



**Tuesday, April 19, 2011**  
**Gold Retreat Star**

Tula Rasi: 18.18      Tithi 17  
262456158  
Creative Work    Siddha Yoga  
Until 8:43AM then Marana Yoga  
Until 11.01PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati/Visakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika**    12:06PM – 1:42PM    **Svati Until 8:43AM**  
**Yama**      8:54AM – 10:30AM    **Siddhi Until 9:32PM**  
**Rahu**      3:18PM – 4:53PM      **Taitila Until 1:30PM**  
**Dvitiya Until 11:48PM**

Muscat, Oman  
**Sutra 6**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase  
**Sivaloka Day**  
**Ganesha:** White    *Sunrise:* 5:43AM  
**Muruqa:** Yellow    *Sunset:* 6:29PM  
**Nataraja:** Clear  
Moon – Green  
**Chaitra-Chaitra**



**Wednesday, April 20, 2011**

Wrishchika Rasi: 3.02      Tithi 18  
272456158  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Visakha/Anuradha Nakshatra Vyatipata\* Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**    10:30AM – 12:06PM    **Visakha Until 6:31AM**  
**Yama**      7:18AM – 8:54AM      **Vyatipata\* Until 6:46PM**  
**Rahu**      12:06PM – 1:42PM      **Vanija Until 10:50AM**  
**Tritiya Until 9:54PM**

Muscat, Oman  
**Sutra 7**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase  
**Devaloka Day**  
**Ganesha:** Yellow    *Sunrise:* 5:42AM  
**Muruqa:** Yellow    *Sunset:* 6:30PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra-Chaitra**



**Thursday, April 21, 2011**

Wrishchika Rasi: 17.22      Tithi 19  
272456158  
Creative Work    Siddha Yoga  
Until 11.01PM then Prabalarishta Yoga  
Until 3:39AM Fri then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    8:53AM – 10:29AM    **Jyeshtha\* Until 3:39AM Fri**  
**Yama**      5:41AM – 7:17AM      **Variyan Until 3:36PM**  
**Rahu**      1:42PM – 3:18PM      **Bava Until 8:19AM**  
**Chaturthi\* Until 7:24PM**

Muscat, Oman  
**Sutra 8**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase  
**Devaloka Day**  
**Ganesha:** Yellow    *Sunrise:* 5:41AM  
**Muruqa:** Yellow    *Sunset:* 6:30PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra-Chaitra**



**Friday, April 22, 2011**

Dhanus Rasi: 1.14      Tithi 20  
282456158  
No Yoga  
Until 11.00PM then Siddha Yoga  
Until 4:21AM Sat then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\* Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    7:17AM – 8:53AM      **Mula\* Until 4:21AM Sat**  
**Yama**      3:18PM – 4:54PM      **Parigha\* Until 1:43PM**  
**Rahu**      10:29AM – 12:05PM    **Kaulava Until 6:45AM**  
**Panchami Until 6:45PM**

Muscat, Oman  
**Sutra 9**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase  
**Sivaloka Day**  
**Ganesha:** Blue      *Sunrise:* 5:40AM  
**Muruqa:** Yellow    *Sunset:* 6:30PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Chaitra**



**Saturday, April 23, 2011**

Dhanus Rasi: 14.37      Tithi 21 – 22  
282466158  
Routine Work    Marana Yoga  
Until 11.00PM then Siddha Yoga  
Until 4:15AM Sun then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva/Siddha Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika**    5:40AM – 7:16AM      **Purvashadha\* Until 4:15AM Sun**  
**Yama**      1:42PM – 3:18PM      **Shiva Until 11:57AM**  
**Rahu**      8:52AM – 10:29AM    **Visti Until 5:55AM Sun**  
**Shasthi\* Until 5:55PM**

Muscat, Oman  
**Sutra 10**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase  
**Sivaloka Day**  
**Ganesha:** Blue      *Sunrise:* 5:40AM  
**Muruqa:** Red        *Sunset:* 6:31PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Chaitra**



**Sunday, April 24, 2011**

Dhanus Rasi: 27.34      Tithi 22  
282466158  
Creative Work    Amrita Yoga  
Until 11.00PM then Marana Yoga  
Until 4:58AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Siddha/Sadhya Yoga Bava Karana Saptami Yam Titau  
**Gulika**    3:18PM – 4:55PM      **Uttarashadha Until 4:58AM Mon**  
**Yama**      12:05PM – 1:42PM      **Siddha Until 10:57AM**  
**Rahu**      4:55PM – 6:31PM      **Bava Until 5:59AM Mon**  
**Saptami Until 5:59PM**

Muscat, Oman  
**Sutra 11**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase  
**Sivaloka Day**  
**Ganesha:** Blue      *Sunrise:* 5:39AM  
**Muruqa:** Red        *Sunset:* 6:31PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Chaitra**



**Monday, April 25, 2011**  
**Retreat Star**

Makara Rasi: 10.07      Tithi 23  
293466159  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 11.00PM then Siddha Yoga  
Until 7:52AM Tue then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Sravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    1:42PM – 3:18PM      **Sravana Until 7:52AM Tue**  
**Yama**      10:28AM – 12:05PM    **Sadhya Until 10:57AM**  
**Rahu**      7:15AM – 8:51AM      **Balava Until 6:53AM**  
**Ashtami\* Until 7:58PM**


Muscat, Oman  
**Sutra 12**  
Khara 5113  
Moon 4 - Phase 1  
Ashtami  
**Devaloka Day**  
**Ganesha:** Green    *Sunrise:* 5:38AM  
**Muruqa:** Red        *Sunset:* 6:32PM  
**Nataraja:** Purple  
Moon – Purple  
**Chaitra-Chaitra**

**Tuesday, April 26, 2011**  
**Retreat Star**

Makara Rasi: 22.24      Tithi 24  
293466159  
Creative Work    Siddha Yoga  
Until 7:52AM then Marana Yoga  
Until 11.00PM then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    12:05PM – 1:42PM      **Sravana Until 7:52AM**  
**Yama**      8:51AM – 10:28AM    **Subha Until 11:06AM**  
**Rahu**      3:18PM – 4:55PM      **Taitila Until 8:24AM**  
**Navami\* Until 9:30PM**

Muscat, Oman  
**Sutra 13**  
Khara 5113  
Moon 4 - Phase 1  
Navami  
**Devaloka Day**  
**Ganesha:** Green    *Sunrise:* 5:37AM  
**Muruqa:** Red        *Sunset:* 6:32PM  
**Nataraja:** Purple  
Moon – Purple  
**Chaitra-Chaitra**

<b>1</b>	<b>Wednesday, April 27, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dasami Yam Titau	Muscat, Oman <b>Sutra 14</b> Khara 5113
	Kumbha Rasi: 4.28      Tithi 25 293566159	<b>Gulika</b> 10:27AM – 12:04PM <b>Yama</b> 7:13AM – 8:50AM <b>Rahu</b> 12:04PM – 1:41PM	<b>Dhanishtha</b> Until 10:24AM Sukla Until 11:39AM Vanija Until 10:22AM <b>Dasami</b> Until 11:28PM
	Routine Work    Prabalarishta Yoga Until 10:24AM then Siddha Yoga Until 11:00PM then Marana Yoga	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:36AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:33PM <b>Nataraja:</b> Purple Moon – Purple	<b>Sivaloka Day</b>
<b>2</b>	<b>Thursday, April 28, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadasi* Yam Titau	Muscat, Oman <b>Sutra 15</b> Khara 5113
	Kumbha Rasi: 16.25      Tithi 26 293566159	<b>Gulika</b> 8:50AM – 10:27AM <b>Yama</b> 5:36AM – 7:13AM <b>Rahu</b> 1:41PM – 3:19PM	<b>Satabhisha</b> Until 1:11PM Brahma Until 12:25PM Bava Until 12:38PM <b>Ekadasi*</b> Until 1:43AM Fri
	Routine Work    Marana Yoga Until 1:11PM then Siddha Yoga	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:36AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:33PM <b>Nataraja:</b> Purple Moon – Purple	<b>Sivaloka Day</b>
<b>3</b>	<b>Friday, April 29, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau	Muscat, Oman <b>Sutra 16</b> Khara 5113
	Kumbha Rasi: 28.17      Tithi 27 213566159	<b>Gulika</b> 7:12AM – 8:50AM <b>Yama</b> 3:19PM – 4:56PM <b>Rahu</b> 10:27AM – 12:04PM	<b>Purvaprostapada*</b> Until 4:06PM Indra Until 1:19PM Kaulava Until 3:01PM <b>Dvadasi*</b> Until 4:07AM Sat
	Creative Work    Siddha Yoga	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:35AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:33PM <b>Nataraja:</b> Purple Moon – Clear	<b>Sivaloka Day</b>
<b>4</b>	<b>Saturday, April 30, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manu Vasara Yuktayam Uttaraprostapada Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Muscat, Oman <b>Sutra 17</b> Khara 5113
	Meena Rasi: 10.09      Tithi 28 213566159	<b>Gulika</b> 5:34AM – 7:12AM <b>Yama</b> 1:41PM – 3:19PM <b>Rahu</b> 8:49AM – 10:27AM	<b>Uttaraprostapada</b> Until 7:02PM Vaidhriti* Until 2:14PM Gara Until 5:26PM <b>Trayodasi*</b> Until 6:42AM Sun <i>Pradosha Vrata (Fasting)</i>
	Creative Work    Siddha Yoga Until 7:02PM then Prabalarishta Yoga Until 10:59PM then Amrita Yoga	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:34AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:34PM <b>Nataraja:</b> Purple Moon – Clear	<b>Sivaloka Day</b>
<b>5</b>	<b>Sunday, May 1, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Muscat, Oman <b>Sutra 18</b> Khara 5113
	Meena Rasi: 22.02      Tithi 28 – 29 213566159	<b>Gulika</b> 3:19PM – 4:57PM <b>Yama</b> 12:04PM – 1:41PM <b>Rahu</b> 4:57PM – 6:34PM	<b>Revati</b> Until 9:55PM Vishkambha* Until 3:06PM Visti Until 7:47PM <b>Trayodasi*</b> Until 6:42AM
	Creative Work    Amrita Yoga Until 9:55PM then Siddha Yoga	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:34AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:34PM <b>Nataraja:</b> Purple Moon – Clear	<b>Sivaloka Day</b>
	<b>Monday, May 2, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Muscat, Oman <b>Sutra 19</b> Khara 5113
	<b>Retreat Star</b> Mesha Rasi: 4      Tithi 29 – 30 <b>Family Home Evening</b> 223566159	<b>Gulika</b> 1:42PM – 3:19PM <b>Yama</b> 10:26AM – 12:04PM <b>Rahu</b> 7:11AM – 8:48AM	<b>Asvini</b> Until 12:40AM Tue Priti Until 3:51PM Catuspada Until 10:00PM <b>Chaturdasi*</b> Until 8:54AM
	Creative Work    Siddha Yoga	<b>Chaitra-Chaitra</b>	<b>Sivaloka Day</b>
	<b>Tuesday, May 3, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Muscat, Oman <b>Sutra 20</b> Khara 5113
	<b>Retreat Star</b> Mesha Rasi: 16.03      Tithi 30 – 1 223566159	<b>Gulika</b> 12:04PM – 1:42PM <b>Yama</b> 8:48AM – 10:26AM <b>Rahu</b> 3:19PM – 4:57PM	<b>Bharani</b> Until 3:14AM Wed Ayushman Until 4:25PM Kintughna Until 12:00AM Wed <b>Amavasya*</b> Until 10:55AM
	Creative Work    Siddha Yoga Until 10:59PM then Marana Yoga Until 3:14AM Wed then Amrita Yoga	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:32AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:35PM <b>Nataraja:</b> Purple Moon – White	<b>Sivaloka Day</b>
		<b>Vaisaka-Chaitra</b>	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

<b>1</b>	<b>Wednesday, May 4, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau			Muscat, Oman
	Mesha Rasi: 28.13    Tithi 1 – 2 223566159	<b>Gulika</b> 10:26AM – 12:04PM <b>Yama</b> 7:10AM – 8:48AM <b>Rahu</b> 12:04PM – 1:42PM	<b>Krittika</b> Until 5:34AM Thu Saubhagya Until 4:47PM Balava Until 1:45AM Thu <b>Prathama*</b> Until 12:40PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:31AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:36PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Chaitra</b>	<b>Sutra 21</b> Khara 5113 Moon 4 - Phase 3 3rd Phase
Creative Work    Amrita Yoga Until 10:59PM then Marana Yoga		<b>Sivaloka Day</b>			


<b>2</b>	<b>Thursday, May 5, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau			Muscat, Oman
	Wrishabha Rasi: 10.32    Tithi 2 – 3 233566159	<b>Gulika</b> 8:47AM – 10:25AM <b>Yama</b> 5:31AM – 7:09AM <b>Rahu</b> 1:42PM – 3:20PM	<b>Rohini</b> Until 6:36AM Fri Sobhana Until 4:53PM Taitila Until 1:26AM Fri <b>Dvitiya</b> Until 1:26PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:31AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:36PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sutra 22</b> Khara 5113 Moon 4 - Phase 3 3rd Phase
Routine Work    Marana Yoga Until 6:36AM Fri then Siddha Yoga		<b>Sivaloka Day</b>			

<b>3</b>	<b>Friday, May 6, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Grigasira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau			Muscat, Oman
	Wrishabha Rasi: 23.01    Tithi 3 – 4 233566159	<b>Gulika</b> 7:09AM – 8:47AM <b>Yama</b> 3:20PM – 4:58PM <b>Rahu</b> 10:25AM – 12:03PM	<b>Rohini</b> Until 6:36AM Athiganda* Until 3:55PM Vanija Until 2:25AM Sat <b>Tritiya</b> Until 2:25PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:30AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:37PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sutra 23</b> Khara 5113 Moon 4 - Phase 3 3rd Phase
Routine Work    Marana Yoga Until 6:36AM then Siddha Yoga		<b>Sivaloka Day</b>			

<b>4</b>	<b>Saturday, May 7, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira/Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau			Muscat, Oman
	Mithuna Rasi: 5.41    Tithi 4 – 5 233566159	<b>Gulika</b> 5:30AM – 7:08AM <b>Yama</b> 1:42PM – 3:20PM <b>Rahu</b> 8:46AM – 10:25AM	<b>Mrigasira</b> Until 7:49AM Sukarma Until 3:23PM Bava Until 3:00AM Sun <b>Chaturthi*</b> Until 3:00PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:30AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:37PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sutra 24</b> Khara 5113 Moon 4 - Phase 3 3rd Phase
Creative Work    Siddha Yoga		<b>Sivaloka Day</b>			

<b>5</b>	<b>Sunday, May 8, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau			Muscat, Oman
	Mithuna Rasi: 18.35    Tithi 5 – 6 233566159	<b>Gulika</b> 3:20PM – 4:59PM <b>Yama</b> 12:03PM – 1:42PM <b>Rahu</b> 4:59PM – 6:37PM	<b>Ardra</b> Until 8:37AM Dhriti Until 2:28PM Kaulava Until 3:08AM Mon <b>Panchami</b> Until 3:08PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:29AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:37PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sutra 25</b> Khara 5113 Moon 4 - Phase 3 3rd Phase
Creative Work    Siddha Yoga Until 10:58PM then Amrita Yoga		<b>Mother's Day</b>	<b>Sivaloka Day</b>		

<b>6</b>	<b>Monday, May 9, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau			Muscat, Oman
	Kataka Rasi: 1.44    Tithi 6 – 7 <b>Family Home Evening</b> 244566159	<b>Gulika</b> 1:42PM – 3:21PM <b>Yama</b> 10:24AM – 12:03PM <b>Rahu</b> 7:07AM – 8:46AM	<b>Punarvasu</b> Until 8:56AM Shula* Until 1:06PM Gara Until 2:45AM Tue <b>Shasthi*</b> Until 2:45PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:28AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:38PM <b>Nataraja:</b> Purple Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sutra 26</b> Khara 5113 Moon 4 - Phase 3 3rd Phase
Creative Work    Amrita Yoga Until 8:56AM then Siddha Yoga		<b>Sivaloka Day</b>			

	<b>Tuesday, May 10, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Aslesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau			Muscat, Oman
	<b>Retreat Star</b> Kataka Rasi: 15.12    Tithi 7 – 8 244566159	<b>Gulika</b> 12:03PM – 1:42PM <b>Yama</b> 8:45AM – 10:24AM <b>Rahu</b> 3:21PM – 5:00PM	<b>Pushya</b> Until 8:31AM Ganda* Until 10:53AM Visti Until 12:14AM Wed <b>Saptami</b> Until 1:10PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:28AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:38PM <b>Nataraja:</b> Purple Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sutra 27</b> Khara 5113 Moon 4 - Phase 3 Ashtami
Creative Work    Siddha Yoga		<b>Sivaloka Day</b>			

<b>Retreat Star</b>	<b>Wednesday, May 11, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Aslesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau			Muscat, Oman
	Kataka Rasi: 28.59    Tithi 8 – 9 244566159	<b>Gulika</b> 10:24AM – 12:03PM <b>Yama</b> 7:06AM – 8:45AM <b>Rahu</b> 12:03PM – 1:42PM	<b>Aslesha*</b> Until 7:45AM Vridhhi Until 8:37AM Balava Until 10:44PM <b>Ashtami*</b> Until 11:40AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:27AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:39PM <b>Nataraja:</b> Purple Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sutra 28</b> Khara 5113 Moon 4 - Phase 3 Navami
Creative Work    Siddha Yoga Until 10:58PM then Amrita Yoga		<b>Sivaloka Day</b>			

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda, SataBR 1.7.2.1. VE, 393

<b>1</b>	<b>Thursday, May 12, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Muscat, Oman <b>Sutra 29</b> Khara 5113
	Simha Rasi: 13.05      Tithi 9 – 10 254566159	<b>Gulika</b> 8:45AM – 10:24AM <b>Yama</b> 5:27AM – 7:06AM <b>Rahu</b> 1:42PM – 3:21PM	<b>Magha* Until 6:25AM</b> Vyaghata* Until 3:10AM Fri Taitila Until 8:38PM <b>Navami* Until 9:34AM</b>
	Creative Work Amrita Yoga Until 6:25AM then no yoga Until 10.58PM then Siddha Yoga	<b>Ganesha:</b> White <i>Sunrise:</i> 5:27AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:39PM <b>Nataraja:</b> Purple Moon – Red <b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b> Moon 4 - Phase 4 4th Phase
<b>2</b>	<b>Friday, May 13, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Gara/Visti* Karana Dasami/Ekadasi Yam Titau	Muscat, Oman <b>Sutra 30</b> Khara 5113
	Simha Rasi: 27.3      Tithi 10 – 11 254566159	<b>Gulika</b> 7:05AM – 8:45AM <b>Yama</b> 3:21PM – 5:01PM <b>Rahu</b> 10:24AM – 12:03PM	<b>Uttaraphalguni Until 2:00AM Sat</b> Harshana Until 10:47PM Visti Until 3:24AM Sat <b>Dasami Until 6:50AM</b>
	Creative Work Siddha Yoga Until 10.58PM then Marana Yoga	<b>Ganesha:</b> White <i>Sunrise:</i> 5:26AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:40PM <b>Nataraja:</b> Purple Moon – Red <b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b> Moon 4 - Phase 4 4th Phase
<b>3</b>	<b>Saturday, May 14, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Bava/Balava Karana Dvadasi Yam Titau	Muscat, Oman <b>Sutra 31</b> Khara 5113
	Kanya Rasi: 12.1      Tithi 12 264566159	<b>Gulika</b> 5:26AM – 7:05AM <b>Yama</b> 1:42PM – 3:22PM <b>Rahu</b> 8:44AM – 10:24AM	<b>Hasta Until 11:53PM</b> Vajra* Until 7:20PM Bava Until 2:12PM <b>Dvadasi Until 12:29AM Sun</b>
	Routine Work Marana Yoga Until 10.58PM then Amrita Yoga Until 11:53PM then Siddha Yoga	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:26AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:40PM <b>Nataraja:</b> Purple Moon – Green <b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b> Moon 4 - Phase 4 4th Phase
<b>4</b>	<b>Sunday, May 15, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Muscat, Oman <b>Sutra 32</b> Khara 5113
	Kanya Rasi: 26.59      Tithi 13 264566159	<b>Gulika</b> 3:22PM – 5:01PM <b>Yama</b> 12:03PM – 1:42PM <b>Rahu</b> 5:01PM – 6:41PM	<b>Chitra Until 9:30PM</b> Siddhi Until 3:40PM Kaulava Until 11:01AM <b>Trayodasi Until 9:18PM</b>
	Creative Work Siddha Yoga Until 10.58PM then Amrita Yoga	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:25AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:41PM <b>Nataraja:</b> Purple Moon – Green <b>Vaisaka-Vaikasi</b>	<b>Sivaloka Day</b> Moon 4 - Phase 4 4th Phase
		<i>Pradosha Vrata</i>	
<b>5</b>	<b>Monday, May 16, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Muscat, Oman <b>Sutra 33</b> Khara 5113
	Tula Rasi: 11.51      Tithi 14 <b>Family Home Evening</b> 264566159	<b>Gulika</b> 1:43PM – 3:22PM <b>Yama</b> 10:24AM – 12:03PM <b>Rahu</b> 7:04AM – 8:44AM	<b>Svati Until 7:03PM</b> Vyatipata* Until 11:55AM Gara Until 7:46AM <b>Chaturdasi* Until 6:03PM</b>
	Creative Work Amrita Yoga Until 7:03PM then Marana Yoga	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:25AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:41PM <b>Nataraja:</b> Purple Moon – Green <b>Vaisaka-Vaikasi</b>	<b>Sivaloka Day</b> Moon 4 - Phase 4 4th Phase
<b>○</b>	<b>Tuesday, May 17, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Visakha/Anuradha Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Muscat, Oman <b>Sutra 34</b> Khara 5113
	Tula Rasi: 26.37      Tithi 15 – 16 274566159	<b>Gulika</b> 12:03PM – 1:43PM <b>Yama</b> 8:44AM – 10:23AM <b>Rahu</b> 3:22PM – 5:02PM	<b>Visakha Until 4:44PM</b> Variyan Until 8:19AM Balava Until 1:14AM Wed <b>Purnima* Until 2:57PM</b>
	Routine Work Marana Yoga Until 4:44PM then Siddha Yoga	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:24AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:42PM <b>Nataraja:</b> Purple Moon – Orange <b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b> Moon 4 - Phase 4 Purnima
<b>○</b>	<b>Wednesday, May 18, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau	Muscat, Oman <b>Sutra 35</b> Khara 5113
	Vrischika Rasi: 11.11      Tithi 16 – 17 274566159	<b>Gulika</b> 10:23AM – 12:03PM <b>Yama</b> 7:04AM – 8:44AM <b>Rahu</b> 12:03PM – 1:43PM	<b>Anuradha Until 3:24PM</b> Shiva Until 2:18AM Thu Taitila Until 11:46PM <b>Prathama* Until 12:41PM</b>
	Creative Work Siddha Yoga	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:24AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:42PM <b>Nataraja:</b> Purple Moon – Orange <b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b> Moon 4 - Phase 4 Prathama



**Thursday, May 19, 2011**  
**Gold Retreat Star**

Virshchika Rasi: 25.25 Tithi 18 – 19  
274566159  
Creative Work Siddha Yoga  
Until 10.58PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika 8:43AM – 10:23AM**  
Yama 5:24AM – 7:03AM  
**Rahu 1:43PM – 3:23PM**  
**Jyeshtha\* Until 1:52PM**  
Siddha Until 11:19PM  
Vanija Until 9:25PM  
**Dvitiya Until 10:21AM**

**Ganesha:** Blue *Sunrise: 5:24AM*  
**Muruqa:** Red *Sunset: 6:43PM*  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Vaikasi**

Muscat, Oman  
**Sun 1 Sutra 36**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Devaloka Day**

**1 Friday, May 20, 2011**

Dhanus Rasi: 9.15 Tithi 18 – 19  
284566159  
No Yoga  
Until 1:32PM then Siddha Yoga  
Until 10.58PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika 7:03AM – 8:43AM**  
Yama 3:23PM – 5:03PM  
**Rahu 10:23AM – 12:03PM**  
**Mula\* Until 1:32PM**  
Sadhya Until 10:02PM  
Bava Until 8:57PM  
**Tritiya Until 8:57AM**

**Ganesha:** Red *Sunrise: 5:23AM*  
**Muruqa:** Red *Sunset: 6:43PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Muscat, Oman  
**Sun 2 Sutra 37**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Sivaloka Day**

**2 Saturday, May 21, 2011**

Dhanus Rasi: 22.4 Tithi 19 – 20  
284566159  
Routine Work Marana Yoga  
Until 1:23PM then no yoga  
Until 10.58PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika 5:23AM – 7:03AM**  
Yama 1:43PM – 3:23PM  
**Rahu 8:43AM – 10:23AM**  
**Purvashadha\* Until 1:23PM**  
Subha Until 8:14PM  
Kaulava Until 8:03PM  
**Chaturthi\* Until 8:03AM**

**Ganesha:** Red *Sunrise: 5:23AM*  
**Muruqa:** Red *Sunset: 6:44PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Muscat, Oman  
**Sun 3 Sutra 38**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Sivaloka Day**

**3 Sunday, May 22, 2011**

Makara Rasi: 5.41 Tithi 20 – 21  
285666159  
Creative Work Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha\*/Sravana Nakshatra Sukla Yoga Tailila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika 3:24PM – 5:04PM**  
Yama 12:03PM – 1:44PM  
**Rahu 5:04PM – 6:44PM**  
**Uttarashadha Until 1:59PM**  
Sukla Until 7:09PM  
Gara Until 7:57PM  
**Panchami Until 7:57AM**

**Ganesha:** Red *Sunrise: 5:22AM*  
**Muruqa:** Red *Sunset: 6:44PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Muscat, Oman  
**Sun 4 Sutra 39**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Sivaloka Day**

**4 Monday, May 23, 2011**

Makara Rasi: 18.19 Tithi 21 – 22  
295666159  
**Family Home Evening**  
Creative Work Amrita Yoga  
Until 4:02PM then Siddha Yoga  
Until 10.58PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Brahma Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika 1:44PM – 3:24PM**  
Yama 10:23AM – 12:03PM  
**Rahu 7:02AM – 8:43AM**  
**Sravana Until 4:02PM**  
Brahma Until 7:40PM  
Visti Until 9:55PM  
**Shasthi\* Until 8:50AM**

**Ganesha:** Green *Sunrise: 5:22AM*  
**Muruqa:** Red *Sunset: 6:45PM*  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Muscat, Oman  
**Sun 5 Sutra 40**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase

**Devaloka Day**

**Tuesday, May 24, 2011**  
**Retreat Star**

Kumbha Rasi: 0.4 Tithi 22 – 23  
295666159  
Routine Work Marana Yoga  
Until 10.59PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika 12:03PM – 1:44PM**  
Yama 8:43AM – 10:23AM  
**Rahu 3:24PM – 5:05PM**  
**Dhanishtha Until 6:01PM**  
Indra Until 7:43PM  
Balava Until 11:16PM  
**Saptami Until 10:11AM**

**Ganesha:** Green *Sunrise: 5:22AM*  
**Muruqa:** Red *Sunset: 6:45PM*  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Muscat, Oman  
**Sun 6 Sutra 41**  
Khara 5113  
Moon 5 - Phase 5  
Ashtami

**Devaloka Day**

**Wednesday, May 25, 2011**  
**Retreat Star**

Kumbha Rasi: 12.47 Tithi 23 – 24  
295666159  
Creative Work Siddha Yoga  
Until 8:26PM then Amrita Yoga  
Until 10.59PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Satabhisha Nakshatra Vaidhriti\* Yoga Kaulava/Tailila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika 10:23AM – 12:04PM**  
Yama 7:02AM – 8:43AM  
**Rahu 12:04PM – 1:44PM**  
**Satabhisha Until 8:26PM**  
Vaidhriti\* Until 8:11PM  
Tailila Until 1:06AM Thu  
**Ashtami\* Until 12:00PM**

**Ganesha:** Green *Sunrise: 5:22AM*  
**Muruqa:** Red *Sunset: 6:46PM*  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Muscat, Oman  
**Sun 7 Sutra 42**  
Khara 5113  
Moon 5 - Phase 5  
Navami

**Devaloka Day**

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138

<b>1</b> Kumbha Rasi: 24.46 Creative Work Siddha Yoga	<b>Thursday, May 26, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau			Muscat, Oman
	Tithi 24 – 25 315666159	<b>Gulika</b> 8:42AM – 10:23AM <b>Yama</b> 5:21AM – 7:02AM <b>Rahu</b> 1:44PM – 3:25PM	<b>Purvaprostapada* Until 11:09PM</b> Vishkambha* Until 8:54PM Vanija Until 3:15AM Fri Navami* Until 2:09PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:21AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:46PM <b>Nataraja:</b> Purple Moon – Clear <b>Vaisaka-Vaikasi</b>	<b>Sun 8</b> <b>Sutra 43</b> Khara 5113 Moon 5 - Phase 6 2nd Phase <b>Sivaloka Day</b>


<b>2</b> Meena Rasi: 6.4 Creative Work Siddha Yoga Until 2:01AM Sat then Prabalarishta Yoga	<b>Friday, May 27, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Priti Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau			Muscat, Oman
	Tithi 25 – 26 315666159	<b>Gulika</b> 7:02AM – 8:42AM <b>Yama</b> 3:25PM – 5:06PM <b>Rahu</b> 10:23AM – 12:04PM	<b>Uttaraprostapada Until 2:01AM Sat</b> Priti Until 9:47PM Bava Until 5:33AM Sat Dasami Until 4:28PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:21AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:46PM <b>Nataraja:</b> Purple Moon – Clear <b>Vaisaka-Vaikasi</b>	<b>Sun 9</b> <b>Sutra 44</b> Khara 5113 Moon 5 - Phase 6 2nd Phase <b>Sivaloka Day</b>

<b>3</b> Meena Rasi: 18.33 Routine Work Prabalarishta Yoga Until 10:59PM then Amrita Yoga Until 4:54AM Sun then Siddha Yoga	<b>Saturday, May 28, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava Karana Ekadasi* Yam Titau			Muscat, Oman
	Tithi 26 315666159	<b>Gulika</b> 5:21AM – 7:02AM <b>Yama</b> 1:45PM – 3:25PM <b>Rahu</b> 8:42AM – 10:23AM	<b>Revati Until 4:54AM Sun</b> Ayushman Until 10:40PM Balava Until 7:54AM Sun Ekadasi* Until 6:48PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:21AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:47PM <b>Nataraja:</b> Purple Moon – Clear <b>Vaisaka-Vaikasi</b>	<b>Sun 10</b> <b>Sutra 45</b> Khara 5113 Moon 5 - Phase 6 2nd Phase <b>Sivaloka Day</b>

<b>4</b> Mesha Rasi: 0.29 Creative Work Siddha Yoga	<b>Sunday, May 29, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau			Muscat, Oman
	Tithi 27 325666159	<b>Gulika</b> 3:26PM – 5:07PM <b>Yama</b> 12:04PM – 1:45PM <b>Rahu</b> 5:07PM – 6:47PM	<b>Asvini Until 7:39AM Mon</b> Saubhagya Until 11:29PM Kaulava Until 7:57AM Dvadasi* Until 9:03PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:21AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:47PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Vaikasi</b>	<b>Sun 11</b> <b>Sutra 46</b> Khara 5113 Moon 5 - Phase 6 2nd Phase <b>Devaloka Day</b>

<b>5</b> Mesha Rasi: 12.31 Family Home Evening Creative Work Siddha Yoga	<b>Monday, May 30, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodasi* Yam Titau			Muscat, Oman
	Tithi 28 325666159	<b>Gulika</b> 1:45PM – 3:26PM <b>Yama</b> 10:23AM – 12:04PM <b>Rahu</b> 7:01AM – 8:42AM	<b>Asvini Until 7:39AM</b> Sobhana Until 12:08AM Tue Gara Until 9:59AM Trayodasi* Until 11:04PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:20AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:48PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Vaikasi</b>	<b>Sun 12</b> <b>Sutra 47</b> Khara 5113 Moon 5 - Phase 6 2nd Phase <b>Devaloka Day</b>

<b>6</b> Mesha Rasi: 24.41 Creative Work Siddha Yoga Until 10:59PM then Amrita Yoga	<b>Tuesday, May 31, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			Muscat, Oman
	Tithi 29 326666159	<b>Gulika</b> 12:04PM – 1:45PM <b>Yama</b> 8:42AM – 10:23AM <b>Rahu</b> 3:26PM – 5:07PM	<b>Bharani Until 9:58AM</b> Athiganda* Until 12:30AM Wed Visti Until 11:42AM Chaturdasi* Until 12:48AM Wed	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:20AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:48PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Vaikasi</b>	<b>Sun 13</b> <b>Sutra 48</b> Khara 5113 Moon 5 - Phase 6 2nd Phase <b>Devaloka Day</b>

 <b>Retreat Star</b> Vrishabha Rasi: 7.02 Creative Work Amrita Yoga Until 11:29AM then Siddha Yoga Until 10:59PM then Marana Yoga	<b>Wednesday, June 1, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau			Muscat, Oman
	Tithi 30 326666159	<b>Gulika</b> 10:23AM – 12:04PM <b>Yama</b> 7:01AM – 8:42AM <b>Rahu</b> 12:04PM – 1:45PM	<b>Krittika Until 11:29AM</b> Sukarma Until 11:13PM Catuspada Until 12:26PM Amavasya* Until 12:26AM Thu	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:20AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:49PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Vaikasi</b>	<b>Sun 14</b> <b>Sutra 49</b> Khara 5113 Moon 5 - Phase 6 Amavasya <b>Devaloka Day</b>

<b>Retreat Star</b> Vrishabha Rasi: 19.36 Routine Work Marana Yoga Until 11:00PM then Siddha Yoga	<b>Thursday, June 2, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathama* Yam Titau			Muscat, Oman
	Tithi 1 336666159	<b>Gulika</b> 8:42AM – 10:23AM <b>Yama</b> 5:20AM – 7:01AM <b>Rahu</b> 1:46PM – 3:27PM	<b>Rohini Until 12:54PM</b> Dhriti Until 10:54PM Kintughna Until 1:14PM Prathama* Until 1:14AM Fri	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:20AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:49PM <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Vaikasi</b>	<b>Sun 15</b> <b>Sutra 50</b> Khara 5113 Moon 5 - Phase 6 Prathama <b>Devaloka Day</b>

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishṇa Yajur Veda, Maitu 6.34. UpH, 447

<b>1</b>	<b>Friday, June 3, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Muscat, Oman
	Mithuna Rasi: 2.23	Tithi 2	<b>Gulika</b> 7:01AM – 8:42AM	<b>Mrigasira Until 1:54PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:20AM
			<b>Yama</b> 3:27PM – 5:08PM	<b>Shula* Until 10:11PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 6:50PM
	Creative Work	Siddha Yoga	<b>Rahu</b> 10:23AM – 12:05PM	<b>Balava Until 1:34PM</b>	<b>Nataraja:</b> Purple Moon – Yellow
			<b>Dvitiya Until 1:34AM Sat</b>	<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>


<b>2</b>	<b>Saturday, June 4, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Tailita/Gara Karana Tritiya Yam Titau		Muscat, Oman
	Mithuna Rasi: 15.25	Tithi 3	<b>Gulika</b> 5:20AM – 7:01AM	<b>Ardra Until 2:28PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:20AM
			<b>Yama</b> 1:46PM – 3:27PM	<b>Ganda* Until 9:04PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 6:50PM
	Creative Work	Siddha Yoga	<b>Rahu</b> 8:42AM – 10:24AM	<b>Tailita Until 1:25PM</b>	<b>Nataraja:</b> Purple Moon – Yellow
			<b>Tritiya Until 1:25AM Sun</b>	<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>


<b>3</b>	<b>Sunday, June 5, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Muscat, Oman
	Mithuna Rasi: 28.41	Tithi 4	<b>Gulika</b> 3:28PM – 5:09PM	<b>Punarvasu Until 2:36PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:20AM
			<b>Yama</b> 12:05PM – 1:46PM	<b>Vriddhi Until 7:33PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 6:50PM
	Creative Work	Siddha Yoga	<b>Rahu</b> 5:09PM – 6:50PM	<b>Vanija Until 12:17PM</b>	<b>Nataraja:</b> Purple Moon – Blue
			<b>Chaturthi* Until 11:22PM</b>	<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>

<b>4</b>	<b>Monday, June 6, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Aslesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchami Yam Titau		Muscat, Oman
	Kataka Rasi: 12.1	Tithi 5	<b>Gulika</b> 1:47PM – 3:28PM	<b>Pushya Until 1:43PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:20AM
	<b>Family Home Evening</b>		<b>Yama</b> 10:24AM – 12:05PM	<b>Dhruva Until 4:52PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 6:51PM
	Creative Work	Siddha Yoga	<b>Rahu</b> 7:01AM – 8:42AM	<b>Bava Until 11:19AM</b>	<b>Nataraja:</b> Purple Moon – Blue
			<b>Panchami Until 10:24PM</b>	<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>

<b>5</b>	<b>Tuesday, June 7, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailita Karana Shasthi* Yam Titau		Muscat, Oman
	Kataka Rasi: 25.52	Tithi 6	<b>Gulika</b> 12:05PM – 1:47PM	<b>Aslesha* Until 1:06PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:20AM
			<b>Yama</b> 8:43AM – 10:24AM	<b>Vyaghata* Until 2:46PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 6:51PM
	Creative Work	Siddha Yoga	<b>Rahu</b> 3:28PM – 5:10PM	<b>Kaulava Until 9:58AM</b>	<b>Nataraja:</b> Purple Moon – Blue
			<b>Shasthi* Until 9:02PM</b>	<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>

<b>6</b>	<b>Wednesday, June 8, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptami Yam Titau		Muscat, Oman
	Simha Rasi: 9.45	Tithi 7	<b>Gulika</b> 10:24AM – 12:06PM	<b>Magha* Until 12:09PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:20AM
			<b>Yama</b> 7:01AM – 8:43AM	<b>Harshana Until 12:21PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 6:52PM
	Creative Work	Siddha Yoga	<b>Rahu</b> 12:06PM – 1:47PM	<b>Gara Until 8:14AM</b>	<b>Nataraja:</b> Purple Moon – Red
			<b>Saptami Until 7:19PM</b>	<b>Jyeshtha-Vaikasi</b>	<b>Sivaloka Day</b>

	<b>Thursday, June 9, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Balava Karana Ashtami*/Navami* Yam Titau		Muscat, Oman
	Simha Rasi: 23.49	Tithi 8 – 9	<b>Gulika</b> 8:43AM – 10:24AM	<b>Purvaphalguni* Until 10:53AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:20AM
			<b>Yama</b> 5:20AM – 7:01AM	<b>Vajra* Until 9:38AM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 6:52PM
	No Yoga		<b>Rahu</b> 1:47PM – 3:29PM	<b>Visti Until 6:11AM</b>	<b>Nataraja:</b> Purple Moon – Red
			<b>Ashtami* Until 5:15PM</b>	<b>Jyeshtha-Vaikasi</b>	<b>Sivaloka Day</b>

	<b>Friday, June 10, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni*/Hasta Nakshatra Siddhi*/Vyatipata* Yoga Kaulava/Tailita Karana Navami*/Dasami Yam Titau		Muscat, Oman
	Kanya Rasi: 8.03	Tithi 9 – 10	<b>Gulika</b> 7:01AM – 8:43AM	<b>Uttaraphalguni Until 9:21AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:20AM
			<b>Yama</b> 3:29PM – 5:11PM	<b>Siddhi Until 6:40AM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 6:52PM
	Creative Work	Siddha Yoga	<b>Rahu</b> 10:24AM – 12:06PM	<b>Tailita Until 1:59AM Sat</b>	<b>Nataraja:</b> Purple Moon – Red
			<b>Navami* Until 2:54PM</b>	<b>Jyeshtha-Vaikasi</b>	<b>Sivaloka Day</b>

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda, Isau 3. bo UP.R, 570

**1 Saturday, June 11, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Muscat, Oman  
 Hasta/Chitra Nakshatra Variyan Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau Sun 24 Sutra 59  
 Kanya Rasi: 22.24 Tithi 10 - 11 367666151 **Gulika** 5:20AM - 7:01AM **Hasta Until 7:36AM** **Ganesha:** White *Sunrise:* 5:20AM Khara 5113  
 Routine Work Marana Yoga **Yama** 1:48PM - 3:29PM **Variyan Until 12:51AM Sun** **Muruqa:** Red *Sunset:* 6:53PM Moon 5 - Phase 8  
 Until 11.01PM then Siddha Yoga **Rahu** 8:43AM - 10:25AM **Vanija Until 11:25PM** **Nataraja:** Purple 4th Phase  
**Devaloka Day**  
**Jyeshtha-Vaikasi**

**2 Sunday, June 12, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Muscat, Oman  
 Svati Nakshatra Parigha\* Yoga Visti\*/Bava Karana Ekadasi/Dvadasi Yam Titau Sun 25 Sutra 60  
 Tula Rasi: 6.49 Tithi 11 - 12 367666151 **Gulika** 3:30PM - 5:11PM **Svati Until 4:36AM Mon** **Ganesha:** White *Sunrise:* 5:20AM Khara 5113  
 Creative Work Siddha Yoga **Yama** 12:06PM - 1:48PM **Parigha\* Until 9:34PM** **Muruqa:** Red *Sunset:* 6:53PM Moon 5 - Phase 8  
 Until 11.01PM then Amrita Yoga **Rahu** 5:11PM - 6:53PM **Bava Until 8:42PM** **Nataraja:** Purple 4th Phase  
 Until 4:36AM Mon then Marana Yoga **Ekadasi Until 9:37AM** **Moon - Green** **Devaloka Day**  
**Jyeshtha-Vaikasi**

**3 Monday, June 13, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Muscat, Oman  
 Visakha Nakshatra Shiva Yoga Balava/Taitila Karana Dvadasi/Trayodasi Yam Titau Sun 26 Sutra 61  
 Tula Rasi: 21.15 Tithi 12 - 13 377666151 **Gulika** 1:48PM - 3:30PM **Visakha Until 2:43AM Tue** **Ganesha:** Yellow *Sunrise:* 5:20AM Khara 5113  
 Family Home Evening **Yama** 10:25AM - 12:07PM **Shiva Until 6:18PM** **Muruqa:** Red *Sunset:* 6:53PM Moon 5 - Phase 8  
 Routine Work Marana Yoga **Rahu** 7:01AM - 8:43AM **Taitila Until 5:04AM Tue** **Nataraja:** Purple 4th Phase  
 Until 2:43AM Tue then Siddha Yoga **Vaikasi Visakam** **Dvadasi Until 6:54AM** **Moon - Orange** **Sivaloka Day**  
**Jyeshtha-Vaikasi**  
*Pradosha Vrata*

**4 Tuesday, June 14, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Muscat, Oman  
 Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdasi\* Yam Titau Sun 27 Sutra 62  
 Vrischika Rasi: 5.35 Tithi 14 378666151 **Gulika** 12:07PM - 1:48PM **Anuradha Until 12:59AM Wed** **Ganesha:** White *Sunrise:* 5:20AM Khara 5113  
 Creative Work Siddha Yoga **Yama** 8:43AM - 10:25AM **Siddha Until 3:08PM** **Muruqa:** Red *Sunset:* 6:54PM Moon 5 - Phase 8  
**Rahu** 3:30PM - 5:12PM **Gara Until 3:25PM** **Nataraja:** Purple 4th Phase  
**Chaturdasi\* Until 2:29AM Wed** **Moon - Orange** **Subha Sivaloka Day**  
**Jyeshtha-Vaikasi**

**Wednesday, June 15, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Muscat, Oman  
**Copper Retreat Star** **Jyeshtha\* Nakshatra Sadhya/Subha Yoga Visti\*/Bava Karana Purnima\* Yam Titau** Sun 28 Sutra 63  
 Vrischika Rasi: 19.47 Tithi 15 378666151 **Gulika** 10:25AM - 12:07PM **Jyeshtha\* Until 11:31PM** **Ganesha:** White *Sunrise:* 5:20AM Khara 5113  
 Creative Work Siddha Yoga **Yama** 7:02AM - 8:43AM **Sadhya Until 12:15PM** **Muruqa:** Red *Sunset:* 6:54PM Moon 5 - Phase 8  
**Rahu** 12:07PM - 1:49PM **Visti Until 1:09PM** **Nataraja:** Purple Purnima  
**Purnima\* Until 12:13AM Thu** **Moon - Orange** **Subha Sivaloka Day**  
**Jyeshtha-Ani**

**Thursday, June 16, 2011** Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Muscat, Oman  
**Silver Retreat Star** **Mula\* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathama\* Yam Titau** Sun 29 Sutra 64  
 Dhanus Rasi: 3.43 Tithi 16 388766151 **Gulika** 8:44AM - 10:25AM **Mula\* Until 10:29PM** **Ganesha:** Blue *Sunrise:* 5:20AM Khara 5113  
 Creative Work Siddha Yoga **Yama** 5:20AM - 7:02AM **Subha Until 9:45AM** **Muruqa:** Red *Sunset:* 6:54PM Moon 5 - Phase 8  
**Rahu** 1:49PM - 3:31PM **Balava Until 11:20AM** **Nataraja:** Purple Prathama  
**Prathama\* Until 10:24PM** **Moon - Light Blue** **Devaloka Day**  
**Jyeshtha-Ani**





**Friday, June 17, 2011**  
**Gold Retreat Star**

Dhanu Rasi: 17.21      Tithi 17  
388766151  
Creative Work    Siddha Yoga  
Until 11.03PM then Marana Yoga  
Until 11:12PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika**    7:02AM – 8:44AM    **Purvashadha\* Until 11:12PM**  
**Yama**       3:31PM – 5:13PM       **Sukla Until 7:52AM**  
**Rahu**       10:26AM – 12:07PM      **Taitila Until 10:25AM**  
**Dvitiya Until 10:25PM**

Muscat, Oman  
**Sun 1    Sutra 65**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase  
**Devaloka Day**

**Ganesha:** Blue    *Sunrise: 5:20AM*  
**Muruqa:** Red     *Sunset: 6:55PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha-Ani**

**1 Saturday, June 18, 2011**

Makara Rasi: 0.39      Tithi 18  
388766151  
No Yoga  
Until 11.03PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visiti\* Karana Tritiya Yam Titau  
**Gulika**    5:20AM – 7:02AM    **Uttarashadha Until 11:15PM**  
**Yama**       1:49PM – 3:31PM       **Brahma Until 6:17AM**  
**Rahu**       8:44AM – 10:26AM      **Vanija Until 9:43AM**  
**Tritiya Until 9:43PM**

Muscat, Oman  
**Sun 2    Sutra 66**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase  
**Devaloka Day**

**Ganesha:** Blue    *Sunrise: 5:20AM*  
**Muruqa:** Red     *Sunset: 6:55PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha-Ani**

**2 Sunday, June 19, 2011**

Makara Rasi: 13.37      Tithi 19  
398766151  
Creative Work    Amrita Yoga  
Until 11:57PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Sravana Nakshatra Vaidhriti\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    3:31PM – 5:13PM    **Sravana Until 11:57PM**  
**Yama**       12:08PM – 1:50PM      **Vaidhriti\* Until 4:09AM Mon**  
**Rahu**       5:13PM – 6:55PM       **Bava Until 9:43AM**  
**Chaturthi\* Until 9:43PM**

Muscat, Oman  
**Sun 3    Sutra 67**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase  
**Sivaloka Day**

**Ganesha:** Red     *Sunrise: 5:21AM*  
**Muruqa:** Red     *Sunset: 6:55PM*  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha-Ani**

**3 Monday, June 20, 2011**

Makara Rasi: 26.15      Tithi 20  
399766151  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 11.03PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    1:50PM – 3:32PM    **Dhanishtha Until 2:50AM Tue**  
**Yama**       10:26AM – 12:08PM      **Vishkambha\* Until 5:22AM Tue**  
**Rahu**       7:03AM – 8:44AM       **Kaulava Until 10:44AM**  
**Panchami Until 11:49PM**

Muscat, Oman  
**Sun 4    Sutra 68**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase  
**Subha Sivaloka Day**

**Ganesha:** Blue    *Sunrise: 5:21AM*  
**Muruqa:** Red     *Sunset: 6:55PM*  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha-Ani**

**4 Tuesday, June 21, 2011**

Kumbha Rasi: 8.37      Tithi 21  
399766151  
Routine Work    Marana Yoga  
Until 11.03PM then Siddha Yoga  
Until 4:45AM Wed then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Satabhisha Nakshatra Priti Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    12:08PM – 1:50PM    **Satabhisha Until 4:45AM Wed**  
**Yama**       8:45AM – 10:26AM      **Priti Until 5:23AM Wed**  
**Rahu**       3:32PM – 5:14PM       **Gara Until 12:01PM**  
**Shasthi\* Until 1:06AM Wed**

Muscat, Oman  
**Sun 5    Sutra 69**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase  
**Subha Sivaloka Day**

**Ganesha:** Blue    *Sunrise: 5:21AM*  
**Muruqa:** Red     *Sunset: 6:56PM*  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha-Ani**

**5 Wednesday, June 22, 2011**

Kumbha Rasi: 20.47      Tithi 22  
319766151  
Creative Work    Amrita Yoga  
Until 11.04PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprostapada\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**    10:27AM – 12:08PM    **Purvaprostapada\* Until 7:06AM Thu**  
**Yama**       7:03AM – 8:45AM       **Ayushman Until 5:48AM Thu**  
**Rahu**       12:08PM – 1:50PM      **Visti Until 1:45PM**  
**Saptami Until 2:51AM Thu**

Muscat, Oman  
**Sun 6    Sutra 70**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase  
**Subha Sivaloka Day**

**Ganesha:** Purple    *Sunrise: 5:21AM*  
**Muruqa:** Red     *Sunset: 6:56PM*  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha-Ani**

**Thursday, June 23, 2011**  
**Retreat Star**

Meena Rasi: 2.47      Tithi 23  
319766151  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaprostapada\*/Uttaraprostapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    8:45AM – 10:27AM    **Purvaprostapada\* Until 7:06AM**  
**Yama**       5:21AM – 7:03AM       **Saubhagya Until 6:43AM Fri**  
**Rahu**       1:50PM – 3:32PM       **Balava Until 3:49PM**  
**Ashtami\* Until 4:55AM Fri**

Muscat, Oman  
**Sun 7    Sutra 71**  
Khara 5113  
Moon 6 - Phase 9  
Ashtami  
**Subha Sivaloka Day**

**Ganesha:** Purple    *Sunrise: 5:21AM*  
**Muruqa:** Red     *Sunset: 6:56PM*  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha-Ani**

**Friday, June 24, 2011**  
**Retreat Star**

Meena Rasi: 14.42      Tithi 24  
319766151  
Creative Work    Siddha Yoga  
Until 11.04PM then Prabalarishta Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraprostapada/Revati Nakshatra Saubhagya/Sobhana Yoga Taitila Karana Navami\* Yam Titau  
**Gulika**    7:03AM – 8:45AM    **Uttaraprostapada Until 9:55AM**  
**Yama**       3:32PM – 5:14PM       **Saubhagya Until 6:43AM**  
**Rahu**       10:27AM – 12:09PM      **Taitila Until 6:05PM**  
**Navami\* Until 7:16AM Sat**

Muscat, Oman  
**Sun 8    Sutra 72**  
Khara 5113  
Moon 6 - Phase 9  
Navami  
**Subha Sivaloka Day**

**Ganesha:** Purple    *Sunrise: 5:22AM*  
**Muruqa:** Red     *Sunset: 6:56PM*  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha-Ani**

<b>1</b>	<b>Saturday, June 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau			Muscat, Oman
	Meena Rasi: 26.37    Tithi 24 – 25 319766151	<b>Gulika</b> 5:22AM – 7:04AM <b>Yama</b> 1:51PM – 3:33PM <b>Rahu</b> 8:45AM – 10:27AM	<b>Revati</b> Until 12:47PM Sobhana Until 7:36AM Vanija Until 8:22PM <b>Navami*</b> Until 7:16AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – Clear <b>Jyeshtha-Ani</b>	<b>Sun 9</b> <b>Sutra 73</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Subha Sivaloka Day</b>
Routine Work    Prabalarishta Yoga Until 12:47PM then Siddha Yoga					

<b>2</b>	<b>Sunday, June 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Dasami*/Ekadasi* Yam Titau			Muscat, Oman
	Mesha Rasi: 8.34    Tithi 25 – 26 329766151	<b>Gulika</b> 3:33PM – 5:15PM <b>Yama</b> 12:09PM – 1:51PM <b>Rahu</b> 5:15PM – 6:56PM	<b>Asvini</b> Until 3:32PM Athiganda* Until 8:22AM Bava Until 10:32PM <b>Dasami</b> Until 9:27AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – White <b>Jyeshtha-Ani</b>	<b>Sun 10</b> <b>Sutra 74</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga Until 3:32PM then no yoga Until 11:04PM then Siddha Yoga					

<b>3</b>	<b>Monday, June 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau			Muscat, Oman
	Mesha Rasi: 20.39    Tithi 26 – 27 329766151	<b>Gulika</b> 1:51PM – 3:33PM <b>Yama</b> 10:28AM – 12:10PM <b>Rahu</b> 7:04AM – 8:46AM	<b>Bharani</b> Until 6:02PM Sukarma Until 8:56AM Kaulava Until 12:27AM Tue <b>Ekadasi*</b> Until 11:21AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – White <b>Jyeshtha-Ani</b>	<b>Sun 11</b> <b>Sutra 75</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>
Family Home Evening Creative Work    Siddha Yoga Until 6:02PM then no yoga Until 11:05PM then Siddha Yoga					

<b>4</b>	<b>Tuesday, June 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau			Muscat, Oman
	Wrishabha Rasi: 2.55    Tithi 27 – 28 321766151	<b>Gulika</b> 12:10PM – 1:51PM <b>Yama</b> 8:46AM – 10:28AM <b>Rahu</b> 3:33PM – 5:15PM	<b>Krittika</b> Until 7:05PM Dhriti Until 9:08AM Gara Until 12:17AM Wed <b>Dvadasi*</b> Until 12:17PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Red <b>Muruqa:</b> Red <b>Nataraja:</b> Purple Moon – White <b>Jyeshtha-Ani</b>	<b>Sun 12</b> <b>Sutra 76</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga Until 7:05PM then Amrita Yoga Until 11:05PM then Siddha Yoga					

<b>5</b>	<b>Wednesday, June 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau			Muscat, Oman
	Wrishabha Rasi: 15.25    Tithi 28 – 29 331776151	<b>Gulika</b> 10:28AM – 12:10PM <b>Yama</b> 7:05AM – 8:46AM <b>Rahu</b> 12:10PM – 1:52PM	<b>Rohini</b> Until 8:36PM Shula* Until 8:42AM Visti Until 1:10AM Thu <b>Trayodasi*</b> Until 1:10PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Ani</b>	<b>Sun 13</b> <b>Sutra 77</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga Until 11:05PM then Marana Yoga					

	<b>Thursday, June 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Ganda*/Vridhhi Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau			Muscat, Oman
	<b>Retreat Star</b> Wrishabha Rasi: 28.13    Tithi 29 – 30 331776151	<b>Gulika</b> 8:47AM – 10:28AM <b>Yama</b> 5:23AM – 7:05AM <b>Rahu</b> 1:52PM – 3:33PM	<b>Mrigasira</b> Until 9:36PM Ganda* Until 7:59AM Catuspada Until 1:29AM Fri <b>Chaturdasi*</b> Until 1:29PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Ani</b>	<b>Sun 14</b> <b>Sutra 78</b> Khara 5113 Moon 6 - Phase 10 Amavasya <b>Sivaloka Day</b>
Routine Work    Marana Yoga Until 11:05PM then Siddha Yoga					

	<b>Friday, July 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau			Muscat, Oman
	<b>Retreat Star</b> Mithuna Rasi: 11.2    Tithi 30 – 1 331776151	<b>Gulika</b> 7:05AM – 8:47AM <b>Yama</b> 3:34PM – 5:15PM <b>Rahu</b> 10:29AM – 12:10PM	<b>Ardra</b> Until 10:01PM Vridhhi Until 6:44AM Kintughna Until 1:11AM Sat <b>Amavasya*</b> Until 1:11PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Yellow <b>Ashada-Ani</b>	<b>Sun 15</b> <b>Sutra 79</b> Khara 5113 Moon 6 - Phase 10 Prathama <b>Sivaloka Day</b>
Creative Work    Siddha Yoga Until 11:05PM then Marana Yoga					

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda, Isau 1. UpM, 49

<b>1</b>	<b>Saturday, July 2, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Muscat, Oman
	Mithuna Rasi: 24.44      Tithi 1 – 2	341776151	<b>Gulika</b> 5:24AM – 7:06AM <b>Yama</b> 1:52PM – 3:34PM <b>Rahu</b> 8:47AM – 10:29AM	<b>Punarvasu</b> Until 8:44PM Vyaghata* Until 2:22AM Sun Balava Until 10:51PM <b>Prathama*</b> Until 11:46AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:24AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:57PM <b>Nataraja:</b> Purple Moon – Blue <b>Ashada-Ani</b>
	Routine Work      Marana Yoga Until 8:44PM then Siddha Yoga				


<b>2</b>	<b>Sunday, July 3, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Muscat, Oman
	Kataka Rasi: 8.26      Tithi 2 – 3	341776151	<b>Gulika</b> 3:34PM – 5:15PM <b>Yama</b> 12:11PM – 1:52PM <b>Rahu</b> 5:15PM – 6:57PM	<b>Pushya</b> Until 8:07PM Harshana Until 12:16AM Mon Taitila Until 9:29PM <b>Dvitiya</b> Until 10:25AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:24AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:57PM <b>Nataraja:</b> Purple Moon – Blue <b>Ashada-Ani</b>
	Creative Work      Siddha Yoga				


<b>3</b>	<b>Monday, July 4, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau		Muscat, Oman
	Kataka Rasi: 22.21      Tithi 3 – 4	341776151	<b>Gulika</b> 1:52PM – 3:34PM <b>Yama</b> 10:29AM – 12:11PM <b>Rahu</b> 7:06AM – 8:48AM	<b>Aslesha*</b> Until 7:06PM Vajra* Until 9:48PM Vanija Until 7:42PM <b>Tritiya</b> Until 8:37AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:25AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:57PM <b>Nataraja:</b> Purple Moon – Blue <b>Ashada-Ani</b>
	Family Home Evening Creative Work      Siddha Yoga				

<b>4</b>	<b>Tuesday, July 5, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Siddhi Yoga Visti*/Balava Karana Chaturthi*/Panchami Yam Titau		Muscat, Oman
	Simha Rasi: 6.26      Tithi 4 – 5	351776151	<b>Gulika</b> 12:11PM – 1:53PM <b>Yama</b> 8:48AM – 10:30AM <b>Rahu</b> 3:34PM – 5:15PM	<b>Magha*</b> Until 5:49PM Siddhi Until 7:04PM Balava Until 4:41AM Wed <b>Chaturthi*</b> Until 6:32AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:25AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:57PM <b>Nataraja:</b> Purple Moon – Red <b>Ashada-Ani</b>
	Creative Work      Siddha Yoga Until 11.06PM then Amrita Yoga				

<b>5</b>	<b>Wednesday, July 6, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni*/Uttaraphalguni* Nakshatra Vyalipata*/Variyan Yoga Kaulava/Taitila Karana Shashti* Yam Titau		Muscat, Oman
	Simha Rasi: 20.38      Tithi 6	351776151	<b>Gulika</b> 10:30AM – 12:11PM <b>Yama</b> 7:07AM – 8:48AM <b>Rahu</b> 12:11PM – 1:53PM	<b>Purvaphalguni*</b> Until 4:21PM Vyalipata* Until 4:10PM Kaulava Until 3:20PM <b>Shashti*</b> Until 2:24AM Thu	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:25AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:57PM <b>Nataraja:</b> Purple Moon – Red <b>Ashada-Ani</b>
	Creative Work      Amrita Yoga Until 11.06PM then Prabalarishta Yoga				

<b>6</b>	<b>Thursday, July 7, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Saptami Yam Titau		Muscat, Oman
	Kanya Rasi: 4.52      Tithi 7	451776151	<b>Gulika</b> 8:49AM – 10:30AM <b>Yama</b> 5:26AM – 7:07AM <b>Rahu</b> 1:53PM – 3:34PM	<b>Uttaraphalguni</b> Until 2:49PM Variyan Until 1:12PM Gara Until 12:58PM <b>Saptami</b> Until 12:03AM Fri	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:26AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:57PM <b>Nataraja:</b> Purple Moon – Red <b>Ashada-Ani</b>
	Routine Work      Prabalarishta Yoga Until 2:49PM then no yoga Until 11.07PM then Amrita Yoga		Chidambaram Abhishekam		

	<b>Friday, July 8, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtami* Yam Titau		Muscat, Oman
	Kanya Rasi: 19.05      Tithi 8	462776151	<b>Gulika</b> 7:08AM – 8:49AM <b>Yama</b> 3:34PM – 5:15PM <b>Rahu</b> 10:30AM – 12:12PM	<b>Hasta</b> Until 1:16PM Parigha* Until 10:15AM Visti Until 10:37AM <b>Ashtami*</b> Until 9:41PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:26AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:57PM <b>Nataraja:</b> Purple Moon – Green <b>Ashada-Ani</b>
	Retreat Star Creative Work      Amrita Yoga Until 1:16PM then Siddha Yoga Until 11.07PM then Marana Yoga				

	<b>Saturday, July 9, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navami* Yam Titau		Muscat, Oman
	Tula Rasi: 3.17      Tithi 9	462776151	<b>Gulika</b> 5:27AM – 7:08AM <b>Yama</b> 1:53PM – 3:34PM <b>Rahu</b> 8:49AM – 10:30AM	<b>Chitra</b> Until 11:48AM Shiva Until 7:21AM Balava Until 8:20AM <b>Navami*</b> Until 7:24PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:27AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:57PM <b>Nataraja:</b> Purple Moon – Green <b>Ashada-Ani</b>
	Routine Work      Marana Yoga Until 11:48AM then Siddha Yoga				


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishṇa Yajur Veda, Maitu 3.2. UpH, 418

<b>1</b>	<b>Sunday, July 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Visakha Nakshatra Sadhya Yoga Taitila/Vanija Karana Dasami/Ekadasi Yam Titau			Muscat, Oman
	Tula Rasi: 17.24    Tithi 10 – 11 462776151	<b>Gulika</b> 3:34PM – 5:15PM <b>Yama</b> 12:12PM – 1:53PM <b>Rahu</b> 5:15PM – 6:57PM	<b>Svati Until 10:27AM</b> Sadhya Until 1:54AM Mon Taitila Until 6:10AM <b>Dasami Until 5:15PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:27AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:57PM <b>Nataraja:</b> Purple Moon – Green <b>Ashada*Ani</b>	<b>Sun 24    Sutra 88</b> Khara 5113 Moon 6 - Phase 12 4th Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga Until 10:27AM then Marana Yoga					

<b>2</b>	<b>Monday, July 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Visakha/Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadasi/Dvadasi Yam Titau			Muscat, Oman
	Vrischika Rasi: 1.26    Tithi 11 – 12 <b>Family Home Evening</b> 472876151 Routine Work    Marana Yoga Until 9:16AM then Siddha Yoga	<b>Gulika</b> 1:53PM – 3:34PM <b>Yama</b> 10:31AM – 12:12PM <b>Rahu</b> 7:09AM – 8:50AM	<b>Visakha Until 9:16AM</b> Subha Until 11:16PM Bava Until 2:21AM Tue <b>Ekadasi Until 3:16PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:27AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:56PM <b>Nataraja:</b> Purple Moon – Orange <b>Ashada*Ani</b>	<b>Sun 25    Sutra 89</b> Khara 5113 Moon 6 - Phase 12 4th Phase <b>Sivaloka Day</b>

<b>3</b>	<b>Tuesday, July 12, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau			Muscat, Oman
	Vrischika Rasi: 15.2    Tithi 12 – 13 472876151	<b>Gulika</b> 12:12PM – 1:53PM <b>Yama</b> 8:50AM – 10:31AM <b>Rahu</b> 3:34PM – 5:15PM	<b>Anuradha Until 8:18AM</b> Sukla Until 8:50PM Kaulava Until 12:36AM Wed <b>Dvadasi Until 1:31PM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:28AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:56PM <b>Nataraja:</b> Purple Moon – Orange <b>Ashada*Ani</b>	<b>Sun 26    Sutra 90</b> Khara 5113 Moon 6 - Phase 12 4th Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga					

<b>4</b>	<b>Wednesday, July 13, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau			Muscat, Oman
	Vrischika Rasi: 29.04    Tithi 13 – 14 472876151	<b>Gulika</b> 10:31AM – 12:12PM <b>Yama</b> 7:09AM – 8:50AM <b>Rahu</b> 12:12PM – 1:53PM	<b>Jyeshtha* Until 7:36AM</b> Brahma Until 7:34PM Gara Until 11:09PM <b>Trayodasi Until 12:05PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:28AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:56PM <b>Nataraja:</b> Purple Moon – Orange <b>Ashada*Ani</b>	<b>Sun 27    Sutra 91</b> Khara 5113 Moon 6 - Phase 12 4th Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga Until 7:36AM then Marana Yoga Until 11:07PM then Siddha Yoga					

	<b>Thursday, July 14, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau			Muscat, Oman
	<b>Copper Retreat Star</b> Dhanus Rasi: 13    Tithi 14 – 15 482876151	<b>Gulika</b> 8:50AM – 10:31AM <b>Yama</b> 5:29AM – 7:10AM <b>Rahu</b> 1:53PM – 3:34PM	<b>Mula* Until 7:21AM</b> Indra Until 5:35PM Visti Until 11:25PM <b>Chaturdasi* Until 11:25AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:29AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:56PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Ashada*Ani</b>	<b>Sutra 92</b> Khara 5113 Moon 6 - Phase 12 Purnima <b>Subha Sivaloka Day</b>
Creative Work    Siddha Yoga <b>Satguru Purnima</b>					

	<b>Friday, July 15, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau			Muscat, Oman
	<b>Silver Retreat Star</b> Dhanus Rasi: 25.55    Tithi 15 – 16 482876151	<b>Gulika</b> 7:10AM – 8:51AM <b>Yama</b> 3:34PM – 5:15PM <b>Rahu</b> 10:32AM – 12:12PM	<b>Purvashadha* Until 7:24AM</b> Vaidhriti* Until 3:59PM Balava Until 10:43PM <b>Purnima* Until 10:43AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:29AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:56PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Ashada*Ani</b>	<b>Sutra 93</b> Khara 5113 Moon 6 - Phase 12 Prathama <b>Subha Sivaloka Day</b>
Creative Work    Siddha Yoga Until 11:08PM then no yoga					

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishṇa Yajur Veda, Maitu 6.34. UpM, 104



**Saturday, July 16, 2011**  
**Gold Retreat Star**

Makara Rasi: 8.58    Tithi 16 – 17  
492876151  
No Yoga  
Until 7:55AM then Siddha Yoga  
Until 11.08PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mantra Vasara Yuktayam  
Uttarashadha/Sravana Nakshatra Vishkambha\*/Priti Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau

**Gulika** 5:30AM – 7:10AM  
**Yama** 1:53PM – 3:34PM  
**Rahu** 8:51AM – 10:32AM

**Uttarashadha** Until 7:55AM  
**Vishkambha\*** Until 2:50PM  
**Taitila** Until 10:30PM  
**Prathama\*** Until 10:30AM

Muscat, Oman  
**Sutra 94**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Sunrise:** 5:30AM  
**Sunset:** 6:55PM

**Ganesha:** White  
**Muruqa:** Yellow  
**Nataraja:** Purple  
Moon – Light Blue  
**Ashada\*Ani**

**Subha Sivaloka Day**

**1**

**Sunday, July 17, 2011**

Makara Rasi: 21.46    Tithi 17 – 18  
492876152  
Creative Work    Amrita Yoga  
Until 8:54AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

**Gulika** 3:34PM – 5:15PM  
**Yama** 12:13PM – 1:53PM  
**Rahu** 5:15PM – 6:55PM

**Sravana** Until 8:54AM  
**Priti** Until 2:45PM  
**Vanija** Until 10:50PM  
**Dvitiya** Until 10:50AM

Muscat, Oman  
**Sun 1**    **Sutra 95**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Sunrise:** 5:30AM  
**Sunset:** 6:55PM

**Ganesha:** Clear  
**Muruqa:** Yellow  
**Nataraja:** Clear  
Moon – Purple  
**Ashada\*Adi**

**Devaloka Day**

**2**

**Monday, July 18, 2011**

Kumbha Rasi: 4.18    Tithi 18 – 19  
492876152  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 11.08PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau

**Gulika** 1:53PM – 3:34PM  
**Yama** 10:32AM – 12:13PM  
**Rahu** 7:11AM – 8:52AM

**Dhanishtha** Until 10:44AM  
**Ayushman** Until 2:27PM  
**Bava** Until 1:15AM Tue  
**Tritiya** Until 12:10PM

Muscat, Oman  
**Sun 2**    **Sutra 96**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Sunrise:** 5:30AM  
**Sunset:** 6:55PM

**Ganesha:** Clear  
**Muruqa:** Yellow  
**Nataraja:** Clear  
Moon – Purple  
**Ashada\*Adi**

**Devaloka Day**

**3**

**Tuesday, July 19, 2011**

Kumbha Rasi: 16.37    Tithi 19 – 20  
492876152  
Routine Work    Marana Yoga  
Until 11.08PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Satabhisha/Purvaprostapada\* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika** 12:13PM – 1:53PM  
**Yama** 8:52AM – 10:32AM  
**Rahu** 3:34PM – 5:14PM

**Satabhisha** Until 12:46PM  
**Saubhagya** Until 2:33PM  
**Kaulava** Until 2:38AM Wed  
**Chaturthi\*** Until 1:33PM

Muscat, Oman  
**Sun 3**    **Sutra 97**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Sunrise:** 5:31AM  
**Sunset:** 6:55PM

**Ganesha:** Clear  
**Muruqa:** Yellow  
**Nataraja:** Clear  
Moon – Purple  
**Ashada\*Adi**

**Devaloka Day**

**4**

**Wednesday, July 20, 2011**

Kumbha Rasi: 28.45    Tithi 20 – 21  
412876152  
Creative Work    Amrita Yoga  
Until 3:10PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprostapada\*/Uttaraprostapada Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika** 10:32AM – 12:13PM  
**Yama** 7:12AM – 8:52AM  
**Rahu** 12:13PM – 1:53PM

**Purvaprostapada\*** Until 3:10PM  
**Sobhana** Until 3:01PM  
**Gara** Until 4:26AM Thu  
**Panchami** Until 3:21PM

Muscat, Oman  
**Sun 4**    **Sutra 98**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Sunrise:** 5:31AM  
**Sunset:** 6:54PM

**Ganesha:** Yellow  
**Muruqa:** Yellow  
**Nataraja:** Clear  
Moon – Clear  
**Ashada\*Adi**

**Devaloka Day**

**5**

**Thursday, July 21, 2011**

Meena Rasi: 10.44    Tithi 21 – 22  
412876152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprostapada\*/Revati Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika** 8:52AM – 10:33AM  
**Yama** 5:32AM – 7:12AM  
**Rahu** 1:53PM – 3:33PM

**Uttaraprostapada** Until 5:51PM  
**Athiganda\*** Until 3:44PM  
**Visti** Until 6:32AM Fri  
**Shasthi\*** Until 5:27PM

Muscat, Oman  
**Sun 5**    **Sutra 99**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Sunrise:** 5:32AM  
**Sunset:** 6:54PM

**Ganesha:** Yellow  
**Muruqa:** Yellow  
**Nataraja:** Clear  
Moon – Clear  
**Ashada\*Adi**

**Devaloka Day**

**6**

**Friday, July 22, 2011**

Meena Rasi: 22.39    Tithi 22  
413876152  
Creative Work    Siddha Yoga  
Until 8:42PM then Amrita Yoga  
Until 11.08PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Sukarma/Dhriti Yoga Visti\*/Bava Karana Saptami Yam Titau

**Gulika** 7:12AM – 8:53AM  
**Yama** 3:33PM – 5:13PM  
**Rahu** 10:33AM – 12:13PM

**Revati** Until 8:42PM  
**Sukarma** Until 4:36PM  
**Visti** Until 6:38AM  
**Saptami** Until 7:44PM

Muscat, Oman  
**Sun 6**    **Sutra 100**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Sunrise:** 5:32AM  
**Sunset:** 6:54PM

**Ganesha:** White  
**Muruqa:** Yellow  
**Nataraja:** Clear  
Moon – Clear  
**Ashada\*Adi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Retreat Star**

**Saturday, July 23, 2011**

Mesha Rasi: 4.32    Tithi 23  
423876152  
Creative Work    Siddha Yoga  
Until 11:35PM then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mantra Vasara Yuktayam  
Asvini Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Ashtami\* Yam Titau

**Gulika** 5:33AM – 7:13AM  
**Yama** 1:53PM – 3:33PM  
**Rahu** 8:53AM – 10:33AM

**Asvini** Until 11:35PM  
**Dhriti** Until 5:30PM  
**Balava** Until 8:58AM  
**Ashtami\*** Until 10:03PM

Muscat, Oman  
**Sun 7**    **Sutra 101**  
Khara 5113  
Moon 7 - Phase 13  
Ashtami

**Sunrise:** 5:33AM  
**Sunset:** 6:53PM

**Ganesha:** Yellow  
**Muruqa:** Yellow  
**Nataraja:** Clear  
Moon – White  
**Ashada\*Adi**

**Devaloka Day**

**Sunday, July 24, 2011**

**Retreat Star**

Mesha Rasi: 16.29    Tithi 24  
423876152  
No Yoga  
Until 11.08PM then Siddha Yoga  
Until 2:22AM Mon then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani Nakshatra Shula\* Yoga Taitila/Gara Karana Navami\* Yam Titau

**Gulika** 3:33PM – 5:13PM  
**Yama** 12:13PM – 1:53PM  
**Rahu** 5:13PM – 6:53PM

**Bharani** Until 2:22AM Mon  
**Shula\*** Until 6:18PM  
**Taitila** Until 11:10AM  
**Navami\*** Until 12:15AM Mon

Muscat, Oman  
**Sun 8**    **Sutra 102**  
Khara 5113  
Moon 7 - Phase 13  
Navami

**Sunrise:** 5:33AM  
**Sunset:** 6:53PM

**Ganesha:** Yellow  
**Muruqa:** Yellow  
**Nataraja:** Clear  
Moon – White  
**Ashada\*Adi**

**Devaloka Day**

Borne along and defiled by the stream of qualities, unsteady, wavering, bewildered, full of desire, distracted, one goes on into the state of self-conceit. In thinking, "This is I" and "That is mine" one binds himself with himself, as does a bird with a snare. Krishna Yajur Veda, Maitu 3.2. UpH, 418


<b>1</b>	<b>Monday, July 25, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Vanija/Visti* Karana Dasami Yam Titau		Muscat, Oman
	Mesha Rasi: 28.34      Tithi 25 Family Home Evening No Yoga Until 11.08PM then Siddha Yoga Until 4:52AM Tue then Amrita Yoga	433876152	<b>Gulika</b> 1:53PM – 3:33PM <b>Yama</b> 10:33AM – 12:13PM <b>Rahu</b> 7:13AM – 8:53AM	<b>Krittika Until 4:52AM Tue</b> Ganda* Until 6:51PM Vanija Until 1:04PM Dasami Until 2:09AM Tue	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:33AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:52PM <b>Nataraja:</b> Clear Moon – White <b>Ashada*Adi</b>


<b>2</b>	<b>Tuesday, July 26, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadasi* Yam Titau		Muscat, Oman
	Wrishabha Rasi: 10.52      Tithi 26 Creative Work Amrita Yoga Until 11.08PM then Siddha Yoga	433876152	<b>Gulika</b> 12:13PM – 1:53PM <b>Yama</b> 8:53AM – 10:33AM <b>Rahu</b> 3:33PM – 5:12PM	<b>Rohini Until 5:01AM Wed</b> Vriddhi Until 6:04PM Bava Until 1:48PM Ekadasi* Until 1:48AM Wed	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:34AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:52PM <b>Nataraja:</b> Clear Moon – Yellow <b>Ashada*Adi</b>

<b>3</b>	<b>Wednesday, July 27, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau		Muscat, Oman
	Wrishabha Rasi: 23.28      Tithi 27 Creative Work Siddha Yoga Until 11.08PM then Marana Yoga	433876152	<b>Gulika</b> 10:33AM – 12:13PM <b>Yama</b> 7:14AM – 8:54AM <b>Rahu</b> 12:13PM – 1:53PM	<b>Mrigasira Until 6:29AM Thu</b> Dhruva Until 5:42PM Kaulava Until 2:31PM Dvadasi* Until 2:31AM Thu	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:34AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:52PM <b>Nataraja:</b> Clear Moon – Yellow <b>Ashada*Adi</b>

<b>4</b>	<b>Thursday, July 28, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Mrigasira/Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Muscat, Oman
	Mithuna Rasi: 6.25      Tithi 28 Routine Work Marana Yoga Until 11.08PM then Siddha Yoga	433876152	<b>Gulika</b> 8:54AM – 10:33AM <b>Yama</b> 5:35AM – 7:14AM <b>Rahu</b> 1:53PM – 3:32PM	<b>Mrigasira Until 6:29AM</b> Vyaghata* Until 4:43PM Gara Until 2:32PM Trayodasi* Until 2:32AM Fri <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:35AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:51PM <b>Nataraja:</b> Clear Moon – Yellow <b>Ashada*Adi</b>

<b>5</b>	<b>Friday, July 29, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Muscat, Oman
	Mithuna Rasi: 19.45      Tithi 29 Creative Work Siddha Yoga Until 11.08PM then Marana Yoga	433876152	<b>Gulika</b> 7:15AM – 8:54AM <b>Yama</b> 3:32PM – 5:11PM <b>Rahu</b> 10:34AM – 12:13PM	<b>Ardra Until 6:26AM</b> Harshana Until 2:28PM Visti Until 1:10PM Chaturdasi* Until 12:14AM Sat	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:35AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:51PM <b>Nataraja:</b> Clear Moon – Yellow <b>Ashada*Adi</b>

	<b>Saturday, July 30, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Muscat, Oman
	<b>Retreat Star</b> Kataka Rasi: 3.29      Tithi 30 Creative Work Siddha Yoga	443876152	<b>Gulika</b> 5:36AM – 7:15AM <b>Yama</b> 1:52PM – 3:32PM <b>Rahu</b> 8:54AM – 10:34AM	<b>Pushya Until 4:36AM Sun</b> Vajra* Until 12:17PM Catuspada Until 11:44AM Amavasya* Until 10:48PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:36AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:50PM <b>Nataraja:</b> Clear Moon – Blue <b>Ashada*Adi</b>

	<b>Sunday, July 31, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Muscat, Oman
	<b>Retreat Star</b> Kataka Rasi: 17.34      Tithi 1 Creative Work Siddha Yoga	443876152	<b>Gulika</b> 3:31PM – 5:10PM <b>Yama</b> 12:13PM – 1:52PM <b>Rahu</b> 5:10PM – 6:50PM	<b>Aslesha* Until 3:19AM Mon</b> Siddhi Until 9:33AM Kintughna Until 9:38AM Prathama* Until 8:43PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:36AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:50PM <b>Nataraja:</b> Clear Moon – Blue <b>Sravana*Adi</b>

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda, Kathau 5.11. bo UpH, 357

<b>1</b>	<b>Monday, August 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Vyatipata/Variyan Yoga Balava/Taitila Karana Dvitiya/Tritiya Yam Titau	Muscat, Oman
	Simha Rasi: 1.56      Tithi 2 – 3	<b>Gulika</b> 1:52PM – 3:31PM <b>Magha* Until 12:14AM Tue</b>	<b>Sun 16 Sutra 110</b>
	Family Home Evening      453876152	<b>Yama</b> 10:34AM – 12:13PM <b>Yvatipata* Until 6:23AM</b>	Khara 5113
	Creative Work      Siddha Yoga	<b>Rahu</b> 7:16AM – 8:55AM <b>Balava Until 6:58AM</b>	Moon 7 - Phase 15 3rd Phase
		<b>Dvitiya Until 5:15PM</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Tuesday, August 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Muscat, Oman
	Simha Rasi: 16.28      Tithi 3 – 4	<b>Gulika</b> 12:13PM – 1:52PM <b>Purvaphalguni* Until 10:19PM</b>	<b>Sun 17 Sutra 111</b>
	453876152	<b>Yama</b> 8:55AM – 10:34AM <b>Parigha* Until 11:07PM</b>	Khara 5113
	Creative Work      Siddha Yoga	<b>Rahu</b> 3:31PM – 5:10PM <b>Vanija Until 12:50AM Wed</b>	Moon 7 - Phase 15 3rd Phase
Until 10:19PM then Amrita Yoga		<b>Tritiya Until 2:33PM</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>3</b>	<b>Wednesday, August 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Muscat, Oman
	Kanya Rasi: 1.04      Tithi 4 – 5	<b>Gulika</b> 10:34AM – 12:13PM <b>Uttaraphalguni Until 8:17PM</b>	<b>Sun 18 Sutra 112</b>
	453876152	<b>Yama</b> 7:16AM – 8:55AM <b>Shiva Until 7:47PM</b>	Khara 5113
	Creative Work      Amrita Yoga	<b>Rahu</b> 12:13PM – 1:51PM <b>Bava Until 10:01PM</b>	Moon 7 - Phase 15 3rd Phase
Until 8:17PM then Siddha Yoga		<b>Nag Panchami</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 11.08PM then no yoga		<b>Chaturthi* Until 11:44AM</b>	

<b>4</b>	<b>Thursday, August 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Muscat, Oman
	Kanya Rasi: 15.37      Tithi 5 – 6	<b>Gulika</b> 8:55AM – 10:34AM <b>Hasta Until 7:13PM</b>	<b>Sun 19 Sutra 113</b>
	463876152	<b>Yama</b> 5:38AM – 7:17AM <b>Siddha Until 5:13PM</b>	Khara 5113
	No Yoga	<b>Rahu</b> 1:51PM – 3:30PM <b>Kaulava Until 8:18PM</b>	Moon 7 - Phase 15 3rd Phase
Until 7:13PM then Siddha Yoga		<b>Panchami Until 9:13AM</b>	<b>Devaloka Day</b>

<b>5</b>	<b>Friday, August 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Shasthi*/Saptami Yam Titau	Muscat, Oman
	Tula Rasi: 0.02      Tithi 6 – 7	<b>Gulika</b> 7:17AM – 8:55AM <b>Chitra Until 5:21PM</b>	<b>Sun 20 Sutra 114</b>
	464976152	<b>Yama</b> 3:30PM – 5:08PM <b>Sadhya Until 1:57PM</b>	Khara 5113
	Creative Work      Siddha Yoga	<b>Rahu</b> 10:34AM – 12:12PM <b>Vanija Until 4:41AM Sat</b>	Moon 7 - Phase 15 3rd Phase
		<b>Shasthi* Until 6:31AM</b>	<b>Devaloka Day</b>

<b>D</b>	<b>Saturday, August 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantra Vasara Yuktayam Svati/Visakha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtami* Yam Titau	Muscat, Oman
	<b>Retreat Star</b>	<b>Gulika</b> 5:39AM – 7:17AM <b>Svati Until 3:49PM</b>	<b>Sun 21 Sutra 115</b>
	Tula Rasi: 14.16      Tithi 8	<b>Yama</b> 1:51PM – 3:29PM <b>Subha Until 10:59AM</b>	Khara 5113
	464976152	<b>Rahu</b> 8:56AM – 10:34AM <b>Visti Until 3:15PM</b>	Moon 7 - Phase 15 Ashtami
Creative Work      Siddha Yoga		<b>Ashtami* Until 2:20AM Sun</b>	<b>Devaloka Day</b>
Until 11.08PM then Marana Yoga		<b>Sravana*Adi</b>	

	<b>Sunday, August 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Visakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau	Muscat, Oman
	<b>Retreat Star</b>	<b>Gulika</b> 3:29PM – 5:07PM <b>Visakha Until 2:40PM</b>	<b>Sun 22 Sutra 116</b>
	Tula Rasi: 28.17      Tithi 9	<b>Yama</b> 12:12PM – 1:51PM <b>Sukla Until 8:22AM</b>	Khara 5113
	474976152	<b>Rahu</b> 5:07PM – 6:45PM <b>Balava Until 1:19PM</b>	Moon 7 - Phase 15 Navami
Routine Work      Marana Yoga		<b>Navami* Until 12:24AM Mon</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 11.08PM then Siddha Yoga		<b>Sravana*Adi</b>	

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda, Svetu 3.2. VE, 621

<h1 style="font-size: 2em; margin: 0;">1</h1> <p>Monday, August 8, 2011</p> <p>Vrischika Rasi: 12.03    Tilthi 10</p> <p>Family Home Evening    474976152</p> <p>Creative Work    Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dasami Yam Titau			Muscat, Oman <b>Sun 23    Sutra 117</b> Khara 5113
	<b>Gulika</b> 1:50PM – 3:28PM <b>Yama</b> 10:34AM – 12:12PM <b>Rahu</b> 7:18AM – 8:56AM	<b>Anuradha Until 1:55PM</b> Brahma Until 6:08AM Taitila Until 11:48AM <b>Dasami Until 10:53PM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:39AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 6:45PM</i> <b>Nataraja:</b> Clear Moon – Orange <b>Sravana-Adi</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
				Moon 7 - Phase 16 4th Phase
				<b>Sutra 117</b> Khara 5113

<h1 style="font-size: 2em; margin: 0;">2</h1> <p>Tuesday, August 9, 2011</p> <p>Vrischika Rasi: 25.36    Tilthi 11</p> <p>474976152</p> <p>Creative Work    Siddha Yoga</p> <p>Until 2:07PM then Amrita Yoga</p> <p>Until 11:07PM then Marana Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau			Muscat, Oman <b>Sun 24    Sutra 118</b> Khara 5113
	<b>Gulika</b> 12:12PM – 1:50PM <b>Yama</b> 8:56AM – 10:34AM <b>Rahu</b> 3:28PM – 5:06PM	<b>Jyeshtha* Until 2:07PM</b> Vaidhriti* Until 2:59AM Wed Vanija Until 11:06AM <b>Ekadasi Until 11:06PM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:40AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 6:44PM</i> <b>Nataraja:</b> Clear Moon – Orange <b>Sravana-Adi</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
				Moon 7 - Phase 16 4th Phase
				<b>Sutra 118</b> Khara 5113

<h1 style="font-size: 2em; margin: 0;">3</h1> <p>Wednesday, August 10, 2011</p> <p>Dhanus Rasi: 8.56    Tilthi 12</p> <p>484976152</p> <p>Routine Work    Marana Yoga</p> <p>Until 2:06PM then Amrita Yoga</p> <p>Until 11:07PM then Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau			Muscat, Oman <b>Sun 25    Sutra 119</b> Khara 5113
	<b>Gulika</b> 10:34AM – 12:12PM <b>Yama</b> 7:18AM – 8:56AM <b>Rahu</b> 12:12PM – 1:50PM	<b>Mula* Until 2:06PM</b> Vishkambha* Until 1:20AM Thu Bava Until 10:21AM <b>Dvadasi Until 10:21PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:40AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 6:43PM</i> <b>Nataraja:</b> Clear Moon – Light Blue <b>Sravana-Adi</b>	<b>Devaloka Day</b>
				Moon 7 - Phase 16 4th Phase
				<b>Sutra 119</b> Khara 5113

<h1 style="font-size: 2em; margin: 0;">4</h1> <p>Thursday, August 11, 2011</p> <p>Dhanus Rasi: 22.05    Tilthi 13</p> <p>484976152</p> <p>Creative Work    Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau			Muscat, Oman <b>Sun 26    Sutra 120</b> Khara 5113
	<b>Gulika</b> 8:56AM – 10:34AM <b>Yama</b> 5:41AM – 7:18AM <b>Rahu</b> 1:49PM – 3:27PM	<b>Purvashadha* Until 2:28PM</b> Priti Until 12:01AM Fri Kaulava Until 10:00AM <b>Trayodasi Until 10:00PM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <i>Sunrise: 5:41AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 6:43PM</i> <b>Nataraja:</b> Clear Moon – Light Blue <b>Sravana-Adi</b>	<b>Devaloka Day</b>
				Moon 7 - Phase 16 4th Phase
				<b>Sutra 120</b> Khara 5113

<h1 style="font-size: 2em; margin: 0;">5</h1> <p>Friday, August 12, 2011</p> <p>Makara Rasi: 5.01    Tilthi 14</p> <p>484976152</p> <p>Creative Work    Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau			Muscat, Oman <b>Sun 27    Sutra 121</b> Khara 5113
	<b>Gulika</b> 7:19AM – 8:56AM <b>Yama</b> 3:27PM – 5:04PM <b>Rahu</b> 10:34AM – 12:12PM	<b>Uttarashadha Until 3:12PM</b> Ayushman Until 11:03PM Gara Until 10:02AM <b>Chaturdasi* Until 10:02PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:41AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 6:42PM</i> <b>Nataraja:</b> Clear Moon – Light Blue <b>Sravana-Adi</b>	<b>Devaloka Day</b>
				Moon 7 - Phase 16 4th Phase
				<b>Sutra 121</b> Khara 5113

<h1 style="font-size: 2em; margin: 0;">O</h1> <p>Saturday, August 13, 2011</p> <p><b>Copper Retreat Star</b></p> <p>Makara Rasi: 17.46    Tilthi 15</p> <p>494976152</p> <p>Creative Work    Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantla Vasara Yuktayam Sravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau			Muscat, Oman <b>Sutra 122</b> Khara 5113
	<b>Gulika</b> 5:42AM – 7:19AM <b>Yama</b> 1:49PM – 3:26PM <b>Rahu</b> 8:56AM – 10:34AM  <b>Raksha Bandhan</b>	<b>Sravana Until 4:16PM</b> Saubhagya Until 10:24PM Visti Until 10:27AM <b>Purnima* Until 10:27PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:42AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 6:41PM</i> <b>Nataraja:</b> Clear Moon – Purple <b>Sravana-Adi</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
				Moon 7 - Phase 16 Purnima
				<b>Sutra 122</b> Khara 5113

<p>Sunday, August 14, 2011</p> <p><b>Silver Retreat Star</b></p> <p>Kumbha Rasi: 0.2    Tilthi 16</p> <p>494976152</p> <p>Creative Work    Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau			Muscat, Oman <b>Sutra 123</b> Khara 5113
	<b>Gulika</b> 3:26PM – 5:03PM <b>Yama</b> 12:11PM – 1:49PM <b>Rahu</b> 5:03PM – 6:40PM	<b>Dhanishtha Until 6:41PM</b> Sobhana Until 11:20PM Balava Until 11:44AM <b>Prathama* Until 12:49AM Mon</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:42AM</i> <b>Muruqa:</b> Yellow <i>Sunset: 6:40PM</i> <b>Nataraja:</b> Clear Moon – Purple <b>Sravana-Adi</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
				Moon 7 - Phase 16 Prathama
				<b>Sutra 123</b> Khara 5113

Where men move at will in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. %oig Veda Sarhita 9.113.9. VE,634





**Monday, August 15, 2011**  
**Gold Retreat Star**

Kumbha Rasi: 12.42    Tithi 17  
**Family Home Evening**    494976152  
Creative Work    Siddha Yoga  
Until 8:36PM then no yoga  
Until 11.06PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Satabhisha Nakshatra Athiganda\* Yoga Tailila/Gara Karana Dvitiya Yam Titau

**Gulika**    1:48PM – 3:25PM    **Satabhisha Until 8:36PM**  
**Yama**    10:34AM – 12:11PM    **Athiganda\* Until 11:19PM**  
**Rahu**    7:19AM – 8:57AM    **Taitila Until 1:00PM**  
**Dvitiya Until 2:06AM Tue**

Muscat, Oman  
**Sun 1    Sutra 124**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Ganesha:** Purple    *Sunrise:* 5:42AM  
**Muruqa:** Yellow    *Sunset:* 6:40PM  
**Nataraja:** Clear  
Moon – Purple  
**Sravana-Adi**

**1**

**Tuesday, August 16, 2011**

Kumbha Rasi: 24.55    Tithi 18  
414976152  
Routine Work    Marana Yoga  
Until 10:51PM then Amrita Yoga  
Until 11.06PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprostapada\* Nakshatra Sukarma Yoga Vanija/Visti\* Karana Tritiya Yam Titau

**Gulika**    12:11PM – 1:48PM    **Purvaprostapada\* Until 10:51PM**  
**Yama**    8:57AM – 10:34AM    **Sukarma Until 11:38PM**  
**Rahu**    3:25PM – 5:02PM    **Vanija Until 2:40PM**  
**Tritiya Until 3:45AM Wed**

Muscat, Oman  
**Sun 2    Sutra 125**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Ganesha:** White    *Sunrise:* 5:43AM  
**Muruqa:** Yellow    *Sunset:* 6:39PM  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Adi**

**2**

**Wednesday, August 17, 2011**

Meena Rasi: 6.58    Tithi 19  
414976152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprostapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthi\* Yam Titau

**Gulika**    10:34AM – 12:11PM    **Uttaraprostapada Until 1:25AM Thu**  
**Yama**    7:20AM – 8:57AM    **Dhriti Until 12:13AM Thu**  
**Rahu**    12:11PM – 1:47PM    **Bava Until 4:38PM**  
**Chaturthi\* Until 5:44AM Thu**

Muscat, Oman  
**Sun 3    Sutra 126**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Ganesha:** White    *Sunrise:* 5:43AM  
**Muruqa:** Yellow    *Sunset:* 6:38PM  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Avani**

**3**

**Thursday, August 18, 2011**

Meena Rasi: 18.54    Tithi 20  
515976152  
Creative Work    Siddha Yoga  
Until 4:12AM Fri then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Shula\* Yoga Kaulava Karana Panchami Yam Titau

**Gulika**    8:57AM – 10:34AM    **Revati Until 4:12AM Fri**  
**Yama**    5:43AM – 7:20AM    **Shula\* Until 1:01AM Fri**  
**Rahu**    1:47PM – 3:24PM    **Kaulava Until 6:52PM**  
**Panchami Until 8:10AM Fri**

Muscat, Oman  
**Sun 4    Sutra 127**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Sivaloka Day**

**Ganesha:** Purple    *Sunrise:* 5:43AM  
**Muruqa:** Yellow    *Sunset:* 6:37PM  
**Nataraja:** Clear  
Moon – Clear  
**Sravana-Avani**

**4**

**Friday, August 19, 2011**

Mesha Rasi: 0.46    Tithi 20 – 21  
525976152  
Creative Work    Amrita Yoga  
Until 11.05PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Asvini Nakshatra Ganda\* Yoga Tailila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika**    7:20AM – 8:57AM    **Asvini Until 7:26AM Sat**  
**Yama**    3:23PM – 5:00PM    **Ganda\* Until 1:57AM Sat**  
**Rahu**    10:34AM – 12:10PM    **Gara Until 9:15PM**  
**Panchami Until 8:10AM**

Muscat, Oman  
**Sun 5    Sutra 128**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Devaloka Day**

**Ganesha:** Clear    *Sunrise:* 5:44AM  
**Muruqa:** Yellow    *Sunset:* 6:36PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

**5**

**Saturday, August 20, 2011**

Mesha Rasi: 12.37    Tithi 21 – 22  
525976152  
Creative Work    Siddha Yoga  
Until 11.05PM then no yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam  
Asvini/Bharani Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika**    5:44AM – 7:21AM    **Asvini Until 7:26AM**  
**Yama**    1:46PM – 3:23PM    **Vriddhi Until 2:55AM Sun**  
**Rahu**    8:57AM – 10:33AM    **Visti Until 11:41PM**  
**Shasthi\* Until 10:35AM**

Muscat, Oman  
**Sun 6    Sutra 129**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Devaloka Day**

**Ganesha:** Clear    *Sunrise:* 5:44AM  
**Muruqa:** Yellow    *Sunset:* 6:36PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**



**Sunday, August 21, 2011**  
**Retreat Star**

Mesha Rasi: 24.31    Tithi 22 – 23  
525976152  
No Yoga  
Until 10:17AM then Siddha Yoga  
Until 11.05PM then no yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika**    3:22PM – 4:58PM    **Bharani Until 10:17AM**  
**Yama**    12:10PM – 1:46PM    **Dhruva Until 3:46AM Mon**  
**Rahu**    4:58PM – 6:35PM    **Balava Until 1:59AM Mon**  
**Krishna Janmashtami**  
**Saptami Until 12:54PM**

Muscat, Oman  
**Sun 7    Sutra 130**  
Khara 5113  
Moon 8 - Phase 17  
Ashtami

**Devaloka Day**

**Ganesha:** Clear    *Sunrise:* 5:45AM  
**Muruqa:** Yellow    *Sunset:* 6:35PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

**Monday, August 22, 2011**  
**Retreat Star**

Vrishabha Rasi: 6.34    Tithi 23 – 24  
**Family Home Evening**    525976152  
No Yoga  
Until 12:52PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau

**Gulika**    1:46PM – 3:22PM    **Krittika Until 12:52PM**  
**Yama**    10:33AM – 12:09PM    **Vyaghata\* Until 4:23AM Tue**  
**Rahu**    7:21AM – 8:57AM    **Taitila Until 4:00AM Tue**  
**Ashtami\* Until 2:54PM**

Muscat, Oman  
**Sun 8    Sutra 131**  
Khara 5113  
Moon 8 - Phase 17  
Navami

**Devaloka Day**

**Ganesha:** Clear    *Sunrise:* 5:45AM  
**Muruqa:** Yellow    *Sunset:* 6:34PM  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**


<b>1</b>	<b>Tuesday, August 23, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigasira Nakshatra Harshana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau			Muscat, Oman
	Wishabha Rasi: 18.5    Tithi 24 – 25 535976152	<b>Gulika</b> 12:09PM – 1:45PM <b>Yama</b> 8:57AM – 10:33AM <b>Rahu</b> 3:21PM – 4:57PM	<b>Rohini</b> Until 2:18PM Harshana Until 2:57AM Wed Vanija Until 3:33AM Wed <b>Navami*</b> Until 3:33PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:45AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:33PM <b>Nataraja:</b> Clear Moon – Yellow <b>Sravana*Avani</b>	<b>Sun 9</b> <b>Sutra 132</b> Khara 5113 Moon 8 - Phase 18 2nd Phase <b>Sivaloka Day</b>
Creative Work    Amrita Yoga Until 2:18PM then Siddha Yoga					

<b>2</b>	<b>Wednesday, August 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira/Ardra Nakshatra Vajra* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau			Muscat, Oman
	Mithuna Rasi: 1.25    Tithi 25 – 26 535976152	<b>Gulika</b> 10:33AM – 12:09PM <b>Yama</b> 7:21AM – 8:57AM <b>Rahu</b> 12:09PM – 1:45PM	<b>Mrigasira</b> Until 3:41PM Vajra* Until 2:35AM Thu Bava Until 4:18AM Thu <b>Dasami</b> Until 4:18PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:46AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:32PM <b>Nataraja:</b> Clear Moon – Yellow <b>Sravana*Avani</b>	<b>Sun 10</b> <b>Sutra 133</b> Khara 5113 Moon 8 - Phase 18 2nd Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga Until 11:04PM then Marana Yoga					

<b>3</b>	<b>Thursday, August 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau			Muscat, Oman
	Mithuna Rasi: 14.25    Tithi 26 – 27 535976152	<b>Gulika</b> 8:57AM – 10:33AM <b>Yama</b> 5:46AM – 7:22AM <b>Rahu</b> 1:44PM – 3:20PM	<b>Ardra</b> Until 4:19PM Siddhi Until 1:31AM Fri Kaulava Until 4:15AM Fri <b>Ekadasi*</b> Until 4:15PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:46AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:31PM <b>Nataraja:</b> Clear Moon – Yellow <b>Sravana*Avani</b>	<b>Sun 11</b> <b>Sutra 134</b> Khara 5113 Moon 8 - Phase 18 2nd Phase <b>Sivaloka Day</b>
Routine Work    Marana Yoga Until 4:19PM then Amrita Yoga Until 11:04PM then Siddha Yoga					

<b>4</b>	<b>Friday, August 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau			Muscat, Oman
	Mithuna Rasi: 27.5    Tithi 27 – 28 545976152	<b>Gulika</b> 7:22AM – 8:57AM <b>Yama</b> 3:19PM – 4:55PM <b>Rahu</b> 10:33AM – 12:08PM	<b>Punarvasu</b> Until 3:25PM Vyatipata* Until 10:31PM Gara Until 1:41AM Sat <b>Dvadasi*</b> Until 2:36PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:46AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:30PM <b>Nataraja:</b> Clear Moon – Blue <b>Sravana*Avani</b>	<b>Sun 12</b> <b>Sutra 135</b> Khara 5113 Moon 8 - Phase 18 2nd Phase <b>Devaloka Day</b>
Creative Work    Siddha Yoga Until 3:25PM then Marana Yoga Until 11:04PM then Siddha Yoga					

<b>5</b>	<b>Saturday, August 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam Pushya/Aslesha* Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau			Muscat, Oman
	Kataka Rasi: 11.45    Tithi 28 – 29 546976152	<b>Gulika</b> 5:47AM – 7:22AM <b>Yama</b> 1:43PM – 3:19PM <b>Rahu</b> 8:57AM – 10:33AM	<b>Pushya</b> Until 2:26PM Variyan Until 8:04PM Visti Until 11:57PM <b>Trayodasi*</b> Until 12:52PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:47AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:29PM <b>Nataraja:</b> Clear Moon – Blue <b>Sravana*Avani</b>	<b>Sun 13</b> <b>Sutra 136</b> Khara 5113 Moon 8 - Phase 18 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work    Siddha Yoga Until 2:26PM then Marana Yoga Until 11:03PM then Siddha Yoga					

	<b>Sunday, August 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Aslesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau			Muscat, Oman
	<b>Retreat Star</b> Kataka Rasi: 26.05    Tithi 29 – 30 546976153	<b>Gulika</b> 3:18PM – 4:53PM <b>Yama</b> 12:08PM – 1:43PM <b>Rahu</b> 4:53PM – 6:29PM	<b>Aslesha*</b> Until 12:16PM Parigha* Until 4:14PM Catuspada Until 8:19PM <b>Chaturdasi*</b> Until 10:02AM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:47AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:29PM <b>Nataraja:</b> White Moon – Blue <b>Sravana*Avani</b>	<b>Sun 14</b> <b>Sutra 137</b> Khara 5113 Moon 8 - Phase 18 Amavasya <b>Devaloka Day</b>
Creative Work    Siddha Yoga Until 12:16PM then Marana Yoga Until 11:03PM then Siddha Yoga					

<b>Retreat Star</b>	<b>Monday, August 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Shiva/Siddha Yoga Naga*/Bava Karana Amavasya*/Prathama* Yam Titau			Muscat, Oman
	Simha Rasi: 10.46    Tithi 30 – 1 <b>Family Home Evening</b> 556976153	<b>Gulika</b> 1:43PM – 3:18PM <b>Yama</b> 10:32AM – 12:07PM <b>Rahu</b> 7:22AM – 8:57AM	<b>Magha*</b> Until 10:07AM Shiva Until 12:45PM Bava Until 3:40AM Tue <b>Amavasya*</b> Until 7:05AM	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:47AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:28PM <b>Nataraja:</b> White Moon – Red <b>Bhadrapada*Avani</b>	<b>Sun 15</b> <b>Sutra 138</b> Khara 5113 Moon 8 - Phase 18 Prathama <b>Devaloka Day</b>
Creative Work    Siddha Yoga					

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. *Kṛṣṇa Yajur Veda, Svetu 6.2. UpR, 743*


<b>1</b>	<b>Tuesday, August 30, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dviliya Yam Titau		Muscat, Oman			
	Simha Rasi: 25.41	Tithi 2	566176153	<b>Gulika</b> 12:07PM – 1:42PM <b>Yama</b> 8:57AM – 10:32AM <b>Rahu</b> 3:17PM – 4:52PM	<b>Purvaphalguni* Until 7:35AM</b> Siddha Until 8:56AM Balava Until 2:02PM <b>Dvitiya Until 12:19AM Wed</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> White Moon – Red <b>Bhadrapada*Avani</b>	<i>Sunrise:</i> 5:48AM <i>Sunset:</i> 6:27PM	<b>Sun 16 Sutra 139</b> Khara 5113 Moon 8 - Phase 19 3rd Phase
	Creative Work	Siddha Yoga						<b>Devaloka Day</b>
	Until 7:35AM then Amrita Yoga							


<b>2</b>	<b>Wednesday, August 31, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiya Yam Titau		Muscat, Oman			
	Kanya Rasi: 10.4	Tithi 3	566176153	<b>Gulika</b> 10:32AM – 12:07PM <b>Yama</b> 7:23AM – 8:57AM <b>Rahu</b> 12:07PM – 1:42PM	<b>Hasta Until 2:16AM Thu</b> Subha Until 24:60PM Taitila Until 10:34AM <b>Tritiya Until 8:51PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> White Moon – Green <b>Bhadrapada*Avani</b>	<i>Sunrise:</i> 5:48AM <i>Sunset:</i> 6:26PM	<b>Sun 17 Sutra 140</b> Khara 5113 Moon 8 - Phase 19 3rd Phase
	Creative Work	Siddha Yoga						<b>Devaloka Day</b>
	Until 11.02PM then no yoga							
	Until 2:16AM Thu then Siddha Yoga							

<b>3</b>	<b>Thursday, September 1, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Bava Karana Chaturthi*/Panchami Yam Titau		Muscat, Oman			
	Kanya Rasi: 25.36	Tithi 4 – 5	566176153	<b>Gulika</b> 8:57AM – 10:32AM <b>Yama</b> 5:48AM – 7:23AM <b>Rahu</b> 1:41PM – 3:16PM	<b>Chitra Until 11:42PM</b> Sukla Until 9:09PM Vanija Until 7:12AM <b>Chaturthi* Until 5:29PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> White Moon – Green <b>Bhadrapada*Avani</b>	<i>Sunrise:</i> 5:48AM <i>Sunset:</i> 6:25PM	<b>Sun 18 Sutra 141</b> Khara 5113 Moon 8 - Phase 19 3rd Phase
	Creative Work	Siddha Yoga						<b>Devaloka Day</b>
	Ganesha Chaturthi							

<b>4</b>	<b>Friday, September 2, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Muscat, Oman			
	Tula Rasi: 10.2	Tithi 5 – 6	566176153	<b>Gulika</b> 7:23AM – 8:57AM <b>Yama</b> 3:15PM – 4:49PM <b>Rahu</b> 10:32AM – 12:06PM	<b>Svati Until 10:35PM</b> Brahma Until 6:23PM Kaulava Until 2:11AM Sat <b>Panchami Until 3:07PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> White Moon – Green <b>Bhadrapada*Avani</b>	<i>Sunrise:</i> 5:49AM <i>Sunset:</i> 6:24PM	<b>Sun 19 Sutra 142</b> Khara 5113 Moon 8 - Phase 19 3rd Phase
	Creative Work	Siddha Yoga						<b>Devaloka Day</b>
	Until 10:35PM then Marana Yoga							
	Until 11.02PM then Siddha Yoga							

<b>5</b>	<b>Saturday, September 3, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Visakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau		Muscat, Oman			
	Tula Rasi: 24.46	Tithi 6 – 7	577176153	<b>Gulika</b> 5:49AM – 7:23AM <b>Yama</b> 1:40PM – 3:14PM <b>Rahu</b> 8:57AM – 10:32AM	<b>Visakha Until 8:41PM</b> Indra Until 3:04PM Gara Until 11:29PM <b>Shasthi* Until 12:24PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> White Moon – Orange <b>Bhadrapada*Avani</b>	<i>Sunrise:</i> 5:49AM <i>Sunset:</i> 6:23PM	<b>Sun 20 Sutra 143</b> Khara 5113 Moon 8 - Phase 19 3rd Phase
	Creative Work	Siddha Yoga						<b>Subha Sivaloka Day</b>
	Until 11.01PM then Marana Yoga							

	<b>Sunday, September 4, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Muscat, Oman			
	<b>Retreat Star</b>	Vrischika Rasi: 8.51	Tithi 7 – 8	577176153	<b>Gulika</b> 3:14PM – 4:48PM <b>Yama</b> 12:06PM – 1:40PM <b>Rahu</b> 4:48PM – 6:22PM	<b>Anuradha Until 7:24PM</b> Vaidhriti* Until 12:19PM Visti Until 9:25PM <b>Saptami Until 10:20AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> White Moon – Orange <b>Bhadrapada*Avani</b>	<i>Sunrise:</i> 5:49AM <i>Sunset:</i> 6:22PM
	Routine Work	Marana Yoga						<b>Subha Sivaloka Day</b>
	Until 11.01PM then Siddha Yoga							

	<b>Monday, September 5, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Muscat, Oman			
	<b>Retreat Star</b>	Vrischika Rasi: 22.35	Tithi 8 – 9	577176153	<b>Gulika</b> 1:39PM – 3:13PM <b>Yama</b> 10:31AM – 12:05PM <b>Rahu</b> 7:24AM – 8:57AM	<b>Jyeshtha* Until 7:42PM</b> Vishkambha* Until 10:26AM Balava Until 9:11PM <b>Ashtami* Until 9:11AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> White Moon – Orange <b>Bhadrapada*Avani</b>	<i>Sunrise:</i> 5:50AM <i>Sunset:</i> 6:21PM
	Family Home Evening	Siddha Yoga						<b>Subha Sivaloka Day</b>
	Until 11.01PM then Amrita Yoga							

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Mundu 1.1.7. bo UpR, 673

<b>1</b>	<b>Tuesday, September 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Muscat, Oman
	Sun 23	<b>Sutra 146</b>	Khara 5113
Dhanus Rasi: 5.58	Tithi 9 – 10	587176153	
		<b>Gulika</b> 12:05PM – 1:39PM	<b>Mula* Until 7:36PM</b>
		<b>Yama</b> 8:57AM – 10:31AM	<b>Priti Until 8:40AM</b>
		<b>Rahu</b> 3:12PM – 4:46PM	<b>Taitila Until 8:21PM</b>
			<b>Navami* Until 8:21AM</b>
			<b>Ganesha: Yellow</b> <i>Sunrise: 5:50AM</i>
			<b>Muruqa: Yellow</b> <i>Sunset: 6:20PM</i>
			<b>Nataraja: White</b>
			<b>Moon – Light Blue</b>
			<b>Bhadrapada*Avani</b>
			<b>Sivaloka Day</b>
			Moon 8 - Phase 20 4th Phase

<b>2</b>	<b>Wednesday, September 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Muscat, Oman
	Sun 24	<b>Sutra 147</b>	Khara 5113
Dhanus Rasi: 19.04	Tithi 10 – 11	587176153	
		<b>Gulika</b> 10:31AM – 12:05PM	<b>Purvashadha* Until 8:03PM</b>
		<b>Yama</b> 7:24AM – 8:57AM	<b>Ayushman Until 7:26AM</b>
		<b>Rahu</b> 12:05PM – 1:38PM	<b>Vanija Until 8:06PM</b>
			<b>Dasami Until 8:06AM</b>
			<b>Ganesha: Yellow</b> <i>Sunrise: 5:50AM</i>
			<b>Muruqa: Yellow</b> <i>Sunset: 6:19PM</i>
			<b>Nataraja: White</b>
			<b>Moon – Light Blue</b>
			<b>Bhadrapada*Avani</b>
			<b>Sivaloka Day</b>
			Moon 8 - Phase 20 4th Phase

<b>3</b>	<b>Thursday, September 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Muscat, Oman
	Sun 25	<b>Sutra 148</b>	Khara 5113
Makara Rasi: 1.54	Tithi 11 – 12	587176153	
		<b>Gulika</b> 8:57AM – 10:31AM	<b>Uttarashadha Until 8:58PM</b>
		<b>Yama</b> 5:51AM – 7:24AM	<b>Saubhagya Until 6:37AM</b>
		<b>Rahu</b> 1:38PM – 3:11PM	<b>Bava Until 8:22PM</b>
			<b>Ekadasi Until 8:22AM</b>
			<b>Ganesha: Yellow</b> <i>Sunrise: 5:51AM</i>
			<b>Muruqa: Yellow</b> <i>Sunset: 6:18PM</i>
			<b>Nataraja: White</b>
			<b>Moon – Light Blue</b>
			<b>Bhadrapada*Avani</b>
			<b>Sivaloka Day</b>
			Moon 8 - Phase 20 4th Phase

<b>4</b>	<b>Friday, September 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Sravana Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Muscat, Oman
	Sun 26	<b>Sutra 149</b>	Khara 5113
Makara Rasi: 14.32	Tithi 12 – 13	597176153	
		<b>Gulika</b> 7:24AM – 8:57AM	<b>Sravana Until 11:36PM</b>
		<b>Yama</b> 3:10PM – 4:44PM	<b>Sobhana Until 6:09AM</b>
		<b>Rahu</b> 10:31AM – 12:04PM	<b>Kaulava Until 10:25PM</b>
			<b>Dvadasi Until 9:19AM</b>
			<b>Ganesha: White</b> <i>Sunrise: 5:51AM</i>
			<b>Muruqa: Yellow</b> <i>Sunset: 6:17PM</i>
			<b>Nataraja: White</b>
			<b>Moon – Purple</b>
			<b>Bhadrapada*Avani</b>
			<b>Subha Sivaloka Day</b>
			Moon 8 - Phase 20 4th Phase

*Pradosha Vrata*

<b>5</b>	<b>Saturday, September 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Muscat, Oman
	Sun 27	<b>Sutra 150</b>	Khara 5113
Makara Rasi: 26.59	Tithi 13 – 14	598176153	
		<b>Gulika</b> 5:51AM – 7:24AM	<b>Dhanishtha Until 1:21AM Sun</b>
		<b>Yama</b> 1:37PM – 3:10PM	<b>Sukarma Until 6:03AM Sun</b>
		<b>Rahu</b> 8:57AM – 10:30AM	<b>Gara Until 11:31PM</b>
			<b>Trayodasi Until 10:26AM</b>
		<b>Chidambaram Abhishekam</b>	
			<b>Ganesha: Yellow</b> <i>Sunrise: 5:51AM</i>
			<b>Muruqa: Yellow</b> <i>Sunset: 6:16PM</i>
			<b>Nataraja: White</b>
			<b>Moon – Purple</b>
			<b>Bhadrapada*Avani</b>
			<b>Sivaloka Day</b>
			Moon 8 - Phase 20 4th Phase

<b>○</b>	<b>Sunday, September 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Muscat, Oman
	<b>Copper Retreat Star</b>	<b>Sutra 151</b>	Khara 5113
Kumbha Rasi: 9.19	Tithi 14 – 15	598176153	
		<b>Gulika</b> 3:09PM – 4:42PM	<b>Satabhisha Until 3:23AM Mon</b>
		<b>Yama</b> 12:03PM – 1:36PM	<b>Sukarma Until 6:03AM</b>
		<b>Rahu</b> 4:42PM – 6:15PM	<b>Visti Until 12:57AM Mon</b>
			<b>Chaturdasi* Until 11:52AM</b>
		<b>Grandparent's Day</b>	
			<b>Ganesha: Yellow</b> <i>Sunrise: 5:52AM</i>
			<b>Muruqa: Yellow</b> <i>Sunset: 6:15PM</i>
			<b>Nataraja: White</b>
			<b>Moon – Purple</b>
			<b>Bhadrapada*Avani</b>
			<b>Sivaloka Day</b>
			Moon 8 - Phase 20 Purnima

<b>○</b>	<b>Monday, September 12, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprostapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Muscat, Oman
	<b>Silver Retreat Star</b>	<b>Sutra 152</b>	Khara 5113
Kumbha Rasi: 21.29	Tithi 15 – 16	518186153	
		<b>Gulika</b> 1:36PM – 3:08PM	<b>Purvaprostapada* Until 5:41AM Tue</b>
		<b>Yama</b> 10:30AM – 12:03PM	<b>Dhriti Until 6:23AM</b>
		<b>Rahu</b> 7:25AM – 8:57AM	<b>Balava Until 2:40AM Tue</b>
			<b>Purnima* Until 1:35PM</b>
		<b>Family Home Evening</b> No Yoga	
			<b>Ganesha: Yellow</b> <i>Sunrise: 5:52AM</i>
			<b>Muruqa: White</b> <i>Sunset: 6:14PM</i>
			<b>Nataraja: White</b>
			<b>Moon – Clear</b>
			<b>Bhadrapada*Avani</b>
			<b>Subha Sivaloka Day</b>
			Moon 8 - Phase 20 Prathama

Until 10.58PM then Marana Yoga  
Until 5:41AM Tue then Amrita Yoga

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376



**Tuesday, September 13, 2011**  
**Gold Retreat Star**

Meena Rasi: 3.34    Titli 16 – 17  
518186153  
Creative Work    Amrita Yoga  
Until 10.58PM then Siddha Yoga  
Until 8:17AM Wed then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprostapada Nakshatra Shula\*/Ganda\*/Yoga Kaulava/Tailila Karana Prathama\*/Dvitiya Yam Titau

**Gulika**    12:02PM – 1:35PM    **Uttaraprostapada Until 8:17AM Wed**  
**Yama**       8:57AM – 10:30AM    **Shula\* Until 6:55AM**  
**Rahu**        3:08PM – 4:40PM        **Tailila Until 4:39AM Wed**  
**Prathama\* Until 3:33PM**

Muscat, Oman  
**Sutra 153**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase

**Ganesha:** Yellow    *Sunrise: 5:52AM*  
**Muruqa:** White      *Sunset: 6:13PM*  
**Nataraja:** White  
Moon – Clear

**Subha Sivaloka Day**  
**Bhadrapada\*Avani**

**1**

**Wednesday, September 14, 2011**

Meena Rasi: 15.31    Titli 17 – 18  
518186153  
Creative Work    Siddha Yoga  
Until 8:17AM then Marana Yoga  
Until 10.58PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprostapada/Revati Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

**Gulika**    10:30AM – 12:02PM    **Uttaraprostapada Until 8:17AM**  
**Yama**       7:25AM – 8:57AM       **Ganda\* Until 7:39AM**  
**Rahu**        12:02PM – 1:35PM       **Vanija Until 6:51AM Thu**  
**Dvitiya Until 5:45PM**

Muscat, Oman  
**Sun 1 Sutra 154**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase

**Ganesha:** Yellow    *Sunrise: 5:53AM*  
**Muruqa:** White      *Sunset: 6:12PM*  
**Nataraja:** White  
Moon – Clear

**Subha Sivaloka Day**  
**Bhadrapada\*Avani**

**2**

**Thursday, September 15, 2011**

Meena Rasi: 27.25    Titli 18  
518186153  
Creative Work    Siddha Yoga  
Until 11:11AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Asvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti\* Karana Tritiya Yam Titau

**Gulika**    8:57AM – 10:30AM    **Revati Until 11:11AM**  
**Yama**       5:53AM – 7:25AM       **Vridhhi Until 8:32AM**  
**Rahu**        1:34PM – 3:06PM       **Vanija Until 7:03AM**  
**Tritiya Until 8:08PM**

Muscat, Oman  
**Sun 2 Sutra 155**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase

**Ganesha:** Yellow    *Sunrise: 5:53AM*  
**Muruqa:** White      *Sunset: 6:11PM*  
**Nataraja:** White  
Moon – Clear

**Subha Sivaloka Day**  
**Bhadrapada\*Avani**

**3**

**Friday, September 16, 2011**

Mesha Rasi: 9.14    Titli 19  
529186153  
Creative Work    Amrita Yoga  
Until 2:11PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Asvini/Bharani Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau

**Gulika**    7:25AM – 8:57AM       **Asvini Until 2:11PM**  
**Yama**       3:06PM – 4:38PM       **Dhruva Until 9:31AM**  
**Rahu**        10:29AM – 12:01PM    **Bava Until 9:33AM**  
**Chaturthi\* Until 10:38PM**

Muscat, Oman  
**Sun 3 Sutra 156**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase

**Ganesha:** Red        *Sunrise: 5:53AM*  
**Muruqa:** White      *Sunset: 6:10PM*  
**Nataraja:** White  
Moon – White

**Subha Sivaloka Day**  
**Bhadrapada\*Avani**

**4**

**Saturday, September 17, 2011**

Mesha Rasi: 21.04    Titli 20  
529186153  
Creative Work    Siddha Yoga  
Until 5:12PM then Amrita Yoga  
Until 10.56PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Tailila Karana Panchami Yam Titau

**Gulika**    5:53AM – 7:25AM       **Bharani Until 5:12PM**  
**Yama**       1:33PM – 3:05PM       **Vyaghata\* Until 10:29AM**  
**Rahu**        8:57AM – 10:29AM    **Kaulava Until 12:03PM**  
**Panchami Until 1:08AM Sun**

Muscat, Oman  
**Sun 4 Sutra 157**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase

**Ganesha:** Red        *Sunrise: 5:53AM*  
**Muruqa:** White      *Sunset: 6:09PM*  
**Nataraja:** White  
Moon – White

**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

**5**

**Sunday, September 18, 2011**

Vrishabha Rasi: 2.57    Titli 21  
529186153  
Creative Work    Siddha Yoga  
Until 10.56PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau

**Gulika**    3:04PM – 4:36PM       **Krittika Until 8:06PM**  
**Yama**       12:01PM – 1:32PM       **Harshana Until 11:22AM**  
**Rahu**        4:36PM – 6:08PM       **Gara Until 2:26PM**  
**Shasthi\* Until 3:31AM Mon**

Muscat, Oman  
**Sun 5 Sutra 158**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase

**Ganesha:** Red        *Sunrise: 5:54AM*  
**Muruqa:** White      *Sunset: 6:08PM*  
**Nataraja:** White  
Moon – White

**Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

**6**

**Monday, September 19, 2011**

Vrishabha Rasi: 14.58    Titli 22  
539186153  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 10:45PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Saptami Yam Titau

**Gulika**    1:32PM – 3:03PM       **Rohini Until 10:45PM**  
**Yama**       10:29AM – 12:00PM    **Vajra\* Until 12:01PM**  
**Rahu**        7:26AM – 8:57AM       **Visti Until 4:33PM**  
**Saptami Until 5:38AM Tue**

Muscat, Oman  
**Sun 6 Sutra 159**  
Khara 5113  
Moon 9 - Phase 21  
1st Phase

**Ganesha:** Green    *Sunrise: 5:54AM*  
**Muruqa:** White      *Sunset: 6:07PM*  
**Nataraja:** White  
Moon – Yellow

**Subha Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

**Retreat Star**

**Tuesday, September 20, 2011**

Vrishabha Rasi: 27.11    Titli 23  
539186153  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigasira Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Ashtami\* Yam Titau

**Gulika**    12:00PM – 1:31PM       **Mrigasira Until 11:31PM**  
**Yama**       8:57AM – 10:29AM    **Siddhi Until 11:49AM**  
**Rahu**        3:03PM – 4:34PM       **Balava Until 5:10PM**  
**Ashtami\* Until 6:03AM Wed**

Muscat, Oman  
**Sun 7 Sutra 160**  
Khara 5113  
Moon 9 - Phase 21  
Ashtami

**Ganesha:** Green    *Sunrise: 5:54AM*  
**Muruqa:** White      *Sunset: 6:06PM*  
**Nataraja:** White  
Moon – Yellow

**Subha Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

**Wednesday, September 21, 2011**

**Retreat Star**

Mithuna Rasi: 9.43    Titli 23 – 24  
539186153  
Creative Work    Siddha Yoga  
Until 10.55PM then Marana Yoga  
Until 24:60AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Tailila Karana Ashtami\*/Navami\* Yam Titau

**Gulika**    10:28AM – 12:00PM    **Ardra Until 24:60AM**  
**Yama**       7:26AM – 8:57AM       **Vyatipata\* Until 11:31AM**  
**Rahu**        12:00PM – 1:31PM       **Tailila Until 6:03PM**  
**Ashtami\* Until 6:03AM**

Muscat, Oman  
**Sun 8 Sutra 161**  
Khara 5113  
Moon 9 - Phase 21  
Navami

**Ganesha:** Green    *Sunrise: 5:55AM*  
**Muruqa:** White      *Sunset: 6:05PM*  
**Nataraja:** White  
Moon – Yellow

**Subha Subha Sivaloka Day**  
**Bhadrapada\*Puratasi**

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishṇa Yajur Veda, Svetu 2.9. UpP, 192


<b>1</b>	<b>Thursday, September 22, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Visti* Karana Navami*/Dasami Yam Titau	Muscat, Oman
	Mithuna Rasi: 22.38    Tithi 24 – 25 549186153	<b>Gulika</b> 8:57AM – 10:28AM <b>Yama</b> 5:55AM – 7:26AM <b>Rahu</b> 1:30PM – 3:01PM	<b>Sun 9 Sutra 162</b> Khara 5113 Moon 9 - Phase 22 2nd Phase
Creative Work    Amrita Yoga Until 10.55PM then Siddha Yoga Until 1:45AM Fri then Marana Yoga		<b>Punarvasu</b> Until 1:45AM Fri Variyan Until 10:32AM Visti Until 6:10PM <b>Navami* Until 6:10AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:55AM <b>Muruqa:</b> White <i>Sunset:</i> 6:04PM <b>Nataraja:</b> White Moon – Blue <b>Subha Sivaloka Day</b> <b>Bhadrapada*Puratasi</b>

<b>2</b>	<b>Friday, September 23, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadasi* Yam Titau	Muscat, Oman
	Kataka Rasi: 6.02    Tithi 26 549286153	<b>Gulika</b> 7:26AM – 8:57AM <b>Yama</b> 3:01PM – 4:32PM <b>Rahu</b> 10:28AM – 11:59AM	<b>Sun 10 Sutra 163</b> Khara 5113 Moon 9 - Phase 22 2nd Phase
Routine Work    Marana Yoga Until 10.54PM then Siddha Yoga Until 12:14AM Sat then Marana Yoga		<b>Pushya</b> Until 12:14AM Sat Parigha* Until 8:35AM Bava Until 4:28PM <b>Ekadasi* Until 3:33AM Sat</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:55AM <b>Muruqa:</b> White <i>Sunset:</i> 6:03PM <b>Nataraja:</b> White Moon – Blue <b>Sivaloka Day</b> <b>Bhadrapada*Puratasi</b>

<b>3</b>	<b>Saturday, September 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau	Muscat, Oman
	Kataka Rasi: 19.55    Tithi 27 541286153	<b>Gulika</b> 5:56AM – 7:26AM <b>Yama</b> 1:29PM – 3:00PM <b>Rahu</b> 8:57AM – 10:28AM	<b>Sun 11 Sutra 164</b> Khara 5113 Moon 9 - Phase 22 2nd Phase
Routine Work    Marana Yoga Until 10.54PM then Siddha Yoga Until 11:18PM then Marana Yoga		<b>Aslesha* Until 11:18PM</b> Shiva Until 6:08AM Kaulava Until 2:48PM <b>Dvadasi* Until 1:52AM Sun</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:56AM <b>Muruqa:</b> White <i>Sunset:</i> 6:01PM <b>Nataraja:</b> White Moon – Blue <b>Sivaloka Day</b> <b>Bhadrapada*Puratasi</b>

<b>4</b>	<b>Sunday, September 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Muscat, Oman
	Simha Rasi: 4.17    Tithi 28 551286153	<b>Gulika</b> 2:59PM – 4:30PM <b>Yama</b> 11:58AM – 1:29PM <b>Rahu</b> 4:30PM – 6:00PM	<b>Sun 12 Sutra 165</b> Khara 5113 Moon 9 - Phase 22 2nd Phase
Routine Work    Marana Yoga Until 8:29PM then Siddha Yoga		<b>Magha* Until 8:29PM</b> Sadhya Until 11:06PM Gara Until 11:47AM <b>Trayodasi* Until 10:05PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:56AM <b>Muruqa:</b> White <i>Sunset:</i> 6:00PM <b>Nataraja:</b> White Moon – Red <b>Sivaloka Day</b> <b>Bhadrapada*Puratasi</b>

<b>5</b>	<b>Monday, September 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Muscat, Oman
	Simha Rasi: 19.04    Tithi 29 551286153	<b>Gulika</b> 1:28PM – 2:59PM <b>Yama</b> 10:28AM – 11:58AM <b>Rahu</b> 7:27AM – 8:57AM	<b>Sun 13 Sutra 166</b> Khara 5113 Moon 9 - Phase 22 2nd Phase
Family Home Evening Creative Work    Siddha Yoga Until 6:10PM then Marana Yoga Until 10.53PM then Amrita Yoga		<b>Purvaphalguni* Until 6:10PM</b> Subha Until 7:28PM Visti Until 8:42AM <b>Chaturdasi* Until 6:59PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:56AM <b>Muruqa:</b> White <i>Sunset:</i> 5:59PM <b>Nataraja:</b> White Moon – Red <b>Sivaloka Day</b> <b>Bhadrapada*Puratasi</b>

	<b>Tuesday, September 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Muscat, Oman
	Kanya Rasi: 4.08    Tithi 30 – 1 551286153	<b>Gulika</b> 11:58AM – 1:28PM <b>Yama</b> 8:57AM – 10:27AM <b>Rahu</b> 2:58PM – 4:28PM	<b>Sun 14 Sutra 167</b> Khara 5113 Moon 9 - Phase 22 Amavasya
Retreat Star Creative Work    Amrita Yoga Until 3:22PM then Siddha Yoga		<b>Uttaraphalguni Until 3:22PM</b> Sukla Until 3:22PM Kintughna Until 1:40AM Wed <b>Amavasya* Until 3:23PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:57AM <b>Muruqa:</b> White <i>Sunset:</i> 5:58PM <b>Nataraja:</b> White Moon – Red <b>Sivaloka Day</b> <b>Bhadrapada*Puratasi</b>

	<b>Wednesday, September 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau	Muscat, Oman
	Kanya Rasi: 19.23    Tithi 1 – 2 661286153	<b>Gulika</b> 10:27AM – 11:57AM <b>Yama</b> 7:27AM – 8:57AM <b>Rahu</b> 11:57AM – 1:27PM	<b>Sun 15 Sutra 168</b> Khara 5113 Moon 9 - Phase 22 Prathama
Creative Work    Siddha Yoga <b>Navaratri Begins</b>		<b>Hasta Until 12:20PM</b> Brahma Until 11:03AM Balava Until 9:48PM <b>Prathama* Until 11:31AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:57AM <b>Muruqa:</b> White <i>Sunset:</i> 5:57PM <b>Nataraja:</b> White Moon – Green <b>Sivaloka Day</b> <b>Ashvina*Puratasi</b>

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM


<b>1</b>	<b>Thursday, September 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Gara Karana Dvitiya/Tritiya Yam Titau	Muscat, Oman
	Tula Rasi: 4.35      Tithi 2 – 3 661286153	<b>Gulika</b> 8:57AM – 10:27AM <b>Yama</b> 5:57AM – 7:27AM <b>Rahu</b> 1:27PM – 2:57PM	<b>Sun 16 Sutra 169</b> Khara 5113 Moon 9 - Phase 23 3rd Phase
Creative Work Siddha Yoga Until 9:20AM then Amrita Yoga Until 10.52PM then Siddha Yoga		<b>Chitra Until 9:20AM</b> Indra Until 6:45AM Gara Until 4:16AM Fri <b>Dvitiya Until 7:42AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:57AM</i> <b>Muruqa:</b> White <i>Sunset: 5:56PM</i> <b>Nataraja:</b> White Moon – Green <b>Ashvina•Puratasi</b>
<b>Sivaloka Day</b>			


<b>2</b>	<b>Friday, September 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Visakha Nakshatra Vishkambha* Yoga Vanija/Visiti* Karana Chaturthi* Yam Titau	Muscat, Oman
	Tula Rasi: 19.37      Tithi 4 661286153	<b>Gulika</b> 7:27AM – 8:57AM <b>Yama</b> 2:56PM – 4:26PM <b>Rahu</b> 10:27AM – 11:57AM	<b>Sun 17 Sutra 170</b> Khara 5113 Moon 9 - Phase 23 3rd Phase
Creative Work Siddha Yoga Until 6:38AM then Marana Yoga Until 10.52PM then Siddha Yoga		<b>Svati Until 6:38AM</b> Vishkambha* Until 10:45PM Vanija Until 2:29PM <b>Chaturthi* Until 12:46AM Sat</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:58AM</i> <b>Muruqa:</b> White <i>Sunset: 5:55PM</i> <b>Nataraja:</b> White Moon – Green <b>Ashvina•Puratasi</b>
<b>Sivaloka Day</b>			

<b>3</b>	<b>Saturday, October 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau	Muscat, Oman
	Vrischika Rasi: 4.19      Tithi 5 671286153	<b>Gulika</b> 5:58AM – 7:28AM <b>Yama</b> 1:26PM – 2:55PM <b>Rahu</b> 8:57AM – 10:27AM	<b>Sun 18 Sutra 171</b> Khara 5113 Moon 9 - Phase 23 3rd Phase
Creative Work Siddha Yoga Until 10.52PM then Marana Yoga		<b>Anuradha Until 3:10AM Sun</b> Priti Until 8:06PM Bava Until 11:57AM <b>Panchami Until 11:02PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:58AM</i> <b>Muruqa:</b> White <i>Sunset: 5:54PM</i> <b>Nataraja:</b> White Moon – Orange <b>Ashvina•Puratasi</b>
<b>Sivaloka Day</b>			

<b>4</b>	<b>Sunday, October 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shasthi* Yam Titau	Muscat, Oman
	Vrischika Rasi: 18.37      Tithi 6 671286153	<b>Gulika</b> 2:55PM – 4:24PM <b>Yama</b> 11:56AM – 1:25PM <b>Rahu</b> 4:24PM – 5:53PM	<b>Sun 19 Sutra 172</b> Khara 5113 Moon 9 - Phase 23 3rd Phase
Routine Work Marana Yoga Until 10.51PM then Siddha Yoga		<b>Jyeshtha* Until 1:31AM Mon</b> Ayushman Until 4:59PM Kaulava Until 9:32AM <b>Shasthi* Until 8:36PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:58AM</i> <b>Muruqa:</b> White <i>Sunset: 5:53PM</i> <b>Nataraja:</b> White Moon – Orange <b>Ashvina•Puratasi</b>
<b>Sivaloka Day</b>			

<b>5</b>	<b>Monday, October 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptami Yam Titau	Muscat, Oman
	Dhanus Rasi: 2.28      Tithi 7 681286153	<b>Gulika</b> 1:25PM – 2:54PM <b>Yama</b> 10:26AM – 11:56AM <b>Rahu</b> 7:28AM – 8:57AM	<b>Sun 20 Sutra 173</b> Khara 5113 Moon 9 - Phase 23 3rd Phase
Family Home Evening Creative Work Siddha Yoga Until 10.51PM then Amrita Yoga Until 2:04AM Tue then Siddha Yoga		<b>Mula* Until 2:04AM Tue</b> Saubhagya Until 3:11PM Gara Until 8:05AM <b>Saptami Until 8:05PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:59AM</i> <b>Muruqa:</b> White <i>Sunset: 5:52PM</i> <b>Nataraja:</b> White Moon – Light Blue <b>Ashvina•Puratasi</b>
<b>Subha Sivaloka Day</b>			

	<b>Tuesday, October 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visiti*/Bava Karana Ashtami* Yam Titau	Muscat, Oman
	Dhanus Rasi: 15.53      Tithi 8 682286153	<b>Gulika</b> 11:55AM – 1:24PM <b>Yama</b> 8:57AM – 10:26AM <b>Rahu</b> 2:53PM – 4:22PM	<b>Sun 21 Sutra 174</b> Khara 5113 Moon 9 - Phase 23 Ashtami
Retreat Star Creative Work Siddha Yoga Until 10.51PM then Amrita Yoga		<b>Purvashadha* Until 1:54AM Wed</b> Sobhana Until 1:21PM Visiti Until 7:13AM <b>Ashtami* Until 7:13PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:59AM</i> <b>Muruqa:</b> White <i>Sunset: 5:51PM</i> <b>Nataraja:</b> White Moon – Light Blue <b>Ashvina•Puratasi</b>
<b>Subha Sivaloka Day</b>			

	<b>Wednesday, October 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navami* Yam Titau	Muscat, Oman
	Dhanus Rasi: 28.55      Tithi 9 682286153	<b>Gulika</b> 10:26AM – 11:55AM <b>Yama</b> 7:28AM – 8:57AM <b>Rahu</b> 11:55AM – 1:24PM	<b>Sun 22 Sutra 175</b> Khara 5113 Moon 9 - Phase 23 Navami
Retreat Star Creative Work Amrita Yoga Until 10.50PM then Siddha Yoga		<b>Uttarashadha Until 2:27AM Thu</b> Athiganda* Until 12:11PM Balava Until 7:07AM <b>Navami* Until 7:07PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:59AM</i> <b>Muruqa:</b> White <i>Sunset: 5:50PM</i> <b>Nataraja:</b> White Moon – Light Blue <b>Ashvina•Puratasi</b>
<b>Subha Sivaloka Day</b>			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

<b>1</b>	<b>Thursday, October 6, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Sravana Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Dasami Yam Titau		Muscat, Oman
	Makara Rasi: 11.38	Tithi 10			Sun 23 Sutra 176 Khara 5113
		692286153	<b>Gulika</b> 8:57AM – 10:26AM <b>Yama</b> 6:00AM – 7:29AM <b>Rahu</b> 1:23PM – 2:52PM	<b>Sravana Until 5:25AM Fri</b> Sukarma Until 11:59AM Tailila Until 7:49AM <b>Dasami Until 8:55PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:00AM <b>Muruqa:</b> White <i>Sunset:</i> 5:50PM <b>Nataraja:</b> White Moon – Purple <b>Ashvina•Puratasi</b>
	Creative Work	Siddha Yoga			<b>Sivaloka Day</b>

<b>2</b>	<b>Friday, October 7, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visiti* Karana Ekadasi Yam Titau		Muscat, Oman
	Makara Rasi: 24.05	Tithi 11			Sun 24 Sutra 177 Khara 5113
		692286153	<b>Gulika</b> 7:29AM – 8:57AM <b>Yama</b> 2:51PM – 4:20PM <b>Rahu</b> 10:26AM – 11:54AM	<b>Dhanishtha Until 6:38AM Sat</b> Dhriti Until 11:47AM Vanija Until 8:59AM <b>Ekadasi Until 10:04PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:00AM <b>Muruqa:</b> White <i>Sunset:</i> 5:49PM <b>Nataraja:</b> White Moon – Purple <b>Ashvina•Puratasi</b>
	Creative Work	Siddha Yoga		Vijaya Dasami	<b>Sivaloka Day</b>
	Until 6:38AM Sat then Amrita Yoga				

<b>3</b>	<b>Saturday, October 8, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadasi Yam Titau		Muscat, Oman
	Kumbha Rasi: 6.21	Tithi 12			Sun 25 Sutra 178 Khara 5113
		692286154	<b>Gulika</b> 6:01AM – 7:29AM <b>Yama</b> 1:22PM – 2:51PM <b>Rahu</b> 8:57AM – 10:26AM	<b>Dhanishtha Until 6:38AM</b> Shula* Until 11:56AM Bava Until 10:33AM <b>Dvadasi Until 11:39PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:01AM <b>Muruqa:</b> White <i>Sunset:</i> 5:48PM <b>Nataraja:</b> Yellow Moon – Purple <b>Ashvina•Puratasi</b>
	Creative Work	Siddha Yoga		Kadaitswami Mahasamadhi	<b>Devaloka Day</b>
	Until 6:38AM then Amrita Yoga				
	Until 10:49PM then Siddha Yoga				

<b>4</b>	<b>Sunday, October 9, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Ganda*/Vridhi Yoga Kaulava/Tailila Karana Trayodasi Yam Titau		Muscat, Oman
	Kumbha Rasi: 18.29	Tithi 13			Sun 26 Sutra 179 Khara 5113
		692286154	<b>Gulika</b> 2:50PM – 4:18PM <b>Yama</b> 11:54AM – 1:22PM <b>Rahu</b> 4:18PM – 5:47PM	<b>Satabhisha Until 9:03AM</b> Ganda* Until 12:21PM Kaulava Until 12:26PM <b>Trayodasi Until 1:31AM Mon</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:01AM <b>Muruqa:</b> White <i>Sunset:</i> 5:47PM <b>Nataraja:</b> Yellow Moon – Purple <b>Ashvina•Puratasi</b>
	Creative Work	Siddha Yoga			<b>Devaloka Day</b>
	Until 10:49PM then no yoga				
					<i>Pradosha Vrata</i>

<b>5</b>	<b>Monday, October 10, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Muscat, Oman
	Meena Rasi: 0.3	Tithi 14			Sun 27 Sutra 180 Khara 5113
	<b>Family Home Evening</b>				Moon 9 - Phase 24
	No Yoga				4th Phase
		612286154	<b>Gulika</b> 1:22PM – 2:50PM <b>Yama</b> 10:26AM – 11:54AM <b>Rahu</b> 7:29AM – 8:57AM	<b>Purvaprostapada* Until 11:40AM</b> Vridhi Until 12:56PM Gara Until 2:32PM <b>Chaturdasi* Until 3:37AM Tue</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:01AM <b>Muruqa:</b> White <i>Sunset:</i> 5:46PM <b>Nataraja:</b> Yellow Moon – Clear <b>Ashvina•Puratasi</b>
	Until 11:40AM then Siddha Yoga			Chidambaram Abhishekam	<b>Devaloka Day</b>
	Until 10:49PM then Amrita Yoga				

<b>○</b>	<b>Tuesday, October 11, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Dhruva/Vyaghata* Yoga Visiti*/Bava Karana Purnima* Yam Titau		Muscat, Oman
	<b>Copper Retreat Star</b>				Sutra 181 Khara 5113
	Meena Rasi: 12.27	Tithi 15			Moon 9 - Phase 24
					Purnima
		612286154	<b>Gulika</b> 11:53AM – 1:21PM <b>Yama</b> 8:58AM – 10:25AM <b>Rahu</b> 2:49PM – 4:17PM	<b>Uttaraprostapada Until 2:26PM</b> Dhruva Until 1:40PM Visiti Until 4:48PM <b>Purnima* Until 6:06AM Wed</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:02AM <b>Muruqa:</b> White <i>Sunset:</i> 5:45PM <b>Nataraja:</b> Yellow Moon – Clear <b>Ashvina•Puratasi</b>
	Creative Work	Amrita Yoga			<b>Devaloka Day</b>
	Until 2:26PM then Siddha Yoga				
	Until 10:49PM then Marana Yoga				

<b>○</b>	<b>Wednesday, October 12, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Asvini Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Muscat, Oman
	<b>Silver Retreat Star</b>				Sutra 182 Khara 5113
	Meena Rasi: 24.2	Tithi 15 – 16			Moon 9 - Phase 24
					Prathama
		612286154	<b>Gulika</b> 10:25AM – 11:53AM <b>Yama</b> 7:30AM – 8:58AM <b>Rahu</b> 11:53AM – 1:21PM	<b>Revati Until 5:19PM</b> Vyaghata* Until 2:30PM Balava Until 7:12PM <b>Purnima* Until 6:06AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:02AM <b>Muruqa:</b> White <i>Sunset:</i> 5:44PM <b>Nataraja:</b> Yellow Moon – Clear <b>Ashvina•Puratasi</b>
	Routine Work	Marana Yoga			<b>Devaloka Day</b>
	Until 10:48PM then Amrita Yoga				

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM





**Thursday, October 13, 2011**  
**Gold Retreat Star**

Mesha Rasi: 6.11      Tithi 16 – 17  
622286154  
Creative Work    Amrita Yoga  
Until 8:17PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Asvini Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau

**Gulika**    8:58AM – 10:25AM    **Asvini Until 8:17PM**  
**Yama**      6:03AM – 7:30AM      Harshana Until 3:25PM  
**Rahu**      1:20PM – 2:48PM      Taitila Until 9:40PM  
**Prathama\* Until 8:35AM**

Muscat, Oman  
**Sutra 183**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Sivaloka Day**

**Ganesha:** Red      *Sunrise:* 6:03AM  
**Muruqa:** White    *Sunset:* 5:43PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

**1**

**Friday, October 14, 2011**

Mesha Rasi: 18.02      Tithi 17 – 18  
622286154  
Creative Work    Siddha Yoga  
Until 11:15PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

**Gulika**    7:30AM – 8:58AM    **Bharani Until 11:15PM**  
**Yama**      2:47PM – 4:15PM      Vajra\* Until 4:20PM  
**Rahu**      10:25AM – 11:53AM    Vanija Until 12:10AM Sat  
**Dvitiya Until 11:05AM**

Muscat, Oman  
**Sun 1 Sutra 184**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Sivaloka Day**

**Ganesha:** Red      *Sunrise:* 6:03AM  
**Muruqa:** White    *Sunset:* 5:42PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

**2**

**Saturday, October 15, 2011**

Mesha Rasi: 29.54      Tithi 18 – 19  
622286154  
Creative Work    Amrita Yoga  
Until 10:48PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantra Vasara Yuktayam  
Krittika Nakshatra Siddhi/Vyatipata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau

**Gulika**    6:03AM – 7:31AM    **Krittika Until 2:12AM Sun**  
**Yama**      1:20PM – 2:47PM      Siddhi Until 5:13PM  
**Rahu**      8:58AM – 10:25AM    Bava Until 2:37AM Sun  
**Tritiya Until 1:32PM**

Muscat, Oman  
**Sun 2 Sutra 185**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Sivaloka Day**

**Ganesha:** Red      *Sunrise:* 6:03AM  
**Muruqa:** White    *Sunset:* 5:41PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

**3**

**Sunday, October 16, 2011**

Wrishabha Rasi: 11.5      Tithi 19 – 20  
632286154  
Creative Work    Siddha Yoga  
Until 10:47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika**    2:46PM – 4:13PM    **Rohini Until 5:00AM Mon**  
**Yama**      11:52AM – 1:19PM      Vyatipata\* Until 5:58PM  
**Rahu**      4:13PM – 5:40PM      Kaulava Until 4:56AM Mon  
**Chaturthi\* Until 3:51PM**

Muscat, Oman  
**Sun 3 Sutra 186**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Devaloka Day**

**Ganesha:** Green    *Sunrise:* 6:04AM  
**Muruqa:** White    *Sunset:* 5:40PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Puratasi**

**4**

**Monday, October 17, 2011**

Wrishabha Rasi: 23.53      Tithi 20 – 21  
632286154  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 10:47PM then Siddha Yoga  
Until 6:58AM Tue then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigasira Nakshatra Variyan Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika**    1:19PM – 2:46PM    **Mrigasira Until 6:58AM Tue**  
**Yama**      10:25AM – 11:52AM    Variyan Until 6:30PM  
**Rahu**      7:31AM – 8:58AM      Gara Until 6:58AM Tue  
**Panchami Until 5:53PM**

Muscat, Oman  
**Sun 4 Sutra 187**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Devaloka Day**

**Ganesha:** Green    *Sunrise:* 6:04AM  
**Muruqa:** White    *Sunset:* 5:40PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Aipasi**

**5**

**Tuesday, October 18, 2011**

Mithuna Rasi: 6.08      Tithi 21  
633386154  
Creative Work    Siddha Yoga  
Until 6:58AM then Marana Yoga  
Until 10:47PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigasira/Ardra Nakshatra Parigha\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau

**Gulika**    11:52AM – 1:18PM    **Mrigasira Until 6:58AM**  
**Yama**      8:58AM – 10:25AM    Parigha\* Until 5:46PM  
**Rahu**      2:45PM – 4:12PM      Gara Until 6:23AM  
**Shasthi\* Until 6:23PM**

Muscat, Oman  
**Sun 5 Sutra 188**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Devaloka Day**

**Ganesha:** Green    *Sunrise:* 6:05AM  
**Muruqa:** White    *Sunset:* 5:39PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Aipasi**

**6**

**Wednesday, October 19, 2011**

Mithuna Rasi: 18.4      Tithi 22  
633386154  
Creative Work    Siddha Yoga  
Until 10:47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Saptami Yam Titau

**Gulika**    10:25AM – 11:52AM    **Ardra Until 8:28AM**  
**Yama**      7:32AM – 8:58AM      Shiva Until 5:27PM  
**Rahu**      11:52AM – 1:18PM      Visti Until 7:20AM  
**Saptami Until 7:20PM**

Muscat, Oman  
**Sun 6 Sutra 189**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Devaloka Day**

**Ganesha:** Green    *Sunrise:* 6:05AM  
**Muruqa:** White    *Sunset:* 5:38PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Aipasi**



**Thursday, October 20, 2011**  
**Retreat Star**

Kataka Rasi: 1.31      Tithi 23  
643386154  
Creative Work    Amrita Yoga  
Until 10:47PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtami\* Yam Titau

**Gulika**    8:58AM – 10:25AM    **Punarvasu Until 9:20AM**  
**Yama**      6:06AM – 7:32AM      Siddha Until 4:34PM  
**Rahu**      1:18PM – 2:44PM      Balava Until 7:35AM  
**Ashtami\* Until 7:35PM**

Muscat, Oman  
**Sun 7 Sutra 190**  
Khara 5113  
Moon 10 - Phase 25  
Ashtami  
**Sivaloka Day**

**Ganesha:** Orange    *Sunrise:* 6:06AM  
**Muruqa:** White    *Sunset:* 5:37PM  
**Nataraja:** Yellow  
Moon – Blue  
**Ashvina•Aipasi**

**Friday, October 21, 2011**

**Retreat Star**

Kataka Rasi: 14.48      Tithi 24  
643386154  
Routine Work    Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navami\* Yam Titau

**Gulika**    7:32AM – 8:59AM    **Pushya Until 9:12AM**  
**Yama**      2:44PM – 4:10PM      Sadhya Until 2:21PM  
**Rahu**      10:25AM – 11:51AM    Taitila Until 6:56AM  
**Navami\* Until 6:01PM**

Muscat, Oman  
**Sun 8 Sutra 191**  
Khara 5113  
Moon 10 - Phase 25  
Navami  
**Sivaloka Day**

**Ganesha:** Orange    *Sunrise:* 6:06AM  
**Muruqa:** White    *Sunset:* 5:36PM  
**Nataraja:** Yellow  
Moon – Blue  
**Ashvina•Aipasi**


When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139

<b>1</b>	<b>Saturday, October 22, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha*/Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Muscat, Oman
	Kataka Rasi: 28.32    Tithi 25 – 26 643386154	<b>Gulika</b> 6:07AM – 7:33AM <b>Yama</b> 1:17PM – 2:43PM <b>Rahu</b> 8:59AM – 10:25AM	<b>Sun 9 Sutra 192</b> Khara 5113 Moon 10 - Phase 26 2nd Phase
Routine Work    Marana Yoga Until 8:30AM then Amrita Yoga Until 10.46PM then Marana Yoga		<b>Aslesha* Until 8:30AM</b> Subha Until 12:07PM Bava Until 3:44AM Sun <b>Dasami Until 4:39PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:07AM <b>Muruqa:</b> White <i>Sunset:</i> 5:35PM <b>Nataraja:</b> Yellow Moon – Blue <b>Ashvina•Aipasi</b>

<b>2</b>	<b>Sunday, October 23, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Muscat, Oman
	Simha Rasi: 12.44    Tithi 26 – 27 653386154	<b>Gulika</b> 2:43PM – 4:09PM <b>Yama</b> 11:51AM – 1:17PM <b>Rahu</b> 4:09PM – 5:35PM	<b>Sun 10 Sutra 193</b> Khara 5113 Moon 10 - Phase 26 2nd Phase
Routine Work    Marana Yoga Until 6:57AM then Siddha Yoga		<b>Magha* Until 6:57AM</b> Sukla Until 8:56AM Kaulava Until 12:06AM Mon <b>Ekadasi* Until 1:49PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:07AM <b>Muruqa:</b> White <i>Sunset:</i> 5:35PM <b>Nataraja:</b> Yellow Moon – Red <b>Ashvina•Aipasi</b>

<b>3</b>	<b>Monday, October 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Tailita/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Muscat, Oman
	Simha Rasi: 27.23    Tithi 27 – 28 653386154	<b>Gulika</b> 1:17PM – 2:42PM <b>Yama</b> 10:25AM – 11:51AM <b>Rahu</b> 7:33AM – 8:59AM	<b>Sun 11 Sutra 194</b> Khara 5113 Moon 10 - Phase 26 2nd Phase
Family Home Evening Routine Work    Marana Yoga Until 10.46PM then Amrita Yoga Until 2:12AM Tue then Siddha Yoga		<b>Uttaraphalguni Until 2:12AM Tue</b> Indra Until 1:29AM Tue Gara Until 9:17PM <b>Dvadasi* Until 11:00AM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:08AM <b>Muruqa:</b> White <i>Sunset:</i> 5:34PM <b>Nataraja:</b> Yellow Moon – Red <b>Ashvina•Aipasi</b>

<b>4</b>	<b>Tuesday, October 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Sakuni* Karana Trayodasi*/Chaturdasi* Yam Titau	Muscat, Oman
	Kanya Rasi: 12.22    Tithi 28 – 29 663386154	<b>Gulika</b> 11:51AM – 1:16PM <b>Yama</b> 8:59AM – 10:25AM <b>Rahu</b> 2:42PM – 4:08PM	<b>Sun 12 Sutra 195</b> Khara 5113 Moon 10 - Phase 26 2nd Phase
Creative Work    Siddha Yoga Deepavali Hindu Solidarity Day		<b>Hasta Until 11:33PM</b> Vaidhriti* Until 9:31PM Sakuni Until 4:10AM Wed <b>Trayodasi* Until 7:36AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:08AM <b>Muruqa:</b> White <i>Sunset:</i> 5:33PM <b>Nataraja:</b> Yellow Moon – Green <b>Ashvina•Aipasi</b>

	<b>Wednesday, October 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Muscat, Oman
	Kanya Rasi: 27.34    Tithi 30 663386154	<b>Gulika</b> 10:25AM – 11:50AM <b>Yama</b> 7:34AM – 9:00AM <b>Rahu</b> 11:50AM – 1:16PM	<b>Sun 13 Sutra 196</b> Khara 5113 Moon 10 - Phase 26 Amavasya
Creative Work    Siddha Yoga Until 10.46PM then Amrita Yoga Subramuniyaswami Mahasamadhi		<b>Chitra Until 8:34PM</b> Vishkambha* Until 5:13PM Catuspada Until 2:06PM <b>Amavasya* Until 12:23AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:09AM <b>Muruqa:</b> White <i>Sunset:</i> 5:32PM <b>Nataraja:</b> Yellow Moon – Green <b>Ashvina•Aipasi</b>

<b>Retreat Star</b>	<b>Thursday, October 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Visakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Muscat, Oman
	Tula Rasi: 12.49    Tithi 1 663386154	<b>Gulika</b> 9:00AM – 10:25AM <b>Yama</b> 6:09AM – 7:34AM <b>Rahu</b> 1:16PM – 2:41PM	<b>Sun 14 Sutra 197</b> Khara 5113 Moon 10 - Phase 26 Prathama
Creative Work    Amrita Yoga Until 5:29PM then Siddha Yoga Until 10.46PM then Marana Yoga		<b>Svati Until 5:29PM</b> Priti Until 12:51PM Kintughna Until 10:14AM <b>Prathama* Until 8:31PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:09AM <b>Muruqa:</b> White <i>Sunset:</i> 5:32PM <b>Nataraja:</b> Yellow Moon – Green <b>Karttika•Aipasi</b>

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda, Brihadu 4.4.3. bo UpH, 140


<b>1</b>	<b>Friday, October 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha/Anuradha Nakshatra Ayushmani/Saubhagya Yoga Balava/Tailila Karana Dvitiya/Tritiya Yam Titau			Muscat, Oman
	Tula Rasi: 27.58      Tithi 2 – 3 673386154	<b>Gulika</b> 7:35AM – 9:00AM <b>Yama</b> 2:41PM – 4:06PM <b>Rahu</b> 10:25AM – 11:50AM	<b>Visakha</b> Until 2:36PM Ayushman Until 8:38AM Balava Until 6:33AM <b>Dvitiya</b> Until 4:50PM	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:10AM</i> <b>Muruqa:</b> White <i>Sunset: 5:31PM</i> <b>Nataraja:</b> Yellow Moon – Orange <b>Karttika-Aipasi</b>	<b>Sun 15 Sutra 198</b> Khara 5113 Moon 10 - Phase 27 3rd Phase <b>Devaloka Day</b>
Routine Work Marana Yoga Until 2:36PM then Siddha Yoga					


<b>2</b>	<b>Saturday, October 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau			Muscat, Oman
	Vrischika Rasi: 12.5      Tithi 3 – 4 673386154	<b>Gulika</b> 6:10AM – 7:35AM <b>Yama</b> 1:15PM – 2:40PM <b>Rahu</b> 9:00AM – 10:25AM	<b>Anuradha</b> Until 12:33PM Sobhana Until 2:04AM Sun Vanija Until 1:16AM Sun <b>Tritiya</b> Until 2:12PM	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:10AM</i> <b>Muruqa:</b> White <i>Sunset: 5:30PM</i> <b>Nataraja:</b> Yellow Moon – Orange <b>Karttika-Aipasi</b>	<b>Sun 16 Sutra 199</b> Khara 5113 Moon 10 - Phase 27 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 10:46PM then Marana Yoga					

<b>3</b>	<b>Sunday, October 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau			Muscat, Oman
	Vrischika Rasi: 27.2      Tithi 4 – 5 673386154	<b>Gulika</b> 2:40PM – 4:05PM <b>Yama</b> 11:50AM – 1:15PM <b>Rahu</b> 4:05PM – 5:30PM	<b>Jyeshtha*</b> Until 10:33AM Athiganda* Until 10:36PM Bava Until 10:30PM <b>Chaturthi*</b> Until 11:25AM	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:11AM</i> <b>Muruqa:</b> White <i>Sunset: 5:30PM</i> <b>Nataraja:</b> Yellow Moon – Orange <b>Karttika-Aipasi</b>	<b>Sun 17 Sutra 200</b> Khara 5113 Moon 10 - Phase 27 3rd Phase <b>Devaloka Day</b>
Routine Work Marana Yoga Until 10:33AM then Amrita Yoga Until 10:46PM then Siddha Yoga					

<b>4</b>	<b>Monday, October 31, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau			Muscat, Oman
	Dhanu Rasi: 11.23      Tithi 5 – 6 <b>Family Home Evening</b> 683386154	<b>Gulika</b> 1:15PM – 2:40PM <b>Yama</b> 10:25AM – 11:50AM <b>Rahu</b> 7:36AM – 9:01AM	<b>Mula*</b> Until 9:20AM Sukarma Until 7:52PM Kaulava Until 8:34PM <b>Panchami</b> Until 9:30AM	<b>Ganesha:</b> Orange <i>Sunrise: 6:11AM</i> <b>Muruqa:</b> White <i>Sunset: 5:29PM</i> <b>Nataraja:</b> Yellow Moon – Light Blue <b>Karttika-Aipasi</b>	<b>Sun 18 Sutra 201</b> Khara 5113 Moon 10 - Phase 27 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 9:20AM then Marana Yoga Until 10:45PM then Siddha Yoga					

<b>5</b>	<b>Tuesday, November 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau			Muscat, Oman
	Dhanu Rasi: 24.58      Tithi 6 – 7 684386154	<b>Gulika</b> 11:50AM – 1:15PM <b>Yama</b> 9:01AM – 10:25AM <b>Rahu</b> 2:39PM – 4:04PM	<b>Purvashadha*</b> Until 9:09AM Dhriti Until 6:44PM Gara Until 8:38PM <b>Shasthi*</b> Until 8:38AM	<b>Ganesha:</b> Clear <i>Sunrise: 6:12AM</i> <b>Muruqa:</b> White <i>Sunset: 5:28PM</i> <b>Nataraja:</b> Yellow Moon – Light Blue <b>Karttika-Aipasi</b>	<b>Sun 19 Sutra 202</b> Khara 5113 Moon 10 - Phase 27 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 9:09AM then Prabalarishta Yoga Until 10:45PM then Amrita Yoga					

	<b>Wednesday, November 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau			Muscat, Oman
	<b>Retreat Star</b> Makara Rasi: 8.05      Tithi 7 – 8 684386154	<b>Gulika</b> 10:26AM – 11:50AM <b>Yama</b> 7:37AM – 9:01AM <b>Rahu</b> 11:50AM – 1:14PM	<b>Uttarashadha</b> Until 9:32AM Shula* Until 5:22PM Visti Until 8:23PM <b>Saptami</b> Until 8:23AM	<b>Ganesha:</b> Clear <i>Sunrise: 6:12AM</i> <b>Muruqa:</b> White <i>Sunset: 5:28PM</i> <b>Nataraja:</b> Yellow Moon – Light Blue <b>Karttika-Aipasi</b>	<b>Sun 20 Sutra 203</b> Khara 5113 Moon 10 - Phase 27 Ashtami <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 9:32AM then Siddha Yoga					

	<b>Thursday, November 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Sravana/Dhanishtha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau			Muscat, Oman
	<b>Retreat Star</b> Makara Rasi: 20.49      Tithi 8 – 9 694386154	<b>Gulika</b> 9:01AM – 10:26AM <b>Yama</b> 6:13AM – 7:37AM <b>Rahu</b> 1:14PM – 2:39PM	<b>Sravana</b> Until 11:01AM Ganda* Until 5:30PM Balava Until 10:16PM <b>Ashtami*</b> Until 9:11AM	<b>Ganesha:</b> White <i>Sunrise: 6:13AM</i> <b>Muruqa:</b> White <i>Sunset: 5:27PM</i> <b>Nataraja:</b> Yellow Moon – Purple <b>Karttika-Aipasi</b>	<b>Sun 21 Sutra 204</b> Khara 5113 Moon 10 - Phase 27 Navami <b>Devaloka Day</b>
Creative Work Siddha Yoga					

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

<b>1</b>	<b>Friday, November 4, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Muscat, Oman		
	Kumbha Rasi: 3.15	Tithi 9 – 10	694386154	<b>Gulika</b> 7:38AM – 9:02AM <b>Yama</b> 2:38PM – 4:03PM <b>Rahu</b> 10:26AM – 11:50AM	<b>Dhanishtha Until 12:50PM</b> Vriddhi Until 5:19PM Taitila Until 11:31PM <b>Navami* Until 10:26AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Purple <b>Karttika-Aipasi</b>	<b>Sun 22 Sutra 205</b> Khara 5113 Moon 10 - Phase 28 4th Phase <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					
	Until 10.45PM then Amrita Yoga						

<b>2</b>	<b>Saturday, November 5, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Muscat, Oman		
	Kumbha Rasi: 15.27	Tithi 10 – 11	694386154	<b>Gulika</b> 6:14AM – 7:38AM <b>Yama</b> 1:14PM – 2:38PM <b>Rahu</b> 9:02AM – 10:26AM	<b>Satabhisha Until 3:06PM</b> Dhruva Until 5:34PM Vanija Until 1:17AM Sun <b>Dasami Until 12:11PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Purple <b>Karttika-Aipasi</b>	<b>Sun 23 Sutra 206</b> Khara 5113 Moon 10 - Phase 28 4th Phase <b>Devaloka Day</b>
	Creative Work	Amrita Yoga					
	Until 3:06PM then Siddha Yoga						

<b>3</b>	<b>Sunday, November 6, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vyaghata* Yoga Visli*/Bava Karana Ekadasi/Dvadasi Yam Titau		Muscat, Oman		
	Kumbha Rasi: 27.29	Tithi 11 – 12	614386154	<b>Gulika</b> 2:38PM – 4:02PM <b>Yama</b> 11:50AM – 1:14PM <b>Rahu</b> 4:02PM – 5:26PM	<b>Purvaprostapada* Until 5:42PM</b> Vyaghata* Until 6:07PM Bava Until 3:24AM Mon <b>Ekadasi Until 2:18PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Clear <b>Karttika-Aipasi</b>	<b>Sun 24 Sutra 207</b> Khara 5113 Moon 10 - Phase 28 4th Phase <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					
	Until 5:42PM then Amrita Yoga Until 10.45PM then Siddha Yoga						

<b>4</b>	<b>Monday, November 7, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprostapada Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau		Muscat, Oman		
	Meena Rasi: 9.25	Tithi 12 – 13	714386154	<b>Gulika</b> 1:14PM – 2:38PM <b>Yama</b> 10:26AM – 11:50AM <b>Rahu</b> 7:39AM – 9:03AM	<b>Uttaraprostapada Until 8:31PM</b> Harshana Until 6:52PM Kaulava Until 5:44AM Tue <b>Dvadasi Until 4:39PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Clear <b>Karttika-Aipasi</b>	<b>Sun 25 Sutra 208</b> Khara 5113 Moon 10 - Phase 28 4th Phase <b>Sivaloka Day</b>
	Family Home Evening	Siddha Yoga					
	Creative Work <i>Pradosha Vrata</i>						

<b>5</b>	<b>Tuesday, November 8, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau		Muscat, Oman		
	Meena Rasi: 21.17	Tithi 13	714386154	<b>Gulika</b> 11:50AM – 1:14PM <b>Yama</b> 9:03AM – 10:27AM <b>Rahu</b> 2:37PM – 4:01PM	<b>Revati Until 11:26PM</b> Vajra* Until 7:42PM Kaulava Until 6:01AM <b>Trayodasi Until 7:07PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Clear <b>Karttika-Aipasi</b>	<b>Sun 26 Sutra 209</b> Khara 5113 Moon 10 - Phase 28 4th Phase <b>Sivaloka Day</b>
	Creative Work	Siddha Yoga					
	Until 10.46PM then Marana Yoga						

<b>6</b>	<b>Wednesday, November 9, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Asvini Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Muscat, Oman		
	Mesha Rasi: 3.08	Tithi 14	724386154	<b>Gulika</b> 10:27AM – 11:50AM <b>Yama</b> 7:40AM – 9:03AM <b>Rahu</b> 11:50AM – 1:14PM	<b>Asvini Until 2:23AM Thu</b> Siddhi Until 8:35PM Gara Until 8:32AM <b>Chaturdasi* Until 9:37PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – White <b>Karttika-Aipasi</b>	<b>Sun 27 Sutra 210</b> Khara 5113 Moon 10 - Phase 28 4th Phase <b>Devaloka Day</b>
	Routine Work	Marana Yoga					
	Until 10.46PM then Amrita Yoga Until 2:23AM Thu then Siddha Yoga						

<b>○</b>	<b>Thursday, November 10, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnima* Yam Titau		Muscat, Oman		
	Mesha Rasi: 15.01	Tithi 15	724386154	<b>Gulika</b> 9:04AM – 10:27AM <b>Yama</b> 6:17AM – 7:40AM <b>Rahu</b> 1:14PM – 2:37PM	<b>Bharani Until 5:19AM Fri</b> Vyatipata* Until 9:26PM Visti Until 11:00AM <b>Purnima* Until 12:06AM Fri</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – White <b>Karttika-Aipasi</b>	<b>Sun 28 Sutra 211</b> Khara 5113 Moon 10 - Phase 28 Purnima <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					

<b>○</b>	<b>Friday, November 11, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau		Muscat, Oman		
	Mesha Rasi: 26.55	Tithi 16	724386154	<b>Gulika</b> 7:41AM – 9:04AM <b>Yama</b> 2:37PM – 4:00PM <b>Rahu</b> 10:27AM – 11:50AM	<b>Krittika Until 8:11AM Sat</b> Variyan Until 10:12PM Balava Until 1:23PM <b>Prathama* Until 2:29AM Sat</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – White <b>Karttika-Aipasi</b>	<b>Sun 29 Sutra 212</b> Khara 5113 Moon 10 - Phase 28 Prathama <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					
	Until 10.46PM then Amrita Yoga						

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda, Brihadu 4.4.5. UpH, 140



**Saturday, November 12, 2011**  
**Gold Retreat Star**

Wrishabha Rasi: 8.54    Tithi 17  
724386154  
Creative Work    Amrita Yoga  
Until 10.46PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\* Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika**    6:18AM – 7:41AM    **Krittika** Until 8:11AM  
**Yama**       1:14PM – 2:37PM    Parigha\* Until 10:50PM  
**Rahu**       9:04AM – 10:28AM    Taitila Until 3:37PM  
Dvitiya Until 4:42AM Sun

Muscat, Oman  
**Sutra 213**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Devaloka Day**  
Ganesha: Blue    *Sunrise:* 6:18AM  
Muruqa: White    *Sunset:* 5:23PM  
Nataraja: Yellow  
Moon – White  
Karttika•Aipasi

**1**

**Sunday, November 13, 2011**

Wrishabha Rasi: 21    Tithi 18  
735486154  
Creative Work    Siddha Yoga  
Until 10.46PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini/Mrigasira Nakshatra Shiva Yoga Vanija/Visiti\* Karana Tritiya Yam Titau  
**Gulika**    2:37PM – 4:00PM    **Rohini** Until 10:40AM  
**Yama**       11:51AM – 1:14PM    Shiva Until 11:16PM  
**Rahu**       4:00PM – 5:23PM    Vanija Until 5:36PM  
Tritiya Until 6:11AM Mon

Muscat, Oman  
**Sun 1 Sutra 214**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Sivaloka Day**  
Ganesha: Yellow    *Sunrise:* 6:19AM  
Muruqa: White    *Sunset:* 5:23PM  
Nataraja: Yellow  
Moon – Yellow  
Karttika•Aipasi

**2**

**Monday, November 14, 2011**

Mithuna Rasi: 3.14    Tithi 18 – 19  
735486154  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 12:52PM then Siddha Yoga  
Until 10.46PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigasira/Ardra Nakshatra Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**    1:14PM – 2:37PM    **Mrigasira** Until 12:52PM  
**Yama**       10:28AM – 11:51AM    Siddha Until 11:26PM  
**Rahu**       7:42AM – 9:05AM    Bava Until 7:17PM  
Tritiya Until 6:11AM

Muscat, Oman  
**Sun 2 Sutra 215**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Sivaloka Day**  
Ganesha: Yellow    *Sunrise:* 6:20AM  
Muruqa: White    *Sunset:* 5:22PM  
Nataraja: Yellow  
Moon – Yellow  
Karttika•Aipasi

**3**

**Tuesday, November 15, 2011**

Mithuna Rasi: 15.4    Tithi 19 – 20  
735486154  
Routine Work    Marana Yoga  
Until 2:01PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika**    11:51AM – 1:14PM    **Ardra** Until 2:01PM  
**Yama**       9:06AM – 10:28AM    Sadhya Until 10:02PM  
**Rahu**       2:36PM – 3:59PM    Kaulava Until 7:21PM  
Chaturthi\* Until 7:21AM

Muscat, Oman  
**Sun 3 Sutra 216**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Sivaloka Day**  
Ganesha: Yellow    *Sunrise:* 6:20AM  
Muruqa: White    *Sunset:* 5:22PM  
Nataraja: Yellow  
Moon – Yellow  
Karttika•Aipasi

**4**

**Wednesday, November 16, 2011**

Mithuna Rasi: 28.18    Tithi 20 – 21  
745486154  
Creative Work    Siddha Yoga  
Until 10.47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika**    10:29AM – 11:51AM    **Punarvasu** Until 3:17PM  
**Yama**       7:43AM – 9:06AM    Subha Until 9:28PM  
**Rahu**       11:51AM – 1:14PM    Gara Until 8:04PM  
Panchami Until 8:04AM

Muscat, Oman  
**Sun 4 Sutra 217**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Devaloka Day**  
Ganesha: White    *Sunrise:* 6:21AM  
Muruqa: White    *Sunset:* 5:22PM  
Nataraja: Yellow  
Moon – Blue  
Karttika•Karttikai

**5**

**Thursday, November 17, 2011**

Kataka Rasi: 11.14    Tithi 21 – 22  
745486155  
Creative Work    Amrita Yoga  
Until 4:03PM then Siddha Yoga  
Until 10.47PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Sukla Yoga Vanija/Visiti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika**    9:06AM – 10:29AM    **Pushya** Until 4:03PM  
**Yama**       6:22AM – 7:44AM    Sukla Until 8:27PM  
**Rahu**       1:14PM – 2:36PM    Visiti Until 8:14PM  
Shasthi\* Until 8:14AM

Muscat, Oman  
**Sun 5 Sutra 218**  
Khara 5113  
Moon 11 - Phase 29  
1st Phase  
**Devaloka Day**  
Ganesha: White    *Sunrise:* 6:22AM  
Muruqa: White    *Sunset:* 5:21PM  
Nataraja: Red  
Moon – Blue  
Karttika•Karttikai

**Retreat Star**

**Friday, November 18, 2011**

Kataka Rasi: 24.28    Tithi 22 – 23  
745486155  
Routine Work    Marana Yoga  
Until 10.47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Aslesha\*/Magha\* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**    7:45AM – 9:07AM    **Aslesha\*** Until 3:29PM  
**Yama**       2:36PM – 3:59PM    Brahma Until 6:01PM  
**Rahu**       10:29AM – 11:52AM    Balava Until 6:42PM  
Saptami Until 7:38AM

Muscat, Oman  
**Sun 6 Sutra 219**  
Khara 5113  
Moon 11 - Phase 29  
Ashtami  
**Devaloka Day**  
Ganesha: White    *Sunrise:* 6:22AM  
Muruqa: White    *Sunset:* 5:21PM  
Nataraja: Red  
Moon – Blue  
Karttika•Karttikai

**Saturday, November 19, 2011**  
**Retreat Star**

Simha Rasi: 8.04    Tithi 23 – 24  
755486155  
Creative Work    Amrita Yoga  
Until 3:01PM then Marana Yoga  
Until 10.47PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Gara Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**    6:23AM – 7:45AM    **Magha\*** Until 3:01PM  
**Yama**       1:14PM – 2:36PM    Indra Until 3:58PM  
**Rahu**       9:07AM – 10:30AM    Gara Until 4:41AM Sun  
Ashtami\* Until 6:32AM

Muscat, Oman  
**Sun 7 Sutra 220**  
Khara 5113  
Moon 11 - Phase 29  
Navami  
**Sivaloka Day**  
Ganesha: Clear    *Sunrise:* 6:23AM  
Muruqa: White    *Sunset:* 5:21PM  
Nataraja: Red  
Moon – Red  
Karttika•Karttikai


Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140

<b>1</b>	<b>Sunday, November 20, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Dasami Yam Titau	Muscat, Oman
	Simha Rasi: 22.03      Tithi 25 755486155	<b>Gulika</b> 2:36PM – 3:58PM <b>Yama</b> 11:52AM – 1:14PM <b>Rahu</b> 3:58PM – 5:21PM	<b>Sun 8 Sutra 221</b> Khara 5113 Moon 11 - Phase 30 2nd Phase
Creative Work Siddha Yoga Until 1:55PM then Amrita Yoga Until 10.47PM then Marana Yoga		<b>Purvaphalguni* Until 1:55PM</b> Vaidhriti* Until 1:20PM Vanija Until 3:49PM <b>Dasami Until 2:54AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:24AM <b>Muruqa:</b> White <i>Sunset:</i> 5:21PM <b>Nataraja:</b> Red Moon – Red <b>Karttika•Karttikai</b>

<b>2</b>	<b>Monday, November 21, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadasi* Yam Titau	Muscat, Oman
	Kanya Rasi: 6.24      Tithi 26 Family Home Evening      755486155	<b>Gulika</b> 1:14PM – 2:36PM <b>Yama</b> 10:30AM – 11:52AM <b>Rahu</b> 7:46AM – 9:08AM	<b>Sun 9 Sutra 222</b> Khara 5113 Moon 11 - Phase 30 2nd Phase
Routine Work Marana Yoga Until 11:46AM then Siddha Yoga		<b>Uttaraphalguni Until 11:46AM</b> Vishkambha* Until 9:50AM Bava Until 12:50PM <b>Ekadasi* Until 11:07PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:24AM <b>Muruqa:</b> White <i>Sunset:</i> 5:20PM <b>Nataraja:</b> Red Moon – Red <b>Karttika•Karttikai</b>

<b>3</b>	<b>Tuesday, November 22, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau	Muscat, Oman
	Kanya Rasi: 21.04      Tithi 27 765486155	<b>Gulika</b> 11:53AM – 1:14PM <b>Yama</b> 9:09AM – 10:31AM <b>Rahu</b> 2:36PM – 3:58PM	<b>Sun 10 Sutra 223</b> Khara 5113 Moon 11 - Phase 30 2nd Phase
Creative Work Siddha Yoga		<b>Hasta Until 9:38AM</b> Priti Until 6:19AM Kaulava Until 9:59AM <b>Dvadasi* Until 8:16PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:25AM <b>Muruqa:</b> White <i>Sunset:</i> 5:20PM <b>Nataraja:</b> Red Moon – Green <b>Karttika•Karttikai</b>

<b>4</b>	<b>Wednesday, November 23, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Muscat, Oman
	Tula Rasi: 5.58      Tithi 28 – 29 766486155	<b>Gulika</b> 10:31AM – 11:53AM <b>Yama</b> 7:47AM – 9:09AM <b>Rahu</b> 11:53AM – 1:15PM	<b>Sun 11 Sutra 224</b> Khara 5113 Moon 11 - Phase 30 2nd Phase
Creative Work Siddha Yoga Until 10.48PM then Amrita Yoga		<b>Chitra Until 7:08AM</b> Saubhagya Until 10:28PM Gara Until 6:45AM <b>Trayodasi* Until 5:02PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:26AM <b>Muruqa:</b> White <i>Sunset:</i> 5:20PM <b>Nataraja:</b> Red Moon – Green <b>Karttika•Karttikai</b>

	<b>Thursday, November 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Visakha Nakshatra Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Muscat, Oman
	Tula Rasi: 20.59      Tithi 29 – 30 776486155	<b>Gulika</b> 9:10AM – 10:31AM <b>Yama</b> 6:26AM – 7:48AM <b>Rahu</b> 1:15PM – 2:36PM	<b>Sun 12 Sutra 225</b> Khara 5113 Moon 11 - Phase 30 Amavasya
Creative Work Siddha Yoga Until 10.48PM then Marana Yoga Until 1:46AM Fri then Siddha Yoga		<b>Visakha Until 1:46AM Fri</b> Sobhana Until 6:25PM Catuspada Until 11:53PM <b>Chaturdasi* Until 1:36PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:26AM <b>Muruqa:</b> White <i>Sunset:</i> 5:20PM <b>Nataraja:</b> Red Moon – Orange <b>Karttika•Karttikai</b>

<b>Retreat Star</b>	<b>Friday, November 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Muscat, Oman
	Vrischika Rasi: 5.58      Tithi 30 – 1 776486155	<b>Gulika</b> 7:49AM – 9:10AM <b>Yama</b> 2:37PM – 3:58PM <b>Rahu</b> 10:32AM – 11:53AM	<b>Sun 13 Sutra 226</b> Khara 5113 Moon 11 - Phase 30 Prathama
Creative Work Siddha Yoga		<b>Anuradha Until 11:07PM</b> Athiganda* Until 2:25PM Kintughna Until 8:30PM <b>Amavasya* Until 10:13AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:27AM <b>Muruqa:</b> White <i>Sunset:</i> 5:20PM <b>Nataraja:</b> Red Moon – Orange <b>Margasira•Karttikai</b>

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. K%oishia Yajur Veda, Kathau 2.3.4

<b>1</b>	<b>Saturday, November 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Kaulava Karana Prathama*/Dvitiya Yam Titau	Muscat, Oman
	Vrischika Rasi: 20.47    Tithi 1 – 2 786486155	<b>Gulika</b> 6:28AM – 7:49AM <b>Yama</b> 1:15PM – 2:37PM <b>Rahu</b> 9:11AM – 10:32AM	<b>Sun 14 Sutra 227</b> Khara 5113 Moon 11 - Phase 31 3rd Phase

Creative Work Siddha Yoga  
Until 10.49PM then Amrita Yoga

**Jyeshtha\* Until 8:45PM**  
Sukarma Until 10:40AM  
Kaulava Until 3:41AM Sun  
**Prathama\* Until 7:06AM**

**Ganesha:** Orange    *Sunrise:* 6:28AM  
**Muruqa:** White    *Sunset:* 5:20PM  
**Nataraja:** Red  
Moon – Orange  
**Margasira-Karttikai**

**Sivaloka Day**

<b>2</b>	<b>Sunday, November 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Tritiya Yam Titau	Muscat, Oman
	Dhanus Rasi: 5.19    Tithi 3 786486155	<b>Gulika</b> 2:37PM – 3:58PM <b>Yama</b> 11:54AM – 1:15PM <b>Rahu</b> 3:58PM – 5:20PM	<b>Sun 15 Sutra 228</b> Khara 5113 Moon 11 - Phase 31 3rd Phase

Creative Work Amrita Yoga  
Until 7:45PM then Siddha Yoga  
Until 10.49PM then Marana Yoga

**Mula\* Until 7:45PM**  
Dhriti Until 7:27AM  
Tailila Until 3:28PM  
**Tritiya Until 2:33AM Mon**

**Ganesha:** Clear    *Sunrise:* 6:28AM  
**Muruqa:** White    *Sunset:* 5:20PM  
**Nataraja:** Red  
Moon – Light Blue  
**Margasira-Karttikai**

**Sivaloka Day**

<b>3</b>	<b>Monday, November 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Vanija/Visiti* Karana Chaturthi* Yam Titau	Muscat, Oman
	Dhanus Rasi: 19.28    Tithi 4 Family Home Evening 786486155	<b>Gulika</b> 1:16PM – 2:37PM <b>Yama</b> 10:33AM – 11:54AM <b>Rahu</b> 7:50AM – 9:12AM	<b>Sun 16 Sutra 229</b> Khara 5113 Moon 11 - Phase 31 3rd Phase

Routine Work Marana Yoga  
Until 10.50PM then Prabalarishta Yoga

**Purvashadha\* Until 6:22PM**  
Ganda\* Until 1:52AM Tue  
Vanija Until 1:23PM  
**Chaturthi\* Until 12:28AM Tue**

**Ganesha:** Clear    *Sunrise:* 6:29AM  
**Muruqa:** White    *Sunset:* 5:20PM  
**Nataraja:** Red  
Moon – Light Blue  
**Margasira-Karttikai**

**Sivaloka Day**

<b>4</b>	<b>Tuesday, November 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Bava/Balava Karana Panchami Yam Titau	Muscat, Oman
	Makara Rasi: 3.1    Tithi 5 786486155	<b>Gulika</b> 11:55AM – 1:16PM <b>Yama</b> 9:12AM – 10:33AM <b>Rahu</b> 2:37PM – 3:58PM	<b>Sun 17 Sutra 230</b> Khara 5113 Moon 11 - Phase 31 3rd Phase

Routine Work Prabalarishta Yoga  
Until 6:38PM then Siddha Yoga

**Uttarashadha Until 6:38PM**  
Vriddhi Until 12:55AM Wed  
Bava Until 12:37PM  
**Panchami Until 12:37AM Wed**

**Ganesha:** Clear    *Sunrise:* 6:30AM  
**Muruqa:** White    *Sunset:* 5:20PM  
**Nataraja:** Red  
Moon – Light Blue  
**Margasira-Karttikai**

**Sivaloka Day**

<b>5</b>	<b>Wednesday, November 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Sravana Nakshatra Dhruva Yoga Kaulava/Tailila Karana Shasthi* Yam Titau	Muscat, Oman
	Makara Rasi: 16.25    Tithi 6 797486155	<b>Gulika</b> 10:34AM – 11:55AM <b>Yama</b> 7:52AM – 9:13AM <b>Rahu</b> 11:55AM – 1:16PM	<b>Sun 18 Sutra 231</b> Khara 5113 Moon 11 - Phase 31 3rd Phase

Creative Work Siddha Yoga  
Until 6.46PM then Prabalarishta Yoga  
Until 10.50PM then Siddha Yoga

**Sravana Until 6:46PM**  
Dhruva Until 11:18PM  
Kaulava Until 12:07PM  
**Shasthi\* Until 12:07AM Thu**

**Ganesha:** Clear    *Sunrise:* 6:30AM  
**Muruqa:** White    *Sunset:* 5:20PM  
**Nataraja:** Red  
Moon – Purple  
**Margasira-Karttikai**

**Sivaloka Day**


<b>6</b>	<b>Thursday, December 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptami Yam Titau	Muscat, Oman
	Makara Rasi: 29.16    Tithi 7 797486155	<b>Gulika</b> 9:13AM – 10:34AM <b>Yama</b> 6:31AM – 7:52AM <b>Rahu</b> 1:16PM – 2:38PM	<b>Sun 19 Sutra 232</b> Khara 5113 Moon 11 - Phase 31 3rd Phase

Creative Work Siddha Yoga  
Until 7:39PM then Marana Yoga  
Until 10.51PM then Siddha Yoga

**Dhanishtha Until 7:39PM**  
Vyaghata\* Until 10:24PM  
Gara Until 1:02PM  
**Saptami Until 2:07AM Fri**

**Ganesha:** Clear    *Sunrise:* 6:31AM  
**Muruqa:** White    *Sunset:* 5:20PM  
**Nataraja:** Red  
Moon – Purple  
**Margasira-Karttikai**

**Sivaloka Day**


	<b>Friday, December 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha Nakshatra Harshana Yoga Visiti*/Bava Karana Ashtami* Yam Titau	Muscat, Oman
	<b>Retreat Star</b> Kumbha Rasi: 11.47    Tithi 8 797486155	<b>Gulika</b> 7:53AM – 9:14AM <b>Yama</b> 2:38PM – 3:59PM <b>Rahu</b> 10:35AM – 11:56AM	<b>Sun 20 Sutra 233</b> Khara 5113 Moon 11 - Phase 31 Ashtami

Creative Work Siddha Yoga

**Satabhisha Until 10:27PM**  
Harshana Until 11:19PM  
Visiti Until 2:09PM  
**Ashtami\* Until 3:14AM Sat**

**Ganesha:** Clear    *Sunrise:* 6:32AM  
**Muruqa:** White    *Sunset:* 5:20PM  
**Nataraja:** Red  
Moon – Purple  
**Margasira-Karttikai**

**Sivaloka Day**

	<b>Saturday, December 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navami* Yam Titau	Muscat, Oman
	<b>Retreat Star</b> Kumbha Rasi: 24    Tithi 9 717486155	<b>Gulika</b> 6:32AM – 7:53AM <b>Yama</b> 1:17PM – 2:38PM <b>Rahu</b> 9:14AM – 10:35AM	<b>Sun 21 Sutra 234</b> Khara 5113 Moon 11 - Phase 31 Navami

Creative Work Siddha Yoga  
Until 12:40AM Sun then Amrita Yoga

**Purvaprostapada\* Until 12:40AM Sun**  
Vajra\* Until 11:30PM  
Balava Until 3:52PM  
**Navami\* Until 4:57AM Sun**

**Ganesha:** Yellow    *Sunrise:* 6:32AM  
**Muruqa:** White    *Sunset:* 5:20PM  
**Nataraja:** Red  
Moon – Clear  
**Margasira-Karttikai**

**Sivaloka Day**

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM

<b>1</b>	<b>Sunday, December 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada Nakshatra Siddhi Yoga Tailila Karana Dasami Yam Titau	Muscat, Oman
	Meena Rasi: 6.02      Tithi 10 717486155	<b>Gulika</b> 2:38PM – 3:59PM <b>Yama</b> 11:57AM – 1:17PM <b>Rahu</b> 3:59PM – 5:20PM	<b>Sun 22 Sutra 235</b> Khara 5113 Moon 11 - Phase 32 4th Phase
Creative Work    Amrita Yoga Until 10.52PM then Siddha Yoga		<b>Uttaraprostapada Until 3:17AM Mon</b> <b>Siddhi Until 12:02AM Mon</b> <b>Taitila Until 6:01PM</b> <b>Dasami Until 7:21AM Mon</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:33AM <b>Muruqa:</b> White <i>Sunset:</i> 5:20PM <b>Nataraja:</b> Red Moon – Clear <b>Margasira-Karttikai</b>
<b>Sivaloka Day</b>			

<b>2</b>	<b>Monday, December 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Muscat, Oman
	Meena Rasi: 17.56      Tithi 10 – 11 717496155	<b>Gulika</b> 1:18PM – 2:39PM <b>Yama</b> 10:36AM – 11:57AM <b>Rahu</b> 7:55AM – 9:15AM	<b>Sun 23 Sutra 236</b> Khara 5113 Moon 11 - Phase 32 4th Phase
Family Home Evening Creative Work    Siddha Yoga		<b>Revati Until 6:27AM Tue</b> <b>Vyatipata* Until 12:49AM Tue</b> <b>Vanija Until 8:27PM</b> <b>Dasami Until 7:21AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:34AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:20PM <b>Nataraja:</b> Red Moon – Clear <b>Margasira-Karttikai</b>
<b>Devaloka Day</b>			

<b>3</b>	<b>Tuesday, December 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Asvini Nakshatra Variyan Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Muscat, Oman
	Meena Rasi: 29.46      Tithi 11 – 12 717496155	<b>Gulika</b> 11:57AM – 1:18PM <b>Yama</b> 9:16AM – 10:37AM <b>Rahu</b> 2:39PM – 4:00PM	<b>Sun 24 Sutra 237</b> Khara 5113 Moon 11 - Phase 32 4th Phase
Creative Work    Siddha Yoga Until 10.53PM then Marana Yoga		<b>Revati Until 6:27AM</b> <b>Variyan Until 1:41AM Wed</b> <b>Bava Until 11:00PM</b> <b>Ekadasi Until 9:55AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:35AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:20PM <b>Nataraja:</b> Red Moon – Clear <b>Margasira-Karttikai</b>
<b>Devaloka Day</b>			

<b>4</b>	<b>Wednesday, December 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Asvini/Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Muscat, Oman
	Mesha Rasi: 11.37      Tithi 12 – 13 728496155	<b>Gulika</b> 10:37AM – 11:58AM <b>Yama</b> 7:56AM – 9:17AM <b>Rahu</b> 11:58AM – 1:19PM	<b>Sun 25 Sutra 238</b> Khara 5113 Moon 11 - Phase 32 4th Phase
Routine Work    Marana Yoga Until 10.53PM then Siddha Yoga		<b>Asvini Until 9:25AM</b> <b>Parigha* Until 2:33AM Thu</b> <b>Kaulava Until 1:33AM Thu</b> <b>Dvadasi Until 12:27PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:35AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:21PM <b>Nataraja:</b> Red Moon – White <b>Margasira-Karttikai</b>
<b>Devaloka Day</b>			
<i>Pradosha Vrata</i>			

<b>5</b>	<b>Thursday, December 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Muscat, Oman
	Mesha Rasi: 23.32      Tithi 13 – 14 728596155	<b>Gulika</b> 9:17AM – 10:38AM <b>Yama</b> 6:36AM – 7:56AM <b>Rahu</b> 1:19PM – 2:40PM	<b>Sun 26 Sutra 239</b> Khara 5113 Moon 11 - Phase 32 4th Phase
Creative Work    Siddha Yoga Until 12:17PM then Marana Yoga Until 10.54PM then Siddha Yoga		<b>Bharani Until 12:17PM</b> <b>Shiva Until 3:19AM Fri</b> <b>Gara Until 3:58AM Fri</b> <b>Trayodasi Until 2:53PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:36AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:21PM <b>Nataraja:</b> Red Moon – White <b>Margasira-Karttikai</b>
<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM			

<b>6</b>	<b>Friday, December 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Muscat, Oman
	Vrishabha Rasi: 5.32      Tithi 14 – 15 728596155	<b>Gulika</b> 7:57AM – 9:18AM <b>Yama</b> 2:40PM – 4:00PM <b>Rahu</b> 10:38AM – 11:59AM	<b>Sun 27 Sutra 240</b> Khara 5113 Moon 11 - Phase 32 4th Phase
Creative Work    Siddha Yoga Until 2:56PM then Marana Yoga Until 10.54PM then Amrita Yoga		<b>Krittika Until 2:56PM</b> <b>Siddha Until 3:53AM Sat</b> <b>Visti Until 6:10AM Sat</b> <b>Chaturdasi* Until 5:04PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:36AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:21PM <b>Nataraja:</b> Red Moon – White <b>Margasira-Karttikai</b>
<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM			

<b>○</b>	<b>Saturday, December 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigasira Nakshatra Sadhya Yoga Bava Karana Purnima* Yam Titau	Muscat, Oman
	Vrishabha Rasi: 17.41      Tithi 15 738596155	<b>Gulika</b> 6:37AM – 7:58AM <b>Yama</b> 1:20PM – 2:40PM <b>Rahu</b> 9:18AM – 10:39AM	<b>Sutra 241</b> Khara 5113 Moon 11 - Phase 32 Purnima
Creative Work    Amrita Yoga Until 5:17PM then Siddha Yoga		<b>Rohini Until 5:17PM</b> <b>Sadhya Until 4:11AM Sun</b> <b>Bava Until 8:03AM Sun</b> <b>Purnima* Until 6:57PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:37AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:21PM <b>Nataraja:</b> Red Moon – Yellow <b>Margasira-Karttikai</b>
<b>Devaloka Day</b>			

<b>○</b>	<b>Sunday, December 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigasira Nakshatra Subha Yoga Balava/Kaulava Karana Prathama* Yam Titau	Muscat, Oman
	Mithuna Rasi: 0.01      Tithi 16 738596155	<b>Gulika</b> 2:41PM – 4:01PM <b>Yama</b> 12:00PM – 1:20PM <b>Rahu</b> 4:01PM – 5:22PM	<b>Sutra 242</b> Khara 5113 Moon 11 - Phase 32 Prathama
Creative Work    Siddha Yoga		<b>Mrigasira Until 6:16PM</b> <b>Subha Until 2:34AM Mon</b> <b>Balava Until 7:14AM</b> <b>Prathama* Until 7:14PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:38AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:22PM <b>Nataraja:</b> Red Moon – Yellow <b>Margasira-Karttikai</b>
<b>Devaloka Day</b>			
<b>Vinayaga Viratam Begins</b>			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Kṛishṇa Yajur Veda, Kathau 2.2.12. UpR, 640





**Monday, December 12, 2011**  
**Gold Retreat Star**

Mithuna Rasi: 12.34      Tithi 17  
**Family Home Evening**      738596155  
Creative Work      Siddha Yoga  
Until 7:45PM then Amrita Yoga  
Until 10:55PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiya Yam Titau

**Gulika**      1:21PM – 2:41PM      **Ardra Until 7:45PM**  
**Yama**      10:40AM – 12:00PM      Sukla Until 2:12AM Tue  
**Rahu**      7:59AM – 9:19AM      Taitila Until 8:12AM  
**Dvitiya Until 8:12PM**

Muscat, Oman  
**Sun 1      Sutra 243**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Ganesha:** Clear      *Sunrise:* 6:38AM  
**Muruqa:** Clear      *Sunset:* 5:22PM  
**Nataraja:** Red  
Moon – Yellow  
**Margasira-Karttikai**

**Devaloka Day**

**1**

**Tuesday, December 13, 2011**

Mithuna Rasi: 25.18      Tithi 18  
749596155  
Creative Work      Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Vanija/Visti\* Karana Tritiya Yam Titau

**Gulika**      12:01PM – 1:21PM      **Punarvasu Until 8:50PM**  
**Yama**      9:20AM – 10:40AM      Brahma Until 1:28AM Wed  
**Rahu**      2:41PM – 4:02PM      Vanija Until 8:45AM  
**Tritiya Until 8:45PM**

Muscat, Oman  
**Sun 2      Sutra 244**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Ganesha:** Clear      *Sunrise:* 6:39AM  
**Muruqa:** Clear      *Sunset:* 5:22PM  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

**Devaloka Day**

**2**

**Wednesday, December 14, 2011**

Kataka Rasi: 8.16      Tithi 19  
749596155  
Creative Work      Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthi\* Yam Titau

**Gulika**      10:41AM – 12:01PM      **Pushya Until 9:31PM**  
**Yama**      8:00AM – 9:20AM      Indra Until 12:21AM Thu  
**Rahu**      12:01PM – 1:21PM      Bava Until 8:51AM  
**Chaturthi\* Until 8:51PM**

Muscat, Oman  
**Sun 3      Sutra 245**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Ganesha:** Clear      *Sunrise:* 6:40AM  
**Muruqa:** Clear      *Sunset:* 5:22PM  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

**Devaloka Day**

**3**

**Thursday, December 15, 2011**

Kataka Rasi: 21.27      Tithi 20  
749596155  
Creative Work      Siddha Yoga  
Until 9:47PM then Amrita Yoga  
Until 10:57PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Aslesha\* Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Panchami Yam Titau

**Gulika**      9:21AM – 10:41AM      **Aslesha\* Until 9:47PM**  
**Yama**      6:40AM – 8:01AM      Vaidhriti\* Until 10:52PM  
**Rahu**      1:22PM – 2:42PM      Kaulava Until 8:31AM  
**Panchami Until 8:31PM**

Muscat, Oman  
**Sun 4      Sutra 246**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Ganesha:** Clear      *Sunrise:* 6:40AM  
**Muruqa:** Clear      *Sunset:* 5:23PM  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

**Devaloka Day**

**4**

**Friday, December 16, 2011**

Simha Rasi: 4.52      Tithi 21  
759596155  
Routine Work      Marana Yoga  
Until 8:31PM then Siddha Yoga  
Until 10:57PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau

**Gulika**      8:01AM – 9:21AM      **Magha\* Until 8:31PM**  
**Yama**      2:43PM – 4:03PM      Vishkambha\* Until 7:59PM  
**Rahu**      10:42AM – 12:02PM      Gara Until 7:35AM  
**Shasthi\* Until 6:40PM**

Muscat, Oman  
**Sun 5      Sutra 247**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Ganesha:** White      *Sunrise:* 6:41AM  
**Muruqa:** Clear      *Sunset:* 5:23PM  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

**Sivaloka Day**

**5**

**Saturday, December 17, 2011**

Simha Rasi: 18.31      Tithi 22 – 23  
859596155  
Routine Work      Marana Yoga  
Until 10:58PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam  
Purvaphalguni\* Nakshatra Priti/Ayushman Yoga Visti\*/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika**      6:41AM – 8:02AM      **Purvaphalguni\* Until 7:59PM**  
**Yama**      1:23PM – 2:43PM      Priti Until 5:52PM  
**Rahu**      9:22AM – 10:42AM      Visti Until 6:26AM  
**Saptami Until 5:31PM**

Muscat, Oman  
**Sun 6      Sutra 248**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase

**Ganesha:** Clear      *Sunrise:* 6:41AM  
**Muruqa:** Clear      *Sunset:* 5:24PM  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

**Devaloka Day**



**Sunday, December 18, 2011**  
**Retreat Star**

Kanya Rasi: 2.23      Tithi 23 – 24  
859596155  
Creative Work      Amrita Yoga  
Until 10:58PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau

**Gulika**      2:44PM – 4:04PM      **Uttaraphalguni Until 7:04PM**  
**Yama**      12:03PM – 1:23PM      Ayushman Until 3:22PM  
**Rahu**      4:04PM – 5:24PM      Taitila Until 3:01AM Mon  
**Ashtami\* Until 3:56PM**

Muscat, Oman  
**Sun 7      Sutra 249**  
Khara 5113  
Moon 12 - Phase 33  
Ashtami

**Ganesha:** Clear      *Sunrise:* 6:42AM  
**Muruqa:** Clear      *Sunset:* 5:24PM  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

**Devaloka Day**

**Monday, December 19, 2011**  
**Retreat Star**

Kanya Rasi: 16.29      Tithi 24 – 25  
**Family Home Evening**      869596155  
Creative Work      Siddha Yoga  
Until 5:45PM then Prabalarishta Yoga  
Until 10:59PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau


**Gulika**      1:24PM – 2:44PM      **Hasta Until 5:45PM**  
**Yama**      10:43AM – 12:04PM      Saubhagya Until 12:31PM  
**Rahu**      8:03AM – 9:23AM      Vanija Until 1:01AM Tue  
**Navami\* Until 1:57PM**

Muscat, Oman  
**Sun 8      Sutra 250**  
Khara 5113  
Moon 12 - Phase 33  
Navami

**Ganesha:** White      *Sunrise:* 6:42AM  
**Muruqa:** Clear      *Sunset:* 5:25PM  
**Nataraja:** Red  
Moon – Green  
**Margasira-Markali**

**Sivaloka Day**

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishṇa Yajur Veda, Svetu 1.15. UpR, 718

<b>1</b>	<b>Tuesday, December 20, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Muscat, Oman
			<b>Sun 9 Sutra 251</b> Khara 5113
Tula Rasi: 0.47	Tithi 25 – 26	<b>Gulika</b> 12:04PM – 1:24PM <b>Yama</b> 9:24AM – 10:44AM <b>Rahu</b> 2:44PM – 4:05PM	<b>Chitra Until 4:05PM</b> Sobhana Until 9:20AM Bava Until 10:39PM <b>Dasami Until 11:34AM</b>
869596155		<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Red Moon – Green	<i>Sunrise: 6:43AM</i> <i>Sunset: 5:25PM</i> Moon 12 - Phase 34 2nd Phase
Creative Work	Siddha Yoga		<b>Sivaloka Day</b>
<hr/>			
<b>2</b>	<b>Wednesday, December 21, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Visakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Muscat, Oman
			<b>Sun 10 Sutra 252</b> Khara 5113
Tula Rasi: 15.15	Tithi 26 – 27	<b>Gulika</b> 10:44AM – 12:05PM <b>Yama</b> 8:04AM – 9:24AM <b>Rahu</b> 12:05PM – 1:25PM	<b>Svati Until 1:36PM</b> Sukarma Until 1:54AM Thu Kaulava Until 6:58PM <b>Ekadasi* Until 8:41AM</b>
861596155		<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Red Moon – Green	<i>Sunrise: 6:44AM</i> <i>Sunset: 5:25PM</i> Moon 12 - Phase 34 2nd Phase
Creative Work	Siddha Yoga	<b>Day 1 of Pancha Ganapati</b>	<b>Sivaloka Day</b>
<hr/>			
<b>3</b>	<b>Thursday, December 22, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Visakha/Anuradha Nakshatra Dhriti Yoga Tailila/Vanija Karana Dvadasi*/Trayodasi* Yam Titau	Muscat, Oman
			<b>Sun 11 Sutra 253</b> Khara 5113
Tula Rasi: 29.5	Tithi 27 – 28	<b>Gulika</b> 9:25AM – 10:45AM <b>Yama</b> 6:44AM – 8:04AM <b>Rahu</b> 1:25PM – 2:45PM	<b>Visakha Until 11:37AM</b> Dhriti Until 10:30PM Vanija Until 2:35AM Fri <b>Dvadasi* Until 6:01AM</b> <i>Pradosha Vrata (Fasting)</i>
871596155		<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Red Moon – Orange	<i>Sunrise: 6:44AM</i> <i>Sunset: 5:26PM</i> Moon 12 - Phase 34 2nd Phase
Creative Work	Siddha Yoga	<b>Day 2 of Pancha Ganapati</b>	<b>Devaloka Day</b>
<hr/>			
<b>4</b>	<b>Friday, December 23, 2011</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Muscat, Oman
			<b>Sun 12 Sutra 254</b> Khara 5113
Vrischika Rasi: 14.25	Tithi 29	<b>Gulika</b> 8:05AM – 9:25AM <b>Yama</b> 2:46PM – 4:06PM <b>Rahu</b> 10:45AM – 12:06PM	<b>Anuradha Until 9:52AM</b> Shula* Until 7:06PM Visti Until 2:12PM <b>Chaturdasi* Until 1:16AM Sat</b>
871596155		<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Red Moon – Orange	<i>Sunrise: 6:45AM</i> <i>Sunset: 5:26PM</i> Moon 12 - Phase 34 2nd Phase
Creative Work	Siddha Yoga	<b>Day 3 of Pancha Ganapati</b>	<b>Devaloka Day</b>
Until 9:52AM then Prabalarishta Yoga			
Until 11:01PM then Siddha Yoga			
<hr/>			
	<b>Saturday, December 24, 2011</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Muscat, Oman
	<b>Retreat Star</b>		<b>Sun 13 Sutra 255</b> Khara 5113
Vrischika Rasi: 28.55	Tithi 30	<b>Gulika</b> 6:45AM – 8:05AM <b>Yama</b> 1:26PM – 2:47PM <b>Rahu</b> 9:26AM – 10:46AM	<b>Jyeshtha* Until 7:52AM</b> Ganda* Until 4:29PM Catuspada Until 11:28AM <b>Amavasya* Until 10:32PM</b>
871596155		<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Red Moon – Orange	<i>Sunrise: 6:45AM</i> <i>Sunset: 5:27PM</i> Moon 12 - Phase 34 Amavasya
Creative Work	Siddha Yoga	<b>Day 4 of Pancha Ganapati</b>	<b>Devaloka Day</b>
Until 11:01PM then Amrita Yoga			
<hr/>			
	<b>Sunday, December 25, 2011</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vridhi/Dhruva Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Muscat, Oman
	<b>Retreat Star</b>		<b>Sun 14 Sutra 256</b> Khara 5113
Dhanus Rasi: 13.13	Tithi 1	<b>Gulika</b> 2:47PM – 4:07PM <b>Yama</b> 12:07PM – 1:27PM <b>Rahu</b> 4:07PM – 5:28PM	<b>Mula* Until 6:12AM</b> Vridhi Until 1:17PM Kintughna Until 9:05AM <b>Prathama* Until 8:09PM</b>
881596155		<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Red Moon – Light Blue	<i>Sunrise: 6:45AM</i> <i>Sunset: 5:28PM</i> Moon 12 - Phase 34 Prathama
Creative Work	Amrita Yoga	<b>Day 5 of Pancha Ganapati</b>	<b>Devaloka Day</b>
Until 6:12AM then Siddha Yoga			
Until 11:02PM then Marana Yoga			

The soul is born and unfolds in a body with dreams and desires and the food of life. And then it is reborn in new bodies in accordance with its former works. The quality of the soul determines its future body; earthy or airy, heavy or light. Krishna Yajur Veda, Svetu 5.11–12. UpM, 94

<b>1</b>	<b>Monday, December 26, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Muscat, Oman
	Sun 15	<b>Sutra 257</b> Khara 5113	
Dhanu Rasi: 27.15	Tithi 2	<b>Gulika</b> 1:27PM – 2:48PM	<b>Uttarashadha</b> Until 3:52AM Tue
<b>Family Home Evening</b>	891596155	<b>Yama</b> 10:47AM – 12:07PM	<b>Dhruva</b> Until 10:33AM
Routine Work	Marana Yoga	<b>Rahu</b> 8:06AM – 9:26AM	<b>Balava</b> Until 7:13AM
Until 11.02PM then Prabalarishta Yoga			<b>Dvitiya</b> Until 6:18PM
Until 3:52AM Tue then Siddha Yoga			<b>Ganesha:</b> Red <i>Sunrise:</i> 6:46AM
			<b>Muruqa:</b> Clear <i>Sunset:</i> 5:28PM
			<b>Nataraja:</b> Red
			Moon – Light Blue
			<b>Pausha-Markali</b>
			<b>Devaloka Day</b>


<b>2</b>	<b>Tuesday, December 27, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Vanija Karana Tritiya/Chaturthi* Yam Titau	Muscat, Oman
	Sun 16	<b>Sutra 258</b> Khara 5113	
Makara Rasi: 10.56	Tithi 3 – 4	<b>Gulika</b> 12:08PM – 1:28PM	<b>Sravana</b> Until 4:54AM Wed
	891596156	<b>Yama</b> 9:27AM – 10:47AM	<b>Vyaghata*</b> Until 8:32AM
Creative Work	Siddha Yoga	<b>Rahu</b> 2:48PM – 4:08PM	<b>Taitila</b> Until 6:00AM
Until 4:54AM Wed then Prabalarishta Yoga			<b>Tritiya</b> Until 6:00PM
			<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:46AM
			<b>Muruqa:</b> Clear <i>Sunset:</i> 5:29PM
			<b>Nataraja:</b> Yellow
			Moon – Purple
			<b>Pausha-Markali</b>
			<b>Devaloka Day</b>

<b>3</b>	<b>Wednesday, December 28, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Muscat, Oman
	Sun 17	<b>Sutra 259</b> Khara 5113	
Makara Rasi: 24.14	Tithi 4 – 5	<b>Gulika</b> 10:48AM – 12:08PM	<b>Dhanishtha</b> Until 4:58AM Thu
	891596156	<b>Yama</b> 8:07AM – 9:27AM	<b>Harshana</b> Until 6:51AM
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 12:08PM – 1:28PM	<b>Bava</b> Until 5:26AM Thu
Until 11.03PM then Siddha Yoga			<b>Chaturthi*</b> Until 5:26PM
Until 4:58AM Thu then Marana Yoga			<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:47AM
			<b>Muruqa:</b> Clear <i>Sunset:</i> 5:29PM
			<b>Nataraja:</b> Yellow
			Moon – Purple
			<b>Pausha-Markali</b>
			<b>Devaloka Day</b>

<b>4</b>	<b>Thursday, December 29, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Muscat, Oman
	Sun 18	<b>Sutra 260</b> Khara 5113	
Kumbha Rasi: 7.09	Tithi 5 – 6	<b>Gulika</b> 9:28AM – 10:48AM	<b>Satabhisha</b> Until 6:33AM Fri
	891596156	<b>Yama</b> 6:47AM – 8:07AM	<b>Siddhi</b> Until 4:40AM Fri
Routine Work	Marana Yoga	<b>Rahu</b> 1:29PM – 2:49PM	<b>Kaulava</b> Until 5:38AM Fri
Until 11.04PM then Siddha Yoga			<b>Panchami</b> Until 5:38PM
			<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:47AM
			<b>Muruqa:</b> Clear <i>Sunset:</i> 5:30PM
			<b>Nataraja:</b> Yellow
			Moon – Purple
			<b>Pausha-Markali</b>
			<b>Devaloka Day</b>

<b>5</b>	<b>Friday, December 30, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Shasthi* Yam Titau	Muscat, Oman
	Sun 19	<b>Sutra 261</b> Khara 5113	
Kumbha Rasi: 19.44	Tithi 6	<b>Gulika</b> 8:08AM – 9:28AM	<b>Satabhisha</b> Until 6:33AM
	891596156	<b>Yama</b> 2:50PM – 4:10PM	<b>Vyatipata*</b> Until 5:55AM Sat
Creative Work	Siddha Yoga	<b>Rahu</b> 10:49AM – 12:09PM	<b>Kaulava</b> Until 6:34AM
			<b>Shasthi*</b> Until 7:39PM
			<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:48AM
			<b>Muruqa:</b> Clear <i>Sunset:</i> 5:30PM
			<b>Nataraja:</b> Yellow
			Moon – Purple
			<b>Pausha-Markali</b>
			<b>Devaloka Day</b>

<b>6</b>	<b>Saturday, December 31, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Variyan Yoga Gara/Vanija Karana Saptami Yam Titau	Muscat, Oman
	Sun 20	<b>Sutra 262</b> Khara 5113	
Meena Rasi: 2.01	Tithi 7	<b>Gulika</b> 6:48AM – 8:08AM	<b>Purvaprostapada*</b> Until 8:39AM
	812596156	<b>Yama</b> 1:30PM – 2:50PM	<b>Variyan</b> Until 5:59AM Sun
Creative Work	Siddha Yoga	<b>Rahu</b> 9:29AM – 10:49AM	<b>Gara</b> Until 8:10AM
Until 11.05PM then Amrita Yoga			<b>Saptami</b> Until 9:16PM
			<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:48AM
			<b>Muruqa:</b> Clear <i>Sunset:</i> 5:31PM
			<b>Nataraja:</b> Yellow
			Moon – Clear
			<b>Pausha-Markali</b>
			<b>Bhuloka Day</b>
			Devaloka Time: 3:PM to 6:PM

	<b>Sunday, January 1, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtami* Yam Titau	Muscat, Oman
	Sun 21	<b>Sutra 263</b> Khara 5113	
Meena Rasi: 14.04	Tithi 8	<b>Gulika</b> 2:51PM – 4:12PM	<b>Uttaraprostapada</b> Until 11:12AM
	812596156	<b>Yama</b> 12:10PM – 1:31PM	<b>Parigha*</b> Until 6:35AM Mon
Creative Work	Amrita Yoga	<b>Rahu</b> 4:12PM – 5:32PM	<b>Visti</b> Until 10:16AM
Until 11.06PM then Siddha Yoga			<b>Ashtami*</b> Until 11:21PM
			<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:48AM
			<b>Muruqa:</b> Clear <i>Sunset:</i> 5:32PM
			<b>Nataraja:</b> Yellow
			Moon – Clear
			<b>Pausha-Markali</b>
			<b>Bhuloka Day</b>
			Devaloka Time: 3:PM to 6:PM

<b>Monday, January 2, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Asvini Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navami* Yam Titau	Muscat, Oman
	Sun 22	<b>Sutra 264</b> Khara 5113	
Meena Rasi: 25.59	Tithi 9	<b>Gulika</b> 1:31PM – 2:52PM	<b>Revati</b> Until 2:03PM
<b>Family Home Evening</b>	812696156	<b>Yama</b> 10:50AM – 12:11PM	<b>Parigha*</b> Until 6:35AM
Creative Work	Siddha Yoga	<b>Rahu</b> 8:09AM – 9:30AM	<b>Balava</b> Until 12:41PM
			<b>Navami*</b> Until 1:47AM Tue
			<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:49AM
			<b>Muruqa:</b> Clear <i>Sunset:</i> 5:33PM
			<b>Nataraja:</b> Yellow
			Moon – Clear
			<b>Pausha-Markali</b>
			<b>Devaloka Day</b>

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, 'Fear not.' Tirumurai 11. KD, 224

<b>1</b>	<b>Tuesday, January 3, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini/Bharani Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Dasami Yam Titau	Muscat, Oman
	Mesha Rasi: 7.49      Tithi 10 822696156	<b>Gulika</b> 12:11PM – 1:32PM <b>Yama</b> 9:30AM – 10:51AM <b>Rahu</b> 2:53PM – 4:13PM	<b>Sun 23 Sutra 265</b> Khara 5113 Moon 12 - Phase 36 4th Phase
	Creative Work    Siddha Yoga Until 11.07PM then Marana Yoga	<b>Asvini Until 5:02PM</b> Shiva Until 7:27AM Tailila Until 3:16PM <b>Dasami Until 4:21AM Wed</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:49AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:34PM <b>Nataraja:</b> Yellow Moon – White <b>Pausha-Markali</b>
			<b>Sivaloka Day</b>

<b>2</b>	<b>Wednesday, January 4, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Muscat, Oman
	Mesha Rasi: 19.4      Tithi 11 822696156	<b>Gulika</b> 10:51AM – 12:12PM <b>Yama</b> 8:10AM – 9:31AM <b>Rahu</b> 12:12PM – 1:32PM	<b>Sun 24 Sutra 266</b> Khara 5113 Moon 12 - Phase 36 4th Phase
	Routine Work    Marana Yoga Until 8:00PM then Amrita Yoga Until 11.07PM then Marana Yoga	<b>Bharani Until 8:00PM</b> Siddha Until 8:19AM Vanija Until 5:49PM <b>Ekadasi Until 7:06AM Thu</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:49AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:34PM <b>Nataraja:</b> Yellow Moon – White <b>Pausha-Markali</b>
			<b>Sivaloka Day</b>

<b>3</b>	<b>Thursday, January 5, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Muscat, Oman
	Virshabha Rasi: 1.35      Tithi 11 – 12 822696156	<b>Gulika</b> 9:31AM – 10:52AM <b>Yama</b> 6:50AM – 8:10AM <b>Rahu</b> 1:33PM – 2:54PM	<b>Sun 25 Sutra 267</b> Khara 5113 Moon 12 - Phase 36 4th Phase
	Routine Work    Marana Yoga	<b>Krittika Until 10:49PM</b> Sadhya Until 9:02AM Bava Until 8:12PM <b>Ekadasi Until 7:06AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:50AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:35PM <b>Nataraja:</b> Yellow Moon – White <b>Pausha-Markali</b>
		<b>Subramuniyaswami Jayanti</b>	<b>Sivaloka Day</b>

<b>4</b>	<b>Friday, January 6, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Muscat, Oman
	Virshabha Rasi: 13.41      Tithi 12 – 13 832696156	<b>Gulika</b> 8:10AM – 9:31AM <b>Yama</b> 2:54PM – 4:15PM <b>Rahu</b> 10:52AM – 12:13PM	<b>Sun 26 Sutra 268</b> Khara 5113 Moon 12 - Phase 36 4th Phase
	Routine Work    Marana Yoga Until 11.08PM then Amrita Yoga Until 1:18AM Sat then Siddha Yoga	<b>Rohini Until 1:18AM Sat</b> Subha Until 9:27AM Kaulava Until 10:14PM <b>Dvadasi Until 9:08AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:50AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:36PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Pausha-Markali</b>
		<i>Pradosha Vrata</i>	<b>Devaloka Day</b>

<b>5</b>	<b>Saturday, January 7, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Muscat, Oman
	Virshabha Rasi: 25.59      Tithi 13 – 14 832696156	<b>Gulika</b> 6:50AM – 8:11AM <b>Yama</b> 1:34PM – 2:55PM <b>Rahu</b> 9:32AM – 10:52AM	<b>Sun 27 Sutra 269</b> Khara 5113 Moon 12 - Phase 36 4th Phase
	Creative Work    Siddha Yoga	<b>Mrigasira Until 1:43AM Sun</b> Sukla Until 9:13AM Gara Until 10:19PM <b>Trayodasi Until 10:19AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:50AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:36PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Pausha-Markali</b>
			<b>Devaloka Day</b>

<b>○</b>	<b>Sunday, January 8, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Muscat, Oman
	Mithuna Rasi: 8.33      Tithi 14 – 15 832696156	<b>Gulika</b> 2:55PM – 4:16PM <b>Yama</b> 12:14PM – 1:34PM <b>Rahu</b> 4:16PM – 5:37PM	<b>Sutra 270</b> Khara 5113 Moon 12 - Phase 36 Purnima
	Creative Work    Siddha Yoga Until 3:09AM Mon then Amrita Yoga	<b>Ardra Until 3:09AM Mon</b> Brahma Until 8:48AM Visti Until 11:13PM <b>Chaturdasi* Until 11:13AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:50AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:37PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Pausha-Markali</b>
		<b>Tiruvembavai</b>	<b>Devaloka Day</b>

<b>○</b>	<b>Monday, January 9, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhrili* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Muscat, Oman
	Mithuna Rasi: 21.24      Tithi 15 – 16 842696156	<b>Gulika</b> 1:35PM – 2:56PM <b>Yama</b> 10:53AM – 12:14PM <b>Rahu</b> 8:11AM – 9:32AM	<b>Sutra 271</b> Khara 5113 Moon 12 - Phase 36 Prathama
	<b>Family Home Evening</b> Creative Work    Amrita Yoga Until 11.09PM then Siddha Yoga	<b>Punarvasu Until 4:02AM Tue</b> Indra Until 7:52AM Balava Until 11:33PM <b>Purnima* Until 11:33AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:50AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:38PM <b>Nataraja:</b> Yellow Moon – Blue <b>Pausha-Markali</b>
			<b>Sivaloka Day</b>

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2. UpH,262



**Tuesday, January 10, 2012**  
**Gold Retreat Star**

Kataka Rasi: 4.32    Tithi 16 – 17  
842696156  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitya Yam Titau

**Gulika** 12:14PM – 1:35PM  
**Yama** 9:32AM – 10:53AM  
**Rahu** 2:56PM – 4:17PM

**Pushya Until 4:24AM Wed**  
Vaidhriti\* Until 6:28AM  
Taitila Until 11:19PM  
**Prathama\* Until 11:19AM**

**Ganesha:** Purple    *Sunrise:* 6:50AM  
**Muruqa:** Clear    *Sunset:* 5:38PM  
**Nataraja:** Yellow  
Moon – Blue  
**Pausha-Markali**

Muscat, Oman  
**Sutra 272**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase  
**Sivaloka Day**

**1**

**Wednesday, January 11, 2012**

Kataka Rasi: 17.56    Tithi 17 – 18  
842696156  
Creative Work    Siddha Yoga  
Until 2:41AM Thu then Amrita Yoga

Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Aslesha\* Nakshatra Priti Yoga Gara/Vanija Karana Dvitya/Tritiya Yam Titau

**Gulika** 10:54AM – 12:15PM  
**Yama** 8:11AM – 9:33AM  
**Rahu** 12:15PM – 1:36PM

**Aslesha\* Until 2:41AM Thu**  
Priti Until 2:01AM Thu  
Vanija Until 9:17PM  
**Dvitya Until 10:12AM**

**Ganesha:** Purple    *Sunrise:* 6:50AM  
**Muruqa:** Clear    *Sunset:* 5:39PM  
**Nataraja:** Yellow  
Moon – Blue  
**Pausha-Markali**

Muscat, Oman  
**Sun 1 Sutra 273**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase  
**Sivaloka Day**

**2**

**Thursday, January 12, 2012**

Simha Rasi: 1.34    Tithi 18 – 19  
852696156  
Creative Work    Amrita Yoga  
Until 11:10PM then Marana Yoga  
Until 2:11AM Fri then Siddha Yoga

Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau

**Gulika** 9:33AM – 10:54AM  
**Yama** 6:50AM – 8:12AM  
**Rahu** 1:36PM – 2:58PM

**Magha\* Until 2:11AM Fri**  
Ayushman Until 11:56PM  
Bava Until 8:10PM  
**Tritiya Until 9:05AM**

**Ganesha:** Clear    *Sunrise:* 6:50AM  
**Muruqa:** Clear    *Sunset:* 5:40PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Markali**

Muscat, Oman  
**Sun 2 Sutra 274**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase  
**Devaloka Day**

**3**

**Friday, January 13, 2012**

Simha Rasi: 15.22    Tithi 19 – 20  
852696156  
Creative Work    Siddha Yoga  
Until 11:11PM then Marana Yoga

Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni\* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika** 8:12AM – 9:33AM  
**Yama** 2:58PM – 4:19PM  
**Rahu** 10:54AM – 12:16PM

**Purvaphalguni\* Until 1:23AM Sat**  
Saubhagya Until 9:33PM  
Kaulava Until 6:43PM  
**Chaturthi\* Until 7:39AM**

**Ganesha:** Clear    *Sunrise:* 6:50AM  
**Muruqa:** Clear    *Sunset:* 5:41PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Markali**

Muscat, Oman  
**Sun 3 Sutra 275**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase  
**Devaloka Day**

**4**

**Saturday, January 14, 2012**

Simha Rasi: 29.17    Tithi 21  
853696156  
Routine Work    Marana Yoga  
Until 11:11PM then Amrita Yoga

Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana Yoga Gara/Vanija Karana Shasthi\* Yam Titau

**Gulika** 6:50AM – 8:12AM  
**Yama** 1:37PM – 2:59PM  
**Rahu** 9:33AM – 10:55AM

**Uttaraphalguni Until 12:22AM Sun**  
Sobhana Until 6:58PM  
Gara Until 5:03PM  
**Shasthi\* Until 4:07AM Sun**

**Ganesha:** Purple    *Sunrise:* 6:50AM  
**Muruqa:** Clear    *Sunset:* 5:41PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Thai**

Muscat, Oman  
**Sun 4 Sutra 276**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**5**

**Sunday, January 15, 2012**

Kanya Rasi: 13.18    Tithi 22  
863696156  
Creative Work    Amrita Yoga  
Until 11:11PM then Siddha Yoga  
Until 11:12PM then Prabalarishta Yoga

Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptami Yam Titau

**Gulika** 2:59PM – 4:21PM  
**Yama** 12:16PM – 1:38PM  
**Rahu** 4:21PM – 5:42PM

**Hasta Until 11:12PM**  
Athiganda\* Until 4:15PM  
Visti Until 3:13PM  
**Saptami Until 2:17AM Mon**

**Ganesha:** Clear    *Sunrise:* 6:50AM  
**Muruqa:** Clear    *Sunset:* 5:42PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Muscat, Oman  
**Sun 5 Sutra 277**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase  
**Devaloka Day**

**Retreat Star**

**Monday, January 16, 2012**

Kanya Rasi: 27.22    Tithi 23  
**Family Home Evening** 863696156  
Routine Work    Prabalarishta Yoga  
Until 9:56PM then Amrita Yoga  
Until 11:12PM then Siddha Yoga

Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtami\* Yam Titau

**Gulika** 1:38PM – 3:00PM  
**Yama** 10:55AM – 12:17PM  
**Rahu** 8:12AM – 9:34AM

**Chitra Until 9:56PM**  
Sukarma Until 1:27PM  
Balava Until 1:16PM  
**Ashtami\* Until 12:21AM Tue**

**Ganesha:** Clear    *Sunrise:* 6:50AM  
**Muruqa:** Clear    *Sunset:* 5:43PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Muscat, Oman  
**Sun 6 Sutra 278**  
Khara 5113  
Moon 13 - Phase 37  
Ashtami  
**Devaloka Day**

**Tuesday, January 17, 2012**

**Retreat Star**

Tula Rasi: 11.29    Tithi 24  
863696156  
Creative Work    Siddha Yoga  
Until 8:36PM then Marana Yoga  
Until 11:12PM then Siddha Yoga

Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Navami\* Yam Titau

**Gulika** 12:17PM – 1:39PM  
**Yama** 9:34AM – 10:55AM  
**Rahu** 3:00PM – 4:22PM

**Svati Until 8:36PM**  
Dhriti Until 10:35AM  
Taitila Until 11:15AM  
**Navami\* Until 10:20PM**

**Ganesha:** Clear    *Sunrise:* 6:50AM  
**Muruqa:** Clear    *Sunset:* 5:44PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Muscat, Oman  
**Sun 7 Sutra 279**  
Khara 5113  
Moon 13 - Phase 37  
Navami  
**Devaloka Day**

**1** **Wednesday, January 18, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Muscat, Oman  
 Visakha Nakshatra Shula\*/Ganda\* Yoga Vanija/Visti\* Karana Dasami Yam Titau **Sun 8 Sutra 280**  
 Khara 5113  
 Tula Rasi: 25.37 Tithi 25 **Gulika 10:56AM – 12:17PM Visakha Until 7:14PM Ganesha: White Sunrise: 6:50AM**  
 873696156 **Yama 8:12AM – 9:34AM Shula\* Until 7:40AM Muruqa: Clear Sunset: 5:44PM** Moon 13 - Phase 38  
**Rahu 12:17PM – 1:39PM Vanija Until 9:12AM Nataraja: Yellow** 2nd Phase  
 Creative Work Siddha Yoga **Dasami Until 8:17PM Moon – Orange**  
**Bhuloka Day**  
 Devaloka Time: 3:PM to 6:PM

**2** **Thursday, January 19, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Muscat, Oman  
 Anuradha/Jyeshtha\* Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadasi\* Yam Titau **Sun 9 Sutra 281**  
 Khara 5113  
 Vrischika Rasi: 9.45 Tithi 26 **Gulika 9:34AM – 10:56AM Anuradha Until 5:52PM Ganesha: White Sunrise: 6:50AM**  
 873696156 **Yama 6:50AM – 8:12AM Vriddhi Until 2:06AM Fri Muruqa: Clear Sunset: 5:45PM** Moon 13 - Phase 38  
**Rahu 1:39PM – 3:01PM Bava Until 7:08AM Nataraja: Yellow** 2nd Phase  
 Creative Work Siddha Yoga **Ekadasi\* Until 6:13PM Moon – Orange**  
**Bhuloka Day**  
 Devaloka Time: 3:PM to 6:PM

**3** **Friday, January 20, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Muscat, Oman  
 Jyeshtha\*/Mula\* Nakshatra Dhruva Yoga Tailila/Gara Karana Dvadasi\*/Trayodasi\* Yam Titau **Sun 10 Sutra 282**  
 Khara 5113  
 Vrischika Rasi: 23.51 Tithi 27 – 28 **Gulika 8:12AM – 9:34AM Jyeshtha\* Until 4:33PM Ganesha: White Sunrise: 6:50AM**  
 873696156 **Yama 3:02PM – 4:24PM Dhruva Until 11:14PM Muruqa: Clear Sunset: 5:46PM** Moon 13 - Phase 38  
**Rahu 10:56AM – 12:18PM Gara Until 3:17AM Sat Nataraja: Yellow** 2nd Phase  
 Routine Work Prabalarishta Yoga **Dvadasi\* Until 4:13PM Moon – Orange**  
 Until 4:33PM then no yoga **Pradosha Vrata (Fasting)** **Bhuloka Day**  
 Until 11.13PM then Siddha Yoga **Pausha\*Thai** Devaloka Time: 3:PM to 6:PM

**4** **Saturday, January 21, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Muscat, Oman  
 Mula\*/Purvashadha\* Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Trayodasi\*/Chaturdasi\* Yam Titau **Sun 11 Sutra 283**  
 Khara 5113  
 Dhanus Rasi: 7.53 Tithi 28 – 29 **Gulika 6:50AM – 8:12AM Mula\* Until 3:21PM Ganesha: Green Sunrise: 6:50AM**  
 883696156 **Yama 1:40PM – 3:02PM Vyaghata\* Until 8:30PM Muruqa: Clear Sunset: 5:46PM** Moon 13 - Phase 38  
**Rahu 9:34AM – 10:56AM Visti Until 1:26AM Sun Nataraja: Yellow** 2nd Phase  
 Creative Work Siddha Yoga **Trayodasi\* Until 2:21PM Moon – Light Blue**  
 Until 3:21PM then Marana Yoga **Pausha\*Thai** **Bhuloka Day**  
 Until 11.13PM then Siddha Yoga **Devaloka Time: 3:PM to 6:PM**

**Retreat Star** **Sunday, January 22, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Muscat, Oman  
 Purvashadha\*/Uttarashadha Nakshatra Harshana Yoga Sakuni\*/Catuspada\* Karana Chaturdasi\*/Amavasya\* Yam Titau **Sun 12 Sutra 284**  
 Khara 5113  
 Dhanus Rasi: 21.46 Tithi 29 – 30 **Gulika 3:03PM – 4:25PM Purvashadha\* Until 2:24PM Ganesha: Green Sunrise: 6:50AM**  
 883696156 **Yama 12:18PM – 1:41PM Harshana Until 5:58PM Muruqa: Clear Sunset: 5:47PM** Moon 13 - Phase 38  
**Rahu 4:25PM – 5:47PM Catuspada Until 11:49PM Nataraja: Yellow** Amavasya  
 Creative Work Siddha Yoga **Chaturdasi\* Until 12:44PM Moon – Light Blue**  
 Until 2:24PM then Amrita Yoga **Pausha\*Thai** **Bhuloka Day**  
 Until 11.14PM then Marana Yoga **Devaloka Time: 3:PM to 6:PM**

**Retreat Star** **Monday, January 23, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Muscat, Oman  
 Uttarashadha\*/Sraavana Nakshatra Vajra\*/Siddhi Yoga Naga\*/Kintughna\* Karana Amavasya\*/Prathama\* Yam Titau **Sun 13 Sutra 285**  
 Khara 5113  
 Makara Rasi: 5.28 Tithi 30 – 1 **Gulika 1:41PM – 3:03PM Uttarashadha Until 2:22PM Ganesha: Green Sunrise: 6:50AM**  
 883696156 **Yama 10:56AM – 12:19PM Vajra\* Until 4:27PM Muruqa: Clear Sunset: 5:48PM** Moon 13 - Phase 38  
**Family Home Evening Rahu 8:12AM – 9:34AM Kintughna Until 11:56PM Nataraja: Yellow** Prathama  
 Routine Work Marana Yoga **Amavasya\* Until 11:56AM Moon – Light Blue**  
 Until 2:22PM then Amrita Yoga **Magha\*Thai** **Bhuloka Day**  
 Until 11.14PM then Siddha Yoga **Devaloka Time: 3:PM to 6:PM**

<b>1</b>	<b>Tuesday, January 24, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama*/Dviliya Yam Titau				Muscat, Oman
	Makara Rasi: 18.55      Tithi 1 – 2 893696156	<b>Gulika</b> 12:19PM – 1:41PM <b>Yama</b> 9:34AM – 10:57AM <b>Rahu</b> 3:04PM – 4:26PM	<b>Sravana Until 2:09PM</b> Siddhi Until 2:31PM Balava Until 11:04PM <b>Prathama* Until 11:04AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Purple <b>Magha*Thai</b>	<i>Sunrise:</i> 6:49AM <i>Sunset:</i> 5:49PM	Sun 14 <b>Sutra 286</b> Khara 5113 Moon 13 - Phase 39 3rd Phase
Creative Work    Siddha Yoga Until 2:09PM then Marana Yoga Until 11.14PM then Prabalarishta Yoga		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM				

<b>2</b>	<b>Wednesday, January 25, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dviliya/Triliya Yam Titau				Muscat, Oman
	Kumbha Rasi: 2.05      Tithi 2 – 3 993696156	<b>Gulika</b> 10:57AM – 12:19PM <b>Yama</b> 8:12AM – 9:34AM <b>Rahu</b> 12:19PM – 1:42PM	<b>Dhanishtha Until 2:28PM</b> Vyatipata* Until 1:04PM Taitila Until 10:47PM <b>Dvitiya Until 10:47AM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Purple <b>Magha*Thai</b>	<i>Sunrise:</i> 6:49AM <i>Sunset:</i> 5:49PM	Sun 15 <b>Sutra 287</b> Khara 5113 Moon 13 - Phase 39 3rd Phase
Routine Work    Prabalarishta Yoga Until 2:28PM then Siddha Yoga Until 11.14PM then Marana Yoga		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM				

<b>3</b>	<b>Thursday, January 26, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Triliya/Chaturthi* Yam Titau				Muscat, Oman
	Kumbha Rasi: 14.56      Tithi 3 – 4 993696156	<b>Gulika</b> 9:34AM – 10:57AM <b>Yama</b> 6:49AM – 8:11AM <b>Rahu</b> 1:42PM – 3:05PM	<b>Satabhisha Until 3:21PM</b> Variyan Until 12:08PM Vanija Until 11:06PM <b>Tritiya Until 11:06AM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Purple <b>Magha*Thai</b>	<i>Sunrise:</i> 6:49AM <i>Sunset:</i> 5:50PM	Sun 16 <b>Sutra 288</b> Khara 5113 Moon 13 - Phase 39 3rd Phase
Routine Work    Marana Yoga Until 3:21PM then Siddha Yoga		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM				

<b>4</b>	<b>Friday, January 27, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Muscat, Oman
	Kumbha Rasi: 27.3      Tithi 4 – 5 913796156	<b>Gulika</b> 8:11AM – 9:34AM <b>Yama</b> 3:05PM – 4:28PM <b>Rahu</b> 10:57AM – 12:20PM	<b>Purvaprostapada* Until 5:40PM</b> Parigha* Until 12:09PM Bava Until 1:39AM Sat <b>Chaturthi* Until 12:33PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Clear <b>Magha*Thai</b>	<i>Sunrise:</i> 6:49AM <i>Sunset:</i> 5:51PM	Sun 17 <b>Sutra 289</b> Khara 5113 Moon 13 - Phase 39 3rd Phase
Creative Work    Siddha Yoga		<b>Sivaloka Day</b>				

<b>5</b>	<b>Saturday, January 28, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Muscat, Oman
	Meena Rasi: 9.47      Tithi 5 – 6 914796156	<b>Gulika</b> 6:48AM – 8:11AM <b>Yama</b> 1:43PM – 3:06PM <b>Rahu</b> 9:34AM – 10:57AM	<b>Uttaraprostapada Until 7:45PM</b> Shiva Until 12:12PM Kaulava Until 3:14AM Sun <b>Panchami Until 2:08PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Clear <b>Magha*Thai</b>	<i>Sunrise:</i> 6:48AM <i>Sunset:</i> 5:51PM	Sun 18 <b>Sutra 290</b> Khara 5113 Moon 13 - Phase 39 3rd Phase
Creative Work    Siddha Yoga Until 7:45PM then Prabalarishta Yoga Until 11.15PM then Amrita Yoga		<b>Devaloka Day</b>				

<b>6</b>	<b>Sunday, January 29, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Muscat, Oman
	Meena Rasi: 21.52      Tithi 6 – 7 914796156	<b>Gulika</b> 3:06PM – 4:29PM <b>Yama</b> 12:20PM – 1:43PM <b>Rahu</b> 4:29PM – 5:52PM	<b>Revati Until 10:17PM</b> Siddha Until 12:40PM Gara Until 5:18AM Mon <b>Shasthi* Until 4:12PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – Clear <b>Magha*Thai</b>	<i>Sunrise:</i> 6:48AM <i>Sunset:</i> 5:52PM	Sun 19 <b>Sutra 291</b> Khara 5113 Moon 13 - Phase 39 3rd Phase
Creative Work    Amrita Yoga Until 10:17PM then Siddha Yoga		<b>Devaloka Day</b>				

<b>Monday, January 30, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Asvini Nakshatra Sadhya/Subha Yoga Vanija Karana Saptami Yam Titau				Muscat, Oman
	Mesha Rasi: 3.46      Tithi 7 924796156	<b>Gulika</b> 1:43PM – 3:06PM <b>Yama</b> 10:57AM – 12:20PM <b>Rahu</b> 8:11AM – 9:34AM	<b>Asvini Until 1:08AM Tue</b> Sadhya Until 1:25PM Vanija Until 7:42AM Tue <b>Saptami Until 6:37PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – White <b>Magha*Thai</b>	<i>Sunrise:</i> 6:48AM <i>Sunset:</i> 5:53PM	Sun 20 <b>Sutra 292</b> Khara 5113 Moon 13 - Phase 39 3rd Phase
Family Home Evening Creative Work    Siddha Yoga		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM				

<b>Tuesday, January 31, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtami* Yam Titau				Muscat, Oman
	Mesha Rasi: 16      Tithi 8 924796156	<b>Gulika</b> 12:20PM – 1:44PM <b>Yama</b> 9:34AM – 10:57AM <b>Rahu</b> 3:07PM – 4:30PM	<b>Bharani Until 4:08AM Wed</b> Subha Until 2:19PM Visti Until 8:07AM <b>Ashtami* Until 9:12PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – White <b>Magha*Thai</b>	<i>Sunrise:</i> 6:47AM <i>Sunset:</i> 5:53PM	Sun 21 <b>Sutra 293</b> Khara 5113 Moon 13 - Phase 39 Ashtami
Creative Work    Siddha Yoga Until 11.15PM then Marana Yoga Until 4:08AM Wed then Amrita Yoga		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM				

<b>Wednesday, February 1, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau				Muscat, Oman
	Mesha Rasi: 27.26      Tithi 9 924796156	<b>Gulika</b> 10:57AM – 12:20PM <b>Yama</b> 8:10AM – 9:34AM <b>Rahu</b> 12:20PM – 1:44PM	<b>Krittika Until 7:18AM Thu</b> Sukla Until 3:13PM Balava Until 10:42AM <b>Navami* Until 11:48PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – White <b>Magha*Thai</b>	<i>Sunrise:</i> 6:47AM <i>Sunset:</i> 5:53PM	Sun 22 <b>Sutra 294</b> Khara 5113 Moon 13 - Phase 39 Navami
Creative Work    Amrita Yoga Until 11.15PM then Marana Yoga		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM				

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

<b>1</b>	<b>Thursday, February 2, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dasami Yam Titau	Muscat, Oman
	924796156	<b>Sutra 295</b> Khara 5113	
9:21	Tithi 10	<b>Gulika</b> 9:34AM – 10:57AM <b>Yama</b> 6:47AM – 8:10AM <b>Rahu</b> 1:44PM – 3:07PM	<b>Sun 23</b>
Routine Work	Marana Yoga	<b>Krittika Until 7:18AM</b> Brahma Until 3:57PM Taitila Until 1:05PM <b>Dasami Until 2:11AM Fri</b>	<b>Sutra 295</b> Khara 5113 Moon 13 - Phase 40 4th Phase
		<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Yellow Moon – White <b>Magha-Thai</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
		<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 5:54PM	

<b>2</b>	<b>Friday, February 3, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigasira Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Muscat, Oman
	934797156	<b>Sutra 296</b> Khara 5113	
21:27	Tithi 11	<b>Gulika</b> 8:10AM – 9:33AM <b>Yama</b> 3:08PM – 4:31PM <b>Rahu</b> 10:57AM – 12:21PM	<b>Sun 24</b>
Routine Work	Marana Yoga	<b>Rohini Until 9:46AM</b> Indra Until 4:21PM Vanija Until 3:04PM <b>Ekadasi Until 4:10AM Sat</b>	<b>Sutra 296</b> Khara 5113 Moon 13 - Phase 40 4th Phase
Until 9:46AM then Siddha Yoga		<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Yellow <b>Magha-Thai</b>	<b>Sivaloka Day</b>
		<b>Sunrise:</b> 6:46AM <b>Sunset:</b> 5:55PM	

<b>3</b>	<b>Saturday, February 4, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau	Muscat, Oman
	934797157	<b>Sutra 297</b> Khara 5113	
3:5	Tithi 12	<b>Gulika</b> 6:46AM – 8:10AM <b>Yama</b> 1:44PM – 3:08PM <b>Rahu</b> 9:33AM – 10:57AM	<b>Sun 25</b>
Creative Work	Siddha Yoga	<b>Mrigasira Until 11:15AM</b> Vaidhriti* Until 3:31PM Bava Until 3:36PM <b>Dvadasi Until 3:36AM Sun</b>	<b>Sutra 297</b> Khara 5113 Moon 13 - Phase 40 4th Phase
		<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Yellow <b>Magha-Thai</b>	<b>Subha Sivaloka Day</b>
		<b>Sunrise:</b> 6:46AM <b>Sunset:</b> 5:55PM	

<b>4</b>	<b>Sunday, February 5, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Muscat, Oman
	934797157	<b>Sutra 298</b> Khara 5113	
16:32	Tithi 13	<b>Gulika</b> 3:08PM – 4:32PM <b>Yama</b> 12:21PM – 1:45PM <b>Rahu</b> 4:32PM – 5:56PM	<b>Sun 26</b>
Creative Work	Siddha Yoga	<b>Ardra Until 12:24PM</b> Vishkambha* Until 2:51PM Kaulava Until 4:13PM <b>Trayodasi Until 4:13AM Mon</b> <i>Pradosha Vrata</i>	<b>Sutra 298</b> Khara 5113 Moon 13 - Phase 40 4th Phase
Until 11:16PM then Amrita Yoga		<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Yellow <b>Magha-Thai</b>	<b>Subha Sivaloka Day</b>
		<b>Sunrise:</b> 6:45AM <b>Sunset:</b> 5:56PM	

<b>5</b>	<b>Monday, February 6, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Muscat, Oman
	944797157	<b>Sutra 299</b> Khara 5113	
29:37	Tithi 14	<b>Gulika</b> 1:45PM – 3:09PM <b>Yama</b> 10:57AM – 12:21PM <b>Rahu</b> 8:09AM – 9:33AM	<b>Sun 27</b>
Family Home Evening		<b>Punarvasu Until 12:53PM</b> Priti Until 1:33PM Gara Until 4:05PM <b>Chaturdasi* Until 4:05AM Tue</b>	<b>Sutra 299</b> Khara 5113 Moon 13 - Phase 40 4th Phase
Creative Work	Amrita Yoga	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Blue <b>Magha-Thai</b>	<b>Sivaloka Day</b>
Until 12:53PM then Siddha Yoga		<b>Sunrise:</b> 6:45AM <b>Sunset:</b> 5:57PM	
		<b>Thai Pusam</b>	

<b>○</b>	<b>Tuesday, February 7, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Aslesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau	Muscat, Oman
	944797157	<b>Sutra 300</b> Khara 5113	
13:04	Tithi 15	<b>Gulika</b> 12:21PM – 1:45PM <b>Yama</b> 9:33AM – 10:57AM <b>Rahu</b> 3:09PM – 4:33PM	<b>Sun 28</b>
Creative Work	Siddha Yoga	<b>Pushya Until 12:10PM</b> Ayushman Until 11:14AM Visti Until 2:30PM <b>Purnima* Until 1:34AM Wed</b>	<b>Sutra 300</b> Khara 5113 Moon 13 - Phase 40 Purnima
		<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Blue <b>Magha-Thai</b>	<b>Sivaloka Day</b>
		<b>Sunrise:</b> 6:44AM <b>Sunset:</b> 5:57PM	

<b>○</b>	<b>Wednesday, February 8, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Aslesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau	Muscat, Oman
	944797157	<b>Sutra 301</b> Khara 5113	
26:52	Tithi 16	<b>Gulika</b> 10:57AM – 12:21PM <b>Yama</b> 8:08AM – 9:32AM <b>Rahu</b> 12:21PM – 1:45PM	<b>Sun 29</b>
Creative Work	Siddha Yoga	<b>Aslesha* Until 11:22AM</b> Saubhagya Until 8:51AM Balava Until 1:02PM <b>Prathama* Until 12:06AM Thu</b>	<b>Sutra 301</b> Khara 5113 Moon 13 - Phase 40 Prathama
Until 11:16PM then Amrita Yoga		<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Blue <b>Magha-Thai</b>	<b>Sivaloka Day</b>
		<b>Sunrise:</b> 6:44AM <b>Sunset:</b> 5:58PM	





**Thursday, February 9, 2012**  
**Gold Retreat Star**

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Dvitiya Yam Titau

Muscat, Oman  
Sutra 302  
Khara 5113

Simha Rasi: 10.58      Tithi 17  
955797167  
Creative Work    Amrita Yoga  
Until 10:04AM then no yoga  
Until 11.16PM then Siddha Yoga

**Gulika**    9:32AM – 10:57AM    **Magha\* Until 10:04AM**  
**Yama**      6:43AM – 8:08AM      Sobhana Until 6:01AM  
**Rahu**       1:45PM – 3:10PM      Taitila Until 11:02AM  
Dvitiya Until 10:07PM

**Ganesha:** White    *Sunrise:* 6:43AM  
**Muruqa:** Yellow    *Sunset:* 5:58PM  
**Nataraja:** Blue  
Moon – Red  
**Magha\*Thai**

**Sivaloka Day**

Moon 1 - Phase 41  
1st Phase

**1** **Friday, February 10, 2012**

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni\*/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti\* Karana Tritiya Yam Titau

Muscat, Oman  
Sun 1    Sutra 303  
Khara 5113

Simha Rasi: 25.15      Tithi 18  
955797267  
Creative Work    Siddha Yoga  
Until 11.16PM then Marana Yoga

**Gulika**    8:07AM – 9:32AM    **Purvaphalguni\* Until 8:26AM**  
**Yama**      3:10PM – 4:35PM      Sukarma Until 12:12AM Sat  
**Rahu**       10:56AM – 12:21PM    Vanija Until 8:41AM  
Tritiya Until 7:46PM

**Ganesha:** White    *Sunrise:* 6:43AM  
**Muruqa:** White    *Sunset:* 5:59PM  
**Nataraja:** Yellow  
Moon – Red  
**Magha\*Thai**

**Subha Sivaloka Day**

Moon 1 - Phase 41  
1st Phase

**2** **Saturday, February 11, 2012**

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

Muscat, Oman  
Sun 2    Sutra 304  
Khara 5113

Kanya Rasi: 9.38      Tithi 19 – 20  
955797267  
Routine Work    Marana Yoga  
Until 11.16PM then Amrita Yoga

**Gulika**    6:42AM – 8:07AM    **Uttaraphalguni Until 6:38AM**  
**Yama**      1:46PM – 3:10PM      Dhriti Until 8:55PM  
**Rahu**       9:32AM – 10:56AM    Bava Until 6:10AM  
Chaturthi\* Until 5:14PM

**Ganesha:** White    *Sunrise:* 6:42AM  
**Muruqa:** White    *Sunset:* 6:00PM  
**Nataraja:** Yellow  
Moon – Red  
**Magha\*Thai**

**Subha Sivaloka Day**

Moon 1 - Phase 41  
1st Phase

**3** **Sunday, February 12, 2012**

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau

Muscat, Oman  
Sun 3    Sutra 305  
Khara 5113

Kanya Rasi: 24.01      Tithi 20 – 21  
965797267  
Creative Work    Siddha Yoga  
Until 11.16PM then Prabalarishta Yoga  
Until 3:42AM Mon then Amrita Yoga

**Gulika**    3:11PM – 4:35PM    **Chitra Until 3:42AM Mon**  
**Yama**      12:21PM – 1:46PM      Shula\* Until 5:37PM  
**Rahu**       4:35PM – 6:00PM      Gara Until 1:47AM Mon  
Panchami Until 2:43PM

**Ganesha:** Clear    *Sunrise:* 6:42AM  
**Muruqa:** White    *Sunset:* 6:00PM  
**Nataraja:** Yellow  
Moon – Green  
**Magha\*Thai**

**Sivaloka Day**

Moon 1 - Phase 41  
1st Phase

**4** **Monday, February 13, 2012**

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhhi Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

Muscat, Oman  
Sun 4    Sutra 306  
Khara 5113

Tula Rasi: 8.19      Tithi 21 – 22  
**Family Home Evening**    965797267  
Creative Work    Amrita Yoga  
Until 11.16PM then Siddha Yoga  
Until 2:01AM Tue then Marana Yoga

**Gulika**    1:46PM – 3:11PM    **Svati Until 2:01AM Tue**  
**Yama**      10:56AM – 12:21PM    Ganda\* Until 2:26PM  
**Rahu**       8:06AM – 9:31AM      Visti Until 11:23PM  
Shasthi\* Until 12:19PM

**Ganesha:** Clear    *Sunrise:* 6:41AM  
**Muruqa:** White    *Sunset:* 6:01PM  
**Nataraja:** Yellow  
Moon – Green  
**Magha\*Mas**

**Sivaloka Day**

Moon 1 - Phase 41  
1st Phase

**Tuesday, February 14, 2012**  
**Retreat Star**

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Visakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

Muscat, Oman  
Sun 5    Sutra 307  
Khara 5113

Tula Rasi: 22.31      Tithi 22 – 23  
975797267  
Routine Work    Marana Yoga  
Until 11.16PM then Siddha Yoga

**Gulika**    12:21PM – 1:46PM    **Visakha Until 12:33AM Wed**  
**Yama**      9:31AM – 10:56AM      Vridhhi Until 11:27AM  
**Rahu**       3:11PM – 4:36PM      Balava Until 9:13PM  
Saptami Until 10:08AM

**Ganesha:** Purple    *Sunrise:* 6:40AM  
**Muruqa:** White    *Sunset:* 6:01PM  
**Nataraja:** Yellow  
Moon – Orange  
**Magha\*Mas**

**Subha Sivaloka Day**

Moon 1 - Phase 41  
Ashtami

**Wednesday, February 15, 2012**  
**Retreat Star**

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha Nakshatra Dhruva/Nyaghata\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau

Muscat, Oman  
Sun 6    Sutra 308  
Khara 5113

Vrischika Rasi: 6.33      Tithi 23 – 24  
975797267  
Creative Work    Siddha Yoga

**Gulika**    10:56AM – 12:21PM    **Anuradha Until 11:21PM**  
**Yama**      8:05AM – 9:30AM      Dhruva Until 8:42AM  
**Rahu**       12:21PM – 1:46PM      Taitila Until 7:19PM  
Ashtami\* Until 8:14AM

**Ganesha:** Purple    *Sunrise:* 6:40AM  
**Muruqa:** White    *Sunset:* 6:02PM  
**Nataraja:** Yellow  
Moon – Orange  
**Magha\*Mas**

**Subha Sivaloka Day**

Moon 1 - Phase 41  
Navami


<b>1</b>	<b>Thursday, February 16, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Gara/Visti* Karana Navami*/Dasami Yam Titau	Muscat, Oman
	975797267		Sun 7 Sutra 309 Khara 5113
Vischika Rasi: 20.26	Tithi 24 – 25	<b>Gulika</b> 9:30AM – 10:55AM <b>Yama</b> 6:39AM – 8:05AM <b>Rahu</b> 1:46PM – 3:12PM	<b>Jyeshtha* Until 10:23PM</b> Vyaghata* Until 6:11AM Visti Until 4:46AM Fri <b>Navami* Until 6:37AM</b>
Creative Work Siddha Yoga Until 11.16PM then no yoga		<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Orange <b>Magha-Masi</b>	Sunrise: 6:39AM Sunset: 6:03PM Moon 1 - Phase 42 2nd Phase <b>Subha Sivaloka Day</b>

<b>2</b>	<b>Friday, February 17, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadasi* Yam Titau	Muscat, Oman
	985797267		Sun 8 Sutra 310 Khara 5113
Dhanus Rasi: 4.11	Tithi 26	<b>Gulika</b> 8:04AM – 9:30AM <b>Yama</b> 3:12PM – 4:38PM <b>Rahu</b> 10:55AM – 12:21PM	<b>Mula* Until 9:41PM</b> Vajra* Until 1:15AM Sat Bava Until 4:20PM <b>Ekadasi* Until 3:25AM Sat</b>
No Yoga Until 9:41PM then Siddha Yoga Until 11.16PM then Marana Yoga		<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Light Blue <b>Magha-Masi</b>	Sunrise: 6:38AM Sunset: 6:03PM Moon 1 - Phase 42 2nd Phase <b>Sivaloka Day</b>

<b>3</b>	<b>Saturday, February 18, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitija Karana Dvadasi* Yam Titau	Muscat, Oman
	985797267		Sun 9 Sutra 311 Khara 5113
Dhanus Rasi: 17.47	Tithi 27	<b>Gulika</b> 6:38AM – 8:04AM <b>Yama</b> 1:47PM – 3:12PM <b>Rahu</b> 9:29AM – 10:55AM	<b>Purvashadha* Until 10:24PM</b> Siddhi Until 12:27AM Sun Kaulava Until 4:01PM <b>Dvadasi* Until 4:01AM Sun</b>
Routine Work Marana Yoga Until 10:24PM then no yoga Until 11.16PM then Amrita Yoga		<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Light Blue <b>Magha-Masi</b>	Sunrise: 6:38AM Sunset: 6:04PM Moon 1 - Phase 42 2nd Phase <b>Sivaloka Day</b>

<b>4</b>	<b>Sunday, February 19, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Muscat, Oman
	986797267		Sun 10 Sutra 312 Khara 5113
Makara Rasi: 1.14	Tithi 28	<b>Gulika</b> 3:12PM – 4:38PM <b>Yama</b> 12:21PM – 1:47PM <b>Rahu</b> 4:38PM – 6:04PM	<b>Uttarashadha Until 10:12PM</b> Vyatipata* Until 10:32PM Gara Until 3:09PM <b>Trayodasi* Until 3:09AM Mon</b>
Creative Work Amrita Yoga		<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Light Blue <b>Magha-Masi</b>	Sunrise: 6:37AM Sunset: 6:04PM Moon 1 - Phase 42 2nd Phase <b>Devaloka Day</b> <i>Pradosha Vrata (Fasting)</i>

<b>5</b>	<b>Monday, February 20, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Sravana Nakshatra Variyan Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Muscat, Oman
	996797267		Sun 11 Sutra 313 Khara 5113
Makara Rasi: 14.3	Tithi 29	<b>Gulika</b> 1:47PM – 3:13PM <b>Yama</b> 10:55AM – 12:21PM <b>Rahu</b> 8:02AM – 9:28AM	<b>Sravana Until 10:18PM</b> Variyan Until 8:54PM Visti Until 2:37PM <b>Chaturdasi* Until 2:37AM Tue</b>
Family Home Evening Creative Work Amrita Yoga Until 10:18PM then Siddha Yoga Until 11.16PM then Marana Yoga		<b>Ganesha:</b> Light Blue <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Purple <b>Magha-Masi</b>	Sunrise: 6:36AM Sunset: 6:05PM Moon 1 - Phase 42 2nd Phase <b>Devaloka Day</b> Mahasivaratri

	<b>Tuesday, February 21, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Muscat, Oman
	996897267		Sun 12 Sutra 314 Khara 5113
Makara Rasi: 27.35	Tithi 30	<b>Gulika</b> 12:20PM – 1:47PM <b>Yama</b> 9:28AM – 10:54AM <b>Rahu</b> 3:13PM – 4:39PM	<b>Dhanishtha Until 10:45PM</b> Parigha* Until 7:35PM Catuspada Until 2:27PM <b>Amavasya* Until 2:27AM Wed</b>
Routine Work Marana Yoga Until 11.16PM then Siddha Yoga		<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Purple <b>Magha-Masi</b>	Sunrise: 6:36AM Sunset: 6:05PM Moon 1 - Phase 42 Amavasya <b>Sivaloka Day</b>

<b>Retreat Star</b>	<b>Wednesday, February 22, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Muscat, Oman
	996897267		Sun 13 Sutra 315 Khara 5113
Kumbha Rasi: 10.28	Tithi 1	<b>Gulika</b> 10:54AM – 12:20PM <b>Yama</b> 8:01AM – 9:28AM <b>Rahu</b> 12:20PM – 1:47PM	<b>Satabhisha Until 11:35PM</b> Shiva Until 6:38PM Kintughna Until 2:42PM <b>Prathama* Until 2:42AM Thu</b>
Creative Work Siddha Yoga Until 11.15PM then Marana Yoga Until 11:35PM then Siddha Yoga		<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> Yellow Moon – Purple <b>Phalgun-Masi</b>	Sunrise: 6:35AM Sunset: 6:06PM Moon 1 - Phase 42 Prathama <b>Sivaloka Day</b>

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishṇa Yajur Veda, Svetu 6.11. UpM, 95

<b>1</b>	<b>Thursday, February 23, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Siddha Yoga Balava/Kaulava Karana Dvitiya Yam Titau				Muscat, Oman
	Kumbha Rasi: 23.08	Tithi 2	<b>Gulika</b> 9:27AM – 10:54AM	<b>Purvaprostapada* Until 2:25AM Fri</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:34AM</i>	<b>Sun 14</b> <b>Sutra 316</b>	Khara 5113
	916897267		<b>Yama</b> 6:34AM – 8:01AM	<b>Siddha Until 7:00PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:06PM</i>		Moon 1 - Phase 43
Creative Work	Siddha Yoga	<b>Rahu</b> 1:47PM – 3:13PM	<b>Balava Until 4:16PM</b>	<b>Nataraja:</b> Yellow			3rd Phase
			<b>Dvitiya Until 5:21AM Fri</b>	<b>Moon – Clear</b>		<b>Subha Sivaloka Day</b>	
				<b>Phalguna-Masi</b>			

<b>2</b>	<b>Friday, February 24, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Sadhya Yoga Tailila/Gara Karana Tritiya Yam Titau				Muscat, Oman
	Meena Rasi: 5.33	Tithi 3	<b>Gulika</b> 8:00AM – 9:27AM	<b>Uttaraprostapada Until 4:14AM Sat</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:33AM</i>	<b>Sun 15</b> <b>Sutra 317</b>	Khara 5113
	916897267		<b>Yama</b> 3:14PM – 4:40PM	<b>Sadhya Until 6:49PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:07PM</i>		Moon 1 - Phase 43
Creative Work	Siddha Yoga	<b>Rahu</b> 10:53AM – 12:20PM	<b>Taitila Until 5:32PM</b>	<b>Nataraja:</b> Yellow			3rd Phase
Until 4:14AM Sat then Prabalarishta Yoga			<b>Tritiya Until 6:11AM Sat</b>	<b>Moon – Clear</b>		<b>Subha Sivaloka Day</b>	
				<b>Phalguna-Masi</b>			

<b>3</b>	<b>Saturday, February 25, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau				Muscat, Oman
	Meena Rasi: 17.46	Tithi 3 – 4	<b>Gulika</b> 6:32AM – 7:59AM	<b>Revati Until 6:27AM Sun</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:32AM</i>	<b>Sun 16</b> <b>Sutra 318</b>	Khara 5113
	916897267		<b>Yama</b> 1:47PM – 3:14PM	<b>Subha Until 7:02PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:07PM</i>		Moon 1 - Phase 43
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 9:26AM – 10:53AM	<b>Vanija Until 7:17PM</b>	<b>Nataraja:</b> Yellow			3rd Phase
Until 11.15PM then Amrita Yoga			<b>Tritiya Until 6:11AM</b>	<b>Moon – Clear</b>		<b>Subha Sivaloka Day</b>	
Until 6:27AM Sun then Siddha Yoga				<b>Phalguna-Masi</b>			

<b>4</b>	<b>Sunday, February 26, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Asvini Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Muscat, Oman
	Meena Rasi: 29.47	Tithi 4 – 5	<b>Gulika</b> 3:14PM – 4:41PM	<b>Revati Until 6:27AM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:32AM</i>	<b>Sun 17</b> <b>Sutra 319</b>	Khara 5113
	917897267		<b>Yama</b> 12:20PM – 1:47PM	<b>Sukla Until 7:37PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:08PM</i>		Moon 1 - Phase 43
Creative Work	Amrita Yoga	<b>Rahu</b> 4:41PM – 6:08PM	<b>Bava Until 9:26PM</b>	<b>Nataraja:</b> Yellow			3rd Phase
Until 6:27AM then Siddha Yoga			<b>Chaturthi* Until 8:21AM</b>	<b>Moon – Clear</b>		<b>Sivaloka Day</b>	
				<b>Phalguna-Masi</b>			
				<b>Subramuniyaswami Siva Vision Day</b>			

<b>5</b>	<b>Monday, February 27, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Muscat, Oman
	Mesha Rasi: 11.4	Tithi 5 – 6	<b>Gulika</b> 1:47PM – 3:14PM	<b>Asvini Until 9:21AM</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:31AM</i>	<b>Sun 18</b> <b>Sutra 320</b>	Khara 5113
	927897267		<b>Yama</b> 10:52AM – 12:20PM	<b>Brahma Until 8:26PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:08PM</i>		Moon 1 - Phase 43
<b>Family Home Evening</b>		<b>Rahu</b> 7:58AM – 9:25AM	<b>Kaulava Until 11:53PM</b>	<b>Nataraja:</b> Yellow			3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 10:48AM</b>	<b>Moon – White</b>		<b>Devaloka Day</b>	
				<b>Phalguna-Masi</b>			

<b>6</b>	<b>Tuesday, February 28, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Muscat, Oman
	Mesha Rasi: 23.28	Tithi 6 – 7	<b>Gulika</b> 12:19PM – 1:47PM	<b>Bharani Until 12:25PM</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:30AM</i>	<b>Sun 19</b> <b>Sutra 321</b>	Khara 5113
	927897267		<b>Yama</b> 9:25AM – 10:52AM	<b>Indra Until 9:25PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:09PM</i>		Moon 1 - Phase 43
Creative Work	Siddha Yoga	<b>Rahu</b> 3:14PM – 4:42PM	<b>Gara Until 2:31AM Wed</b>	<b>Nataraja:</b> Yellow			3rd Phase
Until 11.15PM then Amrita Yoga			<b>Shasthi* Until 1:25PM</b>	<b>Moon – White</b>		<b>Devaloka Day</b>	
				<b>Phalguna-Masi</b>			

<b>7</b>	<b>Wednesday, February 29, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Muscat, Oman
	<b>Retreat Star</b>		<b>Gulika</b> 10:52AM – 12:19PM	<b>Krittika Until 3:29PM</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:29AM</i>	<b>Sun 20</b> <b>Sutra 322</b>	Khara 5113
	Vrishabha Rasi: 5.16	Tithi 7 – 8	<b>Yama</b> 7:57AM – 9:24AM	<b>Vaidhriti* Until 10:23PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:09PM</i>		Moon 1 - Phase 43
927897267		<b>Rahu</b> 12:19PM – 1:47PM	<b>Visti Until 5:08AM Thu</b>	<b>Nataraja:</b> Yellow			3rd Phase
Creative Work	Amrita Yoga		<b>Saptami Until 4:03PM</b>	<b>Moon – White</b>		<b>Devaloka Day</b>	
Until 3:29PM then Siddha Yoga				<b>Phalguna-Masi</b>			
Until 11.14PM then Marana Yoga							

<b>8</b>	<b>Thursday, March 1, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Bava Karana Ashtami* Yam Titau				Muscat, Oman
	<b>Retreat Star</b>		<b>Gulika</b> 9:23AM – 10:51AM	<b>Rohini Until 6:22PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 6:27AM</i>	<b>Sun 21</b> <b>Sutra 323</b>	Khara 5113
	Vrishabha Rasi: 17.09	Tithi 8	<b>Yama</b> 6:27AM – 7:55AM	<b>Vishkambha* Until 11:11PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:10PM</i>		Moon 1 - Phase 43
937897267		<b>Rahu</b> 1:47PM – 3:15PM	<b>Bava Until 7:34AM Fri</b>	<b>Nataraja:</b> Yellow			Ashtami
Routine Work	Marana Yoga		<b>Ashtami* Until 6:29PM</b>	<b>Moon – Yellow</b>		<b>Sivaloka Day</b>	
Until 11.14PM then Siddha Yoga				<b>Phalguna-Masi</b>			

<b>9</b>	<b>Friday, March 2, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Priti Yoga Balava/Kaulava Karana Navami* Yam Titau				Muscat, Oman
	<b>Retreat Star</b>		<b>Gulika</b> 7:55AM – 9:23AM	<b>Mrigasira Until 8:53PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 6:27AM</i>	<b>Sun 22</b> <b>Sutra 324</b>	Khara 5113
	Vrishabha Rasi: 29.14	Tithi 9	<b>Yama</b> 3:15PM – 4:43PM	<b>Priti Until 11:40PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:11PM</i>		Moon 1 - Phase 43
937897267		<b>Rahu</b> 10:51AM – 12:19PM	<b>Balava Until 7:24AM</b>	<b>Nataraja:</b> Yellow			Navami
Creative Work	Siddha Yoga		<b>Navami* Until 8:30PM</b>	<b>Moon – Yellow</b>		<b>Sivaloka Day</b>	
				<b>Phalguna-Masi</b>			

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

<b>1</b>	<b>Saturday, March 3, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dasami Yam Titau	Muscat, Oman Sun 23 Sutra 325 Khara 5113
	Mithuna Rasi: 11.35      Tithi 10 937897267	<b>Gulika</b> 6:26AM – 7:54AM <b>Yama</b> 1:47PM – 3:15PM <b>Rahu</b> 9:22AM – 10:50AM	<b>Ardra Until 9:32PM</b> Ayushman Until 10:21PM Taitila Until 8:35AM <b>Dasami Until 8:35PM</b>
	Creative Work Siddha Yoga Until 9:32PM then Marana Yoga Until 11.14PM then Siddha Yoga		<b>Ganesha:</b> Red <i>Sunrise:</i> 6:26AM <b>Muruqa:</b> White <i>Sunset:</i> 6:11PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Phalgunu-Masi</b> <b>Sivaloka Day</b>
<b>2</b>	<b>Sunday, March 4, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Muscat, Oman Sun 24 Sutra 326 Khara 5113
	Mithuna Rasi: 24.19      Tithi 11 948897267	<b>Gulika</b> 3:15PM – 4:43PM <b>Yama</b> 12:18PM – 1:47PM <b>Rahu</b> 4:43PM – 6:12PM	<b>Punarvasu Until 10:40PM</b> Saubhagya Until 9:41PM Vanija Until 9:08AM <b>Ekadasi Until 9:08PM</b>
	Creative Work Siddha Yoga		<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:25AM <b>Muruqa:</b> White <i>Sunset:</i> 6:12PM <b>Nataraja:</b> Yellow Moon – Blue <b>Phalgunu-Masi</b> <b>Devaloka Day</b>
<b>3</b>	<b>Monday, March 5, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadasi Yam Titau	Muscat, Oman Sun 25 Sutra 327 Khara 5113
	Kataka Rasi: 7.28      Tithi 12 Family Home Evening 148817267	<b>Gulika</b> 1:47PM – 3:15PM <b>Yama</b> 10:49AM – 12:18PM <b>Rahu</b> 7:52AM – 9:21AM	<b>Pushya Until 9:47PM</b> Sobhana Until 7:19PM Bava Until 8:37AM <b>Dvadasi Until 7:42PM</b>
	Creative Work Siddha Yoga		<b>Ganesha:</b> Green <i>Sunrise:</i> 6:24AM <b>Muruqa:</b> White <i>Sunset:</i> 6:12PM <b>Nataraja:</b> Yellow Moon – Blue <b>Phalgunu-Masi</b> <b>Devaloka Day</b>
<b>4</b>	<b>Tuesday, March 6, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Muscat, Oman Sun 26 Sutra 328 Khara 5113
	Kataka Rasi: 21.04      Tithi 13 148817267	<b>Gulika</b> 12:18PM – 1:46PM <b>Yama</b> 9:20AM – 10:49AM <b>Rahu</b> 3:15PM – 4:44PM	<b>Aslesha* Until 9:19PM</b> Athiganda* Until 5:17PM Kaulava Until 7:30AM <b>Trayodasi Until 6:35PM</b>
	Creative Work Siddha Yoga		<b>Ganesha:</b> Green <i>Sunrise:</i> 6:23AM <b>Muruqa:</b> White <i>Sunset:</i> 6:13PM <b>Nataraja:</b> Yellow Moon – Blue <b>Phalgunu-Masi</b> <b>Devaloka Day</b> <i>Pradosha Vrata</i>
<b>5</b>	<b>Wednesday, March 7, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Muscat, Oman Sun 27 Sutra 329 Khara 5113
	Simha Rasi: 5.07      Tithi 14 – 15 158817267	<b>Gulika</b> 10:49AM – 12:17PM <b>Yama</b> 7:51AM – 9:20AM <b>Rahu</b> 12:17PM – 1:46PM	<b>Magha* Until 8:06PM</b> Sukarma Until 2:33PM Visti Until 3:44AM Thu <b>Chaturdasi* Until 4:40PM</b>
	Creative Work Siddha Yoga Until 8:06PM then Amrita Yoga Until 11.13PM then no yoga	Chidambaram Abhishekam	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:22AM <b>Muruqa:</b> White <i>Sunset:</i> 6:13PM <b>Nataraja:</b> Yellow Moon – Red <b>Phalgunu-Masi</b> <b>Sivaloka Day</b>
<b>○</b>	<b>Thursday, March 8, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Muscat, Oman Sun 27 Sutra 329 Khara 5113
	Simha Rasi: 19.31      Tithi 15 – 16 158817267	<b>Gulika</b> 9:19AM – 10:48AM <b>Yama</b> 6:21AM – 7:50AM <b>Rahu</b> 1:46PM – 3:15PM	<b>Purvaphalguni* Until 5:26PM</b> Dhriti Until 10:53AM Balava Until 11:46PM <b>Purnima* Until 1:28PM</b>
	No Yoga Until 5:26PM then Prabalarishta Yoga Until 11.12PM then Siddha Yoga	Holi	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:21AM <b>Muruqa:</b> White <i>Sunset:</i> 6:13PM <b>Nataraja:</b> Yellow Moon – Red <b>Phalgunu-Masi</b> <b>Sivaloka Day</b>
<b>○</b>	<b>Friday, March 9, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau	Muscat, Oman Sun 27 Sutra 329 Khara 5113
	Kanya Rasi: 4.12      Tithi 16 – 17 158817267	<b>Gulika</b> 7:49AM – 9:19AM <b>Yama</b> 3:15PM – 4:45PM <b>Rahu</b> 10:48AM – 12:17PM	<b>Uttaraphalguni Until 3:16PM</b> Shula* Until 7:22AM Taitila Until 8:53PM <b>Prathama* Until 10:35AM</b>
	Creative Work Siddha Yoga Until 3:16PM then Amrita Yoga Until 11.12PM then Marana Yoga		<b>Ganesha:</b> Red <i>Sunrise:</i> 6:20AM <b>Muruqa:</b> White <i>Sunset:</i> 6:14PM <b>Nataraja:</b> Yellow Moon – Red <b>Phalgunu-Masi</b> <b>Sivaloka Day</b>

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Kṛishṇa Yajur Veda, Maitu 5.2. bo UpH, 423



**Saturday, March 10, 2012**  
**Gold Retreat Star**

Kanya Rasi: 19.02    Tithi 17 - 18  
169817267  
Routine Work    Marana Yoga  
Until 11.12PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Visti\* Karana Dvitiya/Tritiya Yam Titau  
**Gulika**    **6:19AM - 7:49AM**    **Hasta Until 12:54PM**  
**Yama**        **1:46PM - 3:15PM**        **Vriddhi Until 11:38PM**  
**Rahu**        **9:18AM - 10:47AM**        **Visti Until 4:02AM Sun**  
**Dvitiya Until 7:28AM**

Muscat, Oman  
**Sun 1    Sutra 332**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Devaloka Day**  
**Ganesha:** Blue    *Sunrise:* 6:19AM  
**Muruqa:** White    *Sunset:* 6:14PM  
**Nataraja:** Yellow  
Moon - Green  
**Phalguna-Masi**



**Sunday, March 11, 2012**

Tula Rasi: 3.51    Tithi 19  
169817267  
Creative Work    Siddha Yoga  
Until 11.12PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    **3:16PM - 4:45PM**    **Chitra Until 10:31AM**  
**Yama**        **12:16PM - 1:46PM**        **Dhruva Until 7:54PM**  
**Rahu**        **4:45PM - 6:15PM**        **Bava Until 2:38PM**  
**Chaturthi\* Until 12:55AM Mon**

Muscat, Oman  
**Sun 2    Sutra 333**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Devaloka Day**  
**Ganesha:** Blue    *Sunrise:* 6:18AM  
**Muruqa:** White    *Sunset:* 6:15PM  
**Nataraja:** Yellow  
Moon - Green  
**Phalguna-Masi**



**Monday, March 12, 2012**

Tula Rasi: 18.33    Tithi 20  
169817267  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 8:29AM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Visakha Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    **1:46PM - 3:16PM**    **Svati Until 8:29AM**  
**Yama**        **10:46AM - 12:16PM**        **Vyaghata\* Until 5:03PM**  
**Rahu**        **7:47AM - 9:17AM**        **Kaulava Until 12:09PM**  
**Panchami Until 11:13PM**

Muscat, Oman  
**Sun 3    Sutra 334**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Devaloka Day**  
**Ganesha:** Blue    *Sunrise:* 6:17AM  
**Muruqa:** White    *Sunset:* 6:15PM  
**Nataraja:** Yellow  
Moon - Green  
**Phalguna-Masi**



**Tuesday, March 13, 2012**

Wrischika Rasi: 3.02    Tithi 21  
179817267  
Routine Work    Marana Yoga  
Until 6:31AM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Visakha/Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    **12:16PM - 1:46PM**    **Visakha Until 6:31AM**  
**Yama**        **9:16AM - 10:46AM**        **Harshana Until 1:36PM**  
**Rahu**        **3:16PM - 4:46PM**        **Gara Until 9:24AM**  
**Shasthi\* Until 8:29PM**

Muscat, Oman  
**Sun 4    Sutra 335**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Sivaloka Day**  
**Ganesha:** Red    *Sunrise:* 6:16AM  
**Muruqa:** White    *Sunset:* 6:15PM  
**Nataraja:** Yellow  
Moon - Orange  
**Phalguna-Masi**



**Wednesday, March 14, 2012**

Wrischika Rasi: 17.15    Tithi 22  
179817267  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**    **10:46AM - 12:16PM**    **Jyeshtha\* Until 3:52AM Thu**  
**Yama**        **7:45AM - 9:15AM**        **Vajra\* Until 10:36AM**  
**Rahu**        **12:16PM - 1:46PM**        **Visti Until 7:10AM**  
**Saptami Until 6:14PM**

Muscat, Oman  
**Sun 5    Sutra 336**  
Khara 5113  
Moon 2 - Phase 45  
1st Phase  
**Sivaloka Day**  
**Ganesha:** Red    *Sunrise:* 6:15AM  
**Muruqa:** White    *Sunset:* 6:16PM  
**Nataraja:** Yellow  
Moon - Orange  
**Phalguna-Panguni**



**Thursday, March 15, 2012**  
**Retreat Star**

Dhanus Rasi: 1.1    Tithi 23 - 24  
189817268  
Creative Work    Siddha Yoga  
Until 11.10PM then no yoga  
Until 2:52AM Fri then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**    **9:15AM - 10:45AM**    **Mula\* Until 2:52AM Fri**  
**Yama**        **6:14AM - 7:45AM**        **Siddhi Until 8:05AM**  
**Rahu**        **1:46PM - 3:16PM**        **Taitila Until 3:37AM Fri**  
**Ashtami\* Until 4:32PM**

Muscat, Oman  
**Sun 6    Sutra 337**  
Khara 5113  
Moon 2 - Phase 45  
Ashtami  
**Sivaloka Day**  
**Ganesha:** Green    *Sunrise:* 6:14AM  
**Muruqa:** White    *Sunset:* 6:16PM  
**Nataraja:** White  
Moon - Light Blue  
**Phalguna-Panguni**

**Friday, March 16, 2012**  
**Retreat Star**

Dhanus Rasi: 14.47    Tithi 24 - 25  
189817268  
Creative Work    Siddha Yoga  
Until 11.10PM then Marana Yoga  
Until 3:56AM Sat then no yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Vyatipata\*/Variyan Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau  
**Gulika**    **7:44AM - 9:14AM**    **Purvashadha\* Until 3:56AM Sat**  
**Yama**        **3:16PM - 4:46PM**        **Vyatipata\* Until 6:01AM**  
**Rahu**        **10:45AM - 12:15PM**        **Vanija Until 4:09AM Sat**  
**Navami\* Until 4:09PM**

Muscat, Oman  
**Sun 7    Sutra 338**  
Khara 5113  
Moon 2 - Phase 45  
Navami  
**Sivaloka Day**  
**Ganesha:** Green    *Sunrise:* 6:13AM  
**Muruqa:** White    *Sunset:* 6:17PM  
**Nataraja:** White  
Moon - Light Blue  
**Phalguna-Panguni**


<b>1</b>	<b>Saturday, March 17, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Muscat, Oman
	Dhanus Rasi: 28.09    Tithi 25 – 26 No Yoga Until 11.10PM then Amrita Yoga	<b>Gulika</b> 6:12AM – 7:43AM <b>Yama</b> 1:45PM – 3:16PM <b>Rahu</b> 9:14AM – 10:44AM	<b>Sun 8 Sutra 339</b> Khara 5113 Moon 2 - Phase 46 2nd Phase <b>Sivaloka Day</b>

<b>2</b>	<b>Sunday, March 18, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Sravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Muscat, Oman
	Makara Rasi: 11.17    Tithi 26 – 27 Creative Work Amrita Yoga Until 4:15AM Mon then Siddha Yoga	<b>Gulika</b> 3:16PM – 4:47PM <b>Yama</b> 12:14PM – 1:45PM <b>Rahu</b> 4:47PM – 6:17PM	<b>Sun 9 Sutra 340</b> Khara 5113 Moon 2 - Phase 46 2nd Phase <b>Subha Subha Sivaloka Day</b>

<b>3</b>	<b>Monday, March 19, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Muscat, Oman
	Makara Rasi: 24.13    Tithi 27 – 28 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 11.09PM then Marana Yoga	<b>Gulika</b> 1:45PM – 3:16PM <b>Yama</b> 10:43AM – 12:14PM <b>Rahu</b> 7:41AM – 9:12AM	<b>Sun 10 Sutra 341</b> Khara 5113 Moon 2 - Phase 46 2nd Phase <b>Subha Subha Sivaloka Day</b>

<b>4</b>	<b>Tuesday, March 20, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Satabhisha Nakshatra Sadhya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Muscat, Oman
	Kumbha Rasi: 6.57    Tithi 28 – 29 Routine Work Marana Yoga Until 11.09PM then Siddha Yoga Until 6:59AM Wed then Amrita Yoga	<b>Gulika</b> 12:14PM – 1:45PM <b>Yama</b> 9:12AM – 10:43AM <b>Rahu</b> 3:16PM – 4:47PM	<b>Sun 11 Sutra 342</b> Khara 5113 Moon 2 - Phase 46 2nd Phase <b>Subha Subha Sivaloka Day</b>

<b>5</b>	<b>Wednesday, March 21, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Muscat, Oman
	Kumbha Rasi: 19.31    Tithi 29 – 30 Creative Work Siddha Yoga Until 6:59AM then Amrita Yoga Until 11.09PM then Siddha Yoga	<b>Gulika</b> 10:42AM – 12:14PM <b>Yama</b> 7:40AM – 9:11AM <b>Rahu</b> 12:14PM – 1:45PM	<b>Sun 12 Sutra 343</b> Khara 5113 Moon 2 - Phase 46 2nd Phase <b>Subha Subha Sivaloka Day</b>

	<b>Thursday, March 22, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Sukla Yoga Naga* Karana Amavasya* Yam Titau	Muscat, Oman
	<b>Retreat Star</b> Meena Rasi: 1.53    Tithi 30 Creative Work Siddha Yoga	<b>Gulika</b> 9:10AM – 10:42AM <b>Yama</b> 6:08AM – 7:39AM <b>Rahu</b> 1:45PM – 3:16PM	<b>Sun 13 Sutra 344</b> Khara 5113 Moon 2 - Phase 46 Amavasya <b>Subha Sivaloka Day</b>

	<b>Friday, March 23, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Muscat, Oman
	<b>Retreat Star</b> Meena Rasi: 14.06    Tithi 1 Creative Work Siddha Yoga Until 11.08PM then Prabalarishta Yoga	<b>Gulika</b> 7:38AM – 9:10AM <b>Yama</b> 3:16PM – 4:48PM <b>Rahu</b> 10:41AM – 12:13PM	<b>Sun 14 Sutra 345</b> Khara 5113 Moon 2 - Phase 46 Prathama <b>Subha Sivaloka Day</b>

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %oig Veda 1.89.8. RvP, 287

<b>1</b>	<b>Saturday, March 24, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Muscat, Oman
	Sun 15	<b>Sutra 346</b> Khara 5113	
Meena Rasi: 26.1	Tithi 2		
	111917268		
Routine Work	Prabalarishta Yoga		
Until 1:40PM then Siddha Yoga	Chellappaswami Mahasamadhi	<b>Revati Until 1:40PM</b> Indra Until 1:44AM Sun Balava Until 9:36AM Dvitiya Until 10:42PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Clear <b>Chaitra•Panguni</b>
			<b>Subha Sivaloka Day</b>


<b>2</b>	<b>Sunday, March 25, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Tritiya Yam Titau	Muscat, Oman
	Sun 16	<b>Sutra 347</b> Khara 5113	
Mesha Rasi: 8.05	Tithi 3		
	121917268		
Creative Work	Siddha Yoga		
Until 4:29PM then no yoga		<b>Asvini Until 4:29PM</b> Vaidhriti* Until 2:30AM Mon Tailila Until 11:56AM Tritiya Until 1:01AM Mon	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – White <b>Chaitra•Panguni</b>
Until 11.07PM then Siddha Yoga			<b>Subha Sivaloka Day</b>


<b>3</b>	<b>Monday, March 26, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Vishkambha* Yoga Vanija/Visi* Karana Chaturthi* Yam Titau	Muscat, Oman
	Sun 17	<b>Sutra 348</b> Khara 5113	
Mesha Rasi: 19.55	Tithi 4		
	121917268		
<b>Family Home Evening</b>			
Creative Work	Siddha Yoga		
Until 7:30PM then no yoga		<b>Bharani Until 7:30PM</b> Vishkambha* Until 3:27AM Tue Vanija Until 2:28PM Chaturthi* Until 3:34AM Tue	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – White <b>Chaitra•Panguni</b>
Until 11.07PM then Siddha Yoga			<b>Subha Sivaloka Day</b>

<b>4</b>	<b>Tuesday, March 27, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau	Muscat, Oman
	Sun 18	<b>Sutra 349</b> Khara 5113	
Wrishabha Rasi: 1.41	Tithi 5		
	121917268		
Creative Work	Siddha Yoga		
Until 10:37PM then Amrita Yoga		<b>Krittika Until 10:37PM</b> Priti Until 4:30AM Wed Bava Until 5:07PM Panchami Until 6:39AM Wed	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – White <b>Chaitra•Panguni</b>
Until 11.07PM then Siddha Yoga			<b>Subha Sivaloka Day</b>

<b>5</b>	<b>Wednesday, March 28, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Muscat, Oman
	Sun 19	<b>Sutra 350</b> Khara 5113	
Wrishabha Rasi: 13.29	Tithi 5 – 6		
	132917268		
Creative Work	Siddha Yoga		
Until 11.06PM then Marana Yoga		<b>Rohini Until 1:43AM Thu</b> Ayushman Until 5:32AM Thu Kaulava Until 7:45PM Panchami Until 6:39AM	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Yellow <b>Chaitra•Panguni</b>
			<b>Subha Sivaloka Day</b>

<b>6</b>	<b>Thursday, March 29, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Saubhagya Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau	Muscat, Oman
	Sun 20	<b>Sutra 351</b> Khara 5113	
Wrishabha Rasi: 25.21	Tithi 6 – 7		
	132917268		
Routine Work	Marana Yoga		
Until 11.06PM then Siddha Yoga		<b>Mrigasira Until 4:38AM Fri</b> Saubhagya Until 6:19AM Fri Gara Until 10:10PM Shasthi* Until 9:05AM	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Yellow <b>Chaitra•Panguni</b>
			<b>Subha Sivaloka Day</b>

	<b>Friday, March 30, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visi* Karana Saptami/Ashtami* Yam Titau	Muscat, Oman
	Sun 21	<b>Sutra 352</b> Khara 5113	
Mithuna Rasi: 7.24	Tithi 7 – 8		
	132917268		
Creative Work	Siddha Yoga		
Until 6:31AM Sat then Marana Yoga		<b>Ardra Until 6:31AM Sat</b> Saubhagya Until 6:19AM Visi* Until 12:13AM Sat Saptami Until 11:08AM	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Yellow <b>Chaitra•Panguni</b>
			<b>Subha Sivaloka Day</b>

	<b>Saturday, March 31, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Muscat, Oman
	Sun 22	<b>Sutra 353</b> Khara 5113	
Mithuna Rasi: 19.43	Tithi 8 – 9		
	132917268		
Creative Work	Siddha Yoga		
Until 6:31AM then Marana Yoga		<b>Ardra Until 6:31AM</b> Sobhana Until 6:21AM Balava Until 12:02AM Sun Ashtami* Until 12:02PM	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Yellow <b>Chaitra•Panguni</b>
Until 11.06PM then Siddha Yoga	Sri Rama Navami		<b>Subha Sivaloka Day</b>

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. UpP,95

<b>1</b>	<b>Sunday, April 1, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Muscat, Oman
	Kataka Rasi: 2.23    Tithi 9 – 10 142917268	<b>Gulika</b> 3:16PM – 4:49PM <b>Yama</b> 12:11PM – 1:43PM <b>Rahu</b> 4:49PM – 6:22PM	<b>Punarvasu</b> Until 7:44AM Sukarma Until 4:39AM Mon Taitila Until 12:40AM Mon <b>Navami*</b> Until 12:40PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:59AM <b>Muruqa:</b> White <i>Sunset:</i> 6:22PM <b>Nataraja:</b> White Moon – Blue <b>Chaitra•Panguni</b>	<b>Sun 23</b> <b>Sutra 354</b> Khara 5113 Moon 2 - Phase 48 4th Phase <b>Sivaloka Day</b>
	Creative Work    Siddha Yoga				

<b>2</b>	<b>Monday, April 2, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Aslesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Muscat, Oman
	Kataka Rasi: 15.29    Tithi 10 – 11 <b>Family Home Evening</b> 142917268 Creative Work    Siddha Yoga	<b>Gulika</b> 1:43PM – 3:16PM <b>Yama</b> 10:37AM – 12:10PM <b>Rahu</b> 7:31AM – 9:04AM	<b>Pushya</b> Until 8:01AM Dhriti Until 1:56AM Tue Vanija Until 11:01PM <b>Dasami</b> Until 11:57AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:58AM <b>Muruqa:</b> White <i>Sunset:</i> 6:23PM <b>Nataraja:</b> White Moon – Blue <b>Chaitra•Panguni</b>	<b>Sun 24</b> <b>Sutra 355</b> Khara 5113 Moon 2 - Phase 48 4th Phase <b>Sivaloka Day</b>
		<b>Yogaswami Mahasamadhi</b>			

<b>3</b>	<b>Tuesday, April 3, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau		Muscat, Oman
	Kataka Rasi: 29.04    Tithi 11 – 12 142917268	<b>Gulika</b> 12:10PM – 1:43PM <b>Yama</b> 9:03AM – 10:37AM <b>Rahu</b> 3:17PM – 4:50PM	<b>Aslesha*</b> Until 7:35AM Shula* Until 11:58PM Bava Until 9:56PM <b>Ekadasi</b> Until 10:51AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:57AM <b>Muruqa:</b> White <i>Sunset:</i> 6:23PM <b>Nataraja:</b> White Moon – Blue <b>Chaitra•Panguni</b>	<b>Sun 25</b> <b>Sutra 356</b> Khara 5113 Moon 2 - Phase 48 4th Phase <b>Sivaloka Day</b>
	Creative Work    Siddha Yoga				

<b>4</b>	<b>Wednesday, April 4, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau		Muscat, Oman
	Simha Rasi: 13.08    Tithi 12 – 13 152917268	<b>Gulika</b> 10:36AM – 12:10PM <b>Yama</b> 7:29AM – 9:03AM <b>Rahu</b> 12:10PM – 1:43PM	<b>Magha*</b> Until 6:19AM Ganda* Until 9:13PM Kaulava Until 6:57PM <b>Dvadasi</b> Until 8:40AM <i>Pradosha Vrata</i>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:56AM <b>Muruqa:</b> White <i>Sunset:</i> 6:23PM <b>Nataraja:</b> White Moon – Red <b>Chaitra•Panguni</b>	<b>Sun 26</b> <b>Sutra 357</b> Khara 5113 Moon 2 - Phase 48 4th Phase <b>Subha Sivaloka Day</b>
	Creative Work    Siddha Yoga Until 6:19AM then Amrita Yoga Until 11:05PM then no yoga				

<b>5</b>	<b>Thursday, April 5, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vriddhi/Dhruva Yoga Taitila/Vanija Karana Trayodasi/Chaturdasi* Yam Titau		Muscat, Oman
	Simha Rasi: 27.38    Tithi 13 – 14 152917268	<b>Gulika</b> 9:02AM – 10:36AM <b>Yama</b> 5:55AM – 7:28AM <b>Rahu</b> 1:43PM – 3:17PM	<b>Uttaraphalguni</b> Until 1:47AM Fri Vriddhi Until 5:03PM Vanija Until 2:38AM Fri <b>Trayodasi</b> Until 6:04AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:55AM <b>Muruqa:</b> White <i>Sunset:</i> 6:24PM <b>Nataraja:</b> White Moon – Red <b>Chaitra•Panguni</b>	<b>Sun 27</b> <b>Sutra 358</b> Khara 5113 Moon 2 - Phase 48 4th Phase <b>Subha Sivaloka Day</b>
	Routine Work    Prabalarishta Yoga Until 11:04PM then Siddha Yoga Until 1:47AM Fri then Amrita Yoga				

<b>○</b>	<b>Friday, April 6, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau		Muscat, Oman
	<b>Copper Retreat Star</b> Kanya Rasi: 12.29    Tithi 15 162917268	<b>Gulika</b> 7:28AM – 9:02AM <b>Yama</b> 3:17PM – 4:50PM <b>Rahu</b> 10:35AM – 12:09PM	<b>Hasta</b> Until 11:22PM Dhruva Until 1:18PM Visti Until 1:09PM <b>Purnima*</b> Until 11:26PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:54AM <b>Muruqa:</b> White <i>Sunset:</i> 6:24PM <b>Nataraja:</b> White Moon – Green <b>Chaitra•Panguni</b>	<b>Sutra 359</b> Khara 5113 Moon 2 - Phase 48 Purnima <b>Sivaloka Day</b>
	Creative Work    Amrita Yoga Until 11:04PM then Marana Yoga	<b>Panguni Uttiram</b> <b>Hanuman Jayanti</b>			

<b>○</b>	<b>Saturday, April 7, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathama* Yam Titau		Muscat, Oman
	<b>Silver Retreat Star</b> Kanya Rasi: 27.33    Tithi 16 162917268	<b>Gulika</b> 5:53AM – 7:27AM <b>Yama</b> 1:43PM – 3:17PM <b>Rahu</b> 9:01AM – 10:35AM	<b>Chitra</b> Until 8:35PM Vyaghata* Until 9:13AM Balava Until 9:35AM <b>Prathama*</b> Until 7:52PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:53AM <b>Muruqa:</b> White <i>Sunset:</i> 6:25PM <b>Nataraja:</b> White Moon – Green <b>Chaitra•Panguni</b>	<b>Sutra 360</b> Khara 5113 Moon 2 - Phase 48 Prathama <b>Sivaloka Day</b>
	Routine Work    Marana Yoga Until 8:35PM then Siddha Yoga				

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda 7.52.1





**Sunday, April 8, 2012**  
**Gold Retreat Star**

Tula Rasi: 12.41      Tithi 17 – 18  
162917268  
Creative Work    Siddha Yoga  
Until 5:42PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Visakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika**    3:17PM – 4:51PM    **Svati Until 5:42PM**  
**Yama**        12:09PM – 1:43PM    **Vajra\* Until 1:02AM Mon**  
**Rahu**        4:51PM – 6:25PM      **Vanija Until 2:27AM Mon**  
**Dvitiya Until 4:10PM**

**Ganesha:** White    *Sunrise: 5:52AM*  
**Muruqa:** White    *Sunset: 6:25PM*  
**Nataraja:** White  
Moon – Green  
**Chaitra•Panguni**

Muscat, Oman  
**Sun 1    Sutra 361**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Sivaloka Day**

**1**

**Monday, April 9, 2012**

Tula Rasi: 27.44      Tithi 18 – 19  
172917268  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 2:57PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Visakha/Anuradha Nakshatra Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika**    1:43PM – 3:17PM    **Visakha Until 2:57PM**  
**Yama**        10:34AM – 12:08PM    **Siddhi Until 8:59PM**  
**Rahu**        7:25AM – 9:00AM      **Bava Until 10:55PM**  
**Tritiya Until 12:37PM**

**Ganesha:** Clear      *Sunrise: 5:51AM*  
**Muruqa:** White    *Sunset: 6:25PM*  
**Nataraja:** White  
Moon – Orange  
**Chaitra•Panguni**

Muscat, Oman  
**Sun 2    Sutra 362**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Subha Sivaloka Day**

**2**

**Tuesday, April 10, 2012**

Vrischika Rasi: 12.34      Tithi 19 – 20  
172117268  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\*/Variyan Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika**    12:08PM – 1:42PM    **Anuradha Until 12:33PM**  
**Yama**        8:59AM – 10:34AM    **Vyatipata\* Until 6:01PM**  
**Rahu**        3:17PM – 4:51PM      **Kaulava Until 7:45PM**  
**Chaturthi\* Until 9:28AM**

**Ganesha:** Red        *Sunrise: 5:50AM*  
**Muruqa:** White    *Sunset: 6:26PM*  
**Nataraja:** White  
Moon – Orange  
**Chaitra•Panguni**

Muscat, Oman  
**Sun 3    Sutra 363**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Subha Sivaloka Day**

**3**

**Wednesday, April 11, 2012**

Vrischika Rasi: 27.04      Tithi 20 – 21  
173117268  
Creative Work    Siddha Yoga  
Until 11:01AM then Marana Yoga  
Until 11:03PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Variyan/Parigha\* Yoga Taitila/Vanija Karana Panchami/Shasthi\* Yam Titau  
**Gulika**    10:33AM – 12:08PM    **Jyeshtha\* Until 11:01AM**  
**Yama**        7:24AM – 8:58AM      **Variyan Until 2:34PM**  
**Rahu**        12:08PM – 1:42PM      **Vanija Until 5:04AM Thu**  
**Panchami Until 6:55AM**

**Ganesha:** Blue        *Sunrise: 5:49AM*  
**Muruqa:** White    *Sunset: 6:26PM*  
**Nataraja:** White  
Moon – Orange  
**Chaitra•Panguni**

Muscat, Oman  
**Sun 4    Sutra 364**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Subha Subha Sivaloka Day**

**4**

**Thursday, April 12, 2012**

Dhanus Rasi: 11.12      Tithi 22  
183117268  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**    8:58AM – 10:33AM    **Mula\* Until 9:39AM**  
**Yama**        5:48AM – 7:23AM      **Parigha\* Until 11:44AM**  
**Rahu**        1:42PM – 3:17PM      **Visti Until 3:53PM**  
**Saptami Until 2:57AM Fri**

**Ganesha:** Red        *Sunrise: 5:48AM*  
**Muruqa:** White    *Sunset: 6:27PM*  
**Nataraja:** White  
Moon – Light Blue  
**Chaitra•Panguni**

Muscat, Oman  
**Sun 5    Sutra 365**  
Khara 5113  
Moon 3 - Phase 49  
1st Phase  
**Subha Sivaloka Day**



**Friday, April 13, 2012**  
**Retreat Star**

Dhanus Rasi: 24.56      Tithi 23  
183117268  
Creative Work    Siddha Yoga  
Until 11:02PM then no yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    7:22AM – 8:57AM    **Purvashadha\* Until 9:12AM**  
**Yama**        3:17PM – 4:52PM      **Shiva Until 9:47AM**  
**Rahu**        10:32AM – 12:07PM    **Balava Until 3:12PM**  
**Ashtami\* Until 3:12AM Sat**

**Ganesha:** Red        *Sunrise: 5:47AM*  
**Muruqa:** White    *Sunset: 6:27PM*  
**Nataraja:** White  
Moon – Light Blue  
**Chaitra•Chaitra**

Muscat, Oman  
**Sun 6    Sutra 1**  
Nandana 5114  
Moon 3 - Phase 49  
Ashtami  
**Subha Sivaloka Day**

**Saturday, April 14, 2012**  
**Retreat Star**

Makara Rasi: 8.17      Tithi 24  
283117268  
No Yoga  
Until 9:10AM then Siddha Yoga  
Until 11:02PM then Amrita Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Sravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika**    5:47AM – 7:22AM    **Uttarashadha Until 9:10AM**  
**Yama**        1:42PM – 3:17PM      **Siddha Until 8:04AM**  
**Rahu**        8:57AM – 10:32AM    **Taitila Until 2:27PM**  
**Navami\* Until 2:27AM Sun**

**Ganesha:** Blue        *Sunrise: 5:47AM*  
**Muruqa:** White    *Sunset: 6:27PM*  
**Nataraja:** White  
Moon – Light Blue  
**Chaitra•Chaitra**

Muscat, Oman  
**Sun 7    Sutra 2**  
Nandana 5114  
Moon 3 - Phase 49  
Navami  
**Subha Subha Sivaloka Day**

Chidambaram Abhishekam

**1 Sunday, April 15, 2012**  
 Makara Rasi: 21.19      Tithi 25  
 293117268  
 Creative Work    Amrita Yoga  
 Until 9:44AM then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Sravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Dasami Yam Titau

**Gulika**    3:17PM – 4:52PM    **Sravana Until 9:44AM**    **Ganesha:** Red    *Sunrise: 5:46AM*  
**Yama**      12:07PM – 1:42PM    **Sadhya Until 6:55AM**    **Muruqa:** White    *Sunset: 6:28PM*  
**Rahu**       4:52PM – 6:28PM    **Vanija Until 2:21PM**    **Nataraja:** White  
**Dasami Until 2:21AM Mon**    **Chaitra-Chaitra**    **Subha Sivaloka Day**

Muscat, Oman      **Sun 8**      **Sutra 3**  
 Nandana 5114  
 Moon 3 - Phase 1  
 2nd Phase

**2 Monday, April 16, 2012**  
 Kumbha Rasi: 4.03      Tithi 26  
**Family Home Evening**      293117268  
 Creative Work    Siddha Yoga  
 Until 11.01PM then Marana Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Dhanishtha/Satabhisha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ekadasi\* Yam Titau

**Gulika**    1:42PM – 3:17PM    **Dhanishtha Until 10:50AM**    **Ganesha:** Red    *Sunrise: 5:45AM*  
**Yama**      10:31AM – 12:06PM    **Subha Until 6:16AM**    **Muruqa:** White    *Sunset: 6:28PM*  
**Rahu**       7:20AM – 8:56AM    **Bava Until 2:50PM**    **Nataraja:** White  
**Ekadasi\* Until 2:50AM Tue**    **Chaitra-Chaitra**    **Subha Sivaloka Day**

Muscat, Oman      **Sun 9**      **Sutra 4**  
 Nandana 5114  
 Moon 3 - Phase 1  
 2nd Phase

**3 Tuesday, April 17, 2012**  
 Kumbha Rasi: 16.34      Tithi 27  
 293117268  
 Routine Work    Marana Yoga  
 Until 11.01PM then Amrita Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Satabhisha/Purvaprostapada\* Nakshatra Brahma Yoga Kaulava/Tailila Karana Dvadasi\* Yam Titau

**Gulika**    12:06PM – 1:42PM    **Satabhisha Until 12:53PM**    **Ganesha:** Red    *Sunrise: 5:44AM*  
**Yama**      8:55AM – 10:31AM    **Brahma Until 6:05AM Wed**    **Muruqa:** White    *Sunset: 6:29PM*  
**Rahu**       3:17PM – 4:53PM    **Kaulava Until 4:40PM**    **Nataraja:** White  
**Dvdadasi\* Until 5:45AM Wed**    **Chaitra-Chaitra**    **Subha Sivaloka Day**

Muscat, Oman      **Sun 10**      **Sutra 5**  
 Nandana 5114  
 Moon 3 - Phase 1  
 2nd Phase

**4 Wednesday, April 18, 2012**  
 Kumbha Rasi: 28.52      Tithi 28  
 213117268  
 Creative Work    Amrita Yoga  
 Until 2:56PM then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Purvaprostapada\*/Uttaraprostapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodasi\* Yam Titau

**Gulika**    10:30AM – 12:06PM    **Purvaprostapada\* Until 2:56PM**    **Ganesha:** Clear    *Sunrise: 5:43AM*  
**Yama**      7:19AM – 8:55AM    **Brahma Until 6:05AM**    **Muruqa:** White    *Sunset: 6:29PM*  
**Rahu**       12:06PM – 1:42PM    **Gara Until 6:07PM**    **Nataraja:** White  
**Trayodasi\* Until 6:50AM Thu**    **Chaitra-Chaitra**    **Subha Sivaloka Day**

Muscat, Oman      **Sun 11**      **Sutra 6**  
 Nandana 5114  
 Moon 3 - Phase 1  
 2nd Phase


*Pradosha Vrata (Fasting)*

**5 Thursday, April 19, 2012**  
 Meena Rasi: 11.01      Tithi 28 – 29  
 213117268  
 Creative Work    Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
 Uttaraprostapada\*/Revati Nakshatra Indra/Vaidhriti\* Yoga Vanija/Visti\* Karana Trayodasi\*/Chaturdasi\* Yam Titau

**Gulika**    8:54AM – 10:30AM    **Uttaraprostapada Until 5:18PM**    **Ganesha:** Clear    *Sunrise: 5:42AM*  
**Yama**      5:42AM – 7:18AM    **Indra Until 6:27AM**    **Muruqa:** White    *Sunset: 6:29PM*  
**Rahu**       1:42PM – 3:18PM    **Visti Until 7:56PM**    **Nataraja:** White  
**Trayodasi\* Until 6:50AM**    **Chaitra-Chaitra**    **Subha Sivaloka Day**

Muscat, Oman      **Sun 12**      **Sutra 7**  
 Nandana 5114  
 Moon 3 - Phase 1  
 2nd Phase

**Friday, April 20, 2012**  
 **Retreat Star**  
 Meena Rasi: 23.02      Tithi 29 – 30  
 213117268  
 Creative Work    Siddha Yoga  
 Until 7:56PM then Amrita Yoga  
 Until 11.01PM then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Revati Nakshatra Vaidhriti\*/Vishkambha\* Yoga Sakuni\*/Catuspada\* Karana Chaturdasi\*/Amavasya\* Yam Titau

**Gulika**    7:17AM – 8:53AM    **Revati Until 7:56PM**    **Ganesha:** Clear    *Sunrise: 5:41AM*  
**Yama**      3:18PM – 4:54PM    **Vaidhriti\* Until 7:05AM**    **Muruqa:** White    *Sunset: 6:30PM*  
**Rahu**       10:30AM – 12:06PM    **Catuspada Until 10:01PM**    **Nataraja:** White  
**Chaturdasi\* Until 8:56AM**    **Chaitra-Chaitra**    **Subha Sivaloka Day**

Muscat, Oman      **Sun 13**      **Sutra 8**  
 Nandana 5114  
 Moon 3 - Phase 1  
 Amavasya

**Saturday, April 21, 2012**  
**Retreat Star**  
 Mesha Rasi: 4.56      Tithi 30 – 1  
 223117268  
 Creative Work    Siddha Yoga  
 Until 11.00PM then no yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam  
 Asvini Nakshatra Vishkambha\*/Priti Yoga Naga\*/Kintughna\* Karana Amavasya\*/Prathama\* Yam Titau

**Gulika**    5:41AM – 7:17AM    **Asvini Until 10:47PM**    **Ganesha:** Orange    *Sunrise: 5:41AM*  
**Yama**      1:42PM – 3:18PM    **Vishkambha\* Until 7:55AM**    **Muruqa:** White    *Sunset: 6:30PM*  
**Rahu**       8:53AM – 10:29AM    **Kintughna Until 12:21AM Sun**    **Nataraja:** White  
**Amavasya\* Until 11:15AM**    **Vaisaka-Chaitra**    **Subha Sivaloka Day**

Muscat, Oman      **Sun 14**      **Sutra 9**  
 Nandana 5114  
 Moon 3 - Phase 1  
 Prathama

<b>1</b>	<b>Sunday, April 22, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau				Muscat, Oman
	Mesha Rasi: 16.46      Tithi 1 – 2 223117268	<b>Gulika</b> 3:18PM – 4:54PM <b>Yama</b> 12:05PM – 1:42PM <b>Rahu</b> 4:54PM – 6:31PM	<b>Bharani Until 1:47AM Mon</b> Priti Until 8:53AM Balava Until 2:51AM Mon <b>Prathama* Until 1:45PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:40AM <b>Muruqa:</b> White <i>Sunset:</i> 6:31PM <b>Nataraja:</b> White Moon – White <b>Vaisaka-Chaitra</b>	<b>Sun 15</b> <b>Sutra 10</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase	
No Yoga Until 11.00PM then Siddha Yoga Until 1:47AM Mon then no yoga		<b>Subha Sivaloka Day</b>				

<b>2</b>	<b>Monday, April 23, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau				Muscat, Oman
	Mesha Rasi: 28.34      Tithi 2 – 3 <b>Family Home Evening</b> 223117268	<b>Gulika</b> 1:41PM – 3:18PM <b>Yama</b> 10:28AM – 12:05PM <b>Rahu</b> 7:15AM – 8:52AM	<b>Krittika Until 4:53AM Tue</b> Ayushman Until 9:57AM Taitila Until 5:27AM Tue <b>Dvitiya Until 4:21PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:39AM <b>Muruqa:</b> White <i>Sunset:</i> 6:31PM <b>Nataraja:</b> White Moon – White <b>Vaisaka-Chaitra</b>	<b>Sun 16</b> <b>Sutra 11</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase	
No Yoga Until 11.00PM then Siddha Yoga Until 4:53AM Tue then Amrita Yoga		<b>Subha Sivaloka Day</b>				

<b>3</b>	<b>Tuesday, April 24, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Gara Karana Tritiya Yam Titau				Muscat, Oman
	Wrishabha Rasi: 10.2      Tithi 3 233117269	<b>Gulika</b> 12:05PM – 1:41PM <b>Yama</b> 8:51AM – 10:28AM <b>Rahu</b> 3:18PM – 4:55PM	<b>Rohini Until 8:20AM Wed</b> Saubhagya Until 11:01AM Gara Until 8:03AM Wed <b>Tritiya Until 6:57PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:38AM <b>Muruqa:</b> White <i>Sunset:</i> 6:31PM <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sun 17</b> <b>Sutra 12</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase	
Creative Work      Amrita Yoga Until 11.00PM then Siddha Yoga		<b>Sivaloka Day</b>				

<b>4</b>	<b>Wednesday, April 25, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigasira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau				Muscat, Oman
	Wrishabha Rasi: 22.1      Tithi 4 234117269	<b>Gulika</b> 10:28AM – 12:05PM <b>Yama</b> 7:14AM – 8:51AM <b>Rahu</b> 12:05PM – 1:41PM	<b>Rohini Until 8:20AM</b> Sobhana Until 12:00PM Vanija Until 8:22AM <b>Chaturthi* Until 9:28PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:37AM <b>Muruqa:</b> White <i>Sunset:</i> 6:32PM <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sun 18</b> <b>Sutra 13</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase	
Creative Work      Siddha Yoga Until 11.00PM then Marana Yoga		<b>Devaloka Day</b>				

<b>5</b>	<b>Thursday, April 26, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchami Yam Titau				Muscat, Oman
	Mithuna Rasi: 4.05      Tithi 5 234117269	<b>Gulika</b> 8:51AM – 10:27AM <b>Yama</b> 5:37AM – 7:14AM <b>Rahu</b> 1:41PM – 3:18PM	<b>Mrigasira Until 11:09AM</b> Athiganda* Until 12:48PM Bava Until 10:40AM <b>Panchami Until 11:45PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:37AM <b>Muruqa:</b> White <i>Sunset:</i> 6:32PM <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sun 19</b> <b>Sutra 14</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase	
Routine Work      Marana Yoga Until 10.59PM then Siddha Yoga		<b>Devaloka Day</b>				

<b>6</b>	<b>Friday, April 27, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shasthi* Yam Titau				Muscat, Oman
	Mithuna Rasi: 16.11      Tithi 6 234117269	<b>Gulika</b> 7:13AM – 8:50AM <b>Yama</b> 3:19PM – 4:56PM <b>Rahu</b> 10:27AM – 12:04PM	<b>Ardra Until 1:38PM</b> Sukarma Until 1:18PM Kaulava Until 12:35PM <b>Shasthi* Until 1:40AM Sat</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:36AM <b>Muruqa:</b> White <i>Sunset:</i> 6:33PM <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sun 20</b> <b>Sutra 15</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase	
Creative Work      Siddha Yoga Until 10.59PM then Marana Yoga		<b>Devaloka Day</b>				

<b>Retreat Star</b>	<b>Saturday, April 28, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau				Muscat, Oman
	Mithuna Rasi: 28.31      Tithi 7 244117269	<b>Gulika</b> 5:35AM – 7:12AM <b>Yama</b> 1:41PM – 3:19PM <b>Rahu</b> 8:50AM – 10:27AM	<b>Punarvasu Until 2:54PM</b> Dhriti Until 12:50PM Gara Until 1:19PM <b>Saptami Until 1:19AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:35AM <b>Muruqa:</b> White <i>Sunset:</i> 6:33PM <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sun 21</b> <b>Sutra 16</b> Nandana 5114 Moon 3 - Phase 2 3rd Phase	
Routine Work      Marana Yoga Until 2:54PM then Siddha Yoga		<b>Sivaloka Day</b>				

<b>Retreat Star</b>	<b>Sunday, April 29, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau				Muscat, Oman
	Kataka Rasi: 11.09      Tithi 8 244117269	<b>Gulika</b> 3:19PM – 4:56PM <b>Yama</b> 12:04PM – 1:41PM <b>Rahu</b> 4:56PM – 6:34PM	<b>Pushya Until 4:11PM</b> Shula* Until 12:21PM Visti Until 1:59PM <b>Ashtami* Until 1:59AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:34AM <b>Muruqa:</b> White <i>Sunset:</i> 6:34PM <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sun 22</b> <b>Sutra 17</b> Nandana 5114 Moon 3 - Phase 2 Ashtami	
Creative Work      Siddha Yoga		<b>Sivaloka Day</b>				

<b>Retreat Star</b>	<b>Monday, April 30, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navami* Yam Titau				Muscat, Oman
	Kataka Rasi: 24.11      Tithi 9 <b>Family Home Evening</b> 244117269	<b>Gulika</b> 1:41PM – 3:19PM <b>Yama</b> 10:26AM – 12:04PM <b>Rahu</b> 7:11AM – 8:49AM	<b>Aslesha* Until 4:45PM</b> Ganda* Until 11:13AM Balava Until 1:52PM <b>Navami* Until 1:52AM Tue</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:34AM <b>Muruqa:</b> White <i>Sunset:</i> 6:34PM <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sun 23</b> <b>Sutra 18</b> Nandana 5114 Moon 3 - Phase 2 Navami	
Creative Work      Siddha Yoga		<b>Sivaloka Day</b>				


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

<b>1</b>	<b>Tuesday, May 1, 2012</b>		Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dasami Yam Titau				Muscat, Oman
	Simha Rasi: 7.38	Tithi 10	<b>Gulika</b> 12:04PM – 1:41PM	<b>Magha* Until 3:45PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:32AM	<b>Sun 24 Sutra 19</b>
		254117269	<b>Yama</b> 8:48AM – 10:26AM	Vriddhi Until 9:06AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:35PM	Nandana 5114
Creative Work	Siddha Yoga		<b>Rahu</b> 3:19PM – 4:57PM	Taitila Until 12:21PM	<b>Nataraja:</b> Clear		Moon 3 - Phase 3
Until 10:59PM then Amrita Yoga				<b>Dasami Until 11:26PM</b>	<b>Moon – Red</b>		4th Phase
					<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>	

<b>2</b>	<b>Wednesday, May 2, 2012</b>		Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visiti* Karana Ekadasi Yam Titau				Muscat, Oman
	Simha Rasi: 21.34	Tithi 11	<b>Gulika</b> 10:26AM – 12:04PM	<b>Purvaphalguni* Until 2:44PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:32AM	<b>Sun 25 Sutra 20</b>
		254117269	<b>Yama</b> 7:10AM – 8:48AM	Dhruva Until 6:36AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:35PM	Nandana 5114
Creative Work	Amrita Yoga		<b>Rahu</b> 12:04PM – 1:42PM	Vanija Until 10:36AM	<b>Nataraja:</b> Clear		Moon 3 - Phase 3
Until 10:59PM then Prabalarishta Yoga				<b>Ekadasi Until 9:40PM</b>	<b>Moon – Red</b>		4th Phase
					<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>	

<b>3</b>	<b>Thursday, May 3, 2012</b>		Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadasi Yam Titau				Muscat, Oman
	Kanya Rasi: 5.56	Tithi 12	<b>Gulika</b> 8:47AM – 10:25AM	<b>Uttaraphalguni Until 12:29PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:31AM	<b>Sun 26 Sutra 21</b>
		254117269	<b>Yama</b> 5:31AM – 7:09AM	Harshana Until 11:33PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:36PM	Nandana 5114
Routine Work	Prabalarishta Yoga		<b>Rahu</b> 1:42PM – 3:20PM	Bava Until 7:51AM	<b>Nataraja:</b> Clear		Moon 3 - Phase 3
Until 12:29PM then no yoga				<b>Dvadasi Until 6:08PM</b>	<b>Moon – Red</b>		4th Phase
Until 10:58PM then Amrita Yoga					<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>	

<b>4</b>	<b>Friday, May 4, 2012</b>		Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Muscat, Oman
	Kanya Rasi: 20.43	Tithi 13 – 14	<b>Gulika</b> 7:09AM – 8:47AM	<b>Hasta Until 10:12AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:30AM	<b>Sun 27 Sutra 22</b>
		264117269	<b>Yama</b> 3:20PM – 4:58PM	Vajra* Until 7:56PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:36PM	Nandana 5114
Creative Work	Amrita Yoga		<b>Rahu</b> 10:25AM – 12:03PM	Gara Until 1:21AM Sat	<b>Nataraja:</b> Clear		Moon 3 - Phase 3
Until 10:12AM then Siddha Yoga				<b>Trayodasi Until 3:03PM</b>	<b>Moon – Green</b>		4th Phase
Until 10:58PM then Marana Yoga					<b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>	
					<i>Pradosha Vrata</i>		

	<b>Saturday, May 5, 2012</b>		Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visiti* Karana Chaturdasi*/Purnima* Yam Titau				Muscat, Oman
	<b>Copper Retreat Star</b>		<b>Gulika</b> 5:30AM – 7:08AM	<b>Chitra Until 7:26AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:30AM	<b>Sutra 23</b>
Tula Rasi: 5.46	Tithi 14 – 15	264217269	<b>Yama</b> 1:42PM – 3:20PM	Siddhi Until 3:54PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:37PM	Nandana 5114
Routine Work	Marana Yoga		<b>Rahu</b> 8:46AM – 10:25AM	Visiti Until 9:46PM	<b>Nataraja:</b> Clear		Moon 3 - Phase 3
Until 7:26AM then Siddha Yoga				<b>Chaturdasi* Until 11:29AM</b>	<b>Moon – Green</b>		Purnima
					<b>Vaisaka-Chaitra</b>	<b>Subha Sivaloka Day</b>	

<b>Sunday, May 6, 2012</b>	<b>Silver Retreat Star</b>		Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Visakha Nakshatra Vyatipata*/Variyan Yoga Bava/Kaulava Karana Purnima*/Prathama* Yam Titau				Muscat, Oman
	Tula Rasi: 20.58	Tithi 15 – 16	<b>Gulika</b> 3:20PM – 4:59PM	<b>Visakha Until 1:47AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:29AM	<b>Sutra 24</b>
		274217269	<b>Yama</b> 12:03PM – 1:42PM	Vyatipata* Until 11:39AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:37PM	Nandana 5114
Routine Work	Marana Yoga		<b>Rahu</b> 4:59PM – 6:37PM	Kaulava Until 4:13AM Mon	<b>Nataraja:</b> Clear		Moon 3 - Phase 3
Until 1:47AM Mon then Siddha Yoga				<b>Purnima* Until 7:39AM</b>	<b>Moon – Orange</b>		Prathama
					<b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>	