



Tuesday, April 19, 2011
Gold Retreat Star

Tula Rasi: 20.1 Tithi 17
272456158
Routine Work Marana Yoga
Until 8.01PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Visakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 12:18PM – 2:09PM **Visakha Until 3:05AM Wed**
Yama 8:35AM – 10:27AM Siddhi Until 6:34PM
Rahu 4:01PM – 5:52PM Taitila Until 10:31AM
Dvitiya Until 8:49PM

Oslo, Norway
Sutra 7
Khara 5113
Moon 4 - Phase 1
1st Phase
Devaloka Day
Ganesha: Yellow *Sunrise:* 4:53AM
Muruqa: Yellow *Sunset:* 7:44PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra



Wednesday, April 20, 2011

Wrischika Rasi: 4.51 Tithi 18
272456158
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 10:26AM – 12:18PM **Anuradha Until 2:15AM Thu**
Yama 6:42AM – 8:34AM Vyatipata* Until 3:40PM
Rahu 12:18PM – 2:10PM Vanija Until 7:42AM
Tritiya Until 6:47PM

Oslo, Norway
Sutra 8
Khara 5113
Moon 4 - Phase 1
1st Phase
Devaloka Day
Ganesha: Yellow *Sunrise:* 4:50AM
Muruqa: Yellow *Sunset:* 7:46PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra



Thursday, April 21, 2011

Wrischika Rasi: 19.08 Tithi 19 – 20
272456158
Creative Work Siddha Yoga
Until 8.01PM then Prabalarishta Yoga
Until 12:38AM Fri then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 8:32AM – 10:25AM **Jyeshtha* Until 12:38AM Fri**
Yama 4:47AM – 6:40AM Variyan Until 12:36PM
Rahu 2:10PM – 4:03PM Kaulava Until 3:27AM Fri
Chaturthi* Until 4:23PM

Oslo, Norway
Sutra 9
Khara 5113
Moon 4 - Phase 1
1st Phase
Devaloka Day
Ganesha: Yellow *Sunrise:* 4:47AM
Muruqa: Yellow *Sunset:* 7:48PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra



Friday, April 22, 2011

Dhanus Rasi: 2.56 Tithi 20 – 21
282456158
No Yoga
Until 8.01PM then Siddha Yoga
Until 1:12AM Sat then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 6:37AM – 8:31AM **Mula* Until 1:12AM Sat**
Yama 4:04PM – 5:57PM Parigha* Until 10:36AM
Rahu 10:24AM – 12:17PM Gara Until 3:35AM Sat
Panchami Until 3:35PM

Oslo, Norway
Sutra 10
Khara 5113
Moon 4 - Phase 1
1st Phase
Sivaloka Day
Ganesha: Blue *Sunrise:* 4:44AM
Muruqa: Yellow *Sunset:* 7:51PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra



Saturday, April 23, 2011

Dhanus Rasi: 16.16 Tithi 21 – 22
282466158
Routine Work Marana Yoga
Until 8.00PM then Siddha Yoga
Until 1:13AM Sun then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 4:41AM – 6:35AM **Purvashadha* Until 1:13AM Sun**
Yama 2:11PM – 4:05PM Shiva Until 8:56AM
Rahu 8:29AM – 10:23AM Visti Until 2:53AM Sun
Shasthi* Until 2:53PM

Oslo, Norway
Sutra 11
Khara 5113
Moon 4 - Phase 1
1st Phase
Sivaloka Day
Ganesha: Blue *Sunrise:* 4:41AM
Muruqa: Red *Sunset:* 7:53PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra



Sunday, April 24, 2011

Dhanus Rasi: 29.09 Tithi 22 – 23
282466158
Creative Work Amrita Yoga
Until 8.00PM then Marana Yoga
Until 2:02AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 4:06PM – 6:01PM **Uttarashadha Until 2:02AM Mon**
Yama 12:17PM – 2:12PM Siddha Until 8:01AM
Rahu 6:01PM – 7:56PM Balava Until 3:03AM Mon
Saptami Until 3:03PM

Oslo, Norway
Sutra 12
Khara 5113
Moon 4 - Phase 1
1st Phase
Sivaloka Day
Ganesha: Blue *Sunrise:* 4:38AM
Muruqa: Red *Sunset:* 7:56PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra



Monday, April 25, 2011
Retreat Star

Makara Rasi: 11.4 Tithi 23 – 24
293466159
Family Home Evening
Creative Work Amrita Yoga
Until 8.00PM then Siddha Yoga
Until 5:19AM Tue then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Sravana Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 2:12PM – 4:07PM **Sravana Until 5:19AM Tue**
Yama 10:22AM – 12:17PM Sadhya Until 7:52AM
Rahu 6:31AM – 8:26AM Taitila Until 5:57AM Tue
Ashtami* Until 4:51PM


Oslo, Norway
Sutra 13
Khara 5113
Moon 4 - Phase 1
Ashtami
Devaloka Day
Ganesha: Green *Sunrise:* 4:36AM
Muruqa: Red *Sunset:* 7:58PM
Nataraja: Purple
Moon – Purple
Chaitra-Chaitra

Tuesday, April 26, 2011
Retreat Star

Makara Rasi: 23.55 Tithi 24
293466159
Routine Work Marana Yoga
Until 8.00PM then Prabalarishta Yoga
Until 7:24AM Wed then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Subha/Sukla Yoga Gara Karana Navami* Yam Titau
Gulika 12:17PM – 2:13PM **Dhanishtha Until 7:24AM Wed**
Yama 8:25AM – 10:21AM Subha Until 8:05AM
Rahu 4:09PM – 6:05PM Gara Until 7:32AM Wed
Navami* Until 6:27PM

Oslo, Norway
Sutra 14
Khara 5113
Moon 4 - Phase 1
Navami
Devaloka Day
Ganesha: Green *Sunrise:* 4:33AM
Muruqa: Red *Sunset:* 8:00PM
Nataraja: Purple
Moon – Purple
Chaitra-Chaitra

1	Wednesday, April 27, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dasami Yam Titau			Oslo, Norway
					Sutra 15 Khara 5113
Kumbha Rasi: 5.58	Tithi 25	293566159	Gulika 10:20AM – 12:17PM Yama 6:27AM – 8:23AM Rahu 12:17PM – 2:13PM	Dhanishtha Until 7:24AM Sukla Until 8:39AM Vanija Until 7:22AM Dasami Until 8:28PM	Ganesha: Red <i>Sunrise:</i> 4:30AM Muruqa: Red <i>Sunset:</i> 8:03PM Nataraja: Purple Moon – Purple Chaitra-Chaitra
Routine Work	Prabalarishta Yoga				Sivaloka Day
Until 7:24AM then Siddha Yoga					
Until 8:00PM then Marana Yoga					
2	Thursday, April 28, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadasi* Yam Titau			Oslo, Norway
					Sutra 16 Khara 5113
Kumbha Rasi: 17.54	Tithi 26	293566159	Gulika 8:22AM – 10:19AM Yama 4:27AM – 6:25AM Rahu 2:14PM – 4:11PM	Satabhisha Until 10:12AM Brahma Until 9:27AM Bava Until 9:39AM Ekadasi* Until 10:44PM	Ganesha: Red <i>Sunrise:</i> 4:27AM Muruqa: Red <i>Sunset:</i> 8:05PM Nataraja: Purple Moon – Purple Chaitra-Chaitra
Routine Work	Marana Yoga				Sivaloka Day
Until 10:12AM then Siddha Yoga					
3	Friday, April 29, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau			Oslo, Norway
					Sutra 17 Khara 5113
Kumbha Rasi: 29.46	Tithi 27	213566159	Gulika 6:23AM – 8:20AM Yama 4:12PM – 6:10PM Rahu 10:18AM – 12:16PM	Purvaprostapada* Until 1:08PM Indra Until 10:21AM Kaulava Until 12:03PM Dvadasi* Until 1:08AM Sat	Ganesha: Clear <i>Sunrise:</i> 4:25AM Muruqa: Red <i>Sunset:</i> 8:08PM Nataraja: Purple Moon – Clear Chaitra-Chaitra
Creative Work	Siddha Yoga				Sivaloka Day
Until 1:08AM Sat					
4	Saturday, April 30, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam Uttaraprostapada*/Revall Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodasi* Yam Titau			Oslo, Norway
					Sutra 18 Khara 5113
Meena Rasi: 11.38	Tithi 28	213566159	Gulika 4:22AM – 6:21AM Yama 2:15PM – 4:13PM Rahu 8:19AM – 10:18AM	Uttaraprostapada Until 4:04PM Vaidhriti* Until 11:16AM Gara Until 2:28PM Trayodasi* Until 3:33AM Sun <i>Pradosha Vrata (Fasting)</i>	Ganesha: Clear <i>Sunrise:</i> 4:22AM Muruqa: Red <i>Sunset:</i> 8:10PM Nataraja: Purple Moon – Clear Chaitra-Chaitra
Creative Work	Siddha Yoga				Sivaloka Day
Until 4:04PM then Prabalarishta Yoga					
Until 7:59PM then Amrita Yoga					
5	Sunday, May 1, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			Oslo, Norway
					Sutra 19 Khara 5113
Meena Rasi: 23.32	Tithi 29	213566159	Gulika 4:14PM – 6:13PM Yama 12:16PM – 2:15PM Rahu 6:13PM – 8:13PM	Revati Until 6:56PM Vishkambha* Until 12:07PM Visti Until 4:48PM Chaturdasi* Until 5:53AM Mon	Ganesha: Clear <i>Sunrise:</i> 4:19AM Muruqa: Red <i>Sunset:</i> 8:13PM Nataraja: Purple Moon – Clear Chaitra-Chaitra
Creative Work	Amrita Yoga				Sivaloka Day
Until 6:56PM then Siddha Yoga					
	Monday, May 2, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini Nakshatra Priti/Ayushman Yoga Catuspada* Karana Amavasya* Yam Titau			Oslo, Norway
	Retreat Star				Sutra 20 Khara 5113
Mesha Rasi: 5.3	Tithi 30	223566159	Gulika 2:16PM – 4:15PM Yama 10:16AM – 12:16PM Rahu 6:16AM – 8:16AM	Asvini Until 9:40PM Priti Until 12:51PM Catuspada Until 6:59PM Amavasya* Until 7:52AM Tue	Ganesha: Orange <i>Sunrise:</i> 4:17AM Muruqa: Red <i>Sunset:</i> 8:15PM Nataraja: Purple Moon – White Chaitra-Chaitra
Family Home Evening					Sivaloka Day
Creative Work	Siddha Yoga				
Until 7:52AM Tue					
Tuesday, May 3, 2011	Retreat Star	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau			Oslo, Norway
					Sutra 21 Khara 5113
Mesha Rasi: 17.34	Tithi 30 – 1	223566159	Gulika 12:16PM – 2:16PM Yama 8:15AM – 10:15AM Rahu 4:17PM – 6:17PM	Bharani Until 12:12AM Wed Ayushman Until 1:24PM Kintughna Until 8:58PM Amavasya* Until 7:52AM	Ganesha: Orange <i>Sunrise:</i> 4:14AM Muruqa: Red <i>Sunset:</i> 8:17PM Nataraja: Purple Moon – White Vaisaka-Chaitra
Creative Work	Siddha Yoga				Sivaloka Day
Until 7:59PM then Marana Yoga					
Until 12:12AM Wed then Amrita Yoga					

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

1	Wednesday, May 4, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Oslo, Norway	
					Sutra 22 Khara 5113	
Mesha Rasi: 29.45	Tithi 1 – 2	223566159	Gulika 10:15AM – 12:16PM Yama 6:12AM – 8:14AM Rahu 12:16PM – 2:17PM	Krittika Until 2:30AM Thu Saubhagya Until 1:44PM Balava Until 10:41PM Prathama* Until 9:35AM	Ganesha: Orange <i>Sunrise: 4:11AM</i> Muruqa: Red <i>Sunset: 8:20PM</i> Nataraja: Purple Moon – White Vaisaka-Chaitra	Moon 4 - Phase 3 3rd Phase
Creative Work Amrita Yoga Until 7.59PM then Marana Yoga					Sivaloka Day	


2	Thursday, May 5, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Oslo, Norway	
					Sutra 23 Khara 5113	
Wrishabha Rasi: 12.05	Tithi 2 – 3	223566159	Gulika 8:12AM – 10:14AM Yama 4:09AM – 6:11AM Rahu 2:17PM – 4:19PM	Rohini Until 2:47AM Fri Sobhana Until 1:48PM Taitila Until 10:34PM Dvitiya Until 10:34AM	Ganesha: Clear <i>Sunrise: 4:09AM</i> Muruqa: Red <i>Sunset: 8:22PM</i> Nataraja: Purple Moon – Yellow Vaisaka-Chaitra	Moon 4 - Phase 3 3rd Phase
Routine Work Marana Yoga Until 2:47AM Fri then Siddha Yoga					Sivaloka Day	

3	Friday, May 6, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau		Oslo, Norway	
					Sutra 24 Khara 5113	
Wrishabha Rasi: 24.35	Tithi 3 – 4	223566159	Gulika 6:09AM – 8:11AM Yama 4:20PM – 6:22PM Rahu 10:13AM – 12:15PM	Mrigasira Until 4:19AM Sat Athiganda* Until 1:01PM Vanija Until 11:30PM Tritiya Until 11:30AM	Ganesha: Clear <i>Sunrise: 4:06AM</i> Muruqa: Red <i>Sunset: 8:25PM</i> Nataraja: Purple Moon – Yellow Vaisaka-Chaitra	Moon 4 - Phase 3 3rd Phase
Creative Work Siddha Yoga					Sivaloka Day	

4	Saturday, May 7, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Oslo, Norway	
					Sutra 25 Khara 5113	
Mithuna Rasi: 7.17	Tithi 4 – 5	223566159	Gulika 4:04AM – 6:07AM Yama 2:18PM – 4:21PM Rahu 8:10AM – 10:12AM	Ardra Until 5:29AM Sun Sukarma Until 12:26PM Bava Until 12:03AM Sun Chaturthi* Until 12:03PM	Ganesha: Clear <i>Sunrise: 4:04AM</i> Muruqa: Red <i>Sunset: 8:27PM</i> Nataraja: Purple Moon – Yellow Vaisaka-Chaitra	Moon 4 - Phase 3 3rd Phase
Creative Work Siddha Yoga					Sivaloka Day	

5	Sunday, May 8, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Oslo, Norway	
					Sutra 26 Khara 5113	
Mithuna Rasi: 20.13	Tithi 5 – 6	242566159	Gulika 4:22PM – 6:26PM Yama 12:15PM – 2:19PM Rahu 6:26PM – 8:29PM	Punarvasu Until 6:14AM Mon Dhriti Until 11:28AM Kaulava Until 12:07AM Mon Panchami Until 12:07PM	Ganesha: Purple <i>Sunrise: 4:01AM</i> Muruqa: Red <i>Sunset: 8:29PM</i> Nataraja: Purple Moon – Blue Vaisaka-Chaitra	Moon 4 - Phase 3 3rd Phase
Creative Work Siddha Yoga Until 7.59PM then Amrita Yoga Until 6:14AM Mon then Siddha Yoga			Mother's Day		Subha Sivaloka Day	

6	Monday, May 9, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau		Oslo, Norway	
					Sutra 27 Khara 5113	
Kataka Rasi: 3.25	Tithi 6 – 7	244566159	Gulika 2:19PM – 4:24PM Yama 10:11AM – 12:15PM Rahu 6:03AM – 8:07AM	Pushya Until 6:29AM Tue Shula* Until 10:02AM Gara Until 10:18PM Shasthi* Until 11:13AM	Ganesha: Clear <i>Sunrise: 3:59AM</i> Muruqa: Red <i>Sunset: 8:32PM</i> Nataraja: Purple Moon – Blue Vaisaka-Chaitra	Moon 4 - Phase 3 3rd Phase
Family Home Evening Creative Work Siddha Yoga					Sivaloka Day	

	Tuesday, May 10, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Oslo, Norway	
					Sutra 28 Khara 5113	
Kataka Rasi: 16.55	Tithi 7 – 8	244566159	Gulika 12:15PM – 2:20PM Yama 8:06AM – 10:10AM Rahu 4:25PM – 6:29PM	Aslesha* Until 4:27AM Wed Ganda* Until 7:58AM Visti Until 9:19PM Saptami Until 10:14AM	Ganesha: Clear <i>Sunrise: 3:56AM</i> Muruqa: Red <i>Sunset: 8:34PM</i> Nataraja: Purple Moon – Blue Vaisaka-Chaitra	Moon 4 - Phase 3 Ashtami
Creative Work Siddha Yoga					Sivaloka Day	

7	Wednesday, May 11, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Oslo, Norway	
					Sutra 29 Khara 5113	
Simha Rasi: 0.44	Tithi 8 – 9	254566159	Gulika 10:10AM – 12:15PM Yama 5:59AM – 8:05AM Rahu 12:15PM – 2:21PM	Magha* Until 3:37AM Thu Dhruva Until 2:58AM Thu Balava Until 7:44PM Ashtami* Until 8:40AM	Ganesha: White <i>Sunrise: 3:54AM</i> Muruqa: Red <i>Sunset: 8:37PM</i> Nataraja: Purple Moon – Red Vaisaka-Chaitra	Moon 4 - Phase 3 Navami
Creative Work Siddha Yoga Until 7.58PM then Amrita Yoga Until 3:37AM Thu then no yoga					Devaloka Day	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda, SataBR 1.7.2.1. VE, 393

1	Thursday, May 12, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni* Nakshatra Vyaghata* Yoga Kaulava/Gara Karana Navami*/Dasami Yam Titau				Oslo, Norway
	Simha Rasi: 14.52 Tithi 9 – 10	Gulika 8:03AM – 10:09AM	Purvaphalguni* Until 2:13AM Fri	Ganesha: White <i>Sunrise:</i> 3:51AM	Sutra 30	Khara 5113
	254566159	Yama 3:51AM – 5:57AM	Vyaghata* Until 12:07AM Fri	Muruqa: Red <i>Sunset:</i> 8:39PM	Moon 4 - Phase 4	4th Phase
	No Yoga	Rahu 2:21PM – 4:27PM	Gara Until 4:38AM Fri	Nataraja: Purple	Devaloka Day	
	Until 7.58PM then Siddha Yoga		Navami* Until 6:29AM	Vaisaka-Chaitra		

2	Friday, May 13, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Vanija/Visli* Karana Ekadasi Yam Titau				Oslo, Norway
	Simha Rasi: 29.19 Tithi 11	Gulika 5:56AM – 8:02AM	Uttaraphalguni Until 11:05PM	Ganesha: White <i>Sunrise:</i> 3:49AM	Sutra 31	Khara 5113
	254566159	Yama 4:28PM – 6:35PM	Harshana Until 7:52PM	Muruqa: Red <i>Sunset:</i> 8:41PM	Moon 4 - Phase 4	4th Phase
	Creative Work Siddha Yoga	Rahu 10:09AM – 12:15PM	Vanija Until 2:12PM	Nataraja: Purple	Devaloka Day	
	Until 7.58PM then Marana Yoga		Ekadasi Until 12:29AM Sat	Vaisaka-Chaitra		

3	Saturday, May 14, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadasi Yam Titau				Oslo, Norway
	Kanya Rasi: 14.01 Tithi 12	Gulika 3:47AM – 5:54AM	Hasta Until 8:55PM	Ganesha: Yellow <i>Sunrise:</i> 3:47AM	Sutra 32	Khara 5113
	264566159	Yama 2:22PM – 4:29PM	Vajra* Until 4:23PM	Muruqa: Red <i>Sunset:</i> 8:43PM	Moon 4 - Phase 4	4th Phase
	Routine Work Marana Yoga	Rahu 8:01AM – 10:08AM	Bava Until 11:15AM	Nataraja: Purple	Sivaloka Day	
	Until 7.58PM then Amrita Yoga		Dvadasi Until 9:32PM	Vaisaka-Chaitra		
	Until 8:55PM then Siddha Yoga					

4	Sunday, May 15, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Oslo, Norway
	Kanya Rasi: 28.5 Tithi 13	Gulika 4:30PM – 6:38PM	Chitra Until 6:31PM	Ganesha: Yellow <i>Sunrise:</i> 3:44AM	Sutra 33	Khara 5113
	264566159	Yama 12:15PM – 2:23PM	Siddhi Until 12:42PM	Muruqa: Red <i>Sunset:</i> 8:46PM	Moon 4 - Phase 4	4th Phase
	Creative Work Siddha Yoga	Rahu 6:38PM – 8:46PM	Kaulava Until 8:02AM	Nataraja: Purple	Sivaloka Day	
	Until 7.58PM then Amrita Yoga		Trayodasi Until 6:20PM	Vaisaka-Vaikasi		
			<i>Pradosha Vrata</i>			

5	Monday, May 16, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Visakha Nakshatra Vyatipata*Varjyan Yoga Vanija/Visli* Karana Chaturdasi*/Purnima* Yam Titau				Oslo, Norway
	Tula Rasi: 13.42 Tithi 14 – 15	Gulika 2:23PM – 4:32PM	Svati Until 4:05PM	Ganesha: Yellow <i>Sunrise:</i> 3:42AM	Sutra 34	Khara 5113
	Family Home Evening 264566159	Yama 10:07AM – 12:15PM	Vyatipata* Until 8:57AM	Muruqa: Red <i>Sunset:</i> 8:48PM	Moon 4 - Phase 4	4th Phase
	Creative Work Amrita Yoga	Rahu 5:50AM – 7:59AM	Visli Until 1:22AM Tue	Nataraja: Purple	Sivaloka Day	
	Until 4:05PM then Marana Yoga		Chaturdasi* Until 3:04PM	Vaisaka-Vaikasi		

○	Tuesday, May 17, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Visakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Oslo, Norway
	Copper Retreat Star	Gulika 12:15PM – 2:24PM	Visakha Until 1:48PM	Ganesha: Blue <i>Sunrise:</i> 3:40AM	Sutra 35	Khara 5113
	Tula Rasi: 28.28 Tithi 15 – 16	Yama 7:58AM – 10:06AM	Parigha* Until 2:40AM Wed	Muruqa: Red <i>Sunset:</i> 8:50PM	Moon 4 - Phase 4	Purnima
	274566159	Rahu 4:33PM – 6:42PM	Balava Until 10:17PM	Nataraja: Purple	Devaloka Day	
	Routine Work Marana Yoga		Purnima* Until 12:00PM	Vaisaka-Vaikasi		
	Until 1:48PM then Siddha Yoga					

○	Wednesday, May 18, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau				Oslo, Norway
	Silver Retreat Star	Gulika 10:06AM – 12:15PM	Anuradha Until 12:19PM	Ganesha: Blue <i>Sunrise:</i> 3:38AM	Sutra 36	Khara 5113
	Vrischika Rasi: 12.59 Tithi 16 – 17	Yama 5:47AM – 7:56AM	Shiva Until 11:13PM	Muruqa: Red <i>Sunset:</i> 8:53PM	Moon 4 - Phase 4	Prathama
	274566159	Rahu 12:15PM – 2:24PM	Taitila Until 8:40PM	Nataraja: Purple	Devaloka Day	
	Creative Work Siddha Yoga		Prathama* Until 9:35AM	Vaisaka-Vaikasi		



Thursday, May 19, 2011
Gold Retreat Star

Vrischika Rasi: 27.1 Titthi 17 – 18
274566159
Creative Work Siddha Yoga
Until 7.58PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 7:55AM – 10:05AM **Jyeshtha* Until 10:51AM**
Yama 3:36AM – 5:45AM Siddha Until 8:19PM
Rahu 2:25PM – 4:35PM Vanija Until 6:24PM
Dvitiya Until 7:20AM

Ganesha: Blue *Sunrise:* 3:36AM
Muruqa: Red *Sunset:* 8:55PM
Nataraja: Purple
Moon – Orange
Vaisaka-Vaikasi

Oslo, Norway
Sun 1 Sutra 37
Khara 5113
Moon 5 - Phase 5
1st Phase

Devaloka Day

1

Friday, May 20, 2011

Dhanus Rasi: 10.57 Titthi 19
284566159
No Yoga
Until 10:24AM then Siddha Yoga
Until 7.59PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 5:44AM – 7:54AM **Mula* Until 10:24AM**
Yama 4:36PM – 6:47PM Sadhya Until 6:55PM
Rahu 10:05AM – 12:15PM Bava Until 5:47PM
Chaturthi* Until 5:47AM Sat

Ganesha: Red *Sunrise:* 3:33AM
Muruqa: Red *Sunset:* 8:57PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Oslo, Norway
Sun 2 Sutra 38
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

2

Saturday, May 21, 2011

Dhanus Rasi: 24.19 Titthi 20
285566159
Routine Work Marana Yoga
Until 10:20AM then no yoga
Until 7.59PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 3:31AM – 5:42AM **Purvashadha* Until 10:20AM**
Yama 2:26PM – 4:37PM Subha Until 5:13PM
Rahu 7:53AM – 10:04AM Kaulava Until 4:59PM
Panchami Until 4:59AM Sun

Ganesha: Yellow *Sunrise:* 3:31AM
Muruqa: Red *Sunset:* 8:59PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Oslo, Norway
Sun 3 Sutra 39
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

3

Sunday, May 22, 2011

Makara Rasi: 7.16 Titthi 21
285666159
Creative Work Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha*/Sravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 4:38PM – 6:50PM **Uttarashadha Until 11:02AM**
Yama 12:15PM – 2:27PM Sukla Until 4:12PM
Rahu 6:50PM – 9:01PM Gara Until 5:00PM
Shasthi* Until 5:00AM Mon

Ganesha: Red *Sunrise:* 3:29AM
Muruqa: Red *Sunset:* 9:01PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Oslo, Norway
Sun 4 Sutra 40
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

4

Monday, May 23, 2011

Makara Rasi: 19.53 Titthi 22
295666159
Family Home Evening
Creative Work Amrita Yoga
Until 12:55PM then Siddha Yoga
Until 7.59PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti* Karana Saptami Yam Titau
Gulika 2:27PM – 4:39PM **Sravana Until 12:55PM**
Yama 10:03AM – 12:15PM Brahma Until 4:34PM
Rahu 5:39AM – 7:51AM Visti Until 6:47PM
Saptami Until 7:07AM Tue

Ganesha: Green *Sunrise:* 3:27AM
Muruqa: Red *Sunset:* 9:03PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Oslo, Norway
Sun 5 Sutra 41
Khara 5113
Moon 5 - Phase 5
1st Phase

Devaloka Day



Tuesday, May 24, 2011
Retreat Star

Kumbha Rasi: 2.11 Titthi 22 – 23
295666159
Routine Work Marana Yoga
Until 7.59PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 12:15PM – 2:28PM **Dhanishtha Until 2:58PM**
Yama 7:51AM – 10:03AM Indra Until 4:41PM
Rahu 4:40PM – 6:53PM Balava Until 8:12PM
Saptami Until 7:07AM

Ganesha: Green *Sunrise:* 3:26AM
Muruqa: Red *Sunset:* 9:05PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Oslo, Norway
Sun 6 Sutra 42
Khara 5113
Moon 5 - Phase 5
Ashtami

Devaloka Day

Wednesday, May 25, 2011

Retreat Star

Kumbha Rasi: 14.17 Titthi 23 – 24
295666159
Creative Work Siddha Yoga
Until 5.25PM then Amrita Yoga
Until 7.59PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Satabhisha*/Purvaprostapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 10:03AM – 12:16PM **Satabhisha Until 5:25PM**
Yama 5:37AM – 7:50AM Vaidhriti* Until 5:11PM
Rahu 12:16PM – 2:29PM Taitila Until 10:05PM
Ashtami* Until 8:59AM

Ganesha: Green *Sunrise:* 3:24AM
Muruqa: Red *Sunset:* 9:07PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Oslo, Norway
Sun 7 Sutra 43
Khara 5113
Moon 5 - Phase 5
Navami

Devaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138

1	Thursday, May 26, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau			Oslo, Norway
	Kumbha Rasi: 26.15 Tithi 24 – 25 315666159	Gulika 7:49AM – 10:02AM Yama 3:22AM – 5:35AM Rahu 2:29PM – 4:43PM	Purvaprostapada* Until 8:10PM Vishkambha* Until 5:56PM Vanija Until 12:15AM Fri Navami* Until 11:10AM	Ganesha: Clear <i>Sunrise:</i> 3:22AM Muruqa: Red <i>Sunset:</i> 9:09PM Nataraja: Purple Moon – Clear Vaisaka-Vaikasi	Sun 8 Sutra 44 Khara 5113 Moon 5 - Phase 6 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga				


2	Friday, May 27, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Priti Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau			Oslo, Norway
	Meena Rasi: 8.09 Tithi 25 – 26 315666159	Gulika 5:34AM – 7:48AM Yama 4:44PM – 6:57PM Rahu 10:02AM – 12:16PM	Uttaraprostapada Until 11:02PM Priti Until 6:49PM Bava Until 2:35AM Sat Dasami Until 1:29PM	Ganesha: Clear <i>Sunrise:</i> 3:20AM Muruqa: Red <i>Sunset:</i> 9:11PM Nataraja: Purple Moon – Clear Vaisaka-Vaikasi	Sun 9 Sutra 45 Khara 5113 Moon 5 - Phase 6 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga Until 11:02PM then Prabalarishta Yoga				

3	Saturday, May 28, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau			Oslo, Norway
	Meena Rasi: 20.02 Tithi 26 – 27 315666159	Gulika 3:18AM – 5:33AM Yama 2:30PM – 4:45PM Rahu 7:47AM – 10:01AM	Revati Until 1:55AM Sun Ayushman Until 7:42PM Kaulava Until 4:54AM Sun Ekadasi* Until 3:49PM	Ganesha: Clear <i>Sunrise:</i> 3:18AM Muruqa: Red <i>Sunset:</i> 9:13PM Nataraja: Purple Moon – Clear Vaisaka-Vaikasi	Sun 10 Sutra 46 Khara 5113 Moon 5 - Phase 6 2nd Phase Sivaloka Day
	Routine Work Prabalarishta Yoga Until 7:59PM then Amrita Yoga Until 1:55AM Sun then Siddha Yoga				

4	Sunday, May 29, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Saubhagya Yoga Talita/Gara Karana Dvadasi*/Trayodasi* Yam Titau			Oslo, Norway
	Mesha Rasi: 1.59 Tithi 27 – 28 325666159	Gulika 4:46PM – 7:00PM Yama 12:16PM – 2:31PM Rahu 7:00PM – 9:15PM	Asvini Until 4:42AM Mon Saubhagya Until 8:30PM Gara Until 7:08AM Mon Dvadasi* Until 6:02PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple <i>Sunrise:</i> 3:17AM Muruqa: Red <i>Sunset:</i> 9:15PM Nataraja: Purple Moon – White Vaisaka-Vaikasi	Sun 11 Sutra 47 Khara 5113 Moon 5 - Phase 6 2nd Phase Devaloka Day
	Creative Work Siddha Yoga				

5	Monday, May 30, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodasi* Yam Titau			Oslo, Norway
	Mesha Rasi: 14.01 Tithi 28 325666159	Gulika 2:31PM – 4:47PM Yama 10:01AM – 12:16PM Rahu 5:30AM – 7:46AM	Bharani Until 6:54AM Tue Sobhana Until 9:07PM Gara Until 6:57AM Trayodasi* Until 8:02PM	Ganesha: Purple <i>Sunrise:</i> 3:15AM Muruqa: Red <i>Sunset:</i> 9:17PM Nataraja: Purple Moon – White Vaisaka-Vaikasi	Sun 12 Sutra 48 Khara 5113 Moon 5 - Phase 6 2nd Phase Devaloka Day
	Family Home Evening Creative Work Siddha Yoga				

6	Tuesday, May 31, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			Oslo, Norway
	Mesha Rasi: 26.13 Tithi 29 326666159	Gulika 12:16PM – 2:32PM Yama 7:45AM – 10:01AM Rahu 4:48PM – 7:03PM	Bharani Until 6:54AM Athiganda* Until 9:27PM Visti Until 8:37AM Chaturdasi* Until 9:43PM	Ganesha: Light Blue <i>Sunrise:</i> 3:14AM Muruqa: Red <i>Sunset:</i> 9:19PM Nataraja: Purple Moon – White Vaisaka-Vaikasi	Sun 13 Sutra 49 Khara 5113 Moon 5 - Phase 6 2nd Phase Devaloka Day
	Creative Work Siddha Yoga Until 8:00PM then Amrita Yoga				

	Wednesday, June 1, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau			Oslo, Norway
	Retreat Star Vrishabha Rasi: 8.35 Tithi 30 326666159	Gulika 10:00AM – 12:16PM Yama 5:28AM – 7:44AM Rahu 12:16PM – 2:32PM	Krittika Until 8:36AM Sukarma Until 8:21PM Catuspada Until 9:34AM Amavasya* Until 9:34PM	Ganesha: Light Blue <i>Sunrise:</i> 3:12AM Muruqa: Red <i>Sunset:</i> 9:21PM Nataraja: Purple Moon – White Vaisaka-Vaikasi	Sun 14 Sutra 50 Khara 5113 Moon 5 - Phase 6 Amavasya Devaloka Day
	Creative Work Amrita Yoga Until 8:36AM then Siddha Yoga Until 8:00PM then Marana Yoga				

Retreat Star	Thursday, June 2, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathama* Yam Titau			Oslo, Norway
	Vrishabha Rasi: 21.11 Tithi 1 336666159	Gulika 7:44AM – 10:00AM Yama 3:11AM – 5:27AM Rahu 2:33PM – 4:49PM	Rohini Until 9:58AM Dhriti Until 7:58PM Kintughna Until 10:18AM Prathama* Until 10:18PM	Ganesha: Purple <i>Sunrise:</i> 3:11AM Muruqa: Red <i>Sunset:</i> 9:22PM Nataraja: Purple Moon – Yellow Jyeshtha-Vaikasi	Sun 15 Sutra 51 Khara 5113 Moon 5 - Phase 6 Prathama Devaloka Day
	Routine Work Marana Yoga Until 8:00PM then Siddha Yoga				

1	Friday, June 3, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Oslo, Norway
	Mithuna Rasi: 4.01	Tithi 2	Gulika 5:26AM – 7:43AM Yama 4:50PM – 7:07PM Rahu 10:00AM – 12:17PM	Mrigasira Until 10:55AM Shula* Until 7:12PM Balava Until 10:34AM Dvitiya Until 10:34PM	Sun 16 Sutra 52 Khara 5113 Moon 5 - Phase 7 3rd Phase
	336666159			Ganesha: Purple <i>Sunrise:</i> 3:09AM Muruqa: Red <i>Sunset:</i> 9:24PM Nataraja: Purple Moon – Yellow Jyeshtha-Vaikasi	Devaloka Day
Creative Work Siddha Yoga					


2	Saturday, June 4, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Tritiya Yam Titau		Oslo, Norway
	Mithuna Rasi: 17.04	Tithi 3	Gulika 3:08AM – 5:25AM Yama 2:34PM – 4:51PM Rahu 7:42AM – 10:00AM	Ardra Until 11:25AM Ganda* Until 6:02PM Tailila Until 10:22AM Tritiya Until 10:22PM	Sun 17 Sutra 53 Khara 5113 Moon 5 - Phase 7 3rd Phase
	336666159			Ganesha: Purple <i>Sunrise:</i> 3:08AM Muruqa: Red <i>Sunset:</i> 9:25PM Nataraja: Purple Moon – Yellow Jyeshtha-Vaikasi	Devaloka Day
Creative Work Siddha Yoga Until 11:25AM then Marana Yoga Until 8:00PM then Siddha Yoga					


3	Sunday, June 5, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Vishti* Karana Chaturthi* Yam Titau		Oslo, Norway
	Kataka Rasi: 0.21	Tithi 4	Gulika 4:52PM – 7:09PM Yama 12:17PM – 2:34PM Rahu 7:09PM – 9:27PM	Punarvasu Until 11:07AM Vridhhi Until 4:28PM Vanija Until 9:25AM Chaturthi* Until 8:30PM	Sun 18 Sutra 54 Khara 5113 Moon 5 - Phase 7 3rd Phase
	346666151			Ganesha: Light Blue <i>Sunrise:</i> 3:07AM Muruqa: Red <i>Sunset:</i> 9:27PM Nataraja: Purple Moon – Blue Jyeshtha-Vaikasi	Devaloka Day
Creative Work Siddha Yoga					

4	Monday, June 6, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Aslesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchami Yam Titau		Oslo, Norway
	Kataka Rasi: 13.52	Tithi 5	Gulika 2:35PM – 4:53PM Yama 9:59AM – 12:17PM Rahu 5:24AM – 7:41AM	Pushya Until 10:48AM Dhruva Until 1:58PM Bava Until 8:24AM Panchami Until 7:29PM	Sun 19 Sutra 55 Khara 5113 Moon 5 - Phase 7 3rd Phase
	346666151			Ganesha: Light Blue <i>Sunrise:</i> 3:06AM Muruqa: Red <i>Sunset:</i> 9:28PM Nataraja: Purple Moon – Blue Jyeshtha-Vaikasi	Devaloka Day
Family Home Evening Creative Work Siddha Yoga					

5	Tuesday, June 7, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Shasthi* Yam Titau		Oslo, Norway
	Kataka Rasi: 27.35	Tithi 6	Gulika 12:17PM – 2:35PM Yama 7:41AM – 9:59AM Rahu 4:53PM – 7:12PM	Aslesha* Until 10:09AM Vyaghata* Until 11:49AM Kaulava Until 7:00AM Shasthi* Until 6:04PM	Sun 20 Sutra 56 Khara 5113 Moon 5 - Phase 7 3rd Phase
	347666151			Ganesha: Purple <i>Sunrise:</i> 3:05AM Muruqa: Red <i>Sunset:</i> 9:30PM Nataraja: Purple Moon – Blue Jyeshtha-Vaikasi	Devaloka Day
Creative Work Siddha Yoga					

6	Wednesday, June 8, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Harshana/Vajra* Yoga Vanija/Vishti* Karana Saptami/Ashtami* Yam Titau		Oslo, Norway
	Simha Rasi: 11.3	Tithi 7 – 8	Gulika 9:59AM – 12:17PM Yama 5:22AM – 7:41AM Rahu 12:17PM – 2:36PM	Magha* Until 9:09AM Harshana Until 9:21AM Vishti Until 3:23AM Thu Saptami Until 4:18PM	Sun 21 Sutra 57 Khara 5113 Moon 5 - Phase 7 3rd Phase
	357666151			Ganesha: Clear <i>Sunrise:</i> 3:04AM Muruqa: Red <i>Sunset:</i> 9:31PM Nataraja: Purple Moon – Red Jyeshtha-Vaikasi	Sivaloka Day
Creative Work Siddha Yoga Until 9:09AM then Amrita Yoga Until 8:01PM then no yoga					

	Thursday, June 9, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ashlami*/Navami* Yam Titau		Oslo, Norway
	Simha Rasi: 25.35	Tithi 8 – 9	Gulika 7:40AM – 9:59AM Yama 3:03AM – 5:22AM Rahu 2:36PM – 4:55PM	Purvaphalguni* Until 7:51AM Vajra* Until 6:36AM Balava Until 1:17AM Fri Ashtami* Until 2:13PM	Sun 22 Sutra 58 Khara 5113 Moon 5 - Phase 7 Ashtami
	357666151			Ganesha: Clear <i>Sunrise:</i> 3:03AM Muruqa: Red <i>Sunset:</i> 9:32PM Nataraja: Purple Moon – Red Jyeshtha-Vaikasi	Sivaloka Day
Retreat Star No Yoga Until 7:51AM then Prabalarishta Yoga Until 8:01PM then Siddha Yoga					

	Friday, June 10, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyalipala* Yoga Kaulava/Tailila Karana Navami*/Dasami Yam Titau		Oslo, Norway
	Kanya Rasi: 9.5	Tithi 9 – 10	Gulika 5:21AM – 7:40AM Yama 4:56PM – 7:14PM Rahu 9:59AM – 12:18PM	Uttaraphalguni Until 6:17AM Vyatipata* Until 12:57AM Sat Tailila Until 10:54PM Navami* Until 11:50AM	Sun 23 Sutra 59 Khara 5113 Moon 5 - Phase 7 Navami
	357666151			Ganesha: Clear <i>Sunrise:</i> 3:02AM Muruqa: Red <i>Sunset:</i> 9:33PM Nataraja: Purple Moon – Red Jyeshtha-Vaikasi	Sivaloka Day
Creative Work Siddha Yoga Until 6:17AM then Amrita Yoga Until 8:01PM then Marana Yoga					


Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda, Isau 3. bo UP.R, 570


1	Saturday, June 11, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Variyan Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau				Oslo, Norway
	Kanya Rasi: 24.12 Titli 10 – 11 367666151	Gulika 3:01AM – 5:21AM Yama 2:37PM – 4:56PM Rahu 7:40AM – 9:59AM	Chitra Until 3:23AM Sun Variyan Until 9:46PM Vanija Until 8:18PM Dasami Until 9:14AM	Ganesha: White <i>Sunrise:</i> 3:01AM Muruqa: Red <i>Sunset:</i> 9:34PM Nataraja: Purple Moon – Green Jyeshtha-Vaikasi	Sun 24 Sutra 60 Khara 5113 Moon 5 - Phase 8 4th Phase	Devaloka Day
Routine Work Marana Yoga Until 8.02PM then Siddha Yoga						

2	Sunday, June 12, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Parigha* Yoga Visti*/Balava Karana Ekadasi/Dvadasi Yam Titau				Oslo, Norway
	Tula Rasi: 8.37 Titli 11 – 12 367666151	Gulika 4:57PM – 7:16PM Yama 12:18PM – 2:37PM Rahu 7:16PM – 9:36PM	Svati Until 1:30AM Mon Parigha* Until 6:29PM Balava Until 4:40AM Mon Ekadasi Until 6:31AM	Ganesha: White <i>Sunrise:</i> 3:01AM Muruqa: Red <i>Sunset:</i> 9:36PM Nataraja: Purple Moon – Green Jyeshtha-Vaikasi	Sun 25 Sutra 61 Khara 5113 Moon 5 - Phase 8 4th Phase	Devaloka Day
Creative Work Siddha Yoga Until 8.02PM then Amrita Yoga Until 1:30AM Mon then Marana Yoga						

3	Monday, June 13, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Visakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Oslo, Norway
	Tula Rasi: 23.03 Titli 13 Family Home Evening 377666151	Gulika 2:38PM – 4:57PM Yama 9:59AM – 12:18PM Rahu 5:20AM – 7:39AM	Visakha Until 11:38PM Shiva Until 3:13PM Kaulava Until 2:53PM Trayodasi Until 1:58AM Tue <i>Pradosha Vrata</i>	Ganesha: Yellow <i>Sunrise:</i> 3:00AM Muruqa: Red <i>Sunset:</i> 9:36PM Nataraja: Purple Moon – Orange Jyeshtha-Vaikasi	Sun 26 Sutra 62 Khara 5113 Moon 5 - Phase 8 4th Phase	Sivaloka Day
Routine Work Marana Yoga Until 11:38PM then Siddha Yoga						

4	Tuesday, June 14, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdasi* Yam Titau				Oslo, Norway
	Vrischika Rasi: 7.23 Titli 14 378666151	Gulika 12:19PM – 2:38PM Yama 7:39AM – 9:59AM Rahu 4:58PM – 7:18PM	Anuradha Until 9:55PM Siddha Until 12:06PM Gara Until 12:20PM Chaturdasi* Until 11:25PM	Ganesha: White <i>Sunrise:</i> 3:00AM Muruqa: Red <i>Sunset:</i> 9:37PM Nataraja: Purple Moon – Orange Jyeshtha-Vaikasi	Sun 27 Sutra 63 Khara 5113 Moon 5 - Phase 8 4th Phase	Subha Sivaloka Day
Creative Work Siddha Yoga						

	Wednesday, June 15, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnima* Yam Titau				Oslo, Norway
	Copper Retreat Star Vrischika Rasi: 21.32 Titli 15 378666151	Gulika 9:59AM – 12:19PM Yama 5:19AM – 7:39AM Rahu 12:19PM – 2:39PM	Jyeshtha* Until 8:31PM Sadhya Until 9:15AM Visti Until 10:07AM Purnima* Until 9:12PM	Ganesha: White <i>Sunrise:</i> 2:59AM Muruqa: Red <i>Sunset:</i> 9:38PM Nataraja: Purple Moon – Orange Jyeshtha-Ani	Sutra 64 Khara 5113 Moon 5 - Phase 8 Purnima	Subha Sivaloka Day
Creative Work Siddha Yoga						

	Thursday, June 16, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathama* Yam Titau				Oslo, Norway
	Silver Retreat Star Dhanus Rasi: 5.26 Titli 16 388766151	Gulika 7:39AM – 9:59AM Yama 2:59AM – 5:19AM Rahu 2:39PM – 4:59PM	Mula* Until 7:32PM Subha Until 6:48AM Balava Until 8:22AM Prathama* Until 7:27PM	Ganesha: Blue <i>Sunrise:</i> 2:59AM Muruqa: Red <i>Sunset:</i> 9:39PM Nataraja: Purple Moon – Light Blue Jyeshtha-Ani	Sutra 65 Khara 5113 Moon 5 - Phase 8 Prathama	Devaloka Day
Creative Work Siddha Yoga						



Friday, June 17, 2011
Gold Retreat Star

Dhanu Rasi: 19.02 Tithi 17
388766151
Creative Work Siddha Yoga
Until 8.03PM then Marana Yoga
Until 8.05PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Brahma Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 5:19AM – 7:39AM **Purvashadha* Until 8:05PM**
Yama 4:59PM – 7:19PM **Brahma Until 3:38AM Sat**
Rahu 9:59AM – 12:19PM **Taitila Until 7:17AM**
Dvitiya Until 7:17PM

Ganesha: Blue *Sunrise: 2:59AM*
Muruqa: Red *Sunset: 9:39PM*
Nataraja: Purple
Moon – Light Blue
Jyeshtha-Ani

Oslo, Norway
Sun 1 Sutra 66
Khara 5113
Moon 6 - Phase 9
1st Phase

Devaloka Day

1

Saturday, June 18, 2011

Makara Rasi: 2.17 Tithi 18
388766151
No Yoga
Until 8.03PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Indra Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 2:59AM – 5:19AM **Uttarashadha Until 8:14PM**
Yama 2:39PM – 5:00PM **Indra Until 2:08AM Sun**
Rahu 7:39AM – 9:59AM **Vanija Until 6:41AM**
Tritiya Until 6:41PM

Ganesha: Blue *Sunrise: 2:59AM*
Muruqa: Red *Sunset: 9:40PM*
Nataraja: Purple
Moon – Light Blue
Jyeshtha-Ani

Oslo, Norway
Sun 2 Sutra 67
Khara 5113
Moon 6 - Phase 9
1st Phase

Devaloka Day

2

Sunday, June 19, 2011

Makara Rasi: 15.13 Tithi 19
398766151
Creative Work Amrita Yoga
Until 9.00PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Sravana Nakshatra Vaidhriti* Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 5:00PM – 7:20PM **Sravana Until 9:00PM**
Yama 12:19PM – 2:40PM **Vaidhriti* Until 1:12AM Mon**
Rahu 7:20PM – 9:40PM **Bava Until 6:45AM**
Chaturthi* Until 6:45PM

Ganesha: Red *Sunrise: 2:59AM*
Muruqa: Red *Sunset: 9:40PM*
Nataraja: Purple
Moon – Purple
Jyeshtha-Ani

Oslo, Norway
Sun 3 Sutra 68
Khara 5113
Moon 6 - Phase 9
1st Phase

Sivaloka Day

Father's Day

3

Monday, June 20, 2011

Makara Rasi: 27.49 Tithi 20
399766151
Family Home Evening
Creative Work Siddha Yoga
Until 8.03PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 2:40PM – 5:00PM **Dhanishtha Until 11:42PM**
Yama 9:59AM – 12:20PM **Vishkambha* Until 2:16AM Tue**
Rahu 5:19AM – 7:39AM **Kaulava Until 7:35AM**
Panchami Until 8:41PM

Ganesha: Blue *Sunrise: 2:59AM*
Muruqa: Red *Sunset: 9:41PM*
Nataraja: Purple
Moon – Purple
Jyeshtha-Ani

Oslo, Norway
Sun 4 Sutra 69
Khara 5113
Moon 6 - Phase 9
1st Phase

Subha Sivaloka Day

4

Tuesday, June 21, 2011

Kumbha Rasi: 10.09 Tithi 21
399766151
Routine Work Marana Yoga
Until 8.04PM then Siddha Yoga
Until 1.42AM Wed then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Satabhisha Nakshatra Priti Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 12:20PM – 2:40PM **Satabhisha Until 1:42AM Wed**
Yama 7:39AM – 10:00AM **Priti Until 2:20AM Wed**
Rahu 5:00PM – 7:21PM **Gara Until 8:56AM**
Shasthi* Until 10:01PM

Ganesha: Blue *Sunrise: 2:59AM*
Muruqa: Red *Sunset: 9:41PM*
Nataraja: Purple
Moon – Purple
Jyeshtha-Ani

Oslo, Norway
Sun 5 Sutra 70
Khara 5113
Moon 6 - Phase 9
1st Phase

Subha Sivaloka Day

5

Wednesday, June 22, 2011

Kumbha Rasi: 22.17 Tithi 22
319766151
Creative Work Amrita Yoga
Until 8.04PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprostapada* Nakshatra Ayushman Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 10:00AM – 12:20PM **Purvaprostapada* Until 4:06AM Thu**
Yama 5:19AM – 7:40AM **Ayushman Until 2:48AM Thu**
Rahu 12:20PM – 2:40PM **Visti Until 10:43AM**
Saptami Until 11:49PM

Ganesha: Purple *Sunrise: 2:59AM*
Muruqa: Red *Sunset: 9:41PM*
Nataraja: Purple
Moon – Clear
Jyeshtha-Ani

Oslo, Norway
Sun 6 Sutra 71
Khara 5113
Moon 6 - Phase 9
1st Phase

Subha Sivaloka Day



Thursday, June 23, 2011
Retreat Star

Meena Rasi: 4.17 Tithi 23
319766151
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprostapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 7:40AM – 10:00AM **Uttaraprostapada Until 6:57AM Fri**
Yama 2:59AM – 5:20AM **Saubhagya Until 3:31AM Fri**
Rahu 2:40PM – 5:01PM **Balava Until 12:50PM**
Ashtami* Until 1:55AM Fri

Ganesha: Purple *Sunrise: 2:59AM*
Muruqa: Red *Sunset: 9:41PM*
Nataraja: Purple
Moon – Clear
Jyeshtha-Ani

Oslo, Norway
Sun 7 Sutra 72
Khara 5113
Moon 6 - Phase 9
Ashtami

Subha Sivaloka Day

Friday, June 24, 2011
Retreat Star

Meena Rasi: 16.11 Tithi 24
319766151
Creative Work Siddha Yoga
Until 8.04PM then Prabalarishta Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 5:20AM – 7:40AM **Uttaraprostapada Until 6:57AM**
Yama 5:01PM – 7:21PM **Sobhana Until 4:22AM Sat**
Rahu 10:00AM – 12:20PM **Taitila Until 3:05PM**
Navami* Until 4:11AM Sat

Ganesha: Purple *Sunrise: 3:00AM*
Muruqa: Red *Sunset: 9:41PM*
Nataraja: Purple
Moon – Clear
Jyeshtha-Ani

Oslo, Norway
Sun 8 Sutra 73
Khara 5113
Moon 6 - Phase 9
Navami

Subha Sivaloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita AG 2.10–2.13. MA, 94

1 Saturday, June 25, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Oslo, Norway
 Revati/Asvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dasami Yam Titau **Sun 9 Sutra 74**
 Khara 5113
Gulika 3:00AM – 5:20AM Revati Until 9:48AM Ganesha: Purple Sunrise: 3:00AM
 Yama 2:41PM – 5:01PM Athiganda* Until 5:14AM Sun **Muruqa: Red Sunset: 9:41PM** Moon 6 - Phase 10
 Rahu 7:40AM – 10:01AM Vanija Until 5:22PM **Nataraja: Purple** 2nd Phase
Jyeshtha-Ani
 Routine Work Prabalarishta Yoga **Subha Sivaloka Day**
 Until 9:48AM then Siddha Yoga

2 Sunday, June 26, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Oslo, Norway
 Asvini/Bharani Nakshatra Sukarma Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau **Sun 10 Sutra 75**
 Khara 5113
Gulika 5:01PM – 7:21PM Asvini Until 12:31PM Ganesha: Clear Sunrise: 3:01AM
 Yama 12:21PM – 2:41PM Sukarma Until 6:00AM Mon **Muruqa: Red Sunset: 9:41PM** Moon 6 - Phase 10
 Rahu 7:21PM – 9:41PM Bava Until 7:31PM **Nataraja: Purple** 2nd Phase
Jyeshtha-Ani **Sivaloka Day**
 Creative Work Siddha Yoga
 Until 12:31PM then no yoga
 Until 8:05PM then Siddha Yoga

3 Monday, June 27, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Oslo, Norway
 Bharani/Krittika Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau **Sun 11 Sutra 76**
 Khara 5113
Gulika 2:41PM – 5:01PM Bharani Until 3:00PM Ganesha: Clear Sunrise: 3:01AM
 Yama 10:01AM – 12:21PM Dhriti Until 6:04AM Tue **Muruqa: Red Sunset: 9:41PM** Moon 6 - Phase 10
 Rahu 5:21AM – 7:41AM Kaulava Until 9:23PM **Nataraja: Purple** 2nd Phase
Jyeshtha-Ani **Sivaloka Day**
 Family Home Evening
 Creative Work Siddha Yoga
 Until 3:00PM then no yoga
 Until 8:05PM then Siddha Yoga

4 Tuesday, June 28, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Oslo, Norway
 Krittika/Rohini Nakshatra Dhriti/Shrula Yoga Tatila/Gara Karana Dvadasi*/Trayodasi* Yam Titau **Sun 12 Sutra 77**
 Khara 5113
Gulika 12:21PM – 2:41PM Krittika Until 4:14PM Ganesha: Red Sunrise: 3:02AM
 Yama 7:42AM – 10:01AM Dhriti Until 6:04AM **Muruqa: Red Sunset: 9:40PM** Moon 6 - Phase 10
 Rahu 5:01PM – 7:21PM Gara Until 9:25PM **Nataraja: Purple** 2nd Phase
Jyeshtha-Ani **Sivaloka Day**
 Creative Work Siddha Yoga
 Until 4:14PM then Amrita Yoga
 Until 8:05PM then Siddha Yoga
Pradosha Vrata (Fasting)

5 Wednesday, June 29, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Oslo, Norway
 Rohini/Mrigasira Nakshatra Ganda* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau **Sun 13 Sutra 78**
 Khara 5113
Gulika 10:02AM – 12:21PM Rohini Until 5:41PM Ganesha: Yellow Sunrise: 3:03AM
 Yama 5:23AM – 7:42AM Ganda* Until 4:38AM Thu **Muruqa: Yellow Sunset: 9:40PM** Moon 6 - Phase 10
 Rahu 12:21PM – 2:41PM Visti Until 10:15PM **Nataraja: Purple** 2nd Phase
Jyeshtha-Ani **Sivaloka Day**
 Creative Work Siddha Yoga
 Until 8:05PM then Marana Yoga

Thursday, June 30, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Oslo, Norway
 Mrigasira Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau **Sun 14 Sutra 79**
 Khara 5113
Gulika 7:43AM – 10:02AM Mrigasira Until 6:36PM Ganesha: Yellow Sunrise: 3:04AM
 Yama 3:04AM – 5:23AM Vriddhi Until 3:51AM Fri **Muruqa: Yellow Sunset: 9:39PM** Moon 6 - Phase 10
 Rahu 2:41PM – 5:00PM Catuspada Until 10:29PM **Nataraja: Purple** Amavasya
Jyeshtha-Ani **Sivaloka Day**
 Routine Work Marana Yoga
 Until 8:06PM then Siddha Yoga

Friday, July 1, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Oslo, Norway
 Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau **Sun 15 Sutra 80**
 Khara 5113
Gulika 5:24AM – 7:43AM Ardra Until 6:57PM Ganesha: Yellow Sunrise: 3:05AM
 Yama 5:00PM – 7:19PM Dhruva Until 2:32AM Sat **Muruqa: Yellow Sunset: 9:39PM** Moon 6 - Phase 10
 Rahu 10:03AM – 12:22PM Kintughna Until 10:06PM **Nataraja: Purple** Prathama
Jyeshtha-Ani **Sivaloka Day**
 Creative Work Siddha Yoga
 Until 8:06PM then Marana Yoga

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda, Isau 1. UpM, 49

1	Saturday, July 2, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Oslo, Norway
	Mithuna Rasi: 26.26 Tithi 1 – 2				Sun 16 Sutra 81 Khara 5113
	341776151	Gulika 3:06AM – 5:25AM Yama 2:41PM – 5:00PM Rahu 7:44AM – 10:03AM	Punarvasu Until 5:49PM Vyaghata* Until 11:27PM Balava Until 7:56PM Prathama* Until 8:52AM	Ganesha: Red <i>Sunrise:</i> 3:06AM Muruqa: Yellow <i>Sunset:</i> 9:38PM Nataraja: Purple Moon – Blue Ashada-Ani	Moon 6 - Phase 11 3rd Phase Sivaloka Day
	Routine Work Marana Yoga Until 5:49PM then Siddha Yoga				


2	Sunday, July 3, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Oslo, Norway
	Kataka Rasi: 10.1 Tithi 2 – 3				Sun 17 Sutra 82 Khara 5113
	341776151	Gulika 5:00PM – 7:18PM Yama 12:22PM – 2:41PM Rahu 7:18PM – 9:37PM	Pushya Until 5:09PM Harshana Until 9:18PM Taitila Until 6:31PM Dvitiya Until 7:26AM	Ganesha: Red <i>Sunrise:</i> 3:07AM Muruqa: Yellow <i>Sunset:</i> 9:37PM Nataraja: Purple Moon – Blue Ashada-Ani	Moon 6 - Phase 11 3rd Phase Sivaloka Day
	Creative Work Siddha Yoga				

3	Monday, July 4, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Oslo, Norway
	Kataka Rasi: 24.07 Tithi 4				Sun 18 Sutra 83 Khara 5113
	341776151	Gulika 2:41PM – 4:59PM Yama 10:04AM – 12:22PM Rahu 5:27AM – 7:45AM	Aslesha* Until 4:06PM Vajra* Until 6:48PM Vanija Until 4:41PM Chaturthi* Until 3:46AM Tue	Ganesha: Red <i>Sunrise:</i> 3:08AM Muruqa: Yellow <i>Sunset:</i> 9:36PM Nataraja: Purple Moon – Blue Ashada-Ani	Moon 6 - Phase 11 3rd Phase Sivaloka Day
	Family Home Evening Creative Work Siddha Yoga				

4	Tuesday, July 5, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchami Yam Titau		Oslo, Norway
	Simha Rasi: 8.13 Tithi 5				Sun 19 Sutra 84 Khara 5113
	351776151	Gulika 12:22PM – 2:41PM Yama 7:46AM – 10:04AM Rahu 4:59PM – 7:17PM	Magha* Until 2:47PM Siddhi Until 4:03PM Bava Until 2:34PM Panchami Until 1:38AM Wed	Ganesha: Blue <i>Sunrise:</i> 3:09AM Muruqa: Yellow <i>Sunset:</i> 9:35PM Nataraja: Purple Moon – Red Ashada-Ani	Moon 6 - Phase 11 3rd Phase Subha Sivaloka Day
	Creative Work Siddha Yoga Until 8:06PM then Amrita Yoga				

5	Wednesday, July 6, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni*/Uttaraphalguni* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Shashti* Yam Titau		Oslo, Norway
	Simha Rasi: 22.25 Tithi 6				Sun 20 Sutra 85 Khara 5113
	351776151	Gulika 10:05AM – 12:23PM Yama 5:29AM – 7:47AM Rahu 12:23PM – 2:41PM	Purvaphalguni* Until 1:18PM Vyatipata* Until 1:08PM Kaulava Until 12:16PM Shashti* Until 11:21PM	Ganesha: Blue <i>Sunrise:</i> 3:11AM Muruqa: Yellow <i>Sunset:</i> 9:34PM Nataraja: Purple Moon – Red Ashada-Ani	Moon 6 - Phase 11 3rd Phase Subha Sivaloka Day
	Creative Work Amrita Yoga Until 8:07PM then Prabalarishta Yoga				

6	Thursday, July 7, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Saptami Yam Titau		Oslo, Norway
	Kanya Rasi: 6.38 Tithi 7				Sun 21 Sutra 86 Khara 5113
	451776151	Gulika 7:47AM – 10:05AM Yama 3:12AM – 5:30AM Rahu 2:40PM – 4:58PM	Uttaraphalguni Until 11:46AM Variyan Until 10:10AM Gara Until 9:54AM Saptami Until 8:59PM	Ganesha: Red <i>Sunrise:</i> 3:12AM Muruqa: Yellow <i>Sunset:</i> 9:33PM Nataraja: Purple Moon – Red Ashada-Ani	Moon 6 - Phase 11 3rd Phase Sivaloka Day
	Routine Work Prabalarishta Yoga Until 11:46AM then no yoga Until 8:07PM then Amrita Yoga	Chidambaram Abhishekam			

	Friday, July 8, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtami* Yam Titau		Oslo, Norway
	Retreat Star				Sun 22 Sutra 87 Khara 5113
	Kanya Rasi: 20.52 Tithi 8				Moon 6 - Phase 11 Ashtami
	462776151	Gulika 5:31AM – 7:48AM Yama 4:58PM – 7:15PM Rahu 10:06AM – 12:23PM	Hasta Until 10:14AM Parigha* Until 7:13AM Visti Until 7:33AM Ashtami* Until 6:38PM	Ganesha: Yellow <i>Sunrise:</i> 3:14AM Muruqa: Yellow <i>Sunset:</i> 9:32PM Nataraja: Purple Moon – Green Ashada-Ani	Sivaloka Day
	Creative Work Amrita Yoga Until 10:14AM then Siddha Yoga Until 8:07PM then Marana Yoga				

7	Saturday, July 9, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Oslo, Norway
	Retreat Star				Sun 23 Sutra 88 Khara 5113
	Tula Rasi: 5.03 Tithi 9 – 10				Moon 6 - Phase 11 Navami
	462776151	Gulika 3:15AM – 5:32AM Yama 2:40PM – 4:57PM Rahu 7:49AM – 10:06AM	Chitra Until 8:46AM Siddha Until 1:40AM Sun Taitila Until 3:26AM Sun Navami* Until 4:21PM	Ganesha: Yellow <i>Sunrise:</i> 3:15AM Muruqa: Yellow <i>Sunset:</i> 9:31PM Nataraja: Purple Moon – Green Ashada-Ani	Sivaloka Day
	Routine Work Marana Yoga Until 8:46AM then Siddha Yoga				


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. *Krishna Yajur Veda, Maitu 3.2. UpH, 418*

1	Sunday, July 10, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam			Oslo, Norway
		Svati/Visakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau			Sun 24 Sutra 89 Khara 5113
Tula Rasi: 19.1	Tithi 10 – 11	Gulika 4:56PM – 7:13PM	Svati Until 7:26AM	Ganesha: Yellow <i>Sunrise:</i> 3:17AM	Moon 6 - Phase 12 4th Phase
	462776151	Yama 12:23PM – 2:40PM	Sadhya Until 10:53PM	Muruqa: Yellow <i>Sunset:</i> 9:30PM	
Creative Work Siddha Yoga		Rahu 7:13PM – 9:30PM	Vanija Until 1:18AM Mon	Nataraja: Purple	
Until 7:26AM then Marana Yoga			Dasami Until 2:13PM	Ashada•Ani	Sivaloka Day

2	Monday, July 11, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam			Oslo, Norway
		Visakha/Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadasi/Dvadasi Yam Titau			Sun 25 Sutra 90 Khara 5113
Vrischika Rasi: 3.11	Tithi 11 – 12	Gulika 2:39PM – 4:56PM	Visakha Until 6:16AM	Ganesha: Yellow <i>Sunrise:</i> 3:18AM	Moon 6 - Phase 12 4th Phase
Family Home Evening	472876151	Yama 10:07AM – 12:23PM	Subha Until 8:17PM	Muruqa: Yellow <i>Sunset:</i> 9:28PM	
Routine Work Marana Yoga		Rahu 5:34AM – 7:51AM	Bava Until 11:20PM	Nataraja: Purple	
Until 6:16AM then Siddha Yoga			Ekadasi Until 12:16PM	Moon – Orange	Sivaloka Day
				Ashada•Ani	

3	Tuesday, July 12, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam			Oslo, Norway
		Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau			Sun 26 Sutra 91 Khara 5113
Vrischika Rasi: 17.04	Tithi 12 – 13	Gulika 12:23PM – 2:39PM	Jyeshtha* Until 4:11AM Wed	Ganesha: Yellow <i>Sunrise:</i> 3:20AM	Moon 6 - Phase 12 4th Phase
	472876151	Yama 7:52AM – 10:07AM	Sukla Until 5:53PM	Muruqa: Yellow <i>Sunset:</i> 9:27PM	
Creative Work Siddha Yoga		Rahu 4:55PM – 7:11PM	Kaulava Until 9:38PM	Nataraja: Purple	
Until 4:11AM Wed then Marana Yoga			Dvadasi Until 10:33AM	Moon – Orange	Sivaloka Day
			<i>Pradosha Vrata</i>	Ashada•Ani	

4	Wednesday, July 13, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam			Oslo, Norway
		Mula* Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Trayodasi/Chaturdasi* Yam Titau			Sun 27 Sutra 92 Khara 5113
Dhanus Rasi: 0.46	Tithi 13 – 14	Gulika 10:08AM – 12:23PM	Mula* Until 3:32AM Thu	Ganesha: White <i>Sunrise:</i> 3:22AM	Moon 6 - Phase 12 4th Phase
	482876151	Yama 5:37AM – 7:53AM	Brahma Until 4:26PM	Muruqa: Yellow <i>Sunset:</i> 9:25PM	
Routine Work Marana Yoga		Rahu 12:23PM – 2:39PM	Gara Until 8:14PM	Nataraja: Purple	
Until 8:08PM then Siddha Yoga			Trayodasi Until 9:09AM	Moon – Light Blue	Subha Sivaloka Day
				Ashada•Ani	

	Thursday, July 14, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam			Oslo, Norway
	Copper Retreat Star	Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau			Sutra 93 Khara 5113
Dhanus Rasi: 14.17	Tithi 14 – 15	Gulika 7:53AM – 10:09AM	Purvashadha* Until 4:52AM Fri	Ganesha: White <i>Sunrise:</i> 3:23AM	Moon 6 - Phase 12 Purnima
	482876151	Yama 3:23AM – 5:38AM	Indra Until 2:30PM	Muruqa: Yellow <i>Sunset:</i> 9:24PM	
Creative Work Siddha Yoga		Rahu 2:39PM – 4:54PM	Visti Until 8:18PM	Nataraja: Purple	
		Satguru Purnima	Chaturdasi* Until 8:18AM	Moon – Light Blue	Subha Sivaloka Day
				Ashada•Ani	

5	Friday, July 15, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam			Oslo, Norway
	Silver Retreat Star	Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau			Sutra 94 Khara 5113
Dhanus Rasi: 27.33	Tithi 15 – 16	Gulika 5:40AM – 7:54AM	Uttarashadha Until 4:59AM Sat	Ganesha: White <i>Sunrise:</i> 3:25AM	Moon 6 - Phase 12 Prathama
	482876151	Yama 4:53PM – 7:08PM	Vaidhriti* Until 12:58PM	Muruqa: Yellow <i>Sunset:</i> 9:22PM	
Creative Work Siddha Yoga		Rahu 10:09AM – 12:24PM	Balava Until 7:39PM	Nataraja: Purple	
Until 8:08PM then no yoga			Purnima* Until 7:39AM	Moon – Light Blue	Subha Sivaloka Day
Until 4:59AM Sat then Siddha Yoga				Ashada•Ani	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishṇa Yajur Veda, Maitu 6.34. UpM, 104



Saturday, July 16, 2011
Gold Retreat Star

Makara Rasi: 10.35 Tithi 16 – 17
492876151
Creative Work Siddha Yoga
Until 8.08PM then Amrita Yoga
Until 5:33AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Sravana Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 3:27AM – 5:41AM **Sravana Until 5:33AM Sun**
Yama 2:38PM – 4:52PM **Vishkambha* Until 11:52AM**
Rahu 7:55AM – 10:10AM **Taitila Until 7:31PM**
Prathama* Until 7:31AM

Oslo, Norway
Sutra 95
Khara 5113
Moon 7 - Phase 13
1st Phase
Sivaloka Day
Ganesha: Clear *Sunrise:* 3:27AM
Muruqa: Yellow *Sunset:* 9:20PM
Nataraja: Purple
Moon – Purple
Ashada-Adi

1

Sunday, July 17, 2011

Makara Rasi: 23.2 Tithi 17 – 18
492876152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 4:51PM – 7:05PM **Dhanishtha Until 7:38AM Mon**
Yama 12:24PM – 2:38PM **Priti Until 11:36AM**
Rahu 7:05PM – 9:19PM **Vanija Until 7:54PM**
Dvitiya Until 7:54AM

Oslo, Norway
Sun 1 Sutra 96
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day
Ganesha: Clear *Sunrise:* 3:29AM
Muruqa: Yellow *Sunset:* 9:19PM
Nataraja: Clear
Moon – Purple
Ashada-Adi

2

Monday, July 18, 2011

Kumbha Rasi: 5.51 Tithi 18 – 19
492876152
Family Home Evening
Creative Work Siddha Yoga
Until 8.08PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 2:37PM – 4:50PM **Dhanishtha Until 7:38AM**
Yama 10:11AM – 12:24PM **Ayushman Until 11:22AM**
Rahu 5:44AM – 7:57AM **Bava Until 10:08PM**
Tritiya Until 9:02AM

Oslo, Norway
Sun 2 Sutra 97
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day
Ganesha: Clear *Sunrise:* 3:31AM
Muruqa: Yellow *Sunset:* 9:17PM
Nataraja: Clear
Moon – Purple
Ashada-Adi

3

Tuesday, July 19, 2011

Kumbha Rasi: 18.08 Tithi 19 – 20
492876152
Routine Work Marana Yoga
Until 8.08PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 12:24PM – 2:37PM **Satabhisha Until 9:43AM**
Yama 7:58AM – 10:11AM **Saubhagya Until 11:31AM**
Rahu 4:50PM – 7:02PM **Kaulava Until 11:34PM**
Chaturthi* Until 10:29AM

Oslo, Norway
Sun 3 Sutra 98
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day
Ganesha: Clear *Sunrise:* 3:33AM
Muruqa: Yellow *Sunset:* 9:15PM
Nataraja: Clear
Moon – Purple
Ashada-Adi

4

Wednesday, July 20, 2011

Meena Rasi: 0.15 Tithi 20 – 21
412876152
Creative Work Amrita Yoga
Until 12:09PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Sobhana/Ahiganda* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 10:12AM – 12:24PM **Purvaprostapada* Until 12:09PM**
Yama 5:47AM – 7:59AM **Sobhana Until 12:01PM**
Rahu 12:24PM – 2:36PM **Gara Until 1:25AM Thu**
Panchami Until 12:19PM

Oslo, Norway
Sun 4 Sutra 99
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day
Ganesha: Yellow *Sunrise:* 3:35AM
Muruqa: Yellow *Sunset:* 9:13PM
Nataraja: Clear
Moon – Clear
Ashada-Adi

5

Thursday, July 21, 2011

Meena Rasi: 12.14 Tithi 21 – 22
412876152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Ahiganda*/Sukarma Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 8:00AM – 10:12AM **Uttaraprostapada Until 2:52PM**
Yama 3:37AM – 5:49AM **Ahiganda* Until 12:46PM**
Rahu 2:36PM – 4:48PM **Visti Until 3:33AM Fri**
Shasthi* Until 2:27PM

Oslo, Norway
Sun 5 Sutra 100
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day
Ganesha: Yellow *Sunrise:* 3:37AM
Muruqa: Yellow *Sunset:* 9:11PM
Nataraja: Clear
Moon – Clear
Ashada-Adi

6

Friday, July 22, 2011

Meena Rasi: 24.08 Tithi 22 – 23
413876152
Creative Work Siddha Yoga
Until 5.44PM then Amrita Yoga
Until 8.08PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Asvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 5:50AM – 8:02AM **Revati Until 5:44PM**
Yama 4:47PM – 6:58PM **Sukarma Until 1:38PM**
Rahu 10:13AM – 12:24PM **Balava Until 5:50AM Sat**
Saptami Until 4:45PM

Oslo, Norway
Sun 6 Sutra 101
Khara 5113
Moon 7 - Phase 13
1st Phase
Bhuloka Day
Ganesha: White *Sunrise:* 3:39AM
Muruqa: Yellow *Sunset:* 9:09PM
Nataraja: Clear
Moon – Clear
Ashada-Adi
Devaloka Time: 3:PM to 6:PM

Retreat Star

Saturday, July 23, 2011

Mesha Rasi: 6.02 Tithi 23
423876152
Creative Work Siddha Yoga
Until 8:37PM then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Asvini Nakshatra Dhriti/Shula* Yoga Kaulava Karana Ashtami* Yam Titau
Gulika 3:41AM – 5:52AM **Asvini Until 8:37PM**
Yama 2:35PM – 4:46PM **Dhriti Until 2:32PM**
Rahu 8:03AM – 10:13AM **Kaulava Until 8:09AM Sun**
Ashtami* Until 7:04PM

Oslo, Norway
Sun 7 Sutra 102
Khara 5113
Moon 7 - Phase 13
Ashtami
Devaloka Day
Ganesha: Yellow *Sunrise:* 3:41AM
Muruqa: Yellow *Sunset:* 9:07PM
Nataraja: Clear
Moon – White
Ashada-Adi

Sunday, July 24, 2011


Retreat Star

Mesha Rasi: 17.59 Tithi 24
423876152
No Yoga
Until 8.08PM then Siddha Yoga
Until 11:21PM then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 4:45PM – 6:55PM **Bharani Until 11:21PM**
Yama 12:24PM – 2:34PM **Shula* Until 3:18PM**
Rahu 6:55PM – 9:05PM **Taitila Until 8:09AM**
Navami* Until 9:14PM

Oslo, Norway
Sun 8 Sutra 103
Khara 5113
Moon 7 - Phase 13
Navami
Devaloka Day
Ganesha: Yellow *Sunrise:* 3:43AM
Muruqa: Yellow *Sunset:* 9:05PM
Nataraja: Clear
Moon – White
Ashada-Adi

Borne along and defiled by the stream of qualities, unsteady, wavering, bewildered, full of desire, distracted, one goes on into the state of self-conceit. In thinking, "This is I" and "That is mine" one binds himself with himself, as does a bird with a snare. Krishna Yajur Veda, Maitu 3.2. UpH, 418

1	Monday, July 25, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Dasami Yam Titau			Oslo, Norway
	423876152	Gulika 2:34PM – 4:44PM Yama 10:14AM – 12:24PM Rahu 5:55AM – 8:05AM	Krittika Until 1:49AM Tue Ganda* Until 3:49PM Vanija Until 10:00AM Dasami Until 11:06PM	Ganesha: Yellow <i>Sunrise:</i> 3:45AM Muruqa: Yellow <i>Sunset:</i> 9:03PM Nataraja: Clear Moon – White Ashada*Adi	Sun 9 Sutra 104 Khara 5113 Moon 7 - Phase 14 2nd Phase Devaloka Day
Until 8.09PM then Siddha Yoga Until 1:49AM Tue then Amrita Yoga					
2	Tuesday, July 26, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Ekadasi* Yam Titau			Oslo, Norway
	433876152	Gulika 12:24PM – 2:33PM Yama 8:06AM – 10:15AM Rahu 4:42PM – 6:52PM	Rohini Until 2:09AM Wed Vriddhi Until 3:12PM Bava Until 10:55AM Ekadasi* Until 10:55PM	Ganesha: Blue <i>Sunrise:</i> 3:48AM Muruqa: Yellow <i>Sunset:</i> 9:01PM Nataraja: Clear Moon – Yellow Ashada*Adi	Sun 10 Sutra 105 Khara 5113 Moon 7 - Phase 14 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Amrita Yoga Until 8.09PM then Siddha Yoga					
3	Wednesday, July 27, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau			Oslo, Norway
	433876152	Gulika 10:16AM – 12:24PM Yama 5:58AM – 8:07AM Rahu 12:24PM – 2:33PM	Mrigasira Until 3:26AM Thu Dhruva Until 2:45PM Kaulava Until 11:34AM Dvadasi* Until 11:34PM	Ganesha: Blue <i>Sunrise:</i> 3:50AM Muruqa: Yellow <i>Sunset:</i> 8:59PM Nataraja: Clear Moon – Yellow Ashada*Adi	Sun 11 Sutra 106 Khara 5113 Moon 7 - Phase 14 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 8.09PM then Marana Yoga					
4	Thursday, July 28, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodasi* Yam Titau			Oslo, Norway
	433876152	Gulika 8:08AM – 10:16AM Yama 3:52AM – 6:00AM Rahu 2:32PM – 4:40PM	Ardra Until 4:03AM Fri Vyaghata* Until 1:42PM Gara Until 11:29AM Trayodasi* Until 11:29PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Blue <i>Sunrise:</i> 3:52AM Muruqa: Yellow <i>Sunset:</i> 8:56PM Nataraja: Clear Moon – Yellow Ashada*Adi	Sun 12 Sutra 107 Khara 5113 Moon 7 - Phase 14 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Mithuna Rasi: 8.03 Tilthi 28 Routine Work Marana Yoga Until 8.08PM then Siddha Yoga					
5	Friday, July 29, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			Oslo, Norway
	443876152	Gulika 6:02AM – 8:09AM Yama 4:39PM – 6:46PM Rahu 10:17AM – 12:24PM	Punarvasu Until 2:23AM Sat Harshana Until 11:33AM Visti Until 10:15AM Chaturdasi* Until 9:20PM	Ganesha: Blue <i>Sunrise:</i> 3:54AM Muruqa: Yellow <i>Sunset:</i> 8:54PM Nataraja: Clear Moon – Blue Ashada*Adi	Sun 13 Sutra 108 Khara 5113 Moon 7 - Phase 14 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 8.08PM then Marana Yoga Until 2:23AM Sat then Siddha Yoga					
	Saturday, July 30, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau			Oslo, Norway
	443876152	Gulika 3:56AM – 6:03AM Yama 2:31PM – 4:38PM Rahu 8:10AM – 10:17AM	Pushya Until 1:37AM Sun Vajra* Until 9:19AM Catuspada Until 8:44AM Amavasya* Until 7:48PM	Ganesha: Blue <i>Sunrise:</i> 3:56AM Muruqa: Yellow <i>Sunset:</i> 8:52PM Nataraja: Clear Moon – Blue Ashada*Adi	Sun 14 Sutra 109 Khara 5113 Moon 7 - Phase 14 Amavasya Bhuloka Day Devaloka Time: 3:PM to 6:PM
Kataka Rasi: 5.14 Tilthi 30 Creative Work Siddha Yoga					
Retreat Star	Sunday, July 31, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha* Nakshatra Siddhi/Vyatipala* Yoga Kintughna*/Balava Karana Prathama*/Dvitiya Yam Titau			Oslo, Norway
	443876152	Gulika 4:37PM – 6:43PM Yama 12:24PM – 2:30PM Rahu 6:43PM – 8:49PM	Aslesha* Until 12:15AM Mon Siddhi Until 6:31AM Kintughna Until 6:34AM Prathama* Until 5:39PM	Ganesha: Blue <i>Sunrise:</i> 3:59AM Muruqa: Yellow <i>Sunset:</i> 8:49PM Nataraja: Clear Moon – Blue Sravana*Adi	Sun 15 Sutra 110 Khara 5113 Moon 7 - Phase 14 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM
Kataka Rasi: 19.21 Tilthi 1 – 2 Creative Work Siddha Yoga					

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda, Kathau 5.11. bo UpH, 357

1	Monday, August 1, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Oslo, Norway
	Simha Rasi: 3.44 Tithi 2 - 3	Gulika 2:30PM - 4:35PM Magha* Until 9:21PM	Sun 16 Sutra 111 Khara 5113
	Family Home Evening 453876152	Yama 10:18AM - 12:24PM Variyan Until 11:28PM	Moon 7 - Phase 15
	Creative Work Siddha Yoga	Rahu 6:07AM - 8:12AM Taitila Until 12:38AM Tue	3rd Phase
		Dvitiya Until 2:21PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Ganesha: Blue <i>Sunrise:</i> 4:01AM	
		Muruqa: Yellow <i>Sunset:</i> 8:47PM	
		Nataraja: Clear	
		Moon - Red	
		Sravana-Adi	

2	Tuesday, August 2, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Oslo, Norway
	Simha Rasi: 18.17 Tithi 3 - 4	Gulika 12:24PM - 2:29PM Purvaphalguni* Until 7:24PM	Sun 17 Sutra 112 Khara 5113
	453876152	Yama 8:14AM - 10:19AM Parigha* Until 8:12PM	Moon 7 - Phase 15
	Creative Work Siddha Yoga	Rahu 4:34PM - 6:39PM Vanija Until 9:54PM	3rd Phase
		Tritiya Until 11:37AM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Ganesha: Blue <i>Sunrise:</i> 4:03AM	
		Muruqa: Yellow <i>Sunset:</i> 8:44PM	
		Nataraja: Clear	
		Moon - Red	
		Sravana-Adi	

3	Wednesday, August 3, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Vistil/Bava Karana Chaturthi/Panchami Yam Titau	Oslo, Norway
	Kanya Rasi: 2.53 Tithi 4 - 5	Gulika 10:19AM - 12:24PM Uttaraphalguni Until 5:22PM	Sun 18 Sutra 113 Khara 5113
	453876152	Yama 6:10AM - 8:15AM Shiva Until 5:36PM	Moon 7 - Phase 15
	Creative Work Amrita Yoga	Rahu 12:24PM - 2:28PM Bava Until 7:06PM	3rd Phase
		Chaturthi* Until 8:49AM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Nag Panchami	
		Ganesha: Blue <i>Sunrise:</i> 4:06AM	
		Muruqa: Yellow <i>Sunset:</i> 8:42PM	
		Nataraja: Clear	
		Moon - Red	
		Sravana-Adi	

4	Thursday, August 4, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Balava/Taitila Karana Panchami/Shashti* Yam Titau	Oslo, Norway
	Kanya Rasi: 17.26 Tithi 5 - 6	Gulika 8:16AM - 10:20AM Hasta Until 4:07PM	Sun 19 Sutra 114 Khara 5113
	463876152	Yama 4:08AM - 6:12AM Siddha Until 2:08PM	Moon 7 - Phase 15
	No Yoga	Rahu 2:28PM - 4:32PM Taitila Until 4:15AM Fri	3rd Phase
		Panchami Until 6:06AM	Devaloka Day
		Ganesha: Yellow <i>Sunrise:</i> 4:08AM	
		Muruqa: Yellow <i>Sunset:</i> 8:40PM	
		Nataraja: Clear	
		Moon - Green	
		Sravana-Adi	

5	Friday, August 5, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptami Yam Titau	Oslo, Norway
	Tula Rasi: 1.5 Tithi 7	Gulika 6:14AM - 8:17AM Chitra Until 2:17PM	Sun 20 Sutra 115 Khara 5113
	464976152	Yama 4:30PM - 6:34PM Sadhya Until 10:53AM	Moon 7 - Phase 15
	Creative Work Siddha Yoga	Rahu 10:20AM - 12:24PM Gara Until 2:31PM	3rd Phase
		Saptami Until 1:36AM Sat	Devaloka Day
		Ganesha: Yellow <i>Sunrise:</i> 4:10AM	
		Muruqa: Yellow <i>Sunset:</i> 8:37PM	
		Nataraja: Clear	
		Moon - Green	
		Sravana-Adi	

D	Saturday, August 6, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantla Vasara Yuktayam Svati/Visakha Nakshatra Subha/Sukla Yoga Vistil/Bava Karana Ashtami* Yam Titau	Oslo, Norway
	Retreat Star	Gulika 4:12AM - 6:15AM Svati Until 12:48PM	Sun 21 Sutra 116 Khara 5113
	Tula Rasi: 16.02 Tithi 8	Yama 2:26PM - 4:29PM Subha Until 7:58AM	Moon 7 - Phase 15
	464976152	Rahu 8:18AM - 10:21AM Vistil Until 12:13PM	Ashtami
		Ashtami* Until 11:18PM	Devaloka Day
		Ganesha: Yellow <i>Sunrise:</i> 4:12AM	
		Muruqa: Yellow <i>Sunset:</i> 8:34PM	
		Nataraja: Clear	
		Moon - Green	
		Sravana-Adi	

D	Sunday, August 7, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Visakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau	Oslo, Norway
	Retreat Star	Gulika 4:28PM - 6:30PM Visakha Until 11:42AM	Sun 22 Sutra 117 Khara 5113
	Vrischika Rasi: 0.01 Tithi 9	Yama 12:23PM - 2:26PM Brahma Until 2:44AM Mon	Moon 7 - Phase 15
	474976152	Rahu 6:30PM - 8:32PM Balava Until 10:20AM	Navami
		Navami* Until 9:25PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Ganesha: White <i>Sunrise:</i> 4:15AM	
		Muruqa: Yellow <i>Sunset:</i> 8:32PM	
		Nataraja: Clear	
		Moon - Orange	
		Sravana-Adi	

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishṇa Yajur Veda, Svetu 3.2. VE, 621

<h1 style="font-size: 2em; margin: 0;">1</h1> <p>Monday, August 8, 2011</p> <p>Vrischika Rasi: 13.46 Tilthi 10</p> <p>Family Home Evening 474976152</p> <p>Creative Work Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Tailila/Gara Karana Dasami Yam Titau			Oslo, Norway Sun 23 Sutra 118 Khara 5113
	Gulika 2:25PM – 4:26PM Yama 10:22AM – 12:23PM Rahu 6:19AM – 8:20AM	Anuradha Until 10:59AM Indra Until 1:52AM Tue Tailila Until 8:53AM Dasami Until 7:57PM	Ganesha: White <i>Sunrise:</i> 4:17AM Muruqa: Yellow <i>Sunset:</i> 8:29PM Nataraja: Clear Moon – Orange Sravana-Adi	Moon 7 - Phase 16 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

<h1 style="font-size: 2em; margin: 0;">2</h1> <p>Tuesday, August 9, 2011</p> <p>Vrischika Rasi: 27.17 Tilthi 11</p> <p>474976152</p> <p>Creative Work Siddha Yoga</p> <p>Until 11:01AM then Amrita Yoga</p> <p>Until 8:08PM then Marana Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau			Oslo, Norway Sun 24 Sutra 119 Khara 5113
	Gulika 12:23PM – 2:24PM Yama 8:21AM – 10:22AM Rahu 4:25PM – 6:26PM	Jyeshtha* Until 11:01AM Vaidhriti* Until 11:54PM Vanija Until 7:59AM Ekadasi Until 7:59PM	Ganesha: White <i>Sunrise:</i> 4:19AM Muruqa: Yellow <i>Sunset:</i> 8:27PM Nataraja: Clear Moon – Orange Sravana-Adi	Moon 7 - Phase 16 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

<h1 style="font-size: 2em; margin: 0;">3</h1> <p>Wednesday, August 10, 2011</p> <p>Dhanus Rasi: 10.35 Tilthi 12</p> <p>484976152</p> <p>Routine Work Marana Yoga</p> <p>Until 11:03AM then Amrita Yoga</p> <p>Until 8:07PM then Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau			Oslo, Norway Sun 25 Sutra 120 Khara 5113
	Gulika 10:23AM – 12:23PM Yama 6:22AM – 8:22AM Rahu 12:23PM – 2:23PM	Mula* Until 11:03AM Vishkambha* Until 10:17PM Bava Until 7:17AM Dvadasi Until 7:17PM	Ganesha: Clear <i>Sunrise:</i> 4:22AM Muruqa: Yellow <i>Sunset:</i> 8:24PM Nataraja: Clear Moon – Light Blue Sravana-Adi	Moon 7 - Phase 16 4th Phase Devaloka Day

<h1 style="font-size: 2em; margin: 0;">4</h1> <p>Thursday, August 11, 2011</p> <p>Dhanus Rasi: 23.43 Tilthi 13</p> <p>484976152</p> <p>Creative Work Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Tailila Karana Trayodasi Yam Titau			Oslo, Norway Sun 26 Sutra 121 Khara 5113
	Gulika 8:23AM – 10:23AM Yama 4:24AM – 6:24AM Rahu 2:22PM – 4:22PM	Purvashadha* Until 11:28AM Priti Until 9:02PM Kaulava Until 6:59AM Trayodasi Until 6:59PM <i>Pradosha Vrata</i>	Ganesha: Clear <i>Sunrise:</i> 4:24AM Muruqa: Yellow <i>Sunset:</i> 8:21PM Nataraja: Clear Moon – Light Blue Sravana-Adi	Moon 7 - Phase 16 4th Phase Devaloka Day

<h1 style="font-size: 2em; margin: 0;">5</h1> <p>Friday, August 12, 2011</p> <p>Makara Rasi: 6.37 Tilthi 14</p> <p>484976152</p> <p>Creative Work Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Sravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau			Oslo, Norway Sun 27 Sutra 122 Khara 5113
	Gulika 6:26AM – 8:25AM Yama 4:21PM – 6:20PM Rahu 10:24AM – 12:23PM	Uttarashadha Until 12:14PM Ayushman Until 8:06PM Gara Until 7:04AM Chaturdasi* Until 7:04PM	Ganesha: Clear <i>Sunrise:</i> 4:27AM Muruqa: Yellow <i>Sunset:</i> 8:19PM Nataraja: Clear Moon – Light Blue Sravana-Adi	Moon 7 - Phase 16 4th Phase Devaloka Day

<h1 style="font-size: 2em; margin: 0;">O</h1> <p>Saturday, August 13, 2011</p> <p>Copper Retreat Star</p> <p>Makara Rasi: 19.21 Tilthi 15</p> <p>494976152</p> <p>Creative Work Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantla Vasara Yuktayam Sravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau			Oslo, Norway Sutra 123 Khara 5113
	Gulika 4:29AM – 6:27AM Yama 2:21PM – 4:19PM Rahu 8:26AM – 10:24AM Raksha Bandhan	Sravana Until 1:21PM Saubhagya Until 8:32PM Visti Until 7:32AM Purnima* Until 7:32PM	Ganesha: Purple <i>Sunrise:</i> 4:29AM Muruqa: Yellow <i>Sunset:</i> 8:16PM Nataraja: Clear Moon – Purple Sravana-Adi	Moon 7 - Phase 16 Purnima Bhuloka Day Devaloka Time: 3:PM to 6:PM

<p>Sunday, August 14, 2011</p> <p>Silver Retreat Star</p> <p>Kumbha Rasi: 1.53 Tilthi 16</p> <p>494976152</p> <p>Creative Work Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau			Oslo, Norway Sutra 124 Khara 5113
	Gulika 4:18PM – 6:16PM Yama 12:22PM – 2:20PM Rahu 6:16PM – 8:13PM	Dhanishtha Until 3:34PM Sobhana Until 8:14PM Balava Until 8:36AM Prathama* Until 9:41PM	Ganesha: Purple <i>Sunrise:</i> 4:31AM Muruqa: Yellow <i>Sunset:</i> 8:13PM Nataraja: Clear Moon – Purple Sravana-Adi	Moon 7 - Phase 16 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM

Where men move at will in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. %oig Veda Sarhita 9.113.9. VE, 634



Monday, August 15, 2011
Gold Retreat Star

Kumbha Rasi: 14.14 Tithi 17
Family Home Evening 494976152
Creative Work Siddha Yoga
Until 5:32PM then no yoga
Until 8.07PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Oslo, Norway
Satabhisha/Purvaprostapada* Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiya Yam Titau Sun 1 Sutra 125
Khara 5113
Gulika 2:19PM – 4:16PM **Satabhisha Until 5:32PM** **Ganesha:** Purple *Sunrise:* 4:34AM
Yama 10:25AM – 12:22PM **Athiganda* Until 8:16PM** **Muruqa:** Yellow *Sunset:* 8:11PM Moon 8 - Phase 17
Rahu 6:31AM – 8:28AM **Taitila Until 9:55AM** **Nataraja:** Clear 1st Phase
Moon – Purple
Dvitiya Until 11:01PM **Sravana-Adi** **Bhuloka Day**
Devaloka Time: 3:PM to 6:PM

1

Tuesday, August 16, 2011

Kumbha Rasi: 26.25 Tithi 18
414976152
Routine Work Marana Yoga
Until 7:50PM then Amrita Yoga
Until 8.06PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Oslo, Norway
Purvaprostapada* Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiya Yam Titau Sun 2 Sutra 126
Khara 5113
Gulika 12:22PM – 2:18PM **Purvaprostapada* Until 7:50PM** **Ganesha:** White *Sunrise:* 4:36AM
Yama 8:29AM – 10:25AM **Sukarma Until 8:37PM** **Muruqa:** Yellow *Sunset:* 8:08PM Moon 8 - Phase 17
Rahu 4:15PM – 6:11PM **Vanija Until 11:37AM** **Nataraja:** Clear 1st Phase
Moon – Clear
Tritiya Until 12:42AM Wed **Sravana-Adi** **Bhuloka Day**
Devaloka Time: 3:PM to 6:PM

2

Wednesday, August 17, 2011

Meena Rasi: 8.28 Tithi 19
415976152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Oslo, Norway
Uttaraprostapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthi* Yam Titau Sun 3 Sutra 127
Khara 5113
Gulika 10:26AM – 12:22PM **Uttaraprostapada Until 10:25PM** **Ganesha:** Clear *Sunrise:* 4:38AM
Yama 6:34AM – 8:30AM **Dhriti Until 9:14PM** **Muruqa:** Yellow *Sunset:* 8:05PM Moon 8 - Phase 17
Rahu 12:22PM – 2:18PM **Bava Until 1:38PM** **Nataraja:** Clear 1st Phase
Moon – Clear
Chaturthi* Until 2:43AM Thu **Sravana-Avani** **Devaloka Day**

3

Thursday, August 18, 2011

Meena Rasi: 20.23 Tithi 20
515976152
Creative Work Siddha Yoga
Until 1:14AM Fri then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Oslo, Norway
Revati Nakshatra Shula* Yoga Kaulava/Taitila Karana Panchami Yam Titau Sun 4 Sutra 128
Khara 5113
Gulika 8:31AM – 10:26AM **Revati Until 1:14AM Fri** **Ganesha:** Purple *Sunrise:* 4:41AM
Yama 4:41AM – 6:36AM **Shula* Until 10:03PM** **Muruqa:** Yellow *Sunset:* 8:02PM Moon 8 - Phase 17
Rahu 2:17PM – 4:12PM **Kaulava Until 3:53PM** **Nataraja:** Clear 1st Phase
Moon – Clear
Panchami Until 4:59AM Fri **Sravana-Avani** **Sivaloka Day**

4

Friday, August 19, 2011

Mesha Rasi: 2.15 Tithi 21
525976152
Creative Work Amrita Yoga
Until 8.06PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Oslo, Norway
Asvini Nakshatra Ganda* Yoga Gara Karana Shasthi* Yam Titau Sun 5 Sutra 129
Khara 5113
Gulika 6:38AM – 8:32AM **Asvini Until 4:10AM Sat** **Ganesha:** Clear *Sunrise:* 4:43AM
Yama 4:10PM – 6:05PM **Ganda* Until 11:00PM** **Muruqa:** Yellow *Sunset:* 7:59PM Moon 8 - Phase 17
Rahu 10:27AM – 12:21PM **Gara Until 6:17PM** **Nataraja:** Clear 1st Phase
Moon – White
Shasthi* Until 7:37AM Sat **Sravana-Avani** **Devaloka Day**

5

Saturday, August 20, 2011

Mesha Rasi: 14.06 Tithi 21 – 22
525976152
Creative Work Siddha Yoga
Until 8.05PM then no yoga
Until 7:18AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam Oslo, Norway
Bharani Nakshatra Vriddhi Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau Sun 6 Sutra 130
Khara 5113
Gulika 4:45AM – 6:39AM **Bharani Until 7:18AM Sun** **Ganesha:** Clear *Sunrise:* 4:45AM
Yama 2:15PM – 4:09PM **Vriddhi Until 11:57PM** **Muruqa:** Yellow *Sunset:* 7:57PM Moon 8 - Phase 17
Rahu 8:33AM – 10:27AM **Visti Until 8:42PM** **Nataraja:** Clear 1st Phase
Moon – White
Shasthi* Until 7:37AM **Sravana-Avani** **Devaloka Day**



Sunday, August 21, 2011
Retreat Star

Mesha Rasi: 26.01 Tithi 22 – 23
525976152
No Yoga
Until 7:18AM then Siddha Yoga
Until 8.05PM then no yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Oslo, Norway
Bharani/Krittika Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau Sun 7 Sutra 131
Khara 5113
Gulika 4:07PM – 6:01PM **Bharani Until 7:18AM** **Ganesha:** Clear *Sunrise:* 4:48AM
Yama 12:21PM – 2:14PM **Dhruva Until 12:47AM Mon** **Muruqa:** Yellow *Sunset:* 7:54PM Moon 8 - Phase 17
Rahu 6:01PM – 7:54PM **Balava Until 10:59PM** **Nataraja:** Clear Ashtami
Moon – White
Krishna Janmashtami **Saptami Until 9:53AM** **Sravana-Avani** **Devaloka Day**

Monday, August 22, 2011
Retreat Star

Vrishabha Rasi: 8.05 Tithi 23 – 24
Family Home Evening 525976152
No Yoga
Until 9:50AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Oslo, Norway
Krittika/Rohini Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau Sun 8 Sutra 132
Khara 5113
Gulika 2:13PM – 4:06PM **Krittika Until 9:50AM** **Ganesha:** Clear *Sunrise:* 4:50AM
Yama 10:28AM – 12:20PM **Vyaghata* Until 1:21AM Tue** **Muruqa:** Yellow *Sunset:* 7:51PM Moon 8 - Phase 17
Rahu 6:43AM – 8:35AM **Taitila Until 12:56AM Tue** **Nataraja:** Clear Navami
Moon – White
Ashtami* Until 11:51AM **Sravana-Avani** **Devaloka Day**

1 Tuesday, August 23, 2011 Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Oslo, Norway
 Rohini/Mrigasira Nakshatra Harshana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau **Sun 9 Sutra 133**
 Khara 5113
Gulika 12:20PM – 2:12PM **Rohini** Until 11:26AM **Ganesha:** White *Sunrise:* 4:52AM
Yama 8:36AM – 10:28AM Harshana Until 12:05AM Wed **Muruqa:** Yellow *Sunset:* 7:48PM Moon 8 - Phase 18
 535976152 **Rahu** 4:04PM – 5:56PM Vanija Until 12:41AM Wed **Nataraja:** Clear **Sivaloka Day**
 Creative Work Amrita Yoga Moon – Yellow
 Until 11:26AM then Siddha Yoga **Sravana*Avani**

2 Wednesday, August 24, 2011 Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Oslo, Norway
 Mrigasira/Ardra Nakshatra Vajra* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau **Sun 10 Sutra 134**
 Khara 5113
Gulika 10:29AM – 12:20PM **Mrigasira** Until 12:44PM **Ganesha:** White *Sunrise:* 4:55AM
Yama 6:46AM – 8:37AM Vajra* Until 11:38PM **Muruqa:** Yellow *Sunset:* 7:45PM Moon 8 - Phase 18
 535976152 **Rahu** 12:20PM – 2:11PM Bava Until 1:20AM Thu **Nataraja:** Clear **Sivaloka Day**
 Creative Work Siddha Yoga Moon – Yellow
 Until 8:04PM then Marana Yoga **Dasami** Until 1:20PM **Sravana*Avani**

3 Thursday, August 25, 2011 Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Oslo, Norway
 Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau **Sun 11 Sutra 135**
 Khara 5113
Gulika 8:38AM – 10:29AM **Ardra** Until 1:16PM **Ganesha:** White *Sunrise:* 4:57AM
Yama 4:57AM – 6:48AM Siddhi Until 10:29PM **Muruqa:** Yellow *Sunset:* 7:42PM Moon 8 - Phase 18
 535976152 **Rahu** 2:10PM – 4:01PM Kaulava Until 11:43PM **Nataraja:** Clear **Sivaloka Day**
 Routine Work Marana Yoga Moon – Yellow
 Until 1:16PM then Amrita Yoga **Ekadasi*** Until 12:38PM **Sravana*Avani**
 Until 8:04PM then Siddha Yoga

4 Friday, August 26, 2011 Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Oslo, Norway
 Punarvasu/Pushya Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau **Sun 12 Sutra 136**
 Khara 5113
Gulika 6:49AM – 8:39AM **Punarvasu** Until 12:28PM **Ganesha:** Yellow *Sunrise:* 4:59AM
Yama 3:59PM – 5:49PM Vyatipata* Until 7:35PM **Muruqa:** Yellow *Sunset:* 7:40PM Moon 8 - Phase 18
 545976152 **Rahu** 10:29AM – 12:19PM Gara Until 10:44PM **Nataraja:** Clear **Devaloka Day**
 Creative Work Siddha Yoga Moon – Blue
 Until 12:28PM then Marana Yoga **Dvadasi*** Until 11:40AM **Sravana*Avani**
 Until 8:04PM then Siddha Yoga *Pradosha Vrata (Fasting)*

5 Saturday, August 27, 2011 Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Oslo, Norway
 Pushya/Aslesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau **Sun 13 Sutra 137**
 Khara 5113
Gulika 5:02AM – 6:51AM **Pushya** Until 11:24AM **Ganesha:** White *Sunrise:* 5:02AM
Yama 2:09PM – 3:58PM Variyan Until 5:02PM **Muruqa:** Yellow *Sunset:* 7:37PM Moon 8 - Phase 18
 546976152 **Rahu** 8:40AM – 10:30AM Visti Until 8:54PM **Nataraja:** Clear **Bhuloka Day**
 Creative Work Siddha Yoga Moon – Blue **Devaloka Time: 3:PM to 6:PM**
 Until 11:24AM then Marana Yoga **Trayodasi*** Until 9:50AM **Sravana*Avani**
 Until 8:04PM then Siddha Yoga

Sunday, August 28, 2011 Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Oslo, Norway
 Aslesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Naga* Karana Chaturdasi*/Amavasya* Yam Titau **Sun 14 Sutra 138**
 Khara 5113
Gulika 3:56PM – 5:45PM **Aslesha*** Until 9:22AM **Ganesha:** White *Sunrise:* 5:04AM
Yama 12:19PM – 2:08PM Parigha* Until 1:19PM **Muruqa:** Yellow *Sunset:* 7:34PM Moon 8 - Phase 18
 546976152 **Rahu** 5:45PM – 7:34PM Naga Until 3:42AM Mon **Nataraja:** White **Devaloka Day**
 Creative Work Siddha Yoga Moon – Blue
 Until 9:22AM then Marana Yoga **Chaturdasi*** Until 7:07AM **Sravana*Avani**
 Until 8:03PM then Siddha Yoga

Monday, August 29, 2011 Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Oslo, Norway
 Magha*/Purvaphalguni* Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathama* Yam Titau **Sun 15 Sutra 139**
 Khara 5113
Gulika 2:07PM – 3:55PM **Magha*** Until 7:09AM **Ganesha:** Green *Sunrise:* 5:06AM
Yama 10:30AM – 12:19PM Shiva Until 9:48AM **Muruqa:** Yellow *Sunset:* 7:31PM Moon 8 - Phase 18
 556976153 **Rahu** 6:54AM – 8:42AM Kintughna Until 2:24PM **Nataraja:** White **Devaloka Day**
 Simha Rasi: 12.37 Tithi 1 Moon – Red
Family Home Evening **Prathama*** Until 12:41AM Tue **Bhadrapada*Avani**
 Creative Work Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda, Svetu 6.2. UpR, 743


1	Tuesday, August 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Oslo, Norway
	Simha Rasi: 27.33 Tithi 2 566176153	Gulika 12:18PM – 2:06PM Yama 8:43AM – 10:31AM Rahu 3:53PM – 5:40PM	Sun 16 Sutra 140 Khara 5113 Moon 8 - Phase 19 3rd Phase
Creative Work Amrita Yoga Until 1:55AM Wed then Siddha Yoga		Uttaraphalguni Until 1:55AM Wed Sadhya Until 1:57AM Wed Balava Until 11:02AM Dvitiya Until 9:19PM	Ganesha: Blue <i>Sunrise: 5:09AM</i> Muruqa: Yellow <i>Sunset: 7:28PM</i> Nataraja: White Moon – Red Bhadrapada-Avani
Devaloka Day			

2	Wednesday, August 31, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthi* Yam Titau	Oslo, Norway
	Kanya Rasi: 12.32 Tithi 3 – 4 566176153	Gulika 10:31AM – 12:18PM Yama 6:58AM – 8:44AM Rahu 12:18PM – 2:05PM	Sun 17 Sutra 141 Khara 5113 Moon 8 - Phase 19 3rd Phase
Creative Work Siddha Yoga Until 8:02PM then no yoga Until 11:16PM then Siddha Yoga		Hasta Until 11:16PM Subha Until 10:00PM Taitila Until 7:33AM Tritiya Until 5:50PM	Ganesha: Blue <i>Sunrise: 5:11AM</i> Muruqa: Yellow <i>Sunset: 7:25PM</i> Nataraja: White Moon – Green Bhadrapada-Avani
Devaloka Day			

3	Thursday, September 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Oslo, Norway
	Kanya Rasi: 27.27 Tithi 4 – 5 566176153	Gulika 8:45AM – 10:32AM Yama 5:13AM – 6:59AM Rahu 2:04PM – 3:50PM	Sun 18 Sutra 142 Khara 5113 Moon 8 - Phase 19 3rd Phase
Creative Work Siddha Yoga		Ganesha Chaturthi Chaturthi* Until 2:31PM	Ganesha: Blue <i>Sunrise: 5:13AM</i> Muruqa: Yellow <i>Sunset: 7:22PM</i> Nataraja: White Moon – Green Bhadrapada-Avani
Devaloka Day			

4	Friday, September 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Oslo, Norway
	Tula Rasi: 12.09 Tithi 5 – 6 566176153	Gulika 7:01AM – 8:46AM Yama 3:48PM – 5:34PM Rahu 10:32AM – 12:17PM	Sun 19 Sutra 143 Khara 5113 Moon 8 - Phase 19 3rd Phase
Creative Work Siddha Yoga Until 7:27PM then Marana Yoga Until 8:02PM then Siddha Yoga		Svati Until 7:27PM Brahma Until 3:16PM Kaulava Until 11:03PM Panchami Until 11:58AM	Ganesha: Blue <i>Sunrise: 5:16AM</i> Muruqa: Yellow <i>Sunset: 7:19PM</i> Nataraja: White Moon – Green Bhadrapada-Avani
Devaloka Day			

5	Saturday, September 3, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Visakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau	Oslo, Norway
	Tula Rasi: 26.33 Tithi 6 – 7 577176153	Gulika 5:18AM – 7:03AM Yama 2:02PM – 3:47PM Rahu 8:47AM – 10:32AM	Sun 20 Sutra 144 Khara 5113 Moon 8 - Phase 19 3rd Phase
Creative Work Siddha Yoga Until 8:02PM then Marana Yoga		Visakha Until 5:38PM Indra Until 12:01PM Gara Until 8:25PM Shasthi* Until 9:20AM	Ganesha: Blue <i>Sunrise: 5:18AM</i> Muruqa: Yellow <i>Sunset: 7:16PM</i> Nataraja: White Moon – Orange Bhadrapada-Avani
Subha Sivaloka Day			

	Sunday, September 4, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Oslo, Norway
	Retreat Star Vrischika Rasi: 10.35 Tithi 7 – 8 577176153	Gulika 3:45PM – 5:29PM Yama 12:17PM – 2:01PM Rahu 5:29PM – 7:13PM	Sun 21 Sutra 145 Khara 5113 Moon 8 - Phase 19 Ashtami
Routine Work Marana Yoga Until 8:01PM then Siddha Yoga		Anuradha Until 4:25PM Vaidhriti* Until 9:20AM Visti Until 6:26PM Saptami Until 7:21AM	Ganesha: Blue <i>Sunrise: 5:20AM</i> Muruqa: Yellow <i>Sunset: 7:13PM</i> Nataraja: White Moon – Orange Bhadrapada-Avani
Subha Sivaloka Day			

Monday, September 5, 2011	Retreat Star	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Ashtami*/Navami* Yam Titau	Oslo, Norway
	Vrischika Rasi: 24.16 Tithi 8 – 9 Family Home Evening 577176153	Gulika 2:00PM – 3:43PM Yama 10:33AM – 12:16PM Rahu 7:06AM – 8:49AM	Sun 22 Sutra 146 Khara 5113 Moon 8 - Phase 19 Navami
Creative Work Siddha Yoga Until 8:01PM then Amrita Yoga		Jyeshtha* Until 4:34PM Vishkambha* Until 7:19AM Kaulava Until 6:02PM Ashtami* Until 6:02AM	Ganesha: Blue <i>Sunrise: 5:22AM</i> Muruqa: Yellow <i>Sunset: 7:10PM</i> Nataraja: White Moon – Orange Bhadrapada-Avani
Subha Sivaloka Day			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Mundu 1.1.7. bo UpR, 673

1	Tuesday, September 6, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dasami Yam Titau				Oslo, Norway
	Dhanus Rasi: 7.37	Tithi 10	Gulika 12:16PM – 1:59PM	Mula* Until 4:33PM	Ganesha: Yellow <i>Sunrise:</i> 5:25AM	Sun 23	Sutra 147 Khara 5113
		587176153	Yama 8:50AM – 10:33AM	Ayushman Until 4:29AM Wed	Muruqa: Yellow <i>Sunset:</i> 7:07PM		Moon 8 - Phase 20
			Rahu 3:42PM – 5:24PM	Taitila Until 5:17PM	Nataraja: White		4th Phase
				Dasami Until 5:17AM Wed	Moon – Light Blue		
					Bhadrapada*Avani		Sivaloka Day

2	Wednesday, September 7, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau				Oslo, Norway
	Dhanus Rasi: 20.41	Tithi 11	Gulika 10:34AM – 12:16PM	Purvashadha* Until 5:04PM	Ganesha: Yellow <i>Sunrise:</i> 5:27AM	Sun 24	Sutra 148 Khara 5113
		587176153	Yama 7:09AM – 8:51AM	Saubhagya Until 3:18AM Thu	Muruqa: Yellow <i>Sunset:</i> 7:04PM		Moon 8 - Phase 20
			Rahu 12:16PM – 1:58PM	Vanija Until 5:07PM	Nataraja: White		4th Phase
				Ekadasi Until 5:07AM Thu	Moon – Light Blue		
					Bhadrapada*Avani		Sivaloka Day

3	Thursday, September 8, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Bava/Balava Karana Dvadasi Yam Titau				Oslo, Norway
	Makara Rasi: 3.29	Tithi 12	Gulika 8:52AM – 10:34AM	Uttarashadha Until 6:01PM	Ganesha: Yellow <i>Sunrise:</i> 5:29AM	Sun 25	Sutra 149 Khara 5113
		587176153	Yama 5:29AM – 7:11AM	Sobhana Until 2:32AM Fri	Muruqa: Yellow <i>Sunset:</i> 7:01PM		Moon 8 - Phase 20
			Rahu 1:57PM – 3:38PM	Bava Until 5:26PM	Nataraja: White		4th Phase
				Dvadasi Until 6:10AM Fri	Moon – Light Blue		
					Bhadrapada*Avani		Sivaloka Day

4	Friday, September 9, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Sravana Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau				Oslo, Norway
	Makara Rasi: 16.06	Tithi 12 – 13	Gulika 7:13AM – 8:53AM	Sravana Until 8:28PM	Ganesha: White <i>Sunrise:</i> 5:32AM	Sun 26	Sutra 150 Khara 5113
		597176153	Yama 3:37PM – 5:17PM	Athiganda* Until 3:39AM Sat	Muruqa: Yellow <i>Sunset:</i> 6:58PM		Moon 8 - Phase 20
			Rahu 10:34AM – 12:15PM	Kaulava Until 7:15PM	Nataraja: White		4th Phase
				Dvadasi Until 6:10AM	Moon – Purple		
					Bhadrapada*Avani		Subha Sivaloka Day

Pradosha Vrata

5	Saturday, September 10, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Oslo, Norway
	Makara Rasi: 28.32	Tithi 13 – 14	Gulika 5:34AM – 7:14AM	Dhanishtha Until 10:15PM	Ganesha: Yellow <i>Sunrise:</i> 5:34AM	Sun 27	Sutra 151 Khara 5113
		598176153	Yama 1:55PM – 3:35PM	Sukarma Until 3:30AM Sun	Muruqa: Yellow <i>Sunset:</i> 6:58PM		Moon 8 - Phase 20
			Rahu 8:54AM – 10:34AM	Gara Until 8:24PM	Nataraja: White		4th Phase
				Trayodasi Until 7:19AM	Moon – Purple		
			Chidambaram Abhishekam		Bhadrapada*Avani		Sivaloka Day

○	Sunday, September 11, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Oslo, Norway
	Copper Retreat Star		Gulika 3:33PM – 5:13PM	Satabhisha Until 12:19AM Mon	Ganesha: Yellow <i>Sunrise:</i> 5:36AM	Sutra 152	Khara 5113
	Kumbha Rasi: 10.5	Tithi 14 – 15	Yama 12:14PM – 1:54PM	Dhriti Until 3:37AM Mon	Muruqa: Yellow <i>Sunset:</i> 6:52PM		Moon 8 - Phase 20
		598176153	Rahu 5:13PM – 6:52PM	Visti Until 9:53PM	Nataraja: White		Purnima
				Chaturdasi* Until 8:47AM	Moon – Purple		
			Grandparent's Day		Bhadrapada*Avani		Sivaloka Day

○	Monday, September 12, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprostapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Oslo, Norway
	Silver Retreat Star		Gulika 1:53PM – 3:32PM	Purvaprostapada* Until 2:39AM Tue	Ganesha: Yellow <i>Sunrise:</i> 5:39AM	Sutra 153	Khara 5113
	Kumbha Rasi: 23.01	Tithi 15 – 16	Yama 10:35AM – 12:14PM	Shula* Until 3:59AM Tue	Muruqa: White <i>Sunset:</i> 6:49PM		Moon 8 - Phase 20
	Family Home Evening	518186153	Rahu 7:17AM – 8:56AM	Balava Until 11:38PM	Nataraja: White		Prathama
				Purnima* Until 10:32AM	Moon – Clear		
					Bhadrapada*Avani		Subha Sivaloka Day

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376



Tuesday, September 13, 2011
Gold Retreat Star

Meena Rasi: 5.04 Tithi 16 – 17
518186153
Creative Work Amrita Yoga
Until 7.58PM then Siddha Yoga
Until 5:13AM Wed then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprostapada Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 12:14PM – 1:52PM **Uttaraprostapada Until 5:13AM Wed**
Yama 8:57AM – 10:35AM **Ganda* Until 4:33AM Wed**
Rahu 3:30PM – 5:08PM **Taitila Until 1:38AM Wed**
Prathama* Until 12:33PM

Oslo, Norway
Sutra 154
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Sivaloka Day
Ganesha: Yellow *Sunrise: 5:41AM*
Muruqa: White *Sunset: 6:46PM*
Nataraja: White
Moon – Clear
Bhadrapada*Avani

1

Wednesday, September 14, 2011

Meena Rasi: 17.01 Tithi 17 – 18
518186153
Routine Work Marana Yoga
Until 7.58PM then Siddha Yoga
Until 8:14AM Thu then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 10:36AM – 12:13PM **Revati Until 8:14AM Thu**
Yama 7:21AM – 8:58AM **Vriddhi Until 5:18AM Thu**
Rahu 12:13PM – 1:51PM **Vanija Until 3:52AM Thu**
Dvitiya Until 2:46PM

Oslo, Norway
Sun 1 Sutra 155
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Sivaloka Day
Ganesha: Yellow *Sunrise: 5:43AM*
Muruqa: White *Sunset: 6:43PM*
Nataraja: White
Moon – Clear
Bhadrapada*Avani

2

Thursday, September 15, 2011

Meena Rasi: 28.53 Tithi 18 – 19
518186153
Creative Work Siddha Yoga
Until 8:14AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Asvini Nakshatra Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 8:59AM – 10:36AM **Revati Until 8:14AM**
Yama 5:45AM – 7:22AM **Dhruva Until 6:33AM Fri**
Rahu 1:50PM – 3:27PM **Bava Until 6:16AM Fri**
Tritiya Until 5:11PM

Oslo, Norway
Sun 2 Sutra 156
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Sivaloka Day
Ganesha: Yellow *Sunrise: 5:45AM*
Muruqa: White *Sunset: 6:40PM*
Nataraja: White
Moon – Clear
Bhadrapada*Avani

3

Friday, September 16, 2011

Mesha Rasi: 10.43 Tithi 19
529186153
Creative Work Amrita Yoga
Until 11:14AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Asvini/Bharani Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 7:24AM – 9:00AM **Asvini Until 11:14AM**
Yama 3:25PM – 5:01PM **Dhruva Until 6:33AM**
Rahu 10:36AM – 12:12PM **Bava Until 6:35AM**
Chaturthi* Until 7:40PM

Oslo, Norway
Sun 3 Sutra 157
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Sivaloka Day
Ganesha: Red *Sunrise: 5:48AM*
Muruqa: White *Sunset: 6:37PM*
Nataraja: White
Moon – White
Bhadrapada*Avani

4

Saturday, September 17, 2011

Mesha Rasi: 22.33 Tithi 20
529186153
Creative Work Siddha Yoga
Until 2:15PM then Amrita Yoga
Until 7.57PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 5:50AM – 7:26AM **Bharani Until 2:15PM**
Yama 1:48PM – 3:23PM **Vyaghata* Until 7:32AM**
Rahu 9:01AM – 10:37AM **Kaulava Until 9:05AM**
Panchami Until 10:10PM

Oslo, Norway
Sun 4 Sutra 158
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Sivaloka Day
Ganesha: Red *Sunrise: 5:50AM*
Muruqa: White *Sunset: 6:34PM*
Nataraja: White
Moon – White
Bhadrapada*Puratasi

5

Sunday, September 18, 2011

Vrishabha Rasi: 4.26 Tithi 21
529186153
Creative Work Siddha Yoga
Until 7.56PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 3:22PM – 4:56PM **Krittika Until 5:07PM**
Yama 12:12PM – 1:47PM **Harshana Until 8:23AM**
Rahu 4:56PM – 6:31PM **Gara Until 11:27AM**
Shasthi* Until 12:32AM Mon

Oslo, Norway
Sun 5 Sutra 159
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Sivaloka Day
Ganesha: Red *Sunrise: 5:52AM*
Muruqa: White *Sunset: 6:31PM*
Nataraja: White
Moon – White
Bhadrapada*Puratasi

6

Monday, September 19, 2011

Vrishabha Rasi: 16.28 Tithi 22
539186153
Family Home Evening
Creative Work Amrita Yoga
Until 7:44PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 1:46PM – 3:20PM **Rohini Until 7:44PM**
Yama 10:37AM – 12:11PM **Vajra* Until 8:59AM**
Rahu 7:29AM – 9:03AM **Visti Until 1:30PM**
Saptami Until 2:36AM Tue

Oslo, Norway
Sun 6 Sutra 160
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Subha Sivaloka Day
Ganesha: Green *Sunrise: 5:55AM*
Muruqa: White *Sunset: 6:28PM*
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi

Retreat Star

Tuesday, September 20, 2011

Vrishabha Rasi: 28.44 Tithi 23
539186153
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigasira Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 12:11PM – 1:45PM **Mrigasira Until 8:39PM**
Yama 9:04AM – 10:38AM **Siddhi Until 8:57AM**
Rahu 3:18PM – 4:52PM **Balava Until 2:19PM**
Ashtami* Until 2:19AM Wed

Oslo, Norway
Sun 7 Sutra 161
Khara 5113
Moon 9 - Phase 21
Ashtami
Subha Subha Sivaloka Day
Ganesha: Green *Sunrise: 5:57AM*
Muruqa: White *Sunset: 6:25PM*
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi

Wednesday, September 21, 2011

Retreat Star

Mithuna Rasi: 11.18 Tithi 24
539186153
Creative Work Siddha Yoga
Until 7.55PM then Marana Yoga
Until 10:03PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 10:38AM – 12:11PM **Ardra Until 10:03PM**
Yama 7:32AM – 9:05AM **Vyatipata* Until 8:34AM**
Rahu 12:11PM – 1:44PM **Taitila Until 3:07PM**
Navami* Until 3:07AM Thu

Oslo, Norway
Sun 8 Sutra 162
Khara 5113
Moon 9 - Phase 21
Navami
Subha Subha Sivaloka Day
Ganesha: Green *Sunrise: 5:59AM*
Muruqa: White *Sunset: 6:22PM*
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishṇa Yajur Veda, Svetu 2.9. UpP, 192


1	Thursday, September 22, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Vanja/Visti* Karana Dasami Yam Titau		Oslo, Norway
	Mithuna Rasi: 24.17 Tithi 25 549186153	Gulika 9:06AM – 10:38AM Yama 6:01AM – 7:34AM Rahu 1:43PM – 3:15PM	Punarvasu Until 10:42PM Variyan Until 7:30AM Vanija Until 3:07PM Dasami Until 3:07AM Fri	Ganesha: Orange <i>Sunrise: 6:01AM</i> Muruqa: White <i>Sunset: 6:19PM</i> Nataraja: White Moon – Blue Subha Sivaloka Day Bhadrapada•Puratasi


2	Friday, September 23, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Shiva Yoga Bava/Balava Karana Ekadasi* Yam Titau		Oslo, Norway
	Kataka Rasi: 7.44 Tithi 26 549286153	Gulika 7:35AM – 9:07AM Yama 3:13PM – 4:45PM Rahu 10:38AM – 12:10PM	Pushya Until 9:19PM Shiva Until 2:59AM Sat Bava Until 1:32PM Ekadasi* Until 12:37AM Sat	Ganesha: Green <i>Sunrise: 6:04AM</i> Muruqa: White <i>Sunset: 6:16PM</i> Nataraja: White Moon – Blue Sivaloka Day Bhadrapada•Puratasi

3	Saturday, September 24, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau		Oslo, Norway
	Kataka Rasi: 21.41 Tithi 27 541286153	Gulika 6:06AM – 7:37AM Yama 1:41PM – 3:11PM Rahu 9:08AM – 10:39AM	Aslesha* Until 8:16PM Siddha Until 12:26AM Sun Kaulava Until 11:45AM Dvdadasi* Until 10:50PM	Ganesha: Purple <i>Sunrise: 6:06AM</i> Muruqa: White <i>Sunset: 6:13PM</i> Nataraja: White Moon – Blue Sivaloka Day Bhadrapada•Puratasi

4	Sunday, September 25, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Oslo, Norway
	Simha Rasi: 6.06 Tithi 28 551286153	Gulika 3:10PM – 4:40PM Yama 12:09PM – 1:40PM Rahu 4:40PM – 6:10PM	Magha* Until 5:34PM Sadhya Until 8:11PM Gara Until 8:52AM Trayodasi* Until 7:09PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Light Blue <i>Sunrise: 6:08AM</i> Muruqa: White <i>Sunset: 6:10PM</i> Nataraja: White Moon – Red Sivaloka Day Bhadrapada•Puratasi

5	Monday, September 26, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau		Oslo, Norway
	Simha Rasi: 20.56 Tithi 29 – 30 Family Home Evening 551286153	Gulika 1:39PM – 3:08PM Yama 10:39AM – 12:09PM Rahu 7:40AM – 9:10AM	Purvaphalguni* Until 3:11PM Subha Until 4:28PM Catuspada Until 2:16AM Tue Chaturdasi* Until 3:59PM	Ganesha: Light Blue <i>Sunrise: 6:11AM</i> Muruqa: White <i>Sunset: 6:07PM</i> Nataraja: White Moon – Red Sivaloka Day Bhadrapada•Puratasi

	Tuesday, September 27, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau		Oslo, Norway
	Retreat Star Kanya Rasi: 6.02 Tithi 30 – 1 551286153	Gulika 12:09PM – 1:38PM Yama 9:11AM – 10:40AM Rahu 3:06PM – 4:35PM	Uttaraphalguni Until 12:20PM Sukla Until 12:20PM Kintughna Until 10:37PM Amavasya* Until 12:20PM	Ganesha: Light Blue <i>Sunrise: 6:13AM</i> Muruqa: White <i>Sunset: 6:04PM</i> Nataraja: White Moon – Red Sivaloka Day Bhadrapada•Puratasi

	Wednesday, September 28, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Oslo, Norway
	Retreat Star Kanya Rasi: 21.17 Tithi 1 – 2 661286153	Gulika 10:40AM – 12:08PM Yama 7:44AM – 9:12AM Rahu 12:08PM – 1:37PM	Hasta Until 9:17AM Brahma Until 8:00AM Balava Until 6:45PM Prathama* Until 8:28AM	Ganesha: Light Blue <i>Sunrise: 6:15AM</i> Muruqa: White <i>Sunset: 6:01PM</i> Nataraja: White Moon – Green Sivaloka Day Ashvina•Puratasi

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM


1	Thursday, September 29, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Tritiya Yam Titau	Oslo, Norway
			Sun 16 Sutra 170 Khara 5113
Tula Rasi: 6.29	Tithi 3	Gulika 9:13AM – 10:40AM Yama 6:18AM – 7:45AM Rahu 1:36PM – 3:03PM	Chitra Until 6:18AM Vaidhriti* Until 11:44PM Taitila Until 2:57PM Tritiya Until 1:14AM Fri
Creative Work Siddha Yoga Until 6:18AM then Amrita Yoga Until 7:53PM then Siddha Yoga	661286153	Ganesha: Light Blue <i>Sunrise: 6:18AM</i> Muruqa: White <i>Sunset: 5:58PM</i> Nataraja: White Moon – Green	Sivaloka Day Moon 9 - Phase 23 3rd Phase

2	Friday, September 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Oslo, Norway
			Sun 17 Sutra 171 Khara 5113
Tula Rasi: 21.28	Tithi 4	Gulika 7:47AM – 9:14AM Yama 3:01PM – 4:28PM Rahu 10:41AM – 12:08PM	Visakha Until 12:59AM Sat Vishkambha* Until 7:47PM Vanija Until 11:31AM Chaturthi* Until 9:48PM
Routine Work Marana Yoga Until 7:52PM then Siddha Yoga	671286153	Ganesha: Purple <i>Sunrise: 6:20AM</i> Muruqa: White <i>Sunset: 5:55PM</i> Nataraja: White Moon – Orange	Sivaloka Day Moon 9 - Phase 23 3rd Phase

3	Saturday, October 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchami Yam Titau	Oslo, Norway
			Sun 18 Sutra 172 Khara 5113
Vrischika Rasi: 6.08	Tithi 5	Gulika 6:22AM – 7:49AM Yama 1:34PM – 3:00PM Rahu 9:15AM – 10:41AM	Anuradha Until 12:04AM Sun Priti Until 5:00PM Bava Until 8:50AM Panchami Until 7:55PM
Creative Work Siddha Yoga Until 7:52PM then Marana Yoga	671286153	Ganesha: Purple <i>Sunrise: 6:22AM</i> Muruqa: White <i>Sunset: 5:52PM</i> Nataraja: White Moon – Orange	Sivaloka Day Moon 9 - Phase 23 3rd Phase

4	Sunday, October 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Shasthi*/Saplami Yam Titau	Oslo, Norway
			Sun 19 Sutra 173 Khara 5113
Vrischika Rasi: 20.22	Tithi 6 – 7	Gulika 2:58PM – 4:24PM Yama 12:07PM – 1:33PM Rahu 4:24PM – 5:49PM	Jyeshtha* Until 10:30PM Ayushman Until 1:58PM Kaulava Until 6:31AM Shasthi* Until 5:35PM
Routine Work Marana Yoga Until 7:52PM then Siddha Yoga	671286153	Ganesha: Purple <i>Sunrise: 6:25AM</i> Muruqa: White <i>Sunset: 5:49PM</i> Nataraja: White Moon – Orange	Sivaloka Day Moon 9 - Phase 23 3rd Phase

5	Monday, October 3, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Oslo, Norway
			Sun 20 Sutra 174 Khara 5113
Dhanus Rasi: 4.1	Tithi 7 – 8	Gulika 1:32PM – 2:57PM Yama 10:42AM – 12:07PM Rahu 7:52AM – 9:17AM	Mula* Until 10:55PM Saubhagya Until 12:03PM Visti Until 4:55AM Tue Saptami Until 4:55PM
Family Home Evening Creative Work Siddha Yoga Until 7:51PM then Amrita Yoga Until 10:55PM then Siddha Yoga	681286153	Ganesha: Clear <i>Sunrise: 6:27AM</i> Muruqa: White <i>Sunset: 5:46PM</i> Nataraja: White Moon – Light Blue	Subha Sivaloka Day Moon 9 - Phase 23 3rd Phase

	Tuesday, October 4, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Oslo, Norway
	Retreat Star		Sun 21 Sutra 175 Khara 5113
Dhanus Rasi: 17.32	Tithi 8 – 9	Gulika 12:06PM – 1:31PM Yama 9:18AM – 10:42AM Rahu 2:55PM – 4:19PM	Purvashadha* Until 10:51PM Sobhana Until 10:19AM Balava Until 4:09AM Wed Ashtami* Until 4:09PM
Creative Work Siddha Yoga Until 7:51PM then Amrita Yoga	682286153	Ganesha: Orange <i>Sunrise: 6:29AM</i> Muruqa: White <i>Sunset: 5:43PM</i> Nataraja: White Moon – Light Blue	Subha Sivaloka Day Moon 9 - Phase 23 Ashtami

Retreat Star	Wednesday, October 5, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Oslo, Norway
			Sun 22 Sutra 176 Khara 5113
Makara Rasi: 0.31	Tithi 9 – 10	Gulika 10:42AM – 12:06PM Yama 7:55AM – 9:19AM Rahu 12:06PM – 1:30PM	Uttarashadha Until 11:30PM Athiganda* Until 9:13AM Taitila Until 4:09AM Thu Navami* Until 4:09PM
Creative Work Amrita Yoga Until 7:51PM then Siddha Yoga	682286153	Ganesha: Orange <i>Sunrise: 6:32AM</i> Muruqa: White <i>Sunset: 5:40PM</i> Nataraja: White Moon – Light Blue	Subha Sivaloka Day Moon 9 - Phase 23 Navami

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

1	Thursday, October 6, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sravana Yuktayam Sravana Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau				Oslo, Norway
	Makara Rasi: 13.12 Titli 10 – 11 692286153	Gulika 9:20AM – 10:43AM Yama 6:34AM – 7:57AM Rahu 1:29PM – 2:52PM	Sravana Until 2:17AM Fri Sukarma Until 8:52AM Vanija Until 6:51AM Fri Dasami Until 5:46PM	Ganesha: Green <i>Sunrise:</i> 6:34AM Muruqa: White <i>Sunset:</i> 5:38PM Nataraja: White Moon – Purple	Sivaloka Day	Sun 23 Sutra 177 Khara 5113 Moon 9 - Phase 24 4th Phase
	Creative Work Siddha Yoga					

2	Friday, October 7, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Dhanishtha Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Visti* Karana Ekadasi Yam Titau				Oslo, Norway
	Makara Rasi: 25.37 Titli 11 692286153	Gulika 7:59AM – 9:21AM Yama 2:50PM – 4:12PM Rahu 10:43AM – 12:05PM	Dhanishtha Until 4:05AM Sat Dhriti Until 8:43AM Visti Until 8:04AM Sat Ekadasi Until 6:59PM	Ganesha: Green <i>Sunrise:</i> 6:36AM Muruqa: White <i>Sunset:</i> 5:35PM Nataraja: White Moon – Purple	Sivaloka Day	Sun 24 Sutra 178 Khara 5113 Moon 9 - Phase 24 4th Phase
	Creative Work Siddha Yoga Until 4:05AM Sat then Amrita Yoga	Vijaya Dasami		Ashvina•Puratasi		

3	Saturday, October 8, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Satabhisha Yuktayam Satabhisha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadasi Yam Titau				Oslo, Norway
	Kumbha Rasi: 7.52 Titli 12 692286154	Gulika 6:39AM – 8:00AM Yama 1:27PM – 2:48PM Rahu 9:22AM – 10:44AM	Satabhisha Until 6:02AM Sun Shula* Until 8:54AM Bava Until 7:30AM Dvadasi Until 8:35PM	Ganesha: Green <i>Sunrise:</i> 6:39AM Muruqa: White <i>Sunset:</i> 5:32PM Nataraja: Yellow Moon – Purple	Devaloka Day	Sun 25 Sutra 179 Khara 5113 Moon 9 - Phase 24 4th Phase
	Creative Work Amrita Yoga Until 7:50PM then Siddha Yoga	Kadaitswami Mahasamadhi		Ashvina•Puratasi		

4	Sunday, October 9, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Satabhisha Yuktayam Satabhisha/Purvaprostapada* Nakshatra Ganda*/Vridhi* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Oslo, Norway
	Kumbha Rasi: 19.59 Titli 13 692286154	Gulika 2:47PM – 4:08PM Yama 12:05PM – 1:26PM Rahu 4:08PM – 5:29PM	Satabhisha Until 6:02AM Ganda* Until 9:20AM Kaulava Until 9:24AM Trayodasi Until 10:30PM <i>Pradosha Vrata</i>	Ganesha: Green <i>Sunrise:</i> 6:41AM Muruqa: White <i>Sunset:</i> 5:29PM Nataraja: Yellow Moon – Purple	Devaloka Day	Sun 26 Sutra 180 Khara 5113 Moon 9 - Phase 24 4th Phase
	Creative Work Siddha Yoga Until 7:49PM then no yoga	Chidambaram Abhishekam		Ashvina•Puratasi		

5	Monday, October 10, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Purvaprostapada* Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau				Oslo, Norway
	Meena Rasi: 2 Titli 14 612286154	Gulika 1:25PM – 2:45PM Yama 10:44AM – 12:05PM Rahu 8:04AM – 9:24AM	Purvaprostapada* Until 8:40AM Vridhi Until 9:56AM Gara Until 11:32AM Chaturdasi* Until 12:37AM Tue	Ganesha: Blue <i>Sunrise:</i> 6:43AM Muruqa: White <i>Sunset:</i> 5:26PM Nataraja: Yellow Moon – Clear	Devaloka Day	Sun 27 Sutra 181 Khara 5113 Moon 9 - Phase 24 4th Phase
	Family Home Evening No Yoga Until 8:40AM then Siddha Yoga Until 7:49PM then Amrita Yoga			Ashvina•Puratasi		

○	Tuesday, October 11, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Uttaraprostapada* Yuktayam Uttaraprostapada*/Revati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau				Oslo, Norway
	Meena Rasi: 13.56 Titli 15 612286154	Gulika 12:04PM – 1:24PM Yama 9:25AM – 10:45AM Rahu 2:44PM – 4:03PM	Uttaraprostapada Until 11:27AM Dhruva Until 10:41AM Visti Until 1:49PM Purnima* Until 2:55AM Wed	Ganesha: Blue <i>Sunrise:</i> 6:46AM Muruqa: White <i>Sunset:</i> 5:23PM Nataraja: Yellow Moon – Clear	Devaloka Day	Sun 28 Sutra 182 Khara 5113 Moon 9 - Phase 24 Purnima
	Creative Work Amrita Yoga Until 11:27AM then Siddha Yoga Until 7:49PM then Marana Yoga			Ashvina•Puratasi		

○	Wednesday, October 12, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Revati* Yuktayam Revati/Asvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathama* Yam Titau				Oslo, Norway
	Meena Rasi: 25.49 Titli 16 612286154	Gulika 10:45AM – 12:04PM Yama 8:07AM – 9:26AM Rahu 12:04PM – 1:23PM	Revati Until 2:21PM Vyaghata* Until 11:32AM Balava Until 4:14PM Prathama* Until 5:19AM Thu	Ganesha: Blue <i>Sunrise:</i> 6:48AM Muruqa: White <i>Sunset:</i> 5:20PM Nataraja: Yellow Moon – Clear	Devaloka Day	Sun 29 Sutra 183 Khara 5113 Moon 9 - Phase 24 Prathama
	Routine Work Marana Yoga Until 7:49PM then Amrita Yoga			Ashvina•Puratasi		

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM



Thursday, October 13, 2011
Gold Retreat Star

Mesha Rasi: 7.4 Tithi 17
622286154
Creative Work Amrita Yoga
Until 5:19PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Asvini/Bharani Nakshatra Harshana/Vajra* Yoga Tailita Karana Dvitiya Yam Titau

Gulika 9:27AM – 10:46AM **Asvini Until 5:19PM**
Yama 6:51AM – 8:09AM Harshana Until 12:27PM
Rahu 1:22PM – 2:40PM Tailita Until 6:43PM
Dvitiya Until 8:07AM Fri

Oslo, Norway
Sutra 184
Khara 5113
Moon 10 - Phase 25
1st Phase
Sivaloka Day

Ganesha: Red *Sunrise:* 6:51AM
Muruqa: White *Sunset:* 5:17PM
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

1 **Friday, October 14, 2011**

Mesha Rasi: 19.31 Tithi 17 – 18
622286154
Creative Work Siddha Yoga
Until 8:18PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 8:11AM – 9:28AM **Bharani Until 8:18PM**
Yama 2:39PM – 3:57PM Vajra* Until 1:22PM
Rahu 10:46AM – 12:04PM Vanija Until 9:13PM
Dvitiya Until 8:07AM

Oslo, Norway
Sun 1 Sutra 185
Khara 5113
Moon 10 - Phase 25
1st Phase
Sivaloka Day

Ganesha: Red *Sunrise:* 6:53AM
Muruqa: White *Sunset:* 5:14PM
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

2 **Saturday, October 15, 2011**

Virshabha Rasi: 1.23 Tithi 18 – 19
622286154
Creative Work Amrita Yoga
Until 7:48PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantra Vasara Yuktayam
Krittika Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 6:55AM – 8:12AM **Krittika Until 11:13PM**
Yama 1:20PM – 2:37PM Siddhi Until 2:14PM
Rahu 9:29AM – 10:46AM Bava Until 11:39PM
Tritiya Until 10:34AM

Oslo, Norway
Sun 2 Sutra 186
Khara 5113
Moon 10 - Phase 25
1st Phase
Sivaloka Day

Ganesha: Red *Sunrise:* 6:55AM
Muruqa: White *Sunset:* 5:11PM
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

3 **Sunday, October 16, 2011**

Virshabha Rasi: 13.2 Tithi 19 – 20
632286154
Creative Work Siddha Yoga
Until 7:48PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 2:36PM – 3:52PM **Rohini Until 2:00AM Mon**
Yama 12:03PM – 1:20PM Vyatipata* Until 2:58PM
Rahu 3:52PM – 5:09PM Kaulava Until 1:56AM Mon
Chaturthi* Until 12:51PM

Oslo, Norway
Sun 3 Sutra 187
Khara 5113
Moon 10 - Phase 25
1st Phase
Devaloka Day

Ganesha: Green *Sunrise:* 6:58AM
Muruqa: White *Sunset:* 5:09PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Puratasi

4 **Monday, October 17, 2011**

Virshabha Rasi: 25.25 Tithi 20 – 21
632286154
Family Home Evening
Creative Work Amrita Yoga
Until 7:48PM then Siddha Yoga
Until 4:30AM Tue then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigasira Nakshatra Variyan/Parigha* Yoga Tailita/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 1:19PM – 2:34PM **Mrigasira Until 4:30AM Tue**
Yama 10:47AM – 12:03PM Variyan Until 3:28PM
Rahu 8:16AM – 9:32AM Gara Until 3:56AM Tue
Panchami Until 2:50PM

Oslo, Norway
Sun 4 Sutra 188
Khara 5113
Moon 10 - Phase 25
1st Phase
Devaloka Day

Ganesha: Green *Sunrise:* 7:00AM
Muruqa: White *Sunset:* 5:06PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

5 **Tuesday, October 18, 2011**

Mithuna Rasi: 7.41 Tithi 21 – 22
633386154
Routine Work Marana Yoga
Until 7:47PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Gulika 12:03PM – 1:18PM **Ardra Until 4:43AM Wed**
Yama 9:33AM – 10:48AM Parigha* Until 2:54PM
Rahu 2:33PM – 3:48PM Visti Until 3:32AM Wed
Shasthi* Until 3:32PM

Oslo, Norway
Sun 5 Sutra 189
Khara 5113
Moon 10 - Phase 25
1st Phase
Devaloka Day

Ganesha: Green *Sunrise:* 7:03AM
Muruqa: White *Sunset:* 5:03PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

6 **Wednesday, October 19, 2011**

Mithuna Rasi: 20.15 Tithi 22 – 23
643386154
Creative Work Siddha Yoga
Until 7:47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 10:48AM – 12:03PM **Punarvasu Until 6:19AM Thu**
Yama 8:19AM – 9:34AM Shiva Until 2:31PM
Rahu 12:03PM – 1:17PM Balava Until 4:24AM Thu
Saptami Until 4:24PM

Oslo, Norway
Sun 6 Sutra 190
Khara 5113
Moon 10 - Phase 25
1st Phase
Sivaloka Day

Ganesha: Orange *Sunrise:* 7:05AM
Muruqa: White *Sunset:* 5:00PM
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi

Thursday, October 20, 2011
Retreat Star

Kataka Rasi: 3.1 Tithi 23 – 24
643386154
Creative Work Amrita Yoga
Until 7:47PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Tailita Karana Ashtami*/Navami* Yam Titau

Gulika 9:35AM – 10:49AM **Punarvasu Until 6:19AM**
Yama 7:08AM – 8:21AM Siddha Until 1:33PM
Rahu 1:16PM – 2:30PM Tailita Until 4:34AM Fri
Ashtami* Until 4:34PM

Oslo, Norway
Sun 7 Sutra 191
Khara 5113
Moon 10 - Phase 25
Ashtami
Sivaloka Day

Ganesha: Orange *Sunrise:* 7:08AM
Muruqa: White *Sunset:* 4:57PM
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi

Friday, October 21, 2011
Retreat Star

Kataka Rasi: 16.29 Tithi 24 – 25
643386154
Routine Work Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Aslesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau

Gulika 8:23AM – 9:36AM **Pushya Until 6:18AM**
Yama 2:28PM – 3:41PM Sadhya Until 11:27AM
Rahu 10:49AM – 12:02PM Vanija Until 2:12AM Sat
Navami* Until 3:08PM

Oslo, Norway
Sun 8 Sutra 192
Khara 5113
Moon 10 - Phase 25
Navami
Sivaloka Day

Ganesha: Orange *Sunrise:* 7:10AM
Muruqa: White *Sunset:* 4:54PM
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi


When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139

1	Saturday, October 22, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Oslo, Norway
	Simha Rasi: 0.17 Tithi 25 – 26 653386154	Gulika 7:12AM – 8:25AM Yama 1:14PM – 2:27PM Rahu 9:37AM – 10:50AM	Sun 9 Sutra 193 Khara 5113 Moon 10 - Phase 26 2nd Phase
Creative Work Amrita Yoga Until 7.47PM then Marana Yoga Until 4:22AM Sun then Siddha Yoga		Magha* Until 4:22AM Sun Subha Until 9:07AM Bava Until 12:43AM Sun Dasami Until 1:39PM	Ganesha: Light Blue <i>Sunrise:</i> 7:12AM Muruqa: White <i>Sunset:</i> 4:52PM Nataraja: Yellow Moon – Red Ashvina-Aipasi
Devaloka Day			

2	Sunday, October 23, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Oslo, Norway
	Simha Rasi: 14.33 Tithi 26 – 27 653386154	Gulika 2:25PM – 3:37PM Yama 12:02PM – 1:14PM Rahu 3:37PM – 4:49PM	Sun 10 Sutra 194 Khara 5113 Moon 10 - Phase 26 2nd Phase
Creative Work Siddha Yoga Until 1:23AM Mon then Marana Yoga		Purvaphalguni* Until 1:23AM Mon Sukla Until 6:02AM Kaulava Until 9:13PM Ekadasi* Until 10:56AM	Ganesha: Light Blue <i>Sunrise:</i> 7:15AM Muruqa: White <i>Sunset:</i> 4:49PM Nataraja: Yellow Moon – Red Ashvina-Aipasi
Devaloka Day			

3	Monday, October 24, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Oslo, Norway
	Simha Rasi: 29.14 Tithi 27 – 28 653386154	Gulika 1:13PM – 2:24PM Yama 10:51AM – 12:02PM Rahu 8:28AM – 9:40AM	Sun 11 Sutra 195 Khara 5113 Moon 10 - Phase 26 2nd Phase
Family Home Evening Routine Work Marana Yoga Until 7.46PM then Amrita Yoga Until 11:13PM then Siddha Yoga		Uttaraphalguni Until 11:13PM Indra Until 10:31PM Gara Until 6:19PM Dvadasi* Until 8:02AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Light Blue <i>Sunrise:</i> 7:17AM Muruqa: White <i>Sunset:</i> 4:46PM Nataraja: Yellow Moon – Red Ashvina-Aipasi
Devaloka Day			

4	Tuesday, October 25, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Oslo, Norway
	Kanya Rasi: 14.15 Tithi 29 663386154	Gulika 12:02PM – 1:12PM Yama 9:41AM – 10:51AM Rahu 2:23PM – 3:33PM	Sun 12 Sutra 196 Khara 5113 Moon 10 - Phase 26 2nd Phase
Creative Work Siddha Yoga Deepavali Hindu Solidarity Day		Hasta Until 8:32PM Vaidhriti* Until 6:30PM Visti Until 2:51PM Chaturdasi* Until 1:08AM Wed	Ganesha: Purple <i>Sunrise:</i> 7:20AM Muruqa: White <i>Sunset:</i> 4:44PM Nataraja: Yellow Moon – Green Ashvina-Aipasi
Devaloka Day			

	Wednesday, October 26, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Oslo, Norway
	Kanya Rasi: 29.28 Tithi 30 663386154	Gulika 10:52AM – 12:02PM Yama 8:32AM – 9:42AM Rahu 12:02PM – 1:11PM	Sun 13 Sutra 197 Khara 5113 Moon 10 - Phase 26 Amavasya
Retreat Star Creative Work Siddha Yoga Until 7.46PM then Amrita Yoga		Chitra Until 5:31PM Vishkambha* Until 2:11PM Catuspada Until 11:03AM Amavasya* Until 9:20PM	Ganesha: Purple <i>Sunrise:</i> 7:22AM Muruqa: White <i>Sunset:</i> 4:41PM Nataraja: Yellow Moon – Green Ashvina-Aipasi
Devaloka Day			

Retreat Star	Thursday, October 27, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Visakha Nakshatra Priti/Ayushman Yoga Kintughna*/Balava Karana Prathama*/Dvitiya Yam Titau	Oslo, Norway
	Tula Rasi: 14.43 Tithi 1 – 2 663386154	Gulika 9:43AM – 10:52AM Yama 7:25AM – 8:34AM Rahu 1:11PM – 2:20PM	Sun 14 Sutra 198 Khara 5113 Moon 10 - Phase 26 Prathama
Creative Work Amrita Yoga Until 2:27PM then Siddha Yoga Until 7.46PM then Marana Yoga		Svati Until 2:27PM Priti Until 9:48AM Kintughna Until 7:11AM Prathama* Until 5:28PM	Ganesha: Purple <i>Sunrise:</i> 7:25AM Muruqa: White <i>Sunset:</i> 4:38PM Nataraja: Yellow Moon – Green Karttika-Aipasi
Devaloka Day			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda, Brihadu 4.4.3. bo UpH, 140


1	Friday, October 28, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Visakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Oslo, Norway
	Tula Rasi: 29.5 Tithi 2 – 3 673386154	Gulika 8:36AM – 9:44AM Yama 2:18PM – 3:27PM Rahu 10:53AM – 12:01PM	Sun 15 Sutra 199 Khara 5113 Moon 10 - Phase 27 3rd Phase
Routine Work Marana Yoga Until 11:35AM then Siddha Yoga		Visakha Until 11:35AM Saubhagya Until 1:38AM Sat Taitila Until 12:07AM Sat Dvitiya Until 1:50PM	Ganesha: Light Blue <i>Sunrise:</i> 7:27AM Muruqa: White <i>Sunset:</i> 4:35PM Nataraja: Yellow Moon – Orange Karttika-Aipasi
Devaloka Day			


2	Saturday, October 29, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Oslo, Norway
	Virshika Rasi: 14.41 Tithi 3 – 4 673386154	Gulika 7:30AM – 8:38AM Yama 1:09PM – 2:17PM Rahu 9:46AM – 10:53AM	Sun 16 Sutra 200 Khara 5113 Moon 10 - Phase 27 3rd Phase
Creative Work Siddha Yoga Until 7.46PM then Marana Yoga		Anuradha Until 9:24AM Sobhana Until 10:56PM Vanija Until 10:07PM Tritiya Until 11:02AM	Ganesha: Light Blue <i>Sunrise:</i> 7:30AM Muruqa: White <i>Sunset:</i> 4:33PM Nataraja: Yellow Moon – Orange Karttika-Aipasi
Devaloka Day			

3	Sunday, October 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Oslo, Norway
	Virshika Rasi: 29.07 Tithi 4 – 5 673386154	Gulika 2:16PM – 3:23PM Yama 12:01PM – 1:09PM Rahu 3:23PM – 4:30PM	Sun 17 Sutra 201 Khara 5113 Moon 10 - Phase 27 3rd Phase
Routine Work Marana Yoga Until 7:30AM then Amrita Yoga Until 7.46PM then Siddha Yoga		Jyeshtha* Until 7:30AM Athiganda* Until 7:33PM Bava Until 7:27PM Chaturthi* Until 8:22AM	Ganesha: Light Blue <i>Sunrise:</i> 7:32AM Muruqa: White <i>Sunset:</i> 4:30PM Nataraja: Yellow Moon – Orange Karttika-Aipasi
Devaloka Day			

4	Monday, October 31, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma/Dhriti Yoga Balava/Taitila Karana Panchami/Shasthi* Yam Titau	Oslo, Norway
	Dhanus Rasi: 13.07 Tithi 5 – 6 Family Home Evening 683386154	Gulika 1:08PM – 2:14PM Yama 10:55AM – 12:01PM Rahu 8:41AM – 9:48AM	Sun 18 Sutra 202 Khara 5113 Moon 10 - Phase 27 3rd Phase
Creative Work Siddha Yoga Until 6:23AM then Marana Yoga Until 7.46PM then Siddha Yoga		Mula* Until 6:23AM Sukarma Until 4:55PM Taitila Until 4:42AM Tue Panchami Until 6:33AM	Ganesha: Orange <i>Sunrise:</i> 7:35AM Muruqa: White <i>Sunset:</i> 4:28PM Nataraja: Yellow Moon – Light Blue Karttika-Aipasi
Sivaloka Day			

5	Tuesday, November 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau	Oslo, Norway
	Dhanus Rasi: 26.37 Tithi 7 684386154	Gulika 12:01PM – 1:07PM Yama 9:49AM – 10:55AM Rahu 2:13PM – 3:19PM	Sun 19 Sutra 203 Khara 5113 Moon 10 - Phase 27 3rd Phase
Creative Work Siddha Yoga Until 6:05AM then Prabalarishta Yoga Until 7.46PM then Amrita Yoga		Purvashadha* Until 6:05AM Dhriti Until 3:40PM Gara Until 5:34PM Saptami Until 5:34AM Wed	Ganesha: Clear <i>Sunrise:</i> 7:37AM Muruqa: White <i>Sunset:</i> 4:28PM Nataraja: Yellow Moon – Light Blue Karttika-Aipasi
Sivaloka Day			

	Wednesday, November 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau	Oslo, Norway
	Retreat Star Makara Rasi: 9.42 Tithi 8 684386154	Gulika 10:56AM – 12:01PM Yama 8:45AM – 9:51AM Rahu 12:01PM – 1:06PM	Sun 20 Sutra 204 Khara 5113 Moon 10 - Phase 27 Ashtami
Creative Work Amrita Yoga Until 6:33AM then Siddha Yoga		Uttarashadha Until 6:33AM Shula* Until 2:24PM Visti Until 5:25PM Ashtami* Until 6:02AM Thu	Ganesha: Clear <i>Sunrise:</i> 7:40AM Muruqa: White <i>Sunset:</i> 4:22PM Nataraja: Yellow Moon – Light Blue Karttika-Aipasi
Sivaloka Day			

	Thursday, November 3, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Sravana/Dhanishtha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Oslo, Norway
	Retreat Star Makara Rasi: 22.23 Tithi 8 – 9 694386154	Gulika 9:52AM – 10:56AM Yama 7:42AM – 8:47AM Rahu 1:06PM – 2:11PM	Sun 21 Sutra 205 Khara 5113 Moon 10 - Phase 27 Navami
Creative Work Siddha Yoga		Sravana Until 7:53AM Ganda* Until 2:22PM Balava Until 7:07PM Ashtami* Until 6:02AM	Ganesha: White <i>Sunrise:</i> 7:42AM Muruqa: White <i>Sunset:</i> 4:20PM Nataraja: Yellow Moon – Purple Karttika-Aipasi
Devaloka Day			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

1	Friday, November 4, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau			Oslo, Norway
	Kumbha Rasi: 4.47 Tithi 9 – 10 694386154	Gulika 8:49AM – 9:53AM Yama 2:09PM – 3:13PM Rahu 10:57AM – 12:01PM	Dhanishtha Until 9:45AM Vriddhi Until 2:15PM Taitila Until 8:27PM Navami* Until 7:21AM	Ganesha: White <i>Sunrise:</i> 7:45AM Muruqa: White <i>Sunset:</i> 4:17PM Nataraja: Yellow Moon – Purple Karttika-Aipasi	Sun 22 Sutra 206 Khara 5113 Moon 10 - Phase 28 4th Phase Devaloka Day
Creative Work Siddha Yoga Until 7.46PM then Amrita Yoga					

2	Saturday, November 5, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau			Oslo, Norway
	Kumbha Rasi: 16.58 Tithi 10 – 11 694386154	Gulika 7:47AM – 8:51AM Yama 1:05PM – 2:08PM Rahu 9:54AM – 10:58AM	Satabhisha Until 12:05PM Dhruva Until 2:33PM Vanija Until 10:15PM Dasami Until 9:10AM	Ganesha: White <i>Sunrise:</i> 7:47AM Muruqa: White <i>Sunset:</i> 4:15PM Nataraja: Yellow Moon – Purple Karttika-Aipasi	Sun 23 Sutra 207 Khara 5113 Moon 10 - Phase 28 4th Phase Devaloka Day
Creative Work Amrita Yoga Until 12:05PM then Siddha Yoga					

3	Sunday, November 6, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau			Oslo, Norway
	Kumbha Rasi: 28.59 Tithi 11 – 12 614386154	Gulika 2:07PM – 3:10PM Yama 12:01PM – 1:04PM Rahu 3:10PM – 4:13PM	Purvaprostapada* Until 2:43PM Vyaghata* Until 3:08PM Bava Until 12:24AM Mon Ekadasi Until 11:19AM	Ganesha: Blue <i>Sunrise:</i> 7:50AM Muruqa: White <i>Sunset:</i> 4:13PM Nataraja: Yellow Moon – Clear Karttika-Aipasi	Sun 24 Sutra 208 Khara 5113 Moon 10 - Phase 28 4th Phase Devaloka Day
Creative Work Siddha Yoga Until 2:43PM then Amrita Yoga Until 7.46PM then Siddha Yoga					

4	Monday, November 7, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprostapada*/Revall Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau			Oslo, Norway
	Meena Rasi: 10.54 Tithi 12 – 13 Family Home Evening 714386154	Gulika 1:04PM – 2:06PM Yama 10:59AM – 12:01PM Rahu 8:55AM – 9:57AM	Uttaraprostapada Until 5:32PM Harshana Until 3:53PM Kaulava Until 2:46AM Tue Dvadasi Until 1:41PM <i>Pradosha Vrata</i>	Ganesha: Red <i>Sunrise:</i> 7:52AM Muruqa: White <i>Sunset:</i> 4:10PM Nataraja: Yellow Moon – Clear Karttika-Aipasi	Sun 25 Sutra 209 Khara 5113 Moon 10 - Phase 28 4th Phase Sivaloka Day
Creative Work Siddha Yoga					

5	Tuesday, November 8, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodasi*/Chaturdasi* Yam Titau			Oslo, Norway
	Meena Rasi: 22.46 Tithi 13 – 14 714386154	Gulika 12:01PM – 1:03PM Yama 9:58AM – 11:00AM Rahu 2:05PM – 3:06PM	Revati Until 8:28PM Vajra* Until 4:44PM Gara Until 5:14AM Wed Trayodasi Until 4:09PM	Ganesha: Red <i>Sunrise:</i> 7:55AM Muruqa: White <i>Sunset:</i> 4:08PM Nataraja: Yellow Moon – Clear Karttika-Aipasi	Sun 26 Sutra 210 Khara 5113 Moon 10 - Phase 28 4th Phase Sivaloka Day
Creative Work Siddha Yoga Until 7.46PM then Marana Yoga					

6	Wednesday, November 9, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Asvini Nakshatra Siddhi/Vyatipata* Yoga Vanija Karana Chaturdasi* Yam Titau			Oslo, Norway
	Mesha Rasi: 4.37 Tithi 14 724386154	Gulika 11:00AM – 12:01PM Yama 8:58AM – 9:59AM Rahu 12:01PM – 1:02PM	Asvini Until 11:25PM Siddhi Until 5:37PM Vanija Until 7:45AM Thu Chaturdasi* Until 6:39PM	Ganesha: Blue <i>Sunrise:</i> 7:57AM Muruqa: White <i>Sunset:</i> 4:05PM Nataraja: Yellow Moon – White Karttika-Aipasi	Sun 27 Sutra 211 Khara 5113 Moon 10 - Phase 28 4th Phase Devaloka Day
Routine Work Marana Yoga Until 7.46PM then Amrita Yoga Until 11:25PM then Siddha Yoga					

○	Thursday, November 10, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnima* Yam Titau			Oslo, Norway
	Mesha Rasi: 16.29 Tithi 15 724386154	Gulika 10:01AM – 11:01AM Yama 8:00AM – 9:00AM Rahu 1:02PM – 2:02PM	Bharani Until 2:21AM Fri Vyatipata* Until 6:27PM Visti Until 8:02AM Purnima* Until 9:08PM	Ganesha: Blue <i>Sunrise:</i> 8:00AM Muruqa: White <i>Sunset:</i> 4:03PM Nataraja: Yellow Moon – White Karttika-Aipasi	Sun 28 Sutra 212 Khara 5113 Moon 10 - Phase 28 Purnima Devaloka Day
Creative Work Siddha Yoga					

○	Friday, November 11, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau			Oslo, Norway
	Mesha Rasi: 28.25 Tithi 16 724386154	Gulika 9:02AM – 10:02AM Yama 2:01PM – 3:01PM Rahu 11:02AM – 12:02PM	Krittika Until 5:11AM Sat Variyan Until 7:13PM Balava Until 10:24AM Prathama* Until 11:30PM	Ganesha: Blue <i>Sunrise:</i> 8:02AM Muruqa: White <i>Sunset:</i> 4:01PM Nataraja: Yellow Moon – White Karttika-Aipasi	Sun 29 Sutra 213 Khara 5113 Moon 10 - Phase 28 Prathama Devaloka Day
Creative Work Siddha Yoga Until 7.46PM then Amrita Yoga					



Saturday, November 12, 2011
Gold Retreat Star

Wrishabha Rasi: 10.25 Tithi 17
735486154
Creative Work Amrita Yoga
Until 7.46PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Parigha* Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 8:05AM – 9:04AM **Rohini Until 7:38AM Sun**
Yama 1:01PM – 2:00PM Parigha* Until 7:49PM
Rahu 10:03AM – 11:03AM Taitila Until 12:36PM
Dvitiya Until 1:42AM Sun

Oslo, Norway
Sun 1 Sutra 214
Khara 5113
Moon 11 - Phase 29
1st Phase
Sivaloka Day
Ganesha: Red *Sunrise: 8:05AM*
Muruqa: White *Sunset: 3:59PM*
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

1

Sunday, November 13, 2011

Wrishabha Rasi: 22.31 Tithi 18
735486154
Creative Work Siddha Yoga
Until 7.46PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigasira Nakshatra Shiva Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 1:59PM – 2:58PM **Rohini Until 7:38AM**
Yama 12:02PM – 1:01PM Shiva Until 8:13PM
Rahu 2:58PM – 3:56PM Vanija Until 2:34PM
Tritiya Until 3:39AM Mon

Oslo, Norway
Sun 2 Sutra 215
Khara 5113
Moon 11 - Phase 29
1st Phase
Sivaloka Day
Ganesha: Yellow *Sunrise: 8:07AM*
Muruqa: White *Sunset: 3:56PM*
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

2

Monday, November 14, 2011

Mithuna Rasi: 4.47 Tithi 19
735486154
Family Home Evening
Creative Work Amrita Yoga
Until 9:47AM then Siddha Yoga
Until 7.47PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigasira/Ardra Nakshatra Siddha Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 1:00PM – 1:58PM **Mrigasira Until 9:47AM**
Yama 11:04AM – 12:02PM Siddha Until 8:21PM
Rahu 9:08AM – 10:06AM Bava Until 4:12PM
Chaturthi* Until 5:17AM Tue

Oslo, Norway
Sun 3 Sutra 216
Khara 5113
Moon 11 - Phase 29
1st Phase
Sivaloka Day
Ganesha: Yellow *Sunrise: 8:10AM*
Muruqa: White *Sunset: 3:54PM*
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

3

Tuesday, November 15, 2011

Mithuna Rasi: 17.13 Tithi 20
735486154
Routine Work Marana Yoga
Until 11:08AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 12:02PM – 1:00PM **Ardra Until 11:08AM**
Yama 10:07AM – 11:05AM Sadhya Until 7:07PM
Rahu 1:57PM – 2:55PM Kaulava Until 4:28PM
Panchami Until 4:28AM Wed

Oslo, Norway
Sun 4 Sutra 217
Khara 5113
Moon 11 - Phase 29
1st Phase
Sivaloka Day
Ganesha: Yellow *Sunrise: 8:12AM*
Muruqa: White *Sunset: 3:52PM*
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

4

Wednesday, November 16, 2011

Mithuna Rasi: 29.54 Tithi 21
745486154
Creative Work Siddha Yoga
Until 7.47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 11:05AM – 12:02PM **Punarvasu Until 12:20PM**
Yama 9:12AM – 10:09AM Subha Until 6:31PM
Rahu 12:02PM – 12:59PM Gara Until 5:07PM
Shasthi* Until 5:07AM Thu

Oslo, Norway
Sun 5 Sutra 218
Khara 5113
Moon 11 - Phase 29
1st Phase
Devaloka Day
Ganesha: White *Sunrise: 8:15AM*
Muruqa: White *Sunset: 3:50PM*
Nataraja: Yellow
Moon – Blue
Karttika•Karttikai

5

Thursday, November 17, 2011

Kataka Rasi: 12.52 Tithi 22
745486155
Creative Work Amrita Yoga
Until 1:01PM then Siddha Yoga
Until 7.47PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Aslesha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 10:10AM – 11:06AM **Pushya Until 1:01PM**
Yama 8:17AM – 9:14AM Sukla Until 5:26PM
Rahu 12:59PM – 1:55PM Visti Until 5:13PM
Saptami Until 5:13AM Fri

Oslo, Norway
Sun 6 Sutra 219
Khara 5113
Moon 11 - Phase 29
1st Phase
Devaloka Day
Ganesha: White *Sunrise: 8:17AM*
Muruqa: White *Sunset: 3:48PM*
Nataraja: Red
Moon – Blue
Karttika•Karttikai

Retreat Star

Friday, November 18, 2011

Kataka Rasi: 26.09 Tithi 23
745486155
Routine Work Marana Yoga
Until 7.47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Aslesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 9:15AM – 10:11AM **Aslesha* Until 12:36PM**
Yama 1:54PM – 2:50PM Brahma Until 3:08PM
Rahu 11:07AM – 12:03PM Balava Until 3:50PM
Ashtami* Until 2:55AM Sat

Oslo, Norway
Sun 7 Sutra 220
Khara 5113
Moon 11 - Phase 29
Ashtami
Devaloka Day
Ganesha: White *Sunrise: 8:20AM*
Muruqa: White *Sunset: 3:46PM*
Nataraja: Red
Moon – Blue
Karttika•Karttikai


Saturday, November 19, 2011
Retreat Star

Simha Rasi: 9.48 Tithi 24
755486155
Creative Work Amrita Yoga
Until 12:03PM then Marana Yoga
Until 7.47PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 8:22AM – 9:17AM **Magha* Until 12:03PM**
Yama 12:58PM – 1:54PM Indra Until 1:00PM
Rahu 10:12AM – 11:08AM Taitila Until 2:39PM
Navami* Until 1:44AM Sun

Oslo, Norway
Sun 8 Sutra 221
Khara 5113
Moon 11 - Phase 29
Navami
Sivaloka Day
Ganesha: Clear *Sunrise: 8:22AM*
Muruqa: White *Sunset: 3:44PM*
Nataraja: Red
Moon – Red
Karttika•Karttikai

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140

1	Sunday, November 20, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Dasami Yam Titau				Oslo, Norway
	Simha Rasi: 23.5 Tithi 25 755486155	Gulika 1:53PM – 2:47PM Yama 12:03PM – 12:58PM Rahu 2:47PM – 3:42PM	Purvaphalguni* Until 10:52AM Vaidhriti* Until 10:17AM Vanija Until 12:47PM Dasami Until 11:51PM	Ganesha: Clear Muruqa: White Nataraja: Red Moon – Red Karttika•Karttikai	<i>Sunrise:</i> 8:24AM <i>Sunset:</i> 3:42PM	Sun 9 Sutra 222 Khara 5113 Moon 11 - Phase 30 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga Until 10:52AM then Amrita Yoga Until 7.48PM then Marana Yoga					
2	Monday, November 21, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadasi* Yam Titau				Oslo, Norway
	Kanya Rasi: 8.13 Tithi 26 Family Home Evening 755486155	Gulika 12:58PM – 1:52PM Yama 11:09AM – 12:04PM Rahu 9:21AM – 10:15AM	Uttaraphalguni Until 8:51AM Vishkambha* Until 6:55AM Bava Until 9:56AM Ekadasi* Until 8:13PM	Ganesha: Clear Muruqa: White Nataraja: Red Moon – Red Karttika•Karttikai	<i>Sunrise:</i> 8:27AM <i>Sunset:</i> 3:40PM	Sun 10 Sutra 223 Khara 5113 Moon 11 - Phase 30 2nd Phase Sivaloka Day
	Routine Work Marana Yoga Until 8:51AM then Siddha Yoga					
3	Tuesday, November 22, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Gara Karana Dvadasi*/Trayodasi* Yam Titau				Oslo, Norway
	Kanya Rasi: 22.55 Tithi 27 – 28 766486155	Gulika 12:04PM – 12:57PM Yama 10:16AM – 11:10AM Rahu 1:51PM – 2:45PM	Hasta Until 6:40AM Ayushman Until 11:21PM Kaulava Until 7:02AM Dvadasi* Until 5:19PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple Muruqa: White Nataraja: Red Moon – Green Karttika•Karttikai	<i>Sunrise:</i> 8:29AM <i>Sunset:</i> 3:39PM	Sun 11 Sutra 224 Khara 5113 Moon 11 - Phase 30 2nd Phase Devaloka Day
	Creative Work Siddha Yoga					
4	Wednesday, November 23, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau				Oslo, Norway
	Tula Rasi: 7.5 Tithi 28 – 29 766486155	Gulika 11:11AM – 12:04PM Yama 9:25AM – 10:18AM Rahu 12:04PM – 12:57PM	Svati Until 1:28AM Thu Saubhagya Until 7:28PM Visti Until 12:20AM Thu Trayodasi* Until 2:02PM	Ganesha: Clear Muruqa: White Nataraja: Red Moon – Green Karttika•Karttikai	<i>Sunrise:</i> 8:31AM <i>Sunset:</i> 3:37PM	Sun 12 Sutra 225 Khara 5113 Moon 11 - Phase 30 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga Until 7.48PM then Amrita Yoga Until 1:28AM Thu then Siddha Yoga					
	Thursday, November 24, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Visakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Oslo, Norway
	Retreat Star Tula Rasi: 22.51 Tithi 29 – 30 776486155	Gulika 10:19AM – 11:12AM Yama 8:34AM – 9:26AM Rahu 12:57PM – 1:50PM	Visakha Until 10:46PM Sobhana Until 3:25PM Catuspada Until 8:53PM Chaturdasi* Until 10:36AM	Ganesha: Orange Muruqa: White Nataraja: Red Moon – Orange Karttika•Karttikai	<i>Sunrise:</i> 8:34AM <i>Sunset:</i> 3:35PM	Sun 13 Sutra 226 Khara 5113 Moon 11 - Phase 30 Amavasya Sivaloka Day
	Creative Work Siddha Yoga Until 7.49PM then Marana Yoga Until 10:46PM then Siddha Yoga					
	Friday, November 25, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Bava Karana Amavasya*/Prathama* Yam Titau				Oslo, Norway
	Retreat Star Vrischika Rasi: 7.5 Tithi 30 – 1 776486155	Gulika 9:28AM – 10:20AM Yama 1:49PM – 2:41PM Rahu 11:12AM – 12:05PM	Anuradha Until 8:08PM Athiganda* Until 11:26AM Bava Until 3:48AM Sat Amavasya* Until 7:14AM	Ganesha: Orange Muruqa: White Nataraja: Red Moon – Orange Margasira•Karttikai	<i>Sunrise:</i> 8:36AM <i>Sunset:</i> 3:33PM	Sun 14 Sutra 227 Khara 5113 Moon 11 - Phase 30 Prathama Sivaloka Day
	Creative Work Siddha Yoga					

1	Saturday, November 26, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam		Oslo, Norway
			Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Sun 15 Sutra 228 Khara 5113
Vrischika Rasi: 22.37	Tithi 2	776486155	Gulika 8:38AM – 9:30AM Yama 12:57PM – 1:48PM Rahu 10:22AM – 11:13AM	Jyeshtha* Until 6:39PM Sukarma Until 7:51AM Balava Until 3:07PM Dvitiya Until 2:12AM Sun	Ganesha: Orange <i>Sunrise:</i> 8:38AM Muruqa: White <i>Sunset:</i> 3:32PM Nataraja: Red Moon – Orange Margasira-Karttikai
Creative Work Siddha Yoga Until 7.49PM then Amrita Yoga					Sivaloka Day


2	Sunday, November 27, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam		Oslo, Norway
			Mula*/Purvashadha* Nakshatra Shula* Yoga Taitila/Gara Karana Tritiya Yam Titau		Sun 16 Sutra 229 Khara 5113
Dhanus Rasi: 7.06	Tithi 3	786486155	Gulika 1:48PM – 2:39PM Yama 12:05PM – 12:57PM Rahu 2:39PM – 3:30PM	Mula* Until 4:41PM Shula* Until 1:43AM Mon Taitila Until 12:24PM Tritiya Until 11:28PM	Ganesha: Clear <i>Sunrise:</i> 8:40AM Muruqa: White <i>Sunset:</i> 3:30PM Nataraja: Red Moon – Light Blue Margasira-Karttikai
Creative Work Amrita Yoga Until 4:41PM then Siddha Yoga Until 7.50PM then Marana Yoga					Sivaloka Day


3	Monday, November 28, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam		Oslo, Norway
			Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Vanija/Visti* Karana Chalurthi* Yam Titau		Sun 17 Sutra 230 Khara 5113
Dhanus Rasi: 21.11	Tithi 4	786486155	Gulika 12:56PM – 1:47PM Yama 11:15AM – 12:06PM Rahu 9:33AM – 10:24AM	Purvashadha* Until 3:23PM Ganda* Until 10:54PM Vanija Until 10:25AM Chaturthi* Until 9:29PM	Ganesha: Clear <i>Sunrise:</i> 8:42AM Muruqa: White <i>Sunset:</i> 3:29PM Nataraja: Red Moon – Light Blue Margasira-Karttikai
Family Home Evening Routine Work Marana Yoga Until 7.50PM then Prabalarishtha Yoga					Sivaloka Day

4	Tuesday, November 29, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam		Oslo, Norway
			Uttarashadha*/Sraavana Nakshatra Vriddhi Yoga Bava/Balava Karana Panchami Yam Titau		Sun 18 Sutra 231 Khara 5113
Makara Rasi: 4.5	Tithi 5	786486155	Gulika 12:06PM – 12:56PM Yama 10:25AM – 11:16AM Rahu 1:47PM – 2:37PM	Uttarashadha Until 3:31PM Vriddhi Until 9:49PM Bava Until 9:30AM Panchami Until 9:30PM	Ganesha: Clear <i>Sunrise:</i> 8:44AM Muruqa: White <i>Sunset:</i> 3:28PM Nataraja: Red Moon – Light Blue Margasira-Karttikai
Routine Work Prabalarishtha Yoga Until 3:31PM then Siddha Yoga					Sivaloka Day

5	Wednesday, November 30, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam		Oslo, Norway
			Sraavana/Dhanishtha Nakshatra Dhruva Yoga Kaulava/Taitila Karana Shasthi* Yam Titau		Sun 19 Sutra 232 Khara 5113
Makara Rasi: 18.03	Tithi 6	797486155	Gulika 11:16AM – 12:06PM Yama 9:37AM – 10:26AM Rahu 12:06PM – 12:56PM	Sraavana Until 3:45PM Dhruva Until 8:18PM Kaulava Until 9:07AM Shasthi* Until 9:07PM	Ganesha: Clear <i>Sunrise:</i> 8:47AM Muruqa: White <i>Sunset:</i> 3:26PM Nataraja: Red Moon – Purple Margasira-Karttikai
Creative Work Siddha Yoga Until 3:45PM then Prabalarishtha Yoga Until 7.51PM then Siddha Yoga					Sivaloka Day

6	Thursday, December 1, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam		Oslo, Norway
			Dhanishtha/Satabhisha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptami Yam Titau		Sun 20 Sutra 233 Khara 5113
Kumbha Rasi: 0.51	Tithi 7	797486155	Gulika 10:28AM – 11:17AM Yama 8:49AM – 9:38AM Rahu 12:56PM – 1:46PM	Dhanishtha Until 5:37PM Vyaghata* Until 8:30PM Gara Until 9:51AM Saptami Until 10:57PM	Ganesha: Clear <i>Sunrise:</i> 8:49AM Muruqa: White <i>Sunset:</i> 3:25PM Nataraja: Red Moon – Purple Margasira-Karttikai
Creative Work Siddha Yoga Until 5:37PM then Marana Yoga Until 7.51PM then Siddha Yoga					Sivaloka Day

	Friday, December 2, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam		Oslo, Norway
	Retreat Star		Satabhisha Nakshatra Harshana Yoga Visti*/Bava Karana Ashtami* Yam Titau		Sun 21 Sutra 234 Khara 5113
Kumbha Rasi: 13.19	Tithi 8	797486155	Gulika 9:40AM – 10:29AM Yama 1:45PM – 2:35PM Rahu 11:18AM – 12:07PM	Satabhisha Until 7:22PM Harshana Until 8:15PM Visti Until 11:03AM Ashtami* Until 12:09AM Sat	Ganesha: Clear <i>Sunrise:</i> 8:51AM Muruqa: White <i>Sunset:</i> 3:24PM Nataraja: Red Moon – Purple Margasira-Karttikai
Creative Work Siddha Yoga					Sivaloka Day

	Saturday, December 3, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam		Oslo, Norway
	Retreat Star		Purvaprostapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navami* Yam Titau		Sun 22 Sutra 235 Khara 5113
Kumbha Rasi: 25.31	Tithi 9	717486155	Gulika 8:52AM – 9:41AM Yama 12:56PM – 1:45PM Rahu 10:30AM – 11:19AM	Purvaprostapada* Until 9:39PM Vajra* Until 8:28PM Balava Until 12:51PM Navami* Until 1:56AM Sun	Ganesha: Yellow <i>Sunrise:</i> 8:52AM Muruqa: White <i>Sunset:</i> 3:23PM Nataraja: Red Moon – Clear Margasira-Karttikai
Creative Work Siddha Yoga Until 9:39PM then Amrita Yoga					Sivaloka Day

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM

1	Sunday, December 4, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada Nakshatra Siddhi Yoga Tailila/Gara Karana Dasami Yam Titau	Oslo, Norway
	Meena Rasi: 7.31 Tithi 10 717486155	Gulika 1:45PM – 2:33PM Yama 12:08PM – 12:56PM Rahu 2:33PM – 3:22PM	Sun 23 Sutra 236 Khara 5113 Moon 11 - Phase 32 4th Phase
Creative Work Amrita Yoga Until 7.52PM then Siddha Yoga		Uttaraprostapada Until 12:18AM Mon Siddhi Until 9:03PM Taitila Until 3:02PM Dasami Until 4:08AM Mon	Ganesha: Yellow <i>Sunrise:</i> 8:54AM Muruqa: White <i>Sunset:</i> 3:22PM Nataraja: Red Moon – Clear Margasira-Karttikai
			Sivaloka Day

2	Monday, December 5, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Oslo, Norway
	Meena Rasi: 19.25 Tithi 11 Family Home Evening 717496155	Gulika 12:56PM – 1:45PM Yama 11:20AM – 12:08PM Rahu 9:44AM – 10:32AM	Sun 24 Sutra 237 Khara 5113 Moon 11 - Phase 32 4th Phase
Creative Work Siddha Yoga		Revati Until 3:11AM Tue Vyatipata* Until 9:50PM Vanija Until 5:29PM Ekadasi Until 6:58AM Tue	Ganesha: Yellow <i>Sunrise:</i> 8:56AM Muruqa: Clear <i>Sunset:</i> 3:21PM Nataraja: Red Moon – Clear Margasira-Karttikai
			Devaloka Day

3	Tuesday, December 6, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini Nakshatra Variyan Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Oslo, Norway
	Mesha Rasi: 1.15 Tithi 11 – 12 727496155	Gulika 12:09PM – 12:57PM Yama 10:33AM – 11:21AM Rahu 1:44PM – 2:32PM	Sun 25 Sutra 238 Khara 5113 Moon 11 - Phase 32 4th Phase
Creative Work Siddha Yoga Until 7.53PM then Marana Yoga		Asvini Until 6:27AM Wed Variyan Until 10:43PM Bava Until 8:03PM Ekadasi Until 6:58AM	Ganesha: White <i>Sunrise:</i> 8:58AM Muruqa: Clear <i>Sunset:</i> 3:20PM Nataraja: Red Moon – White Margasira-Karttikai
			Bhuloka Day Devaloka Time: 3:PM to 6:PM

4	Wednesday, December 7, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Asvini/Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Oslo, Norway
	Mesha Rasi: 13.06 Tithi 12 – 13 728496155	Gulika 11:22AM – 12:09PM Yama 9:47AM – 10:34AM Rahu 12:09PM – 12:57PM	Sun 26 Sutra 239 Khara 5113 Moon 11 - Phase 32 4th Phase
Routine Work Marana Yoga Until 7.53PM then Siddha Yoga		Asvini Until 6:27AM Parigha* Until 11:35PM Kaulava Until 10:35PM Dvadasi Until 9:30AM <i>Pradosha Vrata</i>	Ganesha: Clear <i>Sunrise:</i> 9:00AM Muruqa: Clear <i>Sunset:</i> 3:19PM Nataraja: Red Moon – White Margasira-Karttikai
			Devaloka Day

5	Thursday, December 8, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Oslo, Norway
	Mesha Rasi: 25.01 Tithi 13 – 14 728596155	Gulika 10:35AM – 11:23AM Yama 9:01AM – 9:48AM Rahu 12:57PM – 1:44PM	Sun 27 Sutra 240 Khara 5113 Moon 11 - Phase 32 4th Phase
Creative Work Siddha Yoga Until 9:18AM then Marana Yoga Until 7.54PM then Siddha Yoga		Bharani Until 9:18AM Shiva Until 12:19AM Fri Gara Until 12:59AM Fri Trayodasi Until 11:54AM	Ganesha: White <i>Sunrise:</i> 9:01AM Muruqa: Clear <i>Sunset:</i> 3:18PM Nataraja: Red Moon – White Margasira-Karttikai
		Krittika Deepam	Bhuloka Day Devaloka Time: 3:PM to 6:PM

○	Friday, December 9, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Oslo, Norway
	Copper Retreat Star Vrishabha Rasi: 7.03 Tithi 14 – 15 728596155	Gulika 9:50AM – 10:36AM Yama 1:44PM – 2:31PM Rahu 11:23AM – 12:10PM	Sun 28 Sutra 241 Khara 5113 Moon 11 - Phase 32 Purnima
Creative Work Siddha Yoga Until 11:54AM then Marana Yoga Until 7.54PM then Amrita Yoga		Krittika Until 11:54AM Siddha Until 12:52AM Sat Visti Until 3:09AM Sat Chaturdasi* Until 2:03PM	Ganesha: White <i>Sunrise:</i> 9:03AM Muruqa: Clear <i>Sunset:</i> 3:18PM Nataraja: Red Moon – White Margasira-Karttikai
		Sivalaya Deepam	Bhuloka Day Devaloka Time: 3:PM to 6:PM

○	Saturday, December 10, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mantla Vasara Yuktayam Rohini/Mrigasira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Oslo, Norway
	Silver Retreat Star Vrishabha Rasi: 19.13 Tithi 15 – 16 738596155	Gulika 9:04AM – 9:51AM Yama 12:57PM – 1:44PM Rahu 10:37AM – 11:24AM	Sun 29 Sutra 242 Khara 5113 Moon 11 - Phase 32 Prathama
Creative Work Amrita Yoga Until 2:13PM then Siddha Yoga		Rohini Until 2:13PM Sadhya Until 1:07AM Sun Balava Until 4:59AM Sun Purnima* Until 3:53PM	Ganesha: Clear <i>Sunrise:</i> 9:04AM Muruqa: Clear <i>Sunset:</i> 3:17PM Nataraja: Red Moon – Yellow Margasira-Karttikai
		Vinayaga Viratam Begins	Devaloka Day

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Kṛṣṇa Yajur Veda, Kathau 2.2.12. UpR, 640



Sunday, December 11, 2011
Gold Retreat Star

Mithuna Rasi: 1.35 Tithi 16 – 17
738596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigasira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 1:44PM – 2:30PM
Yama 12:11PM – 12:57PM
Rahu 2:30PM – 3:17PM
Mrigasira Until 3:24PM
Subha Until 11:41PM
Taitila Until 4:23AM Mon
Prathama* Until 4:23PM

Ganesha: Clear *Sunrise: 9:06AM*
Muruqa: Clear *Sunset: 3:17PM*
Nataraja: Red
Moon – Yellow
Margasira-Karttikai

Oslo, Norway
Sun 1 Sutra 243
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day

1

Monday, December 12, 2011

Mithuna Rasi: 14.08 Tithi 17 – 18
Family Home Evening 738596155
Creative Work Siddha Yoga
Until 4:49PM then Amrita Yoga
Until 7:56PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 12:58PM – 1:44PM
Yama 11:25AM – 12:12PM
Rahu 9:53AM – 10:39AM
Ardra Until 4:49PM
Sukla Until 11:16PM
Vanija Until 5:18AM Tue
Dvitiya Until 5:18PM

Ganesha: Clear *Sunrise: 9:07AM*
Muruqa: Clear *Sunset: 3:16PM*
Nataraja: Red
Moon – Yellow
Margasira-Karttikai

Oslo, Norway
Sun 2 Sutra 244
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day

2

Tuesday, December 13, 2011

Mithuna Rasi: 26.55 Tithi 18 – 19
749596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 12:12PM – 12:58PM
Yama 10:40AM – 11:26AM
Rahu 1:44PM – 2:30PM
Punarvasu Until 5:52PM
Brahma Until 10:30PM
Bava Until 5:47AM Wed
Tritiya Until 5:47PM

Ganesha: Clear *Sunrise: 9:08AM*
Muruqa: Clear *Sunset: 3:16PM*
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Oslo, Norway
Sun 3 Sutra 245
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day

3

Wednesday, December 14, 2011

Kataka Rasi: 9.54 Tithi 19 – 20
749596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 11:27AM – 12:13PM
Yama 9:55AM – 10:41AM
Rahu 12:13PM – 12:58PM
Pushya Until 6:29PM
Indra Until 9:20PM
Kaulava Until 5:50AM Thu
Chaturthi* Until 5:50PM

Ganesha: Clear *Sunrise: 9:10AM*
Muruqa: Clear *Sunset: 3:16PM*
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Oslo, Norway
Sun 4 Sutra 246
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day

4

Thursday, December 15, 2011

Kataka Rasi: 23.07 Tithi 20 – 21
749596155
Creative Work Siddha Yoga
Until 6:42PM then Amrita Yoga
Until 7:57PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Aslesha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 10:42AM – 11:27AM
Yama 9:11AM – 9:56AM
Rahu 12:59PM – 1:44PM
Aslesha* Until 6:42PM
Vaidhriti* Until 7:48PM
Gara Until 5:26AM Fri
Panchami Until 5:26PM

Ganesha: Clear *Sunrise: 9:11AM*
Muruqa: Clear *Sunset: 3:15PM*
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Oslo, Norway
Sun 5 Sutra 247
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day

5

Friday, December 16, 2011

Simha Rasi: 6.34 Tithi 21 – 22
759596155
Routine Work Marana Yoga
Until 5:37PM then Siddha Yoga
Until 7:58PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 9:57AM – 10:43AM
Yama 1:45PM – 2:30PM
Rahu 11:28AM – 12:14PM
Magha* Until 5:37PM
Vishkambha* Until 5:04PM
Visti Until 2:51AM Sat
Shasthi* Until 3:47PM

Ganesha: White *Sunrise: 9:12AM*
Muruqa: Clear *Sunset: 3:15PM*
Nataraja: Red
Moon – Red
Margasira-Markali

Oslo, Norway
Sun 6 Sutra 248
Khara 5113
Moon 12 - Phase 33
1st Phase

Sivaloka Day



Saturday, December 17, 2011
Retreat Star

Simha Rasi: 20.14 Tithi 22 – 23
859596155
Routine Work Marana Yoga
Until 7:58PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni*/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlami* Yam Titau
Gulika 9:13AM – 9:58AM
Yama 12:59PM – 1:45PM
Rahu 10:43AM – 11:29AM
Purvaphalguni* Until 5:02PM
Priti Until 2:54PM
Balava Until 1:39AM Sun
Saptami Until 2:34PM

Ganesha: Clear *Sunrise: 9:13AM*
Muruqa: Clear *Sunset: 3:15PM*
Nataraja: Red
Moon – Red
Margasira-Markali

Oslo, Norway
Sun 7 Sutra 249
Khara 5113
Moon 12 - Phase 33
Ashtami

Devaloka Day

Sunday, December 18, 2011
Retreat Star

Kanya Rasi: 4.08 Tithi 23 – 24
859596155
Creative Work Amrita Yoga
Until 7:59PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni*/Hasta Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 1:45PM – 2:30PM
Yama 12:15PM – 1:00PM
Rahu 2:30PM – 3:16PM
Uttaraphalguni Until 4:04PM
Ayushman Until 12:22PM
Taitila Until 12:01AM Mon
Ashtami* Until 12:57PM

Ganesha: Clear *Sunrise: 9:14AM*
Muruqa: Clear *Sunset: 3:16PM*
Nataraja: Red
Moon – Red
Margasira-Markali

Oslo, Norway
Sun 8 Sutra 250
Khara 5113
Moon 12 - Phase 33
Navami

Devaloka Day

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishṇa Yajur Veda, Svetu 1.15. UpR, 718


1	Monday, December 19, 2011		Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau		Oslo, Norway
	Kanya Rasi: 18.15 Family Home Evening Creative Work Siddha Yoga Until 2:42PM then Prabalarishta Yoga Until 7.59PM then Siddha Yoga	Tithi 24 – 25 869596155	Gulika 1:00PM – 1:45PM Yama 11:30AM – 12:15PM Rahu 10:00AM – 10:45AM	Hasta Until 2:42PM Saubhagya Until 9:29AM Vanija Until 9:58PM Navami* Until 10:54AM	Ganesha: White <i>Sunrise:</i> 9:14AM Muruqa: Clear <i>Sunset:</i> 3:16PM Nataraja: Red Moon – Green Margasira-Markali

2	Tuesday, December 20, 2011		Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau		Oslo, Norway
	Tula Rasi: 2.35 Creative Work Siddha Yoga	Tithi 25 – 26 869596155	Gulika 12:16PM – 1:01PM Yama 10:45AM – 11:31AM Rahu 1:46PM – 2:31PM	Chitra Until 1:00PM Sobhana Until 6:14AM Bava Until 7:33PM Dasami Until 8:29AM	Ganesha: White <i>Sunrise:</i> 9:15AM Muruqa: Clear <i>Sunset:</i> 3:16PM Nataraja: Red Moon – Green Margasira-Markali

3	Wednesday, December 21, 2011		Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Visakha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau		Oslo, Norway
	Tula Rasi: 17.04 Creative Work Siddha Yoga	Tithi 27 861596155	Gulika 11:31AM – 12:16PM Yama 10:01AM – 10:46AM Rahu 12:16PM – 1:01PM	Svati Until 10:41AM Sukarma Until 10:59PM Kaulava Until 4:04PM Dvadasi* Until 2:21AM Thu	Ganesha: White <i>Sunrise:</i> 9:16AM Muruqa: Clear <i>Sunset:</i> 3:17PM Nataraja: Red Moon – Green Margasira-Markali

4	Thursday, December 22, 2011		Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Visakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Oslo, Norway
	Vrischika Rasi: 1.39 Creative Work Siddha Yoga	Tithi 28 871596155	Gulika 10:46AM – 11:32AM Yama 9:16AM – 10:01AM Rahu 1:02PM – 1:47PM	Visakha Until 8:41AM Dhriti Until 7:35PM Gara Until 1:23PM Trayodasi* Until 11:40PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Yellow <i>Sunrise:</i> 9:16AM Muruqa: Clear <i>Sunset:</i> 3:17PM Nataraja: Red Moon – Orange Margasira-Markali

5	Friday, December 23, 2011		Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Oslo, Norway
	Vrischika Rasi: 16.14 Creative Work Siddha Yoga Until 6:45AM then Prabalarishta Yoga Until 8.01PM then Siddha Yoga	Tithi 29 871596155	Gulika 10:02AM – 10:47AM Yama 1:47PM – 2:33PM Rahu 11:32AM – 12:17PM	Anuradha Until 6:45AM Shula* Until 4:51PM Visti Until 11:04AM Chaturdasi* Until 10:09PM	Ganesha: Yellow <i>Sunrise:</i> 9:17AM Muruqa: Clear <i>Sunset:</i> 3:18PM Nataraja: Red Moon – Orange Margasira-Markali

	Saturday, December 24, 2011		Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Oslo, Norway
	Dhanus Rasi: 0.43 Creative Work Siddha Yoga Until 8.02PM then Amrita Yoga Until 3:38AM Sun then Siddha Yoga	Tithi 30 881596155	Gulika 9:17AM – 10:02AM Yama 1:03PM – 1:48PM Rahu 10:47AM – 11:33AM	Mula* Until 3:38AM Sun Ganda* Until 1:24PM Catuspada Until 8:22AM Amavasya* Until 7:27PM	Ganesha: Red <i>Sunrise:</i> 9:17AM Muruqa: Clear <i>Sunset:</i> 3:18PM Nataraja: Red Moon – Light Blue Margasira-Markali

Retreat Star	Sunday, December 25, 2011		Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Kintughna*/Balava Karana Prathama*/Dvitiya Yam Titau		Oslo, Norway
	Dhanus Rasi: 14.59 Creative Work Siddha Yoga Until 8.02PM then Marana Yoga	Tithi 1 – 2 881596155	Gulika 1:49PM – 2:34PM Yama 12:18PM – 1:03PM Rahu 2:34PM – 3:19PM	Purvashadha* Until 2:01AM Mon Vridhhi Until 10:15AM Kintughna Until 6:03AM Prathama* Until 5:07PM	Ganesha: Red <i>Sunrise:</i> 9:17AM Muruqa: Clear <i>Sunset:</i> 3:19PM Nataraja: Red Moon – Light Blue Pausha-Markali

The soul is born and unfolds in a body with dreams and desires and the food of life. And then it is reborn in new bodies in accordance with its former works. The quality of the soul determines its future body; earthy or airy, heavy or light. Krishna Yajur Veda, Svetu 5.11–12. UpM, 94

1	Monday, December 26, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau				Oslo, Norway
	Dhanu Rasi: 28.59 Tithi 2 – 3 Family Home Evening 881596156 Routine Work Marana Yoga Until 8.03PM then Prabalarishta Yoga Until 12:54AM Tue then Siddha Yoga	Gulika 1:04PM – 1:49PM Yama 11:33AM – 12:19PM Rahu 10:03AM – 10:48AM	Uttarashadha Until 12:54AM Tue Dhruva Until 7:35AM Taitila Until 2:25AM Tue Dvitiya Until 3:20PM	Ganesha: Red <i>Sunrise:</i> 9:18AM Muruqa: Clear <i>Sunset:</i> 3:20PM Nataraja: Yellow Moon – Light Blue Pausha-Markali		Sun 16 Sutra 258 Khara 5113 Moon 12 - Phase 35 3rd Phase

2	Tuesday, December 27, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Sraavana Nakshatra Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau				Oslo, Norway
	Makara Rasi: 12.37 Tithi 3 – 4 Creative Work Siddha Yoga Until 1:48AM Wed then Prabalarishta Yoga	Gulika 12:19PM – 1:05PM Yama 10:48AM – 11:34AM Rahu 1:50PM – 2:35PM	Sraavana Until 1:48AM Wed Harshana Until 4:17AM Wed Vanija Until 2:53AM Wed Tritiya Until 2:53PM	Ganesha: Yellow <i>Sunrise:</i> 9:18AM Muruqa: Clear <i>Sunset:</i> 3:21PM Nataraja: Yellow Moon – Purple Pausha-Markali		Sun 17 Sutra 259 Khara 5113 Moon 12 - Phase 35 3rd Phase


3	Wednesday, December 28, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Oslo, Norway
	Makara Rasi: 25.52 Tithi 4 – 5 Routine Work Prabalarishta Yoga Until 8:04PM then Siddha Yoga Until 1:57AM Thu then Marana Yoga	Gulika 11:34AM – 12:20PM Yama 10:03AM – 10:49AM Rahu 12:20PM – 1:05PM	Dhanishtha Until 1:57AM Thu Vajra* Until 2:41AM Thu Bava Until 2:25AM Thu Chaturthi* Until 2:25PM	Ganesha: Yellow <i>Sunrise:</i> 9:18AM Muruqa: Clear <i>Sunset:</i> 3:22PM Nataraja: Yellow Moon – Purple Pausha-Markali		Sun 18 Sutra 260 Khara 5113 Moon 12 - Phase 35 3rd Phase

4	Thursday, December 29, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Oslo, Norway
	Kumbha Rasi: 8.44 Tithi 5 – 6 Routine Work Marana Yoga Until 8:04PM then Siddha Yoga	Gulika 10:49AM – 11:35AM Yama 9:18AM – 10:03AM Rahu 1:06PM – 1:52PM	Satabhisha Until 2:47AM Fri Siddhi Until 1:43AM Fri Kaulava Until 2:42AM Fri Panchami Until 2:42PM	Ganesha: Yellow <i>Sunrise:</i> 9:18AM Muruqa: Clear <i>Sunset:</i> 3:23PM Nataraja: Yellow Moon – Purple Pausha-Markali		Sun 19 Sutra 261 Khara 5113 Moon 12 - Phase 35 3rd Phase

5	Friday, December 30, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Oslo, Norway
	Kumbha Rasi: 21.17 Tithi 6 – 7 Creative Work Siddha Yoga	Gulika 10:03AM – 10:49AM Yama 1:52PM – 2:38PM Rahu 11:35AM – 12:21PM	Purvaprostapada* Until 6:07AM Sat Vyatipata* Until 2:49AM Sat Gara Until 5:39AM Sat Shasthi* Until 4:33PM	Ganesha: Yellow <i>Sunrise:</i> 9:17AM Muruqa: Clear <i>Sunset:</i> 3:24PM Nataraja: Yellow Moon – Clear Pausha-Markali		Sun 20 Sutra 262 Khara 5113 Moon 12 - Phase 35 3rd Phase

Vinayaga Viratam Ends

6	Saturday, December 31, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada Nakshatra Varyan Yoga Vanija Karana Saptami Yam Titau				Oslo, Norway
	Meena Rasi: 3.32 Tithi 7 Creative Work Siddha Yoga Until 8:05PM then Amrita Yoga	Gulika 9:17AM – 10:03AM Yama 1:07PM – 1:53PM Rahu 10:49AM – 11:35AM	Uttaraprostapada Until 8:12AM Sun Varyan Until 2:56AM Sun Vanija Until 7:19AM Sun Saptami Until 6:14PM	Ganesha: Blue <i>Sunrise:</i> 9:17AM Muruqa: Clear <i>Sunset:</i> 3:25PM Nataraja: Yellow Moon – Clear Pausha-Markali		Sun 21 Sutra 263 Khara 5113 Moon 12 - Phase 35 3rd Phase

	Sunday, January 1, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtami* Yam Titau				Oslo, Norway
	Meena Rasi: 15.34 Tithi 8 Creative Work Amrita Yoga Until 8:06PM then Siddha Yoga	Gulika 1:55PM – 2:42PM Yama 12:22PM – 1:09PM Rahu 2:42PM – 3:28PM	Uttaraprostapada Until 8:12AM Parigha* Until 3:27AM Mon Visti Until 7:17AM Ashtami* Until 8:22PM	Ganesha: Blue <i>Sunrise:</i> 9:16AM Muruqa: Clear <i>Sunset:</i> 3:28PM Nataraja: Yellow Moon – Clear Pausha-Markali		Sun 22 Sutra 264 Khara 5113 Moon 12 - Phase 35 Ashtami

Monday, January 2, 2012	Retreat Star	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Asvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navami* Yam Titau				Oslo, Norway
	Meena Rasi: 27.28 Tithi 9 Family Home Evening 812696156 Creative Work Siddha Yoga	Gulika 1:10PM – 1:56PM Yama 11:36AM – 12:23PM Rahu 10:03AM – 10:49AM	Revati Until 11:05AM Shiva Until 4:13AM Tue Balava Until 9:44AM Navami* Until 10:49PM	Ganesha: Yellow <i>Sunrise:</i> 9:16AM Muruqa: Clear <i>Sunset:</i> 3:30PM Nataraja: Yellow Moon – Clear Pausha-Markali		Sun 23 Sutra 265 Khara 5113 Moon 12 - Phase 35 Navami

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, 'Fear not.' Tirumurai 11. KD, 224

1	Tuesday, January 3, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini/Bharani Nakshatra Siddha Yoga Tailila/Gara Karana Dasami Yam Titau	Oslo, Norway
	Sun 24	Sutra 266	Khara 5113
Mesha Rasi: 9.18	Tithi 10	Gulika 12:23PM – 1:10PM	Asvini Until 2:05PM
822696156		Yama 10:49AM – 11:36AM	Siddha Until 5:06AM Wed
Creative Work Siddha Yoga		Rahu 1:57PM – 2:44PM	Tailila Until 12:19PM
Until 8.07PM then Marana Yoga			Dasami Until 1:24AM Wed
			Ganesha: White <i>Sunrise: 9:15AM</i>
			Muruqa: Clear <i>Sunset: 3:31PM</i>
			Nataraja: Yellow
			Moon – White
			Pausha-Markali
			Sivaloka Day

2	Wednesday, January 4, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Oslo, Norway
	Sun 25	Sutra 267	Khara 5113
Mesha Rasi: 21.09	Tithi 11	Gulika 11:36AM – 12:24PM	Bharani Until 5:02PM
822696156		Yama 10:02AM – 10:49AM	Sadhya Until 6:01AM Thu
Routine Work Marana Yoga		Rahu 12:24PM – 1:11PM	Vanija Until 2:51PM
Until 5:02PM then Amrita Yoga			Ekadasi Until 3:57AM Thu
Until 8.07PM then Marana Yoga		Vaikuntha Ekadasi	
			Ganesha: White <i>Sunrise: 9:15AM</i>
			Muruqa: Clear <i>Sunset: 3:33PM</i>
			Nataraja: Yellow
			Moon – White
			Pausha-Markali
			Sivaloka Day

3	Thursday, January 5, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvadasi Yam Titau	Oslo, Norway
	Sun 26	Sutra 268	Khara 5113
Mrishabha Rasi: 3.05	Tithi 12	Gulika 10:49AM – 11:37AM	Krittika Until 7:49PM
822696156		Yama 9:14AM – 10:01AM	Sadhya Until 6:01AM
Routine Work Marana Yoga		Rahu 1:12PM – 1:59PM	Bava Until 5:12PM
			Dvadasi Until 6:05AM Fri
		Subramuniyaswami Jayanti	
			Ganesha: White <i>Sunrise: 9:14AM</i>
			Muruqa: Clear <i>Sunset: 3:35PM</i>
			Nataraja: Yellow
			Moon – White
			Pausha-Markali
			Sivaloka Day

4	Friday, January 6, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Oslo, Norway
	Sun 27	Sutra 269	Khara 5113
Mrishabha Rasi: 15.13	Tithi 12 – 13	Gulika 10:01AM – 10:49AM	Rohini Until 10:15PM
832696156		Yama 2:00PM – 2:48PM	Subha Until 6:24AM
Routine Work Marana Yoga		Rahu 11:37AM – 12:25PM	Kaulava Until 7:11PM
Until 8.08PM then Amrita Yoga			Dvadasi Until 6:05AM
Until 10:15PM then Siddha Yoga			<i>Pradosha Vrata</i>
			Ganesha: Clear <i>Sunrise: 9:13AM</i>
			Muruqa: Clear <i>Sunset: 3:36PM</i>
			Nataraja: Yellow
			Moon – Yellow
			Pausha-Markali
			Devaloka Day

5	Saturday, January 7, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Oslo, Norway
	Sun 28	Sutra 270	Khara 5113
Mrishabha Rasi: 27.32	Tithi 13 – 14	Gulika 9:12AM – 10:00AM	Mrigasira Until 10:51PM
832696156		Yama 1:13PM – 2:02PM	Sukla Until 6:20AM
Creative Work Siddha Yoga		Rahu 10:49AM – 11:37AM	Gara Until 7:27PM
			Trayodasi Until 7:27AM
			Ganesha: Clear <i>Sunrise: 9:12AM</i>
			Muruqa: Clear <i>Sunset: 3:38PM</i>
			Nataraja: Yellow
			Moon – Yellow
			Pausha-Markali
			Devaloka Day

○	Sunday, January 8, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Indra Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Oslo, Norway
	Sun 29	Sutra 271	Khara 5113
Mithuna Rasi: 10.08	Tithi 14 – 15	Gulika 2:03PM – 2:51PM	Ardra Until 12:12AM Mon
832696156		Yama 12:26PM – 1:14PM	Indra Until 4:42AM Mon
Creative Work Siddha Yoga		Rahu 2:51PM – 3:40PM	Visti Until 8:18PM
Until 12:12AM Mon then Amrita Yoga			Chaturdasi* Until 8:18AM
		Tiruvembavai	
			Ganesha: Clear <i>Sunrise: 9:11AM</i>
			Muruqa: Clear <i>Sunset: 3:40PM</i>
			Nataraja: Yellow
			Moon – Yellow
			Pausha-Markali
			Devaloka Day

○	Monday, January 9, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Oslo, Norway
	Sun 30	Sutra 272	Khara 5113
Mithuna Rasi: 23.02	Tithi 15 – 16	Gulika 1:15PM – 2:04PM	Punarvasu Until 1:02AM Tue
842696156		Yama 11:37AM – 12:26PM	Vaidhriti* Until 3:43AM Tue
Family Home Evening		Rahu 9:59AM – 10:48AM	Balava Until 8:33PM
Creative Work Amrita Yoga			Purnima* Until 8:33AM
Until 8.09PM then Siddha Yoga			Ganesha: Purple <i>Sunrise: 9:10AM</i>
			Muruqa: Clear <i>Sunset: 3:42PM</i>
			Nataraja: Yellow
			Moon – Blue
			Pausha-Markali
			Sivaloka Day

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2. UpH,262



Tuesday, January 10, 2012
Gold Retreat Star

Kataka Rasi: 6.12 Tithi 16 – 17
842696156

Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Gulika 12:26PM – 1:16PM **Pushya Until 1:20AM Wed**
Yama 10:48AM – 11:37AM **Vishkambha* Until 2:15AM Wed**
Rahu 2:05PM – 2:55PM **Taitila Until 8:15PM**
Prathama* Until 8:15AM

Ganesha: Purple *Sunrise: 9:09AM*
Muruqa: Clear *Sunset: 3:44PM*
Nataraja: Yellow
Moon – Blue
Pausha-Markali

Oslo, Norway
Sutra 273
Khara 5113
Moon 13 - Phase 37
1st Phase

Sivaloka Day

1

Wednesday, January 11, 2012

Kataka Rasi: 19.38 Tithi 17 – 18
842696156

Creative Work Siddha Yoga
Until 11:47PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Aslesha* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 11:37AM – 12:27PM **Aslesha* Until 11:47PM**
Yama 9:57AM – 10:47AM **Priti Until 11:07PM**
Rahu 12:27PM – 1:17PM **Vanija Until 6:23PM**
Dvitiya Until 7:19AM

Ganesha: Purple *Sunrise: 9:08AM*
Muruqa: Clear *Sunset: 3:46PM*
Nataraja: Yellow
Moon – Blue
Pausha-Markali

Oslo, Norway
Sun 1 Sutra 274
Khara 5113
Moon 13 - Phase 37
1st Phase

Sivaloka Day

2

Thursday, January 12, 2012

Simha Rasi: 3.17 Tithi 18 – 19
852696156

Creative Work Amrita Yoga
Until 8.11PM then Marana Yoga
Until 11:14PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Visti*/Balava Karana Tritiya/Chaturthi* Yam Titau

Gulika 10:47AM – 11:37AM **Magha* Until 11:14PM**
Yama 9:06AM – 9:57AM **Ayushman Until 8:59PM**
Rahu 1:17PM – 2:08PM **Balava Until 4:18AM Fri**
Tritiya Until 6:09AM

Ganesha: Clear *Sunrise: 9:06AM*
Muruqa: Clear *Sunset: 3:48PM*
Nataraja: Yellow
Moon – Red
Pausha-Markali

Oslo, Norway
Sun 2 Sutra 275
Khara 5113
Moon 13 - Phase 37
1st Phase

Devaloka Day

3

Friday, January 13, 2012

Simha Rasi: 17.06 Tithi 20
852696156

Creative Work Siddha Yoga
Until 8.11PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchami Yam Titau

Gulika 9:56AM – 10:46AM **Purvaphalguni* Until 10:24PM**
Yama 2:09PM – 2:59PM **Saubhagya Until 6:34PM**
Rahu 11:37AM – 12:28PM **Kaulava Until 3:45PM**
Panchami Until 2:50AM Sat

Ganesha: Clear *Sunrise: 9:05AM*
Muruqa: Clear *Sunset: 3:50PM*
Nataraja: Yellow
Moon – Red
Pausha-Markali

Oslo, Norway
Sun 3 Sutra 276
Khara 5113
Moon 13 - Phase 37
1st Phase

Devaloka Day

4

Saturday, January 14, 2012

Kanya Rasi: 1.02 Tithi 21
853696156

Routine Work Marana Yoga
Until 8.11PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shasthi* Yam Titau

Gulika 9:04AM – 9:55AM **Uttaraphalguni Until 9:22PM**
Yama 1:19PM – 2:10PM **Sobhana Until 3:58PM**
Rahu 10:46AM – 11:37AM **Gara Until 2:03PM**
Thai Pongal **Shasthi* Until 1:08AM Sun**

Ganesha: Purple *Sunrise: 9:04AM*
Muruqa: Clear *Sunset: 3:52PM*
Nataraja: Yellow
Moon – Red
Pausha-Thai

Oslo, Norway
Sun 4 Sutra 277
Khara 5113
Moon 13 - Phase 37
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

5

Sunday, January 15, 2012

Kanya Rasi: 15.04 Tithi 22
863696156

Creative Work Amrita Yoga
Until 8.12PM then Siddha Yoga
Until 8:11PM then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptami Yam Titau

Gulika 2:11PM – 3:03PM **Hasta Until 8:11PM**
Yama 12:28PM – 1:20PM **Athiganda* Until 1:15PM**
Rahu 3:03PM – 3:55PM **Visti Until 12:12PM**
Saptami Until 11:17PM

Ganesha: Clear *Sunrise: 9:02AM*
Muruqa: Clear *Sunset: 3:55PM*
Nataraja: Yellow
Moon – Green
Pausha-Thai

Oslo, Norway
Sun 5 Sutra 278
Khara 5113
Moon 13 - Phase 37
1st Phase

Devaloka Day



Monday, January 16, 2012
Retreat Star

Kanya Rasi: 29.08 Tithi 23
Family Home Evening 863696156

Routine Work Prabalarishta Yoga
Until 6:55PM then Amrita Yoga
Until 8.12PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 1:21PM – 2:13PM **Chitra Until 6:55PM**
Yama 11:37AM – 12:29PM **Sukarma Until 10:26AM**
Rahu 9:53AM – 10:45AM **Balava Until 10:15AM**
Ashtami* Until 9:20PM

Ganesha: Clear *Sunrise: 9:01AM*
Muruqa: Clear *Sunset: 3:57PM*
Nataraja: Yellow
Moon – Green
Pausha-Thai

Oslo, Norway
Sun 6 Sutra 279
Khara 5113
Moon 13 - Phase 37
Ashtami

Devaloka Day

Tuesday, January 17, 2012
Retreat Star

Tula Rasi: 13.15 Tithi 24
863696156

Creative Work Siddha Yoga
Until 5:35PM then Marana Yoga
Until 8.12PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Visakha Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navami* Yam Titau

Gulika 12:29PM – 1:21PM **Svati Until 5:35PM**
Yama 10:44AM – 11:36AM **Dhriti Until 7:33AM**
Rahu 2:14PM – 3:07PM **Taitila Until 8:14AM**
Navami* Until 7:18PM

Ganesha: Clear *Sunrise: 8:59AM*
Muruqa: Clear *Sunset: 3:59PM*
Nataraja: Yellow
Moon – Green
Pausha-Thai

Oslo, Norway
Sun 7 Sutra 280
Khara 5113
Moon 13 - Phase 37
Navami

Devaloka Day

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada 13.A.5. MA, 289

1 Wednesday, January 18, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Oslo, Norway
 Visakha/Anuradha Nakshatra Ganda* Yoga Vanija/Bava Karana Dasami/Ekadasi* Yam Titau Sun 8 Sutra 281
 Khara 5113
 Tula Rasi: 27.23 Tithi 25 – 26 873696156 **Gulika** 11:36AM – 12:29PM **Visakha** Until 4:12PM **Ganesha:** White *Sunrise:* 8:57AM
Yama 9:50AM – 10:43AM Ganda* Until 1:58AM Thu **Muruqa:** Clear *Sunset:* 4:01PM Moon 13 - Phase 38
Rahu 12:29PM – 1:22PM Vanija Until 6:10AM **Nataraja:** Yellow
 Moon – Orange **Bhuloka Day**
 Creative Work Siddha Yoga **Dasami** Until 5:15PM **Pausha*Thai** Devaloka Time: 3:PM to 6:PM

2 Thursday, January 19, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Oslo, Norway
 Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau Sun 9 Sutra 282
 Khara 5113
 Vrischika Rasi: 11.31 Tithi 26 – 27 873696156 **Gulika** 10:43AM – 11:36AM **Anuradha** Until 2:50PM **Ganesha:** White *Sunrise:* 8:56AM
Yama 8:56AM – 9:49AM Vriddhi Until 11:04PM **Muruqa:** Clear *Sunset:* 4:04PM Moon 13 - Phase 38
Rahu 1:23PM – 2:17PM Kaulava Until 2:16AM Fri **Nataraja:** Yellow
 Moon – Orange **Bhuloka Day**
 Creative Work Siddha Yoga **Ekadasi*** Until 3:11PM **Pausha*Thai** Devaloka Time: 3:PM to 6:PM
 Until 8:13PM then Prabalarishtha Yoga

3 Friday, January 20, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Oslo, Norway
 Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau Sun 10 Sutra 283
 Khara 5113
 Vrischika Rasi: 25.37 Tithi 27 – 28 873696156 **Gulika** 9:48AM – 10:42AM **Jyeshtha*** Until 1:32PM **Ganesha:** White *Sunrise:* 8:54AM
Yama 2:18PM – 3:12PM Dhruva Until 8:13PM **Muruqa:** Clear *Sunset:* 4:06PM Moon 13 - Phase 38
Rahu 11:36AM – 12:30PM Gara Until 12:17AM Sat **Nataraja:** Yellow
 Moon – Orange **Bhuloka Day**
 Routine Work Prabalarishtha Yoga **Dvadasi*** Until 1:12PM **Pausha*Thai** Devaloka Time: 3:PM to 6:PM
 Until 1:32PM then no yoga *Pradosha Vrata (Fasting)*
 Until 8:13PM then Siddha Yoga

4 Saturday, January 21, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Oslo, Norway
 Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau Sun 11 Sutra 284
 Khara 5113
 Dhanus Rasi: 9.37 Tithi 28 – 29 883696156 **Gulika** 8:52AM – 9:47AM **Mula*** Until 12:22PM **Ganesha:** Green *Sunrise:* 8:52AM
Yama 1:25PM – 2:19PM Vyaghata* Until 5:30PM **Muruqa:** Clear *Sunset:* 4:08PM Moon 13 - Phase 38
Rahu 10:41AM – 11:36AM Visti Until 10:26PM **Nataraja:** Yellow
 Moon – Light Blue **Bhuloka Day**
 Creative Work Siddha Yoga **Trayodasi*** Until 11:22AM **Pausha*Thai** Devaloka Time: 3:PM to 6:PM
 Until 12:22PM then Marana Yoga
 Until 8:14PM then Siddha Yoga

Retreat Star Sunday, January 22, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Oslo, Norway
 Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau Sun 12 Sutra 285
 Khara 5113
 Dhanus Rasi: 23.29 Tithi 29 – 30 883696156 **Gulika** 2:21PM – 3:16PM **Purvashadha*** Until 11:27AM **Ganesha:** Green *Sunrise:* 8:50AM
Yama 12:30PM – 1:26PM Harshana Until 3:01PM **Muruqa:** Clear *Sunset:* 4:11PM Moon 13 - Phase 38
Rahu 3:16PM – 4:11PM Catuspada Until 8:52PM **Nataraja:** Yellow
 Moon – Light Blue **Bhuloka Day**
 Creative Work Siddha Yoga **Chaturdasi*** Until 9:47AM **Pausha*Thai** Devaloka Time: 3:PM to 6:PM
 Until 11:27AM then Amrita Yoga
 Until 8:14PM then Marana Yoga

Retreat Star Monday, January 23, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Oslo, Norway
 Uttarashadha*/Sravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau Sun 13 Sutra 286
 Khara 5113
 Makara Rasi: 7.1 Tithi 30 – 1 883696156 **Gulika** 1:26PM – 2:22PM **Uttarashadha** Until 11:14AM **Ganesha:** Green *Sunrise:* 8:48AM
Yama 11:35AM – 12:31PM Vajra* Until 1:20PM **Muruqa:** Clear *Sunset:* 4:13PM Moon 13 - Phase 38
Rahu 9:44AM – 10:39AM Kintughna Until 8:48PM **Nataraja:** Yellow
 Moon – Light Blue **Bhuloka Day**
 Family Home Evening **Amavasya*** Until 8:48AM **Magha*Thai** Devaloka Time: 3:PM to 6:PM
 Routine Work Marana Yoga
 Until 11:14AM then Amrita Yoga
 Until 8:14PM then Siddha Yoga

1	Tuesday, January 24, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama*/Dviliya Yam Titau				Oslo, Norway
	Makara Rasi: 20.35 Tithi 1 – 2	Gulika 12:31PM – 1:27PM	Sravana Until 11:05AM	Ganesha: White	<i>Sunrise:</i> 8:46AM	Sun 14 Sutra 287 Khara 5113
	893696156	Yama 10:39AM – 11:35AM	Siddhi Until 11:27AM	Muruqa: Clear	<i>Sunset:</i> 4:16PM	Moon 13 - Phase 39
		Rahu 2:23PM – 3:20PM	Balava Until 8:00PM	Nataraja: Yellow		3rd Phase
	Creative Work Siddha Yoga		Prathama* Until 8:00AM	Moon – Purple		
	Until 11:05AM then Marana Yoga			Magha*Thai		
	Until 8.14PM then Prabalarishta Yoga					Bhuloka Day Devaloka Time: 3:PM to 6:PM

2	Wednesday, January 25, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dviliya/Triliya Yam Titau				Oslo, Norway
	Kumbha Rasi: 3.42 Tithi 2 – 3	Gulika 11:34AM – 12:31PM	Dhanishtha Until 11:28AM	Ganesha: Green	<i>Sunrise:</i> 8:44AM	Sun 15 Sutra 288 Khara 5113
	993696156	Yama 9:41AM – 10:38AM	Vyatipata* Until 10:04AM	Muruqa: Clear	<i>Sunset:</i> 4:18PM	Moon 13 - Phase 39
		Rahu 12:31PM – 1:28PM	Taitila Until 7:47PM	Nataraja: Yellow		3rd Phase
	Routine Work Prabalarishta Yoga		Dvitiya Until 7:47AM	Moon – Purple		
	Until 11:28AM then Siddha Yoga			Magha*Thai		
	Until 8.15PM then Marana Yoga					Bhuloka Day Devaloka Time: 3:PM to 6:PM

3	Thursday, January 26, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Triliya/Chaturthi* Yam Titau				Oslo, Norway
	Kumbha Rasi: 16.31 Tithi 3 – 4	Gulika 10:37AM – 11:34AM	Satabhisha Until 12:25PM	Ganesha: Green	<i>Sunrise:</i> 8:42AM	Sun 16 Sutra 289 Khara 5113
	993696156	Yama 8:42AM – 9:40AM	Variyan Until 9:12AM	Muruqa: Clear	<i>Sunset:</i> 4:21PM	Moon 13 - Phase 39
		Rahu 1:29PM – 2:26PM	Vanija Until 8:11PM	Nataraja: Yellow		3rd Phase
	Routine Work Marana Yoga		Tritiya Until 8:11AM	Moon – Purple		
	Until 12:25PM then Siddha Yoga			Magha*Thai		Bhuloka Day Devaloka Time: 3:PM to 6:PM

4	Friday, January 27, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Oslo, Norway
	Kumbha Rasi: 29.03 Tithi 4 – 5	Gulika 9:38AM – 10:36AM	Purvaprostapada* Until 2:34PM	Ganesha: Blue	<i>Sunrise:</i> 8:40AM	Sun 17 Sutra 290 Khara 5113
	913796156	Yama 2:27PM – 3:25PM	Parigha* Until 9:03AM	Muruqa: Clear	<i>Sunset:</i> 4:23PM	Moon 13 - Phase 39
		Rahu 11:34AM – 12:32PM	Bava Until 10:32PM	Nataraja: Yellow		3rd Phase
	Creative Work Siddha Yoga		Chaturthi* Until 9:27AM	Moon – Clear		
				Magha*Thai		Sivaloka Day

5	Saturday, January 28, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Oslo, Norway
	Meena Rasi: 11.19 Tithi 5 – 6	Gulika 8:38AM – 9:36AM	Uttaraprostapada Until 4:43PM	Ganesha: Red	<i>Sunrise:</i> 8:38AM	Sun 18 Sutra 291 Khara 5113
	914796156	Yama 1:30PM – 2:29PM	Shiva Until 9:10AM	Muruqa: Clear	<i>Sunset:</i> 4:26PM	Moon 13 - Phase 39
		Rahu 10:35AM – 11:33AM	Kaulava Until 12:11AM Sun	Nataraja: Yellow		3rd Phase
	Creative Work Siddha Yoga		Panchami Until 11:06AM	Moon – Clear		
	Until 4:43PM then Prabalarishta Yoga			Magha*Thai		Devaloka Day
	Until 8.15PM then Amrita Yoga					

6	Sunday, January 29, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Oslo, Norway
	Meena Rasi: 23.21 Tithi 6 – 7	Gulika 2:30PM – 3:29PM	Revati Until 7:18PM	Ganesha: Red	<i>Sunrise:</i> 8:36AM	Sun 19 Sutra 292 Khara 5113
	914796156	Yama 12:32PM – 1:31PM	Siddha Until 9:40AM	Muruqa: Clear	<i>Sunset:</i> 4:28PM	Moon 13 - Phase 39
		Rahu 3:29PM – 4:28PM	Gara Until 2:19AM Mon	Nataraja: Yellow		3rd Phase
	Creative Work Amrita Yoga		Shasthi* Until 1:13PM	Moon – Clear		
	Until 7:18PM then Siddha Yoga			Magha*Thai		Devaloka Day

Monday, January 30, 2012	Retreat Star	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Asvini Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Oslo, Norway
	Mesha Rasi: 5.15 Tithi 7 – 8	Gulika 1:32PM – 2:32PM	Asvini Until 10:10PM	Ganesha: Blue	<i>Sunrise:</i> 8:34AM	Sun 20 Sutra 293 Khara 5113
	924796156	Yama 11:33AM – 12:32PM	Sadhya Until 10:27AM	Muruqa: Clear	<i>Sunset:</i> 4:31PM	Moon 13 - Phase 39
	Family Home Evening	Rahu 9:33AM – 10:33AM	Visti Until 4:45AM Tue	Nataraja: Yellow		3rd Phase
	Creative Work Siddha Yoga		Saptami Until 3:40PM	Moon – White		
				Magha*Thai		Bhuloka Day Devaloka Time: 3:PM to 6:PM

Tuesday, January 31, 2012	Retreat Star	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Bava Karana Ashtami* Yam Titau				Oslo, Norway
	Mesha Rasi: 17.04 Tithi 8	Gulika 12:32PM – 1:33PM	Bharani Until 1:11AM Wed	Ganesha: Blue	<i>Sunrise:</i> 8:31AM	Sun 21 Sutra 294 Khara 5113
	924796156	Yama 10:32AM – 11:32AM	Subha Until 11:21AM	Muruqa: Clear	<i>Sunset:</i> 4:33PM	Moon 13 - Phase 39
		Rahu 2:33PM – 3:33PM	Bava Until 7:21AM Wed	Nataraja: Yellow		Ashtami
	Creative Work Siddha Yoga		Ashtami* Until 6:16PM	Moon – White		
	Until 8.16PM then Marana Yoga			Magha*Thai		Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Until 1:11AM Wed then Amrita Yoga					

Wednesday, February 1, 2012	Retreat Star	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau				Oslo, Norway
	Mesha Rasi: 28.55 Tithi 9	Gulika 11:32AM – 12:32PM	Krittika Until 4:11AM Thu	Ganesha: Blue	<i>Sunrise:</i> 8:31AM	Sun 22 Sutra 295 Khara 5113
	924796156	Yama 9:32AM – 10:32AM	Sukla Until 12:15PM	Muruqa: Clear	<i>Sunset:</i> 4:33PM	Moon 13 - Phase 39
		Rahu 12:32PM – 1:33PM	Balava Until 7:44AM	Nataraja: Yellow		Navami
	Creative Work Amrita Yoga		Navami* Until 8:50PM	Moon – White		
	Until 8.16PM then Marana Yoga			Magha*Thai		Bhuloka Day Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

1 Thursday, February 2, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Oslo, Norway
 Rohini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dasami Yam Titau Sun 23 **Sutra 296**
 Khara 5113
 Vishabha Rasi: 10.51 Tithi 10 934797156 **Gulika** 10:31AM – 11:32AM **Rohini Until 6:42AM Fri** **Ganesha:** Yellow *Sunrise:* 8:29AM
Yama 8:29AM – 9:30AM **Brahma Until 12:57PM** **Muruqa:** White *Sunset:* 4:36PM Moon 13 - Phase 40
Rahu 1:33PM – 2:34PM **Taitila Until 10:05AM** **Nataraja:** Yellow
 Routine Work Marana Yoga **Moon – Yellow** **Sivaloka Day**
 Until 6:42AM Fri then Siddha Yoga **Magha-Thai**

2 Friday, February 3, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Oslo, Norway
 Rohini/Mrigasira Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau Sun 24 **Sutra 297**
 Khara 5113
 Vishabha Rasi: 22.59 Tithi 11 934797156 **Gulika** 9:28AM – 10:30AM **Rohini Until 6:42AM** **Ganesha:** Yellow *Sunrise:* 8:27AM
Yama 2:36PM – 3:37PM **Indra Until 1:17PM** **Muruqa:** White *Sunset:* 4:39PM Moon 13 - Phase 40
Rahu 11:31AM – 12:33PM **Vanija Until 12:00PM** **Nataraja:** Yellow
 Routine Work Marana Yoga **Moon – Yellow** **Sivaloka Day**
 Until 6:42AM then Siddha Yoga **Ekadasi Until 1:06AM Sat** **Magha-Thai**

3 Saturday, February 4, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Oslo, Norway
 Mrigasira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau Sun 25 **Sutra 298**
 Khara 5113
 Mithuna Rasi: 5.23 Tithi 12 934797157 **Gulika** 8:24AM – 9:26AM **Mrigasira Until 8:21AM** **Ganesha:** Yellow *Sunrise:* 8:24AM
Yama 1:35PM – 2:37PM **Vaidhriti* Until 12:36PM** **Muruqa:** White *Sunset:* 4:41PM Moon 13 - Phase 40
Rahu 10:29AM – 11:31AM **Bava Until 12:43PM** **Nataraja:** White
 Creative Work Siddha Yoga **Moon – Yellow** **Subha Sivaloka Day**
Dvadasi Until 12:43AM Sun **Magha-Thai**

4 Sunday, February 5, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Oslo, Norway
 Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau Sun 26 **Sutra 299**
 Khara 5113
 Mithuna Rasi: 18.08 Tithi 13 934797157 **Gulika** 2:38PM – 3:41PM **Ardra Until 9:26AM** **Ganesha:** Yellow *Sunrise:* 8:22AM
Yama 12:33PM – 1:36PM **Vishkambha* Until 11:52AM** **Muruqa:** White *Sunset:* 4:44PM Moon 13 - Phase 40
Rahu 3:41PM – 4:44PM **Kaulava Until 1:15PM** **Nataraja:** White
 Creative Work Siddha Yoga **Moon – Yellow** **Subha Sivaloka Day**
 Until 8.16PM then Amrita Yoga **Trayodasi Until 1:15AM Mon** **Magha-Thai**
Pradosha Vrata

5 Monday, February 6, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Oslo, Norway
 Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau Sun 27 **Sutra 300**
 Khara 5113
 Kataka Rasi: 1.16 Tithi 14 944797157 **Gulika** 1:36PM – 2:40PM **Punarvasu Until 9:32AM** **Ganesha:** White *Sunrise:* 8:20AM
Yama 11:30AM – 12:33PM **Priti Until 10:11AM** **Muruqa:** White *Sunset:* 4:46PM Moon 13 - Phase 40
Family Home Evening **Rahu** 9:23AM – 10:26AM **Gara Until 1:01PM** **Nataraja:** White
 Creative Work Amrita Yoga **Moon – Blue** **Sivaloka Day**
 Until 9:32AM then Siddha Yoga **Thai Pusam** **Chaturdasi* Until 1:01AM Tue** **Magha-Thai**

○ Tuesday, February 7, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Oslo, Norway
 Pushya/Aslesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau Sun 28 **Sutra 301**
 Khara 5113
 Kataka Rasi: 14.46 Tithi 15 944797157 **Gulika** 12:33PM – 1:37PM **Pushya Until 9:15AM** **Ganesha:** White *Sunrise:* 8:17AM
Yama 10:25AM – 11:29AM **Ayushman Until 8:17AM** **Muruqa:** White *Sunset:* 4:49PM Moon 13 - Phase 40
Creative Work Siddha Yoga **Rahu** 2:41PM – 3:45PM **Visti Until 11:34AM** **Nataraja:** White
Purnima* Until 10:39PM **Moon – Blue** **Sivaloka Day**
Magha-Thai

Wednesday, February 8, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Oslo, Norway
 Aslesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau Sun 29 **Sutra 302**
 Khara 5113
 Kataka Rasi: 28.37 Tithi 16 944797167 **Gulika** 11:28AM – 12:33PM **Aslesha* Until 8:22AM** **Ganesha:** White *Sunrise:* 8:15AM
Yama 9:19AM – 10:24AM **Sobhana Until 3:11AM Thu** **Muruqa:** Yellow *Sunset:* 4:51PM Moon 13 - Phase 40
Creative Work Siddha Yoga **Rahu** 12:33PM – 1:38PM **Balava Until 10:02AM** **Nataraja:** Blue
Prathama* Until 9:07PM **Moon – Blue** **Bhuloka Day**
 Until 8.16PM then Amrita Yoga **Magha-Thai** **Devaloka Time: 12:PM to 3:PM**



Thursday, February 9, 2012
Gold Retreat Star

Simha Rasi: 12.44 Tithi 17
955797267
Creative Work Amrita Yoga
Until 7:01AM then no yoga
Until 8.16PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 10:23AM – 11:28AM **Magha* Until 7:01AM**
Yama 8:12AM – 9:17AM Athiganda* Until 12:18AM Fri
Rahu 1:38PM – 2:44PM Taitila Until 7:59AM
Dvitiya Until 7:04PM

Ganesha: White *Sunrise: 8:12AM*
Muruqa: White *Sunset: 4:54PM*
Nataraja: Yellow
Moon – Red
Magha*Thai

Oslo, Norway
Sun 1 Sutra 303
Khara 5113
Moon 1 - Phase 41
1st Phase

Subha Sivaloka Day

1

Friday, February 10, 2012

Simha Rasi: 27.02 Tithi 18 – 19
955797267
Creative Work Siddha Yoga
Until 8.16PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 9:15AM – 10:21AM **Uttaraphalguni Until 4:13AM Sat**
Yama 2:45PM – 3:51PM Sukarma Until 9:08PM
Rahu 11:27AM – 12:33PM Bava Until 3:46AM Sat
Tritiya Until 4:41PM

Ganesha: White *Sunrise: 8:10AM*
Muruqa: White *Sunset: 4:57PM*
Nataraja: Yellow
Moon – Red
Magha*Thai

Oslo, Norway
Sun 2 Sutra 304
Khara 5113
Moon 1 - Phase 41
1st Phase

Subha Sivaloka Day

2

Saturday, February 11, 2012

Kanya Rasi: 11.26 Tithi 19 – 20
955797267
Routine Work Marana Yoga
Until 8.16PM then Amrita Yoga
Until 2:25AM Sun then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hashta Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 8:07AM – 9:14AM **Hashta Until 2:25AM Sun**
Yama 1:40PM – 2:46PM Dhriti Until 5:50PM
Rahu 10:20AM – 11:27AM Kaulava Until 1:14AM Sun
Chaturthi* Until 2:09PM

Ganesha: Clear *Sunrise: 8:07AM*
Muruqa: White *Sunset: 4:59PM*
Nataraja: Yellow
Moon – Green
Magha*Thai

Oslo, Norway
Sun 3 Sutra 305
Khara 5113
Moon 1 - Phase 41
1st Phase

Sivaloka Day

3

Sunday, February 12, 2012

Kanya Rasi: 25.48 Tithi 20 – 21
955797267
Creative Work Siddha Yoga
Until 8.16PM then Prabalarishta Yoga
Until 12:37AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 2:47PM – 3:55PM **Chitra Until 12:37AM Mon**
Yama 12:33PM – 1:40PM Shula* Until 2:33PM
Rahu 3:55PM – 5:02PM Gara Until 10:43PM
Panchami Until 11:38AM

Ganesha: Clear *Sunrise: 8:04AM*
Muruqa: White *Sunset: 5:02PM*
Nataraja: Yellow
Moon – Green
Magha*Thai

Oslo, Norway
Sun 4 Sutra 306
Khara 5113
Moon 1 - Phase 41
1st Phase

Sivaloka Day

4

Monday, February 13, 2012

Tula Rasi: 10.06 Tithi 21 – 22
Family Home Evening 955797267
Creative Work Amrita Yoga
Until 8.16PM then Siddha Yoga
Until 10:58PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 1:41PM – 2:49PM **Svati Until 10:58PM**
Yama 11:25AM – 12:33PM Ganda* Until 11:23AM
Rahu 9:10AM – 10:17AM Visti Until 8:20PM
Shasthi* Until 9:16AM

Ganesha: Clear *Sunrise: 8:02AM*
Muruqa: White *Sunset: 5:04PM*
Nataraja: Yellow
Moon – Green
Magha*Mas

Oslo, Norway
Sun 5 Sutra 307
Khara 5113
Moon 1 - Phase 41
1st Phase

Sivaloka Day

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Tuesday, February 14, 2012
Retreat Star

Tula Rasi: 24.16 Tithi 22 – 23
975797267
Routine Work Marana Yoga
Until 8.16PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Visakha Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 12:33PM – 1:42PM **Visakha Until 9:32PM**
Yama 10:16AM – 11:25AM Vriddhi Until 8:26AM
Rahu 2:50PM – 3:58PM Balava Until 6:12PM
Saptami Until 7:07AM

Ganesha: Purple *Sunrise: 7:59AM*
Muruqa: White *Sunset: 5:07PM*
Nataraja: Yellow
Moon – Orange
Magha*Mas

Oslo, Norway
Sun 6 Sutra 308
Khara 5113
Moon 1 - Phase 41
Ashtami

Subha Sivaloka Day

Wednesday, February 15, 2012
Retreat Star

Vrischika Rasi: 8.18 Tithi 24
975797267
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 11:24AM – 12:33PM **Anuradha Until 8:21PM**
Yama 9:06AM – 10:15AM Vyaghata* Until 3:02AM Thu
Rahu 12:33PM – 1:42PM Taitila Until 4:20PM
Navami* Until 3:24AM Thu

Ganesha: Purple *Sunrise: 7:57AM*
Muruqa: White *Sunset: 5:09PM*
Nataraja: Yellow
Moon – Orange
Magha*Mas

Oslo, Norway
Sun 7 Sutra 309
Khara 5113
Moon 1 - Phase 41
Navami

Subha Sivaloka Day


1	Thursday, February 16, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Vanija/Visti* Karana Dasami Yam Titau	Oslo, Norway
	Wrischika Rasi: 22.1 Tithi 25 985797267	Gulika 10:13AM – 11:23AM Yama 7:54AM – 9:04AM Rahu 1:43PM – 2:53PM	Sun 8 Sutra 310 Khara 5113 Moon 1 - Phase 42 2nd Phase
	Creative Work Siddha Yoga Until 8.16PM then no yoga	Jyeshtha* Until 7:26PM Harshana Until 12:34AM Fri Vanija Until 2:44PM Dasami Until 1:49AM Fri	Ganesha: Purple <i>Sunrise: 7:54AM</i> Muruqa: White <i>Sunset: 5:12PM</i> Nataraja: Yellow Moon – Orange Magha+Masi
			Subha Sivaloka Day

2	Friday, February 17, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadasi* Yam Titau	Oslo, Norway
	Dhanus Rasi: 5.53 Tithi 26 985797267	Gulika 9:02AM – 10:12AM Yama 2:54PM – 4:04PM Rahu 11:23AM – 12:33PM	Sun 9 Sutra 311 Khara 5113 Moon 1 - Phase 42 2nd Phase
	No Yoga Until 6:45PM then Siddha Yoga Until 8.16PM then Marana Yoga	Mula* Until 6:45PM Vajra* Until 10:19PM Bava Until 1:25PM Ekadasi* Until 12:30AM Sat	Ganesha: Clear <i>Sunrise: 7:51AM</i> Muruqa: White <i>Sunset: 5:15PM</i> Nataraja: Yellow Moon – Light Blue Magha+Masi
			Sivaloka Day

3	Saturday, February 18, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau	Oslo, Norway
	Dhanus Rasi: 19.28 Tithi 27 985797267	Gulika 7:49AM – 9:00AM Yama 1:44PM – 2:55PM Rahu 10:11AM – 11:22AM	Sun 10 Sutra 312 Khara 5113 Moon 1 - Phase 42 2nd Phase
	Routine Work Marana Yoga Until 7:17PM then no yoga Until 8.16PM then Amrita Yoga	Purvashadha* Until 7:17PM Siddhi Until 9:20PM Kaulava Until 12:54PM Dvadasi* Until 12:54AM Sun	Ganesha: Clear <i>Sunrise: 7:49AM</i> Muruqa: White <i>Sunset: 5:17PM</i> Nataraja: Yellow Moon – Light Blue Magha+Masi
			Sivaloka Day

4	Sunday, February 19, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Oslo, Norway
	Makara Rasi: 2.54 Tithi 28 986797267	Gulika 2:56PM – 4:08PM Yama 12:33PM – 1:44PM Rahu 4:08PM – 5:20PM	Sun 11 Sutra 313 Khara 5113 Moon 1 - Phase 42 2nd Phase
	Creative Work Amrita Yoga	Uttarashadha Until 7:07PM Vyatipata* Until 7:27PM Gara Until 12:04PM Trayodasi* Until 12:04AM Mon <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple <i>Sunrise: 7:46AM</i> Muruqa: White <i>Sunset: 5:20PM</i> Nataraja: Yellow Moon – Light Blue Magha+Masi
			Devaloka Day

5	Monday, February 20, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Sravana Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Oslo, Norway
	Makara Rasi: 16.09 Tithi 29 996797267	Gulika 1:45PM – 2:57PM Yama 11:20AM – 12:33PM Rahu 8:56AM – 10:08AM	Sun 12 Sutra 314 Khara 5113 Moon 1 - Phase 42 2nd Phase
	Makara Rasi: 16.09 Tithi 29 Family Home Evening Creative Work Amrita Yoga Until 7:16PM then Siddha Yoga Until 8.16PM then Marana Yoga	Sravana Until 7:16PM Variyan Until 5:51PM Visti Until 11:34AM Chaturdasi* Until 11:34PM	Ganesha: Light Blue <i>Sunrise: 7:43AM</i> Muruqa: White <i>Sunset: 5:22PM</i> Nataraja: Yellow Moon – Purple Magha+Masi
		Mahasivaratri	Devaloka Day

	Tuesday, February 21, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Oslo, Norway
	Makara Rasi: 29.13 Tithi 30 996897267	Gulika 12:33PM – 1:46PM Yama 10:06AM – 11:20AM Rahu 2:59PM – 4:12PM	Sun 13 Sutra 315 Khara 5113 Moon 1 - Phase 42 Amavasya
	Makara Rasi: 29.13 Tithi 30 Retreat Star Routine Work Marana Yoga Until 8.16PM then Siddha Yoga	Dhanishtha Until 7:45PM Parigha* Until 4:35PM Catuspada Until 11:27AM Amavasya* Until 11:27PM	Ganesha: Orange <i>Sunrise: 7:40AM</i> Muruqa: White <i>Sunset: 5:25PM</i> Nataraja: Yellow Moon – Purple Magha+Masi
			Sivaloka Day

6	Wednesday, February 22, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Oslo, Norway
	Kumbha Rasi: 12.04 Tithi 1 996897267	Gulika 11:19AM – 12:32PM Yama 8:51AM – 10:05AM Rahu 12:32PM – 1:46PM	Sun 14 Sutra 316 Khara 5113 Moon 1 - Phase 42 Prathama
	Creative Work Siddha Yoga Until 8.16PM then Marana Yoga Until 8:39PM then Siddha Yoga	Satabhisha Until 8:39PM Shiva Until 3:41PM Kintughna Until 11:46AM Prathama* Until 11:46PM	Ganesha: Orange <i>Sunrise: 7:38AM</i> Muruqa: White <i>Sunset: 5:27PM</i> Nataraja: Yellow Moon – Purple Phalgun+Masi
			Sivaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishṇa Yajur Veda, Svetu 6.11. UpM, 95

1	Thursday, February 23, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Oslo, Norway
	Kumbha Rasi: 24.41 Tithi 2	Gulika 10:04AM – 11:18AM	Purvaprostapada* Until 11:17PM	Sun 15 Sutra 317 Khara 5113
	916897267	Yama 7:35AM – 8:49AM	Siddha Until 3:53PM	Moon 1 - Phase 43
Creative Work Siddha Yoga	Rahu 1:47PM – 3:01PM	Balava Until 1:07PM	Nataraja: Yellow	3rd Phase
		Dvitiya Until 2:13AM Fri	Phalguna-Masi	Subha Sivaloka Day


2	Friday, February 24, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiya Yam Titau		Oslo, Norway
	Meena Rasi: 7.05 Tithi 3	Gulika 8:47AM – 10:02AM	Uttaraprostapada Until 1:09AM Sat	Sun 16 Sutra 318 Khara 5113
	916897267	Yama 3:02PM – 4:17PM	Sadhya Until 3:45PM	Moon 1 - Phase 43
Creative Work Siddha Yoga	Rahu 11:17AM – 12:32PM	Taitila Until 2:27PM	Nataraja: Yellow	3rd Phase
Until 1:09AM Sat then Prabalarishta Yoga		Tritiya Until 3:33AM Sat	Moon – Clear	Subha Sivaloka Day
			Phalguna-Masi	

3	Saturday, February 25, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Oslo, Norway
	Meena Rasi: 19.16 Tithi 4	Gulika 7:29AM – 8:45AM	Revati Until 3:28AM Sun	Sun 17 Sutra 319 Khara 5113
	916897267	Yama 1:48PM – 3:03PM	Subha Until 4:01PM	Moon 1 - Phase 43
Routine Work Prabalarishta Yoga	Rahu 10:01AM – 11:16AM	Vanija Until 4:15PM	Nataraja: Yellow	3rd Phase
Until 8:15PM then Amrita Yoga		Chaturthi* Until 5:21AM Sun	Moon – Clear	Subha Sivaloka Day
Until 3:28AM Sun then Siddha Yoga	Subramuniyaswami Siva Vision Day		Phalguna-Masi	

4	Sunday, February 26, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Sukla/Brahma Yoga Bava Karana Panchami Yam Titau		Oslo, Norway
	Mesha Rasi: 1.16 Tithi 5	Gulika 3:05PM – 4:21PM	Asvini Until 6:24AM Mon	Sun 18 Sutra 320 Khara 5113
	927897267	Yama 12:32PM – 1:48PM	Sukla Until 4:37PM	Moon 1 - Phase 43
Creative Work Siddha Yoga	Rahu 4:21PM – 5:37PM	Bava Until 6:27PM	Nataraja: Yellow	3rd Phase
		Panchami Until 7:51AM Mon	Moon – White	Devaloka Day
			Phalguna-Masi	

5	Monday, February 27, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Oslo, Norway
	Mesha Rasi: 13.08 Tithi 5 – 6	Gulika 1:49PM – 3:06PM	Asvini Until 6:24AM	Sun 19 Sutra 321 Khara 5113
	927897267	Yama 11:15AM – 12:32PM	Brahma Until 5:29PM	Moon 1 - Phase 43
Family Home Evening	Rahu 8:41AM – 9:58AM	Kaulava Until 8:56PM	Nataraja: Yellow	3rd Phase
Creative Work Siddha Yoga		Panchami Until 7:51AM	Moon – White	Devaloka Day
			Phalguna-Masi	

6	Tuesday, February 28, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau		Oslo, Norway
	Mesha Rasi: 24.56 Tithi 6 – 7	Gulika 12:32PM – 1:49PM	Bharani Until 9:28AM	Sun 20 Sutra 322 Khara 5113
	927897267	Yama 9:56AM – 11:14AM	Indra Until 6:27PM	Moon 1 - Phase 43
Creative Work Siddha Yoga	Rahu 3:07PM – 4:25PM	Gara Until 11:34PM	Nataraja: Yellow	3rd Phase
Until 8:15PM then Amrita Yoga		Shasthi* Until 10:29AM	Moon – White	Devaloka Day
			Phalguna-Masi	

	Wednesday, February 29, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Oslo, Norway
	Retreat Star	Gulika 11:13AM – 12:31PM	Krittika Until 12:31PM	Sun 21 Sutra 323 Khara 5113
	Vrishabha Rasi: 6.44 Tithi 7 – 8	Yama 8:36AM – 9:55AM	Vaidhriti* Until 7:25PM	Moon 1 - Phase 43
927897267	Rahu 12:31PM – 1:50PM	Visti Until 2:11AM Thu	Nataraja: Yellow	Ashtami
Creative Work Amrita Yoga		Saptami Until 1:06PM	Moon – White	Devaloka Day
Until 12:31PM then Siddha Yoga			Phalguna-Masi	
Until 8:14PM then Marana Yoga				

7	Thursday, March 1, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Oslo, Norway
	Retreat Star	Gulika 9:52AM – 11:11AM	Rohini Until 3:22PM	Sun 22 Sutra 324 Khara 5113
	Vrishabha Rasi: 18.39 Tithi 8 – 9	Yama 7:12AM – 8:32AM	Vishkambha* Until 8:12PM	Moon 1 - Phase 43
937897267	Rahu 1:51PM – 3:10PM	Balava Until 4:34AM Fri	Nataraja: Yellow	Navami
Routine Work Marana Yoga		Ashtami* Until 3:29PM	Moon – Yellow	Sivaloka Day
Until 8:14PM then Siddha Yoga			Phalguna-Masi	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

1	Friday, March 2, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira/Ardra Nakshatra Priti Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Oslo, Norway
	Mithuna Rasi: 0.46 Tithi 9 – 10 937897267	Gulika 8:30AM – 9:50AM Yama 3:11PM – 4:32PM Rahu 11:10AM – 12:31PM	Sun 23 Sutra 325 Khara 5113 Moon 1 - Phase 44 4th Phase
Creative Work	Siddha Yoga	Mrigasira Until 5:49PM Priti Until 8:37PM Taitila Until 6:32AM Sat Navami* Until 5:26PM	Ganesha: Red <i>Sunrise:</i> 7:09AM Muruqa: White <i>Sunset:</i> 5:52PM Nataraja: Yellow Moon – Yellow Phalguna-Masi
			Sivaloka Day

2	Saturday, March 3, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Gara Karana Dasami Yam Titau	Oslo, Norway
	Mithuna Rasi: 13.09 Tithi 10 937897267	Gulika 7:06AM – 8:27AM Yama 1:52PM – 3:13PM Rahu 9:48AM – 11:09AM	Sun 24 Sutra 326 Khara 5113 Moon 1 - Phase 44 4th Phase
Creative Work	Siddha Yoga	Ardra Until 6:38PM Ayushman Until 7:27PM Gara Until 5:42AM Sun Dasami Until 5:42PM	Ganesha: Red <i>Sunrise:</i> 7:06AM Muruqa: White <i>Sunset:</i> 5:55PM Nataraja: Yellow Moon – Yellow Phalguna-Masi
Until 6:38PM then Marana Yoga Until 8:14PM then Siddha Yoga			Sivaloka Day

3	Sunday, March 4, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Oslo, Norway
	Mithuna Rasi: 25.56 Tithi 11 148897267	Gulika 3:14PM – 4:35PM Yama 12:30PM – 1:52PM Rahu 4:35PM – 5:57PM	Sun 25 Sutra 327 Khara 5113 Moon 1 - Phase 44 4th Phase
Creative Work	Siddha Yoga	Punarvasu Until 7:40PM Saubhagya Until 6:41PM Vanija Until 6:09AM Ekadasi Until 6:09PM	Ganesha: Green <i>Sunrise:</i> 7:03AM Muruqa: White <i>Sunset:</i> 5:57PM Nataraja: Yellow Moon – Blue Phalguna-Masi
			Devaloka Day

4	Monday, March 5, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Oslo, Norway
	Kataka Rasi: 9.08 Tithi 12 – 13 Family Home Evening 148817267	Gulika 1:52PM – 3:15PM Yama 11:08AM – 12:30PM Rahu 8:23AM – 9:45AM	Sun 26 Sutra 328 Khara 5113 Moon 1 - Phase 44 4th Phase
Creative Work	Siddha Yoga	Pushya Until 6:55PM Sobhana Until 4:26PM Kaulava Until 3:55AM Tue Dvadasi Until 4:50PM	Ganesha: Green <i>Sunrise:</i> 7:00AM Muruqa: White <i>Sunset:</i> 6:00PM Nataraja: Yellow Moon – Blue Phalguna-Masi
		<i>Pradosha Vrata</i>	Devaloka Day

5	Tuesday, March 6, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Oslo, Norway
	Kataka Rasi: 22.48 Tithi 13 – 14 148817267	Gulika 12:30PM – 1:53PM Yama 9:44AM – 11:07AM Rahu 3:16PM – 4:39PM	Sun 27 Sutra 329 Khara 5113 Moon 1 - Phase 44 4th Phase
Creative Work	Siddha Yoga	Aslesha* Until 6:21PM Athiganda* Until 2:19PM Gara Until 2:41AM Wed Trayodasi Until 3:37PM	Ganesha: Green <i>Sunrise:</i> 6:58AM Muruqa: White <i>Sunset:</i> 6:02PM Nataraja: Yellow Moon – Blue Phalguna-Masi
			Devaloka Day

○	Wednesday, March 7, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Oslo, Norway
	Copper Retreat Star Simha Rasi: 6.53 Tithi 14 – 15 158817267	Gulika 11:06AM – 12:30PM Yama 8:18AM – 9:42AM Rahu 12:30PM – 1:53PM	Sun 28 Sutra 330 Khara 5113 Moon 1 - Phase 44 Purnima
Creative Work	Siddha Yoga	Magha* Until 5:03PM Sukarma Until 11:30AM Visti Until 12:41AM Thu Chaturdasi* Until 1:36PM	Ganesha: Red <i>Sunrise:</i> 6:55AM Muruqa: White <i>Sunset:</i> 6:05PM Nataraja: Yellow Moon – Red Phalguna-Masi
Until 5:03PM then Amrita Yoga Until 8:13PM then no yoga		Chidambaram Abhishekam	Sivaloka Day

○	Thursday, March 8, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Oslo, Norway
	Silver Retreat Star Simha Rasi: 21.21 Tithi 15 – 16 158817267	Gulika 9:40AM – 11:05AM Yama 6:52AM – 8:16AM Rahu 1:54PM – 3:18PM	Sun 29 Sutra 331 Khara 5113 Moon 1 - Phase 44 Prathama
No Yoga		Purvaphalguni* Until 2:31PM Dhriti Until 7:58AM Balava Until 8:51PM Purnima* Until 10:34AM	Ganesha: Red <i>Sunrise:</i> 6:52AM Muruqa: White <i>Sunset:</i> 6:07PM Nataraja: Yellow Moon – Red Phalguna-Masi
Until 2:31PM then Prabalarishta Yoga Until 8:13PM then Siddha Yoga			Sivaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Kṛishṇa Yajur Veda, Maitu 5.2. bo UpH, 423



Friday, March 9, 2012
Gold Retreat Star

Kanya Rasi: 6.03 Tithi 16 – 17
159817267
Creative Work Siddha Yoga
Until 12:19PM then Amrita Yoga
Until 8.12PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuklayam
Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika **8:14AM – 9:39AM** **Uttaraphalguni Until 12:19PM**
Yama 3:19PM – 4:44PM Ganda* Until 12:25AM Sat
Rahu **11:04AM – 12:29PM** Taitila Until 4:13AM Sat
Prathama* Until 7:38AM

Ganesha: Red *Sunrise:* 6:49AM
Muruqa: White *Sunset:* 6:09PM
Nataraja: Yellow
Moon – Red
Phalguna-Masi

Sivaloka Day

Oslo, Norway
Sutra 332
Khara 5113
Moon 2 - Phase 45
1st Phase

1

Saturday, March 10, 2012

Kanya Rasi: 20.53 Tithi 18
169817267
Routine Work Marana Yoga
Until 8.12PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuklayam
Hasta/Chitra Nakshatra Vriddhi Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika **6:46AM – 8:12AM** **Hasta Until 9:55AM**
Yama 1:55PM – 3:20PM Vriddhi Until 8:40PM
Rahu **9:37AM – 11:03AM** Vanija Until 2:47PM
Tritiya Until 1:04AM Sun

Ganesha: Blue *Sunrise:* 6:46AM
Muruqa: White *Sunset:* 6:12PM
Nataraja: Yellow
Moon – Green
Phalguna-Masi

Devaloka Day

Oslo, Norway
Sun 1 Sutra 333
Khara 5113
Moon 2 - Phase 45
1st Phase

2

Sunday, March 11, 2012

Tula Rasi: 5.41 Tithi 19
169817267
Creative Work Siddha Yoga
Until 8.12PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuklayam
Chitra/Svati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika **3:21PM – 4:48PM** **Chitra Until 7:33AM**
Yama 12:29PM – 1:55PM Dhruva Until 4:57PM
Rahu **4:48PM – 6:14PM** Bava Until 11:41AM
Chaturthi* Until 9:58PM

Ganesha: Blue *Sunrise:* 6:43AM
Muruqa: White *Sunset:* 6:14PM
Nataraja: Yellow
Moon – Green
Phalguna-Masi

Devaloka Day

Oslo, Norway
Sun 2 Sutra 334
Khara 5113
Moon 2 - Phase 45
1st Phase

3

Monday, March 12, 2012

Tula Rasi: 20.22 Tithi 20
179817267
Family Home Evening
Routine Work Marana Yoga
Until 4:13AM Tue then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuklayam
Visakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika **1:55PM – 3:22PM** **Visakha Until 4:13AM Tue**
Yama 11:01AM – 12:28PM Vyaghata* Until 1:56PM
Rahu **8:07AM – 9:34AM** Kaulava Until 9:01AM
Panchami Until 8:05PM

Ganesha: Red *Sunrise:* 6:40AM
Muruqa: White *Sunset:* 6:17PM
Nataraja: Yellow
Moon – Orange
Phalguna-Masi

Sivaloka Day

Oslo, Norway
Sun 3 Sutra 335
Khara 5113
Moon 2 - Phase 45
1st Phase

4

Tuesday, March 13, 2012

Vrischika Rasi: 4.5 Tithi 21 – 22
179817267
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuklayam
Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika **12:28PM – 1:56PM** **Anuradha Until 2:18AM Wed**
Yama 9:32AM – 11:00AM Harshana Until 10:32AM
Rahu **3:24PM – 4:51PM** Gara Until 6:19AM
Shasthi* Until 5:24PM

Ganesha: Red *Sunrise:* 6:37AM
Muruqa: White *Sunset:* 6:19PM
Nataraja: Yellow
Moon – Orange
Phalguna-Masi

Sivaloka Day

Oslo, Norway
Sun 4 Sutra 336
Khara 5113
Moon 2 - Phase 45
1st Phase

5

Wednesday, March 14, 2012

Vrischika Rasi: 19 Tithi 22 – 23
179817267
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuklayam
Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika **10:59AM – 12:28PM** **Jyeshtha* Until 12:51AM Thu**
Yama 8:02AM – 9:31AM Vajra* Until 7:36AM
Rahu **12:28PM – 1:56PM** Balava Until 2:18AM Thu
Saptami Until 3:14PM

Ganesha: Red *Sunrise:* 6:34AM
Muruqa: White *Sunset:* 6:21PM
Nataraja: Yellow
Moon – Orange
Phalguna-Panguni

Sivaloka Day

Oslo, Norway
Sun 5 Sutra 337
Khara 5113
Moon 2 - Phase 45
1st Phase



Thursday, March 15, 2012
Retreat Star

Dhanus Rasi: 2.53 Tithi 23 – 24
189817268
Creative Work Siddha Yoga
Until 8.11PM then no yoga
Until 11:55PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuklayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika **9:29AM – 10:58AM** **Mula* Until 11:55PM**
Yama 6:31AM – 8:00AM Vyatipata* Until 2:28AM Fri
Rahu **1:57PM – 3:26PM** Taitila Until 12:40AM Fri
Ashtami* Until 1:36PM

Ganesha: Green *Sunrise:* 6:31AM
Muruqa: White *Sunset:* 6:24PM
Nataraja: White
Moon – Light Blue
Phalguna-Panguni

Sivaloka Day

Oslo, Norway
Sun 6 Sutra 338
Khara 5113
Moon 2 - Phase 45
Ashtami

Friday, March 16, 2012
Retreat Star

Dhanus Rasi: 16.28 Tithi 24 – 25
189817268
Creative Work Siddha Yoga
Until 8.10PM then Marana Yoga
Until 12:49AM Sat then no yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuklayam
Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau
Gulika **7:58AM – 9:28AM** **Purvashadha* Until 12:49AM Sat**
Yama 3:27PM – 4:56PM Variyan Until 1:47AM Sat
Rahu **10:57AM – 12:27PM** Vanija Until 1:02AM Sat
Navami* Until 1:02PM

Ganesha: Green *Sunrise:* 6:28AM
Muruqa: White *Sunset:* 6:26PM
Nataraja: White
Moon – Light Blue
Phalguna-Panguni

Sivaloka Day

Oslo, Norway
Sun 7 Sutra 339
Khara 5113
Moon 2 - Phase 45
Navami


1	Saturday, March 17, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Oslo, Norway
	Dhanus Rasi: 29.49 Tithi 25 – 26 No Yoga Until 8.10PM then Amrita Yoga	Gulika 6:25AM – 7:55AM Yama 1:57PM – 3:28PM Rahu 9:26AM – 10:56AM	Sun 8 Sutra 340 Khara 5113 Moon 2 - Phase 46 2nd Phase Sivaloka Day

2	Sunday, March 18, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Sravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Oslo, Norway
	Makara Rasi: 12.55 Tithi 26 – 27 Creative Work Amrita Yoga Until 1:14AM Mon then Siddha Yoga	Gulika 3:29PM – 5:00PM Yama 12:27PM – 1:58PM Rahu 5:00PM – 6:31PM	Sun 9 Sutra 341 Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day

3	Monday, March 19, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Oslo, Norway
	Makara Rasi: 25.49 Tithi 27 – 28 Family Home Evening Creative Work Siddha Yoga Until 8.09PM then Marana Yoga	Gulika 1:58PM – 3:30PM Yama 10:54AM – 12:26PM Rahu 7:51AM – 9:23AM	Sun 10 Sutra 342 Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day

Pradosha Vrata (Fasting)

4	Tuesday, March 20, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Satabhisha Nakshatra Sadhya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Oslo, Norway
	Kumbha Rasi: 8.32 Tithi 28 – 29 Routine Work Marana Yoga Until 8.09PM then Siddha Yoga Until 3:11AM Wed then Amrita Yoga	Gulika 12:26PM – 1:58PM Yama 9:21AM – 10:53AM Rahu 3:31PM – 5:03PM	Sun 11 Sutra 343 Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day

	Wednesday, March 21, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprostapada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Oslo, Norway
	Retreat Star Kumbha Rasi: 21.04 Tithi 29 – 30 Creative Work Amrita Yoga Until 8.09PM then Siddha Yoga	Gulika 10:52AM – 12:26PM Yama 7:46AM – 9:19AM Rahu 12:26PM – 1:59PM	Sun 12 Sutra 344 Khara 5113 Moon 2 - Phase 46 Amavasya Subha Sivaloka Day

Retreat Star	Thursday, March 22, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprostapada Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Oslo, Norway
	Meena Rasi: 3.26 Tithi 30 – 1 Creative Work Siddha Yoga	Gulika 9:18AM – 10:51AM Yama 6:10AM – 7:44AM Rahu 1:59PM – 3:33PM	Sun 13 Sutra 345 Khara 5113 Moon 2 - Phase 46 Prathama Subha Sivaloka Day

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %ig Veda 1.89.8. RvP, 287

1 Friday, March 23, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Oslo, Norway
 Uttaraprostapada/Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau **Sun 14 Sutra 346**
 Khara 5113
Gulika 7:42AM – 9:16AM Uttaraprostapada Until 8:06AM Ganesha: Clear Sunrise: 6:07AM
 Yama 3:34PM – 5:09PM Brahma Until 10:11PM **Muruqa: White Sunset: 6:43PM** Moon 2 - Phase 47
 111917268 **Rahu 10:51AM – 12:25PM Balava Until 6:43AM Sat Nataraja: White 3rd Phase**
 Creative Work Siddha Yoga **Moon – Clear Subha Sivaloka Day**
 Until 8.08PM then Prabalarishta Yoga **Chaitra•Panguni**

2 Saturday, March 24, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Oslo, Norway
 Revati/Asvini Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiya Yam Titau **Sun 15 Sutra 347**
 Khara 5113
Gulika 6:04AM – 7:39AM Revati Until 10:41AM Ganesha: Clear Sunrise: 6:04AM
 Yama 2:00PM – 3:35PM Indra Until 10:44PM **Muruqa: White Sunset: 6:45PM** Moon 2 - Phase 47
 111917268 **Rahu 9:14AM – 10:50AM Balava Until 6:37AM Nataraja: White 3rd Phase**
 Routine Work Prabalarishta Yoga **Moon – Clear Subha Sivaloka Day**
 Until 10:41AM then Siddha Yoga **Chellappaswami Mahasamadhi Chaitra•Panguni**

3 Sunday, March 25, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Oslo, Norway
 Asvini/Bharani Nakshatra Vaidhrithi* Yoga Tailila/Gara Karana Tritiya Yam Titau **Sun 16 Sutra 348**
 Khara 5113
Gulika 3:36PM – 5:12PM Asvini Until 1:32PM Ganesha: Orange Sunrise: 6:01AM
 Yama 12:24PM – 2:00PM Vaidhrithi* Until 11:32PM **Muruqa: White Sunset: 6:48PM** Moon 2 - Phase 47
 121917268 **Rahu 5:12PM – 6:48PM Tailila Until 8:58AM Nataraja: White 3rd Phase**
 Creative Work Siddha Yoga **Moon – White Subha Sivaloka Day**
 Until 1:32PM then no yoga **Chaitra•Panguni**
 Until 8.08PM then Siddha Yoga

4 Monday, March 26, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Oslo, Norway
 Bharani/Krittika Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau **Sun 17 Sutra 349**
 Khara 5113
Gulika 2:01PM – 3:37PM Bharani Until 4:34PM Ganesha: Orange Sunrise: 5:58AM
 Yama 10:48AM – 12:24PM Vishkambha* Until 12:30AM Tue **Muruqa: White Sunset: 6:50PM** Moon 2 - Phase 47
 121917268 **Rahu 7:35AM – 9:11AM Vanija Until 11:32AM Nataraja: White 3rd Phase**
 Family Home Evening **Moon – White Subha Sivaloka Day**
 Creative Work Siddha Yoga **Chaitra•Panguni**
 Until 4:34PM then no yoga
 Until 8.07PM then Siddha Yoga

5 Tuesday, March 27, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Oslo, Norway
 Krittika Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau **Sun 18 Sutra 350**
 Khara 5113
Gulika 12:24PM – 2:01PM Krittika Until 7:41PM Ganesha: Orange Sunrise: 5:55AM
 Yama 9:09AM – 10:44AM Priti Until 1:34AM Wed **Muruqa: White Sunset: 6:53PM** Moon 2 - Phase 47
 121917268 **Rahu 3:38PM – 5:15PM Bava Until 2:11PM Nataraja: White 3rd Phase**
 Creative Work Siddha Yoga **Moon – White Subha Sivaloka Day**
 Until 7:41PM then Amrita Yoga **Chaitra•Panguni**
 Until 8.07PM then Siddha Yoga

6 Wednesday, March 28, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Oslo, Norway
 Rohini Nakshatra Ayushman Yoga Kaulava/Tailila Karana Shasthi* Yam Titau **Sun 19 Sutra 351**
 Khara 5113
Gulika 10:46AM – 12:23PM Rohini Until 10:45PM Ganesha: Red Sunrise: 5:52AM
 Yama 7:30AM – 9:08AM Ayushman Until 2:34AM Thu **Muruqa: White Sunset: 6:55PM** Moon 2 - Phase 47
 132917268 **Rahu 12:23PM – 2:01PM Kaulava Until 4:47PM Nataraja: White 3rd Phase**
 Creative Work Siddha Yoga **Moon – Yellow Subha Sivaloka Day**
 Until 8.07PM then Marana Yoga **Chaitra•Panguni**

Thursday, March 29, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Oslo, Norway
 Mrigasira Nakshatra Saubhagya Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau **Sun 20 Sutra 352**
 Khara 5113
Gulika 9:06AM – 10:45AM Mrigasira Until 1:38AM Fri Ganesha: Red Sunrise: 5:49AM
 Yama 5:49AM – 7:28AM Saubhagya Until 3:24AM Fri **Muruqa: White Sunset: 6:57PM** Moon 2 - Phase 47
 132917268 **Rahu 2:02PM – 3:40PM Gara Until 7:11PM Nataraja: White 3rd Phase**
 Routine Work Marana Yoga **Moon – Yellow Subha Sivaloka Day**
 Until 8.06PM then Siddha Yoga **Chaitra•Panguni**

Friday, March 30, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Oslo, Norway
 Ardra Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau **Sun 21 Sutra 353**
 Khara 5113
Gulika 7:25AM – 9:05AM Ardra Until 4:09AM Sat Ganesha: Red Sunrise: 5:46AM
 Yama 3:41PM – 5:20PM Sobhana Until 3:54AM Sat **Muruqa: White Sunset: 7:00PM** Moon 2 - Phase 47
 132917268 **Rahu 10:44AM – 12:23PM Visti Until 9:10PM Nataraja: White Ashtami**
 Creative Work Siddha Yoga **Moon – Yellow Subha Sivaloka Day**
 Until 4:09AM Sat then Marana Yoga **Chaitra•Panguni**

Saturday, March 31, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Oslo, Norway
 Punarvasu Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau **Sun 22 Sutra 354**
 Khara 5113
Gulika 5:43AM – 7:23AM Punarvasu Until 4:15AM Sun Ganesha: Blue Sunrise: 5:43AM
 Yama 2:02PM – 3:42PM Athiganda* Until 2:19AM Sun **Muruqa: White Sunset: 7:02PM** Moon 2 - Phase 47
 142917268 **Rahu 9:03AM – 10:43AM Balava Until 9:10PM Nataraja: White Navami**
 Routine Work Marana Yoga **Moon – Blue Sivaloka Day**
 Until 8.06PM then Siddha Yoga **Sri Rama Navami Chaitra•Panguni**

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. UpP,95

1	Sunday, April 1, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dasami Yam Titau	Oslo, Norway
			Sun 23 Sutra 355 Khara 5113
Kataka Rasi: 4.01	Tithi 9 – 10	Gulika 3:42PM – 5:22PM	Pushya Until 5:22AM Mon
142917268		Yama 12:23PM – 2:02PM	Sukarma Until 1:40AM Mon
Creative Work Siddha Yoga		Rahu 5:22PM – 7:02PM	Taitila Until 9:42PM
			Navami* Until 9:42AM
			Ganesha: Blue <i>Sunrise: 5:43AM</i>
			Muruqa: White <i>Sunset: 7:02PM</i>
			Nataraja: White
			Moon – Blue
			Chaitra•Panguni
			Sivaloka Day

2	Monday, April 2, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Oslo, Norway
			Sun 24 Sutra 356 Khara 5113
Kataka Rasi: 17.1	Tithi 10 – 11	Gulika 2:03PM – 3:43PM	Aslesha* Until 4:00AM Tue
142917268		Yama 10:42AM – 12:22PM	Dhriti Until 11:04PM
Family Home Evening		Rahu 7:21AM – 9:01AM	Vanija Until 8:10PM
Creative Work Siddha Yoga			Dasami Until 9:05AM
		Yogaswami Mahasamadhi	
			Ganesha: Blue <i>Sunrise: 5:40AM</i>
			Muruqa: White <i>Sunset: 7:04PM</i>
			Nataraja: White
			Moon – Blue
			Chaitra•Panguni
			Sivaloka Day

3	Tuesday, April 3, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Oslo, Norway
			Sun 25 Sutra 357 Khara 5113
Simha Rasi: 0.48	Tithi 11 – 12	Gulika 12:22PM – 2:03PM	Magha* Until 3:29AM Wed
152917268		Yama 9:00AM – 10:41AM	Shula* Until 9:00PM
Creative Work Siddha Yoga		Rahu 3:44PM – 5:26PM	Bava Until 6:58PM
Until 3:29AM Wed then Amrita Yoga			Ekadasi Until 7:53AM
			Ganesha: Yellow <i>Sunrise: 5:37AM</i>
			Muruqa: White <i>Sunset: 7:07PM</i>
			Nataraja: White
			Moon – Red
			Chaitra•Panguni
			Subha Sivaloka Day

4	Wednesday, April 4, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni* Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Oslo, Norway
			Sun 26 Sutra 358 Khara 5113
Simha Rasi: 14.55	Tithi 13	Gulika 10:40AM – 12:22PM	Purvaphalguni* Until 12:48AM Thu
152917268		Yama 7:16AM – 8:58AM	Ganda* Until 5:24PM
Creative Work Amrita Yoga		Rahu 12:22PM – 2:04PM	Kaulava Until 4:06PM
Until 8:05PM then no yoga			Trayodasi Until 2:23AM Thu
Until 12:48AM Thu then Prabalarishta Yoga			<i>Pradosha Vrata</i>
			Ganesha: Yellow <i>Sunrise: 5:34AM</i>
			Muruqa: White <i>Sunset: 7:09PM</i>
			Nataraja: White
			Moon – Red
			Chaitra•Panguni
			Subha Sivaloka Day

5	Thursday, April 5, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Oslo, Norway
			Sun 27 Sutra 359 Khara 5113
Simha Rasi: 29.28	Tithi 14	Gulika 8:56AM – 10:39AM	Uttaraphalguni Until 10:51PM
152917268		Yama 5:31AM – 7:14AM	Vridhi Until 2:06PM
Routine Work Prabalarishta Yoga		Rahu 2:04PM – 3:47PM	Gara Until 1:25PM
Until 8:05PM then Siddha Yoga			Chaturdasi* Until 11:42PM
Until 10:51PM then Amrita Yoga			
			Ganesha: Yellow <i>Sunrise: 5:31AM</i>
			Muruqa: White <i>Sunset: 7:12PM</i>
			Nataraja: White
			Moon – Red
			Chaitra•Panguni
			Subha Sivaloka Day

○	Friday, April 6, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau	Oslo, Norway
	Copper Retreat Star		Sun 28 Sutra 360 Khara 5113
Kanya Rasi: 14.22	Tithi 15	Gulika 7:11AM – 8:55AM	Hasta Until 8:22PM
162917268		Yama 3:48PM – 5:31PM	Dhruva Until 10:18AM
Creative Work Amrita Yoga		Rahu 10:38AM – 12:21PM	Visti Until 10:09AM
Until 8:04PM then Marana Yoga			Purnima* Until 8:26PM
		Panguni Uttiram	
		Hanuman Jayanti	
			Ganesha: White <i>Sunrise: 5:28AM</i>
			Muruqa: White <i>Sunset: 7:14PM</i>
			Nataraja: White
			Moon – Green
			Chaitra•Panguni
			Sivaloka Day

○	Saturday, April 7, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyaghata*/Harshana Yoga Balava/Taitila Karana Prathama*/Dvitiya Yam Titau	Oslo, Norway
	Silver Retreat Star		Sun 29 Sutra 361 Khara 5113
Kanya Rasi: 29.26	Tithi 16 – 17	Gulika 5:25AM – 7:09AM	Chitra Until 5:33PM
162917268		Yama 2:05PM – 3:49PM	Vyaghata* Until 6:11AM
Routine Work Marana Yoga		Rahu 8:53AM – 10:37AM	Balava Until 6:33AM
Until 5:33PM then Siddha Yoga			Prathama* Until 4:50PM
			Ganesha: White <i>Sunrise: 5:25AM</i>
			Muruqa: White <i>Sunset: 7:16PM</i>
			Nataraja: White
			Moon – Green
			Chaitra•Panguni
			Sivaloka Day

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda 7.52.1



Sunday, April 8, 2012
Gold Retreat Star

Tula Rasi: 14.35 Tithi 17 – 18
162917268
Creative Work Siddha Yoga
Until 2:40PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Visakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 3:50PM – 5:34PM **Svati Until 2:40PM**
Yama 12:21PM – 2:05PM **Vajra* Until 10:01PM**
Rahu 5:34PM – 7:19PM **Vanija Until 11:26PM**
Dvitiya Until 1:09PM

Ganesha: White *Sunrise: 5:22AM*
Muruqa: White *Sunset: 7:19PM*
Nataraja: White
Moon – Green
Chaitra•Panguni

Oslo, Norway
Sun 1 Sutra 362
Khara 5113
Moon 3 - Phase 49
1st Phase
Sivaloka Day

1

Monday, April 9, 2012

Tula Rasi: 29.37 Tithi 18 – 19
172917268
Family Home Evening
Routine Work Marana Yoga
Until 11:58AM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Visakha/Anuradha Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 2:06PM – 3:51PM **Visakha Until 11:58AM**
Yama 10:35AM – 12:20PM **Siddhi Until 6:00PM**
Rahu 7:05AM – 8:50AM **Bava Until 7:55PM**
Tritiya Until 9:38AM

Ganesha: Clear *Sunrise: 5:19AM*
Muruqa: White *Sunset: 7:21PM*
Nataraja: White
Moon – Orange
Chaitra•Panguni

Oslo, Norway
Sun 2 Sutra 363
Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Sivaloka Day

2

Tuesday, April 10, 2012

Vrischika Rasi: 14.24 Tithi 19 – 20
172117268
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Balava/Taitila Karana Chaturthi*/Panchami Yam Titau
Gulika 12:20PM – 2:06PM **Anuradha Until 9:53AM**
Yama 8:48AM – 10:34AM **Vyatipata* Until 2:53PM**
Rahu 3:52PM – 5:38PM **Taitila Until 4:43AM Wed**
Chaturthi* Until 6:34AM

Ganesha: Red *Sunrise: 5:16AM*
Muruqa: White *Sunset: 7:24PM*
Nataraja: White
Moon – Orange
Chaitra•Panguni

Oslo, Norway
Sun 3 Sutra 364
Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Sivaloka Day

3

Wednesday, April 11, 2012

Vrischika Rasi: 28.52 Tithi 21
173117268
Creative Work Siddha Yoga
Until 7:57AM then Marana Yoga
Until 8:03PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 10:33AM – 12:20PM **Jyeshtha* Until 7:57AM**
Yama 7:00AM – 8:47AM **Variyan Until 11:31AM**
Rahu 12:20PM – 2:06PM **Gara Until 2:55PM**
Shasthi* Until 2:00AM Thu

Ganesha: Blue *Sunrise: 5:14AM*
Muruqa: White *Sunset: 7:26PM*
Nataraja: White
Moon – Orange
Chaitra•Panguni

Oslo, Norway
Sun 4 Sutra 365
Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Subha Sivaloka Day

4

Thursday, April 12, 2012

Dhanus Rasi: 12.56 Tithi 22
183117268
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 8:45AM – 10:32AM **Mula* Until 6:41AM**
Yama 5:11AM – 6:58AM **Parigha* Until 8:45AM**
Rahu 2:07PM – 3:54PM **Visti Until 12:54PM**
Saptami Until 11:58PM

Ganesha: Red *Sunrise: 5:11AM*
Muruqa: White *Sunset: 7:28PM*
Nataraja: White
Moon – Light Blue
Chaitra•Panguni

Oslo, Norway
Sun 5 Sutra 366
Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Sivaloka Day

Retreat Star

Friday, April 13, 2012

Dhanus Rasi: 26.37 Tithi 23
183117268
Creative Work Siddha Yoga
Until 8:02PM then no yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 6:56AM – 8:43AM **Purvashadha* Until 6:05AM**
Yama 3:55PM – 5:43PM **Shiva Until 6:40AM**
Rahu 10:31AM – 12:19PM **Balava Until 12:04PM**
Ashtami* Until 12:04AM Sat

Ganesha: Red *Sunrise: 5:08AM*
Muruqa: White *Sunset: 7:31PM*
Nataraja: White
Moon – Light Blue
Chaitra•Chaitra

Oslo, Norway
Sun 6 Sutra 1
Nandana 5114
Moon 3 - Phase 49
Ashtami
Subha Sivaloka Day

Saturday, April 14, 2012

Retreat Star

Makara Rasi: 9.56 Tithi 24
283117268
No Yoga
Until 6:07AM then Siddha Yoga
Until 8:02PM then Amrita Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Sadhya Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 5:05AM – 6:53AM **Uttarashadha Until 6:07AM**
Yama 2:08PM – 3:56PM **Sadhya Until 3:53AM Sun**
Rahu 8:42AM – 10:30AM **Taitila Until 11:24AM**
Navami* Until 11:24PM

Ganesha: Blue *Sunrise: 5:05AM*
Muruqa: White *Sunset: 7:33PM*
Nataraja: White
Moon – Light Blue
Chaitra•Chaitra

Oslo, Norway
Sun 7 Sutra 2
Nandana 5114
Moon 3 - Phase 49
Navami
Subha Subha Sivaloka Day

Chidambaram Abhishekam


1	Sunday, April 15, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam			Oslo, Norway
		Sravana/Dhanishtha Nakshatra Subha Yoga Vanja/Visti* Karana Dasami Yam Titau			Sun 8 Sutra 3
Makara Rasi: 22.55	Tithi 25	Gulika 3:57PM – 5:46PM	Sravana Until 6:46AM	Ganesha: Red <i>Sunrise: 5:02AM</i>	Nandana 5114
	293117268	Yama 12:19PM – 2:08PM	Subha Until 2:48AM Mon	Muruqa: White <i>Sunset: 7:36PM</i>	Moon 3 - Phase 1
Creative Work Amrita Yoga		Rahu 5:46PM – 7:36PM	Vanija Until 11:23AM	Nataraja: White	2nd Phase
Until 6:46AM then Siddha Yoga			Dasami Until 11:23PM	Chaitra-Chaitra	Subha Sivaloka Day

2	Monday, April 16, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam			Oslo, Norway
		Dhanishtha/Satabhisha Nakshatra Sukla Yoga Bava/Balava Karana Ekadasi* Yam Titau			Sun 9 Sutra 4
Kumbha Rasi: 5.38	Tithi 26	Gulika 2:08PM – 3:58PM	Dhanishtha Until 8:05AM	Ganesha: Red <i>Sunrise: 4:59AM</i>	Nandana 5114
Family Home Evening	293117268	Yama 10:29AM – 12:19PM	Sukla Until 3:45AM Tue	Muruqa: White <i>Sunset: 7:38PM</i>	Moon 3 - Phase 1
Creative Work Siddha Yoga		Rahu 6:49AM – 8:39AM	Bava Until 11:56AM	Nataraja: White	2nd Phase
Until 8:02PM then Marana Yoga			Ekadasi* Until 11:56PM	Chaitra-Chaitra	Subha Sivaloka Day

3	Tuesday, April 17, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam			Oslo, Norway
		Satabhisha/Purvaprostapada* Nakshatra Brahma Yoga Kaulava/Tailita Karana Dvadasi* Yam Titau			Sun 10 Sutra 5
Kumbha Rasi: 18.07	Tithi 27	Gulika 12:18PM – 2:09PM	Satabhisha Until 9:47AM	Ganesha: Red <i>Sunrise: 4:56AM</i>	Nandana 5114
	293117268	Yama 8:37AM – 10:28AM	Brahma Until 3:32AM Wed	Muruqa: White <i>Sunset: 7:40PM</i>	Moon 3 - Phase 1
Routine Work Marana Yoga		Rahu 3:59PM – 5:50PM	Kaulava Until 1:33PM	Nataraja: White	2nd Phase
Until 8:02PM then Amrita Yoga			Dvadasi* Until 2:39AM Wed	Chaitra-Chaitra	Subha Sivaloka Day

4	Wednesday, April 18, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam			Oslo, Norway
		Purvaprostapada*/Uttaraprostapada Nakshatra Indra Yoga Gara/Vanija Karana Trayadasi* Yam Titau			Sun 11 Sutra 6
Meena Rasi: 0.24	Tithi 28	Gulika 10:27AM – 12:18PM	Purvaprostapada* Until 11:53AM	Ganesha: Clear <i>Sunrise: 4:53AM</i>	Nandana 5114
	213117268	Yama 6:44AM – 8:36AM	Indra Until 3:39AM Thu	Muruqa: White <i>Sunset: 7:43PM</i>	Moon 3 - Phase 1
Creative Work Amrita Yoga		Rahu 12:18PM – 2:09PM	Gara Until 3:03PM	Nataraja: White	2nd Phase
Until 11:53AM then Siddha Yoga			Trayadasi* Until 4:09AM Thu	Chaitra-Chaitra	Subha Sivaloka Day
			<i>Pradosha Vrata (Fasting)</i>		

5	Thursday, April 19, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam			Oslo, Norway
		Uttaraprostapada*/Revati Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			Sun 12 Sutra 7
Meena Rasi: 12.32	Tithi 29	Gulika 8:34AM – 10:26AM	Uttaraprostapada Until 2:17PM	Ganesha: Clear <i>Sunrise: 4:50AM</i>	Nandana 5114
	213117268	Yama 4:50AM – 6:42AM	Vaidhriti* Until 4:04AM Fri	Muruqa: White <i>Sunset: 7:45PM</i>	Moon 3 - Phase 1
Creative Work Siddha Yoga		Rahu 2:10PM – 4:02PM	Visti Until 4:54PM	Nataraja: White	2nd Phase
			Chaturdasi* Until 5:59AM Fri	Chaitra-Chaitra	Subha Sivaloka Day

	Friday, April 20, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam			Oslo, Norway
	Retreat Star	Revati/Asvini Nakshatra Vishkambha* Yoga Catuspada* Karana Amavasya* Yam Titau			Sun 13 Sutra 8
Meena Rasi: 24.32	Tithi 30	Gulika 6:40AM – 8:33AM	Revati Until 4:57PM	Ganesha: Clear <i>Sunrise: 4:48AM</i>	Nandana 5114
	213117268	Yama 4:03PM – 5:55PM	Vishkambha* Until 4:43AM Sat	Muruqa: White <i>Sunset: 7:48PM</i>	Moon 3 - Phase 1
Creative Work Siddha Yoga		Rahu 10:25AM – 12:18PM	Catuspada Until 7:02PM	Nataraja: White	Amavasya
Until 4:57PM then Amrita Yoga			Amavasya* Until 8:17AM Sat	Chaitra-Chaitra	Subha Sivaloka Day
Until 8:01PM then Siddha Yoga					

Retreat Star	Saturday, April 21, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yukhtayam			Oslo, Norway
		Asvini Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau			Sun 14 Sutra 9
Mesha Rasi: 6.26	Tithi 30 – 1	Gulika 4:45AM – 6:38AM	Asvini Until 7:49PM	Ganesha: Orange <i>Sunrise: 4:45AM</i>	Nandana 5114
	223117268	Yama 2:11PM – 4:04PM	Priti Until 5:34AM Sun	Muruqa: White <i>Sunset: 7:50PM</i>	Moon 3 - Phase 1
Creative Work Siddha Yoga		Rahu 8:31AM – 10:24AM	Kintughna Until 9:23PM	Nataraja: White	Prathama
Until 8:01PM then no yoga			Amavasya* Until 8:17AM	Vaisaka-Chaitra	Subha Sivaloka Day

1	Sunday, April 22, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Ayushman Yoga Bava/Balava Karana Prathama* Dvitiya Yam Titau				Oslo, Norway
	Mesha Rasi: 18.15 Tithi 1 – 2 223117268	Gulika 4:05PM – 5:59PM Yama 12:17PM – 2:11PM Rahu 5:59PM – 7:53PM	Bharani Until 10:50PM Ayushman Until 7:00AM Mon Balava Until 11:54PM Prathama* Until 10:48AM	Ganesha: Orange <i>Sunrise: 4:42AM</i> Muruqa: White <i>Sunset: 7:53PM</i> Nataraja: White Moon – White Vaisaka-Chaitra	Sun 15 Sutra 10 Nandana 5114 Moon 3 - Phase 2 3rd Phase	Subha Sivaloka Day
No Yoga Until 8.00PM then Siddha Yoga Until 10:50PM then no yoga						

2	Monday, April 23, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau				Oslo, Norway
	Wrishabha Rasi: 0.02 Tithi 2 – 3 Family Home Evening 223117268	Gulika 2:12PM – 4:06PM Yama 10:23AM – 12:17PM Rahu 6:34AM – 8:28AM	Krittika Until 1:56AM Tue Ayushman Until 7:00AM Taitila Until 2:30AM Tue Dvitiya Until 1:24PM	Ganesha: Orange <i>Sunrise: 4:39AM</i> Muruqa: White <i>Sunset: 7:55PM</i> Nataraja: White Moon – White Vaisaka-Chaitra	Sun 16 Sutra 11 Nandana 5114 Moon 3 - Phase 2 3rd Phase	Subha Sivaloka Day
No Yoga Until 8.00PM then Siddha Yoga Until 1:56AM Tue then Amrita Yoga						

3	Tuesday, April 24, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau				Oslo, Norway
	Wrishabha Rasi: 11.49 Tithi 3 – 4 233117269	Gulika 12:17PM – 2:12PM Yama 8:27AM – 10:22AM Rahu 4:07PM – 6:02PM	Rohini Until 5:02AM Wed Saubhagya Until 8:04AM Vanija Until 5:06AM Wed Tritiya Until 4:00PM	Ganesha: Clear <i>Sunrise: 4:36AM</i> Muruqa: White <i>Sunset: 7:57PM</i> Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sun 17 Sutra 12 Nandana 5114 Moon 3 - Phase 2 3rd Phase	Sivaloka Day
Creative Work Amrita Yoga Until 8.00PM then Siddha Yoga						

4	Wednesday, April 25, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Sobhana/Athiganda* Yoga Visti* Karana Chaturthi* Yam Titau				Oslo, Norway
	Wrishabha Rasi: 23.39 Tithi 4 234117269	Gulika 10:21AM – 12:17PM Yama 6:29AM – 8:25AM Rahu 12:17PM – 2:12PM	Mrigasira Until 8:09AM Thu Sobhana Until 9:02AM Visti Until 7:35AM Thu Chaturthi* Until 6:29PM	Ganesha: White <i>Sunrise: 4:34AM</i> Muruqa: White <i>Sunset: 8:00PM</i> Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sun 18 Sutra 13 Nandana 5114 Moon 3 - Phase 2 3rd Phase	Devaloka Day
Creative Work Siddha Yoga Until 8.00PM then Marana Yoga						

5	Thursday, April 26, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchami Yam Titau				Oslo, Norway
	Mithuna Rasi: 5.35 Tithi 5 234117269	Gulika 8:24AM – 10:20AM Yama 4:31AM – 6:27AM Rahu 2:13PM – 4:09PM	Mrigasira Until 8:09AM Athiganda* Until 9:48AM Bava Until 7:39AM Panchami Until 8:44PM	Ganesha: White <i>Sunrise: 4:31AM</i> Muruqa: White <i>Sunset: 8:02PM</i> Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sun 19 Sutra 14 Nandana 5114 Moon 3 - Phase 2 3rd Phase	Devaloka Day
Routine Work Marana Yoga Until 8.00PM then Siddha Yoga						

6	Friday, April 27, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shasthi* Yam Titau				Oslo, Norway
	Mithuna Rasi: 17.43 Tithi 6 234117269	Gulika 6:25AM – 8:22AM Yama 4:11PM – 6:08PM Rahu 10:19AM – 12:16PM	Ardra Until 10:35AM Sukarma Until 10:15AM Kaulava Until 9:31AM Shasthi* Until 10:36PM	Ganesha: White <i>Sunrise: 4:28AM</i> Muruqa: White <i>Sunset: 8:05PM</i> Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sun 20 Sutra 15 Nandana 5114 Moon 3 - Phase 2 3rd Phase	Devaloka Day
Creative Work Siddha Yoga Until 8.00PM then Marana Yoga						

Retreat Star	Saturday, April 28, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau				Oslo, Norway
	Kataka Rasi: 0.04 Tithi 7 244117269	Gulika 4:25AM – 6:23AM Yama 2:14PM – 4:12PM Rahu 8:21AM – 10:19AM	Punarvasu Until 12:01PM Dhriti Until 9:57AM Gara Until 10:26AM Saptami Until 10:26PM	Ganesha: Clear <i>Sunrise: 4:25AM</i> Muruqa: White <i>Sunset: 8:07PM</i> Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sun 21 Sutra 16 Nandana 5114 Moon 3 - Phase 2 3rd Phase	Sivaloka Day
Routine Work Marana Yoga Until 12:01PM then Siddha Yoga						

Retreat Star	Sunday, April 29, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau				Oslo, Norway
	Kataka Rasi: 12.46 Tithi 8 244117269	Gulika 4:13PM – 6:11PM Yama 12:16PM – 2:14PM Rahu 6:11PM – 8:09PM	Pushya Until 1:13PM Shula* Until 9:23AM Visti Until 11:01AM Ashtami* Until 11:01PM	Ganesha: Clear <i>Sunrise: 4:23AM</i> Muruqa: White <i>Sunset: 8:09PM</i> Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sun 22 Sutra 17 Nandana 5114 Moon 3 - Phase 2 Ashtami	Sivaloka Day
Creative Work Siddha Yoga						

Retreat Star	Monday, April 30, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Ganda*/Viddhi Yoga Balava/Kaulava Karana Navami* Yam Titau				Oslo, Norway
	Kataka Rasi: 25.5 Tithi 9 Family Home Evening 244117269	Gulika 2:15PM – 4:14PM Yama 10:17AM – 12:16PM Rahu 6:19AM – 8:18AM	Aslesha* Until 1:08PM Ganda* Until 8:10AM Balava Until 10:26AM Navami* Until 9:30PM	Ganesha: Clear <i>Sunrise: 4:20AM</i> Muruqa: White <i>Sunset: 8:12PM</i> Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sun 23 Sutra 18 Nandana 5114 Moon 3 - Phase 2 Navami	Sivaloka Day
Creative Work Siddha Yoga						


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

1	Tuesday, May 1, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam	Oslo, Norway
	Magha*/Purvaphalguni* Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dasami Yam Titau	Sun 24	Sutra 19
Simha Rasi: 9.22	Tithi 10	Gulika 12:16PM – 2:16PM	Magha* Until 12:49PM
254117269		Yama 8:15AM – 10:15AM	Ganesha: Purple <i>Sunrise:</i> 4:15AM
Creative Work Siddha Yoga		Rahu 4:16PM – 6:16PM	Muruqa: White <i>Sunset:</i> 8:17PM
Until 7.59PM then Amrita Yoga			Nataraja: Clear
			Moon – Red
		Dasami Until 8:29PM	Vaisaka-Chaitra
			Devaloka Day

2	Wednesday, May 2, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam	Oslo, Norway
	Purvaphalguni*/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Sun 25	Sutra 20
Simha Rasi: 23.2	Tithi 11	Gulika 10:15AM – 12:16PM	Purvaphalguni* Until 11:42AM
254117269		Yama 6:13AM – 8:14AM	Ganesha: Purple <i>Sunrise:</i> 4:12AM
Creative Work Amrita Yoga		Rahu 12:16PM – 2:16PM	Muruqa: White <i>Sunset:</i> 8:19PM
Until 7.59PM then Prabalarishta Yoga			Nataraja: Clear
			Moon – Red
		Ekadasi Until 6:37PM	Vaisaka-Chaitra
			Devaloka Day

3	Thursday, May 3, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam	Oslo, Norway
	Uttaraphalguni*/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Sun 26	Sutra 21
Kanya Rasi: 7.46	Tithi 12 – 13	Gulika 8:12AM – 10:14AM	Uttaraphalguni Until 9:34AM
254117269		Yama 4:09AM – 6:11AM	Ganesha: Purple <i>Sunrise:</i> 4:09AM
Routine Work Prabalarishta Yoga		Rahu 2:17PM – 4:19PM	Muruqa: White <i>Sunset:</i> 8:22PM
Until 9:34AM then no yoga			Nataraja: Clear
Until 7.59PM then Amrita Yoga			Moon – Red
		Dvadasi Until 3:13PM	Vaisaka-Chaitra
			Devaloka Day
			<i>Pradosha Vrata</i>

4	Friday, May 4, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam	Oslo, Norway
	Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Sun 27	Sutra 22
Kanya Rasi: 22.35	Tithi 13 – 14	Gulika 6:09AM – 8:11AM	Hasta Until 7:12AM
264117269		Yama 4:20PM – 6:22PM	Ganesha: Clear <i>Sunrise:</i> 4:07AM
Creative Work Amrita Yoga		Rahu 10:13AM – 12:15PM	Muruqa: White <i>Sunset:</i> 8:24PM
Until 7:12AM then Siddha Yoga			Nataraja: Clear
Until 7.59PM then Marana Yoga			Moon – Green
		Trayodasi Until 12:04PM	Vaisaka-Chaitra
			Sivaloka Day

	Saturday, May 5, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam	Oslo, Norway
	Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Sun 28	Sutra 23
Tula Rasi: 7.4	Tithi 14 – 15	Gulika 4:04AM – 6:07AM	Svati Until 1:44AM Sun
264217269		Yama 2:18PM – 4:21PM	Ganesha: White <i>Sunrise:</i> 4:04AM
Creative Work Siddha Yoga		Rahu 8:10AM – 10:13AM	Muruqa: White <i>Sunset:</i> 8:26PM
Until 1:44AM Sun then Marana Yoga			Nataraja: Clear
			Moon – Green
		Chaturdasi* Until 8:26AM	Vaisaka-Chaitra
			Subha Sivaloka Day

Sunday, May 6, 2012	Silver Retreat Star	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam	Oslo, Norway
	Visakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau	Sun 29	Sutra 24
Tula Rasi: 22.52	Tithi 16	Gulika 4:22PM – 6:25PM	Visakha Until 10:44PM
274217269		Yama 12:15PM – 2:19PM	Ganesha: Yellow <i>Sunrise:</i> 4:02AM
Routine Work Marana Yoga		Rahu 6:25PM – 8:29PM	Muruqa: White <i>Sunset:</i> 8:29PM
Until 10:44PM then Siddha Yoga			Nataraja: Clear
			Moon – Orange
		Prathama* Until 1:10AM Mon	Vaisaka-Chaitra
			Sivaloka Day