



Tuesday, April 19, 2011
Gold Retreat Star

Tula Rasi: 18.55 Tithi 17
262456158
Creative Work Siddha Yoga
Until 7:44AM then Marana Yoga
Until 10.01PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Visakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 12:30PM – 2:19PM **Svati Until 7:44AM**
Yama 8:54AM – 10:42AM **Siddhi Until 8:33PM**
Rahu 4:07PM – 5:55PM **Taitila Until 12:31PM**
Dvitiya Until 10:48PM

Moscow, Russia
Sutra 6
Khara 5113
Moon 4 - Phase 1
1st Phase
Sivaloka Day
Ganesha: White *Sunrise:* 5:18AM
Muruqa: Yellow *Sunset:* 7:43PM
Nataraja: Clear
Moon – Green
Chaitra-Chaitra



Wednesday, April 20, 2011

Wrishchika Rasi: 3.38 Tithi 18
272456158
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 10:41AM – 12:30PM **Anuradha Until 4:20AM Thu**
Yama 7:04AM – 8:53AM **Vyatipata* Until 5:44PM**
Rahu 12:30PM – 2:19PM **Vanija Until 9:47AM**
Tritiya Until 8:52PM

Moscow, Russia
Sutra 7
Khara 5113
Moon 4 - Phase 1
1st Phase
Devaloka Day
Ganesha: Yellow *Sunrise:* 5:15AM
Muruqa: Yellow *Sunset:* 7:45PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra



Thursday, April 21, 2011

Wrishchika Rasi: 17.58 Tithi 19
272456158
Creative Work Siddha Yoga
Until 10.01PM then Prabalarishta Yoga
Until 2:39AM Fri then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 8:51AM – 10:41AM **Jyeshtha* Until 2:39AM Fri**
Yama 5:13AM – 7:02AM **Variyan Until 2:36PM**
Rahu 2:19PM – 4:08PM **Bava Until 7:19AM**
Chaturthi* Until 6:23PM

Moscow, Russia
Sutra 8
Khara 5113
Moon 4 - Phase 1
1st Phase
Devaloka Day
Ganesha: Yellow *Sunrise:* 5:13AM
Muruqa: Yellow *Sunset:* 7:47PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra



Friday, April 22, 2011

Dhanus Rasi: 1.48 Tithi 20 – 21
282456158
No Yoga
Until 10.00PM then Siddha Yoga
Until 3:18AM Sat then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 7:00AM – 8:50AM **Mula* Until 3:18AM Sat**
Yama 4:09PM – 5:59PM **Parigha* Until 12:40PM**
Rahu 10:40AM – 12:30PM **Gara Until 5:41AM Sat**
Panchami Until 5:41PM

Moscow, Russia
Sutra 9
Khara 5113
Moon 4 - Phase 1
1st Phase
Sivaloka Day
Ganesha: Blue *Sunrise:* 5:11AM
Muruqa: Yellow *Sunset:* 7:49PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra



Saturday, April 23, 2011

Dhanus Rasi: 15.1 Tithi 21 – 22
282466158
Routine Work Marana Yoga
Until 10.00PM then Siddha Yoga
Until 3:14AM Sun then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 5:08AM – 6:59AM **Purvashadha* Until 3:14AM Sun**
Yama 2:20PM – 4:10PM **Shiva Until 10:57AM**
Rahu 8:49AM – 10:39AM **Visti Until 4:55AM Sun**
Shasthi* Until 4:55PM

Moscow, Russia
Sutra 10
Khara 5113
Moon 4 - Phase 1
1st Phase
Sivaloka Day
Ganesha: Blue *Sunrise:* 5:08AM
Muruqa: Red *Sunset:* 7:51PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra



Sunday, April 24, 2011

Dhanus Rasi: 28.05 Tithi 22 – 23
282466158
Creative Work Amrita Yoga
Until 10.00PM then Marana Yoga
Until 3:59AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 4:11PM – 6:02PM **Uttarashadha Until 3:59AM Mon**
Yama 12:29PM – 2:20PM **Siddha Until 9:58AM**
Rahu 6:02PM – 7:53PM **Balava Until 5:01AM Mon**
Saptami Until 5:01PM

Moscow, Russia
Sutra 11
Khara 5113
Moon 4 - Phase 1
1st Phase
Sivaloka Day
Ganesha: Blue *Sunrise:* 5:06AM
Muruqa: Red *Sunset:* 7:53PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra



Monday, April 25, 2011
Retreat Star

Makara Rasi: 10.38 Tithi 23
293466159
Family Home Evening
Creative Work Amrita Yoga
Until 10.00PM then Siddha Yoga
Until 6:51AM Tue then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Sravana Nakshatra Sadhya/Subha Yoga Kaulava Karana Ashtami* Yam Titau
Gulika 2:21PM – 4:12PM **Sravana Until 6:51AM Tue**
Yama 10:38AM – 12:29PM **Sadhya Until 9:55AM**
Rahu 6:55AM – 8:46AM **Kaulava Until 8:01AM Tue**
Ashtami* Until 6:56PM

Moscow, Russia
Sutra 12
Khara 5113
Moon 4 - Phase 1
Ashtami
Devaloka Day
Ganesha: Green *Sunrise:* 5:03AM
Muruqa: Red *Sunset:* 7:55PM
Nataraja: Purple
Moon – Purple
Chaitra-Chaitra

Tuesday, April 26, 2011
Retreat Star

Makara Rasi: 22.55 Tithi 24
293466159
Creative Work Siddha Yoga
Until 6:51AM then Marana Yoga
Until 10.00PM then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 12:29PM – 2:21PM **Sravana Until 6:51AM**
Yama 8:45AM – 10:37AM **Subha Until 10:06AM**
Rahu 4:13PM – 6:05PM **Taitila Until 7:23AM**
Navami* Until 8:29PM

Moscow, Russia
Sutra 13
Khara 5113
Moon 4 - Phase 1
Navami
Devaloka Day
Ganesha: Green *Sunrise:* 5:01AM
Muruqa: Red *Sunset:* 7:57PM
Nataraja: Purple
Moon – Purple
Chaitra-Chaitra


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| 1 | Wednesday, April 27, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dasami Yam Titau | | | | Moscow, Russia |
| | Kumbha Rasi: 4.58 | Tithi 25 | Gulika 10:36AM – 12:29PM | Dhanishtha Until 9:24AM | Ganesha: Red | <i>Sunrise:</i> 4:59AM | Sutra 14 Khara 5113 |
| | | 293566159 | Yama 6:51AM – 8:44AM | Sukla Until 10:39AM | Muruqa: Red | <i>Sunset:</i> 7:59PM | Moon 4 - Phase 2 |
| | | | Rahu 12:29PM – 2:21PM | Vanija Until 9:22AM | Nataraja: Purple | | 2nd Phase |
| | Routine Work Prabalarishta Yoga | | | Dasami Until 10:28PM | Chaitra-Chaitra | | Sivaloka Day |
| | Until 9:24AM then Siddha Yoga | | | | | | |
| | Until 10:00PM then Marana Yoga | | | | | | |

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| 2 | Thursday, April 28, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadasi* Yam Titau | | | | Moscow, Russia |
| | Kumbha Rasi: 16.55 | Tithi 26 | Gulika 8:43AM – 10:36AM | Satabhisha Until 12:11PM | Ganesha: Red | <i>Sunrise:</i> 4:57AM | Sutra 15 Khara 5113 |
| | | 293566159 | Yama 4:57AM – 6:50AM | Brahma Until 11:26AM | Muruqa: Red | <i>Sunset:</i> 8:01PM | Moon 4 - Phase 2 |
| | | | Rahu 2:22PM – 4:15PM | Bava Until 11:38AM | Nataraja: Purple | | 2nd Phase |
| | Routine Work Marana Yoga | | | Ekadasi* Until 12:43AM Fri | Chaitra-Chaitra | | Sivaloka Day |
| | Until 12:11PM then Siddha Yoga | | | | | | |

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| 3 | Friday, April 29, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau | | | | Moscow, Russia |
| | Kumbha Rasi: 28.47 | Tithi 27 | Gulika 6:48AM – 8:41AM | Purvaprostapada* Until 3:06PM | Ganesha: Clear | <i>Sunrise:</i> 4:54AM | Sutra 16 Khara 5113 |
| | | 213566159 | Yama 4:16PM – 6:09PM | Indra Until 12:20PM | Muruqa: Red | <i>Sunset:</i> 8:03PM | Moon 4 - Phase 2 |
| | | | Rahu 10:35AM – 12:29PM | Kaulava Until 2:02PM | Nataraja: Purple | | 2nd Phase |
| | Creative Work Siddha Yoga | | | Dvadasi* Until 3:07AM Sat | Chaitra-Chaitra | | Sivaloka Day |

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| 4 | Saturday, April 30, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam Uttaraprostapada Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodasi* Yam Titau | | | | Moscow, Russia |
| | Meena Rasi: 10.39 | Tithi 28 | Gulika 4:52AM – 6:46AM | Uttaraprostapada Until 6:03PM | Ganesha: Clear | <i>Sunrise:</i> 4:52AM | Sutra 17 Khara 5113 |
| | | 213566159 | Yama 2:22PM – 4:17PM | Vaidhriti* Until 1:15PM | Muruqa: Red | <i>Sunset:</i> 8:05PM | Moon 4 - Phase 2 |
| | | | Rahu 8:40AM – 10:34AM | Gara Until 4:27PM | Nataraja: Purple | | 2nd Phase |
| | Creative Work Siddha Yoga | | | Trayodasi* Until 5:32AM Sun | Chaitra-Chaitra | | Sivaloka Day |
| | Until 6:03PM then Prabalarishta Yoga | | | <i>Pradosha Vrata (Fasting)</i> | | | |
| | Until 9:59PM then Amrita Yoga | | | | | | |

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| 5 | Sunday, May 1, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Visti* Karana Chaturdasi* Yam Titau | | | | Moscow, Russia |
| | Meena Rasi: 22.32 | Tithi 29 | Gulika 4:18PM – 6:12PM | Revati Until 8:55PM | Ganesha: Clear | <i>Sunrise:</i> 4:50AM | Sutra 18 Khara 5113 |
| | | 213566159 | Yama 12:28PM – 2:23PM | Vishkambha* Until 2:06PM | Muruqa: Red | <i>Sunset:</i> 8:07PM | Moon 4 - Phase 2 |
| | | | Rahu 6:12PM – 8:07PM | Visti Until 6:47PM | Nataraja: Purple | | 2nd Phase |
| | Creative Work Amrita Yoga | | | Chaturdasi* Until 7:54AM Mon | Chaitra-Chaitra | | Sivaloka Day |
| | Until 8:55PM then Siddha Yoga | | | | | | |

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|  | Monday, May 2, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau | | | | Moscow, Russia |
| | Retreat Star | | Gulika 2:23PM – 4:18PM | Asvini Until 11:40PM | Ganesha: Orange | <i>Sunrise:</i> 4:48AM | Sutra 19 Khara 5113 |
| Mesha Rasi: 4.3 | Tithi 29 – 30 | | Yama 10:33AM – 12:28PM | Priti Until 2:51PM | Muruqa: Red | <i>Sunset:</i> 8:09PM | Moon 4 - Phase 2 |
| Family Home Evening | 223566159 | | Rahu 6:43AM – 8:38AM | Catuspada Until 9:00PM | Nataraja: Purple | | Amavasya |
| Creative Work Siddha Yoga | | | | Chaturdasi* Until 7:54AM | Chaitra-Chaitra | | Sivaloka Day |

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| Tuesday, May 3, 2011 | Retreat Star | | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau | | | | Moscow, Russia |
| | Mesha Rasi: 16.34 | Tithi 30 – 1 | Gulika 12:28PM – 2:24PM | Bharani Until 2:13AM Wed | Ganesha: Orange | <i>Sunrise:</i> 4:45AM | Sutra 20 Khara 5113 |
| | | 223566159 | Yama 8:37AM – 10:32AM | Ayushman Until 3:25PM | Muruqa: Red | <i>Sunset:</i> 8:11PM | Moon 4 - Phase 2 |
| | | | Rahu 4:19PM – 6:15PM | Kintughna Until 10:59PM | Nataraja: Purple | | Prathama |
| | Creative Work Siddha Yoga | | | Amavasya* Until 9:54AM | Vaisaka-Chaitra | | Sivaloka Day |
| | Until 9:59PM then Marana Yoga | | | | | | |
| | Until 2:13AM Wed then Amrita Yoga | | | | | | |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

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| 1 | Wednesday, May 4, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau | Moscow, Russia |
| | Sutra 21 Khara 5113 | | |
| Mesha Rasi: 28.44 | Tithi 1 – 2 | Gulika 10:32AM – 12:28PM Yama 6:39AM – 8:36AM Rahu 12:28PM – 2:24PM | Krittika Until 4:33AM Thu Saubhagya Until 3:46PM Balava Until 12:44AM Thu Prathama* Until 11:38AM |
| 223566159 | | Ganesha: Orange <i>Sunrise: 4:43AM</i> Muruqa: Red <i>Sunset: 8:13PM</i> Nataraja: Purple Moon – White | Sivaloka Day |
| Creative Work | Amrita Yoga | | |
| | Until 9.59PM then Marana Yoga | | |


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| 2 | Thursday, May 5, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau | Moscow, Russia |
| | Sutra 22 Khara 5113 | | |
| Vrishabha Rasi: 11.02 | Tithi 2 – 3 | Gulika 8:34AM – 10:31AM Yama 4:41AM – 6:38AM Rahu 2:25PM – 4:21PM | Rohini Until 6:35AM Fri Sobhana Until 3:51PM Taitila Until 12:29AM Fri Dvitiya Until 12:29PM |
| 233566159 | | Ganesha: Clear <i>Sunrise: 4:41AM</i> Muruqa: Red <i>Sunset: 8:15PM</i> Nataraja: Purple Moon – Yellow | Sivaloka Day |
| Routine Work | Marana Yoga | | |
| | Until 6:35AM Fri then Siddha Yoga | | |

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| 3 | Friday, May 6, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau | Moscow, Russia |
| | Sutra 23 Khara 5113 | | |
| Vrishabha Rasi: 23.32 | Tithi 3 – 4 | Gulika 6:36AM – 8:33AM Yama 4:22PM – 6:19PM Rahu 10:31AM – 12:28PM | Mrigasira Until 6:50AM Sat Athiganda* Until 2:57PM Vanija Until 1:27AM Sat Tritiya Until 1:27PM |
| 233566159 | | Ganesha: Clear <i>Sunrise: 4:39AM</i> Muruqa: Red <i>Sunset: 8:16PM</i> Nataraja: Purple Moon – Yellow | Sivaloka Day |
| Creative Work | Siddha Yoga | | |
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| 4 | Saturday, May 7, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira/Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau | Moscow, Russia |
| | Sutra 24 Khara 5113 | | |
| Mithuna Rasi: 6.13 | Tithi 4 – 5 | Gulika 4:37AM – 6:35AM Yama 2:25PM – 4:23PM Rahu 8:32AM – 10:30AM | Mrigasira Until 6:50AM Sukarma Until 2:24PM Bava Until 2:01AM Sun Chaturthi* Until 2:01PM |
| 233566159 | | Ganesha: Clear <i>Sunrise: 4:37AM</i> Muruqa: Red <i>Sunset: 8:18PM</i> Nataraja: Purple Moon – Yellow | Sivaloka Day |
| Creative Work | Siddha Yoga | | |
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| 5 | Sunday, May 8, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau | Moscow, Russia |
| | Sutra 25 Khara 5113 | | |
| Mithuna Rasi: 19.07 | Tithi 5 – 6 | Gulika 4:24PM – 6:22PM Yama 12:28PM – 2:26PM Rahu 6:22PM – 8:20PM | Ardra Until 7:37AM Dhriti Until 1:28PM Kaulava Until 2:08AM Mon Panchami Until 2:08PM |
| 233566159 | | Ganesha: Clear <i>Sunrise: 4:35AM</i> Muruqa: Red <i>Sunset: 8:20PM</i> Nataraja: Purple Moon – Yellow | Sivaloka Day |
| Creative Work | Siddha Yoga | | |
| | Until 9.58PM then Amrita Yoga | Mother's Day | |

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| 6 | Monday, May 9, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau | Moscow, Russia |
| | Sutra 26 Khara 5113 | | |
| Kataka Rasi: 2.18 | Tithi 6 – 7 | Gulika 2:26PM – 4:25PM Yama 10:29AM – 12:28PM Rahu 6:32AM – 8:30AM | Punarvasu Until 7:55AM Shula* Until 12:05PM Gara Until 12:12AM Tue Shasthi* Until 1:07PM |
| 244566159 | | Ganesha: Clear <i>Sunrise: 4:33AM</i> Muruqa: Red <i>Sunset: 8:22PM</i> Nataraja: Purple Moon – Blue | Sivaloka Day |
| Family Home Evening | Amrita Yoga | | |
| | Until 7:55AM then Siddha Yoga | | |

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|  | Tuesday, May 10, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Aslesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau | Moscow, Russia |
| | Sutra 27 Khara 5113 | | |
| Kataka Rasi: 15.46 | Tithi 7 – 8 | Gulika 12:27PM – 2:27PM Yama 8:29AM – 10:28AM Rahu 4:26PM – 6:25PM | Pushya Until 7:32AM Ganda* Until 9:54AM Visti Until 11:16PM Saptami Until 12:11PM |
| 244566159 | | Ganesha: Clear <i>Sunrise: 4:31AM</i> Muruqa: Red <i>Sunset: 8:24PM</i> Nataraja: Purple Moon – Blue | Sivaloka Day |
| Creative Work | Siddha Yoga | | |
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| Retreat Star | Wednesday, May 11, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Aslesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau | Moscow, Russia |
| | Sutra 28 Khara 5113 | | |
| Kataka Rasi: 29.34 | Tithi 8 – 9 | Gulika 10:28AM – 12:27PM Yama 6:29AM – 8:28AM Rahu 12:27PM – 2:27PM | Aslesha* Until 6:45AM Vridhhi Until 7:38AM Balava Until 9:44PM Ashtami* Until 10:40AM |
| 244566159 | | Ganesha: Clear <i>Sunrise: 4:29AM</i> Muruqa: Red <i>Sunset: 8:26PM</i> Nataraja: Purple Moon – Blue | Sivaloka Day |
| Creative Work | Siddha Yoga | | |
| | Until 9.58PM then Amrita Yoga | | |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda, SataBR 1.7.2.1. VE, 393

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| 1 | Thursday, May 12, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau | | | | Moscow, Russia |
| | Simha Rasi: 13.41 Tithi 9 – 10 No Yoga Until 9.58PM then Siddha Yoga | 254566159 | Gulika 8:27AM – 10:27AM Yama 4:27AM – 6:27AM Rahu 2:28PM – 4:28PM | Purvaphalguni* Until 4:16AM Fri Vyaghata* Until 2:09AM Fri Taitila Until 7:37PM Navami* Until 8:32AM | Ganesha: White <i>Sunrise:</i> 4:27AM Muruqa: Red <i>Sunset:</i> 8:28PM Nataraja: Purple Moon – Red Vaisaka-Chaitra | Sutra 29 Khara 5113 Moon 4 - Phase 4 4th Phase Devaloka Day |

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| 2 | Friday, May 13, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Vanija/Visti* Karana Ekadasi Yam Titau | | | | Moscow, Russia |
| | Simha Rasi: 28.06 Tithi 11 Creative Work Siddha Yoga Until 9.58PM then Marana Yoga | 254566159 | Gulika 6:26AM – 8:26AM Yama 4:29PM – 6:29PM Rahu 10:27AM – 12:27PM | Uttaraphalguni Until 1:02AM Sat Harshana Until 9:49PM Vanija Until 4:08PM Ekadasi Until 2:26AM Sat | Ganesha: White <i>Sunrise:</i> 4:25AM Muruqa: Red <i>Sunset:</i> 8:30PM Nataraja: Purple Moon – Red Vaisaka-Chaitra | Sutra 30 Khara 5113 Moon 4 - Phase 4 4th Phase Devaloka Day |

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| 3 | Saturday, May 14, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Bava/Balava Karana Dvadasi Yam Titau | | | | Moscow, Russia |
| | Kanya Rasi: 12.47 Tithi 12 Routine Work Marana Yoga Until 9.58PM then Amrita Yoga Until 10.54PM then Siddha Yoga | 264566159 | Gulika 4:23AM – 6:24AM Yama 2:28PM – 4:29PM Rahu 8:25AM – 10:26AM | Hasta Until 10:54PM Vajra* Until 6:22PM Bava Until 1:13PM Dvadasi Until 11:30PM | Ganesha: Yellow <i>Sunrise:</i> 4:23AM Muruqa: Red <i>Sunset:</i> 8:32PM Nataraja: Purple Moon – Green Vaisaka-Chaitra | Sutra 31 Khara 5113 Moon 4 - Phase 4 4th Phase Sivaloka Day |

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| 4 | Sunday, May 15, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau | | | | Moscow, Russia |
| | Kanya Rasi: 27.36 Tithi 13 Creative Work Siddha Yoga Until 9.58PM then Amrita Yoga | 264566159 | Gulika 4:30PM – 6:32PM Yama 12:27PM – 2:29PM Rahu 6:32PM – 8:33PM | Chitra Until 8:30PM Siddhi Until 2:40PM Kaulava Until 10:02AM Trayodasi Until 8:19PM <i>Pradosha Vrata</i> | Ganesha: Yellow <i>Sunrise:</i> 4:21AM Muruqa: Red <i>Sunset:</i> 8:33PM Nataraja: Purple Moon – Green Vaisaka-Vaikasi | Sutra 32 Khara 5113 Moon 4 - Phase 4 4th Phase Sivaloka Day |

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| 5 | Monday, May 16, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Visti* Karana Chaturdasi*/Purnima* Yam Titau | | | | Moscow, Russia |
| | Tula Rasi: 12.28 Tithi 14 – 15 Family Home Evening Creative Work Amrita Yoga Until 6.03PM then Marana Yoga | 264566159 | Gulika 2:29PM – 4:31PM Yama 10:25AM – 12:27PM Rahu 6:22AM – 8:23AM | Svati Until 6:03PM Vyatipata* Until 10:56AM Gara Until 6:46AM Chaturdasi* Until 5:03PM | Ganesha: Yellow <i>Sunrise:</i> 4:20AM Muruqa: Red <i>Sunset:</i> 8:35PM Nataraja: Purple Moon – Green Vaisaka-Vaikasi | Sutra 33 Khara 5113 Moon 4 - Phase 4 4th Phase Sivaloka Day |

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| ○ | Tuesday, May 17, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Visakha/Anuradha Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau | | | | Moscow, Russia |
| | Copper Retreat Star Tula Rasi: 27.14 Tithi 15 – 16 Routine Work Marana Yoga Until 3.46PM then Siddha Yoga | 274566159 | Gulika 12:27PM – 2:30PM Yama 8:23AM – 10:25AM Rahu 4:32PM – 6:35PM | Visakha Until 3:46PM Variyan Until 7:20AM Balava Until 12:15AM Wed Purnima* Until 1:58PM | Ganesha: Blue <i>Sunrise:</i> 4:18AM Muruqa: Red <i>Sunset:</i> 8:37PM Nataraja: Purple Moon – Orange Vaisaka-Vaikasi | Sutra 34 Khara 5113 Moon 4 - Phase 4 Purnima Devaloka Day |

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| ○ | Wednesday, May 18, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau | | | | Moscow, Russia |
| | Silver Retreat Star Vrischika Rasi: 11.47 Tithi 16 – 17 Creative Work Siddha Yoga | 274566159 | Gulika 10:25AM – 12:27PM Yama 6:19AM – 8:22AM Rahu 12:27PM – 2:30PM | Anuradha Until 2:23PM Shiva Until 1:16AM Thu Taitila Until 10:44PM Prathama* Until 11:39AM | Ganesha: Blue <i>Sunrise:</i> 4:16AM Muruqa: Red <i>Sunset:</i> 8:39PM Nataraja: Purple Moon – Orange Vaisaka-Vaikasi | Sutra 35 Khara 5113 Moon 4 - Phase 4 Prathama Devaloka Day |



Thursday, May 19, 2011
Gold Retreat Star

Virshchika Rasi: 26 Tithi 17 – 18
274566159
Creative Work Siddha Yoga
Until 9.58PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 8:21AM – 10:24AM **Jyeshtha* Until 12:52PM**
Yama 4:14AM – 6:18AM Siddha Until 10:19PM
Rahu 2:31PM – 4:34PM Vanija Until 8:25PM
Dvitiya Until 9:20AM

Ganesha: Blue *Sunrise:* 4:14AM
Muruqa: Red *Sunset:* 8:40PM
Nataraja: Purple
Moon – Orange
Vaisaka-Vaikasi

Moscow, Russia
Sun 1 Sutra 36
Khara 5113
Moon 5 - Phase 5
1st Phase

Devaloka Day

1 Friday, May 20, 2011

Dhanus Rasi: 9.49 Tithi 18 – 19
284566159
No Yoga
Until 12:29PM then Siddha Yoga
Until 9.58PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 6:16AM – 8:20AM **Mula* Until 12:29PM**
Yama 4:35PM – 6:39PM Sadhya Until 8:59PM
Rahu 10:24AM – 12:28PM Bava Until 7:54PM
Tritiya Until 7:54AM

Ganesha: Red *Sunrise:* 4:13AM
Muruqa: Red *Sunset:* 8:42PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Moscow, Russia
Sun 2 Sutra 37
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

2 Saturday, May 21, 2011

Dhanus Rasi: 23.13 Tithi 19 – 20
284566159
Routine Work Marana Yoga
Until 12:22PM then no yoga
Until 9.58PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 4:11AM – 6:15AM **Purvashadha* Until 12:22PM**
Yama 2:32PM – 4:36PM Subha Until 7:14PM
Rahu 8:19AM – 10:23AM Kaulava Until 7:01PM
Chaturthi* Until 7:01AM

Ganesha: Red *Sunrise:* 4:11AM
Muruqa: Red *Sunset:* 8:44PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Moscow, Russia
Sun 3 Sutra 38
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

3 Sunday, May 22, 2011

Makara Rasi: 6.13 Tithi 20 – 21
285666159
Creative Work Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Sukla Yoga Tailila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 4:37PM – 6:41PM **Uttarashadha Until 1:00PM**
Yama 12:28PM – 2:32PM Sukla Until 6:10PM
Rahu 6:41PM – 8:46PM Gara Until 6:58PM
Panchami Until 6:58AM

Ganesha: Red *Sunrise:* 4:10AM
Muruqa: Red *Sunset:* 8:46PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Moscow, Russia
Sun 4 Sutra 39
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

4 Monday, May 23, 2011

Makara Rasi: 18.5 Tithi 21 – 22
295666159
Family Home Evening
Creative Work Amrita Yoga
Until 3:00PM then Siddha Yoga
Until 9.58PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Brahma Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 2:33PM – 4:37PM **Sravana Until 3:00PM**
Yama 10:23AM – 12:28PM Brahma Until 6:38PM
Rahu 6:13AM – 8:18AM Visti Until 8:52PM
Shasthi* Until 7:47AM

Ganesha: Green *Sunrise:* 4:08AM
Muruqa: Red *Sunset:* 8:47PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Moscow, Russia
Sun 5 Sutra 40
Khara 5113
Moon 5 - Phase 5
1st Phase

Devaloka Day

Tuesday, May 24, 2011
Retreat Star

Kumbha Rasi: 1.1 Tithi 22 – 23
295666159
Routine Work Marana Yoga
Until 9.59PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 12:28PM – 2:33PM **Dhanishtha Until 5:00PM**
Yama 8:17AM – 10:22AM Indra Until 6:42PM
Rahu 4:38PM – 6:44PM Balava Until 10:15PM
Saptami Until 9:09AM

Ganesha: Green *Sunrise:* 4:07AM
Muruqa: Red *Sunset:* 8:49PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Moscow, Russia
Sun 6 Sutra 41
Khara 5113
Moon 5 - Phase 5
Ashtami

Devaloka Day

Wednesday, May 25, 2011
Retreat Star

Kumbha Rasi: 13.17 Tithi 23 – 24
295666159
Creative Work Siddha Yoga
Until 7:26PM then Amrita Yoga
Until 9.59PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Satabhisha Nakshatra Vaidhriti* Yoga Kaulava/Tailila Karana Ashtami*/Navami* Yam Titau
Gulika 10:22AM – 12:28PM **Satabhisha Until 7:26PM**
Yama 6:11AM – 8:17AM Vaidhriti* Until 7:11PM
Rahu 12:28PM – 2:33PM Tailila Until 12:05AM Thu
Ashtami* Until 11:00AM

Ganesha: Green *Sunrise:* 4:05AM
Muruqa: Red *Sunset:* 8:50PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Moscow, Russia
Sun 7 Sutra 42
Khara 5113
Moon 5 - Phase 5
Navami

Devaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138

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| 1 Kumbha Rasi: 25.16 Creative Work Siddha Yoga | Thursday, May 26, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau | | | Moscow, Russia |
| | Tithi 24 – 25 315666159 | Gulika 8:16AM – 10:22AM Yama 4:04AM – 6:10AM Rahu 2:34PM – 4:00PM | Purvaprostapada* Until 10:09PM Vishkambha* Until 7:55PM Vanija Until 2:15AM Fri Navami* Until 1:09PM | Ganesha: Clear <i>Sunrise: 4:04AM</i> Muruqa: Red <i>Sunset: 8:52PM</i> Nataraja: Purple Moon – Clear Vaisaka-Vaikasi | Sun 8 Sutra 43 Khara 5113 Moon 5 - Phase 6 2nd Phase Sivaloka Day |


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| 2 Meena Rasi: 7.1 Creative Work Siddha Yoga Until 1:01AM Sat then Prabalarishta Yoga | Friday, May 27, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Priti Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau | | | Moscow, Russia |
| | Tithi 25 – 26 315666159 | Gulika 6:09AM – 8:15AM Yama 4:41PM – 6:47PM Rahu 10:22AM – 12:28PM | Uttaraprostapada Until 1:01AM Sat Priti Until 8:47PM Bava Until 4:34AM Sat Dasami Until 3:28PM | Ganesha: Clear <i>Sunrise: 4:03AM</i> Muruqa: Red <i>Sunset: 8:54PM</i> Nataraja: Purple Moon – Clear Vaisaka-Vaikasi | Sun 9 Sutra 44 Khara 5113 Moon 5 - Phase 6 2nd Phase Sivaloka Day |

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| 3 Meena Rasi: 19.03 Routine Work Prabalarishta Yoga Until 9:59PM then Amrita Yoga Until 3:54AM Sun then Siddha Yoga | Saturday, May 28, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau | | | Moscow, Russia |
| | Tithi 26 – 27 315666159 | Gulika 4:01AM – 6:08AM Yama 2:35PM – 4:42PM Rahu 8:15AM – 10:21AM | Revati Until 3:54AM Sun Ayushman Until 9:41PM Kaulava Until 6:54AM Sun Ekadasi* Until 5:48PM | Ganesha: Clear <i>Sunrise: 4:01AM</i> Muruqa: Red <i>Sunset: 8:55PM</i> Nataraja: Purple Moon – Clear Vaisaka-Vaikasi | Sun 10 Sutra 45 Khara 5113 Moon 5 - Phase 6 2nd Phase Sivaloka Day |

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| 4 Mesha Rasi: 0.59 Creative Work Siddha Yoga | Sunday, May 29, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau | | | Moscow, Russia |
| | Tithi 27 325666159 | Gulika 4:42PM – 6:49PM Yama 12:28PM – 2:35PM Rahu 6:49PM – 8:56PM | Asvini Until 6:38AM Mon Saubhagya Until 10:30PM Kaulava Until 6:57AM Dvadasi* Until 8:02PM | Ganesha: Purple <i>Sunrise: 4:00AM</i> Muruqa: Red <i>Sunset: 8:56PM</i> Nataraja: Purple Moon – White Vaisaka-Vaikasi | Sun 11 Sutra 46 Khara 5113 Moon 5 - Phase 6 2nd Phase Devaloka Day |

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| 5 Mesha Rasi: 13.01 Family Home Evening Creative Work Siddha Yoga | Monday, May 30, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodasi* Yam Titau | | | Moscow, Russia |
| | Tithi 28 325666159 | Gulika 2:36PM – 4:43PM Yama 10:21AM – 12:28PM Rahu 6:06AM – 8:14AM | Asvini Until 6:38AM Sobhana Until 11:07PM Gara Until 8:58AM Trayodasi* Until 10:04PM <i>Pradosha Vrata (Fasting)</i> | Ganesha: Purple <i>Sunrise: 3:59AM</i> Muruqa: Red <i>Sunset: 8:58PM</i> Nataraja: Purple Moon – White Vaisaka-Vaikasi | Sun 12 Sutra 47 Khara 5113 Moon 5 - Phase 6 2nd Phase Devaloka Day |

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| 6 Mesha Rasi: 25.11 Creative Work Siddha Yoga Until 9:59PM then Amrita Yoga | Tuesday, May 31, 2011 | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau | | | Moscow, Russia |
| | Tithi 29 326666159 | Gulika 12:28PM – 2:36PM Yama 8:13AM – 10:21AM Rahu 4:44PM – 6:52PM | Bharani Until 8:57AM Athiganda* Until 11:29PM Visti Until 10:41AM Chaturdasi* Until 11:46PM | Ganesha: Light Blue <i>Sunrise: 3:58AM</i> Muruqa: Red <i>Sunset: 8:59PM</i> Nataraja: Purple Moon – White Vaisaka-Vaikasi | Sun 13 Sutra 48 Khara 5113 Moon 5 - Phase 6 2nd Phase Devaloka Day |

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|  Vrishabha Rasi: 7.33 Creative Work Amrita Yoga Until 10:31AM then Siddha Yoga Until 9:59PM then Marana Yoga | Wednesday, June 1, 2011 Retreat Star | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau | | | Moscow, Russia |
| | Tithi 30 326666159 | Gulika 10:21AM – 12:29PM Yama 6:05AM – 8:13AM Rahu 12:29PM – 2:37PM | Krittika Until 10:31AM Sukarma Until 10:16PM Catuspada Until 11:29AM Amavasya* Until 11:29PM | Ganesha: Light Blue <i>Sunrise: 3:57AM</i> Muruqa: Red <i>Sunset: 9:01PM</i> Nataraja: Purple Moon – White Vaisaka-Vaikasi | Sun 14 Sutra 49 Khara 5113 Moon 5 - Phase 6 Amavasya Devaloka Day |

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| Vrishabha Rasi: 20.08 Routine Work Marana Yoga Until 10:00PM then Siddha Yoga | Thursday, June 2, 2011 Retreat Star | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathama* Yam Titau | | | Moscow, Russia |
| | Tithi 1 336666159 | Gulika 8:12AM – 10:20AM Yama 3:56AM – 6:04AM Rahu 2:37PM – 4:45PM | Rohini Until 11:55AM Dhriti Until 9:55PM Kintughna Until 12:15PM Prathama* Until 12:15AM Fri | Ganesha: Purple <i>Sunrise: 3:56AM</i> Muruqa: Red <i>Sunset: 9:02PM</i> Nataraja: Purple Moon – Yellow Jyeshtha-Vaikasi | Sun 15 Sutra 50 Khara 5113 Moon 5 - Phase 6 Prathama Devaloka Day |

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| 1 | Friday, June 3, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam | | Moscow, Russia |
| | | | Mrigasira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiya Yam Titau | Sun 16 | Sutra 51 |
| Mithuna Rasi: 2.56 | Tithi 2 | 336666159 | Gulika 6:03AM – 8:12AM | Mrigasira Until 12:54PM | Ganesha: Purple <i>Sunrise:</i> 3:55AM |
| | | | Yama 4:46PM – 6:55PM | Shula* Until 9:11PM | Muruqa: Red <i>Sunset:</i> 9:03PM |
| Creative Work Siddha Yoga | | | Rahu 10:20AM – 12:29PM | Balava Until 12:34PM | Nataraja: Purple |
| | | | | Dvitiya Until 12:34AM Sat | Moon – Yellow |
| | | | | | Devaloka Day |
| | | | | | Jyeshtha-Vaikasi |


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| 2 | Saturday, June 4, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam | | Moscow, Russia |
| | | | Ardra/Punarvasu Nakshatra Ganda* Yoga Tailita/Gara Karana Tritiya Yam Titau | Sun 17 | Sutra 52 |
| Mithuna Rasi: 15.58 | Tithi 3 | 336666159 | Gulika 3:54AM – 6:03AM | Ardra Until 1:27PM | Ganesha: Purple <i>Sunrise:</i> 3:54AM |
| | | | Yama 2:38PM – 4:47PM | Ganda* Until 8:03PM | Muruqa: Red <i>Sunset:</i> 9:04PM |
| Creative Work Siddha Yoga | | | Rahu 8:11AM – 10:20AM | Tailita Until 12:24PM | Nataraja: Purple |
| Until 1:27PM then Marana Yoga | | | | Tritiya Until 12:24AM Sun | Moon – Yellow |
| Until 10:00PM then Siddha Yoga | | | | | Devaloka Day |
| | | | | | Jyeshtha-Vaikasi |

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| 3 | Sunday, June 5, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam | | Moscow, Russia |
| | | | Punarvasu/Pushya Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthi* Yam Titau | Sun 18 | Sutra 53 |
| Mithuna Rasi: 29.14 | Tithi 4 | 346666151 | Gulika 4:47PM – 6:56PM | Punarvasu Until 1:34PM | Ganesha: Light Blue <i>Sunrise:</i> 3:53AM |
| | | | Yama 12:29PM – 2:38PM | Vriddhi Until 6:31PM | Muruqa: Red <i>Sunset:</i> 9:06PM |
| Creative Work Siddha Yoga | | | Rahu 6:56PM – 9:06PM | Vanija Until 11:20AM | Nataraja: Purple |
| | | | | Chaturthi* Until 10:25PM | Moon – Blue |
| | | | | | Devaloka Day |
| | | | | | Jyeshtha-Vaikasi |

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| 4 | Monday, June 6, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam | | Moscow, Russia |
| | | | Pushya/Aslesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchami Yam Titau | Sun 19 | Sutra 54 |
| Kataka Rasi: 12.44 | Tithi 5 | 346666151 | Gulika 2:39PM – 4:48PM | Pushya Until 12:45PM | Ganesha: Light Blue <i>Sunrise:</i> 3:52AM |
| Family Home Evening | | | Yama 10:20AM – 12:29PM | Dhruva Until 3:54PM | Muruqa: Red <i>Sunset:</i> 9:07PM |
| Creative Work Siddha Yoga | | | Rahu 6:01AM – 8:11AM | Bava Until 10:21AM | Nataraja: Purple |
| | | | | Panchami Until 9:25PM | Moon – Blue |
| | | | | | Devaloka Day |
| | | | | | Jyeshtha-Vaikasi |

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| 5 | Tuesday, June 7, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam | | Moscow, Russia |
| | | | Aslesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailita Karana Shasthi* Yam Titau | Sun 20 | Sutra 55 |
| Kataka Rasi: 26.26 | Tithi 6 | 347666151 | Gulika 12:30PM – 2:39PM | Aslesha* Until 12:07PM | Ganesha: Purple <i>Sunrise:</i> 3:51AM |
| | | | Yama 8:10AM – 10:20AM | Vyaghata* Until 1:47PM | Muruqa: Red <i>Sunset:</i> 9:08PM |
| Creative Work Siddha Yoga | | | Rahu 4:49PM – 6:58PM | Kaulava Until 8:58AM | Nataraja: Purple |
| | | | | Shasthi* Until 8:03PM | Moon – Blue |
| | | | | | Devaloka Day |
| | | | | | Jyeshtha-Vaikasi |

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| 6 | Wednesday, June 8, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam | | Moscow, Russia |
| | | | Magha*/Purvaphalguni* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptami Yam Titau | Sun 21 | Sutra 56 |
| Simha Rasi: 10.2 | Tithi 7 | 357666151 | Gulika 10:20AM – 12:30PM | Magha* Until 11:09AM | Ganesha: Clear <i>Sunrise:</i> 3:51AM |
| | | | Yama 6:00AM – 8:10AM | Harshana Until 11:21AM | Muruqa: Red <i>Sunset:</i> 9:09PM |
| Creative Work Siddha Yoga | | | Rahu 12:30PM – 2:39PM | Gara Until 7:14AM | Nataraja: Purple |
| Until 11:09AM then Amrita Yoga | | | | Saptami Until 6:19PM | Moon – Red |
| Until 10:01PM then no yoga | | | | | Sivaloka Day |
| | | | | | Jyeshtha-Vaikasi |

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|  | Thursday, June 9, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam | | Moscow, Russia |
| | Retreat Star | | Purvaphalguni*/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ashlami*/Navami* Yam Titau | Sun 22 | Sutra 57 |
| Simha Rasi: 24.25 | Tithi 8 – 9 | 357666151 | Gulika 8:10AM – 10:20AM | Purvaphalguni* Until 9:52AM | Ganesha: Clear <i>Sunrise:</i> 3:50AM |
| | | | Yama 3:50AM – 6:00AM | Vajra* Until 8:37AM | Muruqa: Red <i>Sunset:</i> 9:10PM |
| No Yoga | | | Rahu 2:40PM – 4:50PM | Balava Until 3:19AM Fri | Nataraja: Purple |
| Until 9:52AM then Prabalarishta Yoga | | | | Ashtami* Until 4:14PM | Moon – Red |
| Until 10:01PM then Siddha Yoga | | | | | Sivaloka Day |
| | | | | | Jyeshtha-Vaikasi |

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| Friday, June 10, 2011 | Retreat Star | | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam | | Moscow, Russia |
| | | | Uttaraphalguni*/Hasta Nakshatra Vyatipala* Yoga Kaulava/Tailita Karana Navami*/Dasami Yam Titau | Sun 23 | Sutra 58 |
| Kanya Rasi: 8.38 | Tithi 9 – 10 | 357666151 | Gulika 6:00AM – 8:10AM | Uttaraphalguni Until 8:20AM | Ganesha: Clear <i>Sunrise:</i> 3:50AM |
| | | | Yama 4:50PM – 7:00PM | Vyatipala* Until 2:59AM Sat | Muruqa: Red <i>Sunset:</i> 9:11PM |
| Creative Work Siddha Yoga | | | Rahu 10:20AM – 12:30PM | Tailita Until 12:58AM Sat | Nataraja: Purple |
| Until 8:20AM then Amrita Yoga | | | | Navami* Until 1:53PM | Moon – Red |
| Until 10:01PM then Marana Yoga | | | | | Sivaloka Day |
| | | | | | Jyeshtha-Vaikasi |


Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda, Isau 3. bo UP.R, 570

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| 1 | Saturday, June 11, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam | Moscow, Russia |
| | | | Hasta/Chitra Nakshatra Variyan Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau | Sun 24 Sutra 59 |
| Kanya Rasi: 23 | Tithi 10 – 11 | 367666151 | Gulika 3:49AM – 5:59AM | Hasta Until 6:35AM |
| | | | Yama 2:41PM – 4:51PM | Variyan Until 11:49PM |
| Routine Work Marana Yoga | | | Rahu 8:10AM – 10:20AM | Vanija Until 10:22PM |
| Until 10.01PM then Siddha Yoga | | | | Dasami Until 11:18AM |
| | | | Ganesha: White <i>Sunrise:</i> 3:49AM | Muruqa: Red <i>Sunset:</i> 9:11PM |
| | | | Nataraja: Purple | Moon – Green |
| | | | Jyeshtha-Vaikasi | Devaloka Day |

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| 2 | Sunday, June 12, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam | Moscow, Russia |
| | | | Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau | Sun 25 Sutra 60 |
| Tula Rasi: 7.25 | Tithi 11 – 12 | 367666151 | Gulika 4:51PM – 7:02PM | Svati Until 3:34AM Mon |
| | | | Yama 12:30PM – 2:41PM | Parigha* Until 8:33PM |
| Creative Work Siddha Yoga | | | Rahu 7:02PM – 9:12PM | Bava Until 7:40PM |
| Until 10.01PM then Amrita Yoga | | | | Ekadasi Until 8:35AM |
| Until 3:34AM Mon then Marana Yoga | | | | Jyeshtha-Vaikasi |
| | | | Ganesha: White <i>Sunrise:</i> 3:49AM | Muruqa: Red <i>Sunset:</i> 9:12PM |
| | | | Nataraja: Purple | Moon – Green |
| | | | Jyeshtha-Vaikasi | Devaloka Day |

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| 3 | Monday, June 13, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam | Moscow, Russia |
| | | | Visakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodasi Yam Titau | Sun 26 Sutra 61 |
| Tula Rasi: 21.51 | Tithi 13 | 377666151 | Gulika 2:41PM – 4:52PM | Visakha Until 1:42AM Tue |
| Family Home Evening | | | Yama 10:20AM – 12:31PM | Shiva Until 5:16PM |
| Routine Work Marana Yoga | | | Rahu 5:59AM – 8:09AM | Kaulava Until 4:57PM |
| Until 1:42AM Tue then Siddha Yoga | | | | Trayodasi Until 4:02AM Tue |
| | | | Vaikasi Visakam | Pradosha Vrata |
| | | | Ganesha: Yellow <i>Sunrise:</i> 3:48AM | Muruqa: Red <i>Sunset:</i> 9:13PM |
| | | | Nataraja: Purple | Moon – Orange |
| | | | Jyeshtha-Vaikasi | Sivaloka Day |

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| 4 | Tuesday, June 14, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam | Moscow, Russia |
| | | | Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdasi* Yam Titau | Sun 27 Sutra 62 |
| Vrischika Rasi: 6.11 | Tithi 14 | 378666151 | Gulika 12:31PM – 2:42PM | Anuradha Until 11:58PM |
| | | | Yama 8:09AM – 10:20AM | Siddha Until 2:07PM |
| Creative Work Siddha Yoga | | | Rahu 4:52PM – 7:03PM | Gara Until 2:23PM |
| | | | | Chaturdasi* Until 1:28AM Wed |
| | | | Ganesha: White <i>Sunrise:</i> 3:48AM | Muruqa: Red <i>Sunset:</i> 9:14PM |
| | | | Nataraja: Purple | Moon – Orange |
| | | | Jyeshtha-Vaikasi | Subha Sivaloka Day |

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|  | Wednesday, June 15, 2011 | | Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam | Moscow, Russia |
| | Copper Retreat Star | | Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnima* Yam Titau | Sutra 63 |
| Vrischika Rasi: 20.22 | Tithi 15 | 378666151 | Gulika 10:20AM – 12:31PM | Jyeshtha* Until 10:31PM |
| | | | Yama 5:59AM – 8:09AM | Sadhya Until 11:15AM |
| Creative Work Siddha Yoga | | | Rahu 12:31PM – 2:42PM | Visti Until 12:08PM |
| | | | | Purnima* Until 11:13PM |
| | | | Ganesha: White <i>Sunrise:</i> 3:48AM | Muruqa: Red <i>Sunset:</i> 9:14PM |
| | | | Nataraja: Purple | Moon – Orange |
| | | | Jyeshtha-Ani | Subha Sivaloka Day |

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| Thursday, June 16, 2011 | Silver Retreat Star | | Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam | Moscow, Russia |
| | | | Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathama* Yam Titau | Sutra 64 |
| Dhanus Rasi: 4.17 | Tithi 16 | 388766151 | Gulika 8:09AM – 10:20AM | Mula* Until 9:30PM |
| | | | Yama 3:48AM – 5:59AM | Subha Until 8:46AM |
| Creative Work Siddha Yoga | | | Rahu 2:42PM – 4:53PM | Balava Until 10:20AM |
| | | | | Prathama* Until 9:25PM |
| | | | Ganesha: Blue <i>Sunrise:</i> 3:48AM | Muruqa: Red <i>Sunset:</i> 9:15PM |
| | | | Nataraja: Purple | Moon – Light Blue |
| | | | Jyeshtha-Ani | Devaloka Day |

1 Saturday, June 25, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau Moscow, Russia
Sun 9 Sutra 73
 Khara 5113
 Moon 6 - Phase 10
 2nd Phase

Gulika 3:49AM - 6:00AM **Revati Until 11:47AM** **Ganesha: Purple** *Sunrise: 3:49AM*
Yama 2:44PM - 4:55PM **Sobhana Until 6:36AM** **Muruqa: Red** *Sunset: 9:17PM*
Rahu 8:11AM - 10:22AM **Vanija Until 7:22PM** **Nataraja: Purple**
Navami* Until 6:16AM **Jyeshtha-Ani** **Subha Sivaloka Day**

Meena Rasi: 27.07 Tithi 24 - 25 319766151
 Routine Work Prabalarishta Yoga
 Until 11:47AM then Siddha Yoga

2 Sunday, June 26, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Dasami*/Ekadasi* Yam Titau Moscow, Russia
Sun 10 Sutra 74
 Khara 5113
 Moon 6 - Phase 10
 2nd Phase

Gulika 4:55PM - 7:06PM **Asvini Until 2:32PM** **Ganesha: Clear** *Sunrise: 3:49AM*
Yama 12:33PM - 2:44PM **Athiganda* Until 7:22AM** **Muruqa: Red** *Sunset: 9:17PM*
Rahu 7:06PM - 9:17PM **Bava Until 9:32PM** **Nataraja: Purple**
Dasami Until 8:26AM **Jyeshtha-Ani** **Sivaloka Day**

Mesha Rasi: 9.04 Tithi 25 - 26 329766151
 Creative Work Siddha Yoga
 Until 2:32PM then no yoga
 Until 10:04PM then Siddha Yoga

3 Monday, June 27, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau Moscow, Russia
Sun 11 Sutra 75
 Khara 5113
 Moon 6 - Phase 10
 2nd Phase

Gulika 2:44PM - 4:55PM **Bharani Until 5:01PM** **Ganesha: Clear** *Sunrise: 3:50AM*
Yama 10:23AM - 12:33PM **Sukarma Until 7:55AM** **Muruqa: Red** *Sunset: 9:17PM*
Rahu 6:01AM - 8:12AM **Kaulava Until 11:25PM** **Nataraja: Purple**
Ekadasi* Until 10:20AM **Jyeshtha-Ani** **Sivaloka Day**

Mesha Rasi: 21.09 Tithi 26 - 27 329766151
Family Home Evening
 Creative Work Siddha Yoga
 Until 5:01PM then no yoga
 Until 10:05PM then Siddha Yoga

4 Tuesday, June 28, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau Moscow, Russia
Sun 12 Sutra 76
 Khara 5113
 Moon 6 - Phase 10
 2nd Phase

Gulika 12:34PM - 2:44PM **Krittika Until 6:08PM** **Ganesha: Red** *Sunrise: 3:51AM*
Yama 8:12AM - 10:23AM **Dhriti Until 8:07AM** **Muruqa: Red** *Sunset: 9:17PM*
Rahu 4:55PM - 7:06PM **Gara Until 11:20PM** **Nataraja: Purple**
Dvadasi* Until 11:20AM **Jyeshtha-Ani** **Sivaloka Day**

Virshabha Rasi: 3.26 Tithi 27 - 28 321766151
 Creative Work Siddha Yoga
 Until 6:08PM then Amrita Yoga
 Until 10:05PM then Siddha Yoga

5 Wednesday, June 29, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau Moscow, Russia
Sun 13 Sutra 77
 Khara 5113
 Moon 6 - Phase 10
 2nd Phase

Gulika 10:23AM - 12:34PM **Rohini Until 7:38PM** **Ganesha: Yellow** *Sunrise: 3:51AM*
Yama 6:02AM - 8:12AM **Shula* Until 7:43AM** **Muruqa: Yellow** *Sunset: 9:17PM*
Rahu 12:34PM - 2:44PM **Visti Until 12:12AM Thu** **Nataraja: Purple**
Trayodasi* Until 12:12PM **Jyeshtha-Ani** **Sivaloka Day**

Virshabha Rasi: 15.57 Tithi 28 - 29 331776151
 Creative Work Siddha Yoga
 Until 10:05PM then Marana Yoga

Thursday, June 30, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Ganda*/Vridhidi Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau Moscow, Russia
Sun 14 Sutra 78
 Khara 5113
 Moon 6 - Phase 10
 Amavasya

Gulika 8:13AM - 10:23AM **Mrigasira Until 8:36PM** **Ganesha: Yellow** *Sunrise: 3:52AM*
Yama 3:52AM - 6:02AM **Ganda* Until 6:59AM** **Muruqa: Yellow** *Sunset: 9:16PM*
Rahu 2:45PM - 4:55PM **Catuspada Until 12:29AM Fri** **Nataraja: Purple**
Chaturdasi* Until 12:29PM **Jyeshtha-Ani** **Sivaloka Day**

Virshabha Rasi: 28.46 Tithi 29 - 30 331776151
 Routine Work Marana Yoga
 Until 10:05PM then Siddha Yoga

Friday, July 1, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau Moscow, Russia
Sun 15 Sutra 79
 Khara 5113
 Moon 6 - Phase 10
 Prathama

Gulika 6:03AM - 8:13AM **Ardra Until 9:00PM** **Ganesha: Yellow** *Sunrise: 3:53AM*
Yama 4:55PM - 7:05PM **Dhruva Until 4:34AM Sat** **Muruqa: Yellow** *Sunset: 9:16PM*
Rahu 10:24AM - 12:34PM **Kintughna Until 12:09AM Sat** **Nataraja: Purple**
Amavasya* Until 12:09PM **Ashada-Ani** **Sivaloka Day**

Mithuna Rasi: 11.53 Tithi 30 - 1 331776151
 Creative Work Siddha Yoga
 Until 10:05PM then Marana Yoga

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda, Isau 1. UpM, 49

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| 1 | Saturday, July 2, 2011 | | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau | | Moscow, Russia |
| | Mithuna Rasi: 25.19 | Tithi 1 – 2 | | | Sun 16 Sutra 80 Khara 5113 |
| | 341776151 | Gulika 3:53AM – 6:04AM Yama 2:45PM – 4:55PM Rahu 8:14AM – 10:24AM | Punarvasu Until 7:46PM Vyaghata* Until 1:23AM Sun Balava Until 9:53PM Prathama* Until 10:48AM | Ganesha: Red <i>Sunrise:</i> 3:53AM Muruqa: Yellow <i>Sunset:</i> 9:15PM Nataraja: Purple Moon – Blue Ashada-Ani | Moon 6 - Phase 11 3rd Phase Sivaloka Day |
| Routine Work Marana Yoga Until 7:46PM then Siddha Yoga | | | | | |


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| 2 | Sunday, July 3, 2011 | | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau | | Moscow, Russia |
| | Kataka Rasi: 9.01 | Tithi 2 – 3 | | | Sun 17 Sutra 81 Khara 5113 |
| | 341776151 | Gulika 4:55PM – 7:05PM Yama 12:35PM – 2:45PM Rahu 7:05PM – 9:15PM | Pushya Until 7:08PM Harshana Until 11:16PM Taitila Until 8:30PM Dvitiya Until 9:25AM | Ganesha: Red <i>Sunrise:</i> 3:54AM Muruqa: Yellow <i>Sunset:</i> 9:15PM Nataraja: Purple Moon – Blue Ashada-Ani | Moon 6 - Phase 11 3rd Phase Sivaloka Day |
| Creative Work Siddha Yoga | | | | | |

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| 3 | Monday, July 4, 2011 | | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau | | Moscow, Russia |
| | Kataka Rasi: 22.56 | Tithi 3 – 4 | | | Sun 18 Sutra 82 Khara 5113 |
| | 341776151 | Gulika 2:45PM – 4:54PM Yama 10:25AM – 12:35PM Rahu 6:05AM – 8:15AM | Aslesha* Until 6:06PM Vajra* Until 8:48PM Vanija Until 6:42PM Tritiya Until 7:37AM | Ganesha: Red <i>Sunrise:</i> 3:55AM Muruqa: Yellow <i>Sunset:</i> 9:14PM Nataraja: Purple Moon – Blue Ashada-Ani | Moon 6 - Phase 11 3rd Phase Sivaloka Day |
| Family Home Evening Creative Work Siddha Yoga | | | | | |

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| 4 | Tuesday, July 5, 2011 | | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchami Yam Titau | | Moscow, Russia |
| | Simha Rasi: 7.02 | Tithi 5 | | | Sun 19 Sutra 83 Khara 5113 |
| | 351776151 | Gulika 12:35PM – 2:45PM Yama 8:16AM – 10:25AM Rahu 4:54PM – 7:04PM | Magha* Until 4:48PM Siddhi Until 6:03PM Bava Until 4:36PM Panchami Until 3:40AM Wed | Ganesha: Blue <i>Sunrise:</i> 3:56AM Muruqa: Yellow <i>Sunset:</i> 9:14PM Nataraja: Purple Moon – Red Ashada-Ani | Moon 6 - Phase 11 3rd Phase Subha Sivaloka Day |
| Creative Work Siddha Yoga Until 10.06PM then Amrita Yoga | | | | | |

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| 5 | Wednesday, July 6, 2011 | | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni*/Uttaraphalguni* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Shashti* Yam Titau | | Moscow, Russia |
| | Simha Rasi: 21.13 | Tithi 6 | | | Sun 20 Sutra 84 Khara 5113 |
| | 351776151 | Gulika 10:26AM – 12:35PM Yama 6:07AM – 8:16AM Rahu 12:35PM – 2:44PM | Purvaphalguni* Until 3:20PM Vyatipata* Until 3:10PM Kaulava Until 2:19PM Shashti* Until 1:23AM Thu | Ganesha: Blue <i>Sunrise:</i> 3:57AM Muruqa: Yellow <i>Sunset:</i> 9:13PM Nataraja: Purple Moon – Red Ashada-Ani | Moon 6 - Phase 11 3rd Phase Subha Sivaloka Day |
| Creative Work Amrita Yoga Until 10.06PM then Prabalarishta Yoga | | | | | |

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| 6 | Thursday, July 7, 2011 | | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Saptami Yam Titau | | Moscow, Russia |
| | Kanya Rasi: 5.27 | Tithi 7 | | | Sun 21 Sutra 85 Khara 5113 |
| | 451776151 | Gulika 8:17AM – 10:26AM Yama 3:58AM – 6:07AM Rahu 2:44PM – 4:54PM | Uttaraphalguni Until 1:48PM Variyan Until 12:12PM Gara Until 11:57AM Saptami Until 11:01PM | Ganesha: Red <i>Sunrise:</i> 3:58AM Muruqa: Yellow <i>Sunset:</i> 9:12PM Nataraja: Purple Moon – Red Ashada-Ani | Moon 6 - Phase 11 3rd Phase Sivaloka Day |
| Routine Work Prabalarishta Yoga Until 1:48PM then no yoga Until 10.07PM then Amrita Yoga | | Chidambaram Abhishekam | | | |

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|  | Friday, July 8, 2011 | | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtami* Yam Titau | | Moscow, Russia |
| | Kanya Rasi: 19.41 | Tithi 8 | | | Sun 22 Sutra 86 Khara 5113 |
| | 462776151 | Gulika 6:08AM – 8:17AM Yama 4:53PM – 7:02PM Rahu 10:26AM – 12:35PM | Hasta Until 12:15PM Parigha* Until 9:14AM Visti Until 9:35AM Ashtami* Until 8:40PM | Ganesha: Yellow <i>Sunrise:</i> 3:59AM Muruqa: Yellow <i>Sunset:</i> 9:11PM Nataraja: Purple Moon – Green Ashada-Ani | Moon 6 - Phase 11 Ashtami Sivaloka Day |
| Creative Work Amrita Yoga Until 12:15PM then Siddha Yoga Until 10.07PM then Marana Yoga | | | | | |

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| 7 | Saturday, July 9, 2011 | | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navami* Yam Titau | | Moscow, Russia |
| | Tula Rasi: 3.52 | Tithi 9 | | | Sun 23 Sutra 87 Khara 5113 |
| | 462776151 | Gulika 4:00AM – 6:09AM Yama 2:44PM – 4:53PM Rahu 8:18AM – 10:27AM | Chitra Until 10:47AM Shiva Until 6:20AM Balava Until 7:19AM Navami* Until 6:23PM | Ganesha: Yellow <i>Sunrise:</i> 4:00AM Muruqa: Yellow <i>Sunset:</i> 9:10PM Nataraja: Purple Moon – Green Ashada-Ani | Moon 6 - Phase 11 Navami Sivaloka Day |
| Routine Work Marana Yoga Until 10:47AM then Siddha Yoga | | | | | |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda, Maitu 3.2. UpH, 418

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| 1 | Sunday, July 10, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Visakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau | | | | Moscow, Russia |
| | Tula Rasi: 17.59 Tithi 10 – 11 462776151 | Gulika 4:53PM – 7:01PM Yama 12:36PM – 2:44PM Rahu 7:01PM – 9:09PM | Svati Until 9:27AM Sadhya Until 12:53AM Mon Vanija Until 3:19AM Mon Dasami Until 4:14PM | Ganesha: Yellow <i>Sunrise:</i> 4:02AM Muruqa: Yellow <i>Sunset:</i> 9:09PM Nataraja: Purple Moon – Green Ashada•Ani | Sun 24 Sutra 88 Khara 5113 Moon 6 - Phase 12 4th Phase Sivaloka Day | |
| Creative Work Siddha Yoga Until 9:27AM then Marana Yoga | | | | | | |

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| 2 | Monday, July 11, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Visakha/Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadasi/Dvadasi Yam Titau | | | | Moscow, Russia |
| | Vrischika Rasi: 2.01 Tithi 11 – 12 Family Home Evening 472876151 Routine Work Marana Yoga Until 8:16AM then Siddha Yoga | Gulika 2:44PM – 4:52PM Yama 10:28AM – 12:36PM Rahu 6:11AM – 8:19AM | Visakha Until 8:16AM Subha Until 10:16PM Bava Until 1:20AM Tue Ekadasi Until 2:16PM | Ganesha: Yellow <i>Sunrise:</i> 4:03AM Muruqa: Yellow <i>Sunset:</i> 9:09PM Nataraja: Purple Moon – Orange Ashada•Ani | Sun 25 Sutra 89 Khara 5113 Moon 6 - Phase 12 4th Phase Sivaloka Day | |

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| 3 | Tuesday, July 12, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau | | | | Moscow, Russia |
| | Vrischika Rasi: 15.54 Tithi 12 – 13 472876151 | Gulika 12:36PM – 2:44PM Yama 8:20AM – 10:28AM Rahu 4:52PM – 7:00PM | Anuradha Until 7:18AM Sukla Until 7:51PM Kaulava Until 11:36PM Dvadasi Until 12:32PM <i>Pradosha Vrata</i> | Ganesha: Yellow <i>Sunrise:</i> 4:04AM Muruqa: Yellow <i>Sunset:</i> 9:07PM Nataraja: Purple Moon – Orange Ashada•Ani | Sun 26 Sutra 90 Khara 5113 Moon 6 - Phase 12 4th Phase Sivaloka Day | |
| Creative Work Siddha Yoga | | | | | | |

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|---|---|---|--|---|--|----------------|
| 4 | Wednesday, July 13, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Tailita/Gara Karana Trayodasi/Chaturdasi* Yam Titau | | | | Moscow, Russia |
| | Vrischika Rasi: 29.38 Tithi 13 – 14 472876151 | Gulika 10:28AM – 12:36PM Yama 6:13AM – 8:21AM Rahu 12:36PM – 2:44PM | Jyeshtha* Until 6:38AM Brahma Until 6:31PM Gara Until 10:11PM Trayodasi Until 11:06AM | Ganesha: Yellow <i>Sunrise:</i> 4:06AM Muruqa: Yellow <i>Sunset:</i> 9:06PM Nataraja: Purple Moon – Orange Ashada•Ani | Sun 27 Sutra 91 Khara 5113 Moon 6 - Phase 12 4th Phase Sivaloka Day | |
| Creative Work Siddha Yoga Until 6:38AM then Marana Yoga Until 10:07PM then Siddha Yoga | | | | | | |

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|------------------------------|---|---|--|--|--|----------------|
| ○ | Thursday, July 14, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau | | | | Moscow, Russia |
| | Dhanus Rasi: 13.1 Tithi 14 – 15 482876151 | Gulika 8:21AM – 10:29AM Yama 4:07AM – 6:14AM Rahu 2:43PM – 4:51PM Satguru Purnima | Mula* Until 6:19AM Indra Until 4:33PM Visti Until 10:23PM Chaturdasi* Until 10:23AM | Ganesha: White <i>Sunrise:</i> 4:07AM Muruqa: Yellow <i>Sunset:</i> 9:05PM Nataraja: Purple Moon – Light Blue Ashada•Ani | Sutra 92 Khara 5113 Moon 6 - Phase 12 Purnima Subha Sivaloka Day | |
| Creative Work Siddha Yoga | | | | | | |

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|--|--|---|--|--|---|----------------|
| ○ | Friday, July 15, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau | | | | Moscow, Russia |
| | Dhanus Rasi: 26.28 Tithi 15 – 16 482876151 | Gulika 6:15AM – 8:22AM Yama 4:50PM – 6:57PM Rahu 10:29AM – 12:36PM | Purvashadha* Until 6:23AM Vaidhriti* Until 2:59PM Balava Until 9:41PM Purnima* Until 9:41AM | Ganesha: White <i>Sunrise:</i> 4:08AM Muruqa: Yellow <i>Sunset:</i> 9:04PM Nataraja: Purple Moon – Light Blue Ashada•Ani | Sutra 93 Khara 5113 Moon 6 - Phase 12 Prathama Subha Sivaloka Day | |
| Creative Work Siddha Yoga Until 10:08PM then no yoga | | | | | | |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishṇa Yajur Veda, Maitu 6.34. UpM, 104



Saturday, July 16, 2011
Gold Retreat Star

Makara Rasi: 9.3 Tithi 16 – 17
482876151
No Yoga
Until 6:55AM then Siddha Yoga
Until 10.08PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Gulika 4:10AM – 6:16AM
Yama 2:43PM – 4:49PM
Rahu 8:23AM – 10:30AM

Uttarashadha Until 6:55AM
Vishkambha* Until 1:51PM
Taitila Until 9:31PM
Prathama* Until 9:31AM

Ganesha: White
Muruqa: Yellow
Nataraja: Purple
Moon – Light Blue
Ashada*Adi

Moscow, Russia
Sutra 94
Khara 5113
Moon 7 - Phase 13
1st Phase

Subha Sivaloka Day

1 Sunday, July 17, 2011

Makara Rasi: 22.17 Tithi 17 – 18
492876152
Creative Work Amrita Yoga
Until 7:56AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 4:49PM – 6:55PM
Yama 12:36PM – 2:43PM
Rahu 6:55PM – 9:01PM

Sravana Until 7:56AM
Priti Until 1:42PM
Vanija Until 9:51PM
Dvitiya Until 9:51AM

Ganesha: Clear
Muruqa: Yellow
Nataraja: Clear
Moon – Purple
Ashada*Adi

Moscow, Russia
Sun 1 Sutra 95
Khara 5113
Moon 7 - Phase 13
1st Phase

Devaloka Day

2 Monday, July 18, 2011

Kumbha Rasi: 4.49 Tithi 18 – 19
492876152
Family Home Evening
Creative Work Siddha Yoga
Until 10.08PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 2:42PM – 4:48PM
Yama 10:30AM – 12:36PM
Rahu 6:19AM – 8:25AM

Dhanishtha Until 9:42AM
Ayushman Until 1:25PM
Bava Until 12:13AM Tue
Tritiya Until 11:07AM

Ganesha: Clear
Muruqa: Yellow
Nataraja: Clear
Moon – Purple
Ashada*Adi

Moscow, Russia
Sun 2 Sutra 96
Khara 5113
Moon 7 - Phase 13
1st Phase

Devaloka Day

3 Tuesday, July 19, 2011

Kumbha Rasi: 17.08 Tithi 19 – 20
492876152
Routine Work Marana Yoga
Until 10.08PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 12:36PM – 2:42PM
Yama 8:25AM – 10:31AM
Rahu 4:48PM – 6:53PM

Satabhisha Until 11:45AM
Saubhagya Until 1:33PM
Kaulava Until 1:37AM Wed
Chaturthi* Until 12:32PM

Ganesha: Clear
Muruqa: Yellow
Nataraja: Clear
Moon – Purple
Ashada*Adi

Moscow, Russia
Sun 3 Sutra 97
Khara 5113
Moon 7 - Phase 13
1st Phase

Devaloka Day

4 Wednesday, July 20, 2011

Kumbha Rasi: 29.15 Tithi 20 – 21
412876152
Creative Work Amrita Yoga
Until 2:10PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Sobhana/Alhiganda* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 10:31AM – 12:37PM
Yama 6:21AM – 8:26AM
Rahu 12:37PM – 2:42PM

Purvaprostapada* Until 2:10PM
Sobhana Until 2:01PM
Gara Until 3:26AM Thu
Panchami Until 2:20PM

Ganesha: Yellow
Muruqa: Yellow
Nataraja: Clear
Moon – Clear
Ashada*Adi

Moscow, Russia
Sun 4 Sutra 98
Khara 5113
Moon 7 - Phase 13
1st Phase

Devaloka Day

5 Thursday, July 21, 2011

Meena Rasi: 11.14 Tithi 21 – 22
412876152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Alhiganda*/Sukarma Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Gulika 8:27AM – 10:32AM
Yama 4:17AM – 6:22AM
Rahu 2:41PM – 4:46PM

Uttaraprostapada Until 4:52PM
Athiganda* Until 2:45PM
Visti Until 5:33AM Fri
Shasthi* Until 4:27PM

Ganesha: Yellow
Muruqa: Yellow
Nataraja: Clear
Moon – Clear
Ashada*Adi

Moscow, Russia
Sun 5 Sutra 99
Khara 5113
Moon 7 - Phase 13
1st Phase

Devaloka Day

6 Friday, July 22, 2011

Meena Rasi: 23.08 Tithi 22
413876152
Creative Work Siddha Yoga
Until 7:43PM then Amrita Yoga
Until 10.08PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Sukarma/Dhriti Yoga Bava Karana Saptami Yam Titau

Gulika 6:23AM – 8:28AM
Yama 4:45PM – 6:50PM
Rahu 10:32AM – 12:37PM

Revati Until 7:43PM
Sukarma Until 3:37PM
Bava Until 7:50AM Sat
Saptami Until 6:44PM

Ganesha: White
Muruqa: Yellow
Nataraja: Clear
Moon – Clear
Ashada*Adi

Moscow, Russia
Sun 6 Sutra 100
Khara 5113
Moon 7 - Phase 13
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Saturday, July 23, 2011
Retreat Star

Mesha Rasi: 5.02 Tithi 23
423876152
Creative Work Siddha Yoga
Until 10:36PM then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Asvini Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 4:21AM – 6:25AM
Yama 2:41PM – 4:45PM
Rahu 8:29AM – 10:33AM

Asvini Until 10:36PM
Dhriti Until 4:31PM
Balava Until 7:58AM
Ashtami* Until 9:03PM

Ganesha: Yellow
Muruqa: Yellow
Nataraja: Clear
Moon – White
Ashada*Adi

Moscow, Russia
Sun 7 Sutra 101
Khara 5113
Moon 7 - Phase 13
Ashtami

Devaloka Day

Sunday, July 24, 2011

Retreat Star

Mesha Rasi: 16.59 Tithi 24
423876152
No Yoga
Until 10.08PM then Siddha Yoga
Until 1:22AM Mon then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Navami* Yam Titau

Gulika 4:44PM – 6:47PM
Yama 12:37PM – 2:40PM
Rahu 6:47PM – 8:51PM

Bharani Until 1:22AM Mon
Shula* Until 5:18PM
Taitila Until 10:09AM
Navami* Until 11:15PM

Ganesha: Yellow
Muruqa: Yellow
Nataraja: Clear
Moon – White
Ashada*Adi

Moscow, Russia
Sun 8 Sutra 102
Khara 5113
Moon 7 - Phase 13
Navami

Devaloka Day

Borne along and defiled by the stream of qualities, unsteady, wavering, bewildered, full of desire, distracted, one goes on into the state of self-conceit. In thinking, "This is I" and "That is mine" one binds himself with himself, as does a bird with a snare. Krishna Yajur Veda, Maitu 3.2. UpH, 418


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|-----------------------------------|------------------------------|--|---|
| 1 | Monday, July 25, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ganda*Vridhi Yoga Vanija/Visti* Karana Dasami Yam Titau | Moscow, Russia |
| | | | Sun 9 Sutra 103 Khara 5113 |
| Mesha Rasi: 29.05 | Tithi 25 | Gulika 2:40PM – 4:43PM | Krittika Until 3:51AM Tue |
| Family Home Evening | 433876152 | Yama 10:34AM – 12:37PM | Ganesha: Yellow <i>Sunrise: 4:24AM</i> |
| No Yoga | | Rahu 6:27AM – 8:30AM | Muruqa: Yellow <i>Sunset: 8:49PM</i> |
| Until 10.08PM then Siddha Yoga | | | Nataraja: Clear |
| Until 3:51AM Tue then Amrita Yoga | | | Moon – White |
| | | | Ashada*Adi |
| | | | Devaloka Day |

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| 2 | Tuesday, July 26, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Ekadasi* Yam Titau | Moscow, Russia |
| | | | Sun 10 Sutra 104 Khara 5113 |
| Wrishabha Rasi: 11.23 | Tithi 26 | Gulika 12:37PM – 2:39PM | Rohini Until 4:04AM Wed |
| 433876152 | | Yama 8:31AM – 10:34AM | Ganesha: Blue <i>Sunrise: 4:26AM</i> |
| Creative Work Amrita Yoga | | Rahu 4:42PM – 6:45PM | Muruqa: Yellow <i>Sunset: 8:48PM</i> |
| Until 10.08PM then Siddha Yoga | | | Nataraja: Clear |
| | | | Moon – Yellow |
| | | | Ashada*Adi |
| | | | Bhuloka Day |
| | | | Devaloka Time: 3:PM to 6:PM |

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| 3 | Wednesday, July 27, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau | Moscow, Russia |
| | | | Sun 11 Sutra 105 Khara 5113 |
| Wrishabha Rasi: 23.59 | Tithi 27 | Gulika 10:34AM – 12:37PM | Mrigasira Until 5:24AM Thu |
| 433876152 | | Yama 6:30AM – 8:32AM | Ganesha: Blue <i>Sunrise: 4:27AM</i> |
| Creative Work Siddha Yoga | | Rahu 12:37PM – 2:39PM | Muruqa: Yellow <i>Sunset: 8:46PM</i> |
| Until 10.08PM then Marana Yoga | | | Nataraja: Clear |
| | | | Moon – Yellow |
| | | | Ashada*Adi |
| | | | Bhuloka Day |
| | | | Devaloka Time: 3:PM to 6:PM |

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| 4 | Thursday, July 28, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodasi* Yam Titau | Moscow, Russia |
| | | | Sun 12 Sutra 106 Khara 5113 |
| Mithuna Rasi: 6.58 | Tithi 28 | Gulika 8:33AM – 10:35AM | Ardra Until 6:05AM Fri |
| 433876152 | | Yama 4:29AM – 6:31AM | Ganesha: Blue <i>Sunrise: 4:29AM</i> |
| Routine Work Marana Yoga | | Rahu 2:38PM – 4:40PM | Muruqa: Yellow <i>Sunset: 8:44PM</i> |
| Until 10.08PM then Siddha Yoga | | | Nataraja: Clear |
| | | | Moon – Yellow |
| | | | Ashada*Adi |
| | | | Bhuloka Day |
| | | | Devaloka Time: 3:PM to 6:PM |

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|-----------------------------------|------------------------------|---|---|
| 5 | Friday, July 29, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau | Moscow, Russia |
| | | | Sun 13 Sutra 107 Khara 5113 |
| Mithuna Rasi: 20.19 | Tithi 29 | Gulika 6:32AM – 8:34AM | Punarvasu Until 4:19AM Sat |
| 433876152 | | Yama 4:39PM – 6:41PM | Ganesha: Blue <i>Sunrise: 4:31AM</i> |
| Creative Work Siddha Yoga | | Rahu 10:35AM – 12:37PM | Muruqa: Yellow <i>Sunset: 8:42PM</i> |
| Until 10.08PM then Marana Yoga | | | Nataraja: Clear |
| Until 4:19AM Sat then Siddha Yoga | | | Moon – Blue |
| | | | Ashada*Adi |
| | | | Bhuloka Day |
| | | | Devaloka Time: 3:PM to 6:PM |

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|---|--------------------------------|--|---|
|  | Saturday, July 30, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau | Moscow, Russia |
| | Retreat Star | | Sun 14 Sutra 108 Khara 5113 |
| Kataka Rasi: 4.04 | Tithi 30 | Gulika 4:33AM – 6:34AM | Pushya Until 3:36AM Sun |
| 433876152 | | Yama 2:38PM – 4:38PM | Ganesha: Blue <i>Sunrise: 4:33AM</i> |
| Creative Work Siddha Yoga | | Rahu 8:35AM – 10:36AM | Muruqa: Yellow <i>Sunset: 8:40PM</i> |
| | | | Nataraja: Clear |
| | | | Moon – Blue |
| | | | Ashada*Adi |
| | | | Bhuloka Day |
| | | | Devaloka Time: 3:PM to 6:PM |

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|---------------------------|------------------------------|---|---|
| Retreat Star | Sunday, July 31, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathama* Yam Titau | Moscow, Russia |
| | | | Sun 15 Sutra 109 Khara 5113 |
| Kataka Rasi: 18.1 | Tithi 1 | Gulika 4:37PM – 6:38PM | Aslesha* Until 2:17AM Mon |
| 433876152 | | Yama 12:37PM – 2:37PM | Ganesha: Blue <i>Sunrise: 4:35AM</i> |
| Creative Work Siddha Yoga | | Rahu 6:38PM – 8:38PM | Muruqa: Yellow <i>Sunset: 8:38PM</i> |
| | | | Nataraja: Clear |
| | | | Moon – Blue |
| | | | Sravana*Adi |
| | | | Bhuloka Day |
| | | | Devaloka Time: 3:PM to 6:PM |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda, Kathau 5.11. bo UpH, 357

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| 1 | Monday, August 1, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Variyan Yoga Balava/Taitila Karana Dvitiya/Tritiya Yam Titau | Moscow, Russia |
| | Simha Rasi: 2.32 Tithi 2 - 3 Family Home Evening 453876152 Creative Work Siddha Yoga | Gulika 2:36PM - 4:37PM Yama 10:36AM - 12:36PM Rahu 6:36AM - 8:36AM | Magha* Until 11:17PM Variyan Until 2:41AM Tue Balava Until 6:00AM Dvitiya Until 4:17PM |

Ganesha: Blue *Sunrise:* 4:38AM
Muruqa: Yellow *Sunset:* 8:37PM
Nataraja: Clear
Moon - Red
Sravana-Adi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

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|----------|---|---|---|
| 2 | Tuesday, August 2, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau | Moscow, Russia |
| | Simha Rasi: 17.05 Tithi 3 - 4 Creative Work Siddha Yoga Until 9:21PM then Amrita Yoga | Gulika 12:36PM - 2:36PM Yama 8:37AM - 10:37AM Rahu 4:35PM - 6:35PM | Purvaphalguni* Until 9:21PM Parigha* Until 10:09PM Vanija Until 11:51PM Tritiya Until 1:34PM |

Ganesha: Blue *Sunrise:* 4:38AM
Muruqa: Yellow *Sunset:* 8:35PM
Nataraja: Clear
Moon - Red
Sravana-Adi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

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| 3 | Wednesday, August 3, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau | Moscow, Russia |
| | Kanya Rasi: 1.41 Tithi 4 - 5 Creative Work Amrita Yoga Until 7:19PM then Siddha Yoga Until 10.08PM then no yoga | Gulika 10:37AM - 12:36PM Yama 6:39AM - 8:38AM Rahu 12:36PM - 2:35PM | Uttaraphalguni Until 7:19PM Shiva Until 6:49PM Bava Until 9:02PM Chaturthi* Until 10:45AM |

Nag Panchami

Ganesha: Blue *Sunrise:* 4:40AM
Muruqa: Yellow *Sunset:* 8:33PM
Nataraja: Clear
Moon - Red
Sravana-Adi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

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| 4 | Thursday, August 4, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau | Moscow, Russia |
| | Kanya Rasi: 16.14 Tithi 5 - 6 No Yoga Until 6:11PM then Siddha Yoga | Gulika 8:39AM - 10:38AM Yama 4:42AM - 6:40AM Rahu 2:35PM - 4:33PM | Hasta Until 6:11PM Siddha Until 4:11PM Kaulava Until 7:16PM Panchami Until 8:11AM |

Ganesha: Yellow *Sunrise:* 4:42AM
Muruqa: Yellow *Sunset:* 8:31PM
Nataraja: Clear
Moon - Green
Sravana-Adi

Devaloka Day

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| 5 | Friday, August 5, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptami Yam Titau | Moscow, Russia |
| | Tula Rasi: 0.38 Tithi 7 Creative Work Siddha Yoga | Gulika 6:42AM - 8:40AM Yama 4:32PM - 6:30PM Rahu 10:38AM - 12:36PM | Chitra Until 4:20PM Sadhya Until 12:56PM Gara Until 4:34PM Saptami Until 3:39AM Sat |

Ganesha: Yellow *Sunrise:* 4:44AM
Muruqa: Yellow *Sunset:* 8:29PM
Nataraja: Clear
Moon - Green
Sravana-Adi

Devaloka Day

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|----------|---|--|---|
| 6 | Saturday, August 6, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantra Vasara Yuktayam Svati/Visakha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtami* Yam Titau | Moscow, Russia |
| | Tula Rasi: 14.52 Tithi 8 Creative Work Siddha Yoga Until 10.08PM then Marana Yoga | Gulika 4:46AM - 6:43AM Yama 2:34PM - 4:31PM Rahu 8:41AM - 10:38AM | Svati Until 2:49PM Subha Until 9:59AM Visti Until 2:14PM Ashtami* Until 1:19AM Sun |

Ganesha: Yellow *Sunrise:* 4:46AM
Muruqa: Yellow *Sunset:* 8:26PM
Nataraja: Clear
Moon - Green
Sravana-Adi

Devaloka Day

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|----------|--|---|---|
| 7 | Sunday, August 7, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Visakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau | Moscow, Russia |
| | Tula Rasi: 28.52 Tithi 9 Routine Work Marana Yoga Until 10.08PM then Siddha Yoga | Gulika 4:30PM - 6:27PM Yama 12:36PM - 2:33PM Rahu 6:27PM - 8:24PM | Visakha Until 1:41PM Sukla Until 7:23AM Balava Until 12:19PM Navami* Until 11:24PM |

Ganesha: White *Sunrise:* 4:47AM
Muruqa: Yellow *Sunset:* 8:24PM
Nataraja: Clear
Moon - Orange
Sravana-Adi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda, Svetu 3.2. VE, 621

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|----------|------------------------------------|--|---|
| 1 | Monday, August 8, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Tailila/Gara Karana Dasami Yam Titau | Moscow, Russia |
| | Vrischika Rasi: 12.37 Tilthi 10 | Gulika 2:32PM – 4:29PM Anuradha Until 12:56PM | Sun 23 Sutra 117 Khara 5113 |
| | Family Home Evening 474976152 | Yama 10:39AM – 12:36PM Indra Until 2:29AM Tue | Moon 7 - Phase 16 |
| | Creative Work Siddha Yoga | Rahu 6:46AM – 8:43AM Taitila Until 10:50AM | 4th Phase |
| | | Dasami Until 9:54PM | Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| | | Ganesha: White <i>Sunrise:</i> 4:49AM | |
| | | Muruqa: Yellow <i>Sunset:</i> 8:22PM | |
| | | Nataraja: Clear | |
| | | Moon – Orange | |
| | | Sravana-Adi | |

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|----------|-----------------------------------|---|---|
| 2 | Tuesday, August 9, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau | Moscow, Russia |
| | Vrischika Rasi: 26.1 Tilthi 11 | Gulika 12:36PM – 2:32PM Jyeshtha* Until 1:05PM | Sun 24 Sutra 118 Khara 5113 |
| | 474976152 | Yama 8:43AM – 10:40AM Vaidhriti* Until 1:57AM Wed | Moon 7 - Phase 16 |
| | Creative Work Siddha Yoga | Rahu 4:28PM – 6:24PM Vanija Until 10:04AM | 4th Phase |
| | | Ekadasi Until 10:04PM | Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| | | Ganesha: White <i>Sunrise:</i> 4:51AM | |
| | | Muruqa: Yellow <i>Sunset:</i> 8:20PM | |
| | | Nataraja: Clear | |
| | | Moon – Orange | |
| | | Sravana-Adi | |

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| 3 | Wednesday, August 10, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau | Moscow, Russia |
| | Dhanus Rasi: 9.29 Tilthi 12 | Gulika 10:40AM – 12:35PM Mula* Until 1:05PM | Sun 25 Sutra 119 Khara 5113 |
| | 484976152 | Yama 6:49AM – 8:44AM Vishkambha* Until 12:19AM Thu | Moon 7 - Phase 16 |
| | Routine Work Marana Yoga | Rahu 12:35PM – 2:31PM Bava Until 9:19AM | 4th Phase |
| | | Dvadasi Until 9:19PM | Devaloka Day |
| | | Ganesha: Clear <i>Sunrise:</i> 4:53AM | |
| | | Muruqa: Yellow <i>Sunset:</i> 8:18PM | |
| | | Nataraja: Clear | |
| | | Moon – Light Blue | |
| | | Sravana-Adi | |

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| 4 | Thursday, August 11, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau | Moscow, Russia |
| | Dhanus Rasi: 22.37 Tilthi 13 | Gulika 8:45AM – 10:40AM Purvashadha* Until 1:28PM | Sun 26 Sutra 120 Khara 5113 |
| | 484976152 | Yama 4:55AM – 6:50AM Priti Until 11:01PM | Moon 7 - Phase 16 |
| | Creative Work Siddha Yoga | Rahu 2:30PM – 4:26PM Kaulava Until 8:59AM | 4th Phase |
| | | Trayodasi Until 8:59PM | Devaloka Day |
| | | <i>Pradosha Vrata</i> | |
| | | Ganesha: Clear <i>Sunrise:</i> 4:55AM | |
| | | Muruqa: Yellow <i>Sunset:</i> 8:16PM | |
| | | Nataraja: Clear | |
| | | Moon – Light Blue | |
| | | Sravana-Adi | |

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|----------|--------------------------------|---|---------------------------------------|
| 5 | Friday, August 12, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha*/Srivana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau | Moscow, Russia |
| | Makara Rasi: 5.34 Tilthi 14 | Gulika 6:51AM – 8:46AM Uttarashadha Until 2:12PM | Sun 27 Sutra 121 Khara 5113 |
| | 484976152 | Yama 4:24PM – 6:19PM Ayushman Until 10:04PM | Moon 7 - Phase 16 |
| | Creative Work Siddha Yoga | Rahu 10:41AM – 12:35PM Gara Until 9:02AM | 4th Phase |
| | | Chaturdasi* Until 9:02PM | Devaloka Day |
| | | Ganesha: Clear <i>Sunrise:</i> 4:57AM | |
| | | Muruqa: Yellow <i>Sunset:</i> 8:13PM | |
| | | Nataraja: Clear | |
| | | Moon – Light Blue | |
| | | Sravana-Adi | |

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| ○ | Saturday, August 13, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantra Vasara Yuktayam Srivana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau | Moscow, Russia |
| | Copper Retreat Star | Gulika 4:59AM – 6:53AM Sravana Until 3:18PM | Sutra 122 Khara 5113 |
| | Makara Rasi: 18.18 Tilthi 15 | Yama 2:29PM – 4:23PM Saubhagya Until 9:26PM | Moon 7 - Phase 16 |
| | 494976152 | Rahu 8:47AM – 10:41AM Visti Until 9:29AM | Purnima |
| | | Purnima* Until 9:29PM | Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| | | Raksha Bandhan | |
| | | Ganesha: Purple <i>Sunrise:</i> 4:59AM | |
| | | Muruqa: Yellow <i>Sunset:</i> 8:11PM | |
| | | Nataraja: Clear | |
| | | Moon – Purple | |
| | | Sravana-Adi | |

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| ○ | Sunday, August 14, 2011 | Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau | Moscow, Russia |
| | Silver Retreat Star | Gulika 4:22PM – 6:15PM Dhanishtha Until 5:38PM | Sutra 123 Khara 5113 |
| | Kumbha Rasi: 0.51 Tilthi 16 | Yama 12:35PM – 2:28PM Sobhana Until 10:18PM | Moon 7 - Phase 16 |
| | 494976152 | Rahu 6:15PM – 8:09PM Balava Until 10:41AM | Prathama |
| | | Prathama* Until 11:46PM | Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| | | Ganesha: Purple <i>Sunrise:</i> 5:01AM | |
| | | Muruqa: Yellow <i>Sunset:</i> 8:09PM | |
| | | Nataraja: Clear | |
| | | Moon – Purple | |
| | | Sravana-Adi | |

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. %oig Veda Sarhita 9.113.9. VE, 634



Monday, August 15, 2011
Gold Retreat Star

Kumbha Rasi: 13.13 Tithi 17
Family Home Evening 494976152
Creative Work Siddha Yoga
Until 7:34PM then no yoga
Until 10.06PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Satabhisha Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiya Yam Titau

Gulika 2:28PM – 4:21PM **Satabhisha Until 7:34PM**
Yama 10:42AM – 12:35PM **Athiganda* Until 10:18PM**
Rahu 6:56AM – 8:49AM **Taitila Until 11:59AM**
Dvitiya Until 1:04AM Tue

Moscow, Russia
Sun 1 Sutra 124
Khara 5113
Moon 8 - Phase 17
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Ganesha: Purple *Sunrise:* 5:03AM
Muruqa: Yellow *Sunset:* 8:07PM
Nataraja: Clear
Moon – Purple
Sravana-Adi

1

Tuesday, August 16, 2011

Kumbha Rasi: 25.25 Tithi 18
414976152
Routine Work Marana Yoga
Until 9:51PM then Amrita Yoga
Until 10.06PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprostapada* Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiya Yam Titau

Gulika 12:34PM – 2:27PM **Purvaprostapada* Until 9:51PM**
Yama 8:49AM – 10:42AM **Sukarma Until 10:38PM**
Rahu 4:19PM – 6:12PM **Vanija Until 1:39PM**
Tritiya Until 2:44AM Wed

Moscow, Russia
Sun 2 Sutra 125
Khara 5113
Moon 8 - Phase 17
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Ganesha: White *Sunrise:* 5:04AM
Muruqa: Yellow *Sunset:* 8:04PM
Nataraja: Clear
Moon – Clear
Sravana-Adi

2

Wednesday, August 17, 2011

Meena Rasi: 7.28 Tithi 19
415976152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprostapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthi* Yam Titau

Gulika 10:42AM – 12:34PM **Uttaraprostapada Until 12:25AM Thu**
Yama 6:58AM – 8:50AM **Dhriti Until 11:14PM**
Rahu 12:34PM – 2:26PM **Bava Until 3:38PM**
Chaturthi* Until 4:43AM Thu

Moscow, Russia
Sun 3 Sutra 126
Khara 5113
Moon 8 - Phase 17
1st Phase

Devaloka Day

Ganesha: Clear *Sunrise:* 5:06AM
Muruqa: Yellow *Sunset:* 8:02PM
Nataraja: Clear
Moon – Clear
Sravana-Avani

3

Thursday, August 18, 2011

Meena Rasi: 19.24 Tithi 20
515976152
Creative Work Siddha Yoga
Until 3:13AM Fri then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Shula* Yoga Kaulava/Taitila Karana Panchami Yam Titau

Gulika 8:51AM – 10:43AM **Revati Until 3:13AM Fri**
Yama 5:08AM – 7:00AM **Shula* Until 12:02AM Fri**
Rahu 2:25PM – 4:17PM **Kaulava Until 5:52PM**
Panchami Until 7:11AM Fri

Moscow, Russia
Sun 4 Sutra 127
Khara 5113
Moon 8 - Phase 17
1st Phase

Sivaloka Day

Ganesha: Purple *Sunrise:* 5:08AM
Muruqa: Yellow *Sunset:* 8:00PM
Nataraja: Clear
Moon – Clear
Sravana-Avani

4

Friday, August 19, 2011

Mesha Rasi: 1.16 Tithi 20 – 21
525976152
Creative Work Amrita Yoga
Until 10.05PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Asvini Nakshatra Ganda* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 7:01AM – 8:52AM **Asvini Until 6:26AM Sat**
Yama 4:16PM – 6:06PM **Ganda* Until 12:58AM Sat**
Rahu 10:43AM – 12:34PM **Gara Until 8:16PM**
Panchami Until 7:11AM

Moscow, Russia
Sun 5 Sutra 128
Khara 5113
Moon 8 - Phase 17
1st Phase

Devaloka Day

Ganesha: Clear *Sunrise:* 5:10AM
Muruqa: Yellow *Sunset:* 7:57PM
Nataraja: Clear
Moon – White
Sravana-Avani

5

Saturday, August 20, 2011

Mesha Rasi: 13.07 Tithi 21 – 22
525976152
Creative Work Siddha Yoga
Until 10.05PM then no yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam
Asvini/Bharani Nakshatra Vriddhi Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Gulika 5:12AM – 7:02AM **Asvini Until 6:26AM**
Yama 2:24PM – 4:14PM **Vriddhi Until 1:56AM Sun**
Rahu 8:53AM – 10:43AM **Visti Until 10:41PM**
Shasthi* Until 9:36AM

Moscow, Russia
Sun 6 Sutra 129
Khara 5113
Moon 8 - Phase 17
1st Phase

Devaloka Day

Ganesha: Clear *Sunrise:* 5:12AM
Muruqa: Yellow *Sunset:* 7:55PM
Nataraja: Clear
Moon – White
Sravana-Avani



Sunday, August 21, 2011
Retreat Star

Mesha Rasi: 25.01 Tithi 22 – 23
525976152
No Yoga
Until 9:17AM then Siddha Yoga
Until 10.05PM then no yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 4:13PM – 6:03PM **Bharani Until 9:17AM**
Yama 12:33PM – 2:23PM **Dhruva Until 2:47AM Mon**
Rahu 6:03PM – 7:53PM **Balava Until 12:59AM Mon**
Krishna Janmashtami
Saptami Until 11:54AM

Moscow, Russia
Sun 7 Sutra 130
Khara 5113
Moon 8 - Phase 17
Ashtami

Devaloka Day

Ganesha: Clear *Sunrise:* 5:14AM
Muruqa: Yellow *Sunset:* 7:53PM
Nataraja: Clear
Moon – White
Sravana-Avani

Monday, August 22, 2011
Retreat Star

Vrishabha Rasi: 7.04 Tithi 23 – 24
Family Home Evening 525976152
No Yoga
Until 11:51AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Gulika 2:22PM – 4:12PM **Krittika Until 11:51AM**
Yama 10:44AM – 12:33PM **Vyaghata* Until 3:22AM Tue**
Rahu 7:05AM – 8:54AM **Taitila Until 2:59AM Tue**
Ashtami* Until 1:53PM

Moscow, Russia
Sun 8 Sutra 131
Khara 5113
Moon 8 - Phase 17
Navami

Devaloka Day

Ganesha: Clear *Sunrise:* 5:16AM
Muruqa: Yellow *Sunset:* 7:50PM
Nataraja: Clear
Moon – White
Sravana-Avani


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| 1 | Tuesday, August 23, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Grigasira Nakshatra Harshana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau | Moscow, Russia |
| | 535976152 | | Sun 9 Sutra 132 Khara 5113 |
| Wrishabha Rasi: 19.21 | Tithi 24 – 25 | Gulika 12:33PM – 2:22PM Yama 8:55AM – 10:44AM Rahu 4:10PM – 5:59PM | Rohini Until 1:21PM Harshana Until 2:00AM Wed Vanija Until 2:36AM Wed Navami* Until 2:36PM |
| Creative Work Amrita Yoga Until 1:21PM then Siddha Yoga | | Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Yellow Sravana*Avani | Sunrise: 5:18AM Sunset: 7:48PM Moon 8 - Phase 18 2nd Phase Sivaloka Day |

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| 2 | Wednesday, August 24, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira/Ardra Nakshatra Vajra* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau | Moscow, Russia |
| | 535976152 | | Sun 10 Sutra 133 Khara 5113 |
| Mithuna Rasi: 1.58 | Tithi 25 – 26 | Gulika 10:44AM – 12:32PM Yama 7:08AM – 8:56AM Rahu 12:32PM – 2:21PM | Mrigasira Until 2:42PM Vajra* Until 1:36AM Thu Bava Until 3:19AM Thu Dasami Until 3:19PM |
| Creative Work Siddha Yoga Until 10:04PM then Marana Yoga | | Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Yellow Sravana*Avani | Sunrise: 5:20AM Sunset: 7:45PM Moon 8 - Phase 18 2nd Phase Sivaloka Day |

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| 3 | Thursday, August 25, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau | Moscow, Russia |
| | 535976152 | | Sun 11 Sutra 134 Khara 5113 |
| Mithuna Rasi: 14.58 | Tithi 26 – 27 | Gulika 8:57AM – 10:45AM Yama 5:22AM – 7:09AM Rahu 2:20PM – 4:08PM | Ardra Until 3:18PM Siddhi Until 12:31AM Fri Kaulava Until 3:14AM Fri Ekadasi* Until 3:14PM |
| Routine Work Marana Yoga Until 3:18PM then Amrita Yoga Until 10:04PM then Siddha Yoga | | Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Yellow Sravana*Avani | Sunrise: 5:22AM Sunset: 7:43PM Moon 8 - Phase 18 2nd Phase Sivaloka Day |

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| 4 | Friday, August 26, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau | Moscow, Russia |
| | 545976152 | | Sun 12 Sutra 135 Khara 5113 |
| Mithuna Rasi: 28.25 | Tithi 27 – 28 | Gulika 7:11AM – 8:58AM Yama 4:06PM – 5:53PM Rahu 10:45AM – 12:32PM | Punarvasu Until 2:26PM Vyatipata* Until 9:32PM Gara Until 12:42AM Sat Dvadasi* Until 1:37PM <i>Pradosha Vrata (Fasting)</i> |
| Creative Work Siddha Yoga Until 2:26PM then Marana Yoga Until 10:04PM then Siddha Yoga | | Ganesha: Yellow Muruqa: Yellow Nataraja: Clear Moon – Blue Sravana*Avani | Sunrise: 5:24AM Sunset: 7:40PM Moon 8 - Phase 18 2nd Phase Devaloka Day |

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| 5 | Saturday, August 27, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam Pushya/Aslesha* Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau | Moscow, Russia |
| | 546976152 | | Sun 13 Sutra 136 Khara 5113 |
| Kataka Rasi: 12.2 | Tithi 28 – 29 | Gulika 5:25AM – 7:12AM Yama 2:18PM – 4:05PM Rahu 8:59AM – 10:45AM | Pushya Until 1:26PM Variyan Until 7:03PM Visti Until 10:56PM Trayodasi* Until 11:51AM |
| Creative Work Siddha Yoga Until 1:26PM then Marana Yoga Until 10:03PM then Siddha Yoga | | Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Blue Sravana*Avani | Sunrise: 5:25AM Sunset: 7:38PM Moon 8 - Phase 18 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM |

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|  | Sunday, August 28, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Aslesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau | Moscow, Russia |
| | 546976152 | | Sun 14 Sutra 137 Khara 5113 |
| Kataka Rasi: 26.41 | Tithi 29 – 30 | Gulika 4:03PM – 5:49PM Yama 12:31PM – 2:17PM Rahu 5:49PM – 7:35PM | Aslesha* Until 11:18AM Parigha* Until 3:16PM Catuspada Until 7:21PM Chaturdasi* Until 9:04AM |
| Creative Work Siddha Yoga Until 11:18AM then Marana Yoga Until 10:03PM then Siddha Yoga | | Ganesha: White Muruqa: Yellow Nataraja: White Moon – Blue Sravana*Avani | Sunrise: 5:27AM Sunset: 7:35PM Moon 8 - Phase 18 Amavasya Devaloka Day |

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| Retreat Star | Monday, August 29, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Shiva/Siddha Yoga Naga*/Bava Karana Amavasya*/Prathama* Yam Titau | Moscow, Russia |
| | 556976153 | | Sun 15 Sutra 138 Khara 5113 |
| Simha Rasi: 11.23 | Tithi 30 – 1 | Gulika 2:17PM – 4:02PM Yama 10:46AM – 12:31PM Rahu 7:15AM – 9:00AM | Magha* Until 9:07AM Shiva Until 11:46AM Bava Until 2:40AM Tue Amavasya* Until 6:06AM |
| Family Home Evening Creative Work Siddha Yoga | | Ganesha: Green Muruqa: Yellow Nataraja: White Moon – Red Bhadrapada*Avani | Sunrise: 5:29AM Sunset: 7:33PM Moon 8 - Phase 18 Prathama Devaloka Day |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda, Svetu 6.2. UpR, 743


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| 1 | Tuesday, August 30, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dviliya Yam Titau | | Moscow, Russia |
| | Simha Rasi: 26.18 | Tithi 2 | | | Sun 16 Sutra 139 Khara 5113 |
| | | 556176153 | Gulika 12:31PM – 2:16PM Yama 9:01AM – 10:46AM Rahu 4:01PM – 5:45PM | Purvaphalguni* Until 6:35AM Siddha Until 7:57AM Balava Until 1:02PM Dvitiya Until 11:19PM | Ganesha: Blue <i>Sunrise: 5:31AM</i> Muruqa: Yellow <i>Sunset: 7:30PM</i> Nataraja: White Moon – Red Bhadrapada*Avani |
| | Creative Work Siddha Yoga Until 6:35AM then Amrita Yoga | | | | Devaloka Day |

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| 2 | Wednesday, August 31, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiya Yam Titau | | Moscow, Russia |
| | Kanya Rasi: 11.18 | Tithi 3 | | | Sun 17 Sutra 140 Khara 5113 |
| | | 566176153 | Gulika 10:46AM – 12:30PM Yama 7:17AM – 9:02AM Rahu 12:30PM – 2:15PM | Hasta Until 1:16AM Thu Subha Until 12:00PM Taitila Until 9:33AM Tritiya Until 7:51PM | Ganesha: Blue <i>Sunrise: 5:33AM</i> Muruqa: Yellow <i>Sunset: 7:28PM</i> Nataraja: White Moon – Green Bhadrapada*Avani |
| | Creative Work Siddha Yoga Until 10:02PM then no yoga Until 1:16AM Thu then Siddha Yoga | | | | Devaloka Day |

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|----------|------------------------------------|-------------|--|--|---|
| 3 | Thursday, September 1, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Bava Karana Chaturthi*/Panchami Yam Titau | | Moscow, Russia |
| | Kanya Rasi: 26.13 | Tithi 4 – 5 | | | Sun 18 Sutra 141 Khara 5113 |
| | | 566176153 | Gulika 9:03AM – 10:46AM Yama 5:35AM – 7:19AM Rahu 2:14PM – 3:58PM | Chitra Until 10:43PM Sukla Until 8:10PM Vanija Until 6:12AM Chaturthi* Until 4:29PM | Ganesha: Blue <i>Sunrise: 5:35AM</i> Muruqa: Yellow <i>Sunset: 7:25PM</i> Nataraja: White Moon – Green Bhadrapada*Avani |
| | Creative Work Siddha Yoga | | Ganesha Chaturthi | | Devaloka Day |

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| 4 | Friday, September 2, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau | | Moscow, Russia |
| | Tula Rasi: 10.56 | Tithi 5 – 6 | | | Sun 19 Sutra 142 Khara 5113 |
| | | 566176153 | Gulika 7:20AM – 9:03AM Yama 3:56PM – 5:40PM Rahu 10:47AM – 12:30PM | Svati Until 9:32PM Brahma Until 5:21PM Kaulava Until 1:08AM Sat Panchami Until 2:04PM | Ganesha: Blue <i>Sunrise: 5:37AM</i> Muruqa: Yellow <i>Sunset: 7:23PM</i> Nataraja: White Moon – Green Bhadrapada*Avani |
| | Creative Work Siddha Yoga Until 9:32PM then Marana Yoga Until 10:02PM then Siddha Yoga | | | | Devaloka Day |

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| 5 | Saturday, September 3, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Visakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau | | Moscow, Russia |
| | Tula Rasi: 25.22 | Tithi 6 – 7 | | | Sun 20 Sutra 143 Khara 5113 |
| | | 577176153 | Gulika 5:39AM – 7:21AM Yama 2:12PM – 3:55PM Rahu 9:04AM – 10:47AM | Visakha Until 7:40PM Indra Until 2:03PM Gara Until 10:27PM Shasthi* Until 11:23AM | Ganesha: Blue <i>Sunrise: 5:39AM</i> Muruqa: Yellow <i>Sunset: 7:20PM</i> Nataraja: White Moon – Orange Bhadrapada*Avani |
| | Creative Work Siddha Yoga Until 10:01PM then Marana Yoga | | | | Subha Sivaloka Day |

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|  | Sunday, September 4, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau | | Moscow, Russia |
| | Retreat Star | | | | Sun 21 Sutra 144 Khara 5113 |
| | Vrischika Rasi: 9.26 | Tithi 7 – 8 | | | Moon 8 - Phase 19 Ashtami |
| | | 577176153 | Gulika 3:53PM – 5:36PM Yama 12:29PM – 2:11PM Rahu 5:36PM – 7:18PM | Anuradha Until 6:24PM Vaidhriti* Until 11:19AM Visti Until 8:25PM Saptami Until 9:20AM | Ganesha: Blue <i>Sunrise: 5:41AM</i> Muruqa: Yellow <i>Sunset: 7:18PM</i> Nataraja: White Moon – Orange Bhadrapada*Avani |
| | Routine Work Marana Yoga Until 10:01PM then Siddha Yoga | | | | Subha Sivaloka Day |

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|----------------------------------|---|-------------|--|--|--|
| Monday, September 5, 2011 | Retreat Star | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau | | Moscow, Russia |
| | | | | | Sun 22 Sutra 145 Khara 5113 |
| | Vrischika Rasi: 23.09 | Tithi 8 – 9 | | | Moon 8 - Phase 19 Navami |
| | Family Home Evening | | | | |
| | | 577176153 | Gulika 2:10PM – 3:52PM Yama 10:47AM – 12:29PM Rahu 7:24AM – 9:06AM | Jyeshtha* Until 6:39PM Vishkambha* Until 9:23AM Balava Until 8:08PM Ashtami* Until 8:08AM | Ganesha: Blue <i>Sunrise: 5:43AM</i> Muruqa: Yellow <i>Sunset: 7:15PM</i> Nataraja: White Moon – Orange Bhadrapada*Avani |
| | Creative Work Siddha Yoga Until 10:01PM then Amrita Yoga | | | | Subha Sivaloka Day |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Mundu 1.1.7. bo UpR, 673

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| 1 | Tuesday, September 6, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau | | | | Moscow, Russia |
| | Dhanus Rasi: 6.31 | Tithi 9 – 10 | 587176153 | Gulika 2:29PM – 2:10PM | Mula* Until 6:35PM | Ganesha: Yellow Muruqa: Yellow Nataraja: White Moon – Light Blue Bhadrapada*Avani | Sun 23 Sutra 146 Khara 5113 Moon 8 - Phase 20 4th Phase Sivaloka Day |
| Creative Work Amrita Yoga | | | | | | | |
| Until 6:35PM then Siddha Yoga | | | | | | | |
| Until 10.00PM then Amrita Yoga | | | | | | | |

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| 2 | Wednesday, September 7, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau | | | | Moscow, Russia |
| | Dhanus Rasi: 19.36 | Tithi 10 – 11 | 587176153 | Gulika 10:48AM – 12:28PM | Purvashadha* Until 7:03PM | Ganesha: Yellow Muruqa: Yellow Nataraja: White Moon – Light Blue Bhadrapada*Avani | Sun 24 Sutra 147 Khara 5113 Moon 8 - Phase 20 4th Phase Sivaloka Day |
| Creative Work Amrita Yoga | | | | | | | |
| Until 10.00PM then Siddha Yoga | | | | | | | |

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| 3 | Thursday, September 8, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau | | | | Moscow, Russia |
| | Makara Rasi: 2.26 | Tithi 11 – 12 | 587176153 | Gulika 9:08AM – 10:48AM | Uttarashadha Until 7:59PM | Ganesha: Yellow Muruqa: Yellow Nataraja: White Moon – Light Blue Bhadrapada*Avani | Sun 25 Sutra 148 Khara 5113 Moon 8 - Phase 20 4th Phase Sivaloka Day |
| Creative Work Siddha Yoga | | | | | | | |

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| 4 | Friday, September 9, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Sravana Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau | | | | Moscow, Russia |
| | Makara Rasi: 15.03 | Tithi 12 – 13 | 597176153 | Gulika 7:30AM – 9:09AM | Sravana Until 10:34PM | Ganesha: White Muruqa: Yellow Nataraja: White Moon – Purple Bhadrapada*Avani | Sun 26 Sutra 149 Khara 5113 Moon 8 - Phase 20 4th Phase Subha Sivaloka Day |
| Creative Work Siddha Yoga | | | | | | | |
| | | <i>Pradosha Vrata</i> | | | | | |

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| 5 | Saturday, September 10, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau | | | | Moscow, Russia |
| | Makara Rasi: 27.31 | Tithi 13 – 14 | 598176153 | Gulika 5:52AM – 7:31AM | Dhanishtha Until 12:19AM Sun | Ganesha: Yellow Muruqa: Yellow Nataraja: White Moon – Purple Bhadrapada*Avani | Sun 27 Sutra 150 Khara 5113 Moon 8 - Phase 20 4th Phase Sivaloka Day |
| Creative Work Siddha Yoga | | | | | | | |
| | | Chidambaram Abhishekam | | | | | |

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| ○ | Sunday, September 11, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau | | | | Moscow, Russia |
| | Copper Retreat Star | | 598176153 | Gulika 3:43PM – 5:21PM | Satabhisha Until 2:22AM Mon | Ganesha: Yellow Muruqa: Yellow Nataraja: White Moon – Purple Bhadrapada*Avani | Sun 28 Sutra 151 Khara 5113 Moon 8 - Phase 20 Purnima Sivaloka Day |
| Kumbha Rasi: 9.49 | | Tithi 14 – 15 | | | | | |
| Creative Work Siddha Yoga | | | | Grandparent's Day | | | |
| Until 2:22AM Mon then no yoga | | | | Chaturdasi* Until 10:50AM | | | |

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| ○ | Monday, September 12, 2011 | | Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprostapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau | | | | Moscow, Russia |
| | Silver Retreat Star | | 518186153 | Gulika 2:04PM – 3:42PM | Purvaprostapada* Until 4:40AM Tue | Ganesha: Yellow Muruqa: White Nataraja: White Moon – Clear Bhadrapada*Avani | Sun 29 Sutra 152 Khara 5113 Moon 8 - Phase 20 Prathama Subha Sivaloka Day |
| Kumbha Rasi: 22 | | Tithi 15 – 16 | | | | | |
| Family Home Evening | | | | Shula* Until 5:59AM Tue | | | |
| No Yoga | | | | Balava Until 1:39AM Tue | | | |
| Until 9.58PM then Marana Yoga | | | | Purnima* Until 12:34PM | | | |
| Until 4:40AM Tue then Amrita Yoga | | | | | | | |

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376



Tuesday, September 13, 2011
Gold Retreat Star

Meena Rasi: 4.04 Tithi 16 – 17
518186153
Creative Work Amrita Yoga
Until 9.58PM then Siddha Yoga
Until 7:18AM Wed then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprostapada Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 12:26PM – 2:03PM **Uttaraprostapada Until 7:18AM Wed**
Yama 9:12AM – 10:49AM **Ganda* Until 6:40AM Wed**
Rahu 3:40PM – 5:17PM **Taitila Until 3:39AM Wed**
Prathama* Until 2:33PM

Moscow, Russia
Sutra 153
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Sivaloka Day
Ganesha: Yellow *Sunrise:* 5:58AM
Muruqa: White *Sunset:* 6:54PM
Nataraja: White
Moon – Clear
Bhadrapada*Avani

1

Wednesday, September 14, 2011

Meena Rasi: 16.01 Tithi 17 – 18
518186153
Creative Work Siddha Yoga
Until 7:18AM then Marana Yoga
Until 9.58PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 10:49AM – 12:26PM **Uttaraprostapada Until 7:18AM**
Yama 7:36AM – 9:13AM **Ganda* Until 6:40AM**
Rahu 12:26PM – 2:02PM **Vanija Until 5:51AM Thu**
Dvitiya Until 4:46PM

Moscow, Russia
Sun 1 Sutra 154
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Sivaloka Day
Ganesha: Yellow *Sunrise:* 6:00AM
Muruqa: White *Sunset:* 6:52PM
Nataraja: White
Moon – Clear
Bhadrapada*Avani

2

Thursday, September 15, 2011

Meena Rasi: 27.54 Tithi 18
518186153
Creative Work Siddha Yoga
Until 10:12AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Asvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 9:13AM – 10:49AM **Revati Until 10:12AM**
Yama 6:02AM – 7:38AM **Vridhhi Until 7:33AM**
Rahu 2:01PM – 3:37PM **Vanija Until 6:04AM**
Tritiya Until 7:09PM

Moscow, Russia
Sun 2 Sutra 155
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Sivaloka Day
Ganesha: Yellow *Sunrise:* 6:02AM
Muruqa: White *Sunset:* 6:49PM
Nataraja: White
Moon – Clear
Bhadrapada*Avani

3

Friday, September 16, 2011

Mesha Rasi: 9.44 Tithi 19
529186153
Creative Work Amrita Yoga
Until 1:12PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Asvini/Bharani Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 7:39AM – 9:14AM **Asvini Until 1:12PM**
Yama 3:36PM – 5:11PM **Dhruva Until 8:32AM**
Rahu 10:50AM – 12:25PM **Bava Until 8:33AM**
Chaturthi* Until 9:39PM

Moscow, Russia
Sun 3 Sutra 156
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Sivaloka Day
Ganesha: Red *Sunrise:* 6:03AM
Muruqa: White *Sunset:* 6:47PM
Nataraja: White
Moon – White
Bhadrapada*Avani

4

Saturday, September 17, 2011

Mesha Rasi: 21.34 Tithi 20
529186153
Creative Work Siddha Yoga
Until 4:13PM then Amrita Yoga
Until 9.56PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 6:05AM – 7:40AM **Bharani Until 4:13PM**
Yama 1:59PM – 3:34PM **Vyaghata* Until 9:30AM**
Rahu 9:15AM – 10:50AM **Kaulava Until 11:04AM**
Panchami Until 12:09AM Sun

Moscow, Russia
Sun 4 Sutra 157
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Sivaloka Day
Ganesha: Red *Sunrise:* 6:05AM
Muruqa: White *Sunset:* 6:44PM
Nataraja: White
Moon – White
Bhadrapada*Puratasi

5

Sunday, September 18, 2011

Vrishabha Rasi: 3.26 Tithi 21
529186153
Creative Work Siddha Yoga
Until 9.56PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 3:33PM – 5:07PM **Krittika Until 7:07PM**
Yama 12:24PM – 1:59PM **Harshana Until 10:23AM**
Rahu 5:07PM – 6:41PM **Gara Until 1:26PM**
Shasthi* Until 2:32AM Mon

Moscow, Russia
Sun 5 Sutra 158
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Sivaloka Day
Ganesha: Red *Sunrise:* 6:07AM
Muruqa: White *Sunset:* 6:41PM
Nataraja: White
Moon – White
Bhadrapada*Puratasi

6

Monday, September 19, 2011

Vrishabha Rasi: 15.28 Tithi 22
539186153
Family Home Evening
Creative Work Amrita Yoga
Until 9.45PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 1:58PM – 3:31PM **Rohini Until 9:45PM**
Yama 10:50AM – 12:24PM **Vajra* Until 11:00AM**
Rahu 7:43AM – 9:17AM **Visti Until 3:32PM**
Saptami Until 4:37AM Tue

Moscow, Russia
Sun 6 Sutra 159
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Subha Sivaloka Day
Ganesha: Green *Sunrise:* 6:09AM
Muruqa: White *Sunset:* 6:39PM
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi

Retreat Star

Tuesday, September 20, 2011

Vrishabha Rasi: 27.42 Tithi 23
539186153
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigasira Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 12:24PM – 1:57PM **Mrigasira Until 10:34PM**
Yama 9:17AM – 10:50AM **Siddhi Until 10:51AM**
Rahu 3:30PM – 5:03PM **Balava Until 4:13PM**
Ashtami* Until 4:13AM Wed

Moscow, Russia
Sun 7 Sutra 160
Khara 5113
Moon 9 - Phase 21
Ashtami
Subha Subha Sivaloka Day
Ganesha: Green *Sunrise:* 6:11AM
Muruqa: White *Sunset:* 6:36PM
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi

Wednesday, September 21, 2011

Retreat Star

Mithuna Rasi: 10.14 Tithi 24
539186153
Creative Work Siddha Yoga
Until 9.55PM then Marana Yoga
Until 12:01AM Thu then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 10:51AM – 12:23PM **Ardra Until 12:01AM Thu**
Yama 7:46AM – 9:18AM **Vyatipata* Until 10:32AM**
Rahu 12:23PM – 1:56PM **Taitila Until 5:05PM**
Navami* Until 5:05AM Thu

Moscow, Russia
Sun 8 Sutra 161
Khara 5113
Moon 9 - Phase 21
Navami
Subha Subha Sivaloka Day
Ganesha: Green *Sunrise:* 6:13AM
Muruqa: White *Sunset:* 6:33PM
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishṇa Yajur Veda, Svetu 2.9. UpP, 192

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| 1 | Thursday, September 22, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Vanja/Visti* Karana Dasami Yam Titau | Moscow, Russia |
| | | | Sun 9 Sutra 162 Khara 5113 |
| Mithuna Rasi: 23.11 | Tithi 25 | Gulika 9:19AM – 10:51AM Yama 6:15AM – 7:47AM Rahu 1:55PM – 3:27PM | Punarvasu Until 12:44AM Fri Variyan Until 9:31AM Vanija Until 5:09PM Dasami Until 5:09AM Fri |
| Creative Work Amrita Yoga Until 9:55PM then Siddha Yoga Until 12:44AM Fri then Marana Yoga | 549186153 | Ganesha: Orange <i>Sunrise: 6:15AM</i> Muruqa: White <i>Sunset: 6:31PM</i> Nataraja: White Moon – Blue | Subha Sivaloka Day Moon 9 - Phase 22 2nd Phase |


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| 2 | Friday, September 23, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadasi* Yam Titau | Moscow, Russia |
| | | | Sun 10 Sutra 163 Khara 5113 |
| Kataka Rasi: 6.35 | Tithi 26 | Gulika 7:48AM – 9:20AM Yama 3:25PM – 4:57PM Rahu 10:51AM – 12:23PM | Pushya Until 11:16PM Parigha* Until 7:36AM Bava Until 3:30PM Ekadasi* Until 2:34AM Sat |
| Routine Work Marana Yoga Until 9:54PM then Siddha Yoga Until 11:16PM then Marana Yoga | 549286153 | Ganesha: Green <i>Sunrise: 6:17AM</i> Muruqa: White <i>Sunset: 6:28PM</i> Nataraja: White Moon – Blue | Sivaloka Day Moon 9 - Phase 22 2nd Phase |

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| 3 | Saturday, September 24, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau | Moscow, Russia |
| | | | Sun 11 Sutra 164 Khara 5113 |
| Kataka Rasi: 20.3 | Tithi 27 | Gulika 6:19AM – 7:50AM Yama 1:53PM – 3:24PM Rahu 9:20AM – 10:51AM | Aslesha* Until 10:17PM Siddha Until 2:27AM Sun Kaulava Until 1:47PM Dvadasi* Until 12:52AM Sun |
| Routine Work Marana Yoga Until 9:54PM then Siddha Yoga Until 10:17PM then Marana Yoga | 541286153 | Ganesha: Purple <i>Sunrise: 6:19AM</i> Muruqa: White <i>Sunset: 6:28PM</i> Nataraja: White Moon – Blue | Sivaloka Day Moon 9 - Phase 22 2nd Phase |

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| 4 | Sunday, September 25, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodasi* Yam Titau | Moscow, Russia |
| | | | Sun 12 Sutra 165 Khara 5113 |
| Simha Rasi: 4.53 | Tithi 28 | Gulika 3:22PM – 4:53PM Yama 12:22PM – 1:52PM Rahu 4:53PM – 6:23PM | Magha* Until 7:31PM Sadhya Until 10:08PM Gara Until 10:49AM Trayodasi* Until 9:06PM |
| Routine Work Marana Yoga Until 7:31PM then Siddha Yoga | 551286153 | Ganesha: Light Blue <i>Sunrise: 6:21AM</i> Muruqa: White <i>Sunset: 6:28PM</i> Nataraja: White Moon – Red | Sivaloka Day Moon 9 - Phase 22 2nd Phase |

Pradosha Vrata (Fasting)

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| 5 | Monday, September 26, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha Yoga Visti*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau | Moscow, Russia |
| | | | Sun 13 Sutra 166 Khara 5113 |
| Simha Rasi: 19.41 | Tithi 29 – 30 | Gulika 1:51PM – 3:21PM Yama 10:52AM – 12:21PM Rahu 7:52AM – 9:22AM | Purvaphalguni* Until 5:10PM Subha Until 6:28PM Visti* Until 7:42AM Chaturdasi* Until 5:59PM |
| Family Home Evening Creative Work Siddha Yoga Until 5:10PM then Marana Yoga Until 9:53PM then Amrita Yoga | 551286153 | Ganesha: Light Blue <i>Sunrise: 6:23AM</i> Muruqa: White <i>Sunset: 6:20PM</i> Nataraja: White Moon – Red | Sivaloka Day Moon 9 - Phase 22 2nd Phase |

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|  | Tuesday, September 27, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau | Moscow, Russia |
| | | | Sun 14 Sutra 167 Khara 5113 |
| Retreat Star | Kanya Rasi: 4.47 | Tithi 30 – 1 | Gulika 12:21PM – 1:50PM Yama 9:23AM – 10:52AM Rahu 3:19PM – 4:49PM |
| Creative Work Amrita Yoga Until 2:21PM then Siddha Yoga | 551286153 | Uttaraphalguni Until 2:21PM Sukla Until 2:21PM Kintughna Until 12:39AM Wed Amavasya* Until 2:22PM | Ganesha: Light Blue <i>Sunrise: 6:24AM</i> Muruqa: White <i>Sunset: 6:18PM</i> Nataraja: White Moon – Red |

Sivaloka Day


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| | Wednesday, September 28, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau | Moscow, Russia |
| | | | Sun 15 Sutra 168 Khara 5113 |
| Retreat Star | Kanya Rasi: 20.01 | Tithi 1 – 2 | Gulika 10:52AM – 12:21PM Yama 7:55AM – 9:24AM Rahu 12:21PM – 1:49PM |
| Creative Work Siddha Yoga | 661286153 | Hasta Until 11:19AM Brahma Until 10:02AM Balava Until 8:47PM Prathama* Until 10:30AM | Ganesha: Light Blue <i>Sunrise: 6:26AM</i> Muruqa: White <i>Sunset: 6:15PM</i> Nataraja: White Moon – Green |

Navaratri Begins

Ashvina-Puratasi

Sivaloka Day

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM

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|---|---|---|---|
| 1 | Thursday, September 29, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Yoga Kaulava/Gara Karana Dvitiya/Tritiya Yam Titau | Moscow, Russia |
| | Tula Rasi: 5.13 Tithi 2 – 3 661286153 | Gulika 9:24AM – 10:52AM Yama 6:28AM – 7:56AM Rahu 1:49PM – 3:17PM | Sun 16 Sutra 169 Khara 5113 Moon 9 - Phase 23 3rd Phase |
| | Creative Work Siddha Yoga Until 8:19AM then Amrita Yoga Until 9:52PM then Siddha Yoga | Chitra Until 8:19AM Vaidhriti* Until 1:45AM Fri Gara Until 3:16AM Fri Dvitiya Until 6:41AM | Ganesha: Light Blue <i>Sunrise: 6:28AM</i> Muruqa: White <i>Sunset: 6:13PM</i> Nataraja: White Moon – Green Ashvina•Puratasi |
| 2 | Friday, September 30, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau | Moscow, Russia |
| | Tula Rasi: 20.14 Tithi 4 671286153 | Gulika 7:58AM – 9:25AM Yama 3:15PM – 4:43PM Rahu 10:53AM – 12:20PM | Sun 17 Sutra 170 Khara 5113 Moon 9 - Phase 23 3rd Phase |
| | Routine Work Marana Yoga Until 9:52PM then Siddha Yoga | Visakha Until 2:58AM Sat Vishkambha* Until 9:45PM Vanija Until 1:30PM Chaturthi* Until 11:47PM | Ganesha: Purple <i>Sunrise: 6:30AM</i> Muruqa: White <i>Sunset: 6:10PM</i> Nataraja: White Moon – Orange Ashvina•Puratasi |
| 3 | Saturday, October 1, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau | Moscow, Russia |
| | Vrischika Rasi: 4.55 Tithi 5 671286153 | Gulika 6:32AM – 7:59AM Yama 1:47PM – 3:14PM Rahu 9:26AM – 10:53AM | Sun 18 Sutra 171 Khara 5113 Moon 9 - Phase 23 3rd Phase |
| | Creative Work Siddha Yoga Until 9:52PM then Marana Yoga | Anuradha Until 2:08AM Sun Priti Until 7:04PM Bava Until 10:55AM Panchami Until 10:00PM | Ganesha: Purple <i>Sunrise: 6:32AM</i> Muruqa: White <i>Sunset: 6:07PM</i> Nataraja: White Moon – Orange Ashvina•Puratasi |
| 4 | Sunday, October 2, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shasthi* Yam Titau | Moscow, Russia |
| | Vrischika Rasi: 19.12 Tithi 6 671286153 | Gulika 3:12PM – 4:39PM Yama 12:20PM – 1:46PM Rahu 4:39PM – 6:05PM | Sun 19 Sutra 172 Khara 5113 Moon 9 - Phase 23 3rd Phase |
| | Routine Work Marana Yoga Until 9:51PM then Siddha Yoga | Jyeshtha* Until 12:31AM Mon Ayushman Until 3:58PM Kaulava Until 8:31AM Shasthi* Until 7:36PM | Ganesha: Purple <i>Sunrise: 6:34AM</i> Muruqa: White <i>Sunset: 6:05PM</i> Nataraja: White Moon – Orange Ashvina•Puratasi |
| 5 | Monday, October 3, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptami Yam Titau | Moscow, Russia |
| | Dhanus Rasi: 3.02 Tithi 7 681286153 | Gulika 1:45PM – 3:11PM Yama 10:53AM – 12:19PM Rahu 8:02AM – 9:28AM | Sun 20 Sutra 173 Khara 5113 Moon 9 - Phase 23 3rd Phase |
| | Family Home Evening Creative Work Siddha Yoga Until 9:51PM then Amrita Yoga Until 1:01AM Tue then Siddha Yoga | Mula* Until 1:01AM Tue Saubhagya Until 2:08PM Gara Until 7:02AM Saptami Until 7:02PM | Ganesha: Clear <i>Sunrise: 6:36AM</i> Muruqa: White <i>Sunset: 6:02PM</i> Nataraja: White Moon – Light Blue Ashvina•Puratasi |
|  | Tuesday, October 4, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau | Moscow, Russia |
| | Retreat Star Dhanus Rasi: 16.26 Tithi 8 682286153 | Gulika 12:19PM – 1:44PM Yama 9:28AM – 10:54AM Rahu 3:09PM – 4:35PM | Sun 21 Sutra 174 Khara 5113 Moon 9 - Phase 23 Ashtami |
| | Creative Work Siddha Yoga Until 9:51PM then Amrita Yoga | Purvashadha* Until 12:53AM Wed Sobhana Until 12:20PM Visti Until 6:11AM Ashtami* Until 6:11PM | Ganesha: Orange <i>Sunrise: 6:38AM</i> Muruqa: White <i>Sunset: 6:00PM</i> Nataraja: White Moon – Light Blue Ashvina•Puratasi |
| Retreat Star | Wednesday, October 5, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navami* Yam Titau | Moscow, Russia |
| | Dhanus Rasi: 29.27 Tithi 9 682286153 | Gulika 10:54AM – 12:19PM Yama 8:05AM – 9:29AM Rahu 12:19PM – 1:43PM | Sun 22 Sutra 175 Khara 5113 Moon 9 - Phase 23 Navami |
| | Creative Work Amrita Yoga Until 9:50PM then Siddha Yoga | Uttarashadha Until 1:28AM Thu Athiganda* Until 11:11AM Balava Until 6:08AM Navami* Until 6:08PM | Ganesha: Orange <i>Sunrise: 6:40AM</i> Muruqa: White <i>Sunset: 5:57PM</i> Nataraja: White Moon – Light Blue Ashvina•Puratasi |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

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| 1 | Thursday, October 6, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Sravana Nakshatra Sukarma/Dhriti Yoga Tailita/Gara Karana Dasami Yam Titau | Moscow, Russia |
| | Sun 23 | Sutra 176 | Khara 5113 |
| Makara Rasi: 12.09 | Tithi 10 | Gulika 9:30AM – 10:54AM | Sravana Until 4:22AM Fri |
| 692286153 | | Yama 6:42AM – 8:06AM | Sukarma Until 10:57AM |
| Creative Work Siddha Yoga | | Rahu 1:42PM – 3:06PM | Tailita Until 6:46AM |
| | | | Dasami Until 7:52PM |
| | | | Ganesha: Green Sunrise: 6:42AM |
| | | | Muruqa: White Sunset: 5:55PM |
| | | | Nataraja: White |
| | | | Moon – Purple |
| | | | Ashvina•Puratasi |
| | | | Sivaloka Day |

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| 2 | Friday, October 7, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadasi Yam Titau | Moscow, Russia |
| | Sun 24 | Sutra 177 | Khara 5113 |
| Makara Rasi: 24.36 | Tithi 11 | Gulika 8:07AM – 9:31AM | Dhanishtha Until 6:08AM Sat |
| 692286153 | | Yama 3:05PM – 4:29PM | Dhriti Until 10:46AM |
| Creative Work Siddha Yoga | | Rahu 10:54AM – 12:18PM | Vanija Until 7:57AM |
| Until 6:08AM Sat then Amrita Yoga | | | Ekadasi Until 9:02PM |
| | | Vijaya Dasami | |
| | | | Ganesha: Green Sunrise: 6:44AM |
| | | | Muruqa: White Sunset: 5:52PM |
| | | | Nataraja: White |
| | | | Moon – Purple |
| | | | Ashvina•Puratasi |
| | | | Sivaloka Day |

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| 3 | Saturday, October 8, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadasi Yam Titau | Moscow, Russia |
| | Sun 25 | Sutra 178 | Khara 5113 |
| Kumbha Rasi: 6.52 | Tithi 12 | Gulika 6:46AM – 8:09AM | Satabhisha Until 8:03AM Sun |
| 692286154 | | Yama 1:41PM – 3:04PM | Shula* Until 10:56AM |
| Creative Work Amrita Yoga | | Rahu 9:32AM – 10:55AM | Bava Until 9:32AM |
| Until 9:49PM then Siddha Yoga | | | Dvadasi Until 10:38PM |
| | | Kadaitswami Mahasamadhi | |
| | | | Ganesha: Green Sunrise: 6:46AM |
| | | | Muruqa: White Sunset: 5:50PM |
| | | | Nataraja: Yellow |
| | | | Moon – Purple |
| | | | Ashvina•Puratasi |
| | | | Devaloka Day |

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| 4 | Sunday, October 9, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Ganda*/Vridhi Yoga Kaulava/Tailita Karana Trayodasi Yam Titau | Moscow, Russia |
| | Sun 26 | Sutra 179 | Khara 5113 |
| Kumbha Rasi: 18.59 | Tithi 13 | Gulika 3:02PM – 4:25PM | Satabhisha Until 8:03AM |
| 692286154 | | Yama 12:17PM – 1:40PM | Ganda* Until 11:20AM |
| Creative Work Siddha Yoga | | Rahu 4:25PM – 5:47PM | Kaulava Until 11:25AM |
| Until 9:49PM then no yoga | | | Trayodasi Until 12:31AM Mon |
| | | | <i>Pradosha Vrata</i> |
| | | | Ganesha: Green Sunrise: 6:48AM |
| | | | Muruqa: White Sunset: 5:47PM |
| | | | Nataraja: Yellow |
| | | | Moon – Purple |
| | | | Ashvina•Puratasi |
| | | | Devaloka Day |

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| 5 | Monday, October 10, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau | Moscow, Russia |
| | Sun 27 | Sutra 180 | Khara 5113 |
| Meena Rasi: 1 | Tithi 14 | Gulika 1:39PM – 3:01PM | Purvaprostapada* Until 10:40AM |
| 612286154 | | Yama 10:55AM – 12:17PM | Vridhi Until 11:56AM |
| Family Home Evening | | Rahu 8:12AM – 9:33AM | Gara Until 1:32PM |
| No Yoga | | | Chaturdasi* Until 2:37AM Tue |
| Until 10:40AM then Siddha Yoga | | Chidambaram Abhishekam | |
| Until 9:49PM then Amrita Yoga | | | Ganesha: Blue Sunrise: 6:50AM |
| | | | Muruqa: White Sunset: 5:47PM |
| | | | Nataraja: Yellow |
| | | | Moon – Clear |
| | | | Ashvina•Puratasi |
| | | | Devaloka Day |

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| ○ | Tuesday, October 11, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau | Moscow, Russia |
| | Sun 28 | Sutra 181 | Khara 5113 |
| Meena Rasi: 12.57 | Tithi 15 | Gulika 12:17PM – 1:38PM | Uttaraprostapada Until 1:27PM |
| 612286154 | | Yama 9:34AM – 10:56AM | Dhruva Until 12:40PM |
| Creative Work Amrita Yoga | | Rahu 2:59PM – 4:21PM | Visti Until 3:48PM |
| Until 1:27PM then Siddha Yoga | | | Purnima* Until 4:54AM Wed |
| Until 9:49PM then Marana Yoga | | | |
| | | | Ganesha: Blue Sunrise: 6:52AM |
| | | | Muruqa: White Sunset: 5:42PM |
| | | | Nataraja: Yellow |
| | | | Moon – Clear |
| | | | Ashvina•Puratasi |
| | | | Devaloka Day |

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| ○ | Wednesday, October 12, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Asvini Nakshatra Vyaghata*/Harshana Yoga Balava Karana Prathama* Yam Titau | Moscow, Russia |
| | Sun 29 | Sutra 182 | Khara 5113 |
| Meena Rasi: 24.5 | Tithi 16 | Gulika 10:56AM – 12:17PM | Revati Until 4:20PM |
| 612286154 | | Yama 8:15AM – 9:35AM | Vyaghata* Until 1:31PM |
| Routine Work Marana Yoga | | Rahu 12:17PM – 1:37PM | Balava Until 6:12PM |
| Until 9:48PM then Amrita Yoga | | | Prathama* Until 7:35AM Thu |
| | | | |
| | | | Ganesha: Blue Sunrise: 6:54AM |
| | | | Muruqa: White Sunset: 5:39PM |
| | | | Nataraja: Yellow |
| | | | Moon – Clear |
| | | | Ashvina•Puratasi |
| | | | Devaloka Day |

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM



Thursday, October 13, 2011
Gold Retreat Star

Mesha Rasi: 6.41 Tithi 16 – 17
622286154
Creative Work Amrita Yoga
Until 7:17PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Asvini Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 9:36AM – 10:56AM **Asvini Until 7:17PM**
Yama 6:56AM – 8:16AM Harshana Until 2:25PM
Rahu 1:37PM – 2:57PM Taitila Until 8:41PM
Prathama* Until 7:35AM

Moscow, Russia
Sutra 183
Khara 5113
Moon 10 - Phase 25
1st Phase
Sivaloka Day
Ganesha: Red *Sunrise:* 6:56AM
Muruqa: White *Sunset:* 5:37PM
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

1 **Friday, October 14, 2011**

Mesha Rasi: 18.32 Tithi 17 – 18
622286154
Creative Work Siddha Yoga
Until 10:16PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 8:17AM – 9:37AM **Bharani Until 10:16PM**
Yama 2:55PM – 4:15PM Vajra* Until 3:21PM
Rahu 10:57AM – 12:16PM Vanija Until 11:11PM
Dvitiya Until 10:06AM

Moscow, Russia
Sun 1 Sutra 184
Khara 5113
Moon 10 - Phase 25
1st Phase
Sivaloka Day
Ganesha: Red *Sunrise:* 6:58AM
Muruqa: White *Sunset:* 5:35PM
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

2 **Saturday, October 15, 2011**

Wrishabha Rasi: 0.24 Tithi 18 – 19
622286154
Creative Work Amrita Yoga
Until 9:48PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantra Vasara Yuktayam
Krittika Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 7:00AM – 8:19AM **Krittika Until 1:12AM Sun**
Yama 1:35PM – 2:54PM Siddhi Until 4:13PM
Rahu 9:38AM – 10:57AM Bava Until 1:38AM Sun
Tritiya Until 12:33PM

Moscow, Russia
Sun 2 Sutra 185
Khara 5113
Moon 10 - Phase 25
1st Phase
Sivaloka Day
Ganesha: Red *Sunrise:* 7:00AM
Muruqa: White *Sunset:* 5:32PM
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

3 **Sunday, October 16, 2011**

Wrishabha Rasi: 12.2 Tithi 19 – 20
632286154
Creative Work Siddha Yoga
Until 9:47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 2:53PM – 4:11PM **Rohini Until 4:00AM Mon**
Yama 12:16PM – 1:34PM Vyatipata* Until 4:58PM
Rahu 4:11PM – 5:30PM Kaulava Until 3:56AM Mon
Chaturthi* Until 2:51PM

Moscow, Russia
Sun 3 Sutra 186
Khara 5113
Moon 10 - Phase 25
1st Phase
Devaloka Day
Ganesha: Green *Sunrise:* 7:02AM
Muruqa: White *Sunset:* 5:30PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Puratasi

4 **Monday, October 17, 2011**

Wrishabha Rasi: 24.24 Tithi 20 – 21
632286154
Family Home Evening
Creative Work Amrita Yoga
Until 9:47PM then Siddha Yoga
Until 6:32AM Tue then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigasira Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 1:33PM – 2:51PM **Mrigasira Until 6:32AM Tue**
Yama 10:58AM – 12:15PM Variyan Until 5:29PM
Rahu 8:22AM – 9:40AM Gara Until 5:57AM Tue
Panchami Until 4:52PM

Moscow, Russia
Sun 4 Sutra 187
Khara 5113
Moon 10 - Phase 25
1st Phase
Devaloka Day
Ganesha: Green *Sunrise:* 7:04AM
Muruqa: White *Sunset:* 5:27PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

5 **Tuesday, October 18, 2011**

Mithuna Rasi: 6.4 Tithi 21 – 22
633386154
Routine Work Marana Yoga
Until 9:47PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 12:15PM – 1:33PM **Ardra Until 7:30AM Wed**
Yama 9:41AM – 10:58AM Parigha* Until 4:48PM
Rahu 2:50PM – 4:07PM Visti Until 5:26AM Wed
Shasthi* Until 5:26PM

Moscow, Russia
Sun 5 Sutra 188
Khara 5113
Moon 10 - Phase 25
1st Phase
Devaloka Day
Ganesha: Green *Sunrise:* 7:06AM
Muruqa: White *Sunset:* 5:25PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

6 **Wednesday, October 19, 2011**

Mithuna Rasi: 19.11 Tithi 22
633386154
Creative Work Siddha Yoga
Until 9:47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 10:58AM – 12:15PM **Ardra Until 7:30AM**
Yama 8:25AM – 9:41AM Shiva Until 4:29PM
Rahu 12:15PM – 1:32PM Visti Until 6:21AM
Saptami Until 6:21PM

Moscow, Russia
Sun 6 Sutra 189
Khara 5113
Moon 10 - Phase 25
1st Phase
Devaloka Day
Ganesha: Green *Sunrise:* 7:08AM
Muruqa: White *Sunset:* 5:22PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

Thursday, October 20, 2011
Retreat Star

Kataka Rasi: 2.04 Tithi 23
643386154
Creative Work Amrita Yoga
Until 9:47PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 9:42AM – 10:59AM **Punarvasu Until 8:20AM**
Yama 7:10AM – 8:26AM Siddha Until 3:33PM
Rahu 1:31PM – 2:47PM Balava Until 6:35AM
Ashtami* Until 6:35PM

Moscow, Russia
Sun 7 Sutra 190
Khara 5113
Moon 10 - Phase 25
Ashtami
Sivaloka Day
Ganesha: Orange *Sunrise:* 7:10AM
Muruqa: White *Sunset:* 5:20PM
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi


Friday, October 21, 2011
Retreat Star

Kataka Rasi: 15.22 Tithi 24 – 25
643386154
Routine Work Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Aslesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau
Gulika 8:28AM – 9:43AM **Pushya Until 8:14AM**
Yama 2:46PM – 4:02PM Sadhya Until 1:23PM
Rahu 10:59AM – 12:15PM Vanija Until 4:08AM Sat
Navami* Until 5:03PM

Moscow, Russia
Sun 8 Sutra 191
Khara 5113
Moon 10 - Phase 25
Navami
Sivaloka Day
Ganesha: Orange *Sunrise:* 7:12AM
Muruqa: White *Sunset:* 5:18PM
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139

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| 1 | Saturday, October 22, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha*/Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau | Moscow, Russia |
| | Kataka Rasi: 29.07 Tithi 25 – 26 643386154 | Gulika 7:14AM – 8:29AM Yama 1:30PM – 2:45PM Rahu 9:44AM – 10:59AM | Sun 9 Sutra 192 Khara 5113 Moon 10 - Phase 26 2nd Phase |
| Routine Work Marana Yoga Until 7:31AM then Amrita Yoga Until 9.46PM then Marana Yoga | | Aslesha* Until 7:31AM Subha Until 11:07AM Bava Until 2:44AM Sun Dasami Until 3:39PM | Ganesha: Orange <i>Sunrise:</i> 7:14AM Muruqa: White <i>Sunset:</i> 5:15PM Nataraja: Yellow Moon – Blue Ashvina•Aipasi |
| 2 | Sunday, October 23, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau | Moscow, Russia |
| | Simha Rasi: 13.2 Tithi 26 – 27 653386154 | Gulika 2:44PM – 3:58PM Yama 12:14PM – 1:29PM Rahu 3:58PM – 5:13PM | Sun 10 Sutra 193 Khara 5113 Moon 10 - Phase 26 2nd Phase |
| Creative Work Siddha Yoga Until 3:19AM Mon then Marana Yoga | | Purvaphalguni* Until 3:19AM Mon Sukla Until 7:58AM Kaulava Until 11:08PM Ekadasi* Until 12:51PM | Ganesha: Light Blue <i>Sunrise:</i> 7:16AM Muruqa: White <i>Sunset:</i> 5:13PM Nataraja: Yellow Moon – Red Ashvina•Aipasi |
| 3 | Monday, October 24, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau | Moscow, Russia |
| | Simha Rasi: 28 Tithi 27 – 28 653386154 | Gulika 1:28PM – 2:42PM Yama 11:00AM – 12:14PM Rahu 8:32AM – 9:46AM | Sun 11 Sutra 194 Khara 5113 Moon 10 - Phase 26 2nd Phase |
| Family Home Evening Routine Work Marana Yoga Until 9.46PM then Amrita Yoga Until 1:12AM Tue then Siddha Yoga | | Uttaraphalguni Until 1:12AM Tue Indra Until 12:30AM Tue Gara Until 8:18PM Dvadasi* Until 10:01AM <i>Pradosha Vrata (Fasting)</i> | Ganesha: Light Blue <i>Sunrise:</i> 7:18AM Muruqa: White <i>Sunset:</i> 5:11PM Nataraja: Yellow Moon – Red Ashvina•Aipasi |
| 4 | Tuesday, October 25, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Sakuni* Karana Trayodasi*/Chaturdasi* Yam Titau | Moscow, Russia |
| | Kanya Rasi: 12.59 Tithi 28 – 29 663386154 | Gulika 12:14PM – 1:28PM Yama 9:47AM – 11:01AM Rahu 2:41PM – 3:55PM | Sun 12 Sutra 195 Khara 5113 Moon 10 - Phase 26 2nd Phase |
| Creative Work Siddha Yoga Deepavali Hindu Solidarity Day | | Hasta Until 10:33PM Vaidhriti* Until 8:31PM Sakuni Until 3:09AM Wed Trayodasi* Until 6:35AM | Ganesha: Purple <i>Sunrise:</i> 7:20AM Muruqa: White <i>Sunset:</i> 5:08PM Nataraja: Yellow Moon – Green Ashvina•Aipasi |
|  | Wednesday, October 26, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau | Moscow, Russia |
| | Retreat Star Kanya Rasi: 28.12 Tithi 30 663386154 | Gulika 11:01AM – 12:14PM Yama 8:35AM – 9:48AM Rahu 12:14PM – 1:27PM | Sun 13 Sutra 196 Khara 5113 Moon 10 - Phase 26 Amavasya |
| Creative Work Siddha Yoga Until 9.46PM then Amrita Yoga Subramuniyaswami Mahasamadhi | | Chitra Until 7:33PM Vishkambha* Until 4:12PM Catuspada Until 1:05PM Amavasya* Until 11:22PM | Ganesha: Purple <i>Sunrise:</i> 7:22AM Muruqa: White <i>Sunset:</i> 5:06PM Nataraja: Yellow Moon – Green Ashvina•Aipasi |
| Thurs | Thursday, October 27, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Visakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathama* Yam Titau | Moscow, Russia |
| | Retreat Star Tula Rasi: 13.27 Tithi 1 663386154 | Gulika 9:49AM – 11:02AM Yama 7:24AM – 8:37AM Rahu 1:26PM – 2:39PM | Sun 14 Sutra 197 Khara 5113 Moon 10 - Phase 26 Prathama |
| Creative Work Amrita Yoga Until 4:29PM then Siddha Yoga Until 9.46PM then Marana Yoga Skanda Shasthi Begins | | Svati Until 4:29PM Priti Until 11:50AM Kintughna Until 9:13AM Prathama* Until 7:30PM | Ganesha: Purple <i>Sunrise:</i> 7:24AM Muruqa: White <i>Sunset:</i> 5:04PM Nataraja: Yellow Moon – Green Karttika•Aipasi |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda, Brihadu 4.4.3. bo UpH, 140


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|---|--|---|---|---|---|
| 1 | Friday, October 28, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau | | | Moscow, Russia |
| | Tula Rasi: 28.35 Tithi 2 – 3 673386154 | Gulika 8:38AM – 9:50AM Yama 2:38PM – 3:50PM Rahu 11:02AM – 12:14PM | Visakha Until 1:35PM Ayushman Until 7:38AM Taitila Until 2:07AM Sat Dvitiya Until 3:50PM | Ganesha: Light Blue <i>Sunrise: 7:26AM</i> Muruqa: White <i>Sunset: 5:01PM</i> Nataraja: Yellow Moon – Orange Karttika-Aipasi | Sun 15 Sutra 198 Khara 5113 Moon 10 - Phase 27 3rd Phase Devaloka Day |
| Routine Work Marana Yoga Until 1:35PM then Siddha Yoga | | | | | |


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|--|--|---|--|---|---|
| 2 | Saturday, October 29, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau | | | Moscow, Russia |
| | Virchika Rasi: 13.28 Tithi 3 – 4 673386154 | Gulika 7:28AM – 8:40AM Yama 1:25PM – 2:37PM Rahu 9:51AM – 11:02AM | Anuradha Until 11:30AM Sobhana Until 1:01AM Sun Vanija Until 12:13AM Sun Tritiya Until 1:08PM | Ganesha: Light Blue <i>Sunrise: 7:28AM</i> Muruqa: White <i>Sunset: 4:59PM</i> Nataraja: Yellow Moon – Orange Karttika-Aipasi | Sun 16 Sutra 199 Khara 5113 Moon 10 - Phase 27 3rd Phase Devaloka Day |
| Creative Work Siddha Yoga Until 9:46PM then Marana Yoga | | | | | |

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|--|--|--|--|---|---|
| 3 | Sunday, October 30, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau | | | Moscow, Russia |
| | Virchika Rasi: 27.56 Tithi 4 – 5 673386154 | Gulika 2:35PM – 3:46PM Yama 12:14PM – 1:25PM Rahu 3:46PM – 4:57PM | Jyeshtha* Until 9:32AM Athiganda* Until 9:35PM Bava Until 9:29PM Chaturthi* Until 10:24AM | Ganesha: Light Blue <i>Sunrise: 7:30AM</i> Muruqa: White <i>Sunset: 4:57PM</i> Nataraja: Yellow Moon – Orange Karttika-Aipasi | Sun 17 Sutra 200 Khara 5113 Moon 10 - Phase 27 3rd Phase Devaloka Day |
| Routine Work Marana Yoga Until 9:32AM then Amrita Yoga Until 9:46PM then Siddha Yoga | | | | | |

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|---|--|--|---|---|---|
| 4 | Monday, October 31, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau | | | Moscow, Russia |
| | Dhanu Rasi: 11.58 Tithi 5 – 6 Family Home Evening 683386154 | Gulika 1:24PM – 2:34PM Yama 11:03AM – 12:14PM Rahu 8:43AM – 9:53AM | Mula* Until 8:21AM Sukarma Until 6:53PM Kaulava Until 7:35PM Panchami Until 8:31AM | Ganesha: Orange <i>Sunrise: 7:33AM</i> Muruqa: White <i>Sunset: 4:59PM</i> Nataraja: Yellow Moon – Light Blue Karttika-Aipasi | Sun 18 Sutra 201 Khara 5113 Moon 10 - Phase 27 3rd Phase Sivaloka Day |
| Creative Work Siddha Yoga Until 8:21AM then Marana Yoga Until 9:45PM then Siddha Yoga | | Skanda Shasthi | | | |

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|--|---|---|--|--|---|
| 5 | Tuesday, November 1, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shasthi*/Saplami Yam Titau | | | Moscow, Russia |
| | Dhanu Rasi: 25.31 Tithi 6 – 7 684386154 | Gulika 12:14PM – 1:23PM Yama 9:54AM – 11:04AM Rahu 2:33PM – 3:43PM | Purvashadha* Until 8:08AM Dhriti Until 5:43PM Gara Until 7:37PM Shasthi* Until 7:37AM | Ganesha: Clear <i>Sunrise: 7:35AM</i> Muruqa: White <i>Sunset: 4:53PM</i> Nataraja: Yellow Moon – Light Blue Karttika-Aipasi | Sun 19 Sutra 202 Khara 5113 Moon 10 - Phase 27 3rd Phase Sivaloka Day |
| Creative Work Siddha Yoga Until 8:08AM then Prabalarishta Yoga Until 9:45PM then Amrita Yoga | | | | | |

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|---|--|--|--|--|---|
|  | Wednesday, November 2, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau | | | Moscow, Russia |
| | Retreat Star Makara Rasi: 8.37 Tithi 7 – 8 684386154 | Gulika 11:04AM – 12:14PM Yama 8:46AM – 9:55AM Rahu 12:14PM – 1:23PM | Uttarashadha Until 8:32AM Shula* Until 4:23PM Visti Until 7:24PM Saptami Until 7:24AM | Ganesha: Clear <i>Sunrise: 7:37AM</i> Muruqa: White <i>Sunset: 4:51PM</i> Nataraja: Yellow Moon – Light Blue Karttika-Aipasi | Sun 20 Sutra 203 Khara 5113 Moon 10 - Phase 27 Ashtami Sivaloka Day |
| Creative Work Amrita Yoga Until 8:32AM then Siddha Yoga | | | | | |

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|---|---|---|---|--|--|
|  | Thursday, November 3, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Sravana/Dhanishtha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau | | | Moscow, Russia |
| | Retreat Star Makara Rasi: 21.21 Tithi 8 – 9 694386154 | Gulika 9:56AM – 11:05AM Yama 7:39AM – 8:48AM Rahu 1:22PM – 2:31PM | Sravana Until 9:58AM Ganda* Until 4:27PM Balava Until 9:13PM Ashtami* Until 8:08AM | Ganesha: White <i>Sunrise: 7:39AM</i> Muruqa: White <i>Sunset: 4:49PM</i> Nataraja: Yellow Moon – Purple Karttika-Aipasi | Sun 21 Sutra 204 Khara 5113 Moon 10 - Phase 27 Navami Devaloka Day |
| Creative Work Siddha Yoga | | | | | |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

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|--|---------------|------------------------------------|--|--|
| 1 | | Friday, November 4, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau | Moscow, Russia |
| Kumbha Rasi: 3.46 | Tithi 9 – 10 | 694386154 | Gulika 8:49AM – 9:57AM Yama 2:30PM – 3:38PM Rahu 11:05AM – 12:14PM | Sun 22 Sutra 205 Khara 5113 Moon 10 - Phase 28 4th Phase |
| Creative Work Siddha Yoga Until 9.45PM then Amrita Yoga | | | Dhanishtha Until 11:48AM Vriddhi Until 4:18PM Taitila Until 10:30PM Navami* Until 9:24AM | Ganesha: White <i>Sunrise: 7:41AM</i> Muruqa: White <i>Sunset: 4:46PM</i> Nataraja: Yellow Moon – Purple Karttika-Aipasi |
| Devaloka Day | | | | |
| 2 | | Saturday, November 5, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau | Moscow, Russia |
| Kumbha Rasi: 15.57 | Tithi 10 – 11 | 694386154 | Gulika 7:43AM – 8:51AM Yama 1:21PM – 2:29PM Rahu 9:58AM – 11:06AM | Sun 23 Sutra 206 Khara 5113 Moon 10 - Phase 28 4th Phase |
| Creative Work Amrita Yoga Until 2:06PM then Siddha Yoga | | | Satabhisha Until 2:06PM Dhruva Until 4:34PM Vanija Until 12:16AM Sun Dasami Until 11:11AM | Ganesha: White <i>Sunrise: 7:43AM</i> Muruqa: White <i>Sunset: 4:44PM</i> Nataraja: Yellow Moon – Purple Karttika-Aipasi |
| Devaloka Day | | | | |
| 3 | | Sunday, November 6, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau | Moscow, Russia |
| Kumbha Rasi: 27.59 | Tithi 11 – 12 | 614386154 | Gulika 2:28PM – 3:35PM Yama 12:14PM – 1:21PM Rahu 3:35PM – 4:42PM | Sun 24 Sutra 207 Khara 5113 Moon 10 - Phase 28 4th Phase |
| Creative Work Siddha Yoga Until 4:43PM then Amrita Yoga Until 9.45PM then Siddha Yoga | | | Purvaprostapada* Until 4:43PM Vyaghata* Until 5:08PM Bava Until 2:24AM Mon Ekadasi Until 1:18PM | Ganesha: Blue <i>Sunrise: 7:45AM</i> Muruqa: White <i>Sunset: 4:42PM</i> Nataraja: Yellow Moon – Clear Karttika-Aipasi |
| Devaloka Day | | | | |
| 4 | | Monday, November 7, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprostapada Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau | Moscow, Russia |
| Meena Rasi: 9.55 | Tithi 12 – 13 | 714386154 | Gulika 1:20PM – 2:27PM Yama 11:07AM – 12:14PM Rahu 8:54AM – 10:00AM | Sun 25 Sutra 208 Khara 5113 Moon 10 - Phase 28 4th Phase |
| Family Home Evening Creative Work Siddha Yoga | | | Uttaraprostapada Until 7:31PM Harshana Until 5:52PM Kaulava Until 4:45AM Tue Dvadasi Until 3:39PM | Ganesha: Red <i>Sunrise: 7:47AM</i> Muruqa: White <i>Sunset: 4:40PM</i> Nataraja: Yellow Moon – Clear Karttika-Aipasi |
| <i>Pradosha Vrata</i> Sivaloka Day | | | | |
| 5 | | Tuesday, November 8, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vajra* Yoga Taitila Karana Trayodasi Yam Titau | Moscow, Russia |
| Meena Rasi: 21.47 | Tithi 13 | 714386154 | Gulika 12:14PM – 1:20PM Yama 10:02AM – 11:08AM Rahu 2:26PM – 3:32PM | Sun 26 Sutra 209 Khara 5113 Moon 10 - Phase 28 4th Phase |
| Creative Work Siddha Yoga Until 9.46PM then Marana Yoga | | | Revati Until 10:27PM Vajra* Until 6:43PM Taitila Until 7:13AM Wed Trayodasi Until 6:07PM | Ganesha: Red <i>Sunrise: 7:49AM</i> Muruqa: White <i>Sunset: 4:39PM</i> Nataraja: Yellow Moon – Clear Karttika-Aipasi |
| Sivaloka Day | | | | |
| 6 | | Wednesday, November 9, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Asvini Nakshatra Siddhi* Yoga Gara/Vanija Karana Chaturdasi* Yam Titau | Moscow, Russia |
| Mesha Rasi: 3.38 | Tithi 14 | 724386154 | Gulika 11:08AM – 12:14PM Yama 8:57AM – 10:03AM Rahu 12:14PM – 1:20PM | Sun 27 Sutra 210 Khara 5113 Moon 10 - Phase 28 4th Phase |
| Routine Work Marana Yoga Until 9.46PM then Amrita Yoga Until 1:24AM Thu then Siddha Yoga | | | Asvini Until 1:24AM Thu Siddhi Until 7:36PM Gara Until 7:32AM Chaturdasi* Until 8:38PM | Ganesha: Blue <i>Sunrise: 7:51AM</i> Muruqa: White <i>Sunset: 4:37PM</i> Nataraja: Yellow Moon – White Karttika-Aipasi |
| Devaloka Day | | | | |
| ○ | | Thursday, November 10, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnima* Yam Titau | Moscow, Russia |
| Mesha Rasi: 15.3 | Tithi 15 | 724386154 | Gulika 10:04AM – 11:09AM Yama 7:53AM – 8:58AM Rahu 1:19PM – 2:24PM | Sutra 211 Khara 5113 Moon 10 - Phase 28 Purnima |
| Creative Work Siddha Yoga | | | Bharani Until 4:20AM Fri Vyatipata* Until 8:26PM Visti Until 10:01AM Purnima* Until 11:06PM | Ganesha: Blue <i>Sunrise: 7:53AM</i> Muruqa: White <i>Sunset: 4:35PM</i> Nataraja: Yellow Moon – White Karttika-Aipasi |
| Devaloka Day | | | | |
| Friday, November 11, 2011 | | Silver Retreat Star | Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau | Moscow, Russia |
| Mesha Rasi: 27.25 | Tithi 16 | 724386154 | Gulika 9:00AM – 10:05AM Yama 2:24PM – 3:28PM Rahu 11:09AM – 12:14PM | Sutra 212 Khara 5113 Moon 10 - Phase 28 Prathama |
| Creative Work Siddha Yoga Until 9.46PM then Amrita Yoga | | | Krittika Until 7:11AM Sat Variyan Until 9:12PM Balava Until 12:24PM Prathama* Until 1:29AM Sat | Ganesha: Blue <i>Sunrise: 7:55AM</i> Muruqa: White <i>Sunset: 4:33PM</i> Nataraja: Yellow Moon – White Karttika-Aipasi |
| Devaloka Day | | | | |

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda, Brihadu 4.4.5. UpH, 140



Saturday, November 12, 2011
Gold Retreat Star

Wrishabha Rasi: 9.25 Tithi 17
724386154
Creative Work Amrita Yoga
Until 9.46PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Tailila/Gara Karana Dvitiya Yam Titau
Gulika 7:57AM – 9:02AM **Krittika** Until 7:11AM
Yama 1:18PM – 2:23PM Parigha* Until 9:50PM
Rahu 10:06AM – 11:10AM Tailila Until 2:37PM
Dvitiya Until 3:42AM Sun

Moscow, Russia
Sutra 213
Khara 5113
Moon 11 - Phase 29
1st Phase
Devaloka Day
Ganesha: Blue *Sunrise:* 7:57AM
Muruqa: White *Sunset:* 4:31PM
Nataraja: Yellow
Moon – White
Karttika•Aipasi

1

Sunday, November 13, 2011

Wrishabha Rasi: 21.31 Tithi 18
735486154
Creative Work Siddha Yoga
Until 9.46PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigasira Nakshatra Shiva Yoga Vanija/Visiti* Karana Tritiya Yam Titau
Gulika 2:22PM – 3:26PM **Rohini** Until 9:39AM
Yama 12:14PM – 1:18PM Shiva Until 10:15PM
Rahu 3:26PM – 4:29PM Vanija Until 4:35PM
Tritiya Until 5:41AM Mon

Moscow, Russia
Sun 1 Sutra 214
Khara 5113
Moon 11 - Phase 29
1st Phase
Sivaloka Day
Ganesha: Yellow *Sunrise:* 7:59AM
Muruqa: White *Sunset:* 4:29PM
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

2

Monday, November 14, 2011

Mithuna Rasi: 3.45 Tithi 19
735486154
Family Home Evening
Creative Work Amrita Yoga
Until 11:50AM then Siddha Yoga
Until 9.46PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigasira/Ardra Nakshatra Siddha Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 1:18PM – 2:21PM **Mrigasira** Until 11:50AM
Yama 11:11AM – 12:15PM Siddha Until 10:24PM
Rahu 9:05AM – 10:08AM Bava Until 6:15PM
Chaturthi* Until 6:23AM Tue

Moscow, Russia
Sun 2 Sutra 215
Khara 5113
Moon 11 - Phase 29
1st Phase
Sivaloka Day
Ganesha: Yellow *Sunrise:* 8:02AM
Muruqa: White *Sunset:* 4:28PM
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

3

Tuesday, November 15, 2011

Mithuna Rasi: 16.11 Tithi 19 – 20
735486154
Routine Work Marana Yoga
Until 1:03PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 12:15PM – 1:17PM **Ardra** Until 1:03PM
Yama 10:09AM – 11:12AM Sadhya Until 9:04PM
Rahu 2:20PM – 3:23PM Kaulava Until 6:23PM
Chaturthi* Until 6:23AM

Moscow, Russia
Sun 3 Sutra 216
Khara 5113
Moon 11 - Phase 29
1st Phase
Sivaloka Day
Ganesha: Yellow *Sunrise:* 8:04AM
Muruqa: White *Sunset:* 4:26PM
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

4

Wednesday, November 16, 2011

Mithuna Rasi: 28.5 Tithi 20 – 21
745486154
Creative Work Siddha Yoga
Until 9.47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Tailila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 11:13AM – 12:15PM **Punarvasu** Until 2:18PM
Yama 9:08AM – 10:10AM Subha Until 8:29PM
Rahu 12:15PM – 1:17PM Gara Until 7:05PM
Panchami Until 7:05AM

Moscow, Russia
Sun 4 Sutra 217
Khara 5113
Moon 11 - Phase 29
1st Phase
Devaloka Day
Ganesha: White *Sunrise:* 8:06AM
Muruqa: White *Sunset:* 4:24PM
Nataraja: Yellow
Moon – Blue
Karttika•Karttikai

5

Thursday, November 17, 2011

Kataka Rasi: 11.46 Tithi 21 – 22
745486155
Creative Work Amrita Yoga
Until 3:02PM then Siddha Yoga
Until 9.47PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Aslesha* Nakshatra Sukla Yoga Vanija/Visiti* Karana Shasthi*/Saptami Yam Titau
Gulika 10:11AM – 11:13AM **Pushya** Until 3:02PM
Yama 8:08AM – 9:09AM Sukla Until 7:27PM
Rahu 1:17PM – 2:19PM Visiti Until 7:14PM
Shasthi* Until 7:14AM

Moscow, Russia
Sun 5 Sutra 218
Khara 5113
Moon 11 - Phase 29
1st Phase
Devaloka Day
Ganesha: White *Sunrise:* 8:08AM
Muruqa: White *Sunset:* 4:23PM
Nataraja: Red
Moon – Blue
Karttika•Karttikai

Retreat Star

Friday, November 18, 2011

Kataka Rasi: 25.02 Tithi 22 – 23
745486155
Routine Work Marana Yoga
Until 9.47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Aslesha*/Magha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 9:11AM – 10:12AM **Aslesha*** Until 2:31PM
Yama 2:18PM – 3:20PM Brahma Until 5:03PM
Rahu 11:14AM – 12:15PM Balava Until 4:50AM Sat
Saptami Until 6:40AM

Moscow, Russia
Sun 6 Sutra 219
Khara 5113
Moon 11 - Phase 29
Ashtami
Devaloka Day
Ganesha: White *Sunrise:* 8:10AM
Muruqa: White *Sunset:* 4:21PM
Nataraja: Red
Moon – Blue
Karttika•Karttikai

Saturday, November 19, 2011
Retreat Star

Simha Rasi: 8.39 Tithi 24
755486155
Creative Work Amrita Yoga
Until 2:02PM then Marana Yoga
Until 9.47PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Navami* Yam Titau
Gulika 8:11AM – 9:12AM **Magha*** Until 2:02PM
Yama 1:17PM – 2:18PM Indra Until 2:59PM
Rahu 10:13AM – 11:14AM Tailila Until 4:38PM
Navami* Until 3:42AM Sun

Moscow, Russia
Sun 7 Sutra 220
Khara 5113
Moon 11 - Phase 29
Navami
Sivaloka Day
Ganesha: Clear *Sunrise:* 8:11AM
Muruqa: White *Sunset:* 4:20PM
Nataraja: Red
Moon – Red
Karttika•Karttikai


Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140

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| 1 | Sunday, November 20, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti/Vishkambha* Yoga Vanija/Visti* Karana Dasami Yam Titau | Moscow, Russia |
| | Simha Rasi: 22.38 Tithi 25 755486155 | Gulika 2:17PM – 3:17PM Yama 12:16PM – 1:16PM Rahu 3:17PM – 4:18PM | Sun 8 Sutra 221 Khara 5113 Moon 11 - Phase 30 2nd Phase |
| Creative Work Siddha Yoga Until 12:54PM then Amrita Yoga Until 9.47PM then Marana Yoga | | Purvaphalguni* Until 12:54PM Vaidhriti* Until 12:19PM Vanija Until 2:48PM Dasami Until 1:53AM Mon | Ganesha: Clear <i>Sunrise:</i> 8:13AM Muruqa: White <i>Sunset:</i> 4:18PM Nataraja: Red Moon – Red Karttika•Karttikai |

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| 2 | Monday, November 21, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadasi* Yam Titau | Moscow, Russia |
| | Kanya Rasi: 7 Tithi 26 Family Home Evening 755486155 | Gulika 1:16PM – 2:16PM Yama 11:16AM – 12:16PM Rahu 9:16AM – 10:16AM | Sun 9 Sutra 222 Khara 5113 Moon 11 - Phase 30 2nd Phase |
| Routine Work Marana Yoga Until 10:48AM then Siddha Yoga | | Uttaraphalguni Until 10:48AM Vishkambha* Until 8:52AM Bava Until 11:52AM Ekadasi* Until 10:09PM | Ganesha: Clear <i>Sunrise:</i> 8:15AM Muruqa: White <i>Sunset:</i> 4:17PM Nataraja: Red Moon – Red Karttika•Karttikai |

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| 3 | Tuesday, November 22, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau | Moscow, Russia |
| | Kanya Rasi: 21.41 Tithi 27 766486155 | Gulika 12:16PM – 1:16PM Yama 10:17AM – 11:17AM Rahu 2:16PM – 3:15PM | Sun 10 Sutra 223 Khara 5113 Moon 11 - Phase 30 2nd Phase |
| Creative Work Siddha Yoga | | Hasta Until 8:39AM Ayushman Until 1:20AM Wed Kaulava Until 9:00AM Dvadasi* Until 7:17PM | Ganesha: Purple <i>Sunrise:</i> 8:17AM Muruqa: White <i>Sunset:</i> 4:15PM Nataraja: Red Moon – Green Karttika•Karttikai |

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| 4 | Wednesday, November 23, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau | Moscow, Russia |
| | Tula Rasi: 6.35 Tithi 28 – 29 766486155 | Gulika 11:17AM – 12:17PM Yama 9:19AM – 10:18AM Rahu 12:17PM – 1:16PM | Sun 11 Sutra 224 Khara 5113 Moon 11 - Phase 30 2nd Phase |
| Creative Work Siddha Yoga Until 9.48PM then Amrita Yoga | | Chitra Until 6:08AM Saubhagya Until 9:28PM Visti Until 2:19AM Thu Trayodasi* Until 4:02PM <i>Pradosha Vrata (Fasting)</i> | Ganesha: Clear <i>Sunrise:</i> 8:19AM Muruqa: White <i>Sunset:</i> 4:14PM Nataraja: Red Moon – Green Karttika•Karttikai |

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|  | Thursday, November 24, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Visakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau | Moscow, Russia |
| | Retreat Star Tula Rasi: 21.36 Tithi 29 – 30 776486155 | Gulika 10:19AM – 11:18AM Yama 8:21AM – 9:20AM Rahu 1:16PM – 2:15PM | Sun 12 Sutra 225 Khara 5113 Moon 11 - Phase 30 Amavasya |
| Creative Work Siddha Yoga Until 9.48PM then Marana Yoga Until 12:46AM Fri then Siddha Yoga | | Visakha Until 12:46AM Fri Sobhana Until 5:25PM Catuspada Until 10:53PM Chaturdasi* Until 12:36PM | Ganesha: Orange <i>Sunrise:</i> 8:21AM Muruqa: White <i>Sunset:</i> 4:13PM Nataraja: Red Moon – Orange Karttika•Karttikai |

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| | Friday, November 25, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau | Moscow, Russia |
| | Retreat Star Vrischika Rasi: 6.35 Tithi 30 – 1 776486155 | Gulika 9:21AM – 10:20AM Yama 2:14PM – 3:13PM Rahu 11:19AM – 12:17PM | Sun 13 Sutra 226 Khara 5113 Moon 11 - Phase 30 Prathama |
| Creative Work Siddha Yoga | | Anuradha Until 10:08PM Athiganda* Until 1:26PM Kintughna Until 7:30PM Amavasya* Until 9:13AM | Ganesha: Orange <i>Sunrise:</i> 8:23AM Muruqa: White <i>Sunset:</i> 4:11PM Nataraja: Red Moon – Orange Margasira•Karttikai |

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| 1 | Saturday, November 26, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Kaulava Karana Prathama*/Dvitiya Yam Titau | Moscow, Russia |
| | Vrischika Rasi: 21.24 Tithi 1 - 2 786486155 | Gulika 8:25AM - 9:23AM Yama 1:16PM - 2:14PM Rahu 10:21AM - 11:19AM | Sun 14 Sutra 227 Khara 5113 Moon 11 - Phase 31 3rd Phase |
| Creative Work Siddha Yoga Until 9.49PM then Amrita Yoga | | Jyeshtha* Until 7:46PM Sukarma Until 9:41AM Kaulava Until 2:42AM Sun Prathama* Until 6:08AM | Ganesha: Orange <i>Sunrise:</i> 8:25AM Muruqa: White <i>Sunset:</i> 4:10PM Nataraja: Red Moon - Orange Margasira-Karttikai |


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| 2 | Sunday, November 27, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Tailita/Gara Karana Tritiya Yam Titau | Moscow, Russia |
| | Dhanus Rasi: 5.55 Tithi 3 786486155 | Gulika 2:13PM - 3:11PM Yama 12:18PM - 1:16PM Rahu 3:11PM - 4:09PM | Sun 15 Sutra 228 Khara 5113 Moon 11 - Phase 31 3rd Phase |
| Creative Work Amrita Yoga Until 6:43PM then Siddha Yoga Until 9.49PM then Marana Yoga | | Mula* Until 6:43PM Dhriti Until 6:26AM Tailita Until 2:27PM Tritiya Until 1:31AM Mon | Ganesha: Clear <i>Sunrise:</i> 8:26AM Muruqa: White <i>Sunset:</i> 4:09PM Nataraja: Red Moon - Light Blue Margasira-Karttikai |


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| 3 | Monday, November 28, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau | Moscow, Russia |
| | Dhanus Rasi: 20.02 Tithi 4 Family Home Evening 786486155 | Gulika 1:16PM - 2:13PM Yama 11:21AM - 12:18PM Rahu 9:26AM - 10:23AM | Sun 16 Sutra 229 Khara 5113 Moon 11 - Phase 31 3rd Phase |
| Routine Work Marana Yoga Until 9.50PM then Prabalarishta Yoga | | Purvashadha* Until 5:22PM Ganda* Until 12:53AM Tue Vanija Until 12:24PM Chaturthi* Until 11:28PM | Ganesha: Clear <i>Sunrise:</i> 8:28AM Muruqa: White <i>Sunset:</i> 4:08PM Nataraja: Red Moon - Light Blue Margasira-Karttikai |

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| 4 | Tuesday, November 29, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Sravana Nakshatra Vriddhi Yoga Bava/Balava Karana Panchami Yam Titau | Moscow, Russia |
| | Makara Rasi: 3.43 Tithi 5 786486155 | Gulika 12:18PM - 1:16PM Yama 10:24AM - 11:21AM Rahu 2:13PM - 3:10PM | Sun 17 Sutra 230 Khara 5113 Moon 11 - Phase 31 3rd Phase |
| Routine Work Prabalarishta Yoga Until 5:35PM then Siddha Yoga | | Uttarashadha Until 5:35PM Vriddhi Until 11:53PM Bava Until 11:35AM Panchami Until 11:35PM | Ganesha: Clear <i>Sunrise:</i> 8:30AM Muruqa: White <i>Sunset:</i> 4:07PM Nataraja: Red Moon - Light Blue Margasira-Karttikai |

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| 5 | Wednesday, November 30, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Sravana/Dhanishtha Nakshatra Dhruva Yoga Kaulava/Tailita Karana Shasthi* Yam Titau | Moscow, Russia |
| | Makara Rasi: 16.58 Tithi 6 797486155 | Gulika 11:22AM - 12:19PM Yama 9:28AM - 10:25AM Rahu 12:19PM - 1:16PM | Sun 18 Sutra 231 Khara 5113 Moon 11 - Phase 31 3rd Phase |
| Creative Work Siddha Yoga Until 5.45PM then Prabalarishta Yoga Until 9.50PM then Siddha Yoga | | Sravana Until 5:45PM Dhruva Until 10:18PM Kaulava Until 11:07AM Shasthi* Until 11:07PM | Ganesha: Clear <i>Sunrise:</i> 8:32AM Muruqa: White <i>Sunset:</i> 4:06PM Nataraja: Red Moon - Purple Margasira-Karttikai |

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| 6 | Thursday, December 1, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptami Yam Titau | Moscow, Russia |
| | Makara Rasi: 29.48 Tithi 7 797486155 | Gulika 10:26AM - 11:23AM Yama 8:33AM - 9:30AM Rahu 1:16PM - 2:12PM | Sun 19 Sutra 232 Khara 5113 Moon 11 - Phase 31 3rd Phase |
| Creative Work Siddha Yoga Until 7.44PM then Marana Yoga Until 9.51PM then Siddha Yoga | | Dhanishtha Until 7:44PM Vyaghata* Until 9:25PM Gara Until 11:58AM Saptami Until 1:03AM Fri | Ganesha: Clear <i>Sunrise:</i> 8:33AM Muruqa: White <i>Sunset:</i> 4:05PM Nataraja: Red Moon - Purple Margasira-Karttikai |

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|  | Friday, December 2, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha Nakshatra Harshana Yoga Visti*/Bava Karana Ashtami* Yam Titau | Moscow, Russia |
| | Retreat Star Kumbha Rasi: 12.17 Tithi 8 797486155 | Gulika 9:31AM - 10:27AM Yama 2:12PM - 3:08PM Rahu 11:23AM - 12:20PM | Sun 20 Sutra 233 Khara 5113 Moon 11 - Phase 31 Ashtami |
| Creative Work Siddha Yoga | | Satabhisha Until 9:25PM Harshana Until 10:18PM Visti Until 1:07PM Ashtami* Until 2:12AM Sat | Ganesha: Clear <i>Sunrise:</i> 8:35AM Muruqa: White <i>Sunset:</i> 4:04PM Nataraja: Red Moon - Purple Margasira-Karttikai |

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|  | Saturday, December 3, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navami* Yam Titau | Moscow, Russia |
| | Retreat Star Kumbha Rasi: 24.3 Tithi 9 717486155 | Gulika 8:37AM - 9:32AM Yama 1:16PM - 2:12PM Rahu 10:28AM - 11:24AM | Sun 21 Sutra 234 Khara 5113 Moon 11 - Phase 31 Navami |
| Creative Work Siddha Yoga Until 11:40PM then Amrita Yoga | | Purvaprostapada* Until 11:40PM Vajra* Until 10:29PM Balava Until 2:51PM Navami* Until 3:57AM Sun | Ganesha: Yellow <i>Sunrise:</i> 8:37AM Muruqa: White <i>Sunset:</i> 4:03PM Nataraja: Red Moon - Clear Margasira-Karttikai |

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM

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| 1 | Sunday, December 4, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dasami Yam Titau | Moscow, Russia |
| | Meena Rasi: 6.31 Tithi 10 717486155 | Gulika 2:12PM – 3:07PM Yama 12:20PM – 1:16PM Rahu 3:07PM – 4:03PM | Sun 22 Sutra 235 Khara 5113 Moon 11 - Phase 32 4th Phase |
| Creative Work Amrita Yoga Until 9.52PM then Siddha Yoga | | Uttaraprostapada Until 2:17AM Mon Siddhi Until 11:03PM Taitila Until 5:02PM Dasami Until 6:22AM Mon | Ganesha: Yellow <i>Sunrise:</i> 8:38AM Muruqa: White <i>Sunset:</i> 4:03PM Nataraja: Red Moon – Clear Margasira-Karttikai |
| Sivaloka Day | | | |

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| 2 | Monday, December 5, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau | Moscow, Russia |
| | Meena Rasi: 18.25 Tithi 10 – 11 717496155 | Gulika 1:16PM – 2:11PM Yama 11:26AM – 12:21PM Rahu 9:35AM – 10:30AM | Sun 23 Sutra 236 Khara 5113 Moon 11 - Phase 32 4th Phase |
| Family Home Evening Creative Work Siddha Yoga | | Revati Until 5:09AM Tue Vyatipata* Until 11:49PM Vanija Until 7:28PM Dasami Until 6:22AM | Ganesha: Yellow <i>Sunrise:</i> 8:40AM Muruqa: Clear <i>Sunset:</i> 4:02PM Nataraja: Red Moon – Clear Margasira-Karttikai |
| Devaloka Day | | | |

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| 3 | Tuesday, December 6, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini Nakshatra Variyan Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau | Moscow, Russia |
| | Mesha Rasi: 0.16 Tithi 11 – 12 727496155 | Gulika 12:21PM – 1:16PM Yama 10:31AM – 11:26AM Rahu 2:11PM – 3:06PM | Sun 24 Sutra 237 Khara 5113 Moon 11 - Phase 32 4th Phase |
| Creative Work Siddha Yoga Until 9.53PM then Marana Yoga | | Asvini Until 8:26AM Wed Variyan Until 12:42AM Wed Bava Until 10:01PM Ekadasi Until 8:56AM | Ganesha: White <i>Sunrise:</i> 8:41AM Muruqa: Clear <i>Sunset:</i> 4:02PM Nataraja: Red Moon – White Margasira-Karttikai |
| Bhuloka Day Devaloka Time: 3:PM to 6:PM | | | |

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| 4 | Wednesday, December 7, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Asvini/Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau | Moscow, Russia |
| | Mesha Rasi: 12.07 Tithi 12 – 13 728496155 | Gulika 11:27AM – 12:22PM Yama 9:37AM – 10:32AM Rahu 12:22PM – 1:17PM | Sun 25 Sutra 238 Khara 5113 Moon 11 - Phase 32 4th Phase |
| Routine Work Marana Yoga Until 9.53PM then Siddha Yoga | | Asvini Until 8:26AM Parigha* Until 1:34AM Thu Kaulava Until 12:34AM Thu Dvadasi Until 11:28AM <i>Pradosha Vrata</i> | Ganesha: Clear <i>Sunrise:</i> 8:42AM Muruqa: Clear <i>Sunset:</i> 4:01PM Nataraja: Red Moon – White Margasira-Karttikai |
| Devaloka Day | | | |

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| 5 | Thursday, December 8, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau | Moscow, Russia |
| | Mesha Rasi: 24.01 Tithi 13 – 14 728596155 | Gulika 10:33AM – 11:28AM Yama 8:44AM – 9:38AM Rahu 1:17PM – 2:11PM | Sun 26 Sutra 239 Khara 5113 Moon 11 - Phase 32 4th Phase |
| Creative Work Siddha Yoga Until 11:17AM then Marana Yoga Until 9.54PM then Siddha Yoga | | Bharani Until 11:17AM Shiva Until 2:19AM Fri Gara Until 2:58AM Fri Trayodasi Until 1:53PM | Ganesha: White <i>Sunrise:</i> 8:44AM Muruqa: Clear <i>Sunset:</i> 4:01PM Nataraja: Red Moon – White Margasira-Karttikai |
| Bhuloka Day Devaloka Time: 3:PM to 6:PM | | | |

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| 6 | Friday, December 9, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau | Moscow, Russia |
| | Vrishabha Rasi: 6.02 Tithi 14 – 15 728596155 | Gulika 9:39AM – 10:34AM Yama 2:11PM – 3:06PM Rahu 11:28AM – 12:23PM | Sun 27 Sutra 240 Khara 5113 Moon 11 - Phase 32 4th Phase |
| Creative Work Siddha Yoga Until 1:55PM then Marana Yoga Until 9.54PM then Amrita Yoga | | Krittika Until 1:55PM Siddha Until 2:53AM Sat Visti Until 5:09AM Sat Chaturdasi* Until 4:04PM | Ganesha: White <i>Sunrise:</i> 8:45AM Muruqa: Clear <i>Sunset:</i> 4:00PM Nataraja: Red Moon – White Margasira-Karttikai |
| Bhuloka Day Devaloka Time: 3:PM to 6:PM | | | |

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| ○ | Saturday, December 10, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mantla Vasara Yuktayam Rohini/Mrigasira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau | Moscow, Russia |
| | Copper Retreat Star Vrishabha Rasi: 18.12 Tithi 15 – 16 738596155 | Gulika 8:46AM – 9:41AM Yama 1:17PM – 2:11PM Rahu 10:35AM – 11:29AM | Sutra 241 Khara 5113 Moon 11 - Phase 32 Purnima |
| Creative Work Amrita Yoga Until 4:16PM then Siddha Yoga | | Rohini Until 4:16PM Sadhya Until 3:10AM Sun Balava Until 7:01AM Sun Purnima* Until 5:56PM | Ganesha: Clear <i>Sunrise:</i> 8:46AM Muruqa: Clear <i>Sunset:</i> 4:00PM Nataraja: Red Moon – Yellow Margasira-Karttikai |
| Devaloka Day | | | |

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| ○ | Sunday, December 11, 2011 | Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigasira/Ardra Nakshatra Subha Yoga Balava/Kaulava Karana Prathama* Yam Titau | Moscow, Russia |
| | Silver Retreat Star Mithuna Rasi: 0.32 Tithi 16 738596155 | Gulika 2:12PM – 3:06PM Yama 12:24PM – 1:18PM Rahu 3:06PM – 4:00PM | Sutra 242 Khara 5113 Moon 11 - Phase 32 Prathama |
| Creative Work Siddha Yoga | | Mrigasira Until 5:19PM Subha Until 1:37AM Mon Balava Until 6:17AM Prathama* Until 6:17PM | Ganesha: Clear <i>Sunrise:</i> 8:48AM Muruqa: Clear <i>Sunset:</i> 4:00PM Nataraja: Red Moon – Yellow Margasira-Karttikai |
| Devaloka Day | | | |

Vinayaga Viratam Begins

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Kṛishṇa Yajur Veda, Kathau 2.2.12. UpR, 640



Monday, December 12, 2011
Gold Retreat Star

Mithuna Rasi: 13.05 Tithi 17
Family Home Evening 738596155
Creative Work Siddha Yoga
Until 6:46PM then Amrita Yoga
Until 9:55PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Sukla Yoga Tailila/Gara Karana Dvitiya Yam Titau

Gulika 1:18PM – 2:12PM **Ardra Until 6:46PM**
Yama 11:30AM – 12:24PM Sukla Until 1:14AM Tue
Rahu 9:43AM – 10:36AM Tailila Until 7:14AM
Dvitiya Until 7:14PM

Moscow, Russia
Sun 1 Sutra 243
Khara 5113
Moon 12 - Phase 33
1st Phase

Ganesha: Clear *Sunrise:* 8:49AM
Muruqa: Clear *Sunset:* 3:59PM
Nataraja: Red
Moon – Yellow
Margasira-Karttikai

Devaloka Day

1

Tuesday, December 13, 2011

Mithuna Rasi: 25.5 Tithi 18
749596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiya Yam Titau

Gulika 12:24PM – 1:18PM **Punarvasu Until 7:50PM**
Yama 10:37AM – 11:31AM Brahma Until 12:29AM Wed
Rahu 2:12PM – 3:06PM Vanija Until 7:46AM
Tritiya Until 7:46PM

Moscow, Russia
Sun 2 Sutra 244
Khara 5113
Moon 12 - Phase 33
1st Phase

Ganesha: Clear *Sunrise:* 8:50AM
Muruqa: Clear *Sunset:* 3:59PM
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Devaloka Day

2

Wednesday, December 14, 2011

Kataka Rasi: 8.49 Tithi 19
749596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthi* Yam Titau

Gulika 11:31AM – 12:25PM **Pushya Until 8:30PM**
Yama 9:44AM – 10:38AM Indra Until 11:21PM
Rahu 12:25PM – 1:19PM Bava Until 7:51AM
Chaturthi* Until 7:51PM

Moscow, Russia
Sun 3 Sutra 245
Khara 5113
Moon 12 - Phase 33
1st Phase

Ganesha: Clear *Sunrise:* 8:51AM
Muruqa: Clear *Sunset:* 3:59PM
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Devaloka Day

3

Thursday, December 15, 2011

Kataka Rasi: 22.01 Tithi 20
749596155
Creative Work Siddha Yoga
Until 8:45PM then Amrita Yoga
Until 9:57PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Aslesha* Nakshatra Vaidhriti* Yoga Kaulava/Tailila Karana Panchami Yam Titau

Gulika 10:39AM – 11:32AM **Aslesha* Until 8:45PM**
Yama 8:52AM – 9:45AM Vaidhriti* Until 9:50PM
Rahu 1:19PM – 2:12PM Kaulava Until 7:29AM
Panchami Until 7:29PM

Moscow, Russia
Sun 4 Sutra 246
Khara 5113
Moon 12 - Phase 33
1st Phase

Ganesha: Clear *Sunrise:* 8:52AM
Muruqa: Clear *Sunset:* 3:59PM
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Devaloka Day

4

Friday, December 16, 2011

Simha Rasi: 5.26 Tithi 21
759596155
Routine Work Marana Yoga
Until 7:33PM then Siddha Yoga
Until 9:57PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shasthi* Yam Titau

Gulika 9:46AM – 10:39AM **Magha* Until 7:33PM**
Yama 2:13PM – 3:06PM Vishkambha* Until 7:01PM
Rahu 11:33AM – 12:26PM Gara Until 6:38AM
Shasthi* Until 5:42PM

Moscow, Russia
Sun 5 Sutra 247
Khara 5113
Moon 12 - Phase 33
1st Phase

Ganesha: White *Sunrise:* 8:53AM
Muruqa: Clear *Sunset:* 3:59PM
Nataraja: Red
Moon – Red
Margasira-Markali

Sivaloka Day

5

Saturday, December 17, 2011

Simha Rasi: 19.05 Tithi 22 – 23
859596155
Routine Work Marana Yoga
Until 9:58PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 8:54AM – 9:47AM **Purvaphalguni* Until 7:00PM**
Yama 1:20PM – 2:13PM Priti Until 4:53PM
Rahu 10:40AM – 11:33AM Balava Until 3:37AM Sun
Saptami Until 4:32PM

Moscow, Russia
Sun 6 Sutra 248
Khara 5113
Moon 12 - Phase 33
1st Phase

Ganesha: Clear *Sunrise:* 8:54AM
Muruqa: Clear *Sunset:* 3:59PM
Nataraja: Red
Moon – Red
Margasira-Markali

Devaloka Day



Sunday, December 18, 2011
Retreat Star

Kanya Rasi: 2.58 Tithi 23 – 24
859596155
Creative Work Amrita Yoga
Until 9:58PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Kaulava/Tailila Karana Ashtami*/Navami* Yam Titau

Gulika 2:13PM – 3:06PM **Uttaraphalguni Until 6:04PM**
Yama 12:27PM – 1:20PM Ayushman Until 2:22PM
Rahu 3:06PM – 4:00PM Tailila Until 2:01AM Mon
Ashtami* Until 2:56PM

Moscow, Russia
Sun 7 Sutra 249
Khara 5113
Moon 12 - Phase 33
Ashtami

Ganesha: Clear *Sunrise:* 8:54AM
Muruqa: Clear *Sunset:* 4:00PM
Nataraja: Red
Moon – Red
Margasira-Markali

Devaloka Day

Monday, December 19, 2011
Retreat Star

Kanya Rasi: 17.04 Tithi 24 – 25
Family Home Evening 869596155
Creative Work Siddha Yoga
Until 4:44PM then Prabalarishtha Yoga
Until 9:59PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau


Gulika 1:21PM – 2:14PM **Hasta Until 4:44PM**
Yama 11:34AM – 12:27PM Saubhagya Until 11:30AM
Rahu 9:48AM – 10:41AM Vanija Until 12:00AM Tue
Navami* Until 12:56PM

Moscow, Russia
Sun 8 Sutra 250
Khara 5113
Moon 12 - Phase 33
Navami

Ganesha: White *Sunrise:* 8:55AM
Muruqa: Clear *Sunset:* 4:00PM
Nataraja: Red
Moon – Green
Margasira-Markali

Sivaloka Day

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishṇa Yajur Veda, Svetu 1.15. UpR, 718

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|---|-------------------------------------|---|---|
| 1 | Tuesday, December 20, 2011 | Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau | Moscow, Russia |
| | | | Sun 9 Sutra 251 Khara 5113 |
| Tula Rasi: 1.23 | Tithi 25 – 26 | Gulika 12:28PM – 1:21PM Yama 10:42AM – 11:35AM Rahu 2:14PM – 3:07PM | Chitra Until 3:04PM Sobhana Until 8:19AM Bava Until 9:37PM Dasami Until 10:32AM |
| 869596155 | | Ganesha: White Muruqa: Clear Nataraja: Red Moon – Green | <i>Sunrise:</i> 8:56AM <i>Sunset:</i> 4:00PM |
| Creative Work | Siddha Yoga | | Sivaloka Day |
| <hr/> | | | |
| 2 | Wednesday, December 21, 2011 | Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Visakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau | Moscow, Russia |
| | | | Sun 10 Sutra 252 Khara 5113 |
| Tula Rasi: 15.52 | Tithi 26 – 27 | Gulika 11:35AM – 12:29PM Yama 9:49AM – 10:42AM Rahu 12:29PM – 1:22PM | Svati Until 12:37PM Sukarma Until 12:55AM Thu Kaulava Until 6:00PM Ekadasi* Until 7:43AM |
| 861596155 | | Ganesha: White Muruqa: Clear Nataraja: Red Moon – Green | <i>Sunrise:</i> 8:56AM <i>Sunset:</i> 4:01PM |
| Creative Work | Siddha Yoga | Day 1 of Pancha Ganapati | Sivaloka Day |
| <hr/> | | | |
| 3 | Thursday, December 22, 2011 | Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Visakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodasi* Yam Titau | Moscow, Russia |
| | | | Sun 11 Sutra 253 Khara 5113 |
| Vrischika Rasi: 0.26 | Tithi 28 | Gulika 10:43AM – 11:36AM Yama 8:57AM – 9:50AM Rahu 1:22PM – 2:15PM | Visakha Until 10:38AM Dhriti Until 9:32PM Gara Until 3:20PM Trayodasi* Until 1:37AM Fri <i>Pradosha Vrata (Fasting)</i> |
| 871596155 | | Ganesha: Yellow Muruqa: Clear Nataraja: Red Moon – Orange | <i>Sunrise:</i> 8:57AM <i>Sunset:</i> 4:01PM |
| Creative Work | Siddha Yoga | Day 2 of Pancha Ganapati | Devaloka Day |
| <hr/> | | | |
| 4 | Friday, December 23, 2011 | Khara Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau | Moscow, Russia |
| | | | Sun 12 Sutra 254 Khara 5113 |
| Vrischika Rasi: 15.01 | Tithi 29 | Gulika 9:50AM – 10:43AM Yama 2:16PM – 3:09PM Rahu 11:37AM – 12:30PM | Anuradha Until 8:49AM Shula* Until 6:08PM Visti Until 1:09PM Chaturdasi* Until 12:14AM Sat |
| 871596155 | | Ganesha: Yellow Muruqa: Clear Nataraja: Red Moon – Orange | <i>Sunrise:</i> 8:57AM <i>Sunset:</i> 4:02PM |
| Creative Work | Siddha Yoga | Day 3 of Pancha Ganapati | Devaloka Day |
| Until 8:49AM then Prabalarishta Yoga | | | |
| Until 10:01PM then Siddha Yoga | | | |
| <hr/> | | | |
|  | Saturday, December 24, 2011 | Khara Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau | Moscow, Russia |
| | Retreat Star | | Sun 13 Sutra 255 Khara 5113 |
| Vrischika Rasi: 29.31 | Tithi 30 | Gulika 8:58AM – 9:51AM Yama 1:23PM – 2:16PM Rahu 10:44AM – 11:37AM | Jyeshtha* Until 6:50AM Ganda* Until 3:27PM Catuspada Until 10:26AM Amavasya* Until 9:30PM |
| 871596155 | | Ganesha: Yellow Muruqa: Clear Nataraja: Red Moon – Orange | <i>Sunrise:</i> 8:58AM <i>Sunset:</i> 4:02PM |
| Creative Work | Siddha Yoga | Day 4 of Pancha Ganapati | Devaloka Day |
| Until 10:01PM then Amrita Yoga | | | |
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| | Sunday, December 25, 2011 | Khara Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathama* Yam Titau | Moscow, Russia |
| | Retreat Star | | Sun 14 Sutra 256 Khara 5113 |
| Dhanus Rasi: 13.49 | Tithi 1 | Gulika 2:17PM – 3:10PM Yama 12:31PM – 1:24PM Rahu 3:10PM – 4:03PM | Purvashadha* Until 4:02AM Mon Vriddhi Until 12:17PM Kintughna Until 8:04AM Prathama* Until 7:09PM |
| 881596155 | | Ganesha: Red Muruqa: Clear Nataraja: Red Moon – Light Blue | <i>Sunrise:</i> 8:58AM <i>Sunset:</i> 4:03PM |
| Creative Work | Siddha Yoga | Day 5 of Pancha Ganapati | Devaloka Day |
| Until 10:02PM then Marana Yoga | | | |

The soul is born and unfolds in a body with dreams and desires and the food of life. And then it is reborn in new bodies in accordance with its former works. The quality of the soul determines its future body; earthy or airy, heavy or light. Krishna Yajur Veda, Svetu 5.11–12. UpM, 94

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| 1 | Monday, December 26, 2011 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Taitila Karana Dvitiya/Tritiya Yam Titau | | | Moscow, Russia |
| | Dhanu Rasi: 27.49 Tithi 2 – 3 Family Home Evening 881596155 Routine Work Marana Yoga Until 10.02PM then Prabalarishta Yoga Until 2:52AM Tue then Siddha Yoga | Gulika 1:24PM – 2:17PM Yama 11:38AM – 12:31PM Rahu 9:52AM – 10:45AM | Uttarashadha Until 2:52AM Tue Dhruva Until 9:34AM Balava Until 6:14AM Dvitiya Until 5:19PM | Ganesha: Red <i>Sunrise:</i> 8:58AM Muruqa: Clear <i>Sunset:</i> 4:04PM Nataraja: Red Moon – Light Blue Pausha-Markali | Sun 15 Sutra 257 Khara 5113 Moon 12 - Phase 35 3rd Phase |

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|----------|---|--|--|--|---|
| 2 | Tuesday, December 27, 2011 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau | | | Moscow, Russia |
| | Makara Rasi: 11.29 Tithi 3 – 4 Creative Work Siddha Yoga Until 3:52AM Wed then Prabalarishta Yoga | Gulika 12:32PM – 1:25PM Yama 10:45AM – 11:38AM Rahu 2:18PM – 3:11PM | Sravana Until 3:52AM Wed Vyaghata* Until 7:30AM Vanija Until 4:58AM Wed Tritiya Until 4:58PM | Ganesha: Yellow <i>Sunrise:</i> 8:59AM Muruqa: Clear <i>Sunset:</i> 4:05PM Nataraja: Yellow Moon – Purple Pausha-Markali | Sun 16 Sutra 258 Khara 5113 Moon 12 - Phase 35 3rd Phase |


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| 3 | Wednesday, December 28, 2011 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau | | | Moscow, Russia |
| | Makara Rasi: 24.46 Tithi 4 – 5 Routine Work Prabalarishta Yoga Until 10.03PM then Siddha Yoga Until 3:57AM Thu then Marana Yoga | Gulika 11:39AM – 12:32PM Yama 9:52AM – 10:45AM Rahu 12:32PM – 1:25PM | Dhanishtha Until 3:57AM Thu Vajra* Until 4:42AM Thu Bava Until 4:26AM Thu Chaturthi* Until 4:26PM | Ganesha: Yellow <i>Sunrise:</i> 8:59AM Muruqa: Clear <i>Sunset:</i> 4:06PM Nataraja: Yellow Moon – Purple Pausha-Markali | Sun 17 Sutra 259 Khara 5113 Moon 12 - Phase 35 3rd Phase |

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| 4 | Thursday, December 29, 2011 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau | | | Moscow, Russia |
| | Kumbha Rasi: 7.41 Tithi 5 – 6 Routine Work Marana Yoga Until 10.04PM then Siddha Yoga | Gulika 10:46AM – 11:39AM Yama 8:59AM – 9:52AM Rahu 1:26PM – 2:20PM | Satabhisha Until 4:45AM Fri Siddhi Until 3:41AM Fri Kaulava Until 4:39AM Fri Panchami Until 4:39PM | Ganesha: Yellow <i>Sunrise:</i> 8:59AM Muruqa: Clear <i>Sunset:</i> 4:06PM Nataraja: Yellow Moon – Purple Pausha-Markali | Sun 18 Sutra 260 Khara 5113 Moon 12 - Phase 35 3rd Phase |

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| 5 | Friday, December 30, 2011 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada* Nakshatra Vyatipata* Yoga Taitila Karana Shasthi* Yam Titau | | | Moscow, Russia |
| | Kumbha Rasi: 20.14 Tithi 6 Creative Work Siddha Yoga | Gulika 9:52AM – 10:46AM Yama 2:20PM – 3:14PM Rahu 11:40AM – 12:33PM | Purvaprostapada* Until 7:38AM Sat Vyatipata* Until 4:53AM Sat Taitila Until 7:43AM Sat Shasthi* Until 6:37PM | Ganesha: Yellow <i>Sunrise:</i> 8:59AM Muruqa: Clear <i>Sunset:</i> 4:07PM Nataraja: Yellow Moon – Clear Pausha-Markali | Sun 19 Sutra 261 Khara 5113 Moon 12 - Phase 35 3rd Phase |

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| 6 | Saturday, December 31, 2011 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Variyan Yoga Gara/Vanija Karana Saptami Yam Titau | | | Moscow, Russia |
| | Meena Rasi: 2.31 Tithi 7 Creative Work Siddha Yoga Until 10.05PM then Amrita Yoga | Gulika 8:59AM – 9:52AM Yama 1:27PM – 2:21PM Rahu 10:46AM – 11:40AM | Purvaprostapada* Until 7:38AM Variyan Until 4:58AM Sun Gara Until 7:09AM Saptami Until 8:15PM | Ganesha: Blue <i>Sunrise:</i> 8:59AM Muruqa: Clear <i>Sunset:</i> 4:09PM Nataraja: Yellow Moon – Clear Pausha-Markali | Sun 20 Sutra 262 Khara 5113 Moon 12 - Phase 35 3rd Phase |

Vinayaga Viratam Ends

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|---|--|--|--|---|---|
|  | Sunday, January 1, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtami* Yam Titau | | | Moscow, Russia |
| | Meena Rasi: 14.34 Tithi 8 Creative Work Amrita Yoga Until 10.06PM then Siddha Yoga | Gulika 2:23PM – 3:17PM Yama 12:35PM – 1:29PM Rahu 3:17PM – 4:11PM | Uttaraprostapada Until 10:12AM Parigha* Until 5:27AM Mon Visti Until 9:16AM Ashtami* Until 10:22PM | Ganesha: Blue <i>Sunrise:</i> 8:58AM Muruqa: Clear <i>Sunset:</i> 4:11PM Nataraja: Yellow Moon – Clear Pausha-Markali | Sun 21 Sutra 263 Khara 5113 Moon 12 - Phase 35 Ashtami |

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|--------------------------------|--|--|---|---|--|
| Monday, January 2, 2012 | Retreat Star | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Asvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navami* Yam Titau | | | Moscow, Russia |
| | Meena Rasi: 26.28 Tithi 9 Family Home Evening 812696156 Creative Work Siddha Yoga | Gulika 1:29PM – 2:24PM Yama 11:41AM – 12:35PM Rahu 9:52AM – 10:47AM | Revati Until 1:03PM Shiva Until 6:28AM Tue Balava Until 11:42AM Navami* Until 12:47AM Tue | Ganesha: Yellow <i>Sunrise:</i> 8:58AM Muruqa: Clear <i>Sunset:</i> 4:12PM Nataraja: Yellow Moon – Clear Pausha-Markali | Sun 22 Sutra 264 Khara 5113 Moon 12 - Phase 35 Navami |

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, 'Fear not.' Tirumurai 11. KD, 224

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| 1 | Tuesday, January 3, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini/Bharani Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Dasami Yam Titau | Moscow, Russia |
| | Sun 23 | Sutra 265 | Khara 5113 |
| Mesha Rasi: 8.19 | Tithi 10 | Gulika 12:36PM – 1:30PM Yama 10:47AM – 11:41AM Rahu 2:24PM – 3:19PM | Asvini Until 4:03PM Shiva Until 6:28AM Tailila Until 2:17PM Dasami Until 3:22AM Wed |
| 822696156 | | Ganesha: White Muruqa: Clear Nataraja: Yellow Moon – White Pausha-Markali | Sunrise: 8:58AM Sunset: 4:13PM Moon 12 - Phase 36 4th Phase Sivaloka Day |
| Creative Work | Siddha Yoga | | |
| Until 10.07PM | then Marana Yoga | | |

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| 2 | Wednesday, January 4, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Ekadasi Yam Titau | Moscow, Russia |
| | Sun 24 | Sutra 266 | Khara 5113 |
| Mesha Rasi: 20.1 | Tithi 11 | Gulika 11:41AM – 12:36PM Yama 9:52AM – 10:47AM Rahu 12:36PM – 1:31PM | Bharani Until 7:01PM Siddha Until 7:20AM Vanija Until 4:50PM Ekadasi Until 6:06AM Thu |
| 822696156 | | Ganesha: White Muruqa: Clear Nataraja: Yellow Moon – White Pausha-Markali | Sunrise: 8:57AM Sunset: 4:15PM Moon 12 - Phase 36 4th Phase Sivaloka Day |
| Routine Work | Marana Yoga | | |
| Until 7:01PM | then Amrita Yoga | | |
| Until 10.07PM | then Marana Yoga | | |

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| 3 | Thursday, January 5, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau | Moscow, Russia |
| | Sun 25 | Sutra 267 | Khara 5113 |
| Vrishabha Rasi: 2.05 | Tithi 11 – 12 | Gulika 10:47AM – 11:42AM Yama 8:57AM – 9:52AM Rahu 1:31PM – 2:26PM | Krittika Until 9:49PM Sadhya Until 8:02AM Bava Until 7:12PM Ekadasi Until 6:06AM |
| 822696156 | | Ganesha: White Muruqa: Clear Nataraja: Yellow Moon – White Pausha-Markali | Sunrise: 8:57AM Sunset: 4:16PM Moon 12 - Phase 36 4th Phase Sivaloka Day |
| Routine Work | Marana Yoga | Subramuniyaswami Jayanti | |

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| 4 | Friday, January 6, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau | Moscow, Russia |
| | Sun 26 | Sutra 268 | Khara 5113 |
| Vrishabha Rasi: 14.11 | Tithi 12 – 13 | Gulika 9:51AM – 10:47AM Yama 2:27PM – 3:22PM Rahu 11:42AM – 12:37PM | Rohini Until 12:17AM Sat Subha Until 8:26AM Kaulava Until 9:13PM Dvadasi Until 8:07AM |
| 832696156 | | Ganesha: Clear Muruqa: Clear Nataraja: Yellow Moon – Yellow Pausha-Markali | Sunrise: 8:56AM Sunset: 4:18PM Moon 12 - Phase 36 4th Phase Devaloka Day |
| Routine Work | Marana Yoga | | |
| Until 10.08PM | then Amrita Yoga | | |
| Until 12:17AM Sat | then Siddha Yoga | | |

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| 5 | Saturday, January 7, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau | Moscow, Russia |
| | Sun 27 | Sutra 269 | Khara 5113 |
| Vrishabha Rasi: 26.3 | Tithi 13 – 14 | Gulika 8:56AM – 9:51AM Yama 1:33PM – 2:28PM Rahu 10:47AM – 11:42AM | Mrigasira Until 12:46AM Sun Sukla Until 8:16AM Gara Until 9:22PM Trayodasi Until 9:22AM |
| 832696156 | | Ganesha: Clear Muruqa: Clear Nataraja: Yellow Moon – Yellow Pausha-Markali | Sunrise: 8:56AM Sunset: 4:19PM Moon 12 - Phase 36 4th Phase Devaloka Day |
| Creative Work | Siddha Yoga | | |

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| ○ | Sunday, January 8, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau | Moscow, Russia |
| | Sun 28 | Sutra 270 | Khara 5113 |
| Mithuna Rasi: 9.05 | Tithi 14 – 15 | Gulika 2:29PM – 3:25PM Yama 12:38PM – 1:34PM Rahu 3:25PM – 4:21PM | Ardra Until 2:10AM Mon Brahma Until 7:49AM Visti Until 10:15PM Chaturdasi* Until 10:15AM |
| 832696156 | | Ganesha: Clear Muruqa: Clear Nataraja: Yellow Moon – Yellow Pausha-Markali | Sunrise: 8:55AM Sunset: 4:21PM Moon 12 - Phase 36 Purnima Devaloka Day |
| Creative Work | Siddha Yoga | Tiruvembavai | |
| Until 2:10AM Mon | then Amrita Yoga | | |

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| ○ | Monday, January 9, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhrili* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau | Moscow, Russia |
| | Sun 29 | Sutra 271 | Khara 5113 |
| Mithuna Rasi: 21.56 | Tithi 15 – 16 | Gulika 1:34PM – 2:30PM Yama 11:42AM – 12:38PM Rahu 9:50AM – 10:46AM | Punarvasu Until 3:02AM Tue Indra Until 6:52AM Balava Until 10:33PM Purnima* Until 10:33AM |
| 842696156 | | Ganesha: Purple Muruqa: Clear Nataraja: Yellow Moon – Blue Pausha-Markali | Sunrise: 8:54AM Sunset: 4:22PM Moon 12 - Phase 36 Prathama Sivaloka Day |
| Family Home Evening | | | |
| Creative Work | Amrita Yoga | | |
| Until 10.09PM | then Siddha Yoga | | |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2. UpH,262



Tuesday, January 10, 2012
Gold Retreat Star

Kataka Rasi: 5.05 Tithi 16 – 17
842696156
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 12:39PM – 1:35PM **Pushya Until 3:22AM Wed**
Yama 10:46AM – 11:42AM **Vishkambha* Until 4:18AM Wed**
Rahu 2:31PM – 3:28PM **Taitila Until 10:18PM**
Prathama* Until 10:18AM

Moscow, Russia
Sutra 272
Khara 5113
Moon 13 - Phase 37
1st Phase
Sivaloka Day
Ganesha: Purple *Sunrise: 8:53AM*
Muruqa: Clear *Sunset: 4:24PM*
Nataraja: Yellow
Moon – Blue
Pausha-Markali

1

Wednesday, January 11, 2012

Kataka Rasi: 18.3 Tithi 17 – 18
842696156
Creative Work Siddha Yoga
Until 1:43AM Thu then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Aslesha* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 11:42AM – 12:39PM **Aslesha* Until 1:43AM Thu**
Yama 9:49AM – 10:46AM **Priti Until 1:03AM Thu**
Rahu 12:39PM – 1:36PM **Vanija Until 8:19PM**
Dvitiya Until 9:14AM

Moscow, Russia
Sun 1 Sutra 273
Khara 5113
Moon 13 - Phase 37
1st Phase
Sivaloka Day
Ganesha: Purple *Sunrise: 8:53AM*
Muruqa: Clear *Sunset: 4:26PM*
Nataraja: Yellow
Moon – Blue
Pausha-Markali

2

Thursday, January 12, 2012

Simha Rasi: 2.08 Tithi 18 – 19
852696156
Creative Work Amrita Yoga
Until 10:10PM then Marana Yoga
Until 1:12AM Fri then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 10:46AM – 11:43AM **Magha* Until 1:12AM Fri**
Yama 8:52AM – 9:49AM **Ayushman Until 10:57PM**
Rahu 1:36PM – 2:33PM **Bava Until 7:11PM**
Tritiya Until 8:06AM

Moscow, Russia
Sun 2 Sutra 274
Khara 5113
Moon 13 - Phase 37
1st Phase
Devaloka Day
Ganesha: Clear *Sunrise: 8:52AM*
Muruqa: Clear *Sunset: 4:27PM*
Nataraja: Yellow
Moon – Red
Pausha-Markali

3

Friday, January 13, 2012

Simha Rasi: 15.56 Tithi 19 – 20
852696156
Creative Work Siddha Yoga
Until 10:11PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni* Nakshatra Saubhagya Yoga Balava/Taitila Karana Chaturthi*/Panchami Yam Titau
Gulika 9:48AM – 10:45AM **Purvaphalguni* Until 12:23AM Sat**
Yama 2:34PM – 3:32PM **Saubhagya Until 8:34PM**
Rahu 11:43AM – 12:40PM **Taitila Until 4:49AM Sat**
Chaturthi* Until 6:39AM

Moscow, Russia
Sun 3 Sutra 275
Khara 5113
Moon 13 - Phase 37
1st Phase
Devaloka Day
Ganesha: Clear *Sunrise: 8:51AM*
Muruqa: Clear *Sunset: 4:29PM*
Nataraja: Yellow
Moon – Red
Pausha-Markali

4

Saturday, January 14, 2012

Simha Rasi: 29.52 Tithi 21
853696156
Routine Work Marana Yoga
Until 10:11PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 8:50AM – 9:47AM **Uttaraphalguni Until 11:22PM**
Yama 1:38PM – 2:35PM **Sobhana Until 5:58PM**
Rahu 10:45AM – 11:43AM **Gara Until 4:03PM**
Shasthi* Until 3:08AM Sun

Moscow, Russia
Sun 4 Sutra 276
Khara 5113
Moon 13 - Phase 37
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Ganesha: Purple *Sunrise: 8:50AM*
Muruqa: Clear *Sunset: 4:31PM*
Nataraja: Yellow
Moon – Red
Pausha-Thai

5

Sunday, January 15, 2012

Kanya Rasi: 13.53 Tithi 22
863696156
Creative Work Amrita Yoga
Until 10:11PM then Siddha Yoga
Until 10:12PM then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 2:37PM – 3:35PM **Hasta Until 10:12PM**
Yama 12:41PM – 1:39PM **Athiganda* Until 3:15PM**
Rahu 3:35PM – 4:33PM **Visti Until 2:13PM**
Saptami Until 1:17AM Mon

Moscow, Russia
Sun 5 Sutra 277
Khara 5113
Moon 13 - Phase 37
1st Phase
Devaloka Day
Ganesha: Clear *Sunrise: 8:49AM*
Muruqa: Clear *Sunset: 4:33PM*
Nataraja: Yellow
Moon – Green
Pausha-Thai

Retreat Star

Monday, January 16, 2012

Kanya Rasi: 27.58 Tithi 23
Family Home Evening 863696156
Routine Work Prabalarishta Yoga
Until 8:56PM then Amrita Yoga
Until 10:12PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 1:39PM – 2:38PM **Chitra Until 8:56PM**
Yama 11:43AM – 12:41PM **Sukarma Until 12:26PM**
Rahu 9:46AM – 10:44AM **Balava Until 12:16PM**
Ashtami* Until 11:21PM

Moscow, Russia
Sun 6 Sutra 278
Khara 5113
Moon 13 - Phase 37
Ashtami
Devaloka Day
Ganesha: Clear *Sunrise: 8:47AM*
Muruqa: Clear *Sunset: 4:34PM*
Nataraja: Yellow
Moon – Green
Pausha-Thai

Tuesday, January 17, 2012

Retreat Star

Tula Rasi: 12.04 Tithi 24
863696156
Creative Work Siddha Yoga
Until 7:36PM then Marana Yoga
Until 10:12PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 12:41PM – 1:40PM **Svati Until 7:36PM**
Yama 10:44AM – 11:43AM **Dhriti Until 9:34AM**
Rahu 2:39PM – 3:38PM **Taitila Until 10:15AM**
Navami* Until 9:19PM

Moscow, Russia
Sun 7 Sutra 279
Khara 5113
Moon 13 - Phase 37
Navami
Devaloka Day
Ganesha: Clear *Sunrise: 8:46AM*
Muruqa: Clear *Sunset: 4:36PM*
Nataraja: Yellow
Moon – Green
Pausha-Thai

1 **Wednesday, January 18, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Moscow, Russia
 Visakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dasami Yam Titau **Sun 8 Sutra 280**
 Khara 5113
 Tula Rasi: 26.12 Tithi 25 **Gulika 11:42AM – 12:42PM Visakha Until 6:14PM Ganesha: White Sunrise: 8:45AM**
 873696156 **Yama 9:44AM – 10:43AM Shula* Until 6:40AM Muruqa: Clear Sunset: 4:38PM** Moon 13 - Phase 38
Rahu 12:42PM – 1:41PM Vanija Until 8:11AM Nataraja: Yellow 2nd Phase
 Creative Work Siddha Yoga **Dasami Until 7:16PM Pausha*Thai Bholoka Day**
 Devaloka Time: 3:PM to 6:PM

2 **Thursday, January 19, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Moscow, Russia
 Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Bava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau **Sun 9 Sutra 281**
 Khara 5113
 Vrischika Rasi: 10.2 Tithi 26 – 27 **Gulika 10:43AM – 11:42AM Anuradha Until 4:51PM Ganesha: White Sunrise: 8:44AM**
 873696156 **Yama 8:44AM – 9:43AM Vriddhi Until 1:05AM Fri Muruqa: Clear Sunset: 4:40PM** Moon 13 - Phase 38
Rahu 1:41PM – 2:41PM Bava Until 6:08AM Nataraja: Yellow 2nd Phase
 Creative Work Siddha Yoga **Ekadasi* Until 5:12PM Pausha*Thai Bholoka Day**
 Until 10.13PM then Prabalarishta Yoga **Devaloka Time: 3:PM to 6:PM**

3 **Friday, January 20, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Moscow, Russia
 Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau **Sun 10 Sutra 282**
 Khara 5113
 Vrischika Rasi: 24.26 Tithi 27 – 28 **Gulika 9:42AM – 10:42AM Jyeshtha* Until 3:32PM Ganesha: White Sunrise: 8:42AM**
 873696156 **Yama 2:42PM – 3:42PM Dhruva Until 10:14PM Muruqa: Clear Sunset: 4:42PM** Moon 13 - Phase 38
Rahu 11:42AM – 12:42PM Gara Until 2:17AM Sat Nataraja: Yellow 2nd Phase
 Routine Work Prabalarishta Yoga **Dvadasi* Until 3:12PM Pausha*Thai Bholoka Day**
 Until 3:32PM then no yoga **Pradosha Vrata (Fasting)** **Devaloka Time: 3:PM to 6:PM**
 Until 10.13PM then Siddha Yoga

4 **Saturday, January 21, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Moscow, Russia
 Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau **Sun 11 Sutra 283**
 Khara 5113
 Dhanus Rasi: 8.28 Tithi 28 – 29 **Gulika 8:41AM – 9:41AM Mula* Until 2:22PM Ganesha: Green Sunrise: 8:41AM**
 883696156 **Yama 1:43PM – 2:43PM Vyaghata* Until 7:30PM Muruqa: Clear Sunset: 4:44PM** Moon 13 - Phase 38
Rahu 10:42AM – 11:42AM Visti Until 12:26AM Sun Nataraja: Yellow 2nd Phase
 Creative Work Siddha Yoga **Trayodasi* Until 1:21PM Pausha*Thai Bholoka Day**
 Until 2:22PM then Marana Yoga **Devaloka Time: 3:PM to 6:PM**
 Until 10.13PM then Siddha Yoga

Sunday, January 22, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Moscow, Russia
 Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau **Sun 12 Sutra 284**
 Khara 5113
 Dhanus Rasi: 22.2 Tithi 29 – 30 **Gulika 2:44PM – 3:45PM Purvashadha* Until 1:25PM Ganesha: Green Sunrise: 8:40AM**
 883696156 **Yama 12:43PM – 1:44PM Harshana Until 4:59PM Muruqa: Clear Sunset: 4:46PM** Moon 13 - Phase 38
Rahu 3:45PM – 4:46PM Catuspada Until 10:50PM Nataraja: Yellow Amavasya
 Creative Work Siddha Yoga **Chaturdasi* Until 11:45AM Pausha*Thai Bholoka Day**
 Until 1:25PM then Amrita Yoga **Devaloka Time: 3:PM to 6:PM**
 Until 10.14PM then Marana Yoga

Monday, January 23, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Moscow, Russia
 Uttarashadha*/Sravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau **Sun 13 Sutra 285**
 Khara 5113
 Makara Rasi: 6.02 Tithi 30 – 1 **Gulika 1:44PM – 2:46PM Uttarashadha Until 1:20PM Ganesha: Green Sunrise: 8:38AM**
 883696156 **Yama 11:42AM – 12:43PM Vajra* Until 3:25PM Muruqa: Clear Sunset: 4:48PM** Moon 13 - Phase 38
Rahu 9:39AM – 10:41AM Kintughna Until 10:53PM Nataraja: Yellow Prathama
 Family Home Evening **Amavasya* Until 10:53AM Magha*Thai Bholoka Day**
 Routine Work Marana Yoga **Devaloka Time: 3:PM to 6:PM**
 Until 1:20PM then Amrita Yoga
 Until 10.14PM then Siddha Yoga

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| 1 | Tuesday, January 24, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama*/Dviliya Yam Titau | | | | Moscow, Russia |
| | Makara Rasi: 19.28 Tithi 1 – 2 | Gulika 12:43PM – 1:45PM | Sravana Until 1:08PM | Ganesha: White | <i>Sunrise:</i> 8:37AM | Sun 14 Sutra 286 Khara 5113 |
| | 893696156 | Yama 10:40AM – 11:42AM | Siddhi Until 1:29PM | Muruqa: Clear | <i>Sunset:</i> 4:50PM | Moon 13 - Phase 39 |
| | | Rahu 2:47PM – 3:48PM | Balava Until 10:03PM | Nataraja: Yellow | | 3rd Phase |
| | | | Prathama* Until 10:03AM | Moon – Purple | | |
| | | | | Magha*Thai | | |
| | | | | | Bhuloka Day | |
| | | | | | Devaloka Time: 3:PM to 6:PM | |

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| 2 | Wednesday, January 25, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dviliya/Triliya Yam Titau | | | | Moscow, Russia |
| | Kumbha Rasi: 2.37 Tithi 2 – 3 | Gulika 11:41AM – 12:44PM | Dhanishtha Until 1:28PM | Ganesha: Green | <i>Sunrise:</i> 8:35AM | Sun 15 Sutra 287 Khara 5113 |
| | 993696156 | Yama 9:37AM – 10:39AM | Vyatipata* Until 12:04PM | Muruqa: Clear | <i>Sunset:</i> 4:52PM | Moon 13 - Phase 39 |
| | | Rahu 12:44PM – 1:46PM | Taitila Until 9:47PM | Nataraja: Yellow | | 3rd Phase |
| | | | Dvitiya Until 9:47AM | Moon – Purple | | |
| | | | | Magha*Thai | | |
| | | | | | Bhuloka Day | |
| | | | | | Devaloka Time: 3:PM to 6:PM | |

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| 3 | Thursday, January 26, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Triliya/Chaturthi* Yam Titau | | | | Moscow, Russia |
| | Kumbha Rasi: 15.28 Tithi 3 – 4 | Gulika 10:39AM – 11:41AM | Satabhisha Until 2:22PM | Ganesha: Green | <i>Sunrise:</i> 8:33AM | Sun 16 Sutra 288 Khara 5113 |
| | 993696156 | Yama 8:33AM – 9:36AM | Variyan Until 11:09AM | Muruqa: Clear | <i>Sunset:</i> 4:54PM | Moon 13 - Phase 39 |
| | | Rahu 1:46PM – 2:49PM | Vanija Until 10:07PM | Nataraja: Yellow | | 3rd Phase |
| | | | Tritiya Until 10:07AM | Moon – Purple | | |
| | | | | Magha*Thai | | |
| | | | | | Bhuloka Day | |
| | | | | | Devaloka Time: 3:PM to 6:PM | |

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| 4 | Friday, January 27, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau | | | | Moscow, Russia |
| | Kumbha Rasi: 28.01 Tithi 4 – 5 | Gulika 9:35AM – 10:38AM | Purvaprostapada* Until 4:38PM | Ganesha: Blue | <i>Sunrise:</i> 8:32AM | Sun 17 Sutra 289 Khara 5113 |
| | 913796156 | Yama 2:50PM – 3:53PM | Parigha* Until 11:07AM | Muruqa: Clear | <i>Sunset:</i> 4:56PM | Moon 13 - Phase 39 |
| | | Rahu 11:41AM – 12:44PM | Bava Until 12:36AM Sat | Nataraja: Yellow | | 3rd Phase |
| | | | Chaturthi* Until 11:31AM | Moon – Clear | | |
| | | | | Magha*Thai | | |
| | | | | | Sivaloka Day | |

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| 5 | Saturday, January 28, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau | | | | Moscow, Russia |
| | Meena Rasi: 10.18 Tithi 5 – 6 | Gulika 8:30AM – 9:34AM | Uttaraprostapada Until 6:45PM | Ganesha: Red | <i>Sunrise:</i> 8:30AM | Sun 18 Sutra 290 Khara 5113 |
| | 914796156 | Yama 1:48PM – 2:51PM | Shiva Until 11:11AM | Muruqa: Clear | <i>Sunset:</i> 4:58PM | Moon 13 - Phase 39 |
| | | Rahu 10:37AM – 11:41AM | Kaulava Until 2:13AM Sun | Nataraja: Yellow | | 3rd Phase |
| | | | Panchami Until 1:07PM | Moon – Clear | | |
| | | | | Magha*Thai | | |
| | | | | | Devaloka Day | |

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| 6 | Sunday, January 29, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau | | | | Moscow, Russia |
| | Meena Rasi: 22.22 Tithi 6 – 7 | Gulika 2:52PM – 3:56PM | Revati Until 9:17PM | Ganesha: Red | <i>Sunrise:</i> 8:28AM | Sun 19 Sutra 291 Khara 5113 |
| | 914796156 | Yama 12:44PM – 1:48PM | Siddha Until 11:40AM | Muruqa: Clear | <i>Sunset:</i> 5:02PM | Moon 13 - Phase 39 |
| | | Rahu 3:56PM – 5:00PM | Gara Until 4:18AM Mon | Nataraja: Yellow | | 3rd Phase |
| | | | Shasthi* Until 3:12PM | Moon – Clear | | |
| | | | | Magha*Thai | | |
| | | | | | Devaloka Day | |

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| Monday, January 30, 2012 | Retreat Star | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Asvini Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau | | | | Moscow, Russia |
| | Mesha Rasi: 4.16 Tithi 7 – 8 | Gulika 1:49PM – 2:53PM | Asvini Until 12:09AM Tue | Ganesha: Blue | <i>Sunrise:</i> 8:27AM | Sun 20 Sutra 292 Khara 5113 |
| | 924796156 | Yama 11:40AM – 12:44PM | Sadhya Until 12:25PM | Muruqa: Clear | <i>Sunset:</i> 5:02PM | Moon 13 - Phase 39 |
| | | Rahu 9:31AM – 10:35AM | Visti Until 6:43AM Tue | Nataraja: Yellow | | 3rd Phase |
| | | | Saptami Until 5:38PM | Moon – White | | |
| | | | | Magha*Thai | | |
| | | | | | Bhuloka Day | |
| | | | | | Devaloka Time: 3:PM to 6:PM | |

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| Tuesday, January 31, 2012 | Retreat Star | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtami* Yam Titau | | | | Moscow, Russia |
| | Mesha Rasi: 16.05 Tithi 8 | Gulika 12:45PM – 1:50PM | Bharani Until 3:09AM Wed | Ganesha: Blue | <i>Sunrise:</i> 8:25AM | Sun 21 Sutra 293 Khara 5113 |
| | 924796156 | Yama 10:35AM – 11:40AM | Subha Until 1:20PM | Muruqa: Clear | <i>Sunset:</i> 5:05PM | Moon 13 - Phase 39 |
| | | Rahu 2:55PM – 4:00PM | Visti Until 7:08AM | Nataraja: Yellow | | Ashtami |
| | | | Ashtami* Until 8:13PM | Moon – White | | |
| | | | | Magha*Thai | | |
| | | | | | Bhuloka Day | |
| | | | | | Devaloka Time: 3:PM to 6:PM | |

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|------------------------------------|--------------------------------|---|----------------------------------|-------------------------|-----------------------------|---------------------------------------|
| Wednesday, February 1, 2012 | Retreat Star | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau | | | | Moscow, Russia |
| | Mesha Rasi: 27.55 Tithi 9 | Gulika 11:40AM – 12:45PM | Krittika Until 6:18AM Thu | Ganesha: Blue | <i>Sunrise:</i> 8:25AM | Sun 22 Sutra 294 Khara 5113 |
| | 924796156 | Yama 9:30AM – 10:35AM | Sukla Until 2:14PM | Muruqa: Clear | <i>Sunset:</i> 5:05PM | Moon 13 - Phase 39 |
| | | Rahu 12:45PM – 1:50PM | Balava Until 9:43AM | Nataraja: Yellow | | Navami |
| | | | Navami* Until 10:48PM | Moon – White | | |
| | | | | Magha*Thai | | |
| | | | | | Bhuloka Day | |
| | | | | | Devaloka Time: 3:PM to 6:PM | |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

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| 1 | Thursday, February 2, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dasami Yam Titau | Moscow, Russia |
| | 924796156 | | Sun 23 Sutra 295 Khara 5113 |
| 9:51 | Tithi 10 | Gulika 10:34AM – 11:39AM Yama 8:23AM – 9:28AM Rahu 1:50PM – 2:56PM | Krittika Until 6:18AM Brahma Until 2:57PM Taitila Until 12:05PM Dasami Until 1:11AM Fri |
| Routine Work | Marana Yoga | Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – White | <i>Sunrise:</i> 8:23AM <i>Sunset:</i> 5:07PM Moon 13 - Phase 40 4th Phase |
| | | | Bhuloka Day Devaloka Time: 3:PM to 6:PM |

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| 2 | Friday, February 3, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigasira Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau | Moscow, Russia |
| | 934797156 | | Sun 24 Sutra 296 Khara 5113 |
| 21:58 | Tithi 11 | Gulika 9:27AM – 10:33AM Yama 2:57PM – 4:03PM Rahu 11:39AM – 12:45PM | Rohini Until 8:44AM Indra Until 3:19PM Vanija Until 2:03PM Ekadasi Until 3:08AM Sat |
| Routine Work | Marana Yoga | Ganesha: Yellow Muruqa: White Nataraja: Yellow Moon – Yellow | <i>Sunrise:</i> 8:21AM <i>Sunset:</i> 5:09PM Moon 13 - Phase 40 4th Phase |
| Until 8:44AM then Siddha Yoga | | | Sivaloka Day |

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| 3 | Saturday, February 4, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau | Moscow, Russia |
| | 934797157 | | Sun 25 Sutra 297 Khara 5113 |
| 4:21 | Tithi 12 | Gulika 8:19AM – 9:26AM Yama 1:51PM – 2:58PM Rahu 10:32AM – 11:39AM | Mrigasira Until 10:17AM Vaidhriti* Until 2:33PM Bava Until 2:38PM Dvadasi Until 2:38AM Sun |
| Creative Work | Siddha Yoga | Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow | <i>Sunrise:</i> 8:19AM <i>Sunset:</i> 5:11PM Moon 13 - Phase 40 4th Phase |
| | | | Subha Sivaloka Day |

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| 4 | Sunday, February 5, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau | Moscow, Russia |
| | 934797157 | | Sun 26 Sutra 298 Khara 5113 |
| 17:04 | Tithi 13 | Gulika 2:59PM – 4:06PM Yama 12:45PM – 1:52PM Rahu 4:06PM – 5:13PM | Ardra Until 11:25AM Vishkambha* Until 1:52PM Kaulava Until 3:14PM Trayodasi Until 3:14AM Mon <i>Pradosha Vrata</i> |
| Creative Work | Siddha Yoga | Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow | <i>Sunrise:</i> 8:17AM <i>Sunset:</i> 5:13PM Moon 13 - Phase 40 4th Phase |
| Until 10:16PM then Amrita Yoga | | | Subha Sivaloka Day |

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| 5 | Monday, February 6, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau | Moscow, Russia |
| | 944797157 | | Sun 27 Sutra 299 Khara 5113 |
| 0.1 | Tithi 14 | Gulika 1:53PM – 3:00PM Yama 11:38AM – 12:45PM Rahu 9:23AM – 10:30AM | Punarvasu Until 11:51AM Priti Until 12:32PM Gara Until 3:04PM Chaturdasi* Until 3:04AM Tue |
| Family Home Evening | | Ganesha: White Muruqa: White Nataraja: White Moon – Blue | <i>Sunrise:</i> 8:15AM <i>Sunset:</i> 5:15PM Moon 13 - Phase 40 4th Phase |
| Creative Work | Amrita Yoga | Thai Pusam | Sivaloka Day |
| Until 11:51AM then Siddha Yoga | | | |

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| ○ | Tuesday, February 7, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Aslesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau | Moscow, Russia |
| | 944797157 | | Sutra 300 Khara 5113 |
| 13:38 | Tithi 15 | Gulika 12:45PM – 1:53PM Yama 10:29AM – 11:37AM Rahu 3:01PM – 4:09PM | Pushya Until 11:12AM Ayushman Until 10:15AM Visti Until 1:31PM Purnima* Until 12:36AM Wed |
| Creative Work | Siddha Yoga | Ganesha: White Muruqa: White Nataraja: White Moon – Blue | <i>Sunrise:</i> 8:13AM <i>Sunset:</i> 5:17PM Moon 13 - Phase 40 Purnima |
| | | | Sivaloka Day |

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|--------------------------------|------------------------------------|---|--|
| ○ | Wednesday, February 8, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Aslesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau | Moscow, Russia |
| | 944797167 | | Sutra 301 Khara 5113 |
| 27:28 | Tithi 16 | Gulika 11:37AM – 12:45PM Yama 9:20AM – 10:28AM Rahu 12:45PM – 1:54PM | Aslesha* Until 10:22AM Saubhagya Until 7:51AM Balava Until 12:02PM Prathama* Until 11:06PM |
| Creative Work | Siddha Yoga | Ganesha: White Muruqa: Yellow Nataraja: Blue Moon – Blue | <i>Sunrise:</i> 8:11AM <i>Sunset:</i> 5:20PM Moon 13 - Phase 40 Prathama |
| Until 10:16PM then Amrita Yoga | | | Bhuloka Day Devaloka Time: 12:PM to 3:PM |



Thursday, February 9, 2012
Gold Retreat Star

Simha Rasi: 11.34 Tithi 17
955797167
Creative Work Amrita Yoga
Until 9:03AM then no yoga
Until 10.16PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 10:27AM – 11:36AM **Magha* Until 9:03AM**
Yama 8:09AM – 9:18AM Athiganda* Until 2:20AM Fri
Rahu 1:54PM – 3:04PM Taitila Until 10:01AM
Dvitiya Until 9:06PM

Moscow, Russia
Sutra 302
Khara 5113
Moon 1 - Phase 41
1st Phase
Sivaloka Day

Ganesha: White *Sunrise:* 8:09AM
Muruqa: Yellow *Sunset:* 5:22PM
Nataraja: Blue
Moon – Red
Magha-Thai

1 **Friday, February 10, 2012**

Simha Rasi: 25.51 Tithi 18
955797267
Creative Work Siddha Yoga
Until 10.16PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni*/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 9:17AM – 10:26AM **Purvaphalguni* Until 7:24AM**
Yama 3:05PM – 4:14PM Sukarma Until 11:11PM
Rahu 11:36AM – 12:45PM Vanija Until 7:40AM
Tritiya Until 6:44PM

Moscow, Russia
Sun 1 Sutra 303
Khara 5113
Moon 1 - Phase 41
1st Phase
Subha Sivaloka Day

Ganesha: White *Sunrise:* 8:07AM
Muruqa: White *Sunset:* 5:24PM
Nataraja: Yellow
Moon – Red
Magha-Thai

2 **Saturday, February 11, 2012**

Kanya Rasi: 10.14 Tithi 19 – 20
965797267
Routine Work Marana Yoga
Until 10.16PM then Amrita Yoga
Until 4:28AM Sun then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasla Nakshatra Dhriti Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 8:05AM – 9:15AM **Hasla Until 4:28AM Sun**
Yama 1:56PM – 3:06PM Dhriti Until 7:53PM
Rahu 10:25AM – 11:35AM Kaulava Until 3:17AM Sun
Chaturthi* Until 4:13PM

Moscow, Russia
Sun 2 Sutra 304
Khara 5113
Moon 1 - Phase 41
1st Phase
Sivaloka Day

Ganesha: Clear *Sunrise:* 8:05AM
Muruqa: White *Sunset:* 5:26PM
Nataraja: Yellow
Moon – Green
Magha-Thai

3 **Sunday, February 12, 2012**

Kanya Rasi: 24.37 Tithi 20 – 21
965797267
Creative Work Siddha Yoga
Until 10.16PM then Prabalarishta Yoga
Until 2:40AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 3:07PM – 4:17PM **Chitra Until 2:40AM Mon**
Yama 12:45PM – 1:56PM Shula* Until 4:35PM
Rahu 4:17PM – 5:28PM Gara Until 12:46AM Mon
Panchami Until 1:41PM

Moscow, Russia
Sun 3 Sutra 305
Khara 5113
Moon 1 - Phase 41
1st Phase
Sivaloka Day

Ganesha: Clear *Sunrise:* 8:03AM
Muruqa: White *Sunset:* 5:28PM
Nataraja: Yellow
Moon – Green
Magha-Thai

4 **Monday, February 13, 2012**

Tula Rasi: 8.55 Tithi 21 – 22
Family Home Evening
965797267
Creative Work Amrita Yoga
Until 10.16PM then Siddha Yoga
Until 1:00AM Tue then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 1:57PM – 3:08PM **Svati Until 1:00AM Tue**
Yama 11:34AM – 12:45PM Ganda* Until 1:25PM
Rahu 9:12AM – 10:23AM Visti Until 10:22PM
Shasthi* Until 11:18AM

Moscow, Russia
Sun 4 Sutra 306
Khara 5113
Moon 1 - Phase 41
1st Phase
Sivaloka Day

Ganesha: Clear *Sunrise:* 8:01AM
Muruqa: White *Sunset:* 5:30PM
Nataraja: Yellow
Moon – Green
Magha-Masi

Tuesday, February 14, 2012
Retreat Star

Tula Rasi: 23.06 Tithi 22 – 23
975797267
Routine Work Marana Yoga
Until 10.16PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Visakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 12:45PM – 1:57PM **Visakha Until 11:33PM**
Yama 10:22AM – 11:34AM Vridhhi Until 10:27AM
Rahu 3:09PM – 4:21PM Balava Until 8:13PM
Saptami Until 9:08AM

Moscow, Russia
Sun 5 Sutra 307
Khara 5113
Moon 1 - Phase 41
Ashtami
Subha Sivaloka Day

Ganesha: Purple *Sunrise:* 7:58AM
Muruqa: White *Sunset:* 5:32PM
Nataraja: Yellow
Moon – Orange
Magha-Masi

Wednesday, February 15, 2012
Retreat Star

Vrischika Rasi: 7.08 Tithi 23 – 24
975797267
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 11:33AM – 12:45PM **Anuradha Until 10:21PM**
Yama 9:08AM – 10:21AM Dhruva Until 7:42AM
Rahu 12:45PM – 1:58PM Taitila Until 6:19PM
Ashtami* Until 7:14AM

Moscow, Russia
Sun 6 Sutra 308
Khara 5113
Moon 1 - Phase 41
Navami
Subha Sivaloka Day

Ganesha: Purple *Sunrise:* 7:56AM
Muruqa: White *Sunset:* 5:35PM
Nataraja: Yellow
Moon – Orange
Magha-Masi

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|----------|------------------------------------|---|----------------|
| 1 | Thursday, February 16, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Vanija/Visti* Karana Dasami Yam Titau | Moscow, Russia |
| | Sun 7 | Sutra 309 | Khara 5113 |

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|-----------------------|----------|-----------|---------------------------------|--------------------------------|---|-------------------|
| Wrischika Rasi: 21.01 | Tithi 25 | 985797267 | Gulika 10:20AM – 11:32AM | Jyeshtha* Until 9:24PM | Ganesha: Purple <i>Sunrise: 7:54AM</i> | |
| | | | Yama 7:54AM – 9:07AM | Harshana Until 2:32AM Fri | Muruqa: White <i>Sunset: 5:37PM</i> | Moon 1 - Phase 42 |
| | | | Rahu 1:58PM – 3:11PM | Vanija Until 4:42PM | Nataraja: Yellow | 2nd Phase |
| | | | | Dasami Until 3:47AM Fri | Magha+Masi | |

Creative Work Siddha Yoga
Until 10.16PM then no yoga

Subha Sivaloka Day

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|----------|----------------------------------|--|----------------|
| 2 | Friday, February 17, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadasi* Yam Titau | Moscow, Russia |
| | Sun 8 | Sutra 310 | Khara 5113 |

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|-------------------|----------|-----------|--------------------------------|----------------------------------|--|-------------------|
| Dhanus Rasi: 4.45 | Tithi 26 | 985797267 | Gulika 9:05AM – 10:18AM | Mula* Until 8:42PM | Ganesha: Clear <i>Sunrise: 7:52AM</i> | |
| | | | Yama 3:12PM – 4:25PM | Vajra* Until 12:17AM Sat | Muruqa: White <i>Sunset: 5:39PM</i> | Moon 1 - Phase 42 |
| | | | Rahu 11:32AM – 12:45PM | Bava Until 3:22PM | Nataraja: Yellow | 2nd Phase |
| | | | | Ekadasi* Until 2:26AM Sat | Magha+Masi | |

No Yoga
Until 8:42PM then Siddha Yoga
Until 10.16PM then Marana Yoga

Sivaloka Day

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|----------|------------------------------------|---|----------------|
| 3 | Saturday, February 18, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau | Moscow, Russia |
| | Sun 9 | Sutra 311 | Khara 5113 |

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|-------------------|----------|-----------|-------------------------------|----------------------------------|--|-------------------|
| Dhanus Rasi: 18.2 | Tithi 27 | 985797267 | Gulika 7:49AM – 9:03AM | Purvashadha* Until 9:22PM | Ganesha: Clear <i>Sunrise: 7:49AM</i> | |
| | | | Yama 1:59PM – 3:13PM | Siddhi Until 11:25PM | Muruqa: White <i>Sunset: 5:41PM</i> | Moon 1 - Phase 42 |
| | | | Rahu 10:17AM – 11:31AM | Kaulava Until 2:59PM | Nataraja: Yellow | 2nd Phase |
| | | | | Dvadasi* Until 2:59AM Sun | Magha+Masi | |

Routine Work Marana Yoga
Until 9:22PM then no yoga
Until 10.16PM then Amrita Yoga

Sivaloka Day

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| 4 | Sunday, February 19, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodasi* Yam Titau | Moscow, Russia |
| | Sun 10 | Sutra 312 | Khara 5113 |

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|-------------------|----------|-----------|-------------------------------|------------------------------------|---|-------------------|
| Makara Rasi: 1.47 | Tithi 28 | 986797267 | Gulika 3:14PM – 4:29PM | Uttarashadha Until 9:10PM | Ganesha: Purple <i>Sunrise: 7:47AM</i> | |
| | | | Yama 12:45PM – 2:00PM | Vyatipata* Until 9:30PM | Muruqa: White <i>Sunset: 5:43PM</i> | Moon 1 - Phase 42 |
| | | | Rahu 4:29PM – 5:43PM | Gara Until 2:07PM | Nataraja: Yellow | 2nd Phase |
| | | | | Trayodasi* Until 2:07AM Mon | Magha+Masi | |

Creative Work Amrita Yoga
Until 10.16PM then Marana Yoga

Devaloka Day


Pradosha Vrata (Fasting)

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| 5 | Monday, February 20, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Sraavana Nakshatra Variyan Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau | Moscow, Russia |
| | Sun 11 | Sutra 313 | Khara 5113 |

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|--------------------|----------|-----------|-------------------------------|-------------------------------------|---|-------------------|
| Makara Rasi: 15.03 | Tithi 29 | 996797267 | Gulika 2:00PM – 3:15PM | Sraavana Until 9:17PM | Ganesha: Light Blue <i>Sunrise: 7:45AM</i> | |
| | | | Yama 11:30AM – 12:45PM | Variyan Until 7:53PM | Muruqa: White <i>Sunset: 5:49PM</i> | Moon 1 - Phase 42 |
| | | | Rahu 9:00AM – 10:15AM | Visti Until 1:36PM | Nataraja: Yellow | 2nd Phase |
| | | | Mahasivaratri | Chaturdasi* Until 1:36AM Tue | Magha+Masi | |

Family Home Evening
Creative Work Amrita Yoga
Until 9:17PM then Siddha Yoga
Until 10.16PM then Marana Yoga

Devaloka Day

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|---|-----------------------------------|---|----------------|
|  | Tuesday, February 21, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau | Moscow, Russia |
| | Sun 12 | Sutra 314 | Khara 5113 |

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|--------------------|----------|-----------|--------------------------------|-----------------------------------|---|-------------------|
| Makara Rasi: 28.08 | Tithi 30 | 996897267 | Gulika 12:45PM – 2:00PM | Dhanishtha Until 9:45PM | Ganesha: Orange <i>Sunrise: 7:42AM</i> | |
| | | | Yama 10:14AM – 11:29AM | Parigha* Until 6:35PM | Muruqa: White <i>Sunset: 5:47PM</i> | Moon 1 - Phase 42 |
| | | | Rahu 3:16PM – 4:32PM | Catuspada Until 1:27PM | Nataraja: Yellow | Amavasya |
| | | | | Amavasya* Until 1:27AM Wed | Magha+Masi | |

Routine Work Marana Yoga
Until 10.16PM then Siddha Yoga

Sivaloka Day

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| Retreat Star | Wednesday, February 22, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathama* Yam Titau | Moscow, Russia |
| | Sun 13 | Sutra 315 | Khara 5113 |

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|--------------------|---------|-----------|---------------------------------|-----------------------------------|---|-------------------|
| Kumbha Rasi: 11.01 | Tithi 1 | 996897267 | Gulika 11:29AM – 12:45PM | Satabhisha Until 10:36PM | Ganesha: Orange <i>Sunrise: 7:40AM</i> | |
| | | | Yama 8:56AM – 10:12AM | Shiva Until 5:39PM | Muruqa: White <i>Sunset: 5:49PM</i> | Moon 1 - Phase 42 |
| | | | Rahu 12:45PM – 2:01PM | Kintughna Until 1:43PM | Nataraja: Yellow | Prathama |
| | | | | Prathama* Until 1:43AM Thu | Phalgun+Masi | |

Creative Work Siddha Yoga
Until 10.15PM then Marana Yoga
Until 10.36PM then Siddha Yoga

Sivaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishṇa Yajur Veda, Svetu 6.11. UpM, 95

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| 1 | Thursday, February 23, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiya Yam Titau | Moscow, Russia |
| | Kumbha Rasi: 23.39 Tithi 2 | Gulika 10:11AM – 11:28AM Purvaprostapada* Until 1:22AM Fri | Sun 14 Sutra 316 Khara 5113 |
| | 916897267 | Yama 7:38AM – 8:54AM Siddha Until 5:57PM | Moon 1 - Phase 43 |
| Creative Work Siddha Yoga | Rahu 2:01PM – 3:18PM Balava Until 3:13PM | Nataraja: Yellow Moon – Clear | 3rd Phase |
| | | Dvitiya Until 4:19AM Fri | Phalguna-Masi |
| | | | Subha Sivaloka Day |

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| 2 | Friday, February 24, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Tritiya Yam Titau | Moscow, Russia |
| | Meena Rasi: 6.04 Tithi 3 | Gulika 8:53AM – 10:10AM Uttaraprostapada Until 3:12AM Sat | Sun 15 Sutra 317 Khara 5113 |
| | 916897267 | Yama 3:19PM – 4:36PM Sadhya Until 5:48PM | Moon 1 - Phase 43 |
| Creative Work Siddha Yoga | Rahu 11:27AM – 12:44PM Tailila Until 4:31PM | Nataraja: Yellow Moon – Clear | 3rd Phase |
| Until 3:12AM Sat then Prabalarishta Yoga | | Tritiya Until 5:36AM Sat | Phalguna-Masi |
| | | | Subha Sivaloka Day |

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| 3 | Saturday, February 25, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija Karana Chaturthi* Yam Titau | Moscow, Russia |
| | Meena Rasi: 18.16 Tithi 4 | Gulika 7:33AM – 8:51AM Revati Until 5:29AM Sun | Sun 16 Sutra 318 Khara 5113 |
| | 916897267 | Yama 2:02PM – 3:20PM Subha Until 6:02PM | Moon 1 - Phase 43 |
| Routine Work Prabalarishta Yoga | Rahu 10:09AM – 11:26AM Vanija Until 6:16PM | Nataraja: Yellow Moon – Clear | 3rd Phase |
| Until 10:15PM then Amrita Yoga | | Chaturthi* Until 7:21AM Sun | Phalguna-Masi |
| Until 5:29AM Sun then Siddha Yoga | Subramuniyaswami Siva Vision Day | | Subha Sivaloka Day |

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| 4 | Sunday, February 26, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau | Moscow, Russia |
| | Mesha Rasi: 0.16 Tithi 4 – 5 | Gulika 3:21PM – 4:39PM Asvini Until 8:22AM Mon | Sun 17 Sutra 319 Khara 5113 |
| | 927897267 | Yama 12:44PM – 2:03PM Sukla Until 6:37PM | Moon 1 - Phase 43 |
| Creative Work Siddha Yoga | Rahu 4:39PM – 5:58PM Bava Until 8:26PM | Nataraja: Yellow Moon – White | 3rd Phase |
| | | Chaturthi* Until 7:21AM | Phalguna-Masi |
| | | | Devaloka Day |

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| 5 | Monday, February 27, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau | Moscow, Russia |
| | Mesha Rasi: 12.09 Tithi 5 – 6 | Gulika 2:03PM – 3:22PM Asvini Until 8:22AM | Sun 18 Sutra 320 Khara 5113 |
| | 927897267 | Yama 11:25AM – 12:44PM Brahma Until 7:27PM | Moon 1 - Phase 43 |
| Family Home Evening | Rahu 8:47AM – 10:06AM Kaulava Until 10:54PM | Nataraja: Yellow Moon – White | 3rd Phase |
| Creative Work Siddha Yoga | | Panchami Until 9:49AM | Phalguna-Masi |
| | | | Devaloka Day |

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| 6 | Tuesday, February 28, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau | Moscow, Russia |
| | Mesha Rasi: 23.57 Tithi 6 – 7 | Gulika 12:44PM – 2:03PM Bharani Until 11:26AM | Sun 19 Sutra 321 Khara 5113 |
| | 927897267 | Yama 10:05AM – 11:24AM Indra Until 8:25PM | Moon 1 - Phase 43 |
| Creative Work Siddha Yoga | Rahu 3:23PM – 4:42PM Gara Until 1:32AM Wed | Nataraja: Yellow Moon – White | 3rd Phase |
| Until 10:15PM then Amrita Yoga | | Shasthi* Until 12:27PM | Phalguna-Masi |
| | | | Devaloka Day |

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| Retreat Star | Wednesday, February 29, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau | Moscow, Russia |
| | Vrishabha Rasi: 5.45 Tithi 7 – 8 | Gulika 11:24AM – 12:44PM Krittika Until 2:30PM | Sun 20 Sutra 322 Khara 5113 |
| | 927897267 | Yama 8:43AM – 10:03AM Vaidhriti* Until 9:24PM | Moon 1 - Phase 43 |
| Creative Work Amrita Yoga | Rahu 12:44PM – 2:04PM Visti Until 4:09AM Thu | Nataraja: Yellow Moon – White | 3rd Phase |
| Until 2:30PM then Siddha Yoga | | Saptami Until 3:04PM | Phalguna-Masi |
| Until 10:14PM then Marana Yoga | | | Devaloka Day |

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|--------------------------------|--|---|---------------------------------------|
| Retreat Star | Thursday, March 1, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau | Moscow, Russia |
| | Vrishabha Rasi: 17.39 Tithi 8 – 9 | Gulika 10:01AM – 11:22AM Rohini Until 5:22PM | Sun 21 Sutra 323 Khara 5113 |
| | 937897267 | Yama 7:18AM – 8:39AM Vishkambha* Until 10:12PM | Moon 1 - Phase 43 |
| Routine Work Marana Yoga | Rahu 2:05PM – 3:26PM Balava Until 6:34AM Fri | Nataraja: Yellow Moon – Yellow | Ashtami |
| Until 10:14PM then Siddha Yoga | | Ashtami* Until 5:29PM | Phalguna-Masi |
| | | | Sivaloka Day |

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| Retreat Star | Friday, March 2, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Priti Yoga Balava/Kaulava Karana Navami* Yam Titau | Moscow, Russia |
| | Vrishabha Rasi: 29.44 Tithi 9 | Gulika 8:38AM – 9:59AM Mrigasira Until 7:52PM | Sun 22 Sutra 324 Khara 5113 |
| | 937897267 | Yama 3:27PM – 4:49PM Priti Until 10:39PM | Moon 1 - Phase 43 |
| Creative Work Siddha Yoga | Rahu 11:21AM – 12:43PM Balava Until 6:23AM | Nataraja: Yellow Moon – Yellow | Navami |
| | | Navami* Until 7:29PM | Phalguna-Masi |
| | | | Sivaloka Day |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

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| 1 | Saturday, March 3, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Tailila/Gara Karana Dasami Yam Titau | Moscow, Russia |
| | Mithuna Rasi: 12.07 Tithi 10 937897267 | Gulika 7:13AM – 8:36AM Yama 2:05PM – 3:28PM Rahu 9:58AM – 11:20AM | Sun 23 Sutra 325 Khara 5113 Moon 1 - Phase 44 4th Phase |
| | Creative Work Siddha Yoga Until 8:34PM then Marana Yoga Until 10.14PM then Siddha Yoga | Ardra Until 8:34PM Ayushman Until 9:23PM Taitila Until 7:37AM Dasami Until 7:37PM | Ganesha: Red <i>Sunrise:</i> 7:13AM Muruqa: White <i>Sunset:</i> 6:12PM Nataraja: Yellow Moon – Yellow Phalgunu-Masi |
| | | | Sivaloka Day |
| 2 | Sunday, March 4, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau | Moscow, Russia |
| | Mithuna Rasi: 24.51 Tithi 11 948897267 | Gulika 3:29PM – 4:51PM Yama 12:43PM – 2:06PM Rahu 4:51PM – 6:14PM | Sun 24 Sutra 326 Khara 5113 Moon 1 - Phase 44 4th Phase |
| | Creative Work Siddha Yoga | Punarvasu Until 9:40PM Saubhagya Until 8:41PM Vanija Until 8:09AM Ekadasi Until 8:09PM | Ganesha: Blue <i>Sunrise:</i> 7:11AM Muruqa: White <i>Sunset:</i> 6:14PM Nataraja: Yellow Moon – Blue Phalgunu-Masi |
| | | | Devaloka Day |
| 3 | Monday, March 5, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadasi Yam Titau | Moscow, Russia |
| | Kataka Rasi: 8.01 Tithi 12 Family Home Evening 148817267 | Gulika 2:06PM – 3:29PM Yama 11:19AM – 12:42PM Rahu 8:32AM – 9:55AM | Sun 25 Sutra 327 Khara 5113 Moon 1 - Phase 44 4th Phase |
| | Creative Work Siddha Yoga | Pushya Until 8:50PM Sobhana Until 6:22PM Bava Until 7:40AM Dvadasi Until 6:45PM | Ganesha: Green <i>Sunrise:</i> 7:08AM Muruqa: White <i>Sunset:</i> 6:17PM Nataraja: Yellow Moon – Blue Phalgunu-Masi |
| | | | Devaloka Day |
| 4 | Tuesday, March 6, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Gara Karana Trayodasi/Chaturdasi* Yam Titau | Moscow, Russia |
| | Kataka Rasi: 21.38 Tithi 13 – 14 148817267 | Gulika 12:42PM – 2:06PM Yama 9:54AM – 11:18AM Rahu 3:30PM – 4:54PM | Sun 26 Sutra 328 Khara 5113 Moon 1 - Phase 44 4th Phase |
| | Creative Work Siddha Yoga | Aslesha* Until 8:20PM Athiganda* Until 4:18PM Kaulava Until 6:31AM Trayodasi Until 5:36PM | Ganesha: Green <i>Sunrise:</i> 7:06AM Muruqa: White <i>Sunset:</i> 6:19PM Nataraja: Yellow Moon – Blue Phalgunu-Masi |
| | | <i>Pradosha Vrata</i> | Devaloka Day |
| 5 | Wednesday, March 7, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau | Moscow, Russia |
| | Simha Rasi: 5.42 Tithi 14 – 15 158817267 | Gulika 11:17AM – 12:42PM Yama 8:28AM – 9:53AM Rahu 12:42PM – 2:07PM | Sun 27 Sutra 329 Khara 5113 Moon 1 - Phase 44 4th Phase |
| | Creative Work Siddha Yoga Until 7:05PM then Amrita Yoga Until 10.13PM then no yoga | Magha* Until 7:05PM Sukarma Until 1:32PM Visti Until 2:43AM Thu Chaturdasi* Until 3:38PM | Ganesha: Red <i>Sunrise:</i> 7:03AM Muruqa: White <i>Sunset:</i> 6:21PM Nataraja: Yellow Moon – Red Phalgunu-Masi |
| | | Chidambaram Abhishekam | Sivaloka Day |
| ○ | Thursday, March 8, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau | Moscow, Russia |
| | Simha Rasi: 20.08 Tithi 15 – 16 158817267 | Gulika 9:51AM – 11:16AM Yama 7:01AM – 8:26AM Rahu 2:07PM – 3:32PM | Sun 28 Sutra 330 Khara 5113 Moon 1 - Phase 44 Purnima |
| | No Yoga Until 4:28PM then Prabalarishta Yoga Until 10.12PM then Siddha Yoga | Purvaphalguni* Until 4:28PM Dhriti Until 9:55AM Balava Until 10:47PM Purnima* Until 12:30PM | Ganesha: Red <i>Sunrise:</i> 7:01AM Muruqa: White <i>Sunset:</i> 6:23PM Nataraja: Yellow Moon – Red Phalgunu-Masi |
| | | Holi | Sivaloka Day |
| ○ | Friday, March 9, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau | Moscow, Russia |
| | Kanya Rasi: 4.49 Tithi 16 – 17 158817267 | Gulika 8:24AM – 9:50AM Yama 3:33PM – 4:59PM Rahu 11:16AM – 12:41PM | Sun 29 Sutra 331 Khara 5113 Moon 1 - Phase 44 Prathama |
| | Creative Work Siddha Yoga Until 2:17PM then Amrita Yoga Until 10.12PM then Marana Yoga | Uttaraphalguni Until 2:17PM Shula* Until 6:23AM Taitila Until 7:54PM Prathama* Until 9:36AM | Ganesha: Red <i>Sunrise:</i> 6:58AM Muruqa: White <i>Sunset:</i> 6:25PM Nataraja: Yellow Moon – Red Phalgunu-Masi |
| | | | Sivaloka Day |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Kṛishṇa Yajur Veda, Maitu 5.2. bo UpH, 423



Saturday, March 10, 2012
Gold Retreat Star

Kanya Rasi: 19.38 Tithi 17 – 18
169817267
Routine Work Marana Yoga
Until 10.12PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Visti* Karana Dvitiya/Tritiya Yam Titau
Gulika 6:56AM – 8:22AM **Hasta** **Until 11:54AM**
Yama 2:08PM – 3:34PM **Vriddhi** **Until 10:39PM**
Rahu 9:48AM – 11:15AM **Visti** **Until 3:03AM Sun**
Dvitiya **Until 6:29AM**

Moscow, Russia
Sun 1 **Sutra 332**
Khara 5113
Moon 2 - Phase 45
1st Phase
Devaloka Day
Ganesha: Blue *Sunrise: 6:56AM*
Muruqa: White *Sunset: 6:27PM*
Nataraja: Yellow
Moon – Green
Phalguna-Masi



Sunday, March 11, 2012

Tula Rasi: 4.28 Tithi 19
169817267
Creative Work Siddha Yoga
Until 10.12PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 3:35PM – 5:02PM **Chitra** **Until 9:31AM**
Yama 12:41PM – 2:08PM **Dhruva** **Until 6:55PM**
Rahu 5:02PM – 6:29PM **Bava** **Until 1:39PM**
Chaturthi* **Until 11:56PM**

Moscow, Russia
Sun 2 **Sutra 333**
Khara 5113
Moon 2 - Phase 45
1st Phase
Devaloka Day
Ganesha: Blue *Sunrise: 6:53AM*
Muruqa: White *Sunset: 6:29PM*
Nataraja: Yellow
Moon – Green
Phalguna-Masi



Monday, March 12, 2012

Tula Rasi: 19.1 Tithi 20
169817267
Family Home Evening
Creative Work Amrita Yoga
Until 7:27AM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Visakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 2:08PM – 3:36PM **Svati** **Until 7:27AM**
Yama 11:13AM – 12:41PM **Vyaghata*** **Until 4:00PM**
Rahu 8:18AM – 9:45AM **Kaulava** **Until 11:06AM**
Panchami **Until 10:11PM**

Moscow, Russia
Sun 3 **Sutra 334**
Khara 5113
Moon 2 - Phase 45
1st Phase
Devaloka Day
Ganesha: Blue *Sunrise: 6:50AM*
Muruqa: White *Sunset: 6:31PM*
Nataraja: Yellow
Moon – Green
Phalguna-Masi



Tuesday, March 13, 2012

Wrischika Rasi: 3.38 Tithi 21
179817267
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 12:40PM – 2:08PM **Anuradha** **Until 4:21AM Wed**
Yama 9:44AM – 11:12AM **Harshana** **Until 12:35PM**
Rahu 3:37PM – 5:05PM **Gara** **Until 8:22AM**
Shasthi* **Until 7:27PM**

Moscow, Russia
Sun 4 **Sutra 335**
Khara 5113
Moon 2 - Phase 45
1st Phase
Sivaloka Day
Ganesha: Red *Sunrise: 6:48AM*
Muruqa: White *Sunset: 6:33PM*
Nataraja: Yellow
Moon – Orange
Phalguna-Masi



Wednesday, March 14, 2012

Wrischika Rasi: 17.5 Tithi 22 – 23
179817267
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti*/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 11:11AM – 12:40PM **Jyeshtha*** **Until 2:52AM Thu**
Yama 8:14AM – 9:43AM **Vajra*** **Until 9:36AM**
Rahu 12:40PM – 2:09PM **Visti** **Until 6:09AM**
Saptami **Until 5:14PM**

Moscow, Russia
Sun 5 **Sutra 336**
Khara 5113
Moon 2 - Phase 45
1st Phase
Sivaloka Day
Ganesha: Red *Sunrise: 6:45AM*
Muruqa: White *Sunset: 6:33PM*
Nataraja: Yellow
Moon – Orange
Phalguna-Panguni



Thursday, March 15, 2012
Retreat Star

Dhanus Rasi: 1.44 Tithi 23 – 24
189817268
Creative Work Siddha Yoga
Until 10.10PM then no yoga
Until 1:53AM Fri then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 9:41AM – 11:10AM **Mula*** **Until 1:53AM Fri**
Yama 6:43AM – 8:12AM **Siddhi** **Until 7:06AM**
Rahu 2:09PM – 3:38PM **Taitila** **Until 2:38AM Fri**
Ashtami* **Until 3:34PM**

Moscow, Russia
Sun 6 **Sutra 337**
Khara 5113
Moon 2 - Phase 45
Ashtami
Sivaloka Day
Ganesha: Green *Sunrise: 6:43AM*
Muruqa: White *Sunset: 6:37PM*
Nataraja: White
Moon – Light Blue
Phalguna-Panguni

Friday, March 16, 2012

Retreat Star

Dhanus Rasi: 15.21 Tithi 24 – 25
189817268
Creative Work Siddha Yoga
Until 10.10PM then Marana Yoga
Until 2:54AM Sat then no yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau
Gulika 8:10AM – 9:40AM **Purvashadha*** **Until 2:54AM Sat**
Yama 3:39PM – 5:09PM **Variyan** **Until 3:51AM Sat**
Rahu 11:10AM – 12:39PM **Vanija** **Until 3:07AM Sat**
Navami* **Until 3:07PM**

Moscow, Russia
Sun 7 **Sutra 338**
Khara 5113
Moon 2 - Phase 45
Navami
Sivaloka Day
Ganesha: Green *Sunrise: 6:40AM*
Muruqa: White *Sunset: 6:39PM*
Nataraja: White
Moon – Light Blue
Phalguna-Panguni

1 Saturday, March 17, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Moscow, Russia
 Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau Sun 8 Sutra 339
 Dhanus Rasi: 28.42 Tithi 26 – 26 191917268 Gulika 6:37AM – 8:08AM Uttarashadha Until 2:51AM Sun Ganesha: White Sunrise: 6:37AM Khara 5113
 Yama 2:10PM – 3:40PM Parigha* Until 2:06AM Sun Muruqa: White Sunset: 6:41PM Moon 2 - Phase 46
 Rahu 9:38AM – 11:09AM Bava Until 2:24AM Sun Nataraja: White Moon – Light Blue 2nd Phase
 No Yoga Sivaloka Day
 Until 10.10PM then Amrita Yoga Phalguna-Panguni

2 Sunday, March 18, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Moscow, Russia
 Sravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau Sun 9 Sutra 340
 Makara Rasi: 11.5 Tithi 26 – 27 191917268 Gulika 3:41PM – 5:12PM Sravana Until 3:15AM Mon Ganesha: Purple Sunrise: 6:35AM Khara 5113
 Yama 12:39PM – 2:10PM Shiva Until 12:45AM Mon Muruqa: White Sunset: 6:43PM Moon 2 - Phase 46
 Rahu 5:12PM – 6:43PM Kaulava Until 2:09AM Mon Nataraja: White Moon – Purple 2nd Phase
 Creative Work Amrita Yoga Subha Subha Sivaloka Day
 Until 3:15AM Mon then Siddha Yoga Ekadasi* Until 2:09PM Phalguna-Panguni

3 Monday, March 19, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Moscow, Russia
 Dhanishtha Nakshatra Siddha Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau Sun 10 Sutra 341
 Makara Rasi: 24.44 Tithi 27 – 28 191917268 Gulika 2:10PM – 3:42PM Dhanishtha Until 4:01AM Tue Ganesha: Purple Sunrise: 6:32AM Khara 5113
 Family Home Evening Siddha Yoga Rahu 8:04AM – 9:35AM Siddha Until 11:46PM Muruqa: White Sunset: 6:45PM Moon 2 - Phase 46
 Creative Work Siddha Yoga Gara Until 2:18AM Tue Nataraja: White Moon – Purple 2nd Phase
 Until 10.09PM then Marana Yoga Dvadasi* Until 2:18PM Phalguna-Panguni
 Pradosha Vrata (Fasting) Subha Subha Sivaloka Day

4 Tuesday, March 20, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Moscow, Russia
 Satabhisha Nakshatra Sadhya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau Sun 11 Sutra 342
 Kumbha Rasi: 7.28 Tithi 28 – 29 191917268 Gulika 12:38PM – 2:10PM Satabhisha Until 5:07AM Wed Ganesha: Purple Sunrise: 6:30AM Khara 5113
 Yama 9:34AM – 11:06AM Sadhya Until 11:06PM Muruqa: White Sunset: 6:47PM Moon 2 - Phase 46
 Rahu 3:43PM – 5:15PM Visti Until 2:50AM Wed Nataraja: White Moon – Purple 2nd Phase
 Routine Work Marana Yoga Subha Subha Sivaloka Day
 Until 10.09PM then Siddha Yoga Trayodasi* Until 2:50PM Phalguna-Panguni
 Until 5:07AM Wed then Amrita Yoga

5 Wednesday, March 21, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Moscow, Russia
 Purvaprostapada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau Sun 12 Sutra 343
 Kumbha Rasi: 20.02 Tithi 29 – 30 111917268 Gulika 11:05AM – 12:38PM Purvaprostapada* Until 7:52AM Thu Ganesha: Clear Sunrise: 6:27AM Khara 5113
 Yama 8:00AM – 9:33AM Subha Until 12:01AM Thu Muruqa: White Sunset: 6:49PM Moon 2 - Phase 46
 Rahu 12:38PM – 2:11PM Catuspada Until 5:41AM Thu Nataraja: White Moon – Clear 2nd Phase
 Creative Work Amrita Yoga Subha Sivaloka Day
 Until 10.09PM then Siddha Yoga Chaturdasi* Until 4:36PM Phalguna-Panguni

Thursday, March 22, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Moscow, Russia
 Purvaprostapada*/Uttaraprostapada Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau Sun 13 Sutra 344
 Meena Rasi: 2.24 Tithi 30 – 1 111917268 Gulika 9:31AM – 11:04AM Purvaprostapada* Until 7:52AM Ganesha: Clear Sunrise: 6:25AM Khara 5113
 Yama 6:25AM – 7:58AM Sukla Until 11:57PM Muruqa: White Sunset: 6:51PM Moon 2 - Phase 46
 Rahu 2:11PM – 3:44PM Kintughna Until 7:02AM Fri Nataraja: White Moon – Clear Amavasya
 Creative Work Siddha Yoga Subha Sivaloka Day
 Amavasya* Until 5:56PM Phalguna-Panguni

Friday, March 23, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Moscow, Russia
 Uttaraprostapada/Revali Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathama* Yam Titau Sun 14 Sutra 345
 Meena Rasi: 14.37 Tithi 1 111917268 Gulika 7:56AM – 9:30AM Uttaraprostapada Until 10:07AM Ganesha: Clear Sunrise: 6:22AM Khara 5113
 Yama 3:45PM – 5:19PM Brahma Until 12:12AM Sat Muruqa: White Sunset: 6:53PM Moon 2 - Phase 46
 Rahu 11:03AM – 12:37PM Kintughna Until 6:33AM Nataraja: White Moon – Clear Prathama
 Creative Work Siddha Yoga Subha Sivaloka Day
 Until 10.08PM then Prabalarishta Yoga Prathama* Until 7:39PM Chaitra-Panguni

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %oig Veda 1.89.8. RvP, 287

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| 1 | Saturday, March 24, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiya Yam Titau | Moscow, Russia |
| | Sun 15 | Sutra 346 | Khara 5113 |
| Meena Rasi: 26.4 | Tithi 2 | 111917268 | Moon 2 - Phase 47 |
| Routine Work | Prabalarishta Yoga | | 3rd Phase |
| Until 12:41PM then Siddha Yoga | Chellappaswami Mahasamadhi | Dvitiya Until 9:42PM | Subha Sivaloka Day |
| | | Ganesh: Clear Muruqa: White Nataraja: White Moon - Clear | Chaitra•Panguni |
| | | Gulika: 6:19AM - 7:54AM Yama: 2:11PM - 3:46PM Rahu: 9:28AM - 11:03AM | Sunrise: 6:19AM Sunset: 6:55PM |


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| 2 | Sunday, March 25, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Vaidhrithi* Yoga Tailila/Gara Karana Tritiya Yam Titau | Moscow, Russia |
| | Sun 16 | Sutra 347 | Khara 5113 |
| Mesha Rasi: 8.35 | Tithi 3 | 121917268 | Moon 2 - Phase 47 |
| Creative Work | Siddha Yoga | | 3rd Phase |
| Until 3:30PM then no yoga | | Tritiya Until 12:02AM Mon | Subha Sivaloka Day |
| Until 10:07PM then Siddha Yoga | | Ganesh: Orange Muruqa: White Nataraja: White Moon - White | Chaitra•Panguni |
| | | Gulika: 3:47PM - 5:22PM Yama: 12:37PM - 2:12PM Rahu: 5:22PM - 6:57PM | Sunrise: 6:17AM Sunset: 6:57PM |

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| 3 | Monday, March 26, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Chaturthi* Yam Titau | Moscow, Russia |
| | Sun 17 | Sutra 348 | Khara 5113 |
| Mesha Rasi: 20.24 | Tithi 4 | 121917268 | Moon 2 - Phase 47 |
| Family Home Evening | Siddha Yoga | | 3rd Phase |
| Until 6:31PM then no yoga | | Chaturthi* Until 2:35AM Tue | Subha Sivaloka Day |
| Until 10:07PM then Siddha Yoga | | Ganesh: Orange Muruqa: White Nataraja: White Moon - White | Chaitra•Panguni |
| | | Gulika: 2:12PM - 3:48PM Yama: 11:01AM - 12:36PM Rahu: 7:50AM - 9:25AM | Sunrise: 6:14AM Sunset: 6:59PM |

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| 4 | Tuesday, March 27, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau | Moscow, Russia |
| | Sun 18 | Sutra 349 | Khara 5113 |
| Wrishabha Rasi: 2.11 | Tithi 5 | 121917268 | Moon 2 - Phase 47 |
| Creative Work | Siddha Yoga | | 3rd Phase |
| Until 9:38PM then Amrita Yoga | | Panchami Until 5:14AM Wed | Subha Sivaloka Day |
| Until 10:07PM then Siddha Yoga | | Ganesh: Orange Muruqa: White Nataraja: White Moon - White | Chaitra•Panguni |
| | | Gulika: 12:36PM - 2:12PM Yama: 9:24AM - 11:00AM Rahu: 3:48PM - 5:25PM | Sunrise: 6:12AM Sunset: 7:01PM |

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| 5 | Wednesday, March 28, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Ayushman Yoga Kaulava Karana Shasthi* Yam Titau | Moscow, Russia |
| | Sun 19 | Sutra 350 | Khara 5113 |
| Wrishabha Rasi: 13.58 | Tithi 6 | 132917268 | Moon 2 - Phase 47 |
| Creative Work | Siddha Yoga | | 3rd Phase |
| Until 10:06PM then Marana Yoga | | Shasthi* Until 8:05AM Thu | Subha Sivaloka Day |
| | | Ganesh: Red Muruqa: White Nataraja: White Moon - Yellow | Chaitra•Panguni |
| | | Gulika: 10:59AM - 12:36PM Yama: 7:46AM - 9:22AM Rahu: 12:36PM - 2:13PM | Sunrise: 6:09AM Sunset: 7:03PM |

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| 6 | Thursday, March 29, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Saubhagya Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau | Moscow, Russia |
| | Sun 20 | Sutra 351 | Khara 5113 |
| Wrishabha Rasi: 25.51 | Tithi 6 - 7 | 132917268 | Moon 2 - Phase 47 |
| Routine Work | Marana Yoga | | 3rd Phase |
| Until 10:06PM then Siddha Yoga | | Shasthi* Until 8:05AM | Subha Sivaloka Day |
| | | Ganesh: Red Muruqa: White Nataraja: White Moon - Yellow | Chaitra•Panguni |
| | | Gulika: 9:21AM - 10:58AM Yama: 6:06AM - 7:44AM Rahu: 2:13PM - 3:50PM | Sunrise: 6:06AM Sunset: 7:05PM |

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|  | Friday, March 30, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Vanija/Visli* Karana Saptami/Ashtami* Yam Titau | Moscow, Russia |
| | Sun 21 | Sutra 352 | Khara 5113 |
| Mithuna Rasi: 7.55 | Tithi 7 - 8 | 132917268 | Moon 2 - Phase 47 |
| Creative Work | Siddha Yoga | | Ashtami |
| Until 6:11AM Sat then Marana Yoga | | Saptami Until 10:07AM | Subha Sivaloka Day |
| | | Ganesh: Red Muruqa: White Nataraja: White Moon - Yellow | Chaitra•Panguni |
| | | Gulika: 7:42AM - 9:19AM Yama: 3:51PM - 5:29PM Rahu: 10:57AM - 12:35PM | Sunrise: 6:04AM Sunset: 7:07PM |

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| Retreat Star | Saturday, March 31, 2012 | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau | Moscow, Russia |
| | Sun 22 | Sutra 353 | Khara 5113 |
| Mithuna Rasi: 20.14 | Tithi 8 - 9 | 142917268 | Moon 2 - Phase 47 |
| Routine Work | Marana Yoga | | Navami |
| Until 10:06PM then Siddha Yoga | | Ashtami* Until 11:05AM | Sivaloka Day |
| | | Ganesh: Blue Muruqa: White Nataraja: White Moon - Blue | Chaitra•Panguni |
| | | Gulika: 6:01AM - 7:40AM Yama: 2:13PM - 3:52PM Rahu: 9:18AM - 10:56AM | Sunrise: 6:01AM Sunset: 7:09PM |

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. UpP,95

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|---------------------------|------------------------------|-----------|--|-------------------------------|---|
| 1 | Sunday, April 1, 2012 | | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam | | Moscow, Russia |
| | | | Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau | | Sun 23 Sutra 354 |
| Kataka Rasi: 2.56 | Tithi 9 – 10 | 142917268 | Gulika 3:52PM – 5:30PM | Punarvasu Until 6:45AM | Ganesha: Blue <i>Sunrise:</i> 6:01AM |
| | | | Yama 12:35PM – 2:13PM | Sukarma Until 3:40AM Mon | Muruqa: White <i>Sunset:</i> 7:09PM |
| Creative Work Siddha Yoga | | | Rahu 5:30PM – 7:09PM | Taitila Until 11:41PM | Moon 2 - Phase 48 |
| | | | | Navami* Until 11:41AM | 4th Phase |
| | | | | | Sivaloka Day |
| | | | | Chaitra•Panguni | |

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|----------------------------|------------------------------|-----------|---|-----------------------------|---|
| 2 | Monday, April 2, 2012 | | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam | | Moscow, Russia |
| | | | Pushya/Aslesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau | | Sun 24 Sutra 355 |
| Kataka Rasi: 16.03 | Tithi 10 – 11 | 142917268 | Gulika 2:14PM – 3:53PM | Pushya Until 7:03AM | Ganesha: Blue <i>Sunrise:</i> 5:59AM |
| Family Home Evening | | | Yama 10:56AM – 12:35PM | Dhriti Until 12:59AM Tue | Muruqa: White <i>Sunset:</i> 7:11PM |
| Creative Work Siddha Yoga | | | Rahu 7:38AM – 9:17AM | Vanija Until 10:04PM | Moon 2 - Phase 48 |
| | | | | Dasami Until 11:00AM | 4th Phase |
| | | | Yogaswami Mahasamadhi | | Sivaloka Day |
| | | | | | Chaitra•Panguni |

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|---------------------------|-------------------------------|-----------|--|------------------------------|---|
| 3 | Tuesday, April 3, 2012 | | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam | | Moscow, Russia |
| | | | Aslesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau | | Sun 25 Sutra 356 |
| Kataka Rasi: 29.39 | Tithi 11 – 12 | 142917268 | Gulika 12:34PM – 2:14PM | Aslesha* Until 6:36AM | Ganesha: Blue <i>Sunrise:</i> 5:56AM |
| | | | Yama 9:15AM – 10:55AM | Shula* Until 10:59PM | Muruqa: White <i>Sunset:</i> 7:13PM |
| Creative Work Siddha Yoga | | | Rahu 3:53PM – 5:33PM | Bava Until 8:57PM | Moon 2 - Phase 48 |
| | | | | Ekadasi Until 9:52AM | 4th Phase |
| | | | | | Sivaloka Day |
| | | | | Chaitra•Panguni | |

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|--|---------------------------------|-----------|--|--|---|
| 4 | Wednesday, April 4, 2012 | | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam | | Moscow, Russia |
| | | | Purvaphalguni* Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau | | Sun 26 Sutra 357 |
| Simha Rasi: 13.44 | Tithi 12 – 13 | 152917268 | Gulika 10:54AM – 12:34PM | Purvaphalguni* Until 2:42AM Thu | Ganesha: Yellow <i>Sunrise:</i> 5:53AM |
| | | | Yama 7:34AM – 9:14AM | Ganda* Until 7:19PM | Muruqa: White <i>Sunset:</i> 7:15PM |
| Creative Work Amrita Yoga | | | Rahu 12:34PM – 2:14PM | Kaulava Until 6:00PM | Moon 2 - Phase 48 |
| Until 10:05PM then no yoga | | | | Dvadasi Until 7:43AM | 4th Phase |
| Until 2:42AM Thu then Prabalarishta Yoga | | | | | Subha Sivaloka Day |
| | | | | <i>Pradosha Vrata</i> | Chaitra•Panguni |

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|------------------------------------|--------------------------------|-----------|---|---|---|
| 5 | Thursday, April 5, 2012 | | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam | | Moscow, Russia |
| | | | Uttaraphalguni Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau | | Sun 27 Sutra 358 |
| Simha Rasi: 28.14 | Tithi 14 | 152917268 | Gulika 9:12AM – 10:53AM | Uttaraphalguni Until 12:49AM Fri | Ganesha: Yellow <i>Sunrise:</i> 5:51AM |
| | | | Yama 5:51AM – 7:32AM | Vriddhi Until 4:04PM | Muruqa: White <i>Sunset:</i> 7:17PM |
| Routine Work Prabalarishta Yoga | | | Rahu 2:14PM – 3:55PM | Gara Until 3:22PM | Moon 2 - Phase 48 |
| Until 10:04PM then Siddha Yoga | | | | Chaturdasi* Until 1:40AM Fri | 4th Phase |
| Until 12:49AM Fri then Amrita Yoga | | | | | Subha Sivaloka Day |
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|--------------------------------|------------------------------|-----------|--|-------------------------------|--|
| ○ | Friday, April 6, 2012 | | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam | | Moscow, Russia |
| | Copper Retreat Star | | Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau | | Sutra 359 |
| Kanya Rasi: 13.07 | Tithi 15 | 162917268 | Gulika 7:30AM – 9:11AM | Hasta Until 10:22PM | Ganesha: White <i>Sunrise:</i> 5:48AM |
| | | | Yama 3:56PM – 5:37PM | Dhruva Until 12:18PM | Muruqa: White <i>Sunset:</i> 7:19PM |
| Creative Work Amrita Yoga | | | Rahu 10:52AM – 12:33PM | Visti Until 12:09PM | Moon 2 - Phase 48 |
| Until 10:04PM then Marana Yoga | | | | Purnima* Until 10:26PM | Purnima |
| | | | Panguni Uttiram | | Sivaloka Day |
| | | | Hanuman Jayanti | | Chaitra•Panguni |

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|-------------------------------|--------------------------------|-----------|--|-------------------------------|--|
| ○ | Saturday, April 7, 2012 | | Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam | | Moscow, Russia |
| | Silver Retreat Star | | Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathama* Yam Titau | | Sutra 360 |
| Kanya Rasi: 28.11 | Tithi 16 | 162917268 | Gulika 5:46AM – 7:28AM | Chitra Until 7:34PM | Ganesha: White <i>Sunrise:</i> 5:46AM |
| | | | Yama 2:15PM – 3:57PM | Vyaghata* Until 8:12AM | Muruqa: White <i>Sunset:</i> 7:21PM |
| Routine Work Marana Yoga | | | Rahu 9:09AM – 10:51AM | Balava Until 8:34AM | Moon 2 - Phase 48 |
| Until 7:34PM then Siddha Yoga | | | | Prathama* Until 6:51PM | Prathama |
| | | | | | Sivaloka Day |
| | | | | | Chaitra•Panguni |



Sunday, April 8, 2012
Gold Retreat Star

Tula Rasi: 13.19 Tithi 17 – 18
162917268
Creative Work Siddha Yoga
Until 4:41PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Visakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 3:58PM – 5:40PM **Svati Until 4:41PM**
Yama 12:33PM – 2:15PM **Vajra* Until 12:02AM Mon**
Rahu 5:40PM – 7:23PM **Vanija Until 1:27AM Mon**
Dvitiya Until 3:10PM

Ganesha: White *Sunrise: 5:43AM*
Muruqa: White *Sunset: 7:23PM*
Nataraja: White
Moon – Green
Chaitra•Panguni

Moscow, Russia
Sun 1 Sutra 361
Khara 5113
Moon 3 - Phase 49
1st Phase
Sivaloka Day

1

Monday, April 9, 2012

Tula Rasi: 28.22 Tithi 18 – 19
172917268
Family Home Evening
Routine Work Marana Yoga
Until 1:57PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Visakha/Anuradha Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 2:16PM – 3:59PM **Visakha Until 1:57PM**
Yama 10:50AM – 12:33PM **Siddhi Until 7:59PM**
Rahu 7:24AM – 9:07AM **Bava Until 9:55PM**
Tritiya Until 11:38AM

Ganesha: Clear *Sunrise: 5:41AM*
Muruqa: White *Sunset: 7:25PM*
Nataraja: White
Moon – Orange
Chaitra•Panguni

Moscow, Russia
Sun 2 Sutra 362
Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Sivaloka Day

2

Tuesday, April 10, 2012

Vrischika Rasi: 13.11 Tithi 19 – 20
172117268
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 12:32PM – 2:16PM **Anuradha Until 11:59AM**
Yama 9:05AM – 10:49AM **Vyatipata* Until 4:58PM**
Rahu 3:59PM – 5:43PM **Kaulava Until 6:46PM**
Chaturthi* Until 8:29AM

Ganesha: Red *Sunrise: 5:38AM*
Muruqa: White *Sunset: 7:27PM*
Nataraja: White
Moon – Orange
Chaitra•Panguni

Moscow, Russia
Sun 3 Sutra 363
Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Sivaloka Day

3

Wednesday, April 11, 2012

Vrischika Rasi: 27.4 Tithi 21
173117268
Creative Work Siddha Yoga
Until 10:00AM then Marana Yoga
Until 10:03PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 10:48AM – 12:32PM **Jyeshtha* Until 10:00AM**
Yama 7:20AM – 9:04AM **Variyan Until 1:33PM**
Rahu 12:32PM – 2:16PM **Gara Until 4:58PM**
Shasthi* Until 4:02AM Thu

Ganesha: Blue *Sunrise: 5:36AM*
Muruqa: White *Sunset: 7:28PM*
Nataraja: White
Moon – Orange
Chaitra•Panguni

Moscow, Russia
Sun 4 Sutra 364
Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Subha Sivaloka Day

4

Thursday, April 12, 2012

Dhanus Rasi: 11.47 Tithi 22
183117268
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 9:03AM – 10:47AM **Mula* Until 8:40AM**
Yama 5:33AM – 7:18AM **Parigha* Until 10:44AM**
Rahu 2:16PM – 4:01PM **Visti Until 2:53PM**
Saptami Until 1:57AM Fri

Ganesha: Red *Sunrise: 5:33AM*
Muruqa: White *Sunset: 7:30PM*
Nataraja: White
Moon – Light Blue
Chaitra•Panguni

Moscow, Russia
Sun 5 Sutra 365
Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Sivaloka Day



Friday, April 13, 2012
Retreat Star

Dhanus Rasi: 25.29 Tithi 23
183117268
Creative Work Siddha Yoga
Until 10:02PM then no yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 7:16AM – 9:01AM **Purvashadha* Until 8:10AM**
Yama 4:02PM – 5:47PM **Shiva Until 8:45AM**
Rahu 10:46AM – 12:32PM **Balava Until 2:09PM**
Ashtami* Until 2:09AM Sat

Ganesha: Red *Sunrise: 5:31AM*
Muruqa: White *Sunset: 7:32PM*
Nataraja: White
Moon – Light Blue
Chaitra•Chaitra

Moscow, Russia
Sun 6 Sutra 1
Nandana 5114
Moon 3 - Phase 49
Ashtami
Subha Sivaloka Day

Saturday, April 14, 2012
Retreat Star

Makara Rasi: 8.5 Tithi 24
283117268
No Yoga
Until 8:09AM then Siddha Yoga
Until 10:02PM then Amrita Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 5:28AM – 7:14AM **Uttarashadha Until 8:09AM**
Yama 2:17PM – 4:03PM **Siddha Until 7:03AM**
Rahu 9:00AM – 10:46AM **Taitila Until 1:26PM**
Navami* Until 1:26AM Sun

Ganesha: Blue *Sunrise: 5:28AM*
Muruqa: White *Sunset: 7:34PM*
Nataraja: White
Moon – Light Blue
Chaitra•Chaitra

Moscow, Russia
Sun 7 Sutra 2
Nandana 5114
Moon 3 - Phase 49
Navami
Subha Subha Sivaloka Day

Chidambaram Abhishekam


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| 1 | Sunday, April 15, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam | Moscow, Russia |
| | | Sravana/Dhanishtha Nakshatra Subha Yoga Vanija/Visti* Karana Dasami Yam Tilau | Sun 8 Sutra 3 |
| Makara Rasi: 21.51 | Tithi 25 | Gulika 4:04PM – 5:50PM | Ganesha: Red <i>Sunrise: 5:26AM</i> |
| | 293117268 | Yama 12:31PM – 2:17PM | Muruqa: White <i>Sunset: 7:36PM</i> |
| Creative Work Amrita Yoga | | Rahu 5:50PM – 7:36PM | Nataraja: White |
| Until 8:45AM then Siddha Yoga | | Sravana Until 8:45AM | Moon – Purple |
| | | Subha Until 4:47AM Mon | Chaitra-Chaitra |
| | | Vanija Until 1:22PM | Subha Sivaloka Day |
| | | Dasami Until 1:22AM Mon | |

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| 2 | Monday, April 16, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam | Moscow, Russia |
| | | Dhanishtha/Satabhisha Nakshatra Sukla Yoga Bava/Balava Karana Ekadasi* Yam Tilau | Sun 9 Sutra 4 |
| Kumbha Rasi: 4.35 | Tithi 26 | Gulika 2:18PM – 4:05PM | Ganesha: Red <i>Sunrise: 5:23AM</i> |
| Family Home Evening | 293117268 | Yama 10:44AM – 12:31PM | Muruqa: White <i>Sunset: 7:38PM</i> |
| Creative Work Siddha Yoga | | Rahu 7:10AM – 8:57AM | Nataraja: White |
| Until 10.01PM then Marana Yoga | | Dhanishtha Until 10:11AM | Moon – Purple |
| | | Sukla Until 5:51AM Tue | Chaitra-Chaitra |
| | | Bava Until 1:52PM | Subha Sivaloka Day |
| | | Ekadasi* Until 1:52AM Tue | |

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| 3 | Tuesday, April 17, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam | Moscow, Russia |
| | | Satabhisha/Purvaprostapada* Nakshatra Brahma Yoga Kaulava/Tailita Karana Dvadasi* Yam Tilau | Sun 10 Sutra 5 |
| Kumbha Rasi: 17.04 | Tithi 27 | Gulika 12:31PM – 2:18PM | Ganesha: Red <i>Sunrise: 5:21AM</i> |
| | 293117268 | Yama 8:56AM – 10:43AM | Muruqa: White <i>Sunset: 7:40PM</i> |
| Routine Work Marana Yoga | | Rahu 4:06PM – 5:53PM | Nataraja: White |
| Until 10.01PM then Amrita Yoga | | Satabhisha Until 11:51AM | Moon – Purple |
| | | Brahma Until 5:35AM Wed | Chaitra-Chaitra |
| | | Kaulava Until 3:38PM | Subha Sivaloka Day |
| | | Dvadasi* Until 4:43AM Wed | |

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| 4 | Wednesday, April 18, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam | Moscow, Russia |
| | | Purvaprostapada/Uttaraprostapada Nakshatra Indra Yoga Gara/Vanija Karana Trayodasi* Yam Tilau | Sun 11 Sutra 6 |
| Kumbha Rasi: 29.23 | Tithi 28 | Gulika 10:42AM – 12:30PM | Ganesha: Clear <i>Sunrise: 5:18AM</i> |
| | 213117268 | Yama 7:06AM – 8:54AM | Muruqa: White <i>Sunset: 7:42PM</i> |
| Creative Work Amrita Yoga | | Rahu 12:30PM – 2:18PM | Nataraja: White |
| Until 1:55PM then Siddha Yoga | | Purvaprostapada* Until 1:55PM | Moon – Clear |
| | | Indra Until 5:41AM Thu | Chaitra-Chaitra |
| | | Gara Until 5:06PM | Subha Sivaloka Day |
| | | Trayodasi* Until 6:11AM Thu | |
| | | <i>Pradosha Vrata (Fasting)</i> | |

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| 5 | Thursday, April 19, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam | Moscow, Russia |
| | | Uttaraprostapada/Revati Nakshatra Vaidhriti* Yoga Visti* Karana Chaturdasi* Yam Tilau | Sun 12 Sutra 7 |
| Meena Rasi: 11.31 | Tithi 29 | Gulika 8:53AM – 10:42AM | Ganesha: Clear <i>Sunrise: 5:16AM</i> |
| | 213117268 | Yama 5:16AM – 7:04AM | Muruqa: White <i>Sunset: 7:44PM</i> |
| Creative Work Siddha Yoga | | Rahu 2:19PM – 4:07PM | Nataraja: White |
| Until 10.01PM then Siddha Yoga | | Uttaraprostapada Until 4:17PM | Moon – Clear |
| | | Vaidhriti* Until 6:05AM Fri | Chaitra-Chaitra |
| | | Visti Until 6:55PM | Subha Sivaloka Day |
| | | Chaturdasi* Until 7:56AM Fri | |

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|  | Friday, April 20, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam | Moscow, Russia |
| | Retreat Star | Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Tilau | Sun 13 Sutra 8 |
| Meena Rasi: 23.32 | Tithi 29 – 30 | Gulika 7:03AM – 8:52AM | Ganesha: Clear <i>Sunrise: 5:14AM</i> |
| | 213117268 | Yama 4:08PM – 5:57PM | Muruqa: White <i>Sunset: 7:46PM</i> |
| Creative Work Siddha Yoga | | Rahu 10:41AM – 12:30PM | Nataraja: White |
| Until 6:56PM then Amrita Yoga | | Revati Until 6:56PM | Moon – Clear |
| Until 10.01PM then Siddha Yoga | | Vaidhriti* Until 6:05AM | Chaitra-Chaitra |
| | | Catuspada Until 9:01PM | Subha Sivaloka Day |
| | | Chaturdasi* Until 7:56AM | |

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| Retreat Star | Saturday, April 21, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yukhtayam | Moscow, Russia |
| | | Asvini Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Tilau | Sun 14 Sutra 9 |
| Mesha Rasi: 5.26 | Tithi 30 – 1 | Gulika 5:11AM – 7:01AM | Ganesha: Orange <i>Sunrise: 5:11AM</i> |
| | 223117268 | Yama 2:19PM – 4:09PM | Muruqa: White <i>Sunset: 7:48PM</i> |
| Creative Work Siddha Yoga | | Rahu 8:50AM – 10:40AM | Nataraja: White |
| Until 10.00PM then no yoga | | Asvini Until 9:47PM | Moon – White |
| | | Vishkambha* Until 6:56AM | Vaisaka-Chaitra |
| | | Kintughna Until 11:22PM | Subha Sivaloka Day |
| | | Amavasya* Until 10:16AM | |

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| 1 | Sunday, April 22, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam | Moscow, Russia |
| | Mesha Rasi: 17.16 Tithi 1 – 2 | Bharani Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau | Sun 15 Sutra 10 Nandana 5114 |
| | 223117268 | Gulika 4:10PM – 6:00PM Bharani Until 12:48AM Mon | Ganesha: Orange <i>Sunrise:</i> 5:09AM |
| | No Yoga | Yama 12:30PM – 2:20PM Priti Until 7:54AM | Muruqa: White <i>Sunset:</i> 7:50PM |
| Until 10.00PM then Siddha Yoga | | Rahu 6:00PM – 7:50PM Balava Until 1:52AM Mon | Nataraja: White |
| Until 12:48AM Mon then no yoga | | Prathama* Until 12:46PM | Moon – White Subha Sivaloka Day |
| | | | Vaisaka-Chaitra |

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| 2 | Monday, April 23, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam | Moscow, Russia |
| | Mesha Rasi: 29.03 Tithi 2 – 3 | Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau | Sun 16 Sutra 11 Nandana 5114 |
| Family Home Evening | 223117268 | Gulika 2:20PM – 4:11PM Krittika Until 3:54AM Tue | Ganesha: Orange <i>Sunrise:</i> 5:06AM |
| No Yoga | | Yama 10:39AM – 12:29PM Ayushman Until 8:58AM | Muruqa: White <i>Sunset:</i> 7:52PM |
| Until 10.00PM then Siddha Yoga | | Rahu 6:57AM – 8:48AM Taitila Until 4:28AM Tue | Nataraja: White |
| Until 3:54AM Tue then Amrita Yoga | | Dvitiya Until 3:22PM | Moon – White Subha Sivaloka Day |
| | | | Vaisaka-Chaitra |

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| 3 | Tuesday, April 24, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam | Moscow, Russia |
| | Wrishabha Rasi: 10.5 Tithi 3 | Rohini Nakshatra Saubhagya/Sobhana Yoga Gara Karana Tritiya Yam Titau | Sun 17 Sutra 12 Nandana 5114 |
| | 233117269 | Gulika 12:29PM – 2:20PM Rohini Until 7:21AM Wed | Ganesha: Clear <i>Sunrise:</i> 5:04AM |
| Creative Work Amrita Yoga | | Yama 8:47AM – 10:38AM Saubhagya Until 10:02AM | Muruqa: White <i>Sunset:</i> 7:54PM |
| Until 10.00PM then Siddha Yoga | | Rahu 4:12PM – 6:03PM Gara Until 7:04AM Wed | Nataraja: Clear |
| | | Tritiya Until 5:58PM | Moon – Yellow Sivaloka Day |
| | | | Vaisaka-Chaitra |

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| 4 | Wednesday, April 25, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam | Moscow, Russia |
| | Wrishabha Rasi: 22.4 Tithi 4 | Rohini/Mrigasira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau | Sun 18 Sutra 13 Nandana 5114 |
| | 234117269 | Gulika 10:37AM – 12:29PM Rohini Until 7:21AM | Ganesha: White <i>Sunrise:</i> 5:02AM |
| Creative Work Siddha Yoga | | Yama 6:54AM – 8:45AM Sobhana Until 11:01AM | Muruqa: White <i>Sunset:</i> 7:56PM |
| Until 10.00PM then Marana Yoga | | Rahu 12:29PM – 2:21PM Vanija Until 7:23AM | Nataraja: Clear |
| | | Chaturthi* Until 8:28PM | Moon – Yellow Devaloka Day |
| | | | Vaisaka-Chaitra |

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| 5 | Thursday, April 26, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam | Moscow, Russia |
| | Mithuna Rasi: 4.35 Tithi 5 | Mrigasira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchami Yam Titau | Sun 19 Sutra 14 Nandana 5114 |
| | 234117269 | Gulika 8:44AM – 10:36AM Mrigasira Until 10:09AM | Ganesha: White <i>Sunrise:</i> 4:59AM |
| Routine Work Marana Yoga | | Yama 4:59AM – 6:52AM Athiganda* Until 11:48AM | Muruqa: White <i>Sunset:</i> 7:58PM |
| Until 9.59PM then Siddha Yoga | | Rahu 2:21PM – 4:14PM Bava Until 9:39AM | Nataraja: Clear |
| | | Panchami Until 10:45PM | Moon – Yellow Devaloka Day |
| | | | Vaisaka-Chaitra |

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| 6 | Friday, April 27, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam | Moscow, Russia |
| | Mithuna Rasi: 16.41 Tithi 6 | Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shasthi* Yam Titau | Sun 20 Sutra 15 Nandana 5114 |
| | 234117269 | Gulika 6:50AM – 8:43AM Ardra Until 12:37PM | Ganesha: White <i>Sunrise:</i> 4:57AM |
| Creative Work Siddha Yoga | | Yama 4:14PM – 6:07PM Sukarma Until 12:17PM | Muruqa: White <i>Sunset:</i> 8:00PM |
| Until 9.59PM then Marana Yoga | | Rahu 10:36AM – 12:29PM Kaulava Until 11:34AM | Nataraja: Clear |
| | | Shasthi* Until 12:39AM Sat | Moon – Yellow Devaloka Day |
| | | | Vaisaka-Chaitra |

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| Retreat Star | Saturday, April 28, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam | Moscow, Russia |
| | Mithuna Rasi: 29.02 Tithi 7 | Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau | Sun 21 Sutra 16 Nandana 5114 |
| | 244117269 | Gulika 4:55AM – 6:48AM Punarvasu Until 1:57PM | Ganesha: Clear <i>Sunrise:</i> 4:55AM |
| Routine Work Marana Yoga | | Yama 2:22PM – 4:15PM Dhriti Until 11:52AM | Muruqa: White <i>Sunset:</i> 8:02PM |
| Until 1:57PM then Siddha Yoga | | Rahu 8:42AM – 10:35AM Gara Until 12:22PM | Nataraja: Clear |
| | | Saptami Until 12:22AM Sun | Moon – Blue Sivaloka Day |
| | | | Vaisaka-Chaitra |

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| Retreat Star | Sunday, April 29, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam | Moscow, Russia |
| | Kataka Rasi: 11.41 Tithi 8 | Pushya/Aslesha* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau | Sun 22 Sutra 17 Nandana 5114 |
| | 244117269 | Gulika 4:16PM – 6:10PM Pushya Until 3:11PM | Ganesha: Clear <i>Sunrise:</i> 4:53AM |
| Creative Work Siddha Yoga | | Yama 12:28PM – 2:22PM Shula* Until 11:22AM | Muruqa: White <i>Sunset:</i> 8:04PM |
| | | Rahu 6:10PM – 8:04PM Visti Until 12:59PM | Nataraja: Clear |
| | | Ashtami* Until 12:59AM Mon | Moon – Blue Sivaloka Day |
| | | | Vaisaka-Chaitra |

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| Retreat Star | Monday, April 30, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam | Moscow, Russia |
| | Kataka Rasi: 24.44 Tithi 9 | Aslesha*/Magha* Nakshatra Ganda*/Viddhi Yoga Balava/Kaulava Karana Navami* Yam Titau | Sun 23 Sutra 18 Nandana 5114 |
| Family Home Evening | 244117269 | Gulika 2:23PM – 4:17PM Aslesha* Until 3:44PM | Ganesha: Clear <i>Sunrise:</i> 4:50AM |
| Creative Work Siddha Yoga | | Yama 10:34AM – 12:28PM Ganda* Until 10:12AM | Muruqa: White <i>Sunset:</i> 8:06PM |
| | | Rahu 6:45AM – 8:39AM Balava Until 12:19PM | Nataraja: Clear |
| | | Navami* Until 11:24PM | Moon – Blue Sivaloka Day |
| | | | Vaisaka-Chaitra |


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

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| 1 | Tuesday, May 1, 2012 | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam | Moscow, Russia |
| | Magha*/Purvaphalguni* Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dasami Yam Titau | Sun 24 Sutra 19 | Nandana 5114 |
| Simha Rasi: 8.13 | Tithi 10 | Gulika 12:28PM – 2:24PM Magha* Until 2:47PM | Ganesha: Purple <i>Sunrise: 4:46AM</i> |
| 254117269 | | Yama 8:37AM – 10:32AM Vridhhi Until 8:08AM | Muruqa: White <i>Sunset: 8:10PM</i> |
| Creative Work Siddha Yoga | | Rahu 4:19PM – 6:15PM Taitila Until 11:23AM | Nataraja: Clear |
| Until 9:59PM then Amrita Yoga | | Dasami Until 10:27PM | Moon – Red |
| | | Vaisaka-Chaitra | Devaloka Day |

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| 2 | Wednesday, May 2, 2012 | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam | Moscow, Russia |
| | Purvaphalguni*/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadasi Yam Titau | Sun 25 Sutra 20 | Nandana 5114 |
| Simha Rasi: 22.1 | Tithi 11 | Gulika 10:32AM – 12:28PM Purvaphalguni* Until 1:44PM | Ganesha: Purple <i>Sunrise: 4:44AM</i> |
| 254117269 | | Yama 6:40AM – 8:36AM Vyaghata* Until 2:56AM Thu | Muruqa: White <i>Sunset: 8:12PM</i> |
| Creative Work Amrita Yoga | | Rahu 12:28PM – 2:24PM Vanija Until 9:35AM | Nataraja: Clear |
| Until 9:59PM then Prabalarishta Yoga | | Ekadasi Until 8:39PM | Moon – Red |
| | | Vaisaka-Chaitra | Devaloka Day |

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| 3 | Thursday, May 3, 2012 | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam | Moscow, Russia |
| | Uttaraphalguni*/Hasta Nakshatra Harshana Yoga Bava/Kaulava Karana Dvadasi/Trayodasi Yam Titau | Sun 26 Sutra 21 | Nandana 5114 |
| Kanya Rasi: 6.33 | Tithi 12 – 13 | Gulika 8:35AM – 10:31AM Uttaraphalguni Until 11:31AM | Ganesha: Purple <i>Sunrise: 4:42AM</i> |
| 254117269 | | Yama 4:42AM – 6:38AM Harshana Until 10:34PM | Muruqa: White <i>Sunset: 8:14PM</i> |
| Routine Work Prabalarishta Yoga | | Rahu 2:24PM – 4:21PM Bava Until 6:53AM | Nataraja: Clear |
| Until 11:31AM then no yoga | | Dvadasi Until 5:10PM | Moon – Red |
| Until 9:58PM then Amrita Yoga | | <i>Pradosha Vrata</i> | Vaisaka-Chaitra |
| | | | Devaloka Day |

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| 4 | Friday, May 4, 2012 | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam | Moscow, Russia |
| | Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau | Sun 27 Sutra 22 | Nandana 5114 |
| Kanya Rasi: 21.2 | Tithi 13 – 14 | Gulika 6:37AM – 8:34AM Hasta Until 9:12AM | Ganesha: Clear <i>Sunrise: 4:40AM</i> |
| 264117269 | | Yama 4:22PM – 6:19PM Vajra* Until 6:57PM | Muruqa: White <i>Sunset: 8:16PM</i> |
| Creative Work Amrita Yoga | | Rahu 10:31AM – 12:28PM Gara Until 12:21AM Sat | Nataraja: Clear |
| Until 9:12AM then Siddha Yoga | | Trayodasi Until 2:04PM | Moon – Green |
| Until 9:58PM then Marana Yoga | | | Vaisaka-Chaitra |
| | | | Sivaloka Day |

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|  | Saturday, May 5, 2012 | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam | Moscow, Russia |
| | Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau | Sun 28 Sutra 23 | Nandana 5114 |
| Tula Rasi: 6.24 | Tithi 14 – 15 | Gulika 4:37AM – 6:35AM Chitra Until 6:26AM | Ganesha: White <i>Sunrise: 4:37AM</i> |
| 264217269 | | Yama 2:25PM – 4:23PM Siddhi Until 2:54PM | Muruqa: White <i>Sunset: 8:18PM</i> |
| Routine Work Marana Yoga | | Rahu 8:33AM – 10:30AM Visti Until 8:45PM | Nataraja: Clear |
| Until 6:26AM then Siddha Yoga | | Chaturdasi* Until 10:28AM | Moon – Green |
| | | Vaisaka-Chaitra | Subha Sivaloka Day |

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| Sunday, May 6, 2012 | Silver Retreat Star | Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam | Moscow, Russia |
| | Visakha Nakshatra Vyatipata*/Variyan Yoga Bava/Kaulava Karana Purnima*/Prathama* Yam Titau | Sun 29 Sutra 24 | Nandana 5114 |
| Tula Rasi: 21.37 | Tithi 15 – 16 | Gulika 4:24PM – 6:22PM Visakha Until 12:46AM Mon | Ganesha: Yellow <i>Sunrise: 4:35AM</i> |
| 274217269 | | Yama 12:28PM – 2:26PM Vyatipata* Until 10:38AM | Muruqa: White <i>Sunset: 8:20PM</i> |
| Routine Work Marana Yoga | | Rahu 6:22PM – 8:20PM Kaulava Until 3:12AM Mon | Nataraja: Clear |
| Until 12:46AM Mon then Siddha Yoga | | Purnima* Until 6:38AM | Moon – Orange |
| | | Vaisaka-Chaitra | Sivaloka Day |