



Tuesday, April 19, 2011
Gold Retreat Star

Tula Rasi: 17.22 Tihi 17
272456158
Creative Work Siddha Yoga
Until 10:13AM then Marana Yoga
Until 12.31AM Wed then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Visakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiya Yam Titau

Gulika 11:49AM – 1:25PM **Svati Until 10:13AM**
Yama 8:35AM – 10:12AM **Siddhi Until 11:02PM**
Rahu 3:02PM – 4:39PM **Taitila Until 3:00PM**
Dvitiya Until 1:17AM Wed

Ganesha: White *Sunrise:* 5:22AM
Muruqa: Yellow *Sunset:* 6:16PM
Nataraja: Clear
Moon – Green
Chaitra-Chaitra

Kathmandu, Nepal
Sutra 6
Khara 5113
Moon 4 - Phase 1
1st Phase

Sivaloka Day

1

Wednesday, April 20, 2011

Wrishchika Rasi: 2.08 Tihi 18
272456158
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Visakha/Anuradha Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Tritiya Yam Titau

Gulika 10:12AM – 11:48AM **Visakha Until 8:04AM**
Yama 6:58AM – 8:35AM **Vyatipata* Until 8:19PM**
Rahu 11:48AM – 1:25PM **Vanija Until 12:24PM**
Tritiya Until 11:28PM

Ganesha: Yellow *Sunrise:* 5:21AM
Muruqa: Yellow *Sunset:* 6:16PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra

Kathmandu, Nepal
Sutra 7
Khara 5113
Moon 4 - Phase 1
1st Phase

Devaloka Day

2

Thursday, April 21, 2011

Wrishchika Rasi: 16.29 Tihi 19
272456158
Creative Work Siddha Yoga
Until 12.30AM Fri then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Chaturthi* Yam Titau

Gulika 8:34AM – 10:11AM **Anuradha Until 6:19AM**
Yama 5:20AM – 6:57AM **Variyan Until 5:07PM**
Rahu 1:25PM – 3:03PM **Bava Until 9:50AM**
Chaturthi* Until 8:55PM

Ganesha: Yellow *Sunrise:* 5:20AM
Muruqa: Yellow *Sunset:* 6:17PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra

Kathmandu, Nepal
Sutra 8
Khara 5113
Moon 4 - Phase 1
1st Phase

Devaloka Day

3

Friday, April 22, 2011

Dhanus Rasi: 0.23 Tihi 20
282456158
No Yoga
Until 12.30AM Sat then Siddha Yoga
Until 5:55AM Sat then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchami Yam Titau

Gulika 6:56AM – 8:33AM **Mula* Until 5:55AM Sat**
Yama 3:03PM – 4:40PM **Parigha* Until 3:17PM**
Rahu 10:11AM – 11:48AM **Kaulava Until 8:20AM**
Panchami Until 8:20PM

Ganesha: Blue *Sunrise:* 5:19AM
Muruqa: Yellow *Sunset:* 6:17PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra

Kathmandu, Nepal
Sutra 9
Khara 5113
Moon 4 - Phase 1
1st Phase

Sivaloka Day

4

Saturday, April 23, 2011

Dhanus Rasi: 13.47 Tihi 21
282466158
Routine Work Marana Yoga
Until 12.30AM Sun then Siddha Yoga
Until 5:46AM Sun then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shasthi* Yam Titau

Gulika 5:18AM – 6:55AM **Purvashadha* Until 5:46AM Sun**
Yama 1:25PM – 3:03PM **Shiva Until 1:28PM**
Rahu 8:33AM – 10:10AM **Gara Until 7:27AM**
Shasthi* Until 7:27PM

Ganesha: Blue *Sunrise:* 5:18AM
Muruqa: Red *Sunset:* 6:18PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra

Kathmandu, Nepal
Sutra 10
Khara 5113
Moon 4 - Phase 1
1st Phase

Sivaloka Day

5

Sunday, April 24, 2011

Dhanus Rasi: 26.46 Tihi 22
282466158
Creative Work Amrita Yoga
Until 12.30AM Mon then Marana Yoga
Until 7:18AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptami Yam Titau

Gulika 3:03PM – 4:41PM **Uttarashadha Until 7:18AM Mon**
Yama 11:48AM – 1:25PM **Siddha Until 12:25PM**
Rahu 4:41PM – 6:19PM **Visti Until 7:28AM**
Saptami Until 7:28PM

Ganesha: Blue *Sunrise:* 5:17AM
Muruqa: Red *Sunset:* 6:19PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra

Kathmandu, Nepal
Sutra 11
Khara 5113
Moon 4 - Phase 1
1st Phase

Sivaloka Day



Monday, April 25, 2011
Retreat Star

Makara Rasi: 9.21 Tihi 23
283466159
Family Home Evening
Routine Work Marana Yoga
Until 7:18AM then Amrita Yoga
Until 12.29AM Tue then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 1:25PM – 3:03PM **Uttarashadha Until 7:18AM**
Yama 10:10AM – 11:47AM **Sadhya Until 12:30PM**
Rahu 6:54AM – 8:32AM **Balava Until 8:26AM**
Ashtami* Until 9:32PM

Ganesha: Red *Sunrise:* 5:16AM
Muruqa: Red *Sunset:* 6:19PM
Nataraja: Purple
Moon – Light Blue
Chaitra-Chaitra

Kathmandu, Nepal
Sutra 12
Khara 5113
Moon 4 - Phase 1
Ashtami

Sivaloka Day

Tuesday, April 26, 2011
Retreat Star

Makara Rasi: 21.38 Tihi 24
293466159
Creative Work Siddha Yoga
Until 9:23AM then Marana Yoga
Until 12.29AM Wed then Prabalarishta Yog.


Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navami* Yam Titau

Gulika 11:47AM – 1:25PM **Sravana Until 9:23AM**
Yama 8:31AM – 10:09AM **Subha Until 12:37PM**
Rahu 3:03PM – 4:42PM **Taitila Until 9:56AM**
Navami* Until 11:01PM

Ganesha: Green *Sunrise:* 5:15AM
Muruqa: Red *Sunset:* 6:20PM
Nataraja: Purple
Moon – Purple
Chaitra-Chaitra

Kathmandu, Nepal
Sutra 13
Khara 5113
Moon 4 - Phase 1
Navami

Devaloka Day

1	Wednesday, April 27, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dasami Yam Titau		Kathmandu, Nepal
				Sutra 14 Khara 5113
Kumbha Rasi: 3.43	Tithi 25	Gulika 10:09AM – 11:47AM Yama 6:52AM – 8:31AM Rahu 11:47AM – 1:25PM	Dhanishtha Until 11:54AM Sukla Until 1:08PM Vanija Until 11:53AM Dasami Until 12:58AM Thu	Ganesha: Red <i>Sunrise:</i> 5:14AM Muruqa: Red <i>Sunset:</i> 6:20PM Nataraja: Purple Moon – Purple Chaitra-Chaitra
Routine Work	Prabalarishta Yoga			Sivaloka Day
Until 11:54AM then Siddha Yoga				
Until 12.29AM Thu then Marana Yoga				
2	Thursday, April 28, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadasi* Yam Titau		Kathmandu, Nepal
				Sutra 15 Khara 5113
Kumbha Rasi: 15.4	Tithi 26	Gulika 8:30AM – 10:09AM Yama 5:13AM – 6:52AM Rahu 1:25PM – 3:04PM	Satabhisha Until 2:40PM Brahma Until 1:54PM Bava Until 2:07PM Ekadasi* Until 3:12AM Fri	Ganesha: Red <i>Sunrise:</i> 5:13AM Muruqa: Red <i>Sunset:</i> 6:21PM Nataraja: Purple Moon – Purple Chaitra-Chaitra
Routine Work	Marana Yoga			Sivaloka Day
Until 2:40PM then Siddha Yoga				
3	Friday, April 29, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau		Kathmandu, Nepal
				Sutra 16 Khara 5113
Kumbha Rasi: 27.32	Tithi 27	Gulika 6:51AM – 8:30AM Yama 3:04PM – 4:43PM Rahu 10:08AM – 11:47AM	Purvaprostapada* Until 5:35PM Indra Until 2:48PM Kaulava Until 4:30PM Dvadasi* Until 5:36AM Sat	Ganesha: Clear <i>Sunrise:</i> 5:12AM Muruqa: Red <i>Sunset:</i> 6:21PM Nataraja: Purple Moon – Clear Chaitra-Chaitra
Creative Work	Siddha Yoga			Sivaloka Day
Until 12.29AM Sun then Amrita Yoga				
4	Saturday, April 30, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraprostapada Nakshatra Vaidhriti*/Vishkambha* Yoga Gara Karana Trayodasi* Yam Titau		Kathmandu, Nepal
				Sutra 17 Khara 5113
Meena Rasi: 9.25	Tithi 28	Gulika 5:12AM – 6:50AM Yama 1:26PM – 3:04PM Rahu 8:29AM – 10:08AM	Uttaraprostapada Until 8:31PM Vaidhriti* Until 3:43PM Gara Until 6:55PM Trayodasi* Until 8:11AM Sun <i>Pradosha Vrata (Fasting)</i>	Ganesha: Clear <i>Sunrise:</i> 5:12AM Muruqa: Red <i>Sunset:</i> 6:22PM Nataraja: Purple Moon – Clear Chaitra-Chaitra
Creative Work	Siddha Yoga			Sivaloka Day
Until 8:31PM then Prabalarishta Yoga				
Until 12.29AM Sun then Amrita Yoga				
5	Sunday, May 1, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau		Kathmandu, Nepal
				Sutra 18 Khara 5113
Meena Rasi: 21.18	Tithi 28 – 29	Gulika 3:05PM – 4:43PM Yama 11:47AM – 1:26PM Rahu 4:43PM – 6:22PM	Revati Until 11:24PM Vishkambha* Until 4:35PM Visti Until 9:17PM Trayodasi* Until 8:11AM	Ganesha: Clear <i>Sunrise:</i> 5:11AM Muruqa: Red <i>Sunset:</i> 6:22PM Nataraja: Purple Moon – Clear Chaitra-Chaitra
Creative Work	Amrita Yoga			Sivaloka Day
Until 11:24PM then Siddha Yoga				
	Monday, May 2, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau		Kathmandu, Nepal
	Retreat Star			Sutra 19 Khara 5113
Mesha Rasi: 3.15	Tithi 29 – 30	Gulika 1:26PM – 3:05PM Yama 10:07AM – 11:46AM Rahu 6:49AM – 8:28AM	Asvini Until 2:10AM Tue Priti Until 5:20PM Catuspada Until 11:30PM Chaturdasi* Until 10:24AM	Ganesha: Orange <i>Sunrise:</i> 5:10AM Muruqa: Red <i>Sunset:</i> 6:23PM Nataraja: Purple Moon – White Chaitra-Chaitra
Family Home Evening	223566159			Sivaloka Day
Creative Work	Siddha Yoga			
Until 12.28AM Wed then Marana Yoga				
Until 4:45AM Wed then Amrita Yoga				
Tuesday, May 3, 2011	Retreat Star	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau		Kathmandu, Nepal
				Sutra 20 Khara 5113
Mesha Rasi: 15.18	Tithi 30 – 1	Gulika 11:46AM – 1:26PM Yama 8:28AM – 10:07AM Rahu 3:05PM – 4:44PM	Bharani Until 4:45AM Wed Ayushman Until 5:56PM Kintughna Until 1:31AM Wed Amavasya* Until 12:26PM	Ganesha: Orange <i>Sunrise:</i> 5:09AM Muruqa: Red <i>Sunset:</i> 6:24PM Nataraja: Purple Moon – White Vaisaka-Chaitra
Creative Work	Siddha Yoga			Sivaloka Day
Until 12.28AM Wed then Marana Yoga				
Until 4:45AM Wed then Amrita Yoga				

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

1	Wednesday, May 4, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Kathmandu, Nepal
	Mesha Rasi: 27.27 Tithi 1 – 2 223566159	Gulika 10:07AM – 11:46AM Yama 6:48AM – 8:27AM Rahu 11:46AM – 1:26PM	Krittika Until 6:29AM Thu Saubhagya Until 6:18PM Balava Until 3:17AM Thu Prathama* Until 2:12PM	Sutra 21 Khara 5113 Moon 4 - Phase 3 3rd Phase

Creative Work Amrita Yoga
Until 12.28AM Thu then Marana Yoga

Ganesha: Orange *Sunrise:* 5:08AM
Muruqa: Red *Sunset:* 6:24PM
Nataraja: Purple
Moon – White
Vaisaka-Chaitra

Sivaloka Day

2	Thursday, May 5, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Kathmandu, Nepal
	Wrishabha Rasi: 9.45 Tithi 2 – 3 223566159	Gulika 8:27AM – 10:07AM Yama 5:08AM – 6:47AM Rahu 1:26PM – 3:05PM	Krittika Until 6:29AM Sobhana Until 6:26PM Taitila Until 4:45AM Fri Dvitiya Until 3:40PM	Sutra 22 Khara 5113 Moon 4 - Phase 3 3rd Phase

Routine Work Marana Yoga

Ganesha: Orange *Sunrise:* 5:08AM
Muruqa: Red *Sunset:* 6:25PM
Nataraja: Purple
Moon – White
Vaisaka-Chaitra

Sivaloka Day

3	Friday, May 6, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigasira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trilija/Chaturthi* Yam Titau		Kathmandu, Nepal
	Wrishabha Rasi: 22.13 Tithi 3 – 4 233566159	Gulika 6:47AM – 8:26AM Yama 3:06PM – 4:45PM Rahu 10:06AM – 11:46AM	Rohini Until 8:03AM Athiganda* Until 5:22PM Vanija Until 3:52AM Sat Tritiya Until 3:52PM	Sutra 23 Khara 5113 Moon 4 - Phase 3 3rd Phase

Routine Work Marana Yoga
Until 8:03AM then Siddha Yoga

Ganesha: Clear *Sunrise:* 5:07AM
Muruqa: Red *Sunset:* 6:25PM
Nataraja: Purple
Moon – Yellow
Vaisaka-Chaitra

Sivaloka Day

4	Saturday, May 7, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira/Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Kathmandu, Nepal
	Mithuna Rasi: 4.53 Tithi 4 – 5 233566159	Gulika 5:06AM – 6:46AM Yama 1:26PM – 3:06PM Rahu 8:26AM – 10:06AM	Mrigasira Until 9:18AM Sukarma Until 4:51PM Bava Until 4:29AM Sun Chaturthi* Until 4:29PM	Sutra 24 Khara 5113 Moon 4 - Phase 3 3rd Phase

Creative Work Siddha Yoga

Ganesha: Clear *Sunrise:* 5:06AM
Muruqa: Red *Sunset:* 6:26PM
Nataraja: Purple
Moon – Yellow
Vaisaka-Chaitra

Sivaloka Day

5	Sunday, May 8, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Kathmandu, Nepal
	Mithuna Rasi: 17.46 Tithi 5 – 6 233566159	Gulika 3:06PM – 4:46PM Yama 11:46AM – 1:26PM Rahu 4:46PM – 6:26PM	Ardra Until 10:07AM Dhriti Until 3:58PM Kaulava Until 4:38AM Mon Panchami Until 4:38PM	Sutra 25 Khara 5113 Moon 4 - Phase 3 3rd Phase

Creative Work Siddha Yoga
Until 12.28AM Mon then Amrita Yoga

Mother's Day

Ganesha: Clear *Sunrise:* 5:05AM
Muruqa: Red *Sunset:* 6:26PM
Nataraja: Purple
Moon – Yellow
Vaisaka-Chaitra


Sivaloka Day

6	Monday, May 9, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau		Kathmandu, Nepal
	Kataka Rasi: 0.55 Tithi 6 – 7 Family Home Evening 244566159	Gulika 1:26PM – 3:06PM Yama 10:06AM – 11:46AM Rahu 6:45AM – 8:25AM	Punarvasu Until 10:28AM Shula* Until 2:38PM Gara Until 4:17AM Tue Shasthi* Until 4:17PM	Sutra 26 Khara 5113 Moon 4 - Phase 3 3rd Phase

Creative Work Amrita Yoga
Until 10:28AM then Siddha Yoga

Ganesha: Clear *Sunrise:* 5:05AM
Muruqa: Red *Sunset:* 6:27PM
Nataraja: Purple
Moon – Blue
Vaisaka-Chaitra

Sivaloka Day

	Tuesday, May 10, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Aslesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Kathmandu, Nepal
	Retreat Star Kataka Rasi: 14.21 Tithi 7 – 8 244566159	Gulika 11:46AM – 1:26PM Yama 8:25AM – 10:05AM Rahu 3:07PM – 4:47PM	Pushya Until 9:58AM Ganda* Until 12:20PM Visti Until 1:42AM Wed Saptami Until 2:37PM	Sutra 27 Khara 5113 Moon 4 - Phase 3 Ashtami

Creative Work Siddha Yoga

Ganesha: Clear *Sunrise:* 5:04AM
Muruqa: Red *Sunset:* 6:28PM
Nataraja: Purple
Moon – Blue
Vaisaka-Chaitra

Sivaloka Day

Retreat Star	Wednesday, May 11, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Aslesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Kathmandu, Nepal
	Kataka Rasi: 28.07 Tithi 8 – 9 244566159	Gulika 10:05AM – 11:46AM Yama 6:44AM – 8:25AM Rahu 11:46AM – 1:26PM	Aslesha* Until 9:14AM Vridhhi Until 10:07AM Balava Until 12:14AM Thu Ashtami* Until 1:10PM	Sutra 28 Khara 5113 Moon 4 - Phase 3 Navami

Creative Work Siddha Yoga
Until 12.28AM Thu then Amrita Yoga

Ganesha: Clear *Sunrise:* 5:03AM
Muruqa: Red *Sunset:* 6:28PM
Nataraja: Purple
Moon – Blue
Vaisaka-Chaitra

Sivaloka Day

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda, SataBR 1.7.2.1. VE, 393

1	Thursday, May 12, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau				Kathmandu, Nepal
	Sutra 29	Gulika 8:24AM – 10:05AM Yama 5:03AM – 6:43AM Rahu 1:26PM – 3:07PM	Magha* Until 7:57AM Dhruva Until 7:22AM Taitila Until 10:10PM Navami* Until 11:06AM	Ganesha: White Muruqa: Red Nataraja: Purple Moon – Red Vaisaka-Chaitra	<i>Sunrise:</i> 5:03AM <i>Sunset:</i> 6:29PM	Khara 5113 Moon 4 - Phase 4 4th Phase
	Simha Rasi: 12.12 Tithi 9 – 10 254566159					
	Creative Work Amrita Yoga Until 7:57AM then no yoga Until 12.28AM Fri then Siddha Yoga					Devaloka Day
2	Friday, May 13, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau				Kathmandu, Nepal
	Sutra 30	Gulika 6:43AM – 8:24AM Yama 3:08PM – 4:48PM Rahu 10:05AM – 11:46AM	Purvaphalguni* Until 6:07AM Harshana Until 12:14AM Sat Vanija Until 6:34PM Dasami Until 8:17AM	Ganesha: White Muruqa: Red Nataraja: Purple Moon – Red Vaisaka-Chaitra	<i>Sunrise:</i> 5:02AM <i>Sunset:</i> 6:29PM	Khara 5113 Moon 4 - Phase 4 4th Phase
	Simha Rasi: 26.35 Tithi 10 – 11 254566159					
	Creative Work Siddha Yoga Until 12.28AM Sat then Marana Yoga					Devaloka Day
3	Saturday, May 14, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Bava/Balava Karana Dvadasi Yam Titau				Kathmandu, Nepal
	Sutra 31	Gulika 5:02AM – 6:43AM Yama 1:27PM – 3:08PM Rahu 8:24AM – 10:05AM	Hasta Until 1:21AM Sun Vajra* Until 8:49PM Bava Until 3:41PM Dvadasi Until 1:58AM Sun	Ganesha: Yellow Muruqa: Red Nataraja: Purple Moon – Green Vaisaka-Chaitra	<i>Sunrise:</i> 5:02AM <i>Sunset:</i> 6:30PM	Khara 5113 Moon 4 - Phase 4 4th Phase
	Kanya Rasi: 11.14 Tithi 12 264566159					
	Routine Work Marana Yoga Until 12.28AM Sun then Amrita Yoga Until 1:21AM Sun then Siddha Yoga					Sivaloka Day
4	Sunday, May 15, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Kathmandu, Nepal
	Sutra 32	Gulika 3:08PM – 4:49PM Yama 11:46AM – 1:27PM Rahu 4:49PM – 6:30PM	Chitra Until 10:59PM Siddhi Until 5:09PM Kaulava Until 12:30PM Trayodasi Until 10:48PM <i>Pradosha Vrata</i>	Ganesha: Yellow Muruqa: Red Nataraja: Purple Moon – Green Vaisaka-Vaikasi	<i>Sunrise:</i> 5:01AM <i>Sunset:</i> 6:30PM	Khara 5113 Moon 4 - Phase 4 4th Phase
	Kanya Rasi: 26.03 Tithi 13 264566159					
	Creative Work Siddha Yoga Until 12.28AM Mon then Amrita Yoga					Sivaloka Day
5	Monday, May 16, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdasi* Yam Titau				Kathmandu, Nepal
	Sutra 33	Gulika 1:27PM – 3:08PM Yama 10:04AM – 11:46AM Rahu 6:42AM – 8:23AM	Svati Until 8:32PM Vyatipata* Until 1:24PM Gara Until 9:15AM Chaturdasi* Until 7:32PM	Ganesha: Yellow Muruqa: Red Nataraja: Purple Moon – Green Vaisaka-Vaikasi	<i>Sunrise:</i> 5:00AM <i>Sunset:</i> 6:31PM	Khara 5113 Moon 4 - Phase 4 4th Phase
	Tula Rasi: 10.55 Tithi 14 264566159					
	Family Home Evening Creative Work Amrita Yoga Until 8:32PM then Marana Yoga					Sivaloka Day
○	Tuesday, May 17, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Visakha Nakshatra Variyan/Parigha* Yoga Visti*/Balava Karana Purnima*/Prathama* Yam Titau				Kathmandu, Nepal
	Sutra 34	Gulika 11:46AM – 1:27PM Yama 8:23AM – 10:04AM Rahu 3:09PM – 4:50PM	Visakha Until 6:12PM Variyan Until 9:47AM Visti Until 6:08AM Purnima* Until 4:25PM	Ganesha: Blue Muruqa: Red Nataraja: Purple Moon – Orange Vaisaka-Vaikasi	<i>Sunrise:</i> 5:00AM <i>Sunset:</i> 6:32PM	Khara 5113 Moon 4 - Phase 4 Purnima
	Tula Rasi: 25.42 Tithi 15 – 16 274566159					
	Routine Work Marana Yoga Until 6:12PM then Siddha Yoga					Devaloka Day
○	Wednesday, May 18, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau				Kathmandu, Nepal
	Sutra 35	Gulika 10:04AM – 11:46AM Yama 6:41AM – 8:23AM Rahu 11:46AM – 1:27PM	Anuradha Until 4:57PM Parigha* Until 6:30AM Taitila Until 1:19AM Thu Prathama* Until 2:14PM	Ganesha: Blue Muruqa: Red Nataraja: Purple Moon – Orange Vaisaka-Vaikasi	<i>Sunrise:</i> 4:59AM <i>Sunset:</i> 6:32PM	Khara 5113 Moon 4 - Phase 4 Prathama
	Vrischika Rasi: 10.17 Tithi 16 – 17 274566159					
	Creative Work Siddha Yoga					Devaloka Day



Thursday, May 19, 2011
Gold Retreat Star

Virshchika Rasi: 24.32 Tithi 18 – 19
274566159
Creative Work Siddha Yoga
Until 12.28AM Fri then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 8:22AM – 10:04AM
Yama 4:59AM – 6:41AM
Rahu 1:28PM – 3:09PM
Jyeshtha* Until 3:22PM
Siddha Until 12:49AM Fri
Vanija Until 10:56PM
Dvitiya Until 11:51AM

Ganesha: Blue *Sunrise: 4:59AM*
Muruqa: Red *Sunset: 6:33PM*
Nataraja: Purple
Moon – Orange
Vaisaka-Vaikasi

Kathmandu, Nepal
Sun 1 Sutra 36
Khara 5113
Moon 5 - Phase 5
1st Phase

Devaloka Day

1 **Friday, May 20, 2011**

Dhanus Rasi: 8.24 Tithi 18 – 19
284566159
No Yoga
Until 3:06PM then Siddha Yoga
Until 12.28AM Sat then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 6:40AM – 8:22AM
Yama 3:10PM – 4:51PM
Rahu 10:04AM – 11:46AM
Mula* Until 3:06PM
Sadhya Until 11:36PM
Bava Until 10:32PM
Tritiya Until 10:32AM

Ganesha: Red *Sunrise: 4:58AM*
Muruqa: Red *Sunset: 6:33PM*
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Kathmandu, Nepal
Sun 2 Sutra 37
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

2 **Saturday, May 21, 2011**

Dhanus Rasi: 21.5 Tithi 19 – 20
284566159
Routine Work Marana Yoga
Until 2:54PM then no yoga
Until 12.28AM Sun then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 4:58AM – 6:40AM
Yama 1:28PM – 3:10PM
Rahu 8:22AM – 10:04AM
Purvashadha* Until 2:54PM
Subha Until 9:46PM
Kaulava Until 9:34PM
Chaturthi* Until 9:34AM

Ganesha: Red *Sunrise: 4:58AM*
Muruqa: Red *Sunset: 6:34PM*
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Kathmandu, Nepal
Sun 3 Sutra 38
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

3 **Sunday, May 22, 2011**

Makara Rasi: 4.52 Tithi 20 – 21
285666159
Creative Work Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Sukla Yoga Tailila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 3:10PM – 4:52PM
Yama 11:46AM – 1:28PM
Rahu 4:52PM – 6:34PM
Uttarashadha Until 3:28PM
Sukla Until 8:38PM
Gara Until 9:26PM
Panchami Until 9:26AM

Ganesha: Red *Sunrise: 4:58AM*
Muruqa: Red *Sunset: 6:34PM*
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Kathmandu, Nepal
Sun 4 Sutra 39
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

4 **Monday, May 23, 2011**

Makara Rasi: 17.32 Tithi 21 – 22
295666159
Family Home Evening
Creative Work Amrita Yoga
Until 5:36PM then Siddha Yoga
Until 12.28AM Tue then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Brahma Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 1:28PM – 3:11PM
Yama 10:04AM – 11:46AM
Rahu 6:39AM – 8:22AM
Sravana Until 5:36PM
Brahma Until 9:13PM
Visti Until 11:30PM
Shasthi* Until 10:24AM

Ganesha: Green *Sunrise: 4:57AM*
Muruqa: Red *Sunset: 6:35PM*
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Kathmandu, Nepal
Sun 5 Sutra 40
Khara 5113
Moon 5 - Phase 5
1st Phase

Devaloka Day

Tuesday, May 24, 2011
Retreat Star

Makara Rasi: 29.54 Tithi 22 – 23
295666159
Routine Work Marana Yoga
Until 12.28AM Wed then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 11:46AM – 1:28PM
Yama 8:21AM – 10:04AM
Rahu 3:11PM – 4:53PM
Dhanishtha Until 7:32PM
Indra Until 9:14PM
Balava Until 12:48AM Wed
Saptami Until 11:43AM

Ganesha: Green *Sunrise: 4:57AM*
Muruqa: Red *Sunset: 6:36PM*
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Kathmandu, Nepal
Sun 6 Sutra 41
Khara 5113
Moon 5 - Phase 5
Ashtami

Devaloka Day

Wednesday, May 25, 2011
Retreat Star

Kumbha Rasi: 12.02 Tithi 23 – 24
295666159
Creative Work Siddha Yoga
Until 9:56PM then Amrita Yoga
Until 12.28AM Thu then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Satabhisha Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 10:04AM – 11:46AM
Yama 6:39AM – 8:21AM
Rahu 11:46AM – 1:29PM
Satabhisha Until 9:56PM
Vaidhriti* Until 9:41PM
Taitila Until 2:36AM Thu
Ashtami* Until 1:31PM

Ganesha: Green *Sunrise: 4:56AM*
Muruqa: Red *Sunset: 6:36PM*
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Kathmandu, Nepal
Sun 7 Sutra 42
Khara 5113
Moon 5 - Phase 5
Navami

Devaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138

1	Thursday, May 26, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau			Kathmandu, Nepal
	Kumbha Rasi: 24.01 Titli 24 – 25 315666159	Gulika 8:21AM – 10:04AM Yama 4:56AM – 6:39AM Rahu 1:29PM – 3:11PM	Purvaprostapada* Until 12:38AM Fri Vishkambha* Until 10:24PM Vanija Until 4:44AM Fri Navami* Until 3:39PM	Ganesha: Clear <i>Sunrise:</i> 4:56AM Muruqa: Red <i>Sunset:</i> 6:37PM Nataraja: Purple Moon – Clear Vaisaka-Vaikasi	Sun 8 Sutra 43 Khara 5113 Moon 5 - Phase 6 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga				


2	Friday, May 27, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Priti Yoga Visti* Karana Dasami Yam Titau			Kathmandu, Nepal
	Meena Rasi: 5.55 Titli 25 315666159	Gulika 6:38AM – 8:21AM Yama 3:12PM – 4:54PM Rahu 10:04AM – 11:46AM	Uttaraprostapada Until 3:30AM Sat Priti Until 11:16PM Visti Until 7:03AM Sat Dasami Until 5:57PM	Ganesha: Clear <i>Sunrise:</i> 4:56AM Muruqa: Red <i>Sunset:</i> 6:37PM Nataraja: Purple Moon – Clear Vaisaka-Vaikasi	Sun 9 Sutra 44 Khara 5113 Moon 5 - Phase 6 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga Until 3:30AM Sat then Prabalarishta Yoga				

3	Saturday, May 28, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadasi* Yam Titau			Kathmandu, Nepal
	Meena Rasi: 17.49 Titli 26 315666159	Gulika 4:55AM – 6:38AM Yama 1:29PM – 3:12PM Rahu 8:21AM – 10:04AM	Revati Until 6:32AM Sun Ayushman Until 12:09AM Sun Bava Until 7:12AM Ekadasi* Until 8:18PM	Ganesha: Clear <i>Sunrise:</i> 4:55AM Muruqa: Red <i>Sunset:</i> 6:38PM Nataraja: Purple Moon – Clear Vaisaka-Vaikasi	Sun 10 Sutra 45 Khara 5113 Moon 5 - Phase 6 2nd Phase Sivaloka Day
	Routine Work Prabalarishta Yoga Until 12.29AM Sun then Amrita Yoga Until 6:32AM Sun then Siddha Yoga				

4	Sunday, May 29, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Asvini Nakshatra Saubhagya Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau			Kathmandu, Nepal
	Meena Rasi: 29.44 Titli 27 315666159	Gulika 3:12PM – 4:55PM Yama 11:47AM – 1:30PM Rahu 4:55PM – 6:38PM	Revati Until 6:32AM Saubhagya Until 12:59AM Mon Kaulava Until 9:27AM Dvadasi* Until 10:33PM	Ganesha: Clear <i>Sunrise:</i> 4:55AM Muruqa: Red <i>Sunset:</i> 6:38PM Nataraja: Purple Moon – Clear Vaisaka-Vaikasi	Sun 11 Sutra 46 Khara 5113 Moon 5 - Phase 6 2nd Phase Sivaloka Day
	Creative Work Amrita Yoga Until 6:32AM then Siddha Yoga				

5	Monday, May 30, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodasi* Yam Titau			Kathmandu, Nepal
	Mesha Rasi: 11.46 Titli 28 325666159	Gulika 1:30PM – 3:13PM Yama 10:04AM – 11:47AM Rahu 6:38AM – 8:21AM	Asvini Until 9:09AM Sobhana Until 1:38AM Tue Gara Until 11:30AM Trayodasi* Until 12:35AM Tue <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple <i>Sunrise:</i> 4:55AM Muruqa: Red <i>Sunset:</i> 6:39PM Nataraja: Purple Moon – White Vaisaka-Vaikasi	Sun 12 Sutra 47 Khara 5113 Moon 5 - Phase 6 2nd Phase Devaloka Day
	Family Home Evening Creative Work Siddha Yoga				

6	Tuesday, May 31, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			Kathmandu, Nepal
	Mesha Rasi: 23.55 Titli 29 326666159	Gulika 11:47AM – 1:30PM Yama 8:21AM – 10:04AM Rahu 3:13PM – 4:56PM	Bharani Until 11:30AM Athiganda* Until 2:02AM Wed Visti Until 1:15PM Chaturdasi* Until 2:20AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 4:55AM Muruqa: Red <i>Sunset:</i> 6:39PM Nataraja: Purple Moon – White Vaisaka-Vaikasi	Sun 13 Sutra 48 Khara 5113 Moon 5 - Phase 6 2nd Phase Devaloka Day
	Creative Work Siddha Yoga Until 12.29AM Wed then Amrita Yoga				

	Wednesday, June 1, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau			Kathmandu, Nepal
	Retreat Star Vrishabha Rasi: 6.16 Titli 30 326666159	Gulika 10:04AM – 11:47AM Yama 6:38AM – 8:21AM Rahu 11:47AM – 1:30PM	Krittika Until 12:55PM Sukarma Until 12:39AM Thu Catuspada Until 1:53PM Amavasya* Until 1:53AM Thu	Ganesha: Light Blue <i>Sunrise:</i> 4:54AM Muruqa: Red <i>Sunset:</i> 6:40PM Nataraja: Purple Moon – White Vaisaka-Vaikasi	Sun 14 Sutra 49 Khara 5113 Moon 5 - Phase 6 Amavasya Devaloka Day
	Creative Work Amrita Yoga Until 12:55PM then Siddha Yoga Until 12.29AM Thu then Marana Yoga				

Retreat Star	Thursday, June 2, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathama* Yam Titau			Kathmandu, Nepal
	Vrishabha Rasi: 18.49 Titli 1 336666159	Gulika 8:21AM – 10:04AM Yama 4:54AM – 6:37AM Rahu 1:30PM – 3:14PM	Rohini Until 2:22PM Dhriti Until 12:21AM Fri Kintughna Until 2:42PM Prathama* Until 2:42AM Fri	Ganesha: Purple <i>Sunrise:</i> 4:54AM Muruqa: Red <i>Sunset:</i> 6:40PM Nataraja: Purple Moon – Yellow Jyeshtha-Vaikasi	Sun 15 Sutra 50 Khara 5113 Moon 5 - Phase 6 Prathama Devaloka Day
	Routine Work Marana Yoga Until 12.29AM Fri then Siddha Yoga				

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishṇa Yajur Veda, Maitu 6.34. UpH, 447

1	Friday, June 3, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Kathmandu, Nepal
	Mithuna Rasi: 1.35	Tithi 2	336666159		Sun 16 Sutra 51 Khara 5113
	Creative Work	Siddha Yoga			
			Gulika 6:37AM – 8:21AM Yama 3:14PM – 4:57PM Rahu 10:04AM – 11:47AM	Mrigasira Until 3:23PM Shula* Until 11:40PM Balava Until 3:03PM Dvitiya Until 3:03AM Sat	Ganesha: Purple <i>Sunrise:</i> 4:54AM Muruqa: Red <i>Sunset:</i> 6:41PM Nataraja: Purple Moon – Yellow Jyeshtha-Vaikasi
					Devaloka Day


2	Saturday, June 4, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Tailita/Gara Karana Tritiya Yam Titau		Kathmandu, Nepal
	Mithuna Rasi: 15	Tithi 3	336666159		Sun 17 Sutra 52 Khara 5113
	Creative Work	Siddha Yoga			
	Until 3:58PM then Marana Yoga				
	Until 12.30AM Sun then Siddha Yoga				
			Gulika 4:54AM – 6:37AM Yama 1:31PM – 3:14PM Rahu 8:21AM – 10:04AM	Ardra Until 3:58PM Ganda* Until 10:34PM Tailita Until 2:57PM Tritiya Until 2:57AM Sun	Ganesha: Purple <i>Sunrise:</i> 4:54AM Muruqa: Red <i>Sunset:</i> 6:41PM Nataraja: Purple Moon – Yellow Jyeshtha-Vaikasi
					Devaloka Day

3	Sunday, June 5, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Kathmandu, Nepal
	Mithuna Rasi: 27.5	Tithi 4	346666151		Sun 18 Sutra 53 Khara 5113
	Creative Work	Siddha Yoga			
			Gulika 3:15PM – 4:58PM Yama 11:48AM – 1:31PM Rahu 4:58PM – 6:42PM	Punarvasu Until 4:08PM Vriddhi Until 9:05PM Vanija Until 1:43PM Chaturthi* Until 12:48AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 4:54AM Muruqa: Red <i>Sunset:</i> 6:42PM Nataraja: Purple Moon – Blue Jyeshtha-Vaikasi
					Devaloka Day

4	Monday, June 6, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Aslesha* Nakshatra Dhruva Yoga Bava/Balava Karana Panchami Yam Titau		Kathmandu, Nepal
	Kataka Rasi: 11.19	Tithi 5	346666151		Sun 19 Sutra 54 Khara 5113
	Family Home Evening				
	Creative Work	Siddha Yoga			
			Gulika 1:31PM – 3:15PM Yama 10:04AM – 11:48AM Rahu 6:37AM – 8:21AM	Pushya Until 3:11PM Dhruva Until 6:20PM Bava Until 12:47PM Panchami Until 11:51PM	Ganesha: Light Blue <i>Sunrise:</i> 4:54AM Muruqa: Red <i>Sunset:</i> 6:42PM Nataraja: Purple Moon – Blue Jyeshtha-Vaikasi
					Devaloka Day

5	Tuesday, June 7, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha*/Magha* Nakshatra Vyaghata*/Harshana* Yoga Kaulava/Tailita Karana Shasthi* Yam Titau		Kathmandu, Nepal
	Kataka Rasi: 24.59	Tithi 6	347666151		Sun 20 Sutra 55 Khara 5113
	Creative Work	Siddha Yoga			
			Gulika 11:48AM – 1:32PM Yama 8:21AM – 10:04AM Rahu 3:15PM – 4:59PM	Aslesha* Until 2:35PM Vyaghata* Until 4:14PM Kaulava Until 11:26AM Shasthi* Until 10:31PM	Ganesha: Purple <i>Sunrise:</i> 4:54AM Muruqa: Red <i>Sunset:</i> 6:42PM Nataraja: Purple Moon – Blue Jyeshtha-Vaikasi
					Devaloka Day

6	Wednesday, June 8, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptami Yam Titau		Kathmandu, Nepal
	Simha Rasi: 8.52	Tithi 7	357666151		Sun 21 Sutra 56 Khara 5113
	Creative Work	Siddha Yoga			
	Until 1:39PM then Amrita Yoga				
	Until 12.30AM Thu then no yoga				
			Gulika 10:05AM – 11:48AM Yama 6:37AM – 8:21AM Rahu 11:48AM – 1:32PM	Magha* Until 1:39PM Harshana Until 1:50PM Gara Until 9:44AM Saptami Until 8:49PM	Ganesha: Clear <i>Sunrise:</i> 4:54AM Muruqa: Red <i>Sunset:</i> 6:43PM Nataraja: Purple Moon – Red Jyeshtha-Vaikasi
					Sivaloka Day

	Thursday, June 9, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtami* Yam Titau		Kathmandu, Nepal
	Simha Rasi: 22.56	Tithi 8	357666151		Sun 22 Sutra 57 Khara 5113
	Retreat Star				
	No Yoga				
	Until 12:24PM then Prabalarishta Yoga				
	Until 12.30AM Fri then Siddha Yoga				
			Gulika 8:21AM – 10:05AM Yama 4:53AM – 6:37AM Rahu 1:32PM – 3:16PM	Purvaphalguni* Until 12:24PM Vajra* Until 11:09AM Visti Until 7:42AM Ashtami* Until 6:47PM	Ganesha: Clear <i>Sunrise:</i> 4:53AM Muruqa: Red <i>Sunset:</i> 6:43PM Nataraja: Purple Moon – Red Jyeshtha-Vaikasi
					Sivaloka Day

7	Friday, June 10, 2011		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni*/Hasta Nakshatra Siddhi*/Vyatipata* Yoga Kaulava/Tailita Karana Navami*/Dasami Yam Titau		Kathmandu, Nepal
	Kanya Rasi: 7.09	Tithi 9 – 10	357666151		Sun 23 Sutra 58 Khara 5113
	Retreat Star				
	Creative Work	Siddha Yoga			
	Until 10:53AM then Amrita Yoga				
	Until 12.31AM Sat then Marana Yoga				
			Gulika 6:37AM – 8:21AM Yama 3:16PM – 5:00PM Rahu 10:05AM – 11:49AM	Uttaraphalguni Until 10:53AM Siddhi Until 8:12AM Tailita Until 3:31AM Sat Navami* Until 4:27PM	Ganesha: Clear <i>Sunrise:</i> 4:53AM Muruqa: Red <i>Sunset:</i> 6:44PM Nataraja: Purple Moon – Red Jyeshtha-Vaikasi
					Sivaloka Day

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda, Isau 3. bo UpR, 570

1 Saturday, June 11, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Kathmandu, Nepal
 Hasta/Chitra Nakshatra Varyan Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau Sun 24 Sutra 59
 Kanya Rasi: 21.3 Tithi 10 - 11 367666151 **Gulika** 4:53AM - 6:37AM **Hasta** **Until 9:09AM** **Ganesha:** White *Sunrise:* 4:53AM Khara 5113
 Routine Work Marana Yoga **Yama** 1:33PM - 3:16PM **Variyan** **Until 2:23AM Sun** **Muruqa:** Red *Sunset:* 6:44PM Moon 5 - Phase 8
 Until 12.31AM Sun then Siddha Yoga **Rahu** 8:21AM - 10:05AM **Vanija** **Until 12:58AM Sun** **Nataraja:** Purple 4th Phase
Devaloka Day
Jyeshtha-Vaikasi

2 Sunday, June 12, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Kathmandu, Nepal
 Chitra/Svatil Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau Sun 25 Sutra 60
 Tula Rasi: 5.55 Tithi 11 - 12 367666151 **Gulika** 3:17PM - 5:01PM **Chitra** **Until 7:17AM** **Ganesha:** White *Sunrise:* 4:53AM Khara 5113
 Creative Work Siddha Yoga **Yama** 11:49AM - 1:33PM **Parigha*** **Until 11:07PM** **Muruqa:** Red *Sunset:* 6:44PM Moon 5 - Phase 8
 Until 12.31AM Mon then Amrita Yoga **Rahu** 5:01PM - 6:44PM **Bava** **Until 10:15PM** **Nataraja:** Purple 4th Phase
Devaloka Day
Jyeshtha-Vaikasi

3 Monday, June 13, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Kathmandu, Nepal
 Visakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau Sun 26 Sutra 61
 Tula Rasi: 20.21 Tithi 12 - 13 377666151 **Gulika** 1:33PM - 3:17PM **Visakha** **Until 4:16AM Tue** **Ganesha:** Yellow *Sunrise:* 4:54AM Khara 5113
 Family Home Evening **Yama** 10:05AM - 11:49AM **Shiva** **Until 7:50PM** **Muruqa:** Red *Sunset:* 6:45PM Moon 5 - Phase 8
 Routine Work Marana Yoga **Rahu** 6:37AM - 8:21AM **Kaulava** **Until 7:32PM** **Nataraja:** Purple 4th Phase
 Until 4:16AM Tue then Siddha Yoga **Vaikasi Visakam** **Dvadasi** **Until 8:28AM** **Jyeshtha-Vaikasi** **Sivaloka Day**
Pradosha Vrata

4 Tuesday, June 14, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Kathmandu, Nepal
 Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdasi* Yam Titau Sun 27 Sutra 62
 Vrischika Rasi: 4.42 Tithi 14 378666151 **Gulika** 11:49AM - 1:33PM **Anuradha** **Until 2:31AM Wed** **Ganesha:** White *Sunrise:* 4:54AM Khara 5113
 Creative Work Siddha Yoga **Yama** 8:21AM - 10:05AM **Siddha** **Until 4:40PM** **Muruqa:** Red *Sunset:* 6:45PM Moon 5 - Phase 8
Rahu 3:17PM - 5:01PM **Gara** **Until 4:57PM** **Nataraja:** Purple 4th Phase
Chaturdasi* **Until 4:02AM Wed** **Jyeshtha-Vaikasi** **Subha Sivaloka Day**

Wednesday, June 15, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Kathmandu, Nepal
 Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnima* Yam Titau Sutra 63
 Vrischika Rasi: 18.54 Tithi 15 378666151 **Gulika** 10:06AM - 11:50AM **Jyeshtha*** **Until 1:02AM Thu** **Ganesha:** White *Sunrise:* 4:54AM Khara 5113
 Creative Work Siddha Yoga **Yama** 6:38AM - 8:22AM **Sadhya** **Until 1:45PM** **Muruqa:** Red *Sunset:* 6:46PM Moon 5 - Phase 8
Rahu 11:50AM - 1:34PM **Visti** **Until 2:40PM** **Nataraja:** Purple Purnima
Purnima* **Until 1:44AM Thu** **Jyeshtha-Ani** **Subha Sivaloka Day**

Thursday, June 16, 2011 Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Kathmandu, Nepal
 Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathama* Yam Titau Sutra 64
 Dhanus Rasi: 2.51 Tithi 16 388666151 **Gulika** 8:22AM - 10:06AM **Mula*** **Until 11:58PM** **Ganesha:** Yellow *Sunrise:* 4:54AM Khara 5113
 Creative Work Siddha Yoga **Yama** 4:54AM - 6:38AM **Subha** **Until 11:14AM** **Muruqa:** Red *Sunset:* 6:46PM Moon 5 - Phase 8
Rahu 1:34PM - 3:18PM **Balava** **Until 12:49PM** **Nataraja:** Purple Prathama
Prathama* **Until 11:53PM** **Jyeshtha-Ani** **Sivaloka Day**



Friday, June 17, 2011
Gold Retreat Star

Dhanus Rasi: 16.31 Tithi 17
388766151
Creative Work Siddha Yoga
Until 12.32AM Sat then Marana Yoga
Until 12:45AM Sat then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiya Yam Titau
Gulika 6:38AM – 8:22AM **Purvashadha* Until 12:45AM Sat**
Yama 3:18PM – 5:02PM Sukla Until 9:25AM
Rahu 10:06AM – 11:50AM Tailila Until 11:58AM
Dvitiya Until 11:58PM

Kathmandu, Nepal
Sun 1 Sutra 65
Khara 5113
Moon 6 - Phase 9
1st Phase
Devaloka Day

1 Saturday, June 18, 2011

Dhanus Rasi: 29.5 Tithi 18
388766151
No Yoga
Until 12.32AM Sun then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visiti* Karana Tritiya Yam Titau
Gulika 4:54AM – 6:38AM **Uttarashadha Until 12:46AM Sun**
Yama 1:34PM – 3:18PM Brahma Until 7:48AM
Rahu 8:22AM – 10:06AM Vanija Until 11:15AM
Tritiya Until 11:15PM

Kathmandu, Nepal
Sun 2 Sutra 66
Khara 5113
Moon 6 - Phase 9
1st Phase
Devaloka Day

2 Sunday, June 19, 2011

Makara Rasi: 12.49 Tithi 19
398766151
Creative Work Amrita Yoga
Until 1:25AM Mon then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Sravana Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 3:19PM – 5:03PM **Sravana Until 1:25AM Mon**
Yama 11:50AM – 1:34PM Indra Until 6:46AM
Rahu 5:03PM – 6:47PM Bava Until 11:12AM
Chaturthi* Until 11:12PM

Kathmandu, Nepal
Sun 3 Sutra 67
Khara 5113
Moon 6 - Phase 9
1st Phase
Sivaloka Day

3 Monday, June 20, 2011

Makara Rasi: 25.28 Tithi 20
399766151
Family Home Evening
Creative Work Siddha Yoga
Until 12.33AM Tue then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Tailila Karana Panchami Yam Titau
Gulika 1:35PM – 3:19PM **Dhanishtha Until 4:23AM Tue**
Yama 10:07AM – 11:51AM Vaidhriti* Until 6:18AM
Rahu 6:38AM – 8:23AM Kaulava Until 12:18PM
Panchami Until 1:24AM Tue

Kathmandu, Nepal
Sun 4 Sutra 68
Khara 5113
Moon 6 - Phase 9
1st Phase
Subha Sivaloka Day

4 Tuesday, June 21, 2011

Kumbha Rasi: 7.52 Tithi 21
399766151
Routine Work Marana Yoga
Until 12.33AM Wed then Siddha Yoga
Until 6:17AM Wed then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Satabhisha Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 11:51AM – 1:35PM **Satabhisha Until 6:17AM Wed**
Yama 8:23AM – 10:07AM Vishkambha* Until 6:18AM
Rahu 3:19PM – 5:03PM Gara Until 1:33PM
Shasthi* Until 2:39AM Wed

Kathmandu, Nepal
Sun 5 Sutra 69
Khara 5113
Moon 6 - Phase 9
1st Phase
Subha Sivaloka Day

5 Wednesday, June 22, 2011

Kumbha Rasi: 20.01 Tithi 22
319766151
Creative Work Amrita Yoga
Until 12.33AM Thu then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprostapada* Nakshatra Priti/Ayushman Yoga Visiti*/Bava Karana Saptami Yam Titau
Gulika 10:07AM – 11:51AM **Purvaprostapada* Until 8:36AM Thu**
Yama 6:39AM – 8:23AM Priti Until 6:41AM
Rahu 11:51AM – 1:35PM Visiti Until 3:16PM
Saptami Until 4:22AM Thu

Kathmandu, Nepal
Sun 6 Sutra 70
Khara 5113
Moon 6 - Phase 9
1st Phase
Subha Sivaloka Day

Thursday, June 23, 2011
Retreat Star

Meena Rasi: 2.02 Tithi 23
319766151
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 8:23AM – 10:07AM **Purvaprostapada* Until 8:36AM**
Yama 4:55AM – 6:39AM Ayushman Until 7:22AM
Rahu 1:35PM – 3:19PM Balava Until 5:19PM
Ashtami* Until 6:29AM Fri

Kathmandu, Nepal
Sun 7 Sutra 71
Khara 5113
Moon 6 - Phase 9
Ashtami
Subha Sivaloka Day

Friday, June 24, 2011
Retreat Star

Meena Rasi: 13.58 Tithi 23 – 24
319766151
Creative Work Siddha Yoga
Until 12.34AM Sat then Prabararishta Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraprostapada*/Revali Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Ashtami*/Navami* Yam Titau
Gulika 6:39AM – 8:23AM **Uttaraprostapada Until 11:25AM**
Yama 3:20PM – 5:04PM Saubhagya Until 8:12AM
Rahu 10:07AM – 11:52AM Tailila Until 7:34PM
Ashtami* Until 6:29AM

Kathmandu, Nepal
Sun 8 Sutra 72
Khara 5113
Moon 6 - Phase 9
Navami
Subha Sivaloka Day

1 Saturday, June 25, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau Kathmandu, Nepal
Sun 9 Sutra 73
 Khara 5113
 Meena Rasi: 25.52 Tithi 24 – 25 319766151
Gulika 4:56AM – 6:40AM Revati Until 2:16PM Ganesha: Purple Sunrise: 4:56AM
Yama 1:36PM – 3:20PM Sobhana Until 9:05AM Muruqa: Red Sunset: 6:48PM Moon 6 - Phase 10
Rahu 8:24AM – 10:08AM Vanija Until 9:51PM Nataraja: Purple Moon – Clear 2nd Phase
 Routine Work Prabalarishta Yoga
 Until 2:16PM then Siddha Yoga **Subha Sivaloka Day**

2 Sunday, June 26, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau Kathmandu, Nepal
Sun 10 Sutra 74
 Khara 5113
 Mesha Rasi: 7.49 Tithi 25 – 26 329766151
Gulika 3:20PM – 5:04PM Asvini Until 5:02PM Ganesha: Clear Sunrise: 4:56AM
Yama 11:52AM – 1:36PM Athiganda* Until 9:52AM Muruqa: Red Sunset: 6:48PM Moon 6 - Phase 10
Rahu 5:04PM – 6:48PM Bava Until 12:02AM Mon Nataraja: Purple Moon – White 2nd Phase
 Creative Work Siddha Yoga
 Until 5:02PM then no yoga
 Until 12.34AM Mon then Siddha Yoga **Sivaloka Day**

3 Monday, June 27, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau Kathmandu, Nepal
Sun 11 Sutra 75
 Khara 5113
 Mesha Rasi: 19.53 Tithi 26 – 27 329766151
Gulika 1:36PM – 3:20PM Bharani Until 7:33PM Ganesha: Clear Sunrise: 4:56AM
Yama 10:08AM – 11:52AM Sukarma Until 10:26AM Muruqa: Red Sunset: 6:48PM Moon 6 - Phase 10
Rahu 6:40AM – 8:24AM Kaulava Until 1:58AM Tue Nataraja: Purple Moon – White 2nd Phase
 Family Home Evening
 Creative Work Siddha Yoga
 Until 7:33PM then no yoga
 Until 12.34AM Tue then Siddha Yoga **Sivaloka Day**

4 Tuesday, June 28, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Kritika Nakshatra Dhriti/Shula* Yoga Taila/Gara Karana Dvadasi*/Trayodasi* Yam Titau Kathmandu, Nepal
Sun 12 Sutra 76
 Khara 5113
 Vishabha Rasi: 2.08 Tithi 27 – 28 321766151
Gulika 11:52AM – 1:36PM Kritika Until 9:43PM Ganesha: Red Sunrise: 4:56AM
Yama 8:24AM – 10:08AM Dhriti Until 10:41AM Muruqa: Red Sunset: 6:48PM Moon 6 - Phase 10
Rahu 3:20PM – 5:04PM Gara Until 1:43AM Wed Nataraja: Purple Moon – White 2nd Phase
 Creative Work Siddha Yoga
 Until 9:43PM then Amrita Yoga
 Until 12.34AM Wed then Siddha Yoga **Sivaloka Day**
Pradosha Vrata (Fasting)

5 Wednesday, June 29, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau Kathmandu, Nepal
Sun 13 Sutra 77
 Khara 5113
 Vishabha Rasi: 14.38 Tithi 28 – 29 331776151
Gulika 10:09AM – 11:53AM Rohini Until 10:04PM Ganesha: Yellow Sunrise: 4:57AM
Yama 6:41AM – 8:25AM Shula* Until 10:09AM Muruqa: Yellow Sunset: 6:48PM Moon 6 - Phase 10
Rahu 11:53AM – 1:36PM Visti Until 2:38AM Thu Nataraja: Purple Moon – Yellow 2nd Phase
 Creative Work Siddha Yoga
 Until 12.35AM Thu then Marana Yoga **Sivaloka Day**

Thursday, June 30, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Ganda*/Vridhhi Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau Kathmandu, Nepal
Sun 14 Sutra 78
 Khara 5113
 Vishabha Rasi: 27.25 Tithi 29 – 30 331776151
Gulika 8:25AM – 10:09AM Mrigasira Until 11:05PM Ganesha: Yellow Sunrise: 4:57AM
Yama 4:57AM – 6:41AM Ganda* Until 9:28AM Muruqa: Yellow Sunset: 6:48PM Moon 6 - Phase 10
Rahu 1:37PM – 3:21PM Catuspada Until 2:59AM Fri Nataraja: Purple Moon – Yellow Amavasya
 Routine Work Marana Yoga
 Until 12.35AM Fri then Siddha Yoga **Sivaloka Day**

Friday, July 1, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau Kathmandu, Nepal
Sun 15 Sutra 79
 Khara 5113
 Mithuna Rasi: 10.3 Tithi 30 – 1 331776151
Gulika 6:41AM – 8:25AM Ardra Until 11:33PM Ganesha: Yellow Sunrise: 4:57AM
Yama 3:21PM – 5:05PM Vridhhi Until 8:15AM Muruqa: Yellow Sunset: 6:48PM Moon 6 - Phase 10
Rahu 10:09AM – 11:53AM Kintughna Until 2:43AM Sat Nataraja: Purple Moon – Yellow Prathama
 Creative Work Siddha Yoga
 Until 12.35AM Sat then Marana Yoga **Sivaloka Day**

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda, Isau 1. UpM, 49

1	Saturday, July 2, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Kathmandu, Nepal
	Mithuna Rasi: 23.53 Tithi 1 – 2	341776151	Gulika 4:58AM – 6:42AM Yama 1:37PM – 3:21PM Rahu 8:25AM – 10:09AM	Punarvasu Until 10:11PM Dhruva Until 6:29AM Balava Until 12:18AM Sun Prathama* Until 1:14PM	Ganesha: Red <i>Sunrise:</i> 4:58AM Muruqa: Yellow <i>Sunset:</i> 6:48PM Nataraja: Purple Moon – Blue Ashada-Ani
	Routine Work Marana Yoga Until 10:11PM then Siddha Yoga				


2	Sunday, July 3, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Kathmandu, Nepal
	Kataka Rasi: 7.34 Tithi 2 – 3	341776151	Gulika 3:21PM – 5:05PM Yama 11:53AM – 1:37PM Rahu 5:05PM – 6:48PM	Pushya Until 9:36PM Harshana Until 1:44AM Mon Taitila Until 10:58PM Dvitiya Until 11:54AM	Ganesha: Red <i>Sunrise:</i> 4:58AM Muruqa: Yellow <i>Sunset:</i> 6:48PM Nataraja: Purple Moon – Blue Ashada-Ani
	Creative Work Siddha Yoga				

3	Monday, July 4, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau		Kathmandu, Nepal
	Kataka Rasi: 21.29 Tithi 3 – 4	341776151	Gulika 1:37PM – 3:21PM Yama 10:10AM – 11:53AM Rahu 6:42AM – 8:26AM	Aslesha* Until 8:37PM Vajra* Until 11:17PM Vanija Until 9:12PM Tritiya Until 10:08AM	Ganesha: Red <i>Sunrise:</i> 4:59AM Muruqa: Yellow <i>Sunset:</i> 6:48PM Nataraja: Purple Moon – Blue Ashada-Ani
	Family Home Evening Creative Work Siddha Yoga				

4	Tuesday, July 5, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Kathmandu, Nepal
	Simha Rasi: 5.34 Tithi 4 – 5	351776151	Gulika 11:54AM – 1:37PM Yama 8:26AM – 10:10AM Rahu 3:21PM – 5:05PM	Magha* Until 7:20PM Siddhi Until 8:34PM Bava Until 7:08PM Chaturthi* Until 8:03AM	Ganesha: Blue <i>Sunrise:</i> 4:59AM Muruqa: Yellow <i>Sunset:</i> 6:48PM Nataraja: Purple Moon – Red Ashada-Ani
	Creative Work Siddha Yoga Until 12.36AM Wed then Amrita Yoga				

5	Wednesday, July 6, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Kaulava/Taitila Karana Shashti* Yam Titau		Kathmandu, Nepal
	Simha Rasi: 19.44 Tithi 6	351776151	Gulika 10:10AM – 11:54AM Yama 6:43AM – 8:27AM Rahu 11:54AM – 1:37PM	Purvaphalguni* Until 5:53PM Vyalipata* Until 5:41PM Kaulava Until 4:52PM Shashti* Until 3:56AM Thu	Ganesha: Blue <i>Sunrise:</i> 4:59AM Muruqa: Yellow <i>Sunset:</i> 6:48PM Nataraja: Purple Moon – Red Ashada-Ani
	Creative Work Amrita Yoga Until 12.36AM Thu then Prabalarishta Yoga				

6	Thursday, July 7, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptami Yam Titau		Kathmandu, Nepal
	Kanya Rasi: 3.58 Tithi 7	451776151	Gulika 8:27AM – 10:10AM Yama 5:00AM – 6:43AM Rahu 1:38PM – 3:21PM	Uttaraphalguni Until 4:20PM Varyan Until 2:44PM Gara Until 2:30PM Saptami Until 1:35AM Fri	Ganesha: Red <i>Sunrise:</i> 5:00AM Muruqa: Yellow <i>Sunset:</i> 6:48PM Nataraja: Purple Moon – Red Ashada-Ani
	Routine Work Prabalarishta Yoga Until 4:20PM then no yoga Until 12.36AM Fri then Amrita Yoga		Chidambaram Abhishekam		

	Friday, July 8, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtami* Yam Titau		Kathmandu, Nepal
	Retreat Star		Gulika 6:44AM – 8:27AM Yama 3:21PM – 5:05PM Rahu 10:11AM – 11:54AM	Hasta Until 2:48PM Parigha* Until 11:46AM Visti Until 12:08PM Ashtami* Until 11:13PM	Ganesha: Blue <i>Sunrise:</i> 5:00AM Muruqa: Yellow <i>Sunset:</i> 6:48PM Nataraja: Purple Moon – Green Ashada-Ani
	Kanya Rasi: 18.12 Tithi 8	461776151			
	Creative Work Amrita Yoga Until 2:48PM then Siddha Yoga Until 12.36AM Sat then Marana Yoga				

7	Saturday, July 9, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navami* Yam Titau		Kathmandu, Nepal
	Retreat Star		Gulika 5:01AM – 6:44AM Yama 1:38PM – 3:21PM Rahu 8:27AM – 10:11AM	Chitra Until 1:19PM Shiva Until 8:52AM Balava Until 9:51AM Navami* Until 8:56PM	Ganesha: Yellow <i>Sunrise:</i> 5:01AM Muruqa: Yellow <i>Sunset:</i> 6:48PM Nataraja: Purple Moon – Green Ashada-Ani
	Tula Rasi: 2.24 Tithi 9	462776151			
	Routine Work Marana Yoga Until 1:19PM then Siddha Yoga				


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. *Krishna Yajur Veda, Maitu 3.2. UpH, 418*

1	Sunday, July 10, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Visakha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dasami Yam Titau		Kathmandu, Nepal
					Sun 24 Sutra 88 Khara 5113
Tula Rasi: 16.31	Tithi 10	462776151	Gulika 3:21PM – 5:04PM Yama 11:54AM – 1:38PM Rahu 5:04PM – 6:48PM	Svati Until 11:57AM Siddha Until 6:04AM Taitila Until 7:41AM Dasami Until 6:46PM	Ganesha: Yellow <i>Sunrise:</i> 5:01AM Muruqa: Yellow <i>Sunset:</i> 6:48PM Nataraja: Purple Moon – Green Ashada•Ani
Creative Work Siddha Yoga Until 11:57AM then Marana Yoga					Sivaloka Day Moon 6 - Phase 12 4th Phase

2	Monday, July 11, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Visakha/Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadasi/Dvadasi Yam Titau		Kathmandu, Nepal
					Sun 25 Sutra 89 Khara 5113
Vrischika Rasi: 0.34	Tithi 11 – 12	472876151	Gulika 1:38PM – 3:21PM Yama 10:11AM – 11:55AM Rahu 6:45AM – 8:28AM	Visakha Until 10:46AM Subha Until 12:45AM Tue Bava Until 3:51AM Tue Ekadasi Until 4:46PM	Ganesha: Yellow <i>Sunrise:</i> 5:02AM Muruqa: Yellow <i>Sunset:</i> 6:48PM Nataraja: Purple Moon – Orange Ashada•Ani
Family Home Evening Routine Work Marana Yoga Until 10:46AM then Siddha Yoga					Sivaloka Day Moon 6 - Phase 12 4th Phase

3	Tuesday, July 12, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau		Kathmandu, Nepal
					Sun 26 Sutra 90 Khara 5113
Vrischika Rasi: 14.28	Tithi 12 – 13	472876151	Gulika 11:55AM – 1:38PM Yama 8:28AM – 10:12AM Rahu 3:21PM – 5:04PM	Anuradha Until 9:47AM Sukla Until 10:19PM Kaulava Until 2:05AM Wed Dvadasi Until 3:00PM <i>Pradosha Vrata</i>	Ganesha: Yellow <i>Sunrise:</i> 5:02AM Muruqa: Yellow <i>Sunset:</i> 6:47PM Nataraja: Purple Moon – Orange Ashada•Ani
Creative Work Siddha Yoga					Sivaloka Day Moon 6 - Phase 12 4th Phase

4	Wednesday, July 13, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau		Kathmandu, Nepal
					Sun 27 Sutra 91 Khara 5113
Vrischika Rasi: 28.13	Tithi 13 – 14	472876151	Gulika 10:12AM – 11:55AM Yama 6:46AM – 8:29AM Rahu 11:55AM – 1:38PM	Jyeshtha* Until 9:04AM Brahma Until 8:07PM Gara Until 12:37AM Thu Trayodasi Until 1:33PM	Ganesha: Yellow <i>Sunrise:</i> 5:03AM Muruqa: Yellow <i>Sunset:</i> 6:47PM Nataraja: Purple Moon – Orange Ashada•Ani
Creative Work Siddha Yoga Until 9:04AM then Marana Yoga Until 12:37AM Thu then Siddha Yoga					Sivaloka Day Moon 6 - Phase 12 4th Phase

	Thursday, July 14, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau		Kathmandu, Nepal
					Sutra 92 Khara 5113
Dhanus Rasi: 11.46	Tithi 14 – 15	482876151	Gulika 8:29AM – 10:12AM Yama 5:03AM – 6:46AM Rahu 1:38PM – 3:21PM	Mula* Until 8:54AM Indra Until 7:07PM Visti Until 12:59AM Fri Chaturdasi* Until 12:59PM	Ganesha: White <i>Sunrise:</i> 5:03AM Muruqa: Yellow <i>Sunset:</i> 6:47PM Nataraja: Purple Moon – Light Blue Ashada•Ani
Creative Work Siddha Yoga			Satguru Purnima		Subha Sivaloka Day Purnima Moon 6 - Phase 12

	Friday, July 15, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Kathmandu, Nepal
					Sutra 93 Khara 5113
Dhanus Rasi: 25.05	Tithi 15 – 16	482876151	Gulika 6:46AM – 8:29AM Yama 3:21PM – 5:04PM Rahu 10:12AM – 11:55AM	Purvashadha* Until 8:55AM Vaidhriti* Until 5:30PM Balava Until 12:14AM Sat Purnima* Until 12:14PM	Ganesha: White <i>Sunrise:</i> 5:03AM Muruqa: Yellow <i>Sunset:</i> 6:47PM Nataraja: Purple Moon – Light Blue Ashada•Ani
Creative Work Siddha Yoga Until 12:37AM Sat then no yoga					Subha Sivaloka Day Prathama Moon 6 - Phase 12

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Kṛishṇa Yajur Veda, Maitu 6.34. UpM, 104



Saturday, July 16, 2011
Gold Retreat Star

Makara Rasi: 8.1 Tithi 16 – 17
492876151
No Yoga
Until 9:24AM then Siddha Yoga
Until 12.37AM Sun then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mantra Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Gulika 5:04AM – 6:47AM
Yama 1:38PM – 3:21PM
Rahu 8:30AM – 10:12AM

Uttarashadha Until 9:24AM
Vishkambha* Until 4:19PM
Taitila Until 12:00AM Sun
Prathama* Until 12:00PM

Kathmandu, Nepal
Sutra 94
Khara 5113
Moon 7 - Phase 13
1st Phase

Subha Sivaloka Day

Ganesha: White *Sunrise:* 5:04AM
Muruqa: Yellow *Sunset:* 6:46PM
Nataraja: Purple
Moon – Light Blue
Ashada-Ani



Sunday, July 17, 2011

Makara Rasi: 20.58 Tithi 17 – 18
492876152
Creative Work Amrita Yoga
Until 10:22AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 3:21PM – 5:03PM
Yama 11:55AM – 1:38PM
Rahu 5:03PM – 6:46PM

Sravana Until 10:22AM
Priti Until 3:35PM
Vanija Until 12:17AM Mon
Dvitiya Until 12:17PM

Kathmandu, Nepal
Sun 1 Sutra 95
Khara 5113
Moon 7 - Phase 13
1st Phase

Devaloka Day

Ganesha: Clear *Sunrise:* 5:04AM
Muruqa: Yellow *Sunset:* 6:46PM
Nataraja: Clear
Moon – Purple
Ashada-Adi



Monday, July 18, 2011

Kumbha Rasi: 3.31 Tithi 18 – 19
492876152
Family Home Evening
Creative Work Siddha Yoga
Until 12.37AM Tue then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 1:38PM – 3:20PM
Yama 10:13AM – 11:55AM
Rahu 6:48AM – 8:30AM

Dhanishtha Until 12:17PM
Ayushman Until 3:59PM
Bava Until 2:49AM Tue
Tritiya Until 1:44PM

Kathmandu, Nepal
Sun 2 Sutra 96
Khara 5113
Moon 7 - Phase 13
1st Phase

Devaloka Day

Ganesha: Clear *Sunrise:* 5:05AM
Muruqa: Yellow *Sunset:* 6:46PM
Nataraja: Clear
Moon – Purple
Ashada-Adi



Tuesday, July 19, 2011

Kumbha Rasi: 15.52 Tithi 19 – 20
492876152
Routine Work Marana Yoga
Until 12.38AM Wed then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 11:55AM – 1:38PM
Yama 8:30AM – 10:13AM
Rahu 3:20PM – 5:03PM

Satabhisha Until 2:17PM
Saubhagya Until 4:05PM
Kaulava Until 4:11AM Wed
Chaturthi* Until 3:05PM

Kathmandu, Nepal
Sun 3 Sutra 97
Khara 5113
Moon 7 - Phase 13
1st Phase

Devaloka Day

Ganesha: Clear *Sunrise:* 5:06AM
Muruqa: Yellow *Sunset:* 6:46PM
Nataraja: Clear
Moon – Purple
Ashada-Adi



Wednesday, July 20, 2011

Kumbha Rasi: 28 Tithi 20 – 21
412876152
Creative Work Amrita Yoga
Until 4:41PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 10:13AM – 11:55AM
Yama 6:48AM – 8:31AM
Rahu 11:55AM – 1:38PM

Purvaprostapada* Until 4:41PM
Sobhana Until 4:31PM
Gara Until 5:57AM Thu
Panchami Until 4:52PM

Kathmandu, Nepal
Sun 4 Sutra 98
Khara 5113
Moon 7 - Phase 13
1st Phase

Devaloka Day

Ganesha: Yellow *Sunrise:* 5:06AM
Muruqa: Yellow *Sunset:* 6:46PM
Nataraja: Clear
Moon – Clear
Ashada-Adi



Thursday, July 21, 2011

Meena Rasi: 9.59 Tithi 21
412876152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprostapada Nakshatra Athiganda*/Sukarma Yoga Vanija Karana Shasthi* Yam Titau

Gulika 8:31AM – 10:13AM
Yama 5:07AM – 6:49AM
Rahu 1:38PM – 3:20PM

Uttaraprostapada Until 7:21PM
Athiganda* Until 5:13PM
Vanija Until 8:02AM Fri
Shasthi* Until 6:57PM

Kathmandu, Nepal
Sun 5 Sutra 99
Khara 5113
Moon 7 - Phase 13
1st Phase

Devaloka Day

Ganesha: Yellow *Sunrise:* 5:07AM
Muruqa: Yellow *Sunset:* 6:44PM
Nataraja: Clear
Moon – Clear
Ashada-Adi



Friday, July 22, 2011

Meena Rasi: 21.55 Tithi 22
413876152
Creative Work Siddha Yoga
Until 10:11PM then Amrita Yoga
Until 12.38AM Sat then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti*/Bava Karana Saptami Yam Titau

Gulika 6:49AM – 8:31AM
Yama 3:20PM – 5:02PM
Rahu 10:13AM – 11:56AM

Revati Until 10:11PM
Sukarma Until 6:05PM
Visti Until 8:08AM
Saptami Until 9:13PM

Kathmandu, Nepal
Sun 6 Sutra 100
Khara 5113
Moon 7 - Phase 13
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Ganesha: White *Sunrise:* 5:07AM
Muruqa: Yellow *Sunset:* 6:44PM
Nataraja: Clear
Moon – Clear
Ashada-Adi



Saturday, July 23, 2011
Retreat Star

Mesha Rasi: 3.48 Tithi 23
423876152
Creative Work Siddha Yoga
Until 1:04AM Sun then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mantra Vasara Yuktayam
Asvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 5:08AM – 6:50AM
Yama 1:38PM – 3:20PM
Rahu 8:32AM – 10:14AM

Asvini Until 1:04AM Sun
Dhriti Until 6:59PM
Balava Until 10:27AM
Ashtami* Until 11:33PM

Kathmandu, Nepal
Sun 7 Sutra 101
Khara 5113
Moon 7 - Phase 13
Ashtami

Devaloka Day

Ganesha: Yellow *Sunrise:* 5:08AM
Muruqa: Yellow *Sunset:* 6:44PM
Nataraja: Clear
Moon – White
Ashada-Adi

Sunday, July 24, 2011

Retreat Star

Mesha Rasi: 15.44 Tithi 24
423876152
No Yoga
Until 12.38AM Mon then Siddha Yoga
Until 3:52AM Mon then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani Nakshatra Shula* Yoga Taitila/Gara Karana Navami* Yam Titau

Gulika 3:19PM – 5:01PM
Yama 11:56AM – 1:37PM
Rahu 5:01PM – 6:43PM


Bharani Until 3:52AM Mon
Shula* Until 7:48PM
Taitila Until 12:40PM
Navami* Until 1:45AM Mon

Kathmandu, Nepal
Sun 8 Sutra 102
Khara 5113
Moon 7 - Phase 13
Navami

Devaloka Day

Ganesha: Yellow *Sunrise:* 5:08AM
Muruqa: Yellow *Sunset:* 6:43PM
Nataraja: Clear
Moon – White
Ashada-Adi

Borne along and defiled by the stream of qualities, unsteady, wavering, bewildered, full of desire, distracted, one goes on into the state of self-conceit. In thinking, "This is I" and "That is mine" one binds himself with himself, as does a bird with a snare. Krishna Yajur Veda, Maitu 3.2. UpH, 418

1	Monday, July 25, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Vanija/Visti* Karana Dasami Yam Titau		Kathmandu, Nepal
	Mesha Rasi: 27.49 Tithi 25 Family Home Evening No Yoga Until 12.38AM Tue then Siddha Yoga Until 6:23AM Tue then Amrita Yoga	433876152	Gulika 1:37PM – 3:19PM Yama 10:14AM – 11:56AM Rahu 6:50AM – 8:32AM	Krittika Until 6:23AM Tue Ganda* Until 8:22PM Vanija Until 2:36PM Dasami Until 3:41AM Tue	Ganesha: Yellow <i>Sunrise:</i> 5:09AM Muruqa: Yellow <i>Sunset:</i> 6:43PM Nataraja: Clear Moon – White Ashada*Adi
2	Tuesday, July 26, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadasi* Yam Titau		Kathmandu, Nepal
	Wrishabha Rasi: 10.05 Tithi 26 Creative Work Amrita Yoga Until 12.38AM Wed then Siddha Yoga	433876152	Gulika 11:56AM – 1:37PM Yama 8:32AM – 10:14AM Rahu 3:19PM – 5:00PM	Rohini Until 7:14AM Wed Vriddhi Until 7:30PM Bava Until 3:14PM Ekadasi* Until 3:14AM Wed	Ganesha: Blue <i>Sunrise:</i> 5:09AM Muruqa: Yellow <i>Sunset:</i> 6:42PM Nataraja: Clear Moon – Yellow Ashada*Adi
3	Wednesday, July 27, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigasira Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau		Kathmandu, Nepal
	Wrishabha Rasi: 22.4 Tithi 27 Creative Work Siddha Yoga Until 12.38AM Thu then Marana Yoga	433876152	Gulika 10:14AM – 11:56AM Yama 6:51AM – 8:33AM Rahu 11:56AM – 1:37PM	Rohini Until 7:14AM Dhruva Until 7:10PM Kaulava Until 4:00PM Dvadasi* Until 4:00AM Thu	Ganesha: Blue <i>Sunrise:</i> 5:10AM Muruqa: Yellow <i>Sunset:</i> 6:41PM Nataraja: Clear Moon – Yellow Ashada*Adi
4	Thursday, July 28, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Mrigasira/Ardra Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Kathmandu, Nepal
	Mithuna Rasi: 5.35 Tithi 28 Routine Work Marana Yoga Until 12.38AM Fri then Siddha Yoga	433876152	Gulika 8:33AM – 10:14AM Yama 5:10AM – 6:52AM Rahu 1:37PM – 3:18PM	Mrigasira Until 8:00AM Vyaghata* Until 6:14PM Gara Until 4:03PM Trayodasi* Until 4:03AM Fri <i>Pradosha Vrata (Fasting)</i>	Ganesha: Blue <i>Sunrise:</i> 5:10AM Muruqa: Yellow <i>Sunset:</i> 6:41PM Nataraja: Clear Moon – Yellow Ashada*Adi
5	Friday, July 29, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Kathmandu, Nepal
	Mithuna Rasi: 18.54 Tithi 29 Creative Work Siddha Yoga Until 12.38AM Sat then Marana Yoga	433876152	Gulika 6:52AM – 8:33AM Yama 3:18PM – 4:59PM Rahu 10:14AM – 11:56AM	Ardra Until 7:53AM Harshana Until 3:55PM Visti Until 2:37PM Chaturdasi* Until 1:41AM Sat	Ganesha: Blue <i>Sunrise:</i> 5:11AM Muruqa: Yellow <i>Sunset:</i> 6:40PM Nataraja: Clear Moon – Yellow Ashada*Adi
	Saturday, July 30, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Kathmandu, Nepal
	Retreat Star Kataka Rasi: 2.37 Tithi 30 Routine Work Marana Yoga Until 7:14AM then Siddha Yoga	443876152	Gulika 5:11AM – 6:52AM Yama 1:37PM – 3:18PM Rahu 8:33AM – 10:14AM	Punarvasu Until 7:14AM Vajra* Until 1:47PM Catuspada Until 1:13PM Amavasya* Until 12:18AM Sun	Ganesha: Blue <i>Sunrise:</i> 5:11AM Muruqa: Yellow <i>Sunset:</i> 6:40PM Nataraja: Clear Moon – Blue Ashada*Adi
Sunday, July 31, 2011	Retreat Star		Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Kathmandu, Nepal
	Kataka Rasi: 16.41 Tithi 1 Creative Work Siddha Yoga	443876152	Gulika 3:17PM – 4:58PM Yama 11:55AM – 1:36PM Rahu 4:58PM – 6:39PM	Aslesha* Until 4:50AM Mon Siddhi Until 11:05AM Kintughna Until 11:10AM Prathama* Until 10:15PM	Ganesha: Blue <i>Sunrise:</i> 5:12AM Muruqa: Yellow <i>Sunset:</i> 6:39PM Nataraja: Clear Moon – Blue Sravana*Adi

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. *Krishna Yajur Veda, Kathau 5.11. bo UpH, 357*

1	Monday, August 1, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Vyatipata/Variyan Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Kathmandu, Nepal
	Simha Rasi: 1.02 Tithi 2	Gulika 1:36PM – 3:17PM	Magha* Until 1:41AM Tue	Sun 16 Sutra 110
	Family Home Evening 453876152	Yama 10:15AM – 11:55AM	Vyatipata* Until 7:55AM	Khara 5113
	Creative Work Siddha Yoga	Rahu 6:53AM – 8:34AM	Balava Until 8:25AM	Moon 7 - Phase 15 3rd Phase
		Dvitiya Until 6:42PM	Ganesha: Blue <i>Sunrise:</i> 5:12AM	Bhuloka Day
			Muruqa: Yellow <i>Sunset:</i> 6:38PM	Devaloka Time: 3:PM to 6:PM
			Nataraja: Clear	
			Moon – Red	
			Sravana-Adi	

2	Tuesday, August 2, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau		Kathmandu, Nepal
	Simha Rasi: 15.34 Tithi 3 – 4	Gulika 11:55AM – 1:36PM	Purvaphalguni* Until 11:46PM	Sun 17 Sutra 111
	453876152	Yama 8:34AM – 10:15AM	Parigha* Until 12:34AM Wed	Khara 5113
	Creative Work Siddha Yoga	Rahu 3:17PM – 4:57PM	Vanija Until 2:17AM Wed	Moon 7 - Phase 15 3rd Phase
Until 11:46PM then Amrita Yoga		Tritiya Until 4:00PM	Ganesha: Blue <i>Sunrise:</i> 5:13AM	Bhuloka Day
			Muruqa: Yellow <i>Sunset:</i> 6:38PM	Devaloka Time: 3:PM to 6:PM
			Nataraja: Clear	
			Moon – Red	
			Sravana-Adi	

3	Wednesday, August 3, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Kathmandu, Nepal
	Kanya Rasi: 0.1 Tithi 4 – 5	Gulika 10:15AM – 11:55AM	Uttaraphalguni Until 9:45PM	Sun 18 Sutra 112
	453876152	Yama 6:54AM – 8:34AM	Shiva Until 9:14PM	Khara 5113
	Creative Work Amrita Yoga	Rahu 11:55AM – 1:36PM	Bava Until 11:29PM	Moon 7 - Phase 15 3rd Phase
Until 9:45PM then Siddha Yoga		Chaturthi* Until 1:11PM	Ganesha: Blue <i>Sunrise:</i> 5:13AM	Bhuloka Day
Until 12:38AM Thu then no yoga	Nag Panchami		Muruqa: Yellow <i>Sunset:</i> 6:37PM	Devaloka Time: 3:PM to 6:PM
			Nataraja: Clear	
			Moon – Red	
			Sravana-Adi	

4	Thursday, August 4, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Kathmandu, Nepal
	Kanya Rasi: 14.43 Tithi 5 – 6	Gulika 8:35AM – 10:15AM	Hasta Until 8:46PM	Sun 19 Sutra 113
	463876152	Yama 5:14AM – 6:54AM	Siddha Until 6:46PM	Khara 5113
	No Yoga	Rahu 1:36PM – 3:16PM	Kaulava Until 9:52PM	Moon 7 - Phase 15 3rd Phase
Until 8:46PM then Siddha Yoga		Panchami Until 10:47AM	Ganesha: Yellow <i>Sunrise:</i> 5:14AM	Devaloka Day
			Muruqa: Yellow <i>Sunset:</i> 6:36PM	
			Nataraja: Clear	
			Moon – Green	
			Sravana-Adi	

5	Friday, August 5, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau		Kathmandu, Nepal
	Kanya Rasi: 29.09 Tithi 6 – 7	Gulika 6:55AM – 8:35AM	Chitra Until 6:54PM	Sun 20 Sutra 114
	464976152	Yama 3:15PM – 4:56PM	Sadhya Until 3:29PM	Khara 5113
	Creative Work Siddha Yoga	Rahu 10:15AM – 11:55AM	Gara Until 7:09PM	Moon 7 - Phase 15 3rd Phase
		Shasthi* Until 8:04AM	Ganesha: Yellow <i>Sunrise:</i> 5:14AM	Devaloka Day
			Muruqa: Yellow <i>Sunset:</i> 6:36PM	
			Nataraja: Clear	
			Moon – Green	
			Sravana-Adi	

D	Saturday, August 6, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantra Vasara Yuktayam Svati/Visakha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtami* Yam Titau		Kathmandu, Nepal
	Retreat Star	Gulika 5:15AM – 6:55AM	Svati Until 5:20PM	Sun 21 Sutra 115
	Tula Rasi: 13.23 Tithi 8	Yama 1:35PM – 3:15PM	Subha Until 12:29PM	Khara 5113
	464976152	Rahu 8:35AM – 10:15AM	Visti Until 4:46PM	Moon 7 - Phase 15 Ashtami
Creative Work Siddha Yoga		Ashtami* Until 3:51AM Sun	Ganesha: Yellow <i>Sunrise:</i> 5:15AM	Devaloka Day
Until 12:37AM Sun then Marana Yoga			Muruqa: Yellow <i>Sunset:</i> 6:35PM	
			Nataraja: Clear	
			Moon – Green	
			Sravana-Adi	

S	Sunday, August 7, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Visakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau		Kathmandu, Nepal
	Retreat Star	Gulika 3:15PM – 4:54PM	Visakha Until 4:09PM	Sun 22 Sutra 116
	Tula Rasi: 27.25 Tithi 9	Yama 11:55AM – 1:35PM	Sukla Until 9:51AM	Khara 5113
	474976152	Rahu 4:54PM – 6:34PM	Balava Until 2:49PM	Moon 7 - Phase 15 Navami
Routine Work Marana Yoga		Navami* Until 1:53AM Mon	Ganesha: White <i>Sunrise:</i> 5:16AM	Bhuloka Day
Until 12:37AM Mon then Siddha Yoga			Muruqa: Yellow <i>Sunset:</i> 6:34PM	Devaloka Time: 3:PM to 6:PM
			Nataraja: Clear	
			Moon – Orange	
			Sravana-Adi	

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda, Svetu 3.2. VE, 621

1	Monday, August 8, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dasami Yam Titau		Kathmandu, Nepal
	Vrischika Rasi: 11.12 Tilthi 10 Family Home Evening 474976152 Creative Work Siddha Yoga	Gulika 1:34PM – 3:14PM Yama 10:15AM – 11:55AM Rahu 6:56AM – 8:35AM	Anuradha Until 3:22PM Brahma Until 7:36AM Taitila Until 1:16PM Dasami Until 12:21AM Tue	Sun 23 Sutra 117 Khara 5113 Moon 7 - Phase 16 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

2	Tuesday, August 9, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau		Kathmandu, Nepal
	Vrischika Rasi: 24.46 Tilthi 11 474976152 Creative Work Siddha Yoga Until 3:40PM then Amrita Yoga Until 12.37AM Wed then Marana Yoga	Gulika 11:55AM – 1:34PM Yama 8:36AM – 10:15AM Rahu 3:14PM – 4:53PM	Jyeshtha* Until 3:40PM Vaidhriti* Until 4:32AM Wed Vanija Until 12:40PM Ekadasi Until 12:40AM Wed	Sun 24 Sutra 118 Khara 5113 Moon 7 - Phase 16 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

3	Wednesday, August 10, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau		Kathmandu, Nepal
	Dhanus Rasi: 8.07 Tilthi 12 484976152 Routine Work Marana Yoga Until 3:38PM then Amrita Yoga Until 12.37AM Thu then Siddha Yoga	Gulika 10:15AM – 11:54AM Yama 6:56AM – 8:36AM Rahu 11:54AM – 1:34PM	Mula* Until 3:38PM Vishkambha* Until 2:51AM Thu Bava Until 11:53AM Dvadasi Until 11:53PM	Sun 25 Sutra 119 Khara 5113 Moon 7 - Phase 16 4th Phase Devaloka Day

4	Thursday, August 11, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau		Kathmandu, Nepal
	Dhanus Rasi: 21.16 Tilthi 13 484976152 Creative Work Siddha Yoga	Gulika 8:36AM – 10:15AM Yama 5:18AM – 6:57AM Rahu 1:33PM – 3:13PM	Purvashadha* Until 3:59PM Priti Until 1:31AM Fri Kaulava Until 11:30AM Trayodasi Until 11:30PM <i>Pradosha Vrata</i>	Sun 26 Sutra 120 Khara 5113 Moon 7 - Phase 16 4th Phase Devaloka Day

5	Friday, August 12, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Sravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Kathmandu, Nepal
	Makara Rasi: 4.13 Tilthi 14 484976152 Creative Work Siddha Yoga	Gulika 6:57AM – 8:36AM Yama 3:12PM – 4:51PM Rahu 10:15AM – 11:54AM	Uttarashadha Until 4:41PM Ayushman Until 12:32AM Sat Gara Until 11:31AM Chaturdasi* Until 11:31PM	Sun 27 Sutra 121 Khara 5113 Moon 7 - Phase 16 4th Phase Devaloka Day

○	Saturday, August 13, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantra Vasara Yuktayam Sravana Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau		Kathmandu, Nepal
	Copper Retreat Star Makara Rasi: 16.59 Tilthi 15 494976152 Creative Work Siddha Yoga	Gulika 5:19AM – 6:58AM Yama 1:33PM – 3:12PM Rahu 8:36AM – 10:15AM	Sravana Until 5:44PM Saubhagya Until 11:52PM Visti Until 11:55AM Purnima* Until 11:55PM	Sun 28 Sutra 122 Khara 5113 Moon 7 - Phase 16 Purnima Bhuloka Day Devaloka Time: 3:PM to 6:PM

○	Sunday, August 14, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau		Kathmandu, Nepal
	Silver Retreat Star Makara Rasi: 29.33 Tilthi 16 494976152 Creative Work Siddha Yoga	Gulika 3:11PM – 4:50PM Yama 11:54AM – 1:32PM Rahu 4:50PM – 6:28PM	Dhanishtha Until 8:14PM Sobhana Until 12:53AM Mon Balava Until 1:18PM Prathama* Until 2:23AM Mon	Sun 29 Sutra 123 Khara 5113 Moon 7 - Phase 16 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. %oig Veda Sarhita 9.113.9. VE, 634



Monday, August 15, 2011
Gold Retreat Star

Kumbha Rasi: 11.56 Tithi 17
Family Home Evening 494976152
Creative Work Siddha Yoga
Until 10:08PM then no yoga
Until 12.36AM Tue then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Satabhisha Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiya Yam Titau

Gulika 1:32PM – 3:11PM
Yama 10:15AM – 11:54AM
Rahu 6:58AM – 8:37AM

Satabhisha Until 10:08PM
Athiganda* Until 12:51AM Tue
Taitila Until 2:33PM
Dvitiya Until 3:39AM Tue

Ganesha: Purple *Sunrise:* 5:20AM
Muruqa: Yellow *Sunset:* 6:28PM
Nataraja: Clear
Moon – Purple
Sravana-Adi

Kathmandu, Nepal
Sun 1 Sutra 124
Khara 5113
Moon 8 - Phase 17
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Tuesday, August 16, 2011

Kumbha Rasi: 24.09 Tithi 18
414976152
Routine Work Marana Yoga
Until 12.36AM Wed then Amrita Yoga
Until 12:22AM Wed then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprostapada* Nakshatra Sukarma Yoga Vanija/Visiti* Karana Tritiya Yam Titau

Gulika 11:53AM – 1:32PM
Yama 8:37AM – 10:15AM
Rahu 3:10PM – 4:48PM

Purvaprostapada* Until 12:22AM Wed
Sukarma Until 1:09AM Wed
Vanija Until 4:11PM
Tritiya Until 5:16AM Wed

Ganesha: White *Sunrise:* 5:20AM
Muruqa: Yellow *Sunset:* 6:27PM
Nataraja: Clear
Moon – Clear
Sravana-Adi

Kathmandu, Nepal
Sun 2 Sutra 125
Khara 5113
Moon 8 - Phase 17
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2

Wednesday, August 17, 2011

Meena Rasi: 6.13 Tithi 19
414976152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprostapada Nakshatra Dhriti Yoga Bava Karana Chaturthi* Yam Titau

Gulika 10:15AM – 11:53AM
Yama 6:59AM – 8:37AM
Rahu 11:53AM – 1:31PM

Uttaraprostapada Until 2:55AM Thu
Dhriti Until 1:43AM Thu
Bava Until 6:08PM
Chaturthi* Until 7:16AM Thu

Ganesha: White *Sunrise:* 5:21AM
Muruqa: Yellow *Sunset:* 6:26PM
Nataraja: Clear
Moon – Clear
Sravana-Avani

Kathmandu, Nepal
Sun 3 Sutra 126
Khara 5113
Moon 8 - Phase 17
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

3

Thursday, August 18, 2011

Meena Rasi: 18.1 Tithi 19 – 20
515976152
Creative Work Siddha Yoga
Until 5:41AM Fri then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Shula* Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 8:37AM – 10:15AM
Yama 5:21AM – 6:59AM
Rahu 1:31PM – 3:09PM

Revati Until 5:41AM Fri
Shula* Until 2:30AM Fri
Kaulava Until 8:21PM
Chaturthi* Until 7:16AM

Ganesha: Purple *Sunrise:* 5:21AM
Muruqa: Yellow *Sunset:* 6:25PM
Nataraja: Clear
Moon – Clear
Sravana-Avani

Kathmandu, Nepal
Sun 4 Sutra 127
Khara 5113
Moon 8 - Phase 17
1st Phase

Sivaloka Day

4

Friday, August 19, 2011

Mesha Rasi: 0.02 Tithi 20 – 21
525976152
Creative Work Amrita Yoga
Until 12.35AM Sat then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Asvini Nakshatra Ganda* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 6:59AM – 8:37AM
Yama 3:08PM – 4:46PM
Rahu 10:15AM – 11:53AM

Asvini Until 8:55AM Sat
Ganda* Until 3:26AM Sat
Gara Until 10:44PM
Panchami Until 9:39AM

Ganesha: Clear *Sunrise:* 5:22AM
Muruqa: Yellow *Sunset:* 6:24PM
Nataraja: Clear
Moon – White
Sravana-Avani

Kathmandu, Nepal
Sun 5 Sutra 128
Khara 5113
Moon 8 - Phase 17
1st Phase

Devaloka Day

5

Saturday, August 20, 2011

Mesha Rasi: 11.53 Tithi 21 – 22
525976152
Creative Work Siddha Yoga
Until 12.35AM Sun then no yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam
Asvini/Bharani Nakshatra Vriddhi Yoga Vanija/Visiti* Karana Shasthi*/Saptami Yam Titau

Gulika 5:22AM – 7:00AM
Yama 1:30PM – 3:08PM
Rahu 8:37AM – 10:15AM

Asvini Until 8:55AM
Vriddhi Until 4:24AM Sun
Visiti Until 1:10AM Sun
Shasthi* Until 12:04PM

Ganesha: Clear *Sunrise:* 5:22AM
Muruqa: Yellow *Sunset:* 6:23PM
Nataraja: Clear
Moon – White
Sravana-Avani

Kathmandu, Nepal
Sun 6 Sutra 129
Khara 5113
Moon 8 - Phase 17
1st Phase

Devaloka Day



Sunday, August 21, 2011
Retreat Star

Mesha Rasi: 23.47 Tithi 22 – 23
525976152
No Yoga
Until 11:47AM then Siddha Yoga
Until 12.35AM Mon then no yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 3:07PM – 4:45PM
Yama 11:52AM – 1:30PM
Rahu 4:45PM – 6:22PM

Bharani Until 11:47AM
Dhruva Until 5:16AM Mon
Balava Until 3:29AM Mon
Saptami Until 2:24PM

Ganesha: Clear *Sunrise:* 5:23AM
Muruqa: Yellow *Sunset:* 6:22PM
Nataraja: Clear
Moon – White
Sravana-Avani

Kathmandu, Nepal
Sun 7 Sutra 130
Khara 5113
Moon 8 - Phase 17
Ashtami

Devaloka Day

Monday, August 22, 2011
Retreat Star

Vrishabha Rasi: 5.49 Tithi 23 – 24
Family Home Evening 525976152
No Yoga
Until 2:23PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Gulika 1:29PM – 3:06PM
Yama 10:15AM – 11:52AM
Rahu 7:00AM – 8:38AM

Krittika Until 2:23PM
Vyaghata* Until 5:53AM Tue
Taitila Until 5:31AM Tue
Ashtami* Until 4:25PM

Ganesha: Clear *Sunrise:* 5:23AM
Muruqa: Yellow *Sunset:* 6:21PM
Nataraja: Clear
Moon – White
Sravana-Avani

Kathmandu, Nepal
Sun 8 Sutra 131
Khara 5113
Moon 8 - Phase 17
Navami

Devaloka Day


1	Tuesday, August 23, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Grigasira Nakshatra Harshana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau		Kathmandu, Nepal
	Wishabha Rasi: 18.04 Tithi 24 – 25 535976152	Gulika 11:52AM – 1:29PM Yama 8:38AM – 10:15AM Rahu 3:06PM – 4:43PM	Rohini Until 3:44PM Harshana Until 4:23AM Wed Vanija Until 4:59AM Wed Navami* Until 4:59PM	Sun 9 Sutra 132 Khara 5113 Moon 8 - Phase 18 2nd Phase
	Creative Work Amrita Yoga Until 3:44PM then Siddha Yoga		Ganesha: White <i>Sunrise:</i> 5:24AM Muruqa: Yellow <i>Sunset:</i> 6:20PM Nataraja: Clear Moon – Yellow Sravana*Avani	Sivaloka Day

2	Wednesday, August 24, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira/Ardra Nakshatra Vajra* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau		Kathmandu, Nepal
	Mithuna Rasi: 0.38 Tithi 25 – 26 535976152	Gulika 10:15AM – 11:52AM Yama 7:01AM – 8:38AM Rahu 11:52AM – 1:28PM	Mrigasira Until 5:09PM Vajra* Until 4:03AM Thu Bava Until 5:46AM Thu Dasami Until 5:46PM	Sun 10 Sutra 133 Khara 5113 Moon 8 - Phase 18 2nd Phase
	Creative Work Siddha Yoga Until 12:34AM Thu then Marana Yoga		Ganesha: White <i>Sunrise:</i> 5:24AM Muruqa: Yellow <i>Sunset:</i> 6:19PM Nataraja: Clear Moon – Yellow Sravana*Avani	Sivaloka Day

3	Thursday, August 25, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau		Kathmandu, Nepal
	Mithuna Rasi: 13.35 Tithi 26 – 27 535976152	Gulika 8:38AM – 10:15AM Yama 5:25AM – 7:01AM Rahu 1:28PM – 3:05PM	Ardra Until 5:51PM Siddhi Until 3:02AM Fri Kaulava Until 5:47AM Fri Ekadasi* Until 5:47PM	Sun 11 Sutra 134 Khara 5113 Moon 8 - Phase 18 2nd Phase
	Routine Work Marana Yoga Until 5:51PM then Amrita Yoga Until 12:34AM Fri then Siddha Yoga		Ganesha: White <i>Sunrise:</i> 5:25AM Muruqa: Yellow <i>Sunset:</i> 6:18PM Nataraja: Clear Moon – Yellow Sravana*Avani	Sivaloka Day

4	Friday, August 26, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau		Kathmandu, Nepal
	Mithuna Rasi: 26.59 Tithi 27 – 28 545976152	Gulika 7:02AM – 8:38AM Yama 3:04PM – 4:40PM Rahu 10:15AM – 11:51AM	Punarvasu Until 4:52PM Vyatipata* Until 11:58PM Gara Until 3:08AM Sat Dvadasi* Until 4:04PM <i>Pradosha Vrata (Fasting)</i>	Sun 12 Sutra 135 Khara 5113 Moon 8 - Phase 18 2nd Phase
	Creative Work Siddha Yoga Until 4:52PM then Marana Yoga Until 12:33AM Sat then Siddha Yoga		Ganesha: Yellow <i>Sunrise:</i> 5:25AM Muruqa: Yellow <i>Sunset:</i> 6:17PM Nataraja: Clear Moon – Blue Sravana*Avani	Devaloka Day

5	Saturday, August 27, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam Pushya/Aslesha* Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau		Kathmandu, Nepal
	Kataka Rasi: 10.52 Tithi 28 – 29 546976152	Gulika 5:26AM – 7:02AM Yama 1:27PM – 3:03PM Rahu 8:38AM – 10:14AM	Pushya Until 3:57PM Variyan Until 9:34PM Visti Until 1:28AM Sun Trayodasi* Until 2:23PM	Sun 13 Sutra 136 Khara 5113 Moon 8 - Phase 18 2nd Phase
	Creative Work Siddha Yoga Until 3:57PM then Marana Yoga Until 12:33AM Sun then Siddha Yoga		Ganesha: White <i>Sunrise:</i> 5:26AM Muruqa: Yellow <i>Sunset:</i> 6:16PM Nataraja: Clear Moon – Blue Sravana*Avani	Bhuloka Day Devaloka Time: 3:PM to 6:PM

	Sunday, August 28, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Aslesha*/Magha* Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau		Kathmandu, Nepal
	Retreat Star Kataka Rasi: 25.1 Tithi 29 – 30 546976153	Gulika 3:03PM – 4:39PM Yama 11:50AM – 1:27PM Rahu 4:39PM – 6:15PM	Aslesha* Until 1:43PM Parigha* Until 5:41PM Catuspada Until 9:46PM Chaturdasi* Until 11:29AM	Sun 14 Sutra 137 Khara 5113 Moon 8 - Phase 18 Amavasya
	Creative Work Siddha Yoga Until 1:43PM then Marana Yoga Until 12:33AM Mon then Siddha Yoga		Ganesha: White <i>Sunrise:</i> 5:26AM Muruqa: Yellow <i>Sunset:</i> 6:15PM Nataraja: White Moon – Blue Sravana*Avani	Devaloka Day

Retreat Star	Monday, August 29, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau		Kathmandu, Nepal
	Simha Rasi: 9.5 Tithi 30 – 1 Family Home Evening 556976153	Gulika 1:26PM – 3:02PM Yama 10:14AM – 11:50AM Rahu 7:02AM – 8:38AM	Magha* Until 11:36AM Shiva Until 2:14PM Kintughna Until 6:51PM Amavasya* Until 8:34AM	Sun 15 Sutra 138 Khara 5113 Moon 8 - Phase 18 Prathama
	Creative Work Siddha Yoga		Ganesha: Green <i>Sunrise:</i> 5:27AM Muruqa: Yellow <i>Sunset:</i> 6:14PM Nataraja: White Moon – Red Bhadrapada*Avani	Devaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. *Kṛṣṇa Yajur Veda, Svetu 6.2. UpR, 743*

1	Tuesday, August 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dviliya Yam Titau	Kathmandu, Nepal
	Simha Rasi: 24.44 Tithi 2 566176153	Gulika 11:50AM – 1:26PM Yama 8:38AM – 10:14AM Rahu 3:01PM – 4:37PM	Sun 16 Sutra 139 Khara 5113 Moon 8 - Phase 19 3rd Phase
Creative Work Siddha Yoga Until 9:05AM then Amrita Yoga		Purvaphalguni* Until 9:05AM Siddha Until 10:26AM Balava Until 3:32PM Dvitiya Until 1:49AM Wed	Ganesha: Blue <i>Sunrise:</i> 5:27AM Muruqa: Yellow <i>Sunset:</i> 6:13PM Nataraja: White Moon – Red Bhadrapada*Avani
Devaloka Day			

2	Wednesday, August 31, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiya Yam Titau	Kathmandu, Nepal
	Kanya Rasi: 9.44 Tithi 3 566176153	Gulika 10:14AM – 11:50AM Yama 7:03AM – 8:38AM Rahu 11:50AM – 1:25PM	Sun 17 Sutra 140 Khara 5113 Moon 8 - Phase 19 3rd Phase
Creative Work Amrita Yoga Until 6:25AM then Siddha Yoga Until 12.32AM Thu then no yoga		Uttaraphalguni Until 6:25AM Sadhya Until 6:30AM Taitila Until 12:04PM Tritiya Until 10:21PM	Ganesha: Blue <i>Sunrise:</i> 5:27AM Muruqa: Yellow <i>Sunset:</i> 6:12PM Nataraja: White Moon – Red Bhadrapada*Avani
Devaloka Day			

3	Thursday, September 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Kathmandu, Nepal
	Kanya Rasi: 24.4 Tithi 4 566176153	Gulika 8:39AM – 10:14AM Yama 5:28AM – 7:03AM Rahu 1:25PM – 3:00PM	Sun 18 Sutra 141 Khara 5113 Moon 8 - Phase 19 3rd Phase
Creative Work Siddha Yoga		Chitra Until 1:12AM Fri Sukla Until 10:38PM Vanija Until 8:41AM Chaturthi* Until 6:58PM	Ganesha: Blue <i>Sunrise:</i> 5:28AM Muruqa: Yellow <i>Sunset:</i> 6:10PM Nataraja: White Moon – Green Bhadrapada*Avani
Devaloka Day			

4	Friday, September 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Kathmandu, Nepal
	Tula Rasi: 9.25 Tithi 5 – 6 566176153	Gulika 7:03AM – 8:39AM Yama 2:59PM – 4:34PM Rahu 10:14AM – 11:49AM	Sun 19 Sutra 142 Khara 5113 Moon 8 - Phase 19 3rd Phase
Creative Work Siddha Yoga Until 12:08AM Sat then Marana Yoga Until 12.31AM Sat then Siddha Yoga		Svati Until 12:08AM Sat Brahma Until 7:56PM Kaulava Until 3:46AM Sat Panchami Until 4:41PM	Ganesha: Blue <i>Sunrise:</i> 5:28AM Muruqa: Yellow <i>Sunset:</i> 6:09PM Nataraja: White Moon – Green Bhadrapada*Avani
Devaloka Day			

5	Saturday, September 3, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Visakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau	Kathmandu, Nepal
	Tula Rasi: 23.52 Tithi 6 – 7 577176153	Gulika 5:29AM – 7:04AM Yama 1:23PM – 2:58PM Rahu 8:39AM – 10:14AM	Sun 20 Sutra 143 Khara 5113 Moon 8 - Phase 19 3rd Phase
Creative Work Siddha Yoga Until 12.31AM Sun then Marana Yoga		Visakha Until 10:13PM Indra Until 4:36PM Gara Until 1:01AM Sun Shasthi* Until 1:56PM	Ganesha: Blue <i>Sunrise:</i> 5:29AM Muruqa: Yellow <i>Sunset:</i> 6:08PM Nataraja: White Moon – Orange Bhadrapada*Avani
Subha Sivaloka Day			

D	Sunday, September 4, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Kathmandu, Nepal
	Vrischika Rasi: 7.59 Tithi 7 – 8 577176153	Gulika 2:58PM – 4:32PM Yama 11:48AM – 1:23PM Rahu 4:32PM – 6:07PM	Sun 21 Sutra 144 Khara 5113 Moon 8 - Phase 19 Ashtami
Routine Work Marana Yoga Until 12.31AM Mon then Siddha Yoga		Anuradha Until 8:53PM Vaidhriti* Until 1:48PM Visti Until 10:54PM Saptami Until 11:50AM	Ganesha: Blue <i>Sunrise:</i> 5:29AM Muruqa: Yellow <i>Sunset:</i> 6:07PM Nataraja: White Moon – Orange Bhadrapada*Avani
Subha Sivaloka Day			

D	Monday, September 5, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Kathmandu, Nepal
	Vrischika Rasi: 21.44 Tithi 8 – 9 Family Home Evening 577176153	Gulika 1:22PM – 2:57PM Yama 10:13AM – 11:48AM Rahu 7:04AM – 8:39AM	Sun 22 Sutra 145 Khara 5113 Moon 8 - Phase 19 Navami
Creative Work Siddha Yoga Until 12.30AM Tue then Amrita Yoga		Jyeshtha* Until 9:16PM Vishkambha* Until 11:59AM Balava Until 10:45PM Ashtami* Until 10:45AM	Ganesha: Blue <i>Sunrise:</i> 5:30AM Muruqa: Yellow <i>Sunset:</i> 6:06PM Nataraja: White Moon – Orange Bhadrapada*Avani
Subha Sivaloka Day			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Mundu 1.1.7. bo UpR, 673

1	Tuesday, September 6, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Kathmandu, Nepal
	Dhanus Rasi: 5.08 Tithi 9 – 10 587176153	Gulika 11:48AM – 1:22PM Yama 8:39AM – 10:13AM Rahu 2:56PM – 4:31PM	Mula* Until 9:07PM Priti Until 10:12AM Taitila Until 9:53PM Navami* Until 9:53AM	Sun 23 Sutra 146 Khara 5113 Moon 8 - Phase 20 4th Phase
	Creative Work Amrita Yoga Until 9:07PM then Siddha Yoga Until 12.30AM Wed then Amrita Yoga		Ganesha: Yellow <i>Sunrise:</i> 5:30AM Muruqa: Yellow <i>Sunset:</i> 6:05PM Nataraja: White Moon – Light Blue Bhadrapada*Avani	Sivaloka Day

2	Wednesday, September 7, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Kathmandu, Nepal
	Dhanus Rasi: 18.15 Tithi 10 – 11 587176153	Gulika 10:13AM – 11:47AM Yama 7:05AM – 8:39AM Rahu 11:47AM – 1:21PM	Purvashadha* Until 9:33PM Ayushman Until 8:55AM Vanija Until 9:36PM Dasami Until 9:36AM	Sun 24 Sutra 147 Khara 5113 Moon 8 - Phase 20 4th Phase
	Creative Work Amrita Yoga Until 12.30AM Thu then Siddha Yoga		Ganesha: Yellow <i>Sunrise:</i> 5:31AM Muruqa: Yellow <i>Sunset:</i> 6:04PM Nataraja: White Moon – Light Blue Bhadrapada*Avani	Sivaloka Day

3	Thursday, September 8, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau		Kathmandu, Nepal
	Makara Rasi: 1.06 Tithi 11 – 12 587176153	Gulika 8:39AM – 10:13AM Yama 5:31AM – 7:05AM Rahu 1:21PM – 2:55PM	Uttarashadha Until 10:26PM Saubhagya Until 8:05AM Bava Until 9:50PM Ekadasi Until 9:50AM	Sun 25 Sutra 148 Khara 5113 Moon 8 - Phase 20 4th Phase
	Creative Work Siddha Yoga		Ganesha: Yellow <i>Sunrise:</i> 5:31AM Muruqa: Yellow <i>Sunset:</i> 6:03PM Nataraja: White Moon – Light Blue Bhadrapada*Avani	Sivaloka Day

4	Friday, September 9, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Sravana Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau		Kathmandu, Nepal
	Makara Rasi: 13.45 Tithi 12 – 13 597176153	Gulika 7:05AM – 8:39AM Yama 2:34PM – 4:28PM Rahu 10:13AM – 11:47AM	Sravana Until 1:10AM Sat Sobhana Until 7:43AM Kaulava Until 10:29PM Dvadasi Until 10:29AM	Sun 26 Sutra 149 Khara 5113 Moon 8 - Phase 20 4th Phase
	Creative Work Siddha Yoga		Ganesha: White <i>Sunrise:</i> 5:32AM Muruqa: Yellow <i>Sunset:</i> 6:02PM Nataraja: White Moon – Purple Bhadrapada*Avani	Subha Sivaloka Day
			<i>Pradosha Vrata</i>	

5	Saturday, September 10, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau		Kathmandu, Nepal
	Makara Rasi: 26.13 Tithi 13 – 14 598176153	Gulika 5:32AM – 7:06AM Yama 1:20PM – 2:53PM Rahu 8:39AM – 10:13AM	Dhanishtha Until 2:54AM Sun Athiganda* Until 7:31AM Gara Until 1:05AM Sun Trayodasi Until 11:59AM	Sun 27 Sutra 150 Khara 5113 Moon 8 - Phase 20 4th Phase
	Creative Work Siddha Yoga	Chidambaram Abhishekam	Ganesha: Yellow <i>Sunrise:</i> 5:32AM Muruqa: Yellow <i>Sunset:</i> 6:00PM Nataraja: White Moon – Purple Bhadrapada*Avani	Sivaloka Day

○	Sunday, September 11, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau		Kathmandu, Nepal
	Copper Retreat Star Kumbha Rasi: 8.32 Tithi 14 – 15 598176153	Gulika 2:53PM – 4:26PM Yama 11:46AM – 1:19PM Rahu 4:26PM – 5:59PM	Satabhisha Until 4:55AM Mon Sukarma Until 7:35AM Visti Until 2:29AM Mon Chaturdasi* Until 1:24PM	Sun 28 Sutra 151 Khara 5113 Moon 8 - Phase 20 Purnima
	Creative Work Siddha Yoga Until 4:55AM Mon then no yoga	Grandparent's Day	Ganesha: Yellow <i>Sunrise:</i> 5:32AM Muruqa: Yellow <i>Sunset:</i> 5:59PM Nataraja: White Moon – Purple Bhadrapada*Avani	Sivaloka Day

○	Monday, September 12, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprostapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Kathmandu, Nepal
	Silver Retreat Star Kumbha Rasi: 20.44 Tithi 15 – 16 Family Home Evening 518186153 No Yoga	Gulika 1:19PM – 2:52PM Yama 10:12AM – 11:45AM Rahu 7:06AM – 8:39AM	Purvaprostapada* Until 7:03AM Tue Dhriti Until 7:54AM Balava Until 4:11AM Tue Purnima* Until 3:06PM	Sun 29 Sutra 152 Khara 5113 Moon 8 - Phase 20 Prathama
	Until 12.28AM Tue then Marana Yoga Until 7:03AM Tue then Amrita Yoga		Ganesha: Yellow <i>Sunrise:</i> 5:33AM Muruqa: White <i>Sunset:</i> 5:58PM Nataraja: White Moon – Clear Bhadrapada*Avani	Subha Sivaloka Day

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376



Tuesday, September 13, 2011
Gold Retreat Star

Meena Rasi: 2.49 Tithi 16 – 17
518186153
Routine Work Marana Yoga
Until 7:03AM then Amrita Yoga
Until 12.27AM Wed then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Kathmandu, Nepal
Purvaprostapada*/Uttaraprostapada Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau **Sutra 153**
Khara 5113
Gulika 11:45AM – 1:18PM **Purvaprostapada* Until 7:03AM** Ganesha: Yellow *Sunrise: 5:33AM*
Yama 8:39AM – 10:12AM Shula* Until 8:25AM **Muruqa: White** *Sunset: 5:57PM* Moon 9 - Phase 21
Rahu 2:51PM – 4:24PM Taitila Until 6:09AM Wed Nataraja: White Moon – Clear **Subha Sivaloka Day**
Prathama* Until 5:04PM **Bhadrapada*Avani**

1 **Wednesday, September 14, 2011**

Meena Rasi: 14.47 Tithi 17
518186153
Creative Work Siddha Yoga
Until 9:47AM then Marana Yoga
Until 12.27AM Thu then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Kathmandu, Nepal
Uttaraprostapada*/Revati Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Dvitiya Yam Titau **Sun 1 Sutra 154**
Khara 5113
Gulika 10:12AM – 11:45AM **Uttaraprostapada Until 9:47AM** Ganesha: Yellow *Sunrise: 5:34AM*
Yama 7:07AM – 8:39AM Ganda* Until 9:09AM **Muruqa: White** *Sunset: 5:56PM* Moon 9 - Phase 21
Rahu 11:45AM – 1:18PM Taitila Until 6:10AM Nataraja: White Moon – Clear **Subha Sivaloka Day**
Dvitiya Until 7:15PM **Bhadrapada*Avani**

2 **Thursday, September 15, 2011**

Meena Rasi: 26.4 Tithi 18
518186153
Creative Work Siddha Yoga
Until 12:40PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Kathmandu, Nepal
Revati/Asvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Tritiya Yam Titau **Sun 2 Sutra 155**
Khara 5113
Gulika 8:39AM – 10:12AM **Revati Until 12:40PM** Ganesha: Yellow *Sunrise: 5:34AM*
Yama 5:34AM – 7:07AM Vridhhi Until 10:01AM **Muruqa: White** *Sunset: 5:56PM* Moon 9 - Phase 21
Rahu 1:17PM – 2:50PM Vanija Until 8:32AM Nataraja: White Moon – Clear **Subha Sivaloka Day**
Tritiya Until 9:37PM **Bhadrapada*Avani**

3 **Friday, September 16, 2011**

Mesha Rasi: 8.3 Tithi 19
529186153
Creative Work Amrita Yoga
Until 3:40PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Kathmandu, Nepal
Asvini/Bharani Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthi* Yam Titau **Sun 3 Sutra 156**
Khara 5113
Gulika 7:07AM – 8:39AM **Asvini Until 3:40PM** Ganesha: Red *Sunrise: 5:35AM*
Yama 2:49PM – 4:21PM Dhruva Until 10:59AM **Muruqa: White** *Sunset: 5:53PM* Moon 9 - Phase 21
Rahu 10:12AM – 11:44AM Bava Until 11:01AM Nataraja: White Moon – White **Subha Sivaloka Day**
Chaturthi* Until 12:07AM Sat **Bhadrapada*Avani**

4 **Saturday, September 17, 2011**

Mesha Rasi: 20.19 Tithi 20
529186153
Creative Work Siddha Yoga
Until 6:41PM then Amrita Yoga
Until 12.26AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam Kathmandu, Nepal
Bharani Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchami Yam Titau **Sun 4 Sutra 157**
Khara 5113
Gulika 5:35AM – 7:07AM **Bharani Until 6:41PM** Ganesha: Red *Sunrise: 5:35AM*
Yama 1:16PM – 2:48PM Vyaghata* Until 11:58AM **Muruqa: White** *Sunset: 5:52PM* Moon 9 - Phase 21
Rahu 8:39AM – 10:12AM Kaulava Until 1:32PM Nataraja: White Moon – White **Subha Sivaloka Day**
Panchami Until 2:37AM Sun **Bhadrapada*Puratasi**

5 **Sunday, September 18, 2011**

Vrishabha Rasi: 2.12 Tithi 21
529186153
Creative Work Siddha Yoga
Until 12.26AM Mon then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Kathmandu, Nepal
Krittika Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shasthi* Yam Titau **Sun 5 Sutra 158**
Khara 5113
Gulika 2:47PM – 4:19PM **Krittika Until 9:36PM** Ganesha: Red *Sunrise: 5:36AM*
Yama 11:43AM – 1:15PM Harshana Until 12:52PM **Muruqa: White** *Sunset: 5:51PM* Moon 9 - Phase 21
Rahu 4:19PM – 5:51PM Gara Until 3:56PM Nataraja: White Moon – White **Subha Sivaloka Day**
Shasthi* Until 5:01AM Mon **Bhadrapada*Puratasi**

6 **Monday, September 19, 2011**

Vrishabha Rasi: 14.12 Tithi 22
539186153
Family Home Evening
Creative Work Amrita Yoga
Until 12:16AM Tue then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Kathmandu, Nepal
Rohini Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptami Yam Titau **Sun 6 Sutra 159**
Khara 5113
Gulika 1:15PM – 2:46PM **Rohini Until 12:16AM Tue** Ganesha: Green *Sunrise: 5:36AM*
Yama 10:11AM – 11:43AM Vajra* Until 1:31PM **Muruqa: White** *Sunset: 5:50PM* Moon 9 - Phase 21
Rahu 7:08AM – 8:40AM Visti Until 6:03PM Nataraja: White Moon – Yellow **Subha Subha Sivaloka Day**
Saptami Until 6:35AM Tue **Bhadrapada*Puratasi**

Retreat Star **Tuesday, September 20, 2011**

Vrishabha Rasi: 26.25 Tithi 22 – 23
539186153
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Kathmandu, Nepal
Mrigasira Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau **Sun 7 Sutra 160**
Khara 5113
Gulika 11:43AM – 1:14PM **Mrigasira Until 12:56AM Wed** Ganesha: Green *Sunrise: 5:36AM*
Yama 8:40AM – 10:11AM Siddhi Until 1:48PM **Muruqa: White** *Sunset: 5:49PM* Moon 9 - Phase 21
Rahu 2:46PM – 4:17PM Balava Until 6:35PM Nataraja: White Moon – Yellow **Subha Subha Sivaloka Day**
Saptami Until 6:35AM **Bhadrapada*Puratasi**

Retreat Star **Wednesday, September 21, 2011**

Mithuna Rasi: 8.55 Tithi 23 – 24
539186153
Creative Work Siddha Yoga
Until 12.25AM Thu then Marana Yoga
Until 2:28AM Thu then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Kathmandu, Nepal
Ardra Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau **Sun 8 Sutra 161**
Khara 5113
Gulika 10:11AM – 11:42AM **Ardra Until 2:28AM Thu** Ganesha: Green *Sunrise: 5:37AM*
Yama 7:08AM – 8:40AM Vyatipata* Until 12:58PM **Muruqa: White** *Sunset: 5:48PM* Moon 9 - Phase 21
Rahu 11:42AM – 1:14PM Taitila Until 7:31PM Nataraja: White Moon – Yellow **Subha Subha Sivaloka Day**
Ashtami* Until 7:31AM **Bhadrapada*Puratasi**

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishṇa Yajur Veda, Svetu 2.9. UpP, 192


1	Thursday, September 22, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau		Kathmandu, Nepal
	Mithuna Rasi: 21.49 Tithi 24 – 25 549186153	Gulika 8:40AM – 10:11AM Yama 5:37AM – 7:09AM Rahu 1:13PM – 2:44PM	Punarvasu Until 3:16AM Fri Variyan Until 12:03PM Vanija Until 7:41PM Navami* Until 7:41AM	Sun 9 Sutra 162 Khara 5113 Moon 9 - Phase 22 2nd Phase
	Creative Work Amrita Yoga Until 12.24AM Fri then Siddha Yoga Until 3:16AM Fri then Marana Yoga		Ganesha: Orange <i>Sunrise:</i> 5:37AM Muruqa: White <i>Sunset:</i> 5:46PM Nataraja: White Moon – Blue Bhadrapada*Puratasi	Subha Sivaloka Day

2	Friday, September 23, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau		Kathmandu, Nepal
	Kataka Rasi: 5.11 Tithi 25 – 26 549286153	Gulika 7:09AM – 8:40AM Yama 2:43PM – 4:14PM Rahu 10:11AM – 11:42AM	Pushya Until 1:42AM Sat Parigha* Until 10:02AM Bava Until 5:00AM Sat Dasami Until 6:51AM	Sun 10 Sutra 163 Khara 5113 Moon 9 - Phase 22 2nd Phase
	Routine Work Marana Yoga Until 12.24AM Sat then Siddha Yoga Until 1:42AM Sat then Marana Yoga		Ganesha: Green <i>Sunrise:</i> 5:38AM Muruqa: White <i>Sunset:</i> 5:45PM Nataraja: White Moon – Blue Bhadrapada*Puratasi	Sivaloka Day

3	Saturday, September 24, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau		Kathmandu, Nepal
	Kataka Rasi: 19.02 Tithi 27 541286153	Gulika 5:38AM – 7:09AM Yama 1:12PM – 2:43PM Rahu 8:40AM – 10:10AM	Aslesha* Until 12:49AM Sun Shiva Until 7:38AM Kaulava Until 4:19PM Dvadasi* Until 3:23AM Sun	Sun 11 Sutra 164 Khara 5113 Moon 9 - Phase 22 2nd Phase
	Routine Work Marana Yoga Until 12.24AM Sun then Siddha Yoga Until 12:49AM Sun then Marana Yoga		Ganesha: Purple <i>Sunrise:</i> 5:38AM Muruqa: White <i>Sunset:</i> 5:44PM Nataraja: White Moon – Blue Bhadrapada*Puratasi	Sivaloka Day



4	Sunday, September 25, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Kathmandu, Nepal
	Simha Rasi: 3.22 Tithi 28 551286153	Gulika 2:42PM – 4:12PM Yama 11:41AM – 1:11PM Rahu 4:12PM – 5:43PM	Magha* Until 9:57PM Sadhya Until 12:34AM Mon Gara Until 1:15PM Trayodasi* Until 11:32PM <i>Pradosha Vrata (Fasting)</i>	Sun 12 Sutra 165 Khara 5113 Moon 9 - Phase 22 2nd Phase
	Routine Work Marana Yoga Until 9:57PM then Siddha Yoga		Ganesha: Light Blue <i>Sunrise:</i> 5:39AM Muruqa: White <i>Sunset:</i> 5:43PM Nataraja: White Moon – Red Bhadrapada*Puratasi	Sivaloka Day

5	Monday, September 26, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Kathmandu, Nepal
	Simha Rasi: 18.08 Tithi 29 551286153	Gulika 1:11PM – 2:41PM Yama 10:10AM – 11:41AM Rahu 7:10AM – 8:40AM	Purvaphalguni* Until 7:40PM Subha Until 8:57PM Visti Until 10:12AM Chaturdasi* Until 8:29PM	Sun 13 Sutra 166 Khara 5113 Moon 9 - Phase 22 2nd Phase
	Family Home Evening Creative Work Siddha Yoga Until 7:40PM then Marana Yoga Until 12.23AM Tue then Amrita Yoga		Ganesha: Light Blue <i>Sunrise:</i> 5:39AM Muruqa: White <i>Sunset:</i> 5:42PM Nataraja: White Moon – Red Bhadrapada*Puratasi	Sivaloka Day

	Tuesday, September 27, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Catuspada*/Kintughna* Karana Amavasya*/Prathama* Yam Titau		Kathmandu, Nepal
	Kanya Rasi: 3.11 Tithi 30 – 1 551286153	Gulika 11:40AM – 1:10PM Yama 8:40AM – 10:10AM Rahu 2:40PM – 4:11PM	Uttaraphalguni Until 4:53PM Sukla Until 4:53PM Catuspada Until 6:37AM Amavasya* Until 4:54PM	Sun 14 Sutra 167 Khara 5113 Moon 9 - Phase 22 Amavasya
	Retreat Star Creative Work Amrita Yoga Until 4:53PM then Siddha Yoga		Ganesha: Light Blue <i>Sunrise:</i> 5:40AM Muruqa: White <i>Sunset:</i> 5:41PM Nataraja: White Moon – Red Bhadrapada*Puratasi	Sivaloka Day

	Wednesday, September 28, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Kathmandu, Nepal
	Kanya Rasi: 18.25 Tithi 1 – 2 661286153	Gulika 10:10AM – 11:40AM Yama 7:10AM – 8:40AM Rahu 11:40AM – 1:10PM	Hasta Until 1:51PM Brahma Until 12:34PM Balava Until 11:20PM Prathama* Until 1:03PM	Sun 15 Sutra 168 Khara 5113 Moon 9 - Phase 22 Prathama
	Retreat Star Creative Work Siddha Yoga	Navaratri Begins	Ganesha: Light Blue <i>Sunrise:</i> 5:40AM Muruqa: White <i>Sunset:</i> 5:40PM Nataraja: White Moon – Green Ashvina*Puratasi	Sivaloka Day

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM

1	Thursday, September 29, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Kathmandu, Nepal
	Tula Rasi: 3.38 Tithi 2 – 3 661286153	Gulika 8:40AM – 10:10AM Yama 5:41AM – 7:10AM Rahu 1:09PM – 2:39PM	Chitra Until 10:51AM Indra Until 8:16AM Taitila Until 7:30PM Dvitiya Until 9:13AM	Ganesha: Light Blue <i>Sunrise: 5:41AM</i> Muruqa: White <i>Sunset: 5:38PM</i> Nataraja: White Moon – Green Ashvina•Puratasi
	Creative Work Siddha Yoga Until 10:51AM then Amrita Yoga Until 12.22AM Fri then Siddha Yoga			Sun 16 Sutra 169 Khara 5113 Moon 9 - Phase 23 3rd Phase Sivaloka Day
2	Friday, September 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Visakha Nakshatra Vishkambha* Yoga Vanija/Visiti* Karana Chaturthi* Yam Titau		Kathmandu, Nepal
	Tula Rasi: 18.41 Tithi 4 661286153	Gulika 7:11AM – 8:40AM Yama 2:38PM – 4:08PM Rahu 10:10AM – 11:39AM	Svati Until 8:07AM Vishkambha* Until 12:14AM Sat Vanija Until 3:59PM Chaturthi* Until 2:16AM Sat	Ganesha: Light Blue <i>Sunrise: 5:41AM</i> Muruqa: White <i>Sunset: 5:37PM</i> Nataraja: White Moon – Green Ashvina•Puratasi
	Creative Work Siddha Yoga Until 8:07AM then Marana Yoga Until 12.22AM Sat then Siddha Yoga			Sun 17 Sutra 170 Khara 5113 Moon 9 - Phase 23 3rd Phase Sivaloka Day
3	Saturday, October 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau		Kathmandu, Nepal
	Vrischika Rasi: 3.25 Tithi 5 671286153	Gulika 5:42AM – 7:11AM Yama 1:08PM – 2:38PM Rahu 8:40AM – 10:10AM	Anuradha Until 4:44AM Sun Priti Until 9:39PM Bava Until 1:31PM Panchami Until 12:36AM Sun	Ganesha: Purple <i>Sunrise: 5:42AM</i> Muruqa: White <i>Sunset: 5:36PM</i> Nataraja: White Moon – Orange Ashvina•Puratasi
	Creative Work Siddha Yoga Until 12.21AM Sun then Marana Yoga			Sun 18 Sutra 171 Khara 5113 Moon 9 - Phase 23 3rd Phase Sivaloka Day
4	Sunday, October 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shasthi* Yam Titau		Kathmandu, Nepal
	Vrischika Rasi: 17.44 Tithi 6 671286153	Gulika 2:37PM – 4:06PM Yama 11:39AM – 1:08PM Rahu 4:06PM – 5:35PM	Jyeshtha* Until 3:02AM Mon Ayushman Until 6:29PM Kaulava Until 11:02AM Shasthi* Until 10:07PM	Ganesha: Purple <i>Sunrise: 5:42AM</i> Muruqa: White <i>Sunset: 5:36PM</i> Nataraja: White Moon – Orange Ashvina•Puratasi
	Routine Work Marana Yoga Until 12.21AM Mon then Siddha Yoga			Sun 19 Sutra 172 Khara 5113 Moon 9 - Phase 23 3rd Phase Sivaloka Day
5	Monday, October 3, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptami Yam Titau		Kathmandu, Nepal
	Dhanus Rasi: 1.37 Tithi 7 681286153	Gulika 1:07PM – 2:36PM Yama 10:09AM – 11:38AM Rahu 7:11AM – 8:40AM	Mula* Until 3:38AM Tue Saubhagya Until 4:45PM Gara Until 9:40AM Saptami Until 9:40PM	Ganesha: Clear <i>Sunrise: 5:43AM</i> Muruqa: White <i>Sunset: 5:34PM</i> Nataraja: White Moon – Light Blue Ashvina•Puratasi
	Family Home Evening Creative Work Siddha Yoga Until 12.21AM Tue then Amrita Yoga Until 3:38AM Tue then Siddha Yoga			Sun 20 Sutra 173 Khara 5113 Moon 9 - Phase 23 3rd Phase Subha Sivaloka Day
	Tuesday, October 4, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visiti*/Bava Karana Ashtami* Yam Titau		Kathmandu, Nepal
	Dhanus Rasi: 15.04 Tithi 8 681286153	Gulika 11:38AM – 1:07PM Yama 8:40AM – 10:09AM Rahu 2:35PM – 4:04PM	Purvashadha* Until 3:26AM Wed Sobhana Until 2:52PM Visiti Until 8:44AM Ashtami* Until 8:44PM	Ganesha: Clear <i>Sunrise: 5:43AM</i> Muruqa: White <i>Sunset: 5:33PM</i> Nataraja: White Moon – Light Blue Ashvina•Puratasi
	Creative Work Siddha Yoga Until 12.20AM Wed then Amrita Yoga			Sun 21 Sutra 174 Khara 5113 Moon 9 - Phase 23 Ashtami Subha Sivaloka Day
	Wednesday, October 5, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navami* Yam Titau		Kathmandu, Nepal
	Dhanus Rasi: 28.07 Tithi 9 682286153	Gulika 10:09AM – 11:38AM Yama 7:12AM – 8:41AM Rahu 11:38AM – 1:06PM	Uttarashadha Until 3:57AM Thu Athiganda* Until 1:40PM Balava Until 8:36AM Navami* Until 8:36PM	Ganesha: Orange <i>Sunrise: 5:44AM</i> Muruqa: White <i>Sunset: 5:32PM</i> Nataraja: White Moon – Light Blue Ashvina•Puratasi
	Creative Work Amrita Yoga Until 12.20AM Thu then Siddha Yoga			Sun 22 Sutra 175 Khara 5113 Moon 9 - Phase 23 Navami Subha Sivaloka Day

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

1	Thursday, October 6, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Sravana Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Dasami Yam Titau		Kathmandu, Nepal
	Makara Rasi: 10.5	Tithi 10			Sun 23 Sutra 176 Khara 5113
		692286153	Gulika 8:41AM – 10:09AM Yama 5:44AM – 7:12AM Rahu 1:06PM – 2:34PM	Sravana Until 6:03AM Fri Sukarma Until 1:33PM Tailila Until 9:24AM Dasami Until 10:30PM	Ganesha: Green <i>Sunrise:</i> 5:44AM Muruqa: White <i>Sunset:</i> 5:31PM Nataraja: White Moon – Purple Ashvina•Puratasi
	Creative Work	Siddha Yoga			Sivaloka Day

2	Friday, October 7, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Sravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visi* Karana Ekadasi Yam Titau		Kathmandu, Nepal
	Makara Rasi: 23.19	Tithi 11			Sun 24 Sutra 177 Khara 5113
		692286153	Gulika 7:13AM – 8:41AM Yama 2:33PM – 4:01PM Rahu 10:09AM – 11:37AM	Sravana Until 6:03AM Dhriti Until 1:20PM Vanija Until 10:32AM Ekadasi Until 11:37PM	Ganesha: Green <i>Sunrise:</i> 5:45AM Muruqa: White <i>Sunset:</i> 5:29PM Nataraja: White Moon – Purple Ashvina•Puratasi
	Creative Work	Siddha Yoga	Vijaya Dasami		Sivaloka Day

3	Saturday, October 8, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadasi Yam Titau		Kathmandu, Nepal
	Kumbha Rasi: 5.35	Tithi 12			Sun 25 Sutra 178 Khara 5113
		692286154	Gulika 5:45AM – 7:13AM Yama 1:05PM – 2:33PM Rahu 8:41AM – 10:09AM	Dhanishtha Until 8:10AM Shula* Until 1:28PM Bava Until 12:05PM Dvadasi Until 1:10AM Sun	Ganesha: Green <i>Sunrise:</i> 5:45AM Muruqa: White <i>Sunset:</i> 5:28PM Nataraja: Yellow Moon – Purple Ashvina•Puratasi
	Creative Work	Siddha Yoga	Kadaitswami Mahasamadhi		Devaloka Day
	Until 8:10AM then Amrita Yoga				
	Until 12.19AM Sun then Siddha Yoga				

4	Sunday, October 9, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Ganda*/Vridhi* Yoga Kaulava/Tailila Karana Trayodasi Yam Titau		Kathmandu, Nepal
	Kumbha Rasi: 17.43	Tithi 13			Sun 26 Sutra 179 Khara 5113
		692286154	Gulika 2:32PM – 4:00PM Yama 11:36AM – 1:04PM Rahu 4:00PM – 5:27PM	Satabhisha Until 10:33AM Ganda* Until 1:51PM Kaulava Until 1:56PM Trayodasi Until 3:02AM Mon <i>Pradosha Vrata</i>	Ganesha: Green <i>Sunrise:</i> 5:46AM Muruqa: White <i>Sunset:</i> 5:27PM Nataraja: Yellow Moon – Purple Ashvina•Puratasi
	Creative Work	Siddha Yoga			Devaloka Day
	Until 12.19AM Mon then no yoga				

5	Monday, October 10, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Kathmandu, Nepal
	Kumbha Rasi: 29.45	Tithi 14			Sun 27 Sutra 180 Khara 5113
	Family Home Evening	612286154	Gulika 1:04PM – 2:31PM Yama 10:09AM – 11:36AM Rahu 7:14AM – 8:41AM	Purvaprostapada* Until 1:10PM Vridhi Until 2:26PM Gara Until 4:02PM Chaturdasi* Until 5:07AM Tue	Ganesha: Blue <i>Sunrise:</i> 5:46AM Muruqa: White <i>Sunset:</i> 5:26PM Nataraja: Yellow Moon – Clear Ashvina•Puratasi
	No Yoga		Chidambaram Abhishekam		Devaloka Day
	Until 1:10PM then Siddha Yoga				
	Until 12.19AM Tue then Amrita Yoga				

○	Tuesday, October 11, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Dhruva/Vyaghata* Yoga Visi* Karana Purnima* Yam Titau		Kathmandu, Nepal
	Copper Retreat Star				Sutra 181 Khara 5113
	Meena Rasi: 11.42	Tithi 15			Moon 9 - Phase 24 Purnima
		612286154	Gulika 11:36AM – 1:03PM Yama 8:41AM – 10:09AM Rahu 2:31PM – 3:58PM	Uttaraprostapada Until 3:55PM Dhruva Until 3:09PM Visi Until 6:17PM Purnima* Until 7:35AM Wed	Ganesha: Blue <i>Sunrise:</i> 5:47AM Muruqa: White <i>Sunset:</i> 5:25PM Nataraja: Yellow Moon – Clear Ashvina•Puratasi
	Creative Work	Amrita Yoga			Devaloka Day
	Until 3:55PM then Siddha Yoga				
	Until 12.18AM Wed then Marana Yoga				

○	Wednesday, October 12, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Kathmandu, Nepal
	Silver Retreat Star				Sutra 182 Khara 5113
	Meena Rasi: 23.36	Tithi 15 – 16			Moon 9 - Phase 24 Prathama
		612286154	Gulika 10:09AM – 11:36AM Yama 7:14AM – 8:41AM Rahu 11:36AM – 1:03PM	Revati Until 6:48PM Vyaghata* Until 3:59PM Balava Until 8:41PM Purnima* Until 7:35AM	Ganesha: Blue <i>Sunrise:</i> 5:47AM Muruqa: White <i>Sunset:</i> 5:24PM Nataraja: Yellow Moon – Clear Ashvina•Puratasi
	Routine Work	Marana Yoga			Devaloka Day
	Until 12.18AM Thu then Amrita Yoga				

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM



Thursday, October 13, 2011
Gold Retreat Star

Mesha Rasi: 5.27 Tithi 16 – 17
622286154
Creative Work Amrita Yoga
Until 9:46PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Asvini Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Gulika 8:42AM – 10:08AM **Asvini Until 9:46PM**
Yama 5:48AM – 7:15AM Harshana Until 4:53PM
Rahu 1:02PM – 2:29PM Taitila Until 11:09PM
Prathama* Until 10:03AM

Ganesha: Red *Sunrise:* 5:48AM
Muruqa: White *Sunset:* 5:23PM
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

Kathmandu, Nepal
Sutra 183
Khara 5113
Moon 10 - Phase 25
1st Phase

Sivaloka Day

1

Friday, October 14, 2011

Mesha Rasi: 17.18 Tithi 17 – 18
622286154
Creative Work Siddha Yoga
Until 12:44AM Sat then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 7:15AM – 8:42AM **Bharani Until 12:44AM Sat**
Yama 2:29PM – 3:55PM Vajra* Until 5:49PM
Rahu 10:08AM – 11:35AM Vanija Until 1:39AM Sat
Dvitiya Until 12:34PM

Ganesha: Red *Sunrise:* 5:48AM
Muruqa: White *Sunset:* 5:22PM
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

Kathmandu, Nepal
Sun 1 Sutra 184
Khara 5113
Moon 10 - Phase 25
1st Phase

Sivaloka Day

2

Saturday, October 15, 2011

Mesha Rasi: 29.1 Tithi 18 – 19
622286154
Creative Work Amrita Yoga
Until 12.17AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 5:49AM – 7:15AM **Krittika Until 3:41AM Sun**
Yama 1:01PM – 2:28PM Siddhi Until 6:42PM
Rahu 8:42AM – 10:08AM Bava Until 4:07AM Sun
Tritiya Until 3:01PM

Ganesha: Red *Sunrise:* 5:49AM
Muruqa: White *Sunset:* 5:21PM
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

Kathmandu, Nepal
Sun 2 Sutra 185
Khara 5113
Moon 10 - Phase 25
1st Phase

Sivaloka Day

3

Sunday, October 16, 2011

Vrishabha Rasi: 11.05 Tithi 19 – 20
632286154
Creative Work Siddha Yoga
Until 12.17AM Mon then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 2:27PM – 3:54PM **Rohini Until 6:24AM Mon**
Yama 11:35AM – 1:01PM Vyatipata* Until 7:28PM
Rahu 3:54PM – 5:20PM Kaulava Until 6:26AM Mon
Chaturthi* Until 5:20PM

Ganesha: Green *Sunrise:* 5:49AM
Muruqa: White *Sunset:* 5:20PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Puratasi

Kathmandu, Nepal
Sun 3 Sutra 186
Khara 5113
Moon 10 - Phase 25
1st Phase

Devaloka Day

4

Monday, October 17, 2011

Vrishabha Rasi: 23.08 Tithi 20
632286154
Family Home Evening
Creative Work Amrita Yoga
Until 12.17AM Tue then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigasira Nakshatra Variyan Yoga Kaulava/Taitila Karana Panchami Yam Titau

Gulika 1:01PM – 2:27PM **Rohini Until 6:24AM**
Yama 10:08AM – 11:35AM Variyan Until 8:01PM
Rahu 7:16AM – 8:42AM Kaulava Until 6:19AM
Panchami Until 7:24PM

Ganesha: Green *Sunrise:* 5:50AM
Muruqa: White *Sunset:* 5:19PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

Kathmandu, Nepal
Sun 4 Sutra 187
Khara 5113
Moon 10 - Phase 25
1st Phase

Devaloka Day

5

Tuesday, October 18, 2011

Mithuna Rasi: 5.22 Tithi 21
633386154
Creative Work Siddha Yoga
Until 8:36AM then Marana Yoga
Until 12.17AM Wed then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigasira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shasthi* Yam Titau

Gulika 11:34AM – 1:00PM **Mrigasira Until 8:36AM**
Yama 8:42AM – 10:08AM Parigha* Until 8:12PM
Rahu 2:26PM – 3:52PM Gara Until 7:48AM
Shasthi* Until 7:48PM

Ganesha: Green *Sunrise:* 5:51AM
Muruqa: White *Sunset:* 5:18PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

Kathmandu, Nepal
Sun 5 Sutra 188
Khara 5113
Moon 10 - Phase 25
1st Phase

Devaloka Day

6

Wednesday, October 19, 2011

Mithuna Rasi: 17.52 Tithi 22
633386154
Creative Work Siddha Yoga
Until 12.16AM Thu then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saptami Yam Titau

Gulika 10:08AM – 11:34AM **Ardra Until 9:56AM**
Yama 7:17AM – 8:43AM Shiva Until 6:55PM
Rahu 11:34AM – 1:00PM Visti Until 8:47AM
Saptami Until 8:47PM

Ganesha: Green *Sunrise:* 5:51AM
Muruqa: White *Sunset:* 5:17PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

Kathmandu, Nepal
Sun 6 Sutra 189
Khara 5113
Moon 10 - Phase 25
1st Phase

Devaloka Day



Thursday, October 20, 2011
Retreat Star

Kataka Rasi: 0.43 Tithi 23
643386154
Creative Work Amrita Yoga
Until 12.16AM Fri then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 8:43AM – 10:08AM **Punarvasu Until 10:51AM**
Yama 5:52AM – 7:17AM Siddha Until 6:04PM
Rahu 1:00PM – 2:25PM Balava Until 9:06AM
Ashtami* Until 9:06PM

Ganesha: Orange *Sunrise:* 5:52AM
Muruqa: White *Sunset:* 5:16PM
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi

Kathmandu, Nepal
Sun 7 Sutra 190
Khara 5113
Moon 10 - Phase 25
Ashtami

Sivaloka Day

Friday, October 21, 2011

Retreat Star

Kataka Rasi: 13.58 Tithi 24
643386154
Routine Work Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Aslesha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navami* Yam Titau

Gulika 7:18AM – 8:43AM **Pushya Until 10:39AM**
Yama 2:25PM – 3:50PM Sadhya Until 3:48PM
Rahu 10:08AM – 11:34AM Taitila Until 8:23AM
Navami* Until 7:28PM

Ganesha: Orange *Sunrise:* 5:52AM
Muruqa: White *Sunset:* 5:15PM
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi

Kathmandu, Nepal
Sun 8 Sutra 191
Khara 5113
Moon 10 - Phase 25
Navami

Sivaloka Day


When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139

1	Saturday, October 22, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dasami Yam Titau					Kathmandu, Nepal
	Kataka Rasi: 27.4 Tithi 25 643386154	Gulika 5:53AM – 7:18AM Yama 12:59PM – 2:24PM Rahu 8:43AM – 10:08AM	Aslesha* Until 10:00AM Subha Until 1:37PM Vanija Until 7:04AM Dasami Until 6:09PM	Ganesha: Orange <i>Sunrise:</i> 5:53AM Muruqa: White <i>Sunset:</i> 5:14PM Nataraja: Yellow Moon – Blue			Sun 9 Sutra 192 Khara 5113 Moon 10 - Phase 26 2nd Phase
	Routine Work Marana Yoga Until 10:00AM then Amrita Yoga Until 12.16AM Sun then Marana Yoga						Sivaloka Day

2	Sunday, October 23, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau					Kathmandu, Nepal
	Simha Rasi: 11.5 Tithi 26 – 27 653386154	Gulika 2:23PM – 3:48PM Yama 11:33AM – 12:58PM Rahu 3:48PM – 5:13PM	Magha* Until 8:23AM Sukla Until 10:23AM Kaulava Until 1:32AM Mon Ekadasi* Until 3:15PM	Ganesha: Light Blue <i>Sunrise:</i> 5:53AM Muruqa: White <i>Sunset:</i> 5:13PM Nataraja: Yellow Moon – Red			Sun 10 Sutra 193 Khara 5113 Moon 10 - Phase 26 2nd Phase
	Routine Work Marana Yoga Until 8:23AM then Siddha Yoga						Devaloka Day

3	Monday, October 24, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau					Kathmandu, Nepal
	Simha Rasi: 26.27 Tithi 27 – 28 653386154	Gulika 12:58PM – 2:23PM Yama 10:09AM – 11:33AM Rahu 7:19AM – 8:44AM	Purvaphalguni* Until 6:20AM Brahma Until 6:58AM Gara Until 10:46PM Dvadasi* Until 12:29PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Light Blue <i>Sunrise:</i> 5:54AM Muruqa: White <i>Sunset:</i> 5:13PM Nataraja: Yellow Moon – Red			Sun 11 Sutra 194 Khara 5113 Moon 10 - Phase 26 2nd Phase
	Family Home Evening Creative Work Siddha Yoga Until 6:20AM then Marana Yoga Until 12.16AM Tue then Amrita Yoga						Devaloka Day

4	Tuesday, October 25, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau					Kathmandu, Nepal
	Kanya Rasi: 11.25 Tithi 28 – 29 663386154	Gulika 11:33AM – 12:58PM Yama 8:44AM – 10:09AM Rahu 2:22PM – 3:47PM	Hasta Until 1:04AM Wed Vaidhriti* Until 11:02PM Visti Until 7:23PM Trayodasi* Until 9:06AM	Ganesha: Purple <i>Sunrise:</i> 5:55AM Muruqa: White <i>Sunset:</i> 5:12PM Nataraja: Yellow Moon – Green			Sun 12 Sutra 195 Khara 5113 Moon 10 - Phase 26 2nd Phase
	Creative Work Siddha Yoga Deepavali Hindu Solidarity Day						Devaloka Day

	Wednesday, October 26, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau					Kathmandu, Nepal
	Kanya Rasi: 26.37 Tithi 30 663386154	Gulika 10:09AM – 11:33AM Yama 7:20AM – 8:44AM Rahu 11:33AM – 12:58PM	Chitra Until 10:06PM Vishkambha* Until 6:45PM Catuspada Until 3:38PM Amavasya* Until 1:55AM Thu	Ganesha: Purple <i>Sunrise:</i> 5:55AM Muruqa: White <i>Sunset:</i> 5:11PM Nataraja: Yellow Moon – Green			Sun 13 Sutra 196 Khara 5113 Moon 10 - Phase 26 Amavasya
	Creative Work Siddha Yoga Until 12.15AM Thu then Amrita Yoga	Subramuniyaswami Mahasamadhi					Devaloka Day

Retreat Star	Thursday, October 27, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathama* Yam Titau					Kathmandu, Nepal
	Tula Rasi: 11.52 Tithi 1 663386154	Gulika 8:44AM – 10:09AM Yama 5:56AM – 7:20AM Rahu 12:57PM – 2:22PM	Svati Until 7:01PM Priti Until 2:22PM Kintughna Until 11:45AM Prathama* Until 10:02PM	Ganesha: Purple <i>Sunrise:</i> 5:56AM Muruqa: White <i>Sunset:</i> 5:10PM Nataraja: Yellow Moon – Green			Sun 14 Sutra 197 Khara 5113 Moon 10 - Phase 26 Prathama
	Creative Work Amrita Yoga Until 7:01PM then Siddha Yoga Until 12.15AM Fri then Marana Yoga	Skanda Shasthi Begins					Devaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda, Brihadu 4.4.3. bo UpH, 140


1	Friday, October 28, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Kathmandu, Nepal
	Tula Rasi: 27.01 Tithi 2 673386154	Gulika 7:21AM – 8:45AM Yama 2:21PM – 3:45PM Rahu 10:09AM – 11:33AM	Sun 15 Sutra 198 Khara 5113 Moon 10 - Phase 27 3rd Phase
Routine Work Marana Yoga Until 4:06PM then Siddha Yoga		Visakha Until 4:06PM Ayushman Until 10:08AM Balava Until 8:03AM Dvitiya Until 6:20PM	Ganesha: Light Blue <i>Sunrise:</i> 5:57AM Muruqa: White <i>Sunset:</i> 5:09PM Nataraja: Yellow Moon – Orange Karttika-Aipasi
Devaloka Day			


2	Saturday, October 29, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Kathmandu, Nepal
	Virshika Rasi: 11.55 Tithi 3 – 4 673386154	Gulika 5:57AM – 7:21AM Yama 12:57PM – 2:21PM Rahu 8:45AM – 10:09AM	Sun 16 Sutra 199 Khara 5113 Moon 10 - Phase 27 3rd Phase
Creative Work Siddha Yoga Until 12.15AM Sun then Marana Yoga		Anuradha Until 1:35PM Saubhagya Until 6:17AM Vanija Until 1:22AM Sun Tritiya Until 3:05PM	Ganesha: Light Blue <i>Sunrise:</i> 5:57AM Muruqa: White <i>Sunset:</i> 5:08PM Nataraja: Yellow Moon – Orange Karttika-Aipasi
Devaloka Day			

3	Sunday, October 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Kathmandu, Nepal
	Virshika Rasi: 26.27 Tithi 4 – 5 673386154	Gulika 2:20PM – 3:44PM Yama 11:33AM – 12:56PM Rahu 3:44PM – 5:08PM	Sun 17 Sutra 200 Khara 5113 Moon 10 - Phase 27 3rd Phase
Routine Work Marana Yoga Until 12:05PM then Amrita Yoga Until 12.15AM Mon then Siddha Yoga		Jyeshtha* Until 12:05PM Athiganda* Until 12:08AM Mon Bava Until 12:02AM Mon Chaturthi* Until 12:58PM	Ganesha: Light Blue <i>Sunrise:</i> 5:58AM Muruqa: White <i>Sunset:</i> 5:08PM Nataraja: Yellow Moon – Orange Karttika-Aipasi
Devaloka Day			

4	Monday, October 31, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Kathmandu, Nepal
	Dhanus Rasi: 10.31 Tithi 5 – 6 Family Home Evening 683386154	Gulika 12:56PM – 2:20PM Yama 10:09AM – 11:33AM Rahu 7:22AM – 8:46AM	Sun 18 Sutra 201 Khara 5113 Moon 10 - Phase 27 3rd Phase
Creative Work Siddha Yoga Until 10:49AM then Marana Yoga Until 12.15AM Tue then Siddha Yoga		Mula* Until 10:49AM Sukarma Until 9:21PM Kaulava Until 10:03PM Panchami Until 10:58AM	Ganesha: Orange <i>Sunrise:</i> 5:59AM Muruqa: White <i>Sunset:</i> 5:07PM Nataraja: Yellow Moon – Light Blue Karttika-Aipasi
Sivaloka Day			

5	Tuesday, November 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Tailala/Gara Karana Shasthi*/Saptami Yam Titau	Kathmandu, Nepal
	Dhanus Rasi: 24.07 Tithi 6 – 7 684386154	Gulika 11:33AM – 12:56PM Yama 8:46AM – 10:09AM Rahu 2:19PM – 3:43PM	Sun 19 Sutra 202 Khara 5113 Moon 10 - Phase 27 3rd Phase
Creative Work Siddha Yoga Until 10:42AM then Prabalarishta Yoga Until 12.15AM Wed then Amrita Yoga		Purvashadha* Until 10:42AM Dhriti Until 8:16PM Gara Until 10:11PM Shasthi* Until 10:11AM	Ganesha: Clear <i>Sunrise:</i> 5:59AM Muruqa: White <i>Sunset:</i> 5:06PM Nataraja: Yellow Moon – Light Blue Karttika-Aipasi
Sivaloka Day			

	Wednesday, November 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Sravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Kathmandu, Nepal
	Retreat Star Makara Rasi: 7.17 Tithi 7 – 8 684386154	Gulika 10:09AM – 11:33AM Yama 7:23AM – 8:46AM Rahu 11:33AM – 12:56PM	Sun 20 Sutra 203 Khara 5113 Moon 10 - Phase 27 Ashtami
Creative Work Amrita Yoga Until 11:02AM then Siddha Yoga		Uttarashadha Until 11:02AM Shula* Until 6:52PM Visti Until 9:53PM Saptami Until 9:53AM	Ganesha: Clear <i>Sunrise:</i> 6:00AM Muruqa: White <i>Sunset:</i> 5:05PM Nataraja: Yellow Moon – Light Blue Karttika-Aipasi
Sivaloka Day			

	Thursday, November 3, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Sravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Kathmandu, Nepal
	Retreat Star Makara Rasi: 20.02 Tithi 8 – 9 694386154	Gulika 8:47AM – 10:10AM Yama 6:01AM – 7:24AM Rahu 12:56PM – 2:19PM	Sun 21 Sutra 204 Khara 5113 Moon 10 - Phase 27 Navami
Creative Work Siddha Yoga		Sravana Until 12:35PM Ganda* Until 7:04PM Balava Until 11:51PM Ashtami* Until 10:45AM	Ganesha: White <i>Sunrise:</i> 6:01AM Muruqa: White <i>Sunset:</i> 5:05PM Nataraja: Yellow Moon – Purple Karttika-Aipasi
Devaloka Day			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

1	Friday, November 4, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau			Kathmandu, Nepal
	Kumbha Rasi: 2.29 Titithi 9 – 10 694386154	Gulika 7:24AM – 8:47AM Yama 2:18PM – 3:41PM Rahu 10:10AM – 11:33AM	Dhanishtha Until 2:22PM Vriddhi Until 6:51PM Taitila Until 1:04AM Sat Navami* Until 11:58AM	Ganesha: White <i>Sunrise:</i> 6:01AM Muruqa: White <i>Sunset:</i> 5:04PM Nataraja: Yellow Moon – Purple Karttika-Aipasi	Sun 22 Sutra 205 Khara 5113 Moon 10 - Phase 28 4th Phase Devaloka Day
	Creative Work Siddha Yoga Until 12.15AM Sat then Amrita Yoga				

2	Saturday, November 5, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Dhruva Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau			Kathmandu, Nepal
	Kumbha Rasi: 14.41 Titithi 10 – 11 694386154	Gulika 6:02AM – 7:25AM Yama 12:55PM – 2:18PM Rahu 8:47AM – 10:10AM	Satabhisha Until 4:37PM Dhruva Until 7:05PM Vanija Until 2:48AM Sun Dasami Until 1:42PM	Ganesha: White <i>Sunrise:</i> 6:02AM Muruqa: White <i>Sunset:</i> 5:03PM Nataraja: Yellow Moon – Purple Karttika-Aipasi	Sun 23 Sutra 206 Khara 5113 Moon 10 - Phase 28 4th Phase Devaloka Day
	Creative Work Amrita Yoga Until 4:37PM then Siddha Yoga				

3	Sunday, November 6, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau			Kathmandu, Nepal
	Kumbha Rasi: 26.44 Titithi 11 – 12 614386154	Gulika 2:18PM – 3:40PM Yama 11:33AM – 12:55PM Rahu 3:40PM – 5:03PM	Purvaprostapada* Until 7:12PM Vyaghata* Until 7:37PM Bava Until 4:54AM Mon Ekadasi Until 3:48PM	Ganesha: Blue <i>Sunrise:</i> 6:03AM Muruqa: White <i>Sunset:</i> 5:03PM Nataraja: Yellow Moon – Clear Karttika-Aipasi	Sun 24 Sutra 207 Khara 5113 Moon 10 - Phase 28 4th Phase Devaloka Day
	Creative Work Siddha Yoga Until 7:12PM then Amrita Yoga Until 12.15AM Mon then Siddha Yoga				

4	Monday, November 7, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprostapada Nakshatra Harshana Yoga Balava Karana Dvadasi Yam Titau			Kathmandu, Nepal
	Meena Rasi: 8.4 Titithi 12 Family Home Evening 714386154	Gulika 12:55PM – 2:17PM Yama 10:10AM – 11:33AM Rahu 7:26AM – 8:48AM	Uttaraprostapada Until 10:00PM Harshana Until 8:21PM Balava Until 7:13AM Tue Dvadasi Until 6:08PM	Ganesha: Red <i>Sunrise:</i> 6:03AM Muruqa: White <i>Sunset:</i> 5:02PM Nataraja: Yellow Moon – Clear Karttika-Aipasi	Sun 25 Sutra 208 Khara 5113 Moon 10 - Phase 28 4th Phase Sivaloka Day
	Creative Work Siddha Yoga				

5	Tuesday, November 8, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau			Kathmandu, Nepal
	Meena Rasi: 20.32 Titithi 13 714386154	Gulika 11:33AM – 12:55PM Yama 8:49AM – 10:11AM Rahu 2:17PM – 3:39PM	Revati Until 12:55AM Wed Vajra* Until 9:11PM Kaulava Until 7:30AM Trayodasi Until 8:35PM <i>Pradosha Vrata</i>	Ganesha: Red <i>Sunrise:</i> 6:04AM Muruqa: White <i>Sunset:</i> 5:01PM Nataraja: Yellow Moon – Clear Karttika-Aipasi	Sun 26 Sutra 209 Khara 5113 Moon 10 - Phase 28 4th Phase Sivaloka Day
	Creative Work Siddha Yoga Until 12.15AM Wed then Marana Yoga				

6	Wednesday, November 9, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Asvini Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdasi* Yam Titau			Kathmandu, Nepal
	Mesha Rasi: 2.24 Titithi 14 724386154	Gulika 10:11AM – 11:33AM Yama 7:27AM – 8:49AM Rahu 11:33AM – 12:55PM	Asvini Until 3:52AM Thu Siddhi Until 10:04PM Gara Until 10:00AM Chaturdasi* Until 11:06PM	Ganesha: Blue <i>Sunrise:</i> 6:05AM Muruqa: White <i>Sunset:</i> 5:01PM Nataraja: Yellow Moon – White Karttika-Aipasi	Sun 27 Sutra 210 Khara 5113 Moon 10 - Phase 28 4th Phase Devaloka Day
	Routine Work Marana Yoga Until 12.15AM Thu then Amrita Yoga Until 3:52AM Thu then Siddha Yoga				

○	Thursday, November 10, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnima* Yam Titau			Kathmandu, Nepal
	Mesha Rasi: 14.16 Titithi 15 724386154	Gulika 8:49AM – 10:11AM Yama 6:06AM – 7:27AM Rahu 12:55PM – 2:17PM	Bharani Until 6:59AM Fri Vyatipata* Until 10:55PM Visti Until 12:29PM Purnima* Until 1:35AM Fri	Ganesha: Blue <i>Sunrise:</i> 6:06AM Muruqa: White <i>Sunset:</i> 5:00PM Nataraja: Yellow Moon – White Karttika-Aipasi	Sutra 211 Khara 5113 Moon 10 - Phase 28 Purnima Devaloka Day
	Creative Work Siddha Yoga				

○	Friday, November 11, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau			Kathmandu, Nepal
	Mesha Rasi: 26.1 Titithi 16 724386154	Gulika 7:28AM – 8:50AM Yama 2:16PM – 3:38PM Rahu 10:11AM – 11:33AM	Bharani Until 6:59AM Variyan Until 11:42PM Balava Until 2:53PM Prathama* Until 3:58AM Sat	Ganesha: Blue <i>Sunrise:</i> 6:06AM Muruqa: White <i>Sunset:</i> 5:00PM Nataraja: Yellow Moon – White Karttika-Aipasi	Sutra 212 Khara 5113 Moon 10 - Phase 28 Prathama Devaloka Day
	Creative Work Siddha Yoga Until 12.15AM Sat then Amrita Yoga				

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda, Brihadu 4.4.5. UpH, 140



Saturday, November 12, 2011
Gold Retreat Star

Wrishabha Rasi: 8.09 Tithi 17
724386154
Creative Work Amrita Yoga
Until 12.16AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 6:07AM – 7:29AM
Yama 12:55PM – 2:16PM
Rahu 8:50AM – 10:12AM
Krittika Until 9:42AM
Parigha* Until 12:20AM Sun
Taitila Until 5:07PM
Dvitiya Until 6:02AM Sun

Kathmandu, Nepal
Sutra 213
Khara 5113
Moon 11 - Phase 29
1st Phase
Devaloka Day
Ganesha: Blue *Sunrise: 6:07AM*
Muruqa: White *Sunset: 4:59PM*
Nataraja: Yellow
Moon – White
Karttika•Aipasi

1

Sunday, November 13, 2011

Wrishabha Rasi: 20.14 Tithi 17 – 18
734486154
Creative Work Siddha Yoga
Until 12.16AM Mon then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigasira Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 2:16PM – 3:37PM
Yama 11:33AM – 12:55PM
Rahu 3:37PM – 4:59PM
Rohini Until 12:11PM
Shiva Until 12:47AM Mon
Vanija Until 7:07PM
Dvitiya Until 6:02AM

Kathmandu, Nepal
Sun 1 Sutra 214
Khara 5113
Moon 11 - Phase 29
1st Phase
Sivaloka Day
Ganesha: Red *Sunrise: 6:08AM*
Muruqa: White *Sunset: 4:59PM*
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

2

Monday, November 14, 2011

Mithuna Rasi: 2.28 Tithi 18 – 19
735486154
Family Home Evening
Creative Work Amrita Yoga
Until 2:24PM then Siddha Yoga
Until 12.16AM Tue then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigasira/Ardra Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 12:55PM – 2:16PM
Yama 10:12AM – 11:33AM
Rahu 7:30AM – 8:51AM
Mrigasira Until 2:24PM
Siddha Until 12:58AM Tue
Bava Until 8:49PM
Tritiya Until 7:44AM

Kathmandu, Nepal
Sun 2 Sutra 215
Khara 5113
Moon 11 - Phase 29
1st Phase
Sivaloka Day
Ganesha: Yellow *Sunrise: 6:09AM*
Muruqa: White *Sunset: 4:59PM*
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

3

Tuesday, November 15, 2011

Mithuna Rasi: 14.52 Tithi 19 – 20
735486154
Routine Work Marana Yoga
Until 3:28PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 11:34AM – 12:55PM
Yama 8:52AM – 10:13AM
Rahu 2:16PM – 3:37PM
Ardra Until 3:28PM
Sadhya Until 11:28PM
Kaulava Until 8:47PM
Chaturthi* Until 8:47AM

Kathmandu, Nepal
Sun 3 Sutra 216
Khara 5113
Moon 11 - Phase 29
1st Phase
Sivaloka Day
Ganesha: Yellow *Sunrise: 6:09AM*
Muruqa: White *Sunset: 4:59PM*
Nataraja: Yellow
Moon – Yellow
Karttika•Aipasi

4

Wednesday, November 16, 2011

Mithuna Rasi: 27.31 Tithi 20 – 21
745486154
Creative Work Siddha Yoga
Until 12.16AM Thu then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 10:13AM – 11:34AM
Yama 7:31AM – 8:52AM
Rahu 11:34AM – 12:55PM
Punarvasu Until 4:46PM
Subha Until 10:57PM
Gara Until 9:32PM
Panchami Until 9:32AM

Kathmandu, Nepal
Sun 4 Sutra 217
Khara 5113
Moon 11 - Phase 29
1st Phase
Devaloka Day
Ganesha: White *Sunrise: 6:10AM*
Muruqa: White *Sunset: 4:57PM*
Nataraja: Yellow
Moon – Blue
Karttika•Karttikai

5

Thursday, November 17, 2011

Kataka Rasi: 10.25 Tithi 21 – 22
745486155
Creative Work Amrita Yoga
Until 5:33PM then Siddha Yoga
Until 12.16AM Fri then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Aslesha* Nakshatra Sukla Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 8:52AM – 10:13AM
Yama 6:11AM – 7:32AM
Rahu 12:55PM – 2:16PM
Pushya Until 5:33PM
Sukla Until 9:57PM
Visti Until 9:45PM
Shasthi* Until 9:45AM

Kathmandu, Nepal
Sun 5 Sutra 218
Khara 5113
Moon 11 - Phase 29
1st Phase
Devaloka Day
Ganesha: White *Sunrise: 6:11AM*
Muruqa: White *Sunset: 4:57PM*
Nataraja: Red
Moon – Blue
Karttika•Karttikai



Friday, November 18, 2011
Retreat Star

Kataka Rasi: 23.38 Tithi 22 – 23
745486155
Routine Work Marana Yoga
Until 12.17AM Sat then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Aslesha*/Magha* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 7:32AM – 8:53AM
Yama 2:15PM – 3:36PM
Rahu 10:14AM – 11:34AM
Aslesha* Until 4:55PM
Brahma Until 7:27PM
Balava Until 8:08PM
Saptami Until 9:04AM

Kathmandu, Nepal
Sun 6 Sutra 219
Khara 5113
Moon 11 - Phase 29
Ashtami
Devaloka Day
Ganesha: White *Sunrise: 6:12AM*
Muruqa: White *Sunset: 4:57PM*
Nataraja: Red
Moon – Blue
Karttika•Karttikai


Saturday, November 19, 2011
Retreat Star

Simha Rasi: 7.13 Tithi 23 – 24
755486155
Creative Work Amrita Yoga
Until 4:30PM then Marana Yoga
Until 12.17AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Indra/Vaidhrii* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 6:12AM – 7:33AM
Yama 12:55PM – 2:15PM
Rahu 8:53AM – 10:14AM
Magha* Until 4:30PM
Indra Until 5:27PM
Taitila Until 7:05PM
Ashtami* Until 8:00AM

Kathmandu, Nepal
Sun 7 Sutra 220
Khara 5113
Moon 11 - Phase 29
Navami
Sivaloka Day
Ganesha: Clear *Sunrise: 6:12AM*
Muruqa: White *Sunset: 4:56PM*
Nataraja: Red
Moon – Red
Karttika•Karttikai

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140

1	Sunday, November 20, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vaidhrili*/Vishkambha* Yoga Gara/Visti* Karana Navami*/Dasami Yam Tilau		Kathmandu, Nepal
	Simha Rasi: 21.1 Tithi 24 – 25 755486155	Gulika 2:15PM – 3:36PM Yama 11:35AM – 12:55PM Rahu 3:36PM – 4:56PM	Purvaphalguni* Until 3:26PM Vaidhrili* Until 2:50PM Visti Until 4:25AM Mon Navami* Until 6:15AM	Sun 8 Sutra 221 Khara 5113 Moon 11 - Phase 30 2nd Phase
	Creative Work Siddha Yoga Until 3:26PM then Amrita Yoga Until 12.17AM Mon then Marana Yoga		Ganesha: Clear <i>Sunrise:</i> 6:13AM Muruqa: White <i>Sunset:</i> 4:56PM Nataraja: Red Moon – Red Karttika•Karttikai	Sivaloka Day
2	Monday, November 21, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadasi* Yam Tilau		Kathmandu, Nepal
	Kanya Rasi: 5.29 Tithi 26 Family Home Evening 755486155	Gulika 12:55PM – 2:15PM Yama 10:15AM – 11:35AM Rahu 7:34AM – 8:54AM	Uttaraphalguni Until 1:13PM Vishkambha* Until 11:17AM Bava Until 2:16PM Ekadasi* Until 12:33AM Tue	Sun 9 Sutra 222 Khara 5113 Moon 11 - Phase 30 2nd Phase
	Routine Work Marana Yoga Until 1:13PM then Siddha Yoga		Ganesha: Clear <i>Sunrise:</i> 6:14AM Muruqa: White <i>Sunset:</i> 4:56PM Nataraja: Red Moon – Red Karttika•Karttikai	Sivaloka Day
3	Tuesday, November 22, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadasi* Yam Tilau		Kathmandu, Nepal
	Kanya Rasi: 20.08 Tithi 27 765486155	Gulika 11:35AM – 12:55PM Yama 8:55AM – 10:15AM Rahu 2:15PM – 3:35PM	Hasta Until 11:07AM Priti Until 7:48AM Kaulava Until 11:28AM Dvadasi* Until 9:45PM	Sun 10 Sutra 223 Khara 5113 Moon 11 - Phase 30 2nd Phase
	Creative Work Siddha Yoga		Ganesha: Purple <i>Sunrise:</i> 6:15AM Muruqa: White <i>Sunset:</i> 4:56PM Nataraja: Red Moon – Green Karttika•Karttikai	Devaloka Day
4	Wednesday, November 23, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodasi* Yam Tilau		Kathmandu, Nepal
	Tula Rasi: 5.02 Tithi 28 766486155	Gulika 10:15AM – 11:35AM Yama 7:35AM – 8:55AM Rahu 11:35AM – 12:55PM	Chitra Until 8:38AM Saubhagya Until 11:57PM Gara Until 8:15AM Trayodasi* Until 6:32PM <i>Pradosha Vrata (Fasting)</i>	Sun 11 Sutra 224 Khara 5113 Moon 11 - Phase 30 2nd Phase
	Creative Work Siddha Yoga Until 12.18AM Thu then Amrita Yoga		Ganesha: Clear <i>Sunrise:</i> 6:16AM Muruqa: White <i>Sunset:</i> 4:56PM Nataraja: Red Moon – Green Karttika•Karttikai	Sivaloka Day
5	Thursday, November 24, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Visakha Nakshatra Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Tilau		Kathmandu, Nepal
	Tula Rasi: 20.02 Tithi 29 – 30 776486155	Gulika 8:56AM – 10:16AM Yama 6:16AM – 7:36AM Rahu 12:56PM – 2:15PM	Visakha Until 3:16AM Fri Sobhana Until 7:56PM Catuspada Until 1:23AM Fri Chaturdasi* Until 3:06PM	Sun 12 Sutra 225 Khara 5113 Moon 11 - Phase 30 2nd Phase
	Creative Work Siddha Yoga Until 12.18AM Fri then Marana Yoga Until 3:16AM Fri then Siddha Yoga		Ganesha: Orange <i>Sunrise:</i> 6:16AM Muruqa: White <i>Sunset:</i> 4:56PM Nataraja: Red Moon – Orange Karttika•Karttikai	Sivaloka Day
	Friday, November 25, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Tilau		Kathmandu, Nepal
	Retreat Star Vrischika Rasi: 5.02 Tithi 30 – 1 776486155	Gulika 7:37AM – 8:57AM Yama 2:15PM – 3:35PM Rahu 10:16AM – 11:36AM	Anuradha Until 12:37AM Sat Athiganda* Until 3:55PM Kintughna Until 9:59PM Amavasya* Until 11:42AM	Sun 13 Sutra 226 Khara 5113 Moon 11 - Phase 30 Amavasya
	Creative Work Siddha Yoga		Ganesha: Orange <i>Sunrise:</i> 6:17AM Muruqa: White <i>Sunset:</i> 4:56PM Nataraja: Red Moon – Orange Karttika•Karttikai	Sivaloka Day
Saturday, November 26, 2011	Retreat Star	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhruti Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Tilau		Kathmandu, Nepal
	Vrischika Rasi: 19.52 Tithi 1 – 2 776486155	Gulika 6:18AM – 7:37AM Yama 12:56PM – 2:16PM Rahu 8:57AM – 10:17AM	Jyeshtha* Until 10:13PM Sukarma Until 12:09PM Balava Until 6:52PM Prathama* Until 8:34AM	Sun 14 Sutra 227 Khara 5113 Moon 11 - Phase 30 Prathama
	Creative Work Siddha Yoga Until 12.19AM Sun then Amrita Yoga		Ganesha: Orange <i>Sunrise:</i> 6:18AM Muruqa: White <i>Sunset:</i> 4:56PM Nataraja: Red Moon – Orange Margasira•Karttikai	Sivaloka Day

1	Sunday, November 27, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Tritiya Yam Titau		Kathmandu, Nepal
			Sun 15	Sutra 228 Khara 5113
Dhanus Rasi: 4.25	Tithi 3	786486155	Gulika 2:16PM – 3:35PM Yama 11:37AM – 12:56PM Rahu 3:35PM – 4:55PM	Mula* Until 9:17PM Dhriti Until 8:59AM Tailila Until 5:01PM Tritiya Until 4:05AM Mon
Creative Work Amrita Yoga Until 9:17PM then Siddha Yoga Until 12.19AM Mon then Marana Yoga			Ganesha: Clear <i>Sunrise:</i> 6:19AM Muruqa: White <i>Sunset:</i> 4:55PM Nataraja: Red Moon – Light Blue Margasira-Karttikai	Sivaloka Day
2	Monday, November 28, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Vanija/Visli* Karana Chaturthi* Yam Titau		Kathmandu, Nepal
			Sun 16	Sutra 229 Khara 5113
Dhanus Rasi: 18.35	Tithi 4	786486155	Gulika 12:56PM – 2:16PM Yama 10:18AM – 11:37AM Rahu 7:39AM – 8:58AM	Purvashadha* Until 7:51PM Shula* Until 6:02AM Vanija Until 2:53PM Chaturthi* Until 1:57AM Tue
Family Home Evening Routine Work Marana Yoga Until 12.19AM Tue then Prabalarishta Yoga			Ganesha: Clear <i>Sunrise:</i> 6:19AM Muruqa: White <i>Sunset:</i> 4:55PM Nataraja: Red Moon – Light Blue Margasira-Karttikai	Sivaloka Day
3	Tuesday, November 29, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Bava/Balava Karana Panchami Yam Titau		Kathmandu, Nepal
			Sun 17	Sutra 230 Khara 5113
Makara Rasi: 2.19	Tithi 5	786486155	Gulika 11:37AM – 12:57PM Yama 8:59AM – 10:18AM Rahu 2:16PM – 3:35PM	Uttarashadha Until 8:11PM Vriddhi Until 2:29AM Wed Bava Until 2:11PM Panchami Until 2:11AM Wed
Routine Work Prabalarishta Yoga Until 8:11PM then Siddha Yoga			Ganesha: Clear <i>Sunrise:</i> 6:20AM Muruqa: White <i>Sunset:</i> 4:54PM Nataraja: Red Moon – Light Blue Margasira-Karttikai	Sivaloka Day
4	Wednesday, November 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Sravana Nakshatra Dhruva Yoga Kaulava/Tailila Karana Shasthi* Yam Titau		Kathmandu, Nepal
			Sun 18	Sutra 231 Khara 5113
Makara Rasi: 15.37	Tithi 6	797486155	Gulika 10:18AM – 11:38AM Yama 7:40AM – 8:59AM Rahu 11:38AM – 12:57PM	Sravana Until 8:16PM Dhruva Until 12:49AM Thu Kaulava Until 1:37PM Shasthi* Until 1:37AM Thu
Creative Work Siddha Yoga Until 8:16PM then Prabalarishta Yoga Until 12.20AM Thu then Siddha Yoga			Ganesha: Clear <i>Sunrise:</i> 6:21AM Muruqa: White <i>Sunset:</i> 4:54PM Nataraja: Red Moon – Purple Margasira-Karttikai	Sivaloka Day
5	Thursday, December 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptami Yam Titau		Kathmandu, Nepal
			Sun 19	Sutra 232 Khara 5113
Makara Rasi: 28.29	Tithi 7	797486155	Gulika 9:00AM – 10:19AM Yama 6:22AM – 7:41AM Rahu 12:57PM – 2:16PM	Dhanishtha Until 9:07PM Vyaghata* Until 11:52PM Gara Until 1:54PM Saptami Until 1:54AM Fri
Creative Work Siddha Yoga Until 9:07PM then Marana Yoga Until 12.20AM Fri then Siddha Yoga			Ganesha: Clear <i>Sunrise:</i> 6:22AM Muruqa: White <i>Sunset:</i> 4:54PM Nataraja: Red Moon – Purple Margasira-Karttikai	Sivaloka Day
Retreat Star	Friday, December 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha Nakshatra Harshana Yoga Visti*/Bava Karana Ashtami* Yam Titau		Kathmandu, Nepal
			Sun 20	Sutra 233 Khara 5113
Kumbha Rasi: 11	Tithi 8	797486155	Gulika 7:41AM – 9:00AM Yama 2:16PM – 3:35PM Rahu 10:19AM – 11:38AM	Satabhisha Until 12:00PM Harshana Until 12:52AM Sat Visti Until 3:41PM Ashtami* Until 4:47AM Sat
Creative Work Siddha Yoga			Ganesha: Clear <i>Sunrise:</i> 6:22AM Muruqa: White <i>Sunset:</i> 4:54PM Nataraja: Red Moon – Purple Margasira-Karttikai	Sivaloka Day
Retreat Star	Saturday, December 3, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navami* Yam Titau		Kathmandu, Nepal
			Sun 21	Sutra 234 Khara 5113
Kumbha Rasi: 23.14	Tithi 9	717486155	Gulika 6:23AM – 7:42AM Yama 12:58PM – 2:17PM Rahu 9:01AM – 10:20AM	Purvaprostapada* Until 2:11AM Sun Vajra* Until 1:01AM Sun Balava Until 5:23PM Navami* Until 6:25AM Sun
Creative Work Siddha Yoga Until 2:11AM Sun then Amrita Yoga			Ganesha: Yellow <i>Sunrise:</i> 6:23AM Muruqa: White <i>Sunset:</i> 4:54PM Nataraja: Red Moon – Clear Margasira-Karttikai	Sivaloka Day

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM

1	Sunday, December 4, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau						Kathmandu, Nepal Sun 22 Sutra 235 Khara 5113
	Meena Rasi: 5.17 Tithi 9 – 10 717486155	Gulika 2:17PM – 3:36PM Yama 11:39AM – 12:58PM Rahu 3:36PM – 4:55PM	Uttaraprostapada Until 4:47AM Mon Siddhi Until 1:32AM Mon Taitila Until 7:31PM Navami* Until 6:25AM	Ganesha: Yellow <i>Sunrise:</i> 6:24AM Muruqa: White <i>Sunset:</i> 4:55PM Nataraja: Red Moon – Clear Margasira-Karttikai				Moon 11 - Phase 32 4th Phase Sivaloka Day
	Creative Work Amrita Yoga Until 12.22AM Mon then Siddha Yoga							

2	Monday, December 5, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau						Kathmandu, Nepal Sun 23 Sutra 236 Khara 5113
	Meena Rasi: 17.11 Tithi 10 – 11 717496155	Gulika 12:58PM – 2:17PM Yama 10:21AM – 11:40AM Rahu 7:43AM – 9:02AM	Revati Until 7:56AM Tue Vyatipata* Until 2:18AM Tue Vanija Until 9:56PM Dasami Until 8:50AM	Ganesha: Yellow <i>Sunrise:</i> 6:25AM Muruqa: Clear <i>Sunset:</i> 4:55PM Nataraja: Red Moon – Clear Margasira-Karttikai				Moon 11 - Phase 32 4th Phase Devaloka Day
	Creative Work Siddha Yoga							

3	Tuesday, December 6, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Asvini Nakshatra Variyan Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau						Kathmandu, Nepal Sun 24 Sutra 237 Khara 5113
	Meena Rasi: 29.02 Tithi 11 – 12 717496155	Gulika 11:40AM – 12:59PM Yama 9:03AM – 10:21AM Rahu 2:17PM – 3:36PM	Revati Until 7:56AM Variyan Until 3:10AM Wed Bava Until 12:29AM Wed Ekadasi Until 11:23AM	Ganesha: Yellow <i>Sunrise:</i> 6:25AM Muruqa: Clear <i>Sunset:</i> 4:55PM Nataraja: Red Moon – Clear Margasira-Karttikai				Moon 11 - Phase 32 4th Phase Devaloka Day
	Creative Work Siddha Yoga Until 12.22AM Wed then Marana Yoga							

4	Wednesday, December 7, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Asvini/Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau						Kathmandu, Nepal Sun 25 Sutra 238 Khara 5113
	Mesha Rasi: 10.53 Tithi 12 – 13 728496155	Gulika 10:22AM – 11:40AM Yama 7:45AM – 9:03AM Rahu 11:40AM – 12:59PM	Asvini Until 10:54AM Parigha* Until 4:02AM Thu Kaulava Until 3:02AM Thu Dvadasi Until 1:56PM <i>Pradosha Vrata</i>	Ganesha: Clear <i>Sunrise:</i> 6:26AM Muruqa: Clear <i>Sunset:</i> 4:55PM Nataraja: Red Moon – White Margasira-Karttikai				Moon 11 - Phase 32 4th Phase Devaloka Day
	Routine Work Marana Yoga Until 12.23AM Thu then Siddha Yoga							

5	Thursday, December 8, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau						Kathmandu, Nepal Sun 26 Sutra 239 Khara 5113
	Mesha Rasi: 22.47 Tithi 13 – 14 728596155	Gulika 9:04AM – 10:22AM Yama 6:27AM – 7:45AM Rahu 12:59PM – 2:18PM	Bharani Until 1:46PM Shiva Until 4:49AM Fri Gara Until 5:28AM Fri Trayodasi Until 4:22PM	Ganesha: White <i>Sunrise:</i> 6:27AM Muruqa: Clear <i>Sunset:</i> 4:55PM Nataraja: Red Moon – White Margasira-Karttikai				Moon 11 - Phase 32 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga Until 1:46PM then Marana Yoga Until 12.23AM Fri then Siddha Yoga	Krittika Deepam						

6	Friday, December 9, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Vanija Karana Chaturdasi* Yam Titau						Kathmandu, Nepal Sun 27 Sutra 240 Khara 5113
	Vrishabha Rasi: 4.47 Tithi 14 728596155	Gulika 7:46AM – 9:04AM Yama 2:18PM – 3:37PM Rahu 10:23AM – 11:41AM	Krittika Until 4:26PM Siddha Until 5:24AM Sat Vanija Until 7:40AM Sat Chaturdasi* Until 6:35PM	Ganesha: White <i>Sunrise:</i> 6:27AM Muruqa: Clear <i>Sunset:</i> 4:55PM Nataraja: Red Moon – White Margasira-Karttikai				Moon 11 - Phase 32 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga Until 4:26PM then Marana Yoga Until 12.24AM Sat then Amrita Yoga	Sivalaya Deepam						

○	Saturday, December 10, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnima* Yam Titau						Kathmandu, Nepal Sutra 241 Khara 5113
	Copper Retreat Star Vrishabha Rasi: 16.56 Tithi 15 738596155	Gulika 6:28AM – 7:47AM Yama 1:00PM – 2:19PM Rahu 9:05AM – 10:23AM	Rohini Until 6:49PM Sadhya Until 5:43AM Sun Visti Until 7:23AM Purnima* Until 8:29PM	Ganesha: Clear <i>Sunrise:</i> 6:28AM Muruqa: Clear <i>Sunset:</i> 4:55PM Nataraja: Red Moon – Yellow Margasira-Karttikai				Moon 11 - Phase 32 Purnima Devaloka Day
	Creative Work Amrita Yoga Until 6:49PM then Siddha Yoga							

○	Sunday, December 11, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigasira Nakshatra Subha Yoga Balava/Kaulava Karana Prathama* Yam Titau						Kathmandu, Nepal Sutra 242 Khara 5113
	Silver Retreat Star Vrishabha Rasi: 29.15 Tithi 16 738596155	Gulika 2:19PM – 3:37PM Yama 11:42AM – 1:01PM Rahu 3:37PM – 4:56PM	Mrigasira Until 7:42PM Subha Until 4:01AM Mon Balava Until 8:40AM Prathama* Until 8:40PM	Ganesha: Clear <i>Sunrise:</i> 6:29AM Muruqa: Clear <i>Sunset:</i> 4:56PM Nataraja: Red Moon – Yellow Margasira-Karttikai				Moon 11 - Phase 32 Prathama Devaloka Day
	Creative Work Siddha Yoga	Vinayaga Viratam Begins						

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Kṛishṇa Yajur Veda, Kathau 2.2.12. UpR, 640



Monday, December 12, 2011
Gold Retreat Star

Mithuna Rasi: 11.46 Tithi 17
Family Home Evening 738596155
Creative Work Siddha Yoga
Until 9:12PM then Amrita Yoga
Until 12.25AM Tue then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiya Yam Titau

Gulika 1:01PM – 2:19PM
Yama 10:24AM – 11:43AM
Rahu 7:48AM – 9:06AM

Ardra Until 9:12PM
Sukla Until 3:40AM Tue
Taitila Until 9:40AM
Dvitiya Until 9:40PM

Ganesha: Clear *Sunrise:* 6:29AM
Muruqa: Clear *Sunset:* 4:56PM
Nataraja: Red
Moon – Yellow
Margasira-Karttikai

Kathmandu, Nepal
Sun 1 Sutra 243
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day

1

Tuesday, December 13, 2011

Mithuna Rasi: 24.3 Tithi 18
749596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiya Yam Titau

Gulika 11:43AM – 1:01PM
Yama 9:07AM – 10:25AM
Rahu 2:20PM – 3:38PM

Punarvasu Until 10:19PM
Brahma Until 2:57AM Wed
Vanija Until 10:14AM
Tritiya Until 10:14PM

Ganesha: Clear *Sunrise:* 6:30AM
Muruqa: Clear *Sunset:* 4:56PM
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Kathmandu, Nepal
Sun 2 Sutra 244
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day

2

Wednesday, December 14, 2011

Kataka Rasi: 7.27 Tithi 19
749596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthi* Yam Titau

Gulika 10:25AM – 11:44AM
Yama 7:49AM – 9:07AM
Rahu 11:44AM – 1:02PM

Pushya Until 11:01PM
Indra Until 1:52AM Thu
Bava Until 10:22AM
Chaturthi* Until 10:22PM

Ganesha: Clear *Sunrise:* 6:31AM
Muruqa: Clear *Sunset:* 4:57PM
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Kathmandu, Nepal
Sun 3 Sutra 245
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day

3

Thursday, December 15, 2011

Kataka Rasi: 20.37 Tithi 20
749596155
Creative Work Siddha Yoga
Until 11:19PM then Amrita Yoga
Until 12.26AM Fri then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Aslesha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Panchami Yam Titau

Gulika 9:08AM – 10:26AM
Yama 6:31AM – 7:50AM
Rahu 1:02PM – 2:21PM

Aslesha* Until 11:19PM
Vaidhriti* Until 12:24AM Fri
Kaulava Until 10:03AM
Panchami Until 10:03PM

Ganesha: Clear *Sunrise:* 6:31AM
Muruqa: Clear *Sunset:* 4:57PM
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Kathmandu, Nepal
Sun 4 Sutra 246
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day

4

Friday, December 16, 2011

Simha Rasi: 4.01 Tithi 21
759596155
Routine Work Marana Yoga
Until 9:58PM then Siddha Yoga
Until 12.27AM Sat then Marana Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shasthi* Yam Titau

Gulika 7:50AM – 9:08AM
Yama 2:21PM – 3:39PM
Rahu 10:26AM – 11:45AM

Magha* Until 9:58PM
Vishkambha* Until 9:26PM
Gara Until 9:02AM
Shasthi* Until 8:07PM

Ganesha: White *Sunrise:* 6:32AM
Muruqa: Clear *Sunset:* 4:57PM
Nataraja: Red
Moon – Red
Margasira-Markali

Kathmandu, Nepal
Sun 5 Sutra 247
Khara 5113
Moon 12 - Phase 33
1st Phase

Sivaloka Day

5

Saturday, December 17, 2011

Simha Rasi: 17.39 Tithi 22
859596155
Routine Work Marana Yoga
Until 12.27AM Sun then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manita Vasara Yuktayam
Purvaphalguni* Nakshatra Priti Yoga Visti*/Bava Karana Saptami Yam Titau

Gulika 6:33AM – 7:51AM
Yama 1:03PM – 2:21PM
Rahu 9:09AM – 10:27AM

Purvaphalguni* Until 9:28PM
Priti Until 7:20PM
Visti Until 7:54AM
Saptami Until 6:59PM

Ganesha: Clear *Sunrise:* 6:33AM
Muruqa: Clear *Sunset:* 4:58PM
Nataraja: Red
Moon – Red
Margasira-Markali

Kathmandu, Nepal
Sun 6 Sutra 248
Khara 5113
Moon 12 - Phase 33
1st Phase

Devaloka Day



Sunday, December 18, 2011
Retreat Star

Kanya Rasi: 1.31 Tithi 23 – 24
859596155
Creative Work Amrita Yoga
Until 12.28AM Mon then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Taitila Karana Ashtami*/Navami* Yam Titau

Gulika 2:22PM – 3:40PM
Yama 11:46AM – 1:04PM
Rahu 3:40PM – 4:58PM

Uttaraphalguni Until 8:34PM
Ayushman Until 4:52PM
Balava Until 6:21AM
Ashtami* Until 5:26PM

Ganesha: Clear *Sunrise:* 6:33AM
Muruqa: Clear *Sunset:* 4:58PM
Nataraja: Red
Moon – Red
Margasira-Markali

Kathmandu, Nepal
Sun 7 Sutra 249
Khara 5113
Moon 12 - Phase 33
Ashtami

Devaloka Day

Monday, December 19, 2011
Retreat Star

Kanya Rasi: 15.35 Tithi 24 – 25
Family Home Evening 869596155
Creative Work Siddha Yoga
Until 7:17PM then Prabalarishta Yoga
Until 12.28AM Tue then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau

Gulika 1:04PM – 2:22PM
Yama 10:28AM – 11:46AM
Rahu 7:52AM – 9:10AM


Hasta Until 7:17PM
Saubhagya Until 2:03PM
Vanija Until 2:32AM Tue
Navami* Until 3:28PM

Ganesha: White *Sunrise:* 6:34AM
Muruqa: Clear *Sunset:* 4:58PM
Nataraja: Red
Moon – Green
Margasira-Markali

Kathmandu, Nepal
Sun 8 Sutra 250
Khara 5113
Moon 12 - Phase 33
Navami

Sivaloka Day

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishṇa Yajur Veda, Svetu 1.15. UpR, 718

1	Tuesday, December 20, 2011	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Ahiganda* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau		Kathmandu, Nepal
	Kanya Rasi: 29.53 Tithi 25 – 26 869596155	Gulika 11:47AM – 1:05PM Yama 9:10AM – 10:29AM Rahu 2:23PM – 3:41PM	Chitra Until 5:38PM Sobhana Until 10:53AM Bava Until 12:11AM Wed Dasami Until 1:07PM	Ganesha: White <i>Sunrise:</i> 6:34AM Muruqa: Clear <i>Sunset:</i> 4:59PM Nataraja: Red Moon – Green Margasira*Markali
	Creative Work Siddha Yoga			Sun 9 Sutra 251 Khara 5113 Moon 12 - Phase 34 2nd Phase Sivaloka Day
2	Wednesday, December 21, 2011	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Visakha Nakshatra Ahiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau		Kathmandu, Nepal
	Tula Rasi: 14.21 Tithi 26 – 27 861596155	Gulika 10:29AM – 11:47AM Yama 7:53AM – 9:11AM Rahu 11:47AM – 1:05PM	Svati Until 3:03PM Athiganda* Until 7:21AM Kaulava Until 8:25PM Ekadasi* Until 10:07AM	Ganesha: White <i>Sunrise:</i> 6:35AM Muruqa: Clear <i>Sunset:</i> 4:59PM Nataraja: Red Moon – Green Margasira*Markali
	Creative Work Siddha Yoga	Day 1 of Pancha Ganapati		Sun 10 Sutra 252 Khara 5113 Moon 12 - Phase 34 2nd Phase Sivaloka Day
3	Thursday, December 22, 2011	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Visakha/Anuradha Nakshatra Dhriti Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau		Kathmandu, Nepal
	Tula Rasi: 28.55 Tithi 27 – 28 871596155	Gulika 9:11AM – 10:30AM Yama 6:35AM – 7:53AM Rahu 1:06PM – 2:24PM	Visakha Until 1:04PM Dhriti Until 11:58PM Gara Until 4:02AM Fri Dvadasi* Until 7:28AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Yellow <i>Sunrise:</i> 6:35AM Muruqa: Clear <i>Sunset:</i> 5:00PM Nataraja: Red Moon – Orange Margasira*Markali
	Creative Work Siddha Yoga	Day 2 of Pancha Ganapati		Sun 11 Sutra 253 Khara 5113 Moon 12 - Phase 34 2nd Phase Devaloka Day
4	Friday, December 23, 2011	Khara Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Kathmandu, Nepal
	Vrischika Rasi: 13.3 Tithi 29 871596155	Gulika 7:54AM – 9:12AM Yama 2:24PM – 3:42PM Rahu 10:30AM – 11:48AM	Anuradha Until 11:04AM Shula* Until 8:34PM Visti Until 3:45PM Chaturdasi* Until 2:50AM Sat	Ganesha: Yellow <i>Sunrise:</i> 6:36AM Muruqa: Clear <i>Sunset:</i> 5:00PM Nataraja: Red Moon – Orange Margasira*Markali
	Creative Work Siddha Yoga Until 11:04AM then Prabalarishta Yoga Until 12:30AM Sat then Siddha Yoga	Day 3 of Pancha Ganapati		Sun 12 Sutra 254 Khara 5113 Moon 12 - Phase 34 2nd Phase Devaloka Day
	Saturday, December 24, 2011	Khara Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Kathmandu, Nepal
	Retreat Star Vrischika Rasi: 28.01 Tithi 30 871596155	Gulika 6:36AM – 7:54AM Yama 1:07PM – 2:25PM Rahu 9:12AM – 10:31AM	Jyeshtha* Until 9:24AM Ganda* Until 6:01PM Catuspada Until 1:00PM Amavasya* Until 12:05AM Sun	Ganesha: Yellow <i>Sunrise:</i> 6:36AM Muruqa: Clear <i>Sunset:</i> 5:01PM Nataraja: Red Moon – Orange Margasira*Markali
	Creative Work Siddha Yoga Until 12:31AM Sun then Amrita Yoga	Day 4 of Pancha Ganapati		Sun 13 Sutra 255 Khara 5113 Moon 12 - Phase 34 Amavasya Devaloka Day
Sunday, December 25, 2011	Retreat Star	Khara Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vridhi/Dhruva Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Kathmandu, Nepal
	Dhanus Rasi: 12.2 Tithi 1 881596155	Gulika 2:25PM – 3:43PM Yama 11:49AM – 1:07PM Rahu 3:43PM – 5:01PM	Mula* Until 7:43AM Vridhi Until 2:49PM Kintughna Until 10:36AM Prathama* Until 9:41PM	Ganesha: Red <i>Sunrise:</i> 6:37AM Muruqa: Clear <i>Sunset:</i> 5:01PM Nataraja: Red Moon – Light Blue Pausha*Markali
	Creative Work Amrita Yoga Until 7:43AM then Siddha Yoga Until 12:31AM Mon then Marana Yoga	Day 5 of Pancha Ganapati		Sun 14 Sutra 256 Khara 5113 Moon 12 - Phase 34 Prathama Devaloka Day

The soul is born and unfolds in a body with dreams and desires and the food of life. And then it is reborn in new bodies in accordance with its former works. The quality of the soul determines its future body; earthy or airy, heavy or light. Krishna Yajur Veda, Svetu 5.11–12. UpM, 94

1	Monday, December 26, 2011	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Kathmandu, Nepal
	Dhanus Rasi: 26.23 Tithi 2 Family Home Evening 891596155 Routine Work Marana Yoga Until 12.32AM Tue then Prabalarishta Yoga	Gulika 1:08PM – 2:26PM Yama 10:32AM – 11:50AM Rahu 7:55AM – 9:13AM	Purvashadha* Until 6:29AM Dhruva Until 12:02PM Balava Until 8:42AM Dvitiya Until 7:47PM	Ganesha: Red <i>Sunrise:</i> 6:37AM Muruqa: Clear <i>Sunset:</i> 5:02PM Nataraja: Red Moon – Light Blue Pausha-Markali


2	Tuesday, December 27, 2011	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Tritiya Yam Titau		Kathmandu, Nepal
	Makara Rasi: 10.05 Tithi 3 Creative Work Siddha Yoga Until 6:28AM Wed then Prabalarishta Yoga	Gulika 11:50AM – 1:08PM Yama 9:14AM – 10:32AM Rahu 2:26PM – 3:45PM	Sravana Until 6:28AM Wed Vyaghata* Until 10:06AM Taitila Until 7:34AM Tritiya Until 7:34PM	Ganesha: Yellow <i>Sunrise:</i> 6:38AM Muruqa: Clear <i>Sunset:</i> 5:03PM Nataraja: Yellow Moon – Purple Pausha-Markali

3	Wednesday, December 28, 2011	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Kathmandu, Nepal
	Makara Rasi: 23.25 Tithi 4 Routine Work Prabalarishta Yoga Until 12.33AM Thu then Siddha Yoga Until 6:35AM Thu then Marana Yoga	Gulika 10:32AM – 11:51AM Yama 7:56AM – 9:14AM Rahu 11:51AM – 1:09PM	Dhanishtha Until 6:35AM Thu Harshana Until 8:22AM Vanija Until 6:57AM Chaturthi* Until 6:57PM	Ganesha: Yellow <i>Sunrise:</i> 6:38AM Muruqa: Clear <i>Sunset:</i> 5:03PM Nataraja: Yellow Moon – Purple Pausha-Markali

4	Thursday, December 29, 2011	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchami Yam Titau		Kathmandu, Nepal
	Kumbha Rasi: 6.21 Tithi 5 Creative Work Siddha Yoga Until 6:35AM then Marana Yoga Until 12.33AM Fri then Siddha Yoga	Gulika 9:15AM – 10:33AM Yama 6:38AM – 7:57AM Rahu 1:09PM – 2:27PM	Dhanishtha Until 6:35AM Vajra* Until 7:17AM Bava Until 7:06AM Panchami Until 7:06PM	Ganesha: Yellow <i>Sunrise:</i> 6:38AM Muruqa: Clear <i>Sunset:</i> 5:04PM Nataraja: Yellow Moon – Purple Pausha-Markali

5	Friday, December 30, 2011	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Shasthi* Yam Titau		Kathmandu, Nepal
	Kumbha Rasi: 18.57 Tithi 6 Creative Work Siddha Yoga	Gulika 7:57AM – 9:15AM Yama 2:28PM – 3:46PM Rahu 10:33AM – 11:52AM	Satabhisha Until 8:06AM Siddhi Until 6:51AM Kaulava Until 8:07AM Shasthi* Until 9:13PM	Ganesha: Yellow <i>Sunrise:</i> 6:39AM Muruqa: Clear <i>Sunset:</i> 5:05PM Nataraja: Yellow Moon – Purple Pausha-Markali

6	Saturday, December 31, 2011	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Saptami Yam Titau		Kathmandu, Nepal
	Meena Rasi: 1.15 Tithi 7 Creative Work Siddha Yoga Until 12.35AM Sun then Amrita Yoga	Gulika 6:39AM – 7:57AM Yama 1:10PM – 2:29PM Rahu 9:16AM – 10:34AM	Purvaprostapada* Until 10:10AM Vyatipata* Until 6:53AM Gara Until 9:41AM Saptami Until 10:47PM	Ganesha: Blue <i>Sunrise:</i> 6:39AM Muruqa: Clear <i>Sunset:</i> 5:05PM Nataraja: Yellow Moon – Clear Pausha-Markali

	Sunday, January 1, 2012	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ashtami* Yam Titau		Kathmandu, Nepal
	Meena Rasi: 13.19 Tithi 8 Creative Work Amrita Yoga Until 12.35AM Mon then Siddha Yoga	Gulika 2:30PM – 3:48PM Yama 11:53AM – 1:11PM Rahu 3:48PM – 5:07PM	Uttaraprostapada Until 12:42PM Variyan Until 7:20AM Visti Until 11:46AM Ashtami* Until 12:51AM Mon	Ganesha: Blue <i>Sunrise:</i> 6:40AM Muruqa: Clear <i>Sunset:</i> 5:07PM Nataraja: Yellow Moon – Clear Pausha-Markali

Monday, January 2, 2012	Retreat Star	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Asvini Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navami* Yam Titau		Kathmandu, Nepal
	Meena Rasi: 25.14 Tithi 9 Family Home Evening 812696156 Creative Work Siddha Yoga	Gulika 1:12PM – 2:30PM Yama 10:35AM – 11:54AM Rahu 7:58AM – 9:17AM	Revati Until 3:32PM Parigha* Until 8:04AM Balava Until 2:10PM Navami* Until 3:15AM Tue	Ganesha: Yellow <i>Sunrise:</i> 6:40AM Muruqa: Clear <i>Sunset:</i> 5:07PM Nataraja: Yellow Moon – Clear Pausha-Markali

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, 'Fear not.' Tirumurai 11. KD, 224

1	Tuesday, January 3, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dasami Yam Titau	Kathmandu, Nepal
	Mesha Rasi: 7.05 Tithi 10 822696156	Gulika 11:54AM – 1:12PM Yama 9:17AM – 10:35AM Rahu 2:31PM – 3:49PM	Sun 23 Sutra 265 Khara 5113 Moon 12 - Phase 36 4th Phase
	Creative Work Siddha Yoga Until 12.36AM Wed then Marana Yoga	Asvini Until 6:31PM Shiva Until 8:56AM Taitila Until 4:44PM Dasami Until 6:12AM Wed	Ganesha: White <i>Sunrise:</i> 6:40AM Muruqa: Clear <i>Sunset:</i> 5:08PM Nataraja: Yellow Moon – White Pausha-Markali
			Sivaloka Day

2	Wednesday, January 4, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Kathmandu, Nepal
	Mesha Rasi: 18.55 Tithi 10 – 11 822696156	Gulika 10:36AM – 11:54AM Yama 7:59AM – 9:17AM Rahu 11:54AM – 1:13PM	Sun 24 Sutra 266 Khara 5113 Moon 12 - Phase 36 4th Phase
	Routine Work Marana Yoga Until 9:29PM then Amrita Yoga Until 12.37AM Thu then Marana Yoga	Bharani Until 9:29PM Siddha Until 9:48AM Vanija Until 7:18PM Dasami Until 6:12AM	Ganesha: White <i>Sunrise:</i> 6:40AM Muruqa: Clear <i>Sunset:</i> 5:09PM Nataraja: Yellow Moon – White Pausha-Markali
		Vaikuntha Ekadasi	Sivaloka Day

3	Thursday, January 5, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadasi/Dvadasi Yam Titau	Kathmandu, Nepal
	Mrishabha Rasi: 0.5 Tithi 11 – 12 822696156	Gulika 9:18AM – 10:36AM Yama 6:40AM – 7:59AM Rahu 1:14PM – 2:32PM	Sun 25 Sutra 267 Khara 5113 Moon 12 - Phase 36 4th Phase
	Routine Work Marana Yoga	Krittika Until 12:19AM Fri Sadhya Until 10:32AM Bava Until 9:41PM Ekadasi Until 8:36AM	Ganesha: White <i>Sunrise:</i> 6:40AM Muruqa: Clear <i>Sunset:</i> 5:09PM Nataraja: Yellow Moon – White Pausha-Markali
		Subramuniyaswami Jayanti	Sivaloka Day

4	Friday, January 6, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Kathmandu, Nepal
	Mrishabha Rasi: 12.55 Tithi 12 – 13 832696156	Gulika 7:59AM – 9:18AM Yama 2:33PM – 3:51PM Rahu 10:37AM – 11:55AM	Sun 26 Sutra 268 Khara 5113 Moon 12 - Phase 36 4th Phase
	Routine Work Marana Yoga Until 12.37AM Sat then Amrita Yoga Until 2:50AM Sat then Siddha Yoga	Rohini Until 2:50AM Sat Subha Until 10:58AM Kaulava Until 11:45PM Dvadasi Until 10:40AM	Ganesha: Clear <i>Sunrise:</i> 6:41AM Muruqa: Clear <i>Sunset:</i> 5:10PM Nataraja: Yellow Moon – Yellow Pausha-Markali
		<i>Pradosha Vrata</i>	Devaloka Day

5	Saturday, January 7, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi Yam Titau	Kathmandu, Nepal
	Mrishabha Rasi: 25.13 Tithi 13 – 14 832696156	Gulika 6:41AM – 7:59AM Yama 1:15PM – 2:33PM Rahu 9:18AM – 10:37AM	Sun 27 Sutra 269 Khara 5113 Moon 12 - Phase 36 4th Phase
	Creative Work Siddha Yoga	Mrigasira Until 3:09AM Sun Sukla Until 10:40AM Gara Until 11:44PM Trayodasi Until 11:44AM	Ganesha: Clear <i>Sunrise:</i> 6:41AM Muruqa: Clear <i>Sunset:</i> 5:11PM Nataraja: Yellow Moon – Yellow Pausha-Markali
			Devaloka Day

○	Sunday, January 8, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Kathmandu, Nepal
	Copper Retreat Star Mithuna Rasi: 7.45 Tithi 14 – 15 832696156	Gulika 2:34PM – 3:53PM Yama 11:56AM – 1:15PM Rahu 3:53PM – 5:12PM	Sutra 270 Khara 5113 Moon 12 - Phase 36 Purnima
	Creative Work Siddha Yoga Until 4:36AM Mon then Amrita Yoga	Ardra Until 4:36AM Mon Brahma Until 10:16AM Visti Until 12:41AM Mon Chaturdasi* Until 12:41PM	Ganesha: Clear <i>Sunrise:</i> 6:41AM Muruqa: Clear <i>Sunset:</i> 5:12PM Nataraja: Yellow Moon – Yellow Pausha-Markali
		Tiruvembavai	Devaloka Day

○	Monday, January 9, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhrili* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Kathmandu, Nepal
	Silver Retreat Star Mithuna Rasi: 20.35 Tithi 15 – 16 842696156	Gulika 1:16PM – 2:34PM Yama 10:38AM – 11:57AM Rahu 8:00AM – 9:19AM	Sutra 271 Khara 5113 Moon 12 - Phase 36 Prathama
	Family Home Evening Creative Work Amrita Yoga Until 12.39AM Tue then Siddha Yoga	Punarvasu Until 5:32AM Tue Indra Until 9:22AM Balava Until 1:03AM Tue Purnima* Until 1:03PM	Ganesha: Purple <i>Sunrise:</i> 6:41AM Muruqa: Clear <i>Sunset:</i> 5:12PM Nataraja: Yellow Moon – Blue Pausha-Markali
			Sivaloka Day

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2. UpH,262



Tuesday, January 10, 2012
Gold Retreat Star

Kataka Rasi: 3.43 Tithi 16 – 17
842696156

Creative Work Siddha Yoga

Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Gulika 11:57AM – 1:16PM **Pushya Until 5:56AM Wed**
Yama 9:19AM – 10:38AM **Vaidhriti* Until 7:59AM**
Rahu 2:35PM – 3:54PM **Taitila Until 12:51AM Wed**
Prathama* Until 12:51PM

Ganesha: Purple *Sunrise: 6:41AM*
Muruqa: Clear *Sunset: 5:13PM*
Nataraja: Yellow
Moon – Blue
Pausha-Markali

Kathmandu, Nepal
Sutra 272
Khara 5113
Moon 13 - Phase 37
1st Phase

Sivaloka Day

1

Wednesday, January 11, 2012

Kataka Rasi: 17.05 Tithi 17 – 18
842696156

Creative Work Siddha Yoga
Until 4:08AM Thu then Amrita Yoga

Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Aslesha* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 10:38AM – 11:57AM **Aslesha* Until 4:08AM Thu**
Yama 8:00AM – 9:19AM **Vishkambha* Until 6:09AM**
Rahu 11:57AM – 1:17PM **Vanija Until 10:43PM**
Dvitiya Until 11:39AM

Ganesha: Purple *Sunrise: 6:41AM*
Muruqa: Clear *Sunset: 5:14PM*
Nataraja: Yellow
Moon – Blue
Pausha-Markali

Kathmandu, Nepal
Sun 1 Sutra 273
Khara 5113
Moon 13 - Phase 37
1st Phase

Sivaloka Day

2

Thursday, January 12, 2012

Simha Rasi: 0.43 Tithi 18 – 19
852696156

Creative Work Amrita Yoga
Until 12:40AM Fri then Marana Yoga
Until 3:39AM Fri then Siddha Yoga

Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 9:19AM – 10:39AM **Magha* Until 3:39AM Fri**
Yama 6:41AM – 8:00AM **Ayushman Until 1:24AM Fri**
Rahu 1:17PM – 2:36PM **Bava Until 9:38PM**
Tritiya Until 10:33AM

Ganesha: Clear *Sunrise: 6:41AM*
Muruqa: Clear *Sunset: 5:15PM*
Nataraja: Yellow
Moon – Red
Pausha-Markali

Kathmandu, Nepal
Sun 2 Sutra 274
Khara 5113
Moon 13 - Phase 37
1st Phase

Devaloka Day

3

Friday, January 13, 2012

Simha Rasi: 14.29 Tithi 19 – 20
852696156

Creative Work Siddha Yoga
Until 12:40AM Sat then Marana Yoga

Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 8:00AM – 9:20AM **Purvaphalguni* Until 2:52AM Sat**
Yama 2:37PM – 3:56PM **Saubhagya Until 11:02PM**
Rahu 10:39AM – 11:58AM **Kaulava Until 8:12PM**
Chaturthi* Until 9:08AM

Ganesha: Clear *Sunrise: 6:41AM*
Muruqa: Clear *Sunset: 5:15PM*
Nataraja: Yellow
Moon – Red
Pausha-Markali

Kathmandu, Nepal
Sun 3 Sutra 275
Khara 5113
Moon 13 - Phase 37
1st Phase

Devaloka Day

4

Saturday, January 14, 2012

Simha Rasi: 28.25 Tithi 20 – 21
853696156

Routine Work Marana Yoga
Until 12:41AM Sun then Amrita Yoga

Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 6:41AM – 8:00AM **Uttaraphalguni Until 1:52AM Sun**
Yama 1:18PM – 2:37PM **Sobhana Until 8:28PM**
Rahu 9:20AM – 10:39AM **Gara Until 6:33PM**
Panchami Until 7:28AM

Ganesha: Purple *Sunrise: 6:41AM*
Muruqa: Clear *Sunset: 5:16PM*
Nataraja: Yellow
Moon – Red
Pausha-Markali

Kathmandu, Nepal
Sun 4 Sutra 276
Khara 5113
Moon 13 - Phase 37
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

5

Sunday, January 15, 2012

Kanya Rasi: 12.25 Tithi 22
863696156

Creative Work Amrita Yoga
Until 12:41AM Mon then Siddha Yoga
Until 12:42AM Mon then Prabalarishta Yog:

Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptami Yam Titau

Gulika 2:38PM – 3:58PM **Hasta Until 12:42AM Mon**
Yama 11:59AM – 1:18PM **Athiganda* Until 5:46PM**
Rahu 3:58PM – 5:17PM **Visti Until 4:43PM**
Thai Pongal **Saptami Until 3:48AM Mon**

Ganesha: Clear *Sunrise: 6:41AM*
Muruqa: Clear *Sunset: 5:17PM*
Nataraja: Yellow
Moon – Green
Pausha-Thai

Kathmandu, Nepal
Sun 5 Sutra 277
Khara 5113
Moon 13 - Phase 37
1st Phase

Devaloka Day



Monday, January 16, 2012
Retreat Star

Kanya Rasi: 26.29 Tithi 23
Family Home Evening 863696156

Routine Work Prabalarishta Yoga
Until 11:27PM then Amrita Yoga
Until 12:41AM Tue then Siddha Yoga

Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 1:19PM – 2:39PM **Chitra Until 11:27PM**
Yama 10:40AM – 11:59AM **Sukarma Until 2:58PM**
Rahu 8:00AM – 9:20AM **Balava Until 2:47PM**
Ashtami* Until 1:51AM Tue

Ganesha: Clear *Sunrise: 6:41AM*
Muruqa: Clear *Sunset: 5:18PM*
Nataraja: Yellow
Moon – Green
Pausha-Thai

Kathmandu, Nepal
Sun 6 Sutra 278
Khara 5113
Moon 13 - Phase 37
Ashtami

Devaloka Day

Tuesday, January 17, 2012
Retreat Star

Tula Rasi: 11 Tithi 24
863696156

Creative Work Siddha Yoga
Until 10:07PM then Marana Yoga
Until 12:42AM Wed then Siddha Yoga

Khara Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navami* Yam Titau

Gulika 12:00PM – 1:19PM **Svati Until 10:07PM**
Yama 9:20AM – 10:40AM **Dhriti Until 12:05PM**
Rahu 2:39PM – 3:59PM **Taitila Until 12:46PM**
Navami* Until 11:51PM

Ganesha: Clear *Sunrise: 6:41AM*
Muruqa: Clear *Sunset: 5:19PM*
Nataraja: Yellow
Moon – Green
Pausha-Thai

Kathmandu, Nepal
Sun 7 Sutra 279
Khara 5113
Moon 13 - Phase 37
Navami


Devaloka Day

1	Wednesday, January 18, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Visakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dasami Yam Titau	Kathmandu, Nepal	
	Tula Rasi: 24.44 Tithi 25	Gulika 10:40AM – 12:00PM	Visakha Until 8:45PM	Sun 8 Sutra 280 Khara 5113
	873696156	Yama 8:00AM – 9:20AM	Shula* Until 9:11AM	Moon 13 - Phase 38
Creative Work Siddha Yoga	Rahu 12:00PM – 1:20PM	Vanija Until 10:43AM	Nataraja: Yellow	2nd Phase
		Dasami Until 9:47PM	Ganesha: White <i>Sunrise:</i> 6:40AM	
			Muruqa: Clear <i>Sunset:</i> 5:19PM	
			Pausha*Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM

2	Thursday, January 19, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ekadasi* Yam Titau	Kathmandu, Nepal	
	Virchika Rasi: 8.52 Tithi 26	Gulika 9:20AM – 10:40AM	Anuradha Until 7:23PM	Sun 9 Sutra 281 Khara 5113
	873696156	Yama 6:40AM – 8:00AM	Ganda* Until 6:16AM	Moon 13 - Phase 38
Creative Work Siddha Yoga	Rahu 1:20PM – 2:40PM	Bava Until 8:39AM	Nataraja: Yellow	2nd Phase
Until 12.42AM Fri then Prabalarishta Yoga		Ekadasi* Until 7:44PM	Ganesha: White <i>Sunrise:</i> 6:40AM	
			Muruqa: Clear <i>Sunset:</i> 5:20PM	
			Pausha*Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM

3	Friday, January 20, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Kaulava/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Kathmandu, Nepal	
	Virchika Rasi: 22.58 Tithi 27 – 28	Gulika 8:00AM – 9:20AM	Jyeshtha* Until 6:03PM	Sun 10 Sutra 282 Khara 5113
	873696156	Yama 2:41PM – 4:01PM	Dhruva Until 12:44AM Sat	Moon 13 - Phase 38
Routine Work Prabalarishta Yoga	Rahu 10:40AM – 12:01PM	Kaulava Until 6:39AM	Nataraja: Yellow	2nd Phase
Until 6:03PM then no yoga		Dvadasi* Until 5:43PM	Ganesha: White <i>Sunrise:</i> 6:40AM	
Until 12.43AM Sat then Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>	Muruqa: Clear <i>Sunset:</i> 5:21PM	
			Pausha*Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM

4	Saturday, January 21, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Kathmandu, Nepal	
	Dhanus Rasi: 7 Tithi 28 – 29	Gulika 6:40AM – 8:00AM	Mula* Until 4:51PM	Sun 11 Sutra 283 Khara 5113
	883696156	Yama 1:21PM – 2:41PM	Vyaghata* Until 10:00PM	Moon 13 - Phase 38
Creative Work Siddha Yoga	Rahu 9:20AM – 10:41AM	Visti Until 2:55AM Sun	Nataraja: Yellow	2nd Phase
Until 4:51PM then Marana Yoga		Trayodasi* Until 3:51PM	Ganesha: Green <i>Sunrise:</i> 6:40AM	
Until 12.43AM Sun then Siddha Yoga			Muruqa: Clear <i>Sunset:</i> 5:22PM	
			Pausha*Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM

	Sunday, January 22, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Kathmandu, Nepal	
	Retreat Star	Gulika 2:42PM – 4:02PM	Purvashadha* Until 3:53PM	Sun 12 Sutra 284 Khara 5113
	Dhanus Rasi: 20.54 Tithi 29 – 30	Yama 12:01PM – 1:21PM	Harshana Until 7:27PM	Moon 13 - Phase 38
883696156	Rahu 4:02PM – 5:23PM	Catuspada Until 1:17AM Mon	Nataraja: Yellow	Amavasya
Creative Work Siddha Yoga		Chaturdasi* Until 2:13PM	Ganesha: Green <i>Sunrise:</i> 6:39AM	
Until 3:53PM then Amrita Yoga			Muruqa: Clear <i>Sunset:</i> 5:23PM	
Until 12.43AM Mon then Marana Yoga			Pausha*Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM

Monday, January 23, 2012	Retreat Star	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha*/Sraavana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Kathmandu, Nepal	
	Makara Rasi: 4.37 Tithi 30 – 1	Gulika 1:22PM – 2:42PM	Uttarashadha Until 3:56PM	Sun 13 Sutra 285 Khara 5113
	Family Home Evening 883696156	Yama 10:41AM – 12:01PM	Vajra* Until 6:01PM	Moon 13 - Phase 38
Routine Work Marana Yoga	Rahu 8:00AM – 9:20AM	Kintughna Until 1:30AM Tue	Nataraja: Yellow	Prathama
Until 3:56PM then Amrita Yoga		Amavasya* Until 1:30PM	Ganesha: Green <i>Sunrise:</i> 6:39AM	
Until 12.43AM Tue then Siddha Yoga			Muruqa: Clear <i>Sunset:</i> 5:23PM	
			Magha*Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Inv. to Vinayaka. TM

1	Tuesday, January 24, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana/Dhanishtha Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Prathama*/Dviliya Yam Titau		Kathmandu, Nepal
	Makara Rasi: 18.05 Tithi 1 – 2 893696156	Gulika 12:02PM – 1:22PM Yama 9:20AM – 10:41AM Rahu 2:43PM – 4:04PM	Sravana Until 3:41PM Siddhi Until 4:03PM Balava Until 12:36AM Wed Prathama* Until 12:36PM	Sun 14 Sutra 286 Khara 5113 Moon 13 - Phase 39 3rd Phase
	Creative Work Siddha Yoga Until 3:41PM then Marana Yoga Until 12.44AM Wed then Prabalarishta Yog.		Ganesha: White Muruqa: Clear Nataraja: Yellow Moon – Purple Magha*Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM

2	Wednesday, January 25, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vyatiyata*/Variyan Yoga Kaulava/Tailita Karana Dviliya/Triliya Yam Titau		Kathmandu, Nepal
	Kumbha Rasi: 1.16 Tithi 2 – 3 993696156	Gulika 10:41AM – 12:02PM Yama 7:59AM – 9:20AM Rahu 12:02PM – 1:23PM	Dhanishtha Until 3:58PM Vyatiyata* Until 2:34PM Tailita Until 12:17AM Thu Dvitiya Until 12:17PM	Sun 15 Sutra 287 Khara 5113 Moon 13 - Phase 39 3rd Phase
	Routine Work Prabalarishta Yoga Until 3:58PM then Siddha Yoga Until 12.44AM Thu then Marana Yoga		Ganesha: Green Muruqa: Clear Nataraja: Yellow Moon – Purple Magha*Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM

3	Thursday, January 26, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Triliya/Chaturthi* Yam Titau		Kathmandu, Nepal
	Kumbha Rasi: 14.08 Tithi 3 – 4 993696156	Gulika 9:20AM – 10:41AM Yama 6:38AM – 7:59AM Rahu 1:23PM – 2:44PM	Satabhisha Until 4:49PM Variyan Until 1:36PM Vanija Until 12:33AM Fri Tritiya Until 12:33PM	Sun 16 Sutra 288 Khara 5113 Moon 13 - Phase 39 3rd Phase
	Routine Work Marana Yoga Until 4:49PM then Siddha Yoga		Ganesha: Green Muruqa: Clear Nataraja: Yellow Moon – Purple Magha*Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM

4	Friday, January 27, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Kathmandu, Nepal
	Kumbha Rasi: 26.43 Tithi 4 – 5 913796156	Gulika 7:59AM – 9:20AM Yama 2:44PM – 4:06PM Rahu 10:41AM – 12:02PM	Purvaprostapada* Until 7:13PM Parigha* Until 1:42PM Bava Until 3:12AM Sat Chaturthi* Until 2:07PM	Sun 17 Sutra 289 Khara 5113 Moon 13 - Phase 39 3rd Phase
	Creative Work Siddha Yoga		Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – Clear Magha*Thai	Sivaloka Day

5	Saturday, January 28, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Kathmandu, Nepal
	Meena Rasi: 9.02 Tithi 5 – 6 914796156	Gulika 6:37AM – 7:59AM Yama 1:24PM – 2:45PM Rahu 9:20AM – 10:41AM	Uttaraprostapada Until 9:17PM Shiva Until 1:44PM Kaulava Until 4:45AM Sun Panchami Until 3:40PM	Sun 18 Sutra 290 Khara 5113 Moon 13 - Phase 39 3rd Phase
	Creative Work Siddha Yoga Until 9:17PM then Prabalarishta Yoga Until 12.44AM Sun then Amrita Yoga		Ganesha: Red Muruqa: Clear Nataraja: Yellow Moon – Clear Magha*Thai	Devaloka Day

6	Sunday, January 29, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Tailita/Gara Karana Shasthi*/Saptami Yam Titau		Kathmandu, Nepal
	Meena Rasi: 21.07 Tithi 6 – 7 914796156	Gulika 2:45PM – 4:07PM Yama 12:03PM – 1:24PM Rahu 4:07PM – 5:28PM	Revati Until 11:47PM Siddha Until 2:10PM Gara Until 6:47AM Mon Shasthi* Until 5:42PM	Sun 19 Sutra 291 Khara 5113 Moon 13 - Phase 39 3rd Phase
	Creative Work Amrita Yoga Until 11:47PM then Siddha Yoga		Ganesha: Red Muruqa: Clear Nataraja: Yellow Moon – Clear Magha*Thai	Devaloka Day

Monday, January 30, 2012	Retreat Star	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Asvini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptami Yam Titau		Kathmandu, Nepal
	Mesha Rasi: 3.02 Tithi 7 924796156	Gulika 1:24PM – 2:46PM Yama 10:41AM – 12:03PM Rahu 7:58AM – 9:20AM	Asvini Until 2:37AM Tue Sadhya Until 2:54PM Gara Until 7:00AM Saptami Until 8:06PM	Sun 20 Sutra 292 Khara 5113 Moon 13 - Phase 39 3rd Phase
	Family Home Evening Creative Work Siddha Yoga		Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – White Magha*Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM

Tuesday, January 31, 2012	Retreat Star	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtami* Yam Titau		Kathmandu, Nepal
	Mesha Rasi: 14.52 Tithi 8 924796156	Gulika 12:03PM – 1:25PM Yama 9:19AM – 10:41AM Rahu 2:46PM – 4:08PM	Bharani Until 5:37AM Wed Subha Until 3:48PM Visti Until 9:35AM Ashtami* Until 10:41PM	Sun 21 Sutra 293 Khara 5113 Moon 13 - Phase 39 Ashtami
	Creative Work Siddha Yoga Until 12.45AM Wed then Marana Yoga Until 5:37AM Wed then Amrita Yoga		Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – White Magha*Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM

Wednesday, February 1, 2012	Retreat Star	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navami* Yam Titau		Kathmandu, Nepal
	Mesha Rasi: 26.41 Tithi 9 924796156	Gulika 10:41AM – 12:03PM Yama 7:58AM – 9:19AM Rahu 12:03PM – 1:25PM	Krittika Until 8:48AM Thu Sukla Until 4:42PM Balava Until 12:11PM Navami* Until 1:16AM Thu	Sun 22 Sutra 294 Khara 5113 Moon 13 - Phase 39 Navami
	Creative Work Amrita Yoga Until 12.45AM Thu then Marana Yoga		Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – White Magha*Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

1	Thursday, February 2, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dasami Yam Titau	Kathmandu, Nepal
	924796156		Sun 23 Sutra 295 Khara 5113
9	Tithi 10	Gulika 9:19AM – 10:41AM Yama 6:35AM – 7:57AM Rahu 1:25PM – 2:47PM	Krittika Until 8:48AM Brahma Until 5:27PM Taitila Until 2:35PM Dasami Until 3:40AM Fri
924796156		Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – White Magha-Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Routine Work	Marana Yoga		Moon 13 - Phase 40 4th Phase

2	Friday, February 3, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigasira Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Kathmandu, Nepal
	934797156		Sun 24 Sutra 296 Khara 5113
20.41	Tithi 11	Gulika 7:57AM – 9:19AM Yama 2:47PM – 4:09PM Rahu 10:41AM – 12:03PM	Rohini Until 11:17AM Indra Until 5:52PM Vanija Until 4:36PM Ekadasi Until 5:41AM Sat
934797156		Ganesha: Yellow Muruqa: White Nataraja: Yellow Moon – Yellow Magha-Thai	Sivaloka Day
Routine Work	Marana Yoga		Moon 13 - Phase 40 4th Phase
Until 11:17AM then Siddha Yoga			

3	Saturday, February 4, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau	Kathmandu, Nepal
	934797157		Sun 25 Sutra 297 Khara 5113
3.02	Tithi 12	Gulika 6:34AM – 7:57AM Yama 1:26PM – 2:48PM Rahu 9:19AM – 10:41AM	Mrigasira Until 12:41PM Vaidhriti* Until 4:58PM Bava Until 5:02PM Dvadasi Until 5:02AM Sun
934797157		Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Magha-Thai	Subha Sivaloka Day
Creative Work	Siddha Yoga		Moon 13 - Phase 40 4th Phase

4	Sunday, February 5, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Kathmandu, Nepal
	934797157		Sun 26 Sutra 298 Khara 5113
15.44	Tithi 13	Gulika 2:48PM – 4:11PM Yama 12:03PM – 1:26PM Rahu 4:11PM – 5:33PM	Ardra Until 1:54PM Vishkambha* Until 4:20PM Kaulava Until 5:42PM Trayodasi Until 5:42AM Mon <i>Pradosha Vrata</i>
934797157		Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Magha-Thai	Subha Sivaloka Day
Creative Work	Siddha Yoga		Moon 13 - Phase 40 4th Phase
Until 12:45AM Mon then Amrita Yoga			

5	Monday, February 6, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Kathmandu, Nepal
	944797157		Sun 27 Sutra 299 Khara 5113
28.47	Tithi 14	Gulika 1:26PM – 2:49PM Yama 10:41AM – 12:03PM Rahu 7:56AM – 9:18AM	Punarvasu Until 2:24PM Priti Until 3:05PM Gara Until 5:37PM Chaturdasi* Until 5:37AM Tue
944797157		Ganesha: White Muruqa: White Nataraja: White Moon – Blue Magha-Thai	Sivaloka Day
Family Home Evening		Thai Pusam	
Creative Work	Amrita Yoga		Moon 13 - Phase 40 4th Phase
Until 2:24PM then Siddha Yoga			

○	Tuesday, February 7, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Aslesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnima* Yam Titau	Kathmandu, Nepal
	944797157		Sutra 300 Khara 5113
12.13	Tithi 15	Gulika 12:04PM – 1:26PM Yama 9:18AM – 10:41AM Rahu 2:49PM – 4:12PM	Pushya Until 1:38PM Ayushman Until 12:41PM Visti Until 3:57PM Purnima* Until 3:02AM Wed
944797157		Ganesha: White Muruqa: White Nataraja: White Moon – Blue Magha-Thai	Sivaloka Day
Creative Work	Siddha Yoga		Moon 13 - Phase 40 Purnima

○	Wednesday, February 8, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Aslesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathama* Yam Titau	Kathmandu, Nepal
	944797157		Sutra 301 Khara 5113
26	Tithi 16	Gulika 10:41AM – 12:04PM Yama 7:55AM – 9:18AM Rahu 12:04PM – 1:26PM	Aslesha* Until 12:51PM Saubhagya Until 10:21AM Balava Until 2:31PM Prathama* Until 1:36AM Thu
944797157		Ganesha: White Muruqa: White Nataraja: White Moon – Blue Magha-Thai	Sivaloka Day
Creative Work	Siddha Yoga		Moon 13 - Phase 40 Prathama
Until 12:46AM Thu then Amrita Yoga			



Thursday, February 9, 2012
Gold Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dvitiya Yam Titau

Kathmandu, Nepal
Sutra 302
Khara 5113

Simha Rasi: 10.05 Tithi 17
954797167
Creative Work Amrita Yoga
Until 11:35AM then no yoga
Until 12.46AM Fri then Siddha Yoga

Gulika 9:17AM – 10:41AM **Magha* Until 11:35AM**
Yama 6:31AM – 7:54AM Sobhana Until 7:32AM
Rahu 1:27PM – 2:50PM Taitila Until 12:33PM
Dvitiya Until 11:38PM

Ganesha: Clear *Sunrise: 6:31AM*
Muruqa: Yellow *Sunset: 5:36PM*
Nataraja: Blue
Moon – Red
Magha*Thai

Devaloka Day

Moon 1 - Phase 41
1st Phase

1

Friday, February 10, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni*/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiya Yam Titau

Kathmandu, Nepal
Sun 1 Sutra 303
Khara 5113

Simha Rasi: 24.21 Tithi 18
955797267
Creative Work Siddha Yoga
Until 12.46AM Sat then Marana Yoga

Gulika 7:54AM – 9:17AM **Purvaphalguni* Until 9:58AM**
Yama 2:50PM – 4:13PM Sukarma Until 1:44AM Sat
Rahu 10:40AM – 12:04PM Vanija Until 10:14AM
Tritiya Until 9:18PM

Ganesha: White *Sunrise: 6:31AM*
Muruqa: White *Sunset: 5:37PM*
Nataraja: Yellow
Moon – Red
Magha*Thai

Subha Sivaloka Day

Moon 1 - Phase 41
1st Phase

2

Saturday, February 11, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthi* Yam Titau

Kathmandu, Nepal
Sun 2 Sutra 304
Khara 5113

Kanya Rasi: 8.44 Tithi 19
955797267
Routine Work Marana Yoga
Until 12.46AM Sun then Amrita Yoga

Gulika 6:30AM – 7:53AM **Uttaraphalguni Until 8:11AM**
Yama 1:27PM – 2:51PM Dhriti Until 10:27PM
Rahu 9:17AM – 10:40AM Bava Until 7:42AM
Chaturthi* Until 6:47PM

Ganesha: White *Sunrise: 6:30AM*
Muruqa: White *Sunset: 5:37PM*
Nataraja: Yellow
Moon – Red
Magha*Thai

Subha Sivaloka Day

Moon 1 - Phase 41
1st Phase

3

Sunday, February 12, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Shula* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Kathmandu, Nepal
Sun 3 Sutra 305
Khara 5113

Kanya Rasi: 23.07 Tithi 20 – 21
965797267
Creative Work Amrita Yoga
Until 6:23AM then Siddha Yoga
Until 12.46AM Mon then Prabalarishta Yog:

Gulika 2:51PM – 4:15PM **Hasta Until 6:23AM**
Yama 12:04PM – 1:27PM Shula* Until 7:09PM
Rahu 4:15PM – 5:38PM Gara Until 3:20AM Mon
Panchami Until 4:15PM

Ganesha: Clear *Sunrise: 6:29AM*
Muruqa: White *Sunset: 5:38PM*
Nataraja: Yellow
Moon – Green
Magha*Thai

Sivaloka Day

Moon 1 - Phase 41
1st Phase

4

Monday, February 13, 2012

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Kathmandu, Nepal
Sun 4 Sutra 306
Khara 5113

Tula Rasi: 7.26 Tithi 21 – 22
Family Home Evening 965797267
Creative Work Amrita Yoga
Until 12.46AM Tue then Siddha Yoga
Until 3:33AM Tue then Marana Yoga

Gulika 1:27PM – 2:51PM **Svati Until 3:33AM Tue**
Yama 10:40AM – 12:04PM Ganda* Until 3:58PM
Rahu 7:52AM – 9:16AM Visti Until 12:55AM Tue
Shasthi* Until 1:51PM

Ganesha: Clear *Sunrise: 6:28AM*
Muruqa: White *Sunset: 5:39PM*
Nataraja: Yellow
Moon – Green
Magha*Mas

Sivaloka Day

Moon 1 - Phase 41
1st Phase



Tuesday, February 14, 2012
Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Visakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Kathmandu, Nepal
Sun 5 Sutra 307
Khara 5113

Tula Rasi: 21.38 Tithi 22 – 23
975797267
Routine Work Marana Yoga
Until 12.46AM Wed then Siddha Yoga

Gulika 12:04PM – 1:28PM **Visakha Until 2:04AM Wed**
Yama 9:16AM – 10:40AM Vridhhi Until 12:58PM
Rahu 2:52PM – 4:16PM Balava Until 10:44PM
Saptami Until 11:39AM

Ganesha: Purple *Sunrise: 6:28AM*
Muruqa: White *Sunset: 5:40PM*
Nataraja: Yellow
Moon – Orange
Magha*Mas

Subha Sivaloka Day

Moon 1 - Phase 41
Ashtami

Wednesday, February 15, 2012
Retreat Star

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Dhruva/Nyaghata* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Kathmandu, Nepal
Sun 6 Sutra 308
Khara 5113

Vrischika Rasi: 5.41 Tithi 23 – 24
975797267
Creative Work Siddha Yoga

Gulika 10:39AM – 12:04PM **Anuradha Until 12:50AM Thu**
Yama 7:51AM – 9:15AM Dhruva Until 10:12AM
Rahu 12:04PM – 1:28PM Taitila Until 8:49PM
Ashtami* Until 9:44AM

Ganesha: Purple *Sunrise: 6:27AM*
Muruqa: White *Sunset: 5:40PM*
Nataraja: Yellow
Moon – Orange
Magha*Mas

Subha Sivaloka Day

Moon 1 - Phase 41
Navami


1	Thursday, February 16, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau		Kathmandu, Nepal
	Wrischika Rasi: 19.35 Tithi 24 – 25 975797267	Gulika 9:15AM – 10:39AM Yama 6:26AM – 7:51AM Rahu 1:28PM – 2:52PM	Jyeshtha* Until 11:52PM Vyaghata* Until 7:40AM Vanija Until 7:10PM Navami* Until 8:05AM	Sun 7 Sutra 309 Khara 5113 Moon 1 - Phase 42 2nd Phase
	Creative Work Siddha Yoga Until 12.46AM Fri then no yoga		Ganesha: Purple <i>Sunrise:</i> 6:26AM Muruqa: White <i>Sunset:</i> 5:41PM Nataraja: Yellow Moon – Orange Magha-Masi	Subha Sivaloka Day

2	Friday, February 17, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau		Kathmandu, Nepal
	Dhanus Rasi: 3.2 Tithi 25 – 26 985797267	Gulika 7:50AM – 9:14AM Yama 2:53PM – 4:17PM Rahu 10:39AM – 12:04PM	Mula* Until 11:09PM Vajra* Until 2:43AM Sat Bava Until 4:52AM Sat Dasami Until 6:43AM	Sun 8 Sutra 310 Khara 5113 Moon 1 - Phase 42 2nd Phase
	No Yoga Until 11:09PM then Siddha Yoga Until 12.45AM Sat then Marana Yoga		Ganesha: Clear <i>Sunrise:</i> 6:25AM Muruqa: White <i>Sunset:</i> 5:42PM Nataraja: Yellow Moon – Light Blue Magha-Masi	Sivaloka Day

3	Saturday, February 18, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitija Karana Dvadasi* Yam Titau		Kathmandu, Nepal
	Dhanus Rasi: 16.56 Tithi 27 985797267	Gulika 6:25AM – 7:49AM Yama 1:28PM – 2:53PM Rahu 9:14AM – 10:39AM	Purvashadha* Until 11:58PM Siddhi Until 2:00AM Sun Kaulava Until 5:35PM Dvadasi* Until 5:35AM Sun	Sun 9 Sutra 311 Khara 5113 Moon 1 - Phase 42 2nd Phase
	Routine Work Marana Yoga Until 11:58PM then no yoga Until 12.45AM Sun then Amrita Yoga		Ganesha: Clear <i>Sunrise:</i> 6:25AM Muruqa: White <i>Sunset:</i> 5:42PM Nataraja: Yellow Moon – Light Blue Magha-Masi	Sivaloka Day

4	Sunday, February 19, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Kathmandu, Nepal
	Makara Rasi: 0.23 Tithi 28 986797267	Gulika 2:53PM – 4:18PM Yama 12:03PM – 1:28PM Rahu 4:18PM – 5:43PM	Uttarashadha Until 11:44PM Vyatipata* Until 12:04AM Mon Gara Until 4:42PM Trayodasi* Until 4:42AM Mon <i>Pradosha Vrata (Fasting)</i>	Sun 10 Sutra 312 Khara 5113 Moon 1 - Phase 42 2nd Phase
	Creative Work Amrita Yoga		Ganesha: Purple <i>Sunrise:</i> 6:24AM Muruqa: White <i>Sunset:</i> 5:43PM Nataraja: Yellow Moon – Light Blue Magha-Masi	Devaloka Day

5	Monday, February 20, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Sravana Nakshatra Variyan Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Kathmandu, Nepal
	Makara Rasi: 13.41 Tithi 29 996797267	Gulika 1:28PM – 2:53PM Yama 10:38AM – 12:03PM Rahu 7:48AM – 9:13AM	Sravana Until 11:49PM Variyan Until 10:25PM Visti Until 4:08PM Chaturdasi* Until 4:08AM Tue	Sun 11 Sutra 313 Khara 5113 Moon 1 - Phase 42 2nd Phase
	Family Home Evening Creative Work Amrita Yoga Until 11:49PM then Siddha Yoga Until 12.45AM Tue then Marana Yoga	Mahasivaratri	Ganesha: Light Blue <i>Sunrise:</i> 6:23AM Muruqa: White <i>Sunset:</i> 5:44PM Nataraja: Yellow Moon – Purple Magha-Masi	Devaloka Day

	Tuesday, February 21, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Kathmandu, Nepal
	Makara Rasi: 26.47 Tithi 30 996897267	Gulika 12:03PM – 1:28PM Yama 9:13AM – 10:38AM Rahu 2:54PM – 4:19PM	Dhanishtha Until 12:15AM Wed Parigha* Until 9:05PM Catuspada Until 3:57PM Amavasya* Until 3:57AM Wed	Sun 12 Sutra 314 Khara 5113 Moon 1 - Phase 42 Amavasya
	Routine Work Marana Yoga Until 12.45AM Wed then Siddha Yoga		Ganesha: Orange <i>Sunrise:</i> 6:22AM Muruqa: White <i>Sunset:</i> 5:44PM Nataraja: Yellow Moon – Purple Magha-Masi	Sivaloka Day

Retreat Star	Wednesday, February 22, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Kathmandu, Nepal
	Kumbha Rasi: 9.41 Tithi 1 996897267	Gulika 10:38AM – 12:03PM Yama 7:47AM – 9:12AM Rahu 12:03PM – 1:29PM	Satabhisha Until 1:04AM Thu Shiva Until 8:06PM Kintughna Until 4:10PM Prathama* Until 4:10AM Thu	Sun 13 Sutra 315 Khara 5113 Moon 1 - Phase 42 Prathama
	Creative Work Siddha Yoga Until 12.45AM Thu then Marana Yoga Until 1:04AM Thu then Siddha Yoga		Ganesha: Orange <i>Sunrise:</i> 6:21AM Muruqa: White <i>Sunset:</i> 5:45PM Nataraja: Yellow Moon – Purple Phalgun-Masi	Sivaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishṇa Yajur Veda, Svetu 6.11. UpM, 95

1	Thursday, February 23, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Siddha Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Kathmandu, Nepal Sun 14 Sutra 316 Khara 5113
	Kumbha Rasi: 22.2 Tithi 2 916897267 Creative Work Siddha Yoga	Gulika 9:12AM – 10:37AM Yama 6:20AM – 7:46AM Rahu 1:29PM – 2:54PM	Purvaprostapada* Until 3:59AM Fri Siddha Until 8:34PM Balava Until 5:50PM Dvitiya Until 6:56AM Fri	Ganesha: Green <i>Sunrise:</i> 6:20AM Muruqa: White <i>Sunset:</i> 5:46PM Nataraja: Yellow Moon – Clear Phalguna-Masi
2	Friday, February 24, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Sadhya Yoga Tailila Karana Tritiya Yam Titau		Kathmandu, Nepal Sun 15 Sutra 317 Khara 5113
	Meena Rasi: 4.47 Tithi 3 916897267 Creative Work Siddha Yoga Until 5:46AM Sat then Prabalarishta Yoga	Gulika 7:45AM – 9:11AM Yama 2:55PM – 4:20PM Rahu 10:37AM – 12:03PM	Uttaraprostapada Until 5:46AM Sat Sadhya Until 8:21PM Tailila Until 7:05PM Tritiya Until 7:42AM Sat	Ganesha: Green <i>Sunrise:</i> 6:19AM Muruqa: White <i>Sunset:</i> 5:46PM Nataraja: Yellow Moon – Clear Phalguna-Masi
3	Saturday, February 25, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau		Kathmandu, Nepal Sun 16 Sutra 318 Khara 5113
	Meena Rasi: 17 Tithi 3 – 4 916897267 Routine Work Prabalarishta Yoga Until 12:45AM Sun then Amrita Yoga Until 7:56AM Sun then Siddha Yoga	Gulika 6:18AM – 7:44AM Yama 1:29PM – 2:55PM Rahu 9:10AM – 10:37AM	Revati Until 7:56AM Sun Subha Until 8:33PM Vanija Until 8:48PM Tritiya Until 7:42AM	Ganesha: Green <i>Sunrise:</i> 6:18AM Muruqa: White <i>Sunset:</i> 5:47PM Nataraja: Yellow Moon – Clear Phalguna-Masi
4	Sunday, February 26, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Asvini Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Kathmandu, Nepal Sun 17 Sutra 319 Khara 5113
	Meena Rasi: 29.02 Tithi 4 – 5 917897267 Creative Work Amrita Yoga Until 7:56AM then Siddha Yoga	Gulika 2:55PM – 4:21PM Yama 12:02PM – 1:29PM Rahu 4:21PM – 5:48PM	Revati Until 7:56AM Sukla Until 9:06PM Bava Until 10:56PM Chaturthi* Until 9:50AM	Ganesha: Orange <i>Sunrise:</i> 6:17AM Muruqa: White <i>Sunset:</i> 5:48PM Nataraja: Yellow Moon – Clear Phalguna-Masi
Subramuniyaswami Siva Vision Day				
5	Monday, February 27, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Kathmandu, Nepal Sun 18 Sutra 320 Khara 5113
	Mesha Rasi: 10.55 Tithi 5 – 6 927897267 Family Home Evening Creative Work Siddha Yoga	Gulika 1:29PM – 2:55PM Yama 10:36AM – 12:02PM Rahu 7:43AM – 9:09AM	Asvini Until 10:50AM Brahma Until 9:55PM Kaulava Until 1:22AM Tue Panchami Until 12:17PM	Ganesha: Green <i>Sunrise:</i> 6:16AM Muruqa: White <i>Sunset:</i> 5:48PM Nataraja: Yellow Moon – White Phalguna-Masi
6	Tuesday, February 28, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau		Kathmandu, Nepal Sun 19 Sutra 321 Khara 5113
	Mesha Rasi: 22.43 Tithi 6 – 7 927897267 Creative Work Siddha Yoga Until 12:44AM Wed then Amrita Yoga	Gulika 12:02PM – 1:29PM Yama 9:09AM – 10:35AM Rahu 2:55PM – 4:22PM	Bharani Until 1:53PM Indra Until 10:53PM Gara Until 3:59AM Wed Shasthi* Until 2:54PM	Ganesha: Green <i>Sunrise:</i> 6:15AM Muruqa: White <i>Sunset:</i> 5:49PM Nataraja: Yellow Moon – White Phalguna-Masi
Retreat Star	Wednesday, February 29, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Kathmandu, Nepal Sun 20 Sutra 322 Khara 5113
	Vrishabha Rasi: 4.31 Tithi 7 – 8 927897267 Creative Work Amrita Yoga Until 4:57PM then Siddha Yoga Until 12:44AM Thu then Marana Yoga	Gulika 10:35AM – 12:02PM Yama 7:41AM – 9:08AM Rahu 12:02PM – 1:29PM	Krittika Until 4:57PM Vaidhriti* Until 11:52PM Visti Until 6:37AM Thu Saptami Until 5:31PM	Ganesha: Green <i>Sunrise:</i> 6:14AM Muruqa: White <i>Sunset:</i> 5:49PM Nataraja: Yellow Moon – White Phalguna-Masi
Retreat Star	Thursday, March 1, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Vishkamba* Yoga Visti*/Bava Karana Ashtami* Yam Titau		Kathmandu, Nepal Sun 21 Sutra 323 Khara 5113
	Vrishabha Rasi: 16.24 Tithi 8 937897267 Routine Work Marana Yoga Until 12:44AM Fri then Siddha Yoga	Gulika 9:07AM – 10:34AM Yama 6:12AM – 7:40AM Rahu 1:29PM – 2:56PM	Rohini Until 7:51PM Vishkamba* Until 12:41AM Fri Visti Until 6:53AM Ashtami* Until 7:58PM	Ganesha: Red <i>Sunrise:</i> 6:12AM Muruqa: White <i>Sunset:</i> 5:51PM Nataraja: Yellow Moon – Yellow Phalguna-Masi
Retreat Star	Friday, March 2, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Priti Yoga Balava/Kaulava Karana Navami* Yam Titau		Kathmandu, Nepal Sun 22 Sutra 324 Khara 5113
	Vrishabha Rasi: 28.28 Tithi 9 937897267 Creative Work Siddha Yoga	Gulika 7:39AM – 9:06AM Yama 2:56PM – 4:24PM Rahu 10:34AM – 12:01PM	Mrigasira Until 10:24PM Priti Until 1:11AM Sat Balava Until 8:56AM Navami* Until 10:01PM	Ganesha: Red <i>Sunrise:</i> 6:11AM Muruqa: White <i>Sunset:</i> 5:51PM Nataraja: Yellow Moon – Yellow Phalguna-Masi

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

1	Saturday, March 3, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dasami Yam Titau				Kathmandu, Nepal Sun 23 Sutra 325 Khara 5113
	Mithuna Rasi: 10.48 Tithi 10 937897267	Gulika 6:10AM – 7:38AM Yama 1:29PM – 2:56PM Rahu 9:06AM – 10:33AM	Ardra Until 10:59PM Ayushman Until 11:48PM Taitila Until 10:01AM Dasami Until 10:01PM	Ganesha: Red <i>Sunrise:</i> 6:10AM Muruqa: White <i>Sunset:</i> 5:52PM Nataraja: Yellow Moon – Yellow Phalguna-Masi	Sivaloka Day	Moon 1 - Phase 44 4th Phase
2	Sunday, March 4, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visiti* Karana Ekadasi Yam Titau				Kathmandu, Nepal Sun 24 Sutra 326 Khara 5113
	Mithuna Rasi: 23.3 Tithi 11 948897267	Gulika 2:57PM – 4:25PM Yama 12:01PM – 1:29PM Rahu 4:25PM – 5:52PM	Punarvasu Until 12:09AM Mon Saubhagya Until 11:10PM Vanija Until 10:38AM Ekadasi Until 10:38PM	Ganesha: Blue <i>Sunrise:</i> 6:09AM Muruqa: White <i>Sunset:</i> 5:52PM Nataraja: Yellow Moon – Blue Phalguna-Masi	Devaloka Day	Moon 1 - Phase 44 4th Phase
3	Monday, March 5, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadasi Yam Titau				Kathmandu, Nepal Sun 25 Sutra 327 Khara 5113
	Kataka Rasi: 6.38 Tithi 12 Family Home Evening 148817267 Creative Work Siddha Yoga	Gulika 1:29PM – 2:57PM Yama 10:33AM – 12:01PM Rahu 7:36AM – 9:05AM	Pushya Until 11:13PM Sobhana Until 8:45PM Bava Until 10:03AM Dvadasi Until 9:07PM	Ganesha: Green <i>Sunrise:</i> 6:08AM Muruqa: White <i>Sunset:</i> 5:53PM Nataraja: Yellow Moon – Blue Phalguna-Masi	Devaloka Day	Moon 1 - Phase 44 4th Phase
4	Tuesday, March 6, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Kathmandu, Nepal Sun 26 Sutra 328 Khara 5113
	Kataka Rasi: 20.12 Tithi 13 148817267 Creative Work Siddha Yoga	Gulika 12:00PM – 1:29PM Yama 9:04AM – 10:32AM Rahu 2:57PM – 4:25PM	Aslesha* Until 10:48PM Athiganda* Until 6:46PM Kaulava Until 8:59AM Trayodasi Until 8:04PM <i>Pradosha Vrata</i>	Ganesha: Green <i>Sunrise:</i> 6:07AM Muruqa: White <i>Sunset:</i> 5:54PM Nataraja: Yellow Moon – Blue Phalguna-Masi	Devaloka Day	Moon 1 - Phase 44 4th Phase
5	Wednesday, March 7, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Visiti* Karana Chaturdasi*/Purnima* Yam Titau				Kathmandu, Nepal Sun 27 Sutra 329 Khara 5113
	Simha Rasi: 4.13 Tithi 14 – 15 158817267 Creative Work Siddha Yoga Until 9:37PM then Amrita Yoga Until 12:42AM Thu then no yoga	Gulika 10:32AM – 12:00PM Yama 7:35AM – 9:03AM Rahu 12:00PM – 1:29PM	Magha* Until 9:37PM Sukarma Until 4:04PM Gara Until 7:07AM Chaturdasi* Until 6:11PM	Ganesha: Red <i>Sunrise:</i> 6:06AM Muruqa: White <i>Sunset:</i> 5:54PM Nataraja: Yellow Moon – Red Phalguna-Masi	Sivaloka Day	Moon 1 - Phase 44 4th Phase
○	Thursday, March 8, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Kathmandu, Nepal Sutra 330 Khara 5113
	Simha Rasi: 18.37 Tithi 15 – 16 158817267 No Yoga Until 6:53PM then Prabalarishta Yoga Until 12:42AM Fri then Siddha Yoga	Gulika 9:03AM – 10:31AM Yama 6:05AM – 7:34AM Rahu 1:29PM – 2:57PM	Purvaphalguni* Until 6:53PM Dhriti Until 12:21PM Balava Until 1:13AM Fri Purnima* Until 2:56PM	Ganesha: Red <i>Sunrise:</i> 6:05AM Muruqa: White <i>Sunset:</i> 5:55PM Nataraja: Yellow Moon – Red Phalguna-Masi	Sivaloka Day	Moon 1 - Phase 44 Purnima
○	Friday, March 9, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau				Kathmandu, Nepal Sutra 331 Khara 5113
	Kanya Rasi: 3.17 Tithi 16 – 17 158817267 Creative Work Siddha Yoga Until 4:45PM then Amrita Yoga Until 12:42AM Sat then Marana Yoga	Gulika 7:33AM – 9:02AM Yama 2:57PM – 4:26PM Rahu 10:31AM – 12:00PM	Uttaraphalguni Until 4:45PM Shula* Until 8:51AM Taitila Until 10:21PM Prathama* Until 12:04PM	Ganesha: Red <i>Sunrise:</i> 6:04AM Muruqa: White <i>Sunset:</i> 5:55PM Nataraja: Yellow Moon – Red Phalguna-Masi	Sivaloka Day	Moon 1 - Phase 44 Prathama

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Kṛishṇa Yajur Veda, Maitu 5.2. bo UpH, 423



Saturday, March 10, 2012
Gold Retreat Star

Kanya Rasi: 18.06 Tithi 17 - 18
169817267
Routine Work Marana Yoga
Until 12.41AM Sun then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 6:03AM - 7:32AM
Yama 1:29PM - 2:58PM
Rahu 9:01AM - 10:30AM

Hasta Until 2:23PM
Vriddhi Until 1:07AM Sun
Vanija Until 7:14PM
Dvitiya Until 8:57AM

Ganesha: Blue *Sunrise:* 6:03AM
Muruqa: White *Sunset:* 5:56PM
Nataraja: Yellow
Moon - Green
Phalguna-Masi

Kathmandu, Nepal
Sun 1 Sutra 332
Khara 5113
Moon 2 - Phase 45
1st Phase

Devaloka Day

1

Sunday, March 11, 2012

Tula Rasi: 2.55 Tithi 19
169817267
Creative Work Siddha Yoga
Until 12.41AM Mon then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthi* Yam Titau

Gulika 2:58PM - 4:27PM
Yama 11:59AM - 1:28PM
Rahu 4:27PM - 5:56PM

Chitra Until 11:59AM
Dhruva Until 9:23PM
Bava Until 4:06PM
Chaturthi* Until 2:23AM Mon

Ganesha: Blue *Sunrise:* 6:02AM
Muruqa: White *Sunset:* 5:56PM
Nataraja: Yellow
Moon - Green
Phalguna-Masi

Kathmandu, Nepal
Sun 2 Sutra 333
Khara 5113
Moon 2 - Phase 45
1st Phase

Devaloka Day

2

Monday, March 12, 2012

Tula Rasi: 17.38 Tithi 20
169817267
Family Home Evening
Creative Work Amrita Yoga
Until 9:47AM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Visakha Nakshatra Vyaghata* Yoga Kaulava/Tailita Karana Panchami Yam Titau

Gulika 1:28PM - 2:58PM
Yama 10:29AM - 11:59AM
Rahu 7:30AM - 9:00AM

Svati Until 9:47AM
Vyaghata* Until 6:36PM
Kaulava Until 1:10PM
Panchami Until 11:27PM

Ganesha: Blue *Sunrise:* 6:01AM
Muruqa: White *Sunset:* 5:57PM
Nataraja: Yellow
Moon - Green
Phalguna-Masi

Kathmandu, Nepal
Sun 3 Sutra 334
Khara 5113
Moon 2 - Phase 45
1st Phase

Devaloka Day

3

Tuesday, March 13, 2012

Wrischika Rasi: 2.08 Tithi 21
179817267
Routine Work Marana Yoga
Until 8:03AM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Visakha/Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shasthi* Yam Titau

Gulika 11:59AM - 1:28PM
Yama 8:59AM - 10:29AM
Rahu 2:58PM - 4:28PM

Visakha Until 8:03AM
Harshana Until 3:09PM
Gara Until 10:57AM
Shasthi* Until 10:01PM

Ganesha: Red *Sunrise:* 6:00AM
Muruqa: White *Sunset:* 5:57PM
Nataraja: Yellow
Moon - Orange
Phalguna-Masi

Kathmandu, Nepal
Sun 4 Sutra 335
Khara 5113
Moon 2 - Phase 45
1st Phase

Sivaloka Day

4

Wednesday, March 14, 2012

Wrischika Rasi: 16.22 Tithi 22
179817267
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptami Yam Titau

Gulika 10:28AM - 11:58AM
Yama 7:29AM - 8:58AM
Rahu 11:58AM - 1:28PM

Anuradha Until 6:31AM
Vajra* Until 12:07PM
Visti Until 8:40AM
Saptami Until 7:45PM

Ganesha: Red *Sunrise:* 5:59AM
Muruqa: White *Sunset:* 5:58PM
Nataraja: Yellow
Moon - Orange
Phalguna-Panguni

Kathmandu, Nepal
Sun 5 Sutra 336
Khara 5113
Moon 2 - Phase 45
1st Phase

Sivaloka Day

D

Thursday, March 15, 2012
Retreat Star

Dhanus Rasi: 0.18 Tithi 23
189817268
Creative Work Siddha Yoga
Until 12.40AM Fri then no yoga
Until 4:21AM Fri then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 8:58AM - 10:28AM
Yama 5:58AM - 7:28AM
Rahu 1:28PM - 2:58PM

Mula* Until 4:21AM Fri
Siddhi Until 9:34AM
Balava Until 6:56AM
Ashtami* Until 6:01PM

Ganesha: Green *Sunrise:* 5:58AM
Muruqa: White *Sunset:* 5:58PM
Nataraja: White
Moon - Light Blue
Phalguna-Panguni

Kathmandu, Nepal
Sun 6 Sutra 337
Khara 5113
Moon 2 - Phase 45
Ashtami

Sivaloka Day

Friday, March 16, 2012

Retreat Star

Dhanus Rasi: 13.56 Tithi 24 - 25
189817268
Creative Work Siddha Yoga
Until 12.40AM Sat then Marana Yoga
Until 5:29AM Sat then no yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau

Gulika 7:27AM - 8:57AM
Yama 2:58PM - 4:29PM
Rahu 10:27AM - 11:58AM

Purvashadha* Until 5:29AM Sat
Vyatipata* Until 7:34AM
Vanija Until 5:43AM Sat
Navami* Until 5:43PM

Ganesha: Green *Sunrise:* 5:56AM
Muruqa: White *Sunset:* 5:59PM
Nataraja: White
Moon - Light Blue
Phalguna-Panguni

Kathmandu, Nepal
Sun 7 Sutra 338
Khara 5113
Moon 2 - Phase 45
Navami

Sivaloka Day


1	Saturday, March 17, 2012	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau		Kathmandu, Nepal
	Dhanus Rasi: 27.19 Tithi 26 – 26 No Yoga Until 12.39AM Sun then Amrita Yoga	Gulika 5:55AM – 7:26AM Yama 1:28PM – 2:58PM Rahu 8:56AM – 10:27AM	Uttarashadha Until 5:24AM Sun Parigha* Until 4:39AM Sun Bava Until 4:57AM Sun Dasami Until 4:57PM	Sun 8 Sutra 339 Khara 5113 Moon 2 - Phase 46 2nd Phase Sivaloka Day

2	Sunday, March 18, 2012	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Sravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau		Kathmandu, Nepal
	Makara Rasi: 20.28 Tithi 26 – 27 Creative Work Amrita Yoga Until 5:45AM Mon then Siddha Yoga	Gulika 2:59PM – 4:29PM Yama 11:57AM – 1:28PM Rahu 4:29PM – 6:00PM	Sravana Until 5:45AM Mon Shiva Until 3:16AM Mon Kaulava Until 4:39AM Mon Ekadasi* Until 4:39PM	Sun 9 Sutra 340 Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day

3	Monday, March 19, 2012	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau		Kathmandu, Nepal
	Makara Rasi: 23.25 Tithi 27 – 28 Family Home Evening Creative Work Siddha Yoga Until 12.39AM Tue then Marana Yoga	Gulika 1:28PM – 2:59PM Yama 10:26AM – 11:57AM Rahu 7:24AM – 8:55AM	Dhanishtha Until 6:56AM Tue Siddha Until 2:14AM Tue Gara Until 4:46AM Tue Dvadasi* Until 4:46PM <i>Pradosha Vrata (Fasting)</i>	Sun 10 Sutra 341 Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day

4	Tuesday, March 20, 2012	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sadhya Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau		Kathmandu, Nepal
	Kumbha Rasi: 6.1 Tithi 28 – 29 Routine Work Marana Yoga Until 12.38AM Wed then Siddha Yoga	Gulika 11:57AM – 1:28PM Yama 8:54AM – 10:25AM Rahu 2:59PM – 4:30PM	Dhanishtha Until 6:56AM Sadhya Until 1:32AM Wed Visti Until 5:15AM Wed Trayodasi* Until 5:15PM	Sun 11 Sutra 342 Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day

5	Wednesday, March 21, 2012	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Kathmandu, Nepal
	Kumbha Rasi: 18.44 Tithi 29 Creative Work Siddha Yoga Until 8:33AM then Amrita Yoga Until 12.38AM Thu then Siddha Yoga	Gulika 10:25AM – 11:56AM Yama 7:22AM – 8:54AM Rahu 11:56AM – 1:28PM	Satabhisha Until 8:33AM Subha Until 2:37AM Thu Visti Until 6:07AM Chaturdasi* Until 7:12PM	Sun 12 Sutra 343 Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day

	Thursday, March 22, 2012	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Kathmandu, Nepal
	Meena Rasi: 1.07 Tithi 30 Creative Work Siddha Yoga	Gulika 8:53AM – 10:24AM Yama 5:50AM – 7:21AM Rahu 1:28PM – 2:59PM	Purvaprostapada* Until 10:26AM Sukla Until 2:31AM Fri Catuspada Until 7:25AM Amavasya* Until 8:30PM	Sun 13 Sutra 344 Khara 5113 Moon 2 - Phase 46 Amavasya Subha Sivaloka Day

	Friday, March 23, 2012	Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Kathmandu, Nepal
	Meena Rasi: 13.21 Tithi 1 Creative Work Siddha Yoga Until 12.38AM Sat then Prabalarishta Yoga	Gulika 7:20AM – 8:52AM Yama 2:59PM – 4:31PM Rahu 10:24AM – 11:56AM	Uttaraprostapada Until 12:39PM Brahma Until 2:43AM Sat Kintughna Until 9:05AM Prathama* Until 10:11PM	Sun 14 Sutra 345 Khara 5113 Moon 2 - Phase 46 Prathama Subha Sivaloka Day

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %oig Veda 1.89.8. RvP, 287

1	Saturday, March 24, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Kathmandu, Nepal
	Mesha Rasi: 25.25 Tithi 2 111917268	Gulika 5:48AM – 7:19AM Yama 1:27PM – 2:59PM Rahu 8:51AM – 10:23AM	Revati Until 3:10PM Indra Until 3:14AM Sun Balava Until 11:06AM Dvitiya Until 12:12AM Sun	Sun 15 Sutra 346 Khara 5113 Moon 2 - Phase 47 3rd Phase
	Routine Work Prabalarishta Yoga Until 3:10PM then Siddha Yoga		Ganesha: Clear <i>Sunrise:</i> 5:48AM Muruqa: White <i>Sunset:</i> 6:03PM Nataraja: White Moon – Clear Chaitra•Panguni	Subha Sivaloka Day


2	Sunday, March 25, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Vaidhriti* Yoga Tailita/Gara Karana Tritiya Yam Titau		Kathmandu, Nepal
	Mesha Rasi: 7.21 Tithi 3 121917268	Gulika 2:59PM – 4:32PM Yama 11:55AM – 1:27PM Rahu 4:32PM – 6:04PM	Asvini Until 5:59PM Vaidhriti* Until 3:59AM Mon Tailita Until 1:25PM Tritiya Until 2:30AM Mon	Sun 16 Sutra 347 Khara 5113 Moon 2 - Phase 47 3rd Phase
	Creative Work Siddha Yoga Until 5:59PM then no yoga Until 12:37AM Mon then Siddha Yoga	Chellappaswami Mahasamadhi	Ganesha: Orange <i>Sunrise:</i> 5:46AM Muruqa: White <i>Sunset:</i> 6:04PM Nataraja: White Moon – White Chaitra•Panguni	Subha Sivaloka Day

3	Monday, March 26, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Kathmandu, Nepal
	Mesha Rasi: 19.11 Tithi 4 121917268	Gulika 1:27PM – 2:59PM Yama 10:22AM – 11:55AM Rahu 7:18AM – 8:50AM	Bharani Until 8:59PM Vishkambha* Until 4:56AM Tue Vanija Until 3:57PM Chaturthi* Until 5:02AM Tue	Sun 17 Sutra 348 Khara 5113 Moon 2 - Phase 47 3rd Phase
	Family Home Evening Creative Work Siddha Yoga Until 8:59PM then no yoga Until 12:37AM Tue then Siddha Yoga		Ganesha: Orange <i>Sunrise:</i> 5:45AM Muruqa: White <i>Sunset:</i> 6:04PM Nataraja: White Moon – White Chaitra•Panguni	Subha Sivaloka Day

4	Tuesday, March 27, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Priti Yoga Bava Karana Panchami Yam Titau		Kathmandu, Nepal
	Vrishabha Rasi: 0.57 Tithi 5 121917268	Gulika 11:54AM – 1:27PM Yama 8:49AM – 10:22AM Rahu 3:00PM – 4:32PM	Krittika Until 12:06AM Wed Priti Until 6:24AM Wed Bava Until 6:36PM Panchami Until 8:08AM Wed	Sun 18 Sutra 349 Khara 5113 Moon 2 - Phase 47 3rd Phase
	Creative Work Siddha Yoga Until 12:06AM Wed then Amrita Yoga Until 12:36AM Wed then Siddha Yoga		Ganesha: Orange <i>Sunrise:</i> 5:44AM Muruqa: White <i>Sunset:</i> 6:05PM Nataraja: White Moon – White Chaitra•Panguni	Subha Sivaloka Day

5	Wednesday, March 28, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Kathmandu, Nepal
	Vrishabha Rasi: 12.44 Tithi 5 – 6 132917268	Gulika 10:21AM – 11:54AM Yama 7:16AM – 8:49AM Rahu 11:54AM – 1:27PM	Rohini Until 3:11AM Thu Priti Until 6:24AM Kaulava Until 9:13PM Panchami Until 8:08AM	Sun 19 Sutra 350 Khara 5113 Moon 2 - Phase 47 3rd Phase
	Creative Work Siddha Yoga Until 12:36AM Thu then Marana Yoga		Ganesha: Red <i>Sunrise:</i> 5:43AM Muruqa: White <i>Sunset:</i> 6:05PM Nataraja: White Moon – Yellow Chaitra•Panguni	Subha Sivaloka Day

6	Thursday, March 29, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Ayushman/Saubhagya Yoga Tailita/Gara Karana Shasthi*/Saplami Yam Titau		Kathmandu, Nepal
	Vrishabha Rasi: 24.37 Tithi 6 – 7 132917268	Gulika 8:48AM – 10:21AM Yama 5:42AM – 7:15AM Rahu 1:27PM – 3:00PM	Mrigasira Until 6:03AM Fri Ayushman Until 7:16AM Gara Until 11:40PM Shasthi* Until 10:34AM	Sun 20 Sutra 351 Khara 5113 Moon 2 - Phase 47 3rd Phase
	Routine Work Marana Yoga Until 12:36AM Fri then Siddha Yoga		Ganesha: Red <i>Sunrise:</i> 5:42AM Muruqa: White <i>Sunset:</i> 6:06PM Nataraja: White Moon – Yellow Chaitra•Panguni	Subha Sivaloka Day

	Friday, March 30, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Kathmandu, Nepal
	Mithuna Rasi: 6.38 Tithi 7 – 8 132917268	Gulika 7:14AM – 8:47AM Yama 3:00PM – 4:33PM Rahu 10:20AM – 11:54AM	Mrigasira Until 6:03AM Saubhagya Until 7:50AM Visti Until 1:44AM Sat Saptami Until 12:39PM	Sun 21 Sutra 352 Khara 5113 Moon 2 - Phase 47 Ashtami
	Creative Work Siddha Yoga		Ganesha: Red <i>Sunrise:</i> 5:41AM Muruqa: White <i>Sunset:</i> 6:06PM Nataraja: White Moon – Yellow Chaitra•Panguni	Subha Sivaloka Day

Retreat Star	Saturday, March 31, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Kathmandu, Nepal
	Mithuna Rasi: 18.56 Tithi 8 – 9 132917268	Gulika 5:40AM – 7:13AM Yama 1:27PM – 3:00PM Rahu 8:46AM – 10:20AM	Ardra Until 7:57AM Sobhana Until 7:48AM Balava Until 1:29AM Sun Ashtami* Until 1:29PM	Sun 22 Sutra 353 Khara 5113 Moon 2 - Phase 47 Navami
	Creative Work Siddha Yoga Until 7:57AM then Marana Yoga Until 12:35AM Sun then Siddha Yoga	Sri Rama Navami	Ganesha: Red <i>Sunrise:</i> 5:40AM Muruqa: White <i>Sunset:</i> 6:07PM Nataraja: White Moon – Yellow Chaitra•Panguni	Subha Sivaloka Day

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. UpP,95

1	Sunday, April 1, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Kathmandu, Nepal
	Kataka Rasi: 1.35 Tithi 9 – 10	142917268	Gulika 3:00PM – 4:33PM Yama 11:53AM – 1:27PM Rahu 4:33PM – 6:07PM	Punarvasu Until 9:13AM Athiganda* Until 7:17AM Taitila Until 2:09AM Mon Navami* Until 2:09PM	Sun 23 Sutra 354 Khara 5113 Moon 2 - Phase 48 4th Phase
Creative Work	Siddha Yoga			Ganesha: Blue <i>Sunrise:</i> 5:40AM Muruqa: White <i>Sunset:</i> 6:07PM Nataraja: White Moon – Blue Chaitra•Panguni	Sivaloka Day

2	Monday, April 2, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Aslesha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Kathmandu, Nepal
	Kataka Rasi: 14.4 Tithi 10 – 11	142917268	Gulika 1:27PM – 3:00PM Yama 10:19AM – 11:53AM Rahu 7:12AM – 8:46AM	Pushya Until 9:26AM Sukarma Until 6:02AM Vanija Until 12:27AM Tue Dasami Until 1:22PM	Sun 24 Sutra 355 Khara 5113 Moon 2 - Phase 48 4th Phase
Family Home Evening	Siddha Yoga		Yogaswami Mahasamadhi	Ganesha: Blue <i>Sunrise:</i> 5:39AM Muruqa: White <i>Sunset:</i> 6:07PM Nataraja: White Moon – Blue Chaitra•Panguni	Sivaloka Day

3	Tuesday, April 3, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau		Kathmandu, Nepal
	Kataka Rasi: 28.13 Tithi 11 – 12	142917268	Gulika 11:53AM – 1:26PM Yama 8:45AM – 10:19AM Rahu 3:00PM – 4:34PM	Aslesha* Until 9:04AM Shula* Until 1:27AM Wed Bava Until 11:25PM Ekadasi Until 12:20PM	Sun 25 Sutra 356 Khara 5113 Moon 2 - Phase 48 4th Phase
Creative Work	Siddha Yoga			Ganesha: Blue <i>Sunrise:</i> 5:37AM Muruqa: White <i>Sunset:</i> 6:08PM Nataraja: White Moon – Blue Chaitra•Panguni	Sivaloka Day

4	Wednesday, April 4, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau		Kathmandu, Nepal
	Simha Rasi: 12.14 Tithi 12 – 13	152917268	Gulika 10:18AM – 11:52AM Yama 7:10AM – 8:44AM Rahu 11:52AM – 1:26PM	Magha* Until 7:52AM Ganda* Until 10:45PM Kaulava Until 9:29PM Dvadasi Until 10:24AM	Sun 26 Sutra 357 Khara 5113 Moon 2 - Phase 48 4th Phase
Creative Work	Siddha Yoga		Until 7:52AM then Amrita Yoga Until 12:34AM Thu then no yoga	Ganesha: Yellow <i>Sunrise:</i> 5:36AM Muruqa: White <i>Sunset:</i> 6:08PM Nataraja: White Moon – Red Chaitra•Panguni	Subha Sivaloka Day
				<i>Pradosha Vrata</i>	

5	Thursday, April 5, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau		Kathmandu, Nepal
	Simha Rasi: 26.43 Tithi 13 – 14	152917268	Gulika 8:44AM – 10:18AM Yama 5:35AM – 7:09AM Rahu 1:26PM – 3:00PM	Uttaraphalguni Until 3:15AM Fri Vriddhi Until 6:31PM Gara Until 4:06AM Fri Trayodasi Until 7:32AM	Sun 27 Sutra 358 Khara 5113 Moon 2 - Phase 48 4th Phase
Routine Work	Prabalarishta Yoga		Until 12:34AM Fri then Siddha Yoga Until 3:15AM Fri then Amrita Yoga	Ganesha: Yellow <i>Sunrise:</i> 5:35AM Muruqa: White <i>Sunset:</i> 6:09PM Nataraja: White Moon – Red Chaitra•Panguni	Subha Sivaloka Day

○	Friday, April 6, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau		Kathmandu, Nepal
	Copper Retreat Star		Gulika 7:09AM – 8:43AM Yama 3:01PM – 4:35PM Rahu 10:17AM – 11:52AM	Hasta Until 12:52AM Sat Dhruva Until 2:47PM Visti Until 2:39PM Purnima* Until 12:56AM Sat	Sutra 359 Khara 5113 Moon 2 - Phase 48 Purnima
Kanya Rasi: 11.33 Tithi 15	162917268			Ganesha: White <i>Sunrise:</i> 5:34AM Muruqa: White <i>Sunset:</i> 6:09PM Nataraja: White Moon – Green Chaitra•Panguni	Sivaloka Day
Creative Work	Amrita Yoga		Until 12:34AM Sat then Marana Yoga	Panguni Uttiram Hanuman Jayanti	

○	Saturday, April 7, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathama* Yam Titau		Kathmandu, Nepal
	Silver Retreat Star		Gulika 5:33AM – 7:08AM Yama 1:26PM – 3:01PM Rahu 8:42AM – 10:17AM	Chitra Until 10:06PM Vyaghata* Until 10:43AM Balava Until 11:06AM Prathama* Until 9:23PM	Sutra 360 Khara 5113 Moon 2 - Phase 48 Prathama
Kanya Rasi: 26.37 Tithi 16	162917268			Ganesha: White <i>Sunrise:</i> 5:33AM Muruqa: White <i>Sunset:</i> 6:10PM Nataraja: White Moon – Green Chaitra•Panguni	Sivaloka Day
Routine Work	Marana Yoga		Until 10:06PM then Siddha Yoga		

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda 7.52.1



Sunday, April 8, 2012
Gold Retreat Star

Tula Rasi: 11.44 Tithi 17 – 18
162917268
Creative Work Siddha Yoga
Until 7:13PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 3:01PM – 4:36PM **Svati Until 7:13PM**
Yama 11:51AM – 1:26PM Harshana Until 6:32AM
Rahu 4:36PM – 6:10PM Taitila Until 7:24AM
Dvitiya Until 5:41PM

Kathmandu, Nepal
Sun 1 Sutra 361
Khara 5113
Moon 3 - Phase 49
1st Phase
Sivaloka Day
Ganesha: White *Sunrise: 5:32AM*
Muruqa: White *Sunset: 6:10PM*
Nataraja: White
Moon – Green
Chaitra•Panguni



Monday, April 9, 2012

Tula Rasi: 26.49 Tithi 18 – 19
172917268
Family Home Evening
Routine Work Marana Yoga
Until 4:27PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Visakha/Anuradha Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 1:26PM – 3:01PM **Visakha Until 4:27PM**
Yama 10:16AM – 11:51AM Siddhi Until 10:29PM
Rahu 7:06AM – 8:41AM Bava Until 12:25AM Tue
Tritiya Until 2:07PM

Kathmandu, Nepal
Sun 2 Sutra 362
Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Sivaloka Day
Ganesha: Clear *Sunrise: 5:31AM*
Muruqa: White *Sunset: 6:11PM*
Nataraja: White
Moon – Orange
Chaitra•Panguni



Tuesday, April 10, 2012

Vrischika Rasi: 11.39 Tithi 19 – 20
172117268
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 11:51AM – 1:26PM **Anuradha Until 2:02PM**
Yama 8:40AM – 10:15AM Vyatipata* Until 6:44PM
Rahu 3:01PM – 4:36PM Kaulava Until 9:13PM
Chaturthi* Until 10:56AM

Kathmandu, Nepal
Sun 3 Sutra 363
Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Sivaloka Day
Ganesha: Red *Sunrise: 5:30AM*
Muruqa: White *Sunset: 6:11PM*
Nataraja: White
Moon – Orange
Chaitra•Panguni



Wednesday, April 11, 2012

Vrischika Rasi: 26.11 Tithi 20 – 21
173117268
Creative Work Siddha Yoga
Until 12:33PM then Marana Yoga
Until 12.32AM Thu then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Varyani/Parigha* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 10:15AM – 11:50AM **Jyeshtha* Until 12:33PM**
Yama 7:40AM – 8:40AM Varyani Until 4:06PM
Rahu 11:50AM – 1:26PM Gara Until 7:32PM
Panchami Until 8:27AM

Kathmandu, Nepal
Sun 4 Sutra 364
Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Subha Sivaloka Day
Ganesha: Blue *Sunrise: 5:29AM*
Muruqa: White *Sunset: 6:12PM*
Nataraja: White
Moon – Orange
Chaitra•Panguni



Thursday, April 12, 2012

Dhanus Rasi: 10.2 Tithi 21 – 22
183117268
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Vanija/Bava Karana Shasthi*/Saptami Yam Titau
Gulika 8:39AM – 10:15AM **Mula* Until 11:09AM**
Yama 5:28AM – 7:03AM Parigha* Until 1:14PM
Rahu 1:26PM – 3:01PM Bava Until 4:27AM Fri
Shasthi* Until 6:18AM

Kathmandu, Nepal
Sun 5 Sutra 365
Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Sivaloka Day
Ganesha: Red *Sunrise: 5:28AM*
Muruqa: White *Sunset: 6:12PM*
Nataraja: White
Moon – Light Blue
Chaitra•Panguni



Friday, April 13, 2012
Retreat Star

Dhanus Rasi: 24.05 Tithi 23
183117268
Creative Work Siddha Yoga
Until 12.32AM Sat then no yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 7:03AM – 8:38AM **Purvashadha* Until 10:46AM**
Yama 3:01PM – 4:37PM Shiva Until 11:20AM
Rahu 10:14AM – 11:50AM Balava Until 4:46PM
Ashtami* Until 4:46AM Sat

Kathmandu, Nepal
Sun 6 Sutra 1
Nandana 5114
Moon 3 - Phase 49
Ashtami
Subha Sivaloka Day
Ganesha: Red *Sunrise: 5:27AM*
Muruqa: White *Sunset: 6:13PM*
Nataraja: White
Moon – Light Blue
Chaitra•Chaitra

Saturday, April 14, 2012
Retreat Star

Makara Rasi: 7.28 Tithi 24
283117268
No Yoga
Until 10:41AM then Siddha Yoga
Until 12.32AM Sun then Amrita Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 5:26AM – 7:02AM **Uttarashadha Until 10:41AM**
Yama 1:26PM – 3:02PM Siddha Until 9:35AM
Rahu 8:38AM – 10:14AM Taitila Until 3:58PM
Navami* Until 3:58AM Sun

Kathmandu, Nepal
Sun 7 Sutra 2
Nandana 5114
Moon 3 - Phase 49
Navami
Subha Subha Sivaloka Day
Ganesha: Blue *Sunrise: 5:26AM*
Muruqa: White *Sunset: 6:13PM*
Nataraja: White
Moon – Light Blue
Chaitra•Chaitra


1	Sunday, April 15, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Sravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dasami Yam Titau	Kathmandu, Nepal
	Makara Rasi: 3.31 Tithi 25 293117268	Gulika 3:02PM – 4:38PM Yama 11:49AM – 1:26PM Rahu 4:38PM – 6:14PM	Sun 8 Sutra 3 Nandana 5114 Moon 3 - Phase 1 2nd Phase
Creative Work Amrita Yoga Until 11:13AM then Siddha Yoga		Chidambaram Abhishekam	Subha Sivaloka Day
		Sravana Until 11:13AM Sadhya Until 8:24AM Vanija Until 3:51PM Dasami Until 3:51AM Mon	Ganesha: Red <i>Sunrise:</i> 5:25AM Muruqa: White <i>Sunset:</i> 6:14PM Nataraja: White Moon – Purple Chaitra-Chaitra

2	Monday, April 16, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ekadasi* Yam Titau	Kathmandu, Nepal
	Kumbha Rasi: 3.16 Tithi 26 Family Home Evening 293117268 Creative Work Siddha Yoga Until 12.31AM Tue then Marana Yoga	Gulika 1:25PM – 3:02PM Yama 10:13AM – 11:49AM Rahu 7:00AM – 8:36AM	Sun 9 Sutra 4 Nandana 5114 Moon 3 - Phase 1 2nd Phase
		Dhanishtha Until 12:17PM Subha Until 7:50AM Bava Until 4:17PM Ekadasi* Until 4:17AM Tue	Ganesha: Red <i>Sunrise:</i> 5:24AM Muruqa: White <i>Sunset:</i> 6:15PM Nataraja: White Moon – Purple Chaitra-Chaitra
		Subha Sivaloka Day	

3	Tuesday, April 17, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Sukla/Brahma Yoga Kaulava/Taililla Karana Dvadasi* Yam Titau	Kathmandu, Nepal
	Kumbha Rasi: 15.47 Tithi 27 293117268	Gulika 11:49AM – 1:25PM Yama 8:36AM – 10:12AM Rahu 3:02PM – 4:39PM	Sun 10 Sutra 5 Nandana 5114 Moon 3 - Phase 1 2nd Phase
Routine Work Marana Yoga Until 12.31AM Wed then Amrita Yoga		Satabhisha Until 2:26PM Sukla Until 7:32AM Kaulava Until 6:14PM Dvadasi* Until 6:34AM Wed	Ganesha: Red <i>Sunrise:</i> 5:23AM Muruqa: White <i>Sunset:</i> 6:15PM Nataraja: White Moon – Purple Chaitra-Chaitra
		Subha Sivaloka Day	

4	Wednesday, April 18, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Brahma/Indra Yoga Taililla/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Kathmandu, Nepal
	Kumbha Rasi: 28.06 Tithi 27 – 28 213117268	Gulika 10:12AM – 11:49AM Yama 6:58AM – 8:35AM Rahu 11:49AM – 1:25PM	Sun 11 Sutra 6 Nandana 5114 Moon 3 - Phase 1 2nd Phase
Creative Work Amrita Yoga Until 4:28PM then Siddha Yoga		Purvaprostapada* Until 4:28PM Brahma Until 7:36AM Gara Until 7:39PM Dvadasi* Until 6:34AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Clear <i>Sunrise:</i> 5:22AM Muruqa: White <i>Sunset:</i> 6:16PM Nataraja: White Moon – Clear Chaitra-Chaitra
		Subha Sivaloka Day	

5	Thursday, April 19, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraprostapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Kathmandu, Nepal
	Meena Rasi: 10.16 Tithi 28 – 29 213117268	Gulika 8:35AM – 10:12AM Yama 5:21AM – 6:58AM Rahu 1:25PM – 3:02PM	Sun 12 Sutra 7 Nandana 5114 Moon 3 - Phase 1 2nd Phase
Creative Work Siddha Yoga		Uttaraprostapada Until 6:48PM Indra Until 7:58AM Visti Until 9:26PM Trayodasi* Until 8:21AM	Ganesha: Clear <i>Sunrise:</i> 5:21AM Muruqa: White <i>Sunset:</i> 6:16PM Nataraja: White Moon – Clear Chaitra-Chaitra
		Subha Sivaloka Day	

	Friday, April 20, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Kathmandu, Nepal
	Meena Rasi: 22.17 Tithi 29 – 30 213117268	Gulika 6:57AM – 8:34AM Yama 3:02PM – 4:40PM Rahu 10:11AM – 11:48AM	Sun 13 Sutra 8 Nandana 5114 Moon 3 - Phase 1 Amavasya
Creative Work Siddha Yoga Until 9:26PM then Amrita Yoga Until 12.30AM Sat then Siddha Yoga		Revati Until 9:26PM Vaidhriti* Until 8:35AM Catuspada Until 11:31PM Chaturdasi* Until 10:26AM	Ganesha: Clear <i>Sunrise:</i> 5:20AM Muruqa: White <i>Sunset:</i> 6:17PM Nataraja: White Moon – Clear Chaitra-Chaitra
		Subha Sivaloka Day	

Retreat Star	Saturday, April 21, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Asvini Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Kathmandu, Nepal
	Mesha Rasi: 4.12 Tithi 30 – 1 223117268	Gulika 5:19AM – 6:56AM Yama 1:25PM – 3:03PM Rahu 8:33AM – 10:11AM	Sun 14 Sutra 9 Nandana 5114 Moon 3 - Phase 1 Prathama
Creative Work Siddha Yoga Until 12.30AM Sun then no yoga		Asvini Until 12:16AM Sun Vishkambha* Until 9:24AM Kintughna Until 1:50AM Sun Amavasya* Until 12:45PM	Ganesha: Orange <i>Sunrise:</i> 5:19AM Muruqa: White <i>Sunset:</i> 6:17PM Nataraja: White Moon – White Vaisaka-Chaitra
		Subha Sivaloka Day	

1	Sunday, April 22, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau			Kathmandu, Nepal
	Mesha Rasi: 16.02 Tithi 1 – 2 No Yoga Until 12.30AM Mon then Siddha Yoga Until 3:16AM Mon then no yoga	223117268	Gulika 3:03PM – 4:40PM Yama 11:48AM – 1:25PM Rahu 4:40PM – 6:18PM	Bharani Until 3:16AM Mon Priti Until 10:22AM Balava Until 4:19AM Mon Prathama* Until 3:14PM	Sun 15 Sutra 10 Nandana 5114 Moon 3 - Phase 2 3rd Phase Subha Sivaloka Day

2	Monday, April 23, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava Karana Dvitiya Yam Titau			Kathmandu, Nepal
	Mesha Rasi: 27.49 Tithi 2 Family Home Evening No Yoga Until 12.30AM Tue then Siddha Yoga Until 6:48AM Tue then Amrita Yoga	223117268	Gulika 1:25PM – 3:03PM Yama 10:10AM – 11:48AM Rahu 6:55AM – 8:32AM	Krittika Until 6:48AM Tue Ayushman Until 11:25AM Kaulava Until 6:55AM Tue Dvitiya Until 5:50PM	Sun 16 Sutra 11 Nandana 5114 Moon 3 - Phase 2 3rd Phase Subha Sivaloka Day

3	Tuesday, April 24, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Tritiya Yam Titau			Kathmandu, Nepal
	Wrishabha Rasi: 10 Tithi 3 Creative Work Siddha Yoga Until 6:48AM then Amrita Yoga Until 12.29AM Wed then Siddha Yoga	223117269	Gulika 11:47AM – 1:25PM Yama 8:32AM – 10:10AM Rahu 3:03PM – 4:41PM	Krittika Until 6:48AM Saubhagya Until 12:29PM Tailila Until 7:20AM Tritiya Until 8:26PM	Sun 17 Sutra 12 Nandana 5114 Moon 3 - Phase 2 3rd Phase Sivaloka Day

4	Wednesday, April 25, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigasira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau			Kathmandu, Nepal
	Wrishabha Rasi: 21.25 Tithi 4 Creative Work Siddha Yoga Until 12.29AM Thu then Marana Yoga	234117269	Gulika 10:09AM – 11:47AM Yama 6:53AM – 8:31AM Rahu 11:47AM – 1:25PM	Rohini Until 9:49AM Sobhana Until 1:29PM Vanija Until 9:51AM Chaturthi* Until 10:57PM	Sun 18 Sutra 13 Nandana 5114 Moon 3 - Phase 2 3rd Phase Devaloka Day

5	Thursday, April 26, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchami Yam Titau			Kathmandu, Nepal
	Mithuna Rasi: 3.2 Tithi 5 Routine Work Marana Yoga Until 12.29AM Fri then Siddha Yoga	234117269	Gulika 8:31AM – 10:09AM Yama 5:14AM – 6:52AM Rahu 1:25PM – 3:04PM	Mrigasira Until 12:39PM Athiganda* Until 2:18PM Bava Until 12:10PM Panchami Until 1:15AM Fri	Sun 19 Sutra 14 Nandana 5114 Moon 3 - Phase 2 3rd Phase Devaloka Day

6	Friday, April 27, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Tailita Karana Shasthi* Yam Titau			Kathmandu, Nepal
	Mithuna Rasi: 15.25 Tithi 6 Creative Work Siddha Yoga Until 12.29AM Sat then Marana Yoga	234117269	Gulika 6:52AM – 8:30AM Yama 3:04PM – 4:42PM Rahu 10:09AM – 11:47AM	Ardra Until 3:10PM Sukarma Until 2:49PM Kaulava Until 2:07PM Shasthi* Until 3:12AM Sat	Sun 20 Sutra 15 Nandana 5114 Moon 3 - Phase 2 3rd Phase Devaloka Day

Retreat Star	Saturday, April 28, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau			Kathmandu, Nepal
	Mithuna Rasi: 27.44 Tithi 7 Routine Work Marana Yoga Until 4:20PM then Siddha Yoga	244117269	Gulika 5:13AM – 6:51AM Yama 1:25PM – 3:04PM Rahu 8:30AM – 10:08AM	Punarvasu Until 4:20PM Dhriti Until 2:16PM Gara Until 2:45PM Saptami Until 2:45AM Sun	Sun 21 Sutra 16 Nandana 5114 Moon 3 - Phase 2 3rd Phase Sivaloka Day

Retreat Star	Sunday, April 29, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau			Kathmandu, Nepal
	Kataka Rasi: 10.21 Tithi 8 Creative Work Siddha Yoga	244117269	Gulika 3:04PM – 4:43PM Yama 11:47AM – 1:25PM Rahu 4:43PM – 6:22PM	Pushya Until 5:39PM Shula* Until 1:50PM Visti Until 3:27PM Ashtami* Until 3:27AM Mon	Sun 22 Sutra 17 Nandana 5114 Moon 3 - Phase 2 Ashtami Sivaloka Day

Retreat Star	Monday, April 30, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navami* Yam Titau			Kathmandu, Nepal
	Kataka Rasi: 23.21 Tithi 9 Family Home Evening Creative Work Siddha Yoga	244117269	Gulika 1:25PM – 3:04PM Yama 10:08AM – 11:47AM Rahu 6:50AM – 8:29AM	Aslesha* Until 6:16PM Ganda* Until 12:44PM Balava Until 3:24PM Navami* Until 3:24AM Tue	Sun 23 Sutra 18 Nandana 5114 Moon 3 - Phase 2 Navami Sivaloka Day


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810


1	Tuesday, May 1, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dasami Yam Titau			Kathmandu, Nepal
	Simha Rasi: 6.47 Tithi 10 254117269	Gulika 11:46AM – 1:26PM Yama 8:28AM – 10:07AM Rahu 3:05PM – 4:44PM	Magha* Until 5:13PM Vriddhi Until 10:34AM Taitila Until 1:49PM Dasami Until 12:54AM Wed	Ganesha: Purple <i>Sunrise:</i> 5:09AM Muruqa: White <i>Sunset:</i> 6:23PM Nataraja: Clear Moon – Red Vaisaka-Chaitra	Sun 24 Sutra 19 Nandana 5114 Moon 3 - Phase 3 4th Phase Devaloka Day
Creative Work Siddha Yoga Until 12.28AM Wed then Amrita Yoga					

2	Wednesday, May 2, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visiti* Karana Ekadasi Yam Titau			Kathmandu, Nepal
	Simha Rasi: 20.41 Tithi 11 254117269	Gulika 10:07AM – 11:46AM Yama 6:48AM – 8:27AM Rahu 11:46AM – 1:26PM	Purvaphalguni* Until 4:15PM Dhruva Until 8:07AM Vanija Until 12:07PM Ekadasi Until 11:11PM	Ganesha: Purple <i>Sunrise:</i> 5:08AM Muruqa: White <i>Sunset:</i> 6:24PM Nataraja: Clear Moon – Red Vaisaka-Chaitra	Sun 25 Sutra 20 Nandana 5114 Moon 3 - Phase 3 4th Phase Devaloka Day
Creative Work Amrita Yoga Until 12.28AM Thu then Prabalarishta Yoga					

3	Thursday, May 3, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadasi Yam Titau			Kathmandu, Nepal
	Kanya Rasi: 5.02 Tithi 12 254117269	Gulika 8:27AM – 10:06AM Yama 5:08AM – 6:47AM Rahu 1:26PM – 3:05PM	Uttaraphalguni Until 1:57PM Harshana Until 1:00AM Fri Bava Until 9:19AM Dvadasi Until 7:36PM	Ganesha: Purple <i>Sunrise:</i> 5:08AM Muruqa: White <i>Sunset:</i> 6:24PM Nataraja: Clear Moon – Red Vaisaka-Chaitra	Sun 26 Sutra 21 Nandana 5114 Moon 3 - Phase 3 4th Phase Devaloka Day
Routine Work Prabalarishta Yoga Until 1:57PM then no yoga Until 12.28AM Fri then Amrita Yoga					

4	Friday, May 4, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Gara Karana Trayodasi/Chaturdasi* Yam Titau			Kathmandu, Nepal
	Kanya Rasi: 19.47 Tithi 13 – 14 264117269	Gulika 6:47AM – 8:26AM Yama 3:06PM – 4:45PM Rahu 10:06AM – 11:46AM	Hasta Until 11:41AM Vajra* Until 9:26PM Kaulava Until 6:16AM Trayodasi Until 4:33PM <i>Pradosha Vrata</i>	Ganesha: Clear <i>Sunrise:</i> 5:07AM Muruqa: White <i>Sunset:</i> 6:25PM Nataraja: Clear Moon – Green Vaisaka-Chaitra	Sun 27 Sutra 22 Nandana 5114 Moon 3 - Phase 3 4th Phase Sivaloka Day
Creative Work Amrita Yoga Until 11:41AM then Siddha Yoga Until 12.28AM Sat then Marana Yoga					

	Saturday, May 5, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatiyata* Yoga Vanija/Visiti* Karana Chaturdasi*/Purnima* Yam Titau			Kathmandu, Nepal
	Copper Retreat Star Tula Rasi: 4.49 Tithi 14 – 15 264217269	Gulika 5:06AM – 6:46AM Yama 1:26PM – 3:06PM Rahu 8:26AM – 10:06AM	Chitra Until 8:57AM Siddhi Until 5:25PM Visiti Until 11:17PM Chaturdasi* Until 1:00PM	Ganesha: White <i>Sunrise:</i> 5:06AM Muruqa: White <i>Sunset:</i> 6:26PM Nataraja: Clear Moon – Green Vaisaka-Chaitra	Sun 23 Sutra 23 Nandana 5114 Moon 3 - Phase 3 Purnima Subha Sivaloka Day
Routine Work Marana Yoga Until 8:57AM then Siddha Yoga					

	Sunday, May 6, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Visakha Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau			Kathmandu, Nepal
	Silver Retreat Star Tula Rasi: 20.01 Tithi 15 – 16 274217269	Gulika 3:06PM – 4:46PM Yama 11:46AM – 1:26PM Rahu 4:46PM – 6:26PM	Visakha Until 3:18AM Mon Vyatipata* Until 1:10PM Balava Until 7:28PM Purnima* Until 9:11AM	Ganesha: Yellow <i>Sunrise:</i> 5:06AM Muruqa: White <i>Sunset:</i> 6:26PM Nataraja: Clear Moon – Orange Vaisaka-Chaitra	Sun 24 Sutra 24 Nandana 5114 Moon 3 - Phase 3 Prathama Sivaloka Day
Routine Work Marana Yoga Until 3:18AM Mon then Siddha Yoga					