



Tuesday, April 19, 2011
Gold Retreat Star

Tula Rasi: 18.55 Tithi 17
262456158
Creative Work Siddha Yoga
Until 7:44AM then Marana Yoga
Until 10.01PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Visakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiya Yam Titau

Gulika 11:38AM – 1:14PM **Svati Until 7:44AM**
Yama 8:25AM – 10:02AM **Siddhi Until 8:33PM**
Rahu 2:51PM – 4:27PM **Taitila Until 12:31PM**
Dvitiya Until 10:48PM

Ganesha: White *Sunrise:* 5:12AM
Muruqa: Yellow *Sunset:* 6:04PM
Nataraja: Clear
Moon – Green
Chaitra-Chaitra

Manama, Bahrain
Sutra 7
Khara 5113
Moon 4 - Phase 1
1st Phase

Sivaloka Day

1

Wednesday, April 20, 2011

Wrishchika Rasi: 3.38 Tithi 18
272456158
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Vistii* Karana Tritiya Yam Titau

Gulika 10:01AM – 11:38AM **Anuradha Until 4:20AM Thu**
Yama 6:48AM – 8:25AM **Vyatipata* Until 5:44PM**
Rahu 11:38AM – 1:14PM **Vanija Until 9:47AM**
Tritiya Until 8:52PM

Ganesha: Yellow *Sunrise:* 5:11AM
Muruqa: Yellow *Sunset:* 6:04PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra

Manama, Bahrain
Sutra 8
Khara 5113
Moon 4 - Phase 1
1st Phase

Devaloka Day

2

Thursday, April 21, 2011

Wrishchika Rasi: 17.58 Tithi 19
272456158
Creative Work Siddha Yoga
Until 10.01PM then Prabalarishta Yoga
Until 2:39AM Fri then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Chaturthi* Yam Titau

Gulika 8:24AM – 10:01AM **Jyeshtha* Until 2:39AM Fri**
Yama 5:10AM – 6:47AM **Variyan Until 2:36PM**
Rahu 1:14PM – 2:51PM **Bava Until 7:19AM**
Chaturthi* Until 6:23PM

Ganesha: Yellow *Sunrise:* 5:10AM
Muruqa: Yellow *Sunset:* 6:05PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra

Manama, Bahrain
Sutra 9
Khara 5113
Moon 4 - Phase 1
1st Phase

Devaloka Day

3

Friday, April 22, 2011

Dhanus Rasi: 1.48 Tithi 20 – 21
282456158
No Yoga
Until 10.00PM then Siddha Yoga
Until 3:18AM Sat then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 6:46AM – 8:23AM **Mula* Until 3:18AM Sat**
Yama 2:51PM – 4:28PM **Parigha* Until 12:40PM**
Rahu 10:00AM – 11:37AM **Gara Until 5:41AM Sat**
Panchami Until 5:41PM

Ganesha: Blue *Sunrise:* 5:09AM
Muruqa: Yellow *Sunset:* 6:05PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra

Manama, Bahrain
Sutra 10
Khara 5113
Moon 4 - Phase 1
1st Phase

Sivaloka Day

4

Saturday, April 23, 2011

Dhanus Rasi: 15.1 Tithi 21 – 22
282466158
Routine Work Marana Yoga
Until 10.00PM then Siddha Yoga
Until 3:14AM Sun then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Shiva/Siddha Yoga Vanija/Vistii* Karana Shasthi*/Saptami Yam Titau

Gulika 5:09AM – 6:46AM **Purvashadha* Until 3:14AM Sun**
Yama 1:14PM – 2:52PM **Shiva Until 10:57AM**
Rahu 8:23AM – 10:00AM **Vistii Until 4:55AM Sun**
Shasthi* Until 4:55PM

Ganesha: Blue *Sunrise:* 5:09AM
Muruqa: Red *Sunset:* 6:06PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra

Manama, Bahrain
Sutra 11
Khara 5113
Moon 4 - Phase 1
1st Phase

Sivaloka Day

5

Sunday, April 24, 2011

Dhanus Rasi: 28.05 Tithi 22 – 23
282466158
Creative Work Amrita Yoga
Until 10.00PM then Marana Yoga
Until 3:59AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 2:52PM – 4:29PM **Uttarashadha Until 3:59AM Mon**
Yama 11:37AM – 1:14PM **Siddha Until 9:58AM**
Rahu 4:29PM – 6:06PM **Balava Until 5:01AM Mon**
Saptami Until 5:01PM

Ganesha: Blue *Sunrise:* 5:08AM
Muruqa: Red *Sunset:* 6:06PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra

Manama, Bahrain
Sutra 12
Khara 5113
Moon 4 - Phase 1
1st Phase

Sivaloka Day



Monday, April 25, 2011
Retreat Star

Makara Rasi: 10.38 Tithi 23
293466159
Family Home Evening
Creative Work Amrita Yoga
Until 10.00PM then Siddha Yoga
Until 6:51AM Tue then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Sravana Nakshatra Sadhya/Subha Yoga Kaulava Karana Ashtami* Yam Titau

Gulika 1:14PM – 2:52PM **Sravana Until 6:51AM Tue**
Yama 9:59AM – 11:37AM **Sadhya Until 9:55AM**
Rahu 6:44AM – 8:22AM **Kaulava Until 8:01AM Tue**
Ashtami* Until 6:56PM

Ganesha: Green *Sunrise:* 5:07AM
Muruqa: Red *Sunset:* 6:07PM
Nataraja: Purple
Moon – Purple
Chaitra-Chaitra

Manama, Bahrain
Sutra 13
Khara 5113
Moon 4 - Phase 1
Ashtami

Devaloka Day

Tuesday, April 26, 2011
Retreat Star

Makara Rasi: 22.55 Tithi 24
293466159
Creative Work Siddha Yoga
Until 6:51AM then Marana Yoga
Until 10.00PM then Prabalarishta Yoga


Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navami* Yam Titau

Gulika 11:37AM – 1:14PM **Sravana Until 6:51AM**
Yama 8:21AM – 9:59AM **Subha Until 10:06AM**
Rahu 2:52PM – 4:30PM **Taitila Until 7:23AM**
Navami* Until 8:29PM

Ganesha: Green *Sunrise:* 5:06AM
Muruqa: Red *Sunset:* 6:07PM
Nataraja: Purple
Moon – Purple
Chaitra-Chaitra

Manama, Bahrain
Sutra 14
Khara 5113
Moon 4 - Phase 1
Navami

Devaloka Day

1	Wednesday, April 27, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dasami Yam Titau	Manama, Bahrain Sutra 15 Khara 5113
	Kumbha Rasi: 4.58 Tilthi 25 293566159 Routine Work Prabalarishta Yoga Until 9:24AM then Siddha Yoga Until 10.00PM then Marana Yoga	Gulika 9:59AM – 11:36AM Yama 6:43AM – 8:21AM Rahu 11:36AM – 1:14PM	Dhanishtha Until 9:24AM Sukla Until 10:39AM Vanija Until 9:22AM Dasami Until 10:28PM
2	Thursday, April 28, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadasi* Yam Titau	Manama, Bahrain Sutra 16 Khara 5113
	Kumbha Rasi: 16.55 Tilthi 26 293566159 Routine Work Marana Yoga Until 12:11PM then Siddha Yoga	Gulika 8:20AM – 9:58AM Yama 5:04AM – 6:42AM Rahu 1:14PM – 2:52PM	Satabhisha Until 12:11PM Brahma Until 11:26AM Bava Until 11:38AM Ekadasi* Until 12:43AM Fri
3	Friday, April 29, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau	Manama, Bahrain Sutra 17 Khara 5113
	Kumbha Rasi: 28.47 Tilthi 27 213566159 Creative Work Siddha Yoga	Gulika 6:42AM – 8:20AM Yama 2:53PM – 4:31PM Rahu 9:58AM – 11:36AM	Purvaprostapada* Until 3:06PM Indra Until 12:20PM Kaulava Until 2:02PM Dvadasi* Until 3:07AM Sat
4	Saturday, April 30, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam Uttaraprostapada Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Manama, Bahrain Sutra 18 Khara 5113
	Meena Rasi: 10.39 Tilthi 28 213566159 Creative Work Siddha Yoga Until 6:03PM then Prabalarishta Yoga Until 9.59PM then Amrita Yoga	Gulika 5:03AM – 6:41AM Yama 1:14PM – 2:53PM Rahu 8:19AM – 9:58AM	Uttaraprostapada Until 6:03PM Vaidhriti* Until 1:15PM Gara Until 4:27PM Trayodasi* Until 5:32AM Sun <i>Pradosha Vrata (Fasting)</i>
5	Sunday, May 1, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Visti* Karana Chaturdasi* Yam Titau	Manama, Bahrain Sutra 19 Khara 5113
	Meena Rasi: 22.32 Tilthi 29 213566159 Creative Work Amrita Yoga Until 8:55PM then Siddha Yoga	Gulika 2:53PM – 4:32PM Yama 11:36AM – 1:14PM Rahu 4:32PM – 6:10PM	Revati Until 8:55PM Vishkambha* Until 2:06PM Visti Until 6:47PM Chaturdasi* Until 7:54AM Mon
	Monday, May 2, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Manama, Bahrain Sutra 20 Khara 5113
	Retreat Star Mesha Rasi: 4.3 Tilthi 29 – 30 Family Home Evening 223566159 Creative Work Siddha Yoga	Gulika 1:14PM – 2:53PM Yama 9:57AM – 11:36AM Rahu 6:40AM – 8:18AM	Asvini Until 11:40PM Priti Until 2:51PM Catuspada Until 9:00PM Chaturdasi* Until 7:54AM
Tuesday, May 3, 2011	Retreat Star	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Manama, Bahrain Sutra 21 Khara 5113
	Mesha Rasi: 16.34 Tilthi 30 – 1 223566159 Creative Work Siddha Yoga Until 9.59PM then Marana Yoga Until 2:13AM Wed then Amrita Yoga	Gulika 11:36AM – 1:15PM Yama 8:18AM – 9:57AM Rahu 2:53PM – 4:32PM	Bharani Until 2:13AM Wed Ayushman Until 3:25PM Kintughna Until 10:59PM Amavasya* Until 9:54AM

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

1	Wednesday, May 4, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau	Manama, Bahrain Sutra 22 Khara 5113
	Mesha Rasi: 28.44 Tithi 1 – 2 223566159	Gulika 9:57AM – 11:36AM Yama 6:39AM – 8:18AM Rahu 11:36AM – 1:15PM	Krittika Until 4:33AM Thu Saubhagya Until 3:46PM Balava Until 12:44AM Thu Prathama* Until 11:38AM
	Creative Work Amrita Yoga Until 9:59PM then Marana Yoga	Ganesha: Orange <i>Sunrise: 5:00AM</i> Muruqa: Red <i>Sunset: 6:12PM</i> Nataraja: Purple Moon – White Vaisaka-Chaitra	Moon 4 - Phase 3 3rd Phase Sivaloka Day
2	Thursday, May 5, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Manama, Bahrain Sutra 23 Khara 5113
	Mrishabha Rasi: 11.02 Tithi 2 – 3 233566159	Gulika 8:17AM – 9:56AM Yama 4:59AM – 6:38AM Rahu 1:15PM – 2:54PM	Rohini Until 6:35AM Fri Sobhana Until 3:51PM Taitila Until 12:29AM Fri Dvitiya Until 12:29PM
	Routine Work Marana Yoga Until 6:35AM Fri then Siddha Yoga	Ganesha: Clear <i>Sunrise: 4:59AM</i> Muruqa: Red <i>Sunset: 6:12PM</i> Nataraja: Purple Moon – Yellow Vaisaka-Chaitra	Moon 4 - Phase 3 3rd Phase Sivaloka Day
3	Friday, May 6, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Manama, Bahrain Sutra 24 Khara 5113
	Mrishabha Rasi: 23.32 Tithi 3 – 4 233566159	Gulika 6:37AM – 8:17AM Yama 2:54PM – 4:33PM Rahu 9:56AM – 11:35AM	Mrigasira Until 6:50AM Sat Athiganda* Until 2:57PM Vanija Until 1:27AM Sat Tritiya Until 1:27PM
	Creative Work Siddha Yoga	Ganesha: Clear <i>Sunrise: 4:58AM</i> Muruqa: Red <i>Sunset: 6:13PM</i> Nataraja: Purple Moon – Yellow Vaisaka-Chaitra	Moon 4 - Phase 3 3rd Phase Sivaloka Day
4	Saturday, May 7, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira/Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Manama, Bahrain Sutra 25 Khara 5113
	Mithuna Rasi: 6.13 Tithi 4 – 5 233566159	Gulika 4:57AM – 6:37AM Yama 1:15PM – 2:54PM Rahu 8:16AM – 9:56AM	Mrigasira Until 6:50AM Sukarma Until 2:24PM Bava Until 2:01AM Sun Chaturthi* Until 2:01PM
	Creative Work Siddha Yoga	Ganesha: Clear <i>Sunrise: 4:57AM</i> Muruqa: Red <i>Sunset: 6:13PM</i> Nataraja: Purple Moon – Yellow Vaisaka-Chaitra	Moon 4 - Phase 3 3rd Phase Sivaloka Day
5	Sunday, May 8, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Manama, Bahrain Sutra 26 Khara 5113
	Mithuna Rasi: 19.07 Tithi 5 – 6 233566159	Gulika 2:55PM – 4:34PM Yama 11:35AM – 1:15PM Rahu 4:34PM – 6:14PM	Ardra Until 7:37AM Dhriti Until 1:28PM Kaulava Until 2:08AM Mon Panchami Until 2:08PM
	Creative Work Siddha Yoga Until 9:58PM then Amrita Yoga	Ganesha: Clear <i>Sunrise: 4:57AM</i> Muruqa: Red <i>Sunset: 6:14PM</i> Nataraja: Purple Moon – Yellow Vaisaka-Chaitra	Moon 4 - Phase 3 3rd Phase Sivaloka Day
	Mother's Day		
6	Monday, May 9, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau	Manama, Bahrain Sutra 27 Khara 5113
	Kataka Rasi: 2.18 Tithi 6 – 7 Family Home Evening 244566159	Gulika 1:15PM – 2:55PM Yama 9:55AM – 11:35AM Rahu 6:36AM – 8:16AM	Punarvasu Until 7:55AM Shula* Until 12:05PM Gara Until 12:12AM Tue Shasthi* Until 1:07PM
	Creative Work Amrita Yoga Until 7:55AM then Siddha Yoga	Ganesha: Clear <i>Sunrise: 4:56AM</i> Muruqa: Red <i>Sunset: 6:14PM</i> Nataraja: Purple Moon – Blue Vaisaka-Chaitra	Moon 4 - Phase 3 3rd Phase Sivaloka Day
	Tuesday, May 10, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Aslesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Manama, Bahrain Sutra 28 Khara 5113
	Retreat Star Kataka Rasi: 15.46 Tithi 7 – 8 244566159	Gulika 11:35AM – 1:15PM Yama 8:15AM – 9:55AM Rahu 2:55PM – 4:35PM	Pushya Until 7:32AM Ganda* Until 9:54AM Visti Until 11:16PM Saptami Until 12:11PM
	Creative Work Siddha Yoga	Ganesha: Clear <i>Sunrise: 4:55AM</i> Muruqa: Red <i>Sunset: 6:15PM</i> Nataraja: Purple Moon – Blue Vaisaka-Chaitra	Moon 4 - Phase 3 Ashtami Sivaloka Day
Wednesday, May 11, 2011	Retreat Star	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Aslesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Manama, Bahrain Sutra 29 Khara 5113
	Kataka Rasi: 29.34 Tithi 8 – 9 244566159	Gulika 9:55AM – 11:35AM Yama 6:35AM – 8:15AM Rahu 11:35AM – 1:15PM	Aslesha* Until 6:45AM Vridhhi Until 7:38AM Balava Until 9:44PM Ashtami* Until 10:40AM
	Creative Work Siddha Yoga Until 9:58PM then Amrita Yoga	Ganesha: Clear <i>Sunrise: 4:55AM</i> Muruqa: Red <i>Sunset: 6:15PM</i> Nataraja: Purple Moon – Blue Vaisaka-Chaitra	Moon 4 - Phase 3 Navami Sivaloka Day

1	Thursday, May 12, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Manama, Bahrain Sutra 30 Khara 5113
Simha Rasi: 13.41	Tithi 9 – 10	Gulika 8:15AM – 9:55AM Yama 4:54AM – 6:34AM Rahu 1:15PM – 2:56PM	Purvaphalguni* Until 4:16AM Fri Vyaghata* Until 2:09AM Fri Taitila Until 7:37PM Navami* Until 8:32AM
No Yoga Until 9.58PM then Siddha Yoga	254566159	Ganesha: White Muruqa: Red Nataraja: Purple Moon – Red Vaisaka-Chaitra	Sunrise: 4:54AM Sunset: 6:16PM Moon 4 - Phase 4 4th Phase Devaloka Day
2	Friday, May 13, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Manama, Bahrain Sutra 31 Khara 5113
Simha Rasi: 28.06	Tithi 11	Gulika 6:34AM – 8:14AM Yama 2:56PM – 4:36PM Rahu 9:55AM – 11:35AM	Uttaraphalguni Until 1:02AM Sat Harshana Until 9:49PM Vanija Until 4:08PM Ekadasi Until 2:26AM Sat
Creative Work Siddha Yoga Until 9.58PM then Marana Yoga	254566159	Ganesha: White Muruqa: Red Nataraja: Purple Moon – Red Vaisaka-Chaitra	Sunrise: 4:54AM Sunset: 6:16PM Moon 4 - Phase 4 4th Phase Devaloka Day
3	Saturday, May 14, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Bava/Balava Karana Dvadasi Yam Titau	Manama, Bahrain Sutra 32 Khara 5113
Kanya Rasi: 12.47	Tithi 12	Gulika 4:53AM – 6:34AM Yama 1:16PM – 2:56PM Rahu 8:14AM – 9:55AM	Hasta Until 10:54PM Vajra* Until 6:22PM Bava Until 1:13PM Dvadasi Until 11:30PM
Routine Work Marana Yoga Until 9.58PM then Amrita Yoga Until 10:54PM then Siddha Yoga	264566159	Ganesha: Yellow Muruqa: Red Nataraja: Purple Moon – Green Vaisaka-Chaitra	Sunrise: 4:53AM Sunset: 6:17PM Moon 4 - Phase 4 4th Phase Sivaloka Day
4	Sunday, May 15, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Manama, Bahrain Sutra 33 Khara 5113
Kanya Rasi: 27.36	Tithi 13	Gulika 2:56PM – 4:37PM Yama 11:35AM – 1:16PM Rahu 4:37PM – 6:18PM	Chitra Until 8:30PM Siddhi Until 2:40PM Kaulava Until 10:02AM Trayodasi Until 8:19PM <i>Pradosha Vrata</i>
Creative Work Siddha Yoga Until 9.58PM then Amrita Yoga	264566159	Ganesha: Yellow Muruqa: Red Nataraja: Purple Moon – Green Vaisaka-Vaikasi	Sunrise: 4:53AM Sunset: 6:18PM Moon 4 - Phase 4 4th Phase Sivaloka Day
5	Monday, May 16, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Manama, Bahrain Sutra 34 Khara 5113
Tula Rasi: 12.28	Tithi 14 – 15	Gulika 1:16PM – 2:57PM Yama 9:54AM – 11:35AM Rahu 6:33AM – 8:14AM	Svati Until 6:03PM Vyatipata* Until 10:56AM Gara Until 6:46AM Chaturdasi* Until 5:03PM
Family Home Evening Creative Work Amrita Yoga Until 6:03PM then Marana Yoga	264566159	Ganesha: Yellow Muruqa: Red Nataraja: Purple Moon – Green Vaisaka-Vaikasi	Sunrise: 4:52AM Sunset: 6:18PM Moon 4 - Phase 4 4th Phase Sivaloka Day
○	Tuesday, May 17, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Visakha/Anuradha Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Manama, Bahrain Sutra 35 Khara 5113
Tula Rasi: 27.14	Tithi 15 – 16	Gulika 11:35AM – 1:16PM Yama 8:13AM – 9:54AM Rahu 2:57PM – 4:38PM	Visakha Until 3:46PM Variyan Until 7:20AM Balava Until 12:15AM Wed Purnima* Until 1:58PM
Routine Work Marana Yoga Until 3:46PM then Siddha Yoga	274566159	Ganesha: Blue Muruqa: Red Nataraja: Purple Moon – Orange Vaisaka-Vaikasi	Sunrise: 4:52AM Sunset: 6:19PM Moon 4 - Phase 4 Purnima Devaloka Day
○	Wednesday, May 18, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau	Manama, Bahrain Sutra 36 Khara 5113
Vrischika Rasi: 11.47	Tithi 16 – 17	Gulika 9:54AM – 11:35AM Yama 6:32AM – 8:13AM Rahu 11:35AM – 1:16PM	Anuradha Until 2:23PM Shiva Until 1:16AM Thu Taitila Until 10:44PM Prathama* Until 11:39AM
Creative Work Siddha Yoga	274566159	Ganesha: Blue Muruqa: Red Nataraja: Purple Moon – Orange Vaisaka-Vaikasi	Sunrise: 4:51AM Sunset: 6:19PM Moon 4 - Phase 4 Prathama Devaloka Day



Thursday, May 19, 2011
Gold Retreat Star

Virshchika Rasi: 26 Tithi 17 – 18
274566159
Creative Work Siddha Yoga
Until 9.58PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 8:13AM – 9:54AM **Jyeshtha* Until 12:52PM**
Yama 4:51AM – 6:32AM Siddha Until 10:19PM
Rahu 1:16PM – 2:57PM Vanija Until 8:25PM
Dvitiya Until 9:20AM

Ganesha: Blue *Sunrise:* 4:51AM
Muruqa: Red *Sunset:* 6:20PM
Nataraja: Purple
Moon – Orange
Vaisaka-Vaikasi

Manama, Bahrain
Sun 1 Sutra 37
Khara 5113
Moon 5 - Phase 5
1st Phase

Devaloka Day

1 Friday, May 20, 2011

Dhanus Rasi: 9.49 Tithi 18 – 19
284566159
No Yoga
Until 12:29PM then Siddha Yoga
Until 9.58PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 6:31AM – 8:13AM **Mula* Until 12:29PM**
Yama 2:58PM – 4:39PM Sadhya Until 8:59PM
Rahu 9:54AM – 11:35AM Bava Until 7:54PM
Tritiya Until 7:54AM

Ganesha: Red *Sunrise:* 4:50AM
Muruqa: Red *Sunset:* 6:20PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Manama, Bahrain
Sun 2 Sutra 38
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

2 Saturday, May 21, 2011

Dhanus Rasi: 23.13 Tithi 19 – 20
284566159
Routine Work Marana Yoga
Until 12:22PM then no yoga
Until 9.58PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 4:50AM – 6:31AM **Purvashadha* Until 12:22PM**
Yama 1:17PM – 2:58PM Subha Until 7:14PM
Rahu 8:13AM – 9:54AM Kaulava Until 7:01PM
Chaturthi* Until 7:01AM

Ganesha: Red *Sunrise:* 4:50AM
Muruqa: Red *Sunset:* 6:21PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Manama, Bahrain
Sun 3 Sutra 39
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

3 Sunday, May 22, 2011

Makara Rasi: 6.13 Tithi 20 – 21
285666159
Creative Work Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Sukla Yoga Tailila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 2:58PM – 4:40PM **Uttarashadha Until 1:00PM**
Yama 11:35AM – 1:17PM Sukla Until 6:10PM
Rahu 4:40PM – 6:21PM Gara Until 6:58PM
Panchami Until 6:58AM

Ganesha: Red *Sunrise:* 4:49AM
Muruqa: Red *Sunset:* 6:21PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Manama, Bahrain
Sun 4 Sutra 40
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

4 Monday, May 23, 2011

Makara Rasi: 18.5 Tithi 21 – 22
295666159
Family Home Evening
Creative Work Amrita Yoga
Until 3:00PM then Siddha Yoga
Until 9.58PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Brahma Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Gulika 1:17PM – 2:59PM **Sravana Until 3:00PM**
Yama 9:54AM – 11:35AM Brahma Until 6:38PM
Rahu 6:31AM – 8:12AM Visti Until 8:52PM
Shasthi* Until 7:47AM

Ganesha: Green *Sunrise:* 4:49AM
Muruqa: Red *Sunset:* 6:22PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Manama, Bahrain
Sun 5 Sutra 41
Khara 5113
Moon 5 - Phase 5
1st Phase

Devaloka Day

Tuesday, May 24, 2011
Retreat Star

Kumbha Rasi: 1.1 Tithi 22 – 23
295666159
Routine Work Marana Yoga
Until 9.59PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 11:35AM – 1:17PM **Dhanishtha Until 5:00PM**
Yama 8:12AM – 9:54AM Indra Until 6:42PM
Rahu 2:59PM – 4:41PM Balava Until 10:15PM
Saptami Until 9:09AM

Ganesha: Green *Sunrise:* 4:49AM
Muruqa: Red *Sunset:* 6:22PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Manama, Bahrain
Sun 6 Sutra 42
Khara 5113
Moon 5 - Phase 5
Ashtami

Devaloka Day

Wednesday, May 25, 2011
Retreat Star

Kumbha Rasi: 13.17 Tithi 23 – 24
295666159
Creative Work Siddha Yoga
Until 7:26PM then Amrita Yoga
Until 9.59PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Satabhisha Nakshatra Vaidhriti* Yoga Kaulava/Tailila Karana Ashtami*/Navami* Yam Titau

Gulika 9:54AM – 11:36AM **Satabhisha Until 7:26PM**
Yama 6:30AM – 8:12AM Vaidhriti* Until 7:11PM
Rahu 11:36AM – 1:17PM Tailila Until 12:05AM Thu
Ashtami* Until 11:00AM

Ganesha: Green *Sunrise:* 4:48AM
Muruqa: Red *Sunset:* 6:23PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Manama, Bahrain
Sun 7 Sutra 43
Khara 5113
Moon 5 - Phase 5
Navami

Devaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138

1	Thursday, May 26, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau			Manama, Bahrain
	Kumbha Rasi: 25.16 Titli 24 – 25 315666159	Gulika 8:12AM – 9:54AM Yama 4:48AM – 6:30AM Rahu 1:18PM – 3:00PM	Purvaprostapada* Until 10:09PM Vishkambha* Until 7:55PM Vanija Until 2:15AM Fri Navami* Until 1:09PM	Ganesha: Clear <i>Sunrise:</i> 4:48AM Muruqa: Red <i>Sunset:</i> 6:23PM Nataraja: Purple Moon – Clear Vaisaka-Vaikasi	Sun 8 Sutra 44 Khara 5113 Moon 5 - Phase 6 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga				


2	Friday, May 27, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Priti Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau			Manama, Bahrain
	Meena Rasi: 7.1 Titli 25 – 26 315666159	Gulika 6:30AM – 8:12AM Yama 3:00PM – 4:42PM Rahu 9:54AM – 11:36AM	Uttaraprostapada Until 1:01AM Sat Priti Until 8:47PM Bava Until 4:34AM Sat Dasami Until 3:28PM	Ganesha: Clear <i>Sunrise:</i> 4:48AM Muruqa: Red <i>Sunset:</i> 6:24PM Nataraja: Purple Moon – Clear Vaisaka-Vaikasi	Sun 9 Sutra 45 Khara 5113 Moon 5 - Phase 6 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga Until 1:01AM Sat then Prabalarishta Yoga				

3	Saturday, May 28, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau			Manama, Bahrain
	Meena Rasi: 19.03 Titli 26 – 27 315666159	Gulika 4:47AM – 6:30AM Yama 1:18PM – 3:00PM Rahu 8:12AM – 9:54AM	Revati Until 3:54AM Sun Ayushman Until 9:41PM Kaulava Until 6:54AM Sun Ekadasi* Until 5:48PM	Ganesha: Clear <i>Sunrise:</i> 4:47AM Muruqa: Red <i>Sunset:</i> 6:24PM Nataraja: Purple Moon – Clear Vaisaka-Vaikasi	Sun 10 Sutra 46 Khara 5113 Moon 5 - Phase 6 2nd Phase Sivaloka Day
	Routine Work Prabalarishta Yoga Until 9:59PM then Amrita Yoga Until 3:54AM Sun then Siddha Yoga				

4	Sunday, May 29, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau			Manama, Bahrain
	Mesha Rasi: 0.59 Titli 27 325666159	Gulika 3:00PM – 4:43PM Yama 11:36AM – 1:18PM Rahu 4:43PM – 6:25PM	Asvini Until 6:38AM Mon Saubhagya Until 10:30PM Kaulava Until 6:57AM Dvadasi* Until 8:02PM	Ganesha: Purple <i>Sunrise:</i> 4:47AM Muruqa: Red <i>Sunset:</i> 6:25PM Nataraja: Purple Moon – White Vaisaka-Vaikasi	Sun 11 Sutra 47 Khara 5113 Moon 5 - Phase 6 2nd Phase Devaloka Day
	Creative Work Siddha Yoga				

5	Monday, May 30, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodasi* Yam Titau			Manama, Bahrain
	Mesha Rasi: 13.01 Titli 28 325666159	Gulika 1:18PM – 3:01PM Yama 9:54AM – 11:36AM Rahu 6:29AM – 8:12AM	Asvini Until 6:38AM Sobhana Until 11:07PM Gara Until 8:58AM Trayodasi* Until 10:04PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple <i>Sunrise:</i> 4:47AM Muruqa: Red <i>Sunset:</i> 6:25PM Nataraja: Purple Moon – White Vaisaka-Vaikasi	Sun 12 Sutra 48 Khara 5113 Moon 5 - Phase 6 2nd Phase Devaloka Day
	Family Home Evening Creative Work Siddha Yoga				

6	Tuesday, May 31, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			Manama, Bahrain
	Mesha Rasi: 25.11 Titli 29 326666159	Gulika 11:36AM – 1:19PM Yama 8:11AM – 9:54AM Rahu 3:01PM – 4:43PM	Bharani Until 8:57AM Athiganda* Until 11:29PM Visti Until 10:41AM Chaturdasi* Until 11:46PM	Ganesha: Light Blue <i>Sunrise:</i> 4:47AM Muruqa: Red <i>Sunset:</i> 6:26PM Nataraja: Purple Moon – White Vaisaka-Vaikasi	Sun 13 Sutra 49 Khara 5113 Moon 5 - Phase 6 2nd Phase Devaloka Day
	Creative Work Siddha Yoga Until 9:59PM then Amrita Yoga				

	Wednesday, June 1, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau			Manama, Bahrain
	Retreat Star Vrishabha Rasi: 7.33 Titli 30 326666159	Gulika 9:54AM – 11:36AM Yama 6:29AM – 8:11AM Rahu 11:36AM – 1:19PM	Krittika Until 10:31AM Sukarma Until 10:16PM Catuspada Until 11:29AM Amavasya* Until 11:29PM	Ganesha: Light Blue <i>Sunrise:</i> 4:46AM Muruqa: Red <i>Sunset:</i> 6:26PM Nataraja: Purple Moon – White Vaisaka-Vaikasi	Sun 14 Sutra 50 Khara 5113 Moon 5 - Phase 6 Amavasya Devaloka Day
	Creative Work Amrita Yoga Until 10:31AM then Siddha Yoga Until 9:59PM then Marana Yoga				

Retreat Star	Thursday, June 2, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathama* Yam Titau			Manama, Bahrain
	Vrishabha Rasi: 20.08 Titli 1 336666159	Gulika 8:11AM – 9:54AM Yama 4:46AM – 6:29AM Rahu 1:19PM – 3:02PM	Rohini Until 11:55AM Dhriti Until 9:55PM Kintughna Until 12:15PM Prathama* Until 12:15AM Fri	Ganesha: Purple <i>Sunrise:</i> 4:46AM Muruqa: Red <i>Sunset:</i> 6:27PM Nataraja: Purple Moon – Yellow Jyeshtha-Vaikasi	Sun 15 Sutra 51 Khara 5113 Moon 5 - Phase 6 Prathama Devaloka Day
	Routine Work Marana Yoga Until 10:00PM then Siddha Yoga				

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishṇa Yajur Veda, Maitu 6.34. UpH, 447

1	Friday, June 3, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam		Manama, Bahrain
	Mithuna Rasi: 2.56	Tithi 2	Mrigasira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Sun 16	Sutra 52 Khara 5113
	336666159	Gulika 6:29AM – 8:11AM Yama 3:02PM – 4:45PM Rahu 9:54AM – 11:37AM	Mrigasira Until 12:54PM Shula* Until 9:11PM Balava Until 12:34PM Dvitiya Until 12:34AM Sat	Ganesha: Purple <i>Sunrise:</i> 4:46AM Muruqa: Red <i>Sunset:</i> 6:27PM Nataraja: Purple Moon – Yellow Jyeshtha-Vaikasi	Moon 5 - Phase 7 3rd Phase Devaloka Day
	Creative Work	Siddha Yoga			


2	Saturday, June 4, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam		Manama, Bahrain
	Mithuna Rasi: 15.58	Tithi 3	Ardra/Punarvasu Nakshatra Ganda* Yoga Tailita/Gara Karana Tritiya Yam Titau	Sun 17	Sutra 53 Khara 5113
	336666159	Gulika 4:46AM – 6:29AM Yama 1:20PM – 3:02PM Rahu 8:11AM – 9:54AM	Ardra Until 1:27PM Ganda* Until 8:03PM Tailita Until 12:24PM Tritiya Until 12:24AM Sun	Ganesha: Purple <i>Sunrise:</i> 4:46AM Muruqa: Red <i>Sunset:</i> 6:28PM Nataraja: Purple Moon – Yellow Jyeshtha-Vaikasi	Moon 5 - Phase 7 3rd Phase Devaloka Day
	Creative Work	Siddha Yoga			
	Until 1:27PM then Marana Yoga				
	Until 10:00PM then Siddha Yoga				

3	Sunday, June 5, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Manama, Bahrain
	Mithuna Rasi: 29.14	Tithi 4	Punarvasu/Pushya Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Sun 18	Sutra 54 Khara 5113
	346666151	Gulika 3:03PM – 4:45PM Yama 11:37AM – 1:20PM Rahu 4:45PM – 6:28PM	Punarvasu Until 1:34PM Vriddhi Until 6:31PM Vanija Until 11:20AM Chaturthi* Until 10:25PM	Ganesha: Light Blue <i>Sunrise:</i> 4:46AM Muruqa: Red <i>Sunset:</i> 6:28PM Nataraja: Purple Moon – Blue Jyeshtha-Vaikasi	Moon 5 - Phase 7 3rd Phase Devaloka Day
	Creative Work	Siddha Yoga			

4	Monday, June 6, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam		Manama, Bahrain
	Kataka Rasi: 12.44	Tithi 5	Pushya/Aslesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchami Yam Titau	Sun 19	Sutra 55 Khara 5113
	346666151	Gulika 1:20PM – 3:03PM Yama 9:54AM – 11:37AM Rahu 6:29AM – 8:12AM	Pushya Until 12:45PM Dhruva Until 3:54PM Bava Until 10:21AM Panchami Until 9:25PM	Ganesha: Light Blue <i>Sunrise:</i> 4:46AM Muruqa: Red <i>Sunset:</i> 6:29PM Nataraja: Purple Moon – Blue Jyeshtha-Vaikasi	Moon 5 - Phase 7 3rd Phase Devaloka Day
	Family Home Evening				
	Creative Work	Siddha Yoga			

5	Tuesday, June 7, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam		Manama, Bahrain
	Kataka Rasi: 26.26	Tithi 6	Aslesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailita Karana Shasthi* Yam Titau	Sun 20	Sutra 56 Khara 5113
	347666151	Gulika 11:37AM – 1:20PM Yama 8:12AM – 9:54AM Rahu 3:03PM – 4:46PM	Aslesha* Until 12:07PM Vyaghata* Until 1:47PM Kaulava Until 8:58AM Shasthi* Until 8:03PM	Ganesha: Purple <i>Sunrise:</i> 4:46AM Muruqa: Red <i>Sunset:</i> 6:29PM Nataraja: Purple Moon – Blue Jyeshtha-Vaikasi	Moon 5 - Phase 7 3rd Phase Devaloka Day
	Creative Work	Siddha Yoga			

6	Wednesday, June 8, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam		Manama, Bahrain
	Simha Rasi: 10.2	Tithi 7	Magha*/Purvaphalguni* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptami Yam Titau	Sun 21	Sutra 57 Khara 5113
	357666151	Gulika 9:55AM – 11:38AM Yama 6:29AM – 8:12AM Rahu 11:38AM – 1:21PM	Magha* Until 11:09AM Harshana Until 11:21AM Gara Until 7:14AM Saptami Until 6:19PM	Ganesha: Clear <i>Sunrise:</i> 4:46AM Muruqa: Red <i>Sunset:</i> 6:29PM Nataraja: Purple Moon – Red Jyeshtha-Vaikasi	Moon 5 - Phase 7 3rd Phase Sivaloka Day
	Creative Work	Siddha Yoga			
	Until 11:09AM then Amrita Yoga				
	Until 10:01PM then no yoga				

	Thursday, June 9, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam		Manama, Bahrain
	Simha Rasi: 24.25	Tithi 8 – 9	Purvaphalguni*/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ashlami*/Navami* Yam Titau	Sun 22	Sutra 58 Khara 5113
	357666151	Gulika 8:12AM – 9:55AM Yama 4:46AM – 6:29AM Rahu 1:21PM – 3:04PM	Purvaphalguni* Until 9:52AM Vajra* Until 8:37AM Balava Until 3:19AM Fri Ashtami* Until 4:14PM	Ganesha: Clear <i>Sunrise:</i> 4:46AM Muruqa: Red <i>Sunset:</i> 6:30PM Nataraja: Purple Moon – Red Jyeshtha-Vaikasi	Moon 5 - Phase 7 Ashtami Sivaloka Day
	No Yoga				
	Until 9:52AM then Prabalarishta Yoga				
	Until 10:01PM then Siddha Yoga				

7	Friday, June 10, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam		Manama, Bahrain
	Kanya Rasi: 8.38	Tithi 9 – 10	Uttaraphalguni*/Hasta Nakshatra Vyatipala* Yoga Kaulava/Tailita Karana Navami*/Dasami Yam Titau	Sun 23	Sutra 59 Khara 5113
	357666151	Gulika 6:29AM – 8:12AM Yama 3:04PM – 4:47PM Rahu 9:55AM – 11:38AM	Uttaraphalguni Until 8:20AM Vyatipala* Until 2:59AM Sat Tailita Until 12:58AM Sat Navami* Until 1:53PM	Ganesha: Clear <i>Sunrise:</i> 4:46AM Muruqa: Red <i>Sunset:</i> 6:30PM Nataraja: Purple Moon – Red Jyeshtha-Vaikasi	Moon 5 - Phase 7 Navami Sivaloka Day
	Creative Work	Siddha Yoga			
	Until 8:20AM then Amrita Yoga				
	Until 10:01PM then Marana Yoga				

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda, Isau 3. bo UP.R, 570

1	Saturday, June 11, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Varyan Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Manama, Bahrain Sun 24 Sutra 60 Khara 5113
	Kanya Rasi: 23 Tithi 10 – 11 367666151	Gulika 4:46AM – 6:29AM Yama 1:21PM – 3:04PM Rahu 8:12AM – 9:55AM	Hasta Until 6:35AM Variyan Until 11:49PM Vanija Until 10:22PM Dasami Until 11:18AM

Routine Work Marana Yoga
Until 10.01PM then Siddha Yoga

Ganesha: White <i>Sunrise:</i> 4:46AM	Muruqa: Red <i>Sunset:</i> 6:31PM	Moon 5 - Phase 8 4th Phase
Nataraja: Purple Moon – Green	Jyeshtha-Vaikasi	Devaloka Day

2	Sunday, June 12, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Manama, Bahrain Sun 25 Sutra 61 Khara 5113
	Tula Rasi: 7.25 Tithi 11 – 12 367666151	Gulika 3:05PM – 4:48PM Yama 11:38AM – 1:22PM Rahu 4:48PM – 6:31PM	Svati Until 3:34AM Mon Parigha* Until 8:33PM Bava Until 7:40PM Ekadasi Until 8:35AM

Creative Work Siddha Yoga
Until 10.01PM then Amrita Yoga
Until 3:34AM Mon then Marana Yoga

Ganesha: White <i>Sunrise:</i> 4:46AM	Muruqa: Red <i>Sunset:</i> 6:31PM	Moon 5 - Phase 8 4th Phase
Nataraja: Purple Moon – Green	Jyeshtha-Vaikasi	Devaloka Day

3	Monday, June 13, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Visakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Manama, Bahrain Sun 26 Sutra 62 Khara 5113
	Tula Rasi: 21.51 Tithi 13 Family Home Evening 377666151	Gulika 1:22PM – 3:05PM Yama 9:55AM – 11:39AM Rahu 6:29AM – 8:12AM	Visakha Until 1:42AM Tue Shiva Until 5:16PM Kaulava Until 4:57PM Trayodasi Until 4:02AM Tue <i>Pradosha Vrata</i>


Routine Work Marana Yoga
Until 1:42AM Tue then Siddha Yoga

Ganesha: Yellow <i>Sunrise:</i> 4:46AM	Muruqa: Red <i>Sunset:</i> 6:31PM	Moon 5 - Phase 8 4th Phase
Nataraja: Purple Moon – Orange	Jyeshtha-Vaikasi	Sivaloka Day

4	Tuesday, June 14, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Manama, Bahrain Sun 27 Sutra 63 Khara 5113
	Vrischika Rasi: 6.11 Tithi 14 378666151	Gulika 11:39AM – 1:22PM Yama 8:12AM – 9:56AM Rahu 3:05PM – 4:48PM	Anuradha Until 11:58PM Siddha Until 2:07PM Gara Until 2:23PM Chaturdasi* Until 1:28AM Wed

Creative Work Siddha Yoga

Ganesha: White <i>Sunrise:</i> 4:46AM	Muruqa: Red <i>Sunset:</i> 6:32PM	Moon 5 - Phase 8 4th Phase
Nataraja: Purple Moon – Orange	Jyeshtha-Vaikasi	Subha Sivaloka Day

	Wednesday, June 15, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnima* Yam Titau	Manama, Bahrain Sutra 64 Khara 5113
	Copper Retreat Star Vrischika Rasi: 20.22 Tithi 15 378666151	Gulika 9:56AM – 11:39AM Yama 6:29AM – 8:12AM Rahu 11:39AM – 1:22PM	Jyeshtha* Until 10:31PM Sadhya Until 11:15AM Visti Until 12:08PM Purnima* Until 11:13PM

Creative Work Siddha Yoga

Ganesha: White <i>Sunrise:</i> 4:46AM	Muruqa: Red <i>Sunset:</i> 6:32PM	Moon 5 - Phase 8 Purnima
Nataraja: Purple Moon – Orange	Jyeshtha-Ani	Subha Sivaloka Day

	Thursday, June 16, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathama* Yam Titau	Manama, Bahrain Sutra 65 Khara 5113
	Silver Retreat Star Dhanus Rasi: 4.17 Tithi 16 388766151	Gulika 8:13AM – 9:56AM Yama 4:46AM – 6:29AM Rahu 1:22PM – 3:06PM	Mula* Until 9:30PM Subha Until 8:46AM Balava Until 10:20AM Prathama* Until 9:25PM

Creative Work Siddha Yoga

Ganesha: Blue <i>Sunrise:</i> 4:46AM	Muruqa: Red <i>Sunset:</i> 6:32PM	Moon 5 - Phase 8 Prathama
Nataraja: Purple Moon – Light Blue	Jyeshtha-Ani	Devaloka Day



Friday, June 17, 2011
Gold Retreat Star

Dhanu Rasi: 17.55 Tithi 17
388766151
Creative Work Siddha Yoga
Until 10.03PM then Marana Yoga
Until 10.09PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 6:30AM – 8:13AM **Purvashadha* Until 10:09PM**
Yama 3:06PM – 4:49PM Sukla Until 6:50AM
Rahu 9:56AM – 11:39AM Taitila Until 9:22AM
Dvitiya Until 9:22PM

Manama, Bahrain
Sun 1 Sutra 66
Khara 5113
Moon 6 - Phase 9
1st Phase
Devaloka Day

1 Saturday, June 18, 2011

Makara Rasi: 1.12 Tithi 18
388766151
No Yoga
Until 10.03PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Indra Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 4:46AM – 6:30AM **Uttarashadha Until 10:15PM**
Yama 1:23PM – 3:06PM Indra Until 4:08AM Sun
Rahu 8:13AM – 9:56AM Vanija Until 8:42AM
Tritiya Until 8:42PM

Manama, Bahrain
Sun 2 Sutra 67
Khara 5113
Moon 6 - Phase 9
1st Phase
Devaloka Day

2 Sunday, June 19, 2011

Makara Rasi: 14.09 Tithi 19
398766151
Creative Work Amrita Yoga
Until 10:58PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Sravana Nakshatra Vaidhriti* Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 3:06PM – 4:50PM **Sravana Until 10:58PM**
Yama 11:40AM – 1:23PM Vaidhriti* Until 3:10AM Mon
Rahu 4:50PM – 6:33PM Bava Until 8:44AM
Chaturthi* Until 8:44PM

Manama, Bahrain
Sun 3 Sutra 68
Khara 5113
Moon 6 - Phase 9
1st Phase
Sivaloka Day

3 Monday, June 20, 2011

Makara Rasi: 26.46 Tithi 20
399766151
Family Home Evening
Creative Work Siddha Yoga
Until 10.03PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 1:23PM – 3:07PM **Dhanishtha Until 1:47AM Tue**
Yama 9:57AM – 11:40AM Vishkambha* Until 4:20AM Tue
Rahu 6:30AM – 8:13AM Kaulava Until 9:41AM
Panchami Until 10:46PM

Manama, Bahrain
Sun 4 Sutra 69
Khara 5113
Moon 6 - Phase 9
1st Phase
Subha Sivaloka Day

4 Tuesday, June 21, 2011

Kumbha Rasi: 9.08 Tithi 21
399766151
Routine Work Marana Yoga
Until 10.03PM then Siddha Yoga
Until 3:44AM Wed then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Satabhisha Nakshatra Priti Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 11:40AM – 1:24PM **Satabhisha Until 3:44AM Wed**
Yama 8:14AM – 9:57AM Priti Until 4:22AM Wed
Rahu 3:07PM – 4:50PM Gara Until 10:59AM
Shasthi* Until 12:04AM Wed

Manama, Bahrain
Sun 5 Sutra 70
Khara 5113
Moon 6 - Phase 9
1st Phase
Subha Sivaloka Day

5 Wednesday, June 22, 2011

Kumbha Rasi: 21.17 Tithi 22
319766151
Creative Work Amrita Yoga
Until 10.04PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprostapada* Nakshatra Ayushman Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 9:57AM – 11:40AM **Purvaprostapada* Until 6:06AM Thu**
Yama 6:30AM – 8:14AM Ayushman Until 4:48AM Thu
Rahu 11:40AM – 1:24PM Visti Until 12:45PM
Saptami Until 1:50AM Thu

Manama, Bahrain
Sun 6 Sutra 71
Khara 5113
Moon 6 - Phase 9
1st Phase
Subha Sivaloka Day

Thursday, June 23, 2011
Retreat Star

Meena Rasi: 3.17 Tithi 23
319766151
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 8:14AM – 9:57AM **Purvaprostapada* Until 6:06AM**
Yama 4:47AM – 6:31AM Saubhagya Until 5:30AM Fri
Rahu 1:24PM – 3:07PM Balava Until 2:49PM
Ashtami* Until 3:55AM Fri

Manama, Bahrain
Sun 7 Sutra 72
Khara 5113
Moon 6 - Phase 9
Ashtami
Subha Sivaloka Day

Friday, June 24, 2011
Retreat Star

Meena Rasi: 15.12 Tithi 24
319766151
Creative Work Siddha Yoga
Until 10.04PM then Prabalarishta Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 6:31AM – 8:14AM **Uttaraprostapada Until 8:56AM**
Yama 3:08PM – 4:51PM Sobhana Until 6:36AM Sat
Rahu 9:58AM – 11:41AM Taitila Until 5:05PM
Navami* Until 6:16AM Sat

Manama, Bahrain
Sun 8 Sutra 73
Khara 5113
Moon 6 - Phase 9
Navami
Subha Sivaloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita AG 2.10–2.13. MA, 94


1	Saturday, June 25, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau				Manama, Bahrain
	Meena Rasi: 27.07 Tithi 24 – 25 319766151	Gulika 4:48AM – 6:31AM Yama 1:24PM – 3:08PM Rahu 8:14AM – 9:58AM	Revati Until 11:47AM Sobhana Until 6:36AM Vanija Until 7:22PM Navami* Until 6:16AM	Ganesha: Purple Muruqa: Red Nataraja: Purple Moon – Clear Jyeshtha-Ani	<i>Sunrise:</i> 4:48AM <i>Sunset:</i> 6:34PM	Sun 9 Sutra 74 Khara 5113 Moon 6 - Phase 10 2nd Phase Subha Sivaloka Day
Routine Work Prabalarishta Yoga Until 11:47AM then Siddha Yoga						

2	Sunday, June 26, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau				Manama, Bahrain
	Mesha Rasi: 9.04 Tithi 25 – 26 329766151	Gulika 3:08PM – 4:51PM Yama 11:41AM – 1:25PM Rahu 4:51PM – 6:34PM	Asvini Until 2:32PM Athiganda* Until 7:22AM Bava Until 9:32PM Dasami Until 8:26AM	Ganesha: Clear Muruqa: Red Nataraja: Purple Moon – White Jyeshtha-Ani	<i>Sunrise:</i> 4:48AM <i>Sunset:</i> 6:34PM	Sun 10 Sutra 75 Khara 5113 Moon 6 - Phase 10 2nd Phase Sivaloka Day
Creative Work Siddha Yoga Until 2:32PM then no yoga Until 10:04PM then Siddha Yoga						

3	Monday, June 27, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau				Manama, Bahrain
	Mesha Rasi: 21.09 Tithi 26 – 27 329766151	Gulika 1:25PM – 3:08PM Yama 9:58AM – 11:42AM Rahu 6:32AM – 8:15AM	Bharani Until 5:01PM Sukarma Until 7:55AM Kaulava Until 11:25PM Ekadasi* Until 10:20AM	Ganesha: Clear Muruqa: Red Nataraja: Purple Moon – White Jyeshtha-Ani	<i>Sunrise:</i> 4:48AM <i>Sunset:</i> 6:35PM	Sun 11 Sutra 76 Khara 5113 Moon 6 - Phase 10 2nd Phase Sivaloka Day
Family Home Evening Creative Work Siddha Yoga Until 5:01PM then no yoga Until 10:05PM then Siddha Yoga						

4	Tuesday, June 28, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau				Manama, Bahrain
	Virshabha Rasi: 3.26 Tithi 27 – 28 321766151	Gulika 11:42AM – 1:25PM Yama 8:15AM – 9:58AM Rahu 3:08PM – 4:51PM	Krittika Until 6:08PM Dhriti Until 8:07AM Gara Until 11:20PM Dvadasi* Until 11:20AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Red Muruqa: Red Nataraja: Purple Moon – White Jyeshtha-Ani	<i>Sunrise:</i> 4:49AM <i>Sunset:</i> 6:35PM	Sun 12 Sutra 77 Khara 5113 Moon 6 - Phase 10 2nd Phase Sivaloka Day
Creative Work Siddha Yoga Until 6:08PM then Amrita Yoga Until 10:05PM then Siddha Yoga						

5	Wednesday, June 29, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau				Manama, Bahrain
	Virshabha Rasi: 15.57 Tithi 28 – 29 331776151	Gulika 9:59AM – 11:42AM Yama 6:32AM – 8:15AM Rahu 11:42AM – 1:25PM	Rohini Until 7:38PM Shula* Until 7:43AM Visti Until 12:12AM Thu Trayodasi* Until 12:12PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Purple Moon – Yellow Jyeshtha-Ani	<i>Sunrise:</i> 4:49AM <i>Sunset:</i> 6:35PM	Sun 13 Sutra 78 Khara 5113 Moon 6 - Phase 10 2nd Phase Sivaloka Day
Creative Work Siddha Yoga Until 10:05PM then Marana Yoga						

	Thursday, June 30, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Ganda*/Vridhidi Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Manama, Bahrain
	Retreat Star Virshabha Rasi: 28.46 Tithi 29 – 30 331776151	Gulika 8:16AM – 9:59AM Yama 4:49AM – 6:33AM Rahu 1:25PM – 3:08PM	Mrigasira Until 8:36PM Ganda* Until 6:59AM Catuspada Until 12:29AM Fri Chaturdasi* Until 12:29PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Purple Moon – Yellow Jyeshtha-Ani	<i>Sunrise:</i> 4:49AM <i>Sunset:</i> 6:35PM	Sun 14 Sutra 79 Khara 5113 Moon 6 - Phase 10 Amavasya Sivaloka Day
Routine Work Marana Yoga Until 10:05PM then Siddha Yoga						

	Friday, July 1, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Manama, Bahrain
	Retreat Star Mithuna Rasi: 11.53 Tithi 30 – 1 331776151	Gulika 6:33AM – 8:16AM Yama 3:09PM – 4:52PM Rahu 9:59AM – 11:42AM	Ardra Until 9:00PM Dhruva Until 4:34AM Sat Kintughna Until 12:09AM Sat Amavasya* Until 12:09PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Purple Moon – Yellow Ashada-Ani	<i>Sunrise:</i> 4:50AM <i>Sunset:</i> 6:35PM	Sun 15 Sutra 80 Khara 5113 Moon 6 - Phase 10 Prathama Sivaloka Day
Creative Work Siddha Yoga Until 10:05PM then Marana Yoga						

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda, Isau 1. UpM, 49

1	Saturday, July 2, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Manama, Bahrain
	Mithuna Rasi: 25.19 Tithi 1 – 2		Gulika 4:50AM – 6:33AM Punarvasu Until 7:46PM	Ganesha: Red <i>Sunrise:</i> 4:50AM	Sun 16 Sutra 81 Khara 5113
	341776151	Yama 1:26PM – 3:09PM	Vyaghata* Until 1:23AM Sun	Muruqa: Yellow <i>Sunset:</i> 6:35PM	Moon 6 - Phase 11
Routine Work Marana Yoga		Rahu 8:16AM – 9:59AM	Balava Until 9:53PM	Nataraja: Purple	3rd Phase
Until 7:46PM then Siddha Yoga			Prathama* Until 10:48AM	Ashada-Ani	Sivaloka Day


2	Sunday, July 3, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Manama, Bahrain
	Kataka Rasi: 9.01 Tithi 2 – 3		Gulika 3:09PM – 4:52PM Pushya Until 7:08PM	Ganesha: Red <i>Sunrise:</i> 4:50AM	Sun 17 Sutra 82 Khara 5113
	341776151	Yama 11:43AM – 1:26PM	Harshana Until 11:16PM	Muruqa: Yellow <i>Sunset:</i> 6:35PM	Moon 6 - Phase 11
Creative Work Siddha Yoga		Rahu 4:52PM – 6:35PM	Taitila Until 8:30PM	Nataraja: Purple	3rd Phase
			Dvitiya Until 9:25AM	Ashada-Ani	Sivaloka Day

3	Monday, July 4, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau		Manama, Bahrain
	Kataka Rasi: 22.56 Tithi 3 – 4		Gulika 1:26PM – 3:09PM Aslesha* Until 6:06PM	Ganesha: Red <i>Sunrise:</i> 4:51AM	Sun 18 Sutra 83 Khara 5113
Family Home Evening		Yama 10:00AM – 11:43AM	Vajra* Until 8:48PM	Muruqa: Yellow <i>Sunset:</i> 6:35PM	Moon 6 - Phase 11
Creative Work Siddha Yoga	341776151	Rahu 6:34AM – 8:17AM	Vanija Until 6:42PM	Nataraja: Purple	3rd Phase
			Tritiya Until 7:37AM	Ashada-Ani	Sivaloka Day

4	Tuesday, July 5, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchami Yam Titau		Manama, Bahrain
	Simha Rasi: 7.02 Tithi 5		Gulika 11:43AM – 1:26PM Magha* Until 4:48PM	Ganesha: Blue <i>Sunrise:</i> 4:51AM	Sun 19 Sutra 84 Khara 5113
	351776151	Yama 8:17AM – 10:00AM	Siddhi Until 6:03PM	Muruqa: Yellow <i>Sunset:</i> 6:35PM	Moon 6 - Phase 11
Creative Work Siddha Yoga		Rahu 3:09PM – 4:52PM	Bava Until 4:36PM	Nataraja: Purple	3rd Phase
Until 10:06PM then Amrita Yoga			Panchami Until 3:40AM Wed	Ashada-Ani	Subha Sivaloka Day

5	Wednesday, July 6, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Shashti* Yam Titau		Manama, Bahrain
	Simha Rasi: 21.13 Tithi 6		Gulika 10:00AM – 11:43AM Purvaphalguni* Until 3:20PM	Ganesha: Blue <i>Sunrise:</i> 4:52AM	Sun 20 Sutra 85 Khara 5113
	351776151	Yama 6:35AM – 8:17AM	Vyatipata* Until 3:10PM	Muruqa: Yellow <i>Sunset:</i> 6:35PM	Moon 6 - Phase 11
Creative Work Amrita Yoga		Rahu 11:43AM – 1:26PM	Kaulava Until 2:19PM	Nataraja: Purple	3rd Phase
Until 10:06PM then Prabalarishta Yoga			Shashti* Until 1:23AM Thu	Ashada-Ani	Subha Sivaloka Day

6	Thursday, July 7, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Saptami Yam Titau		Manama, Bahrain
	Kanya Rasi: 5.27 Tithi 7		Gulika 8:18AM – 10:01AM Uttaraphalguni Until 1:48PM	Ganesha: Red <i>Sunrise:</i> 4:52AM	Sun 21 Sutra 86 Khara 5113
	451776151	Yama 4:52AM – 6:35AM	Variyan Until 12:12PM	Muruqa: Yellow <i>Sunset:</i> 6:35PM	Moon 6 - Phase 11
Routine Work Prabalarishta Yoga		Rahu 1:26PM – 3:09PM	Gara Until 11:57AM	Nataraja: Purple	3rd Phase
Until 10:07PM then Amrita Yoga		Chidambaram Abhishekam	Saptami Until 11:01PM	Ashada-Ani	Sivaloka Day

	Friday, July 8, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtami* Yam Titau		Manama, Bahrain
	Retreat Star		Gulika 6:35AM – 8:18AM Hasta Until 12:15PM	Ganesha: Yellow <i>Sunrise:</i> 4:52AM	Sun 22 Sutra 87 Khara 5113
Kanya Rasi: 19.41 Tithi 8		Yama 3:09PM – 4:52PM	Parigha* Until 9:14AM	Muruqa: Yellow <i>Sunset:</i> 6:35PM	Moon 6 - Phase 11
Creative Work Amrita Yoga	462776151	Rahu 10:01AM – 11:44AM	Visti Until 9:35AM	Nataraja: Purple	Ashtami
Until 12:15PM then Siddha Yoga			Ashtami* Until 8:40PM	Ashada-Ani	Sivaloka Day
Until 10:07PM then Marana Yoga					

7	Saturday, July 9, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navami* Yam Titau		Manama, Bahrain
	Retreat Star		Gulika 4:53AM – 6:36AM Chitra Until 10:47AM	Ganesha: Yellow <i>Sunrise:</i> 4:53AM	Sun 23 Sutra 88 Khara 5113
Tula Rasi: 3.52 Tithi 9		Yama 1:26PM – 3:09PM	Shiva Until 6:20AM	Muruqa: Yellow <i>Sunset:</i> 6:34PM	Moon 6 - Phase 11
Routine Work Marana Yoga	462776151	Rahu 8:18AM – 10:01AM	Balava Until 7:19AM	Nataraja: Purple	Navami
Until 10:47AM then Siddha Yoga			Navami* Until 6:23PM	Ashada-Ani	Sivaloka Day


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda, Maitu 3.2. UpH, 418

1	Sunday, July 10, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Visakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Manama, Bahrain
					Sun 24 Sutra 89 Khara 5113
Tula Rasi: 17.59	Tithi 10 – 11	462776151	Gulika 3:09PM – 4:52PM Yama 11:44AM – 1:26PM Rahu 4:52PM – 6:34PM	Svati Until 9:27AM Sadhya Until 12:53AM Mon Vanija Until 3:19AM Mon Dasami Until 4:14PM	Ganesha: Yellow <i>Sunrise:</i> 4:53AM Muruqa: Yellow <i>Sunset:</i> 6:34PM Nataraja: Purple Moon – Green Ashada*Ani
Creative Work	Siddha Yoga				Sivaloka Day
Until 9:27AM then Marana Yoga					

2	Monday, July 11, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Visakha/Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadasi/Dvadasi Yam Titau		Manama, Bahrain
					Sun 25 Sutra 90 Khara 5113
Vrischika Rasi: 2.01	Tithi 11 – 12	472876151	Gulika 1:26PM – 3:09PM Yama 10:01AM – 11:44AM Rahu 6:36AM – 8:19AM	Visakha Until 8:16AM Subha Until 10:16PM Bava Until 1:20AM Tue Ekadasi Until 2:16PM	Ganesha: Yellow <i>Sunrise:</i> 4:54AM Muruqa: Yellow <i>Sunset:</i> 6:34PM Nataraja: Purple Moon – Orange Ashada*Ani
Family Home Evening	Marana Yoga				Sivaloka Day
Until 8:16AM then Siddha Yoga					

3	Tuesday, July 12, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau		Manama, Bahrain
					Sun 26 Sutra 91 Khara 5113
Vrischika Rasi: 15.54	Tithi 12 – 13	472876151	Gulika 11:44AM – 1:27PM Yama 8:19AM – 10:02AM Rahu 3:09PM – 4:51PM	Anuradha Until 7:18AM Sukla Until 7:51PM Kaulava Until 11:36PM Dvadasi Until 12:32PM <i>Pradosha Vrata</i>	Ganesha: Yellow <i>Sunrise:</i> 4:54AM Muruqa: Yellow <i>Sunset:</i> 6:34PM Nataraja: Purple Moon – Orange Ashada*Ani
Creative Work	Siddha Yoga				Sivaloka Day

4	Wednesday, July 13, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Tailita/Gara Karana Trayodasi/Chaturdasi* Yam Titau		Manama, Bahrain
					Sun 27 Sutra 92 Khara 5113
Vrischika Rasi: 29.38	Tithi 13 – 14	472876151	Gulika 10:02AM – 11:44AM Yama 6:37AM – 8:19AM Rahu 11:44AM – 1:27PM	Jyeshtha* Until 6:38AM Brahma Until 6:31PM Gara Until 10:11PM Trayodasi Until 11:06AM	Ganesha: Yellow <i>Sunrise:</i> 4:55AM Muruqa: Yellow <i>Sunset:</i> 6:34PM Nataraja: Purple Moon – Orange Ashada*Ani
Creative Work	Siddha Yoga				Sivaloka Day
Until 6:38AM then Marana Yoga					
Until 10:07PM then Siddha Yoga					

	Thursday, July 14, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau		Manama, Bahrain
					Sun 28 Sutra 93 Khara 5113
Dhanus Rasi: 13.1	Tithi 14 – 15	482876151	Gulika 8:20AM – 10:02AM Yama 4:55AM – 6:37AM Rahu 1:27PM – 3:09PM	Mula* Until 6:19AM Indra Until 4:33PM Visti Until 10:23PM Chaturdasi* Until 10:23AM	Ganesha: White <i>Sunrise:</i> 4:55AM Muruqa: Yellow <i>Sunset:</i> 6:33PM Nataraja: Purple Moon – Light Blue Ashada*Ani
Creative Work	Siddha Yoga		Satguru Purnima		Subha Sivaloka Day

	Friday, July 15, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Manama, Bahrain
					Sun 29 Sutra 94 Khara 5113
Dhanus Rasi: 26.28	Tithi 15 – 16	482876151	Gulika 6:38AM – 8:20AM Yama 3:09PM – 4:51PM Rahu 10:02AM – 11:44AM	Purvashadha* Until 6:23AM Vaidhriti* Until 2:59PM Balava Until 9:41PM Purnima* Until 9:41AM	Ganesha: White <i>Sunrise:</i> 4:56AM Muruqa: Yellow <i>Sunset:</i> 6:33PM Nataraja: Purple Moon – Light Blue Ashada*Ani
Creative Work	Siddha Yoga				Subha Sivaloka Day
Until 10:08PM then no yoga					



Saturday, July 16, 2011
Gold Retreat Star

Makara Rasi: 9.3 Tithi 16 – 17
492876151
No Yoga
Until 6:55AM then Siddha Yoga
Until 10.08PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Gulika 4:56AM – 6:38AM
Yama 1:27PM – 3:09PM
Rahu 8:20AM – 10:02AM

Uttarashadha Until 6:55AM
Vishkambha* Until 1:51PM
Taitila Until 9:31PM
Prathama* Until 9:31AM

Ganesha: White
Muruqa: Yellow
Nataraja: Purple
Moon – Light Blue
Ashada*Adi

Manama, Bahrain
Sutra 95
Khara 5113
Moon 7 - Phase 13
1st Phase
Subha Sivaloka Day



Sunday, July 17, 2011

Makara Rasi: 22.17 Tithi 17 – 18
492876152
Creative Work Amrita Yoga
Until 7:56AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 3:09PM – 4:51PM
Yama 11:45AM – 1:27PM
Rahu 4:51PM – 6:33PM

Sravana Until 7:56AM
Priti Until 1:42PM
Vanija Until 9:51PM
Dvitiya Until 9:51AM

Ganesha: Clear
Muruqa: Yellow
Nataraja: Clear
Moon – Purple
Ashada*Adi

Manama, Bahrain
Sun 1 Sutra 96
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day



Monday, July 18, 2011

Kumbha Rasi: 4.49 Tithi 18 – 19
492876152
Family Home Evening
Creative Work Siddha Yoga
Until 10.08PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 1:27PM – 3:08PM
Yama 10:03AM – 11:45AM
Rahu 6:39AM – 8:21AM

Dhanishtha Until 9:42AM
Ayushman Until 1:25PM
Bava Until 12:13AM Tue
Tritiya Until 11:07AM

Ganesha: Clear
Muruqa: Yellow
Nataraja: Clear
Moon – Purple
Ashada*Adi

Manama, Bahrain
Sun 2 Sutra 97
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day



Tuesday, July 19, 2011

Kumbha Rasi: 17.08 Tithi 19 – 20
492876152
Routine Work Marana Yoga
Until 10.08PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 11:45AM – 1:27PM
Yama 8:21AM – 10:03AM
Rahu 3:08PM – 4:50PM

Satabhisha Until 11:45AM
Saubhagya Until 1:33PM
Kaulava Until 1:37AM Wed
Chaturthi* Until 12:32PM

Ganesha: Clear
Muruqa: Yellow
Nataraja: Clear
Moon – Purple
Ashada*Adi

Manama, Bahrain
Sun 3 Sutra 98
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day



Wednesday, July 20, 2011

Kumbha Rasi: 29.15 Tithi 20 – 21
412876152
Creative Work Amrita Yoga
Until 2:10PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Sobhana/Alhiganda* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 10:03AM – 11:45AM
Yama 6:40AM – 8:21AM
Rahu 11:45AM – 1:26PM

Purvaprostapada* Until 2:10PM
Sobhana Until 2:01PM
Gara Until 3:26AM Thu
Panchami Until 2:20PM

Ganesha: Yellow
Muruqa: Yellow
Nataraja: Clear
Moon – Clear
Ashada*Adi

Manama, Bahrain
Sun 4 Sutra 99
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day



Thursday, July 21, 2011

Meena Rasi: 11.14 Tithi 21 – 22
412876152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprostapada*/Revati Nakshatra Alhiganda*/Sukarma Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Gulika 8:22AM – 10:03AM
Yama 4:58AM – 6:40AM
Rahu 1:26PM – 3:08PM

Uttaraprostapada Until 4:52PM
Athiganda* Until 2:45PM
Visti Until 5:33AM Fri
Shasthi* Until 4:27PM

Ganesha: Yellow
Muruqa: Yellow
Nataraja: Clear
Moon – Clear
Ashada*Adi

Manama, Bahrain
Sun 5 Sutra 100
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day



Friday, July 22, 2011

Meena Rasi: 23.08 Tithi 22
413876152
Creative Work Siddha Yoga
Until 7:43PM then Amrita Yoga
Until 10.08PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Sukarma/Dhriti Yoga Bava Karana Saptami Yam Titau

Gulika 6:40AM – 8:22AM
Yama 3:08PM – 4:49PM
Rahu 10:03AM – 11:45AM

Revati Until 7:43PM
Sukarma Until 3:37PM
Bava Until 7:50AM Sat
Saptami Until 6:44PM

Ganesha: White
Muruqa: Yellow
Nataraja: Clear
Moon – Clear
Ashada*Adi

Manama, Bahrain
Sun 6 Sutra 101
Khara 5113
Moon 7 - Phase 13
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM



Saturday, July 23, 2011
Retreat Star

Mesha Rasi: 5.02 Tithi 23
423876152
Creative Work Siddha Yoga
Until 10:36PM then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Asvini Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 4:59AM – 6:41AM
Yama 1:26PM – 3:08PM
Rahu 8:22AM – 10:04AM

Asvini Until 10:36PM
Dhriti Until 4:31PM
Balava Until 7:58AM
Ashtami* Until 9:03PM

Ganesha: Yellow
Muruqa: Yellow
Nataraja: Clear
Moon – White
Ashada*Adi

Manama, Bahrain
Sun 7 Sutra 102
Khara 5113
Moon 7 - Phase 13
Ashtami
Devaloka Day

Sunday, July 24, 2011

Retreat Star

Mesha Rasi: 16.59 Tithi 24
423876152
No Yoga
Until 10.08PM then Siddha Yoga
Until 1:22AM Mon then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Navami* Yam Titau



Gulika 3:07PM – 4:49PM
Yama 11:45AM – 1:26PM
Rahu 4:49PM – 6:30PM

Bharani Until 1:22AM Mon
Shula* Until 5:18PM
Taitila Until 10:09AM
Navami* Until 11:15PM

Ganesha: Yellow
Muruqa: Yellow
Nataraja: Clear
Moon – White
Ashada*Adi

Manama, Bahrain
Sun 8 Sutra 103
Khara 5113
Moon 7 - Phase 13
Navami
Devaloka Day

Borne along and defiled by the stream of qualities, unsteady, wavering, bewildered, full of desire, distracted, one goes on into the state of self-conceit. In thinking, "This is I" and "That is mine" one binds himself with himself, as does a bird with a snare. Krishna Yajur Veda, Maitu 3.2. UpH, 418

1	Monday, July 25, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Dasami Yam Titau	Manama, Bahrain
	Mesha Rasi: 29.05 Tithi 25 Family Home Evening 433876152 No Yoga Until 10.08PM then Siddha Yoga Until 3:51AM Tue then Amrita Yoga	Gulika 1:26PM – 3:07PM Yama 10:04AM – 11:45AM Rahu 6:42AM – 8:23AM	Krittika Until 3:51AM Tue Ganda* Until 5:50PM Vanija Until 12:03PM Dasami Until 1:08AM Tue
2	Tuesday, July 26, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Ekadasi* Yam Titau	Manama, Bahrain
	Wrishabha Rasi: 11.23 Tithi 26 433876152 Creative Work Amrita Yoga Until 10.08PM then Siddha Yoga	Gulika 11:45AM – 1:26PM Yama 8:23AM – 10:04AM Rahu 3:07PM – 4:48PM	Rohini Until 4:04AM Wed Vridhi Until 5:07PM Bava Until 12:50PM Ekadasi* Until 12:50AM Wed
3	Wednesday, July 27, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau	Manama, Bahrain
	Wrishabha Rasi: 23.59 Tithi 27 433876152 Creative Work Siddha Yoga Until 10.08PM then Marana Yoga	Gulika 10:04AM – 11:45AM Yama 6:42AM – 8:23AM Rahu 11:45AM – 1:26PM	Mrigasira Until 5:24AM Thu Dhruva Until 4:43PM Kaulava Until 1:32PM Dvadasi* Until 1:32AM Thu
4	Thursday, July 28, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Manama, Bahrain
	Mithuna Rasi: 6.58 Tithi 28 433876152 Routine Work Marana Yoga Until 10.08PM then Siddha Yoga	Gulika 8:23AM – 10:04AM Yama 5:02AM – 6:43AM Rahu 1:26PM – 3:06PM	Ardra Until 6:05AM Fri Vyaghata* Until 3:43PM Gara Until 1:31PM Trayodasi* Until 1:31AM Fri <i>Pradosha Vrata (Fasting)</i>
5	Friday, July 29, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Manama, Bahrain
	Mithuna Rasi: 20.19 Tithi 29 433876152 Creative Work Siddha Yoga Until 10.08PM then Marana Yoga Until 4:19AM Sat then Siddha Yoga	Gulika 6:43AM – 8:24AM Yama 3:06PM – 4:47PM Rahu 10:04AM – 11:45AM	Punarvasu Until 4:19AM Sat Harshana Until 1:30PM Visti Until 12:12PM Chaturdasi* Until 11:16PM
	Saturday, July 30, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Manama, Bahrain
	Retreat Star Kataka Rasi: 4.04 Tithi 30 433876152 Creative Work Siddha Yoga	Gulika 5:03AM – 6:43AM Yama 1:25PM – 3:06PM Rahu 8:24AM – 10:04AM	Pushya Until 3:36AM Sun Vajra* Until 11:18AM Catuspada Until 10:44AM Amavasya* Until 9:48PM
	Sunday, July 31, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Manama, Bahrain
	Retreat Star Kataka Rasi: 18.1 Tithi 1 433876152 Creative Work Siddha Yoga	Gulika 3:06PM – 4:46PM Yama 11:45AM – 1:25PM Rahu 4:46PM – 6:26PM	Aslesha* Until 2:17AM Mon Siddhi Until 8:33AM Kintughna Until 8:37AM Prathama* Until 7:42PM

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda, Kathau 5.11. bo UpH, 357

1	Monday, August 1, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Varyan Yoga Balava/Taitila Karana Dvitiya/Tritiya Yam Titau	Manama, Bahrain
	Simha Rasi: 2.32 Tithi 2 - 3 Family Home Evening 453876152 Creative Work Siddha Yoga	Gulika 1:25PM - 3:05PM Yama 10:05AM - 11:45AM Rahu 6:44AM - 8:24AM	Magha* Until 11:17PM Variyan Until 2:41AM Tue Balava Until 6:00AM Dvitiya Until 4:17PM

Ganesha: Blue *Sunrise:* 5:04AM
Muruqa: Yellow *Sunset:* 6:26PM
Nataraja: Clear
Moon - Red
Sravana-Adi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2	Tuesday, August 2, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Manama, Bahrain
	Simha Rasi: 17.05 Tithi 3 - 4 Creative Work Siddha Yoga Until 9:21PM then Amrita Yoga	Gulika 11:45AM - 1:25PM Yama 8:25AM - 10:05AM Rahu 3:05PM - 4:45PM	Purvaphalguni* Until 9:21PM Parigha* Until 10:09PM Vanija Until 11:51PM Tritiya Until 1:34PM

Ganesha: Blue *Sunrise:* 5:05AM
Muruqa: Yellow *Sunset:* 6:25PM
Nataraja: Clear
Moon - Red
Sravana-Adi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

3	Wednesday, August 3, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Manama, Bahrain
	Kanya Rasi: 1.41 Tithi 4 - 5 Creative Work Amrita Yoga Until 7:19PM then Siddha Yoga Until 10.08PM then no yoga	Gulika 10:05AM - 11:45AM Yama 6:45AM - 8:25AM Rahu 11:45AM - 1:25PM	Uttaraphalguni Until 7:19PM Shiva Until 6:49PM Bava Until 9:02PM Chaturthi* Until 10:45AM

Nag Panchami

Ganesha: Blue *Sunrise:* 5:05AM
Muruqa: Yellow *Sunset:* 6:24PM
Nataraja: Clear
Moon - Red
Sravana-Adi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

4	Thursday, August 4, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Manama, Bahrain
	Kanya Rasi: 16.14 Tithi 5 - 6 No Yoga Until 6:11PM then Siddha Yoga	Gulika 8:25AM - 10:05AM Yama 5:05AM - 6:45AM Rahu 1:24PM - 3:04PM	Hasta Until 6:11PM Siddha Until 4:11PM Kaulava Until 7:16PM Panchami Until 8:11AM

Ganesha: Yellow *Sunrise:* 5:05AM
Muruqa: Yellow *Sunset:* 6:24PM
Nataraja: Clear
Moon - Green
Sravana-Adi

Devaloka Day

5	Friday, August 5, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptami Yam Titau	Manama, Bahrain
	Tula Rasi: 0.38 Tithi 7 Creative Work Siddha Yoga	Gulika 6:46AM - 8:25AM Yama 3:04PM - 4:43PM Rahu 10:05AM - 11:44AM	Chitra Until 4:20PM Sadhya Until 12:56PM Gara Until 4:34PM Saptami Until 3:39AM Sat

Ganesha: Yellow *Sunrise:* 5:06AM
Muruqa: Yellow *Sunset:* 6:23PM
Nataraja: Clear
Moon - Green
Sravana-Adi

Devaloka Day

6	Saturday, August 6, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantla Vasara Yuktayam Svati/Visakha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtami* Yam Titau	Manama, Bahrain
	Tula Rasi: 14.52 Tithi 8 Creative Work Siddha Yoga Until 10.08PM then Marana Yoga	Gulika 5:06AM - 6:46AM Yama 1:24PM - 3:03PM Rahu 8:25AM - 10:05AM	Svati Until 2:49PM Subha Until 9:59AM Visti Until 2:14PM Ashtami* Until 1:19AM Sun

Ganesha: Yellow *Sunrise:* 5:06AM
Muruqa: Yellow *Sunset:* 6:22PM
Nataraja: Clear
Moon - Green
Sravana-Adi

Devaloka Day

7	Sunday, August 7, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Visakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau	Manama, Bahrain
	Tula Rasi: 28.52 Tithi 9 Routine Work Marana Yoga Until 10.08PM then Siddha Yoga	Gulika 3:03PM - 4:42PM Yama 11:44AM - 1:24PM Rahu 4:42PM - 6:21PM	Visakha Until 1:41PM Sukla Until 7:23AM Balava Until 12:19PM Navami* Until 11:24PM

Ganesha: White *Sunrise:* 5:07AM
Muruqa: Yellow *Sunset:* 6:21PM
Nataraja: Clear
Moon - Orange
Sravana-Adi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda, Svetu 3.2. VE, 621

<h1 style="font-size: 2em; margin: 0;">1</h1> <p>Monday, August 8, 2011</p> <p>Vrischika Rasi: 12.37 Tilthi 10</p> <p>Family Home Evening 474976152</p> <p>Creative Work Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Tailila/Gara Karana Dasami Yam Titau		Manama, Bahrain Sun 23 Sutra 118 Khara 5113 Moon 7 - Phase 16 4th Phase	
	Gulika 1:23PM – 3:02PM Yama 10:05AM – 11:44AM Rahu 6:47AM – 8:26AM	Anuradha Until 12:56PM Indra Until 2:29AM Tue Tailila Until 10:50AM Dasami Until 9:54PM	Ganesha: White <i>Sunrise: 5:07AM</i> Muruqa: Yellow <i>Sunset: 6:21PM</i> Nataraja: Clear Moon – Orange Sravana-Adi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

<h1 style="font-size: 2em; margin: 0;">2</h1> <p>Tuesday, August 9, 2011</p> <p>Vrischika Rasi: 26.1 Tilthi 11</p> <p>474976152</p> <p>Creative Work Siddha Yoga</p> <p>Until 1:05PM then Amrita Yoga</p> <p>Until 10:07PM then Marana Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau		Manama, Bahrain Sun 24 Sutra 119 Khara 5113 Moon 7 - Phase 16 4th Phase	
	Gulika 11:44AM – 1:23PM Yama 8:26AM – 10:05AM Rahu 3:02PM – 4:41PM	Jyeshtha* Until 1:05PM Vaidhriti* Until 1:57AM Wed Vanija Until 10:04AM Ekadasi Until 10:04PM	Ganesha: White <i>Sunrise: 5:08AM</i> Muruqa: Yellow <i>Sunset: 6:20PM</i> Nataraja: Clear Moon – Orange Sravana-Adi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

<h1 style="font-size: 2em; margin: 0;">3</h1> <p>Wednesday, August 10, 2011</p> <p>Dhanus Rasi: 9.29 Tilthi 12</p> <p>484976152</p> <p>Routine Work Marana Yoga</p> <p>Until 1:05PM then Amrita Yoga</p> <p>Until 10:07PM then Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau		Manama, Bahrain Sun 25 Sutra 120 Khara 5113 Moon 7 - Phase 16 4th Phase	
	Gulika 10:05AM – 11:44AM Yama 6:47AM – 8:26AM Rahu 11:44AM – 1:23PM	Mula* Until 1:05PM Vishkambha* Until 12:19AM Thu Bava Until 9:19AM Dvadasi Until 9:19PM	Ganesha: Clear <i>Sunrise: 5:08AM</i> Muruqa: Yellow <i>Sunset: 6:19PM</i> Nataraja: Clear Moon – Light Blue Sravana-Adi	Devaloka Day

<h1 style="font-size: 2em; margin: 0;">4</h1> <p>Thursday, August 11, 2011</p> <p>Dhanus Rasi: 22.37 Tilthi 13</p> <p>484976152</p> <p>Creative Work Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Tailila Karana Trayodasi Yam Titau		Manama, Bahrain Sun 26 Sutra 121 Khara 5113 Moon 7 - Phase 16 4th Phase	
	Gulika 8:26AM – 10:05AM Yama 5:09AM – 6:48AM Rahu 1:22PM – 3:01PM	Purvashadha* Until 1:28PM Priti Until 11:01PM Kaulava Until 8:59AM Trayodasi Until 8:59PM <i>Pradosha Vrata</i>	Ganesha: Clear <i>Sunrise: 5:09AM</i> Muruqa: Yellow <i>Sunset: 6:18PM</i> Nataraja: Clear Moon – Light Blue Sravana-Adi	Devaloka Day

<h1 style="font-size: 2em; margin: 0;">5</h1> <p>Friday, August 12, 2011</p> <p>Makara Rasi: 5.34 Tilthi 14</p> <p>484976152</p> <p>Creative Work Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Sravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Manama, Bahrain Sun 27 Sutra 122 Khara 5113 Moon 7 - Phase 16 4th Phase	
	Gulika 6:48AM – 8:26AM Yama 3:01PM – 4:39PM Rahu 10:05AM – 11:44AM	Uttarashadha Until 2:12PM Ayushman Until 10:04PM Gara Until 9:02AM Chaturdasi* Until 9:02PM	Ganesha: Clear <i>Sunrise: 5:09AM</i> Muruqa: Yellow <i>Sunset: 6:18PM</i> Nataraja: Clear Moon – Light Blue Sravana-Adi	Devaloka Day

<h1 style="font-size: 2em; margin: 0;">O</h1> <p>Saturday, August 13, 2011</p> <p>Copper Retreat Star</p> <p>Makara Rasi: 18.18 Tilthi 15</p> <p>494976152</p> <p>Creative Work Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantla Vasara Yuktayam Sravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau		Manama, Bahrain Sutra 123 Khara 5113 Moon 7 - Phase 16 Purnima	
	Gulika 5:10AM – 6:48AM Yama 1:22PM – 3:00PM Rahu 8:27AM – 10:05AM Raksha Bandhan	Sravana Until 3:18PM Saubhagya Until 9:26PM Visti Until 9:29AM Purnima* Until 9:29PM	Ganesha: Purple <i>Sunrise: 5:10AM</i> Muruqa: Yellow <i>Sunset: 6:17PM</i> Nataraja: Clear Moon – Purple Sravana-Adi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

<p>Sunday, August 14, 2011</p> <p>Silver Retreat Star</p> <p>Kumbha Rasi: 0.51 Tilthi 16</p> <p>494976152</p> <p>Creative Work Siddha Yoga</p>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau		Manama, Bahrain Sutra 124 Khara 5113 Moon 7 - Phase 16 Prathama	
	Gulika 3:00PM – 4:38PM Yama 11:43AM – 1:21PM Rahu 4:38PM – 6:16PM	Dhanishtha Until 5:38PM Sobhana Until 10:18PM Balava Until 10:41AM Prathama* Until 11:46PM	Ganesha: Purple <i>Sunrise: 5:10AM</i> Muruqa: Yellow <i>Sunset: 6:16PM</i> Nataraja: Clear Moon – Purple Sravana-Adi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. %oig Veda Sarhita 9.113.9. VE, 634



Monday, August 15, 2011
Gold Retreat Star

Kumbha Rasi: 13.13 Tithi 17
Family Home Evening 494976152
Creative Work Siddha Yoga
Until 7:34PM then no yoga
Until 10.06PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Satabhisha Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiya Yam Titau

Gulika 1:21PM – 2:59PM **Satabhisha Until 7:34PM**
Yama 10:05AM – 11:43AM **Athiganda* Until 10:18PM**
Rahu 6:49AM – 8:27AM **Taitila Until 11:59AM**
Dvitiya Until 1:04AM Tue

Ganesha: Purple *Sunrise:* 5:11AM
Muruqa: Yellow *Sunset:* 6:15PM
Nataraja: Clear
Moon – Purple
Sravana-Adi

Manama, Bahrain
Sun 1 Sutra 125
Khara 5113
Moon 8 - Phase 17
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Tuesday, August 16, 2011

Kumbha Rasi: 25.25 Tithi 18
414976152
Routine Work Marana Yoga
Until 9:51PM then Amrita Yoga
Until 10.06PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprostapada* Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiya Yam Titau

Gulika 11:43AM – 1:21PM **Purvaprostapada* Until 9:51PM**
Yama 8:27AM – 10:05AM **Sukarma Until 10:38PM**
Rahu 2:59PM – 4:36PM **Vanija Until 1:39PM**
Tritiya Until 2:44AM Wed

Ganesha: White *Sunrise:* 5:11AM
Muruqa: Yellow *Sunset:* 6:14PM
Nataraja: Clear
Moon – Clear
Sravana-Adi

Manama, Bahrain
Sun 2 Sutra 126
Khara 5113
Moon 8 - Phase 17
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2

Wednesday, August 17, 2011

Meena Rasi: 7.28 Tithi 19
415976152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprostapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthi* Yam Titau

Gulika 10:05AM – 11:43AM **Uttaraprostapada Until 12:25AM Thu**
Yama 6:49AM – 8:27AM **Dhriti Until 11:14PM**
Rahu 11:43AM – 1:20PM **Bava Until 3:38PM**
Chaturthi* Until 4:43AM Thu

Ganesha: Clear *Sunrise:* 5:12AM
Muruqa: Yellow *Sunset:* 6:13PM
Nataraja: Clear
Moon – Clear
Sravana-Avani

Manama, Bahrain
Sun 3 Sutra 127
Khara 5113
Moon 8 - Phase 17
1st Phase

Devaloka Day

3

Thursday, August 18, 2011

Meena Rasi: 19.24 Tithi 20
515976152
Creative Work Siddha Yoga
Until 3:13AM Fri then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Shula* Yoga Kaulava/Taitila Karana Panchami Yam Titau

Gulika 8:27AM – 10:05AM **Revati Until 3:13AM Fri**
Yama 5:12AM – 6:50AM **Shula* Until 12:02AM Fri**
Rahu 1:20PM – 2:57PM **Kaulava Until 5:52PM**
Panchami Until 7:11AM Fri

Ganesha: Purple *Sunrise:* 5:12AM
Muruqa: Yellow *Sunset:* 6:12PM
Nataraja: Clear
Moon – Clear
Sravana-Avani

Manama, Bahrain
Sun 4 Sutra 128
Khara 5113
Moon 8 - Phase 17
1st Phase

Sivaloka Day

4

Friday, August 19, 2011

Mesha Rasi: 1.16 Tithi 20 – 21
525976152
Creative Work Amrita Yoga
Until 10.05PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Asvini Nakshatra Ganda* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 6:50AM – 8:27AM **Asvini Until 6:26AM Sat**
Yama 2:57PM – 4:34PM **Ganda* Until 12:58AM Sat**
Rahu 10:05AM – 11:42AM **Gara Until 8:16PM**
Panchami Until 7:11AM

Ganesha: Clear *Sunrise:* 5:13AM
Muruqa: Yellow *Sunset:* 6:12PM
Nataraja: Clear
Moon – White
Sravana-Avani

Manama, Bahrain
Sun 5 Sutra 129
Khara 5113
Moon 8 - Phase 17
1st Phase

Devaloka Day

5

Saturday, August 20, 2011

Mesha Rasi: 13.07 Tithi 21 – 22
525976152
Creative Work Siddha Yoga
Until 10.05PM then no yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam
Asvini/Bharani Nakshatra Vriddhi Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Gulika 5:13AM – 6:50AM **Asvini Until 6:26AM**
Yama 1:19PM – 2:56PM **Vriddhi Until 1:56AM Sun**
Rahu 8:28AM – 10:05AM **Visti Until 10:41PM**
Shasthi* Until 9:36AM

Ganesha: Clear *Sunrise:* 5:13AM
Muruqa: Yellow *Sunset:* 6:11PM
Nataraja: Clear
Moon – White
Sravana-Avani

Manama, Bahrain
Sun 6 Sutra 130
Khara 5113
Moon 8 - Phase 17
1st Phase

Devaloka Day



Sunday, August 21, 2011
Retreat Star

Mesha Rasi: 25.01 Tithi 22 – 23
525976152
No Yoga
Until 9:17AM then Siddha Yoga
Until 10.05PM then no yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 2:56PM – 4:33PM **Bharani Until 9:17AM**
Yama 11:42AM – 1:19PM **Dhruva Until 2:47AM Mon**
Rahu 4:33PM – 6:10PM **Balava Until 12:59AM Mon**
Krishna Janmashtami
Saptami Until 11:54AM

Ganesha: Clear *Sunrise:* 5:14AM
Muruqa: Yellow *Sunset:* 6:10PM
Nataraja: Clear
Moon – White
Sravana-Avani

Manama, Bahrain
Sun 7 Sutra 131
Khara 5113
Moon 8 - Phase 17
Ashtami

Devaloka Day

Monday, August 22, 2011
Retreat Star

Vrishabha Rasi: 7.04 Tithi 23 – 24
Family Home Evening 525976152
No Yoga
Until 11:51AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Gulika 1:18PM – 2:55PM **Krittika Until 11:51AM**
Yama 10:05AM – 11:41AM **Vyaghata* Until 3:22AM Tue**
Rahu 6:51AM – 8:28AM **Taitila Until 2:59AM Tue**
Ashtami* Until 1:53PM

Ganesha: Clear *Sunrise:* 5:14AM
Muruqa: Yellow *Sunset:* 6:09PM
Nataraja: Clear
Moon – White
Sravana-Avani

Manama, Bahrain
Sun 8 Sutra 132
Khara 5113
Moon 8 - Phase 17
Navami

Devaloka Day


1	Tuesday, August 23, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigasira Nakshatra Harshana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau	Manama, Bahrain
	Wishabha Rasi: 19.21 Tithi 24 – 25 535976152	Gulika 11:41AM – 1:18PM Yama 8:28AM – 10:04AM Rahu 2:54PM – 4:31PM	Sun 9 Sutra 133 Khara 5113 Moon 8 - Phase 18 2nd Phase
	Creative Work Amrita Yoga Until 1:21PM then Siddha Yoga	Rohini Until 1:21PM Harshana Until 2:00AM Wed Vanija Until 2:36AM Wed Navami* Until 2:36PM	Ganesha: White <i>Sunrise:</i> 5:14AM Muruqa: Yellow <i>Sunset:</i> 6:08PM Nataraja: Clear Moon – Yellow Sravana*Avani
			Sivaloka Day

2	Wednesday, August 24, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira/Ardra Nakshatra Vajra* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Manama, Bahrain
	Mithuna Rasi: 1.58 Tithi 25 – 26 535976152	Gulika 10:04AM – 11:41AM Yama 6:51AM – 8:28AM Rahu 11:41AM – 1:17PM	Sun 10 Sutra 134 Khara 5113 Moon 8 - Phase 18 2nd Phase
	Creative Work Siddha Yoga Until 10:04PM then Marana Yoga	Mrigasira Until 2:42PM Vajra* Until 1:36AM Thu Bava Until 3:19AM Thu Dasami Until 3:19PM	Ganesha: White <i>Sunrise:</i> 5:15AM Muruqa: Yellow <i>Sunset:</i> 6:07PM Nataraja: Clear Moon – Yellow Sravana*Avani
			Sivaloka Day

3	Thursday, August 25, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Manama, Bahrain
	Mithuna Rasi: 14.58 Tithi 26 – 27 535976152	Gulika 8:28AM – 10:04AM Yama 5:15AM – 6:52AM Rahu 1:17PM – 2:53PM	Sun 11 Sutra 135 Khara 5113 Moon 8 - Phase 18 2nd Phase
	Routine Work Marana Yoga Until 3:18PM then Amrita Yoga Until 10:04PM then Siddha Yoga	Ardra Until 3:18PM Siddhi Until 12:31AM Fri Kaulava Until 3:14AM Fri Ekadasi* Until 3:14PM	Ganesha: White <i>Sunrise:</i> 5:15AM Muruqa: Yellow <i>Sunset:</i> 6:06PM Nataraja: Clear Moon – Yellow Sravana*Avani
			Sivaloka Day

4	Friday, August 26, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Manama, Bahrain
	Mithuna Rasi: 28.25 Tithi 27 – 28 545976152	Gulika 6:52AM – 8:28AM Yama 2:53PM – 4:29PM Rahu 10:04AM – 11:40AM	Sun 12 Sutra 136 Khara 5113 Moon 8 - Phase 18 2nd Phase
	Creative Work Siddha Yoga Until 2:26PM then Marana Yoga Until 10:04PM then Siddha Yoga	Punarvasu Until 2:26PM Vyatipata* Until 9:32PM Gara Until 12:42AM Sat Dvadasi* Until 1:37PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Yellow <i>Sunrise:</i> 5:16AM Muruqa: Yellow <i>Sunset:</i> 6:05PM Nataraja: Clear Moon – Blue Sravana*Avani
			Devaloka Day

5	Saturday, August 27, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam Pushya/Aslesha* Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Manama, Bahrain
	Kataka Rasi: 12.2 Tithi 28 – 29 546976152	Gulika 5:16AM – 6:52AM Yama 1:16PM – 2:52PM Rahu 8:28AM – 10:04AM	Sun 13 Sutra 137 Khara 5113 Moon 8 - Phase 18 2nd Phase
	Creative Work Siddha Yoga Until 1:26PM then Marana Yoga Until 10:03PM then Siddha Yoga	Pushya Until 1:26PM Variyan Until 7:03PM Visti Until 10:56PM Trayodasi* Until 11:51AM	Ganesha: White <i>Sunrise:</i> 5:16AM Muruqa: Yellow <i>Sunset:</i> 6:04PM Nataraja: Clear Moon – Blue Sravana*Avani
			Bhuloka Day Devaloka Time: 3:PM to 6:PM

	Sunday, August 28, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Aslesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Manama, Bahrain
	Retreat Star Kataka Rasi: 26.41 Tithi 29 – 30 546976152	Gulika 2:51PM – 4:27PM Yama 11:40AM – 1:16PM Rahu 4:27PM – 6:03PM	Sun 14 Sutra 138 Khara 5113 Moon 8 - Phase 18 Amavasya
	Creative Work Siddha Yoga Until 11:18AM then Marana Yoga Until 10:03PM then Siddha Yoga	Aslesha* Until 11:18AM Parigha* Until 3:16PM Catuspada Until 7:21PM Chaturdasi* Until 9:04AM	Ganesha: White <i>Sunrise:</i> 5:17AM Muruqa: Yellow <i>Sunset:</i> 6:03PM Nataraja: White Moon – Blue Sravana*Avani
			Devaloka Day

Monday, August 29, 2011	Retreat Star	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Shiva/Siddha Yoga Naga*/Bava Karana Amavasya*/Prathama* Yam Titau	Manama, Bahrain
	Simha Rasi: 11.23 Tithi 30 – 1 Family Home Evening 556976153	Gulika 1:15PM – 2:51PM Yama 10:04AM – 11:39AM Rahu 6:53AM – 8:28AM	Sun 15 Sutra 139 Khara 5113 Moon 8 - Phase 18 Prathama
	Creative Work Siddha Yoga	Magha* Until 9:07AM Shiva Until 11:46AM Bava Until 2:40AM Tue Amavasya* Until 6:06AM	Ganesha: Green <i>Sunrise:</i> 5:17AM Muruqa: Yellow <i>Sunset:</i> 6:02PM Nataraja: White Moon – Red Bhadrapada*Avani
			Devaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda, Svetu 6.2. UpR, 743


1	Tuesday, August 30, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dviliya Yam Titau		Manama, Bahrain
	Simha Rasi: 26.18	Tithi 2	566176153		Sun 16 Sutra 140 Khara 5113
	Creative Work Siddha Yoga		Gulika 11:39AM – 1:15PM	Purvaphalguni* Until 6:35AM	Ganesha: Blue <i>Sunrise:</i> 5:17AM
	Until 6:35AM then Amrita Yoga		Yama 8:28AM – 10:04AM	Siddha Until 7:57AM	Muruqa: Yellow <i>Sunset:</i> 6:01PM
			Rahu 2:50PM – 4:25PM	Balava Until 1:02PM	Nataraja: White
				Dvitiya Until 11:19PM	Moon – Red
					Bhadrapada*Avani
					Devaloka Day

2	Wednesday, August 31, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiya Yam Titau		Manama, Bahrain
	Kanya Rasi: 11.18	Tithi 3	566176153		Sun 17 Sutra 141 Khara 5113
	Creative Work Siddha Yoga		Gulika 10:04AM – 11:39AM	Hasta Until 1:16AM Thu	Ganesha: Blue <i>Sunrise:</i> 5:18AM
	Until 10:02PM then no yoga		Yama 6:53AM – 8:28AM	Subha Until 12:00PM	Muruqa: Yellow <i>Sunset:</i> 6:00PM
	Until 1:16AM Thu then Siddha Yoga		Rahu 11:39AM – 1:14PM	Taitila Until 9:33AM	Nataraja: White
				Tritiya Until 7:51PM	Moon – Green
					Bhadrapada*Avani
					Devaloka Day

3	Thursday, September 1, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Bava Karana Chaturthi*/Panchami Yam Titau		Manama, Bahrain
	Kanya Rasi: 26.13	Tithi 4 – 5	566176153		Sun 18 Sutra 142 Khara 5113
	Creative Work Siddha Yoga		Gulika 8:28AM – 10:03AM	Chitra Until 10:43PM	Ganesha: Blue <i>Sunrise:</i> 5:18AM
			Yama 5:18AM – 6:53AM	Sukla Until 8:10PM	Muruqa: Yellow <i>Sunset:</i> 5:59PM
			Rahu 1:14PM – 2:49PM	Vanija Until 6:12AM	Nataraja: White
				Chaturthi* Until 4:29PM	Moon – Green
			Ganesha Chaturthi		Bhadrapada*Avani
					Devaloka Day

4	Friday, September 2, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Manama, Bahrain
	Tula Rasi: 10.56	Tithi 5 – 6	566176153		Sun 19 Sutra 143 Khara 5113
	Creative Work Siddha Yoga		Gulika 6:54AM – 8:28AM	Svati Until 9:32PM	Ganesha: Blue <i>Sunrise:</i> 5:19AM
	Until 9:32PM then Marana Yoga		Yama 2:48PM – 4:23PM	Brahma Until 5:21PM	Muruqa: Yellow <i>Sunset:</i> 5:58PM
	Until 10:02PM then Siddha Yoga		Rahu 10:03AM – 11:38AM	Kaulava Until 1:08AM Sat	Nataraja: White
				Panchami Until 2:04PM	Moon – Green
					Bhadrapada*Avani
					Devaloka Day

5	Saturday, September 3, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Visakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau		Manama, Bahrain
	Tula Rasi: 25.22	Tithi 6 – 7	577176153		Sun 20 Sutra 144 Khara 5113
	Creative Work Siddha Yoga		Gulika 5:19AM – 6:54AM	Visakha Until 7:40PM	Ganesha: Blue <i>Sunrise:</i> 5:19AM
	Until 10:01PM then Marana Yoga		Yama 1:13PM – 2:47PM	Indra Until 2:03PM	Muruqa: Yellow <i>Sunset:</i> 5:57PM
			Rahu 8:29AM – 10:03AM	Gara Until 10:27PM	Nataraja: White
				Shasthi* Until 11:23AM	Moon – Orange
					Bhadrapada*Avani
					Subha Sivaloka Day

	Sunday, September 4, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Manama, Bahrain
	Retreat Star				Sun 21 Sutra 145 Khara 5113
Vrischika Rasi: 9.26	Tithi 7 – 8	577176153	Gulika 2:47PM – 4:21PM	Anuradha Until 6:24PM	Ganesha: Blue <i>Sunrise:</i> 5:20AM
			Yama 11:38AM – 1:12PM	Vaidhriti* Until 11:19AM	Muruqa: Yellow <i>Sunset:</i> 5:56PM
			Rahu 4:21PM – 5:56PM	Visti Until 8:25PM	Nataraja: White
				Saptami Until 9:20AM	Moon – Orange
					Bhadrapada*Avani
					Subha Sivaloka Day

Monday, September 5, 2011	Retreat Star		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Manama, Bahrain
	Vrischika Rasi: 23.09	Tithi 8 – 9	577176153		Sun 22 Sutra 146 Khara 5113
Family Home Evening			Gulika 1:12PM – 2:46PM	Jyeshtha* Until 6:39PM	Ganesha: Blue <i>Sunrise:</i> 5:20AM
Creative Work Siddha Yoga			Yama 10:03AM – 11:37AM	Vishkambha* Until 9:23AM	Muruqa: Yellow <i>Sunset:</i> 5:54PM
Until 10:01PM then Amrita Yoga			Rahu 6:54AM – 8:29AM	Balava Until 8:08PM	Nataraja: White
				Ashtami* Until 8:08AM	Moon – Orange
					Bhadrapada*Avani
					Subha Sivaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Mundu 1.1.7. bo UpR, 673

1	Tuesday, September 6, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Manama, Bahrain Sun 23 Sutra 147 Khara 5113
	Dhanus Rasi: 6.31 Tithi 9 – 10 587176153	Gulika 11:37AM – 1:11PM Yama 8:29AM – 10:03AM Rahu 2:45PM – 4:19PM	Mula* Until 6:35PM Priti Until 7:39AM Taitila Until 7:19PM Navami* Until 7:19AM

Creative Work Amrita Yoga
Until 6:35PM then Siddha Yoga
Until 10.00PM then Amrita Yoga

Ganesha: Yellow <i>Sunrise:</i> 5:20AM	Muruqa: Yellow <i>Sunset:</i> 5:53PM	Moon 8 - Phase 20	Sivaloka Day
Nataraja: White	Moon – Light Blue	4th Phase	

2	Wednesday, September 7, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Manama, Bahrain Sun 24 Sutra 148 Khara 5113
	Dhanus Rasi: 19.36 Tithi 10 – 11 587176153	Gulika 10:03AM – 11:37AM Yama 6:55AM – 8:29AM Rahu 11:37AM – 1:10PM	Purvashadha* Until 7:03PM Ayushman Until 6:26AM Vanija Until 7:06PM Dasami Until 7:06AM

Creative Work Amrita Yoga
Until 10.00PM then Siddha Yoga

Ganesha: Yellow <i>Sunrise:</i> 5:21AM	Muruqa: Yellow <i>Sunset:</i> 5:52PM	Moon 8 - Phase 20	Sivaloka Day
Nataraja: White	Moon – Light Blue	4th Phase	

3	Thursday, September 8, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Manama, Bahrain Sun 25 Sutra 149 Khara 5113
	Makara Rasi: 2.26 Tithi 11 – 12 587176153	Gulika 8:29AM – 10:02AM Yama 5:21AM – 6:55AM Rahu 1:10PM – 2:44PM	Uttarashadha Until 7:59PM Sobhana Until 4:29AM Fri Bava Until 7:23PM Ekadasi Until 7:23AM

Creative Work Siddha Yoga

Ganesha: Yellow <i>Sunrise:</i> 5:21AM	Muruqa: Yellow <i>Sunset:</i> 5:51PM	Moon 8 - Phase 20	Sivaloka Day
Nataraja: White	Moon – Light Blue	4th Phase	

4	Friday, September 9, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Sravana Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Manama, Bahrain Sun 26 Sutra 150 Khara 5113
	Makara Rasi: 15.03 Tithi 12 – 13 597176153	Gulika 6:55AM – 8:29AM Yama 2:43PM – 4:17PM Rahu 10:02AM – 11:36AM	Sravana Until 10:34PM Athiganda* Until 5:44AM Sat Kaulava Until 9:21PM Dvadasi Until 8:16AM

Creative Work Siddha Yoga

Pradosha Vrata


Ganesha: White <i>Sunrise:</i> 5:22AM	Muruqa: Yellow <i>Sunset:</i> 5:50PM	Moon 8 - Phase 20	Subha Sivaloka Day
Nataraja: White	Moon – Purple	4th Phase	

5	Saturday, September 10, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Manama, Bahrain Sun 27 Sutra 151 Khara 5113
	Makara Rasi: 27.31 Tithi 13 – 14 598176153	Gulika 5:22AM – 6:55AM Yama 1:09PM – 2:42PM Rahu 8:29AM – 10:02AM	Dhanishtha Until 12:19AM Sun Sukarma Until 5:34AM Sun Gara Until 10:29PM Trayodasi Until 9:23AM

Creative Work Siddha Yoga

Chidambaram Abhishekam

Ganesha: Yellow <i>Sunrise:</i> 5:22AM	Muruqa: Yellow <i>Sunset:</i> 5:49PM	Moon 8 - Phase 20	Sivaloka Day
Nataraja: White	Moon – Purple	4th Phase	

	Sunday, September 11, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Manama, Bahrain Sutra 152 Khara 5113
	Kumbha Rasi: 9.49 Tithi 14 – 15 598176153	Gulika 2:42PM – 4:15PM Yama 11:35AM – 1:08PM Rahu 4:15PM – 5:48PM	Satabhisha Until 2:22AM Mon Dhriti Until 5:39AM Mon Visti Until 11:55PM Chaturdasi* Until 10:50AM

Creative Work Siddha Yoga
Until 2:22AM Mon then no yoga

Grandparent's Day

Ganesha: Yellow <i>Sunrise:</i> 5:22AM	Muruqa: Yellow <i>Sunset:</i> 5:48PM	Moon 8 - Phase 20	Sivaloka Day
Nataraja: White	Moon – Purple	Purnima	

Monday, September 12, 2011	Silver Retreat Star	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprostapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Manama, Bahrain Sutra 153 Khara 5113
	Kumbha Rasi: 22 Tithi 15 – 16 Family Home Evening 518186153 No Yoga	Gulika 1:08PM – 2:41PM Yama 10:02AM – 11:35AM Rahu 6:56AM – 8:29AM	Purvaprostapada* Until 4:40AM Tue Shula* Until 5:59AM Tue Balava Until 1:39AM Tue Purnima* Until 12:34PM

Until 9.58PM then Marana Yoga
Until 4:40AM Tue then Amrita Yoga

Ganesha: Yellow <i>Sunrise:</i> 5:23AM	Muruqa: White <i>Sunset:</i> 5:47PM	Moon 8 - Phase 20	Subha Sivaloka Day
Nataraja: White	Moon – Clear	Prathama	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376



Tuesday, September 13, 2011
Gold Retreat Star

Meena Rasi: 4.04 Tithi 16 – 17
518186153
Creative Work Amrita Yoga
Until 9.58PM then Siddha Yoga
Until 7:18AM Wed then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprostapada Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 11:34AM – 1:07PM **Uttaraprostapada Until 7:18AM Wed**
Yama 8:29AM – 10:02AM **Ganda* Until 6:40AM Wed**
Rahu 2:40PM – 4:13PM **Taitila Until 3:39AM Wed**
Prathama* Until 2:33PM

Ganesha: Yellow *Sunrise: 5:23AM*
Muruqa: White *Sunset: 5:46PM*
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Bhadrapada*Avani

Manama, Bahrain
Sutra 154
Khara 5113
Moon 9 - Phase 21
1st Phase

1

Wednesday, September 14, 2011

Meena Rasi: 16.01 Tithi 17 – 18
518186153
Creative Work Siddha Yoga
Until 7:18AM then Marana Yoga
Until 9.58PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 10:01AM – 11:34AM **Uttaraprostapada Until 7:18AM**
Yama 6:56AM – 8:29AM **Ganda* Until 6:40AM**
Rahu 11:34AM – 1:07PM **Vanija Until 5:51AM Thu**
Dvitiya Until 4:46PM

Ganesha: Yellow *Sunrise: 5:24AM*
Muruqa: White *Sunset: 5:45PM*
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Bhadrapada*Avani

Manama, Bahrain
Sun 1 Sutra 155
Khara 5113
Moon 9 - Phase 21
1st Phase

2

Thursday, September 15, 2011

Meena Rasi: 27.54 Tithi 18
518186153
Creative Work Siddha Yoga
Until 10:12AM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Asvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 8:29AM – 10:01AM **Revati Until 10:12AM**
Yama 5:24AM – 6:56AM **Vridhhi Until 7:33AM**
Rahu 1:06PM – 2:39PM **Vanija Until 6:04AM**
Tritiya Until 7:09PM

Ganesha: Yellow *Sunrise: 5:24AM*
Muruqa: White *Sunset: 5:43PM*
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Bhadrapada*Avani

Manama, Bahrain
Sun 2 Sutra 156
Khara 5113
Moon 9 - Phase 21
1st Phase

3

Friday, September 16, 2011

Mesha Rasi: 9.44 Tithi 19
529186153
Creative Work Amrita Yoga
Until 1:12PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Asvini/Bharani Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 6:57AM – 8:29AM **Asvini Until 1:12PM**
Yama 2:38PM – 4:10PM **Dhruva Until 8:32AM**
Rahu 10:01AM – 11:33AM **Bava Until 8:33AM**
Chaturthi* Until 9:39PM

Ganesha: Red *Sunrise: 5:24AM*
Muruqa: White *Sunset: 5:42PM*
Nataraja: White
Moon – White
Subha Sivaloka Day
Bhadrapada*Avani

Manama, Bahrain
Sun 3 Sutra 157
Khara 5113
Moon 9 - Phase 21
1st Phase

4

Saturday, September 17, 2011

Mesha Rasi: 21.34 Tithi 20
529186153
Creative Work Siddha Yoga
Until 4:13PM then Amrita Yoga
Until 9.56PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 5:25AM – 6:57AM **Bharani Until 4:13PM**
Yama 1:05PM – 2:37PM **Vyaghata* Until 9:30AM**
Rahu 8:29AM – 10:01AM **Kaulava Until 11:04AM**
Panchami Until 12:09AM Sun

Ganesha: Red *Sunrise: 5:25AM*
Muruqa: White *Sunset: 5:41PM*
Nataraja: White
Moon – White
Subha Sivaloka Day
Bhadrapada*Puratasi

Manama, Bahrain
Sun 4 Sutra 158
Khara 5113
Moon 9 - Phase 21
1st Phase

5

Sunday, September 18, 2011

Vrishabha Rasi: 3.26 Tithi 21
529186153
Creative Work Siddha Yoga
Until 9.56PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 2:36PM – 4:08PM **Krittika Until 7:07PM**
Yama 11:33AM – 1:05PM **Harshana Until 10:23AM**
Rahu 4:08PM – 5:40PM **Gara Until 1:26PM**
Shasthi* Until 2:32AM Mon

Ganesha: Red *Sunrise: 5:25AM*
Muruqa: White *Sunset: 5:40PM*
Nataraja: White
Moon – White
Subha Sivaloka Day
Bhadrapada*Puratasi

Manama, Bahrain
Sun 5 Sutra 159
Khara 5113
Moon 9 - Phase 21
1st Phase

6

Monday, September 19, 2011

Vrishabha Rasi: 15.28 Tithi 22
539186153
Family Home Evening
Creative Work Amrita Yoga
Until 9.45PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 1:04PM – 2:36PM **Rohini Until 9:45PM**
Yama 10:01AM – 11:32AM **Vajra* Until 11:00AM**
Rahu 6:57AM – 8:29AM **Visti Until 3:32PM**
Saptami Until 4:37AM Tue

Ganesha: Green *Sunrise: 5:26AM*
Muruqa: White *Sunset: 5:39PM*
Nataraja: White
Moon – Yellow
Subha Subha Sivaloka Day
Bhadrapada*Puratasi

Manama, Bahrain
Sun 6 Sutra 160
Khara 5113
Moon 9 - Phase 21
1st Phase



Tuesday, September 20, 2011
Retreat Star

Vrishabha Rasi: 27.42 Tithi 23
539186153
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigasira Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 11:32AM – 1:03PM **Mrigasira Until 10:34PM**
Yama 8:29AM – 10:00AM **Siddhi Until 10:51AM**
Rahu 2:35PM – 4:06PM **Balava Until 4:13PM**
Ashtami* Until 4:13AM Wed

Ganesha: Green *Sunrise: 5:26AM*
Muruqa: White *Sunset: 5:38PM*
Nataraja: White
Moon – Yellow
Subha Subha Sivaloka Day
Bhadrapada*Puratasi

Manama, Bahrain
Sun 7 Sutra 161
Khara 5113
Moon 9 - Phase 21
Ashtami

Wednesday, September 21, 2011

Retreat Star

Mithuna Rasi: 10.14 Tithi 24
539186153
Creative Work Siddha Yoga
Until 9.55PM then Marana Yoga
Until 12:01AM Thu then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 10:00AM – 11:32AM **Ardra Until 12:01AM Thu**
Yama 6:58AM – 8:29AM **Vyatipata* Until 10:32AM**
Rahu 11:32AM – 1:03PM **Taitila Until 5:05PM**
Navami* Until 5:05AM Thu

Ganesha: Green *Sunrise: 5:26AM*
Muruqa: White *Sunset: 5:37PM*
Nataraja: White
Moon – Yellow
Subha Subha Sivaloka Day
Bhadrapada*Puratasi

Manama, Bahrain
Sun 8 Sutra 162
Khara 5113
Moon 9 - Phase 21
Navami

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda, Svetu 2.9. UpP, 192


1	Thursday, September 22, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Vanja/Visti* Karana Dasami Yam Titau				Manama, Bahrain
	Mithuna Rasi: 23.11	Tithi 25	549186153	Gulika 8:29AM – 10:00AM Yama 5:27AM – 6:58AM Rahu 1:02PM – 2:33PM	Punarvasu Until 12:44AM Fri Variyan Until 9:31AM Vanija Until 5:09PM Dasami Until 5:09AM Fri	Ganesha: Orange <i>Sunrise: 5:27AM</i> Muruqa: White <i>Sunset: 5:36PM</i> Nataraja: White Moon – Blue Bhadrapada•Puratasi	Sun 9 Sutra 163 Khara 5113 Moon 9 - Phase 22 2nd Phase Subha Sivaloka Day
Creative Work Amrita Yoga							
Until 9:55PM then Siddha Yoga							
Until 12:44AM Fri then Marana Yoga							

2	Friday, September 23, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadasi* Yam Titau				Manama, Bahrain
	Kataka Rasi: 6.35	Tithi 26	549286153	Gulika 6:58AM – 8:29AM Yama 2:33PM – 4:04PM Rahu 10:00AM – 11:31AM	Pushya Until 11:16PM Parigha* Until 7:36AM Bava Until 3:30PM Ekadasi* Until 2:34AM Sat	Ganesha: Green <i>Sunrise: 5:27AM</i> Muruqa: White <i>Sunset: 5:35PM</i> Nataraja: White Moon – Blue Bhadrapada•Puratasi	Sun 10 Sutra 164 Khara 5113 Moon 9 - Phase 22 2nd Phase Sivaloka Day
Routine Work Marana Yoga							
Until 9:54PM then Siddha Yoga							
Until 11:16PM then Marana Yoga							

3	Saturday, September 24, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau				Manama, Bahrain
	Kataka Rasi: 20.3	Tithi 27	541286153	Gulika 5:28AM – 6:58AM Yama 1:01PM – 2:32PM Rahu 8:29AM – 10:00AM	Aslesha* Until 10:17PM Siddha Until 2:27AM Sun Kaulava Until 1:47PM Dvadasi* Until 12:52AM Sun	Ganesha: Purple <i>Sunrise: 5:28AM</i> Muruqa: White <i>Sunset: 5:33PM</i> Nataraja: White Moon – Blue Bhadrapada•Puratasi	Sun 11 Sutra 165 Khara 5113 Moon 9 - Phase 22 2nd Phase Sivaloka Day
Routine Work Marana Yoga							
Until 9:54PM then Siddha Yoga							
Until 10:17PM then Marana Yoga							

4	Sunday, September 25, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Manama, Bahrain
	Simha Rasi: 4.53	Tithi 28	551286153	Gulika 2:31PM – 4:02PM Yama 11:30AM – 1:01PM Rahu 4:02PM – 5:32PM	Magha* Until 7:31PM Sadhya Until 10:08PM Gara Until 10:49AM Trayodasi* Until 9:06PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Light Blue <i>Sunrise: 5:28AM</i> Muruqa: White <i>Sunset: 5:32PM</i> Nataraja: White Moon – Red Bhadrapada•Puratasi	Sun 12 Sutra 166 Khara 5113 Moon 9 - Phase 22 2nd Phase Sivaloka Day
Routine Work Marana Yoga							
Until 7:31PM then Siddha Yoga							

5	Monday, September 26, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha Yoga Visti*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Manama, Bahrain
	Simha Rasi: 19.41	Tithi 29 – 30	551286153	Gulika 1:00PM – 2:31PM Yama 10:00AM – 11:30AM Rahu 6:59AM – 8:29AM	Purvaphalguni* Until 5:10PM Subha Until 6:28PM Visti* Until 7:42AM Chaturdasi* Until 5:59PM	Ganesha: Light Blue <i>Sunrise: 5:29AM</i> Muruqa: White <i>Sunset: 5:31PM</i> Nataraja: White Moon – Red Bhadrapada•Puratasi	Sun 13 Sutra 167 Khara 5113 Moon 9 - Phase 22 2nd Phase Sivaloka Day
Family Home Evening							
Creative Work Siddha Yoga							
Until 5:10PM then Marana Yoga							
Until 9:53PM then Amrita Yoga							

	Tuesday, September 27, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Manama, Bahrain	
	Retreat Star		Kanya Rasi: 4.47	Tithi 30 – 1	551286153	Gulika 11:30AM – 1:00PM Yama 8:29AM – 9:59AM Rahu 2:30PM – 4:00PM	Uttaraphalguni Until 2:21PM Sukla Until 2:21PM Kintughna Until 12:39AM Wed Amavasya* Until 2:22PM	Ganesha: Light Blue <i>Sunrise: 5:29AM</i> Muruqa: White <i>Sunset: 5:30PM</i> Nataraja: White Moon – Red Bhadrapada•Puratasi
Creative Work Amrita Yoga								
Until 2:21PM then Siddha Yoga								

6	Wednesday, September 28, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau				Manama, Bahrain	
	Retreat Star		Kanya Rasi: 20.01	Tithi 1 – 2	661286153	Gulika 9:59AM – 11:29AM Yama 6:59AM – 8:29AM Rahu 11:29AM – 12:59PM	Hasta Until 11:19AM Brahma Until 10:02AM Balava Until 8:47PM Prathama* Until 10:30AM	Ganesha: Light Blue <i>Sunrise: 5:29AM</i> Muruqa: White <i>Sunset: 5:29PM</i> Nataraja: White Moon – Green Ashvina•Puratasi
Creative Work Siddha Yoga		Navaratri Begins						

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM


1	Thursday, September 29, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Yoga Kaulava/Gara Karana Dvitiya/Tritiya Yam Titau				Manama, Bahrain
	Tula Rasi: 5.13	Tithi 2 - 3	661286153	Gulika 8:29AM - 9:59AM Yama 5:30AM - 7:00AM Rahu 12:59PM - 2:28PM	Chitra Until 8:19AM Vaidhriti* Until 1:45AM Fri Gara Until 3:16AM Fri Dvitiya Until 6:41AM	Ganesha: Light Blue <i>Sunrise: 5:30AM</i> Muruqa: White <i>Sunset: 5:28PM</i> Nataraja: White Moon - Green Ashvina•Puratasi	Sun 16 Sutra 170 Khara 5113 Moon 9 - Phase 23 3rd Phase Sivaloka Day
Creative Work Siddha Yoga Until 8:19AM then Amrita Yoga Until 9:52PM then Siddha Yoga							


2	Friday, September 30, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau				Manama, Bahrain
	Tula Rasi: 20.14	Tithi 4	671286153	Gulika 7:00AM - 8:29AM Yama 2:28PM - 3:57PM Rahu 9:59AM - 11:29AM	Visakha Until 2:58AM Sat Vishkambha* Until 9:45PM Vanija Until 1:30PM Chaturthi* Until 11:47PM	Ganesha: Purple <i>Sunrise: 5:30AM</i> Muruqa: White <i>Sunset: 5:27PM</i> Nataraja: White Moon - Orange Ashvina•Puratasi	Sun 17 Sutra 171 Khara 5113 Moon 9 - Phase 23 3rd Phase Sivaloka Day
Routine Work Marana Yoga Until 9:52PM then Siddha Yoga							

3	Saturday, October 1, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau				Manama, Bahrain
	Vrischika Rasi: 4.55	Tithi 5	671286153	Gulika 5:31AM - 7:00AM Yama 12:58PM - 2:27PM Rahu 8:29AM - 9:59AM	Anuradha Until 2:08AM Sun Priti Until 7:04PM Bava Until 10:55AM Panchami Until 10:00PM	Ganesha: Purple <i>Sunrise: 5:31AM</i> Muruqa: White <i>Sunset: 5:26PM</i> Nataraja: White Moon - Orange Ashvina•Puratasi	Sun 18 Sutra 172 Khara 5113 Moon 9 - Phase 23 3rd Phase Sivaloka Day
Creative Work Siddha Yoga Until 9:52PM then Marana Yoga							

4	Sunday, October 2, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shasthi* Yam Titau				Manama, Bahrain
	Vrischika Rasi: 19.12	Tithi 6	671286153	Gulika 2:26PM - 3:55PM Yama 11:28AM - 12:57PM Rahu 3:55PM - 5:25PM	Jyeshtha* Until 12:31AM Mon Ayushman Until 3:58PM Kaulava Until 8:31AM Shasthi* Until 7:36PM	Ganesha: Purple <i>Sunrise: 5:31AM</i> Muruqa: White <i>Sunset: 5:26PM</i> Nataraja: White Moon - Orange Ashvina•Puratasi	Sun 19 Sutra 173 Khara 5113 Moon 9 - Phase 23 3rd Phase Sivaloka Day
Routine Work Marana Yoga Until 9:51PM then Siddha Yoga							

5	Monday, October 3, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptami Yam Titau				Manama, Bahrain
	Dhanus Rasi: 3.02	Tithi 7	681286153	Gulika 12:57PM - 2:26PM Yama 9:59AM - 11:28AM Rahu 7:01AM - 8:30AM	Mula* Until 1:01AM Tue Saubhagya Until 2:08PM Gara Until 7:02AM Saptami Until 7:02PM	Ganesha: Clear <i>Sunrise: 5:32AM</i> Muruqa: White <i>Sunset: 5:24PM</i> Nataraja: White Moon - Light Blue Ashvina•Puratasi	Sun 20 Sutra 174 Khara 5113 Moon 9 - Phase 23 3rd Phase Subha Sivaloka Day
Family Home Evening Creative Work Siddha Yoga Until 9:51PM then Amrita Yoga Until 1:01AM Tue then Siddha Yoga							

	Tuesday, October 4, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau				Manama, Bahrain	
	Retreat Star		Dhanus Rasi: 16.26	Tithi 8	682286153	Gulika 11:27AM - 12:56PM Yama 8:30AM - 9:58AM Rahu 2:25PM - 3:54PM	Purvashadha* Until 12:53AM Wed Sobhana Until 12:20PM Visti Until 6:11AM Ashtami* Until 6:11PM	Ganesha: Orange <i>Sunrise: 5:32AM</i> Muruqa: White <i>Sunset: 5:23PM</i> Nataraja: White Moon - Light Blue Ashvina•Puratasi
Creative Work Siddha Yoga Until 9:51PM then Amrita Yoga								

	Wednesday, October 5, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navami* Yam Titau				Manama, Bahrain	
	Retreat Star		Dhanus Rasi: 29.27	Tithi 9	682286153	Gulika 9:58AM - 11:27AM Yama 7:01AM - 8:30AM Rahu 11:27AM - 12:56PM	Uttarashadha Until 1:28AM Thu Athiganda* Until 11:11AM Balava Until 6:08AM Navami* Until 6:08PM	Ganesha: Orange <i>Sunrise: 5:32AM</i> Muruqa: White <i>Sunset: 5:21PM</i> Nataraja: White Moon - Light Blue Ashvina•Puratasi
Creative Work Amrita Yoga Until 9:50PM then Siddha Yoga								

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

1	Thursday, October 6, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Sravana Nakshatra Sukarma/Dhriti Yoga Tailita/Gara Karana Dasami Yam Titau	Manama, Bahrain Sun 23 Sutra 177 Khara 5113
	Makara Rasi: 12.09 Tilthi 10 692286153 Creative Work Siddha Yoga	Gulika 8:30AM – 9:58AM Yama 5:33AM – 7:01AM Rahu 12:55PM – 2:24PM	Sravana Until 4:22AM Fri Sukarma Until 10:57AM Tailita Until 6:46AM Dasami Until 7:52PM

Ganesha: Green <i>Sunrise:</i> 5:33AM	Moon 9 - Phase 24 4th Phase Sivaloka Day
Muruqa: White <i>Sunset:</i> 5:20PM	
Nataraja: White	
Moon – Purple Ashvina•Puratasi	

2	Friday, October 7, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Manama, Bahrain Sun 24 Sutra 178 Khara 5113
	Makara Rasi: 24.36 Tilthi 11 692286153 Creative Work Siddha Yoga Until 6:08AM Sat then Amrita Yoga	Gulika 7:02AM – 8:30AM Yama 2:23PM – 3:51PM Rahu 9:58AM – 11:26AM	Dhanishtha Until 6:08AM Sat Dhriti Until 10:46AM Vanija Until 7:57AM Ekadasi Until 9:02PM

Ganesha: Green <i>Sunrise:</i> 5:33AM	Moon 9 - Phase 24 4th Phase Sivaloka Day
Muruqa: White <i>Sunset:</i> 5:19PM	
Nataraja: White	
Moon – Purple Ashvina•Puratasi	

3	Saturday, October 8, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadasi Yam Titau	Manama, Bahrain Sun 25 Sutra 179 Khara 5113
	Kumbha Rasi: 6.52 Tilthi 12 692286154 Creative Work Amrita Yoga Until 9.49PM then Siddha Yoga	Gulika 5:34AM – 7:02AM Yama 12:54PM – 2:22PM Rahu 8:30AM – 9:58AM	Satabhisha Until 8:03AM Sun Shula* Until 10:56AM Bava Until 9:32AM Dvadasi Until 10:38PM

Ganesha: Green <i>Sunrise:</i> 5:34AM	Moon 9 - Phase 24 4th Phase Devaloka Day
Muruqa: White <i>Sunset:</i> 5:18PM	
Nataraja: Yellow	
Moon – Purple Ashvina•Puratasi	

4	Sunday, October 9, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Ganda*/Vridhi Yoga Kaulava/Tailita Karana Trayodasi Yam Titau	Manama, Bahrain Sun 26 Sutra 180 Khara 5113
	Kumbha Rasi: 18.59 Tilthi 13 692286154 Creative Work Siddha Yoga Until 9.49PM then no yoga	Gulika 2:22PM – 3:49PM Yama 11:26AM – 12:54PM Rahu 3:49PM – 5:17PM	Satabhisha Until 8:03AM Ganda* Until 11:20AM Kaulava Until 11:25AM Trayodasi Until 12:31AM Mon <i>Pradosha Vrata</i>

Ganesha: Green <i>Sunrise:</i> 5:34AM	Moon 9 - Phase 24 4th Phase Devaloka Day
Muruqa: White <i>Sunset:</i> 5:17PM	
Nataraja: Yellow	
Moon – Purple Ashvina•Puratasi	

5	Monday, October 10, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Manama, Bahrain Sun 27 Sutra 181 Khara 5113
	Meena Rasi: 1 Tilthi 14 Family Home Evening No Yoga 612286154 Until 10:40AM then Siddha Yoga Until 9.49PM then Amrita Yoga	Gulika 12:53PM – 2:21PM Yama 9:58AM – 11:26AM Rahu 7:02AM – 8:30AM	Purvaprostapada* Until 10:40AM Vridhi Until 11:56AM Gara Until 1:32PM Chaturdasi* Until 2:37AM Tue

Ganesha: Blue <i>Sunrise:</i> 5:35AM	Moon 9 - Phase 24 4th Phase Devaloka Day
Muruqa: White <i>Sunset:</i> 5:16PM	
Nataraja: Yellow	
Moon – Clear Ashvina•Puratasi	

○	Tuesday, October 11, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau	Manama, Bahrain Sun 28 Sutra 182 Khara 5113
	Meena Rasi: 12.57 Tilthi 15 Copper Retreat Star 612286154 Creative Work Amrita Yoga Until 1:27PM then Siddha Yoga Until 9.49PM then Marana Yoga	Gulika 11:25AM – 12:53PM Yama 8:30AM – 9:58AM Rahu 2:20PM – 3:48PM	Uttaraprostapada Until 1:27PM Dhruva Until 12:40PM Visti Until 3:48PM Purnima* Until 4:54AM Wed

Ganesha: Blue <i>Sunrise:</i> 5:35AM	Moon 9 - Phase 24 Purnima Devaloka Day
Muruqa: White <i>Sunset:</i> 5:15PM	
Nataraja: Yellow	
Moon – Clear Ashvina•Puratasi	

○	Wednesday, October 12, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Asvini Nakshatra Vyaghata*/Harshana Yoga Balava Karana Prathama* Yam Titau	Manama, Bahrain Sun 29 Sutra 183 Khara 5113
	Meena Rasi: 24.5 Tilthi 16 Silver Retreat Star 612286154 Routine Work Marana Yoga Until 9.48PM then Amrita Yoga	Gulika 9:58AM – 11:25AM Yama 7:03AM – 8:30AM Rahu 11:25AM – 12:52PM	Revati Until 4:20PM Vyaghata* Until 1:31PM Balava Until 6:12PM Prathama* Until 7:35AM Thu

Ganesha: Blue <i>Sunrise:</i> 5:36AM	Moon 9 - Phase 24 Prathama Devaloka Day
Muruqa: White <i>Sunset:</i> 5:14PM	
Nataraja: Yellow	
Moon – Clear Ashvina•Puratasi	

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM



Thursday, October 13, 2011
Gold Retreat Star

Mesha Rasi: 6.41 Tithi 16 – 17
622286154
Creative Work Amrita Yoga
Until 7:17PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Asvini Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Gulika 8:31AM – 9:58AM **Asvini Until 7:17PM**
Yama 5:36AM – 7:03AM Harshana Until 2:25PM
Rahu 12:52PM – 2:19PM Taitila Until 8:41PM
Prathama* Until 7:35AM

Ganesha: Red *Sunrise: 5:36AM*
Muruqa: White *Sunset: 5:13PM*
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

Manama, Bahrain
Sutra 184
Khara 5113
Moon 10 - Phase 25
1st Phase

Sivaloka Day

1

Friday, October 14, 2011

Mesha Rasi: 18.32 Tithi 17 – 18
622286154
Creative Work Siddha Yoga
Until 10:16PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 7:04AM – 8:31AM **Bharani Until 10:16PM**
Yama 2:18PM – 3:45PM Vajra* Until 3:21PM
Rahu 9:58AM – 11:25AM Vanija Until 11:11PM
Dvitiya Until 10:06AM

Ganesha: Red *Sunrise: 5:37AM*
Muruqa: White *Sunset: 5:12PM*
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

Manama, Bahrain
Sun 1 Sutra 185
Khara 5113
Moon 10 - Phase 25
1st Phase

Sivaloka Day

2

Saturday, October 15, 2011

Wrishabha Rasi: 0.24 Tithi 18 – 19
622286154
Creative Work Amrita Yoga
Until 9:48PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantra Vasara Yuktayam
Krittika Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 5:37AM – 7:04AM **Krittika Until 1:12AM Sun**
Yama 12:51PM – 2:18PM Siddhi Until 4:13PM
Rahu 8:31AM – 9:58AM Bava Until 1:38AM Sun
Tritiya Until 12:33PM

Ganesha: Red *Sunrise: 5:37AM*
Muruqa: White *Sunset: 5:11PM*
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

Manama, Bahrain
Sun 2 Sutra 186
Khara 5113
Moon 10 - Phase 25
1st Phase

Sivaloka Day

3

Sunday, October 16, 2011

Wrishabha Rasi: 12.2 Tithi 19 – 20
632286154
Creative Work Siddha Yoga
Until 9:47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 2:17PM – 3:44PM **Rohini Until 4:00AM Mon**
Yama 11:24AM – 12:51PM Vyatipata* Until 4:58PM
Rahu 3:44PM – 5:10PM Kaulava Until 3:56AM Mon
Chaturthi* Until 2:51PM

Ganesha: Green *Sunrise: 5:38AM*
Muruqa: White *Sunset: 5:10PM*
Nataraja: Yellow
Moon – Yellow
Ashvina•Puratasi

Manama, Bahrain
Sun 3 Sutra 187
Khara 5113
Moon 10 - Phase 25
1st Phase

Devaloka Day

4

Monday, October 17, 2011

Wrishabha Rasi: 24.24 Tithi 20 – 21
632286154
Family Home Evening
Creative Work Amrita Yoga
Until 9:47PM then Siddha Yoga
Until 6:32AM Tue then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigasira Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 12:50PM – 2:17PM **Mrigasira Until 6:32AM Tue**
Yama 9:57AM – 11:24AM Variyan Until 5:29PM
Rahu 7:05AM – 8:31AM Gara Until 5:57AM Tue
Panchami Until 4:52PM

Ganesha: Green *Sunrise: 5:38AM*
Muruqa: White *Sunset: 5:09PM*
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

Manama, Bahrain
Sun 4 Sutra 188
Khara 5113
Moon 10 - Phase 25
1st Phase

Devaloka Day

5

Tuesday, October 18, 2011

Mithuna Rasi: 6.4 Tithi 21 – 22
633386154
Routine Work Marana Yoga
Until 9:47PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Gulika 11:24AM – 12:50PM **Ardra Until 7:30AM Wed**
Yama 8:31AM – 9:57AM Parigha* Until 4:48PM
Rahu 2:16PM – 3:42PM Visti Until 5:26AM Wed
Shasthi* Until 5:26PM

Ganesha: Green *Sunrise: 5:39AM*
Muruqa: White *Sunset: 5:08PM*
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

Manama, Bahrain
Sun 5 Sutra 189
Khara 5113
Moon 10 - Phase 25
1st Phase

Devaloka Day

6

Wednesday, October 19, 2011

Mithuna Rasi: 19.11 Tithi 22
633386154
Creative Work Siddha Yoga
Until 9:47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptami Yam Titau

Gulika 9:57AM – 11:23AM **Ardra Until 7:30AM**
Yama 7:05AM – 8:31AM Shiva Until 4:29PM
Rahu 11:23AM – 12:49PM Visti Until 6:21AM
Saptami Until 6:21PM

Ganesha: Green *Sunrise: 5:39AM*
Muruqa: White *Sunset: 5:08PM*
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

Manama, Bahrain
Sun 6 Sutra 190
Khara 5113
Moon 10 - Phase 25
1st Phase

Devaloka Day



Thursday, October 20, 2011
Retreat Star

Kataka Rasi: 2.04 Tithi 23
643386154
Creative Work Amrita Yoga
Until 9:47PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 8:32AM – 9:57AM **Punarvasu Until 8:20AM**
Yama 5:40AM – 7:06AM Siddha Until 3:33PM
Rahu 12:49PM – 2:15PM Balava Until 6:35AM
Ashtami* Until 6:35PM

Ganesha: Orange *Sunrise: 5:40AM*
Muruqa: White *Sunset: 5:07PM*
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi

Manama, Bahrain
Sun 7 Sutra 191
Khara 5113
Moon 10 - Phase 25
Ashtami

Sivaloka Day

Friday, October 21, 2011

Retreat Star

Kataka Rasi: 15.22 Tithi 24 – 25
643386154
Routine Work Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Aslesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau


Gulika 7:06AM – 8:32AM **Pushya Until 8:14AM**
Yama 2:14PM – 3:40PM Sadhya Until 1:23PM
Rahu 9:57AM – 11:23AM Vanija Until 4:08AM Sat
Navami* Until 5:03PM

Ganesha: Orange *Sunrise: 5:41AM*
Muruqa: White *Sunset: 5:06PM*
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi


Manama, Bahrain
Sun 8 Sutra 192
Khara 5113
Moon 10 - Phase 25
Navami

Sivaloka Day

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139

1	Saturday, October 22, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha*/Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Manama, Bahrain Sun 9 Sutra 193 Khara 5113
	Kataka Rasi: 29.07 Tithi 25 – 26 643386154	Gulika 5:41AM – 7:07AM Yama 12:48PM – 2:14PM Rahu 8:32AM – 9:57AM	Aslesha* Until 7:31AM Subha Until 11:07AM Bava Until 2:44AM Sun Dasami Until 3:39PM
Routine Work Marana Yoga Until 7:31AM then Amrita Yoga Until 9.46PM then Marana Yoga		Ganesha: Orange <i>Sunrise: 5:41AM</i> Muruqa: White <i>Sunset: 5:05PM</i> Nataraja: Yellow Moon – Blue	Ashvina*Aipasi Sivaloka Day
2	Sunday, October 23, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Manama, Bahrain Sun 10 Sutra 194 Khara 5113
	Simha Rasi: 13.2 Tithi 26 – 27 653386154	Gulika 2:13PM – 3:39PM Yama 11:23AM – 12:48PM Rahu 3:39PM – 5:04PM	Purvaphalguni* Until 3:19AM Mon Sukla Until 7:58AM Kaulava Until 11:08PM Ekadasi* Until 12:51PM
Creative Work Siddha Yoga Until 3:19AM Mon then Marana Yoga		Ganesha: Light Blue <i>Sunrise: 5:42AM</i> Muruqa: White <i>Sunset: 5:04PM</i> Nataraja: Yellow Moon – Red	Ashvina*Aipasi Devaloka Day
3	Monday, October 24, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Manama, Bahrain Sun 11 Sutra 195 Khara 5113
	Simha Rasi: 28 Tithi 27 – 28 653386154	Gulika 12:48PM – 2:13PM Yama 9:58AM – 11:23AM Rahu 7:07AM – 8:32AM	Uttaraphalguni Until 1:12AM Tue Indra Until 12:30AM Tue Gara Until 8:18PM Dvadasi* Until 10:01AM <i>Pradosha Vrata (Fasting)</i>
Family Home Evening Routine Work Marana Yoga Until 9.46PM then Amrita Yoga Until 1:12AM Tue then Siddha Yoga		Ganesha: Light Blue <i>Sunrise: 5:42AM</i> Muruqa: White <i>Sunset: 5:03PM</i> Nataraja: Yellow Moon – Red	Ashvina*Aipasi Devaloka Day
4	Tuesday, October 25, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Sakuni* Karana Trayodasi*/Chaturdasi* Yam Titau	Manama, Bahrain Sun 12 Sutra 196 Khara 5113
	Kanya Rasi: 12.59 Tithi 28 – 29 663386154	Gulika 11:23AM – 12:48PM Yama 8:33AM – 9:58PM Rahu 2:12PM – 3:37PM	Hasta Until 10:33PM Vaidhriti* Until 8:31PM Sakuni Until 3:09AM Wed Trayodasi* Until 6:35AM
Creative Work Siddha Yoga Deepavali Hindu Solidarity Day		Ganesha: Purple <i>Sunrise: 5:43AM</i> Muruqa: White <i>Sunset: 5:02PM</i> Nataraja: Yellow Moon – Green	Ashvina*Aipasi Devaloka Day
	Wednesday, October 26, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Manama, Bahrain Sun 13 Sutra 197 Khara 5113
	Kanya Rasi: 28.12 Tithi 30 663386154	Gulika 9:58AM – 11:22AM Yama 7:08AM – 8:33AM Rahu 11:22AM – 12:47PM	Chitra Until 7:33PM Vishkambha* Until 4:12PM Catuspada Until 1:05PM Amavasya* Until 11:22PM
Creative Work Siddha Yoga Until 9.46PM then Amrita Yoga Subramuniyaswami Mahasamadhi		Ganesha: Purple <i>Sunrise: 5:43AM</i> Muruqa: White <i>Sunset: 5:02PM</i> Nataraja: Yellow Moon – Green	Ashvina*Aipasi Devaloka Day
Retreat Star	Thursday, October 27, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Visakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Manama, Bahrain Sun 14 Sutra 198 Khara 5113
	Tula Rasi: 13.27 Tithi 1 663386154	Gulika 8:33AM – 9:58AM Yama 5:44AM – 7:09AM Rahu 12:47PM – 2:12PM	Svati Until 4:29PM Priti Until 11:50AM Kintughna Until 9:13AM Prathama* Until 7:30PM
Creative Work Amrita Yoga Until 4:29PM then Siddha Yoga Until 9.46PM then Marana Yoga Skanda Shasthi Begins		Ganesha: Purple <i>Sunrise: 5:44AM</i> Muruqa: White <i>Sunset: 5:01PM</i> Nataraja: Yellow Moon – Green	Karttika*Aipasi Devaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda, Brihadu 4.4.3. bo UpH, 140

1	Friday, October 28, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Manama, Bahrain Sun 15 Sutra 199 Khara 5113
	Tula Rasi: 28.35 Tithi 2 – 3 673386154	Gulika 7:09AM – 8:33AM Yama 2:11PM – 3:36PM Rahu 9:58AM – 11:22AM	Visakha Until 1:35PM Ayushman Until 7:38AM Taitila Until 2:07AM Sat Dvitiya Until 3:50PM
	Routine Work Marana Yoga Until 1:35PM then Siddha Yoga	Ganesha: Light Blue <i>Sunrise: 5:45AM</i> Muruqa: White <i>Sunset: 5:00PM</i> Nataraja: Yellow Moon – Orange Karttika-Aipasi	Devaloka Day
2	Saturday, October 29, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Manama, Bahrain Sun 16 Sutra 200 Khara 5113
	Virchika Rasi: 13.28 Tithi 3 – 4 673386154	Gulika 5:45AM – 7:09AM Yama 12:46PM – 2:11PM Rahu 8:34AM – 9:58AM	Anuradha Until 11:30AM Sobhana Until 1:01AM Sun Vanija Until 12:13AM Sun Tritiya Until 1:08PM
	Creative Work Siddha Yoga Until 9:46PM then Marana Yoga	Ganesha: Light Blue <i>Sunrise: 5:45AM</i> Muruqa: White <i>Sunset: 4:59PM</i> Nataraja: Yellow Moon – Orange Karttika-Aipasi	Devaloka Day
3	Sunday, October 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Manama, Bahrain Sun 17 Sutra 201 Khara 5113
	Virchika Rasi: 27.56 Tithi 4 – 5 673386154	Gulika 2:10PM – 3:34PM Yama 11:22AM – 12:46PM Rahu 3:34PM – 4:58PM	Jyeshtha* Until 9:32AM Athiganda* Until 9:35PM Bava Until 9:29PM Chaturthi* Until 10:24AM
	Routine Work Marana Yoga Until 9:32AM then Amrita Yoga Until 9:46PM then Siddha Yoga	Ganesha: Light Blue <i>Sunrise: 5:46AM</i> Muruqa: White <i>Sunset: 4:59PM</i> Nataraja: Yellow Moon – Orange Karttika-Aipasi	Devaloka Day
4	Monday, October 31, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Manama, Bahrain Sun 18 Sutra 202 Khara 5113
	Dhanu Rasi: 11.58 Tithi 5 – 6 Family Home Evening 683386154	Gulika 12:46PM – 2:10PM Yama 9:58AM – 11:22AM Rahu 7:10AM – 8:34AM	Mula* Until 8:21AM Sukarma Until 6:53PM Kaulava Until 7:35PM Panchami Until 8:31AM
	Creative Work Siddha Yoga Until 8:21AM then Marana Yoga Until 9:45PM then Siddha Yoga	Ganesha: Orange <i>Sunrise: 5:46AM</i> Muruqa: White <i>Sunset: 4:59PM</i> Nataraja: Yellow Moon – Light Blue Karttika-Aipasi	Sivaloka Day
5	Tuesday, November 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shasthi*/Saplami Yam Titau	Manama, Bahrain Sun 19 Sutra 203 Khara 5113
	Dhanu Rasi: 25.31 Tithi 6 – 7 684386154	Gulika 11:22AM – 12:46PM Yama 8:35AM – 9:58AM Rahu 2:10PM – 3:33PM	Purvashadha* Until 8:08AM Dhriti Until 5:43PM Gara Until 7:37PM Shasthi* Until 7:37AM
	Creative Work Siddha Yoga Until 8:08AM then Prabalarishta Yoga Until 9:45PM then Amrita Yoga	Ganesha: Clear <i>Sunrise: 5:47AM</i> Muruqa: White <i>Sunset: 4:57PM</i> Nataraja: Yellow Moon – Light Blue Karttika-Aipasi	Sivaloka Day
	Wednesday, November 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Manama, Bahrain Sun 20 Sutra 204 Khara 5113
	Retreat Star Makara Rasi: 8.37 Tithi 7 – 8 684386154	Gulika 9:58AM – 11:22AM Yama 7:11AM – 8:35AM Rahu 11:22AM – 12:46PM	Uttarashadha Until 8:32AM Shula* Until 4:23PM Visti Until 7:24PM Saptami Until 7:24AM
	Creative Work Amrita Yoga Until 8:32AM then Siddha Yoga	Ganesha: Clear <i>Sunrise: 5:48AM</i> Muruqa: White <i>Sunset: 4:56PM</i> Nataraja: Yellow Moon – Light Blue Karttika-Aipasi	Sivaloka Day
Thurs	Thursday, November 3, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Sravana/Dhanishtha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Manama, Bahrain Sun 21 Sutra 205 Khara 5113
	Retreat Star Makara Rasi: 21.21 Tithi 8 – 9 694386154	Gulika 8:35AM – 9:59AM Yama 5:48AM – 7:12AM Rahu 12:45PM – 2:09PM	Sravana Until 9:58AM Ganda* Until 4:27PM Balava Until 9:13PM Ashtami* Until 8:08AM
	Creative Work Siddha Yoga	Ganesha: White <i>Sunrise: 5:48AM</i> Muruqa: White <i>Sunset: 4:56PM</i> Nataraja: Yellow Moon – Purple Karttika-Aipasi	Devaloka Day

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

1	Friday, November 4, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau				Manama, Bahrain
	Kumbha Rasi: 3.46 Titithi 9 – 10 694386154	Gulika 7:12AM – 8:36AM Yama 2:09PM – 3:32PM Rahu 9:59AM – 11:22AM	Dhanishtha Until 11:48AM Vriddhi Until 4:18PM Taitila Until 10:30PM Navami* Until 9:24AM	Ganesha: White <i>Sunrise:</i> 5:49AM Muruqa: White <i>Sunset:</i> 4:55PM Nataraja: Yellow Moon – Purple Karttika-Aipasi	Sun 22 Sutra 206 Khara 5113 Moon 10 - Phase 28 4th Phase	Devaloka Day
Creative Work Siddha Yoga Until 9.45PM then Amrita Yoga						

2	Saturday, November 5, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau				Manama, Bahrain
	Kumbha Rasi: 15.57 Titithi 10 – 11 694386154	Gulika 5:50AM – 7:13AM Yama 12:45PM – 2:08PM Rahu 8:36AM – 9:59AM	Satabhisha Until 2:06PM Dhruva Until 4:34PM Vanija Until 12:16AM Sun Dasami Until 11:11AM	Ganesha: White <i>Sunrise:</i> 5:50AM Muruqa: White <i>Sunset:</i> 4:54PM Nataraja: Yellow Moon – Purple Karttika-Aipasi	Sun 23 Sutra 207 Khara 5113 Moon 10 - Phase 28 4th Phase	Devaloka Day
Creative Work Amrita Yoga Until 2:06PM then Siddha Yoga						

3	Sunday, November 6, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau				Manama, Bahrain
	Kumbha Rasi: 27.59 Titithi 11 – 12 614386154	Gulika 2:08PM – 3:31PM Yama 11:22AM – 12:45PM Rahu 3:31PM – 4:54PM	Purvaprostapada* Until 4:43PM Vyaghata* Until 5:08PM Bava Until 2:24AM Mon Ekadasi Until 1:18PM	Ganesha: Blue <i>Sunrise:</i> 5:50AM Muruqa: White <i>Sunset:</i> 4:54PM Nataraja: Yellow Moon – Clear Karttika-Aipasi	Sun 24 Sutra 208 Khara 5113 Moon 10 - Phase 28 4th Phase	Devaloka Day
Creative Work Siddha Yoga Until 4:43PM then Amrita Yoga Until 9.45PM then Siddha Yoga						

4	Monday, November 7, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprostapada Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau				Manama, Bahrain
	Meena Rasi: 9.55 Titithi 12 – 13 Family Home Evening 714386154	Gulika 12:45PM – 2:08PM Yama 9:59AM – 11:22AM Rahu 7:14AM – 8:37AM	Uttaraprostapada Until 7:31PM Harshana Until 5:52PM Kaulava Until 4:45AM Tue Dvadasi Until 3:39PM <i>Pradosha Vrata</i>	Ganesha: Red <i>Sunrise:</i> 5:51AM Muruqa: White <i>Sunset:</i> 4:53PM Nataraja: Yellow Moon – Clear Karttika-Aipasi	Sun 25 Sutra 209 Khara 5113 Moon 10 - Phase 28 4th Phase	Sivaloka Day
Creative Work Siddha Yoga						

5	Tuesday, November 8, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vajra* Yoga Taitila Karana Trayodasi Yam Titau				Manama, Bahrain
	Meena Rasi: 21.47 Titithi 13 714386154	Gulika 11:22AM – 12:45PM Yama 8:37AM – 10:00AM Rahu 2:07PM – 3:30PM	Revati Until 10:27PM Vajra* Until 6:43PM Taitila Until 7:13AM Wed Trayodasi Until 6:07PM	Ganesha: Red <i>Sunrise:</i> 5:52AM Muruqa: White <i>Sunset:</i> 4:53PM Nataraja: Yellow Moon – Clear Karttika-Aipasi	Sun 26 Sutra 210 Khara 5113 Moon 10 - Phase 28 4th Phase	Sivaloka Day
Creative Work Siddha Yoga Until 9.46PM then Marana Yoga						

6	Wednesday, November 9, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Asvini Nakshatra Siddhi* Yoga Gara/Vanija Karana Chaturdasi* Yam Titau				Manama, Bahrain
	Mesha Rasi: 3.38 Titithi 14 724386154	Gulika 10:00AM – 11:22AM Yama 7:15AM – 8:37AM Rahu 11:22AM – 12:45PM	Asvini Until 1:24AM Thu Siddhi Until 7:36PM Gara Until 7:32AM Chaturdasi* Until 8:38PM	Ganesha: Blue <i>Sunrise:</i> 5:52AM Muruqa: White <i>Sunset:</i> 4:52PM Nataraja: Yellow Moon – White Karttika-Aipasi	Sun 27 Sutra 211 Khara 5113 Moon 10 - Phase 28 4th Phase	Devaloka Day
Routine Work Marana Yoga Until 9.46PM then Amrita Yoga Until 1:24AM Thu then Siddha Yoga						

○	Thursday, November 10, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnima* Yam Titau				Manama, Bahrain
	Mesha Rasi: 15.3 Titithi 15 724386154	Gulika 8:38AM – 10:00AM Yama 5:53AM – 7:15AM Rahu 12:45PM – 2:07PM	Bharani Until 4:20AM Fri Vyatipata* Until 8:26PM Visti Until 10:01AM Purnima* Until 11:06PM	Ganesha: Blue <i>Sunrise:</i> 5:53AM Muruqa: White <i>Sunset:</i> 4:52PM Nataraja: Yellow Moon – White Karttika-Aipasi	Sutra 212 Khara 5113 Moon 10 - Phase 28 Purnima	Devaloka Day
Creative Work Siddha Yoga						

○	Friday, November 11, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau				Manama, Bahrain
	Mesha Rasi: 27.25 Titithi 16 724386154	Gulika 7:16AM – 8:38AM Yama 2:07PM – 3:29PM Rahu 10:00AM – 11:22AM	Krittika Until 7:11AM Sat Variyan Until 9:12PM Balava Until 12:24PM Prathama* Until 1:29AM Sat	Ganesha: Blue <i>Sunrise:</i> 5:54AM Muruqa: White <i>Sunset:</i> 4:51PM Nataraja: Yellow Moon – White Karttika-Aipasi	Sutra 213 Khara 5113 Moon 10 - Phase 28 Prathama	Devaloka Day
Creative Work Siddha Yoga Until 9.46PM then Amrita Yoga						

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda, Brihadu 4.4.5. UpH, 140



Saturday, November 12, 2011
Gold Retreat Star

Wrishabha Rasi: 9.25 Tithi 17
735486154
Creative Work Amrita Yoga
Until 9.46PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Tailila/Gara Karana Dvitiya Yam Titau
Gulika 5:55AM – 7:17AM **Krittika** Until 7:11AM
Yama 12:45PM – 2:07PM Parigha* Until 9:50PM
Rahu 8:39AM – 10:01AM Tailila Until 2:37PM
Dvitiya Until 3:42AM Sun

Manama, Bahrain
Sutra 214
Khara 5113
Moon 11 - Phase 29
1st Phase
Devaloka Day
Ganesha: Blue *Sunrise:* 5:55AM
Muruqa: White *Sunset:* 4:51PM
Nataraja: Yellow
Moon – White
Karttika•Aipasi

1

Sunday, November 13, 2011

Wrishabha Rasi: 21.31 Tithi 18
735486154
Creative Work Siddha Yoga
Until 9.46PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigasira Nakshatra Shiva Yoga Vanija/Visiti* Karana Tritiya Yam Titau
Gulika 2:06PM – 3:28PM **Rohini** Until 9:39AM
Yama 11:23AM – 12:45PM Shiva Until 10:15PM
Rahu 3:28PM – 4:50PM Shiva Until 10:15PM
Vanija Until 4:35PM
Tritiya Until 5:41AM Mon

Manama, Bahrain
Sun 1 Sutra 215
Khara 5113
Moon 11 - Phase 29
1st Phase
Sivaloka Day
Ganesha: Yellow *Sunrise:* 5:55AM
Muruqa: White *Sunset:* 4:50PM
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

2

Monday, November 14, 2011

Mithuna Rasi: 3.45 Tithi 19
735486154
Family Home Evening
Creative Work Amrita Yoga
Until 11:50AM then Siddha Yoga
Until 9.46PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigasira/Ardra Nakshatra Siddha Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 12:45PM – 2:06PM **Mrigasira** Until 11:50AM
Yama 10:01AM – 11:23AM Siddha Until 10:24PM
Rahu 7:18AM – 8:39AM Bava Until 6:15PM
Chaturthi* Until 6:23AM Tue

Manama, Bahrain
Sun 2 Sutra 216
Khara 5113
Moon 11 - Phase 29
1st Phase
Sivaloka Day
Ganesha: Yellow *Sunrise:* 5:56AM
Muruqa: White *Sunset:* 4:50PM
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

3

Tuesday, November 15, 2011

Mithuna Rasi: 16.11 Tithi 19 – 20
735486154
Routine Work Marana Yoga
Until 1:03PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 11:23AM – 12:45PM **Ardra** Until 1:03PM
Yama 8:40AM – 10:01AM Sadhya Until 9:04PM
Rahu 2:06PM – 3:28PM Kaulava Until 6:23PM
Chaturthi* Until 6:23AM

Manama, Bahrain
Sun 3 Sutra 217
Khara 5113
Moon 11 - Phase 29
1st Phase
Sivaloka Day
Ganesha: Yellow *Sunrise:* 5:57AM
Muruqa: White *Sunset:* 4:49PM
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

4

Wednesday, November 16, 2011

Mithuna Rasi: 28.5 Tithi 20 – 21
745486154
Creative Work Siddha Yoga
Until 9.47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Tailila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 10:02AM – 11:23AM **Punarvasu** Until 2:18PM
Yama 7:19AM – 8:40AM Subha Until 8:29PM
Rahu 11:23AM – 12:45PM Gara Until 7:05PM
Panchami Until 7:05AM

Manama, Bahrain
Sun 4 Sutra 218
Khara 5113
Moon 11 - Phase 29
1st Phase
Devaloka Day
Ganesha: White *Sunrise:* 5:57AM
Muruqa: White *Sunset:* 4:49PM
Nataraja: Yellow
Moon – Blue
Karttika•Karttikai

5

Thursday, November 17, 2011

Kataka Rasi: 11.46 Tithi 21 – 22
745486155
Creative Work Amrita Yoga
Until 3:02PM then Siddha Yoga
Until 9.47PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Aslesha* Nakshatra Sukla Yoga Vanija/Visiti* Karana Shasthi*/Saptami Yam Titau
Gulika 8:41AM – 10:02AM **Pushya** Until 3:02PM
Yama 5:58AM – 7:19AM Sukla Until 7:27PM
Rahu 12:45PM – 2:06PM Visiti Until 7:14PM
Shasthi* Until 7:14AM

Manama, Bahrain
Sun 5 Sutra 219
Khara 5113
Moon 11 - Phase 29
1st Phase
Devaloka Day
Ganesha: White *Sunrise:* 5:58AM
Muruqa: White *Sunset:* 4:49PM
Nataraja: Red
Moon – Blue
Karttika•Karttikai

Retreat Star

Friday, November 18, 2011

Kataka Rasi: 25.02 Tithi 22 – 23
745486155
Routine Work Marana Yoga
Until 9.47PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Aslesha*/Magha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 7:20AM – 8:41AM **Aslesha*** Until 2:31PM
Yama 2:06PM – 3:27PM Brahma Until 5:03PM
Rahu 10:02AM – 11:24AM Balava Until 4:50AM Sat
Saptami Until 6:40AM

Manama, Bahrain
Sun 6 Sutra 220
Khara 5113
Moon 11 - Phase 29
Ashtami
Devaloka Day
Ganesha: White *Sunrise:* 5:59AM
Muruqa: White *Sunset:* 4:48PM
Nataraja: Red
Moon – Blue
Karttika•Karttikai

Saturday, November 19, 2011
Retreat Star

Simha Rasi: 8.39 Tithi 24
755486155
Creative Work Amrita Yoga
Until 2:02PM then Marana Yoga
Until 9.47PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Indra/Vaidhrili* Yoga Tailila/Gara Karana Navami* Yam Titau
Gulika 6:00AM – 7:21AM **Magha*** Until 2:02PM
Yama 12:45PM – 2:06PM Indra Until 2:59PM
Rahu 8:42AM – 10:03AM Tailila Until 4:38PM
Navami* Until 3:42AM Sun

Manama, Bahrain
Sun 7 Sutra 221
Khara 5113
Moon 11 - Phase 29
Navami
Sivaloka Day
Ganesha: Clear *Sunrise:* 6:00AM
Muruqa: White *Sunset:* 4:48PM
Nataraja: Red
Moon – Red
Karttika•Karttikai

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140

1 Sunday, November 20, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Dasami Yam Titau				Manama, Bahrain
Simha Rasi: 22.38	Tithi 25	Gulika 2:06PM – 3:27PM	Purvaphalguni* Until 12:54PM	Ganesha: Clear	<i>Sunrise:</i> 6:00AM	Sun 8 Sutra 222 Khara 5113
	755486155	Yama 11:24AM – 12:45PM	Vaidhriti* Until 12:19PM	Muruqa: White	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 30
Creative Work Siddha Yoga		Rahu 3:27PM – 4:48PM	Vanija Until 2:48PM	Nataraja: Red		2nd Phase
Until 12:54PM then Amrita Yoga			Dasami Until 1:53AM Mon	Karttika•Karttikai		Sivaloka Day
Until 9.47PM then Marana Yoga						
2 Monday, November 21, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadasi* Yam Titau				Manama, Bahrain
Kanya Rasi: 7	Tithi 26	Gulika 12:45PM – 2:06PM	Uttaraphalguni Until 10:48AM	Ganesha: Clear	<i>Sunrise:</i> 6:01AM	Sun 9 Sutra 223 Khara 5113
Family Home Evening	755486155	Yama 10:03AM – 11:24AM	Vishkambha* Until 8:52AM	Muruqa: White	<i>Sunset:</i> 4:47PM	Moon 11 - Phase 30
Routine Work Marana Yoga		Rahu 7:22AM – 8:43AM	Bava Until 11:52AM	Nataraja: Red		2nd Phase
Until 10:48AM then Siddha Yoga			Ekadasi* Until 10:09PM	Karttika•Karttikai		Sivaloka Day
3 Tuesday, November 22, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau				Manama, Bahrain
Kanya Rasi: 21.41	Tithi 27	Gulika 11:25AM – 12:45PM	Hasta Until 8:39AM	Ganesha: Purple	<i>Sunrise:</i> 6:02AM	Sun 10 Sutra 224 Khara 5113
	765486155	Yama 8:43AM – 10:04AM	Ayushman Until 1:20AM Wed	Muruqa: White	<i>Sunset:</i> 4:47PM	Moon 11 - Phase 30
Creative Work Siddha Yoga		Rahu 2:06PM – 3:27PM	Kaulava Until 9:00AM	Nataraja: Red		2nd Phase
			Dvadasi* Until 7:17PM	Karttika•Karttikai		Devaloka Day
4 Wednesday, November 23, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau				Manama, Bahrain
Tula Rasi: 6.35	Tithi 28 – 29	Gulika 10:04AM – 11:25AM	Chitra Until 6:08AM	Ganesha: Clear	<i>Sunrise:</i> 6:03AM	Sun 11 Sutra 225 Khara 5113
	766486155	Yama 7:23AM – 8:44AM	Saubhagya Until 9:28PM	Muruqa: White	<i>Sunset:</i> 4:47PM	Moon 11 - Phase 30
Creative Work Siddha Yoga		Rahu 11:25AM – 12:45PM	Visti Until 2:19AM Thu	Nataraja: Red		2nd Phase
Until 9.48PM then Amrita Yoga			Trayodasi* Until 4:02PM	Karttika•Karttikai		Sivaloka Day
			<i>Pradosha Vrata (Fasting)</i>			
Retreat Star						
Tula Rasi: 21.36	Tithi 29 – 30	Gulika 8:44AM – 10:05AM	Visakha Until 12:46AM Fri	Ganesha: Orange	<i>Sunrise:</i> 6:03AM	Sun 12 Sutra 226 Khara 5113
	776486155	Yama 6:03AM – 7:24AM	Sobhana Until 5:25PM	Muruqa: White	<i>Sunset:</i> 4:47PM	Moon 11 - Phase 30
Creative Work Siddha Yoga		Rahu 12:46PM – 2:06PM	Catuspada Until 10:53PM	Nataraja: Red		Amavasya
Until 9.48PM then Marana Yoga			Chaturdasi* Until 12:36PM	Karttika•Karttikai		Sivaloka Day
Until 12:46AM Fri then Siddha Yoga						
Friday, November 25, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Manama, Bahrain
Vrischika Rasi: 6.35	Tithi 30 – 1	Gulika 7:24AM – 8:45AM	Anuradha Until 10:08PM	Ganesha: Orange	<i>Sunrise:</i> 6:04AM	Sun 13 Sutra 227 Khara 5113
	776486155	Yama 2:06PM – 3:26PM	Athiganda* Until 1:26PM	Muruqa: White	<i>Sunset:</i> 4:47PM	Moon 11 - Phase 30
Creative Work Siddha Yoga		Rahu 10:05AM – 11:25AM	Kintughna Until 7:30PM	Nataraja: Red		Prathama
			Amavasya* Until 9:13AM	Margasira•Karttikai		Sivaloka Day

1	Saturday, November 26, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Kaulava Karana Prathama*/Dvitiya Yam Titau	Manama, Bahrain Sun 14 Sutra 228 Khara 5113
	Vrischika Rasi: 21.24 Tithi 1 - 2 776486155	Gulika 6:05AM - 7:25AM Yama 12:46PM - 2:06PM Rahu 8:45AM - 10:05AM	Jyeshtha* Until 7:46PM Sukarma Until 9:41AM Kaulava Until 2:42AM Sun Prathama* Until 6:08AM

Creative Work Siddha Yoga
Until 9.49PM then Amrita Yoga

Ganesha: Orange <i>Sunrise:</i> 6:05AM	Muruqa: White <i>Sunset:</i> 4:47PM	Moon 11 - Phase 31 3rd Phase
Nataraja: Red	Margasira-Karttikai	Sivaloka Day

2	Sunday, November 27, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Tritiya Yam Titau	Manama, Bahrain Sun 15 Sutra 229 Khara 5113
	Dhanus Rasi: 5.55 Tithi 3 786486155	Gulika 2:06PM - 3:26PM Yama 11:26AM - 12:46PM Rahu 3:26PM - 4:47PM	Mula* Until 6:43PM Dhriti Until 6:26AM Tailila Until 2:27PM Tritiya Until 1:31AM Mon

Creative Work Amrita Yoga
Until 6:43PM then Siddha Yoga
Until 9.49PM then Marana Yoga

Ganesha: Clear <i>Sunrise:</i> 6:06AM	Muruqa: White <i>Sunset:</i> 4:47PM	Moon 11 - Phase 31 3rd Phase
Nataraja: Red	Margasira-Karttikai	Sivaloka Day

3	Monday, November 28, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Manama, Bahrain Sun 16 Sutra 230 Khara 5113
	Dhanus Rasi: 20.02 Tithi 4 Family Home Evening 786486155	Gulika 12:46PM - 2:06PM Yama 10:06AM - 11:26AM Rahu 7:26AM - 8:46AM	Purvashadha* Until 5:22PM Ganda* Until 12:53AM Tue Vanija Until 12:24PM Chaturthi* Until 11:28PM

Routine Work Marana Yoga
Until 9.50PM then Prabalarishtha Yoga

Ganesha: Clear <i>Sunrise:</i> 6:06AM	Muruqa: White <i>Sunset:</i> 4:46PM	Moon 11 - Phase 31 3rd Phase
Nataraja: Red	Margasira-Karttikai	Sivaloka Day

4	Tuesday, November 29, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Sravana Nakshatra Vriddhi Yoga Bava/Balava Karana Panchami Yam Titau	Manama, Bahrain Sun 17 Sutra 231 Khara 5113
	Makara Rasi: 3.43 Tithi 5 786486155	Gulika 11:27AM - 12:47PM Yama 8:47AM - 10:07AM Rahu 2:07PM - 3:26PM	Uttarashadha Until 5:35PM Vriddhi Until 11:53PM Bava Until 11:35AM Panchami Until 11:35PM

Routine Work Prabalarishtha Yoga
Until 5:35PM then Siddha Yoga

Ganesha: Clear <i>Sunrise:</i> 6:07AM	Muruqa: White <i>Sunset:</i> 4:46PM	Moon 11 - Phase 31 3rd Phase
Nataraja: Red	Margasira-Karttikai	Sivaloka Day

5	Wednesday, November 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Sravana/Dhanishtha Nakshatra Dhruva Yoga Kaulava/Tailila Karana Shasthi* Yam Titau	Manama, Bahrain Sun 18 Sutra 232 Khara 5113
	Makara Rasi: 16.58 Tithi 6 797486155	Gulika 10:07AM - 11:27AM Yama 7:28AM - 8:47AM Rahu 11:27AM - 12:47PM	Sravana Until 5:45PM Dhruva Until 10:18PM Kaulava Until 11:07AM Shasthi* Until 11:07PM


Creative Work Siddha Yoga
Until 5.45PM then Prabalarishtha Yoga
Until 9.50PM then Siddha Yoga

Ganesha: Clear <i>Sunrise:</i> 6:08AM	Muruqa: White <i>Sunset:</i> 4:46PM	Moon 11 - Phase 31 3rd Phase
Nataraja: Red	Margasira-Karttikai	Sivaloka Day

6	Thursday, December 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptami Yam Titau	Manama, Bahrain Sun 19 Sutra 233 Khara 5113
	Makara Rasi: 29.48 Tithi 7 797486155	Gulika 8:48AM - 10:08AM Yama 6:08AM - 7:28AM Rahu 12:47PM - 2:07PM	Dhanishtha Until 7:44PM Vyaghata* Until 9:25PM Gara Until 11:58AM Saptami Until 1:03AM Fri


Creative Work Siddha Yoga
Until 7.44PM then Marana Yoga
Until 9.51PM then Siddha Yoga

Ganesha: Clear <i>Sunrise:</i> 6:08AM	Muruqa: White <i>Sunset:</i> 4:46PM	Moon 11 - Phase 31 3rd Phase
Nataraja: Red	Margasira-Karttikai	Sivaloka Day

	Friday, December 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha Nakshatra Harshana Yoga Visti*/Bava Karana Ashtami* Yam Titau	Manama, Bahrain Sun 20 Sutra 234 Khara 5113
	Retreat Star Kumbha Rasi: 12.17 Tithi 8 797486155	Gulika 7:29AM - 8:48AM Yama 2:07PM - 3:27PM Rahu 10:08AM - 11:28AM	Satabhisha Until 9:25PM Harshana Until 10:18PM Visti Until 1:07PM Ashtami* Until 2:12AM Sat

Creative Work Siddha Yoga

Ganesha: Clear <i>Sunrise:</i> 6:09AM	Muruqa: White <i>Sunset:</i> 4:46PM	Moon 11 - Phase 31 Ashtami
Nataraja: Red	Margasira-Karttikai	Sivaloka Day

	Saturday, December 3, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navami* Yam Titau	Manama, Bahrain Sun 21 Sutra 235 Khara 5113
	Retreat Star Kumbha Rasi: 24.3 Tithi 9 717486155	Gulika 6:10AM - 7:29AM Yama 12:48PM - 2:07PM Rahu 8:49AM - 10:09AM	Purvaprostapada* Until 11:40PM Vajra* Until 10:29PM Balava Until 2:51PM Navami* Until 3:57AM Sun

Creative Work Siddha Yoga
Until 11.40PM then Amrita Yoga

Ganesha: Yellow <i>Sunrise:</i> 6:10AM	Muruqa: White <i>Sunset:</i> 4:46PM	Moon 11 - Phase 31 Navami
Nataraja: Red	Margasira-Karttikai	Sivaloka Day

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM

1	Sunday, December 4, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada Nakshatra Siddhi Yoga Tailila/Gara Karana Dasami Yam Titau	Manama, Bahrain Sun 22 Sutra 236 Khara 5113
	Meena Rasi: 6.31 Tithi 10 717486155	Gulika 2:08PM – 3:27PM Yama 11:29AM – 12:48PM Rahu 3:27PM – 4:47PM	Uttaraprostapada Until 2:17AM Mon Siddhi Until 11:03PM Tailila Until 5:02PM Dasami Until 6:22AM Mon

Ganesha: Yellow *Sunrise:* 6:11AM
Muruqa: White *Sunset:* 4:47PM
Nataraja: Red
Moon – Clear
Margasira-Karttikai

Sivaloka Day

2	Monday, December 5, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Manama, Bahrain Sun 23 Sutra 237 Khara 5113
	Meena Rasi: 18.25 Tithi 10 – 11 Family Home Evening 717496155 Creative Work Siddha Yoga	Gulika 12:48PM – 2:08PM Yama 10:10AM – 11:29AM Rahu 7:31AM – 8:50AM	Revati Until 5:09AM Tue Vyatipata* Until 11:49PM Vanija Until 7:28PM Dasami Until 6:22AM

Ganesha: Yellow *Sunrise:* 6:11AM
Muruqa: Clear *Sunset:* 4:47PM
Nataraja: Red
Moon – Clear
Margasira-Karttikai

Devaloka Day

3	Tuesday, December 6, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini Nakshatra Variyan Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Manama, Bahrain Sun 24 Sutra 238 Khara 5113
	Mesha Rasi: 0.16 Tithi 11 – 12 727496155	Gulika 11:29AM – 12:49PM Yama 8:51AM – 10:10AM Rahu 2:08PM – 3:27PM	Asvini Until 8:26AM Wed Variyan Until 12:42AM Wed Bava Until 10:01PM Ekadasi Until 8:56AM

Ganesha: White *Sunrise:* 6:12AM
Muruqa: Clear *Sunset:* 4:47PM
Nataraja: Red
Moon – White
Margasira-Karttikai

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

4	Wednesday, December 7, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Asvini/Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Manama, Bahrain Sun 25 Sutra 239 Khara 5113
	Mesha Rasi: 12.07 Tithi 12 – 13 728496155	Gulika 10:11AM – 11:30AM Yama 7:32AM – 8:51AM Rahu 11:30AM – 12:49PM	Asvini Until 8:26AM Parigha* Until 1:34AM Thu Kaulava Until 12:34AM Thu Dvadasi Until 11:28AM <i>Pradosha Vrata</i>

Ganesha: Clear *Sunrise:* 6:13AM
Muruqa: Clear *Sunset:* 4:47PM
Nataraja: Red
Moon – White
Margasira-Karttikai

Devaloka Day

5	Thursday, December 8, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Manama, Bahrain Sun 26 Sutra 240 Khara 5113
	Mesha Rasi: 24.01 Tithi 13 – 14 728596155	Gulika 8:52AM – 10:11AM Yama 6:13AM – 7:32AM Rahu 12:50PM – 2:09PM	Bharani Until 11:17AM Shiva Until 2:19AM Fri Gara Until 2:58AM Fri Trayodasi Until 1:53PM

Ganesha: White *Sunrise:* 6:13AM
Muruqa: Clear *Sunset:* 4:47PM
Nataraja: Red
Moon – White
Margasira-Karttikai

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

6	Friday, December 9, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Manama, Bahrain Sun 27 Sutra 241 Khara 5113
	Vrishabha Rasi: 6.02 Tithi 14 – 15 728596155	Gulika 7:33AM – 8:52AM Yama 2:09PM – 3:28PM Rahu 10:12AM – 11:31AM	Krittika Until 1:55PM Siddha Until 2:53AM Sat Visti Until 5:09AM Sat Chaturdasi* Until 4:04PM

Ganesha: White *Sunrise:* 6:14AM
Muruqa: Clear *Sunset:* 4:47PM
Nataraja: Red
Moon – White
Margasira-Karttikai

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

○	Saturday, December 10, 2011 Copper Retreat Star	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mantla Vasara Yuktayam Rohini/Mrigasira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Manama, Bahrain Sutra 242 Khara 5113
	Vrishabha Rasi: 18.12 Tithi 15 – 16 738596155	Gulika 6:15AM – 7:34AM Yama 12:50PM – 2:09PM Rahu 8:53AM – 10:12AM	Rohini Until 4:16PM Sadhya Until 3:10AM Sun Balava Until 7:01AM Sun Purnima* Until 5:56PM

Ganesha: Clear *Sunrise:* 6:15AM
Muruqa: Clear *Sunset:* 4:48PM
Nataraja: Red
Moon – Yellow
Margasira-Karttikai

Devaloka Day

○	Sunday, December 11, 2011 Silver Retreat Star	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigasira/Ardra Nakshatra Subha Yoga Balava/Kaulava Karana Prathama* Yam Titau	Manama, Bahrain Sutra 243 Khara 5113
	Mithuna Rasi: 0.32 Tithi 16 738596155	Gulika 2:10PM – 3:29PM Yama 11:32AM – 12:51PM Rahu 3:29PM – 4:48PM	Mrigasira Until 5:19PM Subha Until 1:37AM Mon Balava Until 6:17AM Prathama* Until 6:17PM

Ganesha: Clear *Sunrise:* 6:15AM
Muruqa: Clear *Sunset:* 4:48PM
Nataraja: Red
Moon – Yellow
Margasira-Karttikai

Devaloka Day

Vinayaga Viratam Begins



Monday, December 12, 2011
Gold Retreat Star

Mithuna Rasi: 13.05 Tithi 17
Family Home Evening 738596155
Creative Work Siddha Yoga
Until 6:46PM then Amrita Yoga
Until 9:55PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Sukla Yoga Tailila/Gara Karana Dvitiya Yam Titau

Gulika 12:51PM – 2:10PM **Ardra Until 6:46PM**
Yama 10:13AM – 11:32AM Sukla Until 1:14AM Tue
Rahu 7:35AM – 8:54AM Tailila Until 7:14AM
Dvitiya Until 7:14PM

Manama, Bahrain
Sun 1 **Sutra 244**
Khara 5113
Moon 12 - Phase 33
1st Phase

Ganesha: Clear *Sunrise:* 6:16AM
Muruqa: Clear *Sunset:* 4:48PM
Nataraja: Red
Moon – Yellow
Margasira-Karttikai

Devaloka Day

1

Tuesday, December 13, 2011

Mithuna Rasi: 25.5 Tithi 18
749596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiya Yam Titau

Gulika 11:33AM – 12:52PM **Punarvasu Until 7:50PM**
Yama 8:55AM – 10:14AM Brahma Until 12:29AM Wed
Rahu 2:11PM – 3:29PM Vanija Until 7:46AM
Tritiya Until 7:46PM

Manama, Bahrain
Sun 2 **Sutra 245**
Khara 5113
Moon 12 - Phase 33
1st Phase

Ganesha: Clear *Sunrise:* 6:17AM
Muruqa: Clear *Sunset:* 4:48PM
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Devaloka Day

2

Wednesday, December 14, 2011

Kataka Rasi: 8.49 Tithi 19
749596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthi* Yam Titau

Gulika 10:14AM – 11:33AM **Pushya Until 8:30PM**
Yama 7:36AM – 8:55AM Indra Until 11:21PM
Rahu 11:33AM – 12:52PM Bava Until 7:51AM
Chaturthi* Until 7:51PM

Manama, Bahrain
Sun 3 **Sutra 246**
Khara 5113
Moon 12 - Phase 33
1st Phase

Ganesha: Clear *Sunrise:* 6:17AM
Muruqa: Clear *Sunset:* 4:49PM
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Devaloka Day

3

Thursday, December 15, 2011

Kataka Rasi: 22.01 Tithi 20
749596155
Creative Work Siddha Yoga
Until 8:45PM then Amrita Yoga
Until 9:57PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Aslesha* Nakshatra Vaidhriti* Yoga Kaulava/Tailila Karana Panchami Yam Titau

Gulika 8:56AM – 10:15AM **Aslesha* Until 8:45PM**
Yama 6:18AM – 7:37AM Vaidhriti* Until 9:50PM
Rahu 12:52PM – 2:11PM Kaulava Until 7:29AM
Panchami Until 7:29PM

Manama, Bahrain
Sun 4 **Sutra 247**
Khara 5113
Moon 12 - Phase 33
1st Phase

Ganesha: Clear *Sunrise:* 6:18AM
Muruqa: Clear *Sunset:* 4:49PM
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Devaloka Day

4

Friday, December 16, 2011

Simha Rasi: 5.26 Tithi 21
759596155
Routine Work Marana Yoga
Until 7:33PM then Siddha Yoga
Until 9:57PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shasthi* Yam Titau

Gulika 7:37AM – 8:56AM **Magha* Until 7:33PM**
Yama 2:12PM – 3:31PM Vishkambha* Until 7:01PM
Rahu 10:15AM – 11:34AM Gara Until 6:38AM
Shasthi* Until 5:42PM

Manama, Bahrain
Sun 5 **Sutra 248**
Khara 5113
Moon 12 - Phase 33
1st Phase

Ganesha: White *Sunrise:* 6:19AM
Muruqa: Clear *Sunset:* 4:49PM
Nataraja: Red
Moon – Red
Margasira-Markali

Sivaloka Day

5

Saturday, December 17, 2011

Simha Rasi: 19.05 Tithi 22 – 23
859596155
Routine Work Marana Yoga
Until 9:58PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 6:19AM – 7:38AM **Purvaphalguni* Until 7:00PM**
Yama 12:53PM – 2:12PM Priti Until 4:53PM
Rahu 8:57AM – 10:16AM Balava Until 3:37AM Sun
Saptami Until 4:32PM

Manama, Bahrain
Sun 6 **Sutra 249**
Khara 5113
Moon 12 - Phase 33
1st Phase

Ganesha: Clear *Sunrise:* 6:19AM
Muruqa: Clear *Sunset:* 4:50PM
Nataraja: Red
Moon – Red
Margasira-Markali

Devaloka Day



Sunday, December 18, 2011
Retreat Star

Kanya Rasi: 2.58 Tithi 23 – 24
859596155
Creative Work Amrita Yoga
Until 9:58PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Kaulava/Tailila Karana Ashtami*/Navami* Yam Titau

Gulika 2:13PM – 3:31PM **Uttaraphalguni Until 6:04PM**
Yama 11:35AM – 12:54PM Ayushman Until 2:22PM
Rahu 3:31PM – 4:50PM Tailila Until 2:01AM Mon
Ashtami* Until 2:56PM

Manama, Bahrain
Sun 7 **Sutra 250**
Khara 5113
Moon 12 - Phase 33
Ashtami

Ganesha: Clear *Sunrise:* 6:20AM
Muruqa: Clear *Sunset:* 4:50PM
Nataraja: Red
Moon – Red
Margasira-Markali

Devaloka Day

Monday, December 19, 2011
Retreat Star

Kanya Rasi: 17.04 Tithi 24 – 25
869596155
Family Home Evening
Creative Work Siddha Yoga
Until 4:44PM then Prabalarishta Yoga
Until 9:59PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau


Gulika 12:54PM – 2:13PM **Hasta Until 4:44PM**
Yama 10:17AM – 11:36AM Saubhagya Until 11:30AM
Rahu 7:39AM – 8:58AM Vanija Until 12:00AM Tue
Navami* Until 12:56PM

Manama, Bahrain
Sun 8 **Sutra 251**
Khara 5113
Moon 12 - Phase 33
Navami

Ganesha: White *Sunrise:* 6:20AM
Muruqa: Clear *Sunset:* 4:51PM
Nataraja: Red
Moon – Green
Margasira-Markali

Sivaloka Day

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishṇa Yajur Veda, Svetu 1.15. UpR, 718

1	Tuesday, December 20, 2011	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Manama, Bahrain
			Sun 9 Sutra 252 Khara 5113
Tula Rasi: 1.23	Tithi 25 – 26	Gulika 11:36AM – 12:55PM Yama 8:58AM – 10:17AM Rahu 2:14PM – 3:32PM	Chitra Until 3:04PM Sobhana Until 8:19AM Bava Until 9:37PM Dasami Until 10:32AM
869596155		Ganesha: White Muruqa: Clear Nataraja: Red Moon – Green	Sunrise: 6:21AM Sunset: 4:51PM
Creative Work	Siddha Yoga		Sivaloka Day
<hr/>			
2	Wednesday, December 21, 2011	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Visakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Manama, Bahrain
			Sun 10 Sutra 253 Khara 5113
Tula Rasi: 15.52	Tithi 26 – 27	Gulika 10:18AM – 11:37AM Yama 7:40AM – 8:59AM Rahu 11:37AM – 12:55PM	Svati Until 12:37PM Sukarma Until 12:55AM Thu Kaulava Until 6:00PM Ekadasi* Until 7:43AM
861596155		Ganesha: White Muruqa: Clear Nataraja: Red Moon – Green	Sunrise: 6:21AM Sunset: 4:52PM
Creative Work	Siddha Yoga	Day 1 of Pancha Ganapati	Sivaloka Day
<hr/>			
3	Thursday, December 22, 2011	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Visakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Manama, Bahrain
			Sun 11 Sutra 254 Khara 5113
Vrischika Rasi: 0.26	Tithi 28	Gulika 8:59AM – 10:18AM Yama 6:22AM – 7:41AM Rahu 12:56PM – 2:15PM	Visakha Until 10:38AM Dhriti Until 9:32PM Gara Until 3:20PM Trayodasi* Until 1:37AM Fri <i>Pradosha Vrata (Fasting)</i>
871596155		Ganesha: Yellow Muruqa: Clear Nataraja: Red Moon – Orange	Sunrise: 6:22AM Sunset: 4:52PM
Creative Work	Siddha Yoga	Day 2 of Pancha Ganapati	Devaloka Day
<hr/>			
4	Friday, December 23, 2011	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Manama, Bahrain
			Sun 12 Sutra 255 Khara 5113
Vrischika Rasi: 15.01	Tithi 29	Gulika 7:41AM – 9:00AM Yama 2:15PM – 3:34PM Rahu 10:19AM – 11:38AM	Anuradha Until 8:49AM Shula* Until 6:08PM Visti Until 1:09PM Chaturdasi* Until 12:14AM Sat
871596155		Ganesha: Yellow Muruqa: Clear Nataraja: Red Moon – Orange	Sunrise: 6:22AM Sunset: 4:53PM
Creative Work	Siddha Yoga	Day 3 of Pancha Ganapati	Devaloka Day
Until 8:49AM then Prabalarishta Yoga			
Until 10:01PM then Siddha Yoga			
<hr/>			
	Saturday, December 24, 2011	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Manama, Bahrain
	Retreat Star		Sun 13 Sutra 256 Khara 5113
Vrischika Rasi: 29.31	Tithi 30	Gulika 6:23AM – 7:42AM Yama 12:57PM – 2:16PM Rahu 9:00AM – 10:19AM	Jyeshtha* Until 6:50AM Ganda* Until 3:27PM Catuspada Until 10:26AM Amavasya* Until 9:30PM
871596155		Ganesha: Yellow Muruqa: Clear Nataraja: Red Moon – Orange	Sunrise: 6:23AM Sunset: 4:53PM
Creative Work	Siddha Yoga	Day 4 of Pancha Ganapati	Devaloka Day
Until 10:01PM then Amrita Yoga			
<hr/>			
	Sunday, December 25, 2011	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Manama, Bahrain
	Retreat Star		Sun 14 Sutra 257 Khara 5113
Dhanus Rasi: 13.49	Tithi 1	Gulika 2:16PM – 3:35PM Yama 11:39AM – 12:57PM Rahu 3:35PM – 4:54PM	Purvashadha* Until 4:02AM Mon Vriddhi Until 12:17PM Kintughna Until 8:04AM Prathama* Until 7:09PM
881596155		Ganesha: Red Muruqa: Clear Nataraja: Red Moon – Light Blue	Sunrise: 6:23AM Sunset: 4:54PM
Creative Work	Siddha Yoga	Day 5 of Pancha Ganapati	Devaloka Day
Until 10:02PM then Marana Yoga			
<hr/>			

The soul is born and unfolds in a body with dreams and desires and the food of life. And then it is reborn in new bodies in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda, Svetu 5.11–12. UpM, 94

1	Monday, December 26, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Taitila Karana Dvitiya/Tritiya Yam Titau		Manama, Bahrain
	Dhanu Rasi: 27.49 Tithi 2 – 3 Family Home Evening 881596155 Routine Work Marana Yoga Until 10.02PM then Prabalarishta Yoga Until 2:52AM Tue then Siddha Yoga	Gulika 12:58PM – 2:17PM Yama 10:20AM – 11:39AM Rahu 7:43AM – 9:01AM	Uttarashadha Until 2:52AM Tue Dhruva Until 9:34AM Balava Until 6:14AM Dvitiya Until 5:19PM	Ganesha: Red <i>Sunrise:</i> 6:24AM Muruqa: Clear <i>Sunset:</i> 4:54PM Nataraja: Red Moon – Light Blue Pausha-Markali


2	Tuesday, December 27, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau		Manama, Bahrain
	Makara Rasi: 11.29 Tithi 3 – 4 Creative Work Siddha Yoga Until 3:52AM Wed then Prabalarishta Yoga	Gulika 11:40AM – 12:58PM Yama 9:02AM – 10:21AM Rahu 2:17PM – 3:36PM	Sravana Until 3:52AM Wed Vyaghata* Until 7:30AM Vanija Until 4:58AM Wed Tritiya Until 4:58PM	Ganesha: Yellow <i>Sunrise:</i> 6:24AM Muruqa: Clear <i>Sunset:</i> 4:55PM Nataraja: Yellow Moon – Purple Pausha-Markali

3	Wednesday, December 28, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Manama, Bahrain
	Makara Rasi: 24.46 Tithi 4 – 5 Routine Work Prabalarishta Yoga Until 10.03PM then Siddha Yoga Until 3:57AM Thu then Marana Yoga	Gulika 10:21AM – 11:40AM Yama 7:43AM – 9:02AM Rahu 11:40AM – 12:59PM	Dhanishtha Until 3:57AM Thu Vajra* Until 4:42AM Thu Bava Until 4:26AM Thu Chaturthi* Until 4:26PM	Ganesha: Yellow <i>Sunrise:</i> 6:25AM Muruqa: Clear <i>Sunset:</i> 4:55PM Nataraja: Yellow Moon – Purple Pausha-Markali

4	Thursday, December 29, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Manama, Bahrain
	Kumbha Rasi: 7.41 Tithi 5 – 6 Routine Work Marana Yoga Until 10.04PM then Siddha Yoga	Gulika 9:03AM – 10:22AM Yama 6:25AM – 7:44AM Rahu 12:59PM – 2:18PM	Satabhisha Until 4:45AM Fri Siddhi Until 3:41AM Fri Kaulava Until 4:39AM Fri Panchami Until 4:39PM	Ganesha: Yellow <i>Sunrise:</i> 6:25AM Muruqa: Clear <i>Sunset:</i> 4:56PM Nataraja: Yellow Moon – Purple Pausha-Markali

5	Friday, December 30, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada* Nakshatra Vyatipata* Yoga Taitila Karana Shasthi* Yam Titau		Manama, Bahrain
	Kumbha Rasi: 20.14 Tithi 6 Creative Work Siddha Yoga	Gulika 7:44AM – 9:03AM Yama 2:19PM – 3:38PM Rahu 10:22AM – 11:41AM	Purvaprostapada* Until 7:38AM Sat Vyatipata* Until 4:53AM Sat Taitila Until 7:43AM Sat Shasthi* Until 6:37PM	Ganesha: Yellow <i>Sunrise:</i> 6:25AM Muruqa: Clear <i>Sunset:</i> 4:57PM Nataraja: Yellow Moon – Clear Pausha-Markali

6	Saturday, December 31, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Variyan Yoga Gara/Vanija Karana Saptami Yam Titau		Manama, Bahrain
	Meena Rasi: 2.31 Tithi 7 Creative Work Siddha Yoga Until 10.05PM then Amrita Yoga	Gulika 6:26AM – 7:45AM Yama 1:00PM – 2:19PM Rahu 9:04AM – 10:23AM	Purvaprostapada* Until 7:38AM Variyan Until 4:58AM Sun Gara Until 7:09AM Saptami Until 8:15PM	Ganesha: Blue <i>Sunrise:</i> 6:26AM Muruqa: Clear <i>Sunset:</i> 4:57PM Nataraja: Yellow Moon – Clear Pausha-Markali

	Sunday, January 1, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtami* Yam Titau		Manama, Bahrain
	Retreat Star Meena Rasi: 14.34 Tithi 8 Creative Work Amrita Yoga Until 10.06PM then Siddha Yoga	Gulika 2:21PM – 3:40PM Yama 11:42AM – 1:02PM Rahu 3:40PM – 4:59PM	Uttaraprostapada Until 10:12AM Parigha* Until 5:27AM Mon Visti Until 9:16AM Ashtami* Until 10:22PM	Ganesha: Blue <i>Sunrise:</i> 6:26AM Muruqa: Clear <i>Sunset:</i> 4:59PM Nataraja: Yellow Moon – Clear Pausha-Markali

Monday, January 2, 2012	Retreat Star	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Asvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navami* Yam Titau		Manama, Bahrain
	Meena Rasi: 26.28 Tithi 9 Family Home Evening 812696156 Creative Work Siddha Yoga	Gulika 1:02PM – 2:21PM Yama 10:24AM – 11:43AM Rahu 7:46AM – 9:05AM	Revati Until 1:03PM Shiva Until 6:28AM Tue Balava Until 11:42AM Navami* Until 12:47AM Tue	Ganesha: Yellow <i>Sunrise:</i> 6:26AM Muruqa: Clear <i>Sunset:</i> 4:59PM Nataraja: Yellow Moon – Clear Pausha-Markali

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, 'Fear not.' Tirumurai 11. KD, 224

1	Tuesday, January 3, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini/Bharani Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Dasami Yam Titau	Manama, Bahrain Sun 23 Sutra 266 Khara 5113
	Mesha Rasi: 8.19 Tithi 10 822696156	Gulika 11:43AM – 1:03PM Yama 9:05AM – 10:24AM Rahu 2:22PM – 3:41PM	Asvini Until 4:03PM Shiva Until 6:28AM Tailila Until 2:17PM Dasami Until 3:22AM Wed

Creative Work Siddha Yoga
Until 10.07PM then Marana Yoga

Ganesha: White <i>Sunrise:</i> 6:27AM	Muruqa: Clear <i>Sunset:</i> 5:00PM	Moon 12 - Phase 36
Nataraja: Yellow	Moon – White	4th Phase
Pausha-Markali		Sivaloka Day

2	Wednesday, January 4, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Vanija/Vishti* Karana Ekadasi Yam Titau	Manama, Bahrain Sun 24 Sutra 267 Khara 5113
	Mesha Rasi: 20.1 Tithi 11 822696156	Gulika 10:25AM – 11:44AM Yama 7:46AM – 9:05AM Rahu 11:44AM – 1:03PM	Bharani Until 7:01PM Siddha Until 7:20AM Vanija Until 4:50PM Ekadasi Until 6:06AM Thu

Routine Work Marana Yoga
Until 7:01PM then Amrita Yoga
Until 10.07PM then Marana Yoga

Ganesha: White <i>Sunrise:</i> 6:27AM	Muruqa: Clear <i>Sunset:</i> 5:01PM	Moon 12 - Phase 36
Nataraja: Yellow	Moon – White	4th Phase
Pausha-Markali		Sivaloka Day

3	Thursday, January 5, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Manama, Bahrain Sun 25 Sutra 268 Khara 5113
	Virshabha Rasi: 2.05 Tithi 11 – 12 822696156	Gulika 9:06AM – 10:25AM Yama 6:27AM – 7:46AM Rahu 1:04PM – 2:23PM	Krittika Until 9:49PM Sadhya Until 8:02AM Bava Until 7:12PM Ekadasi Until 6:06AM

Routine Work Marana Yoga
Subramuniyaswami Jayanti

Ganesha: White <i>Sunrise:</i> 6:27AM	Muruqa: Clear <i>Sunset:</i> 5:01PM	Moon 12 - Phase 36
Nataraja: Yellow	Moon – White	4th Phase
Pausha-Markali		Sivaloka Day

4	Friday, January 6, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Manama, Bahrain Sun 26 Sutra 269 Khara 5113
	Virshabha Rasi: 14.11 Tithi 12 – 13 832696156	Gulika 7:47AM – 9:06AM Yama 2:23PM – 3:43PM Rahu 10:25AM – 11:45AM	Rohini Until 12:17AM Sat Subha Until 8:26AM Kaulava Until 9:13PM Dvadasi Until 8:07AM

Routine Work Marana Yoga
Until 10.08PM then Amrita Yoga
Until 12:17AM Sat then Siddha Yoga

Ganesha: Clear <i>Sunrise:</i> 6:27AM	Muruqa: Clear <i>Sunset:</i> 5:02PM	Moon 12 - Phase 36
Nataraja: Yellow	Moon – Yellow	4th Phase
Pausha-Markali		Devaloka Day

Pradosha Vrata

5	Saturday, January 7, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Manama, Bahrain Sun 27 Sutra 270 Khara 5113
	Virshabha Rasi: 26.3 Tithi 13 – 14 832696156	Gulika 6:27AM – 7:47AM Yama 1:05PM – 2:24PM Rahu 9:06AM – 10:26AM	Mrigasira Until 12:46AM Sun Sukla Until 8:16AM Gara Until 9:22PM Trayodasi Until 9:22AM

Creative Work Siddha Yoga

Ganesha: Clear <i>Sunrise:</i> 6:27AM	Muruqa: Clear <i>Sunset:</i> 5:03PM	Moon 12 - Phase 36
Nataraja: Yellow	Moon – Yellow	4th Phase
Pausha-Markali		Devaloka Day

○	Sunday, January 8, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Vishti* Karana Chaturdasi*/Purnima* Yam Titau	Manama, Bahrain Sun 28 Sutra 271 Khara 5113
	Mithuna Rasi: 9.05 Tithi 14 – 15 832696156	Gulika 2:25PM – 3:44PM Yama 11:46AM – 1:05PM Rahu 3:44PM – 5:04PM	Ardra Until 2:10AM Mon Brahma Until 7:49AM Vishti Until 10:15PM Chaturdasi* Until 10:15AM

Creative Work Siddha Yoga
Until 2:10AM Mon then Amrita Yoga

Tiruvembavai

Ganesha: Clear <i>Sunrise:</i> 6:28AM	Muruqa: Clear <i>Sunset:</i> 5:04PM	Moon 12 - Phase 36
Nataraja: Yellow	Moon – Yellow	Purnima
Pausha-Markali		Devaloka Day

○	Monday, January 9, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhrili* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Manama, Bahrain Sun 29 Sutra 272 Khara 5113
	Mithuna Rasi: 21.56 Tithi 15 – 16 842696156	Gulika 1:06PM – 2:25PM Yama 10:26AM – 11:46AM Rahu 7:47AM – 9:07AM	Punarvasu Until 3:02AM Tue Indra Until 6:52AM Balava Until 10:33PM Purnima* Until 10:33AM

Creative Work Amrita Yoga
Until 10.09PM then Siddha Yoga

Ganesha: Purple <i>Sunrise:</i> 6:28AM	Muruqa: Clear <i>Sunset:</i> 5:04PM	Moon 12 - Phase 36
Nataraja: Yellow	Moon – Blue	Prathama
Pausha-Markali		Sivaloka Day

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2. UpH,262



Tuesday, January 10, 2012
Gold Retreat Star

Kataka Rasi: 5.05 Tithi 16 – 17
842696156
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 11:46AM – 1:06PM **Pushya Until 3:22AM Wed**
Yama 9:07AM – 10:27AM Vishkambha* Until 4:18AM Wed
Rahu 2:26PM – 3:45PM Taitila Until 10:18PM
Prathama* Until 10:18AM

Ganesha: Purple *Sunrise:* 6:28AM
Muruqa: Clear *Sunset:* 5:05PM
Nataraja: Yellow
Moon – Blue
Pausha-Markali

Manama, Bahrain
Sutra 273
Khara 5113
Moon 13 - Phase 37
1st Phase
Sivaloka Day

1

Wednesday, January 11, 2012

Kataka Rasi: 18.3 Tithi 17 – 18
842696156
Creative Work Siddha Yoga
Until 1:43AM Thu then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Aslesha* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 10:27AM – 11:47AM **Aslesha* Until 1:43AM Thu**
Yama 7:47AM – 9:07AM Priti Until 1:03AM Thu
Rahu 11:47AM – 1:07PM Vanija Until 8:19PM
Dvitiya Until 9:14AM

Ganesha: Purple *Sunrise:* 6:28AM
Muruqa: Clear *Sunset:* 5:06PM
Nataraja: Yellow
Moon – Blue
Pausha-Markali

Manama, Bahrain
Sun 1 Sutra 274
Khara 5113
Moon 13 - Phase 37
1st Phase
Sivaloka Day

2

Thursday, January 12, 2012

Simha Rasi: 2.08 Tithi 18 – 19
852696156
Creative Work Amrita Yoga
Until 10:10PM then Marana Yoga
Until 1:12AM Fri then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 9:07AM – 10:27AM **Magha* Until 1:12AM Fri**
Yama 6:28AM – 7:48AM Ayushman Until 10:57PM
Rahu 1:07PM – 2:27PM Bava Until 7:11PM
Tritiya Until 8:06AM

Ganesha: Clear *Sunrise:* 6:28AM
Muruqa: Clear *Sunset:* 5:07PM
Nataraja: Yellow
Moon – Red
Pausha-Markali

Manama, Bahrain
Sun 2 Sutra 275
Khara 5113
Moon 13 - Phase 37
1st Phase
Devaloka Day

3

Friday, January 13, 2012

Simha Rasi: 15.56 Tithi 19 – 20
852696156
Creative Work Siddha Yoga
Until 10:11PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni* Nakshatra Saubhagya Yoga Balava/Taitila Karana Chaturthi*/Panchami Yam Titau
Gulika 7:48AM – 9:08AM **Purvaphalguni* Until 12:23AM Sat**
Yama 2:28PM – 3:47PM Saubhagya Until 8:34PM
Rahu 10:28AM – 11:48AM Taitila Until 4:49AM Sat
Chaturthi* Until 6:39AM

Ganesha: Clear *Sunrise:* 6:28AM
Muruqa: Clear *Sunset:* 5:07PM
Nataraja: Yellow
Moon – Red
Pausha-Markali

Manama, Bahrain
Sun 3 Sutra 276
Khara 5113
Moon 13 - Phase 37
1st Phase
Devaloka Day

4

Saturday, January 14, 2012

Simha Rasi: 29.52 Tithi 21
853696156
Routine Work Marana Yoga
Until 10:11PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 6:28AM – 7:48AM **Uttaraphalguni Until 11:22PM**
Yama 1:08PM – 2:28PM Sobhana Until 5:58PM
Rahu 9:08AM – 10:28AM Gara Until 4:03PM
Shasthi* Until 3:08AM Sun

Ganesha: Purple *Sunrise:* 6:28AM
Muruqa: Clear *Sunset:* 5:08PM
Nataraja: Yellow
Moon – Red
Pausha-Thai

Thai Pongal

Manama, Bahrain
Sun 4 Sutra 277
Khara 5113
Moon 13 - Phase 37
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

5

Sunday, January 15, 2012

Kanya Rasi: 13.53 Tithi 22
863696156
Creative Work Amrita Yoga
Until 10:11PM then Siddha Yoga
Until 10:12PM then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 2:29PM – 3:49PM **Hasta Until 10:12PM**
Yama 11:48AM – 1:08PM Athiganda* Until 3:15PM
Rahu 3:49PM – 5:09PM Visti Until 2:13PM
Saptami Until 1:17AM Mon

Ganesha: Clear *Sunrise:* 6:28AM
Muruqa: Clear *Sunset:* 5:09PM
Nataraja: Yellow
Moon – Green
Pausha-Thai

Manama, Bahrain
Sun 5 Sutra 278
Khara 5113
Moon 13 - Phase 37
1st Phase
Devaloka Day

Retreat Star

Monday, January 16, 2012

Kanya Rasi: 27.58 Tithi 23
Family Home Evening 863696156
Routine Work Prabalarishta Yoga
Until 8:56PM then Amrita Yoga
Until 10:12PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 1:09PM – 2:29PM **Chitra Until 8:56PM**
Yama 10:28AM – 11:49AM Sukarma Until 12:26PM
Rahu 7:48AM – 9:08AM Balava Until 12:16PM
Ashtami* Until 11:21PM

Ganesha: Clear *Sunrise:* 6:28AM
Muruqa: Clear *Sunset:* 5:10PM
Nataraja: Yellow
Moon – Green
Pausha-Thai

Manama, Bahrain
Sun 6 Sutra 279
Khara 5113
Moon 13 - Phase 37
Ashtami
Devaloka Day

Tuesday, January 17, 2012

Retreat Star

Tula Rasi: 12.04 Tithi 24
863696156
Creative Work Siddha Yoga
Until 7:36PM then Marana Yoga
Until 10:12PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 11:49AM – 1:09PM **Svati Until 7:36PM**
Yama 9:08AM – 10:29AM Dhriti Until 9:34AM
Rahu 2:30PM – 3:50PM Taitila Until 10:15AM
Navami* Until 9:19PM

Ganesha: Clear *Sunrise:* 6:27AM
Muruqa: Clear *Sunset:* 5:11PM
Nataraja: Yellow
Moon – Green
Pausha-Thai

Manama, Bahrain
Sun 7 Sutra 280
Khara 5113
Moon 13 - Phase 37
Navami
Devaloka Day

1 **Wednesday, January 18, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Manama, Bahrain
 Visakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dasami Yam Titau **Sun 8 Sutra 281**
 Khara 5113
 Tula Rasi: 26.12 Tithi 25 **Gulika 10:29AM – 11:49AM Visakha Until 6:14PM Ganesha: White Sunrise: 6:27AM**
 873696156 **Yama 7:48AM – 9:08AM Shula* Until 6:40AM Muruqa: Clear Sunset: 5:11PM** Moon 13 - Phase 38
Rahu 11:49AM – 1:10PM Vanija Until 8:11AM Nataraja: Yellow 2nd Phase
 Creative Work Siddha Yoga **Dasami Until 7:16PM Pausha*Thai Bhuloka Day**
 Devaloka Time: 3:PM to 6:PM

2 **Thursday, January 19, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Manama, Bahrain
 Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Bava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau **Sun 9 Sutra 282**
 Khara 5113
 Vrischika Rasi: 10.2 Tithi 26 – 27 **Gulika 9:08AM – 10:29AM Anuradha Until 4:51PM Ganesha: White Sunrise: 6:27AM**
 873696156 **Yama 6:27AM – 7:48AM Vriddhi Until 1:05AM Fri Muruqa: Clear Sunset: 5:12PM** Moon 13 - Phase 38
Rahu 1:10PM – 2:31PM Bava Until 6:08AM Nataraja: Yellow 2nd Phase
 Creative Work Siddha Yoga **Ekadasi* Until 5:12PM Pausha*Thai Bhuloka Day**
 Until 10.13PM then Prabalarishta Yoga **Devaloka Time: 3:PM to 6:PM**

3 **Friday, January 20, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Manama, Bahrain
 Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau **Sun 10 Sutra 283**
 Khara 5113
 Vrischika Rasi: 24.26 Tithi 27 – 28 **Gulika 7:48AM – 9:08AM Jyeshtha* Until 3:32PM Ganesha: White Sunrise: 6:27AM**
 873696156 **Yama 2:31PM – 3:52PM Dhruva Until 10:14PM Muruqa: Clear Sunset: 5:13PM** Moon 13 - Phase 38
Rahu 10:29AM – 11:50AM Gara Until 2:17AM Sat Nataraja: Yellow 2nd Phase
 Routine Work Prabalarishta Yoga **Dvadasi* Until 3:12PM Pausha*Thai Bhuloka Day**
 Until 3:32PM then no yoga **Pradosha Vrata (Fasting)** **Devaloka Time: 3:PM to 6:PM**
 Until 10.13PM then Siddha Yoga

4 **Saturday, January 21, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Manama, Bahrain
 Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau **Sun 11 Sutra 284**
 Khara 5113
 Dhanus Rasi: 8.28 Tithi 28 – 29 **Gulika 6:27AM – 7:48AM Mula* Until 2:22PM Ganesha: Green Sunrise: 6:27AM**
 883696156 **Yama 1:11PM – 2:32PM Vyaghata* Until 7:30PM Muruqa: Clear Sunset: 5:14PM** Moon 13 - Phase 38
Rahu 9:08AM – 10:29AM Visti Until 12:26AM Sun Nataraja: Yellow 2nd Phase
 Creative Work Siddha Yoga **Trayodasi* Until 1:21PM Pausha*Thai Bhuloka Day**
 Until 2:22PM then Marana Yoga **Devaloka Time: 3:PM to 6:PM**
 Until 10.13PM then Siddha Yoga

Retreat Star **Sunday, January 22, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Manama, Bahrain
 Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau **Sun 12 Sutra 285**
 Khara 5113
 Dhanus Rasi: 22.2 Tithi 29 – 30 **Gulika 2:32PM – 3:53PM Purvashadha* Until 1:25PM Ganesha: Green Sunrise: 6:27AM**
 883696156 **Yama 11:50AM – 1:11PM Harshana Until 4:59PM Muruqa: Clear Sunset: 5:14PM** Moon 13 - Phase 38
Rahu 3:53PM – 5:14PM Catuspada Until 10:50PM Nataraja: Yellow Amavasya
 Creative Work Siddha Yoga **Chaturdasi* Until 11:45AM Pausha*Thai Bhuloka Day**
 Until 1:25PM then Amrita Yoga **Devaloka Time: 3:PM to 6:PM**
 Until 10.14PM then Marana Yoga

Retreat Star **Monday, January 23, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Manama, Bahrain
 Uttarashadha*/Sravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau **Sun 13 Sutra 286**
 Khara 5113
 Makara Rasi: 6.02 Tithi 30 – 1 **Gulika 1:12PM – 2:33PM Uttarashadha Until 1:20PM Ganesha: Green Sunrise: 6:26AM**
 883696156 **Yama 10:30AM – 11:51AM Vajra* Until 3:25PM Muruqa: Clear Sunset: 5:15PM** Moon 13 - Phase 38
Family Home Evening Rahu 7:47AM – 9:08AM Kintughna Until 10:53PM Nataraja: Yellow Prathama
 Routine Work Marana Yoga **Amavasya* Until 10:53AM Magha*Thai Bhuloka Day**
 Until 1:20PM then Amrita Yoga **Devaloka Time: 3:PM to 6:PM**
 Until 10.14PM then Siddha Yoga

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Inv. to Vinayaka. TM

1	Tuesday, January 24, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama*/Dviliya Yam Titau				Manama, Bahrain
	Makara Rasi: 19.28 Tihti 1 – 2 893696156	Gulika 11:51AM – 1:12PM Yama 9:08AM – 10:30AM Rahu 2:33PM – 3:55PM	Sravana Until 1:08PM Siddhi Until 1:29PM Balava Until 10:03PM Prathama* Until 10:03AM	Ganesha: White Muruqa: Clear Nataraja: Yellow Moon – Purple Magha*Thai	<i>Sunrise:</i> 6:26AM <i>Sunset:</i> 5:16PM	Sun 14 Sutra 287 Khara 5113 Moon 13 - Phase 39 3rd Phase
Creative Work Siddha Yoga Until 1:08PM then Marana Yoga Until 10.14PM then Prabalarishta Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM				

2	Wednesday, January 25, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dviliya/Triliya Yam Titau				Manama, Bahrain
	Kumbha Rasi: 2.37 Tihti 2 – 3 993696156	Gulika 10:30AM – 11:51AM Yama 7:47AM – 9:08AM Rahu 11:51AM – 1:13PM	Dhanishtha Until 1:28PM Vyatipata* Until 12:04PM Taitila Until 9:47PM Dvitiya Until 9:47AM	Ganesha: Green Muruqa: Clear Nataraja: Yellow Moon – Purple Magha*Thai	<i>Sunrise:</i> 6:26AM <i>Sunset:</i> 5:17PM	Sun 15 Sutra 288 Khara 5113 Moon 13 - Phase 39 3rd Phase
Routine Work Prabalarishta Yoga Until 1:28PM then Siddha Yoga Until 10.14PM then Marana Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM				

3	Thursday, January 26, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Triliya/Chaturthi* Yam Titau				Manama, Bahrain
	Kumbha Rasi: 15.28 Tihti 3 – 4 993696156	Gulika 9:08AM – 10:30AM Yama 6:25AM – 7:47AM Rahu 1:13PM – 2:34PM	Satabhisha Until 2:22PM Variyan Until 11:09AM Vanija Until 10:07PM Tritiya Until 10:07AM	Ganesha: Green Muruqa: Clear Nataraja: Yellow Moon – Purple Magha*Thai	<i>Sunrise:</i> 6:25AM <i>Sunset:</i> 5:17PM	Sun 16 Sutra 289 Khara 5113 Moon 13 - Phase 39 3rd Phase
Routine Work Marana Yoga Until 2:22PM then Siddha Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM				

4	Friday, January 27, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Manama, Bahrain
	Kumbha Rasi: 28.01 Tihti 4 – 5 913796156	Gulika 7:47AM – 9:08AM Yama 2:35PM – 3:57PM Rahu 10:30AM – 11:52AM	Purvaprostapada* Until 4:38PM Parigha* Until 11:07AM Bava Until 12:36AM Sat Chaturthi* Until 11:31AM	Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – Clear Magha*Thai	<i>Sunrise:</i> 6:25AM <i>Sunset:</i> 5:18PM	Sun 17 Sutra 290 Khara 5113 Moon 13 - Phase 39 3rd Phase
Creative Work Siddha Yoga		Sivaloka Day				

5	Saturday, January 28, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Manama, Bahrain
	Meena Rasi: 10.18 Tihti 5 – 6 914796156	Gulika 6:25AM – 7:46AM Yama 1:14PM – 2:35PM Rahu 9:08AM – 10:30AM	Uttaraprostapada Until 6:45PM Shiva Until 11:11AM Kaulava Until 2:13AM Sun Panchami Until 1:07PM	Ganesha: Red Muruqa: Clear Nataraja: Yellow Moon – Clear Magha*Thai	<i>Sunrise:</i> 6:25AM <i>Sunset:</i> 5:19PM	Sun 18 Sutra 291 Khara 5113 Moon 13 - Phase 39 3rd Phase
Creative Work Siddha Yoga Until 6:45PM then Prabalarishta Yoga Until 10.15PM then Amrita Yoga		Devaloka Day				

6	Sunday, January 29, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Manama, Bahrain
	Meena Rasi: 22.22 Tihti 6 – 7 914796156	Gulika 2:36PM – 3:58PM Yama 11:52AM – 1:14PM Rahu 3:58PM – 5:20PM	Revati Until 9:17PM Siddha Until 11:40AM Gara Until 4:18AM Mon Shasthi* Until 3:12PM	Ganesha: Red Muruqa: Clear Nataraja: Yellow Moon – Clear Magha*Thai	<i>Sunrise:</i> 6:24AM <i>Sunset:</i> 5:20PM	Sun 19 Sutra 292 Khara 5113 Moon 13 - Phase 39 3rd Phase
Creative Work Amrita Yoga Until 9:17PM then Siddha Yoga		Devaloka Day				

Monday, January 30, 2012	Retreat Star	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Asvini Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Manama, Bahrain
	Mesha Rasi: 4.16 Tihti 7 – 8 924796156	Gulika 1:14PM – 2:36PM Yama 10:30AM – 11:52AM Rahu 7:46AM – 9:08AM	Asvini Until 12:09AM Tue Sadhya Until 12:25PM Visti Until 6:43AM Tue Saptami Until 5:38PM	Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – White Magha*Thai	<i>Sunrise:</i> 6:24AM <i>Sunset:</i> 5:21PM	Sun 20 Sutra 293 Khara 5113 Moon 13 - Phase 39 3rd Phase
Family Home Evening Creative Work Siddha Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM				

Tuesday, January 31, 2012	Retreat Star	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtami* Yam Titau				Manama, Bahrain
	Mesha Rasi: 16.05 Tihti 8 924796156	Gulika 11:52AM – 1:15PM Yama 9:08AM – 10:30AM Rahu 2:37PM – 3:59PM	Bharani Until 3:09AM Wed Subha Until 1:20PM Visti Until 7:08AM Ashtami* Until 8:13PM	Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – White Magha*Thai	<i>Sunrise:</i> 6:23AM <i>Sunset:</i> 5:21PM	Sun 21 Sutra 294 Khara 5113 Moon 13 - Phase 39 Ashtami
Creative Work Siddha Yoga Until 10.15PM then Marana Yoga Until 3:09AM Wed then Amrita Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM				

Wednesday, February 1, 2012	Retreat Star	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau				Manama, Bahrain
	Mesha Rasi: 27.55 Tihti 9 924796156	Gulika 10:30AM – 11:52AM Yama 7:46AM – 9:08AM Rahu 11:52AM – 1:15PM	Krittika Until 6:18AM Thu Sukla Until 2:14PM Balava Until 9:43AM Navami* Until 10:48PM	Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – White Magha*Thai	<i>Sunrise:</i> 6:23AM <i>Sunset:</i> 5:21PM	Sun 22 Sutra 295 Khara 5113 Moon 13 - Phase 39 Navami
Creative Work Amrita Yoga Until 10.15PM then Marana Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM				

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

1	Thursday, February 2, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dasami Yam Titau				Manama, Bahrain
	924796156		Gulika 9:08AM – 10:30AM	Krittika Until 6:18AM	Ganesha: Blue	<i>Sunrise:</i> 6:23AM	Sun 23 Sutra 296 Khara 5113
	924796156		Yama 6:23AM – 7:45AM	Brahma Until 2:57PM	Muruqa: Clear	<i>Sunset:</i> 5:22PM	Moon 13 - Phase 40
			Rahu 1:15PM – 2:37PM	Taitila Until 12:05PM	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga			Dasami Until 1:11AM Fri		Moon – White	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
					Magha*Thai		

2	Friday, February 3, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigasira Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau				Manama, Bahrain
	934797156		Gulika 7:45AM – 9:07AM	Rohini Until 8:44AM	Ganesha: Yellow	<i>Sunrise:</i> 6:22AM	Sun 24 Sutra 297 Khara 5113
	934797156		Yama 2:38PM – 4:00PM	Indra Until 3:19PM	Muruqa: White	<i>Sunset:</i> 5:23PM	Moon 13 - Phase 40
			Rahu 10:30AM – 11:53AM	Vanija Until 2:03PM	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga Until 8:44AM then Siddha Yoga			Ekadasi Until 3:08AM Sat		Moon – Yellow	Sivaloka Day	
					Magha*Thai		

3	Saturday, February 4, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau				Manama, Bahrain
	934797157		Gulika 6:22AM – 7:45AM	Mrigasira Until 10:17AM	Ganesha: Yellow	<i>Sunrise:</i> 6:22AM	Sun 25 Sutra 298 Khara 5113
	934797157		Yama 1:15PM – 2:38PM	Vaidhriti* Until 2:33PM	Muruqa: White	<i>Sunset:</i> 5:23PM	Moon 13 - Phase 40
			Rahu 9:07AM – 10:30AM	Bava Until 2:38PM	Nataraja: White		4th Phase
Creative Work Siddha Yoga			Dvadasi Until 2:38AM Sun		Moon – Yellow	Subha Sivaloka Day	
					Magha*Thai		

4	Sunday, February 5, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Manama, Bahrain
	934797157		Gulika 2:38PM – 4:01PM	Ardra Until 11:25AM	Ganesha: Yellow	<i>Sunrise:</i> 6:21AM	Sun 26 Sutra 299 Khara 5113
	934797157		Yama 11:53AM – 1:16PM	Vishkambha* Until 1:52PM	Muruqa: White	<i>Sunset:</i> 5:24PM	Moon 13 - Phase 40
			Rahu 4:01PM – 5:24PM	Kaulava Until 3:14PM	Nataraja: White		4th Phase
Creative Work Siddha Yoga Until 10:16PM then Amrita Yoga			Trayodasi Until 3:14AM Mon		Moon – Yellow	Subha Sivaloka Day	
					Magha*Thai		
					<i>Pradosha Vrata</i>		

5	Monday, February 6, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau				Manama, Bahrain
	944797157		Gulika 1:16PM – 2:39PM	Punarvasu Until 11:51AM	Ganesha: White	<i>Sunrise:</i> 6:21AM	Sun 27 Sutra 300 Khara 5113
	944797157		Yama 10:30AM – 11:53AM	Priti Until 12:32PM	Muruqa: White	<i>Sunset:</i> 5:25PM	Moon 13 - Phase 40
			Rahu 7:44AM – 9:07AM	Gara Until 3:04PM	Nataraja: White		4th Phase
Kataka Rasi: 0.1 Family Home Evening Creative Work Amrita Yoga Until 11:51AM then Siddha Yoga			Thai Pusam	Chaturdasi* Until 3:04AM Tue	Moon – Blue	Sivaloka Day	
					Magha*Thai		

○	Tuesday, February 7, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Aslesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau				Manama, Bahrain
	944797157		Gulika 11:53AM – 1:16PM	Pushya Until 11:12AM	Ganesha: White	<i>Sunrise:</i> 6:20AM	Sutra 301 Khara 5113
	944797157		Yama 9:07AM – 10:30AM	Ayushman Until 10:15AM	Muruqa: White	<i>Sunset:</i> 5:26PM	Moon 13 - Phase 40
			Rahu 2:39PM – 4:02PM	Visti Until 1:31PM	Nataraja: White		Purnima
Kataka Rasi: 13.38 Creative Work Siddha Yoga			Purnima* Until 12:36AM Wed		Moon – Blue	Sivaloka Day	
					Magha*Thai		

○	Wednesday, February 8, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Aslesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau				Manama, Bahrain
	944797167		Gulika 10:30AM – 11:53AM	Aslesha* Until 10:22AM	Ganesha: White	<i>Sunrise:</i> 6:20AM	Sutra 302 Khara 5113
	944797167		Yama 7:43AM – 9:06AM	Saubhagya Until 7:51AM	Muruqa: Yellow	<i>Sunset:</i> 5:26PM	Moon 13 - Phase 40
			Rahu 11:53AM – 1:16PM	Balava Until 12:02PM	Nataraja: Blue		Prathama
Kataka Rasi: 27.28 Creative Work Siddha Yoga Until 10:16PM then Amrita Yoga			Prathama* Until 11:06PM		Moon – Blue	Bhuloka Day Devaloka Time: 12:PM to 3:PM	
					Magha*Thai		



Thursday, February 9, 2012
Gold Retreat Star

Simha Rasi: 11.34 Tithi 17
955797167
Creative Work Amrita Yoga
Until 9:03AM then no yoga
Until 10.16PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 9:06AM – 10:29AM **Magha* Until 9:03AM**
Yama 6:19AM – 7:42AM Athiganda* Until 2:20AM Fri
Rahu 1:17PM – 2:40PM Taitila Until 10:01AM
Dvitiya Until 9:06PM

Manama, Bahrain
Sutra 303
Khara 5113
Moon 1 - Phase 41
1st Phase
Sivaloka Day

Ganesha: White *Sunrise:* 6:19AM
Muruqa: Yellow *Sunset:* 5:27PM
Nataraja: Blue
Moon – Red
Magha-Thai

1 **Friday, February 10, 2012**

Simha Rasi: 25.51 Tithi 18
955797267
Creative Work Siddha Yoga
Until 10.16PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni*/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 7:42AM – 9:06AM **Purvaphalguni* Until 7:24AM**
Yama 2:40PM – 4:04PM Sukarma Until 11:11PM
Rahu 10:29AM – 11:53AM Vanija Until 7:40AM
Tritiya Until 6:44PM

Manama, Bahrain
Sun 1 Sutra 304
Khara 5113
Moon 1 - Phase 41
1st Phase
Subha Sivaloka Day

Ganesha: White *Sunrise:* 6:18AM
Muruqa: White *Sunset:* 5:28PM
Nataraja: Yellow
Moon – Red
Magha-Thai

2 **Saturday, February 11, 2012**

Kanya Rasi: 10.14 Tithi 19 – 20
965797267
Routine Work Marana Yoga
Until 10.16PM then Amrita Yoga
Until 4:28AM Sun then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasla Nakshatra Dhriti Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 6:18AM – 7:41AM **Hasla Until 4:28AM Sun**
Yama 1:17PM – 2:41PM Dhriti Until 7:53PM
Rahu 9:05AM – 10:29AM Kaulava Until 3:17AM Sun
Chaturthi* Until 4:13PM

Manama, Bahrain
Sun 2 Sutra 305
Khara 5113
Moon 1 - Phase 41
1st Phase
Sivaloka Day

Ganesha: Clear *Sunrise:* 6:18AM
Muruqa: White *Sunset:* 5:28PM
Nataraja: Yellow
Moon – Green
Magha-Thai

3 **Sunday, February 12, 2012**

Kanya Rasi: 24.37 Tithi 20 – 21
965797267
Creative Work Siddha Yoga
Until 10.16PM then Prabalarishta Yoga
Until 2:40AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 2:41PM – 4:05PM **Chitra Until 2:40AM Mon**
Yama 11:53AM – 1:17PM Shula* Until 4:35PM
Rahu 4:05PM – 5:29PM Gara Until 12:46AM Mon
Panchami Until 1:41PM

Manama, Bahrain
Sun 3 Sutra 306
Khara 5113
Moon 1 - Phase 41
1st Phase
Sivaloka Day

Ganesha: Clear *Sunrise:* 6:17AM
Muruqa: White *Sunset:* 5:29PM
Nataraja: Yellow
Moon – Green
Magha-Thai

4 **Monday, February 13, 2012**

Tula Rasi: 8.55 Tithi 21 – 22
Family Home Evening 965797267
Creative Work Amrita Yoga
Until 10.16PM then Siddha Yoga
Until 1:00AM Tue then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 1:17PM – 2:41PM **Svati Until 1:00AM Tue**
Yama 10:29AM – 11:53AM Ganda* Until 1:25PM
Rahu 7:40AM – 9:05AM Visti Until 10:22PM
Shasthi* Until 11:18AM

Manama, Bahrain
Sun 4 Sutra 307
Khara 5113
Moon 1 - Phase 41
1st Phase
Sivaloka Day

Ganesha: Clear *Sunrise:* 6:16AM
Muruqa: White *Sunset:* 5:30PM
Nataraja: Yellow
Moon – Green
Magha-Masi

Tuesday, February 14, 2012
Retreat Star

Tula Rasi: 23.06 Tithi 22 – 23
975797267
Routine Work Marana Yoga
Until 10.16PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Visakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 11:53AM – 1:17PM **Visakha Until 11:33PM**
Yama 9:04AM – 10:29AM Vridhhi Until 10:27AM
Rahu 2:42PM – 4:06PM Balava Until 8:13PM
Saptami Until 9:08AM

Manama, Bahrain
Sun 5 Sutra 308
Khara 5113
Moon 1 - Phase 41
Ashtami
Subha Sivaloka Day

Ganesha: Purple *Sunrise:* 6:16AM
Muruqa: White *Sunset:* 5:30PM
Nataraja: Yellow
Moon – Orange
Magha-Masi

Wednesday, February 15, 2012
Retreat Star

Vrischika Rasi: 7.08 Tithi 23 – 24
975797267
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 10:28AM – 11:53AM **Anuradha Until 10:21PM**
Yama 7:39AM – 9:04AM Dhruva Until 7:42AM
Rahu 11:53AM – 1:18PM Taitila Until 6:19PM
Ashtami* Until 7:14AM

Manama, Bahrain
Sun 6 Sutra 309
Khara 5113
Moon 1 - Phase 41
Navami
Subha Sivaloka Day

Ganesha: Purple *Sunrise:* 6:15AM
Muruqa: White *Sunset:* 5:31PM
Nataraja: Yellow
Moon – Orange
Magha-Masi


1	Thursday, February 16, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Vanija/Visti* Karana Dasami Yam Titau	Manama, Bahrain
	Wrischika Rasi: 21.01 Tithi 25 985797267	Gulika 9:03AM – 10:28AM Yama 6:14AM – 7:39AM Rahu 1:18PM – 2:42PM	Sun 7 Sutra 310 Khara 5113 Moon 1 - Phase 42 2nd Phase
	Creative Work Siddha Yoga Until 10.16PM then no yoga	Jyeshtha* Until 9:24PM Harshana Until 2:32AM Fri Vanija Until 4:42PM Dasami Until 3:47AM Fri	Ganesha: Purple <i>Sunrise: 6:14AM</i> Muruqa: White <i>Sunset: 5:32PM</i> Nataraja: Yellow Moon – Orange Magha-Masi
			Subha Sivaloka Day

2	Friday, February 17, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadasi* Yam Titau	Manama, Bahrain
	Dhanus Rasi: 4.45 Tithi 26 985797267	Gulika 7:38AM – 9:03AM Yama 2:43PM – 4:08PM Rahu 10:28AM – 11:53AM	Sun 8 Sutra 311 Khara 5113 Moon 1 - Phase 42 2nd Phase
	No Yoga Until 8:42PM then Siddha Yoga Until 10.16PM then Marana Yoga	Mula* Until 8:42PM Vajra* Until 12:17AM Sat Bava Until 3:22PM Ekadasi* Until 2:26AM Sat	Ganesha: Clear <i>Sunrise: 6:13AM</i> Muruqa: White <i>Sunset: 5:32PM</i> Nataraja: Yellow Moon – Light Blue Magha-Masi
			Sivaloka Day

3	Saturday, February 18, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau	Manama, Bahrain
	Dhanus Rasi: 18.2 Tithi 27 985797267	Gulika 6:12AM – 7:38AM Yama 1:18PM – 2:43PM Rahu 9:03AM – 10:28AM	Sun 9 Sutra 312 Khara 5113 Moon 1 - Phase 42 2nd Phase
	Routine Work Marana Yoga Until 9:22PM then no yoga Until 10.16PM then Amrita Yoga	Purvashadha* Until 9:22PM Siddhi Until 11:25PM Kaulava Until 2:59PM Dvadasi* Until 2:59AM Sun	Ganesha: Clear <i>Sunrise: 6:12AM</i> Muruqa: White <i>Sunset: 5:33PM</i> Nataraja: Yellow Moon – Light Blue Magha-Masi
			Sivaloka Day

4	Sunday, February 19, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Manama, Bahrain
	Makara Rasi: 1.47 Tithi 28 986797267	Gulika 2:43PM – 4:08PM Yama 11:53AM – 1:18PM Rahu 4:08PM – 5:34PM	Sun 10 Sutra 313 Khara 5113 Moon 1 - Phase 42 2nd Phase
	Creative Work Amrita Yoga	Uttarashadha Until 9:10PM Vyatipata* Until 9:30PM Gara Until 2:07PM Trayodasi* Until 2:07AM Mon <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple <i>Sunrise: 6:12AM</i> Muruqa: White <i>Sunset: 5:34PM</i> Nataraja: Yellow Moon – Light Blue Magha-Masi
			Devaloka Day

5	Monday, February 20, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Sravana Nakshatra Variyan Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Manama, Bahrain
	Makara Rasi: 15.03 Tithi 29 Family Home Evening 996797267 Creative Work Amrita Yoga Until 9:17PM then Siddha Yoga Until 10.16PM then Marana Yoga	Gulika 1:18PM – 2:43PM Yama 10:27AM – 11:53AM Rahu 7:36AM – 9:02AM Mahasivaratri	Sun 11 Sutra 314 Khara 5113 Moon 1 - Phase 42 2nd Phase
		Sravana Until 9:17PM Variyan Until 7:53PM Visti Until 1:36PM Chaturdasi* Until 1:36AM Tue	Ganesha: Light Blue <i>Sunrise: 6:11AM</i> Muruqa: White <i>Sunset: 5:34PM</i> Nataraja: Yellow Moon – Purple Magha-Masi
			Devaloka Day

	Tuesday, February 21, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Manama, Bahrain
	Retreat Star Makara Rasi: 28.08 Tithi 30 996897267	Gulika 11:52AM – 1:18PM Yama 9:01AM – 10:27AM Rahu 2:44PM – 4:09PM	Sun 12 Sutra 315 Khara 5113 Moon 1 - Phase 42 Amavasya
	Routine Work Marana Yoga Until 10.16PM then Siddha Yoga	Dhanishtha Until 9:45PM Parigha* Until 6:35PM Catuspada Until 1:27PM Amavasya* Until 1:27AM Wed	Ganesha: Orange <i>Sunrise: 6:10AM</i> Muruqa: White <i>Sunset: 5:35PM</i> Nataraja: Yellow Moon – Purple Magha-Masi
			Sivaloka Day

Retreat Star	Wednesday, February 22, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Manama, Bahrain
	Kumbha Rasi: 11.01 Tithi 1 996897267	Gulika 10:27AM – 11:52AM Yama 7:35AM – 9:01AM Rahu 11:52AM – 1:18PM	Sun 13 Sutra 316 Khara 5113 Moon 1 - Phase 42 Prathama
	Creative Work Siddha Yoga Until 10.15PM then Marana Yoga Until 10:36PM then Siddha Yoga	Satabhisha Until 10:36PM Shiva Until 5:39PM Kintughna Until 1:43PM Prathama* Until 1:43AM Thu	Ganesha: Orange <i>Sunrise: 6:09AM</i> Muruqa: White <i>Sunset: 5:36PM</i> Nataraja: Yellow Moon – Purple Phalgun-Masi
			Sivaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishṇa Yajur Veda, Svetu 6.11. UpM, 95

1	Thursday, February 23, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Manama, Bahrain Sun 14 Sutra 317 Khara 5113
	Kumbha Rasi: 23.39 Tithi 2	Gulika 9:00AM – 10:26AM	Purvaprostapada* Until 1:22AM Fri	Ganesha: Green <i>Sunrise: 6:08AM</i>
	916897267	Yama 6:08AM – 7:34AM	Siddha Until 5:57PM	Muruqa: White <i>Sunset: 5:36PM</i>
	Creative Work Siddha Yoga	Rahu 1:18PM – 2:44PM	Balava Until 3:13PM Dvitiya Until 4:19AM Fri	Nataraja: Yellow Moon – Clear Phalguna-Masi

Subha Sivaloka Day

2	Friday, February 24, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Tritiya Yam Titau		Manama, Bahrain Sun 15 Sutra 318 Khara 5113
	Meena Rasi: 6.04 Tithi 3	Gulika 7:34AM – 9:00AM	Uttaraprostapada Until 3:12AM Sat	Ganesha: Green <i>Sunrise: 6:07AM</i>
	916897267	Yama 2:44PM – 4:11PM	Sadhya Until 5:48PM	Muruqa: White <i>Sunset: 5:37PM</i>
	Creative Work Siddha Yoga Until 3:12AM Sat then Prabalarishta Yoga	Rahu 10:26AM – 11:52AM	Tailila Until 4:31PM Tritiya Until 5:36AM Sat	Nataraja: Yellow Moon – Clear Phalguna-Masi

Subha Sivaloka Day

3	Saturday, February 25, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija Karana Chaturthi* Yam Titau		Manama, Bahrain Sun 16 Sutra 319 Khara 5113
	Meena Rasi: 18.16 Tithi 4	Gulika 6:07AM – 7:33AM	Revati Until 5:29AM Sun	Ganesha: Green <i>Sunrise: 6:07AM</i>
	916897267	Yama 1:18PM – 2:45PM	Subha Until 6:02PM	Muruqa: White <i>Sunset: 5:37PM</i>
	Routine Work Prabalarishta Yoga Until 10:15PM then Amrita Yoga Until 5:29AM Sun then Siddha Yoga	Rahu 8:59AM – 10:26AM	Vanija Until 6:16PM Chaturthi* Until 7:21AM Sun	Nataraja: Yellow Moon – Clear Phalguna-Masi

Subramuniyaswami Siva Vision Day

Subha Sivaloka Day

4	Sunday, February 26, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Manama, Bahrain Sun 17 Sutra 320 Khara 5113
	Mesha Rasi: 0.16 Tithi 4 – 5	Gulika 2:45PM – 4:11PM	Asvini Until 8:22AM Mon	Ganesha: Green <i>Sunrise: 6:06AM</i>
	927897267	Yama 11:52AM – 1:18PM	Sukla Until 6:37PM	Muruqa: White <i>Sunset: 5:38PM</i>
	Creative Work Siddha Yoga	Rahu 4:11PM – 5:38PM	Bava Until 8:26PM Chaturthi* Until 7:21AM	Nataraja: Yellow Moon – White Phalguna-Masi

Devaloka Day

5	Monday, February 27, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Manama, Bahrain Sun 18 Sutra 321 Khara 5113
	Mesha Rasi: 12.09 Tithi 5 – 6	Gulika 1:18PM – 2:45PM	Asvini Until 8:22AM	Ganesha: Green <i>Sunrise: 6:05AM</i>
	927897267	Yama 10:25AM – 11:52AM	Brahma Until 7:27PM	Muruqa: White <i>Sunset: 5:39PM</i>
	Family Home Evening Creative Work Siddha Yoga	Rahu 7:31AM – 8:58AM	Kaulava Until 10:54PM Panchami Until 9:49AM	Nataraja: Yellow Moon – White Phalguna-Masi

Devaloka Day

6	Tuesday, February 28, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau		Manama, Bahrain Sun 19 Sutra 322 Khara 5113
	Mesha Rasi: 23.57 Tithi 6 – 7	Gulika 11:51AM – 1:18PM	Bharani Until 11:26AM	Ganesha: Green <i>Sunrise: 6:04AM</i>
	927897267	Yama 8:58AM – 10:25AM	Indra Until 8:25PM	Muruqa: White <i>Sunset: 5:39PM</i>
	Creative Work Siddha Yoga Until 10:15PM then Amrita Yoga	Rahu 2:45PM – 4:12PM	Gara Until 1:32AM Wed Shasthi* Until 12:27PM	Nataraja: Yellow Moon – White Phalguna-Masi

Devaloka Day

Retreat Star	Wednesday, February 29, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Manama, Bahrain Sun 20 Sutra 323 Khara 5113
	Vrishabha Rasi: 5.45 Tithi 7 – 8	Gulika 10:24AM – 11:51AM	Krittika Until 2:30PM	Ganesha: Green <i>Sunrise: 6:03AM</i>
	927897267	Yama 7:30AM – 8:57AM	Vaidhriti* Until 9:24PM	Muruqa: White <i>Sunset: 5:40PM</i>
	Creative Work Amrita Yoga Until 2:30PM then Siddha Yoga Until 10:14PM then Marana Yoga	Rahu 11:51AM – 1:18PM	Visti Until 4:09AM Thu Saptami Until 3:04PM	Nataraja: Yellow Moon – White Phalguna-Masi

Devaloka Day

Retreat Star	Thursday, March 1, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Manama, Bahrain Sun 21 Sutra 324 Khara 5113
	Vrishabha Rasi: 17.39 Tithi 8 – 9	Gulika 8:56AM – 10:23AM	Rohini Until 5:22PM	Ganesha: Red <i>Sunrise: 6:01AM</i>
	937897267	Yama 6:01AM – 7:28AM	Vishkambha* Until 10:12PM	Muruqa: White <i>Sunset: 5:41PM</i>
	Routine Work Marana Yoga Until 10:14PM then Siddha Yoga	Rahu 1:18PM – 2:46PM	Balava Until 6:34AM Fri Ashtami* Until 5:29PM	Nataraja: Yellow Moon – Yellow Phalguna-Masi

Sivaloka Day

Retreat Star	Friday, March 2, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Priti Yoga Balava/Kaulava Karana Navami* Yam Titau		Manama, Bahrain Sun 22 Sutra 325 Khara 5113
	Vrishabha Rasi: 29.44 Tithi 9	Gulika 7:28AM – 8:55AM	Mrigasira Until 7:52PM	Ganesha: Red <i>Sunrise: 6:00AM</i>
	937897267	Yama 2:46PM – 4:14PM	Priti Until 10:39PM	Muruqa: White <i>Sunset: 5:41PM</i>
	Creative Work Siddha Yoga	Rahu 10:23AM – 11:51AM	Balava Until 6:23AM Navami* Until 7:29PM	Nataraja: Yellow Moon – Yellow Phalguna-Masi

Sivaloka Day

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

1	Saturday, March 3, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Tailila/Gara Karana Dasami Yam Titau				Manama, Bahrain
	Mithuna Rasi: 12.07	Tithi 10	Gulika 5:59AM – 7:27AM	Ardra Until 8:34PM	Ganesha: Red	<i>Sunrise:</i> 5:59AM	Sun 23 Sutra 326 Khara 5113
		937897267	Yama 1:18PM – 2:46PM	Ayushman Until 9:23PM	Muruqa: White	<i>Sunset:</i> 5:42PM	Moon 1 - Phase 44
			Rahu 8:55AM – 10:23AM	Taitila Until 7:37AM	Nataraja: Yellow		4th Phase
	Creative Work Siddha Yoga			Dasami Until 7:37PM	Phalgun-Masi		Sivaloka Day
	Until 8:34PM then Marana Yoga						
	Until 10.14PM then Siddha Yoga						
2	Sunday, March 4, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau				Manama, Bahrain
	Mithuna Rasi: 24.51	Tithi 11	Gulika 2:46PM – 4:14PM	Punarvasu Until 9:40PM	Ganesha: Blue	<i>Sunrise:</i> 5:58AM	Sun 24 Sutra 327 Khara 5113
		948897267	Yama 11:50AM – 1:18PM	Saubhagya Until 8:41PM	Muruqa: White	<i>Sunset:</i> 5:42PM	Moon 1 - Phase 44
			Rahu 4:14PM – 5:42PM	Vanija Until 8:09AM	Nataraja: Yellow		4th Phase
	Creative Work Siddha Yoga			Ekadasi Until 8:09PM	Phalgun-Masi		Devaloka Day
	Until 10.14PM then Siddha Yoga						
3	Monday, March 5, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadasi Yam Titau				Manama, Bahrain
	Kataka Rasi: 8.01	Tithi 12	Gulika 1:18PM – 2:46PM	Pushya Until 8:50PM	Ganesha: Green	<i>Sunrise:</i> 5:57AM	Sun 25 Sutra 328 Khara 5113
		148817267	Yama 10:22AM – 11:50AM	Sobhana Until 6:22PM	Muruqa: White	<i>Sunset:</i> 5:43PM	Moon 1 - Phase 44
			Rahu 7:25AM – 8:54AM	Bava Until 7:40AM	Nataraja: Yellow		4th Phase
	Creative Work Siddha Yoga			Dvadasi Until 6:45PM	Phalgun-Masi		Devaloka Day
	Until 10.14PM then Siddha Yoga						
4	Tuesday, March 6, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Manama, Bahrain
	Kataka Rasi: 21.38	Tithi 13 – 14	Gulika 11:50AM – 1:18PM	Aslesha* Until 8:20PM	Ganesha: Green	<i>Sunrise:</i> 5:56AM	Sun 26 Sutra 329 Khara 5113
		148817267	Yama 8:53AM – 10:21AM	Athiganda* Until 4:18PM	Muruqa: White	<i>Sunset:</i> 5:43PM	Moon 1 - Phase 44
			Rahu 2:47PM – 4:15PM	Kaulava Until 6:31AM	Nataraja: Yellow		4th Phase
	Creative Work Siddha Yoga			Trayodasi Until 5:36PM	Phalgun-Masi		Devaloka Day
	Until 10.14PM then Siddha Yoga			<i>Pradosha Vrata</i>			
5	Wednesday, March 7, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Manama, Bahrain
	Simha Rasi: 5.42	Tithi 14 – 15	Gulika 10:21AM – 11:50AM	Magha* Until 7:05PM	Ganesha: Red	<i>Sunrise:</i> 5:55AM	Sun 27 Sutra 330 Khara 5113
		158817267	Yama 7:24AM – 8:52AM	Sukarma Until 1:32PM	Muruqa: White	<i>Sunset:</i> 5:44PM	Moon 1 - Phase 44
			Rahu 11:50AM – 1:18PM	Visti Until 2:43AM Thu	Nataraja: Yellow		4th Phase
	Creative Work Siddha Yoga			Chaturdasi* Until 3:38PM	Phalgun-Masi		Sivaloka Day
	Until 7:05PM then Amrita Yoga		Chidambaram Abhishekam				
	Until 10.13PM then no yoga						
○	Thursday, March 8, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Manama, Bahrain
	Copper Retreat Star		Gulika 8:52AM – 10:20AM	Purvaphalguni* Until 4:28PM	Ganesha: Red	<i>Sunrise:</i> 5:54AM	Sun 28 Sutra 331 Khara 5113
Simha Rasi: 20.08	Tithi 15 – 16	158817267	Yama 5:54AM – 7:23AM	Dhriti Until 9:55AM	Muruqa: White	<i>Sunset:</i> 5:45PM	Moon 1 - Phase 44
			Rahu 1:18PM – 2:47PM	Balava Until 10:47PM	Nataraja: Yellow		Purnima
	No Yoga		Holi	Purnima* Until 12:30PM	Phalgun-Masi		Sivaloka Day
	Until 4:28PM then Prabalarishta Yoga						
	Until 10.12PM then Siddha Yoga						
	Friday, March 9, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau				Manama, Bahrain
	Silver Retreat Star		Gulika 7:22AM – 8:51AM	Uttaraphalguni Until 2:17PM	Ganesha: Red	<i>Sunrise:</i> 5:53AM	Sun 29 Sutra 332 Khara 5113
Kanya Rasi: 4.49	Tithi 16 – 17	158817267	Yama 2:47PM – 4:16PM	Shula* Until 6:23AM	Muruqa: White	<i>Sunset:</i> 5:45PM	Moon 1 - Phase 44
			Rahu 10:20AM – 11:49AM	Taitila Until 7:54PM	Nataraja: Yellow		Prathama
	Creative Work Siddha Yoga			Prathama* Until 9:36AM	Phalgun-Masi		Sivaloka Day
	Until 2:17PM then Amrita Yoga						
	Until 10.12PM then Marana Yoga						

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Kṛishṇa Yajur Veda, Maitu 5.2. bo UpH, 423



Saturday, March 10, 2012
Gold Retreat Star

Kanya Rasi: 19.38 Tithi 17 - 18
169817267
Routine Work Marana Yoga
Until 10.12PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Visti* Karana Dvitiya/Tritiya Yam Titau
Gulika 5:52AM - 7:21AM **Hasta** **Until 11:54AM**
Yama 1:18PM - 2:47PM **Vriddhi** **Until 10:39PM**
Rahu 8:50AM - 10:20AM **Visti** **Until 3:03AM Sun**
Dvitiya **Until 6:29AM**

Ganesha: Blue *Sunrise:* 5:52AM
Muruqa: White *Sunset:* 5:46PM
Nataraja: Yellow
Moon - Green
Phalguna-Masi

Manama, Bahrain
Sun 1 **Sutra 333**
Khara 5113
Moon 2 - Phase 45
1st Phase

Devaloka Day

1

Sunday, March 11, 2012

Tula Rasi: 4.28 Tithi 19
169817267
Creative Work Siddha Yoga
Until 10.12PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 2:47PM - 4:17PM **Chitra** **Until 9:31AM**
Yama 11:48AM - 1:18PM **Dhruva** **Until 6:55PM**
Rahu 4:17PM - 5:46PM **Bava** **Until 1:39PM**
Chaturthi* **Until 11:56PM**

Ganesha: Blue *Sunrise:* 5:51AM
Muruqa: White *Sunset:* 5:46PM
Nataraja: Yellow
Moon - Green
Phalguna-Masi

Manama, Bahrain
Sun 2 **Sutra 334**
Khara 5113
Moon 2 - Phase 45
1st Phase

Devaloka Day

2

Monday, March 12, 2012

Tula Rasi: 19.1 Tithi 20
169817267
Family Home Evening
Creative Work Amrita Yoga
Until 7:27AM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Visakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 1:18PM - 2:47PM **Svati** **Until 7:27AM**
Yama 10:19AM - 11:48AM **Vyaghata*** **Until 4:00PM**
Rahu 7:19AM - 8:49AM **Kaulava** **Until 11:06AM**
Panchami **Until 10:11PM**

Ganesha: Blue *Sunrise:* 5:50AM
Muruqa: White *Sunset:* 5:47PM
Nataraja: Yellow
Moon - Green
Phalguna-Masi

Manama, Bahrain
Sun 3 **Sutra 335**
Khara 5113
Moon 2 - Phase 45
1st Phase

Devaloka Day

3

Tuesday, March 13, 2012

Wrischika Rasi: 3.38 Tithi 21
179817267
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 11:48AM - 1:18PM **Anuradha** **Until 4:21AM Wed**
Yama 8:48AM - 10:18AM **Harshana** **Until 12:35PM**
Rahu 2:47PM - 4:17PM **Gara** **Until 8:22AM**
Shasthi* **Until 7:27PM**

Ganesha: Red *Sunrise:* 5:49AM
Muruqa: White *Sunset:* 5:47PM
Nataraja: Yellow
Moon - Orange
Phalguna-Masi

Manama, Bahrain
Sun 4 **Sutra 336**
Khara 5113
Moon 2 - Phase 45
1st Phase

Sivaloka Day

4

Wednesday, March 14, 2012

Wrischika Rasi: 17.5 Tithi 22 - 23
179817267
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti*/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 10:18AM - 11:48AM **Jyeshtha*** **Until 2:52AM Thu**
Yama 7:18AM - 8:48AM **Vajra*** **Until 9:36AM**
Rahu 11:48AM - 1:18PM **Visti** **Until 6:09AM**
Saptami **Until 5:14PM**

Ganesha: Red *Sunrise:* 5:48AM
Muruqa: White *Sunset:* 5:48PM
Nataraja: Yellow
Moon - Orange
Phalguna-Panguni

Manama, Bahrain
Sun 5 **Sutra 337**
Khara 5113
Moon 2 - Phase 45
1st Phase

Sivaloka Day



Thursday, March 15, 2012
Retreat Star

Dhanus Rasi: 1.44 Tithi 23 - 24
189817268
Creative Work Siddha Yoga
Until 10.10PM then no yoga
Until 1:53AM Fri then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 8:47AM - 10:17AM **Mula*** **Until 1:53AM Fri**
Yama 5:47AM - 7:17AM **Siddhi** **Until 7:06AM**
Rahu 1:18PM - 2:48PM **Taitila** **Until 2:38AM Fri**
Ashtami* **Until 3:34PM**

Ganesha: Green *Sunrise:* 5:47AM
Muruqa: White *Sunset:* 5:48PM
Nataraja: White
Moon - Light Blue
Phalguna-Panguni

Manama, Bahrain
Sun 6 **Sutra 338**
Khara 5113
Moon 2 - Phase 45
Ashtami

Sivaloka Day

Friday, March 16, 2012

Retreat Star

Dhanus Rasi: 15.21 Tithi 24 - 25
189817268
Creative Work Siddha Yoga
Until 10.10PM then Marana Yoga
Until 2:54AM Sat then no yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau
Gulika 7:16AM - 8:46AM **Purvashadha*** **Until 2:54AM Sat**
Yama 2:48PM - 4:18PM **Variyan** **Until 3:51AM Sat**
Rahu 10:17AM - 11:47AM **Vanija** **Until 3:07AM Sat**
Navami* **Until 3:07PM**

Ganesha: Green *Sunrise:* 5:46AM
Muruqa: White *Sunset:* 5:48PM
Nataraja: White
Moon - Light Blue
Phalguna-Panguni

Manama, Bahrain
Sun 7 **Sutra 339**
Khara 5113
Moon 2 - Phase 45
Navami

Sivaloka Day

1 Saturday, March 17, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Manama, Bahrain
 Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau Sun 8 Sutra 340
 Khara 5113
Gulika 5:45AM – 7:15AM **Uttarashadha Until 2:51AM Sun** **Ganesha:** White *Sunrise:* 5:45AM
Yama 1:17PM – 2:48PM **Parigha* Until 2:06AM Sun** **Muruqa:** White *Sunset:* 5:49PM Moon 2 - Phase 46
Rahu 8:46AM – 10:16AM **Bava Until 2:24AM Sun** **Nataraja:** White
 Moon – Light Blue **Sivaloka Day**
 No Yoga
 191917268 **Dasami Until 2:24PM** **Phalguna-Panguni**

2 Sunday, March 18, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Manama, Bahrain
 Sravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau Sun 9 Sutra 341
 Khara 5113
Gulika 2:48PM – 4:19PM **Sravana Until 3:15AM Mon** **Ganesha:** Purple *Sunrise:* 5:43AM
Yama 11:46AM – 1:17PM **Shiva Until 12:45AM Mon** **Muruqa:** White *Sunset:* 5:49PM Moon 2 - Phase 46
Rahu 4:19PM – 5:49PM **Kaulava Until 2:09AM Mon** **Nataraja:** White
 Moon – Purple **Subha Subha Sivaloka Day**
 Creative Work Amrita Yoga
 191917268 **Ekadasi* Until 2:09PM** **Phalguna-Panguni**
 Until 3:15AM Mon then Siddha Yoga

3 Monday, March 19, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Manama, Bahrain
 Dhanishtha Nakshatra Siddha Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau Sun 10 Sutra 342
 Khara 5113
Gulika 1:17PM – 2:48PM **Dhanishtha Until 4:01AM Tue** **Ganesha:** Purple *Sunrise:* 5:42AM
Yama 10:15AM – 11:46AM **Siddha Until 11:46PM** **Muruqa:** White *Sunset:* 5:50PM Moon 2 - Phase 46
Rahu 7:13AM – 8:44AM **Gara Until 2:18AM Tue** **Nataraja:** White
 Moon – Purple **Subha Subha Sivaloka Day**
Family Home Evening 191917268 **Dvadasi* Until 2:18PM** **Phalguna-Panguni**
 Creative Work Siddha Yoga
 Until 10:09PM then Marana Yoga
Pradosha Vrata (Fasting)

4 Tuesday, March 20, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Manama, Bahrain
 Satabhisha Nakshatra Sadhya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau Sun 11 Sutra 343
 Khara 5113
Gulika 11:46AM – 1:17PM **Satabhisha Until 5:07AM Wed** **Ganesha:** Purple *Sunrise:* 5:41AM
Yama 8:44AM – 10:15AM **Sadhya Until 11:06PM** **Muruqa:** White *Sunset:* 5:50PM Moon 2 - Phase 46
Rahu 2:48PM – 4:19PM **Visti Until 2:50AM Wed** **Nataraja:** White
 Moon – Purple **Subha Subha Sivaloka Day**
 Routine Work Marana Yoga
 191917268 **Trayodasi* Until 2:50PM** **Phalguna-Panguni**
 Until 10:09PM then Siddha Yoga
 Until 5:07AM Wed then Amrita Yoga

5 Wednesday, March 21, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Manama, Bahrain
 Purvaprostapada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau Sun 12 Sutra 344
 Khara 5113
Gulika 10:14AM – 11:46AM **Purvaprostapada* Until 7:52AM Thu** **Ganesha:** Clear *Sunrise:* 5:40AM
Yama 7:12AM – 8:43AM **Subha Until 12:01AM Thu** **Muruqa:** White *Sunset:* 5:51PM Moon 2 - Phase 46
Rahu 11:46AM – 1:17PM **Catuspada Until 5:41AM Thu** **Nataraja:** White
 Moon – Clear **Subha Sivaloka Day**
 Creative Work Amrita Yoga
 111917268 **Chaturdasi* Until 4:36PM** **Phalguna-Panguni**
 Until 10:09PM then Siddha Yoga

Thursday, March 22, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Manama, Bahrain
 Purvaprostapada*/Uttaraprostapada Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau Sun 13 Sutra 345
 Khara 5113
Gulika 8:42AM – 10:14AM **Purvaprostapada* Until 7:52AM** **Ganesha:** Clear *Sunrise:* 5:39AM
Yama 5:39AM – 7:11AM **Sukla Until 11:57PM** **Muruqa:** White *Sunset:* 5:51PM Moon 2 - Phase 46
Rahu 1:17PM – 2:48PM **Kintughna Until 7:02AM Fri** **Nataraja:** White
 Moon – Clear **Subha Sivaloka Day**
 Creative Work Siddha Yoga
 111917268 **Amavasya* Until 5:56PM** **Phalguna-Panguni**

Friday, March 23, 2012 Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Manama, Bahrain
 Uttaraoprostapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathama* Yam Titau Sun 14 Sutra 346
 Khara 5113
Gulika 7:10AM – 8:42AM **Uttaraoprostapada Until 10:07AM** **Ganesha:** Clear *Sunrise:* 5:38AM
Yama 2:48PM – 4:20PM **Brahma Until 12:12AM Sat** **Muruqa:** White *Sunset:* 5:52PM Moon 2 - Phase 46
Rahu 10:13AM – 11:45AM **Kintughna Until 6:33AM** **Nataraja:** White
 Moon – Clear **Subha Sivaloka Day**
 Creative Work Siddha Yoga
 111917268 **Prathama* Until 7:39PM** **Chaitra-Panguni**
 Until 10:08PM then Prabalarishta Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %oig Veda 1.89.8. RvP,287

1	Saturday, March 24, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Manama, Bahrain Sun 15 Sutra 347 Khara 5113
	Meena Rasi: 26.4 Tithi 2 111917268	Gulika 5:37AM – 7:09AM Yama 1:17PM – 2:48PM Rahu 8:41AM – 10:13AM	Revati Until 12:41PM Indra Until 12:44AM Sun Balava Until 8:36AM Dvitiya Until 9:42PM

Routine Work Prabalarishta Yoga
Until 12:41PM then Siddha Yoga

Chellappaswami Mahasamadhi

Ganesha: Clear *Sunrise:* 5:37AM
Muruqa: White *Sunset:* 5:52PM
Nataraja: White
Moon – Clear

Subha Sivaloka Day
Chaitra•Panguni

2	Sunday, March 25, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Vaidhrithi* Yoga Tailila/Gara Karana Tritiya Yam Titau	Manama, Bahrain Sun 16 Sutra 348 Khara 5113
	Mesha Rasi: 8.35 Tithi 3 121917268	Gulika 2:49PM – 4:21PM Yama 11:44AM – 1:16PM Rahu 4:21PM – 5:53PM	Asvini Until 3:30PM Vaidhrithi* Until 1:31AM Mon Tailila Until 10:57AM Tritiya Until 12:02AM Mon

Creative Work Siddha Yoga
Until 3:30PM then no yoga
Until 10:07PM then Siddha Yoga

Ganesha: Orange *Sunrise:* 5:36AM
Muruqa: White *Sunset:* 5:53PM
Nataraja: White
Moon – White

Subha Sivaloka Day
Chaitra•Panguni

3	Monday, March 26, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Chaturthi* Yam Titau	Manama, Bahrain Sun 17 Sutra 349 Khara 5113
	Mesha Rasi: 20.24 Tithi 4 121917268	Gulika 1:16PM – 2:49PM Yama 10:12AM – 11:44AM Rahu 7:07AM – 8:39AM	Bharani Until 6:31PM Vishkambha* Until 2:28AM Tue Vanija Until 1:30PM Chaturthi* Until 2:35AM Tue

Creative Work Siddha Yoga
Until 6:31PM then no yoga
Until 10:07PM then Siddha Yoga

Ganesha: Orange *Sunrise:* 5:35AM
Muruqa: White *Sunset:* 5:53PM
Nataraja: White
Moon – White

Subha Sivaloka Day
Chaitra•Panguni

4	Tuesday, March 27, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau	Manama, Bahrain Sun 18 Sutra 350 Khara 5113
	Wrishabha Rasi: 2.11 Tithi 5 121917268	Gulika 11:44AM – 1:16PM Yama 8:39AM – 10:11AM Rahu 2:49PM – 4:21PM	Krittika Until 9:38PM Priti Until 3:31AM Wed Bava Until 4:09PM Panchami Until 5:14AM Wed

Creative Work Siddha Yoga
Until 9:38PM then Amrita Yoga
Until 10:07PM then Siddha Yoga

Ganesha: Orange *Sunrise:* 5:34AM
Muruqa: White *Sunset:* 5:54PM
Nataraja: White
Moon – White

Subha Sivaloka Day
Chaitra•Panguni

5	Wednesday, March 28, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Ayushman Yoga Kaulava Karana Shasthi* Yam Titau	Manama, Bahrain Sun 19 Sutra 351 Khara 5113
	Wrishabha Rasi: 13.58 Tithi 6 132917268	Gulika 10:11AM – 11:43AM Yama 7:05AM – 8:38AM Rahu 11:43AM – 1:16PM	Rohini Until 12:44AM Thu Ayushman Until 4:33AM Thu Kaulava Until 6:46PM Shasthi* Until 8:05AM Thu

Creative Work Siddha Yoga
Until 10:06PM then Marana Yoga

Ganesha: Red *Sunrise:* 5:33AM
Muruqa: White *Sunset:* 5:54PM
Nataraja: White
Moon – Yellow


Subha Sivaloka Day
Chaitra•Panguni

6	Thursday, March 29, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Saubhagya Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau	Manama, Bahrain Sun 20 Sutra 352 Khara 5113
	Wrishabha Rasi: 25.51 Tithi 6 – 7 132917268	Gulika 8:37AM – 10:10AM Yama 5:32AM – 7:05AM Rahu 1:16PM – 2:49PM	Mrigasira Until 3:38AM Fri Saubhagya Until 5:24AM Fri Gara Until 9:10PM Shasthi* Until 8:05AM

Routine Work Marana Yoga
Until 10:06PM then Siddha Yoga

Ganesha: Red *Sunrise:* 5:32AM
Muruqa: White *Sunset:* 5:55PM
Nataraja: White
Moon – Yellow

Subha Sivaloka Day
Chaitra•Panguni

	Friday, March 30, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Vanija/Visli* Karana Saptami/Ashtami* Yam Titau	Manama, Bahrain Sun 21 Sutra 353 Khara 5113
	Retreat Star Mithuna Rasi: 7.55 Tithi 7 – 8 132917268	Gulika 7:04AM – 8:37AM Yama 2:49PM – 4:22PM Rahu 10:10AM – 11:43AM	Ardra Until 6:11AM Sat Sobhana Until 5:56AM Sat Visli Until 11:12PM Saptami Until 10:07AM

Creative Work Siddha Yoga
Until 6:11AM Sat then Marana Yoga

Ganesha: Red *Sunrise:* 5:31AM
Muruqa: White *Sunset:* 5:55PM
Nataraja: White
Moon – Yellow

Subha Sivaloka Day
Chaitra•Panguni

Retreat Star	Saturday, March 31, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Manama, Bahrain Sun 22 Sutra 354 Khara 5113
	Mithuna Rasi: 20.14 Tithi 8 – 9 142917268	Gulika 5:30AM – 7:03AM Yama 1:16PM – 2:49PM Rahu 8:36AM – 10:09AM	Punarvasu Until 6:45AM Sun Athiganda* Until 4:15AM Sun Balava Until 11:05PM Ashtami* Until 11:05AM

Routine Work Marana Yoga
Until 10:06PM then Siddha Yoga

Sri Rama Navami

Ganesha: Blue *Sunrise:* 5:30AM
Muruqa: White *Sunset:* 5:56PM
Nataraja: White
Moon – Blue

Sivaloka Day
Chaitra•Panguni

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. UpP,95

1	Sunday, April 1, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Manama, Bahrain	
	Kataka Rasi: 2.56	Tithi 9 – 10	142917268	Gulika 2:49PM – 4:22PM Yama 11:43AM – 1:16PM Rahu 4:22PM – 5:56PM	Punarvasu Until 6:45AM Sukarma Until 3:40AM Mon Taitila Until 11:41PM Navami* Until 11:41AM	Sun 23 Sutra 355 Khara 5113 Moon 2 - Phase 48 4th Phase
	Creative Work	Siddha Yoga		Ganesha: Blue <i>Sunrise:</i> 5:30AM Muruqa: White <i>Sunset:</i> 5:56PM Nataraja: White Moon – Blue	Chaitra•Panguni	Sivaloka Day

2	Monday, April 2, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Aslesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Manama, Bahrain	
	Kataka Rasi: 16.03	Tithi 10 – 11	142917268	Gulika 1:16PM – 2:49PM Yama 10:09AM – 11:42AM Rahu 7:02AM – 8:35AM	Pushya Until 7:03AM Dhriti Until 12:59AM Tue Vanija Until 10:04PM Dasami Until 11:00AM	Sun 24 Sutra 356 Khara 5113 Moon 2 - Phase 48 4th Phase
	Family Home Evening	Siddha Yoga		Ganesha: Blue <i>Sunrise:</i> 5:28AM Muruqa: White <i>Sunset:</i> 5:56PM Nataraja: White Moon – Blue	Chaitra•Panguni	Sivaloka Day
	Creative Work			Yogaswami Mahasamadhi		

3	Tuesday, April 3, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau		Manama, Bahrain	
	Kataka Rasi: 29.39	Tithi 11 – 12	142917268	Gulika 11:42AM – 1:16PM Yama 8:35AM – 10:08AM Rahu 2:49PM – 4:23PM	Aslesha* Until 6:36AM Shula* Until 10:59PM Bava Until 8:57PM Ekadasi Until 9:52AM	Sun 25 Sutra 357 Khara 5113 Moon 2 - Phase 48 4th Phase
	Creative Work	Siddha Yoga		Ganesha: Blue <i>Sunrise:</i> 5:27AM Muruqa: White <i>Sunset:</i> 5:57PM Nataraja: White Moon – Blue	Chaitra•Panguni	Sivaloka Day

4	Wednesday, April 4, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni* Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau		Manama, Bahrain	
	Simha Rasi: 13.44	Tithi 12 – 13	152917268	Gulika 10:08AM – 11:42AM Yama 7:00AM – 8:34AM Rahu 11:42AM – 1:15PM	Purvaphalguni* Until 2:42AM Thu Ganda* Until 7:19PM Kaulava Until 6:00PM Dvadasi Until 7:43AM	Sun 26 Sutra 358 Khara 5113 Moon 2 - Phase 48 4th Phase
	Creative Work	Amrita Yoga		Ganesha: Yellow <i>Sunrise:</i> 5:26AM Muruqa: White <i>Sunset:</i> 5:57PM Nataraja: White Moon – Red	Chaitra•Panguni	Subha Sivaloka Day
	Until 10:05PM then no yoga					
	Until 2:42AM Thu then Prabalarishta Yoga					
				<i>Pradosha Vrata</i>		

5	Thursday, April 5, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Manama, Bahrain	
	Simha Rasi: 28.14	Tithi 14	152917268	Gulika 8:33AM – 10:07AM Yama 5:25AM – 6:59AM Rahu 1:15PM – 2:49PM	Uttaraphalguni Until 12:49AM Fri Vriddhi Until 4:04PM Gara Until 3:22PM Chaturdasi* Until 1:40AM Fri	Sun 27 Sutra 359 Khara 5113 Moon 2 - Phase 48 4th Phase
	Routine Work	Prabalarishta Yoga		Ganesha: Yellow <i>Sunrise:</i> 5:25AM Muruqa: White <i>Sunset:</i> 5:57PM Nataraja: White Moon – Red	Chaitra•Panguni	Subha Sivaloka Day
	Until 10:04PM then Siddha Yoga					
	Until 12:49AM Fri then Amrita Yoga					

○	Friday, April 6, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau		Manama, Bahrain	
	Copper Retreat Star			Gulika 6:58AM – 8:33AM Yama 2:50PM – 4:24PM Rahu 10:07AM – 11:41AM	Hasta Until 10:22PM Dhruva Until 12:18PM Visti Until 12:09PM Purnima* Until 10:26PM	Sun 28 Sutra 360 Khara 5113 Moon 2 - Phase 48 Purnima
	Kanya Rasi: 13.07	Tithi 15	162917268	Ganesha: White <i>Sunrise:</i> 5:24AM Muruqa: White <i>Sunset:</i> 5:58PM Nataraja: White Moon – Green	Chaitra•Panguni	Sivaloka Day
	Creative Work	Amrita Yoga				
	Until 10:04PM then Marana Yoga					
				Panguni Uttiram		
				Hanuman Jayanti		

○	Saturday, April 7, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathama* Yam Titau		Manama, Bahrain	
	Silver Retreat Star			Gulika 5:23AM – 6:58AM Yama 1:15PM – 2:50PM Rahu 8:32AM – 10:06AM	Chitra Until 7:34PM Vyaghata* Until 8:12AM Balava Until 8:34AM Prathama* Until 6:51PM	Sun 29 Sutra 361 Khara 5113 Moon 2 - Phase 48 Prathama
	Kanya Rasi: 28.11	Tithi 16	162917268	Ganesha: White <i>Sunrise:</i> 5:23AM Muruqa: White <i>Sunset:</i> 5:58PM Nataraja: White Moon – Green	Chaitra•Panguni	Sivaloka Day
	Routine Work	Marana Yoga				
	Until 7:34PM then Siddha Yoga					



Sunday, April 8, 2012
Gold Retreat Star

Tula Rasi: 13.19 Tithi 17 – 18
162917268
Creative Work Siddha Yoga
Until 4:41PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Visakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 2:50PM – 4:24PM **Svati Until 4:41PM**
Yama 11:41AM – 1:15PM **Vajra* Until 12:02AM Mon**
Rahu 4:24PM – 5:59PM **Vanija Until 1:27AM Mon**
Dvitiya Until 3:10PM

Ganesha: White *Sunrise: 5:22AM*
Muruqa: White *Sunset: 5:59PM*
Nataraja: White
Moon – Green
Chaitra•Panguni

Sivaloka Day

Manama, Bahrain
Sun 1 Sutra 362
Khara 5113
Moon 3 - Phase 49
1st Phase

1

Monday, April 9, 2012

Tula Rasi: 28.22 Tithi 18 – 19
172917268
Family Home Evening
Routine Work Marana Yoga
Until 1:57PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Visakha/Anuradha Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 1:15PM – 2:50PM **Visakha Until 1:57PM**
Yama 10:05AM – 11:40AM **Siddhi Until 7:59PM**
Rahu 6:56AM – 8:31AM **Bava Until 9:55PM**
Tritiya Until 11:38AM

Ganesha: Clear *Sunrise: 5:21AM*
Muruqa: White *Sunset: 5:59PM*
Nataraja: White
Moon – Orange
Chaitra•Panguni

Subha Sivaloka Day

Manama, Bahrain
Sun 2 Sutra 363
Khara 5113
Moon 3 - Phase 49
1st Phase

2

Tuesday, April 10, 2012

Vrischika Rasi: 13.11 Tithi 19 – 20
172117268
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 11:40AM – 1:15PM **Anuradha Until 11:59AM**
Yama 8:30AM – 10:05AM **Vyatipata* Until 4:58PM**
Rahu 2:50PM – 4:25PM **Kaulava Until 6:46PM**
Chaturthi* Until 8:29AM

Ganesha: Red *Sunrise: 5:20AM*
Muruqa: White *Sunset: 6:00PM*
Nataraja: White
Moon – Orange
Chaitra•Panguni

Subha Sivaloka Day

Manama, Bahrain
Sun 3 Sutra 364
Khara 5113
Moon 3 - Phase 49
1st Phase

3

Wednesday, April 11, 2012

Vrischika Rasi: 27.4 Tithi 21
173117268
Creative Work Siddha Yoga
Until 10:00AM then Marana Yoga
Until 10:03PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 10:05AM – 11:40AM **Jyeshtha* Until 10:00AM**
Yama 6:54AM – 8:29AM **Variyan Until 1:33PM**
Rahu 11:40AM – 1:15PM **Gara Until 4:58PM**
Shasthi* Until 4:02AM Thu

Ganesha: Blue *Sunrise: 5:19AM*
Muruqa: White *Sunset: 6:00PM*
Nataraja: White
Moon – Orange
Chaitra•Panguni

Subha Subha Sivaloka Day

Manama, Bahrain
Sun 4 Sutra 365
Khara 5113
Moon 3 - Phase 49
1st Phase

4

Thursday, April 12, 2012

Dhanus Rasi: 11.47 Tithi 22
183117268
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 8:29AM – 10:04AM **Mula* Until 8:40AM**
Yama 5:18AM – 6:53AM **Parigha* Until 10:44AM**
Rahu 1:15PM – 2:50PM **Visti Until 2:53PM**
Saptami Until 1:57AM Fri

Ganesha: Red *Sunrise: 5:18AM*
Muruqa: White *Sunset: 6:01PM*
Nataraja: White
Moon – Light Blue
Chaitra•Panguni

Subha Sivaloka Day

Manama, Bahrain
Sun 5 Sutra 366
Khara 5113
Moon 3 - Phase 49
1st Phase



Friday, April 13, 2012
Retreat Star

Dhanus Rasi: 25.29 Tithi 23
183117268
Creative Work Siddha Yoga
Until 10:02PM then no yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 6:53AM – 8:28AM **Purvashadha* Until 8:10AM**
Yama 2:50PM – 4:26PM **Shiva Until 8:45AM**
Rahu 10:04AM – 11:39AM **Balava Until 2:09PM**
Ashtami* Until 2:09AM Sat

Ganesha: Red *Sunrise: 5:17AM*
Muruqa: White *Sunset: 6:01PM*
Nataraja: White
Moon – Light Blue
Chaitra•Chaitra

Subha Sivaloka Day

Manama, Bahrain
Sun 6 Sutra 1
Nandana 5114
Moon 3 - Phase 49
Ashtami

Saturday, April 14, 2012
Retreat Star

Makara Rasi: 8.5 Tithi 24
283117268
No Yoga
Until 8:09AM then Siddha Yoga
Until 10:02PM then Amrita Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 5:16AM – 6:52AM **Uttarashadha Until 8:09AM**
Yama 1:15PM – 2:50PM **Siddha Until 7:03AM**
Rahu 8:28AM – 10:03AM **Taitila Until 1:26PM**
Navami* Until 1:26AM Sun

Ganesha: Blue *Sunrise: 5:16AM*
Muruqa: White *Sunset: 6:02PM*
Nataraja: White
Moon – Light Blue
Chaitra•Chaitra

Subha Subha Sivaloka Day

Manama, Bahrain
Sun 7 Sutra 2
Nandana 5114
Moon 3 - Phase 49
Navami

Chidambaram Abhishekam


1	Sunday, April 15, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Sravana/Dhanishtha Nakshatra Subha Yoga Vanija/Visti* Karana Dasami Yam Titau			Manama, Bahrain
	Makara Rasi: 21.51 Tithi 25 293117268	Gulika 2:50PM – 4:26PM Yama 11:39AM – 1:15PM Rahu 4:26PM – 6:02PM	Sravana Until 8:45AM Subha Until 4:47AM Mon Vanija Until 1:22PM Dasami Until 1:22AM Mon	Ganesha: Red <i>Sunrise: 5:15AM</i> Muruqa: White <i>Sunset: 6:02PM</i> Nataraja: White Moon – Purple Chaitra-Chaitra	Sun 8 Sutra 3 Nandana 5114 Moon 3 - Phase 1 2nd Phase Subha Sivaloka Day
	Creative Work Amrita Yoga Until 8:45AM then Siddha Yoga				

2	Monday, April 16, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sukla Yoga Bava/Balava Karana Ekadasi* Yam Titau			Manama, Bahrain
	Kumbha Rasi: 4.35 Tithi 26 Family Home Evening 293117268 Creative Work Siddha Yoga Until 10.01PM then Marana Yoga	Gulika 1:15PM – 2:51PM Yama 10:02AM – 11:38AM Rahu 6:50AM – 8:26AM	Dhanishtha Until 10:11AM Sukla Until 5:51AM Tue Bava Until 1:52PM Ekadasi* Until 1:52AM Tue	Ganesha: Red <i>Sunrise: 5:14AM</i> Muruqa: White <i>Sunset: 6:03PM</i> Nataraja: White Moon – Purple Chaitra-Chaitra	Sun 9 Sutra 4 Nandana 5114 Moon 3 - Phase 1 2nd Phase Subha Sivaloka Day

3	Tuesday, April 17, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Brahma Yoga Kaulava/Tailita Karana Dvadasi* Yam Titau			Manama, Bahrain
	Kumbha Rasi: 17.04 Tithi 27 293117268	Gulika 11:38AM – 1:14PM Yama 8:26AM – 10:02AM Rahu 2:51PM – 4:27PM	Satabhisha Until 11:51AM Brahma Until 5:35AM Wed Kaulava Until 3:38PM Dvadasi* Until 4:43AM Wed	Ganesha: Red <i>Sunrise: 5:13AM</i> Muruqa: White <i>Sunset: 6:03PM</i> Nataraja: White Moon – Purple Chaitra-Chaitra	Sun 10 Sutra 5 Nandana 5114 Moon 3 - Phase 1 2nd Phase Subha Sivaloka Day
	Routine Work Marana Yoga Until 10.01PM then Amrita Yoga				

4	Wednesday, April 18, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprostapada/Uttaraprostapada Nakshatra Indra Yoga Gara/Vanija Karana Trayodasi* Yam Titau			Manama, Bahrain
	Kumbha Rasi: 29.23 Tithi 28 213117268	Gulika 10:02AM – 11:38AM Yama 6:49AM – 8:25AM Rahu 11:38AM – 1:14PM	Purvaprostapada* Until 1:55PM Indra Until 5:41AM Thu Gara Until 5:06PM Trayodasi* Until 6:11AM Thu <i>Pradosha Vrata (Fasting)</i>	Ganesha: Clear <i>Sunrise: 5:12AM</i> Muruqa: White <i>Sunset: 6:04PM</i> Nataraja: White Moon – Clear Chaitra-Chaitra	Sun 11 Sutra 6 Nandana 5114 Moon 3 - Phase 1 2nd Phase Subha Sivaloka Day
	Creative Work Amrita Yoga Until 1:55PM then Siddha Yoga				

5	Thursday, April 19, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Vaidhriti* Yoga Visti* Karana Chaturdasi* Yam Titau			Manama, Bahrain
	Meena Rasi: 11.31 Tithi 29 213117268	Gulika 8:25AM – 10:01AM Yama 5:11AM – 6:48AM Rahu 1:14PM – 2:51PM	Uttaraprostapada Until 4:17PM Vaidhriti* Until 6:05AM Fri Visti Until 6:55PM Chaturdasi* Until 7:56AM Fri	Ganesha: Clear <i>Sunrise: 5:11AM</i> Muruqa: White <i>Sunset: 6:04PM</i> Nataraja: White Moon – Clear Chaitra-Chaitra	Sun 12 Sutra 7 Nandana 5114 Moon 3 - Phase 1 2nd Phase Subha Sivaloka Day
	Creative Work Siddha Yoga				

	Friday, April 20, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau			Manama, Bahrain
	Retreat Star Meena Rasi: 23.32 Tithi 29 – 30 213117268	Gulika 6:47AM – 8:24AM Yama 2:51PM – 4:28PM Rahu 10:01AM – 11:38AM	Revati Until 6:56PM Vaidhriti* Until 6:05AM Catuspada Until 9:01PM Chaturdasi* Until 7:56AM	Ganesha: Clear <i>Sunrise: 5:10AM</i> Muruqa: White <i>Sunset: 6:05PM</i> Nataraja: White Moon – Clear Chaitra-Chaitra	Sun 13 Sutra 8 Nandana 5114 Moon 3 - Phase 1 Amavasya Subha Sivaloka Day
	Creative Work Siddha Yoga Until 6:56PM then Amrita Yoga Until 10.01PM then Siddha Yoga				

	Saturday, April 21, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Asvini Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau			Manama, Bahrain
	Retreat Star Mesha Rasi: 5.26 Tithi 30 – 1 223117268	Gulika 5:10AM – 6:47AM Yama 1:14PM – 2:51PM Rahu 8:23AM – 10:00AM	Asvini Until 9:47PM Vishkambha* Until 6:56AM Kintughna Until 11:22PM Amavasya* Until 10:16AM	Ganesha: Orange <i>Sunrise: 5:10AM</i> Muruqa: White <i>Sunset: 6:05PM</i> Nataraja: White Moon – White Vaisaka-Chaitra	Sun 14 Sutra 9 Nandana 5114 Moon 3 - Phase 1 Prathama Subha Sivaloka Day
	Creative Work Siddha Yoga Until 10.00PM then no yoga				

1	Sunday, April 22, 2012	Nandana Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau	Manama, Bahrain Sun 15 Sutra 10 Nandana 5114
	Mesha Rasi: 17.16 Tithi 1 – 2 223117268	Gulika 2:51PM – 4:29PM Yama 11:37AM – 1:14PM Rahu 4:29PM – 6:06PM	Bharani Until 12:48AM Mon Priti Until 7:54AM Balava Until 1:52AM Mon Prathama* Until 12:46PM

Ganesha: Orange *Sunrise:* 5:09AM
Muruqa: White *Sunset:* 6:06PM
Nataraja: White
 Moon – White
Vaisaka-Chaitra

No Yoga
 Until 10.00PM then Siddha Yoga
 Until 12:48AM Mon then no yoga

Subha Sivaloka Day

2	Monday, April 23, 2012	Nandana Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Manama, Bahrain Sun 16 Sutra 11 Nandana 5114
	Mesha Rasi: 29.03 Tithi 2 – 3 Family Home Evening 223117268	Gulika 1:14PM – 2:52PM Yama 10:00AM – 11:37AM Rahu 6:45AM – 8:22AM	Krittika Until 3:54AM Tue Ayushman Until 8:58AM Taitila Until 4:28AM Tue Dvitiya Until 3:22PM

Ganesha: Orange *Sunrise:* 5:08AM
Muruqa: White *Sunset:* 6:06PM
Nataraja: White
 Moon – White
Vaisaka-Chaitra

No Yoga
 Until 10.00PM then Siddha Yoga
 Until 3:54AM Tue then Amrita Yoga

Subha Sivaloka Day

3	Tuesday, April 24, 2012	Nandana Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Gara Karana Tritiya Yam Titau	Manama, Bahrain Sun 17 Sutra 12 Nandana 5114
	Wrishabha Rasi: 10.5 Tithi 3 233117269	Gulika 11:37AM – 1:14PM Yama 8:22AM – 9:59AM Rahu 2:52PM – 4:29PM	Rohini Until 7:21AM Wed Saubhagya Until 10:02AM Gara Until 7:04AM Wed Tritiya Until 5:58PM

Ganesha: Clear *Sunrise:* 5:07AM
Muruqa: White *Sunset:* 6:07PM
Nataraja: Clear
 Moon – Yellow
Vaisaka-Chaitra

Creative Work Amrita Yoga
 Until 10.00PM then Siddha Yoga

Sivaloka Day

4	Wednesday, April 25, 2012	Nandana Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigasira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Manama, Bahrain Sun 18 Sutra 13 Nandana 5114
	Wrishabha Rasi: 22.4 Tithi 4 234117269	Gulika 9:59AM – 11:37AM Yama 6:44AM – 8:21AM Rahu 11:37AM – 1:14PM	Rohini Until 7:21AM Sobhana Until 11:01AM Vanija Until 7:23AM Chaturthi* Until 8:28PM

Ganesha: White *Sunrise:* 5:06AM
Muruqa: White *Sunset:* 6:07PM
Nataraja: Clear
 Moon – Yellow
Vaisaka-Chaitra

Creative Work Siddha Yoga
 Until 10.00PM then Marana Yoga

Devaloka Day

5	Thursday, April 26, 2012	Nandana Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchami Yam Titau	Manama, Bahrain Sun 19 Sutra 14 Nandana 5114
	Mithuna Rasi: 4.35 Tithi 5 234117269	Gulika 8:21AM – 9:59AM Yama 5:05AM – 6:43AM Rahu 1:14PM – 2:52PM	Mrigasira Until 10:09AM Athiganda* Until 11:48AM Bava Until 9:39AM Panchami Until 10:45PM

Ganesha: White *Sunrise:* 5:05AM
Muruqa: White *Sunset:* 6:08PM
Nataraja: Clear
 Moon – Yellow
Vaisaka-Chaitra

Routine Work Marana Yoga
 Until 9.59PM then Siddha Yoga

Devaloka Day

6	Friday, April 27, 2012	Nandana Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shasthi* Yam Titau	Manama, Bahrain Sun 20 Sutra 15 Nandana 5114
	Mithuna Rasi: 16.41 Tithi 6 234117269	Gulika 6:42AM – 8:20AM Yama 2:52PM – 4:30PM Rahu 9:58AM – 11:36AM	Ardra Until 12:37PM Sukarma Until 12:17PM Kaulava Until 11:34AM Shasthi* Until 12:39AM Sat

Ganesha: White *Sunrise:* 5:04AM
Muruqa: White *Sunset:* 6:08PM
Nataraja: Clear
 Moon – Yellow
Vaisaka-Chaitra

Creative Work Siddha Yoga
 Until 9.59PM then Marana Yoga

Devaloka Day

Retreat Star	Saturday, April 28, 2012	Nandana Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau	Manama, Bahrain Sun 21 Sutra 16 Nandana 5114
	Mithuna Rasi: 29.02 Tithi 7 244117269	Gulika 5:04AM – 6:42AM Yama 1:14PM – 2:52PM Rahu 8:20AM – 9:58AM	Punarvasu Until 1:57PM Dhriti Until 11:52AM Gara Until 12:22PM Saptami Until 12:22AM Sun

Ganesha: Clear *Sunrise:* 5:04AM
Muruqa: White *Sunset:* 6:09PM
Nataraja: Clear
 Moon – Blue
Vaisaka-Chaitra

Routine Work Marana Yoga
 Until 1:57PM then Siddha Yoga

Sivaloka Day

Retreat Star	Sunday, April 29, 2012	Nandana Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau	Manama, Bahrain Sun 22 Sutra 17 Nandana 5114
	Kataka Rasi: 11.41 Tithi 8 244117269	Gulika 2:53PM – 4:31PM Yama 11:36AM – 1:14PM Rahu 4:31PM – 6:09PM	Pushya Until 3:11PM Shula* Until 11:22AM Visti Until 12:59PM Ashtami* Until 12:59AM Mon

Ganesha: Clear *Sunrise:* 5:03AM
Muruqa: White *Sunset:* 6:09PM
Nataraja: Clear
 Moon – Blue
Vaisaka-Chaitra

Creative Work Siddha Yoga

Sivaloka Day

Retreat Star	Monday, April 30, 2012	Nandana Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Ganda*/Viddhi Yoga Balava/Kaulava Karana Navami* Yam Titau	Manama, Bahrain Sun 23 Sutra 18 Nandana 5114
	Kataka Rasi: 24.44 Tithi 9 Family Home Evening 244117269	Gulika 1:14PM – 2:53PM Yama 9:57AM – 11:36AM Rahu 6:40AM – 8:19AM	Aslesha* Until 3:44PM Ganda* Until 10:12AM Balava Until 12:19PM Navami* Until 11:24PM

Ganesha: Clear *Sunrise:* 5:02AM
Muruqa: White *Sunset:* 6:10PM
Nataraja: Clear
 Moon – Blue
Vaisaka-Chaitra

Creative Work Siddha Yoga

Sivaloka Day

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

1	Tuesday, May 1, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dasami Yam Titau	Manama, Bahrain Sun 24 Sutra 19 Nandana 5114
	Simha Rasi: 8.13 Tithi 10 254117269	Gulika 11:36AM – 1:14PM Yama 8:18AM – 9:57AM Rahu 2:53PM – 4:32PM	Magha* Until 2:47PM Vriddhi Until 8:08AM Taitila Until 11:23AM Dasami Until 10:27PM

Creative Work Siddha Yoga
Until 9:59PM then Amrita Yoga

Ganesha: Purple <i>Sunrise:</i> 5:00AM	Muruqa: White <i>Sunset:</i> 6:11PM	Nataraja: Clear Moon – Red	Devaloka Day
Vaisaka-Chaitra			

2	Wednesday, May 2, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Manama, Bahrain Sun 25 Sutra 20 Nandana 5114
	Simha Rasi: 22.1 Tithi 11 254117269	Gulika 9:57AM – 11:36AM Yama 6:39AM – 8:18AM Rahu 11:36AM – 1:15PM	Purvaphalguni* Until 1:44PM Vyaghata* Until 2:56AM Thu Vanija Until 9:35AM Ekadasi Until 8:39PM

Creative Work Amrita Yoga
Until 9:59PM then Prabalarishta Yoga

Ganesha: Purple <i>Sunrise:</i> 5:00AM	Muruqa: White <i>Sunset:</i> 6:11PM	Nataraja: Clear Moon – Red	Devaloka Day
Vaisaka-Chaitra			

3	Thursday, May 3, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Manama, Bahrain Sun 26 Sutra 21 Nandana 5114
	Kanya Rasi: 6.33 Tithi 12 – 13 254117269	Gulika 8:17AM – 9:56AM Yama 4:59AM – 6:38AM Rahu 1:15PM – 2:54PM	Uttaraphalguni Until 11:31AM Harshana Until 10:34PM Bava Until 6:53AM Dvadasi Until 5:10PM <i>Pradosha Vrata</i>


Routine Work Prabalarishta Yoga
Until 11:31AM then no yoga
Until 9:58PM then Amrita Yoga

Ganesha: Purple <i>Sunrise:</i> 4:59AM	Muruqa: White <i>Sunset:</i> 6:12PM	Nataraja: Clear Moon – Red	Devaloka Day
Vaisaka-Chaitra			

4	Friday, May 4, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Manama, Bahrain Sun 27 Sutra 22 Nandana 5114
	Kanya Rasi: 21.2 Tithi 13 – 14 264117269	Gulika 6:38AM – 8:17AM Yama 2:54PM – 4:33PM Rahu 9:56AM – 11:35AM	Hasta Until 9:12AM Vajra* Until 6:57PM Gara Until 12:21AM Sat Trayodasi Until 2:04PM

Creative Work Amrita Yoga
Until 9:12AM then Siddha Yoga
Until 9:58PM then Marana Yoga

Ganesha: Clear <i>Sunrise:</i> 4:58AM	Muruqa: White <i>Sunset:</i> 6:12PM	Nataraja: Clear Moon – Green	Sivaloka Day
Vaisaka-Chaitra			

	Saturday, May 5, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Manama, Bahrain Sutra 23 Nandana 5114
	Copper Retreat Star Tula Rasi: 6.24 Tithi 14 – 15 264217269	Gulika 4:58AM – 6:37AM Yama 1:15PM – 2:54PM Rahu 8:16AM – 9:56AM	Chitra Until 6:26AM Siddhi Until 2:54PM Visti Until 8:45PM Chaturdasi* Until 10:28AM

Routine Work Marana Yoga
Until 6:26AM then Siddha Yoga

Ganesha: White <i>Sunrise:</i> 4:58AM	Muruqa: White <i>Sunset:</i> 6:13PM	Nataraja: Clear Moon – Green	Subha Sivaloka Day
Vaisaka-Chaitra			

Sunday, May 6, 2012	Silver Retreat Star	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Visakha Nakshatra Vyatipata*/Variyan Yoga Bava/Kaulava Karana Purnima*/Prathama* Yam Titau	Manama, Bahrain Sutra 24 Nandana 5114
	Tula Rasi: 21.37 Tithi 15 – 16 274217269	Gulika 2:54PM – 4:34PM Yama 11:35AM – 1:15PM Rahu 4:34PM – 6:14PM	Visakha Until 12:46AM Mon Vyatipata* Until 10:38AM Kaulava Until 3:12AM Mon Purnima* Until 6:38AM

Routine Work Marana Yoga
Until 12:46AM Mon then Siddha Yoga

Ganesha: Yellow <i>Sunrise:</i> 4:57AM	Muruqa: White <i>Sunset:</i> 6:14PM	Nataraja: Clear Moon – Orange	Sivaloka Day
Vaisaka-Chaitra			

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda, SataBR 1.7.2.1. VE, 393