM
Vanija Until 10:18AM
Tritiya Until 9:23PM

Ganesha: Yellow *Sunrise:* 5:27AM
Muruqa: Yellow *Sunset:* 6:42PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra

Tehran, Iran
Sutra 7
Khara 5113
Moon 4 - Phase 1
1st Phase

Devaloka Day

2

Thursday, April 21, 2011

Wrishchika Rasi: 17.4 Tithi 19
272456158
Creative Work Siddha Yoga
Until 10.30PM then Prabalarishta Yoga
Until 3:09AM Fri then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Chaturthi* Yam Titau

Gulika 8:45AM – 10:24AM
Yama 5:26AM – 7:05AM
Rahu 1:44PM – 3:23PM

Jyeshtha* Until 3:09AM Fri
Variyan Until 3:06PM
Bava Until 7:49AM
Chaturthi* Until 6:54PM

Ganesha: Yellow *Sunrise:* 5:26AM
Muruqa: Yellow *Sunset:* 6:42PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra

Tehran, Iran
Sutra 8
Khara 5113
Moon 4 - Phase 1
1st Phase

Devaloka Day

3

Friday, April 22, 2011

Dhanus Rasi: 1.31 Tithi 20 – 21
282456158
No Yoga
Until 10.30PM then Siddha Yoga
Until 3:49AM Sat then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Parigha*/Shiva Yoga Kaulava/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 7:04AM – 8:44AM
Yama 3:24PM – 5:03PM
Rahu 10:24AM – 12:04PM

Mula* Until 3:49AM Sat
Parigha* Until 1:12PM
Kaulava Until 6:13AM
Panchami Until 6:13PM

Ganesha: Blue *Sunrise:* 5:24AM
Muruqa: Yellow *Sunset:* 6:43PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra

Tehran, Iran
Sutra 9
Khara 5113
Moon 4 - Phase 1
1st Phase

Sivaloka Day

4

Saturday, April 23, 2011

Dhanus Rasi: 14.53 Tithi 21 – 22
282466158
Routine Work Marana Yoga
Until 10.30PM then Siddha Yoga
Until 3:45AM Sun then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Shiva/Siddha Yoga Vanija/Visiti* Karana Shasthi*/Saptami Yam Titau

Gulika 5:23AM – 7:03AM
Yama 1:44PM – 3:24PM
Rahu 8:43AM – 10:24AM

Purvashadha* Until 3:45AM Sun
Shiva Until 11:27AM
Visiti Until 5:25AM Sun
Shasthi* Until 5:25PM

Ganesha: Blue *Sunrise:* 5:23AM
Muruqa: Red *Sunset:* 6:44PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra

Tehran, Iran
Sutra 10
Khara 5113
Moon 4 - Phase 1
1st Phase

Sivaloka Day

5

Sunday, April 24, 2011

Dhanus Rasi: 27.49 Tithi 22 – 23
282466158
Creative Work Amrita Yoga
Until 10.30PM then Marana Yoga
Until 4:29AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 3:24PM – 5:04PM
Yama 12:03PM – 1:44PM
Rahu 5:04PM – 6:45PM

Uttarashadha Until 4:29AM Mon
Siddha Until 10:28AM
Balava Until 5:30AM Mon
Saptami Until 5:30PM

Ganesha: Blue *Sunrise:* 5:22AM
Muruqa: Red *Sunset:* 6:45PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra

Tehran, Iran
Sutra 11
Khara 5113
Moon 4 - Phase 1
1st Phase

Sivaloka Day



Monday, April 25, 2011
Retreat Star

Makara Rasi: 10.23 Tithi 23
Family Home Evening 293466159
Creative Work Amrita Yoga
Until 10.30PM then Siddha Yoga
Until 7:22AM Tue then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Sravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 1:44PM – 3:24PM
Yama 10:23AM – 12:03PM
Rahu 7:01AM – 8:42AM

Sravana Until 7:22AM Tue
Sadhya Until 10:26AM
Balava Until 6:21AM
Ashtami* Until 7:27PM

Ganesha: Green *Sunrise:* 5:21AM
Muruqa: Red *Sunset:* 6:46PM
Nataraja: Purple
Moon – Purple
Chaitra-Chaitra

Tehran, Iran
Sutra 12
Khara 5113
Moon 4 - Phase 1
Ashtami

Devaloka Day

Tuesday, April 26, 2011
Retreat Star

Makara Rasi: 22.39 Tithi 24
293466159
Creative Work Siddha Yoga
Until 7:22AM then Marana Yoga
Until 10.29PM then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navami* Yam Titau

Gulika 12:03PM – 1:44PM
Yama 8:41AM – 10:22AM
Rahu 3:25PM – 5:06PM

Sravana Until 7:22AM
Subha Until 10:36AM
Taitila Until 7:54AM
Navami* Until 8:59PM

Ganesha: Green *Sunrise:* 5:20AM
Muruqa: Red *Sunset:* 6:46PM
Nataraja: Purple
Moon – Purple
Chaitra-Chaitra

Tehran, Iran
Sutra 13
Khara 5113
Moon 4 - Phase 1
Navami

Devaloka Day


| | | | | | | | |
|----------|----------------------------------|--------------------|--|--------------------------------|-------------------------|------------------------|-------------------------------|
| 1 | Wednesday, April 27, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dasami Yam Titau | | | | Tehran, Iran |
| | Kumbha Rasi: 4.43 | Tithi 25 | Gulika 10:22AM – 12:03PM | Dhanishtha Until 9:54AM | Ganesha: Red | <i>Sunrise:</i> 5:19AM | Sutra 14 Khara 5113 |
| | | 293566159 | Yama 7:00AM – 8:41AM | Sukla Until 11:09AM | Muruqa: Red | <i>Sunset:</i> 6:47PM | Moon 4 - Phase 2 |
| | | | Rahu 12:03PM – 1:44PM | Vanija Until 9:52AM | Nataraja: Purple | | 2nd Phase |
| | Routine Work | Prabalarishta Yoga | | Dasami Until 10:58PM | Chaitra-Chaitra | | Sivaloka Day |
| | Until 9:54AM then Siddha Yoga | | | | | | |
| | Until 10.29PM then Marana Yoga | | | | | | |

| | | | | | | | |
|----------|---------------------------------|-------------|---|----------------------------------|-------------------------|------------------------|-------------------------------|
| 2 | Thursday, April 28, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadasi* Yam Titau | | | | Tehran, Iran |
| | Kumbha Rasi: 16.4 | Tithi 26 | Gulika 8:40AM – 10:21AM | Satabhisha Until 12:41PM | Ganesha: Red | <i>Sunrise:</i> 5:17AM | Sutra 15 Khara 5113 |
| | | 293566159 | Yama 5:17AM – 6:59AM | Brahma Until 11:55AM | Muruqa: Red | <i>Sunset:</i> 6:48PM | Moon 4 - Phase 2 |
| | | | Rahu 1:44PM – 3:25PM | Bava Until 12:08PM | Nataraja: Purple | | 2nd Phase |
| | Routine Work | Marana Yoga | | Ekadasi* Until 1:13AM Fri | Chaitra-Chaitra | | Sivaloka Day |
| | Until 12:41PM then Siddha Yoga | | | | | | |

| | | | | | | | |
|----------|--------------------------------|-------------|--|--------------------------------------|-------------------------|------------------------|-------------------------------|
| 3 | Friday, April 29, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau | | | | Tehran, Iran |
| | Kumbha Rasi: 28.32 | Tithi 27 | Gulika 6:58AM – 8:39AM | Purvaprostapada* Until 3:36PM | Ganesha: Clear | <i>Sunrise:</i> 5:16AM | Sutra 16 Khara 5113 |
| | | 213566159 | Yama 3:26PM – 5:07PM | Indra Until 12:49PM | Muruqa: Red | <i>Sunset:</i> 6:49PM | Moon 4 - Phase 2 |
| | | | Rahu 10:21AM – 12:03PM | Kaulava Until 2:31PM | Nataraja: Purple | | 2nd Phase |
| | Creative Work | Siddha Yoga | | Dvdadasi* Until 3:37AM Sat | Chaitra-Chaitra | | Sivaloka Day |
| | Until 10.29PM then Amrita Yoga | | | | | | |

| | | | | | | | |
|----------|--------------------------------------|-------------|--|--------------------------------------|-------------------------|------------------------|-------------------------------|
| 4 | Saturday, April 30, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manu Vasara Yuktayam Uttaraprostapada Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodasi* Yam Titau | | | | Tehran, Iran |
| | Meena Rasi: 10.24 | Tithi 28 | Gulika 5:15AM – 6:57AM | Uttaraprostapada Until 6:32PM | Ganesha: Clear | <i>Sunrise:</i> 5:15AM | Sutra 17 Khara 5113 |
| | | 213566159 | Yama 1:44PM – 3:26PM | Vaidhriti* Until 1:44PM | Muruqa: Red | <i>Sunset:</i> 6:50PM | Moon 4 - Phase 2 |
| | | | Rahu 8:39AM – 10:21AM | Gara Until 4:56PM | Nataraja: Purple | | 2nd Phase |
| | Creative Work | Siddha Yoga | | Trayodasi* Until 6:12AM Sun | Chaitra-Chaitra | | Sivaloka Day |
| | Until 6:32PM then Prabalarishta Yoga | | | <i>Pradosha Vrata (Fasting)</i> | | | |
| | Until 10.29PM then Amrita Yoga | | | | | | |

| | | | | | | | |
|----------|-------------------------------|---------------|--|--------------------------------|-------------------------|------------------------|-------------------------------|
| 5 | Sunday, May 1, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau | | | | Tehran, Iran |
| | Meena Rasi: 22.17 | Tithi 28 – 29 | Gulika 3:26PM – 5:09PM | Revati Until 9:25PM | Ganesha: Clear | <i>Sunrise:</i> 5:14AM | Sutra 18 Khara 5113 |
| | | 213566159 | Yama 12:02PM – 1:44PM | Vishkambha* Until 2:36PM | Muruqa: Red | <i>Sunset:</i> 6:51PM | Moon 4 - Phase 2 |
| | | | Rahu 5:09PM – 6:51PM | Visti Until 7:17PM | Nataraja: Purple | | 2nd Phase |
| | Creative Work | Amrita Yoga | | Trayodasi* Until 6:12AM | Chaitra-Chaitra | | Sivaloka Day |
| | Until 9:25PM then Siddha Yoga | | | | | | |

| | | | | | | | |
|---|-----------------------------------|---------------|--|---------------------------------|-------------------------|------------------------|-------------------------------|
|  | Monday, May 2, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau | | | | Tehran, Iran |
| | Retreat Star | | Gulika 1:45PM – 3:27PM | Asvini Until 12:10AM Tue | Ganesha: Orange | <i>Sunrise:</i> 5:13AM | Sutra 19 Khara 5113 |
| | Mesha Rasi: 4.15 | Tithi 29 – 30 | Yama 10:20AM – 12:02PM | Priti Until 3:21PM | Muruqa: Red | <i>Sunset:</i> 6:51PM | Moon 4 - Phase 2 |
| | Family Home Evening | 223566159 | Rahu 6:55AM – 8:38AM | Catuspada Until 9:30PM | Nataraja: Purple | | Amavasya |
| | Creative Work | Siddha Yoga | | Chaturdasi* Until 8:24AM | Chaitra-Chaitra | | Sivaloka Day |
| | Until 10.28PM then Marana Yoga | | | | | | |
| | Until 2:44AM Wed then Amrita Yoga | | | | | | |

| | | | | | | | |
|--|-----------------------------------|--------------|--|---------------------------------|-------------------------|------------------------|-------------------------------|
| | Tuesday, May 3, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau | | | | Tehran, Iran |
| | Retreat Star | | Gulika 12:02PM – 1:45PM | Bharani Until 2:44AM Wed | Ganesha: Orange | <i>Sunrise:</i> 5:12AM | Sutra 20 Khara 5113 |
| | Mesha Rasi: 16.18 | Tithi 30 – 1 | Yama 8:37AM – 10:20AM | Ayushman Until 3:55PM | Muruqa: Red | <i>Sunset:</i> 6:52PM | Moon 4 - Phase 2 |
| | | 223566159 | Rahu 3:27PM – 5:10PM | Kintughna Until 11:30PM | Nataraja: Purple | | Prathama |
| | Creative Work | Siddha Yoga | | Amavasya* Until 10:24AM | Vaisaka-Chaitra | | Sivaloka Day |
| | Until 10.28PM then Marana Yoga | | | | | | |
| | Until 2:44AM Wed then Amrita Yoga | | | | | | |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

| | | | | | |
|----------|--|-----------|---|---|--|
| 1 | Wednesday, May 4, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau | | Tehran, Iran |
| | Mesha Rasi: 28.28 Tithi 1 – 2 | 223566159 | Gulika 10:19AM – 12:02PM Yama 6:54AM – 8:36AM Rahu 12:02PM – 1:45PM | Krittika Until 5:03AM Thu Saubhagya Until 4:17PM Balava Until 1:15AM Thu Prathama* Until 12:09PM | Ganesha: Orange <i>Sunrise:</i> 5:11AM Muruqa: Red <i>Sunset:</i> 6:53PM Nataraja: Purple Moon – White Vaisaka-Chaitra |
| | Creative Work Amrita Yoga Until 10.28PM then Marana Yoga | | | | Sivaloka Day |


| | | | | | |
|----------|--|-----------|---|---|--|
| 2 | Thursday, May 5, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau | | Tehran, Iran |
| | Wrishabha Rasi: 10.47 Tithi 2 – 3 | 233566159 | Gulika 8:36AM – 10:19AM Yama 5:10AM – 6:53AM Rahu 1:45PM – 3:28PM | Rohini Until 6:07AM Fri Sobhana Until 4:22PM Taitila Until 12:57AM Fri Dvitiya Until 12:57PM | Ganesha: Clear <i>Sunrise:</i> 5:10AM Muruqa: Red <i>Sunset:</i> 6:54PM Nataraja: Purple Moon – Yellow Vaisaka-Chaitra |
| | Routine Work Marana Yoga Until 6:07AM Fri then Siddha Yoga | | | | Sivaloka Day |

| | | | | | |
|----------|--|-----------|---|---|--|
| 3 | Friday, May 6, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigasira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau | | Tehran, Iran |
| | Wrishabha Rasi: 23.16 Tithi 3 – 4 | 233566159 | Gulika 6:52AM – 8:35AM Yama 3:28PM – 5:12PM Rahu 10:19AM – 12:02PM | Rohini Until 6:07AM Athiganda* Until 3:26PM Vanija Until 1:56AM Sat Tritiya Until 1:56PM | Ganesha: Clear <i>Sunrise:</i> 5:09AM Muruqa: Red <i>Sunset:</i> 6:55PM Nataraja: Purple Moon – Yellow Vaisaka-Chaitra |
| | Routine Work Marana Yoga Until 6:07AM then Siddha Yoga | | | | Sivaloka Day |

| | | | | | |
|----------|-----------------------------------|-----------|---|--|--|
| 4 | Saturday, May 7, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira/Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau | | Tehran, Iran |
| | Mithuna Rasi: 5.57 Tithi 4 – 5 | 233566159 | Gulika 5:08AM – 6:51AM Yama 1:45PM – 3:29PM Rahu 8:35AM – 10:18AM | Mrigasira Until 7:20AM Sukarma Until 2:54PM Bava Until 2:30AM Sun Chaturthi* Until 2:30PM | Ganesha: Clear <i>Sunrise:</i> 5:08AM Muruqa: Red <i>Sunset:</i> 6:56PM Nataraja: Purple Moon – Yellow Vaisaka-Chaitra |
| | Creative Work Siddha Yoga | | | | Sivaloka Day |

| | | | | | |
|----------|--|-----------|---|--|--|
| 5 | Sunday, May 8, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau | | Tehran, Iran |
| | Mithuna Rasi: 18.51 Tithi 5 – 6 | 233566159 | Gulika 3:29PM – 5:13PM Yama 12:02PM – 1:45PM Rahu 5:13PM – 6:56PM | Ardra Until 8:07AM Dhriti Until 1:58PM Kaulava Until 2:38AM Mon Panchami Until 2:38PM | Ganesha: Clear <i>Sunrise:</i> 5:07AM Muruqa: Red <i>Sunset:</i> 6:56PM Nataraja: Purple Moon – Yellow Vaisaka-Chaitra |
| | Creative Work Siddha Yoga Until 10.28PM then Amrita Yoga | | Mother's Day | | Sivaloka Day |

| | | | | | |
|----------|---|-----------|--|--|--|
| 6 | Monday, May 9, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau | | Tehran, Iran |
| | Kataka Rasi: 2.01 Tithi 6 – 7 | 244566159 | Gulika 1:46PM – 3:29PM Yama 10:18AM – 12:02PM Rahu 6:50AM – 8:34AM | Punarvasu Until 8:25AM Shula* Until 12:35PM Gara Until 2:14AM Tue Shasthi* Until 2:14PM | Ganesha: Clear <i>Sunrise:</i> 5:06AM Muruqa: Red <i>Sunset:</i> 6:57PM Nataraja: Purple Moon – Blue Vaisaka-Chaitra |
| | Family Home Evening Creative Work Amrita Yoga Until 8:25AM then Siddha Yoga | | | | Sivaloka Day |

| | | | | | |
|---|-----------------------------------|-----------|--|---|--|
|  | Tuesday, May 10, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Aslesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau | | Tehran, Iran |
| | Retreat Star | | Gulika 12:02PM – 1:46PM Yama 8:33AM – 10:17AM Rahu 3:30PM – 5:14PM | Pushya Until 8:01AM Ganda* Until 10:24AM Visti Until 11:45PM Saptami Until 12:41PM | Ganesha: Clear <i>Sunrise:</i> 5:05AM Muruqa: Red <i>Sunset:</i> 6:58PM Nataraja: Purple Moon – Blue Vaisaka-Chaitra |
| | Kataka Rasi: 15.29 Tithi 7 – 8 | 244566159 | | | Sivaloka Day |
| | Creative Work Siddha Yoga | | | | |

| | | | | | |
|----------|--|-----------|--|---|--|
| 7 | Wednesday, May 11, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Aslesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau | | Tehran, Iran |
| | Retreat Star | | Gulika 10:17AM – 12:02PM Yama 6:49AM – 8:33AM Rahu 12:02PM – 1:46PM | Aslesha* Until 7:15AM Vridhhi Until 8:07AM Balava Until 10:14PM Ashtami* Until 11:10AM | Ganesha: Clear <i>Sunrise:</i> 5:04AM Muruqa: Red <i>Sunset:</i> 6:59PM Nataraja: Purple Moon – Blue Vaisaka-Chaitra |
| | Kataka Rasi: 29.16 Tithi 8 – 9 | 244566159 | | | Sivaloka Day |
| | Creative Work Siddha Yoga Until 10.28PM then Amrita Yoga | | | | |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda, SataBR 1.7.2.1. VE, 393

| | | | | | | |
|----------|--|---|--|--|---|--|
| 1 | Thursday, May 12, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau | | | | Tehran, Iran |
| | Simha Rasi: 13.23 Tithi 9 – 10 No Yoga Until 10.28PM then Siddha Yoga | 254566159 | Gulika 8:32AM – 10:17AM Yama 5:03AM – 6:48AM Rahu 1:46PM – 3:31PM | Purvaphalguni* Until 4:46AM Fri Vyaghata* Until 2:40AM Fri Taitila Until 8:07PM Navami* Until 9:03AM | Ganesha: White <i>Sunrise:</i> 5:03AM Muruqa: Red <i>Sunset:</i> 7:00PM Nataraja: Purple Moon – Red Vaisaka-Chaitra | Sutra 29 Khara 5113 Moon 4 - Phase 4 4th Phase Devaloka Day |

| | | | | | | |
|----------|--|---|---|--|---|--|
| 2 | Friday, May 13, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Gara/Visti* Karana Dasami/Ekadasa Yam Titau | | | | Tehran, Iran |
| | Simha Rasi: 27.48 Tithi 10 – 11 Creative Work Siddha Yoga Until 10.28PM then Marana Yoga | 254566159 | Gulika 6:47AM – 8:32AM Yama 3:31PM – 5:16PM Rahu 10:17AM – 12:01PM | Uttaraphalguni Until 1:31AM Sat Harshana Until 10:18PM Visti Until 2:55AM Sat Dasami Until 6:20AM | Ganesha: White <i>Sunrise:</i> 5:03AM Muruqa: Red <i>Sunset:</i> 7:00PM Nataraja: Purple Moon – Red Vaisaka-Chaitra | Sutra 30 Khara 5113 Moon 4 - Phase 4 4th Phase Devaloka Day |

| | | | | | | |
|----------|--|---|--|--|--|--|
| 3 | Saturday, May 14, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Bava/Balava Karana Dvadasi Yam Titau | | | | Tehran, Iran |
| | Kanya Rasi: 12.28 Tithi 12 Routine Work Marana Yoga Until 10.28PM then Amrita Yoga Until 11:23PM then Siddha Yoga | 264566159 | Gulika 5:02AM – 6:47AM Yama 1:46PM – 3:31PM Rahu 8:32AM – 10:17AM | Hasta Until 11:23PM Vajra* Until 6:51PM Bava Until 1:43PM Dvadasi Until 12:00PM | Ganesha: Yellow <i>Sunrise:</i> 5:02AM Muruqa: Red <i>Sunset:</i> 7:01PM Nataraja: Purple Moon – Green Vaisaka-Chaitra | Sutra 31 Khara 5113 Moon 4 - Phase 4 4th Phase Sivaloka Day |

| | | | | | | |
|----------|---|---|--|--|--|--|
| 4 | Sunday, May 15, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau | | | | Tehran, Iran |
| | Kanya Rasi: 27.17 Tithi 13 Creative Work Siddha Yoga Until 10.28PM then Amrita Yoga | 264566159 | Gulika 3:32PM – 5:17PM Yama 12:01PM – 1:47PM Rahu 5:17PM – 7:02PM | Chitra Until 9:00PM Siddhi Until 3:10PM Kaulava Until 10:31AM Trayodasi Until 8:48PM <i>Pradosha Vrata</i> | Ganesha: Yellow <i>Sunrise:</i> 5:01AM Muruqa: Red <i>Sunset:</i> 7:02PM Nataraja: Purple Moon – Green Vaisaka-Vaikasi | Sutra 32 Khara 5113 Moon 4 - Phase 4 4th Phase Sivaloka Day |

| | | | | | | |
|----------|---|---|---|---|--|--|
| 5 | Monday, May 16, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Visti* Karana Chaturdasi*/Purnima* Yam Titau | | | | Tehran, Iran |
| | Tula Rasi: 12.1 Tithi 14 – 15 Family Home Evening Creative Work Amrita Yoga Until 6:33PM then Marana Yoga | 264566159 | Gulika 1:47PM – 3:32PM Yama 10:16AM – 12:01PM Rahu 6:46AM – 8:31AM | Svati Until 6:33PM Vyatipata* Until 11:25AM Gara Until 7:16AM Chaturdasi* Until 5:33PM | Ganesha: Yellow <i>Sunrise:</i> 5:00AM Muruqa: Red <i>Sunset:</i> 7:03PM Nataraja: Purple Moon – Green Vaisaka-Vaikasi | Sutra 33 Khara 5113 Moon 4 - Phase 4 4th Phase Sivaloka Day |

| | | | | | | |
|----------|---|---|---|---|---|--|
| ○ | Tuesday, May 17, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Visakha/Anuradha Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau | | | | Tehran, Iran |
| | Copper Retreat Star Tula Rasi: 26.56 Tithi 15 – 16 Routine Work Marana Yoga Until 4:15PM then Siddha Yoga | 274566159 | Gulika 12:02PM – 1:47PM Yama 8:30AM – 10:16AM Rahu 3:33PM – 5:18PM | Visakha Until 4:15PM Variyan Until 7:49AM Balava Until 12:44AM Wed Purnima* Until 2:27PM | Ganesha: Blue <i>Sunrise:</i> 4:59AM Muruqa: Red <i>Sunset:</i> 7:04PM Nataraja: Purple Moon – Orange Vaisaka-Vaikasi | Sutra 34 Khara 5113 Moon 4 - Phase 4 Purnima Devaloka Day |

| | | | | | | |
|----------|--|---|--|---|---|---|
| ○ | Wednesday, May 18, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau | | | | Tehran, Iran |
| | Silver Retreat Star Vrischika Rasi: 11.29 Tithi 16 – 17 Creative Work Siddha Yoga | 274566159 | Gulika 10:16AM – 12:02PM Yama 6:44AM – 8:30AM Rahu 12:02PM – 1:47PM | Anuradha Until 2:53PM Shiva Until 1:47AM Thu Taitila Until 11:15PM Prathama* Until 12:10PM | Ganesha: Blue <i>Sunrise:</i> 4:59AM Muruqa: Red <i>Sunset:</i> 7:04PM Nataraja: Purple Moon – Orange Vaisaka-Vaikasi | Sutra 35 Khara 5113 Moon 4 - Phase 4 Prathama Devaloka Day |



Thursday, May 19, 2011
Gold Retreat Star

Virshchika Rasi: 25.43 Tithi 17 – 18
274566159
Creative Work Siddha Yoga
Until 10.28PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 8:30AM – 10:16AM
Yama 4:58AM – 6:44AM
Rahu 1:47PM – 3:33PM
Jyeshtha* Until 1:22PM
Siddha Until 10:49PM
Vanija Until 8:55PM
Dvitiya Until 9:50AM

Ganesha: Blue *Sunrise: 4:58AM*
Muruqa: Red *Sunset: 7:05PM*
Nataraja: Purple
Moon – Orange
Vaisaka-Vaikasi

Tehran, Iran
Sun 1 Sutra 36
Khara 5113
Moon 5 - Phase 5
1st Phase

Devaloka Day

1

Friday, May 20, 2011

Dhanus Rasi: 9.32 Tithi 18 – 19
284566159
No Yoga
Until 1:01PM then Siddha Yoga
Until 10.28PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 6:43AM – 8:29AM
Yama 3:34PM – 5:20PM
Rahu 10:16AM – 12:02PM
Mula* Until 1:01PM
Sadhya Until 9:31PM
Bava Until 8:25PM
Tritiya Until 8:25AM

Ganesha: Red *Sunrise: 4:57AM*
Muruqa: Red *Sunset: 7:06PM*
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Tehran, Iran
Sun 2 Sutra 37
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

2

Saturday, May 21, 2011

Dhanus Rasi: 22.56 Tithi 19 – 20
284566159
Routine Work Marana Yoga
Until 12:52PM then no yoga
Until 10.28PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 4:57AM – 6:43AM
Yama 1:48PM – 3:34PM
Rahu 8:29AM – 10:15AM
Purvashadha* Until 12:52PM
Subha Until 7:44PM
Kaulava Until 7:32PM
Chaturthi* Until 7:32AM

Ganesha: Red *Sunrise: 4:57AM*
Muruqa: Red *Sunset: 7:07PM*
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Tehran, Iran
Sun 3 Sutra 38
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

3

Sunday, May 22, 2011

Makara Rasi: 5.56 Tithi 20 – 21
285666159
Creative Work Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Sukla Yoga Tailila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 3:35PM – 5:21PM
Yama 12:02PM – 1:48PM
Rahu 5:21PM – 7:07PM
Uttarashadha Until 1:29PM
Sukla Until 6:40PM
Gara Until 7:28PM
Panchami Until 7:28AM

Ganesha: Red *Sunrise: 4:56AM*
Muruqa: Red *Sunset: 7:07PM*
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Tehran, Iran
Sun 4 Sutra 39
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

4

Monday, May 23, 2011

Makara Rasi: 18.35 Tithi 21 – 22
295666159
Family Home Evening
Creative Work Amrita Yoga
Until 3:31PM then Siddha Yoga
Until 10.28PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Brahma Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 1:48PM – 3:35PM
Yama 10:15AM – 12:02PM
Rahu 6:42AM – 8:29AM
Sravana Until 3:31PM
Brahma Until 7:09PM
Visti Until 9:24PM
Shasthi* Until 8:18AM

Ganesha: Green *Sunrise: 4:55AM*
Muruqa: Red *Sunset: 7:08PM*
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Tehran, Iran
Sun 5 Sutra 40
Khara 5113
Moon 5 - Phase 5
1st Phase

Devaloka Day



Tuesday, May 24, 2011
Retreat Star

Kumbha Rasi: 0.55 Tithi 22 – 23
295666159
Routine Work Marana Yoga
Until 10.28PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 12:02PM – 1:49PM
Yama 8:28AM – 10:15AM
Rahu 3:35PM – 5:22PM
Dhanishtha Until 5:30PM
Indra Until 7:13PM
Balava Until 10:45PM
Saptami Until 9:40AM

Ganesha: Green *Sunrise: 4:55AM*
Muruqa: Red *Sunset: 7:09PM*
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Tehran, Iran
Sun 6 Sutra 41
Khara 5113
Moon 5 - Phase 5
Ashtami

Devaloka Day

Wednesday, May 25, 2011
Retreat Star

Kumbha Rasi: 13.02 Tithi 23 – 24
295666159
Creative Work Siddha Yoga
Until 7:56PM then Amrita Yoga
Until 10.28PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Satabhisha Nakshatra Vaidhriti* Yoga Kaulava/Tailila Karana Ashtami*/Navami* Yam Titau
Gulika 10:15AM – 12:02PM
Yama 6:41AM – 8:28AM
Rahu 12:02PM – 1:49PM
Satabhisha Until 7:56PM
Vaidhriti* Until 7:41PM
Tailila Until 12:36AM Thu
Ashtami* Until 11:30AM

Ganesha: Green *Sunrise: 4:54AM*
Muruqa: Red *Sunset: 7:10PM*
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Tehran, Iran
Sun 7 Sutra 42
Khara 5113
Moon 5 - Phase 5
Navami

Devaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138

| | | | | | | | |
|----------|--|---|--|---|--------------|--|---------------------|
| 1 | Thursday, May 26, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau | | | | | Tehran, Iran |
| | Kumbha Rasi: 25.01 Titli 24 – 25 315666159 | Gulika 8:28AM – 10:15AM Yama 4:54AM – 6:41AM Rahu 1:49PM – 3:36PM | Purvaprostapada* Until 10:39PM Vishkambha* Until 8:25PM Vanija Until 2:45AM Fri Navami* Until 1:39PM | Ganesha: Clear <i>Sunrise:</i> 4:54AM Muruqa: Red <i>Sunset:</i> 7:10PM Nataraja: Purple Moon – Clear Vaisaka-Vaikasi | Sun 8 | Sutra 43 Khara 5113 Moon 5 - Phase 6 2nd Phase | Sivaloka Day |
| | Creative Work Siddha Yoga | | | | | | |


| | | | | | | | |
|----------|--|---|--|---|--------------|--|---------------------|
| 2 | Friday, May 27, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Priti Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau | | | | | Tehran, Iran |
| | Meena Rasi: 6.55 Titli 25 – 26 315666159 | Gulika 6:41AM – 8:28AM Yama 3:37PM – 5:24PM Rahu 10:15AM – 12:02PM | Uttaraprostapada Until 1:31AM Sat Priti Until 9:17PM Bava Until 5:03AM Sat Dasami Until 3:58PM | Ganesha: Clear <i>Sunrise:</i> 4:53AM Muruqa: Red <i>Sunset:</i> 7:11PM Nataraja: Purple Moon – Clear Vaisaka-Vaikasi | Sun 9 | Sutra 44 Khara 5113 Moon 5 - Phase 6 2nd Phase | Sivaloka Day |
| | Creative Work Siddha Yoga Until 1:31AM Sat then Prabalarishta Yoga | | | | | | |

| | | | | | | | |
|----------|---|--|--|---|---------------|--|---------------------|
| 3 | Saturday, May 28, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava Karana Ekadasi* Yam Titau | | | | | Tehran, Iran |
| | Meena Rasi: 18.48 Titli 26 315666159 | Gulika 4:53AM – 6:40AM Yama 1:50PM – 3:37PM Rahu 8:28AM – 10:15AM | Revati Until 4:24AM Sun Ayushman Until 10:11PM Balava Until 7:24AM Sun Ekadasi* Until 6:18PM | Ganesha: Clear <i>Sunrise:</i> 4:53AM Muruqa: Red <i>Sunset:</i> 7:12PM Nataraja: Purple Moon – Clear Vaisaka-Vaikasi | Sun 10 | Sutra 45 Khara 5113 Moon 5 - Phase 6 2nd Phase | Sivaloka Day |
| | Routine Work Prabalarishta Yoga Until 10:29PM then Amrita Yoga Until 4:24AM Sun then Siddha Yoga | | | | | | |

| | | | | | | | |
|----------|---|--|--|--|---------------|--|---------------------|
| 4 | Sunday, May 29, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau | | | | | Tehran, Iran |
| | Mesha Rasi: 0.44 Titli 27 325666159 | Gulika 3:37PM – 5:25PM Yama 12:02PM – 1:50PM Rahu 5:25PM – 7:12PM | Asvini Until 7:08AM Mon Saubhagya Until 10:59PM Kaulava Until 7:27AM Dvadasi* Until 8:32PM | Ganesha: Purple <i>Sunrise:</i> 4:52AM Muruqa: Red <i>Sunset:</i> 7:12PM Nataraja: Purple Moon – White Vaisaka-Vaikasi | Sun 11 | Sutra 46 Khara 5113 Moon 5 - Phase 6 2nd Phase | Devaloka Day |
| | Creative Work Siddha Yoga | | | | | | |

| | | | | | | | |
|----------|---|---|---|--|---------------|--|---------------------|
| 5 | Monday, May 30, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodasi* Yam Titau | | | | | Tehran, Iran |
| | Mesha Rasi: 12.46 Titli 28 325666159 | Gulika 1:50PM – 3:38PM Yama 10:15AM – 12:03PM Rahu 6:40AM – 8:27AM | Asvini Until 7:08AM Sobhana Until 11:37PM Gara Until 9:29AM Trayodasi* Until 10:34PM <i>Pradosha Vrata (Fasting)</i> | Ganesha: Purple <i>Sunrise:</i> 4:52AM Muruqa: Red <i>Sunset:</i> 7:13PM Nataraja: Purple Moon – White Vaisaka-Vaikasi | Sun 12 | Sutra 47 Khara 5113 Moon 5 - Phase 6 2nd Phase | Devaloka Day |
| | Family Home Evening Creative Work Siddha Yoga | | | | | | |

| | | | | | | | |
|----------|--|---|---|--|---------------|--|---------------------|
| 6 | Tuesday, May 31, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau | | | | | Tehran, Iran |
| | Mesha Rasi: 24.56 Titli 29 326666159 | Gulika 12:03PM – 1:50PM Yama 8:27AM – 10:15AM Rahu 3:38PM – 5:26PM | Bharani Until 9:28AM Athiganda* Until 12:00PM Visti Until 11:11AM Chaturdasi* Until 12:17AM Wed | Ganesha: Light Blue <i>Sunrise:</i> 4:52AM Muruqa: Red <i>Sunset:</i> 7:14PM Nataraja: Purple Moon – White Vaisaka-Vaikasi | Sun 13 | Sutra 48 Khara 5113 Moon 5 - Phase 6 2nd Phase | Devaloka Day |
| | Creative Work Siddha Yoga Until 10:29PM then Amrita Yoga | | | | | | |

| | | | | | | | |
|---|--|---|--|--|---------------|---|---------------------|
|  | Wednesday, June 1, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau | | | | | Tehran, Iran |
| | Retreat Star Vrishabha Rasi: 7.17 Titli 30 326666159 | Gulika 10:15AM – 12:03PM Yama 6:39AM – 8:27AM Rahu 12:03PM – 1:51PM | Krittika Until 11:00AM Sukarma Until 10:44PM Catuspada Until 11:58AM Amavasya* Until 11:58PM | Ganesha: Light Blue <i>Sunrise:</i> 4:51AM Muruqa: Red <i>Sunset:</i> 7:14PM Nataraja: Purple Moon – White Vaisaka-Vaikasi | Sun 14 | Sutra 49 Khara 5113 Moon 5 - Phase 6 Amavasya | Devaloka Day |
| | Creative Work Amrita Yoga Until 11:00AM then Siddha Yoga Until 10:29PM then Marana Yoga | | | | | | |

| | | | | | | | |
|----------|--|---|---|--|---------------|---|---------------------|
| 7 | Thursday, June 2, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathama* Yam Titau | | | | | Tehran, Iran |
| | Retreat Star Vrishabha Rasi: 19.52 Titli 1 336666159 | Gulika 8:27AM – 10:15AM Yama 4:51AM – 6:39AM Rahu 1:51PM – 3:39PM | Rohini Until 12:25PM Dhriti Until 10:25PM Kintughna Until 12:45PM Prathama* Until 12:45AM Fri | Ganesha: Purple <i>Sunrise:</i> 4:51AM Muruqa: Red <i>Sunset:</i> 7:15PM Nataraja: Purple Moon – Yellow Jyeshtha-Vaikasi | Sun 15 | Sutra 50 Khara 5113 Moon 5 - Phase 6 Prathama | Devaloka Day |
| | Routine Work Marana Yoga Until 10:29PM then Siddha Yoga | | | | | | |

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishṇa Yajur Veda, Maitu 6.34. UpH, 447

| | | | | | |
|----------|-----------------------------|-------------|---|--|--|
| 1 | Friday, June 3, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam | | Tehran, Iran |
| | Mithuna Rasi: 2.4 | Tithi 2 | Mrigasira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiya Yam Titau | Sun 16 | Sutra 51 Khara 5113 |
| | | 336666159 | Gulika 6:39AM – 8:27AM Yama 3:39PM – 5:27PM Rahu 10:15AM – 12:03PM | Mrigasira Until 1:24PM Shula* Until 9:41PM Balava Until 1:04PM Dvitiya Until 1:04AM Sat | Ganesha: Purple <i>Sunrise: 4:51AM</i> Muruqa: Red <i>Sunset: 7:16PM</i> Nataraja: Purple Moon – Yellow Jyeshtha-Vaikasi |
| | Creative Work | Siddha Yoga | | | Devaloka Day |


| | | | | | |
|----------|--------------------------------|-------------|---|---|--|
| 2 | Saturday, June 4, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam | | Tehran, Iran |
| | Mithuna Rasi: 15.41 | Tithi 3 | Ardra/Punarvasu Nakshatra Ganda* Yoga Tailita/Gara Karana Tritiya Yam Titau | Sun 17 | Sutra 52 Khara 5113 |
| | | 336666159 | Gulika 4:50AM – 6:39AM Yama 1:51PM – 3:40PM Rahu 8:27AM – 10:15AM | Ardra Until 1:57PM Ganda* Until 8:34PM Tailita Until 12:55PM Tritiya Until 12:55AM Sun | Ganesha: Purple <i>Sunrise: 4:50AM</i> Muruqa: Red <i>Sunset: 7:16PM</i> Nataraja: Purple Moon – Yellow Jyeshtha-Vaikasi |
| | Creative Work | Siddha Yoga | | | Devaloka Day |
| | Until 1:57PM then Marana Yoga | | | | |
| | Until 10:30PM then Siddha Yoga | | | | |

| | | | | | |
|----------|-----------------------------|-------------|---|--|--|
| 3 | Sunday, June 5, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam | | Tehran, Iran |
| | Mithuna Rasi: 28.58 | Tithi 4 | Punarvasu/Pushya Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthi* Yam Titau | Sun 18 | Sutra 53 Khara 5113 |
| | | 346666151 | Gulika 3:40PM – 5:28PM Yama 12:03PM – 1:52PM Rahu 5:28PM – 7:17PM | Punarvasu Until 2:05PM Vriddhi Until 7:02PM Vanija Until 11:49AM Chaturthi* Until 10:53PM | Ganesha: Light Blue <i>Sunrise: 4:50AM</i> Muruqa: Red <i>Sunset: 7:17PM</i> Nataraja: Purple Moon – Blue Jyeshtha-Vaikasi |
| | Creative Work | Siddha Yoga | | | Devaloka Day |

| | | | | | |
|----------|-----------------------------|-------------|--|---|--|
| 4 | Monday, June 6, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam | | Tehran, Iran |
| | Kataka Rasi: 12.27 | Tithi 5 | Pushya/Aslesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchami Yam Titau | Sun 19 | Sutra 54 Khara 5113 |
| | Family Home Evening | 346666151 | Gulika 1:52PM – 3:40PM Yama 10:15AM – 12:04PM Rahu 6:38AM – 8:27AM | Pushya Until 1:14PM Dhruva Until 4:23PM Bava Until 10:50AM Panchami Until 9:55PM | Ganesha: Light Blue <i>Sunrise: 4:50AM</i> Muruqa: Red <i>Sunset: 7:17PM</i> Nataraja: Purple Moon – Blue Jyeshtha-Vaikasi |
| | Creative Work | Siddha Yoga | | | Devaloka Day |

| | | | | | |
|----------|------------------------------|-------------|---|---|--|
| 5 | Tuesday, June 7, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam | | Tehran, Iran |
| | Kataka Rasi: 26.08 | Tithi 6 | Aslesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailita Karana Shasthi* Yam Titau | Sun 20 | Sutra 55 Khara 5113 |
| | | 347666151 | Gulika 12:04PM – 1:52PM Yama 8:27AM – 10:15AM Rahu 3:41PM – 5:29PM | Aslesha* Until 12:37PM Vyaghata* Until 2:16PM Kaulava Until 9:28AM Shasthi* Until 8:33PM | Ganesha: Purple <i>Sunrise: 4:50AM</i> Muruqa: Red <i>Sunset: 7:18PM</i> Nataraja: Purple Moon – Blue Jyeshtha-Vaikasi |
| | Creative Work | Siddha Yoga | | | Devaloka Day |

| | | | | | |
|----------|--------------------------------|-------------|---|---|--|
| 6 | Wednesday, June 8, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam | | Tehran, Iran |
| | Simha Rasi: 10.02 | Tithi 7 | Magha*/Purvaphalguni* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptami Yam Titau | Sun 21 | Sutra 56 Khara 5113 |
| | | 357666151 | Gulika 10:15AM – 12:04PM Yama 6:38AM – 8:27AM Rahu 12:04PM – 1:53PM | Magha* Until 11:39AM Harshana Until 11:51AM Gara Until 7:44AM Saptami Until 6:49PM | Ganesha: Clear <i>Sunrise: 4:50AM</i> Muruqa: Red <i>Sunset: 7:18PM</i> Nataraja: Purple Moon – Red Jyeshtha-Vaikasi |
| | Creative Work | Siddha Yoga | | | Sivaloka Day |
| | Until 11:39AM then Amrita Yoga | | | | |
| | Until 10:30PM then no yoga | | | | |

| | | | | | |
|---|---------------------------------------|-------------|--|---|--|
|  | Thursday, June 9, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam | | Tehran, Iran |
| | Retreat Star | | Purvaphalguni*/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ashlami*/Navami* Yam Titau | Sun 22 | Sutra 57 Khara 5113 |
| | Simha Rasi: 24.07 | Tithi 8 – 9 | Gulika 8:27AM – 10:15AM Yama 4:50AM – 6:38AM Rahu 1:53PM – 3:41PM | Purvaphalguni* Until 10:23AM Vajra* Until 9:08AM Balava Until 3:50AM Fri Ashtami* Until 4:45PM | Ganesha: Clear <i>Sunrise: 4:50AM</i> Muruqa: Red <i>Sunset: 7:19PM</i> Nataraja: Purple Moon – Red Jyeshtha-Vaikasi |
| | No Yoga | | | | Sivaloka Day |
| | Until 10:23AM then Prabalarishta Yoga | | | | |
| | Until 10:31PM then Siddha Yoga | | | | |

| | | | | | |
|----------|--------------------------------|--------------|---|--|--|
| 7 | Friday, June 10, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam | | Tehran, Iran |
| | Retreat Star | | Uttaraphalguni*/Hasta Nakshatra Siddhi*/Vyatipata* Yoga Kaulava/Tailita Karana Navami*/Dasami Yam Titau | Sun 23 | Sutra 58 Khara 5113 |
| | Kanya Rasi: 8.2 | Tithi 9 – 10 | Gulika 6:38AM – 8:27AM Yama 3:42PM – 5:31PM Rahu 10:16AM – 12:04PM | Uttaraphalguni Until 8:50AM Siddhi Until 6:10AM Tailita Until 1:28AM Sat Navami* Until 2:24PM | Ganesha: Clear <i>Sunrise: 4:49AM</i> Muruqa: Red <i>Sunset: 7:19PM</i> Nataraja: Purple Moon – Red Jyeshtha-Vaikasi |
| | Creative Work | Siddha Yoga | | | Sivaloka Day |
| | Until 8:50AM then Amrita Yoga | | | | |
| | Until 10:31PM then Marana Yoga | | | | |


Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda, Isau 3. bo UpR, 570

| | | | | | |
|--------------------------------|--------------------------------|---|---|--|-------------------------------|
| 1 | Saturday, June 11, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam | | | Tehran, Iran |
| | | Hasta/Chitra Nakshatra Variyan Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau | | | Sun 24 Sutra 59 Khara 5113 |
| Kanya Rasi: 22.42 | Tithi 10 – 11 | Gulika 4:49AM – 6:38AM | Hasta Until 7:05AM | Ganesha: White <i>Sunrise: 4:49AM</i> | |
| | 367666151 | Yama 1:53PM – 3:42PM | Variyan Until 12:20AM Sun | Muruqa: Red <i>Sunset: 7:20PM</i> | Moon 5 - Phase 8 |
| Routine Work Marana Yoga | | Rahu 8:27AM – 10:16AM | Vanija Until 10:53PM | Nataraja: Purple | 4th Phase |
| Until 10.31PM then Siddha Yoga | | | Dasami Until 11:49AM | Jyeshtha-Vaikasi | Devaloka Day |

| | | | | | |
|-----------------------------------|------------------------------|---|--------------------------------------|--|-------------------------------|
| 2 | Sunday, June 12, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | Tehran, Iran |
| | | Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau | | | Sun 25 Sutra 60 Khara 5113 |
| Tula Rasi: 7.07 | Tithi 11 – 12 | Gulika 3:42PM – 5:31PM | Svati Until 4:05AM Mon | Ganesha: White <i>Sunrise: 4:49AM</i> | |
| | 367666151 | Yama 12:05PM – 1:54PM | Parigha* Until 9:03PM | Muruqa: Red <i>Sunset: 7:20PM</i> | Moon 5 - Phase 8 |
| Creative Work Siddha Yoga | | Rahu 5:31PM – 7:20PM | Bava Until 8:11PM | Nataraja: Purple | 4th Phase |
| Until 10.31PM then Amrita Yoga | | | Ekadasi Until 9:06AM | Jyeshtha-Vaikasi | Devaloka Day |
| Until 4:05AM Mon then Marana Yoga | | | | | |

| | | | | | |
|-----------------------------------|------------------------------|--|--|---|-------------------------------|
| 3 | Monday, June 13, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam | | | Tehran, Iran |
| | | Visakha Nakshatra Shiva/Siddha Yoga Balava/Taitila Karana Dvadasi/Trayodasi Yam Titau | | | Sun 26 Sutra 61 Khara 5113 |
| Tula Rasi: 21.33 | Tithi 12 – 13 | Gulika 1:54PM – 3:43PM | Visakha Until 2:12AM Tue | Ganesha: Yellow <i>Sunrise: 4:49AM</i> | |
| Family Home Evening | 377666151 | Yama 10:16AM – 12:05PM | Shiva Until 5:47PM | Muruqa: Red <i>Sunset: 7:21PM</i> | Moon 5 - Phase 8 |
| Routine Work Marana Yoga | | Rahu 6:38AM – 8:27AM | Taitila Until 4:33AM Tue | Nataraja: Purple | 4th Phase |
| Until 2:12AM Tue then Siddha Yoga | | | Dvadasi Until 6:23AM | Jyeshtha-Vaikasi | Sivaloka Day |
| | | Vaikasi Visakam | <i>Pradosha Vrata</i> | | |

| | | | | | |
|---------------------------|-------------------------------|---|--|--|-------------------------------|
| 4 | Tuesday, June 14, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam | | | Tehran, Iran |
| | | Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdasi* Yam Titau | | | Sun 27 Sutra 62 Khara 5113 |
| Vrischika Rasi: 5.53 | Tithi 14 | Gulika 12:05PM – 1:54PM | Anuradha Until 12:28AM Wed | Ganesha: White <i>Sunrise: 4:49AM</i> | |
| | 378666151 | Yama 8:27AM – 10:16AM | Siddha Until 2:38PM | Muruqa: Red <i>Sunset: 7:21PM</i> | Moon 5 - Phase 8 |
| Creative Work Siddha Yoga | | Rahu 3:43PM – 5:32PM | Gara Until 2:54PM | Nataraja: Purple | 4th Phase |
| | | | Chaturdasi* Until 1:59AM Wed | Jyeshtha-Vaikasi | Subha Sivaloka Day |

| | | | | | |
|---|---------------------------------|---|---------------------------------------|--|-------------------------------|
|  | Wednesday, June 15, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam | | | Tehran, Iran |
| | Copper Retreat Star | Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnima* Yam Titau | | | Sun 28 Sutra 63 Khara 5113 |
| Vrischika Rasi: 20.04 | Tithi 15 | Gulika 10:16AM – 12:05PM | Jyeshtha* Until 11:01PM | Ganesha: White <i>Sunrise: 4:49AM</i> | |
| | 378666151 | Yama 6:38AM – 8:27AM | Sadhya Until 11:45AM | Muruqa: Red <i>Sunset: 7:21PM</i> | Moon 5 - Phase 8 |
| Creative Work Siddha Yoga | | Rahu 12:05PM – 1:54PM | Visti Until 12:39PM | Nataraja: Purple | Purnima |
| | | | Purnima* Until 11:43PM | Jyeshtha-Ani | Subha Sivaloka Day |

| | | | | | |
|---------------------------|--------------------------------|--|--------------------------------------|---|-------------------------------|
| 5 | Thursday, June 16, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam | | | Tehran, Iran |
| | Silver Retreat Star | Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathama* Yam Titau | | | Sun 29 Sutra 64 Khara 5113 |
| Dhanus Rasi: 4.01 | Tithi 16 | Gulika 8:27AM – 10:17AM | Mula* Until 9:59PM | Ganesha: Blue <i>Sunrise: 4:49AM</i> | |
| | 388766151 | Yama 4:49AM – 6:38AM | Subha Until 9:16AM | Muruqa: Red <i>Sunset: 7:22PM</i> | Moon 5 - Phase 8 |
| Creative Work Siddha Yoga | | Rahu 1:55PM – 3:44PM | Balava Until 10:50AM | Nataraja: Purple | Prathama |
| | | | Prathama* Until 9:55PM | Jyeshtha-Ani | Devaloka Day |



Friday, June 17, 2011
Gold Retreat Star

Dhanu Rasi: 17.38 Tithi 17
388766151
Creative Work Siddha Yoga
Until 10.32PM then Marana Yoga
Until 10.40PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiya Yam Titau
Gulika 6:39AM – 8:28AM **Purvashadha* Until 10:40PM**
Yama 3:44PM – 5:33PM **Sukla Until 7:21AM**
Rahu 10:17AM – 12:06PM **Taitila Until 9:53AM**
Dvitiya Until 9:53PM
Ganesha: Blue *Sunrise: 4:49AM*
Muruqa: Red *Sunset: 7:22PM*
Nataraja: Purple
Moon – Light Blue
Jyeshtha-Ani

Tehran, Iran
Sun 1 **Sutra 65**
Khara 5113
Moon 6 - Phase 9
1st Phase

Devaloka Day

1

Saturday, June 18, 2011

Makara Rasi: 0.56 Tithi 18
388766151
No Yoga
Until 10.33PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Indra Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 4:50AM – 6:39AM **Uttarashadha Until 10:45PM**
Yama 1:55PM – 3:44PM **Indra Until 4:38AM Sun**
Rahu 8:28AM – 10:17AM **Vanija Until 9:13AM**
Tritiya Until 9:13PM
Ganesha: Blue *Sunrise: 4:50AM*
Muruqa: Red *Sunset: 7:22PM*
Nataraja: Purple
Moon – Light Blue
Jyeshtha-Ani

Tehran, Iran
Sun 2 **Sutra 66**
Khara 5113
Moon 6 - Phase 9
1st Phase

Devaloka Day

2

Sunday, June 19, 2011

Makara Rasi: 13.53 Tithi 19
398766151
Creative Work Amrita Yoga
Until 11:27PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Sravana Nakshatra Vaidhriti* Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 3:44PM – 5:34PM **Sravana Until 11:27PM**
Yama 12:06PM – 1:55PM **Vaidhriti* Until 3:39AM Mon**
Rahu 5:34PM – 7:23PM **Bava Until 9:13AM**
Chaturthi* Until 9:13PM
Ganesha: Red *Sunrise: 4:50AM*
Muruqa: Red *Sunset: 7:23PM*
Nataraja: Purple
Moon – Purple
Jyeshtha-Ani

Tehran, Iran
Sun 3 **Sutra 67**
Khara 5113
Moon 6 - Phase 9
1st Phase

Sivaloka Day

Father's Day

3

Monday, June 20, 2011

Makara Rasi: 26.31 Tithi 20
399766151
Family Home Evening
Creative Work Siddha Yoga
Until 10.33PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 1:56PM – 3:45PM **Dhanishtha Until 2:18AM Tue**
Yama 10:17AM – 12:06PM **Vishkambha* Until 4:51AM Tue**
Rahu 6:39AM – 8:28AM **Kaulava Until 10:12AM**
Panchami Until 11:18PM
Ganesha: Blue *Sunrise: 4:50AM*
Muruqa: Red *Sunset: 7:23PM*
Nataraja: Purple
Moon – Purple
Jyeshtha-Ani

Tehran, Iran
Sun 4 **Sutra 68**
Khara 5113
Moon 6 - Phase 9
1st Phase

Subha Sivaloka Day

4

Tuesday, June 21, 2011

Kumbha Rasi: 8.53 Tithi 21
399766151
Routine Work Marana Yoga
Until 10.33PM then Siddha Yoga
Until 4:15AM Wed then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Satabhisha Nakshatra Priti Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 12:07PM – 1:56PM **Satabhisha Until 4:15AM Wed**
Yama 8:28AM – 10:17AM **Priti Until 4:53AM Wed**
Rahu 3:45PM – 5:34PM **Gara Until 11:30AM**
Shasthi* Until 12:35AM Wed
Ganesha: Blue *Sunrise: 4:50AM*
Muruqa: Red *Sunset: 7:23PM*
Nataraja: Purple
Moon – Purple
Jyeshtha-Ani

Tehran, Iran
Sun 5 **Sutra 69**
Khara 5113
Moon 6 - Phase 9
1st Phase

Subha Sivaloka Day

5

Wednesday, June 22, 2011

Kumbha Rasi: 21.02 Tithi 22
319766151
Creative Work Amrita Yoga
Until 10.33PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprostapada* Nakshatra Ayushman Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 10:18AM – 12:07PM **Purvaprostapada* Until 6:36AM Thu**
Yama 6:39AM – 8:29AM **Ayushman Until 5:18AM Thu**
Rahu 12:07PM – 1:56PM **Visti Until 1:15PM**
Saptami Until 2:20AM Thu
Ganesha: Purple *Sunrise: 4:50AM*
Muruqa: Red *Sunset: 7:23PM*
Nataraja: Purple
Moon – Clear
Jyeshtha-Ani

Tehran, Iran
Sun 6 **Sutra 70**
Khara 5113
Moon 6 - Phase 9
1st Phase

Subha Sivaloka Day



Thursday, June 23, 2011
Retreat Star

Meena Rasi: 3.02 Tithi 23
319766151
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 8:29AM – 10:18AM **Purvaprostapada* Until 6:36AM**
Yama 4:51AM – 6:40AM **Saubhagya Until 6:13AM Fri**
Rahu 1:56PM – 3:45PM **Balava Until 3:19PM**
Ashtami* Until 4:25AM Fri
Ganesha: Purple *Sunrise: 4:51AM*
Muruqa: Red *Sunset: 7:24PM*
Nataraja: Purple
Moon – Clear
Jyeshtha-Ani

Tehran, Iran
Sun 7 **Sutra 71**
Khara 5113
Moon 6 - Phase 9
Ashtami

Subha Sivaloka Day

Friday, June 24, 2011
Retreat Star

Meena Rasi: 14.57 Tithi 24
319766151
Creative Work Siddha Yoga
Until 10.34PM then Prabalarishta Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraprostapada/Revali Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 6:40AM – 8:29AM **Uttaraprostapada Until 9:26AM**
Yama 3:45PM – 5:35PM **Saubhagya Until 6:13AM**
Rahu 10:18AM – 12:07PM **Taitila Until 5:35PM**
Navami* Until 6:46AM Sat
Ganesha: Purple *Sunrise: 4:51AM*
Muruqa: Red *Sunset: 7:24PM*
Nataraja: Purple
Moon – Clear
Jyeshtha-Ani

Tehran, Iran
Sun 8 **Sutra 72**
Khara 5113
Moon 6 - Phase 9
Navami

Subha Sivaloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita AG 2.10–2.13. MA, 94


| | | | | | | |
|----------|---|---|---|--|---|---|
| 1 | Saturday, June 25, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau | | | | Tehran, Iran |
| | Meena Rasi: 26.52 Tithi 24 – 25 319766151 | Gulika 4:51AM – 6:40AM Yama 1:57PM – 3:46PM Rahu 8:29AM – 10:18AM | Revati Until 12:17PM Sobhana Until 7:06AM Vanija Until 7:52PM Navami* Until 6:46AM | Ganesha: Purple Muruqa: Red Nataraja: Purple Moon – Clear Jyeshtha-Ani | <i>Sunrise:</i> 4:51AM <i>Sunset:</i> 7:24PM | Sun 9 Sutra 73 Khara 5113 Moon 6 - Phase 10 2nd Phase Subha Sivaloka Day |

| | | | | | | |
|----------|--|--|---|---|---|--|
| 2 | Sunday, June 26, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Dasami*/Ekadasi* Yam Titau | | | | Tehran, Iran |
| | Mesha Rasi: 8.49 Tithi 25 – 26 329766151 | Gulika 3:46PM – 5:35PM Yama 12:08PM – 1:57PM Rahu 5:35PM – 7:24PM | Asvini Until 3:02PM Athiganda* Until 7:52AM Bava Until 10:02PM Dasami Until 8:56AM | Ganesha: Clear Muruqa: Red Nataraja: Purple Moon – White Jyeshtha-Ani | <i>Sunrise:</i> 4:51AM <i>Sunset:</i> 7:24PM | Sun 10 Sutra 74 Khara 5113 Moon 6 - Phase 10 2nd Phase Sivaloka Day |

| | | | | | | |
|----------|---|---|---|---|---|--|
| 3 | Monday, June 27, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau | | | | Tehran, Iran |
| | Mesha Rasi: 20.54 Tithi 26 – 27 329766151 | Gulika 1:57PM – 3:46PM Yama 10:19AM – 12:08PM Rahu 6:41AM – 8:30AM | Bharani Until 5:32PM Sukarma Until 8:25AM Kaulava Until 11:56PM Ekadasi* Until 10:51AM | Ganesha: Clear Muruqa: Red Nataraja: Purple Moon – White Jyeshtha-Ani | <i>Sunrise:</i> 4:52AM <i>Sunset:</i> 7:24PM | Sun 11 Sutra 75 Khara 5113 Moon 6 - Phase 10 2nd Phase Sivaloka Day |

| | | | | | | |
|----------|---|---|---|---|---|--|
| 4 | Tuesday, June 28, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Tailita/Gara Karana Dvadasi*/Trayodasi* Yam Titau | | | | Tehran, Iran |
| | Virshabha Rasi: 3.1 Tithi 27 – 28 321766151 | Gulika 12:08PM – 1:57PM Yama 8:30AM – 10:19AM Rahu 3:46PM – 5:35PM | Krittika Until 6:37PM Dhriti Until 8:38AM Gara Until 11:49PM Dvadasi* Until 11:49AM <i>Pradosha Vrata (Fasting)</i> | Ganesha: Red Muruqa: Red Nataraja: Purple Moon – White Jyeshtha-Ani | <i>Sunrise:</i> 4:52AM <i>Sunset:</i> 7:24PM | Sun 12 Sutra 76 Khara 5113 Moon 6 - Phase 10 2nd Phase Sivaloka Day |

| | | | | | | |
|----------|---|---|---|--|---|--|
| 5 | Wednesday, June 29, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau | | | | Tehran, Iran |
| | Virshabha Rasi: 15.41 Tithi 28 – 29 331776151 | Gulika 10:19AM – 12:08PM Yama 6:41AM – 8:30AM Rahu 12:08PM – 1:57PM | Rohini Until 8:07PM Shula* Until 8:12AM Visti Until 12:41AM Thu Trayodasi* Until 12:41PM | Ganesha: Yellow Muruqa: Yellow Nataraja: Purple Moon – Yellow Jyeshtha-Ani | <i>Sunrise:</i> 4:52AM <i>Sunset:</i> 7:24PM | Sun 13 Sutra 77 Khara 5113 Moon 6 - Phase 10 2nd Phase Sivaloka Day |

| | | | | | | |
|---|--|--|---|--|---|---|
|  | Thursday, June 30, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Ganda*/Vridhhi Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau | | | | Tehran, Iran |
| | Retreat Star Virshabha Rasi: 28.29 Tithi 29 – 30 331776151 | Gulika 8:31AM – 10:20AM Yama 4:53AM – 6:42AM Rahu 1:57PM – 3:46PM | Mrigasira Until 9:06PM Ganda* Until 7:29AM Catuspada Until 12:59AM Fri Chaturdasi* Until 12:59PM | Ganesha: Yellow Muruqa: Yellow Nataraja: Purple Moon – Yellow Jyeshtha-Ani | <i>Sunrise:</i> 4:53AM <i>Sunset:</i> 7:24PM | Sun 14 Sutra 78 Khara 5113 Moon 6 - Phase 10 Amavasya Sivaloka Day |

| | | | | | | |
|-----------------------------|---|---|--|--|---|---|
| Friday, July 1, 2011 | Retreat Star | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau | | | | Tehran, Iran |
| | Mithuna Rasi: 12 Tithi 30 – 1 331776151 | Gulika 6:42AM – 8:31AM Yama 3:46PM – 5:35PM Rahu 10:20AM – 12:09PM | Ardra Until 9:30PM Vridhhi Until 6:13AM Kintughna Until 12:40AM Sat Amavasya* Until 12:40PM | Ganesha: Yellow Muruqa: Yellow Nataraja: Purple Moon – Yellow Ashada-Ani | <i>Sunrise:</i> 4:53AM <i>Sunset:</i> 7:24PM | Sun 15 Sutra 79 Khara 5113 Moon 6 - Phase 10 Prathama Sivaloka Day |

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda, Isau 1. UpM, 49

| | | | | | |
|----------|---|-------------|---|---|--|
| 1 | Saturday, July 2, 2011 | | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau | | Tehran, Iran |
| | Mithuna Rasi: 25.01 | Tithi 1 – 2 | | | Sun 16 Sutra 80 Khara 5113 |
| | | 341776151 | Gulika 4:54AM – 6:42AM Yama 1:58PM – 3:46PM Rahu 8:31AM – 10:20AM | Punarvasu Until 8:15PM Vyaghata* Until 1:52AM Sun Balava Until 10:22PM Prathama* Until 11:17AM | Ganesha: Red <i>Sunrise:</i> 4:54AM Muruqa: Yellow <i>Sunset:</i> 7:24PM Nataraja: Purple Moon – Blue Ashada-Ani |
| | Routine Work Marana Yoga Until 8:15PM then Siddha Yoga | | | | Moon 6 - Phase 11 3rd Phase Sivaloka Day |


| | | | | | |
|----------|-----------------------------|-------------|---|---|--|
| 2 | Sunday, July 3, 2011 | | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau | | Tehran, Iran |
| | Kataka Rasi: 8.43 | Tithi 2 – 3 | | | Sun 17 Sutra 81 Khara 5113 |
| | | 341776151 | Gulika 3:46PM – 5:35PM Yama 12:09PM – 1:58PM Rahu 5:35PM – 7:24PM | Pushya Until 7:37PM Harshana Until 11:46PM Taitila Until 8:59PM Dvitiya Until 9:55AM | Ganesha: Red <i>Sunrise:</i> 4:54AM Muruqa: Yellow <i>Sunset:</i> 7:24PM Nataraja: Purple Moon – Blue Ashada-Ani |
| | Creative Work Siddha Yoga | | | | Moon 6 - Phase 11 3rd Phase Sivaloka Day |

| | | | | | |
|----------|-----------------------------|-------------|---|---|--|
| 3 | Monday, July 4, 2011 | | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau | | Tehran, Iran |
| | Kataka Rasi: 22.39 | Tithi 3 – 4 | | | Sun 18 Sutra 82 Khara 5113 |
| | Family Home Evening | 341776151 | Gulika 1:58PM – 3:46PM Yama 10:21AM – 12:09PM Rahu 6:43AM – 8:32AM | Aslesha* Until 6:36PM Vajra* Until 9:18PM Vanija Until 7:12PM Tritiya Until 8:07AM | Ganesha: Red <i>Sunrise:</i> 4:55AM Muruqa: Yellow <i>Sunset:</i> 7:24PM Nataraja: Purple Moon – Blue Ashada-Ani |
| | Creative Work Siddha Yoga | | | | Moon 6 - Phase 11 3rd Phase Sivaloka Day |

| | | | | | |
|----------|---|-------------|--|--|--|
| 4 | Tuesday, July 5, 2011 | | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Siddhi Yoga Visti*/Balava Karana Chaturthi*/Panchami Yam Titau | | Tehran, Iran |
| | Simha Rasi: 6.44 | Tithi 4 – 5 | | | Sun 19 Sutra 83 Khara 5113 |
| | | 351776151 | Gulika 12:09PM – 1:58PM Yama 8:32AM – 10:21AM Rahu 3:46PM – 5:35PM | Magha* Until 5:19PM Siddhi Until 6:34PM Balava Until 4:11AM Wed Chaturthi* Until 6:02AM | Ganesha: Blue <i>Sunrise:</i> 4:55AM Muruqa: Yellow <i>Sunset:</i> 7:24PM Nataraja: Purple Moon – Red Ashada-Ani |
| | Creative Work Siddha Yoga Until 10.36PM then Amrita Yoga | | | | Moon 6 - Phase 11 3rd Phase Subha Sivaloka Day |

| | | | | | |
|----------|--|-----------|--|---|--|
| 5 | Wednesday, July 6, 2011 | | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni*/Uttaraphalguni* Nakshatra Vyalipata*/Variyan Yoga Kaulava/Taitila Karana Shashti* Yam Titau | | Tehran, Iran |
| | Simha Rasi: 20.55 | Tithi 6 | | | Sun 20 Sutra 84 Khara 5113 |
| | | 351776151 | Gulika 10:21AM – 12:10PM Yama 6:44AM – 8:33AM Rahu 12:10PM – 1:58PM | Purvaphalguni* Until 3:51PM Vyalipata* Until 3:40PM Kaulava Until 2:49PM Shashti* Until 1:54AM Thu | Ganesha: Blue <i>Sunrise:</i> 4:56AM Muruqa: Yellow <i>Sunset:</i> 7:23PM Nataraja: Purple Moon – Red Ashada-Ani |
| | Creative Work Amrita Yoga Until 10.36PM then Prabalarishta Yoga | | | | Moon 6 - Phase 11 3rd Phase Subha Sivaloka Day |

| | | | | | |
|----------|--|-----------|--|---|---|
| 6 | Thursday, July 7, 2011 | | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Saptami Yam Titau | | Tehran, Iran |
| | Kanya Rasi: 5.1 | Tithi 7 | | | Sun 21 Sutra 85 Khara 5113 |
| | | 451776151 | Gulika 8:33AM – 10:21AM Yama 4:56AM – 6:45AM Rahu 1:58PM – 3:46PM | Uttaraphalguni Until 2:18PM Variyan Until 12:42PM Gara Until 12:27PM Saptami Until 11:32PM | Ganesha: Red <i>Sunrise:</i> 4:56AM Muruqa: Yellow <i>Sunset:</i> 7:23PM Nataraja: Purple Moon – Red Ashada-Ani |
| | Routine Work Prabalarishta Yoga Until 2:18PM then no yoga Until 10.36PM then Amrita Yoga | | Chidambaram Abhishekam | | Moon 6 - Phase 11 3rd Phase Sivaloka Day |

| | | | | | |
|---|---|-----------|--|--|--|
|  | Friday, July 8, 2011 | | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtami* Yam Titau | | Tehran, Iran |
| | Retreat Star | | | | Sun 22 Sutra 86 Khara 5113 |
| | Kanya Rasi: 19.23 | Tithi 8 | | | Moon 6 - Phase 11 Ashtami |
| | | 462776151 | Gulika 6:45AM – 8:33AM Yama 3:46PM – 5:35PM Rahu 10:22AM – 12:10PM | Hasta Until 12:46PM Parigha* Until 9:44AM Visti Until 10:06AM Ashtami* Until 9:11PM | Ganesha: Yellow <i>Sunrise:</i> 4:57AM Muruqa: Yellow <i>Sunset:</i> 7:23PM Nataraja: Purple Moon – Green Ashada-Ani |
| | Creative Work Amrita Yoga Until 12:46PM then Siddha Yoga Until 10.36PM then Marana Yoga | | | | Sivaloka Day |

| | | | | | |
|----------|--|-----------|--|---|--|
| 7 | Saturday, July 9, 2011 | | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navami* Yam Titau | | Tehran, Iran |
| | Retreat Star | | | | Sun 23 Sutra 87 Khara 5113 |
| | Tula Rasi: 3.35 | Tithi 9 | | | Moon 6 - Phase 11 Navami |
| | | 462776151 | Gulika 4:57AM – 6:45AM Yama 1:58PM – 3:46PM Rahu 8:34AM – 10:22AM | Chitra Until 11:18AM Shiva Until 6:51AM Balava Until 7:49AM Navami* Until 6:54PM | Ganesha: Yellow <i>Sunrise:</i> 4:57AM Muruqa: Yellow <i>Sunset:</i> 7:23PM Nataraja: Purple Moon – Green Ashada-Ani |
| | Routine Work Marana Yoga Until 11:18AM then Siddha Yoga | | | | Sivaloka Day |


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. *Krishna Yajur Veda, Maitu 3.2. UpH, 418*

| | | | | | |
|-------------------------------|------------------------------|---|--------------------------------|---|--------------------------------------|
| 1 | Sunday, July 10, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Visakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau | | | Tehran, Iran |
| | | | | | Sun 24 Sutra 88 Khara 5113 |
| Tula Rasi: 17.42 | Tithi 10 – 11 | Gulika 3:46PM – 5:34PM | Svati Until 9:57AM | Ganesha: Yellow <i>Sunrise: 4:58AM</i> | |
| | 462776151 | Yama 12:10PM – 1:58PM | Sadhya Until 1:24AM Mon | Muruqa: Yellow <i>Sunset: 7:22PM</i> | Moon 6 - Phase 12 |
| Creative Work Siddha Yoga | | Rahu 5:34PM – 7:22PM | Vanija Until 3:49AM Mon | Nataraja: Purple | 4th Phase |
| Until 9:57AM then Marana Yoga | | | Dasami Until 4:44PM | Ashada*Ani | Sivaloka Day |

| | | | | | |
|-------------------------------|------------------------------|--|------------------------------|---|--------------------------------------|
| 2 | Monday, July 11, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Visakha/Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadasi/Dvadasi Yam Titau | | | Tehran, Iran |
| | | | | | Sun 25 Sutra 89 Khara 5113 |
| Vrischika Rasi: 1.43 | Tithi 11 – 12 | Gulika 1:58PM – 3:46PM | Visakha Until 8:46AM | Ganesha: Yellow <i>Sunrise: 4:58AM</i> | |
| Family Home Evening | 472876151 | Yama 10:22AM – 12:10PM | Subha Until 10:46PM | Muruqa: Yellow <i>Sunset: 7:22PM</i> | Moon 6 - Phase 12 |
| Routine Work Marana Yoga | | Rahu 6:46AM – 8:34AM | Bava Until 1:50AM Tue | Nataraja: Purple | 4th Phase |
| Until 8:46AM then Siddha Yoga | | | Ekadasi Until 2:46PM | Ashada*Ani | Sivaloka Day |

| | | | | | |
|---------------------------|-------------------------------|---|----------------------------------|---|--------------------------------------|
| 3 | Tuesday, July 12, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau | | | Tehran, Iran |
| | | | | | Sun 26 Sutra 90 Khara 5113 |
| Vrischika Rasi: 15.37 | Tithi 12 – 13 | Gulika 12:10PM – 1:58PM | Anuradha Until 7:48AM | Ganesha: Yellow <i>Sunrise: 4:59AM</i> | |
| | 472876151 | Yama 8:35AM – 10:23AM | Sukla Until 8:20PM | Muruqa: Yellow <i>Sunset: 7:22PM</i> | Moon 6 - Phase 12 |
| Creative Work Siddha Yoga | | Rahu 3:46PM – 5:34PM | Kaulava Until 12:06AM Wed | Nataraja: Purple | 4th Phase |
| | | | Dvadasi Until 1:02PM | Ashada*Ani | Sivaloka Day |
| | | | <i>Pradosha Vrata</i> | | |

| | | | | | |
|--------------------------------|---------------------------------|---|--------------------------------|---|--------------------------------------|
| 4 | Wednesday, July 13, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Tailita/Gara Karana Trayodasi/Chaturdasi* Yam Titau | | | Tehran, Iran |
| | | | | | Sun 27 Sutra 91 Khara 5113 |
| Vrischika Rasi: 29.21 | Tithi 13 – 14 | Gulika 10:23AM – 12:10PM | Jyeshtha* Until 7:07AM | Ganesha: Yellow <i>Sunrise: 5:00AM</i> | |
| | 472876151 | Yama 6:47AM – 8:35AM | Brahma Until 7:03PM | Muruqa: Yellow <i>Sunset: 7:21PM</i> | Moon 6 - Phase 12 |
| Creative Work Siddha Yoga | | Rahu 12:10PM – 1:58PM | Gara Until 10:40PM | Nataraja: Purple | 4th Phase |
| Until 7:07AM then Marana Yoga | | | Trayodasi Until 11:35AM | Ashada*Ani | Sivaloka Day |
| Until 10:37PM then Siddha Yoga | | | | | |

| | | | | | |
|---|--------------------------------|---|----------------------------------|--|--------------------------------------|
|  | Thursday, July 14, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau | | | Tehran, Iran |
| | Copper Retreat Star | | | | Sun 28 Sutra 92 Khara 5113 |
| Dhanus Rasi: 12.53 | Tithi 14 – 15 | Gulika 8:35AM – 10:23AM | Mula* Until 6:50AM | Ganesha: White <i>Sunrise: 5:00AM</i> | |
| | 482876151 | Yama 5:00AM – 6:48AM | Indra Until 5:04PM | Muruqa: Yellow <i>Sunset: 7:21PM</i> | Moon 6 - Phase 12 |
| Creative Work Siddha Yoga | | Rahu 1:58PM – 3:46PM | Visti Until 10:54PM | Nataraja: Purple | Purnima |
| | | Satguru Purnima | Chaturdasi* Until 10:54AM | Ashada*Ani | Subha Sivaloka Day |

| | | | | | |
|----------------------------|------------------------------|---|----------------------------------|--|--------------------------------------|
| | Friday, July 15, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau | | | Tehran, Iran |
| | Silver Retreat Star | | | | Sun 29 Sutra 93 Khara 5113 |
| Dhanus Rasi: 26.11 | Tithi 15 – 16 | Gulika 6:48AM – 8:36AM | Purvashadha* Until 6:54AM | Ganesha: White <i>Sunrise: 5:01AM</i> | |
| | 482876151 | Yama 3:46PM – 5:33PM | Vaidhriti* Until 3:29PM | Muruqa: Yellow <i>Sunset: 7:21PM</i> | Moon 6 - Phase 12 |
| Creative Work Siddha Yoga | | Rahu 10:23AM – 12:11PM | Balava Until 10:12PM | Nataraja: Purple | Prathama |
| Until 10:37PM then no yoga | | | Purnima* Until 10:12AM | Ashada*Ani | Subha Sivaloka Day |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishṇa Yajur Veda, Maitu 6.34. UpM, 104



Saturday, July 16, 2011
Gold Retreat Star

Makara Rasi: 9.14 Tithi 16 – 17
492876151
No Yoga
Until 7:25AM then Siddha Yoga
Until 10:37PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mantra Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Gulika 5:02AM – 6:49AM
Yama 1:58PM – 3:45PM
Rahu 8:36AM – 10:23AM

Uttarashadha Until 7:25AM
Vishkambha* Until 2:20PM
Taitila Until 10:01PM
Prathama* Until 10:01AM

Tehran, Iran
Sutra 94
Khara 5113
Moon 7 - Phase 13
1st Phase

Subha Sivaloka Day

Ganesha: White *Sunrise:* 5:02AM
Muruqa: Yellow *Sunset:* 7:20PM
Nataraja: Purple
Moon – Light Blue
Ashada-Ani



Sunday, July 17, 2011

Makara Rasi: 22.01 Tithi 17 – 18
492876152
Creative Work Amrita Yoga
Until 8:25AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 3:45PM – 5:32PM
Yama 12:11PM – 1:58PM
Rahu 5:32PM – 7:20PM

Sravana Until 8:25AM
Priti Until 2:13PM
Vanija Until 10:20PM
Dvitiya Until 10:20AM

Tehran, Iran
Sun 1 **Sutra 95**
Khara 5113
Moon 7 - Phase 13
1st Phase

Devaloka Day

Ganesha: Clear *Sunrise:* 5:02AM
Muruqa: Yellow *Sunset:* 7:20PM
Nataraja: Clear
Moon – Purple
Ashada-Adi



Monday, July 18, 2011

Kumbha Rasi: 4.34 Tithi 18 – 19
492876152
Family Home Evening
Creative Work Siddha Yoga
Until 10:38PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 1:58PM – 3:45PM
Yama 10:24AM – 12:11PM
Rahu 6:50AM – 8:37AM

Dhanishtha Until 10:13AM
Ayushman Until 1:56PM
Bava Until 12:44AM Tue
Tritiya Until 11:38AM

Tehran, Iran
Sun 2 **Sutra 96**
Khara 5113
Moon 7 - Phase 13
1st Phase

Devaloka Day

Ganesha: Clear *Sunrise:* 5:03AM
Muruqa: Yellow *Sunset:* 7:19PM
Nataraja: Clear
Moon – Purple
Ashada-Adi



Tuesday, July 19, 2011

Kumbha Rasi: 16.52 Tithi 19 – 20
492876152
Routine Work Marana Yoga
Until 10:38PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 12:11PM – 1:58PM
Yama 8:37AM – 10:24AM
Rahu 3:45PM – 5:32PM

Satabhisha Until 12:15PM
Saubhagya Until 2:03PM
Kaulava Until 2:08AM Wed
Chaturthi* Until 1:02PM

Tehran, Iran
Sun 3 **Sutra 97**
Khara 5113
Moon 7 - Phase 13
1st Phase

Devaloka Day

Ganesha: Clear *Sunrise:* 5:04AM
Muruqa: Yellow *Sunset:* 7:19PM
Nataraja: Clear
Moon – Purple
Ashada-Adi



Wednesday, July 20, 2011

Kumbha Rasi: 29 Tithi 20 – 21
412876152
Creative Work Amrita Yoga
Until 2:40PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 10:24AM – 12:11PM
Yama 6:51AM – 8:38AM
Rahu 12:11PM – 1:58PM

Purvaprostapada* Until 2:40PM
Sobhana Until 2:31PM
Gara Until 3:56AM Thu
Panchami Until 2:51PM

Tehran, Iran
Sun 4 **Sutra 98**
Khara 5113
Moon 7 - Phase 13
1st Phase

Devaloka Day

Ganesha: Yellow *Sunrise:* 5:04AM
Muruqa: Yellow *Sunset:* 7:18PM
Nataraja: Clear
Moon – Clear
Ashada-Adi



Thursday, July 21, 2011

Meena Rasi: 10.59 Tithi 21 – 22
412876152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Gulika 8:38AM – 10:25AM
Yama 5:05AM – 6:51AM
Rahu 1:58PM – 3:44PM

Uttaraprostapada Until 5:21PM
Athiganda* Until 3:14PM
Visti Until 6:03AM Fri
Shasthi* Until 4:57PM

Tehran, Iran
Sun 5 **Sutra 99**
Khara 5113
Moon 7 - Phase 13
1st Phase

Devaloka Day

Ganesha: Yellow *Sunrise:* 5:05AM
Muruqa: Yellow *Sunset:* 7:17PM
Nataraja: Clear
Moon – Clear
Ashada-Adi



Friday, July 22, 2011

Meena Rasi: 22.54 Tithi 22
413876152
Creative Work Siddha Yoga
Until 8:12PM then Amrita Yoga
Until 10:38PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Saptami Yam Titau

Gulika 6:52AM – 8:38AM
Yama 3:44PM – 5:30PM
Rahu 10:25AM – 12:11PM

Revati Until 8:12PM
Sukarma Until 4:06PM
Visti Until 6:09AM
Saptami Until 7:14PM

Tehran, Iran
Sun 6 **Sutra 100**
Khara 5113
Moon 7 - Phase 13
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Ganesha: White *Sunrise:* 5:06AM
Muruqa: Yellow *Sunset:* 7:17PM
Nataraja: Clear
Moon – Clear
Ashada-Adi



Saturday, July 23, 2011
Retreat Star

Mesha Rasi: 4.47 Tithi 23
423876152
Creative Work Siddha Yoga
Until 11:05PM then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mantra Vasara Yuktayam
Asvini Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 5:06AM – 6:53AM
Yama 1:57PM – 3:44PM
Rahu 8:39AM – 10:25AM

Asvini Until 11:05PM
Dhriti Until 5:00PM
Balava Until 8:28AM
Ashtami* Until 9:33PM

Tehran, Iran
Sun 7 **Sutra 101**
Khara 5113
Moon 7 - Phase 13
Ashtami

Devaloka Day

Ganesha: Yellow *Sunrise:* 5:06AM
Muruqa: Yellow *Sunset:* 7:16PM
Nataraja: Clear
Moon – White
Ashada-Adi

Sunday, July 24, 2011

Retreat Star

Mesha Rasi: 16.44 Tithi 24
423876152
No Yoga
Until 10:38PM then Siddha Yoga
Until 1:52AM Mon then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Navami* Yam Titau

Gulika 3:43PM – 5:29PM
Yama 12:11PM – 1:57PM
Rahu 5:29PM – 7:15PM



Bharani Until 1:52AM Mon
Shula* Until 5:48PM
Taitila Until 10:39AM
Navami* Until 11:45PM

Tehran, Iran
Sun 8 **Sutra 102**
Khara 5113
Moon 7 - Phase 13
Navami

Devaloka Day

Ganesha: Yellow *Sunrise:* 5:07AM
Muruqa: Yellow *Sunset:* 7:15PM
Nataraja: Clear
Moon – White
Ashada-Adi

Borne along and defiled by the stream of qualities, unsteady, wavering, bewildered, full of desire, distracted, one goes on into the state of self-conceit. In thinking, "This is I" and "That is mine" one binds himself with himself, as does a bird with a snare. Krishna Yajur Veda, Maitu 3.2. UpH, 418

| | | | | | |
|---|---|-----------|---|--|---|
| 1 | Monday, July 25, 2011 | | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Vanija/Visti* Karana Dasami Yam Titau | | Tehran, Iran |
| | Mesha Rasi: 28.49 Tilthi 25 Family Home Evening No Yoga Until 10.38PM then Siddha Yoga Until 4:21AM Tue then Amrita Yoga | 433876152 | Gulika 1:57PM – 3:43PM Yama 10:25AM – 12:11PM Rahu 6:54AM – 8:40AM | Krittika Until 4:21AM Tue Ganda* Until 6:21PM Vanija Until 12:33PM Dasami Until 1:39AM Tue | Ganesha: Yellow <i>Sunrise:</i> 5:08AM Muruqa: Yellow <i>Sunset:</i> 7:15PM Nataraja: Clear Moon – White Ashada*Adi |
| 2 | Tuesday, July 26, 2011 | | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadasi* Yam Titau | | Tehran, Iran |
| | Wrishabha Rasi: 11.08 Tilthi 26 Creative Work Amrita Yoga Until 10.38PM then Siddha Yoga | 433876152 | Gulika 12:11PM – 1:57PM Yama 8:40AM – 10:26AM Rahu 3:43PM – 5:28PM | Rohini Until 4:32AM Wed Vriddhi Until 5:35PM Bava Until 1:19PM Ekadasi* Until 1:19AM Wed | Ganesha: Blue <i>Sunrise:</i> 5:09AM Muruqa: Yellow <i>Sunset:</i> 7:14PM Nataraja: Clear Moon – Yellow Ashada*Adi |
| 3 | Wednesday, July 27, 2011 | | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau | | Tehran, Iran |
| | Wrishabha Rasi: 23.43 Tilthi 27 Creative Work Siddha Yoga Until 10.38PM then Marana Yoga | 433876152 | Gulika 10:26AM – 12:11PM Yama 6:55AM – 8:40AM Rahu 12:11PM – 1:57PM | Mrigasira Until 5:54AM Thu Dhruva Until 5:13PM Kaulava Until 2:02PM Dvadasi* Until 2:02AM Thu | Ganesha: Blue <i>Sunrise:</i> 5:09AM Muruqa: Yellow <i>Sunset:</i> 7:13PM Nataraja: Clear Moon – Yellow Ashada*Adi |
| 4 | Thursday, July 28, 2011 | | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodasi* Yam Titau | | Tehran, Iran |
| | Mithuna Rasi: 6.41 Tilthi 28 Routine Work Marana Yoga Until 10.38PM then Siddha Yoga | 433876152 | Gulika 8:41AM – 10:26AM Yama 5:10AM – 6:55AM Rahu 1:57PM – 3:42PM | Ardra Until 6:35AM Fri Vyaghata* Until 4:13PM Gara Until 2:01PM Trayodasi* Until 2:01AM Fri <i>Pradosha Vrata (Fasting)</i> | Ganesha: Blue <i>Sunrise:</i> 5:10AM Muruqa: Yellow <i>Sunset:</i> 7:12PM Nataraja: Clear Moon – Yellow Ashada*Adi |
| 5 | Friday, July 29, 2011 | | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau | | Tehran, Iran |
| | Mithuna Rasi: 20.02 Tilthi 29 Creative Work Siddha Yoga Until 10.38PM then Marana Yoga Until 4:48AM Sat then Siddha Yoga | 443876152 | Gulika 6:56AM – 8:41AM Yama 3:41PM – 5:27PM Rahu 10:26AM – 12:11PM | Punarvasu Until 4:48AM Sat Harshana Until 1:59PM Visti Until 12:41PM Chaturdasi* Until 11:45PM | Ganesha: Blue <i>Sunrise:</i> 5:11AM Muruqa: Yellow <i>Sunset:</i> 7:12PM Nataraja: Clear Moon – Blue Ashada*Adi |
|  | Saturday, July 30, 2011 | | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau | | Tehran, Iran |
| | Retreat Star Kataka Rasi: 3.46 Tilthi 30 Creative Work Siddha Yoga | 443876152 | Gulika 5:12AM – 6:56AM Yama 1:56PM – 3:41PM Rahu 8:41AM – 10:26AM | Pushya Until 4:06AM Sun Vajra* Until 11:48AM Catuspada Until 11:14AM Amavasya* Until 10:18PM | Ganesha: Blue <i>Sunrise:</i> 5:12AM Muruqa: Yellow <i>Sunset:</i> 7:11PM Nataraja: Clear Moon – Blue Ashada*Adi |
|  | Sunday, July 31, 2011 | | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathama* Yam Titau | | Tehran, Iran |
| | Retreat Star Kataka Rasi: 17.52 Tilthi 1 Creative Work Siddha Yoga | 443876152 | Gulika 3:41PM – 5:25PM Yama 12:11PM – 1:56PM Rahu 5:25PM – 7:10PM | Aslesha* Until 2:48AM Mon Siddhi Until 9:03AM Kintughna Until 9:08AM Prathama* Until 8:12PM | Ganesha: Blue <i>Sunrise:</i> 5:12AM Muruqa: Yellow <i>Sunset:</i> 7:10PM Nataraja: Clear Moon – Blue Sravana*Adi |


As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda, Kathau 5.11. bo UpH, 357


| | | | | | | | |
|----------|---|---|---|--|--|--|--|
| 1 | Monday, August 1, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Variyan Yoga Balava/Taitila Karana Dvitiya/Tritiya Yam Titau | | | | | Tehran, Iran |
| | Simha Rasi: 2.14 Tithi 2 – 3 Family Home Evening 453876152 Creative Work Siddha Yoga | Gulika 1:56PM – 3:40PM Yama 10:27AM – 12:11PM Rahu 6:58AM – 8:42AM | Magha* Until 11:46PM Variyan Until 3:12AM Tue Balava Until 6:29AM Dvitiya Until 4:46PM | Ganesha: Blue <i>Sunrise:</i> 5:13AM Muruqa: Yellow <i>Sunset:</i> 7:09PM Nataraja: Clear Moon – Red Sravana-Adi | | | Sun 16 Sutra 110 Khara 5113 Moon 7 - Phase 15 3rd Phase |
| | | | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | | |

| | | | | | | | |
|----------|---|---|---|--|--|--|--|
| 2 | Tuesday, August 2, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau | | | | | Tehran, Iran |
| | Simha Rasi: 16.46 Tithi 3 – 4 Creative Work Siddha Yoga Until 9:50PM then Amrita Yoga | Gulika 12:11PM – 1:55PM Yama 8:42AM – 10:27AM Rahu 3:40PM – 5:24PM | Purvaphalguni* Until 9:50PM Parigha* Until 10:38PM Vanija Until 12:21AM Wed Tritiya Until 2:03PM | Ganesha: Blue <i>Sunrise:</i> 5:14AM Muruqa: Yellow <i>Sunset:</i> 7:08PM Nataraja: Clear Moon – Red Sravana-Adi | | | Sun 17 Sutra 111 Khara 5113 Moon 7 - Phase 15 3rd Phase |
| | | | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | | |

| | | | | | | | |
|----------|--|---|--|--|---------------------|--|--|
| 3 | Wednesday, August 3, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau | | | | | Tehran, Iran |
| | Kanya Rasi: 1.22 Tithi 4 – 5 Creative Work Amrita Yoga Until 7:48PM then Siddha Yoga Until 10:38PM then no yoga | Gulika 10:27AM – 12:11PM Yama 6:59AM – 8:43AM Rahu 12:11PM – 1:55PM | Uttaraphalguni Until 7:48PM Shiva Until 7:18PM Bava Until 9:32PM Chaturthi* Until 11:15AM | Ganesha: Blue <i>Sunrise:</i> 5:15AM Muruqa: Yellow <i>Sunset:</i> 7:07PM Nataraja: Clear Moon – Red Sravana-Adi | Nag Panchami | | Sun 18 Sutra 112 Khara 5113 Moon 7 - Phase 15 3rd Phase |
| | | | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | | |

| | | | | | | | |
|----------|--|--|--|--|--|--|--------------|
| 4 | Thursday, August 4, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau | | | | | Tehran, Iran |
| | Kanya Rasi: 15.55 Tithi 5 – 6 No Yoga Until 6:42PM then Siddha Yoga | Gulika 8:43AM – 10:27AM Yama 5:15AM – 6:59AM Rahu 1:55PM – 3:39PM | Hasta Until 6:42PM Siddha Until 4:42PM Kaulava Until 7:47PM Panchami Until 8:42AM | Ganesha: Yellow <i>Sunrise:</i> 5:15AM Muruqa: Yellow <i>Sunset:</i> 7:06PM Nataraja: Clear Moon – Green Sravana-Adi | | Sun 19 Sutra 113 Khara 5113 Moon 7 - Phase 15 3rd Phase | |
| | | | | Devaloka Day | | | |

| | | | | | | | |
|---|--|--|---|--|--|--|--|
|  | Friday, August 5, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptami Yam Titau | | | | | Tehran, Iran |
| | Retreat Star Tula Rasi: 0.2 Tithi 7 Creative Work Siddha Yoga | Gulika 7:00AM – 8:43AM Yama 3:38PM – 5:22PM Rahu 10:27AM – 12:11PM | Chitra Until 4:51PM Sadhya Until 1:26PM Vanija Until 4:10AM Sat Saptami Until 6:00AM | Ganesha: Yellow <i>Sunrise:</i> 5:16AM Muruqa: Yellow <i>Sunset:</i> 7:05PM Nataraja: Clear Moon – Green Sravana-Adi | | | Sun 20 Sutra 114 Khara 5113 Moon 7 - Phase 15 Ashtami |
| | | | | Devaloka Day | | | |

| | | | | | | | |
|---|--|--|--|--|--|--|---|
|  | Saturday, August 6, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantla Vasara Yuktayam Svati/Visakha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtami* Yam Titau | | | | | Tehran, Iran |
| | Retreat Star Tula Rasi: 14.34 Tithi 8 Creative Work Siddha Yoga Until 10:37PM then Marana Yoga | Gulika 5:17AM – 7:00AM Yama 1:54PM – 3:38PM Rahu 8:44AM – 10:27AM | Svati Until 3:19PM Subha Until 10:29AM Visti Until 2:45PM Ashtami* Until 1:49AM Sun | Ganesha: Yellow <i>Sunrise:</i> 5:17AM Muruqa: Yellow <i>Sunset:</i> 7:04PM Nataraja: Clear Moon – Green Sravana-Adi | | | Sun 21 Sutra 115 Khara 5113 Moon 7 - Phase 15 Navami |
| | | | | Devaloka Day | | | |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Kṛishṇa Yajur Veda, Svetu 3.2. VE, 621

| | | | | | | | |
|---|-------------------------------|---|---|---|---|---|--|
| 1 | Sunday, August 7, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Visakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau | | | | | Tehran, Iran |
| | Tula Rasi: 28.34 Tithi 9 | Gulika 3:37PM – 5:20PM Yama 12:11PM – 1:54PM Rahu 5:20PM – 7:03PM | Visakha Until 2:10PM Sukla Until 7:53AM Balava Until 12:49PM Navami* Until 11:54PM | Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Orange Sravana-Adi | <i>Sunrise:</i> 5:18AM <i>Sunset:</i> 7:03PM | Sun 22 | Sutra 116 Khara 5113 Moon 7 - Phase 16 4th Phase |
| Routine Work Marana Yoga Until 10.37PM then Siddha Yoga | | | | | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |

| | | | | | | | |
|--|------------------------------------|--|--|---|---|---|--|
| 2 | Monday, August 8, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Tailila/Gara Karana Dasami Yam Titau | | | | | Tehran, Iran |
| | Vrischika Rasi: 12.2 Tithi 10 | Gulika 1:53PM – 3:36PM Yama 10:27AM – 12:10PM Rahu 7:01AM – 8:44AM | Anuradha Until 1:25PM Indra Until 2:59AM Tue Tailila Until 11:19AM Dasami Until 10:24PM | Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Orange Sravana-Adi | <i>Sunrise:</i> 5:18AM <i>Sunset:</i> 7:02PM | Sun 23 | Sutra 117 Khara 5113 Moon 7 - Phase 16 4th Phase |
| Family Home Evening Siddha Yoga Creative Work Siddha Yoga | | | | | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |

| | | | | | | | |
|---|-------------------------------------|---|--|---|---|---|--|
| 3 | Tuesday, August 9, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau | | | | | Tehran, Iran |
| | Vrischika Rasi: 25.53 Tithi 11 | Gulika 12:10PM – 1:53PM Yama 8:45AM – 10:27AM Rahu 3:36PM – 5:19PM | Jyeshtha* Until 1:36PM Vaidhriti* Until 2:28AM Wed Vanija Until 10:35AM Ekadasi Until 10:35PM | Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Orange Sravana-Adi | <i>Sunrise:</i> 5:19AM <i>Sunset:</i> 7:01PM | Sun 24 | Sutra 118 Khara 5113 Moon 7 - Phase 16 4th Phase |
| Creative Work Siddha Yoga Until 1:36PM then Amrita Yoga Until 10.37PM then Marana Yoga | | | | | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |

| | | | | | | | |
|--|-----------------------------------|---|--|---|---|---------------------|--|
| 4 | Wednesday, August 10, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau | | | | | Tehran, Iran |
| | Dhanus Rasi: 9.13 Tithi 12 | Gulika 10:28AM – 12:10PM Yama 7:03AM – 8:45AM Rahu 12:10PM – 1:53PM | Mula* Until 1:36PM Vishkambha* Until 12:49AM Thu Bava Until 9:50AM Dvadasi Until 9:50PM | Ganesha: Clear Muruqa: Yellow Nataraja: Clear Moon – Light Blue Sravana-Adi | <i>Sunrise:</i> 5:20AM <i>Sunset:</i> 7:00PM | Sun 25 | Sutra 119 Khara 5113 Moon 7 - Phase 16 4th Phase |
| Routine Work Marana Yoga Until 1:36PM then Amrita Yoga Until 10.37PM then Siddha Yoga | | | | | | Devaloka Day | |

| | | | | | | | |
|------------------------------|----------------------------------|---|---|---|---|---------------------|--|
| 5 | Thursday, August 11, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Tailila Karana Trayodasi Yam Titau | | | | | Tehran, Iran |
| | Dhanus Rasi: 22.21 Tithi 13 | Gulika 8:45AM – 10:28AM Yama 5:21AM – 7:03AM Rahu 1:52PM – 3:35PM | Purvashadha* Until 1:58PM Priti Until 11:31PM Kaulava Until 9:29AM Trayodasi Until 9:29PM <i>Pradosha Vrata</i> | Ganesha: Clear Muruqa: Yellow Nataraja: Clear Moon – Light Blue Sravana-Adi | <i>Sunrise:</i> 5:21AM <i>Sunset:</i> 6:59PM | Sun 26 | Sutra 120 Khara 5113 Moon 7 - Phase 16 4th Phase |
| Creative Work Siddha Yoga | | | | | | Devaloka Day | |

| | | | | | | | |
|------------------------------|---------------------------------|--|--|---|---|---------------------|--|
| 6 | Friday, August 12, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Sravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau | | | | | Tehran, Iran |
| | Makara Rasi: 5.17 Tithi 14 | Gulika 7:04AM – 8:46AM Yama 3:34PM – 5:16PM Rahu 10:28AM – 12:10PM | Uttarashadha Until 2:42PM Ayushman Until 10:33PM Gara Until 9:32AM Chaturdasi* Until 9:32PM | Ganesha: Clear Muruqa: Yellow Nataraja: Clear Moon – Light Blue Sravana-Adi | <i>Sunrise:</i> 5:22AM <i>Sunset:</i> 6:58PM | Sun 27 | Sutra 121 Khara 5113 Moon 7 - Phase 16 4th Phase |
| Creative Work Siddha Yoga | | | | | | Devaloka Day | |

| | | | | | | | |
|------------------------------|----------------------------------|--|--|---|--|---|--------------|
| ○ | Saturday, August 13, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manla Vasara Yuktayam Sravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau | | | | | Tehran, Iran |
| | Copper Retreat Star | Makara Rasi: 18.02 Tithi 15 | Gulika 5:22AM – 7:04AM Yama 1:51PM – 3:33PM Rahu 8:46AM – 10:28AM | Sravana Until 3:47PM Saubhagya Until 9:55PM Visti Until 9:58AM Purnima* Until 9:58PM | Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – Purple Sravana-Adi | <i>Sunrise:</i> 5:22AM <i>Sunset:</i> 6:57PM | Sun 28 |
| Creative Work Siddha Yoga | | Raksha Bandhan | | | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |

| | | | | | | | |
|------------------------------|--------------------------------|---|--|---|--|---|--------------|
| ○ | Sunday, August 14, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau | | | | | Tehran, Iran |
| | Silver Retreat Star | Kumbha Rasi: 0.35 Tithi 16 | Gulika 3:33PM – 5:14PM Yama 12:09PM – 1:51PM Rahu 5:14PM – 6:56PM | Dhanishtha Until 6:09PM Sobhana Until 10:49PM Balava Until 11:12AM Prathama* Until 12:18AM Mon | Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – Purple Sravana-Adi | <i>Sunrise:</i> 5:23AM <i>Sunset:</i> 6:56PM | Sun 29 |
| Creative Work Siddha Yoga | | | | | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. %oig Veda Sarhita 9.113.9. VE, 634



Monday, August 15, 2011
Gold Retreat Star

Kumbha Rasi: 12.58 Tithi 17
Family Home Evening 494976152
Creative Work Siddha Yoga
Until 8:05PM then no yoga
Until 10.36PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Satabhisha Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiya Yam Titau

Gulika 1:51PM – 3:32PM **Satabhisha Until 8:05PM**
Yama 10:28AM – 12:09PM **Athiganda* Until 10:49PM**
Rahu 7:05AM – 8:47AM **Taitila Until 12:30PM**
Dvitiya Until 1:35AM Tue

Ganesha: Purple *Sunrise:* 5:24AM
Muruqa: Yellow *Sunset:* 6:55PM
Nataraja: Clear
Moon – Purple
Sravana-Adi

Tehran, Iran
Sun 1 **Sutra 124**
Khara 5113
Moon 8 - Phase 17
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Tuesday, August 16, 2011

Kumbha Rasi: 25.1 Tithi 18
414976152
Routine Work Marana Yoga
Until 10:21PM then Amrita Yoga
Until 10.36PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprostapada* Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiya Yam Titau

Gulika 12:09PM – 1:50PM **Purvaprostapada* Until 10:21PM**
Yama 8:47AM – 10:28AM **Sukarma Until 11:08PM**
Rahu 3:31PM – 5:12PM **Vanija Until 2:09PM**
Tritiya Until 3:15AM Wed

Ganesha: White *Sunrise:* 5:25AM
Muruqa: Yellow *Sunset:* 6:53PM
Nataraja: Clear
Moon – Clear
Sravana-Adi

Tehran, Iran
Sun 2 **Sutra 125**
Khara 5113
Moon 8 - Phase 17
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2

Wednesday, August 17, 2011

Meena Rasi: 7.13 Tithi 19
415976152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprostapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthi* Yam Titau

Gulika 10:28AM – 12:09PM **Uttaraprostapada Until 12:55AM Thu**
Yama 7:06AM – 8:47AM **Dhriti Until 11:43PM**
Rahu 12:09PM – 1:50PM **Bava Until 4:08PM**
Chaturthi* Until 5:14AM Thu

Ganesha: Clear *Sunrise:* 5:25AM
Muruqa: Yellow *Sunset:* 6:52PM
Nataraja: Clear
Moon – Clear
Sravana-Avani

Tehran, Iran
Sun 3 **Sutra 126**
Khara 5113
Moon 8 - Phase 17
1st Phase

Devaloka Day

3

Thursday, August 18, 2011

Meena Rasi: 19.09 Tithi 20
515976152
Creative Work Siddha Yoga
Until 3:42AM Fri then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Shula* Yoga Kaulava Karana Panchami Yam Titau

Gulika 8:47AM – 10:28AM **Revati Until 3:42AM Fri**
Yama 5:26AM – 7:07AM **Shula* Until 12:32AM Fri**
Rahu 1:49PM – 3:30PM **Kaulava Until 6:22PM**
Panchami Until 7:40AM Fri

Ganesha: Purple *Sunrise:* 5:26AM
Muruqa: Yellow *Sunset:* 6:51PM
Nataraja: Clear
Moon – Clear
Sravana-Avani

Tehran, Iran
Sun 4 **Sutra 127**
Khara 5113
Moon 8 - Phase 17
1st Phase

Sivaloka Day

4

Friday, August 19, 2011

Mesha Rasi: 1.01 Tithi 20 – 21
525976152
Creative Work Amrita Yoga
Until 10.35PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Asvini Nakshatra Ganda* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 7:07AM – 8:48AM **Asvini Until 6:56AM Sat**
Yama 3:29PM – 5:10PM **Ganda* Until 1:28AM Sat**
Rahu 10:28AM – 12:08PM **Gara Until 8:46PM**
Panchami Until 7:40AM

Ganesha: Clear *Sunrise:* 5:27AM
Muruqa: Yellow *Sunset:* 6:50PM
Nataraja: Clear
Moon – White
Sravana-Avani

Tehran, Iran
Sun 5 **Sutra 128**
Khara 5113
Moon 8 - Phase 17
1st Phase

Devaloka Day

5

Saturday, August 20, 2011

Mesha Rasi: 12.52 Tithi 21 – 22
525976152
Creative Work Siddha Yoga
Until 10.35PM then no yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam
Asvini/Bharani Nakshatra Vriddhi Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Gulika 5:28AM – 7:08AM **Asvini Until 6:56AM**
Yama 1:48PM – 3:28PM **Vriddhi Until 2:25AM Sun**
Rahu 8:48AM – 10:28AM **Visti Until 11:11PM**
Shasthi* Until 10:06AM

Ganesha: Clear *Sunrise:* 5:28AM
Muruqa: Yellow *Sunset:* 6:49PM
Nataraja: Clear
Moon – White
Sravana-Avani

Tehran, Iran
Sun 6 **Sutra 129**
Khara 5113
Moon 8 - Phase 17
1st Phase

Devaloka Day



Sunday, August 21, 2011
Retreat Star

Mesha Rasi: 24.46 Tithi 22 – 23
525976152
No Yoga
Until 9:47AM then Siddha Yoga
Until 10.35PM then no yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 3:28PM – 5:08PM **Bharani Until 9:47AM**
Yama 12:08PM – 1:48PM **Dhruva Until 3:16AM Mon**
Rahu 5:08PM – 6:47PM **Balava Until 1:29AM Mon**
Krishna Janmashtami **Saptami Until 12:24PM**

Ganesha: Clear *Sunrise:* 5:28AM
Muruqa: Yellow *Sunset:* 6:47PM
Nataraja: Clear
Moon – White
Sravana-Avani

Tehran, Iran
Sun 7 **Sutra 130**
Khara 5113
Moon 8 - Phase 17
Ashtami

Devaloka Day

Monday, August 22, 2011
Retreat Star

Vrishabha Rasi: 6.49 Tithi 23 – 24
Family Home Evening 525976152
No Yoga
Until 12:22PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Gulika 1:47PM – 3:27PM **Krittika Until 12:22PM**
Yama 10:28AM – 12:08PM **Vyaghata* Until 3:52AM Tue**
Rahu 7:09AM – 8:48AM **Taitila Until 3:29AM Tue**
Ashtami* Until 2:24PM

Ganesha: Clear *Sunrise:* 5:29AM
Muruqa: Yellow *Sunset:* 6:46PM
Nataraja: Clear
Moon – White
Sravana-Avani

Tehran, Iran
Sun 8 **Sutra 131**
Khara 5113
Moon 8 - Phase 17
Navami

Devaloka Day


| | | | | | | |
|----------|--|---|---|--|--|--------------|
| 1 | Tuesday, August 23, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Grigasira Nakshatra Harshana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau | | | | Tehran, Iran |
| | 535976152 | Gulika 12:07PM – 1:47PM Yama 8:49AM – 10:28AM Rahu 3:26PM – 5:06PM | Rohini Until 1:50PM Harshana Until 2:28AM Wed Vanija Until 3:04AM Wed Navami* Until 3:04PM | Ganesha: White <i>Sunrise:</i> 5:30AM Muruqa: Yellow <i>Sunset:</i> 6:45PM Nataraja: Clear Moon – Yellow Sravana*Avani | Sun 9 Sutra 132 Khara 5113 Moon 8 - Phase 18 2nd Phase Sivaloka Day | |
| | Wrishabha Rasi: 19.05 Tithi 24 – 25 | | | | | |
| | Creative Work Amrita Yoga Until 1:50PM then Siddha Yoga | | | | | |

| | | | | | | |
|----------|---|---|---|--|---|--------------|
| 2 | Wednesday, August 24, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira/Ardra Nakshatra Vajra* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau | | | | Tehran, Iran |
| | 535976152 | Gulika 10:28AM – 12:07PM Yama 7:10AM – 8:49AM Rahu 12:07PM – 1:46PM | Mrigasira Until 3:11PM Vajra* Until 2:05AM Thu Bava Until 3:48AM Thu Dasami Until 3:48PM | Ganesha: White <i>Sunrise:</i> 5:31AM Muruqa: Yellow <i>Sunset:</i> 6:44PM Nataraja: Clear Moon – Yellow Sravana*Avani | Sun 10 Sutra 133 Khara 5113 Moon 8 - Phase 18 2nd Phase Sivaloka Day | |
| | Mithuna Rasi: 1.41 Tithi 25 – 26 | | | | | |
| | Creative Work Siddha Yoga Until 10:34PM then Marana Yoga | | | | | |

| | | | | | | |
|----------|---|---|--|--|---|--------------|
| 3 | Thursday, August 25, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau | | | | Tehran, Iran |
| | 535976152 | Gulika 8:49AM – 10:28AM Yama 5:31AM – 7:10AM Rahu 1:46PM – 3:25PM | Ardra Until 3:49PM Siddhi Until 1:01AM Fri Kaulava Until 3:45AM Fri Ekadasi* Until 3:45PM | Ganesha: White <i>Sunrise:</i> 5:31AM Muruqa: Yellow <i>Sunset:</i> 6:42PM Nataraja: Clear Moon – Yellow Sravana*Avani | Sun 11 Sutra 134 Khara 5113 Moon 8 - Phase 18 2nd Phase Sivaloka Day | |
| | Mithuna Rasi: 14.41 Tithi 26 – 27 | | | | | |
| | Routine Work Marana Yoga Until 3:49PM then Amrita Yoga Until 10:34PM then Siddha Yoga | | | | | |

| | | | | | | |
|----------|--|---|---|---|---|--------------|
| 4 | Friday, August 26, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau | | | | Tehran, Iran |
| | 546976152 | Gulika 7:11AM – 8:49AM Yama 3:24PM – 5:02PM Rahu 10:28AM – 12:07PM | Punarvasu Until 2:55PM Vyatipata* Until 10:01PM Gara Until 1:11AM Sat Dvadasi* Until 2:07PM <i>Pradosha Vrata (Fasting)</i> | Ganesha: Yellow <i>Sunrise:</i> 5:32AM Muruqa: Yellow <i>Sunset:</i> 6:41PM Nataraja: Clear Moon – Blue Sravana*Avani | Sun 12 Sutra 135 Khara 5113 Moon 8 - Phase 18 2nd Phase Devaloka Day | |
| | Mithuna Rasi: 28.08 Tithi 27 – 28 | | | | | |
| | Creative Work Siddha Yoga Until 2:55PM then Marana Yoga Until 10:33PM then Siddha Yoga | | | | | |

| | | | | | | |
|----------|--|--|--|--|---|--------------|
| 5 | Saturday, August 27, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam Pushya/Aslesha* Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau | | | | Tehran, Iran |
| | 546976152 | Gulika 5:33AM – 7:11AM Yama 1:45PM – 3:23PM Rahu 8:50AM – 10:28AM | Pushya Until 1:56PM Variyan Until 7:33PM Visti Until 11:26PM Trayodasi* Until 12:22PM | Ganesha: White <i>Sunrise:</i> 5:33AM Muruqa: Yellow <i>Sunset:</i> 6:40PM Nataraja: Clear Moon – Blue Sravana*Avani | Sun 13 Sutra 136 Khara 5113 Moon 8 - Phase 18 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM | |
| | Kataka Rasi: 12.02 Tithi 28 – 29 | | | | | |
| | Creative Work Siddha Yoga Until 1:56PM then Marana Yoga Until 10:33PM then Siddha Yoga | | | | | |

| | | | | | | |
|---|---|--|---|--|--|--------------|
|  | Sunday, August 28, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Aslesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau | | | | Tehran, Iran |
| | 546976153 | Gulika 3:22PM – 5:00PM Yama 12:06PM – 1:44PM Rahu 5:00PM – 6:38PM | Aslesha* Until 11:47AM Parigha* Until 3:45PM Catuspada Until 7:50PM Chaturdasi* Until 9:33AM | Ganesha: White <i>Sunrise:</i> 5:34AM Muruqa: Yellow <i>Sunset:</i> 6:38PM Nataraja: White Moon – Blue Sravana*Avani | Sun 14 Sutra 137 Khara 5113 Moon 8 - Phase 18 Amavasya Devaloka Day | |
| | Kataka Rasi: 26.23 Tithi 29 – 30 | | | | | |
| | Creative Work Siddha Yoga Until 11:47AM then Marana Yoga Until 10:33PM then Siddha Yoga | | | | | |

| | | | | | | |
|---------------------|---|---|---|--|--|--------------|
| Retreat Star | Monday, August 29, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Shiva/Siddha Yoga Naga*/Bava Karana Amavasya*/Prathama* Yam Titau | | | | Tehran, Iran |
| | 556976153 | Gulika 1:44PM – 3:21PM Yama 10:28AM – 12:06PM Rahu 7:12AM – 8:50AM | Magha* Until 9:37AM Shiva Until 12:16PM Bava Until 3:10AM Tue Amavasya* Until 6:36AM | Ganesha: Green <i>Sunrise:</i> 5:35AM Muruqa: Yellow <i>Sunset:</i> 6:37PM Nataraja: White Moon – Red Bhadrapada*Avani | Sun 15 Sutra 138 Khara 5113 Moon 8 - Phase 18 Prathama Devaloka Day | |
| | Simha Rasi: 11.04 Tithi 30 – 1 | | | | | |
| | Family Home Evening Creative Work Siddha Yoga | | | | | |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda, Svetu 6.2. UpR, 743


| | | | | | |
|----------|--|-----------|---|--|---|
| 1 | Tuesday, August 30, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dviliya Yam Titau | | Tehran, Iran |
| | Simha Rasi: 25.59 | Tithi 2 | | | Sun 16 Sutra 139 Khara 5113 |
| | | 566176153 | Gulika 12:05PM – 1:43PM Yama 8:50AM – 10:28AM Rahu 3:21PM – 4:58PM | Purvaphalguni* Until 7:05AM Siddha Until 8:26AM Balava Until 1:32PM Dvitiya Until 11:49PM | Ganesha: Blue <i>Sunrise: 5:35AM</i> Muruqa: Yellow <i>Sunset: 6:36PM</i> Nataraja: White Moon – Red Bhadrapada*Avani |
| | Creative Work Siddha Yoga Until 7:05AM then Amrita Yoga | | | | Devaloka Day |

| | | | | | |
|----------|--|-----------|---|--|---|
| 2 | Wednesday, August 31, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiya Yam Titau | | Tehran, Iran |
| | Kanya Rasi: 10.59 | Tithi 3 | | | Sun 17 Sutra 140 Khara 5113 |
| | | 566176153 | Gulika 10:28AM – 12:05PM Yama 7:13AM – 8:51AM Rahu 12:05PM – 1:42PM | Hasta Until 1:46AM Thu Subha Until 12:30AM Thu Taitila Until 10:03AM Tritiya Until 8:21PM | Ganesha: Blue <i>Sunrise: 5:36AM</i> Muruqa: Yellow <i>Sunset: 6:34PM</i> Nataraja: White Moon – Green Bhadrapada*Avani |
| | Creative Work Siddha Yoga Until 10.32PM then no yoga Until 1:46AM Thu then Siddha Yoga | | | | Devaloka Day |

| | | | | | |
|----------|------------------------------------|-------------|--|--|---|
| 3 | Thursday, September 1, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Bava Karana Chaturthi*/Panchami Yam Titau | | Tehran, Iran |
| | Kanya Rasi: 25.55 | Tithi 4 – 5 | | | Sun 18 Sutra 141 Khara 5113 |
| | | 566176153 | Gulika 8:51AM – 10:28AM Yama 5:37AM – 7:14AM Rahu 1:42PM – 3:19PM | Chitra Until 11:13PM Sukla Until 8:40PM Vanija Until 6:42AM Chaturthi* Until 4:59PM | Ganesha: Blue <i>Sunrise: 5:37AM</i> Muruqa: Yellow <i>Sunset: 6:33PM</i> Nataraja: White Moon – Green Bhadrapada*Avani |
| | Creative Work Siddha Yoga | | Ganesha Chaturthi | | Devaloka Day |

| | | | | | |
|----------|---|-------------|--|---|---|
| 4 | Friday, September 2, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau | | Tehran, Iran |
| | Tula Rasi: 10.38 | Tithi 5 – 6 | | | Sun 19 Sutra 142 Khara 5113 |
| | | 566176153 | Gulika 7:14AM – 8:51AM Yama 3:18PM – 4:55PM Rahu 10:28AM – 12:04PM | Svati Until 10:03PM Brahma Until 5:52PM Kaulava Until 1:40AM Sat Panchami Until 2:35PM | Ganesha: Blue <i>Sunrise: 5:38AM</i> Muruqa: Yellow <i>Sunset: 6:31PM</i> Nataraja: White Moon – Green Bhadrapada*Avani |
| | Creative Work Siddha Yoga Until 10:03PM then Marana Yoga Until 10.31PM then Siddha Yoga | | | | Devaloka Day |

| | | | | | |
|----------|---|-------------|---|--|--|
| 5 | Saturday, September 3, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Visakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau | | Tehran, Iran |
| | Tula Rasi: 25.04 | Tithi 6 – 7 | | | Sun 20 Sutra 143 Khara 5113 |
| | | 577176153 | Gulika 5:38AM – 7:15AM Yama 1:41PM – 3:17PM Rahu 8:51AM – 10:28AM | Visakha Until 8:11PM Indra Until 2:34PM Gara Until 10:58PM Shasthi* Until 11:53AM | Ganesha: Blue <i>Sunrise: 5:38AM</i> Muruqa: Yellow <i>Sunset: 6:30PM</i> Nataraja: White Moon – Orange Bhadrapada*Avani |
| | Creative Work Siddha Yoga Until 10.31PM then Marana Yoga | | | | Subha Sivaloka Day |

| | | | | | |
|---|--|-------------|---|---|--|
|  | Sunday, September 4, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau | | Tehran, Iran |
| | Retreat Star | | | | Sun 21 Sutra 144 Khara 5113 |
| | Vrischika Rasi: 9.08 | Tithi 7 – 8 | | | Moon 8 - Phase 19 Ashtami |
| | | 577176153 | Gulika 3:16PM – 4:52PM Yama 12:04PM – 1:40PM Rahu 4:52PM – 6:29PM | Anuradha Until 6:54PM Vaidhriti* Until 11:49AM Visti Until 8:55PM Saptami Until 9:50AM | Ganesha: Blue <i>Sunrise: 5:39AM</i> Muruqa: Yellow <i>Sunset: 6:29PM</i> Nataraja: White Moon – Orange Bhadrapada*Avani |
| | Routine Work Marana Yoga Until 10.31PM then Siddha Yoga | | | | Subha Sivaloka Day |

| | | | | | |
|----------------------------------|---|-------------|--|--|--|
| Monday, September 5, 2011 | Retreat Star | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau | | Tehran, Iran |
| | | | | | Sun 22 Sutra 145 Khara 5113 |
| | Vrischika Rasi: 22.52 | Tithi 8 – 9 | | | Moon 8 - Phase 19 Navami |
| | Family Home Evening | | | | |
| | | 577176153 | Gulika 1:39PM – 3:15PM Yama 10:28AM – 12:04PM Rahu 7:16AM – 8:52AM | Jyeshtha* Until 7:11PM Vishkambha* Until 9:54AM Balava Until 8:39PM Ashtami* Until 8:39AM | Ganesha: Blue <i>Sunrise: 5:40AM</i> Muruqa: Yellow <i>Sunset: 6:27PM</i> Nataraja: White Moon – Orange Bhadrapada*Avani |
| | Creative Work Siddha Yoga Until 10.30PM then Amrita Yoga | | | | Subha Sivaloka Day |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Mundu 1.1.7. bo UpR, 673

| | | | | | | |
|----------|---|--|--|--|---------------------|--|
| 1 | Tuesday, September 6, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau | | | | Tehran, Iran |
| | Dhanus Rasi: 6.14 Tithi 9 – 10 587176153 | Gulika 12:03PM – 1:39PM Yama 8:52AM – 10:28AM Rahu 3:15PM – 4:50PM | Mula* Until 7:05PM Priti Until 8:10AM Taitila Until 7:50PM Navami* Until 7:50AM | Ganesha: Yellow <i>Sunrise:</i> 5:41AM Muruqa: Yellow <i>Sunset:</i> 6:26PM Nataraja: White Moon – Light Blue Bhadrapada*Avani | Sun 23 | Sutra 146 Khara 5113 Moon 8 - Phase 20 4th Phase |
| | Creative Work Amrita Yoga Until 7:05PM then Siddha Yoga Until 10.30PM then Amrita Yoga | | | | Sivaloka Day | |

| | | | | | | |
|----------|--|---|--|--|---------------------|--|
| 2 | Wednesday, September 7, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau | | | | Tehran, Iran |
| | Dhanus Rasi: 19.2 Tithi 10 – 11 587176153 | Gulika 10:27AM – 12:03PM Yama 7:17AM – 8:52AM Rahu 12:03PM – 1:38PM | Purvashadha* Until 7:33PM Ayushman Until 6:56AM Vanija Until 7:36PM Dasami Until 7:36AM | Ganesha: Yellow <i>Sunrise:</i> 5:41AM Muruqa: Yellow <i>Sunset:</i> 6:24PM Nataraja: White Moon – Light Blue Bhadrapada*Avani | Sun 24 | Sutra 147 Khara 5113 Moon 8 - Phase 20 4th Phase |
| | Creative Work Amrita Yoga Until 10.30PM then Siddha Yoga | | | | Sivaloka Day | |

| | | | | | | |
|----------|--|--|--|--|---------------------|--|
| 3 | Thursday, September 8, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau | | | | Tehran, Iran |
| | Makara Rasi: 2.1 Tithi 11 – 12 587176153 | Gulika 8:52AM – 10:27AM Yama 5:42AM – 7:17AM Rahu 1:38PM – 3:13PM | Uttarashadha Until 8:28PM Saubhagya Until 6:07AM Bava Until 7:53PM Ekadasi Until 7:53AM | Ganesha: Yellow <i>Sunrise:</i> 5:42AM Muruqa: Yellow <i>Sunset:</i> 6:23PM Nataraja: White Moon – Light Blue Bhadrapada*Avani | Sun 25 | Sutra 148 Khara 5113 Moon 8 - Phase 20 4th Phase |
| | Creative Work Siddha Yoga | | | | Sivaloka Day | |

| | | | | | | |
|----------|--|--|--|---|---------------------------|--|
| 4 | Friday, September 9, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Sravana Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau | | | | Tehran, Iran |
| | Makara Rasi: 14.47 Tithi 12 – 13 597176153 | Gulika 7:18AM – 8:52AM Yama 3:12PM – 4:47PM Rahu 10:27AM – 12:02PM | Sravana Until 11:05PM Athiganda* Until 6:15AM Sat Kaulava Until 9:53PM Dvadasi Until 8:47AM | Ganesha: White <i>Sunrise:</i> 5:43AM Muruqa: Yellow <i>Sunset:</i> 6:22PM Nataraja: White Moon – Purple Bhadrapada*Avani | Sun 26 | Sutra 149 Khara 5113 Moon 8 - Phase 20 4th Phase |
| | Creative Work Siddha Yoga | | | | Subha Sivaloka Day | |
| | | | | | <i>Pradosha Vrata</i> | |

| | | | | | | |
|----------|--|--|--|--|---------------------|--|
| 5 | Saturday, September 10, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau | | | | Tehran, Iran |
| | Makara Rasi: 27.15 Tithi 13 – 14 598176153 | Gulika 5:43AM – 7:18AM Yama 1:36PM – 3:11PM Rahu 8:53AM – 10:27AM | Dhanishtha Until 12:50AM Sun Sukarma Until 6:04AM Sun Gara Until 11:00PM Trayodasi Until 9:54AM | Ganesha: Yellow <i>Sunrise:</i> 5:43AM Muruqa: Yellow <i>Sunset:</i> 6:20PM Nataraja: White Moon – Purple Bhadrapada*Avani | Sun 27 | Sutra 150 Khara 5113 Moon 8 - Phase 20 4th Phase |
| | Creative Work Siddha Yoga | Chidambaram Abhishekam | | | Sivaloka Day | |

| | | | | | | |
|----------|---|---|--|--|---------------------|--|
| ○ | Sunday, September 11, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau | | | | Tehran, Iran |
| | Copper Retreat Star Kumbha Rasi: 9.34 Tithi 14 – 15 598176153 | Gulika 3:10PM – 4:44PM Yama 12:01PM – 1:36PM Rahu 4:44PM – 6:19PM | Satabhisha Until 2:52AM Mon Dhriti Until 6:10AM Mon Visti Until 12:26AM Mon Chaturdasi* Until 11:21AM | Ganesha: Yellow <i>Sunrise:</i> 5:44AM Muruqa: Yellow <i>Sunset:</i> 6:19PM Nataraja: White Moon – Purple Bhadrapada*Avani | | Sutra 151 Khara 5113 Moon 8 - Phase 20 Purnima |
| | Creative Work Siddha Yoga Until 2:52AM Mon then no yoga | Grandparent's Day | | | Sivaloka Day | |

| | | | | | | |
|----------|---|--|--|--|---------------------------|---|
| ○ | Monday, September 12, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprostapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau | | | | Tehran, Iran |
| | Silver Retreat Star Kumbha Rasi: 21.45 Tithi 15 – 16 Family Home Evening 518186153 No Yoga Until 10.28PM then Marana Yoga Until 5:10AM Tue then Amrita Yoga | Gulika 1:35PM – 3:09PM Yama 10:27AM – 12:01PM Rahu 7:19AM – 8:53AM | Purvaprostapada* Until 5:10AM Tue Shula* Until 6:25AM Tue Balava Until 2:10AM Tue Purnima* Until 1:04PM | Ganesha: Yellow <i>Sunrise:</i> 5:45AM Muruqa: White <i>Sunset:</i> 6:17PM Nataraja: White Moon – Clear Bhadrapada*Avani | | Sutra 152 Khara 5113 Moon 8 - Phase 20 Prathama |
| | | | | | Subha Sivaloka Day | |

Having realized the Self the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376



Tuesday, September 13, 2011
Gold Retreat Star

Meena Rasi: 3.49 Titih 16 – 17
518186153
Creative Work Amrita Yoga
Until 10.28PM then Siddha Yoga
Until 7:47AM Wed then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprostapada Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Prathama*/Dvitiya Yam Titau

Gulika 12:01PM – 1:35PM **Uttaraprostapada Until 7:47AM Wed**
Yama 8:53AM – 10:27AM **Shula* Until 6:25AM**
Rahu 3:08PM – 4:42PM **Tailila Until 4:09AM Wed**
Prathama* Until 3:03PM

Ganesha: Yellow *Sunrise: 5:46AM*
Muruqa: White *Sunset: 6:16PM*
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Bhadrapada*Avani

Tehran, Iran
Sutra 153
Khara 5113
Moon 9 - Phase 21
1st Phase

1

Wednesday, September 14, 2011

Meena Rasi: 15.46 Titih 17 – 18
518186153
Creative Work Siddha Yoga
Until 7:47AM then Marana Yoga
Until 10.27PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 10:27AM – 12:00PM **Uttaraprostapada Until 7:47AM**
Yama 7:20AM – 8:53AM **Ganda* Until 7:10AM**
Rahu 12:00PM – 1:34PM **Vanija Until 6:21AM Thu**
Dvitiya Until 5:16PM

Ganesha: Yellow *Sunrise: 5:46AM*
Muruqa: White *Sunset: 6:14PM*
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Bhadrapada*Avani

Tehran, Iran
Sun 1 Sutra 154
Khara 5113
Moon 9 - Phase 21
1st Phase

2

Thursday, September 15, 2011

Meena Rasi: 27.39 Titih 18
518186153
Creative Work Siddha Yoga
Until 10:42AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Asvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Tritiya Yam Titau

Gulika 8:54AM – 10:27AM **Revati Until 10:42AM**
Yama 5:47AM – 7:20AM **Vridhhi Until 8:03AM**
Rahu 1:33PM – 3:06PM **Vanija Until 6:33AM**
Tritiya Until 7:39PM

Ganesha: Yellow *Sunrise: 5:47AM*
Muruqa: White *Sunset: 6:13PM*
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Bhadrapada*Avani

Tehran, Iran
Sun 2 Sutra 155
Khara 5113
Moon 9 - Phase 21
1st Phase

3

Friday, September 16, 2011

Mesha Rasi: 9.29 Titih 19
529186153
Creative Work Amrita Yoga
Until 1:42PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Asvini/Bharani Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthi* Yam Titau

Gulika 7:21AM – 8:54AM **Asvini Until 1:42PM**
Yama 3:06PM – 4:38PM **Dhruva Until 9:01AM**
Rahu 10:27AM – 12:00PM **Bava Until 9:03AM**
Chaturthi* Until 10:08PM

Ganesha: Red *Sunrise: 5:48AM*
Muruqa: White *Sunset: 6:11PM*
Nataraja: White
Moon – White
Subha Sivaloka Day
Bhadrapada*Avani

Tehran, Iran
Sun 3 Sutra 156
Khara 5113
Moon 9 - Phase 21
1st Phase

4

Saturday, September 17, 2011

Mesha Rasi: 21.19 Titih 20
529186153
Creative Work Siddha Yoga
Until 4:43PM then Amrita Yoga
Until 10.26PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Panchami Yam Titau

Gulika 5:49AM – 7:21AM **Bharani Until 4:43PM**
Yama 1:32PM – 3:05PM **Vyaghata* Until 10:00AM**
Rahu 8:54AM – 10:27AM **Kaulava Until 11:33AM**
Panchami Until 12:39AM Sun

Ganesha: Red *Sunrise: 5:49AM*
Muruqa: White *Sunset: 6:10PM*
Nataraja: White
Moon – White
Subha Sivaloka Day
Bhadrapada*Puratasi

Tehran, Iran
Sun 4 Sutra 157
Khara 5113
Moon 9 - Phase 21
1st Phase

5

Sunday, September 18, 2011

Vrishabha Rasi: 3.11 Titih 21
529186153
Creative Work Siddha Yoga
Until 10.26PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shasthi* Yam Titau

Gulika 3:04PM – 4:36PM **Krittika Until 7:37PM**
Yama 11:59AM – 1:31PM **Harshana Until 10:52AM**
Rahu 4:36PM – 6:09PM **Gara Until 1:56PM**
Shasthi* Until 3:02AM Mon

Ganesha: Red *Sunrise: 5:49AM*
Muruqa: White *Sunset: 6:09PM*
Nataraja: White
Moon – White
Subha Sivaloka Day
Bhadrapada*Puratasi

Tehran, Iran
Sun 5 Sutra 158
Khara 5113
Moon 9 - Phase 21
1st Phase

6

Monday, September 19, 2011

Vrishabha Rasi: 15.13 Titih 22
Family Home Evening 539186153
Creative Work Amrita Yoga
Until 10.25PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptami Yam Titau

Gulika 1:31PM – 3:03PM **Rohini Until 10:15PM**
Yama 10:26AM – 11:59AM **Vajra* Until 11:31AM**
Rahu 7:22AM – 8:54AM **Visti Until 4:02PM**
Saptami Until 5:08AM Tue

Ganesha: Green *Sunrise: 5:50AM*
Muruqa: White *Sunset: 6:07PM*
Nataraja: White
Moon – Yellow
Subha Subha Sivaloka Day
Bhadrapada*Puratasi

Tehran, Iran
Sun 6 Sutra 159
Khara 5113
Moon 9 - Phase 21
1st Phase

Retreat Star

Tuesday, September 20, 2011

Vrishabha Rasi: 27.26 Titih 23
539186153
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigasira Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 11:58AM – 1:30PM **Mrigasira Until 11:02PM**
Yama 8:55AM – 10:26AM **Siddhi Until 11:20AM**
Rahu 3:02PM – 4:34PM **Balava Until 4:42PM**
Ashtami* Until 4:42AM Wed

Ganesha: Green *Sunrise: 5:51AM*
Muruqa: White *Sunset: 6:06PM*
Nataraja: White
Moon – Yellow
Subha Subha Sivaloka Day
Bhadrapada*Puratasi

Tehran, Iran
Sun 7 Sutra 160
Khara 5113
Moon 9 - Phase 21
Ashtami

Wednesday, September 21, 2011

Retreat Star

Mithuna Rasi: 9.59 Titih 24
539186153
Creative Work Siddha Yoga
Until 10.25PM then Marana Yoga
Until 12:30AM Thu then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Tailila/Gara Karana Navami* Yam Titau

Gulika 10:26AM – 11:58AM **Ardra Until 12:30AM Thu**
Yama 7:23AM – 8:55AM **Vyatipata* Until 11:01AM**
Rahu 11:58AM – 1:29PM **Tailila Until 5:34PM**
Navami* Until 5:34AM Thu

Ganesha: Green *Sunrise: 5:52AM*
Muruqa: White *Sunset: 6:04PM*
Nataraja: White
Moon – Yellow
Subha Subha Sivaloka Day
Bhadrapada*Puratasi

Tehran, Iran
Sun 8 Sutra 161
Khara 5113
Moon 9 - Phase 21
Navami

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda, Svetu 2.9. UpP, 192


| | | | | | | | | |
|--|-------------------------------------|-----------|--|-----------------------------------|---|--|--|--|
| 1 | Thursday, September 22, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Vanja/Visti* Karana Dasami Yam Titau | | | | Tehran, Iran Sutra 162 Khara 5113 | |
| | Mithuna Rasi: 22.55 | Tithi 25 | Gulika 8:55AM – 10:26AM | Punarvasu Until 1:14AM Fri | Ganesha: Orange <i>Sunrise: 5:52AM</i> | Muruqa: White <i>Sunset: 6:03PM</i> | Sun 9 | |
| | | 549186153 | Yama 5:52AM – 7:24AM | Variyan Until 10:02AM | Nataraja: White | Moon 9 - Phase 22 | 2nd Phase | |
| | | | Rahu 1:29PM – 3:00PM | Vanija Until 5:39PM | Moon – Blue | Subha Sivaloka Day | | |
| Creative Work Amrita Yoga Until 10.24PM then Siddha Yoga Until 1:14AM Fri then Marana Yoga | | | Dasami Until 5:39AM Fri | | | | Bhadrapada•Puratasi | |

| | | | | | | | | |
|--|-----------------------------------|-----------|--|-----------------------------|--|--|--|--|
| 2 | Friday, September 23, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadasi* Yam Titau | | | | Tehran, Iran Sutra 163 Khara 5113 | |
| | Kataka Rasi: 6.19 | Tithi 26 | Gulika 7:24AM – 8:55AM | Pushya Until 11:45PM | Ganesha: Green <i>Sunrise: 5:53AM</i> | Muruqa: White <i>Sunset: 6:01PM</i> | Sun 10 | |
| | | 549286153 | Yama 2:59PM – 4:30PM | Parigha* Until 8:05AM | Nataraja: White | Moon 9 - Phase 22 | 2nd Phase | |
| | | | Rahu 10:26AM – 11:57AM | Bava Until 3:59PM | Moon – Blue | Sivaloka Day | | |
| Routine Work Marana Yoga Until 10.24PM then Siddha Yoga Until 11:45PM then Marana Yoga | | | Ekadasi* Until 3:03AM Sat | | | | Bhadrapada•Puratasi | |

| | | | | | | | | |
|--|-------------------------------------|-----------|---|-------------------------------|---|--|--|--|
| 3 | Saturday, September 24, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau | | | | Tehran, Iran Sutra 164 Khara 5113 | |
| | Kataka Rasi: 20.12 | Tithi 27 | Gulika 5:54AM – 7:25AM | Aslesha* Until 10:48PM | Ganesha: Purple <i>Sunrise: 5:54AM</i> | Muruqa: White <i>Sunset: 6:00PM</i> | Sun 11 | |
| | | 541286153 | Yama 1:28PM – 2:58PM | Siddha Until 2:58AM Sun | Nataraja: White | Moon 9 - Phase 22 | 2nd Phase | |
| | | | Rahu 8:55AM – 10:26AM | Kaulava Until 2:17PM | Moon – Blue | Sivaloka Day | | |
| Routine Work Marana Yoga Until 10.24PM then Siddha Yoga Until 10:48PM then Marana Yoga | | | Dvdadasi* Until 1:22AM Sun | | | | Bhadrapada•Puratasi | |

| | | | | | | | | |
|---|-----------------------------------|-----------|---|----------------------------|---|--|--|--|
| 4 | Sunday, September 25, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodasi* Yam Titau | | | | Tehran, Iran Sutra 165 Khara 5113 | |
| | Simha Rasi: 4.35 | Tithi 28 | Gulika 2:57PM – 4:28PM | Magha* Until 8:00PM | Ganesha: Light Blue <i>Sunrise: 5:55AM</i> | Muruqa: White <i>Sunset: 5:58PM</i> | Sun 12 | |
| | | 551286153 | Yama 11:56AM – 1:27PM | Sadhya Until 10:37PM | Nataraja: White | Moon 9 - Phase 22 | 2nd Phase | |
| | | | Rahu 4:28PM – 5:58PM | Gara Until 11:18AM | Moon – Red | Sivaloka Day | | |
| Routine Work Marana Yoga Until 8:00PM then Siddha Yoga | | | Trayodasi* Until 9:35PM | | | | Bhadrapada•Puratasi | |
| <i>Pradosha Vrata (Fasting)</i> | | | | | | | | |

| | | | | | | | | |
|---|-----------------------------------|-----------|--|------------------------------------|---|--|--|--|
| 5 | Monday, September 26, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau | | | | Tehran, Iran Sutra 166 Khara 5113 | |
| | Simha Rasi: 19.22 | Tithi 29 | Gulika 1:26PM – 2:56PM | Purvaphalguni* Until 5:40PM | Ganesha: Light Blue <i>Sunrise: 5:55AM</i> | Muruqa: White <i>Sunset: 5:57PM</i> | Sun 13 | |
| | | 551286153 | Yama 10:26AM – 11:56AM | Subha Until 6:58PM | Nataraja: White | Moon 9 - Phase 22 | 2nd Phase | |
| | | | Rahu 7:26AM – 8:56AM | Visti* Until 8:12AM | Moon – Red | Sivaloka Day | | |
| Family Home Evening Creative Work Siddha Yoga Until 5:40PM then Marana Yoga Until 10:23PM then Amrita Yoga | | | Chaturdasi* Until 6:29PM | | | | Bhadrapada•Puratasi | |

| | | | | | | | | |
|---|------------------------------------|--------------|---|------------------------------------|---|--|--|--|
|  | Tuesday, September 27, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau | | | | Tehran, Iran Sutra 167 Khara 5113 | |
| | Retreat Star | | Gulika 11:56AM – 1:26PM | Uttaraphalguni Until 2:52PM | Ganesha: Light Blue <i>Sunrise: 5:56AM</i> | Muruqa: White <i>Sunset: 5:55PM</i> | Sun 14 | |
| | Kanya Rasi: 4.28 | Tithi 30 – 1 | Yama 8:56AM – 10:26AM | Sukla Until 2:51PM | Nataraja: White | Moon 9 - Phase 22 | Amavasya | |
| | | 551286153 | Rahu 2:56PM – 4:25PM | Kintughna Until 1:09AM Wed | Moon – Red | Sivaloka Day | | |
| Creative Work Amrita Yoga Until 2:52PM then Siddha Yoga | | | Amavasya* Until 2:52PM | | | | Bhadrapada•Puratasi | |

| | | | | | | | | |
|---------------------------|--------------------------------------|-------------|--|----------------------------|---|--|--|--|
| 6 | Wednesday, September 28, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau | | | | Tehran, Iran Sutra 168 Khara 5113 | |
| | Retreat Star | | Gulika 10:26AM – 11:55AM | Hasta Until 11:49AM | Ganesha: Light Blue <i>Sunrise: 5:57AM</i> | Muruqa: White <i>Sunset: 5:54PM</i> | Sun 15 | |
| | Kanya Rasi: 19.41 | Tithi 1 – 2 | Yama 7:27AM – 8:56AM | Brahma Until 10:32AM | Nataraja: White | Moon 9 - Phase 22 | Prathama | |
| | | 661286153 | Rahu 11:55AM – 1:25PM | Balava Until 9:18PM | Moon – Green | Sivaloka Day | | |
| Creative Work Siddha Yoga | | | Prathama* Until 11:01AM | | | | Ashvina•Puratasi | |
| Navaratri Begins | | | | | | | | |

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM


| | | | | | | | | |
|----------|--|--|-----------|--|--|--|--|---------------------|
| 1 | Thursday, September 29, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Gara Karana Dvitiya/Tritiya Yam Titau | | | | | | Tehran, Iran |
| | Tula Rasi: 4.54 | Tithi 2 – 3 | 661286153 | Gulika 8:56AM – 10:26AM Yama 5:58AM – 7:27AM Rahu 1:24PM – 2:54PM | Chitra Until 8:50AM Indra Until 6:15AM Gara Until 3:46AM Fri Dvitiya Until 7:12AM | Ganesha: Light Blue <i>Sunrise: 5:58AM</i> Muruqa: White <i>Sunset: 5:53PM</i> Nataraja: White Moon – Green Ashvina•Puratasi | Sun 16 Sutra 169 Khara 5113 Moon 9 - Phase 23 3rd Phase | Sivaloka Day |
| | Creative Work Siddha Yoga Until 8:50AM then Amrita Yoga Until 10.22PM then Siddha Yoga | | | | | | | |


| | | | | | | | | |
|----------|--|--|-----------|---|--|--|--|---------------------|
| 2 | Friday, September 30, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Visakha Nakshatra Vishkambha* Yoga Vanija/Visiti* Karana Chaturthi* Yam Titau | | | | | | Tehran, Iran |
| | Tula Rasi: 19.55 | Tithi 4 | 661286153 | Gulika 7:28AM – 8:57AM Yama 2:53PM – 4:22PM Rahu 10:26AM – 11:55AM | Svati Until 6:08AM Vishkambha* Until 10:15PM Vanija Until 1:59PM Chaturthi* Until 12:16AM Sat | Ganesha: Light Blue <i>Sunrise: 5:59AM</i> Muruqa: White <i>Sunset: 5:51PM</i> Nataraja: White Moon – Green Ashvina•Puratasi | Sun 17 Sutra 170 Khara 5113 Moon 9 - Phase 23 3rd Phase | Sivaloka Day |
| | Creative Work Siddha Yoga Until 6:08AM then Marana Yoga Until 10.22PM then Siddha Yoga | | | | | | | |

| | | | | | | | | |
|----------|---|--|-----------|--|---|---|--|---------------------|
| 3 | Saturday, October 1, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau | | | | | | Tehran, Iran |
| | Vrischika Rasi: 4.37 | Tithi 5 | 671286153 | Gulika 5:59AM – 7:28AM Yama 1:23PM – 2:52PM Rahu 8:57AM – 10:26AM | Anuradha Until 2:39AM Sun Priti Until 7:35PM Bava Until 11:26AM Panchami Until 10:31PM | Ganesha: Purple <i>Sunrise: 5:59AM</i> Muruqa: White <i>Sunset: 5:50PM</i> Nataraja: White Moon – Orange Ashvina•Puratasi | Sun 18 Sutra 171 Khara 5113 Moon 9 - Phase 23 3rd Phase | Sivaloka Day |
| | Creative Work Siddha Yoga Until 10.21PM then Marana Yoga | | | | | | | |

| | | | | | | | | |
|----------|--|--|-----------|--|--|---|--|---------------------|
| 4 | Sunday, October 2, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shasthi* Yam Titau | | | | | | Tehran, Iran |
| | Vrischika Rasi: 18.55 | Tithi 6 | 671286153 | Gulika 2:51PM – 4:20PM Yama 11:54AM – 1:23PM Rahu 4:20PM – 5:48PM | Jyeshtha* Until 1:01AM Mon Ayushman Until 4:29PM Kaulava Until 9:01AM Shasthi* Until 8:06PM | Ganesha: Purple <i>Sunrise: 6:00AM</i> Muruqa: White <i>Sunset: 5:48PM</i> Nataraja: White Moon – Orange Ashvina•Puratasi | Sun 19 Sutra 172 Khara 5113 Moon 9 - Phase 23 3rd Phase | Sivaloka Day |
| | Routine Work Marana Yoga Until 10.21PM then Siddha Yoga | | | | | | | |

| | | | | | | | | |
|----------|---|---|-----------|---|---|--|--|---------------------------|
| 5 | Monday, October 3, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptami Yam Titau | | | | | | Tehran, Iran |
| | Dhanus Rasi: 2.45 | Tithi 7 | 681286153 | Gulika 1:22PM – 2:50PM Yama 10:26AM – 11:54AM Rahu 7:29AM – 8:57AM | Mula* Until 1:32AM Tue Saubhagya Until 2:40PM Gara Until 7:33AM Saptami Until 7:33PM | Ganesha: Clear <i>Sunrise: 6:01AM</i> Muruqa: White <i>Sunset: 5:47PM</i> Nataraja: White Moon – Light Blue Ashvina•Puratasi | Sun 20 Sutra 173 Khara 5113 Moon 9 - Phase 23 3rd Phase | Subha Sivaloka Day |
| | Family Home Evening Creative Work Siddha Yoga Until 10.21PM then Amrita Yoga Until 1:32AM Tue then Siddha Yoga | | | | | | | |

| | | | | | | | | |
|---|---|--|-----------|---|--|---|--|---------------------------|
|  | Tuesday, October 4, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visiti*/Bava Karana Ashtami* Yam Titau | | | | | | Tehran, Iran |
| | Dhanus Rasi: 16.1 | Tithi 8 | 682286153 | Gulika 11:54AM – 1:21PM Yama 8:58AM – 10:26AM Rahu 2:49PM – 4:17PM | Purvashadha* Until 1:23AM Wed Sobhana Until 12:50PM Visiti Until 6:42AM Ashtami* Until 6:42PM | Ganesha: Orange <i>Sunrise: 6:02AM</i> Muruqa: White <i>Sunset: 5:45PM</i> Nataraja: White Moon – Light Blue Ashvina•Puratasi | Sun 21 Sutra 174 Khara 5113 Moon 9 - Phase 23 Ashtami | Subha Sivaloka Day |
| | Retreat Star Creative Work Siddha Yoga Until 10.20PM then Amrita Yoga | | | | | | | |

| | | | | | | | | |
|---|---|---|-----------|--|--|---|---|---------------------------|
|  | Wednesday, October 5, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navami* Yam Titau | | | | | | Tehran, Iran |
| | Dhanus Rasi: 29.11 | Tithi 9 | 682286153 | Gulika 10:26AM – 11:53AM Yama 7:30AM – 8:58AM Rahu 11:53AM – 1:21PM | Uttarashadha Until 1:58AM Thu Athiganda* Until 11:41AM Balava Until 6:37AM Navami* Until 6:37PM | Ganesha: Orange <i>Sunrise: 6:02AM</i> Muruqa: White <i>Sunset: 5:44PM</i> Nataraja: White Moon – Light Blue Ashvina•Puratasi | Sun 22 Sutra 175 Khara 5113 Moon 9 - Phase 23 Navami | Subha Sivaloka Day |
| | Retreat Star Creative Work Amrita Yoga Until 10.20PM then Siddha Yoga | | | | | | | |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

| | | | | | | | |
|----------|----------------------------------|-------------|--|--|--|--|---|
| 1 | Thursday, October 6, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Sravana Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Dasami Yam Titau | | | | Tehran, Iran |
| | Makara Rasi: 11.53 | Tithi 10 | | | | | Sun 23 |
| | | 692286153 | Gulika 8:58AM – 10:26AM Yama 6:03AM – 7:31AM Rahu 1:20PM – 2:48PM | Sravana Until 4:53AM Fri Sukarma Until 11:28AM Tailila Until 7:18AM Dasami Until 8:23PM | Ganesha: Green <i>Sunrise:</i> 6:03AM Muruqa: White <i>Sunset:</i> 5:43PM Nataraja: White Moon – Purple Ashvina•Puratasi | | Khara 5113 Moon 9 - Phase 24 4th Phase Sivaloka Day |
| | Creative Work | Siddha Yoga | | | | | |

| | | | | | | | |
|----------|-----------------------------------|-------------|---|--|--|--|---|
| 2 | Friday, October 7, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visli* Karana Ekadasi Yam Titau | | | | Tehran, Iran |
| | Makara Rasi: 24.2 | Tithi 11 | | | | | Sun 24 |
| | | 692286153 | Gulika 7:31AM – 8:58AM Yama 2:47PM – 4:14PM Rahu 10:26AM – 11:53AM | Dhanishtha Until 6:08AM Sat Dhriti Until 11:17AM Vanija Until 8:28AM Ekadasi Until 9:33PM | Ganesha: Green <i>Sunrise:</i> 6:04AM Muruqa: White <i>Sunset:</i> 5:41PM Nataraja: White Moon – Purple Ashvina•Puratasi | | Khara 5113 Moon 9 - Phase 24 4th Phase Sivaloka Day |
| | Creative Work | Siddha Yoga | | | | | |
| | Until 6:08AM Sat then Amrita Yoga | | Vijaya Dasami | | | | |

| | | | | | | | |
|----------|----------------------------------|-------------|--|--|---|--|---|
| 3 | Saturday, October 8, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadasi Yam Titau | | | | Tehran, Iran |
| | Kumbha Rasi: 7 | Tithi 12 | | | | | Sun 25 |
| | | 692286154 | Gulika 6:05AM – 7:32AM Yama 1:19PM – 2:46PM Rahu 8:59AM – 10:25AM | Dhanishtha Until 6:08AM Shula* Until 11:26AM Bava Until 10:03AM Dvadasi Until 11:08PM | Ganesha: Green <i>Sunrise:</i> 6:05AM Muruqa: White <i>Sunset:</i> 5:40PM Nataraja: Yellow Moon – Purple Ashvina•Puratasi | | Khara 5113 Moon 9 - Phase 24 4th Phase Devaloka Day |
| | Creative Work | Siddha Yoga | | | | | |
| | Until 6:08AM then Amrita Yoga | | Kadaitswami Mahasamadhi | | | | |
| | Until 10.19PM then Siddha Yoga | | | | | | |

| | | | | | | | |
|----------|--------------------------------|-------------|--|---|---|--|---|
| 4 | Sunday, October 9, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Ganda*/Vridhi Yoga Kaulava/Tailila Karana Trayodasi Yam Titau | | | | Tehran, Iran |
| | Kumbha Rasi: 18.44 | Tithi 13 | | | | | Sun 26 |
| | | 692286154 | Gulika 2:45PM – 4:12PM Yama 11:52AM – 1:19PM Rahu 4:12PM – 5:38PM | Satabhisha Until 8:33AM Ganda* Until 11:50AM Kaulava Until 11:55AM Trayodasi Until 1:01AM Mon <i>Pradosha Vrata</i> | Ganesha: Green <i>Sunrise:</i> 6:06AM Muruqa: White <i>Sunset:</i> 5:38PM Nataraja: Yellow Moon – Purple Ashvina•Puratasi | | Khara 5113 Moon 9 - Phase 24 4th Phase Devaloka Day |
| | Creative Work | Siddha Yoga | | | | | |
| | Until 10.19PM then no yoga | | | | | | |

| | | | | | | | |
|----------|---------------------------------|-----------|---|---|---|--|---|
| 5 | Monday, October 10, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau | | | | Tehran, Iran |
| | Meena Rasi: 0.45 | Tithi 14 | | | | | Sun 27 |
| | Family Home Evening | 612286154 | Gulika 1:18PM – 2:44PM Yama 10:25AM – 11:52AM Rahu 7:33AM – 8:59AM | Purvaprostapada* Until 11:10AM Vridhi Until 12:26PM Gara Until 2:02PM Chaturdasi* Until 3:07AM Tue | Ganesha: Blue <i>Sunrise:</i> 6:07AM Muruqa: White <i>Sunset:</i> 5:37PM Nataraja: Yellow Moon – Clear Ashvina•Puratasi | | Khara 5113 Moon 9 - Phase 24 4th Phase Devaloka Day |
| | No Yoga | | | | | | |
| | Until 11:10AM then Siddha Yoga | | Chidambaram Abhishekam | | | | |
| | Until 10.19PM then Amrita Yoga | | | | | | |

| | | | | | | | |
|----------|----------------------------------|-------------|--|---|---|--|---|
| ○ | Tuesday, October 11, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Dhruva/Vyaghata* Yoga Visli*/Bava Karana Purnima* Yam Titau | | | | Tehran, Iran |
| | Copper Retreat Star | | | | | | Sun 28 |
| | Meena Rasi: 12.42 | Tithi 15 | | | | | Sun 28 |
| | | 612286154 | Gulika 11:52AM – 1:18PM Yama 8:59AM – 10:25AM Rahu 2:44PM – 4:10PM | Uttaraprostapada Until 1:56PM Dhruva Until 1:10PM Visli Until 4:18PM Purnima* Until 5:23AM Wed | Ganesha: Blue <i>Sunrise:</i> 6:07AM Muruqa: White <i>Sunset:</i> 5:36PM Nataraja: Yellow Moon – Clear Ashvina•Puratasi | | Khara 5113 Moon 9 - Phase 24 Purnima Devaloka Day |
| | Creative Work | Amrita Yoga | | | | | |
| | Until 1:56PM then Siddha Yoga | | | | | | |
| | Until 10.18PM then Marana Yoga | | | | | | |

| | | | | | | | |
|----------|------------------------------------|-------------|--|--|---|--|--|
| ○ | Wednesday, October 12, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Asvini Nakshatra Vyaghata*/Harshana Yoga Balava Karana Prathama* Yam Titau | | | | Tehran, Iran |
| | Silver Retreat Star | | | | | | Sun 29 |
| | Meena Rasi: 24.35 | Tithi 16 | | | | | Sun 29 |
| | | 612286154 | Gulika 10:26AM – 11:51AM Yama 7:34AM – 9:00AM Rahu 11:51AM – 1:17PM | Revati Until 4:50PM Vyaghata* Until 2:01PM Balava Until 6:42PM Prathama* Until 8:05AM Thu | Ganesha: Blue <i>Sunrise:</i> 6:08AM Muruqa: White <i>Sunset:</i> 5:34PM Nataraja: Yellow Moon – Clear Ashvina•Puratasi | | Khara 5113 Moon 9 - Phase 24 Prathama Devaloka Day |
| | Routine Work | Marana Yoga | | | | | |
| | Until 10.18PM then Amrita Yoga | | | | | | |

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM



Thursday, October 13, 2011
Gold Retreat Star

Mesha Rasi: 6.26 Tithi 16 – 17
622286154
Creative Work Amrita Yoga
Until 7:47PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Asvini Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Gulika 9:00AM – 10:26AM **Asvini** Until 7:47PM
Yama 6:09AM – 7:35AM Harshana Until 2:55PM
Rahu 1:17PM – 2:42PM Taitila Until 9:11PM
Prathama* Until 8:05AM

Ganesha: Red *Sunrise:* 6:09AM
Muruqa: White *Sunset:* 5:33PM
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

Tehran, Iran
Sutra 183
Khara 5113
Moon 10 - Phase 25
1st Phase

Sivaloka Day

1

Friday, October 14, 2011

Mesha Rasi: 18.17 Tithi 17 – 18
622286154
Creative Work Siddha Yoga
Until 10:46PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 7:35AM – 9:00AM **Bharani** Until 10:46PM
Yama 2:41PM – 4:07PM Vajra* Until 3:50PM
Rahu 10:26AM – 11:51AM Vanija Until 11:41PM
Dvitiya Until 10:35AM

Ganesha: Red *Sunrise:* 6:10AM
Muruqa: White *Sunset:* 5:32PM
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

Tehran, Iran
Sun 1 Sutra 184
Khara 5113
Moon 10 - Phase 25
1st Phase

Sivaloka Day

2

Saturday, October 15, 2011

Virshabha Rasi: 0.09 Tithi 18 – 19
622286154
Creative Work Amrita Yoga
Until 10:17PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantra Vasara Yuktayam
Krittika Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 6:11AM – 7:36AM **Krittika** Until 1:42AM Sun
Yama 1:16PM – 2:41PM Siddhi Until 4:43PM
Rahu 9:01AM – 10:26AM Bava Until 2:08AM Sun
Tritiya Until 1:02PM

Ganesha: Red *Sunrise:* 6:11AM
Muruqa: White *Sunset:* 5:30PM
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

Tehran, Iran
Sun 2 Sutra 185
Khara 5113
Moon 10 - Phase 25
1st Phase

Sivaloka Day

3

Sunday, October 16, 2011

Virshabha Rasi: 12.05 Tithi 19 – 20
632286154
Creative Work Siddha Yoga
Until 10:17PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 2:40PM – 4:04PM **Rohini** Until 4:30AM Mon
Yama 11:50AM – 1:15PM Vyatipata* Until 5:28PM
Rahu 4:04PM – 5:29PM Kaulava Until 4:26AM Mon
Chaturthi* Until 3:21PM

Ganesha: Green *Sunrise:* 6:12AM
Muruqa: White *Sunset:* 5:29PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Puratasi

Tehran, Iran
Sun 3 Sutra 186
Khara 5113
Moon 10 - Phase 25
1st Phase

Devaloka Day

4

Monday, October 17, 2011

Virshabha Rasi: 24.09 Tithi 20 – 21
632286154
Family Home Evening
Creative Work Amrita Yoga
Until 10:17PM then Siddha Yoga
Until 6:29AM Tue then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigasira Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 1:15PM – 2:39PM **Mrigasira** Until 6:29AM Tue
Yama 10:26AM – 11:50AM Variyan Until 5:59PM
Rahu 7:37AM – 9:01AM Gara Until 6:28AM Tue
Panchami Until 5:22PM

Ganesha: Green *Sunrise:* 6:12AM
Muruqa: White *Sunset:* 5:28PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

Tehran, Iran
Sun 4 Sutra 187
Khara 5113
Moon 10 - Phase 25
1st Phase

Devaloka Day

5

Tuesday, October 18, 2011

Mithuna Rasi: 6.24 Tithi 21
633386154
Creative Work Siddha Yoga
Until 6:29AM then Marana Yoga
Until 10:17PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigasira/Ardra Nakshatra Parigha*/Shiva Yoga Vanija Karana Shasthi* Yam Titau

Gulika 11:50AM – 1:14PM **Mrigasira** Until 6:29AM
Yama 9:02AM – 10:26AM Parigha* Until 5:17PM
Rahu 2:38PM – 4:02PM Vanija Until 5:54AM Wed
Shasthi* Until 5:54PM

Ganesha: Green *Sunrise:* 6:13AM
Muruqa: White *Sunset:* 5:27PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

Tehran, Iran
Sun 5 Sutra 188
Khara 5113
Moon 10 - Phase 25
1st Phase

Devaloka Day

6

Wednesday, October 19, 2011

Mithuna Rasi: 18.55 Tithi 22
633386154
Creative Work Siddha Yoga
Until 10:17PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptami Yam Titau

Gulika 10:26AM – 11:50AM **Ardra** Until 7:59AM
Yama 7:38AM – 9:02AM Shiva Until 4:58PM
Rahu 11:50AM – 1:14PM Visti Until 6:50AM
Saptami Until 6:50PM

Ganesha: Green *Sunrise:* 6:14AM
Muruqa: White *Sunset:* 5:25PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

Tehran, Iran
Sun 6 Sutra 189
Khara 5113
Moon 10 - Phase 25
1st Phase

Devaloka Day



Thursday, October 20, 2011
Retreat Star

Kataka Rasi: 1.48 Tithi 23
643386154
Creative Work Amrita Yoga
Until 10:16PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 9:02AM – 10:26AM **Punarvasu** Until 8:50AM
Yama 6:15AM – 7:39AM Siddha Until 4:03PM
Rahu 1:13PM – 2:37PM Balava Until 7:05AM
Ashtami* Until 7:05PM

Ganesha: Orange *Sunrise:* 6:15AM
Muruqa: White *Sunset:* 5:24PM
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi

Tehran, Iran
Sun 7 Sutra 190
Khara 5113
Moon 10 - Phase 25
Ashtami

Sivaloka Day

Friday, October 21, 2011

Retreat Star

Kataka Rasi: 15.05 Tithi 24 – 25
643386154
Routine Work Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Aslesha* Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Navami*/Dasami Yam Titau

Gulika 7:39AM – 9:03AM **Pushya** Until 8:43AM
Yama 2:36PM – 4:00PM Sadhya Until 1:52PM
Rahu 10:26AM – 11:49AM Taitila Until 6:28AM
Navami* Until 5:32PM

Ganesha: Orange *Sunrise:* 6:16AM
Muruqa: White *Sunset:* 5:23PM
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi

Tehran, Iran
Sun 8 Sutra 191
Khara 5113
Moon 10 - Phase 25
Navami

Sivaloka Day


When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139

| | | | | | |
|--|---|---|--|--|--|
| 1 | Saturday, October 22, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha*/Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau | | | Tehran, Iran |
| | Kataka Rasi: 28.5 Tithi 25 – 26 643386154 | Gulika 6:17AM – 7:40AM Yama 1:12PM – 2:35PM Rahu 9:03AM – 10:26AM | Aslesha* Until 8:00AM Subha Until 11:37AM Bava Until 3:14AM Sun Dasami Until 4:09PM | Ganesha: Orange <i>Sunrise:</i> 6:17AM Muruqa: White <i>Sunset:</i> 5:22PM Nataraja: Yellow Moon – Blue Ashvina•Aipasi | Sun 9 Sutra 192 Khara 5113 Moon 10 - Phase 26 2nd Phase |
| Routine Work Marana Yoga Until 8:00AM then Amrita Yoga Until 10.16PM then Marana Yoga | | Sivaloka Day | | | |

| | | | | | |
|--|---|---|---|---|---|
| 2 | Sunday, October 23, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau | | | Tehran, Iran |
| | Simha Rasi: 13.02 Tithi 26 – 27 653386154 | Gulika 2:35PM – 3:58PM Yama 11:49AM – 1:12PM Rahu 3:58PM – 5:21PM | Magha* Until 6:28AM Sukla Until 8:27AM Kaulava Until 11:37PM Ekadasi* Until 1:20PM | Ganesha: Light Blue <i>Sunrise:</i> 6:18AM Muruqa: White <i>Sunset:</i> 5:21PM Nataraja: Yellow Moon – Red Ashvina•Aipasi | Sun 10 Sutra 193 Khara 5113 Moon 10 - Phase 26 2nd Phase |
| Routine Work Marana Yoga Until 6:28AM then Siddha Yoga | | Devaloka Day | | | |



| | | | | | |
|--|--|--|--|---|---|
| 3 | Monday, October 24, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau | | | Tehran, Iran |
| | Simha Rasi: 27.41 Tithi 27 – 28 Family Home Evening 653386154 | Gulika 1:12PM – 2:34PM Yama 10:26AM – 11:49AM Rahu 7:41AM – 9:04AM | Uttaraphalguni Until 1:42AM Tue Indra Until 24:60AM Gara Until 8:47PM Dvadasi* Until 10:30AM <i>Pradosha Vrata (Fasting)</i> | Ganesha: Light Blue <i>Sunrise:</i> 6:19AM Muruqa: White <i>Sunset:</i> 5:19PM Nataraja: Yellow Moon – Red Ashvina•Aipasi | Sun 11 Sutra 194 Khara 5113 Moon 10 - Phase 26 2nd Phase |
| Routine Work Marana Yoga Until 10.16PM then Amrita Yoga Until 1:42AM Tue then Siddha Yoga | | Devaloka Day | | | |

| | | | | | |
|---|---|--|--|---|---|
| 4 | Tuesday, October 25, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Sakuni* Karana Trayodasi*/Chaturdasi* Yam Titau | | | Tehran, Iran |
| | Kanya Rasi: 12.41 Tithi 28 – 29 663386154 | Gulika 11:49AM – 1:11PM Yama 9:04AM – 10:27AM Rahu 2:34PM – 3:56PM | Hasta Until 11:03PM Vaidhriti* Until 9:01PM Sakuni Until 3:40AM Wed Trayodasi* Until 7:05AM | Ganesha: Purple <i>Sunrise:</i> 6:20AM Muruqa: White <i>Sunset:</i> 5:18PM Nataraja: Yellow Moon – Green Ashvina•Aipasi | Sun 12 Sutra 195 Khara 5113 Moon 10 - Phase 26 2nd Phase |
| Creative Work Siddha Yoga Deepavali Hindu Solidarity Day | | Devaloka Day | | | |

| | | | | | |
|---|---|---|--|---|--|
|  | Wednesday, October 26, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau | | | Tehran, Iran |
| | Retreat Star Kanya Rasi: 27.53 Tithi 30 663386154 | Gulika 10:27AM – 11:49AM Yama 7:42AM – 9:05AM Rahu 11:49AM – 1:11PM | Chitra Until 8:04PM Vishkambha* Until 4:43PM Catuspada Until 1:36PM Amavasya* Until 11:53PM | Ganesha: Purple <i>Sunrise:</i> 6:20AM Muruqa: White <i>Sunset:</i> 5:17PM Nataraja: Yellow Moon – Green Ashvina•Aipasi | Sun 13 Sutra 196 Khara 5113 Moon 10 - Phase 26 Amavasya |
| Creative Work Siddha Yoga Until 10.16PM then Amrita Yoga Subramuniyaswami Mahasamadhi | | Devaloka Day | | | |

| | | | | | |
|---|---|---|---|--|--|
| | Thursday, October 27, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Visakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathama* Yam Titau | | | Tehran, Iran |
| | Retreat Star Tula Rasi: 13.08 Tithi 1 663386154 | Gulika 9:05AM – 10:27AM Yama 6:21AM – 7:43AM Rahu 1:10PM – 2:32PM | Svati Until 4:59PM Priti Until 12:20PM Kintughna Until 9:43AM Prathama* Until 8:00PM | Ganesha: Purple <i>Sunrise:</i> 6:21AM Muruqa: White <i>Sunset:</i> 5:16PM Nataraja: Yellow Moon – Green Karttika•Aipasi | Sun 14 Sutra 197 Khara 5113 Moon 10 - Phase 26 Prathama |
| Creative Work Amrita Yoga Until 4:59PM then Siddha Yoga Until 10.16PM then Marana Yoga Skanda Shasthi Begins | | Devaloka Day | | | |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda, Brihadu 4.4.3. bo UpH, 140

| | | | | | | | | | |
|---|--|--|-----------|--|--|---|--|---------------------|---|
| 1 | Friday, October 28, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Balava/Taila Karana Dvitiya/Tritiya Yam Titau | | | | | | | Tehran, Iran |
| | Tula Rasi: 28.17 | Tithi 2 – 3 | 673386154 | Gulika 7:44AM – 9:05AM Yama 2:32PM – 3:53PM Rahu 10:27AM – 11:49AM | Visakha Until 2:05PM Ayushman Until 8:08AM Balava Until 6:03AM Dvitiya Until 4:20PM | Ganesha: Light Blue <i>Sunrise:</i> 6:22AM Muruqa: White <i>Sunset:</i> 5:15PM Nataraja: Yellow Moon – Orange Karttika-Aipasi | | Sun 15 | Sutra 198 Khara 5113 Moon 10 - Phase 27 3rd Phase |
| | Routine Work Marana Yoga Until 2:05PM then Siddha Yoga | | | | | | | Devaloka Day | |
| 2 | Saturday, October 29, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau | | | | | | | Tehran, Iran |
| | Vrischika Rasi: 13.09 | Tithi 3 – 4 | 673386154 | Gulika 6:23AM – 7:45AM Yama 1:10PM – 2:31PM Rahu 9:06AM – 10:27AM | Anuradha Until 12:02PM Sobhana Until 1:33AM Sun Vanija Until 12:45AM Sun Tritiya Until 1:40PM | Ganesha: Light Blue <i>Sunrise:</i> 6:23AM Muruqa: White <i>Sunset:</i> 5:14PM Nataraja: Yellow Moon – Orange Karttika-Aipasi | | Sun 16 | Sutra 199 Khara 5113 Moon 10 - Phase 27 3rd Phase |
| | Creative Work Siddha Yoga Until 10:15PM then Marana Yoga | | | | | | | Devaloka Day | |
| 3 | Sunday, October 30, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau | | | | | | | Tehran, Iran |
| | Vrischika Rasi: 27.38 | Tithi 4 – 5 | 673386154 | Gulika 2:31PM – 3:52PM Yama 11:48AM – 1:09PM Rahu 3:52PM – 5:13PM | Jyeshtha* Until 10:03AM Athiganda* Until 10:06PM Bava Until 9:59PM Chaturthi* Until 10:55AM | Ganesha: Light Blue <i>Sunrise:</i> 6:24AM Muruqa: White <i>Sunset:</i> 5:13PM Nataraja: Yellow Moon – Orange Karttika-Aipasi | | Sun 17 | Sutra 200 Khara 5113 Moon 10 - Phase 27 3rd Phase |
| | Routine Work Marana Yoga Until 10:03AM then Amrita Yoga Until 10:15PM then Siddha Yoga | | | | | | | Devaloka Day | |
| 4 | Monday, October 31, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau | | | | | | | Tehran, Iran |
| | Dhanu Rasi: 11.4 | Tithi 5 – 6 | 683386154 | Gulika 1:09PM – 2:30PM Yama 10:28AM – 11:48AM Rahu 7:46AM – 9:07AM | Mula* Until 8:51AM Sukarma Until 7:22PM Kaulava Until 8:05PM Panchami Until 9:00AM | Ganesha: Orange <i>Sunrise:</i> 6:25AM Muruqa: White <i>Sunset:</i> 5:12PM Nataraja: Yellow Moon – Light Blue Karttika-Aipasi | | Sun 18 | Sutra 201 Khara 5113 Moon 10 - Phase 27 3rd Phase |
| | Family Home Evening Creative Work Siddha Yoga Until 8:51AM then Marana Yoga Until 10:15PM then Siddha Yoga | | | Skanda Shasthi | | | | Sivaloka Day | |
| 5 | Tuesday, November 1, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Taila/Gara Karana Shasthi*/Saptami Yam Titau | | | | | | | Tehran, Iran |
| | Dhanu Rasi: 25.14 | Tithi 6 – 7 | 684386154 | Gulika 11:48AM – 1:09PM Yama 9:07AM – 10:28AM Rahu 2:29PM – 3:50PM | Purvashadha* Until 8:38AM Dhriti Until 6:13PM Gara Until 8:08PM Shasthi* Until 8:08AM | Ganesha: Clear <i>Sunrise:</i> 6:26AM Muruqa: White <i>Sunset:</i> 5:11PM Nataraja: Yellow Moon – Light Blue Karttika-Aipasi | | Sun 19 | Sutra 202 Khara 5113 Moon 10 - Phase 27 3rd Phase |
| | Creative Work Siddha Yoga Until 8:38AM then Prabalarishta Yoga Until 10:15PM then Amrita Yoga | | | | | | | Sivaloka Day | |
|  | Wednesday, November 2, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau | | | | | | | Tehran, Iran |
| | Makara Rasi: 8.21 | Tithi 7 – 8 | 684386154 | Gulika 10:28AM – 11:48AM Yama 7:47AM – 9:08AM Rahu 11:48AM – 1:09PM | Uttarashadha Until 9:02AM Shula* Until 4:53PM Visti Until 7:53PM Saptami Until 7:53AM | Ganesha: Clear <i>Sunrise:</i> 6:27AM Muruqa: White <i>Sunset:</i> 5:10PM Nataraja: Yellow Moon – Light Blue Karttika-Aipasi | | Sun 20 | Sutra 203 Khara 5113 Moon 10 - Phase 27 Ashtami |
| | Retreat Star Creative Work Amrita Yoga Until 9:02AM then Siddha Yoga | | | | | | | Sivaloka Day | |
|  | Thursday, November 3, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Sravana/Dhanishtha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau | | | | | | | Tehran, Iran |
| | Makara Rasi: 21.05 | Tithi 8 – 9 | 694386154 | Gulika 9:08AM – 10:28AM Yama 6:28AM – 7:48AM Rahu 1:08PM – 2:29PM | Sravana Until 10:30AM Ganda* Until 4:59PM Balava Until 9:44PM Ashtami* Until 8:39AM | Ganesha: White <i>Sunrise:</i> 6:28AM Muruqa: White <i>Sunset:</i> 5:09PM Nataraja: Yellow Moon – Purple Karttika-Aipasi | | Sun 21 | Sutra 204 Khara 5113 Moon 10 - Phase 27 Navami |
| | Creative Work Siddha Yoga | | | | | | | Devaloka Day | |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

| | | | | | | |
|--|--|---|---|--|---|--------------|
| 1 | Friday, November 4, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau | | | | Tehran, Iran |
| | Kumbha Rasi: 3.31 Tithi 9 – 10 694386154 | Gulika 7:49AM – 9:09AM Yama 2:28PM – 3:48PM Rahu 10:28AM – 11:48AM | Dhanishtha Until 12:19PM Vriddhi Until 4:49PM Taitila Until 11:00PM Navami* Until 9:55AM | Ganesha: White <i>Sunrise: 6:29AM</i> Muruqa: White <i>Sunset: 5:08PM</i> Nataraja: Yellow Moon – Purple Karttika-Aipasi | Sun 22 Sutra 205 Khara 5113 Moon 10 - Phase 28 4th Phase | |
| Creative Work Siddha Yoga Until 10.15PM then Amrita Yoga | | Devaloka Day | | | | |

| | | | | | | |
|---|--|---|--|--|---|--------------|
| 2 | Saturday, November 5, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau | | | | Tehran, Iran |
| | Kumbha Rasi: 15.42 Tithi 10 – 11 694386154 | Gulika 6:30AM – 7:49AM Yama 1:08PM – 2:28PM Rahu 9:09AM – 10:29AM | Satabhisha Until 2:36PM Dhruva Until 5:04PM Vanija Until 12:47AM Sun Dasami Until 11:41AM | Ganesha: White <i>Sunrise: 6:30AM</i> Muruqa: White <i>Sunset: 5:07PM</i> Nataraja: Yellow Moon – Purple Karttika-Aipasi | Sun 23 Sutra 206 Khara 5113 Moon 10 - Phase 28 4th Phase | |
| Creative Work Amrita Yoga Until 2:36PM then Siddha Yoga | | Devaloka Day | | | | |

| | | | | | | |
|---|--|--|--|--|---|--------------|
| 3 | Sunday, November 6, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau | | | | Tehran, Iran |
| | Kumbha Rasi: 27.44 Tithi 11 – 12 614386154 | Gulika 2:27PM – 3:47PM Yama 11:48AM – 1:08PM Rahu 3:47PM – 5:06PM | Purvaprostapada* Until 5:13PM Vyaghata* Until 5:38PM Bava Until 2:54AM Mon Ekadasi Until 1:48PM | Ganesha: Blue <i>Sunrise: 6:31AM</i> Muruqa: White <i>Sunset: 5:06PM</i> Nataraja: Yellow Moon – Clear Karttika-Aipasi | Sun 24 Sutra 207 Khara 5113 Moon 10 - Phase 28 4th Phase | |
| Creative Work Siddha Yoga Until 5:13PM then Amrita Yoga Until 10.15PM then Siddha Yoga | | Devaloka Day | | | | |

| | | | | | | |
|------------------------------|--|---|---|---|---|--------------|
| 4 | Monday, November 7, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprostapada Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau | | | | Tehran, Iran |
| | Meena Rasi: 9.4 Tithi 12 – 13 Family Home Evening 714386154 | Gulika 1:08PM – 2:27PM Yama 10:29AM – 11:48AM Rahu 7:51AM – 9:10AM | Uttaraprostapada Until 8:01PM Harshana Until 6:22PM Kaulava Until 5:14AM Tue Dvadasi Until 4:09PM <i>Pradosha Vrata</i> | Ganesha: Red <i>Sunrise: 6:32AM</i> Muruqa: White <i>Sunset: 5:05PM</i> Nataraja: Yellow Moon – Clear Karttika-Aipasi | Sun 25 Sutra 208 Khara 5113 Moon 10 - Phase 28 4th Phase | |
| Creative Work Siddha Yoga | | Sivaloka Day | | | | |

| | | | | | | |
|--|--|---|---|---|---|--------------|
| 5 | Tuesday, November 8, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vajra* Yoga Taitila Karana Trayodasi Yam Titau | | | | Tehran, Iran |
| | Meena Rasi: 21.32 Tithi 13 714386154 | Gulika 11:48AM – 1:07PM Yama 9:11AM – 10:30AM Rahu 2:26PM – 3:45PM | Revati Until 10:56PM Vajra* Until 7:13PM Taitila Until 7:42AM Wed Trayodasi Until 6:37PM | Ganesha: Red <i>Sunrise: 6:33AM</i> Muruqa: White <i>Sunset: 5:04PM</i> Nataraja: Yellow Moon – Clear Karttika-Aipasi | Sun 26 Sutra 209 Khara 5113 Moon 10 - Phase 28 4th Phase | |
| Creative Work Siddha Yoga Until 10.15PM then Marana Yoga | | Sivaloka Day | | | | |

| | | | | | | |
|--|---|---|---|--|---|--------------|
| 6 | Wednesday, November 9, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Asvini Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdasi* Yam Titau | | | | Tehran, Iran |
| | Mesha Rasi: 3.23 Tithi 14 724386154 | Gulika 10:30AM – 11:49AM Yama 7:52AM – 9:11AM Rahu 11:49AM – 1:07PM | Asvini Until 1:54AM Thu Siddhi Until 8:05PM Gara Until 8:02AM Chaturdasi* Until 9:07PM | Ganesha: Blue <i>Sunrise: 6:34AM</i> Muruqa: White <i>Sunset: 5:03PM</i> Nataraja: Yellow Moon – White Karttika-Aipasi | Sun 27 Sutra 210 Khara 5113 Moon 10 - Phase 28 4th Phase | |
| Routine Work Marana Yoga Until 10.15PM then Amrita Yoga Until 1:54AM Thu then Siddha Yoga | | Devaloka Day | | | | |

| | | | | | | |
|------------------------------|--|--|--|--|---|--------------|
| ○ | Thursday, November 10, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnima* Yam Titau | | | | Tehran, Iran |
| | Copper Retreat Star Mesha Rasi: 15.15 Tithi 15 724386154 | Gulika 9:12AM – 10:30AM Yama 6:35AM – 7:53AM Rahu 1:07PM – 2:26PM | Bharani Until 4:49AM Fri Vyatipata* Until 8:56PM Visti Until 10:31AM Purnima* Until 11:36PM | Ganesha: Blue <i>Sunrise: 6:35AM</i> Muruqa: White <i>Sunset: 5:03PM</i> Nataraja: Yellow Moon – White Karttika-Aipasi | Sun 28 Sutra 211 Khara 5113 Moon 10 - Phase 28 Purnima | |
| Creative Work Siddha Yoga | | Devaloka Day | | | | |

| | | | | | | |
|--|---|---|---|--|--|--------------|
| ○ | Friday, November 11, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau | | | | Tehran, Iran |
| | Silver Retreat Star Mesha Rasi: 27.1 Tithi 16 724386154 | Gulika 7:54AM – 9:12AM Yama 2:25PM – 3:44PM Rahu 10:30AM – 11:49AM | Krittika Until 7:41AM Sat Variyan Until 9:42PM Balava Until 12:54PM Prathama* Until 1:59AM Sat | Ganesha: Blue <i>Sunrise: 6:36AM</i> Muruqa: White <i>Sunset: 5:02PM</i> Nataraja: Yellow Moon – White Karttika-Aipasi | Sun 29 Sutra 212 Khara 5113 Moon 10 - Phase 28 Prathama | |
| Creative Work Siddha Yoga Until 10.16PM then Amrita Yoga | | Devaloka Day | | | | |

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda, Brihadu 4.4.5. UpH, 140



Saturday, November 12, 2011
Gold Retreat Star

Wrishabha Rasi: 9.1 Tithi 17
735486154
Creative Work Amrita Yoga
Until 10.16PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 6:37AM – 7:55AM **Krittika** Until 7:41AM
Yama 1:07PM – 2:25PM Parigha* Until 10:20PM
Rahu 9:13AM – 10:31AM Taitila Until 3:07PM
Dvitiya Until 4:12AM Sun

Tehran, Iran
Sutra 213
Khara 5113
Moon 11 - Phase 29
1st Phase
Devaloka Day
Ganesha: Blue *Sunrise:* 6:37AM
Muruqa: White *Sunset:* 5:01PM
Nataraja: Yellow
Moon – White
Karttika•Aipasi

1

Sunday, November 13, 2011

Wrishabha Rasi: 21.15 Tithi 18
735486154
Creative Work Siddha Yoga
Until 10.16PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigasira Nakshatra Shiva Yoga Vanija/Visiti* Karana Tritiya Yam Titau
Gulika 2:25PM – 3:42PM **Rohini** Until 10:10AM
Yama 11:49AM – 1:07PM Shiva Until 10:45PM
Rahu 3:42PM – 5:00PM Vanija Until 5:06PM
Tritiya Until 6:11AM Mon

Tehran, Iran
Sun 1 Sutra 214
Khara 5113
Moon 11 - Phase 29
1st Phase
Sivaloka Day
Ganesha: Yellow *Sunrise:* 6:38AM
Muruqa: White *Sunset:* 5:00PM
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

2

Monday, November 14, 2011

Mithuna Rasi: 3.29 Tithi 19
735486154
Family Home Evening
Creative Work Amrita Yoga
Until 12:21PM then Siddha Yoga
Until 10.16PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigasira/Ardra Nakshatra Siddha Yoga Bava Karana Chaturthi* Yam Titau
Gulika 1:07PM – 2:24PM **Mrigasira** Until 12:21PM
Yama 10:32AM – 11:49AM Siddha Until 10:55PM
Rahu 7:56AM – 9:14AM Bava Until 6:46PM
Chaturthi* Until 6:52AM Tue

Tehran, Iran
Sun 2 Sutra 215
Khara 5113
Moon 11 - Phase 29
1st Phase
Sivaloka Day
Ganesha: Yellow *Sunrise:* 6:39AM
Muruqa: White *Sunset:* 5:00PM
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

3

Tuesday, November 15, 2011

Mithuna Rasi: 15.55 Tithi 19 – 20
735486154
Routine Work Marana Yoga
Until 1:32PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 11:49AM – 1:07PM **Ardra** Until 1:32PM
Yama 9:14AM – 10:32AM Sadhya Until 9:33PM
Rahu 2:24PM – 3:42PM Kaulava Until 6:52PM
Chaturthi* Until 6:52AM

Tehran, Iran
Sun 3 Sutra 216
Khara 5113
Moon 11 - Phase 29
1st Phase
Sivaloka Day
Ganesha: Yellow *Sunrise:* 6:40AM
Muruqa: White *Sunset:* 4:59PM
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

4

Wednesday, November 16, 2011

Mithuna Rasi: 28.34 Tithi 20 – 21
745486154
Creative Work Siddha Yoga
Until 10.16PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 10:32AM – 11:49AM **Punarvasu** Until 2:48PM
Yama 7:58AM – 9:15AM Subha Until 8:59PM
Rahu 11:49AM – 1:07PM Gara Until 7:35PM
Panchami Until 7:35AM

Tehran, Iran
Sun 4 Sutra 217
Khara 5113
Moon 11 - Phase 29
1st Phase
Devaloka Day
Ganesha: White *Sunrise:* 6:41AM
Muruqa: White *Sunset:* 4:59PM
Nataraja: Yellow
Moon – Blue
Karttika•Karttikai

5

Thursday, November 17, 2011

Kataka Rasi: 11.3 Tithi 21 – 22
745486155
Creative Work Amrita Yoga
Until 3:32PM then Siddha Yoga
Until 10.17PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Aslesha* Nakshatra Sukla Yoga Vanija/Visiti* Karana Shasthi*/Saptami Yam Titau
Gulika 9:16AM – 10:33AM **Pushya** Until 3:32PM
Yama 6:42AM – 7:59AM Sukla Until 7:57PM
Rahu 1:07PM – 2:24PM Visiti Until 7:44PM
Shasthi* Until 7:44AM

Tehran, Iran
Sun 5 Sutra 218
Khara 5113
Moon 11 - Phase 29
1st Phase
Devaloka Day
Ganesha: White *Sunrise:* 6:42AM
Muruqa: White *Sunset:* 4:58PM
Nataraja: Red
Moon – Blue
Karttika•Karttikai

Retreat Star

Friday, November 18, 2011

Kataka Rasi: 24.45 Tithi 22 – 23
745486155
Routine Work Marana Yoga
Until 10.17PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Aslesha*/Magha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 7:59AM – 9:16AM **Aslesha*** Until 3:00PM
Yama 2:24PM – 3:40PM Brahma Until 5:32PM
Rahu 10:33AM – 11:50AM Balava Until 6:14PM
Saptami Until 7:09AM

Tehran, Iran
Sun 6 Sutra 219
Khara 5113
Moon 11 - Phase 29
Ashtami
Devaloka Day
Ganesha: White *Sunrise:* 6:43AM
Muruqa: White *Sunset:* 4:57PM
Nataraja: Red
Moon – Blue
Karttika•Karttikai


Saturday, November 19, 2011
Retreat Star

Simha Rasi: 8.22 Tithi 23 – 24
755486155
Creative Work Amrita Yoga
Until 2:32PM then Marana Yoga
Until 10.17PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Indra/Vaidhrili* Yoga Kaulava/Gara Karana Ashtami*/Navami* Yam Titau
Gulika 6:44AM – 8:00AM **Magha*** Until 2:32PM
Yama 1:07PM – 2:23PM Indra Until 3:29PM
Rahu 9:17AM – 10:33AM Gara Until 4:12AM Sun
Ashtami* Until 6:02AM

Tehran, Iran
Sun 7 Sutra 220
Khara 5113
Moon 11 - Phase 29
Navami
Sivaloka Day
Ganesha: Clear *Sunrise:* 6:44AM
Muruqa: White *Sunset:* 4:57PM
Nataraja: Red
Moon – Red
Karttika•Karttikai

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140

| | | | | | | | |
|---|--|---------------|--|--|--|---|---|
| 1 | Sunday, November 20, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti/Vishkambha* Yoga Vanija/Visti* Karana Dasami Yam Titau | | | | Tehran, Iran |
| | Simha Rasi: 22.21 | Tithi 25 | 755486155 | Gulika 2:23PM – 3:40PM Yama 11:50AM – 1:07PM Rahu 3:40PM – 4:56PM | Purvaphalguni* Until 1:24PM Vaidhriti* Until 12:49PM Vanija Until 3:19PM Dasami Until 2:23AM Mon | Ganesha: Clear Muruqa: White Nataraja: Red Moon – Red Karttika•Karttikai | Sun 8 Sutra 221 Khara 5113 Moon 11 - Phase 30 2nd Phase Sivaloka Day |
| | Creative Work Siddha Yoga Until 1:24PM then Amrita Yoga Until 10.17PM then Marana Yoga | | | | | | |
| 2 | Monday, November 21, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadasi* Yam Titau | | | | Tehran, Iran |
| | Kanya Rasi: 6.42 | Tithi 26 | 755486155 | Gulika 1:07PM – 2:23PM Yama 10:34AM – 11:51AM Rahu 8:02AM – 9:18AM | Uttaraphalguni Until 11:17AM Vishkambha* Until 9:21AM Bava Until 12:21PM Ekadasi* Until 10:38PM | Ganesha: Clear Muruqa: White Nataraja: Red Moon – Red Karttika•Karttikai | Sun 9 Sutra 222 Khara 5113 Moon 11 - Phase 30 2nd Phase Sivaloka Day |
| | Family Home Evening Routine Work Marana Yoga Until 11:17AM then Siddha Yoga | | | | | | |
| 3 | Tuesday, November 22, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau | | | | Tehran, Iran |
| | Kanya Rasi: 21.22 | Tithi 27 | 766486155 | Gulika 11:51AM – 1:07PM Yama 9:19AM – 10:35AM Rahu 2:23PM – 3:39PM | Hasta Until 9:08AM Ayushman Until 1:50AM Wed Kaulava Until 9:30AM Dvadasi* Until 7:47PM | Ganesha: Purple Muruqa: White Nataraja: Red Moon – Green Karttika•Karttikai | Sun 10 Sutra 223 Khara 5113 Moon 11 - Phase 30 2nd Phase Devaloka Day |
| | Creative Work Siddha Yoga | | | | | | |
| 4 | Wednesday, November 23, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau | | | | Tehran, Iran |
| | Tula Rasi: 6.16 | Tithi 28 – 29 | 766486155 | Gulika 10:35AM – 11:51AM Yama 8:03AM – 9:19AM Rahu 11:51AM – 1:07PM | Chitra Until 6:38AM Saubhagya Until 9:58PM Gara Until 6:15AM Trayodasi* Until 4:32PM <i>Pradosha Vrata (Fasting)</i> | Ganesha: Clear Muruqa: White Nataraja: Red Moon – Green Karttika•Karttikai | Sun 11 Sutra 224 Khara 5113 Moon 11 - Phase 30 2nd Phase Sivaloka Day |
| | Creative Work Siddha Yoga Until 10.18PM then Amrita Yoga Until 10.18PM then Marana Yoga Until 1:16AM Fri then Siddha Yoga | | | | | | |
|  | Thursday, November 24, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Visakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau | | | | Tehran, Iran |
| | Retreat Star | | | Gulika 9:20AM – 10:36AM Yama 6:48AM – 8:04AM Rahu 1:07PM – 2:23PM | Visakha Until 1:16AM Fri Sobhana Until 5:55PM Catuspada Until 11:23PM Chaturdasi* Until 1:06PM | Ganesha: Orange Muruqa: White Nataraja: Red Moon – Orange Karttika•Karttikai | Sun 12 Sutra 225 Khara 5113 Moon 11 - Phase 30 Amavasya Sivaloka Day |
| | Tula Rasi: 21.17 Tithi 29 – 30 776486155 Creative Work Siddha Yoga Until 10.18PM then Marana Yoga Until 1:16AM Fri then Siddha Yoga | | | | | | |
| | Friday, November 25, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau | | | | Tehran, Iran |
| | Retreat Star | | | Gulika 8:05AM – 9:21AM Yama 2:23PM – 3:38PM Rahu 10:36AM – 11:52AM | Anuradha Until 10:38PM Athiganda* Until 1:55PM Kintughna Until 8:00PM Amavasya* Until 9:43AM | Ganesha: Orange Muruqa: White Nataraja: Red Moon – Orange Margasira•Karttikai | Sun 13 Sutra 226 Khara 5113 Moon 11 - Phase 30 Prathama Sivaloka Day |
| | Vrischika Rasi: 6.17 Tithi 30 – 1 776486155 Creative Work Siddha Yoga | | | | | | |

| | | | | |
|----------|------------------------------------|--|---|---|
| 1 | Saturday, November 26, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Kaulava Karana Prathama*/Dvitiya Yam Titau | | Tehran, Iran |
| | 786486155 | Gulika 6:50AM – 8:06AM Yama 1:07PM – 2:23PM Rahu 9:21AM – 10:37AM | Jyeshtha* Until 8:15PM Sukarma Until 10:11AM Kaulava Until 3:11AM Sun Prathama* Until 6:37AM | Sun 14 Sutra 227 Khara 5113 Moon 11 - Phase 31 3rd Phase |

Wrischika Rasi: 21.05 Tithi 1 – 2
Creative Work Siddha Yoga
Until 10.19PM then Amrita Yoga

Ganesha: Orange *Sunrise:* 6:50AM
Muruqa: White *Sunset:* 4:54PM
Nataraja: Red
Moon – Orange
Margasira-Karttikai

Sivaloka Day

| | | | | |
|----------|----------------------------------|---|---|---|
| 2 | Sunday, November 27, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Tritiya Yam Titau | | Tehran, Iran |
| | 786486155 | Gulika 2:23PM – 3:38PM Yama 11:52AM – 1:08PM Rahu 3:38PM – 4:53PM | Mula* Until 7:14PM Dhriti Until 6:57AM Tailila Until 2:57PM Tritiya Until 2:02AM Mon | Sun 15 Sutra 228 Khara 5113 Moon 11 - Phase 31 3rd Phase |

Dhanus Rasi: 5.37 Tithi 3
Creative Work Amrita Yoga
Until 7:14PM then Siddha Yoga
Until 10.19PM then Marana Yoga

Ganesha: Clear *Sunrise:* 6:51AM
Muruqa: White *Sunset:* 4:53PM
Nataraja: Red
Moon – Light Blue
Margasira-Karttikai

Sivaloka Day

| | | | | |
|----------|----------------------------------|---|--|---|
| 3 | Monday, November 28, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Vanija/Vishti* Karana Chaturthi* Yam Titau | | Tehran, Iran |
| | 786486155 | Gulika 1:08PM – 2:23PM Yama 10:38AM – 11:53AM Rahu 8:07AM – 9:22AM | Purvashadha* Until 5:52PM Ganda* Until 1:23AM Tue Vanija Until 12:53PM Chaturthi* Until 11:58PM | Sun 16 Sutra 229 Khara 5113 Moon 11 - Phase 31 3rd Phase |

Dhanus Rasi: 19.45 Tithi 4
Family Home Evening
Routine Work Marana Yoga
Until 10.19PM then Prabalarishta Yoga

Ganesha: Clear *Sunrise:* 6:52AM
Muruqa: White *Sunset:* 4:53PM
Nataraja: Red
Moon – Light Blue
Margasira-Karttikai

Sivaloka Day

| | | | | |
|----------|-----------------------------------|--|--|---|
| 4 | Tuesday, November 29, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Sravana Nakshatra Vridhhi Yoga Bava/Balava Karana Panchami Yam Titau | | Tehran, Iran |
| | 786486155 | Gulika 11:53AM – 1:08PM Yama 9:23AM – 10:38AM Rahu 2:23PM – 3:38PM | Uttarashadha Until 6:06PM Vridhhi Until 12:24AM Wed Bava Until 12:06PM Panchami Until 12:06AM Wed | Sun 17 Sutra 230 Khara 5113 Moon 11 - Phase 31 3rd Phase |

Makara Rasi: 3.26 Tithi 5
Routine Work Prabalarishta Yoga
Until 6:06PM then Siddha Yoga

Ganesha: Clear *Sunrise:* 6:53AM
Muruqa: White *Sunset:* 4:53PM
Nataraja: Red
Moon – Light Blue
Margasira-Karttikai

Sivaloka Day

| | | | | |
|----------|-------------------------------------|--|---|---|
| 5 | Wednesday, November 30, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Sravana Nakshatra Dhruva Yoga Kaulava/Tailila Karana Shasthi* Yam Titau | | Tehran, Iran |
| | 797486155 | Gulika 10:39AM – 11:53AM Yama 8:09AM – 9:24AM Rahu 11:53AM – 1:08PM | Sravana Until 6:15PM Dhruva Until 10:48PM Kaulava Until 11:37AM Shasthi* Until 11:37PM | Sun 18 Sutra 231 Khara 5113 Moon 11 - Phase 31 3rd Phase |

Makara Rasi: 16.41 Tithi 6
Creative Work Siddha Yoga
Until 6:15PM then Prabalarishta Yoga
Until 10.20PM then Siddha Yoga

Ganesha: Clear *Sunrise:* 6:54AM
Muruqa: White *Sunset:* 4:53PM
Nataraja: Red
Moon – Purple
Margasira-Karttikai


Sivaloka Day

| | | | | |
|----------|-----------------------------------|--|---|---|
| 6 | Thursday, December 1, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptami Yam Titau | | Tehran, Iran |
| | 797486155 | Gulika 9:24AM – 10:39AM Yama 6:55AM – 8:10AM Rahu 1:08PM – 2:23PM | Dhanishtha Until 8:15PM Vyaghata* Until 9:55PM Gara Until 12:30PM Saptami Until 1:35AM Fri | Sun 19 Sutra 232 Khara 5113 Moon 11 - Phase 31 3rd Phase |

Makara Rasi: 29.32 Tithi 7
Creative Work Siddha Yoga
Until 8:15PM then Marana Yoga
Until 10.21PM then Siddha Yoga

Ganesha: Clear *Sunrise:* 6:55AM
Muruqa: White *Sunset:* 4:52PM
Nataraja: Red
Moon – Purple
Margasira-Karttikai


Sivaloka Day

| | | | | |
|---|---------------------------------|--|---|---|
|  | Friday, December 2, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha Nakshatra Harshana Yoga Vishti*/Bava Karana Ashtami* Yam Titau | | Tehran, Iran |
| | 797486155 | Gulika 8:10AM – 9:25AM Yama 2:23PM – 3:38PM Rahu 10:40AM – 11:54AM | Satabhisha Until 9:56PM Harshana Until 10:49PM Vishti Until 1:38PM Ashtami* Until 2:43AM Sat | Sun 20 Sutra 233 Khara 5113 Moon 11 - Phase 31 Ashtami |

Kumbha Rasi: 12.02 Tithi 8
Creative Work Siddha Yoga

Ganesha: Clear *Sunrise:* 6:56AM
Muruqa: White *Sunset:* 4:52PM
Nataraja: Red
Moon – Purple
Margasira-Karttikai

Sivaloka Day

| | | | | |
|---|-----------------------------------|---|---|--|
|  | Saturday, December 3, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navami* Yam Titau | | Tehran, Iran |
| | 717486155 | Gulika 6:57AM – 8:11AM Yama 1:09PM – 2:23PM Rahu 9:26AM – 10:40AM | Purvaprostapada* Until 12:10AM Sun Vajra* Until 11:00PM Balava Until 3:22PM Navami* Until 4:27AM Sun | Sun 21 Sutra 234 Khara 5113 Moon 11 - Phase 31 Navami |

Kumbha Rasi: 24.15 Tithi 9
Creative Work Siddha Yoga
Until 12:10AM Sun then Amrita Yoga

Ganesha: Yellow *Sunrise:* 6:57AM
Muruqa: White *Sunset:* 4:52PM
Nataraja: Red
Moon – Clear
Margasira-Karttikai

Sivaloka Day

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM

| | | | | | | | | | |
|----------|--|--|--|---|--|--|--|--|--|
| 1 | Sunday, December 4, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada Nakshatra Siddhi Yoga Tailila/Gara Karana Dasami Yam Titau | | | | | | | Tehran, Iran Sutra 235 Khara 5113 |
| | Meena Rasi: 6.16 Tithi 10 717486155 | Gulika 2:24PM – 3:38PM Yama 11:55AM – 1:09PM Rahu 3:38PM – 4:52PM | Uttaraprostapada Until 2:47AM Mon Siddhi Until 11:33PM Tailila Until 5:31PM Dasami Until 6:52AM Mon | Ganesha: Yellow <i>Sunrise:</i> 6:58AM Muruqa: White <i>Sunset:</i> 4:52PM Nataraja: Red Moon – Clear Margasira-Karttikai | | | | | Moon 11 - Phase 32 4th Phase Sivaloka Day |
| | Creative Work Amrita Yoga Until 10.22PM then Siddha Yoga | | | | | | | | |

| | | | | | | | | | |
|----------|---|--|---|---|--|--|--|--|--|
| 2 | Monday, December 5, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau | | | | | | | Tehran, Iran Sutra 236 Khara 5113 |
| | Meena Rasi: 18.1 Tithi 10 – 11 Family Home Evening 717496155 | Gulika 1:10PM – 2:24PM Yama 10:41AM – 11:55AM Rahu 8:13AM – 9:27AM | Revati Until 5:39AM Tue Vyatipata* Until 12:19AM Tue Vanija Until 7:57PM Dasami Until 6:52AM | Ganesha: Yellow <i>Sunrise:</i> 6:59AM Muruqa: Clear <i>Sunset:</i> 4:52PM Nataraja: Red Moon – Clear Margasira-Karttikai | | | | | Moon 11 - Phase 32 4th Phase Devaloka Day |
| | Creative Work Siddha Yoga | | | | | | | | |

| | | | | | | | | | |
|----------|--|---|---|--|--|--|--|--|--|
| 3 | Tuesday, December 6, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini Nakshatra Variyan Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau | | | | | | | Tehran, Iran Sutra 237 Khara 5113 |
| | Mesha Rasi: 0.01 Tithi 11 – 12 727496155 | Gulika 11:56AM – 1:10PM Yama 9:28AM – 10:42AM Rahu 2:24PM – 3:38PM | Asvini Until 8:56AM Wed Variyan Until 1:11AM Wed Bava Until 10:31PM Ekadasi Until 9:25AM | Ganesha: White <i>Sunrise:</i> 6:59AM Muruqa: Clear <i>Sunset:</i> 4:52PM Nataraja: Red Moon – White Margasira-Karttikai | | | | | Moon 11 - Phase 32 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| | Creative Work Siddha Yoga Until 10.23PM then Marana Yoga | | | | | | | | |

| | | | | | | | | | |
|----------|---|---|--|--|--|--|--|--|--|
| 4 | Wednesday, December 7, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Asvini/Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau | | | | | | | Tehran, Iran Sutra 238 Khara 5113 |
| | Mesha Rasi: 11.52 Tithi 12 – 13 728496155 | Gulika 10:42AM – 11:56AM Yama 8:14AM – 9:28AM Rahu 11:56AM – 1:10PM | Asvini Until 8:56AM Parigha* Until 2:03AM Thu Kaulava Until 1:03AM Thu Dvadasi Until 11:58AM <i>Pradosha Vrata</i> | Ganesha: Clear <i>Sunrise:</i> 7:00AM Muruqa: Clear <i>Sunset:</i> 4:52PM Nataraja: Red Moon – White Margasira-Karttikai | | | | | Moon 11 - Phase 32 4th Phase Devaloka Day |
| | Routine Work Marana Yoga Until 10.23PM then Siddha Yoga | | | | | | | | |

| | | | | | | | | | |
|----------|--|---|--|--|--|--|--|--|--|
| 5 | Thursday, December 8, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau | | | | | | | Tehran, Iran Sutra 239 Khara 5113 |
| | Mesha Rasi: 23.47 Tithi 13 – 14 728596155 | Gulika 9:29AM – 10:43AM Yama 7:01AM – 8:15AM Rahu 1:11PM – 2:24PM | Bharani Until 11:47AM Shiva Until 2:49AM Fri Gara Until 3:28AM Fri Trayodasi Until 2:23PM | Ganesha: White <i>Sunrise:</i> 7:01AM Muruqa: Clear <i>Sunset:</i> 4:52PM Nataraja: Red Moon – White Margasira-Karttikai | | | | | Moon 11 - Phase 32 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| | Creative Work Siddha Yoga Until 11:47AM then Marana Yoga Until 10.23PM then Siddha Yoga | Krittika Deepam | | | | | | | |

| | | | | | | | | | |
|----------|---|--|--|--|--|--|--|--|--|
| 6 | Friday, December 9, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau | | | | | | | Tehran, Iran Sutra 240 Khara 5113 |
| | Vrishabha Rasi: 5.47 Tithi 14 – 15 728596155 | Gulika 8:16AM – 9:29AM Yama 2:25PM – 3:38PM Rahu 10:43AM – 11:57AM | Krittika Until 2:26PM Siddha Until 3:23AM Sat Visti Until 5:40AM Sat Chaturdasi* Until 4:34PM | Ganesha: White <i>Sunrise:</i> 7:02AM Muruqa: Clear <i>Sunset:</i> 4:52PM Nataraja: Red Moon – White Margasira-Karttikai | | | | | Moon 11 - Phase 32 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| | Creative Work Siddha Yoga Until 2:26PM then Marana Yoga Until 10.24PM then Amrita Yoga | Sivalaya Deepam | | | | | | | |

| | | | | | | | | | |
|----------|--|--|--|---|--|--|--|--|--|
| ○ | Saturday, December 10, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigasira Nakshatra Sadhya Yoga Bava Karana Purnima* Yam Titau | | | | | | | Tehran, Iran Sutra 241 Khara 5113 |
| | Copper Retreat Star Vrishabha Rasi: 17.57 Tithi 15 738596155 | Gulika 7:03AM – 8:16AM Yama 1:11PM – 2:25PM Rahu 9:30AM – 10:44AM | Rohini Until 4:47PM Sadhya Until 3:40AM Sun Bava Until 7:32AM Sun Purnima* Until 6:26PM | Ganesha: Clear <i>Sunrise:</i> 7:03AM Muruqa: Clear <i>Sunset:</i> 4:52PM Nataraja: Red Moon – Yellow Margasira-Karttikai | | | | | Moon 11 - Phase 32 Purnima Devaloka Day |
| | Creative Work Amrita Yoga Until 4:47PM then Siddha Yoga | | | | | | | | |

| | | | | | | | | | |
|----------|---|---|---|---|--|--|--|--|---|
| ○ | Sunday, December 11, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigasira Nakshatra Subha Yoga Balava/Kaulava Karana Prathama* Yam Titau | | | | | | | Tehran, Iran Sutra 242 Khara 5113 |
| | Silver Retreat Star Mithuna Rasi: 0.17 Tithi 16 738596155 | Gulika 2:25PM – 3:39PM Yama 11:58AM – 1:12PM Rahu 3:39PM – 4:53PM | Mrigasira Until 5:47PM Subha Until 2:06AM Mon Balava Until 6:46AM Prathama* Until 6:46PM | Ganesha: Clear <i>Sunrise:</i> 7:03AM Muruqa: Clear <i>Sunset:</i> 4:53PM Nataraja: Red Moon – Yellow Margasira-Karttikai | | | | | Moon 11 - Phase 32 Prathama Devaloka Day |
| | Creative Work Siddha Yoga | Vinayaga Viratam Begins | | | | | | | |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Kṛishṇa Yajur Veda, Kathau 2.2.12. UpR, 640



Monday, December 12, 2011
Gold Retreat Star

Mithuna Rasi: 12.49 Tithi 17
Family Home Evening 738596155
Creative Work Siddha Yoga
Until 7:15PM then Amrita Yoga
Until 10.25PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiya Yam Titau

Gulika 1:12PM – 2:26PM **Ardra Until 7:15PM**
Yama 10:45AM – 11:58AM Sukla Until 1:43AM Tue
Rahu 8:18AM – 9:31AM Taitila Until 7:43AM
Dvitiya Until 7:43PM

Ganesha: Clear *Sunrise:* 7:04AM
Muruqa: Clear *Sunset:* 4:53PM
Nataraja: Red
Moon – Yellow
Margasira-Karttikai

Devaloka Day

Tehran, Iran
Sutra 243
Khara 5113
Moon 12 - Phase 33
1st Phase

1

Tuesday, December 13, 2011

Mithuna Rasi: 25.34 Tithi 18
749596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiya Yam Titau

Gulika 11:59AM – 1:12PM **Punarvasu Until 8:20PM**
Yama 9:32AM – 10:45AM Brahma Until 12:58AM Wed
Rahu 2:26PM – 3:39PM Vanija Until 8:15AM
Tritiya Until 8:15PM

Ganesha: Clear *Sunrise:* 7:05AM
Muruqa: Clear *Sunset:* 4:53PM
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Devaloka Day

Tehran, Iran
Sutra 244
Khara 5113
Moon 12 - Phase 33
1st Phase

2

Wednesday, December 14, 2011

Kataka Rasi: 8.32 Tithi 19
749596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthi* Yam Titau

Gulika 10:46AM – 11:59AM **Pushya Until 9:00PM**
Yama 8:19AM – 9:32AM Indra Until 11:51PM
Rahu 11:59AM – 1:13PM Bava Until 8:21AM
Chaturthi* Until 8:21PM

Ganesha: Clear *Sunrise:* 7:06AM
Muruqa: Clear *Sunset:* 4:53PM
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Devaloka Day

Tehran, Iran
Sutra 245
Khara 5113
Moon 12 - Phase 33
1st Phase

3

Thursday, December 15, 2011

Kataka Rasi: 21.44 Tithi 20
749596155
Creative Work Siddha Yoga
Until 9:16PM then Amrita Yoga
Until 10.27PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Aslesha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Panchami Yam Titau

Gulika 9:33AM – 10:46AM **Aslesha* Until 9:16PM**
Yama 7:06AM – 8:20AM Vaidhriti* Until 10:21PM
Rahu 1:13PM – 2:27PM Kaulava Until 8:00AM
Panchami Until 8:00PM

Ganesha: Clear *Sunrise:* 7:06AM
Muruqa: Clear *Sunset:* 4:54PM
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Devaloka Day

Tehran, Iran
Sutra 246
Khara 5113
Moon 12 - Phase 33
1st Phase

4

Friday, December 16, 2011

Simha Rasi: 5.09 Tithi 21
759596155
Routine Work Marana Yoga
Until 8:02PM then Siddha Yoga
Until 10.27PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shasthi* Yam Titau

Gulika 8:20AM – 9:34AM **Magha* Until 8:02PM**
Yama 2:27PM – 3:40PM Vishkambha* Until 7:30PM
Rahu 10:47AM – 12:00PM Gara Until 7:06AM
Shasthi* Until 6:11PM

Ganesha: White *Sunrise:* 7:07AM
Muruqa: Clear *Sunset:* 4:54PM
Nataraja: Red
Moon – Red
Margasira-Markali

Sivaloka Day

Tehran, Iran
Sutra 247
Khara 5113
Moon 12 - Phase 33
1st Phase

5

Saturday, December 17, 2011

Simha Rasi: 18.47 Tithi 22 – 23
859596155
Routine Work Marana Yoga
Until 10.28PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam
Purvaphalguni* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 7:08AM – 8:21AM **Purvaphalguni* Until 7:30PM**
Yama 1:14PM – 2:28PM Priti Until 5:22PM
Rahu 9:34AM – 10:48AM Balava Until 4:06AM Sun
Saptami Until 5:01PM

Ganesha: Clear *Sunrise:* 7:08AM
Muruqa: Clear *Sunset:* 4:54PM
Nataraja: Red
Moon – Red
Margasira-Markali

Devaloka Day

Tehran, Iran
Sutra 248
Khara 5113
Moon 12 - Phase 33
1st Phase



Sunday, December 18, 2011
Retreat Star

Kanya Rasi: 2.4 Tithi 23 – 24
859596155
Creative Work Amrita Yoga
Until 10.28PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Gulika 2:28PM – 3:41PM **Uttaraphalguni Until 6:34PM**
Yama 12:01PM – 1:15PM Ayushman Until 2:52PM
Rahu 3:41PM – 4:55PM Taitila Until 2:31AM Mon
Ashtami* Until 3:26PM

Ganesha: Clear *Sunrise:* 7:08AM
Muruqa: Clear *Sunset:* 4:55PM
Nataraja: Red
Moon – Red
Margasira-Markali

Devaloka Day

Tehran, Iran
Sutra 249
Khara 5113
Moon 12 - Phase 33
Ashtami

Monday, December 19, 2011
Retreat Star

Kanya Rasi: 16.46 Tithi 24 – 25
Family Home Evening 869596155
Creative Work Siddha Yoga
Until 5:15PM then Prabalarishta Yoga
Until 10.29PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau


Gulika 1:15PM – 2:28PM **Hasta Until 5:15PM**
Yama 10:49AM – 12:02PM Saubhagya Until 12:01PM
Rahu 8:22AM – 9:35AM Vanija Until 12:31AM Tue
Navami* Until 1:26PM

Ganesha: White *Sunrise:* 7:09AM
Muruqa: Clear *Sunset:* 4:55PM
Nataraja: Red
Moon – Green
Margasira-Markali

Sivaloka Day

Tehran, Iran
Sutra 250
Khara 5113
Moon 12 - Phase 33
Navami

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishṇa Yajur Veda, Svetu 1.15. UpR, 718

| | | | |
|---|-------------------------------------|---|--|
| 1 | Tuesday, December 20, 2011 | Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau | Tehran, Iran |
| | | | Sun 9 Sutra 251 Khara 5113 |
| Tula Rasi: 1.05 | Tithi 25 – 26 | Gulika 12:02PM – 1:16PM Yama 9:36AM – 10:49AM Rahu 2:29PM – 3:42PM | Chitra Until 3:34PM Sobhana Until 8:49AM Bava Until 10:08PM Dasami Until 11:03AM |
| 869596155 | | Ganesha: White <i>Sunrise: 7:09AM</i> Muruqa: Clear <i>Sunset: 4:55PM</i> Nataraja: Red Moon – Green | Moon 12 - Phase 34 2nd Phase |
| Creative Work | Siddha Yoga | | Sivaloka Day |
| <hr/> | | | |
| 2 | Wednesday, December 21, 2011 | Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Visakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau | Tehran, Iran |
| | | | Sun 10 Sutra 252 Khara 5113 |
| Tula Rasi: 15.34 | Tithi 26 – 27 | Gulika 10:50AM – 12:03PM Yama 8:23AM – 9:36AM Rahu 12:03PM – 1:16PM | Svati Until 1:07PM Sukarma Until 1:25AM Thu Kaulava Until 6:29PM Ekadasi* Until 8:12AM |
| 861596155 | | Ganesha: White <i>Sunrise: 7:10AM</i> Muruqa: Clear <i>Sunset: 4:56PM</i> Nataraja: Red Moon – Green | Moon 12 - Phase 34 2nd Phase |
| Creative Work | Siddha Yoga | Day 1 of Pancha Ganapati | Sivaloka Day |
| <hr/> | | | |
| 3 | Thursday, December 22, 2011 | Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Visakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodasi* Yam Titau | Tehran, Iran |
| | | | Sun 11 Sutra 253 Khara 5113 |
| Vrischika Rasi: 0.08 | Tithi 28 | Gulika 9:37AM – 10:50AM Yama 7:10AM – 8:24AM Rahu 1:17PM – 2:30PM | Visakha Until 11:07AM Dhriti Until 10:01PM Gara Until 3:49PM Trayodasi* Until 2:06AM Fri <i>Pradosha Vrata (Fasting)</i> |
| 871596155 | | Ganesha: Yellow <i>Sunrise: 7:10AM</i> Muruqa: Clear <i>Sunset: 4:56PM</i> Nataraja: Red Moon – Orange | Moon 12 - Phase 34 2nd Phase |
| Creative Work | Siddha Yoga | Day 2 of Pancha Ganapati | Devaloka Day |
| <hr/> | | | |
| 4 | Friday, December 23, 2011 | Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau | Tehran, Iran |
| | | | Sun 12 Sutra 254 Khara 5113 |
| Vrischika Rasi: 14.43 | Tithi 29 | Gulika 8:24AM – 9:37AM Yama 2:30PM – 3:44PM Rahu 10:51AM – 12:04PM | Anuradha Until 9:20AM Shula* Until 6:37PM Visti Until 1:40PM Chaturdasi* Until 12:45AM Sat |
| 871596155 | | Ganesha: Yellow <i>Sunrise: 7:11AM</i> Muruqa: Clear <i>Sunset: 4:57PM</i> Nataraja: Red Moon – Orange | Moon 12 - Phase 34 2nd Phase |
| Creative Work | Siddha Yoga | Day 3 of Pancha Ganapati | Devaloka Day |
| Until 9:20AM then Prabalarishta Yoga | | | |
| Until 10:31PM then Siddha Yoga | | | |
| <hr/> | | | |
|  | Saturday, December 24, 2011 | Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau | Tehran, Iran |
| | Retreat Star | | Sun 13 Sutra 255 Khara 5113 |
| Vrischika Rasi: 29.13 | Tithi 30 | Gulika 7:11AM – 8:25AM Yama 1:18PM – 2:31PM Rahu 9:38AM – 10:51AM | Jyeshtha* Until 7:21AM Ganda* Until 3:58PM Catuspada Until 10:57AM Amavasya* Until 10:01PM |
| 871596155 | | Ganesha: Yellow <i>Sunrise: 7:11AM</i> Muruqa: Clear <i>Sunset: 4:57PM</i> Nataraja: Red Moon – Orange | Moon 12 - Phase 34 Amavasya |
| Creative Work | Siddha Yoga | Day 4 of Pancha Ganapati | Devaloka Day |
| Until 10:31PM then Amrita Yoga | | | |
| <hr/> | | | |
| | Sunday, December 25, 2011 | Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathama* Yam Titau | Tehran, Iran |
| | Retreat Star | | Sun 14 Sutra 256 Khara 5113 |
| Dhanus Rasi: 13.31 | Tithi 1 | Gulika 2:31PM – 3:45PM Yama 12:05PM – 1:18PM Rahu 3:45PM – 4:58PM | Purvashadha* Until 4:33AM Mon Vriddhi Until 12:47PM Kintughna Until 8:34AM Prathama* Until 7:39PM |
| 881596155 | | Ganesha: Red <i>Sunrise: 7:12AM</i> Muruqa: Clear <i>Sunset: 4:58PM</i> Nataraja: Red Moon – Light Blue | Moon 12 - Phase 34 Prathama |
| Creative Work | Siddha Yoga | Day 5 of Pancha Ganapati | Devaloka Day |
| Until 10:32PM then Marana Yoga | | | |

The soul is born and unfolds in a body with dreams and desires and the food of life. And then it is reborn in new bodies in accordance with its former works. The quality of the soul determines its future body; earthy or airy, heavy or light. Kṛishṇa Yajur Veda, Svetu 5.11–12. UpM, 94

| | | | | | | | | |
|----------|---|--|--|--|--|--|--|--------------|
| 1 | Monday, December 26, 2011 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiya Yam Titau | | | | | | Tehran, Iran |
| | Dhanu Rasi: 27.32 Tithi 2 Family Home Evening 891596155 Routine Work Marana Yoga Until 10.32PM then Prabalarishta Yoga Until 3:22AM Tue then Siddha Yoga | Gulika 1:19PM – 2:32PM Yama 10:52AM – 12:05PM Rahu 8:25AM – 9:39AM | Uttarashadha Until 3:22AM Tue Dhruva Until 10:03AM Balava Until 6:44AM Dvitiya Until 5:48PM | Ganesha: Red <i>Sunrise:</i> 7:12AM Muruqa: Clear <i>Sunset:</i> 4:59PM Nataraja: Red Moon – Light Blue Pausha-Markali | | | | Sun 15 |


| | | | | | | | | |
|----------|---|--|---|--|--|--|--|--------------|
| 2 | Tuesday, December 27, 2011 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau | | | | | | Tehran, Iran |
| | Makara Rasi: 11.13 Tithi 3 – 4 Creative Work Siddha Yoga Until 4:23AM Wed then Prabalarishta Yoga | Gulika 12:06PM – 1:19PM Yama 9:39AM – 10:53AM Rahu 2:33PM – 3:46PM | Sravana Until 4:23AM Wed Vyaghata* Until 8:01AM Vanija Until 5:29AM Wed Tritiya Until 5:29PM | Ganesha: Yellow <i>Sunrise:</i> 7:13AM Muruqa: Clear <i>Sunset:</i> 4:59PM Nataraja: Yellow Moon – Purple Pausha-Markali | | | | Sun 16 |

| | | | | | | | | |
|----------|---|---|--|--|--|--|--|--------------|
| 3 | Wednesday, December 28, 2011 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau | | | | | | Tehran, Iran |
| | Makara Rasi: 24.3 Tithi 4 – 5 Routine Work Prabalarishta Yoga Until 10.33PM then Siddha Yoga Until 4:28AM Thu then Marana Yoga | Gulika 10:53AM – 12:06PM Yama 8:26AM – 9:40AM Rahu 12:06PM – 1:20PM | Dhanishtha Until 4:28AM Thu Harshana Until 6:20AM Bava Until 4:56AM Thu Chaturthi* Until 4:56PM | Ganesha: Yellow <i>Sunrise:</i> 7:13AM Muruqa: Clear <i>Sunset:</i> 5:00PM Nataraja: Yellow Moon – Purple Pausha-Markali | | | | Sun 17 |

| | | | | | | | | |
|----------|---|--|---|--|--|--|--|--------------|
| 4 | Thursday, December 29, 2011 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau | | | | | | Tehran, Iran |
| | Kumbha Rasi: 7.25 Tithi 5 – 6 Routine Work Marana Yoga Until 10.34PM then Siddha Yoga | Gulika 9:40AM – 10:53AM Yama 7:13AM – 8:27AM Rahu 1:20PM – 2:34PM | Satabhisha Until 6:02AM Fri Siddhi Until 4:10AM Fri Kaulava Until 5:09AM Fri Panchami Until 5:09PM | Ganesha: Yellow <i>Sunrise:</i> 7:13AM Muruqa: Clear <i>Sunset:</i> 5:01PM Nataraja: Yellow Moon – Purple Pausha-Markali | | | | Sun 18 |

| | | | | | | | | |
|----------|---|--|---|--|--|--|--|--------------|
| 5 | Friday, December 30, 2011 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Shasthi* Yam Titau | | | | | | Tehran, Iran |
| | Kumbha Rasi: 19.59 Tithi 6 Creative Work Siddha Yoga | Gulika 8:27AM – 9:40AM Yama 2:34PM – 3:48PM Rahu 10:54AM – 12:07PM | Satabhisha Until 6:02AM Vyatipata* Until 5:24AM Sat Kaulava Until 6:03AM Shasthi* Until 7:08PM | Ganesha: Yellow <i>Sunrise:</i> 7:13AM Muruqa: Clear <i>Sunset:</i> 5:01PM Nataraja: Yellow Moon – Purple Pausha-Markali | | | | Sun 19 |

| | | | | | | | | |
|----------|---|--|--|---|--|--|--|--------------|
| 6 | Saturday, December 31, 2011 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Variyan Yoga Gara/Vanija Karana Saptami Yam Titau | | | | | | Tehran, Iran |
| | Meena Rasi: 2.16 Tithi 7 Creative Work Siddha Yoga Until 10.35PM then Amrita Yoga | Gulika 7:14AM – 8:27AM Yama 1:21PM – 2:35PM Rahu 9:41AM – 10:54AM | Purvaprostapada* Until 8:09AM Variyan Until 5:28AM Sun Gara Until 7:40AM Saptami Until 8:45PM | Ganesha: Blue <i>Sunrise:</i> 7:14AM Muruqa: Clear <i>Sunset:</i> 5:02PM Nataraja: Yellow Moon – Clear Pausha-Markali | | | | Sun 20 |

| | | | | | | | | |
|---|--|--|---|---|--|--|--|--------------|
|  | Sunday, January 1, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtami* Yam Titau | | | | | | Tehran, Iran |
| | Meena Rasi: 14.19 Tithi 8 Creative Work Amrita Yoga Until 10.35PM then Siddha Yoga | Gulika 2:36PM – 3:50PM Yama 12:09PM – 1:22PM Rahu 3:50PM – 5:04PM | Uttaraprostapada Until 10:42AM Parigha* Until 6:05AM Mon Visti Until 9:46AM Ashtami* Until 10:51PM | Ganesha: Blue <i>Sunrise:</i> 7:14AM Muruqa: Clear <i>Sunset:</i> 5:04PM Nataraja: Yellow Moon – Clear Pausha-Markali | | | | Sun 21 |

| | | | | | | | | |
|--------------------------------|--|---|--|---|--|--|--|--------------|
| Monday, January 2, 2012 | Retreat Star | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Asvini Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navami* Yam Titau | | | | | | Tehran, Iran |
| | Meena Rasi: 26.13 Tithi 9 Family Home Evening 812696156 Creative Work Siddha Yoga | Gulika 1:23PM – 2:37PM Yama 10:56AM – 12:09PM Rahu 8:28AM – 9:42AM | Revati Until 1:33PM Parigha* Until 6:05AM Balava Until 12:12PM Navami* Until 1:17AM Tue | Ganesha: Yellow <i>Sunrise:</i> 7:14AM Muruqa: Clear <i>Sunset:</i> 5:04PM Nataraja: Yellow Moon – Clear Pausha-Markali | | | | Sun 22 |

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, 'Fear not.' Tirumurai 11. KD, 224

| | | | | | | | | |
|----------|--|--|--|--|--|--|--|--|
| 1 | Tuesday, January 3, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini/Bharani Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Dasami Yam Titau | | | | | | Tehran, Iran Sutra 265 Khara 5113 |
| | Mesha Rasi: 8.04 Tithi 10 822696156 | Gulika 12:10PM – 1:24PM Yama 9:42AM – 10:56AM Rahu 2:37PM – 3:51PM | Asvini Until 4:32PM Shiva Until 6:58AM Tailila Until 2:46PM Dasami Until 3:52AM Wed | Ganesha: White <i>Sunrise:</i> 7:14AM Muruqa: Clear <i>Sunset:</i> 5:05PM Nataraja: Yellow Moon – White Pausha-Markali | | | | Moon 12 - Phase 36 4th Phase Sivaloka Day |
| | Creative Work Siddha Yoga Until 10.36PM then Marana Yoga | | | | | | | |

| | | | | | | | | |
|----------|--|---|--|--|--|--|--|--|
| 2 | Wednesday, January 4, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Vanija/Vishti* Karana Ekadasi Yam Titau | | | | | | Tehran, Iran Sutra 266 Khara 5113 |
| | Mesha Rasi: 19.55 Tithi 11 822696156 | Gulika 10:56AM – 12:10PM Yama 8:28AM – 9:42AM Rahu 12:10PM – 1:24PM | Bharani Until 7:31PM Siddha Until 7:49AM Vanija Until 5:20PM Ekadasi Until 6:36AM Thu | Ganesha: White <i>Sunrise:</i> 7:15AM Muruqa: Clear <i>Sunset:</i> 5:06PM Nataraja: Yellow Moon – White Pausha-Markali | | | | Moon 12 - Phase 36 4th Phase Sivaloka Day |
| | Routine Work Marana Yoga Until 7:31PM then Amrita Yoga Until 10.37PM then Marana Yoga | | | | | | | |

| | | | | | | | | |
|----------|---|---|--|--|--|--|--|--|
| 3 | Thursday, January 5, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau | | | | | | Tehran, Iran Sutra 267 Khara 5113 |
| | Mrishabha Rasi: 1.5 Tithi 11 – 12 822696156 | Gulika 9:43AM – 10:57AM Yama 7:15AM – 8:29AM Rahu 1:25PM – 2:39PM | Krittika Until 10:19PM Sadhya Until 8:32AM Bava Until 7:42PM Ekadasi Until 6:36AM | Ganesha: White <i>Sunrise:</i> 7:15AM Muruqa: Clear <i>Sunset:</i> 5:07PM Nataraja: Yellow Moon – White Pausha-Markali | | | | Moon 12 - Phase 36 4th Phase Sivaloka Day |
| | Routine Work Marana Yoga | Subramuniyaswami Jayanti | | | | | | |

| | | | | | | | | |
|----------|---|--|---|---|--|--|--|--|
| 4 | Friday, January 6, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau | | | | | | Tehran, Iran Sutra 268 Khara 5113 |
| | Mrishabha Rasi: 13.56 Tithi 12 – 13 832696156 | Gulika 8:29AM – 9:43AM Yama 2:39PM – 3:53PM Rahu 10:57AM – 12:11PM | Rohini Until 12:48AM Sat Subha Until 8:56AM Kaulava Until 9:43PM Dvadasi Until 8:38AM <i>Pradosha Vrata</i> | Ganesha: Clear <i>Sunrise:</i> 7:15AM Muruqa: Clear <i>Sunset:</i> 5:08PM Nataraja: Yellow Moon – Yellow Pausha-Markali | | | | Moon 12 - Phase 36 4th Phase Devaloka Day |
| | Routine Work Marana Yoga Until 10.38PM then Amrita Yoga Until 12:48AM Sat then Siddha Yoga | | | | | | | |

| | | | | | | | | |
|----------|---|--|---|---|--|--|--|--|
| 5 | Saturday, January 7, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau | | | | | | Tehran, Iran Sutra 269 Khara 5113 |
| | Mrishabha Rasi: 26.14 Tithi 13 – 14 832696156 | Gulika 7:15AM – 8:29AM Yama 1:26PM – 2:40PM Rahu 9:43AM – 10:57AM | Mrigasira Until 1:15AM Sun Sukla Until 8:44AM Gara Until 9:50PM Trayodasi Until 9:50AM | Ganesha: Clear <i>Sunrise:</i> 7:15AM Muruqa: Clear <i>Sunset:</i> 5:08PM Nataraja: Yellow Moon – Yellow Pausha-Markali | | | | Moon 12 - Phase 36 4th Phase Devaloka Day |
| | Creative Work Siddha Yoga | | | | | | | |

| | | | | | | | | |
|----------|--|---|--|---|--|--|--|--|
| ○ | Sunday, January 8, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Vishti* Karana Chaturdasi*/Purnima* Yam Titau | | | | | | Tehran, Iran Sutra 270 Khara 5113 |
| | Copper Retreat Star Mithuna Rasi: 8.49 Tithi 14 – 15 832696156 | Gulika 2:41PM – 3:55PM Yama 12:12PM – 1:26PM Rahu 3:55PM – 5:09PM | Ardra Until 2:39AM Mon Brahma Until 8:18AM Visiti Until 10:44PM Chaturdasi* Until 10:44AM | Ganesha: Clear <i>Sunrise:</i> 7:15AM Muruqa: Clear <i>Sunset:</i> 5:09PM Nataraja: Yellow Moon – Yellow Pausha-Markali | | | | Moon 12 - Phase 36 Purnima Devaloka Day |
| | Creative Work Siddha Yoga Until 2:39AM Mon then Amrita Yoga | Tiruvembavai | | | | | | |

| | | | | | | | | |
|----------|--|---|--|--|--|--|--|---|
| ○ | Monday, January 9, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhrili* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau | | | | | | Tehran, Iran Sutra 271 Khara 5113 |
| | Silver Retreat Star Mithuna Rasi: 21.4 Tithi 15 – 16 842696156 | Gulika 1:27PM – 2:41PM Yama 10:58AM – 12:12PM Rahu 8:29AM – 9:43AM | Punarvasu Until 3:32AM Tue Indra Until 7:22AM Balava Until 11:03PM Purnima* Until 11:03AM | Ganesha: Purple <i>Sunrise:</i> 7:15AM Muruqa: Clear <i>Sunset:</i> 5:10PM Nataraja: Yellow Moon – Blue Pausha-Markali | | | | Moon 12 - Phase 36 Prathama Sivaloka Day |
| | Creative Work Amrita Yoga Until 10.39PM then Siddha Yoga | | | | | | | |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2. UpH,262



Tuesday, January 10, 2012
Gold Retreat Star

Kataka Rasi: 4.49 Tithi 16 – 17
842696156

Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Gulika 12:13PM – 1:27PM **Pushya Until 3:53AM Wed**
Yama 9:44AM – 10:58AM **Vishkambha* Until 4:48AM Wed**
Rahu 2:42PM – 3:57PM **Taitila Until 10:48PM**
Prathama* Until 10:48AM

Ganesha: Purple *Sunrise: 7:14AM*
Muruqa: Clear *Sunset: 5:11PM*
Nataraja: Yellow
Moon – Blue
Pausha-Markali

Tehran, Iran
Sutra 272
Khara 5113
Moon 13 - Phase 37
1st Phase

Sivaloka Day

1

Wednesday, January 11, 2012

Kataka Rasi: 18.13 Tithi 17 – 18
842696156

Creative Work Siddha Yoga
Until 2:12AM Thu then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Aslesha* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 10:58AM – 12:13PM **Aslesha* Until 2:12AM Thu**
Yama 8:29AM – 9:44AM **Priti Until 1:32AM Thu**
Rahu 12:13PM – 1:28PM **Vanija Until 8:48PM**
Dvitiya Until 9:43AM

Ganesha: Purple *Sunrise: 7:14AM*
Muruqa: Clear *Sunset: 5:12PM*
Nataraja: Yellow
Moon – Blue
Pausha-Markali

Tehran, Iran
Sutra 273
Khara 5113
Moon 13 - Phase 37
1st Phase

Sivaloka Day

2

Thursday, January 12, 2012

Simha Rasi: 1.51 Tithi 18 – 19
852696156

Creative Work Amrita Yoga
Until 10:40PM then Marana Yoga
Until 1:41AM Fri then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 9:44AM – 10:59AM **Magha* Until 1:41AM Fri**
Yama 7:14AM – 8:29AM **Ayushman Until 11:26PM**
Rahu 1:28PM – 2:43PM **Bava Until 7:40PM**
Tritiya Until 8:36AM

Ganesha: Clear *Sunrise: 7:14AM*
Muruqa: Clear *Sunset: 5:13PM*
Nataraja: Yellow
Moon – Red
Pausha-Markali

Tehran, Iran
Sutra 274
Khara 5113
Moon 13 - Phase 37
1st Phase

Devaloka Day

3

Friday, January 13, 2012

Simha Rasi: 15.39 Tithi 19 – 20
852696156

Creative Work Siddha Yoga
Until 10:41PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 8:29AM – 9:44AM **Purvaphalguni* Until 12:53AM Sat**
Yama 2:44PM – 3:59PM **Saubhagya Until 9:03PM**
Rahu 10:59AM – 12:14PM **Kaulava Until 6:14PM**
Chaturthi* Until 7:09AM

Ganesha: Clear *Sunrise: 7:14AM*
Muruqa: Clear *Sunset: 5:14PM*
Nataraja: Yellow
Moon – Red
Pausha-Markali

Tehran, Iran
Sutra 275
Khara 5113
Moon 13 - Phase 37
1st Phase

Devaloka Day

4

Saturday, January 14, 2012

Simha Rasi: 29.35 Tithi 21
853696156

Routine Work Marana Yoga
Until 10:41PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Gara/Vanija Karana Shasthi* Yam Titau

Gulika 7:14AM – 8:29AM **Uttaraphalguni Until 11:52PM**
Yama 1:30PM – 2:45PM **Sobhana Until 6:28PM**
Rahu 9:44AM – 10:59AM **Gara Until 4:33PM**
Shasthi* Until 3:38AM Sun

Ganesha: Purple *Sunrise: 7:14AM*
Muruqa: Clear *Sunset: 5:15PM*
Nataraja: Yellow
Moon – Red
Pausha-Thai

Tehran, Iran
Sutra 276
Khara 5113
Moon 13 - Phase 37
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

5

Sunday, January 15, 2012

Kanya Rasi: 13.35 Tithi 22
863696156

Creative Work Amrita Yoga
Until 10:41PM then Siddha Yoga
Until 10:42PM then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptami Yam Titau

Gulika 2:45PM – 4:01PM **Hasta Until 10:42PM**
Yama 12:15PM – 1:30PM **Athiganda* Until 3:45PM**
Rahu 4:01PM – 5:16PM **Visti Until 2:43PM**
Saptami Until 1:47AM Mon

Ganesha: Clear *Sunrise: 7:13AM*
Muruqa: Clear *Sunset: 5:16PM*
Nataraja: Yellow
Moon – Green
Pausha-Thai

Tehran, Iran
Sutra 277
Khara 5113
Moon 13 - Phase 37
1st Phase

Devaloka Day



Monday, January 16, 2012
Retreat Star

Kanya Rasi: 27.4 Tithi 23
Family Home Evening 863696156

Routine Work Prabalarishta Yoga
Until 9:26PM then Amrita Yoga
Until 10:42PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 1:31PM – 2:46PM **Chitra Until 9:26PM**
Yama 11:00AM – 12:15PM **Sukarma Until 12:57PM**
Rahu 8:29AM – 9:44AM **Balava Until 12:46PM**
Ashtami* Until 11:51PM

Ganesha: Clear *Sunrise: 7:13AM*
Muruqa: Clear *Sunset: 5:17PM*
Nataraja: Yellow
Moon – Green
Pausha-Thai

Tehran, Iran
Sutra 278
Khara 5113
Moon 13 - Phase 37
Ashtami

Devaloka Day

Tuesday, January 17, 2012
Retreat Star

Tula Rasi: 11.46 Tithi 24
863696156

Creative Work Siddha Yoga
Until 8:06PM then Marana Yoga
Until 10:42PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navami* Yam Titau

Gulika 12:15PM – 1:31PM **Svati Until 8:06PM**
Yama 9:44AM – 11:00AM **Dhriti Until 10:04AM**
Rahu 2:47PM – 4:02PM **Taitila Until 10:45AM**
Navami* Until 9:50PM

Ganesha: Clear *Sunrise: 7:13AM*
Muruqa: Clear *Sunset: 5:18PM*
Nataraja: Yellow
Moon – Green
Pausha-Thai

Tehran, Iran
Sutra 279
Khara 5113
Moon 13 - Phase 37
Navami

Devaloka Day

| | | | | | | | |
|---|------------------------------------|----------|---|-----------------------------|-----------------------|------------------------|---|
| 1 | Wednesday, January 18, 2012 | | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Visakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dasami Yam Titau | | | | Tehran, Iran Sun 8 Sutra 280 Khara 5113 |
| | Tula Rasi: 25.55 | Tithi 25 | Gulika 11:00AM – 12:16PM | Visakha Until 6:44PM | Ganesha: White | <i>Sunrise:</i> 7:13AM | |
| | 873696156 | | Yama 8:28AM – 9:44AM | Shula* Until 7:10AM | Muruqa: Clear | <i>Sunset:</i> 5:19PM | Moon 13 - Phase 38 2nd Phase |

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

| | | | | | | | |
|---|-----------------------------------|---------------|---|------------------------------|-----------------------|------------------------|---|
| 2 | Thursday, January 19, 2012 | | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Bava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau | | | | Tehran, Iran Sun 9 Sutra 281 Khara 5113 |
| | Virchika Rasi: 10.02 | Tithi 26 – 27 | Gulika 9:44AM – 11:00AM | Anuradha Until 5:22PM | Ganesha: White | <i>Sunrise:</i> 7:12AM | |
| | 873696156 | | Yama 7:12AM – 8:28AM | Vriddhi Until 1:35AM Fri | Muruqa: Clear | <i>Sunset:</i> 5:20PM | Moon 13 - Phase 38 2nd Phase |

Creative Work Siddha Yoga
Until 10.43PM then Prabalarishta Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

| | | | | | | | |
|---|---------------------------------|---------------|--|-------------------------------|-----------------------|------------------------|--|
| 3 | Friday, January 20, 2012 | | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau | | | | Tehran, Iran Sun 10 Sutra 282 Khara 5113 |
| | Virchika Rasi: 24.08 | Tithi 27 – 28 | Gulika 8:28AM – 9:44AM | Jyeshtha* Until 4:02PM | Ganesha: White | <i>Sunrise:</i> 7:12AM | |
| | 873696156 | | Yama 2:49PM – 4:05PM | Dhruva Until 10:44PM | Muruqa: Clear | <i>Sunset:</i> 5:21PM | Moon 13 - Phase 38 2nd Phase |

Routine Work Prabalarishta Yoga
Until 4:02PM then no yoga
Until 10.43PM then Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Pradosha Vrata (Fasting)

| | | | | | | | |
|---|-----------------------------------|---------------|--|---------------------------|-----------------------|------------------------|--|
| 4 | Saturday, January 21, 2012 | | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau | | | | Tehran, Iran Sun 11 Sutra 283 Khara 5113 |
| | Dhanus Rasi: 8.1 | Tithi 28 – 29 | Gulika 7:11AM – 8:28AM | Mula* Until 2:51PM | Ganesha: Green | <i>Sunrise:</i> 7:11AM | |
| | 883696156 | | Yama 1:33PM – 2:49PM | Vyaghata* Until 8:00PM | Muruqa: Clear | <i>Sunset:</i> 5:22PM | Moon 13 - Phase 38 2nd Phase |

Creative Work Siddha Yoga
Until 2:51PM then Marana Yoga
Until 10.43PM then Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

| | | | | | | | |
|---|---------------------------------|---------------|---|----------------------------------|-----------------------|------------------------|--|
| ● | Sunday, January 22, 2012 | | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau | | | | Tehran, Iran Sun 12 Sutra 284 Khara 5113 |
| | Retreat Star | | Gulika 2:50PM – 4:06PM | Purvashadha* Until 1:54PM | Ganesha: Green | <i>Sunrise:</i> 7:11AM | |
| | Dhanus Rasi: 22.04 | Tithi 29 – 30 | Yama 12:17PM – 1:33PM | Harshana Until 5:29PM | Muruqa: Clear | <i>Sunset:</i> 5:23PM | Moon 13 - Phase 38 Amavasya |

Creative Work Siddha Yoga
Until 1:54PM then Amrita Yoga
Until 10.43PM then Marana Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

| | | | | | | | |
|---|---------------------------------|--------------|--|----------------------------------|-----------------------|------------------------|--|
| ● | Monday, January 23, 2012 | | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau | | | | Tehran, Iran Sun 13 Sutra 285 Khara 5113 |
| | Retreat Star | | Gulika 1:34PM – 2:51PM | Uttarashadha Until 1:51PM | Ganesha: Green | <i>Sunrise:</i> 7:10AM | |
| | Makara Rasi: 5.45 | Tithi 30 – 1 | Yama 11:00AM – 12:17PM | Vajra* Until 3:56PM | Muruqa: Clear | <i>Sunset:</i> 5:24PM | Moon 13 - Phase 38 Prathama |

Family Home Evening 883696156
Routine Work Marana Yoga
Until 1:51PM then Amrita Yoga
Until 10.44PM then Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Inv. to Vinayaka. TM

| | | | | | | |
|--|--|---|--|--|---|--|
| 1 | Tuesday, January 24, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana/Dhanishtha Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Prathama*/Dviliya Yam Titau | | | | Tehran, Iran |
| | Makara Rasi: 19.11 Tithi 1 – 2 893696156 | Gulika 12:17PM – 1:34PM Yama 9:44AM – 11:00AM Rahu 2:51PM – 4:08PM | Sravana Until 1:39PM Siddhi Until 2:00PM Balava Until 10:33PM Prathama* Until 10:33AM | Ganesha: White Muruqa: Clear Nataraja: Yellow Moon – Purple Magha*Thai | <i>Sunrise:</i> 7:10AM <i>Sunset:</i> 5:25PM | Sun 14 Sutra 286 Khara 5113 Moon 13 - Phase 39 3rd Phase |
| Creative Work Siddha Yoga Until 1:39PM then Marana Yoga Until 10.44PM then Prabalarishta Yoga | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | | | |

| | | | | | | |
|---|---|---|---|--|---|--|
| 2 | Wednesday, January 25, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vyatiyata*/Variyan Yoga Kaulava/Taitila Karana Dviliya/Triliya Yam Titau | | | | Tehran, Iran |
| | Kumbha Rasi: 2.21 Tithi 2 – 3 993696156 | Gulika 11:01AM – 12:18PM Yama 8:26AM – 9:43AM Rahu 12:18PM – 1:35PM | Dhanishtha Until 1:58PM Vyatiyata* Until 12:34PM Taitila Until 10:17PM Dvitiya Until 10:17AM | Ganesha: Green Muruqa: Clear Nataraja: Yellow Moon – Purple Magha*Thai | <i>Sunrise:</i> 7:09AM <i>Sunset:</i> 5:26PM | Sun 15 Sutra 287 Khara 5113 Moon 13 - Phase 39 3rd Phase |
| Routine Work Prabalarishta Yoga Until 1:58PM then Siddha Yoga Until 10.44PM then Marana Yoga | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | | | |

| | | | | | | |
|--|--|---|---|--|---|--|
| 3 | Thursday, January 26, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Triliya/Chaturthi* Yam Titau | | | | Tehran, Iran |
| | Kumbha Rasi: 15.12 Tithi 3 – 4 993696156 | Gulika 9:43AM – 11:01AM Yama 7:09AM – 8:26AM Rahu 1:35PM – 2:52PM | Satabhisha Until 2:51PM Variyan Until 11:38AM Vanija Until 10:36PM Tritiya Until 10:36AM | Ganesha: Green Muruqa: Clear Nataraja: Yellow Moon – Purple Magha*Thai | <i>Sunrise:</i> 7:09AM <i>Sunset:</i> 5:27PM | Sun 16 Sutra 288 Khara 5113 Moon 13 - Phase 39 3rd Phase |
| Routine Work Marana Yoga Until 2:51PM then Siddha Yoga | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | | | |

| | | | | | | |
|------------------------------|--|---|--|--|---|--|
| 4 | Friday, January 27, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau | | | | Tehran, Iran |
| | Kumbha Rasi: 27.46 Tithi 4 – 5 913796156 | Gulika 8:25AM – 9:43AM Yama 2:53PM – 4:11PM Rahu 11:01AM – 12:18PM | Purvaprostapada* Until 5:09PM Parigha* Until 11:38AM Bava Until 1:08AM Sat Chaturthi* Until 12:02PM | Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – Clear Magha*Thai | <i>Sunrise:</i> 7:08AM <i>Sunset:</i> 5:28PM | Sun 17 Sutra 289 Khara 5113 Moon 13 - Phase 39 3rd Phase |
| Creative Work Siddha Yoga | | Sivaloka Day | | | | |

| | | | | | | |
|--|---|---|---|---|---|--|
| 5 | Saturday, January 28, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau | | | | Tehran, Iran |
| | Meena Rasi: 10.02 Tithi 5 – 6 914796156 | Gulika 7:07AM – 8:25AM Yama 1:36PM – 2:54PM Rahu 9:43AM – 11:00AM | Uttaraprostapada Until 7:15PM Shiva Until 11:42AM Kaulava Until 2:43AM Sun Panchami Until 1:38PM | Ganesha: Red Muruqa: Clear Nataraja: Yellow Moon – Clear Magha*Thai | <i>Sunrise:</i> 7:07AM <i>Sunset:</i> 5:29PM | Sun 18 Sutra 290 Khara 5113 Moon 13 - Phase 39 3rd Phase |
| Creative Work Siddha Yoga Until 7:15PM then Prabalarishta Yoga Until 10.45PM then Amrita Yoga | | Devaloka Day | | | | |

| | | | | | | |
|---|---|---|---|---|---|--|
| 6 | Sunday, January 29, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau | | | | Tehran, Iran |
| | Meena Rasi: 22.07 Tithi 6 – 7 914796156 | Gulika 2:54PM – 4:12PM Yama 12:18PM – 1:36PM Rahu 4:12PM – 5:30PM | Revati Until 9:47PM Siddha Until 12:10PM Gara Until 4:48AM Mon Shasthi* Until 3:42PM | Ganesha: Red Muruqa: Clear Nataraja: Yellow Moon – Clear Magha*Thai | <i>Sunrise:</i> 7:07AM <i>Sunset:</i> 5:30PM | Sun 19 Sutra 291 Khara 5113 Moon 13 - Phase 39 3rd Phase |
| Creative Work Amrita Yoga Until 9:47PM then Siddha Yoga | | Devaloka Day | | | | |

| | | | | | | |
|---------------------------------|---|--|---|--|---|--|
| Monday, January 30, 2012 | Retreat Star | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Asvini Nakshatra Sadhya/Subha Yoga Vanija Karana Saptami Yam Titau | | | | Tehran, Iran |
| | Mesha Rasi: 4.01 Tithi 7 Family Home Evening 924796156 Creative Work Siddha Yoga | Gulika 1:37PM – 2:55PM Yama 11:00AM – 12:19PM Rahu 8:24AM – 9:42AM | Asvini Until 12:38AM Tue Sadhya Until 12:55PM Vanija Until 7:13AM Tue Saptami Until 6:07PM | Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – White Magha*Thai | <i>Sunrise:</i> 7:06AM <i>Sunset:</i> 5:31PM | Sun 20 Sutra 292 Khara 5113 Moon 13 - Phase 39 3rd Phase |
| | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | | | |

| | | | | | | |
|---|--|---|---|--|---|--|
| Tuesday, January 31, 2012 | Retreat Star | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtami* Yam Titau | | | | Tehran, Iran |
| | Mesha Rasi: 15.5 Tithi 8 924796156 | Gulika 12:19PM – 1:37PM Yama 9:42AM – 11:00AM Rahu 2:55PM – 4:14PM | Bharani Until 3:39AM Wed Subha Until 1:49PM Visti Until 7:37AM Ashtami* Until 8:43PM | Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – White Magha*Thai | <i>Sunrise:</i> 7:05AM <i>Sunset:</i> 5:32PM | Sun 21 Sutra 293 Khara 5113 Moon 13 - Phase 39 Ashtami |
| Creative Work Siddha Yoga Until 10.45PM then Marana Yoga Until 3:39AM Wed then Amrita Yoga | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | | | |

| | | | | | | |
|--|--|---|--|--|---|---|
| Wednesday, February 1, 2012 | Retreat Star | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau | | | | Tehran, Iran |
| | Mesha Rasi: 27.4 Tithi 9 924796156 | Gulika 11:00AM – 12:19PM Yama 8:24AM – 9:42AM Rahu 12:19PM – 1:37PM | Krittika Until 6:48AM Thu Sukla Until 2:43PM Balava Until 10:12AM Navami* Until 11:18PM | Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – White Magha*Thai | <i>Sunrise:</i> 7:05AM <i>Sunset:</i> 5:32PM | Sun 22 Sutra 294 Khara 5113 Moon 13 - Phase 39 Navami |
| Creative Work Amrita Yoga Until 10.45PM then Marana Yoga | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | | | |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

| | | | | | | | |
|-----------------------------------|-----------------------------------|--|--|--|---|--------|---|
| 1 | Thursday, February 2, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dasami Yam Titau | | | | | Tehran, Iran |
| | 924796156 | Gulika 9:42AM – 11:00AM Yama 7:04AM – 8:23AM Rahu 1:37PM – 2:56PM | Krittika Until 6:48AM Brahma Until 3:27PM Taitila Until 12:35PM Dasami Until 1:41AM Fri | Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – White Magha-Thai | <i>Sunrise: 7:04AM</i> <i>Sunset: 5:33PM</i> | Sun 23 | Sutra 295 Khara 5113 Moon 13 - Phase 40 4th Phase |
| Vrishabha Rasi: 10 Tilthi 10 | | Routine Work Marana Yoga | | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | | |

| | | | | | | | |
|--------------------------------------|---------------------------------|--|--|---|---|--------|---|
| 2 | Friday, February 3, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigasira Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau | | | | | Tehran, Iran |
| | 934797156 | Gulika 8:22AM – 9:41AM Yama 2:57PM – 4:15PM Rahu 11:00AM – 12:19PM | Rohini Until 9:15AM Indra Until 3:50PM Vanija Until 2:34PM Ekadasi Until 3:39AM Sat | Ganesha: Yellow Muruqa: White Nataraja: Yellow Moon – Yellow Magha-Thai | <i>Sunrise: 7:04AM</i> <i>Sunset: 5:34PM</i> | Sun 24 | Sutra 296 Khara 5113 Moon 13 - Phase 40 4th Phase |
| Vrishabha Rasi: 21.43 Tilthi 11 | | Routine Work Marana Yoga Until 9:15AM then Siddha Yoga | | Sivaloka Day | | | |

| | | | | | | | |
|-----------------------------------|-----------------------------------|---|---|--|---|--------|---|
| 3 | Saturday, February 4, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau | | | | | Tehran, Iran |
| | 934797157 | Gulika 7:03AM – 8:22AM Yama 1:38PM – 2:57PM Rahu 9:41AM – 11:00AM | Mrigasira Until 10:46AM Vaidhriti* Until 3:02PM Bava Until 3:07PM Dvadasi Until 3:07AM Sun | Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Magha-Thai | <i>Sunrise: 7:03AM</i> <i>Sunset: 5:35PM</i> | Sun 25 | Sutra 297 Khara 5113 Moon 13 - Phase 40 4th Phase |
| Mithuna Rasi: 4.05 Tilthi 12 | | Creative Work Siddha Yoga | | Subha Sivaloka Day | | | |

| | | | | | | | |
|------------------------------------|---------------------------------|--|--|--|---|--------|---|
| 4 | Sunday, February 5, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau | | | | | Tehran, Iran |
| | 934797157 | Gulika 2:58PM – 4:17PM Yama 12:19PM – 1:38PM Rahu 4:17PM – 5:36PM | Ardra Until 11:55AM Vishkambha* Until 2:21PM Kaulava Until 3:43PM Trayodasi Until 3:43AM Mon <i>Pradosha Vrata</i> | Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Magha-Thai | <i>Sunrise: 7:02AM</i> <i>Sunset: 5:36PM</i> | Sun 26 | Sutra 298 Khara 5113 Moon 13 - Phase 40 4th Phase |
| Mithuna Rasi: 16.48 Tilthi 13 | | Creative Work Siddha Yoga Until 10.46PM then Amrita Yoga | | Subha Sivaloka Day | | | |

| | | | | | | | |
|------------------------------------|---------------------------------|---|--|---|---|--------|---|
| 5 | Monday, February 6, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau | | | | | Tehran, Iran |
| | 944797157 | Gulika 1:39PM – 2:58PM Yama 11:00AM – 12:19PM Rahu 8:21AM – 9:40AM | Punarvasu Until 12:22PM Priti Until 1:02PM Gara Until 3:35PM Chaturdasi* Until 3:35AM Tue | Ganesha: White Muruqa: White Nataraja: White Moon – Blue Magha-Thai | <i>Sunrise: 7:01AM</i> <i>Sunset: 5:37PM</i> | Sun 27 | Sutra 299 Khara 5113 Moon 13 - Phase 40 4th Phase |
| Mithuna Rasi: 29.53 Tilthi 14 | | Family Home Evening Creative Work Amrita Yoga Until 12:22PM then Siddha Yoga | | Sivaloka Day | | | |
| | | Thai Pusam | | | | | |

| | | | | | | | |
|-----------------------------------|----------------------------------|--|---|---|---|--------|---|
| ○ | Tuesday, February 7, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Aslesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau | | | | | Tehran, Iran |
| | 944797157 | Gulika 12:19PM – 1:39PM Yama 9:40AM – 11:00AM Rahu 2:59PM – 4:19PM | Pushya Until 11:41AM Ayushman Until 10:44AM Visti Until 2:00PM Purnima* Until 1:05AM Wed | Ganesha: White Muruqa: White Nataraja: White Moon – Blue Magha-Thai | <i>Sunrise: 7:00AM</i> <i>Sunset: 5:38PM</i> | Sun 28 | Sutra 300 Khara 5113 Moon 13 - Phase 40 Purnima |
| Kataka Rasi: 13.21 Tilthi 15 | | Creative Work Siddha Yoga | | Sivaloka Day | | | |

| | | | | | | | |
|----------------------------------|------------------------------------|---|---|---|---|--------|--|
| ○ | Wednesday, February 8, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Aslesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau | | | | | Tehran, Iran |
| | 944797157 | Gulika 10:59AM – 12:19PM Yama 8:19AM – 9:39AM Rahu 12:19PM – 1:39PM | Aslesha* Until 10:52AM Saubhagya Until 8:21AM Balava Until 12:32PM Prathama* Until 11:36PM | Ganesha: White Muruqa: White Nataraja: White Moon – Blue Magha-Thai | <i>Sunrise: 6:59AM</i> <i>Sunset: 5:39PM</i> | Sun 29 | Sutra 301 Khara 5113 Moon 13 - Phase 40 Prathama |
| Kataka Rasi: 27.1 Tilthi 16 | | Creative Work Siddha Yoga Until 10.46PM then Amrita Yoga | | Sivaloka Day | | | |



Thursday, February 9, 2012
Gold Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiya Yam Titau

Tehran, Iran
Sutra 302
Khara 5113

Simha Rasi: 11.16 Tithi 17
955797167
Creative Work Amrita Yoga
Until 9:33AM then no yoga
Until 10.46PM then Siddha Yoga

Gulika 9:39AM – 10:59AM
Yama 6:58AM – 8:19AM
Rahu 1:40PM – 3:00PM

Magha* Until 9:33AM
Athiganda* Until 2:50AM Fri
Taitila Until 10:32AM
Dvitiya Until 9:36PM

Ganesha: White *Sunrise: 6:58AM*
Muruqa: Yellow *Sunset: 5:40PM*
Nataraja: Blue
Moon – Red
Magha*Thai

Sivaloka Day

Moon 1 - Phase 41
1st Phase

1 **Friday, February 10, 2012**

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni*/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiya Yam Titau

Tehran, Iran
Sutra 303
Khara 5113

Simha Rasi: 25.33 Tithi 18
955797267
Creative Work Siddha Yoga
Until 10.46PM then Marana Yoga

Gulika 8:18AM – 9:38AM
Yama 3:00PM – 4:21PM
Rahu 10:59AM – 12:19PM

Purvaphalguni* Until 7:55AM
Sukarma Until 11:42PM
Vanija Until 8:11AM
Tritiya Until 7:15PM

Ganesha: White *Sunrise: 6:57AM*
Muruqa: White *Sunset: 5:41PM*
Nataraja: Yellow
Moon – Red
Magha*Thai

Subha Sivaloka Day

Moon 1 - Phase 41
1st Phase

2 **Saturday, February 11, 2012**

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Tehran, Iran
Sutra 304
Khara 5113

Kanya Rasi: 9.56 Tithi 19 – 20
955797267
Routine Work Marana Yoga
Until 10.46PM then Amrita Yoga

Gulika 6:57AM – 8:17AM
Yama 1:40PM – 3:01PM
Rahu 9:38AM – 10:59AM

Uttaraphalguni Until 6:07AM
Dhriti Until 8:24PM
Kaulava Until 3:48AM Sun
Chaturthi* Until 4:44PM

Ganesha: White *Sunrise: 6:57AM*
Muruqa: White *Sunset: 5:42PM*
Nataraja: Yellow
Moon – Red
Magha*Thai

Subha Sivaloka Day

Moon 1 - Phase 41
1st Phase

3 **Sunday, February 12, 2012**

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Tehran, Iran
Sutra 305
Khara 5113

Kanya Rasi: 24.19 Tithi 20 – 21
965797267
Creative Work Siddha Yoga
Until 10.46PM then Prabalarishta Yoga
Until 3:11AM Mon then Amrita Yoga

Gulika 3:01PM – 4:22PM
Yama 12:19PM – 1:40PM
Rahu 4:22PM – 5:43PM

Chitra Until 3:11AM Mon
Shula* Until 5:06PM
Gara Until 1:16AM Mon
Panchami Until 2:12PM

Ganesha: Clear *Sunrise: 6:56AM*
Muruqa: White *Sunset: 5:43PM*
Nataraja: Yellow
Moon – Green
Magha*Thai

Sivaloka Day

Moon 1 - Phase 41
1st Phase

4 **Monday, February 13, 2012**

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Tehran, Iran
Sutra 306
Khara 5113

Tula Rasi: 8.37 Tithi 21 – 22
Family Home Evening 965797267
Creative Work Amrita Yoga
Until 10.46PM then Siddha Yoga
Until 1:31AM Tue then Marana Yoga

Gulika 1:41PM – 3:02PM
Yama 10:58AM – 12:19PM
Rahu 8:16AM – 9:37AM

Svati Until 1:31AM Tue
Ganda* Until 1:56PM
Visti Until 10:53PM
Shasthi* Until 11:48AM

Ganesha: Clear *Sunrise: 6:55AM*
Muruqa: White *Sunset: 5:44PM*
Nataraja: Yellow
Moon – Green
Magha*Mas

Sivaloka Day

Moon 1 - Phase 41
1st Phase

Tuesday, February 14, 2012
Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Visakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Tehran, Iran
Sutra 307
Khara 5113

Tula Rasi: 22.48 Tithi 22 – 23
975797267
Routine Work Marana Yoga
Until 10.46PM then Siddha Yoga

Gulika 12:19PM – 1:41PM
Yama 9:36AM – 10:58AM
Rahu 3:02PM – 4:24PM

Visakha Until 12:03AM Wed
Vridhhi Until 10:57AM
Balava Until 8:43PM
Saptami Until 9:38AM

Ganesha: Purple *Sunrise: 6:53AM*
Muruqa: White *Sunset: 5:45PM*
Nataraja: Yellow
Moon – Orange
Magha*Mas

Subha Sivaloka Day

Moon 1 - Phase 41
Ashtami

Wednesday, February 15, 2012
Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Tehran, Iran
Sutra 308
Khara 5113

Vrischika Rasi: 6.5 Tithi 23 – 24
975797267
Creative Work Siddha Yoga

Gulika 10:58AM – 12:19PM
Yama 8:14AM – 9:36AM
Rahu 12:19PM – 1:41PM

Anuradha Until 10:51PM
Dhruva Until 8:12AM
Taitila Until 6:49PM
Ashtami* Until 7:44AM

Ganesha: Purple *Sunrise: 6:52AM*
Muruqa: White *Sunset: 5:46PM*
Nataraja: Yellow
Moon – Orange
Magha*Mas

Subha Sivaloka Day

Moon 1 - Phase 41
Navami


| | | | | | | | | | |
|----------|--|---|---|--|--|--|--|---|--|
| 1 | Thursday, February 16, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Gara/Visti* Karana Navami*/Dasami Yam Titau | | | | | | | Tehran, Iran Sutra 309 Khara 5113 |
| | Wrischika Rasi: 20.44 Titithi 24 – 25 975797267 | Gulika 9:35AM – 10:57AM Yama 6:51AM – 8:13AM Rahu 1:41PM – 3:03PM | Jyeshtha* Until 9:54PM Harshana Until 3:02AM Fri Visti Until 4:16AM Fri Navami* Until 6:07AM | Ganesha: Purple <i>Sunrise: 6:51AM</i> Muruqa: White <i>Sunset: 5:47PM</i> Nataraja: Yellow Moon – Orange Magha-Masi | | | | Sun 7 Moon 1 - Phase 42 2nd Phase | |
| | Creative Work Siddha Yoga Until 10.46PM then no yoga | | | | | | | Subha Sivaloka Day | |

| | | | | | | | | | |
|----------|--|--|--|---|--|--|--|---|--|
| 2 | Friday, February 17, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadasi* Yam Titau | | | | | | | Tehran, Iran Sutra 310 Khara 5113 |
| | Dhanus Rasi: 4.28 Titithi 26 985797267 | Gulika 8:13AM – 9:35AM Yama 3:04PM – 4:26PM Rahu 10:57AM – 12:19PM | Mula* Until 9:12PM Vajra* Until 12:46AM Sat Bava Until 3:51PM Ekadasi* Until 2:56AM Sat | Ganesha: Clear <i>Sunrise: 6:50AM</i> Muruqa: White <i>Sunset: 5:48PM</i> Nataraja: Yellow Moon – Light Blue Magha-Masi | | | | Sun 8 Moon 1 - Phase 42 2nd Phase | |
| | No Yoga Until 9:12PM then Siddha Yoga Until 10.46PM then Marana Yoga | | | | | | | Sivaloka Day | |

| | | | | | | | | | |
|----------|--|---|--|---|--|--|--|---|--|
| 3 | Saturday, February 18, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau | | | | | | | Tehran, Iran Sutra 311 Khara 5113 |
| | Dhanus Rasi: 18.04 Titithi 27 985797267 | Gulika 6:49AM – 8:12AM Yama 1:42PM – 3:04PM Rahu 9:34AM – 10:57AM | Purvashadha* Until 9:53PM Siddhi Until 11:56PM Kaulava Until 3:30PM Dvadasi* Until 3:30AM Sun | Ganesha: Clear <i>Sunrise: 6:49AM</i> Muruqa: White <i>Sunset: 5:49PM</i> Nataraja: Yellow Moon – Light Blue Magha-Masi | | | | Sun 9 Moon 1 - Phase 42 2nd Phase | |
| | Routine Work Marana Yoga Until 9:53PM then no yoga Until 10.46PM then Amrita Yoga | | | | | | | Sivaloka Day | |

| | | | | | | | | | |
|----------|---|---|--|--|--|--|--|--|--|
| 4 | Sunday, February 19, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodasi* Yam Titau | | | | | | | Tehran, Iran Sutra 312 Khara 5113 |
| | Makara Rasi: 1.3 Titithi 28 986797267 | Gulika 3:05PM – 4:27PM Yama 12:19PM – 1:42PM Rahu 4:27PM – 5:50PM | Uttarashadha Until 9:41PM Vyatipata* Until 10:01PM Gara Until 2:38PM Trayodasi* Until 2:38AM Mon <i>Pradosha Vrata (Fasting)</i> | Ganesha: Purple <i>Sunrise: 6:48AM</i> Muruqa: White <i>Sunset: 5:50PM</i> Nataraja: Yellow Moon – Light Blue Magha-Masi | | | | Sun 10 Moon 1 - Phase 42 2nd Phase | |
| | Creative Work Amrita Yoga | | | | | | | Devaloka Day | |

| | | | | | | | | | |
|----------|--|--|--|--|--|--|--|--|--|
| 5 | Monday, February 20, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Sravana Nakshatra Variyan Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau | | | | | | | Tehran, Iran Sutra 313 Khara 5113 |
| | Makara Rasi: 14.47 Titithi 29 996797267 | Gulika 1:42PM – 3:05PM Yama 10:56AM – 12:19PM Rahu 8:10AM – 9:33AM | Sravana Until 9:48PM Variyan Until 8:23PM Visti Until 2:06PM Chaturdasi* Until 2:06AM Tue | Ganesha: Light Blue <i>Sunrise: 6:47AM</i> Muruqa: White <i>Sunset: 5:51PM</i> Nataraja: Yellow Moon – Purple Magha-Masi | | | | Sun 11 Moon 1 - Phase 42 2nd Phase | |
| | Family Home Evening Creative Work Amrita Yoga Until 9:48PM then Siddha Yoga Until 10.45PM then Marana Yoga | Mahasivaratri | | | | | | Devaloka Day | |

| | | | | | | | | | |
|---|---|---|---|--|--|--|--|---|--|
|  | Tuesday, February 21, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau | | | | | | | Tehran, Iran Sutra 314 Khara 5113 |
| | Makara Rasi: 27.52 Titithi 30 996897267 | Gulika 12:19PM – 1:42PM Yama 9:32AM – 10:56AM Rahu 3:06PM – 4:29PM | Dhanishtha Until 10:15PM Parigha* Until 7:05PM Catuspada Until 1:57PM Amavasya* Until 1:57AM Wed | Ganesha: Orange <i>Sunrise: 6:46AM</i> Muruqa: White <i>Sunset: 5:52PM</i> Nataraja: Yellow Moon – Purple Magha-Masi | | | | Sun 12 Moon 1 - Phase 42 Amavasya | |
| | Routine Work Marana Yoga Until 10.45PM then Siddha Yoga | | | | | | | Sivaloka Day | |

| | | | | | | | | | |
|---------------------|--|---|--|--|--|--|--|---|--|
| Retreat Star | Wednesday, February 22, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathama* Yam Titau | | | | | | | Tehran, Iran Sutra 315 Khara 5113 |
| | Kumbha Rasi: 10.44 Titithi 1 996897267 | Gulika 10:55AM – 12:19PM Yama 8:08AM – 9:32AM Rahu 12:19PM – 1:42PM | Satabhisha Until 11:06PM Shiva Until 6:08PM Kintughna Until 2:13PM Prathama* Until 2:13AM Thu | Ganesha: Orange <i>Sunrise: 6:45AM</i> Muruqa: White <i>Sunset: 5:53PM</i> Nataraja: Yellow Moon – Purple Phalgun-Masi | | | | Sun 13 Moon 1 - Phase 42 Prathama | |
| | Creative Work Siddha Yoga Until 10.45PM then Marana Yoga Until 11:06PM then Siddha Yoga | | | | | | | Sivaloka Day | |

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishṇa Yajur Veda, Svetu 6.11. UpM, 95

| | | | | | | | | | |
|---------------------|-------------------------------------|--|-----------|--|--|---|--|---------------------------|--------------|
| 1 | Thursday, February 23, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Siddha Yoga Balava/Kaulava Karana Dvitiya Yam Titau | | | | | | | Tehran, Iran |
| | Kumbha Rasi: 23.23 | Tithi 2 | 916897267 | Gulika 9:31AM – 10:55AM Yama 6:43AM – 8:07AM Rahu 1:43PM – 3:06PM | Purvaprostapada* Until 1:53AM Fri Siddha Until 6:29PM Balava Until 3:44PM Dvitiya Until 4:50AM Fri | Ganesha: Green <i>Sunrise: 6:43AM</i> Muruqa: White <i>Sunset: 5:54PM</i> Nataraja: Yellow Moon – Clear Phalguna-Masi | Sun 14 Sutra 316 Khara 5113 Moon 1 - Phase 43 3rd Phase | Subha Sivaloka Day | |
| 2 | Friday, February 24, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Sadhya Yoga Taitila/Gara Karana Tritiya Yam Titau | | | | | | | Tehran, Iran |
| | Meena Rasi: 5.49 | Tithi 3 | 916897267 | Gulika 8:06AM – 9:30AM Yama 3:07PM – 4:31PM Rahu 10:54AM – 12:19PM | Uttaraprostapada Until 3:43AM Sat Sadhya Until 6:18PM Taitila Until 5:01PM Tritiya Until 6:07AM Sat | Ganesha: Green <i>Sunrise: 6:42AM</i> Muruqa: White <i>Sunset: 5:55PM</i> Nataraja: Yellow Moon – Clear Phalguna-Masi | Sun 15 Sutra 317 Khara 5113 Moon 1 - Phase 43 3rd Phase | Subha Sivaloka Day | |
| 3 | Saturday, February 25, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Subha Yoga Vanija Karana Chaturthi* Yam Titau | | | | | | | Tehran, Iran |
| | Meena Rasi: 18.01 | Tithi 4 | 916897267 | Gulika 6:41AM – 8:05AM Yama 1:43PM – 3:07PM Rahu 9:30AM – 10:54AM | Revati Until 5:59AM Sun Subha Until 6:32PM Vanija Until 6:47PM Chaturthi* Until 7:51AM Sun | Ganesha: Green <i>Sunrise: 6:41AM</i> Muruqa: White <i>Sunset: 5:56PM</i> Nataraja: Yellow Moon – Clear Phalguna-Masi | Sun 16 Sutra 318 Khara 5113 Moon 1 - Phase 43 3rd Phase | Subha Sivaloka Day | |
| 4 | Sunday, February 26, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau | | | | | | | Tehran, Iran |
| | Mesha Rasi: 0.02 | Tithi 4 – 5 | 927897267 | Gulika 3:08PM – 4:32PM Yama 12:18PM – 1:43PM Rahu 4:32PM – 5:57PM | Asvini Until 8:52AM Mon Sukla Until 7:07PM Bava Until 8:56PM Chaturthi* Until 7:51AM | Ganesha: Green <i>Sunrise: 6:40AM</i> Muruqa: White <i>Sunset: 5:57PM</i> Nataraja: Yellow Moon – White Phalguna-Masi | Sun 17 Sutra 319 Khara 5113 Moon 1 - Phase 43 3rd Phase | Devaloka Day | |
| 5 | Monday, February 27, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau | | | | | | | Tehran, Iran |
| | Mesha Rasi: 11.54 | Tithi 5 – 6 | 927897267 | Gulika 1:43PM – 3:08PM Yama 10:53AM – 12:18PM Rahu 8:03AM – 9:28AM | Asvini Until 8:52AM Brahma Until 7:57PM Kaulava Until 11:24PM Panchami Until 10:18AM | Ganesha: Green <i>Sunrise: 6:38AM</i> Muruqa: White <i>Sunset: 5:58PM</i> Nataraja: Yellow Moon – White Phalguna-Masi | Sun 18 Sutra 320 Khara 5113 Moon 1 - Phase 43 3rd Phase | Devaloka Day | |
| 6 | Tuesday, February 28, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau | | | | | | | Tehran, Iran |
| | Mesha Rasi: 23.42 | Tithi 6 – 7 | 927897267 | Gulika 12:18PM – 1:43PM Yama 9:28AM – 10:53AM Rahu 3:08PM – 4:34PM | Bharani Until 11:55AM Indra Until 8:55PM Gara Until 2:01AM Wed Shasthi* Until 12:56PM | Ganesha: Green <i>Sunrise: 6:37AM</i> Muruqa: White <i>Sunset: 5:59PM</i> Nataraja: Yellow Moon – White Phalguna-Masi | Sun 19 Sutra 321 Khara 5113 Moon 1 - Phase 43 3rd Phase | Devaloka Day | |
| Retreat Star | Wednesday, February 29, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau | | | | | | | Tehran, Iran |
| | Vrishabha Rasi: 5.31 | Tithi 7 – 8 | 927897267 | Gulika 10:52AM – 12:18PM Yama 8:01AM – 9:27AM Rahu 12:18PM – 1:43PM | Krittika Until 2:59PM Vaidhriti* Until 9:53PM Visti Until 4:39AM Thu Saptami Until 3:33PM | Ganesha: Green <i>Sunrise: 6:36AM</i> Muruqa: White <i>Sunset: 6:00PM</i> Nataraja: Yellow Moon – White Phalguna-Masi | Sun 20 Sutra 322 Khara 5113 Moon 1 - Phase 43 3rd Phase | Devaloka Day | |
| Retreat Star | Thursday, March 1, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau | | | | | | | Tehran, Iran |
| | Vrishabha Rasi: 17.24 | Tithi 8 – 9 | 937897267 | Gulika 9:25AM – 10:51AM Yama 6:33AM – 7:59AM Rahu 1:43PM – 3:09PM | Rohini Until 5:52PM Vishkambha* Until 10:42PM Balava Until 7:04AM Fri Ashtami* Until 5:59PM | Ganesha: Red <i>Sunrise: 6:33AM</i> Muruqa: White <i>Sunset: 6:01PM</i> Nataraja: Yellow Moon – Yellow Phalguna-Masi | Sun 21 Sutra 323 Khara 5113 Moon 1 - Phase 43 Ashtami | Sivaloka Day | |
| Retreat Star | Friday, March 2, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Priti Yoga Balava/Kaulava Karana Navami* Yam Titau | | | | | | | Tehran, Iran |
| | Vrishabha Rasi: 29.29 | Tithi 9 | 937897267 | Gulika 7:58AM – 9:25AM Yama 3:10PM – 4:36PM Rahu 10:51AM – 12:17PM | Mrigasira Until 8:22PM Priti Until 11:09PM Balava Until 6:54AM Navami* Until 7:59PM | Ganesha: Red <i>Sunrise: 6:32AM</i> Muruqa: White <i>Sunset: 6:02PM</i> Nataraja: Yellow Moon – Yellow Phalguna-Masi | Sun 22 Sutra 324 Khara 5113 Moon 1 - Phase 43 Navami | Sivaloka Day | |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

| | | | | | | | | |
|----------|---|--|---|--|--|--|--|---|
| 1 | Saturday, March 3, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dasami Yam Titau | | | | | | Tehran, Iran Sutra 325 Khara 5113 |
| | Mithuna Rasi: 11.51 Tithi 10 937897267 | Gulika 6:31AM – 7:57AM Yama 1:43PM – 3:10PM Rahu 9:24AM – 10:50AM | Ardra Until 9:03PM Ayushman Until 9:52PM Taitila Until 8:06AM Dasami Until 8:06PM | Ganesha: Red <i>Sunrise:</i> 6:31AM Muruqa: White <i>Sunset:</i> 6:03PM Nataraja: Yellow Moon – Yellow Phalguna-Masi | | | | Moon 1 - Phase 44 4th Phase Sivaloka Day |
| 2 | Sunday, March 4, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau | | | | | | Tehran, Iran Sutra 326 Khara 5113 |
| | Mithuna Rasi: 24.35 Tithi 11 948897267 | Gulika 3:10PM – 4:37PM Yama 12:17PM – 1:44PM Rahu 4:37PM – 6:04PM | Punarvasu Until 10:10PM Saubhagya Until 9:11PM Vanija Until 8:39AM Ekadasi Until 8:39PM | Ganesha: Blue <i>Sunrise:</i> 6:29AM Muruqa: White <i>Sunset:</i> 6:04PM Nataraja: Yellow Moon – Blue Phalguna-Masi | | | | Moon 1 - Phase 44 4th Phase Devaloka Day |
| 3 | Monday, March 5, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadasi Yam Titau | | | | | | Tehran, Iran Sutra 327 Khara 5113 |
| | Kataka Rasi: 7.44 Tithi 12 Family Home Evening 148817267 Creative Work Siddha Yoga | Gulika 1:44PM – 3:11PM Yama 10:49AM – 12:16PM Rahu 7:55AM – 9:22AM | Pushya Until 9:18PM Sobhana Until 6:51PM Bava Until 8:09AM Dvadasi Until 7:13PM | Ganesha: Green <i>Sunrise:</i> 6:28AM Muruqa: White <i>Sunset:</i> 6:05PM Nataraja: Yellow Moon – Blue Phalguna-Masi | | | | Moon 1 - Phase 44 4th Phase Devaloka Day |
| 4 | Tuesday, March 6, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodasi Yam Titau | | | | | | Tehran, Iran Sutra 328 Khara 5113 |
| | Kataka Rasi: 21.21 Tithi 13 148817267 Creative Work Siddha Yoga | Gulika 12:16PM – 1:44PM Yama 9:21AM – 10:49AM Rahu 3:11PM – 4:38PM | Aslesha* Until 8:49PM Athiganda* Until 4:47PM Kaulava Until 7:01AM Trayodasi Until 6:05PM <i>Pradosha Vrata</i> | Ganesha: Green <i>Sunrise:</i> 6:27AM Muruqa: White <i>Sunset:</i> 6:06PM Nataraja: Yellow Moon – Blue Phalguna-Masi | | | | Moon 1 - Phase 44 4th Phase Devaloka Day |
| 5 | Wednesday, March 7, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau | | | | | | Tehran, Iran Sutra 329 Khara 5113 |
| | Simha Rasi: 5.25 Tithi 14 – 15 158817267 Creative Work Siddha Yoga Until 7:35PM then Amrita Yoga Until 10:42PM then no yoga | Gulika 10:48AM – 12:16PM Yama 7:53AM – 9:21AM Rahu 12:16PM – 1:44PM | Magha* Until 7:35PM Sukarma Until 2:02PM Visti Until 3:14AM Thu Chaturdasi* Until 4:09PM | Ganesha: Red <i>Sunrise:</i> 6:25AM Muruqa: White <i>Sunset:</i> 6:07PM Nataraja: Yellow Moon – Red Phalguna-Masi | | | | Moon 1 - Phase 44 4th Phase Sivaloka Day |
| ○ | Thursday, March 8, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau | | | | | | Tehran, Iran Sutra 330 Khara 5113 |
| | Simha Rasi: 19.5 Tithi 15 – 16 158817267 No Yoga Until 4:57PM then Prabalarishta Yoga Until 10:42PM then Siddha Yoga | Gulika 9:20AM – 10:48AM Yama 6:24AM – 7:52AM Rahu 1:44PM – 3:12PM | Purvaphalguni* Until 4:57PM Dhriti Until 10:24AM Balava Until 11:17PM Purnima* Until 12:59PM | Ganesha: Red <i>Sunrise:</i> 6:24AM Muruqa: White <i>Sunset:</i> 6:08PM Nataraja: Yellow Moon – Red Phalguna-Masi | | | | Moon 1 - Phase 44 Purnima Sivaloka Day |
| ○ | Friday, March 9, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau | | | | | | Tehran, Iran Sutra 331 Khara 5113 |
| | Kanya Rasi: 4.31 Tithi 16 – 17 158817267 Creative Work Siddha Yoga Until 2:47PM then Amrita Yoga Until 10:42PM then Marana Yoga | Gulika 7:51AM – 9:19AM Yama 3:12PM – 4:40PM Rahu 10:47AM – 12:15PM | Uttaraphalguni Until 2:47PM Shula* Until 6:53AM Taitila Until 8:23PM Prathama* Until 10:06AM | Ganesha: Red <i>Sunrise:</i> 6:22AM Muruqa: White <i>Sunset:</i> 6:08PM Nataraja: Yellow Moon – Red Phalguna-Masi | | | | Moon 1 - Phase 44 Prathama Sivaloka Day |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Kṛishṇa Yajur Veda, Maitu 5.2. bo UpH, 423



Saturday, March 10, 2012
Gold Retreat Star

Kanya Rasi: 19.2 Tithi 17 – 18
169817267
Routine Work Marana Yoga
Until 10.42PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Visti* Karana Dvitiya/Tritiya Yam Titau

Gulika 6:21AM – 7:50AM **Hasta** **Until 12:24PM**
Yama 1:44PM – 3:12PM **Vriddhi** **Until 11:09PM**
Rahu 9:18AM – 10:47AM **Visti** **Until 3:33AM Sun**
Dvitiya **Until 6:58AM**

Ganesha: Blue *Sunrise:* 6:21AM
Muruqa: White *Sunset:* 6:09PM
Nataraja: Yellow
Moon – Green
Phalguna-Masi

Tehran, Iran
Sun 1 **Sutra 332**
Khara 5113
Moon 2 - Phase 45
1st Phase

Devaloka Day

1

Sunday, March 11, 2012

Tula Rasi: 4.1 Tithi 19
169817267
Creative Work Siddha Yoga
Until 10.41PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthi* Yam Titau

Gulika 3:13PM – 4:41PM **Chitra** **Until 10:01AM**
Yama 12:15PM – 1:44PM **Dhruva** **Until 7:25PM**
Rahu 4:41PM – 6:10PM **Bava** **Until 2:08PM**
Chaturthi* **Until 12:25AM Mon**

Ganesha: Blue *Sunrise:* 6:20AM
Muruqa: White *Sunset:* 6:10PM
Nataraja: Yellow
Moon – Green
Phalguna-Masi

Tehran, Iran
Sun 2 **Sutra 333**
Khara 5113
Moon 2 - Phase 45
1st Phase

Devaloka Day

2

Monday, March 12, 2012

Tula Rasi: 18.51 Tithi 20
169817267
Family Home Evening
Creative Work Amrita Yoga
Until 7:58AM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Visakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau

Gulika 1:44PM – 3:13PM **Svati** **Until 7:58AM**
Yama 10:46AM – 12:15PM **Vyaghata*** **Until 4:32PM**
Rahu 7:47AM – 9:16AM **Kaulava** **Until 11:37AM**
Panchami **Until 10:42PM**

Ganesha: Blue *Sunrise:* 6:18AM
Muruqa: White *Sunset:* 6:11PM
Nataraja: Yellow
Moon – Green
Phalguna-Masi

Tehran, Iran
Sun 3 **Sutra 334**
Khara 5113
Moon 2 - Phase 45
1st Phase

Devaloka Day

3

Tuesday, March 13, 2012

Mrishchika Rasi: 3.2 Tithi 21
179817267
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shasthi* Yam Titau

Gulika 12:14PM – 1:44PM **Anuradha** **Until 4:51AM Wed**
Yama 9:16AM – 10:45AM **Harshana** **Until 1:06PM**
Rahu 3:13PM – 4:42PM **Gara** **Until 8:53AM**
Shasthi* **Until 7:58PM**

Ganesha: Red *Sunrise:* 6:17AM
Muruqa: White *Sunset:* 6:12PM
Nataraja: Yellow
Moon – Orange
Phalguna-Masi

Tehran, Iran
Sun 4 **Sutra 335**
Khara 5113
Moon 2 - Phase 45
1st Phase

Sivaloka Day

4

Wednesday, March 14, 2012

Mrishchika Rasi: 17.32 Tithi 22 – 23
179817267
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti*/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 10:44AM – 12:14PM **Jyeshtha*** **Until 3:22AM Thu**
Yama 7:45AM – 9:15AM **Vajra*** **Until 10:06AM**
Rahu 12:14PM – 1:44PM **Visti** **Until 6:39AM**
Saptami **Until 5:44PM**

Ganesha: Red *Sunrise:* 6:16AM
Muruqa: White *Sunset:* 6:13PM
Nataraja: Yellow
Moon – Orange
Phalguna-Panguni

Tehran, Iran
Sun 5 **Sutra 336**
Khara 5113
Moon 2 - Phase 45
1st Phase

Sivaloka Day



Thursday, March 15, 2012
Retreat Star

Dhanus Rasi: 1.27 Tithi 23 – 24
189817268
Creative Work Siddha Yoga
Until 10.40PM then no yoga
Until 2:22AM Fri then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Gulika 9:14AM – 10:44AM **Mula*** **Until 2:22AM Fri**
Yama 6:14AM – 7:44AM **Siddhi** **Until 7:35AM**
Rahu 1:44PM – 3:14PM **Taitila** **Until 3:08AM Fri**
Ashtami* **Until 4:03PM**

Ganesha: Green *Sunrise:* 6:14AM
Muruqa: White *Sunset:* 6:13PM
Nataraja: White
Moon – Light Blue
Phalguna-Panguni

Tehran, Iran
Sun 6 **Sutra 337**
Khara 5113
Moon 2 - Phase 45
Ashtami

Sivaloka Day

Friday, March 16, 2012

Retreat Star

Dhanus Rasi: 15.04 Tithi 24 – 25
189817268
Creative Work Siddha Yoga
Until 10.40PM then Marana Yoga
Until 3:25AM Sat then no yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau

Gulika 7:43AM – 9:13AM **Purvashadha*** **Until 3:25AM Sat**
Yama 3:14PM – 4:44PM **Variyan** **Until 4:22AM Sat**
Rahu 10:43AM – 12:14PM **Vanija** **Until 3:38AM Sat**
Navami* **Until 3:38PM**

Ganesha: Green *Sunrise:* 6:13AM
Muruqa: White *Sunset:* 6:14PM
Nataraja: White
Moon – Light Blue
Phalguna-Panguni

Tehran, Iran
Sun 7 **Sutra 338**
Khara 5113
Moon 2 - Phase 45
Navami

Sivaloka Day


| | | | | | |
|----------|--|---|--|---|--|
| 1 | Saturday, March 17, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau | | | Tehran, Iran |
| | Dhanus Rasi: 28.26 Tithi 25 – 26 No Yoga Until 10.40PM then Amrita Yoga | 191917268 | Gulika 6:11AM – 7:42AM Yama 1:44PM – 3:14PM Rahu 9:12AM – 10:43AM | Uttarashadha Until 3:22AM Sun Parigha* Until 2:37AM Sun Bava Until 2:55AM Sun Dasami Until 2:55PM | Sun 8 Sutra 339 Khara 5113 Moon 2 - Phase 46 2nd Phase Sivaloka Day |

| | | | | | |
|----------|---|--|--|--|--|
| 2 | Sunday, March 18, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Sravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau | | | Tehran, Iran |
| | Makara Rasi: 11.34 Tithi 26 – 27 Creative Work Amrita Yoga Until 3:45AM Mon then Siddha Yoga | 191917268 | Gulika 3:14PM – 4:45PM Yama 12:13PM – 1:44PM Rahu 4:45PM – 6:16PM | Sravana Until 3:45AM Mon Shiva Until 1:15AM Mon Kaulava Until 2:39AM Mon Ekadasi* Until 2:39PM | Sun 9 Sutra 340 Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day |

| | | | | | |
|----------|---|---|---|---|---|
| 3 | Monday, March 19, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau | | | Tehran, Iran |
| | Makara Rasi: 24.29 Tithi 27 – 28 Family Home Evening Creative Work Siddha Yoga Until 10.39PM then Marana Yoga | 191917268 | Gulika 1:44PM – 3:15PM Yama 10:42AM – 12:13PM Rahu 7:39AM – 9:11AM | Dhanishtha Until 4:30AM Tue Siddha Until 12:15AM Tue Gara Until 2:47AM Tue Dvadasi* Until 2:47PM <i>Pradosha Vrata (Fasting)</i> | Sun 10 Sutra 341 Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day |

| | | | | | |
|----------|---|--|---|---|---|
| 4 | Tuesday, March 20, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Satabhisha Nakshatra Sadhya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau | | | Tehran, Iran |
| | Kumbha Rasi: 7.13 Tithi 28 – 29 Routine Work Marana Yoga Until 10.39PM then Siddha Yoga Until 6:28AM Wed then Amrita Yoga | 191917268 | Gulika 12:12PM – 1:44PM Yama 9:10AM – 10:41AM Rahu 3:15PM – 4:46PM | Satabhisha Until 6:28AM Wed Sadhya Until 11:35PM Visti Until 3:19AM Wed Trayodasi* Until 3:19PM | Sun 11 Sutra 342 Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day |

| | | | | | |
|----------|---|--|--|---|---|
| 5 | Wednesday, March 21, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau | | | Tehran, Iran |
| | Kumbha Rasi: 19.46 Tithi 29 – 30 Creative Work Siddha Yoga Until 6:28AM then Amrita Yoga Until 10.38PM then Siddha Yoga | 191917268 | Gulika 10:40AM – 12:12PM Yama 7:37AM – 9:09AM Rahu 12:12PM – 1:44PM | Satabhisha Until 6:28AM Subha Until 12:32AM Thu Catuspada Until 6:12AM Thu Chaturdasi* Until 5:07PM | Sun 12 Sutra 343 Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day |

| | | | | | |
|---|--|--|--|--|--|
|  | Thursday, March 22, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Sukla Yoga Naga* Karana Amavasya* Yam Titau | | | Tehran, Iran |
| | Retreat Star Meena Rasi: 2.09 Tithi 30 Creative Work Siddha Yoga | 111917268 | Gulika 9:08AM – 10:40AM Yama 6:04AM – 7:36AM Rahu 1:44PM – 3:16PM | Purvaprostapada* Until 8:23AM Sukla Until 12:28AM Fri Naga Until 7:33AM Fri Amavasya* Until 6:27PM | Sun 13 Sutra 344 Khara 5113 Moon 2 - Phase 46 Amavasya Subha Sivaloka Day |

| | | | | | |
|-------------------------------|--|--|---|---|--|
| Friday, March 23, 2012 | Retreat Star | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathama* Yam Titau | | | Tehran, Iran |
| | Meena Rasi: 14.22 Tithi 1 Creative Work Siddha Yoga Until 10.38PM then Prabalarishta Yoga | 111917268 | Gulika 7:35AM – 9:07AM Yama 3:16PM – 4:48PM Rahu 10:39AM – 12:11PM | Uttaraprostapada Until 10:37AM Brahma Until 12:42AM Sat Kintughna Until 7:04AM Prathama* Until 8:09PM | Sun 14 Sutra 345 Khara 5113 Moon 2 - Phase 46 Prathama Subha Sivaloka Day |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %oig Veda 1.89.8. RvP,287

| | | | | | | | |
|----------|--|--|--|---|---|--------|--|
| 1 | Saturday, March 24, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiya Yam Titau | | | | | Tehran, Iran |
| | Meena Rasi: 26.25 Tithi 2 119197268 | Gulika 6:01AM – 7:34AM Yama 1:44PM – 3:16PM Rahu 9:06AM – 10:39AM | Revati Until 1:10PM Indra Until 1:14AM Sun Balava Until 9:06AM Dvitiya Until 10:12PM | Ganesha: Clear Muruqa: White Nataraja: White Moon – Clear | <i>Sunrise:</i> 6:01AM <i>Sunset:</i> 6:21PM | Sun 15 | Sutra 346 Khara 5113 Moon 2 - Phase 47 3rd Phase |
| | Routine Work Prabalarishta Yoga Until 1:10PM then Siddha Yoga | Chellappaswami Mahasamadhi | | Chaitra•Panguni | | | Subha Sivaloka Day |


| | | | | | | | |
|----------|--|--|---|--|---|--------|--|
| 2 | Sunday, March 25, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Tritiya Yam Titau | | | | | Tehran, Iran |
| | Mesha Rasi: 8.2 Tithi 3 121917268 | Gulika 3:16PM – 4:49PM Yama 12:11PM – 1:44PM Rahu 4:49PM – 6:22PM | Asvini Until 4:00PM Vaidhriti* Until 2:00AM Mon Tailila Until 11:26AM Tritiya Until 12:32AM Mon | Ganesha: Orange Muruqa: White Nataraja: White Moon – White | <i>Sunrise:</i> 6:00AM <i>Sunset:</i> 6:22PM | Sun 16 | Sutra 347 Khara 5113 Moon 2 - Phase 47 3rd Phase |
| | Creative Work Siddha Yoga Until 4:00PM then no yoga Until 10:37PM then Siddha Yoga | | | Chaitra•Panguni | | | Subha Sivaloka Day |

| | | | | | | | |
|----------|---|--|---|--|---|--------|--|
| 3 | Monday, March 26, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Vishkambha* Yoga Vanija/Visi* Karana Chaturthi* Yam Titau | | | | | Tehran, Iran |
| | Mesha Rasi: 20.1 Tithi 4 121917268 | Gulika 1:44PM – 3:17PM Yama 10:37AM – 12:11PM Rahu 7:31AM – 9:04AM | Bharani Until 7:01PM Vishkambha* Until 2:58AM Tue Vanija Until 1:59PM Chaturthi* Until 3:04AM Tue | Ganesha: Orange Muruqa: White Nataraja: White Moon – White | <i>Sunrise:</i> 5:58AM <i>Sunset:</i> 6:23PM | Sun 17 | Sutra 348 Khara 5113 Moon 2 - Phase 47 3rd Phase |
| | Family Home Evening Creative Work Siddha Yoga Until 7:01PM then no yoga Until 10:37PM then Siddha Yoga | | | Chaitra•Panguni | | | Subha Sivaloka Day |

| | | | | | | | |
|----------|---|---|---|--|---|--------|--|
| 4 | Tuesday, March 27, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau | | | | | Tehran, Iran |
| | Wrishabha Rasi: 1.56 Tithi 5 121917268 | Gulika 12:10PM – 1:43PM Yama 9:04AM – 10:37AM Rahu 3:17PM – 4:50PM | Krittika Until 10:08PM Priti Until 4:01AM Wed Bava Until 4:38PM Panchami Until 6:10AM Wed | Ganesha: Orange Muruqa: White Nataraja: White Moon – White | <i>Sunrise:</i> 5:57AM <i>Sunset:</i> 6:23PM | Sun 18 | Sutra 349 Khara 5113 Moon 2 - Phase 47 3rd Phase |
| | Creative Work Siddha Yoga Until 10:08PM then Amrita Yoga Until 10:37PM then Siddha Yoga | | | Chaitra•Panguni | | | Subha Sivaloka Day |

| | | | | | | | |
|----------|---|--|--|--|---|--------|--|
| 5 | Wednesday, March 28, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau | | | | | Tehran, Iran |
| | Wrishabha Rasi: 13.43 Tithi 5 – 6 132917268 | Gulika 10:36AM – 12:10PM Yama 7:29AM – 9:03AM Rahu 12:10PM – 1:43PM | Rohini Until 1:13AM Thu Ayushman Until 5:02AM Thu Kaulava Until 7:15PM Panchami Until 6:10AM | Ganesha: Red Muruqa: White Nataraja: White Moon – Yellow | <i>Sunrise:</i> 5:56AM <i>Sunset:</i> 6:24PM | Sun 19 | Sutra 350 Khara 5113 Moon 2 - Phase 47 3rd Phase |
| | Creative Work Siddha Yoga Until 10:36PM then Marana Yoga | | | Chaitra•Panguni | | | Subha Sivaloka Day |

| | | | | | | | |
|----------|--|--|---|--|---|--------|--|
| 6 | Thursday, March 29, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Saubhagya Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau | | | | | Tehran, Iran |
| | Wrishabha Rasi: 25.36 Tithi 6 – 7 132917268 | Gulika 9:02AM – 10:36AM Yama 5:54AM – 7:28AM Rahu 1:43PM – 3:17PM | Mrigasira Until 4:08AM Fri Saubhagya Until 5:54AM Fri Gara Until 9:40PM Shasthi* Until 8:35AM | Ganesha: Red Muruqa: White Nataraja: White Moon – Yellow | <i>Sunrise:</i> 5:54AM <i>Sunset:</i> 6:25PM | Sun 20 | Sutra 351 Khara 5113 Moon 2 - Phase 47 3rd Phase |
| | Routine Work Marana Yoga Until 10:36PM then Siddha Yoga | | | Chaitra•Panguni | | | Subha Sivaloka Day |

| | | | | | | | |
|---|--|---|--|--|---|--------|--|
|  | Friday, March 30, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Vanija/Visi* Karana Saptami/Ashtami* Yam Titau | | | | | Tehran, Iran |
| | Mithuna Rasi: 7.4 Tithi 7 – 8 132917268 | Gulika 7:27AM – 9:01AM Yama 3:18PM – 4:52PM Rahu 10:35AM – 12:09PM | Ardra Until 6:02AM Sat Sobhana Until 6:26AM Sat Visi Until 11:43PM Saptami Until 10:37AM | Ganesha: Red Muruqa: White Nataraja: White Moon – Yellow | <i>Sunrise:</i> 5:53AM <i>Sunset:</i> 6:26PM | Sun 21 | Sutra 352 Khara 5113 Moon 2 - Phase 47 Ashtami |
| | Creative Work Siddha Yoga Until 6:02AM Sat then Marana Yoga | | | Chaitra•Panguni | | | Subha Sivaloka Day |

| | | | | | | | |
|---------------------|--|---|--|--|---|--------|---|
| Retreat Star | Saturday, March 31, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau | | | | | Tehran, Iran |
| | Mithuna Rasi: 19.59 Tithi 8 – 9 132917268 | Gulika 5:51AM – 7:26AM Yama 1:43PM – 3:18PM Rahu 9:00AM – 10:35AM | Ardra Until 6:02AM Athiganda* Until 4:44AM Sun Balava Until 11:34PM Ashtami* Until 11:34AM | Ganesha: Red Muruqa: White Nataraja: White Moon – Yellow | <i>Sunrise:</i> 5:51AM <i>Sunset:</i> 6:27PM | Sun 22 | Sutra 353 Khara 5113 Moon 2 - Phase 47 Navami |
| | Creative Work Siddha Yoga Until 6:02AM then Marana Yoga Until 10:36PM then Siddha Yoga | Sri Rama Navami | | Chaitra•Panguni | | | Subha Sivaloka Day |

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. UpP,95

| | | | | | |
|----------|------------------------------------|-----------|---|--|--|
| 1 | Sunday, April 1, 2012 | | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau | | Tehran, Iran |
| | Kataka Rasi: 2.4 Tithi 9 – 10 | 142917268 | Gulika 3:18PM – 4:52PM Yama 12:09PM – 1:43PM Rahu 4:52PM – 6:27PM | Punarvasu Until 7:14AM Sukarma Until 4:09AM Mon Taitila Until 12:11AM Mon Navami* Until 12:11PM | Ganesha: Blue <i>Sunrise:</i> 5:51AM Muruqa: White <i>Sunset:</i> 6:27PM Nataraja: White Moon – Blue |
| | Creative Work Siddha Yoga | | | Chaitra•Panguni | Sivaloka Day |

| | | | | | |
|----------|---|-----------|--|--|--|
| 2 | Monday, April 2, 2012 | | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Aslesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau | | Tehran, Iran |
| | Kataka Rasi: 15.46 Tithi 10 – 11 | 142917268 | Gulika 1:43PM – 3:18PM Yama 10:34AM – 12:09PM Rahu 7:25AM – 8:59AM | Pushya Until 7:32AM Dhriti Until 1:27AM Tue Vanija Until 10:33PM Dasami Until 11:28AM | Ganesha: Blue <i>Sunrise:</i> 5:50AM Muruqa: White <i>Sunset:</i> 6:27PM Nataraja: White Moon – Blue |
| | Family Home Evening Creative Work Siddha Yoga | | Yogaswami Mahasamadhi | Chaitra•Panguni | Sivaloka Day |

| | | | | | |
|----------|---------------------------------------|-----------|--|---|--|
| 3 | Tuesday, April 3, 2012 | | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau | | Tehran, Iran |
| | Kataka Rasi: 29.22 Tithi 11 – 12 | 142917268 | Gulika 12:08PM – 1:43PM Yama 8:59AM – 10:33AM Rahu 3:18PM – 4:53PM | Aslesha* Until 7:06AM Shula* Until 11:28PM Bava Until 9:26PM Ekadasi Until 10:22AM | Ganesha: Blue <i>Sunrise:</i> 5:49AM Muruqa: White <i>Sunset:</i> 6:28PM Nataraja: White Moon – Blue |
| | Creative Work Siddha Yoga | | | Chaitra•Panguni | Sivaloka Day |

| | | | | | |
|----------|--|-----------|--|--|---|
| 4 | Wednesday, April 4, 2012 | | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni* Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau | | Tehran, Iran |
| | Simha Rasi: 13.26 Tithi 12 – 13 | 152917268 | Gulika 10:33AM – 12:08PM Yama 7:22AM – 8:58AM Rahu 12:08PM – 1:43PM | Purvaphalguni* Until 3:11AM Thu Ganda* Until 8:43PM Kaulava Until 6:29PM Dvadasi Until 8:11AM | Ganesha: Yellow <i>Sunrise:</i> 5:47AM Muruqa: White <i>Sunset:</i> 6:29PM Nataraja: White Moon – Red |
| | Creative Work Amrita Yoga Until 10.34PM then no yoga Until 3:11AM Thu then Prabalarishta Yoga | | | Chaitra•Panguni <i>Pradosha Vrata</i> | Subha Sivaloka Day |

| | | | | | |
|----------|---|-----------|--|--|---|
| 5 | Thursday, April 5, 2012 | | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau | | Tehran, Iran |
| | Simha Rasi: 27.56 Tithi 14 | 152917268 | Gulika 8:57AM – 10:32AM Yama 5:46AM – 7:21AM Rahu 1:43PM – 3:19PM | Uttaraphalguni Until 1:18AM Fri Vriddhi Until 4:33PM Gara Until 3:52PM Chaturdasi* Until 2:09AM Fri | Ganesha: Yellow <i>Sunrise:</i> 5:46AM Muruqa: White <i>Sunset:</i> 6:30PM Nataraja: White Moon – Red |
| | Routine Work Prabalarishta Yoga Until 10.34PM then Siddha Yoga Until 1:18AM Fri then Amrita Yoga | | | Chaitra•Panguni | Subha Sivaloka Day |

| | | | | | |
|----------|--|-----------|---|--|--|
| ○ | Friday, April 6, 2012 | | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau | | Tehran, Iran |
| | Copper Retreat Star | | Gulika 7:20AM – 8:56AM Yama 3:19PM – 4:55PM Rahu 10:32AM – 12:08PM | Hasta Until 10:52PM Dhruva Until 12:48PM Visti Until 12:39PM Purnima* Until 10:56PM | Ganesha: White <i>Sunrise:</i> 5:44AM Muruqa: White <i>Sunset:</i> 6:31PM Nataraja: White Moon – Green |
| | Kanya Rasi: 12.47 Tithi 15 | 162917268 | | Chaitra•Panguni | Sivaloka Day |
| | Creative Work Amrita Yoga Until 10.34PM then Marana Yoga | | Panguni Uttiram Hanuman Jayanti | | |

| | | | | | |
|----------|--|-----------|--|--|--|
| ○ | Saturday, April 7, 2012 | | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathama* Yam Titau | | Tehran, Iran |
| | Silver Retreat Star | | Gulika 5:43AM – 7:19AM Yama 1:43PM – 3:19PM Rahu 8:55AM – 10:31AM | Chitra Until 8:05PM Vyaghata* Until 8:43AM Balava Until 9:04AM Prathama* Until 7:22PM | Ganesha: White <i>Sunrise:</i> 5:43AM Muruqa: White <i>Sunset:</i> 6:31PM Nataraja: White Moon – Green |
| | Kanya Rasi: 27.52 Tithi 16 | 162917268 | | Chaitra•Panguni | Sivaloka Day |
| | Routine Work Marana Yoga Until 8:05PM then Siddha Yoga | | | | |



Sunday, April 8, 2012
Gold Retreat Star

Tula Rasi: 13 Tithi 17 – 18
162917268
Creative Work Siddha Yoga
Until 5:12PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Visakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 3:20PM – 4:56PM **Svati Until 5:12PM**
Yama 12:07PM – 1:43PM **Vajra* Until 12:32AM Mon**
Rahu 4:56PM – 6:32PM **Vanija Until 1:57AM Mon**
Dvitiya Until 3:40PM

Ganesha: White *Sunrise: 5:42AM*
Muruqa: White *Sunset: 6:32PM*
Nataraja: White
Moon – Green
Chaitra•Panguni

Sivaloka Day

Tehran, Iran
Sun 1 **Sutra 361**
Khara 5113
Moon 3 - Phase 49
1st Phase

1

Monday, April 9, 2012

Tula Rasi: 28.03 Tithi 18 – 19
172917268
Family Home Evening
Routine Work Marana Yoga
Until 2:27PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Visakha/Anuradha Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 1:43PM – 3:20PM **Visakha Until 2:27PM**
Yama 10:30AM – 12:07PM **Siddhi Until 8:29PM**
Rahu 7:17AM – 8:54AM **Bava Until 10:25PM**
Tritiya Until 12:08PM

Ganesha: Clear *Sunrise: 5:40AM*
Muruqa: White *Sunset: 6:33PM*
Nataraja: White
Moon – Orange
Chaitra•Panguni

Subha Sivaloka Day

Tehran, Iran
Sun 2 **Sutra 362**
Khara 5113
Moon 3 - Phase 49
1st Phase

2

Tuesday, April 10, 2012

Vrischika Rasi: 12.52 Tithi 19 – 20
172117268
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 12:06PM – 1:43PM **Anuradha Until 12:30PM**
Yama 8:53AM – 10:30AM **Vyatipata* Until 5:30PM**
Rahu 3:20PM – 4:57PM **Kaulava Until 7:15PM**
Chaturthi* Until 8:58AM

Ganesha: Red *Sunrise: 5:39AM*
Muruqa: White *Sunset: 6:34PM*
Nataraja: White
Moon – Orange
Chaitra•Panguni

Subha Sivaloka Day

Tehran, Iran
Sun 3 **Sutra 363**
Khara 5113
Moon 3 - Phase 49
1st Phase

3

Wednesday, April 11, 2012

Vrischika Rasi: 27.22 Tithi 20 – 21
173117268
Creative Work Siddha Yoga
Until 10:30AM then Marana Yoga
Until 10:32PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan/Parigha* Yoga Tailita/Vanija Karana Panchami/Shasthi* Yam Titau
Gulika 10:29AM – 12:06PM **Jyeshtha* Until 10:30AM**
Yama 7:15AM – 8:52AM **Variyan Until 2:04PM**
Rahu 12:06PM – 1:43PM **Vanija Until 4:33AM Thu**
Panchami Until 6:24AM

Ganesha: Blue *Sunrise: 5:38AM*
Muruqa: White *Sunset: 6:35PM*
Nataraja: White
Moon – Orange
Chaitra•Panguni

Subha Subha Sivaloka Day

Tehran, Iran
Sun 4 **Sutra 364**
Khara 5113
Moon 3 - Phase 49
1st Phase

4

Thursday, April 12, 2012

Dhanus Rasi: 11.29 Tithi 22
183117268
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 8:51AM – 10:28AM **Mula* Until 9:10AM**
Yama 5:36AM – 7:14AM **Parigha* Until 11:14AM**
Rahu 1:43PM – 3:21PM **Visti Until 3:23PM**
Saptami Until 2:27AM Fri

Ganesha: Red *Sunrise: 5:36AM*
Muruqa: White *Sunset: 6:36PM*
Nataraja: White
Moon – Light Blue
Chaitra•Panguni

Subha Sivaloka Day

Tehran, Iran
Sun 5 **Sutra 365**
Khara 5113
Moon 3 - Phase 49
1st Phase

Retreat Star

Friday, April 13, 2012

Dhanus Rasi: 25.13 Tithi 23
183117268
Creative Work Siddha Yoga
Until 10:32PM then no yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 7:13AM – 8:50AM **Purvashadha* Until 8:41AM**
Yama 3:21PM – 4:59PM **Shiva Until 9:16AM**
Rahu 10:28AM – 12:06PM **Balava Until 2:40PM**
Ashtami* Until 2:40AM Sat

Ganesha: Red *Sunrise: 5:35AM*
Muruqa: White *Sunset: 6:36PM*
Nataraja: White
Moon – Light Blue
Chaitra•Chaitra

Subha Sivaloka Day

Tehran, Iran
Sun 6 **Sutra 1**
Nandana 5114
Moon 3 - Phase 49
Ashtami

Saturday, April 14, 2012

Retreat Star

Makara Rasi: 8.34 Tithi 24
283117268
No Yoga
Until 8:39AM then Siddha Yoga
Until 10:32PM then Amrita Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Siddha/Sadhya Yoga Tailita/Gara Karana Navami* Yam Titau
Gulika 5:34AM – 7:12AM **Uttarashadha Until 8:39AM**
Yama 1:43PM – 3:21PM **Siddha Until 7:33AM**
Rahu 8:50AM – 10:27AM **Tailita Until 1:56PM**
Navami* Until 1:56AM Sun

Ganesha: Blue *Sunrise: 5:34AM*
Muruqa: White *Sunset: 6:37PM*
Nataraja: White
Moon – Light Blue
Chaitra•Chaitra

Subha Subha Sivaloka Day

Tehran, Iran
Sun 7 **Sutra 2**
Nandana 5114
Moon 3 - Phase 49
Navami

Chidambaram Abhishekam


| | | | | | | |
|---|---|--|---|---|--|--------------|
| 1 | Sunday, April 15, 2012 | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Sravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dasami Yam Titau | | | | Tehran, Iran |
| | Makara Rasi: 21.35 Tithi 25 293117268 | Gulika 3:22PM – 5:00PM Yama 12:05PM – 1:43PM Rahu 5:00PM – 6:38PM | Sravana Until 9:14AM Sadhya Until 6:25AM Vanija Until 1:52PM Dasami Until 1:52AM Mon | Ganesha: Red <i>Sunrise: 5:32AM</i> Muruqa: White <i>Sunset: 6:38PM</i> Nataraja: White Moon – Purple Chaitra-Chaitra | Sun 8 Sutra 3 Nandana 5114 Moon 3 - Phase 1 2nd Phase | |
| Creative Work Amrita Yoga Until 9:14AM then Siddha Yoga | | Subha Sivaloka Day | | | | |

| | | | | | | |
|----------|---|---|--|---|--|--------------|
| 2 | Monday, April 16, 2012 | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sukla Yoga Bava/Balava Karana Ekadasi* Yam Titau | | | | Tehran, Iran |
| | Kumbha Rasi: 4.19 Tithi 26 Family Home Evening 293117268 Creative Work Siddha Yoga Until 10.31PM then Marana Yoga | Gulika 1:43PM – 3:22PM Yama 10:26AM – 12:05PM Rahu 7:10AM – 8:48AM | Dhanishtha Until 10:21AM Sukla Until 6:22AM Tue Bava Until 2:21PM Ekadasi* Until 2:21AM Tue | Ganesha: Red <i>Sunrise: 5:31AM</i> Muruqa: White <i>Sunset: 6:39PM</i> Nataraja: White Moon – Purple Chaitra-Chaitra | Sun 9 Sutra 4 Nandana 5114 Moon 3 - Phase 1 2nd Phase | |
| | | Subha Sivaloka Day | | | | |

| | | | | | | |
|---|---|---|--|---|---|--------------|
| 3 | Tuesday, April 17, 2012 | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Brahma Yoga Kaulava/Tailita Karana Dvadasi* Yam Titau | | | | Tehran, Iran |
| | Kumbha Rasi: 16.49 Tithi 27 293117268 | Gulika 12:05PM – 1:43PM Yama 8:47AM – 10:26AM Rahu 3:22PM – 5:01PM | Satabhisha Until 12:22PM Brahma Until 6:06AM Wed Kaulava Until 4:09PM Dvadasi* Until 5:14AM Wed | Ganesha: Red <i>Sunrise: 5:30AM</i> Muruqa: White <i>Sunset: 6:40PM</i> Nataraja: White Moon – Purple Chaitra-Chaitra | Sun 10 Sutra 5 Nandana 5114 Moon 3 - Phase 1 2nd Phase | |
| Routine Work Marana Yoga Until 10.31PM then Amrita Yoga | | Subha Sivaloka Day | | | | |

| | | | | | | |
|---|---|---|--|--|---|--------------|
| 4 | Wednesday, April 18, 2012 | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprostapada/Uttaraprostapada Nakshatra Indra Yoga Gara/Vanija Karana Trayodasi* Yam Titau | | | | Tehran, Iran |
| | Kumbha Rasi: 29.07 Tithi 28 213117268 | Gulika 10:25AM – 12:04PM Yama 7:07AM – 8:46AM Rahu 12:04PM – 1:43PM | Purvaprostapada* Until 2:25PM Indra Until 6:11AM Thu Gara Until 5:37PM Trayodasi* Until 6:20AM Thu <i>Pradosha Vrata (Fasting)</i> | Ganesha: Clear <i>Sunrise: 5:28AM</i> Muruqa: White <i>Sunset: 6:40PM</i> Nataraja: White Moon – Clear Chaitra-Chaitra | Sun 11 Sutra 6 Nandana 5114 Moon 3 - Phase 1 2nd Phase | |
| Creative Work Amrita Yoga Until 2:25PM then Siddha Yoga | | Subha Sivaloka Day | | | | |

| | | | | | | |
|------------------------------|---|--|---|--|---|--------------|
| 5 | Thursday, April 19, 2012 | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau | | | | Tehran, Iran |
| | Meena Rasi: 11.16 Tithi 28 – 29 213117268 | Gulika 8:46AM – 10:25AM Yama 5:27AM – 7:06AM Rahu 1:43PM – 3:23PM | Uttaraprostapada Until 4:48PM Vaidhriti* Until 6:35AM Fri Visti Until 7:25PM Trayodasi* Until 6:20AM | Ganesha: Clear <i>Sunrise: 5:27AM</i> Muruqa: White <i>Sunset: 6:41PM</i> Nataraja: White Moon – Clear Chaitra-Chaitra | Sun 12 Sutra 7 Nandana 5114 Moon 3 - Phase 1 2nd Phase | |
| Creative Work Siddha Yoga | | Subha Sivaloka Day | | | | |

| | | | | | | |
|---|--|--|--|--|--|--------------|
|  | Friday, April 20, 2012 | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau | | | | Tehran, Iran |
| | Retreat Star Meena Rasi: 23.17 Tithi 29 – 30 213117268 | Gulika 7:05AM – 8:45AM Yama 3:23PM – 5:03PM Rahu 10:25AM – 12:04PM | Revati Until 7:26PM Vaidhriti* Until 6:35AM Catuspada Until 9:31PM Chaturdasi* Until 8:26AM | Ganesha: Clear <i>Sunrise: 5:26AM</i> Muruqa: White <i>Sunset: 6:42PM</i> Nataraja: White Moon – Clear Chaitra-Chaitra | Sun 13 Sutra 8 Nandana 5114 Moon 3 - Phase 1 Amavasya | |
| Creative Work Siddha Yoga Until 7:26PM then Amrita Yoga Until 10.30PM then Siddha Yoga | | Subha Sivaloka Day | | | | |

| | | | | | | |
|--|--|---|--|---|--|--------------|
| | Saturday, April 21, 2012 | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Asvini Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau | | | | Tehran, Iran |
| | Retreat Star Mesha Rasi: 5.11 Tithi 30 – 1 223117268 | Gulika 5:25AM – 7:05AM Yama 1:44PM – 3:23PM Rahu 8:44AM – 10:24AM | Asvini Until 10:17PM Vishkambha* Until 7:25AM Kintughna Until 11:51PM Amavasya* Until 10:46AM | Ganesha: Orange <i>Sunrise: 5:25AM</i> Muruqa: White <i>Sunset: 6:43PM</i> Nataraja: White Moon – White Vaisaka-Chaitra | Sun 14 Sutra 9 Nandana 5114 Moon 3 - Phase 1 Prathama | |
| Creative Work Siddha Yoga Until 10.30PM then no yoga | | Subha Sivaloka Day | | | | |

| | | | | | | | | | |
|----------|--------------------------------|---|-----------|-------------------------------|---------------------------------|------------------------|------------------------|---------------|---------------------------|
| 1 | Sunday, April 22, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | | | | Tehran, Iran |
| | Mesha Rasi: 17.01 | Tithi 1 – 2 | 223117268 | Gulika 3:24PM – 5:04PM | Bharani Until 1:18AM Mon | Ganesha: Orange | <i>Sunrise:</i> 5:24AM | Sun 15 | Sutra 10 |
| | No Yoga | | | Yama 12:04PM – 1:44PM | Priti Until 8:24AM | Muruqa: White | <i>Sunset:</i> 6:44PM | | Nandana 5114 |
| | Until 10.30PM then Siddha Yoga | | | Rahu 5:04PM – 6:44PM | Balava Until 2:21AM Mon | Nataraja: White | | | Moon 3 - Phase 2 |
| | Until 1:18AM Mon then no yoga | | | | Prathama* Until 1:16PM | Moon – White | | | 3rd Phase |
| | | | | | | Vaisaka-Chaitra | | | Subha Sivaloka Day |

| | | | | | | | | | |
|----------|-----------------------------------|--|-----------|-------------------------------|----------------------------------|------------------------|------------------------|---------------|---------------------------|
| 2 | Monday, April 23, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam | | | | | | | Tehran, Iran |
| | Mesha Rasi: 28.48 | Tithi 2 – 3 | 223117268 | Gulika 1:44PM – 3:24PM | Krittika Until 4:24AM Tue | Ganesha: Orange | <i>Sunrise:</i> 5:22AM | Sun 16 | Sutra 11 |
| | Family Home Evening | | | Yama 10:23AM – 12:03PM | Ayushman Until 9:27AM | Muruqa: White | <i>Sunset:</i> 6:45PM | | Nandana 5114 |
| | No Yoga | | | Rahu 7:03AM – 8:43AM | Taitila Until 4:57AM Tue | Nataraja: White | | | Moon 3 - Phase 2 |
| | Until 10.30PM then Siddha Yoga | | | | Dvitiya Until 3:52PM | Moon – White | | | 3rd Phase |
| | Until 4:24AM Tue then Amrita Yoga | | | | | Vaisaka-Chaitra | | | Subha Sivaloka Day |

| | | | | | | | | | |
|----------|--------------------------------|---|-----------|--------------------------------|--------------------------------|------------------------|------------------------|---------------|---------------------|
| 3 | Tuesday, April 24, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | | | | Tehran, Iran |
| | Wrishabha Rasi: 10.35 | Tithi 3 | 233117269 | Gulika 12:03PM – 1:44PM | Rohini Until 7:51AM Wed | Ganesha: Clear | <i>Sunrise:</i> 5:21AM | Sun 17 | Sutra 12 |
| | Creative Work Amrita Yoga | | | Yama 8:42AM – 10:23AM | Saubhagya Until 10:31AM | Muruqa: White | <i>Sunset:</i> 6:45PM | | Nandana 5114 |
| | Until 10.30PM then Siddha Yoga | | | Rahu 3:24PM – 5:05PM | Gara Until 7:33AM Wed | Nataraja: Clear | | | Moon 3 - Phase 2 |
| | | | | | Tritiya Until 6:28PM | Moon – Yellow | | | 3rd Phase |
| | | | | | | Vaisaka-Chaitra | | | Sivaloka Day |

| | | | | | | | | | |
|----------|----------------------------------|---|-----------|---------------------------------|--------------------------------|------------------------|------------------------|---------------|---------------------|
| 4 | Wednesday, April 25, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam | | | | | | | Tehran, Iran |
| | Wrishabha Rasi: 22.25 | Tithi 4 | 234117269 | Gulika 10:22AM – 12:03PM | Rohini Until 7:51AM | Ganesha: White | <i>Sunrise:</i> 5:20AM | Sun 18 | Sutra 13 |
| | Creative Work Siddha Yoga | | | Yama 7:01AM – 8:42AM | Sobhana Until 11:30AM | Muruqa: White | <i>Sunset:</i> 6:46PM | | Nandana 5114 |
| | Until 10.29PM then Marana Yoga | | | Rahu 12:03PM – 1:44PM | Vanija Until 7:53AM | Nataraja: Clear | | | Moon 3 - Phase 2 |
| | | | | | Chaturthi* Until 8:58PM | Moon – Yellow | | | 3rd Phase |
| | | | | | | Vaisaka-Chaitra | | | Devaloka Day |

| | | | | | | | | | |
|----------|---------------------------------|--|-----------|--------------------------------|--------------------------------|------------------------|------------------------|---------------|---------------------|
| 5 | Thursday, April 26, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam | | | | | | | Tehran, Iran |
| | Mithuna Rasi: 4.2 | Tithi 5 | 234117269 | Gulika 8:41AM – 10:22AM | Mrigasira Until 10:39AM | Ganesha: White | <i>Sunrise:</i> 5:19AM | Sun 19 | Sutra 14 |
| | Routine Work Marana Yoga | | | Yama 5:19AM – 7:00AM | Athiganda* Until 12:18PM | Muruqa: White | <i>Sunset:</i> 6:47PM | | Nandana 5114 |
| | Until 10.29PM then Siddha Yoga | | | Rahu 1:44PM – 3:25PM | Bava Until 10:09AM | Nataraja: Clear | | | Moon 3 - Phase 2 |
| | | | | | Panchami Until 11:15PM | Moon – Yellow | | | 3rd Phase |
| | | | | | | Vaisaka-Chaitra | | | Devaloka Day |

| | | | | | | | | | |
|----------|--------------------------------|---|-----------|-------------------------------|----------------------------------|------------------------|------------------------|---------------|---------------------|
| 6 | Friday, April 27, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | | | | Tehran, Iran |
| | Mithuna Rasi: 16.26 | Tithi 6 | 234117269 | Gulika 6:59AM – 8:40AM | Ardra Until 1:08PM | Ganesha: White | <i>Sunrise:</i> 5:18AM | Sun 20 | Sutra 15 |
| | Creative Work Siddha Yoga | | | Yama 3:25PM – 5:07PM | Sukarma Until 12:48PM | Muruqa: White | <i>Sunset:</i> 6:48PM | | Nandana 5114 |
| | Until 10.29PM then Marana Yoga | | | Rahu 10:21AM – 12:03PM | Kaulava Until 12:04PM | Nataraja: Clear | | | Moon 3 - Phase 2 |
| | | | | | Shasthi* Until 1:10AM Sat | Moon – Yellow | | | 3rd Phase |
| | | | | | | Vaisaka-Chaitra | | | Devaloka Day |

| | | | | | | | | | |
|---------------------|---------------------------------|---|-----------|-------------------------------|----------------------------------|------------------------|------------------------|---------------|---------------------|
| Retreat Star | Saturday, April 28, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam | | | | | | | Tehran, Iran |
| | Mithuna Rasi: 28.46 | Tithi 7 | 244117269 | Gulika 5:17AM – 6:58AM | Punarvasu Until 2:25PM | Ganesha: Clear | <i>Sunrise:</i> 5:17AM | Sun 21 | Sutra 16 |
| | Routine Work Marana Yoga | | | Yama 1:44PM – 3:26PM | Dhriti Until 12:21PM | Muruqa: White | <i>Sunset:</i> 6:49PM | | Nandana 5114 |
| | Until 2:25PM then Siddha Yoga | | | Rahu 8:40AM – 10:21AM | Gara Until 12:50PM | Nataraja: Clear | | | Moon 3 - Phase 2 |
| | | | | | Saptami Until 12:50AM Sun | Moon – Blue | | | 3rd Phase |
| | | | | | | Vaisaka-Chaitra | | | Sivaloka Day |

| | | | | | | | | | |
|---------------------|-------------------------------|---|-----------|-------------------------------|----------------------------------|------------------------|------------------------|---------------|---------------------|
| Retreat Star | Sunday, April 29, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | | | | Tehran, Iran |
| | Kataka Rasi: 11.25 | Tithi 8 | 244117269 | Gulika 3:26PM – 5:08PM | Pushya Until 3:41PM | Ganesha: Clear | <i>Sunrise:</i> 5:15AM | Sun 22 | Sutra 17 |
| | Creative Work Siddha Yoga | | | Yama 12:02PM – 1:44PM | Shula* Until 11:51AM | Muruqa: White | <i>Sunset:</i> 6:50PM | | Nandana 5114 |
| | | | | Rahu 5:08PM – 6:50PM | Visti Until 1:29PM | Nataraja: Clear | | | Moon 3 - Phase 2 |
| | | | | | Ashtami* Until 1:29AM Mon | Moon – Blue | | | Ashtami |
| | | | | | | Vaisaka-Chaitra | | | Sivaloka Day |

| | | | | | | | | | |
|---------------------|-------------------------------|--|-----------|-------------------------------|------------------------------|------------------------|------------------------|---------------|---------------------|
| Retreat Star | Monday, April 30, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam | | | | | | | Tehran, Iran |
| | Kataka Rasi: 24.27 | Tithi 9 | 244117269 | Gulika 1:44PM – 3:26PM | Aslesha* Until 4:14PM | Ganesha: Clear | <i>Sunrise:</i> 5:14AM | Sun 23 | Sutra 18 |
| | Family Home Evening | | | Yama 10:20AM – 12:02PM | Ganda* Until 10:42AM | Muruqa: White | <i>Sunset:</i> 6:50PM | | Nandana 5114 |
| | Creative Work Siddha Yoga | | | Rahu 6:56AM – 8:38AM | Balava Until 12:48PM | Nataraja: Clear | | | Moon 3 - Phase 2 |
| | | | | | Navami* Until 11:52PM | Moon – Blue | | | Navami |
| | | | | | | Vaisaka-Chaitra | | | Sivaloka Day |


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

| | | | | | | |
|--------------------------------|--------------------------------|--|-----------------------------|---|---------------------|----------------------|
| 1 | Tuesday, May 1, 2012 | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | Tehran, Iran |
| | Simha Rasi: 7.56 Tithi 10 | Magha*/Purvaphalguni* Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dasami Yam Titau | | | | Sun 24 Sutra 19 |
| | 254117269 | Gulika 12:02PM – 1:45PM | Magha* Until 3:16PM | Ganesha: Purple <i>Sunrise:</i> 5:12AM | Nandana 5114 | |
| | | Yama 8:37AM – 10:20AM | Vriddhi Until 8:37AM | Muruqa: White <i>Sunset:</i> 6:52PM | Moon 3 - Phase 3 | |
| Creative Work Siddha Yoga | | Rahu 3:27PM – 5:10PM | Taitila Until 11:52AM | Nataraja: Clear | 4th Phase | |
| Until 10.28PM then Amrita Yoga | | | Dasami Until 10:57PM | Vaisaka-Chaitra | Devaloka Day | |

| | | | | | | |
|---------------------------------------|---------------------------------|--|------------------------------------|---|---------------------|----------------------|
| 2 | Wednesday, May 2, 2012 | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam | | | | Tehran, Iran |
| | Simha Rasi: 21.52 Tithi 11 | Purvaphalguni*/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Ekadasi Yam Titau | | | | Sun 25 Sutra 20 |
| | 254117269 | Gulika 10:19AM – 12:02PM | Purvaphalguni* Until 2:14PM | Ganesha: Purple <i>Sunrise:</i> 5:11AM | Nandana 5114 | |
| | | Yama 6:54AM – 8:37AM | Dhruva Until 6:06AM | Muruqa: White <i>Sunset:</i> 6:53PM | Moon 3 - Phase 3 | |
| Creative Work Amrita Yoga | | Rahu 12:02PM – 1:45PM | Vanija Until 10:05AM | Nataraja: Clear | 4th Phase | |
| Until 10.28PM then Prabalarishta Yoga | | | Ekadasi Until 9:10PM | Vaisaka-Chaitra | Devaloka Day | |

| | | | | | | |
|--------------------------------------|-------------------------------------|--|-------------------------------------|---|---------------------|----------------------|
| 3 | Thursday, May 3, 2012 | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam | | | | Tehran, Iran |
| | Kanya Rasi: 6.15 Tithi 12 – 13 | Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Kaulava Karana Dvadasi/Trayodasi Yam Titau | | | | Sun 26 Sutra 21 |
| | 254117269 | Gulika 8:36AM – 10:19AM | Uttaraphalguni Until 12:00PM | Ganesha: Purple <i>Sunrise:</i> 5:10AM | Nandana 5114 | |
| | | Yama 5:10AM – 6:53AM | Harshana Until 11:04PM | Muruqa: White <i>Sunset:</i> 6:54PM | Moon 3 - Phase 3 | |
| Routine Work Prabalarishta Yoga | | Rahu 1:45PM – 3:28PM | Bava Until 7:22AM | Nataraja: Clear | 4th Phase | |
| Until 12:00PM then no yoga | | | Dvadasi Until 5:39PM | Vaisaka-Chaitra | Devaloka Day | |
| Until 10.28PM then Amrita Yoga | | | <i>Pradosha Vrata</i> | | | |

| | | | | | | |
|--------------------------------|--------------------------------------|--|-------------------------------|--|---------------------|----------------------|
| 4 | Friday, May 4, 2012 | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | Tehran, Iran |
| | Kanya Rasi: 21.01 Tithi 13 – 14 | Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau | | | | Sun 27 Sutra 22 |
| | 264117269 | Gulika 6:52AM – 8:35AM | Hasta Until 9:42AM | Ganesha: Clear <i>Sunrise:</i> 5:09AM | Nandana 5114 | |
| | | Yama 3:28PM – 5:11PM | Vajra* Until 7:27PM | Muruqa: White <i>Sunset:</i> 6:54PM | Moon 3 - Phase 3 | |
| Creative Work Amrita Yoga | | Rahu 10:19AM – 12:02PM | Gara Until 12:51AM Sat | Nataraja: Clear | 4th Phase | |
| Until 9:42AM then Siddha Yoga | | | Trayodasi Until 2:33PM | Vaisaka-Chaitra | Sivaloka Day | |
| Until 10.28PM then Marana Yoga | | | | | | |

| | | | | | | |
|---|------------------------------------|---|----------------------------------|--|---------------------------|----------------------|
|  | Saturday, May 5, 2012 | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam | | | | Tehran, Iran |
| | Copper Retreat Star | Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau | | | | Sun 23 Sutra 23 |
| | Tula Rasi: 6.05 Tithi 14 – 15 | | | | | Nandana 5114 |
| | 264217269 | Gulika 5:08AM – 6:52AM | Chitra Until 6:56AM | Ganesha: White <i>Sunrise:</i> 5:08AM | Moon 3 - Phase 3 | |
| | | Yama 1:45PM – 3:28PM | Siddhi Until 3:24PM | Muruqa: White <i>Sunset:</i> 6:55PM | Purnima | |
| Routine Work Marana Yoga | | Rahu 8:35AM – 10:18AM | Visti Until 9:16PM | Nataraja: Clear | | |
| Until 6:56AM then Siddha Yoga | | | Chaturdasi* Until 10:58AM | Vaisaka-Chaitra | Subha Sivaloka Day | |

| | | | | | | |
|-----------------------------------|-------------------------------------|--|---------------------------------|---|---------------------|----------------------|
| | Sunday, May 6, 2012 | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam | | | | Tehran, Iran |
| | Silver Retreat Star | Visakha Nakshatra Vyatipata*/Variyan Yoga Bava/Kaulava Karana Purnima*/Prathama* Yam Titau | | | | Sun 24 Sutra 24 |
| | Tula Rasi: 21.17 Tithi 15 – 16 | | | | | Nandana 5114 |
| | 274217269 | Gulika 3:29PM – 5:12PM | Visakha Until 1:16AM Mon | Ganesha: Yellow <i>Sunrise:</i> 5:07AM | Moon 3 - Phase 3 | |
| | | Yama 12:02PM – 1:45PM | Vyatipata* Until 11:08AM | Muruqa: White <i>Sunset:</i> 6:56PM | Prathama | |
| Routine Work Marana Yoga | | Rahu 5:12PM – 6:56PM | Kaulava Until 3:43AM Mon | Nataraja: Clear | | |
| Until 1:16AM Mon then Siddha Yoga | | | Purnima* Until 7:08AM | Vaisaka-Chaitra | Sivaloka Day | |